

SPORTS

Herd bounces back, but Dunbar takes win--6A

VIEWPOINT

Primer on school reform; pleasures of a new car--4A

SENIOR SCENE

Inside today's Brand!

INSIDE

Crossword...2A
Roundup...2A
Viewpoint...4A
Sports...6A

Lifestyles...1B
Real Estate...5B, 7B
Comics-TV...6B
Classified...6B
Farm...10B
Forecast: Cool, rain chances

SUNDAY, March 25, 1990

The Hereford Brand

Hustlin' Hereford, home of Russell Backus

89th Year, No. 187, Deaf Smith County, Hereford, Tx.

30 Pages

35 Cents

Substance abuse program working

By CINDY POTTORFF
Staff Writer

"You've heard that country song... 'The Girls All Get Prettier At Closing Time,'" Ed (not his real name) told the group. "Well, where I came from, they got plumb beautiful."

The group laughed sympathetically. "How'd they look the next morning?" asked a young woman.

"Sometimes I didn't look too good and they didn't look too good, either," Ed told her.

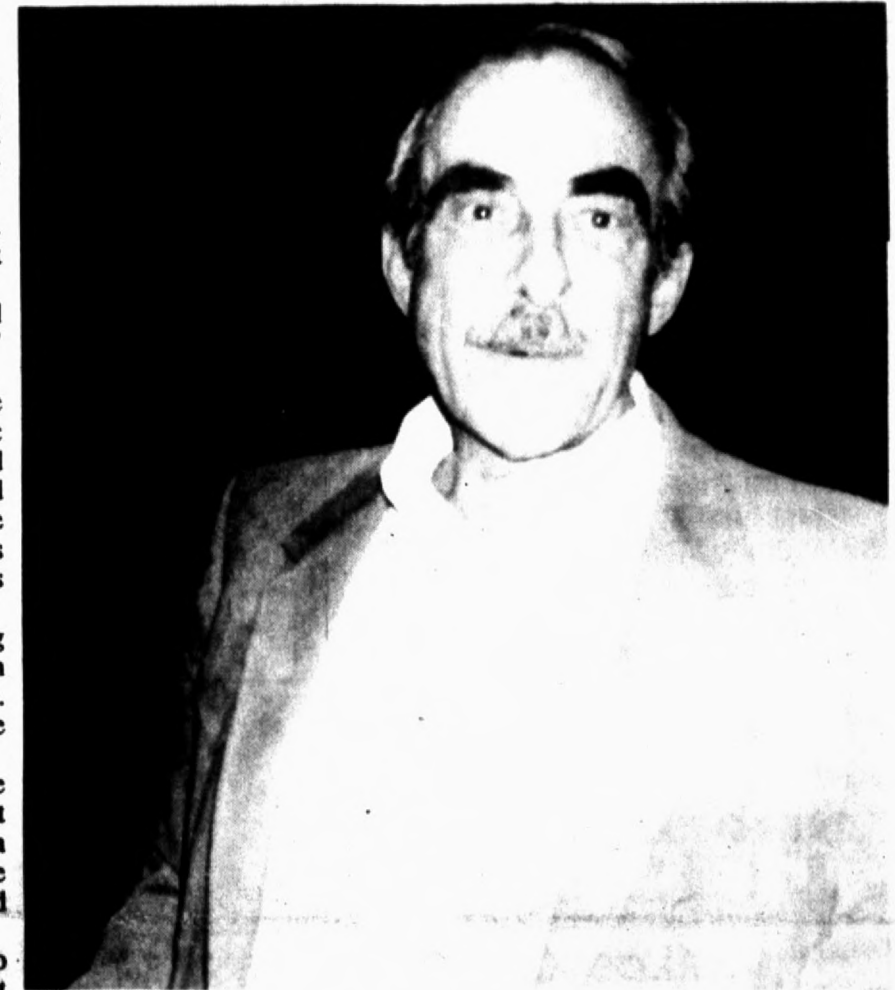
The group laughed again, but the subject was serious enough. The topic being discussed was how drug and alcohol abuse are related to the spread of AIDS. One way is through the sharing of needles. Another, less commonly acknowledged way, is through promiscuous sex.

The reason the group was laughing was because most of them had been involved in drug or alcohol abuse. They had been in Ed's situation the morning after.

Most of them were there because they had committed some crime that involved drug or alcohol abuse. As a condition of their probation, they were required to attend the course, called Substance Abuse Intervention.

The purpose of the course is to provide intensive education about drugs and alcohol. Specifically, major

(See SUBSTANCE, Page 2A)



GENE REYNOLDS



Sliding out of spring break the hard way

This girl is all smiles as she goes sailing down the slide at Dameron Park last week. The park was full of children enjoying great weather during spring break, but a late-season cold front brought a quick end to springtime with cold temperatures and rainy skies on Friday. Forecasts are calling for cooler weather through Tuesday, with a chance of rain and snow mixed on Tuesday.

Weishaar seeks city post

Ron Weishaar has announced his intention to seek an at-large post on the Hereford City Commission in the May 5 municipal election.

Weishaar and his wife, Jan, have lived in Hereford since 1976. They have four children, and he is a member of St. Anthony's Catholic Church, Rotary and the Deaf Smith County Chamber of Commerce.

Weishaar serves on the St. Anthony's school board and on the board at the Hereford and Vicinity YMCA, Cowgirl Hall of Fame and the Hereford Community Concerts Association.

Weishaar's business interests

include Weishaar Commodities, Inc., a grain trucking business, cattle feeding and All-Star Sports Center.

"I have a long-term interest in Hereford," Weishaar said. "I feel I can make a difference in the direction Hereford's future takes."

Also vying for at-large seats are incumbents Paul Hamilton and Terry Langelhennig and former commissioner Emory Brownlow. The top two vote-getters will earn seats.

Place 2 Commissioner Irene Cantu and Place 4 Commissioner Bud Eades are unopposed.



WEISHAAR

Letter seminar Monday

A Business Letter Seminar will be held at Hereford Community Center Monday, and registration is open to all interested persons.

The seminar, sponsored by Deaf Smith County Chamber of Commerce, will be held from 6:30 to 9:30 p.m. Monday. Call or go by the chamber office to register for the seminar.

The seminar will be conducted by W.H. Butterfield, a leading authority on letter writing. Butterfield has written 16 well-known books and more than 150 magazine articles on the subject. He has conducted the business letter seminar in more than 400 cities in the U.S. and Canada.

The \$50 registration fee includes Butterfield's manual, Guides to Better Business Letters, which shows how to

avoid common correspondence faults and make letters concise, clear, and friendly.

The seminar deals with everyday problems in writing letters that increase profits and build goodwill.

Woman dies of injuries

A 61-year-old Hereford woman died Friday night of injuries she received in a vehicle-pedestrian accident in Hereford.

Georgia West, of 308 W. Fifth, died at Deaf Smith General Hospital from massive head and chest injuries. She was crossing U.S. Highway 385 from the east side toward Lake Street when she was struck by a 1972 Chevrolet

pickup driven by a 16-year-old boy. Because he is a juvenile, police did not release his name. He was not injured in the accident.

Mrs. West was treated at the scene and taken to DSGH, where she died a short time later.

No charges had been filed in the accident on Saturday morning. Hereford police are still investigating the accident.

The Hispanic Influence in the US

It used to be a rare sight in a shop window that said "Se Habla Espanol." Today, the Spanish influence in the United States reaches much farther. The 1990 census now underway will show a count of 20 million Hispanics. That population is the fastest growing one in the country.

By RANDOLPH E. SCHMID
Associated Press Writer

WASHINGTON (AP) - Call it the Latinization of America. Comprene understood?

For instance, in a martial arts movie on cable television the Oriental warriors speak Spanish.

In California, the telephone company puts out special yellow pages in Spanish.

In New York City, a growing number of bus and subway ads for familiar products are in Spanish, and all the safety instructions are in English and Spanish. And a major American movie, "An American Tail," was recently released simultaneously in Spanish and English versions, whereas in the past a Spanish version would have appeared months after the English release.

More and more, Spanish is heard in America's big cities, becoming common enough to be used in business and on ballots.

The number of Hispanics in the United States surpassed 20 million last year, and is rapidly growing, according to Census Bureau estimates. Hispanics now comprise 8.2 percent of the U.S. population.

"I believe that we see ourselves in the same light

as previous immigrants ... the Irish, the Italians, the Germans who came before," says Eduardo Pena, chairman of the League of United Latin American Citizens.

"We don't want to change America, we just want to be part of it. We want to be as much Americans as anybody else."

Yet as they try to assimilate into U.S. life, many Hispanics feel "their Americanism is being questioned" by efforts to make English the official language of the United States, says Ronaldo Cruz, associate director of the U.S. Catholic Conference Secretariat for Hispanic Affairs.

"The Hispanics are angry. They're hurt. They're upset," he says.

Cruz also pointed to moves to limit immigration and exclude illegal immigrants from the 1990 Census as areas of concern to Hispanics.

Pablo Sedillo, director of the Secretariat for Hispanic Affairs, says, "When they get here they encounter discrimination, exploitation, in a land that they thought was free, a land of opportunities."

Problems are even greater for those arriving illegally, since they lack documents that ease the way into jobs and face the continual threat of being discovered and deported.

But legal or illegal, the influence of Hispanics on American life, business and politics is undeniable.

Between 4 million and 4.5 million Hispanics were registered to vote in 1988, and they were openly courted by Spanish-language ads in local newspapers and broadcast media.

Early in the 1988 presidential campaign, George Bush promised to appoint the first Hispanic Cabinet member. President Reagan beat him to the punch by selecting Lauro Cavazos as education secretary.

Bush kept Cavazos on, and also picked Manuel Lujan as interior secretary.

Americans of all backgrounds have come to enjoy the music of such groups as Gloria Estefan and Miami Sound Machine and Los Lobos. The song "La Bamba" enjoyed a recent revival as the title track from a movie about the life and brief career of the late singer Ritchie Valens (Valenzuela).

Ricardo Montalban, meanwhile, became a widely seen spokesman for automobiles on national television. The Census Bureau, preparing for the 1990 head count, is telling Hispanics: "Hagase Contar" - make yourself count. It's something Hispanics already are doing at the cash register.

"Corporate America has rediscovered the Hispanic market ... a lot of major corporations are targeting advertising to Hispanics," says Lisa Navarrete, spokeswoman for the National Council of La Raza.

Hispanic food also has become more popular in major cities where a variety of restaurants - Mexican, Cuban, Salvadoran and others - reflect the local Hispanic communities.

Mexican tops the list. The research firm Packaged Facts reports that 38 million households eat Mexican foods, sales of which rose 55 percent between 1982 and 1987.

Kraft's Velveta now comes in a spicy Mexican version, jalapeno-flavored potato chips are sold nationally, and farmers in New Mexico report doubling their crops of chiles between 1977 and 1987.

But there has been some confusion.

For example, Borden advertised ice cream using the slang Mexican term "nieve," which literally means snow. The campaign worked fine in California and Texas, where there are numerous Mexican-Americans. But

in the East the Cubans and Puerto Ricans thought the company was literally selling snow, the magazine American Demographics reports.

Remember the Frito Bandito, a mustachioed, sombrero-wearing bandit who used to sell corn chips on television?

Frito-Lay laid him to rest in 1971 after complaints from Hispanic groups that the portrayal was demeaning. Frito corn chips are still big sellers and the company now donates money to build playgrounds in Hispanic neighborhoods.

In 1984, Coors signed an agreement with a coalition of Hispanic groups promising to provide \$325 million over several years for a variety of programs for the Hispanic community, as well as to emphasize procurement and employment programs for Hispanics.

Univision, the largest Spanish-language television network, is estimated to reach 17 million Hispanics, with at least 5 million regular viewers. Formerly known as the Spanish International Network, it has been joined by a second Spanish network, Telemundo, with more than 3.3 million regular viewers, according to cable industry experts.

As far as Hispanics are concerned, "the word minority is becoming extinct in some parts of the country, although that may not have hit the policy types yet," says Elvira Valenzuela Crocker of the Mexican-American National Women's Organization.

About two-thirds of the Hispanics in the United States live in just three states. California leads with 34 percent, followed by Texas at 21 percent and New York with 10 percent.

Florida has 8 percent of the nation's Hispanics, and there are significant populations in Illinois, New Jersey,

(See HISPANIC, Page 2A)

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Page Two

CROSSWORD

by THOMAS JOSEPH

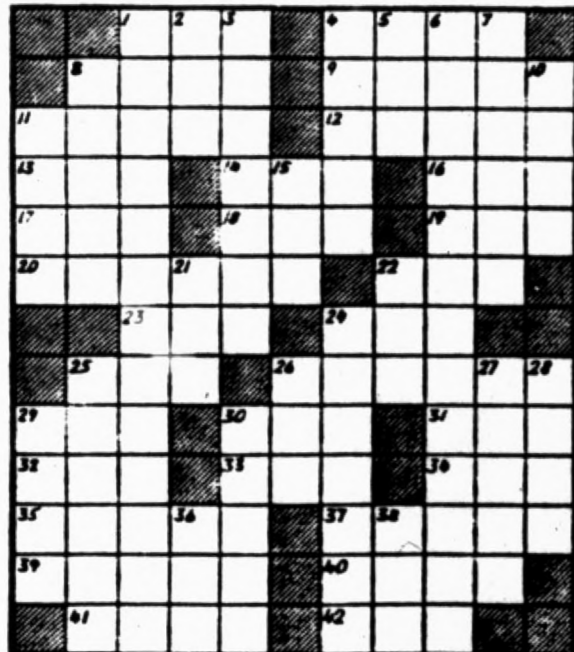
- ACROSS**
- 40 Nocturnal animal
 - 1 Turf
 - 4 Beyond
 - 8 Fly high or American novelist
 - 9 American novelist
 - 11 Fry lightly
 - 12 Byzantine empress
 - 13 Go wrong
 - 14 Heat source
 - 16 Nigerian city
 - 17 Moslem title
 - 18 Parched
 - 19 Newsman
 - 20 Minimize
 - 22 Thrice
- DOWN**
- 1 Phlegmatic
 - 2 Grain
 - 3 German city
 - 4 Roman statesman
 - 5 Chalice veil
 - 6 Add an inducement (sl.)
 - 7 Burnable material



Yesterday's Answer

- 8 Beetle
- 26 Scary word
- 27 Compare
- 28 Sir
- 10 Progeny
- 11 Sigil
- 15 Vase
- 29 Anthracite
- 21 Rest
- 30 Drinking
- 22 Make lace
- 24 Touch
- 36 "All About"
- 25 Wind
- 38 Canals

- 23 — ordinaire
- 24 Slammer
- 25 Tawman
- 26 — up (contain)
- 29 — brio
- 30 Junior, e.g.
- 31 Concealed
- 32 Mining find
- 33 Chef's need
- 34 — out (just get by)
- 35 Wrath
- 37 Colorado resort
- 39 Depart



SUBSTANCE

groups of drugs, such as marijuana, alcohol, and cocaine are studied in depth. The course meets once a week for 12 weeks for 32 hours.

Substance Abuse Intervention is accredited through the junior college system and those who complete the class receive continuing education credit. Persons not in trouble with the law can also elect to take the course. Like any other college class, it costs money. Offenders pay for the class through the probation department.

"Pass it on," instructor Gene Reynolds told the class as he dismissed them. They pushed back their chairs and began to walk out. A few stopped to talk to Reynolds. Others walked out with the women who had offered to take anyone who was interested to an Alcoholics Anonymous meeting.

In addition to teaching the class, Reynolds, a licensed drug and alcohol

counselor, offers individual counseling to offenders.

The class and the counseling provided by Reynolds are what makes up the Substance Abuser's Program in Deaf Smith County. In addition, Reynolds refers people who have need to organizations such as AA or drug and alcohol treatment facilities.

The program has only been in effect for about a year and a half in Deaf Smith County, but is already having a positive impact. Over 200 people in Deaf Smith County have been reached through the program, with classes averaging 20 to 45 students.

"The way I approach it is this," said Reynolds. "Apply what you learn in this class to your own life. But just as important is to pass it along to other people. In a lot of cases, it's sad but it's true: they won't listen to a teacher

or the preacher or the counselor, but they'll listen to their next-door neighbor who's been there. In other words, that whole trip doesn't have to be worthless. It can be very worthwhile."

Reynolds developed a similar SAP for Gray County about nine years ago. Word of the program's success spread to Deaf Smith County. As a result of people in Deaf Smith County knowing people in Borger, another SAP was started there in the middle of 1989.

Reynolds, who lives in Amarillo, travels from town to town supervising SAP's in the Panhandle. Tuesdays are reserved for Deaf Smith County.

"In many cases, this helps make it possible for people to interrupt that chain of events that leads from one offense to another," Reynolds explained.

"Both Judge Simons (in the County Court) and Judge Gulley (in the District Court) have been good about sending people to the program," he continued.

Judges aren't the only people at the courthouse who help with the SAP. District attorneys often make recommendations that offenders participate in the program. Probation officers see that the program's requirements are enforced. Sheriff Joe Brown and jailer Shirley Wheeler allow Reynolds, who is a licensed drug and alcohol counselor, into the jail to counsel inmates. According to Reynolds, nearly everyone in the courthouse either helps in some way with the SAP or at least makes sure to lend him moral support.

"I couldn't do it without them," Reynolds said.

According to Reynolds, getting in trouble with the law is not always as terrible as people think. "So little is known about the positive aspects of the system...probation and all of that. What we tend to think of is negative. The bulk of it is tailored to put people back into society at a useful level."

"We have had a lot of students and we've had a lot of success," Reynolds said. "Of course, we don't get 100 percent success. Wish we did, but that's not the way it works."

In addition to teaching the hard facts about drugs and alcohol, the class focuses on teaching living and coping skills.

"We do things in there like: tell your family that you love them," Reynolds explained. "If you do that every day for 30 days, what's your wife going to treat you like? Or compliment each member of your family on a daily basis."

"If each one of us affects somebody else's life positively, that's got to have a positive impact on the community," Reynolds said enthusiastically.

HISPANIC

Arizona, New Mexico and Colorado, the Census Bureau reports.

Latinos are younger, on average, than the rest of the population. In 1980 their median age was 23, compared to 30 for Americans in general.

That means more are in the childbearing years and they are producing a higher growth rate than the rest of the nation. In 1988, Hispanics averaged 94 births per 1,000 women ages 18 to 44, compared to 67 per 1,000 for the rest of the country.

That also means more young Latin Americans are in the nation's schools, raising the issue of bilingual education in many cities.

That as-yet-unresolved debate centers on whether it is better to teach children in their own language while they learn English, or to immerse them only in English as a means of improving their skills in that language while they are learning other subjects as well.

Only about 44 percent of Hispanics age 25 and over have completed high school, compared to nearly 70 percent of non-Hispanics.

Cary Davis, a researcher at the private Population Reference Bureau, views the growing Hispanic population as a source of needed labor in the coming years.

"When the baby boom starts to retire in 20 to 30 years, who will provide the work force? It will be an increasingly minority and Hispanic society," Davis says.

"The labor force is going to be very different in the next couple of decades, with a need for improved literacy and employment training to educate the work force," adds Navarrete. "We see this as a challenge for the United States, but also a very positive thing."

"We have to think through what kind of investment to make in a group with lower levels of educational attainment, that doesn't have a tradition of education," Davis says.

And Davis cautions non-Hispanics against being "overly pessimistic" about these changes.

"They will not be all newly arrived immigrants, there is an assimilation process going on," he says.

"Hispanics will soon become the majority of entry-level workers in some metropolitan areas," reported the Population Reference Bureau in a 1988 analysis of the Hispanic population.

However, limited educations and language skills have held down incomes, with per-capita income in 1988 averaging \$7,956 for Hispanics, compared to \$8,271 for blacks and \$13,896 for whites.

While many Hispanics are not citizens, the Constitution specifies that the census count all residents of the country, not just U.S. citizens. Thus, when census figures are used for political reapportionment and distribution of federal and state funds, areas with more people - Hispanic and otherwise - will be the gainers.

Their presence will mean added clout for areas where they live following the 1990 census.

Between 1974 and 1988 the number of Hispanic elected officials in the country grew from 1,500 to 3,300, including 10 members of the House of Representatives.

William O'Hare of the Population Reference Bureau has speculated that minorities, including Hispanics, could gain six to 10 more House seats after the 1990 census.

While Hispanics are not as likely to register as other Americans, that gap has been narrowed by registration drives in recent years.

And when they do register they are as likely to vote as anyone else.

In 1988, officials estimate, 44 percent of voting-age Hispanics were registered, compared to 54 percent of blacks and 60 percent of whites.

In addition to the challenges they pose, Davis points out that the growing U.S. Hispanic community can form an important resource in international business relationships in coming years.

"The notion of a smaller world tells us that as we look to international trade we have a community of representatives who can work in Central and South America and help establish linkages to those countries," he says.

THE HEREFORD BRAND

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Visitors from Bordertown

Sharon and Brenton Wiese of Bordertown, South Australia visited Hereford on Friday during a cross-country visit of the United States. Bordertown and Hereford were twin cities during the 1986 sesquicentennial celebration for the two states. They decided to drop by Hereford "while we in the neighborhood," Sharon said. The couple had spent Thursday at Carlsbad Caverns.

THE QUIZ

THE QUIZ IS PART OF THIS NEWSPAPER'S NEWSPAPER IN EDUCATION PROGRAM

WORLDSCOPE

(10 points for each question answered correctly)



1) East Germany's current Prime Minister, Hans Modrow, is seen here as he casts his ballot in national elections on March 18. An alliance of parties backed by Helmut Kohl and led by the (CHOOSE ONE: Christian, Social) Democrats finished first in the voting.

2) Many human-rights groups are outraged about a sweeping pardon the National Assembly of ...? ... is considering for military personnel accused of crimes and human-rights violations.

3) Reports last week said the administration would accept cuts in defense for 1991 (CHOOSE ONE: almost as large, only about a third as large) as those proposed by Congress.

4) President Bush recently ended the embargo imposed on Nicaragua ...? ... and called on Congress to speed up aid to that country and Panama.

5) Last week, federal officials accused Burger King of (CHOOSE ONE: violating child labor laws, discriminating against Hispanics in its hiring practices).

MATCHWORDS

(2 points for each correct match)

- 1-outrage a-employees
- 2-pardon b-inflict
- 3-personnel c-deputies
- 4-impose d-affront
- 5-delegation e-release

PEOPLE/SPORTS

(5 points for each correct answer)

1) Two major newspapers have reported that the Getty Museum plans to buy the painting "Irises," by (CHOOSE ONE: Van Gogh, Picasso), which sold for a record \$53.9 million in 1987.

2) Producer Joe Papp has announced that the musical ...? ... will close on April 28 rather than March 31. The musical holds the record as Broadway's longest-running ever.

3) Hesman Trophy winner Andre Ware of (CHOOSE ONE: Notre Dame, Houston) has announced that he will forgo his senior season and enter the NFL draft.

4) Meanwhile, (CHOOSE ONE: Georgia Tech's, Louisiana State's) star sophomore guard Chris Jackson has announced that he will be leaving school and entering the NBA draft.

5) Owner Al Davis is bringing his Raiders back to the city of ...? ... which he left in favor of Los Angeles in 1982.

NEWSNAME

(15 points for correct answer or answers)

On April 25, I will become the President of a nation in this hemisphere. Who am I, and what nation will I lead?



YOUR SCORE: 91 to 100 points - TOP SCORER
81 to 90 points - Excellent. 71 to 80 points - Good. 61 to 70 points - Fair.
© Knowledge Unlimited, Inc. 3-28-90

ANSWERS TO THE QUIZ

WORLDSCOPE: 1-Christian; 2-Bordertown; 3-most as large; 4-Nicaragua; 5-discriminating child labor laws
MATCHWORDS: 1-d; 2-b; 3-c; 4-e; 5-a
PEOPLE & SPORTS: 1-Picasso; 2-Chicago; 3-Notre Dame; 4-Louisiana State; 5-Oakland
NEWSNAME: 1-Van Gogh; 2-A. Christian; 3-A. Christian; 4-A. Christian; 5-A. Christian

Local Roundup

Crimestoppers offers reward

A reward of up to \$300 is being offered by Deaf Smith County Crimestoppers for information leading to an arrest and indictment of suspects in the Crime of the Week.

The Hereford Police Department is investigating a burglary which occurred on March 6-7 at First National Fuel and Fertilizer on Holly Sugar Road. Someone broke into a storage shed and took four cutting horse saddles and six bridles. More than \$5,000 in items in taken. A detailed description of items taken may be obtained by calling the CLUE LINE at 364-2583 or by going by the Hereford Police Department.

If you have information about this crime, call the CLUE LINE. You may remain anonymous by using a code name or number. You will never have to meet with police officers, nor will you have to testify in a court of law. If your information leads to an arrest and indictment, you could receive a reward of up to \$300.

Blood drive is Wednesday

The Women's Division of the Deaf Smith County Chamber of Commerce will host its monthly blood drive from 4-7:30 p.m. Wednesday at the Community Center in Hereford.

All types of blood are desperately needed, and everyone is urged to give the gift of life on Wednesday evening.

Commissioners meet Monday

Deaf Smith County commissioners court will consider the freeport tax exemption at its meeting at 9 a.m. Monday at the courthouse in Hereford. Other items include discussion of fencing the cemetery at La Plata; bids for law enforcement and public officials' liability insurance; a grader for Precinct 2; bid policy for jail food purchases; permission to cross a county road with a water line in Precinct 2; approval of a grant from the criminal justice division for the juvenile office; and certification of county and district clerk continuing education programs.

Concerned Citizens to meet

Concerned Citizens of Hereford will present a program on awareness of the 1990 Census at 7 p.m. Tuesday at the Hereford Community Center. Clella Lewis and others from the district census office in Amarillo will present the program, with presentations in English and Spanish. All interested persons are urged to attend.

Eighth graders to meet

Hereford High School counselors will meet with eighth graders and their parents at 7 p.m. Tuesday at the Hereford Junior High School cafeteria. Counselors will discuss registration and high school requirements. All eighth graders and their parents are urged to attend this important meeting.

School board meets Tuesday

The Hereford school board will hold a special meeting at 6 p.m. Tuesday at the school administration building. The board will review and discuss the proposed accreditation improvement plan. The plan addresses concerns of a recent evaluation by an accreditation team from the Texas Education Agency.

Police arrest one Friday

A man, 26, was arrested Friday by Hereford police for public intoxication in the 900 block of East Park.

Reports included two tires slashed on a car in the 800 block of Country Club Drive; rear window broken on a car in the 300 block of W. 15th; a picture window damaged by a BB gun in the 300 block of Star; disorderly conduct and Class C assault charges filed against a man in the 100 block of Ave. B; candy was taken from a machine in Shirley School, and some rooms were searched but nothing else was reported missing; domestic disturbance in the 1500 block of E. First; 12 T-shirts were taken in the 900 block of E. First; and charges were filed in a Class C assault at 15th and Ave. H.

Police issued 17 citations on Friday. Hereford volunteer firefighters responded to a chimney fire at 300 Westhaven on Friday night.

Calendar of Events

MONDAY

AA meets Monday through Friday, 406 W. Fourth St., noon, 5:30 p.m. and 8 p.m. For more information call 364-9620.

Spanish speaking AA meetings each Monday, 406 W. Fourth St., 8 p.m.

Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.

Odd Fellows Lodge, IOOF Hall, 7:30 p.m.

TOPS Chapter No. 1011, Community Center, 5:30-6:30 p.m.

Rotary Club, Community Center, noon.

Planned Parenthood Clinic, open Monday through Friday, 711 25 Mile Ave., 8:30 a.m. until 4:30 p.m.

Ladies exercise class, Nazarene Church, 5:30 p.m.

Civil Air Patrol-U.S. Air Force Auxiliary, Community Center, 7 p.m.

Veleda Study Club, 8 p.m.

Easter Lions Club, Easter clubhouse, 8 p.m.

Deaf Smith County Extension Homemakers Council, Library Heritage Room, 1:30 p.m.

Deaf Smith County Lapidary Club, Deaf Smith County Library Heritage Room, 7:30 p.m. All those interested in joining are invited to attend.

Deaf Smith County Historical Museum: Regular museum hours Monday through Saturday 10 a.m. until 5 p.m. and Sunday by appointment only.

TUESDAY

TOPS Chapter No. 576, Community Center, 9 a.m.

Ladies exercise class, Church of the Nazarene, 5:30 p.m.

It's easy to plant a tree

Make sure that you go about installing your tree correctly to ensure continued health as much as possible. Taking the time now to learn the proper steps of tree-planting will boost your chances for having a successfully established tree later. Make the most of the time and effort you invest, by following these instructions.

--Locate a clear, open site for the tree with generous rooting area and good drainage.

--Loosen and blend the soil in the entire planting area 6-10 inches deep. In the center, dig a hole at least as wide, but only as deep as the root ball.

--Remove tree from burlap or container and place on solidly packed soil so that the root collar (where the tree's main stem meets the roots) is slightly above the surrounding grade.

--Backfill the hole and lightly pack the soil into place around the tree.

--Spread a two-to-three-inch layer of mulch in the entire area, keeping a six-to-eight-inch distance from the tree trunk.

--Stake the tree so that it can flex in the wind. Attach stake to tree using discarded rubber inner tubes. Remove them after six months.

--Water thoroughly, but do not flood the hole. Water twice a week during dry periods.

SAN FRANCISCO (AP) - Yani, a 14-year-old Chinese prodigy who began painting at age 2, delighted patrons of the Asian Art Museum with a demonstration at an exhibit of her work.

"Yani: The Brush of Innocence," an exhibit of 69 paintings, marks the final leg and only West Coast show since she began a national tour last summer.

Yani uses traditional Chinese brush and ink technique to paint animals, especially monkeys.

WHEN THE NEED IS THE GREATEST...

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FUNERAL DIRECTORS
OF HEREFORD
105 GREENWOOD 364-8533

Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.

St. Thomas Episcopal Church recovery group 12-step program, open to the public, 7:30-8:30 p.m. For more information call the church office at 364-0146.

Hereford Rebekah Lodge No. 228, IOOF Hall, 7:30 p.m.

Problem Pregnancy Center, 505 E. Park Ave., open Tuesday through Friday. Free and confidential pregnancy testing. Call 364-2027 or 364-7626 for appointment.

Free women's exercise class, aerobics and floorwork, Community Church, 7:30 p.m.

Free blood pressure screening, Tuesday through Friday, South Plains Health Providers Clinic, 603 Park Ave., 8:30 a.m. until 5 p.m.

Hereford AMBUCS Club, Ranch House, noon.

Social Security representative at courthouse, 9:15 a.m. to 11:30 a.m.

Kiwanis Club of Hereford-Golden K, Senior Citizens Center, noon.

Pilot Club, Community Center, 7 a.m.

WEDNESDAY

Noon Lions Club, Community Center, noon.

Young at heart program, YMCA, 9 a.m. until noon.

Play school day nursery, 201 Country Club Drive, 9 a.m. until 4 p.m. Call 364-0040 for reservations.

Al-Anon, 406 W. Fourth St., 5 p.m.

Cultural Extension Homemakers Club, 2 p.m.

THURSDAY

Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.

Immunizations against childhood diseases, Texas Department of Health office, 914 E. Park, 9-11:30 a.m. and 1-4 p.m.

Al-Anon, 406 W. Fourth St., 8 p.m.

San Jose prayer group, 735 Brevard, 8 p.m.

Weight Watchers, Community Church, 6:30 p.m.

Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.

Ladies exercise class, Church of

the Nazarene, 5:30 p.m.

Kiwanis Club, Community Center, noon.

TOPS Club No. 941, Community Center, 9 a.m.

Amateur Radio Operators, north biology building of high school, 7:30 p.m.

Story hour at library, 10 a.m.

Hereford Toastmaster's Club, Ranch House, 6:30 a.m.

Merry Mixers Square Dance Club, Community Center, 8 p.m.

FRIDAY

Kiwanis Whiteface Breakfast Club, Caison House, 6:30 a.m.

Community Duplicate Bridge Club, Community Center, 7:30 p.m.

Ladies exercise class, Nazarene Church, 5:30 p.m.

SATURDAY

Open gym for all teens, noon to 6 p.m. on Saturdays and 2-5 p.m. Sundays at First Church of the Nazarene.

AA, 406 W. Fourth St., 8 p.m. on Saturdays and 11 a.m. on Sundays.

After the American Revolution, naval hero John Paul Jones served in the Russian Navy and was known as Konradmiral Pavel Ivanovich Jones.

The word "calculate" comes from the Latin calculi meaning "pebbles" used by the Romans for counters in abacus-like devices; the first calculators.



CHIROPRACTIC FOR BETTER HEALTH

Dr. Gerald Glasscock

CHIROPRACTOR

CARE FOR SENIOR CITIZENS

Maybe middle age is behind you and you are now an active senior citizen. You know that in the natural process of aging there may be occasional aches and pains and other physical discomforts. Perhaps structural problems are causing pain and stiffness in your back or in other parts of your body. Your body is not as resilient as it used to be.

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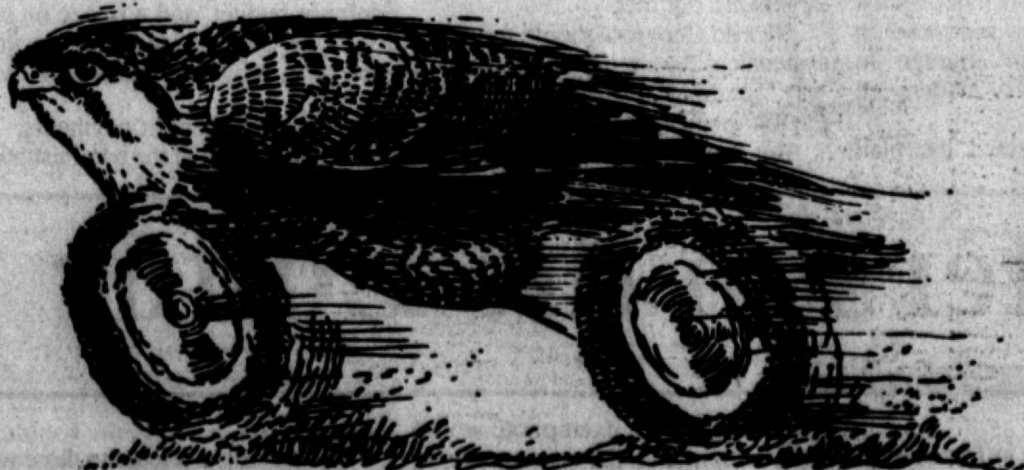
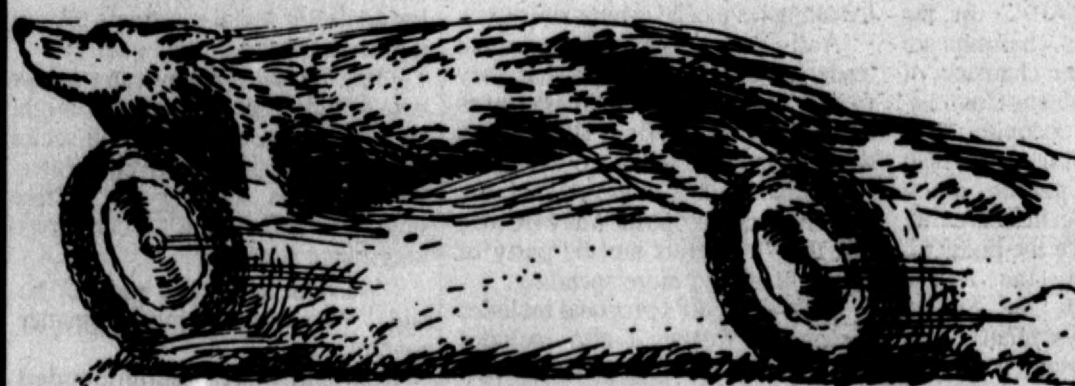
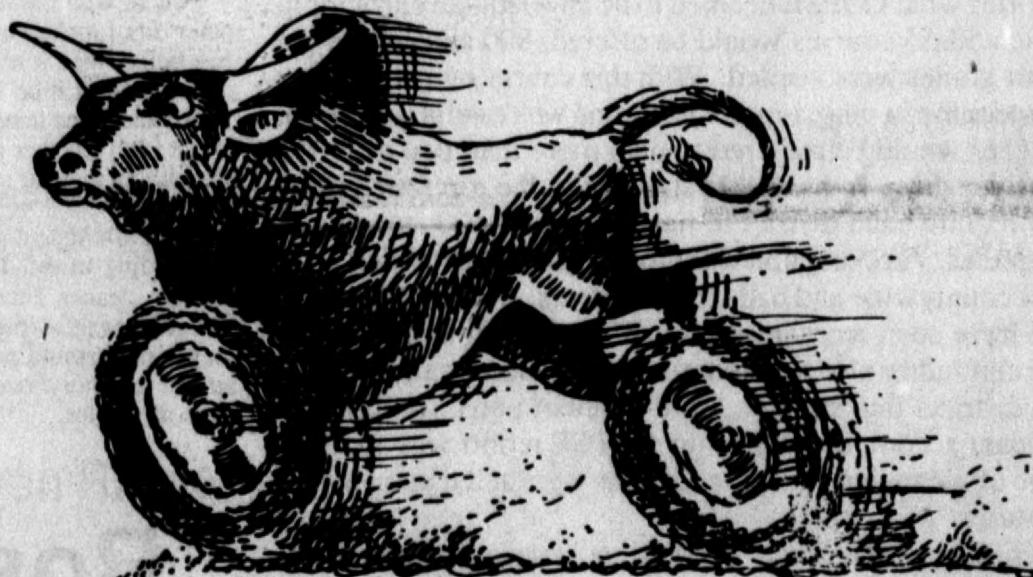
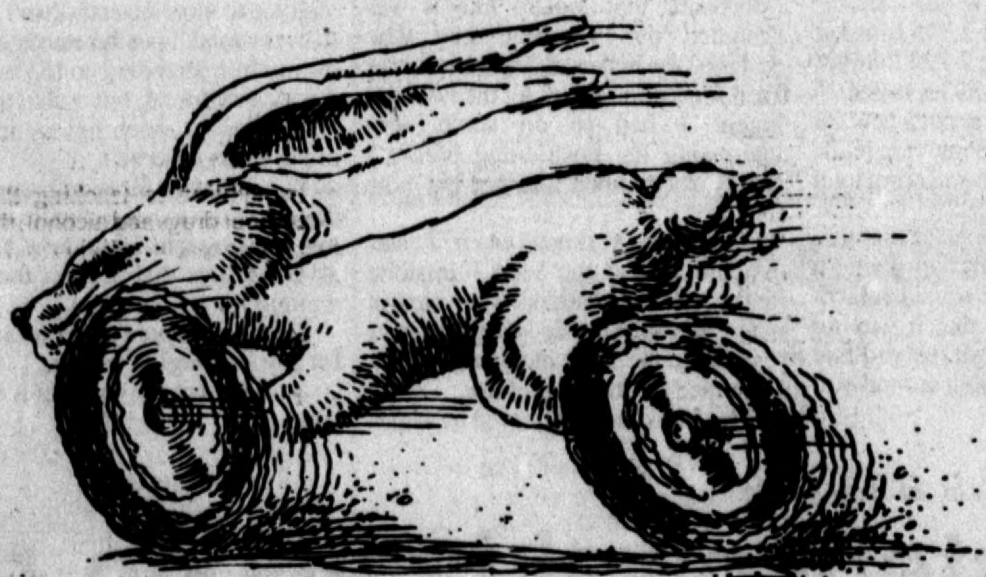
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Chiropractor

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School primer

The school finance reform bill was defeated in the Texas House this week, and officials may be looking at another special session to come up with the solution for "an efficient system of free public schools," as called for in the state constitution.

With all the controversy surrounding this issue, some readers might like to be reminded how this situation came about. The Texas Supreme Court found the school finance system to be defective because it does not meet the requirement of an "Efficient system of free public schools." The big question, of course, is how to define that requirement.

Money is not the only issue. For more than 40 years, one after another, major school studies have found that many school districts are inefficient not only financially, but also educationally. The student who is denied access to a full-course curriculum is being short-changed, and likely will be ill prepared either for college or for the modern workplace.

The state previously made two significant efforts to restructure the Texas school system, according to a report recently by the Texas Research League. The first was the Gilmer-Aikin Committee in 1948. By 1947, there were still 5,145 local school districts, and the Gilmer-Aikin committee reported:

"The strength of public school education lies, in the final analysis, in the kind of management given at the local level. . . Only one-third of the local administrative units in Texas are large enough and strong enough to administer a modern educational program."

The committee proposed that any county or group of counties should be allowed to form one single administrative independent district. For counties not choosing this alternative, a State Commission was proposed to establish standards for satisfactory local units. The committee did not think it feasible to define in law the minimum size for a district. When the committee's reorganization plan was rejected, most of the program and finance formulas had to be redesigned.

The Governor's Committee on Public School Education (COPSE), in 1968 found that only 149 of the 1,273 school districts in Texas were large enough to qualify for the full Minimum Foundation Program that had been authorized 20 years earlier. They remarked: "Fortunately, these 149 districts enroll 73 percent of all the students in the State."

Many of the COPSE recommendations were aimed at financial efficiency, but that was not the only goal. At the COPSE direction, an ACT test was administered to all students in the graduating class of a sample of Texas school districts. The results indicated that the school district structure was educationally inefficient.

To offer what COPSE deemed to be an adequate curriculum in which 50-55 courses would be offered, 800 students in the top four grades were needed. With this course range, teachers could specialize in subject-matter fields, and with careful assignment no teacher would be required to plan more than two different lessons per day. To have 800 students in the top four grades would require each district to have at least 2,600 students in all 12 grades. An exception was proposed for districts that were at least countywide and had 1,600 students. The 1,218 district would have been reorganized into 353 efficient units.

The committee also was concerned about decentralizing large metro districts into smaller, more efficient units. In terms of significant accomplishments, the COPSE report was a failure as none of the major recommendations were acted upon by the legislature.

Entering the 1990s, Texas' public school system is administered through local school districts that elect a board of trustees and levy local property taxes. In 1988-89 these districts ranged in size from 190,290 students in Houston ISD to only three students in Allamore CSD which has one teacher. There are 67 school districts with less than 100 students in the entire district. Another 107 districts have between 100 and 200 students. In total, 397 districts (36%) have less than 500 students in the entire district.

Using the COPSE standard, 822 of today's districts (78%) have fewer than the 2,600 students in all grades. At the other extreme, there are seven districts with more than 50,000 students.

Fortunately 87 of each 100 students attend a high school with 100 or more students in the 12th grade. Students in these schools can enroll in a rich curriculum taught by teachers able to specialize in particular subjects.

The public generally believes that state accreditation implies certification of an adequate or at least minimal education program. Instead, it is certification that the district has complied with the many rules and regulations from Austin. A district's ability to abide with rules from Austin does not guarantee a high-quality program nor that students will perform at an acceptable level.

Under the constitution, the state is responsible for providing an efficient system of free public schools. The legislature has chosen to discharge this responsibility through the creation of local districts authorized to levy local property taxes. While the legislature was not a party to the Edgewood vs. Kirby suit, it bears the responsibility for change and for complying with the mandate. A wide range of alternatives are available from withdrawal or expansion of local taxing authority to redrawing district boundaries.

The Hereford Brand

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Managing Editor
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Viewpoint

Hereford Bull



BY SPEEDY NIEMAN

That feller on Tierra Blanca Creek says it seldom occurs to teenagers that someday they will grow up as little as their parents.

All of us must become better informed. It is necessary for us to learn from others' mistakes; you will not live long enough to make them all yourself.—Admiral Hyman C. Rickover

Hereford received national television recognition Thursday on the Nashville network, according to a call from one of our readers. He said it came on the network program "American Magazine Hour," which highlights a U.S. town on a regular basis. He reports the show had quite a bit of information on Hereford, referring to it as the "cattle feeding capital of the nation," telling about the marble veneer courthouse, and calling the city the "Pearl of the Plains."

The freeport tax exemption issue may be aired again Monday at the Deaf Smith County Commissioner Court meeting. Commissioners need to adopt another resolution because the last one apparently was not worded correctly.

When the county decided to deny the exemption earlier, it had no real figures to study on what such exemptions would do. Now, chief appraiser Fred Fox says the county could lose about \$75,000 in tax revenues if it approves the exemptions. He said the figure is based on studies on about 17 business firms and estimating that 80 percent of their inventories would qualify.

County officials point out that most local taxing entities around the state are denying the exemption, at least for now, due to the erosion of the tax base. It will be interesting to see how many folks show up Monday to discuss the issue.



Babbling Brooks

BY JOHN BROOKS

One of the best things about a new car is that the numbers on the odometer match or run consecutively more often.

As many of you have noticed, I am driving a new car. Some of you who had been dodging my old one, avoiding the parts falling out of the bottom of it, are as happy as I am. Maybe you're happier than I am.

When the numbers ran consecutively on the Chevette it was quite an event. With over 150,000 miles on it there was a considerable fudge factor involved, using logarithms and base 10 and exponents and all that other "new math" crud.

Not so with the new one. Just the other day I racked up 2,345.6 miles. Just before that, it was 2,222.2 miles. Before long it'll be 3,333.3 miles.

Another good thing about a new car is that I can let other people ride in the car without them or me suffering total embarrassment.

In the Chevette it sounded as if you were riding in the dust bag inside a vacuum cleaner. There was a heckuva racket. It was so old that it was no longer road-sound-proof, so you had air and road noise rushing around you from all angles.

I'm serious about the parts-dodging bit.

I was attending a school board meeting last spring. It was over fairly quickly and I took up several folks on an invitation to eat supper. I was ahead of them. They liked to have had a wreck when several parts just decided to come loose. The parts went rolling all over the street and the ol' Chevette just rolled to a stop.

The guys behind me were rolling with laughter and couldn't stop.

It's a wonder some of the parts didn't bounce off the street and come up and hit me in the head. At the time, there was a hole in the driver's seat floorboard that looked like it was designed by the same guy who designed the brakes and accelerator for Fred Flintstone's car. As the hole got bigger I had to do some very interesting leg positioning before I finally succumbed and got the hole fixed.

There were times when I was tempted to use the Fred Flintstone method of acceleration. As the car got older, the carburetor didn't always respond in the same manner in which I tromped on the accelerator.

The Chevette also served as Mauri

Montgomery's alarm clock. When I had the Chevette I would usually come to work by going down Bradley, then cross 25 Mile Avenue to Eighth, then turn on Lee. Mauri lives in a big house at the corner of Lee and Eighth. No matter where Mauri was in the house, or if he was still sound asleep, he could hear the loud putter of my Chevette as I charged down the street in first gear at 25 mph.

With the new car, there's no loud and there's no putter.

I had some fond memories in the Chevette. I enjoyed some of the finer pleasures of life in that Chevette. It took me to a lot of fun things, and it took me to more funerals than I wanted to ever attend. I put thousands of miles on it while attending to the needs of a very sick friend, but it also took the two of us to more fun things than either of us deserved.

Now I have a three-month-old car. There's more to breaking in a car than just breaking it in. I wonder if it knows all the things that are out there just waiting for it.

If it did, it would either be jumping for joy or cringing in fear.

And I'll try not to wear a hole in this one.

An AP news analysis

Rostenkowski gets no respect

By WALTER R. MEARS
AP Special Correspondent

WASHINGTON (AP) - In the clichés about Congress, chairman are powerful, especially the chairman of the House Ways and Means Committee, the tax-writing people. That position notwithstanding, Rep. Dan Rostenkowski isn't getting much respect for the drastic measures he recommends to balance the budget.

Another chairman, the fellow Democrat who heads the Senate Budget Committee says, bluntly, that the Rostenkowski plan is going nowhere.

Despite a succession of brief, set-piece speeches by other House Democrats praising Rostenkowski's package of tax increases and spending cuts, or at least his courage in proposing it, other party leaders are keeping their distance.

President Bush treated the plan

more cordially than some Democrats, but his bottom line was unchanged: he said he would negotiate but was not forsaking his pledge against new taxes.

And Democratic congressional leaders decided long ago that they would not move to increase taxes unless Bush moved first. Their reason was dramatized when conservative Republicans in Congress said the Rostenkowski proposal was evidence that the Democrats are the party of higher taxes and more spending.

Rostenkowski's proposal includes a spending freeze. It also includes repeal of the Gramm-Rudman budget restraint system, designed to force the deficit down with automatic spending cuts that take effect if deficit reduction targets are not met.

He said Congress should scrap that system and "govern the old fashioned way," making decisions and honestly paying the costs of government.

But Rep. Newt Gingrich of Georgia,

the Republican whip, called that a tipoff that in a year or two, the Democrats would seek more money for domestic social programs even if it pushed the deficit up again.

Gingrich said Republican strategy is to withhold the money that might lead to increased spending on social programs he said are proven failures. "We've been starving the welfare state," he said. "That's a conscious, long-range strategy."

"We value a balanced budget," he said. "We value even more a smaller government."

Rostenkowski recommended increases in top bracket income taxes and in the gasoline tax, a freeze in federal spending with sharp cuts in the defense budget, and a freeze on cost of living increases in Social Security and other programs entitling individuals to federal benefit payments.

While Bush said the administration

would enter budget negotiations based on the Rostenkowski proposal, other Democrats see that as nothing more than a trap.

Sen. Jim Sasser, D-Tenn., chairman of the Budget Committee, said he wasn't interested in discussions of a proposal centered on tax increases and freezing Social Security payments.

"Clearly, Rostenkowski means business with this proposal, but it's not going anywhere," Sasser said in a CBS-TV interview.

Changing that would take more political salesmanship than Rostenkowski can provide. He's a House insider and it would take a campaign from the national stage to push through the kind of budget change he advocates. His Chicago House seat is as safe as they come, and he has \$1 million in his campaign treasury - money he can take with him into retirement provided he retires before the 1992 elections.

His budget-balancing terms would involve political risks for both parties, at a time when both are putting safety first.

Felix G. Rohatyn, the New York investment banker, called the Rostenkowski proposal an exception to a situation in which Democrats are not offering alternatives to the program of the administration.

He told a Democratic audience in Washington last week that party leaders in Congress "are part of an existing power structure, almost a coalition government with a Republican administration."

At a 1989 forum on congressional leadership, a Senate Republican leader said the way out of the deficit cycle is a political non-aggression pact in which neither party would try to blame unpopular budget measures on the other.

"We've got to get in a room and all of us sit down, Democrat and Republican alike... and just say we're going to go out of this room arm in arm over the cliff together," Sen. Alan Simpson of Wyoming, the Republican whip, told that American Enterprise Institute forum.

"That's the real courage and it doesn't take courage if we'll all do it and pledge that the other side won't tear the rear end off," he said.

Letters to the Editor

Dear Editor:

In last week's article in The Brand, Fred Fox pointed out that the district lost about \$110 million in tax base in the first three years of the 80s, and that "the state exemption on cattle cost about \$60 million; the state exemption on farm equipment cost about \$27 million, and the federal change in the way banks are assessed cost another \$23 million" (unquote).

If those exemptions failed to accomplish their objectives, which was to give Texas a more favorable climate for creating new jobs, then that left the food companies and seed companies here paying an unfair share of services rendered by the various entities. This would make the freeport exemption an equalizing factor in the taxes paid by companies which bring new money into the community.

If, on the other hand, these previous exemptions did make our beef more competitive in world markets, helped our farmers survive the 80s, and our banks to stay open while many closed,

then the freeport exemption would likely accomplish the same goal and help all of our local business and real estate to grow and prosper as Hereford did prior to the 80s.

Finally, it was stated "that about a dozen larger businesses will get tax relief and the other 900 businesses and property owners in the county will pick up the slack." Who are most of the 900 businesses and property owners? Holly Sugar, Frito-Lay, Ramirez & Sons, M.W. Carrot, Panhandle Milling, Arrowhead Mills, Caviness Packing, Hereford Bi-Products, Scott Seed, Richardson Seed, Warner Seed, Horizon Seed, and SeedTec hire well over 1,000 heads of families. We are us.

So the question is what is equitable, progressive and likely to help us grow. The few hundred dollars that Arrowhead Mills would save in county taxes is not my motive for writing this. I want to see us grow again.

Frank Ford

Dear editor:

I am writing this letter to those who are aware of the situation concerning one of the finest doctors that this community has ever experienced. To those who aren't, I would like to bring this to their attention.

We are in the process of losing not only a miraculous doctor but a leader of our community as well. The reasoning behind this is our hospital board. They don't realize what they are doing.

The people of our community are the ones who will suffer if we lose this man. This doctor sees more than 5,000 patients, some of them coming to him because no one else would see them. He is such an example for others, a leader in his church and his community.

Unless we contest and stand up for what we believe in it's a losing battle. Let's fight back and congregate to keep our doctor right where he belongs.

Karen Ward

Foreign exchange student tells lifestyles of Spain

Military Muster

BY KAY CRISMON
Staff Writer

The only cultural shock that Alejandro (Alex) Munoz experienced when he arrived in Hereford as a foreign exchange student from Gandia, Spain in September 1989, was the area's pungent aroma.

Munoz was able to come to Hereford because of the Rotary Exchange Program. He placed an application with the Rotary Club in Spain and received papers saying he would be attending a high school in Hereford. The foreign exchange student from the U.S.A. that is visiting Spain is from Lubbock.

Munoz will be residing in the home of Ralph, Judy and Diana Detten until graduation.

Munoz says his hometown is about 100,000 in population and a large percentage of the homes are apartments. Most of the people in Gandia own their apartments. Munoz owns an apartment in another community where he and his sister and brother live. They reside in the apartment and go to school through the week. On the weekends, they go home to visit their parents in Gandia. His brother is attending a university and working toward a business degree. His sister is attending a university to become a lawyer. Spain has 30 universities which are attended by more than 700,000 students. Munoz's apartment is not far from the Mediterranean.

When Munoz steps outside his apartment he can smell orange blossoms that surround the area. Spain's orange crop, mainly in the Valencia region, is the largest in Europe and provides about two-fifths of the world's exports.

The weather never gets below freezing but the oranges can be damaged by rain and hail. The summers are hot and they have mild, rainy winters.

School in Spain is mostly academic. Spanish law requires all children from ages 6-13 to attend school. Each student is required to take 10 subjects a year and pass. If they fail a subject they are required to take 11 subjects the following year. Many children quit

school when they reach 14 years old, and the number of students decreases greatly at each successive higher grade. Sports are not connected with the school except for physical education. There are 40 students to the classroom and they are together for each class all year.

Many teenagers drop out of school before graduating and work in the orange orchards. Jobs are scarce and it is very hard for a teenager to find employment.

Football is played by professional players. Munoz and his friends play a lot of soccer, especially on the beach. Volleyball and baseball are played but he enjoys soccer most of all. Soccer is Spain's most popular sport and some cities have a soccer stadium that will seat 100,000 people or more. Munoz demonstrated his soccer skills as a kicker when he played football for the junior varsity team here.

Because of the beach, skiing, boating, fishing, sailing, surfing and swimming are some of the activities he enjoys in the summer.

Many of the people drink wine with their meals. One of the teenagers' favorite drinks is called "sangria". It consists of wine, soda water, fruit juice and fruit. Teenagers at the age of 16 are allowed to drink at the numerous pubs. Munoz and his friends go to sidewalk cafes, pubs, and clubs where they can visit. Spain also has McDonald's and Burger King. Most of the stores, factories, and offices close for a three-hour lunch break and then stay open until 7 or 8 p.m.

Transportation for teenagers is mostly walking. Some have motorcycles, but very few. Small cars are driven but few teens can afford them.

The food in Spain doesn't vary much from food in Hereford. Groceries can be bought in a grocery store or at the markets. Fresh fish can be purchased at the fish market and beef at the meat market. Bread can be bought at the grocery store or fresh at the bakery. White bread is baked in round or oval loaves and is eaten plain or with cheese and butter.

Munoz really enjoys eating octopus. He and his friends take a rope and tie

a rock on the bottom so that it will not float up. The octopuses have eight long arms with two rows of suckers and will cling to the rope. They dive down and pull the octopus away from the rope and into the boat. The meat of the octopus is left to dry out and then fried in a skillet.

Many tourists visit Spain to tour the countryside and vacation on the beaches. They also enjoy watching the bullfights. Many Roman Catholics visit during special celebrations.

Ninety-nine percent of the people in Spain are Roman Catholic. The most important Spanish holiday period is Holy Week, celebrated the week before Easter with parades and other special events. Munoz and his family actively participate in the special celebrations.

Spaniards also hold celebrations to honor their local guardian saint. Munoz's community honors San Jose. These celebrations last several days. People decorate the streets, build bonfires, dance and sing. Munoz says they have competition between the communities to see who can build the largest bonfire.

In July, the Spanish celebrate the fiesta (festival) of San Fermin. In the northern part of Spain bulls are turned loose in the streets. His brother was hurt by a bull one year. Usually the tourists are the ones who get hurt. Bullfighting is Spain's best-known and most unusual spectacle. Most cities have at least one bullring and the leading matadors are the national heroes.

Recently Munoz visited an Amarillo dentist and was surprised with the up-

to-date equipment. He commented that going to the dentist was not his favorite thing to do but it really wasn't all that bad. He would like to come back to the U.S.A. and attend Texas Tech and maybe become a dentist.

"I like school here very much and feel it has really been a learning advantage for me, especially learning to adapt to a new culture. I feel my English has improved and I am learning to understand people better," Munoz said.

Munoz has also visited in the home of Billy Joe and Suzy Wall and David and Virginia Campos while attending school here in Hereford.

He is looking forward to graduation because his parents will be here from Spain to attend the ceremony.

Glen R. Devers has been promoted in the U.S. Air Force to the rank of staff sergeant.

He is a ground radio communications specialist at Bergstrom Air Force Base, Texas, with the 1882nd Communication Squadron.

Devers is the son of Roy L. Devers Sr. of 211 W. Cherry, Amarillo, and Sue Kiss of Rural Route 1, Canadian, Texas.

His wife, Naomi, is the daughter of Ronald and Mildred Fuhrmann of 129 Ave. D, Hereford.

The sergeant is a 1981 graduate of Hereford High School.

The U.S. is 3,623,420 square miles in area.



ALEJANDRO MUNOZ

Implants helpful for profound hearing loss

People age 50 and over are leading full and active lives and are far less willing than previous generations to simply accept the limitations of hearing impairment as an inevitable part of the aging process.

More and more seniors are looking into cochlear implants as an alternative to deafness. Cochlear implants restore a level of hearing sensation to the profoundly hearing impaired.

Following are answers to common questions that people have about cochlear implants.

Q. Who is a candidate for a cochlear implant?

A. Cochlear implants have been approved by the U.S. Food and Drug Administration (FDA) for use by profoundly deaf adults who lost their hearing after learning speech and language skills.

Implant candidates are people with profound hearing losses in both ears who are not able to obtain communication benefits from the most powerful hearing aids.

Ideally, they have a support group of family and friends who are willing to help them through the pre-operative and post-operative evaluation. Most importantly, implant candidates are people who want to hear again, regardless of age.

Q. What types of cochlear implants are available?

A. A 22-channel cochlear implant has been approved by the FDA for use in profoundly deaf adults. This device has been implanted in more than 2,000 people worldwide, many of them over the age of 50.

People with the channel device have restored sense of sound and demonstrate an improved ability to understand speech when use of the implant is combined with lipreading.

Q. Does it matter what caused my hearing loss?

A. "Hearing loss is caused by many reasons," says Dr. Gary Jackson, of the Otology Group in Nashville, Tennessee. "Some individuals were exposed to too much noise or had to take a lifesaving drug that caused them to lose their hearing. Other people had various diseases that resulted in hearing impairment."

"Fortunately, a cochlear implant can be used by most individuals regardless of the cause of their hearing loss."

Q. What if I have had my hearing loss for a long time?

A. According to clinical results, there does not seem to be a correlation between the length of time a person has had a hearing loss and his or her ability to benefit from a cochlear implant.



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Sports

Herd comeback not enough in loss to Dunbar

By SAM W. WALLER
Sports Editor

The Hereford Whitefaces overcame a four-run deficit Friday to take the lead into the seventh inning of their game with Dunbar, but the Panthers came up with two runs in their last at bat to take an 8-7 win in District 1-4A play.

Dunbar designated hitter Patrick Lewis scored the winning run when Herd reliever Jason Walterscheid's second pitch was wild.

The loss drops the Herd to 1-8 on the year and 0-2 in district. The Panthers maintained at least a share of the league lead with the win, moving to 3-0 in district and 6-4 overall.

For the Herd, the game was a matter of squandered opportunities. Hereford stranded a total of 15 base runners on the day, including leaving the bases loaded in the fourth, sixth and seventh innings. The Herd also received 13 bases on balls from Dunbar pitching in addition to collecting five hits, but hit only two-for-17 with runners in scoring position.

Russell Backus (1-3) took the loss for the Whitefaces, giving up all eight runs on seven hits and four walks over six innings. Backus recorded nine strikeouts in the longest outing by a Herd pitcher this year.

Leroy Danford (3-0) picked up the win in relief after failing to hold a 5-2 lead inherited from starter Robert Reyes. Reyes, who was charged with five runs in five-and-one-third innings of work, struck out 10 and walked eight. Danford struck out three and walked five while allowing two runs on a pair of singles in one-and-two-thirds.

Pitman tourney postponed by rain

The two-man lowball/scramble scheduled for this weekend at Pitman Municipal Golf Course has been postponed to March 31-April 1 because of inclement weather, according to Head Pro Brent Warner.

Warner said the entry deadline will be extended to noon March 30, adding that 33 slots remain open for the field.

Entry fee is \$80 per team plus carts and green fees. Warner said total costs for entries, carts and green fees will be \$69.50 per team each day. He added that Pitman members will be exempt from paying green fees.

The Herd defense committed four errors in the game, allowing four unearned runs to cross the plate.

Dunbar drew first blood with two runs in the bottom of the first. Jerry Hernandez reached on a single with one out and Reyes grounded to shortstop for what looked to be an inning-ending double play. But Max Mungia's throw to the bag went into right field allowing both runners an extra base. Hernandez scored on George Jowell's passed ball and Reyes followed on a single by Lewis.

The Herd got one of the runs back in the third when Matt Bromlow and Backus drew back-to-back walks and Jowell singled to right to score Bromlow.

Dunbar appeared to put the game out of reach with three runs in the fifth. Arturo Rodriguez reached on an error and, with two outs, Reyes and Lewis walked to load the bases. Danford doubled down the left field line to score all three.

The Herd came back to tie the game in the sixth when Louis and Max Mungia both walked to lead off the inning and Backus loaded the bases with a bloop single behind second. Cody Page forced in a run on Reyes' third walk of the inning, forcing a pitching change.

Danford wild pitched another run in before Jowell sent a grounder to short, but Sammy Flores threw the ball into the Herd dugout to allow two more runs in. Hereford reloaded the bases when Jim Anima and pinch hitter Jesse Barrera walked, but Matt Smith took a called third strike to end the inning.

(please see HERD, Page 7A)

Payoffs in each flight, based on full flights, will be \$400 per team for first place, \$240 per team for second and \$160 per team for third.

For more information, contact Warner at 364-2782 or P.O. Box 1982 Hereford, Texas 79045.

Warner said the event will feature 10 flights playing a lowball format on Saturday and a scramble on Sunday.

Entries will be flighted on each twosome's low handicap.

Play will start both days with shotgun starts at 9 a.m. and 2 p.m.



YMCA youth hoops winners

The Savinos Texaco Whitefaces (top) claimed the Hereford YMCA third- and fourth-grade boys basketball title with a 12-8 win over the Rockets while the Bullets (bottom) took the fifth- and sixth-grade boys crown by beating the Bruins 26-20. Members of the Whitefaces are (front, from left) Daniel Edwards, Nicholas Ortiz, James Blakely, Thruett Schlabs, (back, from left) Coach Martin Urbanczyk, Jeremy Urbanczyk, Tyson Ramirez, Michael Clevenger, Jason Collier and Coach Rick Ortiz. Members of the Bullets are (front, from left) Stephen Wright, Allen Parrack, Juan Guzman, Jeff Rickenbaw, (back, from left) John Emmerson, Joe Rickenbaw, Michael High, Samuel Berryman, Rob Reinauer and Coach Benny Dominguez. Not shown is Coach Brandon Flood.



Red Raider Day set for April 18

Hereford's annual Red Raider Day has been scheduled for Wednesday, April 18, it was announced Friday by Dave Hopper, chairman of the local Red Raider Club chapter.

Texas Tech University coaches and Lubbock Red Raider Club members will be special guests at the event, which includes a "Florida Scramble" golf tournament beginning at 1 p.m. and a dinner at Hereford Country Club at 7 p.m.

All interested Tech booster are invited to participate in the golf tourney or dinner, or both. A fee of \$35 will cover the golfing, social hour and dinner. Non-golfers are welcome to the social hour at 6 p.m. and dinner

at 7 p.m. at a cost of \$15. Women are invited and welcome.

Sign-in time for the golf tourney is 12:30 p.m. at Pitman Municipal Golf Course. Deadline for entries is Monday, April 16. Telephone entries to Brent Warner at the golf shop (364-2782) or mail entries to Dave Hopper, Box 150, Hereford, TX. 79045.

Coaches and RRC members from Lubbock will be placed in each foursome for the golf tourney. Raider coaches will talk about prospects for upcoming seasons at the dinner. T. Jones, athletic director, and coaches Spike Dykes and Gerald Myers are scheduled to be in attendance.

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SWC hoops regains national recognition

An AP Sports Analysis
By DENNE H. FREEMAN
 AP Sports Writer
DALLAS (AP)—Never mind that the game-winning shots came from a Floridian and a Tennessean. The Southwest Conference has bottom-line proof that basketball is first class again in Texas and Arkansas.

What Travis Mays of Ocala, Fla., did to Purdue with his game-winning free throws in a 73-72 victory for the Texas Longhorns and what Todd Day of Memphis, Tenn., did to Dayton with a layup after his own miss in an 86-84 victory for the Arkansas Razorbacks

was provide something not even money can buy - respect for basketball programs.

National hoop respect was something the SWC had in 1983 when Houston and Arkansas were rated Nos. 1 and 9, respectively, in The Associated Press final season poll.

Houston, as you'll recall, lost in the national title game 54-52 to North Carolina State on a last-second airball that was put in the basket while Akcem Olajawon stood around wondering what happened. Arkansas lost 65-63 to Louisville in the Mid-East Regional semifinals.

It was the last time the SWC had two teams in the "Sweet 16" until this March.

In 1984, Arkansas lost 53-51 to Virginia in the second round and Houston made it to The Final Four once again, only to lose 84-75 to Georgetown.

Since 1984 there has been a six-year drought of basketball respect.

There have been some good teams and good players but not the great teams and great players that were turned out in the early '80s by Guy Lewis at Houston and Eddie Sutton at Arkansas.

Pretty soon only one or two SWC teams were being invited to the NCAA's big party for the annual "March Madness" rituals.

Remember 1986?

The NCAA invited one SWC team, the tournament champion. As you recall, the Texas Red Raiders scared the Georgetown Hoyas before falling 70-64, eliciting the great John Thompson quote about Gerald Meyers: "I didn't know much about him, but I'll can tell you one thing - he can coach."

The SWC began to turn it around in 1987 and 1988 when three teams

were invited. In 1989, only Arkansas and Texas got invitations.

With Houston, Texas, and Arkansas taking strong teams into the 1990 field, there was hope among SWC officials that the league could ambush itself into at least the round of 16.

Houston's loss to California-Santa Barbara was a stunner, but it was quickly forgotten in the success of the Longhorns and Razorbacks.

Whether the Hogs and 'Horns got out of the Midwest regional in Dallas to The Final Four in Denver didn't matter. The \$1.8 million in the SWC coffers from the playoff appearances

was nice, but not the big thing.

The SWC had already achieved its primary objective: getting attention and respect from the nation that the league was good at something besides football, track and baseball.

We heard a lot about the Big Eight Conference this year, but they had no teams in the top 16.

The SWC has never won The Final Four and won't get a full measure of respect until it does.

But a little bit of respect is a lot better than what the SWC had until Mays and Day put the league back on the NCAA basketball road map.

Thrillers fill NCAA schedule Friday

By RICK WARNER
 AP Sports Writer
When UNLV played Loyola Marymount in November, it was the season opener for both teams. When they meet again on Sunday, it will be the season-ender for one of them.

Loyola, the nation's highest-scoring team, survived a slowdown and beat Alabama 62-60 Friday night to reach the West Regional final of the NCAA tournament. UNLV used its inside power to down Ball State 69-67 in the second semifinal at Oakland, Calif.

UNLV beat Loyola 102-91 in the preseason NIT - the Lions' lowest

point total of the season until Friday night. This time, however, the Runnin' Rebels may seek a slower pace.

"I think we're probably going to hold the ball against Loyola - take the air out of the ball, pass up the open layup," UNLV coach Jerry Tarkanian said with a grin.

Despite UNLV's earlier victory, Tarkanian isn't underestimating the Lions, who have won three tournament games since star Hank Gathers died on March 4.

"I have tremendous respect for Loyola," he said.

Georgia Tech will play Minnesota in Sunday's other regional final - the

Southeast at New Orleans.

Kenny Anderson saved the Yellow Jackets with a controversial buzzer beater in regulation and Dennis Scott sank a short jumper with eight seconds left in overtime to beat Michigan State 81-80. Kevin Lynch scored 16 of his 18 points in the second half and Minnesota capitalized on Syracuse's free-throw problems for an 82-75 victory in the first game.

Anderson tied the game 75-75 with a 19-foot jumper as regulation ended. However, television replays showed the ball was still in Anderson's hands when the horn sounded.

"I think we won the game in regulation and lost it in overtime," said Michigan State coach Jud Heathcote.

Anderson, who finished with 31 points, was sure he got the shot off in time.

"When the buzzer sounded, the ball was out of my hands," the freshman guard said.

The basket also caused confusion of another sort. One referee signaled it was a game-winning 3-pointer, touching off a brief celebration by Georgia Tech. But he was overruled by another official, and replays showed Anderson's foot was on the 3-point line.

Minnesota moved ahead of Syracuse 61-60 on a 3-pointer by Lynch and stayed on top the rest of the way.

Connecticut plays Duke in today's East final at East Rutherford, N.J., and Texas meets Arkansas for the Midwest championship at Dallas.

Michigan State, seemingly stunned, didn't call timeout for another four seconds.

Ken Redfield missed a desperation shot from near midcourt as time expired.

Scott scored 18 points for Georgia Tech (27-6). Smith led Michigan State (28-6) with 32 points.

No. 20 Minnesota 82, No. 6 Syracuse 75

Minnesota, which trailed 39-35 at halftime, rallied to reach its first final eight. The Gophers made 19 of 24 shots, 79 percent, in the second half.

Syracuse hit only 37 percent from the field in the second half and made just eight of 20 free throws in the game. The Orangemen had the lowest free-throw percentage - 65 percent - of any team left in the tournament.

Melvin Newbern scored 20 points for Minnesota (23-8), the only one of the Big Ten's seven entries left in the tournament. Billy Owens led Syracuse (26-7) with 18 points.

West

No. 21 Loyola 62, No. 23 Alabama 60

Loyola, held to half its 125-point average, won it on Terrell Lowery's driving layup with 33 seconds left.

The Tide got a final shot after Lowery missed a free throw with 3.6 seconds to go, but Robert Horry missed a 15-foot jumper at the buzzer after taking a length-of-the-court pass - the same play Connecticut used to beat Clemson Thursday night.

The Lions (26-5) won even though their two big scorers, Bo Kimble and Jeff Fryer, combined for only 32

points. Kimble finished with 19, 17 below his nation-leading average. Fryer, who averaged 32 points in the Lions' first two tournament games, was limited to 13.

Alabama (26-9) got 21 points each from Horry and Melvin Cheatum.

No. 2 UNLV 69, Ball St. 67

All-American Larry Johnson had 20 points and 13 rebounds for UNLV, which survived a late rally by Ball State.

UNLV's Greg Anthony missed a free throw with 18 seconds left and Ball State called timeout to set up a final shot. But Mike Spicer's lob pass for Chandler Thompson was intercepted by David Butler as time expired.

Ball State coach Dick Hunsaker felt Johnson fouled Paris McCurdy before he passed to Spicer on the final play.

"I think (Raiders owner) Al Davis would have been proud of that play Johnson made," Hunsaker said.

Stacey Augmon scored 20 points as UNLV used a powerful inside game to reach the final eight for the third time in four years. The Rebels' front line accounted for all but 13 of their points.

The Cardinals (26-7) took advantage of UNLV's poor foul shooting down the stretch and pulled to 69-67 on Thompson's layup with 20 seconds left.

Thompson led Ball State with 21 points.

HERD

The Panthers regained the lead in the bottom half of the inning when catcher Royce Toler got a fly ball to left high enough into the wind to clear the fence. The homer was the first allowed by Herd pitching this season.

Heredford went ahead for the first time in the seventh when Bromlow beat out an infield chop and Backus and Page walked. Anima forced

Bromlow across the plate with the tying run on another base on balls and Backus put the Herd in front when he scored on Danford's third wild pitch of the game.

Backus hung a spike when he slid over the plate, injuring his right leg.

The accident proved to be the turning point in the game when Backus came out to pitch the bottom of the seventh. Reyes bunted to the left side of the mound, forcing Backus to field the ball, and the senior right-hander threw wide at first. Lewis then walked and Danford got himself off the hook with a double to drive in Reyes and bring Walterscheid into the game.

Anderson, who finished with 31 points, was sure he got the shot off in time.

"When the buzzer sounded, the ball was out of my hands," the freshman guard said.

The basket also caused confusion of another sort. One referee signaled it was a game-winning 3-pointer, touching off a brief celebration by Georgia Tech. But he was overruled by another official, and replays showed Anderson's foot was on the 3-point line.

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HERD	Dunbar
ab r h b	ab r h b
Bromlwf 3 2 1 0	Rdgrf 1b 3 1 1 0
Backsp 3 2 1 0	Hmzd 2b 4 1 2 0
Wlshd p 0 0 0 0	Reyes lf 3 3 0 0
Page lf 3 1 1 1	Lewis dh 2 2 1 1
Jowl c 4 0 1 1	Dnfrd p 4 0 2 4
JiAnma rf 5 0 1 1	Ramos 3b 3 0 0 0
Andrs 3b 3 0 0 0	Firs ss 3 0 0 0
Confr ph 1 0 0 0	Blum cf 3 0 0 0
Klptrk 1b 3 0 0 0	Chldrs lf 2 0 0 0
Bretra ph 0 0 0 0	Toler c 1 1 1 1
LMnga 2b 2 0 0 0	
Smith ph 1 1 0 0	
MMnga ss 3 1 0 0	
Totals 31 7 5 3	28 8 7 6

DISTRICT 1-4A STANDINGS

District	W	L	Pct.	GB	W	L	Pct.
Pampa	3	0	1.000	-	8	0	1.000
Dunbar	3	0	1.000	-	6	4	.600
Estacado	2	0	1.000	1/2	5	0	.500
Dumas	1	1	.500	1 1/2	2	4	.333
Frenship	1	2	.333	2	4	7	.364
Levelland	0	1	.000	1 1/2	3	6	.333
Borger	0	2	.000	2 1/2	2	4	.333
Randall	0	2	.000	2 1/2	1	5	.167
Heredford	0	2	.000	2 1/2	1	8	.111

Friday's Results

Dunbar 8, Heredford 7
 Pampa 20, Frenship 10
 Borger at Levelland, ppd. cold
 Estacado at Randall, ppd. rain

Saturday's Games

Levelland at Heredford, 2 p.m.
 Pampa at Estacado, 2 p.m.
 Dumas at Dunbar, 2 p.m.
 Randall at Frenship, 2 p.m.
 Dalhart at Borger, 2 p.m.

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HERD	Dunbar
1 2 3 4 5 6 7 R-H E	0 0 1 0 0 4 2 - 7 5 4
Dunbar	2 0 0 0 3 1 2 - 8 7 3

None out when winning run scored.
 E-Herd: M. Mungia, L. Mungia, Andrews, Kilpatrick; Dunbar: Ramos, Danford, Flores. PB-Herd: Jowell. LO: Herd 15, Dunbar 6. 2B-Dunbar: Danford (2). HR-Dunbar: Toler. SB-Herd: Bromlow, Jowell, Anima; Dunbar: Rodriguez, Lewis.

IP	H	R	ER	BB	SO
HERD					
Backus L, 1-3	6	7	8	4	9
Walterscheid	0	0	0	0	0
Dunbar					
Reyes	5 1/3	4	5	2	8
Danford W, 3-0	1 2/3	2	2	2	5

WP-Herd: Backus, Walterscheid; Dunbar: Danford 3.

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CATTLE FUTURES		GRAIN FUTURES		METAL FUTURES	
May 81.00	81.00	May 27.75	27.75	May 37.00	37.00
July 81.50	81.50	July 28.00	28.00	July 37.50	37.50
Sept 82.00	82.00	Sept 28.25	28.25	Sept 38.00	38.00
Nov 82.50	82.50	Nov 28.50	28.50	Nov 38.50	38.50
Jan 83.00	83.00	Jan 28.75	28.75	Jan 39.00	39.00
Mar 83.50	83.50	Mar 29.00	29.00	Mar 39.50	39.50
May 84.00	84.00	May 29.25	29.25	May 40.00	40.00
July 84.50	84.50	July 29.50	29.50	July 40.50	40.50
Sept 85.00	85.00	Sept 29.75	29.75	Sept 41.00	41.00
Nov 85.50	85.50	Nov 30.00	30.00	Nov 41.50	41.50
Jan 86.00	86.00	Jan 30.25	30.25	Jan 42.00	42.00
Mar 86.50	86.50	Mar 30.50	30.50	Mar 42.50	42.50
May 87.00	87.00	May 30.75	30.75	May 43.00	43.00
July 87.50	87.50	July 31.00	31.00	July 43.50	43.50
Sept 88.00	88.00	Sept 31.25	31.25	Sept 44.00	44.00
Nov 88.50	88.50	Nov 31.50	31.50	Nov 44.50	44.50
Jan 89.00	89.00	Jan 31.75	31.75	Jan 45.00	45.00
Mar 89.50	89.50	Mar 32.00	32.00	Mar 45.50	45.50
May 90.00	90.00	May 32.25	32.25	May 46.00	46.00
July 90.50	90.50	July 32.50	32.50	July 46.50	46.50
Sept 91.00	91.00	Sept 32.75	32.75	Sept 47.00	47.00
Nov 91.50	91.50	Nov 33.00	33.00	Nov 47.50	47.50
Jan 92.00	92.00	Jan 33.25	33.25	Jan 48.00	48.00
Mar 92.50	92.50	Mar 33.50	33.50	Mar 48.50	48.50
May 93.00	93.00	May 33.75	33.75	May 49.00	49.00
July 93.50	93.50	July 34.00	34.00	July 49.50	49.50
Sept 94.00	94.00	Sept 34.25	34.25	Sept 50.00	50.00
Nov 94.50	94.50	Nov 34.50	34.50	Nov 50.50	50.50
Jan 95.00	95.00	Jan 34.75	34.75	Jan 51.00	51.00
Mar 95.50	95.50	Mar 35.00	35.00	Mar 51.50	51.50
May 96.00	96.00	May 35.25	35.25	May 52.00	52.00
July 96.50	96.50	July 35.50	35.50	July 52.50	52.50
Sept 97.00	97.00	Sept 35.75	35.75	Sept 53.00	53.00
Nov 97.50	97.50	Nov 36.00	36.00	Nov 53.50	53.50
Jan 98.00	98.00	Jan 36.25	36.25	Jan 54.00	54.00
Mar 98.50	98.50	Mar 36.50	36.50	Mar 54.50	54.50
May 99.00	99.00	May 36.75	36.75	May 55.00	55.00
July 99.50	99.50	July 37.00	37.00	July 55.50	55.50
Sept 100.00	100.00	Sept 37.25	37.25	Sept 56.00	56.00
Nov 100.50	100.50	Nov 37.50	37.50	Nov 56.50	56.50
Jan 101.00	101.00	Jan 37.75	37.75	Jan 57.00	57.00
Mar 101.50	101.50	Mar 38.00	38.00	Mar 57.50	57.50
May 102.00	102.00	May 38.25	38.25	May 58.00	58.00
July 102.50	102.50	July 38.50	38.50	July 58.50	58.50
Sept 103.00	103.00	Sept 38.75	38.75	Sept 59.00	59.00
Nov 103.50	103.50	Nov 39.00	39.00	Nov 59.50	59.50
Jan 104.00	104.00	Jan 39.25	39.25	Jan 60.00	60.00
Mar 104.50	104.50	Mar 39.50	39.50	Mar 60.50	60.50
May 105.00	105.00	May 39.75	39.75	May 61.00	61.00
July 105.50	105.50	July 40.00	40.00	July 61.50	61.50
Sept 106.00	106.00	Sept 40.25	40.25	Sept 62.00	62.00
Nov 106.50	106.50	Nov 40.50	40.50	Nov 62.50	62.50
Jan 107.00	107.00	Jan 40.75	40.75	Jan 63.00	63.00
Mar 107.50	107.50	Mar 41.00	41.00	Mar 63.50	63.50
May 108.00	108.00	May 41.25	41.25	May 64.00	64.00
July 108.50	108.50	July 41.50	41.50	July 64.50	64.50
Sept 109.00	109.00	Sept 41.75	41.75	Sept 65.00	65.00
Nov 109.50	109.50	Nov 42.00	42.00	Nov 65.50	65.50
Jan 110.00	110.00	Jan 42.25	42.25	Jan 66.00	66.00
Mar 110.50	110.50	Mar 42.50	42.50	Mar 66.50	66.50
May 111.00	111.00	May 42.75	42.75	May 67.00	67.00
July 111.50	111.50	July 43.00	43.00	July 67.50	67.50
Sept 112.00	112.00	Sept 43.25	43.25	Sept 68.00	68.00
Nov 112.50	112.50	Nov 43.50	43.50	Nov 68.50	68.50
Jan 113.00	113.00	Jan 43.75	43.75		

New owners have effect on teams

By GERRY FRALEY
The Dallas Morning News
DALLAS (AP) - The Dallas Rangers and Cowboys seem to have swapped roles in their first year of new management.

The lordly Cowboys, the team of four Super Bowls and one coach for 29 seasons, became much like the chaotic Rangers of the past. Jerry Jones purchased the Cowboys in January 1989 and promised to be involved in everything, including "jocks and socks."

Jones dumped upper-level management - club president Tex Schramm, player development director Gil Brandt and coach Tom Landry - and changed the system.

The Cowboys eliminated familiar faces, made risky personnel decisions and endured a 1-15 season.

The ragamuffin Rangers, the team of 13 managers and six winning seasons since moving to Arlington in 1972, took on the former appearance of the Cowboys: bastion of stability.

Managing general partner George W. Bush and general partner Rusty Rose, leaders of a 17-member partnership, purchased 83 percent of the Rangers from Eddie Chiles for about \$56 million in March 1989. Ownership kept the inherited management group - president Mike Stone, general manager Tom Grieve, assistant general manager Sandy Johnson and minor league director Marty Scott - and was rewarded with first-year success.

The major league team lingered in the American League West race until late July. The minor league system was named organization of the year by

Baseball America.

The Rangers had a team-record attendance (2,043,993) in 1989 and set a team record by selling about 7,600 season tickets for 1990. They converted the increased interest into contracts worth \$9 million annually for local broadcast rights, a threefold increase. The franchise is "stable, healthy," Bush said.

The difference is where Cowboys ownership made wrenching changes, Rangers ownership group stayed the course. Bush and Rose used early months in power to study the situation and decided there was no need for massive change.

"The Cowboys hadn't had any change," Bush said. "They were dealing with an institution. I don't know whether radical surgery was needed, but it certainly didn't help Jerry from a public-relations perspective."

"I think we have done a good job of enhancing organizational stability ... If the organization had needed to be torn asunder, we would have done that. It didn't need to be."

What Bush and Rose have done is no small feat. Teams have been ravaged when new ownership decided it knew the game and made arbitrary changes.

A group headed by Bill Giles, experienced in the promotional aspect of the game, purchased the Philadelphia Phillies in 1981. Ownership either

chased away or diminished the importance of the team's principal builders: Paul Owens, Dallas Green and Hugh Alexander.

Reaping the benefits of the previous administration, the Phillies reached the World Series in 1983. The Phillies have only one winning record in the last six seasons.

In December 1984, Marge Schott took control of the Cincinnati Reds. An auto dealer, Schott changed the organizational philosophy.

Schott, on her fourth general manager, particularly challenged spending in scouting and player development. Primarily because of Schott's budget cuts, the Reds have had two scouting directors and 14 scouting supervisors resign since 1985. The once-deep minor league system went dry last year, and the Reds were 75-87 for their worst record since 1984.

"There's always some apprehension when there's a change," said Grieve, whose contract was extended through 1992. "But (Bush and Rose) let us know they were impressed with our organization and believed in what we were doing."

"A lot of the credit has to go to Eddie Chiles. He was having financial trouble, but he still let us put in the system even though he knew he wouldn't be around when it got off the ground."

Stone and Grieve regularly meet

with Bush to discuss baseball matters. Bush and Rose have the final word on decisions, but they have not gone against their baseball people. When other AL West teams added players during the winter, Grieve received no pressure to make a deal just for ticket-selling purposes.

The ownership group will spend. The major league payroll will increase by about \$3.1 million to about \$13.8 million this season. The player development budget will be among the highest in the game at about \$5 million this year.

"They could have come in and said, 'Forget all this,'" Stone said. "It's fortunate for us that (Bush and Rose) understood what we were doing and told us to go full speed ahead. I'm super happy about that."

Stone has emerged as the Rangers' stabilizer. He pushed the player development plan during Chiles' frenetic tenure and held the plan together during the ownership change.

Bush acknowledges his group was fortunate to have Stone in place "because

he did a wonderful job of stabilizing the franchise." Stone, however, has been working without a contract. Does that indicate Bush and Rose will change in their second year and meddle?

"This is an economic venture, not a toy," Bush said. "You set up your organization like a business. You delegate responsibility to the best department heads you can find. That's what we want to do, and it's paying off. Everything is well done."

Just like the old Cowboys. There is one difference between the former Cowboys and the current Rangers. The former Cowboys won championships. In their first year under Bush and Rose, the Rangers missed the playoffs for the 18th consecutive year. Some things take longer to change.

Poetic Foreman seeks title bout with new champ

"There is a tide in the affairs of men, which taken at the flood leads on to fortune; omitted, all the voyage of their life is bounded in shallows and in misery."
 - Julius Caesar, Act IV, Scene III, as recited by George Foreman.

By MICHAEL A. LUTZ
AP Sports Writer

HOUSTON (AP) - George Foreman is concerned that Buster Douglas isn't aware of the ebb and flow tendencies of the heavyweight division.

He's taken to spouting poetry and mounting a campaign to help Douglas survive the nuances of being heavyweight champion.

The conclusion according to Foreman's logic, of course, is that Douglas' best move would be to fight Foreman for the heavyweight title and the sooner the better.

But he can't get any response from Douglas or dethroned Mike Tyson.

"Who was the hottest thing in the world awhile ago and who is it now?" Foreman asked, wiping perspiration from his brow after a morning workout at his northside gym.

"Before you know it, the tide is going to roll out on them. What they are doing is allowing me to steal their thunder."

While Douglas and Tyson haggle over millions, Foreman plans to continue fighting for whatever he can get in hopes of creating a groundswell of support that will lead to a title shot.

"While they're deciding over all these million-dollar dealings, I'm going to be out there fighting and stealing their fans," Foreman said.

Foreman, 41, says the younger contenders shouldn't expect time to catch up with him.

"I'm going no where," Foreman said. "I'm getting better. I'm better than I was a year ago."

Douglas sees no need to defend his title before September and he has announced no plans to consider Foreman as an opponent when he does.

The champion has said Tyson and Evander Holyfield are the only contenders.

"I won't be pushed aside because Buster Douglas has the title belt now and as beautiful as it is and as important as it is, he can't eat it," Foreman said.

"He can make more money fighting me than Holyfield," Foreman said. "He could sign tomorrow to fight George Foreman and make more money."

Foreman spent months building up a grudge match between himself and Tyson only to have Douglas win the title in a shocking 10th-round knockout on Feb. 10 in Tokyo.

Now Foreman has to start over and build up Douglas and he's taking his message to the media.

"I would be eating beans, rice and hard cornbread today if it hadn't been for the media," Foreman believes. "I'm a product of the media. They made me."

Foreman caught the public fancy in the 1968 Olympics when he paraded around the ring waving an American flag a time when anti-American sentiment was high.

Now he hopes his flag-waving for Douglas will bring him another chance to fight for the title.

It's going to be tough, Foreman says.

"The fella is a bore," Foreman said. "He could be at a party and no one would know he's there. He's a nice guy but nice guys are only good at home. His poster could put people to sleep."

"I've got to make a personality out of him so everyone will want me to go get him. Everybody is still wanting me to get Tyson because they don't know who Douglas is. He's not even an issue right now."

Foreman said he had a natural campaign for Tyson because of the former champion has a dynamic persona.

"I was attacking the reign of terror that Tyson had going," Foreman said. "But Tyson is dynamic. He doesn't talk but he's like some human beings who can be still and they are still dynamic."

"You can see them and feel the motion. That's what Tyson has."

Foreman hopes to get the people's attention for a Foreman-Douglas fight, as he reached people in Africa two years ago.

Foreman said his statements created controversy in the media, but gained him a following among the people.

"The people came up to me on the street and they said 'Foreman, we have our ears to the ground and we hear the drums.'"

No need to inquire who is beating the drums.

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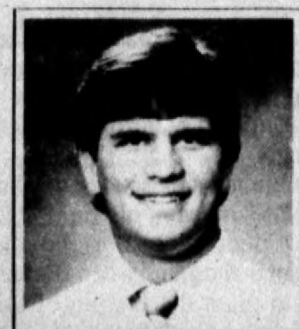
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MRS. DAVID J. JONES
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Walterscheid, Jones vows spoken

Amid the soft glow of candlelight, Brenda Gaye Walterscheid of Hereford became the bride of David Jerrell Jones of Guthrie, Texas Saturday morning in St. Anthony's Catholic Church.

Monsignor Orville Blum of the church officiated at the ceremony.

The bride is the daughter of Leonard and Opal Walterscheid of 222 Elm and the bridegroom is the son of Mary Jones of 249 Juniper and the late L.J. Jones.

The main church altar was adorned by two large cream silk bouquets of dogwood, poppies, roses and catnip accented with English ivy and cream tapers. They were flanked by spiral brass candelabra. The side altars were decorated with brass candelabra and green plants.

Donna Kemp served her sister as matron of honor and Danny C. Jones was his brother's best man.

The bride's sister, Lori A. Walterscheid, was bridesmaid and the groom's brother, Steve Jones of Edgewood, N.M., was groomsmen.

Guests were escorted by the bride's brother, Douglas Walterscheid of Amarillo, and the groom's cousin, Kris Ingram of Friona.

Special Bible selections were

read by the bride's sister, Kari Strader of Houston.

Ralph Deuten, accompanied by Sharon Cramer, organist, sang "Where There Is Love", "Salve Regina", "Jesu, Joy of Man's Desiring", "Our Father" and "March" by Shelley.

Given in marriage by her father, the bride chose to wear a designer tea-length suit of candlelight satin brocade crowned with a high collar and basque waistline and sheath styled slim skirt with peplum coming to points both in the front and back.

To compliment her designer suit, the bride wore a Juliet bridal hat accented with delicate pearls, lace and flower trim with a fingertip veil.

In keeping with bridal tradition, the bride wore her maternal great-grandmother's garnet and pearl engagement ring as something old; her wedding gown, something new; her paternal grandmother's sixpence which was placed in her shoe, something borrowed; and her garter, something blue.

The bride carried a bouquet of cream roses with accents of greenery and baby's breath. The bouquet

was tied with cream satin ribbon and streamers.

The matron of honor and bridesmaid were attired in identical tea-length gowns of iridescent midnight blue taffeta featuring Sabrina necklines and basque waistlines with peplums. Their ensembles also featured princess sleeves. They each carried three long-stemmed cream roses with greenery, baby's breath and cream streamers.

The bride's sister, Lindy Yosten, invited guests to register at the reception held in the home of the bride's parents, 222 Elm.

Cake was served by the groom's sister, Nancy Urbanczyk, and the groom's sister-in-law, Delores Jones of Edgewood.

The bride's sister-in-law, Lori Walterscheid of Amarillo, poured

punch and coffee.

The four-tiered cake featured spring flowers of irises, roses, aster lilies and baby's breath cascading down the sides.

The couple left for a wedding trip to the Ozark Mountains. They will make their home in Guthrie.

The bride is a 1979 graduate of Hereford High School.

The groom, a 1975 HHS graduate, is currently employed as the wildlife biologist for the "6666" Ranch in Guthrie.

A special wedding guest was the bride's grandmother, Mrs. F.J. Walterscheid of Hereford. Other guests represented Muenster, Lubbock, Amarillo, Austin, Stamford, Friona, Falfurrias, Tulsa, Okla., Edgewood, N.M. and Guthrie.

Club to host meeting set March 31

The Golden Spread Aggie Mothers Club will host the District 10 meeting of the Federation of Texas A&M University Aggie Mothers Club on Saturday, March 31, at the E.B. Black House.

The meeting will begin at 9:30 a.m. with registration and reports from Amarillo, Lubbock and the host club. Mary Lou Schumucker of Nazareth will preside.

A luncheon, prepared by the local club, will be served and entertainment will include music by the Flashbacks of Hereford and modeling from Originals Unlimited by former Aggies and future Aggies. Tours of the Deaf Smith County Museum will also be available.

The Golden Spread Aggie Mothers Club is comprised of mothers of students at Texas A&M University from Hereford, Dimmitt and Nazareth. The object of this organization is to contribute in every way to the comfort and welfare of the students and to cooperate with the faculty of the university in maintaining a high

standard of moral conduct and intellectual attainment.

The club sends survival kits to their students each year during finals week and they also award a scholarship each year to an area high school senior who has been accepted for admission at Texas A&M. The scholarship is funded this year through donations for a handmade quilt. Donations are being accepted by club members. The quilt will be displayed at the District 10 meeting.

Last year's scholarship recipients

were Jill Johnson of Hereford and Lee Kleman of Nazareth.

Local members of the Golden Spread Aggie Mothers Club are Joy Bunch, Adelle Clements, Jane Coplen, Margaret Ann Durham, Linda Frye, Diane Hoelscher, Virginia Jackson, Terri Johnson, Ruth Robbins, Sue Sims, Anna Solomon, Brenda Thomas, Karen White, Shirley Wilson, Merle Clark, Mary Lyles and Debbie Tardy. There are approximately 14 members from the Dimmitt-Nazareth area.

Red Cross Update

BY BETTY HENSON

Special thanks goes to Mary Jane Burrus for the work she has done with the blood pressure screenings at the Hereford Senior Citizens Center.

The board of directors meeting was postponed and will be held at the Red Cross office Tuesday, March 27, at noon.

The training workshop in service to the military will be held Thursday, March 29, at 7:30 p.m. in the Red Cross office. This workshop is for volunteers taking emergency messages for service personnel and their families.

Volunteers will be recognized

Friday, March 30, at a covered dish supper at the Community Center. Nominations for Volunteer of the Year are being taken at the Red Cross office.

A water safety instructor update will be held April 28-29 at Ruskins Pool in Dimmitt. An update will be held March 30 at West Texas State University and April 20 in Amarillo. All water safety instructors are asked to attend one of these training sessions. Call the Red Cross office for further information.

The Deaf Smith County Chapter of the American Red Cross is a United Way Agency.

Card of Thanks

We would like to express our sincere thanks to everybody who accompanied us and sent flowers and food in our time of sorrow.

The Perales Family

TAMPA, Fla. (AP) - "Batman" and "Beetlejuice" director Tim Burton is being deliberately vague about his latest project - "Edward Scissorhands," a suburban fantasy film about a man created with shears of metal for fingers.

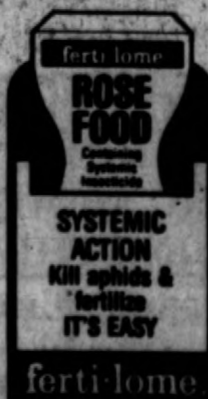
"It's very different," Burton said. "We're going to sort of make it up as we go along."

Burton and stars Johnny Depp, Dianne Wiest and Winona Ryder arrived here Thursday to start three months of production on the film, scheduled for Christmas release.


According to 20th Century Fox, "Scissorhands" is about a man who was created, not born. He was given everything he needed to lead a full life.

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BRANDED Women

By Sandy Stagner



ANN MARIE KELLEY, TIM ALBRACHT

Engagement announced

May 28 is the wedding date selected by Ann Marie Kelley of Hereford and Timothy Paul Albracht of Prescott, Ariz. The couple will exchange nuptials in St. Mary's Catholic Church of Amarillo.

The bride-elect is the daughter of Rue Ford of Hereford and John Guy Ford Jr. of Hart. The prospective bridegroom is the son of Dr. and

Mrs. John J. Albracht of Amarillo. Miss Kelley is a 1986 graduate of Hereford High School. She is presently employed by Little's Fashions as an Estee Lauder beauty consultant.

Albracht, a 1984 graduate of Alamo Catholic High School in Amarillo, is presently attending Embury Riddle Aeronautical University majoring in aeronautical science.

Improve your home with beautiful lawn

As spring arrives, many homeowners look at their homes and wonder, "What can I do to improve its value and appearance?"

An easy way to enhance a home's exterior appearance is to create a lush carpet of grass, especially after winter has taken its toll.

"Homeowners know that having a beautiful lawn adds to the value of their home," stated Brooks Pennington, president of Pennington Seed. "They recognize that the outside matters because the yard is what other people see most often."

Another benefit to maintaining beautiful grounds is the enhanced "curb appeal" for residences that are for sale. Pennington added, "Realtors always tell people who are selling their homes to make sure their house has a good paint job. Sometimes they neglect to tell you that a brown and patchy lawn can detract from the value of your home."

However, a lush lawn does not have

ATLANTA (AP) - Chrysler Chairman Lee Iacocca received an unexpected welcome when he visited an alternative school aimed at salvaging school dropouts - a rendition of the "Iacocca Rap."

"Lee Iacocca, for all you do, we dedicate this rap to you," Aaron Bolton, 20, began when Iacocca visited

to mean a weekly visit from a gardener or lawn care company.

"There are several things you can do in just a few hours to improve your lawn," stated Pennington. He suggested that homeowners take the following steps when getting their yard ready for spring seeding.

--To improve bare spots, mow closely and then remove leaves, dead grass, etc.

--Rake the area to be seeded to prepare the seed bed.

--Spread seed in the soil, mulch and keep the area well-watered until the seeds germinate.

--For better results, use a coated seed.

Research shows that with coated seed, homeowners can expect faster lawn starts, more root growth, a thicker stand, drought tolerance and increased plant survival.

"Coated seed has many advantages over traditional seed. It protects young grass seedlings during the crucial pregermination and germination periods," said Pennington. "A coated seed contains natural compounds that enhance a seed's growth and help the seed to grow into a thicker stand and thus a healthier lawn."

Coated seed can be the homeowners' answer to a lush lawn that enhances their homes' appearance and value.

I don't believe in horoscopes but just out of curiosity, I wish I had read mine March 5.

It probably read something like this: Your fate has been sealed for the next 24 hours. The day will be rotten. Go back to bed and hide under the covers.

Have you ever had one of those dreadful mornings when everything that could go wrong did?

As any working woman knows, time is very precious, especially in the mornings. You need to stay on your routine; everything must run like clockwork.

In order to eliminate a little of the morning chaos, I try to get up at least an hour earlier than the rest of my family. That way they can't run me out of the bathrooms, shove their way past me in the kitchen or turn off the news channel for cartoons.

This particular morning started out like any other Monday but got progressively worse as time passed. I had just finished showering and was blow drying my hair. In "mid-blow", the stupid thing burned up. I looked for the kids' hair dryer, but like all of their possessions, it must have been hidden under a bed, thrown at the bottom of a closet or stuffed in a drawer. I opted for the frizzy look.

While I was dressing, I opened up my brand new "silver egg" for a pair of panty hose. I couldn't believe it! The manufacturer had not put hose in the container. Disgusted, I rummaged through my dresser drawers only to discover I had 287 pairs of hose, all with runners. I took my dress off and threw on a pair of pants.

Now it was time to apply my clown face for the day. I find that as I get older, it takes longer to camouflage the crow's feet and bags around my eyes and to cover the little laugh lines that are beginning to form. I've also noticed I'm becoming blind. As I was using the eye liner pencil, I missed my eye lid and stuck the pencil right in the eye. After waiting for 15 minutes for it to stop watering, I called it quits. I'd just have to walk around the remainder of the day with only one eye made up.

When I went into my bedroom to pick up the clothes that had mysteriously accumulated during the night, I heard my husband muttering to himself. "If I have told her once, I have told her a million times, to use her own razor. My face looks like it has been attacked by a rabid cat." I backed out of the bedroom before John noticed me. I wasn't up to the bi-weekly argument about why I don't use my own razor.

Since we rarely make time to fix

Mulching helps environment

By returning grass clippings back to the earth as nutrients, mulching mowers have become the answer for a growing number of communities faced with serious grass disposal problems. Choose a mulching lawn mower that has a deep mowing deck and multi-pitch blade specially engineered to create enough air suction to suspend the clippings in the mower chamber while repeatedly chopping them into finer particles. These small particles are then blown deep into the turf.

a decent breakfast during the weekdays, the kids usually just drink a glass of orange juice. Seeing that I had forgotten to thaw out a can of juice, I tossed it into the microwave without removing the metal lid. In a few seconds, the can exploded with juice seeping through the oven door and dripping onto the floor. I just left the mess.

I then went to brush my teeth. Because I'm nearly comatose in the mornings, I try to be really observant when I pick up the tube of toothpaste. There have been many times I have brushed my teeth with the kid's Clearsil. As I began brushing, I tasted something awful and the toothbrush smelled like Comet. Sure enough, after questioning my daughter, I learned that she had used my brush the night before to clean the bathtub tiles. I was just too distraught to kill her.

As I was looking for my car keys (which took me 10 minutes to locate), I glanced over at the kitchen stove. If it had been a gas oven, I would have stuck my head in it.

As I was finally ready to leave for work, my son yells, "Mom, where's my blue shirt you said you would iron last night?" I tell him to do it himself. He did. The shirt now has an imprint of an iron on the back.

Because I was so distracted, I forgot to push the garage door opener switch before I started the car. As I was backing out of the garage, I took the door with me.

After surveying the damage, I walked back into the house and sat down on the edge of the bed trying not to cry. My husband, who apparently had not heard the little crash, gave me a quizzical look.

"John, don't ask me any questions," I stammered. "Call my office and tell them I'm taking a

mentally ill day and I won't be coming into the office. Then check the garage. There is a major draft coming from that direction."

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Wishes

Sandra Funk
Steve Bartels

Dessie McCullar
Dennis Davison

Julie Simons
Brett Clements

Vicki Britt
Michael Hacker

Tammy Hardin
Ronnie Gilmore

Cherie Walker
Todd Weaver

Paula Dobbins
Richard Dobbins

Brenda Walterscheid
David Jones

Shea McGinty Long
Gary Long

Glena West
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Heidi Howell
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Early Childhood Education Clinic

April 2, 3, and 4, 1990
Stanton Learning Center
711 Park Ave. Hereford, Texas 364-5941

Hereford Independent School District's special education department is offering a FREE clinic for children 3, 4, and 5 years old. This clinic is to identify children who may need early classroom experiences because they seem to have problems in --

HEARING TALKING SEEING
PLAYING WITH OTHER CHILDREN
READING WRITING
or who may have a PHYSICAL HANDICAP.

Certified specialists will be working with children at the Stanton Learning Center on April 2, 3, and 4 from 8:30 a.m. to 3:30 p.m. Appointments can be made by calling 364-5941.

A parent or designated adult will need to accompany the child to the screening to provide permission and needed developmental information.

If you need additional information, call Nena Veazey, 364-5941.



Green Thumb Tips

PEONIES:

Peony lactiflora hybrids (Chinese, or herbaceous peonies) are the most popular peonies and are available in single, double, and intermitten forms. Colors include white, cream to nearly yellow, pink, salmon pink, and red.

Peonies grow 18" to 30" tall and prefer full sun and well-drained soil. When planting, barely cover the "eyes" on the peony tuber with soil so that the tuber will be sure to "freeze" during the winter. If planted too deep, the peony will come up in the spring, make beautiful foliage, but never bloom. Some gardeners go to the trouble of piling ice and snow on top of their peonies in the winter to make sure their peony tubers get cold enough.

Peonies are very dependent on a good steady source of phosphorus. It is recommended that you feed your peonies in November, in February, and right after they bloom with organic BONE MEAL, a high source of phosphorus.

Watch out for THIRP that sometimes invade the buds causing the blooms to never open in the spring. Botrytis, a fungus disease, also needs to be avoided as it can attack the buds causing them to rot when conditions are right.

You can control both problems by spraying your peonies with ferti-lome TRIPLE ACTION as a precautionary measure in the spring. TRIPLE ACTION contains 3 sprays in ONE...a miticide, a fungicide, and an insecticide.

Peonies resent being disturbed and seldom require separating so dig and divide when necessary and only in early autumn leaving 3 to 5 eyes per tuber.

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Between the Covers

BY JANA MORGAN

The headlines are all too familiar: the greenhouse effect, acid rain, global warming, holes in the ozone layer, the decimation of the rain forests, the death of a species. For a long time we were not sure how seriously to take these warnings of planetary trouble. Now we know.

The Next Hundred Years: The Shaping Of Our Earth by Jonathon Weiner details the evidence and the research of scientists who have been investigating it. This book makes it clear the dangers are real, are upon us now, and must be addressed in a worldwide effort before it is too late.

The assaults on the earth are multiple, and not all of them make the headlines. Thus, we tend not to connect the enormous increases in the world's population with the greenhouse effect, yet the air into which human beings exhale, the wilderness they tame and settle, the rain forests they raise for timber, the cattle they graze, and the rice they cultivate all have potent effects on the ecological balance. This book makes it appallingly clear that if we do not change course now by altering a vast array of human activities, human beings themselves are on their way to becoming an endangered species. These are ways to effect such a change and this book analyzes not only what is

happening but what we can do about it. This book is essential reading for all who care about the fate of the earth, and take some action, before it is too late!

Nap Time by Lisa Manshel is the true story of sexual abuse at a suburban day-care center that turned day-care into nightmare.

The victims were three-to-five-year olds, boys and girls. They attended the Wee Care Day Nursery, housed in a church in Maplewood, one of the loveliest, wealthiest sectors of northern New Jersey. They were under the care of Margaret Kelly Michaels, an inexperienced 23-year-old hired as an aide and promoted to teacher a month later. And it was Kelly who distorted their childhood. She used nudity and group games to make nap time a time of horror.

To the children, she was all-powerful. They thought she could walk through walls, hear everything. She made them afraid, and she made them her accomplices.

Their parents had no suspicion. Kelly's actions were discovered as the result of a chance remark by one little boy in a doctor's office. But once the alert was sounded, the case expanded, as did the revelations of practices even those experienced in the area of child care found shocking.

Nap Time gives the complete story, the initial discovery, investigation, heartbreaking scenes between parents and children to the nine-month trial during which the young victims had to bear the brunt of testifying against the woman who had terrorized them, to the verdict on 131 counts. It is a story powerful enough to awaken us all.

This next book is an interesting story about Elmer McCurdy. In October of 1911, he was shot by a sheriff's posse near Pawhuska, Okla. after robbing a train. They sent a posse after him, and one of the deputies shot him. They took the body to a funeral home and embalmed Elmer's remains. The man who embalmed Elmer suspected that he might have to hold the body longer than usual, added arsenic to the other embalming fluids, a practice commonly found in the preservation of Egyptian mummies. They dressed him in a black suit, covered him with a sheet at the back of the room and waited for someone to come and identify him. After becoming somewhat of a celebrity, six months later, after no one else came, they dressed him in his own clothes and stood him in the corner of the mortuary. He remained there for five years.

Word got to a carnival operator who went to Pawhuska and claimed to be Elmer's long lost brother. All the papers were fixed up, so they let him take Elmer. He was displayed in many side shows and wax museums all over the country for 65 years. He finally wound up on the set of a television movie. Someone knocked him over and his arm fell off. A stage hand tried to glue the arm back on but noticed bones protruding from the body and decided it was human instead of a stage prop. Everyone thought he was just a wax dummy. He was

brought back to Oklahoma from California and buried next to Bill Doolin, another famous train robber. The inscription reads:

Elmer McCurdy
Shot by sheriff's posse
In Osage Hills
On Oct. 7, 1911

Returned to Guthrie, Okla.
from Los Angeles County, Calif.
for burial April 22, 1977

The book is entitled **The Career of Elmer McCurdy, Deceased** by Richard Basgall.

Rainbow in the Mist, Feather on the Moon, Silversword were written by Phyllis Whitney who has mesmerized the public with her tales of romance and suspense. Now once again she fulfills these traits in this novel of murder and suspense, forgiveness and love.

It begins one momentous October day when an unexpected letter arrives, inviting Lynn McLeod to the Virginia Blue Ridge home of Stephen Asche, her former husband. Stephen's daughter, by another woman, is troubled and needs her help. Lynn is a clinical psychologist whose work with terminally ill children has brought her a compassion and understanding that may help this little girl.

Despite her misgivings, Lynn accepts the invitation. As she is drawn subtly into the lives of everyone in the secluded household,

old passions are revived and new mysteries encountered, disturbing mysteries about a local murder. Deadly secrets haunt Stephen and his daughter. The "Singing Stones" sound from the cliffs above the house, calling to Lynn; soft, hypnotic and menacing. Somehow Lynn must find the answer if she is to save both Stephen and the child.

Other titles of interest include: **Arthritis: What Works** by Dava Sobel. This book contains treatments that really help. There are revolutionary healing approaches from an unprecedented nationwide survey of people with arthritis.

Overcoming Hypertension by Dr. Kenneth H. Cooper. This is the third volume of his preventive medicine program. He presents a medically sound and simple prescription for overcoming hypertension.

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BRENT JAYSON CLEMENTS, JULIE ANN SIMONS

Wedding planned

Julie Ann Simons and Brett Jayson Clements of College Station have set June 23, 1990, as their wedding date. They will be united in marriage in First Baptist Church of Hereford.

The bride-elect is the daughter of Tom Simons and Jenna Simons of Hereford and the prospective bridegroom is the son of Don and Adelle Clements of Hereford.

Miss Simons is attending Texas A&M University and majoring in

journalism. She will graduate in August. She is employed by the Texas A&M department of journalism and is a 1986 graduate of Hereford High School.

Clements is attending Texas A&M university and majoring in Biochemistry. He will graduate in May and plans to attend graduate school in the fall at Texas A&M University. He is a 1986 graduate of Hereford High School.

Officers elected

Alpha Iota Mu Chapter of Beta Sigma Phi Sorority members elected officers at a recent meeting at Shirley Intermediate School library.

New officers elected were Marrie J. Leverett, president; Janice Betzen, vice-president; Noel Hutson, recording-secretary; Jaime Broman, corresponding secretary; Ruby Lee, treasurer; and Donna Weaver, extension officer. City Council representatives will be Leverett, Lee, Weaver and Wanda Huseman. Alternates are Gay McCleskey and Broman. Installation of these officers will be May 3.

Hutson, social chairman, announced the Easter Bonnet contest will be April 5. All members are to make and decorate a bonnet. Bonnets will be judged and prizes awarded.

The A.I.M. will have an Easter egg hunt for members children on April 7. Each member should bring six plastic eggs full of candy.

Lee, service chairman, reported all members will be helping with the Annual American Cancer Society campaign drive scheduled April 29.

Dee Ann Matthews instructed members on decorating T-shirts with sponge shapes of Texas. The shirts will be donated for door prizes at the June convention.

The next meeting will be April 5 with Lee presenting the program. Hostesses will be Broman and Donna Weaver.

Members present were Betzen, Huseman, Hutson, Lee, Leverett, McCleskey, Matthews, Paty Frerich, and Weaver.

Accent on Health

For many Texans, the holidays include the spirit of giving to those less fortunate. One of the most beneficial gifts is food.

However, state health officials urge food drive donors to be selective in food they give. People who need food bank help because of poverty, homelessness or some type of emergency often are seriously undernourished.

Nancy Robinett, public health nutritionist at the Texas Department of Health (TDH), said, "Their diets probably lack adequate proteins, fats, carbohydrates, vitamins and minerals to maintain their health."

She said that food banks need easily stored foods of good nutritional quality. Donated foods that come in cans or durable boxes are most welcomed.

The following foods are recommended donations:
powdered milk
canned tuna and chicken
peanut butter
canned or dry beans and peas

canned soups and stews
macaroni and cheese mix
flour, cornmeal, masa harina, rice, noodles, spaghetti, oatmeal and cream of wheat
canned fruits and vegetables juices

"One of the big problems we are encountering at food banks is the lack of baby foods," she said. Needed items include infant formula with iron.

"We encourage mothers to breastfeed their babies. But if they are not able to, we stress that they give babies iron-fortified formula," Robinett said. She added that iron deficiency is common at all ages among nutritionally at-risk people.

Other appropriate donations for infants include:
baby food meats, plain
baby food meats with vegetables (if meat is the first ingredient)
plain baby food fruits and vegetables
dry infant cereal

"When we donate food for distribution to the less fortunate we should consider its nutritional value. Basic items from the four major food groups are the most beneficial and healthful gifts," Robinett said.

The major food groups are milk and dairy products, meats and protein, cereals and grains, and fruits and vegetables.

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MR. AND MRS. CHARLES NEWELL

Couple to be honored

All friends and relatives are invited to attend a reception from 2-4 p.m. Sunday, April 1, at Hereford Senior Citizens Center, 426 Ranger Drive. The celebration will be held to honor Mr. and Mrs. Charles Newell who are observing their 60th wedding anniversary.

The event will be hosted by the couple's children and spouses, Pat and Linda Newell of Alto, N.M. and Jacqueline and Bill Riggs of Camarillo, Calif. Also, assisting

will be the couple's grandchildren.

Charles Newell and Marguerite Rayzor were married March 30, 1930, in Clovis, N.M. Charles retired from the Department of Agriculture office in Hereford and was employed for 12 years as a school crossing guard at West Central Intermediate School. Mrs. Newell was a sales person for many years. She is an eight-year member of Garden Beautiful Club. They are active members of the First Presbyterian Church.

Extension News

BEVERLY HARDER
County
Extension Agent

Eating right is your best defense to staying healthy. The challenge is deciding what "eating right" really means.

It's so easy to become confused with so much misinformation about nutrition making the headlines and appearing in numerous television commercials directed toward health-conscious consumers.

Consider a recent television commercial featuring a consumer who said she is now "eating healthy." She avoided red meat and poultry for the last year and hasn't eaten an egg since Easter, several years before. She said she has found a cheese which is low in fat and cholesterol.

Viewers who are guided by this testimonial, might avoid eating all red meat, eggs, and poultry to lower their blood cholesterol. Eating healthy does not mean eliminating or limiting certain foods in the diet. Most health organizations describe healthy eating as a prudent, low-fat diet based on all the food groupings. For example, we should include red meat. It provides many of our minerals and vitamins and helps to prevent anemia. For many people, especially women, eliminating red meat is not a good choice. When

thinking about limiting meat, think about small servings if you are watching calories and fat consumption. Be reasonable.

Strict vegetarians have a tough time eating a balanced diet. If you are a strict vegetarian you would consume no animal products. That means no milk, no eggs, no fish or chicken. If that's true, you'd have a hard time meeting your iron requirement, your zinc requirement and getting many of the B-vitamins you need.

One of the crucial B-vitamins is B12. This vitamin can only be obtained from animal products. If you don't get this vitamin in adequate amounts there could be serious health problems. Studies show that people who follow a good diet and exercise program have less stress and feel better about themselves.

If you have questions about the validity of diet and nutrition information you see or hear, ask a nutritionist or dietitian, or call the county extension office at 364-3573 for more information on eating healthy.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic level, race, color, sex, religion, handicap or national origin.



Reception planned

Mr. and Mrs. Harold Kriegshauser will be honored at a reception from 2-4 p.m. today, Sunday, in the Antonion Room of St. Anthony's. All friends and relatives are invited to attend the event in honor of the couple's golden wedding anniversary. The reception will be hosted by the honorees' children.



To keep molasses, corn syrup or honey from sticking to a spoon or measuring cup, rinse utensil with hot water before using.

Abundant Life

BY BOB WEAR
Help Yourself

Being self-reliant is a very important part of effective living. We must learn to do and be willing to do everything for ourselves that we can do. We must not expect nor ask others to do for us what we can do or what we can learn to do for ourselves. Of course, there will be proper times for help from others; however, the maximum of self-help must come first. This does not mean that we can do everything, but we must never fall into

the habit of feeling that "somebody should help me". It is very important to our personal well-being and to the common good that we accept full responsibility for ourselves.

We must learn to accept personal responsibility, to the extent of our capability to do so. We can learn to think for ourselves, to make wise decisions, establish sensible and reasonable goals for ourselves, and we can learn to hold to our well-thought-out convictions. Even though we can never be completely independent, there are many ways in which we must learn to depend upon ourselves.

"The spirit of self-help is the root of all genuine growth in the individual; and, exhibited in the lives of many, it constitutes the true source of national vigor and strength. Help from without is often enfeebling in its effects, but help from within invariably invigorates." - S. Smiles.

The more dependent we permit ourselves to become, the more useless we become. This is true in all ways concerned with our potential for helping ourselves. If, as a continuing practice, other people, or some government or social agency does for us the things we should be doing for ourselves, we will eventually become weak and helpless, or worse.

All of us may need a little help, now and then, but self-help must be our dominant initiative, motivation, and accomplishment.

How to buy, care for linens

There is more to a beautiful bed ensemble than meets the eye. Today's smart shoppers look for quality along with fashion for bed

linens that will keep their good looks.

With exciting colors, distinctive patterns and accessories, bed

ensembles offer more design possibilities than ever before," says Penny Sikalis, director of communications for Wamsutta-Pacific Home Products. "Along with design, informed buyers also consider quality and care when selecting linens that work best for their lifestyle."

Here are the answers to some of the most often asked questions about linens:

Q. What is thread count and how does it affect fabric quality?

A. Thread count is the total number of lengthwise and widthwise threads in one square inch of cloth. The higher the thread count, the stronger, softer, finer and more luxurious the fabric. Counts usually range from 128 to 250.

Q. What is percale?

A. Percale is a smooth, finely combed, closely woven cloth with a minimum of 180 threads per square inch. Supercal is a more tightly woven luxurious and smooth cloth, with 200 threads per square inch. The highest quality cloth has 250 threads.

Q. What about fiber content?

A. Linens are generally produced in 100 percent combed cotton or a blend of cotton and polyester. The most popular blend is 50 percent combed cotton/50 percent polyester, chosen for no-iron practicality, as well as durability and comfort.

Pure cotton is favored for softness and comfort. In recent years, an easy-care finish has been added so that cotton sheets require only touch-up ironing. Fiber content is stated on all packaging for easy reference.

INTRODUCING WEIGHT WATCHERS® NEW 1990



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Yes, it's all part of the New Fast & Flexible Program. It's the Smart way to lose weight and keep it off!

So you see, Weight Watchers New Fast & Flexible Program has it all. It's FAST... it's FLEXIBLE and it WORKS! Join today.



Sheila Falk, Area Director

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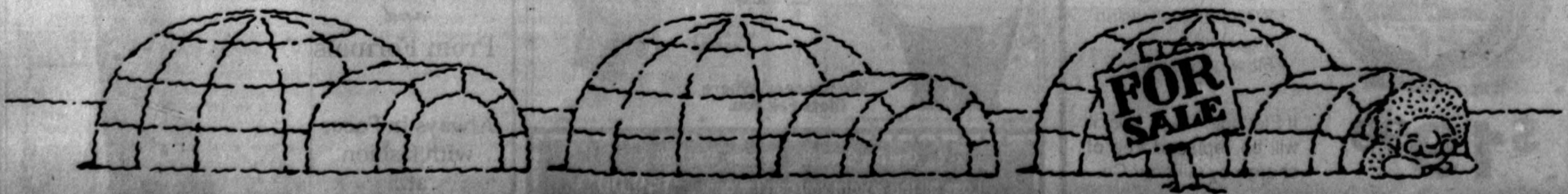
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TAMMY HARDIN, RONNIE GILMORE

June wedding planned

Tammy Hardin of Canyon and Ronnie Gilmore of Amarillo will exchange nuptials June 16 in First Baptist Church of Hereford.

The bride-elect's parents are Jerry and Barbara Hardin of 2019 Plains Ave. and the prospective bridegroom's parents are Paul and Denita Gilmore of Amarillo.

Miss Hardin, a 1986 graduate of

Hereford High School, will receive a degree in elementary education/special education in May from West Texas State University.

Gilmore, a 1985 graduate of Caprock High School, received an associate managers degree from Amarillo College. He is presently employed as a food manager with Arby's Corporation.

School lunch menus

HEREFORD PUBLIC SCHOOLS Breakfast

MONDAY-Cinnamon toast, hash browns, applesauce, milk.

TUESDAY-Sausage pattie, biscuit and jelly, orange juice, milk.

WEDNESDAY-Scrambled eggs, buttered toast, diced pears, milk.

THURSDAY-Little smokies, toast, diced peaches, milk.

FRIDAY-Pancake and syrup, mixed fruit, milk.

Lunch

MONDAY-Burrito with chili, buttered corn, cabbage-apple salad, mixed fruit, chocolate brownie, milk.

TUESDAY-Chicken nuggets with barbeque sauce, vegetable salad with dressing, baked beans, carrot sticks, peach cobbler, hot bread, milk.

WEDNESDAY-Hamburger, burger salad, tator babies, dill pickle slices, butterscotch bar, bun, milk.

THURSDAY-Nacho grande,

lettuce, tomato, seasoned pinto beans, Spanish rice, cinnamon roll, chips and picante sauce, milk.

FRIDAY-Fried fish nuggets with catsup, creamy coleslaw, oven-fried potatoes, sliced peaches, cookie, cornbread, milk.

ST. ANTHONY'S SCHOOL

MONDAY-Spaghetti and meat sauce, green beans, roasted peanuts, cornmeal cookies, garlic toast, milk.

TUESDAY-Tacos, tossed salad, pinto beans, granola bars, milk.

WEDNESDAY-Home made burrito, buttered potatoes, sweet peas, cinnamon rolls, milk.

THURSDAY-Sausage pizza, buttered corn, carrot sticks, apple-sauce, milk.

FRIDAY-Refried beans chalupa, Spanish rice, tossed salad, sliced pineapple, milk.

John Hancock was not merely the first person to sign the Declaration of Independence; he was the only one to sign it on July 4, 1776.

Ann Landers

DEAR ANN LANDERS: I am a 74-year-old woman. My doctor has just told me I have chronic myelogenous leukemia, and he has given me two to four years to live.

Maybe I am crazy, but I haven't shed one tear over this. I have had a good life and am perfectly willing to die. My daughter, however, is devastated. She insists that I am in a state of denial and tells me I should get counseling at once.

I have always dreaded becoming senile, and I believe with all my heart that the good Lord is doing me a big favor. Do you think I am strange for feeling this way?

I don't want to be on any life support machines, nor do I want to be given any medication that will interfere with the normal course of my illness. How can I make certain that my wishes will be respected?

Thank you for whatever help you can give me. You have been such a good friend for so many years, please don't fail me now. -- East Coast Reader

DEAR EAST COAST: I do not think you are crazy. In fact, you sound like a very sensible woman. I, too, have read about instances where the law has overridden the wishes of both the patient and the family and forced artificial feeding on individuals who were brain-dead or in a vegetative state. Too few people know they can protect themselves against such barbarianism. The American Bar Association put together a splendid brochure that is being distributed by the American Association of Retired Persons.

Send a postcard for a free copy of "Health Care Powers of Attorney" (brochure D13895). The address is: AARP, Dept. HCPA, 1909 K St. N.W., Washington, D.C. 20049. The material goes beyond instructions for a Living Will and offers additional protection against what you fear. Good luck and God bless.

I urge all my readers who have this concern to send for this brochure and enjoy the peace of mind that comes with knowing you will be in control of your final days.

DEAR ANN LANDERS: My children have three pet hamsters. They are devoted to these little creatures. "Todd" (age 12) read something in the paper that moved him to tears. The kids are eager to know what Ann Landers thinks of this, and so am I. Here's the story:

A family in Salem, Ore., had a pet hamster named Bud. Hamsters are supposed to live to be about 2 years old. Bud, however, was 4 and getting decrepit. The mother was advised by someone at the pet store to put the animal to sleep by placing him in the freezer. She wrapped Bud in a cloth, put him in a paper bag and stuck it in the freezer.

The next morning, the mother opened the door of the freezer and out fell Bud. He stood up on his hind legs and seemed to look accusingly into the eyes of the woman who had placed him there. She was shocked.

Bud had chewed through the sack and dined all night on the goodies he found around him. He seemed to be in fine condition, none the worse for his ordeal.

The children were thrilled to see their little friend alive and well. They all agreed that they would let Bud live out his years and not rush things.

What do you think of a mother who would do such a thing? -- Antioch, Calif.

DEAR ANTIOCH: The mother showed poor judgement when she called a pet store and accepted the word of whoever answered the phone. She should have called a veterinarian who would have told her to take the hamster to the Humane Society to be put to sleep. All's well that ends well, however, and I, too, am glad that Bud made it.

What can you give the person who has everything? Ann Landers' new booklet, "Gems," is ideal for a nightstand or coffee table. "Gems" is a collection of Ann Landers' most requested poems and essays. Send a self-addressed, long, business-size envelope and a check or money order for \$4.85 (this includes postage and handling) to: Gems, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, send \$5.87.)

Society to host luncheons

The Deaf Smith County Historical Society is hosting the annual April luncheons at the E.B. Black Historical House.

The gourmet meals are priced at \$7.50 per plate. They will be served at noon each Tuesday and Thursday during April to groups of at least 20 and not more than 32. There will be limited days for small individual groups of two, four, etc.

Reservations, which are required, may be made by calling the Deaf Smith County Museum at 364-4338. In conjunction with the county's 100th birthday celebration, a special style show will be presented during each meal.

The real name for the Statue of Liberty is "Liberty Enlightens the World."

Local merchants hope the government doesn't act to encourage abandoned buildings.

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Sure, you could go on stumbling through the housing market. Running into dead ends and getting cornered with too little information.

Or you could nail down that new home the easy way. By consulting an experienced real estate agent.

An agent can point out options you may have missed. Get you inside interesting homes that you may never have seen otherwise. Even do a lot of the groundwork, so you don't have to.

Like researching financing packages. Checking through the multiple-listing service for homes that fit your needs -- and your

pocketbook. Negotiating with the seller. And arranging for inspections. He or she will even be there at closing!

So instead of forging ahead without knowing what's out there, get some help from an expert. A real estate agent.

Inside *The Hereford Brand*, you'll find both qualified agents and valuable information about home buying. Everyday, the real estate classifieds list many properties and agents. And *The Brand's* Sunday housing section examines the latest market trends and housing opportunities.

With the right guide, hitting your mark can be child's play.

THERE'S MORE *Hereford* IN THE BRAND.

313 N. Lee

364-2030

HUDHOMES

Real Values In Real Estate

HEREFORD

SUBJECT TO AVAILABILITY

BID OPENING IS OPEN TO THE PUBLIC

EXPIRATION DATE: TUESDAY, MARCH 27, 1990 - 4:45

BID OPENING DATE: WEDNESDAY, MARCH 28, 1990 - 9:00 AM

ADDRESS	FHA CASE NUMBER	BEDRM	BATH	PRICE	**PAINT
430 PALOMA LANE	494-103799-221	3	2	\$19,450	*/CASH

HEREFORD

EXTENDED LISTING

BIDS RECEIVED DAILY BY 2:30 PM OPEN DAILY AT 3:00 PM

121 ASPEN	494-160395-703	3	1	\$34,200	*
807 BLEVINS	494-099286-203	3	1	\$19,300	*
1506 BLEVINS	494-112614-203	3	1	\$27,200	*/***
433 BARRETT	494-124854-221	2	1	\$12,150	*/CASH
516 IRVING	494-149182-703	3	1	\$13,900	*/CASH

*LBP INDICATES THE PROPERTY MAY CONTAIN LEAD-BASED PAINT

**INDICATES FLOOD INSURANCE REQUIRED

***PROPERTY HAS DEFECTIVE PAINT, WHICH IF NOT YET TREATED AS PRESCRIBED BY HUD, WILL BE TREATED PRIOR TO CLOSING.

IMPORTANT INFORMATION

Purchasers must obtain their own financing for all sales. Please contact a real estate agent of your choice to see or bid on any of the properties listed. These properties may contain lead violations. HUD reserves the right to reject any and all offers or to withdraw properties prior to bid opening. HUD reserves the right to waive any informality or irregularity in any bid. HUD will not pay for a title policy. EARNEST MONEY DEPOSIT IS \$500

Now's your chance to take Advantage of the excellent Real Estate values offered by HUD

EXTENSION OF SALES CLOSING DATE

HUD requires that all sales be closed within 60 days of contract acceptance date. Title companies have been instructed to cancel any outstanding contracts on the 61st day. If an extension is needed prior to the 60 day period, Brokers must request an extension on the form provided by HUD, together with a check for \$210.00 representing a 15-day extension at \$14.00 per day. This must be received by the title company, prior to the 60th day or the sale will be canceled.

NOTICE TO POTENTIAL PURCHASERS AND HUD PARTICIPATING BROKERS

A contract has been awarded for sales closing services in the Hereford area. Effective 5/15/89 all closing for HUD owned properties will be executed at:

Gear Brouter
6501 140 West Building
Amarillo, TX 79105

Phone 806-356-7661
Office Hours: 8:30 Monday thru Friday
MORTGAGE COMPANIES SHOULD CALL JOAN SCHILLING AT 806-356-7661 TO PROVIDE INFORMATION NECESSARY FOR DFDLO PREPARATION.

ONLY PROPERTIES LISTED IN THIS ADVERTISEMENT ARE AVAILABLE FOR SALE.

THE LISTING PRICE IS HUD'S ESTIMATE OF FAIR MARKET VALUE, HUD RESERVES THE RIGHT IN ITS SOLE DISCRETION TO ACCEPT OFFERS LESS THAN THE LISTING PRICE, BUT ONLY THE HIGHEST ACCEPTABLE OFFER WILL BE CONSIDERED.

"HUD properties are offered for sale to qualified purchasers without regard to the prospective purchaser's race, color, religion, sex or national origin. Interested persons should contact the broker of their choice."

If bids are not accepted on the listings, they will automatically go to Extended Listing status after the bid opening. All Extended Listing offers will be opened each work day after 2:30 PM.



Equal Housing Opportunity

HUD IS NOT RESPONSIBLE FOR ANY ERRORS OR OMISSIONS THAT MAY APPEAR IN THIS AD.

HUDHOMES

Real Values In Real Estate
DEPARTMENT OF HOUSING
AND URBAN DEVELOPMENT
HUD PMA 1205 TEXAS AVENUE
LUBBOCK, TEXAS 79401-4093
806-743-7276



How to cope with PMS

Among women of child-bearing age, upward of 70 percent may experience some form of premenstrual syndrome (PMS).

For many women, PMS is more of an annoyance than a problem. Yet about four women in 10 may notice temporary mental or physical distress. And for a minority of women, PMS can impair relationships, social activities and performance at work.

A condition this widespread demands attention. Medical journals have covered PMS since the 1930s, but scientific data remain controversial and incomplete. Today, physicians recognize PMS as a medical condition involving both physical and psychological factors.

There is no single, automatic cure for PMS. Your choices about food and exercise can help you cope with PMS, but successful treatment often includes a variety of approaches.

Premenstrual syndrome involves the cyclic recurrence of physical, psychological or behavioral symptoms. They typically begin about midway in the menstrual cycle and disappear a few days after the onset of menstrual bleeding.

The most common symptoms include fluid retention, irritability, depression, anxiety, food cravings and pain or tenderness in the breasts. Constipation, headache, impaired concentration and a sense of clumsiness also may occur.

The onset of PMS is insidious, often starting in your middle to late 20s; symptoms tend to disappear by your late 30s and early 40s.

Some factors increase your risk of developing PMS: complications during pregnancy, delivery of multiple siblings (such as twins or triplets), abuse of alcohol or other drugs and a history of mood disorders, such as depression during the winter months.

The exact cause of PMS, however, remains unknown. Most researchers believe it is a physical disorder aggravated by environmental and personality factors.

Theories of nutritional deficiency (magnesium and Vitamin B-6, in particular) remain unproven. Stress, your attitude toward menstruation and the way your loved ones

respond to the effects of PMS can affect your condition.

There are no tests to confirm the diagnosis of PMS. However, a medical examination can rule out conditions that could mimic some aspects of PMS such as menopause, high blood pressure and pelvic inflammatory disease. Be prepared to maintain charts of your body temperature (to determine the times of ovulation) and the severity of your symptoms.

STEPS FOR COPING

Although there is no clear-cut "cure" for PMS, these approaches can help:

Understand your condition:

You'll appreciate the reassurance that PMS is not a figment of your imagination and that it does not represent a more serious problem such as cancer.

Understanding the physiological changes that occur during the menstrual cycle can give you a sense of confidence and control.

PMS support groups can help you realize you are not alone, and provide valuable tips for coping with the condition.

Manage stress:

Daily aerobic exercise can help relieve stress and anxiety. Other techniques include yoga, deep breathing exercises, biofeedback and warm baths. When possible, try to avoid making major decisions during the period when PMS symptoms are most severe.

Ask about medications:

Depending upon the severity of your symptoms, your doctor may prescribe medications to treat specific problems.

Experts debate the value of progesterone, a female hormone, in treating PMS. The use of diuretics (water pills) and tranquilizers also is controversial. Oral contraceptives relieve PMS symptoms for some women—but worsen the problem for others.

The key to managing PMS lies within your own personal approach. Working with your primary physician, who can refer you to other specialists, your loved ones and a support group can give you a balanced perspective for coping with the condition.



MICHELLE MASON, LEE BROCKMAN

Wedding date set

Michelle Alice Mason and Lee Brockman, both of Austin, plan to wed July 21 in St. Austin's Catholic Church in Austin.

The bride-elect is the daughter of Paul and Reni Mason of 323 Centre and the prospective bridegroom is the son of Donna Brockman of 843 Irving and the late Allan Brockman. Miss Mason, a 1987 graduate of

Hereford High School, is presently seeking a mathematics degree at the University of Texas in Austin. She is employed by Extend-A-Care.

Brockman, a 1985 HHS graduate, graduated from the University of Texas in 1989 with a BBA degree in marketing. He is enrolled in Teachers Certification at Southwest Texas State University.

Hints from Heloise

BACTERIA BUILD-UP

Q. An odor comes from my kitchen sink. I have washed it out and even cleaned under the sink. Any suggestions on getting rid of it? — Bertha Davis, Hillsborough, N.C.

A. The problem may be a buildup of bacteria in the drain.

Pour some bleach down the sink and let sit for several hours to kill any bacteria that may be present. Then run hot water for at least 60 seconds.

If you have a garbage disposal, unplug the unit and remove the rubber splash guard that is located in the sink drain and wash it thoroughly, especially the underside. Then run a lemon or orange rind through the

disposal for a sweet-smelling sink. These splash guards are inexpensive and you may want to buy a new one.

A recent issue of my Hints from Heloise Newsletter contains more kitchen-cleaning hints. For this issue, send \$2 and a stamped (45 cents), self-addressed, legal-sized envelope to Newsletter/Cleaning, P.O. Box 19765, Irvine, CA 92713. — Heloise

For stubborn refrigerator odors, place a coffee can filled with charcoal on a refrigerator shelf for several days. Repeat with fresh charcoal until odor is gone.

HCR

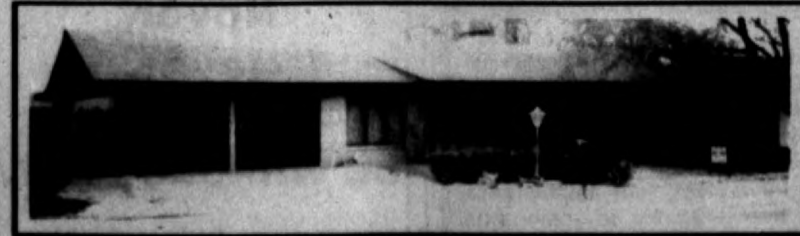
SMALL DOWN PAYMENT - FHA assumable loan, \$231.00 month, owner leaving town, immediate possession.
3 BEDROOM - Beautiful home on Centre St. Only \$58,000.00.
REPO IN THE COUNTRY - With acreage, only \$17,000.00
2 BEDROOM - Remodeled, in great shape, Only \$27,000.
BUILDER SAYS SELL! - Brand new home on Quince, beautifully decorated, priced at \$85,900.
2900 SQ. FT. - Elegant home on Douglas, only \$85,000.
3 BEDROOM - 2 bath, over 2,000 sq. ft., fireplace, unique floor plan, \$75,000 on Elm.

Multiple Listings Member
 110 N. 25 Mile Ave. Suite C

HENRY C. REID - 364-4666
 JUSTON McBRIDE - 364-2798
 JOEL SALAZAR - 364-4575
 BRANT REID - 364-7356

364-4670
 OPEN 8:30 - 5:30
 MONDAY - SATURDAY

SPOTLIGHTING OUR NEW LISTINGS



133 CHEROKEE

SELLER NEEDS TO MOVE - Home features most buyers want. Cathedral ceiling in the den, built in bookcases and desk. MBR has separate vanity and full bath WB/fireplace, humidifier, storage building. Over 1900 sq. ft. for \$65,000.00

New Rock Bottom Price - It's a buyer's market and this is a super buy. 3 bdr. 1 1/2 bath, free standing fireplace, redwood deck in backyard. Ceiling fans, storm windows and doors for energy efficiency. Around 1500 sq. ft. Terrific buy.

Douglas Street Beauty - With so many special features! The kitchen-dining area is absolutely one of the prettiest in town - features raised ash panelling on the cabinets, dish and huge china hutch. Back to back den and game room with dbl. fireplace.

Betty Gilbert
 364-4950

Marilyn Culpepper
 364-4009

Terry Huffaker
 364-0986

Don C. Tardy
 578-4408

Glenda Keenan
 364-3140

Wayne Keeter
 364-6216

MLS

803 W. 1st, Hwy. 60

Don C. Tardy Company

Insurance & Real Estate
 1-800-344-4561

364-4561

Mike Paschel
 364-4327
 578-4616 (mobile)

Sunrise service planned

The Bippus Extension Homemakers Club met recently in the home of Mariellen Homfeld with plans being made for the Easter sunrise service.

The services will be held at the Bippus Community Building on April 15.

After a brief business meeting, Homfeld presented a program on

dyslexia.

Members plan to attend the Homemaker College and the district meeting in Hereford on April 9-10.

Juanita Koetting was welcomed as a guest.

Members present were Kathy Hammock, Kate Bradley, Homfeld, Rhonda Hewitt and Candy Hewitt.

Applications available

Applications for the Berta Ottesen Scholarship from the Hereford P.E.O. Chapter FO are now being offered to graduating Hereford High School senior girls. This organization is an international association of women who desire to help further the education of all women.

The applications may be picked up and returned to the counselor's office or one of the members. Dean Bradley at 364-1265 or Helen Langley at 364-3486.

The deadline for completed applications is April 10.

The P.E.O. chapter annually awards a scholarship to a graduating senior

girl, basing the selection on moral character, scholastic achievement, financial need and ambition.

Previous scholarship recipients were Monica Grov'egut, Josie Fogo, Kathy Matthews, Melissa O'Rand, Sandra Zepeda, Dallas Phillips, Bethany Boyd and Kim Sims.

BIRMINGHAM, Ala. (AP) - As a boy, Hank Williams Jr. enjoyed hunting and fishing in southeast Alabama. Now he wants to help flood victims in that region.

The rain-swollen Pea River swept away parts of a levee surrounding Elba last weekend and inundated the town.

FOR RENT - 117 Greenwood, \$550 per month, \$250 deposit, would sell and owner finance.
143 IRONWOOD - Lots of extras for the \$\$\$. Workshop, sprinkler, swimming pool, \$52,500.
430 AVE. G. - Sharp 3 br, owner will help with closing costs, immediate possession.
110 OAK - New listing, basement, comfy den, enclosed patio, built-in hutch, \$85,900.
532 SYCAMORE - Assume this 10% FHA Loan, \$439.00 per mo., \$5600 equity, \$44,500.
122 ASPEN - Corner fireplace, auto sprinkler system, storm cellar, new carpet, \$44,900.
364-7792
 Mark Andrews 364-3429
 David Hutchins 364-5565
 R MLS

How to garden by mail

Thousands of gardeners will soon be planning this year's garden and landscape designs in the comfort of their own homes.

With over 100 plus mail order seed and nursery companies who are members of the Mailorder Association of Nurseries, consumers can purchase virtually everything they need for their gardening or landscaping enjoyment: flower/vegetable seeds; shrubs/ground-covers; ornamentals/nut and shade trees; gardening chemicals/supplies; equipment--tools (hand/power); aquatic plants; perennials; fruits--

shrubs/trees; bulbs; gardening magazines and books.

The most obvious reason to "garden by mail" is convenience, but there are several other valuable considerations:

1. Quality--Most of these firms maintain test facilities (germination and special storage), conduct extensive trial grounds, pack in special containers and provide a wide selection of varieties to choose from. Most provide planting guides written by horticultural experts to provide you with the most accurate information necessary to experience success.

2. Special varieties--In many cases, special varieties have been developed by researchers and are available exclusively from one company.

3. Competitive prices--You can compare prices in the comfort of your own home. Because of volume buying and advance contracting, these mailorder companies are able to offer competitive pricing.

4. Hard-to-find varieties--You can locate many "hard to find" and unusual varieties by mail.

5. Reliability--These companies' years in the industry speak for themselves. They make a commitment to have your merchandise delivered to your door at the proper planting time, satisfaction guaranteed.

Mailorder companies offer service in the comfort of your home, quality, special varieties, special prices and reliability.

Cool off with trees

Human beings have always appreciated trees, not only for their beauty, but also for their cool, refreshing shade in the hot summer months. According to the American Association of Nurserymen, homeowners interested in conserving energy are taking advantage of nature's shade-producers, by strategically landscaping their homes so that trees serve as sun shields.

Trees massed on the west and south sides of a house provide maximum protection from the sun, thus cooling the house and cutting air conditioning costs. Your local nursery retail/garden center can give you the guidance you need to choose the best shade trees for your location and your needs.

WE DELIVER!

No matter where you live, we bring you our area's #1 source of news and information.

Call today for subscription
 364-2030

The Hereford Brand



CLASSIFIEDS

364-2030

THE HERFORD BRAND Since 1901

Want Ads Do It All!

YOU WANT IT, YOU GOT IT CLASSIFIED

364-2030
313 N. Lee

CLASSIFIED ADS

Classified advertising rates are based on 14 cents a word for first insertion (\$2.00 minimum), and 10 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy charge, straight word ads.

TIMES	RATE	MIN.
1 day per word	.14	2.00
2 days per word	.24	4.00
3 days per word	.34	6.00
4 days per word	.44	8.00

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid word lines—those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$3.95 per column inch; \$3.25 an inch for additional insertions.

LEGALS

Ad rates for legal notices are 14 cents per word first insertion, 10 cents per word for additional insertions.

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1-Articles For Sale

ANDERSON'S ANTIQUES & MALL
First week-end of every month starting April 7th & 8th. Everything from depression glass, comics, antique medical equipment, even a Murphy bed. Lots of unique crafts. Also check out our monthly antique & collectible fair. Inside & out. For booth space Call 655-2146. Come Join The Fun 1701 5th Ave. Canyon, Tx.

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 yrs. experience. 364-6617. 40

Reconditioned Rainbow \$269. The New Kirby Legend II \$569. Other name brands used-rebuilt-\$39-up. Sales-Service on all makes-364-4288. 1200

Shaklee Products, see Clyde & Lee Cave 107 Ave. C. Ph. 364-1073. 2580

Save 50%-100% insurance deductibles. Most claims. Windshields installed, repaired. Autos, trucks, tractors, farm machinery. Steve's Paint-Body Shop. 258-7744. 12142

Bedroom furniture, dining table with 6 chairs, mahogany table with 4 chairs, dining table with 2 chairs, 4 extra chairs. Call 364-8745 or 364-2500 12760

Electric fence charger, wire and posts. Carpenter tools and mechanic tools. 15" tires and wheels. Bicycles and parts. Lots & lots of misc. Too much to mention. 320 Ave. C. 12611

For sale: To be moved or torn down for lumber. Old produce shed on New York Street. 276-5291-days; 364-4113 nights. 12702

For Sale: Stereo in beautiful cabinet with 2 remote speakers. 1 eight track stereo with tapes. Phone 364-6510. 12727

Big upright Amana deep freeze, top of the line, self-cleaning, Frigidaire electric stove. Will buy or sell Johann Haviland China Forever Spring pattern from Furr's in 1983. 364-4004. 12756

SHOP & SAVE
at the areas largest selection of used furniture and appliances. 30 day warranty on all sold appliances. Financing available and layaways.
Ben's Appliance
212 N. Main 364-4041

YOCUM UPHOLSTERY & DRAPERIES
discount on large selection of chair materials. Free estimates. 1000 N. Main Avenue. Phone 364-1906

Wooden, woven blind for 71 inch wide by 35 inch deep window. White with orange stripes. In perfect condition. Make me an offer. 364-6957.

Three pink satin formals and miscellaneous young ladies clothes for sale. All in great condition. Please call 364-3490 for information. 12763

For sale: Aluminum Topper for small pickup 62"x76" \$200.00. 364-6489. 12769

Name Brand Piano. Assume \$60-\$70 Pmts. Call 1-800-343-6494. 12778

4-drawer chest, 1 year old, \$75.00. Rust-brown recliner, \$50.00. Beige-brown recliner, \$50.00. All excellent condition. 289-5936.

1A-Garage Sales

Garage Sale Friday & Saturday 418 Ave. I, 8-? Lots of miscellaneous, weather permitting. 12741

2-Farm Equipment

Haygrazer, round baled, sweet sucrose, from George Warner. 276-5291-days; 364-4113, nights. 11574

Want to buy: 940 J.D. Land Plane; 346 J.D. Baler; 4 or 5 bottom J.D. or IHC plough. Call 364-2057. 11818

1200 ft. concrete bunk feeders with welded stand pipes and cable. Call Ron Crist, 364-2937. 12537

For sale: Used Milton Beet Planters. Call 806-364-2811. 12678

For sale: Plastic irrigation tubes, 806-364-2811. 12679

For lease: Sunflower 32' field cultivator. 806-364-2811. 12708

3-Cars For Sale

Low prices on cars everyday. Milburn Motor Co., 364-0077, 136 Sampson. 3970

'87 Chrysler 5th Avenue, low mileage, one owner, \$8000. 364-4388 after 4 p.m. 12669

1986 Chevrolet Spectrum, loaded, excellent condition. 364-0930. 12688

For sale '80 Mack, 237 engine, wet kit, 6 new tires and 4 recaps. 364-6804. 12729

For Sale: 1977 Maverick 4-Door Price \$700. 1980 Ford 1/2 ton Pickup, lots of extras, including C.B. Price \$2750. 364-7700. 12740

For sale: 1983 Oldsmobile Delta 88 Royale Brougham. Power Steering, locks, windows, and seats. 364-6254 or 364-6116. 12758

Honda GL 1,000, very low mileage, mint condition. 578-4459. 12759

78 Chev. 1/2 ton pickup. Very good condition, clean-inside and out. Best you'll ever find for \$2700.00. 143 East First. 12765

1981 Crewcab pickup red Silverado Chevrolet, 454 Motor Automatic Trans. Loaded. Call 364-2948 or 1-655-7073. 12771

For sale: 1986 F250 XL Camper package, Ford Pickup, 3/4-ton Loaded Green & Beige, 37,000 miles. Call 364-2948 or 1-655-7073. 12773

Nice clean 1984 Lincoln Town Car. 364-2740 also 364-2197. 12774

Suzuki 4-wheeler for sale, excellent condition. Call Dale after 5 p.m. or weekends 364-5120. 12775

MILBURN MOTOR COMPANY
We pay cash for Used Cars
136 Sampson
Phone 364-0077

NEW & USED
Now for sale at
STAGNER-ORSBORN
BUCK-PONTIAC-GMC
1st & Miles

4-Real Estate

Money paid for houses, notes, mortgages. Call 364-2660. 790

Two houses and two separate corner lots near San Jose Church, one house at 237 Catalpa, 1/2 block, 140x300, that has been cleared on corner of Gracey & Sampson. Call 364-8842. 5470

Call us for FHA and VA repos that are available now. 364-4670. 11752

For sale by owner: Less than \$30 per sq. ft. on Texas St. Large 4 bedroom, 3 bath, plus office plus formals. Recently redecorated. 364-8313. 12101

No Money Down, 3 bedroom, 1 bath, 1 car garage, with fenced yard good neighborhood. Must have steady job. Call for details. Call 364-3209. 12237

Investment Property for sale. Positive cash flow, low maintenance, \$11,000 equity. 364-4542. 12528

RETIREMENT LIVING AVAILABLE FOR RENT NOW!

Remodeled Two bedroom, One Bath, Brick Home with Attached Garage.

- *Living Space of 1,100 Sq. Ft.
- *Separate Living, Dining and Kitchen Areas
- *Storage Room and/or Office
- *Large Utility Room
- *Open Concrete Patio
- *Detached Carport and Additional Storage Area
- *Utilities Paid
- *Yard Care Provided

Call 364-0661 For An Appointment To See This Residence.

Call us received between the hours of 8:00 A.M. to 12:00 Noon and from 1:00 P.M. to 5:00 P.M., Monday through Friday.

King's Manor
Methodist Home, Inc.
P.O. Box 1999, 400 Ranger Dr.
Hereford, Texas 79045

HOUSE FOR SALE BY OWNER
3 Bdrm + 1 room possible for 4th bedroom - 2300 sq. ft. huge den lots of closet space sprinkler system extra building for storage in back.
CALL 364-6518 AFTER 5

FOR SALE BY OWNER
Very nice 3-2-2, new paint and paper, vert. blinds, fireplace, insulated storage bldg., large nice yard, quiet neighborhood. Low equity & assumable note. 711 Cherokee. Phone 364-6362 for ap.

3 Acres, 3 Bdrm., home, 2 mobile spaces, domestic well. S. Hwy. 385. Estate wants offer.
2 bdrm. brick home, ref. air, central heat, vacant, ready to occupy. Estate wants offer.

HAMBY REAL ESTATE
Gerald Hamby-Broker
364-3566
Equal Housing Opportunity

FOR SALE BY OWNER
Large home with 4 isolated bedrooms, 3 bath, 3 car garage, sprinkler system, steam room with Jacuzzi. Priced to sell. Will consider trade for smaller home.
CALL 364-5311

FOR RENT
Countryside Village Apartments-400 Jack Griffin Avenue-1 & 2 Bedroom apartments for senior citizens, located adjacent to Hereford Senior Citizens Center-Central Heat & Air, security system, yard maintenance, assistance available on some units.
Equal Housing Opportunity
364-1255

Why pay rent? 3 BR 1 3/4 bath, 2 car attached garage, fireplace, fenced back yard. 233 NW Drive, 625/mo with 125/mo credited toward purchase. 364-7526 8-5 or 364-3118 evenings & weekends. 12600

For Sale: Country home. 3 bedroom, 2 bath. New carpet, paint, wallpaper. Horse pens with stalls. 578-4522 after 6:00. 12609

By owner in country. Large 3 bedroom, 2 bath. Approximately 2600 sq. ft. All large rooms, formal dining, sun room, underground sprinkler, one acre land, less than six years old. Call after 6 p.m. or leave message 276-5687. 12620

For rent on willow Ln. \$600.00 per month or on Ranger for 350.00 per month. Call HCR Real Estate, 364-4670. 12622

"ATTENTION-GOVERNMENT HOMES from \$1 (U-repair). Delinquent tax property. Repossessions. Call 1-602-838-8885 Ext. GH 1488. 12646

Houses to be moved, 2 B/R, new roof, \$2250, 2 room \$1750, Small 2 Room, 41250, Price includes moving, 352-8248 after 6 p. m. 12671

Two sections, ten miles NNW of Hereford, 858 acre grain base, 8 irrigation wells, underground lines, home, barn, corral, \$625 per acre. 409-543-5636. 12718

For sale by owner: 6 3/4 acres, 3 bedroom, 2 bath, single garage, storm windows, South Kingwood. 364-1131 or 364-6164. 12722

For sale at Ute Lake, 3 acres. Utilities available, excellent location, reduced price-Will carry-Call 806-289-5544 or 289-5323. 12742

201 Ave. B, two story, possible owner finance with low down & payment less than \$400. Call Carol Sue LeGate, 364-3527 or 364-8500 12709

House \$1.00. No Mortgage to worry about, or even a single monthly payment. Full price one dollar. Little known program, get the facts. Amazing recorded message reveals details. Call anytime 1-900-456-4567. 12777

New Listing, large den with vaulted ceiling, large master bedroom, neat patio area in backyard. House is immaculate. Call 364-3527 or 364-8500. 12781

Small down payment, FHA assumable loan, \$231.00 month, owner leaving town, immediate possession. Call HCR 364-4670. 12784

3 bedroom beautiful home on Centre Street. Only \$58,000. Call HCR Real Estate. 364-4670. 12785

Repo in the country with acreage. Only \$17,000. Call HCR Real Estate, 364-4670. 12786

4A-Mobile Homes

For sale: 14x75' mobile home, 2 full baths, 3 bedroom. Pay some equity, take over payments. Inquire at 1621 17th after 1:00 p.m. please.

Attention First time home buyers-2 & 3 bedroom mobile homes. No credit needed. We deliver. Call 806-894-7212. 12511

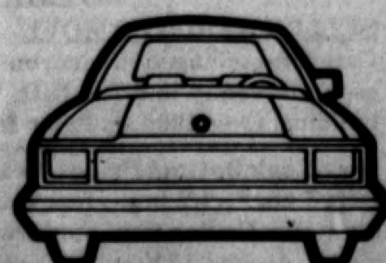
Repos...Repos...Repos...Finance company desperate to sell. No credit, no problem. We deliver. Call 806-894-8187. 12512

2 & 3 bedroom mobile home for sale. Low down payment, low monthly payments. Call 364-2660.

5-Homes For Rent

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$275.00 month. 364-8421. 1320

Never, never, never be without a car.



Rent.

There's no reason for you to be "wheel-less." Not when renting a car from us is so fast, easy and economical. We'll give you quick, courteous service. And a highly competitive rate, by the hour, day, week or longer. Call us and reserve that car you need. Remember, we're a neighborhood merchant. We want and appreciate your business. Our service and rental rates will prove it.

Whiteface Dodge/Chrysler
N. Highway 385 364-2727

Self-lock storage. 364-8448. 1360

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

One and two bedroom apartments. All bills paid except electricity. 364-4332. Eldorado Arms 820

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Paloma Lane Apts. 2 bedroom available, clean, well cared for, reasonably, \$170 deposit, no pets, EHO, 364-1255. 6060

Saratoga Gardens, Friona low rent for needy families. Carpet, laundry facilities. Rent starts \$265, bills paid. Collect 247-3666. 11785

Two bedroom, two bath with carpet, central gas heat, fridge & stove provided. \$255/mo, 364-3209. 11983

Arbor Glen Apartments, 1 & 2 bedrooms, kitchen appliances furnished, security system, covered parking, 364-1255. 12025

For rent: Executive Apartments, no pets. 3 bedroom, 2 full baths with fireplace. Call 364-4267. 12152

3 bedroom, 2 bath with central gas heat. Carpeted, washer/dryer hookup, stove and fridge provided. We accept Community Action. 364-3209. 12207

3 bedroom, 1 1/2 bath for the price of a two bedroom. Has washer/dryer hookups, stove & frig. provided. Fenced yard. We accept community action. 364-3209. 12419

4 bedroom house, garage, bath & half, utility room, dishwasher, stove, basement, fireplace, NW area, 364-4370. 12434

Immaculate 2 BR fully furnished apt. Pay your own bills. 364-8823. 12460

Large mobile home lot for rent on edge of city limits. 364-4431 before 6. After 6 call 258-7324 or 364-6410. 12478

One bedroom furnished apartment, \$185 monthly, deposit \$100; no pets, Call 372-9993. 12589

3 BR, 1 3/4 bath, 2 car garage, fireplace. \$550/mo plus \$200 deposit. 364-7526 8-5 or 364-3118 evenings & weekends. 12599

2 BR 1 bath located at 125 Ave. B, 300/mo plus 150 deposit. Water paid. 364-7526 8-5 or 364-3118 evenings & weekends. 12601

2 Bedroom, 1 bath, 1 car garage brick home. Like new. Good neighborhood. \$325 mo. Close to 15th St. 364-3209. 12626

Two bedroom apartment, stove & refrigerator, fenced patio, laundry facilities, cable & water paid. 364-4370. 12681

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Lots located Stous, Cherokee Sta., Ave. G&H
Doug Bartlett, 415 N. Main
364-1483-Office
364-2937-Home

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Leave the expenses of the taxes, insurance repairs & maintenance and yard work to us!!

MASTERS APARTMENTS

1, 2, 3 Bedrooms
Cable, Drapes, Dishwasher, Stove, Dishwasher, Carpet

TOWN SQUARE APIS

1, 2, 3 Bedrooms
Cable, Drapes, Dishwasher, Stove, Dishwasher, Carpet

2 bedroom apartment, stove & refrigerator, dishwasher, disposal & fireplace, fenced patio. Water & gas paid. 364-4370. 12683

2 bedroom duplex, refrigerator, fenced yard, water & gas paid. 364-4370. 12684

Need extra space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available. 364-4370. 12685

Special move in rate, two bedroom apartment, washer/dryer hookup, stove and refrigerator, water paid. 364-4370. 12686

Tidy 3 bedroom, 2 bath home, 2 car garage, fenced yard. Call 364-2660. 12694

For rent: One bedroom house, 218 Ave. I. Partially furnished, water paid, \$165 monthly plus \$50 deposit. Call 364-8745 or 364-2500. 12705

For rent: 3 bedroom, 1 1/2 bath. Must have references. Days-364-1274; nights, 364-3750. 12724

One bedroom apartment at 123 Ave. B, all utilities paid. Stove & fridge furnished. \$230/mo. plus \$100 deposit. 364-7526 8-5; 364-3118 evenings or weekends. 12731

For rent: Small One bedroom furnished house. Large fenced yard, washer/dryer hookup, quite neighborhood, \$150.00. mo. 364-4744. 12737

2 bedroom house, 816 Knight with stove & refrigerator furnished. \$200.00 monthly, \$100.00 deposit. 364-6489. 12768

2 bedroom house for rent, \$200/monthly, \$50 deposit, 431 Mable. 276-5360. 12779

6-Wanted

Wanted: Field trucks to haul potatoes in June. Need chain or conveyor system. Will furnish beds if needed. Also need someone with potato harvester with custom harvest. 817-422-4651. 12562

Horses's wanted. Gentle or wild, young or old, To sell call 655-9307, Canyon, Tx. 12661

7-Business Opportunities

CANDY & SNACK DISTRIBUTORSHIPS
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CASH INVESTMENTS
\$2,000 - \$50,000
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Matco Tools. Fast growing and successful distributorship available for this area. High income potential, opportunity for advancement. No franchise fees. Invest in your future by calling Charles White, 1-800-833-5482 today. 12665

VENDING ROUTES
Cash Business
Limited Local Routes Available
Potential Earnings of \$600-\$900 Per Week
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VENDING ROUTES
Cash Business
Limited Local Routes Available
Potential Earnings of \$600-\$900 Per Week
1-800-866-7626

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MASTERS APARTMENTS

1, 2, 3 Bedrooms
Cable, Drapes, Dishwasher, Stove, Dishwasher, Carpet

TOWN SQUARE APIS

1, 2, 3 Bedrooms
Cable, Drapes, Dishwasher, Stove, Dishwasher, Carpet

CLASSIFIEDS

364-2030

COLLEGE MONEY AVAILABLE OVER \$4,000,000,000 IN FREE SCHOLARSHIPS AND GRANTS. FOR DETAILS CALL 1-513-293-9810 EXT. 1201A 24HRS.

8-Help Wanted

Texas Refinery Corp. needs responsible person now in Hereford area. Regardless of experience, write L.A. Pate, box 711, Ft. Worth, Tx. 76101. 12642

ATTENTION-Hiring! Government jobs - your area. \$17,840-\$69,485. Call 1-602-838-8885. EXT R1488. 12645

***ATTENTION:** Earn money watching TV! \$32,000/year income potential. Details. (1)602-838-8885 Ext. TV-1488. 12647

***Airlines now hiring!** Flight attendants, many other positions! \$17,500-\$58,240. Call (1)602-838-8885 Ext. X-1488. 12648

Town & Country is looking for full time and part-time employees. Starting pay is \$4.00 per hour. Apply at 100 S. 25 Mile Ave. 12672

Help Wanted: LVN Charge Nurse needed. Top starting salary. Golden Plains Care Center. 364-3815. 12692

BE ON T.V. many needed for commercials. Now hiring all ages. For casting info. Call (615)779-7111 Ext. T-494. 12721

Feedyard needs a bookkeeper with computer experience. Send resume to P.O. Box 192, Dimmitt, Texas, 79027. 12732

Taking application for line person, must have cashier experience. Apply in person 101 W. 15th. 12739

Girl Friday Secretary needed, good working conditions, 40-hour week, pay based on experience, send resume to Box 673XYZMC. 12762

Wanted Farm Hand experience in irrigation, references required, Fred Brown, 806-248-7964, Groom, Texas. 12764

DISTRIBUTORSHIP AVAILABLE
A representative of the world's largest manufacturer of fire and safety equipment now has an immediate opening in the Hereford area. Up to \$60,000 first year. Complete training provided. Call 806-355-6246. Ask for Mr. McGee.

Full-Time and Part-Time position open for RN supervisor in-home worker 8AM-5PM Monday-Friday and may reside in any area town. Mileage reimbursed. Incentive program. Excellent Benefits. Call 1-800-869-9887

Make approximately \$200/day. No investment required. Need person 21 or older, club/civic group to operate a Family Fireworks Center June 24-July 4. Call: 1-800-442-7711. 12454

Town & Country Food Stores is looking for a well qualified person to manage their store in Hereford. Applicants must have retail management experience & work extremely well with customers & employees. Starting salary is \$1800 monthly. Benefits include Health Insurance, Long Term Disability Insurance, paid vacation, sick leave, retirement plan & stock options. Send resume to Manager P.O. Box 148, Hereford, Tx. 76044 or pick up application at Town & Country 100 S. 25 Mile Ave.

Need full-time LVN Charge Nurse for 3-11 shift. Modern up-to-date facility with superior rating from Texas Department of Health. Group insurance, meals, life insurance and 2 weeks vacation after 12 months employment. EEOC employer. Contact Jo Blackwell or Joan Ahrhart-RN, DON at Prairie Acres Nursing Home 201 E. 15th, Friona, Tx., 79035

CALL 806-247-3922

9-Child Care

KING'S MANOR METHODIST CHILD CARE
State Licensed
Qualified Staff
Monday-Friday 6:00 a.m. - 6:00 p.m.
Drop-Ins Welcome with Two Hours Notice.
MARILYN BELL
Director
364-0661
400 Ranger

HEREFORD DAY CARE
State Licensed
Excellent program by trained staff.
Children 0-12 years
215 Norton 364-3151
248 E. 16th 364-5062

Experienced child care for children of all ages. Call Bonnie Cole, 364-6664. 6000

10-Announcements

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

Problem Pregnancy Center. 505 East Park Avenue, 364-2027. Free pregnancy tests. Confidential. After hours hot line 364-7626, ask for "Janie." 1290

Adoption: Love & hugs await the child we hope to adopt. Contact Paula & Phil, collect anytime. 215-277-1926. 12324

Adoption: A warm loving home awaits your newborn. Happily married, secure couple who loves children, eager to adopt. Legal, confidential. Expenses paid. Call collect Wendy & Daniel 212-912-1829. 12488

11-Business Service

Defensive Driving Course is now being offered nights and Saturdays.

Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Garage doors & openers repaired. Call Robert Betzen, 1-679-5817. If no answer call 289-5500. 750

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Hearing aid batteries. Sold and tested at Thames Pharmacy, 110 South Centre. 364-2300 weekdays 8:30-6:30 Saturdays 8:30-2:00. 2650

LAWN MOWER REPAIR MAJOR & MINOR
Call ready for the season with a Tune-Up and Oil Change. We pick up and deliver.
276-5683-After 5 p.m.

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Serving Hereford
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Factory Authorized Service
For Most Brands
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Rowland Stables, 840 Avenue F. 364-1189. Stall rental and boarding. We cater to good families and good horses. 2660

Piano tuning and repair. Free estimates. References. E.E. Clark, Box 19202, Amarillo, Texas 79114-1202, Phone 354-8898 2670

Fence repair & hedge trimming. C.L. Stovall, 364-4160. 12531

Urbanczyk Lawn Care. Thatching, aerating. Mowing, shrub trimming, fertilizing. Call Chad or Connie, 364-5351. 12533

For shrub and tree trimming, assorted lawn work, mowing, edging, plowing gardens, and etc. Call Ryders Lawn & Garden, 364-3356. 12709

12-Livestock

Need lightweight cattle for 128 acres of graze out Triticale/gain basis, 364-6880. 12748

For Sale: Approx. 120 acres graze out wheat close to Hereford. Call S. McWhorter, 364-5367. 12770

13-Lost and Found

Lost Black Billfold trimmed with red. Keep money-please return billfold with cards. Return to 300 Douglas or call 364-5728. 12734

LEGAL NOTICES

BID NOTICE
The Hereford I.S.D. will be accepting bids until April 5, 1990, 4:00 P.M. in the Superintendent's office for approximately 400 seats to the West Side (home side) of the football stands. Please call James Montgomery, Maintenance Director for specifications or additional information. Telephone: (806)364-7112 or 364-8629

ELECTION ORDER AND NOTICE THE STATE OF TEXAS COUNTY OF DEAF SMITH
On this the 19th day of March, 1990, the Board of Directors of Deaf Smith County Hospital District convened in regular session, open to the public with the following members present, to-wit:
Ralph Detten, President, Frank Zinser, Jr., Craig Smith, Raymond Schroeder, Margie Ford, Nadir Khuri, M.D. and the following absent: None, constituting a quorum and among other proceedings had by said Board of Directors was the following:
WHEREAS, the term of office of three members of the Board of Directors of this Hospital District will expire on the first Saturday in May, 1990, said first Saturday being May 5, 1990, and on said date a Director election will be held in said Hospital District.
WHEREAS, it is necessary for this Board to pass an order establishing the procedure for filing for and conducting said Director elections;

THEREFORE, BE IT ORDERED BY THE BOARD OF DIRECTORS OF DEAF SMITH COUNTY HOSPITAL DISTRICT:

1. That an election be held in said hospital District on May 5, 1990, for the purpose of electing to the Board of Directors of said Hospital District four Directors.

2. That all requests by candidates to have their names placed upon the ballot for the above mentioned election shall be in writing and signed by the candidate and filed with the Secretary of the Board of Directors at the Administrator's Office not later than 30 days prior to the date of said election.

All candidates shall file with said application the loyalty affidavit required by Art. 6.02 of the Election Code.

The Secretary of this Board of Directors shall post on the bulletin board in the building where the Board of Directors meets the names of all candidates that have filed their applications in accordance with the terms and provisions of this Order, and said Secretary shall otherwise comply with the terms and provisions of Art. 13.32 of the Election Code.

3. That said election shall be held at the following place, and the following named persons are hereby appointed officers for said election:

At the Hereford Community Center, in Hereford, Texas, in said Hospital District, with Cecil Boyer as Presiding Judge and Lupe Cerda, Alternate Presiding Judge.

The polls at the above designated polling place shall, on election day, be open from 7:00 o'clock a.m. to 7:00 o'clock p.m.

4. David Ruland is hereby appointed Clerk for absentee voting. The absentee voting for the above designated election shall be held at Room No. 203, Deaf Smith County Clerk's Office, Courthouse, Hereford, Texas, within the boundaries of the above named Hospital District and said place of absentee voting shall remain open for at least eight hours on each day for absentee voting which is not a Saturday, a Sunday, or an official State holiday, beginning on the 20th day and continuing through the 4th day preceding the date of said election. Said place of voting shall remain open between the hours of 8:00 o'clock a.m. and 5:00 o'clock p.m. on each day for said absentee voting. The Clerk's mailing address to which ballot applications and ballots voted by mail shall be sent, shall be posted.

5. The manner of holding said election shall be governed as nearly as may be, by the Election Code of this state, and this Board of Directors will furnish all necessary ballots and other election supplies requisite to said election.

6. Immediately after the votes have been counted, the officers holding said election shall make and deliver the returns of said election and perform all other duties as provided by the Election Code.

7. The Board of Directors shall give notice of said election, and this combined Election Order and Notice shall serve as Notice for said election. The President of the Board of Directors is hereby authorized and instructed to post or cause to have posted said combined Election Order and Notice at three public places where notices are customarily posted in this Hospital District, and said posting shall be made at least 21 days before the date of said election.

The President shall also cause a copy of this combined Election Order and Notice to be published one time in a newspaper of general circulation in the county where this Hospital District is located. Said publication shall be published at least 35 days before the election.

It is further found and determined that notice of the date, place and subject of this meeting was posted in accordance with the terms and provisions of Article 6252.17

have been complied with and copies of said postings and returns shall be attached to this Order and become a part thereof.

It is further found and determined that in accordance with an Order of the Board of Directors, the Secretary furnished a notice of the date, place and subject of this meeting to the County Clerk of Deaf Smith County, Texas.

The above Order being read, it was moved and seconded that the same do pass. Thereupon, the question being called for, the following members of the Board voted AYE: Ralph Detten, Margie Ford, Nadir Khuri, M.D., Frank Zinser, Jr., Craig Smith, Raymond Schroeder, and the following voted NO: None.

ATTEST:
Ralph Detten,
President, Board of Directors

ORDEN Y AVISO DE ELECCION EL ESTADO DE TEXAS CONDADO DE DEAF SMITH HOSPITALARIO DEL CONDADO DE

En esta dia 19 de Marzo, de 1990, el Consejo de Administradores del Hospitalario del condado de Deaf Smith se reunio en sesion regular, abierta al publico, con los siguientes miembros presentes, a saber:

Ralph Detten, Presidente, Frank Zinser Jr., Margie Ford, Craig Smith, Raymond Schroeder, Nadir Khuri, M.D. onstuyendo un quorum y entre otras actas tomadas por dicho Consejo de Administradores se encuentra la siguiente:

EN VISTA de que el regimen de tres miembros del Consejo de Administradores expira el primer sabado de Mayo de 1990, dicho primer sabado siendo el 5th de Mayo de 1990, y en dicha fecha se llevara a cabo una eleccion de administradores en dicho Distrito escolar.

EN VISTA de que es necesario que esta Consejo pase orden estableciendo el procedimiento para archivar y conducir dicha eleccion de administrador:

POR LO TANTO, SE ORDENA PRO EL CONSEJO DE ADMINISTRADORES DEL DISTRITO HOSPITALARIO DEL CONDADO DE DEAF SMITH:

1. Que se lleve a cabo una eleccion en dicho Distrito Escolar el dia 5th de Mayo, de 1990, para el proposito de elegir cuatro directores al Consejo de Administradores de dicho Distrito Escolar.

2. Que todas las solicitudes de candidatos a que se incluyan sus nombres en la boleta de la arriba mencionada eleccion, se haran por escrito y firmadas por los candidatos y archivadas con el secretario del Consejo de Administradores en la oficina del superintendente antes de los 30 dias anteriores a la fecha de dicha eleccion.

Todos los candidatos deban agregar para que la solicitud sea archivada, el acta notarial de lealtad como lo requiere el

Articulo 6.20 delCodigo Electoral.

El Secretario del Consejo de Administradores debe colocar en la tablilla de avisos en el edificio donde se reune el Consejo de Administradores, los nombres, de todos candidatos que hayan archivado sus solicitudes de acuerdo con los terminos y provisiones de esta Orden, y dicho Secretario deba en toda forma cumplir con los terminos y provisiones del Art 13.32 delCodigo Electoral.

3. Que diada eleccionse llevara a cabo en los siguientes lugares, y los personas nombradas a continuacion se les nombra por la presenta como oficiales de dicha eleccion:

1. En el Community Center, in Hereford, Texas, en dicho Distrito hospitalario, con Cecil Boyer, como Juez Presidente o Lupe Cerda en lugar del juez, y, Escribientes.

4. David Ruland se le nombra Secretario de votacion ausente, se les nombra por esta como Diputados del Secretario para votacion ausente. La votacion ausente para la eleccion arriba designada se llevara a cabo en Cuarto #203, Oficina de Deaf Smith County,

Clerk, Casa DeCorte, Hereford, Texas, dente de los limites del Distrito Hospitalario arriba nombrado y dicho lugar de votacion ausente se mantendra abierto por lo menos ocho horas cada dia votacion ausente no siendo sabado, domingo o dia festivo oficial del Estado, principiando 20 dias y continuando hasta el cuarto dia anterior a la fecha de dicha eleccion. Dicho lugar de votacion se mantendra abierto de las 8:00 a.m. al las 5:00 p.m. horas cada dia de votacion ausente. El lugar arriba descrito para votacion ausente es tambien la direccion postal del secretario de votacion ausente a la cual se podran enviar por carrero solicitudes de boletas y tambien las boletas con votos.

6. Inmediatamente despues de haberse contado los votos, los oficiales a cargo de dicha eleccion deberan completar y entregar los resultados de dicha eleccion y ejecutar todos los deberes como esta provisto por elCodigo Electoral.

7.El Consejo de Administradores dara aviso de dicha eleccion, y esta combinacion de Orden de Eleccion y Aviso servira como Aviso de dicha eleccion. Al Presidente del Consejo de Administradores se le autoriza y ordena por la presente a colocar o causar que se coloque dicha combinacion de Eleccion y Aviso en tres lugares publicos en donde se acostumbra colocar avisos en este distrito Hospitalario, llevandose a cabo dicha colocacion por lo menos 21 dia anterior a la fecha de dicha eleccion.

El Presidente tambien causara que una copia de esta combinacion de Orden de Eleccion y Aviso sea publicada una vez en un periodico de circulacion general en el condado donde se encuentra este distrito escolar. Dicha publicacion se hara no mas de 35 dias anteriores a la fecha de dicha eleccion.

Ademas se encuentra y determina que de acuerdo con una orden del Consejo de Administradores, el Secretario coloco aviso escrito de la fecha, lugar y proposito de esta junta en la tablilla de avisos situada en la oficina central administrativa de esta distrito Hospitalario, un lugar conveniente y facilmente accesible al publico en general, y dicho aviso, habiendose colocado en esta forma, permanecio colocado por lo menos 72 horas anteriores a la hora programada para dicha junta.

Ademas se encuentra y determina que de acuerdo con una oeden del Consejo de Administradores, el Secretario proporciono aviso de la fecha, lugar y proposito de esta junta al secretario del condado. Condado de Deaf Smith, Texas, el condado en el cual residen el mayor numero, sino es que todos los alumnos de esta distrito escolar.

Habiendose dado lecutra a lo anterior, se hizo la moicon y fue secundada para ser adoptada. Despues al llamado sobre esta pregunta, los siguientes miembrosdel Consejo votaron **A FIRMATIVAMENTE:** Ralph Detten, Margie Ford, Nadir Khuri, M.D. Frank Zinser, Jr., Craig Smith, Raymond Schroeder, y los siguientes votaron **NEGATIVAMENTE:** CERTIFICA: Ralph Detten, PRESIDENTE, DEL CONSEJO DE ADMINISTRADORES

Maine is the only state in the United States whose name has one syllable.
Jean Harlow and Clark Gable appeared together in six movies during the 1930s. The first movie was, ironically, titled The Secret Six.



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Abrupt agreement shows Soviet interest

WASHINGTON (AP) - A tentative long-term grain agreement between the United States and the Soviet Union was reached unexpectedly and without any last-minute major concessions from either side.

As recently as Tuesday, reporters were told negotiators were not expected to settle quickly on a new five-year agreement to replace the 1983 accord that will expire Dec. 31. The talks were scheduled for Wednesday and Thursday in Vienna. An earlier round last December was inconclusive.

Agriculture Secretary Clayton Yeutter downplayed the negotiations on the eve of this week's talks, indicating it was unlikely a package would be finalized soon.

But on Thursday, Yeutter and U.S. Trade Representative Carla A. Hills announced in Washington that an agreement in principle had been reached on a new five-year grain pact.

The official signing is scheduled for June when President Bush meets with Soviet leader Mikhail Gorbachev.

"They just came to agreement much quicker than anyone anticipated," said Kelly Shipp, Yeutter's press secretary. "They were just able to wrap it up."

No major obstacles were suddenly overcome, nothing like that, she said. The new agreement, in fact, tracks pretty well with the current version.

In December, the Soviets wanted to add grain prices to the new pact, Shipp said. That was rejected by the U.S. negotiators. The current agreement and those in the past omitted those prices.

"We've always stuck to competitive pricing or world markets, something like that," she said. "When they went into this, it was expected there would be additional meetings."

Shipp said the sudden decision by Moscow to settle the grain question suggests the Soviet Union wants to be around a long time as a customer of the American farmer. "They still want to be in our long-term market," she said.

Shipp said there have been rumors of growing Kremlin disinterest in the U.S. agricultural market, partly because of financial programs and

possible commitments to other suppliers.

The major change from the current agreement, she said, will be to increase the annual minimum shipments of U.S. grain to the Soviets to 10 million metric tons, from nine million tons under the current agreement. That will guarantee 50 million tons over the five years, compared with 45 million tons under the old terms.

Soviet purchases in most years have exceeded the required minimums. In 1988-89, for example, sales were more than double the specified minimum in the current pact.

Howard Lyman, a lobbyist for the National Farmers Union, said the new pact was in line with the group's support of such long-term agreements. "We think it's great," he said.

John A. Schnitker, a private analyst and consultant, questioned whether the agreement with Moscow is needed at all. The new version, he said, is "a little more flexible, a little bigger" and will provide "some assurance and some stability" for American farmers.

"But I've never considered these agreements to be necessary for

continuation of trade," he said. "In my opinion, we would be selling just as much. They need the stuff, we've got the stuff, they're going to buy it when they need it."

The Kremlin will have some greater year-to-year flexibility under the new arrangement by being allowed to choose between wheat and feed grains, although the minimums will have to be met over the life of the pact, officials said.

Under the new agreement, the Soviets are committed to buying at least four million tons each of wheat and feed grains. However, in any one year Moscow can substitute up to 750,000 tons of one commodity for the other.

Also, for the first time, the agreement includes barley and sorghum along with corn under the definition of feed grains.

Additional flexibility also was provided by giving Moscow automatic permission to buy up to 14 million tons of grain annually without further discussion with Washington.

The automatic limit under the current pact is 12 million tons, although the United States has routinely increased that lid to fit Soviet needs.

As of March 8, the Soviets had bought more than 13.8 million tons of U.S. wheat and corn under the current agreement for delivery this year. Last year's sales totaled a record 21.7 million tons.

Over five years, U.S. farmers will effectively be assured a Soviet market for at least 20 million tons of wheat and 20 million tons of feed grains, with an additional 10 million tons that can be made up of wheat, feed grains, soybeans or soybean meal.

Although it makes up a hefty share, the Soviet Union's grain purchases by no means tell the whole story of U.S. grain exports. Total wheat shipments in 1989-90 are currently forecast at 35.4 million tons, and so-called coarse grains, or feed grains, at 66.4 million tons.

Farm forecast optimistic for '90

WASHINGTON (AP) - With today's arrival of spring and the observance of National Agriculture Day, it's also time for some serious economic forecasting.

Just in time, the Agriculture Department's seers have unveiled a new set of numbers for the nation's farmers in 1990. Generally, things are looking pretty good.

Not everything will be rosy, but USDA's latest economic outlook made it a lot easier for President Bush, Agriculture Secretary Clayton Yeutter and other leaders to smile as they pay tribute to the nation's farmers at a scheduled White House ceremony today.

The picture is subject to change, of course. There's always the possibility of unexpected catastrophe when crops and livestock are involved.

"Combined with continuing strong demand for agricultural products, currently higher prices due to tighter corn stocks and smaller hog inventories have brightened the outlook," the outlook report said.

The report, a digest of one to be issued later in USDA's Agricultural Outlook magazine, also had some encouraging news for consumers this spring.

"Increasing poultry supplies may push retail prices below last summer, giving consumers relief from rising pork prices," it said. "Retail beef prices likely will remain near last year's highs through the second and third quarters. Milk and egg prices probably will decline in 1990 as recent favorable returns stimulate production."

US, South Korea sign beef accord

WASHINGTON (AP) - South Korea has agreed to phase out all quotas and tariffs on American beef entering the country, according to Sen. Phil Gramm, who says Texas producers could find a lucrative new market for their cattle.

Gramm, R-Texas, said the agreement sets up a three-year "transition period" in which current American sales to South Korea, which are running at 63,900 tons, would grow to 68,300 tons this year and to 72,800 tons next year.

Gramm said full terms of the agreement, signed Thursday by U.S. Trade Representative Carla Hills and South Korean officials, "sets out procedures to eliminate all quotas and tariffs on American beef going into Korea."

"This is another major step toward opening the world market to the joys of eating American beef," Gramm said.

Gramm said he believed the agreement would vastly increase

demand in Korea for beef, which has been kept artificially high due to quotas and tariffs. The agreement was not immediately announced by the Trade Representative's office.

Gramm said the agreement opens up a potentially huge market for Texas beef producers, who supply 20 percent of the U.S. market, more than any other state.

Texas Department of Agriculture spokesman Andy Welch said Texas ranks first nationally among the states in the number of beef cattle and in beef production.

"There are thousands of beef producers in the state who are eager to find new markets abroad and are willing and able to customize their production to meet any legitimate cash market," Welch said.

As of Jan. 1, there were 13.4 million head of beef cattle in Texas, and of that, 5.3 million were in feed lots being fattened for slaughter.

Farmers consider cloud seeding plan

PLAINVIEW (AP) - The Plains Weather Improvement Association, trying to fend off hail storms that devastated crops in the region last year, is calling on farmers to finance "cloud seeding" in hopes of altering any harsh weather.

"I don't know how we can go through another year like last year. Nearly everybody got hauled out," Frank Moore, president of the PWIA, told the Plainview Daily Herald. "Cotton income dropped from \$44 million to about \$10 million. I have the know-how to operate such a program but it's up to the people who vote with their pocketbooks."

Weather officials try to prevent hailstorms by flying above clouds and sprinkling them with silver iodide. The elements dissolve the hail and produce rain, officials said.

Moore said the PWIA, which directed hail suppression efforts during the 1970s, recently mailed 7,600 letters to area farmers asking them to join the PWIA with dues of \$2 per acre.

The money would be used to finance the weather modification program, Moore said.

He said responses to the letters sent to farmers in Swisher, Briscoe, Floyd and Hale counties have been light.

The Texas Water Commission said the state has researched weather modification for rainfall enhancement in the San Angelo-Big Spring area for the past ten years.



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HEREFORD'S

Senior Scene

Supplement to the Hereford Brand

APRIL 1990

Special video series planned

A special video series, "Victory At Sea," will be shown on Fridays from March 30 through May 4 at 1 p.m. in the Blue Room at the Senior Center.

The video is an award-winning video epic of World War II. Each volume contains complete episodes of the television series, highlighting unique phases of the American and Allied naval operations.

The series includes:

March 30--Design for War; The Pacific Boils Over! Pearl Harbor; Sealing the Breach: Anti-Submarine Warfare; and, Midway Is East.

April 6--Mediterranean Mosaic; Guadalcanal; Ring Around Rabaul; The Solomon Islands; and, Mare Nostrum: The Mediterranean.

April 13--Sea And Sand: Invasion of North Africa; Beneath the Southern Cross: South Atlantic; Magnetic North: From Murmansk to Alaska; and, The Conquest of Micronesia.

April 20--Melanesian Nightmare:

New Guinea Campaign; Roman Renaissance: Sicily and Italy; D-Day: Normandy; and, Killers and the Killed.

April 27--The Turkey Shoot: Conquest of Marianas; Two If By Sea: Peleliu and Angaur; The Battle for Leyte Gulf; Return of Allies: Liberation of Philippines; and, Full

Fathom Five: U.S. Submarines 1941-1945

May 4--The Fate of Europe; Target Suribachi: Iwo Jima; The Road to Mandalay; Suicide for Glory: Okinawa; and, Design for Peace.

The program each week will last about two hours.

Senior Center visitors

Our Senior Center guests comprise an important part of our dinner time. Our senior are encouraged to bring guests, and our guests are most heartily welcomed.

Since last month's Senior Scene, visitors to the center included Sherry and Ron Blakely of El Paso, guests of R.L. Blakely; Lewis and Flo Luton of Miami, Fla., guests of Richard Fortenberry; and Kara Galley of Garland, guest of B.E. Roberson.

Marjorie and John Houck traveled

from Gault, Calif., visiting Ted Sumners, and joined us for lunch. Margaret Devin Tulia, and Mrs. Fred Axe, Canyon, joined Lena Allen for lunch at the center. Marie Griffin entertained a familiar face, our own Jackie Flood who manages the neighboring apartments, together with Juana Galloway and Philip Madily of Amarillo.

Accompanying Claudia Roundtree were Cicero and Kitten Guley of Amarillo. With Floyd and Juanita Coker were Bill and Alice Turner of Friona. With Roy and Lucy martin were Maggie Voelm and Patty McCullough of Amarillo.

James Anthony of Amarillo was a guest of Cecil Oglesby. Fred and Linnea Close, Durango, Colo., were also welcomed guests.

The first day of March brought Bernice Brewer, Centerville, Va., with John and Regina Warren; and Dale and Catherine Sumners of Colorado with Ted Sumners.

Also welcomed were Donna Parrott of Knoxville, Tenn, guest of Owen Stagner; Joe and Sue Hershey of Texline, son and daughter-in-law of Horace Hershey; and Lyle Brown of Amarillo with his mother, Clara Brown.

The C.S. Perrins brought Jim and Sallie Kirby of Las Cruces, N.M., and Lois Peterson of Amarillo to the center for lunch. With Emma Luke was Leona Paetzold, presently of Greeley, Colo., but for many years a Hereford resident. Hazel Adams from Lexington, Miss., joined the Lester Wagners.

Posie Burrell of Fort Worth was a guest of Estelle Burrell; Anna Jo Wilson of Oklahoma City was a guest of Donnie Owen; and Boots O'Brien of Buchanan Dam was a guest of Nell Pitman.

One-time Hereford residents Marge and Les Mchberg, now of Normal, Ill., accompanied Kathryn Ruga; and Debbie and Joshua Rogers of Canyon joined us with Butch and Dora Barrett as hosts.



New King and Queen

Congratulations and best wishes to King Mac and Queen Mae McCracken, our new Valentine King and Queen! They were selected by our members and crowned by our outgoing King and Queen--Cecil and Eunice Boyer--in a moving ceremony at our annual Valentine Birthday Social on Feb. 23.

Quilt project set for theme park

The Panhandle Area Agency on Aging is requesting all senior citizens to participate in making contributions to the western cultural heritage theme park, "Yesterday's Children."

It is a non-profit organization to assist seniors and is asking each senior center to supply a heritage quilt. Later, all such quilts will be auctioned off at a major fund-raising event to be held sometime in May of this year. Proceeds of the auction will go towards the feasibility study and construction of the theme park. It is suggested that these quilts reflect something about the center or community from which it came.

Also requested are old recipes, some of which will be compiled into a book reflecting this area's taste in "vittles." Profits from the sale of the book will also go towards the study and construction of the theme park, Yesterday's Children. Recipes may be submitted at once, and should include the name of the contributor and any history applicable. Deadline for submitting recipes is March 31, 1990.

Senior Centers are reminded that all centers will benefit directly from the profits of the theme park, so this is truly an investment in our future.

Make reservations for TEXAS

Make your reservations now to attend "TEXAS" with Hereford Senior Citizens!

We have made arrangements to attend two performances:

JUNE 15th and AUGUST 3rd

All tickets are \$10 person and the barbecue is \$6 a person. Call Rosemary at 364-5681.

President's corner

Being in the beginning stages of expansion, trees have been removed around our building in preparation for the additional paving. Construction will begin very shortly and we fully expect some confusion for awhile in getting parked and in the facility. Please don't let this deter you--just keep thinking of the very pleasing end result and all the inconveniences will be easier to tolerate. We have the money for the first phase of the expansion program and we will soon resume our fund drive for the second phase.

I am so pleased with our newspaper, Senior Scene, and I am sure it reaches a good many more seniors, and probably some new people. I hope all who are now aware of our Senior Center will take advantage of all it offers. This includes a game room that has an active group of participants all day long (dominoes, pool, etc.), quilters who come in each morning and work all day long, and many other activities like line dancing, exercise classes, painting, and ceramics.

I tell you, this is a busy place. Of course, our meal service is a very important part of our program and I want to encourage each one who is able to come to the Center to enjoy not only the hot, nourishing meal, but to participate in the fellowship so prominent here. If anyone is not able to come to the Center, then we provide the home-delivered meals. We also have a Birthday Social each month, and this is best described as enjoying a feast, festivities and fellowship.

If you haven't joined us before, give us a try--you'll have such a good time, you'll be back!

Margie's notes

I attended the Chamber of Commerce Banquet and was delighted to see Speedy Nieman receive the "Citizen of the Year" award. As his list of achievements were read, we could have added another to the list--he has made it possible for us to have our first professional edition of the *Senior Scene*. I met Speedy not long after I went to work at HSCA on Oct. 15, 1978. He has always been ready to give us the publicity needed to achieve any goal set for our Association and to make the community aware of our program. Congratulations, Speedy, and thank you for all you do for HSCA and thank you for being my friend!

Please mark your calendar for May 19! We are going to have a "Senior Prom and Banquet." Did you enjoy your senior high prom? Or did you miss it? This will be a "dress-up affair" with good food, a good program and good music.

Remember the last Saturday evening of each month we invite you to come to the Center for a sing-a-long. The March event was cancelled but we'll resume in April. You can buy your supper for a suggested donation from a menu and enjoy an evening of fun and fellowship. The proceeds go to help fund the home delivery service.

On March 31st, some of our staff and I will be attending the Joint Conference on Aging for the state of Texas. AARP is the host organization this year in Dallas. Next year, the Texas Association of Senior Centers will be hosting the conference in Amarillo. This will be an opportunity for all of our seniors in the Panhandle to attend and be a part of it.

Please remember our people in the hospital or those who have to go to the nursing home. A card or a note helps so much.

Last month, when our past presidents were listed in the *Senior Scene*, one very important name was omitted. That was the late Judge Sam Morgan, who was president from February 1981 to June 30, 1982. It was when Sam was in office, in 1981, that we voted to build a new facility. We apologize for accidentally missing Morgan's name. Ora, his widow, lives in Bonham.

If you have some news for our paper, please bring it to the office. I love and appreciate each of you! See you at the Center.

Ministers welcome at any time

Preachers, you are invited and encouraged to grace the Senior Center with your presence. Come join us for a good meal and enjoy the fellowship with members from your congregation. ministers will make it a habit to come to the center. Maybe you could put it on your calendar at least once a month!

One minister visiting the Center recently was Jim Corey, First Presbyterian Church, with some of his congregation, Ira and Pet Ott and Ethel Logan.

Harlan Resch, pastor of the Church of God, and whose wife is our food service supervisor, met with two of his church members, Lloyd Bridges and Clay Rucker.

New Herefordite Randy Gardner, pastor of the Church of the Nazarene, joined some of his congregation, including Coleman and Faye Wright, Marie Harris, Lola Munson, Peggy Clark, Gene Patton, Alene West and Sherry Kendall.

Here's a sincere welcome to all of you and we hope you and other local

Sentence Sermon

Maturity Defined



You have become a mature person when keeping a secret gives you more satisfaction than passing it along.

A supplement of The Hereford Brand, published in cooperation with, and editorial contributions from, the Hereford Senior Citizens Association.

Hereford Senior Citizens Board

S.L. Garrison, President
Lester Wagner
Helen Spinks
Bartley Dowell
Cecil Boyer

Cecil Oglesby
Garth Thomas
Grant Hanna
Roberta Caviness
Margie Daniels, Exec. Director

Silver Hair reps need help on expenses

Our Silver Hair Legislature representatives carry the burden of all their expenses in representing us in Austin. Needless to say, all senior citizens desperately need their representation.

or home-delivered meal trays, or even aluminum furniture.

If possible, please save your aluminum and bring it to the center. If you are not able to bring it here, call

the center and arrangements will be made for pickup.

This is one way we can all help in the essential representation in Austin of our senior citizens.

There has been a foundation established to help defray these costs and the suggestion has been presented that all senior citizens collect aluminum. This may be done in the form of cans,

Cheers for Volunteers

Grant Hanna
Marchetta Hutcherson

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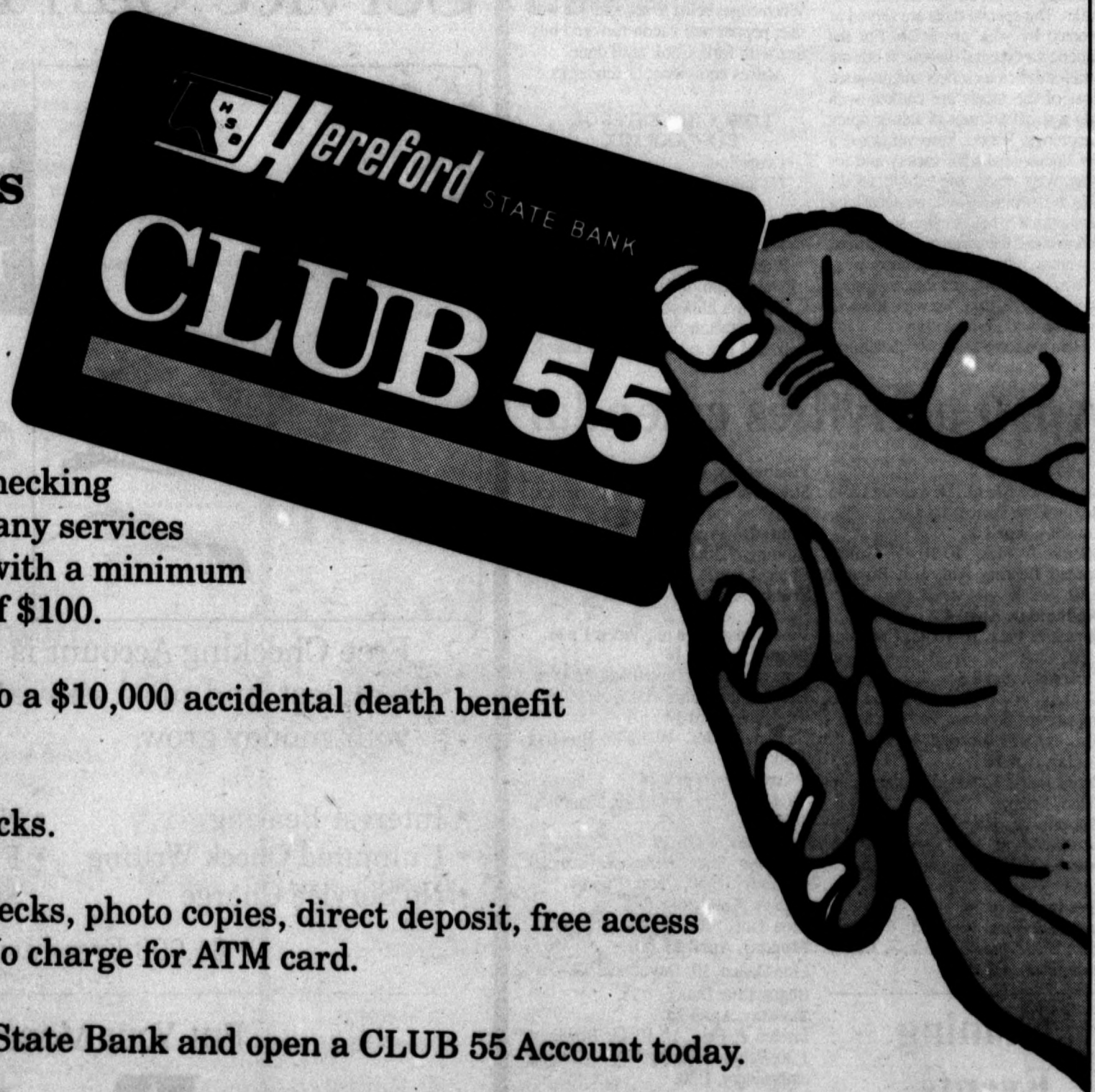
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Hints from the kitchen

By Mary Ann

When we see the flowers peeking out and the trees putting on their green leaves we know that spring is here and summer is well on its way. We begin to get restless and want to go somewhere. Well, come on over and see what's cooking.

We serve some of the best food to the friendliest people in Texas. As the crowd gathers each day for lunch, I can see they not only come to eat but to find fellowship and to participate in the activities which are going on each day. It makes me glad just to be a part of the most beautiful and most utilized senior center in this area.

Our menus are planned by a licensed dietitian and prepared by qualified cooks who have been trained especially in food service for the senior adults. The special diets are served as directed by your physician. For the diabetic diet special diabetic foods are used for delicious salads and desserts. Most of the meals are cooked with only a small amount of salt or spicy seasonings. We do, however, serve a few spicier meals for variety and for those who enjoy the ethnic foods. Also, by special request, we are asking our dietitian to help us plan some low-calorie meals for those of us who need or want to avoid some calories.

Your comments and suggestions are always appreciated. We want to serve food you will enjoy eating.

Here are some basic low-cholesterol

recipes you can use. If you would rather use eggs instead of egg substitutes, use two egg whites for one egg and add a drop of yellow food color if you like.

LOW-CHOLESTEROL SCRAMBLED EGGS

1 cup "egg substitute"
1/4 cup finely sliced onion
1/4 cup sliced mushrooms
1 tablespoon vegetable oil
dash pepper
1/4 tsp. salt
1 tablespoon imitation bacon bits
Heat oil in frying pan. Sauté the onion until transparent. Add the mushrooms and cook one minute, stirring occasionally. Spread evenly over pan bottom. Add egg substitute. When edges begin to set, sprinkle with salt, pepper and bacon flavored bits. Stir with fork. Cook until done.

Makes equivalent of four eggs:

LOW CHOLESTEROL PANCAKE MIX

1 cup flour
1/2 teaspoon salt
1 tablespoon vegetable oil
1/4 cup "egg substitute"
1 1/2 teaspoons baking powder
2 tablespoons nonfat dry milk
1 cup skim milk.
Dissolve milk powder in milk. Sift together other dry ingredients. Mix the milk and egg substitute until foamy.

Sit in flour mixture and mix just enough to moisten the flour. Stir in the oil. Cook in a lightly-oiled griddle or heavy frying pan until bubbles appear on the top and the edges look dry. Turn only once.

Makes about 10 pancakes.

STUFFED EGGS

6 hard-cooked eggs
4 tablespoons minced celery
1/2 can drained water-packed tuna
3 tablespoons mayonnaise
1/2 teaspoon dill weed
2 minced pimentos
1/2 teaspoon prepared mustard

1 teaspoon minced onion
Salt and pepper to taste
Cool and peel eggs. Halve lengthwise and discard the yolks. Mix all other ingredients, stirring well with a fork to form a smooth paste. Place a mound of filling in each egg.

MEAT LOAF

1 pound lean ground beef
1 cup bread crumbs
2 chopped onions
1/2 cup chopped parsley
1 cup tomato sauce.
1/4 cup chicken broth
2 tablespoons oil

1/4 teaspoon garlic powder
1 teaspoon soy sauce
1/2 teaspoon oregano
Salt and pepper to taste.

Soak bread crumbs in water and drain. Mix meat with all ingredients except tomato sauce, chicken broth and oregano. Mold and place in pan. Cook in preheated oven at 350 degrees for about 30 minutes. Add tomato sauce, chicken broth and oregano. Cook 15 minutes longer.

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April activities calendar

Monday, April 2
Line Dance 10 a.m.; Devotional 12:45.
Begin. Line Dance, 1:15.
Tuesday, April 3
Stretch & Flex, 10-10:45; Golden Spread Hearing Aid, 1-3; Bowling 1:30.
Wednesday, April 4
Stretch & Flex, 10-10:45; Ceramics, 1:30.
Thursday, April 5
Knitting, 9:30; Oil Paint 9:30-11:30; Investment Seminar, 10:30; Choir, 1 p.m.; NARFE meeting, 1 p.m.
Friday, April 6
Board meet, 12:00; Line Dance, 10; Video, 1 p.m.
Monday, April 9
Business meet, 10; Line Dance, 10; Devotional, 12:45; Begin. Line Dance, 1:15.
Tuesday, April 10
Stretch & Flex 10-10:45; Bowling, 1:30; Blood pressure 1:30-3; Liquid embroidery, 1:30.

Wednesday, April 11
Stretch & Flex, 10-10:45; Ceramics, 1:30.
Thursday, April 12
Knitting, 9:30; Oil Paint, 9:30-11:30; Choir, 1 p.m.
Friday, April 13
Line Dance, 10 a.m.; Video 1 p.m.
Monday, April 16
Line dance, 10; Devotional 12:45.
Begin. Line Dance, 1:15.
Tuesday, April 17
Stretch & Flex, 10-10:45; Bowling 1:30.
Wednesday, April 18
Stretch & Flex, 10-10:45; Ceramics, 1:30.
Thursday, April 19
Knitting, 9:30; Personal financial planning, 10:30; Choir, 1 p.m.
Friday, April 20
Line dance, 10 a.m.; Video 1 p.m.
Monday, April 23
Line Dance, 10; Devotional 12:45
Begin. Line Dance, 1:15.
Tuesday, April 24
Stretch & Flex, 10-10:45; Bowling, 1:30; Beltone Hearing Aid, 1-3; Liquid embroidery, 1:30.
Wednesday, April 25
Stretch & Flex, 10-10:45; Ceramics, 1:30.
Thursday, April 26
Knitting, 9:30; Oil paint, 9:30-11:30; choir, 1. BIRTHDAY SOCIAL, 6:30.
Friday, April 27
Line dance, 10; Video, 1 p.m.
Monday, April 30
Line Dance, 10; Devotional, 12:45.

Coming Events

DAILY, MONDAY THRU FRIDAY
Noon meal 11:30-12:30
Quilting 8-5
Games 8-5
Saturday games 12-4
Gift Shop 9-5
"Fun Fellowship"
Saturday, April 28 6 p.m.

Financial Focus

Gifts to minors can still save taxes

By IKE STEVENS

Parents and grandparents are often quite generous with cash gifts to children and grandchildren.

Handing over a lavish amount of cash to a child or teenager who has little or no experience in handling money, however, is generally unwise. That's not to say money shouldn't be invested for children. In fact, money invested wisely in the name of the child can appreciate and thus help build a substantial college fund or increase his or her net worth.

If you plan on making a cash gift to a minor, how you choose to do so can make a big difference as to who pays the tax and how much tax is paid.

Under the current "kiddie tax" provision, the first \$500 of unearned taxable income for a child under 14 is tax-free. Any unearned income between \$500 and \$1,000 is taxed at the child's rate, and unearned income of more than \$1,000 is taxed at the parents' rate.

At age 14 and over, unearned income is taxed at the child's own tax rate.

A \$10,000-a-year gift to a child is allowed both you and your spouse, for a total of \$20,000, with no federal gift tax to either you or the child. This can be an effective way to shift income-earning assets from a parent, in a higher tax bracket, to a child in a lower bracket. It can also reduce the taxable value of the donor's estate.

There are various ways to accomplish an asset transfer. The easiest is to set up a simple custodial account under the Uniform Gifts to Minor Act. Custodial accounts can be opened by your bank or broker without the cost of an attorney.

Before making such a transfer, however, be aware that the gift is irrevocable. It cannot be taken back. In addition, both the income and the asset that produces the income become the legal property of the child.

Finally, when the child reaches majority, he or she gains complete control of the assets and income. The previously appointed custodian is eliminated. This means that a custodial account that you established, managed and earmarked for your

child's education, could now be used by the new adult for any purpose.

If these provisions are understood and acceptable, how you choose to invest the funds should be governed by the age of the child. If the child is under age 14, when all income over \$1,000 is taxed at the parents' rate, consider investing in assets that produce tax-free income. You may want to avoid putting these funds under the child's name to maintain control.

One option is tax-exempt bonds selected to mature when the child reaches age 14. Another choice is growth stocks paying little or no current dividends.

For a child age 14 or older, consider the highest-yielding investments because the income is now taxed at the child's rate. Often, appreciated securities are transferred to a child. When sold, if the child has a lower tax rate, he or she pays less on the capital gains.

The new tax laws have taken some of the advantage from gifts to minors, but to the alert parent or grandparent, transferring income-producing assets to a minor, either through a custodial account or trust, still makes a great deal of sense.

For more information about this subject and other investment topics, you may want to attend my series of seminars on personal financial planning, held at the Senior Citizen's Center at 10:30 A.M. every first and third Thursday. My telephone number is 364-0041.

Meet the staff

BY MARGIE DANIELS

When you call in your reservations for lunch, or need a meal delivered to because you are ill, need transportation for medical services, or just need some information, the pleasant voice you hear is Rosemary Smithers.

Rosemary started working at HSCA Nov. 15, 1978, and was hired as the van driver. We had no money for staff, so I contacted Loretta Kindsfather with the CETA program. She sent Rosemary for an interview--she needed us and we need her.

In 1980, she married Leroy Smithers and resigned from the staff. Later, in 1983, Rosemary was rehired as receptionist. She schedules field trips and also drives one of the vans for the trips, and takes our people who need to go out of town for cancer treatment or other reasons.

She has a son, Chris Arrellano, and he and wife, Christa, have a beautiful little granddaughter for Rosemary by the name of Brittany.



ROSEMARY SMITHERS

Rosemary is a very dependable employee. In all of these years of employment, I have never known Rosemary to be late to work.

Rosemary, we appreciate you very much!



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The HEREFORD SENIOR CENTER



First Baptist Church kindergarten children helped us celebrate St. Patrick's Day.

Children from the First Baptist Church kindergarten class came to the Center March 16 to help us celebrate St. Patrick's Day. The children sang and passed out "shamrocks." After the program, the children enjoyed refreshments with our seniors. Juanita Coker, director, and Kee Ruland, pianist, accompanied the children.

Senior Games set April 18-21 in Amarillo

Our competitive spirit is at stake! Surely we can get together a group from Hereford Senior Center to participate in the Senior Games at Amarillo on April 18-21.

Some of the categories offered are bowling, golf, mile walk (we have a lot of walkers here), horseshoes, bridge, forty-two, snooker, pool and cycling.

The deadline for registration is April 1. Call Dodi at the Senior Center. Let's present our winning faces at some of these activities!



VOLUNTEERS NEEDED

If you have a few free hours even one day a week, we need your assistance to help deliver meals to the home-bound.

Please call 364-5681 or come by the Senior Center.

About hip replacement

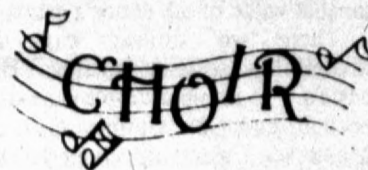
By DENNIS R. FINLEY
Orthopedic Surgeon

Total hip replacement. What is it?

Much has been written about the hip replacement operation. This operation was first developed in England in the 1960's by a surgeon

named Sir John Charnley. This was the first total joint replacement which became perfected for general use.

This operation is designed to replace the hip joint. The hip joint is a ball-and-socket arrangement. Normally the joint surfaces are smooth and are lubricated by joint fluid. In certain conditions the joint wears out and is no longer smooth and well-lubricated. The surfaces are rough, irregular and painful. This is when surgery may be suggested.



The choir is very busy practicing on Thursdays at 1 p.m. We are preparing for special and seasonal programs.

We are recruiting new members. If you have a desire to sing, have a good time, fellowship, and add to the quality of life of other people--come join us.

Great things are being planned for the remainder of the year. Come by the center and visit us during practice time.

The hip joint replacement is also a ball-and-socket arrangement. Usually the ball is metal and the socket is plastic. The patient's ball and socket are removed or reamed away and the replacement ball and socket are put in their place. Sometimes a special bone cement is used to hold these components in place.

After surgery some therapy and follow up may be needed. Most of these operations produce a good to excellent result. In most patients, the pain relief is good and walking and function are restored.

Next month: the knee.

The Bells of Easter

Dolores Cains

Easter bells ring out at dawn
Their message o'er the way.
They tell us of the risen Christ
Who dwells in us today.

As sunlight floods the valley
And tips the trees with gold,
Their joyful music fills the air
As Easter's story is told.

The melodies of love and hope
Peal out so sweet and clear
And bring a quiet peacefulness
To all of those who hear.

And when the tunes are ended
And the last note fades away,
We find our hearts uplifted
On this glad Easter Day.

WE WISH FOR YOU
HAPPY EASTER - HAPPY SPRING

Vacation, travel ideas

BY JOAN COUPE, CTC.
Hereford Travel Center

Senior discounts start at 62 years of age for some suppliers. When making reservations, do let us know if you are over 62 so we can check to see if you are eligible for a discount for your travel costs.

HTC

Delta's "Young-at-Heart" fares are a bargain. If you are over 62, you may purchase a book of four coupons for \$420 or eight coupons for \$704 and these let you travel with a reserved seat any day, to any Delta city in the continental U.S. or Puerto Rico, for just one coupon—\$105 or \$88 each way.

HTC

Alaska offers greater cruise variety this year with 26 ships from 15 cruise lines sailing not only in the state's southeastern panhandle but also as far north as the Gulf of Alaska.

Most companies are promoting their cruises by offering early season discounts and reduced air fares from

gateway cities throughout the U.S. A few lines even offer free accommodations for one or two extra days at ports of embarkation or disembarkation. Several ships, such as Holland America's "Rotterdam" and "Westerdam", have undergone millions of dollars' worth of upgrading. One new ship, Crystal Cruises' "Crystal Harmony", will feature 12-day roundtrips from San Francisco for its inaugural season. Another first will be Windstar Sail Cruises' "Wind Spirit", the first four-masted sailing ship to offer cruises in Alaska.

HTC

Take time to enjoy. The feeling that time is short detracts from enjoyment of the trip. Often, there is pressure in a vacation to see more sights, to get "your money's worth." The tempo is fast, often hectic.

Slow down! If time is limited, there's no need to try to take everything in. In the first place, it can't be done. And even if it were possible, it wouldn't be enjoyed.

Among travel's rewards is the leisure to stroll along on side streets in some foreign cities; to sit outside a cafe and look at people passing by. That is how you can absorb something of the special flavor of the different cities an countries you may visit.

HTC

New vacation ideas—The vacation possibilities this year are not only varied in area, but varied in content. You can go for something different:

--exploring the countries of Eastern Europe now more open than ever before.

--savoring the experience of a spa for a healthy holiday plus fun.

--enjoying the festivals of Europe.

--getting into the excitement of outdoor adventure trips.

In short, you can make this year's vacation something special that can take you out of your usual environment and bring you into a world of new experiences.

After all, that's what a good vacation is all about and—as travel professionals—we're ready to help make your vacation hopes come true.

(This column will be a regular feature and we want it to be entertaining and educational. If you have any questions regarding travel, we will be happy to answer as many questions as space will permit. Write to us in care of The Hereford Brand.)



Delivering homebound meals

Ocil Parsons, volunteer at left; Ben Fought, staff member, and Will Walker, another volunteer, are loaded up and getting ready to deliver meals to homebound clients. This is one of the vital programs operated by the Senior Center.

Eye Openers

By SUE ELLIOT, M. Ed.
Education Coordinator
Currie Eye Institute
GLAUCOMA

Glaucoma is one of the leading causes of blindness in the United States. Because this disease first affects our peripheral vision and is not easily detected, it is often called a "sneak thief of sight".

Glaucoma is defined as a group of eye diseases in which the inner pressure of the eye becomes elevated due to a buildup of fluids, resulting in damage to the optic nerve. This damage is first noticed as a loss of visual field, or a loss of our ability to detect images to the side of our central line of sight.

If glaucoma is detected early, it can usually be controlled through the use of eye drops or pills. Advanced and acute cases of glaucoma may require laser treatment or microsurgery. Having regular visual examinations can usually detect this condition in early stages and treatment can preserve your eyesight.

Protect your vision with regular eye examinations.



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Hear Today

By BARRY MOFFITT

Question: What are some of the different types of hearing loss?

Answer: Two of the most common types of hearing loss are conductive and sensorineural.

A conductive loss includes anything that prevents the conduction of sound waves from the outside air to the inner ear. Some examples are impacted ear wax, a scarred or punctured ear drum, or damage to the small bones in the middle ear.

Sensorineural loss or nerve deafness involves the cochlea, which is the

organ of hearing, or the nerves in the inner ear. In nerve deafness, the nerves have been impaired so that sound vibrations are not properly processed.

Nerve loss can be caused by certain medications, illness, such as measles, mumps or high fever, prolonged loud noise such as machinery or farm equipment, or even loud music.

Another type of nerve loss comes from presbycusis, or the normal aging process. This is caused by a gradual diminishing of cells in the cochlea.

While some hearing losses are treatable with medications or minor surgery, others, such as nerve deafness, are correctable with a hearing aid. To determine the type of loss a person has, that person needs to have an audiometric evaluation by a physician, a hearing aid specialist, or audiologist. These specialists can determine if you have a correctable loss or if you need the attention of a medical doctor.

Any questions you may have about hearing may be addressed to Hear Today, in care of Hereford Senior Citizens, 426 Ranger, Hereford, Texas 79045. I will be happy to visit with you personally, or I will answer your questions through this monthly article.

Our travelers

Thelma Auten has returned from Louisville, Ky, where she attended the wedding of grandson Jonathan Auten, the son of Col. and Mrs. Jimmie Auten.

Gene and Bill Patton have returned from a 2 1/2 month vacation in Rockport, having stayed at Woody Acres RV Camp. Upon returning they faithfully resumed their ceramic classes here at the center.



Golden Line Dancers



The Golden Line Dancers gave a very happy performance at the Claremont Retirement Home March 1. The audience was very enthusiastic and invited us to return soon. After the dancing, all three vans met at our usual ice cream parlor.

When the morning and afternoon classes were combined, we needed

more room until the new building is finished, so we are meeting at the Community Center.

Birthdays were celebrated this month for Addie Cunningham, Lucy Martin and Clarence Betzen.

Lola Munson's daughter and granddaughter, Juanita and Sharmin Estep, were visiting her from Panhandle during spring break.

Our condolences to leader Olga Haris, who was called to Colorado earlier in the month due to the loss of her niece.

On April 2, we will start beginners' line dancing classes at 1:15 p.m. on Mondays and Fridays at the Senior Center. If interested, please sign up or call the office, 364-5681.

DON'T FORGET!

"Golden Line Dancers" Beginners' Classes

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T.D. Stambaugh

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Mr. and Mrs. Calvin Edwards
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Mr. and Mrs. Jim H. Auten
Lois Moore

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Robert Thompson
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Mr. and Mrs. Jim H. Auten
Oleta Gollehon

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Mr. and Mrs. Ocil Parsons
Mr. and Mrs. J.R. Allison

Boyd Collins
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Troyce Carmichael
Oleta Gollehon

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G.B. Hagar
Mr. and Mrs. Charles Holt

John Walden
Mr. and Mrs. B.E. Kendall

Neal Lomenick
Mr. and Mrs. Art Lewis
Mr. and Mrs. Cecil Lady

Birthday Social
set April 26
at Senior Center

Bring a covered dish to the Senior Center April 26th, 6:30 p.m., to help our seniors celebrate their April birthdays. The Birthday Social is held the 4th Thursday of each month.

W.R. Davis
Mr. and Mrs. Orland Newell

Fred Sherman
Mr. and Mrs. Eldred Brown
Fred Mulkey
Mr. and Mrs. Jim H. Auten

Mrs. N.A. Brown
Jack Weaver
Rosalie Colwell
Mr. and Mrs. Wilburn Coleman
Horace Hershey
The Gusemans
Olga Harris
Mr. and Mrs. B.E. Kendall
Mr. and Mrs. Mark Urbanczyk
Mr. and Mrs. Tom Draper
Mr. and Mrs. Art Lewis
Mr. and Mrs. Jim H. Auten
Mary Davis
Alta Mae Higgins
Stella Seiver

Mr. and Mrs. Inman Larson
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Mr. and Mrs. Julian Perrin
Mr. and Mrs. Bartley Dowell
Mr. and Mrs. Lewis Smith
Mr. and Mrs. Gene Bradley
Joan Coupe
Mr. and Mrs. Marvin Coffey
Mr. and Mrs. Cliff Arnold
Eloise McDougal
Leona Matthews

Mr. and Mrs. Pat Webb
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Juanita Bennett
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Mr. and Mrs. Carlos Anderson
Louise Streun
Mary Harman
Mr. and Mrs. Richard Fortenberry
Mr. and Mrs. Ocil Parsons
Mr. and Mrs. Elmo Hall
Jimmy, Ruth and Jamie Schell
Quintin and Bryan Wood
Messenger Extension Club
Pat Robbins Family
Mr. and Mrs. Cecil Lady

Ray Cowsert
Oleta Gollehon

Louella Cowsert
Oleta Gollehon

Arthur Blackburn
Audrey Powell
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Mr. and Mrs. Jim H. Auten
Mr. and Mrs. Ocil Parsons
Mr. and Mrs. Cecil Lady

Mary Rice
Lois Moore

Willie Shreve
Lois Moore

Maudie Henson
Jack Weaver

Iris Minnis
Eleanor Winkler

Henry Wedel
Lois Moore

Jewel Rhodes
Mr. and Mrs. C.S. Perrin
Mr. and Mrs. J.C. McCracken
Mr. and Mrs. Clyde Cave
Mr. and Mrs. S.L. Garrison

Eva Gilliland
Oleta Gollehon

J.D. Whitaker
Flora Robinson
Ervin Robinson Jr.
Mr. and Mrs. Dick Gholson

S.L. (Pick) Harman
Eleanor Winkler
Lois Moore

Marvin Denning
Mr. and Mrs. Art Lewis
Mr. and Mrs. Fete Rolland

Jewel Wilmore
Mr. and Mrs. Claude McGowen
Mr. and Mrs. Art Stoy
Mr. and Mrs. Bartley Dowell
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 2 Steak fingers Baked potato Green beans Fruit Salad Texas Toast	April 3 Beef roast, gravy Mashed potatoes But. carrots Vegetable salad Ice cream, top. Roll	April 4 Chicken strips w/cream gravy Home style fries Scan. vegetables Coleslaw Cherry cobbler	April 5 Salisbury steak Blackeye peas Fried Okra Relish tray Fruit cup Cornmeal muffin	April 6 Fish nuggets But. parsley potato. Harvard beets Cabbage/carrot slaw Applesauce cake
April 9 Veg. Soup Cheeseburger Relish plate Chocolate pudding Crackers	April 10 Swiss steak Green beans Cauliflower Coleslaw Bread pudding Roll	April 11 Chicken fillet Mashed potatoes Baby lima beans Pear/Cot. cheese Ice cream w/top.	April 12 Italian spaghetti w/meat sauce Green beans Tossed salad Custard pie Garlic bread	April 13 Catfish fillet Long gr. wild rice Broccoli spears w/cheese sauce Cucumber salad Fruit cobbler
April 16 Meatballs on rice Normandy vegees Stewed tomatoes Baked custard Roll	April 17 Chicken Fr. Steak Country gravy Oven Fr. potatoes Italian Gr. Beans Tossed salad Meringue pie	April 18 Oven Fr. Chicken Peas & potatoes Harvard beets Lime walnut salad Vanilla pudding Roll	April 19 Mr. Ribb BBQ Pinto beans Potato salad Coleslaw Apricot halves Texas toast	April 20 Baked fish Potatoes w/sauce But. carrots Jellied veg. salad Cornmeal muffin Baked apple
April 23 Vegetable stew Cheese stick Tossed salad Fruit cocktail cake Cornbread	April 24 Baked Ham Broccoli Rice cass. Buttered corn Carrot/raisin sal. Fruit & cookie	April 25 Chicken noodles Peas & carrots Cauliflower, sauce Pickled beets Banana pudding	April 27 Cod or shrimp Baked potato Spinach Veg. sticks Apricot cobbler Hush puppies	April 26 Brisket Steamed cabbage Baked beans Veg. salad Cheese cake w/top. Roll
April 30 Polish sausage Kraut Oven br. potatoes Fried okra Vegetable salad Fruit cobbler	<h2>Menus for April</h2>			

Tips on choosing dentist

By DR. STAN FRY JR., DDS
How do you choose a dentist for a senior citizen?

There are many senior citizens in Hereford who are new to the area and have not yet chosen a dentist or who have not seen a dentist in several years. The need for dental care will most likely arise for many in this group.

Here are a few considerations for selecting a professional for your dental needs.

Line dancers move, for awhile, for more room

Something is Missing! One can walk through the dining room during the morning and no longer see our line dancers.

As we heard the music, the laughing, the shouting and clapping, we simply had to get up and take a peek. We would find ourselves swinging and swaying and clapping and kicking with our line dancers, trying to follow the intricate steps as called out by leader Olga Harris. It's so quiet without them!

The reason for all this quiet? Our line dancers have outgrown the space here and have moved their classes to the Community Center. However, upon completion of our building expansion project they will return to their home at the center and we'll be ready with a big, rowdy welcome!

AVAILABILITY: Is the dentist able to see you in a timely manner and is her or she available for after-hours emergencies? Many times your dental needs are not during regular office hours and you should be able to contact the dentist after hours for assistance.


FACILITIES: Is the dental office and equipment up to date? The surroundings should be clean and pleasant and make you feel comfortable and at ease. Easy access for handicapped patients should be available.

FEES: Are the dental fees competitive with other dental professional in your area? For senior citizens on a fixed income this may very well be one of the most important considerations. Higher fees do not

always reflect a higher quality of work. There can be several reasons why one professional's fees are higher than another's. It is often wise to get second opinions and estimates on expensive dental work, then proceed with the professional with whom you feel most comfortable.

PROFESSIONALISM: Does the dentist take the time and effort to explain the various options for your dental care and the procedures performed? Modern dentistry offers many options for solving your dental needs. You should be made aware of each of these solutions, their costs, and the effects each will have on your dental health.

These are just a few things to consider when choosing a dentist. Most dentists are very happy to answer any of your questions and have you visit their office.



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Tips on foot problems

By Dr. Grant Cettie

Poor Circulation

As you become older your blood vessels may not circulate blood as efficiently as they used to. Since the feet are farthest from the heart they are apt to suffer first from inadequate circulation.

Older feet are susceptible to infection. Cramps, numbness, varicose veins and dry, scaly skin may also be bothersome.

Support hose may help circulation. Also rubbing lotion or cream after you bathe will hold the moisture in your thirsty skin.

KEEP ON WALKING!

Above all, keep on walking! Besides being the best exercise you can give your feet, walking improves your circulation, general health and morale. It's vital to stay on your feet to maintain fitness and independence.

No matter what your age, your podiatrist can help you prevent or surmount foot problems to make your long life's walk a pleasant one. But, before starting any new exercise program check with your family doctor.

Card of Thanks

I want to express my sincere thanks to all the Senior Citizens for the cards, prayers, flowers and food given to us during my many trips to the hospital.

All our love and thanks to each one of you.

Anna K. Huckert

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THE SING-A-LONG SOCIAL last month drew George Kemerer, Cecil Boyer and Helen Spinks. The March 31 sing-a-long was cancelled but the event will resume in April.

Let's vote for good nutrition

ADVICE ON NUTRITION By CHARLOTTE CLARK, Nutritionist

There is no getting around it: a body, like any other machine, begins to wear as it ages. Just how much and how quickly, however, is influenced by the kind of nutrition care it receives. The healthiest and best way to stay healthy is to eat a variety of foods each day.

Fruits and vegetables: 4 or more servings

Breads and Cereals: 4 or more servings

Protein Foods: 2 servings of about 3 ounces each

Here is a five point maintenance plan for a classic chassis.

1. PREVENT BONE LOSS. Many people stop drinking milk after childhood. If you do not drink plenty of milk or eat other foods that contain calcium, your bones will become weak and fragile. Good sources of calcium, besides milk, are dairy products like cheese and yogurt, sardines, other canned fish, and green leafy vegetables.

2. DRINK WATER. An individual needs 6 to 8 cups of liquid each day. Be sure to include 2-3 glasses of water; the rest may come from other beverages like juice, milk, coffee, tea, or soup. Water is essential at mealtime, as it helps one to swallow foods more easily. Water also aids in digestion because, as one grows older, you have less saliva and other digestive fluids. Liquids help kidneys to function well; water, unlike some other beverages, never interferes with the absorption of nutrients in foods.

3. INCLUDE PLENTY OF FRESH FRUITS AND VEGETABLES. Vegetables, especially the dark green and yellow ones, and fruits are the

greatest sources of vitamins. Peels, skins and seeds (like in berries), whole grains, dried peas and beans are good sources of fiber. Fiber prevents constipation, and also helps control blood sugar levels of diabetics and decreases blood cholesterol.

****New research shows that vegetables of the cabbage family (cabbage, broccoli, brussels sprouts and cauliflower) and fruits and vegetables high in Vitamin A may help prevent cancer.**

4. REDUCE DIETARY FAT. Limiting the amount and kind of fat in your diet may prevent heart disease and some types of cancer. One thing for sure, it's a good way to control weight and avoid the serious health problems more common to overweight people. Several ways to cut back on fat in the diet are:

Use of lean meats-prepared either broiled, baked, or steamed instead of fried all the time.

Use low calorie salad dressings.

Use less butter, margarine, cream and sour cream.

Drink low-fat or skim milk and use ice milk or frozen yogurt instead of ice cream all the time.

5. EAT REGULAR MEALS.

Whether you eat several small meals or three larger meals, the important element to good nutrition is eat a variety of foods and adequate portions to provide what the body needs each day. Try to eat three different types of food each meal: a fruit or a vegetable, a bread or cereal, and a protein or dairy product. **WHEN YOU DO NOT EAT**, your body breaks down organs and muscle tissue for energy, making you weak and increasing the possibility of illness.

Two other subjects we need to think about are high blood pressure and heart disease.

Maintain ideal weight and avoid eating excessive salt and fat.

Last, but not least, maintaining a classic chassis is a matter of activity.

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Senior Sight

By Dr. F. Ray Jones

By F. RAY JONES, M.D.

Glaucoma is an eye disease which is the second most frequent cause of permanent blindness in the United States. Glaucoma is fairly common in adults over age 35 since about two out of every 100 persons in this age group have vision threatened by glaucoma. If family members have had glaucoma, your risk is increased.

In glaucoma, the fluid which normally flows through the eye to keep it inflated can't get out through the drain as easily as it should. In the most common type, called chronic open angle, the drain just becomes smaller with age or clogged with deposits which occur gradually. The resulting increase in pressure gradually kills fibers in the optic nerve which takes visual information back to the brain for interpretation. In this type of glaucoma, the loss occurs so gradually that the patient cannot tell it is happening. You do not get a "pressure feeling" and usually no symptoms at all are present.

Early diagnosis is the key to successfully controlling vision loss from glaucoma, since nothing can be done to reverse damage already done. During an examination for glaucoma, a measurement of eye pressure is painlessly made and the optic nerve is examined with an instrument called an ophthalmoscope. Sometimes side vision is tested if loss is suspected.

If treatment is needed, glaucoma can usually be controlled with eye drops to be used two to four times a day or pills which decrease fluid entry into the eye. Laser procedures or filtering operations are uncommonly needed when drops and pills are not adequate to decrease the pressure.

If you are over age 35, you should have your eyes checked every two or three years for glaucoma (more often if family members have had glaucoma or you have diabetes). You should be checked immediately for pain or a decrease in vision.

F. Ray Jones, M.D.

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