

The Hereford Brand

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Operation Desert Shield

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10 Pages

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School board approves audit

By JOHN BROOKS
Managing Editor

Over 87 percent of all monies taken in by the Hereford Independent School District are paid out in personnel costs, the Hereford school board learned Tuesday night.

Hereford's school board approved the 1989-90 audit, made minor policy changes and reviewed reports during a routine meeting Tuesday at the school administration building.

The board also saw a presentation by PACE, the gifted and talented program at Hereford High School. The program focuses on creative educational programs that are largely student-directed.

The audit was presented by Bill Allen of Gerhardt and Puckett of Hereford. Allen's report showed the school district received \$289,657 more than it paid out: the district's revenues (including federal programs) as of August 31, 1990 were \$16,355,798, while the district paid out \$16,077,823.

Just over 87 percent of the money, \$12 million, was paid in salaries, fringe benefits and insurance costs. Steve Coneway, school board secretary, pointed out that the school fund sources were 27 percent local (tax dollars), 56 percent in state aid and 17 percent in federal funds.

The district's revenues and expenditures were up from the final figures for the 1988-89 school year. On August 31, 1989, the district had received \$15,637,185 and had expended \$15,914,970.

Allen praised the central office staff for their work throughout the year and their help with the audit.

The board also officially approved the Hereford High School Band's trip to Austin to perform in the inaugural parade on Tuesday. The band will leave at noon Sunday, practice with the Pecos High School band on Monday, and perform in the inaugural parade on Tuesday.

Superintendent Charles Greenawalt explained that only about 207 of the 220 band members will be able to participate in the trip and parade. There are a few students who are ineligible under the "no pass, no play" rule, while others are effected by the 10-day rule that allows students to only miss 10 days of school for extra-curricular events during the school year. Greenawalt said officials attempted to get a waiver of the rule from the Texas Education Agency but were denied.

Greenawalt also said many of the students were taking their semester tests early. The exams are scheduled to begin next Wednesday, when the band will be returning from Austin.

The board also approved several minor policy changes; honored Maria Gavina and Pat Simnacher as the employees of the month; accepted the resignations of Belen Guevara, counselor, Carolyn Johnson, high school, and Elizabeth DeKoster, junior high; and hired Curtis Cotten, high school, Beth Frye, West Central, Myrna Buckley, Bluebonnet, and Amy Cook, junior high.



Band to present portrait

When the Hereford High School Band marches in the Governor's inauguration parade Tuesday, a portrait of Ann Richards will be presented to the new governor. Frankie and Charles Skinner, right, came up with the idea and framed the painting by former

Hereford resident Janet McCathern Barrera. James Maclaskey, left, HHS band director, said the HHS and Pecos High School bands will play "Yellow Rose of Texas" at the reviewing stand, where Ms. Richards will be presented with the painting.

Band will present portrait

BY SPEEDY NIEMAN
Editor-Publisher

Thanks to an idea by Charles and Frankie Skinner of Cowan's Jewelry, the Hereford High School Band will present a colored portrait of Ann Richards to the new governor of Texas next Tuesday during inauguration ceremonies in Austin.

The portrait was painted by Janet McCathern Barrera, former Hereford resident, after the Skinners obtained a photo of Richards from her mother, Ona Willis. Mrs. Barrera donated the painting; the Skinners had the portrait framed and asked HHS band director James Maclaskey if the band would like to present the painting.

Maclaskey said plans are for the HHS and Pecos bands, which will perform together in the inauguration parade, to stop at the reviewing stand and play "Yellow Rose of Texas." At that time, yellow roses will be presented to Richards and Lt. Gov. Bob Bullock, and the HHS Band plans to present the portrait to Gov. Richards.

Frankie Skinner said they got the idea of the portrait after handling some of Mrs. Barrera's work. Several of her paintings are on display at Cowan Jewelry, and the portrait of Ann Richards will be on display until Saturday.

"We just thought it would be good publicity for Hereford and for the band to do something special," said Frankie.

After the project got underway, the Skinners received an invitation to the Governor's Ball, presumably because of Richards' mother. "We hadn't planned on going to Austin, but now we will," said Frankie. "We'll get to see the portrait presented and then go to the ball."

Because Mrs. Willis was so much help in sending the photos and keeping the project a secret, the Skinners will also have a surprise for her. They had Mrs. Barrera do a

second portrait of Richards and they are going to present it to her mother. The second portrait is painted from a more casual pose.

Both the Hereford and Pecos bands received telephone invitations from Gov. Richards to participate in the inauguration parade, as she cited the sportsmanship displayed by the school groups following a mixup in the regional marching contest last year.

The HHS Band will travel to Austin Sunday and practice with the Pecos HS Band on Monday. The inauguration parade will start at 3 p.m. Tuesday.

DARE students hold graduation

Almost 100 sixth graders at West Central School in Hereford completed the 17-week Drug Abuse Resistance Education (DARE) program Tuesday with a special culmination exercise at the school.

The program, taught by Hereford Police officer Bruce Lee, teaches the children about the dangers of substance abuse and ways to avoid the temptations they will face in their lives. The program also helps build self-esteem and provides ways for the youths to tackle many future problems.

Capt. Pat Michael reinforced many of the things taught by Lee during a short speech Tuesday.

He explained that in most situations, police and law-breakers have "rules" that are usually

followed, but persons who offer or sell drugs don't abide by the "rules."

"They don't care if they sell drugs to adults or kids, at bars or at schools," Michael said. "The reason for DARE is to fight crime and substance abuse before it happens."

"People who offer drugs and sell drugs are not your friends. The Hereford Police Department is your friend, and we do care about you. Because we do care we offer the DARE program."

Lee explained that the students had to complete special workbooks and write essays on their commitment to be drug-free. Six of the students read their essays aloud as part of Tuesday's ceremonies.

The students also received DARE t-shirts provided by Kentucky Fried Chicken, the national DARE sponsor.

5 TDA workers indicted

AUSTIN (AP) - A federal grand jury indicted five former workers of the state agriculture department, including the former deputy commissioner, on charges of using federal funds to pay for political work.

Among those indicted Tuesday was Mike Moeller, former deputy agriculture commissioner, who called the allegations a Republican conspiracy to hurt former Texas Agriculture Commissioner Jim Hightower.

"This kind of judicial terrorism, using the power and authority of the federal government to humiliate and destroy honest and dedicated public servants, represents the kind of political corruption that needs to be

stopped," said Moeller, the No. 2 man in Hightower's administration.

Hightower lost to Republican Rick Perry in the November election.

In a prepared statement, Hightower echoed Moeller's contention that the charges were politically motivated by the U.S. Justice Department.

"Having spent 14 months and untold tens of thousands of taxpayers dollars, it is not surprising that they feel compelled to try and rationalize it here at the end with some charges, no matter how feeble the case," Hightower said.

"I have confidence that the people charged will be cleared," Hightower added.

Moeller, 43, and his former special assistant, Peter McRae, 33, were

released by a federal magistrate on \$5,000 personal recognizance bonds.

Billie Quicksall, Robert Boyd, and Russell Koontz also were named in the indictments. They didn't appear in court Tuesday.

Quicksall was an agent for the Texas Federal Inspection Service and served as an interim director of the agriculture department's seed and grain warehouse division.

Boyd and Koontz were former consultants to both the TFIS and TDA.

The indictment alleges that the five men engaged in a conspiracy to defraud the government by using federal agriculture funds for the benefit of political candidates, including Moeller.

Aziz, Baker hold talks

GENEVA (AP) - Secretary of State James A. Baker III met today with Iraqi Foreign Minister Tariq Aziz in a tense diplomatic bid to avert war through high-level U.S.-Iraq talks had been substantive, but declined further characterization "that might prejudice the situation."

Baker and Aziz resumed their critical talks after lunch, following two hours of morning discussions.

With tensions rising and oil prices fluctuating with every rumor, the world sought a signal that there might be a break in the impasse which has led the United States and its allies toward a desert showdown with Iraq. In Saudi Arabia, U.S. military forces were buzzing with activity as the diplomats went to the table.

Baker billed the session as a last chance for peace, and he carried with him a letter from President Bush to Iraq's President Saddam Hussein warning of devastating consequences should Baghdad ignore the deadline.

Aziz arrived in Geneva promising an open mind in what he hoped would be "positive, constructive talks," but saying that "Iraq does not yield to pressure." He suggested, once again, that the United States must be willing to discuss Middle East issues other than the Aug. 2 Iraqi invasion of Kuwait.



Rivera reads DARE essay

West Central sixth grader Danny Rivera reads his essay at the DARE culmination exercises at the school Tuesday. Looking on is Hereford police officer Bruce Lee, DARE coordinator.

Leaders push ethics bill

AUSTIN (AP) - Two top state leaders say the time has come for ethics reform and pledged to speed such a bill through the Legislature this year.

Both Gov.-elect Ann Richards and House Speaker Gib Lewis said they are working on proposed legislation.

"I think the people of Texas want it, have expressed that. I expect that we are going to pass an ethics bill ... And I'm going to push it very hard early on," Richards said as lawmakers convened Tuesday.

Lewis has been indicted by a Travis County grand jury that is investigating ties between lobbyists

and lawmakers. He was accused of two misdemeanor counts of failing to report a gift from a San Antonio law firm and failing to disclose his interest in a Fort Worth business.

The speaker says he is innocent of any wrongdoing, and after winning re-election as House speaker, he pledged an ethics overhaul.

"We must recognize that times have changed, that this institution must change. And each of us must change the way we conduct our business," Lewis said.

"Practices that were acceptable in the past now raise doubts about the integrity of our system. We must

understand that it is no longer enough to be innocent; we must be above suspicion," Lewis said.

A new state Ethics Commission is needed to interpret ethics laws and take action that's needed to enforce them, he said. It also would provide a buffer for people who are accused of ethics violations, Lewis said.

"I have been falsely accused, and it hurts very deeply when you are falsely accused," he said.

Some lawmakers have suggested that an ethics commission also could set lawmakers' salaries, but Richards quickly rejected that idea.

Page Two

Local Roundup

Snow likely tonight

Winter weather watch tonight. Tonight, a 70 percent chance of freezing rain or sleet changing to snow after midnight. Low in the lower 20s. East wind 5 to 10 mph. Snow accumulations of 1 to 2 inches possible.

Thursday, a 30 percent chance of snow early, otherwise cloudy. High in the upper 30s. East to southeast wind 5 to 10 mph.

The extended forecast for Friday through Sunday: Fair. Highs upper 30s to mid 40s Friday warming to the 50s by Sunday. Lows in the 20s. This morning's low at KPAN was 23 after a high Tuesday of 59.

Three arrested Tuesday

Hereford police arrested three persons Tuesday, including a man, 18, for minor in possession, no proof of insurance, and cutting across a drive to avoid an intersection; a man, 53, for second offense no liability insurance and driving while license suspended; and a man, 38, for public intoxication.

Reports included sexual assault; a battery taken from a vehicle in the 1000 block of Union; two assaults in the Hereford High School parking lot; theft of a billfold in the 100 block of W. Park; theft of a purse in the 900 block of Park; unauthorized use of a vehicle in the 100 block of Campbell and in the 300 block of Star; and a runaway.

Police issued 5 citations Tuesday.

4-H/FFA Boosters meet Thursday

The 4-H/FFA Booster Club will meet at 7 p.m. Thursday at the HHS ag building.

All persons interested in helping youngsters are urged to attend.

News Digest

World, National

GENEVA - Secretary of State James A. Baker III and Iraqi Foreign Minister Tariq Aziz headed into their meeting today on the Persian Gulf still talking of peace but giving no sign they can avert war over Kuwait.

WASHINGTON - President Bush is warning that it will "only encourage Iraqi intransigence" if Congress fails to endorse the use of force to drive Iraq's troops out of Kuwait.

WASHINGTON - The U.S. denunciation of a Soviet plan to send troops into the Baltic republics and elsewhere to enforce the military draft shows Washington's growing concern about a shift to the right by Soviet President Mikhail S. Gorbachev.

WASHINGTON - President Bush decided to free up \$42.5 million in frozen military aid for El Salvador after concluding that Salvadoran rebels are committing human rights abuses and grabbing weapons, administration and congressional sources say.

WASHINGTON - If shellfish makes you sick, it's probably because it came from waters contaminated by human waste. That's a major conclusion from a report of the National Academy of Sciences. It's urging the government to crack down on fishing in polluted areas.

TEXAS

AUSTIN - The Legislature, seeking lasting solutions to persistent problems, convened in its 72nd regular session on Tuesday with leaders pledging to avoid raising taxes if at all possible.

AUSTIN - Gib Lewis said his election to an unprecedented fifth term as House speaker, despite being under indictment for alleged ethics violations, was an emotional moment that made him proud of his colleagues.

AUSTIN - Travis County District Attorney Ronnie Earle had nothing to say about Texas lawmaker Gib Lewis winning a record fifth two-year term as House speaker.

AUSTIN - Two top state leaders say the time has come for ethics reform and pledged to speed such a bill through the Legislature this year.

AUSTIN - Mario Gallegos stood alone when he took the oath of office as a new state representative. But at least 130 relatives were backing him up.

HOUSTON - Civic leaders began scrambling today to raise the last \$4.3 million to fund Houston's share of the 1992 Republican National Convention after party leaders chose President Bush's adopted hometown for the fete.

WASHINGTON - The Pentagon is seeking to recover about \$2 billion it paid to two contractors to develop the Navy's ill-fated A-12 attack plane.

WASHINGTON - The Texas congressional delegation may decide it has bigger battles to fight this year than to put its considerable influence behind salvaging the Navy's A-12 stealth attack plane.

WHITE SETTLEMENT - Fired General Dynamics engineer Ron Withers says Defense Secretary Dick Cheney was trying to send a message by canceling the multibillion-dollar A-12 attack plane.

HOUSTON - Thirty years of hedgepodge development comes slowly to an end today with the expected City Council passage of a zoning ordinance for the largest U.S. city without zoning laws.

AUSTIN - A federal grand jury indicted five former workers of the state agriculture department, including the former deputy commissioner, on charges of using federal funds to pay for political work.

RICHARDSON - High school students who watched in horror as a schoolmate shot himself to death in front of their class were recovering today from the ordeal with help from educators.

DALLAS - The president of Paul Quinn College covered up his board chairman's felony drug conviction, says the businessman responsible for bringing the school here.

AUSTIN - As a veteran of county government, Gov.-elect Ann Richards says she chose a county official as her top criminal justice adviser because he will listen to law officers.

KINGSVILLE - Alleged probation violations could land two former Texas A&I University football players and an ex-A&I student in prison for cocaine-dealing convictions.

School suicide committed

RICHARDSON, Texas (AP) - High school students who watched in horror as a schoolmate shot himself to death in front of their class were recovering today from the ordeal with help from educators.

Jeremy Wade Delle, 16, brandished a revolver near his English teacher's desk Tuesday morning, made a brief statement and then shot himself in the head, witnesses said.

"He walked out (of the class) and came back in and said, 'This is what I came back to do,' stuck the gun in his mouth and pulled the trigger," said Jason Fiveash, who witnessed the incident along with about 24 other students.

"A lot of girls started crying, people were screaming," he said. "A couple of people ran out of the room to go get the principal."

Authorities found a suicide note that had been written to one of the youth's friends at Richardson High School, but did not immediately divulge its contents.

Delle, a sophomore, was pronounced dead at the scene about 10 a.m. No one else was wounded, said

Susan Dacus Wilson, a spokeswoman for the Richardson Independent School District.

"I just sat there in disbelief," Fiveash said. "The initial shock is over with, I think, but it's still kind of a frightening experience."

Counselors helped students and faculty cope with the shooting death. Delle had been receiving counseling before his death, officials said.

"He seemed like kind of a bitter person, or maybe that's just to me, but he obviously had some kind of a problem," Fiveash said.

An educator said the death did not indicate a larger problem in the suburban Dallas district.

"One suicide does not make suicide contagion," said Pat Olney of the RISD crisis team. "We've not had any other suicides this year in our district. So I feel like with the support we're giving our students that we won't have anything like that."

Delle had been in the English classroom but then left for a brief period, telling his teacher he needed to retrieve a medical slip from his locker, said Richardson Police Sgt.

Lawmakers face old problems

AUSTIN (AP) - The Legislature, seeking lasting solutions to persistent problems, convened in its 72nd regular session on Tuesday with leaders pledging to avoid raising taxes if at all possible.

Searching for additional state revenue, ensuring a fair school finance system and drawing politically sensitive legislative and congressional districts top the lawmakers' agenda.

On Tuesday, the House stood solidly behind Speaker Gib Lewis, re-electing him to an unprecedented fifth term despite his indictment on two misdemeanor ethics charges by a Travis County grand jury. Lewis, D-Fort Worth, has denied any wrongdoing.

The Senate said farewell to Lt. Gov. Bill Hobby, who has presided over that 31-member body for 18 years, and welcomed Lt. Gov.-elect Bob Bullock, who said he was ill with the flu and heading for a doctor's office.

Lewis, who first won the speaker's job in 1983, was elected without an opponent, 146-1. The only lawmaker voting against Lewis was first-term Republican Ted Kamel of Tyler.

"There's always something exhilarating about the opening of a new session of the Legislature," Lewis said. "The slate is clean. A new agenda of unmet needs beckons us. And a spirit of compromise prevails. ... Everything seems possible."

The Legislature is meeting in its 140-day regular session, held every other year. Lawmakers must adjourn this session by midnight May 27.

The most severe legislative problem is what to do about a projected \$4.2 billion shortfall in the money needed to meet state obligations for 1992-93.

Gov.-elect Ann Richards said, "I said in the campaign that I felt there were a number of things state government had to do and that we would do those doing our best to avoid any kind of new taxation."

She said wants quick approval of a state lottery to help make up the shortfall, along with other budget-trimming measures.

"I have absolutely no interest in Band-Aids and minimal approaches,"

Richards said. "I want very much to assure the people of Texas that we

have done everything we possibly can, not only to bring in the revenue but that we can audit all of the state agencies and tell the taxpayers that we have scrubbed, we have pulled together all of the loose ends, that we have cut whatever fat is available.

"If we do all of those things, we have a really good shot at financing state government."

The governor-elect also told a news conference that she agreed with Bullock that adopting a one-year budget might give the Legislature time to "put together a package that is going to create revenue for us for the foreseeable future."

Lewis said the Legislature must balance its budget knowing that "every dollar we add in new spending is a dollar we must raise from the people of Texas. And make no mistake, we must add dollars to this budget."

But he added, "There will be no one more determined to hold down spending or more reluctant to raise taxes than I."

Redistricting on the basis of the 1990 census is almost certain to make emotions flare at the Capitol, and equalizing funding of public schools

already has frustrated lawmakers, who have watched the courts reject previous plans.

But Richards, in a speech to the Senate, said, "There is a new wind that blows, one which I think is going to bring about a great deal of change and long-needed change."

On a personal note, Richards said, "It is with some sadness that I see Bill Hobby seek semi-retirement. He has been a mentor to me."

"I can think of no person in political life who's been more significant in my personal and political growth than Bill Hobby."

A bronze bust of Hobby was unveiled, with Sen. John Montford, D-Lubbock, saying it would remain in a prominent place in the Senate and serve as a "lasting reminder of what public service should be all about."

"I just think it is magnificent," Hobby said of the bust.

Spelling contest scheduled

The 1991 Deaf Smith County Spelling Bee, sponsored by The Hereford Brand, has been scheduled for March 7-8 and will be conducted in the Heritage Room at Deaf Smith County Library.

County schools will have elimination bees to determine the entrants for the county bee. The number of entrants is based on each school's enrollment.

The County Junior Bee (4th and 5th graders) will be held Thursday, March 7, and the Senior Bee (grades 6-7-8) follows the next day. Both contests start at 3 p.m.

The County Bee champion must not have passed the eighth grade and must not reach his/her 16th birthday on or before the national finals this summer. The county champion will advance to the Regional Bee April 13 on the campus of West Texas State University.

Local winners will receive awards and the regional sponsors will award a prize to each county's junior and senior champion. The Regional Bee champion will receive an all-expense paid trip for two to the national finals in Washington, D.C. The Amarillo Globe-News and WTSU sponsor the regional contest.



Shirley Computer Club involved

The Shirley After School Computer Club meets each Monday and Thursday at 3:30 p.m. at the school. The club is designed to allow more hands-on experience with computers, boost academic skills and enhance school morale, according to teacher Shannon Jensen, who called the program a great success.

Police present community program

By DANEE WILSON
Staff Writer

Crime Prevention Officer Terry Brown of the Hereford Police Department recently presented a program to the Rotary Club on the "Police-Community Team."

Brown gave a history of the role of police officers in the community and how their roles have changed.

"In the past police officers worked their areas on foot," Brown said. "With the introduction of police patrol units, a shield was created that separated police and community members."

Brown said the police and community took on a new "cops and bad guys" attitude. The focus of crime prevention began to focus

solely on the criminal and the victim was being forgotten.

Today the jails are overcrowded and the victim does not feel they are getting equal justice. "Officers are going from call to call and have little time to spend with the victim and officers today are not being trained to meet the victim's needs," Brown said.

Brown suggested utilizing social services to their fullest potential. "We

must utilize existing funds for victims assistance to assist the victim in defraying expenses incurred in what is hoped to be the only traumatic incident they are forced to deal with," he said.

Teamwork between the community and the police will be needed to curtail crime.

"With enhanced neighborhood watch programs and other crime

prevention programs the team can help deter crime," Brown said.

According to Brown, today's society demands victim's rights and law enforcement must meet these demands.

Hospital Notes

HOSPITAL NOTES

Geneva Ellis, Infant Boy Ellis, Manuel Flores, Clifford Gandy, John Mark Garcia, Lisa Huffaker, Charlotte Moore, Dolores Nichols, Infant Girl Nieto, Leticia Nieto, Buddy Pickens, Juan Robles, Brandy Romo, Gerda Rouse, Areli Rubio, Infant Boy Rubio, Aurora Ruiz, Aurora Vasquez, Esmeralda Vasquez, Sylvia Villegas and W.O. McCutchen.

Mr. and Mrs. Mark Garcia are the parents of a son, John Mark Garcia, born Jan. 4, 1991.

Mr. and Mrs. Eliazar Garcia are the parents of a son, Randy Garcia, Jan. 5, 1991.

Mr. and Mrs. Francisco G. Nieto are the parents of a daughter, Christina, Jan. 7, 1991.

THE HEREFORD BRAND

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Obituaries

AMARILLO, Texas (AP) - W.W. "Windy" Nicklaus, captain of the first Texas Tech football team in 1925, is dead at the age of 87.

Nicklaus, a longtime Amarillo educator and civic leader, died Tuesday.

He was also captain of the first football team at Amarillo High School to be called the Golden Sandstorm in 1922.

He was installed into the Texas Tech Athletic Hall of Honor in 1966, into the Panhandle Sports Hall of Fame in 1966, into the Amarillo High School Hall of Fame in 1976 and into the Texas High School Hall of Fame in 1988.

After graduation in 1928, Nicklaus coached football at Tahoka High School for two years. He coached Amarillo College to the state junior college football championship in 1935.

Other coaching assignments took him to Altus (Okla.) Junior College, Oklahoma Baptist University (Shawnee), Borger High School and West Texas State University.

When Nicklaus retired as a high school principal in Amarillo in 1969, he was elected to the Amarillo City Commission and served six years.

He ran unsuccessfully for mayor of Amarillo in 1981.

Nicklaus is survived by a son, Dr.

Ted M. Nicklaus of Amarillo; two daughters, Windene Mobley and Nancy Lynn Bennett, both of Amarillo; a sister, Faye O'Grady of Birmingham, Ala.; 10 grandchildren and 11 great-grandchildren.

Services will be at 10 a.m. Friday at Polk Street United Methodist Church. Arrangements are by Blackburn Shaw Memorial Chapel.

EALEN GAGE

Jan. 8, 1991

Ealen Gage, 90, of Friona died Tuesday, Jan. 8, 1991.

Graveside services will be at 2:30 p.m. Thursday in the Littlefield Cemetery with Bertram Jack, a friend from Park Avenue Church of Christ at Hereford, officiating. Arrangements are by Hammons Funeral Home in Littlefield.

Mrs. Gage, born in Hagerman, N.M., moved to Friona in 1986 from Chico, Calif. She was a retired elementary school teacher. She was a member of the Chico Woman's Study Club and Park Avenue Church of Christ in Hereford.

Survivors include a brother, Edgar Walters of Bovina; a sister, Bernice West of Dallas; and two nieces and a nephew.

Life!

Ann Landers

DEAR ANN LANDERS: I hope it's not too late to get in on the discussion about medical residency programs that require 36-hour duty. A woman wrote to complain because her son was bordering on nervous collapse from overwork and lack of sleep. She has a soul mate in me because I have a son who is going through the same thing. I agree with her that such hours are senseless and barbaric.

Where is the common sense of people who design these programs? Don't they know that the mistakes made by exhausted and bleary-eyed physicians can be fatal? Just because they have always done it that way is no reason it cannot be changed.

I wish you'd print the views of others, Ann. Am I the only one who thinks like this? -- Duluth, Ga.

DEAR GEORGIA: No, you aren't. Read on:

From Los Angeles: My fiance is a physician doing his medical residency in a well-known hospital. He walks around half-dead from fatigue. Small wonder the suicide rate among doctors is so high. The same goes for substance abuse. Other professions, such as airline pilots, truck drivers and nurses, regulate the number of hours people can work in order to protect not only the workers but the public. Why doesn't the medical profession do this?

Cleveland: I will not sign this letter, of course, but I swear by all that is holy every word of it is true. My husband is a medical resident and I am horrified by what goes on in the hospital where he is being trained. He has told me of some of the mistakes that have been made by residents because of fatigue and stress. I am talking about accidental deaths resulting from misdiagnosis, inappropriate treatment, wrong medication, confusion of patients' charts and X-rays, etc., etc. It is so scary that I would have to be awfully darned sick before I would go into a hospital for anything.

Garden City, Calif.: My children will not be celebrating Father's Day this year. My husband died because a resident who had been working for 32 hours straight have him some

DENVER (AP) - A man was jailed on \$200 bail after throwing packets of sexually threatening letters at Olympic figure skater Katarina Witt during a performance, police said.

Harry Veltman III, 46, of Riverside, Calif., was arrested Friday at McNichols Sports Arena. He was charged with harassment.

Detective John Wyckoff said Veltman told Witt in the typed letters "what he wanted to do to her." Some letters contained sexual threats, Wyckoff said.

Witt, 25, who is on a 26-city tour, finished the performance without incident after the bundles were thrown on the ice. The spotlight operator illuminated the packets so she wouldn't trip over them.

Witt won two Olympic gold medals in 1988 as a member of the East German team.



Cantaloupe, honeydew, casaba, Persian and Odessa are all varieties of the muskmelon. Their differences are the result of cultivation in different regions of the world.

medication to lower his blood pressure. It turned out to be the medicine intended for the patient in the next room. You would not believe the number of near misses that occur in hospitals. And do you know who the real heroes are? The nurses.

Cincinnati: That insane practice of 36 hours on 12 hours off for medical residents is nothing more than traditional, fraternity-style initiation nonsense that is dangerous for both the doctor and the patient. This brutal schedule has sent more than one young doctor down the road to drug addiction. We know that sleep deprivation causes memory loss, paranoia and other problems that can kill a patient. This craziness must be stopped for the good of all.

Corpus Christi: I was one of those physicians who worked 36 hours on and 12 off. I always wanted to be a doctor and was sure I had made the right decision even though the training was rough. When I graduated from medical school I was in debt \$100,000. My cousin went to law school. His tuition was half of what mine was. He went to school three years, had summers off and got a job right out of law school that paid \$60,000 a year. His malpractice insurance costs a lot less than mine. Meanwhile, he is getting rich from the malpractice suits he files against physicians. Am I bitter? You'd better believe it.

To All Who Wrote: There have been some drastic changes in the medical profession in the last 20 years with more to come. Stay tuned.

Is that Ann Landers column you clipped years ago yellow with age? For a copy of her most frequently requested poems and essays, send a self-addressed, long, business-size envelope and a check or money order for \$4.85 (this includes postage and handling) to: Gems, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, send \$5.87.)

Piano recital held

Evelyn Hacker recently presented students in piano recital held in her studio. Family members were guests.

Students performing in the first group were Jana Baird, Camille Betzen, Greg Coplen, Cheri and Christi Euler, Melissa and Stephen Cloud, Amanda McMeen, Beth Weatherly, Karon Harder, and Lee and Cindy Harder.

Performing duets with their children were Beverly Harder, Becky Weatherly and Cheryl Betzen.

Performing in the second group were Annie Hoffman, Noelle and Sloane Merrick, Amber Kerr, Kristin, Daniel, and Andrew Carnahan, Amber Vasek, Julie and Janae Schlabs, Jace West, and Suzanne Baca.

During the performance of the third group, a special guest appearance was made by Dee Anne Trotter. She played an elaborate variation of "Jingle Bells." She told the group the importance of studying music. The students performing were Leah and Cameron Turner, Laurie Gilbert, Eddie Trotter, Aaron Hendrickson, Brent Carlson, Riley Hall, Kimberly Scott, Michelle Chand, and Trae Blain.

Performing duets with their children were Dee Anne Trotter, Shirley Carlson, Steve Gilbert, and Vernon Turner.

Chili supper Saturday

The public is invited to a chili supper from 5-8 p.m. Saturday, Jan. 12, at the Hereford Senior Citizens Center, 426 Ranger Drive.

Cost is \$3.50 per person for the all-you-can-eat meal which will consist of Grant Hanna's chili, cobbler and beverages. Children under five years of age will be admitted free of charge.

Also, during the supper, sponsored by the Golden K-Kiwanis Club, two floor shows will be presented.

Public invited to seminar

The public is invited to attend a grief seminar entitled "Don't Take May Grief Away From Me" led by Doug Manning.

The second session of the seminar will be held from 9-10 a.m. Jan. 13 at the Hereford Senior Citizens Center, 427 Ranger Drive. No reservations are needed for the seminar which is being sponsored by the Fellowship of Believers.

Each session will dismiss in time for the participants to attend their own church.

For further information concerning the seminar, call In-Sight Books at 364-7862.

Military Muster



TOMMY RAMIREZ

Pvt. First Class Tommy Ramirez, son of Cruz and Isabel Ramirez of 610 Jackson St., was awarded the Army Achievement Medal for exceptionally meritorious achievement from Sept. 28-Oct. 18, 1990, as a Bradley Fighting Vehicle Mounted Crewmember for Co. B, 5th Battalion, 18th Infantry.

PFC Ramirez, who is currently stationed in Saudi Arabia, demonstrated outstanding skill and tactical excellence during the Grafwoehr BFV Table VIII exercises. His crew fired "distinguished," scoring better than 900 out of a possible 1,000 points in qualification. PFC Ramirez's contributions helped make his battalion the finest Bradley tank-killers in the 3rd Armored Division.

PFC Ramirez graduated from Hereford High School in 1988. He played football in 1986-87.

Cost of delivery rises

Nobody wants to put a price tag on such a joyous event as having a child. But with the escalating costs of maternity care and childbirth in the United States, unfortunately few couples can overlook the practical issue of financing pregnancy and birth.

Costs of maternity care vary from region to region and between metropolitan and nonmetropolitan hospitals, but, on average, the total bill for a normal delivery is about \$4,300. Hospital charges account for about \$2,800 and physicians fees for \$1,500.

Cesarean deliveries are substantially higher, averaging about \$7,200. Most of this increase is due to higher hospital charges, with average physician fees increasing about \$200.

The rising cost of maternity care is influenced by a number of factors. For one, the expense of pregnancy and childbearing has increased over the years with the rising costs of other medical care. Also, the cost of medical malpractice insurance for physicians has increased, adding to the fees for obstetrical care.

The tendency for many women today to delay childbearing until their thirties has also played a role. Older mothers are at a greater risk for having a complicated delivery, which increases the cost. Also, today, there are a number of prenatal diagnostic tests available which are being used more frequently than ever before. These tests, such as amniocentesis which generally costs between \$350 and \$700 and ultrasound which varies between about \$150 and \$300, add to the overall expense of prenatal care.

With the bill for obstetrical services averaging in the thousands,

it is wise to carefully consider financial matters before becoming pregnant. Most health insurance policies cover maternity care, but some plans are not full coverage. Be sure to check with your insurance company to find out what services will be reimbursed. You may need to switch to a higher coverage or change to a different plan if your current policy is not sufficient.

If children are in your future, make sure you are financially prepared. With the expenses of parenthood looming ahead, you don't want to start off in the hole.

NEW YORK (AP) - Justice may be blind, but does she have an ear for music? That's the question a scientist and spare-time songwriter is asking in federal court, where he is suing Julio Iglesias.

Henry Chia claims the singer's hit "Hey" copied a tune Chia wrote in 1978 called "Es," Spanish for "it is."

U.S. District Judge John F. Keenan, who is hearing the case without a jury, listened Tuesday to various versions of the songs.

First Chia performed his song on a piano. Later, lawyers played Iglesias' 1980 recording of "Hey." Similarities in the two love songs were apparent.

Hearing the old recording, Iglesias smiled, cringed and hid his face. "I was very young when I sang that," he said later.

Chia, who taught metallurgy at Georgia Tech and now lives in Selma, Ala., is seeking profits from the song. He claims "Es" was rejected for use by Iglesias but later copied.

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SPORTS

Herd falls to Frenship, '66-55, while Lady Whitefaces defeated at Borger

By SAM WALLER
Sports Editor

The Hereford Whitefaces dropped a 66-55 decision to Wolfthorh Frenship on Tuesday at Whiteface Gymnasium in their final game before the opening of District 1-4A play.

In other games, the Lady Whitefaces fell 40-37 at Borger in their second district contest while the Herd JV knocked off Frenship 60-48 and the Lady Whiteface JV lost at Borger 41-12.

Frenship 66, Herd 55

The Tigers outscored the Herd 20-13 over the final six minutes of the game, including a 10-14 performance at the free throw line down the stretch.

Frenship (13-7) shot 80 percent (24-of-30) from the line in the game, sparked by freshman Damon Harris' perfect 10-of-10.

Hereford (5-13) scored the game's first seven points, keeping the Tigers off the board for three minutes before Harris scored for the visitors. Frenship cut the margin to two at 8-6 before Andrew Tijerina scored to start a 6-2 run that put the lead at 14-8.

The Tigers pulled back to 16-12 at the end of the first quarter and trailed by a point at 18-17 early in the second before moving in front 23-22 with 5:23 left in the half.

The Herd regained the lead on Richard Sanderson's second 3-pointer of the game and Leo Brown made it a four-point advantage. Frenship then went on a 6-2 run to take a 29-28 lead at the 3:17 mark on a Jason Dear jumper.

The lead went back and forth until Jason Weese nailed a trey for a 36-32 Tiger lead and Harris sank a pair of free throws with no time on the clock for a 38-32 halftime edge.

The Tigers went to a slow-down game to start the third quarter, running 2:37 off the clock before Harris scored. Frenship made it a 10-point margin at 44-34 on two Kenneth White free throws before the Herd

closed to within eight at the end of the quarter at 46-38.

Hereford opened the fourth with four straight points when Brown took a steal in and Sanderson added a pair from the line, cutting the deficit to 46-42 with 6:09 remaining, but the Tigers hit five of six free throws over the next two minutes to build a nine-point lead.

Brown pulled the Herd back to within six with a 3-pointer to make the score 53-47, but Harris answered with a 3-point play and Hereford was never closer than seven again.

Brown finished with 14 points to lead the Herd with Sanderson and Tijerina reaching double figures with 12 each. Derek Mason and Sean Smith both added six points while Chris Steward had three and Eric Sims two.

Harris paced four Tigers in double figures with 22 points while Weese added 15, Kenneth White 14 and Michael White 11.

Borger 40, Lady Whitefaces 37

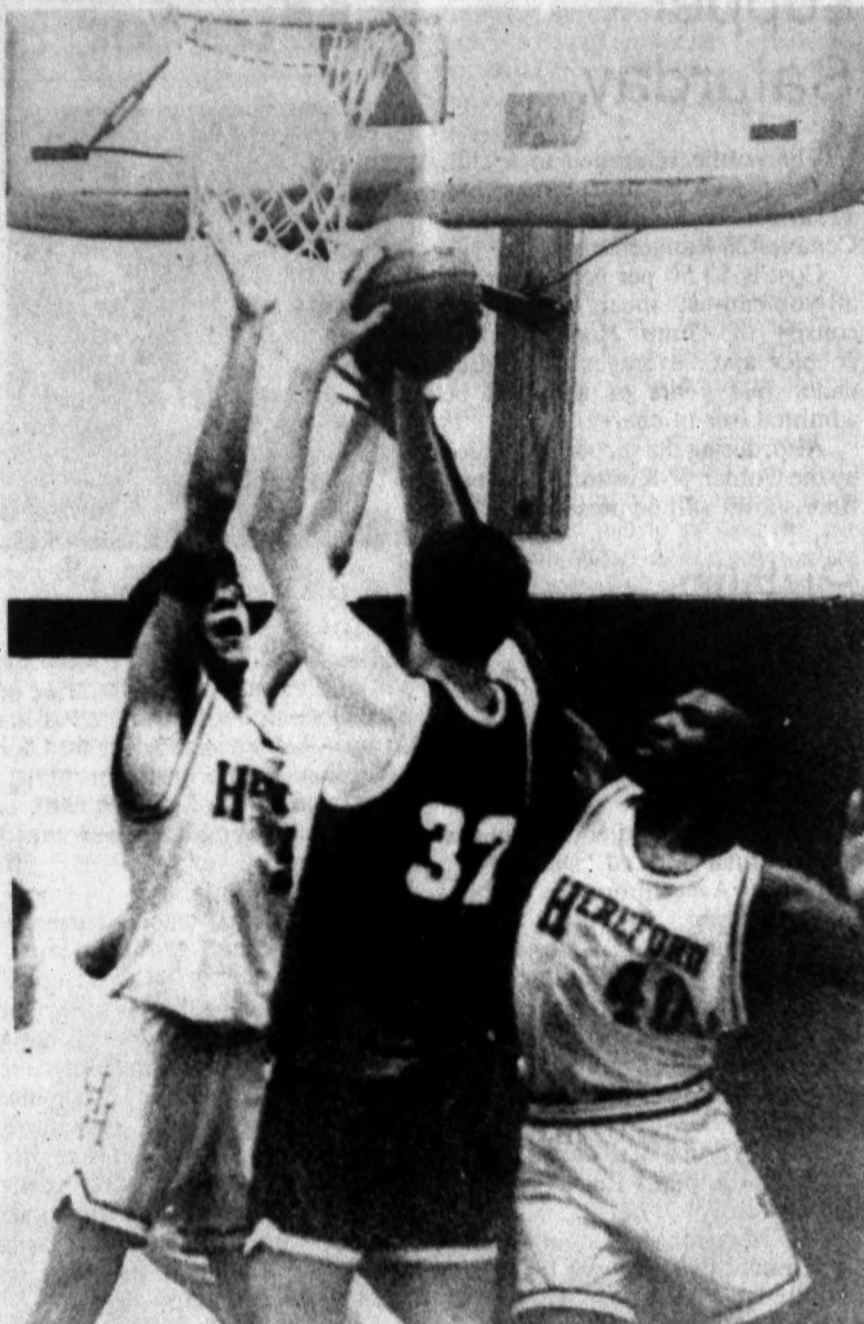
Susan McGregor canned a pair of free throws with seven seconds left to give Borger (18-5, 1-1) a three-point lead and Shantel Cornelius' try for three at the buzzer missed, leaving the Lady Whitefaces (12-11, 1-1) tied for second place in district.

Hereford jumped out to a 16-9 lead in the first quarter as all five starters pumped in points, paced by Cornelius with six.

Cornelius added six more in the second, but that was all the scoring Hereford got as the Lady Bulldogs outscored the Herd 10-6 and pulled to within 22-19 at the half.

Borger's defense shut the lady Whitefaces down even further in the third period, allowing only a Donna Grotegut field goal as the Lady Bulldogs moved in front 25-24.

Hereford outscored Borger 12-9 from the field in the final period, but Borger converted on six of eight free throws while the Herd was three-of-six from the line.



Going up

Andrew Tijerina (left) and Leo Brown (40) of the Hereford Whitefaces get up in an attempt to block the shot of Wolfthorh Frenship's Jason Weese (32) during Tuesday's 66-55 loss to the Tigers at Whiteface Gymnasium.

Cornelius finished with 14 points to lead the Herd with Bullard and Grotegut getting eight each. Brek Binder added five and Stephanie Wilcox two.

McGregor finished with 18 points, including five 3-pointers, to lead all scorers with Melinda White adding eight.

Herd JV 60, Frenship 48

Hereford outscored the Tigers 20-10 in the third quarter to take a seven point lead into the fourth and continued to add to the margin in the final period.

The Herd overcame an early Frenship lead to go ahead 8-7 on two Mark Kriegshauser free throws. Kyle Hansen added three buckets as the Herd took

a 12-9 edge at the end of the first quarter and built it to 16-9 early in the second.

The Tigers closed to within four at 17-13 before embarking on an 8-3 run to take the lead at 21-20. Frenship

(See HERD HOOPS, Page 5)

Johnson named NFL Coach of Year ...

DALLAS (AP) - Jimmy Johnson didn't have a player of Pro Bowl caliber or one good enough to make even second team all-NFL.

Somehow, however, his Dallas Cowboys won seven games and got into playoff contention, and that was good enough to earn him NFL Coach of the Year honors in just his second season in the league.

"We came a long way and we've still got a long way to go," Johnson said Tuesday. "I'm truly honored. I think the voters looked at the entire year and the improvement we had made over last year."

Dallas had a six-game improvement under Johnson. They lost their last two games to Philadelphia and Atlanta after quarterback Troy Aikman suffered a separated shoulder.

Johnson, who brought the University of Miami a national championship before he answered the call from Jerry Jones to replace Tom Landry, didn't win in a landslide, just edging Art Shell of the Los Angeles Raiders by 21 votes.

Johnson got 181 votes from 80 sports writers and broadcasters in balloting conducted by The Associated Press.

In 1989, the Cowboys were 1-15,

the worst team in the NFL and in franchise history.

"We were a ragtag team a year ago," Johnson said. "It really gives me a good feeling, it really takes the edge off the way that we finished, to get this (award)."

This season Dallas was 7-7 and needed a victory in either of its final two games to make the playoffs as a wild card.

Johnson was a college teammate at Arkansas of Jones, who bought the Cowboys after the 1988 season. Johnson's quick rebuilding has helped smooth his and Jones' images after the firing of Landry.

Shell helped restore the winning tradition in Los Angeles. The Raiders returned to the playoffs for the first time in five years as their former star tackle and 1989 inductee into the Hall of Fame guided them to a 12-4 record. Since he took over for Mike Shanahan after four games in 1989, the Raiders are 19-9.

Behind Shell in the voting were Miami's Don Shula with 91, Buffalo's Marv Levy (9), Chicago's Mike Ditka (8), San Francisco's George Seifert (8), Kansas City's Marty Schottenheimer (5), Seattle's Chuck Knox (4) and Pittsburgh's Chuck Noll (2).

... but he'll miss tangling with Ryan

By DENNE H. FREEMAN
AP Sports Writer

DALLAS (AP) - Dallas coach Jimmy Johnson says he'll miss his twice-yearly jousts with Buddy Ryan.

"For private reasons I would have liked to see Buddy stay," Johnson said. "We had built up a big rivalry."

Ryan, who had been involved in a running feud with Johnson for two years, was fired as coach of the Philadelphia Eagles on the same day Johnson was named The Associated Press NFL Coach of the Year.

"Well, I guess he got me one last time," Johnson told The AP from Atlanta where he was attending NFL meetings. "That's something. I'm shocked. I'm sure he will be in the profession somewhere."

"Buddy had a different style of coaching. He tended to try to get under the other coach's skin. That happened in my case."

Ryan's distaste for the Cowboys began during the 1987 NFL strike year when Tom Landry played some veteran players including Tony Dorsett and Randy White against Ryan's pickups.

When Johnson replaced Landry, Ryan announced that it would be different for the mastermind of the University of Miami's national championships.

"We have a little tougher schedule in the NFL," Ryan said. "We have no East Carolinas in the NFL."

Ryan was 4-0 against Johnson, including the infamous "Bounty Bowl" game on Thanksgiving Day 1989 when Johnson accused Ryan of encouraging his players to take out placekicker Luis Zendejas and quarterback Troy Aikman.

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Making a move

Chad Sandoval (32) of the Hereford Whiteface junior varsity starts a drive to the hoop during Tuesday's 60-48 win over Wolfthorh Frenship at Whiteface Gymnasium.

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Professional accountants are bullish on Hereford

McGinty & Associates backed their opinion with renovation of building

By ORVILLE HOWARD
Special Feature Writer

Hereford is a powerhouse of aggressive leadership which packs a positive punch when the chips are down.

This was the consensus of two Certified Public Accountants who spend their days digging into other people's business, mostly in the Greater Hereford Area.

Pat McGinty and Marvin Sartin, C.P.A.'s who own McGinty & Associates, lock, stock and barrel, left no room for doubt in their dedicated support of the Hereford business community.

And they have backed their opinions with greenbacks in total renovation of a downtown office building which boasts one of the few high-rise automated elevators in Hereford.

"While going down our client list, we find a whole bunch of people who are as well off now as they have ever been, primarily, as result of the kind of people they are," said McGinty. "Hereford people are extremely aggressive in business, aggressive in their work."

"They stay home and take care of their business every day...a very strong set of folks who really want to make things work, not only for themselves but for the community."

McGinty and Sartin literally play

HUSTLE HEREFORD

out life's drama in numbers where no curtain-calls are allowed, unsung heroes of the business world. It's the professional accountants who work back-stage with the business props at hand--but always upstaged by bottomlines whether the characters are large or small, positive or passive.

When it comes to Hereford, however, the two C.P.A.'s find nothing small or passive--"We believe the people of the Hereford area have an aggressiveness in business that's absolutely unmatched anywhere in the state...and maybe the nation."

And McGinty and Sartin should know since they've travelled extensively, both nationally and internationally.

Reared in a military family, McGinty attended 13 schools before finishing secondary classes and wound up getting his high school diploma at Augsburg, Germany. In addition to professional services in accounting and money management, he also conducts a couple of tax seminars a year.

Sartin cut his professional teeth on banking ledgers then went on to become a tax specialist for the Texas A&M Agricultural Extension Service

headquartered at College Station. Thus, he continues to conduct some 15 two-day seminars across Texas each year.

"In my 12 years with the Texas A&M Extension Service, I travelled nearly every inch of Texas and I found that there is not a town in the state that can compare with Hereford's positive aggressiveness," said Sartin. "It seems as though it has always been that way -- long before I came along -- and I think it's going to stay that way whether we have good times or bad times."

When questioned about the so-called "recession" coming from Big-City press, McGinty coined a few well-placed adjectives directed at the doomsday babblers:

"The Hereford people have a way and a willingness to make something good out of something that may appear to be bad...seems like they come on stronger than ever when the going gets rough."

"I don't think Hereford is any worse off or any better off than it has ever been, and I contribute this to their aggressiveness."

McGinty was quick to point out that the Hereford area has never been insulated from economic recessions, relating to the cattle crash of the 1970s and the inflationary spiral of the early 1980s.

"I'm not saying that some of us won't get hurt when tough times do come along," McGinty added. "What I'm trying to emphasize is that Hereford people as a whole seem to rally around its leaders during tough times...and believe me, Hereford has had some tough leaders and some strong leaders. I guess you could say that's why I'm here today."

And McGinty & Associates matched their cash with their confidence a couple of years ago when they began renovation of an old two-story building in downtown Hereford, a business district that has been a focal-point of expansion during the past five years.

"We completely gutted the structure then came back in with a totally new floor plan, new partitions and new lighting designs," said Sartin, while conducting a tour of the 16,000-square-foot office building. In addition to providing office space for a staff of eight on the second floor the renovation plans also called for special offices for client use, a coffee-break area which contains a lot more food than coffee and additional office space for future expansion.

"We believe that if our staff works in a relaxed atmosphere, they will be more contented and do a better job," said Sartin, as he pointed to the various decoration schemes that changed from office to office.

McGinty and Sartin are full partners in the accounting firm of McGinty & Associates, with Hereford Attorney Jerry Smith coming in as a third partner on the office building a block west of Main on 4th. Smith occupies the offices on the first floor.

The building had been used as a medical center before becoming vacant in the late 1980s, and in 1989, the two professional accountants and Smith cut a deal for the building and began total renovation which took about four months to complete.

McGinty & Associates moved into their new offices on Dec. 1, 1989, coming from their old location at 623 N. Main. In addition to McGinty and Sartin, the firm's professional accounting staff includes Renee Zinser, C.P.A. and a graduate of West Texas State University (WTSU); Gary Houlette, C.P.A. and a graduate of Texas Tech University; Cindy Garth, C.P.A., and a graduate of WTSU; and Barbara Franks, accountant, and a graduate of WTSU. Brenda Busby is accountant for the McGinty accounting corporation and Becky Broadstreet is receptionist.

"I want to make it very clear that our entire corporation hinges around our staff of professionals," said McGinty, who repeatedly spoke of his office personnel as something pretty close to family, rather than staff workers. "We really have a group of dedicated workers who put our customers first--we are a service corporation; service is our business."

As a public accounting firm, McGinty & Associates serve their some 900 clients in all phases of tax returns, financial reporting and management advisory services, a segment which in laymen's terms means "company problem solvers." And their clients range from the individual 1040-A short-form in income tax reporting to the multimillion-dollar league of commercial livestock feedyards, seed companies and big industry.

McGinty clientele also includes professional people, such as lawyers, doctors, school teachers, veterinarians and finance administrators. Farmers, ranchers and retail stores also rank high in their workload, with the big end of



New headquarters of McGinty & Associates, 205 W. 4th St.

their services geared to the agribusiness industry.

"If you live in Hereford or make a living in Hereford, then you're connected with agriculture in some form or another," said McGinty. "If you don't like agriculture, then perhaps you'd be better off living somewhere besides Hereford--this is an agriculture town and always will be--at least in our lifetime."

And it was agriculture that brought McGinty to Hereford back in the 1970s when he joined Caviness Packing Co. as chief financial officer.

The Hereford accounting firm also specializes in trusts, estate planning, product development and marketing, a diversification in services which keep the office computers loaded the year-around. But it's the tax season that brings the profession of accounting into the limelight of every-day living, whether you're a feedyard pen rider or an X-ray technician at Deaf Smith County Hospital.

"We regard all of our clients as being very important to us, whether it's an individual tax return or one that's extremely complicated dealing with millions," said McGinty. "Therefore, we start working with our clients long before the end of the year. If there's a problem, one needs to do something about before Jan. 1."

Though the big end of their business comes from the Greater Hereford trade territory, McGinty & Associates have clients from Colorado to Houston and the Dallas-Fort Worth Metroplex.

In the event of an audit by the Internal Revenue Service (IRS), McGinty clients and IRS agents seldom meet face-to-face--"If the IRS calls for an audit of one of our clients, we meet with the IRS, not the individual or firm for whom we prepared the return."

"During planning sessions in November and December, we simply advise our clients on what position they need to be in on Jan. 1--when the sun comes up on New Year's Day, it's too late to do anything about it," McGinty added. "Numbers become very mechanical after that point in time."

Nearly all of McGinty clients are recurring, with expansion of business coming from referrals. They have very little walk-in business, adhering closely to a strict code of professional ethics in business solicitation.

McGinty pointed out that though tax returns may have a much higher public profile in the day-to-day run of accounting, other segments of their services may have more far-reaching effects on a given business: "When we see a loss, as an example, if our client so wishes, we go in and find out what caused the loss and then advise on the various ways to turn it around."

He noted that much of their corporate work is done due to requirements by such entities as federal or state regulations, and/or stockholders...bottomlines which tell the story of a business in figures.

However, he pointed to a number of instances where federal/state audit demands are much less demanding than 20 years ago--"As a matter of fact, there are no requirements now for a commercial bank to be audited. The requirements (audit) for commercial banks stem from their desire for control over their financial position by having independent auditors to look over their books and issue reports, and

Number Two, a desire to issue information and data to their stockholders."

As point of interest, McGinty & Associates have one bank as a client, but noted that banks are audited by regulators mostly to verify federal/state compliance.

Each professional accountant in the McGinty group have their own computer with copies of all work, such as audits or tax returns, kept in a secured centralized walk-in filing vault. And due to the high-tech automation in computerized accounting, the McGinty staff has not grown appreciably, but the clientele roster has more than doubled in the past five years.

A son of Gifford and Anni McGinty, G. Patrick McGinty was born in Henryetta, OK., but didn't spend much time in the Sooner State--"You don't spend much time at any one place when you've been in 13 different schools before you're out of high school." His parents are now retired in Fort Worth.

However, during his younger years, McGinty spent a little more time in Roswell, N.M., than at most of points in his parents military travel. And it was in Roswell where he and Sartin became close friends while high school classmates.

The son of Odell and Juanita Sartin of Roswell, Marvin graduated from Roswell High School in 1960, the same year that McGinty was graduating from high school in Augsburg, Germany, and four years later received a degree in agricultural economics from New Mexico State University at Las Cruces.

Following graduation from NMSU, Sartin went to work for the Federal Land Bank at Garden City, K.S., and in the late 1960s, returned to Las Cruces to enter graduate school where he received a Master's in agricultural economics. In 1969, Sartin moved to Lubbock where he went to work for the Texas Agricultural Extension Service as an agricultural economist, a career he maintained for the next dozen years.

While stationed in Lubbock, Sartin took additional courses in accounting at Texas Tech where he later passed all requirements as a Certified Public Accountant, thus leading to his role as a statewide specialist in tax seminars for Texas A&M. Subsequently, Sartin started handling accounting at Lubbock and in April, 1986, he joined McGinty as a full partner in McGinty & Associates in downtown Hereford.

He and his wife, Carol, have three children--Sandra, Roy Jo and Jody Rae.

"For two months of every fall, I conduct tax seminars to accountants across the state of Texas," said Sartin. "I have seen that most of the state has undergone severe economic recessions that we have not felt here in Hereford."

"Hereford, it seems, has even been insulated against the bad times in Amarillo, another town that has recently been depressed. In recent years when petroleum has been so very bad and real estate branched into so many areas, the kind of agriculture that we have in Hereford has not been so bad."

"Cattle has been making good money during the past four or five years and the farmers around here have been doing fair to pretty good, a time when farmers in other parts of the state were really in bad shape, financially."

Sartin related directly to the high diversification in agriculture as one of

the main points of progress in Deaf Smith County, agribusiness--commercial cattle feeding, meat packing, seed production and processing, vegetable production and processing, sugar beet production and processing and the heavy move to production of food corn.

"Add all of these so-called specialties in which the straight line of agricultural production of wheat, grain sorghum, corn and ranching and you come out with an unusually strong economy," he added. "Things that frequently touch other areas of Texas have not touched Hereford."

Sartin pointed out, however, that the positive aggressiveness in business in Hereford has roots that go back many generations, possibly back to the very beginning when pioneers harnessed a wilderness of grass a hundred years ago: "People in a given area get used to extending themselves further than those in passive communities, thus, handing down this attitude from generations to generation."

"To succeed in Hereford is not measured necessarily by your bank account, but the way you keep points is what is important...to succeed in Hereford, Texas, you've got to be an aggressive businessman--I have found that most everyone in Hereford works. If you don't want to work, then don't come to Hereford."

Sartin said he has found that Panhandle farmers are much more aggressive than those just a few miles away on the South Plains around Lubbock--"Down there, the main point of conversations will be on better federal programs, while up here around Hereford, they'll be trying to figure out how to borrow another million to make something work."

After graduating from high school at Augsburg in 1960, McGinty returned to the states where he earned a degree in 1966 from Eastern New Mexico State University at Portales.

Following a number of years in professional accounting and money management, McGinty joined Caviness Packing Co. of Hereford as chief financial officer, holding this position for eight years before forming his own professional accounting firm in Hereford.

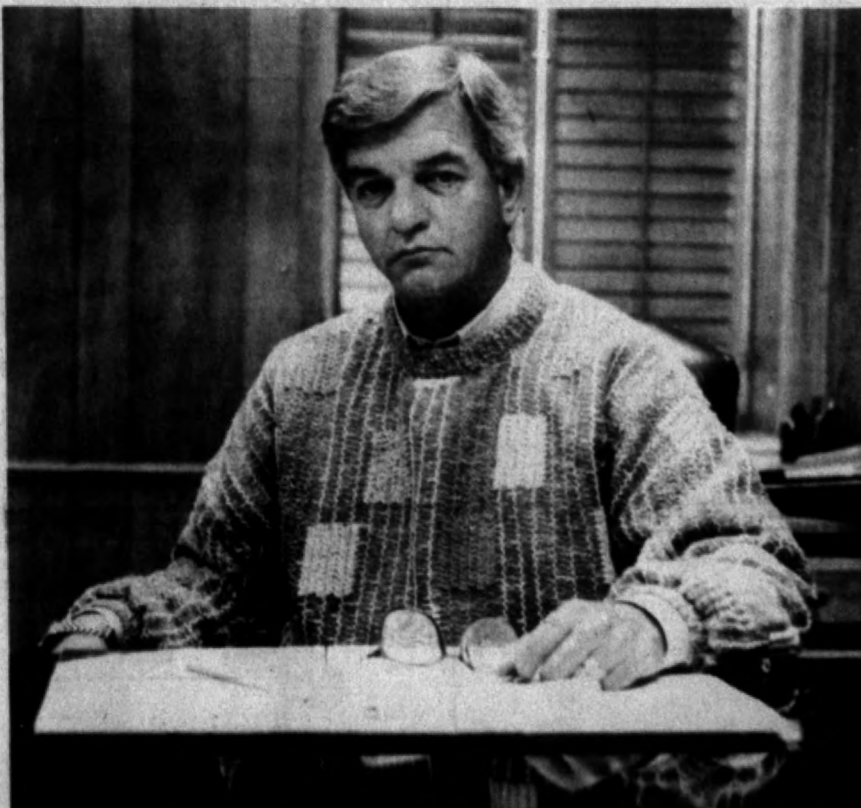
McGinty bought out an existing accounting firm on Jan. 1, 1986, and set up shop in Certified Public Accounting on North Main. He was joined by Sartin three months later, and on Dec. 1, 1989, the two moved into their current two-story headquarters on 4th Avenue.

McGinty and his wife, Patsy, have two children--Scott and Shannon.

Though the two C.P.A.s spend their professional lives somewhere between fine lines and figures, their love for the outdoors is prevalent everywhere in their spacious offices--wildlife and fine Labrador paintings and photographs line McGinty's walls, while sleek Quarter Horses in action monopolize Sartin's office.

McGinty and Sartin lay no claims to a pioneer heritage of Deaf Smith County but their devotion to the Hereford business climate is no less than those who rode in on a covered wagon.

"You might say we're newcomers by some standards, but if you just look around we think you'll agree that we're here to stay...we're here because we want to be, not because we have to be."



Patrick McGinty



Marvin Sartin



Brenda Busby, Becky Broadstreet



Cindy Garth, Renee Zinser, Gary Houlette, Barbara Franks

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2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
5 days per word	.59	11.80

If you run ads in five consecutive issues with NO changes, you get the same ad in the Reach 4 More free. The regular charge for that ad would be \$4.00.

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid word lines those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$4.15 per column inch; \$3.45 an inch for consecutive additional insertions.

LEGALS

Ad rates for legal notices are same as for classified display.

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1-Articles For Sale

**FIREWOOD FOR SALE
Seasoned Oak Or Mesquite
Collier Tire Store
364-8411**

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 yrs. experience. 364-6617. 40

Repossessed Kirby. Other name brands. Used-rebuilt-\$39-up. Sales-Service on all makes. 364-4288. 1200

New and now in stock: The Roads of New Mexico, in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 15003

Professional VCR cleaning and repair. Hereford Home Center, 226 N. Main. 364-4051. 15169

We repair all makes and models of sewing machines and vacuum cleaners. Hereford Home Center, 226 N. Main. 364-4051. 15170

Extra good round bales cut before frost. 276-5239. 15988

Mesquite wood, \$125/cord picked up; \$150/cord delivered & stacked. 364-8368 day; 364-2966-nite. 16120

Tandy 1000A Computer, 684K, Clock/Calendar, 2 Disk Drives, Color Monitor, with Tandy DMP 130 Printer and Joy Stick. 364-0939 days, 364-0146 evenings. 16205

Tandy 20MB Hard Card; 128K-384K Tandy Memory Expansion Board; C. Itoh C315XP Wide Carriage Printer. 364-0939 days, 364-0146 evenings. 16206

Twin bed frame, box spring, and night stand. Beautiful condition. 364-6839 after 5 p.m. 16221

For sale: Amstrad 1512 PC Computer, 640K RAM, 20M-byte hard drive, 16-color CGA Monitor, Mouse, Joystick and software, Men's Salomon sk: boots, 364-5186 or 364-3714. 16222

Taylor's - are - Tower T.V. - Service-Most-Make & Models-248 N.W. Drive. 16237

Puppies for sale: 7 weeks old, part German Shephard \$25.00 ea. Call 364-0677 or 364-1351.

Moving must sell, large Kelvinator side/side Kelvinator, frost-free, gold, \$100. King-size water bed mattress, heater, & frame, \$50. 258-7736. 16238

2-Farm Equipment

Want to buy used tub grinders. Can use PTO or self powered. Call 806-385-5229. 16202

For sale: 1976 Ford 750 Tandem Grain Trk. New 391 engine, less than 500 miles, \$12,500.00. Call 806-944-5401 after 8 p.m. 16207

3-Cars For Sale

1986 Isuzu pickup, diesel, automatic transmission, 31,960 miles, like new, \$5500. Call Gayland Ward, 364-2946 or 364-5251. See at 1500 W. Park. 16114

For sale: 1979 Freightliner Cabover, 290 Cummins Engine, 13 Speed Transmission, 364-1964. 16180

Sharp 1984 Dodge Prospector Conversion Van 26,722 miles-tri-color cream, gold, brown, new tires, loaded, rear air & heat. 364-0130. 16229

4-Real Estate

Money paid for houses, notes, mortgages. Call 364-2660. 790

Two houses and two separate corner lots near San Jose Church, one house at 237 Catalpa, 1/2 block, 140x300, that has been cleared on corner of Gracey & Sampson. Call 364-8842. 5470

For sale-3 story home, over 3400 sq. ft., swimming pool, guest house, 8 1/2% assumable VA loan, non-qualifying, reasonable equity, call Realtor, 364-7792. 15938

202 Douglas, nice 2,000 sqft., 3 bdrm., corner lot, owner financing. Gerald Hamby, Broker, 364-3566. 16132

This is a give away at \$13,500 on Irving for a family that wants to fix up or for you investors that like rental property. This house has 3 bedroom and 2 baths, plus a garage. It's a steal. 16233

**FOR SALE
PARK PLACE APARTMENTS
4 Units, Double Car
Garage,
each unit fireplace.
364-4350.**

FOR SALE
807 N. Miles \$28,000
810 E. 3rd 39,000
Possible Owner Financing
Call Realtor
IRVING WILLOUGHBY
364-8500 or 364-3769

FARMS FOR LEASE
To grow Sugar Beets, Fully alloted corn, milo, cotton and wheat. Sprinklers, good water. Easter/TAM ANNE area.
352-8248
372-1045

5-Homes For Rent

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Move-in special now. No deposit. One and two bedroom apartments. All bills paid, except electricity. "Reduced Rate-By Week or By Month" Eldorado Arms, 364-4332. 820

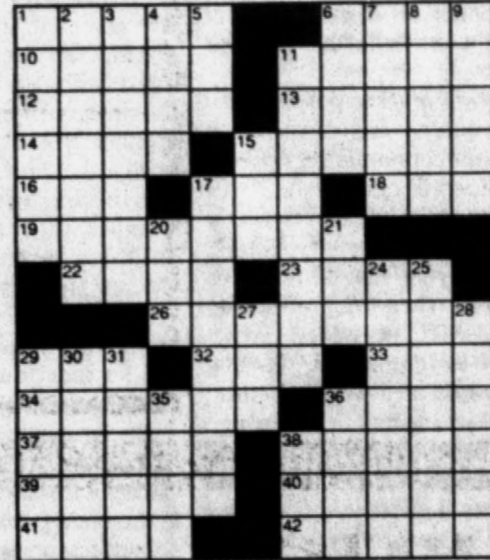
Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

CROSSWORD

by THOMAS JOSEPH

ACROSS
1 Like spy messages
6 Copper
10 Take for — (trick)
11 Synagogue scroll
12 Heeds
13 Relinquish
14 Like meringue
15 Hobo's transportation
16 Poke fun at
17 Trifle
18 Heady brew
19 Studies
22 Terminal
23 Targets
26 Partridge perch
29 Off one's rocker
32 Bro's sib
33 Impair
34 Mistake maker's need
36 Auction
37 "Good-bye, Mr. Chips" star
38 David Copperfield's forte
39 Signs of the future
40 Underway

DOWN
1 Shutterbug's need
2 Derivations
3 Typographical symbol
4 Whirlpool
5 — Moines
6 Cajole
7 Writer
8 Of the fleet
9 Yonder
11 Congressman's term
15 Dickens nickname
17 Keys in a story
20 Cut off
21 Use a hassock
24 Near-sighted cartoon fellow
25 Zoo barker
27 Broadcast cast
28 Builds
29 Red wine
30 Bouquet
31 Hamlet and Ophelia
35 Rational
36 Vault
38 Cartography creation



YESTERDAY'S ANSWER
15 Dickens nickname
17 Keys in a story
20 Cut off
21 Use a hassock
24 Near-sighted cartoon fellow
25 Zoo barker
27 Broadcast cast
28 Builds
29 Red wine
30 Bouquet
31 Hamlet and Ophelia
35 Rational
36 Vault
38 Cartography creation

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric—we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-8448. 1360

Paloma Lane Apts. 2 bedroom available, clean, well cared for, reasonably, \$170 deposit, no pets, EHO, 364-1255. 6060

One bedroom apartment, clean, fully furnished. Single person. No pets. Deposit required. Call 364-1797 leave message. 13314

Need extra space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available, 364-4370. 14763

Available immediately at La Plata Manor Apts. 2 bedroom apartment for Senior Citizen Couple. Appliances furnished, great location, call 364-1255. 15872

Move In Special, two bedroom apartment, stove/refrigerator, w/d hookup, water paid. 364-4370. 16007

2 bedroom, partly furnished, \$175/mo; \$100 deposit. Pay own bills. 364-4332. 16083

3 bedroom house for rent, formal living room, den, playroom, 2 1/2 bath, 122 Fir. 364-7618. 16085

For rent 40x40 foot metal building, 12 foot door, insulated, concrete floor-near town. Gas, electricity & telephone available. Call Hereford, 276-5887. 16091

Two bedroom home with stove, fridge, central gas heat & washer/dryer hookups, water paid. We accept HUD, 364-3209. 16108

Two bedroom, one bath house on one acre. Call 364-2613 after 6 p.m. 16150

Two bedroom unfurnished house with basement, fenced yard, near schools. 364-1854. 16171

Two bedroom, one bath, carpet, garage, utility room, fence, W/D hookup, 608 Blevins. \$225/monthly; \$100 deposit, 364-4908. 16175

For rent 3 bedroom house. 647-2466 after 6 p.m. 16184

Two bedroom house, fenced, garage door opener. Available Jan. 1. 718 Ave. F. \$325 per month, plus deposit. 364-7143. 16191

Tidy 3 bedroom, NW area. Call 364-2660 or 364-7476. 16192

Two bedroom house, large living area, w/d hookup, 364-4370. 16197

HEREFORD APARTMENTS. NEWLY REMODELED. ACCEPTING HUD PARTICIPANTS FOR RENTAL ASSISTANCE. OFFICE 725 S. TEXAS. CALL JUAN JACKSON, 364-2095-DAYS, 364-5338-NIGHTS

For rent: Nice 3 bedroom house with w/d hookup. 364-0984. 16198

For rent -houses & trailer houses - check at Hereford Texaco. 364-8620, We have pest control on houses. 16199

For rent: Nice two bedroom house, w/d hookup, paneled, carpet, 503 Blevins, \$200/mo. 806-762-4339. 16211

7-Business Opportunities

HOME TYPISTS, PC users needed. \$35,000 potential. Details. (1) 805 687-6000 Ext. B-10339

OWN YOUR OWN APPAREL OR SHOE STORE, CHOOSE FROM: JEAN/SPORTSWEAR, LADIES, MEN'S, INFANT/PRE-TEEN, LARGE SIZES, PETITE OR MATERNITY DEPT, DANCEWEAR/AEROBIC, BRIDAL, LINGERIE, SOCK SHOP, OR ACCESSORIES STORE. ADD COLOR ANALYSIS. OVER 2000 BRANDS. ALSO, DISCOUNT OR FAMILY SHOE STORE. \$21,900 TO \$32,900: INVENTORY, TRAINING, FIXTURES, GRAND OPENING, ETC. CAN OPEN 15 DAYS. MR. LOUGHLIN (612)888 4228

8-Help Wanted

PROFESSIONAL SECRETARY
Position available immediately, computer-word processor skills required. Send resume to Box 673xyz.

\$335 per week!! Work at home! Free Recorded Message (601)264-1725. 16219

Need Certified Nurses Aides. Experienced cook. LVNs. Week-end RN. Apply in person, Golden Plains Care Center. 16220

Three years carpentry experience including general maintenance experience. Contact James Montgomery at Hereford I.S.D., 364-7112, 8:00a.m.-5:00p.m. 16227

Need help paying Christmas bills. Avon needs you. Call 364-0899. 16232

No Job Offering here! But, if you're looking for a Career. See our ad in the Sports Section. 16236

9-Child Care

KING'S MANOR METHODIST CHILD CARE

*State Licensed
*Qualified Staff
Monday-Friday 8:00 a.m. - 6:00 p.m.
Drop-Ins Welcome with Two Hours Notice.

MARILYN BELL
Director
364-0661
400 Ranger

HEREFORD DAY CARE

State Licensed
Excellent program
by trained staff.
Children 0-12 years

215 Norton 364-3151 248 E. 16th 364-5062

Openings for children in my home. Drop-ins welcome. Will sit Friday nights & week-ends. Ten years experience. Call Bonnie Cole, 364-6664. 15314

Illys Day Care, State Licensed, excellent program, breakfast, lunch, snacks, 20 years experience, 364-2303. 15777

10-Announcements

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

Problem Pregnancy Center. 505 East Park Avenue, 364-2027. Free pregnancy tests. Confidential. After hours hot line 364-7626, ask for "Janie." 1290

Adoption: Loves & hugs await the child we hope to adopt. Call David & Bebe collect, 215-935-1235. 16210

To Whom It May Concern:
I will not be responsible for Becky Lofts checks or bills incurred from 12-1-90.

Rex Lofts by Kathryn Lofts 16223

11-Business Service

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 1-679-5817; Nights Call 289-5500. 14237

Forrest Insulation & Construction. We insulate attics, side walls & metal buildings. Free estimates. 364-5477. 16200

WINDMILL & DOMESTIC Sales, Repair, Service, Gerald Parker, 258-7722 578-4646

12-Livestock

Working horses for sale, feedyard or pasture. 647-3609, 647-4521. 16226

Give away ear corn in the field to anyone that will pick it up. 578-4549. 16239

Classifieds.

They're just for you, everyday, in the Hereford Brand. Call Janey Allmon today at 364-2030 and get a classified to work for you.

CLASSIFIEDS



Two U.S. capitals preceded the District of Columbia: New York and Philadelphia.

The only planets in our solar system without moons are Venus and Mercury. The planet with the most moons is Jupiter, with four major moons and 12 minor ones.

LEGAL NOTICES

NOTICE TO CREDITORS
Notice is hereby given that original Letters Testamentary for the Estate of Claudia N. White, a/k/a Claudia Netti White, Deceased, were issued on January 7, 1991, in Cause No. 3837, pending in the County Court of Deaf Smith County, Texas, to: JAMES LEE WHITE.

The residence of the Independent Executor is Deaf Smith County, Texas. The post office address is:

c/o Rex W. Easterwood
Attorney At Law
P.O. Box 273
Hereford, Texas 79045

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

DATED the 8th day of January, 1991.

By Rex W. Easterwood
Attorney for the Estate

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

CRYPTOQUOTE

1-9
XL USFN WSL ATLLFB
RSI ETUGM MSC HTXWL
NS GSWV TN MSC USW'L
HTXWL ETUGM GXDF SLRFB
HFSHGF. — VFSBVF ASSBF
Yesterday's Cryptoquote: AS TO THE IDEA THAT ADVERTISING MOTIVATES PEOPLE, REMEMBER THE EDSEL. — PETER DRUCKER

Cook easy for one or two

If you cook for one or two all the time or if members of your family rarely have time to eat together, you can probably identify with these frustrations:

Why do many packages contain too much to eat at one meal? Do your leftovers sit in the refrigerator so long you could enter them in a science fair? Do you end up eating cereal or peanut-butter sandwiches night after night?

Here are some tips to help you plan healthful meals, cut down on leftovers and wasted food, and enjoy a variety of foods.

Large-size, get-more-for-your-money packages aren't a good deal if you end up throwing away food. You'll probably pay a little more for smaller packages, but you can enjoy greater variety. Here's a sample shopping list:

- Individual-size bottles or cans of juice.
- Single-serving cans of soup, tuna, vegetables or fruit.
- Single sticks of string cheese.
- Frozen vegetables packaged in bags. It's easy to remove just the amount you'll eat, then freeze the rest.
- Single-serving microwavable entrees or meals.

WISE BUYS



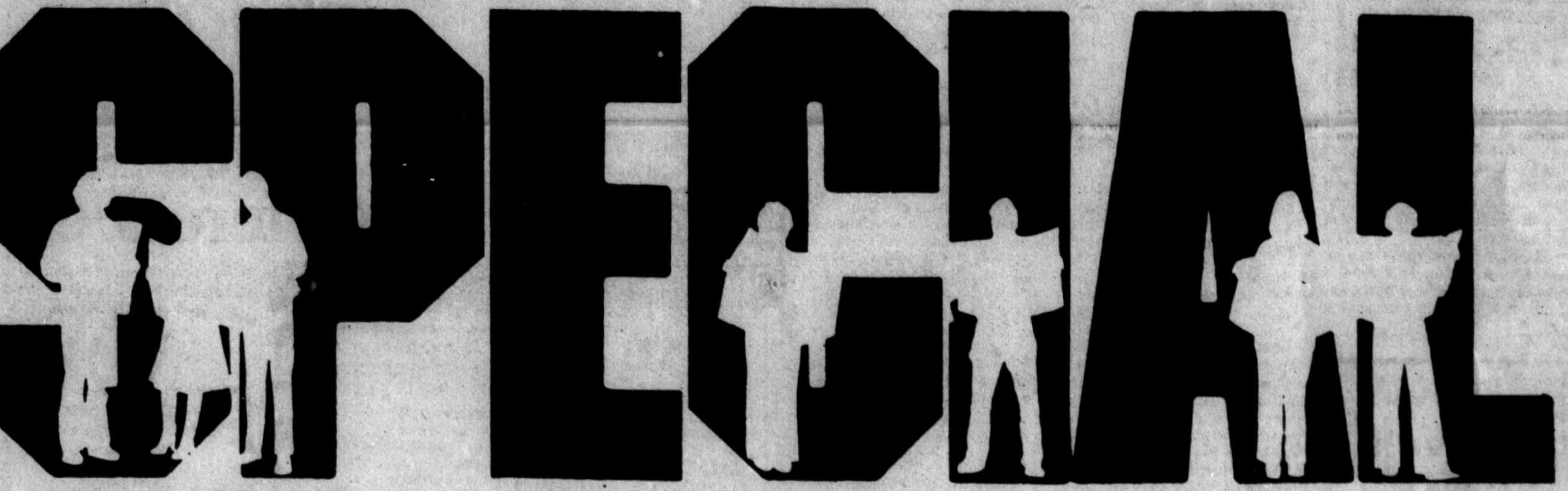
The first known pocket dictionary in America was printed in 1788.

Schlabs Hysinger
COMMODITY SERVICES
1500 West Park Ave. 364-1281
Richard Schlabs Steve Hysinger Brenda Yosten
Phone 364-1286 Each Trading Day After 5:30 P.M.
for Recorded Commodity Update.

CATTLE FUTURES		GRAIN FUTURES		METAL FUTURES	
CATTLE-FEEDER (CME) 40,000 lbs., cents per lb.	CORN (CBT) 5,000 bu., cents per bu.	GOLD (COM) -100 Troy oz., \$ per Troy oz.	SILVER (COM) -5,000 Troy oz., cents per Troy oz.		
Jan 89.15 89.20 89.25 89.30 -27 89.75 89.80 89.85	Jan 227 1/2 227 3/4 228 1/4 228 1/2 229 1/4 229 1/2	Jan 387.50 387.50 387.50 387.50 -3.00 387.50 387.50 387.50	Jan 475.00 475.00 475.00 475.00 -11.00 475.00 475.00 475.00		

CATTLE-FEEDER (CME) 40,000 lbs., cents per lb.		CATTLE-LIVE (CME) 40,000 lbs., cents per lb.		CORN (CBT) 5,000 bu., cents per bu.	
Jan 89.15 89.20 89.25 89.30 -27 89.75 89.80 89.85	Jan 89.15 89.20 89.25 89.30 -27 89.75 89.80 89.85	Jan 227 1/2 227 3/4 228 1/4 228 1/2 229 1/4 229 1/2	Jan 227 1/2 227 3/4 228 1/4 228 1/2 229 1/4 229 1/2	Jan 387.50 387.50 387.50 387.50 -3.00 387.50 387.50 387.50	Jan 475.00 475.00 475.00 475.00 -11.00 475.00 475.00 475.00

THERE'S SOMETHING



IN HEREFORD BRAND CLASSIFIEDS

Call
364-2030

The
Hereford Brand

313 N. Lee

In case after case, Hereford Brand readers are finding unique items and services they've been searching for... satisfying their needs quickly... at a low cost.

For one thing, the Hereford Brand Classifieds reach across all social and economic stratas, providing a sizeable assortment of goods and services, available on a daily basis.

And something more, classified ads make more goods and services accessible...and certainly more affordable to more people. Are you beginning to see the potential in the Classifieds?

With such a broad array of buying options available today, it's a good idea to use our product first. It pays to read the Hereford Brand Classifieds!

Calendar of Events

THURSDAY

Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.
 Immunizations against childhood diseases, Texas Department of Health office, 914 E. Park, 9-11:30 a.m. and 1-4 p.m.
 Al-Anon, 406 W. Fourth, 8 p.m.
 San Jose prayer group, 735 Brevard, 8 p.m.
 Weight Watchers, Community Church, 6:30 p.m.
 Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.
 Kiwanis Club, Community Center, noon.
 TOPS Club No. 941, Community Center, 9 a.m.
 Amateur Radio Operators, north biology building of high school, 7:30 p.m.
 Story hour at library, 10 a.m.
 Hereford Toastmasters Club, Ranch House, 6:30 a.m.
 Whiteface Good Sam Club, Community Center, 6 p.m.

Westgate birthday party at Westgate Nursing Home, 2:30 p.m.
 Hereford Day Care Center board of directors, Hereford Country Club, noon.
 Sweet 'n' Fancy Cake Decorating Club, Community Center, 9:30 a.m.
 Los Ciboleros Chapter, DAR, 2 p.m.
 Men's Study Group, St. Thomas Episcopal Church, 7:30 p.m.
 La Madre Mia Study Club, Lucy Rogers hostess, 7:30 p.m.
 Calliopian Study Club, 7:30 p.m.
 Sugar Works Cake Decorating Club, 7 p.m.
 Messenger Extension Homemakers Club, 2 p.m.

FRIDAY

Kiwanis Whiteface Breakfast Club, Caison House, 6:30 a.m.
 Community Duplicate Bridge Club, Community Center, 7:30 p.m.
 Nazarene Kids Korner, 1410 La Plata, 9 a.m. until 4 p.m.
 Hereford Garden Club, 2 p.m.
 Deaf Smith County Crimestoppers board of directors, Chamber of Commerce board room, noon.

SATURDAY

St. Thomas Episcopal Women, 11 a.m.
 Open gym for all teens, noon to 6 p.m. on Saturdays and 2-5 p.m. Sundays at First Church of the Nazarene.
 AA, 406 W. Fourth St., 8 p.m. on Saturdays and 11 a.m. on Sundays.

MONDAY

AA meets Monday through Friday, 406 W. Fourth St., noon, 5:30 p.m. and 8 p.m. For more information call 364-9620.
 Spanish speaking AA meetings each Monday, 406 W. Fourth St., 8 p.m.
 Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.
 Odd Fellows Lodge, IOOF Hall, 7:30 p.m.
 TOPS Chapter No. 1011, Community Center, 5:30-6:30 p.m.
 Rotary Club, Community Center, noon.
 Planned Parenthood Clinic, open Monday through Friday, 711 25 Mile Ave., 8:30 a.m. until 4:30 p.m.

Civil Air Patrol-U.S. Air Force Auxiliary, Community Center, 7 p.m.
 Nazarene Kids Korner, 1410 La Plata, 9 a.m. until 4 p.m.
 Masonic Lodge, Masonic Temple, 7:30 p.m.
 Easter Lions Club, Easter clubhouse, 8 p.m.
 Hereford Study Club, 1:30 p.m.
 Beta Sigma Phi Sorority City Council, Reddy Room of Southwestern Public Service, 8 p.m.
 Sweet 'n' Fancy Cake Decorating Club, Community Center, 7 p.m.
 Texas Retired Teachers Association, Hereford Senior Citizens Center, 11:30 a.m.

Veleda Study Club, 7:30 p.m.
 Deaf Smith County Historical Museum: Regular museum hours Monday through Saturday 10 a.m. to 5 p.m. and Sunday by appointment only.

TUESDAY

TOPS Chapter No. 576, Community Center, 9 a.m.
 Kids Day Out, First United

Methodist Church, 9 a.m. until 4 p.m.
 St. Thomas 12-step recovery program, open to the public, 7:30-8:30 p.m. For more information call the church office at 364-0146.

Hereford Rebekah Lodge No. 228, IOOF Hall, 7:30 p.m.
 Problem Pregnancy Center, 505 E. Park Ave., open Tuesday through Friday. Free and confidential pregnancy testing. Call 364-2027 or 364-7626 for appointment.
 Free women's exercise class, aerobics and floorwork, Community Church, 7:30 p.m.
 Hereford AMBUCCS Club, Ranch House, noon.
 Social Security representative at courthouse, 9:15 a.m. to 11:30 a.m.
 Kiwanis Club of Hereford-Golden K, Senior Citizens Center, noon.
 La Aflatus Estudio Club, 3 p.m.
 Baptist Women of Summerfield Baptist Church to meet at the church, 9 a.m.
 Xi Epsilon Alpha Chapter of Beta Sigma Phi Sorority, 7:30 p.m.
 Toujours Amis Study Club, 7 p.m.
 Deaf Smith County Chapter of the

American Heart Association, Hereford State Bank, 7 p.m.
 La Plata Study Club, 7:30 p.m.
 Hereford CattleWomen, noon luncheon.
 Hereford Board of Realtors, Hereford Country Club, noon.
 Ford Extension Homemakers Club, 9:30 a.m.
 Pioneer 4-H Club, Community Center, 4 p.m.

WEDNESDAY

Noon Lions Club, Community Center, noon.
 Young at heart program, YMCA, 9 a.m. until noon.
 Al-Anon, 406 W. Fourth St., 5 p.m.
 Christian Women's Fellowship, First Christian Church, noon luncheon.
 Well baby screening clinic for preschool age children, Texas Department of Health office, 914 E. Park Ave., 8:30 a.m. to noon and 1-3 p.m.
 Knights of Columbus at KC Hall, 8 p.m.

Senior Citizens

LUNCH MENUS

THURSDAY-Liver and onions, scalloped potatoes, broccoli, tossed salad, peach crisp, roll.
FRIDAY-Fish strips, mini-baked potato, carrots, creamy coleslaw, baked apple with raisin topping, cornmeal muffin.
MONDAY-Mexican stack, refried beans, Spanish rice, lettuce and tomatoes, sliced peaches, cookie.
TUESDAY-Dinner steak, baked potato, zucchini and tomatoes tossed salad, sherbet, homemade bread.
WEDNESDAY-Chicken strips and cream gravy, French freis, peas and carrots, coleslaw, cherry cobbler, roll.

ACTIVITIES

THURSDAY-Oil painting 9-11 a.m. and 1 p.m., choir 1 p.m.
FRIDAY-Line dance 10 a.m. and 1:15 p.m.
SATURDAY-Chili supper 5-8 p.m.
MONDAY-Income tax assistance training through Wednesday, business meeting 10 a.m., line dance 10 a.m. and 1:15 p.m., devotional 12:45 p.m., retired teachers meeting 11:30 a.m. and 1:30 p.m.
TUESDAY-Stretch and flexibility 10-10:45 a.m., bowling 1:30 p.m.
WEDNESDAY-Stretch and flexibility 10-10:45 a.m., creamics 1:30 p.m.

New Arrivals

Scott and Beth Mazurek of Lubbock are the parents of a daughter, Kristin Janac, born Jan. 3, 1991, at Methodist Hospital. She weighed 7 lbs. and 2 oz.
 Grandparents are Bob Elliott of Lubbock and Sam and Leona Mazurek of Hereford and Jeane Elliott of Lubbock.



The first mailboxes were erected in Paris in 1853. However, messengers, fearful for their livelihood, put mice in the boxes to destroy the mail.

Need to lose a few extra pounds?

HYDE PARK, N.Y. (AP) - The holidays are behind us now, and it's a brand new year.

For a many people, the holidays were filled with family get-togethers, parties, good cheer - and probably more food and drink than the waistline needed. As a result, numerous New Year's resolutions are aimed at losing weight, getting in shape, and eating healthier foods.

Cathy Powers, a registered dietitian who is responsible for curriculum development at the Culinary Institute of America, has some suggestions that will aid those undertaking a new health regime.

"To maintain your weight, you must balance food intake with energy output," Ms. Powers says. "When you alter the equation so that energy output exceeds intake, you lose weight."

To calculate proper caloric intake, use the following table:

Desired healthy weight x 13 (sedentary)

x 15 (moderately active)

x 20 (very active)

To lose weight consider the following: One pound of body fat is equal to 3,500 calories. In order to lose one pound each week, caloric intake should be reduced by 500 calories each day.

Based on the example of a 150-pound person with moderate activity levels, daily caloric intake should not exceed 1,750 calories.

Calculating the total daily caloric intake is an important first step for someone trying to lose weight. Individuals also need to understand that a certain number of calories - the units used to measure energy intake - are required to perform involuntary body maintenance functions. This number of calories remains fairly constant, but the calories required to perform voluntary activities like walking or playing tennis are variable. This area of activity is where people looking to alter their intake-output ratio need to concentrate their efforts.

Reducing calories alone, the typical diet strategy, is not as effective as combining caloric control with exercise. Teaming diet and exercise reduces body fat, while increasing the percentage of lean muscle tissue. Besides helping reduce pounds, exercise provides related benefits that are important, including improved circulation, better cardiovascular health, reduced risk for heart disease and better mental health.

The key to reducing calories seems to be reducing the amount of fat in the

diet, because fat has more than twice as many calories, ounce for ounce, as carbohydrates or proteins. Also a diet richer in carbohydrates contains more fiber, vitamins and minerals. Be aware of foods such as nuts, spreads and high-fat or whole-milk dairy products that have hidden fats. Choose lean meats, substitute low-fat dairy products and reduce portion sizes.

"Start out slowly with your plan, perhaps something as simple as taking a 15-minute walk," Ms. Powers says. "The most important thing is that you stick with it. You can gradually increase to more lengthy workouts, and to avoid getting bored, mix different types of exercise. For instance, take brisk walks two or three days a week. On other days go for a swim, play a game of tennis, take an aerobics class, or lift weights."

However, don't assume that a healthier lifestyle means lots of boring meals and no desserts. Consider the following rendition of Glazed Pineapple Madagascar developed by chef-instructors at the Culinary Institute of America.

This recipe is an example of the innovative ways in which fresh fruit, citrus juice and low-fat dairy products can make traditionally high-fat, high-sugar and high-calorie desserts a thing of the past.

GLAZED PINEAPPLE MADAGASCAR
 1 medium pineapple
 2 1/2 teaspoons green peppercorns, drained
 4 teaspoons sugar
 3/4 cup fresh orange juice
 2 1/2 teaspoons honey
 1/4 cup light rum
 1 cup ice cream (recipe follows) or low-fat frozen yogurt

Remove core and peel pineapple. Cut pineapple into 4 thick rings. Crush green peppercorns and rub over surface of pineapple. Place fruit on a plate and sprinkle on one side with sugar.

Heat a skillet over medium heat until very hot. Drop pineapple onto pan with sugared sides down. Flip rings with a spatula when sugar becomes caramelized into a light brown. Add orange juice, honey and rum and bring to a boil. Remove from heat.

Place 1 pineapple ring on each of four dessert plates. Return orange sauce to burner and cook over high heat until reduced to the consistency of maple syrup. Pour syrup over and around pineapple rings and place a scoop of ice cream or low-fat frozen yogurt in the middle of each plate. Makes 4 servings.

ICE CREAM
 1 3/4 cup part-skim ricotta cheese
 2 1/2 cups low-fat yogurt
 1 cup maple syrup
 1 tablespoon vanilla extract
 Puree ricotta cheese in a food processor with a steel blade until very smooth. Combine with remaining ingredients and mix thoroughly. Pour mixture into ice cream freezer and freeze according to manufacturer's instructions. Place in a tightly covered container in the freezer. Makes 5 cups.

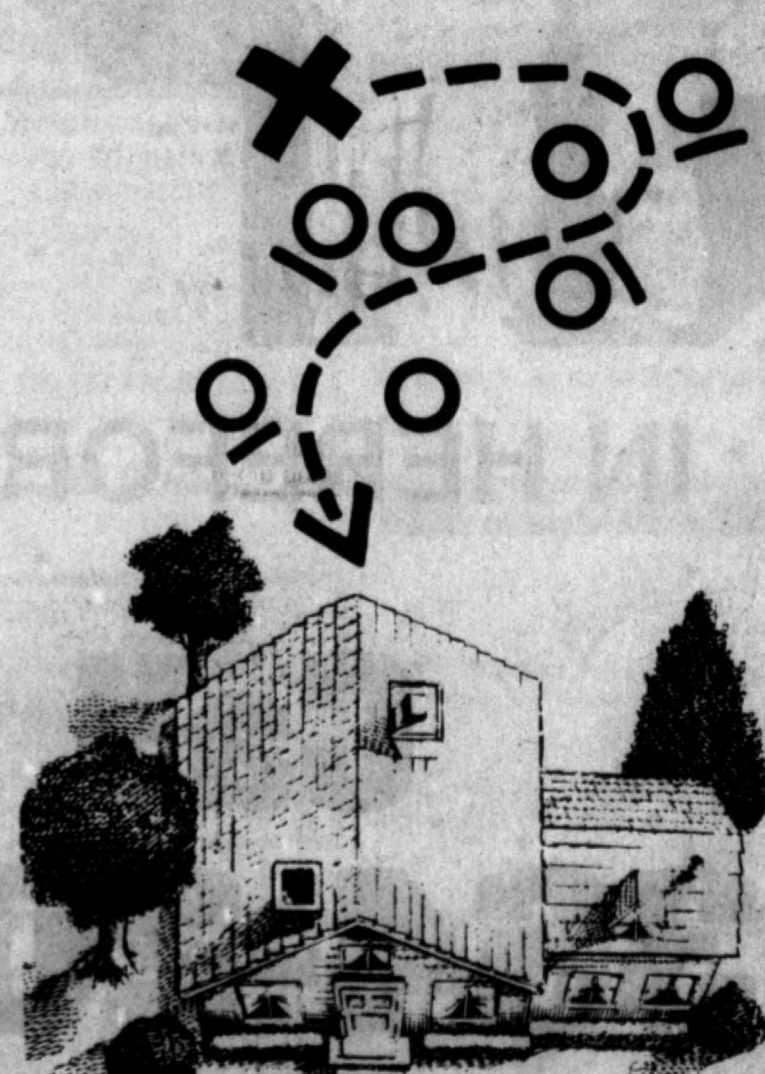
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