## Senior Center additions planned

BY SPEEDY NIEMAN
Editor-Publisher Plans for a proposed addition to
the Senior Citizens Center were unveiled Thursday during a meeting Association board of directiors Associaioin boare of directors.
Primarily bease of growt
problems in dining and activity problems in dining and activity
areas, the board has recommended a
two-phase building progrander two-phase building program which
would cost an estimated $\$ 500,000$. Shirley Garrison, board presi-
dent, will send out letters to more than 800 HSCA members next
from members at the next regular
monthly business meeting, Monday, June 12. The plan will be submitted business meeting. Garrison said Phase 1 of the building program would include an
additional 7,789
square feet of space, featuring a multi-purpose auditorium. The auditorium would be used as an exercise area, but also
would have a stage for use in concerts, plays, seminars, etc. This of the existing building.
Phase 2 an
and game areas(some in court-
yards), as well as an atrium area and
garden area. This addition is plann-
ed for 6,044 sq. ft Phase 1 is
expected to be more costly, possibly
in the $\$ 300,000$ range. The existing building contains about 14,418 sq. ft., and both
additions would almost double the
floor space at 28,251 sq. ft . hoor space at 28,251 sq. ft.
Margie Daniels. executive
director, and the board are in process of drawing up a statement oudining the proposal and why the
additions are needed. "We are
running out of space and not fulfill-


FDA looking at cattle feed

| OKLAHOMA CITY (AP) - Federal | Since 1985, Rio Arriba Minerals |
| :---: | :---: |
| ficials are looking into an Oklahoma | Inc., a New Mexico corporation do |
| as | ness as Big E Industries |
| n shipping contaminated caule feed | Oklahoma City, Durant and |
| major feedlots in Oklahoma and | Texas, has received ined |

## Services pend for Ray Cowsert

| longtime Hereford | the late Owen Bybee after moving |
| :---: | :---: |
| resident and former mayor, died this morning after a lengthy illness. | to Hereford in 1949. He |
|  | orney for several |
| Services are pending. | served eight years as mayor |
| Cowsert was a lawyer for many | Hereford. In 1968, he was named |
| ars here, going into practic | the Citizen of the Year |

officials said Thursday.
Those unauthorized products
including pesticides and PCBS including pesticides and PCBS allegedy were blended with other fats
and oils at plants in Durant and and oils at plants in Durant and
Amarillo, then were sold to unsuspect"blended feeding fat", a safe caul "blended feeding fat," a safe catllc
food, said Gerald Vince, distric food, said Gerald Vince, distric
director of the federal Food and Drug Administration.
Big E Industries operates under a
number of names including number of names, including Action
Trading Co.. Galleria Lid Earles Enterprises, Molex Chemical Co. and United Western Energy Corp.
All the companics are alkegely
All the companies are allegedlly ounced
and operated by Harvey L. Earles of Oklahoma City, officials said.
Earles said Thursday he

FDA) have asked me to doy." He
declined to discuss deails of the FDA's declined to discuss decails of the FDA's
allegations and would not say where his feed was being shipped.

## Althouk no tainted meat has been

 discovered, the FDA considered thepotential for dangerous contamination so great that it asked a federal judge Frcing the company and all its opcrating companies to stop the shipments. not act on that request Thursday
$\qquad$ anger to animals who ate the feed and o humans who ate contaminated bocf

## Demos fear suspicious House

## WASHINGTON (AP) - The House because of controversy over personal Democrats are trying to elect new finances, would put the cthics issue

 Democrats are trying to elect newIeaders in an atmosphere of suspicion that shows few signs of abating despice
the resignation of Speaker Jim Wright. Rep. Thomas Foley, D-Wash., Department was checkint Dustice $\begin{array}{ll}\text { certain to replace Wright as speaker } & \text { Department was checking personncl } \\ \text { in an elcction sched in the office of Rep. William }\end{array}$ $\begin{array}{ll}\text { in an election scheduled for Tuesday, } & \text { H. Gray III of Pennsylvania, the } \\ \text { said he hoped to return the House "to } & \text { fourth-ranking House leader and now }\end{array}$ a mood of mutual respect and candidate for Coclho's slot in the
a a mood of mutan rest
conciliation between the eparties."
Wright, in a luncheon with
coming succession.
"The Democrats very clearly reporiers, said, "There has to come an believe this is a concerted, planned reporters, said, There has to come an believe this is a concerted, planned,
end, there must come an end'" to the eoordinated effor.t. It i a continuation
use of ethics as a political weapon. of the 1988 campaign. I think there is use of ethics as a political weapon. of the 1988 campaign. I think there is
"Do I beliceve that:s going to happen
certainly a fecling now that the White overnight because I said it? No, I do House is accountable,"' said Rep.
not." Democrats had hoped Wright's $\begin{aligned} & \text { Democratic leadership. } \\ & \text { Hesignation, which followed the Mouse Minority } \\ & \text { Leader Bob }\end{aligned}$


Tales of the tortilla
Leonor Lafuente explains the different types of tortillas and shows how hand-made tortillas are made to the first grade at Aikman School in Hereford.

But Republicans, who caucused Department leaks of the case involving Thursday to discuss ethics, otherwise
made cleay were wrong, the political parties
mo of the issue saw no rason to let could "police ach other" by chech they have been battering the Democy have Rep. Newt Gingrich, R-Ga., who
launched the cthics investigation which eventually brought down Wright, said Thursday he was "angry at the tonc"
of Wright's spece before the House on Wednesday. Wright's calling it " "mindless
cannibalism"" that had engulfed him was "an insult to the ethics committee It decent person in the House serious," said Gingrich, who as the House Minonty Whip is Michel's nex

## Boy's body found

## 's

## The body of Caleb Fluhman, Hercford was found

drown on Sunday.
The boy was caught in a flash
The boy was caught in a flash
flood on the Canadian River near Roy, N.M. while on a family outing Reports indicate that the body
was discovered by a family friend was discovered by a family frien
who decided to walk the river bank
"one "one more time." The body hat
floated to the surface near the
location where Caleb was caught in a sudden rise of water.

## Trade schools facing action on bad loans

WASHINGTON (AP) - Private will earn them enough to repay the "anybody who's breathing" to attend loan, or drop out because they were not anybody who's breathing" to attend
class could face stiff federal sanctions
McCormick, executive director of the in 1991 unless more students begin Texas Guaranteed Student Loan Corp. repaying their government-guaranteed
loans.

According to officials, some unscrupulous trade schools, around Texas have no screening of students,
plucking them out of welfare lines and off the streets.
The schools collect the students' loan money as tuition, yet the students
either fail to receive the kind education they need to land a job that
struck.
Graveside services will be held
for Calcb at 11 a.m. Saturday in the
cemetcry at Roy. The Fluhman
family is originally from the Roy
area.
Survivors include his parents,
Richard and Stella Fluhman; one t
brother, Christopher; his grand-
parcens, Mr. and Mrs. Andres Ebell
of Roy and Mr. and Mrs. Tony
Fluhman of Mills, N.M.; and a
great-grandmother, Iris Bauler of
Hereford.
A memorial fund has been
established at the First National
Bank of Hereford.
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Bank of Hereford.

 While some clearly remained in a confrontational mode, others said the
point of deepest angst had passed with Wright's resignation.
Rep. Charles Schumer, D-N.Y., said he speaker's announcement was "a Rep. Byron Dorgan, D-N.D., called who have "couple of dozen memberss" who have bece badmoukhing the House
oo stop." "I think it's time for the to serve here to leave, "ho don't wan system recently built in Deaf Smith Terracing is nothing new to erosion control, but a series of two recently completed terraces apply
some innovative additions to established method. The terraces Hereford, approximately six miles north of Garcia, on land operated by
Brown Farm and Catte. Terracing was combined with cortrolled water o erosion prevention.
Water Water erosion is frequently
eliminated through the use of aised eliminated through the use of raised
terraces built across fields and
bases. These terraces restrict the pastures. These terraces restrict the
rapid flow of water, preventing soil
in the "we can' came close to fitting If terraces alone had bec utilized, approximately 110 acres of
crop land would have been flooded by water held in check by the $\begin{aligned} & \text { terraces. } \\ & \text { Steven } \\ & \text { engineer of Amarillo, was able to }\end{aligned}$ provide a solution to the problem. He designed a system where water
would flow out of the area within would flow out of the area within 48 hours rather than the two hours
predicted if left to the will of nature. This controlled water flow prevents the washing away of soil
and yet releases the standing water before it has a chance to drown out
crops growing on the land below crops growing on the land below.
"He (Bednarz) is pretty much a hot shot on weird water situations,"
Using the engineer's design, the
Browns built Browns built two terraces, both better than a mile long, in a field
with a serious water crosion prob-

## "We went canoeing (in the field)

e"" Dennis Brown said. Dennis was responsible for much of the where water remains standing,
terraces may create a problem in an
attempt to solve another tempt to solve another problem.
"There have been a lot of place (with erosion) where we've had to Erown Farm and Cawe Brown Farm and Cattle ap oached the SCS office with a
roblem which came close to fitting ual construction of the project.


Outstanding in their field Pat Reily, background, and Dennis Brown, foreground display one of the controlled water flow segments of a terrace system recently completed by Brown Farm and

New terraces may stem flow

## By KAY PECK Staff Writer "This is something <br> done before in this part of the world," said Pat Reily, range conservationist for the Soil Conser- <br> The new terrace

 system may cut back on cases where the SCS has had to say, "We can't help you."systcm includes culvert pippes placed
at two strategic locations to permit the controlled release of water.
Before the project could be built, the SCS office and the Browns
obtained an easement from the county permitting them to release
the water into a bar ditch along a county road.
"That's usually a no-no," Reily said of the release of water into the
county ditch. "We don't want to just move the
erosion from the field to the bar ditch," he added. this particular proposal acceptable
because the terraces also prevent because the terraces also prevene
erosion on the county road. The water flowing down the hillside was washing into the ditch prior to the
building of terraces. Much of the building of terraces. Much of the
soil eroding out of the field was ending as silt in the county-maintained ditch.
The system designed by SCS and built by Brown Farm and Catte is intended to cope with the biggest
rain which can normally be ex pected in a 10 -year period. When at full capacity, the
terraces will hold 127 acre feet terraces will hold 127 acre feet of million gallons of water "That's more than's lota litule lakes," Reily said. SCS officials hope that the
principles used in this terracing system may be applicable to other erosion problems in the county. The controlled water flow concept may cut back on the number of "we can
help you" cases serviced by help you" cases serviced by
local soil conservation office.

## Page Two

## News Digest World/National

WASHINGTON - House Speaker Jim Wright, still denying the ethic
charges against him, is painting himself as a victim of political retribution charges against him, is painting himself as a victum of political
and of a desire to accomplish too much, too fast in Congress.
WASHINGTON . House Democrats try to elect new lea WASHINGTON - House Democrats try to elect new leaders in an
atmosphere of suspicion that shows no sign of abating with the resignation of Speaker Jim Wright. LONDON - President Bush, declaring "it was a wonderful trip."
heads back home to Maine boday from a European visit and a NATO summit where he dampened criticism he was moving too cautiously toward the WASHINGTON - Pro-abortion and anti-abortion groups are drawing
up batue lines around a "moming after" abortion pill that has gone on up batte lines around a moming after abortion pilt
sale in France, but is not available in the United States. NEWARK, N.J. - John E. List's first life as a church-going accountant
ended 18 years ago when he disappeared after the slayings of his mother, wife and three children in theirperanced after the stayings of his mother,
existance ended Thursday as police found him in an accounting office in Virginia.
BEIJING - Helmeted soldiers jog through Tiananmen Square by the hundreds in the latest government ploy to intimidate Chinese students
protesting since April for democratic reform and more freedom in Commuprotestung since
nist China. protesters dead, claims of the forcible annexation of the republics of Latvia, Lithuania and Estonia and promises of shakeups in the Soviet Cabinet
all in a day's activities before the new Sovict parliament TOK YO. Foreign Minister Sousuke Uno receives approval today
from the ruling party to be named successor to Prime Minister Noboru Takeshita, the Japanese powerbroker who is resigning over an influence
peddling scandal. supposedly remarked, but Senators say a 15 -page set of specifications fo

## State

Association - The former president of Vernon Savings and Loan officers to commit fraud in a scheme involving $\$ 55,000$ in political contributuons.
HOUSTON - A Houston woman tcarfully testified that her daughter changed from having a normal, happy life to one filled with shame and
loneliness after she learned that some male students secretly videotaped AUSTIN . A state district judge on Thursday issued a temporary
restraining order that delays a Public Utility Commission order forcing GTE Southwest Inc. to cut its annual rates by $\$ 59.2$ million and refund more than $\$ 128$ million to its customers.
build a twin-reactor, 2,500-megawatt nuclear plant, officials of Houston Lighting \& Power Co. today are dedicating its completion.
GALVESTON - Officials should use National Hurricane Center
predictions instead of solely relying on private weather forecasting services HOUSTON - Doctors are awaiting test results performed on an tealian woman who spent a record 130 days isolated in a New Mexico cave, but
say the only noticeable difference detected so far is her 17 -pound weight
BEAUMONT - A county sheriff from Oklahoma and a police officer remain jailed after being indicted by a federal grand jury on charg
conspiring to kidnap a suspected drug dealer from North Texas.

## Crossword



DAB ASHLEIGH BRILLIANT


WHEN
1 TIRE OFAN UNPLEASANT TASK,
THEREARE OTHER NPLEASANT TASKS
TURN TO

## Official newspaper burned in protest

 200,000 students have occupied the square,
since they launched their protests six
weeks ago.
The Pcople's Liberation Army troops ran out of a nearby train station
and through te surroundig neighor and through the surrounding neighbor-
hood today before they returned to hood today before they returned to
their camp, about a mile from the square.
It was the third straight day that
troops have appeared on city strects troops have appeared on city strects,
reinforcing government pronouncements that the army is poised to carry
out Premicr Li Peng's order of martial out Premier Li Peng's order of martial
law for Beijing. law for Bcijing.
Chincse
Chincse sources said factories and work places were also ordering
workers to panticipate in a pro-
government march today through

## Pentagon plagued by cookie monster

WASHINGTON (AP) - An army
marches on its stomach, Napolcon marches on its stomach, Napoleon
supposedly remarked, but scnators say a 15-page set of specifications for
goverment issue cookics may bo carrying the concern with rations too
far. Pentagon pays equal attention to
chocolate chips and computer chips chocolate chips and computer chips,
were read aloud Thursday at a hearing by the Senate Governmental Affairs
subcommittec on oversight sovernment management.
The subcommincee was looking into
the strict specifications for commercial the strict specifications for commercial
and off-the-shelf products, along with and off-the-shelf products, along with
excessive requirements, that have turned away would-be contractors.
"The cookies shall be well-baked," "The cookies shall be well-baked,"
said Sen. William Cohen, R-Maine, said Sen. William Cohen, R-Maine,
reading just before lunch from the reading just before lunch from the
guidelines for chocolate chip oatmeal cookies. "They shall be browned on the botiom surface and outer edges, but
not appreciably browned on the top not appreciably browned on the top
surface. "They shall be wholly intact, free
of checks or cracks....The cookies
shall be tender and crisp with an shall be tender and crisp with an
appetizing flavor, free of a burnt or appetizing flavor, free of a burn
scorched flavor."
Specifications for sandwich cookies require " "ach cookke shalt consist of
two round base cakes with a layer of two round base cakes with a layer of filling between them. ... The base
cakes shall have been uniformly wellcakes shall have been uniformly well-
baked wih a color ranging from not
lighter whan chip 27885 or darker than lighter than
chip 13711.
"The color comparisons shall be made under ... sky daylight with the
objects held in sucn a way as to avoia specular refracture (glossiness).
"The filling shall be centered so that it does not protuca bes."
perimeter of the base cakes.
"Would Mrs. Fields comply?",
Cohen teasingly asked Greg Saunders. Cohen teasingly asked Greg Saunders,
the Pentagon's assistant for commercial the Pentagon's assistant for commercial
acquisition.
"I "I suspect it would be too high
quality a cookie,"' Saunders repligd.
saying the department has to have a suburb of Midlothian, the FBI said, "I don't know what a guy who's
killed five people is supposed to look killed five people is supposed to look
like, but he was not that person,"'said
Pat Fcrguson, who lives two doors

## Local Roundup

Burglary investigated
A burglary of a building was investigated at the Westway community
by officers from the Deaf Smith County Sheriff's Office on Thursday Nine tires valued at approximately $\$ 775$ were taken from a barn. Deputies also investigated a report of criminal mischief in the 200
lock of Raymond. Someone had ignited firecrackers inside block of Raymond. Someone had ignited firecrackers inside a vehicle Arrests made by the Deaf Smith County Sheriff's Office included a
man, 21 , on a warrant for assault; and two women, ages 33 and 41 , on Incidents reported
Incidents investigated by the Hereford Police Department included a
domestic disturbance reported in the 200 block of Catalpa; an assault reported in the 600 block of Irving: terroristic threat reported in the 300 reported in the 600 block of Irving; terroristic threat reported in the 300
block of 16 th Strect; criminal trespass reported in the 600 block of rving; and criminal trespass in the 600 block of Ave. H

## Rain likely tonight

Tonight will be cloudy with a 60 percent chance of thunderstorms. will be 58 , with south winds $10-20 \mathrm{mph}$ and gusty during the evening. Saturday will be partly sunny with a 30 percent chance of afternoon hunderstorms. Some could possibly be severe. The high will be near 90 , with south winds $15-25 \mathrm{mph}$ and gusty.
This moming's low at KPAN was 58 after a high thursday of 68 .
PAN recorded 24 inch of rain in the 24 hours ending at 7 a.m. today.
Pool opens Saturday
The Hercford city swimming pool will open at 2 p.m. Saturday and
will be open Tuesday through Sunday from 2 p.m. to 6 p.m. through the summer.
All sw
All swimmers must wear regular swimwear. No shirts, cut-offs, or other non-swimwear will be allowed in the pool. Cost for admission is cents for children below age 12 and 75 cents for persons 12 and over.
The pool may also be rented for private parties. Reservations may be made at the pool.

## Bivins to speak

State Sen. Teel Bivins will speak Wednesday at 5 p.m. in the
Community Room at Hereford State Bank.
Sen. Bivins will address issues facing the legislature during the
upoming special session and will attempt to answer any questions from
his constituents. The meeting is open to the public.

## His second, almost parallel away from the man she knew as

 existence ended Thursday when FBI Robert P. gents arrested List in an accounting was List. "He worked hard in his yard, went a search that had led to all 50 states, to work every day, went to churchavery Sunday. The guy was so Europe and South America. The arrest came 11 days after Fox television network's "America's Most
Wanted" program broadcast details Wanted" program broadcast details
of List's case.
The show re-enacted the slayings, The show re-enacted the slayings,
and displayed photos of List from List is accused of shooting to dcath his mother, Alma, 85; wife, Hclen, 45; and their three children, Patricia, 16, John Jr. 15 , and Frederick, 13.
Their bodies were Their bodies were found Dec. 7,
1971, in the family's 18 -room mansion in Westicicld, 10 miles southwest of Newark. Police said they found a
confession writen by List and confession writen by List and
addressed to hisLutheran minister on addressed to his
the dining table.

## "Nobody be

Neobody believed he could do
omething like that," said Frank Chenitz, who lives a few houses away rom where the mansion stood. It was "I say give him a fair trial, because
we've only heard one side of the weory," said Chenitz. "But the things he's accused of, if he did them, then he deserves.
atrocities."
After the slayings, investigators found that List had two mortgages on his house, was failing as a financial consultant and had been siphoning
money from his mother's $\$ 200,000$ savings account.
Since 1971, List lived most of the time in Denver, where he met a in 1977 and married her eight years ater, authorities said. Authorities said List's new wife Delores, was unaware of his past an as shocked by his arrest Thursday in Richmond, the suspect denied being List and signed an affidavit as Clark.
The FBI said it identified him The FBI said it identified him as
List from fingerprints in his Army records.
$A$ magistrate ordered him jailed pending a bond hearing Monday. List is charged with five counts of avoid prosecution. The Hereford Brand





## Lifestyles

## Ann Landers

 Several years ago you wrote somehing called is it Love or Infatuauon?" I had been seeing a girl I was crazy about but was too shy to let her know. I sent her that columnand it really broke the ice. We will and celebrating our eighth wedding anniversary June 3. Will you please
run it again?--Mexico City

DEAR MEXICO CITY: With sary. LOVE OR INFATUATION?
LOVE OR INFATUATION? ne set of glands calling to another Love is friendship that has caught firc. It cakes root and grows-day at a time.
Infatuation
celing of insecurity med by excitited and eager, but not genuinely happy. There are nagging doubts, unanswercd questions, ituc bits and pieces about your beloved that you
would as soon not examine 100 closely. It might spoil the dream. Love is quict understanding and he mature acceptance of imperfecand grows beyond you, to bolster your beloved. You are warmed by his presence, even when he is away. Miles do not scparate you. You want him nearer. But ncar or far,
you know he is yours and you can wait.
Infatuation says, "Wc must get married right away. I can't risk Love says, "Be patient. Don't
panic. Plan your future with confidence."
Infatuation has an element of sexual excitement. If you are
honst, you will admit it is difficult to be in one another's company
unless you are sure it will end in intimacy. Love is the maturation of friendship. You must be friends cfore you can be lovers.
Infatuation lacks When he's away, you wonder When he's away, you wonder if
he's cheating. Sometimes you
check. Love means trust. You are calm, secure and unthreatencd. He feels
ore trustworthy
Infatuation might lead you to do hings you'll
Love is Love is an upper. It makes you makes you a betuer person than you makes you a
were before.
DEAR ANN LANDERS: I want to tell you what a recent column of
yours did for me. It opened my eyes--once and for all.
Eleven years ago I learned tha my husband was unfaithful. I began divorce proceedings. Before the
divorce was final, he begged and pleaded with me to take him back. accided to give him another chance. Last year, I found out that he had been cheating all these ycars with Three months later he came to sec me, threatened suicide and rededicated his life to Christ. I took him back absolutely certain that this
time we would live happily forever. (I am 49 and he is 51 )
Three weeks ago $\bar{I}$ learned tha he is still secing the same woman. I ordered him out of the house and
am getting a sccond divorce. He is begging and crying again--same old story-but 1 am finished with him once and for all.
Your column about the litule girl
who put the snake under her coat who put the snake under her coat
really opened my cyes, Ann. When the snake bit her and said, "You know what I was when you picked
me up," I really saw myself. Thanme up," I really saw myself. Than-

DEAR MILLEN: Glad you
made the connection. I hope this made the connection. I hope this know.

Is life passing you by? Want to for Ann Landcri' skills? Write "How to Make Friends and Soop, Being Lonely." Send a sclf-addressed, long, business-sizc envelope and check or money order for $\$ 4.15$ (this includes postage and handling)
to: Friends, c/o Ann Landers Box 11562, Chicago, III. $60611-0562$ (In Canada send $\$ 5.05$ ).

Toastmasters hold meeting


Ashley J. McDowell, daughter of selected to represent Breckenridge High School at the Hugh O'Brian Youth Foundation's three-day Dallas. Ashle
late Ansel and Elizabeth McDowell and the late Joe and Maude Story. She also has numerous relatives residing
in the Hereford area. in the Hereford area.
The Hugh 0 .

D'Brian Youth Hugh O'Brian established in 1958. llbert Schw was inspired by Dr. foundation. The leadership seminis began in California and have spread all over the United States. They were designed to give America's youth a better insight to the incentive system
in the U.S. the U.S.
business spoke at the seminar. Those areas included government, entrepreneurship, volunteering, medicine, the stock markel, technology and banking.
Ashley was recently elected the 1989-90 student council secrelary at her high school. She was also elected president of the Junior Engineering and Technological Society and secretary
of the Junior Forum. officer and is active in the tennis program of BHS.

## Ask Dr. Lamb


system to lose weight, but a low-
calorie diet shuts down your meta-
bolic system to prevent weight loss. bouic system to prevent weight loss
Im convinced that most people do not understand weight control at all or they wouldn't use those liquid diets or any other of the advertised quick-weight-loss schemes that are qusually
not effective and may be harmful to not effective
their health.
Everyone thinks of the calories in
their food and never their food and never about how their a measure of heat energy in your a measure of heal energy in your
food. That heat energy is eliminated
as heat from your body by your skin. as heat from your body by your skin.
The brain affects your appetite The brain affects your appetite to
control calories of heat taken in, and control calories of heat taken in, and
it controls your loss of calories of
heat through your heat through your skin. It is out of
date to think of weight control as date to think of weight control as
being only a matter of calories in your diet. To help you understand the truth about weight control, read my book,
The Weighting Game: The Truth

About Weight Contro | Abeut Weighting Game: The Truth |
| :--- |
| obtain it hy sending $\$ 1.5$ You can | obtain it hy sending s $11 . .95$, plus $\$ 2$

postage and handling, to postage and handling, to THE
HELTH LETTER, Dept. B, P.O. Box 19622, Itvine, CA 92713 .
DEAR DR. LAMB
DEAR DR. LAMB: 1 enclosed news story about a woman
who lost 102 pounds and her teen-age son who lost 151 pounds. They had
sate eaten enormous amounts of food, but on the diet their appetite disappeared
in three day. Is this true? in three days. Is this true?
DEAR READER: There
people who are overweight simply
because their appetite is completely because their appetite is completely
out of control. Their appetite can be cut by simply eliminating all carbohy-
drates. drates. The weight loss then occurs
because the person consu because the person consumes far
fewer calories than before. Such diets are not new at all. They have been
around for around for over 25 years. They simply prove that anyone can lose weight if
he or she stops eating. The ultimate he or she stops eating. The ultimate
example is total starvation leading to death. about three days the brain in about three days the brain
bolizes to using incompletely metabolized fat productsompletelined meta- from
using body fat for calories But these using body fat for calories. But these
diets are dangerous. They cause diets are dangerous. They cause
changes in body chemistry similar to
diabetic comer diabetic coma and can cause hear
attacks and liver damage. The attacks and liver damage. The mor
bidly obeses should lose weight unde -

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Quality Tire-Quality Service Tractor-On Farm -Tuck-On Road Passenger On Road - Shocks Computer Spin Balancing


## Hot Dogs

 3 for $\$ 1$Fri. \& Sat. nur at the Rib Cage inside Moore's Jack \& Jill

Hours 11-6:30
The Ranch House Restaurant provided the seting of Thursday
monning's meeting of the Hereford Toastmasters.
Invocation
Invocation was given by Clark
Andrews and Lynn Cook presided over the business session. Cook also served as grammarian
and presented "nuance" as the word and presented "nuance" as the word Joe Walters while Joe Weaver served as general evaluator. Toastmaster was Tom Weemes and timer was Milton Adams.
"Local Firm Goes Bigtime" was
he speech given by Andrews who gave the history of SeedTec. Joe Don Cummings discussed Te. "The Most Interesting Person I Ever Met" concerning being drafted and his carly army days.
Rangers" by Weaver; "Jim Wright" Rangers" by Weaver; "Jim Wright" Cook; and "Satanism" by Sam
Milam, guest LONDON (AP)- Dustin Hoffman heard cheers for his British stage debut Merchant of Venice., The production, Thurscay, also won acclaim from the criucs. Hoffman side curls and skullcap passion for revenge and a cortured dignity when he loses all. It was a far cry from Raymond Babbitu, the autistic savant he plays in his current hit film
'Rain Man'," wrote Reg Evans of the British domestic news agency Press British domest
Association.
The product
The production by Sir Peter Hall at he Phoenix Theater also starred British actress Geraldine James as
Portia.

710 am KGNC-Talk Radio Saturday, June 3, 10:00 am Prescription Drugs

## Miracle Herbs

Call Your Neighbors, Listen and Learn

## School Lunch Menus <br> HEREFORD LUNCH <br> THURSDAY (June 8)-Toast, pears pork and beans, French fries <br> gravy mashed potatoes, peas and milk.

Like Boston, New Jersey had a "tea party" during the mounting friction


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## R \& R

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Page 4-The Hereford Brand, Friday, June 2, 1989

## Sports

## Deshaies nearly no-hits Dodgers

HOUSTON (AP) - Mickey Hatcher I felt like falling down was almost apologetic about breaking
up Jim Deshaies' no-hitter in the eighth inning. no-hiter in the "II felt like calling up to the press
box and asking them to give me an box and asking them to give me'an
error," Hatcher said.
Deshaies pitched seven Deshaies pitched seven and two
thirds innings of no-hit baseball leading the Astros to a $7-2$ victor Thursday night. He didn't allow a hit until Hatcher's
grounder back to the mound glanced grounder back to the mound glance
off Deshaies' glove for an infield hit Eddie Murray started the ninth with
a single to right field and Hatcher a single "When Eddie got his hit the next
inning, I decided not to call," Hatcher inning, I decided not to call," Hatcher
said. "He (Deshaies) was like a nightmare to me. I couldn't hit him
with a tennis rackel. The hit came and
 a great job against us all the time."
The victory extended Houston's winning streary to seveven straight games and kept Deshaies unbeaten in his Astrodome with a $6-0$ record.
"As scon
As soon as you think you have
someone's number they are likely to jump up and tattoo you," Deshaies bout the siarth to get my rhythm in about the sixth in
a no hiter then.
Deshaies thou Deshaies thought he caused his "I think if I I fow the ball. "Ihink if I'd have left it alone, it at those kind been an out, "Rar' is good Although Deshaies lost his no-hid. bid, he helped the Astros improve their

# home record to 11-17. They have a 

 major leagues. Now they're tryingbefore the home crowd. "Any time you get. the first game Biggio said. "But we've got to come back tomorrow and the other nine games and get the job done.
"It's just a matter of time before we start winning here. We're doing it on the road and I'm sure we'll do it here soon."
The Astros scored two runs in the second on an error by catcher Mike cioscia and a grounder by Biggio.
Bill Doran's single and a two-run Biil Doran' s single and a two-run
single by Ramirez scored three more runs in the third. A sacrifice fly by
Gerald Young and Biggio's homer in Gerald Young and Biggio's homer in t

A wild pitch by Deshaies and a
sacrifice fly by Dave Anderson in the ninth inning provided the Dodgers with their runs.
"We didn't swing the bats real well ionight but he did a great job," $5-0$, we started getting a litule
disheartened disheartened. "He's a real good pitcher. There's
no magic to it. He just put it a no magic to i. Deshaies, $6-3$, was disappointed but
not despondent that he lost not desp
hiter.
You don't get that many "pporunities at a no hitter so you like to take advantage of it," Deshaies said.
"But the important thing is we won
the game at home."

## Higuera coming back nicely

By HILLEL ITALIE
Associated Press Writer Milwaukec manager Tom
Trbelhorn wants to bring along Teddy Trebelhorn wants to bring along Teddy
Higucra slowly, but the Brewers' Higucra slowly, but
isn't making it casy
Higuera, recovering from back surgery and a sprained ankle, held the New York Yankecs hitless Thursda nighte in the sixth inning.
sing "It was quite an emotional game,
taking the no-hituer as deep into the game as he did and then giving up couple of basc hits,'" Trebelhorn sai
after the Brewers' 5 "I didn't want to sec anything happen that we could prevent by taking him out after six. The scorcboard was
in our favor." Higucra's
Higucra's fastball was clocked at
89 mph and he threw 74 pitches in his
fifth start of the season since coming
off the disabled list May 1. Trebelhom saw no point in letting him continue. "The only thing that would have
come out of fit was anoter come out of it was another ankle injury
or he would give up some more runs or he would give up some more runs
and cake a little away from outing he had had." it Elsewhere in the American League, Scatle 3, Texas 2. Minnesota and Chicago were rained out.
Higuera struck out seven, walked one and raised his lifectime record
against the Yankees to against the Yankees to 10-2. New was unimpressed. "He"' hoot the
Higuera they expect him to be later in Higuera they expect him to be later in
the scason," Green said. "He didn't have a good fastball. Sometimes you
win with less than your best stuff. He win with less than your best
got us out. He did his job."

The Brewers used a balk and
catcher's interference to take a $4-0$ catcher's interference to take a 4-0
lead after two innings against Dave
LaPoint 5-4 LaPoint, 5-4.
Yankecs rookic Deion Sanders, the Yankees rookic Deion Sanders, the American scason at Foorida State, was
0 -for- - with two 0 -for- 3 with two strikcouis in only his second major lcague game.

## Orioles 8, Tigers 3

 Jim Traber and Renc Gonzaleshomered to key a six-run first inning and Baltimore won for the 12 th time 15 games.
Rookie R
Rookie Randy Nosek, $0-2$, making
only his second start since being callcd up from Class AA London, Ontario, did not survive the firss inning, giving up all six runs on four hits and two
walks.
Dave Schmidt, 5-4, won his fourth
consecutive start despite allowing cadorf homer to Gary Pettis in the shot by Fred Lynn in the fifth.

## Mariners 3, Rangers 2

 Dave Cochrane homered with oneout in the ninth inning to lift Scatle past Texas, only the Mariners' third victory in 11 games.
The Rangers had tied the game in the eighth on Scott Fletcher's two-run
double, but Cochrane connected on an 0-1 pitch from Texas starter Kevin Brown, 4-2, for his second homer.
Mike Schooler, the third Scaule Mike Schooler, the third Scatle
pitcher, worked $12-3$ innings to win his first decision of the ycar. Jim Presley gave the Mariners a $1-0$ hird homer and the Marincrs' first hit off Brown.

Baseball
at a glance

## Baseball camp planned

The Hereford Independent
School District Community Educa tion. Program will sponsor two
taseball camps this month, Herebaseball camps this month, Here-
ford High School baseball coach ford High School baseball coach
T.R. Sartor has announced. The camps will be divided by
age group, Sartor said, with ages
nine to 11 meeting Jne $19-23$ and age group, Sartor said, with ages
nine to 11 meeting June $19-23$ and
12- to 14 -year-olds attending June 26-30.
Sessions for the camps will be
from 10 a.m. to noon. Sartor said from 10 a.m. to noon. Sartor said
afternoon sessions may be added if IFCA team roping

## rescheduled

 Yoping to 0 n.m. Sunday, acoorting ${ }_{5}^{10 \text { Orige Cartiee. }}$ Ine roping, which will ake Wesway, was rircesendutued sena ai Wouldnt connict with the Hereford Carlile said. For more information, contact
Carlile at (817) $566-3646$.

## Dr. Milton

 Adams Optometrist 335 MilesPhone $364-2255$ Office Hours: Monday - Friday
8:30-12:00 1:00-5:00
R. D.

## Holmes

Saturday, June 3rd 9:00 pm-1:00 am
South For Saturdays 1 p.m. -1 a.m
Day or Annual Memberships Available
Tuesday Nighta-Pol Thuraday Nights-I Tournament $\xrightarrow{32}+4$
camp enrollment is large enough.
Instructors for both camps will be Sartor and HHS bascball assistants David Ashby and Bill Bridge.
Sartor said the camps will on all phases of the sport. "We're going to work with the kids on their hituing and fielding," he
sais, "and we'll said, "and we'll work on pitching
also."
Cost for cost for the camps will be $\$ 30$
per person, Sartor said, which will
include insurance include insurance.
Campers will be required to
The home run Dusty Rhodes hit to win the first game of the 1954 World sians for the Giants against the indians was estimated to have traveled
280 feet into the right field stands at


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## Ex-coaches plead guilty in S. Carolina

 steroid probeCOLUMBIA, S.C. (AP) - I hree he denied knowing coaches gave $\begin{array}{lll}\text { pleaded guilty to charges stemming } & \text { steroids to ployers. He altso pleaded } \\ \text { quily } & \text { dispensing steroidd }\end{array}$ from alleged steroid use within the quilty to dispensing steroids in early University of South Carolina's athletic depariment, and two other defendants Tom Kunce Tom Kurucz avoided trial by pleading guily Thursday to two counss, incluting
lying to a grand jury. Jim Washburn and Keith Kephart pleaded guilty to lesser charges.
During a nea
During a nearly two-hour hearing. A.S. Bisson also denied a sulbpeona secking notes and other material gathered by Spors Illustrated for its article about alleged steroid use by some football
players.
The judge also asked university attorney Joseph McCulich to give
him matctial obtained during an intemal probe into alleged steroid use within at the material, the judge said he would rule on a subpoena secking the material. Attorney John Hardaway had requested two subpoenas on behalf of Md. Carter is charged with giving steroids to four former Gamecock
players, including Tommy Chaikin players, including Tommy Chaikin.
It was a story co-writen by Chaikin, It was a story co-writen by Chaikin, who playcd for South Carolina from
1983 to 1987, in the Oct. 24 issuc of Sports lllustrated that led to a grand jury probe and the indiciment of Carice and four former coaches. In the article, steroids and about half the 1986 tcam used the muscle-building drugs. In a plea arrangement with coach from Dec. 1982 to Dec. 1986, pleaded guilty to a felony charge of
lying to a grand jury on Dec. 21 when
pants for sliding drills.
Registration deadline is Registration deadline is June 16
or nine- to 11 -ycar-olds and June 23 for the 12 to 14 age group. Registration forms will
available at the HISD Administra available at the HISD Administ
tion Building at 136 Avenue $F$. on Building at 136 Avenue F .
Persons wishing more inform ion about the camps may call
Sartor at $364-8603$, Ashby at 36 Sartor at 364-8603, Ashby at 364 -
0144 , Bridge at $364-5457$ or 0144, , Bridge at $364-5457$
HHS fieldhouse at $364-0616$.
On the same day, April 9, 1978, George Gervin of the San Antonio
Spurs scored 33 points in one period in an NBA game and David Thompson of Denver made 32 points in a
single quarter.

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dealer tor details. $A T$ PARTCIPAING DEALERS

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Cardinal House of Kawasaki Ave.
Herelord

Pistons win away from finals

CHICAGO (AP) - The fans see the Chicago Bulls down 3-2 to the Detroit from the NBA playoffs, but Michael Jordan is concemed with the number
${ }^{24}$ That's the tally of Chicago 94-85 Pistons' home victory in Game 5 of the best-of- 7 Eastern Conference championship.
Jordan, held to 18 poins as his team said the Bulls' playoff survival depends on his team holding on to the ball in Game 6 tonight at Chicago Stadium.
"We've got to come out and take care of the basketball,"" Jordan said after Thursday's practice at the Deerfield Multiplex.

NEW YORK (AP) - Mike Tyson Mike Tyson's,
NEW YORK (AP) - Mike Tyson
can have a trip to China and the tion's can have a trip to China
share of $\$ 25$ million. The Chinese government has offered that much to stage a fight in
Beijing between the heavyweight Beijing between the heavyweight
champion and former champ George Foreman. Bill Wheeler, a Seaule lawyer with contacts with the Chinese government,
said Thursday he has a deal to have Tyson fight Foreman in Beijing. Bil Cayton, Tyson's estranged manager, confirmed he had reached a preliminary agreement to have Tyson fight
Foreman in China but "the final Foreman in China, but "the final
decision if the fight is to take place is
contest in the hislory of the Chicago ranchise - Jordan also is concemed with scoring more againt Deuroit's up on the NBA's three-time scoring "Hopefully, I can break away from some shots," he said. "I don't think it's in our best interests to force shots." Detroit's Dennis Rodman said the down, forcing him to dish off the ball to his teammates.
"If Jordan wants to pass, we'll let nim pass - we'til let
On Wednesclay night, Jordan and
his teammates seemed to get colder rom the field as the game went on.

## China offers $\mathbf{\$ 2 5} \mathbf{~ m i l ~ f o r ~ f i g h t ~}$

$\qquad$ Neither Tyson nor adviser Don
King could be reached for comment.
'I believe the China deal has all
the credentials," Cayton said. "I
understand the Chinese govemment
will put up a leter of credit. I will
recommend it highly to Mike.
"I have received communications
from the govermment of China. When
the deal is inally confirmed by Mike
Tyson, we will go ahead.".
Cayton cautioned hhat negoiations
for the Foreman fight are far from
complete.
"The terms and conditions are
what he made agains
 knocking out Spinks in one round last
June. Foreman, the heayyweight 30, 1974, stopped Bert Cooper in two rounds Thursplay night in Phoenix. He vander Holyfield this summer. "It would depend on George
Cayman winning these... fights," Foreman winning these ... fights," "The terms and conditions are

 Vinnic "The Microwave" Johnson
came of the bench for a game-high 22 points. He scored 16 points in hige final quares, giving star guard lish Thomas loeds of rest.
Thomas doesn't want the series to come down to a duel between Jordan
and himself.
be seduce thing I can't let happen it to Me seduced into this Isiah' against win that way"" he said.
Jordan, an avid golfer in the Jordan, an avid golfer in the
offseason, said he has had to cancel offseason, said he has on the linksce in
several appearances on charity toumaments because of the Bulls' extended season. "Tha's OK . Pd rather be doing this". Tordan said.

Cincinnati relief pitcher Rob Murphy worked in 76 games in 1988 and

Gold Cup wh the 1919 Jockey Club other horses entered were scratched. SMU addsassistants DALLAS (AP) - Southem prepare for their first season of football from the dead with the hiring of four The 1987 season was scrapped by assistant football conches. The final personnel-related penalty the National Collegiate Athletic from the harshest punishment ever Association handed down its allowing coach Foresp Gregs to hire
scandal ant SMU, and the school four fall-time aides. He now has nine. decided to scrap its 1988 seasson rather
The school remains on probation than play an NCAA-limited schedule The school remains on probation than play an NCAA-limited schedule pertains mainly to auditing and off- all on the-road. field operations. The four staff additions include
former rll-pro connerback Tim Lewis,
who played under Gregg while he who played under Gregg while he
conched the Green Bay Packers, and Billy Kidd an SMU graduate assistan who played four years with the
Houston Oilers. In addition to Lewis, Gregg hired Kongtime Missouri assistant Mike
Wade Wade. Gregg said he was relieved to have The One to See: JERRY SHIPMAN, CLU
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## Church News

## SUMMERFIELD BAPTIST CHURCH

Vacation Bible School is planned Summerfield Baptist Church will from 9 am . until 11:30 am. June $5-9$ graduates, along with their parents, and girls ages kindergarten through grandparents and friends, at 9 a.m. grades $1-6$.
Sunday. The public is invited to
attend.
Following the hreat fost there will he singing and a brief messege from the pastor, Ellis Parson. Graduation activities

IMMANUEL
LUTHERAN CHURCH
"About Face" will be the tite of the sermon during worship services at II
a.m. Sunday at the church, 100 Ave. a.m.

Sunday School and Bible class begins at 10 a.m. The Adult Bible class will be studying the seventh
chapter of I Corinthians. The lesson is entited "Shaky Celibacy or Stable Marriages?"

## FIRST UNITED

> METHODIST CHURCH

A worship service at 8:30 a.m. will begin the day in First United Methodist Church Sunday. This is an addition School at 9:45 a.m. and the usua morning worship at $10: 55$ a.m. The extra early service will be held each Sunday through the summer and
visitors will always be welcome. visitors will asways be welcome.
Casual dress will be appropriate for the new service which will be more informal than usual. There will be no choir, Steve Sobczak, director of singing. Dr. Steve McElroy, pastor will preach.

Several staff members and number from the congregation of Firs Annual Conference of Northwes Texas United Methodist Churches a Lubbock Tuesday through Thursday
next week. Those auending will be Dr
McElroy, pastor, Rev. Lanny Wheeler McElroy, pastor, Rev. Lanny Wheeler chaplain of King's Manor; and Steve Sobczak, director of music and
Christian education in the church Christian education in the church.
Also, attending will be Labry and Jean Ballard, tay delegates, 'and Shirley and Mildred Garrison, alternate delegates.
Relative Relatives and friends from Hereford expect to attend the opening session
of the conference Tuesday shen retiring pastors will be recognized. Dr Clifford Troter, a former pastor of First UMC who is now the Amarillo District Superintendent, is retiring this
year and will be among those honored. FIRST CHRISTIAN CHURCH Dr. Elton Trueblood will be during the Sunday morning worship service which begins at 10:45. Please
read John 10:-10 to pre read John $10: 1-10$ to prepare for the
message. "The d "The dean of America's religious
writers", Dr. Trueblood has authored writers, Dr . Trueblood has authored
36 books. Among his literary contributions are "IThe Incendiary
Fellowship", "A Place To Stand" "Th Fellowship", "A Place To Stand", "The
Company of the Committed" and Company of the Committed" and
"Alternative to Futility." He has delivered over 10,000 major addresses on every continent. As the founder of Yokefellows International, he has
been in the forefront of church renewal for over 30 years. He is the "spiritual father" and a board member of The Cornerstone Christian Community Mr. True
Dr. Trueblood will also speak at 7 p.m. Monday at the church. Everyone

mearopolitho communities in west projects of this Presty yery is the House
of People in Dayton which serves the poor, the hungry and homeless familics of the city and nearby areas.

## WESEEY UNTTED

## METHODIST CHUPCH

All Adult Sunday School classes wiil be combined during the summ.
months. They will start at 10 am . months. They will start at 10 am .
Sunday worship services are set 11 am. and $7 \mathrm{pm} . \mathrm{m}$. There is a special children's service each Sunday. The United Mechodist Mens Breakfast is set for 9 am . Sunday.
Members of the U.M. Women will have a salad supper at 7 p.m. June 14 . All women are urged to attend.

PRIMIERA
iglesia bautista
Formier church pastor, Herman Martinez of Corsicana, Texas, will be the guest speaker during the Sunday public is invited to atutend the service in which the congregation will observe the church's 10 ith anniversary. Vor children , ages 4-11, from 6:30-8 por chilidren, ages 4-11, from 6:30

NEW YORK (AP) - Singer Carly Simon, honored for her commitment to helping children, told youngsters to Simon and New. York Mets slugger Darryl Strawberry were among the adults and children receiving Association to Benefit Children, Association 10 Bencint Chiliren, a
group that helps poor, handicapped and AIDS-stricken youngsters.
"Any time you have a dream, don'! Magine it's an impossible dream, Ms. Simon told the group of about 100

Seven basie principles for
devgloping and maintaining a
healthier diet were suggested in the
most recent Dietary Guidelines for

nutrition specialist with the Texas Agriculural Extension Service, said cerning of thesumption of alcoholic ceming consumption of alconoli
beverages suggests that if a
individual uses the beverages to do
so in moderation.
ances, may like other food subof some additives such as urechane."
She said urethane, a byproduct in the manufacture of some alcoholic cancer-causing substance. potential Sweeten said a report in the April FDA Consumer by Marian
Segal said urethane is a known Segal said urethane is a known
carcinogen for several species of carcinogen for several species of viewed as a potential carcinogen for humans as well.
Concems abou
Concerms about urethane origina-
ed in 1985 when Canadian claims sed in 1985 when Canadian claims
said the chemical had been detected in certain wines and distilled spirits, weeten said. The Food and Drug Administration along with the Firearms began looking for ways to reduce or eliminate urethane in alcoholic beverages.
She said the She said the report indicated that
ourbons generally contained the bourbons generally contained the highest levels of urethane, with up
to several hundred parts per billion (ppb).
distilled spirits such as vodka, ppb of urethane and for dessen Wine levels to be less than 90 ppb . ory guidance in the Center for The report said the Fith aneveral
Food Safety and Applied Nutrition, ATF also are working with sever Sweeten said urethane forms
during fermentation of alcoholic beverages, and heating a fermented product increases the levels. The substance also is related to the type
of soil and fertilizer used to grow of soil and fertilizer used to grow
the raw products. Even weather can contribute to its formation.
She said the repon. indicaled certain factors influencing urethane
production can be modified. Urea production can be modified. Urea
often added during fermentation and capable of producing urethane, has been eliminated by all the major U.S. wineries. Manufacturers also are experimenting with differen
baking conditions or sherry.
"The FDA and ATF took imme
diate action on the matter and miet with industry groups voicing government posss since her Hollywwood concerns about urethane levels," days. She was ambassador to Ghan A large number of wineries have The nomination, made by Presiden agreed to a 1995 goal calling for London, will require Senate confirma-



Watch Winners - pictured are Johnnie Marie Brittain (middle) with Pyllis and Joe Bell presenting the watch won during the Memorial Day campaign. Not pictured is Gilbert Garza, who won the man's watch.


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neous. 2 miles south of Hwy 60 on
 Church)

Garage sale. Friday and Saturday.
Good clothes, loos of miscellancous $\begin{array}{r}\text { Gpen 8:00 a.m. 236 Northwest Drive. } \\ 1 \mathrm{~A}-236-2 \mathrm{c} \\ \hline\end{array}$
 $\begin{array}{r}\text { Funituresappliances \& Baby clothes! } \\ 1 \mathrm{~A}-236-2 \mathrm{c} \\ \hline\end{array}$

Garage sale: 146 Nucces. Fiday and
 S.m. Have lots of nice clothes, (all
pimes.
sizs some sodishes, knick-knacks. lots of miscellancous.
Garage sale. Friday 8.5; Saturday 8-
12. Many houschold items, knick12. Many houschold itcms, knick-
knacks funiurc tools books and loos knacks, fumitiure, tools, books sand lots or misclllancouss. Dimmiut Hwy, 4th

housc on righ side of road, after Labor | $\begin{array}{l}\text { housc on right sidc of road, alter Labor } \\ \text { Camp Road. } \\ \\ \end{array} \quad$ 1A-236-2c |
| :--- | :--- |

$\overline{\text { Yard sale. Commercial dece fryer, }}$ stove collec maker, sewing mactinc,
(1ools, dishes. Friday. Saturday, Sunday. 8:00 a.m. 509 Grand. 1 1-236-2
Garage sale. 609 Blevins. Fridiy,
Salday Sunday Lot of clothes
 conditioner, set of golf clubs,

miscellancous. | misccllancous. $1 \mathrm{~A}-236-3 \mathrm{p}$ |
| :--- |
| Garage Salc - Friday, Saturday, | Garagc Salc -Fridayy Saturday,

$\begin{aligned} & \text { Sunday Picnic Jables, wishing wells, } \\ & \text { ctc. } 215 \text { Avc. J. }\end{aligned}$
 Clothes all sizes, dishes. T.V.
bed and lot's of good stuff.

## Garge sala. Friday 1-6:S Saturday 9-3. Cor Douglas. Lois of goodical

$\frac{1 \mathrm{~A}-236-2 \mathrm{p}}{}$

 8×35 1972 Mayliower trailer, joy
sticks- For Nincindo, misc. $1 \mathrm{~A}-236-2 \mathrm{p}$

## Rummage and moving sale. Adull and children clothing. Fumiurc-couch

 children cloohing. Fumiure-couch,chairs, refrigerator, washer/dryer, bedroom, table chairs, ct. Eriday
cvening 4 to 8 p.m.; Saturday 9:00
 Prom uct 1 oblinking liig
Past on Austin Road.

| Kcep up with all the liocal and |
| :--- |
| national news by subscribing to the |



Puppics to give away. Call $364-$
4261.
 16ih SL. 2 couches, enterainment
center, kitchen accessories, clothes. center, kichen accessories, clohes,
lamp, overthad
misccllancous.
$\overline{\text { Garage sale. Friday and Saurday. } 409}$
G00 but soy bean sed, cleaned and
bagged. Excellent germination. bagged. Excellent germination.
$\$ 15.00$ per 60 lb. bag. Call 578 .
$\overline{\text { Next to new bunk beds, living room }}$ sets couches, dinneltes, coffree
tables, Aari \& cartidgess. \& lots
more. Maldonado, 1005 w Park more. Mald
$364-5829$.

Pant-Chow puppies 55.00 Call 364
6968. Will give away-2 month old kiltens. Will give away--2 month old kittens
113 Avenue $\mathbf{B}$.

Antique dinette table with 4 chairs buffet and mirror $\$ 475.00$. Thre
living room chairs $\$ 40$ cach. Two living room chairs 540 each. Two
end tables, boht $\$ 55.00$ Two antique cnhone ables. boh $\$ 35.00$. Call 364 -
pho ${ }_{2} 2966$ or $364-8368$.

Refrigerator with automatic ic menker 177.50 . Call before 5 pm
mat-0153; or after 5 p.m., 364 . 364.0153; or after 5 p.m., 364

1A-237-1p
$\begin{gathered}\text { Garage sale. Baby clothes, kids' } \\ \text { lothes, maternity and adult clothcs. }\end{gathered}$ clothes, maternity and adult clothcs.
Stove and misc. items. 624 Ave. G
Saturday only 8 tii??

## Garage sale. 104 Fir. Saturday only <br> Garage sale. 104 9:00 a.m. until??

312 Douglas: Saturday, 8-3. Good
clothes, 3 wheeler, tool box, decorator
picces, household items, and more.
$\frac{1 \mathrm{~A}-237-1 \mathrm{p}}{\text { Estate antique furniture salc. } 223}$
Estate antique furniture
Avenue B, after 5:00 p.m.
Yard Sale; Saturday, 8 a.m. til ?? 708 Irving. Men's Wranglers, 30x36,
adies Jeans size 3 \& 5 ladies shoes izes 1 thru 5 (some worn only one izes 1 thru 5 (some worn only one
ime), window unit refrigerator air ond., lawn mower, brass items, lots of baby clothes, material and patterns. 1 A-237-1p

## DAILY CRYPTOQUOTES - Here's how to work it AXYDLBAAXR SLONGFELLOW

 One letter stands for another. In this sample $\mathbf{A}$ is usedfor the three L s $\mathbf{X}$ for the two $\mathbf{O}$ 's, etc. Single letters apostrophes, the length and formation of the words are al CRYPTOQUOTE

$$
\begin{aligned}
& \text { 6-2 } \\
& \text { PG YGCSK JUROU WRI VKI } \\
& \text { AVOKGFVUI, SCK DWRK KWU } \\
& \text { DGFRY PUUYI VI R AVOKGFE } \\
& \text { KWRK WRI VKI JUROU.- } \\
& \text { IGCFOU CPQPGDP } \\
& \text { Yesterdey Crypoguote: LOVE LIGHTS MORE } \\
& \text { FIRETHANATEXTINGUISHES. ANDMENGOW } \\
& \text { BETTER AS THE WORLD GROWS OLD. - ELILA }
\end{aligned}
$$ WILCOX

Garage sale, 107 Westhaven, Saturday
8-2. Baby things, clothes and toys,
houschold things, power hand tools
and more. houschold and more.


3Family garage sale- 126 Greenwood,
8-12 Sat. Vacuu, books, kids'
3A-RVs For Sale clothes, ceiling fan, mini-blinds, office
files and metal stands, couch, and
more. 1A-237-1p
Estate \& Garage Salc: Sat. 8 a.m. to
$3 / 4$ mi. south on Hiway 385 , cast 3/c mi. south on Hiway 385 , cast bicycle, small appliances, good
clothes, kitchen utensils, many miscellancous items.
$\frac{1 \mathrm{~A}-237-1 \mathrm{p}}{\text { Saturday, Junc 3rd, } 9 \text { a.m. to? Girl's }}$ clothes, knick-knacks, Avon bottles,
misc. 608 Avc. I. misc. 608 Avc.

1A-237-1p
Garage sale: 507 Jackson, Sat. 7 Sun.,
a.m. to 5 p.m. Lawn mower, roto a.m. to 5 p.m. Lawn mower, roto-
iiler gas edger, cars, lots of misc. Two family garage sale. 138 Star. Saturday.

## 73 Model, 31 f. Air Stream. All self- contained. Almost new air conditioner. Real nice! See at 222 Hickory. 364 - 7172 .

 For Sale: 1987 Kawasaki KX80. Call364-4008.

## Rockwood 12 ft. popup camper. In very good condition. Call $647-2698$.

Fiberglass, red campershell for SWD Ford pickup. After 6 p.m. $364-2845$
$3 A-237-3$

\section*{|  |
| :--- |
| By |
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| Pric |
| con |}

Giant garage sale sponsored by
Whiteface Kiwanis Club to bencfit
Children's Miracle Network Tclethon. Saturchy, Junc 3,8-4 in Small Bull Barm.
Plcase call $364-7233$ if you have any Please call $364-7233$ if you have any
items to donate.
IA-237-1


3-Cars For Sale
$\begin{aligned} & \text { 1981 Suzuki } \\ & \text { condition } \$ 800 . \\ & \text { GS650 } \\ & \text { 364-2533 }\end{aligned}$ Excellent 364 1981 S
condition
2368.

1985 Gran Prix Broughan Excel lent condition - super clean Ioaded \begin{tabular}{l}
nds. $\quad$ 3-221-ficeoak After 4 p.m. \& weeke <br>
\hline

 

\hline 1977 Ford Ranger XLP Pickup, <br>
Model 150. \$1500. Call 364-7700.
\end{tabular}

## 1986 Chev. S10 Pickup. LWB

 32,000 miles. AM-FM Cassette.Excellent condition. $\$ 5900$. 364. Excellen
7776.

1982 Chev. Caprice, Two tone maroon. Power, air, electric win-
dows and locks. Extremely good shape $\$ 3200.364-1317$ after 6 p.m.
and all day weekends.
1985 Buick Century Limited. Loaded. New tires. 42,000 actual
miles. Call after 5 p.m. $364-1239$ miles. Call after 5 p.m. $364-1239$.

| MILBURN MOTOR |
| :---: |
| COMPANY |
| Copay ansh tor |
| Used Cars |
| 136 Sempen |
| Phone 364-0077 |



offers the keys to
your car rental needs. $\Longrightarrow \begin{aligned} & \text { We can ofter you a } \\ & \text { great deal, because }\end{aligned}$
 ystem. 00 Our low low rates 00 Oo tine a ford range everylying tine Ford cars--
Trom
Thundetiond
00 Our cars stay in top have the shaperice becausinse we now how lokeep them that way. 0 You can choose the you best-by the day, week, or OO You get personal serbor whos never mam agood ine bormo Whiteface Dodge/Chrysler


Want to buy: truck single axle tande

7 A-Situations Wanted
I will do tree removal. Call Bill after 5 p.m.

## 8-Help Wanted

Need waitresses and delivery drivers. Apply, in person, Rizza Hu
1304 West Ist.

Pesins business for last two wecks in June Make up to $\$ 1500$. Must be over 18 Call 1-512-429-3808 between 10 am and 5 pm .

8-223-25p
Wanted: Certified Nurse Aide or one with training and experience.
Please contact King's Mano Please contact King's Manor
Methodist Home, Inc., 400 Ranger Drive, Hereford, Texas 79045 Phone $364-0661$, Mondays thru
mmediate opening. representatis for training \& employment services for training \& employment services.
Provide services in job training partnership act programs for pers ons residing in Deaf Smith, Old ham, Castro, Parmer \& Swishe
countics. Office base in Hereford counuics. OIftice base in Hereford Responsibilities include: outreach/
intake, employability evaluation pre-employment training, job raining/employ.nent resource reimbursed travel required. Salary negotiable. Obtain application Panhandle Community Service 03 E. Park Avenue, Hercford Texas. An Equal Opportunity
Employer.

Need extra income? Carrier fo ubbock Avalanche Joumal cede 4021 Ext. 167, ask for Tom.

| 9-Child Care |  |
| :---: | :---: |
| HEREFORD DAY CARE State Licensed Excellent program by trained staft. Children 0-12 years |  |
| $\begin{aligned} & -215 \text { N Norton } \\ & 364-3151 \end{aligned}$ |  |
| KING'S MANOR METHODIST CHILD CARE |  |
| State LIcensed Quallifed Staff -Monday-Friday $6: 00 \mathrm{em}$. Drop-Ins welcome with 2 hours notice |  |
| MARILYN BELL |  |
| Director 364-0661 400 Ranger |  |


| 10-Announcements |  |  |
| :---: | :---: | :---: |
| Operation Good Shepherd. 364-0382. People helping people. |  |  |
|  |  |  |
| Drinking a problem? Alcoholic Anonymous. Monday through Friday, 12-5:30-8 p.m. Saturday 8 p.m.; Sunday 11 a.m. 406 West 4th. 364 9620. |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |


\section*{| 10A-Personals |
| :--- |
| $\begin{array}{l}\text { Problem Pregnancy Center, } 505 \text { East } \\ \text { Park Avenue, } 364=-2027 \text {. Free } \\ \text { pregancy tests. Conidential. After } \\ \text { hours hot line } 364-7626 \text {, ask for } \\ \text { "Janie." } \\ \text { 10A-236-tic }\end{array}$ |}

Notice! Good Shepherd Clothes Closet. 625 East Hwy. 60 will be open
Tuesdays and Fridays from 9 t 11.30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under $\$ 1.00$.

St. Jude Novena, say it when problems arise
or when one sean
or sible
年 when one seems to be deppived of all




JOHNNY GALLAGHER
portable welding


KELLEY ELECTRIC RESIDENTILL KELLEMMERCIAL RESIDENTIAL-COMMERCIAL All blds \& wiling
Competitive
Ph


12-Livestock Horses-buy, sell or trade. Any clas
Call 276-5340.

12-216-21
Sims Fencing \& Bobcat Servic Barbed wire, pipe, new tear out and
repair. Also pen cleaning and dirt

## 11-Business Service

Will pick up junk cars free. We buy scrap iron and metal, aluminum
cans, $364-3350$ 11-196-4c
Overhead door repair and adjustment. All
289-5500.
$1-65-18 \mathrm{c}$
${ }^{289-65-t i f e}$
Custom plowing, large acres.
Discing, deep chisel, sweeps, bladeplow and sowing. Call Marvin Welty $364-8255$ nights.

11-107-1fc
Residential/commercial telephone
and communications wiring and communications wiring, installation, repair, rearrangements. Also
telephones installed, moved and extension outlets added. 13 years experience. 364-1093. 11-165-22p
Hauling dirt, sand, gravel, trash,
yardwork, tilling levelling yardwork, tilling levelling. Flower
beds, ree planting, trimming. 364 -
$0553.364-1123$. 0553; 364-1123.
$\frac{1-180-20 p}{\text { e is now }}$
Deing offered nights and Saturdays being offered nights and Saturdays.
Will include ticket dismissal and insurance discount. For more
information, call 364-6578. 11-216-4f aag in the mowing business call Ronny Henderson, $364-6355$ or
364-4549. Senior Citizens discount

11-220-ff
Riley's Insulation Company. Blow in wall and attics. For fr
call Tim Riley, 364-6035

Forrest Insulation and Construction We insulate attics, metal buildings,
eepair leaks in houses, mobile Wepair leaks in houses, mobile
homes and metal buildings. Build storage buildings. 364-5477, nights

Lawn mowing. Reasonable, most yards under $\$ 20.00$. Call $364-852$

Would like to do yard work. Call after 4:00 p.m. Miles Goforth 364 -$11-236-5 \mathrm{c}$ wivinul e DOMEstic Winder Pepalr, Sorice Gorald Parker, 258-7722;578-4646

## Attend the chureh of your choice.



Central Church of
Christ
Minister-Ryy Shave
Centro
Evasent
Church
Holico Ave. H

## Christian Assembly

 Inter-DenominationalSouth Main St. South Main St.
Dawn Baptist Church Dr. Jim Hickman, Pastor Country Rd. Church of God (Cleveland) Harlan Resch

401 Country Club D Faith Mission Church Of God In Christ Rev. Richard Collins 15th Street Church of Christ 15th and Blackfoot
First Baptist Church
Dr. Ronald L. Cook, Pastor
5th and Main Street Bible Baptist Gary G. Grant, Pastor
First United Methodist
Dr. Steve McElroy, Pastor.
First Christian Church Rev. Mac McCarter
401 w. Park Ave.
First Presbyterian
610 Lee Street
Frio Baptist Church $\underset{\substack{\text { Sam Milam } \\ \text { (Pastor) }}}{\text { Sal }}$
Greenwood Baptist
Dr. Micheal K. Reuterskiod
Greenu ood and Moreman Hereford Community Chirch
Dorman Duggan, Pastor
Ci.-Patur: Denuis Latham
Ci.-Pastur: Dremis Laitham
15th and Whittier

Immanuel Lutheran Church
Con 100 Ave. B
Don
Dirklen, Pastor
Primera Iglesia Bautista
Pastor: Ruben Flures
2 Miles N. on Hwy. 385
Jehovah's Witnesses 111 Ave. H
La Iglesia De San Jose
Rev. Joe Bixenman. Pas
13th and Brevard
La Iglesia De Cristo

| Jesus Cervantes. Minister |
| :--- |
| 334 Ave. |

Iglesia Metodista San Pablo
Pastur Daniel M. Reyna
Mt. Sinai Baptist
William Johnson. Jr. - Pastor
302 Knight
Mision Bautista
201 Country Club Dr.
Mision Camino
Verdad y Vida 516 E. Mable Pastor Rev.
Pablo Moreno Jr.
Templo Jordan West Bradley
New Life Fellowship Herman Castro, Pastor
108 Ave. E
Palo Duro Baptist Jim Peabody, Pastor
Wildorado Community
Park Ave. Church of ${ }_{703}^{\text {Christ }}$ W. Park Av
Seventh-day Adventist Church
Rocky Guerrero
II1 W. Park Ave.

Renewal...
Rebirth... Rejoice... $t$


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