

# Inside today's Hereford Brand

Dudley Dome's passing ends a long era—6A

Your letters; thoughts on Father's Day—4A

Little things add up to a whole bunch! --Branded Women, 3B

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SUNDAY, June 17, 1990

# The Hereford Brand

Hustlin' Hereford, home of great fathers!

89th Year, No. 247, Deaf Smith County, Hereford, Tx.

24 Pages

35 Cents



## DARE-ing men

Patrolman Bruce Lee, left, will replace Roy Rector as Hereford's DARE officer. The local DARE program, taught for the last two years by Rector, was the first in the Panhandle and is now being used by other departments thanks to Rector's success.

# DARE envied in Panhandle

By CINDY POTTORFF  
Staff Writer

Hereford is leading the rest of the Panhandle in its approach to the war on drugs with the Drug Abuse Resistance Education (DARE) program.

Police officer Roy Rector has been teaching the DARE program to Hereford school children for two years. Rector, who is leaving Hereford for Austin this month, was elected recently as secretary of the board of directors of the Texas DARE Officers' Association (TDOA). Rector will also be in charge of the TDOA's quarterly newsletter, "Texas DARE News."

The goal of DARE is to teach children positive ways to deal with problems instead of turning to illicit drugs and alcohol to cope. In that way, DARE tries to reduce the demand for drugs.

"You're going to spend the money," Rector said. "You can spend it now on education or spend it later on intervention. But you're going to spend it."

The program is taught in every state in the nation, as well as in five foreign countries. The DARE program is set up so that the same material is taught in each classroom throughout the nation, Rector said.

"What he's saying is if you go into classes here and in Chicago, you go into the same class, the same program," Officer Bruce Lee said.

Lee is training to replace Rector as Hereford's DARE officer in July. He will complete 80 hours of training in order to be certified to teach DARE. Although Lee is looking forward to teaching DARE, he hates to see Rector leave.

Even though Rector is leaving Hereford, he hopes to help put Hereford on the map while on the TDOA board. He is a Friona native and has a vested interest in getting the Panhandle more recognition in the rest of Texas.

Community support helps keep DARE going in Hereford, with about \$5,000 donated by local civic organizations and businesses over the last two years. The money is used to buy t-shirts sixth grade students are given when they graduate. The t-shirts and other items purchased with donations are used as incentives for the students.

"It's (incentives) not necessary but it enhances the program," Rector said. "All of that comes through public contributions. We owe a lot to businesses and local civic groups."

"This is really a great program and we're fortunate that our police department, city commissioners and school system are backing us," Lee added.

Several other Panhandle communities are following Hereford's lead and

starting DARE programs.

Perryton and Canyon began DARE programs last year. The Canyon program was started after Canyon officers observed Rector in action. This September, Lubbock, Amarillo, Parmer County and Clovis, N.M. will begin DARE programs.

DARE has been implemented in central and eastern Texas for several years and is growing rapidly across the nation. At last count, 4,800 officers taught DARE nationwide, and that number grows each week.

DARE originated in Los Angeles in 1983. It has been so successful in Los Angeles that students there are now required to graduate from DARE before they can go on to junior high school.

"I say if it works in Los Angeles, it's got to work in Hereford," Rector said.

"We've seen short-term effects now," he continued. "It's improved relations with the uniform (police officer) and other kids."

"The first year, I had a couple of kids chase down a guy that stole some beer from a convenience store. He took off running and they chased him down. He jumped in a car and they brought the beer back."

"They brought it back to the store. Most kids, before we started, they'd probably have taken it and went on home. Or they'd be rooting while he was running."

Rector said he has enjoyed teaching DARE because it sheds a positive light on an otherwise negative job. Police officers deal with other people's problems or are looking for a person who has a problem most of the time.

"I tell this story a lot, that I didn't think there were any good kids in Hereford," Rector said. "The only kids I knew on a first-name basis were the kids I worked on the street. When I got into the DARE program, I saw a lot of good kids. There is a lot of hope in this community. That made me feel better."

DARE does seem to be helping prevent drug abuse in Hereford.

"A mom called me about three weeks ago, just in tears," Rector said. The mother told him that her first grade daughter had been stopped by some older kids and told to take some pills. The little girl remembered Rector's DARE class and said no. Then, she ran home like the children had been taught in DARE class.

As good a program as DARE is, it is not a complete answer to the drug problem.

"We're going to have a few that we don't catch," Rector said. "There are a few who have gone through it now that I didn't do any good with. They're already involved. This is a preventative

(See DARE, Page 2A)

# OGALLALA AQUIFER

It turned a desert into an oasis and changed life for the whole world. An irrigation well drilled near Hereford in 1905 began its growing legacy.

By SID MOODY  
Associated Press Writer  
OGALLALA, Neb. - A sign of terrible times on an abandoned sod hut in the 1800s on the treeless, dry, heartless heart of America: "90 miles to wood, 20 miles to water. Gone back East to wife's family."

A westbound migrant, aglow with his future on the High Plains: "This would be fine country if it just had water."

A bitter sodbuster in reply: "So would hell."  
Little did they know that only feet below their dusty wagon ruts lay an underground ocean, one of Earth's miracles. It is called the Ogallala Aquifer.

In its sands and gravel and strata is buried enough fresh water to inundate all 50 states beneath almost 1 1/2 feet. It holds as much water as Lake Huron plus one-fifth of Lake Ontario.

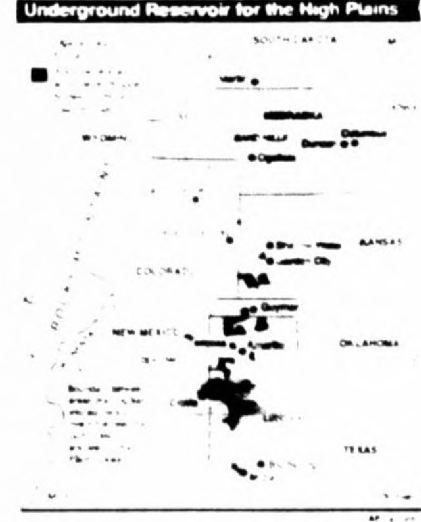
The Ogallala stretches from South Dakota and Wyoming south through Nebraska (which overlies two-thirds of its volume), Colorado, Kansas and Oklahoma to Texas and New Mexico.

Once this was all dismissed as The Great American Desert. Modern irrigation has transformed it into an 800-mile green belt made possible by, in effect, upside-down rain.

The Ogallala region today produces up to 40 percent of America's beef, from 20 percent to 25 percent of its food and fiber,



Better conservation, laws have almost stopped this practice of letting water run down the bar ditch.



Underground Reservoir for the High Plains

notably feed grains and cotton. This output that helps feed and clothe a nation was worth upward of \$20 billion in 1989 and fuels an ancillary economy that may reach \$50 billion.

Without irrigation, says Nebraska Sen. Lorán Schmit, the state's gross product would drop 70 percent.

During the Dust Bowl's historic drought, haggard plainsmen watched red-eyed as their farms and ranchland blew away in the sleepless wind. Salvation lay but a pipe's length beneath their very feet. But they didn't have the tools to reach it. They do now.

Irrigation can produce as much as three to four times more than dry-land farming. The Ogallala became found money. Pumping on a grand scale began in Texas where the High Plains became a mammoth cotton plantation.

Envious farmers peered over their fences at what their irrigating neighbors were doing and the practice moved inexorably northward. In one region of southwest Nebraska, 111,600 acres were irrigated in 1950. By 1983, 973,000 acres were. In Yuma County in northeast Colorado it was 11,000 acres in 1959, 446,000 in 1987. The Lubbock area had 3,627 irrigation wells in 1953, 46,906 in 1989.

Between 1940 and 1980, 400 million acre-feet of the Ogallala's 3.6 billion acre-feet were pumped to the thirsty wells. (An acre-foot covers an acre with 1 foot of water and equals 325,848 gallons.) The result was predictable.

Water levels declined up to 200 feet in Texas, with 23 percent of the water gone as of 1983. Kansas has pumped 38 percent of its water by one estimate. Its farmers pumped 4.4 million acre-feet in 1985. About 40 million acre-feet remain underground. In Kit Carson County in Colorado, water tables have been dropping up to 5 feet annually.

Good rainfall, dramatically rising costs of pumping fuel, state regulation, federal farm programs and a greater awareness of conservation have combined to stem the flood. Ground water use declined 19 percent from 1980 to 1985.

Many echo grain farmer Ed Ediger of Hampton, Neb.: "Let's leave some for our grandchildren."

In Scott City, Kan., Keith Lebbin, state water district manager for west-central Kansas, describes the local situation as "bleak." But even something as ancient as agriculture is feeling the effects of technology.

New techniques, new irrigation devices are coming from, of all places,

## Well dug in 1904 was start

By JOHN BROOKS  
Managing Editor  
The search for water in the Great Plains was thought to be fruitless.

"I've seen this country go from the Sahara Desert to an oasis during my lifetime," said Virgil Walker, who still farms south of Hereford and has other holdings in the area.

Walker, and many others, have seen the resources of the Ogallala Aquifer turn Deaf Smith County and other parts of the region from dryland wheat, milo and cotton to an area where almost anything can be grown.

Indeed, G.R. Jowell "never entertained a doubt but that the water would some day be brought from underneath and applied to the surface with the pleasing result that the Panhandle country will become the 'garden spot of the universe,'" said a story in the Feb. 24, 1905 Brand.

There were windmills in this country for 30 years before the first well for irrigation was considered. People knew there was water just under the soil: there were too many people who had dug post-holes and hit water.



Windmills have been running here for over 100 years, providing water needs for people and livestock.

But no one knew how much water there really was.

In the Feb. 24, 1905 Brand, the headline beckoned news that would change life here and in other areas from the Permian Basin south of here to the plains of Nebraska.

"Citizens Watch Water Brought Forth at Rate of From 118 to 200 Gallons Per Minute," the headline said.

The 10-inch diameter, 100-foot deep well had been dug during the summer of 1904 on the Jowell's ranch east of Hereford. A test had been planned several times but was delayed by freezing weather. A Professor Hallam, "hydraulic engineer and expert pumper of Roswell," furnished a 5 7/8 inch wood pump pulled by a 25-horsepower steam engine.

The story continues:

"At about 2 p.m., a large crowd of citizens having assembled, the pumping was begun. A stream of water 5 by 7 inches, came rolling forth and continued for about 25 minutes, without any perceptible decrease in the water supply. When the pumping was going at average speed, a test was made by the committee appointed for this purpose, and it was found that from 188 to 200 gallons were pumped per minute, which, for 25 minutes, would make a total of about 5,000 gallons, when there was only about 260 gallons of water in the well when the pumping was begun. This is conclusive that the supply was furnished as fast as it could be pumped and goes to prove that our water supply is, in a measure, inexhaustible."

"...Now, granting that the pumping shall continue only 12 hours each day and deducting for Sundays, there could easily be irrigated 160 acres (from the well), which, when placed under such irrigation, would easily be worth \$50 per acre, for it is a well known fact that there would be no limit to the crops which would be produced under such conditions."

"This is the first test of the kind which has been made in the Panhandle proper, and will doubtless mark the beginning of actual irrigation from wells in West Texas."

## Formation took many events, years

By The Associated Press  
The first humans on the High Plains, the Indians, lived off the grazing bison and were not agrarians, not dependent on rainfall to grow crops.

They knew there were mountains to the west, the Rockies. But they did not relate them to the grass beneath their ponies' hooves, assuredly not to what lay beneath that, the vast underground sea now known as the Ogallala Aquifer.

The Rockies are an upthrust of all those pushings and shovings of Earth's crust during countless epochs. Erosive wind and ice and water blew and washed the upstart mountains down their own flanks onto a former sea floor.

Running water cut riverbeds, canyons, gullies. Tectonic plates kept colliding, squeezing up the mountains. The canyons and gullies kept filling up with gravel carried by water and sand blown by wind. The result was a flat plain tilted slightly downward and eastward, arid in the rain shadow of the mountains.

Its porous materials became a massive sponge, catching runoff and the old rainfall over the ages. In a good year rain might add 6 inches or more to the sponge in places in the Sand Hills - dunes, really, until a few millennia ago - only fractions of an inch elsewhere, and up to 50 feet in the Platte Valley.

Today the aquifer covers some 170,000 square miles, holds about 3.3 billion acre-feet of water (an acre-foot covers an acre with 1 foot of water and equals 325,848 gallons, daily consumption for a town of 1,300 people).

If the sponge were squeezed dry, it would take hundreds, thousands of years to fill up again.

JUN 17 1990



# The P2

By **MIKE COCHRAN**  
Associated Press Writer  
**WICHITA FALLS (AP)** - There are no ferns, no jukebox, no carpets, no pool tables, no happy hour and no dance floor.  
There is no waiting room, no game room and no ladies room.

Wooden and windowless, it could pass for a remote shack on a large Texas ranch or a sturdy little fortress in a frontier wilderness. Or maybe just an upscale outhouse.

A wounded firefly would double the lighting.  
This is Raymond Nipper's bar.

It's got longnecks and chicken necks, frosty mugs and sizzling ribs, fiery sauces and secret recipes. Signs tout armadillo burgers for \$2.95 and

pig lips for \$1.95. Those are special. So are the carhops.

Remember carhops? What we're talking about here is yesteryear, with a twist. Hickory-smoked history. A mesquite-flavored legend.

We're talking about a beer-and-barbecue pub with a strange name, a stranger clientele, deliciously greasy food and walls decorated with snapshots.

We're talking about four decades of memories in a scruffy little saloon, about a history as rich and colorful as this rough-and-tumble city itself, about a service station that became a legend called P2.

That's right. Ray Nipper's barbecue joint is named P2, or, as it is known to many, The Deuce.

P2 was the second in a chain of Pioneer restaurants opened long ago

## The beer is cold, the barbecue hot, and the pig lips are great with red draw

by the McBride family of Wichita Falls and, with a certain logic, called Pioneer 2. Customers shortened the name to P2, and it stuck.

The wooden frame building housed a service station in 1922. That gave way to a beer barn, which the McBrides leased in 1947. They later bought the place and made it Pioneer 2.

It promptly became a stag bar, but not by design.

"It just happened that way," recalls M. E. "Fat" McBride, who with his father and three older brothers founded the Pioneer dynasty.

"Nobody put up a sign or anything," says McBride. "But when a woman would walk in, the customers kinda hushed up, and she'd feel uncomfortable."

At its peak, the Pioneer chain numbered 11, but the P2 never quite

fit the corporate image. So they gave it away, to the bartender.

The bartender, "Big Jean" Woodley, sold the P2 to Nipper in 1987.

Inside, P2 remains a brotherhood of beer, barbecue and good ole boys. Outside, it's a family affair: a drive-in for mom, pop, kids and young folks on the prowl.

This is a popular feeding ground for judges, lawyers, prosecutors, plumbers, doctors, dentists, architects, accountants, cops, millionaire oilmen, roughnecks, ranchers, farmers and journalists.

"It's just a good friendly place," says Lloyd Ruby, the Texas Hall of Fame Indy-type race car driver whose newspaper and magazine clippings are scattered liberally among the snapshots.

"This is a redneck bar," claims P2 regular Joe Brown. "Used to run

women off. Don't do that anymore."

Actually, there's no serious threat of female infiltration. Not many women are inclined to wrestle regulars for one of six bar stools or three booths that rival a three-humped camel for discomfort.

Besides the carhops, the lone woman sparring with a recent daytime crowd was Lou Gibson. After six years bartending for this bunch, Lou's one savvy lady.

"This place is different," she says. "But it's a fun place and I enjoy working here. Probably the nicest people in the world come in here."

She thought about that a second, then added: "And a few others."

The P2 has its traditions, among them the red draw. That's a frosty mug of beer and tomato juice flavored with salt and ignited with Tabasco pepper sauce.

Nipper himself was a P2 regular and no stranger to a red draw when he bought the place three years ago, fulfilling a desire to own a bar where he could cook for his friends.

"Cookin' gets in your blood," he says. "It's not a great way to make money, but I love it here. It's fun. Some of these people are wealthy and affluent and some are just plain folks like me."

"But they're all friends."

Nipper will tell you anything except the secrets of his smoked meats and homemade sauces, which are making him famous. For his holiday bashes, Nipper has been known to cook up venison, calf fries, wild pig, brisket and all the trimmings. And it's free.

Part of the P2 legend involves a regular named Joe Hale, who once entertained his buddies by riding a horse into the bar. As luck would have it, the animal was moved by the most natural of urges, to which it responded. Memorably.

So the story goes, they banished Joe for three days and his horse forever.

"Naw," drawled a P2 regular. "They barred the horse for three days and Joe forever."

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Phone 364-2255  
Office Hours:  
Monday - Friday  
8:30-12:00 1:00-5:00

## Non-farm reps fighting subsidies

**WASHINGTON (AP)** - Some non-farm area lawmakers are ready to pounce on the 1990 farm bill approved by the House Agriculture Committee because they oppose paying subsidies to farmers who already make a decent living.

But committee Chairman Kika de la Garza, D-Texas, said, "This is a farm bill that I will be proud to defend on the House floor and it's one that deserves the support of my House colleagues."

Debate is likely to begin the week of June 25.

Ready to attack is a group called the Coalition for Common Sense Agriculture. Led by Reps. Richard Army, R-Texas, and Charles Schumer, D-N.Y., the group of non-farm area lawmakers oppose paying thousands of dollars in subsidies to farmers whose earnings are higher than the average taxpayer.

"Though the House Agriculture Committee has made progress by im-

posing a freeze on subsidies, it is clear that some parts of the 1990 farm bill do a disservice to American taxpayers," Army and Schumer said Thursday in a joint statement.

Rep. Silvio Conte of Massachusetts, the ranking Republican on the Appropriations Committee, already has introduced a bill that attacks the farm payment programs by limiting farmers to \$50,000 a year in government payments.

Committee members have argued vehemently that government programs supporting farmers stabilize food prices and help the government manage the industry.

The Agriculture Committee completed work on the bill with a marathon session beginning Wednesday and ending early Thursday morning in which lawmakers added changes in conservation measures to a host of other programs, passed weeks earlier,

that guide agriculture policy for the next five years.

De la Garza said the bill assures farmers a reasonable income but meets tight federal budget demands.

Major provisions of the bill include:

-A freeze on target prices for cotton, rice, wheat and feed grains.

-Loan rates of \$5.25 a bushel for soybeans during 1991-92 with possible increases in subsequent years.

-A flexibility program that allows farmers who grow government supported crops to transfer 25 percent of their acreage into an experimental crop without losing that acreage in calculations for price supports.

-A dairy program that sets a minimum support level of \$10.10 per hundred pounds of milk.

-Continuation of present peanut, sugar, honey, wool and mohair programs.

-A trade program that allows donation of commodities to the world's poorest countries, puts deadlines on multi-year agreements and forgives loans to the poorest countries. It also would authorize assistance to private voluntary organizations and cooperatives in administering food programs and reauthorize the Food for Progress program, which donates food to countries that encourage private enterprise and agricultural reform.

-A requirement that the government spend at least \$500 million annually in the Export Enhancement Program, which helps U.S. commodities compete with other countries in the world market.

-Availability of \$5 billion annually for credit guarantees on commodity sales to foreign countries under the government's six to 36-month credit program known as GSM-102.

## Book explains methods to get government loans for business, real estate

You don't have to go to a bank to borrow money and you don't have to pay high interest rates for the use of it.

The government wants you to develop a business that will employ more people, and add them to the tax rolls. The government also wants you to own real estate and add you to the property tax rolls. It is through the taxation system that our government agencies and their programs are funded.

When you think of getting a loan to buy or build a home or set up a business, the average person thinks of a bank. The appellations of HUD (Housing and Urban Development), FHA (Federal Housing Authority), the Federal National Mortgage Association and the various state housing finance agencies are all initials and names the general public glances at in the daily paper or hears about on the evening news. And yet these are agencies that can put tax dollars back into the pockets of taxpayers.

Where do you go and how do you apply for some of the government funding to buy real estate or start a business? There is no much confusion about where and who that clerks in some of the government agencies don't know everything there is to know about their own programs much less about other

agency programs. The air needs to be cleared!

California author, James R. Wyatt has done the research and has put together a 260 page entitled, "How to Get Government Loans For Business and Real Estate." Wyatt has been a contractor and real estate developer for most of his working life, and has used numerous government funding programs to build low income housing and to do historic buildings restoration projects.

Wyatt has also written 11 books in the area of real estate and how to set up your own small business. He speaks from experience and from extensive research.

"How to Get Government Loans for Business and Real Estate" tells why the government would set up low interest and no-interest loans. There are free guidance services available to keep you out of financial trouble. There are business grants (free money) set up to encourage innovative development and growth in several technological areas.

One program called the Small Business Innovation Research Program can start at \$50,000 and go up as high as \$500,000 under some circumstances.

# Sometimes beauty goes much deeper than skin deep!



We take pride in offering *Gina Alley* as an example to that claim, and extend our congratulations to her as the new reigning Miss Hereford!

We know she will continue to represent Hereford with the style, integrity and conduct befitting the fine caliber of young individuals in our community today!



## CHIROPRACTIC FOR BETTER HEALTH

**Dr. Gerald Glasscock**  
— CHIROPRACTOR —

### GETTING THE SUPPORT YOU NEED

You may not realize it, but the mattress and pillow you sleep on, your choice of couch and chairs, even the way you drive a car can directly affect your back.

Improper support is one of the major causes of pain and discomfort in your neck and spinal column. If this has thrown your spine out of alignment, you may be suffering from persistent aches and pains in your back and other parts of your body.

A spine out of alignment may interfere with the proper functioning of your nervous system. All of your body's nervous systems are connected to the brain,

which sends impulses through the spinal column in a complex network that extends to all of your body's organs and cells. Interference with nerve supply can not only affect your back but other parts of your body as well.

If you are feeling any pain or discomfort now in your back or in other parts of your body, you may be able to benefit from a chiropractic examination and treatment.

In the interest of better health from the office of:

**Dr. Gerald Glasscock**  
- Chiropractor -  
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# FAILED ADOPTIONS

## They create a nightmare that tears at both sides

By SHARON COHEN  
Associated Press Writer

CHICAGO - At the age of only 11, Tony heard the words that pierced his heart and changed his world forever. He wasn't wanted anymore - his adoptive parents were giving him back.

The couple, who had raised Tony for nearly half his life, said he didn't "bond" with them and was a disturbed child who abused and endangered his 8-year-old brother, Sam.

Their decision: keep one boy, return the other.

"I was crying and I was very sad," Tony said in a tape recording made for the couple after he moved out. "I was adopted before and I don't like being pushed around by people."

While most adoptions in America succeed, Tony's case is among the small number that don't have a storybook ending, just the pain and strain of a child and adults who share little but feelings of frustration and failure.

"Normally, it's a very traumatic experience," said Joe Kroll, director of the North American Council on

Adoptable Children. "It definitely tears at both sides. You're losing a child. A child is losing the parent."

Tony - whose legal fight to visit his biological brother captured national attention - has turned the spotlight on failed adoptions, stirring debate over the responsibility of prospective parents and the rights of children when forging family ties.

"It creates new legal questions... on some of the most difficult kinds of cases in the law because they really do hit you where you live," said Dan Polsby, a Northwestern University law professor.

"Family law issues are characteristically gut-wrenchers," he said. Some argue adoption is an ironclad, for-better-or-worse commitment.

"This is not something you go into thinking if it doesn't work, we can always undo it," said Hal Gaither, a Texas family court judge who has handled failed adoptions. "A child should not be treated like commodities that can be changed."

"We're talking about a human being. We're not talking about an automobile that you're tired of," said Pat Murphy, the Cook County public guardian who represented Tony in a court fight settled in late May when the adoptive parents agreed to sibling visits. "How many abandonments can you take in life before it really starts to kill you?"

But others contend biological parents sever ties with children, so adoptive families should have the same option.

"There are lots of natural families who decide... they're going to terminate their parental rights," said Mary Martin, the attorney who represented Tony's adoptive parents.

Many legal experts say that rarely happens with older children,

however, because the state and agencies are reluctant to accept them, knowing they aren't good adoption prospects.

Lawyers also say parents generally don't reject adoptive children unless conditions are unbearable, ripping apart families and marriages.

Still, there are exceptions. Murphy cited one couple who divorced and fought over the property, but returned the child, and another in which the father, who was close to his adoptive son, died and his wife returned the boy.

Tony's adoptive parents, known only as Joseph and Pamela Doe, a butcher and hairdresser from suburban Bellwood, said they couldn't cope any longer with the boy's emotional problems and abuse of Sam. They claimed Tony struck Sam, cut him and tried to drown him. "He certainly was doing things that were putting incredible pressure on them trying to live together as family," Ms. Martin said.

But Murphy calls Tony "extremely likable, engaging" and notes psychologists say the parents were too rigid.

Both boys were adopted in 1984 after being rejected twice by their natural mother, who kept their sister.

As for Tony, he was shocked when his adoptive parents announced he'd be returned to the state. "I thought they were kidding. They weren't," he said on the tape made with friends last winter. The couple refused to listen to his plaintive message, according to Murphy.

Tony's plight engendered much sympathy. In fact, Ms. Martin said the adoptive father told her if he'd heard this story years ago, "I would have thought, 'Isn't that awful?' But you have to live in my shoes these last six years to know how you come to this point and how painful it is."

Few adoptions end so tragically. Of some 50,000 adoptions annually, experts say less than 2 percent fail.

But for special-needs children - those who are older or handicapped - the rate is between 11 percent and 13 percent, and nearly one in four for adolescents and teen-agers.

"Marriages have a 50 percent failure rate," said Bill Pierce, president of the National Committee for Adoption. "In adoptions, the fact we have a 13 percent failure rate is an astounding success."

Some say, however, that rate may climb because healthy white babies are scarce, while the adoption pool largely consists of older children with histories of neglect or abuse, or infants born of addicted mothers.

"The reason you might have more children who don't work out is we're trying with tougher and tougher kids," said adoption advocate Kroll. "Today, every kind of kid has been adopted - kids without arms or legs, sexually abused, those in foster homes. Twenty years ago, they were written off."

A home, though, isn't an instant formula for success. Experts say adoptions fail for several reasons: age, handicaps parents can't handle, lack of personal history and unrealistic expectations - with some children harboring fantasies about idealized family life and some adults being disappointed when they aren't grateful or relieved to have a new home.

A study of 927 children 3 years and older adopted from 1980-84 in California found age was the

strongest predictor of disruption and the less information families had, the likelier the problems, said Richard Barth, one of the authors and an associate professor at the University of California-Berkeley's social welfare school.

Lack of access to personal files prompted a Texas lawsuit by several families who claimed they weren't told of their adoptive children's histories of sexual abuse or physical problems.

Thus far, the federal courts have ruled against the parents.

In a different adoption trauma in Texas, a couple gave up their adopted baby daughter after discovering she was severely mentally retarded - and couldn't cope with that.

Judge Gaither, who terminated their visitation rights but refused to end all parental obligations, is not sympathetic.

"A birth parent has to take what they're given," he said. "A lot of birth parents are saddled with problems that will never be solved."

Tony now lives in a foster home. In his taped message, he was reassuring. "You don't have to worry about me because I'm doing fine and I miss you a lot," he said. He signed off as "your loving friend - and part-time son."

One of Tony's buddies offered an epilogue, saying when he heard what happened, "I started to cry. I said, 'Well buddy, I'm sorry you have to do this, but this is life.'"

### Family Reading Challenge 1990

#### Boys and Girls . . .

Rex and Rita Saurus challenge you and your family to sign on for The Family Reading Challenge 1990.

How does it work? Read at least two books, two magazine articles and two newspaper articles between June 8 and Sept. 8 and discuss what you have read with a parent, guardian or other adult.

All participants ages 5-12 who successfully complete the challenge will qualify for a nationwide drawing for thousands of awards, including prizes such as bicycles, computers, family trips, cassette tapes, hamburgers and encyclopedias. Look for an official entry form in this newspaper. It will be printed several times during the summer.

The Family Reading Challenge 1990 begins on June 8 with the first-ever National Read Aloud, Parents, kids and famous people will read aloud in their homes and schools and on television and radio all across the country.

The program ends on Sept. 8 when millions of families across the United States and Canada will have the opportunity to show that they met the Challenge by taping their newspaper's front page in a window of their home.

Watch these pages for some enjoyable summer reading activities that will help you and your family read and use the newspaper together.

And just who are Rex and Rita Saurus? They are the famous "dinosaur" twins who have been encouraging children to read for the past two summers. Rex and Rita firmly believe that "Winners Read and Readers Win."

#### Family Reading Challenge 1990 Entry Form



Yes I have met the Family Reading Challenge by reading at least  
 2 newspaper articles  2 books and  2 magazine stories  
 and I have discussed them with my parent(s), guardian or other adult.

Please register me for the October drawing of awards. The grand prize this year will be an IBM Writing to Read Laboratory for the young reader's school and an IBM PC for his or her family. Other awards will include Rex and Rita sweatshirts, World Book encyclopedias, magazine subscriptions, books, bicycles, Rex and Rita puppets, audio and video cassettes and more!

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City, State & Zip \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ My Newspaper \_\_\_\_\_

- Family Reading Challenge 1990 rules:
1. Young readers must be 5-12 years old to participate.
  2. Information on all entries must be printed in block letters or typed.
  3. Entries must be postmarked by Sept. 8, 1990. Readers' names will be drawn at random in October 1990. Winners will be notified by mail.
  4. Entries must be signed by both the young reader and a parent, guardian or other adult. Because of the great number of participants, only one entry per young reader will be considered.
  5. Void where prohibited by law or where restricted. All federal, state and local rules and regulations apply. No purchase is necessary.

Questions? Call the Rex and Rita Hotline 1-800-331-3501 TDD 1-800-552-9097

Return to: Rex and Rita Saurus, P.O. Box 812090, Chicago, Ill. 60681-2090

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Though we once lived eight in a one room shack  
 He never once complained, for he knew that's where love was at.

Through all his years of hard work and sweat  
 He was doing it for us - I'll bet.

He always said get on the Ball  
 For he knew what lay ahead for me and for all.

Fishing and camping was his Joy  
 The things he would show us - Oh Boy!

Around the campfire we would laugh and sing  
 Oh what memories that will bring.

Angel Moya was the friend, he loved to hear  
 And at the end it was so dear.

But let us not forget the way he could cook  
 For so many times your breath it took.

I'll close with these few words  
 Till we meet again  
 My father my friend.

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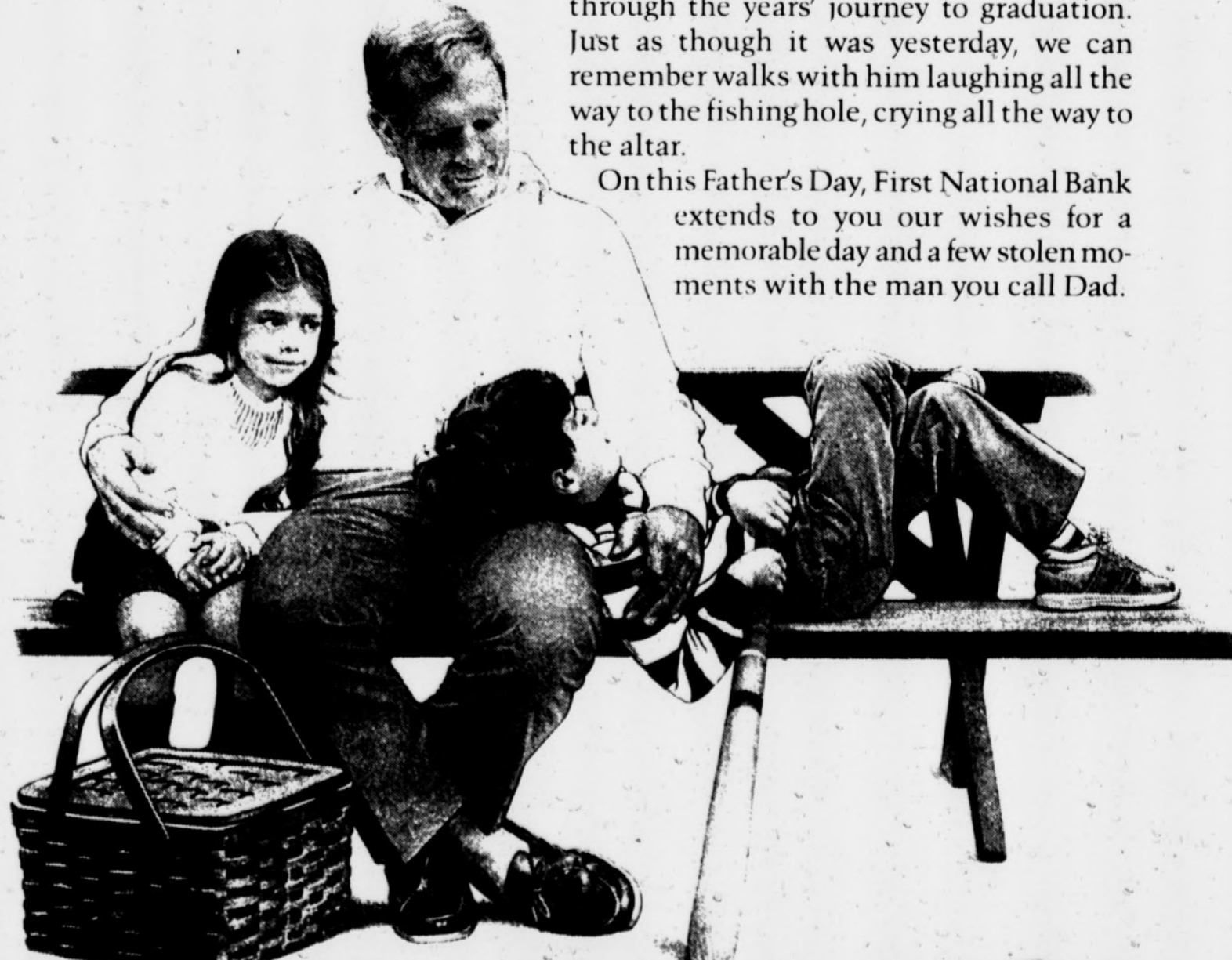
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# Sports

## Hereford native has 'hectic' time getting El Paso's new field ready

By SAM W. WALLER  
Sports Editor

For more than 65 years El Paso's Dudley Field was home to professional baseball in the Sun City.

That came to an end Wednesday when the city's Texas League entry, the Diablos, played their first game at the new Cohen Field.

The original plan was to have Cohen ready for the 1989 season, but problems pushed opening day at the park back more than a year.

Hereford native Chad Bunch was hired in February as superintendent of grounds/maintenance for the new facility and has had to put in some long hours to get the playing field ready while construction crews finished the stands and parking lots.

"It's been pretty hectic this last week," Bunch said. "There hasn't been much sleep. I've had to get here early and stay late to get things ready."

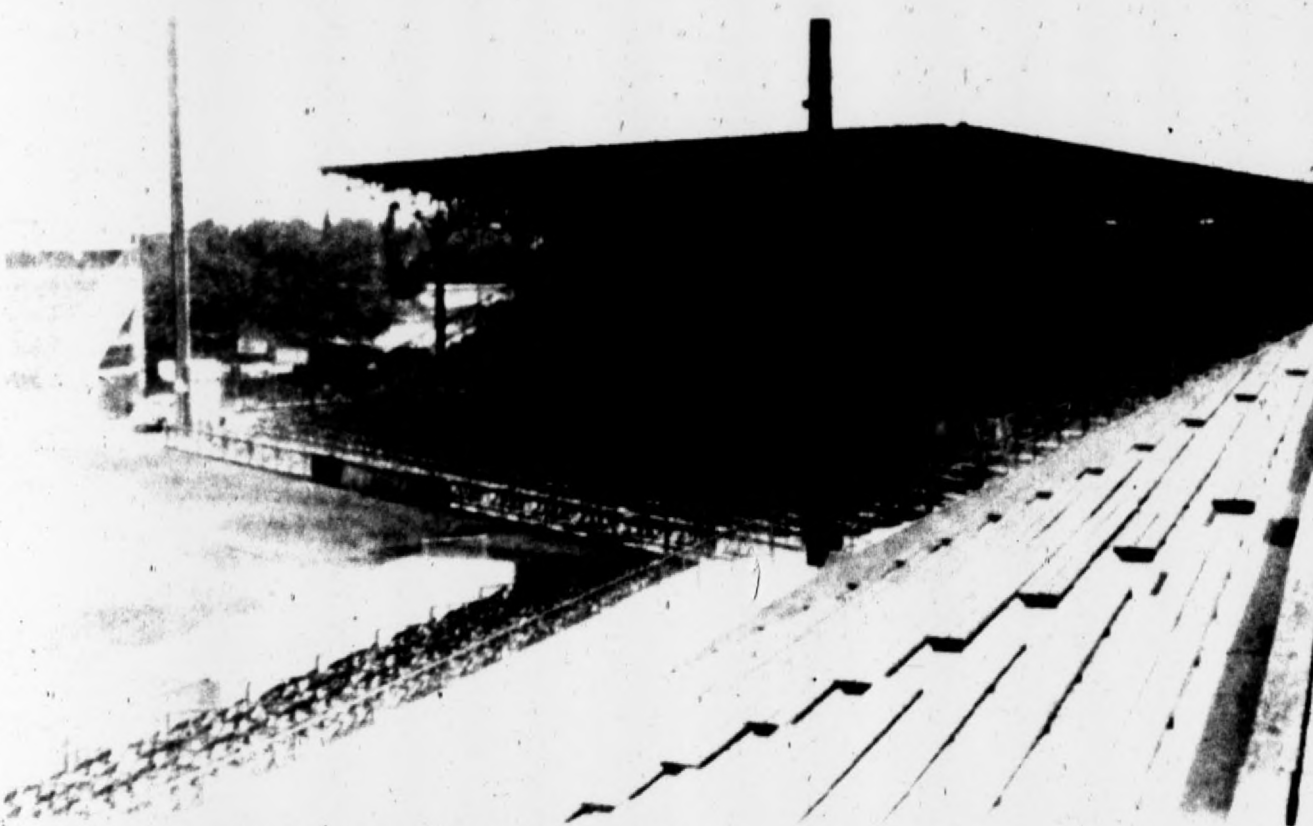
Bunch, a 1985 Hereford High graduate, got the job through a recommendation from an assistant baseball coach at Texas A&M, where he studied agronomy and worked three years on the Aggie's ground crew.

"The pitching coach at A&M used to be the head coach at UT-El Paso," Bunch said. "When the Diablos got ready to hire a groundskeeper, they called him up and he suggested me."

Bunch was working as a greenskeeper at Biarcrest Country Club in Bryan while finishing his degree, but said the opportunity was too good to pass up.

"This is something I've wanted to do for a long time," he said. "Back in high school, I took care of the Kids Inc. fields for four years and then worked on the crew at A&M."

"I just love the game so much that if I wasn't going to be able to play I wanted to do something to stay



### Where did everybody go?

The adobe-based grandstand at El Paso's historic Dudley Field stands empty after Wednesday's opening of the city's new Cohen Field as home for the Diablos minor league baseball team. Hereford native Chad Bunch serves as head groundskeeper for the Texas League club.

around it.

Bunch said the job offer came as something of a surprise.

"There's just not a whole lot of these jobs around and I didn't think I was ever going to get one of them," he said. "In fact, I went to work at the golf course because there weren't any baseball jobs open and I figured I'd go that route."

Bunch spent the early part of the season keeping Dudley in playing condition while waiting for construction to finish on Cohen to finish.

"That was a great old park," he said of Dudley, "but this was the 66th year they were using it and it was getting a little run down."

"The new stadium was built out on the northeast side of El Paso where there hasn't been much development yet. It is really nice. There's seating for 10,000 with fold-down seats in the box seats and benches in the bleachers. And they put in 20 skyboxes."

One feature of El Paso baseball has been how well the ball carries in the thin air. Bunch said that seems to

have improved with the new park.

"We moved from the smallest park in the Texas League to the largest," he said. "Cohen is 340 (feet) down the lines, 385 to the alleys and 410 to centerfield. At Dudley a routine fly ball had a chance to get out of there. The hitters loved it and the pitchers hated it."

"But the players seem to think the ball carries even better out here. The wind comes off the mountains and blows out to left, so there should still be a lot of home runs."

## Oakland comes back to stop charging Sox

By The Associated Press  
Not so fast, Chicago.

The White Sox, who used their speed and resourcefulness to manufacture three runs in the first two innings, were five outs away from moving into first place in the American League West. But their usually reliable bullpen blew a 4-1 lead in the eighth inning and they lost to the Oakland Athletics 5-4 Friday night.

"We always play nine innings," Oakland manager Tony LaRussa said. "That's the best feeling this club can give this manager."

The A's, who have led the AL West since April 14, are two games ahead of the White Sox and have two more games in Chicago this weekend.

Elsewhere, it was Toronto 5, New York 4; Boston 4, Baltimore 3; Detroit 2, California 1 in 10 innings; Cleveland 5, Milwaukee 3; Kansas City 5, Minnesota 1; Texas 4, Seattle 3.

The White Sox led 4-1 behind Greg Hibbard's solid pitching when Mike Gallego and Walt Weiss opened the Oakland eighth with singles and Barry Jones (7-1) relieved.

A single by Rickey Henderson loaded the bases and Dave Henderson, who homered in the first, doubled to make it 4-3. After Carney Lansford struck out, Mark McGwire was intentionally walked but Terry Steinbach singled home the tying and winning runs.

**Blue Jays 5, Yankees 4**  
Kelly Gruber, pinch-hitting for the

first time this season, put Toronto ahead with a bases-loaded triple in the eighth inning and scored the decisive run on Pat Borders' single.

David Wells (5-1) gave up three runs and seven hits in seven innings.

Toronto trailed 3-1 when Junior Felix led off the eighth with a single off reliever Greg Cadaret. Jeff Robinson (0-5) took over and struck out Manny Lee but walked Rance Mulliniks and George Bell to load the bases. Lee Guetterman struck out Fred McGriff, who homered in the second inning, but Gruber batted for John Olerud and hit an opposite-field triple.

**Red Sox 4, Orioles 3**

Wes Gardner upped his record to 5-0 against Baltimore with his first victory since last Aug. 1 and Danny Heep, who began the game hitting .178, put Boston ahead with a two-run double in the second inning.

Gardner (1-3) gave up two runs and six hits in 5 2-3 innings and won a road start for the first time since April 29, 1989.

**Tigers 2, Angels 1**

Scott Lusader drew a two-out, bases-loaded walk from California reliever Bryan Harvey to force home the winning run after Mark Langston held the Tigers to a run and four hits while striking out 11 in eight innings.

Harvey (2-2) took over in the 10th and walked Cecil Fielder. After Jim Lindeman popped out attempting to sacrifice, Harvey walked pinch-hitter Dave Bergman and Lloyd Moseby. (See AL ROUNDUP, Page 8A)

### To My Dad, Gerald Martin

Oh the paradox and perfect blend of this man I love!! Large and stouthearted, true to the core. True to himself and the things he lives for. He has opened himself to the splendor of skies, yet remains rooted where he resides. Having dreams and ideals that forever grow, yet always solid, and always so steady. With the best of both worlds brought together in one, how blessed I have been to have him to show me the way to grow always toward the sun.

K.L.M.

I love you, Daddy!

## Giants get hot, dangerous too

By The Associated Press

The San Francisco Giants are more than just hot; they're dangerous, too.

The Giants improved to 13-1 in June as they continued their remarkable turnaround with an 8-2 victory over Atlanta on Friday night.

San Francisco was in last place and trailed Cincinnati by 14 1/2 games on May 28 with a 17-28 record. The victory over the Braves improved the Giants to 32-30, 7 1/2 behind the Reds in the National League West.

Atlanta starter Pete Smith had to leave the game in the fourth inning after being hit the head by Terry Kennedy's hard line drive.

The ball hit Smith just above the right ear and glanced all the way down the left-field line, scoring two runs for 3-0 lead.

"I wasn't even done with the swing when it hit him," Kennedy said. "He looked a little dazed and confused."

Smith, who walked off the field under his own power, needed four stitches to repair a laceration. He was later taken to Palo Alto Medical Clinic for further evaluation and all X-rays were negative.

"He's a tough kid, but you still have to take precautions," Atlanta

manager Russ Nixon said.

Atlanta pitching has been getting knocked around all season by San Francisco. In eight games, the Giants have outscored the Braves 75-28 - or 9.3-3.5 per game.

Kevin Mitchell, Matt Williams and Robby Thompson homered for San Francisco and rookie John Burkett won for the seventh time in eight decisions.

Elsewhere in the NL it was Cincinnati 6, Houston 3; New York 7, Pittsburgh 5; Montreal 7, St. Louis 4; San Diego 3, Los Angeles 1 in 13 innings; and Philadelphia swept Chicago 6-5 and 7-0.

Burkett (7-1) is 5-0 with a 1.66 ERA in his last five starts, allowing

the Braves only nine hits and three runs in 16 innings. He allowed four hits in eight innings and struck out seven. The Braves spoiled Burkett's shutout bid in the eighth when Jeff Treadway delivered an RBI single.

**Reds 6, Astros 3**

Paul O'Neill broke out of a 10-for-48 slump by going 4-for-4 with three runs batted in to help Jack Armstrong gain his ninth victory.

Armstrong (9-3) became the third National League pitcher to win nine this season. He helped himself with a two-run, bases-loaded single in the third - his first major-league RBIs on only his second hit of the year.

**Padres 3, Dodgers 1**

Joe Carter hit a two-run homer

with none out in the 13th inning.

Mike Hartley (0-1) relieved to start the 13th and walked Tony Gwynn. Carter followed with his 12th homer.

Calvin Schiraldi (2-0) pitched two (See NL ROUNDUP, Page 8A)

## Men's city tournament scheduled for July 7-8

The Hereford Men's City Golf Championship has been scheduled for July 7-8 at Pitman Municipal Golf Course, according to Head Professional Brent Warner.

Entry fee for the tourney is \$30 per player plus cart and green fees. Deadline for entering is noon July 6.

Entries will be flighted by handicap and tee times will be assigned, Warner said.

Prizes will be awarded in both low gross and low net standings for each flight. Prizes will also be given in closest to the pin and long drive contests.

For more information, contact Warner at 364-2782.

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# Baseball draft turns out to be real family affair

**An AP SportScene**  
By BEN WALKER  
AP Baseball Writer

NEW YORK (AP) - The names are familiar, even if their accomplishments are not.

Blyleven and Buechele. Boone and Bell.

Major league baseball on Wednesday released the names of 1,487 players picked in a record 101 rounds at last week's free-agent amateur draft. Among those taken are 18 relatives of current or former major leaguers.

The California Angels, who already have Bert Blyleven, took his son Todd, also a right-handed pitcher. But Todd, 17, is not likely to sign; he's expected to go to college after graduating from high school in Villa Park, Calif., on Friday.

"I think he's just getting stronger. He's got a fastball that's been clocked between 83 and 87 mph. He's got Frank Viola's change-up and he's got a real good curveball - but I don't know where he learned that from," said Bert Blyleven, one of the best curveballers ever.

"He won't be 18 until the end of September. He's graduating real young so I think college is definitely going to help him," he said.

The Boone and Bell families are in line to become third-generation major leaguers.

Infielder Bret Boone, taken by Seattle, could follow his grandfather Ray and father Bob - now a catcher with the Kansas City Royals - into the big leagues. David Bell, a third baseman drafted by Cleveland from the same high school that Ken Griffey Jr. attended, was preceded by father Buddy and grandfather Gus.

Former major leaguer and Los Angeles coach Manny Mota had two sons drafted, Domingo and Rafael. Domingo is a center fielder chosen by the Dodgers, and Rafael is a right fielder selected by Houston.

Ralph Garr, son of former outfielder by the same name, was taken by Atlanta; Tommy Helms, whose father played with Cincinnati and last year managed the Reds when Pete Rose stepped down, was selected by the Chicago Cubs; and right-hander Steve Renko, the son of former pitcher Steve, was chosen by Montreal.

Eric Buechele, whose brother is an infielder with Texas, was taken by the Angels.

"He hasn't played baseball in six years (since high school). I think they're looking at his size and thinking he's a good athlete with a good arm. He's been playing football at Fresno State," Steve Buechele said of his brother. "He hasn't thrown a baseball in five years but he's a good player."

The draft was held June 4-6, but unlike the high-profile NFL and NBA drafts, major league baseball immediately releases only the names of players taken in the first round. Baseball does it that way to give prospective players an extra week to decide on their futures without facing pressure from agents and other outside influences.

Even when baseball does release the names, it does it alphabetically by team without identifying which round a player was taken.

The Houston Astros led all teams with 100 selections, surpassing their own record of 88, set last year. Seattle was second with 75 selections, followed by the New York Yankees (74), Montreal (71) and Atlanta (67).

There were 587 players selected from four-year colleges, 577 from high schools, 317 from junior colleges and six listed as being chosen from other categories.

Right-handed pitchers made up the largest single group of draftees (464), followed by outfielders (315) and infielders, excluding first basemen (289).

In 1989, 1,488 players were drafted in 88 rounds, both records at the time.

# 'Indoor war' lives up to billing

**An AP Sports Analysis**  
By DENNE H. FREEMAN  
AP Sports Writer

DALLAS (AP) - Randy White was so excited he almost swallowed his tobacco chew.

Waving his cowboy hat wildly while he talked, White said, "Man, I'm surprised how hard they hit."

"Those guys ARE football players. The referees let 'em get away with a lot, too. In the NFL, they probably would have been suspended for what they were doing."

White, the retired All-Pro defensive tackle for the Dallas Cowboys, had just seen his first Arena Football game, a 50-47 victory by the Eric Stautner-coached Dallas Texans over the Denver Dynamite.

Stautner, of course, was the Cowboys' defensive coordinator for more than two decades and White's former coach.

## KCIT Golf Challenge scheduled for June 29

Entries are being taken for the KCIT-TV Golf Challenge, which will visit Pitman Municipal Golf Course on June 29.

The contest provides golfers with three shots at a hole-in-one, according to Pitman Head Pro Brent Warner.

"This is something that we can get a lot of people involved in and have fun with," Warner said. "It's going to provide a lot of publicity for our course and for Hereford."

"Part of the show will be a preview of the next week's course and KCIT will have a crew out here sometime in June to film that."

KCIT, which broadcasts on channel 14, is carried on cable channel 13 in Hereford. Each round of the contest will be taped by KCIT for airing at 10 p.m. the following Sunday. Each week's half-hour show will feature highlights and golf tips from the resident

White was in Reunion Arena along with some 8,000 other fans to see the indoor sport debut in Texas.

Promoters call it "The 50-Yard Indoor War," and there's no danger of false advertising. There's some pretty good skirmishing going on.

Players were banging on each other from the opening whistle. It was kind of like ice hockey on cleats. Runners and receivers were crashed into the padded boards by tacklers. Receivers were slung down like rag dolls, then speared.

Surprisingly, there were no injuries from the board collisions. Dallas quarterback Ben Bennett did limp to the sidelines twice with ankle injuries, both on late hits.

The crowd took on the free-spirited characteristics of wrestling fans. They particularly

loved the fights that broke out on almost every play. Nobody was hurt. Nobody was ejected.

The game didn't start on schedule, giving the fans more time to tank up on beer. The owners delayed the game a half-hour because of a brisk walk-up sale (tickets are \$8, \$12, \$16). By the kickoff, some of the fans were worked into a mighty froth.

So was the public address announcer, Jack Lindstrom, who had a wiseguy style similar to Dennis Miller on "Saturday Night Live."

"Support the Texans war effort," Lindstrom kept shouting into his microphone, on the sidelines not far from the Texans bench.

Lindstrom wasn't the only cheerleader.

"Crazy Ray," who is also seen and heard at Cowboys games, worked the crowd with his whistles and led yells in an unending assault on the carfans. One fan even smuggled in an air horn.

There were numerous snafus. The referees did not understand the clock, which was in NBA tenths of seconds. "We can thank the NBA for that," chided Lindstrom over his open microphone.

The clock keepers weren't all that familiar with the indoor rules, either.

The clock is supposed to run except for the final minute of each half. Sometimes it did. Sometimes it didn't.

The game was bizarre. Where else would the game-winning points be scored on a 54-yard missed field goal return?

Balls that bounce off the nets at the two end zones were in play. There were eight players on each team and they had to go both ways except for the quarterback. By the fourth period, fatigue was a factor. There were only 18 players on the roster and they all earned their money.

Of course, they don't get paid much. The average player earns less than \$1,000 a game for the eight-game season.

In the happy Texans dressing room after the game, Stautner had a grin almost as big as the football he was clutching.

"This is the nicest piece of leather I've ever been given," Stautner said. "This game ball means as much to me as any I've ever had."

Nearby, White was still extolling the virtues of the game he had just witnessed.

"There wasn't a dull moment," he said. "Hockey players don't take shots like these guys did."

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## Registration continues for summer sports camps

Registration continues for the summer camps for basketball, volleyball and golf being offered through the Continuing Education Program of the Hereford Independent School District.

The Lady Whiteface volleyball camp will be held June 25-29 with the Lady Whiteface basketball and the Whiteface golf camps July 16-20.

The basketball and volleyball camps will be held at Hereford Junior High and will have daily sessions from 9 a.m. to 4 p.m. Registration forms for these camps are available at each elementary school and HJH.

The golf camp will be held from 9 a.m. to 3 p.m. daily at Pitman Municipal Golf Course. Registration forms are available at Hereford High School, HJH, elementary schools and Pitman GC.

The volleyball camp will be instructed by coaches from HHS and HJH as well as former Lady Whiteface players. The camp is open to all incoming fourth-graders through ninth graders. Cost for the camp is \$40, including a \$10 deposit due by June 18. All campers will receive a T-shirt. For more information, contact Coach Brenda Reeh at 364-7433 or 364-4648.

The girls' basketball camp is open to all incoming fourth graders through ninth graders. Cost for the camp is \$40 with a \$10 deposit. Each camper will receive a T-shirt, certificate of participation and a Basketball Skills Award. Camp instructors will be members of the Hereford girls' basketball staff. For more information, contact Coach Dickie Faught at 364-8229 or 364-6810.

The golf camp is open to all incoming fourth graders through ninth graders, boys and girls. Cost for the camp is \$60 which includes insurance, T-shirts, three golf balls, certificates and special awards. Instructors for the camp will be HHS golf coaches and the Pitman GC head and assistant professionals. Registration deadline for the camp is June 22. For more information, call Coach Stacey Bixler at 364-1747 or the Pitman GC pro shop at 364-2782.

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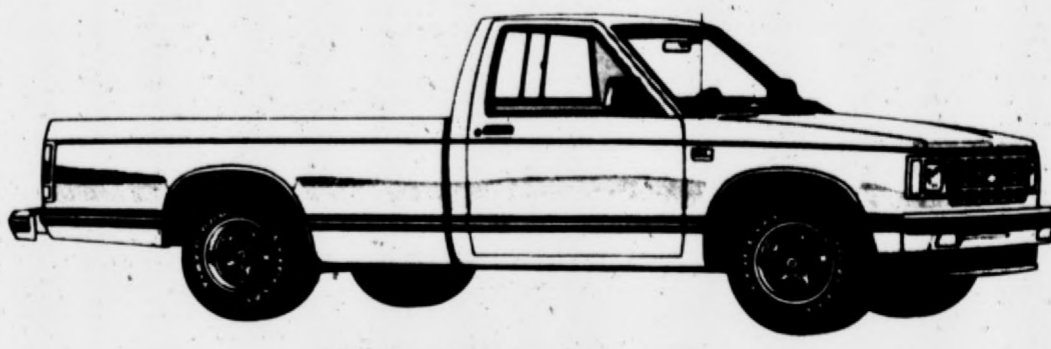
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# East shows West a few new tricks

By DAVID CHAPIN  
SAN ANTONIO LIGHT  
AUSTIN (AP) - The expansive weight room in the University of Texas' Neuhaus-Royal Athletic Complex is located downstairs, but the training taking place there nowadays has the look of something completely underground.

It is not a scene for traditionalists. In the open space at the center of the room, just to the side of the free weight area, is a row of wooden boxes. One day recently Guillermo ("Panama") Myers, the starting center on the Longhorns' basketball team, conducted a series of leaps upon and over the boxes. First one leg, up and down, up and down. Then the other leg. Then both legs. All as fast as he could possibly go. At the end of each round, Myers leaped into the air, imitating a jump shot.

Across the room, a football player began stutter-stepping from the floor onto a box with a weighted bar across his shoulders, doing as many repetitions as he could in 20 seconds.

Nearby, another football player stepped out of the power rack with what seemed a ridiculously light weight on his back and began doing rapid-fire squats. Again, as many reps as possible in 20 seconds.

If it all seems foreign to the way American athletes normally train, it is. It comes straight from Bulgaria and the vast bank of scientific research the Soviet Bloc countries have compiled on athletic training. The application of that research has allowed the Eastern European countries to dominate the Olympics for two decades.

So this, then, is a first for American athletes. "This gives us as well-rounded a scope and understanding of training from throughout the world as anybody," said Texas strength and conditioning coach Dana LeDuc. "Not just the Western influences of training, but now the

## Bulgarian brings training methods to UT

**Strength is the base of any physical qualities of the human being. For a long time in sports, people used to talk about endurance, velocity and strength. That was wrong from my point of view.**

**-Angel Spassov**

Eastern Bloc, which nobody has ever been able to completely understand."

LeDuc and his staff have been able to gain a full understanding because of one man - Angel Spassov. Spassov is a professor at Bulgaria's National Sports Institute, and from 1977-87 he was a coach of that country's national weightlifting team.

The Bulgarians are internationally renowned for their athletic prowess, notably weightlifting, and the warm, political climate between East and West has made it possible for Spassov to spend a year at UT on a work visa.

He ended up at Texas mainly through his close association with Terry Todd, a professor in the school's department of kinesiology and a former national weightlifting and powerlifting champion. During a lecture tour of 33 U.S. cities last year, Spassov expressed an interest in spending a year in this country, and Todd set about convincing the UT administration to sponsor that stay.

"He could have gone anywhere," said LeDuc. "The (New York) Giants, the (Denver) Broncos, they all wanted him. I'm very happy he's here."

Todd said Spassov's presence puts Texas in a unique position among American athletic programs, professional or college.

"To my knowledge, there's no other (Eastern Bloc) person serving as a consultant with the full understanding of his home country and federation," Todd said.

Spassov has been at UT since January, and his introduction of the Eastern Bloc methodology has already produced measurable results.

Once its run in the NCAA Tournament ended in the final eight, the Texas men's basketball team immediately began working under Spassov. In four weeks, most of the players increased their vertical leap almost two inches. "They showed better improvement than they did right before the season started," said LeDuc.

Even if they weren't entirely sold on what they were doing.

"Some of it doesn't make sense," said Myers, "but I think if you believe in the workout, you'll come out a winner."

The Bulgarians, with a country the size of Tennessee and a population of about 9 million, have proven that

Spassov is now trying to duplicate the results in the small population of an American athletic program.

The basic tenet he teaches Longhorns is the same Bulgarian athletes learn.

"Strength is the base of any physical qualities of the human being," Spassov said. "It doesn't matter what sport."

"For a long time in sports, people used to talk about endurance, velocity and strength. That was wrong, from my point of view and my colleagues."

Strength is a determining factor for both endurance and velocity, Spassov said. He uses a marathon runner as an example.

By Spassov's calculations, the average marathon runner takes between 27,000 and 28,000 steps in a race. Each foot supports one to two times body weight with each step, and with the top 500 runners in the world averaging 132 pounds, the legs bear between 1,600 and 3,200 tons in a race.

"It's a typical endurance event from the old point of view," Spassov said.

"After the competition, his pulse rate recovers after one to three hours. The blood picture could be normalized after two, three days. The leg muscles will be tired several weeks."

"It means if it was a typical

endurance event, after recovery of the cardiovascular system, he would be OK. But he is not OK because the leg muscles are tired. They did very hard strength work."

There are obviously plenty of tremendously strong American athletes. But what Spassov desires is functional strength for a specific activity.

"My impression is that most American athletes, especially football players, train like bodybuilders," Spassov said. "A bodybuilder's motion is slow with high level of repetitions. That's good if you want very high development of the different muscles."

"But football is not bodybuilding. Nobody will wait for you on the field to make a slow motion. There, everything has to be as fast as you can, and even more. So, I can say the football players have to go another way. Train them most like other athletes, such as weightlifters, with complex exercises."

Complex exercises such as squats and power cleans done for time - 10 seconds for beginners, up to 20 seconds maximum - instead of a set number of repetitions.

"It's anaerobic endurance, which

is most of what sport is," LeDuc said. "Football's a game that's 2 1/2 hours, but nobody goes 2 1/2 hours straight. It's on, and then a rest. Then on, and then a rest. That's specific. That's anaerobic endurance."

Spassov's methods take that concept one step further, too.

"He really feels like the workout is not complete unless immediately after the workout you do some things that are specific to your sport," LeDuc said.

"For example, our basketball players, we'll have them go through their workout and immediately afterward, when their muscles have been worked and are activated, they go right ahead and start covering each other one on one in here for 30 seconds."

"The muscle learns what it's going to be used for when it's activated. That's how you get stronger playing your sport. That's specificity."

LeDuc plans to incorporate Spassov's techniques in his annual Longhorns Summer Strength Camp for youths 12-18, and he believes Spassov's influence will remain long after he leaves UT next January.

"We will have a lot of information stored in our library when he leaves, a much better understanding of why it's (training) done," LeDuc said. "I plan on staying in touch with him wherever he goes. I think we'll always be good friends. Hopefully, I'd like to go see him in Bulgaria."

Todd believes UT's experience with Spassov is just the beginning of a trend that will continue as Eastern European countries convert to more consumer-oriented societies and state support for the athletic schools lessens.

"I think one of the effects of change in the Eastern Bloc is that a number of coaches like Angel will be coming to the West, filling needs over here," Todd said.

### AL ROUNDUP

Lou Whitaker struck out but Lusader walked.

**Indians 5, Brewers 3**

Tom Candiotti scattered seven hits in 8 1-3 innings and Jerry Browne and Candy Maldonado hit RBI doubles in the first inning before the largest major-league crowd of the season -

### NL ROUNDUP

innings for the victory.

**Mets 7, Pirates 5**

Darryl Strawberry continued his home run assault on Pittsburgh pitching with a three-run shot and Dave Magadan went 4-for-4 with two doubles.

Strawberry has homered at least once in the Mets' last four games against Pittsburgh and is hitting .431 with eight homers and 18 RBIs in his last 16.

Walt Terrell (2-6) allowed

63,546.

The crowd was boosted by an oil company promotion that gave away free tickets with gasoline fillups.

**Royals 5, Twins 1**

Danny Tartabull hit a three-run homer and Kevin Appier scattered five hits in eight innings.

Strawberry's three-run homer in the first inning.

**Phillies 6, Cubs 5**

**Phillies 7, Cubs 0**

Philadelphia's Bruce Ruffin pitched a three-hit shutout in the nightcap after rookie Jim Vatcher won the opener with a run-scoring bases-loaded single in the 10th inning.

The Phillies wrapped up the second game with a five-run sixth inning as 10 batters went to the plate

Appier (2-3) did not allow a batter past first until Kent Hrbek ruined his shutout bid with a home run in the seventh. The Royals scored all their runs off Tim Drummond (0-2).

With Kansas City ahead 2-0, Tartabull hit his fifth home run with two out in the fifth.

against Mike Bielecki (3-6). Bielecki allowed seven runs and 10 hits in seven innings.

**Expos 7, Cardinals 4**

Montreal rallied for six runs before making an out in the ninth inning as Dave Martinez hit a three-run triple and Nelson Santovenia added a two-run pinch homer.


Joe Magrane (3-9) entered the ninth with a 3-1 lead. Todd Zeile had a three-run homer and an RBI single for the Cardinals' runs.

### Rangers 4, Mariners 3

Kevin Brown pitched a seven-hitter for his third straight victory and Pete Incaviglia drove in two runs. The Rangers snapped a 2-2 tie with two runs in the sixth.

Incaviglia doubled off Brian Holman (7-5) with one out to score Harold Baines, who hit into a forceout after Ruben Sierra walked. Steve Bucchele singled to score Incaviglia with what proved to be the decisive run.

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*Jimmy Don's*  
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# Farm and Ranch

## Resampled wells show no contaminants

Resampling and analysis of groundwater from irrigation wells shows no trace of pesticides, according to High Plains Under-ground Water Conservation District No. 1 officials.

A. Wayne Wyatt, manager of the water district, points out that this sampling effort indicates that the chemicals being used in agriculture within the water district service area are not percolating down through the soil and entering the groundwater.

"Every indication we have says that in this area, the chemicals break down and/or bind up with the soil before they get anywhere near the groundwater," said Wyatt. "We are very fortunate that our groundwater is deep enough below the land surface that it is somewhat protected from pollution through the percolation of chemicals through the subsurface strata (nonpoint source pollution)."

This assurance comes as a result of the most comprehensive groundwater sampling effort in relation to agricultural chemicals yet made in the United States.

"We were fairly certain that there was not a problem," said Wyatt. "However, the general public has heard and seen so many 'scare' stories that there seems to be a widely-held notion that agricultural chemicals are seeping down and poisoning the groundwater. We thought it was time to have some factual data. If there was a problem, then we needed to do something about it. But, if there wasn't a problem, we needed to know that, too, and pass the word along."

During August 1988, water district field personnel took ground water samples from 90 irrigation wells. These individual samples

were combined into 31 composite samples with no more than three individual well samples in any one composite. The composite samples were then analyzed to determine if the 19 pesticides used in the largest quantities over the longest period of time within the 15-county Water District service area would be found in the groundwater.

Of the initial 589 analyses (individual analyses for 19 pesticides on the 31 composite samples, 14 analysis showed trace amounts of six pesticides. They were Diuron (Karmex); Bromacil (Direx);

Atrazine (AAtrex); 2,4-D; Dicamba (Banvel); and Glyphosate (Round-up).

All trace amounts found were below the U.S. Environmental Protection Agency's (EPA) proposed health advisory limits for each identified chemical. Most chemical amounts were expressed in parts per million or parts per billion. One part per million is equivalent to one ounce in 32 tons while one part per billion is one drop in 10,000 gallons of water.

Other chemicals analyzed for, but not detected in the composite groundwater samples, were Alachlor (Lasso), metolachlor (Dual), Chlorpyrifos (Lorsban), Diazinon, Phorate (Thimet), Propazine (Milo-gard or Milo Pro), DDT, Aldicarb Sulfone (Temik), Silvex, Picloram (Tordon or Grazon PC), Arsenic Acid, Trifluralin (Treflan) and Paraquat. The results of all the analyses were published in the November 1988 issue of the water district's monthly newsletter, The Cross Section.

After the initial test results,

district personnel collected additional water samples from all but three of the 37 wells contributing to the 14 composites showing contamination. Each of these samples was analyzed for the specific pesticide(s) found in the first test.

Only two irrigation wells continued to show trace amounts of agricultural chemicals after the second sampling effort. These two suspect wells were resampled a third time and the subsequent analyses indicated no chemical trace.

It was important to learn whether or not the amount of chemical found in the samples increased or decreased over time. If the contamination decreased each time a sample was analyzed, the most likely source of the chemical contamination was point source pollution from some use of the chemical at or near the well site.

Point source pollution occurs when contaminants reach the groundwater through wells or other open pathways to the aquifer. Substandard well construction, uncovered abandoned wells, and

agricultural spills are among the causes of point source pollution. Usually, when this type of pollution occurs, only a small area of groundwater near the entry point is contaminated. In this case, pumping of the well is likely to pump the contaminate back out of the well, and the groundwater quality is usually not permanently degraded.

Wyatt says that he is relieved to find that there is not a non-point source pollution problem from agricultural chemicals within the Water District. But he warns, "We have got to continue to be careful with the handling of these chemicals to be sure that we don't pollute the aquifer directly through careless handling around susceptible areas such as wells."

"The fact that we didn't find much pollution in our sampling program means that most farmers are handling these chemicals safely. We congratulate the area producers for that. However, the fact that we found even trace amounts means that there is still room for improvement in chemical use and handling," said Wyatt.

## Competition heated for Eastern Europe exports

WASHINGTON (AP) - Eastern Europe could be an important new market for agricultural products in a few years, but an Agriculture Department analyst predicts the competition will be fierce.

"These countries are already aiming to join in world trade as full partners and extend liberalized access to their market," said Miles Lambert of the department's Foreign Agricultural Service.

Competition for Eastern European market shares is already gearing up, with the European Economic Community having an advantage because of its proximity. Also, he said, some EEC members "are resuming traditional special relationships" with some of the eastern countries.

Notably, these include West Germany with Czechoslovakia and Hungary, and France with Romania. Lambert, writing in the July issue of AgExporter magazine, said Eastern Europe will be attractive to the EEC "as a region in which to market surplus farm output."

"However," he added, the relatively high costs of (EEC) farming and low near-term purchasing power of East Europeans means the EEC will probably need to resort

to export subsidies to undercut the competition."

The United States is pushing for a reduction or elimination of trade-distorting national policies, including export subsidies, during the current Uruguay Round of negotiations under the General Agreement on Tariffs and Trade.

Export subsidies, particularly by the EEC, have been a sore point for many years in the United States, which has been using a subsidy program of its own - the Export Enhancement Program - to counter price-cutting competition.

Lambert said that for most of the past 40 years, food consumption in Eastern Europe was "strictly subordinated" to other state priorities, meaning that consumers had to make do with what was available.

"Hence, the long lines and empty shelves that characterized communist rule," he said.

The shift to competitive market economies, however, means East European farm and food enterprises will have to be responsive to consumer demands.

"At the same time, democratization is bringing consumerism to the forefront of economic policy,"

Lambert said. "It is even possible that national food policies aimed at upgrading food quality and nutrition will be set out and become as much a cornerstone of agricultural policy as mercantile considerations have been."

Leaders in Eastern Europe no longer talk about self-sufficiency in terms of domestic production supplying food requirements.

"Rather, they speak of importing food to add to domestic supplies while exporting agricultural goods as an offset," he said. "For example, a Romanian official has said that his country eventually should export surpluses of wheat and wine while importing enough animal feedstuffs to cover domestic demand for livestock products."

But in the near term, Lambert said, it is unlikely agriculture in Eastern Europe will make great strides.

"Poland and Romania, which are two of the most populous East European countries (38 million and 23 million people, respectively), could face several years of serious shortages," he said.

Consequently, U.S. food-aid programs may be used to make agricultural commodities available to those countries, Lambert said.

## World market edgy over US prospects

WASHINGTON (AP) - Foreign countries that rely on imports of corn and other coarse grains are getting edgy about the global supply and price outlook for the year ahead, an Agriculture Department analysis says.

"While the outlook for the 1990 world wheat crop continues to be generally favorable, heavy rains across the major corn-growing areas of the United States have delayed corn planting," the report said Wednesday.

As a result, it added, this is "causing concern in the marketplace about prospects for the 1990 U.S. crop and - because of the United States' dominance - the world's coarse grain price outlook as well."

In addition, analysts said there has been "rather strong late-season import demand" for coarse grains that "will result in a large drawdown in world coarse grain stocks" during the remainder of the 1989-90 season.

On Tuesday, the USDA projected 1990 corn production at 8.1 billion bushels, up from 7.53 billion harvested last year. Despite the increase in production, total exports

and domestic use are even larger, meaning that the nation's stockpile will dwindle further in 1990-91.

Also, the projections are highly tentative and were based on yield trends and planting indications derived from March surveys. Wet weather, however, has delayed planting this spring and has prompted concern about reduced yields and acreages.

The department's first official corn estimate will not be released until Aug. 9, along with prospects for soybeans, sorghum, cotton and other 1990 spring-planted crops.

Looking further at the global coarse grain situation, which includes sorghum, barley and rye as well as corn, the report said "shifting trade patterns" are beginning to affect the outlook for the 1990-91 marketing year.

"Crop shortfalls, especially in Brazil, are already influencing import patterns," it said. "In addition, foreign exportable supplies will be limited until new-crop output is available for export."

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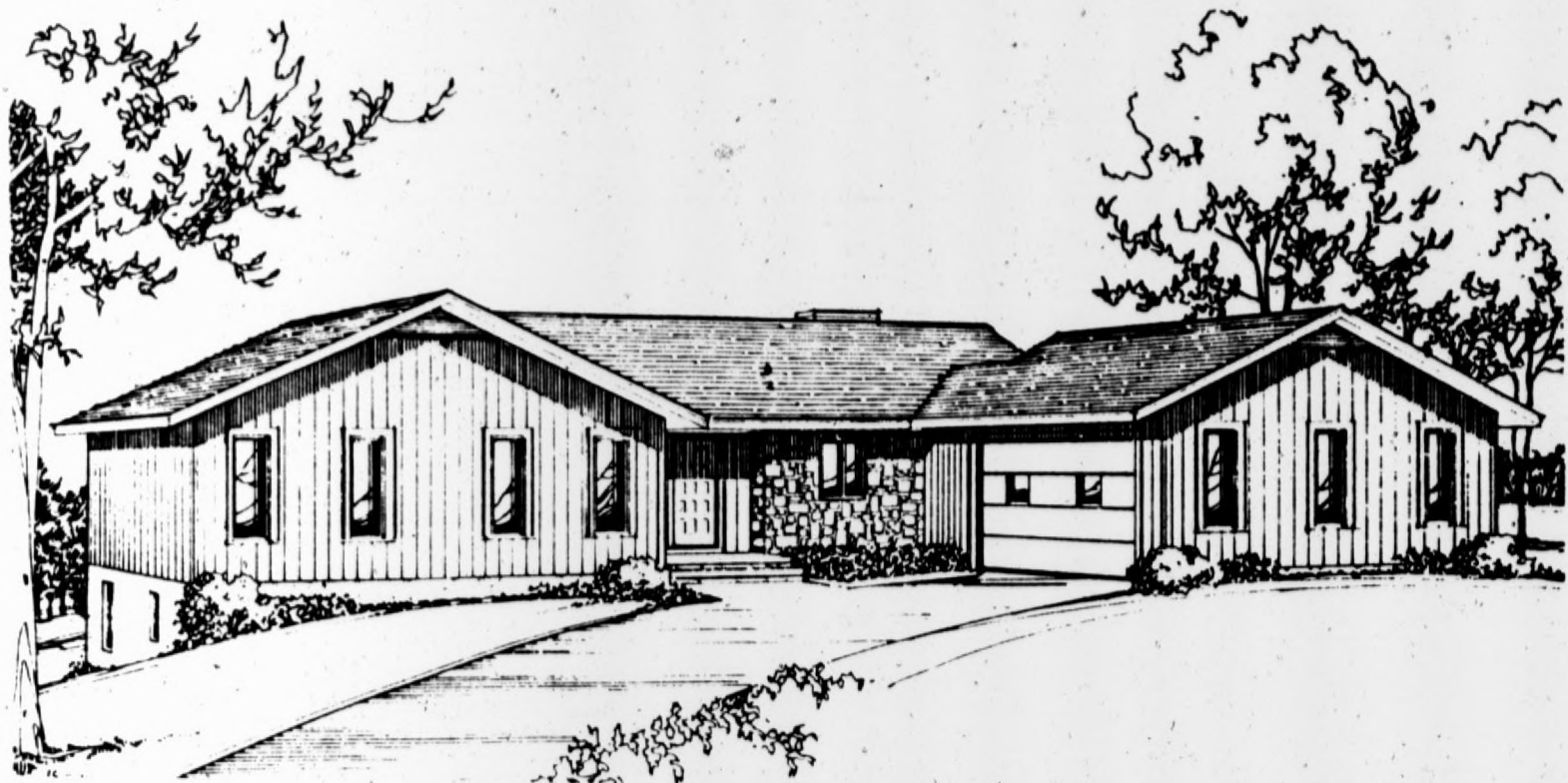
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# Real Estate



**FEATURE HOMES**

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The separate foyer allows direct access from recessed entry to kitchen area or great room area. The kitchen boasts of a U-shape work area with bonus wall of cabinets and pantry. Cabinet space is plentiful and view is to front. The adjacent dual dining room will accommodate large or small groups. Notice washer and dryer area and direct access to double garage.

The large great room is endowed with wall space and includes deck and rear access as well as a fireplace with gas jet and ash dump.

There are three large bedrooms, two full baths and a dressing room as well as a stair to basement and a disappearing stair to attic. Closets are numerous, the master bedroom featuring two walk-in closets. Also notice the new master bath alternate featuring double sinks, separate shower and garden tub.

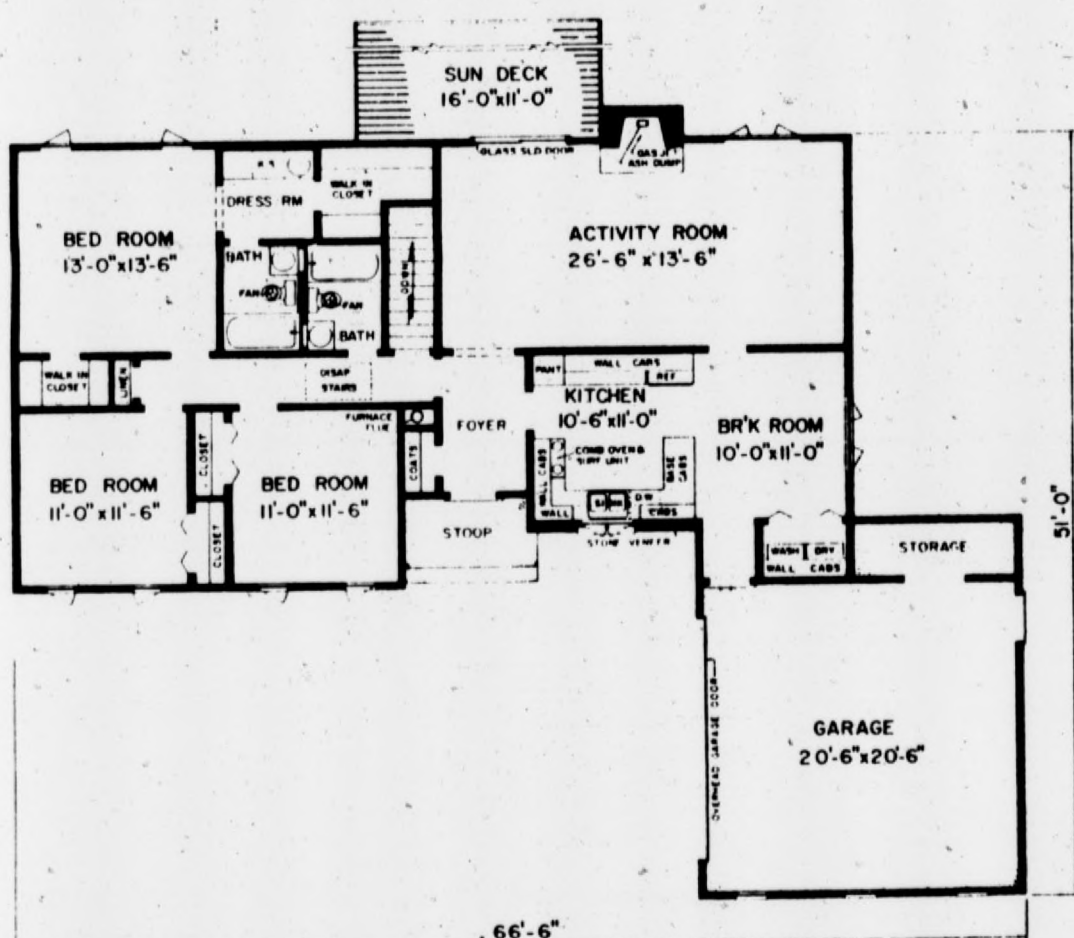
The cottage exterior is L-shaped with double garage to the front, vertical siding and stone recess. This plan is also available with a ranch style front.

All W.D. Farmer plans include special construction details for energy efficiency and are drawn to meet FHA and VA requirements.

The plan is number 580A. It includes 1,572 square feet of floor space. For further information write, W.D. Farmer, P.O. Box 450025, Atlanta, GA 30345.

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Inside **The Hereford Brand**, you'll find both qualified agents and valuable information about home buying. Everyday, the real estate classifieds list many properties and agents. And **The Brand's** Sunday housing section examines the latest market trends in housing opportunities.

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# HUDHOMES

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BID OPENING IS OPEN TO THE PUBLIC

EXPIRATION DATE: TUESDAY, JUNE 19, 1990 - 4:45 PM

BID OPENING DATE: WEDNESDAY, JUNE 20, 1990 - 9:00 AM

ADDRESS	FHA CASE NUMBER	BEDRM	BATH	PRICE	STATUS CODE
614 AVE G	494-151737-203	3	2	\$34,800	*/**

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BIDS RECEIVED DAILY BY 2:30 PM OPEN DAILY AT 3:00 PM

1506 BLEVINS	494-112614-203	3	1	\$25,850	*
121 AVE E	494-131002-221	3	1	\$19,500	*
419 AVE E	494-132375-703	3	1	\$23,500	*
433 BARRETT	494-124854-221	2	1	\$11,550	*/CASH
706 BLEVINS	494-062425-235	3	1	\$23,250	*/**/CASH
222 BRADLEY ST	494-163722-703	3	2	\$18,100	*/CASH
516 IRVING	494-149182-703	3	1	\$13,250	*/CASH
211 AVE K	494-124048-221	2	1	\$11,800	*/**/CASH
430 PALOMA LANE	494-103799-221	3	2	\$18,500	*/CASH

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A contract has been awarded for sales closing services in the Hereford area to Attorney Beau Boulter, 6601 1-40 West, Bldg. 1, Amarillo, TX 79106, Phone: 806-358-7861. Office hours 8:30-5:00, Monday-Friday. Brokers should contact Joan Schilling to coordinate a closing time. Mortgage companies should call Joan Schilling at 806-358-7861 to provide information for deed preparation. Broker's questions other than those making arrangements to close a sale should be directed to the Lubbock HUD office.

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# Lifestyles



MRS. PRESTON WORLEY  
...nee Julia Ann Chovanec

## Chovanec, Worley united in marriage

During a candlelight wedding ceremony early Saturday afternoon in Paramount Terrace Christian Church in Amarillo, Julia Ann Chovanec of Amarillo became the bride of Preston Worley of Hereford.

The ceremony was officiated by the Rev. Roy Wheeler of the church.

The bride is the daughter of Mr. and Mrs. Johnnie Chovanec of Rosenberg, Texas and the bridegroom is the son of Mr. and Mrs. Don Shipley of Hereford and Mr. and Mrs. Dwain Worley of Little Rock, Ark.

The church altar was adorned with candelabra decorated with pink and blue flowers and ribbon streamers. Pews were marked by pink and blue bows.

Serving as matron of honor was Amy Crawford of Amarillo and best man was Eddy Monk of Gentry, Ark.

Bridesmaids were Faith Killen of Richmond and the bride's sister, Elizabeth Chovanec of Rosenberg. Groomsman were Randy Crawford of Amarillo and Jerry Betzen of Hereford.

Guests were escorted by the groom's brothers-in-law, Mike Gomez of Hereford and Mike Reeves

of Plainview.

Flower girl was Savannah Gomez, daughter of Mr. and Mrs. Mike Gomez of Hereford, and ring bearer was Zebulun Reeves, son of Mr. and Mrs. Mike Reeves of Plainview.

The ushers lit candles during the ceremony.

Carla Bradsher of Canyon, accompanied by Raenell McDonough of Amarillo, vocalized "All of Me", and "Love Will Be Our Home." Also, played were "Theme From Ice Castles" and the traditional "Wedding March."

Presented in marriage by her father, the bride wore the traditional white wedding gown of satin and lace. It was designed with a fitted bodice and wedding ring collar. The back of the gown was adorned with covered buttons and lace and a large satin and lace bow marked the waistline. The modified Bishop sleeves were enhanced by lace appliques.

The full skirt swept gently to a cathedral-length train which was

trimmed with lace and beads.

The waist-length veil of bridal illusion formed a pouf at the back of a beaded halo. She carried a bouquet of pink roses and miniature white carnations accented with blue ribbon streamers, greenery and baby's breath.

Bridal attendants wore tea-length dresses made from garden fresh soft watercolor printed fabric. Each was fashioned with a deep V-shape back which was highlighted by crisscross straps and a candy box bow. The dresses were also fashioned with puffed three-quarter-length sleeves which were shirred at the elbows, and princess seamed bodices which tapered to basque waistlines. Each attendant also carried a single pink rose accented with baby's breath and a blue ribbon streamer.

The groom's sister, Meshel Reeves of Plainview, and the bride's sister, Wanda Chovanec of Rosenberg, invited guests to register at the reception held in church. Following the reception, the bride's brothers

hosted a family celebration.

Cake was served by Becky Pontious, Sue Capron, Kim Lammers and Kathy Kennedy, all of Amarillo. Punch and coffee were poured by Penny Carter of Amarillo.

The four-tiered wedding cake, with flavors of spice, strawberry, chocolate, carrot and vanilla, was topped with teddy bears.

The couple left for a wedding trip to Colorado.

The bride graduated from BF Terry High School in Rosenberg in 1984 and received a bachelor's degree in nursing from West Texas State University. She is presently a registered nurse in the neonatal intensive care nursery at Northwest Texas Hospital in Amarillo.

The bridegroom graduated from Hereford High School in 1980 and is a marketing representative for Aquatex in Amarillo and for the Texas Panhandle.

Recognized as a special guest was the bride's aunt, Colleen Seymour from The Colony, La.

## Annual trail ride planned

The public is invited to participate in St. Thomas' Annual Trail Ride set June 23-24 on the banks of Tierra Blanca Creek.

The event begins at 2 p.m. Saturday, June 23, and will conclude at noon Sunday. Cost of the ride is \$7 for singles and \$15 for families. More information may be obtained by calling 364-0146.

For those planning to spend the night, you are asked to bring a tent or camper trailer, horses and tack, musical instrument, etc.

The meal Saturday evening will consist of brisket, potato salad, red beans, coleslaw, iced tea and coffee and the breakfast Sunday will include bacon, sausage, eggs, hash browns, juice, coffee and milk.

Special guests at the ride will be Orville Howard, Jake Holster, Buck Ramsey and Jerry Nine. Howard is a free-lance writer who specializes in western writing and Holster, who is an officer of the American Cowboy Poet Association, is the author of the just published "Cowboy Poetry and Painter."

Ramsey, who resides in Amarillo, is a famous feature writer, poet and singer and Nine of Laverne, Okla. is a rancher and cattle order buyer turned poet.

Swedish-born engineer Gideon Sundback of Hoboken, N.J., patented the zipper in 1913.

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## Here's fascinating facts about animals

The animal kingdom is full of surprises. Here are a few fascinating facts with which to amaze your friends:

-The animal with the biggest appetite is the blue whale. Every time it takes a mouthful of krill, a shrimp-like creature, it swallows literally thousands of them. When full, the blue whale's stomach can hold as much as 2.5 tons of krill.

-Which do you think has muscles: a man or a caterpillar? Most people would probably say a man. But a caterpillar does, in fact, have almost four times as many muscles as humans.

-Have you ever wondered why zebras have stripes? You might think that their bold black and white markings would make them easy for predators such as lions to spot in the African bush. But because they roam in herds, the stripes give zebras a form of camouflage known as disruptive coloration.

Their patterning makes it very difficult for a predator to spot individual animals clearly. All he sees is a mass of black and white patterns.

-The domestic turkey is believed to be the world's most stupid bird. Some have been known to drown in a heavy shower because they didn't

realize that they would be safe and dry inside their hutches. Others are so dumb that they can't even remember how to eat and have to be fed by the farmer.

-Believe it or not, some frogs in Central South America are capable of killing humans with their poisonous venom. The most poisonous is the kokoi frog from Colombia. Natives living in the rain forests catch these frogs and extract the poison to coat the tips of their darts. The one-inch-long kokoi has enough poison in its skin to kill 50 men.

-The elephant's closest relative is the tiny rock hyrax, a hamster-like creature which inhabits wooded regions of Asia and Africa. Like the elephant, it has hoof-like nails on the toes of its front feet.

-The shark has a sense of smell unsurpassed in the animal kingdom. It can detect a single drop of blood in water from a distance of 650 feet.

-We all know that the giraffe has got a lot of neck. But did you realize that it has just seven bones in its long neck—exactly the same number as humans have?

-If you have gerbils as pets, you think that all gerbils look alike. But, in fact, there are more than 70 different of gerbils. Wild gerbils live in the deserts of Asia and Africa. Gerbils' bodies are adapted for desert living—they have long legs to keep their bodies away from the hot sand and thick fur on their feet to keep them from being burned.

The first American society for the abolition of slavery was organized in 1775 by Benjamin Franklin and Benjamin Rush.



## Fellowship of Believers

SUNDAY MEETING AGENDA  
9 A.M. MML 1st & 3rd Sunday  
9:15 A.M. - BIBLE STUDY  
10 A.M. - WORSHIP SERVICES

We want to invite you to attend the worship services of a growing congregation. If you are not actively involved in a church, we encourage you to consider this exciting worship experience. Worship with us each Sunday and find out more about the opportunities available for worship, Bible study, fellowship and service. Let this be the new beginning that you have been considering.

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JUNE 29 - 30

Week-end and the

### ANNUAL FEEDYARD CHALLENGE

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Friday June 29

7:00 p.m.

Gulf Coast Cajun Feast

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New York's  
Cowgirl Hall of Fame Restaurant  
Luce Amen & Patsy Montana  
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SATURDAY JUNE 30

7:00 P.M.

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PLACE: Caryn's Hallmark

Drawings for \$75<sup>00</sup>, \$50<sup>00</sup> and \$25<sup>00</sup> gift certificates to be used on your choice of Precious Moments.

This celebration is to thank all Club Members for their support and interest over the past 10 years and to welcome all who would like to enjoy the benefits of the "lovingest" Club of it's kind.

236 N. Main  
HEREFORD

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**Praise celebration set**

The public is invited to hear Jon Stemkoski's Celebrant Singers and Orchestra when they appear at 8 p.m. Saturday, June 23, at St. Anthony's Catholic Church. The world touring Christian group from California will present a two-hour service of contemporary music. They are currently on a six-month tour throughout the United States and Canada. The group is composed of 10 singers and a 12-piece orchestra.

**BRANDED Women**

By Sandy Stagner

"Don't sweat the small stuff!" That's the dumbest statement that was ever made. It's the little things in everyday life that drive me crazy; that make my blood pressure rise; that make me want to be another Jane Goodall and go live among the apes. I've handled some major crises in my life without having a nervous breakdown but it's the culmination of all the supposedly insignificant things that really drive me up a wall. Here are just a few incidences that have been responsible for me developing a nervous tic:

- Having my car professionally cleaned and realizing later that I have left "unmentionables" under the seat and the man who cleaned has laid the items on the dash for the world to see.
- Getting in the "10 items or less" checkout lane at the grocery store only to have to wait on a lady that has 18 items to be checked.
- Setting my alarm clock back an hour instead of forward for the time change recently.
- Spending all day cleaning the house for company and then they cancel their visit.

- Not cleaning the house and unexpected guests arrive to see my house look like its been torpedoed.
- Going to retrieve my hidden bar of candy that I have placed behind a bowl of sauerkraut in the refrigerator and find that the kids have swiped it.
- I'm already 10 minutes late for work and I get behind a woman driving 10 m.p.h. in a 35 m.p.h. zone. As I start to pass her, I give her my famous "evil eye" only to discover it's my mother!
- I give my son a blank check to buy some milk and he looses the check before he gets to the store which is only three blocks from our house.
- I'm taking a much needed relaxing shower when the hot water runs out.
- I have to use the kids' bathroom facilities and there is no toilet paper in their bathroom pantry.
- I've forgotten to pay one of my bills and my husband finds the two-month old statement on the floor of my car.
- I still don't fit into my size eight dress that I bought two years ago.
- I've been on a diet for five months and have lost a total of 10 1/2 ounces.
- I'm frosting my hair and have just completed pulling the last strands of hair through the holes in the cap when my daughter calls me to pick her up from a birthday party.
- The electricity goes off and I'm plunged into darkness just as I was applying my makeup.
- My teenage son approaches me at 11 p.m. to tell me he needs \$350 for a ski trip. The money is due the next day.
- My family forgets my birthday even though I have reminded them every day for a month.
- I have spent two hours preparing a Sunday dinner and no one shows up to eat it.
- I take my female cat to the vet to have her spayed and the doctor tells me I'm too late. She's expecting. (Sure enough, I became the "grandparent" of six kittens.)
- I go for my annual physical examination. I forget to tell the

- receptionist that I have arrived and after two hours I realize my appointment is for the next day.
- I wash a load of laundry and see that one of my darling children has left "chewed" bubble gum in one of the pockets.
- I go to get a bowl of cereal only to find that the box is empty but has been placed back on the shelf. (Apparently it's too difficult for the kids to walk an extra 10 steps to throw the box in the trash.)
- My husband calls me at 5:30 p.m. and tells me he's bringing a former high school classmate home for dinner at 7 p.m. (That means that after preparing dinner, I'll have exactly 12 1/2 minutes to get presentable.)
- I try a new hair color late one night. When I wake up the next morning after it has dried, I discover that I have two-toned hair, yellow and drab purple.
- I go to the dentist to have my teeth just cleaned. I'm told I'll have to have two root canals and a crown.
- I go to shop for a dress and the saleslady suggests I try on this matronly looking drab green dress.
- I spent a small fortune on an Epilady and after trying to use it only one time I stuck it back in the box and threw it in the closet. (The electric shaver pulls one hair out at a time and it's sheer torture to use.)
- I spend an hour fixing my hair and then spray it with water instead of hairspray. My daughter has filled the old bottle with water to "spritz" her new permament.
- And my husband wonders how I could sit and watch the recent 10-hour Donna Reed Show marathon that was on television. It was great! My mind had turned to mush and all I had to do was sit and drink Diet Cokes and eat another hidden bar of candy.

**Hints from Heloise**

Q. How can I clean the glass doors on my fireplace? They are sooty and regular window cleaner doesn't remove it. — Marabelle Blount, Lansing, Mich.

A. Simply spray the glass with some oven cleaner and let it set for several minutes and then wipe off the glass with paper towels. Be careful of any fumes. For a stubborn stain, several applications of oven cleaner may be necessary. — Heloise

**SEND A GREAT HINT TO:**

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**FAST FACTS**

Five handy uses for tall potato-chip cans:

1. Mail cookies in one.
2. Store fireplace matches.
3. Use them for craft containers.
4. Use as a spaghetti storer.
5. Keep knitting needles handy.

**STAIN STICKS**

Dear Heloise: Here's a neat idea for the stain sticks that are now on the market. Take one along when you travel. It is handy for taking care of a stain away from home and it's great if you have kids. — Shelly McClure, Minneapolis, Minn.

**PIN CUSHION**

Dear Heloise: One day I noticed the sawdust coming out of my pin cushion and started to throw it away. When I squeezed the cushion I felt a pinprick. I tore it apart and I found 75 needles that had disappeared through the years! So before throwing away any old pin cushions, tear them apart. You may be in for a surprise. — Mrs. Richard Miller, Salt Lake City, Utah

**HEAT UP THE GRILL**

Dear Readers: Here in Texas we really know about barbecuing, and since it's that time of year, I want to share some of my best recipes and hints with my readers. My pamphlet, Heloise's Down-Home Barbecue Collection, could be your favorite summer cookbook. Send \$2 and a stamped (45 cents), self-addressed, legal-sized envelope to Heloise/Barbecue, P.O. Box 19765, Irvine, CA 92713. — Heloise

**SOUND OFF**

Dear Heloise: My pet peeve is the way cookie manufacturers package their cookies. There is no way to keep them fresh after opening them. No one eats a whole bag at a time. — Doris M. Hoist, San Antonio, Texas



The squid escapes from his enemies by shooting a cloud of black sepias into its enemy's face.

**Wedding date set**

Carla Marcelle Calaway of Hereford and Reed Galen Powell of Colorado City, Texas will exchange wedding vows July 14 in the Hudspeth House in Canyon.

The bride-elect is the daughter of Charles and Bonnie Calaway of Colorado City and the prospective bridegroom is the son of Don Powell of Colorado City and Judy Maisel of Jenks, Okla.

Miss Calaway is a 1984 graduate of Colorado High School and

attended Western Texas College. She plans to continue her education this fall. She is employed in the ag department at Holly Sugar Corporation. She is a member of the Women's Division.

Powell, a 1983 graduate of Colorado High School, graduated in 1985 with an associate degree in applied science at Western Texas College. He is self-employed in cattle and custom farming.

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Fortunately, a recently published booklet is filled with ideas about how to go about it. You'll get purchasing tips on timesharing, fractional ownership, private campground resorts, and lots and vacation homes.

The booklet is published by the American Resort and Residential Development Association which represents the resort and vacation industry. It's free from ARDA, Department N, 1220 L. St., N.W., Washington, C.D. 20005 or call 1-800-695-ARDA.

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Kristen Cassels / Doug Evans Shower - July 14th  
Carla Calaway / Reed Powell Shower - July 30th

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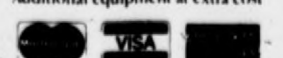
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### There's a party going on

There is a lot of excitement going on at Deaf Smith County Library this summer. There are currently over 430 children enrolled in the Summer Reading Club Program. This year's theme is "The Secret Code Is...R.E.A.D." During the event, which will conclude July 21, the children will be rewarded for reading a certain length of time. In conjunction with the reading for various prizes, the library will also be offering a

special program on Tuesday mornings for children enrolled in the Reading Club. During these programs, films will be shown, there will be a scavenger hunt and a bookmark contest, and the children will have the opportunity to make disguises. The program is offered to children (ages three through high school) free of charge but the participant must have a library card. For additional information, call Rebecca Walls at 364-1206.

### Resident Camp June 24-30

All youths are invited to attend and sign up for Camp Makuiwa. The Camp Summer Life is located 18 miles southwest of Taos, N.M. and will be held June 24-30. The closing ceremonial will be held Friday, June 29, at 7:30 p.m. (MST)

Camping has been a Camp Fire tradition. The Camp Fire approach is flexible and child-centered with an emphasis on fun, adventure and learning.

Cost will be \$165 for members and \$172 for non-members. Membership

is open to all youths first grade and up, regardless of race, color, or national origin. Resident Camp registration forms are available at the Hereford Camp Fire Office or call 364-0395 for more information.

Resident camp is a child's community with experience geared to the needs and interests of children. Programs to be offered are nature study, Indian Lore, swimming, canoeing, rafting, hand art and crafts, sports and games, archery, horseback riding and ropesphere.

### SENSITIVE TEETH

may be the result of

- tooth decay
- receding gums
- gum disease



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MR. AND MRS. CECIL OGLESBY

### Reception planned

Mr. and Mrs. Cecil Oglesby will be honored at a reception from 2-4 p.m. Saturday, June 23, at the Hereford Senior Citizens Center, 426 Ranger Drive.

All friends and relatives are invited to attend the event in honor of the couple's 50th wedding anniversary.

The reception is being hosted by the honoree's children.



The world's longest railway tunnel is the Dai-Shimzu in Japan. It's over 13 miles long.

Eight billion coins. That's what the world's largest mint—the U.S. Mint in Philadelphia—can create in a year.

### Kevin Coupe graduates in Houston

Former Hereford resident, Kevin J. Coupe received a doctor of medicine degree from the University of Texas Medical School at Houston during graduation ceremonies May 26.

A graduate of Hereford High School, Coupe attended Rice University before entering medical school. He is the son of Joan Coupe of Hereford and Dick Coupe of Robert Lee, Texas.

While at UT Medical School, Coupe served as vice president of the surgery club. He plans to enter a residency in orthopedic surgery at the University of Texas at Houston Affiliated Hospitals. His wife, Susan, recently graduated from the University of Houston Pharmacy School and is expecting their first child in August.

The University of Texas Medical School is part of the University of Texas Health Science Center at Houston, located in the Texas Medical Center.

LAKE BUENA VISTA, Fla. (AP) - Warren Beatty showed up but co-stars Al Pacino and Madonna didn't for the premiere of their film "Dick Tracy."

Joining Beatty at the private premiere screening Thursday night were Dustin Hoffman, who plays the character Mumbles, and Glenne Headley, who plays Tess Truchart.

The film was set up for simultaneous showings on 10 screens for about 3,000 invited guests, said theater general manager Hal Garrett.

LOS ANGELES (AP) - A drifter who nearly killed Theresa Saldana in a knife attack eight years ago has been ordered to stand trial on charges of sending the actress threatening letters from prison.

Municipal Judge Alma Soper issued the ruling Wednesday in the case of Scottish-born Arthur Jackson, 54.

"I am very grateful," Miss Saldana said in a statement.

## Semi-Annual Clearance Sale 30% OFF

Spring & Summer Merchandise

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Sale starts Friday, June 15th.

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- Anti-reflective Coating - If the harsh glare of traffic lights or the extreme brightness of neon-lit rooms cause vision discomfort, consider adding an anti-reflective coating to eyeglass lenses. This coating not only reduces the amount of external glare, but may allow better side vision under glare-producing situations.

Discuss these add-ons with your optometrist at your next appointment. Brought to you as a community service by

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# Ann Landers

**DEAR ANN LANDERS:** I am asking you to print an open letter to all my friends and relatives who want me to quit smoking. Here it is:

I am not a child. I will soon be celebrating my 30 birthday. I appreciate your concern for my health, but please keep it to yourself. I have not been living in a cave these last 10 years. I am well aware of the dangers of cigarette smoking. The fact that I am still at it does not mean that I am ignorant of the health hazards. I know more than I want to about the dangers of smoking.

Bullying, cajoling and pleading have no effect on me. When you get children to leave notes saying, "Please stop smoking. We love you and want you to live," it makes me angry. And, Mother, putting a bounty on my head by offering big bucks to anyone who can get me to quit makes me feel like a gray squirrel.

Let's make a deal. I promise to keep my mouth shut when I see you putting a third chunk of butter on your baked potato and adding a dollop of sour cream. I will remain silent when you order pecan pie for dessert and ask for a scoop of vanilla ice cream on top. I would appreciate the same consideration from you when I light up.

I know you are concerned about me and that you worry about my health, but I was raised Catholic and I already have enough guilt. When I decide to quit, you will be the first to know. -- Chicago Tribune Reader in Wheaton, Ill.

**DEAR DOT:** You came to the right place, lady. The same thing happened to me. But I'm not complaining. The wizzdom of the readers and the knowligge I have pickt up over the years were wirth the sacrifice.

The solution is simple. Put the container on a counter, place your chin on the top and then turn the container, not the cover. Try it. -- Pat, Boston

**DEAR PAT:** I did, and it didn't work. Readers? Did it work for you? I never was very good at following directions.

Gem of the Day: Some people do wonderful things with leftovers. They throw them out.

## THINK RAIN!



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### Non-residential beauty spot

Avenue Baptist Church has been chosen as beauty spot of the month by the Women's Division beauty spot of the month committee. The church is located at 130 N.25 Mile Ave.



KENDRA VENHAUS, GLENN BACKUS

## Couple to wed

Kendra Lee Venhaus of Dumas and Glenn Francis Backus of Canyon plan to wed Aug. 25 in Sts. Peter and Paul Catholic Church in Dumas.

The bride-elect is the daughter of Clyde and Angie Venhaus of Dumas and the prospective bridegroom is the son of Fritz and Connie Backus of 119 Oak St.

Miss Venhaus is a 1989 graduate of Dumas High School and is

currently attending West Texas State University majoring in education.

Backus, a 1985 graduate of Hereford High School, attends WTSU. He plans to graduate in December with a bachelor degree in management. He'll pursue his education working towards a masters degree. He is presently employed at United Parcel Service.

## Local 4-H'ers win awards

Fourteen Deaf Smith County 4-H'ers recently traveled to College Station to compete in the 1990 Texas 4-H Round-Up.

Competing in the State Method Demonstration were Amanda McMeen, Wendy Peabody, Donna Grotegut, Angela Brumley, Jill Dutton, Jennifer Hicks, Don Metcalf, Wade Johnson, Jeremy Blair and Thad Hill. Blair and Hill placed second with their demonstration on Controlling Internal Parasites in Swine.

Deaf Smith County was also represented in the State 4-H Livestock Judging Contest by Greg Urbanczyk, Jim Bret Campbell,

Jeffery Carlson and Michael Carlson. The livestock judging team placed ninth overall with Greg Urbanczyk being the high individual in the swing judging category. Accompanying the group as adult sponsors were Susan Hicks, Patty Hill, Connie Brumley, Gertrud Grotegut and Jan Metcalf.

On the return trip the 4-H'ers and sponsors attended Six Flags Over Texas, a Texas Rangers baseball game and the World Trade Center in Dallas.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic levels, race, color, sex, religion, handicap, or national origin.

## Let up on rigid rule

NEW YORK (AP) - Babies don't come with feeding instructions, so new parents often have questions about what to feed their baby -and when, says Environmental Nutrition, a newsletter for health professionals and health-conscious consumers.

"There are no rigid rules about when to introduce solid foods and in what order," says Julie Hagan, a registered dietitian and a contributor to the newsletter. "Remember, what's best for one baby may not always be best for another."

Environmental Nutrition says:

- According to the American Academy of Pediatrics, mothers' milk is the best food until at least 4 to 6 months of age. Commercially-prepared infant formulas are the next best thing to meet the nutritional needs of infants. Depending on a child's development, solid foods - mashed or strained - may be introduced between 4 to 6 months of age. Waiting until babies show signs of wanting to eat, such as sitting up and drooling, or opening his or her mouth when food approaches, makes the transition to solid foods easier for both child and parent.

- There are no hard and fast rules as to how rapidly an infant should be weaned from breast milk or formula, or the order that new foods should be introduced. Most child-feeding experts recommend that new foods be introduced one at a time with 3 to 5 days between each new food. This way, it's easier for parents to identify foods that cause allergic reactions.

Parents must choose between commercially-prepared baby foods in jars, dehydrated baby food, organic baby food or homemade baby foods. Armed with the facts about each choice, parents can weigh the alternatives and choose the foods best suited for their child, according to the magazine.



The bright flowers of the prickly pear cactus bloom for only one day.

**DEAR FRIEND IN WHEATON:** You have written an excellent letter that supports my long-held theory -- nagging never works. It only irritates the person you want to help and often makes him or her more defensive and determined not to change.

People don't stop smoking, drinking, eating too much, popping pills or indulging in other kinds of self-destruction behavior until they get darned good and ready. The best approach is to let them know there is plenty of help available, if and when it is wanted, and then back off.

**DEAR ANN LANDERS:** I work in the mail-order department for a small group of stores. I used to be an excellent speller, but eight years in this job have ruined my spelling.

After you see the word "great" spelled "grate" and "occasion" spelled with one "c" and two "s"s 50 times, you begin to think that's the way it should be.

It's gotten so bad that I don't trust myself to help my sons with their homework anymore. The 9-year-old says once you're a good speller you stay a good speller and that I was probably never any good.

This just isn't true, and I need somebody on my side. Will you please help me out? -- Dot in Wyoming



An English highway boasts the smallest underpass in the world—a tunnel one foot wide which was constructed to permit badgers to get to the other side of the road.

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Starts Monday June 17

All Styles  
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25% OFF

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### Residential beauty spot

The home of Mr. and Mrs. Mike Butler was chosen as beauty spot of the month by the Women's Division beauty spot of the month committee. The home is located at 707 Lee St.

### Lodge attends session

Hereford Rebekah Lodge #228 met Tuesday evening in regular session. Noble Grand Rosalie Northcutt presided as reports were made. Ten visits to the sick, 24 cheer cards, four dishes of food and seven flowers were reported.

Members traveling to Friona Lodge #308 Monday evening for degree practice session were Verna Sowell, Faye Brownlow, Jo Irlbeck, Anna Conklin and Susie Curtsinger. Lyda Hopson sent refreshments Tuesday as hostess to Marie Harris, Stella Hershey, Susie Curtsinger, Genevieve Lynn, Erma Loving, Jim Loving, Jo Irlbeck, Sadie Shaw, Irene Merriitt, Peggy Lemons, Verna Sowell, Shirley Brown, Gene Bishop, Ursalee Jacobsen, Faye Brownlow and Northcutt.

BOCA RATON, Fla. (AP) - Tennis star Chris Evert was named to head a new drug treatment and education program for pregnant women. Gov. Bob Martinez appointed Evert to the Clean Start program Thursday.



The Romans were the first to learn how to make cement.

Volleyball was invented in 1895 by William G. Morgan, physical director of the Holyoke, Mass. YMCA.

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CORINNE ELIZABETH FOSTER, BRYAN DALE WATTS

### July wedding planned

Corinne Elizabeth Foster and Bryan Dale Watts plan to exchange wedding vows July 13 at Wesley Methodist Church in Hereford.

The bride-elect is the daughter of James and Margaret Foster of Hereford and the prospective bridegroom is the son of Mike and Judy Watts of Hereford.

Miss Foster is a 1989 graduate of Hereford High School and attended

Angelo State College. She plans to attend Angelo State College in the fall. She is currently employed at Barrett and Fisher.

Watts is a 1989 graduate of HHS and attended Angelo State College. He plans to attend West Texas State University in the fall. He is currently employed at Beaver Express in Amarillo.



Condition your leather book covers and keep them new by rubbing them with lanolin or saddle soap.

### Here's health tips while on vacation

For many of us, June and July are the peaks of vacation time. With children out of school, many parents are gearing up for the annual family vacation. Or, for some of us, a long weekend excursion is all the leisure time we can manage.

Whether you are going cross-country or out of the country for your summer vacation, you need to pack something besides your map. Be prepared for health care emergencies, by knowing what to do when you are away from home. Here are some common guidelines.

#### TRAVELING WITH MEDICATION

If you are traveling by commercial carrier, do not pack your prescription medicine in your suitcase if you are going to check your luggage. As many of us know, luggage can be lost. Often, planes are delayed and you may be stuck in an airport without access to your suitcase and medication—which can cause you to miss taking a required dosage at a specific time.

To avoid this, always carry more than enough of your medication with you, and have duplicate copies of your prescription, with your doctor's name and number, tucked away in a carry-on bag. If you lose your medication, or run out of it, replacing your prescription will be much easier.

If you are only daily medication, consult your physician about dosages before you leave—especially if you are crossing time zones. Changing your medication schedule can produce harmful side effects if not properly regulated by your physician.

Time zones are not the only factors that can cause your medication to affect you differently. Changes in climate or diet also can alter your medication. Check with your physician or pharmacist when planning your trip, for information on specific precautions you should take.

#### PREVENTING ILLNESS

Don't start your vacation on the wrong foot. Remember to check with your physician or pharmacist for recommendations on medication to prevent motion sickness.

If you are going out of the country, you will want to be cautious about drinking the water or eating some types of food, which may cause intestinal distress and put a damper on your entire trip if you are not prepared. There are many over-the-counter medications that will relieve the discomfort of nausea and diarrhea.

Additionally, be aware that changes in environment can trigger and worsen allergies. Symptoms of allergic reactions, include swollen lips and throat, hives, uncontrolled sneezing, itching, runny nose and watery eyes. Check with your physician or pharmacist for information on medications that can relieve these symptoms.

#### FIRST-AID AWAY FROM HOME

No matter where your travels take you, one of the essentials you need to carry with you, besides a toothbrush, is a first-aid kit. You never know what's around the corner or over the horizon, so it's advisable to be prepared. Pharmacists suggest the following items for an all-purpose first-aid kit, all of which are available on your local drugstore shelves:

- Adhesive bandages in a variety of sizes.
- Gauze and medical tape.
- An elastic bandage of muscle spasms or minor sprains.
- Antiseptic cream, ointment or spray for cuts, burns, scrapes and insect bites.
- An antihistamine medication for allergic reactions.
- Aspirin, ibuprofen or acetaminophen for minor aches and pains.

Summer vacation can be fun-filled, enjoyable time. This summer, when you are packing your suitcases, remember to throw in these health tips—for a trip that everyone will choose to remember.

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Gary Hamilton	Jimmy Gowdy	Lee Brockman
Tanya Gaye Jones	Kristen Cassels	Julia Chovanec
Mark Carder	Douglas Evans	Preston Worley
Carla Calaway	Courtney Robbins	Julie Simons
Reed Powell	Phillip Worsham	Brett Clements
Tena Butler	Ann Marie Kelley	Tammy Hardin
John Stoy	Tim Albracht	Ronnie Gilmore
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### Bridal Registry

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### Dinosaurs galore

Lionel Rodriguez, four-year-old son of Eva and Ricardo Rodriguez, has his collection of dinosaurs on exhibit this month at the Deaf Smith County Library. He began his hobby when he was two-years-old. On display are "Land Before Time" dinosaurs, puppet dinosaurs and various sizes and species of the mammal.

### Red Cross Update

BY BETTY HENSON

A CPR instructors class will be held June 22-23 at the Red Cross office. The Friday class will begin at 7 p.m. and will continue at 9 a.m. Saturday. Anyone interested in teaching CPR and first aid is asked to call the Red Cross office at 364-3761 for further details.

A schedule for water safety classes will be ready next week. The program is short of instructors and aides to teach the classes. A water safety instructor class will start in July. Those interested in helping should call the office.

The Deaf Smith County Chapter of the American Red Cross is a United Way Agency.

### Honor roll students listed

Area students attending Angelo State University in San Angelo are listed on the honor roll for the spring semester at the university.

Those listed on the 3.00 to 3.49 honor roll include Amanda E. McDaniel, an undecided major; Bryan Dale Watts, an undecided major; Chad Micheal Beavers, an undecided major; and Brenda Gail Allen, an elementary education major.

Those listed on the 3.50 to 4.00 honor roll include Kelby Dane Hagar, a government major, and Kendra Leigh Tisdale, an undecided major.



The young of an eel is called an elver.

### Here's diet tips when eating at restaurant

One of the most difficult parts of dieting is knowing how and what to order when dining out. Sybil Ferguson, author of *The Diet Center Program*, a book that helps dieters develop nutritious and satisfying eating habits that will last a lifetime, offers this advice:

-Preparation is the key. The worst thing you can do is skip a meal or not eat until dinner. By the time you get to the restaurant, you'll either be faint with hunger or so ravenous you will eat anything and everything. If you plan to eat at a much later hour than usual, nibble on a large apple and sip a glass of water shortly before leaving for the restaurant. The fiber and fructose in the apple will fire up your will power and the water will prevent a famished, empty feeling.

-Select a restaurant that offers you the options of a salad bar, fresh fish, seafood, chicken or steak.

-Concentrate on fresh crab, shrimp or lobster salad prepared to your

specifications. Any fresh fish is good. Order only lean meats that have been baked, broiled, steamed or grilled. Never eat deep-fried foods with sauces. If ordering beef, have it well done. Always order a dinner or the salad bar.

-Quickly glance at the menu. It helps if you decide ahead of time what you would like. The less you look, the fewer temptations.

-Salad dressings can be tricky. Oil and vinegar is your best bet.

-For a vegetable alternative, order an Idaho baked potato. They are very filling but not very fattening.

### Cook named best speaker

"The Story of Two Farmers" was the topic that gave Lynn Cook best program speaker at the Thursday morning meeting of the Hereford Toastmasters.

Margaret Perez voiced the invocation and Rocky Lee presided over the business meeting.

Roy Shave, wordmaster, introduced "communicate" as the word and served as grammarian. Perez served at table topic master and timer was Bob Lohr.

Jigger Rowland was general evaluator and Bruce Hernandez served as toastmaster.

Larry Leon spoke on "What is a Leader" and Noemi Soria presented the evaluation.

Lee was chosen as best evaluator and Joe Don Cummings was cited as best table topic speaker.

Other members present were Clark Andrews and Joe Walters.

Anyone interested in seeking to develop leadership and communication skills in a positive manner is welcomed at the Ranch House at 6:30 a.m. every Thursday.

### Bamboo tallest grass

You've probably heard your mom or dad complaining that the grass needs mowing during the summer. But, did you know that grass has been known to grow as high as 10-story buildings?

This type of grass is called bamboo and only grows in tropical areas. Although the plant consists of a tall, woody pole, it's still related to the grass in your yard.

Bamboo can grow at an incredible speed—sometimes two whole feet in just one day! And because of its height it can be used to make a variety of things, from fishing poles to ships' masts, furniture and paper. You may even have tasted bamboo shoots in a Chinese restaurant.

## Extension News

BY BEVERLY HARDER  
County  
Extension Agent

New carpet may prompt complaints of odors, irritation and sometimes illness. These complaints can be caused by volatile organic compounds emitted by the carpet.

However, all carpets are not the same and research has not produced information on all situations. The major component and dominant odor emitted by carpet installations (carpet, backing, pads, etc.) is 4-Phenylcyclohexene (4-PC).

If residents have problems with new carpet odors, the only practical

solution is to "air out" the carpet. Increased ventilation is the best answer. Open windows (about an inch) in the affected rooms for the first month. This may result in more energy use, but it is the cheapest and most effective method available.

The Consumer Products Safety Commission has initiated a Carpet

Hotline to receive complaints about new carpets. The number is 1-800-638-2772.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic level, race, color, sex, religion, handicap or national origin.



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Julia Chovanec  
Preston Worley

Kristen Cassels  
Douglas Evans

Patrica Gauthreaux  
Scott Frank

Julie Simons  
Brett Clements

Cori Foster  
Bryan Watts

Michelle Mason  
Lee Brockman

Jill Walterscheid  
William Jagers

Beverly Nixon  
Douglas Lewis

Mona Shackelford  
Tony Floyd

Jill Mahaffey  
Lee Line

Michele Nasi  
Mike Scott



Carla Calaway  
Reed Powell

Tena Butler  
John Stoy

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# Entertainment



## HAVE FUN at the Movies

Gail Reagan

EXCELLENT GOOD FAIR POOR DON'T WASTE MONEY

Get out your pencils and calendar. This little jewel is in limited release and may not come to your local theater. So, it should be released for video rental soon and, if you are over eighteen, you will love it.

**IN THE SPIRIT:** Starring Jeannie Berlin, Olympia Dukakis, Peter Falk, Melanie Griffith, Elaine May and Marlo Thomas. This movie is obviously one of those labors of love where top-dollar stars appear just for the fun of it and take billing (and probably, minimal salary) in alphabetical order. Peter Falk has a rather small, but hilariously effective role; while Melanie Griffith has nothing more than a movie-stealing cameo. However, Jeannie Berlin gives a dazzling supporting performance with Elaine May and Marlo Thomas contributing two run-

away, scintillatingly comedic, command performances.

Quirky. That's the perfect description for *In The Spirit*. It's not a big budget movie, so the texture of the production is not of superior quality. But, the dialogue is brilliant. The rollercoaster repartee between Elaine May and Marlo Thomas will leave your head spinning. (While everyone knows that Elaine May is a genius - who would have guessed her equal to be Marlo Thomas?)

The plot is...well, it's a comic murder mystery. And, a suspenseful stand-up comedy routine. It's also a rib-tickling thriller. Well, you decide. It is rated R and you will fall out of your chair laughing at every R rated reference made by Jeannie Berlin (playing a soon-to-be-reformed hooker turned vegetarian). Don't rent (or see) this

one in a hurry. You'll need a couple of turns to pick up the witticisms that fly through the air.

Three Boxes

### VIDEO MOVIE RENTALS

For eccentricity funny films (and what better way to spend the summer than laughing?... here are some hidden treasures.

**QUACKSER FORTUNE HAS A COUSIN IN THE BRONX:** (1970) Starring Gene Wilder and Margot Kidder.

This is a delightfully offbeat love story/comedy-drama that falls into the category of sleeper. Quackser Fortune (Gene Wilder) follows horsedrawn delivery wagons around Dublin collecting and selling horse manure for gardens. Quackser definitely marches (not a pun) to the tune of a different drummer: On the day the horses are replaced by trucks, Quackser falls in love with a rich American (Margot Kidder), a student at Trinity College who is strangely drawn to Quackser. Each has a gift for the other and each is left with lovely memories. The screenplay is original in every way. Filmed on location in Dublin and rated R for brief nudity and language.

Four Boxes

**A NEW LEAF:** (1971) Starring Elaine May and Walter Matthau.

A rare and wonderful triple play from writer-director-star Elaine May that is a latter-day screwball comedy about a bankrupt rogue (Walter Matthau) who must find a rich woman to marry - within six weeks. His target turns out to be a clumsy botanist (Elaine May) who is seeking immortality by attempting to find a new specimen of plant life. The script is an ingenious concept with delightful dialogue. Rated PG for adult situations.

Four Boxes

**A TOUCH OF CLASS:** (1972) Starring George Segal and Glenda Jackson. One of the best, fast-paced romantic comedies of the seventies. Segal and Jackson are marvelously paired as a sometimes loving - sometimes bickering - couple who struggle through an extramarital affair. Their oddball romance begins when he runs over one of her children while chasing a fly ball in a baseball game. Glenda Jackson won a Best Actress Oscar for this one. Rated PG for adult situations.

Four Boxes

**MY FAVORITE YEAR:** (1982) Starring Peter O'Toole. A warmhearted, hilarious comedy

that is a genuinely affectionate tribute to the frenzied Golden Age of television. A period when uninhibited comics like Sid Caesar faced the added pressure of performing live every week of the year. The plot revolves around the misadventures of a young comedy writer, on TV's top comedy show in 1954, who's given the job of chaperoning that week's guest star-screen swashbuckler and off-screen carouser cum boozier, Alan Swann (O'Toole).

There are superb performances by both O'Toole and a superior supporting cast. The on-the-mark direction by Richard Benjamin is flawless; a real treasure. Rated PG for slight profanity and sexual situations.

Three Boxes

### FOR FILM BUFFS

**SULLIVAN'S TRAVELS:** (1941/Black & White) Starring Joel McCrea and Veronica Lake.

A social comedy that is easily the most beautifully witty and knowing spoof of Hollywood ever realized. Joel McCrea plays a film director who is tired of making "fluff" movies. He decides to find out what life outside his Tinseltown fantasyland is really like and, with just ten cents in his pocket, he sets out on his travels to find the "real" world. Along the way, he acquires a fellow wanderer in the form of Veronica Lake. Slapstick and sorrow blend seamlessly in this unique landmark satire. Not rated but would be rated G.

Three Boxes

## 'Another 48 HRS.' follows original

By BOB THOMAS  
Associated Press Writer

Just after the titles for "Another 48 HRS.," two highway patrol officers and the bartender of a remote desert tavern are blasted point-blank by a trio of Neanderthal bikers. That pretty much sets the tone for the second of the heavy-artillery movies this violent movie summer.

The first was "Total Recall," with Arnold Schwarzenegger as the main marksman. Coming soon are "Dick Tracy," "Robocop 2" and "Die Hard 2."

Few sequels have followed the pattern of the original as closely as "Another 48 HRS." Once again, Reggie Hammond (Eddie Murphy) is in prison - framed, according to him. Jack Cates (Nick Nolte), the

loose gun of the San Francisco police department, is once more in trouble with his bosses as he continues his pursuit of "The Iceberg," mastermind of a dope ring. Reggie is released and, kicking and screaming, becomes Cates' accomplice.

Several gimmicks are repeated from "48 HRS.": Reggie's singing to James Brown tapes on his Walkman; a donnybrook in a Western bar. But then, the filmmakers must have concluded, why tamper with success?

Within the first 15 minutes, the bikers shoot Jack Cates in the chest and then try to assassinate Reggie while he's riding in a bus. The pace never slackens thereafter.

Walter Hill, who repeats as director, is one of the best practitio-

ners of non-stop action, and he fills the screen with compelling images. He favors closeups of shoes walking toward a shootout, neon shimmering on wet streets, bodies crashing through picture windows. One bad guy falls from a building and lands on a truckload of five-gallon water bottles.

When bodies aren't being blasted, Reggie and Cates engage in shouting matches. Their repartee fortunately is brightly written (by John Fasano, Jeb Stuart and Larry Gross) and delivered with total relish by Murphy and Nolte. Of all the bickering partners in fighting crime, they are the best.

"Another 48 HRS." doesn't pause for romantic interest. If the final unmasking of The Iceman isn't much

of a surprise, that's OK. The movie is meant to be existential.

Eddie Murphy has returned to form with what he plays best: the fast-talking survivor in a hostile world. Nick Nolte shines in a role tailored to his shambling frame. The supporting cast, which includes Bernie Casey as Murphy's convict friend and Tisha Campbell as his daughter, is highly effective.

Lawrence D. Wachs and Lawrence Gordon produced the Paramount Pictures release which is rated R for language and, excessive violence. Running time: 95 minutes.

## Soviets prepare for new movies, popcorn

WASHINGTON (AP) - Ah, the fruits of glasnost.

At last, Soviet citizens will be able to watch a movie in a darkened box while spilling popcorn in their laps and getting their shoes glued to the floor in some mysterious, gummy substance, just like Americans.

Two of those multiple-screen movie theaters that are fixtures in suburban shopping malls across the United States will make their debut in downtown Moscow and Leningrad in late 1991, U.S. and Soviet film officials announced Tuesday.

The new movie palaces will feature state-of-the-art projection and Dolby stereo sound systems, marble and neon lobbies, concession stands selling genuine American popcorn, computerized ticket booths, restaurants, souvenir shops and video game arcades.

Not only will Soviet moviegoers get their first taste of genuine, hot-buttered popcorn - imported from the United States and popped before their eyes - but they will be allowed to

shatter tradition by carrying it to their seats.

Until now, they were required to consume refreshments at buffet counters in the lobby.

Construction on the two ultramodern theaters is scheduled to begin later this year under a \$28 million joint venture between Time Warner Inc., the giant U.S. publishing and entertainment conglomerate, and v-o Sovexportfilm, the official Soviet film agency.

The theaters will be 60 percent owned by Warner Bros. International Theaters Co., a Time Warner subsidiary, and 40 percent by the Soviet agency. American profits will be reinvested in building more Soviet theaters or financing future, unspecified joint ventures, U.S. executives said.

"Hooray for Hollywood and Leningrad and Moscow, too," said Time Warner President N.J. Nicholas Jr. at a Soviet embassy news conference.

Soviet Ambassador Yuri Dubinin said the joint theater venture was "a marriage of the best of commerce and culture," and he raised a glass of champagne to toast "the healthy future of this Soviet-American child."

The announcement came less than two months after an icon of American pop culture, the McDonald's fast-food chain, opened its first restaurant in the Soviet capital on Jan. 31 and served an opening-day record of 30,000 meals to hungry Muscovites.

Time Warner can expect a warm welcome in the Soviet Union, where the average citizen sees 14 films each year compared with the American moviegoer's four.

The new Warner theater in Moscow will boast 10 screens and 4,000 seats. It will be built on Novokirovsky Prospekt near a major railroad and subway terminal. The Leningrad theater, also near a subway station, will have nine screens and 3,400 seats.

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# Calendar of Events

## MONDAY

AA meets Monday through Friday, 406 W. Fourth St., noon; 5:30 p.m. and 8 p.m. For more information call 364-9620.  
 Spanish speaking AA meetings each Monday, 406 W. Fourth St., 8 p.m.  
 Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.  
 Odd Fellows Lodge, IOOF Hall, 7:30 p.m.  
 TOPS Chapter No. 1011, Community Center, 5:30-6:30 p.m.  
 Rotary Club, Community Center, noon.  
 Planned Parenthood Clinic, open Monday through Friday, 711 25 Mile Ave., 8:30 a.m. to 4:30 p.m.  
 Civil Air Patrol-U.S. Air Force Auxiliary, Community Center, 7 p.m.  
 Order of Rainbow for Girls, Masonic Temple, 7:15 p.m.  
 VFW Auxiliary, VFW clubhouse, 7:30 p.m.  
 Christian Women's Fellowship, First Christian Church, 7 p.m.  
 Deaf Smith County Historical Museum: Regular museum hours Monday through Saturday 10 a.m. to 5 p.m. and Sunday by appointment only.

## TUESDAY

TOPS Chapter No. 576, Community Center, 9 a.m.  
 Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.  
 St. Thomas 12-step recovery program, open to public, 7:30-8:30 p.m. For more information call the church office at 364-0146.  
 Ladies Golf Association, City Golf Course, 5:45 p.m.  
 Hereford Rebekah Lodge No. 228, IOOF Hall, 8 p.m.  
 Problem Pregnancy Center, 505 E. Park Ave., open Tuesday through Friday. Free and confidential pregnancy testing. Call 364-2027 or 364-7626 for appointment.  
 Free women's exercise class, aerobics and floorwork, Community Church, 7:30 p.m.  
 Hereford AMBUCS Club, Ranch House, noon.  
 Social Security representative at courthouse, 9:15 a.m. to 11:30 a.m.  
 Kiwanis Club of Hereford-Golden K, Senior Citizens Center, noon.  
 Baptist Women of Summerfield Baptist Church to meet at the church, 9 a.m.  
 Deaf Smith County Chapter of the American Heart Association, Hereford State Bank, 7 p.m.  
 Hereford Board of Realtors, lunch at the Hereford Country Club, noon.  
 Noon Lions Club, Community Center, noon.  
 Young at heart program, YMCA, 9 a.m. until noon.  
 Al-Anon, 406 W. Fourth St., 5 p.m.  
 Christian Women's Fellowship, First Christian Church, noon luncheon.  
 Well baby screening Clinic for preschool age children, Texas Department of Health office, 914 E.

**District #3 I.O.O.F. meeting held**

District #3 of the I.O.O.F. met Monday at the Hereford Odd Fellow Temple for the circle meeting with Hereford Lodge #476 serving as hostesses. District lodges represented were Hereford #476, Friona #203, Dimmitt #159, Plainview #12, and Muleshoe # 58.  
 Hereford Noble Grand Anthony Irlbeck called the meeting to order and Warden E.E. Bishop lead the Pledge of Allegiance. Chaplin John Gooch lead the opening prayer.  
 President Ralph Reed of Friona #203 requested reports of sickness and minutes of the last circle meeting were read by George Reed.  
 District Deputy Grand Master E.E. Bishop held a short school of instructions. New rituals were discussed along with recommendations for officers.  
 Vice Grand Jim Loving led members in the valediction.  
 The next circle meeting will be held in Friona Lodge #203 Hall at 308 E. 7th St. July 12.

LOS ANGELES (AP) - Former President Reagan's memoirs, due in bookstores this fall, will be titled "An American Life."  
 "I have chosen 'An American Life' because that is exactly what mine has been," Reagan said Thursday in a statement released from his Century City office.  
 "Only in America could one go from being a poor boy on the shores of the Rock River in Dixon, Ill., to being a sportscaster, a movie actor, governor of a major state and finally, to the White House," Reagan said.

Park Ave., 8:30 a.m. to noon and 1-3 p.m.  
 Knights of Columbus at KC Hall, 9 p.m.

## THURSDAY

Ladies Golf Association, City Golf Course, 10 a.m.  
 Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.  
 Immunizations against childhood diseases, Texas Department of Health

office, 914 E. Park, 9-11:30 a.m. and 1-4 p.m.  
 Al-Anon, 406 W. Fourth St., 8 p.m.  
 San Jose prayer group, 735 Brevard, 8 p.m.  
 Weight Watchers, Community Church, 6:30 p.m.  
 Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.  
 Kiwanis Club, Community Center, noon.

TOPS Club No. 941, Community Center, 9 a.m.  
 Amateur Radio Operators, north biology building of high school, 7:30 p.m.  
 Story hour at library, 10 a.m.  
 Hereford Toastmasters Club, Ranch House, 6:30 a.m.  
 Elketts, 8 p.m.  
 Merry Mixers Square Dance Club, Community Center, 8:30 p.m.  
 Red Cross uniformed volunteers,

noon luncheon.  
 VFW, VFW clubhouse in Veterans Park, 7:30 p.m.  
 BPOE Lodge in Elks Hall, 8:30 p.m.

## FRIDAY

Kiwanis Whiteface Breakfast Club, Caison House, 6:30 a.m.  
 Community Duplicate Bridge Club, Community Center, 7:30 p.m.  
 Hereford Senior Citizens governing

board 2 p.m. and business meeting 3 p.m. at Senior Citizens Center.  
 Patriarchs Militant and Ladies Auxiliary, IOOF Hall, 8 p.m.

## SATURDAY

Open gym for all teens, noon to 6 p.m. on Saturdays and 2-5 p.m. Sundays at First Church of the Nazarene.  
 AA, 406 W. Fourth St., 8 p.m. on Saturdays and 11 a.m. on Sundays.

Monday - Friday  
 9:00 a.m. - 6:00 p.m.  
 Saturday  
 9:00 a.m. - 1:00 p.m.

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