

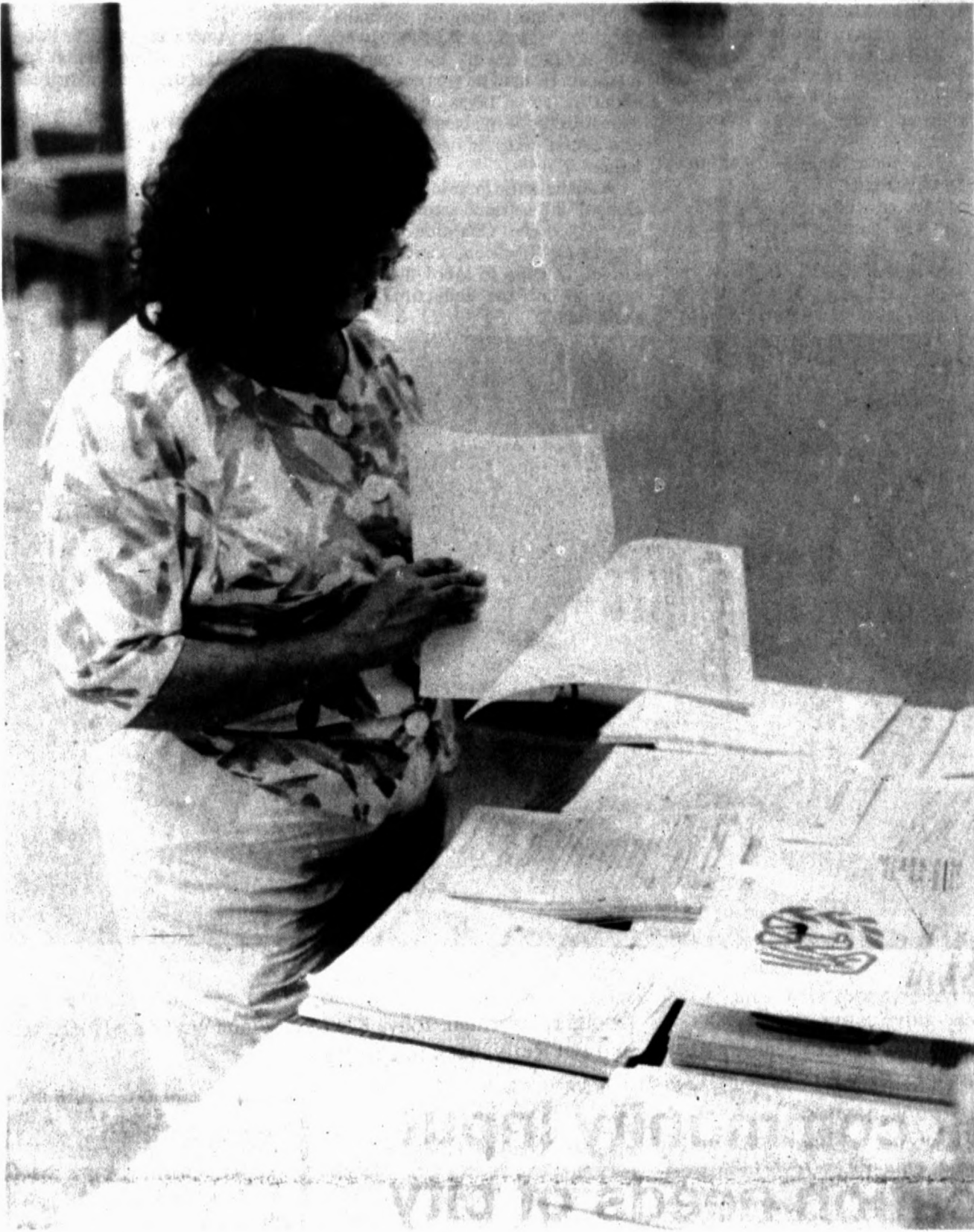
The Hereford Brand

• Hustlin' Hereford, home of Della Hutchins

92nd Year, Vol. No. 160 Deaf Smith County, Texas

10 Pages

25 Cents



Checking out the tax forms

Irene Garcia flips through a stack of tax forms at the Deaf Smith County library, deciding what she needs to file her annual return. Tax forms are available at the library, and the post office has a limited number of 1040, 1040A and 1040EZ forms. Some forms are stored in a large book at the library and may be photocopied. In addition, the IRS can be contacted directly for forms. The deadline for filing 1992 taxes is April 15 - less than two months away.

Clinton economic package already causing controversy

WASHINGTON (AP) - After days of preparing the nation for higher taxes, President Clinton is coming forward with a stern economic package the White House says will raise taxes on all American households earning more than \$30,000. The plan already is off to a rocky start.

Even before Clinton formally unveils his \$500 billion deficit-reduction package, controversy over its tax features sent the stock market reeling, produced taunts from Republicans and put the administration on the defensive.

But Clinton said the plan - designed to produce jobs, boost the economy and trim the federal budget deficit - will benefit most Americans despite the pain of higher taxes.

"Most middle-class Americans... (are) going to be much, much better off," he contended Tuesday.

The president unveils his economic package in a nationally televised address to Congress at 9 p.m. EST tonight.

The program, according to administration and congressional sources, will contain a stiff new energy tax based on heat content of various fuels - a tax that will hit the middle class the hardest.

Also going up: taxes on Social Security benefits for retired couples earning more than \$32,000 and the top tax rates on wealthy individuals and corporations.

A surcharge Clinton once said he would impose on millionaires is being expanded to families earning more than \$250,000 a year. It will be roughly 3.5 percent, said the sources, who spoke on condition of anonymity.

The four-year plan will match \$250 billion in new taxes with an equal amount in spending cuts. It also boasts a \$31 billion short-term stimulus package divided between job-intensive public works projects and tax breaks for businesses.

Despite extensive advance work, the plan is being launched in atmosphere of confusion and criticism.

The Dow Jones average of 30 industrial stocks tumbled nearly 83 points on fears that higher taxes would short-circuit the economic recovery.

Clinton shrugged it off. But it was the largest single-day fall in the Dow in 15 months. "We don't like taxes. Period," said Peter J. Canelo, chief investment strategist at Natwest Securities Inc.

Republicans seized on the tax increases to remind Americans that Clinton had backtracked on a campaign pledge for a middle-income tax cut. "Hold onto your wallets," said Senate Republican leader Bob Dole.

And the administration found itself trying to explain Clinton's remarks

in a televised address Monday night that those earning more than \$100,000 a year would pay 70 percent of the higher taxes.

Did that mean individuals or couples? First the administration wasn't sure. Then White House spokesman George Stephanopoulos said it would include households - covering a husband and wife each earning \$50,000, for example.

By day's end, the White House was saying the figure was arbitrary, and was generated by a computer evaluation of the total revenues in Clinton's tax proposals - including the energy tax - measured against households earning more than \$100,000.

Actual tax rates wouldn't go up until the threshold of about \$140,000 for individuals and \$180,000 for families was crossed, said Clinton spokeswoman Dee Dee Myers. Then the top tax rate would be 36 percent, up from the current 31 percent.

Families making less than \$30,000 will be protected from higher taxes by an increase in the earned income tax credit, which enables the working poor to get money back if their income falls below the level at which taxes are owed, White House aides said.

Share-the-wealth school funding battle heads to voters on May 1

AUSTIN (AP) - The fight over a share-the-wealth school funding proposal moves to the ballot box May 1, and people on both sides of the issue are making battle plans.

Democratic state leaders are contemplating a campaign to convince Texans to approve the measure. State GOP Chairman Fred Meyer has said Republicans will fight the issue.

"It'll be just like running a statewide campaign. The difference is the candidate will be the school-children of the state," Rep. Libby Lineberger, D-Manchaca, head of the House Public Education Committee, said Tuesday.

She said if the proposal fails, lawmakers may have to consolidate school districts to meet a Texas Supreme Court order for reform. But

GOP opponents of the ballot measure say that's not the only alternative.

Proponents of the measure are discussing an organized effort that likely would be financed through private and business donations and include paid advertising, said Chuck McDonald, spokesman for Democratic Gov. Ann Richards.

Richards said: "I intend to put together a very serious, sophisticated

Attorneys claim DAs, others being harassed

AMARILLO, Texas (AP) - Attorneys for one dozen officials and policemen accused of conspiracy say their clients are being harassed.

The group, including district attorneys Travis Ware of Lubbock County and Randy Sherrod of Randall County, is being sued by three indicted critics of former forensic pathologist Ralph Erdmann.

"The only malice in this proceeding... is intimidating our public officials," David Mullins, attorney for Ware, said Tuesday.

A hearing on the matter was expected to conclude today.

Georgia defense attorney Millard Farmer and Lubbock police officers Bill Hubbard and Pat Kelly claim they were indicted for speaking out against Erdmann.

They sued the 12 defendants Feb. 2 to win an injunction stopping the cases. Their lawsuit also says Ware, Sherrod and the others conspired to hide Erdmann's blunders and lies.

Erdmann, who performed hundreds of autopsies in 40 West Texas counties, pleaded no contest last year to seven felony counts of

falsifying autopsies. Erdmann is named in the lawsuit, but he did not attend Tuesday's hearing.

U.S. District Judge Mary Lou Robinson began the proceeding by swearing in 25 witnesses en masse. The group included prosecutors, district attorneys' officials and police.

Lawyers, some representing case participants, others just watching, packed the federal courtroom. Testimony moved slowly as lawyers for the 12 defendants questioned and cross-examined three witnesses.

Gerald Goldstein of San Antonio promised he and his colleagues of nationally noted defense attorneys would prove the three Erdmann critics were indicted in retaliation for speaking out against the pathologist.

Former Lubbock city manager Larry Cunningham testified that Ware came to him asking that Hubbard be reassigned from the homicide division.

Ware told Cunningham the police chief wasn't willing to make that change, so Ware planned to take the

findings of an internal police probe to a grand jury, Cunningham said.

"He didn't want me to share this information," Cunningham said. "He said if there was a leak, he would know where it came from."

Frank Briscoe of the Texas Attorney General's Office testified he took the Hubbard matter to a Lubbock grand jury himself because Ware recused himself. That move was not made in retaliation or forced by anyone in Lubbock, Briscoe said.

Hubbard was indicted on charges of tampering with government records and perjury in a case unrelated to Erdmann. But he had testified in an earlier pretrial hearing involving Erdmann's work in a capital murder case.

Farmer was indicted in Randall County on charges of threatening Erdmann if he did not change his testimony in a case Farmer was defending.

Kelly faces five charges of aggravated perjury in Randall County in relation to testimony about Erdmann.

DSGH to be self-insured on worker's compensation

By GARRY WESNER
Managing Editor

Deaf Smith General Hospital will provide employees with worker's compensation insurance through self-funding, the hospital district's board of directors voted on Tuesday.

The decision came to self-insure after members were told that it would be \$50,000 cheaper to provide coverage for work-place accidents and illness through the self-insurance policy than to buy an additional premium.

Chief Executive Officer Ron Rives said the hospital had two options to pursue regarding worker's compensation insurance: they could self-insure under the state worker's compensation plan, or they could purchase a fully-insured worker's compensation plan.

B.J. Gililand of Hereford, who is the local agent for the Ted L. Parker Agency of Lubbock - which is the third-party administrator for the hospital's regular group insurance - said bids of \$99,000 to \$160,000 were

received for a fully-funded worker's compensation package.

However, for \$4.42 per employee per month, Gililand said, the hospital was able to add a rider to the regular group insurance that would cover work-place accidents and illnesses.

This, he said, means the hospital can add worker's compensation coverage for about \$40,000, which includes the cost of administration.

Gililand said that between Jan. and October of 1992, the hospital only had \$2,391 in worker's compensation claims.

"We think that we have presented a program that gives you full coverage under the law," Gililand said, while still meeting the requirements of state law.

Rives said the hospital already has to pay the first \$25,000 per employee group insurance claim before outside insurance kicks in. With the new worker's compensation rider, that same figure will apply to work-place incidents.

The board voted unanimously to approve the proposal.

In other action Tuesday, board members:

- Heard a report from Elizabeth Fowler on activities in the volunteer services department.

- Fowler said a new Junior Auxiliary program will begin this weekend with 20 Candy Strippers working with senior auxiliary members in all areas of the hospital.

- She also said that the hospital will begin a Smoke Stoppers program on Thursday, and will host a Women's Issues Forum on March 6.

- Heard a report from Cathy Kuznair on the Deaf Smith Home Care Service annual evaluation.

- Kuznair noted service activities for the past year, including staff changes, numbers served and income generated.

- Hear a report from Managed Care Coordinator Mark Collier on the "Work Smart" program at the hospital.

Collier said companies here were being contacted by out-of-town firms to do employee wellness programs, so the hospital designed its own program and has begun taking it to local business.

He said the hospital can perform wellness tests on employees at four different levels, which includes between 16 and 22 tests that are evaluated in a personal wellness report.

The Hereford Independent School District is currently taking part in the wellness program, and Collier said estimates that 150-200 people would participate were far exceeded when nearly 400 HISD employees opted to take the tests.

In addition to offering wellness tests to companies, the hospital will develop other programs to present to local companies.

Brr, it's cold out there!

By The Associated Press

Light snow fell across the Panhandle and South Plains early today and temperatures dipped into the single digits in the Panhandle and into the teens across the South Plains. The winter weather was triggered by an Arctic cold front that moved into the state right behind another cold front that triggered winter storm activity across the Panhandle and South Plains.

The wind chill factor at Amarillo was 4 below zero and 7 below zero at Lubbock.

Forecasts called for decreasing cloudiness and slightly warmer temperatures across West Texas tonight and Thursday. It will be partly cloudy and cold through tonight and warmer on Thursday in North Texas.

In South Texas, it will be partly to mostly cloudy and cold. Lows tonight will be in the 30s and 40s over most of West Texas, ranging from the teens in the Panhandle to the 50s in the Big Bend area, in the 20s and 30s in North Texas and in the 30s and 40s in South Texas.

Highs Thursday will be in the 50s and 60s across most of West Texas, ranging from the 30s and 40s in the Panhandle to the 70s in the Big Bend area, in the 40s and 50s in North Texas and in the 40s and 50s in South Texas except in the Lower Rio Grande Valley where readings will be in the 60s.

Chamber sets first Fun Breakfast of '93

The first Fun Breakfast of 1993 will be held Thursday, beginning at 6:30 a.m. in the Hereford Community Center with Hereford Travel Center as host and sponsor. Deaf Smith County Chamber of Commerce invites all interested citizens to attend. Cost is \$5 and includes a full breakfast buffet. Hereford Hustlers will be serving coffee for early risers.

Co-chairmen Charlie Bell and John Stagner promise lots of activities, along with special give-aways, prizes, games and announcements. New residents and new chamber members will be introduced.

Joan Coupe, Hereford Travel Center owner, and Jana Green, consultant, have helped put together an exciting and entertaining breakfast event, it was reported by Mike Carr, C of C manager. Entry forms will be available to enter a drawing for a free cruise give-away.

Please call the chamber office at 364-3333 by Wednesday at 5 p.m. to make reservations for the breakfast.

plan to bring information to the people of the state of Texas so that we will have an affirmative vote on the issue."

The proposed constitutional amendment, which would allow the state to shift some local property tax money from wealthier to poorer school districts, will be on the May 1 state ballot.

The so-called Robin Hood

proposal is meant to meet a June 1 court deadline for lawmakers to pass a constitutional plan to equalize funding available to property-rich and poor school districts.

If the deadline passes without a plan, school districts face a court-ordered cutoff of state public education money. Leaders have warned that would mean school closings.

FEB 17 1993

Local Roundup

Hereford records 1/2 inch of snow

Hereford had a high of 23 Tuesday and a low of 7 degrees this morning. A half-inch of snow was recorded by KPAN Weather Station, with .01 inch of precipitation. Tonight, areas of fog possible, otherwise mostly cloudy and not as cold with a low near 18. Southeast wind 5 to 15 mph, becoming southwest after midnight. Thursday, mostly cloudy and warmer. High 45 to 50. Southwest wind 10 to 20 mph.

Police activity report notes crimes

Eight incidents were investigated by Hereford police, according to the department's Wednesday report issued this morning. Criminal trespass charges were filed against a 23-year-old man in the 400 block of West Third. A woman was warned that criminal trespass charges would be filed against her if she returned to property in the 200 block of North Street. In the 300 block of Avenue H, a woman was warned that criminal trespass charges would be filed if she returned to the property. Class A assault charges are being filed against a female for allegedly assaulting another woman in the 300 block of Avenue F. Reckless conduct charges are being filed against a 28-year-old female. Police allege she pointed a gun at a person in the 300 block of Avenue H. Officers investigated a report of disorderly conduct in the 100 block of Heibach. No charges were filed. Class C assault charges were filed against a 22-year-old man accused of striking a 17-year-old female in the face in the 300 block of Avenue F. Class A assault charges were filed against a 22-year-old man accused of striking a 15-year-old female in the face in the 300 block of Avenue F. No motor vehicle accidents or fire calls were reported. One moving citation was issued.

News digest

WASHINGTON - After days of preparing the nation for higher taxes, President Clinton is coming forward with a stern economic package the White House says will raise taxes on all Americans earning over \$30,000. The plan is already off to a rocky start.

WASHINGTON - The Clinton administration is considering taxing employee health benefits to help finance medical care for poorer Americans and may also try to limit insurers' premium increases to bring down costs.

NEW YORK - Wall Street answered President Clinton's economic "call to arms" with its biggest drop in 15 months.

WASHINGTON - With billions of dollars at stake, an army of lobbyists already is laying the groundwork to battle President Clinton and blunt the effect of tax hikes and spending cuts on special interests ranging from oil giants to the elderly.

BEVERLY HILLS, Calif. - After weeks of spirited lobbying, the drama "Howards End" and Clint Eastwood's Western-with-a-conscience, "Unforgiven," were seen as favorites going into today's Academy Award nominations.

HOUSTON - Prosecutors say they hope to convince jurors to send twice-convicted capital murderer Kenneth McDuff back to death row - this time for good.

AUSTIN - Texas Attorney General Dan Morales warned lawmakers that any violation by the state of a recent prison lawsuit settlement could mean a trip back to the court.

AUSTIN - A report calling for required sex education in Texas schools is "too radical and controversial," opponents say.

AUSTIN - Gov. Ann Richards says a \$50-million-a-year job-training measure will give Texas another tool to attract new business.

AUSTIN - The fight over a share-the-wealth school funding proposal moves to the ballot box May 1, and people on both sides of the issue are making battle plans.

AUSTIN - In tearful testimony before the House Urban Affairs Committee, Jean Mroz said her life was turned into a nightmare as she urged passage of a package of anti-gang bills.

WASHINGTON - The Clinton administration must make the first move if it wants Japan to participate financially in the superconducting super collider, a Texas congressman says.

WASHINGTON - Sen. Phil Gramm and Rep. Dick Armey have teamed up to draft a Republican blueprint they say can balance the federal budget by the year 2000.

HOUSTON - First City Bancorporation officials, claiming that federal regulators used erroneous calculations in deciding to seize 18 of the institution's 20 banks, has formally protested the action.

SAN ANTONIO - There should be more focus on human needs and private property rights over animal perpetuation in the Endangered Species Act, state Treasurer Kay Bailey Hutchison says.

Seasonal workers targeted for special training classes

Men and women who have been migrant or seasonal farmworkers have an opportunity to acquire new skills and work in the health care field as nurse aides.

The Motivation, Education and Training, Inc., program will be offered in Hereford with instruction by Amarillo College staff.

Erma O. Lopez, MET employment and training specialist, will be in Hereford Friday to accept applications for the program. She will be in Room 200 of the Deaf Smith County courthouse, beginning at 10 a.m.

Lopez is encouraging interest in the training program, noting that jobs

in the health care field are available year-round.

"This training will put people into fulltime jobs, not just seasonal or parttime," she said.

Applicants must be at least 18 years of age and be legal residents with ability to speak and read English.

MET is offered through the U.S. Department of Labor Job Training Partnership Act. The course will span 100 hours of instruction in daytime classes, said Lopez.

Applicants are not required to pay a registration fee and there is no charge for the class.

If sufficient interest is shown in the first class, Lopez said another will be offered in early spring.

Further information is available by calling 364-1584.

PATIENTS IN HOSPITAL

Debbie Arroyos, Inf. Girl Arroyos, Lora Atkins, Leta B. Curtsinger, Teresa Garcia, Janie Griego.

Henry Jackson, Bertha Maldonado, Emily Ruth Maxwell, Amado Benjamin Medeles, Francisca Pirez.

Virgil Owens, Virginia Palmer, Martin Rivera, Jr., Elzie Sealy, Mary Ann Shipley.

Lobbyists mobilize to blunt fund cut

WASHINGTON (AP) - With billions of dollars at stake, an army of lobbyists already is laying the groundwork to battle President Clinton and blunt the effect of tax hikes and spending cuts on special interests ranging from oil giants to the elderly.

"We're getting everybody on alert," said John Rother, chief lobbyist for the American Association of Retired Persons, the powerful lobby for older Americans.

AARP's analysts will be working late tonight following Clinton's speech to Congress, trying to calculate what impact his proposed tax hikes and spending cuts will have on AARP's membership. They'll be trying to meet a Thursday deadline for getting the word out to 34 million retirees in AARP's regular newsletter.

The National Beer Wholesalers Association, concerned about possible increases in excise taxes, has written letters and talked with

Clinton's economic advisers to argue that a tax hike will destroy jobs, hit those least able to pay and rob states of an important revenue source.

The beer group is planning to stage a "fly-in" next month that will bring 1,000 brewers and wholesalers to Washington for a three-day lobbying blitz.

Lobbyists have been hard at work over the past several days in hopes of pre-empting any unfavorable action from the White House. Next, they'll turn their attention to Congress.

And although there still were scant details available Tuesday about Clinton's economic package, lobbyists were thinking about their next steps.

The White House was girding for the onslaught.

"We're looking at a lot of corporate interests who are getting hit in one way or another," Mandy Grunwald, Clinton's media adviser, said Tuesday. "Their favors are disappearing and that is going to

crank up an incredible lobbying barrage."

Clinton drew the lines for the battle with special interests in his Oval Office speech to the nation Monday night during which he called lobbyists the "defenders of decline" and predicted they would "be out in force" to oppose his economic plan.

But lobbyists said that wouldn't make them bashful about doing their jobs.

"If we must disagree, we must disagree," said Robert Juliano, who lobbies for travel and tourism interests. He said he was concerned about increased taxes on gasoline, deductibility of business meals and new excise taxes on beer, wine and liquor.

With the battle looming, trucking, alcohol and tobacco interests have reactivated the Coalition Against Regressive Taxation, a group they formed in 1986 to lobby against a move to end the deductibility of excise taxes.

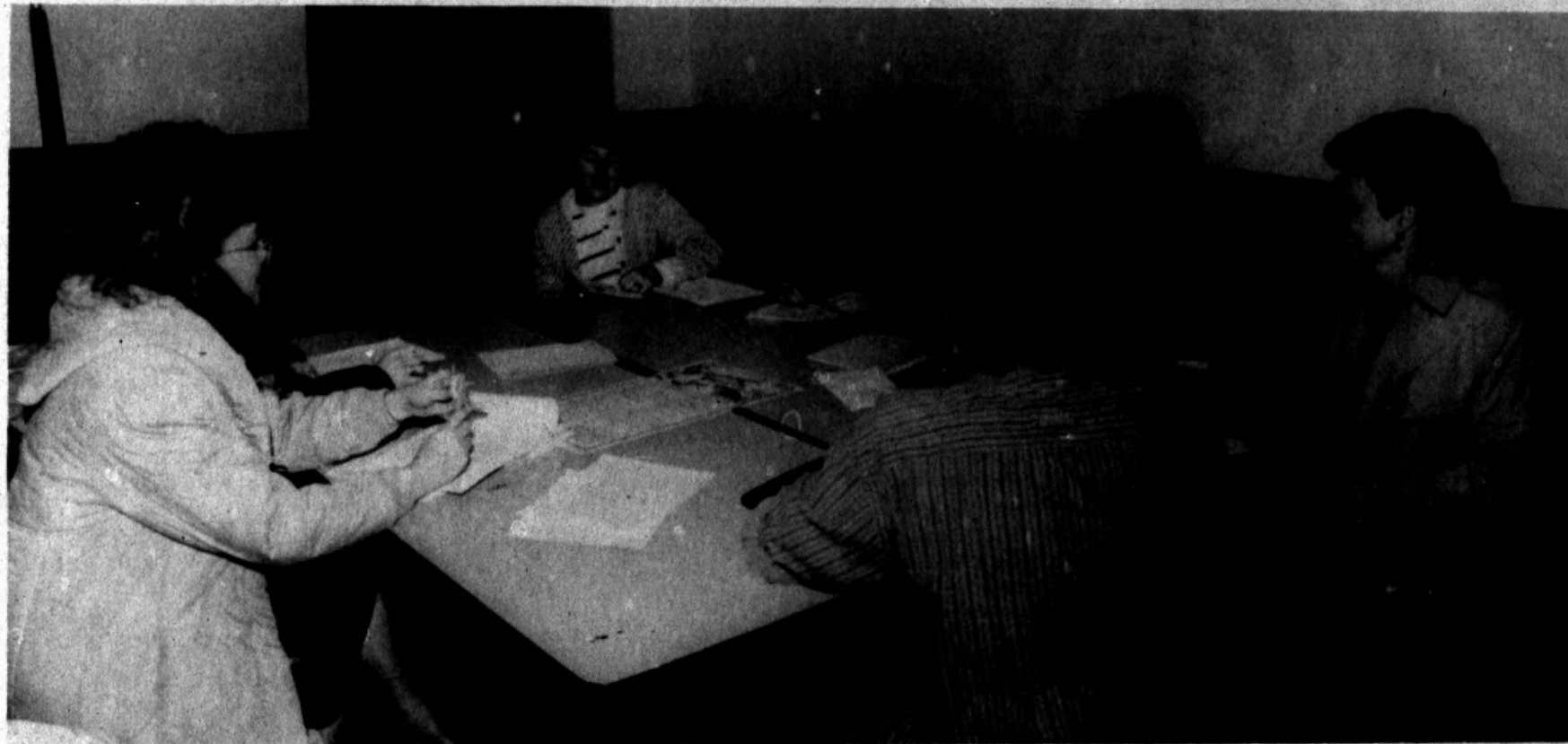
The revived group, which includes the American Trucking Associations, has contacted Clinton and hired an accounting firm to update its study of the impact of higher excise taxes on the economy, including how many jobs are eliminated.

AARP was watching closely to see whether senior citizens might be hit by increased energy taxes, higher taxes on Social Security benefits and a squeeze on Medicare reimbursements.

Older Americans, AARP's Rother said, are willing to join Clinton's call for sacrifice if the pain is distributed evenly.

Clinton won important support when he sent his labor secretary, Robert Reich, to meet with top officials of the AFL-CIO at a convention this week in Bal Harbour, Fla.

AFL-CIO President Lane Kirkland said "as we know it, it is an equitable package and it deserves our full support."



Alliance plans events

Hereford Beautification Alliance executive committee members met Tuesday to plan activities for the future and to hear reports from committees. Attending, from left, were Ruth McSherry,

Georgia Aukerman, Tonya Kleuskens, Jan Furr, Diane Hoelscher and Pat Reily, back to camera.

HBA to seek community input on beautification needs of city

The Hereford Beautification Alliance wants to know what local people think about the city's appearance and ways to improve it.

The alliance will conduct a Community Attitude Survey, which will appear in the Sunday edition of **The Hereford Brand**. Residents are urged to complete the written survey so that the alliance can gauge and be responsive to the community's overall concerns.

Surveys should be mailed to P.O. Box 1367, Hereford.

Survey questions will seek local

opinions regarding the city's current appearance, ideas for beautification, municipal ordinances, litter laws and recycling. There will be room for personal comments and it is not required that survey participants identify themselves.

The alliance is hoping for a large number of completed surveys in order to get an accurate representation of the community's views. HBA volunteers plan to have booths set up at local grocery stores on Feb. 27 to further distribute the survey.

Survey results will be compiled by

the alliance and made public in the spring. A similar survey is to be taken at Hereford schools.

The local survey is derived from a questionnaire published by Keep Texas Beautiful Inc.

For more information, call HBA coordinator Jan Furr at 364-3514, or chairman Tonya Kleuskens at 364-7542.

MAD to look at candidates

Mexican American Democrats of Lubbock will host a statewide MAD Screening and Endorsement Convention this weekend in the Holiday Inn Civic Center in Lubbock.

The meeting will be held to determine whether or not one of the Democratic candidates running for the U.S. Senate will receive the statewide MAD endorsement.

A reception welcoming statewide delegates will be co-sponsored by the Lubbock County Democratic Party and the Lubbock MAD at 7 p.m. Friday in the hotel.

The convention is expected to attract all of the Democratic candidates running in the special May 1 election to fill the seat held by U.S. Sen. Lloyd Bentsen.

The convention will begin at 9 a.m. Saturday, followed at noon by a luncheon for \$25 per person. A general assembly is set for 2:30 p.m.

For more information call Delia Griego, executive director of the Deaf Smith County MAD chapter at 364-4277.

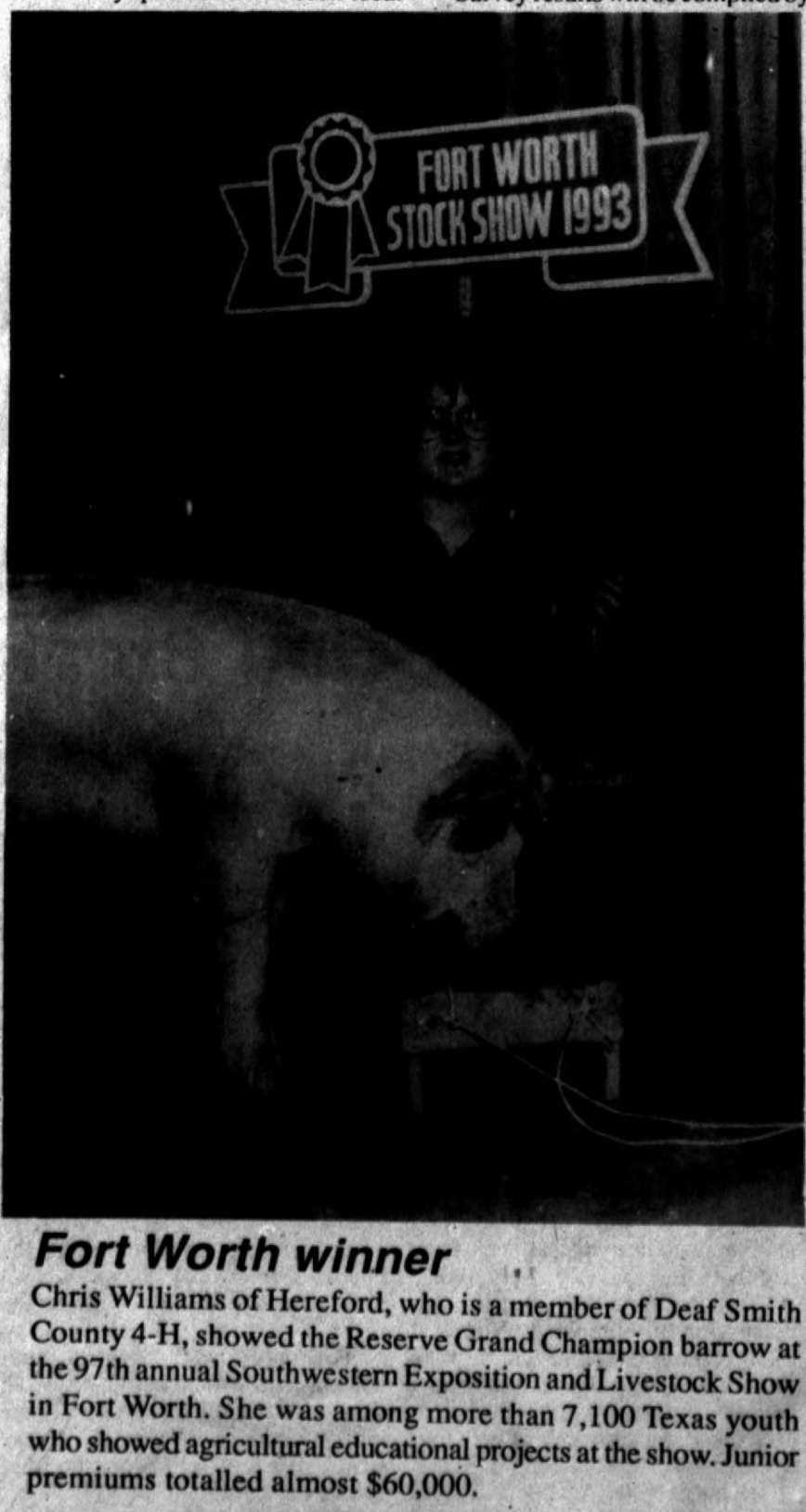
Music show set Saturday

Buddy Boswell's Union Mill Opry will be performing in Hereford Saturday from 8 to 10 p.m. at the Country Opry on West Hwy. 60.

Tickets are \$5 for adults, with children under 12 admitted free. Advance tickets will have reserved seating.

The Union Mill Opry, from Edgerton, Mo., has been billed as one of the top country music and hillbilly comedy shows in the midwest. The group has performed for more than 100 road appearances each year in a family entertainment tradition.

Tickets may be obtained from Walker's Auto Sales, Karen Zangmer(364-8545), Jeannie Zimmerman(364-1351) and C.W. Walker(364-4767).



Fort Worth winner

Chris Williams of Hereford, who is a member of Deaf Smith County 4-H, showed the Reserve Grand Champion barrow at the 97th annual Southwestern Exposition and Livestock Show in Fort Worth. She was among more than 7,100 Texas youth who showed agricultural educational projects at the show. Junior premiums totalled almost \$60,000.

Courthouse Records

COUNTY COURT DISPOSITIONS

State vs. Elpidio Ureste Jr., 22, revocation of probation on conviction for driving while intoxicated; 90 days in jail, \$100 fine, \$205 court costs, Feb. 9.

State vs. Juan Moreno, 33, criminal non-support; two years probation, one year in jail probated, \$162 court costs, Feb. 9.

State vs. Reymundo Cervantez, 24, revocation of probation for criminal trespass (four charges) sentenced to six months in jail on each and ordered to pay \$150 court costs on each charge, Feb. 9.

State vs. Oscar Alvarez, revocation of probation on conviction for criminal trespass; 90 days in jail, \$162 court costs, Feb. 9.

State vs. Elias Tovar, displaying fictitious license plates; one year probation, 180 days in jail probated, \$162 court costs, Feb. 9.

Sex-ed report 'too radical,' says council

AUSTIN (AP) - A report calling for required sex education in Texas schools is "too radical and controversial," opponents say.

The state Adolescent Pregnancy and Parenthood Advisory Council released its report to the Legislature Tuesday.

It includes recommendations the state provide programs for pregnant and parenting teens, plus comprehensive sex education for children from pre-kindergarten through high school.

But Anne Neman, of the Texas Council for Family Values, said the report undermines the rights of parents.

"(The council's) proposals reinforce the misguided idea that teens have the right to have sex, condoms and abortions," Ms. Neman said.

Larry Shaw, co-chairman of the advisory council, said Ms. Neman and supporters of abstinence-based sex education are ignoring the problem.

"We have a reality in Texas and that is our kids are having sex. We think we have some common sense recommendations to address that," he said.

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Life!

History instructor gives DAR program

Joe D. Rogers, chairman of the Hereford High School history department, presented the program for members of Los Ciboleros Chapter Daughters of the American Revolution when the group met recently at the Hereford Community Center.

Rogers, who has taught in the Hereford schools for 18 years, is certified as a social studies composite teacher. He gave an informative talk telling how he became a history teacher, thus making his avocation his vocation. He brought books and literature about historic sites of American history, telling the women about historic battlefields which are endangered because of commercial development.

Regent Charlotte Clark opened the meeting with the DAR Ritual, aided by Chaplain Helen Rose. The pledge to the flag of the United States of America was led by Mary Williamson. The singing of "America" was led by Leta Kaul and the reading of "The American's Creed" was given by Nell Norvell.

Ruth Newsom, chairman of the DAR schools committee, read as her

DAR School Minute, a letter of thanks for the labels of Campbell products the chapter had sent.

Regent Clark reported that the American History Contest essays had been read and judged. The winners and entrants will be honored later.

National Defense Chairman Ruth Knox read an article from *The National Defender* by Phyllis Schlafly entitled "U.N. Treaty on Rights of the Child." She said, "The U.N. Treaty on the Rights of the Child is based on the concept that a child's rights originate with the U.N. Treaty itself or with the government, in contrast to the American theory that individuals have unalienable rights which the government may not take away. U.N. treaties, courts and bureaucracies do not respect our American philosophy of individual rights, interpreted by foreign lawyers."

Before the conclusion of the meeting, Regent Clark displayed a quilt top that the chapter will raffle off during the Annual Town 'n' Country Jubilee Celebration this summer. The quilt top was pieced by Laura Leigh Blackburn.



Supper set Thursday

The public is invited to attend the Hereford Pilot Club's annual Mexican stack supper from 5-8 p.m. Thursday in the Hereford High School cafeteria. Tickets, which may be purchased from club members or at the door, are priced at \$4.50 for adults and \$2.50 for children under 12 years of age. All proceeds will be used for community projects. Discussing the event with Pilot Club division director, Joyce Ward, is Jerry Shipman, president of the Lions Club.



The smallest bird is the bee hummingbird, which measures just two inches and weighs about 1/10 ounce when fully grown. Its nest is the size of half a walnut shell.

Valentine party hosted by La Madre Mia Study Club

Husbands of La Madre Mia Study Club members were recognized as special guests during the club's annual Valentine party held Friday evening at the Hereford Country Club.

Herschel Black, who was assisted by J.L. Marcum, called for Bingo and told several jokes. Prizes were offered including those with a Valentine theme and humorous theme.

Serving as hostesses were members of the social committee: Lavon Nieman, Glenda Marcum, Ruth Black and Barbara Manning. Speedy Nieman gave the invocation.

Tables for the buffet dinner were decorated with pots of red tulips arranged on mirrored squares, wine glasses filled with red water and white candles, glistening hearts and heart-shaped chocolate candies.

Recognized as a special guest of Marlene Watson was Marlene Legg of Amarillo. Others attending included Nancy Paetzold, Barbara Manning and Messrs. and Mmes. Bobby Owen, Waldo Baxter, G.C. Merritt, Herschel Black, J.L. Marcum, Speedy Nieman, Ken Rogers, Don Taylor, Craig Smith and Don Walsler.

Following the party, everyone was invited to the ballroom to listen to a live band.

Fortified orange juice can offer as much calcium as milk

Getting enough calcium is a constant challenge. While everyone knows dairy products are a good source of calcium, most people don't often consume three or four servings of dairy products each day, and therefore, might not get the amount of calcium they need, says nutritionist Lori Valencis, MEd, RD, LD.

"When I talk to people about the nutrients in food, most are surprised to learn that one of the best sources of calcium is a glass of fortified orange juice," says Valencis. "For example, one eight-ounce serving of calcium fortified orange juice provides 100 percent orange juice with ounce for ounce as much calcium as milk or yogurt. This alternate source of dietary calcium is welcome information for consumers, especially those who may be concerned about the high fat content of some dairy products, or those with lactose intolerance."

Valencis, a registered dietician in Houston, says calcium plays an essential role in the overall health of children and adults, and helps guard against osteoporosis, a bone disease that afflicts one in four postmenopausal women. "Some statistics show that

over 60 percent of adults do not consume the U.S. RDA of 1,000 milligrams of calcium a day," she says. "When dietary calcium is low, the body takes what it needs from the bones. Over time, calcium reserves can be depleted, which can severely weaken the bones."

"I can't say enough about the nutritional benefits of orange juice with added calcium," Valencis says.

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U.S. FORCES JAPAN, HOKKAIDO, Japan - Army Spec. Brian L. Fowler has completed a joint/bilateral field training exercise involving Japanese Self-Defense Forces and U.S. Forces, called Keen Edge 93.

Conducted on Hokkaido and Honshu, the purpose of the exercise was to increase combat readiness of both nations through training in joint air, ground, and sea operations.

He is an infantryman at Fort Wainwright, Fairbanks, Alaska.

Fowler is the son of Roy L. and Mable L. Fowler of Hereford.

The specialist is a 1989 graduate of Hereford High School.

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SPORTS

Herd closes season with loss at Randall

By JAY PEDEEN
Sports Editor

The Hereford Whitefaces closed the basketball season with a 71-59 loss to Randall Tuesday in Randall.

The Herd finishes with a 1-9 record in District 1-4A, tying for fifth with Dumas. Hereford's overall record is 7-21.

Randall finishes the season at 6-4 (third place) and 18-13. "We played hard. They gave a good effort," Hereford coach Joe Main said. "We had two separate dry spells when we went scoreless for four or five trips, and that was in the difference in the game."

Hereford trailed 17-16 after one quarter and soon came back to tie at 21-21, but Randall closed out the half with a 19-6 run, including the first dry spell to which Main referred. The second dry spell came early in the third quarter, but Hereford came back a little to cut the Randall lead to 52-40 before the end of the quarter.

Richard Sanderson, a three-year starter at point guard for the Herd, ended his high school basketball career with a flourish by leading all scorers with 29 points and adding five steals.

Eric Sims had 12 points and seven rebounds. Kyle Hansen had 10 points, and Tim Burkhalter had 10 rebounds. All three are seniors.

For Randall, Chris Trevino scored 18 and Robert Beene added 13. Main finished his first season in Hereford hopeful of improvement in the program.

"The kids gave a real good effort all year long," he said. "We played hard, we just weren't as skilled basketball-wise as a lot of teams we played. I anticipate catching up skill-wise and being more competitive. When our skills catch up with our physical efforts, we'll be real competitive."

Pampa won the District 1-4A title outright by beating Borger 67-49 Tuesday in Borger. Pampa finished the season at 9-1 in district and 23-5 overall.

The Pampa win keeps Caprock in second place at 8-2 and 20-11 despite Caprock's 69-44 win in Dumas.

In District 2-4A, Estacado edged Plainview 59-58 on Tuesday to earn a playoff spot. Plainview (8-2, 24-5) had already clinched the district championship, but Estacado (7-3, 16-13) needed a win to avoid a district playoff with Frenship, which stayed in the hunt by blowing out Lamesa 89-65.

Caprock will play Plainview and Pampa will face Estacado in bi-district playoff games. The times and sites have not been announced.

Baseball owners mull changes

PHOENIX (AP) - Baseball owners, no closer to hiring a commissioner, are considering doubling the teams in the playoffs to eight - although change may have to wait until 1995.

John Harrington of the Boston Red Sox, chairman of the schedule-format committee, said early results of a fan survey showed support for doubling the size of the playoffs by adding a third tier.

Owners still seemed stuck on defining the duties of the commissioner, whose office has been vacant since Fay Vincent's forced resignation on Sept. 7. But they seemed to be taking tentative steps to the most fundamental change in the game since 1969.

"There's a lot of strong feelings in the game to make some changes," Harrington said.

Milwaukee Brewers president Bud Selig, chairman of the ruling executive council, said last month that a survey of about 2,000 people

showed more support for change among younger fans and less support among those who attended games more frequently. A second group of surveys was sent to about 11,000 season-ticket holders, and Harrington said those results are still being tabulated.

"The two surveys were quite close," Harrington said. "A few variations."

Because schedules must be provided to the Major League Baseball Players Association by July 1, Harrington said it was becoming harder to make postseason changes for 1994.

"It's still possible, but the window is closing," he said. "It's more likely '95."

The survey also asked questions about three divisions in each league, interleague play and the designated hitter. Harrington said there may be a need for additional surveys, and that any changes were likely to be gradual.

"I don't see us making a series of changes all at once," he said. "It will be a progression of changes."

Eddie Einhorn of the Chicago White Sox, another advocate of change, said owners understood they needed to negotiate changes with the union.

"All we can do is discuss it and approve it from our standpoint," he said.

George W. Bush of the Texas Rangers indicated there might be some owners against change. So far, that group has been silent.

"I'm a traditionalist," he said.

Einhorn, a member of the television committee, said it was unlikely that starting times for postseason night games would be earlier this season. World Series games were criticized last fall for their 8:35 p.m. EDT starts, precipitating late endings.

"They have '60 Minutes.' They have commitments that we've contemplated when they made the deal," Einhorn said of CBS. "In a new deal, we would like to work that into it."

CBS Sports president Neal Pilson has said, however, that he would consider earlier start times if baseball allowed the network to reduce its rights payments.

Members of the restructuring committee and executive council met Tuesday night and were set to give an update to all owners during today's major league meeting. Although the committee was told to redefine the commissioner's job by Nov. 1, it has been unable to come up with a final report and some officials say there is a split.

Relievers get big contracts

By The Associated Press

A day after Jeff Montgomery raised the price for relief pitching, Duane Ward and Mike Henneman took advantage.

On Monday, Montgomery and the Kansas City Royals agreed on a three-year contract worth \$11 million. On Tuesday, Ward, projected as Toronto's No. 1 stopper this season, got a three-year deal for \$12 million.

With Tom Henke gone to Texas,

Ward takes over for Toronto. He made \$2.45 million last year, when he had 12 saves and a 7-4 record with a career-best 1.95 ERA.

Ward, who made \$2.45 million last season, had asked for \$4.2 million in salary arbitration and the Blue Jays had offered \$3 million. His new contract calls for a \$1.5 million signing bonus and salaries of \$2.75 million, \$3.5 million and \$4.2 million.

Also Tuesday, Henneman signed a one-year deal with the Detroit Tigers for \$3,437,500, dividing the difference after submitting an arbitration figure of \$3.875 million when the club offered \$3 million. The figure represents a raise of \$1 million after he was 2-6 with a 3.96 ERA and 24 saves.

Ags' slush fund plot exposed

DALLAS (AP) - Recently banned booster Warren Gilbert Jr. was part of a secret attempt to organize a slush fund for improper payments to Texas A&M football players, a prominent alumnus has told school officials.

A&M officials said Tuesday they have informed the NCAA of the allegation by Dallas businessman and civic leader Larry Ferguson, The Dallas Morning News reported today.

Robert Smith, the A&M vice president in charge of rules compliance, said Tuesday his office also will investigate the allegation.

In a letter dated Dec. 26, Ferguson - a member of the 12th Man Foundation - wrote school president William Mobley of the alleged activities of Gilbert and two other well-known 12th Man members, car dealer J.L. Huffines Jr. of nearby Lewisville, Texas, and businessman Thomas A. O'Dwyer of Dallas.

"During (former coach) Jackie Sherrill's tenure at A&M, Tom approached me to say that he, Huffines and Gilbert had organized a meeting to raise a cash slush fund for the football efforts," Ferguson wrote.

Ferguson said he had no direct knowledge if a fund was created.

Smith and compliance officer Tedi Zalesky said nothing was done with Ferguson's allegations until this week, when The Dallas Morning News began making inquiries of A&M officials.

According to the two compliance officials, they process information as it "becomes elevated" in importance by certain events.

"I mean, obviously we cannot work all things simultaneously," Smith said. "So when something gets elevated, then we get on it."

The newspaper's questions elevated the Ferguson claims, Smith said.

Texas A&M announced Feb. 5 that Gilbert - a director of the A&M Lettermen's Association - was being disassociated from university athletics after it confirmed allegations that Gilbert-operated companies improperly paid players for work they did not perform.

The Dallas Morning News reported Dec. 20 that current and former Gilbert employees had told federal investigators that five members of the 1992 squad were being paid year-round for work not performed. The university has said

none of the records Gilbert made available to it confirmed the year-round payments.

Star running back Greg Hill and three other players were suspended from the team and missed the Cotton Bowl game against Notre Dame as a result of an investigation triggered by the newspaper report.

O'Dwyer acknowledged knowing Ferguson but called the accusations ridiculous. "I have absolutely never had a recollection of participating in any slush fund for any coach," he said.

Said Huffines: "I don't know anything about that. I don't remember anything at all about that."

Gilbert, through his attorney, said the statements were false, reckless and injurious.

Ferguson, 70, said he was willing to risk his friendships with Gilbert, Huffines and O'Dwyer to make sure Mobley knew there might be more to the stories published by The Dallas Morning News.

The Morning News said it received a copy of Ferguson's letter with no indication who may have sent it.

Ferguson confirmed the newspaper's copy as authentic. Although he had intended it to be private communication, Ferguson said he did not object to making it public.

"I don't know what you plan to do, but I stand up for whatever I've written or said," Ferguson said in a telephone interview.

"As far as I'm concerned, I've done my duty - to notify the president of A&M my knowledge of what's been going on," Ferguson said.

Tayrien joins Raiders' staff

LUBBOCK, Texas (AP) - Jack Tayrien, Midland Independent School District Athletic Director, Tuesday was named football recruiting coordinator for Texas Tech University.

Tayrien, who coached at Tech from 1986-89, will assume his duties on March 8. The Odessa native has spent most of his coaching career in West Texas, including high school stints at Big Spring and Midland Lee under Tech head coach Spike Dykes.

Tayrien, 52, became Midland ISD's athletic director in 1989. Dykes also moved three other

coaches around Tuesday. Doyle Parker, who replaced Tayrien as recruiting coordinator in 1990, will move to offensive assistant coach in charge of tight ends.

Dean Campbell, who was hired last year to coach linebackers, will take over the secondary duties previously held by Carlos Mainord. Mainord resigned last week to take a coaching job with the Chicago Bears.

Offensive coordinator Dick Winder was named assistant head coach.

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Shaq's foul-shooting troubles dispel Magic

By The Associated Press

Shaquille O'Neal's line in the boxscore is as impressive as they come: 46 points on 19-of-25 shooting, 21 rebounds and five blocked shots. Read a little closer, however, and another line stands out: 8-of-16 free throw shooting.

Inaccuracy from the line has been O'Neal's weakness all season (59 percent), and on Tuesday night it helped cost Orlando a win.

O'Neal missed five straight foul shots - including four in overtime - as Detroit beat the Magic 124-120.

In other NBA action, it was New York 117, Dallas 87; New Jersey 100, Milwaukee 88; Phoenix 110, Boston 97; Houston 149, Philadelphia 111; Seattle 112, Washington 102; Golden State 133, San Antonio 112, and Portland 105, Atlanta 90.

"I played pretty well. I missed a lot of free throws, so obviously I'm upset at that," O'Neal said. "I had a chance to put it away and I didn't put it away, but next time I'm in that situation, I'll put it away."

O'Neal's performance impressed Detroit's Joe Dumars, whose 39

points tied a season-high he set against Orlando on Jan. 2.

"I didn't need this game to tell me he's for real. This was just his confirmation," Dumars said.

O'Neal's point total set a single-game record for most points scored at The Palace of Auburn Hills.

Warriors 133, Spurs 112

The San Antonio Spurs, playing their third game in four nights, had their eight-game winning streak snapped by undermanned Golden State at Oakland, Calif.

Golden State played without Chris Mullin (thumb injury), Billy Owens (knee injury) and leading rebounder Tyrone Hill (death in the family). San Antonio was without Sean Elliott (strained back) and Antoine Carr (bruised right hand).

The Spurs outscored Golden State 10-2 at the beginning of the third period and still led 73-70 with 6:04 left, but the Warriors outscored them 29-10 to lead 99-83 at the end of the period.

Golden State led by as much as 21 in the final quarter.

Rockets 149, 76ers 111

At Houston, the Rockets shot a franchise-best 68.5 percent and Robert Horry had a career-high 29 points.

It was a season high in points and the largest victory margin for Houston since beating Dallas 117-96 on Dec. 5. Philadelphia lost for the seventh time in eight games.

Houston's best previous shooting performance was 66.7 percent against Portland in 1984. The NBA record is 70.7 percent by the San Antonio Spurs in 1983.

Knicks 117, Mavericks 87

At New York, Hubert Davis hit his first seven shots and finished with 18 points as the Knicks won easily.

New York, which placed seven players in double figures, led 34-20 after one period and extended the margin to 68-41 at halftime.

Trail Blazers 105, Hawks 90

The Trail Blazers snapped a four-game home losing streak, their longest since the 1988-89 season.

Terry Porter's two free throws to

open the fourth gave Portland an 82-73 lead, and Rod Strickland's three-point play gave the Blazers their biggest lead, 92-82 with 4:46 left.

Dominique Wilkins, who had a game-high 31 points, responded with six straight points, closing the lead to 92-88. But Portland outscored the Hawks 13-2 the rest of the way.

Nets 100, Bucks 88

At East Rutherford, N.J., Drazen Petrovic and Derrick Coleman combined to score 25 of New Jersey's 29 fourth-quarter points.

Petrovic finished with 28 points - including 11 in the final period - and Coleman added 27 points and 16 rebounds.

Suns 110, Celtics 97

At Phoenix, Charles Barkley had 32 points and 12 rebounds and led the Suns with nine assists as point guard Kevin Johnson sat out with a bruised calf muscle.

The Celtics led 31-27 after the first period, but shot only 29 percent in the second and scored just 15 points,

allowing Phoenix to take a 54-46 halftime lead. Boston stayed close until midway through the fourth quarter.

SuperSonics 112, Bullets 102

At Seattle, the Bullets trailed by 19 points in the fourth quarter, but went

on a 16-0 run to close within 99-96 with 4:42 to go. That was the closest Washington got, though.

Shawn Kemp had 25 points to lead Seattle.

There were 927 players drafted from college teams in 1991.

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Ponies come back to beat Frogs

By The Associated Press

It took a come-from-behind effort, but the Southern Methodist University Mustangs now own a six-game winning streak for the first time since the 1987-88 season.

After trailing Texas Christian 28-25 at halftime, the Mustangs came back with a strong defense and 14 points from Tim Mason to take a 60-53 victory over Texas Christian Tuesday night.

In a non-conference game, Virginia Commonwealth defeated the Texas Longhorns 66-60.

The Mustangs are now 9-1 with a game and a half lead over Rice in the Southwest Conference. Texas Christian is now 2-8.

Allen Tolley had 21 points for the Horned Frogs.

SMU's defense limited TCU to 30 percent shooting from the field. The Mustangs have allowed only two opponents to shoot better than 50 percent all season.

SMU took the lead for good at 36-35 with 6:03 remaining in the game.

Mike Wilson and Gerald Lewis added 11 points each for SMU.

Eric Dailey had 11 points and 17 rebounds for TCU.

Lewis played the key defensive role for SMU, guarding Tolley throughout the second half. Tolley had five second-half points, missing seven of nine shots in the final 20 minutes.

"I switched to him in the second half because he did so well in the first half and we needed someone to take him out of his rhythm," said Lewis, considered SMU's best defensive stopper. "I take pride in my defense."

SMU hadn't played since Feb. 9 and it took a while for the Mustangs to get untracked. Their point total was 22 under their season average as TCU was able to dictate a deliberate tempo.

"Coming off a layoff, we were a little rusty," Wilson said.

Tyron McCoy scored 27 points and grabbed 10 rebounds to lead Virginia

Commonwealth to the 66-60 victory over Texas.

The Rams (14-7), of the Metro Conference, used the inside-outside attack of center Sherron Mills and McCoy to hold off Texas (8-12), which shot only 30 percent from the field but stayed close with 3-point shooting.

VCU consistently milked the shot clock, often down to five or six seconds, before pounding the ball inside to Mills or letting McCoy, whose 27 points was a career high, create from the outside.

McCoy was rhythmic from the 3-point line, hitting 4 of 6 long-range bombs, while Mills added 13 points and nine rebounds.

Michael Richardson scored 21 and Terrence Rencher added 19 to lead the Longhorns.

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The Hereford Brand

Pitt coach irked by BC's slow-down tactics

By The Associated Press
There was no dispute about who won the game. Coaches Jim O'Brien of Boston College and Paul Evans of Pittsburgh just couldn't agree on how the game should've been played. O'Brien, Evans and players from both teams got into a

pushing-and-shoving match Tuesday night moments after Boston College routed the No. 17 Panthers 79-56. The 23-point loss was Pitt's worst at home since an 87-56 defeat by St. John's during the 1984-85 season, and was the Panthers' most one-sided in Evans' seven seasons.

The postgame problems began when Evans asked O'Brien why the Eagles went into a slowdown with a big lead and time running out. "I said, 'I don't think you ought to be in a four-corner offense with a 25-point lead and your starters in.' You just don't do that," Evans said.

"I don't think you'd see Louie Carnesecca or John Thompson do that." O'Brien saw nothing wrong with his strategy. "I mean, if he wanted us to just run up and down the floor and shoot quick 3s like they were doing, I don't think that's the way to play. We're not trying to rub it in, run up the score or embarrass anybody," he said.

director Oval Jaynes, quickly broke up the incident. Boston College (14-7, 8-5 Big East) took control with a 17-2 run that made it 39-26 at halftime. The Eagles had dropped out of the Top 25 after road losses last week to Miami and St. John's. Pitt (15-6, 7-6) was 9-0 at home this season.

No. 20 Iowa 68, Ohio State 54. Val Barnes scored 20 points and Iowa ended its three-game losing streak. Barnes made five 3-point shots. Acie Earl scored 12 points and Wade Lookingbill 11 for Iowa (15-6, 4-5 in the Big Ten). Jamie Skelton scored 16 and Lawrence Funderburke 14 for the Buckeyes (11-10, 4-8).

Brock replaced by Cotton Bowl

DALLAS (AP) - Jim Brock, an executive of the Cotton Bowl Athletic Association since 1976, has been replaced as the organization's team selection committee chairman by Jim Ray Smith, it was announced Tuesday. Brock will remain on staff as advisor and consultant to the president but no longer serve as spokesman for the New Year's Day game. "I have no comment, the statement speaks for itself," said Brock. "My contract runs another two years." Brock was instrumental in getting Doug Flutie and Boston College,

Ohio State, Notre Dame and other national powers to be the guest team for the New Year's Day game which features the Southwest Conference champion as host. He also helped put together the college bowl coalition. Smith, president of the CBAA from 1984-1986, played collegiately at Baylor and in the NFL for Cleveland and Dallas. Robert Smith III, president of the CBAA, also announced that John Scovell, will serve as vice chairman of the Team Selection Committee. "Jim Ray has the experience, insight and background to provide

valuable guidance in the next few formative years under the new bowl coalition format," said president Smith. Robert Smith said while Brock will no longer be the Cotton Bowl's spokesman "we will put his talents to good use. "From time to time, Jim will be doing things. Nothing against Jim but we are trying to maximize what we need to do. There will be a niche for him. We will play to his strengths but the spokesman for the Cotton Bowl needs to be the CEO and that will be me."

FW Dunbar coach wins No. 1,000

FORT WORTH, Texas (AP) - It was an impressive milestone, but Fort Worth Dunbar High School basketball coach Robert Hughes says he wasn't impressed. Hughes became only the sixth high school basketball coach in history to win 1,000 games Tuesday night when the Wildcats defeated Fort Worth Wyatt 63-51. "I was not impressed," Hughes said. The Wildcats scored only 63 points, about 25 points below their season average. The coach was also upset because his team's turnovers,

missed shots and free throws turned what had been a 44-22 blowout into close game in the third quarter. The team committed three turnovers, missed 10 shots and two free throws in a five-minute stretch of the third quarter. Some of the Wildcats also went face-to-face with Wyatt players, almost touching off a couple of fights. "We got into a talking contest," he said. "Whenever you start talking, you forget about playing." His players said their problem may have been that they were trying too hard.

"We wanted this to be the night for him," senior guard Anthony Burks, who scored 24 points, said. "We were tight at first because we were so anxious to blow them out," player Charles Smith said. The victory boosted Dunbar's season record to 28-4 overall and 10-0 in district play. Hughes has never won a state championship with Dunbar, but won three state titles when he coached at Fort Worth Terrell. He has 174 victories to go with the 1,000 victories.

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WEDNESDAY FEBRUARY 17

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
(5:00) Dot	Sand Fairy	Movie: Lost in the Barrens	Movie: (1990) (35) Meet	Of Blue Eyes Is Back	Movie: A World Apart	News	(35) Tonight Show	News	(35) Tonight Show	News
MacNeil/Lehrer	Nat'l Geographic	Great Performances	News	MacNeil/Lehrer	News	MacNeil/Lehrer	News	MacNeil/Lehrer	News	MacNeil/Lehrer
Hillbillies	Sanford	Hollywood Wives (Pt 2 of 2)	C. Bergen, F. Bergen (1985)	Movie: Adam	D. J. Travanti (1983)	News	(35) Cheer	(35) Torii	News	(35) Cheer
News	Wheel	Home	Coach	State of the Union	B. Curb	News	(35) Cheer	(35) Torii	News	(35) Cheer
Waltons	Young Riders	Father Dowling	700 Club	News	Renegade	News	(35) Gold	(35) Shdu	News	(35) Gold
Design	Jefferson	Bulls Eye	NBA Basketball: Jazz at Bulls (L)	Design	Married	In the Heat of the Night	State of the Union	48 Hours	News	(35) Gold
College Basketball	Maryland at Wake Forest (L)	College Basketball	Seton Hall at St. John's (L)	College Basketball	Maryland at Wake Forest (L)	College Basketball	Seton Hall at St. John's (L)	SportsCenter	Col. Tennis	Col. Tennis
Roseanne	Murphy B.	Beverly Hills, 90210	Movie: Star Trek: Next	Looney	Bullwinkle	Get Smart	Superman	Mary T	Van Dyke	Dragnet
Looney	Bullwinkle	Get Smart	Superman	Mary T	Van Dyke	Dragnet	Hillcock	Lucy Show	F Troop	Get Smart
Quantum Leap	Murder, She Wrote	Movie: Body Language	H. Lockler, L. Purl (1992)	MacGyver	News	MacGyver	News	MacGyver	News	MacGyver
(5:00) Nest	(35) Super	Gallagher: A Hero	Movie: Untouchables	K. Costner, S. Connery	Movie: In the Cold of the Night	(1992)	Movie: Shining Through	(1992)	Movie: Shining Through	(1992)
(5:30) Nest	(35) Super	Movie: Rookies	C. Sheen, C. Eastwood (1990)	Swimsuit	Movie: Shining Through	(1992)	Movie: Shining Through	(1992)	Movie: Shining Through	(1992)
(5:30) Nest	(35) Super	Movie: Sleeping With the Enemy	J. Roberts (R)	Movie: Captain America	M. Salinger	Fling of Fire	D. Wilson	Movie: Sleeping With the Enemy	J. Roberts (R)	Movie: Sleeping With the Enemy
Video Prime	Crook and Chase	Nashville Now	On Stage	Club Dance	Miller	On Stage	Club Dance	Miller	On Stage	Club Dance
Galapagos	Discoveries Underwater	Wings	Beyond 2000	Discoveries Underwater	Wings	Beyond 2000	Discoveries Underwater	Wings	Beyond 2000	Discoveries Underwater
Search Of	Search Of	Our Century	Justice	Spoes	Pole to Pole	Evening at the Improv	Our	Search Of	Search Of	Our Century
Unsolved Mysteries	L.A. Law	Movie: Lucy and Desi: Before the Laughter	(PG)	Unsolved Mysteries	L.A. Law	Movie: Lucy and Desi: Before the Laughter	(PG)	Unsolved Mysteries	L.A. Law	Movie: Lucy and Desi: Before the Laughter
(5:00) Col. Basketball	HS Extra	College Basketball	Texas A&M at Houston (L)	Ed Randall	Perry Clark	ATP	Baseball	Jetar	Bugs	Movie: Ocean's Eleven
Jetar	Bugs	Movie: Ocean's Eleven	F. Sinatra, D. Martin (1960)	(45) Movie: Silencers	D. Martin, S. Stevens (1966)	Movie: Ocean's Eleven	F. Sinatra, D. Martin (1960)	(45) Movie: Silencers	D. Martin, S. Stevens (1966)	Movie: Ocean's Eleven
Jesuit Jrs	Prism	Inside	Bless Me	Mormon	Songs	Preston	Stage Door	Harmony	Joy Music	Campbells
Magica Juvenil	Capricho	Cara Sucia	P. Rodriguez	Nocturno	Gomez	Paule	Magica Juvenil	Capricho	Cara Sucia	P. Rodriguez

THURSDAY FEBRUARY 18

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
Fraggle	Pooh	Tree	Dumbo	Mouse	Care Bears	Gumbel	Lunch Box	Well Disney Presents	Felix/Cat	Days/Lives
Today	Your	Your	Lamb Chop	Mr. Rogers	Barnes	Sesame Street	Business	Business	Govt	Govt
(05) Jean.	(35) Bewit.	(05) Little House	(05) Movie: Fun and Games	V. Harper, M. Gail	(05) Perry Mason	(05) Dead!	(05) Perry Mason	(05) Dead!	(05) Dead!	(05) Dead!
Good Morning America	Donatus	700 Club	Paid Program	News	Bonanza	News	Bonanza	News	Bonanza	News
Flintstones	Boto	Switched	Perry Mason	Joan Rivers	Gerardo	News	Flintstones	Boto	Switched	Perry Mason
(5:30) Sit.	Up Close	Body	Body	SportsCenter	Fitness	Getting Fit	Body Mor'n	Body	Baseball	Baseball
Goof Troop	Darwin	Beetlejuice	Flintstones	700 Club	Robert Tilton	Copeland	Family Ties	Love	News	News
Looney	Heathcliff	Muppet	David	Little Rascals	Parmer	Eurostar's Castle	Elephant	Man Iron	Noozies	Noozies
(6:00) Cartoon Express	Movie: Action in the North Atlantic	H. Byrd	(25) Movie: Ernest Scared Stupid	V. Varney	Movie: Angels with Dirty Faces	(1938)	Movie: Action in the North Atlantic	H. Byrd	(25) Movie: Ernest Scared Stupid	V. Varney
Babar	Pinocchio	Movie: Death on the Nile	P. Ustinov, D. Niven (1978)	PG	Jack Benny	Kingdom of the Spiders	Movie: Death on the Nile	P. Ustinov, D. Niven (1978)	PG	Jack Benny
(05) Movie: Pennies From Heaven	Movie: Curly Sue	J. Belushi, K. Lynch (1991)	PG	Movie: Something...Well	(1991)	Movie: Pennies From Heaven	Movie: Curly Sue	J. Belushi, K. Lynch (1991)	PG	Movie: Something...Well
Off Air	Video/Morning	Western	Mozart	Travel Mag.	Great	Gourmet	Graham	Easy Does	Homeworks	Paquita
Search Of	Search Of	Movie: Savage Season	R. Harper, D. McBan	Fugitive	Mrs. Columbo	Rockford	Search Of	Search Of	Movie: Savage Season	R. Harper, D. McBan
Baby	Baby	Movie: I Love N.Y.	S. Bato, C. Plummer (1991)	R	Moonlighting	Supermar.	Baby	Baby	Movie: I Love N.Y.	S. Bato, C. Plummer (1991)
(6:30) College Basketball	MuscleSport USA	Prime	NBA Action	Hockey	HL Hockey	Gulls at Ice (R)	(6:30) College Basketball	MuscleSport USA	Prime	NBA Action
Poppye	Press Luck	Scrabble	Pyramid	Ten of Us	My 2 Dads	Cartoon Express	Poppye	Press Luck	Scrabble	Pyramid
Worship	God Squad	Midpoint	Worship	Bible	COPE	1st Baptist	Worship	God Squad	Midpoint	Worship
Hablano	Cocina	Mujer...	Papa	Chavo de 8	Dr. Perez	Vida Robada	Hablano	Cocina	Mujer...	Papa

12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
(12:00) Felix the Cat	(1988) Pony Tales	Fraggle	Wonderland	Jump	Quack	Kids Inc.	Michy	Hey It's Yogi Bear	News	NBC News
(12:00) Cnt.	Another Party	Scrabble	Wonderland	Jump	Quack	Kids Inc.	Michy	Hey It's Yogi Bear	News	NBC News
Body	Nat'l Geographic	Cooking	Sesame Street	Read	Sandiego?	Square One	Shirley	Ghostwrit.	News	News
(12:05) Dandy	Tower	K. Russell	(05) Tom	(35) Flinta.	(05) Brady	(05) Bell	(05) Co.	(35) Griff.	News	News
Limbaugh	One Life to Live	General Hospital	Sally Jessy Raphael	Family	You Bet	Jeopardy!	ABC News	News	News	News
(12:00) Cnt.	New Zorro	My 3 Sons	Little	Mario	Poppye	Gadget	Rh Tin Tin	New Zorro	Life Goes On	Life Goes On
(12:00) Cnt.	A. Griffin	Honey	Design	3 Stooges	C.O.P.S.	Flintstones	Captain N	By the Bell	By the Bell	Partridge
Beautiful	As the World Turns	Guiding Light	Metlock	Flintstones	Captain N	By the Bell	By the Bell	Partridge	News	CBS News
(12:00) Women's College Basketball	Black	Stl World	Jet Skiing	Dream	Stirling	Senior PGA	Up Close	Full House	Diff World	Diff World
People	Perry Mason	Highway to Heaven	Merry	Jerry Kids	Tiny Toons	Batman	Full House	Diff World	Diff World	Diff World
LIU Bits	Muppet	Dennis	Flipper	Looney	Underdog	Yogi	Nick	Hey Dude	Would You?	Crazy Kids
Sale	Press Luck	Scrabble	Pyramid	Ten of Us	My 2 Dads	Cartoon Express	American Gladiators	News	News	News
(11:00) Mov	Boring (L)	We Have	Movie: There Must Be a Pony	(35)	Movie: That's Life	(1995)	(25) Ernest/Stupid	(1991)	(11:30) Kin.	Groundhog
(11:30) Kin.	Groundhog	Movie: Welcome Home, Rosy	(1990)	(15) Movie: NeverEnding St. B	(1990)	(45) Movie: Wayne's World	(1992)	(12:00) Hunters	R. Mitchum (1958)	Movie: Birds and the Bee
(12:00) Hunters	R. Mitchum (1958)	Movie: Birds and the Bee	(1992)	Movie: Loverboy	P. Dempsey (1989)	(15) Thieves	M. Thomas	(12:00) Cnt.	Be a Star	Top Card
(12:00) Cnt.	Be a Star	Top Card	Cookin'	On Stage	Club Dance	Be a Star	VideoPM	Great	Gourmet	Graham
Great	Gourmet	Graham	Easy Does	Homeworks	World Away	Beyond 2000	Shipwreck	Wildlife	City of Angels	Rockford Files
(12:00) Cnt.	Call to Glory	Fugitive	Mrs. Columbo	Rockford	Supermar.	Shop Drop	Born Lucky	China Beach	Movie: Deadly Care	C. Ladd, J. Miller (1987)
(11:00) HL	Hockey Gulls at Ice (R)	This Week in NASCAR	Stl Colo.	Broussard	Jenny	Ed Mc	Fish's	Fish	Movie: Shaft: The Partogram Murders	Bugs Bunny & Pals
(11:00) Hor.	(20) Movie: Brink	J. Palanca, D. Biny (1975)	Movie: Shaft: The Partogram Murders	Bugs Bunny & Pals	Planet	Planet	Planet	Planet	Movie: Brink	J. Palanca, D. Biny (1975)
Worship	God Squad	Midpoint	Worship	Bible	COPE	1st Baptist	Worship	God Squad	Midpoint	Worship
(12:00) Cnt.	Inse Durtis, Secretaris	Cadanes de Amargura	Cristine	Nocturno	Gomez	Paule	(12:00) Cnt.	Inse Durtis, Secretaris	Cadanes de Amargura	Cristine

BLONDIE by Dean Young and Stan Drake



Comics

The Wizard of Id By Brant Parker and Johnny Hart



Barney Google and Snuffy Smith By Fred Lasswell



BEETLE BAILEY By Mort Walker



Marvin By Tom Armstrong



Heart healthy nutrition

When it comes to health problems such as high blood pressure and heart disease, is salt at fault or not? Experts say it depends on whether you're "salt sensitive". There are 50 million Americans who have high blood pressure and an estimated 25 million of them are salt sensitive. There are also another 20 million who don't even know they have high blood pressure. That's why it is often called the "silent disease" you may feel fine while high blood pressure is damaging your arteries.

So, how do you know if you are salt sensitive? Unfortunately, there is no way of knowing, unless you do extensive testing while on a salt restricted diet. So to protect your heart health, it's best to assume you are salt sensitive and reduce your intake, as well as lose weight, exercise and reduce your alcohol intake. The British Medical Journal reported that even a modest reduction of sodium in the typical Western diet will reduce the risk of stroke by 22 percent and heart disease by 16 percent. If you're a woman, keep in mind that reducing salt can also reduce your risk of osteoporosis.

To help you reduce your sodium intake to a recommended 3000 mg per day, here are some tips.

-Start by eliminating salt added at the table.

-next, eliminate salt added in the cooking process.

-Experiment with herbs, spices, wines, vinegars and aromatic vegetables.

-Look for low or no-sodium foods at the supermarket.

-When dining out, ask that food be prepared without salt or MSG.

-Eat more fruits and vegetables. The potassium, magnesium and calcium may help to lower blood pressure.

Try this delicious recipe that doesn't rely on salt for great flavor:

NASHVILLE, Tenn. (AP) - Sandi Patti's 11-year reign as the Gospel Music Association's female vocalist of the year comes to an end this year.

The veteran singer wasn't even nominated Monday, giving way to perennial contender Amy Grant, Cindy Morgan, Kathy Troccoli, Susan Ashton and Twila Paris.

Grant also was nominated for artist of the year, an award she won last year. The four other finalists in that category are Steven Curtis Chapman, Michael W. Smith, 4HIM and Michael English.

Skillet Beans And Noodle Toss

1 clove garlic, minced
1/2 tsp. salt-free herb and spice seasoning
1/4 tsp. rosemary, crushed
2 tsp. olive oil
1 can (16 oz.) green beans, (no salt added)
1 can (14 1/2 oz) stewed tomatoes (No salt added)
1/2 cup uncooked corkscrew or tube pasta
In skillet, cook garlic with herb and spice seasoning and rosemary in oil, 1 minute. Drain beans reserving liquid in skillet. Add tomatoes; bring to boil. Cook, uncovered over medium heat, 10 minutes. Stir in noodles. Reduce heat; cover and cook about 18 minutes, adding beans during last 5 minutes. (4 to 6 servings)

Per serving (4): Calories 88 (25% from fat); Protein 3g; Fat 3g; Cholesterol 5mg; Carbohydrate 15g; Sodium 44 mg; Potassium 396 mg.

Ann Landers

DEAR ANN LANDERS: Eight years ago, I found my son's body in the street. He had been killed by a hit-and-run driver on the way home from school. Since then, I have met with many other mothers, fathers, sisters and brothers who have lost loved ones. They all agree with me on the following point.

Please talk about the person we have lost, even if the mention of his name causes us to weep a little. It is a joy to speak of my son and to know that he has not been totally forgotten.

I am hurt when people who knew him never mention his name. It is as if these people are trying to pretend that he never existed. To deny that this beautiful child was an important part of our lives is both impossible and unrealistic.

We may not be able to control what happens to us — death, accidents or

life's blows — but we do have a choice as to how we deal with our losses. Victor Frankel, a respected psychiatrist, survived a Nazi concentration camp because of his great love for his wife, who died there. Frankel was determined not to let the Nazis destroy his spirit or his will to live. He kept himself alive by thinking about and speaking about his beloved wife. She was his key to survival.

Please tell your readers how important it is for those of us who have suffered losses to speak of the departed, to recall the good times and to know that others remember them as well. —We Remember in Clifton, N.Y.

DEAR N.Y.: Most people are reluctant to talk about someone's loss for fear of opening old wounds. You have let them know that the real sadness comes from believing that loved ones have been forgotten. Bringing their names into normal conversation is a lovely thing to do. Thank you for an enlightening letter.

DEAR ANN LANDERS: My husband and I have been happily married for 10 years, but there are days when I wonder if we're going to make it. I have been pursued by two different bosses since I married. This started before the term "sexual harassment" came into vogue. In both cases, I finally quit the job. I might add that I am attractive, but not a knockout, and had no interest in flirting. I ended up telling my husband about the harassments. I couldn't have made it without his trust and support.

Recently, my best friend's husband left her and their 9-month-old baby for a woman in his office. My friend is heartbroken and scared. I'm sad for her.

Last week, I attended an anniversary party for my husband's law firm. I couldn't help but notice that one of the young female attorneys he works with couldn't keep her eyes off my husband and was always at his elbow. Although I trust my husband, I can't help but feel uncomfortable about this woman in his office. She calls him at home with "office questions," which I suppose is legitimate, but I really don't like it.

I hate the thought that I'm feeling threatened, but I guess that's the way it is. Please give me some guidance. —Juanita, No City, No State

DEAR JUANITA: Tell your husband exactly how you feel. Emphasize the fact that his associate's phone calls at home make you uncomfortable. If he has respect for your feelings, the calls will stop, and you will have the peace of mind that is rightfully yours.

Gem of the Day: If you don't like to be alone, you probably bore other people, too.

What's the truth about pot, cocaine, LSD, PCP, crack, speed and downers? "The Lowdown on Dope" has up-to-the-minute information on drugs. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Lowdown, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Family film night set Thursday

"Heidi" is the family film that will be shown at 7 p.m. Thursday at Deaf Smith County Library.

The public is invited free of charge. Popcorn will be provided at no charge.

"Heidi" is a 1968 version of the classic tale of a little Swiss girl and her grandfather as she is forced to leave her home in the Swiss Alps.

Romanticizing the Gamin

NEW YORK (AP) - The young American mall crowd might find inspiration this spring in the saucy French look. Opaque stockings that stop just above the knee are showing up under those ethereal long print button-front dresses.

S&L Scandal by Gamine has introduced over-the-knee tights and matching short shorts. They're available in black, white, coral, purple and light aqua for about \$35 retail.

Pressing Made Sew Simple

NEW YORK (AP) - Home sewers can turn their ironing board into a cutting board with a cover called the Simplicity Sewing Helper.

The ironing board cover, with a suggested retail of \$17.99 including pad, is stamped with a 48-inch ruler in standard and metric units, 1-inch grids, bias lines, a square for cutting corners and a circle for domestics and crafts as well as for dressmaker patterns requiring rounded shoulders and necklines.

Senior Citizens

LUNCH MENU

THURSDAY-Beef stew with vegetables, coleslaw, cake and peaches, cornbread.

FRIDAY-Fish nuggets, calico macaroni, seasoned green beans, garden salad, fruit, cookies.

MONDAY-Italian spaghetti, green beans, buttered corn, tossed salad, fruited pudding, breadsticks.

TUESDAY-Roast beef with gravy, sliced potatoes, buttered carrots, fruit salad, apple pie a la mode.

WEDNESDAY-Oven fried chicken with gravy, mashed potatoes, okra creole or green peas, tossed salad, fruit with topping.

ACTIVITIES

THURSDAY-Stretch and flexibility 10 and 10:45 a.m., oil painting 9 a.m., 11 a.m. and 1 p.m., choir 1 p.m., water exercises.

FRIDAY-Line dance 10 a.m. and 11 a.m., water exercises.

SATURDAY-Games noon until 4 p.m.

MONDAY-Line dance 9:15 a.m. and 11:45 a.m., devotional 12:45 p.m.,

water exercises, ceramics 7 p.m.

TUESDAY-Stretch and flexibility 10 a.m. and 10:45 a.m., water exercises, Beltone hearing 1-4 p.m.

WEDNESDAY-Stretch and flexibility 10 a.m. and 10:45 a.m., water exercises, ceramics 1:30 p.m.

NEW YORK (AP) - Yves Saint Laurent cast his eye on American professional women with the launch of an Encore line of separates for day and evening. The collection for fall 1993 will range from about \$250-\$1,200 retail for blouses, skirts, pants, dresses, knitwear and coats. Prices are below the company's Rive Gauche line but higher than traditional bridge collections.

Styles previewed on Feb. 2 ranged from a red wool maxicoat with a double row of gold-tone buttons, to skirt and pant suits and separates in vivid combinations of red, green, yellow and blue, to black velvet evening separates.

Designed by the Yves Saint Laurent studio in Paris, the collection will be distributed by Paris Collections, New York.

ANTHONY'S

Fall & Winter Clearance Sale

YELLOW TICKET SALE

SELECT GROUP Fall & Winter Merchandise

EXTRA 50% OFF

Yellow Ticket Clearance Price

Intermediate markdowns may have been taken. Extra 50% off will be taken at the register.

Here's How It Works...

Regular Price	\$10
Yellow Ticket Sale Price	\$7.99
With EXTRA 50% OFF	\$3.99

EVEN FURTHER PRICE CUTS

Save on Men's, Women's and Children's Fashions and Footwear!

Now 70% OFF

Select Group Fall & Winter Merchandise

Red Tickets Show Actual Percentage Off Regular Price

Limited to stock on hand. Sales taxes will vary by store. Party - no touchbacks.

Anthony's Credit Card... the Smart Shopper's Choice!

SUGARLAND MALL & DIMMIT 1

LAWN DECORATIONS Winn's PATTERNS Winn's FABRIC Winn's TOOLS Winn's KITES Winn's HANGING BASKETS Winn's GARDEN SEEDS Winn's FABRIC Winn's TOYS

This Week's Specials Winn's

YOUR CONVENIENT VARIETY STORE. PRICES GOOD NOW THRU FEB. 21st

40 Lb. Potting Soil **2/\$3**

Flex 15 Ounce Shampoo or Conditioner **1.28**

64 OZ. PINE OIL **99¢**

Aleene's Jewel-It 2 OZ. **99¢**

Wonder Under Transfer Fusing **77¢**

VHS Video Tape **2/\$3**

111 W. Park Ave. • 364-1177 • Hereford, TX
MON - SAT 9AM - 8PM • SUN 12 - 6PM

Winn's GARDEN TOOLS Winn's KITES Winn's GARDEN SEEDS Winn's

CLASSIFIEDS

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee to place your classified advertising. We reach thousands everyday!

The Hereford Brand
Since 1901
Want Ads Do It All!
You Want It, You Got It!
CLASSIFIEDS
364-2030
Fax: 364-8364
313 N. Lee

CLASSIFIED ADS
Classified advertising rates are based on 15 cents a word for first insertion (\$3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy charge, straight word ads.

TIMES	RATE	MIN
1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
5 days per word	.59	11.80

CLASSIFIED DISPLAY
Classified display rates apply to all other ads not set in solid word lines those with captions, bold or larger type, special paragraphing, all capital letters. Rates are \$4.15 per column inch; \$3.45 an inch for consecutive additional insertions.

LEGALIS
Ad rates for legal notices are same as for classified display.

ERRORS
Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1. ARTICLES FOR SALE

PARK AVE. BOWL & CLUB
Hosting:
Slow Motion Band.
Friday, Feb. 19th
9:00 to 12:00 P.M.
All the Dancing & Bowling you can do for one price. \$10.00 per person at the door.
Come Roll in the Fun.
364-2604

New and now in stock: The Roads of New Mexico, in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 15003

A Great Gift!!! Texas Country Reporter Cookbook — the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. \$13.95 at Hereford Brand. 17961

Reposessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

Will pay cash for used furniture & appliances, one piece or house full. 364-3552. 20460

Would like to purchase used wooden book shelves. Call 364-2030 or 364-6957 22928

Queen size water bed, 364-3326. 23061

Big Sale - PVT (Previously Viewed Tapes), all categories; classics, children, documentary, fitness, spanish, drama, suspense, sports & Nintendo games \$1.00 off with each rental at time of purchase. Silver Screen Video 515 N. 25 Mile Ave. 23091

Gift did not work out. Brand new Swivel Rocker-Recliner. Light Beige with slight blue accent. \$230.00. (Worth, much, much more) 364-6026 after 5 p.m. 23096

2-Farm Equipment

For sale 300 C.I.D. Ind. Ford Irrig. Engines-Vertex Mag. included, exc. cond. \$1750. Also 8" by 6" surge valves- nearly new, \$750. 364-7316 or 346-1030. 23090

3. CARS FOR SALE

'76 Blazer, approx. 4,000 miles on 350 motor, new A/T. Call 364-1933, LeRoy Williamson. 23074

1985 Chev 1/2 ton 4 w/d pickup, 1986 G.M.C. 1/2 ton pickup, new tires, See at 100 Cherokee, 806-364-2948. 23075

For sale 1972 Ford 1/2 ton V-8, 4 speed. \$1500.00. 267-2765. 23097

For sale: 1974 Chevy 3/4 ton V-8, Automatic. \$1000.00. 267-2765. 23098

1985 Chevy Choo Choo Conversion, short, wide, \$4600.00. 267-2765. 23099

MUFFLER SHOP
CROFFORD AUTOMOTIVE
Free Estimates
For All Your Exhaust Needs
Call: 364-7650

4. REAL ESTATE

For sale by owner: 237 Greenwood. Newly remodeled interior, great neighborhood. 364-6462.

FOR SALE BY OWNER
House with or without daycare for sale in NW area, close to schools. 4 bd/ 2 bath, builtins, central heat & air. 2500 sq.ft., 364-5610

HOUSE FOR SALE IN LUBBOCK
MOVING TO LUBBOCK?
Consider this beautiful custom built home-3bd, den w/fireplace dining area, breakfast nook, 2 baths, 3 ceiling fans, new carpet & new floor covering in kitchen & guest bath.
1942 sq. ft. living space, double garage, on 1/2 acre lot with water well located outside city limits in North Terra Estates in the Frenship School District. No city taxes. 12'x16' storage bldg, built-in shelves, overhead lights, power outlets.
Assumable VA loan, non-qualifying at 9% fixed rate.
For Information Call 1-793-9223

DIAMOND VALLEY MOBILE HOME PARK
Lots Located on Sloux, Cherokee Sts., G&H
Office Space-415 N. Main w/janitor service & utilities
Store Front Building For Lease, 3500 sq. ft.
421 N. Main
Doug Bartlett-415 N. Main
364-1483-Office,
364-3937-Home

FOR SALE BY OWNER
2 brn downstairs, one full bath, large kitchen with bar; large livingroom, attic has been turned into large upstairs brn, with skylight. Perfect for kids. Has all been remodeled. Also house comes with 2 rental apartments in the back, great neighborhood, asking \$39,500.00.
Call 655-0092 for appointment

Commercial Property Zoned Heavy Industrial. Dock High, 14,995 square foot building plus 825 square foot office space, cool storage room, on railroad siding. Call Don C. Tardy Company, 364-4561 or 1-800-658-6006. 23080

For sale in Vega extra nice 3 bedroom 1 3/4 bath, double garage, now carpet, almost 2,000 feet of living space. Call after 7 p.m. 267-2520 23095

5. HOMES FOR RENT

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

CROSSWORD

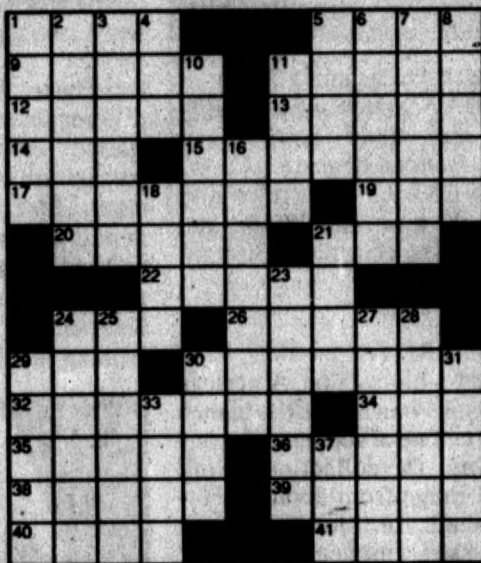
by THOMAS JOSEPH

- ACROSS**
- 1 Tibetan monk
 - 5 Johnny of "Edward Scissorhands"
 - 9 Sailor's cry
 - 11 "Cheers" character
 - 12 Butcher shop choices
 - 13 Jordan's capital
 - 14 Command to Fido
 - 15 Inn
 - 17 Building
 - 19 "— Blu Dipinto Di Blu"
 - 20 Catch
 - 21 Newsman
 - 22 Like week-old bread
 - 24 Singer Cole
 - 26 DEA agents
 - 29 Periodical
 - 30 Small song-birds
 - 32 Graed
 - 34 Fall mo.
 - 35 Poe bird
 - 36 Play part
 - 38 Mating game
 - 39 Circus
- DOWN**
- 40 Army worker
 - 41 Historic time
 - 1 Slip-up
 - 2 Dodges
 - 3 Lewis's partner
 - 4 Invite
 - 5 Soggy
 - 6 Royal fur
 - 7 Took second news
 - 8 Discussion group
 - 10 Casual top
 - 11 Lawyer's job
 - 16 Marine
 - 18 Speedy accompaniers
 - 21 Semester
 - 23 Current news
 - 24 Blanket-making tribe
 - 25 Century plants
 - 27 Movies
 - 28 Tea
 - 29 Parade boxes
 - 31 Tennis great
 - 33 Remainder
 - 37 Lid

GETSON COAL
ELAINE RILE
MINNEAPOLIS
BARON
PEAL PETS
FUND BUSIED
AGE CUP MEA
DEMONS JODY
TYPO SONS
ITALY
MINNESINGER
ERIE ICEAGE
LAND SERMON

Yesterday's Answer

- 18 Speedy accompaniers
- 21 Semester
- 23 Current news
- 24 Blanket-making tribe
- 25 Century plants
- 27 Movies
- 28 Tea
- 29 Parade boxes
- 31 Tennis great
- 33 Remainder
- 37 Lid



STUMPED? For answers to today's crossword, call 1-800-454-7377! 99¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

8. HELP WANTED

The Deaf Smith County Sheriff's Department now has an opening for Female correction officer. Applicant must have a High School Diploma or G.E.D. equivalent and they must be at least 18 years of age. A departmental entrance exam will be given Monday, March 1, 1993 at the Deaf Smith County Library starting at 8:30 A.M. Pick up and return applications between the hours of 8:30 A.M. and 4:30 P.M., February 16, 1993 - February 26, 1993, to VESTA MAE NUNLEY DEAF SMITH COUNTY TREASURER, COUNTY COURTHOUSE RM. 206. EQUAL OPPORTUNITY EMPLOYER.

El Departamento del Sherife en el Condado de Deaf Smith Ahoy esta aceptando aplicaciones para la posicion de official Correctional Femenino. El aplicante debe tener su diploma de Escuela Secundaria o el equivalente de G.E.D. deben de tener no menos de 18 anos de edad. Se dara un examen para la posicion Marzo 1, 1993 que es un Lunes, a las 8:30 A.M. El examen se dara en la Biblioteca del Condado de Deaf Smith. Levante y regrese aplicaciones de las 8:30 A.M. a las 4:30 P.M. Febrero 16, 1993 - Febrero 26, 1993 con Vesta Mae Nunley, Cuarto 206, en la oficina de Tesorero en la Casa de Corte del Condado de Deaf Smith. Empleador de Oportunidad.

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873

Moving Special. 2 bedroom, stove, fridge, water paid. 364-4370. 22671

Large 2 bedroom at 301 E. 6th, \$250 + deposit. 364-4049 22992

2 bedroom mobile home, stove & fridge, w/d hookup, fenced yard, \$210/monthly, 364-4370. 23027

One bedroom apartment and a two bedroom house for rent. 364-1736 23037

Two bedroom trailer house, central heat, air conditioning, fenced yard, \$225/monthly, \$100 deposit. 364-6420. 23040

For rent 2 bedroom, 1 bath, garage, w/d hookup, fenced, storage room, 608 Blevins, \$225/monthly + deposit, 364-4908. 23060

For rent 3 bedroom trailer 1 1/2 bath, 7 miles SW of Hereford, \$100/deposit; \$200/rent. 357-2504. 23082

Large 2 bedroom house, w/d hookup, 364-4370. 23087

3 bedroom mobile home stove/ fridge, w/d hookup, fenced yard, Section 8 renters accepted. 364-4370. 23088

Furnished apartment efficiency apartment for working gentleman. Good area. All utilities paid. 364-1371 23092

6. WANTED

Would like to purchase used wooden book shelves. Call 364-2030 or 364-6957. 22929

Want to buy a good 1066 or 1086 International Tractor. Phone 806-364-3877 23083

Birthdays, special days, a year-around remembrance? Send them The Hereford Brand, a gift that reminds the recipient of your love and concern about 255 times a year!

EXECUTIVE SECRETARY

Aggressive firm seeks dynamic individual. Position available immediately for executive secretary. Strong communication & clerical skills required. Management experience & data entry knowledge preferred. Excellent benefits include group health plan, vacation & pension plan. Growth with the company limited only by the individuals own efforts. 30 minutes south of Amarillo on I-27. Inquiries are kept in strict confidence. Direct resumes to Lone Star Feedyard Inc. in care of Ron Pekrul, Box 308, Happy, Texas, 79042. For further information call 806-655-7703.

MECHANIC NEEDED
for truck/tractor and refrigerated trailer maintenance work. Individual must have experience w/Transport Mechanical Refrigeration System & have own hand tools. This position is an excellent opportunity for the right individual. Apply in person to Jerry Carlton, CARLTD. at the Excel facility in Friona Texas.

American Benefits Plus is endorsed by Dr. Pat Robertson. Family business can be yours. Be your own boss and earn income for your family's needs. No investment necessary. Great opportunity for others to save while you earn. Call collect-806-655-0103-Canyon.

Be a good neighbor. Be alert for vandalism or break-ins. If you see anything unusual around a residence or business, call the police. Let's all be involved in policing our neighborhoods.

Use The Classifieds And Consider It



Classifieds.

They're just for you, everyday, in the Hereford Brand.

Call Janey Allmon today at 364-2030 and get a classified to work for you.

CLASSIFIEDS

Positions for RN, LVN & CNA. Generous benefit package with competitive salary. King's Manor Methodist Home, Inc. 400 Ranger Drive, Hereford, Texas. 23079

Help wanted, Welder/fabricator. Send resume to Box 2291, Hereford, Texas, 79045. 23085

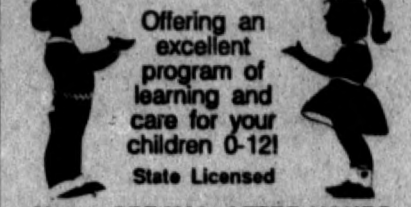
Immediate opening full time RN 7p-7a weekdays, OB experience preferred, full benefits, EOE, Palo Duro Hospital No. 2 Hospital Drive, Canyon, Texas, 79015. 23086

Jacques Seed Company-A National Producer & Marketer of Agricultural Crop Seeds has an Income Builder Program that can improve your bottom line. Call today for more information on sales opportunities in the Hereford area. Call 655-7635 or 1-800-472-3010

9. CHILD CARE

KING'S MANOR METHODIST CHILD CARE
 *State Licensed
 *Qualified Staff
 Monday-Friday 6:00 am - 6:00 pm
 Drop-ins Welcome with advance notice
MARILYN BELL / DIRECTOR
 364-0681 • 400 RANGER

HEREFORD DAY CARE



Offering an excellent program of learning and care for your children 0-12! State Licensed

Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!
364-5062
 248 E. 16th

10. ANNOUNCEMENTS

Problem Pregnancy Center Center, 801 E. 4th. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11. BUSINESS SERVICE

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Manley Portable Buildings, top quality construction, custom build any size, 364-1736. 22625

Window Cleaning, commercial, residential, Michigan window cleaner, 12 years experience. Deadline, March 10th, free estimate. Call Jose-364-1527 22986

Tree trimming, tree removal & regular lawn cleaning-Ryder Lawn & Yard. 364-3356. 22995

Income tax preparation service. Will pick up and deliver within city limits. Call James Gamez, 364-4642. 22997

WINDMILL & DOMESTIC
 Sales, Repair, Service
 Gerald Parker,
 258-7722
 578-4646

HOME MAINTENANCE
 Repairs, Carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing. For free estimates call **TIM RILEY-364-6761**

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 364-1120; Nights Call 289-5500. 14237

12. LIVESTOCK

Wanted: Graze out wheat pasture for approximately 30-90 head stockers. Immediate possession or near future. Call 364-2500 23000

Round & Square bales Graze all oat hay and wheat straw, 3-bales cattle feeder on trailer, Power River Calf Cradle, 76 Blazer, approx. 4,000 miles on 350 motor, new a/t. 364-1933 LeRoy Williamson 23056

Oats! Oats! Oats! Great variety of seed oats & feed oats. Gayland Ward Seed, 258-7394. 23072

LEGALS

NOTICE TO BIDDERS
 The City of Hereford, Texas will receive sealed bids in the office of the City Manager until 10:00 A.M., Tuesday, March 9, 1993, for furnishing one (1) heavy-duty parks tractor for the City of Hereford Park Department. Specifications may be obtained at the office of the City Manager, 224 N. Lee, Hereford, Tx. 79045 or by calling (806)364-2123. Bids shall be submitted in sealed envelopes and marked in the lower left hand corner. The right is reserved to reject any and all bids and to waive any informality in bids received.
CITY OF HEREFORD, TEXAS
 By: Chester R. Nolen
 City Manager

NOTICE TO BIDDERS
 The City of Hereford, Texas will receive sealed bids in the office of the City Manager until 10:00 A.M., Tuesday, March 9, 1993, for providing the City of Hereford with one (1) utility vehicle to be utilized at the John Pitman Municipal Golf Course. Specifications may be obtained at the office of the City Manager, 224 N. Lee, Hereford, Texas 79045 or by calling (806)364-2123. Bids shall be submitted in sealed envelopes and marked in the lower left hand corner. The right is reserved to reject any and all bids and to waive any informality in bids received.
CITY OF HEREFORD, TEXAS
 By: Chester R. Nolen
 City Manager

NOTICE TO BIDDERS
 The City of Hereford, Texas will receive sealed bids in the office of the City Manager until 10:00 A.M., Tuesday, March 9, 1993, for providing and planting trees at the 6th & Ross Park for the City of Hereford. Specifications may be obtained at the office of the City Manager, 224 N. Lee, Hereford, Tx. 79045 or by calling (806)364-2123. Bids shall be submitted in sealed envelopes and marked in the lower left hand corner. The right is reserved to reject any and all bids and to waive any informality in bids received.
CITY OF HEREFORD, TEXAS
 By: Chester R. Nolen
 City Manager

It takes more than blind luck to pin down the right home.



Sure, you could go on stumbling through the housing market. Running into dead ends and getting cornered with too little information. Or you could nail down that new home the easy way: By consulting an experienced real estate agent. An agent can point out options you may have missed. Get you inside interesting homes that you may never have seen otherwise. Even do a lot of the groundwork, so you don't have to. Like researching financing packages. Checking through the multiple-listing service for homes that fit your needs -- and your

pocketbook. Negotiating with the seller. And arranging for inspections. He or she will even be there at closing. So instead of forging ahead without knowing what's out there, get some help from an expert. A real estate agent. Inside The Hereford Brand, you'll find both qualified agents and valuable information about home buying. Everyday, the real estate classifieds list many properties and agents. And The Brand's Sunday housing section examine the latest market trends and housing opportunities. With the right guide, hitting your mark can be child's play.

THE HEREFORD BRAND

AKYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

2-17 CRYPTOQUOTE
 P U P T E T E Z U A P L X
 I A O L S O L A E W O
 L O P U A O Y U A O I P U
 U D T B O E H I O M M . L D Y
 U A O Q R Z X S O L U U D
 A D M Z U A O P Y U D L X R O T .

— M E J Y R F O Y O
 Yesterday's Cryptoquote: IF YOU CAN'T DELIVER THE PIE IN THE SKY YOU PROMISED, YOU'D BETTER REDEFINE THE PIE. — PAUL A. SAMUELSON

Schlabs Hysinger SERVING HEREFORD SINCE 1979
 COMMODITY SERVICES
 1500 West Park Ave. 364-1281
 Richard Schlabs Steve Hysinger
 Phone 364-1281. Cash Trading Day After 5:30 P.M.
 for Hereford Commodity Update

Prices effective Friday, February 12, 1993.

CATTLE FUTURES		GRAIN FUTURES	
CATTLE-FREEDER (CME) 5000 lbs. cash per lb.	Mar 25.50 25.50 25.50 25.50	CORN (CBT) 5000 lbs. cash per bu.	Mar 2.15 2.15 2.15 2.15
Apr 26.00 26.00 26.00 26.00	Apr 2.18 2.18 2.18 2.18	Apr 2.18 2.18 2.18 2.18	Apr 2.18 2.18 2.18 2.18
May 26.50 26.50 26.50 26.50	May 2.20 2.20 2.20 2.20	May 2.20 2.20 2.20 2.20	May 2.20 2.20 2.20 2.20
Jun 27.00 27.00 27.00 27.00	Jun 2.22 2.22 2.22 2.22	Jun 2.22 2.22 2.22 2.22	Jun 2.22 2.22 2.22 2.22
Jul 27.50 27.50 27.50 27.50	Jul 2.24 2.24 2.24 2.24	Jul 2.24 2.24 2.24 2.24	Jul 2.24 2.24 2.24 2.24
Aug 28.00 28.00 28.00 28.00	Aug 2.26 2.26 2.26 2.26	Aug 2.26 2.26 2.26 2.26	Aug 2.26 2.26 2.26 2.26
Sep 28.50 28.50 28.50 28.50	Sep 2.28 2.28 2.28 2.28	Sep 2.28 2.28 2.28 2.28	Sep 2.28 2.28 2.28 2.28
Oct 29.00 29.00 29.00 29.00	Oct 2.30 2.30 2.30 2.30	Oct 2.30 2.30 2.30 2.30	Oct 2.30 2.30 2.30 2.30
Nov 29.50 29.50 29.50 29.50	Nov 2.32 2.32 2.32 2.32	Nov 2.32 2.32 2.32 2.32	Nov 2.32 2.32 2.32 2.32
Dec 30.00 30.00 30.00 30.00	Dec 2.34 2.34 2.34 2.34	Dec 2.34 2.34 2.34 2.34	Dec 2.34 2.34 2.34 2.34
Est. vol. 100; vol. 100; open 100, 100, 100, 100	Est. vol. 100; vol. 100; open 100, 100, 100, 100	Est. vol. 100; vol. 100; open 100, 100, 100, 100	Est. vol. 100; vol. 100; open 100, 100, 100, 100

METAL FUTURES		FUTURES OPTIONS	
GOLD (COM) 100 Troy oz. 1 per Troy oz.	Mar 320.00 320.00 320.00 320.00	CATTLE-FREEDER (COM) 5000 lbs. cash per lb.	Mar 25.50 25.50 25.50 25.50
Apr 325.00 325.00 325.00 325.00	Apr 25.50 25.50 25.50 25.50	Apr 26.00 26.00 26.00 26.00	Apr 26.00 26.00 26.00 26.00
May 330.00 330.00 330.00 330.00	May 26.00 26.00 26.00 26.00	May 26.50 26.50 26.50 26.50	May 26.50 26.50 26.50 26.50
Jun 335.00 335.00 335.00 335.00	Jun 26.50 26.50 26.50 26.50	Jun 27.00 27.00 27.00 27.00	Jun 27.00 27.00 27.00 27.00
Jul 340.00 340.00 340.00 340.00	Jul 27.00 27.00 27.00 27.00	Jul 27.50 27.50 27.50 27.50	Jul 27.50 27.50 27.50 27.50
Aug 345.00 345.00 345.00 345.00	Aug 27.50 27.50 27.50 27.50	Aug 28.00 28.00 28.00 28.00	Aug 28.00 28.00 28.00 28.00
Sep 350.00 350.00 350.00 350.00	Sep 28.00 28.00 28.00 28.00	Sep 28.50 28.50 28.50 28.50	Sep 28.50 28.50 28.50 28.50
Oct 355.00 355.00 355.00 355.00	Oct 28.50 28.50 28.50 28.50	Oct 29.00 29.00 29.00 29.00	Oct 29.00 29.00 29.00 29.00
Nov 360.00 360.00 360.00 360.00	Nov 29.00 29.00 29.00 29.00	Nov 29.50 29.50 29.50 29.50	Nov 29.50 29.50 29.50 29.50
Dec 365.00 365.00 365.00 365.00	Dec 29.50 29.50 29.50 29.50	Dec 30.00 30.00 30.00 30.00	Dec 30.00 30.00 30.00 30.00
Est. vol. 100; vol. 100; open 100, 100, 100, 100	Est. vol. 100; vol. 100; open 100, 100, 100, 100	Est. vol. 100; vol. 100; open 100, 100, 100, 100	Est. vol. 100; vol. 100; open 100, 100, 100, 100

Homework hotline

Need to know today's homework assignment? Want to find out when the next PTA meeting is scheduled? Even if it's after school hours, many

students and parents can get such information and more just by making a phone call.

It's all thanks to new technology—that's helping many schools do a better job of serving the community. Called the InfoCom system, it's a computerized digital information exchange that lets schools set up their very own phone-in community bulletin board. New from Dictaphone, it lets educators and school officials record and provide a complete range of information on many different topics to callers within the school's community. Examples include:

Homework Hotline - a single source which parents and students can phone and confirm daily assignments. Also, a great way for students to check on homework if they are home ill.

School closings - during bad weather, parents can check on school closings and re-scheduling of daily programs and activities.

"Teacher Talk" message center - a new way for school officials to communicate with teachers, school board and other school staff. All scheduled staff events can be made available by simply phoning the system.

Activities hotline - a complete information source for parents and others in the community to check on PTA meetings, parent-teacher conferences, science fairs, fund raising activities and other school events.

Accessing the InfoCom system is as easy as calling a special phone number. Callers are greeted with a pre-recorded menu of information selections. You can select and listen to as many as you wish, simply by touching corresponding keys on your touch-tone telephone keypad. InfoCom will guide callers with simple instructions for hearing the information they need. Callers may also leave messages for teachers.

Free Demonstrations And Brochures

Educators can send for free brochures and a live demonstration of the InfoCom system by calling 1-800-343-5828.

Sanders honored at CCC

Lori Sanders of Hereford was named to the President's List at Cooke County College in Gainesville.

Wine mystique trivial

Believe it or not, there's no reason to be intimidated when choosing wine. Here are three tips to help make it easier.

On Wine:

Some of the most popular wines in the United States today are called "variety" wines. They're made from varietal wine grapes which are akin to Granny Smith or Golden Delicious apples at the grocery store. They're both apples, just different types with subtle differences in flavor.

On Grapes:

Grapes contain all the ingredients needed to make wine in one neat little package: yeast and sugar that ferment together to produce alcohol; acid to balance the naturally occurring sugar; ingredients in the skins for color, taste and flavor.

On Corkscrews:

There are three main types of corkscrews: Augers, the bad kind that tend to drill a hole down the middle without lifting the cork, or push the cork down into the bottle (they look like a wood screw: solid in the center).

Ask Dr. Lamb

DEAR DR. LAMB: For several years, I have had a hiatal hernia and esophageal reflux causing severe heartburn and indigestion. I have ulcers where my esophagus empties into the stomach. My doctor prescribed Prilosec which completely shuts down the production of stomach acid, and I am able to eat just about anything and feel somewhat normal. He only lets me take Prilosec for about six weeks at a time. In between times, I take Zantac. When I take Zantac it gives me relief but does not seem to do anything about healing the ulcers. The last time the doctor dilated my esophagus to improve my ability to swallow and ran the scope to look at my esophagus, the ulcers looked as bad if not worse than before.

I showed him a newspaper clipping concerning a tri-method of treatment for conditions similar to mine. My doctor took it very lightly and only said the patient would take Pepto-Bismol, Flagyl and an antibiotic. Would this help me?

DEAR READER: Your doctor didn't recommend it because the triple treatment is usually for ulcers in the stomach itself and the duodenum — the small intestine just outside the stomach — that are caused by, or related to, bacteria. It is helpful in many of these cases.

You have esophageal ulcers which are caused by the stomach acid that is refluxed into your lower esophagus. The better your stomach acid is controlled, the more likely these can heal. Prilosec, which is relatively new, is one of the most effective medicines to really decrease gastric acidity. Because of concern about side effects, it is usually not prescribed for longer than six-week intervals.

In addition to absolute control of gastric acidity, measures that prevent esophageal reflux are quite important. That includes having the head of the bed elevated, eliminating any excess abdominal fat you may have, not wearing anything constrict-

ing or tight around the abdomen, eating small meals and not lying down for at least two hours after eating. These are the same things that patients with hiatal hernia problems are asked to do.

Better attention to these factors related to esophageal reflux may help. I am sending you Special Report 93, Heartburn, Esophageal Spasm, Hiatal Hernia, for more information on these measures. Others who want this report can send \$3 with a long, stamped (52 cents), self-addressed envelope for it to THE HEALTH LETTER/93, P.O. Box 5537, River- ton, NJ 08077.

DEAR DR. LAMB: A friend of mine had an abortion a couple of weeks ago. She was not tested to see if she was Rh positive or Rh negative. She is 16 years old and can't have a blood type without her parents' permission. If she is Rh negative, will her future children be stillborn?

DEAR READER: It seems a little strange that she can have an abortion, but not a blood test. That makes me wonder under what circumstances the abortion occurred.

However, it is true that if a woman has an abortion, and is Rh negative, she should be treated to prevent the development of Rh-positive antibodies which could affect a future preg-

nancy. She wouldn't develop these antibodies anyway if her aborted fetus was Rh negative.

Even if she developed the antibodies, she would not have any problems with a future pregnancy with an Rh-negative baby. And if she has an Rh-positive baby much can be done to prevent serious damage to the baby. Many Rh-positive babies are born under these circumstances.

Dr. Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 5537, River- ton, NJ 08077. Although Dr. Lamb cannot reply to all letters personally, he will respond to selected questions in future columns.

Dogs can be therapeutic

If you overhear someone saying that Shriners Hospitals for Crippled Children is "going to the dogs," don't think of it in a derogatory sense. Instead, think of it as a boost to patient morale.

A number of Shriners Hospitals now have a pet therapy program that does wonders for the children, according to the staff at several hospitals.

The dogs usually work individually with children on specific goals. A child with a newly fitted prosthetic arm might need to familiarize himself with manipulating the arm. Grasping skills can be practiced by holding a brush and grooming a dog. For a child with a new prosthetic leg, balancing skills can be improved by throwing a ball to a dog while standing.

K-BOB'S STEAKHOUSE

Try one of our Daily Specials for only \$3.99

HOT STEAK SANDWICH
mashed potatoes & cream gravy

LUNCHEON STEAK
baked potato or french fries

POOR BOY FILET
baked potato or french fries

Enjoy a tossed salad with your above meal for only \$99

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364-6413

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State Farm Fire and Casualty Company
Home Office: Bloomington, Illinois

TOWER RAISING CELEBRATION

Receive 500 FREE Local Airtime Minutes when SWITCHING from another carrier to XIT Cellular.

XIT Cellular, your first choice in communications, continues To Invest In Hereford! We've Added Yet Another Tower To Serve You Better.

Receive 100 FREE local Airtime Minutes when purchasing one of the phones below! Receive a FREE CellStar Bag or Permanent Mount when signing up on the XIT Executive or Sales Call Plan.



Join us as we Celebrate another achievement with lots of Prizes & Fun!

- **Feb. 19th** - Friday - 8:00 a.m. to 6:00 p.m. LIVE Radio Remote with Captain Billy & Dee from KPAN Radio Station from 10:00 til NOON.
- **Feb. 20th** - Saturday - 8:00 a.m. to 1:00 p.m. LIVE Radio Remote with Captain Billy and Dee from KPAN Radio Station from 10:00 til NOON.
- **\$100 CASH GRAND PRIZE** to be given away at NOON on Saturday over KPAN Radio Station. Go by XIT Cellular at 1009 W. Park Ave. and sign up to win!
- **\$315 worth of other prizes** to be drawn during LIVE radio remote on Saturday from 10:00 a.m. to NOON!

Invite everyone to come by and tour our mini-cell site at our store!

XIT will have several employees on hand to help those who need one-on-one instructions on using their cellular phones!

Refreshments will be served!!!

Motorola Ultra Classic \$249

Uniden CellStar 5500 Handheld \$299

Uniden CellStar 1900 Bag \$59.95

Uniden CellStar 1900 Perm \$59.95

2 Year Contract -- Subject to XIT's Credit Approval!

(Prices GOOD on NEW NUMBER ACTIVATIONS - NOT VALID with any other XIT Promotion!)



XIT CELLULAR

364-1426

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