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Life

News about Hereford life

SPORTS

Events planned this weekend at Cowboy Country Club—Page 4
No Jordan, No Win, No Bull: Celtics edge Chicago

Inside

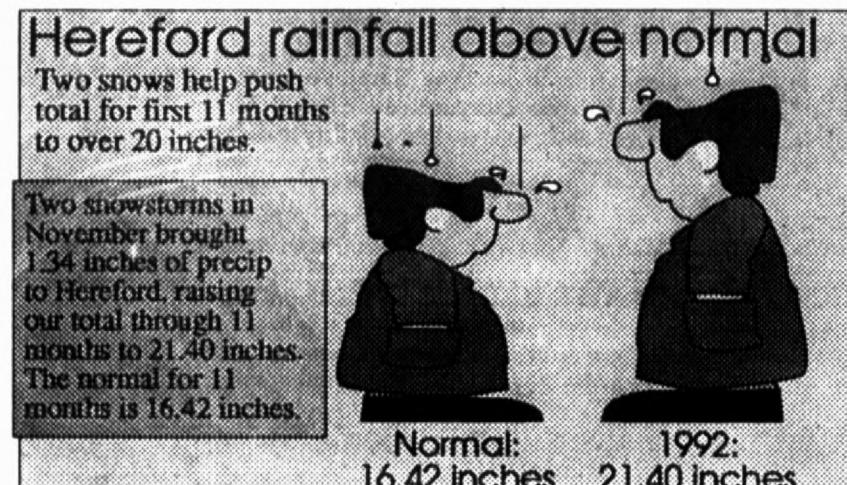
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Thursday, Dec. 3, 1992

The

Hereford Brand

Hustlin' Hereford, home of Doug Caperton



Hospital board approves plans

BY SPEEDY NIEMAN

Publisher-Editor

Deaf Smith County Hospital District directors Tuesday night authorized the taking of bids on a building and renovation program which is projected to cost up to \$1.3 million dollars.

Representatives of AC Associates, an architectural firm, presented plans for the addition and renovations at the monthly board meeting Tuesday. The plans include renovations to the OB area and the nurses' station, installing a dialysis center, and constructing an addition on land east of the hospital to house physicians' offices and a physical therapy department. A breezeway would connect the addition to the hospital.

The hospital board has been discussing renovations and the physicians' building for several months. The board had studied the possibility of buying a former doctor's clinic across the street on the north side of the hospital.

In other business at the meeting, the board approved an indigent health care proposal, adopted a peer review manual, adopted a fire, safety and disaster plan for the hospital, adopted a student sponsorship loan program (primarily for training RNs), and heard routine reports. The board held a short executive session to discuss personnel and acquisition of property.

Ron Rives, hospital administrator, presented an operations report,

Paul Fowler, financial officer, reviewed financial statements. Dr. Robert Bidwell gave the medical staff report in the absence of Dr. Jesse Perales.

The statement of revenue and expenses for October showed an operating loss of \$551,142, while the net income was \$6,686 after non-operating funds were added to the total. Two unusual expenses for October made the operating loss larger, it was explained. The hospital had to pay about \$250,000 to Medicare as final settlement on a 1989-90 cost report, and there were three payrolls in the month instead of two.

The hospital's average daily census was 10.1 for the month, or 12.1 with newborns. Increases were noted, over the previous year, in surgical procedures, outpatient visits, laboratory tests, Radiology procedures, mammographies, respiratory and physical therapy procedures, and home health visits.

Directors present for the meeting were John Perrin, chairman; Mal Manchee, Boyd Foster, Paul Abalos, Dr. Bidwell, Merle Clark and Dr. Stan Fry. A number of hospital officials attended, as well as Alan Rhodes, DSGH attorney, and Robert Morris and Mike Moss with AC Associates.



BY SPEEDY NIEMAN

That feller on Tierra Blanca Creek says money is like knowledge—the more you have, the less you need to brag.

oo

The irritated father was talking to his teenage son. "School is only three blocks away and you want to drive? What do you think you have two feet for?"

His son replied, "One for the brake and one for the gas!"

oo

Holiday events which were not mentioned in yesterday's column include the Chamber Singers' concert to be held Saturday at 7 p.m. and Sunday at 3 p.m. in St. Thomas Episcopal Church, the open house being held this week at the Cowgirl Hall of Fame, the Hereford Senior Citizens' Christmas party at 6 p.m. Saturday, and Deaf Smith General Hospital's open house from 2 to 4 p.m. Sunday. There are probably more events not on the calendar. The busy holiday season is really in full swing!

oo

Another round of winter weather is forecast for the weekend. Depending on how the forces of nature treat us, you may want to pile up some more firewood and get the tire chains and snow shovel back out. Rain and freezing rain is forecast tonight and Friday, and snow may come Saturday and Sunday!

oo

Charlie and Jo Ann Burfield of Charlie's Tire are expecting two special Christmas gifts this month—grandchildren from a son and daughter. That's a double Christmas gift that's hard to top!



BENTSEN

Bentsen in chips on post

LITTLE ROCK, Ark. (AP) — President-elect Clinton is likely to announce several members of his economic team next week, including a treasury secretary, transition officials say. Senate Finance Committee Chairman Lloyd Bentsen has emerged, at least in speculation, as a top contender.

However, Clinton has been keeping his Cabinet views to himself and a close circle of advisers.

And despite widespread reports that Bentsen is the current front-runner for treasury, a spokesman for the Texas Democrat, Jack Devore, said late Wednesday "it's just speculation."

(See BENTSEN, Page 2)

Garrison wins Bull Chip

Shirley Garrison, who has gone from a military agriculture specialist in Europe after World War II to a diverse agribusiness and financial portfolio, received the Bull Chip Award at today's "Eat Your Heart Out, Neiman-Marcus" Fun Breakfast at the Community Center.

Several Hereford merchants showcased their wares for a crowd of about 300 at the annual Christmas-season breakfast.

Garrison, born in Detroit (Texas, that is), graduated from Idalou High School. He graduated Texas Tech in 1941 and served in World War II and after the war was a military specialist in revitalizing European agriculture. He went back to the family farm near Idalou in 1948. He farmed ne Hart for a couple of years before moving to Easter in 1954.

As his farm holdings grew, he diversified his portfolio: he started Garrison Seed Company, and was an original stockholder in Southwest Feed Yard. He is now a major partner in Bar G Feedyard, and is also a partner in First State Bank in Dimmitt, its Earth branch and other holdings. He has been a trustee for McMurry University and a strong member of Hereford Senior Citizens Association. He is serving his second term as president of HSCA, and was chairman of the group's successful building fund campaign three years ago.

Garrison also played a key role in the Deaf Smith County centennial celebration in 1990.

Speedy Nieman, who presented the award, recalled a quote from Garrison in a profile by Orville Howard: "Good people make good things happen," Nieman said. "Shirley Garrison is one of the good people who have made good things happen in Hereford."

The breakfast, catered by Mary Herring and Lois Lemons, featured door prizes given away by merchants who showed their goods in the Community Center's ballroom. Participating merchants included Little's, Pants Cage, Wishes, Boots and Saddle, JCPenney Catalog Merchant, The Vogue, Brookhart's, Foster Electronics, Hereford Parts



Garrison wins Bull Chip Award

Shirley Garrison, left, received the Bull Chip Award from Brand Publisher Speedy Nieman at the Christmas Fun Breakfast today at the Community Center. Garrison was honored for his years of work in the community and his success in business.

and Supply, Merle Norman, Winn's and Cowgirl Hall of Fame.

Announcements were made about several upcoming events, including:

—Christmas lighting contest entries are being accepted by the Women's Division, with a deadline of Dec. 14 at 5 p.m.;

—Woman of the Year nominations are being accepted (eligible nominees must be members of the Women's Division);

—National Cowgirl Hall of Fame open house continues through this

weekend;

—La Madre Mia Study Club will host its Tour of Homes from 2 to 5 p.m. Sunday, with tickets available at the three homes or from club members;

—A Christmas toy program is underway at the Red Cross office;

—Hereford Chamber Singers will present concerts at 7 p.m. Saturday and 3 p.m. Sunday at St. Thomas Episcopal Church;

—Hereford Senior Citizens will host their Christmas party Saturday

at 6 p.m., and a New Year's Eve party is also planned;

—Deaf Smith General Hospital will host an open house Sunday from 2 to 4 p.m.

After drawing names of about 20

Chamber members who weren't at the breakfast, Sheri Walterscheid won \$100 in Hereford Bucks given away.

Co-emcees John Stagner and Charlie Bell led the group in songs accompanied by pianist Jan Walser, and two games were enjoyed along with a visit from one of Santa's elves.

Brand accepting holiday letters, essays

Letters to Santa and holiday essays are now being accepted by the Hereford Brand through Dec. 9.

Letters and essays may be brought to the Brand office, 313 N. Lee, or mailed to Box 673 in Hereford.

Teachers are encouraged to have their classes write letters to Santa or write essays about the holidays. This year, the Brand is opening up the idea of holiday essays to include anyone who would like to participate.

"The original idea for the holiday essays came from Pat Montgomery, a teacher for several years at Stanton Junior High and now at Hereford Junior High," said John Brooks, managing editor. "I thought we would open up the idea to everyone who wants to participate."

If you have a special holiday memory, or something funny or unique, please keep it to 200 words or less if possible. Essays should be neatly printed or typed. They will be included in the Brand's Christmas Greeting

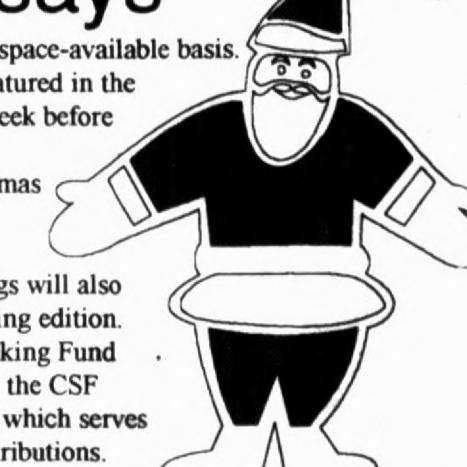
edition on Dec. 20 on a first-come, space-available basis.

The best of the essays will be featured in the Brand on Dec. 20 and during the week before Christmas.

Also underway is Project Christmas Card, a project of L'Allegria Study Club. Places for donations are all around Hereford, and those greetings will also be included in the Christmas Greeting edition.

And, the annual Christmas Stocking Fund drive is underway. Contributions to the CSF drive may be brought to the Brand, which serves as the collection point for CSF contributions.

Names of contributors are listed in the Brand.



Home Care celebrating week

Deaf Smith Home Care Service is observing National Home Health this week, according to Ron Rives, CEO of Deaf Smith General Hospital.

"DSGH has offered a home health service since 1982," Rives said. "During the past year and one-half it has become an important part of our

health care delivery system. We're proud of the fact that we can offer a continuity of care for our patients when they return home after a hospital stay."

Deaf Smith Home Care Service currently employs 15 people, according to director Cathy Kuzniar, RN. "We have one of the most satisfying jobs in the health care profession," she said. "When we go into the homes to visit our patients, we can develop a nurturing relationship that is very rewarding."

All types of patients can benefit from home care. A patient recovering from an operation or acute illness makes the transition from hospital to home more easily with home care.

Patients with chronic illnesses or disabilities can live independently at home with this home care service.

Home care is a type of health care that many patients prefer, allowing for recovery at their homes. It is often the most cost effective method of health care delivery, Kuzniar said. According to statistics from Aetna Life and Casualty Co., a patient with a neurological disorder with respiratory problems would spend \$17,783 for a

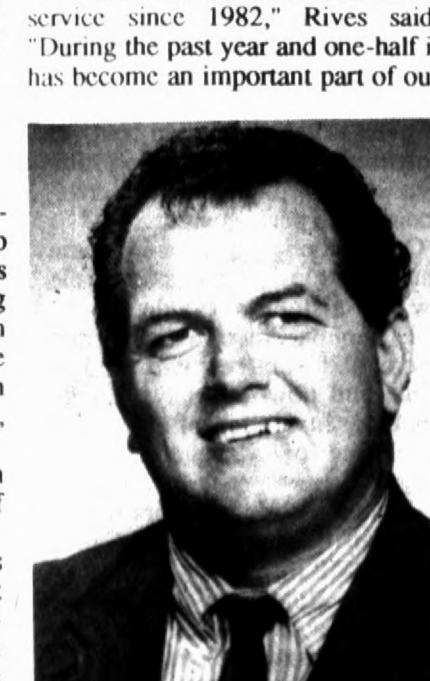
month's care in a hospital. The same patient could be cared for at home, after the initial cost of equipment, for \$196 per month.

"There are two reasons why home care is less expensive than hospital care for the same diagnosis," she said. "First, medical technology has evolved so rapidly during the last few years that much equipment has become miniaturized, portable, and less costly. Second, home care bills the patient or the insurance company only for items directly related to the treatment of that specific illness."

Home health care is prescribed by the patient's attending physician, Kuzniar said.

"Our staff works with the physician and with the family to develop a plan of care for the patient," she said.

Anyone who wishes more information about Deaf Smith Home Health Service should call Kuzniar at 364-2344.



RIVES

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Page Two

Local Roundup

Storms coming tonight, weekend

Tonight, cloudy with a 40 percent chance of freezing rain late. Low in the lower 20s. North to northeast wind 15 to 20 mph and gusty.

Friday, cloudy and much colder with freezing rain likely, possibly mixed with sleet or snow. High in the middle 20s. Northeast wind 10 to 20 mph and gusty. The chance of precipitation is 70 percent.

The extended forecast: Friday night, cloudy with snow north and freezing rain or sleet south. Lows in the teens north to lower 20s south. Saturday, cloudy with a chance of snow north and freezing rain or sleet changing to snow south. Highs 20s north to lower 30s south. Sunday through Monday, partly to mostly cloudy and continued cold. Lows in the teens. Highs in the 30s.

This morning's low at KPAN was 36 after a high Wednesday of 47.

Four arrested Wednesday

Four persons were arrested Wednesday by Deaf Smith County sheriff's deputies: three men, ages 24, 29 and 32, for violation of probation; and a man, 22, on a jail commitment for driving while intoxicated.

Deputies are working on reports of forgery and an attempted burglary.

Hereford police fielded several reports Wednesday, including four girls who were caught after a brief chase by officers and charged with truancy for skipping school; a civil standby in the 100 block of Ave. H; assault in the 1300 block of E. First; domestic disturbance in the 100 block of Beach; disorderly conduct by fighting at Hereford Junior High; and gunshots reported in the 700 block of E. Third.

Police issued four tickets Wednesday.

CTA hosting Santa breakfast

Hereford chapter of Texas Classroom Teachers Association will host Breakfast with Santa from 8:30 to 10:30 a.m. Saturday at the Hereford High School cafeteria.

Breakfast, which will consist of sausage, juice and a cinnamon roll, is \$1.50. Polaroid pictures of your child with Santa can be taken for an additional \$2. All proceeds benefit local CTA activities.

Keywanettes plan blood drive

Hereford Keywanettes will host a blood drive Monday from 2:30 to 7 p.m. at the Hereford High School auditorium.

The Panhandle's blood supply is low because Coffee Memorial Blood Center has not been able to hold several scheduled drives because of inclement weather across the area. All eligible persons interested in keeping a safe, reliable blood supply for the Panhandle are urged to give blood Monday.

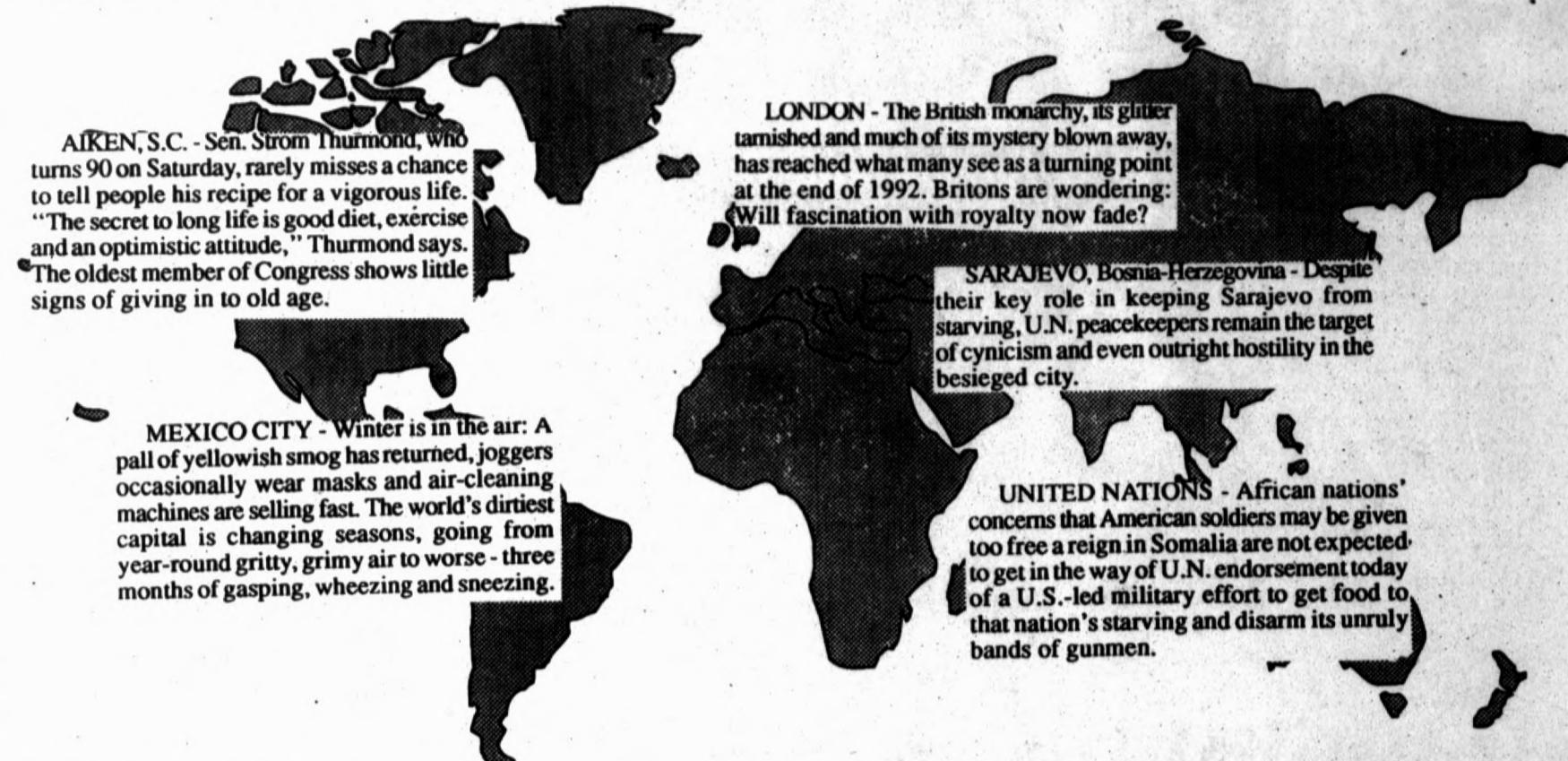
Recycling collection canceled

Hereford's next recyclable collection day will be in January, since forecasts are calling for very inclement weather on Saturday.

EnCoRe members urge everyone to save their recyclable goods for the collection day planned in January.

News digest

ACROSS THE USA - New food labels will help shoppers compare brands of cereal or cookies or bologna for things like fat and fiber. But they won't take the place of nutritional good sense.



Jackson to Clinton: Don't

WASHINGTON (AP) - If Andrew Jackson could give advice to Bill Clinton about inviting common folk to the White House for an inauguration bash, it might be this: Don't.

And lock up the good china.

And haul out the spittoons.

Jackson's White House party in 1829 was a disaster. The guests trashed the place.

Clinton, with his plans to open the White House to anyone who shows up at the door on Jan. 21, is following in the grand tradition of Jackson, the Tennessean who was the first man to run as the candidate of the common people.

At least that's the vision Democratic Party bigwigs have.

"This will be an inaugural that is put together and meant for the inauguration of a new president, of Bill Clinton, that will clearly connect with his personality," is how Democratic National Chairman Ronald Brown described the howdy-neighbor event-to-be. "Part of this combination of dignity and accessibility is certainly a key part of that signal and that message."

Funny, but that's what Jackson - "Old Hickory" to his admirers - sought as well.

"Washington had never held such crowds as assembled there on 4 March 1829 to see the people's champion installed," wrote historians Samuel Eliot Morison and Henry Steele Commager in "The Growth of the American Republic."

He took the oath, pushed through "the shouting masses" with difficulty and rode his horse to the White House "at the head of an informal procession of carriages, farm wagons, people of all ages, colors and conditions."

Because Jackson was the head of a democracy, he couldn't discriminate among invitees and "the White House was invaded by a throng of men, women and boys who stood on chairs in their muddy boots, fought for the refreshments, and trod glass and porcelain underfoot."

There was more. The guests broke furniture and spat tobacco juice in the corners.

What Jackson thought of all this is unrecorded, but he left the White House through a back window long before the party was over to return to Gadsby's. The crowd in the executive mansion finally was "drawn off like flies to honey," the historians write, "by tubs of punch being placed on the lawn."

Nobody expects a repeat at the Clinton open house on the day after the inauguration. For starters, the White House now has a fence around it and a security system sophisticated enough to pooh any party.

Jackson was the first president to invite the masses, but he wasn't the last. Theodore Roosevelt had a post-inauguration party. So did William Howard Taft. And George Bush opened the doors to inauguration revelers, some still in tuxedos from parties the night before. He and wife Barbara greeted the visitors, saying "We just wanted to wish you well and welcome you to the people's house."

Monarchy on shaky ground

LONDON (AP) - The British monarchy, its glitter tarnished and much of its mystery gone, has reached what many see as a turning point.

Queen Elizabeth II's decision to pay taxes mollified many critics of royal opulence, but has fueled debate about what kind of monarchy King Charles III will inherit one day.

"The standing of the queen and the monarchy reflects our own self-esteem," Foreign Secretary Douglas Hurd commented as this year the queen described as "horrible" draws to a close.

"This is not some trifling toy which can be tossed about in public controversy as if damaging it did no harm," he warned.

The government announced Nov. 26 that the queen's children, sister and aunt will be cut from the public payroll and that the queen will start paying taxes after a break of 80 years.

This followed a startling appeal for compassion by the 66-year-old monarch after the toughest year in her four-decade reign:

Her daughter Princess Anne was divorced; the marriage of her heir, Prince Charles, and Princess Diana was raked over endlessly in the newspapers as a loveless sham; and her second son, Prince Andrew, separated from his wife, the former Sarah Ferguson.

All this was accompanied by frenzied coverage by tabloid newspapers - whose lifeblood is royal doings. The year's most damaging royal pictures, showing "Fergie" frolicking topless with an American businessman, rocketed newspaper sales.

Bentsen met here with Clinton last week, further fueling speculation he might be tapped for the important Cabinet post.

Asked if Bentsen wants to be treasury secretary, his spokesman, Devore, said: "Senator Bentsen is not the kind of person who would publicly reject a job that hadn't been offered to him."

Former Federal Reserve Chairman Paul Volcker, earlier mentioned as a possible candidate for treasury, is believed to have fallen out of contention because of opposition from some prominent Democrats, according to party sources.

Others believed to be in the running for top economic posts in the new administration include:

-Economist Alice Rivlin, former director of the Congressional Budget Office and now an analyst at the Brookings Institution, as director of the Office of Management and Budget.

-House Budget Committee Chairman Leon Panetta, D-Calif., also as OMB director.

-Robert Rubin, co-chairman of Goldman, Sachs & Co., a New York banking investment firm, for a top post, perhaps treasury.

-Harvard economist Robert Reich, the economic director of Clinton's

sixty-seven percent of 1,003 people questioned in an ICM poll for the Daily Express said paying taxes will improve the monarchy's standing.

But some fear that Elizabeth is being pushed down a slippery slope that will end with a monarchy so casual that the queen pedals by on a bicycle, as does the Dutch monarch.

Others think her efforts are too late.

"Without its magical qualities, the royal family ceases to function as it did," said Colin Brown, political columnist for The Independent newspaper. "The queen in her glittering 40th anniversary portrait suddenly looks no more than a pensioner in fine clothes."

Three years of recession have soured Britons' taste for royal opulence.

TDA urges end of Mexico tariffs

AUSTIN (AP) - The Texas agriculture commissioner, urging the federal government to seek an end to Mexico's recently imposed tariffs on imports of U.S. beef and live cattle, says the duties hurt the state's cattle industry.

Agriculture Commissioner Rick Perry, in letters to U.S. Trade Representative Carla Hills and Agriculture Secretary Edward Madigan, said the action "is imperative."

He urged the officials to "continue to keep this issue at the top of your priorities and strive to resolve (it) as soon as possible."

Mexico is one of Texas' best foreign customers for beef. Perry said he fears that in the long term, tariffs could represent potential problems for the state's cattle and beef industry.

Hospital Notes

PATIENTS IN HOSPITAL
Felipe Cruz, Leta Cursinger, Doris Hargrove, Vanesa Kelley and infant girl, Jonathan Garcia, Brittany Gavina, Adelita Lira, V.J. Owens, Eva Rubio and infant boy, Melissa Sanchez, Hilda Strafuss, Beatrice Tovar, Larry Wade, Pat Webb, Eunice West.

THE HEREFORD BRAND

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O.G. Nieman
John Brooks
Mauri Montgomery
Charles Brownlow

Managing Editor
Adv. Mgr.
Circulation Mgr.

Hold it steady, coach!

Don Cumpton balances a quarter on his forehead as he gets ready for the signal to try to let the quarter slide into the funnel he has stuck in his pants. The game was played this morning at the Christmas Fun Breakfast at the Community Center. The game turned out to be a gag: Jerry Warren, who was on the stage as a contestant with Cumpton and David Wagner, had water poured down the funnel by co-emcee (and business competitor) John Stagner.

BENTSEN

Even so, there are clear signs that Clinton is about to name his top economic lieutenants.

He is expected to have most of the team in place before the Dec. 14-15 economic conference here at which he will sound out dozens of prominent business leaders and economists.

Clinton is likely to begin filling his economic team first to underscore his campaign promise to focus on the economy, said a longtime aide who works on the transition team.

"Don't be surprised to see a group named all at once next week. What better way to make a point," said the aide, who spoke on condition of anonymity.

Clinton communications director George Stephanopoulos said Wednesday that the president-elect might announce his first Cabinet appointees "sometime next week."

"I can't swear to any particular order, but we do think he's fairly far along in the economic (area) and he has been addressing all of the other Cabinet issues as well," Stephanopoulos said.

Specifically on the job of treasury secretary, Stephanopoulos said, "He will make that decision soon and announce it when he's ready."

Bentsen met here with Clinton last week, further fueling speculation he might be tapped for the important Cabinet post.

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-House Budget Committee Chairman Leon Panetta, D-Calif., also as OMB director.

-Robert Rubin, co-chairman of Goldman, Sachs & Co., a New York banking investment firm, for a top post, perhaps treasury.

-Harvard economist Robert Reich, the economic director of Clinton's

transition, as either chairman of the Council of Economic Advisers or for the proposed new post of economic security adviser.

-Lawrence Summers, who has taken a leave of absence as chief economist at the World Bank and is helping in the transition, possibly as Council of Economic Advisers chairman.

-John Young, who recently stepped down as chairman of Hewlett-Packard Corp., as commerce secretary.

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Life!

Christmas trees in ample supply this holiday season

The recent quarantine of 42 counties in six northern states should make little difference in the Texas Christmas tree market this year. Retail lots and choose-and-cut farms will be decked out this year with plenty of Christmas trees at 1991 prices, said a forester with the Texas Agricultural Extension Service.

"There are an estimated three million fresh trees sold in Texas each year," said Alan Dreesen of Conroe. These include the Scotch pine, and Frazier, Douglas and Noble firs from the northern states, and the Virginia and Afghan pines from Texas.

The U.S. Department of Agriculture recently announced a quarantine restricting the movement of pine products, including Christmas trees from counties in Pennsylvania, Ohio, Indiana, Illinois and Michigan to prevent the spread of the pine shoot beetle.

"Only about 5 percent of our retail trees are shipped from that area, so it should affect supply and price very little," he said.

A flood of trees from northern wholesalers had been anticipated. The quarantine is expected to thin tree numbers slightly.

"A lot of people got into the business there five to eight years ago, and these trees are just now hitting the market," said Dr. Michael Walterscheidt, Extension forester. Retail prices should average \$4 to \$6 per foot, he said.

Even though most of the fresh trees

sold in Texas come from northern wholesalers, there are still more than 150 farms scattered from Lubbock to Orange and from Texarkana to Mission that grow fresh trees every year.

Even though most of the fresh trees sold in Texas come from northern wholesalers, there are still more than 150 farms scattered from Lubbock to Orange and from Texarkana to Mission that grow fresh trees every year.

"There will be about 400,000 Texas-grown Christmas trees sold through choose-and-cut farms and on city retail lots this year," Dreesen said. The estimated economic impact of those trees is about \$10 million.

"Texas-grown trees should be the best ever this year," he said. "Most of the growers have had two good years of moisture and the trees are very lush," he said. Prices should remain at last year's levels of \$4 to \$5 per foot.

Buying trees from city lots offers the advantage of convenience and often, a greater variety of species. Local tree farms may grow only one or two kinds of trees, Dreesen said.

"Choose-and-cut farms offer a unique opportunity to go out in the woods, select a fresh tree, cut it yourself in many instances, and carry it home," he said.

"Many farms also offer hay rides, petting zoos, hot drinks, food and picnic areas for families or friends who want to escape four walls and traffic," he said.

Fresh-grown trees offer a variety of advantages over artificial trees, including their contribution to the environment, he said.

"Because people buy them, growers plant and nurture them," he said. About 800,000 trees are planted annually. During the four to five years it takes to reach maturity, the trees improve air quality, removing carbon dioxide and releasing oxygen.

"Both ends of the process are beneficial to us," he said.

Real trees also provide shelter and homes for songbirds and other wildlife.

After Christmas, they're recycled as shelters along fence lines, as shoreline dune stabilizers, and as mulch in landscapes.

When purchasing a tree from a retail lot, buyers should bend a few needles to check for freshness. "If it bends but doesn't break, it's fresh," Walterscheidt said.

Any tree, whether bought from a lot or from a farm, should be stored with the base in a container of water until it's time to trim it with decorations, he said.

Make a fresh cut of 1/2 to 1 inch off the bottom of the trunk before putting the tree in the home. This helps the tree absorb water.



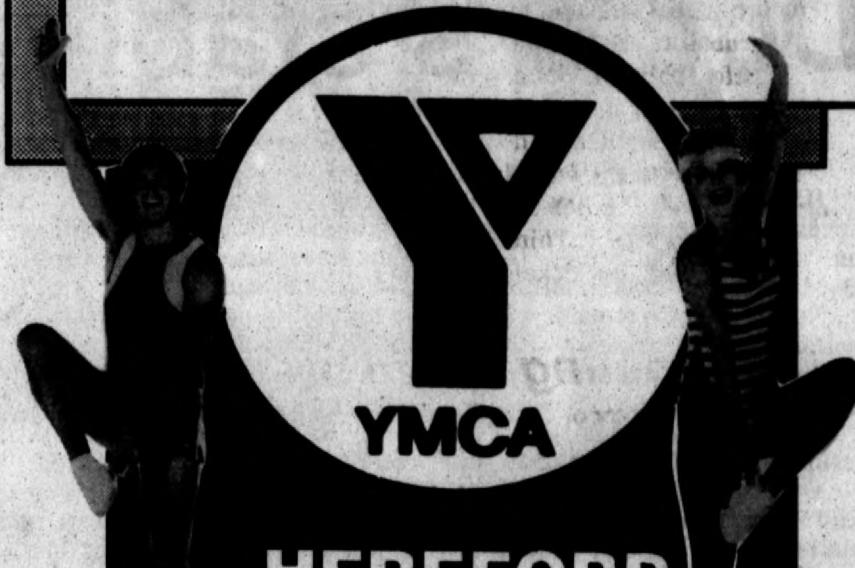
Induction ceremony held

The Texas-Oklahoma Division 33 and Division 6 of Kiwanis International recently hosted a council and dinner meeting in Amarillo honoring District Texas-Oklahoma Governor Charles Parker of Fort Worth, at left. During the new member induction service, the governor inducted David Euler, at right, into the Hereford Whiteface Kiwanis Club. He was sponsored for membership by George Ochs, center.



The first patent for artificial teeth was issued to Charles Graham of New York City in 1822.

GIVE THE GIFT OF HEALTH GIVE A YMCA MEMBERSHIP



HEREFORD

YMCA

Purpose and Mission

Since our inception in 1976, The Hereford YMCA has been dedicated to providing programs and services to the people of Hereford. It is the goal of our Association to develop Christian character and to aid in building a Christian Society through activities and growth. We believe people should become better people because they have come in contact with the Hereford YMCA.

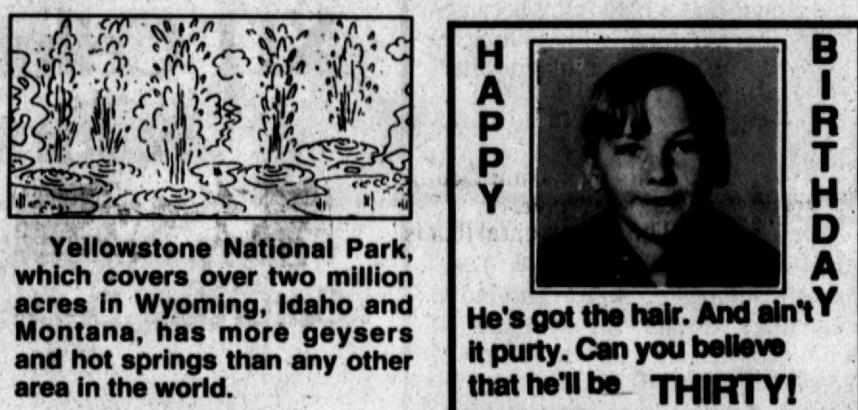
User of all YMCA facilities - Reduced rates available for \$1.00 per hour, \$5.00 per month, \$50.00 per year. Reduced adult program fees available. Fitness Evaluations and exercise prescriptions.

CORPORATE MEMBERSHIP RATES

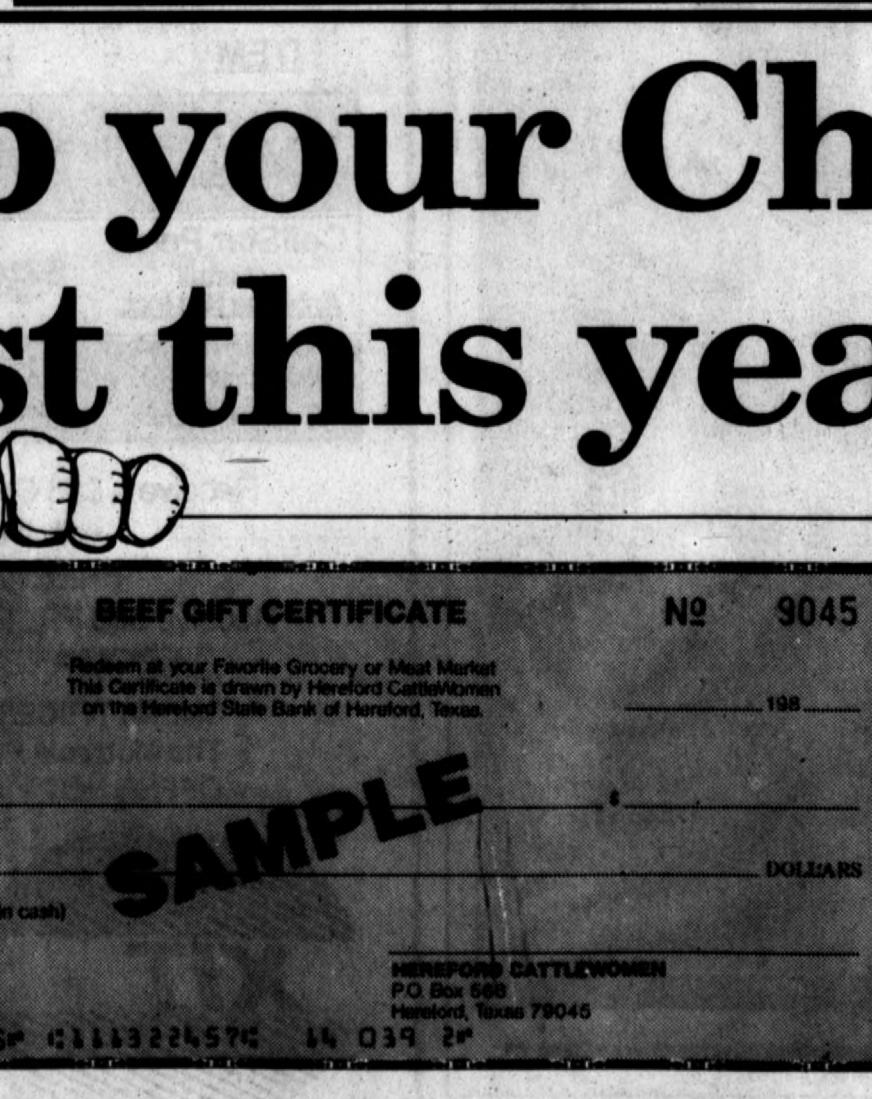
Adopted Nov. 26th, 1991.

Monthly Bank Draft

Per Month	Annual	Advance Annual
Youth Memberships: 3 mon.	Cost	Payment
Ages 13 & under	\$6.25	\$25.00
Ages 14 to 17	\$8.00	\$96.00
Single Adult	\$15.25	\$185.00
Single Parent	\$18.60	\$224.00
Family	\$21.00	\$252.00
		\$228.00



**The Hereford Gun Club
will be hosting
a turkey shoot
Dec 6th
beginning at
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SPORTS

Few Panhandle teams left in football playoffs

The number of Panhandle football teams which are still alive in the playoffs is dwindling. The Panhandle has no representatives in Class 5A Division I or in Class 3A.

Amarillo High remains alive in 5A Division II, but not for long, according to the Harris Rating System. The Sandies (12-1) will be 20-point underdogs to Odessa Permian (11-1) when they meet at 1 p.m. Saturday at Jones Stadium in Lubbock. Amarillo's only loss this year is to Permian, 26-14 early in the season.

Sudan and Hart meet in an all-Panhandle grudge match in a Class A quarterfinal at 7:30 p.m. Friday in Levelland. Both are members of District 2-1A. Sudan won the first meeting 35-0, but Sudan (11-2) is picked by only six points this time over Hart (12-1).

In Class 4A, Lubbock Estacado carries the Panhandle banner into the quarterfinals against Stephenville, the team that beat Plainview last week. Estacado (8-4-1) will be a nine-point favorite against Stephenville (10-3) at 2 p.m. Saturday in San Angelo.

Springlake-Earth is the only other Panhandle team still alive. They meet Goldthwaite (12-1) at 7:30 p.m. Friday in Snyder. S-E (12-1) is a seven-point underdog.

Big events on tap at Cowboy Country Club

It's going to be a busy weekend at the Cowboy Country Club. The rodeo arena in central Deaf Smith County will host two big events: a PBRA barrel race Friday and a team roping Saturday and Sunday.

Organizers of the roping expect 400 teams to compete for the five saddles that will be awarded to winners, and other prizes include belt buckles and money. The ropings will be No. 6 and No. 8 on Saturday and No. 10 and No. 12 on Sunday. Both will be four-head progressive on two. Ropers must have a USTRC number to rope. Stock will be furnished by Flash Roping Productions.

The roping starts at 9 a.m. and goes all day on both Saturday and Sunday. For more information, call Barry Smith at 276-5532 or 364-

7625, or call the B-bar-S arena at 289-5953.

Friday's barrel racing is a Panhandle Barrel Racers Association event, but anybody can race. The racing starts at 7 p.m. Friday.

Admission is free for these events. To get to the Cowboy Country Club, go six miles west of Hereford on FM 1058, then go 2.5 miles north on FM 1057.

In addition to the weekend's big events, the Cowboy Country Club is open every week for those who want to polish their skills.

Every Wednesday, there's an exhibition of barrel racing and pole bending, and people can come out and work their horses.

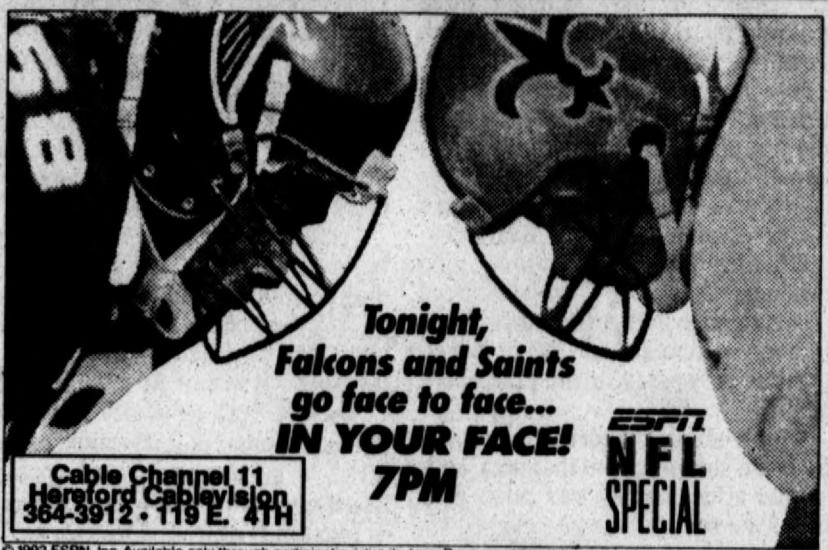
Every Thursday, ropers can practice. There's a limited amount of livestock, so anyone who wants to

rope must call Susan Barrett at 364-5940, Becky Smith at 364-7625 or the arena at 289-5953.

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Doctors stabilize Byrd's spine

By BARRY WILNER

AP Sports Writer

HEMPSTEAD, N.Y. (AP) - After seven hours of surgery and a dose of an investigational drug, Dennis Byrd's spine has been stabilized.

Now Byrd, who remains without motion below his waist, begins the long rehabilitation after suffering a broken neck.

"He has an incomplete spinal cord lesion," Dr. Elliott Hershman, the New York Jets' team orthopedist, said Wednesday. "He has sensation, but no motor function in the lower extremities. The prognosis is somewhat better for patients with an incomplete lesion. That's not to say all people with incomplete lesions heal."

Byrd's surgery, performed by six doctors at Lenox Hill Hospital in New York, was successful in that "the goal was to stabilize the spine, and that was achieved," said Hershman.

After removal of disc material in the region of the break, a piece of bone from the pelvis and two plates with nine screws were inserted into the neck to stabilize the area, Hershman said.

The defensive lineman, injured in a collision with teammate Scott Mersereau last Sunday against Kansas City, has use of his deltoid muscles and his biceps. His right triceps are "fairly functional, but his left are not," Hershman said.

Byrd, 26, has right wrist function, but none in his left wrist. He has no finger flexion in either hand.

"He can bring his arms from side to side, forward and back," Hershman said.

Will he ever walk again?

him Monday and Tuesday. Several held impromptu prayer sessions with Dennis and Angela, who is pregnant with their second child.

But the NFL schedule goes on, so the Jets returned to practice on Wednesday.

"It's without a doubt very hard to try to separate what happened, a tragedy to a great teammate and a great friend of mine," Mersereau said. "But I went to see Dennis and felt great after I saw him. He was very positive in everything he said and in his whole attitude. It was great to see him like that."

"We have to draw strength from him, and that's what I'm doing."

For the next 48-72 hours, Byrd will be watched for signs of infection and monitored for blood clots because he has been immobile for so long. Byrd will begin rehabilitation after

Pressure Play

PONTE VEDRA, Fla. (AP) - Playing on the Senior PGA Tour hasn't changed Lee Trevino's legendary ability for winning a tournament in a close pressure-packed finish.

He was asked about that after a number of scrambling victories on the 1992 Tour.

"I didn't think I hit the ball anywhere as well as I did in 1990," Trevino said. "But what I did was to make the crucial chip, second shot or putt when I had to have it to win.

Maybe I wasn't stroking the ball as well but I won a lot and that's the bottom line."

None of Byrd's teammates is losing faith.

"The most inspirational thing all is how Dennis is handling it," quarterback Browning Nagle said.

"The positive feedback from him has been just amazing."

Many of Byrd's teammates visited

that and should be released from Lenox Hill within two weeks. He then would go to a rehab center for several months.



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Bird-less Boston beats Jordan-less Bulls

By The Associated Press

The Boston Celtics, still learning how to play without Larry Bird, gave the Chicago Bulls a lesson in life without Michael Jordan.

With Jordan nursing a sprained left foot, the Bulls had no answer for a second-half rally by the Celtics. Boston's 101-96 victory Wednesday night was Chicago's fourth straight defeat with Jordan on the sidelines over a span of seven seasons.

"We would like to prove to ourselves we can play without Michael," said Scottie Pippen, who missed two-thirds of his 21 shots.

The Celtics, after Bird's retirement, got off to a 2-8 start, their worst in 14 seasons, and are 6-9 now after winning four of five.

Ironically, Bird was at Boston

Garden to attend his first Celtics game of the season. He saw Reggie Lewis, who has struggled as the successor to Bird as the go-to guy, wind up with 32 points, seven assists and four steals - all season highs - and turned the game around with 8-for-9 shooting in the third quarter.

Boston trailed 51-44 at halftime before Lewis scored 16 points in the period. The Celtics outscored Chicago 34-19 in the period for a 78-70 lead.

"It's great to win the game with Larry in the stands for the first time," Lewis said.

"They really utilized him in the third quarter," Pippen said of Lewis. "He really got me fatigued."

Horace Grant led the Bulls with 20

points, Pippen added 18 and Bill Cartwright 17. Robert Parish scored 17 points and Xavier McDaniel had 16 points and 12 rebounds for Boston.

Hornets 111, Warriors 110

Charlotte handed Golden State its fifth loss in six home games behind Larry Johnson's career-high 36 points, which included 18 free throws in 19 attempts and his go-ahead jumper with 1:04 left.

Johnson hit 18 straight free throws before missing his 19th, depriving him of a chance to tie the NBA record of 19 free throws made in one game without a miss.

Trailing 108-105 with 1:40 to play, Johnson scored four straight points, giving Charlotte a 109-108 lead with 1:04 remaining.

Bucks 100, Heat 97

Milwaukee matched Portland with the best record in the NBA at 10-3 as Frank Brickowski had 23 points and 10 rebounds against visiting Miami.

Blue Edwards scored 20 points and Anthony Avent 18 for the Bucks, who won their fourth straight game and now lead second-place Chicago by one game in the Central Division.

With the game tied 95-95, Avent took a pass from Brickowski, made a reverse layup, was fouled and completed a three-point play that put Milwaukee ahead by three with 1:03 left.

Blazers 112, Pacers 103

Reserve forward Cliff Robinson scored a career-high 31 points, rallying Portland from a 16-point

deficit to victory at Indiana.

The Blazers outscored the Pacers 18-6 in the first 5:19 of the fourth period to pull ahead 95-86.

Portland rallied despite having only one starter, point guard Terry Porter, on the floor in a three-guard alignment. Porter, who scored 21 points, gave the Blazers the lead for good at 81-80 on a drive with 10:39 left.

Nets 122, Hawks 115

New Jersey took advantage of Kevin Willis' ejection with two technicals to win at home against Atlanta.

Derrick Coleman led the Nets with 21 points, while Drazen Petrovic had 20. Chris Morris' 19 points included a basket from midcourt at the

halftime buzzer, highlighting a 20-5 spurt spanning the first and second halves.

The loss was only the second in seven games for the Hawks, who played the final 26 minutes without Willis, their leading rebounder and No. 2 scorer.

Spurs 98, 76ers 82

David Robinson had 27 points and a season-high 21 rebounds as San Antonio handed Philadelphia its fifth consecutive loss.

Antoine Carr had a season-high 25 points for the Spurs.

The Spurs led by nine at the start of the fourth quarter and scored the first eight points of the period for a 78-61 lead. San Antonio built its margin to 93-76 on a 3-pointer by Robinson with 3:45 to play.

Georgetown's Harrington excels in college debut

By The Associated Press

Jamal Mashburn already was well known before the college basketball season began. At this rate, Othella Harrington's name may soon begin making the rounds, too.

Mashburn, a pre-season All-America, got off to a slow start Wednesday night as he was held without a point or rebound in the first half of No. 5 Kentucky's 81-65 victory over Wright State. He finished with just 10 points and four rebounds.

"Publicity has its positives and negatives," said Mashburn, a 6-foot-8 junior forward. "Tonight I'm up on everybody's chalk board."

Harrington, meanwhile, scored 20 points in his first college game as No. 14 Georgetown routed St. Leo 88-49.

Harrington, a 6-10 freshman center, is projected as Georgetown's next dominating big man, a role previously held by Alonzo Mourning, Dikembe Mutombo and Patrick Ewing.

But college basketball's biggest player Wednesday night was Robert Shepherd. The smallest player on the court at 6-1, he sparked Arkansas all over for an 81-76 win against No. 8 Memphis State.

Shepherd scored inside on offensive rebounds, popped outside for a key 3-pointer and made five steals in helping Arkansas rally from a 20-point deficit in the first half.

"He went in there a few times with the big guys and not only got the rebound but stuck the ball back in the hole," Arkansas coach Nolan Richardson said.

In the other game involving ranked teams, No. 11 Florida State beat No. 19 Massachusetts 67-64.

No. 5 Kentucky 81, Wright State 65

Even without much from Mashburn, Kentucky had plenty to win at home in a season opener.

Jeff Brassow, Travis Ford and Mashburn made consecutive 3-pointers during a late 13-1 run as the Wildcats expanded a 66-61 edge.

Ford and freshman Rodrick Rhodes each scored 16 points for the Wildcats. Bill Edwards had 18 for Wright State.

Arkansas 81, No. 8 Memphis State 76

Arkansas trailed 46-26 with 3 1/2 minutes left in the first half before beginning its comeback in the first game of the season for both teams.

The host Razorbacks took the lead at 50-49 when Shepherd scored on a rebound basket, capping a 15-0 run. Corey Beck, who played prep ball in Memphis, made two foul shots with 29 seconds left, putting Arkansas ahead 79-76.

Anfernee Hardaway, who led Memphis State with 27 points, missed a 3-pointer and Shepherd rebounded. That led to two free throws by Roger Crawford.

No. 11 Florida State 67, No. 19 Massachusetts 64

Doug Edwards scored 19 points, and his two free throws with eight seconds left helped Florida State hold off Massachusetts at home.

The Seminoles (3-2) took the lead for good with 2:11 left when Edwards' tip-in made it 64-62 lead. The Minutemen, playing their first game of the season, got within 65-64 with 1:04 left on Derek Kellogg's two foul shots, but missed a 3-point try in the final seconds.

Louis Roe had 19 points and 14 rebounds for Massachusetts.

No. 14 Georgetown 88, St. Leo 49

Duane Spencer, another 6-10 freshman at Georgetown, had 10 rebounds as the Hoyas romped at home.

Georgetown is 14-0 overall against Division II St. Leo. The Hoyas have won the last 12 meetings by an average of 39 points.

Robert Churchwell's 3-pointer with 13:37 left in the first half ignited a 25-2 run by Georgetown. St. Leo (0-2) missed 16 of its first 19 field goal attempts, then shot about 40 percent the rest of the way. Craig Calhoun led the Monarchs with 16 points.

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11-0 Tide still must prove itself against Florida

By RICK WARNER
AP Football Writer

After Ty Cobb won the American League batting title in 1913, Shoeless Joe Jackson lamented: "What a hell of a league this is. I hit .408, .395 and .373 the last three years and I ain't won nothin' yet."

Alabama coach Gene Stallings must feel the same way heading into Saturday's inaugural Southeastern Conference championship game in Birmingham.

Although the Crimson Tide has won 21 straight, including an 8-0

SEC record this season, Stallings' team won't even win the league title unless it beats No. 12 Florida in Division I-A's first playoff game.

A victory would send second-ranked Tide to the Sugar Bowl for a national championship showdown against No. 1 Miami. A loss would put them in the far-less-glamorous Citrus Bowl against No. 15 Ohio State.

The SEC created the playoff after expansion forced the league to split into two six-team divisions. Alabama won the West, while Florida (8-3

overall, 6-2 SEC) won the East.

As their records indicate, Alabama is the better team. Led by a smothering defense that leads the nation in every major category, the Tide has rolled over its first 11 opponents by an average margin of 20 points.

Florida, meanwhile, is coming off a 45-24 loss to third-ranked Florida State. The Gators also were beaten handily by Tennessee and Mississippi State early in the season before going on a seven-game winning streak.

Florida has a potent offense that features quarterback Shane Matthews

and running back Errict Rhett. Matthews has set 45 school records and 13 SEC marks, while Rhett is the third-leading rusher in Florida history.

But they will be facing an Alabama defense that is giving up just eight points and 183 yards per game, including a miserly 57 on the ground. Mississippi State, which lost to Alabama 30-21, is the only team to score more than 11 points against the

Tide.

Alabama has too much at stake and too much talent to lose to Florida, which handed the Tide its last defeat, 35-0 at Gainesville early last season.

The Tide is favored by 10 1/2 points ... ALABAMA 28-10.
No. 11 Nebraska (minus 28) vs. Kansas St. at Tokyo

Cornhuskers win Big Eight title and Orange Bowl berth ... NEBRASKA 42-10.

Army (minus 4 1/2) vs. Navy at Philadelphia

Tradition is great, teams are not ... ARMY 28-24.

Pittsburgh (plus 16) at Hawaii

Rainbow Warriors heading to Holiday Bowl ... HAWAII 38-24.

Last week: 8-1 (straight); 6-3 (spread).
Season: 173-52 (straight); 105-99 (spread).

'Noles' Jones heads Lombardi list

HOUSTON (AP) - Florida State linebacker Marvin Jones is among four nominees for the Lombardi Award to be presented tonight to the nation's top collegiate linemen.

Jones was a finalist for the award last year, but lost out to Steve Emtman of Washington. He is joined in contention for the 1992 award by center Mike Compton of West Virginia, defensive end Eric Curry of Alabama and offensive tackle Lincoln Kennedy of Washington.

Jones, who contributed 111 tackles to the No. 3 ranked Florida State defense this season, also led the team with 21 "knock 'em backs," 14 pressures and 21 intimidations.

Once the Lombardi voters' decision is announced, Jones must decide whether he will returning to college for his senior year or turn pro.

"It's the toughest decision I've

ever had to make and I haven't even given it a lot of thought yet," Jones said. "It's such a complex thing. Either way you choose could be wrong."

"I'm just going to wait until the season is over and then sit down and weigh everything."

Curry, 6-6, 265, is a leader on the Tide's top ranked defense that has helped Alabama to an unbeaten 11-0 record going into their SEC title game against Florida.

Compton, at 6-7, 300, is impressive-looking as an athlete but he has other statistics just as impressive. He was an honor roll student with a 4.0 grade point average last spring and he's helped West Virginia rank among the top rushing teams in the nation.

Kennedy, 6-7, 325, is the biggest of the four finalists. He's allowed two

sacks in his entire Washington career.

Previous Lombardi winners are: Jim Stillwagon, Ohio State, 1970; Walt Patulski, Notre Dame, 1971; Rich Glover, Nebraska, 1972; John Hicks, Ohio State, 1973; Randy White, Maryland, 1974; Lee Roy Selmon, Oklahoma, 1975; Wilson Whitley, Houston, 1976; Ross Browner, Notre Dame, 1977.

Bruce Clark, Penn State, 1978; Brad Budde, Southern California, 1979; Hugh Green, Pittsburgh, 1980; Kenneth Sims, Texas, 1981; Dave Rimington, Nebraska, 1982; Dean Steinkuhler, Nebraska, 1983; Tony Degrade, Texas, 1984; Tony Casillas, Oklahoma, 1985; Cornelius Bennett, Alabama, 1986; Chris Spielman, Ohio State, 1987; Tracy Rocker, Auburn, 1988; Percy Snow, Michigan State, 1989; Chris Zorich, Notre Dame, 1990.

Alpine will empty for game

ALPINE, Texas (AP) - The last person leaving town will have to turn out the lights as fans of the Alpine High School Fighting Bucks football team leave for San Angelo and a classic David vs. Goliath showdown.

Alpine's team, ranked No. 7 in Class AAA, will face top-ranked Southlake Carroll (13-0) at San Angelo on Friday night.

It's the first time that the Bucks (13-0) have stretched their season into December in nearly 20 years and it has residents of Alpine doing some unusual things.

"They had a wedding here Saturday," says Ray Hendryx, owner of KALP-FM and KVLF-AM, the town's only radio stations and the home of Fighting' Buck football.

"A big event. A lot of people were upset the game was the same day as the wedding," Hendryx said. "I was told there was a half-dozen people with their ear to the radio in church."

The big broadcast was Alpine's 29-22 regional semifinal victory over Graham last Saturday in Big Spring.

Alpine High School, with an enrollment of 294, will face an uphill struggle against Southlake Carroll, a Fort Worth-area school with an enrollment of 660 and a state-record

61-game regular-season winning streak.

The Bucks will suit up 28 players while the Dragons have 52 players on their roster.

The prospect of a tough game hasn't discouraged Alpine fans.

"I'm leaving here at 12 noon (Friday)," says Fred Rodriguez, planning his escape from his downtown accounting office, which sits across the street from the Brewster County Courthouse. "I think that's the way with all the businessmen around here. They'll close if they can beat their employees to the door."

Rodriguez was the center for the 1972 Alpine team, the first of back-to-back Buck teams to reach the state semifinals.

When the Bucks made the playoffs in 1990, it was the team's first trip in 14 years.

This year's team has booster Linda Thompson excited.

Mrs. Thompson, the former director of the nursing program at Alpine's Sul Ross State University, has made purple and gold windsocks, many of which now hang from the front of downtown businesses.

She will also haul a trailer filled

with 1,000 balloons to be released before kickoff to San Angelo.

Her biggest contribution as leader of the Buck Boosters will be the decoration of the 230-mile highway leading from Alpine to San Angelo with purple and gold streamers.

She says they plan to saturate the first eight miles of the highway leading out of Alpine. Then, they will be placing streamers at least every 10 miles along the route to San Angelo.

Finally, there will be an all-out decoration blitz for the last 15 miles to the stadium, right up to the spot in the parking lot where the bus will park at the stadium.

"You get really tired but I have lost four pounds so I guess that's the positive part," said Mrs. Thompson.

Even if Friday's game is a blowout, the collective psyche of Alpine won't be hurt a bit. After all, already this year the volleyball team has gone to the regional tournament, the band received a top rating at the regional contest and people are anxious for the start of baseball season.

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Extension News

By BEVERLY HARDER
Extension Agent-H.E.

Holiday snacks have to be selected from a variety of fruits, vegetables, starches and proteins for diabetics and people on calorie-restricted diets, says Dr. Mary Kenney Sweeten, a registered dietitian and nutrition specialist with the Texas Agricultural Extension Service.

Good nutrition involves eating the right foods which places you in control of your health. No one food can supply all the nutrients your body need to stay healthy and that's particularly important because diabetes interferes with the way the body uses food. This makes diet one of the cornerstones of diabetes management. Too many carbohydrates, starches, and sugars are bad for diabetics because their bodies don't produce enough insulin to counteract the effects of these types of food.

Healthy diets are high in complex carbohydrates which come in two forms: Simple carbohydrates or sugars (cakes, pastries, and candy, for example), which tend to raise blood-glucose levels very high and rather quickly, and often provide little nutrition and no fiber; and complex carbohydrates (vegetables, dried beans and peas, brown rice, and whole grain flours, breads, and cereals, for example), which tend to raise blood glucose gradually over a longer period of time, and contain a variety of vitamins and minerals as well as fiber.

The American Diabetes Association stresses that good nutrition also means limiting fat and cholesterol from foods such as gravies, sauces, dressings, fatty meats, and fried foods, as well as eggs and some dairy products. Fat and cholesterol have been linked to atherosclerosis (fatty build-up inside blood vessel walls), and can contribute to heart disease and stroke. Some people may be encouraged to limit salt as well.

The County Extension agent (home economics), can provide some diabetic

resources to help you select foods within your meal plan that will also be good, healthy treats during this holiday season.

One suggestion for diabetics is to eat fresh fruits or unsweetened canned fruits. A baked apple sweetened with artificial sweetener, cinnamon and dietetic lemon-lime soft drink makes a festive dessert.

"Another holiday treat--pumpkin custard--can be made of un-sweetened cooked pumpkin combined with artificial sweetener, cinnamon, ginger and saccharin. This baked custard would be counted as one half slice bread," according to the agent.

Plain or dietetic gelatin can be prepared with or without fruits for many desserts. Try combining plain gelatin with low-calorie cranberry juice, artificial sweetener and orange rind. Pour into orange shells and refrigerate. If fruit is added to the gelatin, count the fruit as the fruit exchange for that meal.

"Many diabetics are unaware that they can eat regular ice cream--in limited amounts--in place of a slice of bread and two fat exchanges.

Avoid diabetic candy and ice cream because they may be high in fat, contain other forms of nutritive sweeteners such as sorbitol and xylitol and may be very expensive.

If diabetic ice creams are used, they must be calculated into the diet. Ask your dietitian to tell you the proper exchanges for each type of ice cream. For example, 1/2 cup of regular ice cream could be substituted for one starch/bread and two fat exchanges or servings. One-half cup servings of the following dairy desserts contain the following calories:

1/2 cup vanilla ice milk (4 percent)-92 calories

1/2 cup vanilla ice cream (16 percent fat)-175 calories

1/2 cup vanilla ice cream (10 percent fat)-135 calories

1/2 cup soft serve ice cream-181 calories

1/2 cup dietetic ice cream-90 calories

Dietetic soft drinks are allowed and can be used to flavor desserts or even in baking a candied holiday ham.

Providing alternate foods acceptable to a diabetic may be one of the nicest holiday gifts a host or hostess can provide for the upcoming holiday season.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.

Not all women have the same head size! I love hats, but I never buy any because when it says one size fits



Employee of the Month

Karen Langford has been selected as Employee of the Month for November at West Central Intermediate School. She is a graduate of West Texas State University and is spending her first year as a counselor. She also taught and coached in the Amarillo Independent School District for 11 years. She and her husband Steve reside in Amarillo and are parents of Kris, 17, Josh, 8, and Thomas, 5. Langford spends much time being involved in drug education, family problems and guidance in self-responsibility.

Hints from Heloise

CAR SAVVY

Dear Heloise: I often threw small items such as pencils, notes and papers on my car seat.

My car always looked a mess until I purchased a small plastic basket that I keep on the passenger-side front-seat floor.

I now know immediately where those coupons and things are and my car is much neater. — Mrs. Barbara Shobe, Northville, Mich.

SOUND OFF

Dear Heloise: My pet peeve is — women's hats! Why couldn't the manufacturers make hats that fit different head sizes like they do for men?

Not all women have the same head size! I love hats, but I never buy any because when it says one size fits

most, it certainly doesn't fit me. I'm sure a lot of other women feel the same way. — Jessie Coreld, Timmins, Ontario, Canada

I do. With all my hair and a big head, very few hats fit me. Manufacturers, are you listening? — Heloise

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San Antonio TX 78279-5000

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GRAND OPENING!

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CALL 364-2030
ADVERTISING DEPT.

The Hereford Brand—Thursday, December 3, 1992—Page 7

In the development of a new material, a decade usually elapses between the test tube and the marketplace.

Incredibly powerful new microscopes reveal atoms in their lattices almost as clearly as we see eggs in a carton.

PUBLIC NOTICE

GTE Southwest Incorporated (GTE SW) and Contel of Texas Inc. (Contel) have filed an application with the Public Utility Commission of Texas to seek approval to provide two new private line services and to change rates for existing services. GTE's intraexchange DS1 Service will be offered pursuant to the rates proposed with this filing and will no longer be available through concurrence with GTE's interLATA access tariff rates which are lower. Contel's intraexchange DS1/DDS Service will be offered pursuant to the rates proposed with this filing and will no longer be available through Contel's current private line tariff rates. Existing customers with DS1/DDS Services will not be affected by these rate changes. DS1 1.544 Megabits per second (Mbps) Service and Digital Data Service (DDS) will normally be used for the transmission of data communications or large volumes of voice communications between two locations. These services are optional and will not affect the existing rates of customers who do not order these services. The estimated annual effect on GTE-SW's revenues in the first year is \$1,080,567. The estimated annual effect on Contel's revenues in the first year are \$42,383.

DS1 Service

DS1 Service is an intraLATA Private Line Service which provides a dedicated, high capacity channel which may be used for simultaneous two-way transmission of voice data or other digitally encoded customer information signals. DS1 Service provides a transmission speed of 1.544 Mbps and is designed to provide an average performance of at least 95 percent error-free seconds of transmission over a continuous 24-hour period.

DS1 Service is available in and between all exchanges of GTE-SW and Contel where digital facilities exist. DS1 Service is available on a point-to-point intraLATA basis between two Customer Designated Locations (CDL), between a Serving Wire Center (SWC) and a CDL, between a CDL and a point of connection with another service provider or between two SWCs.

DS1 Local Loop

This rate element is for the cable facilities from the CDL to the SWC. The customer has two payment options for the purchase of DS1 Local Loops. There is a month-to-month plan or term contract Optional Payment Plan (OPP).

The month-to-month payment basis allows the customer to establish and disconnect DS1 Services, without penalty, other than to meet the minimum service interval of one month's service, as needed. Under the month-to-month service, the additional DS1 Local Loop rate applies only when the additional DS1 Local Loop (s) are ordered at the same time and between the same two CDLs as the first DS1 Local Loop.

The OPP plan allows the customer to select a term of service (1 YR, 3 YR and 5 YR) with lower monthly rates associated with longer term contracts. If the customer selects an OPP, additional DS1 Local Loops may be ordered and installed at the Additional DS1 Local Loop rate between any SWC and CDL covered by the OPP, at any time during the term of that OPP.

DS1 Transport

This rate element is for the mileage sensitive charges for transporting a DS1 signal between Serving Wire Centers. Transport occurs only when the two CDLs being connected are served by two different SWCs.

DS1 Transport Termination

This rate element is for the equipment to terminate DS1 Transport at the SWCs. This charge applies only when DS1 Transport is required for the service configuration of the customer. One transport termination charge applies at each end of the DS1 Transport.

Proposed Rates and Charges for DS1 Service are as follows:

	Nonrecurring Charge	Monthly Rates
DS1 Local Loop		
Month-to-Month		
First System	\$ 1,000.00	\$ 298.00
12-month term	-0-	\$ 283.00
36-month term	-0-	\$ 255.00
60-month term	-0-	\$ 226.00
Additional System	\$ 130.00	\$ 130.00
DS1 Transport		
Per airline mile	-0-	\$ 16.00
DS1 Transport Termination		
Per Termination	-0-	\$ 40.00

Digital Data Service

Digital Data Service (DDS) is an intraLATA Private Line service which supports synchronous, full-duplex transmission between the CDL and the SWC or the point of connection with another telephone company at transmission speeds of 2.4, 4.8, 9.6, 19.2 and 56 kilobits per second (Kbps). DDS provides a transmission path for digital data signals within the same LATA.

DDS Service is available in and between all exchanges of GTE-SW and Contel where digital facilities exist. DDS Service is available on a point-to-point intraLATA basis between two CDLs or between a CDL and a point of connection with another service provider.

IntraLATA DDS Private Line Service is comprised of three rate elements: DDS Local Loop, DDS Transport and DDS Transport Termination. Each element is described below.

DDS Local Loop

This rate element is for the cable facilities from the CDL to the SWC. The customer may establish and disconnect DDS Local Loops without penalty other than the minimum service interval of one month's service, as his/her needs demand.

DDS Transport

This rate element is for the mileage sensitive charges for transporting a DDS signal between SWCs. Transport occurs only when the two CDLs being connected are served by two different SWCs.

DDS Transport Termination

This rate element is for the equipment to terminate DDS Transport at the SWCs. This charge applies only when DDS Transport is required for the service configuration of the customer. One transport termination charge applies at each end of the service.

Proposed rates and charges for DDS are as follows:

	Nonrecurring Charge	Monthly Rates
DDS Local Loop		
2.4, 4.8, 9.6, & 19.2 Kbps	\$ 85.00	\$ 85.00
56 Kbps	\$ 85.00	\$ 95.00
DDS Transport		
Per airline mile	-0-	\$ 1.60
2.4, 4.8, 9.6, 19.2 & 19.2 Kbps	-0-	\$ 3.20
56 Kbps	-0-	\$ 20.00
DDS Transport Termination		
Per Termination	-0-	\$ 20.00

This filing has been assigned Consolidated Docket Nos. 11408/11435. The deadline to intervene in this docket is January 1, 1993.

Persons who wish to intervene or otherwise participate in these proceedings should notify the Commission. A request to intervene, participate, or for further information, should be mailed to the Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 4000, Austin, Texas, 78757. Further information may also be obtained by calling the Public Information Division of the Public Utility Commission at (512) 458-0256, or (512) 458-0221 teletypewriter for the deaf.



Yankees withdraw contract offer to Bonds

By BEN WALKER
AP Baseball Writer

NEW YORK (AP) - For at least a day, the New York Yankees have backed off their big chase for Barry Bonds.

While the Seattle Mariners prepared to sign Chris Bosio and the Detroit Tigers re-signed Alan Trammell, the Yankees on Wednesday withdrew their five-year, \$35 million offer to Bonds, baseball's most attractive free agent.

Yankees general manager Gene Michael said the offer was pulled back because Bonds' agent, Dennis Gilbert, wanted a sixth year in the contract. But even though Michael

said he now wants to pursue pitchers, particularly National League Cy Young winner Greg Maddux, it still appears that the Yankees are the only team in serious contention to get Bonds.

Michael, who met with Maddux in Las Vegas on Tuesday and later talked to Gilbert until midnight, traveled to Tampa, Fla., on Wednesday.

In Tampa, Michael was staying at the hotel that was owned by George Steinbrenner, the Yankees' principal owner. Steinbrenner is banned from getting involved in the Yankees' day-to-day operations until March 1.

Michael said he went to Tampa to talk to Yankees managing partner

Joseph Molloy, who also happens to be Steinbrenner's son-in-law. And, surprise, Michael and Steinbrenner did run into each other in the hotel's dining room, although Steinbrenner assured that the meeting did not lead to conversation about what to do with Bonds and Maddux.

"We got hung up on the sixth year," Michael said of his negotiations with Gilbert. "We don't have any plans right now. We've tried to get it done and we can't do it. We made a hell of an offer. Now we're going to concentrate on going for pitching."

The Yankees made a five-year offer to Maddux, a deal said to be worth more than \$30 million.

"We're talking with everybody and trying to get that finalized in the next few days," said Maddux's agent, Scott Boras. "We've gotten some strong indications about what clubs are dramatically interested."

Bosio and the Mariners were just about done on a four-year contract with an option for 1997, a package said to be worth slightly more than Jose Guzman's \$14.35 million deal with the Chicago Cubs.

Bosio, 29, was 16-6 with a 3.62 ERA last season and set a Brewers' record with 10 straight victories.

The Mariners had the AL's worst record at 64-98, and a major part of their problem was pitching. Seattle's 4.55 ERA was the second-worst in the league to Detroit's 4.60 ERA.

Trammell agreed to go back to

Detroit for \$1.5 million with the chance to earn performance bonuses. The Tigers get a \$2.4 million option for 1994 which would become guaranteed if he plays regularly next season.

Trammell, 34, has been hampered by injuries the past several seasons. The 1990 season is the only season since 1987 in which Trammell has not been on the disabled list. He did not return to the lineup last season after fracturing his ankle May 15.

"There are certain players who simply belong to a specific team," Tigers general manager Jerry Walker said. "Alan is one. He means so much to the club and the community."

"I didn't even want to think about playing anywhere else," said Trammell, who has been with the

Tigers each of his 16 major league seasons.

In smaller deals, catcher Steve Lake left Philadelphia to sign with the Chicago Cubs for \$275,000, and pitcher Roger Mason signed with the New York Mets for \$300,000. Mason was released by the Pittsburgh Pirates last month.

Lake, 35, spent the last four seasons with the Philadelphia Phillies. He appeared in 28 games last season and hit .245, going 13 for 53 with one homer and two RBIs. He made \$250,000.

Mason, a 34-year-old right-hander, had career highs with 65 appearances, five victories and eight saves while helping the Pirates win their third consecutive National League East championship. Mason was 5-7 with a 4.00 ERA.

Schott gets advice for problem

CINCINNATI (AP) - The brain trust advising Cincinnati Reds owner Marge Schott on how to polish her tarnished image includes a radio talk show personality, a physician and two executives from her car dealerships.

Reds spokesman Jon Braude on Wednesday said Schott met with associates at her Riverfront Stadium office and discussed her predicament.

"I don't know that I would call it damage control," said Braude, who was at Tuesday's meeting.

"We have meetings all the time about a number of subjects," he said. "The current situation obviously is something that was discussed and will continue to be discussed."

At the heart of the controversy are allegations that Schott referred to former Reds players Dave Parker and Eric Davis as her "million-dollar niggers" and talked to a Jewish employee about "money-grubbing Jews."

She has denied saying those things,

but she admitted to using the word "nigger," although she said she didn't know it was offensive.

Baseball's executive council has appointed a committee to investigate, two Reds limited partners have demanded that Schott resign and Parker has threatened to sue.

Braude declined to say who was at the meeting and what advice may have been given to Schott.

The Dayton Daily News reported Wednesday that the meeting also was attended by Reds general manager Jim Bowden, Reds chief administrative assistant Joyce Pfarr, Schott's friend Dr. Beverly Carpenter, lawyer Stephen Bailey, Cincinnati radio personality Andy Furman and two executives from Schott's two car dealerships.

Furman could not be reached for comment Wednesday evening. He was not at station WLW and a home telephone listing could not be found.

Rangers hire another coach

ARLINGTON, Texas (AP) - The Texas Rangers on Tuesday appointed Perry Harrah as bullpen coach and infield instructor.

Hill, 40, is the fifth coach named by new manager Kevin Kennedy and the first to return from the 1992 staff.

Hill was appointed the club's first base coach on July 16, replacing Toby Harrah, who was named interim

manager after Bobby Valentine's firing. Kennedy was hired over Harrah after the season.

Hill originally joined the club as a minor league coach in 1984.

He joins first base coach Mickey Hatcher, bench coach Jackie Moore, pitching coach Claude Osteen and batting coach Willie Upshaw on Kennedy's staff.

Comics

The Wizard of Id

By Brant Parker and Johnny Hart



BLONDIE

By Dean Young and Stan Drake



Marvin

By Tom Armstrong



Barney Google and Snuffy Smith

By Fred Lasswell



BEETLE BAILEY

By Mort Walker



Television

THURSDAY

DECEMBER 3

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
Mickey Mouse	Movic: Escape/Planet Apes	★★ (G)	(c40) Prev.	Paul McCartney	Movie: Two of a Kind + J. Travolta (PG)					
News	Cosby	Out Night Diff World	Cheers	Wings	L.A. Law	News	(c35) Tonight Show			
MacNeil/Lerher		New Europeans	Mystery		Pacific Century	Chron.	MacNeil/Lerher			
Hillbilly	Sanford	Movie: Diamonds Are Forever	★★ S. Connery, J. St. John (1971)		Movie: Live and Let Die	★★ R. Moore, Y. Kotto				
News	Wheel	Delta	Room Two	Homefront	PrimeTime Live	News	(c35) Chear	(c35) Tonig.		
Waltons		Madeline	First Snow	Father Dowling	700 Club	Scarecrow and King	Bonanza			
Design	Jefferson	Sands of Time	(Pt 2 of 2) ★★ D. Raffin, M. Nouri		News	Night Court	Kojak			
Design	Married	Billy Graham		Street Stories	Knots Landing	News	(c35) Gold	(c35) Studs		
Sports	(c45) Tonite	NFL Football Falcons at Saints (L)				SportsCenter	Great			
Roseanne	Murphy B.	Simpsons	Mr. Martin	Univ's Color	Down	Star Trek: Next	M*A*S*H	Arsenio Hall		
Looney	Bulwinkle	Get Smart	Superman	Mary T.	Van Dyke	Dagagnet	Hitchcock	Lucy Show	F Troop	Mr. Ed
Quantum Leap		Murder, She Wrote		Movie: Field of Dreams	★★ K. Costner (1989)	Divorce	McGyver	Hitchhiker		
(5:00) A Summer Story		Movie: Highlander 2: The Quickening	(R) Peter Fonda	Movie: Lethal Weapon	★★ M. Gibson, D. Glover (R)	Hot Spot				
(5:00) Stalin	★★★ R. Duvall	J. Ormond (1992)		Movie: Dead On: Relentless II	★★ (R)	Comedy	Inside the NFL			
(5:30) Jane Eyre	★★★	Crazy About the Movies		Movie: Reversal of Fortune	★★★ J. Irons (1990)	Movie: Dally Dearest	★★ D. Crosby (1991)			
(4:30) VideoPM		Crook and Chase		Nashville Now		On Stage	Club Dance	Miller		
Europe's Green Islands		World	Courage	Safari	Adventure	Skybound	World	Courage	Safari	
Wilderness	Search Of	Reel West		Carnivore	Brute Force	Evening at the Improv	Real West			
Unsolved Mysteries	L.A. Law			Movie: Code Name: Dancer	★★ K. Capshaw, G. Sierra	ThirtySomething	China			
Bass'n Honey Hole	SportsTalk	College Basketball Oregon State at Oklahoma (L)		NBA Action	College Hoops '93	Basketball				
Jetsons	Bugs	Movie: Born Free	★★ V. McKenna, B. Travers (1966)	(c35) Movie: Living Free	★★ S. Hampshire (1972) (G)	(c35) Flame				
L'style	Church	Sullivans	Joy Music	Heart	Daystar	Jessy	Light	Playhouse		
Bella Comigo		Maria Mercedes	Cars Sucia	Lente Loco	Tropical	Noticiero	Y Vero America Va			

FRIDAY

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DECEMBER 4

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
Fraggle	Pooh	Tree	Dumbo	Mouse	Care Bears	Gummi	Lunch Box	Walt Disney Presents	Horse Gray	
Today				Jerry Jones		Garfield	F. Daniels	Concent.	Days/Alive	
Accounting	Lamb Chop	Mr. Rogers	Barney	Sesame Street		Business	Business	Write		
(c5) Jeane	(c35) Bwitic	(c35) Little House		(c05) Movie: Gathering	★★ E. Asner, M. Stapleton	(c05) Movie: Dirty Dozen	★★ (1967)			
Good Morning America			Donahue		Regis & Kathie Lee	Little House	News			
Gadget	Popeye	Waltons			Shelly	Paid Program	Bonanza			
Flintstones	Bozo		Bewitched	Perry Mason	Joan Rivers	Garfield	News			
(6:00) CBS This Morning	Vicki		Design	Family	Price Is Right	Young and the Restless	News			
(6:00) SportsCenter	Workout	Body	SportsCenter	Body	Getting Fit	Skating	Body	Motoworld		
Goof Troop	Darkwing	Beetlejuice	Swan	700 Club	Robert Tilton	Hunter		Paid		
Looney	Heathcliff	Muppet	Maze Bee	David	Little Koala	Eureka's Castle	Elephant	Man Iron	Noozles	
(6:00) Cartoon Express										

Business Update

John Wear has recently joined the Foster Electronics staff from Dallas where he worked as a consultant and teacher. Wear is a customer service consultant who will find solutions to the customers computer problems.



Donovan Moore has also joined the Foster Electronics staff from Canyon where he received a Bachelor's degree in Computer Science. Moore is a new technician to help provide very fast turnaround on machines in for repair.



Joseph Monroe joins the Foster Electronics staff from Amarillo where he worked at a computer software store for 3 years. Monroe will help customers pick out and learn to use their new software.



Lori Poarch recently joined the staff of Stevens Chevrolet. Poarch previously worked at C.R. Anthony's for almost two years after graduating from Hereford High School.



John Sublett has joined the Hereford Buick Sales staff. Sublett spent the last 6 years with Whiteface Ford sales force.



Cliff Jones has recently joined the Hereford Buick sales staff. Jones is a former employee with P.M. Ag products here in Hereford.



Gaylon Bryan has recently joined the Hereford Buick sales staff. Bryan was formerly employed at Ward Trucking for 18 years.



Robbi Hudgens has recently returned to the Stevens Chevrolet office staff. She previously worked at White Implement for 7 years. Prior to that she worked at Stevens Chevrolet.



Kevin Harbison recently joined the staff of Stevens Chevrolet Service Department. Harbison previously worked at McCaslin Lumber Co. for 9 years.



Walt Mueggenborg joins the Hereford Buick technician's staff after 6 years with Whiteface Ford. Walt is a trained Ford, Lincoln, Mercury technician, experienced with Chrysler products.



Leon Sandoval has recently joined the Hereford Buick sales staff. Sandoval was formerly self-employed in Dimmitt, Texas as a livestock buyer.



Editor's Note: This business update column is submitted by the Hereford Brand Advertising Department as a service to the retail business community.

If you would like to include any personnel updates as they apply to your retail business, contact Mauri Montgomery at 364-2030. All business updates will be run on a demand and available space basis.



Sorry, I'm tied up right now

Co-emcee Charlie Bell, right, proclaims the team of Jim Arney, Margie Daniel, Dave Kimmel and Teresa Garth the winners of one of the games played at this morning's Christmas Fun Breakfast at the Community Center. The team members had

to pass a candy cane attached to twine through their clothes. On the other team were Paul Mason, Joe Weaver, Bettie Dickson and Linda Daniel. The breakfast was sponsored by the Deaf Smith County Chamber of Commerce and participating merchants.

Donations sought by association

Local residents are asked to assist the Golden Spread Foster Parent Association.

Each year, the association solicits donations to fund a Christmas celebration for local foster children. Although foster families are reimbursed monthly for the day-to-day needs of foster children, there is no allocation for the added expense of Christmas.

Funds received will be used for a Christmas party (including Santa) for all the foster children in Deaf Smith, Oldham, Palmer and Castro counties. Any excess money will go to help these children throughout the year with special needs such as band, sports or extra school events.

Those interested in making donations, which are tax deductible, are asked to contact Dee Hernandez at 364-8527 or Cindy Hall in Adrian at 1-538-6303. You can also make a direct deposit at Hereford State Bank or mail the contribution to P.O. Box 645, Hereford, Texas 79045.

The association would also greatly

appreciate any donations of food, paper plates, etc., to help with the Christmas party.

An individual may also sponsor a child. One does not need to be a foster parent in order to be affiliated with the group.

Need a few dollars more? Round up your no-longer-used-but-still-useable articles and call The Brand's Classified Ad department: We will put low-cost, fast-acting sales message together for you. Call 364-2030.

Anyone interested in becoming a foster parent or in providing support for existing foster homes is invited to attend any of the association's monthly meetings which are held on the third Tuesday of each month at the Hereford Community Center.

Hereford supermarkets and grocery stores advertise in the pages of the Hereford Brand. Shop the Brand ads, then buy your groceries at one of Hereford's fine supermarkets!



Pan, a Greek god, was believed to delight in frightening travelers. The word "panic" derives from his name.



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10-Announcements

Problem Pregnancy Center Center, 801 E. 4th. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11-Business Service

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120; Nights Call 289-5500. 14237

For tree and shrub trimming, general spring & clean-up & assorted lawn work. Also rototilling. 364-3356. 16733

Manley Portable Buildings, top quality construction, custom build any size, 364-1176. 22625

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The Hereford Brand
 313 N. Lee St.
 364-2030

ADVERTISEMENT FOR BIDS

Notice is hereby given that the Herford I.S.D. will be accepting sealed bids until December 18, 1992. Bids will be opened at 10:00 a.m. in the central administration office located at 136 Avenue F, Herford, Texas for the following:

20-30 Band Uniforms

Specifications and information may be obtained by contacting: James Maciaskey, Band Director, at 200 Avenue F, Herford, Texas 79045, (806)363-7620. The district reserves the right to reject any and all bids.

About Calamity Jane

DEADWOOD, S.D. (AP) - Martha Jane Canary, an American frontierswoman best known as Calamity Jane, came to Deadwood in 1875, during the gold rush.

Born in 1852 and raised at mining camps in Wyoming and Utah, she was an expert horse rider and rifle shot. She became a U.S. Army scout with the 7th Cavalry and served Gen. George Custer, among others.

Calamity Jane died in 1903 and is buried in Deadwood, near the grave of "Wild Bill" Hickok.



Santa's elf visits at Fun Breakfast

One of Santa's elves, center, visits with John Stagner and Charlie Bell at this morning's Christmas Fun Breakfast at the Community Center.

Avoid overeating to keep weight off

For those who want to avoid extra holiday pounds, there's a simple solution--don't overeat.

"People can actually enjoy holiday treats without a 10-pound weight gain," said Dr. Bethann Witcher-Beyers, nutritionist with the Texas Agricultural Extension Service. "Small helpings will allow those who are health conscious to sample a little of everything."

To help avoid getting too many calories from favorite recipes, Witcher-Beyers recommends altering them to reduce fat and sugar.

If a recipe calls for 1 cup of sugar, for example, use 2/3 cup, she said. This works best in fruit-based recipes and in puddings and custards. Treats will still taste delicious, but less sweet.

"The sugar in cookies and cakes can also be reduced, but it requires some experimenting to find the right level," she said.

"Reduce fat in gravies, sauces, puddings and quick breads by using a third of the butter or oil normally required. Substituting polyunsaturated margarine for butter or lard and skim milk for whole milk also reduces fat."

To increase fiber intake, substitute whole-grain flour for 1/4 to 1/2 of the refined flour in holiday baking, she said. For example, if a recipe calls for 3 cups of all-purpose flour, use 3/4 cup whole-grain flour and 2 1/4 cups of all-purpose flour.

Witcher-Beyers suggests trying these substitutes for your main meal:

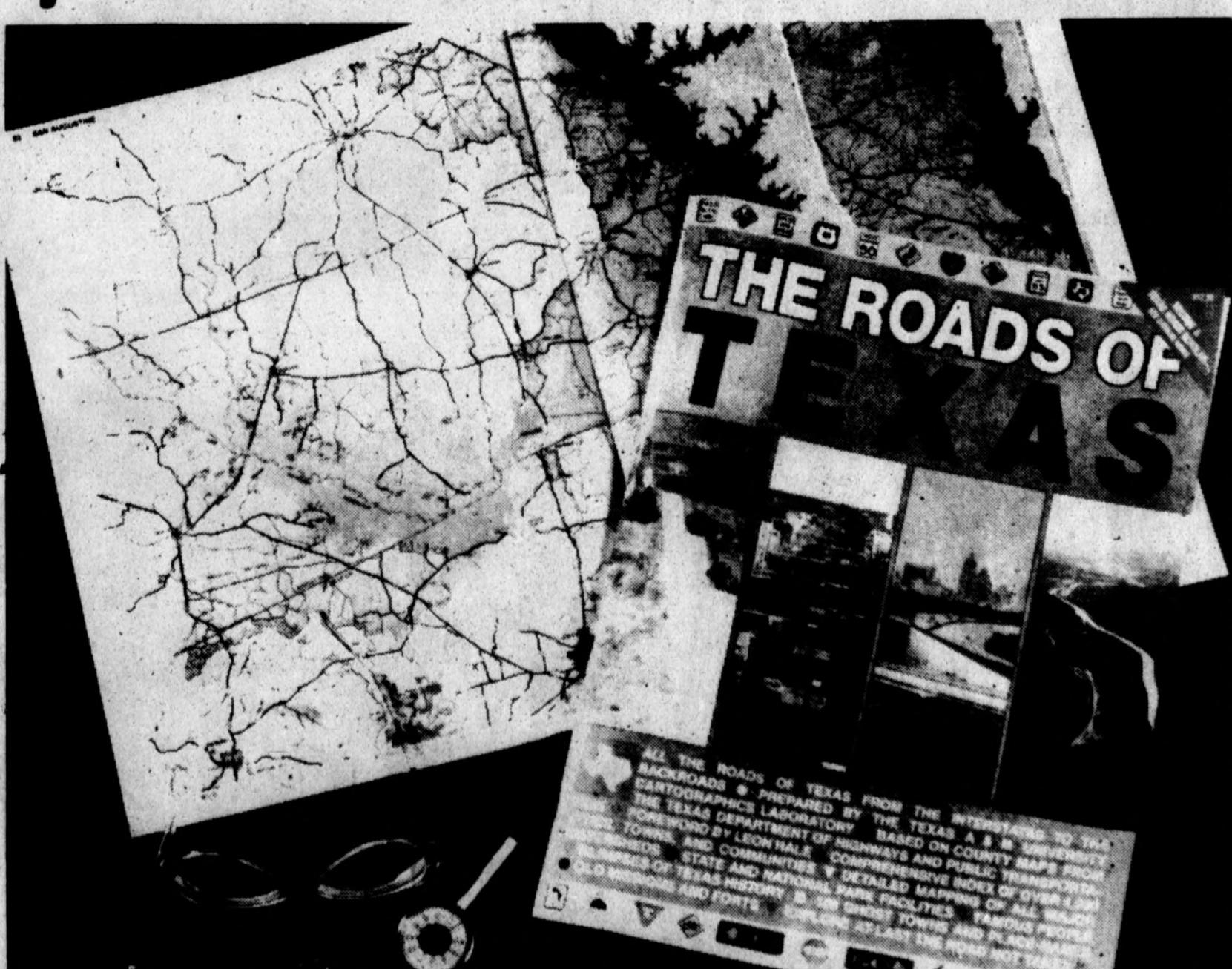
-For appetizers, use vegetables with a herb-yogurt dip, or toasted pita bread triangles spread with a creamed low-fat cottage cheese mixture seasoned to taste. Curry, chili powder or Italian seasoning are all possibilities.

-Make a dressing for salad with a buttermilk base instead of one with oil or mayonnaise.

-Side dishes can be delicious with high-fiber choices of brown rice, barley or bulgur mixed with vegetables. Season vegetables with herbs instead of butter. If the buttery taste is important, try using a butter-flavored seasoning. Stuffing can be moistened with seasoned chicken broth instead of butter or oil.

-If the main course is turkey, avoid self-basting ones.

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 Mar 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Apr 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 May 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 Jun 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Jul 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Aug 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Sep 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Oct 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
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 Apr 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 May 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Jun 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Jul 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Aug 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Sep 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Oct 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Nov 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Dec 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 CATTLE-LIVE (CME) 500 lbs.; cents per lb.
 Jan 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Feb 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Mar 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Apr 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 May 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Jun 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Jul 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Aug 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Sep 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Oct 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Nov 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 Dec 74.23 74.75 74.39 74.42 74.92 74.70 19.818
 GOLD (CME) 5,000 lbs.; cents per lb.
 Jan 83.99 84.10 84.21 83.77 83.77 84.15 82.50 84.44
 Feb 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Mar 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Apr 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 May 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 Jun 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Jul 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Aug 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Sep 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Oct 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Nov 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Dec 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 SILVER (CME) 5,000 lbs.; cents per lb.
 Jan 83.99 84.10 84.21 83.77 83.77 84.15 82.50 84.44
 Feb 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Mar 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Apr 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 May 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 Jun 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Jul 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Aug 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Sep 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Oct 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Nov 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Dec 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 GOLD (CME) 5,000 lbs.; cents per lb.
 Jan 83.99 84.10 84.21 83.77 83.77 84.15 82.50 84.44
 Feb 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Mar 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Apr 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 May 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 Jun 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Jul 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Aug 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Sep 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Oct 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Nov 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Dec 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 CATTLE-FEEDER (CME) 5,000 lbs.; cents per lb.
 Jan 83.99 84.10 84.21 83.77 83.77 84.15 82.50 84.44
 Feb 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Mar 81.92 82.10 81.70 81.82 82.02 82.03 81.50 81.76
 Apr 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 May 79.89 80.00 79.75 79.76 79.89 79.89 74.35 77.22
 Jun 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Jul 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Aug 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22
 Sep 79.09 79.09 78.89 78.89 79.09 79.09 76.60 77.22

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