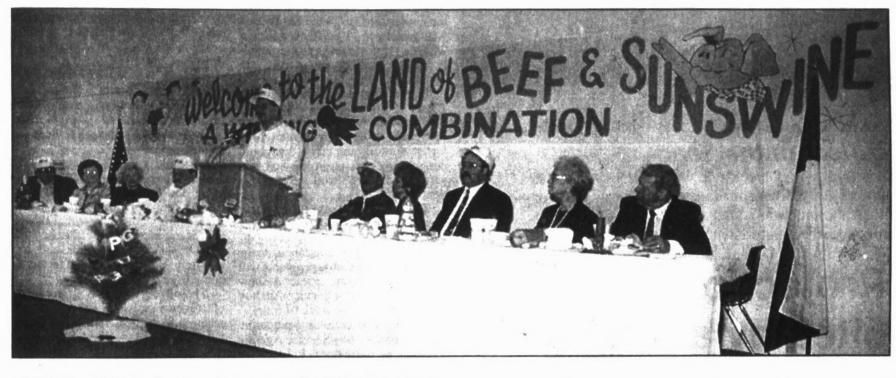
Hereford Brand

Hundreds turn out at dinner to court PSF



PSF officials welcomed at banquet

Two officials from Premium Standard Farms were guests at a reception and dinner Tuesday night in the HISD banquet room. Charlie Arnot of PSF is shown explaining the company's search for a site to locate a \$65 milion processing plant, which would

initially employ about 400 people. County Judge Tom Simons, Mayor Bob Josserand and C of C President Wes Fisher made welcoming remarks at the banquet, which was attended by more than 200 persons.

GOP House caucus votes to cut size of Congress, sell building

By DAVID ESPO **Associated Press Writer**

WASHINGTON (AP) - Moving swiftly on a campaign pledge of smaller government, House Republicans want to sell one of five House office buildings and cut off \$5 million in federal subsidies for the Congresother groups.

"The American people voted decisively this year to change third cut in committee staffs and things," Rep. Newt Gingrich of eliminate three committees, steps it Georgia, the incoming House is estimated will save about \$35 speaker, said Tuesday after a party million a year. caucus in which the 72 incoming the Congress."

committee and subcommittee Livingston of Louisiana as acting chairmen, rejecting a proposal to head of the Appropriations Commitextend the time to a fourth term. But tee. deferring to the wishes of lawmakers from sprawling, rural districts, they to ignore the seniority system and shelved a proposal from the firstsional Black Caucus and numerous termers to force a cut in personal

Republicans will enforce a one- America.

With the 104th Congress set to freshmen played an aggressive role. convene in four weeks. House "They voted overwhelmingly that Republican lawmakers were this is the year to dramatically shrink continuing their caucus today by formally naming committee

In a closed-door caucus that lasted chairmen, including Texan Bill **Out-of-state bank** branches opposed

committee has complained that large co-chairman of the committee. banks are siphoning capital from the

Texas is to "opt out" of the federal out-of-state bank.

only one-third of the small business loans and 8 percent of agricultural

Nationsbank, Bank One, Texas Commerce Bank, First Interstate Bank and Bank of America.

'The big boys seem to operate like sump pumps, taking boat and car and home improvement loans, but not taking a chance on small businesses to the community," said state Rep. would hurt the economy.

AUSTIN (AP) - A special House Kim Brimer, R-Kennedale

State lawmakers have until June state, and it recommended Texas 1, 1997, to get out of the federal law. reject a new federal interstate branch In 1986, Texas allowed out-of-state banks to acquire Texas banks. The The Committee on Small Business new interstate branch banking law Access to Capital said Tuesday that will allow Texas bank charters to be one way to bring capital back to converted to a branch of an

Brimer, Rep. Rene Oliveira, The committee report said the D-Brownsville, and other committee state's five largest banks in Texas members say the new law will have more than 50 percent of the remove local control of out-of-state dollar amount of loan assets but make banks. No longer would out-of-state banks have local boards of directors under the new setup, Oliveira said.

That means fewer loans would be The report referred to made to local businesses, he said. Brimer and Oliveira said Texas should take advantage of a provision allowing it to opt out of the federal

However, John Heasley, president of the Texas Bankers Association, which represents the five largest that create jobs and valuable services banks, said leaving the federal law

Guilty pleas heard in court

Court Tuesday was given a 10-year sentence on each of four charges against him.

Judge David Wesley Gulley ordered Gabriel Martinez, 18, to Texas Department of Criminal Justice special alternative incarceration

Martinez entered guilty pleas to three charges of burglary of a building and a forgery by making

Three other defendants entered guilty pleas to charges against them and another defendant was sentenced in a continuation of court action on

of delivery of a controlled substance, and fined \$500.

A defendant in 222nd District cocaine. Judge Gulley assessed a 10year sentence and SAIP on one charge and granted deferred adjudication probation on the other

Charged with indecency with a child, Jesse Aldrete Zepeda, 45. entered a plea of guilty. He was given eight years' deferred adjudication probation.

Juanita Vela, also known as Juanita Enriquez, entered a guilty plea to tampering with government records. She was sentenced to 10 years' probation and ordered to make restitution of \$14,573.50.

On a charge of aggravated sexual Alfredo Palacios, 20, entered a assault of a child, Abelardo Tamez guilty plea on Nov. 15 on two charges was sentenced to 10 years' probation

much of the day, Republicans also Archer at the tax-writing Ways and formally ratify a proposed set of rules approved a three-term limit on Means Committee and Robert changes that the full House will adopt in January.

> In some cases, Gingrich decided elevate junior members he hopes will be more aggressive in carrying out the campaign "Contract With

Republicans are also expected to office equipment.

investigation is continuing.

Republicans said their plan to cut off funding from so-called legislative service organizations would save \$5 million annually. There are now 28 such groups, including the black caucus, the arts caucus, the populist caucus and the space caucus, that use federal funds to hire staff, use House

HHS student shot in head with BB gun

A Hereford High School student was undergoing treatment at Hereford Regional Medical Center late Wednesday morning after he was shot in the forehead with a BB gun earlier in the day.

The student, whose name and age were not revealed pending a continuing police investigation, was shot in the middle of the forehead, said Capt. Pat Michael. The student fell to the ground unconscious and suffered a broken

rib. Michael said he also had a possible concussion. Superintendent Charles W. Greenawalt said the incident occurred along Union Street at about 7:45 a.m., before classes began.

A 17- or 18-year-old suspect has been taken into custody and a BB gun confiscated. Additional information was not available and Michael said the

Permit issued for well co.

A building permit has been issued to Dennis Hicks for construction of a new well service office on North U.S. 385.

The permit was issued on Friday for a new building for Hicks Well

Total cost listed on the permit is \$24,000, which includes a 40-foot by 50-foot building and 4,760-square-feet of parking space. Estimated completion date for the project is April 2, 1995.

Service, at 608 N. 25 Mile Avenue.

BY SPEEDY NIEMAN **Editor-Publisher**

mat for Premium Standard Farms at a reception and dinner attended by more than 200 interested residents Tuesday night in the banquet room at the HISD administration building.

Hereford Economic Development Corporation hosted the meeting of business and community leaders, elected officials, directors of local boards and spouses.

County Judge Tom Simons, who served as master of ceremonies; Mayor Bob Josserand and Chamber President Wes Fisher issued welcome remarks and invited PSF to choose Deaf Smith County as the site for its new processing plant.

Mayor Josserand said he felt the company would be an asset to the city and county. "PSF truly cares about its people and the environment. We invite you to become residents of Hereford."

Charlie Arnot, director of communications for PSF, responded to the welcome remarks, stating that Hereford had extended "a warm welcome to the company and we are very impressed with this community."

Arnot, appearing on the KPAN "talk show" Wednesday morning, said Hereford "is further along with the site evaluation than any other potential site."

But, "You shouldn't read anything special into that until all the i's are dotted and the t's crossed," said Arnot. "Our policy is to underpromise and over-deliver."

He narrated a video Tuesday night which depicted the company's operation from breeding to the finished product, and closed by answering questions from the audience. Arnot said the site selection is expected before

Brian Paulsen, government liaison director, accompanied Arnot at the dinner. Two other PSF officials planned to fly in for the meeting but bad weather prevented their attendance Tuesday night.

Arnot said the proposed plant would employ about 400 initially and grow from there. "We anticipate filling the majority of the jobs from the local work force," he said. In response to a question, he said such a facility would have about 30 office jobs and the company would bring in about five percent or less for work in specialized areas.

He explained the company employs a lot of women, working

with about a 50/50 mix in their Missouri plant. "We are highly Hereford rolled out the welcome automated and no one has to lift more than 40 pounds at any work station.

The processing plant would use maximum of 700 gallons of water minute, said Arnot. They recycle the water for maximum usage, and affluent water is also used. Missouri, it is used to irrigate hay

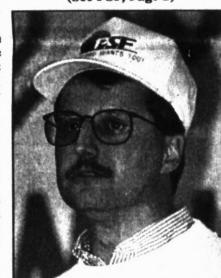
"While this facility is a packing plant, a slaughtering house, it is different than what some people perceive," pointed out Arnot. "We have been able to use the advanced technology in the industry to make major changes in such an operation."

Arnot also explained that PSF, as a privately-held company, operates on a "closed system." From the breeding barn to the finished product, the company has full control. "Our goal is more on quality than volume,"

Odor has never been an issue at the processing plant in Milan, MO., said Arnot. "If you don't believe us, wait until we come here," he said. The audience responded to the word here with a round of applause. However, Arnot smiled and said, "the word here is used in broad terms."

The company has a starting wage of \$6.50 an hour for untrained workers. All employees have a benefits package. The company, founded in 1988, currently has about 1,800 employees in Missouri and Dalhart. The sow operation around Dalhart will expand from 17,000 to 80,000 sows in the next year.

The banquet hall was decorated with welcome signs for PSF Tuesday night, including a banner behind the head table that read: "Welcome to the Land of Beef and Sunswine, A (See PSF, Page 2)



PSF'S CHARLIE ARNOT



MAYOR BOB JOSSERAND



JUDGE TOM SIMONS



Pork plant pitch draws good crowd

More than 200 persons attended a reception and dinner here Tuesday night as part of the Hereford Economic Development Corporation's bid to locted a pork processing plant in the county.

Those attending were presented with white caps, printed with the words: "PSF...Hereford Wants You." A PSF official said the site selection is expected before Christmas.

Local Roundup

Shirley School to perform play

The sixth grade classes of Shirley Intermediate School will perform the play "A Christmas Carol" on Dec. 15 in the Stanton Special Populations Center auditorium. The performance will be at 7 p.m. and admission is two cans of food or a new or clean used toy. The items will be given to the American Red Cross for its Christmas giving program. The play stars class members, who also serve as lighting technicians and curtain operators.

Clouds hanging around

Partly cloudy skies Wednesday night and Thursday are in the forecast for Hereford, after a high Tuesday of 65 degrees and a low Wednesday morning of 32 degrees. KPAN recorded .07-inch of rain Wednesday. A low in the upper 30s is expected Thursday morning, then a high in the 50-55-degree range is forecast for the afternoon. South to southwest winds, 5-10 mph Thursday night, will change to the west, 5-10, then shift to the north, 15-20 mph.

Immunization schedule noted

The Texas Department of Health has announced its December immunization clinic schedule for Hereford. Vaccines against polio, diphtheria, lockjaw (tetanus), whooping cough (pertussis), measles, rubella, mumps and HIB (hemophilus influenzae type B) will be offered. The Texas Department of Health charges to help with the cost of keeping the clinic open. Charges are based on family income and size and the ability to pay. Regular clinics will be held from 7 a.m. to 11:30 a.m. and 1 p.m. to 5:45 p.m. The clinics will be on Thursday, Dec. 8, then Dec. 15, 22 and 29 in the Health Department offices, 205 W. Fourth St., Suite B.

News Digest

WASHINGTON - Treasury Secretary Lloyd Bentsen is stepping off the political stage after a storied career that traces its roots to county office in South Texas during the 1940s. With President Clinton at his side Tuesday in the Rose Garden, the 73-year-old announced that he will retire Dec. 22nd - ending a political trek that took him through the House, Senate and Cabinet.

WASHINGTON - The Clinton administration is making it known it doesn't plan any major changes in its economic game plan with Robert Rubin replacing Lloyd Bentsen at the Treasury Department.

DALLAS - Texans are mixed in their reaction to a plan by the Agriculture Department to close almost 100 offices across the state as part of a national plan to streamline the agency. The department said Tuesday it will shutter 1,070 field offices nationwide, including 98 in Texas. But the Lone Star State will keep 219 offices - far more than any other state.

Law Enforcement, Fire, **Emergency Calls**

Wednesday's emergency services the 400 block of North Main, where reports contained the following information:

HEREFORD POLICE

-- Theft was reported in the 800 block of Blevins, where a gas cap was taken; and in the 200 block of Avenue I, where mail was taken from a mailbox.

-- Criminal mischief was reported in the 900 block of East Park Avenue, where a window was damaged in the amount of \$200 by a BB gun; and in

Letter to the Editor

Dear Editor:

Frank Jones, who taught thousands of students in the Hereford public schools, will celebrate his 92nd birthday on Dec. 10.

I know this gifted teacher would appreciate cards and letters from his former students and other friends. His address is: 14901 Potts Drive, Amarillo 79118.

Sincerely, Pat Sullivan, Canyon a window was damaged in the amount of \$400 by a BB gun.

-- Terroristic threat was reported in the 300 block of Bradley.

-- Gunshots were reported fired in the 500 block of Avenue G.

-- Criminal trespass was reported

in the 600 block of Irving, the 500 block of Avenue G and the 400 block of Avenue E. -- Domestic disturbance was

reported in the 800 block of South

-- A runaway was reported in the 200 block of Avenue F. -- Officers issued 11 traffic

DEAF SMITH SHERIFF

-- A 19-year-old male was arrested on Oldham County warrants.

-- A 20-year-old male was arrested on two counts of delivery of a controlled substance.

> Criminal trespass was reported. FIRE DEPARTMENT

-- No calls.

-- Ambulances on Tuesday ran on one transfer to Amarillo.



Officer of the Year

Hereford Police Chief David Wagner, left, congratulates DARE Officer Terry Brown on his selection as Policeman of the Year. Brown's name was added to the official plaque following his announcement Saturday at the third annual City of Hereford Service Awards Dinner.

Protection of rights cited by attorneys

By MICHAEL GRACZYK **Associated Press Writer**

HUNTSVILLE, Texas (AP) -Defense attorneys insist they are seeking constitutional guarantees for serial rapist and condemned killer Samuel Hawkins and are not trying merely to delay his execution.

Hawkins, on death row for 17 years, got to within about eight hours of dying early today when the U.S. Supreme Court blocked his scheduled lethal injection. He was to have been executed for the 1977 killing of Abbe Rodgers Hamilton at her home in the Texas Panhandle community of

In his appeals, Hawkins, who is black, contended his father instructed him when he was growing up that the way to retaliate against white men was to attack white women.

And he contended the jury in his case was not allowed to consider that time to sentence him to death.

'When the U.S. Supreme Court you've got to give juries an opportunity to consider this type of evidence, it means just that," attorney Cliff' Harrison said. "I don't think insisting on those constitutional rights applying to everyone is a delaying

Harrison said the courts may decide Hawkins should get a new

"If they don't want to delay it any longer, then they can agree to a new trial, a constitutionally sound trial," he said. "We're not going to make it easy for them. We will not make it

"I'm not sure I can tell you Hutchinson County District Attorney

Stephen Cross said. "I'm just sick about it."

The high court, in its ruling, told Texas authorities to put off the execution until it considers his

Hawkins also was condemned for killing a 12-year-old Amarillo girl, Rhonda Keys, who was abducted from a school bus stop in 1976 and found dead in a culvert. Her skull had been bashed in with a steel pipe.

Hawkins was dubbed traveling rapist" because he was implicated in nearly 40 attacks in

claimed responsibility for more than 100 attacks, was executed early Tuesday for killing a Houston man during a fight that broke out as he was

meat processing plant, confessed to using a hunting knife to kill Mrs. Hamilton, 19, who was six months pregnant at the time.

Hawkins told police he was looking to rape someone and began checking doors of houses in Borger until he discovered one that was open.

He found Mrs. Hamilton asleep on her bed about 9 a.m. An hour later, she was dead, stabbed more than 20 times and with wounds to her neck so

The Texas attorney general's office believed Clark would be joined by Hawkins and a third man on the

Kinnamon, 53, is set to die early Sunday for killing a 41-year-old man during the robbery of a Houston bar.

a disappointed Sandra Rodgers,

pending appeal. The justices gave no timetable for a decision. "I don't know what to say," said

mother of Abbe Hamilton.

Texas, Oklahoma and Colorado.

Herman Clark, 48, a rapist who trying to rape the man's girlfriend.

Hawkins, 51, a flesh trimmer at a

severe she was nearly decapitated.

death chamber gurney this week.

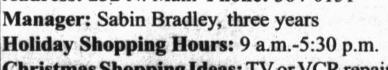
A Houston man, Raymond Carl

HEREFORD SHOPPING PROFILE BRADLEY ELECTRONIC REPAIR

SINCE 1991 Address: 232 N. Main Phone: 364-0151

Holiday Shopping Hours: 9 a.m.-5:30 p.m.

Christmas Shopping Ideas: TV or VCR repaired and cleaned, camcorder cleaned.





By STEFANI G. KOPENEC **Associated Press Writer**

DALLAS (AP) - Texas will shutter almost 100 offices, taking one of the Department's announcement Tuesday nationwide.

But it will keep 219 offices - far more than any other state.

The news received a mixed reaction in the Lone Star State, which will drop from 317 offices, a loss of 98. Other states losing a proportionally larger number of offices are Tennessee, Virginia and Georgia, which will be hit the hardest, losing 101 of 193 offices.

The plan tendered by Agriculture Secretary Mike Espy is part of a larger streamlining effort that could cut the agency's payroll by 11,000 people and save \$3.6 billion over five years.

The department says farmers will be better served by fewer locations, because service centers for commodity programs, crop insurance, loans and some conservation programs will be put under one roof. A new Consolidated Farm Service Agency will do most of the work of four.

Harold Bob Bennett, executive director of the Farm Service Agency in Texas, said the key is to focus the number of service centers that will be

"With (approximately) 220, we're going to be able to continue providing excellent service to our producers, and that's the point," he said. "To me, if we can become more efficient and still provide the service and save \$3.5 billion, by God let's do it."

All regions of the state will be affected, leaving some farmers to drive farther. But ultimately, they should spend much less time in an FSA office, Bennett said.

Not everyone was as enthusiastic about the reorganization, however. "It's bad news for our agency,"

said Gail Chandler, a spokeswoman for the Natural Resources Conservation Service in Temple.

Because 42 NRCS offices will biggest hits in the Agriculture close or move and share offices with other USDA agencies, some demands that it is closing 1,070 field offices may not be met, Ms. Chandler said.

> "There's a possibility that we may not be able to, say, get up to someone's property to help them solve an erosion problem because we have 20 requests before that, and it's going to take several weeks to get there," she said.

Steve Pringle, legislative director for the Texas Farm Bureau, an association of farmers and ranchers, said the state fared well in the closures overall, although some will

'I think obviously there was a desire by everyone in the country to bring about more efficient service from the government," Pringle said. Overall it would appear that these moves can increase the efficiency of USDA services and continue to

come to expect." The offices sprouted up because of laws enacted in the Depression era, when 6.8 million farms operated nationwide. Today, the country has fewer than 2 million farms, fewest

maintain those services that farmers

since before the Civil War. Better highways and telecommunications also have made it easier for farmers to get information and reach

government offices. U.S. Rep. Larry Combest, R-Lubbock, a member of the House Agriculture Committee, is cautiously

optimistic. Although he voted against the reorganization plan earlier this year, he said, "In an effort to save money where you can't justify keeping an office open, it's not right for me to complain or anyone else."

"We need to do what all we can to reduce costs.'

Movie 'Falcon' goes for \$398,500 at sale

have been priceless in the classic jewel-filled falcon they were 1941 movie, but the Maltese seeking. falcon drew a cold, hard sum at auction Tuesday: \$398,500.

The lead figurine was bought by Ronald Winston, president of Harry Winston jewelers in New

"I thought the sense of intrigue and the search for something valuable fit in very much with our company," Winston said.

Other top sellers at Christie's sale of movie memorabilia included Academy Awards for "Gone With the Wind" and "Casablanca" and a copy of Margaret Mitchell's book "Gone With the Wind" signed by cast members from the movie.

The foot-high, 50-pound falcon, one of two made for the film, came from the estate of William Conrad, an actor, producer and director who worked for Warner Bros. and received it as a token of appreciation from the

In the "The Maltese Falcon," a villainous Sydney Greenstreet tells private eye Sam Spade, played by Humphrey Bogart, that there was no limit, in blood or

NEW YORK (AP) - It might money, to the value of the

A Maltese falcon figurine touted as the genuine movie prop. had been offered for sale by Christie's once before, in June 1993. But it had to be withdrawn when its authenticity was challenged. That bird weighed only 5 pounds and experts said it could have been a lightweight replica made for Bogart to hold in publicity stills.

The other real falcon is owned by a Beverly Hills doctor, Christie's said.

Also sold at the auction was an Oscar statuette given to Victor Fleming for best director for 'Gone With The Wind." It went for \$244,500. An best screenplay Oscar given to Howard Koch for 'Casablanca' sold for \$184,000.

The "Gone With the Wind" volume sold for \$57,500, and a typed manuscript for the 1968 book "The Making of Star Trek" was sold for \$55,200.

Other than Winston, the buyers of the top five items were anonymous.

All prices include the commission charged by the auction house.

Winning Combination." Seated at the head table were

Simons, Josserand, Fisher, Shirley Garrison, their wives; Steve Wright, school board president; and the two PSF officers.

Deaf Smith County Chamber of Commerce arranged for special signs to welcome PSF to the community. Mike Carr, C of C executive director, arranged for quick erection of a billboard north of town, and for a banner across US-385.

The two PSF representatives were scheduled to return to Missouri this

Hospital **Notes**

PATIENTS IN HOSPITAL Inf. Boy Almazan, Roscangela Almazan, Bernard Cottam, Santiago Flores, Tiburcia Flores, Jessie Fuller. Julio Garcia, Fred Heflin, Faye Holt, Clemma Johnson, Karen Matthew, Nicole Marie Matthew, Izora

McLaughlin, Jorge Nunez Page Ann Preston, Dovie Richards, Connie Sanchez, Lisa Marie Sanchez, Christina SanMiguel, Joyce Thomas, Stephanie Tijerina, Reynalda Varela,



AUSTIN (AP) - The Pick 3 winning numbers drawn Tuesday by the Texas Lottery, in order:

7-7-9 (seven, seven, nine)



THE HEREFORD BRAND

Dribbling show

The Hereford Stars demonstrate their ball handling prowess at halftime of the Hereford-Dimmitt boys' basketball game Tuesday in Whiteface Gym. The Hereford Stars--a group of 81 boys and girls in the second through sixth grades--have been practicing basketball fundamentals and more one a week since mid-October.

Lifestyles

Baptist Women hear special guest speaker

Natha Carroll recently presented a program titled "Overflowing Baskets in Eastern Europe" for members of the Baptist Women of Avenue Bapcist Church.

She said, "We as Baptist Women using baskets of God's spiritual blessings continue to overflow in Eastern Europe. We emphasize supporting such mission endeavors through prayer and offering. Through participation of W.M.U. assistance in the United States, we are hoping that work in Europe will allow God to multiply further works."

Janey Allmon shared names of Southern Baptist missionaries and a prayer pattern was set-up for the ones who had birthdays that day. The scripture was taken from II Timothy 2:22 with Allmon leading the prayer.

group will help with a Christmas gift shop at Hereford Care Center, Golden Irene Plains and Westgate Nursing Homes. prayer.

Running is an excellent way to

exercise, most fitness experts would

agree. However the nutritional needs

of runners may be greater than most people's, particularly when it comes

Magnesium is a nutrient that plays

a key role in heart and muscle

function, energy metabolism and protein synthesis. However magne-

sium, as well as the vital nutrients, is

lost through perspiration during

strenuous exercise. In fact, many

Preschoolers

All preschoolers are invited to

The play concerns two dolls and

a teddy bear on Christmas Eve

discussing the possibility that Santa

once left one of them by mistake.

There is no charge.

watch the play "A Christmas Tea" at 10 a.m. Thursday at Deaf Smith

invited to

County Library.

watch play

to magnesium levels

A notation was made that Reporter Irene Mullins and Wilma Bryan attended a recent mission study program at First Baptist Church. Also, Esther Frazier reporter on the enlistment and enlargement of Baptist

The next meeting will be held at 9:30 a.m. Dec. 10. This will be a brunch with Suzie Wall of Frio Baptist Church speaking. She is the mission support director of Frio and also serves as the WMU mission support director of the Amarillo **Baptist Association.**

During the meeting, a German dinner was served. The menu consisted of sauerkraut and wieners, coleslaw, potato salad, pastries and coconut cream pie. Those attending were Mullins, Bryan, Allmon, It was also announced that the Carroll, Irene Allen, Inez Houston and Frazier.

Irene Mullins led the closing

athletes have shown a significant

decrease in blood levels of magnesium

after competition. Studies suggest that

the amount of magnesium lost may be significant, particularly if intake of the mineral is already low.

of the 39 percent of all adults polled

who regularly participate in aerobic

exercise, 67 percent are already below the recommended dietary allowance

Getting magnesium through one's

diet is not that easy, since many foods high in magnesium are also high in fat

and sugar. Dietary sources of magnesium include: chocolate; nuts,

dried beans (such as kidney beans and

split peas); green, leafy vegetables;

whole-grain breads and cereals,

sunflower, pumpkin or sesame seeds;

sources of magnesium may be

necessary for persons with dietary deficiencies of the mineral and those-

such as runners and other endurance

athletes - who lose it rapidly through

regular, heavy perspiration.
"In studies we've done, magnesium

supplementation with strength training

has been shown to significantly

increase muscle strength," says

Lorraine Brilla, Ph.D. associate professor, Western Washington

University and director, Center for Fitness Evaluation and Adult Fitness

Magnesium supplements are available in several forms. A

consensus panel of the American Diabetes Association recommended that people at high risk of a magne-

sium deficiency take a magnesium chloride supplement, a form of magnesium that's highly soluble and

If you're unsure if your magnesium needs are met, consult a healthcare

professional who is knowledgeable

rapidly absorbed by the body.

Program.

innutrition.

Many experts believe alternative

for magnesium based on diet alone.

A recent Gallup survey found that



community projects.

Floral arrangement won

Edna Gault, at left, was the winner of a floral arrangement which was given away recently by members of the Xi Epsilon Alpha Chapter of Beta Sigma Phi Sorority. Presenting the arrangement. which was designed by Terry Sparks, is sorority member, Melinda Henson. Proceeds from the recent raffle will be used for

Run for your health Senior Citizens

LUNCH MENUS

THURSDAY-Beef stew with vegetables, coleslaw, cake and peaches, cornbread.

FRIDAY-Salmon loaf, scalloped

potatoes, mixed greens or green peas, raspberry gelatin salad, pineapple upside-down cake.

MONDAY-Italian spaghetti, green beans, buttered corn, tossed salad, fruit pudding, garlic toast. TUESDAY-Pork roast, baked

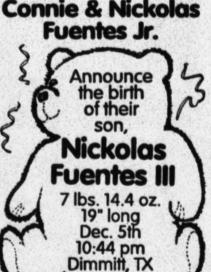
sweet potatoes and apples, buttered spinach, cottage cheese with chopped vegetables, lemon ice box dessert.

WEDNESDAY-Baked turkey with gravy, mashed potatoes, cauliflower au gratin, green peas, cranberry gelatin salad, fruit cobbler.

ACTIVITIES

THURSDAY-Stretch and flex 10-10:45 a.m., oil painting 9-11 a.m., choir l p.m., water exercises, blood pressure screening 9 a.m. until noon. FRIDAY-Line dance 9-II a.m., water exercises, HSCA board meeting

SATURDAY-Games noon until



4 p.m., holiday dinner 6 p.m. Reservations may be made by calling the center.

MONDAY-Line dance 9-II a.m., water exercises, Retired Teachers Association II a.m. until 2 p.m.

TUESDAY-Stretch and flex 10-10:45 a.m., water exercises, Beltone

hearings I-4 p.m. WEDNESDAY-Stretch and flex 10-10:45 a.m., water exercises, ceramics 1:30 p.m.

PALM SPRINGS, Calif. (AP) Sonny Bono's head is spinning after a Capitol Hill orientation.

The newly elected congressman and his fellow Republican freshmen are in Washington for nearly three weeks of classes and retreats.

"I cannot believe how hectic this the former singer and Palm Springs mayor said. "They even lecture at us during breakfast. It never

Bono, who takes the oath of office Jan. 4, is getting an earful on the GOP's Contract With America.

The nearly three weeks of orientation began Nov. 29 with a group photo on the Capitol steps. The group got a lecture on House protocol and ethics rules concerning gifts,

hiring practices and favors.
"There are a lot of rules," Bono said. "But I learned to separate my personal life from my professional and political life, and to make those distinctions clear, when I was a

Composer Jules Massenet was born in 1842 in Montaud, France.



FESTIVE FOODS What better gift for a cherished loved one or friend this Christmas than

"30 Years of Festive Foods," a commemorative cookbook from Southwestern Public Service. Packed with 2500 tried and true recipes, this handy cooking aid is packaged in a durable three-ring binder with a quick-reference format that's easy to use.

"30 Years of Festive Foods" is on sale now at local SPS offices, or may be ordered by mail using the order form below.

NAMEADDRESS			— Mail to:
CITY No. of COOKBOOKS	_STATE	ZIP	SPS
MAIL ORDERS: PRICE PER COOKBOOK	\$16.00	COOKBOOKS PURCHASED	SOUTHWESTER PUBLIC SERVIC COMPANY
SHIPPING/HANDLING TOTAL	\$ 4.00	IN LOCAL SPS OFFICE: \$16.00	P.O. Box 9431 Amarillo, Texas 79105-9
Make Check or Money Order po	yable to Son	thwestern Public Service Company	Attn. Diane Bim

New

Rodney and Judy Barrett are the parents of a daughter, Tatum Bree, born Nov. 30, 1994, at Northwest Texas Hospital in Amarillo. She weighed 5 lbs. 3 oz.

The infant is welcomed by her brother, Hunter, 5, and her sister, Bailee, 4.

Grandparents are Ed and Millie Barrett of Hereford and Larry and Rena Nelson of Tulia.

NEW YORK (AP) - Mickey Rourke says he's misunderstood. Got a problem with that?

"People think I do drugs, that I punch people out," the actor told Entertainment Weekly. (He denies both.) "They think I have horns coming out of my head. Where I came from I had to be fast and fight. I don't want to be hard or intense. It's just become a shield."

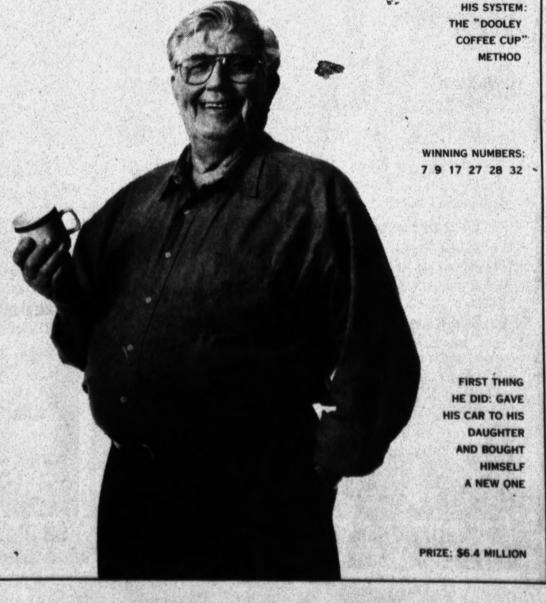
Rourke, who grew up in Miami's rough Liberty City neighborhood, wants Hollywood to give him another chance now that he has given up

boxing.
"He's the most lovable guy in the world, but he can be one of the meanest," said Rourke buddy "Pinky" Francis.

> Dr. Milton Adams Optometrist 335 Miles Phone 364-2255 Office Hours: Monday - Friday 8:30-12:00 1:00-5:00

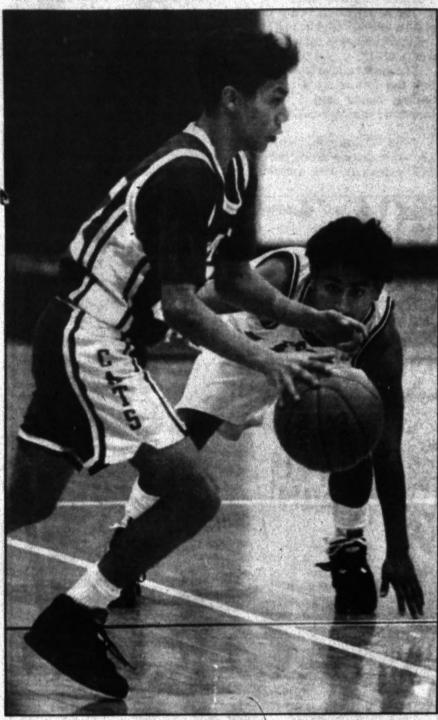
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Sports

Whitefaces rout Dimmitt; girls fall by four



Keep your eye on the ball

Hereford's Ronald Torres gets down low to play defense on Dimmitt ball-handler Tuesday in Whiteface Gym. Defense like this helped the Herd to an 83-53 win.

By JAY PEDEN
Sports Editor
Hereford's basketball teams followed up a bad weekend with a couple of fine performances against

Dimmitt Tuesday in Whiteface Gym.
The Lady Whitefaces, who lost by
23 points Friday at Littlefield, came within a minute and a half of upsetting the Bobbies before falling 58-54 in the first game. Then the Hereford boys took out the frustrations of two losses in the Denver City Invitational with an 83-53 rout of the Bobcats, who never led in the game.

The Hereford boys improved their record to 4-4, while the girls fell to

They played before the largest basketball crowd in Whiteface Gym in some time. Dimmitt brought its share of fans, and the Hereford side was swelled by halftime performances by the Hereford Stars--81 young boys and girls who've been practicing basketball fundamentals since mid-

The boys' game was tied at 2-2 until consecutive baskets by Ashley Noland started Hereford on a 10-2 run. The Herd kept piling on the points: a three-pointer by Michael Brown made it 17-6; a three-point play by Todd Dudley made it 25-10. Hereford led 26-14 at the end of the

first quarter. "We were really focused and ready to play," Herd coach Randy Dean said. "These guys responded to the challenge after last weekend's performance.

Hereford kept up the onslaught in the second quarter. Wade Backus hit two three pointers to open the quarter, and Hereford led 33-15. Back-to-back three-point plays by Dimmitt made it 35-24, but that was as close as the Bobcats would get.

The Herd went up 42-25 on a spectacular play that started with a length-of-the-court bullet pass from Noland to Benton Buckley, who hit Isaac Walker knifing through the lane for a layup. Walker was fouled and hit the free throw.

Hereford closed the quarter with three consecutive baskets-the third

another Backus trey for a 51-28 said the Lady Whitefaces suffered halftime lead. said the Lady Whitefaces suffered from "post-Littlefield doldrums,"

"Our offensive execution was outstanding in the first half," Dean said. "We did a good job of controlling the boards and giving them just one shot. That was a big key to the

A third-quarter lull killed the Herd's 100-point pace, although the Herd recovered in plenty of time. Dimmitt started the third quarter with an 11-0 run, as Hereford didn't score in the first six minutes.

We came out and missed some easy shots, and we started firing a little quickly," Dean said. "That allowed them to creep back in it for a while. We turned it up on defense and shut their run down, then scored some baskets late to get the lead back

Walker broke the scoring drought with a put-back, then two straight layups by Buckley and one by Brown let Hereford close the quarter with a 59-39 lead.

The fourth quarter was more rout, as the Herd third-team outscored Dimmitt in the final minutes.

The girls' game was quite different. Dimmitt led for the entire first half: a 7-0 run in the first quarter gave the Bobbies a 15-8 lead, but Hereford closed it to 15-12 by the end of the quarter.

Dimmitt led by as much as 27-18 in the second quarter, but Julie Rampley had a basket and a free throw to lead a 6-0 Hereford run, closing the first half with Dimmitt leading 29-27.

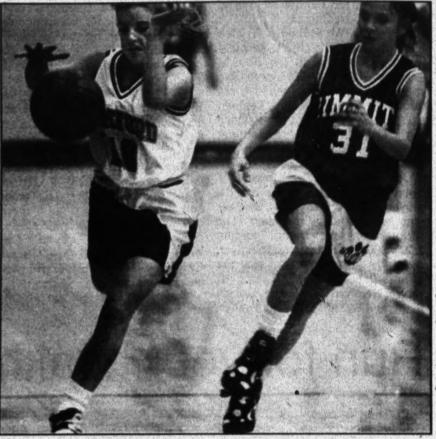
Hereford coach Eddie Fortenberry

referring to their bad outing on Friday, but Hereford hung into the

game despite being a little sluggish. "I thought we did a good job of staying close enough to have a

chance," Fortenberry said.
"Their defense makes you look bad for a while. They came out in a zone and we were expecting full-court man-to-man. We'd worked so much on going against a man defense. We

(See HERD, Page 5)



Finders keepers

Hereford's Kari Barrett (10) beats a Bobbie to a loose ball during Tuesday's game in Whiteface Gym. Dimmitt won, 58-54.

TO ALL INTERESTED PERSONS **AND PARTIES:**

Frito-Lay Inc. has made application with the Texas Natural Resource Conservation Commission for renewal of Air Quality Permit No. 3509A for a Corn Cleaning Plant in Hereford, Deaf Smith County, Texas. The location of the existing facility is 101 South Progressive Road. Additional information concerning this application is contained in the public notice section of this newspaper. This notice is to be published on December 6th and December 7th.

Aikman plans to play this week

IRVING, Texas (AP) - Troy Aikman doesn't like it when another quarterback has "his" team.

For the past two weeks the Dallas Cowboys have survived with backup quarterbacks, but the odds are they won't have to play without Aikman

He's been sidelined with a sprained left knee ligament but was in charge of the team on Tuesday as the Cowboys prepared for Saturday's game against Cleveland in Texas

"I plan on playing," Aikman said.
"The knee is coming alone fine."

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Mavericks come back, surprise Spurs in O

By The Associated Press

David Robinson, meet the new and vastly improved Dallas Mavericks. The San Antonio Spurs center got

a good look at how well Jason Kidd. Jamal Mashburn and Jim Jackson are coming together up in Dallas. Despite Robinson's 42 points, the young Mays came from behind to beat the Spurs 124-121 in overtime Tuesday

The win broke Dallas' 16-game losing streak to San Antonio.

'Confidence for this team is high right now," Kidd said, "and as long as we can keep learning while we're improving, this team is going to be very fun to watch."

Jamal Mashburn scored 34 points and Jimmy Jackson 28 to key Dallas' comeback victory. Roy Tarpley had season highs with 22 points and 14 rebounds.

Phoenix's game with the Washington Bullets at USAir Arena had to be postponed because of condensation that made the court unusable.

Even though Robinson came into

the game leading the league in rebounds, Dallas outrebounded the Spurs 62-33

In a fourth quarter that featured six lead changes and nine ties, Robinson's layup and foul shot gave the Spurs a 110-108 lead with 43 seconds left in regulation. A 3-pointer by Lucious Harris and a free throw

by Mashburn forced overtime. Mashburn's free throw came after Kidd came up with a late steal with 13 seconds remaining.

"I knew we needed a big play in that situation," said Kidd, who had 10 points, a career-high 13 assists and five steals. "I gambled and was lucky to come up with the big play.'

Robinson fouled out with 54 seconds left in overtime, and Jackson's basket with 37 seconds left gave Dallas the lead for good.

Magic 114, Cavaliers 97

Anfernee Hardaway scored 10 points and Shaquille O'Neal had nine in Orlando's 42-point first quarter as the Magic won at Cleveland.

O'Neal and Nick Anderson finished with 26 points each and Hardaway finished with 20 for the Magic, which has won nine of 10

The Cavs were without forward Tyrone Hill, who had the flu. Center John Williams played despite a sore hamstring. Williams and Terrell Brandon scored 14 points each for Cleveland.

Knicks 104, Celtics 90

Charles Smith had 20 points and New York shut down Boston in the

The Knicks led by as many as 20 points early in the final period. The visiting Celtics, who dropped their third straight, made only 12 of 36 shots after halftime.

Dino Radja had 23 points to lead

Pacers 90, Pistons 83

Dale Davis had 19 points and 11 rebounds and Reggie Miller made a key 3-pointer to stop a late rally as

Indiana beat Detroit.

The Pacers led by 13 with 5:30 remaining, but Detroit used a 12-2 run to pull within one on a 3-pointer by Terry Mills with 1:47 remaining. Mills scored 11 of his 16 points in the fourth quarter, going 3-for-3 from 3-point range.

Miller, who scored 18 points, nailed a 3-pointer with 22 seconds remaining to seal Indiana's homecourt victory.

Nuggets 102, Timberwolves 95

Dale Ellis scored 14 of his 18 points in the second half and rookie Jalen Rose started a fourth-quarter rally to lead Denver over Minnesota.

Rose scored six straight points his first points of the game - to turn a one-point deficit into an 88-83 lead with 6:08 to play. A 10-1 spurt capped by Ellis' baseline jumper sent the Timberwolves to their 12th straight home loss.

Brian Williams had 17 points and 13 rebounds for the Nuggets. Doug West led the Wolves with 25 points. to win its third straight game.

Mookie Blaylock finished with 17 points and 12 assists, Stacey Augmon added 17 points and Grant Long 16 for the visiting Hawks. Kenny Anderson led the Nets with 24 points and 11

SuperSonics 103, Rockets 90

Gary Payton scored a season-high 30 points to lead Seattle past visiting Houston, which struggled without Hakeem Olajuwon.

Olajuwon, last season's Most Valuable Player and Houston's scoring and rebounding leader, injured his right wrist last Thursday when he fell onto a camera during a game against Golden

Hornets 106, Jazz 97

Dell Curry made six of Charlotte's 13 3-pointers, including four in the fourth quarter, to lead the Hornets at

Larry Johnson led Charlotte with 28 points, while Karl Malone had 31 for Utah.

Sacramento 108, Milwaukee 95 Olden Polynice had 22 points and

16 rebounds and Walt Williams added 20 points to lead Sacramento over Milwaukee.

The win gave the Kings their best early season record in more than a decade - eight wins in 15 games - and the best since the franchise's 1982-83

season in Kansas City. Glenn Robinson had 31 points for the visiting Bucks. Mitch Richmond scored 17 points and Spud Webb 16 for the Kings.

Lakers 113, Warriors 101

Los Angeles made a franchise-record 3-pointers to hold off visiting Golden

Cedric Ceballos had 28 points and 12 rebounds to lead the Lakers, who outrebounded Golden State 61-42.

Tim Hardaway scored 23 points for the Warriors.



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HERD

were timid; we wouldn't shoot the.

Hereford had some strong runs in the second half. Rampley hit a three-pointer to cap a 7-0 run and give Hereford its first lead at 35-34. Dimmitt took it back quickly, and the lead changed hands eight more times in the game. Mindi Davis' 15-footer gave Hereford a 41-40

lead at the end of the third quarter. The lead seesawed through the fourth quarter, and Hereford held its last lead at 52-51 when Brittney Binder hit a pair of free throws with 1:38 left in the game. Dimmitt took the lead back immediately, though, and outscored Hereford 5-2 the rest of the way, mostly on free throws.

"We missed some free throws," Fortenberry said. "That's really what it amounts to, because we got some

pretty easy shots. Despite the loss, the Herd's performance was encouraging in several ways for Fortenberry. Dimmitt beat Randall, 39-30, Friday in the Levelland tournament, and Randall, with Canyon, is the favorite in Hereford's District

Fortenberry also praised Hereford's

offensive output. They (Dimmitt) don't give up a whole lot of points," Fortenberry said. 'I'd be willing to bet if you check their

that somebody's had against them.' This gives us some hope," he said. 'We've seen everybody (in the district) except Canyon, and we're there. We're not that far."

HERD SCORING

Boys: Isaac Walker, 17; Wade Backus, 12; Michael Brown, 11; Benton Buckley, 8; Ashley Noland, 7; Cody Marion, 7; Michael High, 6; Michael Power, 4; Terance High, 4; Todd Dudley, 3; Gregg Kalka, 2; Jason Eades,

Girls: Mindi Davis, 14; Brittney Binder, 13; Julie Rampley, 10; Catie Betzen, 8: Tarabeth Holmes, 5: Heather Hodges, 2; Misti Davis, 1; Danielle Cornelius, 1.

Both teams will participate in the Abernathy Tournament Thursday, Friday and Saturday. The tournament actually will be played in three different towns: Abernathy, New Deal and Hale

The Hereford girls will play Vernon at noon Thursday in Hale Center. If they win they play the winner between Cooper and Hale Center at 6 p.m. Thursday in Hale Center. If Hereford loses the first game, it plays the loser between Lubbock Cooper and Hale Center at 9 a.m. Friday at Hale Center.

The Hereford boys start with Estacado--which beat Hereford 79-78 a week ago--at 1:30 p.m. Thursday at Hale Center. If Hereford wins, they play the winner between Cooper and Hale Center (the boys' and girls' bracket are similar in many ways) at 7:30 Thursday in Hale Center. If Hereford loses the first game, it plays the loser between Cooper and Hale Center at 10:30 a.m. Friday in Hale

Hereford won both junior varsity games played Tuesday before the varsity gmaes. The boys won 57-42 in Whiteface Gym, and the girls won 41-34 across the hall in the Hereford Junior High gym. Both took control fairly early: the boys led 35-20 at halftime and the girls led 23-10 at the

Brian Torres led the boys' JV with 14 points. He was backed up by Cory Schumacher with 10 and Bryant McNutt and David Sims with nine

Briar Baker paced the girls with 12, Cassie Abney scored 11 and Shay Henderson added eight points. The sophomore boys' team played Tascosa in Amarillo Tuesday but lost

71-63. Trip Robison led the sophomores with 28 points, Jeremy Reiter scored 10 and Curt Sherrod added

UConn defeats scrappy

By The Associated Press

Connecticut found out that even early Big East games against outmanned opponents are tough.

The 10th-ranked Huskies looked very good in a win over then-No. 6 Duke in last week's Great Eight. Things were a lot different in the eyes of coach Jim Calhoun after Tuesday night's 74-70 victory over Boston College, a team trying to replace four starters from last season while handling the loss of star freshman Chris Herren for the season because of wrist surgery.

'I don't think the opponent was that important," Calhoun said. "The opponent was our own uniforms. We didn't play with enough emotion. Some guys I expected to respond didn't respond."

The Huskies (4-0) don't play again until Dec. 23, and that means plenty of time for Calhoun to think about the tough road victory over the Eagles

The game was tied 68-68 when Doron Sheffer hit a 15-footer with 34 seconds left to give the Huskies the lead for good. Mickey Curley then inbounded the ball and, when Duane Woodward didn't move toward it, Brian Fair stole it and scored with 28

seconds to go. 'They played with a lot of courage

and played their hearts out," Boston No. 8 Arizona 96, Florida St. 78 College coach Jim O'Brien said of his

Fair led Connecticut with 21 points, while Ray Allen with 14. Danya Abrams carried the Eagles with a career-high 29 points and 10 rebounds.

In other games involving ranked teams Tuesday night it was No. 3 Arkansas 121, Centenary 94; No. 8 Arizona 96, Florida State 78; No. 9 Duke 103, George Washington 73; No. 14 Wisconsin 69, Valparaiso 51; No. 19 Syracuse 83, Miami 65; Vanderbilt 70, No. 20 Virginia 65; and Texas-El Paso 77, No. 22 New Mexico State 68.

No. 3 Arkansas 121, Centenary 94 At Fayetteville, Ark., Clint McDaniel had five points, three assists and two steals in a 19-0 run as the Razorbacks (4-1) cruised. There was some worry, however, as forward Scotty Thurman left the game with 8 minutes to go in the first half with what appeared to be a sprained ankle. School officials said he would be X-rayed today. Darnell Robinson scored a career-high 24 points in 23 minutes for the defending national champions, while McDaniel finished with 17 points and 10 rebounds.

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At Tucson, Ariz., Damon Stoudamire had 25 points and 12 assists to lead the Wildcats (4-1), who shot 64 percent in the second half (21-for-33). Stoudamire and Reggie Geary turned in impressive defensive performances for Arizona, holding the high-scoring backcourt of Bob Sura and James Collins to 15 and 12 points, respectively. The loss was the Seminoles' first of the season in four

No. 9 Duke 103, **George Washington 73**

games.

At Durham, N.C., the Blue Devils (4-1) put on a shooting clinic early and had this one wrapped up by halftime with a 30-point lead.

Texas-El Paso 77, No. 22 New Mexico St. 68

At El Paso, the Miners (2-1) dominated from the start in a rematch of their only loss of the season last week. Mark Ingles scored all but three of his 18 points on 3-pointers and led six Miners in double figures. Johnny Selvie had 12 points to lead the Aggies (5-2), while Antoine Gillespie had 11 points, 14 below his team-leading average. Ingles had three 3-pointers in the Miners' 10-0 run to open the game.

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Feeding zoo animals more than serving 'bear chow'

By GERARD FARRELL The Victoria Advocate

VICTORIA, Texas - Rusty is hungry. It's shortly after 8 a.m., and the Texas Zoo's red wolf is pacing back and forth inside his chain-link home, eager to be fed.

But his wait won't be long. Although the zoo won't open to the public for almost two hours, already keepers are working to keep its 100-plus animals fed. The jobentails more than just opening a bag of bear chow - or bobcat, raccoon or gator food, for that matter.

The keepers spend roughly six hours a day chopping fruit and vegetables, cutting up fish, weighing out meat, seeds and animal "chows" and combining various quantities of some or all the ingredients according

to diet cards kept in a Rolodex.
"Food prep starts first thing in the morning, and it usually takes us all morning," keeper Sandra Hungerford says. The routine is repeated late in

Sherri Hornstein, the zoo's curator of animals, says the animals' regimen was arrived at through research, experimentation and consultation with other zoos. Ingredients range from ordinary canned cat food to commercially prepared "Bird of Prey Diet," and include most everything in between.

Hungerford makes her way to the wolves' cage, bringing each wolf about 10 ounces of meat and a cup of dog chow. Toward closing time,

they'll get a second helping.
"Most of our animals get fed in
the evening, but some of them get fed twice a day. Our cats get fed twice, our coyotes, wolves, shore birds, they

all get fed twice," she says.
The animals' diets vary from season to season. With winter approaching, the black bears now get about three times their daily summer ration of five cups of dog chow, three apples and four carrots each.

The Wizard of Id

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"Usually we try to let them put on a little extra weight for winter, especially those who don't have heated quarters," Hornstein says.

The zoo, which has struggled financially in recent years, relies on donations and bargain shopping for a lot of its food. Sam's Club, for example, donates fruits and vegetables that otherwise wouldn't be sold

"They have to throw it away because it's bruised or is going back," Hungerford says. "We have to go and pick through it and see what of money that way."

Harwell's slaughterhouse donates blood for the zoo's vampire bats, who consume about half a gallon a week.

Although vampire bats' saliva contains an anti-coagulant that enables them to feed in the wild, Hungerford explains that the blood they're served at the zoo contains a and other additives to prevent it from clotting in storage.

"Once it starts going bad, the bats won't eat it."

It's Tuesday afternoon, and one of the zoo's most frequent visitors is walking the grounds with Hornstein, asking about each animal. But Tom Culberson's questions aren't simply idle curiosity. The Victoria veterinarian is there to see which animals need medical attention.

Sherri does the day-in, day-out monitoring of the animals, I'm just here once a week. So I have to rely on the keepers' observations to know whether there's anything wrong with anybody," says Culberson. "Most of the time, it's just a rounds-type situation, just walking around and seeing what they're like."

On this day, the only animals requiring treatment are a red-eared slider - a kind of turtle - with growth above one of its eyes, and a cattle egret with most of its right wing

The egret, which was brought in to work with animals." earlier in the day, seems generally OK, and Culberson is able to examine the bird with little difficulty. The turtle, however, has drawn its head inside its shell and refused to let the vet see what's wrong, despite, or perhaps because of, Culberson's

prodding with a ball point pen. Treating the zoo's animals has been an educational experience for Culberson, who graduated from Texas A&M University in 1978.

"You can get a real good education we want. But they've saved us a lot in exotics now. Back then, it just wasn't that developed," he says.

Most of what he knows about treating the zoo's animals, he learned while working with Scott McMurray, the zoo's vet until Culberson took over

"He learned it the same way day-in, day-out, hands-on experience," he says. "A lot of the time it's just mixture of dextrose, sodium citrate common sense. You just extrapolate the domestic animal treatment into the

> But working by trial and error can have tragic results, as Culberson and the zoo learned in the mid-1980s, when a gray wolf died after receiving canine distemper vaccine.

> "Their system just can't handle it." The zoo's wolves no longer receive the vaccine, and Culberson stresses the importance of consulting with vets at other zoos, who are more likely to have specialized training.

"When you run across a problem, try to figure out what's going on or call an expert," he says. "A lot of the time, I just have to call people."

Heather Haschke never thought she'd be a zoo keeper. Then, at age 13, her mother told her about the Texas Zoo's student volunteer program, which puts teen-agers to work assisting keepers for two weeks in the summer.

"I always liked animals, and I thought it would be fun to do," Haschke says. "I didn't start out thinking I'd get a job. I started because I wanted

by Brant Parker & Johnny Hart

A year after Haschke started at the zoo, she was joined by 14-year-old Stephanie Bagnall, who'd heard about the program from friends who volunteered the previous summer.

Both girls continued volunteering at the zoo on weekends and during school holidays. When the zoo opened a petting corral three years ago, Haschke was hired to tend its sheep, goats and pigs.

About the same time, Bagnall took part-time job in the gift shop. In August 1993, she was hired full-time as a keeper.

"I knew when I started volunteer-

animals, but I wanted to be a veterinarian. After my first two or three weeks were up, I knew that I wanted to work with wild animals, not domestics," Bagnall said. "But I didn't think I'd end up working

After two years working part-time refuge. in the petting corral and gift shop, Haschke left for a year of college, only to return to the zoo in June. "I decided to become a full-time zoo keeper and go to school at night."

The job is anything but glamorous.
"But I love it," she says while hosing down the pelicans' moat. "I

ing that I wanted to work with wouldn't mind doing this for a

Haschke figures she'll spend another year or so at the zoo then go

back to college full-time, possibly to study wildlife management. "I'm not sure if I want to work at a zoo or not. Maybe at a wildlife

Bagnall, who believes there's a zoo in her future, likes working at the Texas Zoo because keepers aren't assigned to specific parts of the zoo.

"It makes me feel good that I'm able to help wildlife. It's something different. Not everybody does it, Bagnall says.

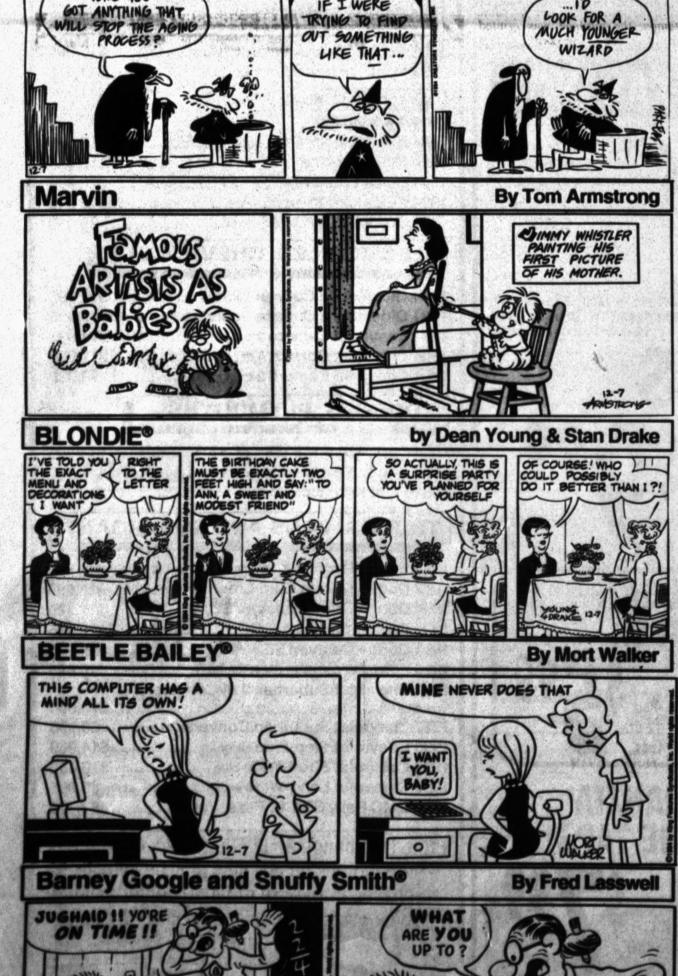
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Comics

IF I WERE



Weight-loss industry need to shape-up

By LAURAN NEERGAARD **Associated Press Writer**

WASHINGTON (AP)--Americans spend more than \$33 billion a year to lose weight and yet a third of adults are still too fat, according to scientists who say the weight-loss industry

needs to shape up.

The scientists, who have produced new guidelines on safe and effective dieting, are urging the industry to disclose the true effectiveness of everything from diet guidebooks to

Jenny Craig programs.
"The current system is chaos," said Dr. Arthur Frank of George Washington University, co-author of the guidelines. "None of these programs gives any information."

The Institute of Medicine, an arm of the National Academy of Sciences, assembled a panel of experts to study obesity. The conclusion: 35 percent of women and 31 percent of men are obese, despite spending over \$33 billion a year on weight-loss products and programs.

The few who complete weight-loss programs lose 10 percent of their body weight, the panel reported.

Even that small an amount is healthful, said former Surgeon General C. Everett Koop, who today was launching a "Shape Up America!" campaign that aims to sell Americans on the benefits of even modest losses

"Eat sensibly. Exercise regularly. Drop a few pounds. Shape up," Koop

The problem is, Americans can't keep the pounds off. The average dieter regains two-thirds of lost weight within one year and almost all within five years, the expert panel

Holiday entertaining can be hectic,

and sometimes it is hard to plan an

event because there are so many other things scheduled for the season.

planning a relaxed brunch for family

or friends instead of a traditional

evening party. By doing as much of

the preparation as possible ahead of

time, it is easy to serve a delicious

and elegant meal and still have time

Time-saving steps from making

innamon roll dough the night before

MAKE-AHEAD

CINNAMON ROLLS

1/4 cup butter or margarine

package active dry yeast

NEW YORK (AP) - Shaquille

The basketball star said Joe Toney

O'Neal dedicated a rap song to his

stepfather because his biological one

left the family when O'Neal was a

few months old and wasn't around

now he wants to go on Howard Stern

and Rikki Lake and let people know.
So I did the song," O'Neal said in the
latest issue of People magazine.

"Biological Didn't Bother." O'Neal

dismisses Toney as the man who

"left me out in the cold, when a few

The rap is dedicated to Philip

"He took me from a boy to a

Manitoba became a Canadian

Harrison, who met O'Neal's mother,

Lucille, when the two were city

workers in Newark, N.J. They

man," the Orlando Magic star raps. "Phil is my father, 'cause my biological didn't bother."

married when O'Neal was 2.

The song on his recent album is

1 1/2 cups all-purpose flour

for your guests.

2/3 cup water

"didn't bother."

months old."

Many hosts and hostesses are

Make-ahead recipe great

for holiday entertaining

"We have an epidemic of obesity in this country among adults and children," said panel chairwoman Judith Stern of the University of California, Davis. "They need tools for making better decisions about how to lose weight.'

The panel called on weight-loss programs to issue comprehensive data about who they serve and what results they achieve so dieters can pick the best program for themselves.

But Frank, who wants such programs to go a step further and be accredited, acknowledged the request is purely voluntary because the weight-loss industry is largely unregulated.

Jenny Craig, one of the largest weight-loss organizations with 820 centers worldwide, labeled the report "a national call to action," but said it would do no good unless every company complied.

Jenny Craig wouldn't say if it would release the type of success data the Institute of Medicine wants. But it said it already carefully screens patients' health to ensure it enrolls them in proper programs, under a doctor's supervision if necessary.

Dieters can choose from do-it-yourself efforts that consist of diet books and support groups, non-clinical programs such as Jenny Craig that use counselors to teach weight loss and nutrition, or clinical programs where licensed doctors may offer drugs or surgery.

Different patients require different care, and currently have little guidance, the panel said. A 26-year-old in good health who just wants to shed 15 pounds could do fine with a do-it-yourself program or a

tablespoons nonfat dry milk

1/4-1 3/4 cups all-purpose flour

Candied cherries, optional

Heat water and butter to 120

yeast, sugar, salt, dry milk, egg and

warm water mixture in small mixer

bowl. Knead for 3 to 5 minutes. Add

1 1/4 cups flour and continue kneading. If dough is sticky, knead

in enough of remaining 1/2 cup flour

to form a stiff dough. Place in a

greased bowl, turning once to grease top. Cover and let rise in a warm place until doubled, about 30 minutes.

Punch down. Roll dough into 15 x 10

inch rectangle on lightly floured

surface. Spread with butter. Mix sugar and cinnamon; sprinkle over

butter. Beginning at 15-inch side, roll up tightly and pinch edges to seal. Cut into 17 pieces, about 3/4-inch each. Place a small oven-proof

cinnamon rolls around the outside of

the first ring. Cover with plastic wrap and place in refrigerator overnight.

allow to rise at room temperature

until doubled, about 30 minutes.

Bake in preheated 375 degree oven

for 25-30 minutes. Remove from

oven and place on platter. Glaze with

Sugar Icing wile warm. Garnish with

SUGAR ICING

2 tablespoons light cream or milk 1/4 teaspoon vanilla extract

Place cream, vanilla and half the sugar in a small bowl. Mix until

sugar is moistened. Add remaining

1 3/4 cup powdered sugar

candied cherries.

Remove rolls from refrigerator,

tablespoons butter or margarine,

1/4 cup sugar

1/2 teaspoon salt

powdered

softened

1/4 cup sugar

1 1/2 teaspoons cinnamon

non-clinical program, Frank said. But a 330-pound person with diabetes and heart disease "has no business going to Jenny Craig," he maintained.

The panel urged that: -- Dieters carefully assess their individual needs and pick a program with a matching consumer profile.

-- Companies publicize patients' long-term weight loss, improvements in obesity-related co-diseases and improved health practices so dieters can compare results.

-- Companies require that lactating women, children and patients with any chronic disease undertake weight loss only under some medical supervision.

-- Dieters ask a trusted health-care provider if the program is sound and appropriate. Check the required diet, which should contain enough protein to maintain nitrogen balance and limit the loss of lean body mass. Exercise should gradually progress up to an hour of moderate-intensity activity

-- Dieters remember that programs promising results without dieting and exercise won't work.

-Dieters carefully assess their health before and during weight loss. Even healthy people who lose weight too quickly on very low-fat diets run a risk of such problems as gallbladder disease.

Kristen Campbell, daughter of Terry and Zallee Campbell of

Hooker, Okla. and granddaughter of

Roy and Let' Campbell of Hereford, has been sciected for the Oklahoma

Baptist All-State Youth Choir

The choir will be traveling to

London, England June 3 to celebrate

the Baptist heritage in England.

Choir members will perform concerts in churches and at historical sites.

at Hooker High School, a starter on

the JV basketball team, president of

her local 4-H club and is also a

member of the Texas County Livestock Judging Team which

placed second at the Oklahoma State

Fair and first place at the Tulsa, Okla.

Kristen is a 15-year-old freshman

Military Muster

Gabriel Eugene Huckins, a senior at Hereford High School, has joined the U.S. Army under its Delayed Entry Program which enables a student to delay reporting for training for up to a year so that he can finish his studies.

Huckins, the son of Aaron and Sherri Huckins of Hereford, has committed to three years' service and asked for advanced individual training as a heavy wheel vehicle mechanic. Before enlisting, Huckins assured himself of a \$25,000 fund for college after his service is over by qualifying for the Army College Fund as well as the Montgomery GI Bill.

Joe Max Borden, also a senior a HHS, has joined the U.S. Army under the Delayed Entry Program. He is the son of James and Bonnie Borden of Hereford.

Borden is scheduled to report July 18, 1995 to begin basic training at Fort Jackson, S.C. He has committed to six years' service and asked for advanced individual training as an avionic mechanic.

Cody Dwane Wimberly, son of Paula F. Robinson of Hereford and Thomas J. Wimberly, is a senior at HHS and has joined the Delayed Entry Program.

Wimberly will report July 20, 1995 to begin basic training at Fort Jackson, S.C. He has committed to four years' service and asked for advanced individual training as a personnel administration specialist.

NEW YORK (AP) - Michael Douglas wants to clarify his former addiction. It was to alcohol - not sex.

The actor said false reports of a sex addiction grew out of his roles in "Basic Instinct" and "Fatal Attraction.'

"These characters were sexually driven. The media got this great handle from the film and rode with it. I can't believe people are so titillated by this," Douglas said in the January issue of Vanity Fair.

Douglas said he entered Arizona's Sierra Tucson clinic to deal with the effects of a "cumulative lifestyle" that included excessive drinking.

He was vague on the details. "I went into rehab to save my marriage, but I wound up saving myself," he said.

1987

Chevrolet

Celebrity

1988

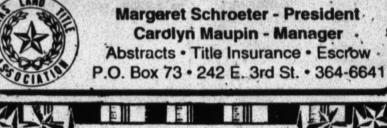
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Hints rrom Heloise

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Mix equal parts of sudsy ammonia and water. Let gold/diamond jewelry soak in the solution for a few minutes and then, if necessary, use a soft-bristled toothbrush to gently scrub at any tough stains. Rinse with plenty of cool water, and you can buff to a beautiful shine.

If you make a large amount, store the leftover solution in a container with a tight-fitting lid. Be sure to label it and keep it out of the reach of small children. - Heloise

FAST FAUTS An egg slicer is handy for more than slicing eggs. Here are some

suggestions: • Use to cut a peeled banana into

Use to cut cooked or canned

 Use to slice cooked beets. Use to slice mushrooms.

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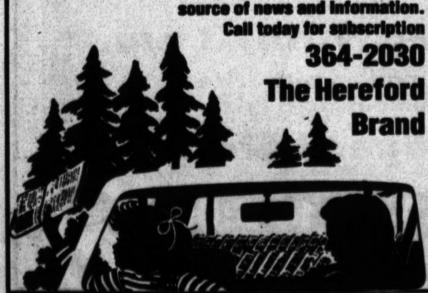
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*Rates are per room, per night, single or double occupancy. Available now through September II, 1994, Thursday, Friday, Saturday and Sunday rights only. Up to two children (17 and under) stay free in adults room, when no additional bedding required Taxes and granutus are not included. Advance reservations required. Subject to availability. Not applicable to groups, conventions or special discount offen. Rates are subject to change without notice.

sugar and process until smooth. province in 1870.

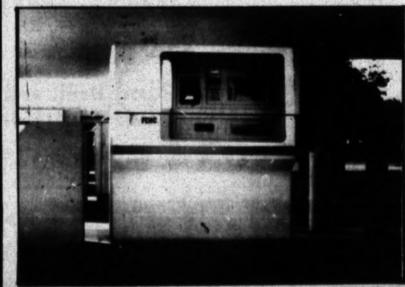
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"But now that I'm a rapper, movie star and a good basketball player, cup. Custard cup inverted in center of 12-inch pizza pan. Lightly oil pan and cup. Place the remaining 11



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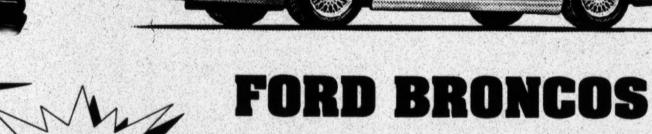


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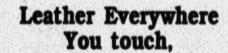
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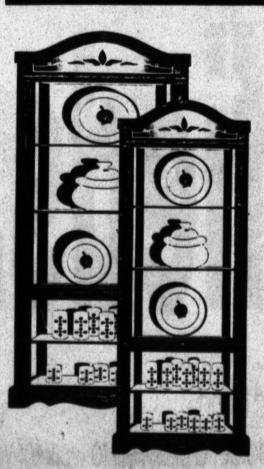


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Times	RATE	MIN
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2 days per word	26	5.20
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E down par word	50	11.80

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid-word lines-those with captions, bold or larger type, special paragraphing; all capital letters. Plates are 4.35 per column inch; 3.65 inch for consecutive

LEGALS

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not onsible for more than one incorrect inserti n case of errors by the punsertion will be published.

1. ARTICLES FOR SALE

TRASH & TREASURES

Don't pay rent to own prices, finance or layaway with us for great deals on furniture and other miscellaneous items. 143 N. Main Hereford, Texas

Great Gift!!

Rio Star Grapefruit, 24's \$12 a bushel.

Call 364-4353

For Sale
Pecans are now being sold by Pilot Club Members. Fresh pieces or halves - \$4.75 per lb. Call 364-4621



1% Bonus

New York Life Insurance Annuity
Corporation is currently paying
1% Bonus' on Single Premium Retirement Annuity Conservative, Sale * *\$5,000 Minimum
For Current rates, call

James Self - 364-1244

FIREWOOD

Seasoned Oak, \$160 Cord. delivered & stacked, in town 150 you pickup. Call 364-8736 8-6 or 364-6632 after 6. 800 N. 385

?DISABLED?

3-Wheel Pace Setter, Plus II Electric Scooter For Disabled. Mint Condition - Almost New Batteries. \$1,200.

Call: 364-6957

ledicare Supplements

 Competitive Rates Service after the sale James Self - 364-1244 242 E. Third - Hereford, Texas

take over established clientele. Send resume to Box 673DD.

Nail tech wanted to

Rebuilt Kirbys, 1/2 price with warranty. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

New study desks, 2 drawers, \$40 each; See at office at Red Carpet Inn. 830

Ice box & stove for sale, 364-6192 710 E. 3rd.

For sale: 4 piece white bedroom suite. Call 364-2977.

T-shirt corner Christmas Sale. Buy a T-shirt and get transfer free. 901 E. First, Tuesday-Friday, 1:30-6p.m.

2. FARM EQUIPMENT

Irrigation pipes, hydrants & lids. 276-5239

John Deere, 64 Model 40-10 tractor. LP Gas-\$35,000, Good 14ft. 6-20 Heston Swather self propelled-74 model \$3,000.00; 275 New Holland Wire til Bailer-\$5,000.00-258-7303

3. VEHICLES FOR SALE

Muffler Masters

at Hereford Auto Center Bring us your exhaust problems, 142 Miles • 364-0990

See Us Before You Buy MARCUM MOTOR CO

Clean Used Cars & Trucks

350 N. 25 Mile Ave. • 364-3565

MUFFLER SHOP .

CROFFORD AUTOMOTIVE Free Estimates For All Your Exhaust Needs Call: 364-7650

1989 Chev. 3/4 ton, 4x4 flat bed, great shape. 276-5621.

'81 Ford Ecoline Van, captains chairs,

am/fm cassette, 364-5579. 28335

1978 Ford LTD-III, 4-door Brougham. Best offer. See Craig Nieman at Hereford Brand 7 a.m. - 3p.m. Wednesday, or 1 to 3 p.m. other days.

1989 Chevrolet Silverado 1/2 ton pickup, 77,000 miles, V-8, 350, \$8,350--Call 364-5239 or 364-5596.

For sale: 1984 Olds, \$995.00. Call 289-5870 after 6 p.m.

1955 Ford pickup, short bed, no rust, \$2000.00. OBO. 364-6896. 28370

1983 Chevrolet Suburban, good condition. Day-364-8368;

Night-364-2966.

AXYDLBAAXR BLONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

CRYPTOQUOTE

AJR KMERJLX GYQD M WJOVDE UVJ QYXXDX MUMI OVD EDKDL-

OMLO ODMEX JC VDE BVYGR .-

VDLEI U. HDDBVDE

Yesterday's Cryptoquote: MANY A FELLOW COMES OUT OF HIS SHELL WHEN A WIFE EGGS HIM ON.—SOURCE UNKNOWN

CROSSWORD

1 Ardently

2 Iroquois

League

3 Wind-

by THOMAS JOSEPH

ACROSS DOWN 1 Comedic tribute 6 Burn a bit 10 Pester

11 Stock unit 12 is obed-

13 Raises to the third

4 Puts 14 Borders 5 Hardin 15 Royal fur 16 Fuss 6 Crony 17 In the 7 Convent past 18 Make lace 19 Doles

8 Fight site 9 Bowling 22 Vast button expanses 11 Seek out

23 Quick tastes 15 Conceit 26 Loiters 29 Crony 32 Envision

33 NFL player, for short 34 Orchestra member

36 Gas station fixture 37 Page of

music 38 Dutch bloom 39 German steel city

40 Wipe clean 41 Clothes 42 Goofed

Yesterday's Answe down turf 17 Booth or and Cobb Oswald 28 Sur-20 "Zip a Dee Doo --21 "- folly to be wise" 30 Lower 31 "- luck!" 24 Hot 25 Conjec-35 Article 36 Contented ture 27 Tennis sound 38 Golf need court

Paloma Lane Apartments, 2 bedroom

available. Clean, neat, grounds

hookup, fenced. 364-4370 28321

\$375 + deposit. 200 Bennett, 364-4908.

One bedroom, stove & refrigerator

furnished, 212 Ave. J, \$175/monthly.

3 bedroom mobile home, stove, fridge, w/d hookup, 1 1/2 bath, fenced, 364-4370

Nice 2 bedroom mobile home for rent.

\$50.00 deposit; \$265.00 monthly. For

more information. Call

For Lease: Very nice two bedroom brick

luplex, w/d, stove & refrigerator, air

conditioner, carport, patio, \$275/monthly, \$100 deposit, 364-1111

28360

28365

376-8759-Amarillo.

or 276-5541.

water paid. 364-6489.

-354-0967

25908

security deposit, 364-1255 EHO.

ATLAS HAGEN
TRASH ALAMO
HIPPOCRATES
ONE WAR ERE
SILVERY MAG
ART FALA
SCOTS LINDY
MOPS MAN
ACE SANDLER
SAN TRY ADE

STUMPED? For answers to today's crossword, call 1-900-454-7377!99¢ per minute, touchtone / rotary phones. (18+ only.) A King Features service, NYC.

Cash For Your Clean **Used Car or Pickup** Marcum Motor Co. 350 N. 25 Mile Ave. 364-3565

4. REAL ESTATE

Spacious, 3 bdrm., 2 1/2, 2 car att, Formal Living/Dining, Fireplace, Separate Large Utility, Lanscaped Children's Backyard, Great Closets, Corner Lot.

HA Cavness Broker 364-4465

For sale by owner: Spacious 3,465 sqft, four bedrooms, 3 baths, office, Make an offer. Please call 364-8238, 121 15th St

For sale by owner: 1750 sqft. 4 bedroom 1 1/2 baths fenced yard, 20x30x12 shop. Call 364-5774.

Own one of the Panhandle's most popular homes for as little as \$1450 dn and as low as \$310.00 mo., 3 bd. 2 ba., Gorgeous 16x80 free del & set-up Must See! Call Scott at 800-372-7491 28362

Save a Bundle--Several 94 model homes. Must sell to make room for 1995. Homes reduced for immediate sell. No reasonable offer refused! Call & make an appointment. Ask for Scott, 800-372-1491.

5. HOMES FOR RENT

Now accepting applications for vacancies at Blue Water **Garden Apartments** 1-5 pm. 612 Irving Rent based upon income.

Best deal in town, furnished 1 bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$305.00 month. 364-8421.

Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedro furnished apts, refrigerated air learn free cable, water, & gas, 364-4332 2 bedroom apartment, stove, fridge, fenced patio, laundry facilities available, new carpet, water & cable paid. 364-4370 28366

2 bedroom apartment, stove, fridge, dishwasher, disposal, fireplace, fenced patio, water & gas paid, NW area. 364-4370

7. BUSINESS **OPPORTUNITIES**

Offices & businesses for all your window cleaning. Call 364-6116.

Own your own apparel or shoe store, choose: Jean/Sportswear, bridal, lingerie, westernwear, ladies, men's, large sizes, infant/preteen, petite, dancewear/ aerobic maternity, or accessories store. Over 2000 name brands. \$24,900 to \$36,900; Inventory, training, fixtures, grand opening, etc. Can open 15 days. Mr. Loughlin (612)888 6555.

8. HELP WANTED

LVN charge nurses needed for 6-2 & 2-10 shifts. Excellent salary progressive 120 bed long term care facility. Contact Coleen at Hereford Care Center, 231 Kingwood. 364-7113.

Truck drivers needed, must know how to back semis. Call 295-3761 or 8332 and ask for Jerry

maintained, application required, \$170 \$1000 weekly stuffing envelopes at home. Free details. Send self addressed stamped envelope. Sunrise Dept. 23. P.O. Box 2399, Wichita, Ks., 67201-2399 3 bedroom house, stove, fridge, w/d

> Golden Plains Care Center is in need of a full time 11-7 Certified Nurses Aide. Qualified individuals please apply to Shana, 8-5. No phone calls. 420 Ranger. 28346

601 Ave. K 3 bedroom, 1 bath, w fenced Bilingual sales represented wanted. No yard, w/d hookup, deposit, references, experience necessary. Applicants should be self motivated & like dealing with people. Opportunities exist to set your own income. Apply in person, 321 N. 25 Mile Ave. Car City. Ask for 2 bedroom apartment, stove, fridge, water paid-364-4370 28356

Roger or John

Birthdays, special days, a year-around emembrance? Send them The Hereford Brand, a gift that reminds the recipient of your love and concern about 255 times a

Jett Fast Refunds is seeking a oi-liguial office worker for the 1995 Income Tax Season. Must be able to type, P.C. knowledge desirable. Start January 9, 1995. Good pay and bonus. Contact Jett J. Mason, CPA, 719 Lipscomb St., (Interview will be conducted in Hereford)

Gibson's Discount Center is now accepting applications for bookkeeper. Two years experience in accounts payable & accounts receivable, cash reporting & data processing required. Please apply in person. We offer a competitive salary and a complete benefit package.

Showcase RTO

Looking for a sharp self-motivated individual for collection/delivery position, must have good driving record & ability to do heavy lifting Apply at Showcase Rent-to-own 519 N. 25 Mile Ave. (Next to Dollar General Store) No phone calls please.

> **ROUTE SALES** SCHWAN'S **HOME FOOD STORES**

Paid Vacations/Excellent Benefits. No prior experience necessary. Must be at least 21 years of age. Good driving record and work history. For Interview Appointment: call: 1-800-437-2068

An Equal Opportunity Employer

CASE MANAGER II - HERE-FORD - Prefer Bachelor's degree health or human services plus one year full-time work in case management. Duties include assessment, developing service plans, facilitating IHP meetings, coordinating services and monitoring plan, advocating on behalf of mentally retarded individuals. Must live within 30 mile radius of Hereford. Bilingual (English/Spanish) preferred. Essential functions discussed at interview. Hours 8-5 M-F with some flexibility. Salary \$1961.00 per month plus State of Texas benefits. For an application contact Amarillo State Center **Human Resources, 901 Wallace** Blvd., PO Box 3070, Amarillo, Tx. 79116-3070, Phone 806-351-3232. EQUAL OPPORTUNITY EMPLOYER.

We do not discriminate on the basis of race, religion, color, sex, age, national origin or disability.

Real estate discrimination policy

All real estate advertising herein is subject to the Federal Fair Housing Act, which makes it illegal to advertising any preference, limitation or discrimination based on race, color, religion, sex, handicap, familiar status or national origin, or intention to make any such preferences, limitations or discrimination.

State laws forbid discrimination in the sale, rental or advertising or real estate based on factors in addition to those protected under federal law. We will not knowingly accept any advertising for real estate which is in violation of the law. All persons are herby informed that all dwellings advertised are available on equal opportunity basis.

They're just for you, everyday, in the Hereford Brand. Call Janey Allmon today at 364-2030 and get a classified to work for you.

Classifieds

9. CHILD CARE



364-5062

ING MAI MET CHI

MANOR
METHODIST
CHILD CARE

*State Licensed
*Qualified Staff

Monday - Friday
6:00 am - 6:00 pm
Drop-ins Welcome
MARILYN BELL / DIRECTOR

Opening for children 0-4 years, 13 years experience, \$50 weekly. Call Bonnie Cole, 364-6664. 27952

364-3972 • 400 RANGER

10. ANNOUNCEMENTS

Pregnancy Test

Confidential Counseling
Problem Pregnancy Center
505 E. Park Ave.
Call: 364-2027 or 364-5299 (MICHELLE)

11. BUSINESS SERVICE

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 289-5851. 700

We buy scrap iron, metal, aluminum cans, all batteries, tin, copper & brass. 364-3350. 970

Garage Door and Opener Repair & Replacement. Call Robert Betzen, 289-5500. If No answer Call Mobil, 344-2960.

We buy cars & pickups running or not running. We sell used auto parts of all kinds. 364-2754. 27574

Hereford Window & Siding Co. Vinyl, Steel, Aluminum Siding, Vinyl & Aluminum Replacement Windows & Aluminum Storm Doors, Room Additions. General contracting. 364-5448

HOME MAINTENANCE
Repairs, Carpentry, painting,
ceramic tile, cabinet tops, attic
and wall insulation, roofing &
fencing. For free estimates call
TIM RILEY 364-6761

Custom chiseling, 364-9192

LEGAL NOTICES

NOTICE TO BIDDERS
The City of Hereford, Texas, will receive sealed bids in the Office of the City Manager until 10:00 A.M., Tuesday, January 10, 1995, for three (3) 1/2 ton lwb pickups and for one (1) 1/2 ton extended cab lwb pickup. All to be 1995 models.

Specifications may be obtained at the office of the City Manager, 224 N. Lee, Hereford, Texas 79045 or by calling (806)364-

2123.
Bids shall be submitted in sealed envelopes and marked in the lower left hand corner.

The right is reserved to reject any and all bids and to waive any informality in bids received.

CITY OF HEREFORD,

TEXAS By: Chester R. Nolen City Manager

TO ALL INTERESTED PERSONS AND PARTIES:

You are hereby notified that FRITO-LAY INC. has applied for renewal of Texas Natural Resource Conservation Commission (TNRCC) Air Quality Permit No. 3509A to continue the operation of a Corn Cleaning Plant in Hereford, Deaf Smith County, Texas. The location of the facility is 101 South Progressive Road. This facility will emit the following air contaminant: particulate matter.

A copy of all materials in the public file is available for inspection and reproduction at the TNRCC Amarillo Regional Office, Air Program, located at 3918 Canyon Drive, Amarillo, Texas 79109-4996, telephone (806)353-9251, and at the TNRCC Central Office, Office of Air Quality, 12124 Park 35 Circle, Building C, Austin, Texas 78753, telephone (512)239-1000. The

facility's compliance file, if any exists, is available for public review in the regional office of the TNRCC. Inquiries about the permit application and any information concerning any technical aspect of this application can be obtained by writing Mr. Michael Wilson, TNRCC Office of Air Quality New Source Review Program, P.O. Box 13087, Austin, Texas 78711-3087 or the TNRCC Amarillo Regional Office.

You may submit written comments concerning the permit renewal to the Office of Air Quality, New Source Review Program in Austin. All written comments received within 15 days after the second publication of this notice shall be considered by the Executive Director in determining whether to renew the permit. All written comments will be made available for public inspection at the TNRCC Central Office in Austin. This notice is to be published on December 6, 1994 and December 7, 1994.

Any person who may be affected by emissions of air contaminants from this facility may request the commission to hold an informal public meeting and/or contested case hearing on the permit renewal pursuant to Section 382.056(d) of the Texas Health and Safety Code. The Commis-

sion is not required to hold a contested case hearing if the basis of a request is determined to be unreasonable. All requests for a contested case hearing must be received in writing within the 15day comment period regardless of whether an informal public meeting has been held or scheduled on this matter. If you wish to request a public hearing, you must submit your request in writing. You must state (1) your name, mailing address and daytime phone number; (2) the permit number or other recognizable reference to this application; (3) the statement "I/we request a public hearing"; (4)a brief description of how you, or the persons you represent, would be adversely affected by the granting of the application; (5) a descrip tion of the location of you property relative to the applicant's operations; and (6)your proposed adjustment to the application/permit which would satisfy your concerns and cause you to withdraw your request for hearing. Requests for a public hearing on this application should be submitted in writing to Office of the Chief Clerk, Texas natural resource Conservation Commission, P.O. Box 13087, Austin, Texas 78711-3087, Telephone (512)239-3300.

Before a permit can be renewed for this facility, the applicant must demonstrate that all emission sources are in compliance with all TNRCC air quality Rules and Regulations and all applicable Federal Regulations.

Schlabs Hysinger



SERVING HEREFORD SINCE 1979

COMMODITY SERVICES

364-1281

1500 West Park Ave.
Richard Schlabs

Steve Hysinger

Phone 364-1286 Each Trading Day After 5:30 P.M. for Recorded Commodity Update

Prices effective Tuesdey, Occumber & 1754

CATTLE - PREDER (CARE) \$4.00 to., control or to.

ANTILE - PREDER (CARE) \$4.00 to., control or to.

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METAL FUTURES



FUTURES OPTIONS





remembrance? Send them The Hereford Brand, a gift that reminds the recipient of your love and concern about 255 times a year!

Birthdays, special days, a year-around



In ancient Rome, the public baths were open to anyone who paid a small fee—except for children, who were encouraged to come in for free.



Countries which have advocated back or side sleeping position for infants have experienced a decrease of 50 percent or more in the incidence of SIDS.



The United States chose the bald eagle as its national bird in 1782

YOU'RE
GOING
THE RIGHT WAY
WITH THE

The Hereford Brand 364-2030

High citrus yields reported; areas of state need rain

- The South Texas citrus crop continues its comeback from the 1989 freeze, and the 1994 crop is providing excellent quality and higher yields, the Texas Agricultural Extension

Service reports.

Ray Prewett, executive vice president with Texas Citrus Mutual in Weslaco, said the citrus harvest is in full swing for South Texas. Prewett said recent estimates indicate that grapefruit numbers should increase between 20 and 30 percent, and oranges may be looking at an increase of as much as 87 percent. Last year, Texas producers harvested around 6.5 million 40-pound cartons of oranges and grapefruits.

We're going to be seeing a lot of fruit in Texas this year," he said. "However if we don't get our prices up, things could get difficult for producers.'

Prewett explained that Florida's

on prices.

The middle of last season we started seeing some severe price pressures so we expected this season to be tough," he said. "But it is turning out to be tougher than we expected.

Prewett said he hopes prices rise because this looks to be the best citrus crop since the freeze of 1989, which devastated the citrus industry in

Parts of Central Texas are still harvesting peanuts, and producers say this crop may not be as good as last

Dr. George Alston, Extension agronomist in Stephenville, said with over half of the peanut harvest completed, many producers are seeing lower quality and yields.

"This fall's rainy weather didn't benefit peanut farmers," Alston said. "Many lost peanuts because they

'One producer, who has lost 500 pounds so far, said he is not alone," he said. "Farmers are losing the cream of their crop because of the weather.'

Alston said mild weather has benefited peanut producers.

"If the first freeze had hit in mid-November, like it usually does, farmers would have lost more of their crop to freeze damage," Alston said. Alston added that he is unable to

estimate a yield number until more of the crop is harvested. For producers in Southwest Texas, rainy weather this season played a

part in their flourishing pastures and

Jose Pena, Extension economist in Uvalde, said the region has reported 11.5 inches of rain over the last three months, almost twice its 6.6 during the same period.

"Most of the area needed it," Pena said. "But some of our crops did suffer, primarily spinach, pecans

and peanuts.' In the Panhandle, cotton and sorghum producers have almost completed harvesting, with yields and quality looking good.

Paul Gross, Extension director in Amarillo, said harvesting in the Panhandle should be complete with another week of favorable conditions.

"After the harvests are finished, we need rain," Gross said. "Our wheat pastures are providing good grazing, but they need moisture to improve growth.

Jon Zeitler, meteorologist at the National Weather Service Agricultural Service Center in College Station, said moist Gulf air will keep conditions muggy across most of the state through Thursday.

"The exception to this will be the High Plains, where cool weather will last through the weekend," Zeitler

A cold front will move through Texas on Friday and Saturday, bringing widely scattered showers and cooler temperatures to most locations. High temperature will range from the 50s in the High Plains to the mid-80s in the Lower Rio Grande Valley and South Texas. Lows temperature will vary from the 40s in the High Plains to the low 70s in the Lower Rio Grande Valley.

The following specific livestock, crop and weather conditions were reported by district Extension directors:

PANHANDLE: Soil moisture short. Pastures, ranges in good condition. Cotton, sorghum harvests near completion. Wheat pastures need rain. Preparing land for spring planting.

SOUTH PLAINS: Soil moisture short. Pastures, ranges need rain. Sorghum harvest complete. Wheat, small grains progressing; need moisture. Supplemental feeding for livestock

ROLLING PLAINS: Soil moisture

short to adequate. Pastures, ranges improving with moisture. Harvesting cotton, peanuts. Wheat planting near completion. Livestock in fair to good

condition. NORTH TEXAS: Soil moisture surplus to adequate. Pastures, ranges in fair to good condition. Harvesting cotton, soybeans, peanuts, pecans. Planting oats, wheat. Livestock in good condition; supplemental feeding continues

EAST TEXAS: Soil moisture adequate. Pastures, ranges benefiting from rain. Small grains, ryegrass progressing. Harvesting pecans; yields low. Winter pastures need moisture.

FAR WEST TEXAS: Soil moisture very short to adequate. Pastures, ranges in good condition. Harvesting dryland cotton, pecans. Wheat progressing. Cutting, baling hay. Livestock in fair condition; supplemental feeding

WEST CENTRAL TEXAS: Soil moisture short to surplus. Pastures, ranges in excellent condition. Harvesting pecans; low yields. Wet conditions delaying cotton harvest.

Courthouse Records

COUNTY COURT DISPOSITIONS

State vs. Armando Zambrano, driving while license suspended; 60 days in jail probated six months; \$300 fine (suspend \$150), \$195 court costs, Nov. 23.

State vs. Pedro Lucio Jr., criminal trespass; 30 days in jail, \$183 court costs, Nov. 23.

animals; 120 days in jail, \$183 court costs, Nov. 23.

check; \$300 fine, \$195 court costs, paid, Nov. 15. Nov. 30.

State vs. Daniel Lee Schulte, theft; \$195 court costs, Nov. 30.

State vs. Robert Rico, theft; 90 days in jail probated one year, \$300 fine, \$195 court costs, Nov. 30.

State vs. Gregory Martinez, interference with duties of a public servant; 90 days in jail probated one year, \$300 fine, \$195 court costs.

State vs. Daniel Lee Schulte, criminal trespass; \$200 fine, \$195 court costs, Nov. 30.

State vs. Nemecio Limon, driving while intoxicated second offense; 180 days in jail probated two years, \$700 fine (suspend \$400), \$250 court costs,

State vs. Juan Herrera, criminal mischief; one year in jail probated two years, \$200 fine, \$195 court costs, Nov. 30.

State vs. Leandra Harrison, theft by check, 180 days in jail probated two years, \$195 court costs, Nov. 30. State vs. Juana Herrera, theft by

check, \$195 court costs, Nov. 30. State vs. Paul Morales Jr., criminal court costs, Nov. 30.

State vs. Jason DeLaPaz, criminal mischief; one year in jail probated support, Nov. 16. two years, \$200 fine, \$195 court State vs. Julian costs, Nov. 30. State vs. Christopher DeLaPaz,

court costs, Nov. 30. State vs. Vincente Rodriguez

court costs, Dec. 1.

State vs. Daniel V. Garcia, bail

State vs. Benito Rincon, past due axes, court costs, \$123.94 paid, Nov.

Deaf Smith County vs. Gabriel Don Juan, past due taxes and court

Hereford Independent School District vs. Gabriel Don Juan, past

Deaf Smith County vs. Gabriel Don Juan, past due taxes and court

222nd DISTRICT COURT State vs. Joe Benavidez Jr., order

State vs. David Salas, judgment on plea of guilty to felony driving while intoxicated, five years' probation,

State vs. Gabriel Don Galvan, order deferring judgment and

appointing attorney, Carissa leavinger, Nov. 15.

appointing attorney, Jerry Smith,

State vs. Ruben Marry Jr., order 21. appointing attorney, Thomas Lesly,

to dismiss, Nov. 16.

In the marriage of Shannon mischief; 90 days in jail probated one and in interest of minor child, decree year, \$300 fine (suspend \$100), \$195 of divorce, order for custody and support and employer's order to withhold from earnings for child

State vs. Julian Benavidez, order revoking probation and sentence to five years, Texas Department of criminal mischief; one year in jail Criminal Justice institutional division probated two years, \$200 fine, \$195 for felony driving while intoxicated, Criminal Justice institutional division Nov. 16.

for felony driving while intoxicated, Nov. 16.

jumping and failure to appear; \$195

court costs, Dec. 2. JUSTICE OF PEACE COURT

State vs. Simon Tovar, cruelty to costs, \$284.66 paid, Nov. 2.

State vs. Randy Lackey, theft by due taxes and court costs, \$88.11

costs, \$914.23 paid, Nov. 15.

appointing attorney, R.C. Hoelscher,

\$1,500 fine, Nov. 14

granting probation for places weapons prohibited, five years' probation, Nov. 14. State vs. Don Earl Ward, order

State vs. Richard Castillo, order

State vs. Lorenzo Claudio, motion

State vs. Miguel Cervantez, order

probation, \$195 court costs, Dec. 1. revoking probation and sentence to four years, Texas Department of Criminal Justice institutional division for felony driving while intoxicated,

> Nov. 16. Andrea Corrin Scott, plaintiff, vs. Luis Joe Torres and Western Ford Lincoln Mercury, Inc., order to dismiss,

State vs. Belen Fernandez, order remanding case to juvenile court, Nov.

In interest of Nathaniel Romo and

Brandy Romo, order for nonsuit, Nov. Primitivo Garvia, plaintiff, vs. Gloria Hubner and Natividad Galvan,

defendants, order for nonsuit, Nov. In the marriage of Anthony William Edwards and Charla Ranell Edwards and in interest of minor children, decree of divorse, order for custody and

support, order to employer to withhold from earnings for health insurance, Nov. 21. In interest of Joshua Coronado, order

for nonsuit, Nov. 21. In interest of Selita Dawn Garcia,

order for nonsuit, Nov. 21. In interest of Jonathan Rodriguez. order for nonsuit, Nov. 21.

In interest of Maria Florinda Rocha. Eladio Rocha Jur., and Alberto Noel Rocha, order enforcing child support obligation, employer's order to withhold from earnings for child support, Nov.

In interest of Ruben Garcia Jr., order enforcing child support obligation, employer's order to withhold from

earnings for child support, Jov. 21. In interest of Juan Manuel Alonzo Patricia Long and Gary William Long Jr., order establishing parent-child relationship, order for custody and

support and employer's order to withhold from earnings for child support, Nov. 21.

In interest of Isaias Antonio Mendez, order establishing parent-child relationship, order for custody and support and employer's order to withhold from earnings for child support, Nov. 21.

State vs. Joe Medina, agreed order modifying probation, Nov. 22.

State vs. Regina Hayes, order ppointing attorney, David Martinez, Nov. 21.

State vs. Gerardo Martinez, order appointing attorney, Jerry Smith, Nov. 21.

State vs. Valerie Ann Leal, order appointing attorney, Carissa Cleavinger, Nov. 21. State vs. Rodolfo Castillo, order

appointing attorney, Candace Norris, Nov. 21. State vs. Sergio Gonzales, order appointing attorney, T. Paige Brittain,

Deaf Smith County vs. N.E. Tyler, judgment for costs, Nov. 23.

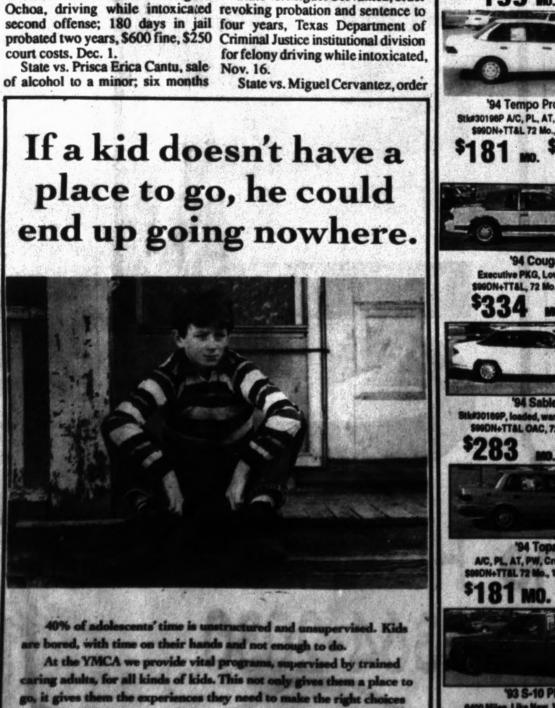
In the marriage of Maria G. Cadena and George Cadena and in interest of minor child, final decree of divorce, order for custody, employer's order to withhold from

earnings for child support, Nov. 23. In interest of Anna Christine Rodriguez and Paul Andrew Rodriguez, order transferring suit affecting parent-child relationship,

In interest of Cassandra Garvina, order for nonsuit, Nov. 23. In interest of Dorothy Tom Martin.

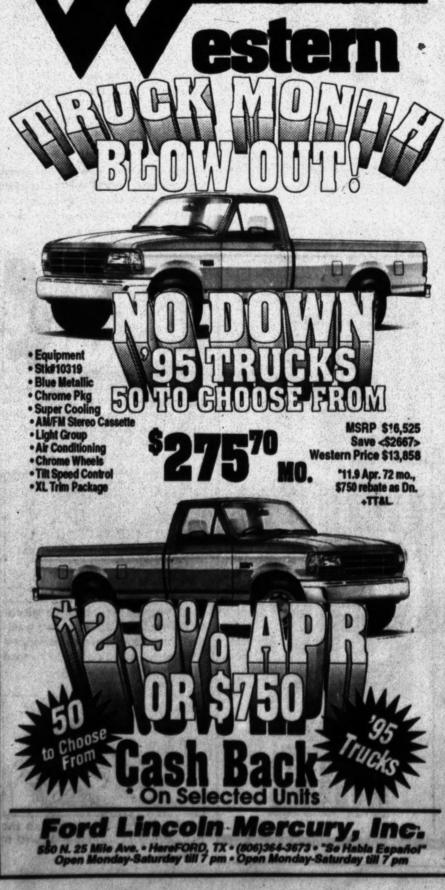
order for nonsuit, Nov. 23. In interest of Katrina Nichole Luper, order for nonsuit, Nov. 25.

These Colors Remember PEARLHARBOR This Message Presented By Local Veterans



pport the place that supports kids and families. The YMCA





Come by and see our GREAT **Selections** at the 1995 GAR SHOW Saturday, December 10 10 am to 6 pm Sugarland Mall

HOMELAND DOUBLES COUPONS #5 100 EVER





per, Diet Dr. Pepper, let Pepsi, Caffeine Free psi or Mountain Dew A TOTAL OF FOUR CKS WITH A \$10.00 **PURCHASE**

60

NELESS BREASTS

SAVE Ib.

REAST TENDERS Fryer Breasts In Max Packs of EPounds or More



SAVE

BATH TISSUE LIMIT THREE PACKAGES

Minute Maid ORANGEUUIGE

LIMIT TWO CARTONS SAVE minimum de diminimo de diminimo

PRICES GOOD: DECEMBER THUR FRI SAT SUN MON TUES

AMARILLO, BORGER, DUMAS, PAMPA & 10 HEREFORD, TEXAS

SALES IN RETAIL CONSUMER QUANTITIES ONLY PLEASE

FAX SERVICES AVAILABLE IN ALL STORES



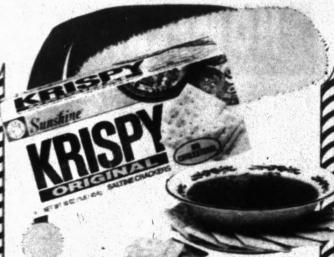
LAY'S CHIPS

POTATO CHIPS



ORANGE JUICE

SAUE



CRACKERS

SUNSHINE KRISPY All Varieties

SAVE 15-oz. 8





ORS BEER

SAUE UP TO \$500



Frezen 12-Indi 20-ez.



Papsi, Diet Papsi, Home Free Diet Papsi

















SAUE 12°



BUY ONE, GET ONE ...

FREE

RAISIN RDA



BUY ONE, GET ONE ..

FREE

3-Ib. BLUE BONNET

LIGHT SPREAD



BUY ONE, GET ONE ..

FREE

7.75-oz. PINK BEAUTY

PINK SALMON

























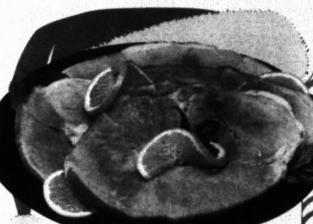
ROUND STEAKS

CUT BEEF BONE-IN

SAUE Ib. 00



MSTICKS



PORK STEAKS

SAUE Ib.

SMOKED HAMS SHANK PORTION

SAUE ID 214 **COOK'S SUPER TRIM**

LUNCH

SAVE 20 Salami, 12-ez. of Package Pidde Loaf or Spiced Loaf

SAVE

LOIN STRIP STEAKS SAUE ID HOMELAND BEEF

BONE-IN

CORN KING

SLICED BACON **BAR-S BRAND** Great Breakfast Food

SAVE 40

16-ez. Package

RODEO HOT DOGS

10 12-oz. de-lo-fix family favorite

BONELESS HAMS 40 WHOLE LEAN

CORN STATE FAIR BRAND

Regular or Turkey

FRANKS or

FOSTER FARMS Turkey or Chicken

SAUE ID. 5100

BUY ONE, GET ONE... PER POUND SAVE ID KRAB SALAD

LITTLE SMOKIES Autor

SAVE IN

COMBINATION TRAY Medium Size

VEGETABLE TRAY Large Size

ASSORTED DIPS語言語



CHEESE BALLS OF LOGS KAUKAUNA

TID-BIT TRAY Median Size

ERJ

Good Staly At Locations With In-Store Soil Shope. Home May Bet De Available At Soil Serve Della







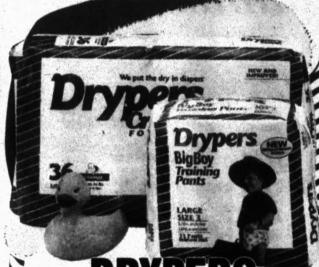
CAT FOOD Country Dissor, Tona or Goormet SAVE

12-oz. Package



MARDI GRAS

SAVE



DRYPERS

DIAPERS or BIG BOY or BIG GIRL TRAINING

PRICE WITHOUT COUPON \$5.49

WITH COUPON BELOW



URPHY'S CLEANER

KITCHEN CARE GLASS & SURFACE CLEANER

SAVE 39°

17-oz.



ASSORTED I

Many Titles To Choose From, Including Children's Titles



DURACELL BATTERIES

Each

Package

MANUFACTURER'S IN-AD COUPON EXPIRES DECEMBER 13, 1994

COUPON GOOD ONLY AT HOMELAND STORES

LIMIT ONE WITH THIS COUPON 13-02.









MANUFACTURER'S IN-AD COUPON EXPIRES DECEMBER 13, 1994

RV0075 **COUPON GOOD ONLY AT HOMELAND STORES**



BUY ONE, GET ONE... **IR. COFFEE FILTERS**

MANUFACTURER'S IN-AD COUPON EXPIRES JANUARY 30, 1995 COUPON GOOD ONLY AT HOMELAND STORES



GOLA CLOCKS





Dore ... fre ...

CLEO 1995





MILK JUG

SAUE \$100



HOME FOR CHRISTMAS Cassette or CD SAUE \$ 1 00



KTENDED RELIEF











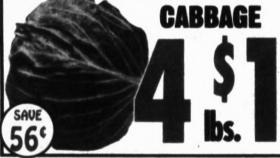
































PRICES EFFECTIVE WEDNESDAY, DECEMBER 7 THRU TUESDAY, DECEMBER 13, 1994























GOOD STUFF, NOW PRICED CHEAPER THAN EVER!

PRICES GOOD 7 DAYS ONLY While Quantities Last













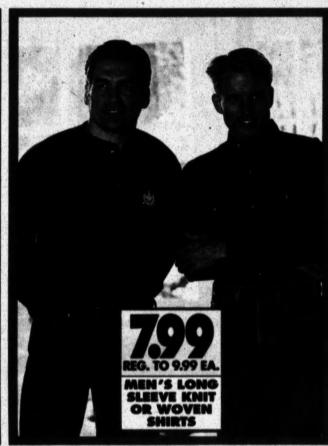














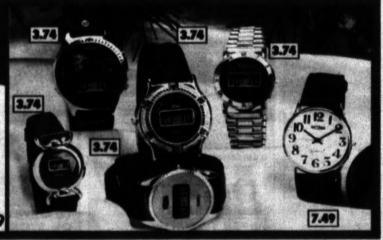


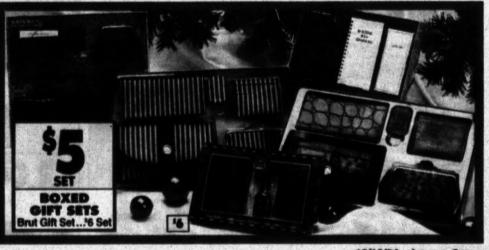


























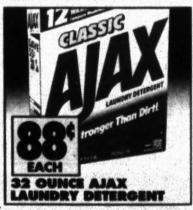
















































































































FAMILY DOLLAR & YOU'LL LOVE OUR PRICES!





























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Save No Less



OR YOU [Fi]

SUPER TOUGH



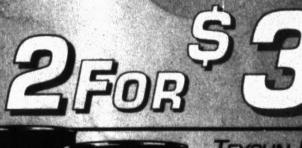
WILSON MEAT OLØGNA







ASSORTED FROZEN 12 Oz. CAN







TEXSUN PINK GRAPEF UICE 46 Oz.

ITE OR ACCENTS N SOFT TISSUE





ALL STOPS PRICES GOOD THE ENTIRE MONTH OF DECEMBER 1994



IOMETOWN



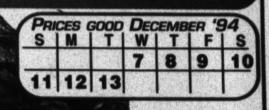
Taylor & Sons

- Canyon
- Hereford



GA TABLERITE ASSORTED

FAMILY PAG ORK CHE



WHOLE Tyson



COLORADO RUSSET

- 1)

10 LB. BAG

·WASHINGTON RED **DELICIOUS APPLES**

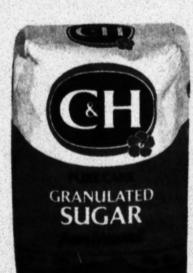
•TEXAS RUBY GRAPEFRUIT

SUNKIST NAVEL Your **ORANGES** CHOICE

FRUIT SALE 10 LB.

BAG

C&H GRANULATED 4 LB. BAG





ASSORTED

REG. VEGETABLE . 48 Oz.

ITH COUPON ON BOTTLE THEREAFTER 200













TEXSUN

VGE JUICE OMESTYLE OR REGULAR 64 Oz. CTN

COUNTRY CHARM QUALITY CHEK'D ASSORTED 1/2 GALLON

LIBBY'S WHOLE PEELED 16 Oz. CAN

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO SALES TO DEALERS PLEASE. NOT ALL ITEMS AVAILABLE AT ALL IGA STORES.

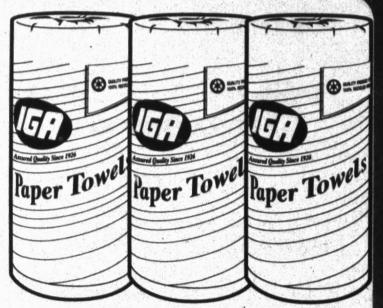
IGA YOUR HOME-COOKIN' HEADQUARTERS



Casserole Pinto Beans 4 Lb. Pkg.



Big Tex Apple Juice 46 Oz. Can



Printed

IGA

Paper Towels 3 Ct. Pkg.



Light - 32 Oz.

IGA Corn Syrup 99°

Assorted 48 Oz.

Ocean Spray Grapefruit Juice

Asst. 8 Oz.

Grey Poupon Mustard



Real - 12 Oz. IGA Chocolate 99¢ Chips



DAY TRADITIONS





Asst. 3 - 4.23 Oz.

Nestea Instant Teal



Family Size 24 Count

Nestea Tea Bags |59



With Bacon or with Bacon & Jalapenos 15 - 15.5 Oz.

Trappey's Blackeye Peas





Asst. 10.75 Oz Homecookin or Chunky

Campbells Soups



Best Maid Pickles

- •Whole Dill 46 Oz.
- •Polish Style 46 Oz.
- •Bread N Butter 16 Oz.
- Kosher or Polish Spears 24 Oz.

Your Choice



GET FOUR 7UP 3 LITERS

With Mail in Rebate Form Below



BUY FOUR 3 LITER BOTTLES OF 7UP or Diet 7UP AND RECEIVE FOUR FREE **3 LITER COUPONS BY MAIL!**

Present this coupon Receive 40¢ Off to the cashier GOOD ONLY FROM 12/7/94 TO 12/13/94

FOR EVERY HOLIDAY COOKING NEED!



Assorted

Tostitos Tortilla Chips 13.5 - 16 Oz.



Assorted

Tostitos **Chips** 10.75 - 11.5 Oz.



Assorted

IGA Soft Drinks

3 Liter

For



Asst. 2 - 2.3 Lb. Box Hungry Jack Pancake Mix

Asst. Microwave 24 Oz. Hungry Jack Syrup



12 Oz. Nabisco Nilla Wafers

Asst. II Oz.

Toastem • Toaster Pastry 29

99



Make IGA your OLIDAY BA



Whole 28.5 Oz.

Del Monte Spiced Peaches

Reg. or Extra Long 15 Oz. 49 Del Monte Asparagus Spears

Whole 14.5 Oz. Del Monte Green Beans

99



Special Savings

Del Monte II, Oz. Mandarin **Oranges**

Del Monte 14.5 Oz. Italian Cut Green Beans

Reg., Light , Canola, Unsalted or Low Fat 1 Lb. Quarters

Fleischmann's Margarine

All Purpose 5 Lb. Bag IGA Flour

IN-AD COUPON EXPIRES 12/15/94

packages of FLEISCHMANN'S

1 Lb. Original Stick

5 Lb. IGA Flour (up to 89¢) FREE

Price



RETAILER: One coupon per purchase of product indicated. Consumer to pay any sales tax. Cash value 1/20s. NABISCO FOODS, INC. reimburses you for the fact value plus handling, if submitted in complance with NABISCO's Coupon Redemption. ance with NABISCO's Coupon Policy. For free copy end/or cor redemption, send to: NABISCO INC., CMS Dept. 13130, 1 Faw Del Rio, Texas 78840. EXPIRES DECEMBER 15, 199 (01994 Nabisco, Inc.

DO ONLY AT PARTICIPATING IGA STORES EFFECTIVE 12/7/94 - 12/13/94



on ONE Post® Raisin Bran

20 Oz. size ONLY .

KRAFT GENERAL FOODS, INC.

on ONE Post® Fruity or Cocoa PEBBLES°

EFFECTIVE 12/7/94 - 12/13/94

13 Oz. size ONLY either variety.





RCOBCK9410



Good only at IGR

EFFECTIVE 12/7/94 - 12/13/94

WITH THIS COUPON

on ONE Post® Honeycomb® 14.5 Oz. size **ONLY** .



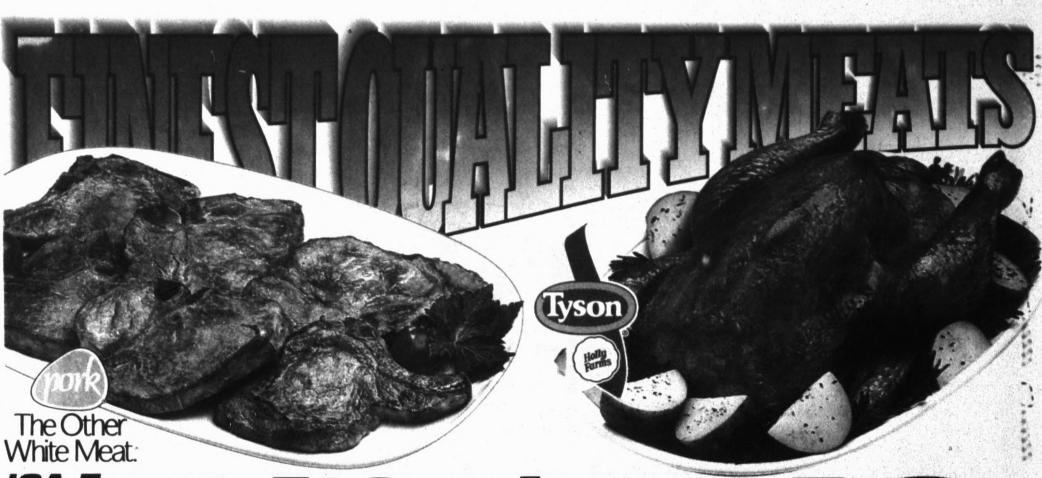
EFFECTIVE 12-7-94 THRU 12-13-94

BUY: ANY INSTANT QUAKER® DATMEAL PRESENT: THIS COUPON TO THE CASHIER ALONG WITH PURCHASE RECEIVE: ANY INSTANT QUAKER OATMEAL





DO ONLY AT PARTICIPATING IGA STORES KRAFT GENERAL FOODS, INC.



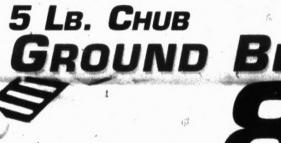
IGA TABLERITE FAMILY PACK Pork CHOPS

LB.

Tyson WHOLE FRYERS



LB.



BEEF



SLICED OSCAR MAYER CHOPPED HAM .. 16 Oz. I



SLICED OSCAR MAYER COOKED HAM....16 Oz.

SLICED OSCAR MAYER HAM & CHEESE 16 Oz. I

CENTER CUT Cook's HAM STEAKS ..



HOLIDAY

- ☐ Turkey, Ham or Entree
- ☐ Celery, Onions, Fruit
- ☐ Olives, Pickles, Pimentos ३०
- □ Cornbread or Stuffing Mixis:
- ☐ Sage, Salt, Pepper, Spices:
- ☐ Chicken or Beef Stock







CAPTAIN COVE HALIBUT STEAK 12 Oz.

ASSORTED

Wisconsin's Finest CHEESE CHUNKS 16 Oz.

IGA IWS AMERICAN CHEES



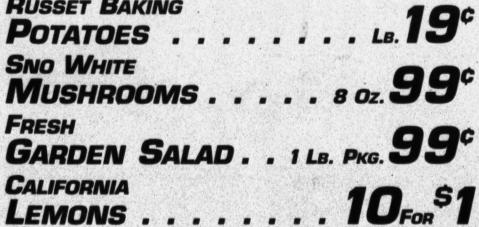


S30:

ix:N:

es:

- ☐ Pie Filling, Pie Crusts
- Sugar, Powdered, Brown
 - ☐ Evaporated Milk
 - ☐ Film, Batteries





Pear-A-Rama

D'ANJOU, BOSC, OR COMICE ORTHWEST PEARS

IGA STOCK UP YOUR FREEZER!



Cut Corn, Green Peas or Mixed Veg.

IGA

16 Oz.

Regular or Homestyle

Asst. Special Selections or Light & Healthy **Budget Gourmet** IGA Tropicana Budget (
Vegetables Orange Juice Entrees 12 Oz.

10 - 11.5 Oz.



Assorted.

Banquet Cream Pies

14 Oz.

Hamb. Pizza, Chicken Nuggets, Fried



Crunchy Fish Portions, Popcorn Shrimp, Fish Sticks 8 - 16 Oz.

Fisher Boy Seafood

Kids Cuisine **Dinners**

Chicken, Mac & Cheese 6.25 - 9 Oz.



Hawaii's Own Drinks



15 Oz. - 9 5/8"

Pet Ritz Pie Shells



Asst. 7.25 Oz.

Chun King Egg Rolls

Multi Pack 5 Count - 9'

Pet Ritz Pie Shells



6 - 12 Count

Milky Way Dark, Snicker Ice Cream Bars or Snacks

∠For



California, Peking Stir Fry, Oriental, or Stir Fry Combo 14 - 16 Oz.

VIP **Vegetables**



Asst. 19 Oz. Economy Pac

Downy Flake Waffles



Asst. Old Fashion 32 Oz.

Stilwell Cobblers





We're so proud & confident about the quality of our store brands that we offer you a DOUBLE YOUR MONEY BACK GUARANTEE. If for any reason you are dissatisfied with any IGA, Rainbow, TV or Marquee brand, just return it, along vith your name, address & phone number, and we'll give you cash-DOUBLE the retail value of the purchase price.





ssorted Pillsbury Cookies







Buttermilk or Butter Style

Merico Texas Style Biscuits





Assorted

Luv's **Diapers** 24 - 50 Count





White or Ultra Charmin **Bath Tissue**

12 Roll

Regular or Compartment Rainbow Foam

Plates

50 Count

16 Oz. - 20 Count Solo Plastic Party Cups



9 Inch - 50 Count Solo Plastic Party Plates

GENERAL MERCHANDISE IGA



Assorted with Baking Soda

Arm & Hammer Anacin Anti-Perspirant

.5 Oz. Roll On 75 Oz. Solid



Dye Free 24 Ct. Benadryl Soft Gels



T-120 - Single Pack TDK

HOMETOWN VHS Tapes



Caplets or Tablets

Pain Reliever

30 Ct.



Compare to Imodium at 445

Nasal Spray

Marquee Anti-Diarrheal

Afrin

Compare to Noxema at 4º9

Marquee Medicated Skin Cream

10 Oz.



MAKE IGA YOUR HOLIDAY HEADQUARTERS. WE HAVE ALL OF YOUR SEASONAL NEEDS.



remium Chunk or Bite Size

Chatham Dog Food

18 - 20 Lb. Bag



Assorted

Ken-L-Ration Dog Food

13.2 Oz. Can



Assorted ******* Meaty Bone Flavor Treats

18 Oz.

Beef, Chicken or Bacon

Jerky Treats

3 Oz.

Fish Flavor Rainbow Cat Food

14 Oz.

3For



Reg., Free or With Bleach

Wisk Detergent

42 Load - 98 Oz.



Asst. 22 Oz. **Faultless Spray Starch** 9*9°*

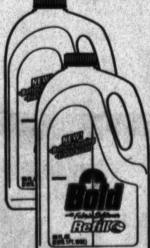
IGA 20 Count

Fabric Softener Sheets 19°

IGA 32 Oz. Window Cleaner Refill 29

Automatic 50 Oz. Rainbow Dish Detergent

89



Liquid Refill

Cheer • Gain

90 Oz.

Reg. or Free Tide

• Era

Reg., With Bleach or Free Bold

Your Choice



[fi]

NN YOUR HOMETOWN SAVINGS PLACE!

FIRST ANNIVERSARY SALE

•Join us for a

PING PONG BALL DROP!

Each ping pong ball dropped from our roof will have a number you match in the store for prizes to be be given away at 3pm on Saturday, December 10.

 Register for a deep freezer to be given away Saturday, December 10.

SAVE SAVE SAVE



VEGETABLES

CORN, GREEN BEANS OR PEAS

DELICIOUS RED **APPLES**

Betty Crocker

ASSORTED



BEER

18 PACK CANS

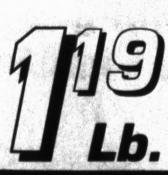


SEAGRAM'S WINE

COOLERS 18 PACK CANS



FAMILY PACK PORK CHOPS



REGULAR

JIMMY DEAN SAUSAGE 1 LB. PKG.





Taylor & Sons Hereford

