

Life! News about
Hereford life

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SPORTS

NFL owners, players
finish new agreement

Cavaliers get hot, breeze past Bulls Wednesday

Jan. 7, 1993

The Hereford Brand

92nd Year, No. 131, Deaf Smith County, Hereford, Tx.

•Hustlin' Hereford, home of Dennis Beasley

12 Pages

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Hussein defiant, inviting allied strikes

WASHINGTON (AP) - CIA Director Robert Gates said today that Saddam Hussein's defiance of an ultimatum to remove anti-aircraft missiles from southern Iraq may invite a military strike.

"The response is up to him at this point," Gates said.

Asked whether he can see any alternative to force, Gates said:

"It does not seem, after our experience of the past two years, that Saddam seems to understand any other message."

Appearing on ABC's "Good Morning America," the CIA chief said the anti-aircraft missiles are a definite threat to U.S. planes patrolling a no-fly zone because, even though they are old, "an old missile can kill you just as dead as a new one."

Pressed on whether Iraq should anticipate military strikes, Gates said, "I think it's best just to leave it uncertain."

Meanwhile, Rep. Lee Hamilton, D-Ind., chairman of the House Foreign Affairs Committee, suggested further defiance from Saddam is likely.

"Saddam Hussein is probing, testing to see how far he can get away with non-compliance with these U.N. resolutions and we cannot tolerate it," Hamilton said on NBC's "Today." "I think President Bush and President-elect Clinton are united on this."

Hamilton suggested it is no accident that Iraqi challenges have become bolder during the transition of power from Bush to Clinton. "He thinks there might be some indecision here so he's probing and testing and I think when Mr. Clinton becomes president he'll probe and test again."

The Iraqi response came as no surprise to Gates: He had predicted as much only hours before the Iraqi official news agency quoted Deputy Prime Minister Tariq Aziz as saying,

"It is the right of Iraq to deploy air defenses throughout the country."

"He (Saddam) has shown in the past a remarkable ability to miscalculate the determination of the coalition," Gates said Wednesday shortly after the United States, Russia, Britain and France ordered Iraq to remove the missiles or risk retaliation.

Gates said Iraq had deployed a handful of Soviet-made mobile SA-2 and SA-3 anti-aircraft missiles below the 32nd parallel that marks the northern boundary of the coalition-imposed "no-fly" zone over southern Iraq.

"I don't think it would be hard to take them out," Gates said on public television's "MacNeil-Lehrer NewsHour" program.

The ultimatum took effect immediately after it was delivered in writing to Iraq's U.N. ambassador, Nizar Hamdoun, in New York at 5:30

p.m. EST Wednesday, diplomats at the United Nations said.

"The message is clear: that those batteries should not be located below the 32nd parallel," White House spokesman Marlin Fitzwater said.

At the Pentagon, a senior official said Iraq was told to move the missiles "back to where they came from." The official, who spoke on condition of anonymity, said the missiles had been moved from near the Al Jarrah air base in southwest Iraq.

The four nations also demanded Iraq stop using the missiles' radar units to track American planes - an action considered hostile since it warns pilots they may be under attack.

The United States, Britain and France in August declared the southern part of Iraq as a protected zone for the Muslim Shiites who oppose Saddam's secular rule. The area south of the 32nd parallel is

patrolled by aircraft from all three countries.

But the United Nations has not officially declared it a no-fly zone, and the United States is relying on the threatened allied military power in the region to deter Saddam.

In New York, Hamdoun told reporters that "Iraq has no intention of escalating this or making it into a crisis." He did not say how Iraq would respond. But Saddam sounded defiant in a speech earlier Wednesday, saying the Iraqi army had the "unwavering ability to confront aggression."

The Russians predicted Saddam would back down. "I think the Iraqis will understand what side of their bread is buttered and what side is dangerous," said Russia's U.N. ambassador, Yuli Vorontsov.

If Saddam doesn't, President Bush could decide to confront his nemesis one last time before leaving office Jan. 20.

The White House declined to say what Bush would do, but at the United Nations, deputy British Ambassador Thomas Richardson said Iraq faces "serious consequences" if it doesn't comply with the ultimatum.

But at the Pentagon, a senior official said the 48-hour deadline did not necessarily mean allied forces would strike the minute it expires. "It could be a minute later, it could be days. It all depends upon Saddam's response," said the official, who spoke on condition of anonymity.

Among the military options open to the United States and its allies is a strike on the air defense radars that guide the surface-to-air missiles to their targets.

The United States also could bomb the runways of the air bases from where Iraq is launching the intrusions below the 32nd parallel, officials said.

Early voting ends Friday in election for alcohol sales

Early voting ends Friday at 5 p.m. for the local option wet-dry election. The actual election will be held Tuesday at all nine regular polling places in Deaf Smith County.

Through 10 a.m. today, 1,729 votes had been cast during the early period. Almost 300 of the early votes came from the special session held Sunday.

Early ballots are available in the county clerk's office on the second floor of the courthouse. Practically all voters in the county are eligible to vote in the election.

The election was called after petitions were presented by Help Eliminate Liquor Problems (HELP), calling for an end to package store sales of alcohol in Justice of the Peace Precinct One. Persons marking "for" on the ballot are voting for continued package store sales. Persons marking "against" are calling for the end of package store sales.

Don't bother me, can't you see I'm thinking



The second llama from the right scratches his head with a front paw while enjoying the weather Wednesday. The llamas and other animals were in a pasture on the south side of Hereford Bi Products/Merrick Petfoods east of Hereford on Wednesday.

Clinton, advisors gather for talks on deficit, economy

LITTLE ROCK, Ark. (AP) - President-elect Clinton is facing increasingly troublesome deficit figures as he crafts his first budget and fleshes out plans for revitalizing the nation's economy.

Clinton said the new budget numbers President Bush released Wednesday show the nation's annual deficits could soar above \$400 billion a year if left unchecked and demonstrate the need to "replace the legacy of debt with a new era of investment and fiscal responsibility."

The president-elect summoned leaders of his economic team to Little Rock today to discuss strategies for reworking the final Bush administration budget and promoting long-term economic might.

At a briefing Wednesday, Clinton's spokesman George Stephanopoulos was asked repeatedly how Clinton could make good on his campaign promise to halve the deficit in four years in light of the latest deficit projections. Stephanopoulos offered no solutions but said, "The governor stands by his campaign commitments."

With less than two weeks to go until he takes office, Clinton's challenge is to mesh the latest bleak forecasts with his campaign promises to restore the economy's fundamental strength, increase spending on education, public works projects and other domestic programs, and slash the deficit.

Among the questions Clinton must answer: How quickly can he cut the burgeoning deficit without hindering the economic recovery? How much new spending should he inject into the economy to give it a short-term boost? Can he afford the middle-class tax cut he promised during the campaign? Should he boost the gasoline tax to help cut the budget shortfall?

"We're just trying to figure out exactly what we're dealing with here," Stephanopoulos said.

Today's strategy session comes a day after Clinton conferred in private with leaders of the Big Three domestic automakers and the United Auto Workers, a critical segment of the country's manufacturing base.

Meeting with Clinton today to review his economic options were incoming Treasury Secretary Lloyd Bentsen and incoming Budget Director Leon Panetta. Also joining the strategy session were nominees Laura Tyson for the Council of Economic Advisers and Robert Rubin for the new National Economic Council, plus other top economic advisers.

Stephanopoulos said the latest budget and deficit picture "just

reinforces our desire to attack the twin challenges of the budget deficit and the investment deficit, and that's what we're going to do."

Clinton long has stressed that along with cutting the budget deficit, the country needs to erase its "investment deficit" by spending more on things like roads, bridges and new technologies that will help create high-paying jobs and spur economic growth.

But even Clinton allies were among those pointing to the enormity of the task.

"Given the much larger deficit projections, the president-elect will have a very difficult if not impossible task of cutting the deficit in half," Senate Budget Committee Chairman James Sasser, D-Tenn., said in Washington.

It was only fitting that Clinton - elected on a promise to restore the country's economic might - was studying that issue Wednesday when his election became official as Congress tallied the votes of the Electoral College.

"I was studying a paper about the economic challenges before me, actually. Trying to get ready to go to work and make sure that the people who worked for the Clinton-Gore ticket and the people that voted for us didn't exercise their vote in vain," he said.



CLINTON
...Looking at ways
to deal with
growing problems

Clinton later set aside his deliberations for a two-hour session with leaders of the auto industry, pledging a "fresh start" in cooperation among government, industry and labor. Both sides said no specific commitments were sought or offered.

Marines attack Somali strongholds

MOGADISHU, Somalia (AP) - U.S. attack helicopters, tanks and ground forces blasted clan positions in northwestern Mogadishu with heavy fire today in an effort to crush increasingly brazen sniper attacks on U.S.-led troops.

The early morning attack followed clan militants' refusal to surrender heavy weapons as demanded by U.S. Marines.

Cobra AH-1 gunships, Humvees with anti-tank missiles and M-1 battle tanks took part in the assault on two arsenal compounds controlled by Gen. Mohamed Farrah Aidid, one of Somalia's two main warlords.

One Marine was reported wounded by other U.S. troops in what officials said was a case of mistaken identity. The wound was not believed to be life-threatening; no further details were immediately available.

There was no information on Somali casualties.

The U.S. assault was the biggest demonstration of firepower since Operation Restore Hope began on Dec. 9 and came after several days of sniper attacks on Marines and worsening clan skirmishing.

"We hit them with a firestorm," Maj. Gen. Charles E. Wilhelm, commander of the 1st Marine

Division, told reporters.

He said the assault was ordered after it was determined that sniper fire was coming from two areas to which Aidid's forces had agreed to move weapons after Operation Restore Hope began.

U.S. Marine spokesman Col. Fred Peck said the compounds' occupants appeared to be leaderless, and that Aidid's representatives claimed the snipers had been acting on their own.

In one instance Wednesday night, a gun-mounted truck from one of the Aidid compounds fired on U.S. troops, Wilhelm said.

Aidid himself was attending a U.N.-sponsored meeting of Somali warlords, in Addis Ababa, Ethiopia, today. Conference sources said the warlords, who have tentatively agreed to hold a national reconciliation meeting in April, have been arguing over whether to sign a formal cease-fire or just agree to stop fighting.

The sources, who spoke on condition of anonymity, said Aidid favors a formal agreement while his main rival, Ali Mahdi Mohamed, and nine other factions want an informal one.

Storm frustrates salvage attempts

SUMBURGH, Shetland Islands (AP) - The government is investigating whether the tanker Braer, which was still hemorrhaging oil in wildlife-rich coastal waters today, was abandoned prematurely by its crew before running aground.

Howling winds continued to frustrate attempts to contain the oil and mop it up from the rugged shores of Mainland, the largest island in this archipelago 100 miles off the Scottish coast.

The winds, gusting to 85 mph, pressed the oil to the island's southwestern shore and kicked up a

sticky brown froth that sprayed cliffs, grazing lands and crops.

Dozens of dead, oil-covered fish and birds were found along the coast on Wednesday - the first victims of a feared ecological cataclysm. The Shetlands are famed for their thriving seabird colonies and their waters teem with fish and sea mammals.

The Shetland News Service said two slicks were covering a total area of more than seven square miles.

Lengthwise, the oil has covered an eight-mile stretch of coastline.

Wind has sprayed the oil as far as four miles inland, leaving a brown

coating on farmland and sheep, a mainstay of the islands' economy.

Sir Hector Munro, the Scottish environment minister, said in a radio interview with British Broadcasting Corp. that an estimated 2,000 sheep could die from grazing on oil-polluted land.

The 89,700-ton Braer, carrying 24.6 million gallons of Norwegian oil to Canada, ran aground Tuesday in the Bay of Quendale after its engines failed in hurricane-force winds and heavy seas.

"The salvage team intend to pump oil from the vessel, but the weather

must improve before the necessary work can be undertaken," the ship's owners, Bergvall and Hudner of New York, said in a statement.

Brian Davy, senior forecaster at the government's weather center at Aberdeen, Scotland, said a deep depression heading in from the north Atlantic would whip up new gales in the area later today.

Transport Secretary John MacGregor announced Wednesday that a government inquiry would begin immediately into the causes of the accident.

Page Two

Local Roundup

Senior parents meet Monday

Parents of seniors at Hereford High School will meet Monday at 7 p.m. in the ballroom at the Hereford Community Center.

Plans for the Senior Prom will be discussed. All parents of seniors are urged to attend.

Five arrested Wednesday

Four persons were arrested Wednesday by Deaf Smith County sheriff's deputies: a man, 31, for violation of probation; a man, 20, on an assault warrant; a man, 37, for driving while intoxicated; and a man, 27, on theft by check warrants from Swisher and Randall counties.

Hereford police arrested a man, 24, on second offense no liability insurance. Police said a vandal threw a rock through a window in the 100 block of Fourth on Wednesday. Police issued nine tickets and investigated a minor accident Wednesday.

Freezing rain possible

Tonight, a 50 percent chance of rain, changing to freezing rain. Cloudy with a low in the upper 20s. East to northeast wind 5 to 15 mph.

Friday, freezing rain likely in the morning, changing to rain in the afternoon. cloudy with a high in the upper 30s. South wind increasing to 10 to 20 mph. Chance of precipitation is 60 percent.

Extended forecast: Saturday, decreasing cloudiness. Highs in the 40s. Sunday, partly cloudy with a slight chance of showers. Lows in the 20s. Highs in the 40s. Monday, mostly cloudy with a slight chance of showers. Lows in the mid 20s to mid 30s. Highs in the 50s.

This morning's low at KPAN was 35 after a high Tuesday of 54.

Obituaries



FLORENCIO GONZALES

Jan. 5, 1993

Florencio Gonzales, 72, of Hereford, died Tuesday, Jan. 5, 1993.

Mass will be at 2 p.m. today in St. Anthony's Catholic Church with Msgr. Orville Blum, pastor, officiating. Burial will follow in St. Anthony's Cemetery by Rix Funeral Directors of Hereford.

Mr. Gonzales was born July 26, 1920 in Las Vegas, N.M. He lived in Hereford for 50 years, moving here from Las Vegas. He married his wife, Ramona, on Sept. 25, 1943 in Hereford. He was a retired farmer and a veteran of the U.S. Army in World War II. Mr. Gonzales was a member of St. Anthony's Church, Knights of Columbus Council No. 8938 and American Legion Post 192.

Survivors include his wife; five daughters, Jane Alvarez, Mary Gamboa and Debbie Gaitan of Hereford, and Bertha Hernandez and Betty Jean Hernandez of Duncanville; two sons, Richard Gonzales and Florencio Gonzales of Hereford; a brother, Faustino Ulibarri of Fort Sumner, N.M.; a sister, Mary Huereca of Oregon; 22 grandchildren; and nine great-grandchildren.

BEN EZZELL

Jan. 5, 1993

Ben R. Ezzell, 76, of Canadian, died Tuesday, Jan. 5, 1993.

Memorial services were today at 4 p.m. at First United Methodist Church in Canadian.

Mr. Ezzell had a storied career in journalism, including three years in Hereford from 1945 to 1948. He and his wife, Nancy, then moved to Canadian where they took over as editors and publishers of the *Canadian Record*. Mr. Ezzell was a member of the Panhandle Press Association Hall of Fame, and won hundreds of regional, state and national awards.

Survivors include his wife; his mother, Ray Newman Ezzell of Canadian; three sons, Ben R. Ezzell III of Albuquerque, James David Ezzell of Enid, Okla., and Robert W. Ezzell of Canadian; three daughters, Marian M. Ezzell of Albuquerque, Catherine A. Ezzell of Bryan and Laurie Ray Brown of Canadian; two sisters, Nell Martin of Wichita Falls and Beth Bomar of Lubbock; six

grandchildren; and a great-grandchild.

The family requests memorials to the Ben R. Ezzell Memorial Scholarship Fund, First State Bank, c/o Renee Johnson, 115 Main St., Canadian, 79014.

JOSEPHINE BUCKMASTER

Jan. 4, 1993

Josephine A. Buckmaster, 63, of Ogden, Utah, died Monday, Jan. 4, 1993.

Graveside services will be Saturday at 11 a.m. in Memorial Park Cemetery in Dalhart. Arrangements are by Hass-Ferguson Funeral Home.

Mrs. Buckmaster was raised in Dalhart. She married O.C. Buckmaster in 1947 at Clayton, N.M. They moved to Texline in 1948 and to Hereford in 1963. She and her family later moved to Ogden. She was a member of the Mount Lewis Fourth Ward, where she had been a primary teacher, primary president relief society counselor, relief society teacher, chorister, visiting teacher and a member of "76 Nighters," a singing group.

Survivors include her husband; four daughters, Juanita Denton Clinton and Margaret Howard, both of Layton, Utah, Sue Riedel of Las Vegas, Nev., and Sand Ann Krumpertman of Roy; a son, Richard Buckmaster of Ogden; two sisters, Georgia Lynch of Belen, N.M., and Mary Faye Molone of Midland; and nine grandchildren.

IGNACIA R. MANCILLAS

Dec. 25, 1992

Ignacia R. Mancillas, 70, of Ogden, Utah, died Friday, Dec. 25, 1992.

Graveside services were held Dec. 30 in the Burley, Idaho, cemetery.

Mrs. Mancillas was born July 31, 1922 in Goliad. She had lived in Ogden for 11 years. She was a member of St. Joseph's Catholic Church.

Survivors include two sons, Juan Jose Mancillas and Martin S. Mancillas, both of Phoenix; three daughters, Maria O. Bordynuk and Susan Resendez, both of Phoenix, and Elena Vasquez of Ogden; a sister, Blasa Mancillas of Hereford; 23 grandchildren; and 14 great-grandchildren.

MARIE COGDELL

Jan. 7, 1993

Marie Cogdell, 79, died Thursday, Jan. 7, 1993.

Graveside services will be Friday, Jan. 8 at 10 a.m. at West Park Cemetery with Dr. James Cory, pastor of First Presbyterian Church, officiating. Arrangements are by Gilliland-Watson Funeral Home.

Mrs. Cogdell was born Oct. 23, 1913 in Lawrenceville, Ill. She married Frank Cogdell in 1933 in Hereford. He died on July 28, 1988. She was also preceded in death by a son, Church Cogdell.

Survivors include a brother, Walter Seed of Hereford; three nieces; and one nephew.

News digest

LITTLE ROCK, Ark. - President-elect Clinton is facing increasingly troublesome deficit figures as he sets out to craft his first budget and flesh out plans for revitalizing the nation's economy.

DENVER - It started with a lone kitchen manager at a catering service. Now, an outbreak of hepatitis has hit 36 people in the Denver area, and as many as 15,000 others may have been exposed to the virus.

WASHINGTON - Defense Secretary-designate Les Aspin and three other Cabinet appointees of President-elect Clinton face confirmation hearings today in a Democratic Senate sure to roll out the welcome mat for its party brethren after 12 years of divided government.

SUMBURGH, Shetland Islands - The government has launched an inquiry into whether the tanker Braer, which is still hemorrhaging oil in wildlife-rich waters, was abandoned prematurely by its crew before running aground.

ZAGREB, Croatia - Aida B. has been gang-raped and she's six months pregnant. She refers to the child as "it" and "this." Her psychiatrist says she tries never to touch her belly.

WASHINGTON - CIA Director Robert Gates says Iraqi President Saddam Hussein may defy a 48-hour ultimatum by the Western allies and refuse to withdraw his anti-aircraft missiles from southern Iraq.



Fry honored by Lions International

Lion Stan Fry Sr., right, was presented a special card and letter by Boss Lion John Brooks at Wednesday's meeting of the Hereford Lions Club. The card and letter came from Lions International recognizing Fry for his sponsorship of Bill Acton as a new member. Lions International is acknowledging Lions for their first new sponsored member.

Study: more Hispanic teachers are necessary

AUSTIN (AP) - The widening gap between the large numbers of Latino students and small numbers of Latino teachers in America's public schools must be closed, a new study says.

To do that, colleges and universities should place a high priority on recruiting and retaining Latinos studying for the teaching profession, said the report by the Tomas Rivera Center.

The report released Wednesday also urged colleges in the Southwest to make certain that teachers of all ethnic backgrounds receive better preparation for teaching Latino children.

"As the first public institution many Latinos encounter, our school system is in an unique position to break the cycle of poverty and low

educational achievement experienced by many Latino children," Henry Cisneros said in a statement.

Cisneros, former San Antonio mayor and President-elect Clinton's choice to head the Department of Housing and Urban Development, is chairman of the Rivera Center board.

The center, based in Claremont, Calif., and San Antonio, Texas, is a national institute for policy studies dedicated to promoting the quality of education, employment and human services for the nation's Hispanic population.

According to its report, the U.S. Department of Education figures showed that in 1992, 5.4 million Latino children between ages 5 and 17 were attending U.S. schools. Another 2.4 million are expected to

enroll within the next five years.

However, the Rivera Center report said, while more than 32 percent of kindergarten through 12th grade students in the Southwest are Latinos, "only 10 percent of the teachers come from that ethnic background."

Arturo Madrid, president of the center, said many factors account for the lack of Hispanic teachers. Those include low pay and respect for teachers, colleges that don't see a need to recruit Latino teaching students, and society's influences.

NAFTA's impact to be discussed

The effect of the North American Free Trade Agreement on U.S. agriculture will be discussed at a forum Friday at 7 p.m. at the Harvey Hotel in Amarillo.

Marty Strange, program director of the Center for Rural Affairs in Walthill, Neb., will be featured. The open meeting is sponsored by Texas Sugar Beet Growers Association, Texas Corn Producers Board and the Catholic Diocese of Amarillo Rural Life Board.

Strange, a co-founder of the center, is involved in farm policy concerns. He wrote a book, *Family Farming: A New Economic Vision*, in 1988. The center is a nonprofit organization "devoted to the economic, social and environmental well-being of rural America," according to a brochure.

The forum will be held in the Trinity Room at the hotel and is free of charge.

Hospital Notes

PATIENTS IN HOSPITAL

Ann Gee, Felix Gonzales Jr., Manda Gowdy and infant boy, Oree Johnson, George Jones, Louise Kinsey, Leticia Rivas and infant girl, Ona Mae Rutledge, Martina Soto and infant boy, Bessie Story.

Letters to the Editor

Dear editor,

I find it very disturbing that some of our smartest, most educated people feel that we need to close legitimate businesses because of the lack of alcohol education in the home.

Mrs. Verna Patton

Dear editor:

I would like to respond to the letter printed in the Tuesday Hereford Brand. It is a subject that I feel very strongly about. I was also raised in Hereford in the "dry years" and I agree that those of us who wanted alcohol could find ways to get it.

Voting Deaf Smith County dry will not completely eliminate that problem. There will still be those who find ways to get alcohol and they will still drink. There will be those who will not think about how much their drinking is hurting them and how much it can hurt others until it is too late. I was lucky enough to have parents that "did the job at home" and for that reason I finally realized that I needed to stop. I try to teach my children the same responsibility that my parents taught me.

I talk to and hear about kids every week that have real problems with alcohol. A lot of them aren't even old enough to drive, but they can walk to the corner store and sneak out with beer. I believe voting Deaf Smith County dry would be a step in the right direction to solving a real problem.

How bad do things have to get before we wake up and realize that we are allowing it to happen? Let's put it in perspective and be accountable to the youth of our town--That's where the future is. Let's not worry about whether or not we're "holier" than the surrounding counties-but worry more about making Hereford a "holier" place to live and raise a family.

Sincerely,
Becky Bridwell

Lettuce farming probably began in Persia as early as 55 B.C.

The Hereford Brand

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O.G. Hanson
John Brooks
Mauri Montgomery
Charles Brownlow

Publisher
Managing Editor
Adv. Mgr.
Circulation Mgr.

Ann Landers

DEAR ANN LANDERS: Your response to a distraught reader, "Parents do the best they can," certainly showed your ignorance.

I never used drugs or alcohol or did anything self-destructive. When I was 18, I left home. I sought counseling, managed to get an education and married a wonderful man and we are raising two terrific children—no thanks to my parents.

In plain English, Ann, some people make lousy parents. My mother ate herself silly and dieted constantly. She was far more interested in weight-loss programs than in us kids. She didn't do volunteer work, and she never read a book or tried to better herself. The woman complained about everything and everybody, smoked in our faces for 15 years and criticized the neighbors. Our house was a mess, and dinners were mostly carry-out. My father was loyal to her (a miracle), never complained and let her run the show.

So, Ann, when you say that "parents do the best they can," you never met mine. I'm happier now than I've ever been in my life, but it took a lot of hard work and courage. My mother tried to run my life after I married, which was interesting because she showed no interest in me when I was at home. I finally told her to butt out. And she thinks I have a problem.—Peace At Last In Green Bay

DEAR GREEN BAY: Since you've already decided I am "ignorant" I risk nothing by sticking to my original statement, "Parents do the best they can."

Unfortunately, their "best" is sometimes not good enough, or it is downright awful. But almost always, it is because they were victims of poor parenting themselves. We tend to treat our children the way we were treated.

Individuals who were beaten, lied to, ignored or sexually abused often do the same to their kids. Counseling and support groups can break that wretched chain. My congratulations to you for getting help and doing just that.

DEAR ANN LANDERS: "Wendy in Chicago" wrote to you a while back about her cousin who was robbed in an elevator. She told your readers that when they are in an elevator, they should position themselves next to the panel buttons so they can push the red

alarm button if attacked.

That was poor advice. Pushing the alarm button may stop the elevator, and if it stops between floors, you will be imprisoned with your attacker.

The best thing to do is push as many floor buttons as you can. The elevator will then automatically stop at every floor and you can then try to escape or get help from someone waiting to get on.

I learned this from an excellent TV show called "Street Smarts." Please share the information, Ann.—E.P. in Rochester, N.Y.

DEAR E.P.: The name of that TV show on Public Broadcasting was "Street Smarts: How to Avoid Being a Victim—With Detective J.J. Bittenbinder," a Chicago homicide detective.

Thanks to you and all the others who wrote. Your correction is greatly

appreciated.

DEAR ANN: I'm in prison and may be here for quite a while. I have a 7-year-old daughter who thinks I'm working out of town. I don't like lying but I'm not sure that under the circumstances it's wrong. Yes or no?—Texas

DEAR TEXAS: The shabbiest truth is always better than the best-dressed lie. Tell your daughter where you are and why you are there before someone else does.

Planning a wedding? What's right? What's wrong? "The Ann Landers Guide for Brides" will relieve your anxiety. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Brides, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Take charge when child's grades slip

Mid-term is frequently the first time parents learn their child is doing poorly in a subject or a grade level. The news arrives, unwelcome, along with tax forms and holiday bills.

Though taxes may be unavoidable and bills are inevitable, parents don't have to accept at mid-term that their child will fail. Rather, the mid-term failing grade should be a wake-up call that it's time for the parent to step in.

In my clinical psychology practice, I recommend the following steps for parents:

—Meet with the teacher. This is not a blame-finding session. Ask for information on why your child is failing. Is it because she doesn't understand the subject or because his class attendance is poor?

—Enlist the teacher's help. Ask the teacher what would help the child improve. Suggestions may include special tutoring after school, diligence in completing homework or improved discipline. Be open to the teacher's feedback and offer your insight.

—Take action. The most effective action I have found is a daily checklist. After you and the teacher have defined the problem, list what the child must

accomplish in order to improve. Examples are: turn in homework on time; attend class regularly; bring materials to class; participate in class discussion.

Each of these behaviors should be listed on the daily checklist. Help your child understand that you will regularly check with the teacher to see that the desired behaviors have occurred. Parents also must establish rewards for a satisfactory checklist and consequences for any day the checklist behaviors are not fulfilled.

These rewards should include privileges your child values—such as playing outside before dinner or shopping with friends. Consequences might include withdrawal of TV or telephone privileges for the day.

Be consistent. The checklist system will work, but only if parents apply it consistently. If you slack off, so will your child. If you persevere, though arguments are certain to follow, you show your child that you care about his or her future, that you value self-discipline and that education is important.

WOULD YOU VOTE TO RAISE YOUR TAXES?

IF YOU VOTE AGAINST LIQUOR SALES IN HEREFORD YOU VOTE FOR HIGHER TAXES

\$ Hereford will lose \$110,000 in liquor and ad valorem taxes.

\$ County and City officials confirm without this revenue, the only alternative will be to raise county, city and school taxes.

\$ Without sales, retail outlets will lose 50 employees causing higher unemployment taxes, additional lost taxes, and a greater strain on the taxpayer.

\$ The Chamber of Commerce estimates for each dollar lost, Hereford will lose seven dollars in revenue.

\$ Alcohol consumption won't be stopped, revenue from lost taxes will.

BUSINESSES CLOSED WILL CAUSE

\$20,000 - DECREASE IN RENTS PAID

\$25,000 - DECREASE IN ELEC., GAS, SEWER REVENUES

\$70,000 - DECREASE IN OTHER SALES
• ADVERTISING • DONATIONS
• SERVICES TO OPERATE

THIS DOES NOT ACCOUNT FOR CUTS THE OTHER BUSINESSES WILL MAKE.

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Life!

Regular screening urged for prostate cancer

It's a cancer few people talk about. Yet prostate cancer strikes one of 11 men in their lifetimes.

About 100,000 cases of prostate cancer are reported annually in the United States, including 5,000 cases in Texas. Prostate cancer is the third most common cancer among men, after skin and lung, and is the third leading cause of cancer death in men, behind lung and colorectal cancers.

The prostate is a walnut-sized gland at the base of the bladder. The urethra, or urinary channel, runs through the prostate. The gland produces fluid which nourishes and helps transport sperm.

Different conditions can occur in the prostate. Benign prostatic hyperplasia, or BPH, is a natural part of aging. In fact, nearly every man older than 45 has some degree of BPH, or prostate enlargement. Benign enlargement usually grows from the inside of the prostate and constricts the urinary channel. This constriction

causes the most common signs of prostate trouble—slowing of the urinary stream and a frequent feeling of need to urinate. Blood also may be present in the urine.

Unfortunately, prostate cancer displays the same symptoms, if it has symptoms at all. Prostate cancer tends to lie dormant and often does not cause symptoms or health problems. Early detection is important. If prostate cancer is not detected early, it can spread, usually to the bones, and can be fatal. However, 84 percent of patients whose tumors are diagnosed early are alive five years after treatment.

Certain groups of men are at increased risk for prostate cancer. Confirmed risk factors for the disease are age, race and occupation. Suspected risk factors for prostate cancer include a diet high in fat, hormonal and genetic factors, and the presence of BPH.

Of the confirmed risk factors, age is the most common. Eighty percent of prostate cancer cases are diagnosed in men age 65 and older. The disease is uncommon in men younger than 50.

For unknown reasons, African-American men run the greatest risk of developing prostate cancer. Incidence and mortality rates for African-American men are a 50 percent greater than for white men. The incidence rate for hispanics is greater than whites and comparable to or less than other minorities.

Occupation also plays a role in prostate cancer. Workers exposed to cadmium, such as those in electroplating or alkaline battery production, workers exposed to rubber, and welders are at increased risk.

Prostate cancer is a serious, but treatable, disease. Early detection is the key. Texas Medical Association urges all men over 40 to have an annual rectal examination as part of their annual physical exam. Physicians can use other tests to help detect the disease, including a blood test to measure the level of a protein called prostate-specific antigen (PSA).

If prostate cancer is detected, treatment options include observation with no immediate treatment, surgery, radiation, hormonal treatment, and chemotherapy. If you have questions about prostate cancer, consult your physician.

Texas Medical Association is a professional organization of more than 31,000 physician and medical student members. It is located in Austin and has 118 component county medical societies around the state. The Association represents 82 percent of the doctors of medicine licensed and residing in Texas and 96 percent of the state's allopathic medical students. TMA's key objective is to improve the health of Texans through professional and personal development of its members.

Hints from Heloise

Dear Heloise: Patches, our 9-year-old Boston terrier, nearly died. We bought her several toys with squeakers and unfortunately she swallowed a squeaker from one of them and became ill.

After several tests and X-rays, nothing was found. Our veterinarian decided to do exploratory surgery and found a squeaker lodged in her intestines. Our vet said if only the manufacturer had put some kind of metal in it, it would have been detected by X-rays.

Please let all your readers know of the danger to pets in these types of toys. I was fortunate, but others may not be. — Ruth M., Neptune Beach, Fla.

I'm so glad your dog is all right now, and thank you so for writing. I'm sure your letter will save others from possible problems. — Heloise

CUP OF WATER

Dear Heloise: After getting my 3- and 4-year-old granddaughters a drink every few minutes, I discovered a time-saver.

I now put two sipper cups of cool water on a flat sponge on the counter in their reach. I change the cups of water several times each day and the girls can help themselves whenever they are thirsty.

I do supervise them all the time and there is there is no mess. — Donna Jean Pople, Dallas, Texas

PET PALS

Dear Heloise: Even though I'm not writing about a pet of mine, there are two farm animals I saw on a wildlife ranch that are real pals. After I saw them, they appeared on a TV commercial for the ranch.

A little black goat rides on the back of a cow. It's amazing to see him balancing as the cow walks around. I never did see how he jumped up or got off, but hopefully I'll see that the next time I go there. — Theresa Garza, San Antonio, Texas

WOODEN HANGERS

Dear Heloise: Do your husband's trousers slip through those weak old wooden pants hangers? Have him put a wide rubber band around the end of each wooden leg of the hanger.

This will hold them so tight that he will have to open it to get them out. — James Von Gunten, Berne, Ind.

ARTIST PAINTBRUSH

Dear Heloise: I've been painting for years, and paintbrushes can be expensive.

When my flat brush bristles start to spread and are almost too bad to use, I get extra life from them by trimming the top bristles. Even though they become shorter, cutting them makes a sharp edge.

I'm sure this can be done to regular paintbrushes too. — Sarah Douglas, Memphis, Tenn.

Q. In several of my Christmas gifts this past year I enclosed crocks of cheese spread made from your recipe and now I am being asked for the

recipe. It has disappeared!

I am referring to the spread which begins with a brick of American cheese, to which you add a jar of pimentos and, I believe, some mayonnaise. Could you please reprint it?

— Eileen Schulz, Youngstown, Ohio
A. Sure can! You'll need 1 pound of boxed, soft cheese, 4 ounces of pimento, 1 cup of mayonnaise, 1/2 cup of grated pickles (sour or sweet, depending on your taste).

Grate the cheese first, then grate the pickles. Combine by adding small amounts of each of the ingredients in layers (i.e. cheese, pimento, mayonnaise, pickles), then mix. Continue until all ingredients are mixed well.

Be sure and keep pimento cheese refrigerated! — Heloise

SEND A GREAT HINT TO:

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LETTER OF LAUGHTER

Dear Heloise: In my kitchen I used to have three shelves about 4 feet long and just wide enough to hold standard spice jars three deep — in alphabetical order, of course.

We sold our house and moved into a 33-foot motor home which had an efficiently compact kitchen. One of my daughters and her family came to help us pack up and stock the motor home. To keep my 9-year-old granddaughter busy, I gave her the task of moving the spices from their shelves to the three spice racks installed in the motor home's kitchen. She gathered the little bottles into a sack and headed outside.

Within minutes she returned to the house and screamed to her mother, who was busy upstairs, "Mom, Grammy can't use any spices after C." — Mary Esther Whitelaw, Sarasota, Fla.

Rebekah Lodge officers installed during meeting

New officers were installed at Hereford Rebekah Lodge #228 meeting Tuesday evening by District Deputy President Ruby Green and her staff of Deputy Marshall June Green, Thursie Reid, Dorothy Browning and Norene Pearson of Muleshoe Rebekah Lodge #114.

Taking office were Anna Conklin, noble grand; Jo Irlbeck, vice grand; Susie Curtsinger, secretary; Genevieve Lynn, financial secretary; and Sadie Shaw, treasurer.

Appointed officers are Irene Merritt, warden; Mary Lou Weatherford, conductor; Marie Harris, chaplain; Ursalee Jacobsen, musician; Ben Conklin, color bearer; Tony Irlbeck, banner bearer; Ocie Bolton, inside guardian; Faye Brownlow, outside guardian; Peggy Lemons, right support to noble grand; Frankie Ruland, left support to vice grand; Dorothy Collier and Ann Werner, right and left support to chaplain; and Shirley Brown, right

support to junior past noble grand.

Also, during the meeting, plans were completed for a bean supper scheduled Feb. 6 beginning at 5 p.m. at the I.O.O.F. Hall. Tickets will be \$3.50 per person for the meal of beans, coleslaw, cornbread, cobbler and drinks.

A salad supper was enjoyed by those present preceding the meeting by the visitors and local members.

WASHINGTON (AP) — It took a new presidency to bring about a Fleetwood Mac reunion.

The rock group will be among a host of big-name performers at the invitation-only Presidential Inaugural Gala on Jan. 19, the night before Bill Clinton takes office.

Clinton, his wife, Hillary, Vice President-elect Al Gore and his wife, Tipper, are expected to attend the gala at the Capital Center in Landover, Md.

Preparing for second baby

Anticipating the arrival of a new baby brings out a wide range of emotional responses from all family members, especially from the sibling-to-be.

Here are some art activities you can do with your "siblings-to-be" to include them in the arrival of a new baby and to show the important role they play as big brothers and big sisters.

Use a black marker and have a child draw a portrait of the family on a postcard-size piece of paper. Be sure to include a drawing of a baby. Take the drawing to a quick printing shop and have it printed on cards to resemble postcards. Once the baby arrives, write information on the back side of the card such as name, birthdate, weight, length, etc. Send the cards to friends to announce the arrival.

Draw or paint a colorful picture to hang on the wall near baby's cradle or crib. Ask the young artist to sign the picture.

Make a paper door sign to hang on the doorknob of baby's room. On one side of the sign draw a baby sleeping and on the other side, a baby awake.

When baby arrives, use fabric markers or paint in squeeze bottles to draw a portrait of the baby on the front of a newborn-size T-shirt. Or, make a portrait on a plain white bib.

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SPORTS

NFL owners, players reach labor agreement

GRAPEVINE, Texas (AP) - The National Football League has a labor agreement for the first time since the dark days of half-empty stadiums and player replacements during the 1987 strike.

And it includes what players picketing back then wanted: free agency, although not the brand that has left baseball players cashing megamillion-dollar checks and frequently changing cities.

Working under a judge's deadline, the NFL and its players agreed Wednesday on a seven-year contract that brings unrestricted free agency and a salary cap to professional football.

Although the deal satisfies nobody, it comes as a relief to everyone.

"Neither side got everything that it wanted to get," NFL commissioner Paul Tagliabue said. "But that's the litmus test of a fair and balanced agreement."

"Both sides seem somewhat unhappy with the result, leading me to believe that it is a good mutual settlement," added U.S. District Judge David Doty of Minneapolis,

who on Tuesday gave both sides 24 hours to reach an agreement.

The contract, which runs through 1999, includes a free-agency plan that allows players with more than five NFL seasons to become unrestricted free agents. If player costs reach 67 percent of designated NFL gross revenues, a salary cap goes into effect and players can become free agents after four years.

Had the sides not reached agreement by Wednesday, Doty said he would impose his own contract - and that neither side would be happy.

Doty's threat came a week after an agreement fell apart, with each side accusing the other of backing off earlier concessions.

Dallas Cowboys owner Jerry Jones said the agreement left no winners and no losers.

"I think the system is not perfect, but I think we can make it work," he said. "We're a better game today. We're a better league."

Even the pending lawsuits filed by players against the league have been dropped.

"We are pleased to announce a settlement agreement has been reached in the Freeman McNeil, Reggie White and related lawsuits," Tagliabue and Jim Quinn, the players' lawyer, said in a joint statement. "We expect that this settlement will lead to the establishment of the NFL Players Association as a labor union."

Free agency in the NFL will more closely resemble the National Basketball Association's system than baseball's, where superstars command huge sums of money. One reason is that NFL careers are shorter and the salary cap will limit spending by owners trying to buy a Super Bowl victory.

"It's going to be a lot different in football. It's never going to be the same again - and that's good," said Gene Upshaw, executive director of the NFLPA. "I think we've suffered for seven years, and now we can work together."

"It'll be a new world," Tagliabue said. "It'll be very different in terms of how clubs have to operate and plan, develop their squads. But we think that with the energy, creativity

and skill in the league at all levels, that it will work out well for the league and for the players."

The agreement includes the following key points:

- Free agency: Starting this year, players who have been in the league at least five years and whose contracts have expired will be unrestricted free agents. The free agency signing period will run from approximately March 1 to July 15 each year.

- Salary guarantee: Players will receive a minimum of 58 percent of the league's designated gross revenues during each year of the agreement that includes a salary cap.

- Draft: The draft will be reduced from 12 to seven rounds, plus one round for teams that lose free agents.

- Damages: The NFL has agreed to pay \$195 million in damages and attorneys fees to settle all outstanding litigation.

- Rookies: Total salaries of drafted rookies will be capped at about \$2 million per club. Those levels will increase with the growth of designated revenues.

- Free-agency exceptions: Each team

will be able to exempt one "franchise" player from free agency for the duration of his career if he is offered a contract at the average of at least the top five players at his position. In 1993, each team will be able to use the right of first refusal on two of its free agents if they are offered a contract at the average of at least the top 10 players at that position. In 1994, every club will have one right of first refusal under the same conditions as '93.

"Everybody wants a system that will pay the people that are making

the plays, not the ones that are thinking about making the plays," said Jones.

The agreement is the first since 1987, when players struck for 24 days, then went back to work without a contract. The NFL Players Association then took its case to court and last summer a jury threw out the limited Plan B free agency system.

Under the old system of free agency, which allowed teams to match another team's offer for a player or receive high draft choices in return, only two players changed teams.

Hoop Shoot is Saturday

Local competition for the 21st Annual Elks Hoop Shoot, a national free throw shooting contest for boys and girls age 8-13, will be held from 9 a.m.-noon Saturday at the Hereford YMCA. Registration is from 8:30-9 that morning.

Each contestant has 25 shots at the hoop. The best boy and girl in each of three age groups advances to the district competition Jan. 23 at Borger.

The fourth tier of competition is the national finals. The names of the winners there are inscribed on the Elks National "HoopShoot" plaque,

on permanent display in the Naismith Memorial Basketball Hall of Fame in Springfield, Mass.

More than three million youngsters from all over the country competed in the Hoop Shoot last year.

Meet the Herd set

Meet the Herd for basketball season will be held Wednesday starting at 5:30 p.m. in Whiteface Gymnasium.

Players and coaches for all Hereford High School basketball teams will be introduced.

Aikman confident for 1st playoff start

By DENNE H. FREEMAN
AP Sports Writer

IRVING, Texas (AP) - Troy Aikman is 1-6 against the Philadelphia Eagles but he proved in November that he can beat them. He led the Dallas Cowboys to a 20-10 victory.

Aikman gets a chance to do it again in his first NFL playoff start on Sunday in Texas Stadium. The winner advances to the NFC title game against either San Francisco or Washington.

"I have a lot of respect for the Eagles but I don't fear 'em," Aikman said. "I won't be intimidated by them."

The Cowboys quarterback didn't start two playoff games last year because of an injury inflicted by the

Eagles. Dallas defeated Chicago in the first game and lost to Detroit in the second with Aikman getting mop-up duty after taking over for Steve Beuerlein.

Questions abound whether Aikman has the experience needed to handle playoff pressure. Aikman says he does. Coach Jimmy Johnson says he does. His teammates don't worry about it.

"You don't change the way you prepare for a game," Aikman said. "You play every game to win and the only difference is if you lose a playoff game, you go home."

Aikman, the third-rated quarterback in the NFL, said he knows what some critics are thinking.

"The talk of the week will be that the last time we beat 'em was a

fluke," Aikman said. "It also will be about Aikman's first playoff start. I don't feel I have anything to prove against the Eagles. I'm looking forward to it. I'm not all froze up because it's just a playoff game."

Johnson said Aikman has plenty of prime time experience.

"He's been in a lot of big games in his career," Johnson said. "He's accustomed to being in a big game atmosphere. The more I'm around Troy the more I'm amazed by his ability to stay on an even keel and stay focused."

Johnson said Aikman will be unfazed by his first playoff start.

"Troy can't be intimidated one iota," Johnson said. "If you think otherwise you don't know Troy Aikman."

"Playoff experience is overrated. We've been in a lot of crucial games. We play in the NFC East and we've been in the big games," Johnson said.

Last year Aikman was bitter because he didn't get to start. He felt he was ready physically, but Beuerlein was on such a roll Johnson didn't want to tamper with the mixture. Aikman publicly lashed out at Johnson for ignoring him.

The feud was healed in training camp.

"I've stayed healthy this year for the first time," Aikman said. "That's a big plus going into Sunday's game. I feel rested and ready. This is also my second year in Norv Turner's system and I think I'm a better quarterback."

49ers' Young voted as NFL's MVP

SANTA CLARA, Calif. (AP) - Steve Young became an overnight success in his eighth NFL season.

A Tampa Bay castoff who came to San Francisco in 1987 as Joe Montana's backup, Young put together an extraordinary year in his first full season as the 49ers' starter.

On Wednesday, he was rewarded with his selection as The Associated Press 1992 NFL Most Valuable Player.

Young, the league's passing leader and a central figure in the 49ers' return to the playoffs with a league-best 14-2 record, received 56 of 80 votes cast by a nationwide panel of media members.

"Nobody else has done as much for his team this year," tight end Jamie Williams said. "He had pressure. He had a lot of pressure on him. He dealt with it this year. He's come of age as a quarterback."

Most of the pressure came from

having to replace the injured Montana, a 10-year starter who led San Francisco to four Super Bowl victories. Young had been Montana's understudy for four years after coming to the 49ers in a 1987 trade with Tampa Bay.

He stepped in as the starter at the beginning of the 1991 season, when a torn right elbow tendon put Montana on injured reserve. Young struggled early on, going 4-5 before suffering a knee injury that sidelined him for six weeks.

In Young's absence, Steve Bono went 5-1 as the starter and there were those who questioned Young's ability to handle the job fulltime. But, when a knee injury felled Bono, Young started the final game of the 1991 season, throwing for 338 yards and three touchdowns in a 52-14 rout of the Chicago Bears.

Despite their 10-6 finish in 1991, the 49ers missed the playoffs for the

first time in nine years.

When lingering elbow problems put Montana on injured reserve again, coach George Seifert named Young the starter at the beginning of this year and told him the job was his until he played his way out of it.

There's no sign of that.

Young led the league in passing with a 107 rating, completed a league-high 66.7 percent of his passes and threw 25 touchdown passes, also

tops in the NFL. His 3,465 passing yards were second only to Miami's Dan Marino.

Running backs Barry Foster of Pittsburgh and Emmitt Smith of Dallas were next in the balloting with 11 and 10 votes, respectively. Sterling Sharpe of Green Bay, who set a league record with 108 receptions, got two votes. Cortez Kennedy of Seattle, the Defensive Player of the Year, got one.

Ex-Sooner ex-con to enter NFL draft

By The Associated Press

On the final day for underclassmen to declare themselves eligible for the NFL draft, Kevin Williams and Charles Thompson decided to leave school and Marshall Faulk chose to stay.

Georgia wide receiver Andre Hastings, Mississippi State wide receiver Olanda Truitt and Notre Dame cornerback Tom Carter also announced Wednesday they would turn pro.

Thompson's college career began at Oklahoma when he started as a wishbone quarterback as a redshirt freshman. He was arrested in February 1989 after the FBI taped him selling 17 grams of cocaine for \$1,400 to an undercover agent. He spent 17 months in prison.

Thompson transferred to Central State of Ohio after his prison term. He ran for 1,018 yards and five touchdowns and caught 29 passes for 439 yards and seven TDs.

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Jordan struggles as Bulls lose second in row

By The Associated Press

It's news when Michael Jordan slumps or the Chicago Bulls lose. When both things happen in two straight games, that's headline material.

Jordan had 23 points, but hit just 10 of 22 shots from the floor Wednesday night as the Bulls, losing for the second time in as many nights, were blown out by the Cleveland Cavaliers 117-95.

"I think I'm coming down with a virus, so my energy level was not

really high," Jordan said. "I really didn't have the legs I needed. A lot of shots tonight came up short."

Jordan missed his last seven shots before leaving the game at Richfield, Ohio, with six minutes to go and the Bulls trailing by 19. He had missed seven of his last eight the previous night in Chicago's 91-88 home loss to the Lakers.

Meanwhile, Cleveland won for the 11th time in 13 games as Mark Price made certain the Cavaliers took advantage of Jordan's cold spell by

scoring 30 points - 23 of them in the second half.

Brad Daugherty added 24 points and 12 rebounds and Price 13 assists for the Cavaliers, while Scottie Pippen led Chicago with 24 points.

Price took three stitches on his left eyelid after being hit by Bill Cartwright's elbow late in the first quarter, but his shooting didn't cool down as he scored 14 third-quarter points on 6-of-7 shooting.

Two of the baskets were consecutive 3-pointers during a 22-7 run that

put the Cavaliers ahead 84-73 late in the period.

Celtics 103, Pacers 94

Surging Boston won its third straight game after losing four in a row as Reggie Lewis scored 24 points to lead the Celtics past Indiana.

Boston took the lead for good 20-19 on Kevin Gamble's 14-footer with 5:41 left in the first quarter. That started a 13-5 surge that Gamble capped with a 3-pointer that made the score 31-24. Boston led by at least four points the rest of the way.

Reggie Miller and Rik Smits led Indiana with 18 points each.

Pistons 110, Clippers 103

Terry Mills and Orlando Woolridge combined for 19 second-quarter points as Detroit ran its home-court winning streak to nine games with the victory over road-weary Los Angeles.

Joe Dumars scored 24 points and Isiah Thomas had 14 points and 10 assists for the Pistons, who have won 14 of their last 18 games.

76ers 132, Nets 106

Armon Gilliam scored 26 points as Philadelphia rebounded from a 56-point loss in its previous game to rout New Jersey. It was the 76ers'

largest margin of victory this season.

Clarence Weatherspoon had 23 points, Hersey Hawkins 20, Charles Shackleford and Ron Anderson 15 apiece and Jeff Hornacek 14 for the Sixers.

New Jersey was paced by Drazen Petrovic's 16 points.

Lakers 98, Timberwolves 78

A.C. Green scored 17 points and pulled down nine rebounds to lead Los Angeles past reeling Minnesota.

Minnesota's 78-point total matched its season low and was the fewest points allowed this season by the Lakers.

Chuck Person led the Wolves with 15 points.

Hoosiers give Knight 600th win

By The Associated Press

If you want to know what Bob Knight thought about his 600th win as a college coach, you'll need a camouflage outfit and a gun.

Knight skipped the postgame news conference Wednesday night after No. 5 Indiana beat No. 8 Iowa 75-67 to make him the youngest of the 15 coaches to ever reach that victory milestone. Word did filter down, however, that he planned a hunting trip today.

"He's a terrific coach, and that's obviously an understatement," said Tom Davis, his counterpart at Iowa. "Those of us in the profession almost as long as he has been appreciate the perseverance it takes to get that many W's and still remain relatively sane."

Knight has a 600-212 mark in 28 seasons, and his teams in 22 seasons at Indiana are 498-162. At 52, he is one year younger than Henry Iba was

when he won No. 600.

The Hoosiers (12-2) won the Big Ten opener for both schools and handed Iowa its first loss of the season by hitting a season-high 10 3-pointers. Guards Damon Bailey and Greg Graham came off the bench in the first half with Indiana trailing by eight and scored 28 of Indiana's next 35 points as the Hoosiers took control.

Bailey finished with a season-high 17 points, all but two on 3-pointers, and Graham had 17. Calbert Cheaney added 14 as the Hoosiers bounced back from Sunday's 81-78 loss to No. 2 Kentucky.

Val Barnes led the Hawkeyes (11-1) with 18 points.

In other games involving ranked teams Wednesday night, it was No. 1 Duke 110, Clemson 67; No. 4 Kansas 103, Wichita State 54; No. 13

Arkansas 90, Mississippi 78; Minnesota 64, No. 14 Michigan State 57; Memphis State 84, No. 18 Vanderbilt 78; No. 25 Virginia 80, No. 23 Florida State 76; and No. 24 Pittsburgh 85, Miami 78.

No. 1 Duke 110, Clemson 67

The Blue Devils (10-0) tied the school record with their 23rd straight win in rebounding from the overtime victory over Oklahoma on Monday night. The loss was the worst for Clemson (9-1) since a 44-point loss to North Carolina in 1970 and the Tigers' ninth in a row at Cameron Indoor Stadium. Bobby Hurley led Duke in the Atlantic Coast Conference opener for both teams with 20 points. Devin Gray led Clemson with 25 points.

No. 4 Kansas 103, Wichita State 54
Center Eric Pauley missed his first

shot and then made his last 10 to finish with 20 points and lead the Jayhawks (10-1). The loss was the worst for the Shockers (4-4) since a 71-13 setback to Emporia State in 1917 and the worst to a Division I foe since the school began competing on that level in 1947.

Minnesota 64,

No. 14 Michigan State 57

The Gophers (9-1) opened their home Big Ten schedule with a win over a ranked team for the fifth straight year. Jayson Walton scored all 14 of his points in the second half for Minnesota, but it was the defense of Chad Kolander on Michigan State center Mike Peplowski that made the difference. Peplowski was held to eight points, 10 below his average, and made just three of eight shots, well off the 73 percent he was shooting entering the game.

Injuries turn TCU cagers into joke

By ARNIE STAPLETON

AP Sports Writer

FORT WORTH, Texas (AP) - Let's start with the basketball joke going around campus at Texas Christian University.

First student: "I hear the Horned Frogs have some great outside shooters this season."

Second student: "Yeah! Too bad they play all their games indoors."

That's about as funny as it gets in this miserable season at TCU, where star center Kurt Thomas was lost for the year when he re-fractured his left leg during the preseason after doctors removed stabilizing pins.

"That took away the guy that we planned on building our ballclub around," lamented coach Moe Iba, whose string of four straight winning seasons at TCU is the school's first since 1949-53.

Sharpshooting junior guard Chris Foreman's season also ended before it began when he aggravated a high school knee injury while lifting weights. And freshman Raymond Roberts quit the team for personal reasons and returned home to Bartlesville, Okla.

Even tonsillitis and the flu have taken their turns on the youthful Frogs, who lost their top four scorers

from last year's 23-11 squad that advanced to the NIT.

TCU opened the season with an impressive 64-50 victory over Louisiana Tech, but has since dropped six of seven, including games to perennially weak North Carolina A&T and Centenary.

And timing couldn't have been worse for the NCAA to cut preseason practice time from six weeks to four.

"That's the amazing thing," Iba said. "We didn't have the whole team together but for probably three or four days in the preseason. Then Chris Ward got tonsillitis and missed 10 days."

"But you know, this happens to people. As I told our kids, basketball or life, it's how you handle adversity. You have to deal with it."

By far the biggest blow to the Frogs was the loss of Thomas, a junior who flourished as TCU's frontline replacement off the bench last year until he fractured his left tibia against Texas Tech on Feb. 5 and was lost for the remainder of the season.

"The biggest thing about Kurt getting hurt again, it took away the way we try to play," Iba said. "It took away our go-to man."

Iba's words of sorrow are mixed with a tone of frustration.

Thomas, an aggressive force on both ends of the floor, was running in the gym a week before practice when he felt a burning sensation in his ankle.

"Doctors thought the screws shifted," Iba said. "They went in and took the screws out four days before practice. He missed one day. Then the incision got infected. He was out one week. Finally, everything seemed to be all right - Then it broke, in the same spot as last time."

"Now I'm not a doctor. I don't know if it weakened. But I don't think he would have broken his foot if he had the screws in there," Iba said.

Into a cast went Thomas and topsy-turvy went TCU's season.

"What we've gotten into now is we're playing people that should be playing 20 minutes a game for 35 minutes," Iba said. "We've got Eric Daily playing as post man, and he's not a post man..."

With a lack of depth and frontline talent, about the only way for TCU to stay with teams is to play exceptional defense - a staple of Iba's programs - and to control the pace.

"But with the tempo in college basketball today, you're not going to tell kids not to shoot the ball," Iba said.

The Frogs don't open Southwest

Conference play until Jan. 13, giving them 11 days between games.

"We need the time to work on some things," Iba said. "What we're having a hard time with right now is getting the ball off the defensive board. Our shot selection needs to get better. There's so many things that we can do to improve."

The Frogs not only trail the SWC in rebounding, they're dead last in field goal percentage (42) and free-throw shooting (54 percent).

"The kids haven't given up," Iba assured. "We haven't given up as coaches. The only thing we're trying to do is get better every day."

Mr. Robinson becomes daddy

SAN ANTONIO (AP) - It's a boy for San Antonio Spurs center David Robinson.

Doctors at Humana Women's Hospital delivered David Maurice Robinson Jr. by Caesarean section at 7 a.m. Wednesday.

Robinson returned from Salt Lake City in time to join his wife, Valerie, in the operating room.

Young David was 7 lbs., 10 oz., and 21-inches long. David senior is 7-foot-1, or 85 inches.

Robinson's wife and the new child are both doing fine, said hospital spokeswoman Mary Sellers.

The child was the first for the Robinsons, who married Dec. 16, 1991.

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Fate brings great player to Odessa College

By GARRY LEAVELL
The Odessa American

ODESSA, Texas (AP) - In high school Tisa Morris could do just about anything. She was a three-sport star, the best basketball player, volleyball player and softball player at Benton Harbor (Mich.) High.

But when Louis Harvey first laid eyes on Tisa Morris seven years ago, he had an entirely different sport in mind.

"I used to tell her, 'Tisa, you should be a football player,'" Harvey says recalling the willing but hardly able sixth-grader who showed up in his rec league gym one summer. "She was running with (the basketball). I remember that. When they're that age, you wonder whether they can be basketball players or not."

Harvey didn't have to wonder for long. Morris' entrance to high school just happened to coincide with his first year as head girls basketball coach at Benton Harbor. He didn't have to look far for his No. 1 player.

"I took her with me and I started her and she kept getting better and better," Harvey said.

Four years later, Morris is better than ever. In her freshman season at Odessa College, she is a legitimate first-team All-America candidate and compares favorably with the best players in Wrangler history. At the holiday break this season, she led the Western Junior College Athletic Conference in scoring (23.1) and rebounding (13.7).

OC women's coach Ken Hefner would like to say he had been tracking Morris for years. But the reason she ended up more than 1,000 miles from home is actually testament to the reputation Hefner and the OC program enjoy in the world of women's basketball.

"I'd gone to an AAU tournament in Clovis, N.M. While I was there, I

talked to a couple of people who had recruited Michigan pretty hard and Tisa's name came up."

Meanwhile back in Benton Harbor, a blue-collar town of about 80,000 that sits 60 miles across from Chicago on the eastern shore of Lake Michigan, Morris was doing some soul-searching. Despite a 3.0 grade point average in high school, she had come up one point short of the ACT score necessary for freshmen eligibility at a NCAA Division I school.

That scared off the Big 10 schools, that in Harvey's words, were recruiting her "like wildfire." Harvey's dream of sending Morris to Notre Dame was dashed and Morris' hope of playing for acclaimed Iowa coach Vivian Stringer was put on hold as well. Instead, Morris signed with Eastern Michigan in Ypsilanti, where she had attended basketball camp. But she would have to sit out her freshman year.

"At the last minute, Tisa came and told me, 'Coach, I don't want to sit out,'" Harvey said. "She was almost in tears."

Once Morris was available again, there was no shortage of interest among junior colleges.

Using a friend in Michigan as part of his loose recruiting network, Hefner got the background on Morris and obtained a game tape of her.

"I saw that she had nice moves but she was more of an outside player in the tape I saw," he said. "I thought, that's great, because I like a real mobile person who can help bring the ball down against the press."

Once Morris arrived for a recruiting visit, Hefner decided he liked the person even more than the player. By the time Morris touched down back in Michigan, Hefner had sent her a packet of information on OC with a full scholarship offer attached.

Now "it turns out I'm down here shooting the eyes out," Morris laughs.

Hefner admits even he had no idea Morris would be this good until fall practice began. Then her polish began to show. She was as comfortable posting up and making a strong move to the basket as she was stopping and popping the 18-foot jumper. Her size (6-feet, 1 1/2 inches), quickness and tenacity combined to make her a devastating rebounder yet she displayed the dexterity and ball-handling skills to beat backcourt pressure on her own when necessary. And she did it all with a silky-smooth style rarely displayed even by some of the best players in the women's game.

"I think what's really helped her is she doesn't have to bring the ball down here but our offense is set where she can go inside (or) outside," Hefner said. "When other people have to match up with her, they just can't do it. I think that's some of what (OC men's) Coach (Dennis) Helms did with (current NBA star) Larry Johnson his freshman year. He moved him away from the basket and you can't match up with him out there."

But in Hefner's program, the ultimate compliment is being likened to Doreatha Conwell, a two-time NJCAA All-American at OC in the mid-1980s, whose career may well have included an Olympic appearance if not for a serious knee injury she suffered after leaving Odessa for the University of Texas.

Like Morris, Conwell was a player with inside size but full-court skills. For Hefner, though, what separated D.C. were the intangibles; the way she brought out the best in her teammates on the court and the way she handled herself off of it.

Hefner recalls one practice when the normally dominant Conwell was yielding baskets to a player of much lesser ability. When Hefner quizzed

Conwell about her subpar performance, she replied, "If I block all her shots, she'll never learn how to shoot."

"The one thing to think about with a great player like D.C. was she liked to play great games against great people," Hefner said. "She made everybody better. That's the one area Tisa has to improve on. She doesn't know how good she can be yet. When Tisa can see that she's special and a lot is expected of her, then she'll get to that next level."

Morris appears to be getting the message.

"I hear about Doreatha Conwell all the time," she said. "The best thing I've heard about her is she was a great team leader."

For all the self-assuredness Morris displays inside the arena, outside she's still just a college freshman a long, long way from home. She still talks to Harvey on the telephone at

least once a week.

"The first game we had, when we played (in a tournament) at Tarleton, I called him at 6 a.m. to tell him we were going to go," she said. "He just told me to play my game."

Morris is still playing her game in large part because Harvey was there to keep anything from getting in her way. The product of a broken home, Morris hasn't seen her father since she was 5 years old. When her family became further fragmented while she was in high school, Morris moved in with Harvey and his wife for two years.

"He was really like a father."

With that kind of bond between the two, Harvey took a special interest when Morris was planning her future earlier this year.

"I had some things I wanted her to do because she was kind of special to me," he said. "Kind of like my

daughter. I wanted her to go to Notre Dame and try to make something out of herself."

Instead Morris went much further south just as Harvey's three biological children did, attending Louisiana Tech, Cameron and Grambling universities. Harvey himself played basketball and baseball at Arkansas-Pine Bluff.

After college Morris aspires to play pro basketball in Europe, where women can earn a very good living in the sport. She also would like a shot at making the 1996 Olympic team.

All of that will have to wait until after her time at OC.

"She's potentially the finest inside-outside player in the country," Hefner says. "We get 15 or 20 (recruiting) calls a week on her. I can't imagine what it will be like next year."

Television

THURSDAY

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JANUARY 7

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
(5:00) L.A. Dog ** (G)	Movie: Apple Gang Rides ** T. Conway	Child/Mine	Movie: De ** M. Sheen, B. Hughes (PG)	(15) Young						
News	Curr. Affair	Out Night	Diff World	Cheers	Wings	L.A. Law	News	(35) Tonight Show		
MacNeil/Lehrer	Americas	Mystery	Admiral Crows							
Hillbillies	CHiPs	NBA Basketball Hawks at Bucks (L)	(45) Movie: High Plains Drifter *** C. Eastwood (R)							
News	Wheel	Movie: Smokey and the Bandit ** B. Reynolds (1977)	PrimeTime Live	News	(35) Cheers	(35) Tonight				
Waltons	Young Riders	Father Dowling	700 Club	Scarsow and King	Bonanza					
Design	Jeffersons	Movie: Superman IV: The Quest for Peace ** (1987)	News	Night Court	Kojak					
Design	Married	Top Cops	Street Stories	Knots Landing	News	(35) Gold	(35) Studs			
Sports	College Basketball Illinois at Northwestern (L)	College Basketball Cincinnati at Massachusetts (L)	Sports							
Roseanne	Murphy B.	Simpsons	Martin	Liv's Color	Down	Star Trek: Next	M*A*S*H	M*A*S*H	Arsenio	
Looney	Bulwinkle	Get Smart	Superman	Mary T	Van Dyke	Dragnet	Hitchcock	Lucy Show	F Troop	Mr. Ed
Quantum Leap	Murder, She Wrote	Movie: Casualties (Love J. Scallia, A. Milano (1993))	MacGyver							
(5:25) Yellowbeard ** (PG)	Movie: Hitman ** C. Norris, M. Parks (1985)	(35) Man	(35) Movie: Air America ** M. Gibson, R. Downey Jr.	Keaper (R)						
Movie: Spies Like Us *** C. Chase, D. Aykroyd (PG)	Movie: C.I.A. Code Name: Alexa ** (Comedy)	Inside the NFL	Kiss Me (R)							
(5:30) Celler ** P. Kipatrick	Movie: Guilty as Charged *** (1991)	Movie: Bad Channels ** P. Hipp (1992)	Movie: Suspense *** J. Harper (1977)							
VideoPrime	Crook and Chase	Nashville Now	On Stage	Club Dance	Miller					
Zoo Life	Safari	World/Valor	Who Dare	Adventur.	Courage	Safari	World/Valor			
Search Of	Search Of	Real West	Shark Terror	Brute Force	Evering at the Improv	Real West				
Unsolved Mysteries	L.A. Law	Elvis and Me (Pt 1 of 2) ** D. Midoff, S. Walters	thirtysomething	Mysteries						
Alan	Honey Hole	SportsTalk	NBA Basketball Suns at Mavericks (L)	College Basketball	Honey Hole					
Jeltons	Bugs	Movie: Elvis: The Early Years (Pt 2 of 2) ** M. St. Gerard, M. Perkins (1990)								
L'style	Church	Sullivan	Joy Music	Highway	Daystar	Jessy	LightMusic	Playhouse		
Magics Juvenil	Marie Mercedes	Cara Suecia	Lante Loco	Tropical	Noticiero	Doctor	Vero			

Comics

The Wizard of Id

By Brant Parker and Johnny Hart



BLONDIE

by Dean Young and Stan Drake



Marvin

By Tom Armstrong



BEETLE BAILEY

By Mort Walker



Barney Google and Snuffy Smith

By Fred Lasswell



FRIDAY

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JANUARY 8

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
Fraggle	Pooh	Tree	Dumbo	Mouse	Care Bears	Gummi	Lunch Box	Walt Disney Presents	Animals (G)	
Today				Jenny Jones	Geraldo			F. Daniels	Concan.	Days/Lives
Art Forum	Art Forum	Lamb Chop	Mr. Rogers	Barney	Sesame Street	Health Care		Abnormal Psych.		
(35) Jean	(35) Bewit	(35) Little House	(35) Movie: Cat Ballou *** J. Fohs, L. Marvin	Regis & Kathie Lee	Little House	News				
Good Morning America			Danahue	Robertson	Paid Program	Bonanza				
Gadget	Popeye	Waltons	700 Club	Joan Rivers	Young and the Restless	News				
Flintstones	Bozo	Bewitched	Perry Mason	Fitness	Getting Fit	Body Mo'n Body	Thorough.			
(6:00) CBS This Morning	Vicki	Designing Women	Price Is Right	Body and the Restless	News					
(6:00) SportsCenter	Body	SportsCenter	Fitness	Getting Fit	Body Mo'n Body	Thorough.				
Goof Troop	Darwin	Beetlejuice	Flintstones	700 Club	Robert Tilton	Copeland	Family Ties	Love		
Looney	Heathcliff	Muppet	David	Little Koala	Penner	Eureeka's Castle	Elephant	Snow White	Noozies	
(6:00) Cartoon Express				MacGyver	Judge	Superior	Hollywood			
Movie: Our Hearts Young *** (1944)	Movie: Sweet Talker ** B. Brown (1991)	Movie: No Man of Her Own ** (1950)	Movie: George's Island ** (1991)							
Babar	Pinocchio	Movie: Scavengers ** K. Gilman (1988)	Movie: Obsessed *** K. Kean, D. Pilon (1987)	Movie: Dive Bomber *** E. Fynn						
(6:00) Long Gray Line *** T. Power	Movie: They Died With Their Boots On *** E. Fynn (1941)									
Off Air	VideoMorning	Progress	Fair Game?	Europe	Greet	Gourmet	Graham	Country	Cookin'	Crook
Off Air	Progress	Fair Game?	Europe	Greet	Gourmet	Graham	Country	Cookin'	Crook	
Search Of	Search Of	Movie: List of Adrian Messenger *** G. C. Scott	Fugitive	City of Angels	Rockford					
Baby	Baby	thirtysomething	Movie: Bad Seed ** B. Brown, C. Wells (1985)	Moonlighting	Supernat.					
(6:30) College Basketball	Press Box	Press Box	NBA Action	Big East	Hockey	Adventure!	Baseball			
Popeye	Pink Panther Parade	CHiPs	Movie: Elvis: The Early Years (Pt 1 of 2) ** M. St. Gerard (1990)							
Worship	Reformed	On the Line	J. Favallo	Day	COPE	Can I Live?	Affaire			
Hablando	Cocina	Los Gomez	Papa	Lo Mejor de Chaspirito	Al Mediodia	Passion y Poder	No Creo			

12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
(12:00) Animals *** (G)	(35) Pony	Fraggle	Wonderland	Jump	Quack	Kids Inc.	Mickey	Gay Purr-ee *** (1963)		
(12:00) Cnt.	Another World	Santa Barbara	Oprah Winfrey	Maury	Polish	COPS	PG	NBC News		
Body	Troubled Paradise	Painting	Sesame Street	Read	Sandiego?	Square One	Shirley	Tpoltics		
(12:05) Desperate Women ** (1978)	(35) Tom	(35) Flints	(35) Jets	(35) Brady	(35) Bell	(35) Happy	(35) Co.	(35) Grif.		
Limbaugh	One Life to Live	General Hospital	Sally Jessy Raphael	Family	You Bet Jeopardy!	ABC News				
(12:00) Cnt.	Family Edition	Little	Marlo	Popeye	Gadget	Rin Tin Tin	New Zorro	Prince	My Dog	
(12:00) Cnt.	A. Griffith	Honey	Design	3 Stooges	C.O.P.S.	Flintstones	Captain N	By the Bell	Star Str.	
Beautiful	As the World Turns	Gulding Light	Metlock	In Edition	Hard Copy	News	CBS News			
Equestrian	PGA On Tour	NHRA	Up Close	PGA Golf	Tournament of Champions, 2nd rd (L)	Motoworld	SB V			
People	Perry Mason	Highway to Heaven	Merry	Jerry Kids	Tiny Toons	Batman	Full House	Off World		
LIT' Bits	Muppet	Dennis	Flipper	Looney	Underdog	Yogi	Nick	Hey Dude	Would You?	Crazy Kids
Sale	Press Luck	Scrabble	Pyramid	Pyramid	Ten of Us	My Two	Cartoon Express	American Gladiators		
(11:30) Mov	Movie: Farewell to the King ** N. Notts, N. Havers	Movie: My Girl ** A. Chikovsky (1991)	(35) Baby	(15) Movie: Scavengers ** K. Gilman, B. Blake (1988)						
Movie: This Is My Life *** J. Kauer	Movie: My Girl ** A. Chikovsky (1991)	(35) Baby	(15) Movie: Scavengers ** K. Gilman, B. Blake (1988)							
(11:00) Div.	(15) Movie: Rocky V *** S. Stallone, T. Shire	Movie: Official Story *** N. Alarcon, H. Altiero	Hanging Tree ***							
(12:00) Cnt.	Be a Star	Top Card	Cookin'	On Stage	Club Dance	Be a Star	VideoPM			
Greet	Gourmet	Graham	Easy Does	Homeworks	Rand McNally Videotrips	Beyond 2000	Wombats	Wildlife		
(12:00) Cnt.	Movie: Fandango *** K. Costner, J. Nelson (1985)	Fugitive	Delvechio	Rockford Files						
Born Lucky	China Beach	thirtysomething	Movie: This Is Elvis ** D. Scott, J. Hara (1981) (PG)	Superman	Shop Drop					
(12:00) College Basketball	Horseworld	Paid	Movie: Vin's S. Welch	UTSA	Richardson	Eddie				
(10:00) Elv.	Movie: Elvis: The Early Years (Pt 2 of 2) ** M. St. Gerard, M. Perkins (1990)									
Faith 20	Jesuit Jnl	Prism	Fmy	Brother.	Mormon	Man Alive	Sunshine	Quigley	Asmuths	Why We
(12:00) No	Ines Duarte	Secretaria	Cadenas de Amargura	Cristina	Noticias y Mas	Los Gomez	Noticiero			

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
(5:00) Gay	Snow	Movie: Richest Cat in the World R. Bieri	Movie: Hustler **** P. Newman, P. Laurie (1961)							Rally (1958)
News	Curr. Affair	Movie: Revolver *** R. Ulrich, A. Sema (1992)	I'll Fly Away	Sex, Power		News	(35) Tonight Show			
MacNeil/Lehrer	D.C. Week	Wall St	James Reston	Sas, Power	Be'g		Stage 9	KAC Video		
Hillbillies	Sanford	Elvis, U.S.A.	Movie: Elvis *** K. Russell, S. Winters (1979) (G)							Elvis, U.S.A.
News	Wheel	Fmy	Step	Dinosaurs	Wilder	20/20	News	(35) Cheers	(35) Tonsil	
Brother	Maric	Movie: Ghost and Mr. Chicken ** D. Knotts (1986)	700 Club				Scarsow and King	Bonanza		
Design	Jeffersons	Movie: Protocol ** G. Hawn, C. Sarandon (1984) (PG)	News				Night Court	Uptown Comedy Club		
Design	Married	Palace	Major Dad	Design	Bob	Picket Fences	News	(35) Gold	(35) Studs	
Sports	NHL Hockey Islanders at Sabres (L)					Pro Skiing		Sports	Basketball	
Roseanne	Murphy B.	America's Most Wanted	Sightings	Suspects	Star Trek: Next	M*A*S*H	M*A*S*H	Arsenio		
Looney	Bulwinkle	Get Smart	Superman	Mary T	Van Dyke	Dragnet	Hitchcock	Lucy Show	F Troop	Mr. Ed
Quantum Leap	Murder, She Wrote	Movie: Jaws 2 ** R. Schneider, L. Gary (1978) (PG)								Les of the Twins (1991)
(5:00) Mov	Movie: Late for Dinner *** (1991)	(35) Chap.	Movie: Sudden Impact ** C. Eastwood, S. Locke (R)	Death **						
Inside the NFL	Movie: Marked for Death ** S. Seagal	Movie: Diplomatic Immunity ** (1991)	Hotel Room							
(5:00) Hanging Tree (1959)	Movie: Working Girls *** L. Smith	Movie: Sunset Strip *** J. Conway (R)	(15) Movie: Emmannuelle 5 *** (1986)							
VideoPrime	Crook and Chase	Nashville Now	Encore	Club Dance	Miller					
Jack Hanna's Wildlife	Wildlife	Arctic	Firepower	World War	Wings Over the Gulf	Wildlife	Arctic	Firepower		
Search Of	Search Of	Time Machine	Investigative Reports	Caroline's Comedy Hour	Evening at the Improv	Time				
Unsolved Mysteries	L.A. Law	Elvis and Me (Pt 2 of 2) ** D. Midoff, S. Walters	thirtysomething	Mysteries						
Tim Brando	Hockey	Adventure!	Tarntie Kremlin Cup from Moscow (T)	Women's College Basketball Texas at Santa Clara (T)						
Jetsons	Bugs	NBA Basketball Knicks at Magic (L)	(30) Inside	(50) Movie: Forbidden Planet *** W. Pidgeon (1956)						
Catholic	Time	Alvinews	Playhouse	Everyman	Jim	Invasion to Life	Family Enrichment	Showcases		
Magica Juvenil	Marie Mercedes	Movie: Futbol de Alcobes R. Iratola, G. Rivas (1988)					Nocheiro	El Vecindario A. Zayas		

Schizophrenic Oilers give season perfect end

By MICHAEL A. LUTZ

AP Sports Writer

HOUSTON (AP) - The Houston Oilers' dual personality displayed itself fully in the team's final game of the season.

The same team that had Buffalo down 35-3 in the third quarter allowed the Bills to come back for a 41-38 overtime victory that sent the Oilers quickly from the playoffs for the sixth straight year.

The Oilers' season was filled with magnificent charges and embarrassing retreats. Once again they teased their fans and themselves with dreams of finally making it to the Super Bowl.

With all their talent, nine Pro Bowl selections this year, the AFC's top passer and the third-ranked offense and defense, the Oilers' latest collapse already has started an

Gretzky looks good in return

INGLEWOOD, Calif. (AP) - Look good, feel great.

An apt description for Wayne Gretzky's return to the Los Angeles Kings after missing 38 games with a herniated thoracic disk.

Gretzky showed he has lost little of his physical conditioning and none of his pinpoint passing ability in his first game of the season and 1,000th of his NHL career.

Playing every third shift, he had two assists in the Kings' 6-3 loss to the expansion Tampa Bay Lightning Wednesday night.

"You could tell at the start he was tentative, but he got better and better," Kings coach Barry Melrose said.

Gretzky skated well and made several setup passes to teammates, including a pair that led to two goals in the second period.

"It took me at least a period to get used to the flow, get comfortable and get the shakes out," he said. "To come back a second time is a great feeling."

Gretzky never took a hard hit in a game that wasn't very physical. He wore light padding to protect his spine.

"I got hit a couple of times, but it wasn't a big deal," he said. "I feel good."

He did appear winded at times, leaning over and resting his hands on his knees.

"He was tired," teammate Paul Coffey said. "He didn't log as much ice time as he would have."

Gretzky got his first point of the season when he feathered a pass across the ice to Rob Blake, who scored his seventh goal on a slap shot from the left point in the second period.

off-season of change.

Two assistant coaches have lost their jobs and more personnel moves could be on owner Bud Adams' mind.

"We've got a good team, but there are changes every year," Coach Jack Pardee said. "We've got to figure out how to try to get better and adjust to the changes in football. We're a relatively young team so I'm not thinking of starting over."

Adams stepped quickly into the decision-making process Monday and fired defensive coordinator Jim Eddy and secondary coach Pat Thomas. Pardee will return next season, but more coaches and players could go.

Quarterback Cody Carlson, who replaced injured Moon in the late-season playoff drive, hopes the team stays together.

"If you're talking about a wholesale shakeup I think you'll see the bottom fall out of this organization in a hurry," Carlson said. "I think it would be a big mistake if they do."

Cornerback Cris Dishman, who questioned Eddy's strategy in Sunday's playoff game, isn't sure the team will remain intact.

"Who knows what will happen in the off-season," Dishman said. "A lot of the people that we played with may not be here. Some might. I may not be here and I may. Who knows? We have to wait and see."

"I think we've got a good nucleus right here, but there may be some changes. This squad has the talent to

do it, but talent doesn't mean everything. Everyone has to dig a little deeper inside."

It would be easy to label the Oilers underachieving chokers and begin wholesale rebuilding if it weren't for their spectacular moments.

The question facing the Oilers decision-makers is this: how can you dismantle a team with such glittering individual and team accomplishments?

Running back Lorenzo White was 11th among AFC receivers, third in rushing and third in total yards. Greg Montgomery led the NFL in punting.

Haywood Jeffries and Curtis Duncan ranked 1-2 among AFC receivers. Ernest Givins was sixth in catches and first in the AFC with 10 receiving touchdowns.

Moon and the Oilers' run-and-shoot offense have produced some space-age numbers and then fizzled on a crucial play that's cost them a game. Late-game defensive lapses cost Eddy his job.

The same team that drove two-time Super Bowl finalist Buffalo into a 35-3 hole allowed the Bills' amazing comeback.

"We played Buffalo for six quarters, the best anybody has played them in the history of the game,"

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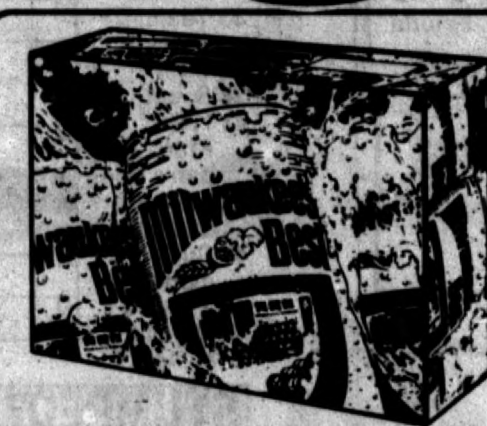


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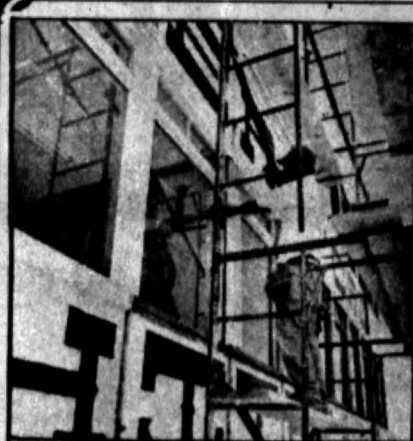
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1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
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ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1-Articles For Sale

Park Ave. Bowl & Pro Shop

Sign up now Short Winter Leagues starting Monday, Jan. 4th, Fri., Jan. 8th, Sunday, Jan. 3rd Mixed Leagues
For more information call: 364-2604
Bowl 1 Get One FREE
Small Square Bales Hay Grazer For Sale.

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\$150/per cord delivered. Round oak, ready to burn, small logs. Also Mesquite.
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Now buying good used furniture and 501 Levis & jackets. 364-4418. 22864

To give away to a loving home, 8 month old black lab mix also brand new dog house for sale. 364-6540. 22865

For sale: Bunk beds, two chests, wooden rocker, glass top dining table & a boys bicycle. 364-2961. 22868

For sale: Small Kimball Organ, \$125.00. Good condition. Call 364-1556. 22871

Curtis Mathes 25" Console color TV, almond-wood cabinet, \$125 or best offer. 364-4550, 503 Plains. 22875

1A-Garage Sales

G&W Flea Market will be open each Thursday 1p.m.-6p.m.; Friday & Saturday each week 9:30am-6p.m. 124 Gought 22860

!!ESTATE SALE!! Friday & Saturday Jan. 8th & 9th. Victorian, cards, purses, clothes, antique furniture, kitchen collectibles, antique glassware, antique toys, antique Christmas. Don't Miss This Sale. Lots of Hereford History Medical history. Come to back door-all must be sold! 311 Witherspoon-8am-6pm

3-Cars For Sale

MUST SELL! '92 Lincoln Towncar, executive series, 4-door sedan, leather seats, keyless entry system, dual power seats, power windows, power door locks, tilt steering wheel, cruise control, am-fm stereo cassette w/seek & scan and electronic clock, rear window defroster, auto headlamp dimmer, lighted vanity mirrors, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments. Call Doug Hulderman in the Credit Department, Friona Motors. 806/247-2701

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For sale 1979 Buick Landau, 110,000 miles, runs good, has only minor problems. \$990.00. Call 655-9520. 22852

1988 Suburban-Silverado-Regency conversion, 49,500 miles, great condition inside and out, \$11,500. 364-6057 nights. 364-4470-days. 22862

For sale, 4-door 1986 Ford Tempo white with blue interior, air & cruise, \$1750. Call 364-5400 or 578-4345. 22866

'85 Chevy Crew Cab Silverado, 4x4-114,000 miles, top condition. \$6500.00. Leave message, 364-7455. 22869

For sale: '89 Ford F150 Ext. Cab P/U. Apto windows, door locks, transmission, good condition. \$7000. 364-8836. 22873

4-Real Estate

For sale by owner: Approximately 1900 square foot, nice backyard, 3 bedroom, 2 bath, Northwest Hereford. 364-4025. 22464

\$1,000 down, owner finance, brick, 3-2-1, 523 Ave K. Call o wner 806-356-9448. 22595

For sale by owner-2 bedroom house with garage at Dimmitt \$18,000. Call 806-289-5870 or 915-335-0904 after 6 p.m. 22837

For sale by owner: Nice 3 bedroom, 1 3/4 bath home, single car garage and storage building. For more information call 364-5880. 22851

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MOVING TO LUBBOCK?
Consider this beautiful custom built home-3bd, den w/fireplace dining area, breakfast nook, 2 baths, 3 ceiling fans, new carpet & new floor covering in kitchen, & guest bath.
1942 sq. ft. living space, double garage, on 1/2 acre lot with water well located outside city limits in North Terra Estates in the Friendship School District. No city taxes. 12'x16' storage bldg, built-in shelves, overhead lights, power outlets.
Assumable VA loan, non-qualifying at 9% fixed rate. Transfer fee only \$45.00.
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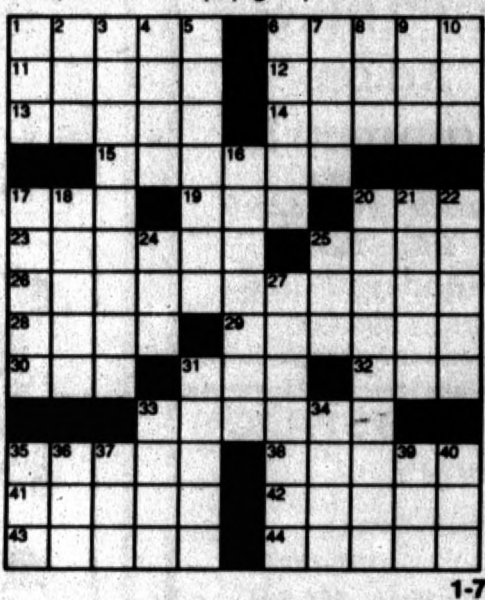
by THOMAS JOSEPH

ACROSS
1 Philadelphia player
6 Befitting a sovereign
11 Poe's middle name
12 Banish
13 Instruct
14 Country once called Dahomey
15 Overwhelm with noise
17 Possesses
19 Zero
20 Team backer
23 Noted N.Y. prison
25 Father
26 Short distance
28 Army vehicle
29 Burger topper
30 Before
31 Montana is one
32 Salt, to Simone
33 Team animal
35 Swift
38 Scent
41 Ralph Kramden's wife
42 Talked and talked
43 Summoned to a phone
44 Caught some Z's

DOWN
1 Mother's order
2 Pub quaff
3 Four-time British prime minister
4 Dolly stuff
5 Heighten in beauty
6 Yankee's foe
7 Yokod beasts
8 Yang's counterpart
9 Boxing's "greatest"
10 Actor
16 Humiliating failures
17 Speedi-

COPSE **FIST**
ONAIR LADLE
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OTTIS LIESTO
SEA LIT TEN
TAKEOVER
RELY REAR
MAKEOVER
CUP LID ODE
ASAPIN SCUM
RACES PLACE
AGENT AIDED
TEST STORY

Yesterday's Answer
ness 31 Dulled by overindulgence
18 Rose extract 33 Blind trio of rhyme
20 Rubber maker 34 Spoken
21 Came up 35 Hip-hop's kin
22 Staircase pillar 36 In the style of
24 Pen fill 37 Glutton
25 Haggard novel 39 Swabbing need
27 Ric 40 Hill builder
Ocasek's pop group



STUMPED? For answers to today's crossword, call 1-800-454-7377/199¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

3 bedroom, 1 1/2 bath, for sale, fenced back yard, close to schools, Call 267-2401 22854

Industrial property on railroad siding used for produce processing, equipment available now. Priced to sell. Call Don C. Tardy, Co. 803 West 1st, Hereford, Texas, 79045. 806-364-4561 or 1-800-658-6006. 22870

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Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

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\$300/weekly opportunity, need 3 people to learn and assist manager. For personal interview call Amarillo 373-7489 between 9a.m.-11a.m. only.

Case-worker position to work with families of abuse. Must have BS in Social Work, good transportation, must live in Hereford. Send resume to Childrens Enterprises, 701 S. Fillmore, Amarillo, Texas. 79101. 22846

Need loving reliable lady to keep my child in my home. Send resume or letter to box 673AC. 22856

Rig helper. Must have CDL class A Drivers License. Call 364-0353 for appointment or apply in person at Big T Pump Co. E. New York Ave. 22859

10-Announcements

Problem Pregnancy Center Center, 801 E. 4th. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11-Business Service

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A.M., Monday, January 25, 1993,
for the furnishing of pre-fabricat-
ed material to repair three and
four-yard trash receptacles.
Specifications may be obtained
at the office of the City Manager,
224 N. Lee, Hereford, Texas,
79045 or by calling (806)364-
2123.
Bids shall be submitted in sealed
envelopes and marked in the
lower left hand corner.
The right is reserved to reject any
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By: Chester R. Nolen
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apostrophes, the length and formation of the words are
all hints. Each day the code letters are different.

1-7 CRYPTOQUOTE

W I K I C D L B M C D L E K
C D R U T C N M D D M V D S L W
D S M I W M I W L W
M W O M G I K M Z R D S D S M
Z V I W B L F F V M C C . -
C I J V U M I N C U J V M

Yesterday's Cryptoquote: 'TAS THE MONTH
AFTER CHRISTMAS AND SANTA HAD FLIT; CAME
THERE TIDINGS FOR FATHER WHICH READ, "PLEASE
REMIT." — SOURCE OBSCURE



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Prices effective Wednesday, January 6, 1993.

CATTLE FUTURES

CATTLE - FEEDER (CME) 60,000 lbs., cents per lb.
Jan 87.25 86.25 87.25 88.25 89.25 90.25 91.25 92.25
Mar 88.25 87.25 88.25 89.25 90.25 91.25 92.25 93.25
Apr 89.25 88.25 89.25 90.25 91.25 92.25 93.25 94.25
May 90.25 89.25 90.25 91.25 92.25 93.25 94.25 95.25
Jun 91.25 90.25 91.25 92.25 93.25 94.25 95.25 96.25
Jul 92.25 91.25 92.25 93.25 94.25 95.25 96.25 97.25
Aug 93.25 92.25 93.25 94.25 95.25 96.25 97.25 98.25
Sep 94.25 93.25 94.25 95.25 96.25 97.25 98.25 99.25
Oct 95.25 94.25 95.25 96.25 97.25 98.25 99.25 100.25
Nov 96.25 95.25 96.25 97.25 98.25 99.25 100.25 101.25
Dec 97.25 96.25 97.25 98.25 99.25 100.25 101.25 102.25
Est vol 15,000; vol Tues 15,000; open int 15,000.

GRAIN FUTURES

CORN (CBT) 5,000 bu., cents per bu.
Jan 217 216 217 218 219 220 221 222
Mar 221 220 221 222 223 224 225 226
May 225 224 225 226 227 228 229 230
Jul 229 228 229 230 231 232 233 234
Sep 233 232 233 234 235 236 237 238
Nov 237 236 237 238 239 240 241 242
Dec 241 240 241 242 243 244 245 246
Est vol 15,000; vol Tues 15,000; open int 15,000.

METAL FUTURES

GOLD (CME) 100 troy oz., \$ per troy oz.
Jan 329.25 328.25 329.25 330.25 331.25 332.25 333.25 334.25
Mar 333.25 332.25 333.25 334.25 335.25 336.25 337.25 338.25
May 337.25 336.25 337.25 338.25 339.25 340.25 341.25 342.25
Jul 341.25 340.25 341.25 342.25 343.25 344.25 345.25 346.25
Sep 345.25 344.25 345.25 346.25 347.25 348.25 349.25 350.25
Nov 349.25 348.25 349.25 350.25 351.25 352.25 353.25 354.25
Dec 353.25 352.25 353.25 354.25 355.25 356.25 357.25 358.25
Est vol 15,000; vol Tues 15,000; open int 15,000.

SILVER (CME) 5,000 troy oz., \$ per troy oz.
Jan 17.25 17.15 17.25 17.35 17.45 17.55 17.65 17.75
Mar 17.75 17.65 17.75 17.85 17.95 18.05 18.15 18.25
May 18.35 18.25 18.35 18.45 18.55 18.65 18.75 18.85
Jul 18.95 18.85 18.95 19.05 19.15 19.25 19.35 19.45
Sep 19.55 19.45 19.55 19.65 19.75 19.85 19.95 20.05
Nov 20.15 20.05 20.15 20.25 20.35 20.45 20.55 20.65
Dec 20.75 20.65 20.75 20.85 20.95 21.05 21.15 21.25
Est vol 15,000; vol Tues 15,000; open int 15,000.

FUTURES OPTIONS

CATTLE - FEEDER (CME) 60,000 lbs., cents per lb.
Strike Calls Puts
Price Jan Mar Apr Jun Sep Dec
87 1.00 1.00 1.00 1.00 1.00 1.00
88 1.00 1.00 1.00 1.00 1.00 1.00
89 1.00 1.00 1.00 1.00 1.00 1.00
90 1.00 1.00 1.00 1.00 1.00 1.00
91 1.00 1.00 1.00 1.00 1.00 1.00
92 1.00 1.00 1.00 1.00 1.00 1.00
93 1.00 1.00 1.00 1.00 1.00 1.00
Est vol 15,000; vol Tues 15,000; open int 15,000.

GOLD (CME) 100 troy oz., \$ per troy oz.
Strike Calls Puts
Price Jan Mar Apr Jun Sep Dec
329 1.00 1.00 1.00 1.00 1.00 1.00
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332 1.00 1.00 1.00 1.00 1.00 1.00
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Ask Dr. Lamb

DEAR DR. LAMB: Please help! My friend will listen to your advice. He is almost 44 years old and a diabetic with a blood glucose level over 400 most of the time. He is perhaps 20 pounds overweight and does not use alcohol. He smokes approximately a half to one pack of cigarettes a day.

He eats anything and everything, including baked goods. We have made a little progress because he drinks lots of tea with artificial sweetener rather than regular cola drinks.

I'm very concerned because he complains of being tired all the time. His eyesight seems to be getting worse. He is hypertensive and has a blister on one foot that has never healed properly.

He takes Aldactone, Lasix and Tolinaise on a daily basis, but has no one regular doctor to follow his condition. I think if he would get his diabetes under control he would feel like a new person. I am worried about his vascular condition because of the sore on his foot that won't heal and evidence of other vascular problems,

such as impotence. I'm afraid he will end up losing a foot or worse.

DEAR READER: You have reason to be concerned. The foot blister may be the beginning of a diabetic ulcer related to either changes in the arteries to his leg or to involvement of nerves to the foot. Diabetes can involve the nerves that affect erection and is one cause for impotence. Or it can cause arterial changes that may also cause impotence. If his fasting blood glucose level is 400, he is losing glucose in his urine, and that can account for his fatigue.

The story sounds like his diabetes is not controlled at all, and under those circumstances, if possible, he should see a doctor who specializes in managing diabetics. Losing those 20 pounds and following a proper diet would be helpful. That should involve limiting his calories until his weight is properly adjusted and avoiding sweets and starches. If these measures do not significantly im-

prove his blood glucose level, he may need insulin. But the most important starting point is with a regular doctor who can manage his diabetes properly.

I am sending you Special Report 89, Diabetes: The Sweet Sickness, that you can have him read. Others who want this report can send \$3 with a long, stamped (52 cents), self-addressed envelope for it to THE HEALTH LETTER/89, P.O. Box 5537, Riverton, NJ 08077. He should not smoke at all. That will increase his risk of a heart attack, or make any circulatory problems to his foot even worse.

DEAR DR. LAMB: I am a diabetic, take insulin shots every day and live mostly on vegetables and whole grains, with no pastries, syrups or the forbidden foods. I do eat fresh apples, as I understand they do not raise the glucose level. I've kept my glucose count where it belongs most of the time, but lately it has climbed to around 190 and doesn't seem to want to go down. Do those good apples make the difference? Have I been under a wrong impression by eating them freely?

DEAR READER: I doubt the apples are the cause of your increased blood glucose level. A study done several years ago showed that eating 50 grams of raw apples did not cause any change in the blood glucose level. One reason is that the glucose in the apple is trapped in the fiber content and the apple is emptied slowly into the small intestine. I suppose it could possibly be a factor if you ate a lot of apples at one time. Check with your doctor to see if something else has changed to affect your blood glucose level.

DEAR DR. LAMB: I watched my parents age. Their bodies underwent such a change. My dad lost his muscles and his body was flabby. My mother gained fat and had weak muscles. Of course, they had medical problems as well, but their age really affected their appearance and physical ability. I'd like to avoid that if I can. I'm a 54-year-old male and have always been in good health and I exercise regularly.

I have heard of a hormone you can take that even reverses aging. I think it was growth hormone. Can you enlighten me on this? Is it available?

DEAR READER: Yes, you probably read about growth hormone, also called somatotropin. It is formed by your pituitary gland and works with other hormones to promote growth. For some time it was believed that it was only formed during the years a person grows in height, and when the long bones fused, and growth stopped, there was no more growth hormone formed. That is not true. There may be a decline in production of growth hormone as early as age 30, and at age 50 a substantial reduction begins. Some older people have little or no growth hormone.

Dr. Daniel Rudman and colleagues at the Medical College of Wisconsin did a fascinating study of men between the ages of 61 and 81. Injections of growth hormone did result in an increase in muscle and a decrease in body fat. Growth hormone is important for body organs as well. The liver increased an average of 8 percent in size. The skin, which thins with aging, also thickened. However, these changes were temporary and persisted only as long as the men were taking growth-hormone replacement.

Yes, there can be complications; a few men had breast enlargement and some developed carpal tunnel syndrome. However, this is most encouraging. It suggests growth hormone is at least one of several aspects of aging.

Read about the details and other factors that affect aging in my new Special Report 134, Live Longer, Live Better, which I am sending you. Others who want this report can send \$3 with a long, stamped (52 cents), self-addressed envelope for it to THE HEALTH LETTER/134, P.O. Box 5537, Riverton, NJ 08077. The use of growth hormone is still in the experimental stage at this time.

Incidentally, physical exercise that builds muscles also increases the formation of growth hormone. Growth hormone is essential to grow muscles. It does suggest exercise may have other good effects too, as a result of an increased output of growth hormone.

DEAR DR. LAMB: I am 75 years old and have an intolerance to milk and milk products. Should I take calcium pills to fill a daily need for calcium?

DEAR READER: You do need to count on getting about 1,200 mg of calcium a day from some source. The best dietary source is milk and other dairy products. Why do you have an intolerance to dairy products? If it is lactose intolerance, you can take enzymes for that, or treat milk with enzymes and then use the milk in making foods that call for milk. If it is an allergy to milk protein, then you might consider some of the milk substitutes that are available that also contain calcium. Many of these do contain soybean products which may produce an excess of gas.

Beware of "silent killer"

Fortunately, science is protecting us better than ever before - and at less cost-against high blood pressure, an often symptomless condition that's been called "the silent killer." To get the benefits, however, those who have high blood pressure have to take medication for the rest of their lives, experts say - and some don't.

-According to the Department of Health and Human Services Office of the Inspector General, 40 percent of high blood pressure patients do not take their medications as prescribed.

-More than 100,000 cardiovascular and high blood pressure patients die each year because they don't take their medicine.

-More people die every year in the United States from non-compliance - the failure to take their medication properly - than die from car accidents.

-Non-compliance adds an estimated \$8.5 billion to the nation's health care bill, due to increased hospital admissions and doctor visits.

-Of the 60 million Americans who suffer from high blood pressure, one-half discontinue therapy and medication after one year. Of those who do adhere to treatment, less than half

observe it sufficiently to achieve long term control of high blood pressure.

One of the main reasons people don't keep taking their blood pressure medicine as prescribed is the steep price of brand name treatments, studies show. The good news is that the FDA has now approved a generic version of one of America's most popular high blood pressure drugs, the largest-selling pharmaceutical drug ever to come off-patent in the United States - and the cost savings are 25 percent or more over the brand name medicine.

Called Verapamil ER, this new product is the generic version of the high blood pressure drugs Calan SR and Isoptin SR, used by approximately one million Americans. Since it costs so much less than the branded name products, generic Verapamil ER offers patients - especially the elderly or persons living on fixed incomes - a way to continue to take their medication at a price they can live with, many agree.

If you have any questions about Verapamil ER, and to find out if it's right for your condition, see your doctor.

Watch for potential hazards

Physical restraint devices-such as safety vests and jackets, lap and wheelchair belts and fabric body holders-have many benefits in both institutions and homes. Restraints may help protect the elderly from falls which could result in injury or even death. If absolutely necessary, restraints also can help make medical treatment easier if a patient is temporarily uncooperative or highly agitated.

However, restraints are not the only solutions to these difficulties, and in some cases may make the situation more dangerous. Because of the increasing reports of injuries and deaths from misuse of the devices, FDA is taking steps to ensure that health professionals and consumers have the information they need to use the devices safely.

The following are important tips that can make you more aware of when and how restraints should be used.

-Patient Rights-Patients and nursing home residents have the right to be free from restraints. Restraint use should not be a first choice solution. Before allowing yourself or a loved one to be restrained, be sure to

understand the reason for restraint use and be sure all other solutions to the problem have been exhausted.

-All health care facilities must have a written policy on the use of patient restraints. Restraint use should not be a first choice solution. Before allowing yourself or a loved one to be restrained, be sure to understand the reason for restraint use and be sure all other solutions to the problem have been exhausted.

-All health care facilities must have a written policy on the use of patient restraints.

-Restraints are prescription devices and may only be used if a physician, or other licensed health-care professional, has specifically ordered a restraint for an individual. The need for the restraint must be well documented in the patient chart and assessment of the need should continue even after the device has been ordered.

Families should know of the use of the restraint when a relative is in a nursing home or other institution.

If the restraint is to be used at home, be sure to read ALL the instructions and ask your physician when and how to use the device.

One answer to CD slump

With interest rates on Certificates of Deposits (CDs) down, a growing number of Americans are taking another look at annuities as a more profitable and relatively risk-free alternative.

Here are facts from the experts at the American Council of Life Insurance and the Life Insurance Marketing and Research Association that you may find interesting.

Annuities offer:

- Guaranteed income for life. A fixed annuity is the only investment on the market that offers increased growth of principal now and a set monthly income for the rest of your life, once you retire.
- Increased dollar accumulation



Linoleum was invented about 1860 by Frederick Walton of England. He found that linseed oil, when exposed to air, became a rubber-like material that could be used as a floor covering.

through tax deferral. An annuity will also save you money on dollars not paid in taxes. Because annuities are tax-deferred, as the years pass, you will accumulate more dollars in interest and principal for your retirement. If you average only seven percent on your annuity and keep it for 30 years, a \$100,000 investment can grow into more than three-quarters of a million dollars.

-A reasonable and guaranteed rate of return. In a fixed annuity, a regulated insurance company invests your money in a number of conservative growth markets. This investment will grow at a respectable guaranteed rate for a specified period of time not affected by market cycles and interest rate fluctuations.

-Liquidity. Most annuities allow penalty-free withdrawal of up to ten percent a year on the annuity's value until you elect to receive periodic payments. The money is available to you when you need it.

For less conservative investing, take a look at variable annuities. They let you play the market. These carry more risk with them, but they also offer you the potential of earning a higher rate of return.

H.E.L.P.

Our Law Enforcement

Join with many officials and vote to HELP make Hereford a safer place. Our Law Enforcement see the problems alcohol causes on a daily basis.

Larry Sheffield

Adult Probation, Deaf Smith County, 222nd District

"An investigation into theft and burglary offenses on a case by case basis revealed that 60% of the offenders were under the influence of drugs or alcohol during the commission of the offense and another 20% had used drugs and alcohol in the past or were currently using them. The common thread which occurs throughout the offender profile is substance abuse with approximately 80% of the 222nd Judicial District's caseload being directly or indirectly linked to this problem."

Louis A. Serrano

Deaf Smith County Juvenile Probation

"In working with juvenile offenders the Deaf Smith County Juvenile Probation Department has seen the negative impact of alcohol consumption among teenagers. It is estimated that 75 to 80% of the juveniles referred to Juvenile Court use alcohol on occasion to the point of intoxication. It is felt that alcohol use among teenagers results in school problems, destructive or delinquent behavior, violence and isolation from family."

Pat Michaels

Police Captain, Hereford Police Department

"There is a direct correlation between minors having access to alcohol, at local stores, and the number of law violations committed by minors."

VOTE AGAINST YOU CAN H.E.L.P.

Jerry Wilburn

Steve & Pam Louder

George & Leslie Rushing

Dorman Duggan

Randy & Fran Tooley

Niles Culp

Leta Kaul

L.W. Tooley

Jerry Landers

Michael R. Lyons

Chad & Connie Urbanczyk

Garland & Novelle Solomon

Bradford & Sandra Brookhart

Shannon Wilburn

Jana Duggan

Richard & Laura Schlabs

Louise Hall

Sandra Martin

Barbara Powell

Joe & Jackie James

Mike Galvan

Royce & Jennifer Riggins

Ted Walling

Kelley Wilburn

Kerry & Julie Tooley

Richard Mickler

Kent Blain

Gail Blain

Elias De La Cerda

Rita Chamberlain

Margie Ford

R.V. Tackitt

David Schulte

Marlene Hendershot

Hereford Problem

Pregnancy Center

Warren McKibben

Affiliated Driving Schools, Inc.

Wanda McKibben

United Pentecostal Church

Brad L. Cramer

Dorothy L. McKibben

John Howley

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VOTE AGAINST JAN. 12

DOUBLE

COUPONS

UP TO \$1.00
TO

FOR A LIMITED TIME
ONLY - SEE STORE
FOR COMPLETE
DETAILS

5TH ANNIVERSARY SALE



**BONELESS
BEEF CHUCK
ROAST** **\$1.39**
lb.
HOMELAND
SUPER TRIM
BEEF

In Bone Packs of 2 or 3 Roasts Per Package

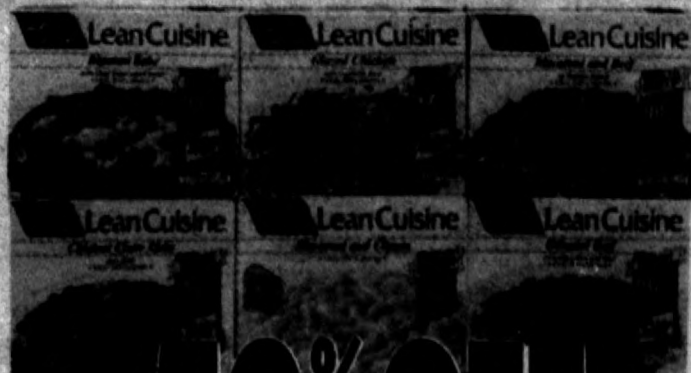


**GROUND
TURKEY** **.89¢**
lb.
In Bone Packs of 3-Pounds or More



**COCA
COLA** **.69¢**
2-Liter
Bottle
Limit Three At This Low
Homeland Price Please

Coke Classic, New
Coke, Diet Coke,
Caffeine Free Classic,
Caffeine Free Diet,
Cherry Coke or Diet
Cherry Coke
or 7-UP or
DR. PEPPER



50% OFF
LEAN CUISINE
The Regular Retail
Of All
STOUFFER'S

Joe Fisher and His Homeland
Partners Jim Dixon, Glorla
Gerda, Sandy Taylor, Lisa Hobbie
and Gary Millman Welcome
You to Homeland
Savings.

HOMELAND

FAX SERVICES AVAILABLE IN ALL STORES

SALES IN RETAIL CONSUMER QUANTITIES ONLY PLEASE

JANUARY						
SUN	MON	TUES	WED	THUR	FRI	SAT
			6	7	8	9
10	11	12				

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& HEREFORD, TEXAS**

Newspaper Advertising Supplement to: The Pampa Daily News,
The Borger News Herald & The Hereford Brand



Patrice Gregg
Edmond, Oklahoma

SAVE-ON DEL MONTE AT HOMELAND

SPAGHETTI SAUCE

DEL MONTE
All Available Varieties

12-oz. Pkg.
R & F PASTA
3/\$1

26.5-oz.
Can

79¢

DEL MONTE VEGETABLES

Regular, No Salt or 50% Salt Cut
or French Style Green Beans,
Cream Style or Whole Kernel
Corn or Spinach or Chopped
Spinach, Sliced Beets, Sliced
Carrots, Mixed Vegetables, New
Potatoes or Sauerkraut or 12-oz.
Summer Crisp Whole Kernel Corn

15-oz.
Can

5/\$2

Pudding Cups

DEL MONTE
All Available Flavors

Package
of 4

99¢

Del Monte Ketchup

32-oz.
Bottle

99¢

Sweet Peas

DEL MONTE
Regular, No Salt or 50% Less Salt

17-oz.
Can

59¢

Fruit Cups

DEL MONTE
All Available Flavors

Package
of 4

\$1.99

Tomatoes

DEL MONTE
All Available Flavors

14.5-oz.
Can

79¢

Canned Fruit

DEL MONTE
All Varieties Except Apricots

16-oz.
Can

89¢

GENUINE GEMSTONE JEWELRY

WINCHESTER
Rings, Earrings
or Pendants
WITH \$50.00 IN
HOMELAND
RECEIPTS

\$9.99
Your
Choice

ATRA or TRAC II CARTRIDGES

Regular or Plus

\$5.99

SENSOR
CARTRIDGES
Package of 10
\$6.99

TUMS REGULAR ANT-ACID

Package of 96
Extra Strength or
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Regular

SAVE 96¢
Your
Choice

\$3.99

SUMMER'S EVE DISPOSABLE DOUCHES

Extra Cleansing
Vinegar & Water

SAVE \$1.10
Package
of 2

99¢

HOMELAND®

Save During Homeland's
5th Anniversary Sale!



MINUTE MAID ORANGE JUICE

Regular, Pulp Free, Calcium, Country
Style or Apple Juice or 10-oz. Reduced
Acid Orange Juice

**SAVE
UP TO
66¢**

12-oz.
Can

99¢

PATIO FROZEN BURRITOS

Mild, Medium or
Hot Beef & Bean

**SAVE
\$1.20
ON 4**

5-oz.
Package

4 / \$1



FRUIT TOP WAFFLES

EGGO
Frozen
Apple, Strawberry
or Blueberry 6.25-oz.
Package

99¢



LUCERNE ICE CREAM

All Available
Flavors
Half-Gallon
Carton

2 / \$3



TYSON CHICKEN DINNERS

All Available Varieties
Excluding Healthy
Portion Chicken
Dinners
7.75-oz.
Package

2 / \$5



RED BARON PIZZAS

All Available
Flavors
22-oz.
Package

2 / \$5

SEE ALL THE WAYS TO SAVE THIS WEEK AT YOUR HOMELAND!



VITAMIN D MILK

HOMELAND BRAND
Satisfaction Guaranteed or
Triple Your Money Back

\$1.89
Gallon **SAVE UP
TO 86¢**

**SHEDD'S COUNTRY
CROCK** 16-oz. Squeeze, Churnstyle or Tub or
Package of Two 8-oz. Bowls

89¢

**HOMELAND
YOGURT** All Available
Varieties 8-oz.
Tub

2 / 89¢

TROPICANA Regular or Homestyle
ORANGE JUICE 64-oz.
Carton

2 / \$3

**KRAFT CHEESE
SINGLES** American, Pimento or Swiss 12-oz.
Package

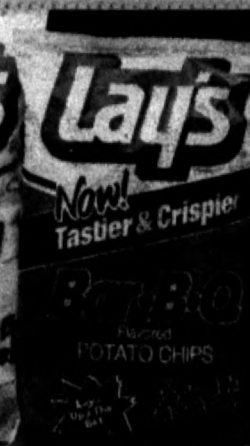
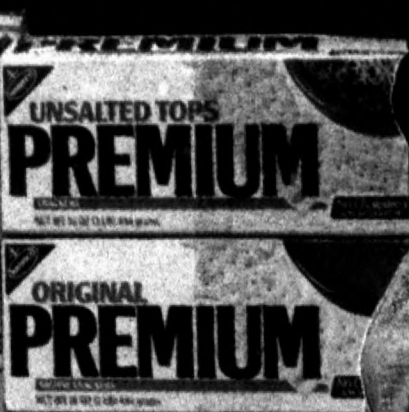
\$1.99

**DAISY BRAND
SOUR CREAM** Non-Fat or Light 16-oz.
Tub

\$1.49

**CITRUS ROYAL
FRUIT PUNCH** Half-Gallon
Carton

99¢



PREMIUM SALTINE CRACKERS

NABISCO
Original, Unsalted, Low Salt or Fat Free
LIMIT THREE AT THIS LOW HOMELAND
PRICE PLEASE

SAVE
UP TO
80¢

16-oz.
Package

89¢

Annie Hinton
Homeland Food Clerk

ALL VARIETIES LAY'S CHIPS

Save This Week At Homeland
On This Family Pleasin'
Snack Food

SAVE
UP TO
50¢

6-oz.
Bag

99¢



GRIFFIN'S WAFFLE SYRUP

Stock Up & Save
At Homeland

SAVE
10¢

32-oz.
Bottle

\$1.89



KRAFT GRAPE JELLY

See All The Ways To
Save At Homeland

SAVE UP
TO 90¢

32-oz.
Jar

99¢



MASHED POTATOES

IDAHOAN BRAND
SAVE 75¢
ON 5

2-oz.
Package

5/\$1



DURKEE BLACK PEPPER

2-oz.
Can

99¢

DURKEE TACO SEASONING

1.125-oz.
Pkg.

3/\$1



EAGLE TORTILLA CHIPS

Ranch or Nacho

SAVE UP
TO 70¢

15-oz.
Bag

\$1.89



HI-C FRUIT DRINKS

Save On All
Available Flavors

SAVE
50¢

64-oz.
Bottle

\$1.49



WESSON VEGETABLE OIL

or Canola, Best Blend,
Corn or Sunlite
Sunflower

SAVE UP
TO 46¢

24-oz.
Bottle

\$1.29



ULTRA SURF DETERGENT

18 Use Regular or
14 Use With Bleach

SAVE UP
TO \$1.33

42-oz.
Box

\$2.99

HOMELAND®

Save More Everyday
At Homeland

We're Right For You

START THE YEAR
OFF LIGHT

KRAFT GENERAL FOODS

Post
**Bran
Flakes**



Post
**RAISIN
BRAN**



Post

Post
**GREAT
GRAINS**



Parkay
Light



Light
PHILADELPHIA

MASTERS
BLEND

Velveeta
Light

MASTERS
BLEND

**Birds Eye Lite
Cool Whip**..... 12-oz. Bowl **\$1.59**

**Kraft Light
Parkay Margarine**..... 16-oz. Package **79¢**

**Kraft Free Salad
Dressings**..... 8-oz. Bottle **\$1.55**
Peppercorn Ranch, Blue Cheese,
Italian, Ranch or Catalina

**Kraft
Light Mayonnaise**..... 32-oz. Jar **\$2.29**

**Kraft
Free Mayonnaise**..... 32-oz. Jar **\$2.99**

**Kraft Soft Philadelphia
Free Cream Cheese**..... 8-oz. Package **\$1.59**

**Kraft Light
Velveeta Cheese**..... 2-lb. Package **\$3.99**
Prepared at \$3.99

**Kraft Light Philadelphia
Cream Cheese**..... 8-oz. Package **\$1.19**

MANUFACTURER'S COUPON EXPIRES JAN. 12, 1993

**MAXWELL HOUSE
MASTER BLEND
COFFEE**..... 11.5-oz. Regular or 7.7-oz. Filter Pack **\$1.29**

COUPON GOOD ONLY AT HOMELAND. Coupon Value 55¢
Deal # LAMA-3 • One Coupon Per Purchase

MANUFACTURER'S COUPON EXPIRES JAN. 12, 1993

**POST RAISIN
BRAN CEREAL**..... 20-oz. Box **\$2.49**
WITH THIS COUPON

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the retailer: GPC will reimburse you for the face value of this coupon plus 8¢ if submitted in compliance with GPC Redemption Policy C-1, implemented June 1, 1992. Valid only if redeemed by retail distributors of our merchandise or coupon redemption center by GPC. Cash value 1/20¢. Mail to: General Foods Corporation, P.O. Box 165, Danbury, CT 06810. COUPON GOOD ONLY AT HOMELAND STORES.

MANUFACTURER'S COUPON EXPIRES JAN. 12, 1993

**POST GREAT
GRAINS CEREAL**..... 14.1-oz. Box **\$2.29**
WITH THIS COUPON

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the retailer: GPC will reimburse you for the face value of this coupon plus 8¢ if submitted in compliance with GPC Redemption Policy C-1, implemented June 1, 1992. Valid only if redeemed by retail distributors of our merchandise or coupon redemption center by GPC. Cash value 1/20¢. Mail to: General Foods Corporation, P.O. Box 165, Danbury, CT 06810. COUPON GOOD ONLY AT HOMELAND STORES.

MANUFACTURER'S COUPON EXPIRES JAN. 12, 1993

**POST NATURAL BRAN
FLAKES CEREAL**..... 16-oz. Box **\$2.19**
WITH THIS COUPON

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the retailer: GPC will reimburse you for the face value of this coupon plus 8¢ if submitted in compliance with GPC Redemption Policy C-1, implemented June 1, 1992. Valid only if redeemed by retail distributors of our merchandise or coupon redemption center by GPC. Cash value 1/20¢. Mail to: General Foods Corporation, P.O. Box 165, Danbury, CT 06810. COUPON GOOD ONLY AT HOMELAND STORES.

MANUFACTURER'S COUPON EXPIRES JAN. 12, 1993

**POST GOLDEN
CRISP CEREAL**..... 18-oz. Box **\$2.59**
WITH THIS COUPON

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the retailer: GPC will reimburse you for the face value of this coupon plus 8¢ if submitted in compliance with GPC Redemption Policy C-1, implemented June 1, 1992. Valid only if redeemed by retail distributors of our merchandise or coupon redemption center by GPC. Cash value 1/20¢. Mail to: General Foods Corporation, P.O. Box 165, Danbury, CT 06810. COUPON GOOD ONLY AT HOMELAND STORES.

**WEIGHT WATCHER'S
BREAKFASTS**

Frozen
All Available Varieties
**SAVE UP
TO 54¢** 3-oz. Package **99¢**

**HEALTHY CHOICE
DINNERS**

Frozen All Varieties
Except Homestyle Fettuccine
w/Beef & Broccoli & Pasta
10.25-oz. Package **\$2.79**

**WEIGHT WATCHER'S
DESSERTS**

Frozen
All Available Varieties
**WEIGHT WATCHER'S
CARAMEL NUT BARS** 3.75-oz. Package **\$1.69**
Package of 6

**HEALTHY REQUEST
SOUPS**

CAMPBELL'S
Hearty Vegetable, Hearty
Minestrone, Hearty Chicken
Noodle, Hearty Vegetable
Beef or New England Chouder
16-oz. Can **99¢**

**Laci Le Beau
Dieter's Tea**..... Original, Cinnamon or Lemon Mint Package of 15 **\$3.79**

**Estee
Cookies**..... Fudge, Coconut, Vanilla, Lemon, Oatmeal Raisin or Chocolate Chip 7-oz. Box **\$1.79**

**Healthy Valley Fat
Free Crackers**..... All Available Varieties 6.5-oz. Box **\$1.99**

**Healthy Valley Fat
Free Cookies**..... All Available Varieties 6.3-oz. Box **\$1.99**



**Estee
Snack Crisp**..... Chocolate, Apple Cinnamon, Lemon or Ranch .66-oz. Package **69¢**

**Frigo
String Cheese**..... 5-oz. Package **\$1.99**

**Healthy Valley Fat
Free Chili**..... Mild, Spicy or 3-Bean 15-oz. Can **\$1.99**

**Healthy Valley Fat
Free Fruit Bars**..... All Available Varieties 6-oz. Package **\$2.89**



DRYPERS DIAPERS

DISPOSABLE
FOR GIRLS or BOYS
Package of 40 Crawler or
Package of 30 Walker 2

\$6⁹⁹

**BIG BOY or BIG
GIRL TRAINING
PANTS** Package of
20 Medium
or 17 Large **\$9⁹⁹**

*Your
Choice*

Katherine Daves
Homeland Pharmacist

Lori Dismuke
Pharmacy Intern

**SAVE
70¢**

VIBRANCE SHAMPOO

or CONDITIONER
Regular, Moisture
Rich or Revitalizing

\$2⁹⁹

15-oz.
Bottle

SAVE AT HOMELAND ON THESE COUGH & COLD RELIEVERS



VICK'S COUGH DROPS

All Available Regular &
Extra Strength Varieties

**SAVE UP
TO 40¢**

Package
of 30

99¢

ACTIFED TABLETS

COLD RELIEF

**CORICIDIN D
DECONGESTANT**
Package
of 24 **\$3.69**

Package
of 24 **\$3⁹⁹**
**SAVE
\$1.50**

FORMULA 44 COUGH SYRUP

VICK'S
All Available Regular &
Pediatric Formulas

**SAVE UP
TO 80¢**

4-oz.
Bottle

\$2⁹⁹

DRIXORAL TABLETS

Package of 12
12-Hour Relief or
Sinus or Package of
10 Cold or
Non-Drowsiness

*Your
Choice*

\$3⁶⁹
**SAVE
UP TO
\$1.50**

VICK'S NYQUIL

Original or Cherry
or Dayquil or
Package of 12
Dayquil or Nyquil
Liquicaps

6-oz.
Bottle

\$3⁹⁹
**SAVE
\$1.20**

AFRIN NASAL SPRAY

Original, Menthol
or Cherry

**SAVE
\$1.56**

15-ml.
Bottle

\$3⁶⁹

HALLS COUGH DROPS

All Available Varieties

**SAVE
UP TO
50¢**

Package
of 30

89¢

edge edge edge edge edge

EDGE SHAVE GEL

All Available Varieties

**SAVE
UP TO
50¢**

7-oz.
Can

\$1⁹⁹



NO NONSENSE PANTY HOSE

Sheer to Waist
or Regular
Priced at \$1.29

**SAVE
30¢**

Pair

99¢

HOMELAND®

*Happy 5th Anniversary
Homeland!*

always **ULTRA**

You Can Help To Donate

\$20,000

always

Olympics... Simply

Procter & Gamble Publishers

Clearing House - Coupons At

Homeland And We'll Donate

Each Coupon Redeemed*



Jif or Simply Jif Peanut Butter All Available Flavors 17.3-oz. Jar \$2³⁹	Folger's ADC or Regular Perc Coffee 39-oz. Can \$4⁹⁹	All Varieties Pringles Chips 6-oz. Can \$1³⁹
Puffs Facial Tissue <u>SAVE 14¢</u> Package of 108 \$1⁰⁵ <small>Proposed at \$1.19</small>	Bounty Paper Towels Roll 89¢	Charmin Bath Tissue <u>SAVE UP TO 30¢</u> Package of 4 Rolls \$1¹⁹
Ultra Tide Laundry Detergent 42-Use Regular or Free or 33-Use With Bleach 98-oz. Box \$7⁹⁹	Bounce Fabric Softener Sheets Package of 36 \$2¹⁹	Original Pepto Bismol <u>SAVE 80¢</u> or 8-oz. MAXIMUM STRENGTH 12-oz. Bottle \$3⁴⁹
Head & Shoulder Dandruff Shampoo Fine Oily, Dry Scalp or Conditioning 15-oz. Bottle \$3⁷⁹	Pert Plus Shampoo For Kids <u>SAVE UP TO 90¢</u> WITH CONDITIONER Normal or Light 15-oz. Bottle \$3²⁹	Crest Tube Toothpaste <u>SAVE UP TO 66¢</u> or 4.6-oz. Pump 6.4-oz. Tube \$1⁹⁹
Sure Solid Anti-Perspirant Deodorant <u>SAVE 90¢</u> 2.7-oz. Package \$2⁴⁹	Pepto Diarrhea Control <u>SAVE \$1.00</u> 2-oz. Bottle \$3⁶⁹	Original Scope Mouthwash <u>SAVE UP TO \$1.30</u> or Peppermint 32-oz. Bottle \$4²⁹
Secret Solid Anti-Perspirant Deodorant <u>SAVE 90¢</u> 2.7-oz. Package \$2⁴⁹	Oil of Olay Facial Cleanser <u>SAVE UP TO \$1.10</u> or Foaming Face Wash or Sensitive Foaming Face Wash Package 3-oz. \$3¹⁹	Regular, Ultra or Plus Always Maxi Pads 2 / \$5

*5¢ WILL BE DONATED BY HOMELAND STORES FOR EACH COUPON REDEEMED, UP TO \$20,000.

A NEW
VOLUME
EVERY WEEK

FUNK & WAGNALL'S VOLUME 1 NEW ENCYCLOPEDIA

FUNK & WAGNALL'S
NEW ENCYCLOPEDIA
VOLUME 2 **99¢**
Only

With A \$5.00
Purchase

Only

9

MANUFACTURER'S COUPON
NOT TO BE DOUBLED
COUPON EXPIRES JAN. 12, 1993

\$1.00 OFF
ON ONE GALLON OF PRESTONE
ANTIFREEZE COOLANT

RETAILER: You are authorized to use this coupon in redeeming this coupon in accordance with terms of this offer. You will be reimbursed face value plus 1¢ for handling. Any other application constitutes fraud. Coupon is void if broken showing sufficient purchase to cover redeemed coupons; if produced on request; if redeemed by other than retail distributors; if prohibited, restricted or issued by law. Customer must pay any sales tax. Cash redemption value: 1/20 of 1¢. For redemption send to First Brands Corp., 7181 College Blvd., Suite 400, Overland Park, KS 66210. LIMIT ONE COUPON PER PURCHASE. COUPON GOOD ONLY AT HOMELAND STORES.



5 71153 11076 7

FUJI T-120

**FUJI T-120
VIDEO TAPES**

SAVE
UP TO
\$2.60

Each

\$1.99



**MR. COFFEE
COFFEE FILTERS**

Regular, 4 Cup
Flavor or Package
of 40 #4 Cone

SAVE UP
TO 66¢

Package
of 100

79¢

ENERGIZER

**ENERGIZER
BATTERIES**

Package of 2 'C' or 'D' or
Package of One 9-Volt

Package of 4
'AA' or 'AAA'
\$2.99

Your
Choice

\$2.59



**LYSOL
DISINFECTANT**

Original, Fresh or
Country Spray
Prepriced at \$2.99

12-oz.
Can

\$2.99



**LYSOL TOILET
BOWL CLEANER**

or LYSOL CLING
Special Bonus Bottle

SAVE
30¢

27.5-oz.
Bottle

\$1.99

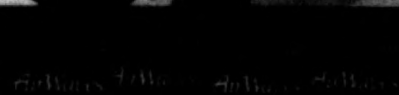


BUY ONE, GET ONE...

FREE

15.5-oz. Shaker

RUG FRESH



**AIRWAVES
REFILLS**

For Airwick Air Fresheners

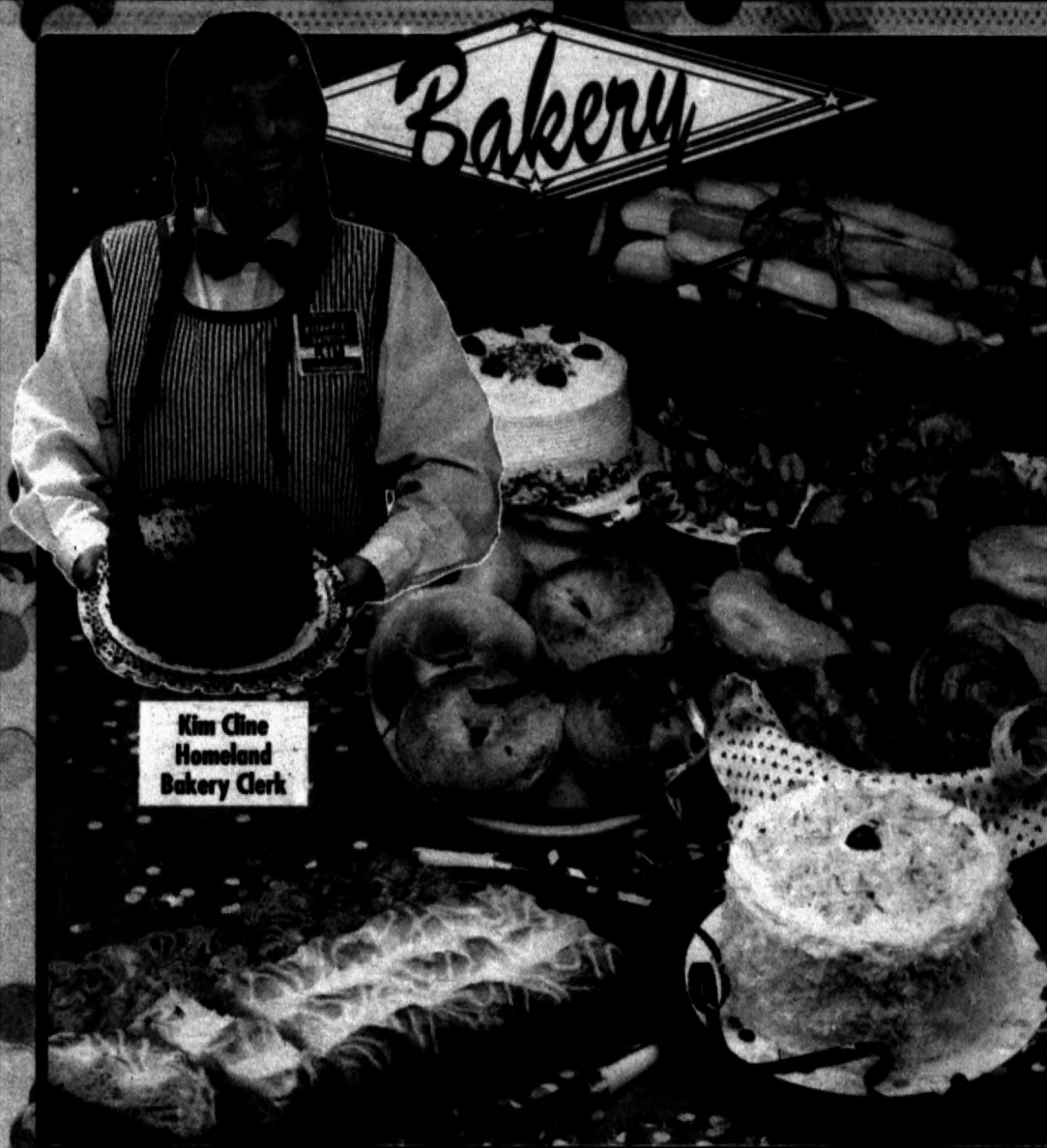
SAVE
20¢

Each

99¢

HOMELAND®

Come Celebrate Our
5th Anniversary



Kim Cline
Homeland
Bakery Clerk

Fat Free

**FRESH
BAGELS**

*Onion, Blueberry, Plain,
Egg, Cinnamon Raisin,
Wheat or Cherry*

Package
of 6

\$1.49

6-Inch, Two-Layer

**ASSORTED
BABY CAKES**

*White, Chocolate, Turtle,
Coconut, Fudge Nut or
German Chocolate*

Each

\$3.69

Always Delicious

**BREAD
STICKS**

Package
of 18

\$1.69

Bakery Fresh

**ASSORTED
DONUTS**

*Glazed or Cake Donuts, Long
Johns, Bismarks, Fried Cinnamon
Rolls or Apple Fritters*

Dozen

\$2.69

BUY ONE, GET ONE...

16-oz. Bakery Fresh

FREE

**DANISH
COFFEE CAKE**

AVAILABLE ONLY AT LOCATIONS WITH IN-STORE BAKE SHOPS

FOSTER FARMS

**SMOKED WHITE
TURKEY**

lb.

\$2.99

COOKED

HAM

RUSSEER BRAND

lb.

\$2.99

POTATO

SALAD

Original or Mustard

lb.

99¢

AMISH BABY

ALPINE-ALPA

SWISS CHEESE

lb.

\$3.59

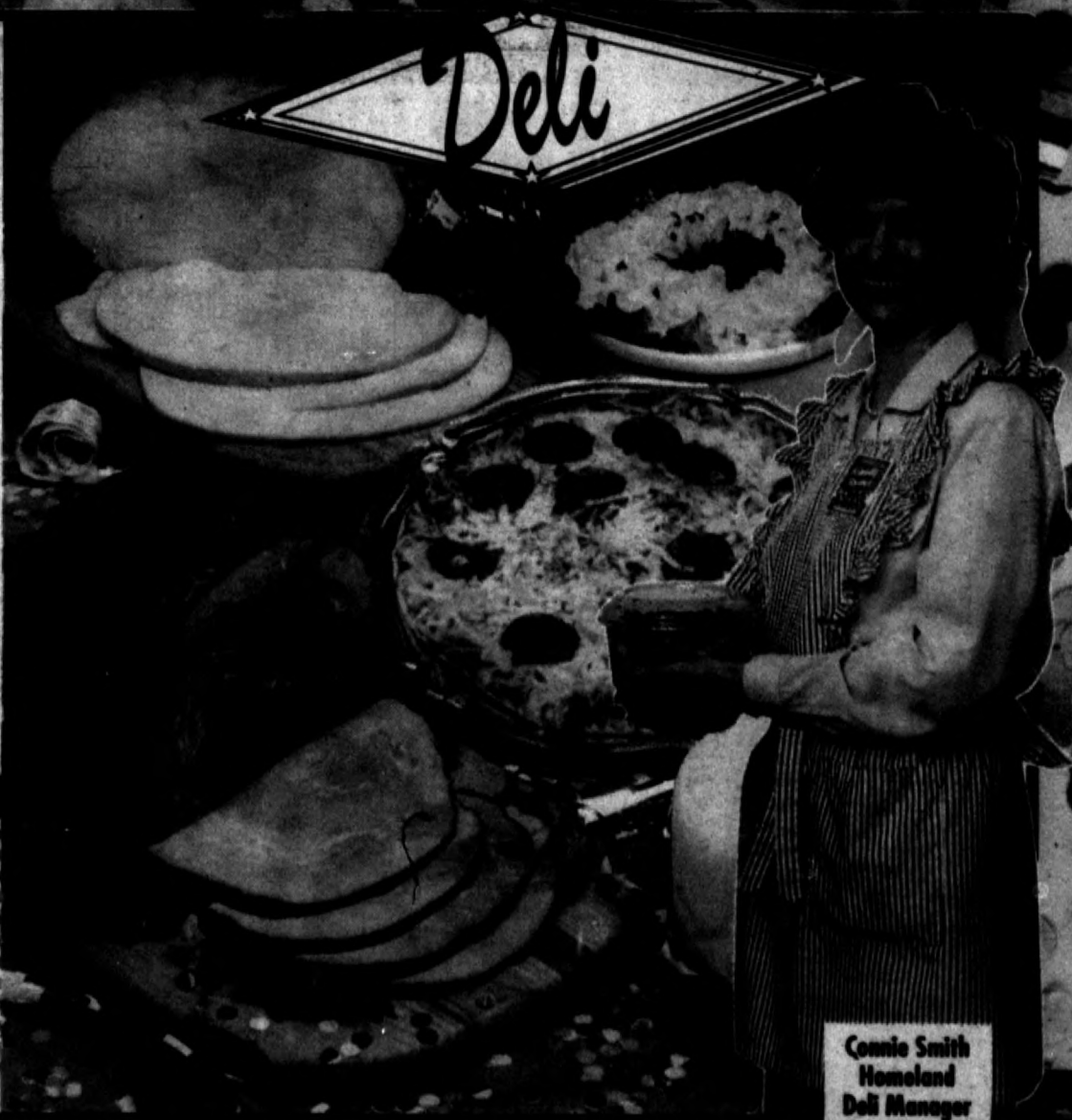
HOMELAND DELI SHOP COUPON

50¢ OFF

**ANY 12-INCH
DELI FRESH
PIZZA**

Limit One Coupon Per Purchase. Coupon Good thru
Tuesday, January 12, 1993.

AVAILABLE ONLY AT LOCATIONS WITH IN-STORE DELI SHOPS



Connie Smith
Homeland
Deli Manager

Tom Young
Homeland
Meat
Expert



SMOKED PICNICS

*Homeland Meats
Are Guaranteed To
Please or Double
Your Money Back*

SAVE
lb.
40¢

lb. **89¢**

BAR-S SLICED BACON

*Save This Week At
Your Nearby
Homeland On Your
Family's Favorite
Meats!*

SAVE
50¢

1-lb.
Package

\$1.19



OHSE CHICKEN FRIED PATTIES

OHSE COLD
CUTS
8 Varieties
6-oz.
Pkg.

lb. **99¢**



MR. TURKEY BONELESS HAMS

MR. TURKEY
VARIETY PACK
12-oz.
Pkg.

lb. **1.69**



STATE FAIR CORN DOGS

Regular or Turkey

SAVE 50¢
OR MORE

Package
of 10

\$2.99



TYSON CHICKEN BITS or PATTIES

SOUTHERN FRIED
or BONELESS
BAR-B-Q PORK RIBS

SAVE
lb. \$1.20

lb. **\$2.49**



ECKRICH SMOKED SAUSAGE

Regular or Kielbase

BEEF, CHEESE,
MESQUITE or LIGHT

lb. \$2.19

lb. **1.99**



JIMMY DEAN PORK SAUSAGE

BISCUITS OR
FLAP STICKS

6-oz.
Pkg.

1-lb.
Roll

lb. **1.99**



HEALTHY CHOICE DELI SLICED MEATS

Oven Roasted
Chicken, Honey
Smoked Ham,
Roast Beef or
Cooked Ham

10-oz.
Package

\$2.69



GWALTNEY GREAT DOGS

Turkey or Chicken

SAVE
10¢

16-oz.
Package

69¢

HOMELAND®

*Prices Good Through
January 12, 1993*

COUNTRY STYLE SPARE RIBS

**HOMELAND
SUPER TRIM
PORK**

SAVE
lb.
79¢

**PORK
STEAKS lb. \$1.49**

\$1.39
lb.



**Jerry Estel
Meat Dept.
Manager**

SAVE
lb. 40¢
OR
MORE

FRYER BREASTS

GRADE A
In Bonus Packs of
3-Pounds or More
Save Everyday At
Homeland On Your
Favorite Meats

\$1.49
lb.

Little Sizzlers

LINK SAUSAGE

**HORMEL LITTLE
SIZZLERS**

SAVE
40¢

**12-oz.
Package**

99¢

DRUMSTICKS or THIGHS

**TYSON-HOLLY
FARMS**
In Bonus Packs of
2-Pounds or More

lb. 79¢

MAMA ROSAS PIZZAS

**Pepperoni or
Deluxe**

SAVE
\$1.00
40-oz. Package
of 2

\$3.99

MEAT BOLOGNA

**HOMELAND
BRAND**

**10-oz.
PACKAGE**
\$1.29

**12-oz.
Package**

99¢

BUY ONE, FREE GET ONE...

16-oz. LOUIS RICH SMOKED SAUSAGE

12-oz. HEALTHY FAVORITES BOLOGNA

10-oz. HEALTHY FAVORITES BACON

32-oz. ROSITA BURRITOS

BUY ANY ONE OF THESE ITEMS, GET A SECOND LIKE ITEM ABSOLUTELY FREE



Homeland Seafood Specials

**SHRIMP-IN-
THE-SHELL**
Medium
40 to 60 Per Pound
lb. \$4.99

**CATFISH
NUGGETS**
Fresh
Quick-To-Fix
lb. \$1.99

**FRESH OCEAN
PERCH**
White
Supplies Last
lb. \$3.99



Courtney Grussendorf
and Albert Tomlin
Produce Experts



"Colorful fresh vegetables are perfect light appetizers" ...the National Cancer Institute recommends eating at least 5 servings of fruits and vegetables every day to help maintain your health.

NAVEL ORANGES

Save On This
High In
Vitamin C
Fresh Fruit

lb. 2/88¢

RUBY RED GRAPEFRUIT

Save On This High In
Fiber Texas Fruit

**SAVE
65¢
ON 5**

Each 5/\$1

RUSSET POTATOES

All Purpose & Fat Free

**SAVE
\$1.00**

15 lb. Bag \$1.69

CALIFORNIA KIWI FRUIT

High In Vitamin C

**SAVE 33¢
ON 4**

4/\$1

MINNEOLA TANGELOS

Save On This Easy
to Peel Fruit

**SAVE
lb. 20¢**

lb. 79¢

ANJOU PEARS

Delicious &
Sodium Free



**SAVE
lb. 20¢**

lb. 69¢

RED DELICIOUS APPLES

From Washington State
Cholesterol Free

**SAVE
lb. 20¢**

lb. 69¢

FRESH GOLDEN YAMS

A Good
Source Of
Fiber

lb. 2/88¢

FRESH GREEN SPINACH

Save On This High
& Iron Vegetable

**SAVE
20¢**

Each 79¢

GREEN CABBAGE

**SAVE 33¢
ON 4 lbs.**

lb. 4/\$1

Homeland Floral Shop Specials

ASSORTED
TROPICAL
PLANTS or
AFRICAN
VIOLETS

4.5-Inch
Covered Pot

\$2.99

JANUARY
JUBILEE
BOUQUET

Petite Mix of Bright
Colorful Flowers, Filler
& Leatherleaf

\$3.99

Each

Available Only At Locations With In-Store Floral Shops

HOMELAND®

*Homeland Has The Freshest
Fruits & Vegetables*