

The Hereford Brand



Hustlin' Hereford, home of Blanca Mariscal 94th Year, Vol. No. 2, Deaf Smith County, Texas 10 Pages 25 Cents

U.S. bars tidal wave of Haitian refugees

WASHINGTON (AP) - The tidal wave of Haitian refugees trying to reach the United States is being redirected to Panama and other countries under a new U.S. plan that offers financial aid to Caribbean nations in return for easing the crush of asylum-seekers.

But the new policy is drawing fire from backers of exiled Haitian President Jean-Bertrand Aristide, who are threatening to challenge the new policy in court.

"For the people of Haiti who are trying to escape from the reign of terror, this is a step backwards," said Michael Barnes, a close adviser to Aristide.

Under the policy announced Tuesday, Haitians who flee their country will not be allowed into the United States. They either will be returned home or taken to safe havens in Panama, Antigua or Dominica.

Ira Kurzban, a Miami attorney who represents Aristide and the Haitian Refugee Center, said he expected to file a lawsuit challenging the new policy because international law requires safe havens to admit all refugees without making individual determinations.

Christine Shelly, a State Department spokeswoman, said "there is nothing that would support" Kurzban's allegation. She said the percentage of people granted refugee status based on interviews at centers in Haiti has risen from 5 percent to 30 percent in recent weeks.

U.S. Coast Guard boats have intercepted more than 12,500 Haitians in the past 12 days, including 3,247 on Monday and 2,602 on Tuesday.

The new policy is to discourage Haitians from the dangerous path of fleeing in small boats.

"Those boat people who are in need of protection will be given the opportunity to obtain it in safe haven camps, initially in Panama, and later in other Caribbean nations," William Gray, President Clinton's special adviser on Haiti, said Tuesday.

Panama will accept up to 10,000 Haitians, and Antigua agreed Tuesday to accept 2,000 asylum-seekers there for six months. Dominica, an island nation south of Antigua, agreed in principle to accept an unspecified number of refugees, Gray said.

Washington offered financial aid to 13 Caribbean Community members in return for the help. Antiguan officials said Washington had agreed to assume a significant part of the small country's \$80 million debt, but they didn't specify how much.

Haitians now are taken for processing to the U.S. naval base at Guantanamo Bay, Cuba, or a hospital ship off Jamaica that together can hold 10,250 people. A 2,000-person processing center also is to open soon in the British Turks and Caicos Islands.

Gray also said the dispatch of four more U.S. warships and 2,000 Marines to the waters off Haiti had nothing to do with the refugee situation, but are there in case they are needed to protect U.S. citizens in Haiti.

"There is no military invasion imminent," he said, defining imminent as within the next several days.



Building project

Work on a new Godfather's Pizza at U.S. 385 and U.S. 60 is a \$100,000 construction project in the City of Hereford. The permit for the remodeling was issued in June. The workman is David Salas of Gonzales Brothers Plumbing.

Bosnia's rival factions issued peace ultimatum

GENEVA (AP) - The United States, Russia and Western Europe are telling Bosnia's warring sides to accept a peace plan, or else.

The plan, being presented today to leaders of the warring sides, calls for dividing up the former Yugoslav republic - and for international reprisals if the rival factions don't accept it.

"We have mapped out a peaceful ultimatum. This is the first such effort to force a compromise and peace," Russian Foreign Minister Andrei

Kozyrev said at a news conference Tuesday.

The plan gives 51 percent of Bosnia to the Muslim-Croat federation and 49 percent to the Serbs. Changes would be made only if both sides agree.

Bosnian President Alija Izetbegovic and Bosnian Serb leader Radovan Karadzic have about two weeks to respond.

The ultimatum is aimed primarily at the Serbs, who control about 70 percent of Bosnia.

U.N. sanctions against the Serbs would gradually be lifted if they withdrew to the borders on the proposed map, U.S. Secretary of State Warren Christopher said. If the Serbs reject the plan, enforcement of the sanctions would be tightened and sanctions might be extended, he said.

He also held out the possibility of more air strikes against Serb targets and said the embargo preventing Muslims from getting weapons might be lifted.

"It would be a mistake of truly historic proportions for either party to feel they can serve their people well if they reject the proposal," he said.

As an incentive for the Bosnian government to accept the plan, the international community would give aid to rebuild the shattered land, Christopher said. If the government does not cooperate, then little financial help will be forthcoming and it will likely lose support from its most important ally, the United States.

Christopher, Kozyrev and their counterparts from Britain, France and Germany formally approved the package at a three-hour session Tuesday.

The Russian Foreign Minister was expected to travel to Belgrade to try to put pressure on Serbian President Slobodan Milosevic to bring the Bosnian Serbs into line.

Clinton urges tolerance in talks with Baltic leaders

RIGA, Latvia (AP) - Emerging from a historic meeting with Baltic leaders struggling free of Soviet rule, President Clinton promised today to push Russia "in a deliberate and firm way" to withdraw its last remaining troops from the region.

But he also urged the presidents of Latvia, Estonia and Lithuania to adopt a "tolerant and inclusive approach" toward ethnic Russians living among them. Russia President Boris Yeltsin is trying to link the troop withdrawal to the rights of ethnic Russians.

"The hardships of transition are real but the prospect of better times is visible," Clinton said in a joint news conference with the leaders of the fledgling democracies.

"The progress made so far on troop withdrawals provides hope that the new democratic Russia - unlike the Soviet Union - can work with the Baltic countries for peace in the region," Clinton said.

Latvian President Guntis Ulmanis expressed similar optimism.

"We all want and we are all convinced that Russia will withdraw its army on the 31st of August, and we see no reason why it shouldn't be completed," Ulmanis said.

On his third trip to Europe this year, Clinton walked a delicate line: He is prodding Russia to finish its promised withdrawal from Latvia and reach an accord with Estonia, while urging the Baltics to meet some Russian demands.

City building permits hold at \$717,436 in six months

By GEORGIA TYLER Staff Writer

Value of building permits issued by the City of Hereford during the first six months of 1994 was disappointing after the mild construction recovery of the previous year.

The total, for January through June, was \$717,436.30. During the same period in 1993, the city issued permits worth \$1,481,215.

Records in the permit office show 56 permits issued through June this year, compared with 51 in the first six months of 1993.

Four permits account for more than half of the total for the year.

Three permits of \$100,000 or more have been taken out, two for businesses and one for a new home, and a \$75,000 permit added to the total.

Remodeling for a new Godfather's Pizza restaurant at U.S. 385 and U.S. 60 was permitted in June, with a permit for \$100,000.

In April, Stevens Chevrolet-Olds received a permit for construction of an addition and canopy, worth \$113,101.

A \$104,000 building permit for a new home at 826 Baltimore was issued in January.

Another sizeable permit, for \$75,000, was taken out in June for remodeling and a canopy at a convenience store at 817 Park.

The stage for a good building year was set in January '94 when five permits, worth \$189,000, were issued.

In the previous year, the January total was \$112,500, on eight permits.

But, February did not provide much help for the total with only seven permits issued for \$36,100 worth of construction. Included is \$24,000 for remodeling of the Hereford school district administrative offices.

A year earlier, the city issued six permits for \$346,550.

March '94 was a slow month, compared with the same period in 1993. Seven permits added up to \$25,600 this year while the 1993 numbers were 11 permits worth \$301,740.

In April this year, 13 permits were issued with a value of \$213,106, compared with eight permits for \$244,000 during the same period last

year. The city lists 12 permits for May, worth \$55,030. A year ago, 10 permits were issued in May with a value of \$452,400.

Winding up the six-month period, June saw a jump to \$198,600 for 12 construction projects. In 1993, only eight permits were issued in June, with a value of \$24,025.

Although the total for the period is below the amount in the same period in 1993, there is a good chance that 1994 will surpass the 1991 total of only \$838,614.

That year marked the low spot in Hereford's construction record. Not since 1958 had construction ebbed below the million-dollar level.

The high point in building occurred in 1985 when the city issued 168 permits worth \$11,840,861. Prior to '85, the most value was recorded in 1976, \$7,474,850 on 261 permits.

Third highest total came in 1987 when 163 permits were taken out for \$6,117,966 worth of construction.

Since then, amounts have decreased appreciably, with \$3.4 million in 1988; \$2.2 million in 1989; \$2.5 million in 1990; \$838,614 in 1991; \$1.4 million in 1992, and \$1.7 million in 1993.

Since construction is considered a barometer of a community's economic health, city officials are hoping for an increase in building activity during the second half of the year.

State officials plan push for stricter seat-belt law

AUSTIN (AP) - State legislators say they'll push for a stricter seat belt law to help protect youngsters in accidents, after the traffic-death toll for the long July 4th holiday weekend reached a record-breaking 65.

Many who died weren't wearing seat belts. Twenty-seven of the victims were under age 18, with at least 15 lacking safety restraints.

"The risk of not buckling up is simply too high," said Rep. Sherri Greenberg. She and Rep. Elliott Naishat, both Austin Democrats, said Tuesday they'll work for a tougher law to ensure youngsters up to age 15 are buckled up.

Texas Department of Public Safety spokesman Mike Cox said, "I saw

several accidents where it is quite arguable that if the occupant had had a safety belt on, they probably would still be alive."

"It's incredible to me to think there are still that many people out there who for some reason think they're bullet-proof and don't have to wear safety belts," he said.

The total number of traffic deaths during the holiday period was more than double the 31 that had been predicted by DPS. The official count began at 6 p.m. Friday and continued through midnight Monday.

Sunday was the deadliest day in Texas traffic history, with 44 deaths, including 31 people killed in just three accidents



Confiscated goods

Hereford Policeman Robin Ruland, left, and Fire Marshal Jay Spain examine fireworks confiscated by the police and fire departments over the July Fourth weekend. The materials were

in possession of persons within the city limits, in violation of city ordinances. Spain said the fireworks represented several hundred dollars.

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Local Roundup

School board meeting set

The Hereford ISD board of trustees will meet in regular session at 6 p.m. Thursday in the administration building, 601 N. 25 Mile Avenue. On the agenda for the meeting will be information on first grade reporting and a savings profile system; discussion of the district technology plan and language development plan, a TAAS report, campus action plans and an update on pre-school program for children with disabilities. Action will be requested on construction projects, Texpool, a waiver application and Texas Association of School Board resolutions. There will be time provided for public comments.

DARE camp coming up

More than 50 slots are still open for Hereford school children who want to participate in DARE Summer Camp, to be held July 25-29. The camp is open to all children from entering sixth grade to leaving ninth grade. There is no cost to attend. There will be two sessions held, one on Monday and Tuesday and one on Wednesday and Thursday. Graduation and a DARE Dance will be held on Friday. During the camps, participants will play games, see a demonstration of drug dog Ricky and enjoy a free lunch. Signup forms are available at the Hereford Police Department.

Windy, hot

Hereford's temperature went to the 96-degree mark Tuesday, a level it's expected to hold Thursday when the mid-90s are forecast. A cool 65 degrees greeted residents Wednesday morning. Overnight, winds will be 10-20 mph and temperatures will be in the mid-60s. The wind should shift to the northwest Thursday, reaching 10-20 mph, and gusty.

News Digest

World/Nation

LOS ANGELES - On the bloody Sunday that transformed O.J. Simpson from superstar to defendant, he played golf, watched his daughter's dance recital, drove to McDonald's in his Rolls-Royce for a burger - and disappeared for about 75 minutes, according to testimony. PM-Simpson-Slayings.

GAZA CITY, Gaza - Reported upbeat despite a lukewarm welcome home, Yasser Arafat left Gaza for a Paris summit today with Israel's Yitzhak Rabin that is expected to focus on extending self-rule throughout the West Bank.

WASHINGTON - The tidal wave of Haitian refugees trying to reach the United States is being redirected to Panama and other countries under a new U.S. plan that offers financial aid to Caribbean nations in return for easing the crush of asylum-seekers.

WASHINGTON - On an unprecedented visit by an American leader, President Clinton was flying to Latvia today to salute the Baltic nations' triumphant struggle from Soviet rule and build momentum for the withdrawal of the last remaining Russian troops.

GENEVA - The United States, Russia and Western Europe are telling Bosnia's warring sides to accept peace plan, or else. Envoys will present leaders of the warring sides with a proposal for dividing up the former Yugoslav republic - and a threat of international reprisals if the rival factions don't accept it.

State

AUSTIN - State legislators say they'll push for a stricter seat belt law to help protect youngsters in accidents, after the traffic-death toll for the long July 4th holiday weekend reached a record-breaking 65.

KINGFISHER, Okla. - A single-engine plane on a demonstration flight crashed into a riverbed, killing a Texas pilot and a television reporter. A photographer nearby captured the accident on videotape.

BEAUMONT - A former police narcotics chief could receive up to life in prison without parole after pleading guilty to stealing 350 pounds of cocaine from the police property room last year.

DALLAS - Southwest Airlines Co. is getting more airplanes, and the carrier said the timing "couldn't be better" as it faces a West Coast challenge by a low-cost United Airlines subsidiary.

AUSTIN - Although more than 900 hate crimes have been reported to the Texas Department of Public Safety since 1992, no one knows how many went unreported by peace officers.

AUSTIN - The state board that disciplines Texas doctors said it is investigating a growing number of complaints of inappropriate sexual advances, suggestions, seduction or even assault by physicians.

CORPUS CHRISTI - Anti-gambling groups are trying to quell any excitement springing from casino promoters' big plans for the waterfront. "Corpus Christi is in a very ripe position for picking by casino interests," said Anton Nash, chairman of the Christian Life Committee of the Corpus Christi Baptist Association, an umbrella group for the city's 60 Southern Baptist churches.

FORT WORTH - Twenty apparent bystanders have been wounded or killed in three separate shootings since Friday, the latest incident happening early Tuesday when nine people were wounded.

OKLAHOMA CITY - Wildlife officials are urging people to give horny toads a break and not take them home as pets because the move could kill the already disappearing lizard.

Police, Sheriff Reports

HEREFORD POLICE
Hereford police issued 23 citations and investigated three accidents Tuesday. Other incidents and arrests include:
-- Burglary of a motor vehicle, 520 W. First.
-- Theft of beer, 529 Avenue H.
-- Youth threatened by other youths, 700 block of Union.
-- Cruelty to animals, 900 block of Avenue K.
-- Assault, 100 block of Avenue B.
-- Citizen reported traffic offense at 15th and North 25 Mile Avenue.
-- Criminal mischief, tires slashed, 600 block of Union.
-- Theft of license plates, 112 Avenue H.
-- Arrest of 49-year-old male on city warrant.
-- Arrest of 21-year-old male on Department of Public Safety warrant.
-- Arrest of four persons for theft

of beer at 910E. Park, on surveillance by city policeman. Taken into custody were a 39-year-old female, 35-year-old female, 40-year-old male and a 32-year-old male.

SHERIFF'S DEPARTMENT
Incidents reported to the Deaf Smith County sheriff's department Tuesday include:
-- Burglary of a building.
-- Forgery.
-- Injury to a child.
-- Arrest of 49-year-old male for violation of parole.

PATIENTS IN HOSPITAL
Gregorio Garcia, Ernestine Hernandez, Inf. Boy Hernandez, Crystal Larkin, Inf. Girl Larkin, Elisabel Lopez, Mark Anthony Lopez, Gloria Maldonado, Inf. boy Maldonado, Norma McRight, Alice Medina, Madelle Mellott, Lynn Faye Riojas, Elzie Sealy, Antonio Suarez, Mable Williams.



In Miss Texas Pageant

Soña Solano of Pampa, winner of the Miss Top of Texas Pageant in Hereford earlier this year, will be competing in the Miss Texas Pageant Saturday. It will be televised on NBC at 8 p.m. The Women's Division of Deaf Smith County Chamber of Commerce announced today that good-luck cards or gifts can be sent to: Soña Solano, c/o Holiday Inn South, 100 E. Altamesa, Fort Worth, TX. 76134.

Former newswoman in Amarillo dies in demonstration air flight

KINGFISHER, Okla. (AP) - A single-engine plane on a demonstration flight crashed into a riverbed, killing the pilot and a television reporter. A photographer nearby captured the accident on videotape. Kathy Jones, 30, of Oklahoma City television station KFOR died at a hospital in Kingfisher, about 45 miles northwest of Oklahoma City. Pilot Maurice "Skip" Stevens, 38, of McKinney, Texas, died at the scene, authorities said. Jones had worked at KAMR-TV, Channel 4 in Amarillo from July 1987 until December 1990 as a reporter and weekend news anchor before moving to Springfield, Mo., and then to Oklahoma City. The propeller-driven Marchetti F-260, which had been used in a mock dogfight, was flying upside down Tuesday when it dropped its left wing for a tight turn. It banked and gradually leveled as it completed the descending turn but quickly ran out of altitude.

The plane hit in a shallow angle hard on its belly - very close to a KFOR photographer on the ground - and the plane came apart. Nine seconds elapsed between the start of the turn and the crash.

The wreckage was in a dry, sandy section of the Cimarron River bed. Witnesses said the plane did not have enough altitude to pull out of its dive. The Federal Aviation Administration is investigating.

"I could tell the angle was pretty steep," said Steve Purvis, who saw

the plane before it crashed. "I thought I heard a thump. The plane never reappeared. I knew something was wrong."

"He didn't have enough room in no kind of way to level it out," said Dover Police Chief Jerry Pittman, the first lawman on the scene. "He was climbing and he made a turn, like he was going to a loop. When he hit, he was still in a downward motion."

Pittman said both Ms. Jones and Stevens were thrown clear of the wreckage.

Purvis said a second plane that had been in the area left before the crash.

"Death is always hard for us to accept, and when it comes to someone as young and bright as Kathy, it's doubly tragic," said Bill Katsafanas, vice president and general manager at KFOR. "She was a warm spot in our newsroom, and the glow won't ever be quite as bright without her."

Stevens was a partner in Air Strikes International, a mock-dogfighting outfit based in McKinney that opened April 4. Customers who pay \$695 sit side-by-side with an instructor and fly mock air combat missions using dual plane controls.

"It seemed that whenever we talked to civilians about our missions, they would make comments like 'Gee, I wish I could do that just once,'" Stevens said in a newspaper interview earlier this year.

The company was on a three-day promotional tour of Oklahoma, said George Schuler, president of McKinney Exec Air, the landlord for Air Strikes. Two Oklahoma newspaper publishers had planned to fly missions today.

The company also planned to appear at the Aerospace America air show July 15-17 in Oklahoma City. Show chairman Leroy Hansen said the company had paid to be on static display and was not scheduled to fly.

"I'm just shocked that as professional and thorough and

State explores disappearance of 75 minutes

LOS ANGELES (AP) - On the bloody Sunday that transformed O.J. Simpson from superstar to defendant, he played golf, watched his daughter's dance recital and drove to McDonald's in his Rolls-Royce for a hamburger.

Then he disappeared for about 75 minutes, according to testimony Tuesday at a preliminary hearing to determine if Simpson will stand trial.

The testimony showed that "this case is going to come down to minutes," said Loyola University Law Professor Laurie Levenson.

"It's a very tight squeeze," Levenson said. "He has to get there, commit the crimes, get back, clean up and leave in a limousine for the airport. How can you get this all done in this period of time?"

"On the other hand, he's O.J. Simpson, the man known for running through airports. His own image may work against him."

Meanwhile Tuesday, attorneys argued a defense motion to throw out all evidence seized at Simpson's house. Testimony on the motion was to continue today.

Simpson, 46, has pleaded innocent to murdering Nicole Brown Simpson, 35, and Ronald Goldman, 25. Prosecutors have not said whether they will seek the death penalty.

Brian "Kato" Kaelin, who lives in a guest house on Simpson's estate, testified that Simpson spoke of his failed marriage when he returned from a golf outing on June 12, the day of the killings. Later, after his daughter's dance recital, Simpson said he thought the dresses his ex-wife and her friends were wearing were too tight, Kaelin said.

He said they went to a McDonald's drive-in after Simpson was excluded from a family gathering at the nearby Mezzaluna restaurant. The last time Goldman, a waiter at Mezzaluna, was seen alive was when he left the restaurant to return a pair of glasses to Ms. Simpson.

Kaelin said he and Simpson returned from McDonald's about 9:45 p.m. He said he went outside at 10:40 p.m. to investigate thumps he heard,

and saw Simpson a short time later getting into a limousine.

Limousine driver Allan Park testified that he arrived early at Simpson's mansion for a 10:45 p.m. pickup, and no one answered the intercom until after he saw a tall, black person slip into the front door of the house close to 11 p.m.

He said a voice, which he believed was Simpson's, then said over the intercom that "he overslept, that he just got out of the shower and he'd be down in a minute."

Earlier testimony has suggested that Ms. Simpson and Goldman were killed between 10 and 11 p.m. Police have not released a time of death.

One of Simpson's previous attorneys said Simpson was at home at the time of the killings waiting for his ride to the airport. Simpson's current lawyers have not disclosed his whereabouts in the hours before 11 p.m.

No evidence has been presented so far that directly links Simpson to the killings.

In its motion to throw out the evidence from Simpson's estate, the defense contends detectives illegally scaled the estate's wall without a warrant the morning after the slayings. When they obtained a warrant a few hours later, they did so by misrepresenting the situation, the motion says.

Detective Mark Fuhrman, who climbed the wall, testified that police coming from the bloody crime scene spotted blood on a Bronco outside the estate.

"I said, 'We've got an emergency. We've got a problem. We don't know if we have people inside that are in danger, dying, bleeding to death. We have to do something. I don't care whose house it is, we have to do something,'" Fuhrman said.

Once inside, Fuhrman testified, he found a glove on a walkway next to a guest house that matched one found at the crime scene, and Kaelin told him he had heard a loud thump the night before coming from the area where the glove was found.

The hearing adjourned with Fuhrman still on the stand.

Save the horny toad: don't make it a pet

OKLAHOMA CITY (AP) - Wildlife officials are urging people to give horny toads a break and not take them home as pets because the move could kill the already disap-

pearing lizard. "A lot of people have a fascination about these little guys," says Jeremy Garrett of the state Wildlife Conservation Department.

But when people catch the horny toads, "then they try to feed them lettuce and stuff that they don't need."

The horny toad - more properly, the Texas horned lizard - is now a protected species in Oklahoma and Texas and a species of concern in New Mexico, said Mark Howery, natural resources biologist with the wildlife department.

Oklahoma has made collecting the lizards illegal unless one has a permit.

Wildlife officials say part of the horny toads' problem is that the reptiles appeal to people in a spike-backed, dinosaur-looking kind of way.

Horny toads eat ants. "And there's no way a human can provide all the ants they need - I imagine they eat 300 or 400 ants a day," Garrett said.

"They're picked up as pets and ultimately they die," Howery said. "So that's a big drain on the population."

Insecticides that thin ant populations also may be hurting the horny toad, wildlife officials say.

The same for housing developments; agriculture - horny toads thrive in dry, undeveloped areas; automobiles; and dogs and cats; besides the lizard's natural predator, the roadrunner.

The decline seems to have been going on for about 30 years, but to really have become noticeable in the past eight or 10 years, Howery said.

The lizard's habitat chiefly is Texas, Oklahoma and Kansas, Howery said.

THE HEREFORD BRAND

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AUSTIN (AP) - The Pick 3 winning numbers drawn Tuesday by the Texas Lottery, in order: 2-0-9 two, zero, nine



Lifestyles

Try grilling dinners for a new twist

Grilling is great for burgers and hot dogs, but you can quickly and easily grill complete dinners, too.

To build a meal around simple steak, grill top round steak. A spicy marinade of lime juice, steak sauce and salsa tenderizes this lean, economical cut while lending a flavorful kick to the beef. Serve with a colorful medley of fresh vegetables, crusty garlic bread, fruit pie and ice cream.

Grilled Southwestern Top Round Steak
1/4 cup fresh lime juice
1/4 cup prepared steak sauce
1/4 cup prepared salsa (mild, medium or hot)
1 tablespoon vegetable oil
1 clove garlic, crushed
1/2 teaspoon coarse grind black pepper

1-1/2-pound beef top round steak, cut 1 inch thick

Cooked vegetables (see recipe below)

Salt (optional)
In a small saucepan, combine lime juice, steak sauce, salsa, oil, garlic and pepper. Bring to a boil. Reduce heat; simmer, uncovered, 5 minutes, stirring occasionally. Cool.

Place steak and cooled marinade in a plastic bag, turning to coat. Close bag securely and marinate in refrigerator 8 hours (overnight, if desired), turning occasionally.

Remove steak from marinade; discard marinade. Place steak on grid over medium coals. Grill steak 14 to 18 minutes for medium-rare to medium doneness, turning once.

Meanwhile, prepare vegetables. Trim fat from steak. Carve steak into thin slices; season with salt, if desired. Serve with vegetables. Melt 2

tablespoons butter in a large heavy skillet with heat-proof handle on grid over medium coals.

Add the following: 2 medium zucchini, cut crosswise into slices; 1/2 pound fresh mushrooms, cut into slices; 1/2 green bell pepper, cut into 2-inch by 1/4-inch strips; 1 teaspoon cumin seeds or 1/2 teaspoon ground cumin; 1/2 teaspoon salt and 1/4 teaspoon coarse grind black pepper.

Cook 4 to 5 minutes, or until vegetables are crisp-tender, stirring occasionally. Add 1 cup finely chopped tomato and 1/4 cup thinly sliced green onions; stir 1 minute. Makes 6 servings.

Cook's Tip: To check the temperature of the coals, cautiously hold your hand, palm side down, at cooking height (just above grid). Count the number of seconds you can hold your hand in that position before the heat is uncomfortable and you have to pull it away; 4 seconds for medium coals.

Nutritional information per serving: 228 cal., 29 g pro., 7 g carbo., 9 g fat, 3.5 mg iron, 413 mg sodium, 71 mg chol.

Recipe from: Meat Board Test Kitchens



Most Americans know Neil Armstrong was the first person to set foot on the moon, but do you remember who was the second?

Answer: Edwin Eugene Aldrin, Jr.



New Toastmasters Club officers

Members of the Hereford Toastmasters Club recently announced their new officers for the area and district. Pictured are, from left, Rick Jackson, who is the incoming Area III governor; Linda Minchew, incoming district 44 secretary; Jigger Rowland, incoming District 44 governor; Ron Knaack of Amarillo, incoming division governor; and Joe Weaver, outgoing Area III governor. Not pictured is Dee Hamilton, incoming district 44 secretary. All new officers will hold their positions until July 1, 1995.

Ann Landers

Shape up this summer

DEAR ANN LANDERS: Tell "Ruined and Lonely," the man who is miserable because he has herpes, not to give up on finding treatment and support groups. There is a great deal of research going on, and a vaccine is now being tested.

I volunteered to be part of a test study through the National Institutes of Health in Bethesda, Md. I was referred to a urologist in my area who was in the forefront of experimentation when that miraculous drug acyclovir was developed to combat herpes. A low daily dose of this drug can completely prevent any outbreaks, and I have not had one in three years. Incidentally, my first outbreak occurred at a time when I was not sexually active. I can only assume that the virus was dormant in my body for six years or more.

Thanks for the intelligent coverage you are giving this subject.—Boston

DEAR BOSTON: I appreciate your fine letter. I received thousands from equally grateful readers. Keep reading:

From Longview, Wash.: I, like "Ruined and Lonely," contracted herpes and thought it was the end of my sex life. I resigned myself to a monastic existence. I have found that two major causes of outbreaks are severe changes in climate and extreme stress. I have been careful in my attempts to keep these two demons under control and have not suffered an outbreak in several years. I would add, however, that the use of drugs or alcohol can weaken the body's ability to fight the herpes virus.

Memphis: My boyfriend and I had been dating exclusively for a year when I broke out with herpes. I was mystified because I was certain that he had not been sleeping around. As it turned out, he'd been exposed to herpes before we began our relationship but had never had an outbreak. He didn't realize that he had herpes or that he was contagious. People from all

walks of life are living with herpes. I want to tell "Ruined" that this is not the end of the world.

Oceanside, Calif.: "Ruined and Lonely" needs a major attitude adjustment. He now feels his social life is ruined. If his social life only involved sex, maybe he will now broaden his horizons. Herpes is an inconvenience that many people deal with responsibly. It is not an insurmountable problem. The only time this man will find someone who will accept him as he is, is when he does the same for himself and others—and has absolutely nothing to do with herpes.

San Francisco: I just finished reading your column about the 33-year-old man who ended his relationship with his girlfriend because of her tramping around. She left him with a case of herpes.

Will someone please let the world know that Herpes Simplex I (Cold Sores) Herpes Simplex II (genital herpes) and chicken pox are all related viruses?

The 33-year-old man may have had Herpes Simplex II lying dormant in his body for years. When he became a little rundown or overextended, the herpes virus reappeared.

It's a shame to end a relationship because of a problem that is definitely manageable.

DEAR READERS: Thanks to all who wrote to pass along words of encouragement. Those interested in excellent guidelines should send \$2 (for postage and handling) to: ASHA/HRC (American Social Health Association/Herpes Resource Center), Dept. AL-942, P.O. Box 13827, Research Triangle Park, N.C. 27709.

Mary Ludwig Hays gained the name "Molly Pitcher" and a place in U.S. history in 1778 by aiding American forces at the Revolutionary War Battle of Monmouth in New Jersey.

With summer here, many people are still trying to get into shape. They are in such a hurry that they are experiencing minor sprains and strains.

Here are some guidelines to help you keep going when problems arise.

Fallacy: If you hurt yourself due to overexertion while exercising, you cannot participate in any physical activity until your injury is completely healed.

Fact: The usual sprains and strains that often result from overexertion need not prevent exercise if you wear the proper health support for the injury.

Fallacy: All health supports are alike.

Fact: As limb sizes vary from person to person, so do sizes and levels of compression delivered by health supports.

Fallacy: If you've injured a joint or muscle, the best thing to do is apply moist heat right away.

Fact: The most effective remedy for an injury is ice. It reduces any swelling that might occur while preventing the flow of blood to the site. After 48 hours, heat may be applied to help bring new blood to the site which helps promote healing and soothes aching muscles.

Actor John Wayne was born Marion Michael Morrison in Winterset, Iowa, in 1907.

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Rowland named best speaker

Jigger Rowland was named the best Hereford Toastmasters Club's speaker during the organization's evening meeting held June 30 at Sirloin Stockade.

Pat Varner was selected best evaluator, and Pat Varner and Jigger Rowland tied for best topic speaker.

Rick Jackson led the pledge and Rowland gave the invocation. Dave Kimmel served as presiding officer.

Joe Weaver served as Toastmaster; Bob Lohr, timer; Joe Weaver, "ah" counter and grammarian; Bob Lohr, wordmaster; and plausible was the chosen word.

Rick Jackson was topicmaster and topic speakers were Lohr, Weaver, Rowland and Pat Varner.

Dianna Kimmel spoke on "You Can Dress Her Up But You Can't Take Her Anywhere, evaluated by Varner; Rowland spoke on "Sex Life of Geese," evaluated by Dave Kimmel; and Jackson spoke on "The State of Our Toastmasters Club," evaluated by Lohr.

Varner gave the reading and Weaver told the joke. Rowland was general evaluator.

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Sports

Kids Inc. All-Stars to play in weekend tourneys

Hereford's finest young baseball and softball players will be representing the city in all-star tournaments from Dalhart to Lubbock this weekend.

The Kids Inc. program has put together four teams of all-star boys for regional and district tournaments, and one team of all-star girls will play in the state softball tournament in Lubbock.

One team of boys will host teams

from Canyon and Plainview this week for the Babe Ruth League 13-year-old all stars' district tournament. The double elimination tourney will include 7 p.m. games Thursday-Saturday, with the finals at 6 p.m. Sunday. A doubleheader will be played Sunday, if necessary to determine a winner.

The tournament starts with the Hereford team taking on Canyon at 7 p.m. Thursday on the Babe Ruth

field at the Kids Inc. Complex in northwest Hereford.

The Kids Inc. Major League will send two all-star teams to an invitational tournament in Dalhart, to be played Thursday, Friday and Saturday. The tournament will include other area cities which don't participate in Little League. Other teams in the tournament include two from Dalhart, two from Clayton, N.M., and one each from Perryton,

Stratford, Gruver, Boise City, Okla., and Guymon, Okla.

The two Hereford teams are named after the two head coaches, Andy Scott and Ron Cagle, instead of I and 2 or A and B, because the two teams are equal. They'll scrimmage each other at 8 tonight in Hereford.

In Dalhart, the Cagle team will play at 6 p.m. Friday, and the Scott team will play at 8. Their opponents

will be decided Thursday.

The girls' all-star team will play in the state tournament Friday, Saturday and Sunday in Lubbock. The tournament is sanctioned by the USSSA, a national governing body for softball.

The Hereford team's first game

has not been set yet, said Duane Davison one of the coaches of the team. Other details will be available by the end of the week, he said.

The Babe Ruth 14- and 15-year-old all-stars will play in a tournament next week in Canyon, but details have not been set for that tournament.



Major All-Stars

This is one of two teams of Kids Inc. Major League All-Stars which will compete in a tournament this weekend in Dalhart. The players are (front row, left to right) Trey Barnett, Hagen Henderson, J.J. Beltran, Eric Ramos, Hector Zambrano, George Castillo Jr., L.J. Vallejo, Landon Noland, (second row) Eddie

Lacey, Eddie Ruiz, Vincent Rodriguez, T.J. Torres, Andrew Villarreal, Richard Salinas Jr., Joel Cerda, and batboy Justin Ramos. The coaches, on the back row) are Andy Scott, George Castillo Sr., Peter Castillo and Ramiro Ramos Jr. Not pictured is Isaac Alonzo.

Two Tour de France stages set in England

By JOSEPH WHITE

Associated Press Writer
DOVER, England (AP) - The cycling world considered the Tour de France's trip through the Channel Tunnel a historic occasion.

For teammates Greg LeMond and Chris Boardman, it was a bit of a letdown.

"It was a bit boring, actually," Boardman said after emerging from the half-hour train ride Tuesday underneath the English Channel.

"I guess taking the train takes something out of it," added three-time champion LeMond. "I think it would be a more significant feeling if you could be able to drive through it."

Or perhaps cycle through it? "Now that would be a bit difficult," said LeMond, noting the changes in air pressure and circulation in a tunnel far beneath the surface of the earth.

The cyclists stopped pedaling just short of the tunnel's French entrance in Tuesday's third stage, the 41-mile team time trial from Calais.

The Italian-Belgian GB-MG team won the stage with a time of 1 hour, 20 minutes, 31 seconds. Its top rider, Belgium's Johan Museeuw, took the overall lead from Boardman of England.

Boardman, who had held the yellow jersey since the race began on Saturday, was the first racer from his country to lead the race for 32 years. His dream of wearing the leader's colors in his home country was dashed when his GAN team experienced mechanical problems and finished more than a minute off the pace.

At one point, Boardman, the reigning Olympic pursuit gold medalist, had to take a tool and fix his specialized bike while riding. Only

five of the nine team members finished in the same group.

"It's too bad for Chris," said LeMond. "We lost a lot of time in the last 20 kilometers."

"The team worked a lot yesterday to conserve the yellow jersey for me," said Boardman, who dropped from first to 20th. "Maybe we were tired."

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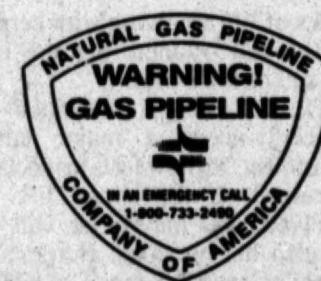
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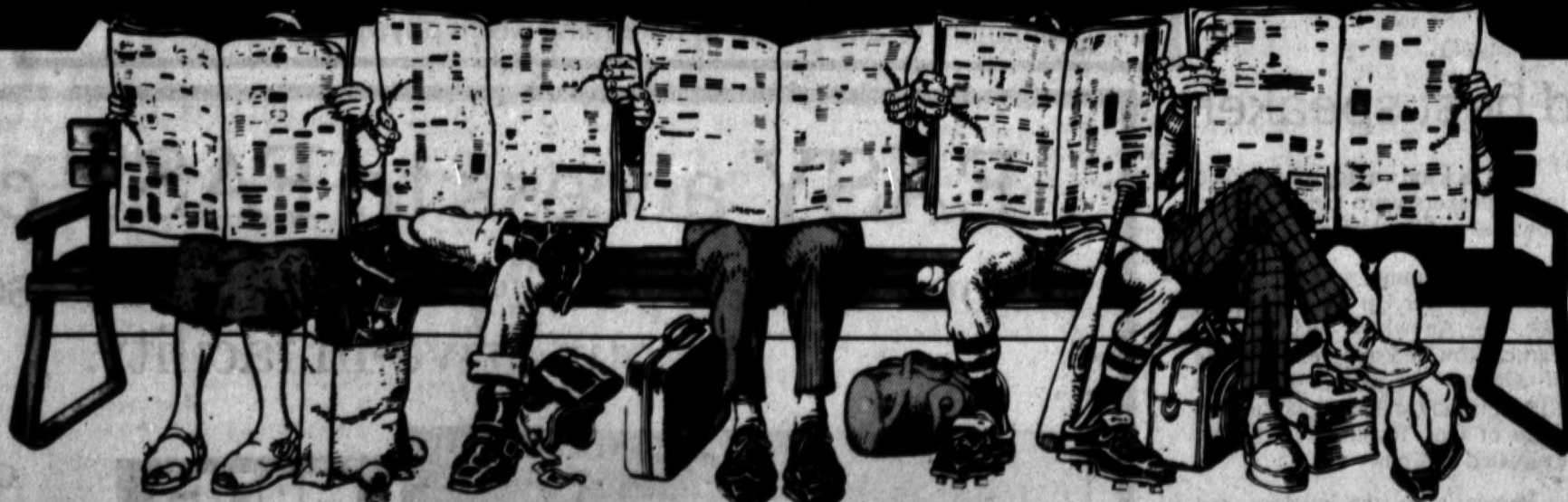
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Babe Ruth champions

The White Sox won the Babe Ruth League with a final record of 10-2. They are (front row, left to right) Brandon Brown, Wes Blackwell, Prefecto Mauncha, Andrew Ramirez, Chris Hendershot, Nathan Gavina, (back row) coach Joe Bob Brown, Roger Leon, Gilbert Rodriguez, Chris Torres, Eric Ambold, Chris Garth, Jose Carrigales and coach Eddie Ambold.

Saberhagen flirts with perfection, hangs on for 4-2 win over Giants

By The Associated Press

The New York Mets, who have won two World Series in their 33-year history, still don't have a no-hitter in their record book.

All-Star Bret Saberhagen almost changed that on Tuesday.

Saberhagen, who threw a no-hitter for the Kansas City Royals in 1991, pitched perfect ball for six innings Tuesday before allowing a leadoff homer in the seventh to Darren Lewis in New York's 4-2 victory over San Francisco.

He was the first Mets pitcher to take a perfect game into the seventh inning since Tom Seaver did it on Sept. 24, 1975.

"I started thinking no-hitter going into the fourth inning," Saberhagen said. "I've been in that situation before. The thing is you don't want to think perfect game."

"The one bad pitch I made was to Lewis. Everything went then - the perfect game, the no-hitter and the shutout. You have to think no-hitter. I had a pretty good idea of what I was doing. I just didn't want to walk Lewis leading off, and I came in with a bad pitch."

Saberhagen (9-4), who also allowed a leadoff homer to Dave Martinez in the eighth, gave up only two hits in eight innings, struck out eight and walked none. He has struck out 98 hitters this season while walking just nine, a ratio of nearly 11 to 1.

Saberhagen also helped himself offensively, contributing a run-scoring double for his first major-league RBI in 110 at-bats.

Consecutive two-out singles by Joe Orsulak, Bobby Bonilla and Jeff Kent off John Burkett (5-7) made it 1-0 in the first inning. Ryan Thompson, Saberhagen and Jose Vizcaino hit two-out doubles in the sixth for a 3-0 lead.

Elsewhere in the NL, it was Pittsburgh 3, Atlanta 1 in a

Jack Chesbro of the Yankees won 41 games in 1904 to set a modern major league record.

rain-shortened game; Houston 3, St. Louis 1; Colorado 9, Chicago 6; Cincinnati 9, Florida 4; San Diego 7, Philadelphia 2, and Los Angeles 2, Montreal 1 in 10 innings.

Astros 3, Cardinals 1

At St. Louis, Pete Harnisch and two relievers combined on a four-hitter and Steve Finley had a home run and two RBIs.

Craig Biggio led off the game with his fifth home run and Finley hit his ninth homer leading off the fifth.

Harnisch (4-4) allowed only one run to win on the road for the first time this season. Vicente Palacios (1-7) took the loss.

Pirates 3, Braves 1

At Atlanta, Jay Bell had a two-run triple for the Pirates in a game delayed by rain three times before it was called after 6 1-2 innings in the opener of a scheduled doubleheader.

Bell had one of only two hits off John Smoltz (6-8), who went seven innings and gave up three runs - two earned - walked four and struck out six.

Denny Neagle (8-8) gave up four hits - three to David Justice - as the Pirates snapped a three-game losing streak.

Rockies 9, Cubs 6

At Chicago, pinch-hitter Howard Johnson tied the game with a three-run homer and Andres Galarraga hit his 23rd homer to cap a six-run seventh for the Rockies.

Chicago's Mark Grace hit a three-run homer in the first off Kevin Ritz (2-4) and Sammy Sosa had a solo shot in the third. Ritz went six

innings, allowing six hits and five runs with four walks and six strikeouts. Cruck Crim (3-3) took the loss.

Reds 9, Marlins 4

At Miami, Kevin Mitchell hit two of Cincinnati's five home runs.

Pete Schourek (4-1) pitched six scoreless innings, striking out four and scattering six hits. Cincinnati jumped ahead 2-0 in the first as Barry Larkin and Hal Morris hit back-to-back homers off Charlie Hough (5-8).

Padres 7, Phillies 2

At San Diego, Eddie Williams, who played semi-pro ball last fall after being out of the majors the previous three seasons, hit his first career grand slam.

Williams, hitting .375 with five homers and 19 RBIs since being promoted three weeks ago, homered off Bobby Munoz (4-3) with two outs in the fifth. Luis Lopez and Scott Livingstone also homered to back Joey Hamilton (5-3), who allowed one run and six hits in seven innings.

Dodgers 2, Expos 1, 10 innings

At Los Angeles, Raul Mondesi homered with one out in the 10th off John Wetteland (2-6) after Montreal starter Jeff Fassero retired 22 consecutive hitters.

Rookie Ismael Valdes (1-0) earned his first major league victory with two perfect innings.

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Blue Jays' Darnell Coles shocks Twins, world with three homers

By The Associated Press

Look up Darnell Coles in the baseball Who's Who and the entry reads like something from Rand McNally.

He's played with Toronto, Cincinnati, San Francisco, Pittsburgh, Seattle - twice - and Detroit - also twice. There have been stops along the way in Bellingham, Wausau, Bakersfield, Chattanooga, Salt Lake City, Calgary, Toledo, Phoenix and Nashville.

For most of his 14-year career, he's been a utility player, always patient and prepared for a chance to play.

On Tuesday night, he got another opportunity to play and was determined that a dislocated finger would not stop him.

Coles hit three home runs, becoming the sixth major leaguer to accomplish the feat this year, in leading Toronto over the Minnesota Twins 14-3.

Coles began the game batting only .145 (8-for-55) with one home run and six RBIs.

"I was just hoping I could play because my finger was barking at me all day," Coles said.

Coles hurt his finger Monday night when he dove into first base. He was scheduled to start Tuesday at the Metrodome while third baseman Ed Sprague was in California with his wife, who gave birth Monday.

Coles' injury, however, left his status in doubt.

"He said he was OK, but there were a few guys who doubted whether he was telling the truth," Blue Jays manager Cito Gaston said.

Coles hit a two-run homer in the fifth inning and solo shots in the eighth and ninth. He joined Tim Raines, Jose Canseco, Karl Rhodes, Cory Snyder and Jeff Bagwell as players to connect three times in a game this year.

Paul Molitor hit his second career grand slam and Joe Carter followed with his 18th homer of the season during a six-run seventh. Molitor also had two singles and a double.

Randy Knorr also homered. Juan Guzman (7-9) won for the first time since June 3. Pat Mahomes (7-4) was the loser.

Angels 10, Red Sox 3

Chris Turner, who began the game batting only .138, went 5-for-5 and became the first California catcher to steal home.

Turner doubled twice, drove in two runs and scored two. He snuck home as part of a double steal. Chili Davis hit his 16th homer and drove in three runs.

Chuck Finley (6-8) gave up six hits in eight innings. Joe Hesketh (4-5) was hurt by poor defense.

Rangers 4, Indians 3

Kevin Brown returned from visiting his ailing father in Georgia and pitched the host Rangers past Cleveland.

Brown (6-8) tied a career high with 10 strikeouts. He gave up seven hits and walked one.

The Rangers scored twice in the sixth off Mark Clark (9-3), with Rusty Greer's RBI single breaking a 3-3 tie.

Athletics 8, Yankees 7

Geronimo Berroa's two-run homer in the seventh inning lifted Oakland at Yankee Stadium.

Berroa's 10th home run came against Greg Harris (3-5). Ruben Sierra also homered for the A's.

Matt Nokes homered twice and Danny Tartabull also connected for the Yankees.

Bob Welch (2-5) won in relief.

Orioles 5, Mariners 2

Jamie Moyer won for only the second time in 14 starts as Baltimore shut down Ken Griffey Jr. and visiting Seattle.

Cal Ripken drove in two runs and

Brady Anderson homered.

Moyer (3-6) went 6 1-3 innings and Lee Smith got his 28th save. Jim Converse (0-1) lost.

Royals 10, Brewers 5

Bob Hamelin homered, doubled and drove in three runs as Kansas City won at home. The Royals hit four doubles and Milwaukee hit six.

Reliever Rusty Meacham (1-1) won for the first time since June 6, 1993. Billy Brewer got his third save.

Bill Wegman (6-1) was stopped one win short of the team record for consecutive victories at the start of a season.

Tigers 6, White Sox 2

White Sox 6, Tigers 4

Jack McDowell struck out a career-high 11 in only six innings and Frank Thomas hit his 30th home run as Chicago salvaged a doubleheader split at Tiger Stadium.

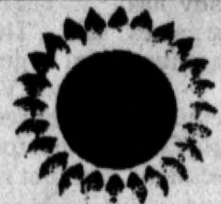
McDowell (6-7) is 4-0 in his last seven starts. Roberto Hernandez went 1 1-3 innings for his ninth save. Four White Sox pitchers combined for 15 strikeouts.

Greg Gohr (2-1) lost for the first time in five starts this season.

In the opener, Cecil Fielder and Tony Phillips homered in a four-run first inning for Detroit.

David Wells (2-5) allowed eight hits in his second complete game. Scott Sanderson (7-3) had won three in a row.

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Italy, Bulgaria move to next round of World Cup

By BARRY WILNER
AP Sports Writer

A superstar from Italy and a stingy goalkeeper from Bulgaria worked long hours to keep their teams alive in the World Cup.

Roberto Baggio, the internationally renowned striker and 1993 player of the year, finally surfaced Tuesday. He waited long enough, into the final moments of Italy's second-round game with Nigeria, before tying it with his team short-handed. Then he put home a penalty kick in overtime, lifting the Italians to a 2-1 victory.

"We already were at the airport, we were mentally prepared to return home. I took them all down from the plane," said Baggio, who had gone eight games without scoring.

Bulgaria's Borislav Mihaylov waited even longer to grab the

spotlight. Mexico and Bulgaria were tied 1-1 through overtime, and the first penalty-kick shootout of the tournament was staged.

Mihaylov stopped two of Mexico's four shots - another sailed over the net - while Bulgaria got three past Jorge Campos to advance to the quarterfinals. The Bulgarians never had won a World Cup game until last week. Now, they're on a three-game winning streak.

"I was very confident throughout the match and I was looking forward to the penalty kicks," said Mihaylov, the 31-year-old captain of the Bulgarian team. "Saving penalty kicks is the greatest thing in your career."

Those dramatic wins finished off a captivating second round from which seven European teams

advanced. Only Brazil, which plays the Netherlands in Dallas on Saturday, made it from outside Europe.

At Foxboro, Mass., Nigeria went ahead in the 27th minute on Emmanuel Amunike's neat shot with the outside of his foot. It stayed that way until the 89th minute - nearly 23 minutes after Italy's Gianfranco Zola was ejected for a violent foul that replays showed wasn't very violent and might not have been a foul.

"When we were reduced to 10 players, the boys were heroic," Italian coach Arrigo Sacchi said. "Even with 10 people, we were the team that was really playing better."

In overtime, Antonio Benarrivo was tackled in the penalty area in the

102nd minute. Baggio converted to win it.

It was the second time in this World Cup that Italy won a game while playing a man short. In a first-round match against Norway, the Italians played the final 69 minutes with just 10 men after goalie Gianluca Pagliuca was ejected for handling the ball outside the penalty box.

"We played with great heart," Baggio said.

So did Bulgaria and Mexico. But only one could advance and, thanks to Mihaylov and Mexico's poor aim in penalty kicks, it was the Bulgarians.

"We are not surprised Mihaylov saved two penalties," said Bulgaria coach Dimitar Penev. "He is one of the leading goalies in Europe and he has performed very well for the Bulgarian national team. He is one of the heroes of this game."

Another was Hristo Stoichkov, who scored in the first half.

"We have three victories in 10 days," Stoichkov said. "The Germany game is next and everybody is happy."

Everybody but the Mexicans, who lost for the first time in eight meetings with Bulgaria.

Mexico's Alberto Garcia Aspe

missed the first penalty kick. After the game, he began recounting the wild finish, then became choked with tears.

"It's going to be hard for me to overcome this," said Garcia Aspe, who scored on a penalty kick in the first half, but kicked one over the net in the shootout. "I can barely talk."

Mexican President Carlos Salinas de Gortari issued a statement criticizing coach Miguel Mejia Barón for not using any substitutes.

"Maybe if we had reinforced our forwards when Luis Garcia was expelled, we would have had more opportunities," he said.

FIFA hands out stiff penalties

By LARRY SIDONS
AP Sports Writer

DALLAS (AP) - Three games from now, Brazil will know if it has made soccer history. Long before that, one of its starters will know if he is history for this World Cup.

A disciplinary committee of FIFA met today to decide what penalty to impose on Leonardo, a Brazilian defender who faces suspension after cracking the skull of America's Tab Ramos in the second round.

Soccer's world governing body is in the midst of a crackdown on on-field thuggery and already has suspended one player for three games after a foul that did less damage than Leonardo's right elbow.

If that precedent holds, Leonardo could be finished for the World Cup, no matter how well Brazil does in its

quest for an unprecedented fourth championship.

It's certain Leonardo won't play Saturday when Brazil plays the Netherlands in a quarterfinal at the Cotton Bowl.

"For sure, he will not play the next game," FIFA spokesman Guido Tognoni said.

But after that, it's anyone's guess. Rumors swirled Tuesday that Leonardo already had been banned for the rest of the Cup, but Tognoni said no such decisions had been made.

"The rest is only speculation," he said. "That what they are expecting him to get."

Ion Vladouiu of Romania was suspended for three games after a blatant foul against a Swiss player in the first round. He later was kicked

off the team by Romanian authorities.

Ramos and Leonardo tangoed for the ball near midfield. Ramos was spun around and struck on the left side of the face and lost consciousness for several moments. He was taken to Stanford Medical Center for observation.

As Leonardo awaited his fate, two European refs knew theirs. They were going home early after FIFA said they were wrong on a couple of hotly disputed calls in the second round.

One of them, Kurt Roethlisberger of Switzerland, admitted he blew a call that would have given Belgium a penalty shot in the 70th minute of a 3-2 loss to Germany.

"I have to say quite clearly that I made a wrong decision," he told the Swiss newspaper Blick.

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B. Hillbillies	Sanford	(95) Movie: Dr. No (1963)	Sean Connery, Ursula Andress	Movie: From Russia With Love (1963)						
News	Wh. Fortune	Dinosaur	The Critic	Home Imp	Grace	Turning Point	News	(35) Cheers	H. Patrol	
Jesuit	Prism	Joy-Music	HumanFct	Everyman		Power Point	Cross-Cur.	Homeland	Cap.-News	Common S
Night Court	Jefferies	News		News		Night Court		Roadside		
News	Married...	Henny	Advice	America Tonight		48 Hours	News	Golden Girls	Late Show	
Lifestories	Seventy Hills, 90210	Modets, Inc.		Star Trek: Next Gener.		M*A*S*H	Bonanza			
Sportstr.	Major League Baseball Teams to Be Announced	Major League Baseball: Mets at Giants								
Waltons	Young Riders	Rescue 911		700 Club		Bonanza				
Movie: Absence of Malice	Movie: Sleepless in Seattle	Tom Hanks	(45) Movie: The 'Burbs	Tom Hanks	** PG	Movie: Blackbelt 1/2 'R'				
(E-15) Movie: Landside	Movie: There Goes the Neighborhood	Forrest	Dream On	Sanders	Crypt Tales	Movie: Blind Justice				
Movie: Weekend-Ber. 2	Movie: Blast 'Em (1992)	NR	(45) Movie: Passenger 57	1/2 'R'	(15) Movie: Cyborg 2: Glass Shadow 'R'					
Club Dance	News	The Dirt Band	Music City Tonight	Club Dance	News	Dir Band				
Beyond 2000	Sanctuaries	Arctic	Portrait of a People	Wings	Sanctuaries	Arctic	Portrait			
In Search Of	Biography	American Justice	Civil War Journal	Legends West	Biography					
Midnight Caller	Lifetime Magazine	Movie: Part of the Family (1994)	Robert Carradine	Unsolved Mysteries	Mysteries					
Speed	Rangers	Sportstalk	Major League Baseball Houston Astros at St. Louis Cardinals	Collector	OlympFest					
Kung Fu	Movie: Father Goose (1965)	Cary Grant, Leslie Caron	Movie: North by Northwest (1959)	Cary Grant	Movie: M.T. Moore	News	Van Dyke	Newhart		
Doug	Muppets	Bewitched	Bewitched	Bewitched	M.T. Moore	News	Van Dyke	Newhart		
Wings	Wings	Murder, She Wrote	Movie: Serpico (1973)	Al Pacino, Tony Roberts	Movie: Wings	Quantum				
Dos Mujeres, Un Camino	Clarisa	Movie: Como Fue a Enamorarme de Ti (1990)	Notic. Unl.	Movie: Buscando-Culp.						
Better Home	Hometime	Connections	Conn. 2	Mysteries	Operation	Connections	Conn. 2			
Jonny Quest	Scooby Doo	Flintstones	Jetsons	Bugs & Daffy	Movie: Gulliver's Travels (1939)	Movie: Toon Heads	Top Cat			

THURSDAY JULY 7

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
Fraggle	Pool Corner	Umbrella	Dumbo	Tracks	Care Bears	Gummi B.	Jump	Danger Bay	Zorro	Movie:
Today				Jenny Jones	Geraldo	Jane Whitney	Our Lives			
Voices From East Africa	Monday's Child	Lamb Chop	Barney	Storytime	Kidsongs	Mr Rogers	Education	Levels		
Giligan	Bewitched	Happy Days	3's Co.	Little House on the Prairie	(85) Matlock	(85) Perry Mason	Movie:			
Good Morning America				Donahue	Regis & Kathie	Little House on the Prairie	News			
Worship	Perspect.	Choir	Daily Mass	Life	Close-Up	Cops	Baptist Hour	Worship		
Garfield	Bozo		Yogi	Andy Griffith	Andy Griffith	People Ct.	People Ct.	News	Baseball	
(6:50) This Morning	Vicki			Ricki Lake	Price Is Right	Young and the Restless	News			
Rangers	Melodies	Bonkers	Tale Spin	700 Club	K. Copeland	Paid Prog.	Paid Prog.	Paid Prog.	Car-Shop	
Sportstr.	Sportstr.	In Motion	Getting Fit	Step	Bodyshape	Sportstr.	Sportstr.	Sportstr.	Equestrian	
Beber	Gadget	Life Goes On		700 Club		Health Club	Make Deal	Jumble	Trn. Para.	
Henry's Cat	Making of City Slickers II	Movie	(95) Movie: Indian Summer	Alan Arkin	Movie: PG-13	Movie: The 'Burbs	Tom Hanks	** PG		
Smoggy!	Encyclopedia	Movie: The Living Daylights (1987)	Timothy Dalton, Maryam d'Ab	Movie: Moonstruck (1987)	Char, Nicolas Cage	PG				
Movie: Gloria (1980)	Gene Rowlands, John Adams	(15) Movie: Labyrinth	David Bowie	** 1/2 PG	Movie: Light in the Piazza	***				
(OR Air)		VideoMorning	Recessweek							
Paid Prog.	Paid Prog.	World	World	Home	Great Chefs	Callaine	Graham K.	Cholesterol	Easy	Homeworks
In Search Of	McMillan and Wife				City of Angels			Police Story		Rockford
Workout	Gourmet	Your Baby	Baby Knows	Our Home	Gourmet	Marriage	Supernat.	Shop-Drop	Queens	
Muscleport USA	Cable Health Club	Major League Baseball Houston Astros at St. Louis Cardinals								
Bugs Bunny	P. Panther	P. Panther	P. Panther	Knots Landing	Charlie's Angels	CHPs				
Looney	Doug	Rugrats	Alvin Show	Muppets	Muppets	Elephant	Gnome	Eureka	Bearkat	Dennis
Turtles	Ghostbust.	Ghostbust.	Scooby Doo	American Gladiators	Parker L.	Two Dads	Facts-Life			
Nos. Joe G.	El Chavo	Cheerito	Papa Sot.	Candido P.	Lievateo	Muchachit.	Las Dos Dianas			
Magic Box	Kitty Cats	Bookmice	Join In!	Zooblee	Iris the Prof.	Magic Box	Kitty Cats	Cookbook	Kitchen	Capria's
(8:00) Morning Crew				Tom-Jerry	Jetsons	Jojo-Cats	P. Pilatop	Smurfs	Smurfs	Cornrubs

12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
Movie: Animateasympics 'NR'	Pony Tales	Quack	Care Bears	Avonies			Kids Incomp.	Mickey	Teen Angel	Earie Ind.
Our Lives	Another World	Leza		Oprah Winfrey			Mary Povich	Cur. Affair	NBC News	
Body Elec.	Keeping Up	Manor Born	Dupree	Sesame Street	Reading	C. Sandiego	Sq. 1 TV	Baxter B.	Grilling	
(12:05) Movie: ** 1/2 Loner! 'R' (1982)	Jeansons	Planet	Flintstones	Charles	Saved-Bell	Saved-Bell	Gro. Pains	Andy Griffith		
Rush L.	One Life to Live	General Hospital		Sally	Family Feud	Am-Journal	Jeopardy!	ABC News		
Illuminations	Life Choices	Spirit	Faces	Joy-Music	VISH Agenda	Lightmusic	Jessy Dizon	Common Sense Religion		
(12:00) Major League Baseball Chicago White Sox at Detroit Tigers	Yogi	Dawgs	Flintstones	Saved-Bell	Dreams	Design. W.				
Bold & B.	As the World Turns	Guiding Light	Design. W.	Family M.	Edison	Hard Copy	News	CBS News		
Can-Shop	Matlock	People Ct.	Love Con.	Tom-Jerry	Tiny Toon	Animaniacs	Batman	Saved-Bell	Full House	
Equestrian	Pro Beach Volleyball	Cycling Tour de France	Born War	Pumped	Burnt Toast	Dream Lg.	Sports Tap	Sportstr.		
Name-Tune	Boggle	Make Deal	Heroes	Mario Bro.	Popeye	My Dog	Punky B.	Station	Rin Tin Tin	New Lease
Movie: Nothing in Common	Tom Hanks	Movie: PG	Movie: Airport (1970)	Burt Lancaster, Dean Martin	G	Movie: Indian Summer				
Raisee Street-Smart Child	Movie: Toys (1992)	Robin Williams, Michael Gambon	Movie: City of Joy	Patrick Swayze	Movie: PG-13	Movie:				
(45) Movie: The Nutcracker	Prince 'G'	Movie: Spacehunter: Adventures	Movie: Westworld	Yul Brynner	PG	Movie: Nothing-Com				
News	Club Dance	VideoPM				VideoPM	Club Dance			
Home	Pat Can.	Great Chefs	Cuisine	Graham K.	Cholesterol	Easy	Homeworks	Home	Pat Can.	Animals
Rockford	Columbo	Mrs. Columbo				Police Story			Rockford Files	
Queens	Our Home	Thirtysomething				Movie: Lady in the Corner (1989)	Loretta Young	** 1/2	Supernat.	Shop-Drop
Billards	Motorcycle Racing: AMA	MotorSports Hour	Race Report	Probe	Get Fit	Triathlon	Americana	Outdoors		
CHPs	Movie: Texas (1941)	William Holden, Glenn Ford	Movie: The Texan (1966)	Audie Murphy	**	Bugs Bunny's All-Stars				
Lease	Gumby	Bulfinch	Hey Dude	Weinerville	Beetjuice	Crazy Kids	Salute	Temple	Looney	Looney
Scrabble	Pyramid	Pyramid	Press Luck	Rata	Cassers	Scrabble	Quicktalker	Free 4 All	Turtles	Turtles
Dos Dianas	La Mujer Prohibida		Canizas y	Cristina	Primer Impacto		Candido P.	Notic. Unl.		
Cooking	H. Dupree	Great Inns	Cookbook	Kitchen	Capria's	Cooking	Yan Cooks	Homebodies	Furniture	
Shirtless	Down W/ Droopy D	Back-Beard	Flintstones	Plastic Man	Valley-Dino.	Super Adventures			Dark Water	Comfurns

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
Movie: Prehysteria	Austin O'Brien	PG	Flintstones	Movie: Mr. Hobbs Takes a Vacation	James Stewart	Movie: Show Boat	Kathryn Grayson			
News	Cops	Mad-You	Wings	Seinfeld	Frasier	Dateline	News	(35) Tonight Show		
MacNeil/Lehrer Newshour	Sci. Frontiers	Mystery!				Legacy	Computer	Charlie Rose		
B. Hillbillies	Sanford	(95) Movie: The Man With the Golden Gun (1974)	Roger Moore	** 1/2						
News	Wh. Fortune	Movie: Matlock: The Haunted (1993)	Andy Griffith	Primetime Live						
Lifestyle	Take 2	Joy-Music	Campbell	Person to Person		Invitation to Life				
Night Court	Jefferies	Major League Baseball Houston Astros at Chicago Cubs								
News	Married...	In the Heat of the Night	Eye to Eye			Picket Fences	News	Highlander: The Series		
Roseanne	M*A*S*H	Simpsons	Shined	In Color	Bakersfield	Star Trek: Next Gener.	M*A*S*H	Golden Girls	Late Show	
Sportstr.	Sphedweek	Auto Racing Thursday Night Thunder				Motorworld	Baseball	Sportscenter	Baseball	
Waltons	Young Riders									

To Your Good Health

DEAR DR. DONOHUE: Three months ago, my 8-year-old was diagnosed with Legg-Calvé-Perthes disease. He had never had a serious hip injury. He has been in a brace since the diagnosis, but there is no improvement in the hip so far. I am very concerned. Can you tell me what is left to do in such cases? — T.W.

ANSWER: Briefly, Legg-Calvé-Perthes (LEG-kal-VAY-PER-tez) disease — named for three investigative doctors — involves a sudden disruption of blood supply to the top part of the hip. It affects children for the most part. We can't say what causes it.

The disease frequently causes a limp, stiffness and pain. The severity of symptoms corresponds to the degree of circulation loss and bone deterioration.

I know how disheartening it is to have a youngster with such a problem.

Hip rest in a brace is standard treatment. Otherwise, only time and restoration of blood supply will permit establishment of new bone to replace what has been lost.

Three months seems an eternity, I know, but medically it is too soon to evaluate the full effect of your son's treatment. That can take more than a year.

In time, if healing fails to occur, options can be widened to include surgery to speed things up. The boy's doctor should be able to answer all such questions for you.

DEAR DR. DONOHUE: I get severe pain in my lower abdomen area. It comes on about a week after my period. I've had D and C done, also scoping of the ovaries. I have also been told I have irritable bowel syndrome, too. Are all these things related? My present doctor wants me to go on birth-control pills, but I am resisting that. — L.Y.

ANSWER: Some women with irritable bowel syndrome do get increased severity of symptoms timed somewhat to their menstrual cycles and the hormonal changes that occur then. Is your abdominal pain the crampy kind? Pain like that is typical of IBS, along with bloating and alternating diarrhea and constipation.

Let me suggest the possibility of endometriosis, which can cause abdominal pain with monthly hormonal changes. The endometrial deposits are actually transplanted bits of shed uterine lining. That tissue also re-

sponds to hormone cycles. Such shed tissue can migrate widely, even to the small or large bowel, producing symptoms there.

Don't dismiss the contraceptive pill idea. It might explain hormone-related bowel woes and other such problems.

I'm sending you my colitis booklet. Others can order a copy by writing: Dr. Donohue — No. 6, Box 5539, Riverton, NJ 08077-5539. Enclose \$3 and a self-addressed, stamped (52 cents) No. 10 envelope.

DEAR DR. DONOHUE: In discussing bone weakening you advised use of estrogen supplements to prevent it. You also said concern over breast cancer was "largely misplaced," that the risk was practically nonexistent. I had surgery for malignant breast. Doctors have me on Nolvadex, an estrogen suppressor, probably for life. I also have bone thinning. Do you advise my stopping the Nolvadex? — J.G.

ANSWER: Do not stop the Nolvadex.

You are right in noting that estrogen can foster growth of certain breast cancers, so-called estrogenic types. Nolvadex — tamoxifen — inhibits that effect.

I sense confusion. It is most unlikely that estrogen would initiate breast cancer. However, once cancer has developed, estrogen can stimulate its growth.

Follow your doctor's orders. You might want to ask about taking calcium supplements to help the bones. Quitting smoking and getting exercise also helps foster strong bones.

DEAR DR. DONOHUE: My second try. My older son came down with "C. difficile" and was hospitalized. A month or so later, another family member, a baby, came down with the same. Please explain this illness. Are the two incidents related? — B.O.

ANSWER: Clostridium difficile is a bacterium that causes a special kind of bowel inflammation, one that almost always appears as a result of recent antibiotic use. When an antibiotic wipes out other digestive-tract germs, C. difficile begins multiplying crazily.

Trouble follows any such germ population explosion, including the chief symptom: diarrhea.

Other antibiotics can snuff out the population explosion and permit the intestinal bacteria balance to return.

Flame Fellowship to meet

The Rev. Curtis Wood will be the guest speaker at the Hereford Flame Fellowship meeting at 7:30 p.m. Thursday at the Hereford Community Center. The public is invited to attend.

Rev. Wood is pastor of the Grace Fellowship of Dimmitt and has been preaching for 14 years. He has successfully traveled as an evangelist and has pastored two churches in eastern New Mexico.

In addition, Rev. Wood has served for a year as pastor of evangelism and outreach at First Assembly of God in Clovis, N.M. He has also served as program director at KIJN in Farwell. He and his wife, Susan, have three children: Dustin, Jeremy and Heather.

Tips for a sun-savvy summer

If your plans for this summer include spending time outdoors, it's critical to be aware that even brief exposure to the sun or spending time outdoors on an overcast day can lead to serious skin damage.

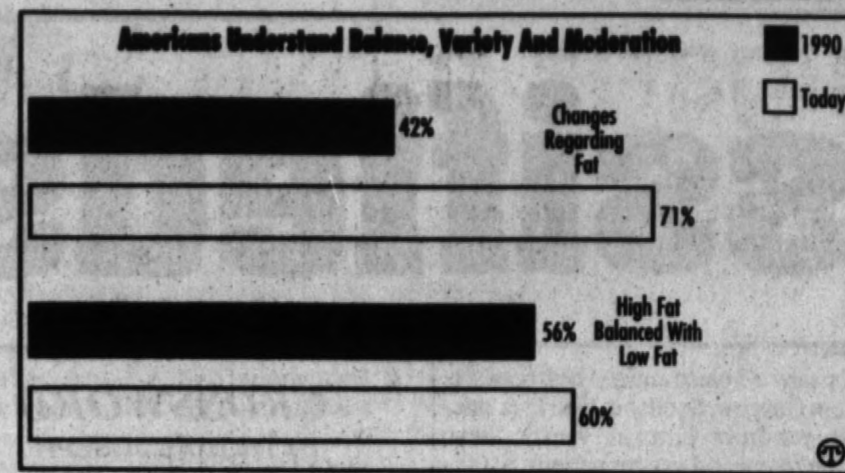
To help you better protect yourself and your family from the dangers of the sun, here are some tips:

-Sand reflects 25 percent of UV light and water reflects five percent of UV light. Don't make the mistake of thinking that a beach umbrella offers all the protection you need—wearing sunblock is still a must!

-Pay special attention to "hot" spots such as ears, lips, nose, feet and backs of knees when applying sunblock.

-Apply your sunblock 30 minutes prior to heading outside. This will allow your skin to absorb the product and provide you with better protection.

-Opt for sun care products that address your specific sun protection needs.



Americans have healthy attitude about eating

Here's some food for thought: Balance, variety and moderation are key to a healthy diet, say most Americans responding to a Gallup survey.

Americans are very confident in their ability to select a healthy diet, say the American Dietetic Association (ADA) and the International Food Information Council (IFIC), the survey sponsors.

-Seventy-one percent have made changes regarding fat in their diets—up from 42 percent in 1990, when a similar survey was conducted.

-Sixty percent agree that higher fat foods can be a part of a healthy diet when balanced with low fat choices—up from 56 percent in 1990.

-Ninety-two percent know that controlling serving sizes of the foods they eat is important.

-Most believe that what they eat may affect their future health. For example, 80 percent believe that

eating lots of fruits and vegetables can reduce your risk of cancer.

Surprisingly, some nutrition misconceptions are quite common. Sixty-seven percent believe that there are "good" foods and "bad" foods, although experts advise that there are only "good" and "bad" diets. Also, 69 percent believe that all foods should contain less than 30 percent of calories from fat. The actual recommendation of 30 percent of calories from fats is for the total diet, not individual foods.

The survey found most people get information about food and nutrition from sources such as newspapers, magazines and television. For in 10 adults say they seek out additional information when they hear or read conflicting nutrition reports.

Americans' healthy attitude extends to exercise, with 97 percent saying they believe physical activity is important to maintaining health.

Scholarship recipients named

The West Texas A&M University T. Boone Pickens College of Business recently announced scholarship recipients for the 1994-95 school year. Scholarships totaled \$41,500 to undergraduate and graduate students.

Receiving scholarships from Hereford included: Christie Culp, a senior accounting major who was awarded a W. F. Haggard Scholarship; Sherri Harrel, a sophomore CIS major who was presented a Rural

Electric Scholarship; Carol Hund, an entering freshman undeclared major who was given a Don Fraser Memorial Scholarship; Regina Lewis, a senior accounting major who was awarded a Levi W. Cole Memorial Scholarship; and Jenny Parker, an entering freshman undeclared major who was given a T. Boone Pickens College of Business Scholarship.

"The general overall criteria for the scholarships was academic excellence and involvement in departmental activities," Sue Taylor, chairman of the scholarship selection committee and instructor of computer information systems (CIS), said.

The world's tallest tree is located in Redwood National Park in California.

Senior Citizens

LUNCH MENUS

THURSDAY—Beef macaroni and tomato casserole, seasoned squash, buttered spinach, carrot and raisin salad, cake.

FRIDAY—Catfish fillet, baked potato, okra and tomatoes or green beans, coleslaw, lemon ice box dessert.

MONDAY—Mexican stack, pinto beans, Spanish rice, salad fixings, peaches and cookies, tostados.

TUESDAY—Pork roast, glazed sweet potatoes, turnip greens, garden salad, apple pie.

WEDNESDAY—Chicken strips with gravy, mashed potatoes, peas and carrots, jellied citrus salad, fruit cobbler.

ACTIVITIES

THURSDAY—Stretch and flex 10-10:45 a.m., oil painting 9-11 a.m. and 1 p.m., choir 1 p.m., water exercises.

FRIDAY—No line dance, water exercises, HSCA board meeting noon.

SATURDAY—Games noon until 4 p.m.

MONDAY—No line dance, devotional 12:45 p.m., water exercises.

TUESDAY—No stretch and flex, water exercises, Beltone hearing 1-4 p.m.

WEDNESDAY—No stretch and flex, water exercises, ceramics 1:30 p.m.

Sanders honored

Lori Sanders was named to the North Central Texas College Dean's Honor List.

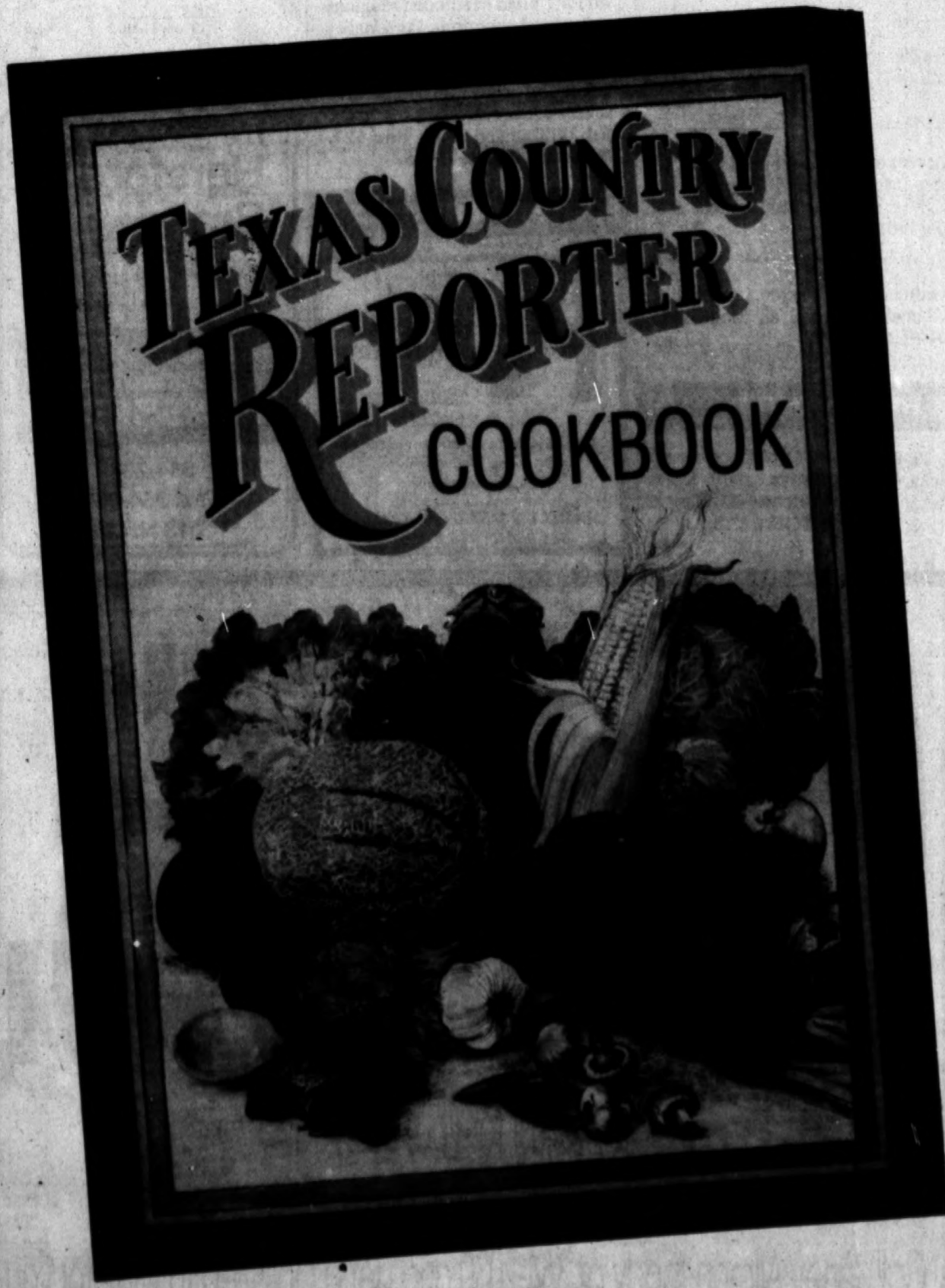
Sanders attained a grade point average of higher than 3.50 for the spring 1994 semester.

The Federated Boys' Clubs, the forerunner of the Boys' Clubs of America, was organized in 1906.

T.E. Lawrence, better known as "Lawrence of Arabia," died in 1935 after a motorcycle accident.

From the people who brought you "The Roads Of Texas"....

Let us show you a Texas you've never TASTED before!



Texas Country Reporter Cookbook...

the cookbook everyone is talking about!

- 256 pages of easy-to-prepare recipes from the viewers of the popular TV show hosted by Bob Phillips
- Features interesting quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds
- A GREAT GIFT!

Available now at
THE Hereford Brand

\$13.95 plus tax

Classifieds

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee, to place your classified advertising. We reach thousands every day!

The Hereford Brand
 Since 1901
Want Ads Do It All!
 You Want It,
 You Got It!
CLASSIFIEDS
 364-2030
 Fax: 364-8364
 313 N. Lee

CLASSIFIED ADS
 Classified advertising rates are based on 16 cents a word for first insertion (\$3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	.16	3.00
2 days per word	.28	5.00
3 days per word	.37	7.00
4 days per word	.46	9.00
5 days per word	.55	11.00

CLASSIFIED DISPLAY
 Classified display rates apply to all other ads not set in solid-word lines—those with captions, bold or larger type, special paragraphing, all capital letters. Rates are 4.35 per column inch; 3.65 an inch for consecutive additional insertions.

LEGALS
 Ad rates for legal notices are same as for classified display.

ERRORS
 Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers an additional insertion will be published.

1. ARTICLES FOR SALE

Wood Trusses - For Sale
 Large quantity, 2x6 with 4x12 pitch, 36 ft. span. 2x4 with 4x12 pitch, 25 ft. span. See at: Hamby Rental, South Hwy 385, Day-364-3466, Night-364-4977.

A Great Gift!!! Texas Country Reporter Cookbook -- the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. \$13.95 at Hereford Brand. 17961

Repossessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

The Roads of Texas and The Roads of New Mexico are for sale at The Hereford Brand in book form. \$12.95 each, plus tax. Discover roads you never knew were there. Hereford Brand, 313 N. Lee. 24757

Lazy Boy lift chair, like new, blue. 364-6598 or 364-6112. 26676

Interiors, 1001 W. Park, offers Waverly Products, lamps, pictures, flooring at discounted prices. Custom fabrication. Design services, visual coordination. 26799

Sears' Craftsman 10" table saw in excellent condition, \$250.00. Call 364-4119. 27006

T-Shirt Corner, 901 E. 1st, do family reunion T-shirts. Hours-Tuesday-Friday, 1:30-6. 27015

Kingsize canopy waterbed, solid wood with 12 drawers. Call 364-4059. 27017

For sale Oat & Triticale big round bales. Average weight 1200 lbs, excellent quality, 276-5239. 27023

NEW GARDEN DELIGHTS
 AT
The Gift Garden
 (In Merle Norman Cosmetics)
 Glynda Turley Fabric Boxes for storage and "Pretty"--new Glynda Turley throws, and Glynda Turley prints... You'll want these for yourself, but they make lovely gifts. We gift wrap.
 220 N. Main • 364-0323

For sale: a 3 piece antique bedroom set from Glasgow, Scotland. One lg & one sm. wardrobe & a sm. vanity. Very attractive wood veneer pattern. \$400. Ph. 364-1530 27029

2. FARM EQUIPMENT

Caterpillar, 9,000 gal. waterwagon. Set up for feed lot use. Front engine, 3306 Cat, less than 75 hours, back engine, 3208 Cat, less than 100 hours. Contact Mike Kerr of Britt Pounds at Yellow House Machinery in Amarillo, 335-1681.

SEED WHEAT CLEANING
 And Treating, Bagged or Bulk, Storage Available
 Gayland Ward Seed
 258-7394

For sale: Feedgrinder Call 364-8521. 2,600. 27003

For sale: Wheat and/or triticale round bales. Call 578-4335 or 364-0415 and Leave message. 26917

Moving sale: Thursday & Friday 8-4, next to Frio Baptist Church. King water bed, sheets, couch & love seat, stereo, desk, freezer, riding mower, clothes & lots of misc. 7 Miles South on F.M. 1055. 27027

3. VEHICLES FOR SALE

MUFFLER SHOP
CROFFORD AUTOMOTIVE
 Free Estimates
 For All Your Exhaust Needs
 Call: 364-7650

Donate Vehicles, RVs, Boats, Jewish Heritage for the Blind, Tax deductible, free towing, need not run, 1-800-2-Donate 26825

For sale 1985 Oldsmobile Firenza standard with sunroof 1200.00. 276-5269. 26936

1993 Toyota T100, 21,000 miles, blue with cowboy sleeper. 258-7501. 27030

MUST SELL! '93 Lincoln Town Car, executive series, leather, keyless entry system, power windows, power door locks, tilt steering wheel, cruise control, am/fm stereo cassette, w/seek & scan, and much more, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments, call Alice Roder in The Credit Department, Frio Motors, 806/247-2701

MUST SELL! '93 Ford Aerostar, XLT, extended van, 7 passenger seating, power windows, power door locks, front & rear air conditioning, cruise control, tilt steering wheel, am/fm stereo cassette, and much more, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments. Call Kim Humphrey in The Credit Department, Frio Motors, 806/247-2701

MUST SELL! '92 Mitsubishi Galant, 4-door, automatic transmission, air conditioning, power door locks, power windows, tilt steering, cruise control, am/fm stereo cassette, rear window defroster, tachometer and much more, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments, contact Alice Roder in The Credit Department, Frio Motors, 806/247-2701

4. REAL ESTATE

Before you buy a mobile home, Give Backus Classic Homes A Look. You might be surprised! 1-800-260-7481 25878

CROSSWORD
 by THOMAS JOSEPH

ACROSS

1 Puerto	39 Poe's bird
5 Bible book	40 Not nuts
9 The Gem State	41 Choose not to bid
11 Done in	DOWN
12 Spook player	1 Peels
13 Hsing-Hsing, for one	2 Lunk-heads
14 Buck's mate	3 Entered
15 Big party	4 Discovery cry
17 English cheese	5 Actor
19 "Miserables"	6 Taper
20 Villain's look	7 Cleaned up
21 Blushing	8 Catches
22 Stand	10 Raw bar choice
24 Drain of vigor	11 Whirl
26 Exciting qualities (sl.)	16 Distant sight
29 Queen Latifah's music	18 Bound
30 Missed opportunities	20 Villain's look
32 Penny inscription	21 Blushing
34 Game cube	22 Stand
35 Jingle creator, for short	24 Drain of vigor
36 Cream of the crop	26 Exciting qualities (sl.)
38 Attire	29 Queen Latifah's music

Yesterday's Answer

21 Monopoly	rooms
29 Byways	part
30 Camera	31 Many
32 Lawyer's job	33 Trip
37 Trip	around the track

STUMPED? For answers to today's crossword, call 1-800-454-7377 199¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

Moving to Lubbock or need a house for children attending Texas Tech University? Nice 3/2/2 in South Lubbock available for sale immediately. Has isolated master suite, new air conditioner and roof, large yard. Call 364-6701 or 806-793-5163 26129

14x70 Patriot Mobile Home, in need of repair, to be moved. Best offer. Call 364-2934 for appointment or more detail after 7 p.m. 26992

Non-qualifying loan, 3 bd, 1 1/2 bath, owner would consider a 2nd on the balance of the equity. Negotiable terms, priced in the 20's. Call Don C. Tardy, Co. 364-4561. 27020

DIAMOND VALLEY MOBILE HOME PARK
 Lots Located on Sloux, Cherokee St., G&H Office Space-415 N. Main w/Janitor service & utilities Store Front Building for lease, 3500 sq. ft. 421 N. Main Doug-Bartlett - 415 N. Main 364-1483 - Office 364-3937 - Home

LEASE
NORTH GATE PLAZA SHOPPING CENTER
352-8656

5. HOMES FOR RENT

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Best deal in town, furnished 1 bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

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NOTICE TO BIDDERS
The City of Hereford, Texas, will receive sealed proposals addressed to the Honorable Mayor and City Commission of the City of Hereford, Texas, at City Hall, 224 N. Lee, St., Hereford, Texas until 10:00 A.M., Tuesday, July 19, 1994, for construction of Buena Vista Park Water Supply Wells including all plant, labor, material and equipment and performing all work required for construction. Copies of the Bid Documents are on file at City Hall, City of Hereford, Texas, and are on file and may be secured from McMorris & Associates, Inc., Consulting Engineers, 6300 Canyon Drive, Amarillo, Texas, 806-352-2796, upon a deposit of \$50.00 as a guarantee of the safe return of the plans and specifications. Bids shall be submitted in sealed envelopes and marked in the lower left hand corner. The right is reserved to reject any and all bids and to waive any informality in bids received.
CITY OF HEREFORD, TEXAS
By: Chester R. Nolen
City Manager

AXYDLBAAXR
is **LONG FELLOW**
One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

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FSIA, IBQ WUJUPZ JULDUEQ
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LBPOUA.—UPGUJQ CMGGNJA

Yesterday's Cryptoquote: IF YOU WOULD WIN A MAN TO YOUR CAUSE, FIRST CONVINCE HIM THAT YOU ARE HIS SINCERE FRIEND.—A. LINCOLN

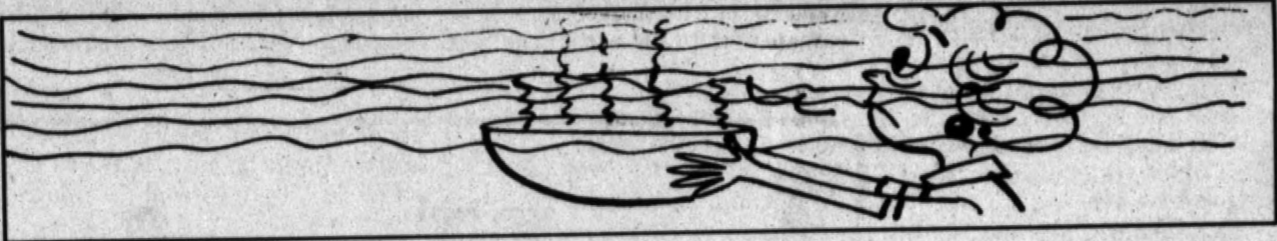
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KENNEBUNKPORT, Maine (AP)
- Former President Bush will hold a \$1,000-a-person fund-raiser at the family's seaside estate, and you're not invited.

The party will raise money for a new town hall. Voters have rejected several proposals because of disagreement over the expense and the location.

"This is a very private party and we have not been asked to involve anybody other than the invitees," said Lawrence Soule, chairman of the town's Building Committee.

Maryline White, an opponent of the proposed town hall, said the fund-raiser "smacks of elitism in its purest form." She said if the committee wants to raise money for the \$600,000 project, "why not have a townwide event and invite everybody?"



A smoke-filled room can be made to smell sweeter sooner if you set in it a bowl containing a cup of water and two table spoons ammonia for a while. Put it where children can't reach it.

President Theodore Roosevelt, an active hunter and sportsman, was once depicted in a cartoon with a bear cub. Soon, toymakers were producing stuffed animals that are still known as "teddy bears."

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Golf can be good for you

WEST LAFAYETTE, Ind. (AP)
- The soldiers of Arnie's Army could have told you, and the Scots probably knew it all along: golf is good for you.

It's a better way to keep trim without wearing yourself down, according to Darlene A. Sedlock, associate kinesiology professor at Purdue University.

That's because it's low in intensity but long in duration. Sedlock figures that an average 150-pound male, walking and pulling clubs for 18 holes, will burn about 1,060 calories.

"That's 600 calories more than if you just stood around doing nothing for four hours - about the time it takes to play a round - and is the equivalent to running six miles," she says.

"On the other hand, if you're riding in a cart with a cooler in the back, it's probably not going to help your health at all."

The American College of Sports Medicine says that the safest and most effective way to lose weight is through moderate means. ACSM recommends activity that will burn about 300 more calories a day than before.

"The best way to keep weight under control is to make little changes in lifestyle," Sedlock says. "Don't make several drastic changes all at once, because you won't be able to stick to it."

So non-frenetic activities like golf help you lose the slower, surer way.

Walking is another good one, Sedlock says; it burns about the same number of calories per mile as running. The average person burns

about 115 calories standing quietly for an hour, she estimates. A good rule of thumb is to burn about 100 calories per mile to add to that. Thus a 2-mile hour will burn about 315 calories.

She's calculated the calorie burn-off per hour (measured for a 150-pound male) for some other summer activities:

- Croquet, 250 calories.
 - Digging in the garden, 540 calories.
 - Mowing (pushing, not riding), 470 calories.
 - Bicycling at 5.5 mph, 270 calories.
 - Bicycling at 9.4 mph, 420 calories.
 - Tennis, 460 calories.
 - Fishing (while walking and wading), 260 calories.
- People who weigh less than 150 pounds will burn fewer calories; those who weigh more will burn more.
- "In general, just keep physically active and expend those calories," Sedlock says.



The rockets which provided the "red glare" in *The Star Spangled Banner* were the invention of Sir William Congreve.

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Prices effective Tuesday, July 5, 1994.

CATTLE FUTURES				GRAIN FUTURES			
Month	Price	Change	Settle	Month	Price	Change	Settle
Aug	75.00	+0.25	75.25	July	2.25	+0.05	2.30
Sept	74.50	+0.25	74.75	Aug	2.20	+0.05	2.25
Oct	74.00	+0.25	74.25	Sept	2.15	+0.05	2.20
Nov	73.50	+0.25	73.75	Oct	2.10	+0.05	2.15
Dec	73.00	+0.25	73.25	Nov	2.05	+0.05	2.10
Jan	72.50	+0.25	72.75	Dec	2.00	+0.05	2.05
Feb	72.00	+0.25	72.25	Jan	1.95	+0.05	2.00
Mar	71.50	+0.25	71.75	Feb	1.90	+0.05	1.95
Apr	71.00	+0.25	71.25	Mar	1.85	+0.05	1.90
May	70.50	+0.25	70.75	Apr	1.80	+0.05	1.85
Jun	70.00	+0.25	70.25	May	1.75	+0.05	1.80
Jul	69.50	+0.25	69.75	Jun	1.70	+0.05	1.75

METAL FUTURES

Month	Price	Change	Settle
July	380.00	+1.00	381.00
Aug	375.00	+1.00	376.00
Sept	370.00	+1.00	371.00
Oct	365.00	+1.00	366.00
Nov	360.00	+1.00	361.00
Dec	355.00	+1.00	356.00
Jan	350.00	+1.00	351.00
Feb	345.00	+1.00	346.00
Mar	340.00	+1.00	341.00
Apr	335.00	+1.00	336.00
May	330.00	+1.00	331.00
Jun	325.00	+1.00	326.00
Jul	320.00	+1.00	321.00

FUTURES OPTIONS

Month	Price	Change	Settle
July	1.25	+0.05	1.30
Aug	1.20	+0.05	1.25
Sept	1.15	+0.05	1.20
Oct	1.10	+0.05	1.15
Nov	1.05	+0.05	1.10
Dec	1.00	+0.05	1.05
Jan	0.95	+0.05	1.00
Feb	0.90	+0.05	0.95
Mar	0.85	+0.05	0.90
Apr	0.80	+0.05	0.85
May	0.75	+0.05	0.80
Jun	0.70	+0.05	0.75
Jul	0.65	+0.05	0.70

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Abortion foes plan Little Rock protests

LITTLE ROCK, Ark. (AP) - A leader of abortion opponents has pledged not to break "God's law" during protests in Little Rock this week.

But Operation Rescue Director Flip Benham of Dallas made no commitment Tuesday about observing limits set in a new federal law intended to protect abortion clinics from physical blockage.

"We're going to exercise every

means possible to bring the truth about the destruction of little boys and girls waiting to be born in this city," Benham said at a news conference on the state Capitol grounds. "We're going to physically intervene on behalf of these children."

Operation Rescue-National and other abortion opponents said they would begin three days of protests Thursday, including pickets at

abortion clinics and the homes of doctors who perform abortions. Protesters said they also will provide anti-abortion counseling to women who try to enter the clinics.

In other cities, thousands of arrests have resulted since 1987 from the groups' confrontational tactics and attempts to block entrances to abortion clinics.

In May, President Clinton signed into law the Freedom of Access to Clinic Entrance Act, dubbed FACE.

It allows judges to impose jail time and stiff fines on protesters who physically block access to clinics, damage their property, or injure or intimidate their patients or staff.

Benham, a Free Methodist preacher, said Operation Rescue chose Little Rock for demonstrations partly because of Clinton. He accused the president from Arkansas of having "declared war on fetal children."

Benham was noncommittal about whether his group would file a federal suit challenging the new law while the protesters were in Arkansas.

Arkansas Right to Life, an affiliate of the pro-life National Right to Life Committee, has distanced itself from Operation Rescue and the events planned in Little Rock. However, a little-known group helped coordinate this week's events, its director said.

Theresa Qualls, director of Friends of Life, said the group has 50 to 75 members statewide and plans to mobilize about 150 abortion opponents to take part in protests. Benham said he had no idea how many people would participate, but

said he hoped state anti-abortion groups eventually would join in the effort.

Carol Nokes of the Arkansas Coalition for Choice said about 300 pro-choice advocates had been trained to form human walls and corridors to prevent protesters from blocking clinic entrances.

Neither Ms. Nokes nor Benham expected confrontations between their groups to turn violent.

"Their events at abortion clinics are media events. It certainly would not be good press for some of their people to do something violent while the cameras are rolling," Ms. Nokes said.

"We're simply going to stand up for the gospel of Jesus, lift Him up high, establish the truth and provide a defense for children," Benham said. "I would certainly hope that they wouldn't try to hurt us, but they might."

Little Rock police said they were ready to handle confrontations. Lt. Charles Holladay, the police spokesman, declined to discuss the department's crowd-control strategies

but said preparations began as early as 1991 when Operation Rescue listed Little Rock as a possible site for demonstrations.

A blazing sun and temperatures in the mid-90s forced Operation Rescue's afternoon news conference off the Capitol steps to the shade of a nearby tree. Each side in the abortion issue used heated rhetoric to condemn the other.

Wendy Wright of Dallas, Operation Rescue's communications officer, accused pro-choice advocates of "protecting male abortionists who exploit women and kill children for money."

"The action that's important is not so much what's happening outside the abortion mill, as what's happening inside - the slaughter of innocent children and the exploitation of women. That's where the attention needs to be," she added.

Ms. Nokes said Benham's group is "not about abortion. They're about male, white domination from a group who wants their specific interpretation of the Bible to become the law of the land."

Family mourns death of 13 relatives and a friend

LOS ANGELES (AP) - Samuel Lamont Funches missed a family reunion. It saved his life. But he will never see 13 relatives again.

"I still don't believe it," he said. "It's like I'm still waiting for them to come to the door."

Funches' mother was at the wheel of a van heading on a 1,500-mile trip to Mississippi on Sunday when it was rear-ended on a Texas highway and crashed, killing 14 people.

On Tuesday, Funches remembered his family - especially the children - as he sat on a worn plaid chair in the quiet of his mother's two-story stucco home in South Central Los Angeles.

"There was a house full of kids here everyday," said Funches, who lives in nearby Compton. "I would come over and play basketball with the boys and help my mom out."

He didn't join the 18 people who piled into a van last week for the family reunion. Funches said he bowed out because he had visited his Mississippi birthplace only a couple of months ago.

The others were excited, he recalled.

"Most of them had never been outside of California," he said. "They all couldn't wait to go."

The van was about 350 miles short of its destination of Vicksburg, Miss., on Sunday when Claudia Jean Funches, who had pulled onto the shoulder of the highway, tried to reenter traffic.

According to the Texas Department of Public Safety, the van was rear-ended by a tractor-trailer. It went

600 feet down the side of the road and into a guardrail.

Thirteen family members died, along with Katherine Deal, a family friend.

Mrs. Funches, 47, is in good condition with burrs to her back to the backs of her legs. She was to be released today from Parkland Hospital in Dallas, her son said.

Mrs. Funches was driving on a suspended driver's license, the California Department of Motor Vehicles said.

Funches said Tuesday he knew nothing of his mother's driving record.

The three others who survived were Funches' sister, Nicole Funches, 22, and Ricky Wince and Gregory Bell, both 4 years old and sons to another sister, Claudia Belle, who was not in the van.

Still in shock, Funches stared blankly at medical files of foster children his mother cared for, and who all perished.

"Nickolus would always be into something, trying to fix something," he said of the 8-year-old. "One time he had a Walkman totally taken apart."

Also killed were Henrietta Thompson, 30, one of Funches' sisters; and her children, Delmar 7; Tricia, 6; Darren and twin sister Denisha, 5; and foster child Eric, 8 months.

Jovanea, 2, daughter of Nicole, also was killed. She was beginning to talk, her father, Paul Haye, said of his only child as he smoked a

cigarette outside the modest home on Tuesday. Haye is engaged to Nicole Funches.

"Delmar thought he could beat anyone up," Funches added. "But when anyone hit him, he'd cry for his mommy."

Travon Simpson, 10, a foster child and brother of Nickolus, also was killed along with Lashawn Wingfield, 11, son of Nicole, Michael Johnson, 6 and Rochel, 2, another foster child. Ezile Cummings, 1, Claudia Jean's grandnephew, also was killed.

The funerals for the family members will be held in Mississippi Thursday.

"I don't know what I'm going to do," Funches said wearily. "It's going to be hard to get used to the quiet."

Facility closed by state

TEXAS CITY, Texas (AP) - State regulators have shut down a nursing home where a resident died June 11 after a nine-day inspection revealed serious health and safety problems.

The Friday closure of Colonial Care Center, owned by Dayton Healthcare Inc. of Fort Worth, was prompted by a June 21-29 inspection report.

A court-appointed trustee began supervising the transfer of 23 residents to other area nursing homes Friday evening, a department spokesman said. The last patient left the home Sunday.

The resident who died had been found to have a slow heart rate of 36 beats per minute five hours before he died, the report said. A doctor had not been notified at the first sign of trouble, the Texas Department of Human Services found.

The inspection report stated the unidentified resident also suffered an apple-size bed sore on his hip deep enough to reveal bone and muscle.

Human services inspectors documented several problems at the home, including a walkout by some staff members because the administration was unable to meet its payroll. Dayton was four weeks behind on its payroll and still owed employees money from March, said Robert Barron, the home's manager.

The phone number for Dayton Healthcare was out of service Tuesday.

Several residents were bedridden and required regular diagnosis and turning to prevent bedsores. However, the home failed to evaluate residents regularly, leaving some sitting alone for long periods in wheelchairs and rooms, the state report said.

Board probes sexual charges against MD's

AUSTIN (AP) - The state board that disciplines Texas doctors said it is investigating a growing number of complaints of inappropriate sexual advances, suggestions, seduction or even assault by physicians.

The steadily increasing complaints are part of a national trend, according to the Federation of State Medical Boards. In 1992, the most recent year for which statistics are available, federation officials said 42 state boards reported 393 complaints of sexual misconduct against doctors.

In Texas, there have been 113 complaints to the State Board of Medical Examiners so far in the 1990s. There were seven in the 1991 fiscal year, 27 in 1992 and 36 in 1993. So far this fiscal year, which ends in September, there have been 43 complaints.

Of the 113 complaints, board officials said, 48 were dismissed for lack of evidence, 13 led to some punishment, including revocation of license, and 52 are pending.

The examiners board, which licenses doctors, is concerned about the increases and has warned doctors that it will investigate them and punish offenders, said Dr. Bruce

Levy, the board's executive director.

"This board will take these complaints quite seriously," Levy said. "If we can prove the allegations, we'll move ahead to discipline the physicians appropriately, including revoking their licenses."

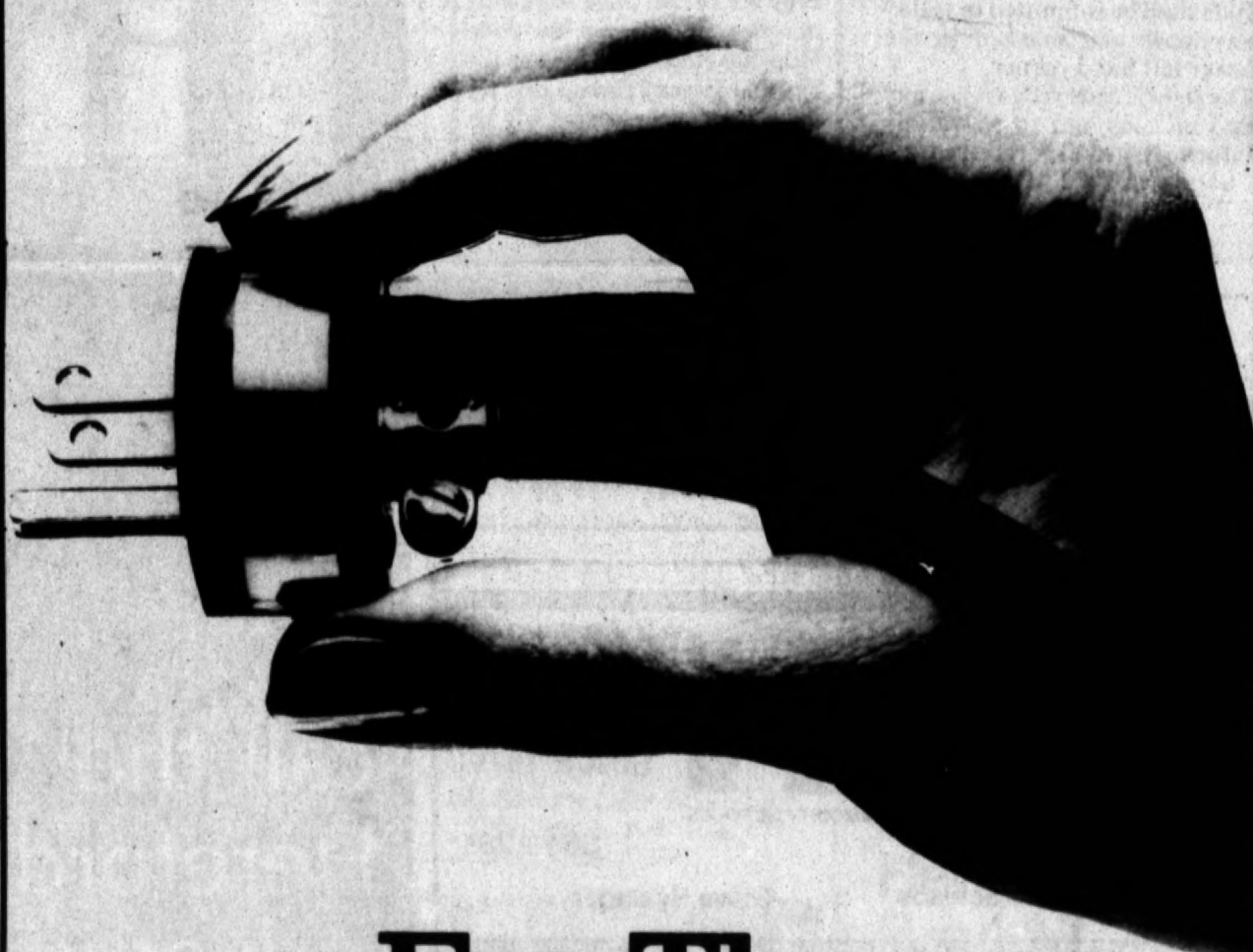
Officials said the board's policy is to prohibit sexual relationships of any kind between doctors and their patients. They said a patient's consent to a doctor's sexual overtures is not a defense.

"The physician," says a policy statement issued by the board, "assumes the role and the power of a benevolent authority. As a result, the doctor-patient relationship is especially vulnerable to abuse."

Tim Weitz, the board's general counsel, said even anonymous complaints will be investigated. He said most so far have involved men doctors and women patients, but a few women doctors also have been accused of sexual misconduct with their patients.

"But the complaints are very, very tough to prove sometimes," Weitz said. "Often it's just one on one."

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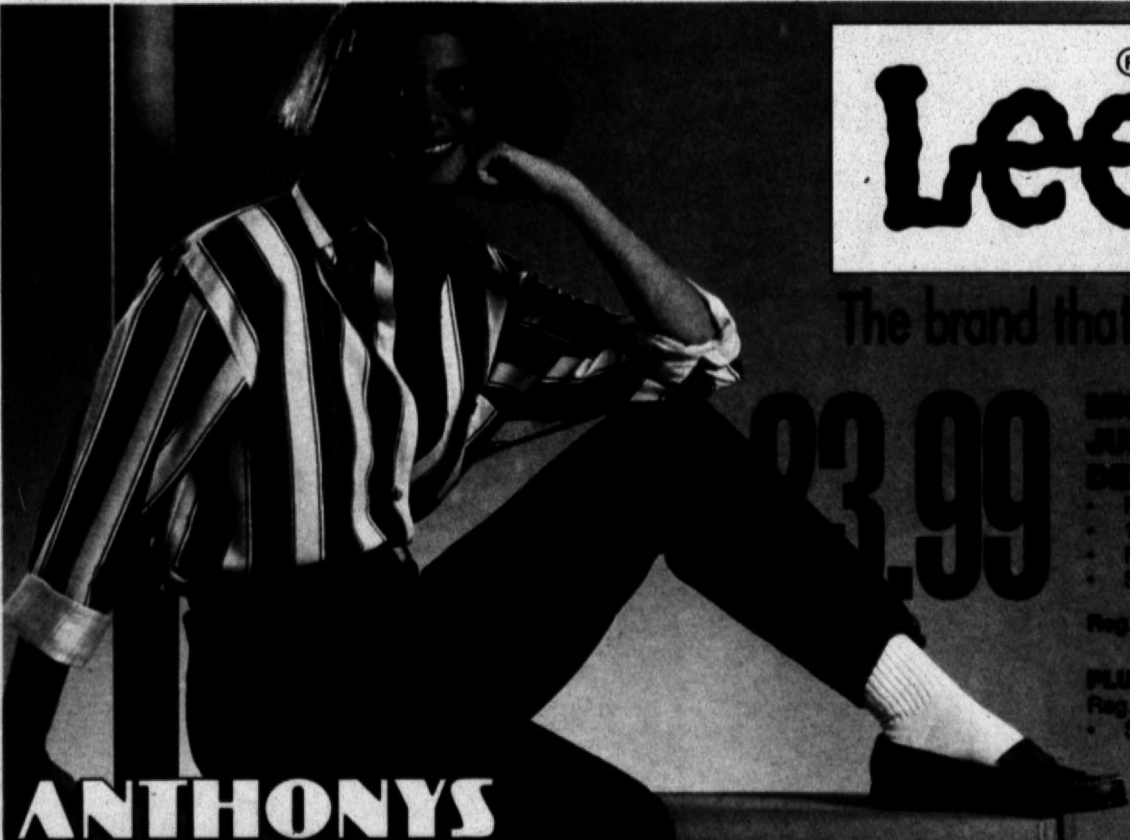
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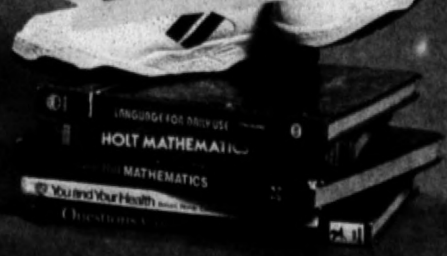
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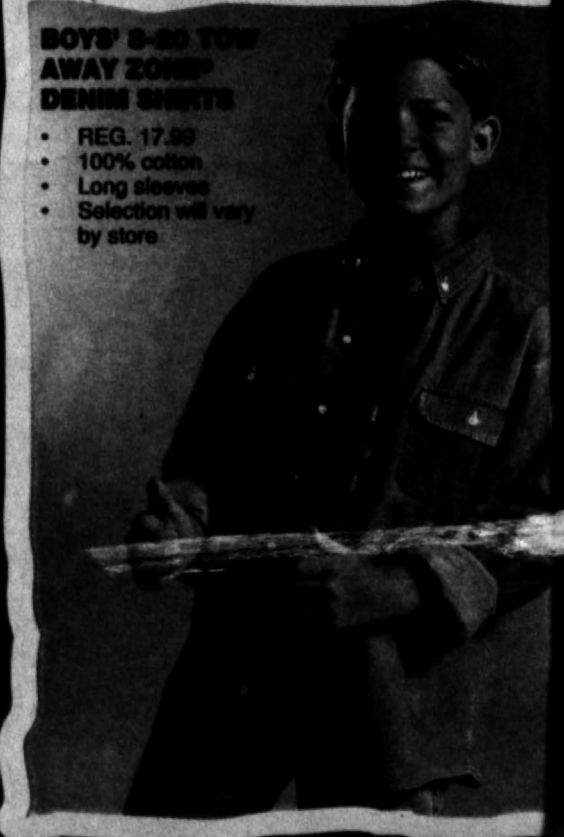
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- Long sleeves
- Assorted colors
- Selection will vary by store



**BOYS' 8-20
COLISEUM®
STRIPED DENIM
SHIRTS**

- REG. 17.99
- 100% cotton
- Long sleeves
- Assorted stripes
- Selection will vary by store



Wrangler

BRAND

12.99

SIZES 4-7, REG. \$16

14.99

SIZES 8-14, REG. \$18

WRANGLER® COWBOY CUT® DENIM JEANS FOR BOYS

- 100% cotton
- Authentic western detailing
- Five-pockets
- Straight leg that fits over boots
- Indigo blue or black

STUDENT

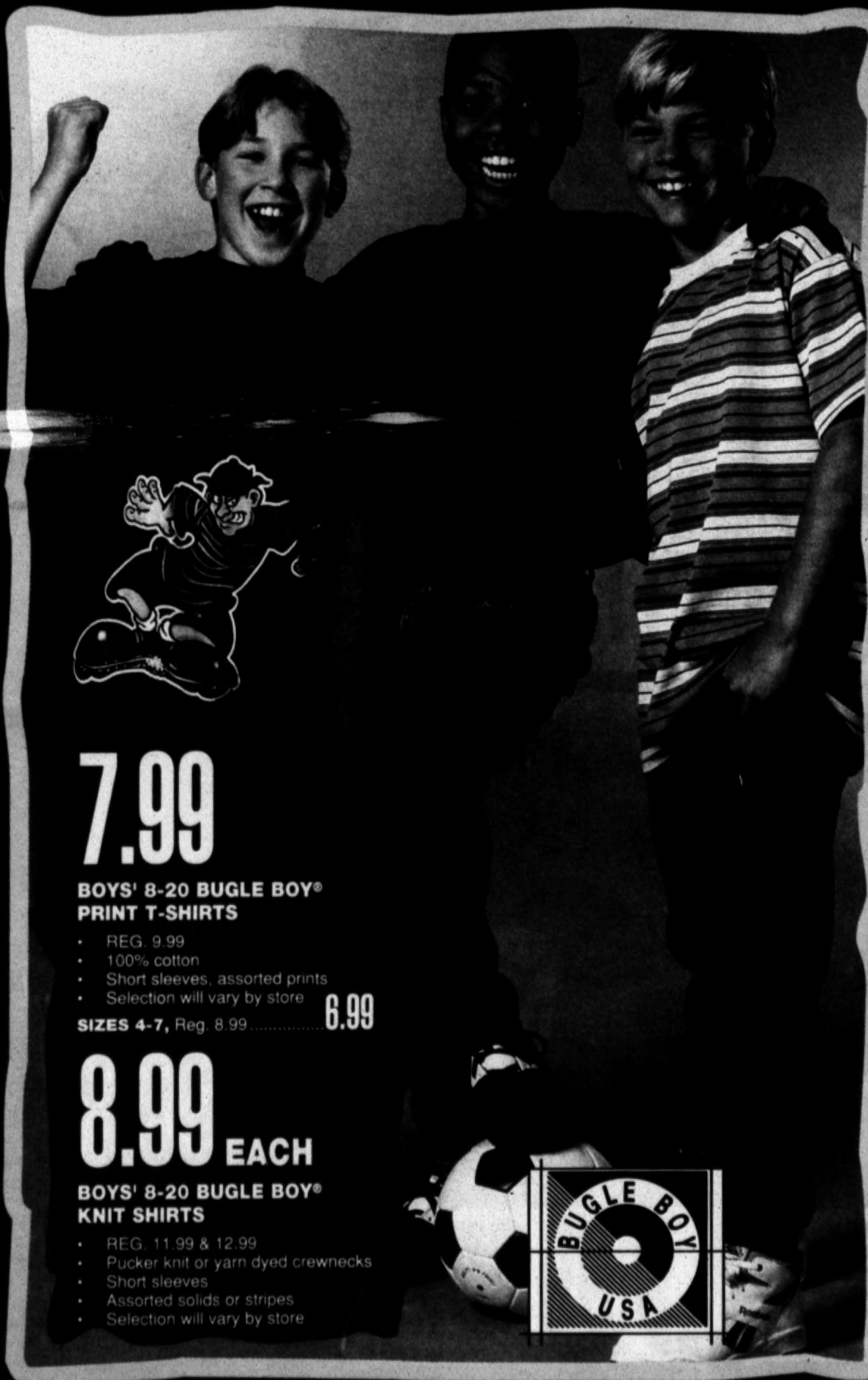
SIZES 25-30

Blue, Reg. \$20

17.99

Black, Reg. \$22

19.99



7.99

BOYS' 8-20 BUGLE BOY® PRINT T-SHIRTS

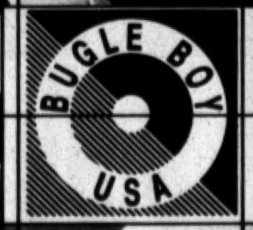
- REG. 9.99
- 100% cotton
- Short sleeves, assorted prints
- Selection will vary by store

SIZES 4-7, Reg. 8.99 **6.99**

8.99 EACH

BOYS' 8-20 BUGLE BOY® KNIT SHIRTS

- REG. 11.99 & 12.99
- Pucker knit or yarn dyed crewnecks
- Short sleeves
- Assorted solids or stripes
- Selection will vary by store





9.99

BOYS' 8-20 FLANNEL SHIRTS WITH HOOD

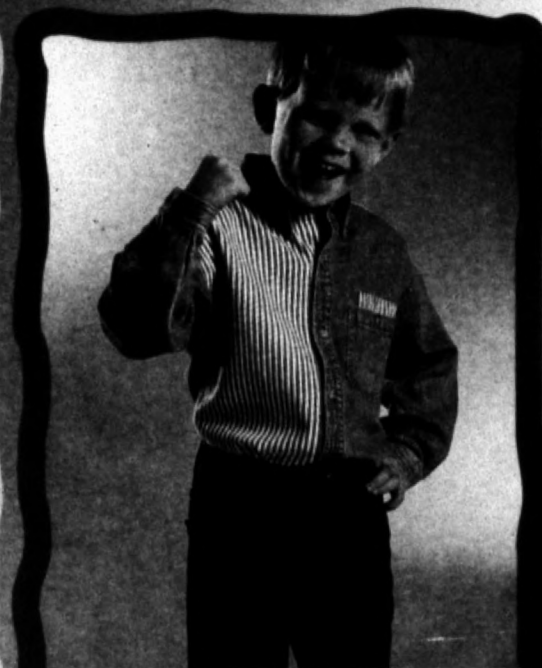
- REG. 13.99
- Flannel body with knit sleeves and hood
- Short sleeves
- Assorted colors
- Selection will vary by store



9.99

BOYS' 4-7 FLANNEL SHIRT WITH HOOD

- REG. 13.99
- Assorted colors
- Selection will vary by store



11.99

BOYS' 4-7 DENIM SHIRTS

- REG. 14.99
- Assorted colors
- Selection will vary by store



11.99

BOYS' 8-20 KORE® POLO STYLE KNIT SHIRTS

- REG. 14.99
- Short sleeves
- Assorted colors
- Selection will vary by store

SIZES 4-7

Reg. 13.99

9.99



12.99

BOYS' 4-7 BUGLE BOY® TWILL SHIRTS

- REG. 16.99
- Assorted colors
- Selection will vary by store



9.99

BOYS' 4-7 HANG TEN® KNIT SHIRTS

- REG. 13.99
- Assorted colors
- Selection will vary by store



14.99

BOYS' 8-16 H.I.S.® DENIM JEANS

- REG. 19.99
- 100% cotton
- Five pockets
- Indigo blue

SIZES 4-7
Reg. 16.99

12.99



10.99

BOYS' 4-7 H.I.S.® DENIM SHORTS

- REG. 13.99
- 100% cotton
- Solids or stripes



10.99

H.I.S.® & CHIC® DENIM JEANS

- REG. 14.99
- 100% cotton
- Elastic waistband

TODDLER 2-4T

**NO DOWN PAYMENT
FREE LAYAWAY
FOR BACK TO SCHOOL**



11.99

BOYS' 8-16 H.I.S.® DENIM SHORTS

- REG. 14.99
- Solids, stripes

Reg. 17.99 ... **13.99**



12.99

GIRLS' 7-14 CHIC® DENIM SHORTS

- REG. 15.99
- 100% cotton
- Five-pockets
- Assorted finishes



14.99

GIRLS' 7-14 CHIC® DENIM JEANS

- REG. 19.99
- 100% cotton
- Five-pockets
- Machine washable

SIZES 4-6X
Reg. 17.99

13.99

OUR LIFE

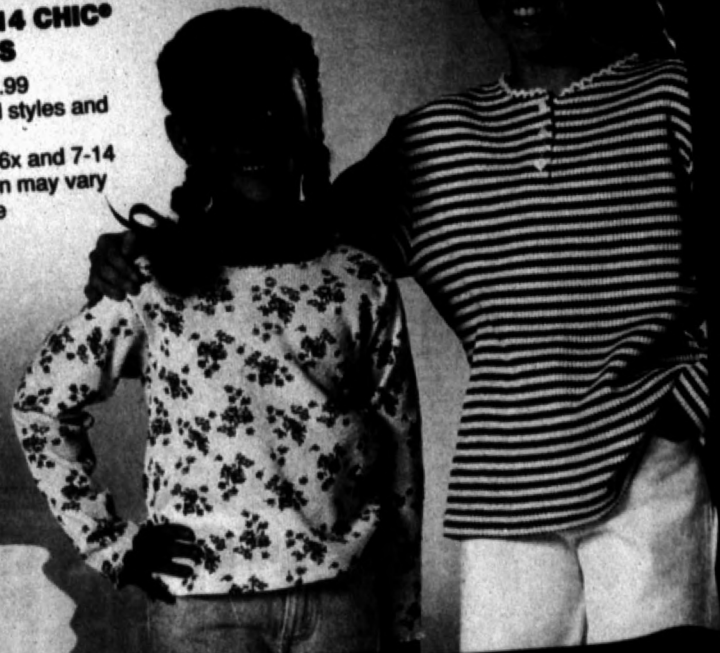
**GIRLS' 7-14 WHO'S
THAT GIRL® SILK
SHIRTS**

- REG. 11.99
- Short sleeves
- Assorted colors
- Selection may vary by store



chic
**GIRLS' 4-14 CHIC®
KNIT TOPS**

- REG. 11.99
- Assorted styles and colors
- Sizes 4-6x and 7-14
- Selection may vary by store

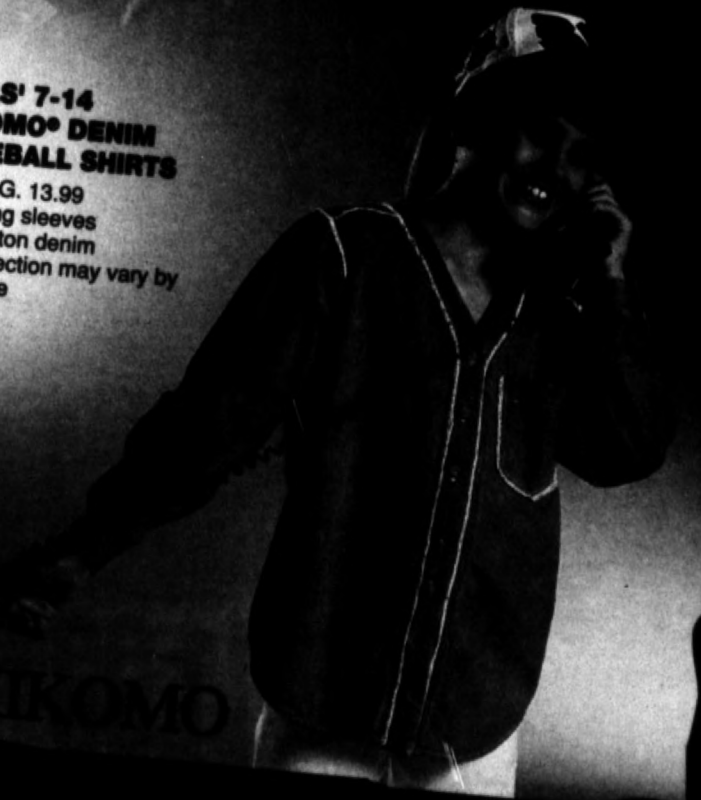


**YOUR
CHOICE**

9.99

**GIRLS' 7-14
KIKOMO® DENIM
BASEBALL SHIRTS**

- REG. 13.99
- Long sleeves
- Cotton denim
- Selection may vary by store



**GIRLS' 7-14
BODYSUITS**

- REG. 11.99
- Assorted styles and colors
- Selection may vary by store

**SIZES 4-6x
Reg. 9.99
(not shown)**

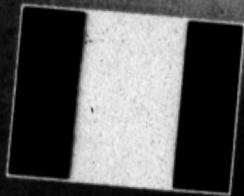
7.99



3.99

**GIRLS' 7-14
SLEEVELESS
MOCK NECK
T-SHIRT**

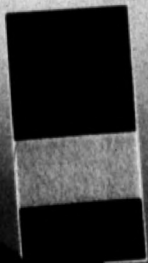
- REG. 5.99
- Assorted colors
- Selection may vary by store



3.99

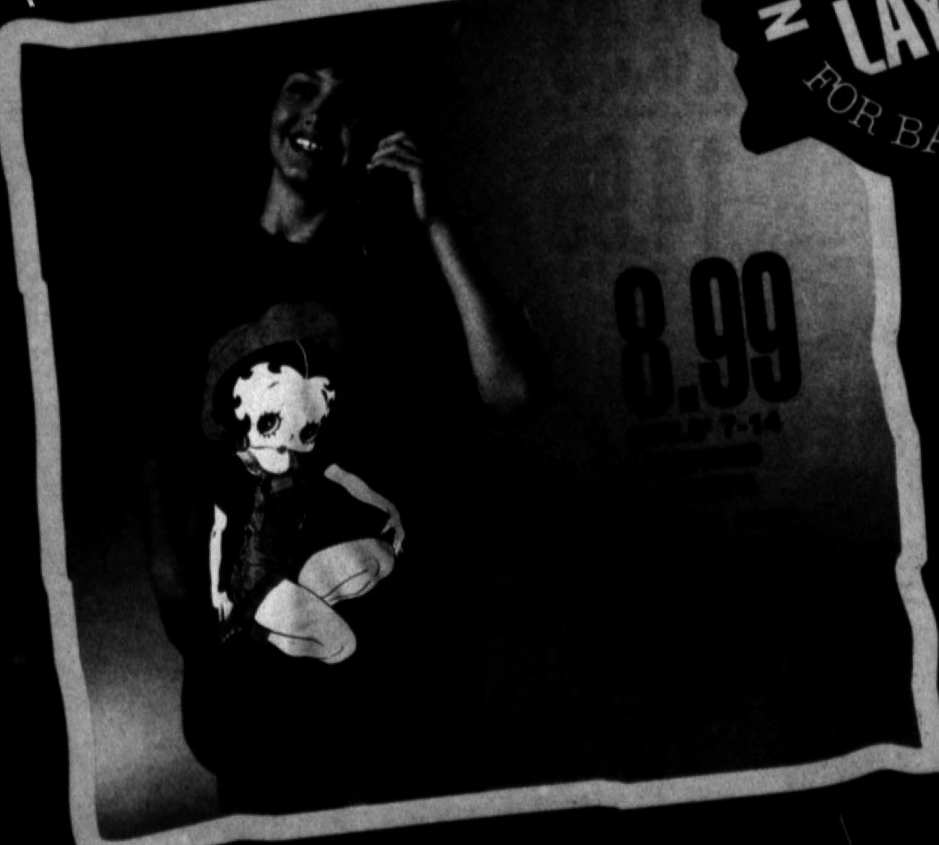
**GIRLS' 4-14
POCKET T-SHIRTS**

- REG. 3.99 & 4.99
- Short sleeves
- Crewneck
- Sizes 4-6x and 7-14



**NO DOWN PAYMENT
FREE
LAYAWAY**

FOR BACK TO SCHOOL



8.99

GIRLS' 7-14

10.99



18.74
Reg. 24.99
Sizes 7-14



18.49
Reg. 21.99
Sizes 4-6x

25% Off
ENTIRE STOCK
4-14 DRESSES
Sizes 4-6x:
Reg. 15.99 to 29.99
Sizes 7-14:
Reg. 15.99 to 32.99
• Selection will vary
by store

25% Off

TOP
10.49
Reg. 13.99



**GIRLS' 7-14 REAL I.D.®
SEPARATES**
• Reg. 11.99 to 17.99
• Sale 8.99 to 13.49
• Short sleeve and
sleeveless tops
• Pull-on shorts
• Assorted colors and prints



SHORTS
8.99
Reg. 11.99

SHORTS
8.99
Reg. 11.99

REALID

4.99 6-Pk.
Reg. 5.99



**GIRLS' 3-PACK
SOCKS**
• Cotton blends
• Assorted colors
• Machine washable

2.89 3-Pk.
Reg. 3.59

2.79

13.99
2-4T, Reg. 17.99

14.99
4-6x, Reg. 19.99



**GIRLS' 2T
AND 4-6X
LITTLE LAURA®
LEGGING SETS**
• Short sleeve tops
• Pull-on leggings
with elastic
waistband
• Assorted colors
and prints





9.99

BACKPACKS

- REG. 15.99
- Assorted styles and colors
- Selection may vary by store

**NO DOWN PAYMENT
FREE
LAYAWAY**
FOR BACK TO SCHOOL



12.99

BACKPACKS

- REG. 19.99
- Assorted styles and colors
- Selection may vary by store



7.99

**JUNIOR
HANDBAGS**

- REG. 12.99
- Three styles with attached wallet

12.99

- REG. 15.99
- Leather, canvas, and fashion fabrics
- Assorted shapes and colors
- Selection may vary by store



10.99

4.99

**CHILDREN'S
BACKPACKS**

- Assorted styles and colors
- Selection may vary

Girl's	Reg. 6.99	8.99
	Reg. 12.99	8.99
Boy's	Reg. 13.99	10.99

Buy 2, Get 1

FREE

ENTIRE STOCK EARRINGS

- REG. \$6
- Selection may vary by store
- Free pair must be of equal or less value



SHORT PANTIES

REG. \$2.99 PAIR
Assorted styles and colors



ANTHONY'S® FOR BASICS

25% off

**ENTIRE STOCK
WOMEN'S BELTS**

- REG. 4.99 TO 12.99
- Assorted styles and colors
- Selection will vary by store



10.99

**TINY TOONS®
SLEEPHIRT**

- REG. 14.99
- Assorted colors
- One size fits most

PANTIES
Reg. 2.99 **2/\$5**



WIRE STOCK ON SALE



64.99

MEN'S SCHIMMAGE MID-IN ATHLETIC SHOES

- REG. 79.99
- Leather upper
- Sizes 7-12



Reebok

51.99

WOMEN'S SATELLITE LOW ATHLETIC SHOES

- REG. 64.99
- Leather upper
- Women's sizes 5-10



**NO DOWN PAYMENT
FREE LAYAWAY
FOR BACK TO SCHOOL**



23.99

MEN'S CLASSIC NYLON ATHLETIC SHOES

- REG. 29.99
- Lightweight nylon upper
- Sizes 7-12



39.99

WOMEN'S NPC ATHLETIC SHOES

- REG. 49.99
- Leather upper
- Sizes 5-10



35.99

WOMEN'S PRINCESS ATHLETIC SHOES

- REG. 43.99
- Leather upper
- Sizes 5-10

ENTIRE STOCK ON SALE

55.99

**MEN'S AIR EDGE
CROSSTRAINER
SHOES**

- REG. \$70
- Leather upper
- Sizes 7-12



**2000
AIR AUTHORITY
ATHLETIC SHOES**

- REG. \$55
- Leather upper
- Sizes 1-6



8.99

SPORT SOCKS

- REG. \$10 & \$11
- Crew and 1/4 styles
- Men's one size



51.99

**WOMEN'S
AIR WINDRUNNER
ATHLETIC SHOES**

- REG. \$65
- Leather upper
- Sizes 5-10



43.99



**MEN'S AIR CONDITIONER
ATHLETIC SHOES**

- REG. \$50
- Leather upper
- Sizes 5-10

39.99



CROSSTRAINER

- Leather upper
- Sizes 1-6

43.99



**WOMEN'S AIR CONDITIONER
ATHLETIC SHOES**

- REG. \$56
- Leather upper
- Sizes 5-10

15.99

**KEDS® CANVAS SNEAKERS
FOR WOMEN AND GIRLS**

- REG. \$22 & 23.99
- Cotton canvas upper
- Assorted colors
- Machine washable
- Women's 5-10, girls' 12 1/2-3



NO DOWN PAYMENT
**FREE
LAYAWAY**
FOR BACK TO SCHOOL

29.99

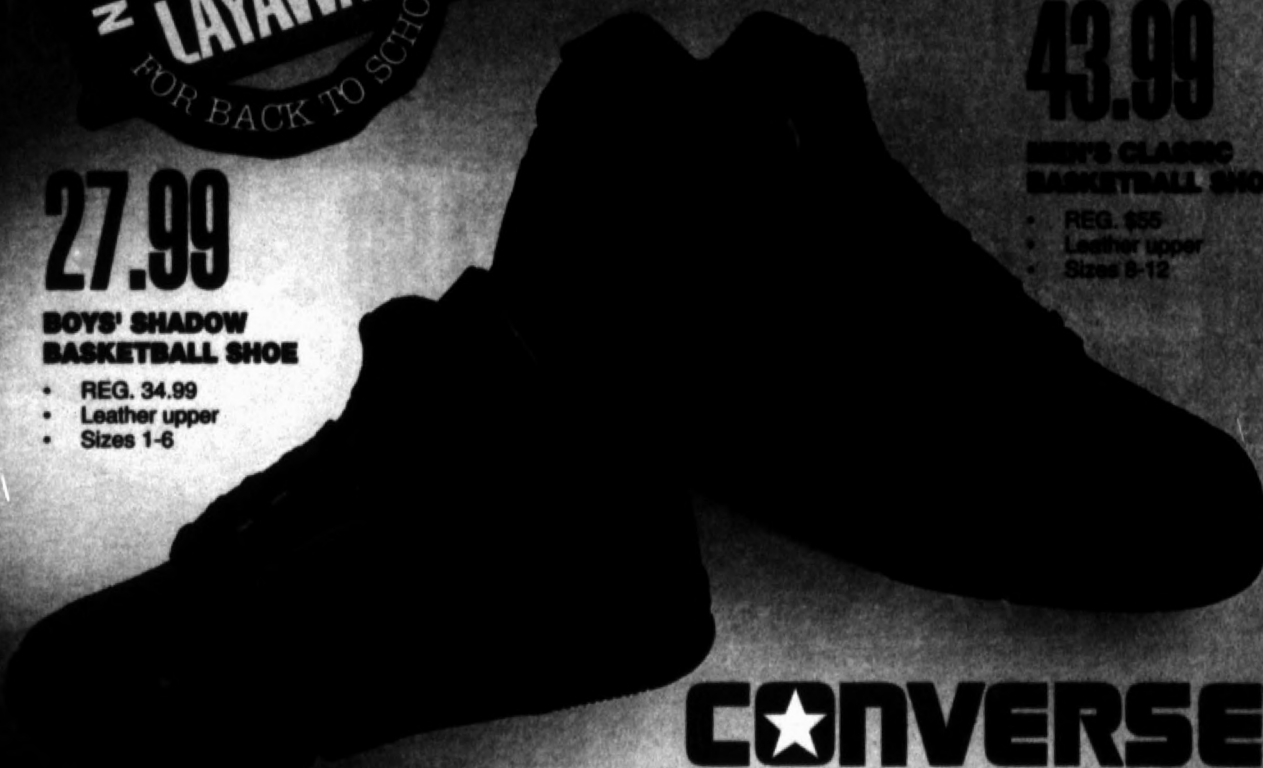
**WOMEN'S KEDS®
LEATHER OXFORDS**

- REG. 39.99
- Leather upper
- White only
- Sizes 5-10

27.99

**BOYS' SHADOW
BASKETBALL SHOE**

- REG. 34.99
- Leather upper
- Sizes 1-6



43.99

**MEN'S CLASSIC
BASKETBALL SHOE**

- REG. \$55
- Leather upper
- Sizes 8-12



9.99

**WOMEN'S ESO®
LEATHER SNEAKERS**

- REG. 14.99
- Soft leather upper
- White only
- Sizes 5-10

★ CONVERSE

Large Group



9.99

MEN'S LICENSED PRINT T-SHIRTS

- REG. 12.99
- Short sleeves
- Assorted prints
- Sizes M, L, XL
- Selection will vary by store

Reebok®



10.99

MEN'S REEBOK® ABOVE THE RIM T-SHIRTS

- REG. 15.99
- Short sleeves
- Assorted prints, M, L, XL
- Selection will vary by store

Mickey® & Looney Tunes®



14.99

MICKEY® & LOONEY TUNES® T-SHIRTS

- REG. 19.99
- Short sleeves
- Assorted prints
- Sizes M, L, XL
- Selection will vary by store



YOUR
CHOICE

16.99

LEATHER &
SUEDE
VESTS

Reg. 29.99

19.99

STRIPES & PLAID
DENIM SHIRTS

- REG. 21.99
- 100% cotton, long sleeves
- Assorted patterns
- Sizes M,L,XL
- Selection will vary by store

PAGE 10
DENIM SHIRTS

- REG. 19.99
- 100% cotton
- Slacks or pants
- Size M,L,XL
- Selection will vary

COLISEUM

**YOUR
CHOICE**

19.99

**COLOR BLOCK
TWEED SHIRTS**

- REG. 24.99
- 100% cotton twill
- Button-down collar
- Assorted colors
- Sizes M-L-XL
- Selection will vary

COLORBLOCK SHIRTS



**J.J. OLIVER® SHORT SLEEVE PIQUE
KNIT SHIRTS**

- REG. 27.99
- 100% cotton pique knit
- Short sleeves
- Soft knit collar, button placket
- Assorted prints
- Sizes M,L,XL
- Selection will vary by store



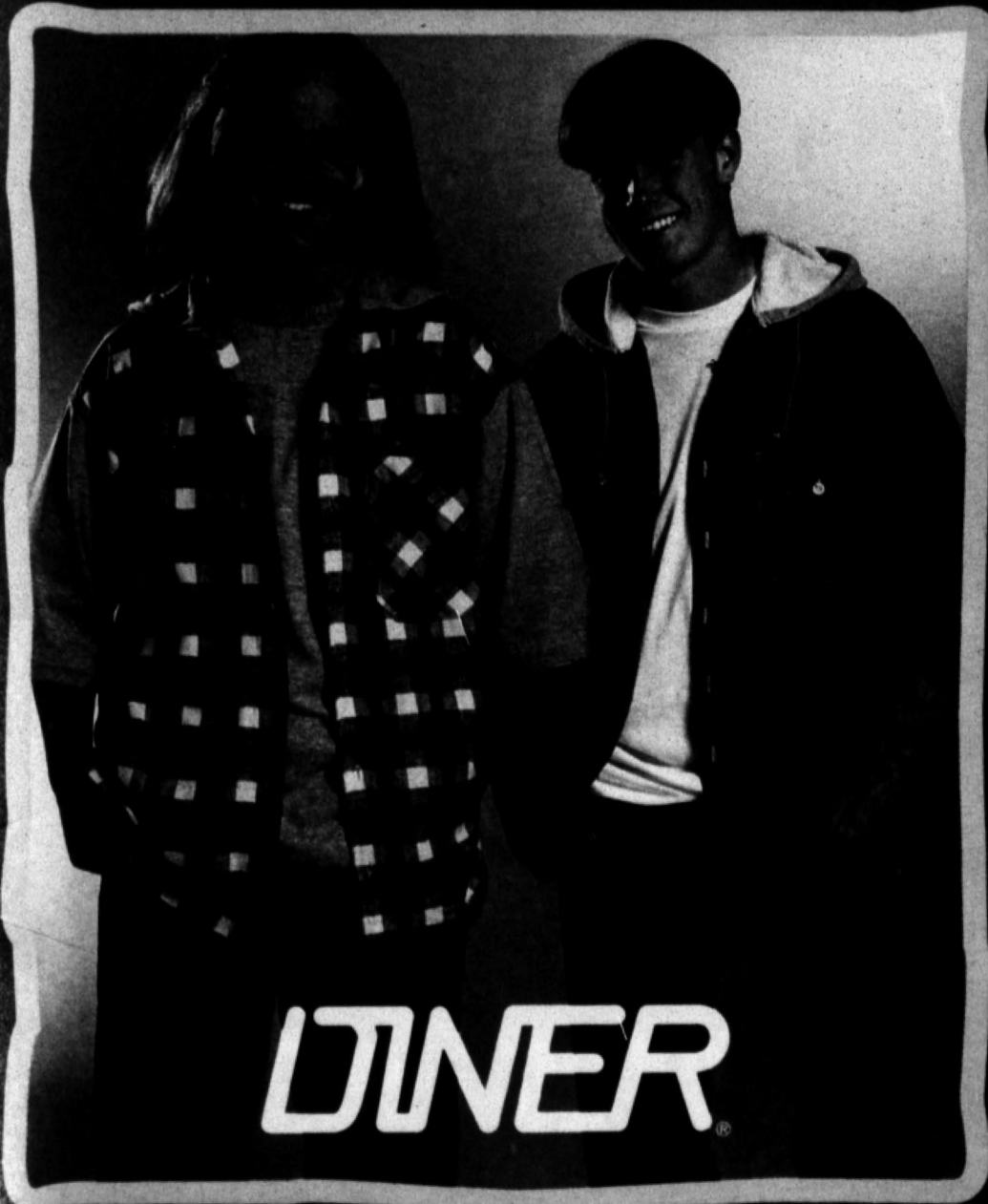
**KNIGHTS OF ROUND TABLE® SHORT
SLEEVE KNIT SHIRTS**

- REG. 27.99
- 65% polyester-35% cotton
- Short sleeves
- Soft knit collar, button placket
- Assorted colors and patterns
- Sizes M,L,XL
- Selection will vary by store

**YOUR
CHOICE** **19.99**

J.J. OLIVER





DINER® HOODED FASHION SHIRTS

- REG. 24.99
- Short sleeve flannel with knit hood or long sleeve denim with fleece hood
- 100% cotton
- Sizes M,L,XL

YOUR CHOICE **19.99**

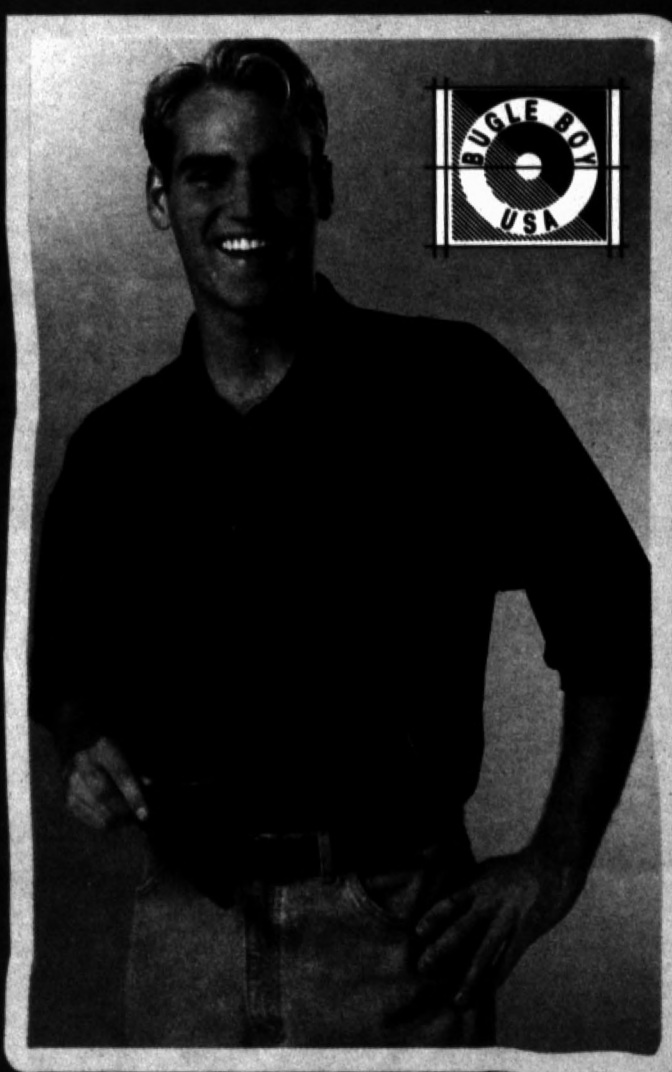
NO DOWN PAYMENT
FREE LAYAWAY
 FOR BACK TO SCHOOL

FADED GLORY® TWILL SHIRTS

- REG. 24.99
- 100% cotton, long sleeves
- Stars and stripes print
- Pockets with flap detailing
- Sizes M,L,XL

FADED GLORY ★
 ★
 ★
 ★
 ★[®]





15.99

BUGLE BOY® PIQUE KNIT SHIRTS

- REG. 19.99
- 100% cotton, short sleeves
- Assorted solid colors, M,L,XL
- Selection will vary by store



24.99

HALIFAX OUTFITTERS® JERSEY KNIT SHIRTS

- REG. 34.99
- 100% cotton, short sleeves, denim collar
- Assorted colors, M,L,XL
- Selection will vary by store



5.99

6-PK. TUBE OR CREW SOCKS

- REG. 7.49 & 7.99
- White
- Men's one size



3/\$6

LOAFER SOCKS

- Assorted colors
- Men's one size

3/\$12

DRESS & CASUAL SOCKS

- Assorted colors
- Men's one size



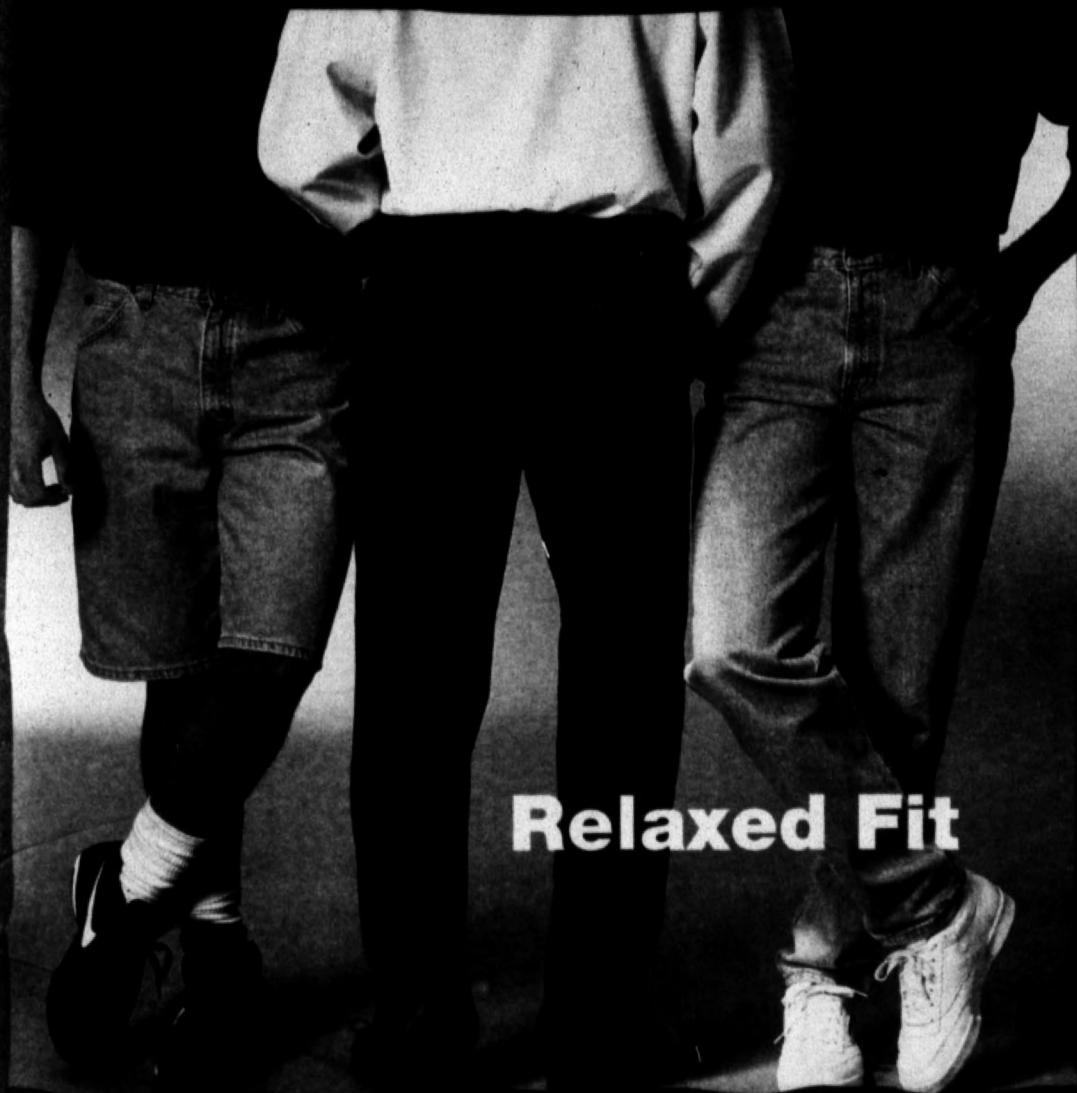
7.99

LOONEY TUNES BOXER SHORTS

- REG. 9.99
- Assorted prints
- Sizes S,M,L,XL

Reg. 14.99

11.99



Relaxed Fit

Shorts

Overdyed Jeans

Triplewash Jeans

16.99

MEN'S H.I.S.® DENIM SHORTS

- REG. 19.99
- 100% cotton
- Five pockets, relaxed fit
- Assorted finishes
- Sizes 28-38

YOUR CHOICE

17.99

MEN'S H.I.S.® DENIM JEANS

- REG. 19.99 & 23.99
- 100% cotton, five pockets, relaxed fit
- Stonewashed blue, euro blue, euro black or bleached denim
- Sizes 29-38

H·I·S®

JEANS THAT FIT YOUR LIFE

25.99

**MEN'S LEVI'S® 501®
PREWASHED BUTTON-FLY
DENIM JEANS**

- 100% cotton
- The original button-fly
- Five-pockets, straight leg
- Indigo blue
- Sizes 29-42
- *Limit 6 pair per customer*

501

Levi's



23.99

**MEN'S LEVI'S® 505®
PREWASHED DENIM
JEANS**

- 100% cotton
- Zipper-fly
- Five-pockets, straight leg
- Indigo blue
- Sizes 29-42

505

Levi's



27.99

**MEN'S LEVI'S® 501®
PREWASHED DENIM
JEANS IN BLACK**

- 100% cotton
- The original button-fly
- Five-pockets, straight leg
- Sizes 29-42
- *Limit 6 pair per customer*

501

Levi's



29.99

**MEN'S LEVI'S® 501®
STONEWASHED DENIM
JEANS**

- 100% cotton
- The original button-fly
- Five-pockets, straight leg
- Blue, bleached and blackened indigo
- Sizes 29-38
- *Limit 6 pair per customer*

501

Levi's



21.99

MEN'S LEVI'S® 550® DENIM SHORTS

- REG. 29.99
- 100% cotton
- Relaxed fit, zipper-fly
- Bleach, black or stonewash blue
- Sizes 28-38

550

Levi's



21.99

MEN'S LEVI'S® DOCKERS® COTTON TWILL CASUAL PANTS

- 100% cotton
- Pleat front, relaxed fit
- Assorted colors
- Sizes 32-42
- Machine wash



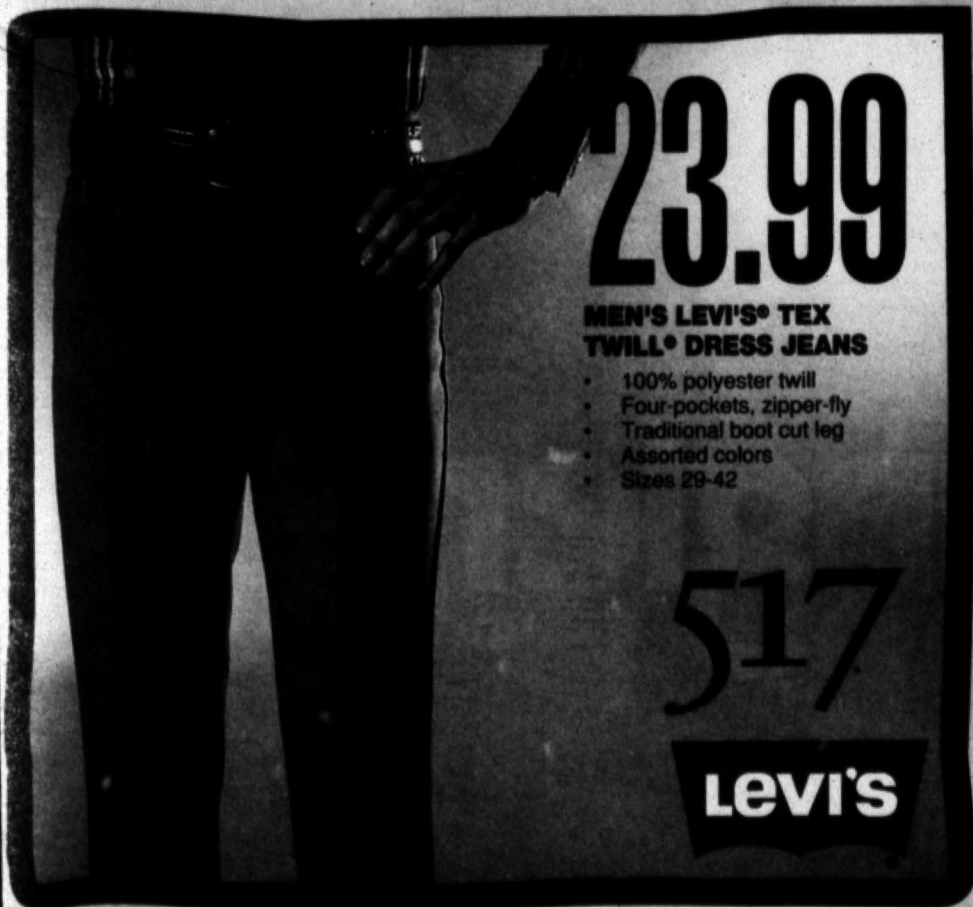
23.99

MEN'S LEVI'S® TEX TWILL® DRESS JEANS

- 100% polyester twill
- Four-pockets, zipper-fly
- Traditional boot cut leg
- Assorted colors
- Sizes 29-42

517

Levi's



23.99

MEN'S LEVI'S® ESP® STRETCH DENIM JEANS

- 65% cotton-35% polyester
- Traditional boot cut leg
- Five-pockets
- Indigo blue
- Sizes 32-42

517

Levi's





13.99

Short Sleeves, Reg. 19.99

ATB WESTERN SHIRTS

- Polyester-cotton
- Western detailing, plaids or stripes
- Sizes 14 1/2-17 1/2

Long Sleeves, Reg. 21.99 **17.99**

MEN'S



2/79.99

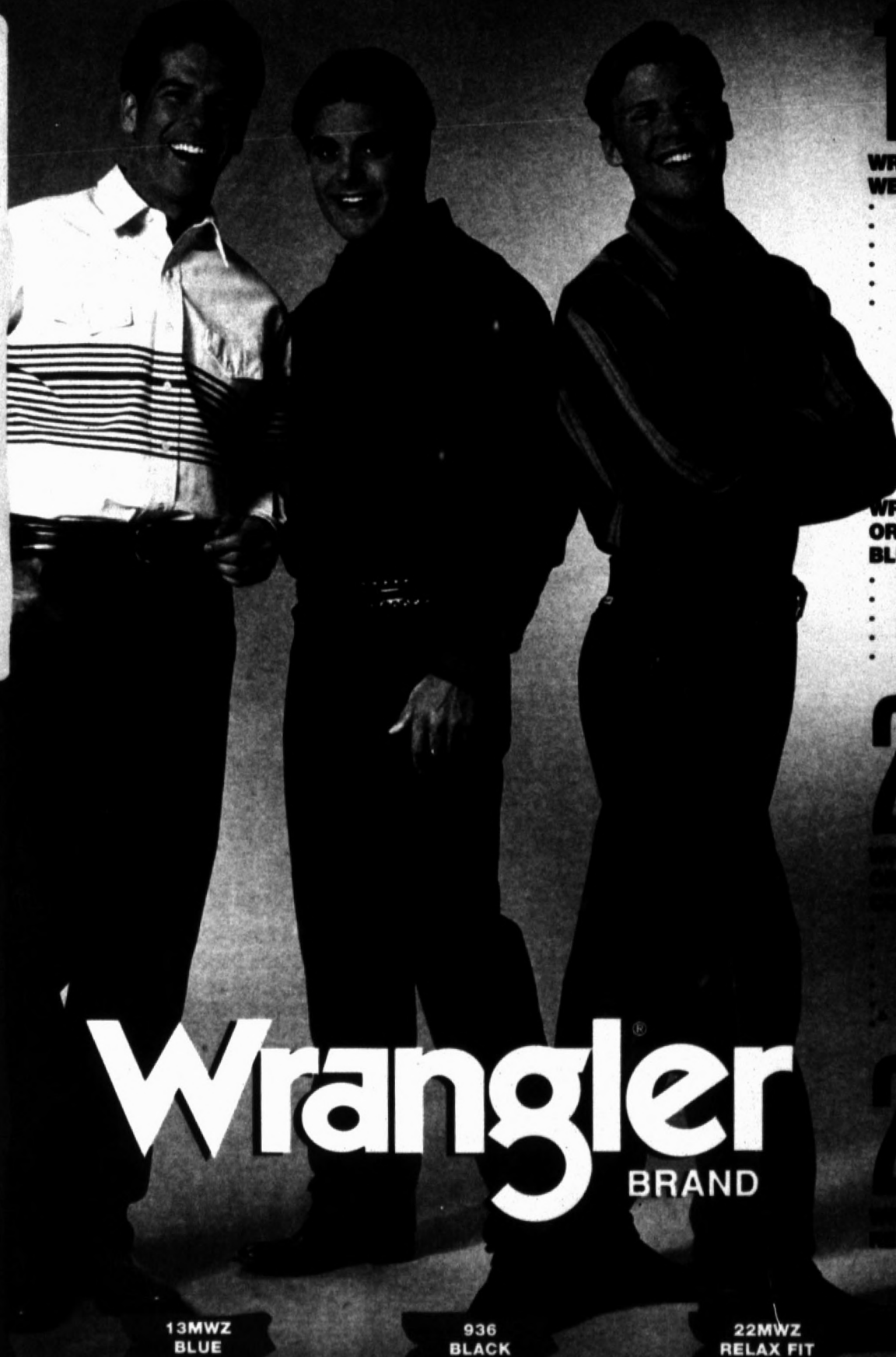
Or 44.99 Pair

Laredo
WESTERN BOOTS

LAREDO® BOOTS

- Leather upper
- Men's 8-12
- Women's 5-10

WOMEN'S



**13MWZ
BLUE**

**936
BLACK**

**22MWZ
RELAX FIT**

19.99

**WRANGLER®
WESTERN SHIRTS**

- REG. \$35
- 100% cotton, long sleeves
- Western detailing
- Assorted colors and prints
- Sizes 15-17 1/2
- Selection will vary by store

17.99

**WRANGLER® 13MWZ®
OR 936® JEANS IN
BLUE**

- 100% cotton denim
- Authentic western styling
- Five-pockets, zipper-fly
- 13MWZ in sizes 29-42
- 936 in sizes 29-38

21.99

Wrangler
BRAND

25.99

**WRANGLER® 22MWZ®
RELAX FIT JEANS**

- zipper-fly
- Stonewash blue or black indigo
- Sizes 29-38

Solid Color
Vest Sold
On Page 27

YOUR
CHOICE

16.99

**JUNIORS' STUFFED SHIRT®
SHORTS OR JEANS**

SHORTS, REG. 19.99

JEANS, REG. 22.99

100% cotton denim
for sizes 3-13

**MISSES' AND JUNIORS' CHIC®
DENIM SHORTS**

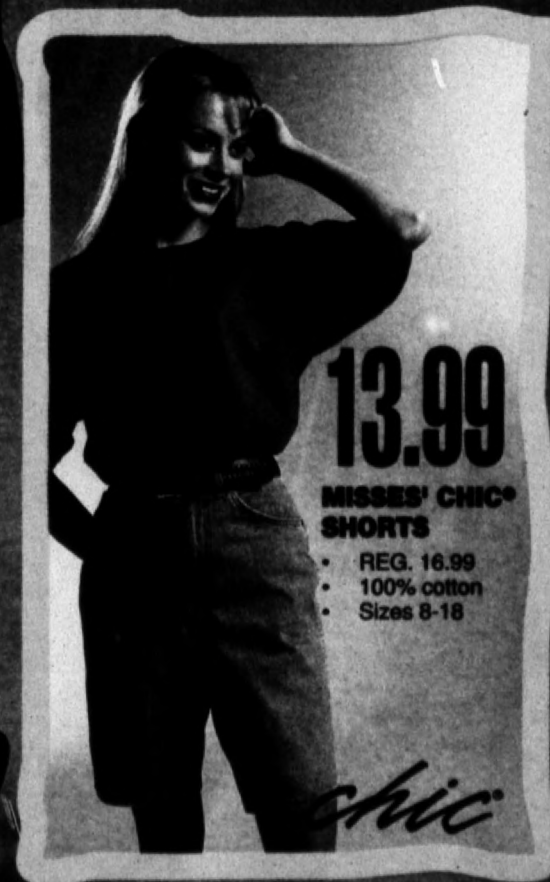
REG. 16.99

Assorted finishes

• Misses' sizes 6-18, Junior sizes 3-13

A

B



13.99

**MISSES' CHIC®
SHORTS**

- REG. 16.99
- 100% cotton
- Sizes 8-18

chic



12.99

**LONG SLEEVE SOLID
TWEED SHIRTS**

- REG. 17.99
- 100% cotton
- Assorted colors
- Sizes S,M,L
- Selection will vary by store

15.99

**EMBELLISHED
FASHION VESTS**

- REG. 19.99
- Fashion colors
- Sizes S,M,L
- Selection will vary by store



13.99

EACH PIECE

**TRY ONE® VESTS AND
SHORTS**

- REG. 18.99 EACH
- Cotton-acrylic blend
- Assorted styles and colors
- Sizes S,M,L
- Selection will vary by store



14.99

EACH PIECE

**BYER® VESTS AND
BOXER SHORTS**

- REG. 19.99 EACH
- 100% rayon
- Assorted prints
- Sizes S,M,L
- Selection will vary by store

5.99

ENTIRE STOCK PLAIN AND POCKET T-SHIRTS

- REG. 7.99
- 100% cotton
- Short sleeves, crewneck
- Assorted solid colors
- Sizes S,M,L



NO DOWN PAYMENT
FREE
LAYAWAY



4.99

ENTIRE STOCK SLEEVELESS MOCK NECK T-SHIRTS

- REG. 6.99
- 100% cotton
- Assorted colors
- Sizes S,M,L
- Selection will vary by store



11.99

SHORT SLEEVE SCREEN PRINT T-SHIRTS

- REG. 15.99
- Crewneck styling
- Assorted prints
- Sizes S,M,L
- Selection will vary by store

9.99

JUNIOR TOPS

A. KIKOMO DENIM SHIRT

- REG. 16.99
- Long sleeves
- Sizes S.M.L

B. SOLID OR STRIPED DENIM SHIRTS

- REG. 14.99
- Short sleeves
- Assorted colors and stripes
- Sizes S.M.L
- Selection will vary by store

C. ENTIRE STOCK BODYSUITS

- REG. 13.99 & 15.99
- Assorted styles and colors
- Sizes S.M.L
- Selection will vary by store

NO DOWN PAYMENT
FREE LAYAWAY
FOR BACK TO SCHOOL



NO DOWN PAYMENT
FREE
LAYAWAY
FOR BACK TO SCHOOL

A. 14.99
**FADED GLORY®
NOVELTY TWILL
SHIRT**
• REG. 19.99
• Long sleeves
• Assorted styles and colors
• Sizes S,M,L
• Selection will vary by store

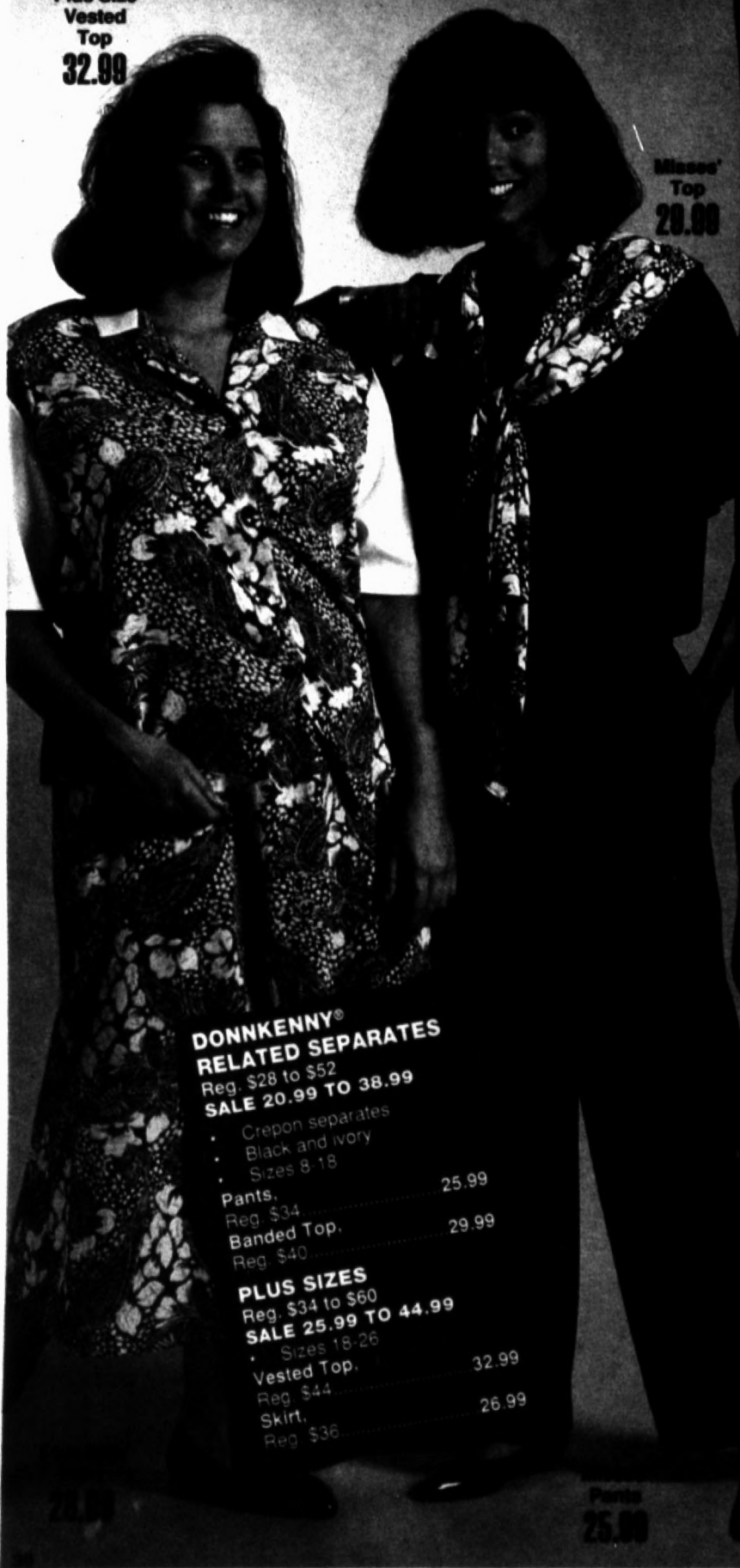
B. 12.99
**KIKOMO® POPLIN
PRINT CAMP SHIRTS**
• REG. 17.99
• 100% cotton
• Long sleeves
• Assorted prints
• Sizes S,M,L
• Selection will vary by store

C. 19.99
**ENTIRE STOCK
SWEATER VESTS**
• REG. 24.99
• 100% cotton
• Assorted patterns
• Sizes S,M,L
• Selection will vary by store

SOLID COLORS
Reg. 19.99 **15.99**

Plus Size
Vested
Top
32.99

Misses'
Top
29.99



DONNKENNY®
RELATED SEPARATES
Reg. \$28 to \$52
SALE 20.99 TO 38.99

- Crepon separates
- Black and ivory
- Sizes 8-18

Pants, 25.99
Reg. \$34
Banded Top, 29.99
Reg. \$40

PLUS SIZES

Reg. \$34 to \$60
SALE 25.99 TO 44.99

- Sizes 18-26

Vested Top, 32.99
Reg. \$44
Skirt, 26.99
Reg. \$36

Pants
25.99

24.99

**TEXTURED
KNIT SETS**

- REG. 29.99
- Cotton blend
- Short sleeve & sleeveless tops
- Pull-on shorts or leggings
- Sizes S,M,L,XL
- Selection will vary



15.99

**TEXTURED KNIT
TOPS**

- REG. 19.99
- Polyester-cotton
- Short sleeves
- Assorted colors
- Sizes S,M,L
- Selection will vary by store

12.99



12.99

ENTIRE STOCK LONG SLEEVE SILK CAMP SHIRTS

- REG. 16.99
- 100% sandwashed silk
- Assorted colors
- Sizes S,M,L



69.99

REVERSIBLE ANORAK JACKET

- REG. 79.99
- Twill shell
- Solid color reverses to multi-color pattern
- Drawstring waist
- Sizes S,M,L

NO DOWN PAYMENT
FREE LAYAWAY
FOR BACK TO SCHOOL



THE 29.99 DRESS

- Knit and woven styles
- Assorted colors and patterns
- Misses' and juniors' sizes
- Selection will vary by store



ANTHONY'S

If we do not have the item or size you want to purchase when we advertise, we will offer a 25% discount on any on regular priced item in stock. (This applies only to regular priced merchandise and not to clearance or the advertising of clearance products.) Styles, colors and sizes may vary by store. We Reserve the Right to Limit Quantities.



EASTLAND

A. ~~41.99~~
44.99
WOMEN'S
"SENECA" BOOT
REG. \$55



B. ~~42.99~~
42.99
WOMEN'S
"EXETER" SHOE
REG. \$52

C. ~~42.99~~
42.99
WOMEN'S
"WELLY" SHOE
REG. \$52

D. ~~52.99~~
52.99
MEN'S "MADISON"
SHOE
REG. \$64

E. ~~56.99~~
56.99
MEN'S "SENECA"
BOOTS
REG. \$68

WOMEN'S & MEN'S
EASTLAND® LEATHER
CASUALS

- Leather uppers
- Slip-on or boots
- Women's sizes 5-10
- Men's sizes 8-12



~~24.99~~
24.99

WOMEN'S LEATHER
LACE-UP BOOTS
REG. \$35
• Leather upper
• Assorted colors
• Sizes 6-10



~~44.99~~
44.99
MEN'S CAMPUS
CLUB® BOOTS

- REG. \$55
- Leather upper
- Brown
- Sizes 8-12

BOYS'
SIZES 3 1/2-6
Reg. \$36

~~29.99~~
29.99



- FREE Layaway Through Tuesday, July 19th
- First Payment Due Monday, August 1st.
- Shop Now While Selections Are The Best!

HOMELAND[®]

DOUBLE COUPONS UP TO \$1.00* EVERYDAY

*See Complete Details In Store



RUMP ROASTS

BONELESS BEEF

\$1.58
lb.

SAVE
lb.
\$1.81

BUY ONE, GET ONE...
FREE



1-lb. Roll OWENS PORK SAUSAGE
2-lb. Roll OWENS PORK SAUSAGE
12-oz. BAR-S COOKED HAM
16-oz. WILSON MEAT BOLOGNA,
16-oz. WILSON JUMBO MEAT FRANKS
or 16-oz. LOUIS RICH CHOPPED HAM
BUY ANY ONE OF THE ABOVE ITEMS, GET A SECOND LIKE ITEM
ABSOLUTELY FREE



BUY ONE, GET ONE...

FREE
ICEBERG LETTUCE

SAVE
99¢

HOMELAND IN-AD COUPON
EXPIRES JULY 12, 1994



BUY ONE, GET ONE...

FREE

4-Roll Package

**SOFT 'N GENTLE
BATH TISSUE**

Limit One With This Coupon. Limit One Coupon
Per Customer Per Visit. Coupon Good
Wednesday, July 6 thru Tuesday, July 12, 1994

4203

HOMELAND IN-AD COUPON
EXPIRES JULY 12, 1994



BUY ONE, GET ONE...

FREE

6.125-oz. Can

**CHICKEN OF THE SEA
CHUNK LIGHT TUNA**

Limit Two With This Coupon. Limit One Coupon
Per Customer Per Visit. Coupon Good
Wednesday, July 6 thru Tuesday, July 12, 1994

4337

HOMELAND IN-AD COUPON
EXPIRES JULY 12, 1994



BUY ONE, GET ONE...

FREE

2-Liter Bottle

**HOMELAND
SODA POP**

Limit Four With This Coupon. Limit One Coupon
Per Customer Per Visit. Coupon Good
Wednesday, July 6 thru Tuesday, July 12, 1994

4338

PRICES GOOD: JULY

WED	THUR	FRI	SAT	SUN	MON	TUES
6	7	8	9	10	11	12

AMARILLO, BORGER,
DUMAS, PAMPA &
HEREFORD, TEXAS

101

HOMELAND[®]

SALES IN RETAIL CONSUMER
QUANTITIES ONLY PLEASE
FAX SERVICES AVAILABLE
IN ALL STORES

SUPPLEMENT

HOMELAND SUMMER



ORANGE JUICE

SUNKIST
Frozen

79¢

SAVE
50¢

12-oz.
Can



AMERICAN SINGLES

HOMELAND
PRIDE OF
AMERICA

\$1.00

SAVE
46¢

8-oz.
Package



GRAPE JELLY

or GRAPE JAM
SMUCKER'S
Prepared

99¢

32-oz.
Jar

HOMELAND BUTTER

PRIDE OF AMERICA
Quarters

2 for \$3

SAVE 38¢

16-oz. Package

ORANGE JUICE

OR Ruby Red GRAPEFRUIT
TROPICANA

2 for \$5

SAVE UP TO \$1.38

64-oz. Carton

TYSON KITS

Stir Fry or Fajita
Frozen

\$3.99

SAVE \$1.00

21.2-oz. Package

LITE FLUFF BISCUITS

Butter Flavor,
Buttermilk or
Sweet Milk

5 for \$1

SAVE 25¢

7.5-oz. Can

CINNAMON ROLLS

or DANISH ROLLS
PILLSBURY

3 for \$5

SAVE 67¢

11-oz. Can

BIRDS EYE VEGETABLES

FARM FRESH MIXTURES
Frozen

\$1.79

SAVE 10¢

16-oz. Package

STILWELL COBBLERS

Frozen
All Varieties Except Pecan

2 for \$4

SAVE UP TO \$2.98

32-oz. Package

POUR-A-QUICHE

NEW AT
HOMELAND

2 for \$7

SAVE 96¢

26-oz. Package

DEEP DISH PIE CRUSTS

BAMA
9-Inch

\$1.79

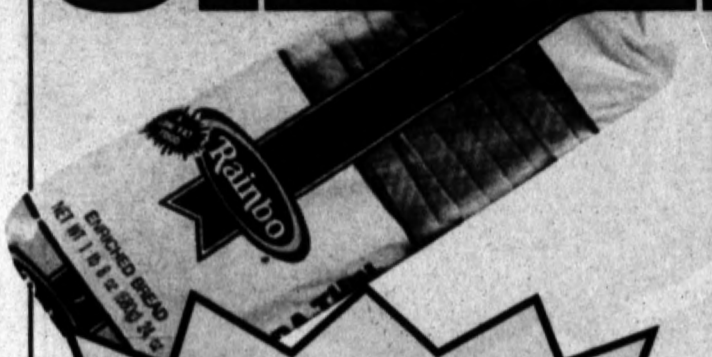
SAVE 17¢

Package of 2

HOMELAND.

HOMELAND DOUBLES MANUFACTURER COUPONS UP TO \$1.00 EVERYDAY

SIZZLERS SALE



SANDWICH BREAD

RAINBO
Save On Your
Favorite
National Brands

69¢

24-oz.
Loaf

SAVE
UP TO
70¢



PEPSI-COLA

Pepsi, Diet Pepsi, Caffeine
Free Diet Pepsi, Crystal
Pepsi or Mountain Dew
LIMIT A TOTAL OF FOUR
12-PACKS

2 \$6

12-Pack
12-oz.
Cans

SAVE
UP TO
\$1.29



DORITOS CHIPS

Stock Up &
Save On This
Snack Time
Favorite

\$1.99

15-oz.
Package

SAVE
UP TO
\$1.00



HEALTHY CHOICE

MEAT ENTREES
or BURRITOS
Frozen

2 \$4

8.5-oz.
Package

SAVE
UP TO
78¢



ICE CREAM

HEALTHY
CHOICE

\$2.99

Half-Gallon
Carton

SAVE
UP TO
\$1.00



PERSONAL PIZZAS

TONY'S
Frozen

2 \$3

8.4-oz.
Package

SAVE
UP TO
\$1.18



KELLOGG'S CEREAL

22-oz. COMPLETE
BRAN FLAKES
or 14.8-oz. DOUBLE
DIP CRUNCH

\$2.65

Your
Choice



HI-C DRINKS

Fruit Punch

3 \$5

Package
of 9 Boxes

SAVE
\$4.15



CLOVER CLUB CHIPS

POTATO
CHIPS

\$2.29

14-oz.
Package

SAVE
UP TO
50¢



ALL SPORT DRINKS

99¢

32-oz.
Bottle

SAVE
UP TO
40¢



MILWAUKEE'S BEST BEER

Regular or
Light

\$4.29

12-Pack
12-oz.
Cans

SAVE
\$1.60

ITEM NOT
AVAILABLE IN
ALL
HOMELAND
STORES



CLOROX BLEACH

Price
Includes
10¢ Off
Label

88¢

Gallon

SAVE
41¢

A Good Deal Better.

HOMELAND.



SUMMER SIZZLER

GROUND CHUCK

or PREMIUM GROUND BEEF
In Max Packs of
5-Pounds or More
*Save On This
Fresh Beef
Favorite*

SAVE
lb. 20¢
OR
MORE

\$1.59
lb.

RUMP ROASTS

BONELESS BEEF
*Guaranteed
Fresh or
Double Your
Money Back*

SAVE
lb.
\$1.81

\$1.58
lb.

BONELESS STEAKS
BOTTOM ROUND
TENDERIZED
*Compare
& Save*

\$1.68
lb. SAVE lb. \$1.81

BEEF EYE OF
ROUND STEAKS

\$2.69
lb. SAVE lb. \$1.30

BEEF BONE-IN
LOIN STRIP STEAKS

\$3.99
lb. SAVE lb. \$1.20

PORK ROASTS
FRESH
PICNICS

89¢
lb. SAVE lb. 30¢

BONELESS SIRLOIN CUT or PORK CUBE STEAKS
PORK CHOPS

\$2.99
lb. SAVE lb. 70¢

PILGRIM'S PRIDE In Max Packs of 3-Pounds or More
FRYER BREASTS

\$1.79
lb. SAVE lb. 30¢ OR MORE

TENDER BIRD BONELESS
CHICKEN BREASTS 3-lb. Package

\$8.99

Max Packs of 3-Pounds or More
GROUND TURKEY

88¢
lb.

FRESH BAKERY

GLAZED ANGEL FOOD **CAKES**
New... and Ready To Serve

2 for \$6
Each SAVE \$3.98

GOURMET LATTICE APPLE PIE 9-Inch SAVE \$2.00 **\$3.99** | M & M COOKIES 24 for **\$3.69**
Bakery Fresh

Good Only At Locations With In-Store Bake Shops Items May Not Be Available At Self Serve Bakeries

FRESH DELI

WHITE TURKEY
SMOKED EOSTER FARMS

\$2.99
lb. SAVE \$1.00

Original or Mustard **POTATO SALAD** SAVE lb. 90¢ lb. **69¢** | NEW HOLSTEIN **BABY SWISS CHEESE** SAVE lb. \$1.00 lb. **\$3.99**

Good Only At Locations With In-Store Deli Shops Items May Not Be Available At Self Serve Delis

MEAT SPECIALS



DRUMSTICKS or THIGHS

PILGRIM'S PRIDE
GRADE 'A'
In Max Packs of
2-Pounds or More

SAVE
lb. 40¢
OR
MORE

lb. **69¢**



SMOKED PICNICS

Our Fresh Meats
Are Guaranteed To
Please or Double
Your Money Back

SAVE
lb.
31¢

lb. **78¢**



SMOKED SAUSAGE

\$1.99
lb. **SAVE \$1.00**



MEAT FRANKS

WILSON BRAND

69¢
12-oz. Package

SAVE 80¢

12-oz. Package



FAJITA MEAL KITS

HUDSON BEEF or CHICKEN

or 33-oz. CHICKEN STIR FRY KIT

34-oz. Package

\$6.99
SAVE UP TO \$1.00

MANUFACTURER'S IN-AD COUPON EXPIRES JULY 19, 1994

COUPON GOOD ONLY AT HOMELAND STORES

WILSON JUST FOR US HAMS **\$5.99** EACH

2-Pound Whole or 1.75-lb. Sliced

WITH THIS COUPON

CALL 4-7-316-1111

83700 123812

4691

TO THE GROCER: Wilson Foods Corporation will reduce this coupon for \$1.00 plus 5.00 handling if your receipt is on the sale of the specified Wilson product (any size or variety) and if upon request you submit evidence (receipt) satisfactory to Wilson Foods Corporation. Coupon may not be combined, transferred or redeemed. Customer must pay sales tax. Void where prohibited, taxed or restricted by law. Good only in USA. Cash value 1/100 of a cent. Coupon will not be honored if purchased through outside agencies, brokers or others who are not retail distributors of our merchandise or specifically authorized by us to present coupons for redemption. For redemption of properly purchased and handled coupons send to: Wilson Foods Corporation, P.O. Box 870164, St. Louis, MO 63187-0164. This coupon good only on purchase of product indicated on other one restriction limit. Each one coupon per purchase.

WILSON SLICED BACON

\$1.69
1-lb. Package **SAVE \$1.20**

ADVANCE CHUCK WAGON BEEF PATTIES

\$5.99
5-lb. Package **SAVE \$1.00**

DELICIOUS SEAFOOD



CATFISH NUGGETS

Fresh **\$2.29**
lb. **SAVE lb. 50¢**

FRESH While Supplies Last **SHARK FILLETS** **\$3.99**
lb. **SAVE \$1.20**

FRESH PACIFIC While Supplies Last **SNAPPER FILLETS** **\$4.39**
lb. **SAVE \$1.60**

CUSTOMER SERVICE PLEDGE

1. WE WILL GREET EVERY CUSTOMER.
2. WE WILL THANK EACH CUSTOMER.
3. AN EXPRESS LANE WILL BE OPEN IN EVERY STORE 9am to 9pm.
4. WE WILL HAVE THE BEST CARRYOUT SERVICE AROUND, RAIN OR SHINE.
5. IF THERE ARE MORE THAN THREE PEOPLE IN LINE, WE WILL OPEN ANOTHER REGISTER. IF WE FAIL TO OPEN ANOTHER REGISTER, WE WILL GIVE YOU A HALF GALLON OF ICE CREAM FREE! "NO QUESTIONS ASKED."

Al Fidelone Retail Operations Manager

SUMMER SIZZLERS



SPAGHETTI SAUCE

DEL MONTE
All Available Varieties

88¢

SAVE 11¢
26.5-oz. Can



R & F PASTA

Spaghetti,
Thin Spaghetti or
Elbow Macaroni

99¢

SAVE 80¢
24-oz. Package



FOLGERS COFFEE

CUSTOM ROAST
Why Pay
More?

\$1.99

SAVE 84¢
11.5-oz. Can

STOUFFER'S PARTY SIZE LASAGNA

Frozen With Meat Sauce

\$9.88

SAVE \$1.11
96-oz. Package

HOMELAND SHREDDED CHEESE

SHREDDED cheddar cheese

\$3.22

SAVE 97¢
4-oz. Packages

GRATED PARMESAN CHEESE

GRATED Parmesan cheese

\$2.55

SAVE 98¢
8-oz. Shakers

HOMELAND MOZZARELLA CHEESE

Prepared Compare & Save

\$3.19

lb.

TOWN HOUSE MUSHROOMS

Stems and Pieces

58¢

SAVE 11¢
4-oz. Can

DURKEE BLACK PEPPER

Ground Black Pepper

\$1.28

SAVE 21¢
2-oz. Can

SHAWNEE MILLS MIXES

Combread, Corn Muffin, Biscuit or Pancake

3.99¢

6-oz. Packages

DAWN DISH LIQUID

DAWN

\$1.99

SAVE UP TO \$1.00
42-oz. Bottle

ARM & HAMMER DETERGENT

Ultra Fresh

\$4.99

SAVE 78¢
40-Load Power Fresh Powder or 64-oz. Liquid

40 SNUGGLES SINGLES SHEETS

Snuggles Singles

\$1.99

SAVE 56¢
Package of 40

BEEF 'N MORE DOG FOOD

Beef 'n More

\$8.88

SAVE UP TO \$1.91
20-lb. Bag

HUGGIES DIAPERS or PULL-UPS

Pull-Ups Boys

\$7.47

SAVE 92¢
Package of 40 Huggies Baby Wipes 2/\$5 Your Choice

HOMELAND.

A Good Deal Better.

SUMMER SIZZLERS

SEEDLESS GRAPES

RED or WHITE
\$1.49
 lb.

SAVE
 lb.
 50¢

CANTALOUPE

Fresh & Ripe From California
99¢
 Each

SAVE
 \$1.00

TOMATOES

Perfect For Your Summertime Salads or Sandwiches
88¢
 Package of 4

SAVE
 11¢

FRESH BROCCOLI
 Each **88¢**

SAVE 11¢

SNOWY WHITE MUSHROOMS
 8-oz. Package **99¢**

SAVE 50¢

CALIFORNIA STRAWBERRIES
 1-lb. Package **2 for \$3**

MINI PEELED CARROTS
 1-lb. Bag **\$1.49**

SAVE 20¢

GOLDEN RIPE BANANAS
 lb. **39¢**

JUMBO WHITE GARLIC
 New Crop
 Each **10¢**

SAVE 11¢

FRESH FLORAL BOUQUETS
 "FLOWERS BY FRED" or "BARNEY'S BUD'S"
 Each **\$3.99**

SAVE \$1.00

IBIS PATIO PLANTERS
 5-inch Pot **\$6.99**

SAVE \$1.00

ALOE VERA PLANTS
 5-inch Pot **\$4.99**

Good Only At Locations With In-Store Food Sales

SAVE ON FRESH EXPRESS SALADS!

10-oz. EUROPEAN SALAD or ITALIAN SALAD, 8-oz. RIVIERA SALAD or 8.5-oz. CAESAR SALAD

\$2.69

PRICES EFFECTIVE
 WEDNESDAY, JULY 6 THRU
 TUESDAY, JULY 12, 1994

HOMELAND.



"Eat at least one fruit, vegetable or juice that is high in Vitamin C every Day"...National Cancer Institute

July Savings!



**Campbell's
Simmer Chef**

ASSORTED VARIETIES
25 OZ. CAN

2 FOR \$3

Save No Less Than **78c** on 2



Save No Less Than **2.09** on 2

**SUNSHINE
Sugar Wafers**

12 OZ. BAG

2 FOR \$3.49

ALL THESE \$TOPS PRICES GOOD THE ENTIRE MONTH OF JULY, 1994!



Save No Less Than **1.30** Lb.

**Hillshire
Smoked Sausage**
ASST.

1.69 LB.

Bacon Bits
SCHILLING
3.25 OZ. BTL.

2 FOR \$3

Save No Less Than **50c** on 2



13 OZ.
**Hills Bros
Coffee**

1.89

Save No Less Than **40c**

32 OZ. CAN
Nestle' Quik

3.29

Save No Less Than **30c**

ASST. MARQUEE 1 LITER BTL.
Premium Rain

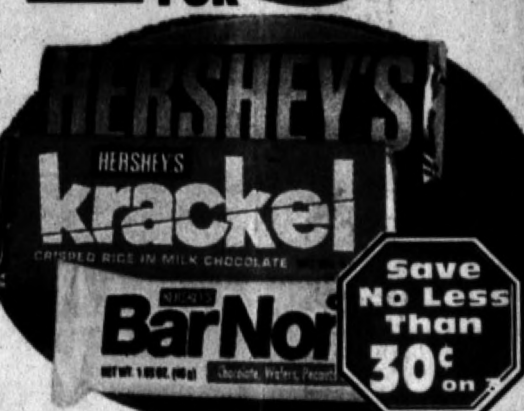
5 FOR \$4

Save No Less Than **95c** on 2



Vienna Fingers
SUNSHINE 16 OZ. PKG.

2 FOR \$3.89



**HERSHEY'S
Candy Bars**
ASST. SINGLES

3 FOR \$3.99

Save No Less Than **30c** on 2

IGA Pork & Beans
16 OZ. CAN

3 FOR \$1.19

Save No Less Than **19c** on 2

IGA Mustard
16 OZ. SQUEEZE BTL.

2 FOR \$1.19

Save No Less Than **78c** on 2

Tropicana Punch
ASSORTED - 64 OZ. CTN.

3 FOR \$1.99

Save No Less Than **70c**



Assorted Chinot Plates
15 - 25 CT.

16 OZ. Solo Party Cups
20 COUNT PKG.

Save No Less Than **50c**

Save No Less Than **40c**

1.79

99c

Ore Ida Tater Tots
2 LB. BAG

2 FOR \$3

Save No Less Than **98c** on 2



3 Musketeers

3 Musketeers

Save No Less Than **58c** on 2

Save No Less Than **58c** on 2

ORE IDA Mini Cob Corn
6 CT. PKG.

2 FOR \$3

3 Musketeers Ice Cream Bars
6 COUNT

2 For \$3

\$STOP

YOU MAY BE PAYING TOO MUCH
IF YOU SHOP ELSEWHERE!



Save No Less Than **40¢**

AUSTEX
Chili
NO BEANS

Chili
NO BEANS - 19 OZ. CAN

99¢



Save No Less Than **36¢**

ASSORTED
Twister

Tropicana
Twisters

1 99
46 OZ. BTL.



Save No Less Than **40¢**

Joy Dish
Liquid



Save No Less Than **2 00**

Come'n
Get It
Dog Food

6 99



Stop At

IGA

\$STOP

PICK UP YOUR
JULY \$TOP\$
CIRCULAR AT YOUR
LOCAL IGA STORE!
YOU'LL FIND OVER
WORTH OF SAVINGS
FOR YOU!



\$58⁰⁰



SUPER TOUGH
IGA
ON PRICES

IGA Corn
Flakes

18 OZ. BOX

Save No Less Than **66¢**

99¢



ALL THESE \$TOP\$ PRICES GOOD
THE ENTIRE MONTH OF JULY, 1984!

IGA Hamburg
Dill Chips

52 OZ. BAG



Save No Less Than **1 00**



Save No Less Than **36¢**

Peyton
Franks

79¢



Save No Less Than **56¢**

Marquee
Premium Cola

12 PACK - 12 OZ. CANS

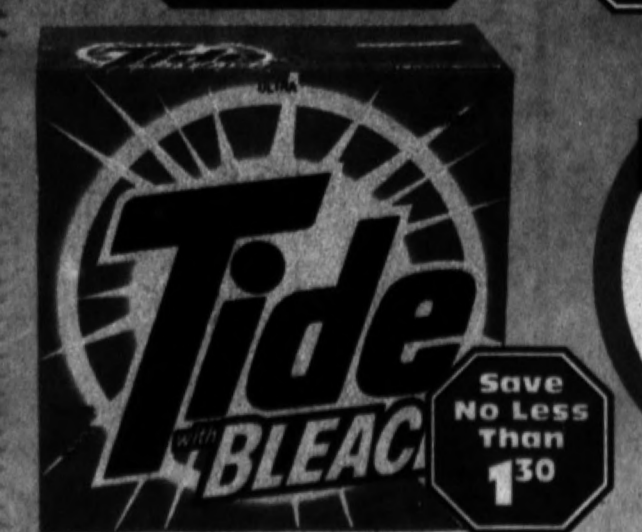
1 99

Banquet
Dinners

4 \$5
FOR



Save No Less Than **96¢**



Save No Less Than **1 30**

Ultra Tide
Detergent

42 - 47 OZ. BOX

2 99

QUANTITY RIGHTS RESERVED. NO SALES TO DEALERS.



Taylor & Sons

• Hereford



HOMETOWN PROUD

PRICES GOOD JULY '94

S	M	T	W	T	F	S
			6	7	8	9
10	11	12				

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO SALES TO DEALERS PLEASE



IGA TABLETTE BONELESS

CHUCK ROAST

99¢ LB.

GRAPES

RED SEEDLESS

LB. 89¢



C&H SUGAR GRANULATED 4 LB. BAG

1.39



CHARMIN BATH TISSUE ASSORTED 4 ROLL PKG.

89¢



IGA SOFT DRINKS ASSORTED FLAVORS 3 LITER BOTTLE

5 FOR \$4



PRINGLES POTATO CHIPS ASSORTED FLAVORS 6-7 Oz.

99¢



BOUNTY PAPER TOWELS ASSORTED SINGLE ROLL

69¢



SUNNY DELIGHT CITRUS PUNCH ASSORTED 64 Oz.

99¢

STOP & PICK UP YOUR JULY STOPS TODAY! IT HAS OVER \$58 WORTH OF SAVINGS.

IGA

SUMMERTIME... AND THE SAVIN' IS EASY!



Assorted
**Ruffles
Potato Chips**
14.75 Oz. Bag

1.99



Assorted
**Tropicana
Twisters**
46 Oz. Btl.

1.99



Assorted
**Campbell's
Simmer Chef**
25.75 - 26.5 Oz.

2 For \$3



Bush's Best
**Pinto
Beans** 2 For 89¢
16 Oz. Can

Regular or With Onions
**Bush's Best
Baked Beans** 99¢
28 Oz. Can



Squeezable
**Heinz
Ketchup** 1.59
28 Oz.

Assorted
**Ritz
Crackers** 2 For \$5
15 - 16 Oz.

When Less Is More

Each year, every American uses about 190 pounds of plastic. Of that, about 60 pounds is packaging that gets thrown away after opening purchases. In fact, plastic used for packaging consumes some 33 percent of the limited space available in landfills. Reducing this waste starts in the store. Look for packages that offer more contents, and LESS waste. Buy potatoes, carrots and other vegetables loose, whenever you can. Besides cutting waste, you'll help send manufacturers the message that smart shoppers know less is more!



Assorted
**Hershey
Candies**
Single Bars 3 For 99¢



**Lipton
Instant Tea** 2.99
3 Oz. Jar



Assorted
**Marquee Premium
Rain** 89¢
1 Liter Bottle



**IGA Cheese
Crackers** 99¢
10 Oz.



**IGA
Kosher Dill
Spears** 1.59
24 Oz.



Corn, Regular or Puritan
**Crisco
Oil** 2.29
48 Oz.



Shell or Elbo
**IGA
Macaroni** 2 For \$1
12 Oz.



**IGA
Sweet Relish** 79¢
10 Oz.

Assorted Duncan Hines
Brownie Mix 1.79
21.4 - 23.7 Oz.
**Tropical or Assorted
Fla•Vor•Ice** 1.09
24 Ct.

©1993 Tasty-Toppings, Inc.

EFFECTIVE 7/6/94 - 7/12/94



Save 50¢

WITH THIS COUPON

on any size bottle of Dorothy Lynch Home Style or Dorothy Lynch Reduced Calorie Dressing

TO GROCER: You are authorized to act as our agent in redeeming this coupon. A Tasty Toppings representative will handle the redemption of this coupon for 50 cents plus 8 cents handling providing you and the consumer have complied with the terms of this offer. Proof of purchase of sufficient stock of Dorothy Lynch Home Style Dressing and Dorothy Lynch Reduced Calorie Dressing to cover coupons presented must be furnished upon request. The consumer must pay any sales or similar tax. Coupon void if use is prohibited, restricted or issued. Tasty-Toppings, Inc., P.O. Box 738, Columbus, NE 68602-0738.



GOOD ONLY AT PARTICIPATING IGA STORES



Save \$1.50

WITH THIS COUPON

on ONE Post® Grape-Nuts™ 24 Oz. size ONLY.

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the Retailer: GFC will reimburse you for the face value of this coupon plus 8¢ if submitted in compliance with GFC redemption Policy C-1, incorporated herein by reference. Valid only if redeemed by retail distributors of our merchandise or anyone specifically authorized by GFC. Cash value 1/20¢. Mail to: General Foods Corporation, P.O. Box 601, Kenton, IL 60902.

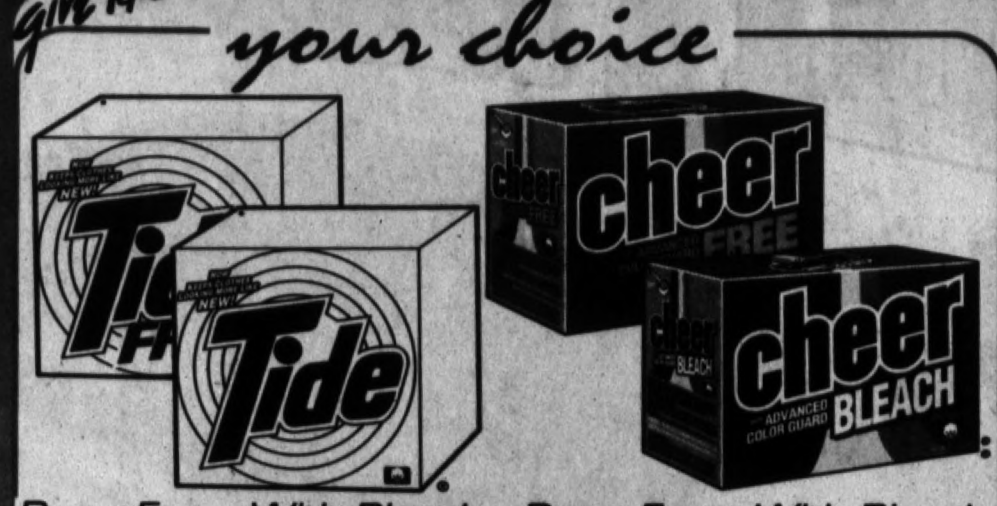


GOOD ONLY AT PARTICIPATING IGA STORES

1-BN94-150

RCOBBN0410

PROCTOR & GAMBLE IGA



your choice
 Reg., Free, With Bleach
Ultra Tide Detergent
 98-110 Oz.

Reg., Free, With Bleach
Ultra Cheer Detergent
 98-106 Oz.

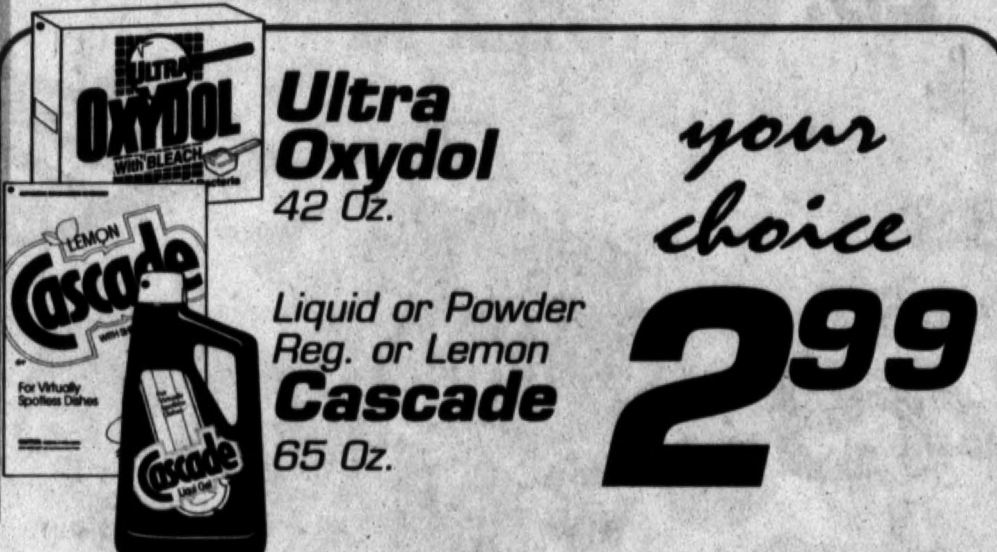
5⁹⁹



your choice
 Reg., Free, With Bleach
Ultra Tide Detergent
 100 Oz.

Liquid
Ultra Cheer Detergent
 100 Oz.

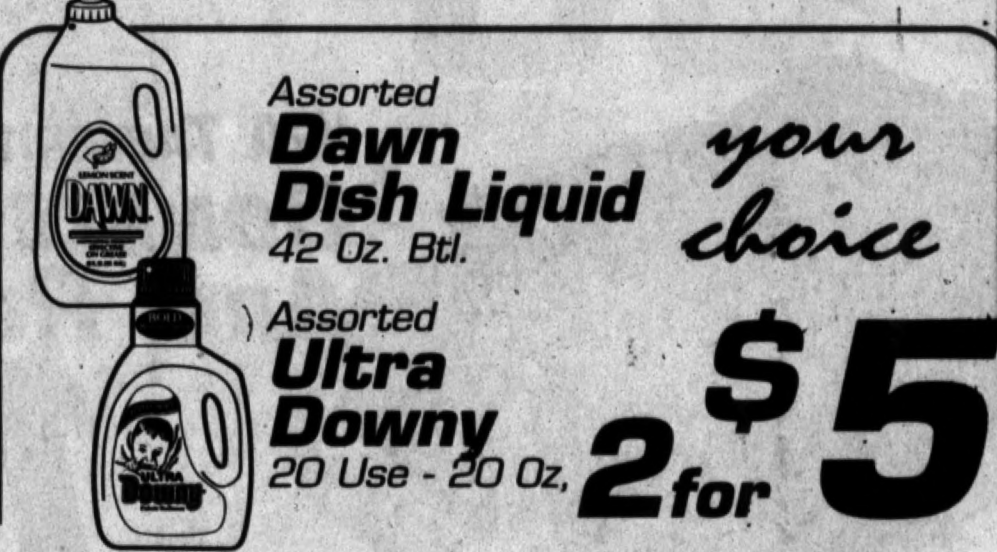
6⁹⁹



your choice
Ultra Oxydol
 42 Oz.

Liquid or Powder
 Reg. or Lemon
Cascade
 65 Oz.

2⁹⁹



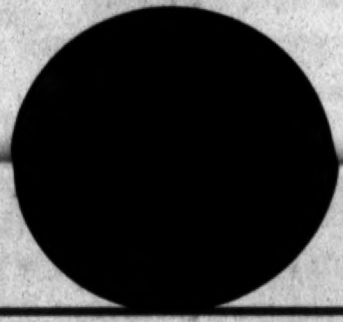
Assorted
Dawn Dish Liquid
 42 Oz. Btl.

Assorted
Ultra Downy
 20 Use - 20 Oz.

2 for \$5

Shopping? Bring Along a Bag

American shoppers use billions of bags annually. But, if we all use just one less a month, we'll cut that use by hundreds of millions a year. That adds up to a BIG BONUS, because one 20-year old tree makes only 700 or so brown grocery bags. If your purchase is small, think twice about taking a bag. Or, bring a bag from home to use one more time before it's recycled. Washable canvas shopping bags are inexpensive and last for years.



YOUR CHOICE... 1⁹⁹



Ivory Clear
 42 Oz.



Regular or Pine
Comet Bathroom Spray
 17 Oz.



Sunspray
Coast Bath Soap
 3 Pack - 15 Oz.

Cinch Glass & Surface
 17 Oz. Spray

Mr. Clean Glass & Surface
 17 Oz. Spray



White or Aqua
Zest Bath Soap
 3 Pack - 15 Oz.



Blue
Coast Bath Soap
 2 Pack - 14 Oz.
 or 3 Pk - 15 Oz.



White or Beige
Safeguard Bath Soap
 3 Pack - 15 Oz.



Reg., Stainguard or Free
Bounce Fabric Softener
 36 - 40 Count

EFFECTIVE 7/6/94 - 7/12/94

Save \$1.40 WITH THIS COUPON
 on ONE Post® Fruity or Cocoa PEBBLES®
 17 Oz. size ONLY either variety.

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the Retailer: GFC will reimburse you for the face value of this coupon plus 5¢ if submitted in compliance with GFC redemption Policy C-1, incorporated herein by reference. Valid only if redeemed by retail distributors of our merchandise or anyone specifically authorized by GFC. Cash value 1/20¢ Mail to: General Foods Corporation, P.O. Box 801 Kansas, IL 60902

RCOBBMG410

GOOD ONLY AT PARTICIPATING IGA STORES

EFFECTIVE 7/6/94 - 7/12/94

Save \$1.50 WITH THIS COUPON
 on ONE Post® Banana Nut Crunch™
 20.5 Oz. size ONLY.

This coupon good only on purchase of product indicated. Any other use constitutes fraud. COUPON NOT TRANSFERABLE. LIMIT ONE COUPON PER PURCHASE. To the Retailer: GFC will reimburse you for the face value of this coupon plus 5¢ if submitted in compliance with GFC redemption Policy C-1, incorporated herein by reference. Valid only if redeemed by retail distributors of our merchandise or anyone specifically authorized by GFC. Cash value 1/20¢ Mail to: General Foods Corporation, P.O. Box 801 Kansas, IL 60902

RCOBBMA410

GOOD ONLY AT PARTICIPATING IGA STORES

QUALITY MEATS



**IGA TABLERITE
BONELESS
CHUCK
ROAST**

**99¢
LB.**



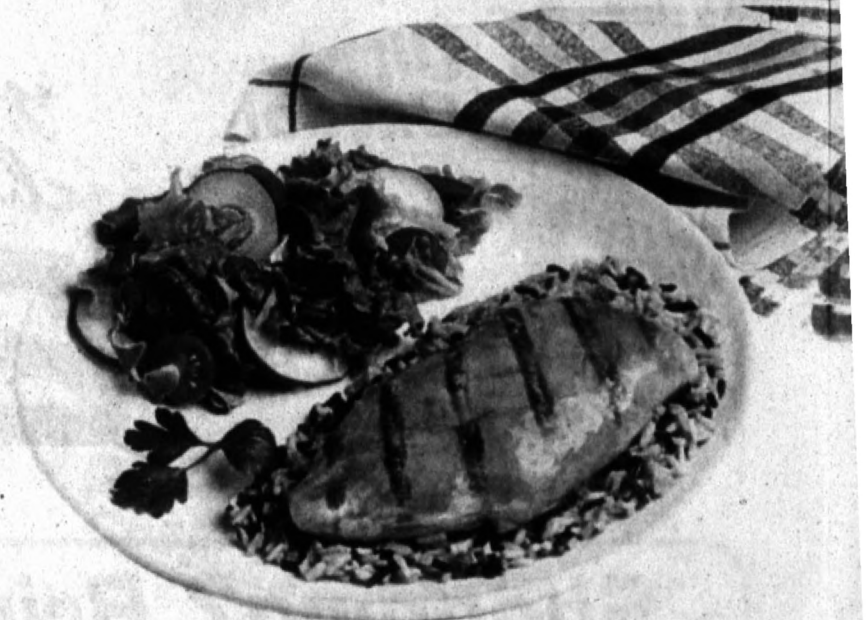
**IGA TABLERITE
BONELESS
CHUCK
STEAK**

**129¢
LB.**



**IGA TABLERITE
BONELESS
ARM ROAST**

**149¢
LB.**



**FAMILY PACK
SPLIT
FRYER BREAST**

**129¢
LB.**



**REGULAR OR HOT
OWENS
SAUSAGE**

**399¢
2 LB.**



**129¢
LB.**



**REGULAR OWENS
SAUSAGE &
BISCUITS12 Oz. 269¢**

**ORIGINAL OR CHEESE
STATE FAIR
CORN DOGS..10 CT. 299¢
BEEF ...10 Ct. 329¢**

**FIRE UP
IT'S COOL**
IF YOU'RE IN THE MARKET FOR A DELICIOUS MEAT DEPARTMENT! WHETHER YOU'RE PLANNING ON GRILLING MEATY RIBS, SMOKED SAUSAGE, BURGERS OR SANDWICHES, WE HAVE THE BEST SELECTION IN TOWN! PLUS: ALL THE FIXINGS YOU NEED ARE HERE - SO THERE'S JUST ONE STOP BUYING!



**WILSON
FRANKS**
Meat 12 Oz. Pkg.

89¢



**CORN KING
LUNCHMEATS**
Bologna, Salami,
Pickle & Pimento,
Spiced Luncheon
12 Oz. Pkg.

89¢

**WILSON COOKED HAM
OR SMOKED TURKEY
BREAST**
Sliced
10 Oz. Pkg.

259¢

**CORN KING
COOKED HAM**
Sliced 2 Lb. Pkg.

499¢



**RAINBOW
HOT DOGS**

**289¢
3 LB.**

**VALUE
PACK**



**RAINBOW
LUNCHEATS**
BOLOGNA, SALAMI

**289¢
3 LB.**

FINEST PRODUCE



GOLDEN RIPE
BANANAS

4 \$1
LBS.



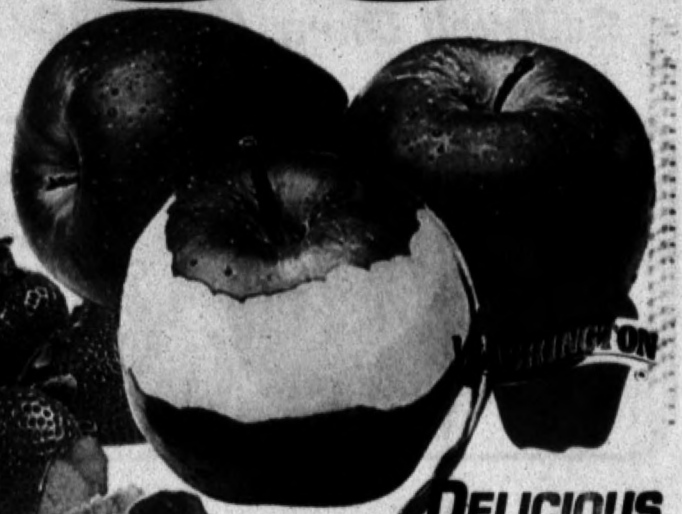
RED
SEEDLESS GRAPES

89¢
LB.

LARGE CALIFORNIA

STRAWBERRIES

79¢
PINT



DELICIOUS
RED APPLES

5 \$1
FOR

RUSSET
POTATOES

89¢
5 LB. BAG



LARGE CALIFORNIA
GRAPEFRUITS

3 \$1
FOR

THE GRILL KOUT TIME

A DELICIOUS COOK-OUT, START IN OUR MEAT PLANNING THICK STEAKS, SUCCULENT CHICKEN, BURGERS OR HOT DOGS, WE HAVE THE FRESHEST, ALL THE TRIMMINGS! EVERYTHING YOU NEED IS BETWEEN YOU AND THE PICNIC TABLE - IGA

- CALIFORNIA VALENCIA ORANGES 10 FOR \$1
- FRESH GREEN ONIONS 3 BUNDLES \$1
- FRESH BELL PEPPERS 3 FOR \$1

QUECK
NOT AVAILABLE AT ALL STORES

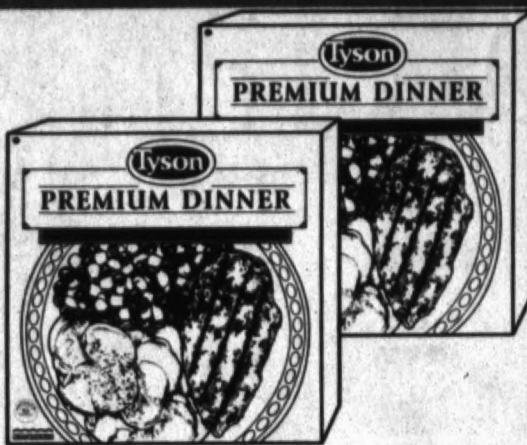
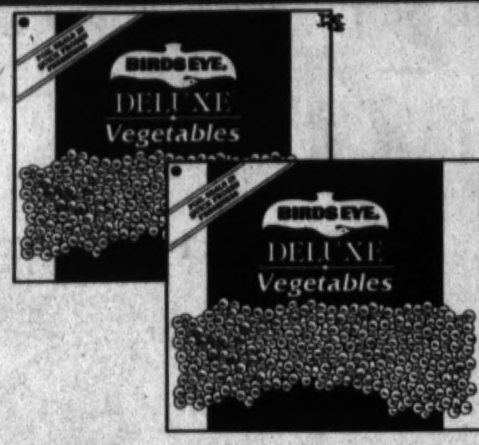
RAINBOW LUNCHEONS
SALAMI OR LUNCHEON
2.99
2.5 LB. PKG.

- Captain's Cove**
CAPTAIN'S COVE IQF ORANGE ROUGHY
16 Oz. PKG. **7.99**
- IGA IVS AMERICAN CHEESE
12 Oz. PKG. **1.69**
- MILD CHEDDAR OR COLBY
IGA HALFMOON CHEESE
16 Oz. **2.69**
- IGA PIMENTO CHEESE SPREAD
7.5 Oz. **99¢**

YOUR PICNIC HEADQUARTERS FOR THE FRESHEST, BEST-TASTING CANTALOUPE & WATERMELON!

IGA

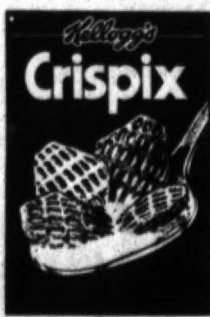
FROZEN

Assorted
Rainbow Pizzas
7 Oz.**5 For \$4**Assorted Tyson
Premium Chicken Dinners
7.75 - 9.5 Oz.**1.79**Peas, Mixed Veg., French or Reg. Cut Green Beans
Birds Eye Vegetables
16 Oz. Bag**99¢**Breaded
Stillwell Okra **99¢**
12 Oz.**Fisherboy Fishsticks** **3.59**
32 Oz.Crispy Batter Dip 21.2 Oz.
Fisherboy Fish Fillets **3.29**

Sign of the Times

Concerned manufacturers and retailers now label products and shelves to help consumers choose products that are GOOD for the environment. Look for symbols or copy advising which boxes and bags are made from "recycled" paper. Other packages may say "recyclable". These use new raw materials, but at least they are suitable for recycling. So-called "biodegradable" plastics never really break down to more than smaller plastic bits under the ideal conditions. Other bags and bottles may use plastics reclaimed through recycling, consuming no new petroleum products.

DAIRY

Assorted 8 Oz.
La Corona Yogurt
3 For \$1**Land O Lakes Spread** **59¢**
1 Lb. QuartersAssorted
Land O Lakes Sweet Cream **1.29**
16 Oz.Assorted 8 Oz.
IGA Sour Cream **2 for \$1**Crescent or Cinnamon
IGA Rolls **1.39**
8 - 9.5 Oz.Kellogg's
Crispix Cereal **3.49**
12.3 Oz. Box**Kellogg's**Kellogg's
Low Fat Granola **4.39**
20.5 Oz. Box

PETS

Cheezy or Chunky
Purina Kibbles Dog Food **7.99**
20 Lb. BagPurina
Meow Mix **3.49**
3.5 Lb. BagAssorted
Kozy Kitten Cat Food **3 for \$1**
13 Oz. CanAssorted
Reward Dog Food **4 for \$1**
6 Oz. Can

FAVORITES



Asst. Ore-Ida
**Tater Tots, Crispy
Crowns or Waffle Fries**
22 - 32 Oz. Bag

2 For \$3



Assorted
**Minute Maid
Orange Juice**
12 Oz. Can

99¢



YOUR ICE CREAM MAN!

Blue Bunny
Nutty Royale
6 Pack

229

Blue Bunny
Fruit Yogurt Snack
12 Ct.

249

Milky Way or Snickers
Ice Cream Bars
Assorted 6 ct.

239

Raspberry or Strawberry
Starburst Yogurt
6 Count

189

Assorted Ore Ida
**Twice Baked
Potatoes**
10 Oz.

2 For \$3

Assorted Ore Ida
Bagel Bites
7 Oz.

2 For \$3



MONEY BACK GUARANTEE

We're so proud & confident about the quality of our store brands that we offer you a **DOUBLE YOUR MONEY BACK GUARANTEE**. If for any reason you are dissatisfied with any IGA, Rainbow, TV or Marquee brand, just return it, along with your name, address & phone number, and we'll give you cash-DOUBLE the retail value of the purchase price.



Marquee
BRAND

GENERAL MERCHANDISE



Assorted
**Crest
Toothpaste**
4.6 Oz.

167



Original, Peppermint, Baking Soda
**Scope
Mouthwash**
24 Oz.

379



Original or Cherry
**Pepto
Bismal Tabs**
30 Count

289



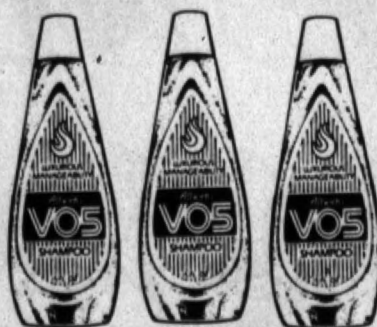
Assorted Pampers
**Diapers or
Trainers**
14 - 50 Ct.

759



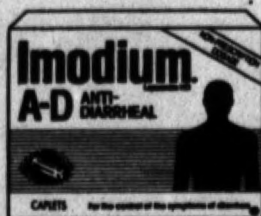
Assorted
**VO-5
Hair Spray**
10 Oz.

179



Assorted VO-5
**Shampoos or
Conditioners**
15 Oz.

97¢



**Imodium
Caplets**
6 Count

259



Compare to Ben Gay
**Marquee
Muscle Rub**
3 Oz.

199



Assorted
**Ban Roll On
Deodorant**
1.5 Oz.

199



Compare to Shower to Shower
**Marquee
Bath N Shower
Powder**
13 Oz.

139



HOMETOWN
PROUD
America

YOUR HOMETOWN
SAVINGS PLACE!

**COKE, 7UP
& DR PEPPER**

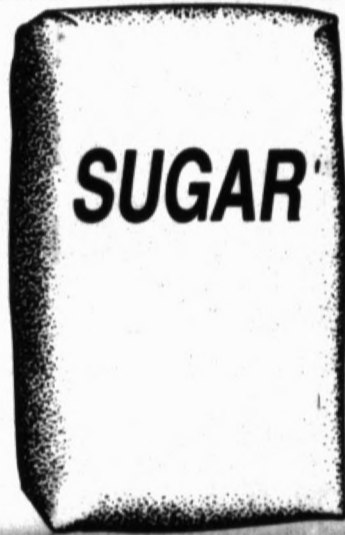
12 PK. 12 Oz. CANS | 8 PK. 20 Oz. BTLs.

4¹⁹

2⁹⁹



SAVE SAVE SAVE



SUGAR

SUGAR

25 LB.

9⁹⁹

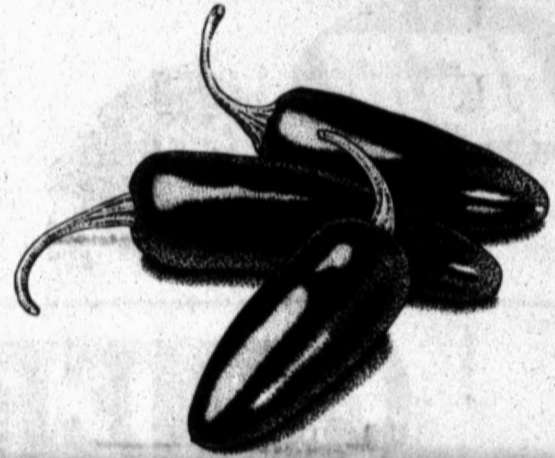
IGA

CHARCOAL

10 LB. BAG

1⁴⁹

IN OUR PRODUCE DEPT.



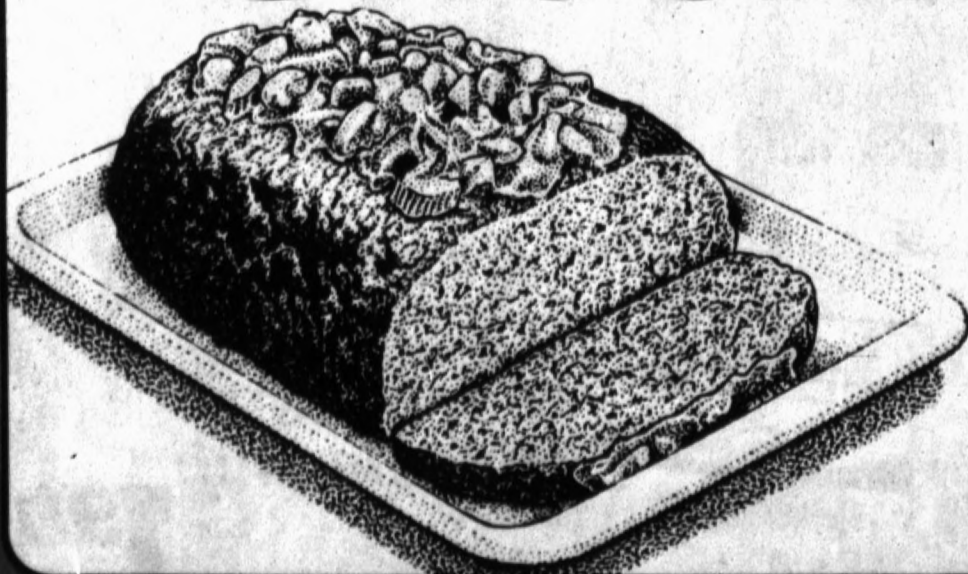
JALAPENO

PEPPERS

79[¢]
LB.

FAMILY PACK

GROUND BEEF



1²⁹
LB.



Taylor & Sons

•Hereford

