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US maneuvers held in Kuwait

By DANIEL J. WAKIN
Associated Press Writer
KUWAIT (AP) - U.S. forces held their first exercise today, in a reassuring gesture to Kuwait and a menacing one to Iraq, while Washington pressed for measures to deter Saddam Hussein from instigating future crises.

Seven transport helicopters dropped 180 Marines, their equipment and four jeeps in the desert at al-Mutlaa, about 18 miles from Kuwait City and just two miles away from the site of one of the Gulf War's most devastating attacks. A huge allied bombardment at the so-called Highway of Death incinerated an Iraqi column on Feb. 26, 1991, the day of Kuwait's liberation from seven months of Iraqi occupation.

The U.S. maneuvers and continued deployment of thousands of forces in the Gulf region were testimony to Washington's distrust of the Iraqi president, despite his apparent withdrawal of some 70,000 troops from provocative positions near Kuwait's border.

Seeking to deter future show-downs, the United States suggested limiting Iraqi troops and equipment near the Kuwaiti border Wednesday, after backing down from a more ambitious proposal to bar all Iraqi forces from southern Iraq.

Defense Secretary William Perry was expected to pursue discussions on the proposal when he arrived in the region today.

Secretary of State Warren Christopher discussed the Iraqi troop limits with Gulf foreign ministers

Wednesday, as well as another plan to press Iraq to sell \$1.6 billion worth of oil so it can purchase food and other necessities.

Iraq's economy has been wrecked by sanctions imposed when it invaded Kuwait four years ago, and it has been suggested that Saddam sent troops to the border to create international pressure to ease the sanctions.

Whatever the details of the allied response, Christopher said, "we are resolved and committed that Saddam should not be permitted to project the world into crisis at his own whim."

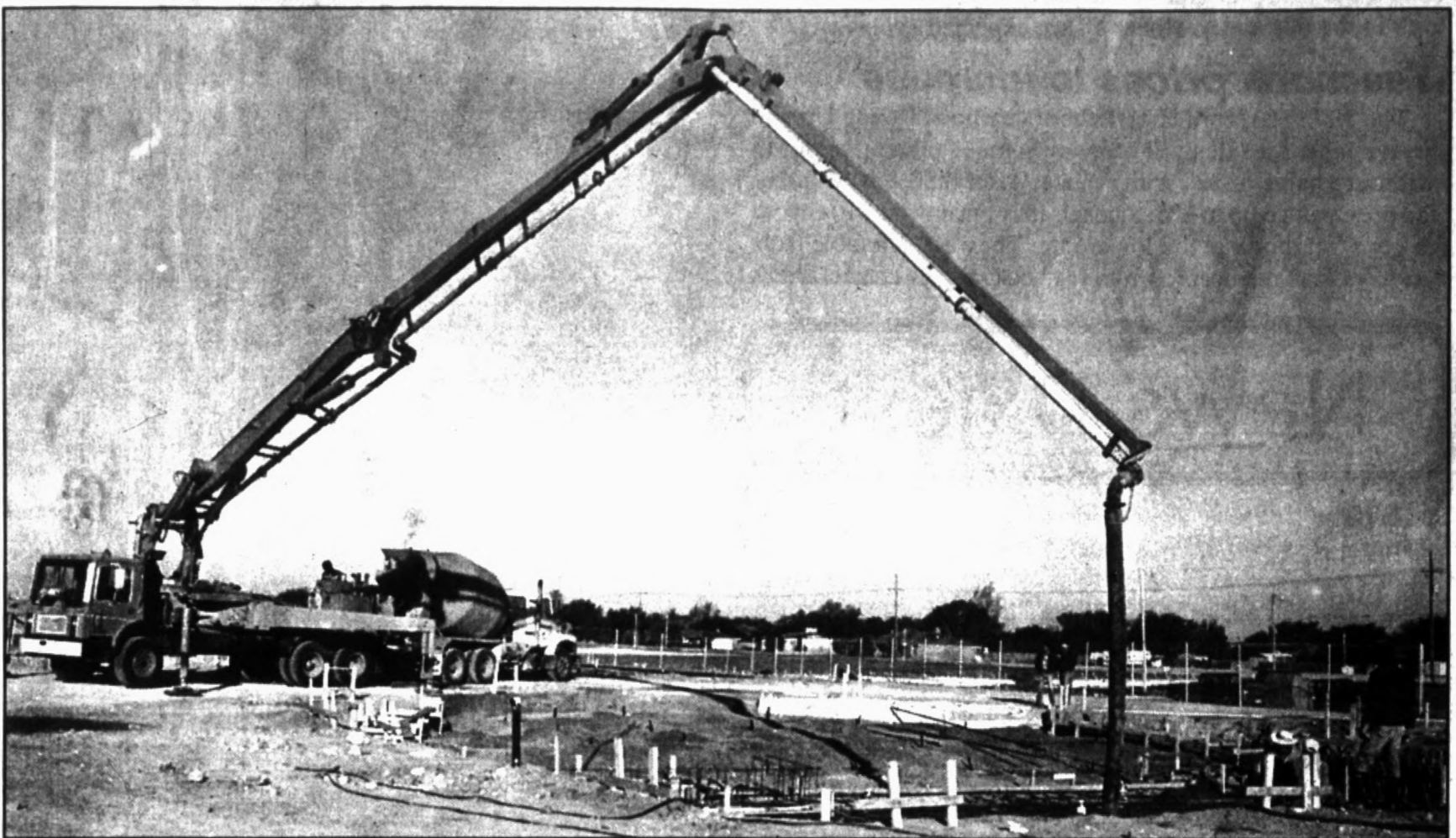
France had been cool to the stricter U.S. suggestion barring Iraqi troops from southern Iraq, and Britain noncommittal. Support from the two countries, traditional U.S. allies and permanent members of the Security Council, is considered vital to enforcing any such limits.

France, in particular, has urged caution. Two French Cabinet ministers said Iraq had not violated any agreements and the West should not overreact.

A U.S. official at the U.N. said Washington wants a return to the way things were before the troop buildup.

"We are proposing that Iraq return to the status quo and that will require an exclusion by the Iraqis of certain heavy equipment," he said, speaking on condition of anonymity.

Elite Republican Guard combat units that had moved into southern Iraq would have to withdraw but the 30,000 Iraqi soldiers who were in the area before the buildup could stay, the official said.



Major step in construction

Construction of swimming pools in the Hereford Aquatic Center took a giant leap forward Thursday when concrete floors of the pools were poured. Concrete from trucks was transferred to a pump truck, then pumped through a boom that allowed

workers to guide the material into the right places. Building superintendent Don Kundert expected to get the floors of the recreational pool and the competition pool poured Thursday.

Farmer-stockman show celebrates agriculture impact

By JEAN PAGEL
Associated Press Writer
LUBBOCK, Texas (AP) - Piles of pumpkins and hay bales decorate the landscape around the biggest agriculture shopping bonanza on the South Plains this week.

The Farmer-Stockman Show - 800 acres of exhibits and crops on display - allowed browsers to wander among tractors, scrutinize the cattle and watch harvesters at work.

The sprawling assembly celebrates the \$74 billion that agriculture generates in Texas business each year.

The annual show started Tuesday and takes place through today on city-owned land east of Lubbock. It's promoted as the only show of its kind in the Southwest.

Thousands of people roamed Wednesday through the candy-striped

tents where exhibitors offered information on techniques to protect soil and break the wind. Vendors were peddling their products.

"Just looking," said E.G. Reed of Quitaque, who was intrigued by a fancy new combine. He said he'd never seen one like it.

Visitors could take note of 44 cotton varieties, 56 corn hybrids and 33 soybean varieties planted months before the show started.

Others were attracted to the quilting sessions, research booths run by Texas Tech University and a collection of antique farm equipment.

"Most of the people know what they're looking for," said Rusty Smith, sales representative for Linn Enterprises of Linn, Kan. "All of them ask questions."

Smith showed off some livestock (See SHOW, Page 2)

By NITA LELYVELD
Associated Press Writer
WASHINGTON (AP) - Women in the House and Senate say they made their presence felt more than ever this year, pushing through a range of legislation from new programs to fight domestic violence to increased funding for breast cancer research.

With 48 women in the House - including District of Columbia Del. Eleanor Holmes Norton - and seven in the Senate, they now make a difference when they vote together, and their presence is increasingly felt on key committees, too, they say.

The 103rd Congress passed 66 measures of particular importance to women, according to the Congressional Caucus for Women's Issues - from big-ticket items such as the \$1.6 billion Violence Against Women Act to more stringent regulations on child support.

"While the numbers of measures passed in this Congress is historic and impressive, the other story is the one behind the numbers: the cooperation between congresswomen, their persistence in working to bring legislation important to women to the House and Senate floors, and their political savvy in making this a record-setting Congress," said Rep. Patricia Schroeder, D-Colo., elected

in 1972 and the senior female member of the House.

Women showed their solidarity often, sometimes dramatically - as when a group of House women marched over to the Senate in April to join female senators in questioning the four-star retirement of Adm. Frank B. Kelso II after the Tailhook scandal. Kelso got his retirement without penalty, but the women got the spotlight.

"I think they made a big splash by making the House of Representatives and the Senate look a little more diverse," said Ruth Mandel, director of the Center for the American Woman and Politics at Rutgers University.

Whether it was speaking up about Tailhook or Sen. Carol Moseley-Braun, D-Ill., standing up for black

women, "there were moments when they said you must recognize our voices and our faces and our experiences," Mandel said. "And I think that makes a difference in perception and politics and, ultimately, in policy."

Rep. Nita Lowey, D-N.Y., said women in Congress met regularly during the session, often for lunch and dinner, not just for strategy sessions.

"I think because of our lifetime of experience, whether it's as a mother or a wife or a community activist, we bring a passion to our public service," she said.

Harriett Woods, president of the National Women's Political Caucus, a bipartisan group supporting female candidates for office, said women are

making an impact by sensitizing men to their concerns.

"There is a power and an effect on your peers that goes beyond even the most supportive male member saying 'my constituents tell me' on issues like breast cancer or what it is to be a mother on welfare," Woods said.

"There is a respect and a support that rallies around a fellow member's priority."

While the upcoming elections could cost some freshman women their seats, next session could bring new firsts, regardless. Senate women are lobbying for vacant seats on the Finance Committee, for instance, and Schroeder is in line to become the first woman in 17 years to chair a full standing committee of Congress.

Record crops forecast for Midwest

By TOM SEERY
AP Business Writer
DES MOINES, Iowa (AP) - A year after the Midwest's harvest was decimated by flooding, record corn and soybean crops have created lesser problems: depressed prices and a shortage of storage space.

The Agriculture Department predicted Wednesday that the nation's farmers would harvest 9.6 billion bushels of corn and 2.46 billion bushels of soybeans this year.

It was the second month in a row that the USDA has upgraded its forecast for the crops. Nearly ideal weather throughout the Midwest caused both crops to mature early and

stay hardy.

The bumper crops, however, will knock down prices received by farmers. The USDA projected corn prices will drop 10 cents a bushel, with prices ranging from \$1.90 to \$2.30. Soybean prices should be helped by strong export demand and range from \$4.60 to \$5.30 a bushel.

It cost farmers an average of \$2.21 to produce a bushel of corn this year and \$5.22 to produce a bushel of soybeans, said Iowa Secretary of Agriculture Dale Cochran.

"The latest estimates are bittersweet," Cochran said. "It is encouraging to see this dramatic turnaround in our crops after last

year's devastating floods. Unfortunately, farmers are receiving depressed prices for this tremendous productivity."

"The prices are in the basement," said Bob Plathe, a corn and soybean farmer from LuVerne. "Hopefully the exports will keep growing and these prices will have bottomed out."

The current corn crop record is 9.48 billion bushels in 1992. The soybean record is 2.26 billion bushels in 1979.

Lower corn prices mean the government will be paying farmers more to make up the difference between the market price and a target price of \$2.75 a bushel.

Changes bring new officers to Hereford school campuses

By GARRY WESNER
Managing Editor
Students in Hereford schools who have become accustomed to seeing police officers in the halls during the day are seeing new faces this year because of a change in the DARE program.

DARE Officer Terry Brown last year taught DARE at Hereford High School and Hereford Junior High School, and served as School Resource Officer at the same time.

However, Brown was having to take time out of class to attend to his duties as SRO.

As a result, Brown was transferred back to the intermediate school level this year to teach DARE and a full-time SRO was named at the junior and senior high schools.

Officer Randy Stribling assumed that job this year.

"I handle matters the police would

be involved in -- criminal and non-criminal," said Stribling.

Stribling also said his job is to be a liaison officer between the schools and the police department, getting to know teachers, students and administrators and "get them to know the police department better."

Because he does not teach a regular class -- DARE is not offered at the secondary school level this year -- Stribling has the time needed to dedicate to SRO duties.

He said he patrols the halls of both schools between classes and while classes are in session.

Stribling said he tries to devote approximately half of each day to each of the two schools, although incidents that happen during the day might affect his regular schedule.

When there is a lull in the work of a particular class, Stribling might also stick his head in the door and stop and

visit.

As the year progresses, he said, he will teach occasional classes at the two schools on crime prevention subjects. However, those sessions will be one-day lessons that will have a marginal interference on his SRO duties.

Brown will teach DARE curriculum to sixth graders at the city's three intermediate schools, as well as offer DARE to the three private schools and Walcott.

Police Chief David Wagner said one or both officers also will accompany sporting teams on out-of-town trips, traveling in either a patrol car or the DARE van, which was donated to the department by the community.

Wagner said the officers will be along to act as liaison with the teams while they are out of Hereford.



Checking out the jacket

Hereford Police Officer Randy Stribling and Hereford Junior High history teacher Deedee Drake look over a jacket Stribling was recently given that proclaims him as the SRO -- or Student Resource Officer -- for the Hereford Independent School District. The jacket features a Hereford "H" on one side of the front, a police badge and Stribling's name on the front and the motto "Protect Serve Educate" on the back. Stribling assumed SRO duties at the high school and junior high this year when DARE Officer Terry Brown returned to the intermediate school level. Stribling patrols the two campuses, talks with students and teachers and is available whenever an officer is needed. See additional photo, Page 2.

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Lifestyles

Task force explained for local auxiliary

The Ladies Auxiliary to Roy Wederbrook Veterans of Foreign Wars Post 4818 met in regular session last week with Betty Boggs presiding. Bill Blacksher, with the Panhandle Regional Narcotics Task Force in Amarillo, presented a program about the task force. His wife, Brenda, who is employed at Hereford Care Center, was a special guest and was presented with a box of tray favors, made by the auxiliary, to give to care center patients.

The meeting was preceded by a sandwich, chips-and-dips supper with Robert Kubacak, post commander, and Bill Craig, past commander, as guests.

During the business session, Derenda Boggs DeLeon was voted in as a new member. Anita Vardell, District 13 president, told the group about flags needed for the Fiesta de Amstad parade in Del Rio. The club

sent a donation, since this is the only international parade in the nation.

The Health & Happiness/Christmas Cheer donation was also submitted, and the treasurer's report was given.

The auxiliary is still collecting pennies for the political action committee, and those who want to donate should turn in the pennies by Nov. 7. Donations of food and clothing were made for the "VFW Standdown" in Amarillo for the needy and homeless.

Members present were Betty Boggs, Mildred Clements, Doris Coffin, Linda Dutton, Marie Goheen, Dora Lea Howell, Erma Loving, Essie Martin, Erma Murphey, Peggy Oakes, Terrye Rhyne, Earline Schneider, Vivian Williams, Saundra Sutton, Anita Vardell, Imogene Sweeney and Winnie Tyler.

Ann Landers

DEAR ANN LANDERS: I've wanted to write this letter for so many years that it may be hard to believe I'm only 25. I first started reading your column when I was a kid, delivering newspapers in the early morning hours.

You might say this is a thank-you letter. My family was a little crazy. My father drank too much, my mother got sick too often and I got hit a lot for things that weren't my fault. I took refuge in your column. The idea that problems could be solved and issues could be discussed was a revelation.

I used to half-jokingly credit you with my upbringing. Now that I have made peace with my mother and father, I want to express my deeply felt gratitude for your advice and support. And thanks, too, for all your hard work. Here's to many more years!—J.F. Chicago

DEAR J.F.: Those kind words brightened my day. Write again—any time.

DEAR ANN LANDERS: I need your opinion on a family problem that involves my wife's desire to invite her former lover and his wife to spend a week in our home which is located in a beach community. My position is "no invitation."

"Judith" and I are in our late 50s, and we have a loving relationship. This is a second marriage for us both.

Before I met Judith, she had a torrid affair with a family friend. I'll call him "Howard." It lasted five years—until his wife found out. She did not divorce him. They went for counseling and patched it up. I married Judith four years later, and we have had a very good marriage, both remaining totally faithful.

Howard and Judith have maintained their friendship over the years, and there has been no hanky-panky. Howard's wife is fond of Judith and does not feel threatened by her. I like Howard and am comfortable in his presence.

Now Howard and his wife are coming to spend a week in our little town. Judith wants to invite them to stay with us. I say, "No way." Although I am a professional man and my work involves solving human conflicts, I cannot handle the prospect of having my wife's former lover as an overnight guest in our home. My wife said I should rise above it. When I asked how she would feel if the roles were switched, she repeated, "No problem." I said, "Bull."

Please apply your conflict resolution powers. I have no objection to taking this couple to dinner, but I do not want them as house guests. Am I being "square and unreasonable?"—Reluctant Host

DEAR HOST: I cast my vote with you. If having Howard and his wife as overnight guests makes you uncomfortable, Judith should respect your wishes. Dinner, yes. Sleep over, no.

DEAR ANN LANDERS: The letter about the woman with 14-inch-long fingernails fascinated me. Regarding the imbedding of gems in nails, I have a real "gem" for you.

Across the street from where I live is a mutual savings and loan where I do business. Recently, I was waited on by an attractive, intelligent, highly capable woman who had GOLD nails. I kid you not. Of course, I was interested, so I asked several questions. I learned that the nails cost \$95 each. The thumbnails run \$105. CAN YOU IMAGINE?—M.H., Milwaukee, Wis.

DEAR MI.: Yes, after nearly 40 years of this work, I can imagine anything—even \$970 for a set of false nails. And they accuse me of making up letters!!

Feeling pressured to have sex? How well-informed are you? Write for Ann Landers' booklet, "Sex and the Teenager." Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Teens, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Library plans sale

The Friends of the Library's annual book sale is planned this weekend at Deaf Smith County Library.

Friday's sale will be held from 5-9 p.m. and is only for members of the Friends of the Library. Memberships may be purchased at the sale.

Saturday's sale will be from 9 a.m. until 5 p.m. and is open to the public.

ATLANTIC CITY, N.J. (AP) — Bruce Willis posed for pictures, reminisced about his youth in New Jersey and even invited his fans to hit the blackjack tables with him.

But the actor, in town to help break ground for a Planet Hollywood celebrity nightclub, clammed up when asked how much his share is.

"I own everything," he cracked. When pressed, he rolled his eyes. "What a guy," he said, referring to the reporter who asked.

During World War II, the Italian fleet surrendered to the Allies in 1943.

In 1929, the German dirigible Graf Zeppelin completed a trip around the world.

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Plans for parade noted

Carolyn Waters, instructor for the Junior Historians, announced plans for a Nov. 4 parade when the American Legion Auxiliary of Post 192 held its monthly meeting recently.

Mrs. Water announced that a float for veterans will be included in the parade commemorating World War II. She also reported that "The Moving Wall," a memorial to Vietnam vets, will be at Llano Cemetery Oct. 15-21.

Beverly Jesko gave the membership report and also discussed the excellent care received by her husband, Jimmy, from Hereford EMS and the Veteran Hospitals in Amarillo and Albuquerque when he was gravely ill this summer.

President Troyce Hanna called the

meeting to order, and secretary Clara Trowbridge read the minutes of the last meeting. Patricia Robinson gave the yearbook report. For Americanism Moments, Irene Berger discussed what the Pledge of Allegiance means.

Hanna read a commendation presented to the Legion and Auxiliary for hosting the recent District Convention. The Legion and Auxiliary will host the November zone meeting.

The unit charter was draped in black in memory of Artie Frost. Members present were Troyce Hanna, Clara Trowbridge, Beverly Jesko, Ruth King, Irene Berger, Betty Jo Carlson, Patricia Robinson, Alta Hudson, Bernice Layman, and new member Mary Lou Shore.

Public invited to Rebekah lodge chili supper Saturday

The public is invited to a chili supper from 5-8 p.m. Saturday in the Odd Fellow Hall, 205 E. Sixth St. Tickets, which will be available at the door, are priced at \$3.50 for adults and \$2 for children 6-12.

The menu of chili, beans, cornbread, pie, coffee and tea were discussed when the Hereford Rebekah Lodge #228 met Tuesday evening.

Noble Grand Dorothy Lundry presided at the business session when the following was recorded: 30 visits

to the sick, 30 cheer cards, 10 dishes of food, and nine flowers.

Mary Lou Weatherford read the rules and regulations pertaining to business procedure and attendance as a refresher for older members and to new members.

Nelma Sowell served as hostess. Others present were Tony Irlbeck, Peggy Lemons, Susie Curtsinger, Anna Conklin, Ben Conklin, Jessie Mathews, Irene Merritt, Lucille Lindeman, Nan Rogers, Ocie Bolton, Gail Nelson and Frankie Ruland.

Garden club holds auction

An auction of baked cakes, pies, breads, and many handmade gifts and crafts was held when Garden Beautiful Club held its meeting last week in the home of Jeanne Dowell.

President Nada Axe opened the meeting by reading a poem by John Greenleaf Whittier. Dorothy Noland gave the financial report.

Present for the meeting were Axe, Noland, Dowell, Jerrye Jackson, Doris Bryant, Marguerite Cole, Louis Axe, Leona Andrews, Bessie Story, Louise Streun, Helen Spinks and one visitor.

The club's next meeting will be Nov. 11 with Louise Axe.

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Sports

Herd sports this weekend Spikers, netters host big matches Saturday

The Hereford volleyball team can clinch a playoff berth with a win Saturday over Borger in Whiteface Gym. The Lady Whitefaces lead District 1-4A with an 8-0 record, 23-4 overall, while Borger is fifth in the district at 2-5 and 9-11.

The junior varsity match starts at 2 p.m., and the varsity match starts about 20 minutes after the JV match is over.

The Herd tennis team also has a key match Saturday, when Pampa comes to Whiteface Courts for a team match starting at noon. Hereford has one loss—to Borger—in team tennis play and needs to win to keep its hopes alive for a regional tournament berth. Hereford already owns a win over Pampa, a 14-4 win in a non-district practice match, but that was back in August.

Hereford's cross country team will be running in a meet in Sundown Saturday, instead of the originally scheduled meet in Stratford.

The Herd girls' golf team will wrap up its fall season Saturday at Phillips Golf Course in Borger. Tee time is 9 a.m.

Most of the Herd football teams are off this week, including the varsity. The sophomore team is the only high school team to play this week; it will take on Monterey's sophomores at 5 p.m. today in Lubbock.

The ninth grade volleyball team will play in a tournament in Pampa Saturday, then return home on Monday to host the ninth grade team from Yucca Junior High of Clovis, N.M., at 5 p.m.

The seventh grade volleyball teams will play in a tournament in Dumas Saturday. On Monday, the seventh and eighth grade teams will play matches in Dumas, starting at 5 p.m.

Some of the Hereford Junior High football teams will play Tuesday: the seventh grade White teams will host Borger at 5 p.m.; the eighth grade White teams will play at Borger; and the seventh grade Maroon B team will play at Friona.

Hereford playoff teams will get bye in bi-district

Herd fans may be wondering which opponents Hereford's football or volleyball teams would face should either or both make the playoffs—the volleyball team can clinch a playoff spot Saturday—so here is the way the districts in Region 1-4A are set up after realignment.

Hereford teams which make the playoffs in any sport over the next two years won't play bi-district games or matches, because District 2 is vacant. Strangely, District 3 is made up of El Paso teams, while Hereford's neighboring South Plains teams like Frenship, Levelland and Estacado are in District 5.

Note: Justin Northwest, the team that beat Hereford's volleyball team last year in the regional finals, is now in District 9-4A, so it's not even in the region this year.

CLASS 4A—Region 1

- District 1—Hereford; Caprock; Borger; Canyon, Randall; Dumas; Pampa.
- District 2—Bye
- District 3—Canutillo; El Paso; El Paso Jefferson; El Paso Parkland.
- District 4—Andrews; Big Spring; Fort Stockton; Monahans; Pecos; San Angelo Lakeview.
- District 5—Lamesa; Levelland; Lubbock Estacado; Snyder; Sweetwater; Frenship.
- District 6—Brownwood; Cleburne; Granbury; Joshua; Minerals Wells; Stephenville.
- District 7—Burkburnett; Denison; Sherman; Wichita Falls High; Wichita Falls Hirschi; (Denton West will not compete in football in 1994).
- District 8—Fort Worth schools: Arlington Heights, Carter-Riverside, Castleberry, Eastern Hills, Northside, Polytechnic.

Senior Record

LOS CABOS, Mexico (AP) — Youth isn't always served, even in the game of professional golf. Dave Stockton, Sr., club pro at the Palmilla Resort course here, played a round while on a family vacation, and shot a record 67. Whose record did he break? None other than the 69 posted by his eldest son, Dave Stockton, Jr., a member of the regular PGA Tour.

He Plays To Win

PONTE VEDRA, Fla. (AP) — Star golfer Corey Pavin, a middleweight in size, has to play against a lot of much heavier and taller men. Pavin, 5-9 and 150 pounds, regards that as a challenge. "I've always been the underdog because of my size," Pavin says. "I don't care about that. I just want to beat anyone I'm playing, whether it's one of the top stars or a lesser player."

Randall, Borger, Pampa favored

Randall, Borger and Pampa all will be big favorites, according to the Harris Rating System, when they face Canyon, Dumas and Caprock Friday night.

Hereford has an open date in the schedule this week.

In Friday's best District 1-4A matchup, Randall will be a 12-point favorite over Canyon. It will be the first-ever varsity football game between the two Canyon Independent School District high schools. The game will be played at 7:30 p.m. in Kimbrough Stadium in Canyon.

Borger will be a 23-point favorite at home against Dumas, according to Harris, while Pampa is picked by 30 over Caprock in Pampa.

Hereford jumped up five spots in Harris' Class 4A rankings—to 62nd from 67th—after its 44-14 win Friday in Dumas. Hereford's power rating jumped two points to 185.

Pampa is the top-ranked team in the district, at 37th with a power rating 191. The other teams in 1-4A are: Randall, 50th at 188; Borger, 57th at 186; Hereford, 62nd at 185; Canyon, 111th at 176; Dumas, 152nd at 164; and Caprock, 166th at 160.

Stephenville is ranked first in Class 4A at 212. Sweetwater is the top-ranked team from West Texas, at 26th and 194. Other 4A teams from West Texas are: Estacado, 36th at 191; Frenship, 44th at 190; San Angelo Lake View, 45th at 189; Levelland, 56th at 187; Snyder, 66th at 184; Big Spring, 77th at 181; Monahans, 93rd at 179; Andrews, 105th at 177; Lamesa, 142nd at 167; Pecos, 151st at 165; and Fort Stockton, 180th at 149.

In other games involving area teams, Harris picks: Amarillo High by 18 at Coronado; Monterey by 16

at Tascosa; Andrews by 1 over Monahans; Big Spring by 32 over Fort Stockton; San Angelo Lake View by 24 over Pecos; Estacado by 24 at Lamesa; Sweetwater by 7 over Levelland; Frenship by 3 at Snyder; Shallowater by 6 over Dimmitt; Friona by 20 over Muleshoe; Gruver by 2 over Stratford; and Claude by 17 over Vega.

Harris has Lubbock High at Palo Duro as even.

New Rangers' GM wastes no time in firing Kennedy

By JAIME ARON
AP Sports Writer

ARLINGTON, Texas (AP) — Kevin Kennedy left the Texas Rangers with no bitterness. Instead, he issued a warning.

"I'll be back," Kennedy said Wednesday after new Texas general manager Doug Melvin fired him despite having the Rangers ahead of the AL West with a disappointing 52-62 record when the strike began.

"I understand change. It's part of the business. I have no regrets. I wish the best for Doug Melvin and the Texas Rangers, except when they're playing against us — whoever I may be."

There's no immediate word on a replacement, although Melvin said he would immediately try lining up candidates.

Kennedy, 40, sounded like he expects to land on his feet. With three teams looking for a manager and several others reportedly ready to join

the market, he may have a chance soon.

If not, he'll still make \$250,000 from the Rangers next year. That may be part of the reason why Kennedy had nothing but kind words about the team's management at a news conference Wednesday.

"I leave here with a good taste in my mouth and I was told that by ownership as well," Kennedy said. "I'll never say anything bad about people here. I'm thankful for the opportunity they gave me."

In his first big-league managing job, Kennedy went 138-138 in two years. He was fourth in the manager of the year balloting for 1993 after his first club went 86-76 and finished second in the AL West.

This year's team was considered the frontrunner in a revamped division. Although the Rangers were in first most of the season, a six-game losing streak going into the strike shrunk their lead over Oakland to one game.


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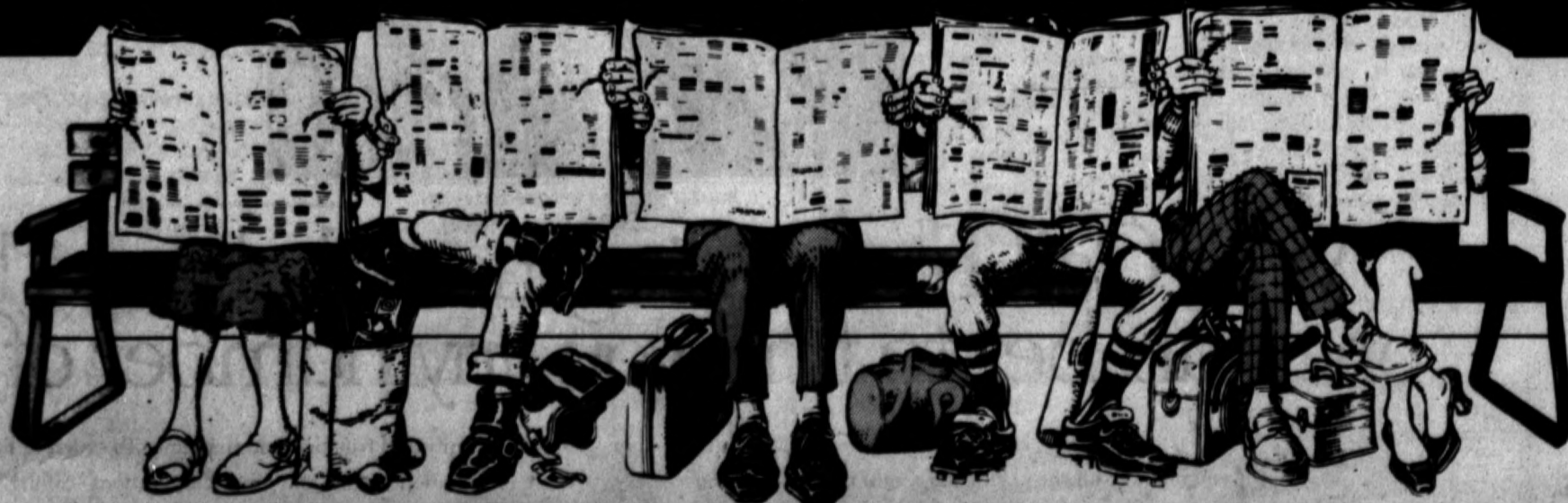
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Dumas at Borger	Borger	Borger	Borger	Borger
Randall at Canyon	Randall	Randall	Randall	Randall
Amarillo High at Coronado	Amarillo	Amarillo	Amarillo	Amarillo
Dimmitt at Shallowater	Shallowater	Shallowater	Shallowater	Shallowater
Muleshoe at Friona	Friona	Friona	Friona	Friona
Vega at Claude	Claude	Claude	Claude	Claude
Stratford at Gruver	Gruver	Stratford	Gruver	Gruver
Baylor at Texas A&M	A&M	A&M	A&M	A&M
Texas at Rice	Texas	Texas	Texas	Texas
Houston at SMU	SMU	SMU	SMU	SMU
TCU at Tulane	TCU	TCU	TCU	TCU
Auburn at Florida	Florida	Florida	Florida	Florida
Nebraska at Kansas St.	Nebraska	K-State	Nebraska	Nebraska
Penn State at Michigan	Michigan	Michigan	Michigan	Penn State
Oklahoma at Colorado	Colorado	Colorado	Colorado	Colorado
Arizona at Washington St.	Wash. St.	Arizona	Wash. St.	Arizona
Arizona at Washington (NFL)	Arizona	Arizona	Washington	Arizona
NY Giants at LA Rams	Giants	Giants	Giants	Giants
LA Raiders at Miami	Miami	Miami	Miami	Miami
New England at NY Jets	New England	New England	Jets	Jets
San Francisco at Atlanta	Atlanta	San Francisco	San Francisco	San Fran
San Diego at New Orleans	San Diego	New Orleans	San Diego	New Orleans
Cincinnati at Pittsburgh	Pittsburgh	Pittsburgh	Pittsburgh	Pittsburgh
Indianapolis at Buffalo	Buffalo	Buffalo	Buffalo	Buffalo

*Standing in for Charlene Sanders this week is Butch White.

Oilers face Browns tonight with familiar record of 1-4

By MICHAEL A. LUTZ
AP Sports Writer

HOUSTON (AP) - This is the point where the lights came on for the Houston Oilers last season.

Last year, the Oilers took a 1-4 record into their sixth game, then reeled off 11-straight victories. They're 1-4 again this season, but no one expects Thursday night's game against the Cleveland Browns (4-1) to start a similar streak.

The Oilers have struggled on offense, which has led to internal squabbling and finger-pointing.

"There's a lot of pressure on the defense because we have to make up for what the offense is lacking until it starts to come around," safety Marcus Robertson said. "It's a Catch-22. We have to gamble to force turnovers but we also have to be cautious and not give up the big play."

Houston leads the NFL with 23 sacks allowed, and starting quarterback Cody Carlson hasn't held up well. He's been hobbled by a shoulder separation, broken nose, and a sprained knee.

Carlson has been shelved until he is healthy and Bucky Richardson will start.

"We're 1-4 and we know why we're 1-4," Richardson said. "We just have to relax and play. If anybody works hard physically and with emotion, it will all work out."

Even more pressure will be on Richardson because starting running back Gary Brown, who had a career-high 194 yards against the Browns Nov. 21, will miss the game with an injury.

While the Oilers appear to be headed downward, the Browns have finally prospered under the firm leadership of Bill Belichick.

"I feel this team is much different from the one last year or any other year," quarterback Vinny Testaverde said. "Bill realized the talent we have on this team and took it easy on us in training camp."

"Maybe that will show up at the end of the season and we won't be as tired as we were a year ago."

The Browns have a recent history of fading in the stretch, going 7-17 in the second half of the last three seasons under Belichick. They started

last season 5-2 and finished 2-7. In 1992, they started 4-3 and finished 3-6.

"We've got a more mature team," Belichick said. "Naturally, the more mature they are the most responsibility they can handle and the more you want to give them. It's really a positive when your team leaders run the team rather than a lot coming from the coaches."

Eric Metcalf will be the Oilers' chief problem. He's scored this season on a 37-yard run, 92-yard punt return and a 57-yard touchdown reception.

"He makes things happen," Belichick said. "I feel like if we keep presenting him with opportunities, sooner or later, he'll break one."

The Browns defense will try to take advantage of the inexperience of Richardson, who must help assistant coach Kevin Gilbride carry out a directive from owner Bud Adams to put more tight end offense into the gameplan.

"People think the tight end will shore up the protection, but most of the time he doesn't stay in and block," Richardson said. "If we execute and get our run going, we'll move the ball. We can't have turnovers."

Cowboys' unknown tackle shines vs. Cards' Simmons

By DENNE H. FREEMAN
AP Sports Writer

IRVING, Texas (AP) - Some football experts questioned the Dallas Cowboys' decision to take Larry Allen in the second round of the NFL draft. Not many people had heard of the 330-pounder from Sonoma State.

But when he didn't allow a sack while blocking Clyde Simmons during most of the Cowboys' 38-3 victory over Arizona on Sunday, Allen showed why the Cowboys scouting combine headed by Larry Lacey thought so much of him.

"I thought Allen played well," Simmons said. "It was a tough situation for him. I know when I go up against a young guy like that, he's going to get some help. But Allen held his own."

Allen started because veteran Mark Tuinei was bedeviled by back

spasms. Tuinei was suited up and would have gone into the game if Allen hadn't performed.

Allen said the biggest trouble he had was with quarterback Troy Aikman's audibles at the line of scrimmage.

"I made a lot of mental mistakes," Allen said. "I just had trouble with the audibles. Nate Newton told me that was the one thing that would be hard and he was right. I was glad I made it through without getting Troy killed."

Allen admitted he was nervous going against the NFL's No. 2-rated defense.

"I was a little shaky at first," Allen said. "I just kept telling myself it was going to be tough. I think I'll be a little more ready and a little bit better in my next game. I'm not going to be nervous again because I've

already played against a great player like Simmons."

Allen said he knew he was under the microscope.

Sonoma State is located 45 miles north of San Francisco. Allen played so well for the Cossacks that he was invited to play in the East-West Shrine game and also the Senior Bowl.

But while facing Simmons for four quarters is a nightmare for most people, it wasn't too scary for Allen, who was raised on some mean streets in Compton, Calif.

"It's a tough place," Allen said. His mother, Vera, agreed.

"When we would hear gunfire outside our house we would automatically roll out of the bed, lay on the floor until the shooting stopped, then get back in bed and go to sleep," she said.

Eagles' RB slowed by injured ribs

PHILADELPHIA (AP) - Dallas Cowboys coach Barry Switzer knows rib pain. That's why he thinks it will be difficult for injured Philadelphia Eagles running back Charlie Garner to finish Sunday's game between the two NFC East leaders.

"A rib injury is one of the most painful things you can have," he said, adding that one hit could force Garner out of the game. "I promise you it could happen at any time."

Since Garner hasn't been able to finish either of the first two NFL games he's played in the last two weeks, Switzer isn't making a bold prediction.

The injury, a stress fracture of the uppermost rib under the right collarbone, won't heal properly while the rookie from Tennessee continues to get pounded.

Yet Garner has so sparked an otherwise dormant running game, the 4-1 Eagles can't afford to have him sit on the sidelines against the Cowboys.

Instead, they have him sitting on the sidelines during practice, spending time in the training room attempting to shake some of the soreness and the pain with massages,

whirlpool baths, heat and ice treatments.

"As time goes on, I think he'll be all right," coach Rich Kotite said. "His spirits are good. And I think he knows that's the type of thing he's going to do for a while until he can get that soreness out of there."

The constant pain, diminished at times by codeine, has taken some of the joy out of what could be a storied NFL debut. If Garner runs for 100 or more yards Sunday against the Cowboys, it would be his third 100-yard game in as many tries as a pro, an unprecedented accomplishment.

"I really want to play in this game ... because it's the Cowboys and besides that, it's another game and I just love to play this game," said Garner, listed as doubtful on Wednesday's injury reports.

The injury limited Garner to four carries in the preseason and kept him out of the first three games of the regular season. Even with the sore rib, he has made a huge difference in the Eagles running game the last two weeks.

Garner has 44 carries and 233 yards in two games, an average of 5.3

yards.

In his first game against the 49ers, Garner had 16 carries for 111 yards and two touchdowns.

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Jan 68.00	68.00	Oct 219 1/4	219 1/4
Apr 68.00	68.00	Jan 219 1/4	219 1/4
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Oct 68.00	68.00	Jul 219 1/4	219 1/4
Jan 68.00	68.00	Oct 219 1/4	219 1/4
Apr 68.00	68.00	Jan 219 1/4	219 1/4
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Oct 68.00	68.00	Jul 219 1/4	219 1/4
Jan 68			

Early reports indicate cotton crop may be better than was predicted

COLLEGE STATION, Texas (AP) — Texas cotton producers in the High Plains are harvesting a better than expected cotton crop this year, the Texas Agricultural Extension Service reports.

Kater Hake, Extension agronomist in Lubbock, said while this year's cotton harvest won't bring a bumper crop, it is yielding better than expected.

"We have harvested a large number of high quality bales that are yielding much better than we thought," Hake said. "We had estimated 2.3 million bales, but as harvest continues we should bring in around 2.5 million bales."

Hake said the higher yields for the High Plains were surprising because of past weather conditions and how little rain this crop received.

"We really haven't received any significant rain since August 1993 - 14 months of dry weather can certainly take its toll on a cotton crop," he said.

Hake added that the last few weeks' rain showers in the Panhandle did more damage than good.

"The moisture is still stressing the plants," he said. "We are seeing an increased amount of leaf trash and color problems as a result."

Hake said that while the rains affected cotton harvests, last week's cold weather didn't. It will just make things a little more comfortable for producers.

Dr. Clay Salisbury, Extension agronomist in Amarillo, said the light frost that dusted the Panhandle Sunday did not adversely affect any crops.

"Sorghum harvest is under way, and everything is moving smoothly," Salisbury said. "Our cotton harvest is also looking good, with enough defoliation on the plants to keep everything in check."

Tony Douglas, Extension director in Overton, said East Texas needs rain to promote winter pasture growth.

"Our vegetables are progressing on schedule, but we are getting worried about our pastures," Douglas said. "A good steady rain would bring us out of our hot, dry weather rut."

Excellent sporadic weekend rains for Southwest Texas proved

beneficial for parched crops, but more rain is needed to help winter pastures.

Jose Pena, Extension economist in Uvalde, said much of the area received around three inches of rain last week.

"Cabbage, spinach and grains are progressing because of the recent rainfall, and most fields are wet enough for spring crops," Pena said.

However, Pena said, more rain is needed to promote pasture growth.

"Some of our producers have started to feed supplements to their livestock because the pastures aren't providing what they should," he said. "This gets very expensive for producers, so we hope rain will promote growth."

While rain is needed, Pena said a surge of cold weather mixed with rain could be detrimental to these pastures.

"Timing is the key," he said. "If we get rain too close to the first average killing frost, then we won't produce sufficient overwintering forage."

Jon Zeitler, meteorologist at the National Weather Service Agricultural Service Center in College Station, said high pressure areas will maintain fair skies, cool nights and mild days through Saturday.

"A few showers may develop in the southeastern parts of the state, but any rainfall amounts will be small," Zeitler said.

Zeitler said high temperatures will increase from the 70s and 80s to the 90s by Friday.

"The next major weather system may arrive by Sunday, bringing widely scattered showers and thunderstorms across Texas," he said. "But the rain will be short-lived, with next week's outlook calling for no rain."

The following specific livestock, crop and weather conditions were reported by district Extension directors:

PANHANDLE: Soil moisture short. Pasture, ranges need rain. Harvesting corn, cotton, peanuts, sorghum, sugar beets. Most wheat seeded. Hay baling active. Some supplemental feeding. Cattle in good condition.

SOUTH PLAINS: Soil moisture short. Pastures, ranges need moisture. Cotton, sorghum, peanut, sugarbeet harvest continues. Harvest-aid

chemicals active in many fields. Wheat 90 percent planted. Livestock good condition.

ROLLING PLAINS: Soil moisture short to adequate. Pastures, ranges in good condition. Cotton harvest continues. Wheat planting continues; 50 percent to 80 percent planted, 20 percent to 30 percent emerged. Livestock good; supplemental feeding continues.

NORTH TEXAS: Soil moisture short to adequate. Pastures, ranges in fair to good condition. Harvesting sweet potatoes, sorghum, cotton, soybeans, peanuts. Planting wheat, oats. Pecan crop in fair condition.

EAST TEXAS: Soil moisture short to very short. Lack of moisture damaging pastures, ranges. Fall vegetables, sweet potatoes progressing. Abundant hay supply. Spraying peach trees. Pecan crop light due to pest problems.

FAR WEST TEXAS: Soil moisture very short to adequate. Pastures need rain. Harvesting fall cantaloupe, cotton, sorghum. Planting wheat. Pecans poor to good. Cutting, baling hay. Spraying sweet potato for pests. Cattle fair to good.

WEST CENTRAL TEXAS: Soil moisture very short to adequate. Pastures, ranges need moisture. Cotton

yields below average to average. Peanuts good. Pests damaging vegetable gardens. Livestock fair to good.

CENTRAL TEXAS: Soil moisture short. Pastures, ranges need moisture. Cotton harvest near completion. Planting small grains. Pests damaging pecan crop. Livestock in fair condition.

SOUTHEAST TEXAS: Soil moisture very short to adequate. Pastures, ranges need rain. Harvesting vegetables. Pecans nearing harvest. Oats need rain for germination. Livestock fair, cattle market low.

SOUTHWEST TEXAS: Soil moisture short to adequate. Dry conditions damaging pastures, ranges. Harvesting pecans, peanuts. Cabbage, spinach, grains progressing. Livestock in fair condition, supplemental feeding continues.

COASTAL BEND: Soil moisture short to adequate. Pastures, ranges in good condition. Harvesting peanuts, rice, hay. Planting winter pastures. Pecan trees defoliating. Cattle in good condition.

SOUTH TEXAS: Soil moisture short to adequate. Dry weather damaging pastures, ranges. Harvesting sugarcane. Vegetables and citrus progressing. Livestock in fair to good condition.

Region spelling bee set; Nieman is county director

AMARILLO--The Amarillo Globe-News and West Texas A&M University will once again sponsor the National Spelling Bee for students in public, private or parochial schools.

The 1995 Regional Bee will be held on the university's campus on April 8, 1995. Each county director will select a location and date for local spelldowns.

The Deaf Smith County director will once again be O.G. Nieman, publisher of The Hereford Brand.

There are two basic rules: A student must not have passed beyond the eighth grade at the time of his/her individual school finals; and the student must not have reached his/her 16th birthday on or before the date of the national finals.

The Regional Bee and the Deaf Smith County Bee have two levels of

competition. The Junior Bee is for all elementary students, grade five and below; and the Senior Bee is open to any student in grades eight and below. In Deaf Smith County, the junior champion is eligible to compete in the senior spelldown.

Each county champion will participate in the April 8 regional contest and the student who takes first will represent the sponsors in the National Bee in Washington, D.C., in late May.

The study booklet, now called "PAIDEIA", replaces the old "Words of Champions", and is available from the Globe-News for only 50 cents each.

Inquiries may be directed to Jeane Bartlett, Spelling Bee Editor, Amarillo Globe-News, or to Judy Kelley, Regional Bee coordinator at West Texas A&M.

Keeping an eye on Texas

Texas lets the sun shine in

Texas ranks sixth in the percent of days that are sunny, tying with vacation-destination states Florida and Hawaii, along with its northern neighbor, Oklahoma. Only five western states, Arizona (#1), Nevada, New Mexico, California and Colorado see more sun than Texas does.

Among the 50 states

#6 Texas 68% sunny days
#49 Oregon 48% sunny days
#50 Alaska 30% sunny days

SOURCES: John Sharp, Texas Comptroller of Public Accounts, U.S. Department of Commerce and National Oceanic and Atmospheric Administration.

Sarpalius will marry defense contractor

By MICHELLE MITTELSTADT Associated Press Writer

WASHINGTON (AP) - Congressional voting bells will be silent, but the wedding bells will be chiming for Texas Congressman Bill Sarpalius.

When the Amarillo Democrat says "I do" Thursday night to Washington defense contractor Carol Davis, he'll be only a stone's throw from the Capitol.

In fact, the Capitol has figured prominently in the congressman's nearly two-year relationship with Ms. Davis. When Sarpalius decided to pop the question in July, he did so at the top of the Capitol Dome - on the outside railing just under the Freedom statue.

"I enjoy doing what I do an awful lot and I guess I thought... every time we saw the Dome, hopefully it would bring back a pleasant memory," Sarpalius said Wednesday.

The ceremony will take place in one of the three House office buildings adjacent to the Capitol, in the huge Cannon Caucus Room.

The coordinates were carefully planned. Sarpalius' favorite number 13 - perhaps because he represents the 13th District in the Panhandle - was reflected in the July 13th wedding proposal and Oct. 13th ceremony.

And, the 46-year-old groom said

he selected the Cannon setting in case Congress was still in session and he'd have to cast votes. Brother Bob Sarpalius, a Baptist minister from Dallas, will officiate.

Ms. Davis, who is director of undersea warfare with Technatics Inc., and Sarpalius had their first date at the Texas Black Tie & Boots gala during the Clinton inaugural festivities.

Scenic vacation spots aren't in the immediate future for the couple.

Sarpalius is engaged in a difficult fight to retain his seat against a strong challenge from Republican Mac Thornberry. Following the wedding, the Sarpaliuses will go into full-time campaign mode.

"We're going to spend our honeymoon campaigning in the district," Sarpalius said. "After the election, we are going to go somewhere."

Superfine shahtoosh fibers, which can be woven into scarves that cost as much as \$20,000, are made from the fleecy underwool from the neck of the wild ibex goat in the Aksai Chin, a militarized zone on the Chinese side of the Himalayas.

The life which is unexamined is not worth living.

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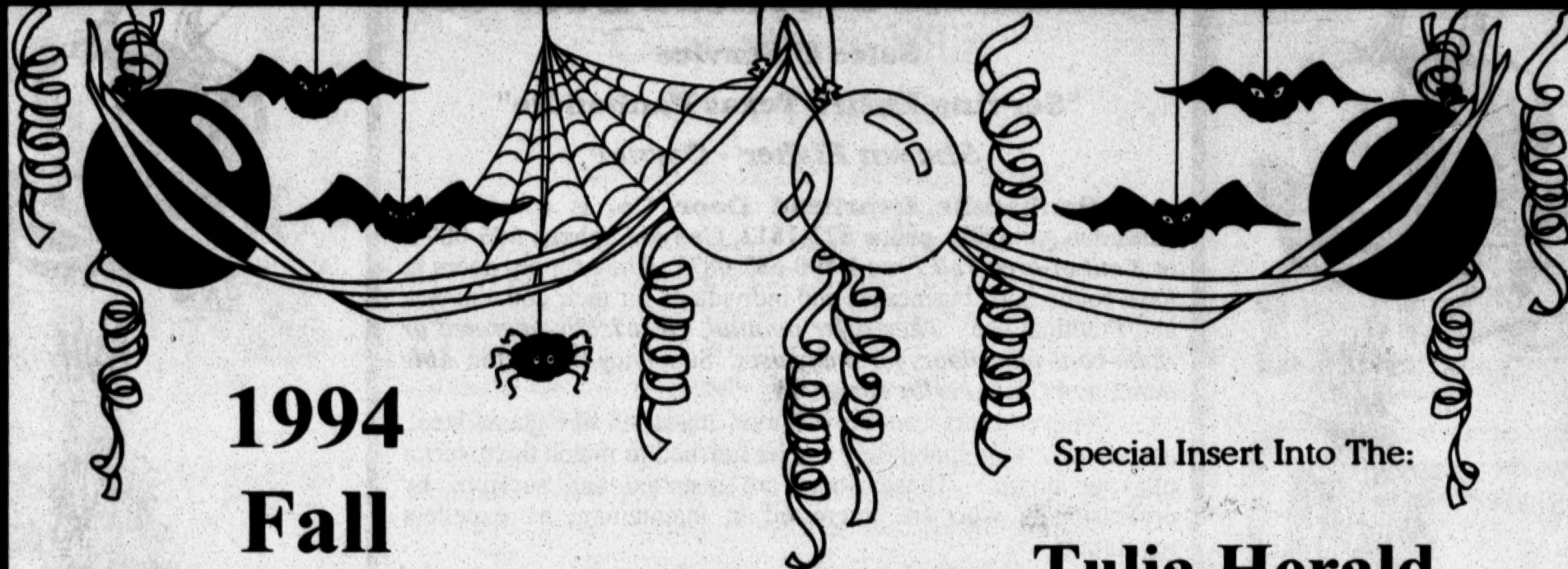
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CHEESE ONLY	4.99	6.99	9.99	10.99
SINGLE TOPPING	5.99	7.99	10.99	11.99
2 TOPPINGS	6.99	8.99	11.99	12.99
SPECIALTY OR 3-5 TOPPINGS	8.99	10.99	12.99	14.99
SUPER SPECIALTY 6-8 TOPPINGS	10.99	12.99	14.99	16.99
EXTRA CHEESE	1.00	1.25	1.50	1.75

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FREE 20oz Fountain Drinks From 11am to 4pm Saturday, October 15th Only

Register to Win a **FREE** 19" Color TV, Drawing - Saturday, October 15, 2p.m. (No Purchase Necessary)

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**1994
Fall
Business
Review**

Compiled & Edited By:
United Newspaper Service

Special Insert Into The:
**Tulia Herald
and
Hereford Brand**

NEW TREATMENT HELPING MANY UNTREATABLE ILLNESSES

You may have recently seen several programs on television about the use of a treatment called *Hyperbaric Oxygen*. One of those programs was recently shown on a local station and featured *Oklahoma Baptist Hospital*. They point out the successful use of *Hyperbaric Oxygen* treatments in diabetics, burns and more. The program stated that there are not many chambers in use for those treatments and that is correct. What you may not be aware of it that *there is a chamber right here in Amarillo* that has treated the problems above as well as others with remarkable success.

No element may be more important to the lives of human beings than oxygen, yet its value in certain medical situations remains in question. Two local osteopathic physicians have spent the last 15 years working to change that mind set by successfully treating a variety of ailments through hyperbaric therapy, a pressurized oxygen treatment. Dr. Gerald Parker said the therapy consists of placing patients in an airtight steel chamber that is pressurized to multiple atmospheres with 100 percent oxygen. Treatments last about an hour. Parker and his partner, Dr. John Taylor said the procedure is *successful in treating severe skin burns, carbon monoxide poisoning, cyanide poisoning, blood circulation problems, brain swelling and slow-healing bone fractures and infections*. "The conditions we can treat with hyperbaric therapy range from things that are accepted as treatment of choice to conditions where it is helpful but not proven", Parker said. "My opinion is that any town with more than 15,000 people should have a hyperbaric chamber simply to deal with cases of carbon monoxide poisoning. The sad thing about it is that there are things that should be treated locally, but people aren't aware that we have the facilities."

The brief stories to follow are just a handful of people that have been treated successfully with *Hyperbaric Oxygen* at The Doctor's Clinic; a 17 year old high school senior from Arizona was brought in on a stretcher. She was in the fetal position, unable to move her arms or legs because of the severe pain and swelling. After treatments she was able to walk down the aisle and give the commencement address at her graduation. A 50 year old man from Pennsylvania had suffered two heart attacks. He was told he was a poor surgical risk. After treatments he was back working full time, mowing the yard, painting the house, and doing things he hadn't done for ages. A 65 year old diabetic lady from Oklahoma had an infection in her foot that wouldn't heal. The infection gradually spread to the bone and she began to develop gangrene in the foot. Her doctor told her that she would need to have her foot and possibly her leg amputated or she could die. Her doctor had heard of a new treatment that might be able to save her leg and foot and referred her to The Doctor's Clinic. She had the treatments and soon the infection was healed and the lady was able to keep her leg and foot.

A 56 year old female from New Mexico developed a blood clot and lost the vision in her left eye. Doctors were not sure if she would ever have any vision in her left eye. She began treatments and on the second day she could see again. A 26 year old girl from Guyana in South America, had a tropical ulcer on her leg from an insect bite that would not heal with conventional therapy. She heard about a treatment in the United States and after a short visit the leg was healed. A 25 year old young man from Ontario, Canada had multiple sclerosis and was bed-ridden. He developed a huge bedsore, larger than the size of your fist, which would not heal. After treatments, not only did the bedsore heal, but the MS also began to improve. A 65 year old female from New Mexico suffered a stroke and was paralyzed on one side of her body. She was treated and soon was back walking. What do all these people have in common? They were all treated at The Doctor's Clinic in Amarillo, Texas. They all took *Hyperbaric Oxygen* treatment. Dr. Gerald Parker and Dr. John Taylor designed the twin TP-109 hyperbaric chambers and have used them in their practice since 1979. Their practice has been featured on *That's Incredible* and *The Today Show*. For more information on the uses of hyperbaric oxygen please call (806) 355-8263, write or come by 4714 So. Western, Amarillo Texas 79109.

4714 SO. WESTERN DOCTOR'S CLINIC 355-8263



Panhandle Overhead Door Co.

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Shawn Fisher - Owner

Panhandle Overhead Door Co. is conveniently located in Amarillo, phone 372-7812, Canyon, phone 655-0871, or if *out-of-area Toll Free 1-800-687-0871*. They supply doors to local contractors, businesses and individuals for their convenience and practical use. *They offer manual, electrically-operated or radio-controlled doors for many uses.* Supplying the best in *Able doors* and *Chamberlin operators*.

These doors can be obtained made of fiberglass, steel, aluminum or wood, and they can be finished to match the exterior of your home. These doors are installed and serviced by professionals who are interested in maintaining an excellent reputation.

Automatically-controlled doors for commercial installations or for the home are handy and practical. Contact **Panhandle Overhead Door Co.** to increase the value of your home and add to its conveniences. You'll be pleased with their professional manner and the high quality of their merchandise, along with some of the lowest prices around. **Look!**

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Chances are, there's a **WESTAR** location near your destination. In Amarillo, they're located "close to everything" but you'll find they're also off the road and away from the noise at 6800 I-40 West, phone (806) 358-7943. *Other Texas locations are:* in Irving, 3950 W. Airport Frwy., phone (214) 790-1950, El Paso, 8250 Gateway East, phone (915) 591-9600, and in San Antonio, the *Fiesta* at 10950 Laureate Drive, phone (210) 342-4800, and the *Airport* at 11221 San Pedro Avenue, phone (210) 691-1103. *So, when the stars come out, you can rest in comfort, peace and quiet at any one of the WESTAR SUITES locations.*

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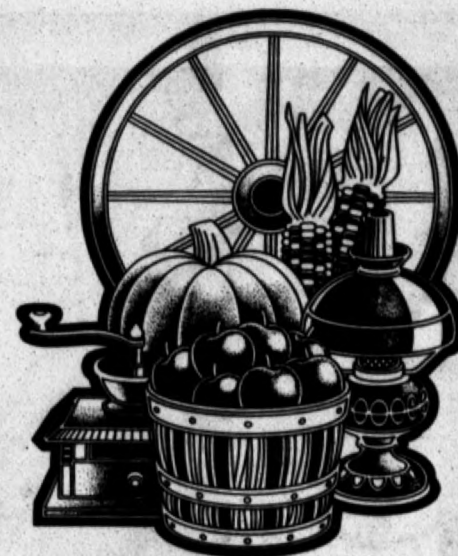
Canterbury Villa Of Dimmitt

Clota Marie Shaw - Administrator

Located at 1621 Butler Blvd. in Dimmitt, phone (806) 647-3117, Canterbury Villa Of Dimmitt is well known as being one of the region's finest nursing homes. *It's well suited for ambulatory and bedfast patients and offers superb nursing care at a reasonable price.* No wonder so many families, who want only the best for their relatives, specify this respected home when there's a need for specialized nursing care and dedicated service. Featuring fun and educational activities, ceramic classes and a quiet rural setting.

This fine home is licensed and approved by the *State Board of Health* and employs only trained personnel to cater to the patient's every need. *They have a R.N. Director of Nurses and the staff is supervised by L.V.N.'s and there's a physician on call 24-hours a day.* A healthy diet is assured for all patients including special diets and the food is great! Trust the **Canterbury Villa Of Dimmitt** to take better care of you and your relative who needs the best in nursing care.

As the authors of this 1994 Fall Business Review we're proud to be able to list and recommend this outstanding nursing home to all of our readers.



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Denny Graham - District Manager

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BFI Waste Systems also specializes in many other services. If you're looking for dependable service, see BFI Waste Systems and become one of their many satisfied customers.

As the compilers of this 1994 Fall Business Review, we know that you'll really like the kind of effort that this fine company puts into every job.



FALL IS FOR PLANTING

Harvey's Precision Body Shop



Harvey and Paul Elms - Owners

What detracts more from the appearance and resale value of your car or truck than unsightly dents and scratches in the body? *The time to have that fender straightened or that dent filled and painted is RIGHT NOW before the exposed metal starts to rust and major damage begins.* One quick phone call to Harvey's Precision Body Shop at 3026 Blackburn St. in Amarillo, phone 352-9662, will generally give you that low bid and quality service you've been looking for!

With years and years of experience behind them, this is a body shop which is recommended by many insurance adjusters. And for good reason! *Repairing and re-painting damaged body work is their job. Their only job!* With the latest tools and techniques at their disposal, this is one shop which is fully equipped to turn out a perfect job time after time!

The writers of this 1994 Fall Business Review recommend you see the pros: Harvey's Precision Body Shop!

Federal Land Bank Association

John E. Morris - President

The Federal Land Bank Association is located in Dimmitt at 105 W. Bedford, phone 647-4178; in Hereford at 709 N. Main, phone 364-1464; and in Tulia at 115 N. Armstrong, phone 995-3129. *Here you will find loans for agricultural purposes, including farm land and improving your land.* Through this widely known institution many people of this community have been enabled to own their own farms. This concern has probably contributed as much toward the development of this community as any other institution. Their service is positively indispensable to the success of progress of this section.

They offer a way for farmers to secure loans in a businesslike manner, without being imposed upon in anyway. *There can be no better way to secure funds for your agriculture real estate needs than to visit the Federal Land Bank Association.*

We are proud to present this solid institution to our readers and suggest you stop in today at the location nearest you. You'll be glad you did!

A & J Auto Service

If you're particular about your car or truck, then be particular about who services it! People in this area make it a point to see **A & J Auto Service**, located at 3433 Plains Boulevard in Amarillo, phone 353-4552.

Equipped with the latest tools and machinery, this establishment can accurately and economically service your car. Now is the time to have your car thoroughly inspected and serviced before the Winter Weather Hits! They offer expert repair service on all makes and models, foreign and domestic, and at reasonable prices.

If you have a business in the area that relies on a fleet of vehicles, go by or call and find out how **A & J Auto Service** can work for you! Before you take your car or truck anywhere, see **A & J Auto Service** and get their estimate on your needed repairs. Depend on the trained mechanics here to do a job accurately, economically and in the shortest time possible. Stop in today at **A & J Auto Service** for complete automotive repair.

CHILDREN'S SHOE FASHIONS

Sandra Perkins - Owner

At Children's Shoe Fashions a 200 E. Westgate Parkway in Amarillo, phone 359-3862, *kids are special! This leading shoe store carries shoes for the child . . . every child!* No wonder smart mothers are bringing their children to this quality-conscious establishment.

Selection? Children's Shoe Fashions has **NOTHING BUT children's shoes.** *They can outfit your little boy or girl in a famous name shoe in a wide variety of styles and colors. They have quality name brand childrens shoes in sizes newborn to size 3. For dress or play . . . this is one shoe store where you can be assured of getting something that your children will love . . . and you will too!*

The editors of this 1994 Fall Business Review urge *all parents who are concerned with proper development of their children's feet . . . and with style . . . to stop in and look over the outstanding selection of shoes for kids at this fine store!*

Canyon Livestock Commission Inc.

Joe and Cindy Burnett - Owners



For the best service and results in the sale of your livestock, depend on Canyon Livestock Commission Inc., located 5 miles South of Canyon, 1 mile West of Hwy. 87 on FM 1714, phone 488-2535 or 655-0762. This stockyard is well maintained and has experienced and capable personnel. Your stock will be handled in a proper and careful manner.

The experts here will seek the best market for your livestock. Their success is evidenced by the ever increasing number of people who do business with them.

Canyon Livestock Commission Inc. offers a complete livestock auction service. For the buying or selling of livestock, you can do no better than to contact the professionals at Canyon Livestock Commission Inc.

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With the price of parts as high as they are today, the average person cannot afford to keep his car or truck in the best of repair, unless he saves his money by selecting his parts from Airport Auto & Truck Salvage, located at 8200 E. 3rd Ave. (1/2 block East of Lakeside on 3rd) in Amarillo, phone 335-2900. From starters and alternators to both standard and automatic transmissions, they can supply you with most any part you may need. If your car has been in an accident, they may have just the right fender, bumper, hood or door at a fraction of the price that you would pay for a new replacement. Also a specialty is "After Market Sheet Metal" for all vehicles!

The people at Airport Auto & Truck Salvage are experts in their field and can help you find the part you need. They pay top dollar for used and wrecked cars, and then disassemble them to give you the best buys anywhere! You're sure to save money when you pay a visit to Airport Auto & Truck Salvage, open Monday - Friday 9 a.m. - 6 p.m., and Saturday 9 a.m. - 4 p.m.

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Fred Lookingbill - Owner

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Whether it's a new living room set, a bedroom ensemble, or dining room furniture, you're sure to find more to what you want at this well-stocked store. There are many famous brand names to choose from, so you know that quality is built into every piece. Select from vast assortments of "period" pieces to match or compliment your existing furniture. Whether you need a single chair or an entire houseful... Family Furniture has more to offer! The writers of this 1994 Fall Business Review would like to compliment this quality-conscious furniture dealer for their outstanding selection, value and service to the residents of the area... Family Furniture in Amarillo!

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"Since 1970"

Bryan & Thelma Denson - Owners

For everything you need for healthy eating, it's Health World, where good health is their only business.

Located at 1964 Civic Circle in Amarillo, phone 355-7782, this well known health food store features everything you can think of for a better, more balanced diet. There are all types of vitamins including a complete line of organic vitamin and mineral capsules. Specialty vitamins are also carried, and there is an exact combination that's just right for you. Whole grain breads, high protein foods, and many other healthful and nutritious items can be found on their well stocked shelves.

Make shopping at Health World a regular habit. You'll feel and look better if you do!

The editors of this 1994 Fall Business Review would like to make special mention of this fine health food store and invite all of our readers to give them a try.



Gonzales Moving & Storage Inc.

Pete Gonzales - Owner • Danny Copelin - Manager

Planning to move? Move it better with Gonzales Moving & Storage Inc. As agents for famous Mayflower Van Lines, this is one of the leading moving and storage firms in the entire area and their record shows it! Whether you need to have something moved across the street or across the country, call this well known company and rest assured that the job will be done right. Located at 7301 Dumas Drive in Amarillo, phone 383-6683 or 1-800-658-2183, this is one firm which has the equipment, the men and the experience to move your entire business or household in style. They are licensed and insured and you can depend on them for a better job.

Gonzales Moving & Storage Inc. also specializes in complete storage facilities in their modern warehouse. They store most anything from delicate office equipment to furniture to general merchandise. The authors of this 1994 Fall Business Review recommend this fine moving and storage firm to all of our readers. Gonzales Moving & Storage Inc.





Study Shows Almost Anyone Can Lose The Excess Weight

Almost anyone can lose weight today. That's what physicians and patients are saying at **The Doctor's Clinic**. *Dr. Gerald Parker* and *Dr. John Taylor*, owners of the clinic, did a survey and found approximately 93% of their patients lost weight under their program. They actually thought the results would have been higher if more of those who didn't lose would have come back and discussed the problem with them.

We have visited with *Dr. Parker* and *Dr. Taylor* and some of their patients at **The Doctor's Clinic** at 4714 So. Western Drive in Amarillo. *Dr. Parker* said he's amazed at the results they are getting.

"If anyone would have told me five years ago, or even six months ago, we could do this well, I would have thought they were nuts", Parker related. "The new studies that have come out in the past year alone are amazing. I'm sure most people read the articles in the news last Summer. They took a group of men, aged 60 to 80, and increased their lean body mass. This group lost enough fat to make them look and feel 20 years younger."

He continued . . . *"there are studies that have shown the body contains two kinds of fat - called brown fat and white fat. The brown fat acts like the good guy and helps rid the body of the dangerous white fat, usually found around the waist area and upper body. There are also co-factors that make insulin more efficient in metabolizing fat, proteins and carbohydrates so the body needs less insulin and burns fat more efficiently."*

Dr. Taylor mentioned the fact that studies on ATP, also known as adenosine tri-phosphate which is part of the energy equation, led to treatment for chronic fatigue syndrome. They also found overweight people had 20 to 30 percent less ATP in their cells. Now it was proven - what was long suspected - people are different. It's not just what they eat.

But studies also proved that calories are not the same and that plain old calorie counting was not the answer. As we age, our bodies tend to increase in fat content and muscle weight lessens.

Dr. Parker mentioned that their efforts are not just focused on weight loss, but also on decreasing the ratio of fat to lean body mass. This helped the men in the 60 to 80 age group look younger and feel better.

Parker noted that athletes are now using some of this research to build muscle mass safely without steroids. He also noted that some are taking other things besides steroids through the black market that could be just as dangerous as steroids. *"People need to lose weight or build body muscle with the help of a physician", Dr. Taylor stated. "It's much safer and a lot more effective."*

"There are two secrets to weight control", he stressed. "Communication and Maintenance". "If the patient will discuss with us any problems, we can almost always find the answer for them. And if they will go on a maintenance program for a period of time, they can usually keep the weight off."

And now, thanks to the new information, weight loss patients can even cheat to a limited extent and get away with it. *Dr. Parker* and *Dr. Taylor* conducted an informal survey of patients starting the diet over the Christmas holidays which is usually the most difficult time to diet. The amazing result was 92.3% of the patients lost weight!

If you have a stubborn weight problem, **The Doctor's Clinic** may have an answer.

Visit them at 4714 So. Western in Amarillo or call them at 355-8263