

Lifestyles

Senior Citizens

LUNCH MENUS

THURSDAY-Meatloaf, Great Northern beans, broccoli, coleslaw, fruit, cookies.

FRIDAY-Catfish nuggets, baked potato, seasoned spinach or green beans, orange gelatin with carrots and pineapple salad, fruit cobbler.

MONDAY-Beef stroganoff with rice, green bean, stewed tomatoes or carrots, tapioca pudding.

ACTIVITIES

THURSDAY-Stretch and flexibility 10-10:45 a.m., oil painting 9-11 a.m. and 1 p.m., choir 1 p.m.

FRIDAY-Line dance 9:45-11 a.m., water exercises.

SATURDAY-Games noon until 4 p.m.

MONDAY-Line dance 9-11 a.m., devotional 12:45 p.m., water exercises.

Manchee named to Dean's List

John Manchee was among the Wayland Baptist University students who was recently named to the Dean's List for the 1993 fall semester.

John, a senior mathematics major, is the only student from Hereford included in this list. He is the son of Mr. and Mrs. Mal Manchee.

To be eligible for this list, students must maintain a 3.50 grade point average on a 4.0 scale.

Health facts are revealed

Over \$76 million: That's how much has gone to scientists involved in cancer research, thanks to private contributions and a special Theater Ticket Service.

The Theater Ticket Service set up by the Cancer Research Fund of the Damon Runyon-Walter Winchell Foundation has house seats available every night in every theater on Broadway. The money it raises helps outstanding young scientists develop their skills and ideas in laboratories, often headed by Nobel Laureates who are former Runyon-Winchell Fellows or Sponsors.

PROVIDENCE, R.I. (AP) - James Carville sounded more like a stand-up comic than a political strategist.

Speaking Friday to a largely sympathetic crowd of about 500 people at Brown University, Carville poked fun at the president, his opponents, and most of all, himself.

He told the Ivy League students that he was able to complete his education at Louisiana State University in just four terms: "Kennedy, Johnson, Nixon and Ford."

Carville, who directed President Clinton's campaign last year, also referred to his poor grades at LSU, and to his recent marriage to Mary Matalin, a chief strategist in the Bush campaign.



Mayor signs proclamation

Hereford Mayor Robert Josserand recently signed a proclamation declaring February as American History Month. The event is sponsored locally by the Los Ciboleros Chapter of the Daughters of the American Revolution. The local DAR chapter recently judged fifth, sixth and seventh grade students on essays they wrote. The winners will be honored during a special tea planned April 17. Witnessing the signing were, from left, Regent Kathryn Ruga, and Charlotte Clark, chairman for the American History Month.

Ann Landers

DEAR ANN LANDERS: Usually, you give good advice, but your response to "Nice Guy," who understood how some men could be pushed to violence, was a clunker. You said that under no circumstances is it ever permissible for a man to get violence with a woman.

You are wrong. There IS a very good reason for a man to become violent with a woman. It is called self-defense.

Come on, Annie. Fair is fair. Men have the right to defend themselves when they are attacked, even if the aggressor happens to be a female. These days, it is just as common for women to abuse men as it is for men to abuse women.

As for psychological abuse, I am sure more females are guilty of this than males. Women often abuse the men in their lives both verbally and psychologically. When this goes on for long periods of time and the man finally goes ballistic, he is carted off to jail and labeled "the bad guy," even though the woman is the one who started it and pushed him to the breaking point.

Be fair, and tell the other side of the story.—Jackson, Miss.

DEAR JACKSON: Women DO beat upon men, and some of those men land in the hospital with serious injuries. If my mail is fair indicator, and I believe it is, wife-beaters outnumber husband-beaters about 10 to 1.

Generally, men are bigger and stronger than women (don't tell me about the exceptions—I've seen them). Cultural differences figure in, also. Men of certain ethnic groups are less likely to beat up on their women. Sociologists tell us that in the last 2 years, however, these distinctions have become less marked.

Studies on domestic violence reveal that alcohol and drugs play a major role in family altercations. Also, children who grow up in homes where there is violence tend to resort to violence in their own marriages. Add 225 million handguns, and you have real trouble.

DEAR ANN LANDERS: I would like to respond to "Lady in Chicago," the married woman who is romantically interested in a prison inmate.

I am an ordained minister and have been a prison chaplain for several years. I have seen many women who were conned by an inmate. Most of the inmates want an outside "connection" for her money. There are a lot of drugs and a great deal of gambling inside the prison. Also, money gets them special privileges from guards.

Some women throw away their lives and leave good husbands to take up with a pen-pal "Romeo" when he is released.

Ann, please stick with your advice because I have seen hundreds of women lose everything they had because they became smitten with con

artists who were behind bars.—Chaplain in N.C.

DEAR CHAPLAIN: Thank you for the splendid backup. I appreciate your support. Women who are alone are easy targets. And so are the ones who are in so-so, humdrum marriages.

Not a week goes by that I don't get at least a dozen requests from inmates asking me to put them in touch with an unhappy woman whose letter I published. Needless to say, I would never comply with such a request. To the women, I say, "If you want to catch a trout, don't fish in a herring barrel."

Gem of the Day: To get the best of an argument, stay out of it.

Forget to save some of your favorite Ann Landers columns? "Nuggets and Doozies" is the answer. Send a self-addressed, long, business-size envelope and a check or money order for \$5 (this includes postage and handling) to: Nuggets, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

GREENVILLE, S.C. (AP) - It may be only months before "Live with Regis and Kathie Lee" becomes merely "Live with Regis."

Kathie Lee Gifford says contract negotiations with producers of the weekday talk show have been going

slowly, and that she could leave the show as early as August.

Mrs. Gifford, on a publicity swing to promote a new line of clothing, said she'll stay busy even without the show. She said she is working on a pilot for a situation comedy

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Sports



K of C free throw winners

These young athletes won their age divisions in the Knights of Columbus District free throw shooting contest, held Tuesday at St. Anthony's Catholic Church. They are (front row, left to right) Josh Morris of Muleshoe, Luke Schwertner of Farwell, Brent Bullard of Hereford, Chris Smith of Lazbuddie, Cody Hodges of Hereford, (back row) Amanda Bullard of Hereford, Julie Lueb of Hereford, Kia Morris of Lazbuddie and Holly Engelking of Muleshoe. Not pictured was Tori Walker of Hereford. Below are Hereford boys who won at the earlier council level: (left to right) Brent Bullard, Andrew Carnahan, Marcus Berend, Brent Berend and Chayse Rives.



ChiSox' Radinsky has Hodgkin's

By The Associated Press

While the fans flocked to see Michael Jordan hit, the Chicago White Sox focused on a player who wasn't on the field.

On Tuesday, the team announced that reliever Scott Radinsky likely will miss the season while undergoing treatment to prevent the spread of Hodgkin's disease.

Radinsky, 25, had a malignant lymph node removed from his neck Monday. He has returned home to California to begin chemotherapy and radiation treatments that could last six

to eight months.

"The cure rate on this type of cancer is 80 to 90 percent," White Sox general manager Ron Schueler said. "The doctors are real optimistic. They think he will be fine and even to the point that he'll be weakened by all this treatment, but at times will be able to do little physical therapy to keep his muscle structure up."

The attention at Ed Smith Stadium in Sarasota, Fla., was on Jordan, who faced major league pitching for the first time.

Jordan saw 30 pitches from Jose

DeLeon and took 16 of them. He bunted twice and swung 12 times, fouling off four.

Of the eight balls Jordan put in play, one was hit well to left-center and one was lined over DeLeon. Jordan took all four curveballs from DeLeon, and also broke his bat on a grounder.

"I was very happy with the way I stood in there," Jordan said. "I didn't think I stepped out. I stayed with my stride and everything. I saw the ball very well and was very pleased with it."

Pitino unamused by players' stunt

LEXINGTON, Ky. (AP) - Kentucky coach Rick Pitino didn't find any humor in learning that three of his players were involved in a free-throw swapping scheme against Vanderbilt.

"They thought it was funny after the game, but it's anything but funny," Pitino said Tuesday. "And now they look at it and don't think it's funny."

The players - guard Travis Ford, center Gimel Martinez and forward Jared Prickett - were hit with one-game suspensions. They will not travel with the seventh-ranked Wildcats to play at Tennessee tonight.

"I would rather go to Tennessee knowing that we did the right thing than to go down there just thinking

about winning or losing," Pitino said. The players were not available for comment.

"This type of behavior cannot be tolerated from a Kentucky ballplayer," Pitino said. "It's important that all the kids that look up to Kentucky players as role models understand that they made a mistake, a spontaneous mistake."

"These three men are outstanding young men who work very, very hard, but they made a mistake."

Ford is averaging 12 points and 6.3 assists and Prickett averages 8.6 points and 7.1 rebounds, and both are starters. Martinez averages 7.1 points and 2.8 rebounds.

The Southeastern Conference also admonished the officiating crew of

Don Rutledge, Kerry Sitton and Gerald Boudreaux on Tuesday, after a review of tapes and reports from Saturday's game at Nashville, Tenn.

"Although this was a correctable error, the game officials did not recognize the error during the correctable time period," according to an SEC news release from its Birmingham, Ala., office. "It has been stressed to the officiating crew that although it was an inadvertent error, their administration of the free throws was unacceptable."

The conference said "corrective action will be taken with this officiating crew by the conference office to ensure that errors of this nature do not reoccur."

Borger girls, Pampa boys win

Borger's girls and Pampa's boys, both representatives of District 1-4A, won basketball playoff games on Tuesday night.

Borger came from 14 points down starting the fourth quarter, took its first lead with 14 seconds left and upset No. 10 Granbury 58-55 in Vernon.

Borger, now 28-7, reached the Region 1-4A finals with the win. The Lady Bulldogs will face Mineral Wells (25-7), a 56-52 winner over Frenship, at 7:30 Saturday, also in Vernon.

Granbury finished at 32-4.

Pampa's boys squeaked by Levelland 52-50 in a bi-district game at Cal Farley Coliseum in Amarillo. Harvester sophomore Rayford Young hit two free throws with 13 seconds left, providing the winning margin.

Pampa (25-8) will go on to face Big Spring (13-16), which had a bye, at 7 p.m. Saturday at Frenship High School in Wolfforth.

Levelland ended its season at 28-7.

Hereford will host a Class A boys' basketball playoff game Thursday. Sudan (17-3) and Channing (19-9) will face off at 7 p.m. in Whiteface Gym.

Herd's game called off

The scheduled debut of the Hereford varsity baseball team was called off because of Tuesday's bad weather. The Herd was to play Canyon in Canyon.

It is not known if the game was canceled or merely postponed. Boys' athletic director Danny Haney was unavailable Wednesday morning.

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Pd. Pol. Advertisement, Charlie Bell, treasurer, Box 1931, Hereford, Texas 79045

**HEREFORD TEXAS FEDERAL
CREDIT UNION
ANNUAL MEETING**

Members:

You are cordially invited to attend the 57th Annual Meeting of Hereford Texas Federal Credit Union, scheduled to be held on February 24, 1994, at the Hereford Community Center at 7:00 p.m. Your Board of Directors, Management and Staff look forward to greeting those members able to attend. Snacks and refreshments will be served, and special entertainment will be provided by humorist Kenneth Chambers "The Cattle Cop".

Hereford Texas Federal Credit Union's Board of Directors consists of 7 members. The Directors serve staggered three year terms. They meet monthly to direct and control the Credit Union's general business and establish programs that achieve its goals

These Directors serve without financial reward -- But they are subject to liability of fiduciary responsibility.

Hereford Texas Federal Credit Union is a not-for-profit organization that exists solely for the benefit of its members. The operation of your Credit Union in 1994 was profitable and stable.

The National Credit Union Association Examiners declared Hereford Texas Federal Credit Union to be safe and sound ... Our financial position has continued to improve in 1994 and as always this is the first objective of both the Board of Directors and Management.

To you, the members, financial success can mean participation in the Credit Union -- A full service member-owned financial institution.

Respectfully,
Joe E. Kerr
President of the Board

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- Completes over 20 hours of continuing education yearly with various state agencies pertaining to his job.
- Continues to make county clerk's office self supporting without tax dollars.
- New computer system financed and paid for with user fees.
- Through cooperation with Commissioner's Court, the County Clerk's Office will continue to utilize user fees rather than tax dollars to bring records management in Deaf Smith County into the 21st century.

Military Muster

Marine Pvt. Jess C. Aguilar, son of Sara E. Gallagher of 709 Baltimore, recently completed recruit training.

During the training cycle at Marine Corps Recruit Depot, San Diego, recruits are taught the basics of battlefield survival, introduced to typical military daily routine, and personal and professional standards.

All recruits participate in an active physical conditioning program and gain proficiency in a variety of military skills including first aid, rifle marksmanship and close-order drill. Teamwork and self-discipline are emphasized throughout the cycle.

Although the Marine Corps is scaling back, its investment in high-quality recruits continues. The Marine Corps has more than 36,000 job openings this year.

He joined the Marine Corps in

September 1993.

Marine Pfc. Jake Mendoza, son of Isaia and Janie Mendoza of 310 Blevins, recently completed recruit training and was meritoriously promoted to his present rank.

During the training cycle with Recruit Training Regiment, Marine Corps Recruit Depot, San Diego, recruits are taught the basics of battlefield survival, military daily routine and personal and professional standards.

All recruits participate in an active physical conditioning program and gain proficiency in a variety of military skills including first aid, rifle marksmanship and close order drill. Teamwork and self-discipline are emphasized throughout the cycle.

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Izzard to speak during open house Thursday at library

Bob Izzard, eminent Panhandle newsman, historian and author, will be the guest speaker at the Deaf Smith County Library's open house and annual meeting of the Friends of the Library at 7 p.m. Thursday in the library's Heritage Room. The public is invited to attend.

Izzard will relate tales of the Panhandle's Red River War, relying on his own research and that of Mrs. Billy Dixon, wife of the noted Indian

scout and marksman. His books about the Adobe Walls fight and the Red River War will be for sale.

The Library Family of the Year will be recognized at the meeting. This honor is presented by the library staff to the family who has best used the library in the past year. Also, new directors will be voted on and there will be refreshments and a time of fellowship following the meeting.

Valentine dinner attended by La Plata members, guests

The La Plata Study Club members entertained husbands and guests Feb. 15 in the home of Dean and Mary Herring with a Valentine dinner served by "Something Special."

The evening was spent playing dummy bridge and chocolate kisses were given as prizes.

Joyce Aycock was the guest of Ludie Greeson and Guy Walsler was the guest of Clara Brown. Others attending were Audine Dettman,

Nelda Fortenberry, Mildred Fuhrmann, Betty Mercer, Dorothy Mercer, Lois Mitchell, Mozelle Neill, Dorothy Ott, Dorotha Prowell, Margaret Schroeter, Rosemary Shook, Yvonne Simpson and Avis White.

The March 15 meeting will be held in the home of Dorothy Mercer with Ike Stevens giving the program on "Financial Planning."

Ask Dr. Lamb

DEAR DR. LAMB: About two weeks before my period I go through a Jekyll-and-Hyde transformation known as PMS. My husband will vouch for me that I get extremely irritable, tired, achy and nervous and that my thinking pattern even changes. I've tried over-the-counter drugs, a psychiatrist and doctors who don't take me seriously. A diet high in fiber and protein seems to help. Do you have any other suggestions?

DEAR READER: Premenstrual syndrome is a real abnormality, although it is poorly understood. Almost all women will retain fluid before the onset of their menstrual periods. That is considered normal. A woman may gain two to five pounds

and her shoes and clothing may be tight. That is all some women notice. Others, though, have severe symptoms. The fluid retention may cause some severe bloating, perhaps because of fluid in the wall of the intestines. The breasts may accumulate fluid and become tender or sore. Fluid retention may also cause an increase in blood pressure.

The first half of the menstrual cycle is dominated by estrogen. At the time of ovulation, this changes and progesterone becomes the dominant hormone. It is common for there to be some minor personality changes between the two phases of the menstrual cycle. But women who have PMS have exaggerated changes, in-

How to choose a secured credit card

Having a major credit card is a virtual necessity in today's economy. Even if you decide not to use plastic for your purchases, you still need a card for such vital transactions as renting a car, booking a flight, making hotel accommodations, even for cashing a check. But what can you do if, for some reason, you do not qualify for a credit card?

The answer may be a secured credit card. This is simply a standard MasterCard or Visa card that is backed by a savings account: the card's credit line is "secured" by the savings account deposit. The card itself looks and works exactly like a standard credit card. When you use it, no one knows that it's secured.

If you are among the thousands of consumers with no credit history, or with a poor credit rating - the result, say, of having to declare personal bankruptcy because of circumstances beyond your control, such as a long-term layoff from work - a secured card can provide a new chance to build a positive credit record. Once you obtain a secured credit card, you can start to establish a new record of punctual payments and thereby improve your credit rating over a period of time.

But a secured card generally comes with a higher interest rate on your unpaid balance, and higher fees, than an unsecured card. Banks charge higher rates to offset the greater risk of offering credit to someone who has a poor credit rating, or even no credit history at all.

That's why it's particularly important to make sure you understand everything about a secured credit card offering. If a secured card is indeed your ticket into the credit mainstream, you should be especially careful about who's handling it, how it works and, most importantly, how much it really costs.

The following checklist highlights some of the most important factors to consider in choosing a secured credit card:

-Make sure the card offer is made by a banking institution and that the bank is a member of the Federal Deposit Insurance Corporation (FDIC).

-Avoid paying a fee just to obtain an application, or an application fee or a "rush charge" for processing your application.

-Under no circumstances should you make a toll-call to a "900" number: both MasterCard and Visa have disallowed the use of those numbers.

-Make sure the application is sent directly to the bank issuing the card.

-Choose a bank that gives you the option of sending in your savings deposit either at the time you submit your application OR after your application has been submitted and approved.

-Make sure the bank reports your credit standing to one of the major national credit bureaus on a monthly basis.

-Choose a bank that gives you the option of sending in your savings deposit either at the time you submit your application OR after your application has been submitted and approved.

-Make sure the bank reports your credit standing to one of the major national credit bureaus on a monthly basis.

-Check the credit limit allowed by the bank: it should be at least equal to, or greater than, your savings deposit, and it should be sufficient to cover your estimated monthly charges.

-Make sure that a competitive rate of interest is paid on your savings deposit to offset some of the costs of the card.

-Find out all the costs associated with the card, including the interest rate and Annual Percentage Rate (APR), annual fee, late fee, overlimit fee, ATM cash advance fee and return check charge.

-Check the availability (and additional costs, if any) of the benefits offered with the card to give you added value: credit card protection, membership in travel clubs, credit life insurance, purchase protection, extended warranties, rebate programs, accident/disability insurance, emergency cash and auto rental discount.

To simplify your comparison shopping, Key Federal Savings Bank has developed a free secured credit card rate finder. It enables you to calculate the total cost of a secured credit card program by factoring in all the significant cost components discussed in this article. It's available with a free telephone call to 1-800-235-7285.

Hints from Heloise

Q. I am getting married shortly and will be wearing long satin gloves.

My mother read somewhere about a way to slit an opening for the bride to slide her finger out for the ring to be placed on during the ceremony, instead of taking the whole glove off. Do you know how to do this? — A Reader, Pa.

A. I had never heard of this, so I called my friend and renowned expert on manners, Letitia Baldrige. Although she had not heard of it either, she suggested you might want to wear fingerless gloves, where a point of material comes to the bottom of the finger. Or, you could wear

gloves that button at the wrist and then you just flip back the hand part so the hand is exposed.

We also checked with experts at a leading bridal magazine and they have heard of this but weren't quite sure how it's done. You could check with a seamstress, who might know how to accomplish this.

Best wishes for a lovely wedding.

— Heloise
P.S. I'd love to hear from my readers with any great wedding hints! — Heloise

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Thank You

A BIG THANK YOU to all businesses that helped make the Hereford Lions Club Auction a big success. If it were not for you there would be a few of our projects that would be a little short.

The following correction should be made: Park Avenue Florist was given credit for 2 flowers, but Item 114 was from Terry's Floral and Designs, A Silk Arrangement, valued at \$45.00.

The C.C. Mercantile was contacted twice and they gave a donation both times.

No. 161 and 162 should have been from Beavers Motor instead of Suit's Auto Supply.

These business gifts were brought in after the deadline on Friday:

- | | |
|--------------------|--------------------------------|
| Troy's Sweet Shop | 4 Dz. Doughnuts |
| Cowan Jewelers | 1 Makeup Kit |
| B & B Furniture | 1 Portable Lamp |
| | 1 End Table |
| Scott Oil Change | 1 Car Wash |
| Arrowhead Mills | 1 Case of Multigrain Bread Mix |
| AgriPro Seeds Inc. | 2 Bags of Sorghum Seed |
| Sonic Drive Inn | 1 Gift Certificate |
| West Texas Rural | 1 Telephone |
| Telephone Coop | |
| Brown Graham & Co. | Cash donation |

Dr. Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 5537, Riverton, NJ 08077-5537.

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Denison nursing home Attorney calls cult deaths 'atrocities' taken over by trustee

DENISON, Texas (AP) - A state trustee has taken control of a Denison nursing home amid allegations that residents are suffering from starvation, dehydration and infection due to neglect.

State Attorney General Dan Morales filed suit Tuesday against The Homestead of Denison.

"The purpose of this suit is to address the deplorable conditions at The Homestead of Denison as well as the woefully inadequate care provided to the residents of that facility," said the lawsuit filed in state district court in Austin.

Trustee Ed Campbell arrived at the home Tuesday night to begin investigating the care and meet with the owners.

The facility's owners could not be reached for comment by The Associated Press Tuesday night.

An inspection by state investigators found:

- toxic housekeeping chemicals were being kept in an unlocked room and a bottle of cleanser in a "confused resident's" room.
- that the facility failed to provide sufficient staff to assist residents who cannot feed themselves to maintain acceptable parameters of nutrition.
- that at least four residents were forced to wear adult briefs because there was not enough staff to care for the residents, who required assistance to the bathroom on a timely basis.

Investigators also found that several residents "are experiencing dramatic weight loss and the facility fails to properly assess the condition."

"Whenever there are situations in which the elderly are neglected and mistreated and in danger in some fashion, it's important that we move as fast as we can to change that situation," Ron Dusek, a spokesman for the attorney general's office, said Tuesday.

SAN ANTONIO (AP) - Federal agents caused the deaths of David Koresh and 78 of his followers in the "greatest atrocity since the slaughter of the American Indians," a defense attorney told jurors as the murder trial of 11 Branch Davidians wound to a close.

"This shocked our society," Rocket Rosen told jurors Tuesday in his closing argument. "What kind of government would do this to its own people? ... This is not Tiananmen Square, Bosnia, Russia or Nazi Germany."

Prosecutor Bill Johnston, meanwhile, portrayed the 11 defendants as eager killers for Koresh's doomsday ministry who needlessly sacrificed their children in a fire last April 19 "to fulfill their own selfish desires."

While a couple of jurors dozed during the daylong arguments by both sides, some began chewing on their fingers and sank in their chairs when

defense attorneys told them the world will be watching the outcome of the six-week-long case.

"We must send a message that this can never happen again," said Rosen, who represents Livingston Fagan and Kevin Whitecliff. "We can never allow a government agency to use military tactics on its own people again - ever."

Rosen's criticism was the most severe of several defense attorneys who used their closing arguments to blame the government for the death and destruction that began with a botched raid last Feb. 28 just outside Waco.

The 11 cult members are charged with murder and conspiracy to murder four agents of the U.S. Bureau of Alcohol, Tobacco and Firearms who were attempting to arrest Koresh on weapons charges.

Defense attorneys say agents fired the first shots during the raid, perhaps even unintentionally.

"God required, and the Bible was interpreted to mean, that you had to use self-defense even if it meant killing the ATF agents," said Joe Turner, who represents the only female defendant, Ruth Riddle.

At the heart of the government's case is its conspiracy claim. Under federal law, the defendants can be sentenced to life in prison without parole if they are found to have contributed in any way to the cult's alleged final criminal acts.

Three defendants - Paul Fatta, Norman Allison and Woodrow Kendrick - were not in the Branch Davidian compound the day of the shooting. But Johnston said all the defendants' willingness to remain a part of Koresh's ministry after guns were purchased, passed out and used in firearms training proves they took part in a well-conceived plan to murder.

"There was talk of an actual war involving their church and they stayed," Johnston said. "But then words turned into action. Guns were purchased and they stayed. More guns were purchased, serious guns, and they stayed."

"By them accepting guns, the conspiracy was cemented," Johnston added.

Defense attorneys have said Fatta, the Davidian most suspected of arming the sect, helped amass hundreds of high-powered weapons as an investment.

"Behold the dividend of Mr. Fatta's investment," Johnston said, while holding up pictures of the four slain agents, Steven Willis, Robert Williams, Conway LeBleu and Todd McKeenan.

Stanley Rentz, who represents Graeme Craddock, said the defendants were being punished for the failures of the ATF and FBI. Rentz pointed specifically to the ATF's decision to execute the raid despite losing the element of surprise and then lying about the events to the public.

"When somebody in the government messes up, someone has to pay, and they are trying to make our people pay," Rentz said.

Defense lawyer Jeff Kearney, who represents Jaime Castillo, told the eight-woman, four-man jury that prosecutors want guilty verdicts "to

excuse or justify or validate what the ATF did."

Defense attorney Douglas Tinker said the jury should question every detail of the prosecution's case because two of the government's attorneys, Johnston and Ray Jahn, helped approve some of the ATF and FBI tactics used against the Davidians during a 51-day standoff.

The stalemate that stemmed from the shootout ended April 19, 1993, with a fire that engulfed the compound after the FBI battered the buildings with armored vehicles and lobbed in tear gas. Koresh and 78 others, including 18 children, died amidst the flames, some from gunshots.

45-year-old rookie woman cop gunned down by 17-year-old

LOS ANGELES (AP) - Armed with a mother's wisdom and driven by a dream, Christy Hamilton seized the chance to become a cop at age 45. She paid with her life.

Hamilton, one of the oldest recruits ever to graduate from the academy, was gunned down Tuesday by a 17-year-old who then shot his father and himself, police say.

Barely a month into her new career, Hamilton became the city's second woman officer killed in the line of duty. The first, Officer Tina Kerbrat, was also a rookie when she was gunned down in 1991 at age 34.

Just Friday, Hamilton received the Tina Kerbrat Award from her academy classmates, who voted her most inspirational officer.

"I've waited 23 years for this," the smiling Hamilton said after receiving her diploma from Chief Willie Williams.

She spent those years nurturing her dream and her family. The daughter of a police detective, Hamilton married early and raised a daughter, Kelley, 24, and a son, William, 20.

She divorced, married a firefighter, and raised two stepchildren.

"I always wanted to be a police officer, but I got married when I was 19, started a family, and my life kind of changed," she said last week.

Until last year, the police department didn't accept applicants over 35, but finally, Hamilton got her chance.

"Last October my father called me and said, 'They lifted the age ceiling, why don't you take the test?'" Hamilton said. "I did, and I just followed it through and here I am."

Hamilton started working the streets the day of the Jan. 17 earthquake, which delayed her graduation ceremony until Friday.

"She was a breath of fresh air," Lt. Dan Hoffman, Hamilton's watch commander, said Tuesday. "She brought an enthusiasm and a caring for her position as a Los Angeles police officer that we actively strive to get on this department."

Hamilton's rookie status played no part in Tuesday's shooting, said Officer Rigo Romero, a department

spokesman.

Hamilton was responding to a domestic disturbance call in suburban Northridge when she was shot in the chest, above her bulletproof vest, before she got out of her patrol car, Romero said.

He characterized it as an ambush-style shooting, "an incident where anybody, regardless of tenure, would have been vulnerable."

Michael Reyes, president of Hamilton's academy class, said she was the "mother" of the class, a quick wit who could shake anyone out of a bad mood.

"If you were having a bad day, she could have been having a worse day but she'd make you laugh," he said.

Through 28 weeks of training, Hamilton never let her age become an obstacle, Reyes said. Again and again, she practiced scrambling over a six-foot wall, required of all graduates.

At Hamilton's hospital bed when she died were her father, retired Detective Ken Bronnell, and Chief Williams.

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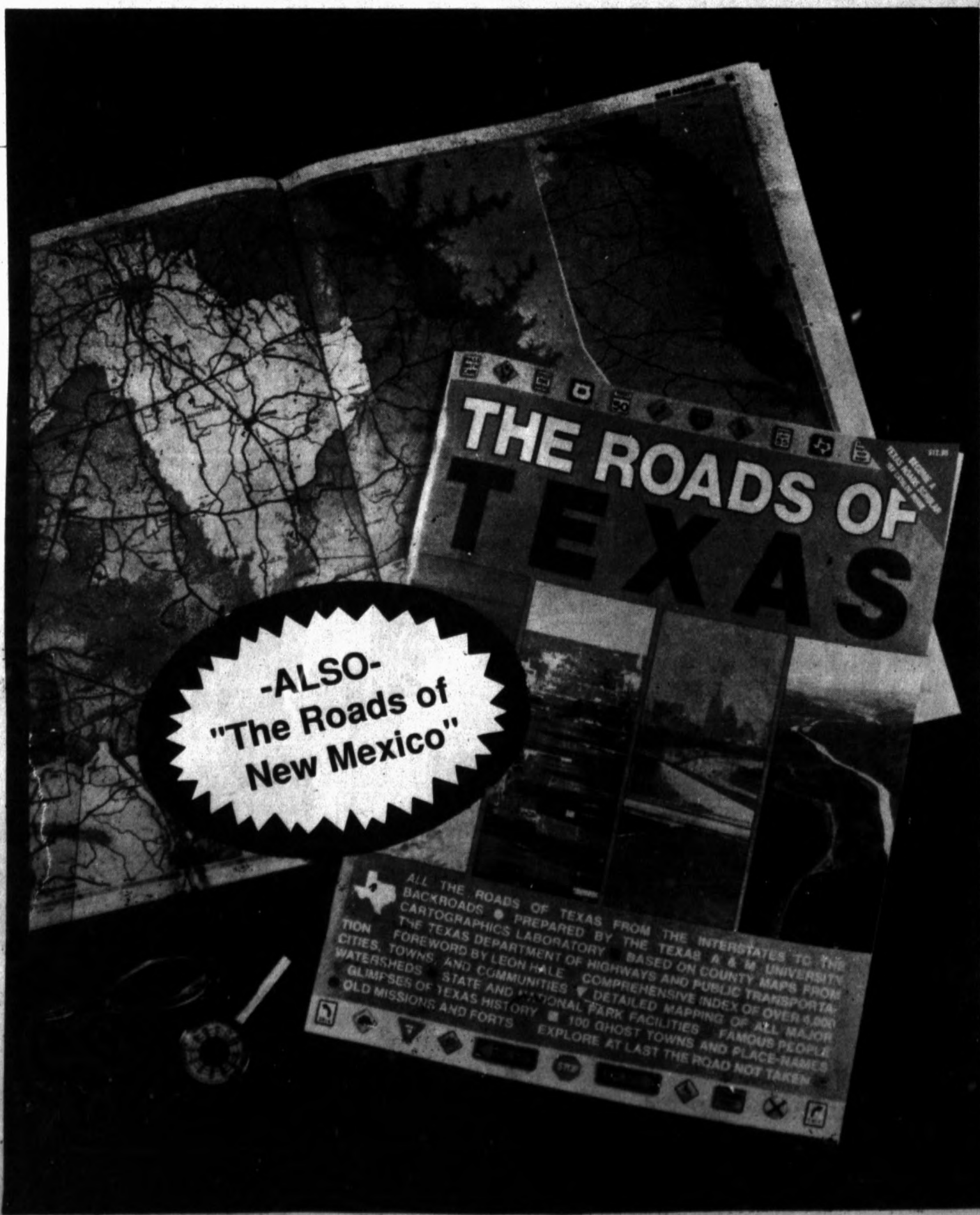
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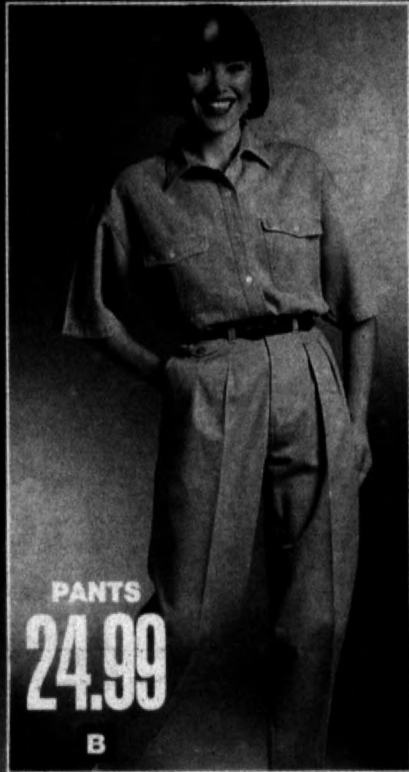
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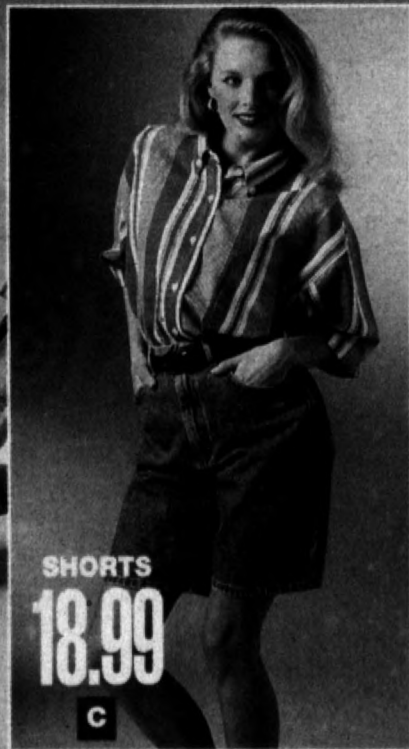
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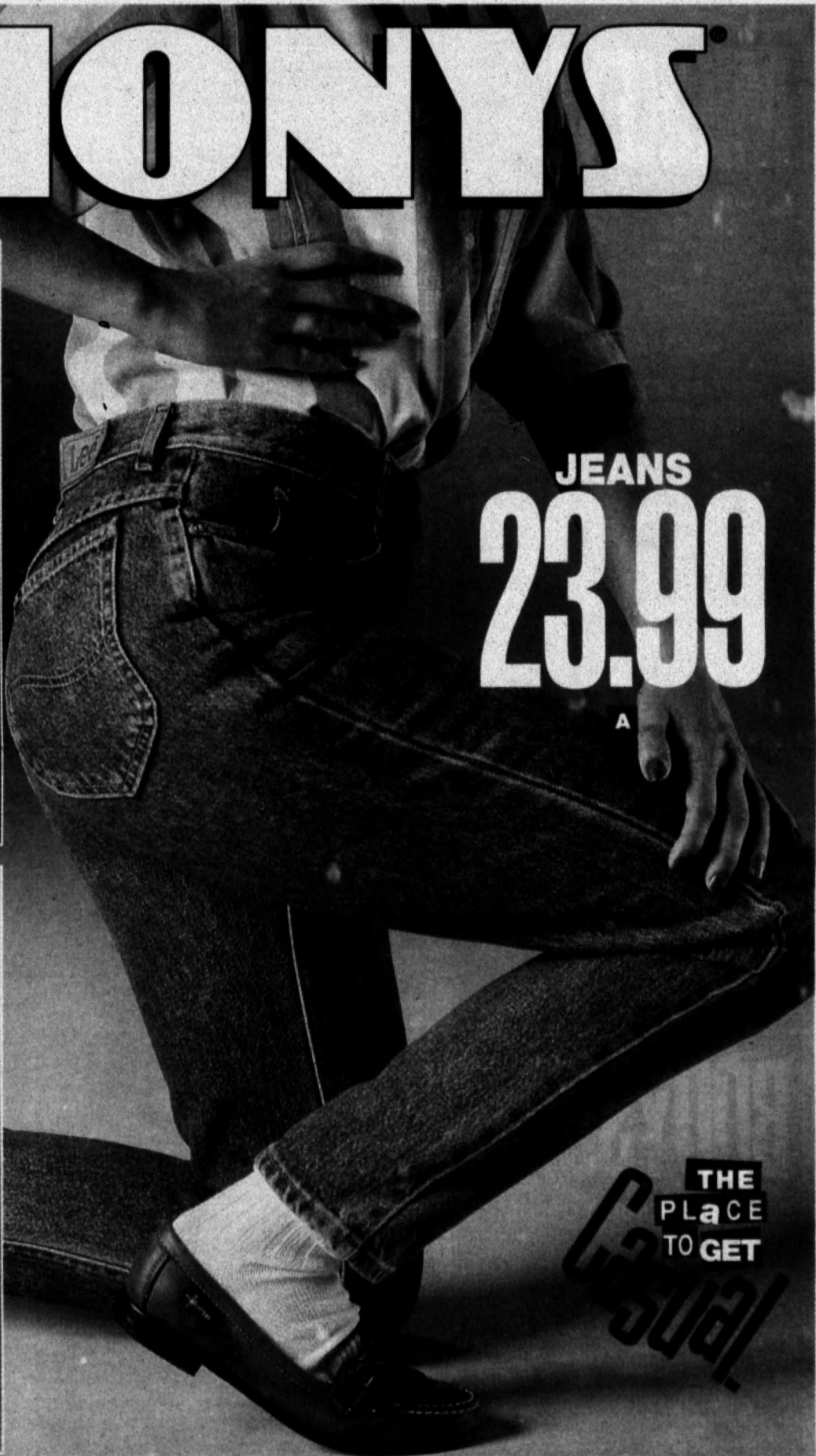
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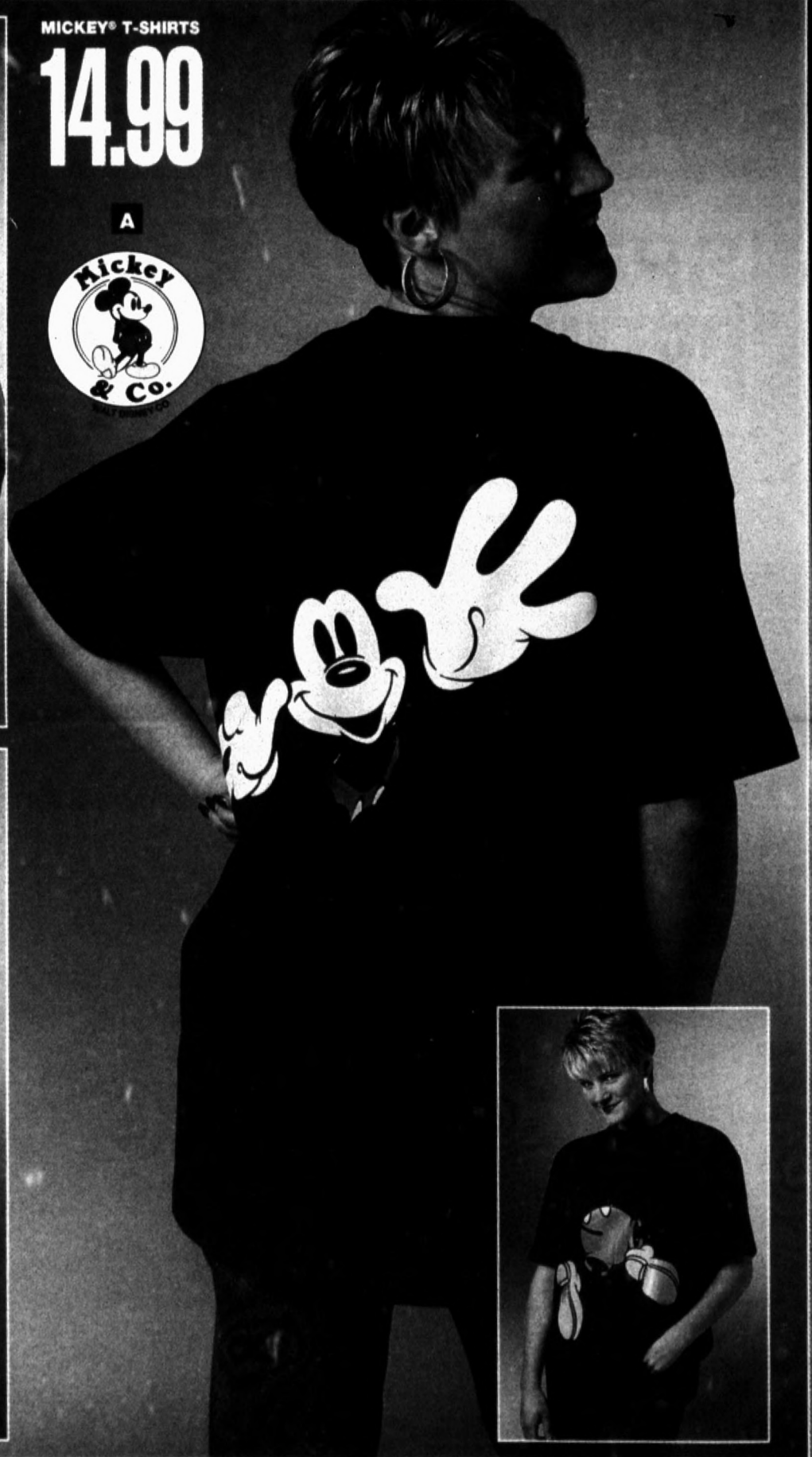
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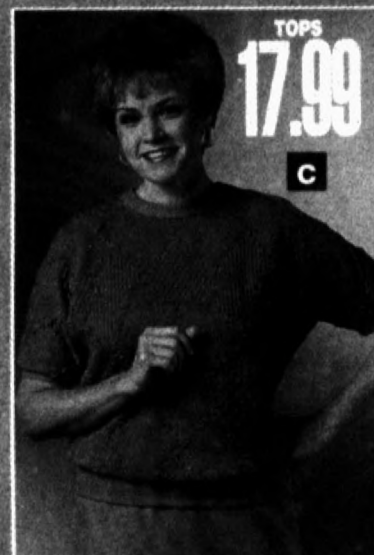


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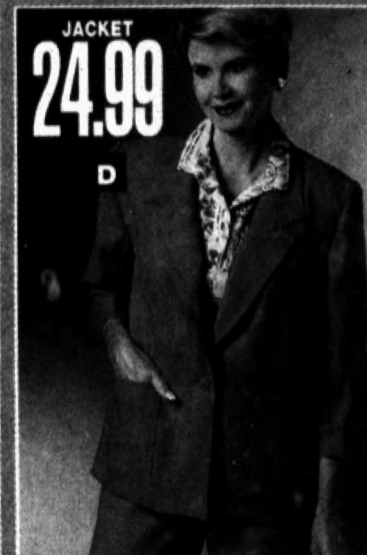
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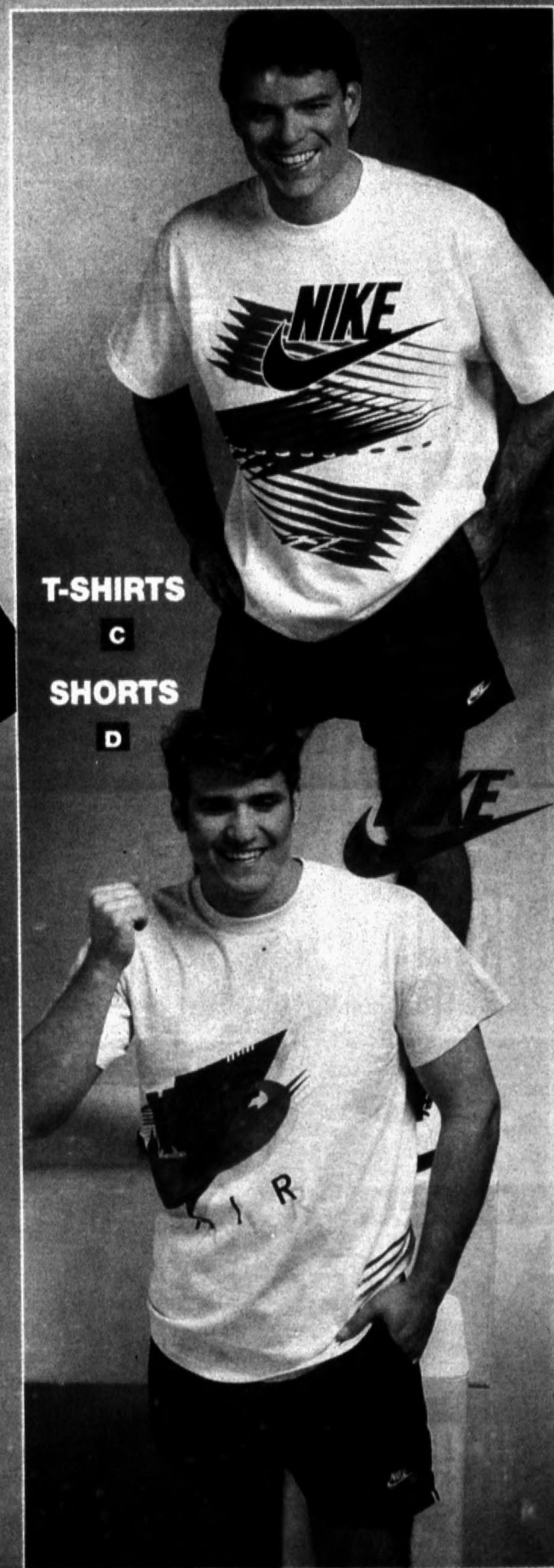
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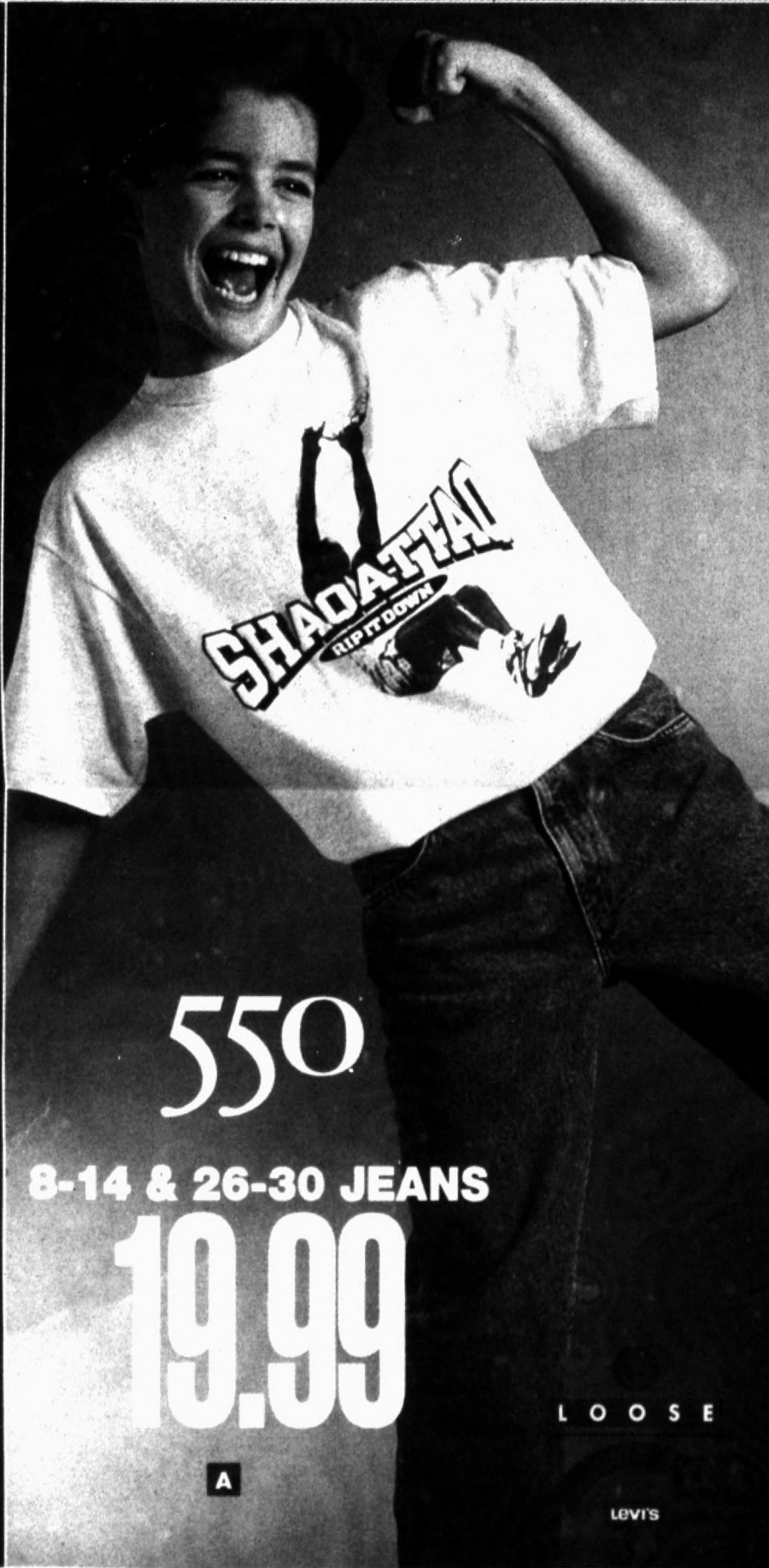
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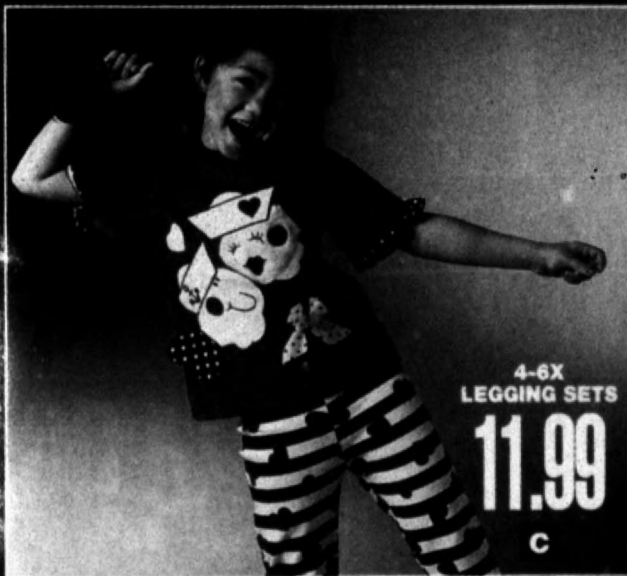




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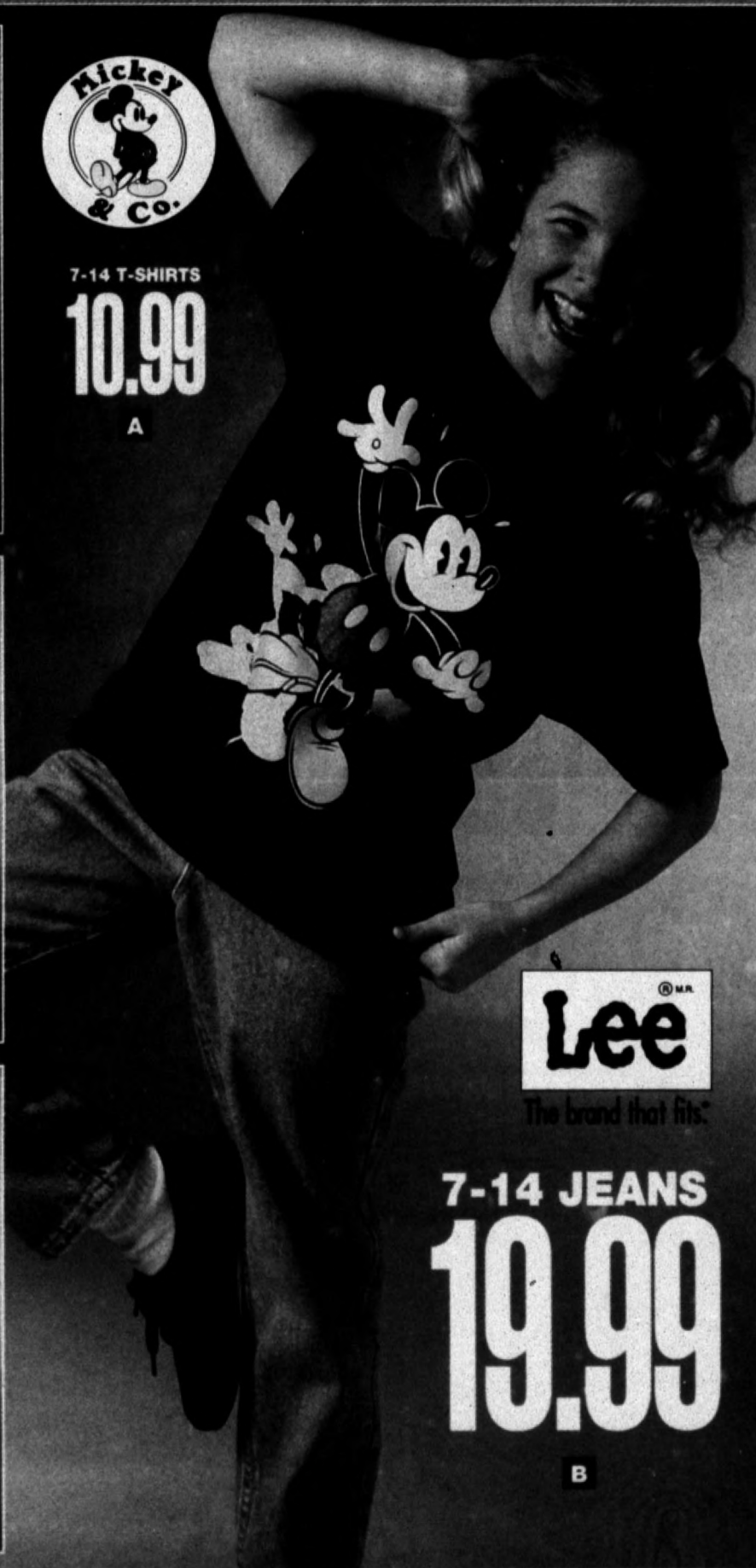
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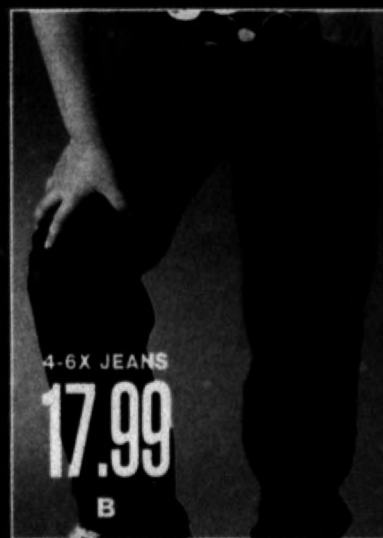
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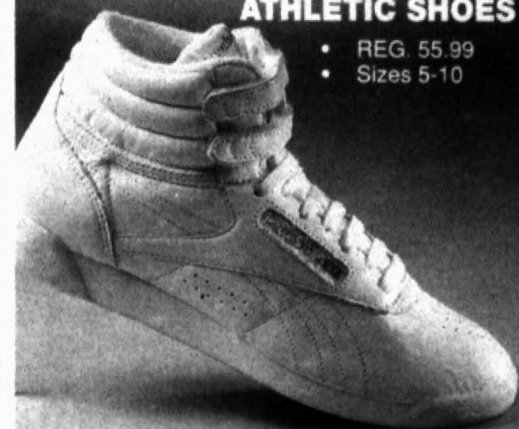
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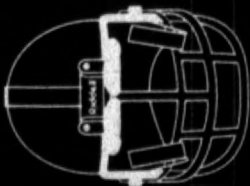
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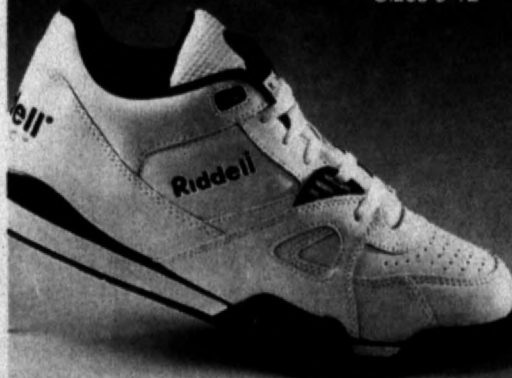
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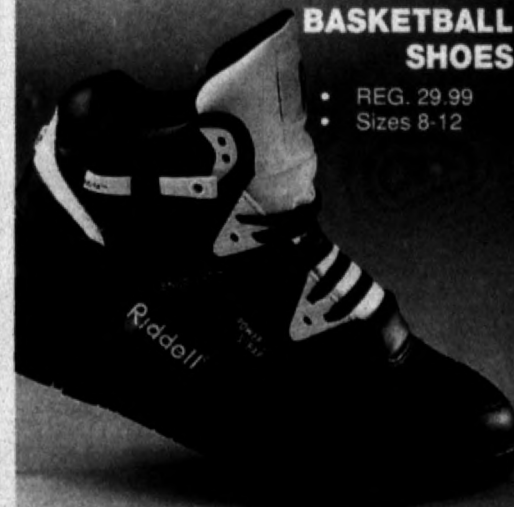
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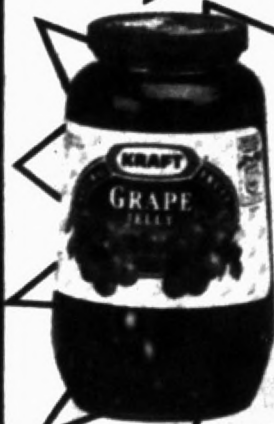


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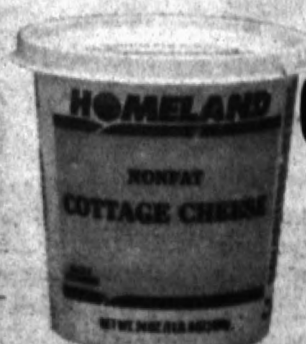
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IRON KIDS BREAD

RAINBO

SAVE UP TO 60¢

79¢
24-oz. Loaf

DINNERTIME VALUES!



PATIO DINNERS

Frozen Save On Your Favorite National Brands At Homeland

SAVE UP TO 90¢

12-oz. Package

99¢



Dinty Moore Beef Stew

BEEF STEW

DINTY MOORE

SAVE 49¢

24-oz. Can

\$1.88

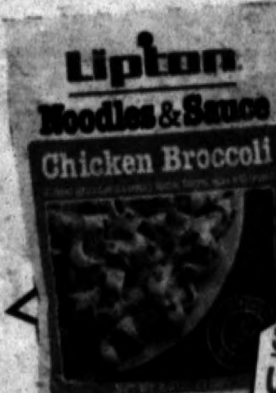


ORE-IDA POTATOES

SAVE 55¢ ON 3

Frozen Twice Baked

3 \$5
10-oz. Packages



Lipton Noodles & Sauce

NOODLES & SAUCE

or RICE & SAUCE LIPTON

SAVE UP TO 30¢

4.2-oz. Package

99¢



CRESCENT ROLLS

PILLSBURY

SAVE 31¢

Package of 8

\$1.64



BANQUET FAMILY ENTREES

FAMILY ENTREES

BANQUET Frozen

SAVE 50¢

26-oz. Package

\$2.00



FRUIT PIES

SAVE \$1.00

MRS. SMITH'S Frozen

46-oz. Package

\$3.99



PLAINS ICE CREAM

Gold or Red Ring Only

Half-Gallon Carton

\$1.99

HOMELAND

SAVE MORE EVERY DAY AT HOMELAND!



SAVE UP TO 61¢

LAY'S CHIPS

Save On This National Brand Favorite At Homeland

6-oz. Bag

88¢



SAVE UP TO \$3.40

PEPSI-COLA

Pepsi, Diet Pepsi, Caffeine Free Diet Pepsi, Crystal Pepsi or Mountain Dew

-Pack 12-oz. Cans

\$2.99



SAVE \$1.50

S & F BEVERAGE OF TEXAS, INC.

KEYSTONE BEER

Regular, Dry or Light
ITEM NOT AVAILABLE IN ALL HOMELAND STORES

-Pack 12-oz. Cans

\$5.69



SAVE UP TO 31¢

SHREDDED CHEESE

\$1.98

8-oz. Package



or LONGHORN BEST BUY Halfmoon Prepped

COLBY CHEESE

\$2.79

lb.



HOMELAND PRIDE OF AMERICA Prepped

MONTEREY JACK CHEESE

\$3.39

lb.



HOMELAND PRIDE OF AMERICA Prepped

SWISS CHEESE

\$4.59

lb.



SAVE UP TO 98¢ ON 2

KRAFT FREE SINGLES

2 for \$5

for



KRAFT MOZZARELLA

SAVE 17¢ ON 3

1-oz. Package

STRING CHEESE

3 for \$1

for

Bakery

COCONUT CAKE
Double Layer 8-inch
\$4.99
SAVE \$2.00 Each

JUMBO CHEESE ROLLS
In Max Packs
8 for \$3.99

JUMBO COOKIES
Assorted Varieties
9 for \$2.99

Good Only At Locations With In-Store Bake Shops. Items May Not Be Available At Self-Serve Bakeries.

SAVE ON NABISCO FAVORITES AT HOMELAND

NABISCO SNACKWELLS
All Available Cookie or Cracker Varieties
5.5-oz. Package **\$1.99**

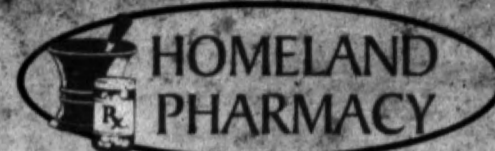
NABISCO SNACK CRACKERS
Garden of Eatin', Harvest Out, Harvest 5 Grain or Orchard Crisp Apple or Apple & Banana
8-oz. Box **\$2.29**

NABISCO FIG NEWTON COOKIES
All Available Regular or Fat Free Varieties
12-oz. Package **2 for \$5**

HOMELAND

CHECKOUT® COUPONS...ANOTHER WAY TO SAVE EVERY DAY AT HOMELAND!

Homeland Drug Store!



SAVE \$1.10

Tablets or Caplets
\$4.49
Package of 50

- FREE Prescription Card
- FREE Prescription Transfer
- FREE Computerized Records
- FREE Blood Pressure Checks
- FREE Crutch Use

The Best A Pharmacy Can Be...Because We Care

SAVE 60¢

All Available Varieties
\$1.65
4.6-oz. Tube



ULTRA SLIM FAST
99¢
Ready-To-Drink
11-oz. Can

SAVE 20¢



PAMPERS DIAPERS
\$7.68
Pkg. of 24 Walker 3, 26 Walker 2, 36 Crawler or 50 Infant 1

SAVE UP TO 71¢



SCOPE MOUTHWASH
\$4.99
Original or Peppermint
36-oz. Bottle

SAVE UP TO 40¢



TDK VIDEO TAPES
\$1.99
Each

SAVE \$1.80



PLAYTEX ULTIMATES TAMPONS
\$5.29
Packages of 20

SAVE 98¢ ON 2



DENOREX MEDICATED SHAMPOO
\$2.99
4-oz. Bottle

SAVE \$1.50

EXTRA STRENGTH DENOREX SHAMPOO 4-oz. Bottle **\$3.49**



BIG TWIN SELECT RAZORS
\$1.79
Package of 5

SAVE 60¢

Polaroid High Definition 35mm Color Print Film
15% OFF
Any 24-Exposure Roll
POLAROID HIGH DEFINITION 35mm FILM

MANUFACTURER'S IN-AD COUPON
EXPIRES MARCH 15, 1994
COUPON GOOD ONLY AT HOMELAND STORES
30¢ OFF
On One Package of 4 GE SOFT WHITE LIGHT BULBS or Package of One 3-WAY BULB
Soft White 60
4629

HAM & BREAD KNIFE
\$2.99
Only
ULTRA SHARP In Black or White

HOMELAND IN-AD COUPON
EXPIRES MARCH 1, 1994
FREE
ULTRA SHARP STEAK KNIFE with the Purchase of One ULTRA SHARP HAM/BREAD KNIFE & \$5.00 IN ADDITIONAL PURCHASES
Limit One Free Knife Per Customer With A \$5.00 Additional Purchase. Coupon Good Wed., Feb. 23 thru Tues., March 1, 1994
4237

A Good Deal Better.

HOMELAND

HOMELAND MEATS... A GOOD DEAL LEANER!



COUNTRY STYLE RIBS

In Max Packs of 6-Pounds or More

\$1.58
lb.

BUY ONE, GET ONE...

FREE!

16-oz. WILSON MEAT BOLOGNA,
16-oz. BAR-S JUMBO MEAT FRANKS or
12-oz. FARMLAND PORK or PORK & BACON
LINK SAUSAGES
BUY ANY ONE OF THE ABOVE ITEMS, GET A SECOND
LIKE ITEM ABSOLUTELY FREE

DRUMSTICKS

or THIGHS
GRADE 'A'
In Max Packs of 2-Pounds or More

69¢
lb.



MEAT FRANKS

BAR-S BRAND

SAVE 11¢

12-oz. Package

68¢



SLICED BACON

DECKER

SAVE 50¢

1-lb. Package

\$1.49

JIMMY DEAN *Mesquite*
SMOKED SAUSAGE

16-oz. Package

\$1.99

SAVE \$1.00

BONELESS Skinless
FRYER BREASTS

In Max Packs of 4-Pounds or More

lb.

\$2.99

SAVE lb. 30¢

JIMMY DEAN *Microwave*
SAUSAGE & BISCUITS

15-oz. Package

\$3.29

SAVE 70¢

BEEF **HOMELAND SUPER TRIM BEEF**
SIRLOIN TIP STEAKS

lb.

\$2.69

SAVE lb. \$1.30

COOK'S CENTER CUT
HAM STEAKS

lb.

\$2.49

SAVE lb. 50¢

JIMMY DEAN
PORK SAUSAGE

2-lb. Roll

\$3.79

SAVE \$1.78

HILLSHIRE FARMS
DELI SELECTS

Six Varieties To Choose From

6-oz. Package

\$1.89

SAVE 50¢

OSCAR MAYER
REGULAR LUNCHABLES

4.5-oz. Package

\$1.29

SAVE 70¢

8 VARIETIES OHSE
COLD CUTS

6-oz. Package

99¢

OHSE SMOKED
TURKEY BREAST

lb.

\$2.98

SAVE lb. 41¢

TURKEY BREAST or
SLICED HAM

AMERICAN PRIDE

16-oz. Package

\$2.99

SAVE 70¢ OR MORE

SEAFOOD SPECIAL
WHOLE CATFISH

Fresh Farm Raised

lb.

\$2.39

SAVE lb. 70¢

HOMELAND HAS THE FRESHEST PRODUCE!

SAVE
lb.
20¢



SEEDLESS GRAPES

MIX OR
MATCH
Choose From
White, Red or
Black

\$1.49
lb.

SAVE
70¢



POTATOES

Colorado
Russets

\$1.99
15 lb. Bag

SAVE
30¢



CELERY

Save On This
Snack
Favorite

69¢
Each

LARGE SIZE

**MINNEOLA
TANGELOS** lb. **89¢**

RED or GREEN

**LEAF
LETTUCE** Each **69¢**

SAVE
30¢



BERRY SALE

\$2.99
Half-Pint
Basket

Choose From Blueberries,
Blackberries or Raspberries

SAVE
\$1.00

FRESH

**BROCCOLI
CROWNS** lb. **99¢**

DELICIOUS

**TENDER
ASPARAGUS** lb. **\$1.69**

SAVE
lb.
\$1.00



UGLI FRUIT

2 for \$3
New Crop
Extra Large

YELLOW, WHITE or

**RED
ONIONS** 3 lb. Bag **\$1.99**

SAVE
50¢

**BUY ONE, GET ONE...
FREE** 8.5-oz.
FRESH EXPRESS
CAESAR SALAD

Deli



TURKEY BREAST

\$3.99
lb. **SAVE**
lb. \$1.00

FOSTER
FARMS

**HONEY WILSON
CONTINENTAL DELI
CURED HAM** lb. **\$3.99**

**MUENSTER
CHEESE** Orange Rind lb. **\$2.99**

Good Only At Locations With In-Store Deli Shops Items May Not Be Available At Self Serve Delis

Floral



TULIPS

\$5.99
6-Inch
Covered Pot

Assorted
Colors

SAVE
\$2.00

**MINI
CARNATION
BOUQUET**

6 Stems of Mini
Carnations, Filler &
Greenery Each **\$3.99**

**IT TAKES
TWO
BOUQUET**

2 Poms, 2 Mini
Carnations, 2 Fillers
& 2 Ferns Each **\$3.99**

Good Only At Locations With In-Store Floral Shops

SCRATCH, MATCH AND WIN! PLAY THE



HOMELAND®

\$1,000,000

GAME

**Plays Just Like
A Lotto
BUT IT'S FREE!**



**MATCH 5
AND WIN OR SHARE
\$5,000**

**MATCH 6
AND WIN OR SHARE
\$1,000,000
OR
\$100,000
OR
\$25,000**

**MATCH 4
AND WIN OR SHARE
\$2,000**

**WIN UP TO
\$5,000
INSTANTLY
PLUS FREE FOOD PRIZES**

FOR WINNING NUMBERS, WATCH
KOCO-TV | **KTUL** | **KVII-TV**
 Channel 5 | Channel 8 | Channel 7
 Oklahoma City | Tulsa | Amarillo, TX
 Tuesdays | Tuesdays | Tuesdays
 at 6:20 pm | at 6:28 pm | at 6:30 pm
WEEK 3 TV DATE, MARCH 1ST

ODDS CHART			
INSTANT WIN CASH PRIZES	WEEKLY NUMBER OF PRIZES	ODDS IN 1 VISIT	ODDS IN 3 VISITS
\$5,000	1	1:1,146,000	1:382,000
\$1,000	5	1:229,200	1:76,400
\$ 25	237	1:4,835	1:1,612
\$ 5	462	1:2,481	1:827
\$ 2	1,154	1:993	1:331
TOTAL CASH	1,859	1:617	1:206
PRODUCT PRIZES	13,321	1:86	1:29
TOTAL INSTANT WIN	15,180	1:75	1:25
TOTAL RETAIL VALUE OF CASH & PRODUCT PRIZES		WEEKLY \$43,498.67	13-WEEK TOTAL \$565,482.71

Odds: Match 6 - 1:13,983,815; Match 5 - 1:54,200; Match 4 - 1:1,031. Odds of having a game card with a \$1,000,000 prize area are 1:100 weekly; a \$100,000 prize area are 1:11 weekly. All other game cards will contain a \$25,000 prize area. Homeland \$1,000,000 Game cards are available at 110 participating Homeland Stores in Oklahoma, Texas and Kansas while supplies last.



HOW TO PLAY
 It's A New Game Every Week • Game Ends May 10, 1994
 Each week, pick up a new dated game card at any participating Homeland Store. **NO PURCHASE NECESSARY.** Scratch off designated areas to reveal your playing number. Match all 6 in any order to win or share \$1,000,000, \$100,000 or \$25,000; Match 5 in any order to win or share \$5,000; Match 4 in any order to win or share \$2,000.
 Winning numbers will be drawn each Tuesday night on the stations listed on front of ticket. All winning numbers will be posted at participating Homeland Stores.
 Scratch off instant prize area for cash or product. Win \$2 to \$5,000 instantly. All winning game cards must be submitted to Homeland Stores, Inc. within fourteen (14) days after termination of each week's game.
 See posted official rules and odds for complete details at each participating Homeland Store.

NO PURCHASE NECESSARY **MUST BE 18 YEARS OR OLDER TO PLAY** **COMPLETE RULES IN THE STORE** **NEW GAME EACH WEEK**

HOMELAND® **DOUBLES MANUFACTURER COUPONS UP TO \$1.00* EVERYDAY**

***LIMIT ONE LIKE-ITEM COUPON. Additional Like-Item Coupons Redeemed At Face Value Only. FOR A LIMITED TIME ONLY.**

SALES IN RETAIL CONSUMER QUANTITIES ONLY PLEASE FAX SERVICES AVAILABLE IN ALL STORES

STOP AT IGA

STOP
SUPER TOUGH
IGA
ON PRICES

ALL THESE STOPS
PRICES GOOD THE ENTIRE
MONTH OF FEBRUARY, 1994!

Save No Less Than
33¢
on 8

IGA Ramen Noodles
8 \$1
ASST. 5 OZ. BAGS



Cranberry Juice
OCEAN SPRAY-48 OZ. BTL.
Save No Less Than **30¢**
2.39



Ragu Spaghetti Sauce
ASST.-27.5-30.5 OZ.
Save No Less Than **60¢**
1.59



Budget Gourmet Entrees
REGULAR OR LIGHT & HEALTHY
ASST.-9 OZ. TO 10 OZ.
Save No Less Than **98¢**
2 \$3
FOR

SUNSHINE Cookies
HYDROX OR VIENNA FINGERS-16 OZ.
2 \$3
FOR



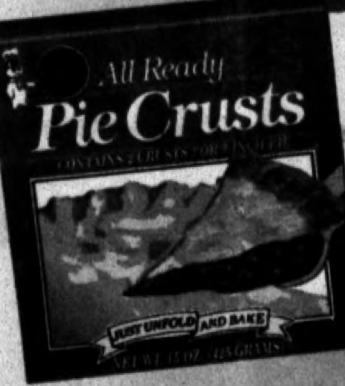
Lucky Leaf Apple Juice
PURE 100% APPLE
64 OZ. BTL.
Save No Less Than **1.79**
2 \$3
FOR



Swanson's Fun Feasts
ASSORTED-6.5-12 OZ.
Save No Less Than **98¢**
2 \$3
FOR



Birds Eye Vegetables
GREEN BEANS (CUT OR FRENCH STYLE), CUT CORN, PEAS OR MIXED VEGETABLES
16 OZ. BAG
Save No Less Than **40¢**
99¢



PILLSBURY ALL READY Pie Crusts
BUY ONE 15 OZ. PKG-GET ONE
FREE

Kleenex Double Roll
4 ROLL PACKAGE

1.99
Save No Less Than **80¢**



Fitti Disposable Diapers
M, L, X-L 18 TO 30 COUNT

4.49
Save No Less Than **90¢**



Ultra Snuggle Liquid
20 LOADS-20 OZ. BTL.
Save No Less Than **90¢**
1.89

Snuggle Singles
40 COUNT BOX
Save No Less Than **50¢**
1.89

Lever 2000 Bath Bars
2 BAR PACK
Save No Less Than **30¢**
1.59



Double Power Wisk
REG. OR FREE-32 OZ. BTL.
Save No Less Than **1.50**
2.69

Wisk Powder
18 LOADS-REG OR FREE
Save No Less Than **1.30**
2.99

LEVERIBROS. SPECIALS

DETERGENT Ultra Surf
18 LOADS-REG. OR 14 LOADS W/BLEACH
2.49



Save No Less Than **1.50**

\$STOP

YOU MAY BE PAYING TOO MUCH
IF YOU SHOP ELSEWHERE!



**Bama
Grape
Jam or
Jelly**

OR APPLE JELLY-2 LB. JAR

Save
No Less
Than
58¢
on 2

2 \$3
FOR

**Best Maid
Salad
Dressing**

32 OZ. JAR



89¢

Save
No Less
Than
40¢

Lipton
100 TEA BAGS

**Lipton Tea
Bags**
100 Ct. Box

Save
No Less
Than
25¢
on 1

2 \$5
FOR

**IGA Crispy
Rice**
CEREAL-13 OZ. BOX

Save
No Less
Than
30¢

1 69

BUDGET
LINE

Mrs. Paul's

Save
No Less
Than
27¢
on 3

**Mrs. Paul's
Budget Line Fish**
BREADED PORTIONS OR CRUNCHY STIX-5 TO 6 OZ.

3 298
FOR

DELI SELECT

PEYTON'S FRANKS

Save
No Less
Than
30¢

**Peyton's
Meat Franks**
REG OR JUMBO-16 OZ.

99¢

**Hillshire Farms
Deli Selects**
ASSORTED-6 OZ. PKG.

1 69

Save
No Less
Than
30¢

\$STOP



PICK UP YOUR
FEBRUARY \$STOP\$
CIRCULAR AT YOUR
LOCAL IGA STORE!

IGA

\$81⁰⁰

YOU'LL FIND OVER
WORTH OF SAVINGS IN IT JUST
FOR YOU!

SUPER TOUGH
\$STOP\$
ON PRICES

**Banquet
Dinners**

ASST. 9
TO 12 OZ.

Save
No Less
Than
50¢

99¢

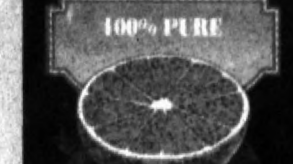
ALL THESE \$STOP\$ PRICES GOOD
THE ENTIRE MONTH OF FEBRUARY, 1994!

**Texsun
Orange Juice**
Reg/Homestyle-64 Ounce Carton

99¢



Texsun
100% PURE



Texsun
ORANGE
JUICE
CENTRATE

Save
No Less
Than
100



Texsun
100% PURE

Texsun
ORANGE
JUICE
FROM CONCENTRATE



Save
No Less
Than
60¢

**Bake Rite
Shortening**

99¢



**Breast O'Chicken
Chunk Light Tuna**

In Oil or Water-6.125 oz. Can



Save
No Less
Than
12¢

67¢

**Clorox
Bleach**

99¢

Save
No Less
Than
36¢



REGULAR
CLOROX

REGULAR
CLOROX

**HILLS
BROS**
COFFEE

**HILLS
BROS**
COFFEE

**COFFEE
Hills Bros**
FAC-39 OUNCE CAN

3 99

Save
No Less
Than
260



HOMETOWN
PROUD



Taylor & Sons

•Canyon
•Hereford



PRICES GOOD FEB - MAR '94

S	M	T	W	T	F	S
			23	24	25	26
27	28	1				

**FRYER
LEG QUARTERS**

USDA INSPECTED
10 LB. AVERAGE

33¢
LB.



February
is Potato
Lover's
Month



POTATOES

15 LB BAG

159

BONELESS

CHUCK ROAST

IGA TABLETTE

159
LB.



**WOLF BRAND
PLAIN CHILI**
19 Oz.
CAN

99¢



**MACARONI
& CHEESE**
IGA
7.25 Oz. Box

589¢
For



**IGA
ORANGE JUICE**
FROZEN
12 Oz. CAN

79¢



**NORTHERN
BATH TISSUE**
WHITE OR PRINTS
4 Roll Pkg.

89¢

IGA

THE PLACE FOR THE SAVINGS

Ragu Spaghetti Sauces

Assorted
18 - 28 Oz. Jar

1.59



Skinner Pastas

Thin or Long Spaghetti
or Short Cut Elbow Macaroni
24 Oz. Bag

99¢

IGA Ramen Noodles

Assorted
3 Oz. Pkg

8 \$1
FOR



Green Giant Pinto Beans

15.5 Oz.
Can

3 \$1
FOR



Honey Boy Pink Salmon

14.75 Oz.
Can

1.69



Sunshine Cookies

Hydrox or
Vienna Fingers
16 Oz. Pkg

2 \$3
FOR



Sunshine Sugar Wafers

12 Oz.
Pkg

1.99



Tostitos Tortilla Chips

Assorted
10.5 Pkg

1.69



Nabisco Nilla Wafers

12 Oz. Pkg.

1.99



IGA Soft Drinks

Assorted
3 Liter Bottle

99¢



STOP

and pick up your February Stops Circular.

It contains over **\$81.00**
worth of savings!

GET STARTED WITH KELLOGG'S

Nutri Grain Cereal
Wheat
12.2 Oz.

2.59



Nutri Grain Cereal
Almond Raisin
17.2 Oz.

3.55



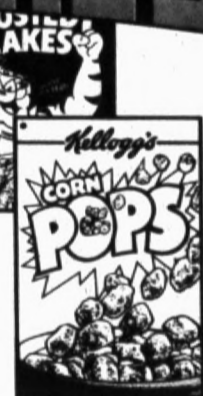
Frosted Flakes
Kelloggs
20 Oz.

3.59



Corn Pops Cereal
15 oz.
Box.

3.79



Complete Bran Flakes
17.3 Oz.
Box

2.99

Frosted Bran
18.9 Oz.
Box

3.69

Frosted Mini Wheats
20.4 Oz.
Box

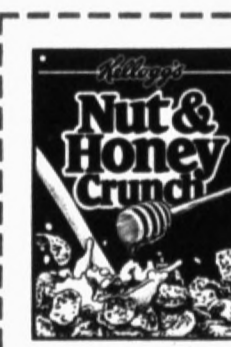
3.99

Nut N Honey Crunch
16 Oz.
Box

3.99

Low Fat Granola
Reg or W/ Raisins
20.5 Oz.

3.99



SAVE 1.35 WITH THIS COUPON

GOOD WEEK OF 2/23/94 - 3/1/94
WITH THIS COUPON ON ONE 16 oz. KELLOGG'S Nut & Honey Crunch® FLAKES CEREAL ONLY
CONSUMER: OFFER IS LIMITED TO ONE COUPON PER PACKAGE PURCHASED. COUPON MAY NOT BE REPRODUCED OR TRANSFERRED.
RETAILER: KELLOGG SALES COMPANY will redeem this coupon in accordance with our redemption policy, copies available upon request. Cash value 1/100¢. Void where prohibited, taxed, or restricted by law. Mail coupons to: KELLOGG'S IN AD, CMS DEPT. 38999, ONE FAWCETT DRIVE, DEL RIO, TX 78840 ©Kellogg Company ©1994 Kellogg Company

Only at IGA Supermarkets

SAVE 70¢
WITH THIS COUPON ON ONE 18.9 oz. KELLOGG'S Frosted Bran® CEREAL ONLY
CONSUMER: OFFER IS LIMITED TO ONE COUPON PER PACKAGE PURCHASED. COUPON MAY NOT BE REPRODUCED OR TRANSFERRED.
RETAILER: KELLOGG SALES COMPANY will redeem this coupon in accordance with our redemption policy, copies available upon request. Cash value 1/100¢. Void where prohibited, taxed, or restricted by law. Mail coupons to: KELLOGG'S IN AD, CMS DEPT. 38999, ONE FAWCETT DRIVE, DEL RIO, TX 78840 ©Kellogg Company ©1994 Kellogg Company

SAVE 1/2 OF THE RETAIL PRICE WITH THIS COUPON
(COUPON VALUE: \$1.25)
ON ONE 11.4 oz. KELLOGG'S All Bran® EXTRA FIBER CEREAL ONLY
CONSUMER: OFFER IS LIMITED TO ONE COUPON PER PACKAGE PURCHASED. COUPON MAY NOT BE REPRODUCED OR TRANSFERRED.
RETAILER: KELLOGG SALES COMPANY will redeem this coupon in accordance with our redemption policy, copies available upon request. Cash value 1/100¢. Void where prohibited, taxed, or restricted by law. Mail coupons to: KELLOGG'S IN AD, CMS DEPT. 38999, ONE FAWCETT DRIVE, DEL RIO, TX 78840 ©Kellogg Company ©1994 Kellogg Company

BUY 1, GET 1 FREE!
(UP TO \$2.60 VALUE) AT THE CHECKOUT
BUY ONE 12.2 oz. KELLOGG'S NUTRI-GRAIN WHEAT CEREAL, GET ONE 12.2 oz. KELLOGG'S NUTRI-GRAIN WHEAT FREE!
CONSUMER: OFFER IS LIMITED TO ONE COUPON PER PACKAGE PURCHASED. COUPON MAY NOT BE REPRODUCED OR TRANSFERRED.
RETAILER: KELLOGG SALES COMPANY will redeem this coupon in accordance with our redemption policy, copies available upon request. Cash value 1/100¢. Void where prohibited, taxed, or restricted by law. Mail coupons to: KELLOGG'S IN AD, CMS DEPT. 38999, ONE FAWCETT DRIVE, DEL RIO, TX 78840 ©Kellogg Company ©1994 Kellogg Company

BUY 1, GET 1 FREE!
(UP TO \$3.55 VALUE) AT THE CHECKOUT
BUY ONE 17.2 oz. KELLOGG'S NUTRI-GRAIN ALMOND RAISIN CEREAL, GET ONE 17.2 oz. KELLOGG'S NUTRI-GRAIN ALMOND RAISIN FREE!
CONSUMER: OFFER IS LIMITED TO ONE COUPON PER PACKAGE PURCHASED. COUPON MAY NOT BE REPRODUCED OR TRANSFERRED.
RETAILER: KELLOGG SALES COMPANY will redeem this coupon in accordance with our redemption policy, copies available upon request. Cash value 1/100¢. Void where prohibited, taxed, or restricted by law. Mail coupons to: KELLOGG'S IN AD, CMS DEPT. 38999, ONE FAWCETT DRIVE, DEL RIO, TX 78840 ©Kellogg Company ©1994 Kellogg Company

**Duncan Hines
Cake Mixes**

Assorted
18.25 Oz.

89¢



**Hills Bros
Coffee**

FAC
13 Oz. Can

1.49

**Duncan Hines
Frosting**
Assorted RTS
16 Oz. **1.29**



Gladiola Mixes
Yellow or White
Cornbread
or Biscuit
6 Oz. **4 For 1.19**



**Lucky Leaf
Apple Juice**
64 Oz.
Bottle

2 For \$3



Armour Treet
12 Oz. Can **99¢**



**Breast 'O Chicken
Tuna**
Chunk Light
in Oil or Water.
6.125 oz. Can **67¢**



**Del Monte
Fruit**
Fruit Cocktail, Chunky Mixed
Fruit, YC Peach Slice & Halves,
Pear Halves & Slices, & Fruit
Naturals
Regular or Lite
16 Oz. Can **89¢**



Tomatoes
Whole Peeled
14.5 Oz. **2 For 99¢**



Pineapple
Assorted
15.25 Oz. **5 For \$3**



Ketchup
Squeeze
14 Oz. **79¢**

**Prune
Juice**
32 Oz. **1.19**

RAINBOW

If you're a serious grocery shopper who really likes a good value, then look to the Rainbow Brand for savings. Rainbow is your low price leader. And you can really save with our new large Value Packs. All Rainbow products carry a 100% satisfaction guarantee and are available in every department of the store. So come start saving with us. Just look for the Rainbow, For savings

SATISFACTION GUARANTEED

**Rainbow
Oil**
Salad or Corn
48 Oz. Bottle **1.99**



**Rainbow Paper
Towels**
3 Roll
Pkg. **1.19**

**Rainbow
Pasta**
Long Spaghetti or
Elbo Macaroni
5 Lb Value Pack **1.99**



**Rainbow
Peanut Butter**
Creamy or Chunky
4 Lb. Jar **4.89**



**Rainbow Tea
Bags**
100 Ct.
Box **99¢**

**Rainbow
Grape Jelly**
32 Oz.
Jar **99¢**

**Rainbow
Peaches**
Irregular YC
29 Oz. Can **99¢**

**Rainbow
Marshmallows**
Regular or Mini
16 Oz. **79¢**

**Rainbow
Oats**
Quick or Old Fashioned
42 Oz. **1.79**

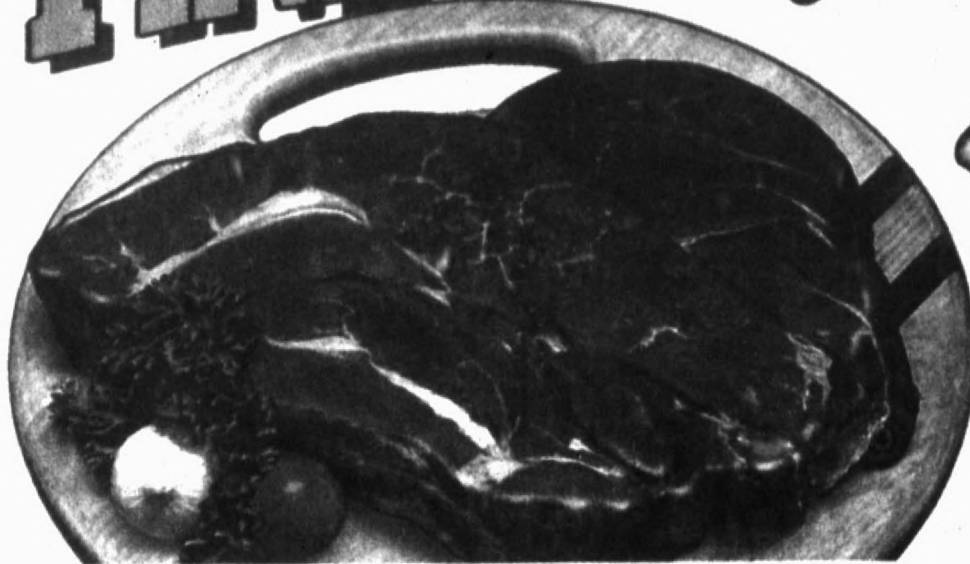
**Rainbow
Strawberry Preserves**
32 Oz. Jar **1.59**

**Rainbow
Yellow Popcorn**
2 Lb. **69¢**

**Rainbow
Napkins**
250 Ct. **1.19**

**Rainbow
Trash Bags**
Trash & Leaf or Tall Kitchen
80 Ct. **4.59**

FINEST QUALITY MEATS



**IGA TABLERITE
BONELESS
CHUCK
ROAST**

1.59
LB.

**USDA INSPECTED
10 LB. BAG AVG.
FRYER LEG
QUARTERS**

3.39

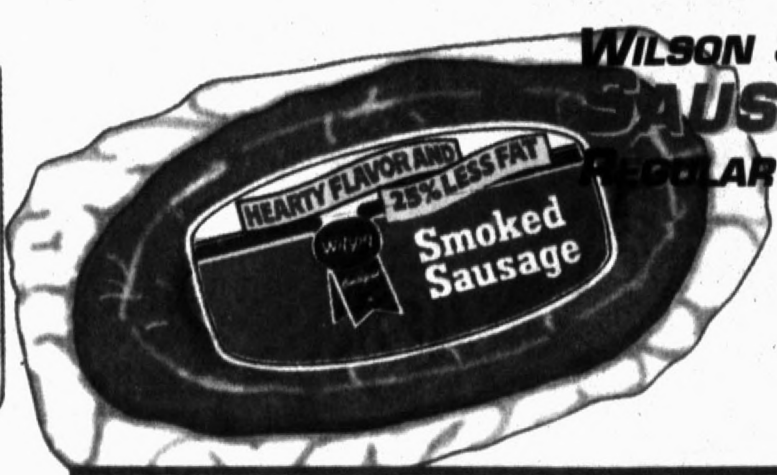
**TV CORN
DOGS**
10 Count. Pkg.

2.19



**IGA TABLERITE
EXTRA LEAN
PORK
STEAK**

1.39



12 OUNCE PKG.

**WILSON
MEAT FRANKS**

59¢

**CORN KING
BOLOGNA**
12 Oz. Pkg.

89¢

**WILSON
COOKED HAM**
10 Oz. Pkg.

2.59

**WILSON
TURKEY BREAST**
SLICED 10 Oz. Pkg.

2.59

**WILSON
VARIETY PACK**
LUNCHEAT 12 Oz. Pkg.

1.69

**YOU'LL FIND EVERYDAY
FAVORITE MEAT ITEMS
DON'T SEE AT OTHER STORES
AT IGA, WE HAVE THEM
IT IS TO FEED A FAMILY
WE'RE ON IT**



**WHITING
FILLETS**
RAINBOW IQF
2 LB PKG.
2.99

**RAINBOW VALUE
PACK**
NOT AVAILABLE AT ALL STORES

**RAINBOW IQF
POPCORN SHRIMP**
2 LB. PKG. **6.99**
**H & G
WHITING**
5 LB. BOX..... **3.99**
**PEPPERONI OR COMBO
RAINBOW PIZZA**
2 PACK - 14 Oz..... **4.99**

**RAINBOW IWS
SANDWICH
SINGLES**
10.66 Oz.

99¢

**CAPTAINS COVE
HALIBUT
STEAK**
12 Oz. Pkg. **4.29**
**CAPTAINS COVE
SWORDFISH
STEAK**
12 Oz. Pkg. **5.99**

FRESHEST PRODUCE

February is
Potato Lover's
Month

This SPUD'S
For You

Nothing could be simpler
and more delicious than
the popular potato

WASHINGTON EXTRA FANCY

APPLES

1.19
3 LB. BAG

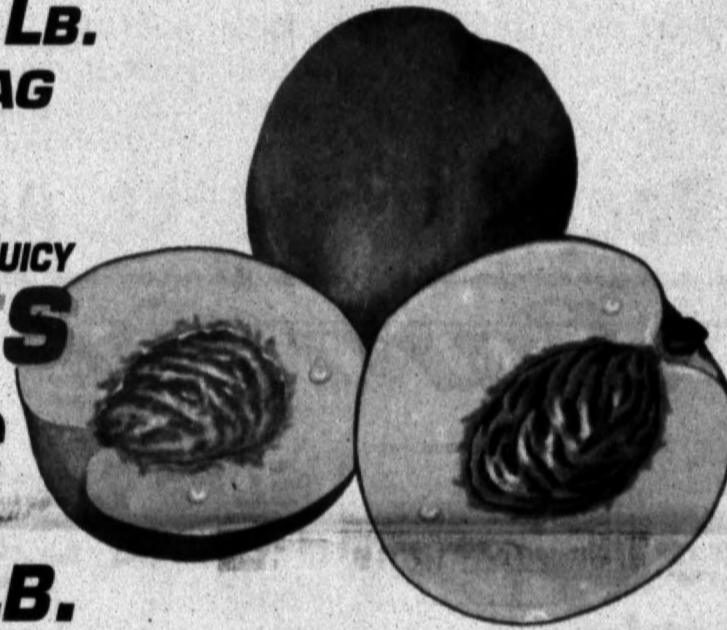


RUSSET
POTATOES

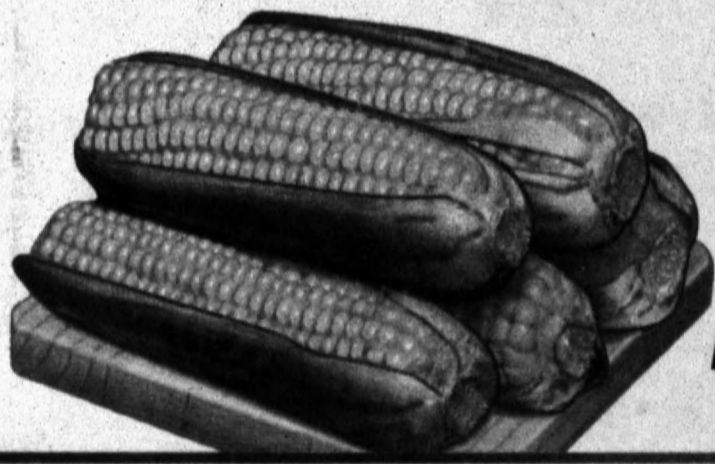
1.59
15 LB. BAG

SWEET JUICY
PEACHES

89¢
LB.



NEW CROP
CORN
\$1
2 EARS



TEXAS

YAMS

59¢
LB.

ROMA

TOMATOES

79¢
LB.

YELLOW

LEMONS

12 For \$1

COLE

SLAW

1 LB. PKG **89¢**

EVERY DAY LOW PRICES ON YOUR
ITEMS AND THE VARIETY YOU
WANT. BEAT OUR COMPETITION.
WE KNOW HOW HARD
IT IS TO FEED A FAMILY THESE DAYS.
WE'VE GOT YOU ON YOUR SIDE."



RED OR GREEN

LEAF LETTUCE **\$1**
2 BUNCHES

COLBY OR MILD CHEDDAR

IGA HALFMOON

CHEESE

10 Oz.

1.69

WEEKEND SPECIALS

CAPTAIN'S COVE IQF

FISH

5.49

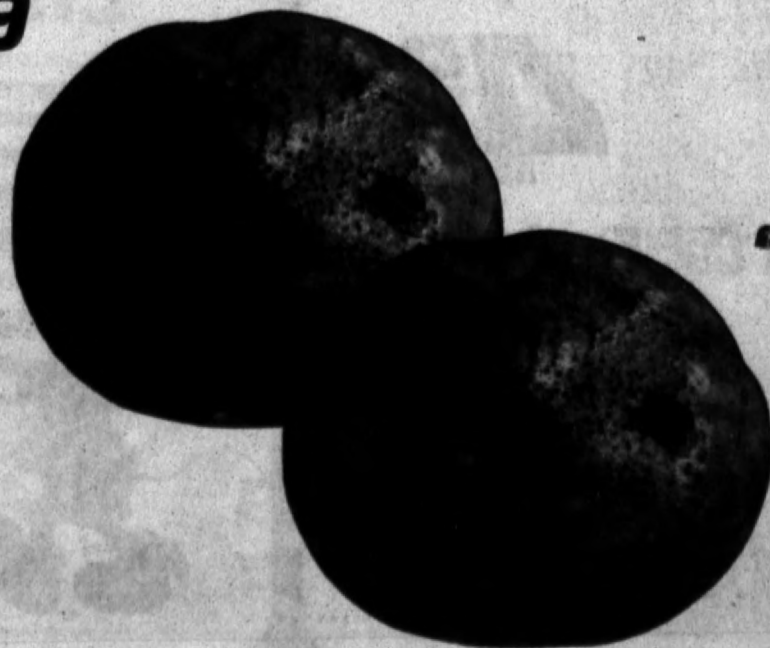
CAPTAIN'S COVE IQF

YELLOW FIN TUNA

STEAK

12 Oz. Pkg.

3.29



"MEXICAN POTATO"
JICAMA

79¢
LB.

IGA

SHOP IGA TODAY AND

IGA Ice Cream

Assorted Round
1/2 Gallon

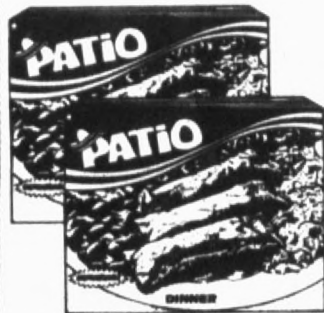
1 99



Ore-Ida Mini Cob Corn

6 Count
Pkg

1 29



Patio Dinners

Assorted
12 - 13.25 Oz

2 For \$3



Rainbow Shoestring Potatoes

20 Oz.
Bag

3 For \$1

Healthy Treasures Fish

Mrs Paul's
Fillets or Sticks
7.5 - 8 Oz

1 89



IGA Stew Vegetables

16 Oz.
Bag

89¢



Krusteaz Waffles

Blueberry or Buttermilk
12 Oz.

1 39



FOILED AGAIN!

Rolls of aluminum foil to rows of aluminum cans. When you throw them away, you're stacking trash in a space that's filling up fast. But, recycle them and you can help create a cleaner environment. Support recycling because it works for all of us. Again and again.

Recycling Works. Again and Again!

Sara Lee



Sara Lee Cheesecake

Original, Strawberry, Cherry
17 - 19 Oz.

2 79



Sara Lee Pound Cake

Family Size
16 Oz.

2 79



Sara Lee Fruit Pies

Assorted
37 Oz

2 99



STRAWBERRY
FRENCH
CHEESECAKE



Sara Lee Coffee Cake

Assorted
11.5 - 16 Oz

2 79

Sara Lee Cheese Danish

7.75 Oz

1 89

DAIRY

Tropicana Orange Juice

Assorted Pure Premium
96 Oz.

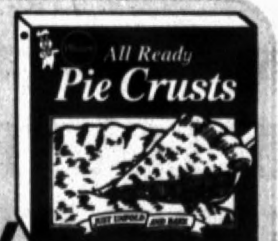
3 49



Pillsbury Sweet Rolls

Assorted
11 - 11.5 Oz.

1 59



Pillsbury Pie Crust

All Ready
15 Oz.

BUY 1, GET 1 FREE!

1 39



Imperial Light Spread

3 Lb
Bowl

PET PRODUCTS



Purina Mainstay

Prepriced 5.99
20 Lb. Bag

4 99

IGA Cat Food

4 Lb.
Bag

1 99

Ken-L Ration Dog Food

Orig. or Beef
23 Oz. Can

2 For \$1

Kitty Litter Maxx

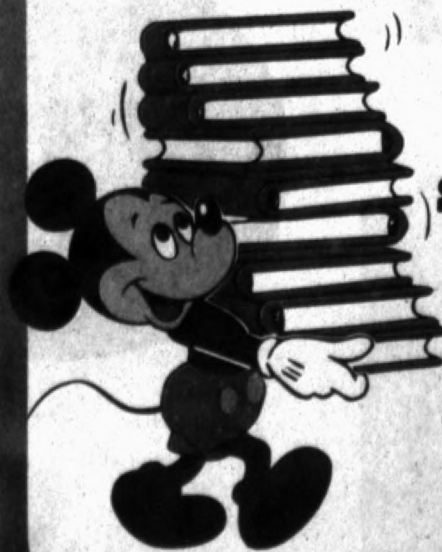
20 Lb.
Bag

3 99

WALT DISNEY FUN-TO-LEARN LIBRARY

VOLUME 1 99¢

This Week's Feature
Volume 4
"Big & Little,
Same & Different"



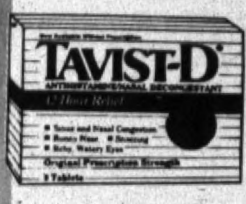
2 99

SAVE! SAVE! SAVE! **IGA**

HEALTH & BEAUTY



Right Guard Deodorant
Assorted
5 Oz. Aerosol Can
2.19



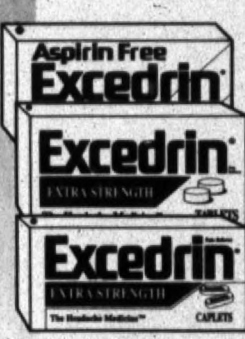
Tavist-D or Tavist-1
8 Ct. Pkg.
3.29



Aapri Facial Scrub
Original or Gentle
2 Oz.
3.19



Polident Tablets
20 Count
1.79



Excedrin Pain Reliever
Tablets, Caplets or Aspirin Free
24 Ct.
2.89



Marquee After Shave
Compare to Mennen
5 Oz.
1.49



Marquee Cotton Swabs
Compare to J&J
300 Ct.
1.29



MONEY BACK GUARANTEE

We're so proud & confident about the quality of our store brands that we offer you a **DOUBLE YOUR MONEY BACK GUARANTEE**. If for any reason you are dissatisfied with any IGA, Rainbow, TV or Marquee brand, just return it, along with your name, address & phone number, and we'll give you cash-DOUBLE the retail value of the purchase price.



PAPER PRODUCTS



Fitti Diapers
Medium, Large or Extra large
18 - 30 Ct.
4.49

Glad Handle Tie Trash Bags
10 Count
1.99

Glad Handle Tie Kitchen Bags
10 Count
1.29

Saran Wrap
Extra Wide
65.5 Ft.
1.59

KEEP IT FRESH WITH



Ziploc Freezer Bags
Pint Size
20 Count
1.39

Ziploc Freezer & Storage Bags
Quart or Gallon
30 - 50 Count
2.99

CLEANING PRODUCTS



Ultra Fab Detergent
30 Load
70 Oz.
4.99

Clorox Bleach
10c Off Label
Gallon Bottle
99c

Ultra Fab Detergent
Heavy Duty Liquid
65 Oz.
3.99

Ajax Cleanser
14 Oz.
2 For 88c



- Fantastik Cleaner
- Glass Plus Cleaner
- Spray & Wash
- Dow Oven Cleaner
- Dow Bathroom Cleaner

2 For \$4



HOMETOWN YOUR HOMETOWN
PROUD SAVINGS PLACE!
America

GERBER BABY FOOD

4.5 Oz. JAR



29¢
EACH

EXTRA SAVINGS FROM IGA!



COKE, 7-UP
OR DR PEPPER

189
 6 PACK
 12 Oz.
 CANS

MARQUEE
COUGH DROPS

79¢
 30
 COUNT

MARQUEE
NIGHT TIME

219
 CHERRY
 6 Oz.



COKE, 7-UP
OR DR PEPPER

179
 3 LITER
 BOTTLE

JIMMY DEAN
SAUSAGE

179
 1 LB.



357
 2 LB.



Taylor & Sons

•Canyon

•Hereford

