## The

## Hereford Brand

## Spy case sparks cry to hold Russian aid


'Dream Seekers' program
lets parents, teachers meet
$\begin{array}{cc}\begin{array}{c}\text { Students at West Central } \\ \text { Intermediate School are doing } \\ \text { some serious dreaming this week, }\end{array} & \begin{array}{c}\text { to investigate a wide } \\ \text { career possibilities. } \\ \text { "Dream Seekers" }\end{array}\end{array}$ some serious dreaming this week,
while erheir parents whiserious talks with teachers about classroom performance.
The school has marked the end
of the end of the fourth six wecks
of class by scheduling conferences of class by scheduling conferences
with parents during the aftemoons with parens
this week.
But to But to free teachers from
classroom duties to meet with classroom duties
parents, the school created "D
$\square$

## Clear skies seen over state

After overnight lows near freezin 60 s and 70 s across Texas today. Texas overnight as surface high pressure dominated the region. The

early this morning.
Because winds flow clockwise
around high pressure...The wind was around high pressure...The wind was
from the south at 5 to 10 miles per from the south at 5 to 10 miles per
hour over the western third of North
man
ADA obestity clause faces test in lawsuit WASHINGTON (AP) - Deborah employment lawsuit in Rhode Island,
Birdwell just wanted to sec the movic Birdwell just wanted to see the movic
"Jurassic Park,", but she was to
large to fit into the seats and the large to fit into the seats and the
theater wouldn't let her bring her own
thea
chair.
So, in a test of the Americans with
Disabilities Act, the Tennessec Disabilities Act, the Tennessee
woman is going to court today totry woman is going to court today totry
to force theaters to accommodate
obesity obesity. 'We sort of the last group of
'Weote that society has said .Well people that society has said, '.Well,
it's OK to hurt these people,", said
Ms. Birdwell, who at 5 -feet-4 weighs Ms. Birdwell, wheo at $5-$ feceel- -4 weigh
260 pounds. "That has to stop." In November, the government
declared that people who are declared that people who are
morbidly obese are protected from morbidy obese are protected from
discrimination under the disabilities
act regardless of whether the weight act regardless of whether the weight
was caused by disease or poor diet. was caused by disease or poor diet.
Morbid obesity is a medical term Morbid obesity is a medical term
that means 100 percent over normal weight.

Previously, only people whose weight stemmed from disease were
protected. But in a brief filed in an
"Dream Seekers" began on spending three hours listening to larmers, weathermen, chiropracspecialists, marma, computer dults talking about their specialFifth graders are scheduled to
send Thurscay aftemoon in spend Thursday aftemoon in "Dream ceckers," while the sixth grade get its turn on Friday.
Students were
select six different career
presentations to hear. They selected
their first and sceond presenations to hear. They selected were assigned to a group that rotuates
together among the presentations At the same time, presentations and teachers meet in the classroom. The parent is given the fourth six weeks
report card, then the teacherctin issue praise for a job well done or conceran over posssible academic
problems that may be devemin problems that mays be developing
early in the semester. early in the semester.
Classes will return Classes will
on Monday.
fell only into the 40s. Brownsville and McAllen shared Wednesday's statewide high, at 82 .
The National Weather Service said highs in North Texas should be in the uphs in North Texas should be in the
upper 60 s. coolingon Friday to the
50 sand 60 . 50 s and 60 s.
A ridge of
A ridge of high pressure was
drifting slowly eastward today as a drifting slowly eastward today as a
trough of low pressure built in West Texas. Skies in Southeast Texas and
along the upper coast remained along the upper coast remained
cloud-free as the rest of South Texas reported cloudy to partly clou
under high level clouds.
Temperatures
Temperatures were in the 30 s and
40 s this morning across the Hill 40s this morning across the Hill
Country, South Central Texas and Southeast Texas.
Along the lower coast and the
middle coast, temperatures were in, middle coast, temperatures were in,
the 50 . Winds across the region this the 50 . Winds across the region this
morning were northerly from calm to
near 10 miles an hour. However, morning were northeriy from caim to
near 10 miles an hour. However,
along the lower coast and the middle
coast. Wind speeds were from 15 to coast. Wind speeds were from 15 to
20 mph , gusting to near 30 mph .
Teen girl injured in car accident
Hereford Police cited a 16-year-
old Hereford girl for failure to yield odid hereford giri for failure to yield
right-of-way and driving on an expired driver's slicense after her car
struck another girl in front of the high struck another girr in front of the high
school Wedsesday.
Officers said Remedios Heredia. Officers said Remedios Heredia,
also 16 , suffered minor injuries and also 16 , suffered minor injuries and
was released after treatent at Hereford Regional Medical Center.
The accidentoccurred around 3:56
p.m. in the 200 block of Avenue Fas p.m. in the 200 block of Avenue Fas
Rebecca Guzman drove past a parked
school bus, police said. Heredia was school bus. police said. Herecia was
walking in front of the bus and the waiking in ront of
pedestrian and ca
according to police.

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## Local Roundup

Credit Union to meet
The Hereford Texas Federal Credit Union will hold its 57th annual meetung at 7 p.m. today in the Community Center. In
addition to the annual report, the mecting will feature entertainment by "The Cattle Cop," humorist Kenneth Chambers. Snacks and refreshments will be provided. The meeting is open to all credit nion member

## Banquet tickets available

## The Deaf Smith County Chamber of Commerce annual banquet

 one week away -- March 3 -- and tickets are still available for the event, to be held at $7 \mathrm{p} . \mathrm{m}$. in the Bull Barn. The mealwill be catered by K-Bob's and tickets are $\$ 15$ each. They are available at the chamber office, or by calling 364-3333. Special speaker will be State Comptroller John Sharp, with musical
entertainment by the Hereford Chamber Singers. Also, the Hereford entertainment by the Hereford Chamber Singers. Also, the Hereford
Lions Club will present the Citizen of the Year award during the banquet.

## Cloudy and cooler Friday

morning according to KPAN. The for 10 or 30 degres
 horth after midnight. Friday, partly cloudy and cooler with

## School board sets sessions

 The Hereford ISD board of trustees will hald two specialmectings this weekend to pariciciate in board trainins. The wo-day ses sion starts at 5 p.m. Friday in the school board room, then continues at $7: 30 \mathrm{a} . \mathrm{m}$. Saturday in the same place. The training is hte only thing on the agendas for the two sessions.
Disussion of ferular school husiness is rot scheduled.

## Senior parents to meet

The parents of Hereford High School seniors will meet at will be to discuss the Senior Prom. All senior parents are invited

## News Digest

## World/Nation

WASHINGTON- With membérs of Con gress calling for a suspension of US. aid to Russia over a major spying incidents, the Clinton administration
awaited a reply from Moscow to its demand that Russian officials involved aw aited a reply yrom Moscow totis demand chat Russian offich. in the alleged espionage be withdrawn from Washington.
WASHINGTON - Most smokers are hooked by the time they are 20, and quitting can be just
general said today.
WASHINGTON - Thousands of immigrants are faking mental illness,
with the help of middlemen and translators, to qualify for federal disability with the help of middiemen and ranstas sat

## State

SAN ANTONIO - Once again, the apocalyptic legacy of David Koresh
ingers in a wait-and-sec quagmire. The world watched a deadly 51 -day tandoff end last year when the Branch Davidian compound burned with Koresh and 78 followers inside
WACO-Baylor wasted little time accepting the Big Eight's invitation to jump from the South west Conference, and Baylor president Herbert
Reynolds says the other three SWC schools that were invited also are eynolds says the other unce.
eaning toward acceptance.
FORT WORTH W While most of the world was locked in on Lillehammer,
Tonya and Nancy skated with the Sons of the Desert at Billy Bob's Texas. Tonya and Nancy skated with the Sons of the Desere tat Billy Bob's Texas.
Nobody seemed to give much of a hoot. But, hey, some did. WASHINGTON-Criticism over the merits of the super collider has
given way to complaints over how the Energy Department is shutting given way to complaints over how the En
down the project that Congress snubbed.
TAYLOR - They all grew up within 20 minutes of one another in and
around Endicott, N.Y., but those who went into foster care and were later adopted, never, met and never knew what tore the family of 11 children apart so many years ago. Acryptic etelephone message left on Mark Birchard's ears of searching. She was the same sister who at 18 sought, but was years of searching. Ste was ter same sister who at 18 sought, but was 33 -year-old Birchard was the last of the Rouse children to be found.


## Bluebonnet spelling bee, winners

Bluebonnet School this week named its qualifiers for the Deaf Smith County Spelling Bee scheduled March 3-4. Front, from left, are Jaret Hamilton, Jimmy Gilliam and Erica Marquez, junior bee entrants; back, from left, are Darren Sliney, senior bee; Morgan McNeely, junior

## Closing street in front of Alamo gets mixed reaction by groups

Top Kiwanian
Chris Leonard, president of the Hereford Kiwanis Club, presents a cap to Ronnie Lance in recognition of his being named Kiwanian of the Month for January. Lance was honored for his work as devotional leader for the club.


## Obituaries

## OM R. KEELI

## Tom R. Ke ather of Scott died Tuesday

 ied Tuesday. a.m. Friday in First beld a Methodist Church of Canyon with thepastor, the Rev. Richard Bales, and
the Rev. Newton Starnes, retired he Rev. Newton Starnes, retired
Methodist minister, officiating Private burial will be in Dreamlan Cemetery, by Brooks Funeral
Directors. Born in Seminole, Okla., Mr
Bector Keeling attended New Mexico State
University on football and basketball scholarships. He and Mary Ann Bellah were married in 1950 in Canyon. They moved to Canyon in
1963. Mr. Keeling was a lifelong
farmer and rancher and worked for farmer and rancher and warked for
Kerr McGee Oil Company before Kerr McGee Oil Company before
retiring in 1991. He also had been a retiring in 1991. He
building contractor Mr. Keeling was a member of the
board of Canyon Independent School District from 1971 to 1980 , servin as board president for two years. He
also had been CISD Booster Club president and taken an active role in youth baseball. He was a member of
Texas Catule Feeders Association,

## Police, Sheriff Reports

Thursday morning's law enforce-
ment records carried the following
incident reports:
HEREFORD POLICE
report of an injury to a child as investigated in the 900 block

And First Un
of Canyon. Canyon.
Survivors son, Keith T. Keeling of Canyon; Caughter, Mary Kate Huey Canyon, a sister, Dona Adams of
Gunnison, Colo.: his parents, Dale
and Fabrous Keelingof Canyon, and
seven grandehildren. seven grandchildren.
NORMAN L. "Buddy" PETERS ORMAN L. "Buddy" PETERS
Feb. 22, 1994 PETE RopinanL. City, S.D., died Tuesday in
Rapid City. He was a former esider Rapid City. He was a former resident
of Hereford. Services will be held at 10 a.m.
Fiday at Behrens Mortuary with A native Lawn Memorial Park A native of Texas, Mr. Peter
married Marilyn Mathews married Marilyn Matthews in
Hereford. They moved to Rapid City in 1972 and he worked as a salesman until last November. He was member of Elks Lodge 1187 for 16 years.
Survivors are his wife; a son Norman L. Peters II of Dalhart; two Raughters. Sheila A. Schinkel of
Rity and Rhonda D. Rumpza of Glendale, Ariz; two brothers, two sisters, seven grandchildren and one great-granddaughter.


## The city will ask the state of Texas

 to support permanent closure of thestreet in front of the Alamo Arronge said. But the DRT, which operates and maintains the Alamo under state mandate, says it alone may decide on
closing Alamo Plaza East.
DRT attomey Sam Dibrell said the organization opposes closing the street permanently. Thc DRT, which
uses tourism revenues to operale and uses tourism revenues to operaie and
maintain the Shrine of Texas Liberty, maines money whenever Alamo Plaza
lose East is closed becausc of limited
access by tourists. access by tourists.
Property owners Property owners on both sides of
a street must give their consent before a street must give their consent before
the street can be closed, attorneys for both sides say.
The Inter-Trib
The Inter-TTibal Council wants the
street closed permanently, claiming the street and adjoining property cover the graves of more than 2,000 American Indians.
The DRT has seen no evidence street and adjacent property, Dibreil

## One ticket

 takes Lotto $\$ 40$ million$\qquad$ Texas winner in Houston has seized ajackpot of $\$ 40$ million, or $\$ 2$ million year for 20 years. That 's $\$ 166,666$ $\$ 685$ an hour if you put in a good Less 28 percent for the Internaa Revenue Service, of course, which would reduce the take after taxes to
only $\$ 1.44$ million a year, $\$ 120,000$ a month, $\$ 3,836$ a day. Bummer! Only one ticket correctly matched all six numbers drawn Wednesday
night for the twice-weekly Lotto night for the twice-weekly Lotto
Texas game, state lotery officials

Lotto tickets sold quickly and waiting lines grew lengthy as Texans
scrambled at the last minute for scrambled at the last minute for
chances at the $\$ 40$ million jackpot. The numbers drawn Wednesday night from a field of 50 were: 6,8
$32,36,37$ and 50 .
$\qquad$ said the Lottery recorded its first \$3 million hour between 6 and 7 p.m. Wednesday. Sales were wildest at 7 p.m. Wednesday, when they wer
ringing up at $\$ 60,000$ per minute. ringing up at $\$ 60,000$ per minute.
Wednesday's sales reached $\$ 21$. million, the third-best sales day in the
history of Lotto Texa history of Lotto Texas.
Sales on Sunday and
Sales on Sunday and Monday both
set records, Levine said. Sunday sales
totaled $\$ 755,000$, setracer $\$ 755,000$,
totale $\$ 2.8$ million
was

## was $\$ 2.8$ million. Tuesday sales h

Tuesday sales hit $\$ 6.1$ million
second only to the record $\$ 6.8$ million second only to the record $\$ 6.8$ million
sold the week of July 7,1993 whe sold Loto Texas jackpot was it largest ever at $\$ 50$ million.
Total sales from Saturday Total sales from Saturday to
Wednesday's draw was 31.3 million, Wednescay's
Wednesday was the third time
since the Lotto Texas since the Lotto Texas game began in
November 1992 that November 1992 that the jackpot ha
climbed to $\$ 40$ million or more. climbed to $\$ 40$ million or more.
PATIENTS IN HOSPITAL Inf. Girl Acosta, Onalia Acosta,
Ruby Campbell, Fabin Cruz, Jesus Guarcia, Maria Garcia, Mike Guerrero.
Dorthy Hamer, Juanita Houle, Inf. Girl Jackson, Regina April Jackson, Angel Mu
Parsons.
Parsons.
Ramona Rodriguez, Gerda Rouse,
Albert Smith, Manuel Valdez, Thelma Ramona Rodriguez, Gerca Rouse,
Alben Smith, Manuel Valdez, Thelma
Weddel, Christopher White, Benadine Weddel, C

Homeless
eviction planned by cities DALLAS (AP) - Texas' two
largest cities have taken action to
evict homeless people from their downtowns. All 30 homeless men and women in tents, shanties and other shelters
were gone from a Houston downtown were gone from a housion downown
encampment by early Wednesday evening. The encampment has been the focus of attention since the city, responding to complaints by nearby
businesses, moved to evict its residents earlier this month.
The Dallas City Council voted
Wednesday to install portable toilets, running water and garbage bins by
March 5 for homeless people who March 5 for homeless people who live under the interstate in a
shantytown in downtown Dallas. The shantyyown in dewntown Dallas. The
council also decided to break up the shanty town by March 25 .
The Dallas City Council's decision
to help and then evict more than 200 to help and then evict more than 200
homeless people who live under homeless people who live under
Interstate 45 did not come as a
surprise surprise, one unhappy member said.
The $9-6$ eviction vote fueled an The $9-6$ eviction vote fueled an
uproar in the packed council chambers. Homeless men and
activists screamed "Nazis!" Mayor
Steve Bartlett called Steve Bartlett called an emergency recess and ordered guards to
some of the shouting men. In a subsequent vote, the council moved to continue making plans for the new downtown homeless pavilion.
But it passed with the stipulations that But it passed with the stipulations that
the county should match city the county should match city
spending dollar for dollar and the pavilion should be located downtown. Larry Duncan, whose council
committee spent the past year comminttee spent the past year
planning the pavilion for the homeless, said the facility cannot be built under those terms.
"When all the smoke clears, we
just voted for bulldozers... buldozers just voted for bulldozers ... bulldozers
instead of shelters. ... The motivation was to get the homeless out of sight and don't spend any money," Duncan said $_{\text {Glenn }}$ Box, another council member, proposed the amendment to
remove the shantytown. He said the remove the shantytown. He said the city recently received a letter from the
Texas Department of Highways and Public Transportation indicating that $\mathrm{I}-45$ could be closed because fires in the shantytown pose a threat to the bridge's stability.
Officials with
Officials with the American Civil
Liberties Union warned the council Liberties Union warned the council
that the homeless are entitled by law to sleep in public if the city fails to provide options.
to give serious consideration to to give serious consideration to
stopping it and making the city comply with the law," said Dallas
ACLU director Joe Cook. "Without ACfering any viable alternative, I think the city is showing a callous disregard for the people living beneath the
bridge.p bridge."
Box
Box dismissed those concerns,
saying that only saying that only one court in Florida
had agreed with Cook's contention. Several homeless people who attended the meeting were disgusted
with the outcome. John Fullin wider director of Common Ground in Dallas, was remoned from the
meeting after he stormed the meeting after he stormed the podium In Houst Bartle
In Houston, City Attorney
Benjamin L. Hall announced that only
the tents shacks and the eents, shacks and other makeshift shelters can be removed - not the response to a lawsuit filed by state Rep. Senfronia Thompson, Mos. Thom.
Ms. Thompson filed a lawsuit on sidewalks, claiming the eviction sidewalks, claiming the eviction
would violate their constitutional right to equal protection under the iw and would constitute cruel and unusual punishment. Pick 3 winning - numbers drawn this order:
2-8-7 (two, eight, seven)


## Use common sense

 to protect your home| Cockroaches are probably the most | a technology that |
| :---: | :---: |
|  | insecticide to be released over time to |
| , | kill roaches and other insects. Tiny |
| lion yearly to eliminate them. | droplets of insecticide are microencap- |
| Cockroaches enter homes through |  |
| csted grocery bags, produce and | that holds up in high heat, humidity |
| chenappliances, traveling between | and |
| artment units via openings aroun | ins |
| ater pipes and electrical lines. | litule is |
| utdoor species get inside throug | during application. |
| cks around door | Apply insecticide |
| contr | cabinets, clos |
| utive director of The Home | windows, door frames, und |
| ii, the consumer educati |  |
| nforcer Products, | on buildings, |
|  | ¢, |
| -Try A Natural Solution Fir | emove Food And Wa |
|  |  |
|  | keep dishes washed and place food in |
| ves, refrigerators, wash | sealed containers or in the refrigerator. |
|  | Don't leave pet food out overnight. |
| effective, boric acid takes two weeks | Repair all plumbing leaks and old |
| or longer to kill substantial numbers | washers. |
| of roaches. Look for boric acid in | -Seal Cracks And Crevices. |
| Enforcer Roach Ridd, |  |
| in hardware stores an |  |
|  | crevices |
| ive More Attention T |  |
| om |  |

## Ask Dr. Lamb

DEAR DR. LAMB: I have a problem with leakage from my bladder if ing softball. I'm 54 years old and
have had five children. I'm sexually very active - as in "married." But sex is not as good for me or my hus-
band because the vaginal area is so
stretched out from childbirth. stretched out from childdirth. They
were very large babies. Is there were very large babies. Is there any-
thing that can be done about this?
Any surgery? Please help before di-
vorce. suggest that you try the Kegel exercises to strengthen the muscles that
support the urethra. Stress incont support the urethra. Stress inconti nence occurs in the situation you
describe and does NOT occur when you are lying down. Eventually, further weakening of support to the
bladder and urethra may lead to the need for surgery. But pessaries, tam-
pons, medicines and exercise may pons, medicines and exercise may
delay the need delay the need.
However, your problem with your
sex life is likely to be corrected only sex life is likely to be corrected only
by reconstructive surgery. Yes, those five babies you had is the same reason many women developsuch aprob-
lem. The more vaginal deliveries a woman has, the more likely she will have problems in the future. The birth stretches and tears supporting
structures, and the vaginal vault is never the same.
This leads me to an observation.
You hear so much abous You hear so much about "unneces-
sary" cesarean sections, but if babies are not delivered through the vagi-
nal canal, these structures are not MIAMI (AP) - The winningest move - but not to another team. Dolphins coach Don Shula has sold the house where he lived for the
past 10 years to move in with his new
wife.
Shula sold his 8,500 -square-foot brick home on Don Shula's Golf Club in suburban Miami Lakes. The price
wasn't disclosed, but it was listed for
$\$ 1.2$ million. part of my life,", said Shula, who
lived there with his first wife Dorothy, until she died of cancer in February 1991.
A hotel, steakhouse and teenis club
also bear Shula's name in also bear Shula's name in Miami Lakes. The coach has been living
with his new wife, Mary Anne, in her home in Indian Creek Village since they married in October.

## Ann Landers

DEAR ANN LANDERS: My ayymere from a aiss 10 aromp in the naive 22 year-old son died of an sack. It's stime this soncept was abandon-
scidental heroin overdose in Boulder, ed. Females can accomplish this by scidental heroin overdose in Boulder, ed. Females can accomplish this by
Colo,. one month prior to his insisting that they pay their own way Colo., one month prior to his insisting that they pay their own way.
graduation from college. I did not This would automatically eliminate
now that he had tried heroin on graduation from coliege. 1 did not This would automatically eliminate
know that he had tried heroin on any question about what will be
several occasions over the previous required at the end of the evening. In year.
Heccasions over the previous required at the end of the evening. In
addition, those females who accept He had told a confidant that the dates just for the freebies would be friend who introduced him to heroin plum out of luck. - Tired of Being how much to use so he wouldn accidentally overdose. Unforunately ny son did not know that many dealers drugs of increased purity and potency He had no ideased that he was injecting lethal amount of the stuff.
My purpose in writing is to infor the population at risk that the dangers are real. It does not always happen in
an "urban seting." and it does not an "urban setting," and it does no
always happen to "somebody else." Please, Ann, print this letter. I do no want my son's death to go for naugh.
-
DEAR D.A.T.: My heart aches fo DEAR D.A.T.: My heart aches for
you, but please know that your letter
is going to help others. I'm sure many is going to help others. I'm sure many
users don't realize that illegal drugs are users don't reaiize that illegal drugs are
offen much more potent than they
think. The processing varies, and purer sink. The processing varies, and purer
strains can be fatal. Bless you for
writing. Your letter will surely save dives. many centuries, custom dictated thal when a man asked a woman out for an evening (or atternoon) he was expecled
topay for everything. This implied that the woman was entited to compensation for spending time with him. Unfortunately,prose
same rationale.
Many people, both male and spends money enterraining a woman she becomes beholden to him. The

How to deal with discomfort
Here, for a change, is some good
news about a painful subject pain. Increasingly, medical science is
working on ways to reduce the pain working on ways to reduce the pain
associated with a number of conditions, as well as trying to cure the conditions themselves.
For one thing, many psychologists
now believe the best way to deal with pain is to pay close attention to it pain is to pay close attention to it.
Contrary to thenotion that you should try to suppress thoughts of pain, new studies suggest the more you focus on
the pain, the less painful it may
become.
More good news is that pain
medication can now come in skin patches and infusion pumps so there's no need to wait in misery for the next
time a dose is due.
Finally podiatrists point out, there's no need to suffer untreated foot pain. Painful feet are not a natural part of the human condition.
Podiatrists are
Podiatrists are trained to consider especially since many diseases fret, especially since many ascases, fro
arthritis to AIDS,
raining on the foot, ankle and lower legs. Podiatristsare licensed to practice in all 50 states. To get licensed, they Podiatrists serve in private practice, hospitals and nursing homes. Many specialize in the foot health of older adults.
While hey are aware of total heatth neare, If your foot ailments are related to a
It more generalized health problem, your pociatrist will confer with your
primary physician or refer you to an primary physician or refer you to an
appropriate specialist. Remember, you don't have to put up with pain.


The first thag of the U.S. was unturied
on Jan 1,176 and called the Grand Union.

NEW YORK (AP) - Mary Lou Retton let the truth be known on Retton has a confession to make. a visit to New Body Magazine to The Olympic gymnast once promote Naturistics, a skin care
slurped up bowls of Wheaties in product. She insists things are television ads. Her picture appeared different now. she admits she wasn't a regular "I's nice to represent something she admits she wasn't a regular Ibelieve in," Retion said.
Wheaties eater.
 With your purchase of any two Merle Norman cosmetic products, ${ }^{*}$ receive a selection of our exclusive skin care and color productsFresh 'n Fair. Moisture Emulsion, Luxiva Ulltra Foundation in Sandy Beige and Lip Pencil Plus in Desert Rose. Stop by today for your free gift and spring into a new season.

MERLE OORRMAR
220 N. Main 364-0323

## 

## DANCE to

 $S_{a H^{2}}^{H^{T} E^{R^{N}}}$Elk's Lodge HEREFORD TEXAS Feb 26th $\$ 5.00$ Per Person 9:00 pm to 1 am

## (1) Pancake

Sponsored by
Hereford Noon
lions Club
Thursday, February 24th, 1994 5:15 pm to 8:30 pm High School Cafeteria

Admission $\$ 3.50$

## Sports

Herd baseball, track teams start season this weekend
This weekend will be the first busy one of the spring for Hereford High
School sports teams, as the baschall and boys' School sports teams, as une basceball and boys thack ceams star deir seasons and the tennis and girls' track teams also will compete.
The baseball team, rained out of its original debut Tuesday, will host Estacado at 1 p.m. Saturday at Whiteface Field. The game that was supposed to be played Tuesday in Canyon will
possibly be made up as part of a doubleheader later in the season, boys possibly be made up as part of a doubleheader later in the season, boys'
athletic director Danny Haney said. Hereford has a game scheduled with Canyon on March 18. That day is a Monday, but it's during Spring Break, so a doubleheader is feasible.
The boys' track team will make its season debut as part of a strong Frenship. Look for a preview of the team's season in Friday's Brand. The girls' team will compete in the Comanche Relays Friday and Saturday in Fort Stockton. The tennis team will also be in Fort Stockton for a tennis tournament there Friday and Saturday its first tournament March 4-5 in Andrews, and the girls' team will return to action March 11-12, also in Andrews.
Though basketball season is over for Hereford teams, there are three games remaining that may be of particular interest to Hereford fans.
Whiteface $G y m$ will be the site of a Class A boys' basketball playoff game at 7 tonight between Sudan (17-3) and Channing (19-9). Two teams from District 1-4A are still alive. The 1-AA runner-up Borger
girls (28-7) will play Mineral Wells (25-7) in the Region I-4A finals at girls (28-7) will play Mineral Wells ( $25-7$ ) in the Region $1-4 \mathrm{~A}$ finals at
$7: 30$ Saturday in Vernon. The $1-4 \mathrm{~A}$ champion Pampa boys $(25-8)$ will face Big Spring (13-16) in a second-round game at 7 p.m. Saturday at
Frenship High School in Wolfforth.

Mitchell, Rojas are AWOL
By The Associated Press year's list includes Kevin Mitchell and the Expos had no explanation. and Mel Rojas.
Mitchell, usually among tos last players to show up at camp every
year, was the only no-show Wednesday when the Cincinnati Reds began workouts at Plant City, Fla. to report until March 1. The outfielder to report until March 1 . The outfielder
hit .341 with 19 home runs and 64 RBIs despite several injuries last season.
track him down out in the desert where he was riding his dune buggy," Red
Johnson said. main reliever. "I'm disappointed he's not here,"
Alou said. "He didn't contact the Alou said. "He didn"t contact the
ballclub. I read somewhere that he wanted to be a starter or No. 1 reliever, but Id don't want to jump to
conclusions for his absence. He never conclusions for his absence. He enever mentioned anything about that to us.

## Kerrigan proves self to world

By DAVE CA RPENTER
Associated Pi ess Writer LILLEHAMMER, Norway (AP) Nancy Kerrigan showed the world she can handie the pressure. And that
she admitted, was what mattere most.
There There's no talk today of Kerrigan
having the jitters, making untimely mistakes, not being tough enough Not after just about everyone, even
Tonya Harding, watched her skate Tonya Harding, watched her skate
like a champion while half-expecting her to crumble. Now, having vanquished both
Harding and her own insecurities, Kerrigan breezes into Friday' conclusion of the figure skating with huge burden has been lifted. "No one would complain leaving the Olympics feeling good about
themselves," she said. "That's really what I came here for.
"If I get a medal, that's even better."
injured today in a collision aid practice. Fifth-place Tanja Szewczenko of Germany was carried
off the ice after apparently having the wind knocked out of her in a collision with world champion Oksana Baiul of Ukraine. Baiul, second behind Kerrigan after the technical programs with her right leg bleeding.
Szewczenko returned a few minutes Szewczenko returned a few minutes
later, but Baiul did not return and Ukrainian officials said she would
need stitches.

Today was a big day for Norway,
which took four medals to tie Russia for the overall lead, and Italy, with Nordic event an Alpine and Russia'sLyubov Egorova, atriple gold medalist at Lillehammer, came medal, which would have tied he with Soviet cross-country skier Rais Smetanina for the all-time Winter Games mark.
Instead, the heroine was Italy's
Manuela Di Centa, who won the Ma-kilometer race and will leav Lillehammer as the only five-medal winner. The queen of the Games has today's gold. "I don't feel like a queen, I feel
ike a cross-country skier," Di Centa Egorova finished fifth in her final Liliehammer race, leaving the silver
and bronze to Marit Wold of Norway and Marja-Lissa Kirvesniemi of 27, hasn't said if she 'll return for the 1998 Games.
Like Egorova, all the Russians inished out of the medals today with ust the women's 500 -meter
shor-track speedskating left tonight. Norway's four-medalal surge boosted itinto a tie for first with 21 , although Russia maintained a $10-8$ lead in
golds.
Deborah Compagnoni won the
women's giant slalom by a large women's giant slalom by a large
margin, salving Italians' wounded margin, salving Itaiaians wounded
pride over Alberto Tomba's dismal

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$\begin{array}{ll}\text { debut Wednesday in the men's giant } & \text { seventh in the women's. } \\ \text { slalom. Martina EEtl of Germany took Third in the medals }\end{array}$ he silver and Vreni Schneider of Germany with 17, then came Italy Switzerland the bronze. Eva with 16, Canada 11 and the United
Twardokens of Santa Cruz, Calif, Sity was sixth. Comp. high of 12. Bonnie Blair provided the Compagnoni, the super-G gold Amer Ancans fifthe gold, , her revecond, by
medalist in 1992, dedicated her cruising to victory Wednesday in the medalist in 1992, dedicated her cruising to victory Wednesday in the
victory to Urike Maier, the Austrian 1,000 meters, her Olympic farewell. victory toUlrike Maier, the Austrian
sier killed in a downhill race Jan. 29 .
For a fourth straight Olympics, the FThis was her race," she said, then United Stautes won'tbe getuing a hockey broke down sobbing. medal The young Americans, $6-1$ loseress In other medal events today:

- Japan won only the unbeaten Fins ind in the the
to
quarterfinals on Wednesday, played medal in Winter Games history when the Czechs today in one of four it successfully defended its Olympic consolation hockey games. title in the team Nordic combined,
easily defeating Norway and easily defeat
- Uzbekistan became the first
ormer Soviet republichesides Rusi former Soviet republic besides Russia o win a gold medal when Lina A beaming, relieved Kerrigan as she Che win a gold medal when Lina ended her near-flawless routine with
Cherjazova won the inaugural a Cherjazova won the inaugural a flourish at center ice. And a
women's freestyle aerials ahead of grim-faced Harding Sweden's Marie Lindgren and mechanically Has she watched from a Norway's Hilde Synnove Lid. glassed-in VIP box over the Hamar witzerland was the surprise winner Onder Amphicting, who apparently is Switzeriand was une surprise winner Harcing, whoapparently is saving
of the men's aerials ahead of two her trademark tripleaxels for the free Canadians, worldchampion Philippe skate, is 10 th and out of medal Laroche and Lloyd Langlois.
Trace Worthington of Park City, $\quad$ penterntion after a lackluster
pet that she shrugged off as Utah, was fifth in the men's serials, not perfect but satisfying. $\begin{aligned} & \text { Utah, was fifth in the men s aerials, } \\ & \text { and Tracy Evans of Hornell, N.Y., }\end{aligned} \begin{aligned} & \text { notrfect but satisfying. } \\ & \text { (See OLYMPICS, Page 5) }\end{aligned}$


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features too numerous to list.

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6WWhen you get your copy of the roads of texas you wonder bow you ever,
travelled the Texas Highways Magazine Ocober. 1988

6GFor details of Texas terrain oil company maps and the State's Official Higbuay Map can't match THE ROADS OF Kent Biffe Kent Bifle
Dallas Morning News

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## Baylor accepts

## Bears to join new Big 8

 By JOHN McFARLANDAssociated Press Writer Associated Press Writer
WACO, Texas (AP) - Baylor
was going to happen sooner or Reynolds said Baylor receive the invitation late last week after wasted little time accepting the from the Southwest Conference, and Baylor president Herbert
Reynolds says the other three Reynolds says the other three
SWC schools that were invied
also are leaning toward acep also are leaning toward accep-
tance. tance.
Baylor, the smallest of four Baylor, the smallest of four
SWC schooss asked tojoin the Big Eight, on Wednesday became the first to leave the nearly
80 -year-old conference. The 80 -year-old conference. The
university's regents voted unanimously
ute accept ted invitation.
Texas, Texas A\&M and Texas Tech also were asked to be part of the new conference, and have scheduled teleconferences this
week to announce their decisions week We announce their decisions. have had conversations. I think there are some very strong
inclinations inclinations on the part of the
other three," Reynolds said after a $2-1 / 2$-hour regents meeting. a 2 -I do think the other presidents
will will present everything to their
boards, just as we did to our boards, just as we did to our
board, with the belief that they will see the wisdom of this," Reynolds said.
Baylor's decision likely spells
the beginning of the end of the the beginning of the end of the
SWC. Baylor, A\&M and Texas all are original , onference members, and "We are delighted and excited that our board and unanimously yoveted to accept the invitation that's been offered," said Thomas Powers,
chairman of the Board of Regents. chaim "We Board of Regents. "We think the financial are exciting," Powers said. "We'recertainly Poaddened by the demise of the Southwest Confer-
mething that

## OLYMPICS

But now Harding faces a future gold-medal batte involving Kerrigan
withouther life's goal, a gold medal, Baiul and four-ime European champion and with a criminal investigation Surya Bonaly of France.
contunuing into her alleged role inthe
Jan. 6 clubbing of Kerrigan's knee. And now, instead of a matrigan seems likely to at least Nancy-vs.-Tonya showdown, it's a of the 1992 Games, barring a final For Insurance call $\begin{aligned} & \text { remote a possibility than it was a day }\end{aligned}$

## Big 8 forced to expand by SEC move <br> By DOUG TUCKER

AP Sports Writer
KANSAS CITY, Mo. Almost four years ago, Jon Wefald of Kansas Stata and a few other Big
Eight presidents foresaw Eight presidents foresaw enormous
changes dead ahead.
As a result of an initial meeting Wen and continued prodding by Wefald and others since, the Big
Eight now stands on the threshold Eight now stands on the threshold of
collegiate history, taking in Southwest Conference schools Texas Texas A\&M, Baylor and Texas Tech
to form a powerful, 12 -school super to form a po
conference.
"It was our feeling American intercollegiate athletics was evolving into a set of mega-conferences,"
Wefald said Wednesday as Baylor regents voted to accept the Bis Eight's offer. Acceptance by the other three, with everything effective in
1996, seemed almost assured 1996, seemed almost assured.
"We decided that day we could either expand or contract," Wefald ciuher expand or contract," Wefald
said. "You could look into the 21st century and see an expanded Big Ten
and an expanded Pac-10, and an and an expanded Pac-10, and an
expanded Southeastern Conference expd an expanded ACC
"The question was easy: Would
the Big Eight be one of those five-six the Big Eight be one of those five-six mega-conferences, would it insure no
only the survival of the Big Eight, but
ons its stability and continuity well into the 21 st century?
Several of us became keenly
supportive of that kind of expan
supportive of that kind of expan-
sion."
Now, the Big Eight is suddenly the
envy of other leagues, which are envy of other leagues, which are
checking their options and making hurried calls to potential members. As the Big Eight president foresaw, it's a new every-man-forhimself television age which the SEC
set loose this mont set loose this month by bolting the
College Football Association television contract and cutting its own CBS deal.
Nobody is trying to deny that
television is the major reason for the sweeping changes.
"Television, right or wrong, has become a driving force in intercollie--
giate athletics in the past 10 years,"

## SEC, by wikhrawing from that union, basically ended the College Footbali

## SWC will still exist

 Conference commissioner Steve Dallas with television officials,
Hatchell reportedly has pledged to
representatives from the four schools help put together a new conference representatives from the four schools and television package for Houston, might be part of a new scague.
Rice, Southem Methodist and Texas An Rice, Southem Methodist and Texas Ar ong the other possible eschools
Christian -the four schools being left
that could join with the for "have Cut of the proposed Big Eight that" SWC joun with the four "have
outh are Cincinnati, Conference merger. Sources say a tentative meeting is

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Wefald said. "Not that it wasn't
before. But increasingly since the
1980s, television has been a
predominant force indetemining the
fate of intercollegiate athletics. fate of intercollegiate athletics."
A final decision from all four A final decision from all four
schools is expected within the week. Inp presidents' offices and coaches offices around the nation, the Big Eight's explosive announcement has
set tongues wagging. Onher leagues set tongues wagging. Other leagues,
which have ben nervously eyeing expansion planns, are expecyed to
become aggressive very quickly. "They are going very quickly an instant
powerhouse," said one conference powerhouse," said one conference
commissioner. "I hink everybody is a bit envious of the Big Eight." is
The new league is likely to be It the Big 12 . It will strectch from the Gulf of across the broad sweep of the Great
Plains. It will
It will boast five major football
programs. Texas, Texas A\&M,
programs - Texas, Texas A\&M,
Colorado, Oklahoma and Nebraska
-as well as roughly 19 percentof -as well as roughly 19 percent of the
nation's television sets.
"I "I would dsay this probably would
represent the most significant set of represent the most significant set of
additions to any conference in the history of American intercollegiate
athletics," added Wefald "Wher athletics,", added Wefald. "Whatever
it's called, it's going to be one of the its called, it's going to be one of the
five mega-conferences in America."
"We are delighted "We are delighted and Amcerited that our board unanimously voted to
eccept the invitation that's been ascept the invitation that's been
offered, chairman of the Baylor board of
regents, said. regents, said.
Texas, Texas A\&M and Texas Techas, Texas A\&M and Texas scheduled have regents' meetings
sche to consider the Wefald likened the SEC's abandonment of its CFA brother
institutions to cut its own deal with CBS to the Confederacy's secession from the Union in 1861 .
"It involves basically the same "It involves basically the same
states," Wefald said. "And the CFA was a union, over 60 -plus universities was a uion, over o- phas worke years. The not" SWC schools are Cincinnati,
Luisville, Memphis State, Tulane
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Association, and it became increasingly
obvious that the Big Eigigt should take
the bull by the homs."
An array of he bull by the hioms.s. ${ }^{\circ}$ should take
An array of questions will haunt harried transition committee.
What sor of divisional Wrobably sol of ong divisognapal setup, drawn the new league arrive at? And what Big Eight school. "When you decide to ask somebody to marry you, you who the ring tight awarer will be and what color flowers you'll have in your garden. You just ask the person if
hey'll marry you." about basketball, which the past 10 years has been very good in the Big
Eight and poor in the SWC? Will the Big Eight basketball tournament remain in Kansas City, whereit is one of the most successful
in the NCAA's invent conferences?
Meantime, secretaries and officials in Moeantume, secretaries and officials and BigEight offices in Kansas City are wondering where their jobs will
be two years hence. And who will be be woss?
The schools will have two years toget their act together, since the CFA television contracts do not expire until
after the fall of 1996 . "To tell you the truth
given hardly two thoughts to any of
those hings." said those things," said an official at one

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"She put all her critics right in their place, said Paul Wylie, a silver
medalist in Albertville and Kerrigan' riend and training partner.
ACTION : QUCKK



## mann

## Shaq's injury shakes Orlando; he returns strongly

By CHRIS SHERIDAN
AP Sports Writer AP Sports Writer
For three minutes, the franchise
lay motionless on the cour in lay motionless on the court in obvious
pain. pain.
It was perhaps the scariest three
minutes in Shaquille O'Neal's career minutes in Shaquille O'Neal's career,
but it turned out to be no big deal.
After knocking knes After knocking knees, with
Indiana's Derrick McKey, O'Neal Indiana's Derrick McKey, O'Neal for about three minutes. He went for X -rays at halftime, then returned in the third quarter to lead Orlando to tied the franchise-record for consecutive victories (five). "I was a little worried when it first
happened because I thought I might have sprained it," O'Neal said. "I had this immediate pain that shot
through me, so I didn't move for a
minute until I was sure it had gone eightrebounds and fourblocks. Nick
away
O." returning to the game. He scored les points in his first two minutes back to put the game away after Indian to put the game away after Indiana
got to $94-91$ with $3: 40$ left in the
fourth. Officials at Orlando Arena brought a stretcher onto the court for O'Neal,
but he made it to his feet and walked off under his own power
"I've never seen She
any pain, and he.looked like he was in pain, after he. tooked," Magic coach
Brian Hill waid ", " Brian Hill said. "I don't even want to think about what it would be like
for us to play without him. All think was that my life my coachin career, was flashing before my eyes."

For Indiana, Rik Smits was high scorer with 16. Trail Blazers 121, Clippers 11 At the Los Angeles Sports Arena Danny Manning had 26 points in whai
may have been his final game with may have been his final game with
the Clippers. The NBA trading deadline is 9 p.m. EDT tonight, and
Manning is expected to be deal Manning, is expected to be deal
away.
Clifford Robinson had 22 points and 13 rebounds and Clyde Drexle became Po
rebounder.
Jazz 106, Spurs 102
n end to San the Jazz pus an end to San Antonio's
franchise-record 13-game winning
streak by shutting down David

Jayhawks drop third straight

By The Associated Press
 $\begin{array}{cl}\text { contention for the Big Eight title. } & 7 \text { Kentucky topped Tennessee 77-73, } \\ \text { The No. } 10 \text { Jayhawks lost their } & \text { No. } 13 \text { Louisville beat LSU 82-64, }\end{array}$
 $\begin{array}{lll}\text { falling 96-87 to Nebraska } \\ \text { Nebraska (15-8, } 5-6 \text { ) led by } 24 & \text { 95-85, No. } 18 \text { Syracuse routed Seton } \\ \text { points at halftime, then held on after } & \text { Hall } 91-69, N \text { No. } 19 \text { Saint Louis }\end{array}$ points at halftime, then held on after stopped Cincinnati $70-67$, Michigan
the Jayhawks (21-6, 6-5) rallied
 layup with 32 seconds left.
Eric Piatkowski, who score Eoints, made four foul shots in the
final 30 seconds for points, made four foul shots in the
final 30 seconds for the Cornhuskers. It was she fourth straight time they've shornovers and out-rebounded the first hall, forced 13
won at home against Kansas. "They played exceptional $58-34$ lead. $22-13$ in taking a They played 20 mecptes and
Jamar Johnson had 14 points,
made more shots against us than
Melvin Brooks and Terrance Badgett made more shots against us than Melvin Brooks and Terrance Badgeu
anybody has made against us all each had 12 and Jaron Boone 10 for
year," Kansas coach Roy Williams Nebraska. said. 'But what really got me was we $\begin{aligned} & \text { Steve Woodberry led Kansas with } \\ & \text { didn't play as well as we could have } 16 \text { points, all but one in the second }\end{aligned}$ didn't play as well as we could have 16 points, all but one in the second
played and we didn't do the little half.

on the road.
Duke $(20-3,11-3$ Atl Duke (20-3, 11-3 Atantic Coast
Conference) made 26 of 37 foul chots. Florida State (12-12,5-9) made just 4 of 7 .
No. 2 North Carolina 80 Notre Dame 71
Eric Montross, a 54 percent Eric Montross, a 54 percent foul
shooter, made 11 of 14 from the foul line to lead North Carolina. Montross scored 23 points. He
took advantage after twin brothers Jook and Joe Ross fouled out trying to uard the 7 -foot center. The Tar Heels (22-5) took the lead
or good with 7 minutes left. Notre Dame (10-16), trying for its fourth upset of a ranked team this season,
got 20 points from Monty Williams. No. 6 Missouri 83 No. 6 Missouri 83, Southeast Missouri State 61
Melvin Booker hit a long 3-pointer
to close the first half, then scored co close the first half, then scored eight points in the first $1: 35$ of the
second half as Missouri breezed at
home.

## Comics

## Marvin



## The Wizard of Id

By Brant Parker and Johnny Hart


Robinson in the second overtime.
Robinson had 25 points, $\begin{aligned} & \text { run that came just after Seatte had } \\ & \text { stretched }\end{aligned}$ its lead to 80.67 in the
rebounds and nine assists, but was
opening seconds of the final quarter. rebounds and nine assists, but was scoreless in the second extra period
until making a meaningless bucket at until making a meaningless bucket a Lloyd Daniels brought the Spurs corner with 28 seconds left, but Karl Malone hit a free throw, Willie Anderson missed a 3-pointer and John Stockton
to wrap it up.
Hawks 99, SuperSonics 92 q 92 Willkins, Mookie Blaylock and Criag. Ehlo
 Television The Sonics ended a five-gareme, Bulls 123 road rip with a Leerhis scored a career-high 29 points and Dikembe
Mutomboled Denver's defense with Mutombo led Denver 's defense with
16 rebounds and six of the team's 12 blocked shots.

## Bulls 123, Warriors 100 At Chicago Stadium Pete

Cavaliers 106, Bullets 96
Cavaliers 106, Bullets 96
At USAir Arena, Mark Price scored At USAir Arena, Mark Price scored
2t points and sparked a $14-3$
third-quarter run that sent Cleveland 22 poinis and sparsent Clevela
third-quarter run that
to its fourth straight victory. to its fourth straight victo
Nets 106, 76ers 102
At the Spectrum, Kenny Anderson tying a franchise record for consecu- rebounds.

THURSDAY
FEBRUARY 24

FRIDAY
FEBRUARY 25


## H ELP P <br> HEART RECIPES

() AmericanHeartAssociation

This recipe is intended to be part of an overall healthtul eating
plan. Total fat intake should be less than 30 percent of your total. calories for a day - not for each food or recipe.

Herbed Bread Sticks

$$
8 \text { hot dog buns, cut into } 6 \text { tablespoons freshly }
$$

long strips
tablespons acceptable grated Parmesan
margarine, melted*
cheese Salt-free garlic

Preheat oven to $350^{\circ} \mathrm{F}$
Cut the top of each bun into three sticks and the bottom of ch bun into two sticks.
Brush each lightly with margarine. Dust with Parmesan cheese and sprinkle generously with garlic seasoning. Bake on an ungreased cookie sheet 10 to 15 minutes, or until crispness.
These bread sticks are great with soups, salads or Italian
entrees.
Serves 20; 2 bread sticks per serving.
Nutrient Analysis per Servin

| 122 | Calor | 2 mg | Cholesterol | 2 gm | Saturated Fat |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 3 gm | Protein | 13 mg | Sodiu |  | Polyunsaturated F |
| 13 gm . | Carbohydrate | 6 gm | Total Fat | 3 gm | Monounsaturated |
| This H Cookb Books | Your Heart k, Fitth Edition Division of F | meric |  | $n \mathrm{Hea}$ $\text { tion. } P$ | Association blished by Times 79, 1984, 1991. |

News, notes on Shriners
Riki Asai recently celebrated a solo and to undergo physical therapy exhibition of 22 examples of his According to his mother, Riki's artistic
extraordinary oil paintings at a talent began to emerge soon after his extraordinary oil painings at a talent began to emerge soon after his
Honolulu gallery. What makes this positive experiences at the Honolulu
happening unigue is that Riki is only Unit. happening unique is that Riki is only
eight years old and suffers from eight years old and suffers from The hospital's therapists zeroed in
cerebral palsy, a condition that on getting Riki out of his wheelchair cerebral palsy, a condition that an eeting Riki out of his wheeclchair
severely impairs his ability to control
and walking. The confidence he gained his muscles and causes sifff, jerky from successes in this area - he can
movements in his arms and legs. movements in has been an outpatient of the spurred his interest in art. Although his
Riki Honolulu Unit of Shriners Hospitals condition prevents him from speaking for Crippled Children for five years. more than a few words, his paintings The young artist visist the hospital io enabie him to communicale his ideas
be seen by cerebral palsy specialists and emotions. If you'd like the Shriners to help a
child you know, the toll free number The word cartridge comes from the child you know, the toil-free number
Italian caroccio, meaning "roll of of tion, or tomeal admisisin informaItalian caroccio, meaning "roll of tion, or to obtain an application is: 1 -
paper."
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you can help reduce your risk of you can help reduce your risk of hear
disease.
You can best improve th You can best improve the
condition of your heart and lungs by

## New Arrivals

 A baby daughter, Madison Rose,was born to Joani and Paul Guyero of was born to Joani and Paul Guyer of Amarillo on Feb. 19 at High Plains Baptist Hospital in Amarillo.
She weighed sevén pounds and
ounce.
Grandparents are Mr. and Mrs. Melvin Kalka of Hereford and Mr. brothers welcomed the baby: brothers welcomed the baby:
Brantley, 3 , and Bryce, 17 months.

## Budget stretching

 food ideasHere's some food for thought for those who t a lize to cut their grocery

bill dow to siz: joining a cooperative food buying clubcould be a great way
to get quality food for your family at reasonable prices.
If you don't have a cooperative food buying club in your area, you may want to start one. If you already participate in one, you might want to
learn how to make your food cooperative even better. Helpful in either case may be a new video from
the National Cooperative Business the National Cooperative Business
Association (NCBA), "How To Start Association (NCBA) "How To Start nine-minute video explains what a cooperative food buying club is, what
its benefits are, how it works and how its benefits are, how it works and how
it illustrates the cooperative principles
and idea and idea.
activities $30-60$ minutes, three to four
times a week, the American Heart times a week, the American Heart
Association says. You can walk
briskly, run, swim, ride a bike, roller briskly, run, swim, ride a bike, roller
skate or jump rope, among others. But, the AHA says, even low-to moderate-intensity activities can help.
For example, you can go on a
plen For example, you can go on a
pleasure walk, climb stairs, work in
the yard, do moderate-to-heavy the yard, do moderate-to-heavy
housework and dance. Try houscwork and dance. Try to
gradually build upto more vigorous
exercises for 30 minutes. And make
surc youido them on a regular basis. exercises for 30 minutes. And make
surc you do them on a regular basis. Before you start, it's best to see a
doctor if you're over age 40 have doctor if you're over age 40, have
been inactive and have heart disease or other medical problems.
Ready now? Good. Get a cop Ready now? Good. Get a acopy of the American Heart Association
Excreise Diary by calling your local Exercise Diary by calling your loca
office or dial 1 -800-242-872).
The diary--or any other kind th The diary-or any other kind that
you use--can help you hold yoursel you use--can help you hold yoursclf You can see whantable. Yourve
youmplished and set goals. In the diary, you can record: -The sate of your session.
-Your Activity.
-How long and/or how far you -How long and/or how far you
performed your activity. You can perrosured your activity. You can
most activities such as pleasure walking and swimming by
distance in laps, miles orkilomet distance in laps, miles or kilomecers.
Measure other activities such as Measure other activities such as
aerobic dancing and yard work in acrobic dancing and yard work in
minutes, hours, ctc. If you can't xercise for a full 30 minutes, then ry two 15 -minute exercise sessions -Cmments. Anything special
about that session? For cxample, it was your first work out in a week you had a cold, it was raining, etc.
Training logs may take time to Training logs may take time to
complete, but they can help you get started. So make time for what's


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## Victim's family, friends hail verdict

McDuff convicted in 1991 rape-slaying of young woman
By SCOTT ROTHSCHILD Associated Press Writer SEGUIN, Texas (AP)-Family and
friends of murder victim Colleen Reed say they want to make sure
Kenneth McDuff is never free again. Kenneth McDuff is never free again.
And if that takes executing him, they And if hat takes executing him, they
say he should be executed. McDuff, 47, one of the most
notorious criminals in Texas history, notorious criminals in Texas history,
escaped the death penalty as a young escaped the death penalty as a young
man, only to win parole and kill $\underset{\text { again. }}{\text { man, on }}$
On Wednesday, a Guadalupe convicted McDuff in the

## Fort Stockton woman uses

By AMY MAYRON The Odessa American
FORT STOCKTON, Texas (A Biblical stories have been depicte on paper, canvas, cement and even
But one Fort Stockton woman has been using quilts to illustrate them. Donna MCFadden's Bible study
class is like every other nondenom Class is like every other nondenomitake it study Biblical stories and discuss interpretations of thoses stories as they apply to theire everyday lives. But while discussing the Bible,
McFadden's students also are learning to quilt. "My two loves are quilting and
Jesus," she said. "This way, I get to
do bots." do both."
Khirley Macl aine nolonger feels like Shirity MacLaine no.
she's out on a limb. "So many of the things I've been talking about for the last 10 years are now mainstream," she told The
Kansas City Star in a story Saturday. 'I'm not nearly as salaciously controversial as I used to be.
MacLaine developed a reputation as a wacky, new-age guru with her Limb" and "Dancing In The Light."
These days, her These days, her main message is that

解 quilts to show Bible stories

McFadden has been teaching the
class for about eight years. She class for about eight years. She
started with eight students in Kermit. And when she moved to Fort of the quilt For on a different thlock Stockton. McFadden gathered more McFadden pog this particular course than 50 women to participate in the the stara pattern, representing the star
free quilting workshop. For six months, the students meet at MCFFadden's home once a week to learn about quilting and the Bible.
Mcradden incorporates the Bible into Mer quilting Iecssons by having each
student make her student make her own quilt, with
every block representing adiffere every block representing a different
aspect of the Bible.
"Quilting Through the Life of Christ." McFadden picked traditional
quilting patterns with names quilting patterns with names that
could be associated with the life of
 "If I ran the government I'd
establish a cabinet post for self-
esteem," said Mactaine esteem," said MacLaine, who
appears in the film "Wresting Ernest Hemingway" and the soon-to-be
released "Guarding Tess." released Guarding Tess.
"Most of the problems in this Most of the problems in this
country come from people who have absolutely no self-worth,", she said. People used to think this was
California, hippy-dippy attitude. But it's not. It's very pragmatic. People it with nose

## Dec. 29, 1991. For McDuff, ii

Death or life, at this pois, don't care or as long, as he's shever free



## Kiwanis presentation

Hayley Lockmiller, president of the Hereford High School Keywanettes, accepts a check from Chris Leonard, president of the Hereford Kiwanis Club during a recent meeting. The donation was to help the Keywanettes attend their Texas-Oklahoma district convention in March.
Stop smoking pangs grip youth and adults

By CHRISTOPHER CONNELL Associated Press Writer WASHINGTON (AP) - Mos smokers are hooked by the time they
are 20 , and quitting can be just are 20 , and quitting can be just as
hard for teen-agers as it is for adults, the surgeon general said today. Dr. Joycelyn Elders, in a 314 -pag report to Congress, said "young people face enormous pressures to
smoke," with some of that pressure applied by the nearly $\$ 4$ billion the tobacco industry spends to promote
it wares. wares.
The 23rd surgeon general's report
was devoted entirely to the topic of was devoted entirely to the topic of
adolescent smoking and how to prevent it.
"Clearly, young people are being
indoctrinated with indoctrinated with tobacco promotion
at a susceptible time in their lives," at a susceptible time in their lives,"
Elders wrote in a preface to the study, "Preventing Tobacco Use Amon Young People."
She called for higher taxes on She calied for higher taxes on
cigarettes, strict enforcement of laws against selling tobacco to minors and against seeps todiscourage teen- ager
ofrom trying their first cigarette.

The report prepared by the Offic on Smoking and Health concluded that "most adolescent smokers are addicted to nicotine and report that they want to quit but are unable to do
so." They experience relapse rates so. They experience relapse rates
and withdrawal symptoms similarto those of adults.
"Early addiction is the chief mechanism for renewing the pool o
smokers. Most people who are going smokers. Most people who are going
to smoke are hooked by the time they are 20," Elders said.
Thomas Lauria, a spokesman fo the Tobacco Institute, said the industry "agrees with many point in the current surgeon general' report. We have worked hard to preople."
But "there's little in this repor that we're trying to hook Lauria added. Cigarette ads are "aimed at the 46 million to 50 million at American adults who moke."

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