

# **Probe of Packwood** to include recordings

WASHINGTON (AP) - The of witnesses. The panel subpoenaed material" sought by a federal agency Packwood to determine whether he offer to the senator's wife. obstructed its yearlong inquiry by altering tape recordings of his diaries.

Senate lawyers told U.S. District Judge Thomas P. Jackson on Thursday that the Oregon Republican, a senator for 25 years, altered the diary tapes as he anticipated an Ethics Committee subpoena for the material.

Jackson ordered the diary custody, and they arrived Thursday afternoon at the federal courthouse.

Senate Legal Counsel Michael Davidson said in court that the Ethics Committee now is examining "whether there was any perjury or obstruction" as a result of Packwood's alleged alterations.

Senate's request to enforce its subpoena for the diaries.

The Ethics Committee has been investigation of Packwood. investigating Packwood for alleged

ing its investigation of Sen. Bob inquiry to include a lobbyist's job

Jackson is unlikely to rule this month because Packwood lawyer Jacob Stein has asked for time to file additional arguments opposing the subpoena.

Stein told Jackson the subpoena is so broad it amounted to a general search warrant in violation of Packwood's Fourth Amendment materials taken into protective rights against unreasonable searches. The committee is seeking the right, Stein said, to "rummage at will through Senator Packwood's personal diaries in search of possible misconduct."

Stein also contended the subpoena would violate Packwood's Fifth Amendment right against self-incrim-Jackson heard arguments on the ination. Packwood could face prosecution because the Justice

sexual misconduct and intimidation alter or falsify "any documentary

## Months-long saga of 'Deaf Smith Baby Jane' ends with her adoption

Deaf Smith Baby Jane has a real name, now. The baby found in an incinerator last March was adopted Thursday by the couple who had provided a foster home since early in her life.

Kendra Marie was the center of attention in a 222nd District Court proceeding Thursday afternoon. Appearing with her adoptive parents were friends and family from the community where they live.

Judge Ed Nobles, retired, of Amarillo, presided during the court session,

Senate Ethics Committee is expand- the diaries to consider extending the or congressional committee. Davidson said it does not matter whether the Ethics Committee's subpoena actually had been issued at the time of the alleged alteration.

> The committee released copies Thursday of a sworn deposition by Cathy Wagner Cormack, Packwood's former Senate secretary, who has been transcribing his diaries for more than 24 years.

> Davidson said, "At the very time the senator began his deposition (to Senate investigators) October 5th and 6th of this year, he was in the process of revising his diaries.

> The newly released testimony showed that Cormack told the committee on Wednesday that Packwood took back tapes from her and returned them with alterations.

Asked why he did that, she Department is conducting a criminal testified: "As best I can recall, he said something about the possibility Federal law makes it a crime to of a subpoena, and he didn't want me to have anything in my possession if that were to occur.'

> The Senate voted Oct. 20 to subpocna Packwood's diaries, a demand the senator is resisting.

The Ethics Committee began its probe a year ago by investigating allegations that Packwood made unwanted sexual advances to more than two dozen women, including Scnate employees, and tried to intimidate some of the accusers to keep them quiet.



## We can do that here!

As the Christmas shopping season winds down to its final week, some Hereford residents might be tempted to rush off to another city for a specialty item such as Precious Moments figurines or Hallmarks cards and ornaments. But before driving away, check here, because Caryn's Hallmark Shop, 236 N. Main is the local dealer for both product lines. Also, as employee Lynn Gowens shows, the store gift wrap service, which is something that can be found in many stores around Hereford. It is just another holiday service you don't have to leave home to find.

Patients infected with AIDS virus

granting the adoption.

Now about nine months old, Kendra Marie was found by employees of a Hereford animal clinic in an incinerator. She was judged to be only a few hours old. After treatment at Hereford Regional Medical Center, she was taken to the neonatal unit at Northwest Texas Hospital in Amarillo.

After leaving the hospital, she was placed in temporary foster care, then to the home that now is her permanent home, in a community outside Deaf Smith County.

Parental rights of her unknown parents were terminated by District Judge David Wesley Gulley in July, clearing the way for her adoption. Deaf Smith County sheriff's deputies and the Texas Department of Regulatory and Protective Services had conducted an exhaustive investigation, seeking the biological parents of the baby but were unsuccessful.

## Coming in Sunday's Brand

The song says, "All I want for Christmas is my two front teeth." Virginia wanted to know if there even was a Santa Claus.

Sunday, hundreds of Hereford children young and old tell the Jolly Old Elf himself what they want to find under the Christmas tree.

Their letters, along with Christmas essays, poetry and much more appears this Sunday as The Hereford Brand presents its annual Christmas greetings section.

Read along and see what your special someone wants this year and share holiday greetings with local business operators.

## Whitehorn to seek GOP nod for Precinct 2 county seat

Conny Whitehorn has announced she will seek the Republican serve the residents of Precinct 2 in an nomination for Deaf Smith County "efficient and conscientious manner" Commissioner Precinct 2 in the and added that she is involved in the March primary.

She is the only announced Republican candidate trying for the Cindy Caro. nomination for that seat and only the second Republican to announce for any office at the county level.

If she wins the Republican primary, Mrs. Whitehorn would then face the Democratic nominee in November.

Announced candidates for the Democratic nomination are incumbent Lupe Chavez, Armando Alaniz and Bernie Griego Jr.

Mrs. Whitehorn has been a resident of Hereford for 18 years. She owns and operates Rainbow Car Wash and has washed cars for the public for 14 years.

She has been a member of the Crimestoppers board of directors for three years.

She and her husband, Rick, have been married 17 years and have two children, Tabitha, 16, and Coy, 13.

She said she hopes to be able to community and willing to do the job. Her campaign treasurer will be



**CONNY WHITEHORN** 

# at dirty Australian doctor's office

WASHINGTON (AP) - Scientists between the patients by not following Some experts believe the dentist the first discovered case of an AIDS sufferer infecting other patients in a doctor's office.

the public, they're frustrated that a patients. doctor, whose poor sanitation is Australia, wouldn't heed the basic rules of AIDS prevention.

"It's not complicated; they're just clementary guidelines any physician should know," said Dr. Harold Jaffe of the U.S. Centers for Disease Control and Prevention. "These things just shouldn't happen."

Australian officials announced Thursday that four women caught HIV, the AIDS virus, four years ago when they had skin lesions removed

are warning against overreaction to basic infection-control procedures. Experts say the doctor probably didn't sterilize surgical equipment or

reinserted a syringe into the same But even as they seek to reassure bottle of anesthetic used on all the

It was the first such transmission suspected of causing the case in detected in a doctor's office, although reused surgical equipment has caused AIDS outbreaks in hospitals in Russia

and Romania. It was the third time in two weeks that U.S. researchers urged calm over rare types of HIV transmission. In the other two cases, brothers spread the virus to siblings. One shared a razor; the other either had bleeding gums

**Cisneros tells U.S. House** 

when he shared a toothbrush or bled onto his brother's skin rash.

the same day their doctor treated an HIV in doctors' offices since an who forgot to put the landing gear HIV-infected man. They said the infected Florida dentist spread the down last month," he said. "Human doctor apparently spread the virus virus to six patients in the 1980s. systems aren't perfect."

spread the virus deliberately.

The chance is extremely remote, scientists emphasized Thursday. The CDC this week released a study of 22,000 patients of 63 infected doctors, none of whom caught HIV from the physician.

Also, the Australian patient-to-patient case "is the first in 13 years of the epidemic," Jaffe said. "When proper procedures are followed, this kind of case is entirely preventable." But the Australian case is disturbing because it shows a doctor's human frailty, said Dr. Robert Schooley of the University of Colorado.

"A lot of things that make common sense you can forget about Some people have feared getting in a rush, like that Continental pilot

The CDC says preventing HIV's spread between patients is simple: Use disposable instruments or heat sterilize them between patients and use single vials of anesthetic or medication.

But no law requires doctors to follow those recommendations, and nobody knows how many don't.

Last month, a prominent Washington physician reused needles on 19 Time Inc. employees getting their flu shots. The employees noticed but didn't say anything. The doctor said later that he had run out of disposable needles and thought that wiping them with alcohol between uses - a once-common practice now widely condemned - would be OK.

Legislating precautions wouldn't help "any more than a law saying pilots had to use their landing gear," Schooley said. "Health care workers don't want to infect people."

In the event patients see something they suspect isn't safe, they should question the doctor and call their local medical licensing board, Jaffe said.

But the Australian case should do enough to raise doctors' own awareness, he said. "The scare effect ... we hope, will make them realize the importance of these things," he added.

## Nine indicted by grand jury

Nine persons were indicted by the Deaf Smith County Grand Jury during a session Thursday. Names of three were withheld, pending their arrest.

Felony driving while intoxicated indictments were returned against Tomas Fraire Garcia, 37, of 400 Avenue B, Apt. B, and Alfred Joe Vigil, 45, of 500 W. First, Apt. 18. Each is free on \$500 bond.

Pedro Casillas, 55, of Hereford, is in jail, in lieu of bond, on a charge of aggravated assault with a deadly weapon.

Indicted for forgery, Santos "Buddy" Galvan, 40, of 409 Avenue J, is free on bond of \$2,000.

A 19-year-old Amarillo man, Vicente Lopez, is in jail, in lieu of bond, on a charge of bail jumping and failure to appear.

Heath Maddox, 21, of Hereford, posted bond of \$5,000. He was indicted for burglary of a motor vchicle.

and a water and the

he will not run for Senate SAN ANTONIO (AP) - Housing Cisneros testified, though he stressed and Urban Development Secretary Henry Cisneros says he remains

committed to his Cabinet post and won't make a run for the U.S. Senate Cisneros testified Thursday before

a field hearing held by the House Subcommittee on Housing and Community Development and reviewed his strategies for improving the federal government's housing

programs. Before testifying, Cisneros again told reporters he has decided not to run for the U.S. Senate seat held by Republican Kay Bailey Hutchison. Cisneros said he wants to continue at the helm of HUD.

He also indicated earlier this week he would not make the Senate run.

next year.

"I've brought people aboard, I've gone around the country and raised people's hopes, told them that this is possible, and frequently they said, Yes, but are you going to stay?' And I said, 'Yes, I'm going to stay,' Cisneros said.

So, I feel like I'm going to be a and do the job," said Cisneros, the former mayor of San Antonio.

The government has a definite role

toward self-sufficiency.

"No matter what the opponents of staying very close to the people." public housing may say, it is a critical resource and must be maintained as such." Cisneros said. Currently there and its bureaucracy and regulations are 1.4 million public housing units have contributed to housing nationwide.

Cisneros praised subcommittee that some policies need changing so chairman U.S. Rep. Henry B. that federal aid recipients can work Gonzalez, D-San Antonio, for his housing efforts and for "a lifetime of

> In the past, Cisneros said, HUD problems.

Hereford students out of school for holidays

Students around Hereford are Kindergarten and St. Anthony's hitting the streets this weekend for Christmas vacation, with the burden of classes lifted until early in 1994.

The Hereford Independent School District was to dismiss classes on schedule today, with the high school letting out as final exams are finished and the other schools dismissing on time.

In the Walcott Independent School person of my word and stay and work District, classes dismissed at noon on Jan. 4, which is the beginning of

in providing low-income housing, Academy, First Baptist Church Jan. 3 and students on Jan. 4.

School were to let out today. Students and teachers at NCA, Community School and St. Anthony's

will report for class on Jan. 3, which is the same day that HISD teachers return to work. First Baptist Kindergarten resumes on Jan. 4 for

HISD students start classes again the fourth six weeks.

Walcott follows the same schedule

everyone.

today.

Community School dismissed on Thursday, while Nazarene Christian as HISD, with teachers returning on Page 2--The Hereford Brand, Friday, December 17, 1993



## Gift from Santa Claus

Brice Fuentes, 3-year-old son of Edward and Brenda Fuentes, looks for reassurance before accepting a gift from this red-clad, white-bearded stranger during the Hereford Kiwanis Club's annual kid's Christmas party on Thursday. Children from the Pre-Kindergarten program at the Stanton Educational Support Center, as well as children of club members, received gifts from St. Nick at the party.



## High of 50 forecast Saturday

Hereford recorded a high of 50 degrees Thursday afternoon and a low of 23 this morning, reports KPAN. Tonight, becoming partly cloudy with a low around 20. Variable wind 10 mph or less. Saturday, mostly cloudy with a high around 50. South wind 5 to 15 mph.

# Change of venue motion argued for Hutchison trial

**By CHIP BROWN Associated Press Writer** AUSTIN (AP) - Nasty partisan politics and news coverage that lumped Republican U.S. Sen. Kay Bailey Hutchison in with convicted killer Kenneth McDuff will prevent her from getting a fair trial on ethics charges in Travis County, several defense witnesses said.

Mrs. Hutchison was scheduled to return to court today for a pre-trial hearing on several key motions in her criminal case, including a request to move her trial out of Austin.

The Republican from Dallas is accused of using state employees and equipment during her tenure as state treasurer to further her personal and political ambitions. She also is accused of destroying computer records containing employee work schedules to cover up any wrongdoing.

On Thursday, Mrs. Hutchison, 50, waived arraignment before Judge John Onion Jr., meaning a plea of innocent was formally entered on four felony and one misdemeanor charges.

She contends the case is a conspiracy by Democrats to topple her re-election bid next year. She faces 51 years in prison and fines up to \$43,000 if convicted on all charges.

Two former Treasury aides also were indicted, although their cases are being heard separately.

Thursday marked Mrs. Hutchison's first court appearance since being re-indicted by a Travis County grand jury Dec. 8. Indictments rcturned against her by a grand jury in September were thrown out on a technicality.

## Fed Ex plan expected Local Roundup to boost North Texas outlook for economy

FORT WORTH, Texas (AP) -Federal Express Corp. is planning to 4-year-old Alliance, a city-owned build a \$200 million to \$300 million industrial airport built on land Southwestern center and Alliance a ing 19,000 acres. much-needed boost.

cargo sorting hub at Alliance Airport, donated by the Perot family, which giving the package courier a owns and is developing the surround-

Thursday's announcement was

Eight defense witnesses, including an Austin television news director and several attorneys familiar with state politics, took the stand Thursday during arguments on a possible change of venue.

Carole Kneeland, news director for the ABC-TV affiliate in Austin, testified that her station has aired more than 150 stories on Mrs. Hutchison since an investigation was announced June 10.

Several attorneys said the news coverage has caused many in Travis reconvenes Jan. 25, "so Texas will County to form an opinion about the case

"I am not saying it's impossible (to find an impartial jury), but from the publicity and the partisanship in Travis County, I would be concerned," said former Texas Attorney General Waggoner Carr.

school board member, testified that Mrs. Hutchison "is a Republican in a Democratic-controlled state capital. Here, politics is a spectator sport. I think it would be almost impossible for her to get a fair trial in Austin."

Dick DeGuerin, noted that press tions. Onion said he would consider coverage in Travis County may have the motion and rule later. negatively influenced potential jurors because Mrs. Hutchison's case was mentioned with the case of notorious convicted killer Kenneth McDuff when the original indictments were dismissed.

Both cases were part of more than 300 set aside after Mrs. Hutchison's attorneys pointed out that a grand juror faced a pending theft charge.

Onion, a former presiding judge of the Texas Court of Criminal Appeals who agreed this week to hear the case, ruled on several defense motions Thursday:

But he made no decision on a request by the senator to set a trial date as soon as possible.

Still, he said, "I assure you every effort will be made to give a speedy trial.'

DeGuerin said he would like the trial to be over by the time the Senate have both its senators serving them."

Prosecutors said they, too, would like the court process to move quickly. But they said the numerous motions filed by the senator's attorneys, including the request to move the trial, could bog things down.

DeGuerin also argued that several Alan Shivers Jr., a former Austin key witnesses in the case, including three computer operators at the Treasury believed to have turned in Mrs. Hutchison, have failed to cooperate with defense attorneys.

DeGuerin requested in a motion that the judge order the witnesses to Mrs. Hutchison's lead attorney, grant interviews in formal deposi-

Mrs. Hutchison resigned as state treasurer in June after becoming the first woman senator from Texas, defeating Democrat Bob Krueger in a landslide special election victory.

Onion agreed to hear Mrs. Hutchison's case after state District Judge Bob Perkins excused himself because he contributed money to Krueger's campaign.



## Medical fund established

A medical fund has been set up at Hereford State Bank for donations to defray medical expenses incurred by Floyd Neill, owner of A Alignment Shop here. Donations may be made to the fund at the bank. Neill has been ill for several weeks.

# **News** Digest

## World/Nation

WASHINGTON - Retired Adm. Bobby Inman is winning waves of cager support on Capitol Hill as President Clinton's choice to be his new defense secretary. He would be the first civilian Pentagon chief in more than 40 years who previously had a full career in uniform.

UNITED NATIONS - Fourteen weeks before the last American combat soldier leaves Somalia, the United Nations is scrambling to patch together a military coalition to make up for the Americans' loss. Prospects for the future U.N. presence are as uncertain as the prospects for stability in Somalia.

BRUSSELS, Belgium - In besting the United States in some areas of world trade talks, the European Community did what it rarely can do - stand united. The often fractious bloc overcame deep divisions during the lengthy bargaining to demonstrate it can, when it wants to, wield considerable influence.

WASHINGTON - The Senate Ethics Committee is expanding its investigation of Sen. Bob Packwood to determine whether he obstructed its yearlong inquiry by altering tape recordings of his diaries.

WASHINGTON - Fulfilling a pledge to help primary and secondary education, philanthropist Walter Annenberg is awarding what is described as the largest grant ever made to public education reform.

WASHINGTON - Scientists are warning against overreaction to the first discovered case of an AIDS sufferer infecting other patients in a doctor's office.

## State

FORT WORTH - A visiting judge has resigned after he was indicted on a felony charge of drunken driving, a judicial official says.

DENTON - The fruitless search for the bodies of four people believed to have been murdered 30 years ago has led to yet another search.

BAY CITY - A 16-year-old girl's claims that a Matagorda County sheriff's deputy raped her were ignored for five years because the deputy's supervisors refused to investigate, officials said.

AUSTIN - Texas Attorney General Dan Morales says he wants to shut down a nursing home owned by Fort Worth Mayor Pro-Tem Virginia Nell Webber and her husband.

HOUSTON - Embattled County Judge John Lindsay isn't running for re-election next year. But that's not good enough for his longtime foe, Harris County attorney Mike Driscoll.

WASHINGTON - President Clinton's selection of Bobby Ray Inman as the newest civilian overseer of the U.S. military is drawing kudos from Texas Democrats and Republicans alike.

SAN ANTONIO - Housing and Urban Development Secretary Henry Cisneros says he remains committed to his Cabinet post and won't make a run for the U.S. Senate next year.

AUSTIN - Charles Moore, a University of Texas at Austin architecture professor who received a gold medal in 1990 from the American Institute of Architects, is dead at age 68. WASHINGTON - Even before 1994 has been ushered in, members

of Congress are plotting ways to improve their committee assignments in 1995 and beyond.

FORT WORTH - Federal Express Corp. is planning to build a \$200 million to \$300 million cargo sorting hub at Alliance Airport, giving the package courier a Southwestern center and Alliance a much-needed boost.

Ross Perot Jr., who manages Alliance, and Fort Worth officials made possible by an opinion Texas said the project likely would draw Attorney General Dan Morales issued more companies to the airport.

"It was what the plan always was for Alliance. This is what we envisioned," Fort Worth Mayor Kay Granger said at an elaborate City Hall news conference, complete with Santa Claus, announcing the deal Thursday.

The hub initially will employ about 600 people and should grow, said Frederick Smith, chairman and chief executive officer of the Memphis, Tenn.-based package courier. Construction begins next spring.

"We believe the Southwest hub will add an important link to our global network," Smith said.

Federal Express is buying 158 acres at Alliance for the hub, which is expected to be operational in mid-1997. The development will be financed using bonds issued by Forth Worth's Alliance Airport Authority Board. Federal Express will repay the long-term bonds.

## Tuesday saying the Texas Railroad Commission must stop regulating Federal Express and other interstate companies that combine air and truck delivery services.

The deal is one of the biggest for

Smith said the hub would not have been built in Texas without the ruling.

The new hub will be a plus for the state's economy, Baylor University cconomist M. Ray Perryman said. He said each job created at the center will result in three more Texas jobs.

The hub also could help draw other companies to Alliance, said Harold Gross, an economist at the University of North Texas.

'I think it's certainly a coup for Alliance, particularly inasmuch as that facility has been slower to develop than was originally anticipated," Gross said. "Maybe this is the key facility that will get the ball rolling on the development of Alliance as an intermodal transportation hub.'



-- Officers issued 17 citations. Friday's Hereford Police Department activity report includes -- There was one minor accident.

the following incident reports: -- Theft in the amount of \$116 was reported in the 400 block of North 25 Mile Avenue and in the amount of \$50 in the 900 block of Brevard.

Criminal attempt was reported in the 200 block of 19th Street.

-- Burglary of a vehicle in the amount of \$800 was reported in the 100 block of Avenue D.

-- Phone harassment was reported in the 600 block of Avenue I.

Criminal mischief to a window in the amount of \$250 was reported in the 1300 block of East First.

PATIENTS IN HOSPITAL

Calaway, Dorothy Daniel, Janie Griego, Mercedes Guzman, June

Henderson.

Betty Word.

Inf. Girl Alaniz, Lupe Alaniz, C.H.

Clarice McCaslin, Jarrett Cole

Nolen, Rochelle Nolen, Lloyd Shulk,

Mary Spinhime, James Ward. Lorena Ward, Emma Sue Woltman,

Hospital Notes

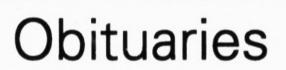


AUSTIN (AP) - Here are results of Lotto Texas Pick 3 winning numbers drawn Thursday by the Texas Lottery, in this order:

1-5-7 (one, five, seven)

## Door prize winner

Hereford Lions Club president Art Gonzales presents a large stuffed Eye Bank teddy bear to Margaret Adams, wife of Lion Dr. Milton Adams, during the club's annual Christmas party on Thursday. The party featured a turkey and roast dinner and a mini-concert by the Hereford Chamber Singers. In addition, Gonzales and club Sweetheart Jodie Wallace were given their Christmas presents.



### LOUIS A. RICE Dec. 16, 1993

died Thursday.

Graveside services will be held at 2 p.m. Saturday in Rest Lawn Memorial Park Cemetery, under direction of Gililland-Watson Funeral Home. The Rev. Charles Wilson of St. Thomas Episcopal Church will officiate.

died in 1989.

Daniel of Hereford and Mrs. Herman and seven great-grandchildren. Teel of Oklahoma City, Okla., three nephews and a niece.

## **KENNETH H. COX** Dec. 15, 1993

Kenneth H. Cox, 75, of Hereford, died Wednesday.

Services were set for 2 p.m. Friday in the First Baptist Church of Lazbuddie with burial in Memorial Park Cemetery in Muleshoe, under direction of Ellis Funeral Home.



Officiating will be the Rev. Gary Wilcox of El Paso.

Mr. Cox was born in Watonga, Louis A. Rice, 85, of Hereford, Okla., and married Inez Sykes in Fairview, Okla., in 1939. A retired farmer, he lived in Lazbuddie before moving to Hereford three years ago. He was a member of the First Baptist Church of Lazbuddie.

Survivors are his wife; two sons, Lynn Cox and Larry Cox, both of Lazbuddie; a daughter, Virginia Self Mr. Rice lived in San Antonio of Hereford; two brothers, Keith Cox before coming to Hereford in 1945. of Medicine Lodge, Kan., and He was an auto mechanic. He married Richard T. Cox of Watonga; two Mary Jean Westerfield in 1930. She sisters, Lula Whitcomb of Cheyenne, Wyo, and Grace Compton of Survivors are two sisters, Dorothy Stillwater, Okla., five grandchildren

> The family has requested that memorials be directed to the American Cancer Society or a favorite charity.

## THE HEREFORD BRAND

The Hereford Brand(USPS-242-060) is g scept Mondays, Saturdays, July 4, Th Christmas Day and New Year's Day by The He Brand, Inc., 313N. Lee, Hereford, TX. 79045. Secon postage paid at the post office in Hereford, Texas POSTMASTER: Send address changes to the H

rand, P.O. Box 673, Hereford, TX. 79045. SUBSCRIPTION RATES: He

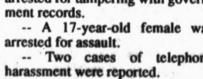
in Hereford, \$4.20 month; by mall in Deaf Smith Cou or adjoining counties, \$45.70 a year; mail to other an \$47.75 a year. The Brand is a me

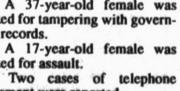
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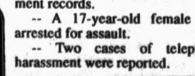
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1901, converted to a semi-week!	ly in 1948, to five time	ł
weekly on July 4, 1976.	CARLES AND STREET	
O.G. Nieman	Publishe	i
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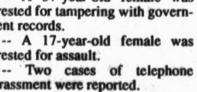
-- A 37-year-old female was arrested for tampering with govern--- A 17-year-old female was

harassment were reported.









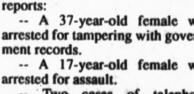
Sheriff's

Report

Friday's Deaf Smith County

Sheriff's Department report contained

the following arrests and incident



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# **Church News**

### SAN JOSE CATHOLIC CHURCH

The liturgies of Christmas for San Jose church are: Friday, Dec. 24, 6 p.m., English liturgy; 10:30 p.m., Misa de Gallo; and 10:30 a.m., Dec. 25, Misa del Dia.

On Saturday evening, December 25, there will be no liturgy. On Sunday, Dec. 26, we will celebrate the Feast of the Holy Family at the 9 a.m. and 11:30 a.m. liturgies.

Muchisimas Gracias to all who helped make the feast of Our Lady of Guadalupe so beautiful. To all who decorated, sang, organized, cooked or baked, all who danced and all who attended the prayer services and liturgies, may Our Blessed Mother protect you and guide you.

Are you interested in the Advent tradition of Las Posadas? Pauline Martinez is coordinating a celebration of Las Posadas on the evenings of Dec. 18, Dec. 20 and Dec. 22-23 at four different homes. The service will begin at 6 p.m. each day with a convivencia afterwards. Everyone is welcome to participate and prepare for the coming of Christ.

#### **DAWN BAPTIST CHURCH**

The public is invited to all services at the church. Bible study begins at 9:50 a.m. and the Sunday worship services are held at ll a.m. and 6 p.m.

Sunday morning we will continue our Advent series. Pastor Lonny Poe will preach a sermon taken from Romans 16:25-27 entitled "Glory to God." We will have a short song service in the evening before we travel to Amarillo to view the Christmas lights. Sunday afternoon the church and community are invited to an open house at the parsonage from 2-4 p.m.

Wednesday evening at 5, we will meet to go caroling. Following the caroling, there will be a special Christmas service at 6:30 p.m.

After the Wednesday evening service, the church congregation will go to Arless and Ray Stewart's home for a time of fellowship.

> FIRST UNITED **METHODIST CHURCH**

four Advent candles on the Advent Wreath and there will be a coffee hour in the parish hall following the service.

Christian education for all ages is at 9:30 a.m. each Sunday with children and youth meeting with Melissa Davis for the "Living the Good News" curriculum. The Adult Class continues with its series on the faith and practice of the Episcopal Church with the third session on "Christian Spirituality" and a discussion on prayer, meditation and eucharistic devotion led by Father Wilson.

The Wednesday Public Service of Healing is at 7 p.m. with the Litany of Healing, the Laying-on-of-Hands with Holy Unction and Holy Communion. This will be a celebration of our Patronal Festival, the Feast of St. Thomas the Apostle, including a simple supper following the service and the "Hanging of the Greens" as we decorate the church of the celebration of the nativity of Jesus Christ. We will begin that celebration with a Festival Eucharist at ll p.m. on Christmas Eve.

#### FIRST PRESBYTERIAN CHURCH

Luke 1:26-47 is the scripture on which Dr. James W. Cory has based his Sunday sermon which is titled "Expected and Unexpected Gifts." The worship service begins at 10:30 a.m.

Sunday school for all ages begins at 9:30 a.m. There will be no Sunday school classes Dec. 26 but come and enjoy fellowship time before the worship service and visit with Scott Simpson who will be our guest preacher that day.

There will be no youth group meetings until Jan. 9, 1994.

The church office will be closed Friday, Dec. 24.

Those who bought poinsettias to help decorate the church sanctuary for the Christmas season, please pick up your poinsettias after worship, Dec. 19.

#### IMMANUEL **LUTHERAN CHURCH**

Sunday school for all ages begins

church, meet at 10 a.m. Thursday, Dec. 23.

The Franciscan Sisters' Christmas ift shower is being held this week. Bring the gifts you have for them to the tree located at the school.

Appreciation is extended to the turkey contributors and to those who cooked the recent parish holiday dinner.

Thanks also goes to Joyce Schlabs and Charla Schlabs for the Advent banner.

A lady's vest has been found. Call the rectory during office hours to claim it.

The living faith devotional booklets for January through March 1994 are available in the gift shop and the parish office for 80 cents each.

#### **TEMPLE BAPTIST CHURCH**

Sunday school for all ages at the church begins at 9:45 a.m. and the Sunday morning worship service is at II. The evening activities begin with Acteens at 5:45 and the discipleship training at 6.

We invite everyone to come join us for the morning worship and the evening activities.

During the Sunday evening worship service, we are having our Sanctuary Choir Christmas Cantata, "What Gift Shall I Bring." It will begin at 7 p.m. After the cantata, the annual church Christmas tree and fellowship will be held. If you are planning to attend the fellowship, in the church gym. please bring cookies, cake or finger foods.

The mid-week prayer meeting will be held at 7 p.m. Dec. 22.

#### **COMMUNITY CHURCH**

The congregation and Pastor Dorman Duggan would like to invite everyone to come and worship with them Sunday.

Sunday school for all ages begins at 9:30 a.m. and the morning worship service starts at 10:30. A nursery is available.

The youth groups meet each Wednesday at 7 p.m. at the church. Also, meeting on Wednesdays are the children's church at 7 p.m. and the home groups which assemble in

A special candlelight communion service is scheduled at 6 p.m. Christmas Eve. This will be followed by a covered dish dinner.

The New Year's candlelight service will be planned at ll p.m. New Year's Eve. There will be special prayers offered and special musical selections will be presented.

### SUMMERFIELD **BAPTIST CHURCH**

Summerfield Baptist Church will host the annual community Christmas covered dish luncheon Sunday. All members of the Summerfield Community and friends and relatives are cordially invited to attend.

The public is also invited to attend all of our church services. Sunday school is held at 10 a.m. and the Sunday worship services are held at Il a.m. and 6 p.m. The Wednesday service is held at 7 p.m.

For more information, call 357-

#### **FIRST BAPTIST CHURCH**

The Adult Choir will present the cantata, "Festival of Carols," at 6:30 p.m. Sunday. The Young Musicians, **Music Makers and Adult Handbells** will be participating as well. This program will have some special multi-media aspects that will enhance the worship. Immediately following the cantata,

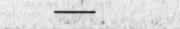
an all-church fellowship will be held

#### **CENTRAL CHURCH OF CHRIST**

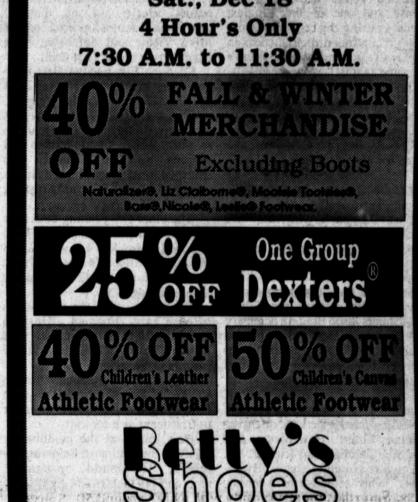
We at the Central Church of Christ want to invite all who are in the community to come and worship with us at 148 Sunset Drive.

In our diligence to serve God, we meet every Sunday morning at 9:30 for classes and at 10:25 a.m. and 6 p.m. for worship services.

A church spokesperson said, "We have classes that appeal to all ages groups and also several activities that encourage everyone to use their life to reflect God and Jesus Christ."







The children of the church will celebrate the birth of Jesus on Sunday morning, Dec. 19, with the singing of carols and the making of ornaments to go on the tree. Children will bring gifts of gloves, caps, mittens, etc. to be given to the Good Shepherd clothes closet. They will be served cake with 12 candles presenting the months of their birthday and one in the middle for Jesus.

The music department of the church will sponsor a Christmas concert at 7 p.m. Sunday in the church sanctuary. At 5:30 p.m., the United Methodist Men will serve dinner in the fellowship hall. The cost of the dinner will be \$6 for adults and \$3 for children. The concert will feature the handbell choirs, the Sanctuary Choir and the Hereford Chamber Singers. This concert is a gift of music to the members and the entire Hereford community. Make plans now to attend an evening of music and fun.

**Keep Christ in Christmas!** 

#### ST. THOMAS **EPISCOPAL CHURCH**

"God's Daily Visitation" is the title of the sermon by the Rev. Charles A. Wilson on the Fourth Sunday of Advent and is based on the collect for the day and the reading from Luke 1:26-38. The Holy Eucharist is

at 10 a.m. at the church located at 100 Ave. B. The Adult Bible class, which meets in the basement of the church, is studying the Augsburg Confession.

The sermon for the ll a.m. Sunday worship service is titled "The Peace of David" taken from II Samuel 7:1-11,16. A Christmas dinner will follow. The Children's Christmas program

will be held at 7:30 p.m. Dec. 19. Also, officers will be elected Sunday.

The Christmas Eve candlelight service will be held at 7:30 p.m. Dec. 24 and the Christmas Day service is planned at 10 a.m. Dec. 25.

The public is invited to all services at the church including those to be ages and Bible study for adults held held on Christmas Eve and Christmas Day.

#### ST. ANTHONY'S **CATHOLIC CHURCH**

The Annual Southern Plains Conference, "A Thirst For Water," is planned Jan. 8, 1994, at Amarillo Civic Center. To register, send \$10 per person, \$15 per couple or \$5 per student to P.O. Box 5644, Amarillo, Texas, 79117-5644. The Partners in Policy Forum V: Agriculture and Clean Water is scheduled Feb. 9, 1994, in Lyndon B. Johnson Auditorium, University of Texas at Austin. To learn more, call 512-473-4085. For those of you interested in

cclebrated at ll a.m. We will light all helping clean and decorate the

various homes at 7 p.m. For more information, call 364-8866 or 364-2423.

## FELLOWSHIP **OF BELIEVERS**

As the Christmas season is now upon us, let us remember the reason for the season's celebration -- the birth of Jesus.

We invite anyone looking for a church home to come and visit with

We have Sunday school for all from 9:30-10:15 a.m. The Sunday morning worship service is held from 10:30-11:15 and is taught by Doug Manning.

Nursery facilities for all ages are available.

For those needing the free taxi service, call 364-0359.

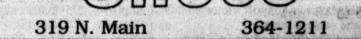
## SAN PABLO UNITED METHODIST CHURCH

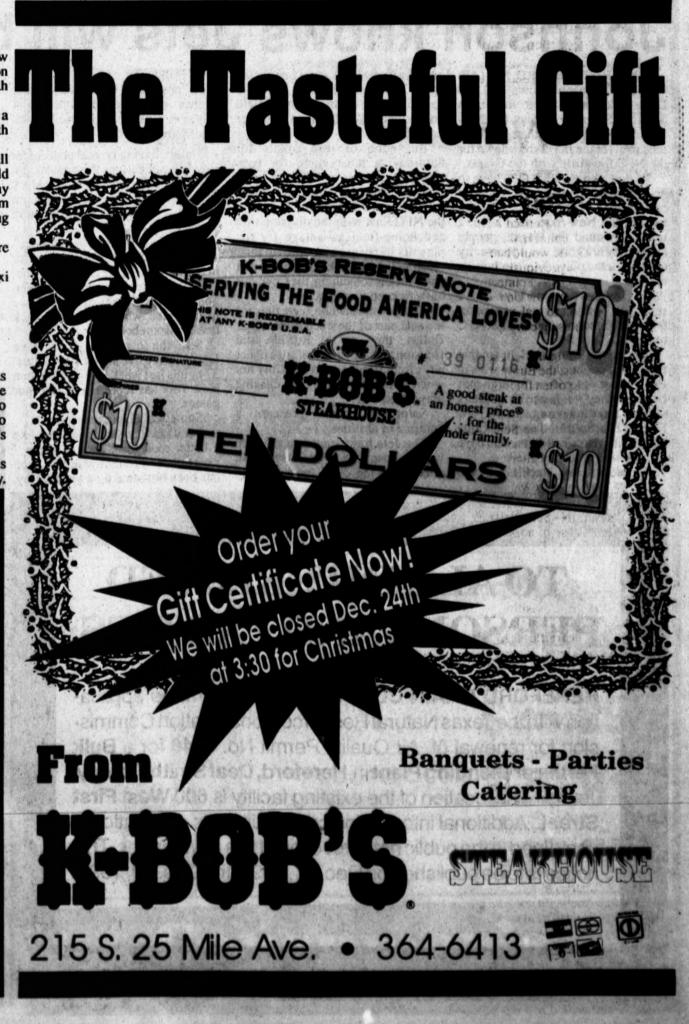
A church hay ride and Christmas caroling will be held Saturday. Those planning to participate are asked to meet at the church at 5:30 p.m. to go to various homes and to King's Manor.

A special children's Christmas service is scheduled at II a.m. Sunday.



small child's closet to hold underclothes, shorts, slacks, even toys and games.





Page 4--The Hereford Brand, Friday, December 17, 1993

# Sports

## 1-4A represented on All-State team Hereford's Kuper garners honorable mention

Players from Randall, Borger and Dumas were among those named to The Associated Press Sports Editors' Class 4A All-State teams released Thursday.

Two defensive linemen, Randall's Page Baldwin and Borger's Tyrone Williams, and Dumas punter James Charles represented District 1-4A on the first team.

Several others, including Hereford defensive end Mark Kuper, were on the Honorable Mention list.

Stephenville dominated the team, placing three players on the first team and six more on the second squad.

The Yellowjackets (15-0) impressed voters with 4A's best offense and one of the stingiest defenses during the regular season. They've continued their success in the playoffs, advancing to Saturday's title game against La Marque (14-0).

**Ouarterback Branndon Stewart** earned an extra honor as he was named offensive Player of the Year. He completed 101 of 187 passes for 1,943 yards and 18 touchdowns, and he ran for 862 yards and 12 TDs.

"He's done a good job for us all year and he's done it because of the people surrounding him," said Stephenville coach Art Briles. "We have a lot of run-pass options and he does a good job of picking up the right key and making good things happen.'

Some of the best members of Stewart's supporting cast are fellow first-teamers Jason Bragg, a defensive back honoree who also played receiver, and Kris Terrill, an offensive lineman making the squad for the second straight year.

Trying to stop the Yellowjackets' menacing attack will be La Marque and its first-team selections, offensive to first-team as a senior. lineman Grant Hawthorne and defensive lineman Earl Ricicar.

Evans, who scored the winning touchdown in the final minute of La Marque's last two playoff victories, made the second team.

to to make the big play. Earl is the leading tackler on defense ... and behind every great run by Evans, there's a great block by Hawthorne."

Four other teams had three first-teamers, including defending champion Waxahachie, on the squads chosen by sports writers and editors from across the state on the basis of regular-season statistics.

The Indians, who were knocked out last weekend by Stephenville, are represented by offensive lineman Edward Bullard and linebacker Robert Jones, the defensive player of the year.

A&M Consolidated, one of the teams victimized by Evans' last-minute scores, placed center Mike Vietor and defensive back Duane Price on the first team.

Edcouch-Elsa had two first-team defenders in linebacker Julian Lara and defensive back Narciso Martinez.

Brownwood, one of Stephenville's top district rivals, had first-teamers in place-kicker Chad Walker and running back Hut Allred, who smashed most school records in his career and had 1,565 yards rushing this year.

The other two running backs are New Braunfels Canyon's Todd Mitchell, who led 4A with 2,068 yards, and Silsbee's Jay McGuire, best known for his 424-yard game against Bridge City.

Rounding out the first-team offense are lineman Kinshara Houston of Sweetwater and ends Darren Brinkley of Belton and Bobby Losoya of Sharyland.

On defense, lineman Taurus Rucker of Denison made the jump from being a second-teamer as junior

He's joined at the position by Baldwin and Williams. Baldwin, a 5-Cougars running back Byron foot-5, 165-pound noseguard, recorded 119 tackles and eight sacks for the Randall Raiders. Borger's Williams (6-1, 295) made 111 tackles and 12 sacks Other defensive first-team

Weddell. "They're the kids we look Driver of Cleveland and defensive back Shun Horn of Jasper.

Dumas' Charles averaged 40.7 punting for the Demons. He also gained honorable mention as a placekicker.

Kuper, a 6-4, 218-pound senior captain for the Herd, had 70 tackles and six sacks this season.

FIRST TEAM

Offense LINEMEN--Edward Bullard, Waxahachie, 6-4, 265, Sr.; Grant Hawthome, La Marque, 295, Sr.; Kinshara Houston, Sweetwater, 6-3 6-2, 265, Sr.; Kris Terrill, Stephenville, 6-3, 250, Sr.; and Mike Vietor, A&M Consolidated, 6-2, 260, Jr.

QUARTERBACK -- Branndon Stewart. phenville, 6-3, 208, Sr. - 1,943 yds, 18 TDs passing; 862 yds, 12 TDs rushing

**RUNNING BACKS--Hut Allred**, Brownwood, 5-10, 185, Sr. - 194-1, 565 yards, 21 TDs; Jay McGuire, Silsbee, 5-11, 200, Sr. - 161-1,973, 16 TDs; and Todd Mitchell, New Braunfels Canyon, 6-2, 180, Sr. - 2,068 yards; 24 TDs

ENDS--Darren Brinkley, Belton, 6-2, 180, Sr. - 55-1,079 yds, 6 TDs; and Bobby Losoya Sharyland, 5-11, 160 Sr. - 75-1, 305 yds, 19 TDs PLACE KICKER--Chad Walker,

Brownwood, 5-10, 155, Sr. - 40-42 PATs; 6-9

FGs OFFENSIVE PLAYER OF THE YEAR Branndon Stewart, Stephenville.

#### Defense

LINEMEN--Page Baldwin, Canyon Randall, 5-5, 165, Sr. - 119 tackles, 8 sacks; Tyrone Williams, Borger, 6-1, 295, Sr. - 111 tackles, 12 sacks; Earl Ricicar, La Marque, 6-3, 212, Sr. - 90 tackles, 9 sacks; and Taurus Rucker, Denison, 6-0, 250, Sr. - 100 tackles, 10 sacks.

LINEBACKERS--James Driver, Cleveland, 6-4, 225, Sr. - 150 tackles; Robert Jones, Waxahachie, 5-10, 210, Sr. - 115 tackles; and Julian Lara, Edcouch-Elsa, 6-1, 210, Sr. - 22 1/2 sacks

DEFENSIVE BACKS-Jason Bragg. Stephenville, 6-2, 200, Jr. - 8 INTs; Shun Horn, Jasper, 6-0, 180, Sr. - 101 tackles, 4 INTs; Narciso Martinez, Edcouch-Elsa, 6-3, 210 Sr. - 10 INTs; Duane Price, A&M Consolidated, 5-11, 160, Sr. - 4 INTs

PUNTER--James Charles, Dumas, 6-1, 169, - 40.7 yd avg DEFENSIVE PLAYER OF THE YEAR

Robert Jones, Waxahachie

## SECOND TEAM

Offense

LINEMEN -- Matt Lowery, Stephenville, 6-3, 240, Sr.; Shaylor Pryor, Stephenville, 6-4, 245, Sr.; Talton Russell, Corpus Christi Calallen,

## **Goldsmith leaves Rice** to be in charge at Duke

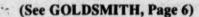
DURHAM, N.C. (AP) - Fred Goldsmith is well aware of the coaching complexities of Duke football.

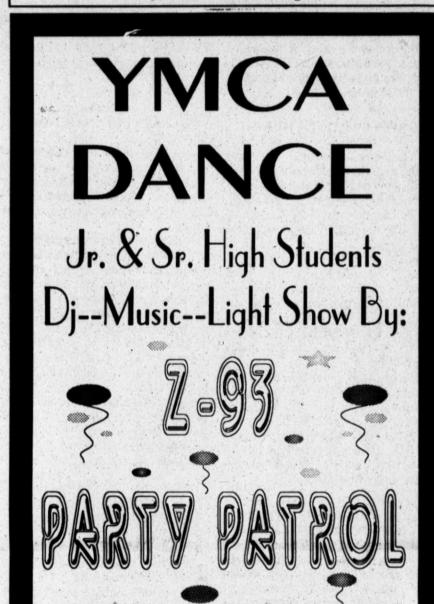
But the new Blue Devil coach is also conscious that the program, many say strapped by academic standards too tough to be successful, yearns to become a winner.

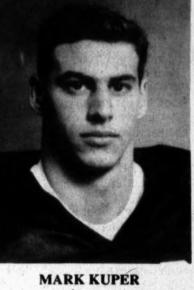
"I did not come here to be an Ivy League coach or an academic league coach," said Goldsmith, who left Rice on Thursday to become Duke's 18th head football coach.

We are not going to compromise our values and standards, but by gosh I want good football players that happen to be smart enough to be here. And we're going to try to go and recruit against the best. We will go to Florida and try to recruit against Florida and Florida State."

Goldsmith, 49, replaces Barry Wilson, who resigned after posting a four-year record of 13-31-1 at the Atlantic Coast Conference school. Wilson







QUARTERBACK -- (tie) Richard Walton, Bay City, 6-5, 205, Sr.; Jeff Watson, A&M Consolidated, 6-0, 195, Sr. (tie) RUNNING BACKS--Wes Danaher, Corpus

Christi Calallen, 6-1, 195, Soph.; Byron Evans, La Marque, 5-11, 180, Sr.; Damien Nails, Plainview, 5-9, 165, Sr.

ENDS--Gary Rodriquez, Azle, 5-8, 165, Sr.; Louis Hutchinson, Bay City, 5-10, 165, Jr. PLACE KICKER--Marc Levens, San Angelo Lake View, 5-8, 165, Jr.

#### Defense

LINEMEN -- Mitch Copeland, Stephenville, 6-2, 250, Jr.; Lamont Harris, Waxahachie, 6-0, 200, Sr.; Tommy Jackson, A&M Consolidated, 6-2, 220, Sr.; Kenny Kacal, Waxahachie, 6-1, 220, Sr.

LINEBACKERS--Zack Butler, Austin

Westlake, 6-2, 220, Sr.; Trenton Chaplin, Stephenville, 6-1, 200, Sr.; (tie) Warring Vital,

West Orange-Stark, 6-0, 200, Sr.; Brett Zaeske,

New Braunfels Canyon, 5-10, 170, Sr. DEFENSIVE BACKS--Alex Doran,

Corpus Christi Calallen, 6-1, 198, Sr.; Jarvis

Edison, Bay City, 6-5, 210, Sr.; Cody Stelter, Brenham, 5-11, 180, Soph.; Jeff Thompson,

HONORABLE MENTION

(Panhandle area players) Offense -- Troy White, lineman, Canyon

Randall; Cornell Jones, running back, Borger;

Justin Collingsworth, lineman, Pampa; Lance

Defense--Mark Kuper, lineman, Hereford;

and James Charles, placekicker, Dumas.

PUNTER -- Terry Clemmer, Sweetwater,

Stephenville, 6-2, 175, Jr.

5-10, 170, Sr.

"They're the leaders of our tcam," said La Marque coach Alan selections are linebacker James 210, Sr.

6-4, 260, Sr.; Matt Schwab, A&M Consolidated 6-0, 265, Sr.; Wayne Beyer, Stephenville, 6-2,

Denton, lineman, Canyon Randall; Ross McCoy, lineman, Plainview; Cleat Bell, linebacker, Plainview; and Steven Riddley, defensive back, Plainview.

# Johnson knows Jets will be tough

Stadium Saturday to play the New York Jets is more than a dress rchearsal for the Jan. 2 showdown for the NFC East title with the Giants.

"I don't know what they have to tcams. be worried about as far as their credibility is concerned," Johnson says of the New York area's No. 2 tcam. "Around the league, people and home-field advantage for the know they are good. An opportunity playoffs likely to come down to their to play for the playoffs is motivation cnough.

Yes, when the Cowboys arrive have to keep winning. they will find a playoff contender with an 8-5 record - one of eight AFC tcams at 9-4 or 8-5.

But they will also find a team that has raised doubts despite six wins in any circumstances and certainly not their last seven games, in large part because they've gone 13 quarters playoff berths. without a touchdown against the New England Patriots. Indianapolis Colts contrast in abilities. and Washington Redskins, who have a combined record of 9-30.

EAST RUTHERFORD, N.J. (AP) over the Redskins was not one for the NFL. Dallas, by contrast, is having - Jimmy Johnson knows that the ages. The highlight clip from the more problems on defense than Dallas Cowboys' visit to Giants game is a snap on an attempted field goal bouncing off the head of holder Louic Aguiar.

But none of that counts for Saturday, a must game for both

The Cowboys (9-4) find themselves a game behind the Giants in the NFC East with the division title meeting in two weeks. To ensure that game means something, the Cowboys

The Jets, meanwhile, have finished the soft part of their schedule. After Dallas, they go to Buffalo and Houston, not the easiest of trips under when both those teams are chasing

Saturday's game presents a

The Jets have stayed in the race with defense - the 179 points they've Moreover, last week's 3-0 win allowed is the third fewest in the

offense - coming off its Super Bowl season it ranks 14th in the league, sad." exactly in the middle.

Dallas, having typical post-Super Bowl complications this season, got a new one this week when Mark Stepnoski, its Pro Bowl center, injured a knee that might require surgery.

"It puts a damper on our offense," says Emmitt Smith, who is going for his third straight NFL rushing title. "That's the way our season's been going. Once we get to rolling, we have to take two or three steps back because somebody gets hurt."

Still, the Jets would like to have Dallas' offensive problems - Dallas' 37 points last week is five more than New York has scored in its last four games.

Some Jets blame their fans.

"It's sad to say but we seem like better road team than at home," says tight end Johnny Mitchell, who has been bothered by a knee injury.

"The fans kind of get down when we don't do what they expect us to do. They're fair-weather fans, and that's

Considering that the Cowboys will be at Giants Stadium more than the Jets for the rest of the season, maybe the Jets should pretend they're away.

## **How It Feels**

PHILADELPHIA (AP) - The Philadelphia Phillies played a lot of close games this year and also won a lot of them.

Manager Jim Fregosi, watching from the dugout, had this wry comment about how it felt: "I don't believe that kind of thing builds character, as some people think. I believe it builds ulcers.

# FRIDAY, DEC. 17 **TIME: 9-12 \$3 PER STUDENT** STUDENT'S ID'S **REQUIRED**!



## TO ALL INTERESTED **PERSONS AND PARTIES:**

HEREFORD GRAIN CORPORATION has made application with the Texas Natural Resource Conservation Commission for renewal of Air Quality Permit No. 5246 for a Bulk Fertilizer Blending Plant in Hereford, Deaf Smith County, Texas. The location of the existing facility is 600 West First Street. Additional information concerning this application is contained in the public notice section of this newspaper. This notice is to be published on Dec. 17, 1993 and Dec. 19, 1993.

Mavs' losing streak reaches 17; [ Hawks end long winning streak

#### **By CHRIS SHERIDAN AP Sports Writer** Dallas kept losing, Atlanta stopped

winning.

The Mavericks' losing streak reached 17 games Thursday night as the San Antonio Spurs beat Dallas 103-89. Atlanta's winning streak ended at 14 games as they blew a 17-point lead and lost 99-81 at home to the Indiana Pacers.

Dallas is only two losses shy of the club-record losing streak of 19 that the Mavericks set last season as they went 11-71. They can match it Monday at New York if they also lose at Houston on Saturday.

"We've got a long way to go," Mavericks coach Quinn Buckner said. "We have to find some people to play with commitment."

David Robinson scored 30 points, including 13 in the first quarter and 13 more in the third. Dale Ellis added 18 points and Dennis Rodman had 18 rebounds for visiting San Antonio. "A losing streak is scary because

you never know when the team is going to get out of it. Sometimes a team on a losing streak is real loose and can sneak up on you. We didn't 15 shots. want them to be loose tonight," Robinson said.

because the Hawks couldn't hold onto with 6:13 to play.

a huge lead they built in the second quarter. Dominique Wilkins gave the Hawks a 36-19 lead, but the Pacers came back with a 14-0 run.

"The streak had to end sometime," Hawks coach Lenny Wilkens said. "I just wish it had been on the road, rather than at home."

It was the first loss in 10 games for Atlanta at the Omni. Only 10,551 fans showed up at the 16,510-seat arena.

#### Knicks 108, Lakers 85

At New York, Patrick Ewing broke Walt Frazier's team scoring record of 14,617 points with an 18-foot jumper in the second period.

It wasn't all good news for the Knicks, however.

Starting point guard Doc Rivers twisted his left knee while driving to the basket. He will undergo an MRI exam today.

Ewing finished with 27 points and Charles Oakley had a season-high 21.

## Nets 111, Hornets 95

At East Rutherford, N.J., the Nets limited Charlotte to 37 percent shooting and blocked a season-high

Chris Morris had six of his team-high 19 points in a seven-point Atlanta's streak came to an end spurt after Charlotte closed to 92-86 Alonzo Mourning led the Hornets with 24 points and 13 rebounds.

#### Pistons 97, Bullets 95

At Washington, Joe Dumars took the game into his own hands in the fourth quarter, scoring 16 of his 27 points to send Washington to its ninth straight loss.

Detroit had a 80-76 lead before Dumars made two straight buckets to increase the margin to eight.

Washington got within 90-87 before Sean Elliott hit a jumper. Don MacLean then made a layup, but Dumars hit a 3-pointer for a 95-89 lead.

#### Heat 90, Cavaliers 89

At Miami, the Cavaliers got a scare when Chris Mills left the court holding his chest and had to have an electrocardiogram in the lockerroom. He was later taken to a local hospital.

Dr. Allan Herskowitz, the Heat team physician, examined Mills. "He is not in any distress or danger. They are going to keep him overnight as a precautionary measure and see what the tests show," he said. Steve Smith scored Miami's last

four points, including a 17-foot jumper with 7.3 seconds remaining, to give the Heat the victory.

## **Temple tramples Cincinnati**

PHILADELPHIA (AP) - It's rare 42-30 halftime lead. The lead was as for John Chaney and his players to disagree about anything.

There's no debate about the defense Temple will play - the famous 2-3 zone. There's no discussion about how the offense centers around the perimeter trio of Eddie Jones, Aaron McKie and Rich Brunson. Practice starts at 5:30 a.m. and you better have the right academic attitude; no argument there from either side.

So what do the fourth-ranked Owls and their scowling coach disagree about? How good they are.

"I think we're a Top 50 team," Chancy conceded Thursday night after the Owls dusted No. 17 Cincinnati 88-72. "I don't think we should be in the Top 25. That number is based on last year's team, and this team is not last year's team."

No. It might be better than the one

No. 25 LSU 93, McNeese State 72 Jamie Brando scored 21 points and much as 60-38 before the Bearcats Ronnie Henderson had 20 as LSU (6-2) made an 11-2 run and got within 76-68 with 3:20 left.

In the only other game involving a ranked team, No. 25 LSU beat McNeese State 93-72.

Temple's zone frustrated Cincinnati, which had no offensive success except for the long-range bombing of LaZelle Durden, who was 8-for-17 from 3-point range and finished with a career-high 26 points: It was the junior's first game of the season after missing the first semester. for academic reasons.

easily won at home. LSU (4-0) led by 11 points at halftime and started the second half with an 11-4 run. Lenear Burns added 16 as every player scored for the

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## A.O. THOMPSON ABSTRACT COMPANY

Tigers.

Margaret Schroeter, Owner Abstracts Title Insurance Escrow O. Box 73 242 E. 3rd Phone 364-6641 The Hereford Brand--Friday, December 17, 1993--Page 5



DECK THE HALLS & HIS SHOP TOO by giving the man in your life all the winter help he'll ever want! Prices are reduced just in time for Christmas, but these specials won't last long. Sale ends Dec. 20th.

## All SK TOOLS are now reduced to 15% OFF and guaranteed for life!



hat reached the final eight before losing to Michigan. The Owls opened the season with a 14-point victory at then-No. 3 Kansas.

"I think we're Top 10, definite-" said Jones, who had a career-high 30 points against the Bearcats.

"I think we're Top Five," added Brunson, who had 26 points and seven assists. "I know Coach doesn't, but that's Coach. We just have to come out every night and prove it."

They sure did to Cincinnati. Brunson had five 3-pointers in the first half and the Owls (4-0) took a

## Henderson turns down Yankees

**By The Associated Press** Rickey Henderson rejected a rcturn to the New York Yankees, while Rob Deer and Dan Gladden agreed to take a trip to Japan.

Henderson, who played 4 1/2 seasons for the Yankees, turned down an offer Thursday to rejoin his former tcam. Yankees general manager Gene Michael spent two days in California talking to representatives of the free agent.

"We negotiated and I spoke with Rickey," Michael said in a statement. "We then made what I thought was a good offer. They turned it down so we'll pursue other avenues."





1)

Page 6--The Hereford Brand, Friday, December 17, 1993

## Steelers have backs to wall

PITTSBURGH (AP) - Lose, and they have no chance to defend their AFC Central Division title, no chance to claim home-field advantage throughout the playoffs. Lose, and their only chance at the playoffs is a possible wild card.

But what the Pittsburgh Steelers worry most about losing in Sunday's AFC Central showdown against the Houston Oilers is their edge.

An emotional, tightrope-walking tcam that sometimes resembles the dynasty Steelers of the '70s, and, on less-intense weeks, the do-nothing Steelers of the '80s, these Steelers usually are at their best against the best.

So what will they be Sunday - fired up or fired upon?

"Man, I can see it in the eyes," linebacker Greg Lloyd said. "This is the game we want. It's coming down to the wire. It's either do it now or sit at home in January talking about what you should have done.

The Steelers' best games of the season - wins over New Orleans, Buffalo and Miami - were at similarly critical stages of the season. Their worst games - losses to the Rams,

Broncos and Oilers - were when they were flat and uninspired.

The Steelers know what the Oilers did to them three weeks ago in the Astrodome, beating them 23-3 to wrest the division advantage - at least psychologically - from them. The Steelers haven't been swept in the season series by Houston since 1989, when Pittsburgh avenged those defeats by eliminating the Oilers in the playoffs.

'We've got to be fired up, flying to the ball ... that's the way we've got to play," Lloyd said. "These guys (the Oilers) stand in the way of something we want to accomplish. We've got to put guys on their butts or whatever it takes to win this game."

The Oilers (9-4) haven't won in Pittsburgh since 1989, but they can clinch the division by winning there Sunday. They would lead the Steelers (8-5) by two games with two to play and would own the tiebreaking edge by virtue of a 6-0 division record.

With running back Barry Foster (sprained left ankle) still uncertain, and guarterback Neil O'Donnell's

right arm showing the effects of season-long elbow tendinitis, the Steelers know their offense can't support an emotionally flat defense. No worry there, the Steelers say.

"If Houston isn't ready to play, they're in a lot of trouble," defensive end Donald Evans said. "It's revenge. They'd better be ready."

The Steelers' injury report didn't change Thursday, although all of their injured regulars - except Foster returned to practice. O'Donnell, who sat out Wednesday's practice to rest his arm, ran the first-team offense and threw his normal quota of passes.

Even if Foster can't play - and he hasn't since the first quarter against Buffalo on Nov. 15 - the Oilers' Gary Brown said Pittsburgh's running game doesn't fall off with Leroy Thompson. Thompson has gained 379 yards in four-plus games since Foster was hurt.

Of course, Brown is a little biased - he and Thompson were teammates at Penn State, and they remain close friends.

"He needed an opportunity to play, and he got it," Brown said. "I'm very happy for him."

Somehow the more he talked the

more I listened. Tom Butters is a

Goldsmith said he isn't concerned he

may not have been Duke's first

pick. Just because it took a long time;

it took me a long time to come over

search dragged on for a program that

in 1989 was the co-ACC champion

but has since fallen on hard times.

here and visit," he said.

After a 1 1/2-month search,

"I don't think I wasn't the top

Butters said he felt pressure as the

persuasive guy for one thing."

choice.

1.34	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
8	Movie: It Has	pened One C	hristmas Movie: The Bishop's Wife Cary Grant. *			** Movie: Bringing Up Baby Cary Grant. ***1/2					
0	News	Cops	Against the	Grain	Movie: Per	ry Mason Myste	ery: Case Wic	Vicked Wives News		(:35) Tonight	
6	MacNeil/Leh	rer Newshour	Wash. Week	Wall St.	Bill Moyers	' Journal	Chanukah-Around-World		Stress	the second state	KACVideo .
6	Andy Griffith	B. Hillbillies	(:05) The Un	told West	(:05) The U	Intold West	(:05) The Untold West		(:05) Movie: The War Wage		n (1967) ***
0	News	Wh. Fortune	-	Boy-World	Step by S.	Mr. Cooper	20/20	P. S. C. Star	News	(:35) Cheers	Ent. Tonight
8	Viewpoint	Families	Joy-Music	Family	Everyman		Family Enrichment Series		CCM-TV	CapNews	Take 2
0	Design, W.	Jeffersons	Movie: Scro	oge (1951) Ala	stair Sim. **	•	News		Night Court	ourt Uptown Comedy Clu	
0	News	Married		Diagnosis Murder Shame on You!			Picket Fences		News	<b>Golden Girls</b>	Late Show
8	Roseanne	Murphy B.	Brisco Coun	Brisco County, Jr. X-Files			Star Trek: Next Gener.		Code 3	In Color	Schwinn Bic
	Sportsctr.	Kickoff	(6:56) College Football Las Vegas Silver Bowl - Ball State vs. Utah State Sportsctr.					Sportsctr.	Basketball		
Ø		(1982) Albert		inney, Aileen Quinn. **1/2 Bulkin Trail 700 Club Bonanza							Bordertown
13	Movie: Late-	-		aturday Night	Billy Crystal.	*** 'R'	Movie: Love, Cheat and Steal			Movie: Consenting Adults	
80	Inside the N	FL.	Movie: Lethal Weapon 3 Mel Gibson. *** 'R'				Movie: A Time to Die Traci Lords. 'R'			Sanders	Comedy
8	Movie: Mom	and Dad	Movie: Howa	ards End (1992	) Anthony Ho	opkins, Emma 1	Thompson. Movie: The Last of the Mohicans Daniel Day-Lewis.				
8	Dance Line	Ctry News	Music Video	Album Hour	Music City Tonight			Club Dance		Ctry News	Video
Ð	Mutley	Pet Con.	Wildlife	Nature	Armor	Firepower	World War I	I think of the	Wildlife	Nature	Armor
26	In Search Of	General and and	Time Machin	10	Investigativ	e Reports	Face of Tutankhamun		Evening at the Improv		Time Mac.
80	Unsolved My	steries	LA. Law		Movie: The	he Stranger Within (1990), Kate Jackson **		Jackson ##1/2	1/2 Unsolved Mysteries		Mysteries
28	Hockey Wk.	College Bask	etball Sam H	ouston State a	t Miami	Basketball	Boxing Eric Griffin vs. Ricardo Lopez Baske				Basketball
29	Bugs Bunny's			ball New York		nicago Bulls	NBA Basketball Orlando Magic at Phoenix S			x Suns	
<b>B</b>	Looney	Bullwinkle	Jug Band C	mas	Dragnet	Newhart	M.T. Moore	M.T. Moore	Van Dyke	Lucy Show	Hitchcock
32	Major Dad	Wings	Xmas Train	Yes, Virginia	Movie: Hon	ne for Christma	s (1993) Howa	ard Hesseman.	Movie: The C	auntlet (1977)	**1/2
33	Dos Mujeres.	un Camino	Abrazo Mus		Section States		Se Anunciara		Notici.Uni.	Movie: Bamb	a Sangrienta
35	Homebodies		Ancient Jou	meys	Space	Space	Space	Space	Space	Space	Space
36	Ban. Splits	Scooby Doo		_	Bugs & Dat	ffy	I make the	I There is	Toon Heads	Ban. Splits	Atom Ant

DECEMBER 10

## SATURDAY

EDIDA

14-	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
2	Pony Tales	Umbrella	C. Brown	Quack	Movie: Hone	y, I Blew Up th	Kid 'PG'	Lights	Young Charl	ie Chaplin	Five Mile
4	Mad Scientis	t Toon Club	Wonderland	Bill Nye	Adventure	Dreams	Saved-Bell	Inside Stuff	NFL Live	NFL Footbal	
5	GED	GED	Wash. Week	Wall St.	Sci. Model	Sewing	Quilt	Quilting	Florals	Garden	Gourmet
6	(:05) Bonanza	8	(:05) WCW P	ower Hour	(:05) National Geographic Explorer		Explorer	Sallar Sect	(:05) Movie: A Force of (		e (1979) **
7	Cro	Sonic	Sonic	Addams		Bugs Bunny		C.O.WBoys	Citykids .	Weekend	Wh. Fortune
8	Join In!	Prime Time	Playhouse	Family	Sunshine	Gerbert	Just Kids	TBA	ACTS: Act It	Out	Stories
9	Farm Report	Business	News		Pro Football	Outdoor	Golf Show	Chicago	Soul Train		Wavelength
10	Marsupilami	Mermaid	Garfield and	Friends	Teenage Nin	a Turtles	Dennis	Dinosaurs	College Foot	tball: Div. I-AA	Champ.
13	Dog City	Droopy	Bobby	Eek!	Tiny Toon	Taz-Mania	X-Men	Rangers	Paid Prog.	Exerhealth	Paid Prog.
14	Outdoors	Fly Fishing	Shooter	Chronicles	Nat'l. Trail	Photo Safari	Outdoors	NFL	Skiing	Skiing	Bodybuild.
D	Prince Val.	Madeline	Babar	Babar	Wishkid	My Dog	Baby Races	Big Jake	Skies	Bordertown	Riders
18	Movie: Ben H	lur (1959) Cha	ariton Heston, J	ack Hawkins.	**** 'G'	Part 13	and the second second	(:45) Movie; I	ittle Noises (	Crispin Glover.	Movie: Bud
20	Tintin	Pinocchio	Movie: Summ	er Rental Joh	n Candy. **	Geronimo	Inside the N	FL	Movie: Nece	ssary Roughn	ess 'PG-13'
Ð	(:15) Movie: /	Arena Paul Sa	tterfield. ** 'P								
24	(Off Air)		Backyard	Speed	Remodeling	Mechanic	Outdoors	Fishin'	Sportsman	Outdoors	Fisherman
35	Paid Prog.	Paid Prog.	Nature	Wonders.	Mutley	Animals	Wildlife	Nature	Wings		Bey. 2000
26	Wildlife Myst	eries	Time Machine		Investigative Reports Ame		American Ju	stice	Biography		Movie:
27	Paid Prog.	Paid Program	n.	AND FREE AND	1000	1 Addition 1	Your Child Baby Knows		L.A. Law		Supermkt.
Ð	Trainer	Drive	Winter Speed		Week I-AA	Wk. in SWC	T. Barone	Vardeman	So. Style	Recruiting	HS Football
Ð	Movie: Coron	er Creek	Hondo	ndo How th		t Was Won	Movie: The Broken Chain		(1993) Pierce Brosnan.		Movie: Fort
30	Doug	Rugrats	Muppets	Muppets	Kablooey	You Do	Guts	Salute	Fifteen	Crazy Kids	Looney
32	Paid Prog.	Paid Prog.	Proline	Hollywood	WWF Mania	Wrestling	MacGyver		Movie: Bad News Bears Br		reak Tr.
33	Lente Loco	Cantinflas	T.V. O	0.000	Carrusel de l	as Americas	Chapulin	Chapulin	Johnny Canales Telema		Telemusica
B	Paid Prog.	Paid Prog.	Gardening	Cooking	Yan Cooks	N. Dupree	Chocolate	Laurie	Gardening	Furniture	Home Pro
36	Tom and Jer	om and Jerry		Moxy Pirate		Wacky Races		Yogi Bear	Super Adventures		Section 14
-	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
2	Five Mile		in the Barrens			in the Barrens		Shiny Year	4.00		the Love Bug
4			er Broncos at			Basketball: Hoop-It-Up		Gymnastics:	U.S. Champ	News	News
5	Old House	Workshop	Hometime	Driver	Cars	Kitchen	Rugs	Distant Lives		In the Mix	
6	Movie:		The Octagon (								na
7			state at North C		Golf: Johnnie Walker Wo					ABC News	News
8	In Faith	Ideas	Nature of Th		Sullivans	Campbells	Spirit Bay	Jessy Dixon		Americas: F	
9	Energy	Saved-Bell	Dreams	Star Search		Fame	Tehnu and	Beat the Chi		Lifestyles-Ri	
10			ivision I-AA Ch		NFL Today	-	Dallas Cowbo	the second se	the second s	Testestines.u	1
B	Snack		ty in Pink (1986				equin (1987) /			Star Trek	and pro
-				the second second second		True tree means		The second		and then	and the second second

## GOLDSMITH

won four conference games during his tenure and finished no better than seventh in any of his seasons.

The emergence of Goldsmith was a surprise since he publicly stated two weeks ago he wasn't interested in the job and would remain at Rice, where he built the Southwest Conference program into a winner.

After Goldsmith showed no interest in the job, Virginia offensive coordinator Tom O'Brien, former Cincinnati coach Tim Murphy and William & Mary's Jimmye Laycock became Duke's top candidates.

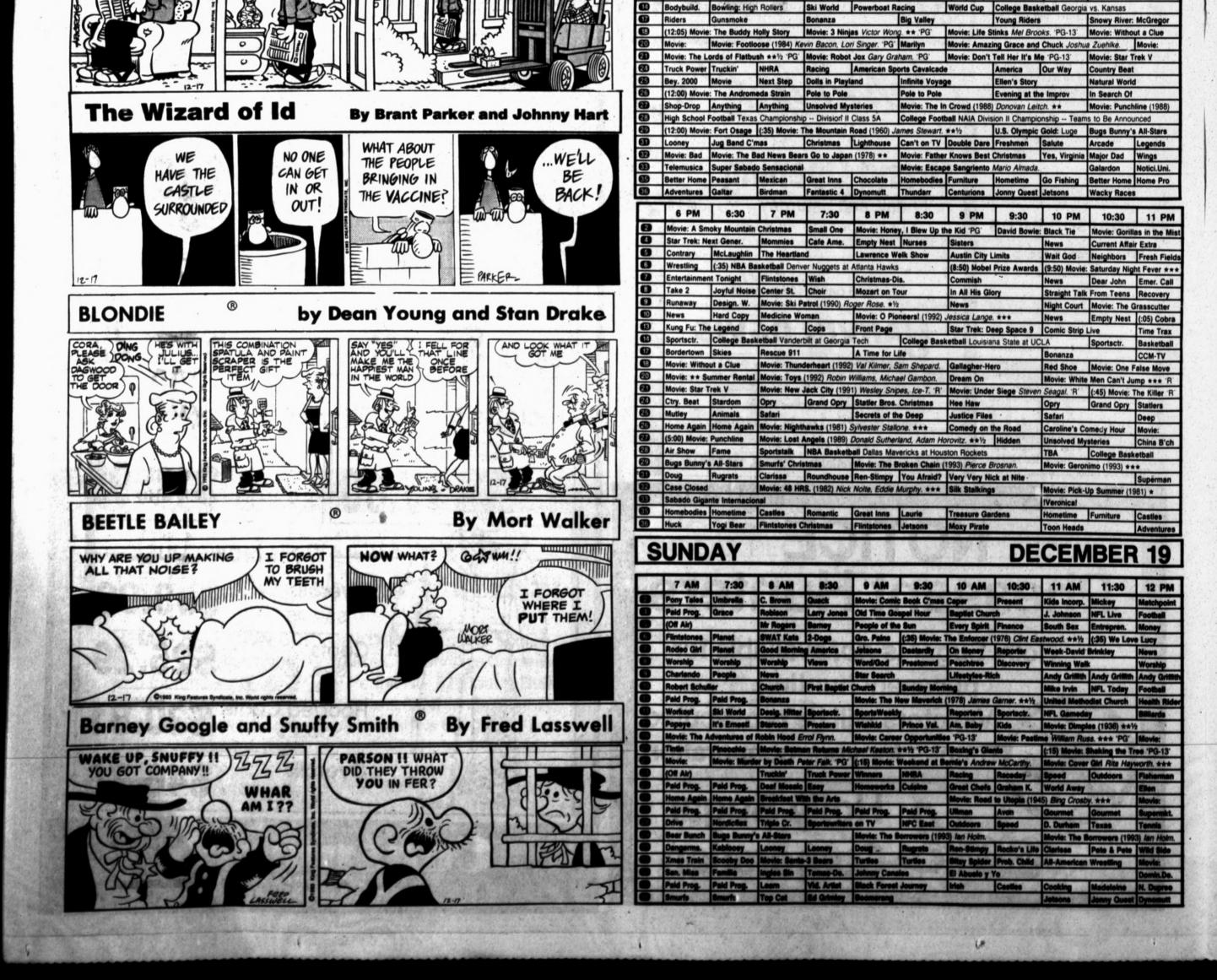
However, each of those interviews resulted in a dead end.

Over the weekend, Goldsmith said he called Duke athletic director Tom Butters to thank him for showing interest and to two started talks again.

One thing led to another and Goldsmith visited campus Monday, then signed a five-year contract Thursday.

"I always looked up to Duke," said Goldsmith, who was 23-31-1 at Rice but posted back-to-back 6-5 seasons in 1992-93. "I never was at peace about not coming to visit Tom.

Comics Marvin **By Tom Armstrong** JENNY! YOUR AUNT RACHEL SENT US ANOTHER ONE OF HER HOMEMADE FRUITCAKES!



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## **Tipster says bodies buried on farm**

fruitless search for the bodies of four people believed to have been murdered 30 years ago has led to yet another search.

The FBI says it has been searching for and finding relatives and descendants of Clifford Briggs, whose family lived on the Denton farm where a tipster says the victims' bodies are buried.

Briggs died in 1981, relatives said. About 20 law enforcement officers with heavy equipment had been believe that this also might have an searching the five acre tract where a effect on her memory," he said. woman said in letters to the FBI and However, the questioning of Denton County officials that she witnessed four murders in the early 60s.

Denton County Sheriff Weldon Lucas suspended the search late Thursday after officials conducted several interviews with the woman,

DENTON, Texas (AP) - The who had not been identified until then. The investigation will continue as officials try to determine the "viability of the information received," Lucas said.

"After interviewing the witness and associates of the witness, we are evaluating her reliability because of reported extreme emotional crisis," Lucas said in a written statement.

"We also have learned that the writer was a preschooler at the time of the incident she described, and we

However, the questioning of Briggs' relatives and neighbors continues.

"The family has been very cooperative and under very trying circumstances," FBI Agent Douglas J. Domin said.

Weldon Burgoon of Denton,

whose family lived across East quite certain that she is the same McKinney Road near the Briggs person." farm, described the area in the early 1960s as "poor, worked-out land."

Investigators have speculated that the murder victims may have been transient workers, but Burgoon said that no one in the area had hired transient farm labor.

"There wasn't all that many people out there, and there wasn't much farming," he said. "The land was all worn out. People kept a cow or two and maybe did just a little bit of truck farming to get by."

Before the search was called off Thursday, the woman who wrote three letters detailing the slayings finally came forward.

"The woman contacted the FBI and said she was the author of the letters," Lucas said. "We have interviewed her by phone and are

The search for the victims, who authorities believe are blacks and were targets of a "hate crime," began Wednesday. Officers from Denton County, the FBI and the Texas Rangers were involved, using trained dogs and special radar equipment to scan five acres for possible human remains. Lucas said the department planned more extensive interviews, and FBI

agents were en route to question the woman at an out-of-state location. He said agents were scheduled to interview her Friday morning. Lucas declined to give the woman's name, current residence or

age. He said the FBI received two letters and the Denton County Sheriff's Department got the third within a 20-day period.



## Special Christmas gift

Santa Claus presents a tape recorder to one of the students in the Shirley Intermediate School program for the profoundly handicapped. The recorders and easy-to-operate switches were given to the five students from an anonymous \$500 donation made to the class, which enables the students to have a tape recorder to take home. The class is taught by Marge Bell.

## Santa comes early for five local disabled students

Santa Claus came early for come home. local students, as an anonymous donation provided communication devices for five disabled school well. students.

Marge Bell, who teaches the Severely and Profoundly Handicapped Unit at Shirley Intermediate able to take donated motorized toys School, said the donation enabled her to purchase tape recorders and special switches for the five students in her those items would also be appreciatclass

While the program has had the recorders in class all year, the and its work, call Mrs. Bell at 363students were not able to take them 7673.

Now, however, each child can use them to communicate at home as

Mrs. Bell said the class is made up of five students ages 14 to 21.

She noted that her husband also is and adapt their switches for use by the students and that donations of ed.

For more information on the class

## **Full-timing RV couple** claim money-savings

#### **By MIA B. MOODY** Waco Tribune-Herald

necessary to go into debt full-timing it in a recreational vehicle. Barb and Ron Hofmeister, who have lived in one for about 4-1/2 years, said they have saved money.

The biggest expense for them was the initial cost of the recreational vehicle, which was about \$60,000. The average cost of a new RV is \$40,000 to \$50,000.

The price of living on the road is as varied as the amenities offered, the maintenance and medical expenses couple said. Each year, they budget also have to be included. \$175 per month for campground fees and they have found this excessive The Hofmeisters give a detailed description of their expenses in their because public park fees, membership parks and occasional free parking offset the cost of luxury parks.

"Many full-timers may think \$175 is excessive if they boondock, or camp free, out of necessity or for

necessities such as groceries, fuel, half spending less.

insurance, clothing, repairs, conveniences of most homes, such as WACO, Texas (AP) - It is not a kitchen, living area, storage space, a large refrigerator and a microwave.

He said shoppers should also make sure they buy a vehicle that is trouble-free so they don't have to make frequent repairs.

Jerry Harrison, owner of Mack's Camper Sales in Robinson, said people who are thinking about full-timing it should make sure they buy a vehicle that has all of the

book, "An Alternative Lifestyle," which offers tips on living full time in an RV. They estimate they spend about \$1,050 per month on basic monthly expenses and about \$1,695 per month on discretionary expenses.

fun," Ron said. Most full-timers add to their more or less based on their lifestyles. budget costs for a mail-forwarding They tend to keep their expenses in service and computer voice mail or a middle range with about half of cellular phone service. The basic full-timers spending more and about

## **Copperfield wants to try** to do away with Alamo

SAN ANTONIO (AP) - Illusionist David Copperfield, who has walked through the Great Wall of China and made the Statue of Liberty disappear, now is setting his sights on doing away with the Alamo.

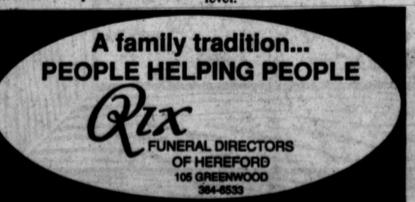
away with the Alamo. For a few minutes, anyway. The performer says he is consider-ing making the Shrine of Texas Liberty disapoear during his 15th anniversary special on CBS in May. "The Alamo is such a great icon of American history... now it may be time for it to vanish!" the 37-uear old magician said in Tuesday's

year-old magician said in Tuesday's San Antonio Express-News.

Even more difficult than making the Alamo appear to disappear may be enlisting the cooperation of the Daughters of the Republic of Texas, the official custodians of the historic battle site.

"We try to stay away from a circus-like presentation," said DRT President Gail Barnes, an Odessa resident. "At first thought, it would seem it would have that implication. But I certainly am willing to listen to his presentation."

Copperfield promised his illusion would be conducted "on a classy level."



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# Ann Landers

DEAR ANN LANDERS: I knew it would happen one day, and it finally did--in Westport, Conn. I am referring to the bride and groom who ended up fighting after he shoved a piece of wedding cake in her face.

According to a newspaper account, everything was lovely until the cakeshoving incident at the wedding reception. When the groom started to get a little too rambunctious (like smearing the bride's face with frosting), she told him to "take it easy." He paid no attention to her, and the "game" got rougher. Finally, it escalated into a full-blown fight, and the police were called. The bride was served a summons, and her husband, who had already left the premises, received his summons the next day.

I recall reading something similar in your column a few years ago. You said it was "a terrible custom rooted in hostility" and that no loving couple would do such a thing. Please comment further .-- A Florida Fan

there is nothing funny about smashing a piece of cake in someone's face.

I would be interested in knowing whether that Westport couple split up over the incident. A groom who would shove cake in his bride's face is capable of substituting his fist if things don't go his way. Can anyone give me an update?

**DEAR ANN LANDERS: You** often urge your readers to be organ donors or give their bodies to medical science.

My mother always wanted to donate her body to science and had stipulated this in her will. Unfortunately, she suffered a stroke at age 84 and never recovered. My sister and I discussed Mom's wishes with her doctor and were told, gently, that Mom was "too old" for any of her body parts to do anyone any good.

Under stress, it is difficult to think clearly, and one is not inclined to second-guess the physician. So, we accepted the doctor's statement without question. Later, we learned DEAR FLORIDA: In my opinion, that what he had told us was incorrect.

Are you aware of any guidelines used by doctors and medical schools regarding the donation of one's body for research? We are terribly sad that our dear mother's last wish was not fulfilled because the doctor misinformed Please set the record straight .--Bonita Springs, Fla.

DEAR BONITA: I asked Dr. Daniel Goodenough at Harvard Medical School to "set the record straight." He said that whether or not a body is suitable for medical research depends on what type of research is being done. In major medical schools, almost all bodies are useful for research or teaching purposes -- even bodies that are very old or ridden with cancer.

It is inefficient and costly, however, to move human remains around the country in order to donate a body to a major medical school. It is much more practical to ask your physician about the research needs of a school in your community. Your doctor can then let you know if your body would be suitable and how to make arrangements.

I have stated in my will that when die. I am donating my body to Harvard Medical School. The problem is that some of the doctors there want it now.

Gem of the Day: As you climb the ladder of success, check occasionally to make sure it is leaning against the right wall.

Drugs are everywhere. They're easy to get, easy to use and even easier to get hooked on. If you have questions about drugs, you need Ann Landers' booklet, "The Lowdown on Dope." Send a self-addressed, long, businesssize envelope and a check or money order for \$3.65 (this includes postage and handling) to: Lowdown, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

**DEAR ANN LANDERS:** The enclosed Associated Press Story appeared in The Westerly Sun in Westerly, R.I. I hope you will find John Delgado's story as uplifting as I did and that you will share it with your readers. What an inspiration! --Shannock, R.I.

DEAR R.I.: I did, and I shall. Here

**Onetime Drunk Finds** New Life as a Lawyer Once he was a street drunk, an ex-

con begging for money to buy wine. At 44, widowed and estranged from his children, John Delgado gave up drinking and got a job as a school janitor. That was 1972. In 1975, he signed up for his first college class.

Last Thursday, at age 66, he was sworn in as a lawyer, capping a struggle that saw him, in the words of retired state Supreme Court Justice Robert Glass, crawl out from "the human junk pile."

"This is indeed a miracle," said Glass. "I knew you 40 years ago. The 'experts' would have predicted you'd be dead by now. But you turned yourself around."

Delgado received a standing ovation from an overflow crowd of family, friends, lawyers, teachers, ministers and fellow recovering alcoholics who jammed into every seat in Superior Courtroom.

They should bring all the people from their cells to see this," said Court Clerk Catherine Capuano, who was moved to tears. "He's an inspiration."

After Judge Francis McDonald swore him in as a lawyer, an overwhelmed Delgado quietly thanked all who helped him. "I thank God and all the people that God put in my life to reach my moment here," he said, as he glanced over at his mother, Ruth Otcy, 89. She blew him a kiss.

'I will be a Poor lawyer but I hope a GOOD one," he added.

Delgado, a Korean War veteran, was a school janitor at Slocum School when he decided to start college. He graduated from Mattatuck Community College and then went on to get a law degree from Vermont Law School in 1987. He was 59. He passed the bar exam on his 10th try.

Delgado survived the scrutiny of the bar-examining committee, which examined his past, including time in prison for attempted robbery and other fclonies. His record was wiped clean in 1988 by the state board of pardons.

"Never have I attended a swearingin ccremony with a greater outpouring of affection from the community," said Herbert Emanuelson Jr., a Madison attorney on the bar committee that reviewed Delgado, "He is a remarkable person."

dollars in student loans, has no job lined up. He said later he intends to rest a few days and then start looking. Anthony Vitarelli, a professor at

lattatuck Community College in the late 1970s when Delgado first went to school, called the ceremony "a final good chapter in a remarkable life. Education is the key. John is a positive role model."

Glass, state Rep. Reginald Beamon and several other speakers said

Of course, the most important

element is the people who are there,

but imaginative decorations also add

the table into a still-life with dishes

of different heights. Overturn a few

boxes and wrap them in holiday paper

or drape tablecloths over them to

create levels or use overturned

baskets as pedestals for serving bowls

decorating ideas that can be made

children's toy dump trunks lined with

napkins or from brightly colored tins

to 1/2 inch thick layer of ready-to-

spread frosting and then press freshly

popped popcorn into the surface to

make popcorn trees. Display on a

platter or mat to prevent grease stains

decoration by sticking sprigs of

evergreen into a styrofoam base, and

decorate it with sprigs of baby's

breath and gum drops as ornaments.

with gold and/or silver paint. Mound

-Spray nuts, pine cones and gourds

-Make a cookie wreath table

-Bake "ornament cookies" by

decoration by gluing cookies with

rubber cement to a styrofoam base.

placing a halved toothpick into the

top center of cookies while they bake,

-Create a tree centerpiece or wall

quickly and inexpensively:

for a whimsical look.

on a tablecloth.

holly or evergreens.

Here are some presentation and

-Cookies can be served from

-Coat styrofoam cones with a 1/4

For a dramatic buffet table, turn

to the event.

or platters.

Delgado, who owes thousands of Delgado should tell his story in innercity schools and even prisons. It would surely inspire youths who might otherwise give up hope of attaining their dreams.

> 'We knew him as Johnny," said Rev. Roger Floyd, who had a street ministry in the late 1960s. "Persistence and faith brought him a new life. What John was in the past is long over. What's important now is how far he's come."

New ways to fete season Good food is only one part of a or ribbon can be gently pulled through the hole once the cookies are memorable New Year's Eve party.

baked. -Make a vegetable wreath for the kitchen by covering a round ring with sphagnum moss and then attaching red and green chili peppers, brussels sprouts and radishes to it with florist wire.

-Frost grapes, pears and apples by rolling them in lightly beaten egg whites and into granulated sugar. Frosted fruits are lovely arranged on a pedestal cake plate or bunches of frosted grapes can be attached with florists picks or skewers to a conical foam base to form a tree. (Because the egg white used for the frosting process in uncooked, the fruit should not be eaten.).

-Cut a slice off the bottoms of bright red or green apples and then cut a section of the core form the topa thin core to hold slender tapers or a larger core suitable to hold a votive candle. Rub the hollowed out section with lemon juice to prevent discoloration. Use the apples as candle holders around the table and all over the house.

-Create a garland for a table centerpiece, using greens interspersed with lemons, limes and small apples. Place a pineapple in the center.

-Write guests' names on holiday them in a crystal bowl edged with cut-out cookies with icing and use them as place cards or gift tags.

> -Use holiday cookies to decorate or garnish a cake.

You can use white shoe polish to touch up soiled areas on blind tapes between washings.

with lasting diamonds For centuries, the diamond has been number ten is a magical number. It

Celebrate anniversary

an enduring symbol of love. In fact, unquestionably follows that couples in medieval times, the Italians believed it maintained harmony between a husband and wife.

Today, a diamond still represents timeless love, particularly when given on a milestone occasion like the tenth anniversary. A growing tradition among couples reaffirming their commitment to one another on their tenth anniversary is the gift of a diamond anniversary band.

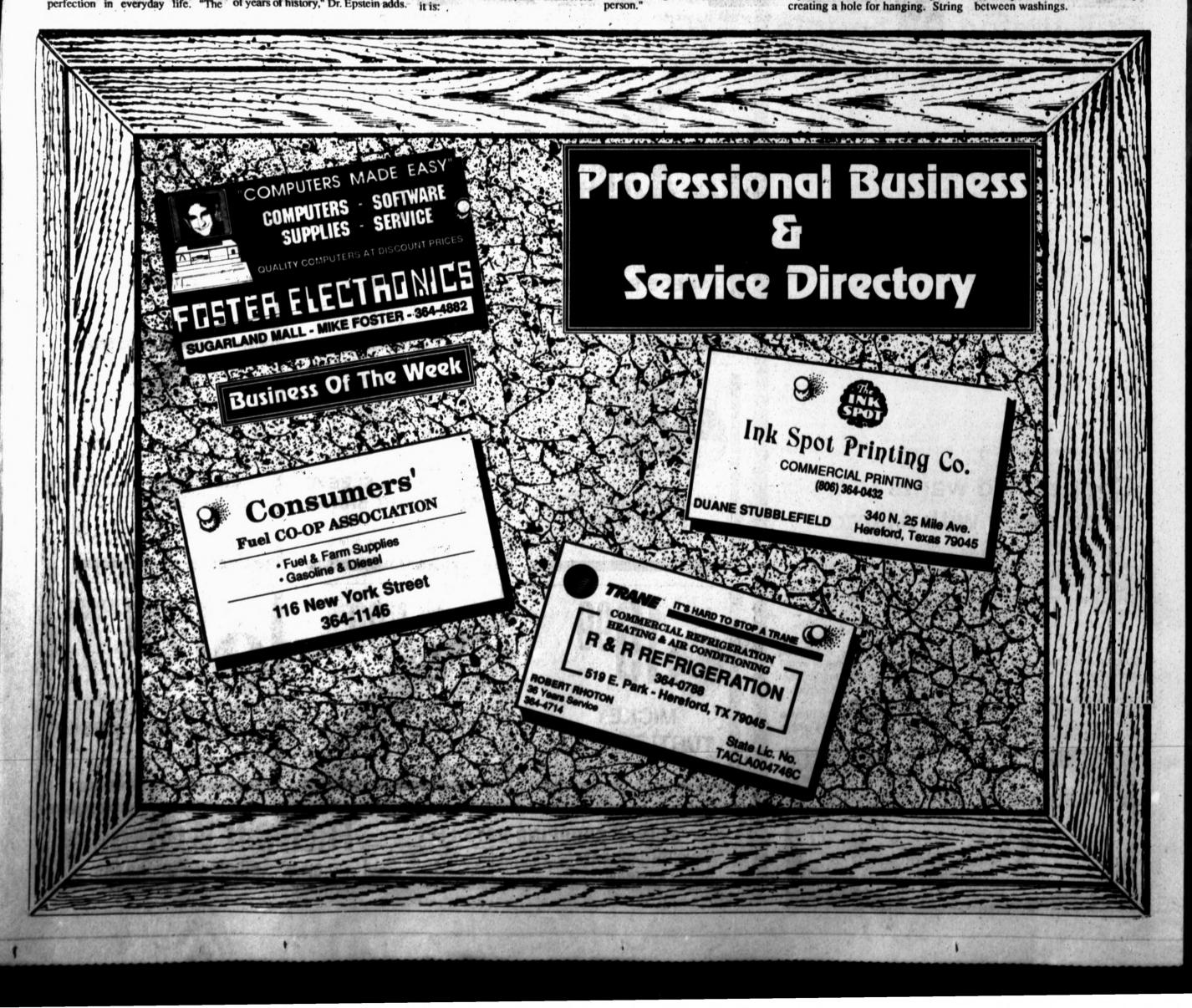
Why is the number ten so symbolic? According to Gerald Epstein, M.D., Assistant Professor of Clinical Psychiatry at New York City's Mt. Sinai Hospital and a devotee of the Western spiritual numerological tradition, it may stem from the ancient study of numerology, where number one means unity and zero means wholeness. Together, they mean perfection in everyday life. "The

who are celebrating their tenth anniversary are participants in an ancient magical tradition commemorating this concept of perfection," says Dr. Epstin.

As the diamond is the most brilliant and hardest gemstone on earth, a diamond anniversary band is the ideal gift to represent the enduring love and respect that accompanies ten years of marriage.

Diamond anniversary bands come in a variety of styles. The most popular is a single row of matched round stones either halfway or all the way around the band.

"The tenth anniversary is a spiritually important time in a couple's life and should be enjoyed and treated with the respect of thousands of years of years of history," Dr. Epstein adds. it is:



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HEREFORD'S DEVOTIONAL PAGE

# HEREFORD





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\$2450.00. Western Ford, 364-3673. 25601 For sale '78 Red Corvette with	available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770	TAX SEASON EARN \$500-\$1500/wk	Problem Pregnancy Center Center, 505 E. Park. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290	372-4210
1-10ps. Asking \$7500.0. Call 364-7073. 25610	Best deal in town, furnished 1.	Will train. Call 3-REFUND		LEGAL NOTICES
1986 Chevy Astro Van. Owner will finance. 364-6896. 25611	bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566.	<b>ID РНОТО</b>	Hereford supermarkets and grocery stores advertise in the pages of the Hereford Brand.	The Commissioners Court of
MUFFLER SHOP CROFFORD AUTOMOTIVE Free Estimates	Nice, large, unfurnished apartments.	ence needed. Earnings up to \$12.00 per hour. For info to start immediately 1-800-685-9303.	grocercies at one of Hereford's fine supermarkets!	Deaf Smith County will open proposals at 9AM on January 24, 1994 in the Courthouse for general insurance coverage (fire,
For All Your Exhaust Needs Call: 364-7650				hail, E.C. auto, liability etc.) for the one year beginning February 21, 1994. Specifications of needed
4. REAL ESTATE	Self-lock storage. 364-6110.	Position For RN & LVN. Good benefit package. Competitive salary. Kings Manor Methodist Home, 400 Ranger	Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and	coverage may be obtained from the Country Treasurer's Office in the Courthouse. The Commis-
Northwest of Westway Community. \$2,000 down \$141.22 per month.	Eldorado Arms Ants 1 & 2 hadroom	Drive, Hereford, EOE. 23745	insurance discount. For more information, call 364-6578. 700	sioners reserve the right to reject any and all proposals.
residence 364-4125. 25329	furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873	Golden Plains Care Center is in need of a part time LVN. Pleasant working conditions. Competitive hourly rate.	Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970	
1 3/4 bath, utility, study, builtin appliances, NW area. Low 50's.	Efficiency, stove, fridge, water paid, \$159/monthly, 364-4370 25440	Hereford Care Center now hiring	Garage Doors & Openers Repaired.	Comprehensive coverage of local news, social events, sports and happenings in Deaf Smith County is yours ONLY in The Hereford Brand. Good news and good advertising go
For Sale - Nice 2 bedroom house, 2 bath- rooms, good location.	For rent 3 bedroom brick 1 1/2 bath Call 293-5637 25545	LVNs, CNAs, all shifts, also Saturday RNs, 231 Kingwood. 25455		together. Large ads or small ads pay off in The Brand!
Call 364-3776.				
Large, quality, 2 bdrm., brick home, just outside city limits, on S. 385. Will need new loan. 364- 1792 or 364-4194.	For rent 3 bedroom house in country. \$225/monthly, \$100 deposit, 364-5337. 25571			
FOR SALE BY OWNER Northeast Hereford. 3 bedroom, 2 bath, one car garage, fireplace,	condition with fenced yard and beautiful		Y Y III	
large living area, large kitchen, utility room, non-qualifying assumable loan. 364-2808	For rent 2 bedroom house, fenced, \$175 monthly, \$100 deposit, Call 364-4744, 25609			7101
All real estate advertised herein is subject to it illegal to advertise any preference, limitation of sex, handicap, familial status or national origin limitations or discrimination. State laws forbid discrimination in the as on factors in addition to those protected under	to the Federal Fair Housing Act, which makes or discrimination based on race, color, religion, in, or intention to make any such preferences, ale, rental or advertising of real estate based or federal law. We will not knowingly accept	TANK CHART	in the Hereford Brand.	ified to work for you
	For sale '78 Red Corvette with T-Tops. Asking \$7500.0. Call 364-7073. 25610 1986 Chevy Astro Van. Owner will finance. 364-6896. 25611 MUFFLER SHOP CROFFORD AUTOMOTIVE Free Estimates For All Your Exhaust Needs Call: 364-7650 A. REAL ESTATE For sale: 10 acres of land 1 1/2 miles Northwest of Westway Community. \$2,000 down \$141.22 per month. Contact J.L. Marcum at 364-0990 or residence 364-4125. 25329 By owner: Good condition, 3 bedroom, 1 3/4 bath, utility, study, builtin appliances, NW area. Low 50's. 364-8440 25375 For Sale - Nice 2 bedroom house, 2 bath- rooms, good location. Call 364-3776. Call 364-3776. FOR SALE BY OWNER Northeast Hereford. 3 bedroom, 2 bath, one car garage, fireplace, large living area, large kitchen, utility room, non-qualifying assumable loan. 364-2808	Garden Apts. Bills paid. Call 364-6073.   For sale '78 Red Corvette with T-Tops. Asking \$7500.0. Call 364-7073.   1986 Chevy Astro Van. Owner with finance. 364-6896.   1986 Chevy Astro Van. Owner with finance. 364-6896.   1986 Chevy Astro Van. Owner with finance. 364-6896. <b>MUFFLER SHOP</b> <b>CROFFORD ALTOMOTIVE</b> For Sale: 10 acres of land 1 1/2 miles Northwest of Westway Community. \$2,000 down \$141.22 per month. Contact J.L. Marcum at 364-0990 or residence 364-4125.   For Sale: 10 acres of land 1 1/2 miles Northwest of Westway Community. \$2,000 down \$141.22 per month. Contact J.L. Marcum at 364-0990 or residence 364-4125.   By owner: Good condition, 3 bedroom, 1 3/4 bath, utility, study, builtin appliances, NW area. Low 50's. 364-8440   Large, quality, 2 bdrm., brick Northeast Hereford. 3 bedroom, 2 bath, one car garage, fireplace, utility room, aon-qualifying assumable loan. 364-2808   FOR SALE BY OWNER Northeast Hereford. 3 bedroom, 2 bath, one car garage, fireplace, utility room, aon-qualifying assumable loan. 364-2808   For rent 3 bedroom house, fenced, \$175 monthly, \$100 deposit, 364-7337. 255/1   For lease - Nice 3 bedroom house, fenced, \$175 monthly, \$100 deposit, 264-41744, 25603   For rent 2 bedroom house, fenced, \$175 monthly, \$100 deposit, Call 364-4744, 25603	For sale '78 Red Corvette with 364-7073. Carden Apts. Bills paid. Call 364-661. TAX SEASON 500-51500/wk Will train. Call 3-REFUND   1986 Chevy Astro Van. Owner with finance. 364-6896. 25011   1986 Chevy Astro Van. Owner with finance. 364-6896. 25011   MUFFLER SHOP CROFFORD AUTOMOTIVE For All Your Exhaust and 200 block West 2nd Street. 364-3366 D PHOTO   Muster Less Total and the state of the state of the state of the state and the state of the state of the state and the state of the state and the state of the state and the state of the state of the state and the state of the state of the state of the state and the state of the state and the state of the stat	Garden Aps. Bills paid. Catl 364-507. TAX SEASON Science 3.0 </td

Glassifieds

You are hereby notified that HEREFORD GRAIN CORPO-RATION has applied for renewal of Texas Natural Resource Conservation Commission (TNRCC) Air Quality Permit No. 5246 to continue the operation of a Bulk Fertilizer Blending Plant in Hereford, Deaf Smith County, Texas. The location of the facility is 600 West First Street. This facility will emit the following air contaminants: Particulate matter from the handling of bulk fertilizers.

A copy of all materials in the public file is available for inspection and reproduction at the TNRCC Amarillo Regional Office, Air Program, located at 3918 Canyon Drive, Amarillo, Texas 79109-4996, Telephone (806)353-9251, and at the TNRCC Central Office, Office of Air Quality, 12124 Park 35 Circle, Building C, Austin, Texas 78753, telephone (512) 908-1000. The facility's compliance file, if any exists, is available for public review in the regional office of the TNRCC. Inquiries about the permit application and any information concerning any technical aspect of this applica-tion can be obtained by writing Richard Hyde, TNRCC Office of **Air Quality New Source Review Program in Austin or the TNRCC** Amarillo Regional Office.

You may submit written comments concerning the permit renewal to the Office of Air Quality, New Source Review Section in Austin. All written comments received within 15 days after the second publication of this notice shall be considered by the Executive Director in determining whether to renew the permit. All written comments will be made available for public inspection at the TNRCC Central Office in Austin. This notice is to be published on December 17, 1993 and December 19, 1993. Any person who may be affected by emissions of air contaminants from this facility may request the Commission to hold an informal public meeting and/or contested

day comment period regardless of whether an informal public meeting has been held or scheduled on this matter. If you wish to request a public hearing, you must submit your request in writing. You must state (1) your name, mailing address and daytime phone number; (2) the permit number or other recogniz-able reference to this application; (3) the statement "I/we request a public hearing"; (4) a brief description of how you, or the persons you represent, would be adversely affected by the granting of the application; (5) a description of the location of your property relative to the applicant's operations; and (6) your proposed adjustment to the application/permit which would satisfy your concerns and cause you to withdraw your request for hearing. Requests for a public hearing on this application should be submitted in writing to Bill Ehret, Assistant Chief Hearing Examiner, Texas Natural **Resource Conservation Commis**sion, P.O. Box 13087, Austin, Texas 78711-3087, Telephone (512) 908-1772.

Before a permit can be renewed for this facility, the applicant must demonstrate that all emission sources are in compliance with all TNRCC air quality **Rules and Regulations and all** applicable Federal Regulations.

## AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different. CRYPTOQUOTE 12-17

UYHD: OUJLCZUF LCOI	
XOSYD O HPXOU DOJ	•
"EPT CYOIYU'D DOSY."	
- Y M F O T H O L D P U C P H Y Yesterday's Cryptoquote: WHAT I LIKE ABOUT HOLLYWOOD IS THAT ONE CAN GET ALONG BY KNOWING TWO WORDS OF ENGLISH - SWELL AND LOUSY VICKY BAUM	Г 7

い SUNSET MOCKTAILS The Hereford Brand

364-2030

**YOU'RE** 

GOING THE RIGHT WAY

WITH THE

DEAR DR. LAMB: My husband is under the brain. 53 years old. He is physically active, walking eight to 10 miles every other day, plus tennis and workouts. His general health is good, but for the past three years he has been taking evaluated for other causes. A com-Armor thyroid medication for a low thyroid condition. Since then, we have arteries to the penis that normally had problems in our sex life. He says even though he feels the need for sex he cannot get an erection. Twice while

finish Is this a side effect to the medicafrom the veins. Or he could have tion he is taking, or is it a sign of a damage to the nerves that stimulate further medical problem? He will not the increased circulation from undiscuss it with a doctor, but if he sees recognized diabetes. Some medicayour answer he might seek help.

having sex he went soft and could not

DEAR READER: Men are often sure can cause it. If an alcohol habit embarrassed about impotence partly is not stopped soon enough, it can because it was believed to be "all in cause permanent impotence. your mind" until recent times. Most men with such a problem were doctor and have an adequate evaluahustled off to a psychiatrist and sustion. Such an evaluation can be quite pected of having deviant tendencies. complex. I have discussed what such This was a great disservice to men an examination should include in because it is now accepted that most Special Report 125, Impotence, Precases of impotence in experienced mature Ejaculation and Peyronie's males are caused by a medical prob-Disease, which I'm sending you. Othlem. Impotence should not be ignored

The Hereford Brand--Friday, December 17, 1993--Page 11

## Start a fun new holiday tradition with mocktails

The holidays are well underway, steeped in all the traditions unique to this time of year. But a new tradition is becoming popular across the country. More and more Americans are reducing their consumption of alcohol at holiday parties.

This new tradition is a delicious one, thanks to mocktails. Mocktails are cocktails without the alcohol. They are just as festive as any bar drink and make any holiday occa-

sion merry. Instead of relying on liquor for flavor, mocktails get their savory flavor from full-bodied beverages such as "V8" vegetable juice. Mixers can include anything from seltzers to spices to fruits. The Sunset Mocktail, for in-

stance, adds pizzazz to any party. Horseradish and Worcestershire sauce give a spicy kick to V8 juice. The V8 juice offers a double 10-ounce gl advantage: No alcohol and a 4 servings.

serving of vegetables in each sixounce glass.

Serve the Sunset Mocktail with Bubbling Cheese Bread. Spread mayonnaise on sliced French bread, then sprinkle with mozzarella cheese, Parmesan cheese and onion powder. Broil until bubbly and lightly browned. Sunset Mocktails and bubbling Cheese Bread are delicious was to celebrate the holidays and ring in the New Year.

#### SUNSET MOCKTAIL

3 cups chilled "V8" vegetable juice or no salt added "V8" vegetable juice

1/2 teaspoon prepared horseradish 1/2 teaspoon Worcestershire sauce

In a small pitcher, stir together all ingredients.

To serve: Pour over ice cubes in 10-ounce glasses. Makes 3 cups or

Ask Dr. Lamb

Thyroid hormone should not cause

impotence. But if your husband is

not getting enough thyroid hormone

that could be a factor. He should be

mon cause is obstruction of the small

allow blood flow to increase upon

In young men, such as your husband,

there is also the possibility of a defect

that allows a rapid run off of blood

tions used to treat high blood pres-

Your husband should talk to his

DEAR DR. LAMB: For over a year I have had amenorrhea. I had lost weight in the past, however, I am now of average weight. Blood tests don't seem to reveal any problems. I skip over four months. Also, I have taken up moderate exercise.

Initially, I was put on oral contraceptives to alleviate the problem and had regular menstruation. Howstimulation and cause the erection. I ever, once off them, I am again missing menstruation some months. I lead an active life, am health conscious and follow a very low-fat diet. Is my diet and exercise the cause?

> DEAR READER: It is one possibility. Women in the childbearing years who do not have an adequate diet, and are particularly if thin from exercise, may stop menstruating. But once they regain weight and follow an adequate diet, the normal cycle recurs.

> Secondary amenorrhea (oligomenorrhea) may also be caused by abnormal function in the brain mechanism, an increased production of prolactin (the hormone that stimulates milk production) or excess male hor-



Page 12-The Hereford Brand, Friday, December 17, 1993



DEAR DR. LAMB: In one of your dominal cavity tends to push the columns you mentioned using a vaginal tampon to lift the bladder and urethra. I have had a problem with leakage from the bladder for some time. I tried a tampon and got immediate relief from my incontinence and frequent urination.

However, I am concerned about toxic shock syndrome. If I used a tampon only four or five times a month for five or six hours, is that much risk? Can a pessary be fitted by a doctor? Are there risks involved as with a tampon?

I'm 69 years old and had my uterus and ovaries removed about 21 years ago. Kidney tests and a cystoscopy by urologists revealed nothing. Should I see a gynecologist?

**DEAR READER: Your experience** is a good reminder to women who have trouble with urinary incontinence that simple measures often provide significant help. Intravaginal support devices are useful. Your gynecologist can probably fit you with a special pessary that can be used to support your bladder and urethra. An ordinary tampon may provide enough compression of the urethra to prevent bladder leakage.

There are some often overlooked factors that make bladder leakage worse. The leakage occurs because the urethra or bladder have fallen. This happens because the muscles are relaxed decreasing bladder and urethra support. Gaseous distention, abdominal obesity or anything that increases pressure within the abbladder and urethra down.

Yes, see your gynecologist, but first read Special Report 105, When a Woman's Bladder Leaks; which I'm sending you. Others who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LET-TER/105, P.O. Box 5537, Riverton, NJ 08077-5537. If your incontinence can be controlled with a support device, you may be able to postpone having surgery, or avoid it all together. Also, many women with such problems benefit from hormone-replacement therapy. That restores the cells dependent on estrogen, helping to eliminate vaginal atrophy. If none of these measures discussed in the report are adequate, surgery may be needed. Various medicines can also be used to prevent bladder spasm and decrease an overactive bladder neurologist, gave me Ativan, 1 mg reflex

Modern tampons seldom result in toxic shock syndrome. Changing tampons every day and not sleeping with it inserted should eliminate any such risk

DEAR DR. LAMB: I am a 72-yearold male in good health. My problem is an umbilical hernia. Two different doctors told me they did not recommend surgery unless it became painful. This has not happened thus far, but it is large enough to be noticeable through my shirt. Is the surgery particularly dangerous? I am puzzled why neither doctor recommended surgery

**DEAR READER:** Such hernias through the navel or umbilicus are common in infants. Unless there is evidence of a complication, these are often watched to see if the umbilical ring at the navel closes spontaneously, curing the hernia. But in adults, if it is truly an umbilical hernia, rather than another form of abdominal hernia, many surgeons do recommend surgery. It may depend on the character of the hernia, but in some there is a risk of incarceration and strangulation or the hernia may be ruptured from trauma.

Surgery is not difficult, and a prosthetic mesh can be used in repairing larger hernias. If you are overweight, lose weight. Excess fat in the abdomen increases pressure and makes abdominal hernias worse.

DEAR DR. LAMB: I am having trouble with insomnia. My doctor, a three times a day, and prescribed Sominex with it to help me get some sleep. But I have been having trouble with terrible headaches and hangovers, also staggering, when I get up in the morning.

I do not drink or smoke. I'm a 73year-old male. Please help me with this problem. In addition, I also take Procardia and Glucotrol.

DEAR READER: It sounds to me like you are overmedicated. At best, sleeping pills are a mixed blessing and often create problems if used on a long-term basis. Anyone who wakes up with a "hangover and staggering" needs some changes in what is going on. It is important to know your headache and staggering is not caused by something else. Many older people do not tolerate large doses of sedatives and similar medications.

Many sleeping pills are ineffective after being used for a time. Sominex contains an antihistamine which is a sedative. They decrease one's alertness. That is why patients who must take many of the antihistamine preparations are advised not to drive or do things that require alertness. The Ativan is used for anxiety and depression. The combination may not be good for you.

For elderly or debilitated patients, an initial dose of only 1 to 2 mg a day in divided doses is commonly used and adjusted as needed or tolerated. That is without the added effect of other sedatives. Particularly at the beginning of Ativan's use, it may



## Volunteering adds more meaning to the holidays

Many families looking for more meaningful ways to celebrate the true spirit of the holidays have found one through volunteering.

While all forms of volunteerism can be considered in keeping with the holiday ideals of kindness, generosity and goodwill, family volunteering may be especially well-suited to the season.

One of the most fulfilling aspects of holiday traditions is the chance to spend time with our families," director of The Points of Light Foundation's Family Matters program. "Family volunteering can bring families together in unique and meaningful ways that benefit not only the community at large but the families themselves," she adds. Families who volunteer together say it creates a common bond, a basis upon which to build shared goals and experiences. In a 1993 report to the President, the National Commission on America's Families identified those

values as essential to personal and societal happiness and singled out the family unit as having a critical role in cultivating such values.

Families interested in volunteering during the holidays may like to consider these ideas:

-Open your heart and home - adopt an immigrant family for the holidays; invite an elderly neighbor to a holiday dinner; write and read cards with people who are vision impaired.

-Music and Entertainment - sing carols in a hospice; perform a puppet show in a children's hospital.

-Holiday Meals and Treats - bake cookies for veterans' home residents; assist in serving a holiday meal at a local homeless shelter; assemble holiday food baskets for a local food shelf.

-transportation and Delivery deliver meals to homebound residents; provide transportation for families so they can pick up holiday gifts, food and clothing; deliver winter clothing to families in need.

cause sedation, dizziness, weakness and, uncommonly, unsteadiness 5 (staggering). That may disappear, or decreasing the dosage may eliminate the problem.

You may be able to help yourself by improving your sleeping habits. I have discussed the things people can do with their lifestyle that improves the quality of sleep in Special Issue 36-12, A Good Night's Sleep, which I'm sending you. Others who want this issue can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LETTER/36-12, P.O. Box 5537, Riverton, NJ 08077-5537. Talk to your doctor about your reaction. He needs to know your response to be able to determine what needs to be done for you.

## Many contemporary holiday traditions are started at home

deep, translucent blue of the evening sky is frosted, as snow hovers over. Christmas is indeed coming and the winter chill in the air is almost unnoticed in the merry bustle of the holiday season.

Buildings don their yuletide finery, as garlands in red and green and innumerable evergreens festoon lighted windows and welcoming doorways.

Shoppers return home, day after day, laden with mysterious packages. And, indoors, boxes of ornaments are brought down from the attic and lovingly uncrated, as the tantalizing aroma of the home-baked cakes and cookies fills the air.

Indeed, the traditions of Christmas are many and varied, and each is an immutable part of the season. Yet, each individual family has its own traditions, too, and it is these that are often the most treasured.

While one family trims its tree with heirloom ornaments, brought over from Europe generations ago, another brings memories to life with homemade ornaments saved from year to year, the collection growing as the family does.

Yet another family ties special ornaments to beautifully wrapped Christmas presents. After the gifts have been opened, the new decora-tions, symbols of both givers and recipients, are hung on the tree, where able visits to family and friends, they will appear again and again in following years. In one family, it wouldn't be Christmas without Grandma's buttery

spritz cookies; another schedules an afternoon of baking that they can enjoy together. While mom lights the oven and oversees the process, the

perfect evergreen, chopping it down new.

Suddenly, days are getting shorter. themselves. Others make a ritual of Twilight comes early, mistily and the decorating living trees in their own front and back yards, with garlands of lights to beguile the eye, and birdseed balls to encourage those birds that haven't migrated to visit throughout the winter. Some families keep a living tree

indoors during the holiday season, then plant it after all the Christmas decorations have been taken down. Others dry the branches and trunks of their cut trees, saving them to throw on the fire the following Christmas. Both achieve a sense of continuity, something that is very much at the heart of the Christmas spirit.

Stuffing the stockings is the centerpiece of one's family's holiday festivities. Each Christmas Eve, after Midnight Mass and late supper, everybody hurries about, hiding treasures in the long, bulging stockings that have been hung carefully on hooks over the fireplace.

Another family, in a modern home without fireplaces, has made it a tradition to lay the already-filled stockings at the foot of each child's bed during the night, to be opened first thing in the morning.

Some families organize skating parties each Christmas; others have evenings of caroling, culminating around a steamy bowl of wassail. And, while some go out for innumerothers take joy in staying home with

those dearest and closest to them. Above and beyond the customs that have been handed down through generations, individual family traditions make the holiday season truly special. These are personal expressions of the Christmas spirit, kids happily roll and cut, and later decorate, their own gingerbread men. Some families go out each year to a tree farm, where they can select the caring and sharing, a spirit that is as old as Christmas itself, yet forever

Do not discontinue your Ativan on your own because sudden withdrawal can also cause problems. Incidentally, Procardia may, but rarely does, cause insomnia and also difficulties in balance. The combination of your medicines may be the real problem, but you can't sort this out yourself. Your doctors will have to help you with it.

DEAR DR. LAMB: I'm mourning the death of my dear husband and best friend. He died of an inoperable brainstem tumor. They ran every test available to find another tumor somewhere in his body but couldn't find any. He died one month after they found the tumor, being really ill less than two months. He did not have headaches, the first sign of a problem. Our first clue was numbness in his right foot, then right leg, later the right hand and arm; then double vision and nausea. Where did the tumor come from? What caused it to start to grow?

DEAR READER: Some brain tumors are from the spread of a cancer some other place in the body, as in the lungs. Others arise directly from cells in the brain. All cancer arises from some tissue cell that becomes abnormal and continues to multiply. Genes and genes combined with environmental factors usually cause the original alteration of cells into cancer whether they are cancer cells of the breast, liver, colon or other organs. Symptoms depend on the location in the brain of the tumor. Headache frequently does not precede other symptoms.

> Dr. Milton Adams Optometrist 335 Miles Phone 364-2255 **Office Hours:** Monday - Friday 8:30-12:00 1:00-5:00



