

The

# Hereford Brand



96th Year, Vol. No. 236 Deaf Smith County, Texas

Wednesday, June 4, 1997

10 Pages 50 Cents

## Amarillo man hurt in mishap

An 18-year-old Amarillo man was seriously injured Wednesday morning in a one-car accident on Road 15 approximately four miles west of North 385.

Daniel Agurrie, was transferred from Hereford Regional Medical in "very critical" condition to Lubbock Methodist hospital. He received severe head injuries in the accident.

Investigating State Trooper Hector Dominguez said it was not known when the accident happened as there were no witnesses.

The accident was discovered by a passing motorist about 6:45 a.m. Wednesday and authorities were notified.

Dominguez said it appeared Agurrie, who was westbound on Road 15, possibly fell asleep at the wheel and awoke when his vehicle left the roadway and entered a bar ditch.

The driver apparently over corrected and swerved into the ditch on the south side of the road where the vehicle overturned, Dominguez said.

Agurrie was taken to the Lubbock trauma center by airlift after receiving initial emergency care at Hereford Regional Medical Center.

Agurrie was transported to the Hereford hospital about 8 a.m. Wednesday by local Emergency Medical Services ambulance.

## Hospital board hears pitch of consulting firm

In a special meeting Tuesday night, directors of Deaf Smith County Hospital District heard the first of three presentations to be made to the board by program management firms.

Directors had requested Jim Robinson, hospital administrator, to set up presentations with three firms to determine the scope and costs involved with project consultants. The board has been studying needs in future building improvements.

Frank M. Crittenden, a principal with the firm of W.R. Adams Company, outlined the scope of services provided by his firm in long-range planning and related how those services could be applied to the hospital district.

Crittenden said his company was ranked number one among the national program management firms by Modern Healthcare magazine. The firm offers skills in project planning, functional and space programming, regulatory review, project financing, and project design and construction.

Following his presentation, Crittenden answered specific board questions. He estimated the cost at approximately \$30,000-\$35,000.

## Jurors deciding McVeigh's fate will hear wrenching testimony

### Judge tries to ensure ultimate result

DENVER (AP) - Jurors deciding whether Timothy McVeigh lives or dies will hear wrenching testimony about the Oklahoma City bombing, including that of a 10-year-old boy who lost his mother and a rescuer who held a hand buried in the rubble, only to feel the pulse stop.

U.S. District Judge Richard Matsch ruled Tuesday that testimony from those who survived the bombing and lost loved ones is relevant to the jury's decision on McVeigh's sentence.

But Matsch did not allow everything the prosecution wanted to present during the penalty phase that begins today, saying he hoped to avoid inflaming juror sensibilities.

He also refused to let the defense present evidence on the handling of the fatal government raid against Branch Davidians near Waco, Texas, which the defense could claim drove McVeigh to commit the worst act of terrorism on U.S. soil.

"We have to guard this hearing to ensure that the ultimate result and the jury's decision are truly a moral response to appropriate information rather than an emotional response," Matsch said.



## Beating the heat

Chelsi Pickens and her brother, Hagen, found an easy way to beat the early summer heat this week when they turned on the water sprinkler on the front lawn of the family home, jumped into swim suits and began playing in the water. They are the children of Roger and Staci Pickens.

## SPS says few changes set here except office closing

### McDaniel will be community development specialist

Major changes may be coming to the local electrical supply company later this year but customer service will still be the number one priority.

Lewis McDaniel, Hereford district manager for Southwestern Public Service Company, said this week that the pending merger with Public Service Company of Colorado should not drastically affect customers.

"Some people will be inconvenienced due to the lack of a drive-in window to pay their bills," McDaniel said, "but keep in mind our main purpose is to give good service at reasonable rates."

"We'll still be the best electric company around."

Closing of the local customer service office will be the biggest change locally and McDaniel said

some customers who pay their bills at this office on Lee Street will be the only people inconvenienced.

However he said customers could actually find it easier in the future to pay their bills because SPS has contracted with several local businesses to serve as collection points for those bills throughout the service area.

In a letter to community leaders SPS announced that throughout its service system 90 payment centers have been opened, some in supermarkets and others in a variety of locations.

This means that customers can actually save a trip to the SPS office and pay their electric bills while doing their regular grocery shopping or other errands.

SPS customers should see few changes in other service areas after the projected closing of the Lee Street office on or about Nov. 1, 1997, McDaniel said.

The service center on New York Street will remain open and McDaniel will transfer his office to that location where he will work under a new title, Community Development Specialist.

Calls for customer service to the existing SPS telephone number will be re-routed to the Amarillo central service office after changes are made, and if necessary, those calls will be forwarded to the service center in Hereford.

Where there are emergencies such as power outages crews will be alerted by direct calls through the company's radio dispatch system.

McDaniel said the major changes locally will be the elimination of handling customer accounting on a local basis but with a continued emphasis on community relations and customer service.

All customer accounting questions and inquiries will be handled through the Amarillo service office.

"We just ask for a little patience on the part of customers during this change in operations," McDaniel said.

McDaniel's job change will involve more economic development for the service area under his guidance.

"I will have more time to devote (to economic development) but I will have a larger area to cover."

That area includes Hereford, Friona, Bovina, Dimmit, Canyon and Happy.

McDaniel says: community development has always been a priority of SPS but the coming changes will give him more time to do more positive things for the local communities.

The duties of McDaniel and eight other community development specialists throughout the SPS system will be devoted to full time work in this area under direction of the new manager of Community and Economic Development, Jake Webb, a 36 year SPS employee who formerly served as division manager at Lubbock.

Eventually McDaniel will have a new local telephone number at the New York Street office so that he can be contacted by the public in regards to his new duties.

(See SPS, Page 2)

More could be added later

## Deaf Smith CRP acreage reduced

Deaf Smith County has seen a large reduction in the number of acres approved for the latest round of acceptance into the Conservation Reserve Program but more could be added later this year.

Ted Peabody, County Executive Director of the U.S.D.A. Farm Service Agency said that he expects more land to be accepted in the program when more bids are accepted later this summer or in the fall.

Under guidelines of the program which was started about a dozen years ago, Deaf Smith County could have 153,648 acres in the program and Peabody said "it's possible we could reach that, when more bids are reviewed."

The recent bidding process approved in May involved 337 offers from land already in the program with 110 of those offers accepted. There were also 137 new offers with 55 of those accepted according to Peabody.

The old acreage involved in the bidding process includes 145,586 acres under the old program which expires Sept. 30, 1997. Of that 81,475 acres will remain in the program.

Peabody said that owners of all acreage rejected in the latest round of bidding will be eligible to re-bid when the next round of offers are accepted in late summer or fall.

He said that land owners will know more about the financial aspects of the bidding process and if they are still interested in participating in the

CRP later this year they can adjust their bids.

A point system is utilized in conjunction with the dollar bid system to determine which plots of land are accepted into the program, according to Peabody.

There are 259 environmental points assessed in the program including: erodibility, evaluation on the effects of ground cover on wildlife, air quality and erosion caused by wind.

Peabody added that he did not think the elimination of some acreage from the program would cause adverse effects with air quality of the area through erosion.

"Our farmers today are so well educated in management practices that I don't think that's a problem," Peabody said. "You will see some dust in the air but nothing to cause the street lights to shine for three days or not being able to see the top of the water tower."

He also said it would not be proper to make an assessment on what use land would be put to if not allowed back into the program until after the bid process resumes later this year.

Approximately two thirds of land enrolled in the program between 1985 and 1996 involved whole farms and it is possible some of this could be placed back into production through a variety of programs if not approved when bids are accepted again.

## Bush quizzed about re-election decision

AUSTIN (AP) - Gov. George W. Bush says if he runs for re-election, it will be for two "compelling reasons": continuing work on education and welfare reform.

Turning aside questions about whether he also has his eye on the presidency, the Republican governor said Tuesday he doesn't think his failed effort for an ambitious school tax overhaul will work against him with voters.

He said Texans want a governor with a strong agenda and will appreciate the tax cut that was approved by lawmakers with his support.

"I think people are going to say this is a man who set a very bold agenda and acted boldly. That's what Texans want in their leaders," he said. "We delivered the largest tax cut in the state's history."

Bill White, head of the Texas Democratic Party, disagreed, portraying Bush as an ineffectual leader.

"He started too late on tax reform and failed to deliver the votes," said White. "I think that Texans would prefer a governor who's effective."

While Republicans had a majority in one legislative chamber for the first time in more than a century, the GOP-dominated Senate failed to back a Bush-backed tax plan to cut local school property taxes by about \$4 billion over the next two years. The money would have been replaced with new state taxes, budget cuts and savings.

While acknowledging he didn't get all he wanted, Bush said the state made progress in addressing education funding.

The state share of funding is increasing compared with local property taxes, he said. In addition, voters later this year will decide on a plan to spend \$1 billion left over from the last two-year budget to increase homestead exemptions, cutting taxes for homeowners roughly \$140 annually.

For real change to be made, Bush said, "I think it's important for people to understand that the voice of the people must resonate loudly to overcome the voices of the people who are hired to maintain the status quo."

"I can't tell you how many members (of the Legislature) came into my office and said, 'Property taxes are not an issue in my district.' Some of them came into my office saying that, and I knew full well it

wasn't true. They just didn't want to listen."

Bush said some business interests that would have faced new taxes were intent on preserving the status quo, and added, "There wasn't overwhelming enthusiasm during the process from some educators and some education groups, which frankly amazed me."

Whether he runs for another four-year term, Bush said, will depend on whether he and his wife believe it would be best for their family. They have twin 15-year-old daughters.

"I can already think of two compelling reasons why" to run, Bush added.

"One is to keep the focus on education and not lose the momentum of education reform that we've had in this state," he said. He cited the 1995 overhaul of education laws designed to return more control to local school districts and this year's passage of a measure to give students more choices in the public schools they attend.

In addition, Bush said he wants to continue pushing for more changes in the welfare system.

After the state was stymied by federal officials in a far-reaching effort to let private companies run welfare programs, lawmakers approved a bill to provide for development of an alternate plan. It would give priority to more efficient automation of the system, and federal approval would be sought as needed.

## Jail escapee still at large

Law enforcement officials are continuing their search for an inmate who escaped from the Deaf Smith County Jail Monday morning.

Reymundo Sanchez Cervantez, 29, a trustee, remained at large after jumping into a white Grand Am and leaving the jail area shortly before 11:30 a.m. Monday.

Cervantez, also known as Moonie Cervantez, is described as being a light complexioned hispanic male, 5-9 in height and weighing 175 pounds. He has brown eyes and short black hair.

Cervantez, whose case had not yet been heard by the grand jury, was being held in the Deaf Smith County Jail for the State Jail Felony Charge of Forgery by making.

JUN 04 1997



# Lifestyles



MR. AND MRS. KEN McLAIN  
...observe 50th anniversary

## McLains to celebrate wedding anniversary

Ken and Marcella McLain will celebrate their 50th wedding anniversary June 8.

Hosting a family dinner in Clovis, N.M. are Dick and Lois McLain and Milton and Linda McLain of

Estancia, N.M.

Granddaughters Brenda McLain of Phoenix, Ariz., Angela McLain Echols of Lubbock, and Stacie McLain of Albuquerque, N.M., plan to be present, along with family members from Nebraska.

## Ann Landers

### Wife is off deep end with assumptions

**Dear Ann Landers:** My husband and I have been married for 17 years, and have two children, ages 16 and 13. We have agreed not to have more children. I would like to enjoy a healthy sex life without the hassle of birth control and recently discussed methods of sterilization with my gynecologist. He explained that a vasectomy is far simpler than a tubal ligation and has fewer risks.

My husband adamantly refuses to consider undergoing any kind of sterilization. The problem is not the surgery, he said, but if I should die, or our marriage should fail, he might want to seek out a younger woman and she might want children. This has led me to believe that he is waiting for me to reach the age of menopause before dumping me for someone who is younger.

After that revelation, I can't even imagine having sex with this man. I'd like to know what you think about this, Ann. -- C. in K.C.

**Dear C. in K.C.:** I think you've gone off the deep end with your assumptions. Please seek the intervention of a counselor, physician or good friend who will set you straight. Your punitive action is not warranted and could lead to real trouble.

**Dear Ann Landers:** I have not spoken to or visited my parents or my brother since last August because I feel they have forced me out of the family.

Several years ago, my parents, who are in their 80s and not in good health, designated my younger brother, "Carl," who is a lawyer, executor of their wills. Last spring, they gave him power of attorney to conduct their day-to-day financial affairs.

I live farther away from our parents and cannot visit often, but Carl and his son are there a great deal. Last fall, my father decided to sell his car to Carl's son, even though I had told him my daughter also wanted to bid on it. Later, I learned my parents had had their house painted without telling me, knowing that my unemployed son would have been happy to do it and could have used

the money. After six months of silence, Carl phoned to find out what was bothering me. When I told him, he said I should respect my parents' decisions about what they want to do with their property.

Please, Ann, advise my parents and my brother that I should be named co-executor and given power of attorney. -- R.I.

**Dear R.I.:** It would be most inappropriate for me to give your brother and your parents any advice. They did not write to me, you did.

Your parents are not obligated to give you control of their finances. It's their money, and they have the right to handle it as they wish. It's up to you to mend the family fences as best you can -- not just for the money but for your own peace of mind and mental health. The sooner the better.

**Dear Ann Landers:** I work in an animal hospital, and twice this year, dogs have been brought in with skin scraped off their feet, legs, elbows, sometimes down to the bone. It happened because they had been tethered to a car bumper and someone borrowed the car, unaware of the dog's presence.

This type of injury is not a pleasant sight, and the owners, of course, are devastated. If the dog is still conscious when he's brought in, he's anesthetized while the veterinarians spend hours cleaning the wounds, stitching and bandaging. Yesterday, a dog woke up from the anesthesia as

I checked on her. I said, "Hi, pup. How are you?" Somehow, she managed to wag her little tail.

Please tell your readers never to tie their pets to a car. Dogs are so loyal and forgiving. Can't we be more careful in return? -- A.M., York, Maine

**Dear A.M.:** After reading your letter, I'm sure we will be.

Planning a wedding? What's right?

What's wrong? "The Ann Landers Guide for Brides" will relieve your anxiety. Send a self-addressed, long, business-size envelope and a check or money order for \$3.75 (this includes postage and handling) to: Brides, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, send \$4.55.)

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## Senior Citizens

### MENUS

**THURSDAY-** Spaghetti with meat sauce, Italian green beans, tossed green salad, garlic bread, vanilla/chocolate pudding; or chicken ala king, fresh fruit.

**FRIDAY-** Salmon patties with celery sauce, potato cheese bake, tomatoes and okra, cabbage and carrot slaw, cornbread, meringue pie; or smothered pork chops, fresh fruit.

**MONDAY-** Beef stew with potatoes, carrots, onions, celery and tomatoes, cheese stix, coleslaw, cornbread, angel food cake with topping; or chicken stew.

**TUESDAY-** Roast beef with gravy, mashed potatoes, buttered green peas, sliced tomato salad,

biscuits, banana pudding; or ham, fresh fruit.

**WEDNESDAY-** Barbecue chicken, potato salad, pinto beans, tossed green salad, garlic bread, apricots, sugar cookies; or Polish sausage, Jello.

### ACTIVITIES

**THURSDAY-** Pool classes, exercise class 10-10:45 a.m., oil painting 9-11 a.m., Thrift Shop open 9 a.m.-4 p.m.

**FRIDAY-** Pool classes, line dance 10-11 a.m., HSCA board meeting at 12 noon, Thrift Shop open 9 a.m.-4 p.m.

**SATURDAY-** Games 12 noon-4 p.m., dance 8-11 p.m., game night 8-11 p.m.

**MONDAY-** Pool classes, line dance 10-11 a.m., doll class 1-4 p.m.

**TUESDAY-** Pool classes, exercise class 10-10:45 a.m., decorative tole painting 1-3 p.m., Belton 10 a.m.-12 noon.

**WEDNESDAY-** Pool class, exercise class 10-10:45 a.m., ceramics 1-3 p.m.

## Malone will be Flame speaker

Hereford Flame Fellowship will meet at 7:30 p.m. Thursday in the Community Center.

Guest speaker will be Karen Malone of Amarillo. She and her husband, Tom, have pastored Living Waters Church for six years. They have been married for 23 years and have two sons, Caleb, 18, and Michael, 16.

Recently they were in the Philippines ministering the renewal. They went into Hong Kong taking Bible into China.

Mrs. Malone has ministered in youth camps, children's ministries and women's ministries. Everyone is welcome to attend.

## Hospital Notes

Report from Hereford Regional Medical Center on June 4:

Admitted: Orville Knowlton, Jessie Edwards.

Discharged: None.







### Making a donation

The Bluebonnet Student Council presented a check to the Make-A-Wish Foundation of the Texas High Plains. Wish Coordinator Cindy Spanel, far right, accepted the check. The students participated in the Kids for Wish Kids program. The money goes directly to granting wishes for Wish Kids in Hereford.

## To Your Good Health

DEAR DR. DONOHUE: I was diagnosed with a pituitary tumor, which has caused me to suffer from acromegaly. I underwent surgery, and the neurosurgeon was positive he removed the entire tumor. I have had subsequent brain scans, and no remaining tumor is visible. My growth hormone reading is down but still a bit elevated. It has been suggested that I start injections with Sandostatin to eliminate most of the growth hormone. Considering the drop in growth hormone, is it possible that the medication is being prescribed too soon? — G.A.

ANSWER: The pituitary gland, located at the base of the brain, secretes growth hormone, which causes children to grow to a height determined by their genetic endowment. A growth-hormone-secreting tumor of the pituitary promotes excessive childhood growth that needs to be checked. In adults, whose bones have fused, excess growth hormone coarsens their features. The forehead coarsens. The jaw juts out. Hands and feet thicken. Within the body, unseen by the eye, the heart enlarges. Blood pressure often rises. Arthritis can develop. Headaches are common. Your doctor wants you to take Sandostatin, a drug that turns off growth hormone synthesis. Sandostatin has some undesirable side effects. It might cause gallstone formation and interfere with blood sugar control. However, considering the side effects of too much growth hormone, Sandostatin's side effects pale in comparison. Besides, if no tumor is found after your next brain scan, your doctor might opt to wean you off Sandostatin and see if growth hormone levels remain low. \*\*\* In baiting a mouse trap with cheese, always leave room for the mouse.

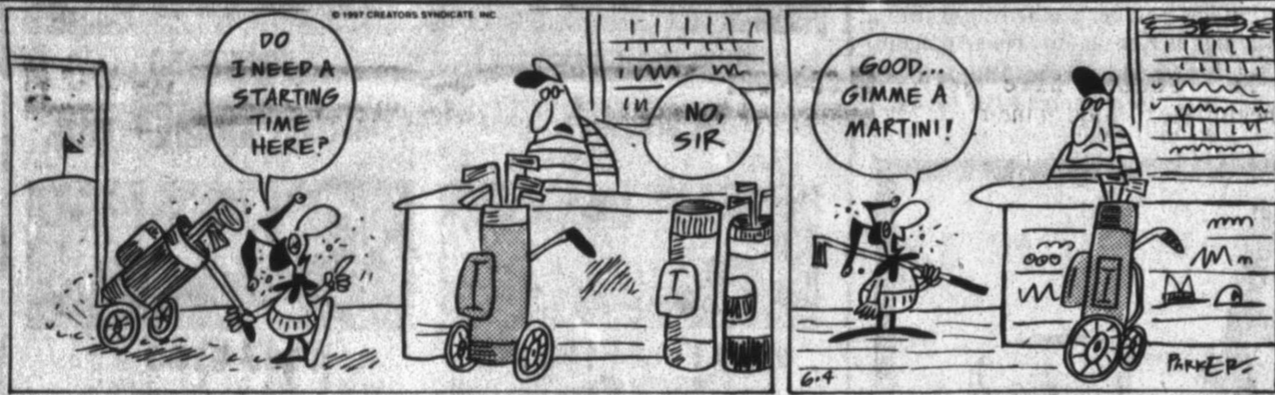
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## Comics

### The Wizard of Id

By Brant Parker & Johnny Hart



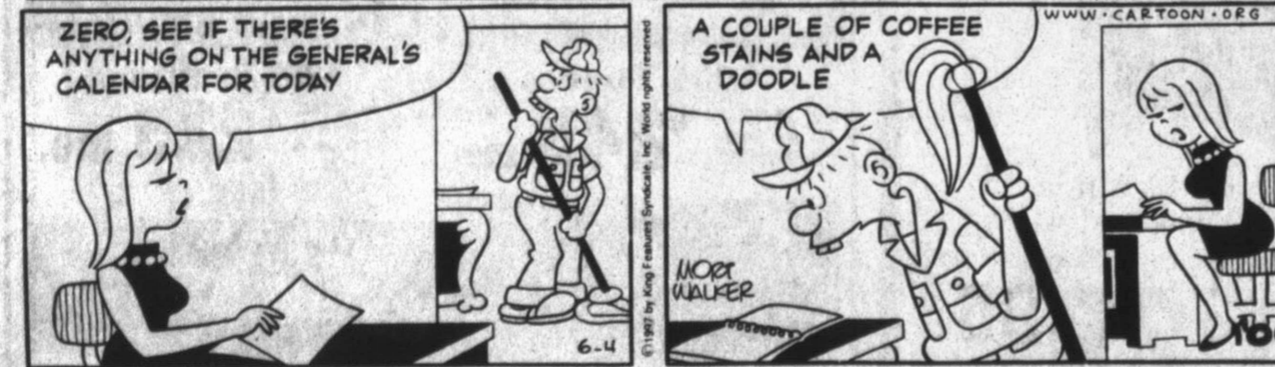
### Barney Google and Snuffy Smith®

By Fred Lasswell



### Beetle Bailey®

By Mort Walker



### Marvin

By Tom Armstrong



### Blondie®

By Dean Young & Stan Drake



## Hints from Heloise

Dear Heloise: When using a new recipe from one of my many cookbooks, I write a short note on the recipe—good, bad, yuck. If I want to use it again I write the name of the recipe, short description, name of book and page number on a recipe card. This card is placed in my file card recipe book, which I use most frequently.

On another card I keep hints (mostly from Heloise), another has measures hard to remember or not used often (i.e., a box of powdered sugar equals 1 pound, for those of us who buy the 2-pound bag).

When clipping recipes or hints from Heloise, I tape them with clear tape

to a recipe card. This saves time and also eliminates the possibility of leaving out important ingredients.

Reading your column helps to brighten my day. — Ruth McPhail, Springfield, Mo.

Hearing from you helped brighten mine. With so many great cookbooks around, your card system is sure to help that dilemma of "Which book was that wonderful recipe in?" — Heloise

TWO HINTS IN ONE. Dear Heloise: Your column is one of my favorites and I continually learn at age 77. Here are a couple of hints I've saved.

Mix instant potatoes as instructed on the box, but add a tablespoon of mayonnaise (I use a low-fat) and a couple shakes of onion powder. Most people believe they're from scratch.

To butter corn on the cob, smear butter on a paper napkin or towel, wrap the corn with it, roll, and the butter will melt more easily on the corn, with no mess. — Betty Dickey, Fillmore, Calif.

SEND A GREAT HINT TO: Heloise, PO Box 795000, San Antonio TX 78279-5000 or fax it to 210-HELOISE

## Television

### WEDNESDAY

### JUNE 4

Television schedule for Wednesday, June 4, listing programs from 6 PM to 11 PM across various channels.

### THURSDAY

### JUNE 5

Television schedule for Thursday, June 5, listing programs from 7 AM to 12 PM across various channels.

Television schedule for Thursday, June 5, listing programs from 12:30 PM to 5:30 PM across various channels.

Television schedule for Thursday, June 5, listing programs from 6 PM to 11 PM across various channels.

# Healthier 'Tex-Mex' cooking favored

By KELLEY SHANNON  
Associated Press Writer  
SAN ANTONIO (AP) - Tamales minus the meat filling? Chile con carne prepared with ground turkey? "Refried" beans that aren't fried? Blasphemy, you say?

Not so, contend nutrition experts and a growing number of restaurateurs who favor a healthier approach to Mexican-American cooking. Their campaign is even evident in San Antonio, where "Tex-Mex" restaurants number in the hundreds and where gooey cheese enchiladas and white flour tortillas are dietary staples.

Advocates of "health-Mex," as some call it, want a return to cooking with more vegetables and grains, ingredients of the traditional Mexican diet, and less reliance on fatty American influences, like beef and lard.

"If they would continue cooking like our grandmothers were doing it, it's a very healthy diet," said Maria Luisa Urdaneta, an associate professor of medical anthropology at the University of Texas at San Antonio.

Her bilingual cookbook "Delicias de la Cocina Mexicana" (Delights of the Mexican Kitchen), co-authored by Daryl F. Kanter, contains more than 200 recipes collected in San Antonio and the Rio Grande Valley.

It explains nutritious ways to prepare the popular regional dishes, providing basic nutrition information and American Diabetes Association exchanges for each recipe.

Among the entries are low-fat cheese enchiladas; baked flautas stuffed with mashed potatoes; and taco filling prepared with ground turkey breast. A recipe for chili con carne also uses turkey breast instead of beef.

Ms. Urdaneta and other advocates of healthier Mexican-American cooking prefer corn tortillas over white flour tortillas, which are made with shortening and lack the fiber and complex carbohydrates of corn tortillas.

"A white flour tortilla - that is a sinful thing," Ms. Urdaneta said.

Flour tortillas were popularized in what is now southern Texas and northern Mexico and evolved from a type of white bread introduced by Jewish Spaniards from the Canary Islands, according to Ms. Urdaneta's research.

The idea for her cookbook originated after Ms. Urdaneta, a registered nurse and an anthropologist, served on the Texas Diabetes Council in the 1980s and began taking a closer look at adult-onset diabetes.

"I was appalled at the fact that Mexican-Americans are at a much higher risk than the Anglo people or other ethnic minorities," said Ms. Urdaneta, a native of Colombia.

Mexican-Americans are five times more likely to develop the disease. The reasons have been traced to heredity, diet, obesity, stress and

decreased physical activity, researchers say.

Often adult-onset diabetes, known as "Type II" diabetes, can be managed through diet and exercise.

In San Antonio, the propensity for obesity was noted in a study released in March by the Coalition for Excess Weight Risk Education in Washington.

Based on research by the Centers for Disease Control, the study ranked San Antonio as the third most obese city among the nation's 33 largest metropolitan areas, behind New Orleans and Norfolk, Va.

Oldways Preservation and Exchange Trust of Cambridge, Mass., also is campaigning for a healthier Latin American diet.

In El Paso last November, the non-profit organization, working with Baylor University and the Harvard School of Public Health, issued its "Healthy Traditional Latin American Diet Pyramid."

Fruits, vegetables, beans, grains, nuts and tubers, such as potatoes, are the suggested foundation for a healthy Latin American diet. Poultry, shellfish and milk products are to be used less frequently, and meat, eggs and sweets only occasionally.

"You can still eat your refried beans, it's just in moderation," said Jennifer Goetz, a research assistant with Oldways.

At Adelante Restaurant, a health-oriented Mexican food cafe in San Antonio, owners Debbie and Dan Soder proudly proclaim their establishment bans lard and beef, serves hormone-free chicken and prepares its few fried menu items in canola oil.

"That's kind of how we live. We don't really eat meat," Dan Soder said, adding, "It was a niche that we felt really wasn't explored that much in San Antonio."

Among the cafe's specialties are vegetable tacos, spinach enchiladas and cheese, bean, vegetable and sweet potato tamales.

Adelante's "refried" beans are actually mashed beans seasoned with garlic, salt, peppers and water. The restaurant serves brown rice and only whole wheat or corn tortillas.

"We've had people that were kind of put out that we don't have beef, we don't have flour tortillas," Dan Soder said. "In this market, we say, 'It's not hard to find if that's what you're looking for.'"

The Soders have served "health-Mex" food at their cafe for

11 years. Since the early 1990s, they've noticed more restaurants in San Antonio offering health-oriented Mexican dishes, a trend they note emerged in Austin and other cities even earlier.

One of the biggest misconceptions about healthier Mexican-style cooking, its proponents say, is that the food is bland.

The Soders serve up a spicy chipotle sauce, pico de gallo and a green tomatillo sauce.

"The secret in good cooking is in using fresh spices," said Ms. Urdaneta, whose cookbook stresses the use of cumin, oregano, garlic, cilantro and the ever-important chile peppers.

Likewise, Ms. Goetz of Oldways points out chiles are a staple on many a dinner table.

"There are definitely ways you can spice it up," she said. "People don't know how vast the Latin American

diet is."  
"Delicias de la Cocina Mexicana" is published by the University of Texas Press. It can be ordered by calling 1-800-252-3206.

Be a good neighbor. Be alert for vandalism or break-ins. If you see anything unusual around a residence or business, call the police. Let's all be involved in policing our neighborhoods.

**The #1 To See:**  
Jerry Shipman, CLU  
801 N. Main  
(806) 364-3161  
State Farm Insurance Companies  
Home offices: Bloomington, Illinois



## Gardening discussion

Lou Hall, left, and Patricia Robinson, members of Bud to Blossom Garden Club, enjoy the roses at Hereford Garden Center. Bud to Blossom Club will sponsor a membership drive to commemorate National Garden Week, June 8-14. To open the drive, they will host a coffee from 9:30 a.m. to 10:30 a.m. Saturday at Hereford Garden Center on N. Main. The only federated garden club in Deaf Smith County, Bud to Blossom is open to men and minorities. They are striving to encourage members who work outside the home by planning evening and Saturday meetings.

## Savard scheduled to speak for Hard Line Ministries

Liberty Savard of Liberty Savard Ministries in Sacramento, Calif., will be guest speaker for Hard Line Ministries at 7 p.m. Saturday at 519 Star.

Savard is an ordained minister, former pastor, speaker, accomplished writer and Bible teacher. She is the West Coast field editor for Bridge-Logos Publishing, Inc., author of "Shattering Your Strongholds" and "Breaking the Power" and has appeared on numerous television programs.

"Her book 'Shattering Your Strongholds' is a refreshing look at a truth that may be just what you need to walk in the freedom that Christ has destined for His own," Doris Huckert, of Hard Line Ministries, said.

"Liberty has uniquely blended empirical knowledge with Biblical faith principles to arrive at a 'hands-on' approach to the patterns and powers that hold back spiritual and



**LIBERTY SAVARD**  
psychological growth.  
Everyone is welcome to come hear Savard share her heart with the young people.  
For more information, contact Huckert at 364-6078.

## Today in History

By The Associated Press  
Today is Wednesday, June 4, the 155th day of 1997. There are 210 days left in the year.

Today's highlight in history:  
On June 4, 1942, the Battle of Midway began during World War II.

On this date:

In 1647, the English army seized King Charles I as a hostage.

In 1812, the Louisiana Territory was renamed the Missouri Territory.

In 1878, Turkey turned Cyprus over to the British.

In 1892, the Sierra Club was incorporated in San Francisco.

In 1896, Henry Ford made a successful pre-dawn test run of his horseless carriage, called a quadricycle, through the streets of Detroit.

In 1940, the Allied military evacuation from Dunkirk, France, ended.

In 1944, the U.S. Fifth Army entered Rome, beginning the liberation of the Italian capital during World War II.

In 1947, the House of Representatives overwhelmingly approved the Taft-Hartley Act.

In 1954, French Premier Joseph Laniel and Vietnamese Premier Buu Loc initialed treaties in Paris according to "complete independence" to Vietnam.

In 1985, the Supreme Court upheld a lower court ruling striking down an Alabama law providing for a daily minute of silence in public schools.

In 1986, Jonathan Jay Pollard, a former Navy intelligence analyst, pleaded guilty in Washington to spying for Israel. (He is serving a life prison term.)

In 1989, hundreds - possibly thousands - of people died as Chinese army troops stormed Beijing to crush the pro-democracy movement.

In 1989, a gas explosion in the Soviet Union engulfed two passing trains, killing 645.

Ten years ago: The congressional Iran-Contra committees voted to grant limited immunity to former National Security Council aide Oliver L. North, following an appeal by independent counsel Lawrence E. Walsh to reject immunity.

Five years ago: President Bush held a news conference in which he said he understood Americans' fascination with Ross Perot, but predicted that voters would eventually ask, "How are you going to do it?" The U.S. Postal Service announced the results of a nationwide

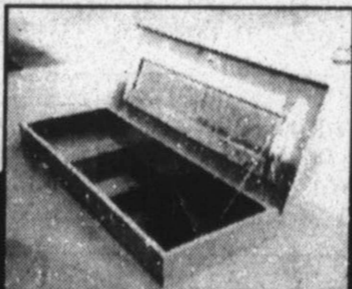
vote on the Elvis Presley stamp, saying more people preferred the "younger Elvis" design.

One year ago: Russian President Boris Yeltsin, campaigning for re-election, indulged in a bit of onstage boogie at a pop concert for young voters.



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## LEGAL NOTICES

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF GRADY H. ROGERS, DECEASED

Notice is hereby given that original Letters of Testamentary upon the Estate of GRADY H. ROGERS were issued to BARBARA SUE MILLER as Independent Executrix on the 30th day of May, 1997, in Cause No. PR-4323, Estate of GRADY H. ROGERS, deceased, pending in the County Court of Deaf Smith County, Texas. All persons having claims against said estate, which is currently being administered in Deaf Smith County, Texas, are hereby required to present the name to said Independent Executrix at the address given below, before suit upon same is barred by the Statute of Limitations, before such estate is closed, and within the time and in the manner prescribed by law.

The residence of the Independent Executrix is 7008 Westbury Drive, Amarillo, Texas 79109. The attorney for the estate is R. C. Hoelscher, Attorney at Law, whose address is:  
P. O. Box 1775  
(304 West Third)  
Hereford, Texas, 79045

SIGNED this 1st day of June, 1997.

By: R. C. HOELSCHER  
Attorney for the Estate

Hereford ISD  
601 N. 25 Mile Ave.  
Hereford, Tx. 79045  
Phone (806) 363-7600

HISD Technology Department is accepting sealed bids until noon, 6/9/97 for: Miscellaneous, Lots of Electronic Equipment. The equipment can be viewed and a bid placed Monday-Thursday from 9:00 AM to 3:00 PM at the HISD Administration Bldg. For more information contact Christina Ramirez at 806 363-7600. HISD reserves the right to reject any and all proposals.

AXYDLBAAXR  
is LONGFELLOW  
One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.  
6-4 CRYPTOQUOTE  
DNQFSACI EAC KNC  
EIDNPAR KNEK NPFS E  
XPKNCA KP FQZC.—RPWNPDFCR  
Yesterday's Cryptoquote: IT IS HARDLY RESPECTABLE TO BE GOOD NOWADAYS—EDITH SITWELL



**Track meet, graduation held**  
San Jose Community Center held its invitational track meet and graduation ceremonies. Above, Stanton Headstart morning program took first place, Little Blessings Day Care, second place, San Jose Pre-School, third place; King's Manor three-year-old and four-year-old program, fourth place. Below, the San Jose Pre-School celebrates their three-year-old and four-year-old graduation ceremony. Tomas Salazar teaches the pre-schoolers.



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CATTLE FUTURES				GRAIN FUTURES			
Aug	72.00	72.00	72.00	CORN (CB1) 5,000 bu., cents per bu.	July	274	274
Sept	72.00	72.00	72.00	July	275	275	
Oct	72.00	72.00	72.00	Aug	275	275	
Nov	72.00	72.00	72.00	Sept	275	275	
Dec	72.00	72.00	72.00	Oct	275	275	
Jan	72.00	72.00	72.00	Nov	275	275	
Feb	72.00	72.00	72.00	Dec	275	275	
Mar	72.00	72.00	72.00	Jan	275	275	
Apr	72.00	72.00	72.00	Feb	275	275	
May	72.00	72.00	72.00	Mar	275	275	
Est vol 1,200; vol Mon 1,425; open Int 1,425.			Est vol 45,000; vol Mon 43,375; open Int 274,492.				

METAL FUTURES			
June	344.50	344.50	344.50
July	344.50	344.50	344.50
Aug	344.50	344.50	344.50
Sept	344.50	344.50	344.50
Oct	344.50	344.50	344.50
Nov	344.50	344.50	344.50
Dec	344.50	344.50	344.50
Jan	344.50	344.50	344.50
Feb	344.50	344.50	344.50
Mar	344.50	344.50	344.50
Apr	344.50	344.50	344.50
May	344.50	344.50	344.50
Est vol 16,000; vol Mon 15,875; open Int 15,875.			

FUTURES OPTIONS			
June	344.50	344.50	344.50
July	344.50	344.50	344.50
Aug	344.50	344.50	344.50
Sept	344.50	344.50	344.50
Oct	344.50	344.50	344.50
Nov	344.50	344.50	344.50
Dec	344.50	344.50	344.50
Jan	344.50	344.50	344.50
Feb	344.50	344.50	344.50
Mar	344.50	344.50	344.50
Apr	344.50	344.50	344.50
May	344.50	344.50	344.50
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# Republicans agree to Medicare test plan

WASHINGTON (AP) - A compromise to limit experimentation with medical savings accounts could make it easier for Congress and the White House to agree on how to keep Medicare afloat for the next decade, a Republican proponent of the savings program says.

After President Clinton indicated Tuesday he would not fight a limited demonstration of Medicare medical savings accounts, Republicans agreed to a test program involving 500,000 senior citizens. They had wanted the accounts made available to all 38 million Medicare beneficiaries.

"I don't believe there are any deal-breakers left out there," said

Rep. Bill Thomas, R-Calif., chairman of the House subcommittee that oversees Medicare.

However, some congressional Democrats still fear that medical savings accounts could be a boon to wealthy, healthy people who rarely use their health insurance, while driving up costs for those who are poorer or sicker and must stay in the traditional Medicare program.

"Republicans have decided ... that only the very healthy should be able to participate and only the wealthy should benefit," said House Minority Leader Richard Gephardt, D-Mo.

White House spokesman Mike

McCurry said, "We'll watch closely how they develop anything related to a pilot project or demonstration program."

In the experiment Republicans have outlined, a test group of senior citizens could choose to take their entire Medicare benefit as a cash voucher and use the money to buy health insurance that would cover the same basic services as Medicare but have a deductible of up to \$6,000. They could then combine the leftover government money with their own contributions to a tax-exempt savings account used to pay uncovered medical bills.

"People will consume as much health care as other people are willing to pay for," said Thomas. "The key to a successful program is an informed consumer making a decision based on the amount of money we have available."

The GOP plan begins to flesh out the details of a 12 percent cut in Medicare's projected spending - the biggest piece of the agreement that President Clinton and congressional leaders reached on balancing the budget by 2002.

The savings would mainly come from reducing payments to hospitals and other health care providers - though managed care plans were largely spared the ax in an effort to make them more attractive to senior citizens.

Monthly premiums paid by those on Medicare would go up by at least a \$1 more a year than previously planned.

The \$115 billion in savings, however, would preserve Medicare's ability to pay its bills only until 2008. Both parties agree an independent bipartisan commission should start work on solutions to keep it solvent for the long term - especially considering the upcoming retirements of 70 million baby boomers.

Still, Thomas called his plan a good start, going further than the Clinton administration has proposed in giving Medicare beneficiaries managed care options - something Republicans view as key to long-term cost savings.

Currently, about 12 percent of people on Medicare use managed care plans called HMOs, which coordinate specific doctors and hospitals and receive fixed monthly payments for each patient, regardless of the amount of care.

The GOP plan would set up a new system to make it easier for senior citizens to try a greater variety of managed care plans.

From 1998 through 2000, seniors would enjoy an open enrollment

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# Coleman's largest employer moving plant to Amarillo

COLEMAN, Texas (AP) - The sawdust and metal filings are still flying at Stempel Manufacturing, but soon the saws will be silent.

The silence will signal that Coleman's longtime, largest employer is gone.

Stempel decided late last year to move its plant and headquarters to Amarillo to accept a \$3.85 million incentive package that Coleman couldn't hope to match.

Headquarters is already operating out of Amarillo, but about 50 employees are still manufacturing office products such as marker boards, clipboards and furniture here.

The only difference is everything they produce goes to Amarillo rather than being shipped from here nationwide as it was for most of three decades.

Jerry McGuire, president and chief executive officer, said in December that all of Stempel's approximately 200 employees would have a job with the company if they wanted to move to Amarillo. But very few accepted the offer.

Linda Hall, who described her job as receptionist, courier and housekeeper for what's left of Stempel, estimated that only about a dozen employees have moved to Amarillo. Most of them worked in headquarters, she said.

"Most of the employees chose to stay here because of their families," she said. That was the case for Hall, who has three children in school.

"My mom (Bobbie Franklin) worked here 25 years before she retired (in 1992). It's been a real good thing for Coleman for a long time, and I hate to see it go," she said.

Hall figures - at least she hopes - she'll be one of the last employees laid off "because I'll have to clean it up after everyone leaves so they can sell the building." The company's welding operation in Santa Anna already has closed, she said.

Hall agreed with Coleman Chamber of Commerce Manager Mary Griffiths that the Stempel move has not caused the mass exodus from Coleman that was feared.

"We know a few moved, but most of them found other jobs in the community," Griffiths said. "We're actually seeing more people moving in than moving out. We're getting a lot of retired people and even some from the Metroplex who can do their work from home (by computer)."

Hall said she'd seen several of her former fellow employees working in convenience stores and other local businesses. Some with special woodworking skills went to work for another area woodworking business

but didn't move from Coleman, she said.

Stempel's move angered Coleman civic leaders who were helpless to match Amarillo's attractive offer. The agreement with Amarillo supplies Stempel with a \$1.5 million grant, a \$1.1 million no-interest six-year loan, and a \$1.25 million loan for 20 years at 6 percent interest.

In addition, the company is moving into five buildings with a total of 258,000 square feet near downtown Amarillo. That's about twice the space Stempel has here, but that wasn't the main problem.

McGuire claimed the city of Coleman was uncooperative in providing proper infrastructure, such as water pressure, reliable power supply, trash removal and fiber optics.

City officials countered that the Stempel demands were unrealistic in light of the city's longtime cooperation and that Stempel had already made up its mind to leave.

# Feds ban use of animal parts in livestock feed

WASHINGTON (AP) - The government banned the use of virtually all slaughtered-animal parts in U.S. livestock feed Tuesday because of links to "mad cow disease."

That disease, bovine spongiform encephalopathy, caused public panic when the British government announced last year that a new version of a fatal human brain illness might have been caused by eating infected beef.

The U.S. government insists it has found no signs of mad cow disease in American cattle.

Animals can get the brain disease by eating the tissue of other infected animals - so the Food and Drug Administration issued the long-expected ban to ensure that U.S. livestock remain disease-free.

If a BSE case ever were discovered here, the ban would prevent the disease from spreading through feed, the FDA declared.

The FDA first proposed in January that no cows, sheep or goats eat feed made from ground cows, sheep, goats, deer, elk or mink - species known to be vulnerable to the diseases that eat holes in the brain.

Putting these "ruminant" products in animal feed not only recycled otherwise unusable parts of slaughtered animals, it added protein.

The FDA's final rule extended the ban to using any mammalian protein except pure pork or horse, which are not known to get the brain illnesses.

The U.S. livestock industry announced last year that it was voluntarily banning ruminant proteins in cattle feed. Still, the National Renderers Association supported the FDA ban Tuesday as helping calm public fears and putting "a protective blanket around the cattle industry."

The ban goes into effect in 60 days.

It does not affect pet food or chicken or hog feed. Animal blood, gelatin and milk also can continue to be used in feed, because there is no evidence these products can transmit the brain diseases.



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