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The Hereford Brand



96th Year, Vol. No. 181, Deaf Smith County, Texas Wednesday, March 19, 1997 10 Pages 50 Cents



The banquet was nice, but it's bedtime!
West Texas Rural Telephone Cooperative held its annual meeting and banquet at the Bull Barn Tuesday night. Rena Davis of Dimmitt, is pictured with her daughter, Maegan, 22 months old, who appears ready for bedtime. Members reelected incumbent directors Dick Fellers of the Dawn exchange, Charles Myers of the Hub exchange, and Floyd Schueler of the Parmer exchange. Thomas Hyer, WTRT manager, presented a financial report.

Subject of new hospital facility introduced again

BY SPEEDY NIEMAN
Editor-Publisher
A Joint Conference meeting between three Deaf Smith County Hospital District directors and three physicians has prompted the board to reconsider plans for building an on-site physicians' clinic.
The subject was introduced by Mal Manchee, board president, during a regular meeting Tuesday night, where he asked guests at the session for input on a proposal to build a new hospital facility.
The board is now looking at a proposal to erect a temporary, movable clinic building if citizens indicate a positive response on supporting the construction of a new hospital facility.
In other business Tuesday night, the board heard a proposal from Deaf Smith County Chamber of Commerce on hiring policies; heard an annual audit report; heard a board training session report; and approved the financial and operations reports.
In the Joint Conference committee meeting, Manchee said three long-

tenured doctors - Gerald Payne, Duffy McBrayer and Howard Johnson - expressed the opinion that Hereford needs a new hospital facility instead of continuing to remodel and add on to the old building.
Manchee asked the guests at the meeting to be a "sounding board" for the new facility proposal. The guests included chamber directors, representatives from Baptist St. Anthony Hospital, auditor Brandon Durbin, and Randy Williams.
Dave Clark said the issue was a "no-brainer," that anyone with any expertise could walk through the present facility and "tell you to get rid of it." However, he added that "the ultimate decision is still with the taxpayers." He said the "bigger issue is what you have to do to keep a healthcare facility in your community."
Clark said citizens in Borger were facing the same decision, and a task force has been formed to explain and outline to citizens the need for a new hospital there.
The BSA officials and Durbin pointed out many advantages in building a new, smaller, state-of-the-art facility. They listed advantages such as the facility being much more efficient in operations, and money-saving features in maintenance and energy costs.
While a previous cost estimate on a new facility was pegged at \$12 million or more, Durbin said he knew of a community that built a smaller hospital for about \$9 million.
When the report on the Joint Conference committee was presented to the board, trustee Dean Crofford was quick to point out that taxpayers wouldn't go for building a million-dollar clinic - proposed on the west side of the hospital - "when we're now talking about a new hospital."
Jim Robinson, Hereford Regional Medical Center administrator, suggested that the board study the possibility of a temporary, modular complex, for the new physician's clinic. He said one company can put up a building within a 120-day
(See HOSPITAL, Page 2)

Leonard, Guseman, Alonzo are latest candidates Two races loom as school, city filing deadline nears

With the filing deadline set for today in the May 3 elections for city and school boards, only two races are assured on the ballot: - those being for Hereford City Commission, Place 1, and the HISD board, District I.
Chris Leonard and Chip Guseman filed for board positions Tuesday, joining incumbent Mal Manchee in the at-large election. The Brand inadvertently reported Tuesday that Peggie Fox and Lisa Formby had filed as candidates. The two picked up petitions but have not filed. Mrs. Juarez, who filed last week, is being challenged by Maria Carrillo for the city commission, Place 1, seat.
Three have filed to date for the hospital board, where voters will choose three at-large candidates. The hospital board filing deadline has been changed from March 28 to April 3, it was announced Tuesday.
Jim Robinson, Hereford Regional

Medical Center administrator, said it was learned the hospital's enabling legislation sets the filing deadline at 30 days prior to the election.
Hospital board candidates are required to secure a petition signed by not less than 25 qualified voters asking that their names be placed on the ballot. Candidates will have until April 4 to file the petitions.
Incumbent Jo Beth Shackelford had previously announced she would not be a candidate, and incumbent Scott Keeling announced Tuesday he would not seek reelection.
In the HISD election, no one has filed for the District VI position. Since no one had filed 10 days prior to the deadline, the position was declared open to any candidate within the entire school district. Randy Tooley has filed for reelection in District III.
In the City of Hereford election, Mayo: Bob Josseland is seeking reelection, and City Commissioner Silvana Juarez, Place 1, filed last week for reelection. Maria Carrillo has also filed for Place 1, and Tom Coneway has filed for Place 3. Incumbent Scott Hall, Place 3, chose not to run again.
Early voting for the May elections will start April 14.

School supports hiring policy; approves HAC bid

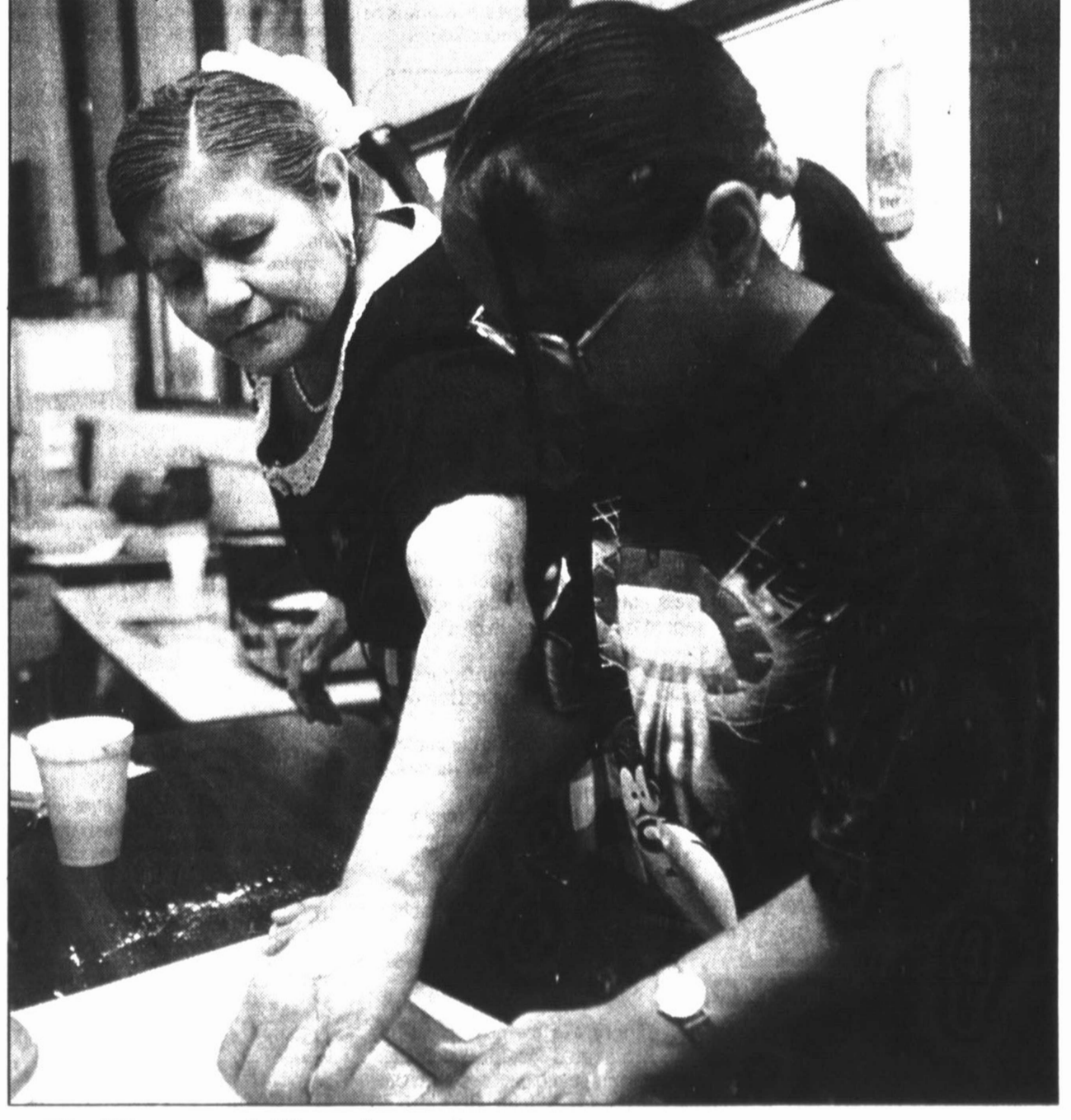
By SHERRI MARTIN
Staff Writer
The Hereford Independent School District is committed to hiring employees who live in the community or who are willing to relocate to the Hereford community, trustees said in a statement at the regular meeting Tuesday.
"And the administrators back it 100 percent," Interim Superintendent Nena Veazey said.
In other business, trustees:
-- Approved an alternate bid for the heating and air conditioning project at Aikman Primary School.
-- Heard a Hereford High School extended day classes proposal.
-- Heard a request for use of Whiteface Stadium for a local American Cancer Society fund-raiser.
-- Approved an instruction policy.
-- Cast ballots for the Education Service Center board of directors.
-- Approved the personnel report.
-- Recognized the 1996 State Champion Lady Whiteface Volleyball team members and the State Dyslexia Spelling Bee participants.
Deaf Smith County Chamber of Commerce Executive Vice President

Don Cumpston proposed a policy that all new employees reside or relocate to the Hereford community at the March 10 meeting.
The school district does encourage its employees to live in the Hereford community, Veazey said.
One-hundred-sixty-six new professional employees have been hired by the district since the 1992-93 school year, she said.
Of those numbers, 108 employees, or 65 percent, live in Hereford, Veazey said.
Fifty-eight, or 35 percent commute to the district from surrounding areas, she said.
The district currently employs 410 professional staff members. Of those numbers, 75 employees, or 18 percent, are commuters, Veazey said.
Some of these commuters have been employed by the district for more than 20 years, she said.
The chamber would like to see the district "grandfather" the current commuter employees, Cumpston said.
The Chamber of Commerce is doing a positive thing for the Hereford community, Jeff Torbert said.
"All I want to do is support them," Torbert said.
Whether or not the employee lives in Hereford, the quality of teacher is a priority of the school board, Board President Dave Charest said.
"I don't want to cut back on the quality of teachers."
"I think as a board and as a school district we need to do everything we can to hire qualified teachers who live in Hereford or are willing to live in Hereford," Charest said.
Speaking on behalf of the Chamber of Commerce, the employment issue was not meant to be controversial, David McDonald said.
The purpose of the proposal was to have new employees become a part of the Hereford community, McDonald said.
"I think you've done well in issuing a statement. I think what you're doing is working toward that goal," he said.
Speaking on behalf of the Board of Realtors, local real estate agencies will help new employees find housing in Hereford, Don Tardy said.
"We'll work diligently to place your employees in affordable housing. We appreciate your support," Tardy said.
Trustees approved an alternate bid of \$31,578 for the Aikman Primary School Project heating and air conditioning project.
Armstrong Mechanical will install the five units in the cafeteria/all purpose room and move the 7-1/2 ton unit over to the kitchen area, George Carpenter of Armstrong Mechanical said in a letter to trustees.
Hereford High School Interim Principal Ken Cole presented an extended day classes proposal.
The proposal would allow students involved in several extra-curricular activities additional time to obtain credits needed for graduation, Cole said.
Trustees took no action on this item.
Jennifer Eggen requested the use of Whiteface Stadium, restrooms, concession stands and lights for an American Cancer Society's fund-raiser, which is set for June 6-7.
The 24-hour walk/run, "Relay for Life," is a national fund-raiser and awareness-raiser, Eggen said.
Trustees will take action on this item at the next meeting.
All trustees were present for the meeting.

Bush moves forward on property tax plan

AUSTIN (AP) - Gov. George W. Bush is stepping up his push for a property tax overhaul, portraying the fight as one between struggling homeowners and businesses that now go untaxed.
"In our state of Texas, we've got a few that pay a lot and a lot that pay none," Bush said Tuesday. "I'm not ashamed to say that if we're going to have a tax system, it ought to be fair. Everybody ought to pay a little."
Lawmakers have been studying Bush's tax proposal and also looking for other alternatives to the local school property tax, which generates more than \$9 billion a year.
Bush wants to reduce school property taxes by \$3 billion, paying for it with a \$1 billion state budget surplus, a half-cent sales tax increase and a new business activity tax.
But he said various business groups are fighting the business tax idea, and others are trying to protect current sales tax exemptions that

lawmakers are considering for possible elimination.
"The noise level is loud at the Capitol, because there are a lot of lobbyists who are paid a lot of money to protect the interests of those who pay no tax to the state of Texas. And that's not fair," Bush said.
"My job is to represent those whose voices are not heard... people who are desperately worried about owning their most prized possession - their home."
The governor's comments came in a speech to the Texas Association of Builders. Bush drew repeated applause when he said it would be bad policy for Texas to discourage home ownership.
"There's a lot of talk about the middle class tax squeeze in our country. One reason why - because the most prized possession of our middle class is getting heavily taxed."



Rolling out the dough
Shirley Intermediate School students participated in Career Day on Tuesday. More than 50 professionals made career presentations to the students. Here, Nena Mendez, left, shows fourth-grader Nave Perez how to make a tortilla as part of the housewife/caretaker session.

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Local Roundup

Sunny and warm

Hereford reached a high temperature of 64 degrees and an overnight low of 33 degrees on Tuesday. For Wednesday night, look for clear skies with a low around 40. The winds will be light. Thursday will be sunny and much warmer with a high in the mid 80s. The winds will be from the southwest at 5 to 15 mph. The five-day forecast calls for mostly sunny skies and highs in the 80s.

Golf course to be closed

John Pitman Municipal Golf Course will be closed to the general public during the morning and early afternoon on Friday and Saturday for the Hereford High School Golf Tournament. The course will be available to the public for play after 3:30 p.m. on both days.

Obituaries

LOLA MAE MUNSON March 18, 1997

Lola Mae Munson, 83, of Hereford, died Tuesday. Services will be at 3 p.m. Thursday in the Gilliland-Watson Funeral

Home Rose Chapel with the Rev. Don Larkin of Pampa, officiating. Burial will be in West Park Cemetery.

Mrs. Munson was born Feb. 24, 1914, in Montague County. She married Lester Williams Sims in 1933. They moved to Deaf Smith County in 1934. He died in 1981.

She then married Raymond O. Munson in 1984. He died in 1994.

She was a homemaker and a Baptist. She had participated in quilting, line dancing and serving at the Hereford Senior Citizen's Center. Survivors include three sons, David Sims of Sunray, Richard Sims of Hereford, and Lester Sims of Glenwood, Ariz.; two daughters, Florene Gandy of Tahoka and Juanita Estep of Panhandle.

The family requests memorials be to Hereford Senior Citizens and Westgate Nursing Home.



REBECCA GARZA RAMIREZ March 16, 1997

Rebecca Garza Ramirez, 41, of Amarillo, formerly of Hereford, died Sunday.

Services will be at 10 a.m. Thursday in Boxwell Brothers Funeral Directors Ivy Chapel. Burial will be in Llano Cemetery.

Mrs. Ramirez was born in Weslaco and had lived in Amarillo for 20 years. She graduated from Hereford

High School and was employed by Village Cleaners. She was a Catholic.

Survivors include three daughters, Lucretia Ramirez, Felicia Ramirez and Raquel Ramirez, all of the home; a son, Victor Ramirez of the home; three sisters, Melida Pacheco and Olga Garza, both of Hereford, and Yolanda Gomez of Amarillo; a brother, Gilbert Garza of Hereford; and a grandchild.

GLENNA LEE PERCIFUL March 17, 1997

Glenna Lee Perciful, 74, of Amarillo, a Hereford native, died Monday.

Graveside services will be at 4 p.m. Thursday in West Park Cemetery in Hereford with Dr. Tom Fuller of First United Methodist Church in Hereford officiating. Arrangements are by Schooler Gordon Funeral Home.

Miss Perciful was born in

Hereford. She attended Amarillo High School and graduated from Hutchinson High School in Kansas.

She attended West Texas State University before beginning a career as an accountant. She was an accountant for 34 years before retiring in 1977.

Survivors include an aunt and seven cousins.

The family requests memorials be to the American Cancer Society.

News Digest

STATE

AUSTIN - Gov. George W. Bush is stepping up his push for a property tax overhaul, portraying the fight as one between struggling homeowners and businesses that now go untaxed.

AUSTIN - Filing phony court documents, a problem-causing tactic used by members of the Republic of Texas group, would become a crime under a bill approved by the Texas Senate.

AUSTIN - West Texas lawmakers may be throwing a wrench in plans to speed through redistricting by enacting court-ordered plans for the Senate and Congress that would be in effect until after the census in 2000.

AMARILLO - Inspectors planned to search the charred remains of a warehouse complex today for the only victim of a huge industrial fire that blackened the eastern Amarillo sky.

WASHINGTON - Non-citizens who are disabled may be eligible to skip key parts of the citizenship exam under new rules taking effect today. Citizenship applicants who can prove significant mental, physical or developmental disability will be exempted from the English proficiency and civics portions of the test.

AUSTIN - Last-minute objections to a bill that would require parental notification for minors to get an abortion were denounced as a "red herring" by Sen. Florence Shapiro, the bill's author.

AMARILLO - The Russians never needed U.S. aid in building nuclear weapons, but this week they're enlisting their old Cold War adversaries for help in safely disposing of their plutonium stockpile.

EL PASO - The administrator of the El Paso County Medical Examiner's Office has been placed on paid administrative leave pending an investigation of allegations that he had sex with a 15-year-old Clovis, N.M., boy he met through the Internet.

OKLAHOMA CITY - An investigator helping Oklahoma City bombing attorney Stephen Jones says he never wrote any false confessions for Timothy McVeigh.

NATION/WORLD

TEL AVIV, Israel - Israel's decision to defy worldwide opposition and begin a massive construction project in disputed east Jerusalem has placed a large question mark over the teetering peace process with the Palestinians. If the Palestinians' protests degenerate into deadly clashes or bombings inside Israel the accords signed in 1993 likely will be shelved for a long time.

ANAHEIM, Calif. - Aggressively treating mild heart attacks with angioplasty and bypass surgery, as is now common, may do more harm than good.



Fundraiser held for Crimestoppers

Robin Ruland, right, Crimestopper coordinator, presents a certificate of appreciation for a fundraiser held Saturday by members of the service department at the Chevrolet-Olds agency. More than \$1,000 was raised in a quick-lube project, with 51 cars being serviced. Service department members were, left

to right, back row: Joe Reeve, Mitch Reeve, Gail Cash, Raymond Chavez, J. Dale Buter; front: Chester Harrison (Crimestopper director), Emilio Martinez, Harry Lucio, Vincent Martinez, Phil Foster, Kevin Harbinson, and Steve Stevens, dealership owner.

Industrial fire blackens Amarillo sky 43-year-old worker does not escape

By MARK BABINECK
Associated Press Writer
AMARILLO, Texas (AP) - The charred remains of a warehouse complex smoldered today as inspectors prepared to search for the only victim of the huge industrial fire that blackened the eastern Amarillo sky.

A 43-year-old worker didn't escape the Tuesday afternoon blaze and searchers were to retrieve his body today.

"We're 99.9 percent sure he is still inside there," Potter County Justice of the Peace Terry Miller said. "But as far as being able to get inside and get to a body, we can't. We will have to make sure the building is structurally sound first."

Another Johnson Filtration Products employee, Sammy Marez, was admitted to Northwest Texas Hospital with second-degree burns on

his back and shoulder. Marez was treated and later released, a hospital spokeswoman said.

The fire began around 1 p.m. at the Johnson warehouse, and a 20 mph wind quickly spread it to some next-door businesses, witnesses said. The fire burned late into the afternoon, and the smoke column was visible for more than 30 miles.

"I looked outside and saw some smoke that was blacker than usual," said Dusty Frederick, a worker at Pan Am Distributing, a roofing supply company that also was destroyed. "By the time I got outside is about when the explosion happened."

The blast, which a witness said was caused by flames that reached a fuel tank, blew out the south wall of Johnson's building and spread next-door where it gutted Pan Am and another shop.

The Johnson building was mostly engulfed when firefighters arrived three minutes after an alarm, Amarillo fire Lt. Marc Lusk said. A flare-up of the unpredictable blaze thwarted rescuers' attempts to reach the trapped man.

"The fire was too intense," Miller said Tuesday night. "We've not been able to get the fire personnel in there to get a recovery team in the building to get to a victim."

The missing Johnson worker was knocked over by the blast, said Ronnie Smart, another employee who fled the burning building. He said workers had fought the flames with an extinguisher before smoke forced them out.

"I was right there trying to put it out and then I couldn't breathe," Smart told the Amarillo Globe-News. "I just had to go."

He said a machine that vibrated against an electrical cord wore off electrical insulation and sparks then ignited waste cotton, which was sucked through a vacuum system into another room where excess cotton was bagged.

The blaze lapped out of holes in the Johnson building's walls, charred a nearby telephone pole and caused a small grass fire that firefighters prevented from jumping nearby railroad tracks.

"Our initial major concern was that the grass fire didn't get to the stockyards," he said. "We've fought that fire before and we didn't like it." About 2,200 homes in the adjoining neighborhood lost power for up to an hour while the fire raged.

Johnson Filtration employs about 26 people, said Karen Allemand, a receptionist at the Amarillo Chamber of Commerce.

Russian scientists attend week-long NATO-sponsored seminar in Amarillo

AMARILLO, Texas (AP) - The Russians never needed U.S. aid in building nuclear weapons, but this week they're enlisting their old Cold War adversaries for help in safely disposing of their plutonium stockpile.

"We're trying to understand their safety cultures, then offer them our ideas," said Paul F. Krumpke, with the U.S. Department of Energy.

About 30 Russian scientists and nuclear officials are attending a week-long NATO-sponsored conference with their American counterparts here, just a hop from this country's largest plutonium storehouse.

Since Russia is determined to convert an estimated 50 tons of excess weapons-grade plutonium into mixed-oxide, or MOX, fuel, the United States has pledged to help make sure it does so safely, Krumpke said.

The United States would like to see the Russians adopt many U.S. regulatory models to strengthen their oversight system, which currently differs from plant to plant, one high-ranking federal source said on condition of anonymity.

He added that the Russians traditionally have concerned themselves with major disasters while

letting everyday safety issues go unchecked.

The central topic Tuesday was MOX fuel conversion, a process decryed by anti-nuclear forces as a continued proliferation of plutonium. Most nuclear watchdog groups support immobilization of plutonium in a glass mixture, supposedly making it unrecoverable for future weapons use.

Immobilization isn't on the five-day agenda.

"Our main concern is that there's not a full representation of scientific opinion at the conference," said Don Moniak, president of Serious Texans Against Nuclear Dumping, which opposes a MOX plant at Pantex.

Russia doesn't trust immobilization and wants to see the United States burn its plutonium in reactors. At least two Russian cities might someday rely on MOX fuel for power, Krumpke said.

Russian researcher Victor Bolyatko said MOX fuel would be one beneficial result of the costly arms race.

"From my point of view, the main reason is to expend weapons grade

plutonium rather than keep it and have the opportunity to use it again for military purposes," said Bolyatko, of the Moscow Engineering and Physics Institute. "It's not for profit, except the profit of removing this plutonium from military use."

Since Pantex houses 10,000 American atomic bomb cores and is approved to eventually store twice that, Moniak fears that the DOE will build a MOX facility on its premises just east of town.

Pantex is one of four DOE sites under consideration for such a facility.

"Once the plutonium is all here, it creates more of an incentive to do it (MOX) here," Moniak said. "The issue of processing is entirely different than the issue of storage."

The conference is being hosted by the Amarillo National Resource Center for Plutonium, a consortium that includes the University of Texas, Texas A&M and Texas Tech.

HOSPITAL

period.

Don Cumpton, executive vice president of Deaf Smith County Chamber of Commerce, presented the proposal for taxing entities to require employees to reside in the county. He was accompanied by four chamber directors.

"We're not trying to cause a controversy," said Cumpton. "We're promoting Hereford, only, in a positive way. We realize there are circumstances where employees must be hired who live out of the county, but even a 50 to 60 percent reduction in those numbers would have a great economic impact on the community."

Trustee Jo Beth Shackelford said, "I couldn't agree with you more and I endorse the idea." Manchee said he agreed with the principle, "but there are times when we must employ people who won't take the job if they have to move here."

During the audit report, Durbin noted that hospital assets were \$4,415,655, up from a total of \$3,442,118 last year. Most of the increase was in cash and cash equivalents. Total operating revenue was up about \$1.1 million and operating expenses were up almost \$600,000.

The operating loss was \$950,731, down from \$1.45 million a year ago. Non-operating gains were up,

resulting in a bottom line gain of just over \$1 million, compared to \$259,738 a year ago.

Dr. Wes Langham, a BSA consultant, outlined issues addressed by the board in a self-evaluation program. "The hospital looks good inside, but I know you have promised state officials to fix some things in the future to fulfill accreditation standards."

He said he believed the trustees had a good understanding of their purpose as a board, and he reviewed those responsibilities. He stressed the board's need to work with the administrator and medical staff.

Robinson reported that HRMC had received official designation as a Level IV Trauma Center. The report praised Rosemary Barrett, RN, trauma coordinator, for doing "a tremendous job in preparing for the survey."


The administrator also reported that the hospital has 11 managed care contracts, and that a Teddy Bear Clinic held at the hospital for youngsters was well received.

Mark Collier reported that the Rural Health Clinic continued to show a loss. "We need the clinic and we must make it work," he told other trustees. Larry Watts presented the monthly financial statement. All board members were present for the meeting.

Emergency Services


Activities reported by law enforcement agencies Wednesday:

- POLICE DEPARTMENT**
 - Animal bite reported.
 - Theft reported in the 600 block of North 25 Mile Avenue.
 - Theft reported in the 300 block of North 25 Mile Avenue.
 - Disorderly conduct reported in the 700 block of 25 Mile Avenue.
 - Criminal trespass reported in the 600 block of Irving.
 - Domestic disturbance reported in the 800 block of Union.
 - Criminal mischief reported in the 200 block of Avenue F.
 - Criminal non-support reported.
 - Burglary of a vehicle reported in the 400 block of Avenue I.
 - Twenty-five citations issued.
- FIRE DEPARTMENT**
 - No calls.
- SHERIFF'S DEPARTMENT**
 - 26-year-old male arrested for misdemeanor violation of probation.



MEMBER

TEXAS PRESS ASSOCIATION



AUSTIN (AP) - The winning Pick 3 numbers drawn Tuesday by the Texas Lottery, in order:
5-6-6
(five, six, six)

AUSTIN (AP) - The winning Cash Five numbers drawn Tuesday by the Texas Lottery:
12-19-33-35-39
(twelve, nineteen, thirty-three, thirty-five, thirty-nine)

THE HEREFORD BRAND

The Hereford Brand (UPPS-543-060) is published daily except Mondays, Saturdays, July 4, Thanksgiving Day, Christmas Day and New Year's Day by The Hereford Brand, Inc., 23 N. Lee, Hereford, TX 79044. Second class postage paid at the post office in Hereford, Texas.

POSTMASTER: Send address changes to the Hereford Brand, P.O. Box 673, Hereford, TX 79044.

SUBSCRIPTION RATES: Home delivery by carrier in Hereford, \$5.39 monthly; by mail in Deaf Smith County or adjoining counties, \$5.25 a year; mail to other Texas areas, \$7.50 a year; outside Texas, \$8 a year.

The Brand is a member of the Associated Press, which is authorized to use for republication all news and dispatches in this newspaper and also local news published herein. All rights reserved for republication of special dispatches.

The Brand was established as a weekly in February, 1981, converted to a semi-weekly in 1985, to five times weekly on July 4, 1976.

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Man. Editor
Adv. Mgr.
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Lifestyles

March is Nutrition Month

Seniors: Eat well for good health

By CHARLOTTE R. CLARK
MS RD/LD

Nutrition is important through all life stages -- from childhood through late adulthood.

When you were a child, you were encouraged to eat balanced meals. If you raised a family, you probably urged your children to do the same. As you age, a balanced and varied eating pattern remains important, but your nutritional needs change.

This is especially true if you take medications that may impact your appetite and vitamin and mineral needs. Also, the risks for nutrition-related disease such as heart disease, the bone disease osteoporosis, and diabetes increase as you age.

*Eating for good health. Americans are living longer so good nutrition and regular physical activity are key to good health.

Eating smart means including a variety of foods each day. Foods provide the energy, protein, vitamins, minerals, fiber, and water you need for good health. Use the Food Guide Pyramid to help guide your food choices for breakfast, lunch, dinner, and snacks.

*Breakfast really matters. Start the day with the most important meal: breakfast.

Breakfast helps fuel the brain and body with the energy it needs. Try a bowl of fortified cereal with low fat milk. Fortified cereal provides

vitamins, such as folate and the B vitamins, and minerals, such as iron.

Milk provides protein, B vitamins, and minerals, such as calcium, phosphorus, and magnesium. And the fiber in cereals helps keep your digestive system working regularly.

Another easy breakfast choice is a cup of low-fat yogurt mixed with presweetened or low-fat granola and fresh fruit slices.

*Tips for the lunch bunch. Choose flavorful sandwich breads that contain fiber, such as multi-grain, whole wheat, bran, or oats.

Include lean roast beef or turkey, lettuce and tomato, or other vegetables, such as cucumber, red pepper or carrots, for taste and crunch.

Pair your sandwich with a cup of vegetable or lentil soup. Carrots, potatoes, and spinach provide a variety of vitamins, and lentils contain fiber and folate.

*Making dinner a winner. For a quick meal, bake or broil poultry or fish with a light coating of crushed

high-fiber cereal and chicken broth. Dip chicken or fish in broth and then coat with cereal before baking or broiling. Round out your meal with rice and beans and a fruit.

For another winning dinner, toss cooked pasta with a package of cooked frozen vegetables. Top with your favorite marinara sauce and a sprinkle of parmesan cheese. Add a mixed green salad with vinaigrette dressing and you have a delicious, flavorful, and easy meal.

*Healthful snack facts. Add fresh or canned fruit to low-fat ice cream or frozen yogurt with a sprinkle of low-fat granola. Have a bowl of presweetened cereal with milk or try a muffin for a tasty snack with a glass of low-fat milk or juice.



Stack supper preparations

Grant and Troyce Hanna begin preparations for the Mexican Stack Supper which will be held from 4 p.m. to 8 p.m. Saturday at Hereford Senior Center. The supper is a fund-raiser for Golden K Kiwanis Club. Tickets are \$4 and children 5 and under eat free.

Ann Landers

Dear Ann Landers: After seven years of marriage (we have a beautiful 6-year-old son), my wife has decided that she cannot "be her own person" with me. She claims she feels boxed in and has no time for friends and it's my fault. I have been a faithful, hard-working husband and a good father who did most of the cooking, cleaning and food shopping and paid all the bills.

We went for counseling, but she blamed me for all our troubles, including the affair she had with Mr. X, our next-door neighbor. She told the counselor I drove her to it and admitted taking our son to play with Mr. X's son five or six days a week so she could see Mr. X as much as possible. She also instructed our son not to tell Daddy because he might get mad.

Now that she has broken my heart and torn our family apart, she wants custody of our son. I have spoken to several attorneys who all say I have no chance to win in court. I understand this happens to men all the time. Is there no justice? Will this ever change? Or am I looking in the wrong places for help? -- Margate.

Dear Margate: Some women are going to call me a traitor, but my readers tell me men often get treated unfairly when it comes to custody battles.

The notion that children are always better off with their mother is not true. Some fathers are much more responsible and caring (you sound like one), and the children would fare better with their dad.

Many fathers have written to say the child support money is not being spent on the child -- witness torn shoes and worn-out jackets and jeans. To the men out there who are not being treated fairly, I say don't give up. Keep fighting, for the sake of your children. And get a lawyer who has a record of success in such cases.

Dear Ann Landers: Will you please tell people to stop asking women if they are pregnant. I was asked that question recently and replied, "My baby is now 4 years old. I am just fat."

I own a small maternity shop and have a legitimate reason for asking that question when a customer wants to be shown some clothes. (The woman might be shopping for her

sister.) Wishing to take no chances, I always ask, "Is someone in your family having a baby?"

If the woman tells me she is pregnant, I say, "You certainly are hiding it well." Of course, she is pleased. I never assume a customer is pregnant unless she is so far along she may be in danger of having the baby in the shop.

Most pregnant women are happy to share their joy, but to those who only LOOK pregnant, the question is a real downer. Spare us, please. -- Peoria

Dear Peoria: Thanks on behalf of all the women you have spared.

Dear Ann Landers: As immediate past president of the New York State Society of Anesthesiologists, I ask that you alert parents and those who care for small children about the dangers of choking. Thousands of children each year come close to death from inhaling foreign bodies. We see many of them, sometimes when it's too late.

Holidays are particularly dangerous. Children have easy access to nuts (peanuts are the most difficult to remove), hard candies, soft foods such as hot dogs and sausages, and toys with small parts -- all capable of causing choking. The mix of parties, gifts, excitement and distracted parents can be deadly.

Here is an excellent test -- any object that can pass through the tube from a roll of toilet paper is too small to give to children under 3 years of age without supervision.

Your column reaches millions. Please inform them about this danger, and help make the world safer for our children. -- Alexander W. Gotta, M.D., New York

Dear Dr. Gotta: You told them, and I thank you.

Hospital Notes

Report from Hereford Regional Medical Center on March 19:
Admissions: Albert Latham, Estrellita Castillo, Fabian Montes.
Discharges: Robert Higgins, Angelica Villarreal, Refugio Enriquez, Clyde Cave.

Senior Citizens

MENUS

THURSDAY-Ham, cheese grits, mixed vegetables, jellied citrus salad, cornbread, vanilla pudding; or roast beef, vanilla wafers.

FRIDAY-Baked fish, tartar sauce, macaroni and tomatoes, fried okra, coleslaw, cornbread, pears and cookies; or beef patties.

MONDAY-Swiss steak, mashed potatoes, buttered sliced carrots, tossed green salad, sliced bread, bread pudding with raisin sauce; or baked chicken breast, pears.

TUESDAY-Oven fried chicken, country gravy, mashed potatoes, blackeyed peas, pear/grated cheese, biscuit, vanilla ice cream with fruit topping; or brisket, sherbet.

WEDNESDAY-Polish sausage with barbecue sauce, sauerkraut, oven brown potatoes, fried okra, sliced tomato salad, cornbread, peach

cobbler; or Swiss steak, peaches.

ACTIVITIES

THURSDAY-Pool classes, exercise class 10-10:45 a.m., oil painting 9-11 a.m., choir practice 1-2 p.m., 55 Alive Driving class 10 a.m.-12 noon and 1-3 p.m., Thrift Store open 9 a.m.-4 p.m.

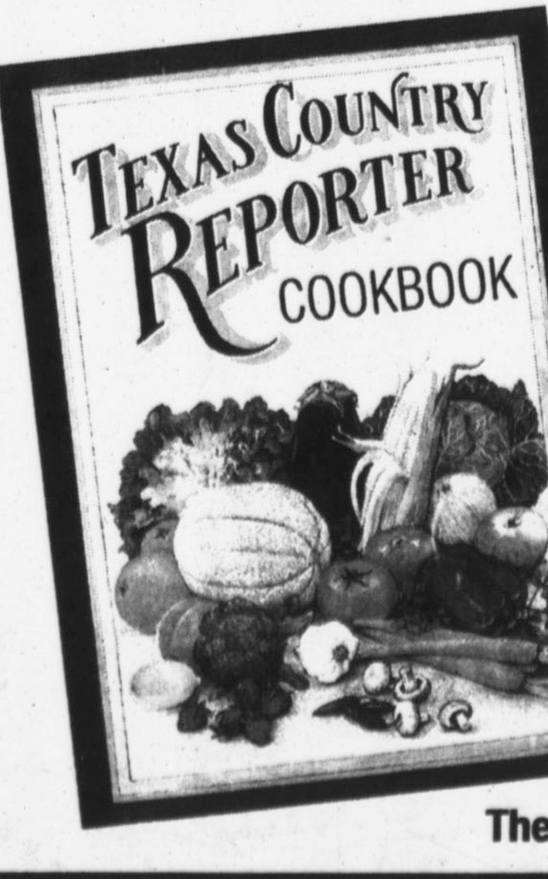
FRIDAY-Pool classes, line dance 10-11 a.m., 55 Alive Driving class 10 a.m.-12 noon and 1-3 p.m., Thrift Store open 9 a.m.-4 p.m.

SATURDAY-Games 12 noon-4 p.m., Mexican stack supper 4-8 p.m.

MONDAY-Pool classes, line dance 10-11 a.m., doll class 1-4 p.m.

TUESDAY-Pool classes, exercise classes 10-10:45 a.m., Beltone 9 a.m.-12 noon, decorative tole painting 1-3 p.m.

WEDNESDAY-Pool classes, exercise class 10-10:45 a.m., ceramics 1-3 p.m.



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Little Miss Pageant set

The 1997 Little Miss Hereford Pageant has been scheduled for 6 p.m. April 5 in the HISD Administration Building.

The pageant is sponsored annually by the Women's Division of the Deaf Smith County Chamber of Commerce.

Age divisions are Cutest Miss - pre-school and kindergarten; Miss Petite - first, second and third graders; Little Princess - fourth, fifth and sixth graders; and Junior Miss - seventh, eighth and ninth graders.

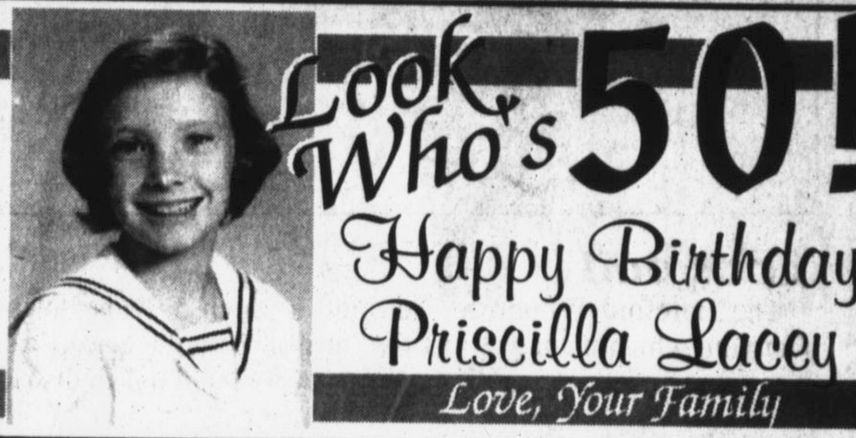
Entry forms for the pageant are available at the Chamber office, 701 N. Main. Entry deadline is Friday, March 21.

Library to show Family Film

Darby O'Gill and the Little People, starring Sean Connery, will be showing at the Deaf Smith County Library Thursday night at 7 p.m.

A frisky old storyteller named Darby O'Gill is desperately seeking the legendary pot of gold at the end of the rainbow, but must outsmart the wily little leprechaun, King Brian.

Family Film Night is sponsored each month by the Friends of the Deaf Smith County Library. The movie is free and the popcorn in 25 cents.



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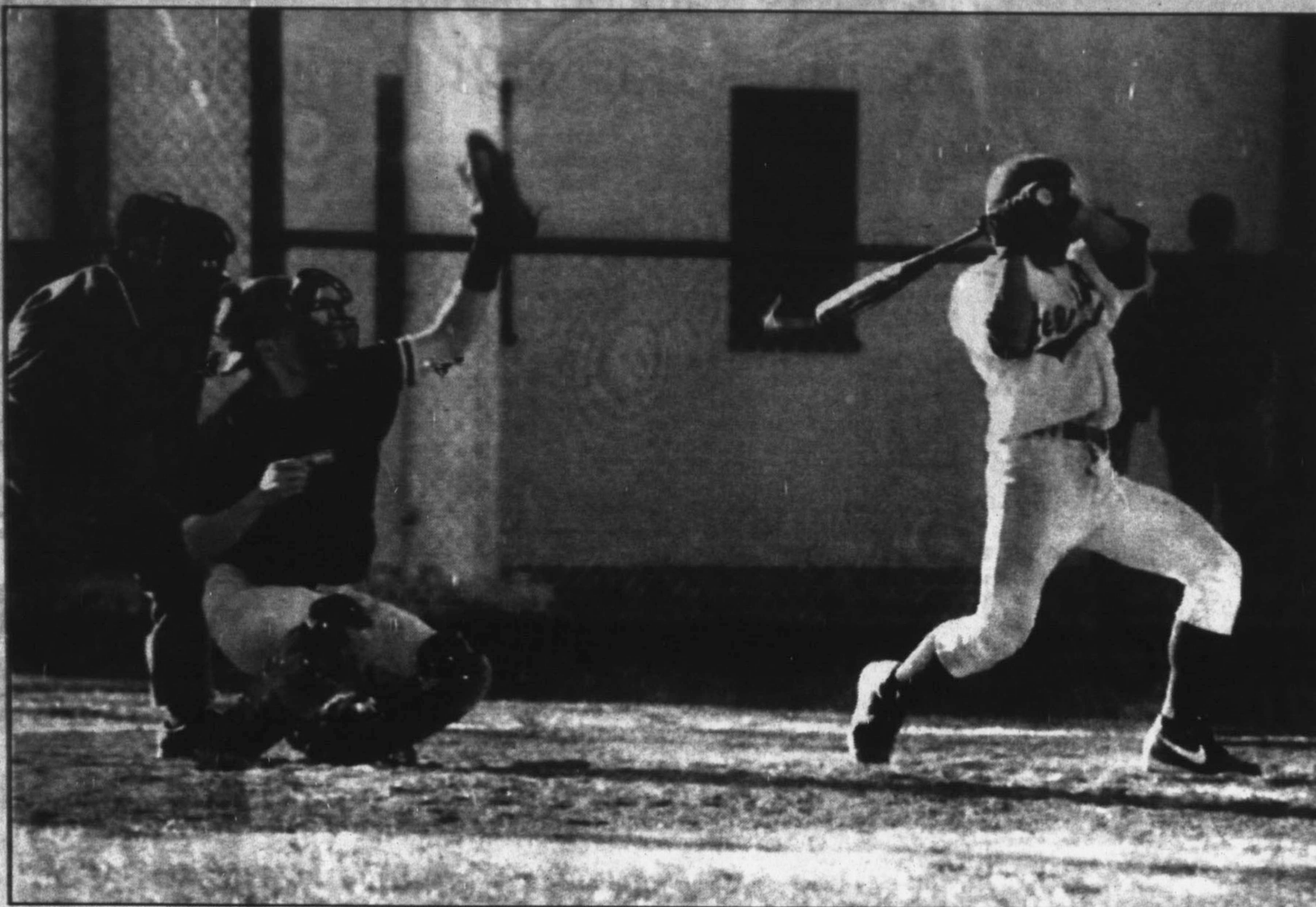
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Sports



Canyon bats spoil Herds' 1-4A debut

By Tommy Wells
Managing Editor

The Hereford Whitefaces had to be happy with their performance Tuesday afternoon in the 1997 District 1-4A opener. They accomplished three of the four main things a team sets out to do: They hit, they fielded, and they got seven strong innings of pitching.

Unfortunately, the Canyon Eagles had a little more luck. It was shaky luck, but, nonetheless, it was luck.

Canyon, despite getting just five hits, used a two-run error in the top of the fifth inning to key a tough 5-

2 come-from-behind win over Hereford in front of a good-sized crowd at Whiteface Field. The Eagles had to work hard to escape with the win, however, as Hereford brought the tying runs to the plate in both the sixth and seventh innings.

See HERD, Page 5

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Look out!

The Hereford Whitefaces suffered a tough 5-2 loss to the Canyon Eagles Tuesday afternoon in their District 1-4A opener. Canyon, which managed just five hits of Whiteface ace Eric Ambold, did most of its damage in the fifth by scoring two runs on a throwing error. Hereford, now 6-8 overall and 0-1 in district, travels to Borger Saturday.

Bezner helps carry Hereford girls to second in Amarillo Relays meet

Hereford's Whiteface girls won second place in the Dumas Invitational Golf Tournament Saturday, finishing with a two-day team total of 734. Hereford's B team captured eighth place in the tourney with a score of 844.

The boys' team wound up eighth in the strong Amarillo Relays Golf Tournament with a two-day team total of 688, playing Tascosa Country Club on Friday and Amarillo Country Club Saturday. Amarillo High won the tourney.

Jacque Bezner was third in the medalist competition at Dumas, shooting an 84-89-173. Katie Bone had a 93-90-183; Amy

Killingsworth carded a 96-89-185; Lindsey Ward shot a 93-100-193; and Jennifer Phipps had a 97, playing Friday only.

Pampa won the girls' division with a team total of 688 and Borger was third among the nine teams with a 745. All district 1-4A teams were entered except Caprock.

The Hereford B team girls' scores were: Stephanie Bixler 95-93-188; Michelle Bixler 102-100-202; Kristen Cole 105-111-216; Lisa Coneway 117-121-238; and Sheena Stokes 129-134-263.

At Amarillo, the Whiteface boys had a tougher time on the Amarillo Country Club course, shooting a

team total of 355 after carding a 333 at Tascosa.

Jeremiah Baros led Hereford with an 83-86-169. Heath Henderson carded 83-87-170; Keith Riley shot a pair of 87s for a 174; Greg Reinart had a rough second round with an 80-98-178; and Randy Mason finished with a 92-95-187.

The Deaf Smith County Invitational Golf Tournament will be held Friday and Saturday with 11 teams in both the girls' and boys' division.

There will be shotgun start at 9 a.m. each day at Pitman Municipal Golf Course.

Hereford Coach Stacy Bixler said

all the District 1-4A teams will be entered, providing a measure of the competition before district play starts March 27. With individual matches, he is expecting about 120 golfers to be participating in the tourney.

Teams in the boys' division include Hereford A and B; Randall, Caprock, Borger, Pampa, Dumas, Morton, Canyon, Trinity Fellowship and Memphis.

Girls teams entered will be Hereford A and B, Randall, Caprock, Borger, Dumas, Pampa, Denver City, Canyon, Trinity Fellowship and Vega.

Cowboys could ink Johnston to deal today

By The Associated Press

DALLAS (AP) - The Dallas Cowboys will announce today that they have reached an agreement with free-agent fullback Daryl Johnston. The Dallas Morning News reported today.

The newspaper quoted sources close to the negotiations as saying the team will announce the signing of Johnston, the team's top off-season

priority, at a news conference today.

Team owner Jerry Jones said Tuesday that the talks were still under way.

"We're still negotiating," Jones said. "We're not done yet."

Jones, team vice president Stephen Jones and Leigh Steinberg, Johnston's agent, spent several days last week in California working on

the deal.

Steinberg did not return repeated telephone calls to his office Tuesday, the newspaper reported.

Johnston, who has made his reputation as a devastating lead blocker, caught 43 passes last season for 278 yards and gained 48 yards on 22 carries.

No matter where the Cowboys are playing, fans always break in

chant "Moose" whenever Johnston touches the ball or makes a good block.

Running back Emmitt Smith, usually the beneficiary of Johnston's blocking ability, said Johnston was the team's offensive MVP last season.

Johnston graduated from Syracuse in 1988 and joined the Cowboys in 1989.

Indiana standout says Knight forced him to quit

INDIANAPOLIS (AP) - Neil Reed is accusing Indiana coach Bob Knight of verbally and physically abusing the junior guard and pressuring him to leave the basketball program.

"If the choice were mine, I would have returned to Indiana University," Reed said in a statement Tuesday. "But the choice was not mine. Coach Knight has made it clear that in making those decisions about my

future, he is accountable to no one."

Reed's statement also included vague references to Knight verbally and physically abusing coaches and players, though he did not elaborate. Reed said he was singled out by Knight for criticism and made the focal point of the coach's abuse.

"Coach Knight has continued his longstanding tradition of verbal attacks and physical assaults on his players and his coaches," Reed said.

"I have personally been at the forefront of those focused attacks during my time at IU."

Reed's comments were part of a statement announcing that he would leave the basketball program at Knight's request.

Knight released a statement through the university Tuesday night, denying Reed's allegations that he abused players and coaches.

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Sonics upset with foul call against Bulls' Jordan

By CHRIS SHERIDAN
AP Basketball Writer

The ref blew his whistle and raised his fist, sending Michael Jordan to the foul line to score the winning points with three seconds left in overtime.

Afterward, the Seattle SuperSonics called it a bogus call.

"Everybody in the world knows there's a double standard here," Seattle coach George Karl said after the Sonics dropped an 89-87 decision to the Chicago Bulls on Tuesday night. "But that's part of it. You've got to win a championship. It's the old cliché of knocking out the world champion in boxing."

In a rematch of last season's NBA finalists, the disputed call came with the score tied 87-all.

Jordan, guarded by Gary Payton, seemed to bobble the ball as he was putting up a jumper. By a foul was called on Payton, Jordan sank both free throws and Hersey Hawkins missed a 3-pointer at the buzzer.

"He lost the ball. I didn't foul anybody," Payton said. "We did a great job and played great defense. It's heartbreaking for us and I hope we get a chance to play them again."

Jordan disputed the double standard claim.

"That's garbage," he said.

In other NBA games, Portland topped Sacramento 92-87, Houston

defeated New Jersey 97-89, the Los Angeles Clippers beat Phoenix 121-111, Washington edged Dallas 86-85, Indiana trounced Minnesota 115-97, New York defeated Vancouver 98-73 and Toronto beat Philadelphia 117-105.

Jordan played 50 minutes, scored 32 points and matched a career high with 18 rebounds.

Payton finished with 14 points, 12 rebounds and 14 assists.

Chicago's Scottie Pippen and Seattle's Shawn Kemp both missed overtime after fouling out in the closing seconds of regulation.

The Bulls, who notched their 25th straight home victory, also beat the Sonics in an earlier regular-season meeting at Seattle.

"We defended our homecourt and we proved we can win there. They didn't prove they can win here," Jordan said.

Trail Blazers 92, Kings 87

At Portland, the Blazers upped their winning streak to 10 games, the longest current one in the league and the fourth-longest in franchise history.

The Blazers scored the first 15 points of the game, blew the lead and then led by nine midway through the fourth before Mitch Richmond led Sacramento back. A four-point play by Richmond cut Portland's lead to two points, but the Blazers held on as Mitchell But-

ler made one free throw and Kenny Anderson added two from the line.

Anderson scored all 22 of his points in the second half.

Rockets 97, Nets 89

At East Rutherford, Sedale Threatt and Eddie Johnson, both signed by Houston earlier this month, scored 11 points each in the fourth quarter as the Rockets came from behind in the final period for the 17th time this season.

Clyde Drexler, playing only his second game since returning from a hamstring injury, led the Rockets with 23 points and 12 assists. Hakeem Olajuwon added 14 points and 15 rebounds.

Kendall Gill and Jimmy Jackson scored 20 points each to lead New Jersey, which was coming off wins over Chicago and New York.

Clippers 121, Suns 111

Rodney Rogers scored 11 of his 21 points in the fourth quarter, and Los Angeles moved into seventh

place in the Western Conference playoff race by winning at Phoenix.

The Suns are 11 games behind Sacramento for the eighth and final spot in the West.

Darrick Martin had 20 points for the Clippers, who lost seven of their previous nine games. Loy Vaught had 14 points and 18 rebounds.

Kevin Johnson had a season-high 37 points and 10 assists for the Suns, who were denied their fourth straight victory.

Bullets 86, Mavericks 85

Calbert Cheaney's layup with 1.5 seconds left gave Washington its fifth straight road victory.

Derek Harper then bounced an inbound pass off the hip of Cheaney, picked up the ball and shot a 30-footer that rolled around the rim twice before falling away at the buzzer.

"I had to stand there and watch it," Cheaney said. "I said, 'Please don't let it go down.' I've seen that

play happen in the pros before, but not in a while. I didn't want it to happen to me."

Pacers 115, Timberwolves 97

At Indianapolis, Reggie Miller scored 27 points, Dale Davis had 23 points and 13 rebounds and Rik Smits added 21 points for the Pacers, who shot 57 percent from the field and outrebounded the Timberwolves 41-26.

Smits scored 17 of the Pacers' 38 points in the decisive third quarter, when Indiana went 14-for-19 from the field and 8-for-9 from the foul

line to build a 17-point lead. Indiana extended the margin to 22 on Travis Best's 3-pointer with 7:27 left in the fourth quarter.

The Timberwolves have lost four of seven games to slip below .500 for the first time since Feb. 19.

Nicks 98, Grizzlies 73

At New York, the Knicks held the Grizzlies scoreless for the final 9:05 and extended Vancouver's losing streak to 14 games - the longest in the NBA this season.

Raptors 117, 76ers 105

At Toronto, Marcus Camby scored a career-high 36 points.

Springlake-Earth Junior High Track Meet

Meet was held this past Saturday at Springlake. (Hereford finishers only)

EIGHTH GRADE

Boys

Team Totals - 1. Hereford, 230.2
110 Hurdles - 1. Cody Hughes, 17.98; 3. Johnathan Soto.
800 - 2. Johnathan Soto.
100 - 1. Kyle Artho, 12.06; 2. Joe Mendoza, 4. Ruben Rios.
200 - 1. Gilbert Hernandez, 24.47; 2. Kyle Artho.
400 - 1. Gilbert Hernandez, 55.44.
300 Hurdles - 2. Tony Escamilla; 3. Michael Barba.
400 Relay - 1. Hereford (Artho, Mendoza, Hodges, Zambrano), 48.29.

1600 - 3. Jose Sanchez; 6. Nathan Horrell.
1600 Relay - 1. Hereford (Mendoza, Hodges, Zambrano, Hernandez) 3:56.3.
Pole Vault - 1. Jesse Edwards, 9-0; 2. Gilbert Hernandez, 9-0.
High Jump - 1. 1. Tim Dudley, 5-8; 4. J.P. Holman; 6. Landon Noland.
Triple Jump - 1. Cody Hodges, 37-3; 3. Ramiro Zambrano; 5. Tim Dudley.
Long Jump - 1. Kyle Artho, 17-6; 2. Cody Hodges; 6. Joe Mendoza.
Shot Put - 1. Trey Madrigal; 2. Rick Bodayo; 5. Joe Mendoza.
Discus - 3. Hagen Henderson.

Girls
Team totals - 1. Hereford, 110.
400 Relay - 1. Hereford (Reece, Fangman, Bastardo, Thomas), 55.03.
1600 Relay - 1. Hereford (Reece, Schilling, Fangman, Yosten), 4:43.00.
800 - 2. Amanda Schumacher, 2:51.6.
100 - 2. Essie Thomas, 12.9; 6. Elizabeth Bastardo, 14.0.
400 - 2. Brionne Yosten, 65.02
Long Jump - 2. Essie Thomas, 13-5; 3. Crystal Reece, 13-2 1/2.
800 Relay - 3. Hereford (Schilling, Klein, Bass, Yosten), 2:03.00.
300 Hurdles - 4. Holly Schilling, 55.8.

1600 - 4. Amanda Schumacher, 6:35.00.
Discus - 4. Salina Hasting, 100 Hurdles - 5. Ashley Fangman, 18.19.
Shot Put - 6. Teresa Zimmerman, 200 - 7. Elizabeth Bastardo, 30.41.

SEVENTH GRADE

Boys

Team totals - 1. Hereford, 141.4.
400 Relay - 1. Hereford (Perez, Ramirez, Marsh, DeSantiago).
110 Hurdles - 1. Jerome Miller, 100 - 3. Carlos Perez; 4. Francisco Hernandez.
400 - 2. Rafael Ramirez.
300 Hurdles - 2. Jerome Miller; 6. Jesse Garcia.
200 - 3. Cody Marsh; 4. Juan DeSantiago; 5. Geoffrey Marquez.
1600 Relay - 2. Hereford (Marquez, Hernandez, DeSantiago, McGowan).
High Jump - 1. Cody Marsh; 3. Jerome Miller.
Shot Put - 1. Luis Carrizales; 5. Andrew Camahan.
Discus - 1. Andrew Camahan; 4. Luis Carrizales.
Triple Jump - 3. Geoffrey Marquez; 6. Carlos Soto.
Long Jump - 3. Rafael Ramirez; 6. Cody Marsh.

Girls
Team totals - 1. Hereford, 146.
Discus - 1. Vanessa Barrientez; 4. Sarah Gonzales; 6. Jessica Stubbs.
800 Relay - 2. Hereford (High, Charest, S. Brown, M. Brown).
1600 Relay - 2. Hereford (S. Brown, Bernhardt, Orozco, Tabor).
Triple Jump - 2. Michelle Bernhardt.
High Jump - 2. Michelle Bernhardt.
400 - 2. Michelle Bernhardt.
Long Jump - 2. Ashley Gonzales; 3. Laci Black; 6. Taylor Charest.
Shot Put - 3. Marlena Vasquez; 5. Vanessa Barrientez.
1600 - 3. Amy Crox; 4. Yvette Villa.
400 Relay - 4. Hereford (High, Artho, Huseman, M. Brown).
800 - 1. Amy Crox; 2. Yvette Villa.

HERD

The loss was the Herd's seventh straight setback and dropped them to 6-8 on the year and to 0-1 in loop play. Canyon improved to 6-8 and 1-0.

Hereford didn't waste any time in getting the district portion of the schedule off to a good start. Andrew Ramirez opened the bottom half of the first inning by turning a Justin Zeigler pitch into a lead-off single. He raced home with the game's first run several batters later, staking the Herd to a 1-0 lead.

The Eagles managed to take the momentum in the second, however. Canyon scored twice in the inning and took a 2-1 edge.

The Eagles' lead grew again in the for the Eagles in the fifth. After putting two runners on, Canyon got its big break courtesy of an error by Hereford. The Eagles stretched their lead to 4-1 when a throw off a routine infield play sailed over the top of the Herd first baseman and allowed two men to race home.

The Whitefaces answered back, however. Hereford put a pair of runners on in the bottom of the fifth, and scored once on Eric Ambold's RBI single.

Hereford, which posted its last win in the opening round of the Dumas Baseball Tournament nearly two weeks ago, threatened to blow the Eagles out of the sky in the sixth. The Whitefaces, after Ambold had set down the CHS order, loaded the bases in their half of the frame.

Again, however, the ball didn't bounce the Herds' way. The Eagles

DISTRICT 1-4A STANDINGS

Team	District	Overall
Pampa	.0-0	8-4
Dumas	.1-0	11-5
Borger	.0-1	8-7-1
Caprock	.1-0	8-7-1
Hereford	.0-1	6-8
Canyon	.1-0	6-8
Randall	.0-1	5-14

Tuesday's Results: Canyon 5, Hereford 2; Caprock 22, Randall 18; Dumas 10, Borger 1; Pampa did not play a district

managed to escape the threat on a simple pop to third.

After Canyon had added an insurance run in the seventh, the Whiteface batters went back to work, giving the Herd yet another shot at pulling victory from the jaws of defeat. With one out, Ramirez hit a grounder to the right side of the infield that handcuffed the CHS second baseman. The next batter, Dustin Hill, was hit by a pitch, bringing the tying run to the plate in the form of Joseph Artho.

Again, the rally fell short. Eagle shortstop Dominic Padilla snared a hard shot off Artho's bat and initiated a 6-4-3 double play.

The Whitefaces, who were without the services of head coach Pete Rodriguez, are scheduled to return to loop action on Saturday afternoon in Borger.

At 37, Dominique proving he can still shine in NBA

SAN ANTONIO (AP) - Dominique Wilkins wasn't hired to be a star for the San Antonio Spurs. It's a role he fills with ease, though.

Long cheered for his thunderous dunks, basketball's one-time "human highlight film" is experiencing a rebirth of sorts with the San Antonio Spurs at the age of 37.

Wilkins has been one of the few bright spots in a trying season for

the Spurs. In the absence of injured center David Robinson, Wilkins has led San Antonio in scoring, averaging 18.9 points a game. The 6-foot-8 forward also has averaged 6.9 rebounds a game, playing an average of 31.7 minutes.

There was no better example than a last month when he scored 20 points against Charlotte, a day after he had 28 against Houston.

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Decorating for Easter

Several Northwest Primary School K-5 students decorated the Chevron Food Mart located on North 25 Mile Avenue on Tuesday. Here, Dominique Gamez, left, and Aaron Green hang their Easter bunny decorations on the soda water display case.

Names in the News

NEW YORK (AP) - Prince Charles says Christians, Muslims and Jews can all agree that Egypt's Monastery of Saint Catherine needs to be preserved.

The heir to the British throne established the Saint Catherine Foundation in London last year following a trip to the monastery on Mount Sinai, believed to be where Moses received the Ten Commandments.

"I was wonderfully captivated by it and deeply moved by the aura and atmosphere," he said. "It stands as a symbol, above all, of religious unity, where Islam, Christianity and Judaism share a common ground."

Prince Charles, who is Anglican, said money is needed to help preserve manuscripts and icons collected in the monastery's long history. He made the plea Tuesday to 300 people, including former President Bush, who

gathered at a meeting of the American Associates of the Saint Catherine Foundation.

NORFOLK, Va. (AP) - Poet Maya Angelou believes people who show faith will motivate others to do likewise, no matter the religion.

"When we really come to be good Christians and Jews, we will encourage people to be Muslims and Buddhists," Ms. Angelou said.

Consumer prices rise moderately

WASHINGTON (AP) - Consumer prices increased a moderate 0.3 percent in February with little sign of inflation except for typically volatile items such as vegetables and natural gas.

The seasonally adjusted rise in the Consumer Price Index, reported by the Labor Department today, was a notch higher than many economists anticipated. However, so-called core prices - excluding fuel and energy - rose a more modest 0.2 percent.

For the year so far, overall inflation was running at a 2.3 percent annual rate, compared with 3.3 percent for all of last year. Core inflation advanced at a 2.2 percent rate, compared with a 31-year low of 2.6 percent in 1996.

The report reinforces economists' belief that inflation isn't a problem despite strong economic growth and tight labor markets.

The bond market was not encouraged by the figures. Yields on 30-year Treasury bonds, which slipped to 6.92 percent early today, hovered around 6.96 percent after the report, unchanged from late Tuesday.

The inflation report did not put any added pressure on Federal Reserve policy-makers to raise short-term interest rates at their March 25 meeting, but offered no guarantee that they won't. Fed Chairman Alan Greenspan has said the central bank would move pre-emptively before imbalances in the economy ripple into a measurable acceleration in inflation.

Food prices in February rose 0.3 percent, erasing a 0.3 percent gain in January. The price of fresh vegetables surged 8.9 percent, the worst in 22 months. That's fallout from a late January freeze in Florida. Tomato prices jumped 9.3 percent; fresh fruit, 1.3 percent.

Dairy products, however, fell 1.1 percent, the fourth consecutive monthly decline following an 8.5-percent spurt over the previous four months. The cost of meat, fish and eggs also fell, but prices of baked goods increased.

Energy prices increased 0.3 percent last month, the sixth in a row. Still, that was far less than the 0.8 percent rise in January.

Television

WEDNESDAY MARCH 19											
6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	
Movie: Pollyanna (1960) Hayley Mills, Jane Bryan, G' (15) Movie: The King and I (1956) Yul Brynner, Deborah Kerr, G'	News	Ent. Tonight	Newsradio	Chc. Sons	Wings	Just Shoot	Prince Street	News	Seinfeld	Nightline	Movie: Places in the Heart
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To Your Good Health

DEAR DR. DONOHUE: I was diagnosed with polycystic ovarian disease three years ago. I have been getting fertility treatment without success. Can you discuss treatments for what I have? My doctor now speaks of making holes in my ovaries. I have not found any information on this surgery. Can you help? — J.S.

ANSWER: Infertility can be part of polycystic ovary disease.

Let's talk about the bizarre-sounding holes idea first.

The original fertility treatment for polycystic ovaries was called "wedge resection." In that, the surgeon removed a tiny section of the woman's ovary. That often removed just enough of the ovaries' male-hormone-producing cells to restore lost fertility. Male hormones stop ovulation.

Today, wedge resection is seldom done. Instead, tiny incisions in the abdominal wall permit access by a laser instrument, which drills holes in the ovary. The same decrease in male hormone production occurs as with wedge resection, but scarring is much less.

One way or another, hormone manipulation has become popular in correcting the infertility that marks polycystic ovaries.

Sometimes so-called fertility drugs such as clomiphene work. Studies are under way using the anti-diabetic drug metformin.

I've written about polycystic ovary disease many times and have addressed various aspects of its numerous symptoms — irregular or loss of menstruation, body and facial hair, obesity, infertility and, yes, the hallmark: enlarged and cyst-dotted ovaries.

DEAR DR. DONOHUE: I am a woman in my mid-40s with a question about sleep cycles. I work days during the week and sleep 10 p.m. to 6 a.m. On weekends, I work nights and sometimes don't get to sleep until 3 a.m., and then sleep till 11 a.m. Still eight hours of sleep, but I am more tired on the weekends. Is something interfering with my sleep quality? — I.H.

ANSWER: There's a section of the brain in charge of setting the body's biological clock. If you tamper with the light or other signals that actuate the timing, you risk sleep problems.

Body temperature is one of the signals that can affect the brain's sleep center. Sleep is easier at night, when body temperature is lowest. As the temperature rises, usually 6 a.m. or thereabouts, the body starts to wake up. Peaking of cortisone levels at that time is a further alarm clock.

Your change in sleep habits has changed the body's signals. The brain doesn't know what time it is.

If I read your letter correctly, once a week you wake at 6 a.m. and don't get to bed until 3 the next morning. You should not expect to recover from that just because you sleep for eight hours.

For a fuller discussion of sleep disturbances, see my report on the subject. Readers can order a copy by writing: Dr. Donohue — No. 30, Box 5539, Riverton, NJ 08077-5539. Enclose \$3 and a self-addressed, stamped (55 cents) No. 10 envelope.

DEAR DOC: What can an overactive thyroid cause? — J.B.

ANSWER: The heart races, and the hands tremble. Where others are cool, you feel warm. Diarrhea

and muscle weakness enter the mix, along with weight loss, nail changes and other possible symptoms.

The symptoms vary depending on duration of gland deficiency and your age.

Years can blunt signs and symptoms, making thyroid problems difficult to pin down in the elderly.

DEAR DR. DONOHUE: Would you please write something about bezoars of the stomach. I have had three since my gastrectomy. — Mrs. H.F.

ANSWER: Readers should check sensitive tummies at the door for this one, which I've saved for last.

A bezoar, one of nature's uglies, is a tangle of partially digested food that looks like a ball of yarn.

Bezoars can be a serious problem. Grown large enough, a bezoar can get stuck and cause a blockage of food passage into the digestive tract. Nausea and vomiting follow.

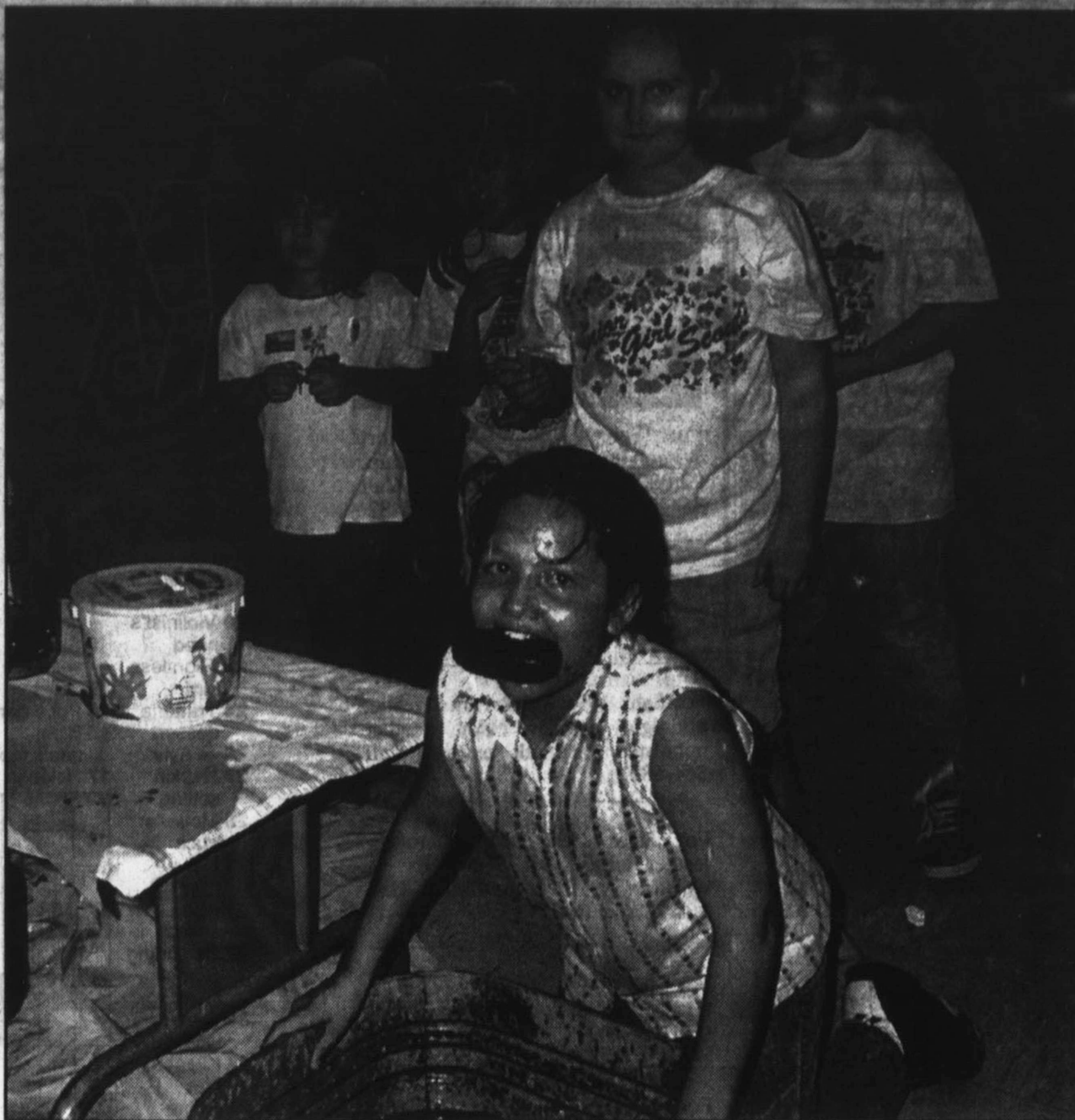
Fiber from fibrous fruits and vegetables can be the stuff of bezoars, as can leaves, roots and skins of plants.

Normal folks form bezoars. Hair swallowing can do it.

Stomach surgery can set a patient up for future bezoars. In your case, the stomach was reduced, leaving it more prone to bezoar obstruction.

Treatment combines avoidance of fibrous foods and ways to get rid of an obstruction. Arco-Lase, a digestive enzyme in tablet form, can sometimes keep a patient free of bezoars. Gastroscope removal is a nonsurgical answer.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible.



Bobbing for pickles

Hereford Girl Scouts line up to bob for pickles during the service unit-wide carnival held recently celebrating Girl Scout Week and the 85th birthday of the Girl Scouts of America. The girls also participated in the wet sponge toss, duck pond, tortilla toss, sucker pull, basketball throw and calf milk bottle bowling to raise money for the Campership Fund in memory of Pat and Ray Miller. Local Girl Scouts attended First United Methodist Church Sunday as part of their Girl Scout Week activities.

Keyes presents Cultural FCE Club program on citizens' privacy rights

The Cultural Family Community Education Club met recently in the Hereford Community Center with one guest and seven members in attendance.

President Nell Pope called the meeting to order. Jewell Hargrave gave the opening prayer and Tonie Vaughn led the pledges to the flags.

Opening exercise entitled "What is a Home?" was read by Perry Keyes.

During the business meeting, members voted for Keyes to represent the club at the District I spring meeting in Perryton on April 10.

Members also voted to host the September birthday party for the residents of Westgate Nursing Home.

"In the Balance," a program regarding citizens' rights to privacy, was given by Keyes.

Guest present was Tonie Vaughn. Members attending were Marilyn Smith, Daisy Steele, Edna Marnell, Wilma Goetsch, Hargrave, Pope and

Keyes. Cultural Club will be hostess for the March 24 FCE Council meeting. All members are urged to attend.

Late joys are best; they stand between forgotten longing and coming peace.

—Ebner-Eschenbach

Did you fail to claim a deduction or a credit to which you are entitled?

For help with filing an amended income tax return, visit your friends at America's No. 1 income tax preparation firm

H&R BLOCK

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Florene Watson, John Edder and Allen Hyer gave programs on the past and the future at recent L'Allegra Study Club meetings.

Florene Watson of Borger

illustrated that the people of the Panhandle are its jewels when she spoke at a February meeting of the L'Allegra Club.

Watson gave a presentation at the

Deaf Smith County Museum about her experiences as a training pilot for the U.S. Air Corps during World War II. She related tales of flight prior to having radar and advanced navigational equipment standard to pilots of today. She told about stashing her dress and makeup in the wing of the plane so that when she landed she was able to transform herself back into "Florene" instead of the boys' training pilot.

Members learned to invest to prepare for the future when John Edder of "The Equitable Co." gave a special program designed for women on how to invest and make a nest egg for the future.

L'Allegrans met at West Texas Rural Telephone on March 6 when Allen Hyer presented the "Internet." He showed many of the ventures you can explore and use on the Internet.

The next meeting will be March 20 when the main item of business will be preparations for the annual geranium sale.

Members of L'Allegra are Melissa Clark, Carmen Flood, Kitty Gault, Diana Griffin, Poppy Head, Diane Hoelscher, Patsy Hoffman, Sandy Josseland, Barbara Kerr, Sylvia Khuri, Kim Lawlis, Shelley Menke, Colleen Meyer, Mary Kay McQuigg, Shelly Moss, Micah Noland, Karen Payne, Hilda Perales, Jodi Skiles, Suzanne Smith, DeeAnne Trotter, Ella Marie Viegel, Judy Wall and Jan Weishaar.



A small copy of the Statue of Liberty stands on a small island on the Seine River in Paris, France.



Jewel of the Panhandle

Florene Watson, a U.S. Air Corp training pilot during World War II, presented a program to L'Allegra Study Club relating her experiences and illustrating that the people of the Panhandle are its jewels.

THE ROADS OF TEXAS

Let us show you a Texas you've never seen before.



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- Each page measures a large 15x11 inches
- Presents the entire state in stunning detail
- Appendices and specialty maps of many different features

THE ROADS OF TEXAS is the culmination of a mammoth project that has involved many individuals for over two years. When you get your copy of THE ROADS OF TEXAS you'll wonder how you ever traveled the state without it.

This 176 page atlas contains maps that show the complete Texas road system (all 284,000 miles) plus just about every city and community. Texas A&M University Cartographics Laboratory staff members produced the maps, based on county maps from the State Department of Highways and Public Transportation. The details shown are amazing — county and local roads, lakes, reservoirs, streams, dams, historic sites, pumping stations, golf courses, cemeteries, mines and many other features too numerous to list.

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America's Drug Problem Is Not As Big As You Think.



It can start as a dare. Or youthful curiosity. Or it may be a way to escape problems at home. Whatever the reason, studies show that an alarming number of young children are trying drugs. Unfortunately, too many parents still do not believe that their children are at risk.

The truth is, it's never too early to start teaching your kids about the dangers of drugs.

If you are not sure how to talk to them, call the Texas Prevention Partnership at 1-800-269-4237 and ask for the free booklet called "Growing Up Drug-Free - A Parent's Guide to Prevention." Call today because if you don't take care of little problems, they can easily grow into big ones.

Texas Prevention Partnership
BRINGING TEXAS A NEW VIEW OF HUMAN POTENTIAL
PARTNERSHIP FOR A DRUG-FREE AMERICA

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Times	RATE	MIN
1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
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Classified display rates apply to all other ads not set in solid word lines those with captions, bold or larger type, special paragraphing, all capital letters. Rates are 4.35 per column inch.

LEGALIS

Ad rate for legal notices are 4.00 per column inch.

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publisher an additional insertion will be published.

3. VEHICLES FOR SALE

See Us Before You Buy
Marcum Motors Co.
Clean Used Cars & Trucks
413 N. 25 Mile Ave. - 364-3565

For Sale: 1986 Black Short Wheel-Base Silverado Pickup. 92,000 miles. \$6,000.00. Call 364-5473. 33842

For Sale: 1979 4-Wheel Drive Chev. Pickup. Call Bob Hicks, 578-4521. 33813

For Sale: 1991 Buick Park Avenue, midnight blue in color. Leather upholstery and all extras! Call 364-6827 33836

For Sale: 1991 Jeep Cherokee, leather seats. All the bells & whistles. Excellent condition! Call 364-7676 or 364-1115. 33841

For Sale: 1984 Mercury Cougar, good condition, runs good. \$1850. Call 364-1097. 33842

For Sale: 1985 Ford Escort Wagon. Good work car. \$950. Call 364-5672. 33845

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V6, captain's chairs, TV/VCR, rear A/C, rear stereo system.
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Low miles, price reduced to \$14,000!
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1. ARTICLES FOR SALE

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This week's special all SWEATERS 50¢

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Rent based on income. Accepting applications for 1, 2, 3, 4 bdrms. CALL Debra or Janie TODAY for information & directions. 1-5pm (805)364-6661. Equal Opportunity.

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FOR RENT
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Warehouse 9,000 Sq. ft., dock high, 4,000 sq. ft., dock high.
Doug Bartlett - 415 N. Main
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8. HELP WANTED

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Needed: Shop Helpers & Experienced Water Well Rig Helpers, or will train. Apply Big T Pump Co., East New York - Hereford, or call 364-0353. 33668

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...per year or more, because we are growing, we need two sales persons. Experience helpful but not necessary. We will train career minded persons. Bilingual very helpful. We offer salary plus commission along with generous benefits package.
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JOB OPENING: Full Time
Emergency Department Registrar. Register inpatients in emergency room. Must have computer, ten key, and typing experience, medical terminology desired but not required. Contact: Human Resource, Hereford Regional Medical Center, 801 E. 3rd, Hereford, Tx. 79045

NEEDED - mature person with strong sales background to train for a career in travel. Send resume and references to P. O. Box 566, Hereford, Tx. 79045. 33840

RECEPTIONIST/BOOKKEEPER/SWITCHBOARD OPERATOR. Full time permanent opening for non-smoker in busy office. Please reply to BOX 673 OCS with resume and salary history. 33847

Deaf Smith County has an opening for the following position:

Deputy County Clerk. Applicant must have typing and computer skills, greet public well, and have knowledge of office practices and record keeping procedures. Bi-lingual (Spanish) translating abilities preferred for this position.

Pick up applications from the Treasurer's Office, Room 206 of the Courthouse, 235 E. 3rd, between 8:00 A.M. and 5:00 P.M. beginning 03/17/1997. Deadline for submitting applications will be 03-21-97 at 4:30 P.M.

Equal Opportunity Employer

Team & Single Drivers wanted. We offer an excellent benefit package. 401 K with Company contribution/\$1000.00 sign on bonus. Competitive wage package. Health/Dental/Life Insurance, Retention Bonus, Uniforms. Requirements are: 2 Yr. Semi-Driving experience. CDL and pass DOT and company requirements. We will help train you for a successful future in the Tank Truck Industry. Apply at Steer Tank Lines, Inc., Dimmitt, Texas. (806) 647-3183.

The Deaf Smith County Sheriff's Department now has an opening for a Part-time Cook/Correction Officer. Applicant must have a High School Diploma or G.E.D. equivalent and they must be at least 18 years of age. Pickup and return applications between the hours of 8:30 A.M. and 4:30 P.M., March 19, 1997 - April 4, 1997 to NAN ROGERS, DEAF SMITH COUNTY TREASURER, COUNTY COURTHOUSE, ROOM 206. EQUAL OPPORTUNITY EMPLOYER.

El Departamento del Sherife en el Condado de Deaf Smith Ahoy esta aceptando aplicaciones para la posicion de oficial Correccional/Cocinero/a parte del tiempo. El aplicante debe tener su diploma de Escuela Secundaria o el equivalente de G.E.D. deben de tener no menos de 18 anos de edad. Levante y regrese aplicaciones de las 8:30 A.M. a las 4:30 P.M., Marzo 19, 1997 - Abril 4, 1997 con NAN ROGERS, CUARTO 206, EN LA OFICINA DE TESORERO EN LA CASA DE CORTE DEL CONDADO DE DEAF SMITH. EMPLEADOR DE OPORTUNIDAD.

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Ideal Applicant will be twenty-five to thirty five years old, have agricultural background, be willing to live in Plainview, Texas area, have Mechanical Aptitude/common sense, degrees not required/college preferred. If you are the right man for this job contact: Linda 806-889-3303 on Monday-Wednesday-Friday. Fax 806-889-3351. mctune@plainview.com

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The Deaf Smith County Sheriff's Department now has an opening for a Correction officer. Applicant must have a High School Diploma or G.E.D. equivalent and they must be at least 18 years of age. A departmental entrance exam will be given Monday, April 7, 1997 at the Deaf Smith County Library starting at 8:30 A.M. Pickup and return applications between the hours of 8:30 A.M. and 4:30 P.M., March 19, 1997 thru April 4, 1997 to NAN ROGERS DEAF SMITH COUNTY TREASURER, COUNTY COURTHOUSE RM 206. EQUAL OPPORTUNITY EMPLOYER.

El Departamento del Sherife en el Condado de Deaf Smith Ahoy esta aceptando aplicaciones para la posicion de oficial Correccional. El aplicante debe tener su diploma de Escuela Secundaria o el equivalente de G.E.D. deben de tener no menos de 18 anos de edad. Se dara un examen para la posicion Abril 7, 1997 que es un Lunes, a las 8:30 A.M. El examen se dara en la Biblioteca del Condado de Deaf Smith. Levante y regrese aplicaciones de las 8:30 A.M. a las 4:30 P.M. Marzo 19, 1997-Abril 4, 1997 con NAN ROGERS, Cuarto 206, en la oficina de Tesorero en la Casa de Corte del Condado de Deaf Smith. Empleador de Oportunidad.

JOB OPENING: Full Time
Housekeeping Orderly. Responsible for cleaning and servicing assigned areas. Experience with buffing machine. Contact: Human Resource, Hereford Regional Medical Center, 801 E. 3rd, Hereford, Tx. 79045

9. CHILD CARE
Resuming Child Care Business, 15 years experience. Dependable care for children under five. Call Bonnie Cole, 364-6664. 33419

Dependable, Experienced, Christian Caregiver, would love to care for your child. NW Hereford Area. Please call Cindy Ashcraft at 364-6725. 33818

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For starters, look at ads which offer the same item/products. Get a sense of going rates and ideas for how to make your ad stand out. Once you're ready to write, begin with exactly what you're selling: "Dining room set, maple, six chairs." Then, remember these hints:
--Give the price. A newspaper consultant says 70 percent of classified readers won't respond to an ad with no price.
--Use key words to describe what you're selling. The key words for a car are make, model, year, body style, color, mileage and price. If it's a house, key words are location, type of construction, number of bedrooms and baths, and condition.
--Don't use abbreviations. It's tempting to abbreviate and save money if ads are billed by the line. Brand ads are billed by the words, so spell them out so readers won't be confused trying to figure out abbreviations.
-- Don't be misleading. Think accurate and factual when you write. Be sure to include a phone number and the best times to reach you.

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1,870 acres offered in multiple parcels both east and west of Canyon, Texas, just 15 miles south of Amarillo. An excellent opportunity to acquire property held by the same family for over 25 years, with excellent homesites along Palo Duro Canyon; sub-division acreages; and fertile farm ground and grassland. Selling in 27 tracts from 5 to 270 acres each, including two homesteads, several barns, metal buildings, and working pens.

Property east of Canyon has frontage on both sides of I-27, just south of Hwy 217 with additional frontage on Hix Road. Properties west of Canyon have frontage on FM 1062, Hwy 60, Arnot road, City Lake Road, and several other county roads.

SELLS ON-SITE: 1:00 p.m. Sat. Mar. 22
OPEN : 2 - 4 p.m. Sunday Mar. 9 & 16

Also selling Farm Equipment:
TRUCKS, TRACTORS, TRAILERS: FW60 Ford tractor; 1989 Case 7120 tractor with loader; 1992 Chevy pickup; C50 grain truck; 1994 Sooner 8' x 28' livestock trailer; 1991 Easley 7' x 18' livestock trailer; (5) tank trailers; hay trailer; flat bed trailer
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FARM EQUIPMENT: Great Plains 40' drill; Sunflower 40' sweep; Ford 40' fold-down disc; Rhino 1400 hydraulic blade; (2) fold-down chisel plows; John Deere 8' planter; John Deere mower; bat wing mower; Generator with Detroit engine; FMC sprayer; crop sprayer; hydraulic post driver; post hole digger; (3) water storage tanks; (2) augers; welder and trailer; (2) 4-wheelers; Ford riding lawn mower; large inventory of shop tools and misc. items.

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LEGAL NOTICES

REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION

Sealed proposals for 0.100 km of removal of existing pavement and base, new concrete pavement at the intersection of US 385 and US 60 in Hereford covered by CPM 904-1-12 in Deaf Smith County, will be received at the Texas Department of Transportation, 200 E. Riverside Drive, Austin, Texas, until 1:00 P.M., April 9, 1997, and then publicly opened and read. It is the bidder's responsibility to ensure that the sealed proposal arrives at the above location and is in the hands of the letting official, by the specified deadline regardless of the method chosen by the bidder for delivery.

Plans and specifications, including minimum wage rates as provided by Law, are available for inspection at the office of Don Day, Area Engineer, Canyon, Texas, and at the Texas Department of Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction and Maintenance Division, 200 East Riverside Drive, Austin, Texas 78704-1205. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.

The Texas Department of Transportation hereby notifies all bidders that it will insure that bidders will not be discriminated against on the ground of race, color, sex or national origin, in having full opportunity to submit bids in response to this invitation, and in consideration for an award.

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Comprehensive coverage of local news and happenings in Deaf Smith County can be found only in The Hereford Brand!

False confessions never written, investigator says

OKLAHOMA CITY (AP) - An investigator helping Oklahoma City bombing attorney Stephen Jones says he never wrote any false confessions for Timothy McVeigh.

"You don't do those things," Richard Reyna told The Daily Oklahoman for a story in today's editions.

"Maybe the government does. Or maybe other people do.... your neo-Nazis, your Klan people, your white supremacists, they're very hard-core people. You don't think for one minute that they find out that you've gone out and you've tricked them ... that they can reach out to you? I'm not going to go out and play a game like that with them. That's foolish."

Reyna would not say if McVeigh confessed during interviews with him. But the Texas-based investigator told the Oklahoman he did not create any false confessions for the bombing suspect.

The investigator's first name surfaced after The Dallas Morning News reported late last month that McVeigh admitted during defense interviews that he bombed the Oklahoma City federal building.

The newspaper said its article was based on confidential defense reports.

Defense attorneys at first claimed the newspaper had been fooled. But attorneys later said the document was a faked confession created by the defense in an attempt to get a possible suspect to agree to an interview.

The defense did not publicly identify the defense investigator involved in the purported ploy. But J.D. Cash, who writes for the McCurtain County Daily Gazette, said it was his close friend, Reyna.

Cash said Reyna had shown him the faked document a year ago and they had joked that the investigator's "creative juices were really flowing."

Reyna, however, denied showing

Cash any report of his interviews with McVeigh or faking any documents.

"I would not go and falsify anything. It's just not going to happen with me," he said. "This is something I would never do. I would not go around falsifying things," the Conroe, Texas, investigator said.

Reyna said he was speaking publicly because he wanted to clear his name.

"This is my livelihood.... This is uncalled for. This is not nice," he said.

Cash, meanwhile, stood by his comments.

"I know what he told me. I know what he showed me," he said.

McVeigh and Terry Nichols are charged with murder, conspiracy and weapons-related counts in the April 19, 1995, bombing of the Alfred P. Murrah Federal Building. The blast killed 168 and injured more than 500.

Nichols will be tried after McVeigh, but a date has not been set.

'97 spring floods expected to be most extensive in decade

WASHINGTON (AP) - The snows were heavy and wet. The late-winter rains soaked the ground. And now the forecast: Expect 1997's spring floods to be the most extensive in a decade.

The National Weather Service issued a flood alert Tuesday. It warned of flooding from the Pacific Northwest to the Rocky Mountains to the upper Midwest and the Great Lakes and south to the Gulf coast.

Potentially lethal flash floods also are expected in many areas, according to a report by hydrologists at the National Oceanic and Atmospheric Administration.

The weather experts said the recent flooding of the Ohio River was just the beginning of what's coming.

And they noted that flood killed at least 20 people, some of them trying to drive their cars against rising and moving water.

"The way we see it right now, there is more area of the country at risk for potential flooding today than there has been in the past decade," said Elbert W. Friday Jr., the NOAA's assistant administrator for weather services.

He pointed to heavy rains in the West and the East and said that since February the country's midsection has been saturated.

"And when the soil is saturated, any additional rain is more likely to run off than to be absorbed," he said.

Friday predicted record-breaking floods on the Red River of the North

in North Dakota and northwestern Minnesota and the James River in South Dakota.

"These could be the highest floods in those areas in the 150 years we have been keeping records," Friday said. "You're going to see hundreds of square miles under water."

The Red River of the North flows into Canada. But the James would send its floodwaters into the Missouri and then into the Mississippi, Friday said.

"We want to make sure this doesn't come as a surprise to anyone," he said.

Frank Richards, chief of the National Weather Service's Hydro-

logic Information Center in Silver Spring, Md., predicted widespread flooding in large sections of the eastern Dakotas, southern Minnesota and Wisconsin and northern Iowa.

"As a result of inflow from so many tributaries, minor to moderate flooding is a virtual certainty on the lower Missouri and on the upper Mississippi," he said.

Looking to the West, Richards said there is considerable concern about spring flooding in the northern and central Rocky Mountains. He said he's most anxious about Idaho and parts of Montana, Wyoming, Utah and Colorado.

11. BUSINESS SERVICES

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 for Recorded Commodity Update

Prices effective: Tuesday, March 18, 1997.

CATTLE FUTURES		GRAIN FUTURES	
CATTLE-FEEDER (CME) 50,000 lbs., cents per lb.	3.418	CORN (CBT) 5,000 bu., cents per bu.	4.888
Mar 88.25 88.50 88.75 89.00	35 70.65 37.75 1.951	Mar 209 209 209 209	254 294 294 294
Apr 88.25 88.50 88.75 89.00	35 70.65 37.75 1.951	May 209 209 209 209	254 294 294 294
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Dec 88.25 88.50 88.75 89.00	35 70.65 37.75 1.951		
Est vol 3,800; vol Mar 2,386; open int 109,960 -288.			
CATTLE-LIVE (CME) 40,000 lbs., cents per lb.	68.40	SOYBEANS (CBT) 5,000 bu., cents per bu.	1.070
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WHEAT (CBT) 5,000 bu., cents per bu.	1.070		
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METAL FUTURES			
GOLD (COM) Div NYMEX-100 Troy oz., \$ per Troy oz.	349.90	SILVER (COM) Div NYMEX-5,000 Troy oz., \$ per Troy oz.	8.01
Mar 349.90 350.00 350.10 350.20	8.01 8.01 8.01 8.01	Mar 8.01 8.01 8.01 8.01	8.01 8.01 8.01 8.01
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FUTURES OPTIONS			
CATTLE-FEEDER (CME) 50,000 lbs., cents per lb.	3.418	CORN (CBT) 5,000 bu., cents per bu.	4.888
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Under HOPE scholarship bill Legislators try to make college more affordable

AUSTIN (AP) - Linda Rucker and her husband began saving for their 14-year-old daughter's college education when she just was a baby. But even with all their planning, they could use some help.

"We consider ourselves kind of middle class, but there doesn't seem to be much of a middle class any more, with the cost of things so high," said Mrs. Rucker, who lives in a rural farming community in Central Texas.

She used to teasingly threaten to send her daughter, Shawna, to live with the teen-ager's grandmother in Georgia to take advantage of that state's lottery-funded scholarship program for "B" students.

"I said, 'I'm going to send her to you so I can get her educated,'" Mrs. Rucker said.

Under a bill by Sen. Rodney Ellis, D-Houston, such drastic measures wouldn't be necessary.

His proposed Texas HOPE scholarship program - Helping Outstanding Pupils Educationally - would provide financial aid for Texas students who maintain a "B" average in high school and agree to perform community service work.

The program, modeled on Georgia's, would be funded with 5 percent of Texas' share of lottery

proceeds and would pay tuition and fees for four years. Its two-year cost estimate is \$134.7 million.

A similar scholarship program was created by Texas lawmakers in 1990 for lower- and middle-income families, but it isn't linked to the lottery and wasn't funded until 1995. It gets \$150,000 a year.

Ellis' bill would expand the current program but still restrict it to lower- and middle-income families.

"We're very supportive of higher education and recognize the needs of all of our kids, because they're going to be making decisions for us one day," Mrs. Rucker said. "Shawna is an honor role student (at Manor High School) and would possibly benefit from this kind of a program."

The bill is pending in the Senate Finance Committee, which has heard testimony from supporters including John Moore, student body president at the University of Houston.

Moore, 28, cited his own difficulties in affording college: He started in 1987, but had to drop out to go to work full time.

"I was fortunate that the work I was able to get involved with, working in the oil field, was able to provide enough money for me to return to school," said Moore, who plans to graduate in May.

He said of Ellis' proposal, "We think that this is going to be an excellent opportunity for all Texans to have the chance to go to school and receive their degrees."

Attendance at four-year universities in Texas is almost 14 percent below the national average, and about half of those who enter a community college or university in Texas won't graduate, Ellis said.

College graduates spend about \$1.4 million more in a lifetime than high school graduates, and pay more than twice as much in Texas sales taxes, at \$101,592, he said.

The bill is based on the idea that "every Texas child deserves a chance to earn an education," Ellis said. "A higher education expands opportunity for our students and helps build a stronger Texas economy."

The bill's future, however, is uncertain.

A number of lawmakers would like to see lottery funds go to public elementary, middle and high schools. Others oppose dedicating lottery money to a particular program, rather than allowing it to continue to go into the general fund that pays for all government services.

The HOPE scholarship bill is SB180.



Speaking from experience

Ignacio Salinas of Austin, right, speaks to students at the Shirley Intermediate School Career Day on Tuesday. Salinas is the vice president of the Texas State Teachers Association. Here, fifth-grader Jimmy Smith listens to Salinas' speech.

State Capital

HIGHLIGHTS

By Lyndell Williams & Ed Sterling
TEXAS PRESS ASSOCIATION

program operated by the school district or a county-run juvenile justice facility. Those 22 counties have a population of 125,000 or more.

Panel Oks \$83.3 Billion Budget

The House Appropriations Committee has approved, 25-0, an \$83.3 billion budget for the next two-year budget cycle that begins Sept. 1.

The budget does not include funds for Gov. George W. Bush's proposed spending for elementary school reading programs, a pay raise for state employees, money to keep more prisoners in jail longer and funds for a state water conservation program.

"I hope that when (this process is done) we will have been able to address those issues," said Rep. Rob Junell, D-San Angelo, chairman of the committee.

But a one-time, \$100-a-month pay raise for state agency workers is included in a budget package by state Sen. Bill Ratliff, R-Mount Pleasant, chairman of the Senate Finance Committee. Higher education employees would not receive the pay raise.

"I put the \$100 per month for each employee in as a kind of a floor," Ratliff said. "We ought to start there. I hope we can do a little more than that."

State employee groups say they will continue to push for a \$200-a-month raise in 1998 and another \$200 raise in 1999.

Water Legislation Urged

Li. Gov. Bob Bullock last week underscored the need to pass water management legislation, saying, "To me, there's no bill more important to our state."

Bullock, who presides over the Senate, testified at a Senate Natural Resources Committee hearing for a water conservation bill filed by

Sen. J.E. "Buster" Brown, R-Lake Jackson.

Bullock said Texas has had five major droughts in the last 60 years, and five failed water management bills. And he warned of future water shortages that could hit every county in the state.

Brown's bill would create a statewide drought management plan combining existing city and county plans and includes provisions for the sale or lease of a property owner's water rights.

Brown said 95 Texas counties sought federal disaster assistance for last summer's drought, and the drought cost Texas farmers \$2.1 billion and the entire state \$5 billion.

Tax Panel Lists Targets

The House Committee on Revenue and Public School Funding continues its mission of drafting legislation that would expand the reach of state sales taxes in order to cut school property taxes.

On the table are new taxes on trips to the barber shop and beauty shop, gasoline, aviation fuel, legal fees and many other goods and services. Sacred cows that are expected to remain untaxable are food, medicine and medical care.

"You'll pay a sales tax if you get your tooth filled or a will written, but if your child gets the measles, you won't have to pay it," committee chairman Paul Sadler, D-Henderson, said.

Other Capital Highlights

Gov. Bush underwent arthroscopic surgery last week to repair loosened cartilage in his left knee. The injury was aggravated by age and years of jogging. "I turned 50 years old in July, and that's what happens," Bush said.

A national search is under way for a new commissioner of the Texas Higher Education Coordinat-

ing Board. Kenneth Ashworth, who has held the post for 21 years, is retiring Aug. 1.

State Rep. Sherri Greenberg, D-Austin, introduced legislation that would require people who care for three or fewer children in their homes to undergo criminal background checks and be listed with the state.

The Texas Senate has approved a bill that would stiffen penalties for employees of the Department of Mental Health and Mental Retardation who fail to report abuse of the elderly or disabled. The bill by Sen. Judith Zaffirini, D-Laredo, would make it a Class A misdemeanor when MHMR and nursing home employees fail to report abuse.

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