

The Hereford Brand



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U.S. senators plan Hereford visit Saturday

Both United State Senators from Texas will be in Hereford this weekend on a tour through the region, representatives of both senators confirmed this morning.

Sen. Phil Gramm and Sen. Kay Bailey Hutchison will be at the City Commission chambers, 212 N. Lee, at 12:30 p.m. Saturday.

They are expected to meet with Mayor Bob Josslerand, Police Chief David Wagner and the public to discuss a proposal from Gramm that would ban drug felons from collecting welfare.

A news release from Gramm's office said an amendment to the

recently-passed welfare reform bill would impose a lifetime ban on payment of welfare for those convicted of drug-related felonies in either state or federal court.

"People who are selling drugs should not be collecting welfare," Gramm said of the measure, which is included in the final version of the welfare reform bill recently signed by President Clinton.

A staffer in Hutchison's Dallas office said the August congressional recess has allowed the senator time to travel to parts of the state she cannot reach during the session.



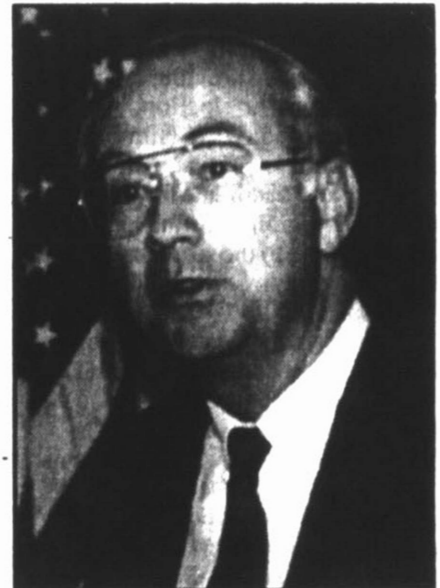
"Oh that spider"

Students in Deanna Edwards first and second grade class at Community Christian School sing "The Spider Song" as part of their unit on insects on Wednesday. The six students have collected all sorts of bugs around the school campus. With

recent rains, the students have seen an abundance of frogs. From left, students are Holly Weaver, Sarah Layman, Michael Martinez, Hillary Edwards, Mandi Reyna and Brook Brookhart. Community Christian School started the 1996-97 school year on Monday.



SEN. KAY BAILEY HUTCHISON



SEN. PHIL GRAMM

Hoarse Clinton set to claim nomination

By DONALD M. ROTHBERG
Associated Press Writer

CHICAGO (AP) - Using themes tested in the heartland, President Clinton sets the tone tonight for his last campaign, spelling out how he would take the country into the next century. "The best is yet to come, the best days for America," he promised.

His voice hoarse, his acceptance speech still being polished, Clinton remained out of sight today as the Democratic delegates who nominated him Wednesday night awaited the climactic session of their national convention. But Hillary Rodham Clinton was up early, saying he was in high spirits.

"He's really fired up. He's very excited about this convention. He's excited about the campaign. But more than that he's very resolute about what he wants to do," Mrs. Clinton told ABC's "Good Morning America."

Looking to tonight's speech, Clinton campaign press secretary Joe Lockhart told "Fox Morning News" that "the president wants to lay out a specific agenda for both the next term, the next four years, and a road map for moving the country into the 21st century." One expected proposal: a modest tax break for homeowners.

After tonight's convention finale, Clinton and Gore reprise a bus trip they used to open their 1992 campaign.

"It will be the first American campaign for the 21st century and the last campaign for Bill Clinton," the president said as he arrived in the convention city Wednesday evening.

Asked what she wanted in tonight's speech, Iowa delegate Darlene Hill said, "I am looking for him to let the American people know what good he did for them."

Following a hallowed and long-winded tradition, state after state declared its unanimous support for Clinton, and incidentally took the opportunity to tout its own candidates.

When Ohio gave Clinton a majority, large video screens showed the president smiling broadly in his hotel suite. Inside the hall, Mrs. Clinton and daughter Chelsea were on their feet, hands clasped high.

No votes were cast for anyone else, the first unanimous vote for a

Democratic nominee since 1936.

The first daughter surprised many with a fast-paced stroll across the packed convention floor. Shouts of "Chelsea! Chelsea!" greeted the 16-year-old as she smiled and shook hands. One 17-year-old delegate seemed smitten.

"She's a cutie," said Paul Kraus of Dubuque, Iowa.

Clinton will outline his vision before a convention celebrating the party's reversal of fortune - and before a television audience of millions.

Two years ago, the Democrats were on their way to losing control of Congress and Clinton looked like a one-term president. Not since Franklin D. Roosevelt in 1944 had a Democratic president been elected twice.

But as he was nominated for a second term, Clinton held a 12- to 15-point lead in polls, a rebound from the single-digit margin he held after Bob Dole's GOP convention.

Highlighting the gap between the 50-year-old Clinton and the 73-year-old Dole, Gore in a Wednesday night speech recalled Dole in San Diego, calling himself a "bridge to a time of tranquility."

"Senator Dole offered himself as a bridge to the past," Gore said. "Tonight, Bill Clinton and I offer ourselves as a bridge to the future."

From California, Dole said, "Apparently, he's the hatchet man for the Democrats. He always has been."

During three days when the convention rocked to chants of "Four More Years," Clinton rode a train here through five key campaign states. At stops, he talked about what he had done, and what he wants to do.

The president also outlined \$8.5 billion in initiatives for the environment, literacy and job creation and was expected to include a homeowners tax break in his speech.

Administration officials said the modest proposal would include tax relief to home sellers, and tax cuts for businesses providing jobs in depressed areas.

The homeowners capital gains cut would cost \$1.5 billion, and the plan to ease welfare recipients into work about \$3.4 billion, officials said on condition of anonymity.

Audit finds weak oversight at TEA led to misspending, incorrect dropout rate

By PEGGY FIKAC
Associated Press Writer

AUSTIN (AP) - Weak oversight by the Texas Education Agency allowed school districts to misspend up to \$160 million in state program funds in 1994 and resulted in a reported dropout rate that was less than half the real rate, according to a new state audit.

The value of the audit released Wednesday was quickly challenged by Texas Education Commissioner Mike Moses, who took the helm of the agency in 1995.

Moses said TEA has changed significantly since 1994, the year for which figures were studied, and that issues brought up in the report were being addressed before auditors began.

According to the review conducted by the Office of the State Auditor, "The agency does not effectively use the extensive quantities of data contained in its financial accountability systems. ... As a result, the agency cannot ensure that funds are spent appropriately and that students receive the intended benefits."

State and federal funds total about \$10 billion annually, with about another \$10 billion coming from local

property taxes.

The audit said \$160 million that was supposed to be spent on direct services in various programs - compensatory education, bilingual education, special education, and career and technology - was not.

It said the funds either were spent on inappropriate items or weren't reported as being spent in the program at all.

The audit also said the 1994 dropout rate, an important figure used in assessing school performance, was wrongly reported as 2.6 percent for 1994. The auditor said the estimated dropout rate actually was 5.7 percent.

Among other points, the audit said some school districts in making their reports to TEA didn't follow the state definition of dropout.

For example, it said, some districts didn't count students as dropouts if

they planned to enroll in a Graduate Equivalent Diploma program. But the districts couldn't provide any documentation that the students actually were enrolled and attending such a program.

The audit report said the agency should make changes in its procedures for collecting and analyzing such data, including performing random testing to verify the accuracy of district information.

In an agency management response included with the audit, TEA agreed that improvements over past performance were needed. Moses said those responses "were based on the expectation that the state auditor's office used sound methodology; further analysis of the findings has raised serious questions."

"My commitment as commissioner is, and has always been, to ensure

total accountability of the Texas Education Agency and of the school districts we serve," Moses said.

But he added, "I find it counterproductive to make broad allegations that give the false impression that public schools are not being managed in a responsible way."

"It is nonsensical to assume that local school district personnel cannot operate their schools without the state constantly looking over their shoulder."

Senate Finance Committee Chairman Bill Ratliff, former head of the Senate Education Committee, called it unfortunate that the audit focused on 1994 data "and probably doesn't reflect pretty massive changes that have gone on over there (at TEA)."

Ownership change to take place Friday New McDonald's to be erected here; old one will be torn down next week

By WILLIAM SEELEY
Staff Writer

The Golden Arches are coming down.

McDonald's restaurant, at 1112 West First Street, will serve its last hamburger at 10 p.m. today and then lock its doors -- for good.

An Oklahoma City-based contractor will demolish the 20-year-old structure on Wednesday to make way for an improved 5,000-square-foot facility.

But the restaurant's owner today said Hereford residents prone to "Big Mac Attacks," may not have to wait the two months scheduled for construction to get their next fix.

Rick Robillard, who will officially take ownership of the fast food franchise on Friday, said there is a strong possibility that a mobile McDonald's unit will be put in place serving an abbreviated menu.

Use of a 24-foot trailer owned by

McDonald's Corp. and used as a temporary outlet during renovations and new construction is available for use in Hereford.

The problem, Robillard said, is transporting it from Arkansas.

"There's a 60 percent chance that we'll use the trailer," Robillard said.

Robillard also said he'd know for certain on Friday when he comes to town to sign final papers and to survey his new property.

When the restaurant re-opens in October, Robillard said, it will staff 25 additional workers.

The new McDonald's will include a greenhouse-like facade, which will cover a Ronald's Playplace amusement, a statement issued by Robillard said.

Elkins Construction Corp. will spend an estimated \$350,000 to demolish and rebuild the fast food franchise, city records indicate. Although a permit application has been completed, the city will not

issue a building permit until the fee has been paid.

An Elkins spokesman this morning said company representatives will be in Hereford on Friday to finalize plans. Braxton Tatum also said approximately 10 carpenters and general laborers will be recruited from the Hereford area to work on the project.

Most of the project, however, will be sub-contracted to as many as 15 trades, Tatum said. The job foreman will be drawn from the Elkins staff in Arkansas, he said.

The demolition and new construction come with a relatively short time frame.

"We've got to have (the restaurant) selling hamburgers in 57 days," Tatum said.

The Hereford McDonald's currently employs 35 workers. When the store re-opens in October, Robillard said it would be staffed by 60 employees.

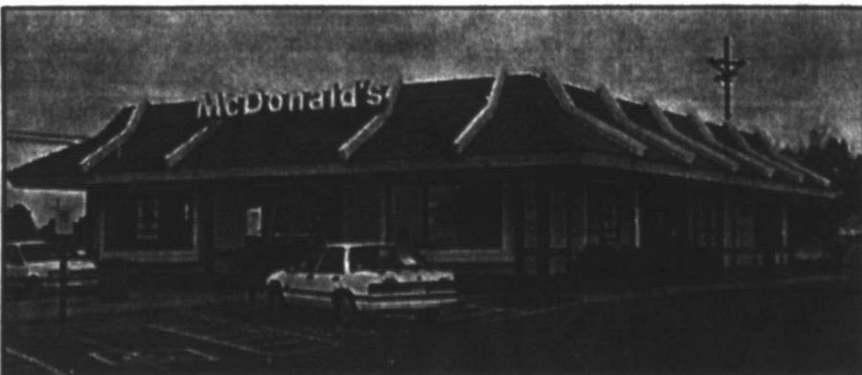
Those currently employed by the Hereford McDonald's, Robillard said, will have the opportunity to continue with the company, though possibly with reduced hours, at one of three other restaurants -- two in Clovis, N.M. or one in Muleshoe -- also owned by Robillard.

"If we get the mobile unit," he said, "some of (the Hereford staff) will work right there."

Robillard said next week he will conduct interviews with current staff, who technically still work for retiring franchise owner Ron McVene Sr.

Robillard also said he is trying to arrange car pools for workers who accept temporary transfers.

Robillard is buying the franchise to Hereford's McDonald's for nearly \$1,000,000 from McVene, who built the restaurant 20 years ago and has operated it ever since.



One final glance

Hereford's McDonald's Restaurant, which has stood for 20 years, will soon be coming down. Plans were confirmed today for the restaurant to be demolished and replaced with a larger unit that includes an indoor playground. The new store, to open in October, will employ some 60 people.

AUG 29 1996

Sports

Scrimmage vs. Guymon is canceled

The football scrimmage planned Friday between Hereford and Guymon, Okla., has been canceled.

The Guymon coach, Dave Dunham, called Herd coach Craig Yenzler at home Wednesday night and told him Guymon had several injured players so they wouldn't be able to finish it out, Yenzler said, so Dunham canceled it.

It is very unlikely that another team can be found to give Hereford a scrimmage, Yenzler said - every team's already taken. Something - like an intrasquad scrimmage - may be held, but Yenzler had made no plans by 11 a.m. Thursday.

"We're just going to get ready for Tascosa," Yenzler said. The Herd opens the season against Tascosa at 7:30 p.m. Sept. 6 in Amarillo.

The Herd sophomores' scrimmage with Guymon also was canceled.

Hereford's freshmen and junior varsity teams still will scrimmage Amarillo High's teams today in Amarillo. Both will start at 5 p.m. on adjacent fields at Bonham middle school.

Hereford's varsity roster was announced this week. It's topped by six returning lettermen, all seniors: Jeremy Reiter, Josh Alvarado, Joseph Artho, C.J. Kubacak, John Marty Galan and Trip Robison.

Other seniors on the team are: Manuel Reyna, Josh Martinez, Freddie Jimenez, Anthony Guillen, Jace West, Gilbert Rodriguez, Matt Artho, Stephen Cloud, Ruben Flores, Arturo Nava, Navarro Mariscal, Heath Kirkeby, Richard Sierra, Adam Jimenez, Scottie Brewer, Jeff Higgins, Rocky Rocha, Kris Cathey, Michael Morrison, Vic Henning, Brian Thomas, Curt Sherrod, Francisco Vasquez, Travis Knott and Nathan Gavina.

A total of 15 juniors made the squad: Tate Head, Jeremy Urbanczyk, Anthony Lopez, Henry Hernandez, Ray David Rangel, Martin Garcia, Jeremy Scott, Jacob Gonzales, Tranquilino Garza, Michael Hicks, James Blakely, Zack Wall, Jeremy High, Clay Brown and T.J. Danley.

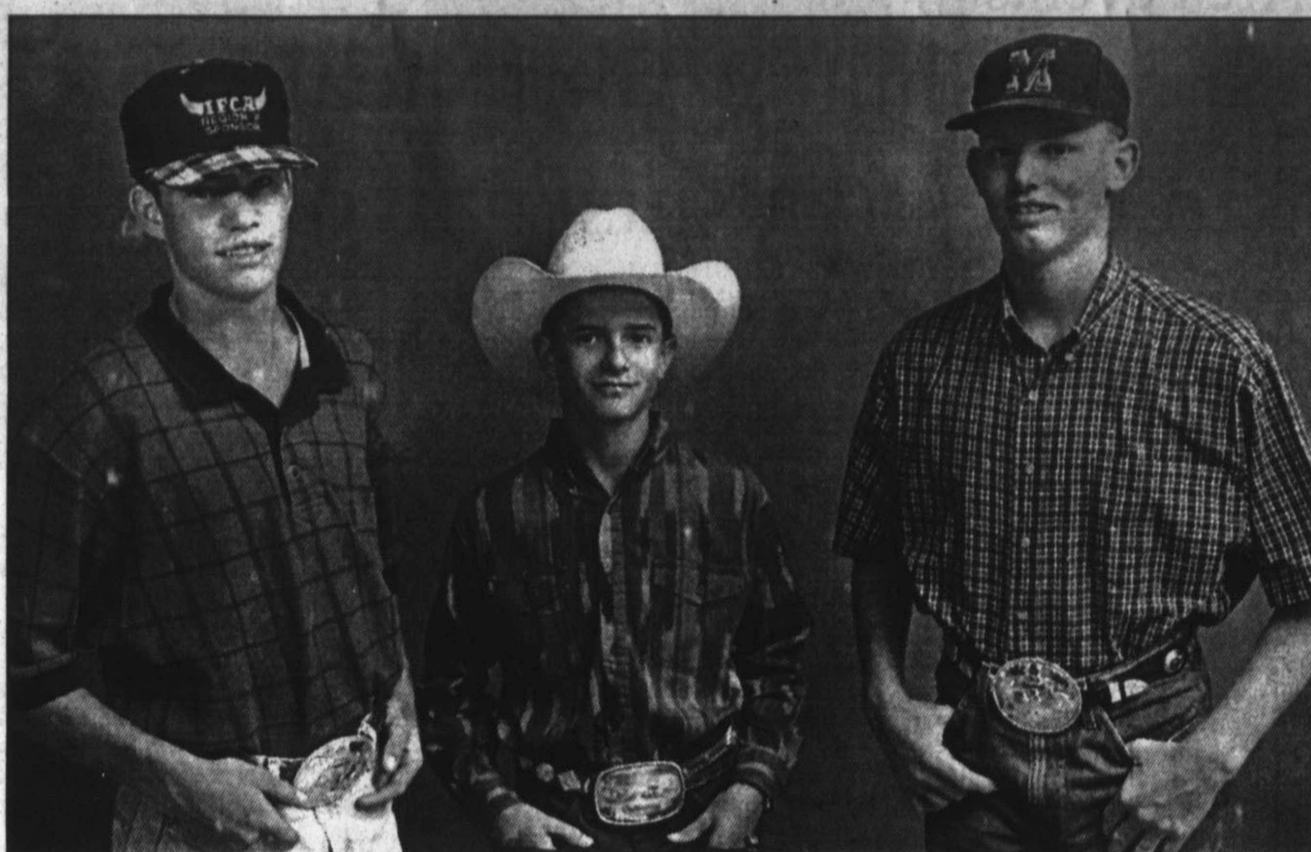
Foursome shoots 29 to win scramble

A foursome shot 29 over nine holes to win the final Wednesday Night Scramble of the year at Pitman Municipal Golf Course.

Ted Hoelscher, Mary Shelton, Gayle Cornelius and Don Davison combined on the 29.

Finishing second by shooting 30 was the team of Cliff Arnold, Sam Metcalf, Freddy De Leon and Ed Durrett.

No records were kept but it is estimated slugger Josh Gibson once had 80 home runs in one National Negro League season.



Top ropers

Ty Boggeman (left) and Rodey Wilson (right) won buckles for winning the incentive team roping at the Make-A-Wish Roping, held Sunday in Amarillo. They also took fourth in the average of the No. 6 team roping. Kip Kendrick (center) took second place in the No. 6 roping, winning \$675 and a pair of handmade spurs. Boggeman and Wilson took home \$840 each.

Cowboys' Smith may be ready for season-opener vs. Chicago

By DENNE H. FREEMAN
AP Sports Writer

IRVING, Texas (AP) - Emmitt Smith predicts he'll play Monday night against the Chicago Bears, and the Dallas Cowboys running back gets to test his tender knee today in his first practice since Aug. 17.

"I feel very good about my chances Monday night," Smith said Wednesday. "I'll know for sure in the next couple of days, but I believe I will be able to play."

"I think they are going to give me the ball as long as I can stand up."

Since Smith suffered a strained left

knee ligament in the second quarter of a preseason game against Denver, Cowboys coaches have hoped he would rebound like he always does from injury.

"He's a tough son-of-a-gun," running backs coach Joe Brodsky said. "We always expect him to heal fast. But you always wonder if this is the one time he won't be able to play."

The Cowboys' offense is built around Smith and his ability to run between the tackles.

Quarterback Troy Aikman normally loosens up defenses with

passes to wide receiver Michael Irvin and tight end Jay Novacek, then deals the ball to Smith. Irvin is suspended for five games, and Novacek has a bad back.

Smith said Bears coach Dave Wannstedt, a former Cowboys assistant, is probably planning his entire defense around stopping Smith.

"I expect ol' Dave will have that line of scrimmage crowded trying to stop me," Smith said. "But he better look out. We still have Kevin Williams, and Deion Sanders can stretch a defense, believe me."

Smith didn't work out on Wednesday because of a soggy practice field. He said he'll work today when the offense has its regular day working against a simulated Bears defense.

Bears' Salaam is out

LAKE FOREST, Ill. (AP) - The season opener just got even tougher for the Chicago Bears.

Now they have to play the defending Super Bowl champion Dallas Cowboys on Monday night without top back Rashaan Salaam, who has a hamstring injury.

Salaam set the team rookie rushing record last year with 1,074 yards.

"He's wanting to play. But he's still got a little bit of swelling. He can't go full speed," coach Dave Wannstedt said after Salaam could only jog through Wednesday's practice. "He'd play if it was up to him, but that wouldn't be the best thing for the team. We have to be realistic."

Wannstedt said he hadn't decided if he would move Raymont Harris from fullback to tailback, with Tony Carter starting at fullback, or if

Robert Green would start in the backfield with Harris.

"Between Robert and Raymont, they'll be the guys carrying the ball. We've just got to figure out how we're going to do it and in what order and the plays, now that we know for sure Rashaan's out," Wannstedt said.

"What makes it tough is that (Salaam) had such an outstanding preseason, an outstanding training camp, and everything was gearing for the opener. And he's the guy who's gotten all the reps with the first unit for six weeks now."

Salaam, who gained 153 yards on 38 carries this preseason, pulled his right hamstring and sprained his right knee on the same play during last Thursday's exhibition finale. Wannstedt said Salaam's knee was almost healed.

49ers give Rice 7-year extension

SANTA CLARA, Calif. (AP) - Jerry Rice, the NFL's career leader in touchdowns, receptions and receiving yardage, now has security, peace of mind and a hefty contract to go with the lofty numbers he's put up on the field.

The seven-year pact, worth \$32 million, runs through 2002 and replaces a contract due to expire following the 1997 season. The deal included a \$4 million signing bonus as well as reporting and roster bonuses worth nearly \$10 million. Base salaries over the life of the contract are worth about \$18 million.

Herd spikers to face field of top 4A teams

The Hereford volleyball team will put its perfect 7-0 record on the line against the best Class 4A teams north Texas has to offer in the Justin Northwest Texans Volleyball Classic, which will be held Friday and Saturday.

The Lady Whitefaces won this tournament last year, defeating Friendswood in the title game - at the time, Friendswood was the defending state champion in Class 4A.

Friendswood (near Houston) won't make the tournament this year, but the 16-team field is still a who's who of top volleyball programs from Class 4A's Region I and II.

At least nine of the teams were in the playoffs last year and three made the regional finals. Cleburne, which lost to Hereford in the Region I finals, will be there. Coppell, which lost to Red Oak in the Region II finals, also will be there. Dumas also will be there.

Red Oak, which defeated Hereford for the state championship last year, is about the only good 4A team in the

area which won't be in the Justin tournament.

Hereford's pool includes Rockwall and Mesquite Potect - both playoff teams last year - as well as Saginaw Boswell, which the Herd beat in the playoffs in 1991.

The other pools are like this:

--Dumas, Denison, Granbury and Justin Northwest.

--Coppell, Randall, Azle and Andrews.

--Cleburne, Greenhill, Hallsville and Snyder.

Hallsville, Justin Northwest, Dumas and Hereford have all been to the state tournament in the last three years.

Pool games will be played Friday, followed by championship bracket matches on Saturday. The championship match will be at 3:30 p.m.

The New York Giants had two first basemen in 1924, Bill Terry and George Kelly, and both wound up in the Hall of Fame.

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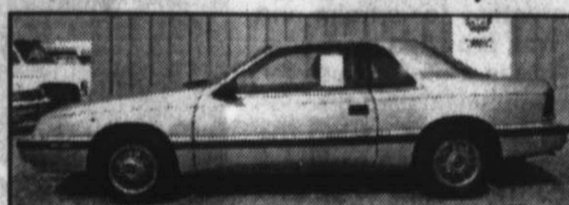
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Perryton native challenges government, says we are at mercy of system we devised

By JOE WYATT
Amarillo Globe-News
AMARILLO, Texas - Once he made up his mind that government had chugged inexorably off its prescribed constitutional track, Troy Barclay embarked on an uncompromising journey.

Sparked by a clash over forced busing in 1975 and fueled by a series of tax disputes during the 1980s, Barclay plunged into a tireless study of the U.S. Constitution, a study that he says revealed his rights and modern-day government's wrongs.

Armed with an abundance of new-found knowledge and bolstered by his rock-solid Christian convictions, Barclay set out to help put government back in the hands of the people, who, he says, are now at the mercy of the very system of government they devised.

"I'm willing, as I'm sure a lot of people in this country are willing, to do whatever it takes to restore this republic to the organic law that it was founded upon," said Barclay, a former constable who operates an auto repair business in Perryton and authors a monthly newsletter, "Expressions For Freedom."

"If we can't do that, we ain't no better off than Russia or any of those places over there that's having all kinds of trouble."

Once a member of a group called the United Tax Action Patriots, Barclay is pretty much a loner these days. He said he no longer joins groups because they are too conspicuous in the eyes of snooping federal authorities who have audited his taxes and jailed him on at least one occasion.

Still, the Perryton native continues challenging the authority of the government - he disavowed his Social Security card and says he still refuses to pay some taxes.

And he sometimes uses silver coins to bid on land at public auctions, challenging the validity of much higher bids in U.S. currency because he says paper money is no longer backed by gold and silver as the Constitution intended.

"If the government can circumvent the Constitution, money-wise or rights-wise, and take rights away from us, then we have no Constitution. We are ruled by a phantom law," Barclay said.

Barclay says he still does not pay income tax or property tax, even though a property-tax dispute once led to seizure of his automotive repair equipment. Barclay says the equipment was returned when authorities realized they had no "contractual hold" on him.

Ochiltree County Tax Appraiser Terry Symons disagrees. "We seized it (Barclay's

property), and we would have sold it at a public auction. But an individual besides himself paid those taxes," said Symons, who declined to name the individual.

"We've had problems with Mr. Barclay in the past, but not at the present time. He's totally current today."

Barclay refutes the notion that his taxes are being paid. "They don't want to let the cat out of the bag," he said. "They just don't want people to know what I do."

The dispute goes on. It's a dispute Barclay says he is willing to wage, not because he doesn't want to pay his fair share of taxes - he supports sales tax - but because he believes it is not in the best interests of the United States for citizens to comply with unconstitutional rules and regulations.

"We're the only thing in self-government that's ever happened in the world, where free people can rule themselves, and we're going the way of the Roman Empire very fast if we don't get a handle on it," Barclay said.

Increasingly, Barclay finds he is not alone in his contention that government has granted itself more power than authors of the Constitution intended. A growing number of individuals and organizations are voicing ever-louder their discontent.

More and more groups with names like We the People, Liberty Lobby and the Committee to Restore the Constitution have sprung to life, forming what has come to be known collectively as the Patriot Movement.

Its members range from self-proclaimed constitutionalists to religious zealots, making up organizations like Freedom Associates and Citizens for the Constitution. Isolationism is gospel and the United Nations - which patriots believe is part of a conspiracy to form a single world government - is sin.

"Every time America has intervened in an overseas conflict, it has resulted in disaster, which has come back to haunt us," said Paul J. Croke of Liberty Lobby, a legislative interest group that opposes gun control and U.S. involvement in the United Nations.

"We believe that American interests should be served in any international ventures, and that American interests should be the one and only consideration."

"The U.N. is a symbol of internationalism ... any move toward a world government would mean a surrender of our national sovereignty."

Similarly, organizations such as Citizens of the Republic, the Fully Informed Jury Association and Friends of Freedom want to see common folks, not political machines or military forces, decipher and dish out

constitutional justice.

Authorities in Randall County estimate as many as 150 county residents may have ties to one patriot group or another. Chip Berlet, a policy analyst with Political Research Associates in Boston, estimates the number at 5 million nationwide.

Patriots say they prefer the laws of the land be dictated by the Constitution as it was created, not as it has evolved.

"I believe in the liberty and freedom of everybody," Barclay said. "It (the fight) ends when we re-establish the Constitution the way it was written or meant to be."

There are varying degrees of dissent: Some merely disdain rules and regulations that cloud their individual freedoms, like buckling seat belts or obtaining government-granted licenses. Barclay, for example, will not use government-imposed ZIP codes.

Others nurse deeper grudges. Some even hope to throw off the yoke of a federal-court system they term tyrannical. The government, many say, is the greatest obstacle to freedom in America.

While they may be lodged near opposite ends of the philosophical spectrum, the Libertarian Party, the self-proclaimed provincial government of the Republic of Texas, the John Birch Society and the Freemen who were holed up in Montana share some common threads of discontent.

"People who get caught up in this growing fear of government are people who, to a large extent, bought into the American dream," Berlet said.

"They are largely white, largely men and largely Christian."

"A large number of them believe society ripped up their social contract and threw it in their face, and a lot of them have really legitimate reasons for being angry."

Berlet said it is a combination of anger and desperation that drives many members of the patriot movement.

"What they want is what they think they were promised," Berlet said. "They now know their children are not going to do as good as they did ... that where they used to put a pot roast on the dinner table, it's now meatloaf."

"They feel cheated." Patriots oppose treaties like the North American Free Trade Agreement, which they believe put U.S. sovereignty at risk.

Walt Shelly, professor of political science at West Texas A&M University, said similar arguments nearly kept some states from ratifying the Constitution in 1789.

"People used the same arguments back then - that Virginia is giving up its sovereignty or New York is giving

up its sovereignty - and it's pretty much the same as today," Shelly said.

"One of the reasons we went to the Constitution is we needed economic stability. There are certain things you have to give up to arrive at that stability, including some sovereignty."

"It's the price we have to pay."

Some patriot groups distrust public education and mainstream media. And many want to see the courts return to a "common-law" system of justice.

He sees himself as a patriot, battling tyranny much as Patrick Henry and Samuel Adams battled it in the 1700s. But instead of dumping tea in the harbor, Barclay fights his battles with paper.

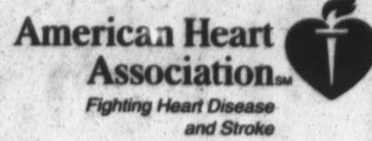
He files writs challenging the authority of district courts, he files court papers that challenge awarding of public bids to people who pay with currency instead of silver, and he submitted a written request to have all his Social Security contributions returned once he'd disavowed his card.

"If I never do accomplish nothin' and nothin' ever changes, and they have to start fighting with bullets and we end up like Bosnia or something, then at least when my grandchildren come and say, 'Grandpa, why didn't you do something when you had the chance to do it with paper?' I can say, 'Go check the record, buddy, I tried everything I knew. I studied, learned, and fought with everything I could to try to bring it to where you wouldn't have to be doing this.'"

"We are being tricked on every front to voluntarily trade our birthright for a mere government-granted privilege," he said. "I view this as treason committed toward God."

Distributed by The Associated Press

Help Your Heart Recipes



This recipe is intended to be part of an overall healthful eating plan. Total fat intake should be less than 30 percent of your total calories for a day - not for each food or recipe.

Sherbet Parfaits

- 2 cups fresh raspberries or blueberries
- 2 tablespoons sugar
- 1 pint frozen rainbow sherbet or a flavor of your choice

In a medium bowl, combine berries and sugar. Using a potato masher or fork, mash berries slightly. Layer the berries with the sherbet in 4 6-ounce parfait or decorative glasses. Serve immediately or freeze until serving time. If frozen, let stand at room temperature for 10 minutes before serving.

Serves 4; 1 6-oz. parfait per serving. Preparation time: 5 minutes.

Nutrient Analysis per Serving

187 kcal	Calories	5 mg	Cholesterol	1 gm	Saturated Fat
2 gm	Protein	44 mg	Sodium	0 gm	Polysaturated Fat
43 gm	Carbohydrate	2 gm	Total Fat	1 gm	Monounsaturated Fat

American Heart Association Quick & Easy Cookbook, ©1995. Reprinted with permission from Times Books, a division of Random House, Inc., New York.

Happy Birthday

Love, Mom
& Your Biggest Fan From UT

To Your Good Health

DEAR DR. DONOHUE: Please mention in your column inflammatory breast cancer. There is so much information about breast cancer, but I had never read or heard of the inflammatory form until I was diagnosed with it this spring. Most women are getting their mammograms and checking their breasts for lumps. But inflammatory breast cancer produces a warm, swollen, reddened breast. I am receiving proper treatment because we are fortunate in having a new cancer treatment center nearby. It has the best doctors and staff members, who are very compassionate in their care. — Mrs. R.C.

ANSWER: Inflammatory breast cancer, an insidious form, is not the kind you hear much about, and I am indebted to you for introducing readers to it.

As you note, the chief signs are not typical of most breast cancers, but more characteristic of an infection.

It is important to note that only half of women with inflammatory breast cancer can feel any suspicious lump. Instead, diagnosis comes with a breast-skin biopsy, which reveals cancer cells along with cells of inflammation.

I'm so glad that you learned the nature of your breast signs, and that you are being cared for so well at

your local center. There are growing numbers of such centers across the country.

DEAR DR. DONOHUE: I had gestational diabetes two years ago. I am now 24 years old. My mother has been insulin dependent since she was my age. I heard there is some new test to find out if you are likely to get diabetes. Can you tell me about them? — T.R.

ANSWER: Gestational diabetes appears during pregnancy and disappears after delivery. Most doctors check for it routinely during pregnancy.

You have reason for concern. Women who have had gestational diabetes are at greater risk for developing overt diabetes later on.

You should have periodic check-ups and be alert for early signs of diabetes — excess urination, weight loss and great thirst.

There are a couple of new diabetes tests still in the developmental stage. One tests for blood antibodies against the insulin-making cells of the pancreas. That alerts to the potential for the insulin-requiring form of diabetes, your mother's kind.

The other detects a certain gene responsible for Type 2 diabetes.

Neither test is available at the moment.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him at P.O. Box 5539, Riverton, NJ 08077-5539.

Happy 22nd Birthday

I hope you like laying with your little truck!

Love, Mom

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CAPITOL COMMENT

U.S. SENATOR
KAY BAILEY HUTCHISON



What Do Texans Want?

Throughout my term in the Senate, I have lived up to my election pledge not to exploit the franking privilege (free postage for member of Congress to conduct constituent surveys, or for political purposes).

So, to help obtain feedback from constituents, I hope you will take the time to clip this annual survey, fill it out and mail it back to me with your opinions. I appreciate your local newspaper for publishing this questionnaire.

Last year's survey results proved that Texans offer some of the best insights into our country's most difficult issues. I always look forward to reading your responses.

SURVEY QUESTIONS

1) Do you support a 15 percent across-the-board income tax cut, the proposed 50 percent cut in the capital gains tax (currently 28 percent) and the proposed \$500 per child tax credit?

15 percent tax cut: ___ Capital gains cut: ___
\$500/child credit: ___

2) Congress has increased defense spending by \$7 billion over the President's budget this year. Do you favor these increases?

Yes ___ No ___

3) Do you support cutting spending to offset tax cuts? Is there any area of waste in government you would like to see cut?

Yes ___ No ___ Where would you cut? _____

4) Do you support implementation of tax-deferred medical savings accounts (accounts that allow employees of small companies to establish a tax-free savings account reserved exclusively to pay medical expenses and purchase insurance, similar to "medical IRAs") to cover health-care needs?

Yes: ___ No: ___

5) Do you support efforts to encourage the entertainment industry to provide more family-oriented television programs, especially during the early-evening hours?

Yes: ___ No: ___

6) In an effort to combat terrorism both domestically and abroad, should the federal government allow law enforcement officers expanded wiretap capabilities to track and apprehend suspects?

Yes: ___ No: ___

7) Should the federal government establish and enforce content standards for electronic information providers such as the Internet?

Yes: ___ No: ___

ADDITIONAL COMMENTS:

Please mail your responses to me at: 283 Russell Senate Office Building, Washington, D.C. 20510 and be sure to label the envelope "SURVEY". Thank you for your participation. I look forward to your response.

Lottery commission to aid family of winner who died

By **JUAN B. ELIZONDO JR.**
Associated Press Writer

AUSTIN (AP) - The Texas Lottery Commission has taken steps to help the estate of a deceased Lotto winner who left his family a hefty federal inheritance tax bill.

The commission voted 3-0 Wednesday to allow the estate of Johnny Ray Brewster to cash in the remainder of his prize at present value if a Dallas County probate court orders such a move.

Brewster, a Dallas pharmacist, won \$12.8 million in May 1995. He died of a heart attack 10 months later at age 49, leaving sister and lone beneficiary Penny Griffin of Dallas to cover a \$3.5 million estate tax bill.

Under state law, Lotto payments will be sent to Brewster's estate in annual installments of \$463,320 after 28 percent is withheld for federal income tax. So far, two payments have been made.

Trouble is, the Internal Revenue

Service wants Mrs. Griffin to pay the full inheritance tax now. By the end of this year, she must either come up with the \$3.5 million or reach a payment agreement with the IRS.

Kenneth Walker, an attorney for Mrs. Griffin, said a fight has developed because the IRS says the taxable value of the remaining prize money is more than what it is actually worth. He said the woman could end up with as little as \$400,000.

Lottery commissioners said while the problems could have been avoided by setting up a trust fund or some other fund to collect the prize, the federal government should not become the sole beneficiary of Brewster's prize.

Commission Chairwoman Harriet Miers told commission attorneys to cooperate with Brewster's estate in an effort to get the probate court to order a lump-sum payment for the money.

Research hints at gene therapy in future

By **MALCOLM RITTER**
AP Science Writer

NEW YORK (AP) - Scientists have devised a chemical dimmer switch that controlled the activity of a human gene planted in mice, an advance that might someday let people with a range of diseases take pills instead of shots.

It's the first time that scientists have been able to adjust the activity of a gene given to adult animals, and it might greatly expand the range of diseases treated through gene therapy, one expert said.

The dimmer-switch approach may someday mean pills instead of shots for people who take regular doses of proteins for conditions including dwarfism, muscle wasting from AIDS, cancer, multiple sclerosis, anemia and, after a lot more research, diabetes.

Such proteins can't be taken as pills because they'll be destroyed by the digestive tract.

The new strategy would get around that by having the person's body make the protein, using an implanted gene that responds to a drug taken by mouth. Doctors would control the amount of protein produced by varying the drug dose, said researcher Michael Gilman of ARIAD Gene Therapeutics Inc. of Cambridge, Mass.

It worked in mice, he and colleagues report in the September issue of the journal Nature Medicine.

Dr. James Wilson of the Institute for Human Gene Therapy in Philadelphia said the study marked the first time scientists have been able to implant a gene in a whole animal, rather than in an egg, and then control how active it was.

Scientists who have studied gene therapy - treating disease by inserting genes into people - have largely dodged illnesses where that ability would be important, he said. But if a gene's activity can be regulated, diseases like anemia and dwarfism due to deficient growth hormone could be considered, he said.

Theoretically, diabetes could also be treated with a regulated gene, but scientists would first have to make the regulation work faster and more precisely, he said.

In the mouse experiment, researchers took millions of human cells and put three altered genes into them: one to let the cells produce human growth hormone, another to produce part of a protein that turns the growth hormone gene on, and another gene to produce the remaining part of this activating protein. These parts are useless unless joined together.

Each mouse got 2 million of these cells injected into their leg muscles. To turn on production of human growth hormone, the researchers gave the mice a drug called rapamycin, which can be taken by mouth.

Each rapamycin molecule played matchmaker: it grabbed one Part A of the activating protein and joined it to one Part B to make the full protein. This protein then turned on the growth hormone gene, and the cell made the hormone.

"It's like a little factory, rapamycin in and growth hormone out," Gilman said. "These little cells basically take in this one drug ... and

spit out a very complicated, potent and high-value therapeutic protein." After a single dose of rapamycin, the hormone could be detected for about two days. The activating protein naturally falls apart on its own once rapamycin is gone.

The more rapamycin the mice got, the more hormone showed up in their blood.

Gilman said rapamycin could not be used in people because it cripples the disease-fighting immune system.

So researchers want to design a chemical cousin that keeps rapamycin's matchmaking ability without bothering the immune system, he said. Several candidate substances have already been created, he said.

He also said that in people, it's not clear yet whether the genes would be packaged in cells as they were with the mice, or just delivered on their own.

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