

# The Hereford Brand

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## Hillary ordered files destroyed

By PETE YOST  
Associated Press Writer  
WASHINGTON (AP) - As part of routine document disposal procedures at her law firm, Hillary Rodham Clinton in 1988 directed that four files from her work on the failing savings and loan now at the heart of the Whitewater affair be destroyed, newly released documents show.

The files detailed her work just two years earlier for Madison Guaranty Savings and Loan, and three of them dealt with Mrs. Clinton's work on the Castle Grande land development that Senate investigators and federal regulators are now probing.

In written responses to regulators released Thursday, Mrs. Clinton said she did not initiate the destruction, but that she earmarked the documents for disposal after the Rose Law Firm in Little Rock, Ark., issued a request for all lawyers to identify files they no longer needed.

The Madison files were among a large amount of material on a number of former clients that Mrs. Clinton designated for disposal.

Mrs. Clinton vigorously defended her conduct in Whitewater and the 1993 firing of White House travel office aides during a one-hour appearance on "CBS This Morning."

Mrs. Clinton also said her account of Whitewater has been bolstered by the recent discovery in the White House of billing records from her former law firm.

"Those documents help me. They support what I've been saying," she said.

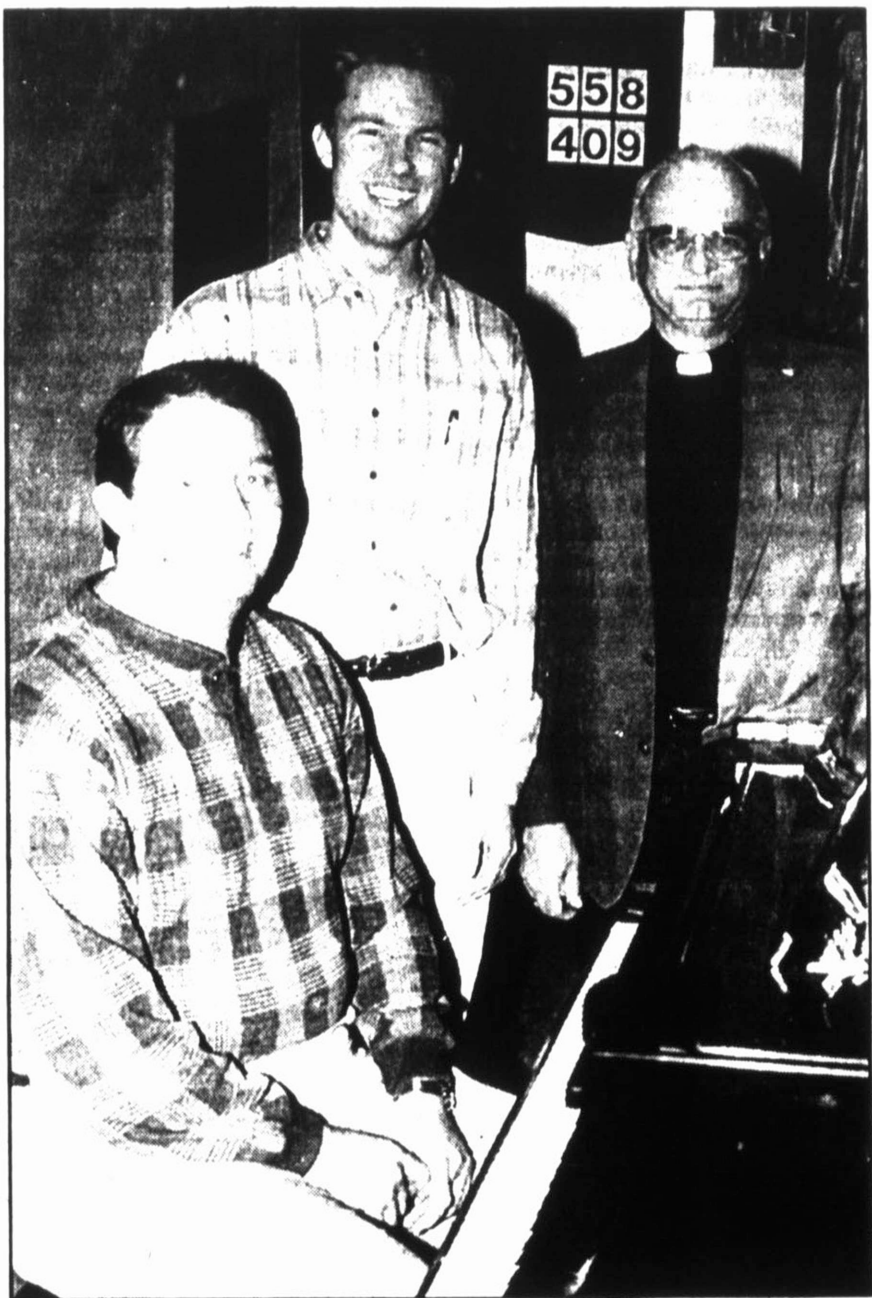
The destruction of the Madison files was the second disclosure of the day regarding documents on Mrs. Clinton's work for the S&L.

A longtime Clinton aide, Carolyn Huber, told the Senate Whitewater Committee that billing records of Mrs. Clinton's work for Madison mysteriously appeared on a table in the White House residence last August - two years after investigators subpoenaed them. Huber didn't realize what they were until she examined them this month, she testified.

President Clinton, in an interview Thursday with U.S. News and World Report, said people on their way to the White House gym routinely walked through the room where the billing records were found.

"That's where if we had things like gifts or toys, or things we didn't have a place to store, they were put in there," Clinton said. "It was just all kinds of stuff crammed in there. And I don't think there was even an attempt to try to sort through what was there or not... until some of the people who were typing Hillary's book started working there in the fall."

In regard to the document destruction in 1988, one of Mrs. Clinton's files to be discarded was marked "Madison Guaranty S&L: Ward option." That refers to a real estate document Mrs. Clinton helped prepare on Castle Grande, a 1,050-acre tract that the Clintons' Whitewater real estate partner and Madison owner, James McDougal, and businessman Seth Ward bought with the S&L's money.



## Ready for the service

Preparations for Sunday's "1996 Week of Prayer for Christian Unity Service" were being made Thursday by leaders, from left, Mike Sabo of First Baptist Church; the Rev. Jeremy Grant, pastor of First Presbyterian Church; and Monsignor Orville Blum of the host St. Anthony's Catholic Church. The service will be at 6 p.m. Grant will deliver a message on "Unity," with Sabo leading the FBC choir. The service is open to the public. There will be child care available and fellowship and refreshments will be available after the service.

## Communication, teamwork given low marks in Lubbock PD survey

By JEAN PAGEL  
Associated Press Writer  
LUBBOCK, Texas (AP) - A new survey of Lubbock police describes a workplace of bad communication and scant teamwork between field officers and chief administrators.

The group that took the survey, the Center for Public Service at Texas Tech University, billed the 50-question mailout as the most comprehensive police-job survey of its kind in the 1990s.

Results were released today by the Lubbock Professional Police Association. Two hundred of the department's 299 police officers responded, including 50 who did not belong to the association.

"Communication between the upper management and the rank-and-file has always been a concern," said Sgt. Ronnie Sowell, president of the police group.

"Unfortunately, it seems that most of the officers are feeling at this point

in time that there is a greater gap in that communication," Sowell said. "They never learn what's happening in the department until it actually confronts them."

Faculty at Texas Tech took about three weeks to write the questionnaire that were mailed to officers late last summer, said Mark Somma of the Center for Public Service. The two-thirds response rate was high, he said.

Results included these:  
-93 percent of respondents disagree that regular communication occurs between field officers and chief administrators;

-91 percent disagree that a spirit of teamwork exists between rank-and-file officers and administration;

-90 percent disagree or strongly disagree that rank-and-file officers receive the support of the City Council;

-85 percent believe police "leadership" does not understand the

difficulties facing officers on the street.

Police Chief Ken Walker did not return a telephone call for comment Thursday.

## Economic growth reported at 3.2 percent annual rate

By JOHN D. McCLAIN  
Associated Press Writer  
WASHINGTON (AP) - The nation's economy grew at a 3.2 percent annual rate during the July-September quarter, faster than initially thought, but appears to have slowed in recent months.

The Commerce Department said today the revised third-quarter gross domestic product expanded six times as fast as the revised 0.5 percent rate from April through June. The earlier second-quarter estimate was 0.7 percent. First-quarter growth was 0.6 percent.

It was the strongest performance since 3.2 percent during the final three months of 1994. The department initially estimated in October the economy had grown at a 3 percent rate in the third quarter and many analysts had expected a small upward revision.

The department also reported that after-tax corporate profits rose 2.9 percent during the third quarter after falling 0.7 percent three months earlier. Profits had risen 5.6 percent from January through March.

Despite the faster growth in the third quarter, one measure of inflation tied to the GDP rose at a modest 2 percent annual rate, compared to 2.9 percent during both the first and second quarters.

Since September, there have been numerous signs the economy was braking. The Federal Reserve reported Wednesday its latest survey of regional economic activity suggested the acceleration had slowed to a "generally modest pace at the end of 1995."

With today's report, the government began focusing on a new way to measure the GDP, the total output of goods and services produced in the

United States and the broadest gauge of the nation's economic health.

Under the old calculation, the GDP grew 3.3 percent in the third quarter, up from 0.6 percent in the second and 0.9 percent in the first.

The new gauge, known as the chain-weighted measure, reflects yearly changes in the prices of the GDP's various components and changes in consumer preferences for cheaper substitutes.

Department officials said it is designed to provide a more nearly accurate picture of economic activity, but does not alter the economy's general direction.

"These changes have not rewritten economic history," said Robert P. Parker, chief statistician of the department's Bureau of Economic Analysis. "The peaks and troughs of the business cycles are still there."

For instance, the chain-weighted figures do not change the fact that the economy slipped into recession during the third quarter of 1990 and did not recover until the first quarter of 1991.

But they show the recovery that began in March 1991 expanded at an annual rate of 2.7 percent through the fourth quarter 1994, compared to 3.1 percent under the former gauge.

Either way, however, the recovery is the weakest since World War II.

The old fixed-weighted measure was based on the value of the various components in 1987 prices and did not take into consideration annual cost changes and consumer preferences.

Growth in the third quarter was led by a 2.9 percent increase in consumer spending, which represents about two-thirds of the nation's economic activity.

## Weather conditions freeze, flood nation

By The Associated Press  
A blizzard that blasted the Plains with dangerously cold air marooned many Midwesterners and knocked out power to thousands, while an Eastern thaw melted snow and sent rivers spilling over their banks.

In the West, snow, ice and high winds delayed some flights and caused numerous traffic accidents.

The storm that pounded the Midwest with snow was expected to spread rain throughout much of the East today.

In North Dakota, 20 inches of snow fell in Wahpeton on Thursday and the wind chill made it feel like 80 below zero in Fargo.

"As far as I'm concerned, nobody should be leaving home or work or wherever they are," Fargo Police Sgt. Dean Mueller said. "To get out and get stranded is to risk dying."

Near record lows in the 30-below range were forecast for today in North Dakota and Minnesota, where at least four deaths were blamed on the storm.

Visibility was so poor in rural Clay County, N.D., snowplows were pulled off the roads, highway department superintendent Lee Livdahl said.

"Until the wind dies down, plowing won't do a darn bit of good," he said.

The storm dumped more than a foot of snow in parts of Minnesota, Nebraska, and Wisconsin, knocked out power to thousands of homes in several states and forced schools and offices to close.

In Superior, Wis., heavy snow kept a 23-year-old woman in labor from getting to the hospital. Her husband delivered the baby at home Thursday. The mother and her baby, who

were eventually dug out by firefighters and taken to the hospital, were doing well, officials said.

In Virginia, the meltdown from last week's blizzard forced some rivers over their banks and triggered some mud slides and flooding.

"The 40 inches of snow filled the ditches, and then when the rain came, it couldn't go anywhere," said Richard Byrd, emergency services director for Bath County.

The thaw, with temperatures in the 50s and 60s in Illinois, Ohio and Kentucky, threatened to cause more flooding in parts of the Midwest and Northeast.

Icy rivers posed a threat in eastern Ohio, where 70 people in Coshocton County were evacuated today because of flooding along the Walhonding River.

## Clinton to face hostile crowd when he gives State of Union

By TERENCE HUNT  
AP White House Correspondent  
WASHINGTON (AP) - After a year of angry battles and hot tempers, President Clinton faces a surly reception from Congress when he delivers his annual State of the Union address on Tuesday.

Clinton was booed by Republicans last year, and the increasingly sour political mood suggests the catcalls will be even louder next week.

"It's a fairly partisan environment that he'll walk into," presidential spokesman Mike McCurry acknowl-

edged. "It's a campaign year, it's a divided government, it's a Republican Congress. And there are plenty of people capable of hyperventilating."

Presidents are required by the Constitution to present a periodic report on the state of the union. For his speech, Clinton solicited ideas from political scientists at White House dinners.

Other suggestions were invited from a cross section of Americans - from radio humorist Garrison Keillor to Boston University president John Silber - and their ideas were compiled in a green book for Clinton.

The speech will ring the starting bell on Clinton's campaign and define the ground on which he'll fight for a second term. The budget battle will loom over the address, coming just three days before the expiration of a temporary measure keeping much of the government open.

Stalemate over a balanced budget, Clinton gave a preview Thursday of one line of attack.

"I believe that Republicans are

insisting on reductions in Medicare, Medicaid, education and the environment which are clearly not necessary to balance the budget and not necessary to give a modest tax cut," the president said. He said the two sides already have agreed to enough savings to balance the budget.

Accusing Clinton of dragging his feet, Senate Majority Leader Bob Dole said Republicans are ready to make the budget the focus of the November elections. "We'll take it to the voters rather than make a bad budget deal," said Dole, the front-runner for the GOP presidential nomination.

Despite the impasse, White House officials say the budget is not the centerpiece of Clinton's address. Lacking agreement, he does not want to dwell on failure in what's supposed to be an uplifting speech that draws voters to his corner.

"In a sense, he will make the budget fight seem puny by talking about the things that have a much more direct impact on the lives of Americans," McCurry said.

"The principal theme is, 'Look, setting aside all this bickering, we've got some big challenges facing us as America goes into the 21st century.'"

## Coming in Sunday's Brand

If it's late January, then it must be time for the Hereford Young Farmers Junior Livestock Show.

That's right, the annual event kicks off this week, marking yet another year of steer, hog and lamb shows.

This year there are several new twists in the show, including the addition of a goat show for the first time.

On Sunday, The Brand will present its annual Stock Show section.

Local businesses will wish stock show participants best wishes and you will be able to update yourself on some of the new rules that take effect this year.

In addition, there will be a schedule of judging and weighing times, a listing of stock show participants and complete results from the 1995 edition of the show.

## City lends hand as school readies for new playground

The City of Hereford has jumped in to lend a hand with efforts by Northwest Primary School to build a new playground, the school announced today.

In a memo to parents, principal Alice Lockmiller said the city has agreed to help prepare the site for the new playground and install a concrete curb around the area -- work with an estimated value of \$10,000.

The school has already ordered the first phase of the \$80,000 playground -- which is being funded by funds raised through recycling and by local donations and grants.

That phase, parents were told, will be shipped soon from Minnesota via an Arrowhead Mills truck.

In addition, City Commission-

ers are expected to consider soon making a \$15,000 donation to the project, which would allow purchase of Phase II and gravel for the play area.

However, Mrs. Lockmiller reported, not all news is good.

On the recycling front, she said, the school is unable to accept donations of newspaper, glass, or plastic at this time. Glass donations may be made through the Hereford Beautification Alliance and Community School recycling project each month.

Mrs. Lockmiller said a paper bin set up at the school by Panhandle Recyclers remains, but the company has refused to pick it up or bring a new one to town.

Donations of metal and aluminum cans are being accepted.

The school on Friday submitted a grant application to the Panhandle Regional Planning Commission for funds to build a recycling center just west of the school along Moreman Street.

If approved, the grant will provide \$6,125 of the \$10,125 needed to build the 30-foot-by-130-foot facility. Local share would be \$4,000.

Preliminary plans call for a one-way drive-through dropoff facility where clear and colored glass, paper and newsprint, cardboard and metal can be dropped off by the public.

The PRPC grant would provide Dumpsters, site preparation, signs and a landscaping screen at the center.



## Local Roundup

### Warming trend in forecast

Hereford recorded a nippy high temperature of 23 degrees on Thursday, according to KPAN Radio, although winds throughout the day made the air feel colder. The overnight low was 15 degrees Friday morning. For the weekend, look for a low tonight in the upper 20s under partly cloudy skies. Winds will be from the southwest to west at 10-20 mph. For Saturday, look for partly cloudy skies, a high of 50-55 degrees and west to northwest winds at 10-20 mph and gusty.

## News Digest

ARLINGTON - Law officers, after chasing hundreds of tips on a missing Girl Scout, are turning their focus to finding the 9-year-old's killer now that her nude body was found in a creek.

AUSTIN - As Liz Carpenter paid her respects to former U.S. Rep. Barbara Jordan, she remembered more than her friend's role as an inspiration to the nation during the Nixon impeachment hearings.

AUSTIN - Despite drawing fewer delegates and fewer presidential candidates than initially planned, organizers say they have high hopes for the National Issues Convention.

McALLEN - The attorneys on opposite sides of the Juan Garcia Abrego case are remaining tight-lipped about the reputed drug lord and the charges against him. Robert Yzaguirre, Garcia Abrego's attorney, told The Associated Press on Thursday his client will plead innocent next month at his arraignment.

SARAJEVO, Bosnia-Herzegovina - In a critical test of whether rival factions in Bosnia can abide by the peace agreement they signed, deadlines arrive today for a POW exchange and a troop pullback.

## Obituaries



**LEONOR TIJERINA LAFUENTE**  
Jan. 17, 1996  
Leonor Tijerina Lafuente, 81, of Hereford, died Wednesday at her home.

Vigil services will be held at 7 p.m. Friday in Rix Funeral Directors Chapel. Mass will be celebrated at 2 p.m. Saturday in St. Anthony's Catholic Church with the Rev. Hector J. Madrigal, Msgr. Orville Blum and Msgr. Antonio Gonzales officiating. Burial will be in St. Anthony's Catholic Church.

Mrs. Lafuente was born in Ozona and married Pedro Ledesma Lafuente in 1934 at Eden. He died in 1991. She moved to Hereford from Lubbock in 1960. Mrs. Lafuente was a member of St. Anthony's Catholic Church. She had been a leader in the Cursillo Movement for 34 years and was a longtime member of Guadalupe.

She was preceded in death by two sons, Arnulfo Lafuente in 1941 and Abelardo Lafuente in 1971.

Survivors are five sons, Alfredo Lafuente of Farwell, Arnulfo Lafuente and Gonzalo Lafuente, both of Amarillo, Pedro Lafuente Jr., of Hereford and Enrique Lafuente of Ocean, Cal.; five daughters, Mary Lugo of Lubbock, Armandina L. Vera of Irving and Linda Dominguez, Nora L. Perez and Aurora Rodriguez, all of Hereford; two brothers, Carlos Tijerina of Herford and Ernesto Tijerina of Brownsville; a sister, Constancia Gomez of Sunray, 40 grandchildren and 46 great-grandchildren.

The family has suggested that memorials be directed to the Cursillo Movement or St. Anthony's Parish Center.

### JOHN KEY WEST

John Key West, 84, of Floydada, brother of Hester Moore of Herford, died Thursday.

Services will be held at 2 p.m. Saturday in First United Methodist Church of Floydada with the pastor, Clark Williams, Earl Blair of Andrews and Bill Wright of Abilene officiating. Burial will be in Floydada Cemetery by Moore-Rose-White Funeral Home.

Mr. West, a farmer, rancher and contractor, was born at Floydada and was graduated from Floydada High School. He attended Tarleton State University. He and Madge Dorsey were married in 1933 in Bovina. He was a member of Good Sam Club, Plains Cotton Growers, Producers Co-op, Old Settlers Reunion and Pioneers. He also served on boards of Consumer Fuel, Spirit of Sharing, Lighthouse Electric and All American Insurance.

He helped organize Grain Producers Association and Caprock Gas Association. Mr. West had served as chairman of the county Agriculture Stabilization Conservation Service.

Survivors also include his wife; two sons, Johnny West of Fredericksburg and Chester Dale West of Pampa; a daughter, Ann Bean of Lubbock; another sister, Ione Young of California, six grandchildren and seven great-grandchildren.

The family requests that memorials be directed to First United Methodist Church or a favorite charity.



## Administration has new tax proposal

### GOP majority leader admits plan may have 'some merit'

By DAVE SKIDMORE  
Associated Press Writer

WASHINGTON (AP) - The Clinton administration is considering lowering the top capital gains tax rate to 20 percent and eliminating the tax on home sales, according to Republicans close to the budget talks.

The administration plan would cost roughly \$9 billion over seven years and would become effective the middle of this month, said the Republicans, who spoke on condition of anonymity.

Though far less sweeping than the provisions in the vetoed Republican budget legislation, Senate Majority Leader Bob Dole, R-Kan., said Thursday the Clinton plan had "some merit."

Dole spoke a day after Republicans canceled a White House bargaining session. The talks remain stalled, with no new sessions scheduled, and the two sides are blaming each other for the lull.

"The president has already decided the talks are ended, and he's started to lay the groundwork with this document for 1996, for his re-election bid," Dole said.

Senate Budget Committee Chairman Pete Domenici, R-N.M., predicted the White House and congressional Republicans would reach no budget agreement this year. "No, we're not going to have a deal," he said Thursday night on NET Political NewsTalk Network, a cable television channel.

Earlier, Clinton went before reporters to express disappointment that Republicans "walked away from our negotiations yesterday."

"My door is open. It is open. It will stay open," he said.

Administration officials, who also spoke on condition of anonymity, did not deny the details Republicans reported about a Clinton capital gains tax cut plan. However, they stressed that the plan was just an idea and that the administration would support it only as part of an overall budget deal it found acceptable.

White House budget negotiators discussed a variety of ideas "from capital gains to increasing the minimum wage, that could serve as pieces of a potential deal," a White House official said, speaking on condition of anonymity. "But these

were ideas being discussed, not formal offers from either side."

Many congressional Democrats - led by House Minority Leader Dick Gephardt - adamantly oppose cutting taxes on profits from selling securities, real estate and other assets. They call it a giveaway to the rich.

But Republicans maintain the cut would boost the economy by stimulating savings and investment, and they made it part of their "Contract With America" campaign manifesto. And Clinton has signaled for months he was willing to make concessions in the area.

Unlike the Republican bill, the administration plan would apply only to individuals, not corporations. Also, gains would not be adjusted to account for inflation.

The cost is roughly a third of the \$29 billion price tag on the GOP capital gains cut. And the effective date is about a year later. The GOP provisions would have been retroactive to Jan. 1, 1995.

Currently the capital gains rate is 28 percent for most taxpayers and 15 percent for those in the lowest tax bracket.

The Clinton plan cuts the capital-gains rate to 20 percent for most households and to 10.5 percent for the bottom bracket.

The GOP bill would have cut the rate to 19.6 percent for the wealthiest taxpayers, to 18 percent, 16 percent or 14 percent for those in the middle and to 7.5 percent for the poorest.

Treasury Secretary Robert Rubin outlined an administration proposal for a seven-year, \$130 billion tax cut to reporters Thursday but did not mention capital gains. He said the administration offered three other concessions:

-Estate-tax relief for inheritors of small family-owned businesses and farms.

-An increase in the limit on the small business deduction for equipment purchases from \$17,000 to \$25,000.

-A simplification of pension rules. An administration official, speaking on condition of anonymity, said the administration would allow those who inherit small family-owned businesses and farms to spread estate-tax payments over 14 years and would assess only a 4 percent interest rate on the deferral.



### Tennis demonstration

Mike Carter of the Texas State Tennis Association, which is sponsored by the U.S. Tennis Association, demonstrates his tennis style during an assembly Thursday at West Central Intermediate School. Carter visited all three intermediate schools to push tennis as district officials look at ways to expand the sport to the fourth through sixth grade campuses. Carter also announced that tennis rackets will be donated to each school by the USTA.

## Prison inmates' telephone calls will be source of state revenue

Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishments inflicted. - Eighth Amendment to the U.S. Constitution.

By JOHN KANELIS  
Amarillo Globe-News

AMARILLO, Texas - Does the absence of telephones for Texas prison inmates constitute "cruel and unusual" punishment?

A few civil libertarians might think so.

The Legislature has required the state to install phones in prisons. The Department of Criminal Justice will begin with phones in state jails and in some minimum-security prisons. The state comptroller, John Sharp, believes the state will make quite a bit of money, as much as \$40 million a year, through a surcharge on long-distance calls that inmates would make.

Critics of this idea, and I'm one of them, express concerns about issues that go beyond money. Like security. And prison management.

"I like the phone call privilege we have now," said Rick Hudson, assistant warden of the 3,200-bed

William P. Clements Unit northeast of Amarillo.

The current system, which entitles inmates to one phone call every 90 days - depending on whether they have been naughty or nice - is a good "behavior management tool," said Hudson.

The new policy causes security concerns, too, said Hudson, citing drug smuggling, gang activity and escape.

Hudson, who's been assigned to the Clements Unit for more than three years, said the prison staff monitors inmates' behavior "to see if they're eligible to make a phone call. If they haven't been good for three months, then they have to wait until they have been good. It's that simple."

The notion of installing phones in the prison day room also causes a personnel problem, according to Hudson.

The current system allows for a single security officer to monitor personally every phone call that goes out of the Clements Unit, he said. It's the best way to control the phone lines. If the inmate gets rowdy or profane, the phone call ends on the spot, said Hudson.

OK, so it's eavesdropping. But the bad guys doing the time should understand that they surrender some of their privacy when they commit the crime.

A new system that expands phone use will take many more staff people off the line just to monitor the calls, Hudson predicted. "Sure, we have state-of-the-art technology to find out who the inmate calls," he said. "But we really need to be able to monitor the individual conversations."

The prison system staff can monitor those calls with relative ease under the restricted-use policies. Sharp, the state's chief bean-counter, is downplaying - publicly at least - the concerns that some observers have raised.

The comptroller, who is getting set to implement the revenue-collection part of the new policy, said Texas is the last state to liberalize its telephone policy for inmates. He said other states have experienced relatively few problems. He wonders: Why can't Texas adapt to a changing time?

Hudson - sounding like a true Texan - believes the Texas policy has been even more successful and wonders why the rest of the nation doesn't conform to the way we manage our prisoners here.

The politics of this argument seem to favor the opponents of this new policy. It plays into the hands of those who believe we coddle our prisoners already.

I wouldn't go that far. Having seen the Clements Unit up close - courtesy of a tour, of course - let me assure you the place is no country club. It's a hard-time lockup and no doubt should stay that way.

A new phone policy won't turn our prison system into a hotel chain. But it does raise legitimate concern among the professionals - such as Rick Hudson - who run the place. We ought to listen to them.

John Kanelis is editorial page editor for the Amarillo Globe-News.

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Curiosity is one of the permanent certain characteristics of a vigorous intellect.

—Samuel Johnson

## Commission may require fingerprints

By JUAN B. ELIZONDO Jr.  
Associated Press Writer

AUSTIN (AP) - Texas Insurance Commissioner Elton Bomer says he is leaning toward a new policy requiring all new insurance agents to submit fingerprints to the department.

"Basically, it is my opinion that we need to do it," Bomer said Thursday after a hearing to discuss the issue. "It's my responsibility to stop fraud and I think this is one of the first steps that I can take."

The commissioner said he would decide soon whether to implement the requirement.

Under the proposed rule, all new applicants seeking nearly any state insurance license would be required to submit fingerprints with their applications. The fingerprints would be used to determine if an applicant had a criminal record.

Bomer said the fingerprinting would cost agents between \$10 and \$17. He added, "I am much more concerned by the hundreds of millions of dollars that have been stolen by unscrupulous agents."

Former Sen. Carl Parker, D-Port Arthur, who now represents the Insurance Alliance of America, said he does not believe the requirement is allowed under state law. The alliance is a group of small- and medium-sized life and health insurers.

"(The department has) the authority to ask for fingerprint cards. If they have reason they should request them instead of a blanket requirement," Parker said.

He said many people would be intimidated by the requirement and some people charged but not convicted of crimes would be delayed and harassed before getting licenses.

"It is grossly unfair," he said.

Bomer said it would be unusual for someone with charges but no convictions to be denied a license. He would not say what criminal convictions would keep a person from becoming licensed.

"It would be unusual for us to issue a license to someone with a felony, especially anyone convicted of financial crimes or trust crimes. We just don't want these people handling people's money," Bomer said.

Wade Spilman, an attorney for the Texas Association of Insurance Agents, said his group of some 10,000 independent agents supports the plan.

## Lottery

AUSTIN (AP) - The winning Pick 3 numbers drawn Thursday by the Texas Lottery, in order:

9-2-4 (nine, two, four)

### THE HEREFORD BRAND

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O.G. Homan Publisher  
Mauri Montgomery Adv. Mgr.  
Garry Homan Editor  
Craig Homan Circulation Mgr.

Emergency services reports for the 24-hour period ending at 7 a.m. Friday contained the following information.

### HEREFORD POLICE

A 26-year-old male was arrested for public intoxication.

A 33-year-old female was arrested on a county warrant for violation of probation.

A report was filed in reference to charges filed at Park Avenue and Avenue F against a 30-year-old male for driving while license suspended. Officers issued 29 citations.

There was one minor traffic accident reported.

**DEAF SMITH SHERIFF**  
Phone harassment was reported.  
**FIRE DEPARTMENT**  
No calls.

### EMS

Ambulances ran on one transfer to Amarillo, one medical no-transport and two medical runs.



# Lifestyles

## Bio-intensive gardening is not mainstream, but has devotees



### Mmmmmm! Sounds good

David Kimmel, left, with daughter Jennifer, purchases a ticket from Matt Artho, president of Hereford Key Club, for a "Build your own" potato bar supper to be held from 5 p.m.-7 p.m. on Feb. 2 at the Hereford Junior High cafeteria, prior to the district basketball game against Borger. Tickets are \$5 and \$1 for preschool children. They are available from Key Club members or call Mike McManigal at 364-7721.

By JAMES E. WALTERS  
PHOENIX (AP) - Bio-intensive gardening based on deep-soil preparation hardly is mainstream but has passionate devotees. Now the best book on the subject just got better with the release of John Jeavons' fifth edition of "How to Grow More Vegetables Than You Ever Thought Possible on Less Land Than You Can Imagine."

Even in this age of hyperbole, the title seems overblown.

Over the years Jeavons has developed a following among those who believe with him that it is necessary to build the soil instead of depleting it and to use as little water as possible in growing food.

He estimates about a third of U.S. health costs could be eliminated by eating a nutritious diet and through an increase in exercise. He claims that home gardening "provides both of these, resulting in a win-win situation."

He also claims that bio-intensive food raising restores land to health and productivity and, as compared to commercial agriculture, "produces two to six times the food, consumes as little as one-eighth the water, requires half or less the fertilizer and uses 100 times less energy."

Jeavons, a graduate of Yale University, has twice been nominated for the World Food Prize. He is director of Ecology Action, a nonprofit environmental research and educational group formed in 1972 in Northern California's mountains.

I began experimenting with his methods in 1979 with publication of the second edition (the first edition was published in 1976). In my opinion, his system works well.

As Bob Bergland, former U.S. secretary of agriculture, once put it: "Every once in a while an idea comes along whose time has returned. John Jeavons is onto such an idea. Small-scale, intensive farming is clearly the best hope for the overwhelming mass of humanity..."

Says Jeavons: "Each one of us has tremendous potential to heal the earth. Let us begin." He teaches a basic approach to soil preparation "because the bed preparation, fertilization, composting, transplanting, watering and weeding are performed essentially in the same way for all crops. Only the seedling flat and growing bed spacings are different from one crop to another..."

"So once you know how to grow lettuce you know most of the basics for growing onions, tomatoes, wheat, apple trees and even cotton."

The biggest problem for bio-intensive gardening is that it is

hard work and requires a firm belief in what you are doing. Take his directions for initial preparation of 100 square feet:

"Soak the area to be dug for two hours with a sprinkler. Let the soil dry out partially for two days. Loosen the soil 12 inches deep with a spading fork and remove weeds for 1 to 2 hours. Water gently by hand for five minutes and let rest for one day."

"If your soil has particularly large clods wait several days to let nature help do the work. The warm sun, cool nights, wind and water will help break down the clods. Water the bed lightly each day to aid the process."

Many of us are living on six times and more of the resources that would be available to each person in the world if the resources were divided equally, Jeavons contends.



Linguists say there are no exact expressions in Japanese equivalent to our "yes" and "no."

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## Ann Landers

DEAR ANN LANDERS: My food-stealing days are over. I appreciate those letters you printed about folks who "sneak" food out of restaurants in pockets, plastic bags and purses. I am a recovering compulsive overeater, food addict and sneak eater, and was once a restaurant thief myself.

After a lifetime of diet programs, yo-yo weight losses and gains, shame, pain and guilt, I had to admit that I had an eating disorder. All I could think about was food. It was the center of my life. Food became my obsession-my addiction. Like a junkie, I did whatever I could get away with to have my "fix," sneaking out whatever leftover food I could find in restaurants and stuffing it into my pockets and purse. I had turned into a food shoplifter and was fortunate not to have been caught.

Five years ago, a dear friend who had noticed this compulsive behavior lovingly encouraged me to attend an Overeaters Anonymous meeting.

Ann, I'm thankful I had the

courage to go to that first O.A. meeting. I no longer steal food, nor do I eat more than I need. I now know I won't starve if I don't take extra food home. I live with faith, dignity and gratitude for so much of my life today. I am also maintaining a sane, healthy weight.

I hope my letter will help others. Please print it.--Relieved in Maryland

DEAR MARYLAND: Your letter WILL help others. You can count on it. I have been a supporter of Overeaters Anonymous for many years and have been thanked time and time again by readers who took my advice, joined O.A. and let me know it changed their lives.

For those who see themselves in my column today, the address is: Overeaters Anonymous, P.O. Box 44020, Rio Rancho, N.M. 87174.

DEAR ANN LANDERS: You have printed several delightful letters about people who met in interesting ways. I hope you'll print this one about my mother.

At age 60, she had been a widow for seven years. Mom set out on a long-planned trip to California, which included an eight-hour sightseeing bus tour of the Grand Canyon.

She was thrilled to get a window seat. But the last two members of the group to board were a newly married couple, so Mom gave up her seat and took the only remaining empty one. Her seat mate was a lonesome gentleman who wanted to talk.

In the course of the day, she learned he had been a widower for 18 months and was 10 years older than Mom. At the end of the trip, he asked for her address, and though she never expected to hear from him, he did write--almost daily for four months. The last letter was a marriage proposal.

It was a problem for Mom to tell me this because she always had warned me never to talk to strangers on buses or trains. She solved her dilemma by sending me a postcard. On one side was the picture of a plane. On the back, she wrote, "I'm on my way to Florida to decide if I want to change my name to Smith. Love, Mom." The wedding took place six weeks later.

They had 23 happy years together before Mom died. He joined her soon after. Just sign me--A Grateful Daughter

DEAR GRATEFUL DAUGHTER: What a delightful story. It's enough to encourage singles to take the bus. Thank you for a heart-warmer.

Gem of the Day: If you want to learn something new, don't act like you know it already.

Is life passing you by? Want to improve your social skills? Write for Ann Landers' new booklet, "How to Make Friends and Stop Being Lonely." Send a self-addressed, long, business-size envelope and a check or money order for \$4.25 (this includes postage and handling) to: Friends, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.



London's first subway line was operated by steam locomotives and opened in 1863.

## Menus

### HEREFORD PUBLIC SCHOOLS Breakfast

MONDAY-Waffles with syrup; or cereal, buttered toast, fruit cocktail, milk.

TUESDAY-Scrambled eggs, buttered toast and jelly; or cereal, buttered toast, apple juice, chocolate milk.

WEDNESDAY-Breakfast taco; or cereal, buttered toast, orange smiles, milk.

THURSDAY-Mini corn dogs with syrup; or cereal, buttered toast, diced peaches, chocolate milk.

FRIDAY-Cheese toast; or cereal, buttered toast, banana, milk.

### Lunch

MONDAY-Fish strips with tartar sauce, macaroni and cheese, vegetable stix with dip, black-eyed peas, hot peach cobbler, cornbread and butter, chocolate milk.

TUESDAY-Baked potato with chili and cheese, creamy cole slaw, green beans, strawberry apple dessert, whole wheat rolls and butter, milk.

WEDNESDAY-Submarine sandwich (ham and cheese), lettuce leaf with tomato slices, tator tots with catsup, orange frozen juice cup, chocolate milk.

THURSDAY-Nacho grande with picante sauce, lettuce with tomatoes, seasoned pinto beans, Spanish rice, pineapple T.B., cinnamon roll, milk.

FRIDAY-Hamburger, burger fixings, French fries with catsup, apple wedges, oatmeal raisin cookie, chocolate milk.

### ST. ANTHONY'S SCHOOL

MONDAY-Chili mac, green beans, sweet peas, whole wheat rolls, applesauce, cookie, milk.

TUESDAY-Tacos, pinto beans, lettuce and tomatoes, cinnamon rolls, orange juice, milk.

WEDNESDAY-Pizza, okra, corn, sliced peaches, milk.

THURSDAY-Turkey pot pie, black-eyed peas, biscuit, fruit salad, milk.

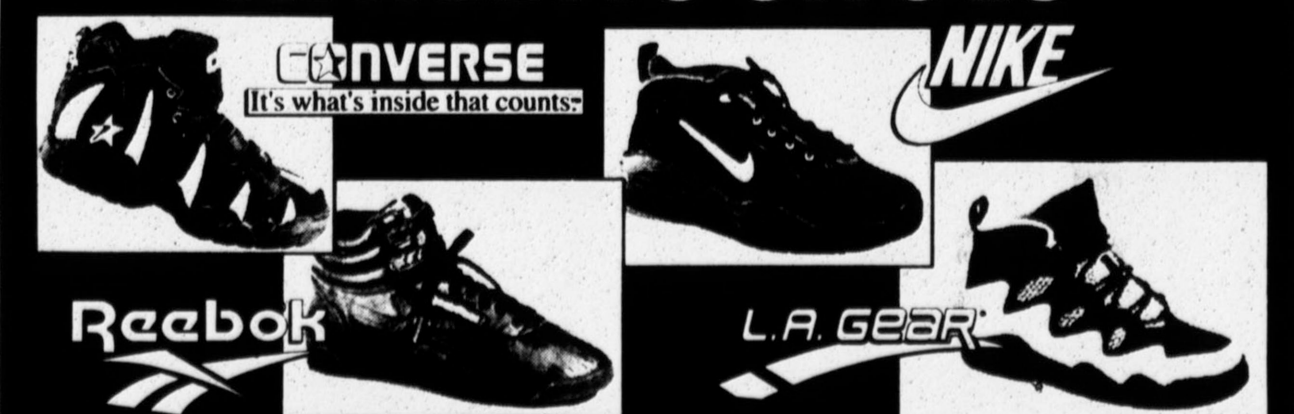
FRIDAY-Submarine sandwich, tator tots, vegetable soup, Jello, milk.

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9:30 am to 8:00 pm  
Sunday - 1:00 pm to 6:00 pm

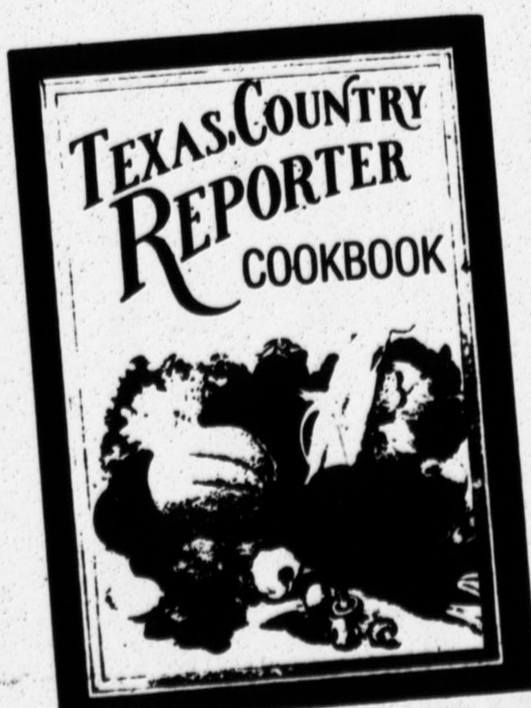
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# Church News

## IMMANUEL

**LUTHERAN CHURCH**  
Sunday school is at 10 a.m. at Immanuel Lutheran Church. If you would like to have a ride to Sunday School, our number is 364-1667 or 364-1668.

Our adult Bible class will continue the study of Biblical prophecy in the Old Testament.

Morning worship is at 11 a.m. "The Blessing of Being Filled Spiritually" will be the topic of the day, and we will use Matthew 5:1-6 as the text. We will also begin to use the new liturgy in the service.

First year confirmation class will be at 7 p.m. on Wednesday. Second year confirmation class will be at 8 p.m. on Wednesday.

## SPANISH BAPTIST FUNDAMENTAL CHURCH

Pastor Ernest Rodriguez and the church congregation invite the public to attend services at the church.

Sunday School is at 10 a.m. Sunday worship services are at 11 a.m. and 7 p.m.

For transportation to church, please call 364-2919 or 364-6913.

## TEMPLE BAPTIST CHURCH

Temple Baptist Brotherhood invites all men and boys to their brotherhood breakfast Sunday at 7:30 a.m. Come join them for good food, fine fellowship and a good program.

The congregation of Temple Baptist Church and the pastor, H. Wyatt Bartlett, invite everyone to come worship with us Sunday. Our Sunday School and Bible Study begins at 9:45 a.m. with morning worship at 11.

This Sunday morning we are to have Chuck Kelley, grandson of Dr. Charles Singer, as our special guest telling us about the work of the International Rugee Mission being turned over to Bridge Builders International as Dr. Singer is retiring. Our Church Training is at 6 p.m. and evening worship at 7.

The mid-week prayer meeting will be Wednesday at 6:30 p.m. We are studying the Book of Psalms.

## FIRST UNITED METHODIST CHURCH

United Methodist Women Sunday will be observed at First United Methodist Church on Sunday with Mrs. Linda Elms of Muleshoe, conference secretary of program resources, as the speaker. Theme for the worship service will be "Bread of Life—Spirit of Justice" with Betty Jo Carlson, local unit president, serving as worship leader. The children's sermon will be delivered by Zula Arney. Special music will include "Is Your Name Written" by the Sanctuary Choir with Bobby Boyd, Deloris Dowell and Lesley Woodard as soloists. The offertory, "Eternal Life," will feature Deloris Dowell as soloist. Members of United Methodist Women will serve as greeters and ushers for this special observance.

First United Methodist Church will join with other community churches in observing a "1996 Week of Prayer for Christian Unity," sponsored by the Hereford Ministerial Alliance and held at St. Anthony's Catholic Church Sunday beginning at 6 p.m. Rev. Jeremy Grant, pastor of First Presbyterian Church, will deliver the message on "Unity," and the special music will be presented by musicians from First Baptist Church.

Parents and grandparents are invited to attend Sunday School with their children and youth beginning at 9:30 a.m. on Sunday. After the open house is the classrooms, special music will be presented in Fellowship Hall and refreshments will be served.

Youth of the church will meet at San Pablo Church on Saturday at 9 a.m. for a service project of helping to remodel the church parsonage, located next door to the church. The youth are asked to wear old clothes and work gloves for some real labor on this project. The Methodist Men, with Bryce Tabor as president, will work at San Pablo as well.

The Celebration Ringers, the youth bell choir, will meet with director Betty Wolfe on Sunday afternoon at 3:30 p.m. in the handbell room. All youth interested in ringing are invited to be there for this first meeting of the new year.

## TRINITY BAPTIST CHURCH

Sunday school begins at 10 a.m. and the Sunday worship services are held at 11 a.m. and 5 p.m.

Pastor Ed Warren and the church congregation invite the public to all services at the church located on S. Hwy. 385 and Columbia St. For additional information, call 364-3487.

## SUMMERFIELD BAPTIST CHURCH

The public is invited to attend all of the church services. Sunday school is held at 10 a.m. and the Sunday worship services are held at 11 a.m. and 6 p.m. The Wednesday service is held at 7 p.m.

For more information, call 357-2535.

## ST. THOMAS' EPISCOPAL CHURCH

"The Shape We're In," the Rector's annual report to the parish, is the title of the sermon by The Very Rev. Charles A. Wilson on The Third Sunday after The Epiphany. St. Thomas' Annual Parish Meeting begins with The Holy Eucharist at 11 a.m. and is followed by a Fellowship Meal, presentation of the 1995 financial report, the 1996 annual budget, election of two members to St. Thomas' Vestry, and the election of a delegate and alternate to the annual Diocesan Convention.

Christian Education for all ages is at 9:30 a.m. each Sunday. Children and Youth meet in the Sunday School room in the Education Wing for "Living the Good News," based on the Sunday Bible readings in the liturgy. The Adult Class meets in the church parlor. The Adult Class begins a series, "The Story of Anglicanism," videos and discussion on the origins and development of this Christian communion of which the Episcopal Church is a part. The first unit is on the ancient and medieval foundations.

The regular Wednesday Public Service of Healing is at 7 p.m. with the Litany of Healing, the Laying-on-of-Hands with Holy Unction, and Holy Communion. The proper collect, psalm and readings will be for the major feast of The Conversion of Saint Paul the Apostle.

Intercessory prayer requests from the community are most welcome. To have them included in the Prayers of the People at all services, please call 364-0146 and leave a message. In case of emergency, or to make appointments for personal conferences, please call Father Wilson in Amarillo at 353-1734.

## FIRST ASSEMBLY OF GOD CHURCH

"Is Speaking in Tongues for Real?" will be the topic of Pastor Gaston's Sunday evening message, in which he will discuss whether the apostles spoke in tongues, if such an experience is for today, and if so, the purposes of this experience. The evening service begins at 6.

"Life: What a Beautiful Choice" will be Pastor Gaston's message in the Sunday morning service. Sunday School begins at 9:45 a.m. with classes for all ages, and the worship service begins at 10:45 a.m. You are invited to be a part of our loving fellowship.

Women's Ministries will meet Tuesday at 10 a.m. for their continuing study of the book, *Becoming a Woman of Excellence*.

Royal Rangers and Missionettes, a scouting program for boys and girls, will meet on Tuesday from 7:8-15 p.m. Your kids are invited to join this fun program.

Youth will meet Wednesday evening from 7-8:15 in the fellowship hall. During the same time, the mid-week worship service will be held in the sanctuary.

For more information on church activities, please call 364-0305 or 364-4848.

## AVENUE BAPTIST CHURCH

Pastor Johnny Griffith extends a warm welcome to you and your family to join us for worship. If you don't have a church home, we are a friendly, caring and growing church.

Sunday School begins at 9:45 a.m.; morning worship is at 11. Our Wednesday prayer meeting is at 6:30 p.m. All other organizations, such as RA's, GA's, Youth time and Adult Choir practice, are at 7:15 p.m. on Wednesdays. We invite you to come and join us.

The Youth will leave this evening to attend the Al Denson Concert at San Jacinto Baptist Church. All youth need to meet at the church no later than 5 p.m.

Outreach leaders for each Sunday School class need to attend a meeting this Sunday morning at 9 in the church.

Our Youth Bake Sale is scheduled for Jan. 27 at Homeland and both Thriftways. Go by and see what kind of goodies they have. Better yet, buy one. The youth are raising funds for their ski trip next month and do appreciate your support.

Next Sunday marks "Baptist Men's Day" here at Avenue. The men will teach all Sunday School classes and will also lead the worship service with testimonies, preaching and special music. Don't miss out. Come hear what our men have to say.

## NEW HOPE CHURCH OF THE NAZARENE

13th and Avenue H  
Pastor Elda Olivarez and congregation invite you to worship with them.

Sunday School is at 9:30 a.m. and morning worship is at 10:30. Evening worship is at 6 on Sunday and 7 on Wednesday.

The youth meet Friday at 7 p.m. There are monthly meetings for men and women.

This is a growing church and we are planning to enlarge our facilities. If you can help us with this project, please let us know.



## Cast members

Members of the cast of "Cheaper by the Dozen" who do not portray family members are (back row, from left) Mitch Wagner, Colt Perrin, Cory Schumacher; and (front row, from left) Brenne Bryant and Anne Keeton. The play will be presented at dinner theater performances at 7 p.m. on Jan. 25 and 27 and at a matinee at 2 p.m. on Jan. 28. Youth from the Solid Rock Nazarene Youth Ministries are raising funds for youth ministry trips.

## CHURCH OF THE NAZARENE

Rev. Taylor and congregation would like to welcome you to join us at 10:30 a.m. Sunday to share in praise and worship and the word of God. Pastor Ted's sermon will be "Revival May be Just One Evangelist Away" taken from the book of Jonah.

The Unity Service will be Sunday at 6 p.m. at St. Anthony's Church, sponsored by the Ministerial Alliance. We hope you plan to attend.

Our young people are putting on a dinner drama this Thursday and Saturday at 7 p.m. with a dessert matinee on Sunday at 2 p.m. "Cheaper By the Dozen" is a delightful, humorous play about a family of 12 children. Dinner theater tickets are \$10 and dessert matinee tickets are \$5. Tickets are available at Maxor Pharmacy, Balfour Optical, A Touch of Class, Lone Star Agency, Don Tardy Agency and Billie's Beauty Salon. Also from cast members.

Youth are holding Bible classes on Wednesday mornings at 7 in the senior high gymnasium and Thursday mornings at 7:30 in the junior high. Why not join them?

There will be a meeting Sunday at 5 p.m. in the NCA library for those who want to become members. We will welcome new members on Jan. 28.

Join us at Nazarene Kid's Korner on Wednesdays and Fridays. All kids are welcome to share the fun, games good movies and exciting outings. Call Elise at 364-8161.

## FIRST

**PRESBYTERIAN CHURCH**  
We greatly appreciate all of you who came out to hear Kenneth Wyatt on Thursday night. Thank you to those who contributed to the youth fund by eating a chili dinner with us. We had a wonderful evening.

All people are welcome to join us for morning worship Sunday at 10:30. The Rev. J. Jeremy M. Grant entitled his message this week "Starting Over." Focusing on Matthew 4:12-23 and Isaiah 9:1-4, he will speak about Jesus' call for us to begin a new life in his footsteps.

Prior to the service, classes for Christian Learning are available for all ages. The adults will continue their study of the Beatitudes, Matthew 5:1-16.

After Sunday Church School, join us for fellowship and light refreshments at 10:10 a.m.

Sunday the youth will meet directly after church. We will order lunch to eat while we watch a movie. Please bring \$2 for lunch. We will finish no later than 3 p.m. Next Sunday we will have a Super Bowl party.

Sunday night all people are welcome to come to St. Anthony's Catholic Church for a service of Christian unity starting at 6. Rev. Grant will preach for the gathered Christians of our community. His sermon is entitled "Know Nothing" based on First Corinthians 2:1-5 and Isaiah 2:1-5. All families, please bring cookies to share after the service.

Monday our Prayer Group meets at 5:30 p.m. The worship and planning committee meets at 7 p.m. Tuesday the witness committee meets at 5 p.m.

Wednesday the commitment committee meets at 5 p.m., the adult Bible study meets at 6:30 p.m. and the adult choir rehearses at 7:30 p.m.

Little Blessings Day Care welcomes you and your child to take advantage of our great care. Call 364-2471 or 364-2475 for more information.

## WESTWAY BAPTIST CHURCH

We at Westway Baptist Church welcome one and all to join our services.

We are a country church that still believes in and preaches God's Holy Word.

Come grow with us! Sunday School begins at 9:45 a.m. Sunday Worship begins at 11 a.m. Sunday Evening at 6:30 p.m. Tuesday Craft Class 6:30 p.m. Wednesday Evening 7 p.m. Ray Sanders is the pastor and Ronny Sanders is the song leader.

## COUNTRY ROAD CHURCH OF GOD

401 Country Club Drive  
Pastor Woody Wiggins and the church congregation invite the public to attend all services and activities at the church.

The winter schedule of services is as follows.

Sunday school begins at 10 a.m. and the Sunday worship services are held at 11 a.m. and 6 p.m. Services are conducted at 6 p.m. each Wednesday. Thursday night prayer service begins at 6 p.m.

Ladies ministry is the second and fourth Tuesday of every month at 9 a.m.

A nursery is available. Pastor Wiggins said, "If you are needing a place to worship, come be with us. We are here for those who are hurting."

Our 24 hour information and prayer line is 364-5390.

## COMMUNITY CHURCH

Pastor Dorman Duggan and the church congregation would like to extend a warm welcome to everyone to come and worship with them Sunday morning.

Sunday school for all ages begins at 9:30 a.m. and the morning worship service starts at 10:30. A nursery is provided.

Frankie Garcia will teach a series on marriage and family Sunday evenings at 6. If you would like to improve your marriage, come see how God intended for us to live. Nursery provided.

The Ladies Prayer Group meets on Tuesday at 9:30 a.m.

The Wednesday schedule includes children's church, youth groups, and prayer time, all beginning at 7 p.m.

For more information or if you need prayer, call 364-8866 or 364-2423.

## ST. ANTHONY'S CATHOLIC CHURCH

Christian Family Movement has begun with a group to meet on Feb. 7 in the home of Ed and Leona Schilling. Another group is attempting to form for a time other than Wednesday evening. Call the parish office for information.

CYO will have a parish breakfast Sunday from 9:30 a.m.-11:30 a.m. in St. Anthony's cafeteria. The cost is by donation and the menu consists of pancakes, eggs, ham, fruit, coffee and juice.

The local Knights of Columbus are sponsoring another free-throw contest at 1 p.m. on Jan. 27 in St. Anthony's Gym. All boys and girls ages 10-14 are invited to compete for the 1996 Knights of Columbus International Free Throw Championship. For information, call Jim Brockman at 364-4907 or 364-0712.

San Jose will have a fundraising dance at the salon on Feb. 10 from 8:30 p.m.-12:30 a.m. For more information call Fannie DeLeon at 364-8298 or Janie Alejandre at 364-6513.

A workshop for lectors will be held on Jan. 25 and Jan. 29 at 7 p.m. in the church. New lectors are welcome. Lectors must attend one of the two to continue proclamation of the Word at liturgies.

## CHRISTIAN

**ASSEMBLY CHURCH**  
Pastor Don Cherry and the church congregation invite the public to attend all services at the church located on S. Main St.

We have dismissed Sunday school for the time being and changed our Sunday morning worship service time to 10:30. The Sunday evening service will remain the same (6 p.m.) as will the Wednesday night service at 7. For additional information, call 364-5874.

## GOOD NEWS CHURCH

400 N. 25 Mile Ave.  
Sugarland Mall  
Pastor David Alvarado and the Good News congregation invite you to come

and worship the Lord Jesus Christ with us in the spirit of love.

Come and experience the goodness of God and his power.

Sunday services are at 10 a.m. and Wednesday services are at 7 p.m.

If you have any questions or you need prayer, please call Pastor David Alvarado at 364-5239. God bless you.

## FELLOWSHIP OF BELIEVERS

The Fellowship of Believers invites you to attend services this Sunday.

The Bible study class begins at 9:30 a.m. and is being led by Guy Greenfield. Doug Manning will be the speaker at the 10:30 a.m. worship service.

Classes for children are at 9:30 a.m. and are available through elementary ages. Nursery facilities are available during the worship service.

If you need transportation to the church services, please call 364-0359.

## CHRIST'S CHURCH FELLOWSHIP

Our weekly worship schedule includes music ministry at 9 a.m. Sunday, followed by Bible classes for all ages at 9:30 a.m. Worship service and K.I.D.S. Church are at 10:45 a.m.

PRECEPTS Bible study meets at 7 p.m. on Monday and at 10 a.m. on Wednesday.

Wednesday evening activities include supper at 5:30, choir practice at 6, Bible clubs at 6:30, Teens at 6:45 and praise, Bible study and prayer (for adults) at 7.

Come join us.

## DAWN BAPTIST CHURCH

We invite you to come join us in our services each Sunday.

Bible Study is held each Sunday at 9:50 a.m. and Worship services are at 11 a.m. and 6 p.m.

Prayer meeting on Wednesday evening is at 6.

Rev. Bill O'Dell's message on Sunday will be from the book of Jude.

(EDITOR'S NOTE: The Hereford Brand publishes Church News items as a community service. Churches in Deaf Smith County are invited to submit information about upcoming church activities for publication in the Church News listing. Information must be submitted to the Brand offices by 5 p.m. Wednesday for the following Friday's paper. News items may be edited for length.)

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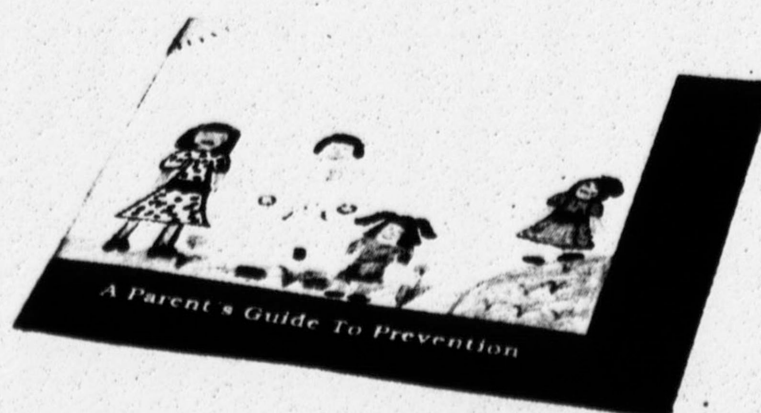
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# Sports

## Herd hosts Pampa; Schumacher likely out for rest of year

The Hereford boys' basketball team will play its biggest game of the season tonight when Pampa comes to Whiteface Gym, but the Herd will have to do without one of its best outside shooters.

Cory Schumacher underwent surgery on his elbow Wednesday morning and will likely miss the rest of the season.

The junior guard will be out 6-10 weeks, coach Randy Dean said. The Herd's regular season ends in four weeks, and the state tournament is only seven weeks away.

Schumacher fractured his elbow in the Herd's 64-39 win over Caprock Jan. 12. A three-point threat, Schumacher had scored 15 points against Borger and 12 against Dumas in the two games before the injury.

Hereford will host Pampa for a District 1-4A doubleheader tonight in Whiteface Gym. The girls start the action at 6 p.m. Hereford is 4-2 in district and 18-3 overall. Pampa is 1-5 and 12-10.

The boys' showdown will start at about 7:30. Hereford is 4-0 and 15-7; Pampa, the sixth-ranked team in Class 4A, is 5-0 and 19-3.

The junior varsity games will be at 6 for boys and 7:30 for girls. The sophomore boys' teams from Hereford and Pampa will start all the action at 4:30 p.m.

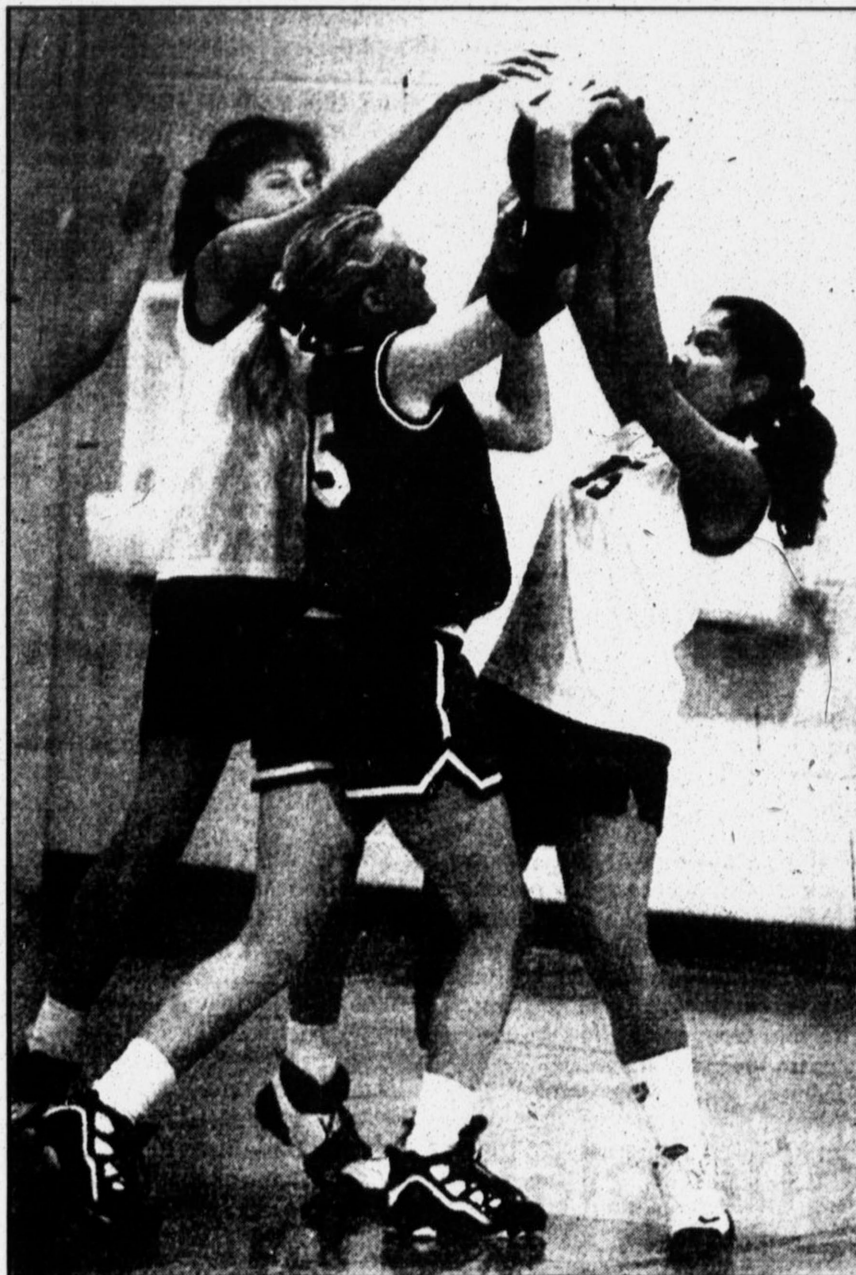
Jimmie Foxx won American League MVP honors for the Philadelphia Athletics in 1932 and 1933 and for the Red Sox in 1938.

The first official rookie-of-the-year in baseball was Jackie Robinson of Brooklyn in 1947.

## 7th B girls open tourney with win

The Hereford seventh grade girls' B basketball team opened the District tournament with a 31-10 win over Pampa Thursday night at Hereford Junior High.

The B team was led by Bethany Williams, who scored 12 points. It was to play another pool game at 10:15 a.m. Saturday - against Borger, a 38-14 winner over Pampa - for a chance to play in the championship



### Trapped

Dorina Guerrero (right) of the Hereford seventh grade girls' B team tries to wrestle the basketball away from a Pampa opponent, and Hereford's Ashley Bridge (left) moves to join the battle. The Hereford team started the district tournament with a 31-10 win Thursday at Hereford Junior High.

game at 3:30 Saturday.

The Hereford seventh grade A team lost both its games Thursday. In one, Dumas survived a Hereford comeback and took a 22-20 victory. Pam Klein and Ashley Fangman each scored six points. Hereford also lost 44-20 to Westover; Holly Schilling scored six of Hereford's 10 points.

The Hereford A team will play Pampa for fifth place at 1 p.m.

Saturday at HJH. Pampa lost both its games in the other pool: 41-8 to Canyon and 38-8 to Borger.

In other pool games involving B teams, it was Canyon 50, Dumas 15; Borger 38, Pampa 14; and Westover 29, Dumas 15. Canyon and Westover are to play at 9 a.m. Saturday for a spot in the championship game.

There are no games scheduled for Friday.

## Dallas hopes for Haley's return

By DENNE H. FREEMAN  
AP Sports Writer

IRVING, Texas (AP) - Two years ago in a 16-9 win over the Pittsburgh Steelers, defensive end Charles Haley recorded four sacks. It's no wonder the Dallas Cowboys are watching his every move, hoping he will be ready for the Super Bowl.

Haley, who had back surgery six weeks ago, worked out in pads on Thursday, but didn't take part in any hitting. The Cowboys want to give him every chance to be ready for the Steelers in nine days.

Haley missed practice Wednesday because of the flu.

He almost played last Sunday's 38-27 NFC championship win over the Green Bay Packers, but backed out because he wasn't certain the back was 100 per cent healed.

"Charles wants to play (very much) and we need him," defensive coordinator Dave Campo said. "He's a big influence on our team with his leadership. We plan on him playing."

He's the kind of player who plays big in big games."

Haley has a stake in playing against the Steelers. An appearance would tie him with seven other players for most Super Bowl appearances - five. A win would make Haley the only player in NFL history with five Super Bowl rings. None of the others won all five Super Bowls in which they played.

"Charles didn't do any team work today, and we'll find out early next week in Arizona whether he will be able to play," Dallas coach Barry Switzer said. "I told him I'd like for him to start the game and be MVP."

Winds gusting to 30 mph on a 24-degree day sent the Cowboys from the wide-open Valley Ranch practice field to enclosed Texas Stadium. It was a 50-degree drop from the balmy 70s in Wednesday's workout.

"We went to Texas Stadium so we could get out of the wind and throw the ball," Switzer said. "It was a good practice."

The Cowboys are working hard this week and preparing like they have a game on Monday night. They will ease the tempo of practice next week.

"It's good to do it this way because there will be a lot of distractions next week," quarterback Troy Aikman said. "We've done it this way before, and it's worked well."

Dallas flies late Sunday to Phoenix and its record eighth Super Bowl appearance. The Cowboys will stay in Tempe and work at the Arizona Cardinals' training complex.

Cowboys players are taking no chances in being short of transportation in Arizona.

A fleet of a dozen limousines will leave Dallas this weekend for Phoenix to be at the disposal of Cowboys players like Emmitt Smith, Michael Irvin, and Erik Williams. Even former Dallas safety James Washington, now with the Washington Redskins, has signed up for one of the limos.

## Irvin in big trouble for profanity

By JIM LITKE  
AP Sports Writer

She can't spank him, send him to his room or wash his mouth out with soap. Still, Pearl Irvin thinks she can make her famous son do what the NFL and the Dallas Cowboys could not: choose his words more carefully.

Michael Irvin created an uproar last weekend during the presentation of the NFC championship trophy. Addressing a Texas Stadium crowd and a live national TV audience, Irvin slipped a four-letter word into an emotional defense of oft-criticized coach Barry Switzer.

Asked Wednesday whether he wanted to apologize, Irvin instead faced the battery of TV cameras at the Cowboys' Valley Ranch training facility and repeated the same word five times in the next few minutes. Then he defied anyone to stop him from expressing himself any way he wants.

His mom planned to take up the gauntlet. "I almost fell through the floor the first time he said it," Pearl Irvin said Thursday from her home in Ft. Lauderdale, Fla. "I have never in my life heard Michael talk that way."

"He told me, 'Mama, I'm sorry.' And I said, 'Michael, you know that's no way to talk, especially not when you're speaking in public. And especially when you've got a little brother coming up who listens to everything you say. You wouldn't want him speaking like that.'"

"Now," she added, "I've got to remind him one more time."

Pearl Irvin chuckled softly through much of the conversation. Raising 15 of her own kids and two more taught her patience. She said Michael was a sweet kid who spent most days playing pickup football in the street with his older brothers. The only time he yelled, she recalled, was when the quarterback wouldn't throw him the football.

"I don't need to tell you," she said, "that he didn't learn to speak that way in this house."

If Pearl Irvin wants to remind him of that in person, she will have to wait until next week. That's when she catches up to Michael at the Super

Bowl in Phoenix. But she expects to find a changed man there.

"My sister called me up the first time he said that on TV, and she said

she was going to write him a letter," Pearl Irvin said. "I'll bet if he got that in the mail, he's being careful about what he says already."

## Steelers need underdog role

By ALAN ROBINSON  
AP Sports Writer

PITTSBURGH (AP) - The Pittsburgh Steelers are underdogs by 13-1/2 points, already the fourth-largest margin in Super Bowl history. If the spread keeps building, the Dallas Cowboys will be the biggest favorites since the Baltimore Colts in January 1969.

Maybe that's just the incentive these supposedly can't-win Steelers need. After all, the New York Jets didn't just beat the point spread in that memorable Super Bowl, they beat the Colts.

Just like the Steelers think they can beat the Cowboys.

Oh, they won't say it publicly, having been forewarned by coach Bill Cowher to avoid any imprudent comments that might wind up on the Cowboys' bulletin board. But several Steelers clearly are perturbed by the lack of respect given the team with the 4-0 Super Bowl record.

"We don't consider ourselves underdogs," receiver Yancey Thigpen said. "We're not going to go out there thinking we have nothing to lose. We do have something to lose. We have a game to lose. We have a championship to lose. And this team hates to lose."

Quarterback Neil O'Donnell agreed, saying, "I hate to lose. I really do."

Running back Erric Pegram and linebacker Chad Brown also questioned the point spread, wondering if it truly reflected the strengths of the two teams.

"Thirteen points? Already?" Pegram said. "We're not even close to playing the game yet."

"The Washington Redskins beat them twice, so they're not unbeatable," Brown said. "It's a little frustrating, and I don't feel as though we get very much respect. But we're not going to earn respect by saying we don't get it. The only chance to earn respect is go out there and win next Sunday."

But if the public's general apathy toward the Steelers' chances is upsetting the mood or mentality of their locker room, it isn't apparent. Each new prediction causes only another shrug, and each new controversial statement from the Cowboys' Valley Ranch complex barely draws a reaction.

O'Donnell's reaction Thursday was typical of his teammates: So what?

"A lot of people have written us off all season, they wrote us off when we were 3-4," O'Donnell said. "There's no more added pressure, because we're just trying to go out and win one more game. You just

don't get caught up in it. You never know what's going to happen in a game, so you just don't get caught up in it."

Just as Rod Woodson didn't when his full-throttle comeback attempt from September reconstructive knee surgery was laughed off by Cowboys receiver Michael Irvin. Irvin suggested it would be "scary" for Woodson to try to play so soon after surgery, especially in so big a game.

"I don't know what he said, and I don't care what he said," Woodson explained. "Michael Irvin doesn't wear black and gold. He's not Dan Rooney. He doesn't sign my paychecks."

If the Steelers are to win, O'Donnell said they must keep doing what they've done throughout their stretch of 10 victories in 11 games: Run whenever possible, keep throwing the ball, avoid mistakes, create turnovers on defense.

"You have to stay in the game with them," O'Donnell said. "We can't let them jump on us early, because they can really bury you if they do."

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# Bulls win 10th straight; Spurs, Rockets lose

By The Associated Press

The San Antonio Spurs and the Houston Rockets let lesser teams get too close to them and paid for it. The Chicago Bulls made no such mistake.

The Bulls led by just one point with two minutes remaining Thursday night, and rookie Damon Stoudamire's three-pointer with 16 seconds left made it 92-89. After Luc Longley missed two free throws, tough defense on an inbound play prevented the Raptors from sending the game into overtime.

"I thought we showed a lot of character," said Jordan, who scored 15 of his 38 points in the fourth quarter. "We held them off down the stretch."

The Spurs couldn't hold off the Detroit Pistons, falling 100-98 when Grant Hill drove past David Robinson

for the winning layup with 17 seconds left.

And the Rockets led by two with just under five minutes to play, but the Boston Celtics hit several clutch outside shots to win 108-106. Hakeem Olajuwon had a season-high 51 points, but Houston was playing without injured Robert Horry, Mario Elie and Sam Cassell.

In other NBA games, it was Milwaukee 100, Golden State 96; Cleveland 98, Vancouver 90; and Sacramento 105, Portland 100.

Jordan scored 15 of the Bulls' last 20 points of the game as Chicago won its 10th in a row.

He was still impressed with the Raptors, though.

"Everyone says this is an expansion team," Jordan said. "But they are not an expansion team. They

have some guys here who know how to play, who have some rings. So I'm not surprised. I'm just happy we won."

Stoudamire led the Raptors with 26 points and 12 assists, giving him four consecutive double-doubles and 43 assists in his last four games.

Scottie Pippen scored 16 points for the Bulls, and Tony Massenburg had 17 for the Raptors.

Jordan's presence attracted 36,118 fans, the largest crowd ever to watch basketball at SkyDome and the 21st biggest in NBA history.

**Pistons 100, Spurs 98**

Hill's layup gave Detroit its fifth straight home victory.

San Antonio played without former Piston Sean Elliott, who averages 23 points, but was sidelined

with a sprained foot. The Spurs had won five in a row.

Allan Houston led the Pistons with 28 points, while Otis Thorpe had 25 and Hill 19 points, eight rebounds and eight assists.

Robinson had 37 for the Spurs, and Vinny Del Negro scored 18.

**Kings 105, Blazers 100**

Mitch Richmond scored 14 of his 38 points in the fourth quarter, leading Sacramento past Portland.

Reserve Tyrone Corbin had 10 of his 14 points down the stretch as the Kings snapped Portland's four-game winning streak. The Blazers played without injured Rod Strickland and Clifford Robinson, their two top scorers.

Olden Polynice contributed 12 points, 16 rebounds and a career-high

six blocks as the Kings posted six consecutive home victories for the first time since the 1988-89 season.

Portland was led by Aaron McKie's 18 points.

**Celtics 108, Rockets 106**

Dee Brown's two free throws provided the final margin in Boston's victory at the Summit.

Olajuwon, who narrowly missed his career high of 52 points, missed a shot that could have forced overtime with 2.1 seconds left.

Rick Fox finished with 16 points. Greg Minor hit only eight points, but six came on crucial fourth-quarter baskets.

**Cavaliers 98, Grizzlies 90**

Terrell Brandon scored 29 points and hit four three-pointers as

Cleveland defeated Vancouver.

Each team was 10-of-19 from three-point range, and the 10 three-pointers were a franchise record for the expansion Grizzlies.

Bobby Phillips had 21, Dan Majerle 18 and Chris Mills 14 points for the visiting Cavaliers. Greg Anthony led Vancouver with 27 points.

**Bucks 100, Warriors 96**

Milwaukee won its fifth straight at home and third in a row overall behind Vin Baker's 24 points.

Baker converted a crucial three-point play in the closing minutes to seal the victory after the Warriors closed to 99-96 on Latrell Sprewell's bucket with 10 seconds left.

Glenn Robinson finished with 22 points. Chris Mullin led Golden State with 20.

## Memphis bench players spark win over Arkansas

By The Associated Press

Ninth-ranked Memphis had something in reserve for Arkansas.

Rodney Newsom and Chad Allen both came off the bench and became stars Thursday night, leading the Tigers past Arkansas 94-72 for their 28th straight win at home.

Newsom made seven of 12 three-pointers and scored 23 points, and also had eight rebounds. Allen had 20 points and nine rebounds, including eight on the offensive end.

"We were ready and played with

chemistry," Memphis coach Larry Finch said. "I can't say enough about the way Chad Allen and Rodney Newsom played. Coming into the game, our bench wasn't scoring a lot, but that all changed."

In other games involving ranked teams, No. 11 Virginia Tech defeated Dayton 63-62, No. 13 UCLA beat Arizona State 87-73, No. 15 Utah downed Colorado State 86-82 in double overtime, No. 16 Iowa topped Illinois 82-79 and No. 18 Arizona

defeated Southern California 93-81.

Lorenzen Wright had 20 points as Memphis (12-2) stopped the Razorbacks' four-game winning streak in the series.

"Chad Allen was the big difference in the game. Lorenzen is going to get his, but if anyone gave them a chance to win, it was (Allen)," Arkansas coach Nolan Richardson said.

The game was tied at 55 when Memphis reeled off a 19-1 run, led

by Newsom and Allen. Newsom hit three consecutive three-pointers, then Allen worked inside for six straight points.

**No. 11 Virginia Tech 63, Dayton 62**

Ace Custis scored 17 points, including a free throw with 1:25 left that produced the final point of the game. Dayton had a last chance, but Coby Turner missed a double-pump jump shot from just inside the foul line with four seconds left.

Damon Watlington scored 13

points and passed the 1,000-point career mark for host Virginia Tech (11-1, 4-0 Atlantic 10). Ryan Perryman had 17 for Dayton.

**No. 13 UCLA 87, Arizona State 73**

UCLA won its 10th straight game despite playing most of the second half without star Charles O'Bannon. Coach Jim Harrick benched O'Bannon after he was called for a technical foul for taunting Arizona State center Okeme Oziwo.

Jelani McCoy scored 21 points and Toby Bailey and J.R. Henderson each had 15 for the Bruins (12-3, 5-0 Pac-10), who have won 14 in a row over Arizona State.

Ron Riley had 28 points and Jeremy Veal had 26 for the Sun Devils.

**No. 15 Utah 86, Colorado State 82, 2OT**

Utah overcame an 80-77 deficit in the closing minutes of double overtime at Salt Lake City behind Keith Van Horn.

Van Horn made two free throws and a jump shot, then passed to Ben Melmeth, who dunked for a three-point play. Van Horn had 22 points

and 11 rebounds for the Utes (13-3, 5-1 Western Athletic Conference).

**No. 16 Iowa 82, Illinois 79**

Chris Kingsbury, benched at the beginning of the game, scored 18 points and led Iowa in the last two minutes.

Coach Tom Davis, disappointed in the Hawkeyes' loss to Wisconsin last Saturday, pulled Kingsbury and two others from the starting lineup.

Kingsbury made a three-pointer with 1:42 left for a 78-77 lead and added two foul shots with 21 seconds to go. Jess Settles scored 19 for host Iowa (14-3, 3-2 Big Ten).

Illinois (11-6, 0-5) is off to its worst start in coach Lou Henson's 21 seasons.

**No. 18 Arizona 93, Southern California 81**

Ben Davis, making his first start at center for Arizona, had 21 points and 11 rebounds.

Davis moved from forward to center after Joseph Blair was ruled academically ineligible Monday. Corey Williams, in the starting lineup because of Blair's absence, had 18 points and 11 rebounds for the host Wildcats (12-3, 2-2 Pac-10).

## Baseball owners OK interleague play

By JOHN NADEL  
AP Sports Writer

LOS ANGELES (AP) - To Bud Selig, the concept of the Mets playing the Yankees, the Dodgers meeting the Angels, or the Cubs facing the White Sox is a no-brainer.

Selig has been dreaming about interleague play since before many current big-league stars were born, so Thursday was an especially significant day for him.

"All of a sudden, you're going to have people coming into ballparks who fans have never seen (in person)," Selig, baseball's acting commissioner, said after club owners unanimously approved the start of interleague play in 1997.

"You're creating new excitement, you're creating new opportunities, you're creating new potential."

Selig was almost giddy on the final day of baseball's winter meetings, and it had nothing to do with the fact that Thursday was his wedding anniversary.

"My wildest dreams never conceived of us having a 28-0 vote for it," he said. "I have believed in interleague play even before I got into baseball. I used to ask myself what are the negatives. I think the positives so far outweigh the negatives."

"I wish we could have done it in 1996, but it was too late. It was long overdue. This will be a tremendous success. There isn't a doubt in my mind."

Each team will play 15 or 16 interleague games in 1997, the first that count in the baseball record books other than the All-Star game and World Series.

"I've believed in this for years," said Philadelphia Phillies owner Bill Giles, one of the plan's creators. "It just took time to get it through."

"I'm looking forward to seeing the Red Sox and Yankees and so forth play in Philadelphia. There's going to be busloads of fans going up to Yankee Stadium or Fenway Park when we play up there."

The Major League Baseball Players Association must approve the idea, but owners said they weren't worried about union rejection. In fact, union head Donald Fehr expressed immediate support.

"The concept of interleague play in major league baseball is certainly intriguing, worthy of serious consideration," Fehr said. "As we look for new ways to grow the game and make it better for our fans, interleague games deserve a hard look."

Selig said owners aren't concerned the two eventual World Series teams might play each other during the regular season.

"There's nothing in the Constitution of the United States that forbids that," Selig said. "I remember sitting at the Super Bowl last year and watching San Francisco play San Diego, and somebody said they played last November. There was no less interest."

In the first year of interleague play, each team in the AL East will play a three-game series against each team in the NL East, and each AL Central team will play a three-game series against each NL Central team. AL West teams will play four games against NL West teams, but they might be split into a two-game series in each city.

Selig predicted the designated hitter, used by the AL since 1973, wouldn't become a sticking point. NL president Len Coleman and AL

president Gene Budig said that in 1997, the DH probably will be used in AL ballparks only.

The union wants the DH expanded to both leagues because it creates high-salaried jobs. But owners have proposed the elimination of it in the AL.

Selig called the DH a "non-issue." "It (the DH) might kill interleague play, but I don't expect the union to do that," said Boston Red Sox chief executive officer John Harrington, chairman of the owners' schedule-format committee.

Owners said they anticipated interleague games will rotate by division, meaning that every major league team will meet at least once every three seasons. But they didn't devise specific plans beyond 1997.

After Phoenix and Tampa Bay join the majors in 1998, the number of interleague games could increase to

as many as 30 per team per season.

"I think 30 is the max, somewhere between 15 and 30 is the right number," Giles said.

Professional baseball leagues began when the National Association was formed in 1871, and interleague play first was suggested by Bill Veeck in the 1920s when he was president of the Chicago Cubs.

The NFL has had interconference games since 1970, following its merger with the AFL.

"I think in marketing the game, it's a positive thing for the fans to see all the teams," Giles said.

Selig scoffed at the idea that the meaning of statistics would change. "It's baseball," he said. "We're playing the same game. You're introducing a variable into it. Stats look like stats to me."

The timing appears right for the owners to be doing something bold.

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# Convenience store robberies decrease significantly

FBI report breakdown shows 24 percent drop between 1990 and 1994 nationwide

By GREG HASSELL  
Houston Chronicle

HOUSTON - The infamous Willie Sutton said he robbed banks because "that's where the money is." Less-sophisticated criminals have long favored convenience stores, targeting the all-night retailers because they made easy targets.

Crime eventually got so bad that it wasn't unusual to hear folks refer to them as "Stop and Robs."

Now that grim nickname is becoming out-of-date. Crime at convenience stores has decreased sharply in the 1990s. According to the FBI, robberies at convenience stores dropped 24 percent between 1990 and 1994.

"Robberies in convenience stores are decreasing nearly three times faster than similar crimes in other businesses," said Fred Higgins, chairman of the National Association of Convenience Stores.

A big reason convenience store crime is dropping is the aggressive prevention programs adopted by retailers across the nation. Some steps include high-tech solutions, like surveillance cameras, combined with common-sense notions like keeping no more than \$50 in the cash register.

Retailers are getting help from their national association, which has taken the extraordinary step of interviewing convicted robbers to learn their trade secrets. Using the information gleaned from those interviews, convenience store owners say they're finding ways to foil these criminals.

"At one time, we averaged three or four robberies each year," said Brooks Smith, owner of seven Shoppers Mart stores in the Houston area. "Last year, we only had one robbery."

Stopping convenience store crime is a big challenge in Texas, home to more quick-stop stores than any other state. Texas has 10,600 convenience stores, according to the National Association of Convenience Stores. Florida comes in a distant second with 7,200 stores.

The FBI does not break down its figures on a state-by-state basis, and

the Houston Police Department does not keep tabs on crime committed in convenience stores. But anecdotal evidence suggests Texas is following the national trend of decreasing convenience store crime.

Back in late 1991, the Houston-based Stop N Go chain was plagued by 100 robberies a month and two murders in the previous 10 months when it launched its Operation Safeguard. By beefing up security, the chain was able to slash crime at its stores.

The three core considerations for reducing crime are employee training, proper cash handling policies and safe store design, said Lindsay Hutter, vice president of the National Association of Convenience Stores.

It all starts with instructing employees to make eye contact with and greet each customer.

"It's more than good service. It tells robbers, 'I'm looking right at you, and I know what you look like,'" Hutter said.

A second step is instructing employees not to make change for large bills. The store also should have a drop safe. Every time the register has more than \$50 in it, the excess money is put in a locked safe. Signs announcing the presence of a drop safe are a good idea.

"When we interviewed criminals, they said their No. 1 consideration was how much money could they get from a robbery," Hutter said.

"Almost all of them said \$50 or less just isn't worth it."

It's a good idea to keep windows free of unnecessary signs so passersby can see inside. It also lets store employees see out and keep a watch for suspicious characters loitering in the parking lot. Of course, adding bright lights inside and outside the store can be a big help.

"We've put an unbelievable amount of lighting in our stores. We probably doubled the amount of lighting we used to have," Smith said. "And we put nothing in our windows so you can see all the way through the store."

Smith also added video surveillance cameras in each store. They cost about \$2,500 per store, but they are easily worth the investment.

One risk of installing a lot of high-tech equipment is it could lull employees into a false sense of security, Hutter said. Employees still need to be well-trained and alert to danger.

"We train our employees when they first come on board, and we have safety classes every month that they must

attend," said Bob Gutmueller, director of security for the San Antonio-based Tetco/Farmco chain of convenience stores.

One hallmark of good training, Hutter said, is teaching employees not to resist criminals in any way. Clerks should not reach for panic buttons while the robbery is in progress because the robber may think they're reaching for a weapon.

Weapons should not be kept in the store because they escalate the risk of violence, endangering employees and customers.

"You want to treat a robber just like a good customer. Treat them politely, give them what they want and help them get out of the store as quickly as possible," she said. "The sooner they leave, the less danger there is."

Once a robbery is in progress, that is not the time to play crime stopper.

"The No. 1 concern always should be the safety of your employees and customers," Gutmueller said. "That's what really matters."

Distributed by The Associated Press

## Jackson divorce causes little shock in show biz

NEW YORK (AP) - The King of Pop's marriage has gone bust.

Surgically altered superstar Michael Jackson was dumped Thursday by his wife of 20 months, Lisa Marie Presley - a sudden reversal of marital fortunes for a couple that had proclaimed their bliss on national television just seven months ago.

The couple had no children but shared a very large menagerie. It was the second marriage for Presley, 27, and the first for the increasingly odd Jackson, 37.

Why has Presley metaphorically left the building? In papers filed in Los Angeles, Elvis' only daughter cited irreconcilable differences - no real surprise when the husband's closest pre-wedding pals were Bubbles the chimp and serial wife Liz

Taylor.

"Michael Jackson and Lisa Marie Presley have mutually agreed to go their separate ways. However they remain good friends," said Jackson's publicist, Lee Solters.

In the three-page divorce filing, Presley listed their date of separation as Dec. 10, 1995 - four days after Jackson's on-stage collapse during rehearsals for a TV special in New York.

The good news for Jackson: He was shackled up with a good-looking, incredibly wealthy woman for almost two years. The bad news: He's still a very, very weird dude.

What made this marriage different?

Well, Presley had a deeper voice, a darker complexion and less makeup than her husband.

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# Professor claims some people possess built-in alarm clocks

By ROGER MUNNS  
Associated Press Writer  
DECORAH, Iowa (AP) - You're in a strange place, there's no alarm clock and it's important to wake up early.

Do you stay up all night? Luther College Professor Bill Moorcroft said many people have discovered a better way - the brain's own no-clock alarm.

"Not everybody can do it. There are some who need three alarm clocks and a bucket of ice to get up. But many people really can do it on their own," Moorcroft said.

That's one view. Critics say it's poppycock. "This is an old wives' tale. People have studied this since the 1920s."

"They say they can wake up any time they want, but what it comes down to is, all the evidence comes from their own reports. You don't have any objective statistics," said Harold Zepelin, a professor of psychology at Oakland University in Rochester, Mich.

Some people, he said, might be able to wake up if they have a regular sleep pattern and if their intended wake-up time corresponds to the cycles of rapid eye movement sleep. REM occurs every 80 to 100 minutes.

"I had one guy who said he could wake up within five minutes of his designated time. So I asked him to change the time, and he was an hour and a half long," Zepelin said.

Such has been the debate for years. Greg Mader, an official for the American Sleep Disorder Association in Rochester, Minn., said the topic has been batted back and forth in the group's periodical Sleep.

Moorcroft said he has new ammunition.

"The problem with other surveys is, you ask people the results but you're never sure they tell the truth," he said.

So he devised an experiment to

take the self-reporting away.

Moorcroft recruited 15 volunteers, aged 19 through 62, who claimed they had an internal alarm. Each was asked to set a time to wake up without any external alarms. Each was given three tries, thus providing 45 tests, and some varied the wake-up time at least once.

In a departure from other tests, each participant wore a wrist sensor called an actigraph, which records movement every minute. The data produced by the sensor showed exactly when the subject woke up. There were 44 usable sets of data; the actigraph malfunctioned on the remaining test.

Of those 44 nights, 18 of the subjects awoke 15 minutes or less before the stated time. Another 10 were late by no more than 15 minutes.

"Fifteen minutes is pretty stringent criteria, given that you're sleeping six, seven, maybe eight hours. I think that's pretty good. If you give them a 30-minute window, you get another seven. That makes 80

percent within a half-hour of the target," said Moorcroft.

"The interesting thing, and we didn't expect this, is that the ones who had one or more different times were more successful than those who had the same time. I have no idea why. It's counterintuitive," he said.

The results would be even more impressive, he said, if it hadn't been for one volunteer who missed all of his times. "There was one guy who was not very good. He woke up, but he was never close to the target," he said.

Moorcroft said the results show that the brain can sometimes do things better during sleep than when the person is awake. It wouldn't surprise him, he said, that humans evolved with an internal alarm.

"Think about it. Alarm clocks are a fairly recent invention. Going back to cave man times, if you're sleeping in a vulnerable place, you want to get out of there before dawn. Those humans would have survived and passed on the genes of this trait," he said.

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LOS ANGELES (AP) - Denzel Washington, who played a doctor on TV, now has another medical connection: a pediatric wing named in his honor at Martin Luther King Jr. Hospital.

The Oscar-winning actor and former "St. Elsewhere" cast member cut the ribbon Sunday for the wing that provides 24-hour emergency service for children with illnesses such as pneumonia, meningitis, seizures and asthma.

"Never in my wildest dreams would I imagine that I would have a hospital wing, or a chicken wing, named after me," Washington said.

The ceremony also honored King, whose birthday is being celebrated this week.

WATERTOWN, N.Y. (AP) - There she goes ... no longer Miss New York State.

Helen Goldsby, who won the state title in June, is turning in her crown so she can appear in an off-Broadway show, "The Master Class."

Goldsby, 24, of New York City, had indicated she would like to keep the crown but not be active on the demanding touring circuit that comes with the title. Joan M. Jones, the pageant's executive director, said Monday.

Pageant officials decided the crown should be given to a runner-up who can fulfill those duties, Jones said. Officials were trying to contact the first runner-up, Sunita Paramsothy, to see if she could do so.

## Comics

### The Wizard of Id

by Brant Parker & Johnny Hart



### Marvin

By Tom Armstrong



### BLONDIE®

by Dean Young & Stan Drake



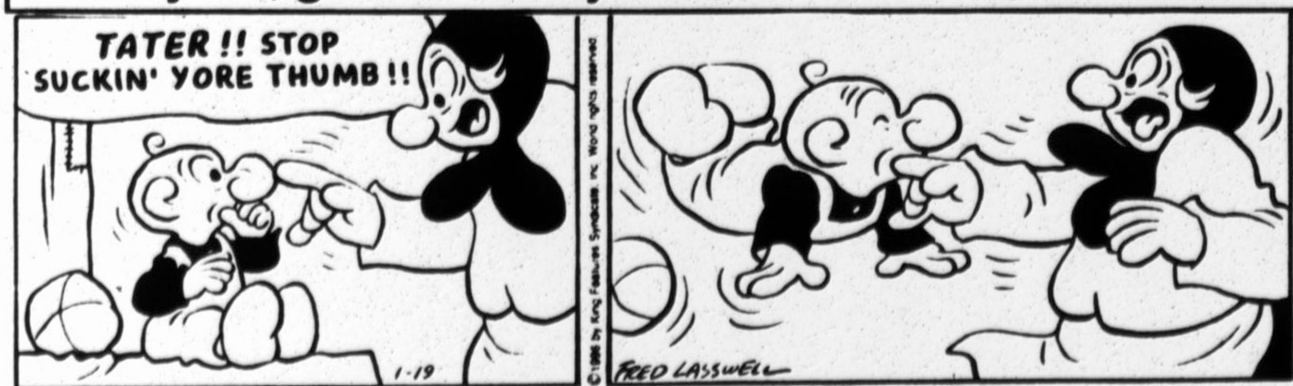
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By Mort Walker



### Barney Google and Snuffy Smith®

By Fred Lasswell



## FRIDAY

## JANUARY 19

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
Movie: \$1,000,000 Duck G	(05) Movie: D2: The Mighty Ducks Emilio Estevez PG	Movie: Twins Arnold Schwarzenegger *** PG	Tritr-Home							
News	Ent. Tonight	Unsung Mysteries	Dateline	Homicide: Life	News	(35) Tonight Show				
Newshour With Jim Lehrer	Wash. Week	Wall St.	Emerging Powers	Wait for God	Previews	Mansion				
Videos	Videos	(05) Movie: Betsy's Wedding (1990) Alan Alda ***	(15) Movie: Cousins (1989) Ted Danson, Isabella Rossellini ***							
News	Wh. Fortune	Fam. Mat.	Boy-World	Step-Step	Mr. Cooper	20/20	News	Sinfeld	Nightline	
Fam. Mat.	Newhart	Hercules-Jrns.	Xena: Warrior Princess	News	Cheers	Simon & Simon				
News	Home Imp.	Due South	Diagnosis Murder	Picket Fences	News	(35) Late Show				
Roseanne	Simpsons	Strange Luck	X-Files	Star Trek: Voyager	M*A*S*H	Cops	Wanted			
Sportsctr.	NHL Hockey	All-Star Friday	Figure Skating	Sportscenter	Skating					
Waltons	Highway to Heaven	Rescue 911	700 Club	Movie: Secrets of the Bermuda Triangle						
(5:15) Movie: Mystery Date	Movie: The Puppet Masters Donald Sutherland *** R	Outer Limits	Movie: The Dallas Connection R							
Inside the NFL	Movie: The Killing Man Jeff Wincott R	Movie: Blue Tiger Virginia Madsen R	Movie: Sexual Intent Gary Hudson *** R							
Movie: Wayne's World 2	Movie: Death and the Maiden Sigourney Weaver R	Movie: Exit to Eden (1994) Dana Delany, Paul Mercuro	Movie: Erotic							
Movie: The Big House (1930) ***	(45) Movie: The Last Mile (1959) ***	(15) Movie: Each Dawn I Die (1939) ***	Movie:							
Club Dance	News	Championship Rodeo	Prime Time Country	Club Dance	News	Rodeo				
Invention	Movie Magic	Wild Discovery	Beyond 2000	Rivals	Movie Magic	Invention	Wild Disc.			
Equalizer	Biography	Movie: Colors (1988) Sean Penn, Robert Duval ***	Law & Order							
Comish	Barbara Walters	Movie: Too Young the Hero (1988) Rick Schroder **	Unsolved Mysteries							
Hockey Wk.	Insiders	NHL Hockey Orlando Solar Bears at Houston Aeros	Press Box	Press Box	Football					
In the Heat of the Night	NBA Basketball Charlotte Hornets at Miami Heat	Inside-NBA	Movie: Blink of an Eye (1992) **							
Doug	Tiny Toon	Munsters	Jeannie	I Love Lucy	Bewitched	M.T. Moore	Taxi	Kotter	Van Dyke	Newhart
Wings	Wings	Murder, She Wrote	Movie: Back to the Future Part III (1990) Michael J. Fox ***	Noticiero	P. Impacto	Movie:				
Lazos de Amor	Acapulco Cuento y Alma	Peicula	Movie: Eight Men Out (1988) John Cusack, Charlie Sheen ***	Perspectiv	Subway					
Seeds of War	Subway: Empire Beneath	Movie:								
SuperBowl	Women's College Basketball Vanderbilt at Tennessee	America's Horse	Auto Racing	NHL 2Night	Motoworld	Soccer				

## SATURDAY

## JANUARY 20

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
Mermaid	Ducktales	Chip 'n Dale	Darkwing	Movie: The Neverending Story Noah Hathaway PG	Five Mile Creek	Danger Bay				
Jelly Bean	Happy Ness	Sing a Story	Science Guy	Saved-Bell	Hang Time	Saved-Bell	Dreams	Inside Stuff	Paid Prog.	NFL Films
Grilling	Grilling	Wash. Week	Wall St.	Quitting '90s	Sewing	Quilt	Kitchen	Garden	Gourmet	
(05) Cartoon Planet	(05) WCV Pro Wrestling	(05) National Geographic Explorer								
Pooh	Free Willy	Dumb	Bump	Fudge	Reboot	Bugs & T.	Mess	Kids on Ice	Emer. Call	
Farm Report	Business	News	MotorWeek	Fishing	Paid Prog.	Paid Prog.	MotorWeek	MotorWeek	MotorWeek	
Hyperman	Timon	News	Landin	Aladdin	Turtles	Skilling	Felix the Cat	Media	Basketball	
Sandiego	Eek!stravag	Rangers	Rider	Spider-Man	X-Men	Tick	Life-Louie	Paid Prog.	Paid Prog.	
Outdoors	Sportsman	Fishin' Hole	Outdoors	Fly Fishing	Salt Water	WalkerCay	Sportsctr.	College Basketball Georgia at Tennessee		
Madeline	Mario	Wish Kid	Wild Animal	Family Challenge	Boogies	Big Jake	Bonanza	Riders		
Movie: The Freshman Marion Brando	(45) Movie: Speechless Michael Keaton *** PG-13	Movie: Sister Act 2: Back in the Habit	Movie:							
Never-Story	Wiz. of Oz	Shakespr	Movie: Bugs Bunny Movie	Inside the NFL	Movie: Butch Cassidy-Sundance Kid					
Movie: Guns	Movie: Ace Ventura: Pet Detective **	Movie: A Fine Pair Rock Hudson ** PG	Movie: Woman With a Past Pamela Reed	Movie:						
Movie: Exclusive Story	Movie: Moonlight Murder (1936) *	Parade	Movie: Go Into Your Dance (1935) Al Johnson ***	Movie:						
(OFF Air)	Go Fish!	Field	Outdoors	Fishin'	Fishing	Bill Dance	In-Fish	Bassmastr.	Auto Racing	
Paid Prog.	Paid Prog.	Home	Start	Cuisine	Great Chefs	Housemart!	Wildlife	Nature	Chi-Chi	
Movie: Inspector Gen.	Wildlife Mysteries	Face of Tutankhamun	Voyages	Gourmet	Handmad	Living	Our Home	Spenser		
Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	
Insiders	Fishing	To Be Announced	Football	Paid Prog.	Signing Day	Rodeo	Movie:			
Hondo	How the West Was Won	Wild, Wild West	Adv. of Brisco County, Jr.	Movie: Two Mules for Sister Sara (1970)						
Doug	Rugrats	Muppets	Muppets	Tiny Toon	Tiny Toon	Beetlejuice	Salute	Hey Dude	My Brother	Looney
Paid Prog.	Paid Prog.	Proline	CNet	World Wrestling Mania	WildC.A.T.S.	Exosquad	Fighter	Dragon	Movie:	
Lente Loco	Cantinflas	La Hora de los Tigritos	El Club de Gaby	Johnny Canales	Super Sabado Sensacional					
History Showcase	Once Upon	Once Upon	Once Upon	Columbus	Year by Year for Kids	First Flights	First Flights	Masters		
Rodeo PPCA National Finals - Seventh Round				Motoworld	SuperBowl	NBA Finals	College Basketball: N.C. St. at Maryland			

12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
Zorro	Mickey	Mickey	Spin-Mart	Movie: Geronimo's Revenge Tom Tryon	Movie: The Man Called Flintstone ***	Mousester				
TBA	TBA	Pop Warner Super Bowl	PGA Golf Bot Hope Chrysler Classic - Fourth Round	Paid Prog.	News					
Old House	Workshop	Hometime	Tracks	Sewing	Crafting	New Garden	American Experience			
Movie	College Football Senior Bowl									
Paid Prog.	College Basketball: Regional Coverage									
Movie: The California Kid	Movie: Remo Williams: The Adventure Begins (1985) Fred Ward *** Hercules-Jrns.									
College Basketball: SWC - Teams TBA	Night Court	Landin	College Basketball North Carolina at Villanova							
Paid Prog.	Movie									
Basketball	Senior PGA Golf: Tournament of Champions									
Riders	Big Valley	Riflemen	Riflemen	High Chaparral	Bonanza	Snowy River: McGregor				
Movie: Manny's Orphans	(45) Movie: Mystery Date Ethan Hawke *** PG-13	Movie: 3 Ninjas Kick Back Sean Fox PG (15)	Movie: Speechless							
Movie: Beethoven Lives Upstairs	Movie: Andre Keith Carradine *** PG	My Girl 2	Concert for the Rock and Roll Hall							
(12:00) Movie: My Life Michael Keaton	Movie: Poltergeist JoBeth Williams *** PG	Movie: Seven Minutes in Heaven PG-13	Movie:							
(12:00) Movie: Melody for Two (1937)	Movie: Young Bess (1953) Jean Simmons ***	Movie: That Man's Here Again (1937) **	February							
Auto Racing: NASCAR - Mile 500	Championship Rodeo	Mechanic	Mechanic	Inside NASCAR	Off Road Racing Series					
Chi-Chi	Magic	Powers	Jaws in the Mediterranean	Popular Mechanics	Beyond 2000	Invention	Next Step			
Investigat.	Investigative Reports	To Be Announced	America's Castles	Home Again	Home Again					
Spenser	Scarecrow and Mrs. King	Unsolved Mysteries	Movie: Original Sin (1989) Ann Jillian **	Movie: Attack on Fear						
College Basketball	Equestrian		College Basketball Oregon at California	Bowling						
Movie: (15) Movie: Honkytonk Man (1982) Clint Eastwood, Kyle Eastwood ***	Movie:	Movie:	Movie:	Movie:						
Looney	You Do	Crazy Kids	Weinerville	Beetlejuice	Temple	G.U.T.S.	New Land	Clarisaa	Douge	Rocko's Life
(12:00) Movie: Hercules in New York	Movie: Conan the Destroyer (1984) Grace Jones **	Movie: The Terminator (1984) Linda Hamilton ***								
SuperSab	Onda Max	Caliente	Control	Pelucula	Camara	Notici Uni.				
Masters	Century of Warfare	Real West	Weapons at War	Automobiles	Modern Marvels					
Basketball	Final Four	Women's College Basketball: Big East Game	College Basketball Manhattan at Hampton	Basketball						

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
2	Movie: Robin Hood (1973); <i>Andy Devine</i>		Movie: The Fox and the Hound *** G		Convers-George Burns		Unknown Mary Brothers		Comedy		
4	Highlander: The Series	JAG		HopeGlori	Home Court	Sisters			News	Entertainment Tonight	
5	Thinking	McLaughlin	National Issues Convention						Minister	Time Goes	Mr. Bean
6	WCW Saturday Night	(05) Movie: Operation Petticoat (1959); <i>Cary Grant, Tony Curtis ***</i>					(40) Movie: Father Goose (1965); <i>Cary Grant ***</i>				
7	News	Wh. Fortune	Foxworthy	Maybe-Time	Figure Skating: U.S. Championships				News	Outer Limits	
8	Fam. Mat.	Riches	Movie: Oh, God! (1977); <i>George Burns ***</i>		News				Night Court	Movie: Destroyer (1988)	
9	News	Golden Girls	Medicine Woman	Touched by an Angel	Walker, Texas Ranger				News	Golden Girls	Baywatch
10	Cowboys	Fresh Pr.	NHL Hockey All-Star Game						Mad TV		Xena
11	College Basketball Texas	Christian at Kentucky		College Basketball Florida	State at Duke				Sportscenter		SuperBowl
12	Christy		North and South				Movie: The Way West (1967); <i>Kirk Douglas, Robert Mitchum **</i>				
13	(5:15) Movie: Speechless	Movie: Sister Act 2: Back in the Habit	Whoopi Goldberg			Movie: Galaxia	Brigitte Nielsen R		Red Shoe		Love Street
14	Concert-Rock	Movie: Nobody's Fool	Paul Newman ***	R		Shock Video 3			Movie: Hard Justice	David Bradley R	
15	(5:30) Movie: The Chase	Movie: Sensation (1994); <i>Eric Roberts, Kan Wuhner NR</i>				Movie: Armed and Deadly **	NR		(45) Movie: Deadly Past		
16	Movie: Dream Wife (1953); <i>Cary Grant ***</i>			Movie: Tea and Sympathy (1956); <i>Deborah Kerr ***</i>		(10) Movie: Separate Tables (1958)					
17	Talent Roundup	Opry	Grand Opry	Stallar Bros.		Ralph Emery With Barbara	Opry	Grand Opry	Stallar Bros.		
18	Movie Magic Know Zone	Terra X	Treasure	Wings		Justice Files		Rivals!		Terra X	
19	Ancient Mysteries	Biography This Week	Investigative Reports			American Film Institute Salute to Steven Spielberg			Box-Week		
20	Movie: Attack on Fear	Movie: Married to the Mob (1988); <i>Michelle Pfeiffer ***</i>				Commiss			Girls' Night Out		Monlight.
21	Bowling	Rodeo	College Basketball Houston at Texas Tech			Press Box			Boxing Prime Championship Series		
22	In the Heat of the Night	In the Heat of the Night	Movie: Two Mules for Sister Sara (1970) ***			(15) Movie: The Avenging Angel (1995)					
23	Monsters	Rugrats	Alex Mack	All That	RenStimpy	You Afraid?	I Love Lucy	Lucy Show	Lucy and Desi		Van Dyke
24	Movie: Kindergarten Cop (1990) **			Weird Sci.	Campus	Duckman	Weekly		Movie: Last Resort (1986) *		
25	Buen Humor Gigante	Sabado Gigante Internacional							Boxeo Estelar	Boxeadores por Anunciar	
26	O.K. Corral	Nixon	Real Nixon		Real Nixon		Real Nixon				Nixon
27	College Basketball Rice at Texas A&M	Extreme	SuperBowl		College Basketball Hawaii at Fresno State				NHL 2Night		Boxing



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**Facts About The BIBLE** BY JOHN LEHTI  
**GUARDING THE KING!**  
IN BIBLICAL TIMES, WHEN ALL KINGS, AS A GENERAL RULE, WERE TYRANTS AND DESPOTIC, TO SAY THE LEAST, IT WAS FOUND NECESSARY TO CONTINUALLY GUARD THEM FROM THEIR ENEMIES! THE SOLDIERS OF THE ROYAL BODYGUARD HAD TO BE COMPLETELY DEPENDABLE IN THEIR FIDELITY TO THE KING THEY WERE PROTECTING! AND THE CAPTAIN OF THIS ROYAL GUARD, GENERALLY WAS THE MOST LOYAL FRIEND THE KING HAD! SUCH A MAN WAS BENAIAH, DAVID'S CAPTAIN OF THE GUARD (II SAM. 22:22,23) AND THE BIBLE MENTIONS MORE HIGHLY PLACED CAPTAINS - POTIPHAR FOR PHARAOH (GEN. 37:36; 41:12) NEBUZAR-ADAN, CAPTAIN OF THE GUARD, FOR KING NEBUCHADNEZZAR (II KINGS 25:8) AND OTHERS - BUT ORIENTAL PALACES WERE HOT-BEDS OF INTRIGUE AND THE KINGS COULDN'T TRUST THEIR CAPTAINS THAT MUCH - SO IT BECAME A CUSTOM TO SET SPIES THROUGHOUT THE PALACE TO MAKE SURE THAT THE ROYAL GUARD WAS REALLY LOYAL - ESPECIALLY AFTER ZIMRI, A TRUSTED CAPTAIN, SLEW HIS KING AND REIGNED IN HIS STEAD FOR ONE WEEK BEFORE BEING DEFEATED (I KINGS 16:8-20) AFTER THAT, THE PALACE SPIES ABOUNDED AND NO ONE WHO ENTERED THE PALACE WAS EVER TREATED WITH ANYTHING BUT COMPLETE SUSPICION AS LONG AS HE WAS THERE - "UNEASY LIES THE HEAD THAT WEARS A CROWN!"  
  
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Pastor David Alvarado  
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15th & Whittier • 364-8866  
Pastor Dorman Duggan  
**Templo La Hermosa**  
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Rev. Andres Del Toro  
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Garage Sale: 225 Aspen - Saturday - 7 to 3. Miscellaneous items. 31011

Garage Sale: 108 Quince, Saturday - 7 til ?? Toys, childrens clothing, stereo system. Little bit of everything. 31020

Birthdays, special days, a year-around remembrance? Send them The Hereford Brand, a gift that reminds the recipient of your love and concern about 255 times a year!

The manner of giving is worth more than the gift  
—Peter Cornielle

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Alta Auto Sales has several cars to choose from. Financing available. Call 364-6896. 30979

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For Sale: 1992 Taurus GL. Loaded with options. 3.8 liter v-6 fuel injected engine. Excellent condition! Great deal!!! Call 364-5878. 30984

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**Marcum Motors Co.**  
Clean Used Cars & Trucks  
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**CROFFORD AUTOMOTIVE**  
Free Estimates  
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## CROSSWORD

by THOMAS JOSEPH

**ACROSS**  
1 Paloma's dad  
6 Malice  
11 Where van Gogh painted  
12 Domesticated  
13 Unit of magnetic flux  
14 Geriatrics topic  
15 Exist  
16 Deeply felt  
18 Collar  
19 Slippery one  
20 Set the pace  
21 Dance part  
23 A googol has 100  
25 Blushing  
27 Gun (an engine)  
28 Characteristic  
30 Sense  
33 Settle the bill  
34 Candy counter buy  
36 Pub quaff  
37 Olympic competitor  
39 Ethane, for one  
40 Hogs' homes  
41 Catches  
43 Available

**DOWN**  
1 Heathens  
2 Turkey's highest point  
3 Fats  
4 Guitari  
5 Actor  
6 Country's  
Brothers  
7 Call to the phone  
8 Fats  
Domino hit  
9 Past and present  
10 Moved cautiously  
17 — Perce  
22 Shooter ammo  
24 Foul caller  
26 Assimilates  
28 Body  
29 Noted pharaoh  
31 Go by  
32 Inferior  
33 Pallid  
35 European underground  
38 Onion's kin  
42 Unprocessed

**STUMPED?** For answers to today's crossword, call 1-900-454-7377 199c per minute, touch-tone / rotary phones (18+ only) A King Features service, NYC.

**SINGLE PARENT program.** Special financing on new mobile homes. Call Oakwood Homes. Easy qualifying. Open Sundays, call 1-800-372-1491. 30972

**HOME LEFT** in layaway. Buyer gets credit for previous buyers down payment. Pay transfer fee and move in. Open Sundays. Call 1-800-372-1491. 30973

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House for Sale By Owner: 601 Grand, Low 20's OBO. 364-5189, 364-4244. 30995

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2 Duplexes on South Centre in Hereford. Excellent occupancy rate. Good cash flow. \$47,500 each or \$90,000 for both. Buyer's Agents welcome. 806-358-8116 or 806-622-1000

## 5. HOMES FOR RENT

Best deal in town, 1 bedroom efficiency apartments. Bills paid, red brick apartments. 300 block West 2nd. 364-3566. 920

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Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedroom unfurnished, apts. refrigerated air, laundry, free cable, water, & gas. 364-4885. 18873

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WAGE COARSE  
AMEN RUSTED  
PASSPORT  
PASSOVER  
STOOLS AVE  
HURTS BASIE  
ONE POWELL  
PASSBOOK  
PASSWORD  
AVIATE ALOU  
CINDER READ  
TAKES DOME

Yesterday's Answer

8 Fats  
Domino hit  
9 Past and present  
10 Moved cautiously  
17 — Perce  
22 Shooter ammo  
24 Foul caller  
26 Assimilates  
28 Body  
29 Noted pharaoh  
31 Go by  
32 Inferior  
33 Pallid  
35 European underground  
38 Onion's kin  
42 Unprocessed



For Lease: Nice 3 BR House - 1 1/2 Bath - attached garage, utility room. Deposit and references required. Call 364-2926. 30942

For Rent: 601 Ave. K - 3 BR, 1 Bath. \$350.00 month, with \$175.00 deposit. No HUD. Call 354-0967 (Amarillo #). 30999

For Rent: Brick - 3 BR, Den, 2 Bath, W/D Hookup, fenced back yard. (806) 293-5637. 31006

For Rent: 3 BR, 1 3/4 bath, double car garage. Near Northwest School. Call 364-3992, after 4. 31012

For Rent: Nice house 3 BR, 1 bath, W/D Hookups! Deposit \$150.00 & references required. Call 364-7446, leave message. 31014

For Rent: 3 BR, 2 Bath. Fenced front and back yard. Big house. Call 364-8012 after 5 PM. 31019

**QUALITY MOTEL**  
Room - weekly - with or without kitchen from \$50.00 up to \$100.00, includes all bills paid. Free HBO. Free Color Cable, & Free local calls. 1400 E. 1st-East Hwy. 60. Call 364-1433.

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Blue Water Gardens  
HEAT, A/C, LIGHTS INCLUDED  
Rent based on income. Accepting applications for 1, 2, 3, 4 bdrms. CALL Debra or Janis TODAY for information & directions. 12-5pm (806)364-6661. Equal Opportunity.

**FOR SALE BY OWNER**  
2 Duplexes on South Centre in Hereford. Excellent occupancy rate. Good cash flow. \$47,500 each or \$90,000 for both. Buyer's Agents welcome. 806-358-8116 or 806-622-1000

## 6. WANTED

Tree & Shrub trimming & removal. Leaf Raking & assorted lawn work. Call 364-3356 30802

Wanted: Elderly or retired couple to live on small farm, rent free in exchange for up keep. Information and details available. 364-4421 or 364-2955. 31013

Salon Faviana-Booth rent opportunity for one stylist and a nail tech. Promising-Unique-Professional. 364-4214. 30952

## 8. HELP WANTED

Belmont Park was the first terminal of the first American air mail run between Washington and New York in 1918.

Hereford has a number of excellent retail stores. Shop Hereford first through the pages of The Hereford Brand!

Was your job temporary? Need help paying off Christmas bills. Sell Avon. 1-800-687-1965. 30946

Wanted: Experienced cattle doctor for 40,000 head Feedyard. Contact Bartlett II - 17 miles N. of Hereford on FM. Road 2943. Apply in person. 31007

Secretary/Bookkeeper needed: Billing, Customer Service, good phone & people skills required. Computer knowledge is helpful. Apply in person at 102 16th Street. 31015

Greeting Card Co. has part-time position. Must have transportation. Flexible hours! Send resume or letter to Territory Mgr. - 4508 60th - Lubbock, Tx. 79414. 31017

**JOB OPENING**  
Allied Pharmacy  
Management has a position for a full time Pharmacy Technician at Hereford Regional Medical Center. A current LVN License is required. If interested notify Rita Chamberlain R. PH. Director of Pharmacy. 364-2141 Ext. 316

Save a fistfull of dollars when you use Brand Classified Ads. Call 364-2030.

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**RUBY UNLIMITED**  
Charles W. Russell 364-0495  
**Chuck of all Trades, Master of Some.**

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**HEREFORD DAY CARE**  
Offering an excellent program of learning and care for your children 0-12! State Licensed  
Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!  
**364-5062**  
248 E. 16th

## LEGAL NOTICES

Deaf Smith County has a job opening for a Juvenile Probation Officer. Individual must be able to work some nights and weekends. Examples of duties include: Coordinate court services, conduct visitation with juveniles placed in care at school and in the community, and transport juveniles to and from placements.

Qualified applicants must possess a degree from an accredited university and one year's experience in human relations case work is preferred.

Applications will be accepted from January 19th to the 26th, 1996, at the Courthouse, 235 E. 3rd, Room 206, Hereford, Texas 79045. Deaf Smith County is an equal opportunity employer.

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Belmont Park was the first terminal of the first American air mail run between Washington and New York in 1918.

## 11. BUSINESS SERVICES

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 289-5851. #C0023-004. 700

We buy scrap iron, metal, aluminum cans, all batteries, tin, copper & brass. 364-3350. 970

Garage Door and Opener Repair & Replacement. Call Robert Betzen, 289-5500. If No answer Call Mobil, 344-2960. 14237

We buy cars & pickups running or not running. We sell used auto parts of all kinds. 364-2754. 27574

Forrest Insulation & Construction. We insulate attics, sidewall, metal buildings. Free estimates. 364-5477 or 346-2143. 30955

**FREE**  
**Pregnancy Test**  
Confidential Services  
Problem Pregnancy Center  
505 E. Park Ave.  
Call: 364-2027 or 364-5299 (MICHELLE)

Hereford's leading supermarkets and grocery stores advertise in the pages of The Hereford Brand. Shop the Brand ads to find money-saving coupons and to compare prices. Many Hereford housewives use The Brand to do their shopping at these fine supermarkets.



# Depression in kids goes against popular image of childhood

**By BILL BASKERVILL**  
Associated Press Writer  
RICHMOND, Va. (AP) - The 10-year-old boy huddled in a closet, put a toy gun to his head and screamed through his tears: "If it was real, I'd use it."

His terrified mother sought to comfort him. "Please help me, please help me," he sobbed.

It was 11:30 p.m. on Aug. 2, 1994 - the worst moment of Susan Dubuque's life. "I was totally guilt-ridden and feeling like a horrible mother," she said.

That moment, an epiphany in the young life of Nicholas Dubuque, helped confirm what his mother had feared and what medical profession-

als had failed to see for years: The boy was suffering from acute depression.

It is difficult to associate such an insidious, dark illness with the joyful years of childhood.

And the bias against believing that depression could besiege the spirit of an innocent child is what makes it so hard for parents to accept and for many doctors to recognize, said child psychiatrist Dr. Lawrence L. Kerns, author of "Helping Your Depressed Child."

The American Academy of Child & Adolescent Psychiatry estimates that significant depression probably exists in about 5 percent of children and adolescents. Other studies have

placed the number at twice that.

The suicide rate for 10- to 14-year-olds increased 120 percent from 1980 to 1992, from .8 per 100,000 to 1.7 per 100,000. The rate for 15- to 19-year-olds rose 28.3 percent, from 8.5 per 100,000 to 10.9 per 100,000, according to the federal Centers for Disease Control and Prevention.

Kerns, who practices in the Chicago suburb of Barrington, Ill., said most depressed children remain undiagnosed and untreated.

"I felt really scared about telling people how I felt," said Nicholas. "I was sad and upset and angry the whole time."

Nicholas, 11, said he holed up in

the closet because "I felt upset, scared," though he didn't know why. "I used the gun to make a point that I needed help."

With the help of medication and therapy, his thoughts of self-destruction have virtually disappeared. "Sometimes I think of it, but I would never do it," he said.

Ms. Dubuque and Nicholas have collaborated on a book about childhood depression to be published in March by the Center for Applied Psychology in King of Prussia, Pa.

Nicholas' depression was compounded by attention deficit disorder with hyperactivity, a condition diagnosed when he was 7.

A psychiatrist prescribed the drug Ritalin. Ms. Dubuque's initial reaction was: "Oh, my God, we're going to be drugging this child. He's going to be a zombie."

She said the medication "had a miraculous impact on Nicholas' behavior and ability to focus at school."

Emotionally he remained a joyless, angry and sullen child. Clinical psychologist Livia S. Jansen said Nicholas had poor self-esteem when she started seeing him in May 1993 and full-blown depression developed gradually. A battery of psychological tests confirmed the condition on Aug. 3, 1994.

"He was preoccupied with death and dying and with very morbid thoughts," said Ms. Dubuque.

Aggressive therapy was recom-

mended; the psychiatrist treating him now prescribed the antidepressant Prozac. Ms. Dubuque was skeptical about her child using the drug, but she soon relented. "At that point we were desperate."

She said the process of diagnosing Nicholas' attention problems and depression was long, tortuous and frustrating.

In 1991, the attention disorder was confirmed, but Ms. Dubuque's worries that her son might be suffering from depression persisted.

The diagnosis of depression three years later "painted a picture of a child deeply distressed," said the boy's father, Steve Dubuque.

Ms. Dubuque said she thinks her

son developed the condition partly because members of her family have suffered from it for at least three generations, including herself. She said Nicholas also was emotionally bombarded over the past three years by his parents' separation and the death of two grandparents and one great-grandparent.

She said the key to helping Nicholas was persistence in trying to determine the nature of his problem and a commitment to getting him the care he needed.

"Just look at this kid (now)," she said. "His sense of humor has returned. Before, he was serious. Now he's a kid who giggles and laughs and has that joy of being a kid."

## Constable bears gun, Bible as he works as pastor, too

**By KEN ELLSWORTH**  
Abilene Reporter-News  
ABILENE, Texas - Larry Gill carries a Smith & Wesson .357 Magnum on his hip and a Bible in his hand, but not usually at the same time.

As a constable, he enforces the law. As a minister of the Church of Christ in Trent, 20 miles west of Abilene, he tends his flock, and he is highly trained for both careers.

The Abilene Christian University alumnus holds a Doctor of Ministry degree. He also holds a Master Peace Officer Certificate and is a qualified law enforcement instructor.

Gill has mixed both careers his entire professional life, including stints in nearby Albany and Merkel, but he did not plan it that way.

"It just kind of happened," he said.

There are some similarities in the two jobs.

"In both professions you go when the phone rings. You're never really off duty," Gill, 44, said.

He has never had to arrest a member of his congregation. However, he has had to serve eviction

papers to members on occasion.

"It's tough," he said. "But I try not to show partiality."

Only once has he carried his pistol to the pulpit.

That happened several years ago when he conducted a funeral for an ex-con with a history of violence. The ex-con had been shot to death.

Gill's practiced eye detected evidence that some of those in attendance were themselves carrying weapons. He excused himself and retrieved his own pistol.

"I stuffed it in my belt inside my suit where it wouldn't be noticed," Gill said.

The funeral concluded, pistol in the pulpit, as it were, without violence.

Gill sometimes wonders what would happen if an emergency call comes during a sermon, but he doesn't ponder too long.

"See you later folks. Amen!" and he'd be gone, he said.

Gill admits it is not so easy to decide whether he is a preacher or a lawman, especially in cases of family crises or domestic violence. But that's

okay, because the folks he interacts with can be equally confused.

Usually, Gill said, it turns out that it's handy to use the skills of both professions simultaneously.

"You just have to feel your way through it," he said.

Once, Gill's powers of persuasion failed during a domestic violence call. Suddenly, he found himself in a life or death struggle with a man intent on taking his gun.

"It was him or me," Gill said, so his constable side took over.

Obviously, the constable side prevailed.

"Some backup help assisted too," Gill said. "But usually, I'm pretty easy going. It's rare for me to slam somebody up against the wall and handcuff them," Gill said.

The worst part of being two things is not having the time to attend to other important matters, like being husband and father to his wife and three children.

"My wife, at times, brings that up," Gill said with a smile.

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Distributed by The Associated Press

## Believe it or not -- Fourteen women get pregnant after touching fertility statues

**By IKE FLORES**  
Associated Press Writer  
ORLANDO, Fla. (AP) - Only Ripley's Believe It or Not! could come up with such stories: that women who have fondled African fertility statues keep getting pregnant.

But there they were Thursday, many of the 14 mothers and mothers-to-be who did just that at Ripley's offices before the carving went on display.

Now, many other women who want to be pregnant are flocking to the exhibit at the Ripley museum to marvel at and touch the ebony statues of male and female gods carved by the Baule tribe on West Africa's Ivory Coast.

Kimberly Martin didn't intend to rub the belly of the fertility carving. She tripped over it.

"I caught myself on it and kept myself from falling. A month later, I was pregnant," said the 24-year-old Mrs. Martin, who said she was on birth control pills at the time of her mishap with the statue.

Some of the mothers and moms-to-be admit the whole thing may be a coincidence, but they say it can't be ignored.

In some cases, the women had been on fertility drugs, to no avail. Others had tried artificial insemination. Several were on birth control pills.

Seven women have had babies, and seven others are expecting.

Believe it or not, all the babies and pending births - with a single exception - are boys.

The 4-1/2-foot-tall figures, which had been housed temporarily in Ripley's corporate offices, went on display this month after officials realized what was happening.

A sign on the wall behind the statues warns visitors: "Please Don't Touch Unless You Want to Start a Family."

Vanessa Katz and her husband, Bruce, are ecstatic over her pregnancy because they had tried for two years to have children.

"Every time I was in there I would kind of rub the statue as I went by," said Mrs. Katz, who worked on Ripley's computers. "I tried insemination, nothing worked. Whatever the statue did is fine."

The power of suggestion, or science?

Dr. Faiza Hakim, a physician who recently moved to Orlando from Manchester, England, said some infertile women can become pregnant when something jogs their brains and bodies into relaxing.


"People can get a mental block

about pregnancy," she said. "Wishing for it - or avoiding it - can become stressful. If you relax, pregnancy can come. Different things work for different people."

Dawn Clukey was at the museum Thursday on behalf of her sister, who

couldn't get away from her job.

"She's tried everything to get pregnant, and nothing has worked," said Miss Clukey, who definitely does not want to be pregnant. "My mother would have a heart attack. I'm not married."



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Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

**CATTLE-LIVE (CME)**

Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

**GOLD (CME)**

Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

**GRAIN FUTURES**

Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

**SILVER (CME)**

Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

**FUTURES OPTIONS**

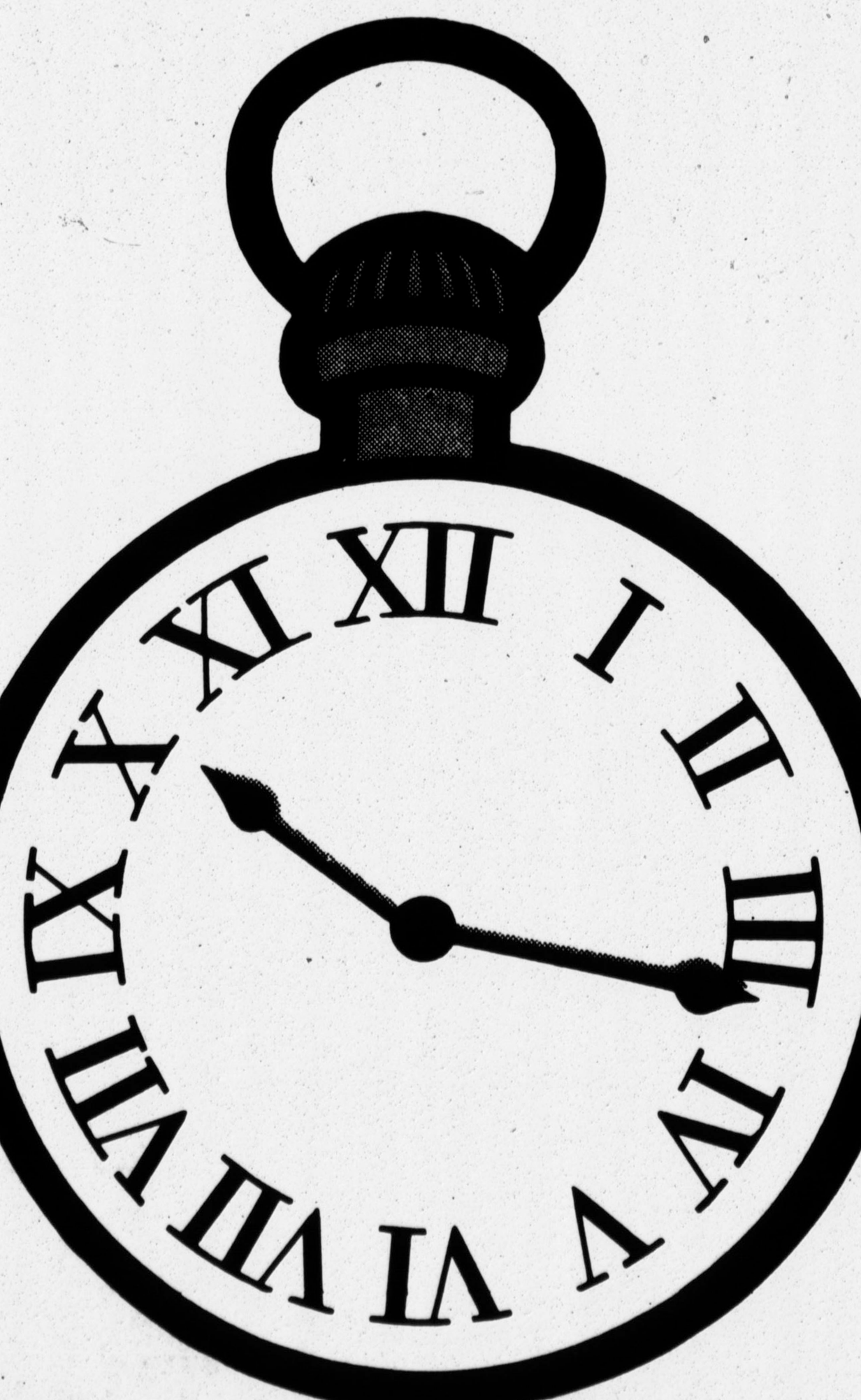
Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

**CORN (CBT)**

Month	Price	Change
Jan	45.15	+0.15
Feb	45.15	+0.15
Mar	45.15	+0.15
Apr	45.15	+0.15
May	45.15	+0.15
Jun	45.15	+0.15
Jul	45.15	+0.15
Aug	45.15	+0.15
Sep	45.15	+0.15
Oct	45.15	+0.15
Nov	45.15	+0.15
Dec	45.15	+0.15

# The Time Is Now

## USE THE CLASSIFIEDS TODAY





## Investors find mutual funds offer simplified tax reporting

By PAMELA YIP  
Houston Chronicle

HOUSTON - Investors have flocked to mutual funds as a way to simplify their investment life.

The benefit is the stocks or bonds are picked by a professional. But when it comes to accounting for mutual fund holdings on your tax return, that job is anything but simple.

It takes impeccable records and an understanding of the murky world of capital gains taxes for funds. However, you can avoid this annual ritual if your fund is a retirement savings account such as an Individual Retirement Account, because the money isn't taxed as long as it's in the IRA. When you withdraw the money at retirement, it's taxed as ordinary income.

The easy part of this job is the annual income from the fund, which is reported in the year-end annual statement mailed to shareholders. It shows capital gains, dividends and each purchase or sale of shares.

You must report dividends and capital gains from a fund, whether they were paid to you in cash or reinvested to buy additional fund shares.

Where many investors get tripped up is with reporting capital gains or losses when they sell mutual fund shares.

Documenting your profit or loss requires records of when each mutual fund share was bought and at what price.

The purchase date matters because the tax rate depends on how long an investment is held. If you sell a profitable investment within one year, the tax rate is higher. In tax jargon this is a short-term capital gain.

Short-term capital gains are taxed as ordinary income at your individual tax rate, which can go as high as 39.6 percent. Those for investments held longer - so-called long-term capital gains - are taxed at a top rate of 28 percent.

Now here comes the complicated part - determining how big a profit or loss you earned.

Determining the sales price is relatively easy - refer to the fund's annual statement, which reports the price and number of shares sold and the date of any transactions.

But the original cost of each share - the "cost basis" on tax forms - can be elusive for those who regularly put money into a mutual fund.

For example, investors who regularly buy shares each month may need to account for 12 purchases a year, each at a different price.

Once you've gathered all that paper, it's time to pick an accounting method. The right choice here can save you money.

If you are selling only a portion of the shares, calculate the cost of the shares using the so-called "Share Identification" or "Specific Shares" method.

This has the most favorable impact on your tax bill because it allows you to sell the shares that will result in the smallest possible capital gain. The tactic here is to unload the shares that cost the most.

"The share identification method has the best impact on your tax liability," said Mark Luscombe, principal tax analyst at CCH Inc. in Riverwoods, Ill., which publishes tax information.

However, "that is the one (method) that requires the best

records too," he said.

To ensure that you properly identify your shares, tell the fund, or your broker handling the sale, that you are selling shares bought on a set date. Make sure that the confirmation notice includes that request so you can prove to the Internal Revenue Service you followed the rules.

The confirmation from the fund must say that you instructed that particular shares be sold.

The more commonly used method of selling shares is the "Average Cost" method. With this technique, which works well if you are selling all your shares, you calculate the total purchase price of all your shares and divide by the number of shares held.

If you've reinvested your capital gains distributions, it's crucial that you add the amount reinvested to the cost basis; otherwise, you'd end up paying tax twice on the gains.

Once you use the average cost method, you must use it for all of your sales from that mutual fund.

The least favorable method for most investors is the so-called "FIFO" method. That's a fancy accounting acronym meaning "First in, First Out."

With mutual funds, this approach presumes that the first shares you sell are the first ones you bought.

But this method hurts you the most because the oldest shares you bought are considered sold first. You'd have the highest capital gain using this technique.

If you do use this method, keep a separate record of each fund purchase and sale.

Distributed by The Associated Press

## Tribute to Barbara Jordan paid by friends, admirers

By PEGGY FIKAC  
Associated Press Writer

AUSTIN (AP) - As Liz Carpenter paid her respects to former U.S. Rep. Barbara Jordan, she remembered more than her friend's role as an inspiration to the nation during the Nixon impeachment hearings.

"I saw her in lots of moments of joy as well as crisis," said Ms. Carpenter, former press secretary to Lady Bird Johnson, before viewing Ms. Jordan's body Thursday at the Lyndon Baines Johnson Library and Museum.

"She was a marvelous woman ... She liked a good time," Ms. Carpenter said, recalling the times Ms. Jordan would invite family and friends to her house for barbecue and hymn-singing. "We'd sing, I mean, sometimes five and six hours."

Ms. Carpenter called it fitting that the public viewing of Ms. Jordan's body, in a flag-draped casket, was at the LBJ library.

"LBJ was the civil rights president ... In Barbara Jordan, his hopes had been realized at the ultimate," she said.

Ms. Jordan, who died of pneumonia at age 59 Wednesday, was the first black woman elected to Congress from the South and the first black woman ever elected to the Texas Legislature. She joined the faculty at the LBJ School of Public Affairs in 1979.

Gary Burton, 24, doesn't remember Ms. Jordan's impassioned defense of the Constitution during the 1974 Nixon impeachment hearings, which first thrust her into the national spotlight.

But after paying his respects with his wife, Sonja, Burton recalled how

moved he was by Ms. Jordan's keynote speech to the 1992 Democratic National Convention.

"Her voice just echoed across the room, and you could see everybody in that convention just crying, and their eyes lit up," said Burton, who works for an environmental cleanup company in Houston. "She was a beautiful woman."

Harry Middleton, director of the LBJ Library and Museum, said Ms. Jordan is the third person whose body has been presented for public viewing at the facility. The others were President Johnson and Frank Erwin, who served as chairman of the University of Texas regents and chairman of the LBJ Foundation board of directors.

"It just seems to me to be totally appropriate," Middleton said. "Barbara Jordan was almost a protégé of President Johnson's. He was an early supporter of hers when she ran for the Congress from Houston. They were great personal friends."

Among the first to go by Ms. Jordan's coffin was Ann Coffey, 55, a volunteer at the library and museum.

"I've always been an admirer of Barbara Jordan and felt that she stood for such high integrity and principles, and these are all things that I feel our country should be reminded of," she said.

Republican Gov. George W. Bush paid his respects accompanied by U.S. Rep. Pete Geren, D-Fort Worth.

"She looked at peace and very beautiful. I am confident she is with her maker," Bush said. "For me, her life was evidence that you can enter the political arena, fight hard and advocate your position and emerge

with your dignity and integrity intact."

There were also visitors from out of state, including Jack and Tillie Alexander of Topeka, Kan., who stopped by on their way to a meeting in San Antonio.

"The one thing that always stood out in my mind was her willingness to speak, and her eloquence in speaking on any issue, whether it was the Democratic convention or at the Watergate hearings or if you just tuned in and listened to a debate," said Alexander, a member of the Kansas Corporation Commission, which regulates utilities, oil and gas.

The Rev. Floyd Dell Baker Jr. of the African Methodist Episcopal Church said he got to know Ms. Jordan when she was serving in the state Senate and he was an assistant sergeant-at-arms.

"Her style was very bold, very assertive, but a kindness behind it. And that's what made it work for her," said Baker, 45, of Austin.

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However rare true love is, true friendship is rarer.

—La Rochefoucauld

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Do not do unto others as you would that they should do unto you. Their taste may not be the same.

—George Bernard Shaw

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## Beta carotene supplements said to be waste of money, maybe even dangerous for some

By LAURAN NEERGAARD  
Associated Press Writer

WASHINGTON (AP) - The government has a new message for believers in beta carotene supplements: They're a waste of money for most people and might actually increase smokers' risk of deadly lung cancer.

"These vitamins are providing no benefit and may - with the emphasis on may - have adverse effects," Dr. Gilbert Omenn of the University of Washington warned Thursday, after ordering 18,000 smokers in a vitamin study to stop taking the pills because too many were dying.

The findings almost mirrored a 1994 Finnish study that first raised questions about the carrot-derived vitamin's safety.

But a second U.S. study released Thursday found no effect, good or bad, in 22,000 doctors who ate mega-doses of beta carotene for 12 years.

The findings led the director of the National Cancer Institute, Dr. Richard Klausner, to declare Thursday that "beta carotene is not a magic bullet."

But nobody could say for sure whether it's actually dangerous to smokers.

And the findings don't mean Americans should stop eating carrots and other vitamin-packed vegetables and fruits, Klausner emphasized. The studies merely show a pill can't capture the complex mix of natural chemicals - and the high-fiber, low-fat benefits - of those foods.

"A beta carotene supplement neither substitutes for a good diet nor

compensates for a bad one," agreed Dr. Charles Hennekens of Harvard Medical School, who led the physicians' study.

Beta carotene is the vegetable form of vitamin A, found in such dark yellow or dark green vegetables as carrots and spinach. Americans usually consume 2 or 3 milligrams of it daily, and many multivitamins contain about 6 milligrams.

The NCI-sponsored studies fed people about 10 times the average American's consumption, on the theory that mega-doses might protect against heart disease or cancer by soaking up dangerous oxygen molecules that can damage cells. That theory fuels the \$75 million to \$100 million in annual sales of beta carotene supplements.

Omenn's study followed for an average of four years 18,314 heavy smokers or recent quitters. Half got supplements with 30 milligrams of beta carotene plus 25,000 international units of vitamin A daily; the rest got a dummy pill.

No one seemed to benefit from the supplements - and there were 28 percent more lung cancers and 17 percent more deaths among smokers taking the vitamins than those who got the placebo.

Omenn and a special NCI panel were keeping close watch on the study because of the Finnish trial, which had been dismissed by many as a statistical fluke. So when early data last week showed the higher-than-expected problems, Omenn on Saturday ordered every participant in the \$42 million trial to stop taking the pills.

Omenn will, however, continue studying these people for the remaining 21 months of the trial to try to figure out what happened. "The bottom line is we do not know why these effects have been observed," he said.

The doctors' study, however, found beta carotene had no effect, good or ill.

It compared doctors who took 50 milligrams of beta carotene every other day for 12 years with those who took a placebo. Both groups had equal rates of cancer and heart disease, even the 11 percent who smoked.

The two trials persuaded the

Women's Health Study, in which 40,000 women are testing different health behaviors, to take participants off beta carotene too, the cancer institute said.

The vitamin industry noted that these are the only studies to ever indicate harm from beta carotene, and they used very high doses. People who take multivitamins with lower doses should not worry, said the Council for Responsible Nutrition, an industry group.

Klausner said he could not address multivitamin safety because it was not tested.

And his best advice for smokers: "The only way to reduce your (cancer) risk is to stop smoking."

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