Amendments getting little voter notice

AUSTIN (AP) - Election officials week. have voiced concern about an apparent lack of interest in the 16 proposed constitutional amendments presented to Texas voters this November.

Secretary of State John Hannah's office reported Monday that voter interest was slight for the proposals which included giving voters the last word on a state income tax and borrowing \$1 billion to build more

Hannah's spokesman, Mark Bell, said that during the 2 1/2-week-long early voting period preceding today's election, only about 1.93 percent of the state's 8.5 million registered voters had cast early ballots.

That compares with 33.45 percent who voted early in the November 1992 election, and 24.74 percent in the May 1 special U.S. Senate election that included three school-related constitutional amendments, Bell

Hannah said such a light early voting total could mean that only 7 percent to 10 percent of Texans would bother to cast ballots at all.

"I don't suppose I've ever been more disheartened than I have been felony. in the last two weeks to see the lack of people participating in early voting, which indicates to me that they also will not participate on election day," Hannah said late last

Heading the list of amendments was Proposition 4, which would require the Legislature to get voter approval if lawmakers ever want to impose a personal income tax.

In addition, it says that at least two-thirds of all net revenue from the tax would be used to reduce the rates of public school maintenance-and-operations property taxes. The net revenue remaining after such property tax relief would have to be spent for

State leaders from the governor down lined up behind Proposition 14, a \$1 billion bond issue to build more

The new "state jail" system for nonviolent offenders, along with tougher sentencing laws, were approved by legislators earlier this year based on the bond issue winning

A second tough-on-crime amendment, Proposition 12, would give judges the option of denying bail to crime suspects who are accused of violent and sexual offenses committed while on probation, parole or mandatory supervision for another

Proposition 1 would provide \$50 million in bonds to help start businesses owned by women and



Band members on ice

Members of the Hereford High School marching band huddle for warmth at Ratliff Stadium in Odessa on Saturday, trying to stay warm while awaiting the results of the UIL Area A marching competition. Hereford was one of 104A school bands competition. However, the Herd band did not finish in the top two and thus missed a trip to Austin for the state championships. The Area A winners were Monahans and Plainview. The Hereford band qualified for the area competition after scoring a First Division rating at the UIL Region 1 competition two weeks

City leaders don't dally over meeting

A record for brevity was set by the Hereford City Commission Monday

From the moment the invocation was given by City Attorney Terry Langehennig until Mayor Bob Josserand gaveled adjournment, seven minutes elapsed on the clock.

Shortest meeting previously is believed to have been a nine-minute

The four-item agenda began with approval of minutes of the Oct. 18

Commissioners decided they didn't need an executive meeting to discuss appointments to the planning and zoning commission and golf course advisory committee.

On a motion by Commissioner Roger Eades, seconded by Commissioner Dennis Hicks, Eugene Condarco was appointed to the P&Z post, filling a vacancy created by the recent resignation of Joe Soliz Jr. The vote was

unanimous. Hicks offered the motion to appoint Rhea Scott to the golf course advisory committee. After a second by Commissioner Wayne Winget, the vote

was unanimous for the appointment. After calling for comments from the public and there being none, Josserand adjourned the meeting at 7:39 p.m. A few minutes later an observer arrived but was informed the meeting had ended.

More room to care

that braved the freezing temperatures and stiff north winds to compete for area honors and a trip to the state marching band

ago in Borger.

Agency buys tacility in merelolu to provide food for needy in area

By GARRY WESNER **Managing Editor**

For the past eight years, any time a needy farm worker came to Romelia Fuentes for food to help them get to or from a job, she had to call Lubbock and wait for a shipment.

Now, all she has to do is drive around the corner from her job at the because of the difficulty in getting San Jose Community water office to a new warehouse purchased by Guadalupe Economic Services Corp.

Mrs. Fuentes has volunteered for GESC for eight years, distributing food to the needy. However, she had no warehouse space.

All that changed about a month ago, when GESC purchased the former Community Action Agency center, located on the road into the

Mrs. Fuentes said, has been abandoned since a store that operated there closed in 1990.

The need for a permanent GESC warehouse in Hereford arose, said Lupe Aguilera, a GESC caseworker who was in Hereford last week, clients to the Lubbock center from the 17 panhandle counties they serve.

"It's very hard for the migrant worker to go from here ... to Lubbock," she said, especially since many barely have gasoline to get them to or from their work.

"Instead of us bringing the items and giving them out right then due to a lack of storage, they can be stored," Aguilera said.

The new building is still mostly empty -- an old sofa and packing boxes that combine to support a board that serves as a serving table stand in the middle of the room and voices echo through the emptiness.

Near the door, a loaned freezer stands to provide a safe place to store perishables.

There is a large walk-in freezer farther back, Mrs. Fuentes said, but someone stole the compressor and it will have to be replaced before the freezer can be used.

The fullest room in the building is a small storeroom to one side, where canned soup fills shelves and cases of grapefruit juice sit by the door.

The addition of the Hereford GESC to serve more people than ever

through August, the Lubbock-based workers.

San Jose Community. The facility, non-profit GESC brings to Hereford "enough groceries for 200 families" each month, said Aguilera.

Another 150-200 families are

served each month the during time around Christmas. "Hopefully it'll be more this year," she said, because of the extra storage

Also at Christmastime, Mrs. Fuentes said, she and her fellow volunteers receive gift baskets from GESC which are distributed to the

needy of the area. These include a ham or turkey, plus all the fixings and a goody for the children, such as candy or

cookies. Mrs. Fuentes has been distributing food to needy residents and migrants since 1985, when she volunteered to operate the San Jose Catholic Church

food pantry. In 1987, GESC director Richard Lopez contacted her about distributing some food in Deaf Smith County and she agreed.

Soon thereafter, Mrs. Fuentes gave up the San Jose work and began

volunteering exclusively for GESC. When she is not working as a volunteer, she works for the Deaf Smith County Fresh Water Supply District, which serves as the San Jose

Community water office. Having Mrs. Fuentes on board with GESC is a great benefit to the agency, Aguilera said.

"She knows the needs of this warehouse will allow the non-profit community and the surrounding area," she said, adding that GESC and Mrs. Fuentes are "(working) for the During the summer months of June same goal," to help the migrant farm

As the GESC warehouse here becomes more established and permanent, both Mrs. Fuentes and Aguilera hope to expand the offerings to more closely match the services provided by the Lubbock office.

Aguilera said she hopes a local gas station will agree to accept GESC vouchers to provide fuel for traveling farm workers.

Eventually, she hopes the warehouse will be able to clothing items to give when needed.

Finally, there is the possibility arrangements can be worked out in Hereford as in Lubbock to provide assistance in paying utility bills when

Lopez, Aguilera said, has a very simple goal for the work here.

"His goal is to make this a really good benefit for the counties around Hereford," she said, adding that the work will have to "start with a seed and end with a harvest."

As the new warehouse works to establish itself here, Mrs. Fuentes said there are many needs.

A compressor is needed for the walkin freezer. Shelves are needed to provide a place to store food products that are donated.

Finally, cash donations to GESC and food donations are always appreciated.

Mrs. Fuentes said anyone in need of GESC services -- or who wants to make a donation to help the cause here - may call her during the day at the water office, 364-7220, or at home,

Jobless rate falls to 6.1 percent

Smith County sank to its lowest level of the year in September, according to figures released by the Texas **Employment Commission.**

The seasonal job swing brought the unemployment rate to 6.1 percent in the county, which was down from 6.8 percent recorded in August.

According to the figures, the civilian labor force for the county was 9,376 people for September, which was down from the 9,770 recorded in

August.

Of those people, 8,803 had jobs, leaving 573 individuals idle.

The unemployment rate in Deaf dropped each month of the year so far -- except June -- from a high of 12.4 percent in January.

Unemployment figures for each month this year, along with the' workforce size and jobless rate

January, 9,179 in the workforce, 1,135 out of work for an unemployment rate of 12,4 percent; February, 8,716 workforce, 942 idle, 10.8 percent; March, 8,670, 708, 8.2 percent; April, 8,542, 608, 7.1 percent; May, 8,766, 626, 7.1 percent; June, 9,375, 733, 7.8 percent; July, 9,985, 763, 7.6 percent; August, 9,770, 664, 6.8 percent; September,

9,376, 573, 6.1 percent.

The TEC announcement also included unemployment figures for counties surrounding Hereford. Shown are the same figures, workforce, number out of work,

unemployment rate.
-- Oldham County: 1,471 people, 39 out of work, 2.7 percent. -- Potter County, 48,796 people,

2,804 jobless, 5.7 percent. -- Randall County, 51,805 people 1,741 out of work, 3.4 perce Castro County, 4,733 people,

251 jobless, 5.3 percent. Parmer County, 7,563 people 22 jobless, 2.9 percent.

enable GESC to store large amounts of food that will be distributed by Mrs. Fuentes and her volunteers to needy residents and to migrant farmworkers traveling through the area who are in need.

Lupe Aguilera, right, a caseworker with Guadalupe Economic Services Corp. of Lubbock,

stands with Romelia Fuentes of the Deaf Smith County Fresh Water Supply District and

a GESC volunteer, in a building purchased recently by GESC to store food supplies to donate

to needy people. The building is located in the San Jose Community south of town and will

The unemployment rate

Local Roundup

Sunny, warmer on Wednesday

Hereford had a high of 63 Monday and a low of 38 this morning, according to KPAN. Tonight, becoming clear with a low in the mid 20s. Light wind, becoming southwest 5-10 mph by midnight. Wednesday, sunny and warmer with a high in the upper 60s. Southwest wind 15-25 mph and gusty.

Flu shots to be given

The Healthcare Alliance has 150 doses of flu vaccine available and will host a clinic on Wednesday in the Hereford Senior Center to immunize local residents. The clinic will be held from 10 a.m. to 2 p.m. There is no charge to Medicare patients, provided they bring their Medicare card. Those without a Medicare card must pay \$5 for the shot. A previous clinic was held by the Alliance last month at the Senior Center. Wednesday's session is open to anyone who feels they may need a flu shot.

News Digest

World/Nation

WASHINGTON - Sen. Bob Packwood, trying to fight off a subpoena for his diaries, portrayed himself as a victim of a Senate witch hunt. But freshman Sen. Patty Murray said the women that Packwood allegedly harassed "see themselves as the victims in this debate."

UNDATED - Left for dead politically three years ago, New Jersey Gov. Jim Florio sought to prove today that politicians can raise taxes and still get re-elected. Virginia is also picking a governor, and New York, Boston, Atlanta, Detroit and Miami are electing mayors.

WASHINGTON - The Clinton administration has opened a Pandora's box with its decision to let Wisconsin push some families off welfare after two years, an advocate for the poor says. But the state's Republican governor says the state is moving to end the cycle of long-term welfare dependency with its tough new experiment.

State

AUSTIN - Election officials have voiced concern about an apparent lack of interest in the 16 proposed constitutional amendments presented to Texas voters this November.

EL PASO - The state plans to appeal a federal judge's ruling ordering it to negotiate an agreement which will allow an Indian tribe to operate

WASHINGTON - Nestled inside the arcane language necessary to implement the North American Free Trade Agreement is a one-paragraph provision that would create a multimillion-dollar center in Texas. HUNTSVILLE - James Lynaugh, former executive director of the

Texas prison system, will soon be moving out of the prison-owned mansion he has been living in rent-free, officials say.

FORT WORTH - A leading manufacturer of model airplanes says it has uncovered a classified Air Force program to develop a next-generation spy plane, according to a published report.



Police Beat

Weekend Hereford Police arrested in the 600 block of North Lee Department activity reports contained the following arrests and incident

TUESDAY

-- Criminal mischief was reported in the amount of \$100 in the 100 block of Avenue H.

-- Domestic violence assault was reported in the 500 block of Avenue

-- Domestic disturbance was reported in the 400 block of Bradley. - Theft of a spare tire valued at \$75 was reported.

- Theft of items valued at \$595 was reported in the 400 block of Star. Criminal mischief by egg throwing in the amount of \$5 was

reported in the 300 block of Union. Criminal mischief to a vehicle

in the amount of \$200 was reported in the 700 block of Country Club. -- Theft of diesel fuel valued at

\$249 was reported in the 100 block of South 25 Mile Avenue. Suspicious persons were reported in the 100 block of North

Main. -- Burglary of a motor vehicle in the amount of \$260 was reported in

the 200 block of Avenue J. -- Officers issued eight citations.

-- There was one minor accident. -- The fire department was dispatched to a structure fire and a

MONDAY

Dumpster fire.

-- A 48-year-old male was arrested at East Park and Irving for DWI.

-- Criminal trespass was reported in the 100 block of Hereford Calle and in the 100 block of Ash.

-- Domestic disturbances were reported in the 600 block of Irving, the 200 block of North Douglas and the 1100 block of Grand. No charges were filed in any case.

-- Burglary of a motor vehicle was reported in the 100 block of Greenwood and in the 900 block of South Main.

- Officers issued 14 citations. -- There was one minor accident

with no injuries.

- The fire department was dispatched at 3:49 p.m. Sunday to a grass fire 10 miles west on the Harrison Highway. Firefighters also were dispatched at 7:29 p.m. Sunday to a fence fire at the north end of the 400 block of Western Street.

SUNDAY A 29-year-old female was arrested in the 100 block of Avenue

H for public intoxication.

- A 21-year-old female was

on traffic warrants for failure to dim headlights, failure to display drivers license and failure to appear.

-- A 23-year-old female was arrested for displaying fictitious license plates.

-- A prowler was reported in the 600 block of Avenue F.

-- Theft was reported in the 900 block of East Park, at Fourth and Park Avenue and at Moreman and U.S.

-- Theft of a license plate was reported in the 300 block of South

- Burglaries of a building was reported in the 100 block of Austin Road.

-- Unauthorized use of a motor vehicle was reported in the 200 block of North Main. The vehicle was

recovered on 16th Street. -- Burglary of a vehicle was reported in the 100 block of Avenue

-- Class C assault (domestic violence) was reported in the 200 block of Avenue H and in the 900 block of South Julian. No charges were filed in either incident.

-- Charges of aggravated assault were filed in the 100 block of Avenue

 Officers issued seven citations. -- There were no accidents or fire

Sheriff's Report

Weekend Deaf Smith County Sheriff's Department activities included the following arrests and incident reports:

-- A 49-year-old female was arrested on a warrant for aggravated

-- A 37-year-old female was arrested on a theft by check warrant. -- A 21-year-old male was arrested on a warrant for burglary of a motor

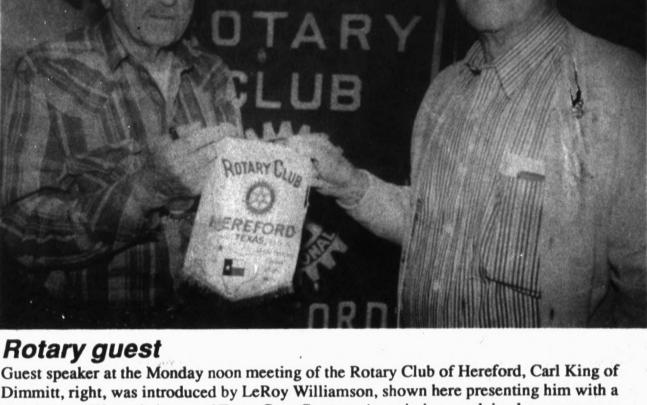
-- A 25-year-old female was arrested for criminal mischief.

- A 26-year-old female was arrested for theft over \$200.

-- Forgery was reported.
-- Criminal trespass was reported.
-- Criminal mischief was reported.

-- Two civil matters were reported. -- Theft over \$200 was reported, where items were taken from a tractor

west and south of Hereford.



club banner. King, chairman of Texas Corn Growers Association, explained some reasons why he believes the North American Free Trade Agreement should not be approved by Congress.

Airline customers must wait out possibility of attendants' strike

By DAN BLAKE **AP Business Writer**

Travel agencies have been fielding calls from travelers worried that a threatened flight attendant strike against American Airlines will disrupt their Thanksgiving plans, but agents say few want to switch airlines.

Many of the callers bought non-refundable tickets from the nation's largest carrier during last week's fare sale and can't rebook on other airlines without losing the money they've already paid.

"People of course are very nervous," said Francis Goranin of Vega International Travel in Chicago. "We have a lot of poeple going on American Airlines during the Thanksgiving holiday. We're doing our very best to tell people to wait a little while.

Travel agents in various parts of Monday said they doubt the strike threats have cost American much bookings decline. business. Airline executives say they

Professional Flight Attendants at continue operating as normal.

American don't plan to strike until Nov. 22 and that union and company could very well reach an agreement before then.

"It's strictly the unsophisticated traveler who's concerned at this stage of the game," said Jack Bloch owner of JB's World Travel. He said his clients won't start getting worried until closer to the strike deadline.

That deadline may come sooner than first thought. Flight attendant leaders said on Monday they will decide by early next week, after meeting with members, whether to move up the strike date.

"I think it's going to put the public that much more on notice that they have to avoid the airline," Rob Clayman, an APFA negotiator said on Monday of an earlier strike date.

Clayman said once the union's boycott efforts get more attention, the country reached by telephone begin at airports by the end of the week, travel agents will begin to see

Some travel agents are suggesting haven't seen any effect on reserva- that worried passengers make back-up reservations on another For now, many travel agents are airline. Others are telling clients that emphasizing that the Association of if there is a strike, American will

to replace striking workers, the company has said.

expect up to 20 percent, or 4,200 of the 21,000 members, would cross a strike picket line. Although that's a substantial number, Clayman said it would be a chaotic and useless effort crews from various cities qualified on different airplane types.

possibility of a sympathy strike.

since midnight Eastern time Friday, through informational pickets due to when a federal mediator's 30-day "cooling off" period ended.

American executives have said they're confident a strike can be avoided, but that they could continue flying if flight attendants walk. Unemployed flight attendants from other airlines that have cut back or gone out of business can be trained

for the airline to assemble flight

Also, the Allied Pilots Association is polling its members about the

The union has been able to strike

union broke off Saturday. American was then allowed to implement a new contract and adopted higher wages and other terms of its latest offer. But the airline didn't impose some provisions most opposed by the

Grand jury witnesses stay same in second go-around

AUSTIN (AP) - People who testified before a grand jury investigating U.S. Sen. Kay Bailey Hutchison's tenure as state treasurer will be subpoenaed again for a new grand jury, according to a prosecutor.

'We're re-subpoenaing all the people who testified before and the documents that were brought in just as a step to get it before this grand jury," Travis County First Assistant District Attorney Steve McCleery said Monday.

Mrs. Hutchison, 50, was indicted Sept. 27 on charges of official misconduct, tampering with government records and tampering with evidence. She is accused of having Treasury employees perform personal and political chores on state

The indictments were dismissed last week when her attorneys discovered that a grand juror with a pending theft charge was ineligible to serve on the panel.

Prosecutors say they have taken the investigation to another grand jury, which is currently meeting.

'They're hearing summaries of evidence that the prior grand jury heard," McCleery said.

"I think they've already heard enough evidence to take action if they wanted to, but this is kind of unusual, and so they certainly want to hear evidence," he said.

Mrs. Hutchison, a Republican, has Union leaders said Monday they denied any wrongdoing. She says the allegations are the result of a plot by Democrats to discredit her.

More than two dozen people had been subpoenaed to appear before the last grand jury.

McCleery said the current grand jury can consider everything the last one did, and more if it wants. He said no decision has been made

on whether to subpoena Mrs. Hutchison. She appeared before the last grand jury after being subpoe-Her defense team has said Mrs. Hutchison will not voluntarily appear

before this grand jury unless they can present her side of the case to the A judge is scheduled to rule later

this week whether her attorneys can discuss the case with the grand jury.

Shuttle ends two-week mission; astronauts must undergo tests

Calif. (AP) - Space shuttle Columbia ness. returned to Earth after two weeks in orbit but the mission was only half over for its crew.

the shuttle landed Monday morning.

The astronauts were even brought off the space shuttle on stretchers and

CLAUDE MARTIN

Oct. 30, 1993

brother of J.F. Martin of Hereford,

died Saturday in Lubbock.

Martin, died in 1987.

Claude Martin, 94, of Lubbock,

Graveside services were set for

:30 a.m. Tuesday in City of Lubbock

Mr. Martin, a native of Indian

Cemetery, by Rix Funeral Directors.

Territory, lived in Dallas before

moving to Lubbock in 1927. He was

a retired farmer and employee of the

City of Lubbock. His wife, Leoti

SAMUEL B. OGAN

Oct. 29, 1993

Amarillo, former pastor of the Frio Baptist Church, died Friday.

Tuesday in Bell Avenue of Schooler-

Gordon-Blackburn-Shaw with burial

Mr. Ogan taught school in Erath County and in Comanche County

before entering military duty during

World War II. He served in the 71st

Seabees Battalion and spent 26

months in the South Pacific. He

earned a master of religious education

degree from Southwestern Baptist Theological Seminary. Mr. Ogan

served churches in Borger, then in

Colorado at Salida, Denver and

in Memory Gardens Cemetery.

Samuel Burleson Ogan, 85, of

Services were set for 11 a.m.

Other survivors are a daughter, and

EDWARDS AIR FORCE BASE, in their bodies caused by weightless- tion's Johnson Space Center in

Those who had to perform post-landing procedures in the shuttle cabin wore pressure suits to prevent The seven astronauts faced another the return to gravity from changing two weeks of grueling medical their bodies, said Frank Sulzman, research tests that began shortly after program scientist for the life-sciences mission.

About seven hours after landing the astronauts were loaded on two transported to an examination facility aircraft for a flight to the National lying down to preserve the changes Aeronautics and Space Administra-

Arvada, before returning to Texas. He

retired at age 79. He married Mary

Oklahoma City, Okla.; a son, Samuel

JULIA LOPEZ MARTINEZ

Oct. 31, 1993

residents, died Sunday in Abilene.

Services will be held at 2 p.m.

Wednesday at Jerusalem Baptist

Mission in Stamford with burial in

Highland Memorial Cemetery, under

direction of Tankersley Funeral

Martinez Sr., of Stamford, seven

sons, including Joe Martinez and Crispen Martinez Jr., of Hereford;

grandchildren.

Survivors are her husband, Crispen

and nine grandchildren.

Obituaries

in Amarillo.

Houston.

The entire mission was devoted to medical research. NASA wants to know what causes side effects of space travel and how those maladies ailments include motion sickness, anemia, weakened muscles and bones, and lightheadedness upon rcturn to gravity.

After the intense two-week follow-up to experiments performed in space, some of the crew will be additionally tested for up to a total of Columbia's arrival was greeted by

35,000 spectators.

"Congratulations on a very successful life-sciences mission, Mission Control communicator Curtis Brown told commander John Blaha and his crew.

Lee Cornett in 1941. He was a awaited 42 rats that flew on Colum- Lottery, in this order: member of Paramount Baptist Church bia. A team of 100 scientists was on Survivors are his wife; two hand to quickly dissect most of them daughters, Anna Ruth Postle of after being unloaded from Columbia. Dallas and Debbie Pitman of Six rats were dissected in orbit. Columbia logged 5.8 million miles

Lee Ogan of Lubbock; three sisters and circled Earth 225 times after its Oct. 18 launch. Tom Utsman, NASA's shuttle

The family has requested that memorials be directed to the director, said Columbia sustained Paramount Baptist Church building some damage to its protective tiles and to a thermal shield in the engine

NASA's next shuttle flight, the monumental Hubble Space Telescope Julia Lopez Martinez, 66, of repair mission, is scheduled to begin Stamford, mother of three Hereford Dec. 1.

Hospital **Notes**

Manuel Aguirre, Aurelio Carrasco, Priscilla Casarez, Inf. Boy Cervantes, Maria Cervantes, Hilda Contreras, Santiago Flores, Willie Formby, Mike Guerrero, Doris Hargrove.

seven daughters, including Irene Martinez of Hereford, two brothers, a sister, 37 grandchildren, 13 great-Inf. Boy Loya, Marisela Loya, Harry Roberts, Inf. Girl Rose, Michelle grandchildren and one great-great-Jacqueli Rose.

-TEXAS-LOTTERY

AUSTIN, Texas (AP) - No one won the \$3 million Lotto Texas drawing on Saturday, which means the jackpot for Wednesday's drawing will rise to an estimated \$10 million.

The winning numbers in can be counteracted. Common Saturday's drawing were 1-6-8-10-12-23.

There were 344 tickets with five correct numbers, worth \$542 each. and 13,517 tickets with four correct numbers, worth \$49 each. An additional 184,161 tickets had three of five numbers right, worth \$3 each.



AUSTIN (AP) - Here are results of Lotto Texas Pick 3 winning A different kind of welcome numbers drawn Monday by the Texas

(three, five, three)

AUSTIN (AP) - Here are results of Lotto Texas Pick 3 winning numbers drawn Saturday by the Texas Lottery, in this order:

(seven, four, six)

THE HEREFORD BRAND

Christmas Day and New Year's Day by Th Brand, Inc., 313 N. Lee, Hereford, TX. 79045. postage paid at the post office in Hereford, POSTMASTER: Send address changes to Brand, P.O. Box 673, Hereford, TX. 79045.

1901, converted to a semi-weekly in 1948, to f weekly on July 4, 1976.

These facts may surprise the public

Did you know Plastic comes from nature? It is a by-product of petroleum. There are about 50 different varieties of plastic.

-In the U.S., plastics account for only three percent of our energy consumption? Plastic bottles gain popularity over heavier packaging because plastics require less energy to convert from raw material and their light weight saves fuel costs required to transport products.

-The history of plastic goes back more than 100 years? The first plastic, actually cellulose nitrate, was introduced as a replacement for ivory in billiard balls.

What distinguishes plastic from other materials is its seemingly endless ability to be molded, shaped, modified or diversified to meet society's demands? For food packaging, this may mean keeping moisture out, carbonation in, or withstanding high temperatures. Virtually all plastic bottles resist breakage, which means fewer losses during shipment and lower prices for consumers.

-The use of plastic bottles reduces waste? Americans have the best food delivery system in the world, waste less food than most other industrialized nations, and spend a smaller portion of their incomes at the grocery store.

Plan for healthy baby

Most people devote considerable time and effort to planning events and activities in their lives. But, often, when it comes to the matter of starting a family, couples assume that nature will just take its course.

Pregnancy signals one of the most important events in a couple's lives, so it only makes sense to start off on the road to parenthood by planning for the healthiest and safest pregnancy you can have.

A wise first step when you and your partner decide to have a baby is to visit your doctor for a preconception (or prepregnancy) visit. During this visit, your doctor will find out about your medical history, any past pregnancies, and your lifestyle. He or she also will look for any health conditions you have, such sa high blood pressure and diabetes, that may require special care during pregnancy.

The doctor also will find out if you or your partner have a family history of birth defects, and if so, may recommend genetic counseling. In addition, you'll want to make sure you are immune to certain diseases, such as rubella (German measles), that could be harmful to your unborn baby. If you are not immune, the doctor may suggest a vaccine which you should get at least three months before you become pregnant.

If you don't eat a well-balanced diet, this is a good time to start. Your body will need an adequate supply of nutrients to support the growing fetus. You should choose your meals from the four basic food groups - vegetables and fruit; breads and grains; milk or

cheese; and meat, fish, and poultry. Exercising regularly can reduce stress and improve muscle tone and circulation. If you are fit when you become pregnant, chances are you'll have a more comfortable pregnancy.

SOme habits - drinking alcohol, smoking, and using drugs - can be dangerous for your unborn baby. If you use these substances, now is the time to stop. Ask your doctor for advice on how to quit.

Your preconception visit is a time Look for easy assembly. "Putting for you to ask questions, too. Don't a unit together should not be difficult hesitate to discuss any concerns you may have. Your doctor is there to provide information and guidance.



Kiwanian leaders

Jerry Koenig, left, is the 1993-94 president of the Whiteface Kiwanis Club, a position he assumed at the group's annual installation banquet. He was installed by district Lt. Gov. Olin Norrid. Here, past president Jerry Warren presents Koenig with a plaque during the banquet honoring him as Kiwanian of the Year for the club.

Bow-making instructions given to La Madre Club

"How to Make A Bow" was the program presented by Mary Beth White when members of the La Madre Mia Study Club met Thursday with White serving as hostess and

Nicky Walser serving as co-hostess. Following the speaker's instruc-

tions, those present made bows. During the business meeting with President Francyne Bromlow presiding, members voted to make a donation to the Deaf Smith County

Roll call was answered with "What

The Nov. 18 meeting has been canceled and the next regularly scheduled meeting will be a sealed bid party Nov. Il at the Hereford State

Those present were Carolyn Baxter, Ruth Black, Francyne Manning, Glenda Marcum, Gladys

lawn winterization

want to be a-lawn," help it be a winner by winterizing.

"Fall is the time to think about storing your hose properly and getting your lawn cleaned up for winter," says Joanne Senko, director of marketing for Melnor Inc., a leading manufacturer of lawn and garden watering equipment. Look for easy-to-use equipment that manages your hose and handles all your hose-storage needs.

Hose reels, says Senko, provide neat, easy storage, which minimizes exposure to dramatic climate changes and lengthens hose life. Here's a variety of reel types:

Carts: wheeled units offer increased maneuverability for moving heavy hose around house and garden.

-Totes-compact units designed to "go anywhere." These provide quick, easy transport around the home, and are ideal for boats, campers and vacation homes.

-Wall-mounted units - attach to house and garage walls in minutes. Look for models with keyhole slots that allow the unit to be lifted easily

or time consuming," notes Senko. Melnor's complete line of sturdy HoseManager units, for example, snap





Margaret Schroeter, Owner Abstracts Title Insurance Escrow P.O. Box 73 242 E. 3rd Phone 364-6641 **Across from Courthouse**

Merritt, Lavon Nieman, Bettye Owen,

Bromlow, Merle Clark, Barbara given to the Deaf Smith County
Chapter of the American Red Cross
for its annual Christmas toys drive.

Lucy Rogers, Mysedia Smith,
Georgia Sparks, Betty Taylor,
Marline Watson, Nicky Walser, Mary
Beth White and Judy Williams

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A deep watering (about one inch) with an application of winterizer fertilizer should prepare your lawn for the dormant season ahead and ensure flourishing spring growth. Drain your hose completely before storing it to prevent frost damage in colder climates.

During the Civil War, the first Battle of Bull Run was fought at Manassas, Va., July 21, 1861. It resulted in a Confederate victory.

Hints from Heloise

Q. I enjoy your column and am sink and stove, where I spend a lot of amazed at what people can think up time, is a place where I can repeat to make a task, or whatever, so words to myself but can't handle

Being limited in my activities due come in handy there.

This is especially useful for a large some of these hands. Some of these books are 800-900 pages long, which makes them very heavy. I wonder if there is some way to divide a 900-page book in half and only have to hold half of it at a time until you're finished, then put it back together, making it look like one book again?

Do you have any suggestions? V. McKnight, Mooresville, N.C.

A. If you own the book, you can divide it if you wish, but rebinding it to make it look like one book again needs to be done by a professional book binder. That might cost more than you want to spend.

Check with your local library. They sometimes carry large-print books in two volumes, which would be less bulky and easier for you to manage. Thanks for this good question. -Heloise

FOREIGN LANGUAGE

Dear Heloise: Here's a hint I'm currently using to my advantage. I'm learning a foreign language and have labeled many household items with self-adhesive notes to remind me of the nouns. Above the

This is especially useful for a lan-guage where nouns have gender, and repetition (or repetitious exposure to the words) is a learning tool.

— E.G.B., Orange, Texas

CONTACT CASE Dear Heloise: Since I don't wear contact lenses anymore, whenever I travel for just one night, I use the contact case to hold my makeup base on one side and a dab of hair gel on the other.

This makes a great lightweight mini-container. - Cheryl Davis, Pasadena, Texas

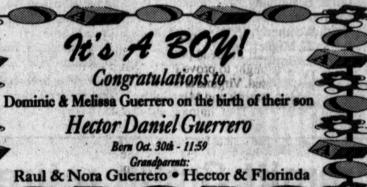
Send a money- or time-saving hint to Heloise, PO Box 795000, San Antonio TX 78279-5000 or fax it to 210-HELOISE. I can't answer your let-ter personally but will use the best hints received in my column.

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Sports

Herd cross country team takes 3rd at district meet

The Hereford girls' cross country team and, individually, Bethany Townsend just missed a trip to the Region I-4A meet.

The team finished third at Saturday's District 1-4A meet, held Saturday in Amarillo. Hereford had 63 points and trailed Randall, the winner with 30 points, and Borger, the runner-up with 46. The top two teams advance to regionals.

Townsend, a freshman, finished sixth with a time of 13 minutes and 41 seconds on the frozen two-mile Thompson Park course. Her time was 37 seconds off the winning pace set by Pampa's Marcy Leal. Townsend's finished seven seconds behind fifth-place Candi Vallez of Caprock. Only the top five individuals advance to regionals.

Hereford only had four boys run, and that's not enough for a team score. Hereford's junior varsity girls finished second with 30 points, trailing Borger's JV by only five points.

Hereford coach Martha Emerson took pride in the performance her young runners.

We really just got beat, but I'm proud of this group," Emerson said. "They have worked hard and competed well this season. Of the 17 (boys and girls) who ran in this meet, we had two seniors, three juniors, five sophomores and seven freshmen. The teams that won had a lot of experience." Here are the the Hereford runners, with place and time.

Girls: 6, Bethany Townsend, 13:41; 12, Jamie Harrison, 14:14; 17, Karon Harder, 14:45; 20, Rita Soto, 14:59; 21, Michelle Garza, 15:12; 26, Beth Weatherly, 15:36; and 32, Nora Herrera. 16:53.

Boys: 22, Miguel Carrillo, 19:43 (boys run three miles); 23, Josh Pena, 19:44; 30, Adolfo San Miguel, 20:24; and 36, Justin Criner, 21:53. Girls JV: 2, Kris Daniel, 15:34; 3, Vanessa Garcia, 15:38; 7, Beverly Celaya, 16:09; 11, Asa Barrefelt, 16:56; 14, Michelle Ochoa, 17:22; 15, Anna Witkowski, 17:25.

Emmitt Smith retires record-breaking shoes

good.

his touchdown.

games.'

Smith's 62-yard scoring run in the

"Emmitt just broke their back,"

said offensive guard Nate Newton.

"You can't stop him when he's

Smith said he didn't realize he was

"I said, 'Well, blow me down,"

having a club record day until

someone came up and told him after

Smith said. "I didn't feel like I had

don't want 30 carries every week,

happen," Smith said. "I still have a

chance and it (the rushing title) will

be in the back of my mind. But I'm

just going to concentrate on winning

Sanders was unhappy with his

advice," Smith smiled. "Barry, go

Smith said he had heard reports

"I've just got one piece of

having a day like he did Sunday."

fourth period put the Eagles away for

IRVING, Texas (AP) - Emmitt Smith retired his game shoes Monday to his own personal hall of fame.

'I'm going to put them in my card shop in Pensacola where I've got some footballs and jerseys," Smith said. "I'll put 'em in a case. I'll have engraved on the outside, 237 yards, sixth best day in the NFL, Dallas Cowboys record, all that good ol' jumbo stuff."

Smith was sore but still bubbling over his sensational Sunday where he rushed 30 times for a club record 237 yards in the Cowboys 23-10 victory over the Philadelphia Eagles.

Smith, who missed two games in that's for sure." a bitter contract dispute with owner Jerry Jones, was thought to have no Sanders is too far ahead to catch. chance for a third consecutive rushing

However, he moved to within 241 yards of Detroit's Barry Sanders. Whereas the Cowboys have used their two idle weeks, the Lions still have

one ahead. "I'm back in this thing guys," Smith said. "Barry has to sit out a game. I got to still have some more

big days, but it's not over." Smith said the NFL rushing title ahead and walk out." isn't as important as winning.

"Winning is still the main thing but it means something to me when you join the company of somebody like Jim Brown," Smith said. "I'm shooting for Super Bowls and the Hall of Fame some day and this doesn't hurt.'

Smith tied the 237 yards the 1961 Eagles surrendered to Cleveland's Brown as the most ever by the

Tony Dorsett's 206 yards rushing against Philadelphia in 1977 was the Cowboys previous club record.

"I'm still not 100 percent, but I'm getting there," Smith said. "There are still things I need to work on. I'm making some mistakes. But my hamstring isn't very sore any more.' The Eagles will attest to that.

Pokes' Norton injures bicep

IRVING, Texas (AP) - Middle linebacker Ken Norton suffered a torn right bicep muscle in Sunday's 23-10 victory over the Philadelphia Eagles but Dallas Cowboys coach Jimmy Johnson said the defensive signal caller would likely postpone surgery until the end of the season.

"It will have to fixed eventually but if it's corrected now he would miss the rest of the season," Johnson said Monday. "There is a knot in the bicep where the muscle was torn away. He could have some problem taking on blocks but should be able to perform as time goes on."

Johnson said Norton, who was moved to the middle three games ago, was still considering the option of

Should Norton not be able to play against the New York Giants on Sunday, the Cowboys will move four-year veteran Bobby Abrams into the middle. The Cowboys picked up the former Michigan star as a free

Netters' season ends at regionals

the Hereford tennis team when the Whitefaces lost to second-seeded Big Spring in the second round of the Region I-4A Tennis Tournament in

Big Spring won the team match 10-6. Hereford advanced to the second round by beating Arlington Heights 11-1 earlier on Friday. The best-out-of-18 team matches are halted as soon as one team wins 10 matches.

We got a lot farther than what most people in the district thought we would," coach Ed Coplen said. "To get second (in District 1-4A) and get down there and beat Arlington Heights, I thought was a great accomplishment.

Coplen praised the way the Herd battled the cold and wind.

"They really did play tough under the circumstances-as cold as it was, and the wind blowing like it was."

Wichita Falls won the tournament, beating Saginaw Boswell 14-4. Here are the results of both of Hereford's team matches, with the

Bonds named Player of Year

NEW YORK (AP) - Barry Bonds took the money and ran - and hit and fielded and scored.

Bonds, who proved his worth in the first season of a \$43.75 million, six-year contract with San Francisco, was honored for his outstanding scason Monday by being named The Associated Press Baseball Player of the Year.

He is the first player to win the award in consecutive seasons.

Bonds, who led the Giants to a 103-59 record, their most wins since 1962, received 73 votes from a nationwide balloting by sportswriters and broadcasters.

Chicago White Sox first baseman Frank Thomas was second with 17 votes, followed by Philadelphia Phillies outfielder Lenny Dykstra, who was third with six votes.

carried 30 times. But I do today. I Toronto Blue Jays first baseman John Olerud received three votes, Smith said he still feels like while Seattle Mariners outfielder Ken Griffey Jr. and Atlanta outfielder Ron "I'm never going to say it won't Gant got one vote each.

The AP began honoring one player in the majors in 1988. Previously, it

(See BONDS, Page 5)

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The fall season ended Friday for team of the winner of each match in parentheses. Some individual matches were not completed.

HEREFORD 11,

ARLINGTON HEIGHTS 1 Boys' singles: Pete Vargas (Hereford) def. Jake Hatcs, 6-2, 6-0; Tom Jarecki (H) def. Sean Cisco, 6-1, 6-3; and Tyler Merrick (H) def. Bill Symon, 6-2, 6-0. Boys doubles: Vargas/Jarecki (H) def.

Fulghan/Cisco, 6-2, 6-1; Chris Lyles/ Merrick (H) def. Hates/Courtade, 6-2, 6-0; and B.J. Lockmiller/Rob Reinauer (H) def. Symon/Euani, 6-2, 6-2. Girls' singles: Paige Robbins (H) def.

Emily Schutts, 6-2, 6-2; Gabriela Gamez (H) def. Sarah Hankamer, 6-2, 6-1; and Taylor Sublett (H) def. Betsy Jones, 6-1, Girls' doubles: Woodworth/Knorr

(Arlington Heights) def. Natalie McWhorter/Brooke Weishaar, 6-0, 5-7, 6-3; Bri Reinauer/Robbins (H) def. Schutts/Ochl, 6-2, 6-3; and Gamez/Sublett (H) def. Martin/Plauche, 6-3, 6-1.

BIG SPRING 10, HERD 6 BIG SPRING 10, HERD 6
Boys' singles: Greg Biddison (Big
Spring) def. Chris Lyles, 6-1, 6-2; Rob
Lee (BS) def. Pete Vargas, 6-2, 6-1; Paul
McKinney (BS) def. B.J. Lockmiller, 6-0,
6-1; Rob Reinauer (H) def. Colby
Wegman, 6-2, 6-4; Tom Jarecki (H) def.
Luciano Delgado, 6-0, 0-6, 7-5; and
Jeremy Miller (BS) def. Tyler Merrick,
4-6, 6-3, 6-2

Boys' doubles: Lee/Biddison (BS) def. Vargas/Jarecki, 6-3, 6-1; Delgado/ McKinney (BS) def. Lyles/Merrick, 6-2, 6-1; and Town/Wegman (BS) def. Lockmiller/Reinauer, 6-1, 6-2.

Girls' singles: Natalie McWhorter (H) def. Heidi McIntyre, 6-2, 6-0; Paige Robbins (H) def. Debbie Cowing, 6-0, 6-2; Angela Griffin (BS) def. Gabriela Gamez, 6-2, 6-4; and Amy Dominguez (BS) def. Taylor Sublett, 6-2, 6-1.

Girls' doubles: McWhorter/Brooke Weishaar (H) def. Dominguez/Stevenson, 6-4, 7-5; Robbins/Bri Reinauer (H) def. Villarreal/Griffin, 6-4, 6-3; and Porter/ McIntyre (BS) def. Gamez/Sublett, 4-6,

Spikers to play Lamesa tonight

The Hereford volleyball team will face Lamesa in bi-district action at 7:30 tonight in Lubbock.

Hereford brings a 23-6 record into the match, while Lamesa, the champion of District 2-4A, is 16-

They'll play at Lubbock's Monterey High School, at the intersection of 50th and Indiana. Admission is \$3 for adults and \$2 for students.

Dumas, the champion of District 1-4A, will also play in Lubbock today. The Demonettes take on Levelland at 7 at Lubbock High School.

High's hoop team falls

Black Power, a three-on-three basketball team featuring Hereford High School graduate Stacey High, advanced to the World Hoop-It-Up tournament over the weekend in Dallas but failed to duplicate last year's world championshhip.

The team won its first game in pool play but lost its next three, including a 16-10 loss to the eventual champion from Omaha, Neb.

Black Power's players are High, Vanessa Wells, Nikki Allen and Teresa Tinner.

Kalka wins football contest Melvin Kalka Jr. missed only three James Cano, Buddy Pickens and Joy

games and won this week's Hereford Brand Football Contest. He'll pick up \$25 in Hereford Bucks for his

No tiebreakers were needed this week. S.T. Loerwald missed four games to take second place and \$15 in Hereford Bucks, and Hanna Hill missed five to take third and \$10.

Three entrants missed six games:

Stagner.

Look for the 25 games in the ads on pages 6 and 7 of this edition of the Brand, fill out the official entry blank (no copies) and bring it by the Brand office at 313 N. Lee Street.

As always, anyone who gets all 25 games plus the tie-breaker right wins \$500 in Hereford Bucks.



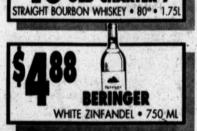












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Buffalo flays 'Skins, completes revenge trifecta

ORCHARD PARK, N.Y. (AP) -Beating their three Super Bowl conquerors only means something to Buffalo Bills guard John Davis "if they're going to give us a ring and a

Lombardi trophy."
Davis and the rest of the Bills got neither after completing a season sweep of their Super Bowl opponents with a 24-10 victory over the Washington Redskins Monday night.
Instead, they have to be satisfied

with the fact that while the Redskins have fallen on hard times since their 37-24 victory over Buffalo in the Super Bowl two seasons ago, the Bills haven't.

"I think one of the most important things that we look at is that even though we've lost three Super Bowls, we haven't had a downfall, we

quest for a fourth Super Bowl appearance by once again combining an opportunistic defense with a grind-it-out offense that Thomas said shows "power football" isn't limited to the NFC.

"Power football is saying, 'Come out and stop us," Thomas said. game, Thomas The battered Redskins, who running game. dropped to 1-6, couldn't.

For the second week in a row, the Bills moved the ball easily. They churned out 402 yards of offense - an average of 6.1 yards per play - on a 28 carries. field that was frozen slick.

As usual, Andre Reed was the

haven't had a decline," Thurman Reed had complained loudly about not getting the ball much earlier in the Bills (6-1) continued their season. The Bills apparently listened. The Redskins had no trouble

"It seemed like I was overdue, but you've got to be patient," said Reed who caught seven passes for 159 yards, including a 65-yard

What Reed did for the passing game, Thomas did for the Bills'

He ran inside and outside. He ran through big holes and small cracks. When it was over, he had the 33rd 100-yard rushing game of his career with 129 yards and a touchdown on

"We didn't try to run any trick plays because of the field conditions, centerpiece of the passing game. so all we tried to do was try to play

running against Buffalo, either. Reggie Brooks took advantage of excellent blocking from a banged-up offensive line by running 24 times for

117 yards and a touchdown. Anytime you run against a defense like that, you've got to feel good," Brooks said. "Their front seven is probably the best I've seen."

The back four isn't shabby, either. In fact, the Bills' four interceptions - three by defensive backs - took the Redskins out of a game in which they only trailed 14-10 at the half. The four picks finished four consecutive Washington drives.

The first, by J.D. Williams, came at the end of the first half as the Redskins were close to field goal

range. The second and third, both by Nate Odomes, came as Washington drove deep into Buffalo territory. The fourth, by linebacker Darryl Talley, ended any Redskin hope of victory.

Mark Rypien, whose passing tormented the Bills in the Super Bowl two years ago, accepted the blame for all four interceptions.

"I really feel like I let this team down today," he said. "It was a game where we had some chances and some opportunities and we needed somebody to make some

On Sunday, Don Shula became the NFL's winningest coach in Miami's 30-10 rout of Kansas City. He tied George Halas' career record of 324 victories.

Miami quarterback Scott Mitchell. subbing for the injured Dan Marino, threw for 344 yards and three touchdown passes. Kansas City's Joe Montana left the game in the second quarter after reaggravating a hamstring injury.

In rainy Philadelphia, Emmitt Smith rushed for 237 yards--tied for the sixth biggest output in NFL history--as the Dallas beat Philadelphia 23-10.

In other games Sunday, it was San Francisco 40, the Los Angeles Rams 17; Denver 28, Seattle 17; San Diego 30, the Los Angeles Raiders 23; New Orleans 20, Phoenix 17; the New York Jets 10, the New York Giants 6; Tampa Bay 31, Atlanta 24; Green Bay 17, Chicago 3; Indianapolis 9, New England 6; and Detroit 30, Minnesota 27.

Off this week were Houston, Pittsburgh, Cleveland and Cincinnati.

Montana's injuries disappoint KC

KANSAS CITY, Mo. (AP) -Weary of watching Joe Montana hobble painfully to the sidelines, Kansas City fans have resorted to gallows humor.

"What's the difference between Joe Montana and a dollar bill?" goes the line going around town. "You can get four quarters out of a dollar bill." Much to the disappointment of

everybody, the Chiefs have only been getting 50 cents. Since signing a three-year contract last spring, the 37-year-old quarterback legend has hurt his wrist

once, pulled his hamstring twice, and appeared in 14 of 28 periods. When healthy, he's the old Joe. Sharp. Quick. In command. The

Chiefs (5-2) are unbeaten in games where he's taken most of the snaps. But Monday, after re-injuring the left hamstring he first hurt on Oct. 3,

was dark. His availability for next Monday night's game against Green Bay - and

Montana was on crutches. His mood

beyond - is in doubt. Some speculate the Chiefs might bench Montana for a month or more in a desperate effort to get the nagging injury healed for good.

hamstring) progresses," coach Marty Schottenheimer said. "We certainly don't want it to be chronic. Then, he's less than 100 percent for the long

"We'll just have to take it and see could be a couple of weeks. This is basically a new injury, I believe, of the same muscle. It's the same muscle, but this one appears to be higher up."

All in all, Sunday's 30-10 loss at Miami was a miserable afternoon for the Chiefs and their quarterback, who started the day by passing two kidney

Good news on the injury front concerned running back Harvey Williams, who was very carefully removed on a stretcher a short while after Montana was hurt. It was initially feared that Williams had sustained neurological damage, but that the thing resolved itself very Schottenheimer said that apparently was not the case.

Williams spent Sunday night in the North Broward Medical Center in Pompano Beach, Fla.

"You just have to see how (the should be back in Kansas City." Schottenheimer said. "Everything seems to be pretty good. Apparently, he has a concussion. But I haven't gotten any specific information."

Montana hurt his wrist in the how it unfolds. It could be a week. It season opener and sat out the next week at Houston. He also missed the game against Cincinnati on Oct. 10 with the first hamstring injury. After resting the following week as the Chiefs took a bye, he started at San Diego and led the Chiefs on one of his patented fourth-quarter comebacks, the 27th of his career.

It's the first time the hamstring injury has been severe enough to put the 37-year-old Montana on crutches.

The hamstring turned out to be only the last of Montana's physical miseries on Sunday. Earlier that morning, he underwent emergency procedures for kidney stones.

"He was fortunate in the sense quickly," Schottenheimer said. "I got a call about 8 in the morning and they said he'd come through it just fine. He was back for breakfast and wasn't on any medication. He had a "Harvey has been released and full breakfast and was feeling fine."

BONDS

had an award for the top player in each league.

Bonds, a favorite to win the National League MVP award for the third time in four years, hit .336 with a league-leading 123 RBIs and 46 homers, tying Juan Gonzalez of Texas for the major-league lead. Yet the Giants fell a game short of Atlanta when they lost to the Los Angeles Dodgers 12-1 on the final day of the season.

"They just happened to play one game better than we did," Bonds

said. "I tip my hat to them. They're a great ball team. But they know I'm coming. Forever. And as long as they're in this league, and as long as God lets me play this game, they are favored to win the NL West. know I'm coming."

Last year, the voting was closer. Bonds, who hit .311 with 34 homers and 103 RBIs for the Pittsburgh Pirates, had 87 votes. Gary Sheffield, then with the San Diego Padres, was second with 67.

with the Giants, Bonds immediately transformed San Francisco into a contender. With Atlanta moving to the NL East next season, the Giants

"This team is going to be here, and the Atlanta team is going to be there," Bonds said. "Hopefully, they're going to do everything to keep this team together or make this even a stronger team. With the new divisions as well, it lets the other After signing his record contract teams do something. We'll be back.'

ITEMS NOT AVAILABLE IN

Yankees make play for Palmeiro

in pursuing Rangers' first baseman Rafael Palmeiro, according to a published report.

FORT WORTH, Texas (AP) - The at first base but would consider during parts of 1986 and 1987 when New York Yankees, who have a signing free agent Palmeiro as a left Gene Michael was his manager. history of offering lucrative contracts fielder, the Fort Worth Star-Telegram Michael is now the Yankees' general to free agents, have expressed interest reports in today's editions.

Palmeiro has been used exclusively at first base during his four years with the Rangers but The Yankees have Don Mattingly played left field for the Chicago Cubs

manager. willing to move back to the outfield, depending on what team was interested in him.

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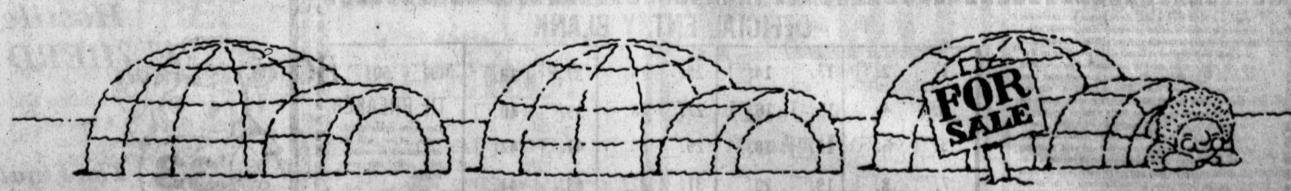
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ADDRESS

7. 19.

OFFICIAL ENTRY BLANK 14. 25. 26.

13. 38. 15. 16. 40. 27. 28. 39. 17. 29. 30. 41. 42. 44. 20. 43. 31. 32. 22. 45. 33. 34.

49. 50. TIE-BREAKER

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Services

Biography

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Space

Terra X Magical

Murder, She Wrote

relevisio

Tennis ATP Senior Tour Championship -- Final

Movie; Vera Cruz (1954) Gary Cooper. ***

Touch of Frost

Corazon Salvaje

Bugs & Daffy

Home Pro Hometime

Movie: The Accidental Tourist (1988) William Hurt. ***1/2

Partridge Get Smart Dragnet Newhart M.T. Moore M.T. Moore Van Dyke

Boxing Buddy McGirt vs. Nick Rupa

- 2 Disney Channel
- 3 Local Weather 4 KAMR (NBC), Amarillo
- 5 KACV (PBS), Amarillo 6 WTBS, Atlanta 7 KVII (ABC), Amarillo
- 8 VISN/ACTS
- 9 WGN, Chicago 10 KFDA (CBS), Amarillo
- 11 C-SPAN 12 C-SPAN II 13 KCIT (Fox), Amarillo
- 14 ESPN 15 CNN

19 Local Access

- 16 The Weather Channel 17 Family Channel 18 Showtime
- **20 HBO** 21 Cinemax 22 MTV 23 VH-1

24 Nashville Network

25 The Discovery Channel

26 A&E 27 Lifetime 28 HSE 29 TNT 30 Headline News

31 Nickelodeon

32 USA 33 Univision 34 CMT

TUESDAY

Bugs Bunny's All-Stars

Dos Mujeres, un Camino

Homebodies Hometime

Major Dad Wings

Bullwinkle

Unsolved Mysteries

In Search Of

43 La. Downs Fame

Looney

NOVEMBER 2

| | UESI | JAY | | | | | - | N | OVE | MBE | H2 | |
|---|---------------------------------|---|---|----------------|----------------------------|------------------------------------|----------------|--|-------------|---------------|----------------|-----|
| | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | Г |
| | Big, Friendly | Giant | | Mouseterp | Television an | d the Preside | ncy | | Movie: Gone | to Texas Sam | Elliott. **1/2 | 0 |
| | News Cops Saved-Bell Getting By | | | Getting By | Larroquette | Second Half | Dateline | | News | (:35) Tonight | Show | 0 |
| | MacNeil/Lehre | | Nova | | Frontline Perspective Arts | | | | Thinking | MacNeil/Lehr | er Newshour | 0 |
| | Andy Griffith | Andy Griffith B. Hillbillies (:05) Movie: Ben Hur (1959) Chariton Heston, Jack Hawkins. *** | | | | | | | | | Movie: East- | 0 |
| | | Wh. Fortune | Full House | Phenom | Roseanne | Coach | Renegade | | News | (:35) Cheers | Ent. Tonight | 0 |
| | Life Choices | Spirit | Joy-Music | Conscious Co | ouple:H. Hend | | In Touch | | Music | CapNews | VISN | 0 |
| | | Jeffersons | Movie: The To | wo Jakes (199 | 0) Jack Nicho | Night Court | Suspect | Court TV | 0 | | | |
| | | Married | Rescue 911 | | | | | | | Golden Girls | Late Show | 0 |
| | Roseanne | Murphy B. | Roc | Bakersfield | America's Mo | lost Wanted Star Trek: Next Gener. | | ext Gener. | In Color | In Color | M*A*S*H | 888 |
| _ | Sportsctr. | NHL Hockey | Boston Bruins | at Detroit Red | Wings | | | Sportsnight | | Sportscenter | | 0 |
| | Waltons | | Young Riders | | | ng Mysteries | 700 Club | | | | Bordertown | 0 |
| | Movie: | (:25) Movie: ' | fear of the Comet 'PG-13' Movie: Sins of Desire Tan | | | | | | | | | 03 |
| | Movie: *1/2 P | oltergeist III | Movie: The L | ast Outlaw Mi | ickey Rourke. | Movie: Story | ville James Sp | R' Movie: Three Days-Kill | | | 0 | |
| | | | | | | | | Movie: Tripwire Terence Knox. *1/2 'R' | | | 0 | |
| | Dance Line | Ctry News | American Mu | | Music City T | | | Club Dance | | | Music Shop | 69 |
| | Animals | Pet Con. | Terra X | Magical | Invention | Next Step | Great Rift | | Terra X | Magical | Invention | 0 |
| | | | | | | | | | | | | |

| W | /ED | NE | SI | AC | Y |
|---|-----|----|----|----|---|

NOVEMBER 3

| | | | | | | \$75. SH 23. | 76 (24.00) | NAME OF THE OWNERS OF THE OWNER. | | | | AUGUST STREET | THE RESIDENCE AND PARTY. | THE RESERVE OF THE PERSON NAMED IN | CONTRACTOR SHALL HAVE SAVE | MACH THE RESIDENCE | 0.00 |
|---------|-------------|------------------|-------------------|-----------------|-------------------|--|--|----------------------------------|------------------------------------|---------------------|-------------------|---------------|--------------------------|---|----------------------------|--------------------|-----------------|
| 1 | PM | 9:30 | 10 PM | 10:30 | 11 PM | | 12:30 | . 1 PM | 1:30 | 2 PM | 2:30 | 3 PM | 3:30 | 4 PM | 4:30 | 5 PM | 5:30 |
| ency | | | Movie: Gone | to Texas San | Elliott. **1/2 | 0 | Lion, Witch | and Wardrobe | Pony Tales | Quack | Care Bears | Umbrella | Wonderland | Kids Incorp. | Mickey | C. Brown | Mighty D. |
| Date | eline | , | News | (:35) Tonight | Show | 0 | Our Lives | Another Wo | | John & Leez | | Oprah Wintr | by . | Maury Povici | NEW YORK | Cur. Affair | NBC News |
| Per | spective | Arts | Thinking | MacNeil/Lehr | rer Newshour | 0 | Body Elec. | Nova | SALE WAS | Painting | Sesame Stre | | Reading | Sandiego | Sq. 1 TV | Newtons | Insights |
| vkins. | *** | | | | Movie: East- | 0 | Movie: Gues | s Who's Com | ing to Dinner | Tom & Jerry | 's Funhouse | Planet | Brady B. | | Saved-Bell | Head Clss. | Gro. Pains |
| Ren | negade . | | News | (:35) Cheers | Ent. Tonight | 0 | Rush L. | One Life to | | General Hos | pital | Sally Jessy | Raphael | Am.Journal | Family Feud | Jeopardy! | ABC News |
| in T | ouch | | Music | CapNews | VISN | 0 | Headlines | Worship | Point | Jewish Chro | nicles | Blood | Odds | Music | Music | Faith, Hope | Options |
| Keitel | **1/2 | News | Night Court | Suspect | Court TV | 0 | News . | Kojak | | Design. W. | Hallo Sp. | Yogi | Dawgs | Flintstones | Saved-Bell | Saved-Bell | Wavelengti |
| Kitty [| Dodds (19 | 993) | News | Golden Girls | Late Show | 10 | Bold-Beau | As the Worl | d Turns | Guiding Ligh | ıt | Design. W. | Family | Edition | Hard Copy | News | CBS News |
| Sta | r Trek: No | ext Gener. | In Color | In Color | M.Y.P.H | B | Hunter | Matlock | | People Ct. | Love Con. | Tom-Jerry | Tiny Toon | Animaniacs | Batman | Saved-Bell | Full House |
| | | Sportsnight | | Sportscenter | 150 | 0 | Rafting | Burbank Do | g Show | Th'breds | Auto Racing | Max Out | Dream Lg. | Challenge | Max Out | Inside PGA | Up Close |
| 700 | Club | | Bonanza | | Bordertown | 0 | Triv. Purs. | Split Sec. | Make Deal | Gadget | Babar | Heathcliff | Archie | Popeye | Popeye | Punky B. | Big Jake |
| ya Ro | oberts. | (:35) Movie: | Hugh Hefner: | Once Upon a | Time (1992) | Movie: The Hustler (1961) Paul Newman, Piper Laurie. ***/2 | | | | Movie: Three | Warriors Ran | dy Quaid. 'G' | (:45) Movie: | Ju Dou Gong L | i. 'PG-13' | | |
| yville | James Sp | pader. **1/2 'R' | | Movie: Three | Days-Kill | 20 | Movie: Prisoner of Honor Movie: Let it Ride Richard Dreyfuss. *1/2 Movie: Pink Cadillac Clir | | | | Cadillac Clint | Eastwood. ** | 'PG-13' | Movie: Funny | Farm 'PG' | | |
| kbelt | II: Fatal F | Force *1/2 'NR' | Movie: Tripw | rire Terence K | nox. ★1/2 'R' | 0 | (12:15) Mov | e: *** Action | in the North | | | | | _ | Double O Kid | Corey Haim. | Movie: Far |
| | | Club Dance | | Ctry News | Music Shop | 69 | Ctry News | Be a Star | On Stage | Cookin' | :10 Seconds | Club Dance | | VideoPM | Charles Land | | T HEREIN |
| Gre | eat Rift | , | Terra X | Magical | Invention | a | Home | Pet Con. | Great Chefs | Cuisine | Graham K. | Cholesterol | Easy | Homeworks | Home | Beyond 2000 | |
| | | | Evening at t | he Improv | Biography | @ | Rockford- | Movie: Dow | npayment on N | Aurder (1987) | **1/2 | Mrs. Columb | 0 | Police Story | | Rockford File | 8 |
| urist | (1988) Wil | lliam Hurt. *** | 1/2 | Unsolved My | ysteries | 0 | Shop-Drop | Anything | Ullman | Moonlighting | BEARING ST | Movie: The I | n Crowd (1988 | Donovan Le | itch. ** | Supermkt. | Shop-Drop |
| Da | nny Ford | C. Reedy | NBA Action | | Cycling | @ | Triathlon | _ | ollege Volleyba | The second second | The second second | Crosswalker | S. Goodwin | Drive | Yachting | J. Helduser | J. Peace |
| Mo | vie: Birdn | nan of Alcatra | z (1962) Burt L | Lancaster, Karl | Malden. ★★★ | 0 | Movie: Drun | (:15) Movie: | Guns of Diable | o (1964), Susa | n Oliver ** | Movie: A Th | under of Drum | s (1961) **1/2 | | Adventure | Bear Bunc |
| M. | T. Moore | M.T. Moore | Van Dyke | Lucy Show | Hitchcock | 0 | Littl' Bits | Dennis | Flipper | Underdog | Looney | Muppets | Crazy Kids | Hey Dude | Guts | You Do | Looney |
| Nick F | Rupa | | Wings | Wings | Odd Couple | | Sale | Joker's Wik | Tic Tac | Press Luck | Scrabble | Pyramid (| Pyramid | Major Dad | Facts-Life | Turtles | Turtles |
| Ser | nsacional | isimo | Notici.Uni. | Movie: Cabo | ni Queria | 0 | Lievatelo | La Traidora | 14 | Alcanzar un | a Estrella II | Cristina | 36 4 308 | Noticias y M | as | Cuna-Lobos | Notici.Uni. |
| Sci | ence | Science | Space | Furniture | Home Pro | 0 | Yan Cooks | Peasant | P. Franey | Madeleine | Great Inns | Homebodies | Hometime | Peasant | Yan Cooks | Cooking | Laurie |
| | | - | and a side of | Toon Heads | Atom Ant | 63 | Fant. Max | Down Wit' D | SEED COMPANY OF THE PARTY NAMED IN | Yogi Bear | S. Squirrel | Atom Ant | Super Adver | PERSONAL PROPERTY OF THE PERSON NAMED IN COLUMN 1 | NUMBER OF STREET | Galtar | Centurions |

WEDNESDAY

NOVEMBER 3

| | 7 AM | 7:30 | 8 AM | 8:30 | 9 AM | 9:30 | 10 AM | 10:30 | 11 AM | 11:30 | 12 PM |
|------------|---------------|----------------|---------------|-----------------|--|--------------------|-------------------|----------------|---------------------------|----------------|--------------|
| 2 | Fraggle | Pooh Corner | Umbrella | Dumbo | Tracks | Care Bears | Gummi B. | Lunch Box | Walt Disney | Presents | Lion, Witch |
| 0 | Today | | | | Jenny Jones | | Geraldo | | Caesars | Concentr. | Our Lives |
| 6 | Write | Write | Business | Business | Lamb Chop | Barney | Sesame Stre | et | Mr Rogers | Station | Destinos |
| 6 | Gilligan | Bewitched | Happy Days | 3's Co. | Little House | on the Prairie | (:05) Matlock | | (:05) Perry M | ason | Movie: |
| 0 | Good Mornin | g America | | | Donahue | | Regis & Kath | ie | Little House | on the Prairie | News |
| B | Worship | Views | Songs | Jay-Music | Old Time Go | spel Hour | Cope | | To Be Annou | nced | 1 in Spirit |
| 9 | Garfield | Bozo | | Flintstones | Joan Rivers | | Jane Whitney | | Geraldo | | News |
| 10 | (6:00) This M | lorning | Vicki! | | Ricki Lake | | Price Is Right | | Young and the Restless | | News |
| ß | Bonkers | Rangers | Melodies | Tale Spin | 700 Club | | Robert Tilton | | K. Copeland | Paid Prog. | Hunter |
| 0 | Sportsctr. | Sportsctr. | Jake | Bodyshape | Sportsctr. | Sportsctr. | Fitness Pros | Getting Fit | In Motion | Bodyshape | Latin Futbol |
| 0 | Babar | Rupert | Waltons | | 700 Club . Hea | | Health Club | Name-Tune | Make Deal | Pursuit | |
| (B) | Movie: Ju Do | u (1991) Gong | Li, Li Wei. | (:45) Movie: [| Quel at Diablo | James Garner | *** | Becomes Her | Hawn | | |
| @ | Tintin | Pinocchio | Entertainmen | t Report | Movie: Cool | World (1992) K | (im Basinger, (| Sports III. Sw | Movie: | | |
| a | Movie: 5 | (:45) Movie: L | onely in Ame | rica Ranjit Cho | owdry. *** Crazy About the Movies Movie: Fire, | | | | ce and Dynam | Movie: | |
| 20 | (Off Air) | | VideoMorning | | | | | | Crafts | Cookin' | :10 Seconds |
| 4 | Paid Prog. | Paid Prog. | Flowers | Nature | Home | Great Chefs | Cuisine | Graham K. | Cholesterol | Easy | Homeworks |
| 26 | In Search Of | | Movie: Berlin | Affair (1970) | Darren McGavin. ★★½ Police Sto | | | y O'Hara, U.S | | Treasury | Rockford |
| 0 | Workout | Gourmet | Your Baby | Baby Knows | Movie: Foreig | n Body (1986) | Victor Baneri | Gourmet | Born Lucky | Supermkt. | |
| 28 | NBA Action | Sportswriters | on TV | Bodies | Tennis ATP S | Senior Tour Ch | ampionship | Final | Cycling | | Fat Tire |
| 29 | Bugs Bunny | Colossal Carl | teen Club | Adventure | CHIPs | | Charlie's Ang | els | Movie: Drum Beat (1954) * | | ★ ½ |
| (D) | Flipper | Moccasin | Eureeka's Ca | stle | | | Elephant | Gnome | Cappelli | Brothers | Muppets |
| æ | Turtles | Ghostbust. | Ghostbust. | Scooby Doo | Turtles Facts-Life | | Quantum Leap | | Murder, She Wrote | | Talkabout |
| B | Nos.los G. | El Chavo | Chespirito | | Papa Solt. | Candido P. | Simplemente Maria | | Madres Egoistas | | Lievatelo |
| 6 | Magic Box | Kitty Cats | Bookmice | Join Int | Zoobilee | Iris the Prof. | Magic Box | Kitty Cats | Laurie | Cooking | Cooking |
| 60 | (5:00) Mornin | | | | Smurfs | Smurfs | Yogi's Race | Bedrock | Snorks | Snorks | Puppies |

WEDNESDAY

NOVEMBER 3

| 10. | 6 PM | 6:30 | 7 PM | 7:30 | 8 PM | 8:30 | 9 PM | 9:30 | 10 PM | 10:30 | 11 PM | |
|-----------|---------------|--------------------|------------------------------------|----------------------------------|--|--------------------------|--|----------------|-----------------------|-------------------------|----------------|--|
| 2 | Mickey Mous | | Movie: The | White Lions A | lichael York. | (:35) Movie: | Little Miss Ma | rker Walter M | atthau. 'PG' | Movie: Anne | Gables | |
| 0 | News | Cops | Unsolved M | lysteries | Now-Broke | Now-Brokaw Law & Order I | | News | (:35) Tonight | Show | | |
| 6 | MacNeil/Lehr | er Newshour | Sci. Frontie | rs | American Experience | | Earthkeepin | Earthkeeping | | MacNeil/Leh | rer Newshou | |
| 6 | Andy Griffith | B. Hillbillies | (:05) Movie: | Gone With th | e Wind (1939 |) Clark Gable, V | ivien Leigh. ** | *** | A Son A | | | |
| 0 | News | Wh. Fortune | Thea | Joe's Life | Home Imp | Grace | Moon Over I | Miami | News | (:35) Cheers | Ent. Tonigh | |
| 8 | Jesuit | Prism | Joy-Music | Stories | Portraits | | Worship | STATE OF | Homeland | CapNews | Common S | |
| 9 | Design. W. | Jeffersons | Movie: Coo | gan's Bluff (19 | 68) Clint Eas | twood. *** | News | 用的的内 线 | Night Court | Renegade | | |
| 10 | News | Married | Hearts Afire | Nanny | South of S | Sunset | 48 Hours | | News | Golden Girls | Late Show | |
| B | Roseanne | Murphy B. | Beverly Hill: | s, 90210 · | Melrose P | lace | Star Trek: N | ext Gener. | In Color | In Color | M.Y.S.H | |
| • | Sportsctr. | PBA Bowling | | | Boxing | | | | Speedweek | Sportsctr. | Fishing | |
| 0 | Waltons | The state of | Young Riders | | Father Dowling Mysteries | | 700 Club | | Bonanza | | Bordertown | |
| 18 | Movie: Ju | Movie | Movie: Deat | Movie: Death Becomes Her 'PG-13' | | | Movie: Delta Heat Anthony Edwards. 'R' | | | (:35) Movie: Deep Cover | | |
| 20 | (5:00) Movie: | Funny Farm | Movie: Cool | World (1992) | Kim Basinger, Gabriel Byrne. Crypt Tales | | Sanders | Dream On | Movie: Pet S | ematary Two | | |
| a | Movie: ** Fa | st Getaway | Movie: Law | s of Gravity Pe | ter Greene. **1/2 'R' Movie: Ga | | | Food Lodging | *** 'R' | Movie: Eyewitness | | |
| 29 | Dance Line | News | S. California | Spectacular | Music City | Music City Tonight | | Club Dance | | News | S. Californi | |
| 3 | Mutley | Pet Con. | Living Plane | et: Earth | Wings of t | the Red Star | Beyond 2000 Lin | | Living Plane | Living Planet: Earth | | |
| 26 | In Search Of | | Civil War Jo | ournal | American Justice | | Our Century | | Evening at the Improv | | Civil War | |
| 0 | Unsolved My | steries | L.A. Lew Movie: Too Good to Be Tru | | | | ue (1988) **½ Unsolve | | | steries | Mysteries | |
| 2B | Wk. in SWC | HS Extra | Women's C | ollege Volleyb | | | | | | | Preatest Games | |
| a | Bugs Bunny's | All-Stars | Movie: Char | to's Land (197 | 2) Charles Bi | ronson, Jack Pal | 100 | | Chino (1973) (| n. **½ | | |
| 0 | Looney | Bultwinkle | Partridge | Get Smart | Dragnet | Newhart | M.T. Moore | M.T. Moore | Van Dyke | Lucy Show | Hitchcock | |
| 0 | Major Dad | Wings | Murder, She | Wrote | Movie: The | e Gauntlet (1977 | Clint Eastwo | od. **½ | Wings | Wings | Odd Couple | |
| 0 | Dos Mujeres, | un Camino | Valentina | | Corazon S | alvaje | Noche de Comedia | | Notici.Uni. | Movie: Vivi. | Mujeres | |
| 33 | Homebodies | Hometime | Operation | | Universe | FX Masters | Universe Ch | ng. | Operation | | Universe | |
| 36 | Ban, Splits | Scooby Doo | Flintstones | Jetsons | Bugs & De | effy | PART PROPERTY | North State of | SECTION SECTION | Toon Heads | Atom Ant | |

Marvin

By Tom Armstrong











The Wizard of Id

By Brant Parker and Johnny Hart

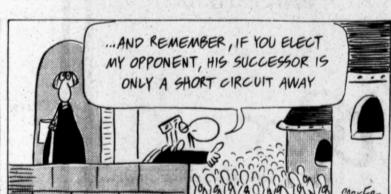




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BLONDIE

by Dean Young and Stan Drake















By Mort Walker

By Fred Lasswell













Barney Google and Snuffy Smith





Ann Landers

parents hated each other, but they stayed in a terrible marriage because they are Catholic. I wished every day of my childhood that they would get a divorce so we could have some

They fought about anything and

DEAR ANN LANDERS: My everything, and then they'd take it out on us kids. They never hit each other, but they beat the daylights out of us. I have scars from broken bones that were not properly set. My appendix ruptured because I was too scared to mention the pain.

Today, my parents are still together-

Travel highway to health

healthier life including such elements as travel and fun. It is possible to literally "travel" your way to good health on an escorted tour, according to William J. Evans, Ph.D., Chief of **Tufts Human Physiology Laboratory** at the University's Nutrition Research Center on Aging and the National Tour Association (NTA), North America's premier escorted travel organization. "Much of what we call aging is nothing more than the accumulation of a lifetime of inactivity and poor nutrition," says Dr. Evans.

Exercise can be fun if you let an escorted tour be your exercise coach, according to Dr. Evans. "Incorporating good health habits into your travel itinerary and making them a permanent part of a daily routine at home, may provide distinct benefits. These include lower blood pressure, decreased cholesterol, reduced arthritis pain and

stiffness." NTA, along with Dr. Evans and his team of scientists, recently joined forces to explore how mature travelers can enjoy the fun of group touring while at the same time achieve their Minimum Daily Requirements (MDRs) for good health. They

Imagine a prescription for a simple, easy way to meet the requirements needed for a healthy

lifestyle. Based on research by Evans and other experts, recognized as leaders in the areas of nutrition and aging, those requirements are:

Education (varying degrees) Aerobic exercise (30 minutes) 3-5 days per week

Relaxation (10-15 minutes) Nutrition (fruit, vegetables, grain, calcium)

Stretching (5-10 minutes) 3-5 days per week

Travels EARNS you progress toward a new healthy lifestyle.

Through travel, each of these requirements can be matched - if not exceeded- on a daily basis. According to Dr. Evans, the activity of an escorted tour does more than exercise your body, it also exercises your mind with the challenge of new places, new sights and new companions.

According to NTA President Dottie Maitland, there has been a trend toward seniors taking active tours. "Seniors are looking for challenging

-55 years of making each other house for school too mad to kiss you miserable. I'd like to tell parents everywhere--don't stay with a mate you despise for religious reasons or because splitting up would be hard on you financially. Your children would rather be poor and loved .-- Orlando

DEAR ORLANDO: I have received several other letters from children whose parents made home a war zone, and they offered the same advice. (Incidentally, divorce is NOT prohibited by the Catholic Faith. It's re-marriage that is forbidden unless there is an annulment).

The next letter will give mothers everywhere a lift:

DEAR ANN LANDERS: I have been reading your advice since I was a teenager. It made some of my problems seem smaller.

I'm sending you a copy of a letter I just received from one of my four children. All are grown with families of their own. This letter arrived on an ordinary day. It isn't my birthday, Christmas or Mother's Day. Just an ordinary day that turned very special. just want to let the whole world know that sometimes mothers do get their rewards. Today, I got mine .-- Feeling Wonderful in West Linn, Ore.

DEAR WONDERFUL: The letter is one that millions of mothers will appreciate. Here it is--with pleasure:

DEAR MOM: Now that I am a parent of sometimes ungrateful children, I realize I owe you a few apologies.

I'm sorry for every time I said, "I

I'm sorry for all the times I left the

I'm sorry for not being brave enough to kiss you in front of my school, instead of down the street, especially when you were nice enough to give me a ride.

I'm sorry for all the things I must have done to hurt your feelings. Thank you for letting our house be

the place where all the neighbor kids were welcome.

home a pleasant place to be.

Thank you for all the years you put in to help us grow up to be honest and decent. The list goes on and on.

meals, doing our laundry, and making

I love you, Mom .-- Terri (West I guess what I'm trying to say is Linn, Ore).

DEAR TERRI: How lovely. I hope your children will write a similar letter to you one of these days. And perhaps other grown children who read this and

Thank you for fixing so many good

regret not expressing appreciation for their parents will follow your lead.

An alcohol problem? How can you help yourself for someone you love?
"Alcoholism" How to Recognize It, How to Deal With It, How to Conquer It" will give you the answers. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Alcohol, c/o Ann Landers, P.O. BOx 11562, Chicago, III. 60611-0562.



and exciting tours that let them concluded that taking group tours is a participate physically and mentally. Henefond MARIA GE **Insured Certificates of Deposit**

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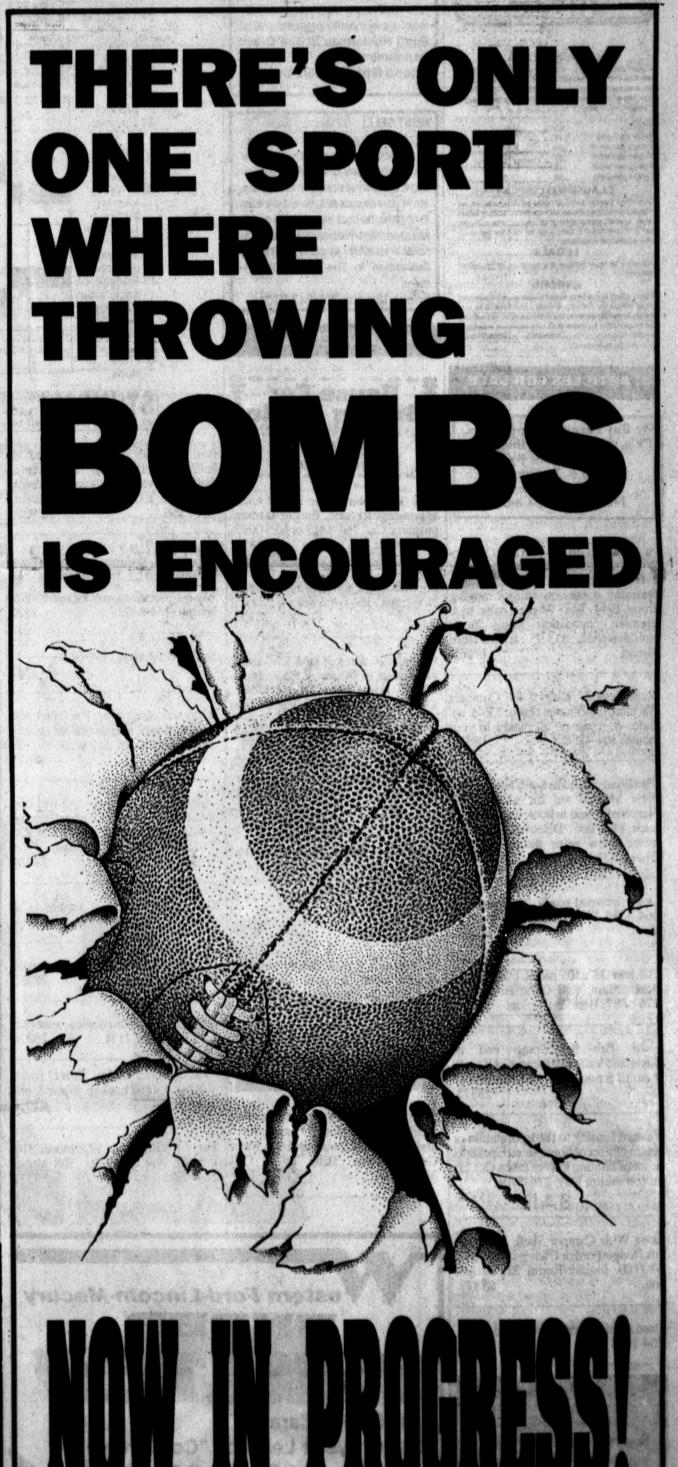
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SKILLS, GRET PUBLIC WELL

AND HAVE KNOWLEDGE OF

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P.M. BEGINNING 11/01/93. DEADLINE FOR SUBMITTING

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11/05/93 AT 4:30 P.M.

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POSITION.

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> You Want It. You Got It! CLASSIFIEDS

364-2030 Fax: 364-8364. 313 N. Lee

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ERRORS Every effort is made to avoid errors in word ads and legal notice. Advertisers should call attention to any

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1. ARTICLES FOR SALE

We Buy Furniture, Appliances, 's, and almost anything else. Call or Come By Trash & Treasures Second Hand Store 143 N. Main-364-8022

A Great Gift!!! Texas Country Reporter Cookbook -- the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. \$13.95 at Hereford Brand.

Repossessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288.

The Roads of Texas and The Roads of New Mexico are for sale at The Hereford Brand in book form. \$12.95 each, plus tax. Discover roads you never knew were there. Hereford Brand, 313 N. Lee.

Oak firewood-ready to burn-Call 364-8736, \$160/cord, \$10 delivery in

For rent 38'x50' metal building on South Main. Call Gene Brownlow, 276-5887, Hereford, Texas. 25342

Used Tire Sale..South end of Sugarland Mall. \$10.00 each. All sizes. 9 am til 5 pm, Mon. lst - Sat. 6th.

Reward leading to the information or return of a set of home stereo speakers & set of hunting knives taken Oct.22, Homecoming Day. 276-5704.

25376

Long-Wide Camper Shell, real nice, fits Dodge-Ford or Chevy-up to 1987, \$100.00. Inquire-Room 22, Budget Inn. 25379

Used Refrigerator, 10 years old, \$125.

A Alignment Shop

VEHICLES FOR SALE

MUFFLER SHOP CROFFORD AUTOMOTIVE

79 Dodge Conversion Maxi Van, \$2995.00 Gene Brownlow, 276-5887

1979 Oldsmobile 98 2-door, \$650.00. 276-5724.

1988 GMC Pickup Short w/b, 364-4017

MUST SELL! '92 Chevrolet Astro, extended van, 7-passenger seating, am/fm stereo cassette, tilt steering wheel, cruise control, power door locks, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments. Call Doug Hulderman in The Credit Department, Friona Motors 806/247-2701.

MUST SELL! '93 Mercury Sable GS, 4-door sedan, automatic Transmission, air conditioning, power windows, power door locks, power drivers seat, dual air bags, tilt steering wheel, cruise control. am/fm stereo cassette, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments, Call Doug Hulderman in The Credit Depart-

4. REAL ESTATE

Friona Motors, 806/247-2701.

House For Sale or Trade 3 bdrm., 1 1/2 bath

364-8695 Leave message

Nice 3 bedroom home with 2 rental apartments for sale. Excellent rental property. Call 364-1817 or 655-0092 \$35,000.00.

For Sale. 3-2-2 non-qualifying loan in N.W. area. 364-6765 after 5 p.m.

For sale: 10 acres of land 1 1/2 miles Northwest of Westway Community. \$2,000 down \$141.22 per month. Contact J.L. Marcum at 364-0990 or residence 364-4125.

By owner, 1,650 sq. ft. 3 bd., 1 3/4 baths, new carpet, paint & tile, utility room & study. NW area. 364-8440.

Nice two bedroom, one bath attached garage, \$10,000. Cash quick possession. Good for starter home or retired couple. Refrigerator, range & washer provided. 364-3769 or 25382 364-0153

3 bedroom 2 bath with fireplace, fenced front & back yard. Just \$29,500. Call Realtor 364-0153 or 364-3769

5. HOMES FOR RENT

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661.

1987 Dodge Caravan

1990 Ford Tempo

1974 Ford Mustang

1988 Chrysler LeBaron "Convertible"

1985 Chevrolet Pickup C-20

Two - 1986 Lincoln Town Cars

550 N. 25 Mile Ave. • 364-3673

1989 Ford F-150 XLT 4X4 Pickup

CROSSWORD by THOMAS JOSEPH

1 Treaty

4 Greek

vowel

house

8 Comic

Wilson

- (act

2 Orchestra

member

3 Turner of

ACROSS 1 Propels a gondola 6 Mistake

11 Let up under the weather

13 Late night 15 Pekoe or 6 Features of oolong

17 Sch. org. 18 Methods 20 Storybook elephant 23 Outpouring

slowly) 27 The gamut 10 Writer 28 Start the Ferber bidding 14 Archaic 29 Spells 19 Enterprise science

32 Flint product 34 Stephen of "The Crying Game 37 Go awry

38 "Playboy founder. for short 41 Late night host

44 Left, right or center 45 Rudolph of track fame 46 Cowboys and Indians

47 Front

SA PLY LEI ENATE SELL COCOANUTS TENON 5 Graduation participant Saturday's Answer Hawthorne's officer 35 Historic 20 Scrooge 7 Broadcast canal 21 Had 36 Drifting 38 Angel dinner 9 Drag one's 22 Spar 39 Sailor's 24 Skilled 25 Golf need 26 Terminus 40 Wing 30 Uses up feature 31 Pointers 42 Shade 18 Labyrinths 33 "Exodus" 43 Box office hero 34 Finn's success

STUMPED? For answers to today's crossword, call 1-900-454-7377!99¢ per minute, touchtone / rotary phones. (18+ only.) A King Features service, NYC.

Best deal in town, furnished 1 bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566.

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-6110.

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332.

Paloma Lane apartment, 2 bedroom available, central air/heat, range furnished, water paid. 364-1255 9-5:30. M-F. \$170 Security Deposit

For rent houses and trailers. Call 364-6145 talk to Dee.

364-4370. For rent 2 bedroom duplex, water bill

2 bedroom, stove, fridge, water paid,

paid. Call 364-2131.

One bedroom triplex. Stove, fridge, washer & dryer hookup. Water & bills paid. 364-4370.

For rent: 3 Bd. 1 bath, \$225 month. \$100 deposit. Pay own bills. 508 Mabel. 364-8805.

Nov. 1st thru

estern Ford-Lincoln-Mecury

For rent 2 bedroom, 1 bath, w/d hookup, garage, storage building, fence, unfurnished, \$225 + deposit. 364-4908. 608 Blevins

\$325, two bedroom furnished apartment plus cable, \$100 deposit, new carpet, pay on bills. 364-8823.

7. BUSINESS **OPPORTUNITIES**

Sell your products, using co-op national direct mail, easily and inexpensively--Free Info: BDA, Rt. 2, Box 1102, Adkins, Tx. 78101

8. HELP WANTED

Earn extra income with an **Avalanche Journal Newspaper** route. Two hours work each morninig, \$100 profit per week. Cash Bond required. Call 1-800-692-4021, ext. 163.

OLAN MILLS HAS SEVERAL IMMEDIATE OPENINGS FOR TELEPHONE SALES PEOPLE. NO EXPERIENCE NECES SARY, WE TRAIN. MORNING AND EVENING SHIFTS AVAILABLE. ALSO NEED SOMEONE FOR LIGHT **DELIVERY WORK. PROVIDE** OWN RELIABLE TRANSPOR-TATION. APPLY TO DIANN WOODS-RED CARPET INN-HEREFORD, TEXAS START-ING MONDAY Nov. 1st-5-9pm & TUESDAY THRU FRIDAY 9am-1pm & 5-9pm. E.O.E. M/F ***MANAGEMENT OPPORTU-NITIES AVAILABLE FOR THOSE FREE TO TRAVEL***

11/05/93 A LAS 4:30 P.M. **EMPLEADOR DE OPORTUNI-**DAD IGUAL

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PERSONALITY WHEN TALKING TO PEOPLE ON THE PHONE AND WANT TO EARN \$\$BIG BUCKS\$\$ FOR YOUR GIFT OF GAB, CALL MR. CASH OR MR. GREEN AT 364-3250 STARTING TUESDAY NOV. 2 THRU FRIDAY NOV 5-

9am-1pm & 5-9PM EOE

Newly created position in professional office. Bookkeeping, payroll reporting and computer experience necessary. Flexible hours. Excellent opportunity for the right person. Please send resume and reference to P.O. Box 25206

Position For RN & LVN. Good benefit package. Competitive salary. Kings Manor Methodist Home, 400 Ranger Drive, Hereford, EOE.

Join our team of professionals radio sales executives at KIXZ/K-MML. If you are self motivated, neat and professional in appearance and enjoy working with people this could be the opportu-nity you've been looking for. Sales experience preferred but not required. Send resume to P.O. Box 10940 or call 355-9777 for interview. EOE.

Golden Plains Care Center is in need! of a part time LVN. Pleasant working conditions. Competitive hourly rate. Ask for Shawna-364-3815. 25281

Mechanic wanted. Must have some knowledge reefer and truck repair. Call 295-3761. Ask for Jerry Carlton.

National Publishing firm needs people: to label postcards from home. \$800/wk. Set your own hours Call 1-900-740-7377 (\$1.49/min/18 yrs+) or Write: PAASE-480N, 161 S. Lincolnway, N. Aurora II. 60542.

Saturday RN needed at Hereford Care Center. LVNs, Med-Aides & CNAs. Call 364-7113 or come by 231 Kingwood.

Shag driver wanted. Must have semitruck trailer experience. Apply at Excel-Friona or call 295-3761. Ask for Jerry.

Texas Migrant Council is now accepting applications for Bus driver and Custodian. Call 364-5972 or come by 215 Norton St. 25362.

9-Child Care

Day Care. Registered family home. Openings for infants & toddlers. References furnished. 364-6754. Debbie Bass.



MANOR **METHODIST** CHILD CARE

*State Licensed *Qualified Staff

Monday-Friday 6:00 am - 6:00 pm Drop-ins Welcome with

MARILYN BELL / DIRECTOR



Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!

10. ANNOUNCEMENTS

Problem Pregnancy Center Center, 505 E. Park. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle)

11. BUSINESS SERVICE

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578.

Illmon today at 364-2030 and get a classified to work for you.

Classifieds

HOME MAINTENANCE Repairs, Carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing. For free estimates call TIM RILEY-364-6761

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Authorized Sales & Repair, Kirby, Royal, Sharp and most other makes. Terms available. 25 years repair experience.

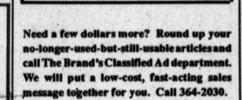
Bob Bridwell 609 E. Park Ave. Suite D-364-9411

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120; Nights Call 289-5500.

James (J.J.) Jones, custom cabinet & trim. Desks-china hutches-entertainement centers, All types re-modeling & additions,, free estimates. 276-5784, Summerfield. 25337

The Roads of Texas and The Roads of New Mexico are for sale at The Hereford Brand in book form. \$12.95 each, plus tax. Discover roads you never knew were there. Hereford Brand, 313 N. Lee. 24757



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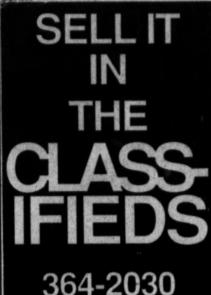
and see the great results you get!

LEGAL NOTICES

REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION

Sealed proposals for 1.164 miles of gr., st., sew., flex. bs, c&g, 1-cst, acp, replace br. on FM 1541 from 0.3 mi. S. of AT&SF RR to S of 48th Ave. in Amarillo and FM 1541 overpass @ AT&SF RR covered by STP 90(26)UM and BR 90(27) in Randall County, will be received at the Texas Department of Transportation, Austin, until 1:00 P.M., November 17, 1993, and then publicly opened and read.

This contract is subject to all appropriate Federal laws, including Title VI of the Civil Rights Act of 1964. The Texas Department of Transportation hereby notifies all bidders that it will insure that bidders will not be discriminated against on the ground of race, color, sex or national origin, in having full opportunity to submit bids in response to this invitation, and in consideration for an award. Plans and specifications, including minimum wage rates as provided by Law, are available for inspection at the office of Donald D. Day, Area Engineer, Canyon, Texas, and at the Texas Department of Transportation, Austin, Texas. Bidding proposals are to be requested from the Division of Construction and Contract Administration, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.



State | Capital

By Lyndell Williams and Ed Starling

AUSTIN---Gov. Ann Richards said her trek to Washington last week to recoup Texas' investment in the now-defunct superconducting super collider was successful.

TEXAS PRESS ASSOCIATION

Although a specific dollar amount was not discussed, Richards said Energy Secretary Hazel O'Leary "clearly understood that the obligation was there" and

AXYDLBAAXR

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

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satisfy it. Included are bond indebtedness, highway construction and miscellaneous expenses.

During a later meeting with President Clinton at the White House, however, the governor did not receive so clear a pledge. "We talked about the needs of

Texas...He understood exactly what I meant," Richards said, adding that the president indicated "he would do his very best for us."

Although the state has allocated about \$400 million to the collider to date, Richards did not specify exact amounts Texas expected to receive.

O'Leary is expected to fly to Dallas on Nov. 11 to examine the collider site and assess the Depart-

ment of Energy's options. **Judge Tosses Indictments**

State District Judge Mike Lynch last week threw out charges against U.S. Sen. Kay Bailey Hutchison because hers were among hundreds of tainted indictments by a Travis County grand jury.

The indictments were nullified after it was discovered that a member of the grand jury had been charged with writing bad checks. Texas law forbids citizens charged with a felony to serve on a jury panel.

Prosecutors from the Travis County District Attorney's office have moved forward, outlining allegations before a second grand jury. The development casts doubt as to whether the case would be tried before the year's end.

Hutchison's defense lawyers had sought a Nov. 29 trial date. The candidate filing deadline for the Senate seat is Jan. 3. The defense has voiced concern that delaying the trial would damage the senator's re-election bid.

Hutchison and two of her former treasury department employees were indicted in September. Charges against Hutchison include

during their meeting pledged to misusing state equipment and personnel and destroying computer files to hide evidence of wrongdoing during her tenure as state treasurer. She resigned from the office in June after winning a special election to the U.S. Senate.

Mattox Files for Senate Former Texas Attorney General Jim Mattox last week filed as a candidate for the U.S. Senate, seeking the Democratic Party's nomination for the seat held by Sen. Hutchison.

Dallas businessman Richard Fisher, a Perot-styled Democrat, filed earlier.

Known for his feisty campaign style, Mattox said he would be tough on crime and would focus on health care.

Still considering a run for Hutchison's Senate seat are Demo-cratic U.S. Reps. John Bryant of Dallas, Jim Chapman of Sulphur Springs and Mike Andrews of

In other developments, Dallas oilman T. Boone Pickens Jr., the last major potential contender to challenge George W. Bush in the GOP primary, said he would not enter the race for governor.

A recent Texas Poll revealed that Bush would be a strong chal-lenger to incumbent Gov. Richards.

State Jobless Rate Drops Texas' unemployment rate dropped from 6.7 percent in August to 6.5 percent in September, the Texas Employment Commission reported last week.

Bryan-College Station had the lowest jobless rate at 3.3 percent, while Austin was second lowest with an unemployment rate of 4,2 percent. At 15.2 percent, the McAllen-Edinburg-Mission area in the Rio Grande Valley had the highest jobless rate.

West Texas Diesel Expensive A survey by the Texas Railroad Commission shows that truckers who drive through West Texas pay as much as 20 cents more per gallon for diesel fuel than in the rest

The survey shows higher diesel prices are prevalent west of a line from Wichita Falls through Abilene and south to the Mexican

"We don't know the reason for higher diesel costs in West Texas," said a spokesman for the Texas Motor Transportation Association. "But we do know what the effect could be: higher transportation costs for shippers and receivers in the region.

Other Highlights

· Former Gov. Bill Clements is urging Republicans to support Dallas businessman Charles Matthews in a race for the Texas Railroad Commission, Matthews, 54, said he plans to announce his bid to unseat incumbent Democratic Commissioner Jim Nugent.

· Former Texas Gov. Dolph Briscoe Jr. has donated his papers to the Center for American History at the University of Texas. Briscoe served as governor from 1973 to

 The Texas Supreme Court has ruled that a family member injured in an auto accident caused by another family member may collect damages from the person at fault.

OCCOQUAN, Va. (AP) - The Rev. Jesse Jackson, who rarely performs weddings, made an exception for the son of a longtime friend, actor Tony Franciosa.

Jackson married Christopher Franciosa, 25, to Michele Colvin, 23, in a ceremony Saturday for about 50 family and friends at Ebenezer Baptist Church,

The actor said he met Jackson in 1968 when they were involved in the civil rights movement.

"We were kind of inseparable for a long time," the elder Franciosa said. "It was outstanding rapport." Jackson said he welcomed the

opportunity to marry the couple because he has remained close to the family and watched Christopher grow

"It's been a family affair for a long time," Jackson said.

The elder Franciosa is probably best known for the former TV series
"Name of the Game," in which he
played a magazine editor.

LOS ANGELES (AP) - Cinematographer Conrad Hall, who won an Oscar for his work on "Butch Cassidy and the Sundance Kid," will receive the 1994 Lifetime Achievement Award from the American Society of Cinematographers

Hall will be given the award at a Feb. 27 banquet at the Beverly Hilton

"Connie is clearly in the prime of his career," said Victor Kemper, president of the American Society of Cinematographers. "He is a continuing source of inspiration for every film maker, young and old."

Previous winners include George Folsey, Joe Biroc, Stanley Cortez, and Charles I and

and Charles Lang.

364-2030

is LONG FELLOW

CRYPTOQUOTE

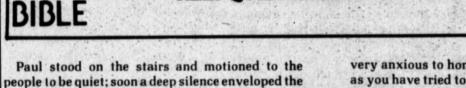
11-2 RUVGL ZQLPC CQYM R CVXLN; KFJ CFXISPY'V DGXDSG UGGS ULGG PGSQMFV QY KFRVGWGL LGNRQYC

VX VFGN?-LXCG EGYYGPJ Yesterday's Cryptoquote: I MIGHT GIVE UP MY-LIFE FOR MY FRIEND, BUT HE HAD BETTER NOT ASK ME TO DO UP THE PARCEL. - LOGAN SMITH

The Newspaper BIBLE

"KEEP QUIET AND LISTEN TO ME!"

A clay tablet found in the ruins of the ancient city of Ugarin in what is now Syria tells of the first



ecorded total solar eclipse, believed to have occurred in 1223 B.C.

follows: "Brothers and fathers, listen to me as I offer my defense." (When they heard him speaking in

crowd, and he addressed them in Hebrew as

Hebrew, the silence was even greater.) "I am a lew," he said, "born in Tarsus, a city in Cilicia, but educated here in Jerusalem under Gamaliel, at whose feet I learned to follow our Jewish laws and customs very carefully. I became

very anxious to honor God in everything I did, just as you have tried to do today. And I persecuted the Christians, hounding them to death, binding and delivering both men and women to prison.

"The High Priest or any member of the Council can testify that this is so. For I asked them for letters to the Jewish leaders in Damascus, with instructions to let me bring any Christians I found to Jerusalem in chains to be punished." Acts 21:40: 22:1-5

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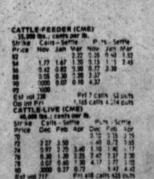
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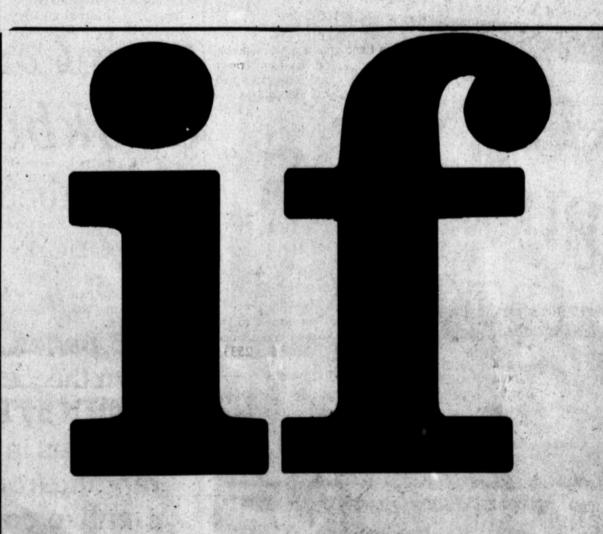
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The Hereford Brand

Ask Dr. Lamb

puzzled. Every fall we read that if you are over 65 or have a chest condition you should be sure and have a flu shot. Yet when I ask my doctor about the says "no" because it would make me sicker than the flu itself.

I am over 65 and have a chest condition. Many years ago, I had a two-stage thoracoplasty and a pneumonectomy. I have some bronchial trouble on the other side. I was taking prednisone for about 10 years but am now only taking theophylline and have Ventolin and Vanceril inhalers. I am quite active in sports answer my question?

DEAR READER: I am equally confused. It suggests a view based on influenza vaccines in the early days of their use and does not reflect current thinking of any of the authorities on the subject. The exception would be if you were allergic to eggs, because egg albumin is used in preparation of the vaccine.

In fact, you are the very type of person who should have an influenza vaccination every year. If you get the flu, your risk of serious complications is very high with only one lung and problems with that one. And everyone over 65 should be immunized annually. More than 500,000 the last 20 years have been attributed to influenza. The vaccine is effective in 80 percent of people immunized. But the immunization must be done annually because the influenza virus tends to change in ways that make previous vaccines ineffec-

I'm sending you Special Issue 34-08. Colds. Flu and Pneumonia, to update you on current thinking. Others who want this issue can send \$3 with a stamped (52 cents), self-addressed. No. 10 envelope for it to THE HEALTH LETTER/34-08, P.O. Box 5537, Riverton, NJ 08077-5537.

Everyone who needs to be immunized this year should be, if they have not been already. I have listed the indications for immunization in the report I'm sending you.

People often mistakenly think they got the flu despite having been immunized. That can happen, but usually it is because the respiratory illness they called the flu was really caused by some other respiratory virus. All such illnesses that cause symptoms people call the flu are not possible to judge on an individual first until they attain a certain size

munization against influenza cannot protect you from these.

DEAR DR. LAMB: My family goes skiing every year. We fly from the east coast to the Denver area. Inevitably we always get altitude sickness minimize the effects of altitude sickness? We are all physically fit. It's the headache and nausea we are complaining about.

DEAR READER: Top physical conditioning is one of the most useful things you can do. However, that is and feel I am fairly healthy. Can you not enough for some people. The low oxygen pressure causes you to breathe more and upsets the body chemistry. After a few days, the problem disappears. Symptoms usually are headache, nausea and fatigue.

If practical, you could ascend slowly: 1,000 feet a day for altitudes between 7,000 and 10,000 feet and 500 feet a day for altitudes in excess of 10,000 feet.

The other approach is to take acetazolamine (Diamox) the day before, during the first day and the next day. It is a diuretic that helps you adjust to the chemical changes caused by increased breathing at altitude. It is usually prescribed as 250 mg every eight hours for those three deaths in the United States during days. Some prescribe less. Ask your doctor about it well in advance of your next skiing trip.

> DEAR DR. LAMB: My husband is 63, retired and bored. He won't get interested in anything and has been a heavy drinker for the past 16 years that I have known him and I suspect even before that. Five years ago, he had a urinary tract infection and an enlarged prostate. He injects Prostaglandin so we can have sex because he became impotent about the time of his urinary tract infection.

> Now he drinks five or six 1.75 liter bottles of scotch every two weeks, along with one or two cans of beer a night and two glasses of wine at dinner. He loses his temper easily and goes into rages often. He'll rant and rave one to four hours, depending on how much he drank. He won't try AA. Sometimes he also has blood in his bowel movements which he says is from his hemorrhoids. How long do you think he can exist like this? Can he just drop dead, or do you think it would be a long, drawn-out affair?

DEAR READER: It is usually not

DEAR DR. LAMB: I am rather caused by the influenza virus. Im- basis how long or how well a person and then remain that size thereaf- preventing migraine headaches, inwill live even though he or she has a bad lifestyle and significant risk factors. But the risk that he will have serious difficulties is rather high. That is especially true if he also has high blood pressure which can be and lose two or three days of skiing caused from abuse of alcohol. He could time. What can we do beforehand to drop dead as you suggest. Or as he develops liver disease, he may have a more protracted course with repeated hospital admissions for recurring liver failure.

Liver damage is common from the abuse of alcohol. And when cirrhosis (scarring) of the liver occurs, it may also cause hemorrhoids, or make those a person has much worse.

Impotence is a common complication of the excess use of alcohol. If the alcohol is stopped soon enough, the condition may be reversible. If not stopped, the damage to nerve fibers that control erection is permanent.

If I had your address I would send you Special Report 84, Understanding Alcohol and Its Effects, so your husband could understand what is happening to him. Those who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LETTER/84, P.O. Box 5537, Riverton, NJ 08077-5537.

Alcohol abuse also damages the brain, causing premature senility and changes in personality. Your husband needs help for alcoholism. You might benefit from advice and counseling from Al-Anon, which helps family members of alcoholics.

DEAR DR. LAMB: I am a 53-yearold male and I have a growth on my left lower buttocks, just under the skin. It has increased from pea size to a large marble size in the two or three years since I first noticed it. Can you tell me what might have caused something like this? Is it dangerous? My doctor said there is no cause for alarm

DEAR READER: One can never be sure what a lump is without an examination. Since your doctor has examined the lump, I would think he knows what it is and that it is not dangerous to your health. If there were a doubt, he could follow the old surgical axiom, "when in doubt, cut it

It is most likely a lipoma, a fatty tumor. These are encapsulated fat tissue just under the skin and they are freely movable. They enlarge at

ter. They are harmless, but those that are four inches or more in diameter should be examined for the occasional instance when a malignancy is present. The small size of yours, if

daughter has been diagnosed by a neurologist as having a hemiplegic ton, NJ 08077-5537. migraine headache. Her entire right side became numb for approximately 10 minutes and then the usual migraine symptoms began to appear. For 16 years, she has suffered with migraines, having some occasional numbness in her hands and face.

This has been a frightening experience for her, but after extensive tests including an MRI and EEG - no abnormal conditions were found. The mg at night and 20 in the morning. and aspirin, but she is having a difficult time adjusting to the medicine and still has headaches. My family is complete and must be opened. has a history of migraine headaches. Any advice would be appreciated.

DEAR READER: This condition constriction of an artery in the brain limiting the circulation to a portion of the brain. That temporarily causes symptoms that resemble a stroke. The stroke-type symptoms last less than 15 minutes. Then the typical migraine follows. This differs from a transitory ischemic attack (TIA) which doesn't cause the typical mi-

If the Inderal is not being effective and causes too many side effects, her doctor may wish to try other medications. Sumatriptan has finally been approved by the Food and Drug Administration for use in the United makes me think it could be spread States and has been used in other countries quite successfully in the past. It can provide sudden relief of headaches in at least half of migraine fied as I and are unwilling to discuss

Other approaches that may help include taking flurbiprofen (Ansaid) commonly used to treat rheumatoid arthritis - which has been reported by the Cleveland Clinic Journal of Medicine to significantly decrease the pain of migraine headaches or prevent them if taken on a daily basis. If a headache occurs, then sumatriptan (Imitrex, by Glaxo) can be injected to provide rapid relief in many patients.

There are many other aspects of are sexually active.

cluding lifestyle factors which I have discussed in Special Report 85, Headache and Facial Pain, which I am sending you. Others who want this report can send \$3 with a stamped it is a lipoma, would not require that. (52 cents), self-addressed, No. 10 DEAR DR. LAMB: My 36-year-old envelope for it to THE HEALTH LETTER/85, P.O. Box 5537, River-

> DEAR DR. LAMB: I have a question that's different from those I read in your column. If the hymen being intact without evidence of trauma is a sign of a virgin, can a virgin have sex and the hymen remain intact? What could cause the vaginal opening to enlarge? Please rush answers, very important.

DEAR READER: The hymen normally is a thin membrane near the doctor has placed her on Inderal, 40 opening of the vagina. It does not completely cover the vaginal opening or a woman could not eliminate her menstrual discharge. Rarely, it

A woman can be born without a hymen. It is often torn from early childhood exploration or even just can be frightening. It is caused by from vigorous physical activity. Inserting things into the vagina, as children often do, may also tear it. In most instances, a doctor cannot tell if a woman who has not had children is a virgin or not from a pelvic examination. Because a thin hymen can stretch, it is possible to have sexual intercourse and not tear the hymen.

DEAR DR. LAMB: Is it possible to get pubic lice in some way other than sexual contact? I haven't seen this discussed and I can't even bring myself to ask my doctor. One book said pubic lice can sometimes spread to the eyebrows and eyelashes. This through casual contact or on a toilet. seat. If so, wouldn't more people have them? Maybe they are all as morti-

DEAR READER: Pubic lice, or crabs, are most often spread through sexual contact. But they can be on the bedding, clothes and towels, all of which should be washed or dry cleaned. Yes, pubic lice can be in the eyebrows, eyelashes and even on the scalp. They are commonly in the pubic and anal area, the hairs on the thighs and abdomen. The nits may also occur on axillary hairs, beard and mustache. They occur in postpubertal individuals, those who

Facts about flu bug

As cold weather brings young children indoors their exposure to the flu virus is increased.

One of the most dangerous aspects of flu for children is diarrhea that often accompanies high fever and

In young children the frequently watery stools of diarrhea can cause the loss of body fluids and electrolytes such as sodium, potassium and chloride, leading to dehydration. Not all clear liquids are adequate

to manage electrolyte losses in children. Juices, broths, soft drinks, sports beverages and teas can contain either too much or too little of certain electrolytes.

Many parents find it a good idea to keep their pantry stocked with a pediatrician-recommended product such as Pedialyte Oral Electrolyte Maintenance Solution.

If diarrhea or any other childhood health problem persists or worsens at any time, see your doctor.

COLUMBIA, S.C. (AP) - Miss America, Kimberly Clarice Aiken, isn't just a pretty face. She also pushes her social agenda any time she can, including recently with President

Miss Aiken met with Clinton and Hillary Rodham Clinton for about five minutes at the White House and asked if she could help in the national campaign for the homeless. Vice President Gore and his wife, Tipper, also were at the meeting.

"I'd like to be included somehow. in any capacity," she told Clinton Saturday night.

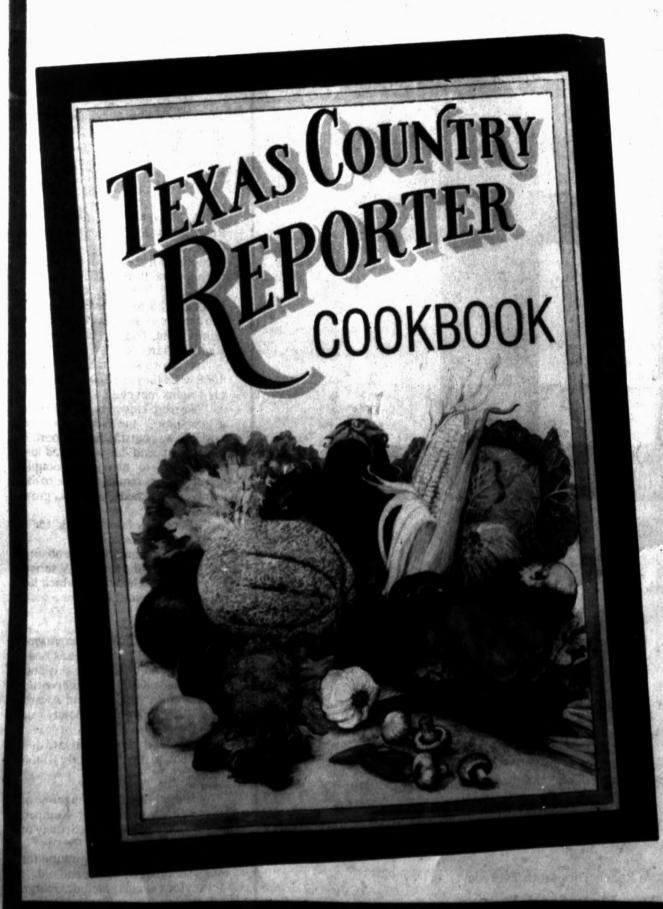
Clinton encouraged her to meet with Housing Secretary Henry Cisneros, whom she had already been scheduled to meet next week. The president also commended her for the work she has done for the homeless,

Last week, Miss Aiken, 19, who epresented South Carolina in the Miss America pageant, spoke on Capitol Hill on her platform to help the homeless.

The deadly tsetse fly, now nearly eradicated by insecticides, has been called "the best game warden in Africa," because of its role in keeping human settlement and livestock out of wilderness areas.

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