THURSDAY, NOVEMBER 4, 1993

Hereford Brand

Hustlin' Hereford, home of Rodney Ruthart

The

93rd Year, Vol. No. 88 Deaf Smith County, Texas

25 Cents 10 Pages



Football queen candidates

Members of the Hereford Whiteface varsity football team each year nominate and vote on a Football Queen and her court. Freshman, sophomore and junior girls serve as attendants, while a senior is selected as queen. This year, the selection will be announced at the final football pep rally of the regular season, set for 3:15 p.m. Friday in the high school gymnasium. Shown from left are Courtney Gearn, freshman attendant; Emma Avila, candidate; Natalie McWhorter, sophomore attendant; Heather Kleuskens, candidate; Beth Weatherly, junior attendant; and Kara Sandoval, candidate. The queen and her court also will be introduced during pre-game activities Friday night beginning at 7 p.m. before the Herd's final game against the Dumas Demons. At the pep rally, the candidates and attendants will be escorted by students, while family members will escort them at the game.

'Open Houses' Clinton administration eyes deals to salvage free trade agreement

Mexican beet agreement not sure, Combest says

WASHINGTON--U.S. Rep. Larry Combest(R-Texas) cautiously

welcomed reports Wednesday that Mexico has given assurance to sugar beet growers regarding the North American Free Trade Agreement. Congressman Combest cautioned that whatever assurances the Mexican government may have made on sugar

beets will require close scrutiny. Before making a decision on beets are produced in the 19th NAFTA, Combest said he wants to continues to address its impact on stemming illegal immigration from their concerns that Mexico would Mexico, as well as the 19th Congres- swap cheaper corn sweeteners for

sional District's many economic domestic use and then export their concerns.

"I am pleased, but sugar beet concerns are not yet signed, sealed and delivered. Questions remain unanswered and I intend to cast the 19th District's vote based on facts." Combest said.

More than half of Texas sugar District. The region's sugar beet producers asked Combest to address

surplus to compete with U.S. production.

Bill Cleavenger, Texas Sugar Beet Growers Association president, echoed Combest's caution regarding word of Mexico's response to critical sugar beet concerns.

"We have learned over the last six months that until you see it in writing and it is signed, then you cannot depend on anything because this is not the first time we have been through this," said Cleavenger.

16-year-old opposes assistant Student suing high school to remain sole drum major

By JOSH LEMIEUX Associated Press Writer

SANTAROSA, Texas (AP) - The Santa Rosa Warriors have only one regular season football game left. But Iris Rodriguez says her legal battle to be the high school's lone drum major will go on.

"I'm just going to follow the advise of my lawyer. Because we already started, and we can't stop now," the 16-year-old junior says. In an unsuccessful request for a temporary court order, she contended that Principal Andres Contreras broke the school's criteria for picking the drum major. She says she won a

tryout in April, but then Contreras

as assistant drum major.

'If attorneys keep saying there's no such thing as a frivolous lawsuit, look at this one," said Bill Summers, president of Citizens Against Lawsuit Abuse, a business-backed organization

"The people who pay the school taxes ought to be mad as hell to have to pay to fight litigation such as this," Summers said.

But Ms. Rodriguez's attorney, Larry Warner, said his case would be frivolous only if it were not based in fact

"Sixteen year olds have rights, too," Warner said. "The fairness of the government is judged by how it treats the least of us.

We are not talk

allowed another girl to work with her allowing her an opportunity to be heard, as he said was required under the equal protection amendment to the U.S. Constitution.

At a hearing on Sept. 13 in Brownsville, Warner alleged favoritism by presenting testimony that the assistant drum major, Melissa Salinas, was dating the principal's son. District Judge Rogelio Valdez dismissed Warner's request for a temporary restraining order.

Principal Contreras referred questions to the superintendent. Members of the Salinas family politely declined interview requests, saying they didn't want to join a public debate.

Despite the controversy, Garcia was hopeful the football season wouldn't end with the home match against Riviera on Friday. "If we win, we go to the play-offs," the superintendent said.

Sunday start holiday events

"We're Going to Brighten Your Holidays" is the theme for a special Sunday section of The Hereford Brand, and many local stores will advertise gift ideas for holiday shoppers.

Merchants throughout Hereford will hold "Open House" from 1 to 5 p.m. Sunday and will offer shoppers a chance to sign up for lots of special giveaways.

As part of the "Brighten Your Holiday" promotion, participating merchants will give away five \$100 grand prizes in Hereford Bucks. Shoppers must validate their entry at one of the 15 participating stores. Drawings will determine the winners.

A list of the stores will be included in the retail merchants' advertisement in Sunday's Brand.

See the great gift ideas offered in Sunday's newspaper, and read all about the open houses and special giveaways!

WASHINGTON (AP) - President

Clinton is conducting his own version of "Let's Make a Deal" in an attempt assessment when he summoned to rescue the free trade agreement with Mexico and Canada, but opponents contend his efforts are too little and too late to save the pact.

The administration, heeding demands from unhappy lawmakers, has trotted out proposals to help sugar, citrus and vegetable growers and manufacturers of everything from brooms and plate glass to appliances.

But opponents said the flurry of deal-making was coming too late. They claimed they still had the votes to defeat the proposed North American Free Trade Agreement, which would create the world's largest free trade zone linking the United States, Mexico and Canada.

"The administration is so desperate to get votes that it is not clear what they may be willing to give away," said Lori Wallach, with the Citizens Trade Coalition, an umbrella group of NAFTA opponents. "But nothing they have done so far will deliver any significant

congressional leaders to the White changes. House on Wednesday for the send-off of the legislation, saying, "We don't have the votes today, but I think we a quicker reduction in Mexican tariffs are getting there.'

objections, U.S. negotiators bargained primarily in autos, wine bottles and with Mexico until 4 a.m. Wednesday small appliances. U.S. producers had on new side deals.

a success and said Mexico had:

- Pledged in a side letter not to switch to corn syrup sweeteners for to free up sugar for export to the submitted by the president. United States.

- Accepted a U.S. proposal that exports of citrus and vegetables be craft implementing legislation that subject to higher tariffs if either the would win over the opposition met shipments of those products suddenly surge or the price changes dramatically. Previously, NAFTA would have but Florida vegetable growers said allowed reimposition of higher tariffs they were still opposed.

to protect against sudden increases in Clinton gave a far different the volume of shipments but would not have been triggered by price

- Agreed to begin negotiations as soon as NAFTA goes into effect on than the agreement currently In an effort to meet various stipulates for flat glass, used

complained that American tariffs on U.S. Trade Representative Mickey these products were being reduced Kantor proclaimed the negotiations much more quickly than Mexican tariffs

Under the rules by which Congress soft drinks. Sugar producers in the is considering NAFTA, the imple-United States had feared Mexico menting legislation cannot be would use this back-door approach amended now that it has been

> The administration's efforts to with mixed reviews. Sugar, citrus and flat glass interests voiced approval

person arguing with another over five bucks. We are not talking about a lollypop. We are not talking about an ice cream cone. That's what I would consider frivolous.'

Warner said being the lone drum major might help his client win a college scholarship.

A.E. Garcia, superintendent of the ,100-student district in the South Texas town, said Ms. Rodriguez never was told she would be the only drum major.

"I find it amazing," Garcia said. The school has had assistant drum majors in the past, he said.

He added that Ms. Rodriguez didn't appear at a school board meeting to hear her grievances in carly September.

"The board wanted to listen to her, but she didn't show up," Garcia said.

Ms. Rodriguez did show up for a TV talk show.

She and Warner appeared Tuesday on the Fox network's "Mo Show," hosted by comedienne Mo Gaffney. The episode, featuring oddball lawsuits, aired only in Chicago and New York markets.

Warner argues that the school Friday will be in the 30s in the deprived his client of property and Panhandle and in the 40s and 50s liberty without giving notice or elsewhere in West Texas.

Snow possible from cold front

By The Associated Press An approaching cold front is expected to trigger some light snow in the Texas Panhandle tonight and Friday.

The rest of the northern half of the state will have cloudy skies and windy conditions.

The chance of snow is only 20 percent, forecasters say.

It will be clear to partly cloudy and cooler across most of West Texas

Forecasts called for mostly cloudy skies, windy and colder in North Texas as the front moves through. There is a slight chance of rain in southeastern portions of North Texas. It will be mostly cloudy with a chance of rain across South Texas.

Lows tonight will be in the 30s and 40s in West Texas. Highs

2

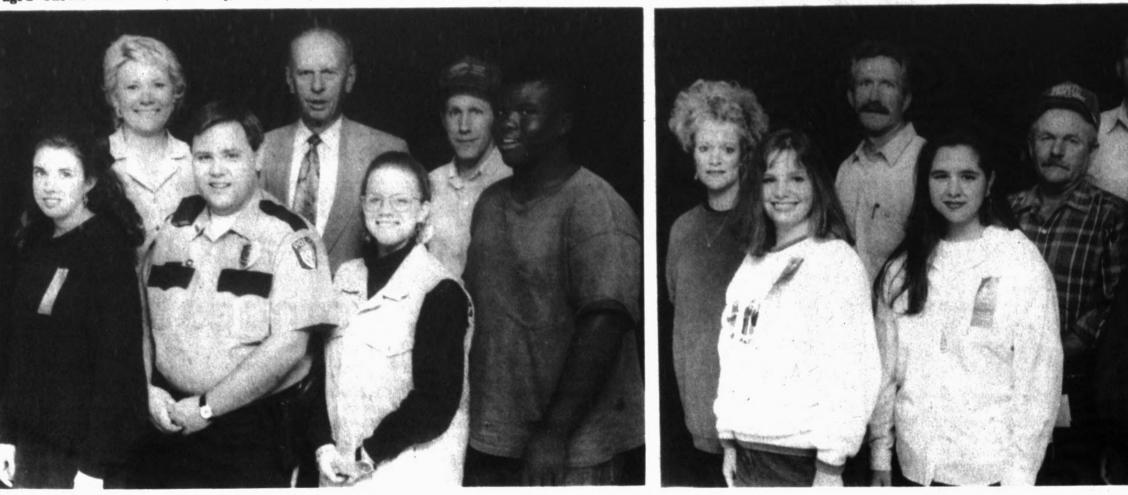


Super sandwich

The Bluebonnet Intermediate School student council on Wednesday celebrated National Sandwich Day by creating this 18-foot-long submarine sandwich for their fellow students. The monster sandwich used 16 loaves of French bread, eight pounds each of ham and cheese, six heads of lettuce, a gallon of pickles and two jars of mayonnaise. Pieces were cut so every student and faculty member could have some. The creation was crafted by the student council members, while the school PTO provided the funds needed to buy the sandwich ingredients.

National Sandwich Day was held to commemorate the invention of the sandwich in the 1700s. the Fourth Earl of Sandwich, John Montigue, was reportedly gambling at cards when he became hungry and ordered a servant to bring him some roast beef between two pieces of bread. Thus was born the sandwich. Shown preparing to serve the sub are student sixth grade student council members, from left, Rita Murillo, Valerie Bossett, Perfecto Mancha and Danielle Garza.

Page 2-- The Hereford Brand, Thursday, November 4, 1993



Student Crimestoppers benefactors

Several local companies and civic groups have donated at least \$50 to the Hereford High School Crimestoppers, providing funds to offer rewards for tips in misdemeanor crimes involving students or school property. In the photo at left are, back, from left, Lynda Milburn of Milburn Motor Co., Jerry Shipman of Jerry Shipman Insurance, and David Schulte of XIT Cellular; front, from left, are Mindy Salazar, Student Crimestoppers board member, Hereford Police Officer Terry Brown, and board members Michelle Emerson and Brian Thomas. In the photo at right are, back, from left, Donna Rives of Touch of Class, Lloyd Ames of Hereford Cablevision,

Kenny Ruland of Hereford Elk's Lodge and John Josserand of AzTx Cattle Co, and front, from left, board members Erin Spies, Heather Hernandez and Fernando Herrera. Several other companies have been named benefactors as well. They include Stevens Chevrolet-Oldsmobile, Miller Family Farms, S.L. Garrison, Poarch Brothers, Gililland Insurance, Shur Gro Liquid Feed, Larry and Sharon Pennington, Cliff Skiles Jr., D.V.M., McDonalds, C.F. and Ruth Newsom, Nutrena Seed, Inkspot Printing, First National Bank and Hereford Janitor Supply.



Freshmen to serve supper

The Hereford High School freshman class will serve German sausage on Friday before the football game. The dinner will be held in the Junior High cafeteria from 5 p.m. to 7 p.m. Cost is \$4 per person or \$4.50 for carry-out. The menu will be German sausage, cole slaw, baked beans, corn bread and cobbler.

Light snow possible in area

Hereford had a high of 68 Wednesday and a low of 44 this morning, according to KPAN. Tonight, windy and colder with increasing clouds and possible flurries after midnight. Low around 30. North wind 10-20 mph then increasing to 20-30

Subcontractor indicted on 13 counts Firm, employees accused of bilking space agency

employees have been indicted for president of Omniplan. bilking the space agency and federal government out of more than \$5 million.

announced Wednesday by the NASA Office of Inspector General, accused Houston-based Omniplan Corp. and some of its executives of money laundering, false claims, mail fraud, embezzlement, theft from the employees' benefit plan, obstruction of a federal audit, contempt of court, false statements, false claims, conspiracy and theft.

subcontractor and seven of its and Donald Meede, former vice

"The indictment alleges that Ralph Montijo and Joyce Martin made false claims to NASA in the The 13-count indictment, approximate amount of \$4 million and diverted an additional \$1 million from federal programs," Bill Colvin, NASA inspector general, said.

The indictment also accuses Montijo of stealing more than \$255,000 from the Omniplan employee benefit plan.

to provide technical information and

Kuniansky, Omniplan attorney said.

"Omniplan vigorously denies that any improper costs were passed on to NASA, and if they were, it was after obtaining legal advice from a large and well respected civil law firm that it was proper to pass on such costs," Kuniansky said.

"Let me assure you, they (the government) have bitten off more than they can chew in this case."

He said while the company had not The company, with offices near filed for bankruptcy, "operations are at a virtual standstill." Telephone Arizona pizza shops known as Papa Johnson Space Center, had a contract calls to its offices Wednesday were Primo's, owned by Montijo. answered with a recording indicating

Kuniansky said. "I'm blasting the

government for what we contend is

referred all comments to Kuniansky.

Montijo, reached at his home,

According to the indictment,

an ill-founded prosecution.'

HOUSTON (AP) - A NASA of Benefit Administration Service; fcderal magistrate, Richard B. invoices that were inflated and included inflated costs, submitted fraudulent invoices and set up companies that were used to lease property and equipment from Omniplan.

> The indictment also alleges that Montijo fraudulently moved money from NASA contracts into Mercury Trust, a company he owned and tried to keep secret from government auditors.

Other companies involved in the

In addition, the indictment alleges two other companies, Space Industries Leasing and Space Industries Properties, were set up to launder money taken from Ommiplan's NASA contracts.

mph and gusty by nidnight. Friday, mostly cloudy, windy and colder with a 20 percent chance of light snow. High 35 to 40 degrees. Northeast wind 20-30 mph and gusty.



World/Nation

MALIBU, Calif. - Winds gusting first from the mountains, then from the sea, bedeviled firefighters battling a canyon-jumping wildfire that's destroyed 200 homes. The blaze was declared arson.

WASHINGTON - Sen. Bob Packwood, the target of a contentious and wearying ethics investigation, says he occasionally finds solace in reading the Bible, especially the book of Job. "Some people think they've got problems. That poor devil really had problems," Packwood says in an interview

WASHINGTON - President Clinton is conducting his own version of "Let's Make a Deal" in an attempt to rescue the free trade agreement with Mexico and Canada, but opponents contend his efforts are too little and too late to save the pact.

State

AUSTIN - Texas Republicans are accusing Gov. Ann Richards, a Democrat, of reversing field on the issue of school vouchers.

HOUSTON - A NASA subcontractor and seven of its employees have been indicted for bilking the space agency and federal government out of more than \$5 million.

HOUSTON - County election officials discovered 483 uncounted ballots that changed the runoff lineup for one of Houston's City Council seats.

SIERRA BLANCA - Depending on who's talking, Texas has either opened itself up to become a national radioactive dumping ground by agreeing to accept waste from Maine or protected itself from being inundated in irradiated rubbish.



Thursday's Hereford Police Department activity report contained the following arrests and incident reports:

-- A 30-year-old male was arrested for domestic violence assault.

- Attempted suicide was reported in the 900 block of Irving. The man was later taken to Northwest Texas Hospital in Amarillo.

-- Theft of a purse valued at \$499 was reported in the 100 block of South Centre.

-- Possible burglary of a storage shed was reported in the 400 block of Long.

-- Charges were filed against a erson in the 200 block of Avenue H for continuing to let a dog run loose.

-- Criminal mischief to a vehicle by rocks was reported in the 400 block of 13th Street. Damage was set at \$250.

-- Domestic disturbance was reported in the 900 block of Lafayette.

-- Officers issued 12 citations. -- There were three minor accidents.

-- The fire department was dispatched to a vehicle fire.



Thursday's Deaf Smith County Sheriff's Department activity report includes the following arrests: -- A 40-year-old female was arrested for theft by check.

-- A 23-year-old male was arrested on two surrender of surety warrants. -- A 29-year-old male was arrested

on traffic warrants. -- A 33-year-old male was arrested on a DWI warrant.

The indictment, handed down support services at the center during Tuesday by a federal grand jury in the 1980s. From 1986 until April 30, Houston, also named Omniplan Chief 1993, Omniplan had two NASA Executive Officer Ralph Montijo Jr., subcontracts with Rockwell Space his wife, President Guillermina P. Operations Co. to create graphic Montijo; Joyce Martin, administrative designs and to provide support assistant: Phyllis Thompson, services for Rockwell and NASA on bookkeeper of Mercury Trust; Nancy the space shuttle program. Montgomery, trustee of Mercury

Those named in the indictments

Trust; Thomas M. Brown, president were to appear Nov. 10 before a Omniplan over 12 years submitted

But Chuck McDonald, a spokes-

comments about vouchers did not

represent a reversal of policy.

Republicans, he said, "have their

game face on. The election is a year

Association of Taxpayers.

The flurry over vouchers started

There she said she was interested

Republicans claim Richards reneges

AUSTIN (AP) - Texas Republi- and she is becoming concerned that it could cost her her job," she said. cans are accusing Gov. Ann Richards, a Democrat, of reversing field on the man for Richards, said the governor's issue of school vouchers.

In her 1990 campaign for governor, Richards said she opposed using state funds to send students to private schools.

On Wednesday, Richards said she is open to consideration of a pilot project for just that.

Karen Hughes, executive director of the state GOP, called the change "an extraordinary flip-flop."

pushed earlier this year by state Rep. "The governor's education policies have clearly been a failure Hugo Berlanga, D-Corpus Christi.

Settlement reached in fuel tank lawsuit

away.

MARSHALL, Texas (AP) -Thousands of Texas truck owners will receive a voucher worth \$1,000 in a settlement with General Motors concerning side-mounted fuel tanks.

Under the settlement, Texas owners of 645,000 Model CK light-duty trucks built between 1973 and 1987 with side-mounted tanks will each receive a voucher toward the purchase of a new GM pickup.

Judge Bonnie Leggat, in a statement issued late Tuesday, called the settlement "fair and reasonable in my opinion." The judge in Harrison County also granted plaintiffs' attorneys their requested \$9.5 million in fees and expenses.

"I am extremely pleased with the judgment. It was great," plaintiffs attorney Sam Baxter said Wednesday.

"There was no evidence that the settlement was anything other than reasonable, and no credible testimony presented that the trucks could be repaired."

Owners may either apply the voucher to any other dealer's incentives for the purchase of a new truck, sell the certificate or trade it in along with their Model CK pickup on a used truck.

The lawsuit, first filed in 1992 on

behalf of Marshall policemen Tommy Dollar, became a class action for every Texas owner of a GM truck. A similar lawsuit, filed in U.S. District Court in Philadelphia, will affect GM truck owners in the other 49 states.

U.S. District Judge John Yohn has not yet issued his opinion.

The settlement was reached July 19. Each truck owner had three months to comment before the fairness hearing held Oct. 27. Only percent of Texas truck owners objected to or opted out of the final settlement.

Plaintiff's lawyers would have had trouble proving GM pickup trucks were less safe than Ford or Dodge trucks of the same manufacturing period with fuel tanks mounted inside the frames.

Statistics compiled by the federal government's fatal accident reporting stem indicated that GM, Ford and Dodge trucks have roughly the same number of fatalities in side-impact crashes.

A settlement will not absolve GM from liability if a 1973-87 truck is involved in a accident. Nor will the settlement have any effect on current consideration by National Highway Traffic Safety Administration to recall the vehicles.

But after her comments to the TAT, Richards said she did not want to improve the quality of the public to send state døllars to private or schools in a very limited way and parochial schools, and declined to prove that it works, I'm very happy talk about details of the program.

"I wasn't laying out a full completely open on the subject." proposal this morning," Richards said. She advised reporters to ask Berlanga about his plan.

Berlanga said the plan called for session. a pilot project in which state funds when Richards spoke to the Texas would be used to help poor and disadvantaged students attend private schools. in a voucher pilot project that was

"All we're asking for is an opportunity to see if it works," everything else. We need to give this finance bill. one a chance.'

Later in the day, Richards accused the news media of making a big deal about nothing.



AUSTIN (AP) - Here are results of Lotto Texas winning numbers drawn Wednesday by the Texas Lottery:

2-3-5-8-33-39

(two, three, five, eight, thirty-hree, thirty-nine)

Estimated Lotto Texas jackpot: \$10 million



AUSTIN (AP) - Here are results of Lotto Texas Pick 3 winning numbers drawn Wednesday by the Texas Lottery, in this order:



(eight, six, three)

"If we can use vouchers as a tool to do that," she said. "My mind is

State Rep. Kent Grusendorf, R-Arlington, said that Richards' stand is a far cry from the last legislative

"She single-handedly killed a pilot program during the last session. We had the votes in the House and Senate to pass it," the lawmaker said.

McDonald said Richards was against the proposal then because she Berlanga said. "We have tried was concerned about passing a school

"Malarkey," said Grusendorf. "They either like the concept or they don't. This really smells like a flip-flop for election purposes."

George W, Bush, who is expected to seek the Republican nomination to challenge Richards, has been telling supporters that he favors a pilot program for vouchers, according to published reports.

PATIENTS IN HOSPITAL

Pedro Aguilar, Priscilla Casarez, Iga Cuevas, Edward DeLozier, Willie Formby, Mike Guererro, Poris Hargrove, Adelita Lira, David Montoya.

Helen Owens, Richard Pittman, Robert Rico, Ana Maria Rodriguez, Julia Rubio, Elizabeth Zepeda, Inf. Boy Zepeda, Inf. Girl Zepeda, Rosa Zepeda.

THE HEREFORD BRAND

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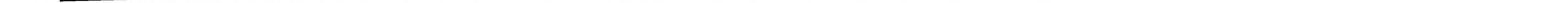
d, P.O. Box 673, Hereford, TX. 790 SUBSCRIPTION RATES: He ford \$4.20 onth; by mall in Deaf , \$45.70 a year; mall

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arry Wesner			Editor
and a Mission		Circul	ation Mar.

Colvin said conviction on the charges could force Montijo to forfeit assets valued at more than \$2.3 million.

the number had been disconnected. "Basically, Omniplan was put out of business without merits,'



Check your risk for having diabetes

Each year, the number of Texans who have diabetes increases, yet half are unaware that they have this disease.

Month, the perfect time for people in complications. high-risk categories to get a diabetes check-up with their physician," said Dr. Mary Kenney Bielamowicz, a registered dietitian and nutritionist specialist with the Texas Agricultural Extension Service. "If left untreated, this disease can lead to blindness, heart disease, kidney disease, limb amputations and even death.'

Awareness of this debilitating disease is a key to treating it, and this is a good month to learn about it, said Bielamowicz, professor in human nutrition at Texas A&M University.

Statistics from the center for Disease Control and the American Diabetes Association reveal that:

More than 14 million Americans have diabetes. -Mexican Americans are three to

five times more likely to develop diabetes than Anglos, and Blacks experience a 33 percent higher rate of diabetes than Anglos.

Musical set this weekend

"Don't Count Your Chickens Until They Cry Wolf" is the musical to be presented at 7:30 p.m. Friday and 2 p.m. Saturday at the Amarillo Little Theatre.

The production is a collection of Acsop's Fables.

Tickets are priced at \$5 for adults and \$3 for children.

-More than 700,000 cases of diabetes are diagnosed each year nationally.

ease. "November is National Diabetes year due to diabetes and its

-830,000 Texans have diabetes-one in 14 adults in the general population and one in nine adults in the Hispanic population. Half of these have not yet been diagnosed. -About 90 percent of the people with diabetes develop the disease in adult hood and are not insulindependent. However, their disease can lead to as many complications as insulin-dependent diabetes.

"Most people with diabetes have non-insulin diabetes mellitus or type II, Bielamowicz said. "The pancreas produces some insulin, but the body is unable to use it properly, which causes glucose to build up in the blood, leading to the high bloodglucose or blood sugar levels that are * characteristics of untreated diabetes." Type II diabetes usually occurs in adults 35 or older, she 'said. Symptoms are blurred vision, excessive tiredness, weight gain or loss and wounds or scratches that will not heal properly, she said. In most causes, symptoms can be controlled by weight loss, good diet and exercise.

Fewer people have insulindependent diabetes mellitus or type I diabetes, which usually occurs in early childhood. The pancreas does not produce enough insulin to meet the body's needs, and insulin injections allow the body to use glucose wich the body produces from foods for energy. However, the type of insulin taken must be balanced with food and activity.

"Symptoms in children include extreme thirst, fatigue, frequent rination. n according to Bielamowicz. "Under these conditions, a child can go into a coma, if not diagnosed and treated soon enough." Since the body produces glucose



Lifestyles

Special week

Educators Association and Texas

State Teachers Association will be

sponsoring the second annual "Book

Time for Kids" project. The event

will be held from 10 a.m. until 2 p.m.

Books will be chosen from the store

Calling attention to a special observance, Hereford Mayor Bob Josserand signs a proclamation for the VFW Voice of Democracy Scholarship program. Looking on are Linda Dutton, standing, president of VFW Post 4818 Auxiliary, and Marie Goheen, auxiliary Voice of Democracy chairman. Scholarships are awarded for students entering an audio essay program. Information about the program is available from Lana Hall and Jody Rogers at Hereford High School. VFW Post Commander is Robert Kubacak.





Free medical consultation available

As part of this year's Impotence Awareness Week's activities. physicians nationwide will provide free medical consultations for those affected by impotence. Interested individuals can call the Impotence Institute's toll free Help-Line at 1-800-669-1603 for free information and physician referral.

Impotence is the chronic inability to achieve and maintain an erection firm enough for sexual intercourse. More than 85 percent of all reported cases of impotence are physical in origin.

Recent studies indicate that an estimated 30 million American men and their partners are affected by impotence. Surprisingly, 95% of sufferers and their partners don't know that most cases are easily and safely treatable. The Impotents Institute of America and Impotents Anonymous are sponsoring National Impotence Awareness Week, Nov. 7-14.

The U.S. Senate ratified the North Atlantic Treaty in 1949 by a vote of 82-13.

from food eating right is the first step in controlling diabetes, Bielamowicz said.

"Because the majority of people with non-insulin diabetes are overweight, most are advised to lose extra pounds," she said. "Even slight weight losses have dramatically improved blood-glucose levels by helping the body use its own insulin more efficiently.

People without diabetes stand a greater chance of developing the disease if they are overweight, according to the Texas affiliate of the American Diabetes Association. On the other hand, people with diabetes who are overweight may be able to improve their diabetes control, prevent or delay complications--even increase life expectancy--if they lose

weight. "It doesn't matter whether your diabetes is insulin-dependent or noninsulin-dependent," Bielamowicz said. "The important thing is that you check with a physician, dietitian, nurse or certified diabetes educator who can help you understand and practice such self-care as glucose monitoring, nutritional management and exercise to improve your quality of life."

Special project for kids Saturday at book store

In conjunction with National shelves and read to the children by an Education Week, Hereford's adult volunteer.

> The program promotes the benefits of parents reading to their children. Statistics prove children who are read to often will be better readers themselves.

Saturday, Nov. 6, at Diller-a-Dollar Bookstop, 149 N. 25 Mile Ave. TSTA and HEA invite all parents to bring their children to the special The project is conducted to event. cnhance a child's reading interest.

The authority of the pope was declared void in England in 1536.

Your Price With This Ad

1

On Sale at Dairy Queen® November 1-21, 1993

BReg. TM Am. D.Q. Corp. "Reg. TM Tx. D.Q. Op. Coun. ©Tx. D.Q. Op. Coun. At participating Dairy Queen stores

Four juicy chicken fillet

gravy and Texas toast.

Factory

Demonstrators

Will Be on

Hand.

and the second second

strips, fries, country

PUBLIC LEGAL NOTICE Sat. One Day Only NOV.6

NEW UNCLAIMED SCHOOL SEWING MACHINES WITH THE PROFESSIONAL SERGING STITCH.

ATLAS EDUCATION DEPARTMENT placed orders in anticipation of large school sales. Due to budget cuts these sales were unclaimed. These machines must be sold! All machines offered are the most modern machines in our line. These heavy duty machines are MADE OF METAL and sew on all fabrics. LEVIS, CANVAS, UPHOLSTERY, NYLON, STRETCH, VINYL, SILK, EVEN SEWS ON LEATHER ! THESE MACHINES ARE NEW WITH A 25-YEAR WARRANTY. With the new 1993 Atlas School Machine, you just set the color code and see magic happen: Straight sewing, zigzag, buttonholes (any size), invisible blind hem, monogram, satin stitch embroider, applique, sews on buttons and snaps, top stitch, elastic stitch, PROFESSIONAL SERGING STITCH, SPECIAL SWEATSHIRT APPLIQUE, all of this and more without the need of old-fashioned cams or programmers. Your checks are welcome and lay-a-way is available. All models come cabinet ready.

without this ad \$529

Demonstrations 9:00 to 5:00



Page 4--The Hereford Brand, Thursday, November 4, 1993



Herd concentrates on beating Dumas

By JAY PEDEN Sports Editor The Hereford football team has a chance to make the playoffs, although a slim one. Pampa has to beat Randall; Caprock has to beat Borger; and Hereford has to beat Dumas.

Hereford coach Danny Haney said his team can only worry about onethird of the equation.

'The thing we've got to do--and this is what I've talked to the players about--we've got to take care of our end of it; we can't worry about that other deal," Haney said. "If we don't beat Dumas, it doesn't matter."

Hereford is 2-2 in District 1-4A and 3-6 overall. Dumas is 1-3 in district, 2-7 overall. They meet at 7:30 p.m. Friday in Whiteface Stadium in what is likely the last game of the season for both.

"Dumas comes in with a great defense, but they're a little suspect on offense," Haney said. "They're a lot like us: they've had some misfortune and lost some close games that put them out of this race.'

Their district losses include an 18-11 loss to Pampa and a 20-15 loss to Borger. Randall beat them 29-0.

Last year's Demons had a strong offense and a weak defense. They've turned that around after graduating most of their offensive skill players. Fortunately for the Demon defense, all-district linebacker Alfredo Medrano didn't graduate.

"Defensively, they're big, and

they play extremely hard. They come at you.

"Everybody's had a hard time running against them," he said. "We've got to throw the ball, keep them off-balance up on the front to open it up for us for the running game."

Dumas' offense has struggled.

They just haven't been able to sustain anything--penalties and turnovers have hurt them more than anything," Haney said. "We've got to have a good defensive game from us. We can't let them have long, ballcontrol drives. We're going to have to have the ball quite a few times to get the ball in the end zone, I feel, because they're that good on defense."

Injury report: None.

Players of the Week: Robert Jimenez was moved to defensive tackle from linebacker a few weeks. ago, and apparently has found his home. He had 14 tackles against Caprock, and was named the defensive player of the week.

Offensive guard Chris Williams got the honor on offense for grading out at 95 percent.

For the sub-varsity teams, the players of the week were: linebacker George Cox for the junior varsity; strong safety Steven Wright for the they've got a great linebacker in sophomore team; and linebacker

Kubacak for the freshmen teams.

If Caprock were to beat Borger, thus helping Hereford into the playoffs, it would be a major upset. Borger is favored at home by 26 points by the Pigskin Prep rating service.

Furthermore, events this week in Pampa might make it difficult for Pampa to win at Randall. Nine Pampa High School students, all reportedly football players, were arrested for setting fire to a wrecked car on the PHS campus. All nine pleaded guilty to unlawful burning of junk inside the City of Pampa; each was fined \$250 and ordered to serve 100 hours of community service.

Two of the players have been suspended for Friday's game, but Pampa officials have not named which ones.

The names of five of the nine were released, and they include the entire starting offensive backfield: quarterback Tony Cavalier, tailback Greg Moore and fullback Matt Garvin. Justin Smith and Jeff McCormick were the other names released; the names of four juveniles were not released.

Hereford's sub-varsity teams will play their last games today. The ninth grade A team will host Tascosa at 6 p.m. in Whiteface Stadium in the only game to be played in Hereford. The junior varsity goes to Dumas

Last week: 16-9

Alfredo Medrano," Haney said. "and Adam Jimenez and receiver C.J. for a 7:30 game, while ninth grade B team will play at 5:30 in Dumas. The sophomores will play Springlake-Earth at 5:30 in Springlake.

> Hereford is a one-point underdog against Dumas, according to Pigskin Prep.

Hereford has a rating of 132.80, compared to Dumas' 137.10. Hereford is ranked 25th; Dumas is ranked 20th. The Pampa-Randall was called even,

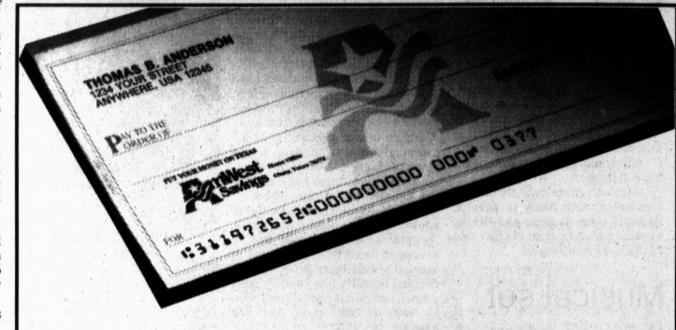
but that doesn't take into account Pampa's problems this week. Pampa is sixth in the region with

a rating of 155.49; Randall is 9th at 152.83; Borger is 19th at 138.39; Caprock is 34th at 115.01.

Players of the week Hereford offensive guard Chris

Williams (pictured) and defensive tackle Robert Jimenez were named the Herd's Players of the Week.

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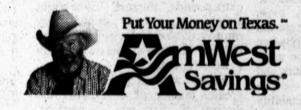
Last week: 21-4

Last week: 13-12

	Caprock at Borger	Borger	Borger	Borger	Borger	Borger
	Pampa at Randall	Pampa	Pampa	Pampa	Pampa	Randall
	Monterey at Amarillo High	Monterey	Monterey	Monterey	Amarillo High	Monterey
	Dimmitt at Floydada	Floydada	Floydada	Floydada	Floydada	Floydada
	Muleshoe at Friona	Friona	Friona	Friona	Friona	Friona
	Lockney at Springlake-Earth	S-E	S-E	S-E	S-E	S-E
	Claude at Happy	Happy	Нарру	Happy	Нарру	Нарру
	Vega at White Deer	White Deer	White Deer	White Deer	White Deer	White Deer
	Hart at Nazareth	Hart	Nazareth	Nazareth	Hart	Nazareth
	TCU at Texas Tech	Tech	Tech	Tech	Tech	Tech
	Rice at SMU	Rice	Rice	Rice	Rice	SMU
	Baylor at Georgia Tech	Georgia Tech	Georgia Tech	Georgia Tech	Georgia Tech	Georgia Tech
	Indiana at Penn St.	Penn St.	Indiana	Indiana	Indiana	Penn St.
	Louisville at Tennessee	Louisville	Tennessee	Tennessee	Tennessee	Tennessee
	Ohio St. at Wisconsin	Ohio St.	Ohio St.	Ohio St.	Ohio St.	Ohio St.
	Virginia Tech at Boston Coll.	BC	Va. Tech	Va. Tech	BC	BC
	NY Giants at Dallas	Dallas	Dallas	Dallas	Dallas	Dallas
	Seattle at Houston	Houston	Houston	Houston	Houston	Houston
	Denver at Cleveland	Cleveland	Denver	Cleveland	Cleveland	Denver
	Pittsburgh at Cincinnati	Pittsburgh	Pittsburgh	Pittsburgh	Pittsburgh	Pittsburgh
1	Philadelphia at Phoenix	Philadelphia	Philadelphia	Philadelphia	Philadelphia	Philadelphia
1	Indianapolis at Washington	Washington	Washington	Indianapolis	Washington	Washington
	San Diego at Minnesota	Minnesota	Minnesota	Minnesota	Minnesota	Minnesota
	LA Raiders at Chicago	Raiders	Raiders	Raiders	Raiders	Chicago
	Miami at NY Jets	Miami	Jets	Miami	Miami	Miami

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Maddux picks up 2nd straight Cy Young

says winning his second straight NL Cy Young Award helps case the sting of missing the World Series. Maddux was 20-10 with a major

league-leading 2.36 ERA in his first season with the NL West champion Atlanta Braves. He won the 1992 Cy Young with the Chicago Cubs.

On Wednesday, he became the first pitcher to win the award in consecutive years with different teams.

"Not too many of us have an opportunity to win two, and that means a lot to me personally," he said. "You change teams and you want to make a good first impression.

ATLANTA (AP) - Greg Maddux I feel like I've done that. And now I "The main goal of everyone on the line drive in the first inning and never with a 2.82 ERA, got two first-place want to have a chance to pitch in a World Series."

Maddux said he became a free agent after his 20-11, 2.18 ERA Cy Young year in Chicago because "I just felt I had a better chance to get into a World Series if I changed teams."

The Braves signed him to a five-year, \$28 million contract and made him the No. 1 starter in a rotation that includes 1991 Cy Young winner Tom Glavine, who finished

third in the voting for the 1993 award. "I didn't really pitch this year to win another Cy Young," Maddux said from his home in Las Vegas.

Braves was to get to the World Series, and this time win it. But we came up

short." Maddux, just 7-8 a week before the All-Star break, won 13 of his last 15 decisions in leading the Braves' surge to their third straight NL West championship. The right-hander made 36 starts and pitched 267 innings, led the league with eight complete games and was third with 197 strikeouts.

Maddux won his first start of the playoffs against Philadelphia, but lost Game 6 when the Phillies clinched the pennant. Maddux gave up five earned runs in 5 2-3 innings in that loss. He was hit in the right leg by a in the voting. Swift, who was 21-8

got into a groove.

Maddux received 22 of the 28 first-place votes in balloting by the Baseball Writers Association of America. He easily outdistanced San Francisco's Bill Swift and John Burkett and Glavine - all with more

victories but higher ERAs. Maddux, 27, is the top winner in the majors in the last six seasons with 107 victories. He has won three straight Gold Gloves and has been one of the best-hitting pitchers in baseball.

Maddux finished with 119 points

votes and was second with 61 points. Glavine, who won the Cy Young

in 1991 and was runner-up in 1992, was 22-6 with a 3.20 ERA. He got four first-place votes and had 49 points.

Burkett, 22-7 with a 3.65 ERA, got nine points. Jose Rijo of Cincinnati was fifth.

Maddux earned a \$250,000 bonus for winning the award on top of his \$5 million salary, and now gets a \$500,000 bonus if he wins it again during the remaining four years of the

contract. Glavine received a \$75,000 bonus for finishing third and Mark Portugal got \$50,000 for his sixth-place tie.

No pitcher was named on all 28 ballots. Jack McDowell won the AL's Cy Young winner Tuesday and was the only pitcher listed on every ballot. Sandy Koufax was the only other National Leaguer to win the honor in successive seasons. Koufax won the award in 1965 and 1966 with the Los Angeles Dodgers, when only one Cy Young was presented. Koufax also won in 1963.

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IRVING, Texas (AP) - What the New York Giants need to understand is that Charles Haley is angry.

Forget coach Jimmy Johnson being annoyed with the Dallas run defense. What gets the attention of the Cowboys faster is the ramblings of Sir Charles.

And when Haley, a dominating defensive end, is upset, his teammates listen. Haley's hot about other teams running the ball on the defending Super Bowl champions, who led the NFL in defense last year.

"It's upsetting to me when teams

take the ball and run it into the gut of your defense," Haley said. "In fact, it's alarming. Everybody's doing it. Until we put out the fire, we can expect every team to try it."

The Philadelphia Eagles ran for 139 yards in losing to the Cowboys. Now, the New York Giants come to Texas Stadium on Sunday with the best power-running attack in the league anmd first place in the NFC East up for grabs.

"Looking at Danny Reeves' offense, it reminds me of the Giants under Bill Parcells," Bill Bates said.

"It's the offense that took them to the Super Bowl.

They run at you and we know they'll try it. It's important for us to stop them on first and second downs

so we can get them into third and long." Bates said Haley's frustration was

understandable. "We keep giving up long runs and that's got to stop," Bates said. "I know this, New York will be jacked up to play. We'd better get fired up, too.

Defensive coordinator Butch Davis

Oilers experience restful week

Oilers spent their off week smiling and healing.

Linebacker Wilber Marshall's knee, quarterback Cody Carlson's hamstring and wide receiver Curtis Duncan's foot have all had valuable healing time during the AFC Central Division's bye.

"We've had our quota of distractions this year," coach Jack Pardee said. "Since training camp, we haven't really had our team together. You're talking about a lot of players we're getting back.".

The Oilers (3-4) host Seattle on

Chiefs to start Krieg

HOUSTON (AP) - The Houston Sunday before playing road games at ilers spent their off week smiling Cincinnati and Cleveland.

"This is a very important game for us," quarterback Warren Moon said. "It gets your record back even. It gives you three wins in a row and helps good things happen.'

Marshall said he's ready to play and Pardee stopped just short of saying Marshall would play against the Seahawks. Marshall has missed four games because of arthroscopic knee surgery. He also developed an ankle injury.

"It's been very frustrating," Marshall said. "I've never been hurt before. I'm just trying to fight through it. I put in more than a full day's work trying to get ready to play.

post-practice locker room was

quarterback, and defensive tackle Ray Childress's contract was disapproved by the league.

The NFL would not approve Childress' four-year, \$8.9 million deal because it contains a right-of-first refusal clause, league sources told The Houston Chronicle.

The league informed the Oilers and Childress that under the new collective bargaining agreement, a right-of-first refusal clause is invalid unless the player's contract has expired. Childress was in the final year of his contract when he got the renewal.

"Hopefully it can be worked out without a problem," Childress said.

Pardee met briefly with Moon last The Oilers obviously benefited week after Moon said he didn't know from their off week. Wednesday's where he stood in the Oilers' plans. He apparently still wants

knows the heat is on. We're taking a long look at

what's happening, to see if it's the scheme or if it's individuals," Davis said. "You have to be able to stop the run in this division. "If you don't, you're going to get

hurt. We've been allowing too many long runs so we have to tighten things up. The Giants will test us; that's for sure.'

As if the Cowboys don't need enough incentive, they were given some bulletin board material to consider.

"I feel sorry for the team that has to play us next," Giants safety Greg Jackson said after last Sunday's 10-6 loss to the New York Jets.

The quote has been taped to the exit door at Valley Ranch where no Cowboy can miss it. "This has all the feel of a

championship game," Bates said. "Words won't hurt us. We just want to make sure the Giants' running game doesn't either."





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KANSAS CITY, Mo. (AP) - To the surprise of nobody, Dave Krieg and not Joe Montana will quarterback Kansas City against Green Bay Monday night.

How long Montana's re-injured hamstring will keep him out is anybody's guess. At least the 37-year-old quarterback was able to leave his crutches at the stadium when he went home Wednesday.

"Dave Krieg will start," coach Marty Schottenheimer said. "I don't know what Joe's status might be. He's listed as doubtful, and that accurately reflects his status as of today."

Montana, who has appeared in only half of the 28 quarters the Chiefs have played, last week re-injured the left hamstring he hurt Oct. 3. Montana sat out practice Wednesday and the Chiefs signed rookie quarterback Alex Van Pelt to their practice squad.

Montana was off crutches but limping noticeably.

Krieg, a 14-year veteran, started every game last season for the Chiefs and led them to a 10-6 record. He is 1-1 this year in relief of Montana, who has also missed time with a wrist injury.

Nevertheless, the Chiefs' offense has been much more efficient behind Montana than Krieg, who was unfamiliar with the new San Francisco offense the Chiefs put in. The two have played an almost equal amount of time through the first seven games.

"We in this business have always recognized that you have to win with whoever's available," Schottenheimer said. "Nobody's ever heard me get discouraged about losing a player. You're spinning your wheels and wasting your energy. We have won with Dave Krieg before and we can win with him again."

In another key move Wednesday, the Chiefs confirmed a shakeup in the defensive secondary. Ten-year cornerback Kevin Ross is moving to free safety and Martin Bayless will start at strong safety, putting Charles Mincy and second-year man Doug Terry on the bench.

The cornerbacks will be Dale Carter and former All-Pro Albert Lewis.

Ross, a Pro Bowler in 1989 and 1990, had suggested in training camp that he move to safety, but the coaching staff did not consider the idea because Ross had no experience at the position. "I have watched Kevin the last

couple of weeks and I have more confidence in him," Schottenheimer

lighthearted compared with the past discussion. two weeks of controversy surrounding tackle David Williams.

Williams skipped the Oilers Oct. 17 game against New England to be with his wife and newborn son. The Oilers docked his \$111,111 weekly pay check setting off a nationwide debate.

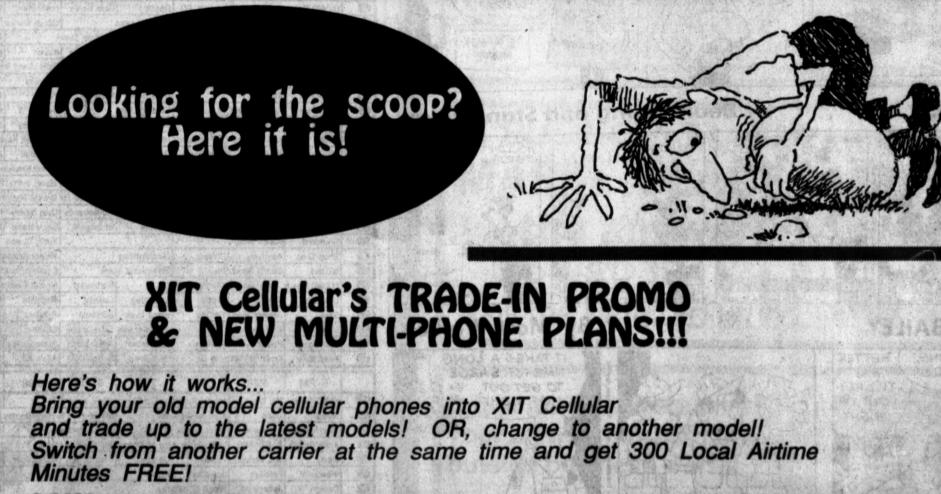
"It's a lot different coming in here without all the controversy that we've been having to answer questions about," Moon said, surveying the jovial locker room after practice. There still were a couple of

lingering problems. Moon wants a meeting with Pardee

concerning his status as the starting

"I'm here early in the morning until late," Pardee said. "I'll meet with any player who wants to talk."

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Page 6--The Hereford Brand, Thursday, November 4, 1993

Cavs could win NBA title in Jordan's absence

By The Associated Press

Michael Jordan is gone from the Chicago Bulls. Coach Lenny Wilkens is gone from the Cleveland Cavaliers. It's a trade the Cavs can live with.

Wilkens, the second-winningest coach in NBA history with 869 victories, left Cleveland and moved to the Atlanta Hawks. The Cavs responded by hiring NBC analyst and former Hawks coach Mike Fratello.

"It's going to be almost like starting over for a lot of us," point guard Mark Price said. "We have new coaches. We have to learn new plays. So right now our focus is just trying to get some cohesiveness with our new coaches and team, and then go from there.'

The Cavaliers, who play host to Milwaukee Friday night when the NBA season starts with 13 games, have a more realistic chance to

and NBA titles because of Jordan's surprise retirement.

'I think a lot of people's expectations will be up," Price said. 'You don't know who the favorite is right now. I think it does open things up for a lot of teams. There's not one team that stands out now like Chicago did with Jordan.'

In other openers, it's New York at Boston, Washington at Philadelphia, Indiana at Atlanta, Portland at the Los Angeles Clippers, Orlando at Miami, Chicago at Charlotte, Minnesota at Detroit, New Jersey at Houston, Golden State at San Antonio, Dallas at Utah, Phoenix at the Los Angeles Lakers and Denver at Sacramento.

Seattle is the only team that will have to wait until Saturday night to start its season. The SuperSonics are

challenge for the Eastern Conference in Inglewood, Calif., to face the Lakers.

Price is one of three Cleveland All-Stars, along with center Brad Daugherty and forward Larry Nance, who are in their seventh season together.

Despite the loss of free agent Craig Ehlo, the Cavs could be improved, with Tyrone Hill acquired to provide rebounding help, Terrell Brandon challenging Price for playing time and rookie forward Chris Mills likely to crack the starting lineup soon. Gerald Wilkins will start at shooting guard, backed up by John Battle, who played for Fratello at Atlanta.

Portland made two major deals in the offseason in an effort to catch Phoenix in the Western Conference. The Blazers sent disgruntled center Kevin Duckworth to the Washington Bullets for forward Harvey Grant,

then traded swingman Mario Elie to in the past." Houston to open a salary slot that allowed them to sign center Chris Dudley.

The departure of Duckworth and the arrival of Dudley, whose strengths are defense and rebounding, have the Blazers hoping to run more this season.

"I think it's going to be more exciting," said Cliff Robinson, who last year won the NBA Sixth Man award for his play off the bench at all three front-line positions. "We'll be able to get up and down the floor more and really defend, and get back

THURSDAY

6:30

MacNeil/Lehrer Newshour Old House Cooking

Movie: Still Not Quite Human **1/2

Cops

6 PM

News

News

6

20

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7 PM

Mad-You

Wh. Fortune. Missing Persons

7:30

Andy Griffith B. Hillbillies (:05) Movie: Cool Hand Luke (1967) Paul Newman, George Kennedy. ***1/2

Wings

8 PM

Seinfeld

Mystery

Matiock

Movie: The Story of Snow Wh

Dudley's weakness is on offense - in the preseason he shot 28 percent from the field and 58 percent from the free-throw line - while Grant was obtained for his shooting ability. He averaged 18.2 points for the Bullets last season.

'We can be a good shooting team at times, but it's not something that's going to be there night after night for us," Blazers coach Rick Adelman said. "The defensive end, the ball movement and the player movement, that has to be there night after night."

For the seventh straight year, to the type of things that we've done Clyde Drexler and Terry Porter will

Television

8:30

Frasier

be Portland's starting guards. Rod Strickland, who spent much of the summer working on his outside shot. will come off the bench in a three-guard rotation.

The Clippers - Portland's opening night opponent - made few offseason changes, but it wasn't for lack of trying.

A deal that would have sent unhappy All-Star Danny Manning to Miami for Glen Rice and Willie Burton fell through at the last minute. So the Clippers' nucleus of Manning, guards Ron Harper and Mark Jackson and center Stanley Roberts returns, although the team has a new coach in Bob Weiss.

NOVEMBER 4

9:30

News

News

9 PM

Primetime Live

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10 PM 10:30 11 PM

(9:50) Movie: The African Queen (1951)

(:35) Tonight Show

MacNeil/Lehrer News

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M'A'S'H

Auto Rac

Movie:

Movie

Real West

HS Extra

Odd Coup

Movie: Follow the Fleet Fred Astaire

UT needs win to stay in bowl race

HOUSTON (AP) - The Texas Longhorns still have Cotton Bowl dreams and they still have their confidence despite a 2-4-1 record.

They'll have to beat the Houston Cougars in the Astrodome tonight, beginning a must-win four-game stretch against Texas Christian, Baylor and No. 10 Texas A&M on Thanksgiving night that would put them in the Cotton Bowl.

"This team has the potential to beat A&M," Longhorn wide receiver Mike Adams said. "I think we can beat A&M and I think everybody else (on the team) does too.'

Texas leads the series with Houston 10-7-2, but the Cougars have won four of the last six games and the last three in the Astrodome. Texas won last year's game 45-38 after blowing a 28-0 lead.

It was a short work week following losses by both teams on Saturday but neither Houston coach Kim Helton nor Texas' John Mackovic is complaining.

setback in life, the best thing for you to do is to just get up and go right back to work the next day." Mackovic said. "Our guys have come out and responded well.'

Helton was ready to play on Sunday.

"They're going to have a chance to play against bigger and faster and better people in front of the whole world and have a chance to redeem themselves," Helton said.

Texas Tech dampened the Longhorns' bowl aspirations with a 31-22 victory in Austin last week, and the Cougars played their worst game of the season in a 28-10 loss to Texas Christian.

Texas (2-4-1, 2-1 in SWC games). At 1-5-1, 1-2-1, Helton is just trying to get some momentum going into his recruiting program.

"Texas is going to watch the film and say, 'If TCU can blitz them and cover them, the University of Texas Ohio State won the Heisman Trophy can," Helton said. "They sure are in 1955.

"Sometimes when you have a big. I don't know where they get all their guys from, but I need to start shopping there.'

> By the numbers, it could be a high-scoring game. Houston ranks 96th among the 106 NCAA Division I-A schools in scoring defense and the Longhorns are 92nd.

> But both offensive teams have been erratic. Texas hasn't won consecutive games all season and the Cougars have been hard-hit by injuries, especially at running back. Houston quarterback Jimmy Klingler may play against Texas, but he has a bruised shoulder and sore ribs.

> We're sitting at the back of the roller coaster right now trying to push our way to the front," running back Rodrick Walker said. "The people in front of us, we're going to have to push them out of their seats.'

Howard "Hopalong" Cassady of

Hunger-Heal Joy-Music Campbells VISN Showcase Invitation to Life Jessy Dixon Cap.-News Heart-M Lifestyle 9 Jeffersons Movie: Cold Sweet (1974) Charles Bronson. **1/2 Night Court Highlander: The Series Design. W. 10 News In the Heat of the Night Top Cops Eye to Eye News Golden Girls Late She Married... In Color In Color In Color Roseanne Murphy B. Simpsons Sinbad Star Trek: Next Ger 12 Sportsctr. (:40) College Football Texas at Houston Sportscenter Father Dowling Mysteries 700 Club Ø Waltons Young Riders Bonanza Movie: I Movie: She-Devil Meryl Streep. 'PG-13' Fatality Movie: Talkin' Dirty After Dark ** 'R' **Ready-Not** Movie: Critters 4 Don Opper. ** 'PG-13' Movie: Final Round Lorenzo Lamas. Comedy Inside the NFL Movie: Movie: Immediate Family Movie: Samantha Martha Plimpton. **1/2 'PG' Movie: Angel in Red 'R' Movie: Necromancer Elizabeth Kaitan. Bance Line Ctry News Club Dance Ctry News Dancin' Dancin' at the Hot Spots Music City Tonight Mysterious Pacifica 25 Animals Pet Con. Movie Machines Mysterious Pacifica Tchaikovsky: A Life In Search Of **Real West** Evening at the Improv Movie: Runaway Heart (1990) Jill Eikenberry. ** **Unsolved Mysteries** .A. Law olved Mysteries This Week in NASCAR Outdoors Fishing Triathion Motorsports Cycle World MotorSports Hour Bugs Bunny's All-Stars Movie: A Summer Place (1959) Richard Egan, Sandra Dee. *** Movie: Coming Home (1978) **** Van Dyke Lucy Show Hitchcock 31 Looney Bullwinkle Partridge Get Smart Dragnet Newhart M.T. Moore M.T. Moore Movie: The Disappearance of Christina (1993) 32 Major Dad Wings Murder, She Wrote Wings Wings 63 Dos Mujeres, un Camino Nuestra Belleza 1993 Notici.Uni. Movie: No se Mande 6 Homebodies Hometime Archaeology Silk Road Archaeology Silk Road Journeys **Ancient Journeys** The Celts Ban. Splits Scooby Doo Flintstones Jetsons Toon Heads Atom Ant **Bugs & Daffy**

FRIDAY

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Marvin

By Tom Armstrong



Hints from Heloise

Dear Heloise: I wish to make a comment about your answer to a woman who complained about cash-iers overloading plastic bags.

She was worried about bags breaking, and your answer was to ask the cashier to double-bag or give her more bags.

In this day of waste and environmental problems, why not tell her to use cloth bags? I use them all the time. They are very strong and easier to carry.

We all need to think more about our environment. - Kathryn J. Quinn, Omaha, Neb.

Right you are! We do need to think about our environment!

Lots of stores now have plasticbag recycling, and homemakers have a multitude of uses for the bags.

If any of you have unique reuse hints, send them to us. We will choose the 10 best ones and the winners will receive a complete set of my helpful pamphlets. - Heloise SPRAY STARCH

Dear Heloise: I enjoy reading your column every week. I feel that this hint will save money and prevent waste.

Instead of using cans of spray starch when ironing, I now take 1/4 cup of liquid starch and add 16 ounces of water in a spray bottle and shake. It works great, there are no cans to throw away or clogged spray nozzles and everything is reused and/or recycled. - Mary Gray, Rochester, N.

Yup, my grandmother did the same, and what's good about this is you can make the starch as strong or weak as you like. Glad you wrote. -Heloise

THANKSGIVING HINT

Dear Heloise: Here's an idea that worked very well for my family last Thanksgiving. Before the meal was prepared, I set the table to include placement of serving pieces. Under each bowl or dish, I placed a slip of paper indicating what it was to be used for (i.e. stuffing, sweet potatoes, noodles, etc.).

Then when it was time to get the meal from the kitchen to the table, my helpers already knew what each food item was to be served in and

the last minute or searching for a honeymoon resort in hawaii are all reasons thousands of travelers rely on travel agents for one-stop travel shopping. More than 85 percent of all airline tickets are booked through

Make traveling easy

travel agents each year. Travel agents take the pressure off travel planning, offer helpful advice and iron out emergency situations with just one phone call. Following are some helpful tips for selecting and working with a travel agent:

1. Know that travel agent services are free toy you. Whether you call your travel agent once every five years or 500 times in one year, the cost to you is still the same - nothing. Travel agents earn their living through commissions paid by the airlines, hotels, car rental companies and other travel services they book you for. 2. Save yourself time and money.

Rather than making multiple calls to airlines, hotels and car rental companies each and every time you travel, you can place a single call to one travel agency that will identify and book the best values for you on all of your travel needs.

3. Be specific about your needs. A good travel agent is patient and responsive to special requests. For example, business travelers often request a hotel with a business center, fax delivery services and an in-room telephone dataport. Leisure travelers may request a hotel with a fitness center, a fine dining restaurant or close proximity to the local zoo.

If you work with a travel agent regularly, she or he will learn your preferences and take care of your travel details without even having to

4. Get the most bang for your buck. Ask about special rate promotions. Travel agents are the best source of information on special rates and programs that save you money. Some of these rates are year round, such as Hilton's BounceBack Weekend rate enjoy traveling hassle-free...and with which starts at a low \$65 per night. confidence.

Making your own travel arrangeme-nts can be a daunting task. Booking a or even one or two day "sales." While 2 a.m. flight, finding a hotel room at it would be impossible for the average consumer to keep track of all these offers, it's "all in a day's work" for a travel agent.

5. Ask for personal recommendations. Travel agents know many destinations and hotels from firsthand experience and their clients. Use their knowledge to your advantage.

6. Use your agent to help focus your travel planning. Looking for a warm sandy beach on a quiet island in February? Your agent can help match a destination with your dreams, needs and budget.

7. take advantage of frequent traveler programs. If you're a frequent traveler, guest reward programs offer significant benefits and upgrades to members at little or no cost. Your agent can enroll you in a program that accumulates "points" each time you travel - some are more generous than others. For example, Hilton Honors allows members to "double dip" to earn both hotel points and airline mileage with every hotel stay.

8. Work with one travel agent regularly to save time and money in the long run. Once the agent is familiar with you, she or he can accommodate your needs more quickly and efficiently. It's usually best to work with a local agency so they're nearby if you have a problem.

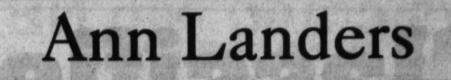
9. Look for a travel agency accredited by the International Airlines Travel Agent Network (IATAN). This will ensure that the agency meets the highest employee standards, has solid financial backing and maintains proper ticket security measures. Also, ask if your agency is affiliated with a national or local travel association such as the American Society of Travel Agents (ASTA) or the Association of Retail travel Agents (ARTA).

10. Give feedback to your agent. Letting your agent know how your trip went can help streamline your next trip.

Holiday health tips

reach for Aunt Sophie's special coughing and hoarseness;

This holiday season, before you -wheezing, shortness of breath,



DEAR ANN LANDERS: I am a Zealand lamb, Norwegian salmon and why your wife merits such fabulous 17-year-old high school senior. I accidentally got my girlfriend pregnant. Here's the catch: We never

actually engaged in sexual intercourse. As a matter of fact, we are both Please tell your readers that any ejaculation, whether directly within or

outside the female, can lead to pregnancy. Semen ejected outside of the woman's body can drip into her body and fertilize the ovum. Although this is an uncommon occurrence, I now know from experience that it can happen.

virgins.

I want to do everything I can to inform other teen-agers of this risk. The media is saturated with messages concerning teenage sex and pregnancy, but instead of telling teens to use a condom, parents should remind their kids that even what may seem like harmless foreplay or "fooling around" can lead to an unwanted pregnancy .-Buffalo, N.Y.

DEAR BUFFALO: YOU told them -- and very effectively. Thank you.

DEAR ANN LANDERS: I'm awfully late with this, but I hope you print it anyway. It's about the snide remarks from women who were critical of the lady who "spoiled" her husband by bringing him a soft drink. I know a man who gets up at 6 a.m.

and fixes his wife breakfast. He pays the rent, the electric bill, the phone bill and the cable TV bill. He hires a service agency to do the heavy household work. He does the marketing and brings home steaks, lobsters, oysters, filet mignon, New

English pheasant He has given his wife a beautiful air-conditioned car and three credit cards for gas. He pays an accountant to do their taxes. He sits in as a fourth

for bridge when one of the regulars can't make it. He has given her a copy of his will, which entitles her to a large life income and a great deal of cash. All this by a man who worked his way through school while supporting his parents. He knows his wife is a jewel and takes pleasure in showing her how much he appreciates her. he calls her KriKri after Eisenhower's

white Chinese goat. I know the man well. I am he .-- A Happy Husband in Mount Royal, Quebec

DEAR MOUNT ROYAL: wouldn't dare print your name. You'd be mobbed by women from all corners of the earth. Too bad you didn't tell us

I'm not sure it's a compliment to be called by the name of a goat-even Eisenhower's. But thanks for letting us know that Ozzie and Harriet are alive and well and living in Quebec.

LOS ANGELES (AP) - Olivia Hussey, star of the 1968 film version of "Romeo and Juliet," became a mother for the third time at age 42,

giving birth to a daughter. "Olivia is thrilled to death," said Michael Houbrick, her agent. "After

two boys, it's great to have a girl." Hussey, who is married to musician David Eisley, gave birth to India Joy Eisley on Friday. The infant weighed 6 pounds, 12 ounces. The actress best known for her role

in Franco Zeffirelli's film version of the Shakespeare classic has two sons.



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where it was to be set on the table. Thank you for your column in the Manhattan Mercury. I try not to miss a single one. - Becky Deeds, Manhattan, Kan.

Can you believe it's that time of year? I have compiled a pamphlet chock-full of holiday hints to help make the upcoming holidays hasslefree. To receive a copy, please send, \$2 and a long, self-addressed, stamped (52 cents) envelope to: Heloise/Holiday, PO Box 795001, San Antonio TX 78279-5001. — Heloise

Dear Heloise: How do you remove oil or grease from a new driveway? - E. McDermott, Douglasville, Ga.

A hint that has been passed on for years is to sprinkle cat litter or dry cement over the grease stain and let it sit. This will absorb the fresh surface grease, but it really doesn't remove the old brown stain, though it may lighten or camouflage it somewhat.

Of course, there are concrete cleaners or degreasers, found at most automotive stores, that will remove the grease also. But the brownish stain usually remains. Household bleach sometimes works and is worth a try

If the brown stains are in a large area and are driving you up the wall, symptoms of severe allergic you can rent a pressure washer that reactions: should remove the remaining stain. They can be quite expensive, but flushed skin; worth it if you want the driveway to look nice. - Heloise

ask her for the recipe and find out just what the secret ingredient is -especially if you're prone to food allergic reactions.

For those individuals who suffer from severe allergic reactions, or anaphylaxis, the wrong ingredient can be quite dangerous.

Anaphylaxis is a severe allergic reaction that occurs when a person is exposed to an allergen to which they have previously become sensitized. Commonly triggered by insect stings, anaphylaxis is caused by food as well--the most common food allergies being milk, eggs, nuts and shellfish. "Food allergies can be tricky,"

says Dr. Susan Wynn, allergist, Fort Worth Allergy and Asthma Associates, "especially because they are not always obvious. Some foods and spices used as ingredients can be hidden dangers to certain individuals even in the smallest doses.'

According to Dr. Wynn, a "true"

food allergy can manifest itself in many ways, from an upset stomach to hives to an anaphylactic reaction. Delayed onsets are possible when it comes to food allergies, as the offending ingredients work their way through the digestive tract.

When in doubt, look for these

-itching of the skin, raised rash,

-swelling of the lips, throat and

-nausea, vomiting and cramps; -sense of impending doom, perhaps of loss of consciousness.

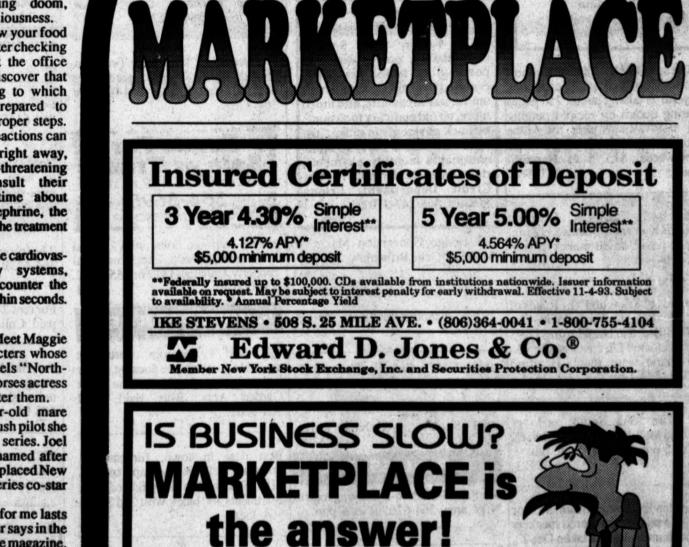
It is important to know your food allergies. However, if after checking out the buffet items at the office Christmas party, you discover that you've eaten something to which you're allergic, be prepared to immediately take the proper steps. Because anaphylactic reactions can be fatal if not treated right away, those with known life-threatening allergies should consult their physician ahead of time about carrying the drug epinephrine, the medication of choice for the treatment of anaphylaxis.

Working directly on the cardiovascular and respiratory systems, epinephrine is able to counter the effects of anaphylaxis within seconds.

NEW YORK (AP) - Meet Maggie and Joel. Not the characters whose love-hate relationship fuels "Northern Exposure," but the horses actress Janine Turner named after them.

Maggie is a 9-year-old mare Turner named after the bush pilot she plays on the quirky CBS series. Joel is a 9-month-old roan named after Joel Fleischman, the misplaced New York doctor played by series co-star **Rob Morrow**

"A typical horse day for me lasts about five hours," Turner says in the December issue of InStyle magazine.



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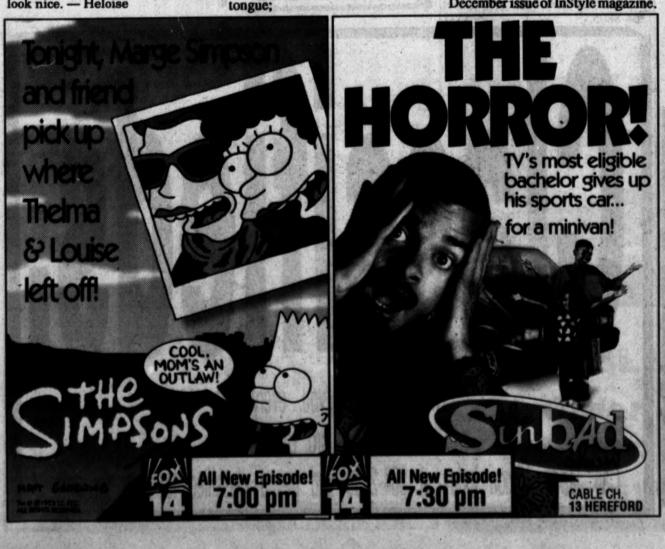
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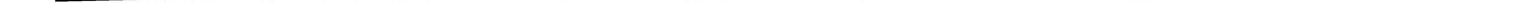
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Page 8--The Hereford Brand, Thursday, November 4, 1993



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NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF **BESSIE E. WHITAKER,** DECEASED

Notice is hereby given that original Letters testamentary upon the Estate of BESSIE E. WHITAKER were issued to me, the undersigned, on the 1st day of November, 1993, in the proceeding below my signature hereto, which proceeding is still pending, and that I now hold such letters. All persons who may have claims against said estate which is being administered in the county below named, are hereby required to present same to me at my residence address in Deaf Smith County, Texas, and with my post office address being: Route 5, Box 150-B, Hereford, Texas 79045, before suit upon same is barred by the Statutes of Limitation, and within the time prescribed by law.

DATED this 1st day of Novem-ber, 1993 /s/ GREG WHITAKER **Independent Executor of** the Estate of **BESSIE E. WHITAKER,** Deceased, No. 4065 in the County Court of **Deaf Smith County, Texas**

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"One day" (said Paul) "after my return to Jerusalem, while I was praying in the Temple, I fell into a trance and saw a vision of God saying to me, 'Hurry! Leave Jerusalem, for the people here won't believe you when you give them My message.' .

The Newspaper

BIBLE

"'But Lord,' I argued, 'they certainly know that I imprisioned and beat those in every synagogue who believed in You. And when Your witness Stephen was killed, I was standing there agreeing -- keeping the coats they laid aside as they stoned him.' But God said to me, 'Leave Jerusalem, for I will send you far away to the Gentiles!"

The crowd listened until Paul came to that word, then with one voice they shouted, "Away with such a fellow! Kill him! He isn't fit to live!" They yelled and threw their coats in the air and tossed up handfuls of dust.

AXYDLBAAXR **is LONGFELLOW**

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different. 11-4 CRYPTOOUOTE

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The language with the most letters in its alphabet is Cambodian with 74.



So the commander brought him inside and ordered him lashed with whips to make him confess him crime. He wanted to find out why the crowd had become so furious! As they tied Paul down to lash him, Paul said to an officer standing there, "Is it legal for you to whip a Roman citizen who hasn't even been tried?

The officer went to the commander and asked, "What are you doing? The man is a Roman citizen!" "Yes, I certainly am." "I am too," the commander muttered, "and it cost me plenty!" "But I am a citizen by birth!"

The soldiers standing ready to lash him, quickly disappeared when they heard Paul was a Roman citizen, and the commander was frightened because he had ordered him bound and whipped. Acts 22:17-29

LOS ANGELES (AP) - Frank Sinatra on rock radio? Capitol Records thinks

Capitol released "Duets" on Tuesday. It's Sinatra's first album in nine years. Accompanying Ol' Blue Eyes on various cuts are Liza Minrelli, Barbra Streisand, Aretha Franklin, Tony Bennett, Natalie Cole, Anita Baker, Gloria Estefan, Carly Simon, Charles Aznavour, Julio Iglesias and Kenny

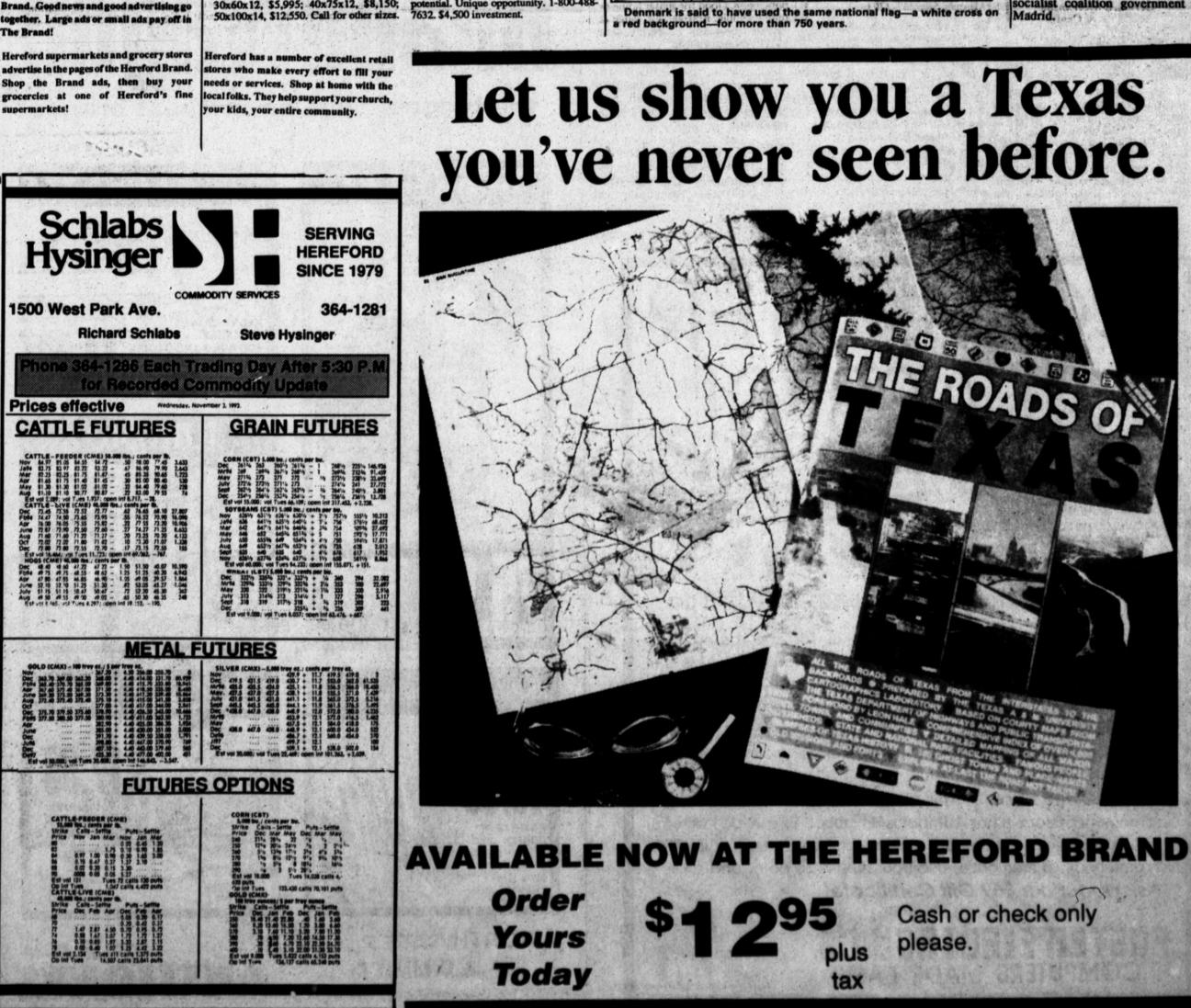
It's the odd cut out, though, that's getting promoted to music industry types: It's a duct with Irish rocker Bono of the group U2. The two croon the Cole Porter standard "I've Got You Under My Skin."

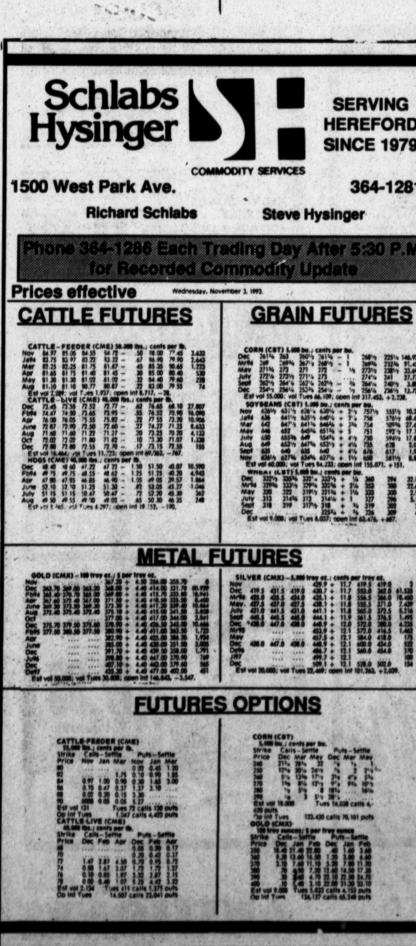
'That's obviously the track with the hippest cachet in today's market,' said Ken Barnes, editor of Radio and Records, an industry publication. "It's a sign of what they're aiming at - the alternative market.

Despite the album's title, recording it was not a one-on-one affair. Most of the tracks used a digital technique that provides high-quality sound over telephone lines, allowing Sinatra, 77, to stay in Los Angeles, while partners phoned in their parts from around the world.

The Spanish Civil War began July 8, 1936, as Gen. Francisco Franco led an uprising of army troops based in Spanish North Africa against a alist coalition go

9 3





Page 10-The Hereford Brand, Thursday, November 4, 1993

Ask Dr. Lamb

DEAR DR. LAMB: My husband, age 56, has just been diagnosed with cancer. What is the difference?

prostate cancer. A biopsy with six cells were cancerous. He is now scheddominal and pelvis scans to see if the cancer has spread.

We were told if there was no spread

tors believe the risk of side effects virus from treatment are far worse than the risk of living with prostate can- of two factors, not one, that may cer, since the vast majority grow so influence the risk of cancer. But takslowly. We read that the vast major- ing excess folate could be harmful. So ity grow so slowly that there are no it should not be overdone. Folate is in symptoms, the cancer does not spread foliage - so eat your salads. and men eventually die of something else. Also that there is no evidence ciate your comments on "white coat that lives are saved by early diagno- hypertension." I am a 75-year-old sis or any available treatments: surgery, radiation or testosterone-block- pounds. My only medication is 80 mg ing drugs. Can you give us your opinion

DEAR READER: It sounds like you have misinterpreted something you have read. You probably read that in blood pressure at the doctor's office. "elderly men" a small cancer that has not spread may not cause any problems during his lifetime. In this instance, many urologists would agree spike at anywhere from 180/100 to that surgery, radiation or even hormones are not needed. But that does not apply at all to your young husband. Without cancer of the prostate, he might well live another 15 to 20 years, or even more. So the decision pressure are not desirable, but if they may well be different if a man is 80 are only with a specific occasion, as rather than 56.

Even in older men who already have spread of prostate cancer, cas- you are taking for your skipped beats tration or the use of medicines to is also good at controlling your blood eliminate the stimulation of the can- pressure. cer with testosterone is of great value. It may hold the cancer in check until spread, it may also hold his cancer in check for many years.

Please read my new Special Report 130, Update on the Prostate, that I am sending you before you decide

this report can send \$3 with a reactors. The observation has simply No. 10 envelope for it to THE coat hypertension." It is from appre-HEALTH LETTER, P.O. Box 5537, Riverton, NJ 08077-5537.

Don't believe that a man won't have symptoms from cancer of the prostate if it spreads. It can involve the my new Special Report 147, Control bone, causing pain, and if the tumor Your Blood Pressure, if you had in-

Dr. C.E. Butterworth of the Unisamples indicated 40 percent of the versity of Alabama studied folate levels in women who had cervical cancer uled for chest X-rays and bone, ab- and those who did not. Women with the cancer-causing viruses and low folate levels were five times as likely

to have cervical cancer as those who he would be treated with surgery or had normal folate levels. Folate may radiation. If the cancer has spread, help maintain cervical cells, as it he must be treated without surgery. does with other surface cells, making Now we have read that some doc- them more resistant to the cancer

Here you see again the dual action

DEAR DR. LAMB: I would apprefemale, 5 feet 7 inches and weigh 124 of Inderal daily to control skipped heartbeats. This dosage has been very effective.

My concern is that I have high When it is checked at home, it is 138/ 72. This pressure is constant, but when I get to the doctor's office, it will 200/104. Is this a cause for alarm, or is there any way of controlling this?

DEAR READER: Spikes in blood just in the doctor's office, they are of little clinical significance. The Inderal

The one thing you need to be sure about is that your blood pressure a man does live out his lifespan. And readings at home are accurate. You in a young man, if the cancer has need to have your instrument checked against the one in the doctor's office to be certain of this.

Such situational increases in blood pressure have been well known for years. Individuals with this reaction against treatment. Others who want were previously called vascular hyper stamped (52 cents), self-addressed, been dramatized and called "white hension or anxiety at having a medical person check your pressure.

> I would have sent you a free copy of cluded your address on your letter-

Pointers for parents

ingestion by children under age six who swallowed mouthwash were recorded in a recent five year period, according to the American Association of Poisons Control Centers. Only one ounce of a high alcohol-content mouthwash can seriously affect a 22pound child and only five ounces can be fatal.

Fortunately there are two things you can do to keep your youngsters out of such statistics.

1. Keep mouthwash, along with all other potentially poisonous substances, such as cleaning materials, medicines, paint, kerosene and the like, locked away where children can't reach them.

2. When you can, use products that are not potentially poisonous in the first place. For instance, Clear Choice mouthwash from Bausch & Lomb contains no alcohol. Some popular brands have a far higher alcohol content than beer or wine.

Alcohol is not necessary for the mouthwash to be considered effective. Alcohol is used in these mouthwashes to dissolve certain ingredients.

"Children's curiosity and attraction to brightly colored products like mouthwash, as well as their propensity

More than 10,000 reports of alcohol to mimic their parents' behavior, can put them in danger," says Simon Cheirif, DDS, Associate Clinical Professor, Department of Pediatric Dentistry, New York University. "Children are more susceptible to alcohol poisoning than adults because of their lower body weight and different metabolism.

Because of the danger associated with alcohol-containing mouthwash, a petition was filed with the U.S. **Consumer Product Safety Commission** by attorneys general of 27 states and several other organizations. The petition calls for child-resistant packaging on all mouthwashes containing more than five percent alcohol. In addition, the American Dental Association (ADA) passed a resolution requiring manufacturers of mouth rinses with more than five percent alcohol that want the ADA seal of Acceptance to place child-proof safety caps and warning labels on their bottles.

"Until child-resistant packaging and warning labels are available, parents should keep mouthwashes out of the reach of children, or consider using an alcohol-free mouthwash such as Clear Choice," says Dr. Cheirif.

Spotlight on health

iltrasound.

Diagnosing the health of a fetus and measuring blood flow and its patterns in your body are just two examples of the fascinating science of sonography. Another lifesaving area is neurosonography. Used primarily in newborns, it allows doctors to view the brain without harm or discomfort to an infant.

Why is ultrasound so useful? First, ultrasound is safe; it emits no ionizing radiation. Test after test has shown that there are no known harmful side effects with ultrasound.

It also provides clear and accurate

LOS ANGELES (AP) - TV vcterinarian Steve Kritsick returned to "Good Morning America" to get personal, revealing that he is gay and has AIDS.

The former staff member of the show appeared Friday, gaunt cheeks and lack of hair showing the effects of chemotherapy he receives for AIDS-related cancer.

Here come some sound facts about images. Ultrasound works on the same principle as sonar. Instead of sound waves bouncing off the ocean floor, they bounce off organs and tissues beneath the surface of the skin. Pictures are then sent back to the ultrasound machine.

The third reason is cost. Ultrasound is usually less expensive and takes less time than other imaging methods.

Who performs these ultrasound examinations? Most are performed by sonographers, not physicians. Although sonographers are not licensed, they can choose to prove their competency by becoming certified. Since 1975, over 20,000 sonographers have passed these competency tests.



make food?" was asked by a student visiting the Ozmobile.

ANSWER: In one of the past articles I mentioned that animals cannot live without plants because plants make food. The process of making food is called photosynthesis.

Plants are very special. Most of the food factories are in the leaves, but some plants also have factories in the green stems, like in tomatoes.

The factories must have certain ingredients for them to work. Sunlight provides the energy to run the factories. Water is pulled up from the roots, through the stem, to the leaves. Carbon dioxide is taken into the leaves and some stems through small openings. In leaves, these openings are usually on the bottom and are called stomas.

The factories break the water molecules into oxygen and hydrogen atoms. The oxygen escapes through the stomas, mixes with the air and animals breathe to take it in. The hydrogen is used to help make food.

The carbon dioxide molecules are broken down by the factories into carbon and oxygen atoms, which are also used to make food. The food is a simple sugar, called glucose. Each molecule has six atoms of carbon, 12 atoms of hydrogen and six atoms of oxygen.

There are always some hydrogen and oxygen atoms left over, which combine to make water molecules. These water molecules then escape through the stomas into the air.

So, the next time you walk by a plant, stop, pet it and compliment it for doing such a good job. Without plants, we could not live.

(EDITOR'S NOTE: "Ask Mr. Oz" is written by Mel Holubec, a retired Hereford High School science who now teaches science to intermediate school students as Mr. Oz. He travels from school to school in his

QUESTION: "How do plants Ozmobile, a bright green bus that contains a complete science lab. Science quest may be directed to Mr. Oz by writing: Ask Mr. Oz, c/o The Hereford Brand, P.O. Box 673, Hereford, Texas 79045.)

Keep your kids alive

More than 10,000 city residents across America are killed by hand guns each year. Guns are known as the weapon of choice among young people.

To examine this alarming phenomenon, the Salvation Army recently sponsored a symposium entitled, "Guns: Keep Your Children Alive" in Brooklyn, N.Y. Out of that meeting came some practical tips for families. Among them:

-Channel the need for love, attention and power into wholesome activities for the young.

-Play an active role in solving children's problems.

-Enroll children in community programs for sports, education, and socialization.

-Design mediation systems to resolve disputes among teenagers non-violently.

-Avoid trouble and people who cause it.

-Practice wholesome family alues.

Further information is available from your local Salvation Army.

On July 18, 1940, the Democratic National Convention in Chicago nominated President Franklin D. Roosevelt for an unprecedented third term in office.



NORTH GATE PLAZA

& DIMMITT

mass in the prostate grows, it can cause urinary obstruction.

DEAR DR. LAMB: My mother insists that vitamins can prevent cervical cancer. She is after me to take all these vitamin preparations. I have read that cervical cancer is caused by HEALTH LETTER/147, P.O. Box wart viruses. Would you please explain this to my mother?

DEAR READER: Mothers are always right. There is strong evidence

head. Because of the volume of mail, I don't see the envelopes. Those who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE 5537, Riverton, NJ 08077-5537. The

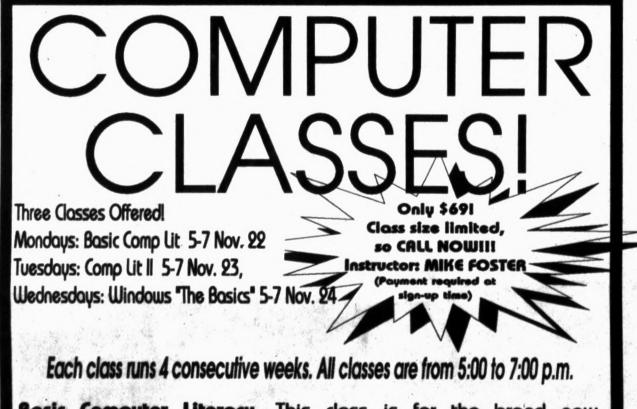
and its fluctuations to you. The isolated spikes and the rise in some strains of wart viruses invade the top blood pressure all suggest a the cells of the cervix, take over their simple increase in the amount of blood genetic material and convert the cells your heart pumps when you are exto cancer. Not all wart viruses do cited. But you do need to keep a this. The wart viruses believed to regular check of your blood pressure, cause cervical cancer also occur in and if it becomes elevated at home, women who do not develop cervical you may need additional medicine.

report will explain blood pressure

"I'm not just going to sit around waiting to die," said Kritsick, who was animal science editor on ABC's "Good Morning America" from 1987 to 1989 and contributed stories as recently as August.

"I have a burning passion, a compelling need to express honestly things about me and my life very few people would know, and for which I'm afraid people ... would judge and not understand," he said.

Kritsick said fear of rejection kept him in the closet, but now he knows better and wants to help others.



Basic Computer Literacy, This class is for the brand new computer user. We will cover the basics of the basics. This will be a very fun class for the newest computer owner, or for someone who is considering a computer in the future.

Computer Literacy II, This class is for folks with some computer experience. They know the basics, and want more information about the computer world.

Windows - "The Basics", This class will focus on the Windows environment. Learn what Windows is, what it can do for you, and how to use it., Windows makes computers much friendlier. No commands to memorize, use your mouse to point and click! Ask about our \$69 Gift Certificate!











Models and prices may vary by dealer.



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