

The

Hereford Brand

• Hustlin' Hereford, home of Doug Kelley

92nd Year, Vol. No. 197 Deaf Smith County, Texas

12 Pages

25 Cents

Texas Republicans rap Clinton budget plan

WASHINGTON (AP) - Texas Republicans are denouncing President Clinton's budget blueprint, despite the fact that it contains billions of dollars for the state and funds some of the programs they hold dear.

The key sticking point, they say, is Clinton's plan to raise taxes.

"Just as Republicans feared, this is more taxes, more spending and more deficits," said Rep. Lamar Smith, R-San Antonio, who was delegated by House GOP leaders to pick apart Clinton's \$1.52 trillion budget.

Said Sen. Phil Gramm, R-Texas: "The American people may not comprehend the arcane 'baselines' or the billions of dollars that mark the national budget, but they understand that President Clinton intends to tax their gasoline, their income and their Social Security benefits."

Clinton submitted his fiscal 1994 budget Thursday, a quiet time on Capitol Hill since most members of Congress are back at home for the Easter recess. Congressional staffs scanned the 11-pound tome searching for funding in their districts, but there was little immediate reaction from many lawmakers.

Gov. Ann Richards' staff was pleased with the results.

"We are absolutely delighted that our projects are in the president's budget. It's good for Texas, it's good for the nation," said Richards spokesman Bill Cryer. The governor was on state business in Mexico and unavailable for comment.

Cryer and others said the main drawback was the administration's plan to impose a broad-based energy tax. Asked if the energy tax tempers enthusiasm for the budget, Cryer said: "The energy tax is a big concern and frankly we are still reviewing and analyzing the energy tax to see what the effects will be."

Smith, who sits on the House Budget Committee, said: "The energy tax is going to hit Texans harder than most Americans. Not only are they going to pay about \$500 more per household, but the tax is going to hit the energy industry, which provides so many jobs to Texans."

But Treasury Secretary Lloyd Bentsen, who represented Texas in the Senate for 22 years, called the energy tax fair. Bentsen said it "will conserve energy, clean up the environment ... and will cost a family earning \$40,000 under \$17 a month" when it goes into full effect by 1997.

The energy tax, which would raise \$72 billion over five years, would translate into an estimated 7.5 cents a gallon increase at the gas pump and would increase the average home electric bill by \$2.25 a month.

Texas Railroad Commissioner Barry Williamson, in testimony to a House committee last month, said that although Texas accounts for 6.8 percent of the population, it would bear 12.8 percent of the energy tax's brunt.

The energy tax proved so unpopular that Sen. Bob Krueger, D-Texas, cited it as part of the reason he opposed Clinton's budget resolution in the Senate - one of only two Democrats to defect from party ranks.

Despite that, Krueger spokesman Greg Weiner said: "There are certainly many things in there to like. (Krueger), as you know, supports the super collider and the F-16 program."

Clinton's overall tax package would cost the average Texan \$203 more a year, said the Northeast-Midwest Coalition, a congressional research group that provided state-by-state estimates of the budget's impact.

Many of Clinton's plans for Texas projects already were known, from the broad guidelines he outlined

in a national address in February. Among them were Clinton's \$2.1 billion request for Space Station Freedom, \$640 million for the super collider and \$913 million to continue the F-16 fighter jet program.

The budget also includes:

- \$657 million to assist and retrain people out of work because of military cutbacks, plant closings and the North American Free Trade Agreement.

- \$259 million in funding for Texas military construction projects.

- \$223 million in Army Corps of Engineers projects in Texas.

- \$173 million for the Strategic Petroleum Reserve.

- \$85 million dollars in Agriculture Department and Environmental Protection Agency funding for water and waste improvements in colonies, the impoverished settlements along the U.S.-Mexico border.

Billions more will be funneled to the state for everything from roads and bridges to Medicaid, Chapter 1 education money and programs to feed poor women and children. The monies are provided under complicated formulas, making it difficult to immediately gauge how much each state will receive.

O'Leary defends super collider

WAXAHACHIE, Texas (AP) - Energy Secretary Hazel O'Leary defended the \$8.25 billion super collider Thursday, telling reporters and workers on the colossal scientific project: "It ain't pork."

Collider supporters became concerned earlier this year when O'Leary said she does "not feel passionately" about the giant atom smasher. In fact, one collider official, speaking on condition of anonymity, said earlier that "there are mixed signals" from O'Leary on the project.

O'Leary used her first visit to the super collider site Thursday to allay fears that she is lukewarm on the

project.

Following a General Accounting Office report critical of the super collider's management, O'Leary defended the collider and has since said: "I and my administration continue to support this project."

She reiterated that view Thursday after examining the high-powered dipole magnets and peering down the 245-foot shafts where construction on the collider's 54-mile underground tunnel is progressing.

Scientists hope the giant particle accelerator will offer clues to the origin of matter.

"While the site is in Texas, work for this project is going on in a number of states... Illinois, Virginia, where I was born, Louisiana and other states that I'm going to leave out," she told about 150 super collider workers and reporters.

"This is science that has been planned for and dreamed of for decades. And it ain't pork."

Collider laboratory spokesman Russ Wylie said criticism of O'Leary was "unwarranted."

"I've never heard a stronger department endorsement of the project than the one she gave today," he said.

O'Leary also used the event to introduce Houston attorney Bill White as her deputy secretary.

Congressional opponents already are gearing up for their annual fight to terminate the collider. They nearly succeeded last year, when the House voted to slash all funds.

Some on Capitol Hill contend White House support for the collider will ebb after a special Senate election in Texas in May, where the interim senator, Bob Krueger, faces a tough challenge.

Krueger toured the collider with O'Leary, as did Rep. Joe Barton, one of the Republicans running against Krueger in the May 1 election. Rep. Pete Geren, D-Fort Worth and Rep. Martin Frost, D-Dallas, also toured the facility.

"This is bigger than the Senate race. It is bigger than politics," said Barton, R-Ennis, whose district includes part of the collider.

The Energy Department has included \$640 million in its fiscal 1994 budget for the collider, which would mark a 19 percent increase over current funding.

Consumer prices rise 0.1 percent

WASHINGTON (AP) - Consumer prices edged up only 0.1 percent in March, helped by the smallest medical care inflation in nine years, the government said today in a report that eased inflation worries.

The slight, seasonally-adjusted increase in the Labor Department's Consumer Price Index followed increases of 0.3 percent in February and 0.5 percent in January. The earlier reports had raised fears among some economists that inflation had stopped declining and was starting to accelerate.

Today's numbers bolstered the case of other analysts who had continued to argue inflation would not be a problem this year.

Nevertheless, the seasonally adjusted annual rate of inflation for the year so far is 4 percent, significantly higher than the 2.9 percent rate for all of 1992.

More importantly for economists, the core inflation rate - prices excluding the volatile food and energy sectors - has risen at a 4.3 percent annual rate so far this year, compared with 3.3 percent for all of last year.

Those core prices, which analysts consider a better measure of underlying inflationary pressures than the overall rate, shot up 0.5 percent during both January and February but rose only 0.1 percent in March.

Cat saves man's life, dies in early morning house fire

AMARILLO, Texas (AP) - Gus Grisham thinks his cat saved his life.

He woke about 11:30 a.m. Sunday to find Maude, his Persian cat, lying on top of him.

"She was laying on my chest pawing on my face when I woke up," Grisham said, "I reached over and tried to throw her out the window but the window wouldn't open."

Grisham had noticed that the floor furnace was on fire and as he began to dress, the flames spread to the ceiling. Grisham said he was forced to leap through a bedroom window to escape the blaze.

Maude died in the fire, but his other pets - three dogs, an iguana and another cat - made it out safely.

A piece of clothing that caught fire next to a heater unit caused the blaze, an Amarillo Fire Department spokesman said.

Without Maude's help, Grisham said he's certain he would not have made it out of the house injury-free.

"I already know deep down inside that I wouldn't have made it without her, there's no doubt in my mind," he said. "... she was just my perfect pet."



Living Lord's Supper

Members of the Church of the Nazarene here participated in a recreation of the Biblical Lord's Supper on Palm Sunday as part of Holy Week activities. Today is Good Friday, celebrated as the day Jesus was crucified. Holy Week activities will come to a head on Sunday with Easter, which celebrates Christ's resurrection from the dead. In Hereford, local churches will

celebrate Easter with a sunrise service at 6:45 a.m. in Whiteface Stadium. Players in the Lord's Supper were: Robert Chavez as Jesus; and the 12 Apostles, Monty Smith, Alan Smith, Mike Harris, Joe Weaver, Brandon Holcombe, Wade Holcombe, Randy Burrison, Garth Merrick, Brandon Gearm, Rudy Ramirez, Brack Bryant and Eddie Morton.

Backing down on promises no shock, expert says of holed-up cult leader

WACO, Texas (AP) - A cult expert who has worked with former Branch Davidians says he's not surprised group leaders are backing away from assurances they will end a six-week siege after Passover.

Rick Ross, a cult deprogrammer who lives in Phoenix, said the sect's latest statements to FBI negotiators are typical considering leader David Koresh's history.

"He's a typical cult leader, devoid of any compassion," Ross said Thursday. "He only cares about himself and his access to the media."

Attorneys who entered the compound last week said Koresh assured them he and 96 followers would walk out of their sprawling rural compound once their seven-day Passover observance ends next Tuesday.

FBI special agent Bob Ricks said discussions Thursday with Koresh's top deputy, Steve Schneider, cast doubts on the promise and dimmed hopes of a non-violent end to the 41-day-old siege.

"(Schneider) is saying he never understood what the big deal is about Passover and is wondering why everyone is putting so much stock in them coming out after the passing of Passover," Ricks said.

"They also said, which was disheartening to us, that they never made such an agreement with their attorneys," Ricks said.

Said Ross, "I'm not surprised that the lawyers were deceived and duped. After all, this is the pattern of David Koresh."

Houston attorney Dick DeGuerin, who represents Koresh, refused comment on the latest developments Thursday. But attorney Jack Zimmermann, who represents Schneider, defended his earlier claims that a resolution was close.

"We repeatedly said to everybody there are no promises for a specific date of them leaving," Zimmermann said. "But we are still hopeful that upon conclusion of Passover the end will come in a peaceful resolution."

Negotiations with Koresh, which

resumed Wednesday night for the first time in six days, were futile, Ricks said. He said the FBI hung up on the 33-year-old doomsday prophet after he rambled nonsensically about the Bible's Book of Revelation.

Ricks also revealed Koresh has frequently used abusive language with negotiators.

"David Koresh regularly uses four-letter words and some of them are a little longer than that," Ricks said. "His vocabulary is not limited to what you would think of as a representative of Jesus Christ."

The FBI, meanwhile, seemed to be stepping up its use of pressure tactics. Loudspeakers, which agents had moved closer to the compound, blared through the night as stadium-style light banks illuminated the cluster of creme-colored buildings.

Zimmermann said the irritants could exacerbate the problem.

"If it was up to us, I don't know if I would be doing some of the things they are doing right now," Zimmermann said. "I don't know whether their pressure tactics are helping or

Discovery reads sun from space

SPACE CENTER, Houston (AP) - Discovery's pilot maneuvered the shuttle today to catch direct rays from the sun and take solar readings that will help scientists understand the loss of ozone over the Northern Hemisphere.

Pilot Stephen Oswald began maneuvers aimed at alternately bathing the cargo bay in sunlight and cooling it.

Today is the second day in space for Discovery and its crew of five. The main purpose of the eight-day mission is to study the ozone layer, which shields against dangerous ultraviolet rays and is threatened by pollutants.

Ozone is created and destroyed by reactions involving atmospheric gases and ultraviolet radiation from the sun.

hurting."

Also Thursday, a large banner reading "Rodney King We Understand," which cultists had draped from a four-story tower in the compound two weeks ago, was removed about 6:30 p.m.

A banner that read "FBI God Sees Your Lies" and cited "Habakkuk

3:14," an Old Testament verse, was unfurled in its place about 45 minutes later.

The Bureau of Alcohol, Tobacco and Firearms' Feb. 28 raid on the compound resulted in a 45-minute gunfight that left four ATF agents dead and 16 injured. At least two cultists were killed.

United Way plans golf tourney to raise funds

The United Way of Deaf Smith County got down to the nuts and bolts of golf on Thursday in anticipation of a summer fund raising tournament.

The group's board met in regular session on Thursday, bringing in local golf pro Dave Kaesheimer for input into what is needed to organize the tournament, which will be held June 19.

Kaesheimer told members that the first thing they need to determine is how much money they want to raise with the tournament.

"That's going to be the basis to everything else," he said, adding that the United Way needs to include in the entry fee money to cover the green fees, golf cart rental, prizes, food and their profit.

In addition, he said, the group might consider selling individual greens to local businesses for the tournament, which would bring in additional revenue.

"I would think trying to raise \$1,500 is not out of line. You're talking about a four-hour event," he said.

In addition, Kaesheimer said, the United Way needs to work to bring more people to Pitman Municipal Golf Course than just those participating in the tournament.

This, he said, would involve more people and education more to the work of the United Way.

"What does it take to make a successful tournament?" chairman

Mike Hatley asked Kaesheimer. "In other words, what draws the people out?"

"Legwork," Kaesheimer replied, adding that price is a factor. Free food, he added, also helps.

"The ones that really make it are the ones who really went out there" and worked to get people to sign up, he said.

Hatley appointed board members Rodney Ruthart, Jeff Torbert, Sally Nolen and Steve Cortez to work with fund raising committee chair Elizabeth Fowler in putting the tournament together.

Coming in Sunday's Brand

Voters will decide on the School Funding Amendments in the May 1 election. Are you a supporter of the "share-the-wealth" plan or do you oppose the "Robin Hood taxes"? On Sunday, the Brand will offer an explanation of the proposed amendments, as well as "pro" and "con" reports.

A
P
RO
99
3

Local Roundup

High near 80 Saturday

Hereford had a high of 59 Thursday and a low of 29 this morning, according to KPAN. Temperatures were expected to be in the upper 70s today. Tonight, clear with a low in the lower 40s. Southwest wind 10-20 mph, becoming northwest late. Saturday, sunny with a high near 80. West to northwest wind 10-20 mph and gusty.

Chamber women to meet

The Deaf Smith County Chamber of Commerce Women's Division will hold its quarterly meeting at 7 p.m. Monday in the Community Center. Hereford Independent School District Superintendent Charles W. Greenawalt will address members on the May 1 state constitutional election to change school funding. In addition, the group will announce the winner of the recent membership drive. The meeting is open to division members, and anyone can join the division at the door for \$20 annual dues.

News Digest

World/National

WASHINGTON - The Clinton administration is congratulating itself for doing something no other administration has ever done - producing a complete budget in its first year in office. But Republicans say they don't like the full-scale document any better than the earlier abridged version.

LOS ANGELES - A defense attorney blamed Rodney King for last year's riots and praised police officers who beat him. The prosecution charged that the officers meted out street justice because King was "disrespectful."

MILWAUKEE - The mayor ordered one of the city's two water purification plants to shut down today as the investigation of an outbreak of flu-like illness focused on the municipal water supply.

TUZLA, Bosnia-Herzegovina - Some 2,000 Muslims from Srebrenica reach Tuzla after scratching for places on U.N. trucks and dodging stone-throwing Serbs. Meanwhile, the U.N. commander in Bosnia fights to get into the besieged town the Muslims were so heartbreakingly thankful to have escaped.

WASHINGTON - The federal government, stepping up its fight against sexually transmitted diseases, will require that birth control pills, condoms and other contraceptives spell out on packages how far they go to protect against disease.

WASHINGTON - The Food and Drug Administration is being urged to put tough new restrictions on MSG by consumers who say the flavor enhancer is a potential killer.

State

WASHINGTON - Texas Republicans are denouncing President Clinton's budget blueprint, despite the fact that it contains billions of dollars for the state and funds some of the programs they hold dear.

WAXAHACHIE - Energy Secretary Hazel O'Leary defended the \$8.25 billion super collider Thursday, telling reporters and workers on the colossal scientific project: "It ain't pork."

SAN ANTONIO - On somewhat of a sour note, the state has rested its case against Walker Railey, the former Dallas minister accused of trying to strangle his wife in 1987.

WACO - A cult expert who has worked with former Branch Davidians says he's not surprised group leaders are backing away from assurances they will end a six-week siege after Passover.

AUSTIN - A spokesman for Gov. Ann Richards called a list of insurance industry proposals an attack on consumer reforms. Insurance companies Thursday unveiled before the House Insurance Committee approximately 100 changes in state insurance regulation.

AUSTIN - A West Texas lawmaker has introduced legislation that would strip county attorneys of their power to prosecute polluters either through civil or criminal cases.

AUSTIN - Texas spends billions of dollars to incarcerate criminals while some crime victims can't afford medical or funeral expenses, Attorney General Dan Morales says.

\$40 million requested for lake improvement

WASHINGTON -- The National Park Service has requested \$40 million to rehabilitate and develop new and existing visitor facilities at Lake Meredith National Recreation Area and Alibates Flint Quarries National Monument, U.S. Sen. Phil Gramm, R-Texas, announced today. Rehabilitation and new development will be targeted in the following areas:

-- Fritch Fortress: Renovate the amphitheater and expand the picnic area; enlarge the amphitheater parking lot; add 10 to 15 new campsites complete with RV hookups, shelters, grills, picnic tables and native landscaping; and improve the boat ramp.

-- Cedar Canyon: Plant cottonwood trees and new turf; install a visitor information center on the parking lot; add an all-weather handicap-accessible path connecting the beach area to the parking lot and picnic groves.

-- Stilling Basin: Construct a comfort and changing facility near the beach; install a wheelchair-accessible fishing pier; renovate picnic shelters; develop an interpretive trail system linking the facilities to the nearby wetlands.

-- Blue West: Create additional parking at the boat ramp; upgrade the existing campground.



Here are excerpts from Friday's Hereford Police Department daily activity report:

-- A 44-year-old male was arrested for public intoxication.

-- A 22-year-old male was arrested for resisting arrest and aggravated assault on a police officer.

-- An 18-year-old male was arrested on warrants for unauthorized use of a motor vehicle and failure to stop and render aid.

-- A 28-year-old female was arrested on warrants for defective brake lens, failure to maintain financial responsibility, failure to display diverse license and violating promise to appear.

-- Sexual assault of a child is being investigated.

-- Burglary of a residence was reported in the 300 block of Avenue. Items taken were valued at \$58.36.

-- Charges were filed on two juveniles for theft of some cassette tapes from Gibsons.

-- Terroristic threat was reported in the 700 block of La Plata.

-- Fourteen citations were issued and there was one minor accident.



Northwest winners

Northwest Elementary School principal Alice Lockmiller poses with the school's April Principal Award winners. Students are recommended each month by teachers for citizenship and good work. The April winners ate lunch on the stage with Mrs. Lockmiller at a specially decorated table. They received pencils, a certificate, a balloon, a McDonald's Happy Meal and a special treat. April winners are: Amanda Allman and Steven Wilson, kindergarten; Erika Grijalva and Carlos Melendez, first grade; Angela Shave and Matthew Collier, second grade; Kari Sherrod and Jason Cagle, third grade.

Defense of Railey to start after trial recess for Easter

SAN ANTONIO (AP) - On somewhat of a sour note, the state has rested its case against Walker Railey, the former Dallas minister accused of trying to strangle his wife in 1987. But an Easter weekend recess in the attempted murder trial delayed the formal start of defense testimony until Monday.

State District Judge Pat McDowell gave the defense a three-day weekend to prepare its response to the circumstantial case against Railey and to decide if the defendant will testify. "That would be wonderful," prosecutor Cecil Emerson said of the latter.

The state relishes the idea of questioning Railey about his activities that April night six years ago when an assailant attacked Peggy Railey and left her for dead.

She survived, but remains in an irreversible vegetative state.

After three weeks and 47 witnesses, prosecutors rested Thursday but not before losing a pivotal legal battle over the testimony of an FBI agent that would have capped their case.

Judge McDowell found the testimony provocative but prejudicial.

David Gomez, an expert on criminal violence, testified outside the jury's presence about "domestic

homicide," premeditated and spontaneous.

He said "staged" offenders usually kill at home, rarely leave forensic evidence, alter the crime scene, try to mislead police and often are present when the body is discovered.

"In a domestic homicide, there usually is a delay in reporting the victim so the defendant can establish an alibi," Gomez said.

The state maintains Railey attempted all of this.

Defense lawyer John Hagler attacked the testimony as an attempt by the state to "poison this jury" and declared:

"I can't think of anything more prejudicial than allowing this witness to testify that it was a domestic homicide ... It clearly is the same as saying the defendant committed this offense."

He called the testimony "patently inadmissible" and the judge agreed.

In sustaining the defense motion, Judge McDowell described Gomez as "well qualified" and his testimony as "very interesting," but added:

"It is the kind of evidence that could jeopardize this case."

The judge made it clear that if Railey is convicted he does not want the verdict reversed on appeal. The trial began March 22 and is expected

Governor accuses insurance industry of attacking reform

AUSTIN (AP) - A spokesman for Gov. Ann Richards called a list of insurance industry proposals an attack on consumer reforms.

Insurance companies Thursday unveiled before the House Insurance Committee approximately 100 changes in state insurance regulation.

Richards' deputy press secretary Chuck McDonald called the measures "a blatant show of insurance industry force and disregard for people who buy insurance."

"It is a little surprising that it is such a blatant attempt by the industry," McDonald said.

But Rick Gentry, an insurance industry spokesman, said the proposals would cut the cost of doing business and ultimately lead to cheaper rates for consumers.

Among the changes, the insurance industry wants to:

- Keep secret financial examinations of insurance companies.

- Remove the Texas Department of Insurance toll-free number and complaint notice that is required on policies.

- Change the three-member full-time Insurance Board, which regulates rates, to a nine-member part-time board.

- Limit the state's consumer representative in insurance hearings.

- Allow insurance trade organiza-

tions to be parties in rate cases.

"We think there are some technical changes that can be made that will not only make it more efficient for us but also ultimately make it less costly," Gentry said.

But the state's chief insurance regulators and several consumer and public watchdog groups said the proposals would leave policyholders at the mercy of insurance companies.

"It would be disastrous for consumers," said State Board of Insurance Chairwoman Claire Koriath.

Keeping secret insurance companies' financial reports would deprive Texans of information that is available to consumers in most other states, she said.

And the seven proposals aimed at weakening the Office of Public Insurance Counsel are a "direct attack on consumer advocacy in this state," she said.

Gentry said OPIC has become too aggressive in demanding information from insurance companies when preparing recommendations for rate hearings.

"We now have had almost two years of experience with a revitalized office of consumer protection and it has been our experience that there needs to be some changes made," he said.

Winners pick up \$9 million

AUSTIN (AP) - A woman who won \$8.4 million in Lotto Texas planned to pick up her first payment Friday, lottery officials said.

The numbers drawn were: 2-4-7-9-14-31.

Lottery spokeswoman Teddy Vannoy said the winner of Wednesday's drawing is a woman from the Corpus Christi area. She planned to pick up the first of 20 annual payments on Friday, said Ms. Vannoy.

Authorities said 273 tickets matched five of six numbers. Those tickets are worth \$770 apiece.

Another 9,103 tickets paid \$83 apiece for matching four of six numbers and 146,704 tickets matched three of six numbers good for \$3 each.

The jackpot rolls back to about \$3 million for Saturday's Lotto Texas drawing.

The Texas comptroller's office says \$299 million dollars worth of tickets have been sold since Lotto began in November.

ODESSA, Texas (AP) - Mesquite lawn service entrepreneur Doyle Norton opened the lucky safe Thursday to become the latest winner in the Texas Lottery's 21st instant millionaire drawing.

"I'm going to take my nephew shopping. He helped me scratch the entry ticket. I told him 'If I win a million dollars with this, we'll split it.'" said Norton. "All he wants is \$100 to buy a Sega Genesis computer game."

Aubrey Taylor, 65, a semi-retired heavy equipment operator from Rusk opened the other safe to claim the \$50,000 second prize.

The other winners in the drawing were: Eve Vela, Pasadena, \$25,000; Mary Patrick, Dallas, \$15,000; Gale Nettle, Austin, \$15,000; Jeff Wood, Houston, \$10,000 and Raymond Robinson, Houston, \$10,000.

Hospital Notes

Lema Berry, Elsa Castillo, Inf. Girl Cervantez, Oralia Cervantez, Irene Davalos, Jose Patricio Garcia, Inf. Girl Herrera, Stephanie Herrera, Maria Martinez, Francisca Murillo, Lola Noyes, Celia Ortega, Gracie Trevino, Inf. Girl Trevino, Dena Wood.

THE HEREFORD BRAND

The Hereford Brand (USPS 342-600) is published daily except Mondays, Saturdays, July 4, Thanksgiving Day, Christmas Day and New Year's Day by The Hereford Brand, Inc., 313 N. Lee, Hereford, TX 79045. Second class postage paid at the post office in Hereford, Texas. POSTMASTER: Send address change to the Hereford Brand, P.O. Box 673, Hereford, TX 79045. SUBSCRIPTION RATES: Home delivery by carrier in Hereford, \$4.28 monthly; by mail in Deaf Smith County or adjoining counties, \$45.75 a year; mail to other areas, \$47.75 a year. The Brand is a member of the Associated Press, which is exclusively entitled to use for republication all news and dispatches in this newspaper and also local news published herein. All rights reserved for republication of special dispatches. The Brand was established as a weekly in February, 1901, converted to a semi-weekly in 1948, to five times weekly on July 4, 1976. O.G. Nieman, Publisher; Mauri Montgomery, Adv. Mgr.; Garry Wemer, Editor; Charlene Brownlow, Circulation Mgr.

Obituaries

MARVIN D. COFFEY April 9, 1993

Marvin D. Coffey, 64, of Hereford, died early Friday in Harlingen where he had spent the winter.

Funeral arrangements are pending with Rix Funeral Directors.

Mr. Coffey came from Clovis, N.M., to Hereford in the early 1950s and operated the Big Burger restaurant. In 1959, he entered the insurance business, associated first with J.W. Robinson and later with Plains Insurance Agency.

He was a member of First United Methodist Church and was a Mason and Shriner. He was active in work with the Shrine Burn hospital.

Survivors are his wife, Norma Coffey; a daughter, Carole Stapp of Lewisville; a son, Lonny Coffey of Mansfield, and four grandchildren.

PEGGY PAETZOLD April 8, 1993

Peggy Paetzold, 72, of Snyder, former Hereford resident, died Thursday.

Funeral arrangements will be announced by Rix Funeral Directors.

Born in Las Animas, Colo., Mrs. Paetzold came to Hereford as a child with her parents, Edith and C.L. Conklin. She and George Paetzold had been married 53 years. She was a member of St. Elizabeth's Catholic Church in Snyder. She was preceded in death by her parents and two brothers, LeRoy Conklin and Paul Lawrence Conklin.

Survivors are her husband; a son, Corkey Conklin of Hereford; two daughters, Dolly Neff of Odessa and

Betty Northrup of Los Alamos, N.M.; four sisters, June Koelzer and Ida Mae Huckert of Hereford, Mary Monroe of Cabool, Mo., and Nellie Harrmeyer of Lovington, N.M.; a brother, Tommy Conklin of Edmondson, Okla.; 10 grandchildren and 12 great-grandchildren.

The family has requested that memorials be directed to Hereford Senior Citizen Center, Snyder Senior Citizens or Permian Basin Food Bank.

ROBIN FORTENBERRY April 8, 1993

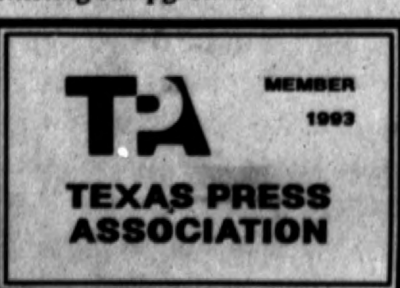
Robin Fortenberry, 80, of Hereford died Thursday.

Services will be held at 10:30 a.m. Saturday in Rix Chapel with the Rev. James Jones, pastor of Assembly of God Church in Plainview, officiating. Burial will be at 3 p.m. Saturday in Lockney, by Rix Funeral Directors.

A native of Floyd County, Mr. Fortenberry married Ruth Gill in 1933 in Floyd County. They moved to Hereford from Floydada in 1982. He was a member of the Assembly of God Church. A daughter, Darlene Fortenberry, died in 1953.

Survivors are his wife; two sons, Eldon Fortenberry of Hereford and Darrel Fortenberry of Floydada; two brothers, Fred Fortenberry of Amarillo and Cephus Fortenberry of Lockney; two sisters, Mary Ann Tucker of Lubbock and Evelyn Winn of Lockney, seven grandchildren and 15 great-grandchildren.

The family has requested that memorials be directed to favorite charities.



Church News

WESLEY UNITED METHODIST CHURCH

The Good Friday service begins at 7 p.m. Sunday school for all ages starts at 10 a.m. and the Sunday morning worship service is held at 11 a.m.

An Easter egg hunt for the children is planned at 3 p.m. Sunday at the church, 410 Irving St.

The public is invited to a fund raising supper set from 5:30-8:30 p.m. April 15 at the church. Tickets, which may be purchased at the door or from church members, are priced at \$3 per person for a meal of stew, cornbread, cobbler and beverages. Proceeds will be used to repair the church roof.

The U.M.W. salad supper is planned Wednesday in the home of Kee Ruland.

TRINITY BAPTIST CHURCH

Pastor Ed Warren and the congregation invite the public to attend all services at the church located on S. Hwy. 385 and Columbia St.

Sunday school begins at 10 a.m. and the Sunday services are held at 11 a.m. and 5 p.m.

For additional information, call 364-3487.

FELLOWSHIP OF BELIEVERS

Everyone is invited to attend an inspiring Easter sunrise service at

School Lunch Menus

HEREFORD PUBLIC SCHOOLS Breakfast

MONDAY-Breakfast burrito, applesauce, chocolate milk.

TUESDAY-Pancake pup, syrup, diced peaches, milk.

WEDNESDAY-Honey Nut Cheerios, buttered toast, orange juice, milk.

THURSDAY-Scrambled eggs, biscuit, mixed fruit, chocolate milk.

FRIDAY-French toast sticks, syrup, diced peaches, milk.

Lunch

MONDAY-Chicken nuggets with gravy, mashed potatoes, green peas, apple crisp, hot rolls, butter, milk.

TUESDAY-Western burger, French fries with catsup, buttered corn, strawberry-apple dessert, almond-butter cookie, chocolate milk.

WEDNESDAY-Nacho Grande, lettuce, tomatoes, spanish rice, pineapple tidbits, cinnamon roll, milk.

THURSDAY-Corn dog with mustard, cabbage-apple salad, blackeyed peas, mixed fruit, oatmeal prune bar, milk.

FRIDAY-Turkey pot pie, green salad with dressing, fried okra, fruit, cookie, hot rolls, butter, chocolate milk.

7:30 a.m. Sunday.

A breakfast will be served immediately following the service which will be led by Doug Manning. For those needing transportation, please call 364-0359.

AVENUE BAPTIST CHURCH

The public is invited to the Easter sunrise services at 6:45 a.m. Sunday at Whiteface Stadium. In case of bad weather, the services will be held in the Hereford Junior High School gym.

Sunday school at the church begins at 9:45 a.m. and the Sunday worship service starts at 11 a.m. This Sunday has been designated as ingathering day.

A business meeting is scheduled at 6 p.m. Sunday.

The Baptist women will meet at noon Monday and the prayer group will meet at 7 p.m. Monday.

A staff meeting is scheduled Tuesday evening.

The Wednesday evening meal is served at 5:45. The children's choir meets from 6:30-7 p.m. each Wednesday and all other organizations meet at 7 p.m.

The Golden Age Banquet will be held at 5:30 p.m. Saturday, April 17, in the fellowship hall.

FIRST PRESBYTERIAN CHURCH

There will be an Easter egg hunt for children through the third grade. April 10, 10-11. Please bring a basket with six hard boiled colored eggs.

One Great Hour of Sharing donations will be taken up on Easter Sunday. The children will bring their gift banks to the communion table during the "Words of God's Children" part of our worship service. Envelopes are available in the pews for donations. These love gifts are donations to our sisters and brothers around the world who are facing hunger and disaster.

Dr. James W. Cory's sermon for the 10:30 a.m. Easter Worship service will be based on the scripture, John 20:1-18, and is titled "From Despair to Hope."

The Children's Choir practice will be held Wednesday from 6:30-7:30 p.m. The adult choir will practice at 7:30 p.m.

Watch for the announcement of the Deacon's Game Party.

CHURCH OF THE NAZARENE

Everyone is invited to attend the Hereford city-wide Easter egg hunt beginning at 2 p.m. Saturday at the Whiteface Stadium. There will be prizes, candy, puppets and drama.

This Sunday at 10:30 a.m., everyone is invited to share in the Easter celebration. Pastor Ted Taylor's message will be "No Pain, No Gain, No Guts, No Glory, No Cross, No Crown." The pastor said, "It was His pain that brought our gain. It is the glory and victory of Easter that brings our salvation today."

The Nazarene Christian Academy is conducting its school registration for current students and families to secure a lace for your child. You can register through April 16. Registration will be open to families in the church and community who are not currently enrolled April 19. Enrollment forms and a \$25 registration fee are necessary for registration to be

complete. Call the school office at 364-1697 for further information.

Sunday, April 18, Dr. Terry Urnosky, a Christian family counselor from Lubbock, will be the guest speaker throughout the day. Beginning at 9:30 a.m. in the sanctuary, there will be a combined adult Sunday school hour featuring Dr. Urnosky. At 10:30 a.m., he will be speaking during the worship hour and the day's session will conclude at 6 p.m. Everyone is invited to join the church in participation of this special day.

IMMANUEL LUTHERAN CHURCH

Easter breakfast will be served at the church from 8:30-10 a.m. this Sunday.

The children's Easter egg hunt and Sunday school will be held from 10-11 a.m. This is also the time for the adult Bible class.

The Sunday morning worship service will begin at 11 a.m. The Rev. Don Kirklen will deliver the sermon, "Belief Bridges the Breach", based on the text John 20:1-18.

FIRST UNITED METHODIST CHURCH

The public is invited to come experience the joy of Easter with the congregation this Sunday.

The Easter sunrise service will begin at 7 a.m. at the west parking lot and will be followed by a continental breakfast in Ward Parlor hosted by members of the United Methodist Men.

Sunday school for all ages begins at 9:30 a.m. and during the Sunday worship service at 10:45 a.m., the chancel of the sanctuary will be decorated with 50 lilies. The Easter morning service will feature special music performed by the Sanctuary Choir; Eric Gilley, who will play the trumpet; Carolyn Gilley and Trow Mims, each singing solos; Elaine Calkins, organist; and Tina Langehennig, pianist. Betty Wolle is musical director.

There will be no Sunday evening worship service.

The church youth will leave at 4:15 p.m. Sunday to attend the Michael W. Smith concert in Amarillo.

The church promotion, "Friends, Relatives, Acquaintances and Neighbors" (F.R.A.N.), encourages the congregation to invite people to church during seven weeks of worship attendance promotion, April 11-May 23. Forms are available in the sanctuary and in the church office to fill in prospects to be contacted. Sunday school classes also have the forms.

Hester Moore's autograph party was held April 2 at King's Manor for her book, *Kept In His Care*. Books are still available at the manor and Mrs. Moore will autograph them upon request.

The First United Methodist Church in Lubbock will host a conference "Partners in Care: AIDS and Our Response as Christians", April 16-17. Registration fee for the two-day event is \$15. Bishop Alfred L. Norris will give the keynote address April 16 at 7 p.m. followed by a panel discussion. Six Saturday workshops are offered from 9:50 a.m. until 1:50 p.m. More information is available through the church office, 364-0770.

CHRIST'S CHURCH FELLOWSHIP

Dr. Alton B. Tomlin and Christ's Church Fellowship extend a warm invitation to you to join them in worship and praise on this special Sunday. Dr. Tomlin will be bringing a message on "Fourth From The Tomb" at the 10:45 a.m. worship service.

Sunday begins with church school hour at 9:30 a.m.; worship service, 10:45 a.m.; youth, 6:30 p.m.; and the Men's Bible study, 7:30 p.m.

Women's Bible Study meets at 7 p.m. each Monday and 9:30 a.m. on Wednesdays. Prayer meetings are at 7 a.m. on Tuesdays, 7 p.m. on Wednesdays, and at noon on Thursdays.

Christian Youth Club meets at 4:30 p.m. each Wednesday and the Praise Team rehearses at 6:30 p.m. on Wednesdays.

Christ's Church Fellowship's guideposts for teaching, directing and molding us into a people of faith and love are for the purpose of exalting Christ (John 12:32), loving the lost (Luke 19:10), and a commitment to personal holiness (II Cor. 3:18).

Have you found a church home where you can walk in unity, faith and mission? A place where the wholeness of the Bible is taught? Come visit us, worship with us, and fellowship with us.

FIRST BAPTIST CHURCH

The Adult Choir will present "Calvary's Love" at 7 p.m. Sunday in the church auditorium. The public is invited to attend.

A special community-wide Easter sunrise service will be held at 6:45 a.m. Sunday in Whiteface Stadium.

April has been designated as Volunteer Missions Month at the church. The theme is "...letting the Lord use what you've got!"

ST. ANTHONY'S CATHOLIC CHURCH

All donations of colored used candles may be placed in the box located at the bell tower door. The candles will be used to make a parish family candle for St. Anthony's Day and for other special occasions.

Sacrament anniversary parties have been scheduled: 1991 class (fourth graders), April 14; 1990 class (fifth graders), April 22; and 1992 class (third graders), May 3. All parties will be held in the library.

The school-church maintenance department needs an electric welder. If you have one to donate, sell or lease, call the office.

A parking lot dance, sponsored by the parish youth, is planned Saturday, May 1. "Bottom Line" of Amarillo will be providing the music. The Hereford community is invited to attend.

The baptism preparation classes will meet at 7:30 p.m. Monday in the rectory.

The Problem Pregnancy Center has scheduled a garage sale June 11-12. All donations are welcome.

COMMUNITY CHURCH

Pastor Dorman Duggan and the church congregation invite the public to come worship with them Sunday morning for a special Easter service.

Sunday school for all ages begins at 9:30 a.m. and the Sunday morning worship service starts at 10:30 with Pastor Duggan speaking on "The Ultimate Rejection."

Sunday evening prayer is held at 6 and the "Hour of Power" is held each Wednesday at 7 p.m. The junior and senior high youth groups also meet each Wednesday evening at 7.

Nursery and toddler facilities are available.

For additional information, please call 364-8866 or 364-2423.

CHRISTIAN ASSEMBLY CHURCH

The public is invited to all services at the interdenominational church.

Sunday services are held at 11 a.m. and 6 p.m. and the Wednesday service begins at 7 p.m. Wednesday is also youth night.

A nursery is available for all services.

For additional information, call 364-5874.

ST. ANTHONY'S CATHOLIC CHURCH

All donations of colored used candles may be placed in the box located at the bell tower door. The candles will be used to make a parish family candle for St. Anthony's Day and for other special occasions.

Sacrament anniversary parties have been scheduled: 1991 class (fourth graders), April 14; 1990 class (fifth graders), April 22; and 1992 class (third graders), May 3. All parties will be held in the library.

The school-church maintenance department needs an electric welder. If you have one to donate, sell or lease, call the office.

A parking lot dance, sponsored by the parish youth, is planned Saturday, May 1. "Bottom Line" of Amarillo will be providing the music. The Hereford community is invited to attend.

The baptism preparation classes will meet at 7:30 p.m. Monday in the rectory.

The Problem Pregnancy Center has scheduled a garage sale June 11-12. All donations are welcome.

Homeowners Insurance

Jerry Shipman, CLU
801 N. Main
(806) 364-3161
State Farm Fire and Casualty Company
Home Office: Bloomington, Illinois

WE'RE NOT Eggin' YOU ON!

We want you to join us for a special EASTER MEAL!

EASTER SPECIAL

Saturday, April 10
After 5 p.m.

ALL YOU CARE TO EAT!

BEEF BARON,
HAM OR
LEG OF LAMB
with all the
fixin's

\$6.99
Includes
SALAD WAGON

K-BOB'S
STEAKHOUSE

A good steak at an honest price.™

COMPUTER CLASSES!

WordPerfect
COMPUTER LITERACY
WINDOWS 3.1

Three Classes Offered:

Mondays: Word Perfect 5-7pm starts April 19

Tuesdays: Comp Lit 5-7pm starts April 20

Wednesdays: Windows 3.1 5-7pm starts April 21

(4 week courses)

FOSTER ELECTRONICS
"COMPUTERS MADE EASY"

Only \$69!
Class size limited,
so CALL NOW!!!
Instructor:
MIKE FOSTER



(806)-364-4882
1-800-458-6474
Sugarland Mall



Easter egg hunt Saturday

The Easter Bunny made an early appearance this week to remind all local children of the Hereford city-wide Easter egg hunt planned at 2 p.m. Saturday at Whiteface Stadium. There will be prizes and candy given to the children and puppets will be presenting a special performance.

Ann Landers

DEAR ANN LANDERS: May I respond to the woman who felt like the neighborhood baby sitter? She complained that her children's friends were always playing at her house. I respectfully suggest that she has lost control and should get it back.

My husband and I have eight children. We've always tried to make their friends feel welcome in our home. There are, however, times when it's important for just our family to be together.

We have set up rules for our children's friends. The kids must go home at dinner time, and they are not allowed to return. Evenings at our house are for homework and interacting with one another.

When our children were small, they took naps after lunch. This was as much a refresher for me as it was for them. If their friends came to play at that time, they were sent home and told not to return until after 3:00. That quiet time was my Motherhood. Sanity Saver, and I was not about to let anyone deprive me of it.

It's up to parents to set limits for the family. When they abdicate this responsibility they lose control and everybody suffers. The woman who wrote to you should talk things over with her kids, and they should decide together what the guidelines should be for visitors. She should then let the neighbors know what has been decided.

Friends should be made to feel welcome, but there are times when they need to find entertainment elsewhere. Hopefully, it will be in their

own homes with their own families. -Mother of Eight in San Jose, Calif.

DEAR MOTHER OF EIGHT: When a mother has a brood as large as yours she must set guidelines or wind up in the loony bin. Congratulations on your firm hand and thanks for an excellent letter.

DEAR ANN LANDERS: In view of the pressure to keep people alive with machines and life-support equipment, the medical profession is in a constant state of turmoil.

You published the enclosed essay a few years ago, but because this issue continues to be one of enormous interest both morally and philosophically, I believe it is well worth repeating. --An M.D. in Honolulu

DEAR M.D.: I know of few pieces that I have shared with my readers that are as moving as this one. I realize there are ethical arguments on both sides, but count me as an ally to the author of this moving piece. Thank you for asking.

Time To Go
Pardon me, doctor, but may I die? I know your oath requires you to try to keep me alive
So long as my body is warm and there is a breath of life,
But listen, Doc, I've buried my wife, My children are grown and on their own.
My friends are all gone, and I want to go, too.
No mortal man should keep me here
When the call from Him is unmistakably clear.
I deserve the right to slip quietly away. My work is done and I am tired.
Your motives are noble, but now I pray
You can read in my eyes what my lips can't say.
Listen to my heart and you'll hear it cry
Pardon me, Doc, but may I die?
Ann Landers' latest booklet, "Nuggets and Doozies," has everything from the outrageously funny to the poignantly insightful. Send a self-addressed, long, business-size envelope and a check or money order for \$5 (this includes postage and handling) to: Nuggets, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Good news for men

A problem that affects as many as half of all men over 50 may soon have a new solution.

Capsules containing a powder made from the flower of a cactus plant may help men suffering from urinary disturbances caused by an enlarged prostate gland, scientists in Israel discovered recently. A clinical study was conducted by Dr. Israel Levin, senior urology surgeon at Soroka medical Center, Ben-Gurion University of the Negev. Patients rated improvements with no side effects at all.

Unless a tumor is involved, urologists say, surgery is not necessarily the answer to prostate enlargement. Research found cactus flower capsules can alleviate typical complaints such as the frequent and urgent need to urinate, especially at night.

VFW POST 4818

Nomination of Officers & Election

April 15, 1993

8:00 P.M.

Are health cures being hushed up?

Some health experts would say it's ridiculous but according to an article in one of the world's most widely read magazines, a drug which stops the starvation that kills most cancer patients is being meticulously blocked from even your doctor's hands by federal regulations and strangled by tests that make the drug look like a worthless fake.

The article, called "Hope, Heartbreak and Horror," about the drug hydrazine sulfate recently appeared in Penthouse Magazine. The inexpensive drug was tested at U.C.L.A.'s Harbor Medical Center in four successful, double blind, placebo-controlled trials. Hydrazine sulfate was given to terminally ill cancer patients whose bodies were wasting away because of cachexia, the starvation that kills most cancer patients.

Surprisingly, the article goes on to say, researchers at the National Cancer Institute, when testing the drug, failed to exclude substances that were known to be incompatible with its success.

According to the drug's developer, Dr. Joseph Gold, Director of the nonprofit Syracuse Cancer Research Institute in Syracuse, New York, "Each year 500,000 Americans die from cancer, and there are over a million new cases annually in this country alone. The U.C.L.C. data indicate that over half of these afflicted patients

would be helped by hydrazine sulfate, some achieving significant extensions in survival. That the N.C.I. should be part of an effort to snuff out hydrazine sulfate constitutes what is truly one of the most shameful, scandalous medical undertakings in this country's history, depriving vast numbers of people of their health, happiness and lives."

Many Americans who wish to express their feelings about this new drug are writing to Hillary Rodham Clinton, The White House, Washington, D.C. as well as their legislators at the U.S. Senate, Washington, D.C. 20510, and the U.S. House of Representatives, Washington, D.C. 20515.

Those who would like more information about this new cancer drug can write to Penthouse, Attn: Hydrazine Sulfate, 1965 Broadway, N.Y. N.Y. 10023-5965.



Liver will be more tender if you soak it for two to three hours in milk or tomato juice before broiling or frying.



New member welcomed

Marcie Ginn, at left, recently signed up as a new member of the Deaf Smith County Chamber of Commerce Women's Division. Sponsoring her membership is Peggie Fox. All women are invited to join the organization by contacting a member or calling the Chamber of Commerce office at 364-3333.

K-BOB'S STEAKHOUSE
Saturday after 5 p.m.
PRIME RIB
served with choice of potato
\$6.99
salad wagon extra
\$1.89
"Gift Certificates Available"
215 S. 25 Mile Ave. 364-6413

YOU'RE INVITED TO THE ALL HEREFORD CITY-WIDE Easter Egg Hunt

At the Stadium Saturday, April 10th 2:00 pm

You and your friends are invited to a giant Easter Egg Hunt! There will be prizes, candy, puppets, drama and of course a HUGE EGG HUNT on Saturday, April 10th at 2:00pm at the Stadium!

ANNIVERSARY CELEBRATION!

Saturday, April 10th
305 N. 25 Mile Ave., Hereford

79¢ SINGLE BURGERS
49¢ REGULAR FRENCH FRIES
25¢ MEDIUM CHERRY LIMEADES

no place hops like **SONIC**

REGISTER TO WIN A BIKE OR \$5 FREE FOOD PER WEEK FOR 6 MONTHS!

Anniversary Celebration specials good at Hereford location only. Not good in conjunction with any other special offers.

YOU'RE INVITED TO ATTEND A SPECIAL PERFORMANCE

"Calvary's Love"

presented by **First Baptist Church Adult Choir**

Sunday, April 11th 7:00 PM

Steve Paul: Minister of Music
Ron Cook: Pastor

First Baptist Church
Fifth & Main

Dress-up in finery

Although we regard "dress-up" as an activity for the preschool set, it's not exclusively child's play. No matter our age, most of us play our own version of dress-up. Clothing may reveal what we feel about ourselves, especially by the colors of fabric we choose. Is orange right for you? How about chartreuse or beige? And then there's the expensive polka dot sweater in the back of the closet that never gets worn, or the favorite outfit that gets thrown on again and again.

When kids watch us in front of a mirror fussing with scarves, jewelry, neck ties, stockings or shoes, they're taking in every nuance. And what conclusion do they draw? All clothes are costumes and anytime is dressup time!

When your preschoolers try on the sashes, shawls, hats, boots, belts and cuddly fabrics in the dress-up box, add this fabulous gown and headpiece to their collection, created by one of our readers, Terri Swanson from Los Angeles. This no-sew finery, made from old kitchen curtains, will be the piece de resistance at your daughter's imaginary ball.

You will need:
3-4 panels of standard-size kitchen window curtains, including valences, with curtain rod casings at the top. Lightweight organza styles with full gathers and ruffles are ideal. They are generally inexpensive and easy to find at garage sales or thrift shops. To make the skirt, measure your child's waist and cut a piece of 3/4-inch-wide elastic 1 inch shorter than the waist measurement. Attach a safety pin to one end of the elastic and run it through the casing of two panels. Pin the casing and elastic ends together when they meet, or stitch them together. For an added layer of ruffles over a valence panel. For a cape or shawl, run a long ribbon through the casing instead of elastic. The ribbon can later be tied together when the outfit is on your child.

In the early morning hours of April 15, 1912, the Titanic, a luxury liner on its maiden voyage, sank in the North Atlantic off Newfoundland less than three hours after striking an iceberg. Some 1,500 of the more than 2,200 people aboard died in the disaster.



Adult displayer of the month

Scott DeBord has been chosen as the Deaf Smith County Library's adult displayer of the month. He is exhibiting his collection of military models. He first became interested in building models about two years ago while he was serving in the U.S. Army stationed in Germany. The models and dioramas, which require approximately 20 hours per figure to complete, have won prizes in various contests and are displayed on cloths from Kuwait.

Hints from Heloise

Dear Heloise: I have a favorite shirt that has a spot on it and I'm wondering if I can bleach the shirt. How do I know? — A Reader, Atlanta, Ga.

• First and foremost, read the care label on the garment to see if the manufacturer suggests using chlorine or non-chlorine bleach.

• If the care label doesn't mention bleaching at all, then this usually means that chlorine or non-chlorine bleach can be used.

• If the care label states to bleach when needed, then any laundry bleach may be used.

• Colored clothing that is not colorfast should be washed with a color-safe bleach (non-chlorine).

If you are still not sure whether chlorine bleach can be used, do the following test: Add 1 tablespoon chlorine bleach to 1/4 cup of water. Take one drop of the mixture and apply it to a small hidden area on the fabric, like an inside seam.

A minute later, blot the area with a paper towel. If no color is absorbed into the towel or there is no color change on the garment, then it can be safely washed using chlorine bleach.

Any trimming should be tested too. If the garment is made of more than one color, each color should be tested separately. Good luck! — Heloise

SHOE SOLES

Dear Heloise: Tell the lady with

slick-bottom shoes to take them to a shoe-repair shop and have them put a patch on each sole.

If you put them on yourself, they come off when wet.

I also have rubber heels put on. — Rosalie Brumbach, Jeffersonville, Ind.

FLOWER TRANSPORTATION

Dear Heloise: I purchased a pot of yellow mums from a local florist to use as a centerpiece.

In order to get the plant to the event without damaging it, I locked it in the seatbelt to keep it from falling. It worked perfectly and the table was lovely. — Joan Martin, Florence, Ala.

Family can enjoy indoor fun

A great way to add to the enjoyment of indoor living is by adding a touch of the outdoors. And a home aquarium is the perfect way to bring live outdoor enjoyment and added decor to any indoor living area.

There are many positives to owning a home aquarium. First, it is always a "conversation piece" because of its attractiveness and the beauty of the fish and decorative accessories such as plants and ornaments.

Second, it is a family hobby, great for educating youngsters both in maintaining life and in assuming responsibility. Third, new aquarium life support equipment is noiseless and easy to maintain, making a home aquarium even more appealing.

And last, a recent study by researchers at the University of Pennsylvania proved that watching fish in an aquarium is a definite benefit in relieving stress.

How do you get started? First, you will want to locate a good dealer in your area. If you have a friend who has an aquarium, ask for a reference; otherwise the telephone book lists most tropical fish retailers.

During your visit to a tropical fish store, you will want to get some ideas on aquarium sizes and on the equipment you will need, and lookover the selection of the fish so that you can choose the ones you will want to keep.

It is advisable to purchase a book that provides complete instructions on setting up and maintaining an aquarium. However, one important rule is to buy the largest aquarium practical, since the greater the water environment, the less chance of water problems.

Finding a good spot

When determining where to put your aquarium, several factors should be considered. You will not want to put it in direct sunlight since this will cause algae to grow on the glass and plastic accessories.

You also may not want to put it on your best carpeting since during water changes it is possible for some water to splash on the floor. You also should be sure to put your aquarium on a firm stand since water is heavy.

After you have decided on the aquarium, your first accessory will be a tightly fitting canopy cover equipped with a fluorescent fixture. Fluorescent fixtures throw off a cool light and will not cause fluctuation in the water temperature.

While on the subject of water temperature, tropical fish require an environment maintained at around 75 degrees F (25 degrees C). You therefore will need a good heater and an aquarium thermometer.

A recent development in this technology is the liquid crystal digital thermometer which affixes to the outside of the aquarium yet measures most accurately the water temperature.

You will also need a quality filter. Your dealer can give you proper advice since there are several types of filters and your needs will vary with the size of your aquarium. If you are going to keep a lot of fish, you will also want a separate air pump to add oxygen to the water.

Underwater Decorating

Decorating an aquarium is great fun. There are multi-colored gravels, highly decorative backgrounds and hundreds of ornaments, as well as plastic plants so real in reproduction nit's almost impossible to distinguish them from live plants. Most good retailers will have a complete assortment, and your selection should be based on the size of your aquarium and the amount of money you decide to spend.

Once you have set up your aquarium, you should add a chlorine neutralizer to the water and add only a few fish initially. These few fish will help develop the proper biological conditions necessary to maintain a fully stocked aquarium. After three to four weeks, assuming everything is functioning properly, you can then go ahead and add the rest of the fish.

Aquarium maintenance is a lot simpler than people think. Every two weeks a partial water change (not greater than 20 percent) by siphoning the water from the bottom of the aquarium is all that is required.

On a daily basis, of course, fish should be fed; and a good quality flake food will provide a complete diet for almost all fish.

Tropical fish are beautiful; they are easy to maintain and provide a lifetime hobby.



Las Vegas' first big gambling casino opened in 1946.

Professional Business & Service Directory

CAVIN INSURANCE AGENCY
Specializing In Agricultural Risk Management

DAN HALL
Agent

1500 West Park Ave.
806-364-8052
FAX 806-364-8115

P. O. Box 367
Hereford, TX 79045

Business Of The Week

Consumers' Fuel CO-OP ASSOCIATION

- Fuel & Farm Supplies
- Gasoline & Diesel

116 New York Street
364-1146

GENE MESSER

CHUCK WESTON
Sales Representative

2530 S. Georgia
Amarillo, Texas 79109
(806) 355-7471 • 1-800-749-7471

Ford

PLAINS Insurance Agency

205 E. Park

Independent Insurance Agent

364-2232

TRANE IT'S HARD TO STOP A TRANE

COMMERCIAL REFRIGERATION
HEATING & AIR CONDITIONING

R & R REFRIGERATION
364-0788

519 E. Park - Hereford, TX 79045

ROBERT RHOTON
36 Years Service
364-4714

State Lic. No. TACLA004746C

CALL FORWARD ANSWERING

TEL-US COMMUNICATIONS
ANSWERING SERVICE
806-363-7900

ADA SMITH

P.O. BOX 1266
HEREFORD, TX 79045

COMPUTERS MADE EASY

COMPUTERS - SOFTWARE
SUPPLIES - SERVICE

QUALITY COMPUTERS AT DISCOUNT PRICES

FOSTER ELECTRONICS
SUGARLAND MALL - MIKE FOSTER - 364-4882

The INK SPOT

Ink Spot Printing Co.
COMMERCIAL PRINTING
(806) 364-0432

340 N. 25 Mile Ave.
Hereford, Texas 79045

DUANE STUBBLEFIELD

Sports

Girls' golf team takes district lead; Boys hold 2nd

By JAY PEDEEN
Sports Editor

A district golf round in Hereford helped the Hereford girls' team take the lead in 1-4A Thursday, while the boys' team held its ground in second place.

The Hereford girls totalled 341 at Pitman Municipal Golf Course while Borger shot 371, enabling Hereford to slip past Borger into first place with two district rounds to go. Hereford's total is 708; Borger's is 728; and Pampa's is 790.

Hereford's B team shot 393 Thursday and at 791 is only one stroke behind Pampa's A team.

Hereford's boys totalled 322 Thursday at Pitman for a three-round total of 966, but it wasn't enough to catch Borger. The Bulldogs shot 310 Thursday for a total of 937, and with district rounds at Dumas today and Borger and Pampa next weekend remaining, Borger looks like the clear favorite.

Hereford has only a 16-stroke lead on Pampa, which shot 323 Thursday for a total of 982.

The top two girls' teams and the top two boys' teams earn berths in the Region I-4A tournament. The key to

whether Hereford's teams can win the district or at least earn a regional berth depends on how well Hereford plays in Pampa and Borger compared to how well Pampa and Borger play on their home courses.

Hereford coach Stacey Bixler thinks the fact that most of the Hereford players are seniors will help them compete on the enemy turf.

"I really think that if our kids play golf, they can play (at Borger and Pampa) the way they can play."

The other three schools in District 1-4A--Dumas, Randall and Caprock--would need a miracle to get back in the hunt for a regional berth in either boys' or girls' competition.

Individually, Hereford's Dusty Saul shot an 82 Thursday, moving her into second place in the medalist race. Her 171 total is second only to the 147 of Dumas' freshman phenom Jamie McInturff, who shot a 76 at Pitman.

Hereford boys Jayson Mines and Cory Newton stand tied for fifth at 237 after Mines shot a 79 and Newton had an 81 Thursday. Pampa's Cory Stone leads with a 225 total, followed by three Borger boys.

TEAM STANDINGS

Girls:
Hereford A, 341--708
Borger A, 371--728
Pampa A, 392--790
Hereford B, 393--791
Dumas A, 390--826
Dumas B, 490--986
Randall A, 494--1,064

Boys:
Borger A, 310--937
Hereford A, 322--966
Pampa A, 323--982
Borger B, 331--1,009
Pampa B, 328--1,027
Randall A, 343--1,045
Hereford B, 356--1,070
Dumas A, 329--1,144
Caprock A, 358--1,164
Dumas B, 397--1,207

MEDALIST STANDINGS

Girls: (through two rounds)
1, Jamie McInturff, Dumas, 76--147
2, Dusty Saul, Hereford, 82--171
3, Rebecca Holcomb, Borger, 89--176
4, Jennifer Prater, Hereford, 86--178
5, Kelly Kelso, Hereford, 87--179
6, Stephanie Walls, Hereford, 86--180

Boys: (through three rounds)
1, Cory Stone, Pampa, 77--225
2, Bobby Barber, Borger, 74--229

3, Michael Casey, Borger, 77--235
4, Cory Reneau, Borger, 81--236
5(tie), Clay Lewis, Borger, 78--237
Cory Newton, Hereford, 81--237
Jayson Mines, Hereford, 79--237

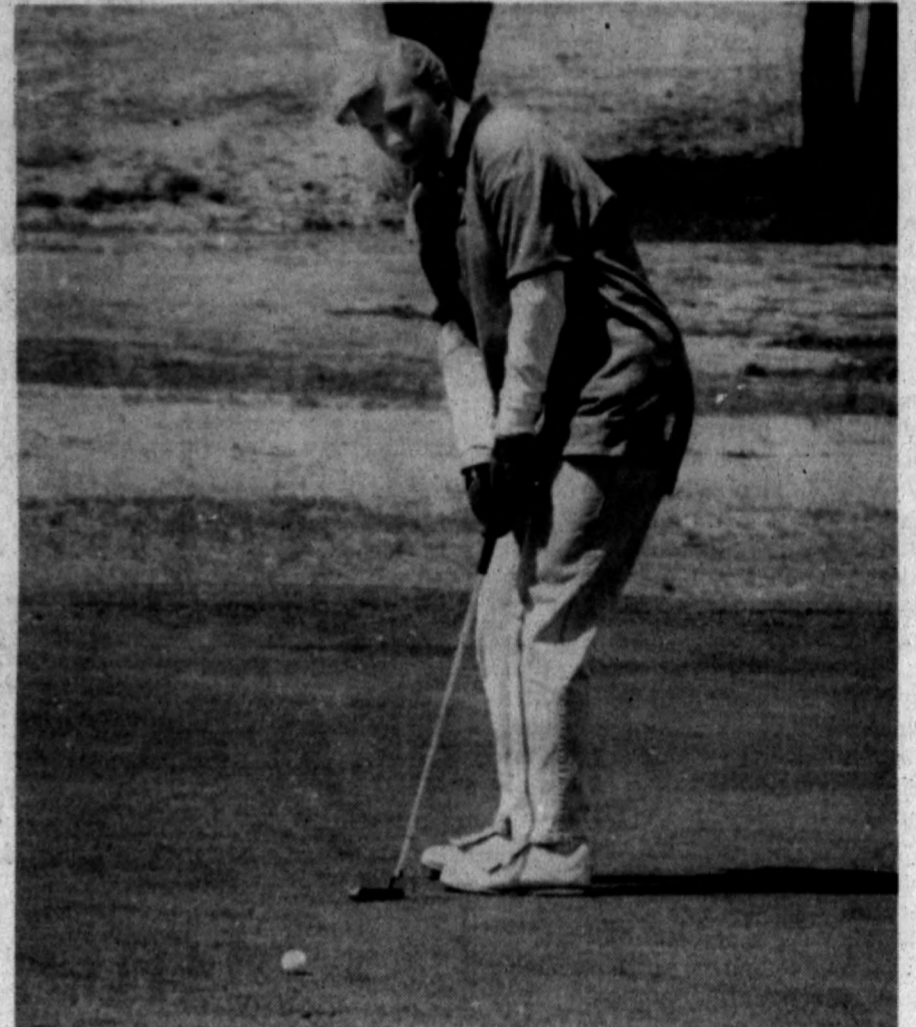
HEREFORD INDIVIDUALS

Girls A:
Dusty Saul, 82--171
Jennifer Prater, 86--178
Kelly Kelso, 87--179
Stephanie Walls, 86--180
Cecelia Albracht, 93--187

Boys A:
Jayson Mines, 79--237
Cory Newton, 81--237
Clay Cantrell, 82--243
Sabino Grijalva, 80--249
Tim Burkhalter, 85--263

Girls B:
JoJo Lytal, 90--185
Brook Weatherly, 92--187
Karen Manchee, 103--212
Jami Bell, 108--(no total)
Kristin Calkins, 110--208

Boys B:
Scott Burkhalter, 84--264
David Sims, 86--267
Justin Griffith, 93--277
Drew Radford, 93--280
David Farr, 95--293



Fall, ball!

Hereford's Kelly Kelso watches a putt roll toward the hole. Pitman Municipal Golf Course hosted a District 1-4A golf round Thursday.

Nicklaus, Palmer tee off Masters right

AUGUSTA, Ga. (AP) - There were geezers galore at the Masters, which couldn't have gotten off to a more classic start than Jack Nicklaus chasing Arnold Palmer.

"I was going out to the first tee, and people were saying, 'Did you see what Arnie did, starting out with three birdies?'" Nicklaus said. "I told them that I couldn't let him be the low senior out there."

So, the 53-year-old Nicklaus fired a 5-under-par 67 that included an eagle-3 on the 15th hole, and the six-time Masters champion was in a five-way tie for the lead entering today's second round. Nicklaus now is the oldest player to lead at any point during a Masters.

The 63-year-old Palmer, who's won four Masters but hasn't won on the tour in 20 years, wound up in more familiar old-timer territory with a 2-over 74, but not before he got the day going for some of the game's great gray players.

"I felt like I was 30 again," Palmer said. "I had visions of grandeur. The clubs felt like toothpicks I was so pumped."

Nicklaus was tied for the lead with Corey Pavin, Larry Mize, Tom Lehman and Lee Janzen, all mere children compared with him. One shot back loomed the ever-dangerous 50-year-old, Raymond Floyd, tied with Bernhard Langer and John Huston.

Nicklaus started his round with birdies on the first and second holes.

He got to 3-under when he holed a 25-footer on the par-3 12th hole, then came his only bad shot of the day. On the famous dogleg left par-5 13th, the end of Amen Corner, Nicklaus pulled his tee shot into the woods and wound up under an azalea bush.

He had to take an unplayable lie and settled for a bogey.

The eagle came on the next par-5, a 500-yarder, fairly straight with

water in front of the green. Nicklaus stood over his second shot, 232 yards from the green, with a 1-iron in his hand.

"Then, I got to thinking maybe that was a little bit too much club," he said. So, he pulled out the 2-iron and knocked it within 8 feet for eagle.

He birdied No. 17 by sinking a 16-foot putt, and he wound up his round using only 27 putts.

"That's a pretty impressive round of golf for Jack," Pavin said. "He's fun to watch. I played with him yesterday. He played well, but I didn't think he would shoot 5-under. But then I didn't think I would shoot 5-under, either."

"That's the way Jack plays here. He plays mistake-free golf, and that's what you've got to do."

Tom Kite shot 73, and that wasn't bad for a guy who two days ago was

in danger of missing the tournament because of muscle spasms in his back.

Mize, an Augusta native who lives in Columbus, Ga., almost didn't make the tournament, either. But his wife gave birth to their third son last week, then told him he could go play golf now. He shot 33-34.

Rain earlier in the week has made the course play longer, but it also has slowed down Augusta National's infamously fast greens. The opening round started under perfect weather

conditions, although today's start was moved up an hour to 7:30 a.m. EDT because of a storm that's expected pass through bringing rain and thunder.

Many of the pretournament favorites struggled in the first round. Two-time Masters champion Nick Faldo shot 71, PGA champion Nick Price of Zimbabwe and rookie Phil Mickelson carded 72s, Davis Love shot 73 and Greg Norman and Payne Stewart were at 74.

A.O. THOMPSON ABSTRACT COMPANY



Margaret Schroeter, Owner
Abstracts Title Insurance Escrow
P.O. Box 73 242 E. 3rd Phone 364-6641
Across from Courthouse

LONE STAR ★

BUDWEISER SUITCASE.

12⁹⁹

MILLER LITE

6⁹⁹ 12 PACK CANS

MILWAUKEE BEST

4⁶⁹ 12 PACK CANS

1107 E. 1st • 364-9612

You're Never Out of Touch...

with a Motorola Permanent Mount
from XIT Cellular!!!

ONLY \$149 INSTALLED

You never have to worry about being out of touch when you have a permanently installed cellular phone in your car! It's always right there when you need it!

The Motorola 2600 Permanent Mount with its hands-free microphone lets you talk and listen without picking up the handset! You can store 30 frequently called phone numbers. The phone also features a compact, lightweight transceiver!

And, best of all, the Motorola 2600 Permanent Mount has 3 WATTS of power!

A signal strength meter indicates how strong the signal is from the tower to your existing location!

Motorola phones are designed and manufactured in the United States!

AND NOW

with the added coverage offered from our **NEW MINI-CELL** at our Hereford office, **HAND HELDS WORK GREAT TOO!**



CELLULAR

HURRY WHILE SHIPMENT LASTS!!!

1009 W. Park Ave. - Hereford - 364-1426

Big Scoreboard

FRESNO, Calif. (AP) - California State at Fresno has a scoreboard which measures 52 feet by 40 feet and is the largest color display system for any university or college west of the Mississippi River. It also has a message center which measures 37 by 22 feet. As part of the spectacular effect it uses the Glow Cube system to advertise coming events.

This was part of an upgrading of the main sports facility at Fresno, which added 11,000 seats to the stadium capacity, increasing it to 41,031 seats.

Steve Owens of Oklahoma scored a record 336 points from 1967 to 1969.

Pro football quarterback David Klingler completed 48 passes in a 1990 for the University of Houston.

Dr. Milton Adams
Optometrist
335 Miles
Phone 364-2255
Office Hours:
Monday - Friday
8:30-12:00 1:00-5:00

8th-graders win own track meet

Hereford hosted a track meet for junior high girls Thursday at Whiteface Stadium. Hereford's eighth grade team won the eighth grade division. The team's 214 points was more than twice as many as any other team.

Hereford's seventh grade team finished third with 101 points--90 less than winner Pampa and only four points behind second place Borger.

Following are the results of the meet, with times for winners and Hereford girls only.

EIGHTH GRADE
 Team totals--1, Hereford, 214; 2, Valleyview, 91; 3, Plainview, 79; 4, Canyon, 72; 5, Borger, 71; 6, Pampa, 60.
 100-meter dash--1, Johnson, V, 13.54; 2, Anna Witkowski, H, 14.39; 3, Smith, Pl, 4; Munoz, V, 5; Michelle Ochoa, H, 14.52; 6, Howard, Pl, 200--1, Johnson, V, 27.84; 2, Cassie Abney, H, 28.63; 3, Witkowski, H, 29.61; 4, Darden, B, 5; Hutcherson, Pa, 6; Moshier, V, 400--1, Marie Crox, H, 1:07.92; 2, Katie Bone, H, 1:08.25; 3, Tarango, Pa, 4; Newkirk, Pa, 5; Kari Barrett, H, 1:12.18; 6, Cerka, V, 800--1, Schreuer, C, 2:46.58; 2, Barrett, H, 2:52.10; 3, Knight, V, 4; Annie Hoffman, H, 2:54.79; 5, Tarango, Pa, 6; Talley, B, 1,600--1, Bethany Townsend, H, 6:14.30; 2, Marybell Scroggins, H, 6:19.66; 3, Hoffman, H, 6:36.91; 4, Brehm, C, 5; Grodd, B, 6; Knight, V, 3,200--1, Townsend, H, 13:09.42 (new meet record); 2, Scroggins, H, 13:23.89; 3, Grodd, B, 4; Lauren Caviness, H, 14:34.70; 5, Montoya, Pa, 6; Leyva, Pl, 100 hurdles--1,

Kelley, B, 17.18; 2, J.J. Hill, H, 18.03; 3, Auen, Pl, 4; Brown, C, 5; Shawna Don-Juan, H, 19.15; 6, Cerka, V, 300 hurdles--1, Sims, C, 53.52; 2, Don-Juan, H, 55.26; 3, Auen, Pl, 4; Jamie Harrison, H, 58.36; 5, Rushing, Pa, 6; Brown, Pa, Shot put--1, Hooker, V, 32-3/3/4; 2, Hill, H, 29-9 1/2; 3, Danielle Comelius, H, 29-8; 4, Blankenship, V, 5; Powell, B, 6; Fortin, Pa, Discus--1, Fortin, Pa, 88-7; 2, Gattis, Pa, 3; Comelius, H, 79-3; 4, Rich, C, 5; Spencer, V, 6; Valdez, C, High jump--1, Smith, Estacado, 4-10; 2, Sims, C, 3; Chappell, Pa, 4; Lamarea, V, 5; Comelius, H, 4-4; 6, East, Pa, Long jump--1, Smith, Estacado, 14-4; 2, Powell, B, 3; Kelley, B, 4; Mosher, V, 5; Courtney Gearn, H, 13-3 1/2; 6, Roberts, Estacado, Triple jump--1, Smith, Estacado, 30-4; 2, O'Neil, Estacado; 3, Comelius, H, 29-5; 4, Sims, C, 5; Mosher, V, 6; Certa, V, 400 relay--1, Hereford (Gearn, Bone, Crox and Abney), 54.05; 2, Plainview, 54.42; 3, Borger, 54.91; 4, Valleyview, 55.27; 5, Pampa, 57.66; 6, Canyon, 57.75. 800 relay--1, Hereford (Gearn, Courtney Crawford, Kris Daniels and Abney), 1:56.31; 2, Borger, 2:02.78; 3, Valleyview, 2:05.01; 4, Canyon, 2:05.55; 5, Pampa, 2:06.59. 1,600 relay--1, Hereford (Gearn, Bone, Harrison and Crox), 4:32.33; 2, Canyon, 4:47.74; 3, Valleyview, 4:53.18; 4, Pampa, 4:54.85; 5, Plainview, 4:55.89; 6, Borger, 5:11.57.

SEVENTH GRADE
 Team totals--1, Pampa, 191; 2, Borger, 104; 3, Hereford, 101; 4, Canyon, 61; 5, Valleyview, 53; 6, Plainview, 47.
 100-meter dash--1, Wilson, Pa, 13.52; 2, Crawford, Pa, 3; Calhoun, Pa, 4; Wilson, B, 5; Browning, V, 6; Rebecca Drager, H, 15.01. 200--1, Cavalier, Pa, 29.27; 2, Wison, Pa, 3; Bryant, V, 4; Trosper, C, 5; Stone, Pl, 6; Clark,

Pa, 400--1, Castillo, Pa, 1:06.97; 2, Monica Castillo, H, 1:06.63; 3, Reagh, B, 4; Lombard, C, 5; Williams, Pa, 6; Norman, V, 800--1, Castillo, Pa, 2:40.72; 2, Goldston, B, 3; Quarles, Pa, 4; Kysar, V, 5; Staci Betzen, H, 2:54.57; 6, Galvan, Pl, 1,600--1, Gaines, B, 6:23.88; 2, Vest, V, 3; Goldston, B, 4; Valverde, C, 5; Betzen, H, 6:39.54; 6, Reed, Pl, 100 hurdles--1, Webb, B, 18.10; 2, Lee, C, 3; Williams, Pa, 4; Julie Rampley, H, 19.49; 5, Weatherly, C, 6; Green, B, 300 hurdles--1, Green, B, 57.15; 2, Williams, Pa, 3; Lujan, B, 4; Shuman, Pa, 5; Dwyer, Pl, 6; Chitwood, C, Shot put--1, Michelle Brown, H, 30-8 1/4 (new meet record); 2, Hemphill, Coronado; 3, Walzier, Coronado; 4, Tallant, C, 5; Elice Guerrero, 25-3/4; 6, (tie) Wine, Pa, and Mitchell, B, Discus--1, Brown, H, 80-10; 2, Watson, B, 3; Guerrero, H, 74-11; 4, Matheson, B, 5; Kendra Wright, H, 68-3; 6, Tallent, C, Long jump--1, Wilson, Pa, 14-2 1/4; 2, Cavalier, Pa, 3; Webb, B, 4; Rampley, H, 13-4 1/4; 5, Moore, C, 6; Petras, Coronado. High jump--1, Clark, Pa, 4-6; 2, Barnett, V, 3; Sammann, C, 4; Sanson, Coronado; 5, Rampley, H, 4-4; 6, Benson, V, Triple jump--1, Cavalier, Pa, 29-11; 2, Moore, C, 3; Samson, Coronado; 4, Castillo, Pa, 5; Norman, V, 6; Weatherly, C, 400 relay--1, Pampa, 54.83; 2, Hereford (Kate Dennison, Misti Davis, Nichole Albracht and Castillo), 57.02; 3, Plainview, 58.14; 4, Borger, 58.31; 5, Canyon, 59.88; 6, Valleyview, 60.65. 800 relay--1, Pampa, 2:00.47; 2, Hereford (Davis, Dennison, Briar Baker and Albracht), 2:04.31; 3, Valleyview, 2:04.41; 4, Canyon, 2:04.84; 5, Borger, 2:06.58; 6, Plainview, 2:07.21. 1,600 relay--1, Pampa, 4:36.47; 2, Hereford (Albracht, Dennison, Baker and Castillo), 4:46.45; 3, Borger, 4:49.92; 4, Valleyview, 4:51.38; 5, Canyon, 4:53.09; 6, Plainview, 5:13.87.



Winning form

Hereford's Katie Bone reaches back as Courtney Gearn tries to hand her the baton during the 400-meter relay. Bone and Gearn teamed up with Marie Crox and Cassie Abney to win the event. Hereford hosted a junior track meet Thursday at Whiteface Stadium.

Smith ties save mark

By The Associated Press
 Once again, Lee Smith saved the day.

He tied Jeff Reardon's major league record with his 357th career save as the St. Louis Cardinals beat the San Francisco Giants 2-1 Thursday.

The 35-year-old right-hander pitched a perfect ninth inning for his second save of the season. He needed only eight pitches to retire Matt Williams, Barry Bonds and Robby Thompson.

"The biggest thing was to get out there and get it over with," Smith said.

Smith could move ahead of Reardon today, when the Cardinals open a three-game series against Cincinnati. Reardon is now a setup man for the Reds, so his chances for saves will be limited this season.

"Right now, I'm a little bit nervous thinking about it," Smith

said. "But I've really never set goals or records. I just want to stay healthy and consistent."

In other National League games, Montreal outslugged Cincinnati 14-11, Pittsburgh edged San Diego 5-4, and Atlanta beat Los Angeles 6-1.

At St. Louis, the Cardinals got only four hits. But two were homers by Mark Whiten and Gregg Jefferies.

Jefferies homered in the first and Whiten, acquired last month in a trade with Cleveland, snapped a seventh-inning tie with a shot off loser Kevin Rogers.

San Francisco scored in the second on consecutive doubles by Bonds and Thompson.

St. Louis starter Donovan Osborne got the victory, allowing five hits in seven-plus innings. San Francisco starter Bud Black gave up only one hit in five innings.

Cleveland's Baerga homers from both sides in one inning

By BEN WALKER
 AP Baseball Writer

On a night of firsts, Carlos Baerga was a big hit, and so were the Boston Red Sox.

Baerga did what Mickey Mantle, Eddie Murray and no other switch hitter had ever done, homering from both sides of the plate in the same inning during Cleveland's 15-5 romp Thursday night over the New York Yankees.

Baerga hit a two-run homer right-handed off Steve Howe and a solo shot left-handed off Steve Farr in a nine-run seventh inning.

"I haven't thought about that," Baerga said. "I just tried to hit the ball as hard as I could."

The Red Sox, meanwhile, completed their first three-game sweep at Royals Stadium with a 9-4 victory over Kansas City. Boston has started a season with three straight road wins for the first time since 1957.

In the only other games, Detroit beat Oakland 3-2, and Chicago defeated

Minnesota 9-4.

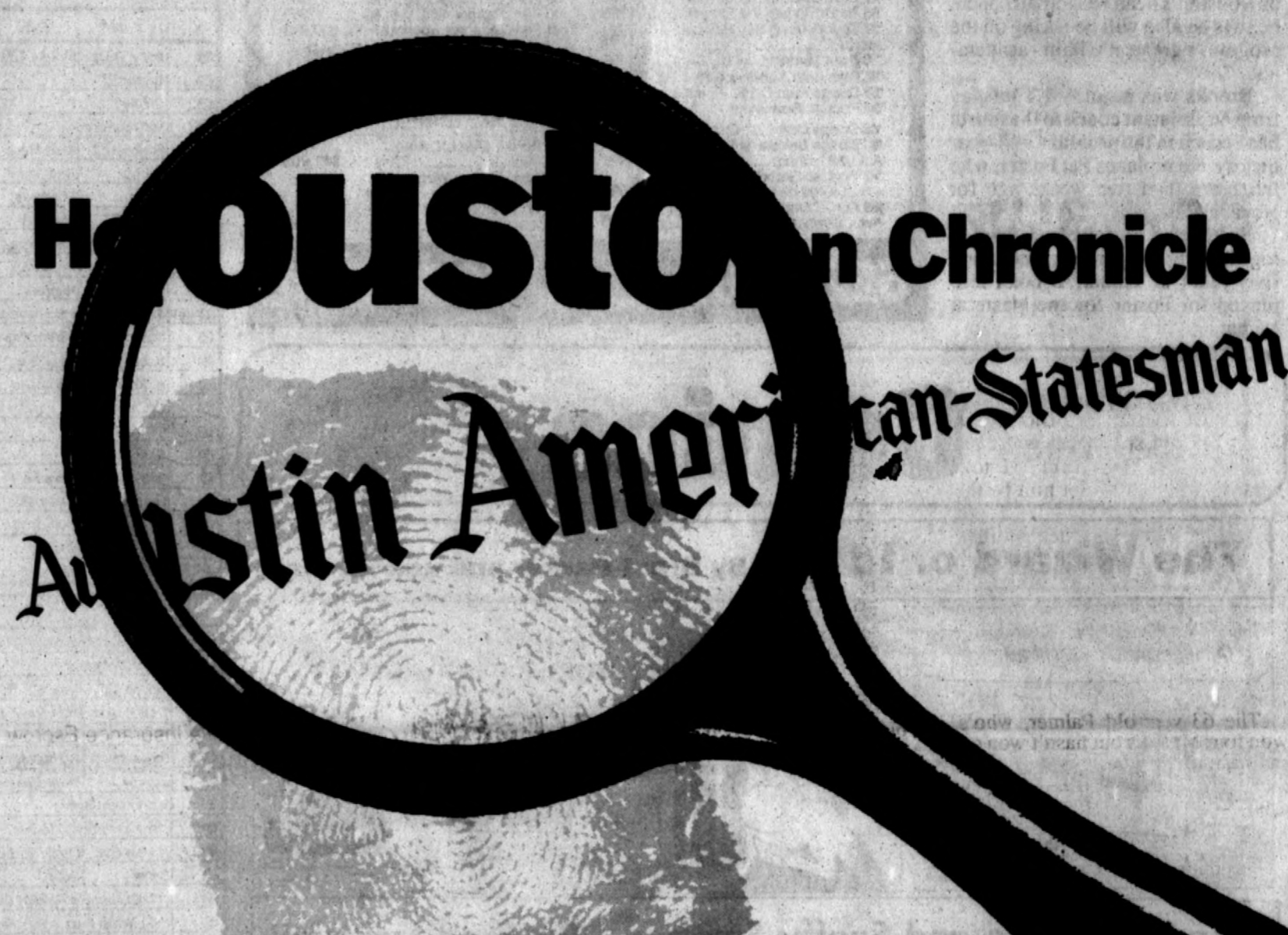
Baerga became the first player to homer twice in the same inning since Boston's Ellis Burks on Aug. 27, 1990. He is the first Indian to do it, and the 26th overall.

Baerga went 4 for 5 with a double, scored four runs and drove in three. It was the 92nd time a switch hitter homered from both sides in a game, with Mantle and Murray leading with 10 each.

"The beauty about Carlos is that there's no one way to pitch him," Indians manager Mike Hargrove said. "He uses the whole field and he's going to take whatever you give him."

Alvaro Espinoza had a three-run homer and a single during Cleveland's big seventh inning. Glenallen Hill had three hits and drove in three runs.

Albert Belle was hit by a pitch from Howe after Baerga's first home run, then Farr was ejected by plate umpire Al Clark after a pitch close to Belle's knee following Baerga's second homer.



It won't be a mystery if Texas loses out on thousands of jobs...

It's a classic case of greed that could cost Texas thousands of jobs and billions of dollars in investment and economic development.

And the high rolling corporate executives from New York City, Atlanta, and San Francisco who own Texas' major daily newspapers have their fingerprints all over it.

The out-of-state newspaper moguls see fiber optics as a threat to their profits, and are abusing the power of the press to protect their financial interests.

Fiber optics can help bring jobs to Texas. It will help businesses be more competitive and allow our state to make the most of technological advances in education and health care that will benefit rural and urban areas alike. It also has the potential to change the way we live by bringing interactive services that will allow you to shop and even bank from your own living room, no matter where you live.

Phone companies are ready to invest in a fiber optic system that will bring jobs for Texas as well as increased business for them—and have even offered to protect consumers with a four-year freeze in basic phone rates. Yet the newspapers are fighting against progress, looking only to protect the profits they're making now.

The newspaper publishers claim to be looking out for your interests, but the truth is they're just another special interest getting their way at your expense.

Call your state legislators today and let them know what you think about out-of-state newspaper corporations risking Texas jobs to protect their special interests.

Legislative advertising. Paid for by Southwestern Bell Telephone of Texas, One Bell Plaza, Dallas, TX 75202, and the Texas Telephone Association, 400 W. 15th St., Ste. 1006, Austin, TX 78701.

Easter feast.

Easter Sunday

All you care to eat -- a feast of baked ham, roast beef and other delicious entrees, casseroles, vegetables, fruits, salads, breads, desserts and sundaes.

- Regular menu items also available
- Complimentary drink refills

\$ 5.29

HEREFORD'S DEVOTIONAL PAGE

SHARP COPIERS
SANYO CASH REGISTERS
CALCULATORS

LEADING EDGE COMPUTERS
ADLER TYPEWRITERS
OFFICE FURNITURE

OFFICE CENTER
INC.

JERRY HODGES, Manager
364-0430
144 W. 4th St.

Bar-G Feedyard

8 Miles Southwest of Hereford
806 357 2241
Route 3
Summerfield, TX 79085

THE Hereford BRAND
(806)364-2030

Higginbotham Bartlett Lumber Co.

N Hwy. 385 364-1256



HEREFORD IRON & METAL
North Progressive Road
364-3777
Hereford, Tx 79045

Carl McCaslin Lumber Co.

344 E. 3rd St. 364-3434

PLAINS FORD NEW HOLLAND, INC.
HWY. 385 SOUTH
364-4001

FORD - NEW HOLLAND - VERSATILE

HEREFORD

Chrysler - Dodge - Jeep
142 Miles 364-0990

GOOD YEAR
A ALIGNMENT SHOP
301 E. 1st. • Hereford, Texas
364-6637

WAGNER FLOYD, NEILL, Owner

McGinty & Associates, P.C.
Certified Public Accountants
205 West 4th 364-6432
G. PATRICK MCGINTY C.P.A. MARVIN SARTIN C.P.A.

AUTO REPAIR
CROFFORD AUTOMOTIVE
600 N. 25 Mile Ave. • 364-7650
DEAN CROFFORD TERRY HOFFMAN - OWNERS COMPLETE AUTO REPAIR FOREIGN & DOMESTIC

HEREFORD JANITOR SUPPLY, INC.
1301 E. Park Ave.
364-0517
Hereford, Tx.

SUIT'S AUTO SUPPLY
115 Schley
364-1500

OGLESBY EQUIPMENT CO., INC.
S. Kingwood 364-1551

Hereford STATE BANK
212 E. 3rd St. Time & Temperature - 364-5100 364-3456

WEST TEXAS RURAL TELEPHONE CO-OP
S. Hwy 385
364-3331

"JESUS IS LORD"
POYNOR'S Western Auto
114 E. Park Tony Cortez Hereford, Texas 79045
(806) 364-0574

CARQUEST HEREFORD PARTS & SUPPLY INC.
702 W. 1st.
364-3522
JIMMY MADRIGAL, MGR.

HEREFORD CABLEVISION
119 E. 4th 364-3912

AG ANALYSIS
Complete Analytical Services
P.O. Box 261 • Hereford, TX. • 364-5400

Keeling Cattle Feeders
(806)357-2261 SCOTT KEELING

Facts About The BIBLE BY JOHN LEHTI

THE DEMON OF JEALOUSY

IN THE BIBLE, AS IN MODERN TIMES, JEALOUSY HAS BEEN A MOST DESTRUCTIVE FORCE. TAKE THE CASE OF SAUL, FIRST KING OF ISRAEL. SAUL HAD NO REASON TO BE JEALOUS OR WORRIED ABOUT HIS KINGDOM UNTIL HE DISOBEYED THE PROPHET SAMUEL. THE DISOBEDIENCE STEMMED FROM A VICTORY SAUL HAD SECURED OVER A PHILISTINE KING. SAMUEL HAD ORDERED HIM TO WAGE A WAR OF EXTERMINATION AGAINST THESE ENEMIES OF ISRAEL, INCLUDING THEIR KING. BUT SAUL SPARED THE KING. SAMUEL THEN TOLD SAUL (1 SAM. 15:11) THAT HE WAS REJECTED OF GOD---AND THEN THE TROUBLE STARTED! SAUL WENT INTO GREAT FITS OF MELANCHOLY AND DAVID WAS CALLED ON TO PLAY MUSIC UPON THE HARP TO SOOTHE HIM. BUT LO AND BEHOLD, WHEN DAVID SLEW GOLIATH, AND BECAME A NATIONAL HERO, VICIOUS JEALOUSY TOOK POSSESSION OF HIM AND FROM THAT TIME ON HE WAS SUBJECT TO EVEN WORSE FITS OF DEPRESSION AND INSANE BEHAVIOR...UNTIL HIS DYING DAY!



SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAPBOOK

THIS DEVOTIONAL & DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES

- ASSEMBLY OF GOD**
Assembly of God
15th & Ave. F 364-0303
David Morris
Templo Calvario
Asamblea de Dios
136 Ave. G 364-6975
Pastor Joe DeLeon
Templo Camino
Verdad Y Vida
802 Ave. K 364-7826
Pablo Moreno, Jr., Pastor
- BAPTIST**
Avenue Baptist
130 N. 25 Mile Ave.
364-1564 / 364-8330
Larry Cothrin - Pastor
Bible Baptist
1204 Moreman Ave.
Gary G. Grant, Pastor
364-3102
Dawn Baptist
Pastor: Lonny Poe
258-7330
First Baptist
5th & Main St. 364-0696
Dr. Ronald L. Cook, Pastor
Frio Baptist
Frio Community 276-5380
Sam Milam, Pastor
Mision Bautista
201 Country Club Drive
364-1574
Mt. Sinai Baptist
302 Knight 364-3580
Palo Duro Baptist
Wildorado Community
Johnny Griffith, Pastor
Primera Iglesia Bautista
Pastor - Joe Hernandez
1 Mile N. on Hwy 385
364-1217 or
(Home) 364-8019
- CATHOLIC**
La Iglesia De San Jose
13th & Brevard
Rev. Darryl Birkenfeld, Pastor
364-5053
St. Anthony's Catholic
115 N. 25 Mile Ave. 364-6150
Msgr. Orville R. Blum, Pastor
- CHURCH OF CHRIST**
Central Church of Christ
148 Sunset 364-1604
Roy Shave, Min.
15th Street Church of Christ
15th & Blackfoot
La Iglesia De Cristo
334 Ave. E 364-6401
Jesus Cervantes, Min.
Park Ave. Church of Christ
703 W. Park Ave.
CHURCH OF GOD
Country Road Church of God
401 Country Club Drive 364-5390
Harlan Resch, Min.
- St. John's Baptist**
400 Mable St.
C. W. Allen, Min. 364-0942
Summerfield Baptist
Ellis Parson, Min. 357-2535
Temple Baptist
700 Ave. K. 364-1892
H. W. Bartlett, Min.
Trinity Baptist
Corner of S. 385 & Columbia
Rev. Ed Warren
Westway Baptist
Rt. 4, 289-5554
Pastor Melvin Smith
Mision Bautista Fundamental
310 N. Jackson 364-6913
Missionary Ernest Rodriguez
- FAITH MISSION CHURCH OF GOD IN CHRIST**
307 Brevard
Rev. Richard Collins 364-6553
CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS
Church of Jesus Christ of Latter Day Saints
500 Country Club Drive
364-1288
EPISCOPAL
St. Thomas Episcopal Church
601 W. Park Ave. 364-0146
Pastor Joe E. Wood
JEHOVAH'S WITNESSES
Jehovah's Witnesses
111 Ave. H 364-5763
LUTHERAN
Immanuel Lutheran
100 Ave. B. 364-1668
Don Kirklin, Pastor
METHODIST
First United Methodist Church
501 N. Main Street 364-0770
Rev. Joe E. Wood
Iglesia Metodista San Pablo
220 Kibbe
Hilda Cavazos, Pastor
Wesley United Methodist
410 Irving 364-4419
Rev. Joe A. Walker, Pastor
NAZARENE
Church of the Nazarene
La Plata & Ironwood 364-8303
Pastor Ted Taylor
Iglesia Del Nazareno
340 H. 364-7548
Pastora Elda Olivarez
PENTECOSTAL
United Pentecostal
Ave. H. & Lafayette 364-6578
Rev. Warren McKibben
- Iglesia De Cristo**
103 Atamo 364-2906
Aquilino Flores, Min.
PRESBYTERIAN
First Presbyterian
610 Lee Street 364-2471
Dr. James W. Cory
SEVENTH-DAY ADVENTIST
Seventh-Day Adventist
711 W. Park Ave.
Rocky Guerrero, Min.
CHRIST'S CHURCH FELLOWSHIP
Christ's Church Fellowship
401 W. Park Ave. 364-0373
Alton B. Tomlin Ph. D., Minister
OTHER
Christian Assembly
South Main St. 364-5882
Western Heritage Christian Church
Westway Community Center
Jim Sutherland, Pastor
Fellowship of Believers
245 Kingwood
364-0359
Doug Manning - Worship Leader
Good News Church
909 Union
David Alvarado, Pastor,
364-5239
Hereford Community Church
15th & Whittier
Dorman Duggan, Pastor
364-8866
New Life Fellowship
108 Ave. E.
Herman Castro, Pastor
Templo Jordan
West Bradley
Pastor Vincent Villalon Jr.
Templo La Hermosa
200 Columbia
Rev. Andres Del Toro

The First National Bank of Hereford
300 N. Main 364-2435 MEMBER FDIC

WALL & SONS DRILLING INC.
COMPLETE LINE OF PUMPS
15th St. & Progressive Rd.
364-0635

High Plains Laboratory Inc.
1502 Park Ave. 364-0242

Arrowhead Mills
Natural and Organic Foods For Over 30 Years
110 South Lawton Street, Hereford, TX 79045

MARK'S DIESEL FUEL INJECTION
PUMP & INJECTION REPAIR IS OUR SPECIALTY
MARK LANDRUM Owner Dave McGAVOCK Technician Hwy. 69 East 364-4231 Hereford, Texas

Tri-State Cattle Feeders
Bob Sims 364-4030

GILLILLAND - WATSON FUNERAL HOME
411 E. 6th St.
364-2211

Hereford Farmers Gin Assn. Inc.
DAVID VARNER, Manager 364-3303

Lemons LIFELINE
HEALTH CARE PRODUCTS

OSWALT Livestock Products
DIV. OF HEYCO, INC. TOM LEGATE BRANCH MANAGER
364-0250

GARRISON & TOWNSEND INC.
364-0560
Hereford, Tx 79045

Beef'n More
HEREFORD MADE REAL BEEF DRY DOG FOOD

Keyes Electric & Magnets
RELIABLE & COURTEOUS SERVICE PROMPT PROFESSIONAL SERVICE
364-5433
201 East 1st St. • Hereford, Tx. 79045 Thad Keyes - Owner

litho-graphics
Printing & Office Supply
621 N. Main 364-6891

R & P Feedyard
276-5575
Hereford, Tx.
PAT ROBBINS - 276-5387 • CURTIS SMITH

champion feeders, inc.
(806)364-6051 DAVE HOPPER, Manager

BIG PUMP CO.
WATER WELL DRILLING FULL PUMP SERVICE
364-0353

HEREFORD
Buick - Pontiac - GMC Truck
Your Hometown Dealer with Home Town Service
364-0990 142 MILES

COOP
Bemie Huseman Manager
CONSUMERS FUEL COOPERATIVE ASSN., INC
116 New York 364-1146

Gibson's DISCOUNT CENTER
BEST FOR LESS EVERYDAY
1115 W. PARK AVE. 364-3187

WARREN BROS. MOTOR CO.
REPUTABLE BUSINESS SINCE 1948
364-4431
RALPH & JERRY 1410 E. PARK AVE.

LONG JOHN SILVER'S
SEAFOOD SHOPPES
364-4411
1220 WEST FIRST ST. HEREFORD, TEXAS

DAVID C. HILL CATTLE CO.
RT. 5 BOX 29 A
258-7677
HOME: 364-0383

SHUR-GRO LIQUID FEED, INC.
BOX 1150
364-5200
HEREFORD, TEXAS

SUPERIOR TANK AND SUPPLY
801 East 2nd St. • Hereford, Tx. 79045 • (806) 364-7190

C-L AUTO PARTS
114 Norton • Hereford, Texas
Phone (806) 364-3461

B&R 406 E. 7TH 1105 W. PARK AVE.
THRIFTWAY

Hereford Texas Federal Credit Union
330 Schley 364-1888

High Plains Coral Reef
364-2538
Harrison, Hwy Hereford, Tx.
Marine & Freshwater Aquarium Setups Installation - Supplies Fish, Invertebrates Plants - Live Rack
Kit & Judy Sanders Karl Sanders

Qrx FUNERAL DIRECTORS OF HEREFORD
105 GREENWOOD 364-6533
"CARING FOR WEST TEXAS FOR OVER 100 YEARS"

GOLDEN PLAINS CARE CENTER
420 RANGER DRIVE 364-3815

Classifieds

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee, to place your classified advertising. We reach thousands every day!

The Hereford Brand
 Since 1901
Want Ads Do It All!

You Want It.
 You Got It!
CLASSIFIEDS

364-2030
Fax: 364-8364
313 N. Lee

CLASSIFIED ADS
 Classified advertising rates are based on 15 cents a word for first insertion (\$3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy charge, straight word ads.

TIMES	RATE	MIN
1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
5 days per word	.59	11.80

CLASSIFIED DISPLAY
 Classified display rates apply to all other ads not set in solid word lines—those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$4.15 per column inch; \$3.45 an inch for consecutive additional insertions.

LEGALS
 Ad rates for legal notices are same as for classified display.

ERRORS
 Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1. ARTICLES FOR SALE

CUSTOMIZE YOUR ROOMS—Match decor with painted borders or muriels of favorite subjects. Call DARLA STENGEL 357-2364

"Baskets of Love" are a nice gift with Merle Norman Hand lotion tucked in, perfect gift for new mothers; with a Merle Lipstick, perfect for a birthday remembrance; with Yankee Votive candles or tarts just right for your secret pal; with a gift certificate great for anyone for any occasion, we gift wrap. Merle Norman Cosmetics & The Gift Garden, 220 N. Main

SINGER 1993 new heavy duty unsold school models. Sew silk, canvas, leather, knits and jeans. Zigzags, buttonholes, monograms, overedges seams, etc. 10 year Single factory warranty. \$198 with ad; \$439 without ad. Free UPS delivery statewide. Visa/Mastercard/Discover. Free layaway. Singer-5418 Slide Rd. Lubbock, Texas 788-0608

New and now in stock: The Roads of New Mexico, in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 15003

A Great Gift!!! Texas Country Reporter Cookbook -- the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. \$13.95 at Hereford Brand. 17961

Reposessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

Will pay cash for used furniture & appliances, one piece or house full. 364-3552. 20460

Place your orders now for quail to raise. Call 364-6444 after 5 or at noon. 23383

Will power in a bottle, Diet Magic. Increases metabolism, controls appetite, gives enormous energy-\$30. 30 day guarantee, 578-4413 23390

For Engine Tune Ups And Overhauls, Automatic Transmission, Computer Ignitions, Brake Jobs, Oil Change, Wash Jobs. Call A Alignment Shop 301 E. 1st 364-6637

For sale Refrigerator, new; dinette and chairs (black velvet) 3 pc. bedroom set, Various items. 407 Union, 364-2437, leave message. 23434

Appropriate Easter remembrances for your teen: Bible puzzle books, t-shirts with a message, Bible covers--at Merle Norman Cosmetics & The Gift Garden, 220 N. main. 23446

Pick a posey from The Garden. Silk arrangements, dried wall wreaths, porcelain flowers at Merle Norman Cosmetics & The Gift Garden, 220 N. Main. 23447

For sale beautiful greeting cards for all occasions. Susie Curtsinger, 364-4114. 23451

Kingsize mattress and box springs for sale, dresser with mirror. 364-3880. 23461

1A-Garage Sales

Joe's Trading Post Open Friday & Saturday. West Highway 60. Lots of everything. 23063

Yard sale Thursday, Friday & Saturday, 100 Cherokee. 23443

Garage Sale 219 Ave. I Friday & Saturday, 9-? All size clothes & odds & ends & misc. 23455

Yard Sale Friday & Saturday, 208 Windsor St. on Highway 60 Shell station, make left. 8-? 23456

Yard sale Friday & Saturday 136 Ave. H. Baby & kids clothes, toys, rollerblades size 2, beer mirrors, etc. 23457

CROSSWORD
 by THOMAS JOSEPH

ACROSS
 1 Earlier
 6 Army rank
 11 Noted volcano
 12 San Antonio landmark
 13 Egg buy
 14 Stands
 15 Milliner's wares
 17 Teen's bane
 18 Twofold
 20 — Hash-anah
 22 Squid's defense
 23 Connoisseur's concern
 26 Hamelin hero
 28 Theater employee
 29 Spielberg and others
 31 Rhone water
 32 Ceremony
 33 Adjutant
 34 Fancy dance
 36 Sod
 38 Knight wear
 40 Tend
 43 Ludicrous
 44 Computer key
 45 — up (got in shape)
 46 Stupefies

DOWN
 1 Jotter's need
 2 Old auto
 3 Famed violinist
 4 "Paper Moon" star
 5 Talk crazily
 6 Impair
 7 Pseudonyms
 8 Famed violinist
 9 Warning sign
 10 Vase occupant
 16 — Lanka
 18 Party goos
 19 Army group
 21 Burden
 23 Worry
 24 Peruse
 25 Test answer
 27 Satan
 30 Catch
 33 Fight

Yesterday's Answer
 18 Party goos
 19 Army group
 21 Burden
 23 Worry
 24 Peruse
 25 Test answer
 27 Satan
 30 Catch
 33 Fight

S	E	W	S	M	U	L	E	T	A
A	C	R	E	O	P	E	R	A	S
G	R	I	N	O	C	T	E	T	S
A	U	T	O	G	R	A	T		
E	R	A		R	E	C	U	R	
P	E	C	A	N		D	R	O	N
I	D	O				P	U	N	
P	I	P	E	D		T	H	Y	M
S	T	Y	L	E		E	A	R	
						O	N	T	A
N	A	T	I	V	E		A	G	R
A	R	I	S	E	N		S	H	I
W	I	P	E	R	S		S	T	A

1	2	3	4	5	6	7	8	9	10
11							12		
13							14		
		15			16		17		
18	19				20	21			
22				23			24	25	
26			27			28			
29					30		31		
		32					33		
34	35				36	37			
38				39			40	41	42
43							44		
45							46		

STUMPED? For answers to today's crossword, call 1-900-454-7377! 99¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

Garage Sale 237 Ave. E. Friday & Saturday. Men & women & little girl clothes, swing, contemporary bunk bed, 9 volt battery corvette, miscellaneous. 23463

Garage Sale 512 West Gracey Friday & Saturday. Tools, clothes, kitchen stuff & miscellaneous. 23460

2. FARM EQUIPMENT

For sale John Deere Tractor \$2500.00 or trade for cattle. Call 364-5836 or 364-6325 after 6 p.m. 23465

One-25 HP & two-20 HP submersible pumps—all in excellent shape, like new, pipe, wire, valves, panel boxes. Near Westway. Call 1-488-2392 23395

1976 Chevy C-65 Tandem axle grain truck, 427 engine with 24 ft. steel bed with hoist. Good truck and reasonable. Call 364-5324 at night or 346-1087, mobile. 23460

3. CARS FOR SALE

MUFFLER SHOP
CROFFORD AUTOMOTIVE
 Free Estimates
 For All Your Exhaust Needs
 Call: 364-7650

MUST SELL! '91 Ford Crown Victoria LX, 4-door sedan, air bag, am/fm stereo cassette, power windows, power door locks, power seat, cruise control, tilt steering wheel, rear window defroster, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments, Call Doug Boulton in The Credit Department, Friona Motors, 806/247-2701

'81 Mack 300 6 FPD. '85 Chev. Pickup, 806-965-2332 23464

MUST SELL! '87 Jeep Grand Wagoneer, V-8, 4x4, automatic transmission, air conditioning, leather, dual power seats, power windows, power door locks, cruise control, tilt steering wheel, am/fm stereo cassette, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments, call Doug Boulton in The Credit Department, Friona Motors, 806/247-2701

Must sell '87 Chrysler 5th Avenue, 78,000 miles, excellent condition, new tires, \$5500 OBO, Friona-247-2272 23385

For sale 1988 Ford 4x4 5-speed 1/2 ton good tires, mechanically sound. 364-7655. 23452

4. REAL ESTATE

For sale 28x60 Mobile Home 3 bed, 2 bath, den, central air & heat-Also King Size Waterbed. Call 364-0504. 23358

For sale: Extra nice 3 bedroom, 1 3/4 bath brick home. Remodeled, fenced yard, Fresh coat of paint. Call 364-6462. 23372

2-story house for sale, 500 Union, 3100 sqft., 4 bed-2bath, remodeled throughout. A great house at a great price. Call 364-7578 for appointment. 23396

Nice Northwest Home 3bed/2bath enclosed sunporch. Rear entry garage. Over 1500 sq. ft. fireplace. Call Don C. Tardy 364-4561. Home is priced to sell very quickly! 23414

Price Reduced!! \$5500.00 One Mile South on 385 Big 2 bedroom, 2 bath brick, LR & den. See to appreciate, Don C. Tardy, Co. 364-4561. 23415

For rent, sale or lease purchase, 3 bedroom brick, 430 Sycamore. Nice Home. 364-6164. 23425

HOUSE FOR SALE IN LUBBOCK
MOVING TO LUBBOCK?
 Consider this beautiful custom-built home-3bd, den w/fireplace dining area, breakfast nook, 2 baths, 3 ceiling fans, new carpet & new floor covering in kitchen & guest bath. 1942 sq. ft. living space, double garage, on 1/2 acre lot with water well located outside city limits in North Terra Estates in the Frenship School District. No city taxes. 12'x16' storage bldg, built-in shelves, overhead lights, power outlets. Assumable VA loan, non-qualifying at 9% fixed rate. For Information Call 1-793-9223

DOWNTOWN BUSINESS FOR SALE
 337 N. Miles. This is an 18x70 brick-Reasonable with terms possible With down payment. Owner Paula Prutsman 364-2020

5. HOMES FOR RENT

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873

Moving Special. 2 bedroom, stove, fridge, water paid. 364-4370. 22671

3 bedroom mobile home stove/fridge, w/d hookup, fenced yard, Section 8 renters accepted. 364-4370. 23088

2 bedroom duplex, water paid, \$175/monthly. 364-2131. 23151

Office bldg., on Highway 385, 2 offices, foyer, kitchen, restroom area, \$375/monthly. Call Realtor 364-7792. 23154

One bedroom apartment, stove & refrigerator furnished, bills paid, no pets, nice & clean, man & wife. 364-8056. 23165

Paloma Lane apartment, 2 bedroom available, central air/heat, range furnished, water paid. 364-1255 9-5:30. M-F. 23229

For rent 2 bedroom unfurnished, washer/dryer hookup, large utility room, 413 Barrett, 364-1917. 23428

One bedroom house, 212 Ave. J, stove & refrigerator furnished. \$175/monthly, water paid. 364-6489. 23435

3 bedroom house, 432 Long, carpet, 364-2170. 23442

Two bedroom duplex, washer/dryer hookup, fenced back yard, call 364-4730 evenings or weekends.

Use The Classifieds And Consider It

Classifieds.

They're just for you, everyday, in the Hereford Brand.

Call Janey Allmon today at 364-2030 and get a classified to work for you.

Classifieds

3 bedroom, 2 bath, double car garage, NW area, \$425/monthly, \$200 deposit, pay own bills. 364-4332 23448

Clean one bedroom apartment for single or couple near laundry mat, \$190/monthly + deposit & electricity. Call 372-9993 or 353-6228. 23449

3 bedroom at 410 Long, \$300 + deposit, 364-4049. 23453

Beautiful 2 bedroom mobile home, all appliances, no pets. 364-4974.

7. BUSINESS OPPORTUNITIES

General housecleaning, reasonable rates, references, Monday-Friday. Call 364-7480, answering machine, or call 364-3544 before 10 a.m.

BUSINESS OPPORTUNITY
Dealerships available. Port-O-Bldg. & Port-O-Covers. Low investment cost, guaranteed repurchase. Goes good with existing business with extra land. Financing available. CONTACT: Mike Wulf, General Shelters 800-634-8103

8. HELP WANTED

Farr Better Feeds, Hereford, Tx. is accepting applications for production employees. Must be 18 years old & available for shift work. Apply in person at Farr Better Feeds, So. Progressive Rd., Hereford between 7:30 a.m. and 3 p.m. 22105

Golden Plains Care Center is seeking a full time LVN. We offer excellent salary, pleasant working conditions & continuing education assistance. Ask for Shana, 364-3815. 23102

THERAPIST WANTED for Rape Crisis/Domestic Violence Outreach Coordinator in Hereford, Texas. Masters in counseling or related field preferred. Fulltime. Resumes with 3 references can be mailed to Diane Ayers, Family Support Services, 900 South Lincoln, Amarillo, Tx. 79101 EOE

DRIVERS TELC CORP in Dimmitt, Texas now accepting applications for semi truck drivers. Must have at least one year of OTR verifiable experience. Be at least 21 years of age. Be able to pass DOT physical with drug screen. Also needs CDL, graduate from approved truck driving schools are eligible. Apply between 10 a.m. and 3 p.m. 806-647-3185

Two positions for employment with long established Pump Co. in Hereford. Positions are, for experienced pump rig operator and for rig helper. Apply in person at Big T Pump Company, E. New York Ave., Hereford, Texas 8a.m.-5p.m. or call 364-0353 for appointment.

CONVENIENCE STORE MANAGER NEEDED & CASHIERS
For growing & expanding convenience store operator. Excellent pay and benefits. Experience helpful. Send resume to and salary history to Personnel Manager P.O. Box 1406 Hereford, 79045

NEIGHBORS CARING FOR NEIGHBORS RN, LVN's & Certified Nurses Aides needed for growing Hospital based Home Health Service, Full-time Monday-Friday and Weekend RN's and LVN's Call for Benefit and Sign on Bonus Information Deaf Smith Home Care Services Hereford, Texas Cathy Kuzniar, Director 806-364-2344

Farm position available. Must have 5 years irrigated farm experience, row and sprinkler-mechanic & welding experience. Send resume to Box 983 23340

Wanted-Dependable person to do secretarial work with light bookkeeping. Meet public well, 40 hours. Send resume to Box 673JA. 23380

Wanted experienced irrigation well truck operator. Also needs gear head and lathe man. Call 806-238-1596 days; or 806-238-1328-nights. 23402

Looking for sales personnel, preferable one capable of doing heavy lifting and qualify for CDL drivers license. Applications taken at Hereford Welding. 23433

Position for LVN on 11-7 shift. Benefit package. Competitive salary. King's Manor Methodist Home, Inc., 400 Ranger Drive. 23436

Attention RN's need extra income? King's Manor Methodist home has opening for part-time. 23437

Automotive machinists, one man shop, good benefits, full time position, please send resume to Toby's Automotive, box 489, Burlington, Co. 80807. 23454

Secretary needed, light bookkeeping, send resume to Box 673MM. 23462

9. CHILD CARE
Immediate opening to babysit one child—preferably girl—over age 2 in my home. Good meals, companionship, large playroom, Christian atmosphere, reasonable rates. Call Nyla, 364-6701 22973

KING'S MANOR METHODIST CHILD CARE
*State Licensed *Qualified Staff
Monday-Friday 6:00 am - 6:00 pm
Drop-ins Welcome with advance notice
MARILYN BELL / DIRECTOR
364-0661 • 400 RANGER

HEREFORD DAY CARE
Offering an excellent program of learning and care for your children 0-12! State Licensed
Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!
364-5062
248 E. 16th

10. ANNOUNCEMENTS
Problem Pregnancy Center Center, 801 E. 4th. Free pregnancy testing. For appointment call 364-2027, 364-5299 (Michelle) 1290

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120; Nights Call 289-5500. 14237

Manley Portable Buildings, top quality construction, custom build any size, 364-1736. 22625

Tree trimming, tree removal & regular lawn cleaning-Ryder Lawn & Yard. 364-3356. 22995

Will haul trash, dirt, sand & gravel, also tree trimming, rototilling & yard levelling. Clean flower beds & mow yards. 364-0553 or 364-8852. 23116

Custom farming for most types of farming. Discing, chiseling, sweeping, stubble mulching, listing-Call after 7 p.m. Mobile-344-2288 or 289-5389. 23126

House painting. Interior or exterior. Very reasonable. Free estimates. Keith Kelso, 364-6489. 23185

Harvey's Lawn Mower repair, tuneups, overhaul, oil change, blade sharpening, etc. Lawn mowing, \$15.00 up. 364-8413, 705 South Main. 23421

HOME MAINTENANCE
Repairs, Carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing. For free estimates call **TIM RILEY-364-6761**

Furniture Repair & Refinish.
Will refinish to desired color or match.
Also repair Evaporative Air Conditioners
Free Estimates
Call 364-7001 • 9am to 1pm or come by 219 Ave. E.

TIP TOP
Full line service on cars, pickups & trucks.
1507 E. 1st • 364-2570

WINDMILL & DOMESTIC
Sales, Repair, Service
Gerald Parker,
258-7722
578-4646

VACUUM WORLD
Authorized Sales & Repair, Kirby, Royal, Sharp and most other makes. Terms available. 25 years repair experience.
Bob Bridwell
609 E. Park Ave., Suite D-364-9411

12-Livestock
COLORADO ALFALFA
Dairy Quality
70-75 lb. bales. Delivered in Hereford area, \$95.00 a ton. Mountain range Supply
505-586-0413

FOR SALE
A Five Year old red pole bull D.A. Burdine, Rt. 1 Box 406, Hereford, Texas 79045, 258-7350

13. LOST & FOUND

Lost - Female black Lab mix. Male Black Chihuahua, 100 block of Hickory. Call 364-5719 & leave message. 23466

Found 8 miles north 3 miles west, black Male Lab, & light Heeler pup. Please call 578-4413. 23468

Birthdays, special days, a year-around remembrance? Send them The Hereford Brand, a gift that reminds the recipient of your love and concern about 255 times a year!

CIVIL RIGHTS
It is the policy of the facility to admit and to treat all residents without regard to race, color, sex, national origin, religious preference, handicap, or marital status. The same requirements for admission are applied to all and residents are assigned within the home without regard to race, color, national origin, religious preference. There is no distinction in eligibility for, or in the manner of providing, any resident service provided by or through the nursing home. All facilities of the nursing home are available without distinction to all residents and visitors regardless of race, color, national origin, religious preference or marital status. All persons and organizations having occasion either to refer residents for admission or to recommend the facility are advised to do so without regard to the residents race, color, national origin, religious preference, or marital status. This policy was approved and adopted by this facility on 4-1-93
Melba Patton Administrator

Shoes are not the whole story Shoemaker makes bras, panties, too

By **CHUCK MCCOLLOUGH**
San Antonio Express-News
SAN ANTONIO (AP) - Gary Meredith is a shoemaker, but footwear is only part of his business.

"I make an average of eight to nine hidden bra or panty gun holsters each month," Meredith said matter-of-factly from behind the counter of his small shop.

He also makes or repairs hats, orthopedic footwear, belts, wallets, purses, coats, jackets, luggage, attache cases, saddles and tack, scuba diving suits, golf bags, leather clothes, motorcycle helmets, sleeping bags, tents, car and boat covers and gun holsters for law enforcement officers and civilians.

But none of his handiwork is more unusual than the underwear holsters. "You'd be surprised who has them. Not only professional women but women of means or well-known ladies carry guns in their bras or panties for protection," he said. "Forget mace; this is better. Usually the bra holster is for a two- or four-shot derringer and the panty holster can hold up to a .357-caliber Magnum."

Meredith has been a shoemaker and leathersmith for 35 years. "I've had an interest in the business since I was a kid back in Cleveland. I started shining shoes and cleaning hats by the time I was 11 years old," he said.

By age 16 he was apprentice for an Italian shoemaker and a Greek hat maker. Meredith opened his first shoe repair business when he was 19. "I kept moving from bigger shop to bigger shop, learning all I could. He worked in a number of major cities, including Chicago, Pittsburgh and Cleveland.

"In the 1970s I saw a better opportunity in the South where a lot of old shoemakers were dying off and few young ones were taking their place," he said. Meredith had shops in Atlanta and New Orleans before moving to Texas. He considered setting up a shop in Houston where he could do five times more volume.

"However, I knew there was a unique opportunity in San Antonio for a qualified craftsman to work on upscale footwear," he said. "It's easier for me to work with the quality material in high-end shoes."

Names in the news

LOS ANGELES (AP) - Science meets science fiction when physicist Stephen Hawking guest stars on this season's final episode of "Star Trek: The Next Generation."

Hawking, author of the acclaimed "A Brief History of Time," is featured in a scene involving a holographic poker game with series regular Brent Spiner, who plays Lt. Cmdr. Data.

Two late, great scientists - Albert Einstein and Sir Isaac Newton - also take part in the fantasy card game. Hawking, professor at Cambridge University in England and a fan of the series, asked to appear on the TV show after visiting the set recently.

The episode, filming this week, will air in syndication the week of June 21.

HAMBURG, Germany (AP) - Tennis star Boris Becker popped the question to his longtime girlfriend Barbara Feltus and she said yes. "We want to have children, a home and a very normal life," Becker

NEW YORK (AP) - Odd couple James Carville and Mary Matalin will provide political analysis for Newsweek on upcoming elections.

The magazine also will feature excerpts of their book on the 1992 presidential race, due next spring.

Carville, who masterminded President Clinton's campaign, and Matalin, one of George Bush's chief strategists, put their relationship on hold during the campaign.

Newsweek signed Carville and Matalin to analyze the 1994 congressional elections and to write columns covering the 1996 presidential conventions, it announced Tuesday. Their pay was not disclosed.

NASHVILLE, Tenn. (AP) - Comedienne Pam Stone says she's not taking sides in the gender war - she picks on men and women equally.

"I know there are men out there who are louts. Men who do nothing but sit on their butts and watch TV and burp," said Stone, who has a recurring role on the ABC series, "Coach." "I also know that there are women who are provoking, whining creatures."

Stone's comedy career started as a joke in college. Her true passion was horses, and she planned to work as a trainer. Waitressing at an Atlanta comedy club earned her pocket money.

The 51-year-old leathersmith opened his business about six months ago after moving to San Antonio when his wife, a civil service worker, was transferred here. Meredith refuses to keep a phone in his shop, saying his time is too valuable to waste talking to people looking for a bargain.

"I cater exclusively to discriminating clientele, people who want quality work, not inexpensive work. That's why I charge in advance," he said with the unabashed candor of a master craftsman.

Meredith said he makes some shoes, but most of his business is footwear rebuilding. "Shoemaking is about 2 percent of my business now, but it could be up to 25 percent eventually."

Meredith said one of the most important things a shoe repair facility must have is good inventory. "I purchased a large supply of super prime leather. My shoe soles last two to three years, that's five times longer than regular soles," he said.

Meredith plans to open a second shop within two months. "I'll have to split my time between the two shops until I can import a shoemaker. I'm trying to get one from Greece," he said.

Meredith said there is a shortage of master shoemakers and shoe repair craftsman and fewer apprentices working to take their place. "I want to do something about that."

Meredith is trying to set up a combination training and shoe repair facility on or near one of the military bases in San Antonio.

"I want to expand what I do and employ people. I've had 45 stores over the years and accumulated a lot of machinery that could be used to repair high-end footwear," he said.

Meredith wants to find a 10,000- to 15,000-square-foot facility to set up the equipment and train between 75 and 100 people per year in the art of high-end shoe repair.

He envisions the facility taking in shoe repair from military bases in the United States while training some of the people, civilian and military, laid off in the Department of Defense cutbacks.

"I've written letters to Secretary of Defense Les Aspin and legislators seeking their support for the idea," he said.

Becker and Feltus, who have lived together for more than a year, formalized the engagement March 5, the magazine said in today's edition. It did not say when they plan to marry.

Becker, who has not played a tournament since suffering a viral infection in February, said he is considering reduced playing time to help Feltus pursue an acting career.

The three-time Wimbledon champion has been practicing in Monte Carlo for the beginning of the upcoming clay court season.

"I have at the most five or six more years of tennis, then it is definitely over," said Becker, 25.

The Republic of Texas approved a constitution in 1836.

Nathaniel Hawthorne's "The Scarlet Letter," was published in 1850.

AXYDLBAAXR is **LONGFELLOW**
One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.
4-9 CRYPTOQUOTE
D I B U T Q O L T U L H L W K ?
Z K T U L Z H P
J Q L B I T F U M D I B G Q B
G T W T T X W Z X L P
S L X Z U L H L ? - L M Z G I
H Z G D L W W
Yesterday's Cryptoquote: THE MOST DELIGHTFUL ADVANTAGE OF BEING BALD — ONE CAN HEAR SNOWFLAKES. — R.G.DANIELS
NEED HELP with Cryptoquotes? Call 1-900-420-0700! 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features Service, NYC.

Schlabs Hysinger SERVING HEREFORD SINCE 1979
COMMODITY SERVICES
1500 West Park Ave. 364-1281
Richard Schlabs Steve Hysinger
Phone 364-1286 Each Trading Day After 5:30 P.M. for Recorded Commodity Update
Prices effective Thursday, April 8, 1993.

CATTLE FUTURES

CATTLE-FEEDER (CME) \$4.00/lb. cwt. cont'd	
Apr 81.50	81.50
Apr 82.00	82.00
Apr 82.50	82.50
Apr 83.00	83.00
Apr 83.50	83.50
Apr 84.00	84.00
Apr 84.50	84.50
Apr 85.00	85.00
Apr 85.50	85.50
Apr 86.00	86.00
Apr 86.50	86.50
Apr 87.00	87.00
Apr 87.50	87.50
Apr 88.00	88.00
Apr 88.50	88.50
Apr 89.00	89.00
Apr 89.50	89.50
Apr 90.00	90.00
Apr 90.50	90.50
Apr 91.00	91.00
Apr 91.50	91.50
Apr 92.00	92.00
Apr 92.50	92.50
Apr 93.00	93.00
Apr 93.50	93.50
Apr 94.00	94.00
Apr 94.50	94.50
Apr 95.00	95.00
Apr 95.50	95.50
Apr 96.00	96.00
Apr 96.50	96.50
Apr 97.00	97.00
Apr 97.50	97.50
Apr 98.00	98.00
Apr 98.50	98.50
Apr 99.00	99.00
Apr 99.50	99.50
Apr 100.00	100.00

GRAIN FUTURES

CORN (CBT) \$4.00/bu. cont'd	
May 217 1/2	221 1/2
Jun 221 1/2	225 1/2
Jul 225 1/2	229 1/2
Aug 229 1/2	233 1/2
Sep 233 1/2	237 1/2
Oct 237 1/2	241 1/2
Nov 241 1/2	245 1/2
Dec 245 1/2	249 1/2
Jan 249 1/2	253 1/2
Feb 253 1/2	257 1/2
Mar 257 1/2	261 1/2
Apr 261 1/2	265 1/2
May 265 1/2	269 1/2
Jun 269 1/2	273 1/2
Jul 273 1/2	277 1/2
Aug 277 1/2	281 1/2
Sep 281 1/2	285 1/2
Oct 285 1/2	289 1/2
Nov 289 1/2	293 1/2
Dec 293 1/2	297 1/2
Jan 297 1/2	301 1/2
Feb 301 1/2	305 1/2
Mar 305 1/2	309 1/2
Apr 309 1/2	313 1/2
May 313 1/2	317 1/2
Jun 317 1/2	321 1/2
Jul 321 1/2	325 1/2
Aug 325 1/2	329 1/2
Sep 329 1/2	333 1/2
Oct 333 1/2	337 1/2
Nov 337 1/2	341 1/2
Dec 341 1/2	345 1/2
Jan 345 1/2	349 1/2
Feb 349 1/2	353 1/2
Mar 353 1/2	357 1/2
Apr 357 1/2	361 1/2
May 361 1/2	365 1/2
Jun 365 1/2	369 1/2
Jul 369 1/2	373 1/2
Aug 373 1/2	377 1/2
Sep 377 1/2	381 1/2
Oct 381 1/2	385 1/2
Nov 385 1/2	389 1/2
Dec 389 1/2	393 1/2
Jan 393 1/2	397 1/2
Feb 397 1/2	401 1/2
Mar 401 1/2	405 1/2
Apr 405 1/2	409 1/2
May 409 1/2	413 1/2
Jun 413 1/2	417 1/2
Jul 417 1/2	421 1/2
Aug 421 1/2	425 1/2
Sep 425 1/2	429 1/2
Oct 429 1/2	433 1/2
Nov 433 1/2	437 1/2
Dec 437 1/2	441 1/2
Jan 441 1/2	445 1/2
Feb 445 1/2	449 1/2
Mar 449 1/2	453 1/2
Apr 453 1/2	457 1/2
May 457 1/2	461 1/2
Jun 461 1/2	465 1/2
Jul 465 1/2	469 1/2
Aug 469 1/2	473 1/2
Sep 473 1/2	477 1/2
Oct 477 1/2	481 1/2
Nov 481 1/2	485 1/2
Dec 485 1/2	489 1/2
Jan 489 1/2	493 1/2
Feb 493 1/2	497 1/2
Mar 497 1/2	501 1/2
Apr 501 1/2	505 1/2
May 505 1/2	509 1/2
Jun 509 1/2	513 1/2
Jul 513 1/2	517 1/2
Aug 517 1/2	521 1/2
Sep 521 1/2	525 1/2
Oct 525 1/2	529 1/2
Nov 529 1/2	533 1/2
Dec 533 1/2	537 1/2
Jan 537 1/2	541 1/2
Feb 541 1/2	545 1/2
Mar 545 1/2	549 1/2
Apr 549 1/2	553 1/2
May 553 1/2	557 1/2
Jun 557 1/2	561 1/2
Jul 561 1/2	565 1/2
Aug 565 1/2	569 1/2
Sep 569 1/2	573 1/2
Oct 573 1/2	577 1/2
Nov 577 1/2	581 1/2
Dec 581 1/2	585 1/2
Jan 5	

Ask Dr. Lamb

DEAR DR. LAMB: I am interested in finding out what relieves gas pain and pressure in the lower abdomen. I am in my mid-20s and eat several servings of fruit and vegetables each day and always seem to have a bloated stomach along with gas pain and pressure. Is there anything that can be taken for this? I've tried different medications such as Gas-X and Maalox and none of them seems to be very effective.

Also, I do not have regular bowel movements. It is usually two or three days between movements. I have always been irregular ever since I was young. I don't know if the gas pain and constipation are associated, but I would appreciate information on this problem.

DEAR READER: Yes, they are probably related. Everyone forms gas, between a pint to two quarts a day. That is normal. But if you have an irritable bowel, the lower colon—the sigmoid—often goes into spasm and will not allow the gas to escape. The trapped gas accumulates and progressively distends the colon like blowing up a balloon. That is when the stomach becomes distended and often painful. Without the spasm, normal gas formation is passed gradually and usually unnoticed.

Gas is formed from the fermentation of undigested foods, usually carbohydrates. Many vegetables, including dry beans, contain complex carbohydrates that humans cannot digest. These undigested carbohydrates are fermented by bacteria in the colon, and that releases gas. That is why increasing fiber in the diet often results in increased amounts of gas, but fiber may also improve colon function and reduce colon spasms which will enable the painless release of the gas.

Try changing your diet. I have discussed how to identify gas-forming foods in my new Special Report 201, Help for Gaseous Distention, which I'm sending you. Others who want this report can send \$3 with a long, stamped (52 cents), self-addressed envelope for it to THE HEALTH LETTER/201, P.O. Box 5537, River- ton, NJ 08077.

Antacids and many so-called gas-relieving products are not useful. The problem is not an excess production of acid, but indigestion of foods that in turn are fermented in the colon. Of course, there are certain foods that are particularly likely to cause gas, such as dry beans. But other less common foods may be a factor. Coffee and tea may also increase colon irritability to prevent normal passage of gas.

DEAR READER: I read your comment about a reader concerned about a low heart rate. You wrote, "I would guess, looking at your handwriting and knowing you are a woman, that you are probably not an endurance athlete." Do endurance athletes write a certain way? You obviously haven't looked around lately at joggers, bikers, walkers, swimmers and others. They are not all men. I am surprised that you would express such arechaic sexist views.

I am a 47-year-old female who exercises vigorously four times a week and has a heart rate of 54.

DEAR READER: I suspect the kettle is calling the pot black in regard to sexist views. Of course, I am aware of how many women are exercising. But you are not aware of the changes in handwriting that occur in some older people with changes in circulation to the brain or other brain changes. The typical handwriting tells the story. It is not that endurance athletes write a certain way, but people with such central nervous system changes do.

I am glad you exercise regularly and are fit, but you may need more attention to your cooling-down phase.

DEAR DR. LAMB: I am 15 years old and enjoy body building. I lift weights almost every day and I always vary my routines from day to day. I have become stronger since I started lifting weights, but I have trouble gaining muscle mass and increasing my weight. I have considered using amino acid supplements, protein supplements and other various weight-gaining products.

What is your opinion on using these products? Are there any health risks to using such products? Also what

sort of diet should I be on to gain muscle mass?

DEAR READER: What you probably need more than anything else is patience. You don't develop large, strong muscles overnight. It takes months and even years of work.

I don't see any reason to take protein supplements or amino acids for muscle development, other than to enrich the firm selling the product. A pound of lean muscle contains only about 100 grams of protein. If you gained a pound of actual muscle each week, you would need 100 grams of additional protein for that each week. Your daily requirement for good-quality protein is only 56 grams. It follows that if you consume 100 grams of good quality protein a day that is far more than you would need each week to meet the nutritional requirements for muscular development.

You can get 100 grams of good quality protein by eating a pound of lean meat a day, though you might not like to do that. You need milk in a balanced diet, so if you consume a quart of 2 percent non-fat milk with non-fat solids added that will provide approximately 35 grams of good quality protein. Amino acids come from protein and will be included in complete or good quality protein found in milk and meat.

You need enough calories in your diet to be sure you don't use your protein intake for energy. Also, a person who does too much exercise, such as running and athletics, may have such high-calorie requirements that this may decrease muscle development.

I am sending you Special Report 92, Strength Training for Health, for more details. Others who want this report can send \$3 with a long, stamped (52 cents), self-addressed envelope for it to THE HEALTH LETTER/92, P.O. Box 5537, River- ton, NJ 08077.

Protein supplements and amino acids are not likely to harm you although they won't really help you if you are on the right diet. Inherited characteristics and hormone levels also influence muscle development.

DEAR DR. LAMB: I have had interstitial cystitis for six years. I do see a urologist. Is there anything you can suggest for me to do? I don't want to live with this disease for the rest of my life if I can help it. I know a lot of women have this disease.

DEAR READER: As you know interstitial cystitis causes a tiny bladder with frequent urination. Diagnosis in the early stages is often difficult. The cause is not understood. Treatment is far from satisfactory. Anti-inflammatory medicines including steroids such as prednisone has not proved to be very helpful.

Heparin, an anticoagulant, instilled into the bladder has been reported to be of some help. Elmiron, derived from Heparin, is an oral medication and may be useful.

Instillation of DMSO into the bladder is frequently used and is helpful. In more advanced cases, it may be necessary to transplant the ureters that drain the kidneys, or the bladder may need to be removed and replaced with the large intestine to collect urine.

Dr. Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 5537, River- ton, NJ 08077. Although Dr. Lamb cannot reply to all letters personally, he will respond to selected questions in future columns.

Congress created the Department of Justice in 1870.

Mosaic art using eggshells



The first successful parachute jump was made from a tower in 1783 by the French physicist Sebastien Lenormand.

The week after Easter, like the days following many holidays or celebrations, feels anticlimactic. I spot a lone jellybean that the kids passed by during their frenzied Easter egg hunt Sunday morning. The shredded paper grass from their Easter baskets is growing in nooks and crannies all over the house, and when I open the refrigerator door I spot a few decorated hard-boiled eggs waiting to be eaten. If "Easter egg salad" sandwiches are on your menu this week too, save the colorful shells for a craft your kids will enjoy on a rainy day. Here's how to make beautiful mosaic art from colored eggshells:

On a newspaper-covered table, sort the eggshells by color and place them in separate zipper-style plastic bags. Close the bags and let your kids smash the shells with their fists.

For preschoolers age 3 and up: Mix some white school glue with a little water. On a piece of construction paper, paint a design with a brush dipped in the glue. Sprinkle the shells on the glue design and press lightly. Your kids may want to add other art materials to the picture such as cutout felt, feathers, dry macaroni, sequins and glitter. If you have been on a nature walk, add collected finds such as smooth pebbles, pieces of twigs or pods. Add more glue solution when needed. Set picture aside to dry.

For school-age kids:

Draw a picture with a marker or pencil on a piece of cardboard. (The plain side of a piece of cardboard from an empty cereal box is perfect.) You may want to draw a fish, a bird, geometric shapes or a team logo. Glue dark yarn around the outline of the drawing, if you wish. Then, brush glue in the space. Press bits of colored eggshells on the glue to fill in the drawing. You may also wish to add small beans in different colors, lentils or seeds. Set the mosaic aside to dry before hanging it on the wall.

The 6-foot elast of blood that some species of horned lizards (horny toads) can unleash through their eyes to repel enemies may contain a compound that tastes bad to certain mammals, reports National Geographic.

Balance your budget



Use the Classified Section today!

To place your ad
Call 364-2030
 Any time before 3pm
 the day prior to insertion.

HEREFORD BRAND

Hospital offers ideal healing environment

A hospital designed by patients? Believing that a more home-like atmosphere helps people get better faster, and feel better while they're doing it, staff members of one medical center had patients recommend what they considered the ideal healing facility. The suggestions were incorporated into the design of a new hospital located outside Chicago. The result is a medical center that combines state-of-the-art treatment with many of the comforts of home.

Home-Like Features

Patient rooms feature floral bed linens, plush towels, ceramic-tiled baths, comfortable recliners and hardwood floors. The hospital's common areas greet patients with carpeted hallways, chandeliers and solid oak and granite nurses' stations.

"We believe this patient-centered facility will be a model for hospitals around the country," said Richard J. Stephenson, chairman of the new Midwestern Regional Medical Center. "Now we have a hospital that matches our family-centered, compassionate care."

The facility designates two-thirds of its beds to the oncology department, managed by Cancer Treatment Centers of America. There, cancer patients from around the country have access to the most advanced cancer treatments.

All patients have maximized privacy and equal access to window views, patients and family members can relax in the indoor/outdoor rooftop solarium or enjoy a meal in one of the full-service dining rooms located on each patient floor. Organic, nutritious foods from the "Just Like Home" menu are presented on real china by servers in formal attire.

Healthy Environment

Studies show the hospital environment can affect patient health. "Anything you can do to reduce stress in a patient's stay will enhance health," said Dr. Burt Siegel, a clinical psychologist on staff at Midwestern. "If you make a hospital more comfortable, with surroundings like those at home, you reduce stress and increase optimism. And optimism is a strong contributor to recovery."

CASH! Any time you need it with your ATM Card from the Hereford State Bank.

The Solutions To Your Cash Problems!

With a **ATM Card** from The Hereford State Bank, your *cash problems* are over! No more running around town trying to cash checks. No more embarrassment and inconvenience of having to prove your identification!

Get Cash 24-Hours-A-Day!

Carry your bank in your pocket, and you can get cash anytime you need it at any hour...with your **ATM Card**.

Come see us at The Hereford State Bank, and we'll help you apply for yours.



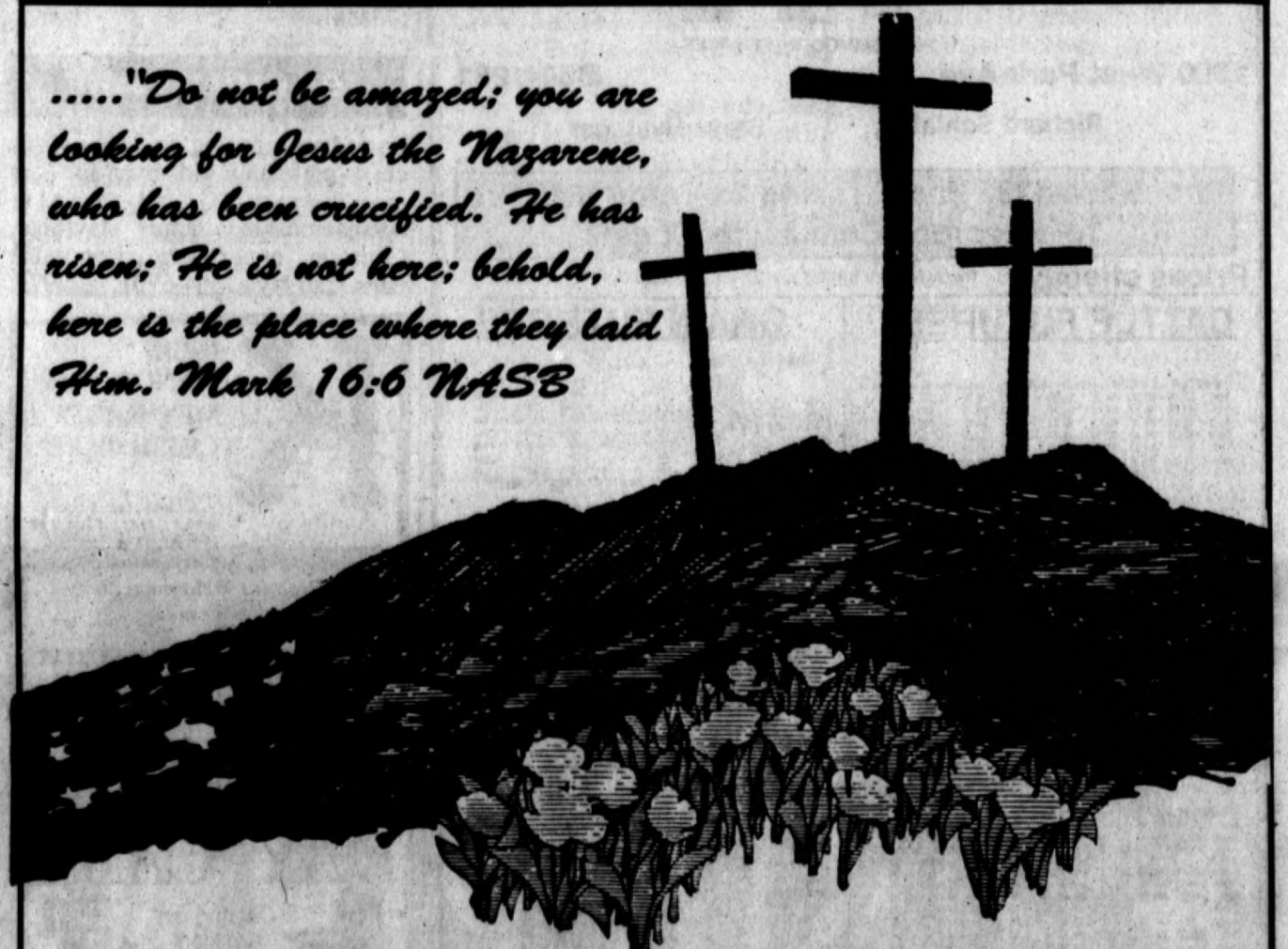
Hereford
 STATE BANK

364-3456 • 3rd & Sampson • Time & Temperature 364-5100 • Member FDIC

Community Sunrise Service

April 11, 1993

....."Do not be amazed; you are looking for Jesus the Nazarene, who has been crucified. He has risen; He is not here; behold, here is the place where they laid Him. Mark 16:6 NASB



WHERE: Whiteface Stadium

(If bad weather services will be in WHITEFACE GYMNASIUM)

WHAT TIME: 6:45 A.M.

SPEAKERS:

Dr. Ron Cook, Pastor of First Baptist Church; Hereford Rev. Joe Rendon, Pastor of Mision Bautista

Nueva Vida; Hereford

MUSIC:

2 Children's Choirs

An Adult Choir, Solos