





# Life!

## Devers speaks to group

Elva Devers, school counselor at Bluebonnet Intermediate, spoke at the recent meeting of the Support Group for Families of Troops Overseas held at the Red Cross office.

Devers presented a program on ideas and ways to help children deal with the absence of the person in military and community resources.

Maria Rodriguez, chairman, presided over the business meeting and Linda Maeder, treasurer, reported on the Yellow Ribbon program.

Betty Henson extended appreciation to members helping with the program and reported on groups that had made donations and helped with the drive.

Janie Nino reported on the Camp Fire groups activities for the remainder of the month.

Special services for families of service personnel will be held this next week at the San Joseph's Church and Templo Calvario.

A sign with the names of service members overseas was discussed and plans will be completed at the next meeting.

The next meeting will be held Thursday, Feb. 7, at 7 p.m. in the Red Cross Office. Members of the Heart Shield Group from Amarillo will be presenting the program.

Leroy and Alice Burges and Louise Holmes were welcomed as new members.

Members present were Olga Tijerina, Emlinda Tijerina, Manuela Rico, Mary Alice Zepeda, Irene Gamaz, Rachel Rieves, Louise Holmes, Maeder, Rodriguez, and Henson.

## LAE Club hears program

Emily Suggs was hostess to members of the La Afflatus Estudio Club when they met in her home recently.

Suggs opened the meeting and roll call was answered with a funny quote or news story.

Mary Williams introduced Marilyn Leasure, director of student service for the Hereford Public Schools, who presented a program covering the K3 homebased migrant program, single parent homemaker project, nurses, librarian, counselors and the parent volunteer program.

The next meeting will be held in the home of Mary Williamson on Feb. 5. Mayor Wes Fisher will present the program.

Members present were Louise Kinsey, Beatrice Hutson, Alberta Higgins, Della Stagner, Mary Williamson, Aileen Montgomery, Etoile Manning, Opal Elliston, Virginia Beasley, Pet Ott and Suggs.

## Students honored

Three students from Hereford have been honored as "Distinguished Student" for outstanding academic performances for the 1990 fall semester at Texas A&M University.

Those honored, earning a 3.25 to 3.74 grade point ration (GPR), were Cara Elizabeth Printz, Ronald Scott Robbins, and Michelle Solomon.

The Dean's Honor Roll recognizes students who have maintained at least a 3.75 grade point ration (GPR) out of a possible 4.0 during the most recent grading period.



## Hinkley gives program for La Madre Mia Study Club

James Hinkley with the Carson County Square House Museum in Panhandle presented a program to members of La Madre Mia Study Club Jan. 24 in the home of Bettye Owen. Serving as co-hostess was Debbie Bentley.

Hinkley gave a video presentation on the life of Cynthia Ann Parker, mother of Quannah Parker, and then reviewed Quannah's life.

Following the program, a brief business meeting was conducted and refreshments served.

Those present included Owen, Bentley, Carolyn Baxter, Francyne Bromlow, Merle Clark, Mary Herring, Betty Lady, Barbara Manning, Gladys Merritt, Nancy Paetzold, Susan Robbins, Lucy Rogers, Tricia Sims, Mysedia Smith, Georgia Sparks, Betty Taylor, Marline Watson and Judy Williams.

## Abundant Life

BY BOB WEAR

It must be our aim to continue to live while we are alive. This will be easier some days than it is other days but it must be done, done in the best way we can. This means that we are aware of the problems, the difficulties, the uncertainties, etc., but we nevertheless try to maintain a constancy of energetic devotion to all that constitutes effective and satisfactory living. There are good times and bad times, there are days of sunshine and there are days of shadows, but life must continue.

We must not stop living just because troubles and problems become intensified. In such times, we have a greater challenge which must be met and dealt with. This means that our load is heavier for the time being, but let us remember that we have reserve strength; we have the capacity to cope. We must not be discouraged by the fact that, for the time being, we cannot have our situation just as we wish it were. We do not give up, but we "brace up". We keep trying, we continue to live.

We must accept some things, the things we cannot change immediately and there will be some things we must accept, some for the time being, and some for all time. This will not always be easy, but it can be done and it must be done. To help with this difficult phase of life, we must be thinking about and appreciating what is right with the world and with us and our situation. This is how we continue to live while we are alive.

Perseverance may be the word which best expresses the personal spirit and insight and resolution essential to moving on with life. It means that we persist, to continue, to go on resolutely in spite of opposition, difficulties, problems, etc. Of course, we use the most helpful information available to us, we must apply the greatest wisdom of which we are capable and we move ahead with the full understanding of the realities of life.

We must not give up. We must do our best to protect our material investments, our homes, our houses, our communities, our land, and, of course, ourselves. We cannot afford to stop living until life is completed.

The real aim of life is life itself, the very best life of which we are capable.

## Diplomas awarded

Diplomas were awarded to more than 3,000 Texas A&M University graduates during mid-year commencement ceremonies.

David Glen White of Hereford was among those students receiving degrees.

The Kellogg-Briand Pact was signed in Paris in 1928, outlawing war and providing for the peaceful settlement of disputes.

## Supper tickets available

Rene Mason, new Pilot Club member, sells Mexican stack supper tickets to Rocky Lee, at left, and Waldo Baxter. The annual fundraiser is planned from 5-8 p.m. Thursday, Feb. 7, at the Hereford High School cafeteria. Tickets, which are priced at \$4.50 for adults and \$2.50 for children 12 years of age and under, are available from Pilot Club members and at the door. Proceeds from the supper will be used for various community projects.

## Social Security

BY JIM TALBOT

January has always seemed to me to be a serious time of year. Maybe it's the winter landscape or the long hours of darkness that put me in a serious mood. Probably, it's just thinking about my income taxes that does it.

Certainly W-2 forms deserve some sober thinking. All those tax entries--Federal taxes, State taxes, and what's this one -- Social Security taxes? Enough already!

Well, I won't try to explain any of your other taxes, but I can help you understand what your Social Security taxes do for you.

Today, you're working and paying Social Security taxes. But tomorrow may be a different story. Some people plan for their retirement, but not very many of us give enough

thought to what would happen if we become disabled. Or what would happen to our family if we should die.

That's why it's important for you to know that your Social Security taxes are paying for a lot more than just retirement benefits. In fact, you could think of your Social Security taxes as a premium on a potentially valuable insurance plan. Besides retirement, Social Security also pays Medicare, survivors benefits, and disability benefits.

Want to know what's in it for you? You can get the details with a Personal Earnings and Benefit Estimate Statement from Social

Security. Your statement will have a year-by-year breakout of your earnings under Social Security, and you will also get estimates of the Social Security benefits due you or your survivors.

To get your personal statement, call 1-800-234-SSA (1-800-234-5772) toll-free. Ask for Form 7004. You will need to complete the form and mail it back. In a few weeks, you will have your own statement. From it, you'll be able to get a pretty good picture of what part of Social Security will play in your financial future. Remember, this is a free service.

## Nursing class offered

Pre-entrance test for the fall 1991 freshmen associate degree nursing class at South Plains College are scheduled Feb. 5 and Feb. 11.

Test times are 2-7 p.m. Feb. 5 and 9 a.m.-2 p.m. Feb. 11 in the SPC Student Assistance Center on the third floor of the library. A \$10 registration fee must be pre-paid.

Students completing SPC's two-year program in associate degree nursing will be eligible to apply to take the State Board Exam (NCLEX) for registered nurse licensure, noted Marla Cottenoir, R.N., chairperson of SPC's allied health department and director of the associate degree nursing program.

Students enrolled in the program take such courses as medical/surgical nursing, maternal/child health nursing, nursing trends, psychosocial nursing and also receive hands-on clinical training in Lubbock and area hospitals affiliated with the program.

Interested persons can contact the SPC counseling office at 894-9611, ext. 368 for additional testing times and dates.

## Put A Creative Young Mind To Work For You!

The Hereford Brand, in tribute to National Newspapers in Education Week (March 4-8), will publish a special contest section Sunday March 3rd, featuring editorials and advertisements written and designed by Hereford's elementary and intermediate students.

**All entries will be judged and winners will have their pictures and work published.**

If you would like to have a student design an advertisement for your business, please call the Hereford Brand DISPLAY ADVERTISING at 364-2030 no later than 10:00 am, February 7th, 1991.

**The Hereford Brand**  
"We Reach Thousands Every Day!"

**Lone Star Agency**  
is pleased to welcome

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to our staff of insurance professionals

Blair is a 1985 graduate of Hereford High School, and 1989 graduate of Baylor University, where he earned a degree in Financial Services and Planning.

He specializes in life, health and disability insurance, retirement and estate planning, college education planning, investments, mutual funds, and living trusts.

Blair and his wife Kimberlee are excited about being in Hereford. Join us in welcoming them.

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# Ann Landers

**DEAR ANN LANDERS:** I was horrified by the letter from the woman in Kitchener, Ontario, who said young children should not be brought to museums and art galleries because their screaming and crying disturbs the adults.

Tell me, please, when are you supposed to bring children to cultural events? Should we wait until they are 13 and all they are interested in is video games? Maybe we should also

keep children out of churches and synagogues.

I am a working mother who wants to spend as much time with my children as possible. On weekends I love to take them to art galleries. It's a wonderful, inexpensive way to enjoy something together and teach them about the beautiful things in life. There is so much ugliness in the world today.

Your correspondent suggested that young children be left home with a sitter. How are they going to learn to behave in public if they are never taken anywhere? I was disappointed that you didn't clobber that woman. She needed to be put in her place and you didn't do it. -- Myrtle Beach, S.C.

**DEAR ANN LANDERS:** "Kitch" complained about children crying and being disruptive in art galleries and museums. She also said their hard shoes and the squeaky pram wheels annoyed her. The real problem is not the children, Ann, it's the parents. They should be alert to their children's limits. I take my baby to galleries

whenever I can. He enjoys looking at the paintings and the sculpture, and I do believe he is absorbing a great deal. I am aware that his attention span is limited, so after an hour I take him out before he gets fidgety and noisy. As for the squeaky pram wheels, I carry a can of oil in case I run into someone like Kitch. -- V.H.S. from D.C.

**DEAR ANN LANDERS:** I am an avid fan of yours and I look to you for advice as if you were my mom. Here's my problem and I need an answer:

I have a cousin I love a lot. "Josh" and I have always been extremely close, especially so because I have no brothers or sisters. He is very

protective of me and has never liked any of my boyfriends. Josh is over critical of the one I'm seeing now. He says if I marry this man, when the minister asks, "If anyone knows why these two should not be joined together, speak now or forever hold your peace," he will stand up and say, "He's not good enough for her."

Josh has given me a list of guys he approves of and says he'll arrange dates with them. I love my cousin dearly but I don't think he should be running my life. I'm 20 and he is 22. Sign me -- Between a Rock and a Hard Place in Oklahoma City

**DEAR ROCK:** I think you're old enough to decide who you want to date.

Tell Josh that you appreciate his concern but to please butt out of your social life. Explain that unless one of the guys you go with has a criminal record or something in his background that is pretty bad, you don't want to hear about it.

**Gem of the Day:** Before you retire, stay home for a week and watch daytime TV shows.

Planning a wedding, who pays for what? Who stands where? "The Ann Landers Guide for Brides" has all the answers. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Brides, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, send \$4.45.)

## Early Childhood STEP classes set Feb. 7

One of the nation's most popular parent education programs is now available in a new format especially for parents of young children. Early Childhood STEP, a systematic training for effective parenting of children under six, is now being offered beginning Thursday, Feb. 7, from noon to 1 p.m. at Stanton Special Programs Building.

"The program is being sponsored by Special Education Department of Hereford Independent School District," said Pat Hickman, special education counselor.

All six meetings will be on Thursdays at noon. Each participant is invited to bring a "brown bag" lunch if they wish. There is no cost and a certificate will be presented to those completing the course.

The program is designed especially for parents whose children are newborn through age five. According to the program's authors, its objective is to help parents gain parenting skills, understand children's behavior,

and build self-esteem, communication, and healthy family relationships. Among the topics to be explored during the program's six sessions are:

- \* How a child's personality, social skills, belief systems, and lifestyle develop as the child grows from baby to toddler to preschooler.
- \* Misbehavior--what it is, and what it is not.
- \* How to recognize the purpose of a child's misbehavior and deal with it.
- \* How to encourage cooperation, communication, social skills, and self-esteem.
- \* Ways to handle crying, temper tantrums, toilet training, lying, jealousy, and public misbehavior.

Early Childhood STEP is based on the popular parenting program STEP which America Guidance Service of Circle Pines, Minn. first introduced in 1976.

For more information, contact Pat Hickman at 364-5941.



PAT HICKMAN

## Accent on Health

According to health officials, improper thawing of turkeys and careless food storage are two of the most dangerous mistakes cooks can make during the holiday season.

During the recent Thanksgiving holidays, several food poisoning outbreaks occurred in Texas, particularly in Austin and El Paso.

Barbara Keir, director of the Public Health Nutrition program at the Texas Department of Health (TDH), said that turkey should be thawed in the refrigerator, or under running water (at 70 degrees or below).

"Some people make the mistake of thawing the turkey at room temperature, allowing the surface to warm before the inside meat can thaw. That allows dangerous bacteria to reproduce and cause food poisoning," Keir said.

She added that thawing in a microwave oven is safe only when the food will be immediately cooked. When thawed, the turkey should be rinsed thoroughly and dried, inside and out.

Leftover meat should be cut off the bone and refrigerated. A safety rule is to freeze any portions to be kept beyond two days of refrigeration.

## Cosmetology exam set Feb. 5

Feb. 5 is the last date to take a pre-entrance cosmetology exam at South Plains College prior to the start of cosmetology classes on March 1.

The exam will be given from 9-11 a.m. in the SPC Student Assistance Center on the third floor of the library. Fee is \$10.

Persons enrolling in SPC's one-year program will be exposed to the theory and skills of shampooing, hair and scalp treatment, hair cutting, chemical hair relaxing, hair styling and shaping, manicuring, cold waving, hair coloring and facials, said Carolyn Newkirk, instructor. Students successfully completing the program will receive a certificate of proficiency and be eligible to take the state board exam qualifying them as licensed cosmetologists in Texas.

For information on additional testing dates and classes, contact the SPC counseling office at 894-9611, ext.368.

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Keir suggested the following hints for ensuring against salmonella poisoning, perhaps the most common form of food poisoning in the home.

- \* Prepare turkey stuffing immediately before cooking. Dry ingredients can be mixed in advance, but eggs, oysters, butter or other moist ingredients should be added at cooking time.
- \* Cook the stuffing separately. Stuffing cooked in the turkey cavity may prevent thorough cooking.
- \* When fully cooked, dense

portions of the turkey, such as the thighs, should have reached at least 180 degrees Fahrenheit, measured with a meat thermometer.

- \* Never leave a turkey, the stuffing, or gravy unrefrigerated for more than two hours.
- \* If the cook uses a microwave oven, the turkey should be rotated to ensure uniform cooking.
- \* Cooks should wash hands, cooking surfaces, utensils and all foods thoroughly.

## Foul weather auto tips

There's a fair amount you can do to prepare your car for foul weather. Experts at GNB, Incorporated, manufacturers of batteries, offer these safety tips:

- Have your engine tuned up and be sure fluid levels (antifreeze, coolant and window washer) are adequate.
- Check that the electrical system, including the alternator, is in good working order so the car will start.
- Be sure battery connections are "tight and bright." If they're not, clean corrosion from the posts with a wire brush and protect them with petroleum jelly or other lubricant. Check for frayed battery cables and fan belts and replaces them.
- Pack a safety bag in the trunk of your car. Include flares, a flashlight and extra batteries, paper towels or rag, an aerosol can of tire inflator, and writing paper and pencil.

-Keep a blanket, jumper cables and a 20-pound bag of sand in the trunk. The sand adds weight and traction which may help get you out of icy spots.

-Finally, if you don't want to be stranded by a dead battery, you may want to buy a battery with a spare. If the battery has gone dead, just lift the yellow switch to the reserve unit and start the car. Once the car starts, press the switch back into the original position. Thirty minutes of continuous daylight driving automatically recharges the battery.

According to the AAA, 24 percent of roadside problems result from loose, worn or frayed belts and another 15 percent from battery failure. If you apply preventative maintenance now, you may keep a little safer and warmer this winter.

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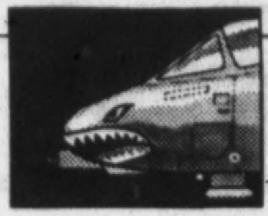




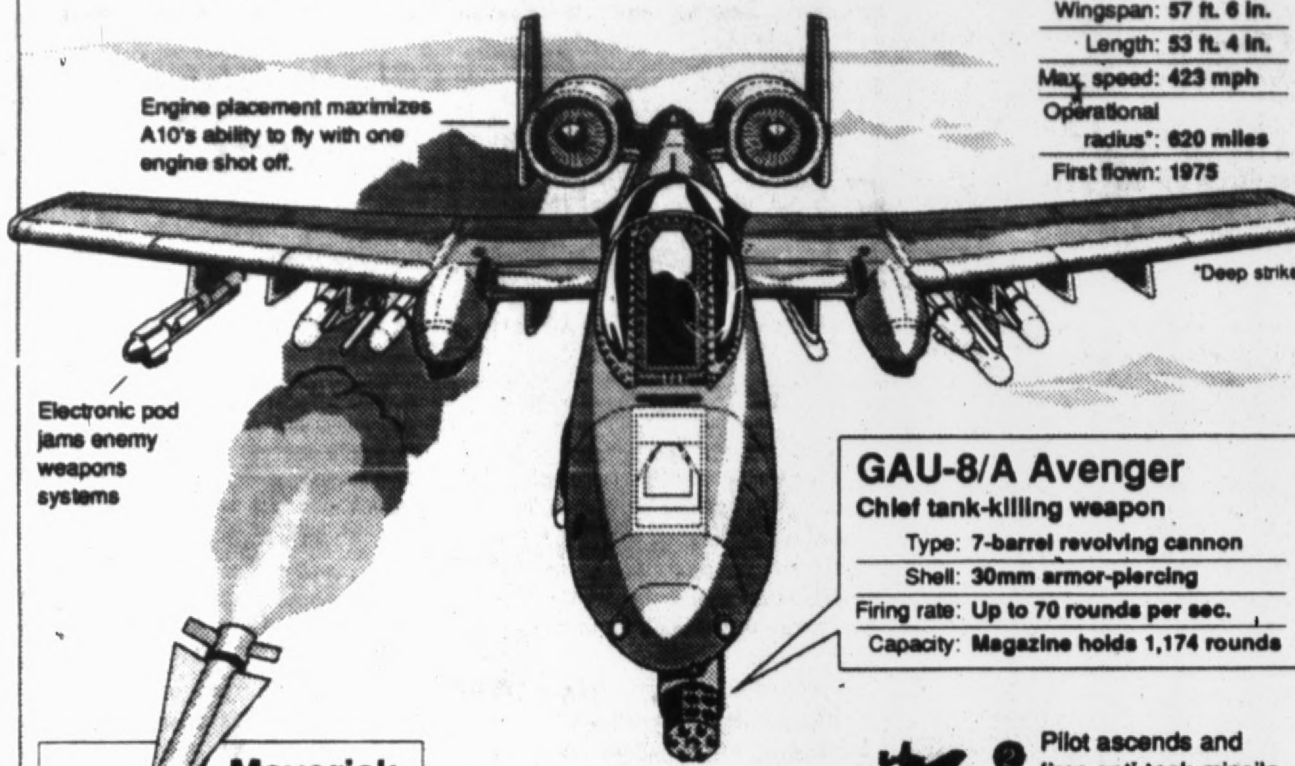
**Fairchild Republic A-10A Thunderbolt II**

**How a 'Warthog' Kills Tanks**

This close-support aircraft would play a prime role in a Gulf war: to protect ground troops by destroying Iraqi tanks. The plane, which earned its nickname for its ungainly appearance, has never been tested in combat.



Wingspan: 57 ft. 6 in.  
Length: 53 ft. 4 in.  
Max. speed: 423 mph  
Operational radius\*: 620 miles  
First flown: 1975



Engine placement maximizes A10's ability to fly with one engine shot off.

\*Deep strike

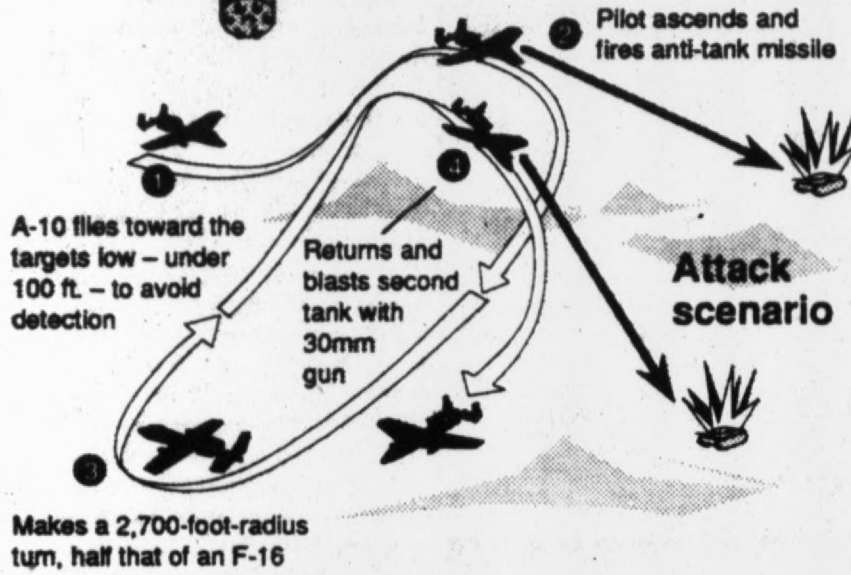
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**GAU-8/A Avenger**  
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Speed: Classified  
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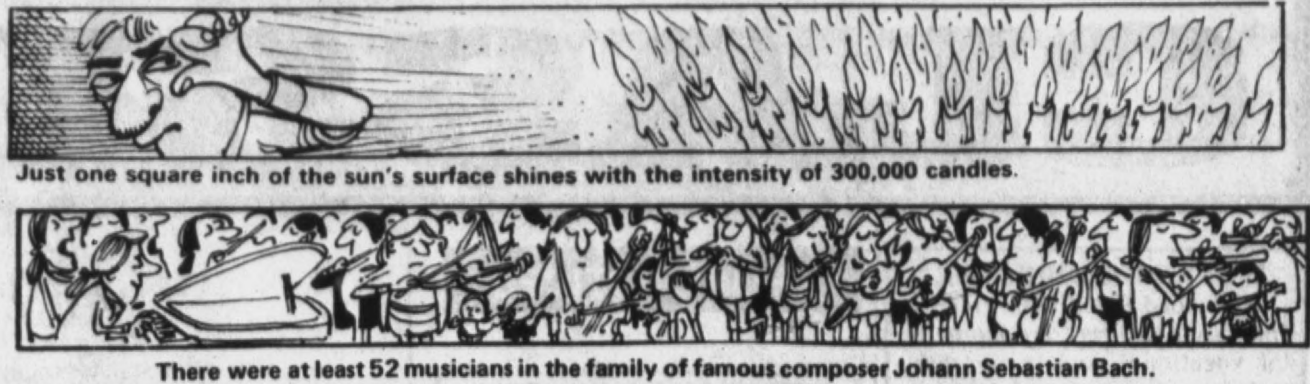
A-10 flies toward the targets low - under 100 ft. - to avoid detection

Returns and blasts second tank with 30mm gun

Attack scenario

Makes a 2,700-foot-radius turn, half that of an F-16

Sources: Jane's All The World's Aircraft, The Great Book Of Modern Warplanes, Combat Arms Modern Attack Aircraft, An Illustrated Guide To Modern Airborne Missiles  
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**US takes word on planes**

WASHINGTON (AP) - U.S. officials say they are taking Iran at its word that it will hold more than 80 Iraqi airplanes that have sought refuge there and will not allow them to attack allied forces.

A Pentagon official said the Iraqi planes include top-line fighters and represent "the flower of their air force." Officials said the planes were clearly being moved to avoid destruction by allied bombers, but they puzzled over whether the pilots were deserting or following orders.

"It could be a plan to save those aircraft for another time, to include during this conflict or after this conflict," Lt. Gen. Thomas Kelly, director of operations for the joint military staff, said Monday.

Secretary of State James A. Baker III said the United States had received assurances through diplomatic channels "that the aircraft would be kept in Iran" and that Iran was maintaining "complete neutrality."

President Bush, meantime, made final preparations for his State of the Union address tonight, the first such

wartime address to Congress since the Vietnam war nearly two decades ago.

"The content is dominated by the discussion of the Persian Gulf conflict," White House press secretary Marlin Fitzwater said.

Extraordinary security precautions were in place for the 9 p.m. EST nationally broadcast address. Police planned to close all streets within a four-block radius of the Capitol as a precaution against terrorist attack.

U.S. officials said the allied forces had scored substantial gains as the Persian Gulf war reached the two-week point.

Besides the movement of Iraqi planes to Iran, the Pentagon said its bombers appeared to have succeeded in cutting the flow of oil from Kuwaiti oil fields to an offshore oil terminal where Iraq was deliberately dumping the thick, black crude into the Persian Gulf.

The White House declined comment on initial reports of Iraqi President Saddam Hussein's interview with CNN correspondent Peter Arnett. Arnett quoted Saddam

as saying Iraq has the capability to fire nuclear, chemical and biological warheads with its missiles.

"Iraq will use weapons that equate the weapons used against us," Saddam was quoted as saying. Arnett said he took Saddam to mean that if his losses become too great he would turn to unconventional weapons.

Arnett said Saddam also suggested that Iran was accepting Iraqi aircraft as a friendly gesture and that, as Muslim countries, both see the war as "between faith and the infidel." Iran and Iraq fought an eight-year war during the 1980s.

U.S. officials have contended they did not need to destroy Iraq's sheltered planes because they have incapacitated most runways and Iraqi fighters have been ineffective against allied pilots.

The Iraqi jets potentially could mount attacks on U.S. and allied naval forces in the gulf from their new Iranian bases. But Kelly said U.S. officials were unconcerned about that threat because high-flying AWACS radar planes would be able to detect such an attack in time for allied aircraft to counter the planes from aircraft carriers.

**WAR**

But he was quoted as saying: "If Iraq uses oil in self-defense, including in the sea, they would be justified in taking such action."

The slick was several days away from the Saudi city of Jubail, site of the world's largest water desalination plant and one of many such facilities in the path of the spill. Environmentalists say so much crude already has poured into the waterway that an ecological catastrophe is certain.

In the interview, Saddam also expressed bitterness at having released foreign hostages prior to the outbreak of fighting.

"If we had kept these 5,000 hostages here, would Bush have bombed Baghdad?" Arnett quoted Saddam as saying. Before the war began, Saddam had used the foreign hostages as "human shields," scattering them at strategic sites.

In a move reminiscent of that tactic, the Baghdad government last week said allied POWs would be dispersed to target sites. On Monday, it said captured airmen have been hurt in allied attacks on "populated and civilian targets." The report, on-Iraqi radio, gave no further details.

The Pentagon acknowledged for the first time on Monday that seven American airmen who had been listed as missing in action are now considered prisoners of war. All seven had appeared in Iraqi television broadcasts

shortly after their aircraft were shot down over Iraqi territory.

Iraq has repeatedly accused the allies of targeting civilians in their bombardment. The Baghdad government, in a letter to U.N. Secretary General Javier Perez de Cuellar, said more than 320 civilians have been killed in air raids.

President Bush, in a speech Monday, acknowledged that some innocent people were being hurt and killed, and said such casualties are "war's greatest tragedy." But he repeated the allies' contention that everything possible is being done to avoid hitting civilian targets.

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**CORRECTION**

In the *Wishes Bridal Registry* in the Sunday Brand, the fiancée of Nancy Turrubiates was listed as James Watson. Nancy's fiancée is James Andrews. The Hereford Brand regrets the error.

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