

The Hereford Brand



• Hustlin' Hereford, home of Johnny Amaro

93rd Year, Vol. No. 26 Deaf Smith County, Texas

10 Pages

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Flooding hits Hereford after heavy rains

By GARRY WESNER
Managing Editor

The city of Hereford was inundated with torrential rains on Saturday night, but the main victims of the storm that dropped an official 3.45 inches were those living in the San Jose Community just south of here.

Parts of the community, also known as the Labor Camp, were under water as a playa lake overflowed its boundaries, racing down streets and into homes and yards.

Betty Henson of the Deaf Smith County chapter of the American Red Cross, said 17 homes were flooded in the labor camp, including one that was destroyed and five that sustained severe damages.

"It was devastating and I really feel for those people," said County Judge Tom Simons, who spent several hours Sunday at the scene, helping with rescues and coordinating the installation of water pumps.

"It really gives you an empathy for those people along the Mississippi

(River)," he said.

Work crews from the city and county labored Sunday afternoon to hook up pumps to transfer the water from the lake to a nearby drainage ditch, which carried the water to Tierra Blanca Creek.

Two pumps were set up at about 1:30 p.m. Sunday and began working to clear the water, even as more rain water flowed into the lake from areas south and east of the labor camp.

The pumps have chugged away 24 hours a day, with a 6-inch pipe and

4-inch pipe moving an estimated 1,000 gallons a minute from the flooded neighborhood.

Officially, the city received 3.45 inches in the storm, which continued through the night Saturday.

However, rainfall estimates from around the area included a little over 2 inches from Jerry Roberts north of town, 3.75 inches 15 miles west of town, 2 inches in northwest Hereford, 6-1/2 inches at the Pat Robbins farm south of town and 6 inches on Austin Road southeast of town.

"It came up about as quickly as it ever has," said Simons. "There was more water coming into it yesterday (Sunday) than I have ever seen."

Mrs. Henson praised Simons' work, noting that he slogged through waist-deep mud carrying handbags laden with prescription medicine and a plastic bag full of clothing for resident Barbara Rodriguez, who lost her home to the flooding.

Mrs. Henson also praised the cooperation between the city and county in establishing the pumps.

"The cooperation between the city and county was just outstanding," she said. "I, for one, am really grateful for them working together."

Simons responded, "The county really appreciates the city helping getting one of the pumps in there" and helping with the flood rescues.

County Commissioner Lupe Chavez, whose precinct No. 2 includes the Labor Camp, was out of town on Sunday.

However, Simons said, his foreman, Conrado Rodriguez, plowed in to help with the work.

Simons also praised Precinct No. 3 Commissioner Troy Don Moore and his foreman, Bobby Hammock, who

also helped out.

As the flood waters rose, Simons said, families were able to move working automobiles to higher ground and salvage personal belongings from homes.

However, many vehicles remained behind in yards and along streets, filling with dirty lake water as the flood rose.

In addition, Mrs. Henson continued, neighbors raced to the aid of their friends Sunday, helping carry clothing and personal belongings from homes that are now under water.

It is estimated that it will take at least a week for the flood waters to subside in the labor camp and families to return home and begin assessing the damage.

Mrs. Henson said the local Red Cross chapter has a new volunteer who is trained in damage assessment.

Preliminary estimates are that one home -- Mrs. Rodriguez's -- was destroyed.

Another five sustained major damage and nine more had minor damage.

In addition, there were two other houses that could not be reached to (See FLOODING, Page 2)



Visions of the Midwest

Water from weekend rains lap at the yards of houses along Dayton Street in the San Jose Community just south of Hereford. Torrential downpours on Saturday night of up to 6 inches in places rushed into a playa lake in the community, also known as the Labor

Camp, overrunning streets and yards. Red Cross director Betty Henson said 17 houses were flooded, with at least one a total loss from the rising floodwater.

County employees to get raise of \$50 per month under new budget

By GEORGIA TYLER
Staff Writer

An across-the-board pay raise of \$50 per month for Deaf Smith County employees and elected officials was voted Monday although two county commissioners first declined to vote on the proposal, saying they wanted to know where the money would come from.

The Commissioners' Court meeting was recessed until 8 a.m. Tuesday after the vote to allow time for County Auditor Alex Schroeter

to re-calculate budget expenditures.

When the court reconvened Tuesday morning, another salary issue was raised by Judge Tom Simons as the commissioners began consideration of a proposed budget.

He said six county employees are designated chief deputy or administrative assistant in offices but do not receive pay commensurate with responsibilities.

Commissioner Tony Castillo of Precinct 1 added to the salary caldron by suggesting that precinct foremen

should be considered in the same light as the office personnel.

After some discussion, Commissioner Lupe Chavez of Precinct 2 offered a motion to pay the office and precinct personnel an additional \$40 per month. After a second by Commissioner Johnny Latham of Precinct 4, the vote was unanimous for the raise for the 10 employees.

The court split, though, when a vote was taken on motion of Latham, second by Chavez, to adopt a budget to be funded by a tax rate of 48.55

cents per \$100 valuation.

Schroeter reported that the proposed rate should produce as much revenue for the next year as a rate of 47.96 cents provided in the current year.

Latham, Chavez and Simons voted to adopt the proposed budget calling for total expenditures of approximately \$4,083,566. Revenues of approximately \$4,078,355 are projected.

Because of the shortfall in revenue, Commissioner Moore of Precinct 3 and Castillo refused to vote in favor of the proposed budget.

Moore said an income item for state money for the county housing prisoners should not be considered in the budget. Approximately \$100,000 for that purpose, Moore said, should not be included in revenue.

Castillo concurred with Moore and both indicated they would have approved a tax increase to balance the budget.

Monday, after about an hour of discussion on the employee pay raise issue, Latham offered the motion on the \$50 per month increase for all county personnel except the four commissioners.

Chavez seconded the motion and Judge Simons voted with them for approval of the raise.

Not voting, initially, were Moore and Castillo.

"I'm for a pay raise but we don't know how it will be funded," declared Moore. Castillo nodded in agreement.

Judge Simons reminded that the motion did not include funding, that the matter of financing the raise would be taken up in consideration of a final budget for the next fiscal year, beginning Oct. 1.

Both Moore and Castillo then voted for the pay raise.

The pay increase as well as a request for funding of improvements in the juvenile probation department were not included in the budget placed before the commissioners by County Auditor Schroeter.

A proposal for a change in the juvenile probation department's budget was presented by Lou Serrano, chief juvenile probation officer. He asked that the county provide a third of the cost of expanding the present offices to allow for residential treatment of juvenile offenders.

He said an additional \$14,000 in operating budget money and the building expansion cost could be offset by savings on housing juveniles

(See COMMISSION, Page 2)



Getting ready for school

Tierra Blanca Primary School teachers and aides, at left, pore over registration papers, student handbooks, reduced lunch applications, medical records and other documents with parents and students on Monday as registration for the 1993-94 school year got under way. The scene was replayed throughout the city during registration for kindergarten through sixth graders. Registration at those schools continued today. Junior high school orientation is set for Thursday night, and high school students may pick up their schedules from 8:30 a.m. to 3:30 p.m. through Friday in the HHS office. Students in the SOAR High School program may pick up their schedules this week in the high school cafeteria during the same hours, while SOAR junior high students need to pick up their schedules on Friday in the Stanton Special Programs Center. An orientation for SOAR Junior High parents will be held at a later date.

Water lines, rain give city crews busy weekend

While Hereford and area residents dried out from weekend rains, city employees found themselves battling water from a different source.

City water department workers were forced to work on Sunday as three separate water line ruptures required immediate attention.

In addition, flooding forced closure of the city golf course for a day.

Apparently, the biggest break of a main was in Dameron Park where a 10-inch line, coupled with heavy rain, put more water into the park than a 36-inch drain could handle. The break occurred late Saturday or early Sunday.

City Manager Chester Nolen said there was no way to determine the amount of water that was lost because of the break.

Two other water lines, in the 800 block of North Lee and at the John Pitman Municipal Golf Course, also were reported Sunday.

The water line break and 3.45 inches of rain that hit the city forced closure of part of the golf course on Sunday.

Scott McGinty said Monday that Tierra Blanca Creek, which runs through the middle of the golf course, overflowed its banks because of the heavy rains.

As a result, four bridges on the back nine holes were covered with water, forcing officials to close holes 10 through 18 on Sunday.

"You couldn't get to any but two holes," McGinty said.

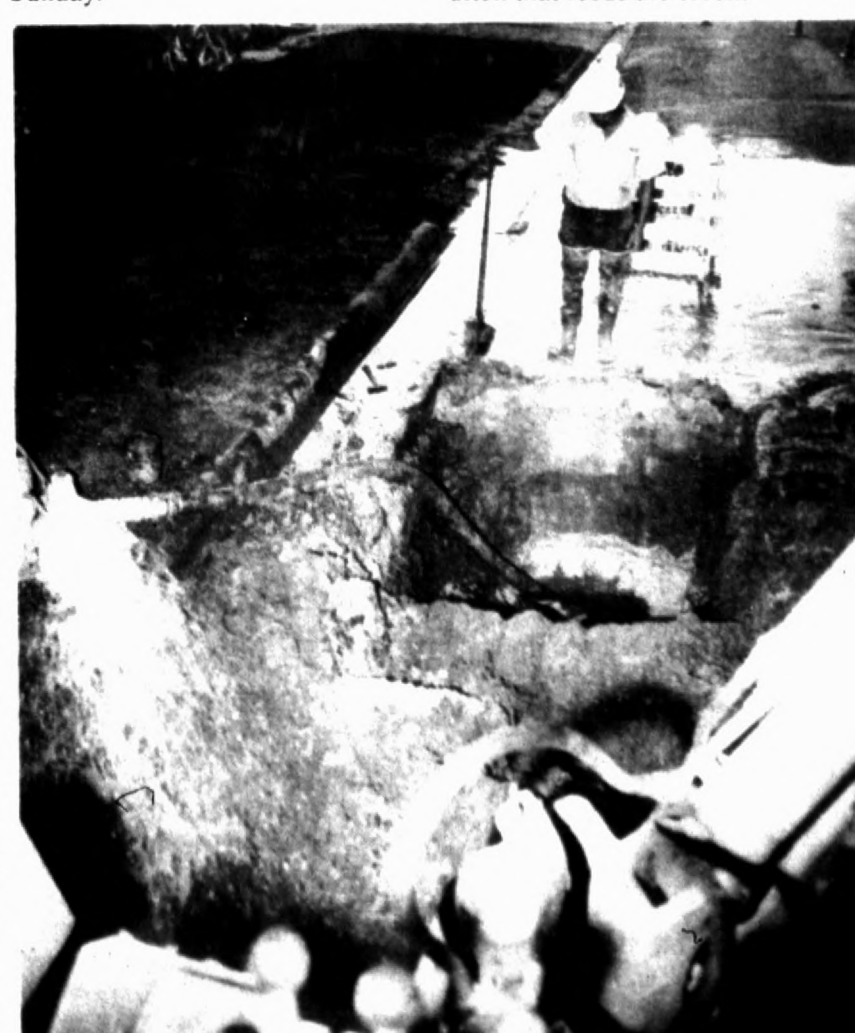
By Monday, the water had run off enough that the course was able to reopen.

"There's still quite a bit of water," McGinty said, but the course was playable.

The influx of water did not damage the grass or any of the bridges.

McGinty noted, however, that some small trees in the creek at the fifth hole were lost when the fast water pulled them loose.

The creek has since returned to its banks, despite the addition of 1,000 gallons of water per minute that is being pumped from a flooded playa lake in the San Jose Community to a ditch that feeds the creek.



Damage control

Johnny Amaro waits for a pump to clear away water so he can repair a water main break on North Lee on Sunday. The break -- as well as two other water line breaches in the city over the weekend -- may have been caused in part by heavy rains that fell Saturday night and Sunday morning. A 10-inch line ruptured in Dameron Park sometime that night, and another one broke at John Pitman Municipal Golf Course.

AUG 10 1993

Local Roundup

City clean-up planned

Hereford residents are being urged to join the Hereford Beautification Alliance in a clean-up drive along U.S. 60, west of Barrick Furniture, Saturday morning. Work in the area, called the "western gateway" to the city, will begin at 8 a.m. Saturday. Volunteers are asked to bring hoes, rakes and other hand equipment for the project. The HBA also is calling on businesses, church and club groups and families to join an "adopt-a-vacant lot" program. Information is available by calling Louise Leasure, 364-6402, or Jan Furr, 364-7109.

Partly cloudy, hot Friday

Hereford had a high of 96 Wednesday and a low of 69 this morning, the weather station at KPAN reported. Tonight, partly cloudy with a slight chance of thunderstorms. Low in the upper 60s. South wind 5-15 mph. Rain chance less than 20 percent. Friday, partly cloudy with a high in the mid 90s. Southwest wind 10-20 mph.

News Digest

World/Nation

WASHINGTON - The Marine Corps decision to stop recruiting married people in 1995 caught civilian military leaders by surprise, from an "astounded" President Clinton on down. And it didn't take Defense Secretary Les Aspin long to order an about-face.

MERIDA, Mexico - Pope John Paul II strongly defended the "legitimate aspirations" of Indians as he reached out to indigenous communities from Alaska to South America on a stopover en route to the United States.

CHICAGO - Tens of thousands of unemployed parents on welfare - mainly fathers - will have to go to work beginning Oct. 1 if they want to continue collecting a monthly check.

TRNOVO, Bosnia-Herzegovina - Bosnian Serbs pledge to retreat from a strategic peak overlooking Sarajevo and open two key roads into the capital. The Serbs have broken numerous such promises before - but this time, they face threatened NATO bombs if they don't lift the 16-month siege.

SONORA, Calif. - A woman who became a folk hero when she pumped five shots into her son's alleged molester in a courtroom was convicted of manslaughter instead of murder by a jury that found she acted in the heat of passion.

State

HUNTSVILLE - Convicted killer David Holland was executed early today for a 1985 Port Arthur savings and loan robbery in which two women were herded into the bank vault and fatally shot.

AUSTIN - Texas Department of Criminal Justice officials questioned the accusations of a former death row inmate who claims prison guards taunt inmates awaiting execution and hold informal beer parties to celebrate the punishments.

SAN ANTONIO - Another wide-ranging law appears headed to the Texas Supreme Court now that an appeals court has declared the state workers' compensation system unconstitutional.

WICHITA FALLS - Don James died doing what he loved. James, 64, editor of the Wichita Falls Times Record News, was killed Tuesday in a traffic accident on a remote Nevada roadway.

WASHINGTON - A powerful congressional critic of the super collider is calling on Energy Secretary Hazel O'Leary to reconcile vastly divergent statements about the massive science project.

DALLAS - Air travelers could see fares heading downward this fall in the wake of American Airlines' victory in a predatory pricing lawsuit, analysts have said.

WASHINGTON - Lawmakers seeking to rein in illegal immigration are hailing a recent Rice University study that pegs the cost of undocumented migrants at more than \$13 billion a year to U.S. taxpayers. But Hispanic groups counter that the study inflates costs and doesn't look at the whole picture.



Police Beat

Here are excerpts from Thursday's Hereford Police Department daily activity report:

- A 45-year-old male was arrested on out-of-town warrants.
- A 31-year-old female and a 37-year-old male were arrested for

- public intoxication.
- Criminal trespass was reported two times in the 400 block of Avenue E and once in the 400 block of Avenue C.
- Disorderly conduct was reported in the 100 block of Hereford Calle.
- Assault was reported at South Main and Austin Road.
- Theft was reported in the 300 block of North 25 Mile Avenue, where beer was taken.
- Harassment by phone was reported in the 300 block of West Sixth.
- Six citations were issued and there were two accidents.

Hospital Notes

PATIENTS IN HOSPITAL

Bobbie Edwards, Betty Greenway, Emma D. Irlbeck, Joe W. Merrill, Karen Nolan, Eunice V. West, Christie Vanlandingham and Betty Williams.

NEWBORNS

Mr. and Mrs. Elipidio Salgado are parents of a baby boy, Luis Angel Salgado, 8 lbs., born on Aug. 5.

Mr. and Mrs. Joe Ward have a baby daughter, Jennifer Dawn Ward, 7 lbs., born Aug. 8.

THE HEREFORD BRAND

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O.G. Nieman
Mauri Montgomery
Garry Wenzel
Craig Nieman

Publisher
Ad. Mgr.
Editor
Circulation Mgr.

Sheriff's Report

Here are excerpts from Thursday's Deaf Smith County Sheriff's Department daily activity report:

- A 22-year-old male and a 21-year-old male were arrested on bench warrants.
- A 31-year-old male was arrested for violation of probation.
- Theft was reported.
- Domestic violence was reported.



Lions presentation

Art Gonzales, president of the Hereford Lions Club, presents a \$300 check to Susan Hennessey, Hereford coordinator of the Muscular Dystrophy Association. The donation was made on Wednesday during the club's regular meeting.

Fatal accident cause under investigation

WICHITA FALLS, Texas (AP) - Don James died doing what he loved.

James, 64, editor of the Wichita Falls Times Record News, was killed Tuesday in a traffic accident on a remote Nevada roadway. A nationally known auto writer, he was attending a gathering of auto writers brought together to assess 1994 model Chrysler minivans and Dodge pickup trucks. A Michigan mechanic also was killed in the crash.

The cause of the head-on collision, which occurred in a remote area about 70 miles south of Reno, is still under investigation, said Lyon County Sheriff Sid Smith. He said the vehicles crashed on a dirt road that he said was in poor condition, which may have contributed to the accident.

A full-sized Chevrolet pickup driven by James and a 1994 Dodge Ram were not on a test drive when they crashed, said Chrysler spokesman Tom Kowaleski.

Denise McCluggage, a writer for Detroit-based Autoweek Magazine, later said it was dangerously dusty in the desert during the test drives. Smith wouldn't speculate on whether blowing dust and poor visibility were to blame for the mishap, or how fast the vehicles were traveling.

The media event began in San Francisco. Journalists took the vehicles through a series of road tests on the way to a Nevada ranch,

including a high-speed dirt course and an off-road course. Chrysler canceled the final session of the program after the crash.

Colleagues and associates say James expected much of himself as well the people around him and his impact on Wichita Falls will be missed.

James D. Lonergan, president and publisher of the Times Record News, recalled James' loyalty and friendship.

"In our business, it's a rarity that the publisher's best friend is the editor. From the first day, Don James gave me unquestioned loyalty, tremendous service and most importantly, his friendship," Lonergan said.

James was born Dec. 22, 1928, in nearby Iowa Park, moving to Wichita Falls in 1955.

He was former president of the Oklahoma AP News Executives and of the Texas Retired Officers Association. He served as a board member of the Ballet Theatre, Wichita County Heritage Society, the Northwest Texas Field & Stream Association, Camp Fire Council of North Texas, Wichita Falls Home Health Service, Northwest Texas Council of Boy Scouts and Faith Lutheran Church.

Dalhart mission helps poor for 35 years

By SCOTT FITZGERALD
Dalhart Daily Texan

DALHART, Texas (AP) - Hard-luck characters traveling through this railroad junction know the good word.

They are invited to walk through the doors of Dalhart Rescue Mission for a brief retreat from a cruel world and get a helping hand free of charge for a night or two.

Their host is C.H. "Red" Davis who has seen a multitude of characters do just that over a 35-year period.

Although the people and their origins change, the visitor stream remains steady and Davis' mission remains the same.

"We feed anybody that comes through the door. We have no biases. No feelings of inequality. If a man is capable of receiving... we're here to help him," said Davis.

The retired trainman who calls Dalhart home, has been extending his hand to the needy since 1958. He estimates that nearly 125,000

transients have visited Dalhart Rescue Mission on Chicago Street since its inception. It is located appropriately near railroad tracks.

The mission has nine beds, shower, dining room, large living room, kitchen and, of course, Red's office.

"I'm the chaplain. It's not necessary to attend religious service or even to listen to us," Davis said.

It's the spirit of the Lord, Red says, that gives him the impetus to do what he does and not expect anything in return.

"I was converted to Christ in 1952 as I worked on the railroad. I saw guys in desperate need of a helping hand. I'd take 'em to a local cafe and feed 'em," he said.

Red offers a little one-on-one

counseling with God in mind if a visitor wants it. Otherwise, the rules remain fairly simple. One must be sober when checking in and abide by a loose time frame.

"We just want them to respect the place. That's all we want," he said.

Red's helping hand, Refugio Garcia, serves meals from 6 p.m. to 10 p.m. Most opt to take showers, help themselves to free clothing and hit the rack early.

"Most guys who come here are dead tired. They want to shave, shower and clean up," said Garcia, who arrived here in January from Seguin.

"I was told by a friend about this place. I felt the call by the Lord. I was wanted somewhere. I was willing to obey," Garcia said.

Garcia's bilingual skill is a most welcome asset when Mexican transients arrive, Davis said.

The visitors are quietly told that a two-night stay is usually the limit. They are eligible for return visits by the month. Special provisions and care can be provided for women and families, Davis said.

Through the years, Davis has seen a change in transients. When he first started assisting them, they were usually of rural origins and World War II veterans who drew disability pay.

Today, they are mostly young men averaging 36 years of age who are fleeing major cities. They've been rocked by major traumas such as losing their jobs or marriages, Davis said.

Behavior reports fail to sway jury: Dillingham to die

WICHITA FALLS, Texas (AP) - Jurors heard good behavior reports from Jeffrey Dillingham's jailers, loving memories from his parents and a supportive affidavit from his pastor.

But in the end, what apparently stuck out most was the brutality of the crime Dillingham committed for \$1 million.

The 20-year-old Aledo man was sentenced to death Wednesday for bludgeoning a wealthy Fort Worth couple. On Saturday, jurors had taken less than two hours to convict Dillingham of capital murder.

Tarrant County prosecutor Alan Levy branded Dillingham as the evil perpetrator of a "methodical, careful slaughter."

"Is this a dangerous man?" Levy repeatedly shouted during his step-by-step replay of the attack that killed Caren Koslow and wounded her husband. "His conscience was in his purse."

Mrs. Koslow, 40, died in her bedroom with her throat slashed and her head beaten. Jack Koslow, 49, survived the March 1992 attack.

Jack Koslow's 18-year-old daughter, Kristi, has been accused of masterminding the crime. Her boyfriend, 21-year-old Brian Salter, also awaits trial.

The high-profile case stirred allegations of greed, methodical plotting and assassin execution.

Texas law gave the jury just two punishment choices: lethal injection

or life in prison. A defendant assessed life must serve at least 35 years behind bars.

Dillingham had sobbed and hung his head throughout much of the nine-day trial. He shook violently standing in front of State District Judge Bob Gill, who read the punishment decision.

Defense attorney Jack Strickland had urged leniency because Dillingham has no prior criminal record.

Strickland's closing argument pointed to psychologists' testimony that Dillingham is easily manipulated and probably would not pose a danger to anyone in prison.

"I make no bones about this: I ask you for the life of Jeffrey Dillingham," Strickland said. "I do it with no qualifications, no reservations."

Most damaging to the defense was the 37-minute statement Dillingham gave police 12 days after the attack. In it, he acknowledged hitting the couple and stealing Koslow's wallet.

That confession - plus the planning that went into the murder, and testimony from Koslow - proved overwhelming for the jury, Strickland said.

Ray and Toni Dillingham cried loudly and embraced for several minutes after their son's death sentence was announced.

Koslow swallowed and blinked. But he remained stoic and left the courthouse without speaking to reporters.

Special honor slated for HCOF president

Margaret Formby, president of the National Cowgirl Hall of Fame and Western Heritage Center, will be honored this weekend at the All Girl Rodeo in Santa Fe, N.M., according to an announcement today.

Mrs. Formby will be honored as "Official Guest Person" at the third annual affair.

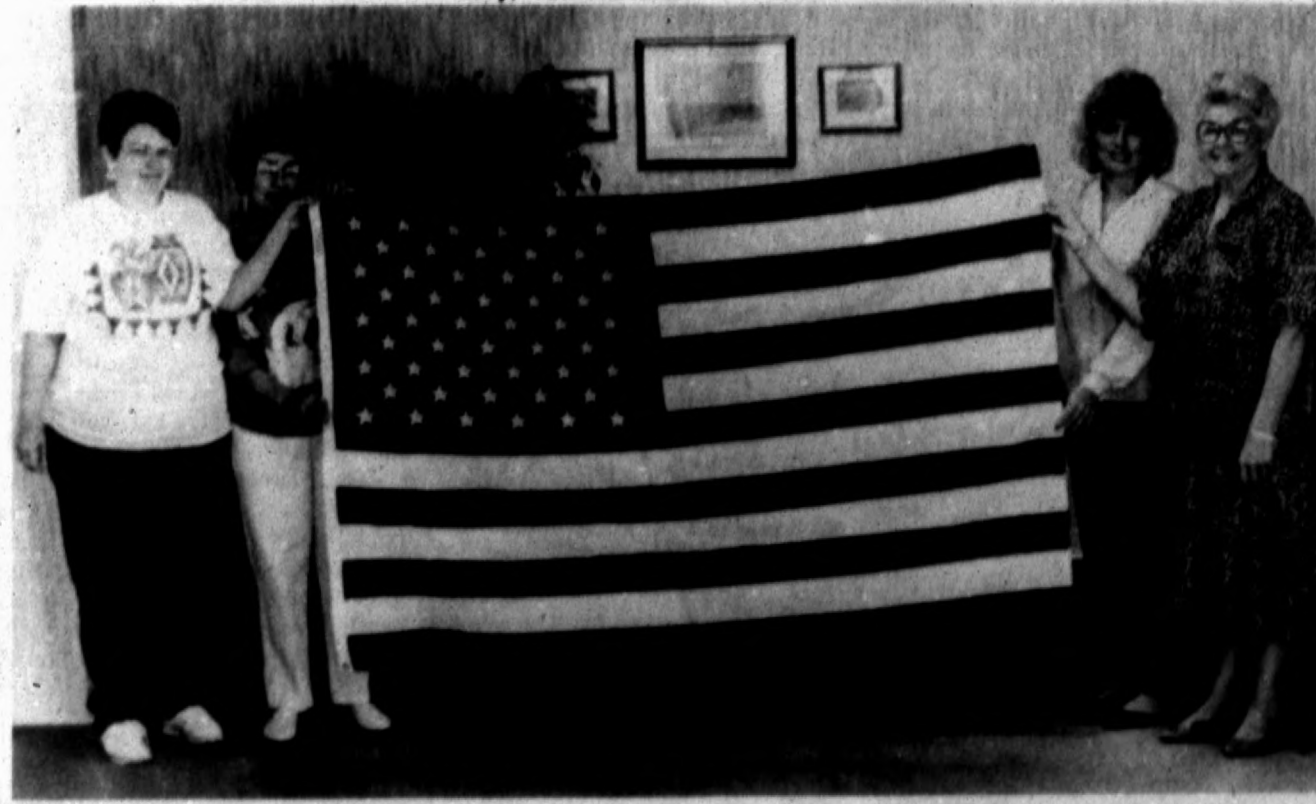
She will be recognized for her 17 years as president of the Hall and for her contributions to western lore and historical data of the West.

She will be introduced at both the Friday and Saturday rodeo performances.

Previous "Official Guest Person" awardees are Fern Sawyer of Nogal, N.M., and Jan Youren of Garden Valley, Idaho. Both women are Cowgirl Hall of Fame honorees.



MARGARET FORMBY



Flag presentation

The VFW Roy Weatherbrook Post 4818 Hereford Auxiliary recently presented an American flag to Hereford Care Center. The nursing home is having a pole built to erect in front of its building for the flag. Making the presentation are Linda Dutton, left, president of the group, and Betty Boggs, second from left, group Americanism chairman. Receiving it are Brenda Blacksher, nursing home activities director, second from right, and administrator Melba Patton.

Lifestyles

Ann Landers

DEAR ANN LANDERS: Would you believe the following ad brought in several responses? This says something about how desperate women are. Please print it. It makes the point better than anything I could say--Name Withheld, San Francisco

WANTED: Girlfriend. Single or married. Good-looking, sexy, intelligent companion between 30 and 40. Must be extremely flexible and undemanding. Willing to tryst approximately one night a week (for at least two hours, preferably at your house). Prefer to stay in and have dinner cooked (will provide occasional bottle of wine) since going out in public presents risks. Possibility of one or two overnight weekends a year, if convenient for me and you are available, discreet and willing to pay your own way.

Must be a good listener, have a strong sex drive and be aggressive, but not pushy. Willing to wait for convenient time to hear from me about time and place to get together. Must not try to contact me by phone. Too risky.

Possibility for long-term relationship, if you can wait it out until my kids are out of high school--unless I meet someone who is less demanding or more accessible.--Married But Needing More

DEAR READERS: It's incredible that an ad like this could pull in several responses, but I'd bet my life on it, based on the mail I get from lonely women who will settle for anything.

DEAR ANN LANDERS: I would like to point out a particular type of behavior that I consider extremely rude and that I resent.

A certain guest has a habit of walking into my kitchen and opening my refrigerator to see what I have to eat. I think this is very nerdy. Recently this friend's 7-year-old son has started to do the same thing. He walks into my house, strolls over to the refrigerator, picks something out of the fridge, takes it to his mother and asks, "Can I have this?" She then asks me if it's OK. What can I say?
Do you have any suggestions?--

BUDAPEST, Hungary (AP) - Chess legend Bobby Fischer's next opponent could be a 17-year-old Hungarian girl who's more of a prodigy than he was.

Fischer, who made headlines last year with his rematch against Boris Spassky, was in Hungary for a match against the world's top female player. State TV said the former world champion arrived amid talk of a possible match against 17-year-old chess whiz Judit Polgar.

Laszlo Polgar, Judit's father and manager, was quoted by the Budapest sports daily as saying conditions for a match had been agreed to.

"All we need now is the right sponsor," he said.

Fischer, 50, was reported to have remained in Yugoslavia after beating Russian-born Spassky in November in their highly publicized match, played in defiance of U.N. sanctions.

Judit beat Fischer's record by one month as the youngest player ever to qualify for the men's international grandmaster classification, doing so at the age of 15 years and five months.

Grouchy in Kirkwood, Mo.

DEAR GROUCHY: Obviously this child's mother refuses to discipline him, so it falls to you to do the job when he is in your home.

The next time the boy opens up the refrigerator, tell him it is very rude and that he should not do it anymore, either at your house or anybody else's. You'll be doing him a favor.

DEAR ANN LANDERS: Your column about the college professor who didn't know the mechanics of how to have children reminded me of this joke:

Little 9-year-old Joey came home one day and asked his mother where he came from. She told him to wait until his father came home. When her husband came in, he sat down and explained to Joey in carefully chosen words, exactly how a woman gets pregnant. After he finished, the father asked his son why he had wanted to know. Joey said, "The kid who just moved in next door told me he came from New York. So I wanted to know where I came from."--Philadelphia

DEAR PHIL: An oldie but a goodie. Thanks for sending it on.

Gem of the Day: Accept the fact that you're getting old when a woman's voice on the telephone says, "Do you know who this is? And you say, "No"--and hang up.

Drugs are everywhere. They're easy to get, easy to use and even easier to get hooked on. If you have questions about drugs, you need Ann Landers' booklet, "The Lowdown on Doc." Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Lowdown, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Don't fall for this fitness myth

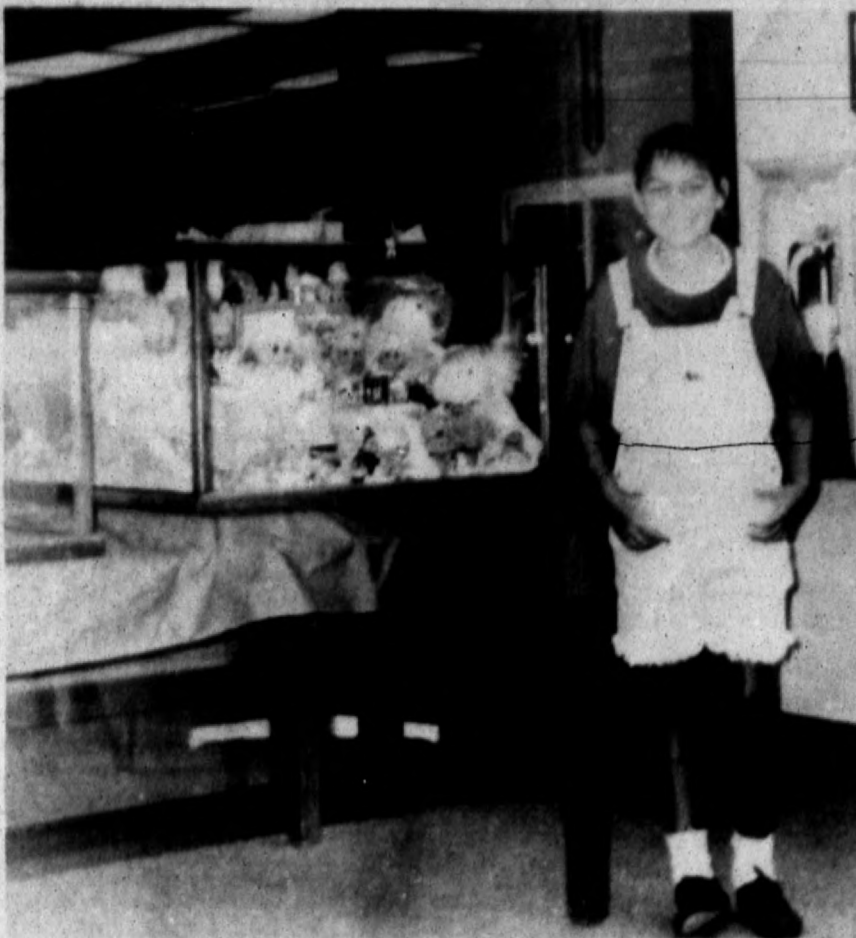
You work out rigorously all winter and spring to get yourself in shape for summer--and then you can let yourself go and take a vacation from your exercise routine, right?

Wrong. Fitness experts say you should keep up your exercise routine all year long. Although many people believe they get enough exercise in fun runs, swimming, beach party volleyball games and the like, those in the know know this isn't so.

A study by the University of Texas at Austin showed that when athletes stopped exercising after many years of training they displayed large reductions in cardiorespiratory fitness during the first 12-21 days.

The experts recommend you maintain your exercise schedule all year round. Many people find this easier to do with the help of a cross-country ski exerciser.

Such a fitness device can help you burn more calories, work all major muscle groups and get a better cardiovascular workout than with most other machines.



Library displayer

Victoria Perez is exhibiting her collection of Trolls this month at Deaf Smith County Library. The public is invited to come and view all exhibits at the library.

Experts offer tips to bring remote offices closer to home

Many offices take an "out of sight out of mind" mentality with their remote offices. However, that doesn't have to be the way things work anymore.

Here are five tips from experts that will help make employees at distant offices feel more like their counterparts at the home office.

1. Coordinate regularly scheduled visits to the main office. Schedule annual visits for remote site employees to visit the main office and set up methods to record the trips so all employees get the opportunity. New hires should visit the main facility within a reasonable time after hiring.

2. Make certain remote offices have a strong identification with the parent company. Include remote office addresses in sales literature.

3. Let them join the party. A company-wide party doesn't have to involve only employees from the home office. Videotape the events at each location and share the tapes.

4. Implement regularly scheduled conference calls with remote offices. This can prevent a lot of communication problems.

5. Use new data and voice communication technology to boost productivity and even save money. A company-wide communications network is an investment worth making. New technology lets corporate offices send voice, fax and data communications to remote sites over one toll-free communications line.

By leasing a dedicated line from the phone company, all interoffice phone calls and faxes can ride the line for free. With simple guidelines and communications technology, businesses can produce winning results with an integrated communications system and save money.

"Bobbies" -- The British term for police officers--get their name from Sir Robert Peel, the statesman who organized the London police force in 1850.

For safety and more efficient starts, check the oil level each time you fill the gas tank.



In old Norway it was believed that keys in the fields would protect the crops from hail.

RUN THROUGH THE JUNGLE!

JURASSIC JUNGLE

DINAMATION'S BACK TO THE JURASSIC

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Sports

Hereford YMCA holds Tennis Open

The Hereford YMCA Tennis Open was held Friday, Saturday and Sunday, and champions were determined in ten divisions.

The champions of most divisions were determined by playoffs, but some divisions only included round robin play. One such division was the 18-under girls' singles division, in which Brook Weishaar, Gabriela Gamez and Melissa Berend each won one match and lost one match. They agreed to call all three co-champions, said YMCA director Weldon Knabe.

Following are the results from championship matches and consolation matches in each division. All players are from Hereford unless otherwise noted.

12-under boys' singles--Championship: Chris Cory def. Chris Moore of Amarillo, 4-6, 6-2, 6-0. Consolation: Andy Sherrow def. Carey Lyles, 6-7, 6-4, 6-1.

14-under boys' singles--Champ: Chris Cory def. Pete Vargas, 4-6, 6-4, 7-6. Cons: Andrew Carr def. Dustin Lewis, 6-1, 6-2.

14-under boys' doubles--(Round robin) 1, Marcus Berend and Brent Berend, 2-0 record; 2, Brent Portwood and Bryan Portwood, Dimmitt, 1-1.

16-under boys' singles--Champ: Brooks Gentry, Pampa, def. Chris

Cory, 6-0, 6-1. Cons: Rob Reinauer def. Matt Rheams, Plainview, 6-2, 6-1.

16-under boys' doubles--(Round robin) 1, Chris Lyles and Chris Cory, 4-0; 2, Rob Reinauer and Brooks Gentry, Pampa, 3-1; 3, B.J. Lockmiller and Pete Vargas, 2-2.

18-under boys' singles--Champ: Brooks Gentry, Pampa, def. Chris Moore, Amarillo, 6-0, 6-1; Cons: Chris Cory def. Matt Rheams, Plainview, 6-1, 6-0.

Men's 8 singles--Champ: Dean Overton, Portales, N.M., def. Phillip Grove, Borger, 6-0, 6-3. Cons: Brian

Vogler def. Cliff Shannon, Amarillo, 7-6, 7-6.

16-under girls' singles--Champ: Taylor Sublett def. Terri Reiter, 7-5, 3-6, 6-4. Cons: Leslee Taylor def. Traci Reiter, 6-4, 7-6.

18-under girls' doubles--(Round robin) 1, Taylor Sublett and Traci Reiter, 2-0; 2, Terri Reiter and Leslee Taylor, 1-1.

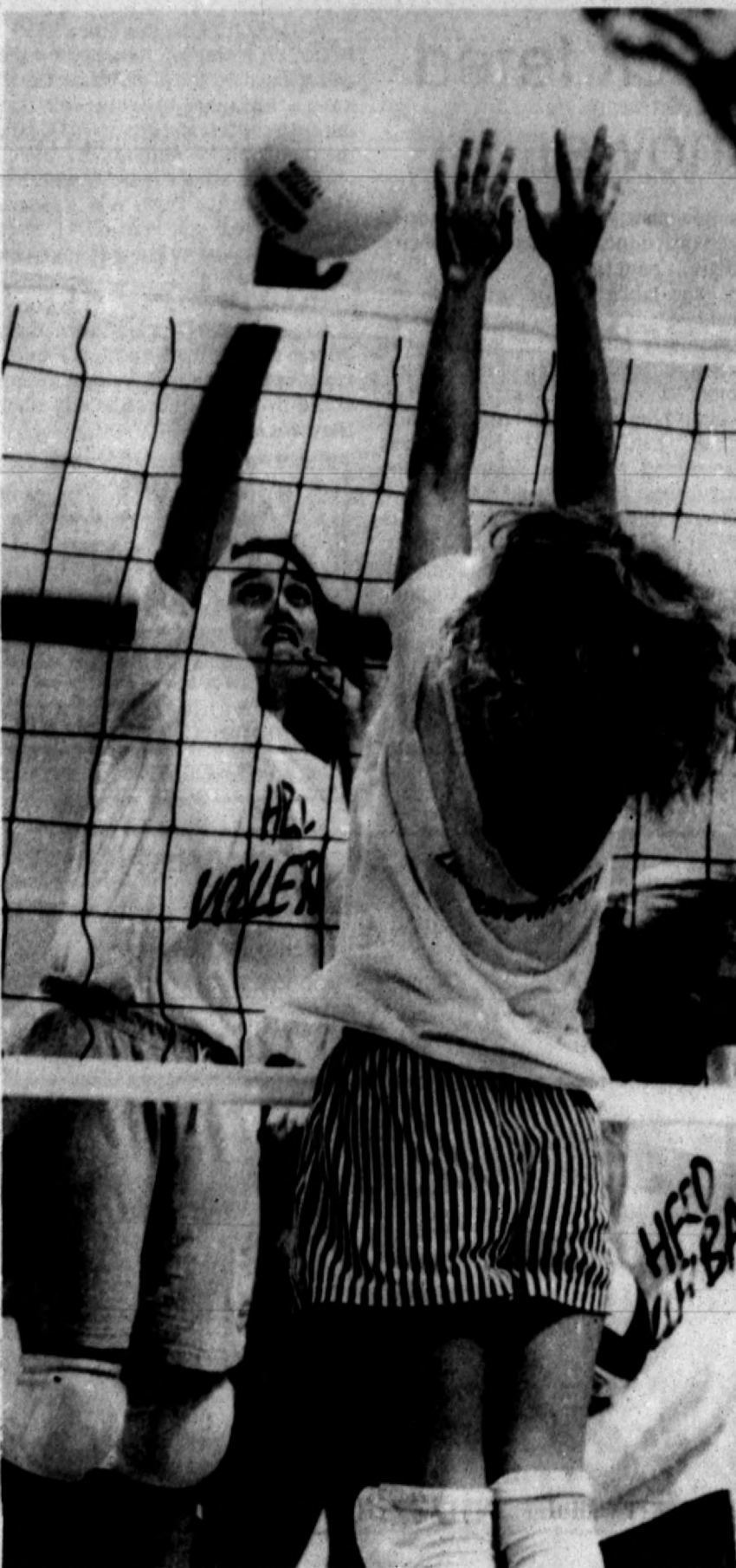
HJH gridders can pick up equipment

Boys who are going into the seventh and eighth grades who want to play football can pick up their equipment Aug. 16-17.

Eighth-graders can pick up equipment from 4-6 p.m. on Aug. 16, and seventh-graders can pick up theirs from 2-4 p.m. on Aug. 17.

Each eighth-grade boy must have proof of a physical on file with the coaches. Those who don't need to get a physical, as do all seventh-graders.

Football shoes will be available for sale from the coaches when equipment is handed out. Each pair costs \$22, and they are available on a first-come, first-served basis.



Block this!

Hereford volleyball player Michelle Brock (facing) spikes the ball as Katie Young blocks it during a blocking drill. Monday was the first day of practice for the Lady Whitefaces.

Beaned M is in good condition

ARLINGTON, Texas (AP) - Seattle Mariners rookie pitcher Brad Holman was cleared today for release from the hospital, three days after being drilled in the forehead by a line drive.

The right-hander was in good condition today at Arlington Memorial Hospital and was scheduled to leave later in the day, said Shannon Eberth, a spokeswoman.

But the hospital official did not have other details of the expected release.

Doctors instructed Holman not to work out or travel by airplane. His wife was to drive him to their home in Wichita, Kan., where he will spend most of his time on the 15-day disabled list, according to The News Tribune of Tacoma.

Holman, 25, suffered a fractured frontal sinus cavity during Sunday's game against the Texas Rangers. He was injured when a seventh-inning line drive off the bat of Mario Diaz struck him in the head. Players and fans watched in horror as the ball ricocheted off the pitcher's head and landed in the Rangers' dugout.

Holman clutched his head with both hands as he dropped to the mound. He remained on the ground for several minutes while teammates nudged around him until he was carried off the field on a stretcher.

Team officials said Holman was alert and conscious when he arrived at the hospital around 10:30 p.m. Sunday. Seattle manager Lou Piniella said blood later came from Holman's nose but that the pitcher remained alert.

Cowboys' coach vows more intense practice

AUSTIN (AP) - This year's pre-season Dallas Cowboys haven't looked a whole lot like last year's Super Bowl champion Dallas Cowboys.

And because of that, coach Jimmy Johnson hasn't been very happy with the team, which tied the Detroit Lions 13-13 Sunday in London.

The team's back from Europe now, and Johnson says the rest of camp will be no vacation.

Johnson said the trip to England, with its mild temperatures, was a nice break from the grind of camp, but he's looking forward to intense workouts under hot summer temperatures the next three weeks at St. Edward's University.

"We'll go down to Austin...and get down to work correcting some of the mistakes we've made the last couple of weeks," Johnson said Monday in Irving.

"It's going to be a very intense week, correcting the mistakes. We'll also be looking to put the team together, working as units for the next three weeks."

The Cowboys are winless in their two exhibition games. Dallas committed five turnovers in dropping its opener to the Minnesota Vikings, 13-7. Johnson ripped his team for lack of hustle after a sloppy effort.

The Cowboys played better on Sunday, but Johnson wants improved execution from the offense, which was guilty of three more turnovers.

Special teams also were a trouble area on Sunday. Lin Elliott missed four field goals, three in overtime, and John Jett had a punt blocked and returned by Detroit's Kevin Scott 34 yards for a touchdown, which tied the game.

The Cowboys are expected to welcome back quarterback Troy Aikman to full-scale workouts this week.

"I'm ready to roll," Aikman said after watching the Detroit game.

While the Cowboys were in London, Dr. Robert Watkins, who performed Aikman's back surgery in June, cleared the Super Bowl MVP

to resume workouts and play in Saturday's exhibition game against the Los Angeles Raiders.

"Throwing over the last few weeks, I don't feel I've lost timing," he said. "I haven't suffered in that area. The thing I need is to get in against the rush, feel it coming around me."

Aikman has participated in non-contact drills during camp.

"Sure, I'll feel better after I take that first hit," said Aikman, who threw in pads for the first time last week at Valley Ranch.

"In practice I have the security blanket of not being hit," he said. "It's possible to develop a false sense of timing."

Aikman said he'll know if he's ready for the game by the end of the week, but mentally, he's ready now.

"I feel great...I'm anxious to get back."

The Cowboys are anxious to have him back. In six preseason quarters, backup quarterback Hugh Millen has led the offense to only 13 points while throwing three interceptions.

"Hugh's done a good job. But without Troy, we were lacking some firepower," said Cowboys coach Jimmy Johnson.

Receiver Michael Irvin said Aikman's return will add life to the entire team, not just the faltering offense.

"Watch and see; he's going to spark us up," Irvin said. "It's going to be great to have him out there again."

Running back Emmitt Smith, the defending NFL rushing champion, remains a holdout in a contract dispute.

The Cowboys will be without safety Kenneth Gant for three to five weeks because of a dislocated left shoulder suffered in Sunday's exhibition.

Lady A's get 2nd in N.M. tourney

The Hereford Lady A's came in second place in the USSSA New Mexico State tournament, held Saturday and Sunday in Clovis, N.M.

They went through the winners' bracket unscathed until losing to Magnum, a team from Clovis, 13-12 in the semi-finals.

The Lady A's then beat Mickey D's 10-4 in the losers' bracket final, only to lose to Magnum again, this time 10-6, in the championship game. The Lady A's qualified for the

New Mexico tournament because they placed in a league in Clovis, where they normally play.

The Lady A's will compete in another New Mexico state tournament--sanctioned by the ASA--this weekend in Santa Fe.

The United States was one of about four dozen countries which boycotted the 1980 Olympics in Moscow.



Dr. Kent R. Walker

JOIN DEAF SMITH GENERAL HOSPITAL IN WELCOMING Dr. Kent R. Walker

- * Bachelor of Science degree in Zoology, Idaho State University in Pocatello, Idaho
- * Doctor of Osteopathy degree, University of Osteopathic Medicine and Health Sciences, Des Moines, Iowa
- * Internship, Michigan Medical Center
- * Orthopedics residency program, William Beaumont Army Medical Center at Ft. Bliss, Tx.

Dr. Walker began seeing patients in Hereford August 2. His training and background include extensive experience in family practice (including OB), emergency medicine, sports medicine, and industrial/occupational health.

A native of Idaho where he garnered honors as an "all-state" football player, Dr. Walker began his training in the United States Army where he first trained as a basic medical specialist. He continued taking specialized medical training, including a three-year stint on the European campus of the University of Maryland in Frankfurt, West Germany, where he completed an associates degree in pre-med studies, before going on for his advanced degrees.

As a physician in the Army, Dr. Walker was able to practice sports medicine, industrial medicine, and family practice. He dealt with the types of injuries soldiers in training might receive and healed injuries from accidents on the job, such as might occur in civilian life. His practice also included caring for the soldiers' dependents, so he delivered babies, cared for newborns and young children, and doctored the whole range of illnesses a family might encounter.

He and his wife Janet have eight children, five of whom live with them.

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Cards' rookie wins again

By The Associated Press
Every so often, a rookie pitcher comes along who can make a difference in a pennant race.

It happened in 1964 for the New York Yankees with Mel Stottlemyre, and in 1980 when the Philadelphia Phillies brought up Marty Bystrom late in the year.

For the St. Louis Cardinals, it's Allen Watson (5-0). He pitched three-hit ball for seven innings Monday night as the Cardinals beat the Pittsburgh Pirates, 7-3, at Three Rivers Stadium.

Watson, called up July 7 from the Cardinals' Triple-A Louisville farm club, was increasingly effective after allowing solo runs in the first two innings. He struck out two and walked two as the Pirates lost for the ninth time in the 12 games they've opposed a rookie starter.

"That must be the New York coming out in him," manager Joe Torre said of Watson, from Queens, N.Y. "I like the way he goes about it. He gets mad at himself. It's not like he's feeling his way through."

Tom Pagnozzi and Bernard Gilkey homered, Todd Zeile had a tie-breaking two-run single in the fifth and Luis Alicaia added a two-run double as the second-place Cardinals moved within six games of idle Philadelphia in the NL East.

Watson won his fourth straight start, allowing just one hit in his final six innings as the Cardinals improved to 6-1 against Pittsburgh.

Bob Walk fell to 11-9.

Astros 6, Padres 4 (10 innings)
Houston won its third straight game as pinch-hitter Luis Gonzalez's safety squeeze bunt with one out in the 10th inning scored Eric Anthony with the go-ahead run against Trevor Hoffman at San Diego.

Xavier Hernandez (3-2) was the winner despite giving up a tying homer in the eighth to Phil Plantier. Doug Jones worked the 10th for his 21st save.

Giants 10, Reds 7

Kirt Manwaring hit a two-run homer and Will Clark had a two-run triple in a four-run sixth inning as San Francisco rallied to beat Cincinnati at Candlestick Park. The first-place Giants opened a nine-game lead over Atlanta.

Clark finished with three hits and three RBIs while Manwaring went 2-for-4 with three RBIs. The Giants survived two homers by Hal Morris and another by Kevin Mitchell.

Dave Burba (10-2) has won eight straight victories, including six in relief. Rod Beck worked the ninth for his 34th save. Reliever Johnny Ruffin (1-1) took the loss in relief of John Roper.

Rockies 3, Dodgers 2 (11 innings)

Vinny Castilla's sacrifice fly in the 11th inning lifted Colorado over Los Angeles at Dodger Stadium.

Reliever Steve Reed (6-4) got the victory with two scoreless innings as the Rockies won their second consecutive game after 13 straight losses. Darren Holmes got the last three outs for his 12th save. Jim Gott (4-6) took the loss.

Marlins 3, Cubs 2

Walt Weiss' run-scoring single snapped a seventh-inning tie to lift Florida over Chicago at Joe Robbie Stadium.

Benito Santiago started the inning with a double off starter Frank Castillo (5-7).



Beat the rush

Herd quarterback Elias Reyna let the football fly just before the rush reaches him. The Hereford football team scrimmaged Monday on the first day of practice with pads.

Backup catcher sparks Orioles

DETROIT (AP)—What is it about catchers? Why do they tug so at the heartstrings of baseball lovers?

Hollywood loves them, too. The heroes of "Bang the Drum Slowly" and "Bull Durham" both were catchers—Robert DeNiro and Kevin Costner.

Now comes Mark Parent. Parent, who has 16 at-bats since being recalled from the minors Aug. 3, hit his second homer Monday night to lift Baltimore to a 4-1 victory over the Detroit Tigers.

"I've always had confidence in my ability," Parent said. "Obviously, when you're trying to make the playoffs, you have to give it everything you've got, every day, every at-bat."

Parent has always been one of those guys who is good, but never quite good enough. Yet, because he has good size at 6-foot-5 and 225 pounds, and because he is a catcher, baseball has been more than willing to keep him around.

He has been in professional

baseball since 1979, yet in all that time, his tenure in the major leagues came to only four years and 141 days entering this season. Counting the five games played since his recall, Parent now has appeared in a grand total of 203 big-league baseball games.

In the only other American League games Monday, Chicago beat Oakland 5-4 and Kansas City beat Seattle 7-6.

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| 4 KAMR (NBC), Amarillo | 10 KFDA (CBS), Amarillo | 16 The Weather Channel | 22 MTV | 28 HSE | 34 CMT |
| 5 KACV (PBS), Amarillo | 11 C-SPAN | 17 Family Channel | 23 VH-1 | 29 TNT | |
| 6 WTBS, Atlanta | 12 C-SPAN II | 18 Showtime | 24 Nashville Network | 30 Headline News | |
| 7 KVII (ABC), Amarillo | 13 KCIT (Fox), Amarillo | 19 Local Access | 25 The Discovery Channel | 31 Nickelodeon | |

TUESDAY AUGUST 10

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
Movie: Frog	Zorro	Walt Disney Presents	Amer. Pacific	Dinosaur	Carole King: Going Home	Movie: News	Cur. Affair	Movie: Chance of a Lifetime (1991) Betty White **	Dateline	News
MacNeil/Lehrer Newshour	Nova	Submarine: Iron Men	Perspective	Greenroom	Thinking	MacNeil/Lehrer Newshour	B. Hillbillies	(35) Major League Baseball Atlanta Braves at New York Mets	(35) Movie: The Island (1980) Michael Caine **	News
News	Wh. Fortune	Full House	Where-Live	Roseanne	Coach	Civil Wars	Life Choices	Spirit	Sullivans	Joy-Music
Paradise	Major League Baseball Chicago Cubs at Florida Marlins	News	News	Golden Girls	Design. W.	Roseanne	Murphy B.	Beverly Hills, 90210	America's Most Wanted	Star Trek: Next Gener.
Sportsctr.	Major League Baseball Teams to Be Announced	Major League Baseball Teams to Be Announced	Waltons	Young Riders	Father Dowling Mysteries	700 Club	Movie: In	Movie: A Kiss Before Dying	Matt Dillon	Montreal International Comedy Festival
Movie: Yor the Hunter	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying	Movie: A Kiss Before Dying

WEDNESDAY AUGUST 11

12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
(12:00) Movie: Heidi	Pony Tales	Fraggle	Wonderland	Care Bears	Quack	Kids Incomp.	Mickey	Movie: Robin Hood 'G'		
Our Lives	Another World	John & Leeza-Hollywood	Oprah Winfrey	Maury Povich	Cops	NBC News	Body Elec.	Nova	Sesame Street	Reading
(12:00) Movie: ** Kansas (1988)	Tom & Jerry	Flintstones	Jetsons	Brady B.	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell
Rush L.	One Life to Live	General Hospital	Sally Jessy Raphael	Family Feud	You Bet-Life	Jeopardy!	ABC News	Headlines	Worship	Point
Major League Baseball Oakland Athletics at Chicago White Sox	Flintstones	Captain N	Wavelength	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell	Saved-Bell
Bold-Beau	As the World Turns	Guiding Light	Matlock	Edison	Hard Copy	News	CBS News	People Ct.	Perry Mason	Highway to Heaven
(12:00) Tennis ATP Championship	Ch. Flag	Ch. Flag	Max Out	WRHL Hockey	Max Out	Inside PGA	Up Close	Make Deal	Bonanza	Littles
Movie: Air Force (1943) John Garfield, Arthur Kennedy	Movie: Ten Little Indians	Donald Pleasence	** PG	Movie: 11 Harrowhouse	Movie: The Karate Kid	Ralph Macchio	** 1/2 PG	(45) Movie: Falling From Grace	John Mellencamp	Movie: Robin Hood: Prince of Thieves
(12:00) Movie: ** 1/2 Wild River	Movie: I Was a Male War Bride	***	(45) Movie: Funny Farm	Chevy Chase	** 1/2 PG	Movie: Crook	Be a Star	VideoPM	Great Chefs	Cholesterol
Gnome	Dennis	Flipper	Yogi Bear	Looney	Underdog	Muppets	Hey Dude	Salute	You Do	Crazy Kids
Sale	Joker's Wild	Tic Tac	Press Luck	Scrabble	Pyramid	Pyramid	Two Dads	Ten of Us	G.I. Joe	Ghostbust.
Macarena	De Frente al Sol	Tenias Que Ser Tu	Cristina	Noticias y Mas	Cuna-Lobos	Notici.Uni.	Movie: Angeles-Tarde			

WEDNESDAY AUGUST 11

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
Fraggle	Pooh Corner	Umbrella	Dumbo	Tracks	Jump	Gummi B.	Lunch Box	Walt Disney Presents	Movie: Heidi	
Today	Jenny Jones	Perspective	Perspective	TimeGrow	Time To	Lamb Chop	Barney	Sesame Street	Mr Rogers	Station
Gilligan	Bewitched	Little House on the Prairie	Movie: Strange & Deadly Occurrence	3's Co.	(05) CHIPs	Movie: Good Morning America	Donahue	Regis & Kathie	Little House on the Prairie	News
Worship	Views	Recovery Line	Falwell	Gate-Truth	Cope	Over the Hill Gang	1 in Spirit	Flintstones	Bzoz	C.O.P.S.
(6:00) This Morning	Vicki	Design. W.	Family Feud	Price Is Right	Young and the Restless	News	Golf Troop	Darkwing	Beetlejuice	Hogans
Sportsctr.	Sportsctr.	Jake	Bodyshape	Sportsctr.	Fitness Pros	Getting Fit	In Motion	Bodyshape	Tennis: ATP	Gadget
Movie: Ten Little Indians	Donald Pleasence	** PG	Movie: The Guyver	Mark Hamill	PG-13	Movie: Teenage Mutant Ninja II	Hollywood	Babar	Pinocchio	Entertainment Report
Movie: A Patch of Blue	Sidney Poitier	*** 1/2	Movie: Hot Shots!	Charlie Sheen	***	Crazy About the Movies	Movie: Wild	(Off Air)	VideoMorning	VideoMorning
Paid Prog.	Paid Prog.	America Coast to Coast	Kitchen Ex.	Great Chefs	Cholesterol	Graham K.	Easy	Homeworks	Kitchen Ex.	Workout
In Search Of...	Movie: Apache Drums (1951)	**	Wilderness	Fugitive	O'Hara, U.S. Treasury	Rockford	Workout	Gourmet	Born Lucky	Supermkt.
CISL Soccer	Pride at Sockers	PGA Ch. Prev	Bodies	Baseball	Sports	Soccer: International Challenge	(6:00) Bugs Bunny & Pals	Adventure Quest	Charlie's Angels	Movie: The Phenix City Story (1955)
Peter Pan	Eureka's Castle	Elephant	Cappelli & Company	Old Sultan	Muppets	Scoby Doo	Ghostbust.	Denver	Dinosaurs	American Gladiators
Movie: Are You Lonesome Tonight (1992)	**	Talkabout								

WEDNESDAY AUGUST 11

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
Movie: Mr. Nobody	Movie: Red Riding Hood	** NR	For Better	Judy Garland Concert	Movie: State Fair	Jeanne Crain	*** 1/2	News	Cur. Affair	Movie: The Return of Elton Mesa (1991)
MacNeil/Lehrer Newshour	National Geographic	Movie: The Faming Within (1990)	** 1/2	Cancer	Tony Brown	MacNeil/Lehrer Newshour	B. Hillbillies	Sanford	(05) Movie: Rescue From Gilligan's Island (1978)	** 1/2
News	Wh. Fortune	Wonder Y.	St Match	Home Imp	Delta	News	(35) Cheers	Ent. Tonight	Jesuit	Prism
Paradise	Design. W.	Movie: Spaced Invaders (1990)	Douglas Barr.	**	News	Night Court	Renegade	News	Married...	How'd They Do That?
Roseanne	Murphy B.	Beverly Hills, 90210	Melrose Place	Star Trek: Next Gener.	M*A*S*H	M*A*S*H	Arsenio Hall	Sportsctr.	Major League Baseball Teams to Be Announced	Baseball
Waltons	Young Riders	Father Dowling Mysteries	700 Club	Scarecrow and Mrs. King	Bonanza	Movie: 11	Movie: Teenage Mutant Ninja II	Movie: Body Bags	Alex Datcher	Angela
Movie: Robin Hood	Movie: Stay Tuned	John Ritter	** PG	Robin Hood	Sanders	Dream On	Crypt Tales	Movie: Out for Blood	R	(5:30) Movie: Frogtown II
(4:30) VideoPM	Crook and Chase	Nashville Now	On Stage	Club Dance	Crook	North to the Arctic Tundra	Making of a Continent	Wings	Beyond 2000	Making of a Continent
In Search Of...	Our Century	Am. Justice	Spies	First Flights	Evening at the Improv	Our Century	Unsolved Mysteries	L.A. Law	Movie: Ladykillers (1988)	Maria Hanner
Speed	Golf	Sportstalk	Volleyball	PGA Ch. Prev	Major League Baseball	Houston Astros at San Diego Padres	Jetsons	Bugs & Pals	Movie: Lawrence of Arabia (1962)	Peter O'Toole, Alec Guinness
Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Van Dyke	M.T. Moore	M.T. Moore	Lucy Show	Hitchcock	Superman
MacGyver	Murder, She Wrote	Movie: Praying Mantia (1993)	Jane Seymour	Eden	Eden	Eden	Alcanzar una Estrella	Los Parientes Pobres	Entre la Vida y la Muerte	Por Anunciar
Notici.Uni.	Movie: Angeles-Tarde									

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BLONDIE

by Dean Young and Stan Drake

Marvin

By Tom Armstrong

Barney Google and Snuffy Smith

By Fred Lasswell

Ann Landers

DEAR ANN LANDERS: Some months ago, you published a letter from "The Other Woman." She defended her affair by saying her lover's wife had grown children, financial security, a lovely home and car and plenty of money. Therefore, she felt there was a lot she could "cheat" his wife out of.

I just found out that my husband of 47 years has had a mistress for the last 10. He has always been verbally abusive and domineering. Our love died long ago. For the last 20 years, I've begged him to "go find some cute young thing, give me a divorce and let me get on with my life before I get too old." He never made the move.

When I found out about his affair, I called the woman and thanked her. She was astounded that I had been begging him to leave. They had been meeting once a week in a lousy little room, and she was in my bed when I was out of town. All the while, she was hoping someday my husband would marry her.

Well, when I confronted him, it turned out that he had no intention of leaving me. He told me the affair had become a habit--like eating cereal every morning. The woman is now 53 and has wasted 10 years of her life. Your answer to "The Other Woman" describing what her future would be like in five or seven years was a gem. Thank you--Ohio

DEAR OHIO: What I'm about to suggest might sound crazy, but if more "Other Women" checked with the wife to find out what the marriage is really like, they might get their eyes opened up. It should be no surprise that men who cheat also lie.

Some men who claim "my wife won't let me go" don't want to be set free. My question to you is--why have you put up with his garbage for 20 years?

DEAR ANN LANDERS: I was interested in your reply to the couple who thought it was inappropriate to feed the musicians at their wedding. As a wedding photographer, I am aware that weddings are expensive. I also know how hard wedding professionals work. I was appalled by this couple's insensitivity.

I often arrive at the site of the wedding after breakfast and leave the reception in the early evening, having been on my feet eight or nine hours. Am I expected to bring my own lunch and eat it in the ladies room?

If the couple can't afford to feed the musicians and photographer, perhaps they should consider a simpler wedding. It is unfair to cut corners at the expense of the people who work

No-frost freezers boon for 1990s

Time. There never seems to be enough of it. But for today's families, there's all kinds of help in the kitchen. Microwave ovens, dishwashers, no-frost refrigerators and self-cleaning ovens are time and work-savers that most of us consider necessities.

Now, say home economists, add the no-frost vertical freezer to that list of necessities for busy families looking for ways to save time and work in the kitchen.

Furthermore, they note, "With all the concern for good nutrition and avoiding food additives, many folks want to select, prepare and freeze their own fresh fruits and vegetables. In addition, many use their weekends to prepare doublebatch casseroles, grill extra meat, and prepare their own fast foods to pop into the microwave oven on busy days.

"Those are smart, time-saving, money-saving practices and good planned use of a freezer," note the home economists. And to retain a food's quality in freezing, they suggest packaging foods in moisture and vapor-proof materials. Before sealing packages, remove as much air as possible to avoid freezer burn and dehydration of foods. Freeze foods quickly on a shelf in a single layer.

"At today's prices, lots of folks want to preserve and store food to protect its quality and nutrients. No-frost freezers let you do just that - and eliminate defrosting to boot," they point out.

Political philosopher Karl Marx was born in Prussia in 1818.



The globefish staves off predators by gulping a large quantity of water, till it becomes simply too large to be swallowed by its enemies.

the hardest to make the wedding special.

When I work hungry, I get light-headed and resentful, though I never let it show. Thank heavens for kind caterers who make sure I eat. Couples should consider providing a meal for their wedding professionals as part of the price of service. Treating us well invariably results in better music and better pictures.--Stuffed in D.C.

DEAR D.C.: I've had dozens of letters from musicians and photographers who tell me they've been hired by people who spend a fortune on weddings and cheap out when it comes

to providing a meal for them. This mystifies me.

I hope this column will help educate people to be more considerate of those who supply services. As you pointed out, they will come out far better in the long run.

Lonesome? Take charge of your life and turn it around. Write for Ann Landers' new booklet, "How to Make Friends and Stop Being Lonely." Send a self-addressed, long, business-size envelope and a check or money order for \$4.15 (this includes postage and handling) to: Friends, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Extension News

Experience fall and nature at its best this year "Deep in the Heart of Texas." That's what folks 55 and over will be doing at the Texas 4-H Center on Lake Brownwood when several hundred will enjoy the 15th Annual Octoberfest during October.

Sponsored by the Texas Agricultural Extension Service, four weeks are offered from which men and women alike may choose:

- Octoberfest I--Oct. 5-8.
- Octoberfest II--Oct. 12-15.
- Octoberfest III--Oct. 19-22.
- Octoberfest IV--Oct. 26-29.

Opportunities include "hands-on" learning centers where one can learn leather working, oil painting, woodworking, stained glass and other exciting projects. Educational programs on topics such as horticultural, photography, nutrition, finances and other current interests are a popular highlight.

Boat rides and fishing on Lake Brownwood add popularity to your stay. Lighted tennis courts, horse-shoes, billiards, volleyball, shuffleboard, dominoes and card and table games are all popular activities.

A special "Name That Tune" theme will provide a festive atmosphere to the event. Thursday's theme party will feature some exciting activities and entertainment.

Octoberfest '93! Are you 55 or older? Then its for you! Each week is limited to 165 participants at a nominal fee. Get away and learn to make the most of the best years of your life. Call the Deaf Smith County Extension Office at 364-3573.

Deals On Wheels

Excellent Values at a Fair Price.

BUICK SPECIALS

1992 Buick Park Ave. 4 dr. silver	\$18,900
1992 Buick Skylark 4 dr., white	\$10,700
1992 Buick LeSabre 4 dr., blue	\$13,995
1990 Buick Skylark 4 dr. white.....	\$6,950
1990 Buick Park Ave.	\$10,900
1987 Buick LeSabre 4 dr. white.....	\$5,500
1986 Buick LeSabre 4 dr. red	\$4,700
1993 Buick Regal 2 dr. White	\$14,500

PONTIAC SPECIALS

1992 Grand AM 4 dr. white	\$11,300
1992 Pontiac Sunbird 4 dr. blue ..	SOLD \$8,900
1992 Pontiac Sunbird 4 dr. teal	\$8,500
1992 Pontiac Sunbird 4 dr. white	\$8,500
1992 Bonneville 4 dr. white	\$15,500
1988 Pontiac Grand Prix 2 dr. white	\$6,950
1993 Pontiac Grand Prix 4 dr. white	\$13,700
1988 Pontiac 4 dr. white	\$6,900

PLYMOUTH DODGE SPECIALS

1988 Plymouth Voyager LE Blue	\$7950
1988 Grand Caravan White	\$7950
1992 Plymouth Voyager white/gray inter.....	\$15,950
1993 Dodge Grand Caravan blue.....	\$17,950
1993 Plymouth Acclaim 4 dr.,red	\$10,750
1989 Dodge Shadow 4 dr., 38,000 miles, white	\$5,950
1987 Dodge 600 4 dr., red	\$4,950
1989 Dodge Dynasty 4 dr., lt. blue	\$6,950
1990 Chrysler Imperial Champagne, Loaded & Nice	\$13,700

MISCELLANEOUS SPECIALS

1992 Chev Lumina 2 dr., white	\$10,900
1992 Chev Beretta 2 dr. red	\$9,500
1992 Chev Lumina 4 dr. white	\$11,400
1990 Cadillac Seville 4 dr. white	\$14,900
1989 Chev Caprice 4 dr. brown	\$5,900

TRUCK SPECIALS

1991 Ford Explorer XLT 4 WD., white, red leather	\$13,500
1978 Chev PU 4 dr. black ..	SOLD \$3,995
1992 Chevrolet 3/4 ton, 4 WD, 37,000 miles.....	\$13,900
1989 Ford PU Lariat XLT Red/gray.....	\$7,500
1990 Chev S10 PU SWB white	\$5,950
1976 Dodge Wrecker	\$2,950
1987 GMC Caballero Loaded & Nice	\$7,250
1988 Ford XLT Super Cab PU. Green & Tan	\$8,950
1992 Mitsubishi PU w/Topper, black.....	\$8,900
1985 Ford Supercab blue	\$4,950
1986 Ford PU red custom, nice.....	\$5,950
1988 GMC Suburban white, one owner.....	\$10,500
1988 Chev PU 4x4 white	\$8,950
1986 Dodge PU 3/4 ton, red	\$5,250
1984 Jeep Grand Wagoneer 49,000 miles	\$5,950
1991 GMC Sanoma red & Nic SOLD 000 miles.....	\$7,950

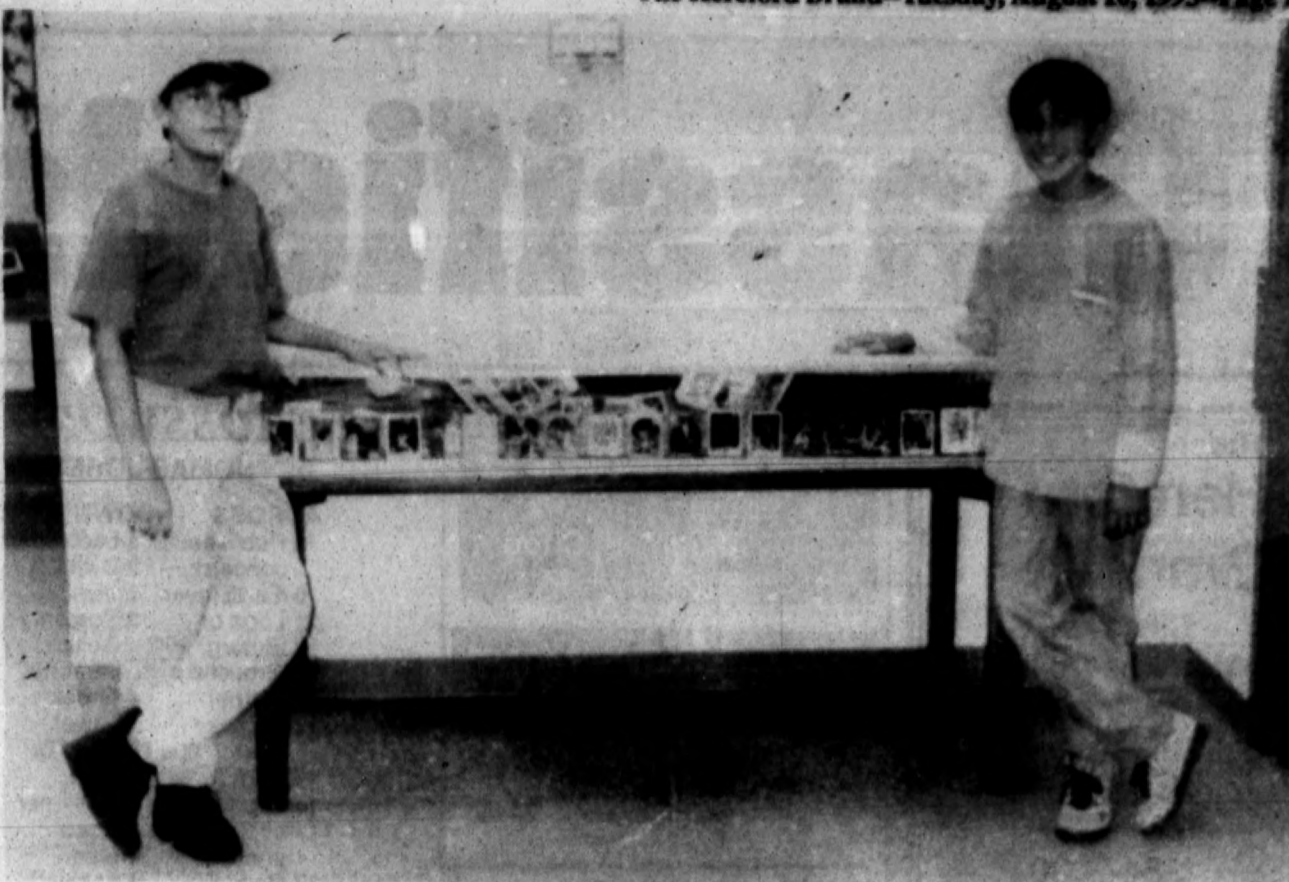
HEREFORD AUTO CENTER



Buick-Pontiac-GMC
Chrysler-Dodge-Jeep

142 Miles

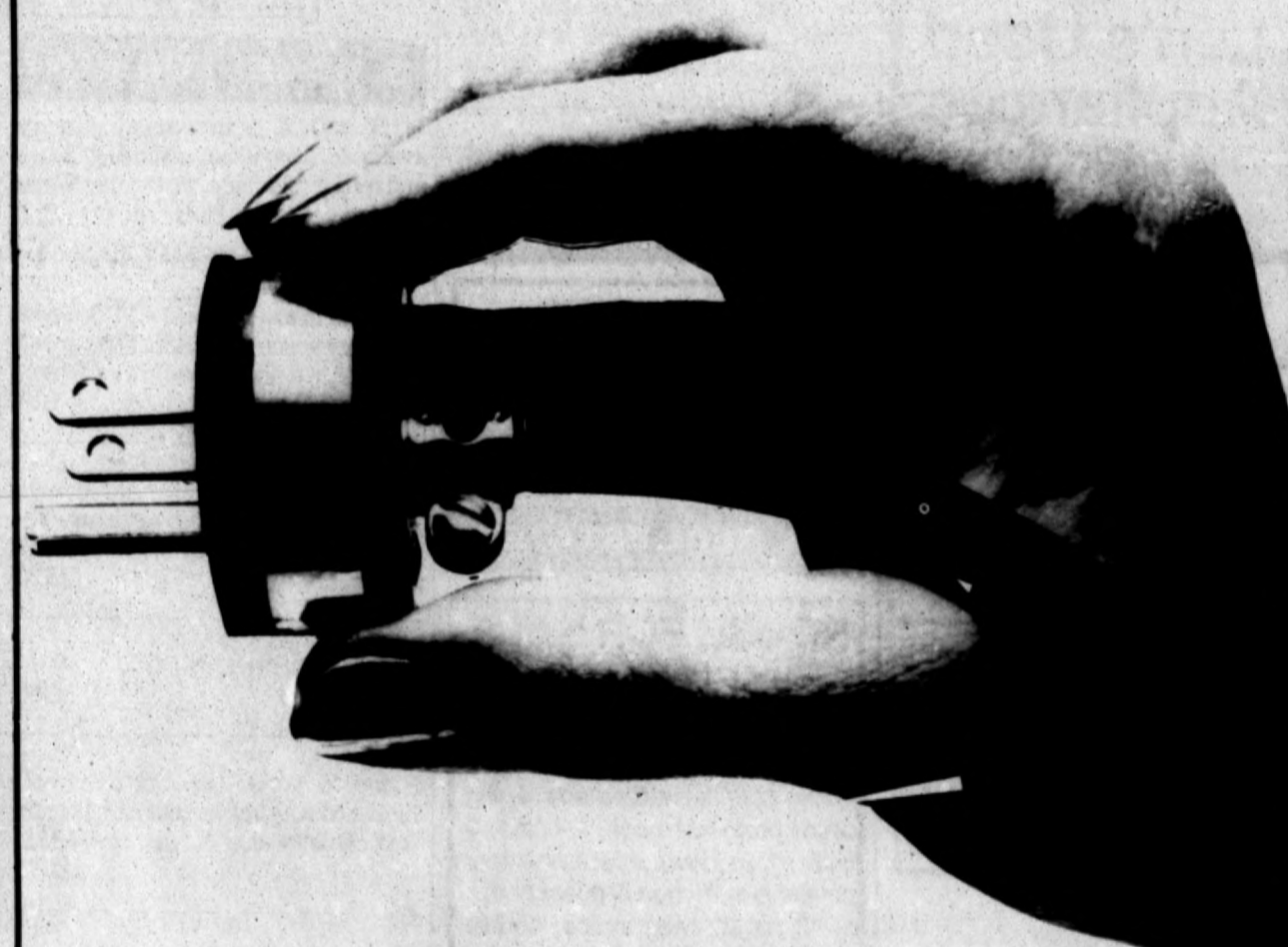
364-0990



Joint library displayers

Julian Griego, at left, and Bobby Villarreal are displaying their combined collection of baseball cards and paraphernalia this month at Deaf Smith County Library. Displayers are selected each month by the library staff.

Hereford Keeps Plugging Us In



For The Local News It Needs.

- National and State
- City and County
- Business
- Society
- Farm
- Sports
- Entertainment
- Real Estate
- Retail Advertising

The Hereford Brand

"We Reach Thousands Every Day!"

364-2030

Classifieds

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee, to place your classified advertising. We reach thousands every day!

The Hereford Brand
 Since 1901
Want Ads Do It All!
 You Want It,
 You Got It!
CLASSIFIEDS
 364-2030
 Fax: 364-8364
 313 N. Lee

CLASSIFIED ADS
 Classified advertising rates are based on 15 cents a word for first insertion (\$3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
5 days per word	.59	11.80

CLASSIFIED DISPLAY
 Classified display rates apply to all other ads not set in solid word lines those with captions, bold or larger type, special paragraphing, all capital letters. Rates are \$4.15 per column inch; \$3.45 an inch for consecutive additional insertions.

LEGALS
 Ad rates for legal notices are same as for classified display.

ERRORS
 Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1. ARTICLES FOR SALE

BFC
Len's Used Appliances
 Refrigerators - Stoves - Washers - Dryers - Furniture also Parts & Service
 715 S. 25 Mile Ave. & Bradley • 364-4406

FOR SALE
 One rust colored & floral sofa-sleeper in excellent condition, \$150; One exercise bicycle with air, \$125; One coffee table & end table, \$20 for both; Call 364-4263

We buy almost anything. Sandy & Val's trash to treasure. 143 North Main-Hereford's New Second-Hand Store. Call 364-8022 or 364-1736

New and now in stock: The Roads of New Mexico, in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 15003

A Great Gift!!! Texas Country Reporter Cookbook -- the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. \$13.95 at Hereford Brand. 17961

Reposessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

For sale: 537 3M Plain Paper Copier w/cabinet stand \$600.00. Also 3-4 drawer filing cabinets. 364-4917. 24563

Lose weight now. Ask me how. 30 pounds in 30 days. Guaranteed. 276-5783 or 364-7270. 24673

For sale overstuffed sofa & love seat, earthtone, Rust velour chair. 578-4454. 24680

Rocking chair - very good condition, \$50.00. Call Nancy, 363-7670 or 364-6839. 24682

HHS Drill Team: Get blush, eyeshadow, and lipstick, 10% discount, all for less than \$25.00 at Merle Norman Cosmetics, 220 N. main, 364-0323. 24686

Call Alignment Shop
 301 E. 1st 364-6637

2. FARM EQUIPMENT
 Wanted corn silage for delivery in Milo Center area. Call Mc6 Cattle Feeders, Inc., 806-578-4325. 24486

GAYLAND WARD SEED CO
 806-258-7394
 For all your seed wheat needs TAM 105, 107, 109, 200, 202, 2180, Chisolm, Karl, Elbon, MatonRye, Triticale, Bulk or bagged, also custom seed cleaning. 6 miles East of Hereford.

3. VEHICLES FOR SALE
 1984 Bronco II, XLT, Excellent condition. 4-wheel drive. Call 364-8245. 24568

For sale 1974 Buick Regal, 2 door, AC/AM,FM, radio, only 8K miles on rebuilt 350 engine, new tires on front, good clean car. Call 364-8519 & leave message. 24604

For sale '83 Ranger, \$1500 and '82 Chevy pickup, \$1500.00. Call 364-7519. 24637

For sale great back to school car. 1971 Chevrolet Impala 4-door, good clean car, clean 350 engine only 70K Original miles! Call 364-7055 after 5p.m. Ask for Trini. 24649

1982 Buick LeSabre Limited, diesel, 84,000 actual miles, \$1500.00 or Or Best Offer, 364-7455 & leave message. 24655

MUFFLER SHOP
CROFFORD AUTOMOTIVE
 Free Estimates
 For All Your Exhaust Needs
 Call: 364-7850

4. REAL ESTATE

HOUSE FOR SALE IN LUBBOCK
MOVING TO LUBBOCK? Consider this beautiful custom built home-3bd, den w/fireplace, dining area, breakfast nook, 2 baths, 3 ceiling fans, new carpet & new floor covering in kitchen & guest bath. 1942 sq. ft. living space, double garage, on 1/2 acre lot with water well located outside city limits in North Terra Estates in the Frenship School District. No city taxes. 12'x16' storage bldg., built-in shelves, overhead lights, power outlets. Assumable VA loan, non-qualifying at 9% fixed rate. For more information Call 1-793-9223

4 bedroom, 1 3/4 bath at 217 Ironwood. Affordable & clean. 364-0700. 24588

For sale by owner duplex. Live rent free, one side, rent theother. Brick construction & very nice. Call 364-4730, evenings or weekends. 24621

For sale by owner. Assumable, non-qualifying, 409 Ave. G. 3-2-1, large living & kitchen area, new exterior paint, \$39,500.. 364-2808. 24644

2 BR, 2 bath mobile home outside city limits. Nice fenced yard. 2 additional hook-ups. Could be rented out. Don Tardy Company, 364-4561. 24678

Sharp 3 BR priced in the 20's. Ready to move into. Don C. Tardy Co. 364-4561. 24679

CROSSWORD

by THOMAS JOSEPH

ACROSS
 1 Publisher's concern
 6 Earth layer
 11 Loos or Ekberg
 12 Groucho's brother
 13 Subway rider
 15 Turf
 16 Loud cacophony
 17 Ram's mate
 18 Work the runway
 20 Farber novel
 23 Corbin Bernsen's series
 27 One, on ones
 28 Scrabble piece
 29 Polite refusal
 31 Man, for one
 32 Castro, e.g.
 34 Blue
 37 Bleach-erite
 38 Choose
 41 Stallone thriller
 44 To be of use
 45 Actor Nick
 46 Kitchen cooker
 47 Beatles' "Eight Days --"

DOWN
 1 Lad's sister
 2 Division word
 3 Boston Celtic immortal
 4 Greek vowel
 5 Peke or pom
 6 Designer Coco
 7 Cam-paigned
 8 Longing
 9 Spit out
 10 Ripped
 14 Stashed away
 18 Copy
 19 Classics language
 20 Closest star
 21 Lennon's wife
 22 City vehicle
 24 Sassy talk
 25 Pub brew
 26 Tie the knot
 30 Vex
 31 Split
 33 Scrooge cry
 34 Battle memento
 35 Edison's middle name
 36 Gorilla studier
 38 Gawk
 39 Baseball's Rose
 40 Journey
 42 Newton ingredient
 43 The present

IDEA LOBED
COURT INANE
INGER FORGE
NEE EKE NOD
GUNMAN BUDS
PEACETIME
GLEAN
TIMEPIECE
CUBA ALWAYS
AXE IDO BEE
VERBS RUBLE
IDIOM SPIED
LOANS SETS

Saturday's Answer

1	2	3	4	5	6	7	8	9	10
11							12		
13				14					
15			16				17		
			18				19		
20	21	22			23	24	25	26	
27							28		
29			30			31			
			32	33					
34	35	36		37			38	39	40
41			42				43		
44							45		
46							47		

8-10

STUMPED? For answers to today's crossword, call 1-900-454-7377! 99¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

5. HOMES FOR RENT

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Best deal in town, furnished 1 bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873

Moving Special. 2 bedroom, stove, fridge, water paid. 364-4370. 22671

Office bldg., on Highway 385, 2 offices, foyer, kitchen, restroom area, \$375/monthly. Call Realtor 364-7792. 23154

Paloma Lane apartment, 2 bedroom available, central air/heat, range furnished, water paid. 364-1255 9-5:30. M-F. 23229

Unfurnished 2 bedroom, carpeted, large utility room, 413 Barrett, 364-1917. 24597

Furnished apartment for rent. \$225.00/monthly with all bills paid. Call 364-4912 or 364-3876. Carpeted and clean. 24681

For rent: Lg. 3 bd-1 1/2 bath duplex, 1 Mile North of town, \$300.00/monthly. References required. Available now. 364-3029 leave message. 24683

8. HELP WANTED

Applications are now being accepted for potential employment in Programming and Production; and/or Advertising Sales, at KPAN AM/FM, Drawer 1757, Hereford, Tx. 79045. Interested applicants should submit resume, audition tape, previous work record and references to attention of Buddy Peeler at the above address. Female and minority applicants encouraged. EEO Employer.

Applications are being taken for school cafeteria workers. Apply in person. Must have proof of recent T.B. Test. Contact Christine Evans at the Hereford I.S.D. Administration Building at 136 Avenue F from 9-12 and 1-3 daily.

HELP WANTED
 COOK-Experience helpful. Apply at K-Bobs in person-215 S. 25 Mile Ave.

St. Anthony's School is taking applications for a pre-school teacher. Early Childhood Experience required. Send resumes to St. Anthony's School, 120 W. Park Hereford, Tx. 79045.

AG SALES

CAREER OPPORTUNITY

- TRADITIONAL
- BONUS
- LIBERAL
- WAREHOUSE
- TAKE A
- CALL
- HERE

Position For RN & LVN. Good benefit package. Competitive salary. Kings Manor Methodist Home, 400 Ranger Drive, Hereford, EOE. 23745

Hereford Care Center needs RN Director of Nurses, weekend RN, P.R.N. LVNs, medication aides. Apply 231 Kingwood. 23835

Now hiring for cleanup at Excel in Friona. Apply at TEC office. 24311

U.S. Postal and Government Jobs \$23.00/hour plus benefits. Now hiring! 1-800-935-0322, 24 hrs. 24545

Postal Jobs. Start \$11.41/hr + benefits. For application & info, call 1-(216) 324-7285 7am-10pm 7 days. 24599

Avon--Start your career now. No initial starting fee for a short time only. Flexible hours. 364-0899. 24602

Part time licensed beautician needed at Kings Manor Methodist Home, 400 Ranger, EOE. 24617

Part time help for welders/fabricators & helpers. Evening only. Apply Easley Trailer 8-5. 24622

NATIONAL PUBLISHING FIRM needs people to label postcards from home. \$800/wk. Set your own hours Call 1-900-740-7377 (\$1.49 min/18 yrs+) or Write: PASSE-480B, 161 S. Lincolnway, N. Aurora Il 60542. 24627

Teacher looking for special non-smoking someone to care for sweet 15 month old boy when school starts. Please call 364-5207. 24668

Wanted, full time stylist and Nail Tech., some following preferred, excellent walk-in rate, booth rent only. Apply in person at Francisco's. 24676.

WANTED
 full-time stylist and Nail Tech. some following preferred, excellent walk-in rate, booth rent only. Apply in person at Francisco's, 527 N. 25 Mile Ave.

9. CHILD CARE

KING'S MANOR METHODIST CHILD CARE
 *State Licensed
 *Qualified Staff
 Monday-Friday 6:00 am - 6:00 pm
 Drop-ins Welcome with advance notice
MARILYN BELL / DIRECTOR
 364-0861 • 400 RANGER

Christian child care provided in my home. Reasonable rates. One full-time, one part-time opening for school year. Call 364-6701. 22973

America's best legitimate advertising buy is still the local newspaper that is involved in your community. Junk mailers don't contribute a dime to the betterment of Hereford. They take and don't give back.

HEREFORD DAY CARE
 Offering an excellent program of learning and care for your children 0-12! State Licensed
 Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!
364-5062
 248 E. 16th

10. ANNOUNCEMENTS

Problem Pregnancy Center Center, 505 E. Park. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11. BUSINESS SERVICE

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120. Nights Call 289-5500. 14237

House painting. Interior or exterior. Very reasonable. Free estimates. Keith Kelso, 364-6489. 23185

Harvey's Lawn Mower Repair, tune ups, oil change, blade sharpening, etc. pickup-deliver, mow lawns, 705 South Main. 364-8413. 23806

Handy Man-I do clean up, painting, lawn mower repair, etc. Reasonable rates. Dwain Wheat, 364-5672. 24504

ROUND-UP
 Pipe-Wick Applicator
 Pipe-Wick Mounted On
 Hi-Boy. Row Crop,
 Volunteer Corn
 30" or 40" Rows
 Call Roy O'Brien
 265-3247

Use The Classifieds And Consider It
 USE THE CLASSIFIEDS TODAY

Classifieds

VACUUM WORLD

Authorized Sales & Repair, Kirby, Royal, Sharp and most other makes. Terms available. 25 years repair experience.

Bob Bridwell
609 E. Park Ave.
Suite D-364-9411

HOME MAINTENANCE

Repairs, Carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing. For free estimates call

TIM RILEY-364-6761

WINDMILL & DOMESTIC

Sales, Repair, Service
Gerald Parker,
258-7722
578-4646

Wintermore Rye Seed. Excellent choice for heavy winter grazing or haying. Call Evans Grain at Kress, Tx. (806)684-2710. 24592

Triticale Seed & wheat for sale. Clean & bagged. 364-0635 or 364-4374. 24596

For sale 4-year-old sorrell gelding. 364-7216. 24654

13. LOST & FOUND

Lost, childrens dog, knee high collie mix. Had vet tags & part of chain on collar when disappeared from 128 Texas on July 16th. Reward offered. Call 364-2179 or 364-0991 24555

LEGAL NOTICES

More than 900,000 copies of The Hereford Brand were distributed in 1992. If your advertising message was not included in many of these issues, you need to call Mauri Montgomery or Julius Bodner, 364-2030, and let them put together an advertising schedule to fit your budget.

Advertisement for Bids

Notice is hereby given that the Hereford I.S.D. will be accepting sealed bids until August 12, 1993. Bids will be opened at 9:00 a.m., in the Central administration office located at 136 Avenue F, Hereford, Texas, for the following:

1-1994 School Car
1-1994 Vocational Ag Pickup
Specifications and information may be obtained by contacting: Don Cumpton, Assistant Superintendent, at 136 Ave. F, 364-0606. The District reserves the right to reject any and all bids.

Advertisement For Bids

Notice is hereby given that the Hereford I.S.D. will be accepting sealed bids until August 12, 1993. Bids will be opened at 9:30 a.m., in the Central administration office located at 136 Avenue F, Hereford, Texas, for the following:

Carpet for High School Library
Specifications and information may be obtained by contacting: Don Cumpton, Assistant Superintendent, at 136 Ave. F, 364-0606. The District reserves the right to reject any and all bids.

Advertisement For Bids

Notice is hereby given that the Hereford I.S.D. will be accepting sealed bids until August 17, 1993. Bids will be opened at 9:00 a.m., in the Central administration office located at 136 Ave. F, Hereford, Texas, for the following:

Custodial Equipment, Cleaning Supplies & Chemicals, & Paper Goods.
Specifications and information may be obtained by contacting: Don Cumpton, Assistant Superintendent, at 136 Ave. F, 364-0606. The district reserves the right to reject any and all bids.

(Editor's Note: Here is Sunday's Cryptoquote, which was did not appear due to space constraints. The Brand regrets any inconvenience this may have caused.)

AXYDLBAAXR
is LONG FELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

8-7 CRYPTOQUOTE

K O D P A W B V X L Q O L V P Z
D P X N X L P K A O L M .
K P T P Q O B O X L O B N X S
W J J P W S O L M X L , L X K
N X S T X X C O L M W K . -

L X P T V X Y W S Z

Yesterday's Cryptoquote: I BELIEVE WE SHOULD ALL PAY OUR TAX BILL WITH A SMILE. I TRIED - BUT THEY WANTED CASH. - ANON

NEED HELP with Cryptoquotes? Call 1-900-420-0700! 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features Service, NYC.

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DAILY CRYPTOQUOTES - Here's how to work it:

AXYDLBAAXR
is LONG FELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

8-10 CRYPTOQUOTE

Q H B B V X H H Z M G C
N B C J L X Q L S L O Q L V
N B C J L V H Y Y R Z L S
J H R O S C J O M R G O L C Z H K
Y R Z L S H T G L S F C O M H R .

- X C B O L S X M R J Q L B B
Yesterday's Cryptoquote: THERE ARE THREE INGREDIENTS IN THE GOOD LIFE: LEARNING, EARNING AND YEARNING. - CHRISTOPHER MORLEY

NEED HELP with Cryptoquotes? Call 1-900-420-0700! 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features Service, NYC.

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Schlabs
Hysinger



SERVING
HEREFORD
SINCE 1979

1500 West Park Ave.

364-1281

Richard Schlabs

Steve Hysinger

Phone 364-1286 Each Trading Day After 5:30 P.M.
for Recorded Commodity Update

Prices effective Monday, August 9, 1993.

CATTLE FUTURES

Month	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Aug	87.37	89.30	88.95	87.15	85.90	84.60	83.30	82.00	80.70	79.40	78.10	76.80
Sept	87.22	88.35	87.45	85.70	84.40	83.10	81.80	80.50	79.20	77.90	76.60	75.30
Oct	87.20	87.50	86.70	84.90	83.60	82.30	81.00	79.70	78.40	77.10	75.80	74.50
Nov	87.15	87.00	85.70	83.90	82.60	81.30	80.00	78.70	77.40	76.10	74.80	73.50
Dec	86.70	86.85	85.40	83.60	82.30	81.00	79.70	78.40	77.10	75.80	74.50	73.20
Jan	84.70	84.75	84.65	83.55	82.45	81.35	80.25	79.15	78.05	76.95	75.85	74.75
Apr	84.47	84.47	84.30	83.45	82.55	81.65	80.75	79.85	78.95	78.05	77.15	76.25
Est vol 1.8M, vol Fri 2.2M, open int 14,771, +49												

GRAIN FUTURES

Month	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Aug	2.67	2.68	2.69	2.70	2.71	2.72	2.73	2.74	2.75	2.76	2.77	2.78
Sept	2.68	2.69	2.70	2.71	2.72	2.73	2.74	2.75	2.76	2.77	2.78	2.79
Oct	2.69	2.70	2.71	2.72	2.73	2.74	2.75	2.76	2.77	2.78	2.79	2.80
Nov	2.70	2.71	2.72	2.73	2.74	2.75	2.76	2.77	2.78	2.79	2.80	2.81
Dec	2.71	2.72	2.73	2.74	2.75	2.76	2.77	2.78	2.79	2.80	2.81	2.82
Jan	2.72	2.73	2.74	2.75	2.76	2.77	2.78	2.79	2.80	2.81	2.82	2.83
Apr	2.73	2.74	2.75	2.76	2.77	2.78	2.79	2.80	2.81	2.82	2.83	2.84
Est vol 90,000, vol Fri 1.5M, open int 34,728, +4,411												

METAL FUTURES

Month	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Aug	302.30	303.30	304.30	305.30	306.30	307.30	308.30	309.30	310.30	311.30	312.30	313.30
Sept	303.30	304.30	305.30	306.30	307.30	308.30	309.30	310.30	311.30	312.30	313.30	314.30
Oct	304.30	305.30	306.30	307.30	308.30	309.30	310.30	311.30	312.30	313.30	314.30	315.30
Nov	305.30	306.30	307.30	308.30	309.30	310.30	311.30	312.30	313.30	314.30	315.30	316.30
Dec	306.30	307.30	308.30	309.30	310.30	311.30	312.30	313.30	314.30	315.30	316.30	317.30
Jan	307.30	308.30	309.30	310.30	311.30	312.30	313.30	314.30	315.30	316.30	317.30	318.30
Apr	308.30	309.30	310.30	311.30	312.30	313.30	314.30	315.30	316.30	317.30	318.30	319.30
Est vol 3.0M, vol Fri 1.5M, open int 115,275, +1,043												

Month	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Aug	1.67	1.68	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78
Sept	1.68	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79
Oct	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80
Nov	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81
Dec	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81	1.82
Jan	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81	1.82	1.83
Apr	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81	1.82	1.83	1.84
Est vol 14,000, vol Fri 1.5M, open int 115,275, +1,043												

FUTURES OPTIONS

Month	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul
Aug	1.67	1.68	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78
Sept	1.68	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79
Oct	1.69	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80
Nov	1.70	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81
Dec	1.71	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81	1.82
Jan	1.72	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81	1.82	1.83
Apr	1.73	1.74	1.75	1.76	1.77	1.78	1.79	1.80	1.81	1.82	1.83	1.84
Est vol 3.0M, vol Fri 1.5M, open int 115,275, +1,043												

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Great fall fashions

New fall fashions provided by local merchants will be modeled during the Women's Division's style show, "Fall in Hereford Means Business," planned from noon until 1 p.m. Thursday at the Hereford Country Club. Tickets are priced at \$8 per person and may be purchased from participating merchants or at the Chamber of Commerce office, 701 N. Main St. Modeling from A Class Act are (from left) Tammy Williams wearing a two-piece hunter green pant set and Stephanie Gonzales attired in a brightly colored tailored jacket with Platezo skirt.

The sweet smell of prevention

By ROGER J. BULGER, M.D.

For cancer researchers and people the world over, the world over, the only discovery that would be greater than a cancer cure would be a cancer preventive. Rather than try to cure or remove a cancer after it has developed, it would be much more desirable to block the tumor from ever beginning to grow. Recent efforts to stem the rising rates of cancer have focused on changes in diet, recommending some foods, such as broccoli, cabbage and others high in fiber, and rejecting others, such as highly fatty foods and meat cured with nitrates. Recently, scientists have begun zeroing in on how some highly active components isolated from herbs and foods appear to help prevent cancer from getting started.

Researchers have shown that limonene, a component of the oil in orange peel, dill weed and caraway, can cause tumors to shrink or disappear in mice and rats that had been exposed to carcinogens. Moreover, limonene prevented additional tumors from forming. Unfortunately, limonene is harsh on the digestive tract. Further research with mice and rats has led to the discovery of perillyl alcohol, naturally occurring in lavender plants, that is easier to digest and may be as much as ten times more potent.

Limonene and perillyl alcohol appear to work in a variety of ways. In mice, they are broken down into substances which stimulate the liver to produce more enzymes that eliminate carcinogens. These breakdown substances also short-circuit the production of specific proteins that enhance tumor growth, and interfere with the cancer cells' ability to use energy efficiently. All three actions appear to contribute to limonene's and perillyl alcohol's anti-cancer action.

Ask Dr. Lamb

DEAR DR. LAMB: My 30-year-old daughter is on Accutane for the second time in five years. Both times she was pregnant she developed terrible acne. The pustules on her face are enormous and ugly red in color.

Her dermatologist said this was the last time she could take Accutane because it caused calcium deposits in the spinal column. He said her condition is the result of a hormone imbalance. Is there any way to treat hormone imbalance without Accutane? It worries me, because she will be on the drug for five months. Fortunately, she doesn't plan on any more children, but isn't it possible to have a hormone imbalance and not be pregnant?

DEAR READER: An increase in skeletal bone, which can include the spine, has been reported from Accutane. Whether it is important in your daughter's case might depend on what evidence of bone overgrowth she has, if any.

That is just one of many complications that can occur from the use of Accutane. It causes extreme drying of the skin, raises cholesterol levels — which return to normal after treatment — and even can cause false indications of a brain tumor. No wonder it is used only in extreme cases of acne.

Accutane should NEVER be used during pregnancy or by anyone who might become pregnant. Young girls need to know this and never "borrow" their friend's medicine. A high percentage of women who do take Accutane during pregnancy will have babies with serious congenital defects. I'm sure your daughter's doctor has explained this to her, so there will be no risk of her getting pregnant while being treated.

I'm sending you a copy of Special Report 100, Acne and Rosacea, for additional information. Others who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LETTER/100, P.O. Box 5537, Riverton, NJ 08077-5537.

There are other less severe ways of treating acne which are discussed in the report I am sending you. Tetracyclines, commonly used for treatment, cannot be used during pregnancy because they may discolor the baby's tooth enamel.

Accutane doesn't treat a hormone imbalance. There is some evidence that excess progesterone may increase acne, and that can influence what type of oral contraceptive a woman uses.

DEAR DR. LAMB: My mother-in-law said she saw an article in the paper where you said no one should take Sudafed. I questioned her and she said that you had another article saying the same thing a while back. My doctor said for me to take Sudafed when I fly because I get terrible pains in my ears when we are in the air and when we descend. With Sudafed, I do not get the pain. Is it safe to take

Sudafed when I fly?

DEAR READER: Your mother-in-law has confused the facts. She has read about the problem of Sudafed in MEN who have trouble urinating from an enlarged prostate gland. As a female, you do not have to worry about that problem. Men who do have prostate enlargement, particularly if they have some symptoms of difficulty in urination, are apt to find they cannot urinate at all if they take Sudafed. When the effects of the

medicine wears off, they return to the previous state, but meanwhile, it can be quite a problem.

There is no reason you could not take Sudafed to clear your nasal passages for flying. Open passages help to prevent unequal barometric pressure against the eardrums, which is the cause of the pain.

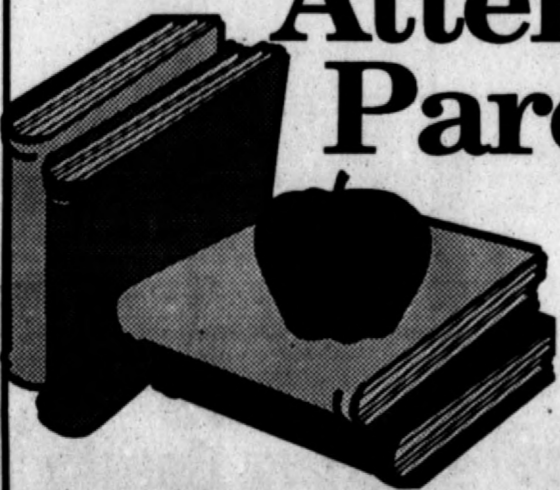
According to the much quoted anonymous, "Success is a journey, not a destination."



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