

The Hereford Brand

Hustlin' Hereford, home of Elmer Carlson

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12 Pages

25 Cents

Elderly fear effects from health reform

By CHRISTOPHER CONNELL
Associated Press Writer

WASHINGTON (AP) - The White House is trying to calm fears among the elderly that Medicare and Medicaid are being singled out unfairly to subsidize President Clinton's health reform plan.

Senior citizen groups have expressed alarm at reports that Clinton's health advisers are eyeing Medicare and Medicaid for anywhere from \$100 billion to \$240 billion in savings over the next five years.

Administration officials have said privately they are counting on tens of billions of dollars in savings from Medicare and Medicaid to help pay for coverage of the nation's 37 million uninsured.

But in a statement issued by its health reform office, the White House said, "Anticipated savings in the Medicare and Medicaid programs ... will come from restraining the growth of all health spending, private as well as public."

"It is wrong to imply that President Clinton would make inappropriate or indefensible cuts in Medicare and Medicaid to pay for health care reform," Health and Human Services Secretary Donna E. Shalala said in the statement.

Medicare covers the nation's 31 million elderly and 4 million disabled workers. Medicaid covers 31 million poor people.

Clinton met Tuesday and again

Wednesday with senior health advisers as he strives to make "the final decisions on the health care plan," White House Press Secretary Dee Dee Myers said.

The Washington Post reported today that Clinton decided against proposing either mandatory or voluntary price controls on health-care costs. Instead, he will propose government monitoring to prevent profiteering, the newspaper said, quoting unidentified White House officials.

Clinton and his aides also decided that the only new tax to finance his health-care package would be on cigarettes and possibly liquor, the Post reported. The tax on cigarettes would range from 50 cents to 75 cents a pack.

Clinton intends to address a joint session of Congress in three weeks on his health reform plans, but may reveal beforehand how he intends to pay for the reforms and other key details, aides said.

The Post reported Wednesday that Clinton's advisers had concluded they can redirect from \$180 billion to \$240 billion from Medicare and Medicaid over the next five years to pay for reforms. The two programs now cost the federal government more than \$220 billion annually.

Medicare took a bigger hit in the deficit-reduction bill enacted last month than any other program: \$56

billion over five years.

Rep. Pete Stark, D-Calif., the chairman of the House Ways and Means health subcommittee, warned on Wednesday, "Further, massive Medicare and Medicaid cuts without reform of the entire health care system will harm these two key programs and fuel inflation in the rest of the health care system."

But Stark said he supports caps on public and private health care expenditures.

The White House said its reform plan will not shift costs onto the private sector because "for the first time all health spending - public and private - will be placed under the discipline of a budget." It offered no explanation of how that will be enforced.

It said Clinton will seek to expand Medicare to pay for prescription drugs and home- and community-based long-term care. "The expected savings in Medicare will be rechanneled into those new benefits," it said.

Expanded coverage of the uninsured "will replace a portion of current Medicaid program spending. Tens of millions of new, paying patients will reduce providers' reliance on often inadequate Medicare and Medicaid reimbursements, allowing room for program savings," the White House said.

Herd opens season here Friday



1993 Herd football captains

The captains of the 1993 Hereford football team--clockwise from top left: Ben Celaya, Mark Kuper, Gabriel Medrano, Andrew Tijerina and Chad Carlile--will lead the Herd into the season opener with Tascosa at 7:30 p.m. Friday at Whiteface Stadium. See story, Page 6.

Outcome of cable law different from intent

WASHINGTON (AP) - It wasn't supposed to happen this way. New cable television rates are increasing for the very people lawmakers were trying to help. The sponsor of the legislation isn't happy.

"I am particularly concerned with the reported plans of some cable operators to raise their prices for the most basic service and equipment while the rates for more expensive services are being reduced," said Rep. Edward Markey, D-Mass.

"This would turn the cable act on its head," he said in a letter to the Federal Communications Commission released Wednesday that calls upon the FCC to carefully monitor those companies that are raising rates.

"This is something that was not expected," said Florence Setzer, an FCC economist. She assured that the FCC would be tinkering with its rate formulas.

The FCC is braced for complaints and is hiring more than 200 staff specifically to enforce the cable rules.

Markey's office says the FCC and cable executives will be asked to

appear for a hearing before his House Energy and Commerce telecommunications subcommittee soon after Congress reconvenes next week.

"Nobody's cable bill should be going up unless they get more services," Markey said.

But in Tucson, Ariz., for example, while the bulk of CableVision customers will see a dip in their rates, the approximately 3,200 mostly senior-citizen, fixed income viewers who get basic service will pay \$12.39 a month instead of the \$7.95 they had been charged.

The problem is in the FCC regulations, not the law, said Markey's office.

The FCC set certain benchmark prices for cable companies, based on number of subscribers. Companies that charged more than the prescribed amount had to reduce prices by 10 percent or down to the benchmark, whichever was the lesser cut.

Companies also were ordered to reduce prices for equipment, like remote controls and converter boxes, to just over their cost.

Income from programming and equipment was considered separate, but as companies started to implement the rules this week, it became clear that high profits on remote controls, converter boxes and multiple hookups had long been used to offset lower or negligible profits on programming.

Markey is advising consumers to complain to authorities if their bills for September cable service seem excessively high.

Each local government's franchising agency has authority over "basic cable" - that's over-the-air broadcast stations and government, education and public access channels.

Subscribers should write the FCC about the cost of other tiers of service and equipment. The first step is to get the proper complaint form from the commission.

FCC complaint forms can be obtained by writing: Federal Communications Commission, Cable Form Request 329, P.O. Box 18238, Washington, D.C. 20036.

Prison system director to step down after six years

HOUSTON (AP) - James Lynaugh, the embattled head of the Texas prison system will step down this month to pursue other interests, officials say.

After six years at the helm as executive director, Lynaugh, 53 has decided to call it quits.

"He has not submitted a formal resignation to the board, but he has indicated to me he plans to submit his resignation to the board in September," Allan B. Polunsky, the board's secretary-treasurer, said.

The board's next formal meeting is Sept. 17 on South Padre Island.

Lynaugh, who took over the prison system during the Republican administration of then-Gov. Bill Clements, had seen his support on the Texas Board of Criminal Justice erode as GOP appointees were succeeded by Democrats named by Gov. Ann Richards.

Lynaugh had no immediate comment, but Texas Department of Criminal Justice spokesman David

Nunnelee in Huntsville said the prison chief, who is paid \$94,400 annually, would be taking a job with the University of Texas Medical Branch as head of its fiscal department for criminal justice managed health care. His resignation likely will be effective in mid-October.

"He probably has burned himself out with all of the controversy that has been revolving around this position," Polunsky said. "Under the best of conditions, this is not an easy job."

In July, the board, after a two-hour closed-door meeting, set aside a motion to fire Lynaugh. Chairman Carol Vance said at the time that Lynaugh had been offered a demotion so he could retain his retirement benefits.

Vance also said he had enough votes on the board to oust Lynaugh. Lynaugh emerged from the July session saying the board had some concerns and that he had addressed them, although neither he nor Vance

would elaborate.

Contacted Wednesday, Vance said Lynaugh's decision came as a shock.

"It was a surprise to me and certainly did not come as a result of anything connected with the board," Vance said. "After our last meeting in July, I think the board and Jim Lynaugh were enjoying a good relationship and he was doing a good job. I'm sad to see him leave."

Polunsky, reached at his office in San Antonio, said Lynaugh indicated he would like to remain with the department through October.

Richards, in Austin Wednesday, said his departure would provide an opportunity to examine the prison system.

Drivers urged to be careful this weekend

Labor Day weekend is a sure sign of things to come -- including the end of summer and the last three-day weekend before cooler weather sets in.

The Texas Department of Public Safety anticipates a large number of Texas motorists will take advantage of an extra day off to make that one last summer trip. This means Texas drivers will be sharing the roadways with more vehicles, more miles being driven than usual, by drivers who are probably more tired than usual.

Even though safety officials remain optimistic that this can be a safer Labor Day holiday, they realize that people will die needlessly on the state's highways during this period.

The tragic part of our traffic fatality picture is the fact that most of these accidents are caused by driver error and are preventable.

This underlines the importance of obeying all traffic laws at all times when we drive.

Studies have shown that when a traffic law is violated, property damage, injury and even death will many times be the result.

The Department of Public Safety reminds Texas drivers to do their part in making this a safe holiday by remaining alert, adjusting speed to match existing road conditions, avoiding the use of alcohol and always using safety belts, no matter how short the trip.



Keeping the way safe

Juanita Vasquez, crossing guard at Shirley Intermediate School, holds up traffic Thursday morning for a student to cross Avenue H safely. Vasquez has manned the corner of Avenue H and Grand for three years now, helping students get to school on time and in one piece. Motorists are reminded that, with classes in session, speed limits around schools are reduced and children will be walking along streets and crossing roadways in the mornings and afternoon. Hereford police also will give citations to people caught speeding in school zones.

324,000 jobless last week Unemployment figure sitting at four-year low

WASHINGTON (AP) - The number of Americans filing first-time claims for jobless benefits fell by 7,000 last week, the government said today, and a closely watched unemployment indicator remained at a four-year low.

The Labor Department said new applications for unemployment insurance totaled 324,000, down from a revised 331,000 filed during the week ended Aug. 21 and matching the level reached during the week ended Aug. 14.

The 324,000 figure was the lowest since new claims totaled 321,000 during the week ended Feb. 6. Claims initially were estimated to have risen to 332,000 during the week ended Aug. 21.

Many economists had predicted in advance of the report that applications last week would be little changed. Initial claims have remained below 350,000 for most of the summer.

The less-volatile four-week moving average of jobless claims, which analysts prefer to track because it more accurately reflects the labor situation, also fell.

The average totaled 327,500, down 3,750 from 331,250 during the period ended Aug. 21. It was the lowest level since the average was 327,250 during the period ended Sept. 30, 1989.

The Labor report also said 28,125 applications were filed under a federal emergency unemployment program during the week ended Aug. 21, down from 33,107 during the previous week.

Thirty-seven states and territories had decreases in regular claims during the week ended Aug. 21 and 16 reported increases.

States with the biggest declines were Michigan, 1,768; California, 1,570; Tennessee, 855; Missouri, 817; and Kentucky, 746.

States or territories with the largest increases were Puerto Rico, up 3,465 because of layoffs in the food processing industry; South Carolina, 877; Texas, 663; Pennsylvania, 511; and Massachusetts, 314.

SEPTEMBER 2 1993

Local Roundup

Sunny and cooler Friday

Hereford recorded a high of 86 Wednesday and a low of 62 this morning, KPAN reported. The weather bureau forecast calls for partly cloudy this evening, then clear. Low in the mid 50s. North wind 15-20 mph and gusty in the evening then decreasing to 10-15 mph. Friday, sunny and cooler. High in the upper 70s. North east wind 5-15 mph. Outlook for Labor Day weekend, mostly sunny days and clear nights. Lows in the mid to upper 50s. Highs near 80 to the mid 80s.

News Digest

World/Nation

WASHINGTON - The Clinton administration's blueprint for a military of the late 1990s puts unusual emphasis on non-war missions for the nation's warriors.

WASHINGTON - The White House is trying to calm fears among the elderly that Medicare and Medicaid are being singled out unfairly to subsidize President Clinton's health reform plan.

WASHINGTON - It wasn't supposed to happen this way. New cable television rates are increasing for the very people lawmakers were trying to help, and the sponsor of the legislation isn't happy.

JERUSALEM - Israeli judges are expected to rule today whether to convene a higher panel so John Demjanjuk can again stand trial for war crimes or to let the deportation proceed for Demjanjuk's return to the United States.

WASHINGTON - For a fleeting moment, peace was a possibility in Bosnia. But now the talk has returned to war and, once again, the United States is threatening the use of air power against the Serbs.

State

UVALDE - Convicted child killer Raul Meza, the object of scorn in cities across Texas, is back in jail after a feud with the grandparents who were letting him live with them.

HOUSTON - James Lynaugh, the embattled head of the Texas prison system will step down this month to pursue other interests, officials say.

AUSTIN - Attorneys for U.S. Sen. Kay Bailey Hutchison say she no longer will agree to testify before a grand jury looking into possible wrongdoing at the state Treasury because the Travis County district attorney's office is mishandling the case.

HOUSTON - A man who launched a campaign to chase drug dealers out of his neighborhood was shot to death in his front yard by an angry drug dealer, police say.

WASHINGTON - Energy Secretary Hazel O'Leary has directed her staff to develop a new cost estimate for the super collider by next spring, taking into account the Clinton administration's plan to delay completion of the giant atom smasher by three years.

FORT WORTH - American Airlines, whose parent company has lost more than \$1 billion since 1990, expects to lay off several hundred managers and office staff this year.

DALLAS - Consideration of the pending North American Free Trade Agreement represents "a very crucial time for Texas," U.S. Senator Kay Bailey Hutchison has said in urging support for the treaty.

CARTHAGE - Republicans say that Gov. Ann Richards' "capital for a day" program is an early start for her 1994 re-election campaign at taxpayers expense.

Business satisfies thirst of customers

AMARILLO, Texas (AP) - You say you're thirsty for a beer but there's none in the kitchen? Call 372-FAST.

Beer Run Express, a business three bachelors started last month, delivers cold brews to a customer's front door. Couch potatoes can order cigarettes and pizza, too.

"We're basically a convenience store on wheels," said Charles Morgan, who came up with the idea during a pizza binge in front of his TV set. Morgan contends the business has a social mission, too.

"I thought, there's gotta be a way to cut down on those (drunken drivers) and make a nickel at it at the same time."

The convenience costs a little extra.

Beer Run Express delivers only 12-packs priced from \$6.99 to \$9.99. That's about a 50 percent markup, Morgan said, but it pays for most delivery costs. Another dollar is charged for delivery, Morgan said.

Co-owner Tom Redding said the extra cost could prevent a lot of trouble later if it stops a drunk from getting behind the wheel.

"The \$3.50 you may save by driving to the convenience store is gone in a flash," Redding said.

The stickiest business start-up issue, to the Texas Alcoholic Beverage Commission, was figuring out where the point-of-sale occurs. When Morgan contacted the state agency, he said, officials had never heard of a business that focused on beer delivery.

People who live in Amarillo's "wet" parts of town can place an order by calling 372-FAST. Officials debated whether that call is the sale, or if the transaction is made when the customer pays.

TABC finally decided the point-of-sale occurs when the cash changes hands and customers show identification proving they meet the legal drinking age of 21.

Beer Run Express keeps its stock at a Central Amarillo storefront that remains unmarked because the owners don't want to make beer sales from their office.



AUSTIN, Texas (AP) - Here are results of Lotto Texas winning numbers drawn Wednesday by the Texas Lottery:

3-27-32-40-41-46
(three, twenty-seven, thirty-two, forty, forty-one, forty-six)
Estimated Lotto Texas jackpot: \$16 million

'Hundreds' to get pink slip by airline

\$1 billion loss in three years blamed for layoffs

FORT WORTH, Texas (AP) - American Airlines, whose parent company has lost more than \$1 billion since 1990, says it expects to lay off several hundred managers and office staff this year.

Officials at American said Wednesday that the exact number of layoffs will not be known for several weeks, but probably will likely exceed the 665 managers laid off last year, the company said.

The Fort Worth-based carrier cut 1,700 jobs earlier this year.

Company spokesman Al Becker said it will remain unclear how many managers will lose their jobs until the company is further along in its budget process.

Because some of the 665 managers cut last year found positions elsewhere in the company later, about

450 actually lost their jobs, Becker said.

Additionally, Becker said, in the past year American cut about 400 building cleaners and fleet service clerks, 412 mechanics, 95 ground instructors, 59 pilots and about 300 agents.

Becker said American Airlines now employs about 98,000 people, while American's parent company AMR Corp. has 116,000 workers.

AMR has reported more than \$1.3 billion in losses since Oct. 1, 1990, and has been struggling to return to consistent profits. The company said in July that it earned \$47 million in the second quarter.

"Because of continuing unsatisfactory earnings within American Airlines and as a result of the need to continue to reduce our costs, we have

announced today the need to lay off additional management specialists and support staff employees by the end of this year," Becker said.

As AMR works to slim the carrier and focus on its more profitable non-airline businesses, officials also confirmed that the company is studying whether some divisions could be spun off into separate companies.

"This is extremely speculative," American spokesman John Hotard said.

The new public companies could include an airline unit, including American and the American Eagle commuter airlines; a technology unit, mainly made up of AMR's Sabre Technology Group; and an aviation services group including AMR Services Corp.

In a memo to AMR employees Wednesday, the company downplayed the idea's significance.

"It is true that senior management is constantly searching for ways to enhance shareholder value and that it has, and will continue, to study organizational options," the memo said.

For employees losing jobs in the layoffs, American said it will offer severance packages similar to those of 1992, including job placement workshops and assistance.

"It's a step we take with great regret," Becker said. "We're disappointed that we have to do this, but we really have no choice but to downsize the company and reduce our expenses in order to find a way to restore this company to long-term profitability."



Rock and roll winners honored

Winners of the recent Rock and Roll Jamboree, sponsored by the local chapter of the American Heart Association, were honored this week. Rocking chair participants were from King's Manor, Hereford Senior Citizens, and Hereford Care Center. In the photo above, board member Mark Collier presents plaques to Zoila Gutierrez and Dorothy Collier, Senior Center volunteers who raised the most funds. In the bottom photo, Heart board member Charlotte Mordersitzki presents a plaque to Brenda Blacksher, Hereford Care Center, and Rita Bell presents a plaque to King's Manor representative Lisa Albair.



Governor gives advice to new agency

AUSTIN (AP) - Gov. Ann Richards has some advice for employees of Texas' new environmental super agency about dealing with criticism they're already getting: Consider the source.

"Pay attention to who's talking," she told about 1,800 employees of the Texas Natural Resource Conservation Commission, formed Wednesday by the merger of the state Water Commission and Air Control Board.

"If it is someone that truly knows something, then pay attention. But if it is ... nothing more than a gadfly that wants to get their name in the paper, ignore it, and go on about your business."

Soon after she made those remarks, Rick Abraham of Texans United was expressing "serious concerns" about the new agency. The environmental group has opposed some permits granted by the state to businesses.

"Our major concern is you basically have the same people running the new agency who've done a poor job running the old one," Abraham said.

Earlier, the Texas Public Policy Foundation, a conservative think tank, raised concerns that the agency's size would prove a burden and that its agenda could be politically directed.

But Richards praised the work the employees have done in the past and told them, "This is your chance literally to keep the best of what works and to move forward with what can work better."

Officials said the new agency is one of the largest in the country with 2,400 employees. Many of the workers took time out during the super-agency's first day to hear from Richards and other officials.

"We've proven ... it does not have to be a conflict between a clean environment and a strong economy," Richards said.

"I believe that you know that a sound environment is essential to really good business, and I want the Texas Natural Resource Conservation Commission to begin with that ideal."

The workers were called upon by the chairman of the agency's governing board, John Hall, to protect Texans from environmental problems with "the urgency and aggressiveness we would expect to see if our own neighborhood and our own family were exposed."

But Hall also emphasized the need to work with business.

Among the plans he listed for the agency: "Strike teams" of technical

workers in each major Texas region that can conduct quick inspections and appraisals of environmental hazards pointed out by local people.

- An expanded, around-the-clock system for people to report environmental concerns.

- An abundance of meetings around Texas to review the state of the environment and develop plans to improve it.

- A review of program requirements to see if the financial effect on small business can be reduced and more flexibility allowed for companies and cities, while reducing pollution.

- An expansion of technical assistance programs for businesses and cities.

Merger of the Water Commission and Air Control Board was ordered by a 1991 law. The Water Commission earlier assumed from the Health Department the oversight of public drinking water, solid waste and hazardous waste regulation.

The Natural Resource Conservation Commission, which also will handle preventing and stopping water and air pollution, is expected to grow to 3,000 employees as it meets federal clean air requirements.

The new commission is overseen by what was the three-member Texas Water Commission, headed by Hall.

Richards gets wish: now legal for cycling

AUSTIN (AP) - Gov. Ann Richards got her 60th birthday wish: a motorcycle license.

But she's going to wait to use it. "I'm not going to be riding around town in traffic. I want to go out in the country. I want to ride around on the back roads," she said Wednesday.

When she's ready to hit the road, she'll have some accessories provided by Vice President Al Gore. He sent her birthday gifts of black leather riding gloves and sunglasses.

Richards' birthday celebration also included a "Happy Birthday" serenade from about 1,800 state employees, and cake with her staff.

Last year, the governor casually mentioned that she would like to get her motorcycle license by her 60th birthday.

A short time later, Harley-Davidson presented her with a pearl white cycle decorated with the Texas flag. To keep from violating ethics laws, she gave the bike to the Department of Public Safety.

But she and her press secretary, Bill Cryer, took motorcycle driving lessons this summer from the DPS.

"There's something about turning that throttle up, turning your head and watching that machine go wii' you," she said. "You feel as if the machine itself is a sort of extension of you."

Earlier this week, she and Cryer passed the written examination. Richards said she plans to complete her DPS safety training when it gets cooler.

Richards waited in line for about 10 minutes to get her license at a DPS drivers license building in north Austin.

Earlier, Richards was serenaded by state employees attending an assembly of the new environmental agency formed by the merger of the Texas Water Commission and Texas Air Control Board.

After getting her motorcycle license, Richards said, "It's a silly thing to set a goal like getting your motorcycle license, but it really is something I've always wanted to do. It seemed totally appropriate in the sort of old-dog-new-tricks mode. It says to anyone that if you want to do it you can do it even when you're 60 years old."

The other members are Pam Reed and Peggy Garner. Richards on Wednesday announced the appointment of Garner, whose water commission term had expired, to the new board. The appointment is subject to Senate confirmation.

PATIENTS IN HOSPITAL
Rebecca Burfield, Mary Crump, Annie Dobbins, Romie Fults, Eugene Loerwald, Jud P. Neighbors, Thelma Osman, Inf. Boy Reed, Shala Reed, Gregoria Roman.

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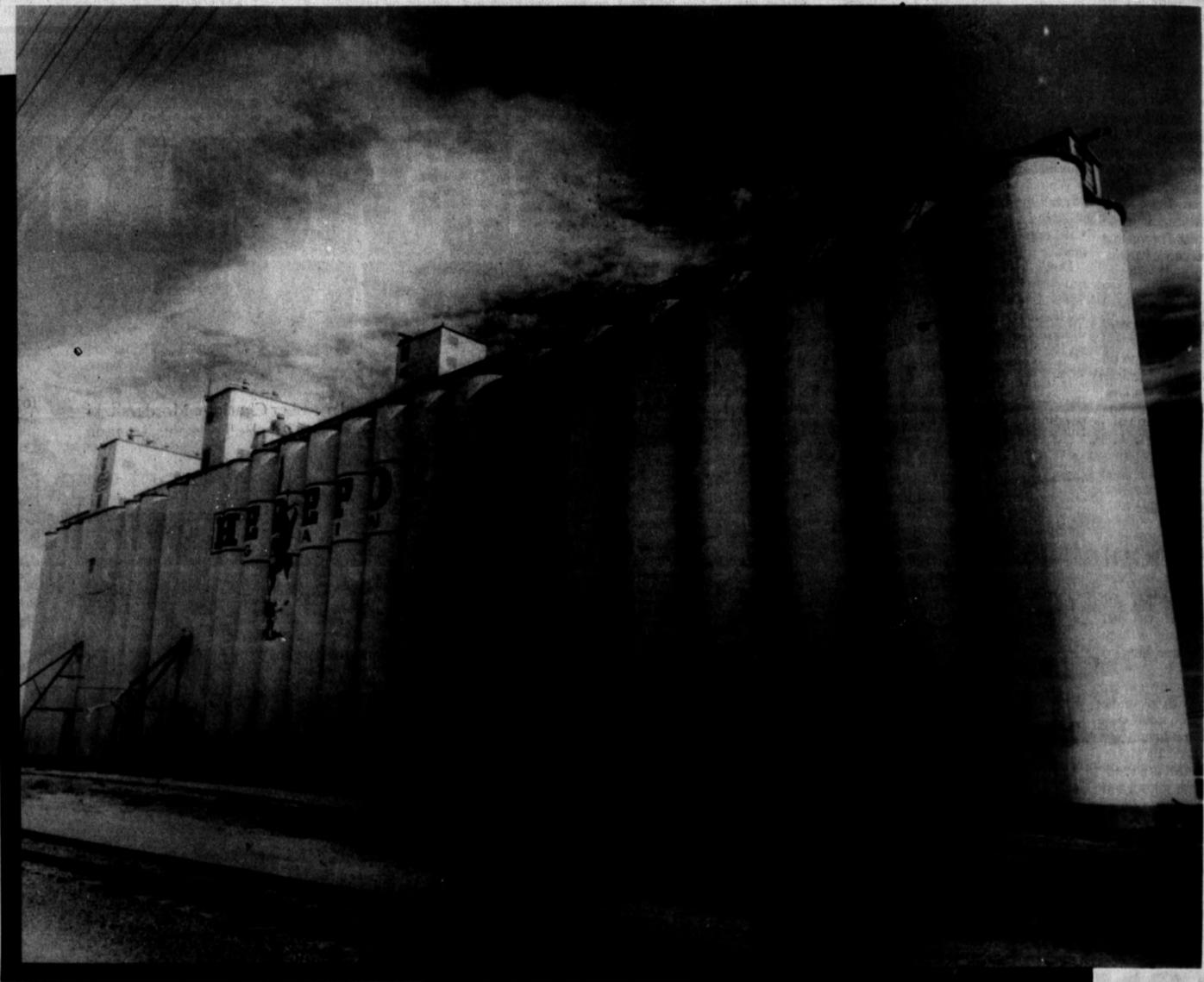


Here are excerpts from Thursday's Hereford Police Department daily activity report:

- A 23-year-old male was arrested on county warrants.
- Criminal mischief was reported in the 400 block of Sycamore, where a house window was broken, and in the 800 block of East Third, where a scratch mark was found on a vehicle.
- Assault was reported in the 700 block of Avenue H and in the 800 block of Irving.
- Dog running loose was reported in the 600 block of 15th Street.
- Theft of license plate was reported in the 400 block of Avenue D.
- Disorderly conduct was reported in the 100 block of Avenue A.
- Domestic disturbance was reported in the 400 block of Avenue B.
- A report in reference to child custody was filed in the 800 block of East Third.
- Trespassing was reported in the 200 block of Norton.
- A report was filed in the 600 block of Irving about a person offering the complainant's child a ride to school.
- Officers issued nine citations.
- There was one accident and no fire calls.

80 Bushels & 3 Bushels

of determination and progressive leadership helped make Hereford Grain Corp. a reality June 1, 1953 when a grain elevator in east Hereford was purchased as a farmer-owned cooperative elevator.



Now 40 years later, the grain cooperative employs about 30 people and has a total capacity of about 15 million bushels with 11 different locations, and in addition has feed, seed and fertilizer departments.

Congratulations On Your 40th Anniversary,
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this community and surrounding areas.



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Lifestyles

Tips on walking to better health

More than 70 million people, including a rapidly increasing number of young people, walk for exercise. This comes on the heels of a government recommendation that adult Americans engage in 30 minutes of moderate activity - the equivalent of walking three to four miles an hour - at least five days a week.

Walking for fitness burns more calories than swimming, tennis, golf or even low impact aerobics. A brisk walk 4 1/2 miles in one hour uses up 288 calories for every 100 pounds of body weight. Swimming or beginner's tennis, by comparison, use only 192 calories per 100 pounds.

All you need to get started are the right shoes. They probably are not the sneakers tucked away in the back of your closet. Nor your running shoes which lack the necessary flexibility. For comfort, flexibility and support, you need walking shoes.

A leading consumer rating magazine has just named the Avia 382 walking shoe for women #1 in comparison tests of 18 leading brands. The criteria used in the magazine's testing might serve as a good guide for you when you choose walking shoes.

The Avia shoe was rated #1 for overall quality based on shock absorption, support, flexibility and weight. The 59 women walkers who participated in the test also checked for cushioning, stability and durability.

When shopping for a walking shoe, be sure the shoes fit properly. Shop later in the day when your feet are their largest size. Look for a brand that comes in the width you need: narrow, medium or wide.

Don't expect to be able to do 4 1/2 miles an hour your first day out. It may take a few weeks to get up to speed. In your first week you might walk two miles in one hour. When you can do that with ease, increase your goal.

To get more from your walking workout, you might want to try one

or more of the following:

-Increase speed by taking shorter, quicker steps, with arms at a 90 degree angle.

-Walk up a hill
-Walk backwards
-Wear a weighted vest
-Add some jogging to your walking

Walking shoe sales have increased 173 percent in the last five years and the number of walkers has increased 34 percent. It is a trend with growing appeal for young people. One-third are under 35.

What matters most is that you stick to it. You'll begin to feel good right away, and you'll feel great once you're moving along at the speed goal you have set for yourself. Don't waste another moment. Start your walking program today.

Hints from Heloise

Dear Heloise: I have some figurines that are dirty and need to be cleaned up.

What is the best way to clean them? My neighbor said to use ammonia or chlorine bleach, but I'm afraid this will harm them. What do you suggest? — A Collector, Cibojo, Texas

Don't do it! We called a figurine museum and they said to use a mild dishwashing soap, never ammonia or bleach. Gently wipe away the dust and dirt. If the grime has been on the figurines for several years, it may be difficult to remove.

If the figurines are valuable, you need to use extreme caution in cleaning them so that you don't devalue them.

Also, don't immerse the figurines in water. Many of them have holes in the bottom that could fill with water, ruining your collectible.

So, take a few minutes to dust and damp wipe them often to avoid heavy cleaning. — Heloise

SEND A GREAT HINT TO:

Heloise
PO Box 795000
San Antonio TX 78279-5000
or fax it to 210-HELOISE

FAST FACTS

Five handy reuses of film canisters:

- Store stamps in them.
- Use for loose change.
- Make into a first-aid kit.
- Keep sewing supplies in them.
- Keep pierced earrings studs in one. This is especially handy for travel.

True happiness is man's own creation--by making one's emotions independent of one's fate.



DR. AND MRS. C.E. RUSH
... to celebrate anniversary

Banish the odor of fish from cooking and cleaning utensils by rinsing in vinegar water.

Open house to honor couple's anniversary

Former longtime residents of Hereford, Dr. and Mrs. C.E. Rush, will celebrate 50 years of marriage at an open house Sunday in the Hereford Senior Citizens Center.

Friends are invited to call between 2 p.m. and 4 p.m.

Rush and the former Doris Trogdon were married on Oct. 30, 1943, in San Francisco. They came to Hereford in 1961 and he practiced medicine.

They belonged to First Christian Church in Hereford and Mrs. Rush was active in the Deaf Smith County Red Cross. She was a swimming instructor for the Red Cross for a number of years.

The couple moved to Rockdale in 1989.

Hosting the reception Sunday will be their children, Lani Long of Hereford, Dr. Rosalind Rush Dees of St. Louis, Mo., Shelley Burelsmith of Lubbock, Santry Rush of Pflugerville and Dana Rush of Bastrop. There are 11 grandchildren in the family.

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Barrett attending military school

Brian W. Barrett, son of Mr. and Mrs. Robert L. Barrett of 301 Douglas, has enrolled as a high school sophomore at New Mexico Military Institute.

Barrett is among 446 new cadets who started classes this week following a week of intensive orientation and instruction in military courtesy, discipline and drill.

Founded in 1891, NMMI is a state-supported four-year high school and two-year junior college with an enrollment of about 900. The corps of cadets each year represents from 40-45 states and as many as 109 foreign countries.

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It strikes more than one hundred thousand Americans every week, most of them children. Excluding the common cold, it is more widespread than all other childhood communicable diseases combined.

It's head lice and no human head is immune.

Head lice can be spread in virtually any environment—schools, day-care centers, even private homes.

While it can strike anyone of any age, it is most common among preschool and elementary school children and it occurs most often during the school year when many children are together.

An early indication of head lice is a child who complains of an itchy scalp, especially behind the ears and at the back of the neck. Using good natural light, part the hair and look carefully at the scalp and the bottom of the hair strands. If you don't notice the actual lice, you may see the eggs, or nits, attached to the hairs.

If you do detect head lice or nits, do not panic, and don't expect to remove them with ordinary washing or brushing. There are medicines available without a doctor's prescription that should eliminate the problem. Parents should read the medicine label carefully, follow all instructions and talk to their doctor or health professional if they have any questions.

In addition to treatment with a nonprescription, over-the-counter medicine, you should also notify your child's school, school nurse and everyone with whom your child has come in close contact so they can check for the problem and treat it if necessary. Remember, your child got it from someone else and may have spread it to others.

If you notice swollen lymph glands in your child's neck or under the arms, or if bites or scratch marks can be seen, talk to a doctor. There may be an infection.

LOS ANGELES (AP) - A judge refused to throw out a lawsuit that claims Whoopi Goldberg backed out of a promise to star in a movie with a dinosaur named Theodore Rex.

Superior Court Judge Stephen Lachs rejected Miss Goldberg's motion Friday to dismiss the lawsuit, said the actress' attorney, Gerald Edelstein. Trial is set for Sept. 27.

Miss Goldberg and the movie's production company, T. Rex Productions Inc., sued each other March 8 after negotiations over the film broke down. The company claims Miss Goldberg was set to appear in the buddy cop movie, with the dinosaur as her partner.

T. Rex said Miss Goldberg agreed to make the movie for \$5 million and a percentage of the profits. T. Rex is seeking damages of more than \$20 million.

Miss Goldberg says she never agreed to do the film.

Butterflies and locusts can fly continuously for well over 100 miles on the food energy stored in their bodies.

Ann Landers

DEAR READERS: The following essay appeared in my column several years ago. A reader who had read it in the Muskogee (Okla.) Daily Phoenix sent it to me saying it had changed his life and perhaps it could save others. He asked me to run it again, and I do so with pleasure. Here it is:

Take Heed, Fellow Fools

I am a young man who has spent the past seven years about to go to jail, in jail, or getting out of jail. My dad told me when I first began to rebel (my rebellion was, of course, toward my parents, school and anyone in authority) that I should read "Proverbs, the wisdom of Solomon." Of course, I laughed.

Being a fool (age 16) I considered my dad an old fogey. As time went on, I became an even bigger fool. I kept getting into one jam after another. My dad said I had to learn discipline, and sooner or later I would learn it, in the Army or in prison. Again, I laughed.

I had done some experimenting with alcohol, pot, acid and PCP and was fogged up a lot. I made it through high school (a miracle), flunked out of college and finally went into the army. My know-it-all attitude got me sent home in less than six months with an honorable discharge. (Another miracle).

I got into trouble with the law and was lucky again. I got off on probation. By this time, I was 19, an adult fool and a know-it-all. By the time I was 20, I got into another mess (bigger this time), and the judge gave me 12 years.

I'm in prison now with guys who may have AIDS, counting the days Until I can get out of here and make some kind of life for myself.

The point I want to make is this: Even if you don't agree with your parents, listen to them. They have been your age, but you have never been

theirs. If you make a mistake, don't try to lie your way out of it. Take the consequences. When people who care about you tell you something, listen to them. I now realize I was wrong about all the important things.

If just one person learns something from this letter, I will have done some good in the world. Laugh if you want to, but who is the joke on when you end up behind bars and have lost your freedom?—Former Fool in Lexington

DEAR ANN LANDERS: I gave up a career and was a stay-at-home mother and wife for 30 years. It was the thing to do, and there was no outside help, such as day care service for a mother who worked outside of the home. I enjoyed my life and was everything from a den mother and homeroom mother to a chauffeur.

Believe me, I wouldn't do it over again. You cannot believe how useless I feel now. Today, kids and mothers have it better than ever.

Our last child married and left home 11 years ago. Two of our children live within a two-hour drive, and the other about four hours from here. While they tell us they had a great home life, and we are good in-laws, we are lucky to get a one-night-a-year visit. Instead, we get expensive card and elaborate gifts for every holiday and birthday, and maybe a phone call.

Ann, what we really want in our retirement years is a little more of their time and to be included more in their lives. Is that asking too much?—Lonely in Texas

DEAR LONELY: No, it isn't, and it's a damned shame that there are so many others who are in the same boat. I hope every reader who is fortunate enough to have an elderly parent or two will give some thought to our

letter before it is too late.

What's the truth about pot, cocaine, LSD, PCP, crack, speed and downers? "The Lowdown on Dope" has up-to-the-minute information on drugs. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Lowdown, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Tired of waiting for doctor?

No one likes to be kept waiting. Physicians understand this and yet they do keep patients waiting—an average 19.9 minutes per visit, according to a recent survey—or five minutes longer than most people can comfortably wait.

Trying to run a doctor's office on a strict schedule is more an art than a science. Many physicians have significant responsibilities outside the office. They may operate, deliver babies or visit patients in the hospital. And there are administrative duties: paperwork tied to ever-increasing government regulations, consultations with other physicians and insurance

agencies—all ultimately performed for their patients, yet taking valuable time while other patients wait.

And the scheduling of patients can only approximate ideal conditions. Some complaints take longer than others to diagnose. Some patients have difficulties in describing their symptoms, or take time revealing their most serious complaints. Occasionally physicians see patients who have ignored serious health concerns. And sometimes physicians must respond to medical emergencies.

But, whatever the reason, regular lengthy waits should not be tolerated.

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Growing importance of women in car sales

Here are some statistics that may startle you: women purchase more than 47 percent of the vehicles bought in the U.S. Studies suggest this will grow to more than 60 percent by the end of the decade. Moreover, women influence the sale of 80 percent of all vehicles - that's a \$65 million impact on new car sales. What's really astonishing to many, however, is how few automakers are tapping into this expanding market.

Back in 1990, Infiniti, the luxury car division of Nissan Motor Corporation U.S.A., introduced the "Women's Forum," a series of lectures by prominent women which are held at Infiniti dealerships. The lectures have included such topics as "Surviving Business In The '90s," and "You Are The Product" How to Market Yourself."

Speakers scheduled for 1993 include Dr. Holly Atkinson, medical correspondent for NBC's Today Show; Carol Hyatt, author of Shifting Gears

and When Smart People Fail; Carol Decker, publisher of Lears Magazine; Janice Castro, business editor and Margaret Carlson, White House correspondent for Time Magazine; Anna Quinlan, Pulitzer Prize-winning syndicated columnist for the New York Times; Patricia Aburdeen, author of Megatrends for Women; and Jeri Sedler, of Sedler Communications.

Each woman invited to the lecture receives a personal gift from the car company and a "Guest Drive" invitation to test drive an Infiniti for up to a week with no obligation.

If these trends continue throughout the auto industry, the 90's could indeed be the decade of the woman, at least on the road.

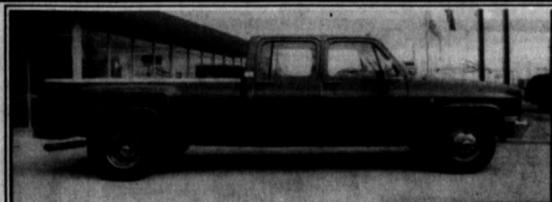
Sir Robert Walpole is credited with becoming England's first prime minister in the early 1700s, though the title was not official at the time.

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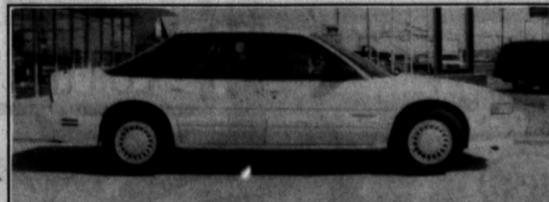
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Sports

Herd captains are anxious to prove team's worth

By JAY PEDEN
Sports Editor

The 1993 Hereford football team has been hit on all sides by the criticism: they're too small; only two of them were good enough to start last year; they won't be as good as last year's district champions; and so on.

The captains of the '93 Herd are tired of listening to it.

The captains--Mark Kuper, Ben Celaya, Gabriel Medrano, Andrew Tijerina and Chad Carlile--are anxious to get the season started and prove what they can do on the field. They'll get that chance at 7:30 p.m. Friday, when the Tascosa Rebels come to Whiteface Stadium for the 1993 season opener.

The seniors of the '92 team had more talent as a class than most classes, and the captains know this year's senior class sometimes suffers in comparison. The captains can see some good things in that, though.

"That's what's good about this class: nothing's been easy for us," Carlile said. "We don't expect just because we're 'The Herd' for things to be easy for us. Nothing's ever come easy for this class."

"We're the underdogs," added Tijerina.

They don't seem to suffer from an inferiority complex. They don't like, however, to hear that this year's team won't be as good as others. They read it in the magazines, and they hear it around the town.

"It'll take a little support from the community," said defensive end Kuper, one of the team's two returning starters. "We can't have everybody saying we won't be any good. They need to accept what our team is going to be and go to war with it."

"We're not incapable of winning," Carlile said. "We have plenty of talent. We just need to keep our heads in the game. Football is 90 percent

mental." "I think we can be as good as we want to be," Tijerina said.

Size--or rather, lack of size--is another knock against the team, but size can be an overrated quality. Other qualities can make up for a lack of size. The captains use as an example the Herd's 1981 state semifinalists, which was not exactly loaded with 270-pounders.

"We're a pretty small team, but we've got a lot of heart and courage," Medrano said.

"We will fight 'em," Kuper said. Celaya started last year as an offensive guard, and since he did it at a listed 175 pounds, he knows what it takes to succeed in the trenches.

"Our size is an advantage for us

because we're quick," Celaya said. "We're quicker than most other lines in the district."

Youth and inexperience are problems now, but they won't be by the time the team hits the district schedule five weeks from now. The bulk of the team will come from a successful junior varsity squad that needs only to learn how to play on Fridays. In front of the big crowds.

"They don't know what it's like on the field," Medrano said, adding that scrimmages are a poor substitute for a real varsity game. "The first game--that's what'll pump them up."

"The next game, they'll know what to expect and be ready to play, Carlile said. "They need experience, and that's easy to get."

"Probably about the third game we'll get that chemistry everybody

talks about," Medrano said. "When you play as an individual you don't care who you run over. You'll run over your own teammate. I know; I used to be like that."

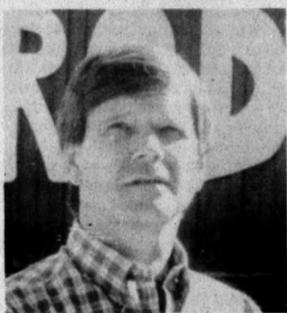
The captains believe that the inexperience will take care of itself, with just a few pros from them.

"The main thing about being

(See HERD, Page 8)

Merrick to throw out first pitch at Rangers' game on Labor Day

Garth Merrick, president and owner of Hereford Bi-Products and Merrick Pet Foods, will throw out the first pitch before the Texas Rangers'



GARTH MERRICK

game Monday in Arlington as part of a promotion for Beef 'N More dog food in the Dallas/Fort Worth area.

Beef 'N More and Kroger supermarkets are co-sponsoring the promotion and Nolan Ryan Jersey night, honoring the legendary pitcher, who unfortunately won't come off the disabled list until the next day.

The promotion will include two major giveaways. Each child under 13 at the game will receive a Rangers jersey which will be similar to the one Ryan wears--with "34" and "RYAN" on the back--except it will be smaller and will have the Beef 'N More logo stitched on the sleeve.

Adults will receive a Nolan Ryan commemorative bag--with Ryan's picture and stats on it--containing samples of Beef 'N More, coupons for the product and forms to register

your dog so it can receive a special treat on its birthday.

Other festivities that night will include a picnic for the Kroger and Beef 'N More people before the game, and an autograph session with a yet-to-be-named Ranger player.

For coordinating the promotion with the Rangers, Merrick and a Kroger representative each get to throw out a first pitch. The first-pitch ceremony will happen about 20 minutes before game time (7:05 p.m.), just when Arlington Stadium has filled up with the big Labor Day crowd.

"I'm nervous already, so I can imagine how I will feel at 6:45 (Monday)," Merrick said. "It's not a big deal to someone who's thrown a lot of baseballs, but yours truly has not."

HCC Member-Guest tournament to be played Saturday, Sunday

The 16th annual Hereford Country Club Member-Guest Golf Tournament will be held Saturday and Sunday at Pitman Municipal Golf Course.

The tournament, usually a three-day event climaxing on Labor Day, has been shortened to 36 holes. Tourney committee chairman John Stagner said the change has already led to more teams entering the event. A total of 28 teams had entered early this week.

Blair Rogers and guest Grant Cettie won the championship last year. Rogers will be back with a new partner, Rodney Ruthart.

Scoring will be on a low-ball format the first day and a scramble the second day. Golfers meet for a breakfast at 8:30 a.m. Saturday at the country club, then tee-off times start

at 10 a.m. A cocktail party at 7:30 p.m. concludes the first day.

A shotgun start at 9 a.m. is scheduled for Sunday's play. The traditional "Freeze Out Derby" will start at 3:30 p.m. After Saturday's action, the 10 players with the highest scores will be matched with the 10 players with the lowest scores.

The 10 teams start on hole No. 1 with partners making alternate shots. The team or teams with the highest score on each hole will be eliminated (no more than two teams per hole), until two teams remain to vie for the championship. Last year the derby ended on No. 6.

The event includes various prizes which will be awarded each day for closest to the pin, longest drive, and other categories.

Weekly scramble finishes with 28

A fivesome shot 28 over nine holes to win the final Wednesday Scramble of the year. Steve Sanders, Jay Alaniz, Art Clark, Robert Kuback and Dewayne Robbins combined for the win.

The summer-long points race went to Steve Stevens, who finished with 39 points. Paul Hubbard was second with 36 points and Robbins was third with 34.

Second place in Wednesday's scramble went to Andy Yocum, Earl Yocum, John Yocum and Charles Hoover, who combined on a 31.

Another group shot 31 but had to settle for third on a scorecard playoff: N.D. Kelso, Steve Stevens, Rocky Lee, Bob Barrett and Frank Rakow.

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Forbes magazine, March 1, 1993

To our customers, employees and local shareholders:

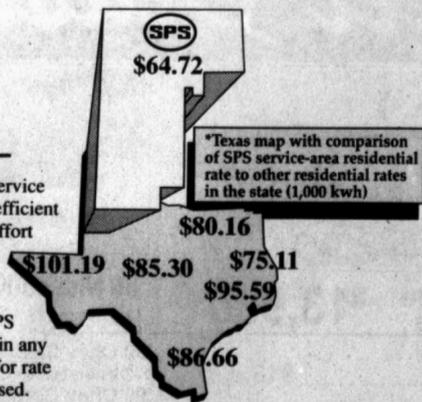
The employees of Southwestern Public Service Company have made SPS one of the most efficient electric utilities in the United States. That effort has shown up in electric rates.

We are now involved in a rate review which will establish future electric rates. SPS realizes that differences of opinion abound in any rate case. Unreasonable recommendations for rate decreases from some parties will be discussed. Keep in mind, however, that SPS's earnings last year were at a five-year low, and we won't do much better this year. Our goal is to establish fair and reasonable future rates.

As a company headquartered in this region, SPS wants to remain active in the well-being of our communities... a supporter of economic development... and a company that provides a reasonable return on the investment of our many local shareholders. We hope to be allowed to continue that effort.

Coyt Webb

Coyt Webb
President and Chief Operating Officer
Southwestern Public Service Company



*U.S. map showing SPS rate vs. national average (1,000 kwh)



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This advertisement paid for by the shareholders of SPS.

*Source: Public Utility Commission of Texas, Electric Utility Bill Survey, August 1993.

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Caprock at Sanford-Fritch	Sanford-Fritch	Caprock	Sanford-Fritch	Sanford-Fritch
Perryton at Borger	Perryton	Perryton	Perryton	Perryton
Dumas at Plainview	Plainview	Plainview	Plainview	Plainview
Pampa at Garden City, Kan.	Garden City	Garden City	Garden City	Garden City
Palo Duro at Odessa High	Odessa	Odessa	Palo Duro	Odessa
Cloviss at Amarillo High	Amarillo	Amarillo	Amarillo	Cloviss
Vega at Bovina	Bovina	Bovina	Bovina	Bovina
Lub. Cooper at Dimmitt	Dimmitt	Cooper	Dimmitt	Dimmitt
Friena at River Road	River Road	Friena	River Road	River Road
LSU at Texas A&M	Texas A&M	A&M	A&M	A&M
Pacific at Texas Tech	Tech	Tech	Tech	Tech
Houston at Southern Cal	USC	USC	USC	USC
Fresno St. at Baylor	Baylor	Baylor	Baylor	Fresno St.
Rice at Ohio St.	Rice	Ohio St.	Ohio St.	Ohio St.
Arkansas at SMU	Arkansas	Arkansas	Arkansas	Arkansas
Oklahoma at TCU	Oklahoma	Oklahoma	Oklahoma	Oklahoma
Texas at Colorado	Colorado	Texas	Colorado	Colorado
Stanford at Washington	Washington	Stanford	Washington	Washington
Houston at New Orleans	Houston	New Orleans	Houston	Houston
Cincinnati at Cleveland	Cleveland	Cleveland	Cleveland	Cleveland
San Francisco at Pittsburgh	San Francisco	San Francisco	San Francisco	San Francisco
NY Giants at Chicago	Chicago	Giants	Giants	Chicago
Atlanta at Detroit	Detroit	Detroit	Detroit	Detroit
Phoenix at Philadelphia	Philadelphia	Philadelphia	Philadelphia	Philadelphia
Minnesota at LA Raiders	Minnesota	Minnesota	Minnesota	Minnesota

Patterson hero as Giants extend lead over Braves

By The Associated Press
John Patterson woke up on the 60-day disabled list and went to bed as hero for a day.
Patterson's first swing of the 1993 season was good for his first major league home run and a two-game swing in the NL West race as the San Francisco Giants defeated the Atlanta Braves 3-2 Wednesday night.
The victory broke San Francisco's four-game losing streak against the Braves and increased the Giants' lead to 4 1/2 games.
The Giants, swept in three games last week at San Francisco and losers to the Braves on Tuesday night, won for the third time in their last eight games. It was Atlanta's second loss in 10 games and fourth in 21.
Patterson, out the entire season after undergoing offseason shoulder surgery, was recalled from his injury rehabilitation assignment with Class A San Jose earlier in the day.
Pinch hitting for pitcher Mike

Jackson (6-5) to lead off the ninth inning, he watched two balls from Mark Wohlers (5-2) before he hit a shot over the right field fence.
"It's a dream that anybody that plays baseball thinks about," Patterson said. "Actually, in my dreams it was with the bases loaded, but this was just as good."
"Of course, it came as a surprise. I was just looking for something to hit hard. Without a doubt, it's the biggest hit I've ever gotten."
"We feel better about ourselves," San Francisco manager Dusty Baker said. "This was one of the best executed games we've played in a while."
Rod Beck earned his 39th save by getting the final three outs.
The Giants tied it 2-2 in the seventh on an RBI bloop single by Dave Martinez off Atlanta starter John Smoltz.
The win was just as helpful to the Giants' spirit as it was to their place

in the standings, according to Atlanta outfielder Otis Nixon.
"The way they won should really boost their spirits," he said. "A guy up from the minors, first swing, first major league homer. It's a big pickup for them."
Elsewhere in the NL, it was Houston 3, New York 2; Philadelphia 4, Chicago 1; San Diego 13, Florida 5; Pittsburgh 5, Los Angeles 1; St. Louis 7, Cincinnati 4; and Montreal 11, Colorado 3.
Astros 3, Mets 2
Doug Drabek snapped a career high seven-game losing streak and visiting Houston beat New York for the eighth time in nine games this year.
Drabek (8-15) struck out two, walked three and gave up seven hits in 7 1-3 innings to earn his first win since July 4. Sid Fernandez (3-5) was the loser.

New service picks Tascosa by 20

The Hereford Brand is using a new high school football game-picking service: the Pigskin Prep.
The service, entering its third year, is prepared by John "Buck" Cargal, the sports editor of the Hood County News.
The service doesn't have a glowing opinion of the Hereford football team, probably since the only information available this early in the season is that the Herd had one starter returning on each side of the ball.
Pigskin Prep gives Hereford a power rating of 133.79, which ranks 24th out of 37 teams in Region 1-4A. Stephenville is the top team in the region at 174.48, while Plainview is second at 170.61.

Among District 1-4A teams, Randall is ninth at 149.94; Dumas is 15th at 146.61; Pampa is 18th at 140.80; Borger is 26th at 128.77; and Caprock is 35th at 99.02.
Hereford is a 20-point underdog in its opener with Tascosa, according to the service.
Randall will start the season tonight, hosting Portales, N.M. Pigskin Prep does not rate out of state teams so there is no pick for that game or for Pampa's opener at Garden City, Kan.
The rest of 1-4A doesn't rate much respect. Dumas is a 21-point underdog in its game with Plainview; Caprock is a 12-point dog at Sanford-

Fritch; and Borger will be a 13-point dog when it hosts Perryton.
JH spikers take three-of-four
The Hereford Junior High volleyball teams debuted Monday in Borger with wins in three of four matches.
The eighth grade A team won 16-14, 15-12 and the B team won easily 15-4, 15-1. The seventh grade A team won in three games, 15-11, 8-15, 15-5, but the seventh grade B team dropped their match, 15-5, 9-15, 15-13.
The teams' next matches are at Valleyview on Sept. 9.

White Sox making AL West stretch run a one-team race

By The Associated Press
Baseball's eyes are fixed on the NL West this week as San Francisco and Atlanta have their showdown series. The AL East offers the scoreboard-watching race between Toronto, the New York Yankees and three other contenders.
Quietly, the Chicago White Sox have started to make a non-race of it in the AL West. Their fifth straight victory and 10th in their last 13 games, 5-3 over the Yankees on Wednesday night, maintained their 5 1/2-game lead over Texas. Except for Philadelphia's comfortable 10-game lead in the NL East, no other first-place team is breathing as easy.
"Yeah, it seems that way,"

right-hander Jack McDowell (21-7) said after winning for the ninth time in 10 decisions. "You pop a game here and there, and it's tough to come back. We're just trying not to give games away. If we play consistently the way we should, we're not going to have any prolonged losing streaks."
"The Yankees have embarrassed us this year," said Frank Thomas, who hit his club-record 38th home run in the third.
In other games Wednesday it was: Toronto 8, Oakland 3; Seattle 9, Detroit 3; Milwaukee 7, Kansas City 1; Cleveland 12, Minnesota 7; Baltimore 5, California 1; and Texas 9, Boston 7 in 12 innings.

Rangers 9, Red Sox 7
An error by first baseman Mo Vaughn and a double by Bill Ripken gave Texas two runs in the top of the 12th as it won the game that took 5:28. The Rangers took a 7-5 lead an inning earlier on a two-run single by pinch-hitter David Hulse. The Red Sox tied it a bases-loaded fielder's choice by Scott Fletcher and an error by third baseman Ripken. Texas used 10 pitchers, one short of the major league record set by Seattle in a 16-inning game last Sept. 25.
Mariners 9, Tigers 3
Ken Griffey hit his 40th homer of the season and Dave Fleming (10-2) threw seven-plus scoreless innings.

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Improved Pack should dominate weak NFC Central

By BARRY WILNER
AP Football Writer

It's not just the arrival of Reggie White. It's not just the rapid development of Brett Favre, or the game-breaking skills of Sterling Sharpe. Or the strong coaching of Mike Holmgren and the aggressive style of general manager Ron Wolf. It's all of those things, plus the mediocrity of the rest of the division, that will catapult the Green Bay Packers to the top of NFC Central.

"If you aren't aggressive, somebody else will be and it will help them and hurt you," Holmgren says. Minnesota edged Green Bay for the NFC Central title last year, but will be hard-pressed to hold off the rising Lions for second place and a wild-card slot. The Bears and Bucs must start all over - for Tampa Bay, the 10th time in a decade.

The Packers were so willing to part with their favorite color - green - that they enticed White, at 31 still the premier pass-rushing end in the NFL, nose tackle Bill Maas, guard Harry Galbreath and tackle Tunch Ilkin and receiver Mark Clayton, all veterans

who have played for winners. White, of course, was the key. "I think it bolsters everybody, because they know he's a great player," Holmgren says. "Anytime you can add a great player to your team, it should help everybody."

It surely will help a defense that ranked 23rd last year. The Packers already had talented linebackers Tony Bennett and Johnny Holland (coming off neck surgery), and rookie Wayne Simmons could be an early factor.

There better be plenty of pressure on quarterbacks because the secondary is unpredictable and lost its best player, safety Chuck Cecil. Rookie George Teague could start soon.

Although the offense had better stats last year, that's where Holmgren looks for the most improvement. He brought a complicated scheme with him from San Francisco, one that usually takes a few seasons to master.

Yet Sharpe had a record-breaking 108 catches, Jackie Harris showed he is a real comer at tight end, and Favre became an elite quarterback.

Now, the protection should be

better, Sharpe has a quality receiver complementing him in Clayton, and Favre knows the system better.

The Lions still were an emotional wreck last year following the deaths of guard Eric Andolsek and assistant coach Len Fontes and the paralyzing injury Mike Utley suffered in 1991. Their trial of adversity hopefully is over - no team should have to go through such an extended period of disaster.

"We underestimated how much they hurt the team until we started losing games," popular coach Wayne Fontes said.

"We don't want to be looked at as a hard-luck team," Barry Sanders says. "We want to be respected for how we play."

Sanders is respected as one of the great performers in the game. With newcomers Bill Fralic, Dave Richards and David Lutz joining franchise player Lomas Brown up front, and a tight end being employed on some downs, Sanders might challenge the 2,000-yard level.

For Detroit to be a playoff factor - remember, the Lions were in the 1991 NFC championship game -

Rodney Peete must stay healthy, a tough chore for his first four seasons. Peete is no star, but he only has to provide an alternative to Sanders' sparkling running.

That means quick passes to Herman Moore, Brett Perriman and Willie Green. And Sanders, who, under ideal circumstances, will catch 50 passes.

Detroit struggled to get to the quarterback last year, managing just 29 sacks. The addition of All-Pro linebacker Pat Swilling should boost that, along with expected improvement from linebacker Tracy Scroggins and end Robert Porcher.

The Vikings will miss center Kirk Lowdermilk, tackle Gary Zimmerman and guard Brian Habib, particularly with Jim McMahon at quarterback. Given time, McMahon might surprise some people. But getting that time could be a chore, despite All-Pro Randall McDaniel at guard.

Minnesota will miss Al Noga, a defensive end opposite the star of the defense, Chris Doleman. The Pro Bowl sackmaster will have a tough time getting another 14 1/2 quarterback traps. The guy to watch on the line is tackle John Randle, who will be a major force.

Most of all, the Vikings will miss Terry Allen, their all-purpose tailback who wrecked his knee this summer. Roger Craig no longer can handle the position full time - he is a fine spot player - which means rookie Robert Smith must learn quickly.

Cris Carter has surpassed Anthony Carter as a receiving threat, and rookie Qadry Ismail has the game-breaking potential A.C. once possessed.

And now, Da Bears. With Mike Ditka now the resident coach-in-waiting at NBC, Dave Wannstedt has a formidable task: keep the fans in Chicago happy while rebuilding. Not having Iron Mike on the sidelines already makes life difficult for

Wannstedt. Chicago struggled to stop the run last season as its linebackers and secondary struggled. Even if Trace Armstrong, Alonzo Spellman and Chris Zorich come on up front, the linebacking is mediocre. The best back is newcomer Tony Blaylock - unless safety Mark Carrier makes a comeback.

Da Bears have a cushion, as do all the other NFC Central teams. Tampa Bay provides it.

Coach Sam Wyche might be the most interesting bycatcher. This is a bad team with old or unproven quarterbacks; inconsistent receivers; a very unhappy franchise player in tackle Paul Gruber; weak special teams; and a defense that underachieves.

PREDICTION: 1, Green Bay (10-6); 2, Detroit (10-6); 3, Minnesota (8-8); 4, Chicago (6-10); 5, Tampa Bay (2-14).

HERD

captains is to get the guys hootin' and hollerin'," Kuper said. "The coaches will take care of the rest of the stuff."

Coach Danny Haney has taken care of the scouting report.

"Tascosa primarily will try to come at you with their quarterback and a great receiver," Haney said. He was talking about third-year starter B.D. Ware and wingback Clint Falk. "They do lots of things to get Falk the ball: play-action, sprints."

Falk scored two of Tascosa's three touchdowns in the Rebels' 19-0 win over the Herd last year. He caught a 35-yard pass from Ware and ran for

a 55-yard score. "Defensively, they try to match up with you man-to-man in the secondary and make you run the ball," Haney said.

It's usually not a big problem for the traditionally ground-bound Herd if a defense makes it run the ball. But Haney has vowed to pass the ball a little more this year, and he said the passing game is coming along in practice. He said he expects the Herd's passing attack to improve over the course of the season as coordination between the quarterbacks and the receivers improves.

Haney said execution--in the passing

offense and in all areas--will be the key if the Herd wins.

"For us to win, it depends more on us than on what they do. We have to throw successfully to keep their defense off balance, and at the same time we've got to maintain ball control and keep their quarterback and receiver off the field.

"The main thing we've got to do is execute. (In the scrimmages) fumbles hurt us, and missed assignments," Haney said adding that the same was true on defense.

"If we (execute), we'll put ourselves in position to win the game."

Comics

Barney Google and Snuffy Smith[®] By Fred Lasswell



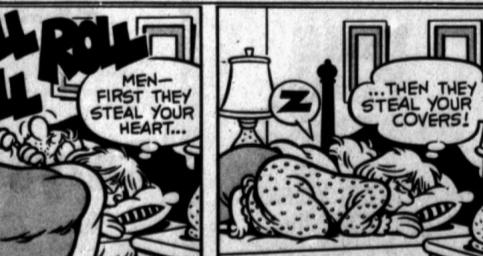
BEETLE BAILEY[®] By Mort Walker



BLONDIE[®] by Dan Young and Stan Drake



Marvin[®] By Tom Armstrong



The Wizard of Id[®] By Brant Parker and Johnny Hart



Television

THURSDAY SEPTEMBER 2

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
22	Movie: What Really Rosie	Movie: Old Yeller	Dorothy McGuire	G	Movie: The Red Pony	Henry Fonda	*** 1/2	Movie: Against Sky			
23	News	Cops	Mad You	Wings	Seinfeld	Larquette		News	(35) Tonight Show		
24	MacNeil/Lehrer Newshour	Legacy	Mystery!					Computer	MacNeil/Lehrer Newshour		
25	B. Hillbillies	(35) Major League Baseball	San Francisco Giants at Atlanta Braves				(35) Movie: Big Jake	(1971) John Wayne	*** 1/2		
26	News	Wh. Fortune	Family	Mr. Cooper	Step by S.	Dinosaurs	20/20	News	(35) Cheers	Ent. Tonight	
27	Lifestyle	Church	Sullivans	Joy-Music	Everyman		Baptist Hour	Family Enrichment	Lawson Live		
28	Paradise	Design. W.	Major League Baseball	New York Mets at Chicago Cubs			News	Night Court	Uptown Comedy Club		
29	News	Married...	In the Heat of the Night	Eye to Eye			Angel Falls	News	Golden Girls	HS Wrap-up	
30	Roseanne	Murphy B.	Simpsons	Roc	In Color	Herman	Star Trek: Next Gen.	M*A*S*H	M*A*S*H	Arsenio Hall	
31	Sportstr.	(45) College Football	Mississippi at Auburn				Baseball	Sportscenter			
32	Waltons		Young Riders		Father Dowling	Mysteries	700 Club	Scarecrow and Mrs. King	Bonanza		
33	Movie: Kissin' Cousins	Movie: Beaches	(1988) Bette Midler, Barbara Hershey	(05) Fallen Angels				Movie: Two Evil Eyes	Adrienne Barbeau		
34	(15) Movie: Caddyshack II	Jackie Mason	*** 1/2 PG	Movie: Caged Fear	Kristen Cloke	R	Comedy	(15) Movie: Strapped			
35	Movie: How College	Movie: We're Talkin'	Serious Money	Movie: Love Crimes	Sean Young	*** R		Movie: Shakma	Christopher Atkins	R	
36	(4:30) VideoPM	Crook and Chase	Nashville Now	Stardom	Club Dance	Crook					
37	Australian Animals	Safari	Portrait of a People	Discoveries Underwater	Safari	Portrait					
38	In Search Of...	Real West	Wildlife Mysteries	Brute Force: Weapons	Evening at the Improv	Real West					
39	Unsolved Mysteries	L.A. Law	Movie: Guts & Glory	Oliver North	Unsolved Mysteries	Mysteries					
40	Outdoors	Fishing	College Football	Idaho at Stephen F. Austin State	This Week in NASCAR	HS Extra					
41	Bugs Bunny's All Stars	Movie: Picnic	(1956) William Holden, Kim Novak	***	(35) Movie: Bell, Book and Candle	(1958) *** 1/2					
42	Looney	Bullwinkle	Partridge	Get Smart	Dragnet	Van Dyke	M.T. Moore	M.T. Moore	Lucy Show	Hitchcock	Superman
43	Uncle Buck	U.S. Open Tennis	Second Rounds						Quantum Leap	Equalizer	
44	Alcanzar una Estrella	Los Parientes Pobres	Entre la Vida y la Muerte	Lante Loco	Bienvenidos	Notici.Uni.					Movie: Mi Campeon (1951)

FRIDAY SEPTEMBER 3

	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
22	Fraggle	Pooh Corner	Umbrella	Dumbo	Tracks	Jump	Gummi B.	Lunch Box	Walt Disney Presents	Movie:	
23	Today				Jenny Jones		Geraldo	Caesars	Concentr.	Our Lives	
24	Sales	Sales	Whirligig!	Gerbert	Lamb Chop	Barney	Sesame Street	Mr Rogers	Station	Healthquest	
25	Gilligan	Bewitched	Little House on the Prairie	(1970) *** 1/2	3's Co.		(05) CHiPs				
26	Good Morning America				Donahue		Regis & Kathie	Little House on the Prairie	News		
27	Worship	Worship	On the Line		Fahwell	Discovery	Cope	How Can I Live?	Jesuit		
28	Flintstones	Bozo		C.O.P.S.	Perry Mason		Joan Rivers	Geraldo	News		
29	(6:00) This Morning	Vicki		Design. W.	Family Feud	Price is Right		Young and the Restless	News		
30	Goof Troop	Darkwing	Beetlejuice	Hogans	700 Club	Robert Tilton		K. Copeland	Family Ties	Love Con.	
31	Sportstr.	Sportstr.	Jake	Bodyshape	Sportstr.	Sportstr.	Fitness Pros	Getting Fit	In Motion	Bodyshape	Baseball
32	Gadget	Popeye	Waltons		700 Club		Flashback	Make Deal	Pursuit	Triv. Purc.	Name-Tune
33	Movie: The Light in the Jungle	*** PG	Movie: The Prince and the Pauper	Errol Flynn	***	Movie: Blame It on the Bellboy	PG-13	Movie: Star			
34	Tintin	Pinocchio	Movie: The Jewel of the Nile	Kathleen Turner	PG	Movie: New Adventures of Pippi		Movie: Palermo Conn.			
35	Movie: Cattle King	Robert Taylor	**	Movie: Hanky Panky	(1982) Gene Wilder, Gilda Radner	Crazy About the Movies		Movie: Rabbit Test	PG		
36	(Off Air)		VideoMorning					Kitchen	Cookin'	Crook	
37	Paid Prog.	Paid Prog.	Race to Save the Planet	World	Great Chefs	Cholesterol	Graham K.	Easy	Homeworks	Kitchen Ex.	
38	In Search Of...		Movie: Local Hero	(1983) Peter Riegart	*** 1/2	Fugitive		City of Angels	Rockford		
39	Workout	Gourmet	Your Baby	Baby Knows	Movie: Acceptable Risks	(1986) Cicely Tyson	*** 1/2	Gourmet	Born Lucky	Supermkt.	
40	Big Ten Season Preview	Football	Big Eight Season Preview	Bodies	Baseball	Boxing		Baseball	Wk. in SWC	Fat Tire	
41	Bugs Bunny	Colossal Cartoon Club	Bear Bunch	Charlie's Angels				Charlie's Angels	Movie: Where the Lilies Bloom	(1974)	
42	Black Beauty		Eureeka's Castle		Elephant	Cappelli	Penner's	Magic Heart	Muppets		
43	Scobby Doo	Ghostbust.	Denver	Dinosaurs	American Gladiators			U.S. Open Tennis	Men's Second and Women's Third Rounds		
44	Nos. Jos G.	El Chavo	Chespirito		Papa Solt.	Candido P.	Rosangelica				

12:30 1 PM 1:30 2 PM 2:30 3 PM 3:30 4 PM 4:30 5 PM 5:30

22	Movie: Animalympics	NR	Pony Tales	Fraggle	Wonderland	Care Bears	Quack	Kids Incorp.	Mickey	Movie: Chipmunk Adv.	
23	Our Lives	Another World	John & Leeza-Hollywood	Oprah Winfrey	Maury Povich			Cur. Affair	NBC News		
24	Body Elec.	Legacy	My Studio	Sesame Street	Reading	Sandiego	Sq. 1 TV	Previews	Discover		
25	(12:05) Movie: Chato's Land	(1972)	Tom & Jerry	Flintstones	Jetsons	Brady B.	Saved-Bell	Saved-Bell	Jeffersons	Andy Griffith	
26	Rush L.	One Life to Live	General Hospital	Sally Jessy Raphael	Family Feud	You Bet-Life	Jeopardy!	ABC News			
27	Prism	Holiness	Faith 20	Man Alive	Heart-Matter	Portraits	Sunshine	Quigley's	Rainbow	30 Min.	
28	News	Joan Rivers	(10) Major League Baseball	New York Mets at Chicago Cubs				Tenth Inning	Saved-Bell		
29	Bold-Belu	As the World Turns	Guiding Light	Matlock	Edition	Hard Copy	News	CBS News			
30	People Cl.	Perry Mason	Highway to Heaven	Melodies	Tom-Jerry	Tiny Toon	Batman	Saved-Bell	Full House		
31	(12:00) Baseball	American Legion Championship	Motoworld	Max Out	Dream Log.	Yearbook	Max Out	Ch. Flag	Up Close		
32	Make Deal	My Dog	Rifleman	Littles	Mario-3	Popeye	Gadget	Rin Tin Tin	Zoro	Mansion	Big Jake
33	(11:55) Movie: Star Knight	Movie: Cheech & Chong Brothers						Movie: Mr. Winkle Goes to War	***	Movie: Light in Jungle	
34	Movie: Palermo Conn.	Movie: Kingdom of the Spiders	*** PG	Movie: The Karate Kid Part III	Ralph Macchio	*** PG	Movie: Jewel of Nile				
35	Movie: North to Alaska	John Wayne	***	Movie: The Daydreamer	Ray Bolger		Movie: Greystoke: Tarzan				
36	Crook	Be a Star	:10 Seconds	Cookin'	On Stage	Club Dance	Be a Star	VideoPM			
37	Great Chefs	Cholesterol	Graham K.	Easy	Homeworks	Videotrips	Beyond 2000	Nature	Wildlife		
38	Rockford	Movie: Strangers on a Train	(1951) ***					Fugitive	Delvecchio	Rockford Files	
39	Shop-Drop	Anything	Ullman	Moonlighting				Movie: Vengeance: The Story of Tony Cimino	(1986) **	Supermkt.	Shop-Drop
40	High Five	Pac-10	Windsurfing	Transworld Sport	Paid Prog.	Drive	Golf Highlights	Australian Rules Football			
41	Movie: Tarzan, the Ape Man	(1959) *	(45) Movie: The Time Machine	(1960) Rod Taylor	*** 1/2			Fred		Bear Bunch	
42	Gnome Dennis	Flipper	Yogi Bear	Looney	Underdog	Muppets	Hey Dude	Guts	You Do	Crazy Kids	
43	(10:00) U.S. Open	Tennis Men's Second and Women's Third Rounds			Pyramid	Pyramid	Two Dads	Ten of Us	G.I. Joe	Ghostbust.	
44	Macarena	De Frente al Sol	Tennis Que Ser Tu	Cristine			Noticias y Mas		Cuna-Lobos	Notici.Uni.	

6 PM 6:30 7 PM 7:30 8 PM 8:30 9 PM 9:30 10 PM 10:30 11 PM

22	Movie: Toby Tyler-10 Weeks Circus	(05) Paula Abdul: Under My Spell					Bea Gees: Going Home	Movie: Can-Can	***	
23	News	Cops	Awakening Land				Trade Winds	News	(35) Tonight Show	
24	MacNeil/Lehrer Newshour	Wash. Wash	Wall St.	Evening at Pops			Sex and Power	Stress	Slide Guitar	Kac Video
25	B. Hillbillies	(35) Major League Baseball	San Diego Padres at Atlanta Braves				(35) Movie: Sins of the Past	(1984) Kim Cattrall	**	
26	News	Wh. Fortune	Family	Mr. Cooper	Step by S.	Dinosaurs	20/20	News	(35) Cheers	Ent. Tonight
27	Viewpoint	Families	Sullivans	Joy-Music	Everyman		Baptist Hour	Family		

Kids can 'learn' to like to read

By The Associated Press
The school bookshelf:
- Can you imagine how distasteful it is for a poor reader to struggle through hours of phonics work sheets and basal reader comprehension tests? Or to read only assigned "good" and politically correct literature?

No wonder some youngsters hate to read, observes Mary Leonhardt, a New England teacher and author of "Parents Who Love Reading, and Kids Who Don't" (Crown).
The path to good reading habits is often strewn with bodice-rippers, comic books, series books and other "trash," she argues. The key, she says, is to let kids learn to read on their own for pleasure. That gets them started, and their interests and tastes will inevitably widen, she says.

Only a dweeb would go off to school without a dictionary. Non-dweebs might pick the new Merriam-Webster Collegiate Dictionary (10th edition), which defines dweeb (an unattractive, insignificant or inept person) and other terms in modern vernacular use.

There are 160,000 entries, 700 illustrations, and a liberal sprinkling of quotations from modern writers like Maya Angelou and Paul McCartney.

Another basic reference is the encyclopedia. Encyclopedia Britannica North America offers the Children's Britannica, edited for children, in addition to its 32-volume New Encyclopedia Britannica.

An array of entrance exam references can help your student make it over the threshold to college. Updated ARCO series from

Prentice Hall include Advanced Placement (AP) guides to chemistry, European history, American history, biology, English literature and composition; SuperCourse preparation books for the Graduate Record Examination (GRE), American College Testing (ACT), Law School Admission Test (LSAT), Test of English as a Foreign Language (TOEFL) and the Graduate Management Admission Test (GMAT).

For choosing a college, there are "Lovejoy's College Guide," "Lovejoy's College Guide for the Learning Disabled," "The Transfer Student's Guide to Changing Colleges," and "College Applications and Essays" - all also from Prentice Hall.

Princeton Review test preparation books packaged with computer software are being offered by Villard Books this fall. Titles include "Cracking the New SAT & PSAT," "Cracking the LSAT," "Cracking the GMAT," and "Cracking the GRE," all with diagnostic tests on disk. The Princeton Review series also includes titles to prepare for achievements tests in history, math, English, French, chemistry, physics, and biology.

For younger readers, there's a newly revised edition of "The Reader's Digest Children's World Atlas." It covers the new countries of Eastern Europe - something to help 7- to 12-year olds who see or read news about them. The book includes fairly complete background text with the maps and pictures.

A companion book is "The Reader's Digest Atlas of World History," which explains the major periods of history, along with sidebars about people, places and events. It's illustrated with maps, art, photographs and a time chart.

If you want to cool off during a heat wave, eat something hot and spicy. That's because those chilies or curries make you sweat, and when your perspiration evaporates you cool down. So explains Dr. Milan Tytla, a Canadian scientist and author of "Come to Your Senses" (Annick Press-Firefly Books).

Tytla, an experimental psychologist specializing in ophthalmology, lists the basic workings and phenomena of taste, smell, touch, balance, vision, hearing, and the sensory brain. Explanations are accompanied by anecdotes and whimsical drawings. The author also includes simple experiments readers can try.

Aimed at youngsters, the book is suitable for grownups, too.

Earth, Sky, and Air. An illustrated series from Owl-Firefly Books introduces the scientific background for each of those elements of the universe. "Earth," by Carol Allen, describes the origins of earthquakes, volcanoes, glaciers, oceans, water, rocks, and fossils. "Sky," by David Allen, gives a basic explanation of the universe and its phenomena, including eclipses, galaxies, planets, stars, comets and meteors. "Air," also by David Allen, tells about cyclones, rainbows, clouds, ozone, and pollution.

NEW YORK (AP) - Marky Mark is in trouble with anti-bias groups again, this time for an anti-gay remark he allegedly made during a fight in Los Angeles last month.

The rapper and underwear model, whose real last name is Wahlberg, had agreed to finance and appear in a public service spot denouncing bias-motivated violence to atone for past incidents of racial harassment and assault.

But the groups that had taken him to task before said Thursday they were canceling the spot because of the latest incident, when he allegedly punched out an employee of Madonna's Maverick Records and made a disparaging remark about homosexuals.

"This latest incident made it clear that he has yet to change and would make a poor model for an anti-violence message," said a statement issued by the New York chapter of the Gay & Lesbian Alliance Against Defamation, the Committee Against Anti-Asian Violence and the Anti-Violence Campaign.

Wahlberg's attorney, Oliver Mitchell, did not return a telephone message left Thursday at his Boston office.

Ground was broken for the Suez Canal in 1859.

Ask Dr. Lamb

DEAR DR. LAMB: I have been experiencing premature ventricular contractions for the past seven months. My family doctor advises me they are caused by caffeine and are nothing to worry about. I feel this sensation very clearly in my chest and find it very disturbing. I have cut down on caffeine as advised, to two or three cups of decaffeinated coffee a day. I never drink more than three to four cups of coffee a day.

Unfortunately the irregular beats have not disappeared; at times frequent and other times infrequent. Can these irregular beats be harmful to me over a long period of time? If so, what can I do about this problem? Should I see a specialist? I really enjoy my coffee and do not want to give it up. I do not smoke. I'm 42, slim, very active and run long distances.

DEAR READER: The good news is that you don't have to give up your decaffeinated coffee. It will not cause your premature heartbeats. Regular coffee that contains caffeine will, in some people. And decaffeinated coffee will cause digestive disturbances in some people, which is why they have to give up all coffee.

The significance of premature ventricular contractions depends on the company they keep and their characteristics as seen on an electrocardiogram. In young, healthy people they are usually innocuous, although they can be disturbing. If they cause too much difficulty, there are medications that can be used to help suppress them. Unless they are really troublesome, that is usually not done.

I would presume that you are in good physical condition if you are a long-distance runner. Individuals who are relatively inactive sometimes develop such irregular beats. Others who exercise a great deal on a regular basis may develop a low potassium level. These exercise enthusiasts can correct the situation with a good 8-ounce glass of potassium-rich orange juice every day.

I have discussed ventricular premature contractions, skipped beats, in Special Report 102, Heartbeat: Too Fast, Too Slow, Irregular, which I am sending you. Others who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LETTER/102, P.O. Box 5537, Riverton, NJ 08077-5537. You could ask your doctor to refer you to a cardiologist, if you like.

DEAR DR. LAMB: I have had hives for the past two years. They are worse whenever I engage in physical activity such as using my hands or walking. If I stand on a stepladder or sit on something hard, I will get them. They are around my waist if my pants are too tight. I also get them on my head and throat.

An allergist said I have pressure hives and put me on steroids, which helped, but he didn't leave me on them very long. I tested as allergic to cats and got rid of the family cat, but that did not help. I began wearing wider shoes, which keeps the hives to a minimum when I walk.

DEAR READER: When you have pressure urticaria (hives), almost any point on the body that is subjected to pressure can result in hives, including hives over the buttocks several hours after sitting on a hard surface. Unfortunately, this form of hives does not respond well to antihistamines. The corticosteroids are helpful, and in severe cases, they may be given every other day.

Part of your symptoms may be exercise-induced hives so it would be worth trying Seldane on a regular basis, even though pressure hives do not respond well to antihistamines.

DEAR DR. LAMB: For years I thought hepatitis was caused by blood transfusions. Now I hear it is caused

by sexual activity. I thought if you didn't have any blood transfusions you wouldn't get it. I had a cousin who had cirrhosis of the liver and I watched him die. I am now concerned about my two teen-age boys. Are they at risk of getting hepatitis? I was told there is a vaccination you can take to prevent it. Is that so?

DEAR READER: The subject of hepatitis is rather complex. You can get any of the common forms of viral hepatitis (A, B or C) from sexual relations with an infected partner. With viral hepatitis A, that can happen only for a short interval when a person is contagious with the virus. After recovery from the initial illness, there is no danger. Hepatitis C can be sexually transmitted, but it is more often transmitted by infected needles or transfusions. It is now believed that the majority of cases of viral hepatitis B are caused by sexual contact. However, it can and is transmitted by contaminated needles, particularly in drug users, or transfusions or simply from getting infected body secretions through the skin. It is also transmitted to babies from an infected mother.

Unlike viral hepatitis A, mostly a food- and water-borne illness, you can become a carrier to infect other people or you can have chronic hepatitis or develop cirrhosis of the liver. As many as 10 percent of the population in the United States have had hepatitis B. Fortunately only one out of these 10 has a chronic state and the other nine recover completely.

To help you sort out the problems of hepatitis, I am sending you my new Special Report 145, Hepatitis and Cirrhosis. Others who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10

envelope for it to THE HEALTH LETTER/145, P.O. Box 5537, Riverton, NJ 08077-5537.

Blood is tested for hepatitis B, and there is a vaccine that is available to provide protection for five years. Health-care personnel should be immunized because they are at increased risk, particularly surgeons who are often exposed to infectious blood. If a person is exposed, passive immunization immediately may protect against hepatitis. The more sexual partners a person has the greater the risk of getting viral hepatitis B. But you can't get it from a person unless he or she is a chronic carrier of the virus or is acutely infected. In the nine in 10 of those who totally recover from the infection, there is no danger of transmitting the disease.

DEAR DR. LAMB: My sister-in-law has a condition called retinitis pigmentosa. She says she will go blind and there is nothing that can be done for her. I can't believe this. Is there really such a disease? What causes it? She is in good health otherwise, does not have diabetes, doesn't smoke and exercises regularly.

DEAR READER: Unfortunately there is such a disease. It causes a progressive loss of the cells in the retina that respond to light and provide vision. Along with the cell degeneration there is clumping and changes in pigmentation of the retina. As the retina degenerates, the ability to see is lost.

First there is a loss of night vision. Then gradually there are changes in the field of vision so that a person can only see a limited area directly in front of the eyes.

It is an inherited defect and runs in families.

Accelerated benefits are possible

Many life insurance companies now offer life insurance policies that let a policyholder collect all or part of the death benefit while still living. This feature can help relieve some of the financial burden of a serious illness.

Known as accelerated benefits, or as living benefits, this feature may be provided for in the policies themselves, but more often they're added by riders or attachments to new or existing policies.

How do they work? The accelerated benefits option or rider in a life insurance policy provides that all - or a portion of - the policy's proceeds may be paid to the insured on the occurrence of specified events such as diagnosis of a terminal illness or onset of a medically incapacitating condition.

Today, more than 150 companies offer some form of accelerated benefits and nearly three million policyholders have these options in their policies.

NEW YORK (AP) - Maybe this time David Letterman fans will find out what Vice President Al Gore had for breakfast and dinner.

Gore has been booked as a guest for the Sept. 8 edition of Letterman's new show on CBS, "Late Show with David Letterman."

Earlier this year, Gore talked with the Letterman on his old NBC show by telephone. The vice president was part of a recurrent bit called "Tell Us About Your Lunch." He said he ate some food from McDonald's.

HUNTING SEASON IS HERE!
Come by O'Dell's For:

- Custom Guns
- Sales
- Repairs
- Bluing
- Parkerizing

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NRA PERSONAL PROTECTION COURSE
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INDOOR RANGE AND SUPPLY, INC.
"We Aim To Please!"

Paulhandle Gunsmithing & Bullets
Two Full Time Gunsmiths On Duty
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Between Canyon E-Way & Georgia On 45th

WHAT IS O'DELL'S? IT'S:

- 12 Indoor Pistol Shooting Stations
- 20 Indoor Archery Stations
- Handicapped Accessible
- Open Daily 8 am to 10 pm

CALL TO RESERVE A STATION NOW!

(806) 352-COLT (2658)

Chavez Flea Market

The largest in Hereford.
We invite you to come and see what we have.

Refrigerators ..\$94.99 - \$174.99	Washers ..\$74.99 - \$99.99
Freezers \$94.99 - \$174.99	Dryers\$54.99 - \$99.99
Gas Stoves or Electric	\$74.99 - \$134.99

20 Day Guarantee

Kitchen Tables with Chairs \$74.99 - \$94.99

Beds, Couches, Dressers, T.V., Mattresses, Box Springs, Bicycles, and much more. We will hold your purchase on layaway with 25% down & you have 30 days to pay. Every item sold is guaranteed to work.

Open Tues - Sat. 9:30-5:30 p.m.
225 N. Main • Hereford, Texas • 806-364-4834

<p>1- 10x13 (Wall Photo)</p> <p>1- 8x10</p> <p>2- 5x7</p> <p>2- 3x5</p> <p>16- King Size Wallets</p> <p>8- Regular Size Wallets</p>	<p>30 Color Photos</p> <p>99¢ Deposit \$11.00 Due at Pick up (plus tax)</p> <p style="font-size: 2em; font-weight: bold;">\$11.99</p> <p>WE USE KODAK PAPER</p>	<p>AT</p> <p style="text-align: center;">HOMELAND 535 N. 25 MILE AVE THUR. • FRI. • SAT SEPTEMBER 2, 3 & 4 9A.M.-1P.M. & 2P.M.-7P.M.</p>
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Shugart's inc.

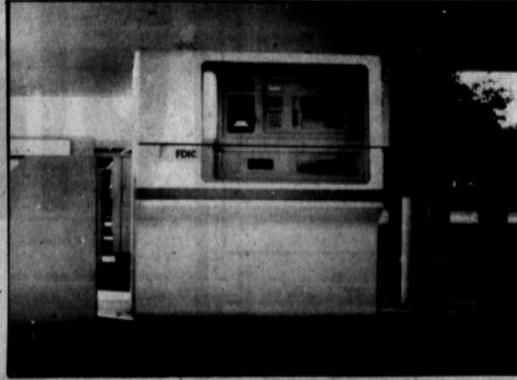
Group charge 99¢ per person

Kodak PAPER

FOR CREATIVE COLOR PORTRAITS

EASY access to FAST cash!!

At our drive-up ATM located in the south lane of our drive-in facility.



MPACT

Our NEW MPACT automatic teller machine is on line to handle all your cash transfers, and balance inquiries. It is open 24 hours-a-day, and allows you to make transactions from the SAFETY and CONVENIENCE of your car.

The First National Bank Of Hereford
P.O. Box 593 • Hereford, Tx. • (806) 364-2435
MEMBER FDIC

Classifieds

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee, to place your classified advertising. We reach thousands every day!

The Hereford Brand
 Since 1901
Want Ads Do It All!
 You Want It,
 You Got It!
CLASSIFIEDS
 364-2030
 Fax: 364-8364
 313 N. Lee

CLASSIFIED ADS
 Classified advertising rates are based on 15 cents a word for first insertion (\$3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy charge, straight word ads.

TIMES	RATE	MIN
1 day per word	15	3.00
2 days per word	26	5.20
3 days per word	37	7.40
4 days per word	48	9.60
5 days per word	59	11.80

CLASSIFIED DISPLAY
 Classified display rates apply to all other ads not set in solid word lines—those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$4.15 per column inch; \$3.45 an inch for consecutive additional insertions.

LEGALS
 Ad rates for legal notices are same as for classified display.

ERRORS
 Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1. ARTICLES FOR SALE

Maxwell Orchards is opening September 4th. Pick your own home grown tomatoes, Jalapenos, hot chilies, peaches and all natural sweet apple cider. Open Tuesday thru Sunday, closed Monday. 14 Miles South of Hereford on Hwy. 385. 806-647-4613

Express Order for Computer Software: MS-DOS, Windows, Macintosh, Video Games; Nintendo, Super NES, Sega, Alladin, Game Boy, Game Gear, VHF Movies: Over 300 titles, Karaoke cassettes: For vocal accompaniment and sing along fun specialty products: Neon Ground Effects, TV mounts and more. Very competitive prices. Kerr Electronics, Radio Shack 311 North Main. 364-5500.



FOR SALE
Ludwig 7 pc. Drum Set
 Includes Snare Drum
\$275.00
 Call after 5:00 p.m.
364-6737

COUPON FREE GAME
 Buy One Get 1 FREE
 Expires 12-31-93

PARK AVE. BOWL & CLUB FALL LEAGUES NOW FORMING
 Sign up now! Call 364-2604 or come by 125 W. Park Ave.

Mon Nite Ladies' Trio
 Aug. 30th - 6:30 P.M.
 Mon Nite Mixed
 Aug 30th - 8:30 P.M.
 Tues Nite Mixed Trio
 Aug 31st - 7:30 P.M.
 Wed Nite Ladies'
 Sept 1st - 6:30 P.M.
 Wed Nite Mens
 Sept 1st - 9:00 P.M.
 Thurs Nite Mens
 Sept. 2nd - 7:30 P.M.
 Fri Nite Mixed Couples
 Sept 3rd - 8:00 P.M.
 Sat. Tall & Small (1Adult 1 Child)
 Sept 11th - 3:00 P.M.
 Sat Nite Casino (Bowl For Cash)
 8:30 P.M.
FREE Bowling Lessons
 Contact Tracy or Glenda
 All League Members get 1/2 Price
 Discounts on Open Bowling

For Engine Tune Ups And Overhauls. Automatic Transmission. Computer Ignitions. Brake Jobs. Oil Change. Wash Jobs. Call **A Alignment Shop** 301 E. 1st 364-6637

We buy almost anything. Trash & Treasures. 143 North Main-Hereford's New Second-Hand Store. Bicycle Repair Shop. Call 364-8022 or 364-1736



FOR SALE
Queen Size Sleeper Sofa
 in excellent condition
 Earth-tone with Floral Accents
 Call after 5:00 p.m.
364-4263

A Great Gift!!! Texas Country Reporter Cookbook -- the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. \$13.95 at Hereford Brand. 17961

Repossessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

The Roads of Texas and The Roads of New Mexico are for sale at The Hereford Brand in book form. \$12.95 each, plus tax. Discover roads you never knew were there. Hereford Brand, 313 N. Lee. 24757

Executive size desk and credenza. Also roll top desk. Call 364-4730 evenings or leave message. 24908

4 kittens to give away, weaned and box-trained. 113 Ave. B. After 5 p.m. 24918

For sale baby bed, \$25; Car seat, \$30. Call 364-6701. 24929

For sale Jalapenos, anaheims, & tomatoes, 2 mi. South on Hwy 385. Call 364-3877 or 364-6015. 24933

For sale Hot Point dishwasher. 364-1612 after 5 p.m. 24939

1A. GARAGE SALES

Wanted-Coats and sweaters that your family has out grown. We will distribute them to people who need coats for this winter. We particularly need coats for kids. Call us and we will come pick them up. Fellowship of Believers, 364-0359

Garage Sale 244 Beach Thursday, Friday & Saturday 8-7 Tools, lots of clothes, toys, books, tapes and much more. 24915

Garage Sale Saturday 8-7 200 Elm. Kids clothes, furniture, & lots of misc. 24917

Yard Sale 316 Norton Friday 9a.m.-4p.m.; Saturday 9a.m.-1p.m. Clothes, knick knacks, wall decorations, used recliner, end tables, baby crib, car seat & toys. 24928

Garage Sale Friday, Saturday & Sunday. Ave. K-3/4 mile North of 15th. 24934

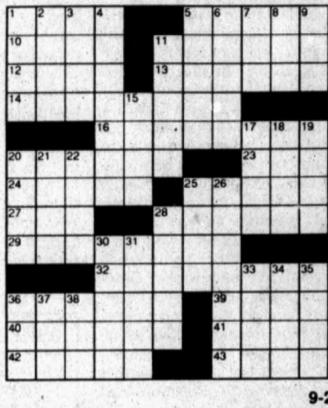
Garage Sale 410 Union Friday 8-5. Childrens clothing, misc. 24938

Garage Sale 120 16th St. Friday & Saturday 8-1. Comforters, towels, dishes, two small tv sets & misc. 24940

CROSSWORD

by **THOMAS JOSEPH**

- ACROSS**
 1 Oz visitor
 5 Attack
 10 Track shape
 11 Groom's garb
 12 Uncool fellow
 13 Conjectured
 14 Anagram of 16-
 16 Anagram of 29-
 20 There are 13 in a hand of bridge
 23 Fashion model
 24 Bull-winkle's pal
 25 Half of Hispaniola
 27 Lennon's wife
 28 He's in the hole
 29 Anagram of 32-
 32 Anagram of 14-
 36 "Street-car" role
 39 Vesuvian output
 40 Philadelphia team
 41 Yoked beasts
 42 Anxious
- DOWN**
 43 Matter beater
 1 Secret society
 2 Finished
 3 Scarlett's home
 4 The Devil
 5 Apartment worker
 6 Live
 7 Sawbuck
 8 Dedicated
 9 Tacit approval
 11 Carries
 15 Dark
 17 Pace
 18 Choir member
 19 Calaboose
 20 Horse's
 21 Writer
 22 Computer screen
 25 Frau's spouse
 26 Job's victim
 28 Ballet painter
 30 Fish



Yesterday's Answer

- pace features
 31 Bay
 33 Car for hire
 34 Flat
 35 Beach grains
 36 Mermaid's home
 37 Do leather work
 38 Custard ingredient

STUMPED? For answers to today's crossword, call 1-900-454-7377/99¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

Garage sale 414 Ave. H. Friday & Saturday. Table & chairs, 2 set of twin beds, 2 chest of drawers, lots of baby clothes, girl clothes 4-10. 24935

Large three-family sale. Saturday, September 4th and Sunday September 5th, 801 N. Lee. Sale will not begin until 8 a.m. on sale days. Lots of women's, women's petite and children's clothing, assortment of men's, women's and children's shoes, children's games, toys and more toys, one trundle bed with mattress (twin-size w/storage drawers underneath), one king-size Henredon bed w/boxspring & mattress, queen-size comforters (w/coordinating bed skirts, linens, pillow shams), two white twin-size bedsprads, one hardwood checker/chess pedestal table, one bean bag, pr. of 165 skis w/two pair of poles & ski tote bag, one dolby cassette player recorder, one pair of stereo speakers, one lot of 8-track tapes, 8-track quadraphonic car stereo, golf clubs, and much more!

2. FARM EQUIPMENT

GAYLAND WARD SEED CO
 806-258-7394
 For all your seed wheat needs TAM 105, 107, 109, 200, 202, 2180, Chisolm, Karl, Elbon, MatonRye, Triticale, Bulk or bagged, also custom seed cleaning. 6 miles East of Hereford.

For sale Lambs & Breds Ewes. 289-5851 or 364-6578. 24881

Contract seed growers needed. Wheat, triticale, rye. Call Gayland Ward. 258-7394. 24754

3. VEHICLES FOR SALE

MUST SELL! '92 Mercury Cougar, 2-door, automatic transmission, power windows, power door locks, tilt steering wheel, cruise control, am/fm stereo cassette, power drivers seat, no old contract to assume, no back payments to make, just need responsible party to make reasonable monthly payments. Call Doug Bolt in The Credit Department, Friona Motors, 806/247-2701

MUFFLER SHOP CROFFORD AUTOMOTIVE
 Free Estimates
 For All Your Exhaust Needs
 Call: 364-7850



320 Acres in Deaf Smith County, Texas, near Vega. Contact Pluma Jo Peterson at 402-993-2377 or 402-564-5753 or write P.O. Box 155, Genoa, NB 68640 24878

House for sale in Fritch Texas by owner, 3 bedroom, 1 1/2 bath, detached garages. Call 364-6112; after 6 p.m. 364-6598. 24879

603 Stanton. Must see inside-you'll love this! Completely remodeled-3 bedrooms, 1 3/4 baths. New roof. Seller might help with buyer's closing costs. Don tardy Co. 364-4561. 24910

For sale Classic 14x54 mobile home, 2 bedroom, one bath, \$1,800.00. Call 364-0915. 24927

5. HOMES FOR RENT

Best deal in town, furnished 1 bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-6110. 1320

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873

Paloma Lane apartment, 2 bedroom available, central air/heat, range furnished, water paid. 364-1255 9-5:30. M-F. 23229

Two bedroom unfurnished duplex, 416 Ave. D. \$125 + deposit. 364-5048. 24825

Two bedroom, one bath, 506 West 2nd, \$125/monthly + deposit. 364-4908. 24829

Need extra storage space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available. 364-4370. 24831

Want To Buy Corn Silage or Sorghum Smith Cattle Feeders II in Dawn Area Grower Lot
276-5532
Barry Smith 364-7625

For rent 323 Ave. K, \$350/mo., \$150 deposit, Call Realtor, 364-7792. 24901

For rent: Nice 2 bedroom house unfurnished, \$200/monthly, 503 Blevins, Call 806-762-4339. 24919

For rent 2 bedroom, 1 bath stove & ref. furnished, 212 Ave. I, \$200/monthly, 364-6489. 24931

6. WANTED

Coats and sweaters no longer needed by you can be put to good use by donating them to us. We will distribute them to others who are in need of warm clothing for this winter. Call 364-0359 to arrange for pickup or delivery. Fellowship of Believers.

Would like to have a night watching job, part time or full time. Weldon Moses. 364-3973. 24926

8. HELP WANTED

Nanny to live in and care for one small child. Room, board & salary. Prefer mature lady. 364-6769

Position For RN & LVN. Good benefit package. Competitive salary. Kings Manor Methodist Home, 400 Ranger Drive, Hereford, EOE. 23745

Deaf Smith Electric Cooperative, Inc. is now accepting applications for an entry level position. A high school diploma or equivalent is required. This is a physically demanding position and the successful applicant must pass a physical examination. Candidates with training in the field of electricity are preferred. Starting salary is commensurate with experience and qualifications. Deaf Smith Electric Cooperative, Inc. is an equal opportunity employer. Employees shall be considered and hired on the basis of merit, without regard to race, color, religion, sex or national origin. Employment application forms are available at the offices of Deaf Smith Electric Cooperative, Inc. First and Whittier, P.O. Box 753, Hereford, Texas. Deadline for accepting applications or resumes is Wednesday, September 8, 1993.

Classifieds.
 They're just for you, everyday,
 in the Hereford Brand.
 Call Janey Allmon today at 364-2030 and get a classified to work for you.

Classifieds

Mill manager, experienced in operation maintenance of 30,000 head feedyard mill. Excellent wages & benefits, 385-5141 Contact David 24859

Wanted: Two experienced semi truck drivers for local fall harvest. 806-578-4549 24902

National publishing firm needs people to label postcards from home. \$800/wk. Set your own hours Call 1-900-740-7377 (\$1.49 min/18 yrs+) or Write: PASSE-480C, 161 S. Lincolnway, N. Aurora, IL 60542. 24909

Pen riders needed, Bartlett II Feedyard, 258-7298 24920

Weekend RN needed. Flexible hours. Competitive hourly rate. Golden Plains Care Center. 364-3815. 24702

No experience! \$500-\$900 weekly/potential processing FHA mortgage refunds. Own hours. 1-501-646-0503 ext. 270, 24 hours. 24839

Waitress full time/experienced Cook needed part time. Day hours only. Ranch House Restaurant. 364-8102.

Deaf Smith Electric Cooperative, Inc. is now accepting applications for the position of journeyman lineman. Qualifications include at least five years of electric line work and a thorough knowledge of utility construction, maintenance and operations. A high school diploma or equivalent is required. This is a physically demanding position and the successful applicant must pass a physical examination. Starting salary is commensurate with experience and qualifications. Deaf Smith Electric Cooperative, Inc. is an equal opportunity employer. Employees shall be considered and hired on the basis of merit, without regard to race, color, religion, sex or national origin. Employment application forms are available at the offices of Deaf Smith Electric Cooperative, Inc., First and Whittier, P.O. Box 753, Hereford, Texas, 79045. (806)364-1166. The deadline for accepting applications or resumes is Wednesday, September 8, 1993.

9. CHILD CARE

Christian child care provided in my home. Reasonable rates. One full-time, one part-time opening for school year. Call 364-6701. 22973

KING'S MANOR METHODIST CHILD CARE
*State Licensed
*Qualified Staff
Monday-Friday 6:00 am - 6:00 pm
Drop-ins Welcome with advance notice
MARILYN BELL / DIRECTOR
364-0661 • 400 RANGER

HEREFORD DAY CARE
Offering an excellent program of learning and care for your children 0-12! State Licensed
Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!
364-5062
248 E. 16th

10. ANNOUNCEMENTS

Problem Pregnancy Center Center, 505 E. Park. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11. BUSINESS SERVICE

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120; Nights Call 289-5500. 14237

Harvey's Lawn Mower Repair, tune ups, oil change, blade sharpening, etc. pickup-deliver, mow lawns, 705 South Main. 364-8413 23806

Handy Man-I do clean up, painting, lawn mower repair, etc. Reasonable rates. Dwain Wheat, 364-5672. 24594

VACUUM WORLD
Authorized Sales & Repair, Kirby, Royal, Sharp and most other makes. Terms available. 25 years repair experience.
Bob Bridwell
609 E. Park Ave.
Suite D-364-9411

HOME MAINTENANCE
Repairs, Carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing. For free estimates call **TIM RILEY-364-6761**

12-Livestock
Wintmore Rye Seed. Excellent choice for heavy winter grazing or haying. Call Evans Grain at Kress, Tx. (806)684-2710. 24592

LEGAL NOTICES

TAYLOR & SONS ENTERPRISES, INC. HAS MADE APPLICATION WITH THE TEXAS ALCOHOLIC BEVERAGE COMMISSION FOR A WINE & BEER RETAILER'S OFF PREMISE PERMIT TO BE LOCATED AT 518 N. 25 MILE AVENUE SPACE # 260, CITY OF HEREFORD, TEXAS, AND OPERATED UNDER THE TRADE NAME OF TAYLOR'S AND SONS, CORPORATE OFFICERS BEING: WILFORD TAYLOR III, PRESIDENT, 1710 BROOKHAVEN, CANYON, TEXAS, CYNTHIA KAY MILLS, SECRETARY, 4140 UNIVERSITY BLVD. DALLAS, TX.

The Commissioners of Deaf Smith County, Texas will open bids at 9 AM on September 13, 1993 in the Courthouse for a 3/4 ton 8 passenger van for the Sheriff's department. Specifications may be obtained at 242 East Third Street, Hereford, Texas. The Commissioners reserve the right to reject any and all bids.

AXYDLBAAXR
IS LONGFELLOW
One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.
9-2 CRYPTOQUOTE
CBR NCIDJORN C QXJ ZJ
CBR KDIGE ZN BR
KBD NCXJEN XGDJR.—ZWNRJ
Yesterday's Cryptoquote: THE MOST IMPORTANT THING ABOUT ACTING IS HONESTY, AND IF YOU CAN FAKE THAT, YOU'VE GOT IT MADE.—GEORGE BURNS
NEED HELP with Cryptoquotes? Call 1-900-420-0700! 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features Service, NYC.

PUBLIC NOTICE
NOTICE IS HEREBY GIVEN that the Panhandle-Plains Higher Education Authority (the "Authority") will hold a public hearing on September 17, 1993, commencing at 10:00 o'clock A.M. in the offices of Witherspoon, & Langley, located at 244 North Main Street, Hereford, Texas, to provide an opportunity for all interested persons to be heard with respect to the proposed issuance and sale in 1993 of the Authority's student loan refunding revenue bonds in one or more series in an aggregate principal amount not to exceed \$102,200,000 (the "Bonds").

The proceeds of the Bonds will be utilized by the Authority for the purpose of refunding student loan revenue bonds previously issued by the Authority as provided and limited by the Internal Revenue Code of 1986, as amended, the Texas Education Code, as amended, and Vernon's Ann. Stat. 717k. Student loan notes are notes executed by students (or parents of students) who are residents of the State of Texas and who have been admitted to an accredited institution in the State of Texas (as defined in the Texas Education Code) or are otherwise guaranteed by the Texas Guaranteed Student Loan Corporation. The loans are insured or guaranteed pursuant to the Higher Education Act of 1965, as amended. The loans are to enable students to finance post-secondary education. The Bonds would be limited obligations of the Authority payable solely from the net revenue derived from the student loans in the trust estate for the Bonds and from certain reserve funds. They are not payable out of taxes. All interested persons are invited to attend the hearing to express their views with respect to the issuance of the Bonds. In lieu of attendance at the meeting, written comments may be submitted to the Authority addressed to the undersigned: PANHANDLE-PLAINS HIGHER EDUCATION AUTHORITY, INC., 2306 6th Avenue, Box 839, Canyon, Texas, 79105 Clifford Baker /s/ Executive Director

COMBINED NOTICE
NOTICE TO PUBLIC OF NO SIGNIFICANT IMPACT ON THE ENVIRONMENT AND NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

Date: September 2, 1993
Name of Contractor: Deaf Smith County Courthouse Room 201, Hereford, Texas 79045-5515
TO ALL INTERESTED AGENCIES, GROUPS, AND PERSONS:
On or about September 16, 1993, the above named entity will request the Community Development Block Grant Program to release federal funds under Title I of the Housing and Community Development Act of 1974, as amended, for the following project:
Project Title: Water and Sewer Improvements Project
Purpose: To provide adequate water and sewer service for the residents of the Campbell Street Edition
Location: Immediately outside the Southern city limits of the City of Hereford, in the Campbell Street Edition
Enumeration District/Census Tract: Census Tract
Estimated Cost of Project: \$285,397 (\$250,000 Texas Dept. of Housing and Community Affairs) (\$35,397 Deaf Smith County)
Finding Of No Significant Impact
It has been determined that such request for release of funds will not constitute an action significantly affecting the quality of the human environment in the project area and accordingly, the above named entity has decided not to prepare an Environmental

Impact Statement under the National Environmental Policy Act of 1969. The reasons for such decision not the prepare such statement are as follows: Deaf Smith County's Water and Sewer Improvements Project will be advantageous to the community residents and will greatly enhance the Campbell Street Edition's water and sewer system. The project is not an action which

will significantly affect the quality of the environment. An environmental assessment respecting the within project has been made by the above named entity which documents the environmental review of the project and more fully sets forth the reasons why such statement is not required. The environmental assessment is on file at the above mentioned address and is available for public examination and copying upon request at the County Courthouse between the hours of 8:00 a.m. and 5:00 p.m. Public Comments of Finding

All interested agencies, groups, and persons disagreeing with this decision are invited to submit written comments for consideration by the entity to the office of the undersigned. Such written comments should be received at the address specified on or before September 16, 1993. All such comments so received will be considered, and the entity will not request a release of federal funds or take any administrative action on or within the project prior to the September 16, 1993. Release of Funds

Deaf Smith County will undertake the project described above with Community Development Program funds from the Department of Housing and Community Affairs under the Title I of the Community Development Act of 1974, as amended. Tom Simons as the certifying officer of the contractor approved by the Texas Department of Housing and Community Affairs, in his official capacity as Judge, consents to accept the jurisdiction of the federal court if an action is brought to enforce responsibilities in relation to environmental assessment's decision-making and action; and that these responsibilities have been satisfied. The legal effect of the certification is that upon its approval, Deaf Smith County may use the Texas Community Development Program funds, and the Texas Department of Housing and Community Affairs will have set aside its responsibility under the National Environmental Policy Act of 1969, and 24 CFR, Part 58. Objections to State Release of Funds

The Texas Department of Housing and Community Affairs will accept as objection to its approval only if it is one of the following bases: (a) that the certification was not in fact executed by the certifying officer or other officer of the contractor approved by the Texas Department of Housing and Community Affairs; or (b) that the contractor's environmental review record for the project indicates omission of a required decision finding or step applicable to the project in the environmental assessment. Objections must be prepared and submitted in accordance to required procedure (24 CFR, Part 58.75) and may be addressed to the Texas Department of Housing and Community Affairs, Finance Division, P.O. Box 13941, Austin, Texas 78711-3941. Objections to release of funds on a basis other than those stated above will not be considered by the Texas Department of Housing and Community Affairs. No objection received after September 30, 1993 will be considered by the Texas Department of Housing and Community Affairs. CERTIFYING OFFICER OF CONTRACTOR:

Tom Simons
Environmental Certifying Officer
County Courthouse,
Room 201 Hereford,
Texas 79045-5515

Optical options considered

Here are two things you can do to help your youngsters see their way clear to health, happiness and a good education. One is to have their eyes examined annually.

The second is to consider the functions, fit and comfort of any eyeglass your child may require.

Dr. Jack Weber, Director of Education and Research at Marchon & Marcolin Eyewear, suggests parents consider these options when selecting eyewear.

1. Adjustable Unifit Bridge. The tender cartilage of a child's nose needs special attention. A well-fitted bridge will distribute the frame's weight evenly. Made of soft silicone, each side of a unifit bridge can be independently adjusted for a comfortable, contoured fit that alleviates pressure on the nose.

2. Spring Hinges enhance the durability of the frame by adding flexibility to the hinge area for a smooth, constant tension to keep frames from sliding down the nose reducing the need for repeated adjustments.

3. Comfort Cables. The temple evenly distributes the weight of the frame between the child's ears and nose. With comfort cables, rubber tubing covers a flexible metal ear tip providing a snug, comfortable fit so the frames won't slip or fall off.

4. Accident-proof eyeglasses made of Flexon, can withstand rough handling and spring back to their original shape even after being bent or twisted. Frames require few adjustments and won't slide down your child's nose. They resist corrosion from the dirt and grime that children seem to attract, so the glasses look new, longer.

5. Glasses that are fun to wear. A selection of 20 vibrant colors on CFGs are a great choice for kids. Disney eyewear in metal or plastic are durable and come with a Disney character padded case with a belt hook to help make eyeglass wearing a positive experience.

Marchon's Dr. Weber suggests you keep these suggestions in your mind's eye when getting youngsters' eyewear prescriptions filled and fulfill your part in helping them see better.

BOSTON (AP)—The Boston band Aerosmith, known for "Walk This Way" and other enduring rock 'n' roll hits, has earned the first star in the Tower Records Walk of Fame.

Band members Steven Tyler, Joe Perry, Brad Whitford, Tom Hamilton and Joey Kramer attended the ceremony Thursday at Tower Records. Each received a replica of the 26-inch brass Aerosmith star that was cemented into the ground outside the Newbury Street record store.

Aerosmith's first album was released in 1973 and the band has sold more than 35 million albums since.

The band broke up for awhile in the 1980s, but got back together and in the last four years has won a Grammy, three MTV awards and other honors.

Their latest hit album, "Get a Grip," released in April, is about to be certified double platinum.

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Prices effective Wednesday, September 1, 1993.

CATTLE FUTURES		GRAIN FUTURES	
CATTLE - FEEDER (CME) 5000 lbs. cwt. per lb.	Sept 87.25 87.25 87.25 87.25	CORN (CBT) 5000 lbs. cwt. per bu.	Sept 229.00 229.00 229.00 229.00
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Dec 91.00 91.00 91.00 91.00	Jan 92.25 92.25 92.25 92.25	Dec 231.00 231.00 231.00 231.00	Dec 231.00 231.00 231.00 231.00
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Police piper takes sad song to funerals

By BILL MARVEL
The Dallas Morning News
 DALLAS (AP) - The music seems to come straight from another world, from everywhere at once and nowhere in particular, permeating the air like a scent rather than a sound. The scent of mourning.

What is it about the bagpipe? You tune in the six o'clock news and there it is, a policeman's funeral. The family, friends, fellow officers. The 21-gun salute, pistols fired into the air. Then it begins, the eerie and unworlly skirl of bagpipes.

Sgt. Rector McCollum has a simple explanation: It makes people sad. And a funeral is the one place where sadness is appropriate, where to evoke sadness is a blessing. In what has become an all-too-frequent occurrence, Rector McCollum early this month donned his tartan plaids to pipe for another dead officer placed into the earth. This time it was Ricky Lee Ward, the Mexia, Texas, policeman who was shot down while chasing a shoplifting suspect.

For Ward's funeral, McCollum journeyed all the way to Fairfield in Central Texas. He was glad to do it, though. "As long as it goes well and adds dignity to an occasion," he says, "I consider it a job well done."

He has performed this mournful but necessary duty at least 10 times in the last three years, mostly for Dallas officers but occasionally for officers from other towns and cities.

The funeral he remembers most, the hardest personally, was for Senior Cpl. Billy W. "Doughboy" Daugherty, who died of head injuries a year ago after his motorcycle flipped on LBJ while he was chasing

a speeder. The two officers had once worked together on the tactical squad. "I knew him real well," says McCollum. "I was playing 'Amazing Grace' and I looked over at the family and there was his six-year-old boy, and I didn't know if I was going to be able to finish."

Born in Odessa, Texas, and "almost pure" Scot, McCollum has been a Dallas policeman for 13 years, working the tactical and fugitive sections until he was promoted to sergeant in June. Currently, he is assigned to the chief's office as a long-range planner.

In addition to its other duties, the tactical section represents the department at ceremonial occasions, turning out for such official duties as parades and police funerals. Usually, when it was a funeral, the department would "borrow" a civilian piper from a local bagpipe band. When McCollum offered to learn the bagpipe, his superiors agreed. It would be fitting if the department could have one of its own play at funerals.

He approached Duncan Ballantyne, pipe major with the North Texas Caledonian Pipe and Drums, to teach him the instrument.

The bagpipe is both easy and difficult: easy to play if you have the knack, but difficult to play really well.

"It's said you're never a true piper until you've played for seven years," says Ballantyne.

McCollum has been playing barely three years, and he does not consider himself nearly good enough to play in the band, yet.

Like all pipers, he started on a

practice chanter, an oboe-like instrument that is blown directly. Once a player masters the chanter -- and that takes about a year -- he moves on to the pipes. (Even experienced pipers return to the chanter when they have a new tune to learn.)

"There's a cultural shock when they switch," says Ballantyne. Not only do you have to know the tunes, but you have to learn to keep the bag inflated and play at the same time.

It's like patting your head and rubbing your stomach simultaneously.

"You inflate the bag, and squeeze air out of it," says McCollum. While the piper is busy blowing air into the bag and fingering the stops, he also is squeezing the bag, forcing air passing through three "drone" pipes a bass and two tenors producing the accompanying whine so characteristic of bagpipe music.

"Because you don't blow directly into it, the bagpipe is the only instrument that never stops. The trick is to know when to blow and when to squeeze."

It's an ancient instrument, at least as old as the Egyptians. There are paintings of bagpipe players on Greek vases. But over the centuries, the bagpipe has become associated with the Celtic races, the Irish and the Scots.

The tradition of bagpipe music at police funerals goes back only a century and a half, says McCollum, to Sir Robert Peel, the British Home Secretary who in 1822 began reforming the London Police Force along military lines.

"The command staff were retired British officers, and lots of the

patrolmen were Irish ex-soldiers," says McCollum. "And the British military used bagpipes like the American Army uses bugles."

"The first police department as we know it in the United States was Boston. And they turned to the London Police Force and copied their procedures, uniforms and structure almost to a T."

Celtic roots run deep in big-city American police departments, where the sons and grandsons of Irish immigrants have filled the ranks for decades.

Many departments still maintain Emerald Societies, fraternal organizations for policemen of Irish and Scots-Irish descent. The New York Police Department has a large bagpipe band.

Novelist Joseph Wambaugh, a former Los Angeles policeman, describes in "The Onion Field" the funeral of a young officer, of Scottish descent and himself a piper, who has been killed in the line of duty:

"I knew it was coming," says one of his fellow officers, standing at the graveside, "but I still started trembling when I heard it. Back, back up on the hillside he was. That solo piper. That solitary piper. Playing that ancient plaintive dirge for clansmen killed in battle, 'Flours of the Forest.' And I was shivering all over, and I noticed that the hairs on the back of my hands were moving, swaying."

McCollum doesn't play 'Flours of the Forest,' yet. "I just got some new music and I think it's one of the tunes in there," he says.

"But I play 'Amazing Grace' for sure, and when they march the casket from the hearse to the graveside, I play 'Going Home.' It's a sad,

lamenting, mournful tune, but with a little march to it."

During a funeral, he prefers to stand slightly to one side, within view of the family, but far enough so that the music is not harsh or grating.

"You need distance. The bagpipe is a very loud instrument. I pace off the distance beforehand. It depends upon the wind and on background noise, but usually about 100 feet."

Afterward, mourners frequently come up to tell him how moving the music was. But not everyone is moved to tears by the bagpipe.

In order to spare his neighbors and his wife, McCollum practices his

pipes out in a field north of suburban Plano, Texas.

"I have two Rhodesian Ridgebacks that need to be walked, and I take them with me," he says. "When I play, they howl and howl and howl."

The first time he took the bagpipe to practice, he says, the male dog had gone about 50 yards. The bagpipe makes lots of squeaks and squawks before it settles into a steady drone, and as McCollum began playing, the dog whirled around and came running back.

"He jumped all over me. He was going to save me."

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Governor's 'road show' draws critics

CARTHAGE, Texas (AP) - Republicans say that Gov. Ann Richards' "capital for a day" program is an early start for her 1994 re-election campaign at taxpayers expense.

"Her political road show will cost more than the cost of educating a child for the entire school year," said Fred Meyer, state GOP chairman.

Richards was scheduled to be in this East Texas town today.

But Richards praised the program, saying it's important for elected officials and agency directors to get out of Austin and hear what Texans think of their government.

"They want to know that government's going to do its job, it's going to do it right, and it's going to do it at the least cost possible," Richards said.

She said such trips give citizens the opportunity to confront frontline managers in person and say, "This is a problem I've got. This is why I need your help, and I want it done differently."

Richards' press secretary, Bill Cryer, called the GOP criticism off base, saying the visit was strictly nonpartisan.

Republican state officeholders, including Agriculture Commissioner Rick Perry and Railroad Commissioner Barry Williamson, had been invited to attend, Cryer said, although neither was scheduled to do so.

Cryer said the trip gives state officials the opportunity "to listen to what the average man and woman on the street in a small East Texas town thinks what state government should be doing for them. I can't imagine anyone being opposed to that."

Meyer said government officials should listen to citizens routinely, not just on special trips.

"If the governor truly listens to the people, she'll hear them saying government should spend less, and spend our money on priorities such as education and crime rather than wasting our tax dollars on staged events designed to bolster politicians' re-elections," Meyer said.

Also on the trip itinerary were Comptroller John Sharp, Attorney General Dan Morales, Land Commissioner Garry Mauro, Treasurer Martha Whitehead and Railroad Commissioners Jim Nugent and Mary Scott Nabers. All are Democrats.

The heads of about 10 state agencies also made the trip to Carthage.

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