SPORTS

The

Herd comes back, beats Dunbar in OT, girls charge in second half for win--Page 4

HUSTLE HEREFORD

Bill Kester keeps cranking out exotic sports cars at Hereford facility. Find out more in Hustle Hereford, Pages 6-7

12 Pages

Wednesday Jan. 3, 1990 **Hereford Brand**

25 Cents

Races firm for primaries

One county race in the Demo- Ken Rogers, longtime local busicratic Primary drew another candi-nessman, filed as candidate for the date as the deadline for filing county commission, Precinct 4, in passed Tuesday, and a Republican the Republican primary. Two other candidate entered the Precinct 4 GOP candidates are unopposed in county commission race to assure the primary-Kyla McDowell for voters of three contests in the county treasurer, and Larry Malageneral election next November.

Betty Martin, attendance clerk at Precinct 2. Hereford High School, filed as a Others who filed in the Demo Democratic candidate for the tax Primary on deadline day Tuesday assessor collector's post. Margaret included: David Ruland, county Perez and Eileen Behunin had clerk, and Ken Hagar, county already filed for that office in the surveyor. Also filing for precinct March 13 Demo Primary.

ed races in the primary--the other Rumaldo Garcia in 2, Roddy Allred being in Precinct 2 where incum- in 5, and Eldred Brown in 8. One bent Austin Rose is challenged by other Republican filed for precinct Lupe Chavez for the county com- chairman -Irene Mullins in precinct mission post.

men for county commissioner,

party chairmen were Nancy Hill and Democrats will have two contest- Al Dziuk in voting precinct 1,

Rogers to run for commission

Ken Rogers, longtime Hereford businessman and civic worker, has filed as candidate for Deaf Smith County Commissioner, Precinct 4, in the Republican Primary,

Rogers, 50, is owner and manager of Lone Star Agency and has resided in Hereford since 1964. He is a graduate of Baylor University with a major in business management.

"I am not running against anyone--1 am running for an opportunity to serve this county in a leadership role and my main objective would be to help provide jobs and opportunies for county citizens," said Rogers.

He is currently spearheading a project to determine the feasibility of producing paper pulp in the area from the use of grain stubble. "I

consider this something I would be Plan, past district chairman for Boy doing as a commissioner," said Rogers.

Deaf Smith County Chamber of number of professional organizati-Commerce, Rogers is also a past ons.



A

3

Scouts. He is currently on the advisory board of the Baylor School A former two-term president of of Business and is active in a

Hustlin' Hereford, home of Nisar Chand

89th Year, No. 129, Deaf Smith County, Hereford, Tx.



Talks on Noriega drag on

PANAMA CITY, Panama (AP) The new government closed television and radio stations linked to Manuel Antonio Noriega and a top Vatican envoy arrived to aid in negotiations over the late of the ousted general.

Noriega was still at the Vatican mission, where he sought refuge on Christmas eve to escape capture by

Secretary of State Lawrence Eagleburger would meet today with President Guillermo Endara.

not say whether Eagleburger would be finances were in order. involved in the talks to get Noriega out of the Vatican embassy. The Bush chrages.

would look at ways to help Panama was ahead by a 3-1 margin. recover from its economic decline, States imposed sanctions in its effort while they are under investigation," to drive Noriega from power.

lic, an Azerbaijani editor said, but he

The melee the official Soviet news

It said one person was killed and

predominantly Armenian enclave of

mob "high on drugs or alcohol," in

acknowledged that people were

seeing relatives in Iran.

incident in Azerbaijan.

groups.

Azerbaijanis.

President Bush on Tuesday named career diplomat Deane Hinton as returned to its owners three newspaper near the Vatican embassy at a ambassador to Panama, Hinton is now shut down by Noriega. Noriega's roadblock for word on the ousted ambassador to Costa Rica and will replace Ambassador Arthur H. Davis. a Reagan administration appointee who was recalled May 11 to protest Noriega's thwarting of free elections.

Endara's government on Tuesday U.S. forces who invaded on Dec. 20. closed two television stations and 10. The government said Deputy radio stations and declared them under state custody.

Government spokesman Edwin Cabrera said the stations would be State Department officials would returned to their owners if their

One of the TV stations was owned Florida on 1988 drug-trafficking presidential candidate in May 7 The U.S. Embassy said Eagleburger international observers said Endara further details.

"We don't intend to turn these which began largely when the United mediums into propaganda machines Cabrera said

He said the government also them for its own purposes.

Ramon de Lima, the government's vice minister, said the country's press laws would be reviewed by the legislative assembly because they were "instruments of oppression" under Noriega.

A top Vatican envoy, Monsignor Giacinto Berloco, arrived Tuesday to help in the negotiations surrounding Noriega's fate

The Vatican said Berloco would "give a hand" to papal nuncio administration wants to try him in by Carlos Duque, who was Noriega's Sebastian Laboa, who heads the embassy. Berloco was not seen elections that Noriega annulled when Tuesday and the Vatican gave no

> The Vatican has said it is trying to persuade Noriega to leave the mission by himself. But it has repeatedly said it would not hand him over to U.S. troops

Dozens of Panamanians gathered government had seized Critica, dictator, "Noriega, Assassin, Tyrant!" Matutino and Le Republica and ran some if the 200 demonstrators shouted. 'Out of the nunciature.'

They also hung an effigy with the face made out of a pinneaple; many Noriega opponents called him 'pineapple face'' because of the deep ache scars on his face.

Seventeen people besides Noriega are believed to have sought asylum inside the Vatican embassy, including Lt. Col. Nivaldo Madrinan, director of Noriega's secret police, and Capt. Eliezer Gaytan, chief of his personal security force.

A Panamanian officer said many of Noriega's henchmen eluded U.S. capture in the first days of the invasion and were believed hiding in the Vatican and other embassies.

All sides involved in the diplomatic negotiations over Noriega's future refused to comment Tuesday on how the talks were progressing.

Telephones rang unanswered

news agency, Azerinform, and

attempts to obtain more information

Tass said "irresponsible elements'

were trying to aggravate tensions in

Azerbaijan and the Caucasus as a

whole and provoke a brutal response

from authorities. It did not elaborate.

Caucasus has seen the emergence

under Mikhail S. Gorbachev's more

permissive rule of popular grass roots

movements that are demanding

The more liberal political atmo-

independence or greater autonomy.

sphere has also aggravated long-

simmering ethnic tensions, which have

in the past year boiled over into

violence that has claimed dozens of

lives and displaced tens of thousands

Like the Soviet Baltic republics, the

were unsuccessful.

chairman of the industrial development committee. He is a past two grown children. He is active in president of Friends of the Library, the Rotary Club and is a deacon at a former director of the Opporunity First Baptist Church.

Rogers and his wife, Lucy, have

The candidates

Here are the persons who have filed for local and state offices in the Democratic primary. (All listings are in alphabetical order.)

Tax Assessor-Collector (unexpired term) **Eileen Behunin Betty Martin** Margaret Perez

County Commissioner, Precinct 2 Lupe Chavez Austin Rose Jr.

County Commissioner, Precinct 4 Johnny Latham

District Judge

David Wesley Gulley District Attorney

Roland Saul District Clerk

Lola Fave Veazey

County Judge

Tom Simons **County Treasurer**

Vesta Mae Nunley

Justice of the Peace Johnnie Turrentine

STATE OFFICES

U.S. Senate Hugh Parmer, 50, attorney, Fort

Worth Harley Schlanger, 40, consultant, Houston.

Governor

Jim Mattox, 46, state attorney general, Dallas.

Ann W. Richards, 56, state treasurer, Austin

Mark White, 49, attorney-business

man, Houston Theresa Hearn-Haynes, 35, doctor of

law, Houston Earl Holmes, 75, retired, Hawkins.

Ray Rachal, 49, certified public accountant, Stafford.

Stanley Adams, 54, self-described 'alleged white collar racketeer," Austin. Lieutenant Governor

Bob Bullock, 60, state comptroller,

Austin. Attorney General

Dan Morales, 33, attorney, San Antonio

John Odam, 46, attorney, Houston

Comptroller John Sharp, 39, state railroad commissioner, Placedo.

Treasurer Karen Friend, 47, certified financial planner, Houston

Armando Gutlerrez, 42, professor,

Austin. Nikki Van Hightower, 50, Harris **County treasurer**, Houston

Tom Bowden, 44, county judge, San Saba. Land Commissioner

Garry Mauro, 41, incumbent state

land commissioner, Austin. **Agriculture Commissioner**

Jim Hightower, 46, incumbent state agriculture commissioner, Austin. Neal Burnett, 56, farmer, Plainview.

Clyde W. Chandler, 33, farmer and rancher, Rosebud. Dan A. Krenek, 55, cattle-cotton

producer, Rosenburg Paul McDaniel, 36, farmer and sales

representative, Weslaco. Dan Pustejovsky, 63, farmer, Hillsboro.

John Earl Smith, 53, farmer and rancher, Ouemado. Railroad Commissioner

Clint Hackney, 37, attorney, Houston, Bob Krueger, 54, businessman, New Braunfels.

Here are the persons who have filed for local and state offices in the Republican party: **County commissioner**, Precinct 2 Larry Malamen **County Commissioner**, Precinct 4 Ken Rogers **County Treasurer**

Kyla McDowell

STATE OFFICES

Worth

U.S. Senate Phil Gramm, 47, incumbent, College Station.

Governor Ed Cude, 38, insurance, Houston Kent Hance, 47, chairman Texas

Railroad Commission, Austin. Tom Luce, 49, attorney, Dallas.

Rev. W.N. Otwell, 52, pastor, Fort Royce Owens, 54, maintenance

custodian, Merkel. Jack Rains, 52, businessman, attorney,

former secretary of state, Houston. **Clayton Williams**, 58, businessman Midland.

Lieutenant Governor Rob Mosbacher, 38, businessman,

Houston R. Attorney General

J.E. "Buster" Brown, 49, attorney, state senator, Lake Jackson.

Pat Hill, 44, attorney, state legislator, Dallas.

H. Tex Lezar, 41, attorney, Dallas. Bobby Steelhammer, 49, attorney, Houston

Comptroller Jon Hall, 42, accountant, San Antonio. Warren G. Harding Jr., 41,

businessman, Grand Prairie. Irby Ford, 57, accountant, Austin

Treasurer Kay Bailey Hutchison, 46, business

woman, attorney, Dallas.

Charlotte B. Self, 34, businesswom an. Richmond Land Commissioner

Wes Gilbreath, 60, businessman,

Houston. Grady Yarbrough, 52, teacher, Flint.

William James John, 66, petroleum ecologist, real estate broker, Dallas. Agriculture Commission

Gene L. Duke, 56, businessman Brownfield

Rick Perry, 39, state legislator, Haskell.

Richard Mclver, 60, consultant Stafford.

Railroad Commissioner

Beau Boulter, 47, attorney, Amarillo. Ted Lawson, 49, oilfield contractor, Odessa

that a drunken mob rampaged for mile stretch of the Soviet-Iranian three days on the Iranian frontier is a frontier in an effort to enter Iran illegally, Tass reported. The "unprecedented barbarous

Fights continue at USSR-Iran line

camped along the border in hopes of actions" caused millions of dollars in damage, the news agency said. "Threats were also heard to burn down the latest spasm of violence in the guards personnel and their families." It said people continued to try to

Caucasus, a region torn for two years by strife among Azerbaijanis, cross the border on Tuesday. Armenians, Georgians and other ethnic "Constant attempts are being made

to freely cross the border into Iranian Tass also reported a second violent territory," it said. "As a result of such actions, the functioning of border renewed the call Tuesday in front of services has become extremely three wounded in a disputed, difficult."

Vagiv Samedoglu, editor of the the southern republic on Tuesday Azerbaijan People's Front newspaper, when police cadets fired on a crowd called the Tass report of attacks by that attacked a convoy of buses carring drunken, narcotics-influenced mobs a "lie" written in Moscow, 1,200 miles leave from KGB border troops. For three days ending Tuesday, a north of Nakhichevan.

He said, however, that Soviet Cyprus, had no immediate report on the Azerbaijani region of Nakhichevan Azerbaijanis had been camped along the rampage. But Tass reported that destroyed or burned buildings and the border for nearly a month in hopes. Iranian border commissioners issued

MOSCOW (AP) - A Tass report communications lines along an 85- of seeing relatives and friends on the a protest saying the "actions by other side. The Azerbaijanis are the extremist elements are insulting" to only Soviet ethnic group who, like Iran and requesting the Soviets act to Iranians, are largely Shiite Moslems. quell the disorders.

About 4 million ethnic Azerbaijanis live in the adjoining Iranian province Tuesday night at Azerbaijan's official of Azerbaijan alone. Their Soviet kin want an open border and the freedom agency reported Tuesday would be just the border stations and kill the border to trade and cross the frontier, practices that were suspended by dictator Josef Stalin, Samedoglu said by telephone from Baku, Azerbaijan's capital

A rally was held Sunday in Baku

to demand an open border, and pickets

Azerbaijan's Interior Ministry

headquarters and Supreme Soviet

Soviets must submit to checks at the

Iranian media monitored in Nicosia,

frontier and receive permission to

legislature, Samedoglu said.



of people.

Page Two

Local Roundup

Reports keep police busy

Hereford police were kept busy with several reports on Tuesday, including assault in the 400 block of East Third and in the 400 block of Lawton; prowlers reported in the 300 block of Ave. C and in the 400 block of Lawton; \$240 stolen from a residence in the 300 block of Ave. I: \$40 worth of items taken from a vehicle in the 600 block of Irving; criminal mischief to a vehicle in the 200 block of Sunset; theft of \$500 worth of tools in the 100 block of Aspen; a license plate stolen in the 800 block of East Third; and burglary of a motor vehicle in the 100 block of Ave. H.

Police issued nine citations on Tuesday and investigated two minor accidents. Deaf Smith County sheriff's deputies arrested a man, 24, for disorderly conduct.

4-H-FFA boosters to meet

The Deaf Smith County 4-H-FFA Booster Club-will meet at 7 p.m. Thursday at the Hereford High School ag building.

All parents of 4-H'ers and FFA members with a livestock project are urged to attend the meeting.

Public speaking meeting Thursday

The Deaf Smith County 4-H public speaking project will hold an organizational meeting from 7 to 8 p.m. Thursday in the lounge of the Community Center. Parents and 4-H'ers are invited to attend the meeting.

Snow chance this evening

Tonight will be colder with a 40 percent chance of light snow this evening, clearing later on. The low will be 18, with north winds 10-20 mph.

Thursday will be sunny and cool with a high of 45. Northwest winds will be 5-15 mph.

This morning's low at KPAN was 29 after a high Tuesday of 57.

News Digest

World/National

PANAMA CITY, Panama , The new government takes over two television stations and 10 radio stations linked to ousted strongman Gen. Manuel Antonio Noriega and says it will expropriate them if they were acquired dishonestly.

MOSCOW - An Azerbaijani activist denounces as a "lie" a Tass report that a drunken mob rampaged for three days on the Iranian frontier, trying to cross it illegally. He says, however, that people are camped along the border in hopes of seeing relatives on the other side.

BUCHAREST, Romania - The revolutionary government says about 60 close associates of former dictator Nicolae Ceausescu - including the entire Politburo - are under arrest, and pledges to punish the wrongdoers among them

WASHINGTON - A business coalition including major oil, gas, auto and chemical companies favors "stalling early action" on a Senate clean air bill, according to a memorandum that describes a private strategy session.

WASHINGTON - The Food and Drug Administration is concerned that two independent surveys found milk supplies in several areas contaminated with potentially harmful drugs, but the government says it sees no public health threat.

WASHINGTON - Despite a thaw in the Cold War and a tighter budget,

The gunmen have not been found, the prosecutor said. Asbell's office is leading the

investigation into the attack. State police and the attorney

general's office also are investigating. "The state is approaching this as a very serious incident," said Chuck

Davis, a spokesman for the state attorney general. "They're looking at whether it was just a bump-and-rob type, and they're looking at whether it was some sort of narcotics terrorism."

windows of his unmarked county-

Known for his tough stance on drugs, Asbell often goes with detectives on drug raids in the city. Last year, drug arrests quadrupled, according to Asbell, who was appointed county prosecutor in 1984 by Gov. Thomas H. Kean.

Asbell, a former practicing attorney, was shot in the chest in 1970 while representing a client whose property was put up for sheriff's sale. The bullet is still lodged in his chest.

"I'm a hands-on prosecutor," Asbell said. "The public knows me. Asbell said the gunmen shot out the If they know me, the drug dealers know me.'

The prosecutor said he fled, leading downtown office about 5 p.m. prosecutor was cut on his hands from chase traveling 80 to 100 mph through

Clements seeks aid for Valley

AUSTIN (AP) - Agricultural workers and businesses in four Rio Grande Valley counties would be eligible for assistance if President Bush approves a disaster declaration being sought by the state after last month's devastating freeze.

Gov. Bill Clements asked for help Tuesday for Staff, Cameron, Willacy and Hidalgo counties.

"For the second time this decade, the citrus crop in the Valley has been decimated by freezing temperatures. Growers, workers and business people alike have suffered serious economic loss because of this weather disaster," Clements said.

If approved, the disaster declaration would clear the way for agricultural workers in the counties to receive up to \$23 million in federal unemployment benefits, said Rossanna Salazar, the governor's press secretary.

In his letter to the president, Clements said preliminary estimates indicate that damage from the freeze totals \$385 million. Of that, \$200 million was in crop losses, \$150 million in losses to agriculturallyrelated businesses and \$35 million in lost wages.

"The amount and severity of disaster-related damages is tremendous," Clements wrote to Bush. "This disaster has left thousands unemployed and businesses in ruin."

His request notes that the citrus and vegetable crops were largely destroyed in the four counties.

The governor also said the damage was so severe that "effective response is beyond the capabilities of the state and the affected local governments" to handle.

"I am deeply concerned about the plight of thousands in the Valley who have lost crops, businesses and their livelihood. The federal disaster declaration I have requested will pave the way for these individuals to overcome this setback and start building toward the future," Clements

All-region brass players These Hereford Junior High School brass players were named to the Junior High All-Region Orchestra recently. They include (back row, from left) Ernest Worth, Kelly Kelso, Nikky McQueary and Charity Dearing; (front, from left) Chris Lyles, Martin Carnahan and Michelle Emerson.

Prosecutor says he shot one attacker in assassination try

CAMDEN, N.J. (AP) - A highprofile prosecutor who often accompanies detectives on drug raids said he

barely escaped an assassination attempt by fleeing in his car and shooting one of his assailants in the head.

"Thank God I'm alive," Camden County Prosecutor Samuel Asbell told reporters Tuesday. "I guess it just wasn't my day or my time."

Asbell said two gunmen followed him as he drove from his office on New Year's Day, then opened fire. He was sprayed with glass from his windows but was not seriously injured.

The assailants pursued him in a green Toyota station wagon and fired issued Lincoln Towncar with a at him in his car as he left his MAC-10 automatic weapon. The his assailants on a three-to four-mile

the Pentagon wants to use millions of acres of public land for expanded combat training and ranchers and environmentalists in many states are protesting.

CAMDEN, N.J. - Narcotics terrorism may have been the motive for an attack on a prosecutor who said he barely escaped an assassination attempt New Year's Day by fleeing in his car and shooting one of his assailants in the head.

LOS ANGELES - Powered by the box-office punch of "Batman," more money was spent at North American movie theaters in 1989 than any other year, and domestic box-office grosses eclipsed \$5 billion for the first time.

State

AUSTIN - Gov. Bill Clements says Texas should quickly appeal a federal court order that would require special, nonpartisan elections for 115 state district court judges in nine large counties.

DALLAS - A federal judge's decision to change the way urban Texans choose their judges in the state's nine largest counties has left state district judges with more questions than answers.

AUSTIN - The 1990 political races took shape today after the deadline expired to file as a candidate for the March 13 primaries.

AUSTIN - Agricultural workers and businesses in four Rio Grande Valley counties would be eligible for assistance if President Bush approves a disaster declaration being sought by the state after last month's devastating freeze.

HOUSTON - After hearing testimony from more than 20 people and deliberating for several hours, a Harris County grand jury indicted a police officer in the death of a woman who was killed in a freeway shootout last ycar.

EL PASO - El Paso and Ciudad Juarez, Mexico, share common problems that the mayors of both cities said would only be resolved through joint efforts.

Today in History

By The Associated Press

Today is Wednesday, Jan. 3, the third day of 1990. There are 362 days left in the year.

Today's highlight in history:

On Jan. 3, 1959, President Eisenhower signed a proclamation admitting Alaska to the Union as the 49th state.

On this date:

In 1521, Martin Luther was excommunicated from the Roman Catholic Church.

In 1777, General George Washington's army routed the British in the Battle of Princeton, N.J.

In 1833, Britain seized control of the Falkland Islands in the South Atlantic. (Almost 150 years later, Argentina seized the islands from the British, but Britain took them back after a 74-day war.)

In 1871, Henry W. Bradley of Binghamton, N.Y., received a patent for olcomargarine.

In 1938, the "March of Dimes" campaign to fight polio was organized. In 1946, William Joyce, known as "Lord Haw Haw" for his pro-Nazi radio broadcasts from Germany, was hanged in London.

In 1984, Navy Lieutenant Robert O. Goodman Jr., shot down during a United States raid against Syrian anti-aircraft positions in Lebanon, was freed by Syria after an appeal by the Reverend Jesse Jackson.

Ten years ago: Conservationist Joy Adamson, author of the bestselling book "Born Free," was killed in northern Kenya by a servant in a wage dispute.

Five years ago: President Reagan announced that his deputy chief of staff, Michael K. Deaver, would be leaving the White House in the spring to return to private life.

One year ago: The 101st Congress held its opening ceremonies as Democrats pledged cooperation with the incoming Bush administration.

Today's birthdays: Comedian Victor Borge is 81. Consumer reporter Betty Furness is 74. United States Ambassador Vernon Walters is 73. Singer Maxene Andrews is 72. Actor Jesse White is 71. Sportscaster Hank Stram is 67. Record producer George Martin is 64. Actor Robert Loggia is 60. Actor Eddie Egan is 60. Actor Dabney Coleman is 58. Journalistauthor Betty Rollin is 54. Hockey player Bobby Hull is 51. Singer Stephen Stills is 45. Actress Victoria Principal is 40. Actor Mel Gibson is 34.

Thought for today: "To have reason to get up in the morning, it is necessary to possess a guiding principle. A belief of some kind. A bumper sticker, if you will." - Judith Guest, American author (1936-).

Monday, Asbell said. He said he was the shattered glass, but did not require downtown and a deserted industrial in his office on New Year's Day to catch up on paperwork.

Asbell said, he fired one round from a 12-gauge sawed-off shotgun, striking the passenger, and then got off seven rounds from his semiautomatic handgun, he said. Both of his weapons are registered, he added.

"I had my shotgun on my lap and I just let go," Asbell said. "I saw his head explode."

medical treatment.

"The car that I was driving looks When the gunmen opened fire, like a piece of Swiss cheese," Asbell said. "All I know is my back windows blew into my head.

> "I was combing glass out of my head all night."

Asbell and his family have been placed under 24-hour state police protection. The prosecutor said he was it. unable to identify the attackers or get the license number of their car.

park. Asbell said that after the Toyota passed him, he stopped his car and fired the shotgun and the handgun at the vehicle.

State police spokesman Daniel Cosgrove said the department's crime scene unit has taken custody of the prosecutor's car and planned to photograph it and extract bullets from

He would not provide details of the investigation.

Business group urges stalling action on 'costly' clean-air bill

coalition including major oil, gas, auto senators return from recess Jan. 23, and chemical companies favors although a long debate is expected. "stalling carly action" on a Senate clean air bill, according to a memorandum that describes a private strategy session.

The memo urges industry representatives to contact senators and tell them "senators are upset at (Majority Leader George) Mitchell for speed of action ... and not deliberating on the issues."

Mitchell, D-Maine, and Sen. Max Baucus. D-Mont., are the key strategists on the bill, which has generally won environmentalists' support for its language to clean the skies of acid rain, toxic chemicals and urban smog. However, industry views the measure as too costly and not feasible.

The unsigned memo said dozens of senators were asking congressional research agencies for an "economic impact analysis" of the legislation and added, "This is a key part of stalling early action" on the bill.

New clean air legislation is the top environmental goal in this Congress for Mitchell, House leaders and President Bush. Mitchell has scheduled the Senate clean air measure as the



PATIENTS IN HOSPITAL

Clay Angelo, Trini Arrias, Irene Bosquez, Gladys Marie Brewer, Homer Brumley, Cecil Lynn Coker, Marie O. Cornelius.

Donnie Crismon, Raymond Davila, Margarito Diaz, Jr., William R. Hastings, Victor Holguin, J.C. McCracken, Norma McRight.

Jose Angel Percz, Elsie Pickering, Guadalupe Rangel, Thelma Rhodes, Inf. Girl Rodriguez, Virginia Rodriguez, Cindy Torres, Infant Girl Torres.

WASHINGTON (AP) - A business first bill to be considered when it's probably fairly accurate notes. I The House version, which is closer

to Bush's proposal than the Senate plan, still must pass through the Energy and Commerce Committee another participant did so. before reaching the floor.

The industry memo, obtained by The Associated Press, provides a detailed account of a Dec. 4 meeting attended by more than 100 members of the Clean Air Working Group - a coalition including 1,950 companies and trade associations interested in clean air legislation.

It urged members of the industry group "to contact Senate offices over the next several weeks many times."

William Fay, administrator of the Clean Air Working Group, said in an interview, "Except for the word 'stall,'

Budget cuts prompt layoffs at Pantex plant

AMARILLO (AP) - The U.S. Department of Energy's Pantex plant will layoff about 150 contractor employees due to shortfalls in its operating budget, Pantex officials said. According to C.D. Alley, a

spokesman for the Pantex plant, the layoffs will effect administrative, general supervisory, professional and technical employees.

Alley said the employees were notified of the layoffs Tuesday and the reduction in force should be complete by the end of February.

He said the employees will be provided services to help find new jobs.

Every year, Americans cash about 10 billion checks worth about 800 billion dollars.

want a clean air bill this year. If it gets done this year what's the purpose of a stall?

"I didn't use that language," Fay said, but he couldn't recall whether

Fay denied that the participants were told to attack Mitchell. But he acknowledged they were to asked make the point that "this is basically a railroaded bill," because it was rushed through the Senate Environment and Public Works Committee with little debate in November.

A Mitchell aide would not comment on the specifics of the memo. The aide, speaking on condition of anonymity, said the Maine Democrat has "made it known for months it will be the first can Legion and First Baptist Chuitem of business. There will be significant debate and there should be significant debate. Senator Mitchell welcomes that debate."

Casey Scott Padgett, legislative counsel to an environmental group called Environmental Action, said, "After blocking improvements to the Clean Air Act for the past decade, it's no surprise polluters have launched a new campaign of delay."

Fay said the Senate bill's requirements for reducing smog are "punitive, costly and inflexible." He contended "a number of industries Dimmitt. with revenues exceeding \$100 billion a year may not survive" the standards for reducing health risks from toxic chemical emissions.

He said the requirement to cut acid rain emissions "puts an incredible economic burden on the industrial Midwest and Southeast." Auto exhaust standards "cannot be achieved by any known technology," he said, and predicted that plants making familysized cars would have to shut down. Fay said, "I want senators to understand when we leave their office how extreme this bill is. If I were Mitchell and didn't want senators to know what the bill said, I couldn't plan a better strategy."

In a related action last Friday, Clements asked U.S. Agriculture Secretary Clayton Yeutter to declare the same four counties eligible for lowinterest loans from the Farmers Home Administration. Such loans would be for physical and economic losses.

Obituaries

FRED ANNEN Jan. 1, 1990

Fred Annen, 64, of Dimmitt, died Monday, Jan. 1, 1990.

He is survived by his mother, Rose Annen, of Hereford, and a brother, Don Annen, also of Hereford.

Services were planned at 3 p.m. today in First Baptist Church with the Rev. Paul Kenley, pastor, officiating. Burial will be in Castro Memorial Gardens by Foskey-Flemins Funeral Home.

Mr. Annen was a lifelong resident of Castro County. He graduated from Nazareth High School in 1942. He married Ramona Lowe in 1956 of Dimmitt. He was owner of Dillon-Gage Commodity Brokerage and had been owner of Associated Insurance Co. for five years. He had been a partner in A&H Supply for 20 vears.

He was a member of the Amerirch. He was an Army veteran of World War II.

Survivors include his wife; two sons, Hollis Annen of The Colony and Jerry Annen of Dimmitt; two daughters, Janice Jordan and Jeanette Martin, both of Dimmitt; his mother, Rose Annen of Hereford; a brother, Don Annen of Hereford; eight grandchildren; and a great-grandchild.

The family requests memorials be to the First Baptist Church of

THE HEREFORD BRAND

THE HEREPORD Interaction of the second secon THE HEREFORD BRAND (USPS 242-060)

carrier in Hereford, \$4.20 per month; by mail in I adjoining counties, \$45.70 a year; mail to other

THE BRAND is a member of The Door which is exclus vely entitled to use for

THE BRAND was esta

times weekly on July 4, 1976.	- And
O.G. Nieman	Publisher
John Bronks	Managing Editor
Mauri Montgomery	Adventising Mgr.
Charlene Brownlow	Circulation Mgr.



Lifestyles

Low cholesterol diet not for small tots

feeding it to their tots could be more infants and toddlers. harmful than healthy.

Though most adults know that too much fat and cholesterol is bad for them, millions of Americans-infants and toddlers under two-could be harmed by reducing dietary fat and cholesterol.

Studies, such as one conducted by Dr. Fima Lifshitz of Cornell University Medical Center in New York, show that infants placed on a low fat, low cholesterol diet may not grow and develope normally.

Pound for pound, even a growing teenager requires fewer calories than a developing infant, and because of babies' small stomachs, they need foods that provide a concentrated source of calories.

Why fat is important for infants

Fat is a vitally important source of calories for infants and young children:

*Fat is an excellent source of calories, providing more than twice as many calories per gram as either protein or carbohydrates.

*Fat also provides a feeling of fullness and satisfaction. *Fat provides essential nutrients

important for proper growth and brain development. *Fat is needed to carry and

absorb the fat soluble vitamins: A,D,E, and K.

*Fats are a source of the essential fatty acids needed for growth, which cannot be compounded by the body.

*Fats are a source of the essential fatty acids needed for growth. which cannot be compounded by the body.

*Fats contain cholesterol, which is necessary for babies.

*The body uses stored fat as an energy reserve when metabolic during illness or during growth spurts in infancy and adolescence.

Mom and dad may thrive on a supply the calories necessary for low fat, low cholesterol diet ... but normal growth and development of

Babies at risk

Infants at greatest risk of failure to thrive, according to nutritionist, are older babies who are fed reduced fat milk (such as skim) in place of breast milk or infant formula.

Breast milk provides almost half its calories from fat and also contains cholesterol. Infant formulas are nutritionally similar to breast milk.

Hints from Heloise

DEAR HELOISE:

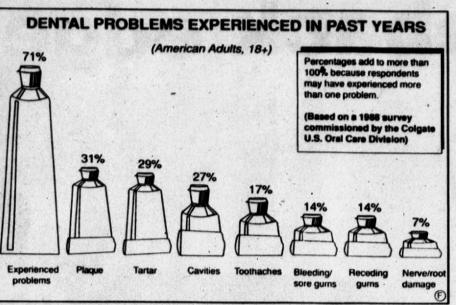
I'm having trouble finding a good way to get bread dough to rise. In my previous house, we had a gas stove and the pilot light kept the oven just warm enough.

Now we have an electric stove and it just doesn't work the same - even on Low it's too warm, but if I don't turn on any heat, it's too cool. Other people must have had the same problem. Do you have any good hints? Thelma Whitfield, Sacramento, Calif.

This seems to be a constant problem for home bakers and over the years we've gotten lots of hints, everything from very traditional solutions to solar energy and high tech. We'll reprint a few of them here and hope you find one that will work for you.

Turn the oven on Warm for just five minutes, then turn it off, leaving the door closed. Cover the dough and pop it into the oven and the temperature should stay about right if you don't open the door too often.

Turn the oven light on and it will usually maintain just enough low heat to work. Or place a pan of hot water in the oven on a lower shelf; change er II II cool S OII. One reader uses her slow cooker. She heats it just to the lowest warm setting, then unplugs it, puts the dough in and keeps the cover on it. Several have said they turn their



Public saying "ouch" to cost of some dental care

dentist, Americans worry more about hurting their pocketbooks than feeling pain, according to a guidelines for properly caring for

recent national survey commissioned by the Colgate U.S. healthy smile. Oral Care Division.

Only a quarter of the respondents (27 percent) in the survey worry about pain usually associated with dental work, while nearly half (47 percent) worry about paying the dental bills.

"Taking proper care of your teeth and gums now will save you time, pain and money in the long-run. Neglecting your teeth and gums may lead to root canals, fillings or restorative surgery, which are expensive," says Douglas Meyer, vice president/general manager, Colgate U.S. Oral Care.

AMERICA'S "TOOTHACHES"

The increased use of fluoride toothpastes has contributed to the decline of cavities, but the survey revealed that more than a quarter of the respondents (27 percent) still toothpaste alone. developed cavities last year.

When it comes to visiting the **PREVENTATIVE ORAL CARE**

Below are recommended teeth and gums to maintain a -Brush teeth at least twice a day

and after meals to remove food particles and plaque. Brushing also helps keep breath fresh. It's important to brush thoroughly, which should take several minutes. Brush all surfaces of the teeth-front, back and the gums.

-Floss daily between teeth and around the gumline to remove food and plaque where a toothbrush can't reach.

-Rinse your mouth with a mouthwash or mouthrinse after brushing your teeth or eating. Mouthwashes provide specific protection for various oral care problems.

A tartar control mouthwash fights tartar buildup and freshens breath. In addition, a fluoride mouthrinse when used daily along with brushing, has been proven to reduce cavities up to 40 percent more than brushing with a fluoride

-Follow a balanced diet, Other common oral care including elements from the four problems experienced by survey basic food groups. Avoid in-respondents included plaque (31 between meal snacks and sweet or between meal snacks and sweet or sticky foods.

Laxity about breast cancer is dangerous

Simply because it's never been palpable tumor and by that time, in her family doesn't mean a there's a good chance the disease woman needn't worry about getting has spread. breast cancer. In fact, most of the 135,000 diagnosed with the malig- every woman 35 and over to get a nancy last year possessed no risk factors at all, according to Dr. Paul Rodriquez, a Kansas radiologist.

He says that one out of every ten women will develope the disease, which was fatal to an estimated 42,500 in 1988. In fact, it is the afford a mammogram, the local leading cause of death to females chapter of the American Cancer between 40 and 44.

"Tragically," he says, "fully 90 percent of these deaths could have rate. been prevented by early detection." According to Dr. Rodriquez, far too many women wait until they feel a lump before seeing a doctor. He says that whereas self-examination is critical, it is estimated that in some cases the disease has been present for up to eight years when the tumor is large enough to be felt. He explains that since a million cancer cells would fit on the head of a pin, billions are present in a

Former resident promoted

Sonya Hacker Bagwell of Houston, formerly of Hereford, has been named vice-president of Quality Control in the corporate office of North American Mortgage Company. She will supervise 10 branches.

Bagwell has been at North American for three-and-a-half years and was previously assistant vicepresident of National Documents. She is on the board of directors of the Association of Professional Mortgage Women.

She graduated from Hereford It will mark the third consecutive High School in 1978 where she was awards show appearance for Crystal and his first as host. a cheerleader and active in band and Nominations for the 62nd Annual orchestra. graduated from Braniff Education Feb. 14. Among the films in contention Systems. She is a licensed real estate broker. Her parents are Joe and Evelyn in Los Angeles on March 26. Hacker of Hereford.

Dr. Rodriquez strongly urges mammogram, which is simply an xray of the breast. "It enables the cancer to be seen before it can be felt, which is the key to cure and recovery," he says. He adds that if a woman feels she is unable to Society can advise her as to where she can get it for free or at a sliding

"Often, a woman is afraid to see a physician for a mammogram or when she finds a lump because she doesn't want to hear bad news," Dr. Rodriguez says. "But a delay could turn what might be a very treatable condition into a fatal disease."

He adds that it is no longer necessary that every breast cancer be treated by mastectomy. In some cases, only the portion surrounding the tumor is removed, and still others are treated solely by radiation and/or chemotherapy.

Even when a mastectomy is warranted, procedures have improved dramatically in recent years. "The days are long past when a woman need fear the treatment more than the disease," he says.

LOS ANGELES (AP) - After an illfated attempt to have multiple hosts this year, the Academy of Motion Picture Arts and Sciences has selected comedian Billy Crystal as sole host for the 1990 Academy Awards broadcast.

"We are extremely pleased to have Billy host the show," Gilbert Cates, producer of the 1990 telecast, said Friday. "His unique talents and his ability to handle the unexpected will be important assets this year."

She attended Texas Tech and Academy Awards will be announced is the comedy "When Harry Met Sally...," in which Crystal co-stars. The Oscar trophies will be presented

*Fat is an important constituent of every cell in the body, helping to regulate the intake and excretion of nutrients.

*Deposits of fat beneath the skin serve as temperature regulators and act as insulators for the body.

*Fat also surrounds and protects the vital organs, such as the heart and kidneys, against physical injury.

A healthy diet for baby

For the first four to six months of life, an exclusive diet of breast milk or infant formula is adequate for most babies. Later, follow with supplemental foods.

A selection of foods that contain fat, such as eggs, whole milk, cheese and meats, are needed to

Piano recital presented

Evelyn Hacker presented piano students in a Christmas recital recently at the First Christian Church sanctuary.

Playing in the first group were Kristin, Daniel, and Andrew Carnahan, Eddie Trotter, Kristen and Gilbert, Brent Carlson, Shannon Revell, Suzanne Baca, Noelle Merrick, Annie Hoffman, Jamie Marquez, Amber Vasek, Julie Schlabs, Deanna McCracken, Cheri and Christi Euler, and Michelle Chand.

Playing in the second group were Karis and Trae Blain, Becky Fitzgerald, Kimberly Scott, Johnathan and Annie Keenan, Bri and Rob Reinauer, Melissa and Stephen Cloud, Tarabeth Holmes, Jana Baird, Karon Harder, and Greg Coplen. Parents and friends were in

attendance.



clothes dryer on for a few minutes. then turn it off, set the bowl of dough in it, and close the door. Alert any dryer users, of course.

And one woman says she puts her dough where the sunshine will hit it, covers the bowl with a black plastic bag and lets solar heat do the work. Now that's energy conscious!

No matter what method you use, home-baked goodies are one of those pleasures in life that are worth whatever it takes. Makes my mouth water just to think about it. - Heloise

Dear Heloise: I like to take hot casseroles to pot-luck dinners at church and school, but often there's no way to reheat them when I get there. To keep them warm, I use my small foam ice chest.

I put a folded towel in the bottom of the chest to hold the dish securely, then cover the casserole with another folded towel. With the lid on the chest, the food will stay hot until time to eat, even up to an hour.

Now that several of us have started using this idea, we have more hot dishes at our functions, and we get to eat much sooner, leaving more time for socializing, which is usually the purpose of the get-together in the first place. - Sofie Leah White, Atlanta,

What a neat idea, using your cooler as a warmer. Just be sure the food is HOT when you serve it. Food han, Eddie Trotter, Kristen and shouldn't stand for more than two Matthew Williamson, Laurie hours between preparation and eating and should be kept at 185 degrees or reheated to that temperature before serving. - Heloise

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percent), tartar (29 percent), toothaches (17 percent), bleeding/sore or receding gums (14 percent) and nerve or root damage (7 percent).

"People don't realize that taking care of their teeth and gums is important," says Anthony Volpe, D.D.S., Colgate Research and Development. "After all, we use our teeth every day. Why should maintaining healthy teeth be any less important than toning muscles or pampering skin? If you ignore your teeth, they'll go away."

GUIDELINES FOR

-Dental checkups every six months for examinations, cleanings and treatments are essential to identify problems, such as gum disease, early.

The survey was conducted on behalf on the Colgate U.S. Oral Care Division by R.H. Bruskin Associates among a national probability sample of 1,023 men and women.

The largest living flying bird is the South African condor, whose windspread is almost ten feet.







Sports

Herd comeback edges Panthers

Lady Whitefaces top Dunbar, 62-41

The Hereford Whitefaces fought back from a 17-point deficit Tuesday to squeeze out a 55-54 overtime win against the Dunbar Panthers at Whiteface Gymnasium.

The comeback capped off a night on which Herd teams took three of four games with Dunbar. The Lady Whitefaces overcame a slow start to post a 62-41 win while the Lady Whiteface JV won, 49-18. The Herd JV suffered the evening's only loss, falling 58-42.

Herd 55, Dunbar 54 OT

A three-point field goal by Dee Nall with 31 seconds left in overtime and a free throw by Jason Walterscheid 22 seconds later ensured the Herd's comeback win.

in the third quarter before Daniel Garcia tipped in Nall's desperation half-court miss at the buzzer. The basket was the second buzzer beater of the game for the Herd as Russell Backus tipped in a Jason Walterscheid shot at the end of the first half.

The Panthers jumped out to a 20-10 lead at the end of the first quarter behind William Jackson's 10 points and increased the advantage to 45-28 before Garcia's tip-in.

Garcia's shot provided a needed spark as the Herd went on a 8-0 run to open the fourth quarter. The Hereford defense held the Panthers scoreless until a free throw by Gerald Cook with 4:03 left gave Dunbar a 46-40 lead.

A pair of free throws by Nall gave the Herd its first lead of the night at 47-46. Cook forced the overtime with his second free throw of the quarter with 12 seconds left.

Hereford had a chance to win at the

"Defense won this game for us, no doubt," he said. "They were up by 17 and looked like they were about to make it 20 real quick. But we shut them down in the fourth quarter and got rolling."

Hereford finished with three players in double figures, led by Nall with 15 points while Walterscheid with 14 and Bromlow with 12. Backus finished with nine points for the Herd Garcia getting three and Leo Brown two. The win moves the Herd to 6-10 on

the season and 2-3 in District 1-4A. Lady Whitefaces 62, Dunbar 41

The Lady Whitefaces looked like they were coming off Christma's break during most of the first half.

After scoring the first six points Hereford trailed by 17 points late of the game, Hereford watched Dunbar go on a 12-3 run to take the lead early in the second quarter.

A rash of early fouls contributed to the slow start with Shantel Cornelius and Donna Grotegut both picking up three personal fouls while Cande Robbins and D'Ann Hill were assessed two each before the game was 10 minutes old.

The Hereford offense started to heat up mid-way through the period as Stacy White hit for two of her five three-pointers to pace the Lady Whitefaces to a 30-25 lead at the half.

White continued her outside success at the start of the second half with another pair of threes before the Dunbar defense moved out to the perimeter.

The defensive change only opened up the inside game for Hereford as Cornelius scored 12 points in the period to give the Lady Whitefaces a 50-33 lead.

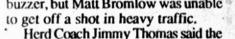
Lady Whiteface Coach Dickie



Going up

Hereford's Matt Bromlow (12) gets up in the air in an attempt to disrupt a Dunbar inbounds pass during the overtime of the Hed's 55-54 win over the Panthers on Tuesday at Whiteface

Gymnasium. Leo Brown (40) and Dee Nall (right) guard the lane on the play.



team's second overtime win of the season illustrated its character.

"They just never gave up out there," he said. "They played hard the entire game and stayed in there the whole way." Thomas credited the Herd's fourth-

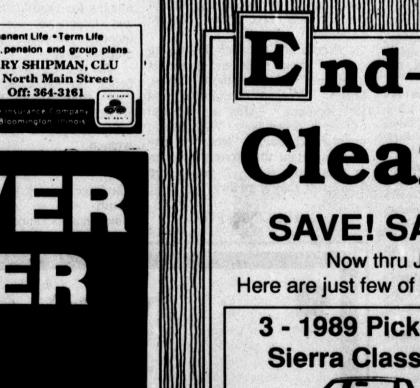
quarter defense with setting up the win.

Faught said the sluggish start to the game was something he expected to happen.

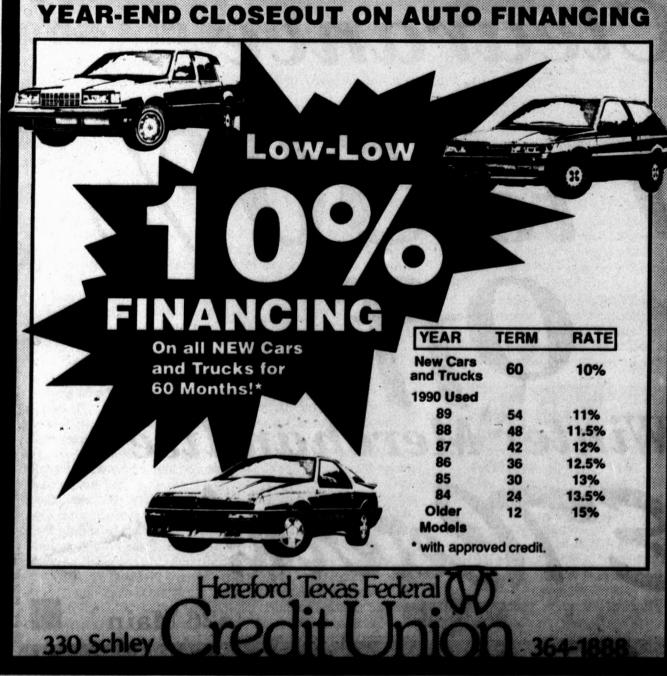
With the holiday layoff and us winning the (Kerrville) tournament and everything, it was just a natural letdown," he said. "Dunbar has won only one game this year and it was just one of those situations where you could see it coming."

(Please see HERD HOOPS, Page 5)

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HERD HOOPS

For the game, White finished with a career-high 23 points to lead all scorers with Cornelius adding 16 for the Herd. Grotegut scored six points while Jennifer Bullard had five, Laynie Souter and Cande Robbins four each and Hill and Chandra Brown two each.

Faught said consistent play off the bench was an added plus for his team. "We had a couple of girls that haven't been getting that many minutes come in and produce for us," he said.

"Laynie came in and scored four quick points and Patricia Martinez had two steals and two assists on the first two possessions she was in there," he added. "And with all the early fouls we got, that's something we need to be able to depend upon."

The Lady Whitefaces upped their season record to 10-9 with a 4-3 district mark. Hereford moved into third place in the district race with the win, passing Borger and Estacado who are both 3-3. Randall and Levelland, both 6-0, are tied for the lead. Dunbar 58, Herd JV 42

Dunbar put what had been a close game out of reach with a 15-6 advantage in the fourth quarter.

The Panthers posted a 10-6 lead after the first quarter and extended it to seven points at halftime, 31-24.

The teams matched one another pointfor-point in the third before Dunbar broke the game open.

Three Herd players scored in double figures, led by Blake Buckley and Richard Sanderson with 12 points each at Whiteface Gymnasium. and Chris Blair with 10. Chris Tardy added five points with Andrew Tijerina getting two and Brady Wilson one.

Dunbar was led by Jesus Mata with 23 points and Marcus Anderson with

Lady Whiteface JV 49, Dunbar 18 Hereford dominated the game all the way, scoring the first eight points en route to a 10-2 lead at the end of the first quarter.

The Herd built the advantage up to 23-4 before Dunbar scored the last five points of the first half.

Hereford added another 10 points to its lead in the third period with a 16-6 run before outscoring Dunbar 10-3 in the final eight minutes.

Melinda Holmes led all scorers with 19 points for the Herd and was joined in double figures by Brek Binder with 15. Kyann Lindley added six points for Hereford while Lori Sanders had four, two.

Andrea Johnson scored eight points



A show of hands

Hereford Lady Whiteface Donna Grotegut draws a double team during Tuesday's 62-41 win over the Dunbar Lady Panthers

John Hancock Bowl does well in TV ratings

EL PASO (AP) - The John Hancock Bowl, despite its new name being did more than fill (hotel and motel) disliked by El Pasoans, did well in television ratings.

The game, in which the Pittsburgh Panthers beat the Texas A&M Aggies 31-28, drew overnight ratings of 5.9 percent and 16 shares, an improvement over the 1988 rating of 4.8 percent. According to A.C. Nielsen measurements, these figures indicate that 5.9 percent of the total U.S. population watched the game. That equals 16 shares, or 16 percent of all TV sets that were on at that time throughout the nation.

John Junker, executive director of the Sun Carnival Association which Jennifer Hicks three and Jaymie Moore coordinated the game and activities attracted many first-time visitors from

"So it's obvious that these teams rooms in the city," Junker said.

Improved ratings were important because this is the first year of a new contract with both CBS and John Hancock Financial Services.

Junker credited the improved ratings to the teams and a better time slot.

The 1988 game aired Dec. 24 and was scheduled in the same time slot with an NFL playoff game.

Jim Donnelly of the Convention and Visitors Bureau said the economic boost is the best since 1985. Although figures are being tallied on hotel occupancy, Donnelly said the game

Georgetown thrashes Boston College, 83-53, in Top 25 hoops action

By MIKE HARRIS AP Sports Writer John Thompson insists he isn't a believer. Not yet.

Jim O'Brien is a believer. And how.

Thompson's No. 11 Georgetown Hoyas smashed O'Brien's Boston a 24-8 run and made it 42-20 at the College Eagles 83-53 Tuesday night half. to run their, record to 10-0 for the season. After the Hoyas started with 17 points. a 17-2 spurt, the rest of the game was a mere formality.

"That's the best team that I've ever coached against," O'Brien said after Georgetown held the Eagles (6-5 overall, 0-2 in the Big East) to 16 points in the first half of the stomping.

team than that team," he said. "They have two experienced guards, they have two dominating big guys, and they are just extremely hard to play against.'

The guards, Dwayne Bryant and Mark Tillmon, sparked the 17-2 run with eight and seven points, respectively. The big men, Dikembe Mutombo and Alonzo Mourning, got 10 and nine rebounds in the Big East opener for Georgetown.

The score was 43-16 at the half. But Thompson remains unconvinced.

"We're capable of doing things a lot more effectively than we have been doing," the Georgetown coach said. We have a good team, potentially, but it's too early to decide" how good it will be.

The Hoyas, who began the game with a 37.4-point average victory margin, were led by Tillmon with 18 points, Mourning with 17 and Bryant with 16. Boston College, which lost for the fourth time in five games, was paced by Doug Able with 15 and Bryan Edwards with 11.

In other games involving ranked teams Tuesday night, No. 7 Missouri pounded Austin Peay 84-48, No. 11 Louisiana State ran past Texas 124-113, No. 12 Georgia Tech dumped Marist 86-77, No. 16 St. John's routed Connecticut 93-62, No. 19 Arizona nipped California 71-70 in overtime. and Xavier, Ohio, pulled off a minor

No. 7 Missouri 84, Austin Peay 48 Travis Ford, starting for the injured Lee Coward, hit his first five shots, including three 3-pointers, and went on to lead the Tigers with 18 points.

The Tigers opened the game with

Greg Franklin led Austin Peay with

No.11 LSU 124, Texas 113

Chris Jackson scored a seasonhigh 51 points and helped LSU hold off a second-half Texas rally.

The Longhorns, who never led in the game, rallied to within 84-83 with 'In my mind, there's not a better 9:42 left in the game, but got no closer.

Lance Blanks scored Texas' first eight points of the second half and led the Longhorns with 32 points.

No. 12 Georgia Tech, 86, Marist 77 Dennis Scott scored 26 points, including 13 straight early in the second half.

Playing without No. 2 scorer Brian Oliver, who missed the game because of an ankle injury, Tech led 40-24 at the half.

Marist finished the game with a 14-1 run. Andy Lake, who led Marist with 16 points, had eight in the late rally.

No. 16 St. John's 93, Connecticut 62 Jayson Williams scored 25 points and Boo Harvey had 20 points and 10 assists as the Redmen opened their Big

East schedule with their seventh straight victory. The Redmen made the game a rout

with a 14-2 run to start the second half that turned a 48-32 lead into a 62-34 advantage with 16:24 to play.

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No. 19 Arizona 71, California 70 OT Wayne Womack made six free throws in the last 62 seconds of overtime.

The Hereford Brand--Wednesday, January 3, 1990--Page 5

Womack, who led Arizona with a career-high 21 points, tied the game at 68, put the Wildcats ahead by one with 24 seconds remaining and iced the game with two more free throws eight seconds later.

Cal tied the score in regulation 63-63 with 58 seconds left on Brian Hendrick's free throw.

Hendrick led all scorers with 23 points.

Xavier 115, No. 25 Loyola **Marymount 113**

Jamal Walker scored on a sevenfoot jump shot with two seconds remaining.

A free throw by Hank Gathers on the front end of a 1-and-1 tied the game at 113-113. But Gathers missed the second free throw. Loyola's Tom Peabody came down with the ball, but Xavier's Tyrone Hill took it away and was fouled. Hill missed the ffee throw, but Derek Strong got the rebound and passed to Walker to set up the gamewinner.

Hill led the Musketeers with 38 points. Loyola's Bo Kimble also had 38 points.





to lead Dunbar.

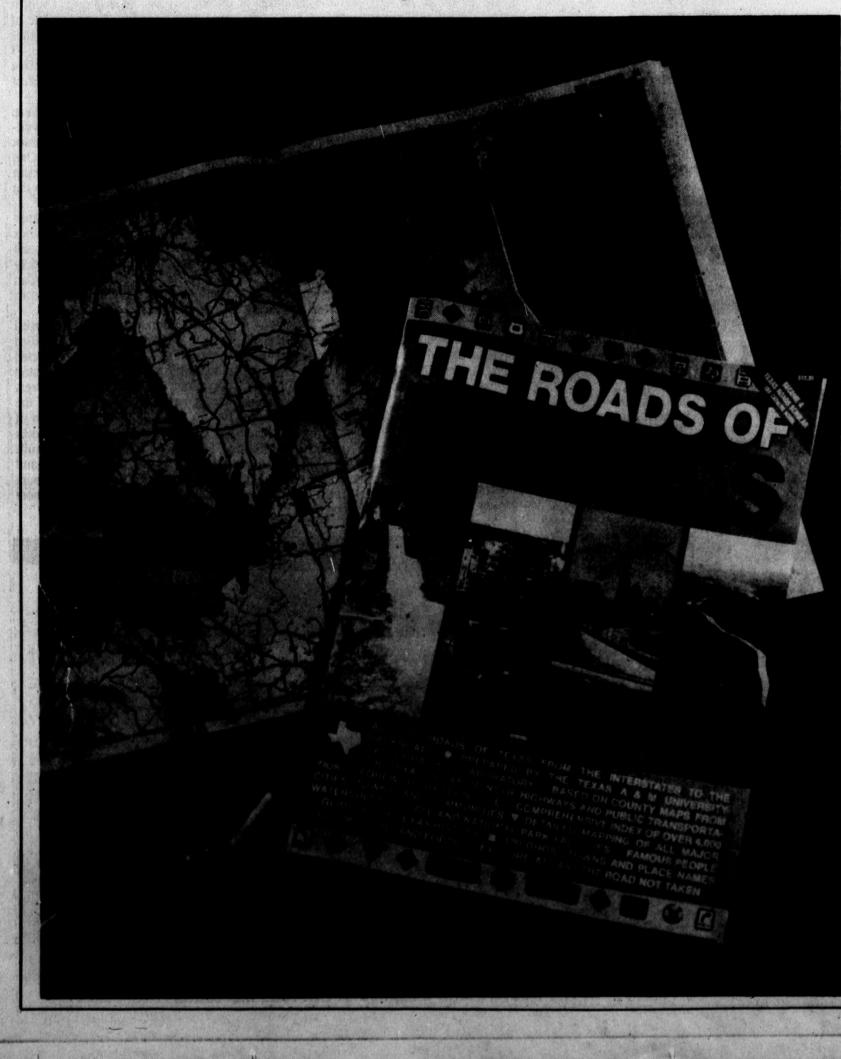
surrounding it, said the highest ratings in the nation were 12.7 percent in ran a 30-second spot on El Paso during Dallas and 12 percent in Houston. the game.

upset with a 115-113 victory over No. 25 Loyola Marymount. ran a 30-second spot on El Paso during

8:30-12:00 1:00-5:00

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•For details of Texas terrain, oil company maps and the State's Official Highway Map can't match THE ROADS OF TEXAS. 99 Kent Biffle

Dallas Morning News





Page 6--The Hereford Brand, Wednesday, January 3, 1990

Hereford firm gains fame for hand-crafted replicas of classic cars Bill Kester's cars, from family factory, featured in two Hollywood movies

By ORVILLE HOWARD Special Feature Writer

It reflects lifestyles of the rich and famous--streamlined in a world of glitz and glamour to send you spinning into the 21st Century.

Bill Kester calls it the KMC Countach, the most exact replica ever patterned after the original Italian Lamborghini Countach Sportscar that has become the top custom classic of the world.

Though Kester's career is built on lookalikes, to call his KMC Countach just another replica would be like calling Elizabeth Taylor just highly desired today by sports another woman. His stunning piece of handiword has every good point boasted by the originals, plus a frame-full of "Kester originals" initiated in a family garage out on ses the car down to the pavement. the east edge of Hereford.

begin and end--an average driver very desirable sportscar." couldn't find it with a magnifying glass. Kester has spent more than 25,000 hours perfecting his Lambolookalike, to the point that he is now installing the exact hand- since its inception 25 years ago. perfected windshields that come One move was the reduction in with an original Lamborghini.

"The KMC Countach does not look like a kit car," said Kester, as he walked past a row of car frames that will eventually become foundations for roadway specialties. "It truly looks like the real thing. Our Countach replica is as close to the magazine. It was also featured in a real Lamborghini Countach as video version of "Kit & Exotic anything introduced to the market. Automobile Performance Review"--Dimensionally, it is near perfect, even to the point of using the real Kit Car Illustrated. Lamborghini windshield."

of more than a dozen custom classic "Speedzone. The Hereford-built replicas built by Kustom Motorcars, classics are now featured on the a relatively new Hereford-based cover of both video movies that manufacturing company that has have been distributed worldwide. gained international recognition - in hand-crafted replicas of classic cars.

points as Israel, England, Japan, key delivery at about \$55,000 or in Taiwan, Bankok, Thailand, Canada, Australia...from all over the world-calls requesting information on our KMC Countach," said Kester, who heads up the family factory of Kustom Motorcars. "When the Countach came out in 1973 with the big wing on the back, it became the most exotic car in the industry. And KMC Kit consists of a main body today, it still stays at the top of the sportscar world."

"In fact, the Countach was the first in a breed of sports cars that's enthusiastists," he added. "This new style is referred to by the industry as the perfect wedge--it is an aerodynamically wedge which compres-Thus, the style of the car is good for But where does the replica routes speed and handling, making it a

Only about 1400 Lamborghini Countach cars have been built since 1965, with a number of adjustments having been made in the original motor size in the mid-1970s.

As result of its perfection, Kester's KMC Countach was featured in a 1988 issue of Kit Car Illustrated, an internationallydistributed magazine of the industry, and in a 1989 centerfold of the vidcos available through KMC or

Kester cars were also featured in The KMC Countach is only one two movies. "It Takes Two" and

In the KMC Countach, as in all "We get calls on the Lamborgh- other replicas built by Kester, the

ini Countach replicas from such specialties are offered in both, turnthe kit package in the \$30,000 range..expensive toys for the big boys, as Kester jokingly put it -- "Or you might say expensive toys for the rich boys.

Most turn-key jobs includes personal delivery by Kester, and the kits come in no small package. A shell, two doors hung and latched; hood, deck, and engine cover that are hung but not latched; all inner panels installed and headlight pods provided; the body on but not attached to a semi-monocoque frame bracketed for all mechanical components, including mounts for motor and transaxle. The body comes with a complete

set of glass, including a Lamborghini windshield; the rear reflective panels, turn indicator covers; complete set of grills, two mirrors, gas struts for doors; wing; wing pedestals; and aluminum wing and caps. It also includes a complete leather interior which consists of seats, center console, door sill panels, door panels, dashboard and carpet and headliner to complete the rear firewall and headliner.

And then there's a complete braking system, steering column, ball joints, wheel units, Pirelli tires, Centerlinc wheels, a new Corvette 350 TPI motor, and a modified Porsche transaxle, not wired or plumped.

"Changes in the frame of our car does allow more room in the car," said Kester, while noting some of the changes from the original. "Our floor pan is lower and the seats are wider, allowing a larger person to drive our car more comfortably."

While pointing to the intricate webb of square-tube framing in the KMC chassis, Kester said he has gone to a semi-monocoque frame

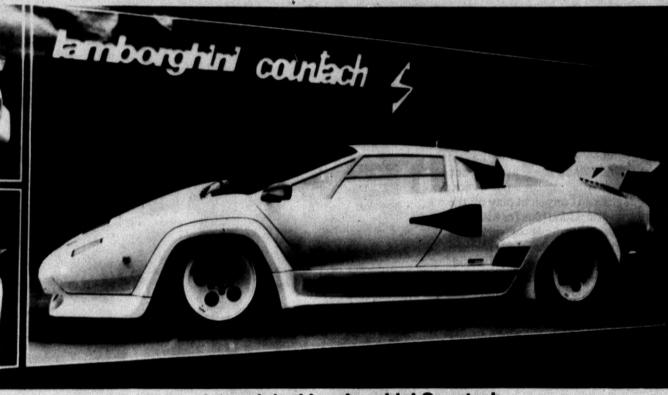


Photo of an original Lamborghini Countach

then stepped upward to the wind-

shield framework and paused with

shell that was in an unfinished stage

on the assembly line. He walked

around on the top before stepping

back to the factory floor -- "I'd like

to see you do that on one of the

originals. Our fiber glass will not

dent--given enough pressure, it will

than \$200,000 with the 25th anni-

versary models going for more than

original."

sor Street. "Due to the poor quality and the high price of the English models, my partner and I (Joe Easton of Houston) decided to move heavier into production of the Countach models.'

"He (Easton) came up with a bcautiful body and then I built what I consider to be a far superior chassis than what was on the market at that time," Kester added. "We feel like our car will be competitive with the original car, because of the quality in construction and performance."

At this point in time, Kustom Motorcars has built nine turnkey units of the KMC Countach, completing the first finished units in 1989--"We're just now getting into production of the Countach, but we expect to produce somewhere between 75 and 125 KMC Countach units in turnkey and kits in 1990."

"Our kits are some of the most expensive kits on the market today," said Kester. "Our prices on the turnkey car start at \$55,000 with this price possibly going up to as high as \$70,000, depending on extra requests. Everything in our cars are hand-made and hand-designed."

He pointed out that the main difference between a turnkey unit and kit unit is in the labor: "This is a very time-consuming car to build. The materials alone will cost a little over \$30,000 and this is what we call our kit. We also offer a kit in the \$16,000 range but this does not include the motor, suspension, tires, wheels and other things such as the



stration in the KMC Hereford Nicalides refusing to be turned factory, Kester jumped from the down. factory floor onto a KMC hood,

"You asking the impossible," Kester stated flatly.

"I know, we live in the impossian assured grin on top of the KMC ble every day," returned the movie magnate.

Kester agreed to put out a worldwide feeler for extra help and in a short time, he managed to put together a crew of 13 to build the five Lamborghini replicas for United Artists. Six were flown in flex and fracture, but it will not from England where the Provo dent...it's a lot stronger than the Countach replica had already been in production. To make a long story Kester noted that the original short, as folks sometimes say Countach is now selling for more around Hereford, Kester and crew built five Countach replicas in 90 days, with Kester running the show \$400,000. As it now stands, an in a workshop in Hereford ... "They original Countach cannot be ordered were all built right here in Hereoutright--one must sign up for one ford, Texas."

at a dealership and when it arrives Kester admitted that the movie the applicant must take it "as is" or contract was for a sizable sum, but go to the back of the list. Even in due to the stringent deadline, he lost Kester's KMC, the waiting list is money on the Hollywood deal---- we re "However, when the m out in the black." Three of the cars were used for props and two were used on roadway scenes. "Two of the cars ended up back in California and were in another movie called 'Speedzone,' and it was here that they destroyed one of my cars and damaged the other pretty severely," said Kester. "I guess you'd say building those five cars for United Artists was sort of the highlight of my career." Kester said most of his cars go to wealthy individuals who are wellknown in their own fields, but not necessarily national celebrities. One family in the carpet manufacturing business now owns two of the Kester-built cars. Kester has built numerous lessexpensive models, such as various classic models of the Mercedes, the more famous Ferrari model widely known as the Miami Vice Car. Shelby Cobras and the Ferrari Daytona Spider. With six persons now employed second call, the movie director by Kustom Motorcars in Hereford operations, Kester said projected plans call for a move of the Houston operations to the Hereford area. Kester and Easton were two of the first to bring the English version of the Countach replica to the streets "I just can't build you five of America--"These English-built replicas were very crude and elementary and taking 2500 hours to build one, made the cost almost



Bill and Sue Kester

construction which is much stronger, more rigid framework than open-space frame in either round or square tubing. As a point of interest, he noted that the Ferrari GTO and Ferrari Testerosa have square tube frames and semi-monocoque construction, such as his KMC Countach.

"The new Tuned Port Injected (TPI) Corvette V8 we use in our cars adapt to the Porsche transacle by Kenneth Engineering Products who manufacture adapters for nearly any application," said Kester. "We also incorporate the new style Corvette rear suspension and all General motors front suspension. The shocks and springs are Carrera.'

He noted that KMC Countach comes with standard shift, five speeds forward and reverse, unless otherwise specified by the customer. He recommends that if an automatic shift is desired, the Buick V6 is the way to go-."We do highly recommend the big V6 in automatic or five-speed." Doors on the twopassenger sports car open straight forward, then straight up.

"I had become acquainted with some people out of England who were replicating the Countach and the large number of people calling for the car were a couple of the main reasons we have shifted much of our production to the develop-ment of the KMC Countach," said Kester, who now has a half dozen units in various stages of construction in his family factory on Windwiring."

Kester said he had spent much time in developing a high-quality frame due to the problems they encountered with other chassis work. Thus, after much trial-anderror in both manpower and dollars, he has moved to the semi-monocoque construction, primarily using 1 1/2 inch square tubing covered with one-eighth inch steel walls, with .16-gauge steel plating in the passenger area...inside and out. This type of workmanship in both the automobile and aircraft industry is known as monocoque construc-

form one large unit. Since space everyone in the country trying to get construction is used on either end of the chassis and monocoque used in the passenger area, it is referred to as semi-monocoque construction in that they needed them in 90 days," the KMC Countach Cars.

The original Lamborghini comes with a thin aluminum skin, so thin in fact, that by just leaning against the outer layer has been known to put a dent in the skin. "Our fiberglass body is designed and built by Easton, my partner in Houston," said Kester, while detailing the KMC exterior. "In multi-layered applications, he comes up with 11 this time ... "I've called all over the 1/2 ounces of fiberglass per square foot which is some of the heaviest I've called Germany and I cannot in the industry." I've called Germany and I cannot in the industry."

As a matter of fact, the KMC it stands up like steel when pressure

already six months booking turnkey finished cars right finished, they let me buy four of the now for delivery in approximately cars back and that's where I came six months."

Kester figures it takes about 1,000 hours to build the KMC Countach, thus, at \$25 per hour, the labor bill alone runs at least \$25,000 on a turnkey job..the balance of \$30,000 in parts.

A contract with United Artists in 1987 to furnished five Lamborghini replicas for the movie, "It Takes Two," was something of a turning point in Kester's lookalike car tion ... a series of boxes attached to career. "United Artists had called someone to build these cars for the movie and they couldn't find any takers because of a little hitch in recalled Kester. "I was just a one-

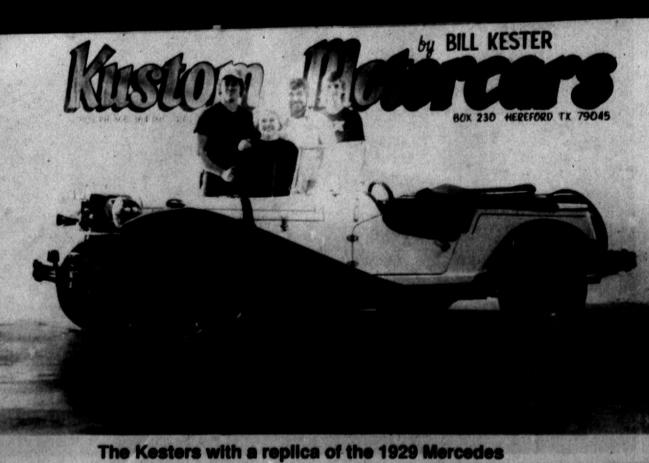
man shop when they first called me. I laughed when the movie director, Steve Nicalides, said he absolutely had to have them."

Kester hung up in the middle of a phone conversation on the movie director's first call. Then on a asked Kester not to hang up on him United States, I've called England, cars.

body shell, looks like steel, it Lamborghinis in 90 days," Kester sounds like steel when hit upon and fired back. "In fact, I don't think I it stands up like steel when pressure can build you five in a year." The is applied. In an unexpected demon- two continued shop talk, with

(See HUSTLE, Page 7)









(Continued from Page 6)

prohibitive...that's when Easton and I decided to team up to build our own replica."

In addition to the movie contracts, KMC Countach has been featured in the (Specialty Equipment Manufacturers Association) SAMH Show in San Francisco and the Association of Handcrafted Automobiles (AHA) Show at Knott's Berry farm at Los Angeles where the Kesters walked away with a First Place Award.

Kester is no stranger to the custom car-building trade. He built his first car at the age of 11, with the miniature unit powered by a used engine from a Maytag washing machine. The son of Lynn and Katherine Kester, the carmaker started rebuilding cars while in his carly teens and continued in this hobby into adult years.

The Kester family first came to Texas from Illinois in 1876 when they settled around Lockney on the South Plains. In 1927, Kester's grandfather, F.M. Kester, pulled stakes and moved his family to learned that I'd been building race Hereford where he opened a retail cars all of my life, we cut a deal

ewelry business on Main Street and later moved into the profession of optometry. Dr. Milton C. Adams, whose practice is now at 335 N. Miles, has much of the equipment that was once used by the late Dr. Kester.

As a point of historical interest, Lynn Kester bought out his father's jewelry business in the late 1930s and in 1973, Bill Kester in turn bought his father's store and operated the jewelry business until selling in 1983. Thus, Kester's Jewelry was in a continuous family operation for more than 60 years. The first store was located in part of what is now Gaston's at 331 N. Main and in 1950 the Kester family moved to 409 N. Main where they remained for more than 30 years.

Kester's grandparents are de-ceased, and his parents are retired in Amarillo where a sister, Kathlynn, and family also reside. A second sister, Carolyn, lives in Dallas.

The 50-year-old car builder put together his first race car while in his early 20s and continued in this sportscar work until turning the hobby into a full-time career in 1978 when he built his first kit-car. "When I found out that the kit I wanted cost \$2495, I thought it was way out of line," recalled Kester. "Then, after the factory people

whereby they'd ship me two kits-...I'd build one for a doctor down in San Antonio and I'd get the other one free for the work. I've been building kit cars ever since. When my car business got bigger than the jewelry business, I quit the jewelry business and went into the car business."

Kester moved into his present factory location six months ago and already he is looking at expansion--"We're either going to add on to this building or look for another building that's larger...with some pretty good dealer-type contracts in the mill, it looks like we're going to be needing a lot more room."

Kester now has Hereford-built cars in 30 states, with more than 100 KMC units now running the roadways. "Up until I got the movie contract, my business was strictly a one-man operation, but it looks like I'll be moving more and more into management rather than doing everything myself," he added.

He projected that within one year, KMC will be turning out 20 cars a month, with some projected international contracts being a backstop to the domestic sales. Using present contracts as a yardstick, Kester said 1990 sales are expected to gross in excess of \$1 million -- "If only one or two of the larger dealer-type contracts come through, we'll gross in excess of \$3 million in 1990." The 1989 gross tallied out more than \$400,000. He we know of does the job better than added: "You must remember that a Countach."

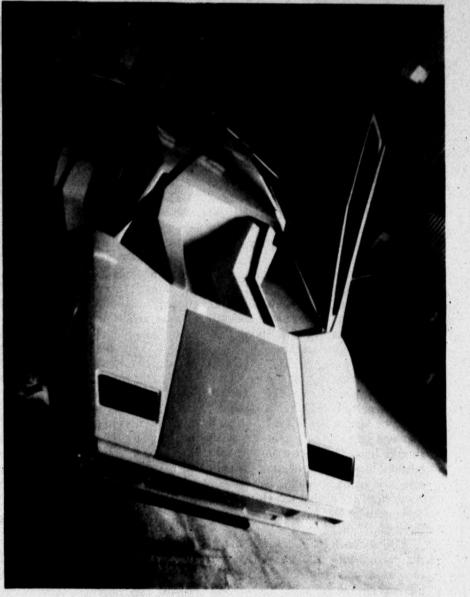
even if I didn't gross a nickel more than \$400,000 in 1990, I still would not be upset because I'm doing what I like to do."

Kester's wife, Sue, runs the business end of Kustom Motorcars, using a computerized filing and billing system to keep track of the intricate details that go with the territory of custom car inventories. The daughter of Mr. and Mrs. Joe McDade of Dumas, Tx., Sue is the granddaughter of the late Judge Noel McDade of Dumas who in his own lifetime became something of a legend in the North Plains banking, ranching and farming interests. Her parents were life-time farm and ranch operators in New Mexico and the Texas Panhandle.

The Kester's two sons are part of the family business-Michael at the office computer and Jim being shop foreman on the assembly lines.

Kester pointed out that though his cars are built for speed and performance, majority of the cars are purchased mostly for "braggin' rights" -- "Folks like to drive around on Sundays or make runs through the right places to show off their cars...perhaps just a little more glitter and glamour in the American love affair with the automobile."

Editor Bill Moore of Kit Car Illustrated presented a writer's testimonial of Kester's Countach: "Instead of simply needing wheels to get us from place to place, now we want to go in style ... nothing that The Hereford Brand--Wednesday, January 3, 1990--Page 7



Body of KMC Countach at Kustom Motorcars

Business Briefs

Anvik promoted

Terry Anvik of Hereford has been promoted to manager of agricultural production information for Holly Sugar Corporation and has been transferred from Hereford to corporate headquarters in Colorado Springs.

Anvik is a native of Sidney, Mont. He joined Holly as an Agriculturist at the Sidney factory in 1984 and worked there until September 1986, when he moved to Hereford in the same capacity. In November 1988 he was promoted to manager trainee, a position he held here until his promotion.

Anvik and his wife, Mary Jane, and their children Christopher and Katherine, will live in Colorado Springs.



Wishing You All The Best In



Attends Case meeting

Cecil Oglesby of Oglesby Equipment Co. in Hereford recently attended a Case International ag equipment business meeting in Kansas City. He reviewed the full line of Case equipment, including a dealer preview of the allnew MAXXUN tractor. Oglesby also attended business sessions on customer satisfaction, building the dealer's business and marketplace promotion.



Named to board

Roger Wilcox of Hereford, right, has been elected a director of the Dallas District Ford Dealers Advertising Fund. Wilcox is congratulated by Howard Revier, Dallas district manager for Ford Division. The fund manages the combined advertising and marketing for more than 170 Ford dealers in Northern Texas and the Panhandle.

The Star Spangled Banner was sung Dip sugar cubes into orange or for the time in Baltimore on Octolemon juice and add to hot tea for a ly treat.



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A New Decade Begins

As we watch 1989 pass, and the beginning of a new year and decade unfold, we pause to consider all the many blessings bestowed on each of us every day.

Family, friends, good health, opportunity and prosperity ... we hope you'll experience them all in 1990. Thanks to all our many friends and customers for allowing us the opportunity serve you.

EMBER FDI



Page 8--The Hereford Brand, Wednesday, January 3, 1990

Debate over collegiate grid playoffs heating up Television

By RICK WARNER AP Football Writer

Supporters of a college football playoff couldn't have asked for a finer finish. Two great teams, Miami and Notre Dame, triggered one great debate over the No. 1 team and how it should be selected.

Miami won the national championship in Tuesday's Associated Press poll, but Notre Dame coach Lou Holtz thinks the sports writers and broadcasters who voted for the Hurricanes picked the wrong team.

"It's very depressing," he said moments after learning that Notre Dame finished second. "I feel exceptionally bad for our athletes."

Since Miami and Notre Dame each lost one game, Holtz said, the Irish should have won the national title because they played the most difficult schedule in the country. But Miami supporters argue that the Hurricanes deserve to be No. 1 because they beat the Irish 27-10.

Miami coach Dennis Erickson says the debate will accelerate the move toward a championship playoff in Division I-A.

"No question about it," he said. "I really believe down the road there will be a playoff system."

Holtz declined to say whether he another alternative.

"The national championship should be determined by computer," he said. "You get so many points for every game you win and so many points for every game your opponent wins." Holtz said the national title is final poll.

mythical because it isn't decided on the field.

"There isn't a best team," he said. There isn't a best team on each play. We weren't better than Colorado on every play. It's an up and down thing, but you look at it over the long run, who was the most consistent. That's how I look at it.'

Miami won its third national championship in six years by beating Alabama 33-25 in the Sugar Bowl on Monday night. Notre Dame defeated No. 1 Colorado 21-6 in the Orange Bowl, but it wasn't enough to boost the Irish to the top even though it was their eighth victory over a bowl team.

Miami also was chosen No. 1 in United Press International's coaches' poll, and by USA Today-CNN. Notre Dame was dropped to third, one point behind Florida State, by UPI.

"I want somebody to justify why they didn't pick us," Holtz said. "We beat the ACC champ, we beat the Big Ten champ, we beat the Pac-10 champ, we beat the Big Eight champ and we beat the top two independents in the East.

"I don't think anybody has ever played a tougher schedule than we did this season.

Prior to Miami, the last five teams favored a playoff, but he offered to win the national championship with one loss did so by defeating the topranked team in a bowl game.

The Hurricanes (11-1) jumped from No. 2 to No. 1, Notre Dame (12-1) rose from fourth to second and Colorado (11-1) fell to No. 4 in the

Miami received 39 first-place votes and 1,474 points, with Notre Dame getting 19 first-place votes and 1,452 points. The other two first-place votes went to No. 3 Florida State, the only team to beat Miami this season.

The 22-point margin was the second-closest since the AP began its postseason poll in 1968. Brigham Young edged Washington by 20 points at the end of the 1984 season.

There is no doubt in my mind that we're the best team in the country," Erickson said. "Regardless of what anyone else says, we're No. 1."

Florida State, which won 10 straight after starting the season with two losses, moved up two spots after routing Nebraska 41-17 in the Fiesta Bowl. Michigan, which entered the Rose Bowl with an outside shot at the national title, dropped from third to seventh after losing 17-10 to Southern Cal.

It is the 12th time since the AP started its poll in 1936 that the national champion had one loss. Miami won its first title in 1983 with an 11-1 record and went 12-0 to capture another crown in 1987.

Tennessee, which beat Arkansas 31-27 in the Cotton Bowl, finished fifth in the final poll. Rounding out the Top 10 were Auburn, Michigan; Southern Cal, Alabama and Illinois.

Nebraska was 11th, followed by Clemson, Arkansas, Houston, Penn State, Michigan State, Pittsburgh, Virginia, Texas Tech, Texas A&M, West Virginia, Brigham Young, Washington, Ohio State and Arizona.

WEDNESDAY

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6:35 C Senford And Son

National (1944)

EVENIN

- - 7:05 MOVIE: The Jayhawkers ** In Kansas before the Civil War, a border raider dreams of becoming an American Napoleon and ruling the Great Plains. Jeff Chandler, Fess Parker (1959)

(MAX) MOVIE: Crossing Del

War I Robert Ryan

- 7:30 Head Of The Class Rain Pryor, Daniel
- Schneider
- Predators And Pr The Twentieth Co
- 8:00 B Night Court Markie Post, Ray Abruzzo

Los Angeles Mu

- Anniv. Celebration Doogle Howser, M.D. Neil Patrick Harris, Max Casella D Candid Camera: Funny Money Peter Funt, Paul Anka D College Basketball MOVIE: The Falcon And The Snowman ** Based on a true story, the son of a former FBI agent and a young drug dealer team up to sell secrets to the Soviets until their luck runs out. Timothy Hutton, Sean Penn (1985) R Profanity, Nudity, Violence. Green Acres MOVIE: The Forgotten Released after 17 years, three Green Berets are forced to face conspiracies and death threats while being interrogated in

MOVIE: Telk Redio **

Dr. D.

/hy We Fight enny And Dolly: Real Love Kenr rs. Dolly Parton

James Kennedy

8:30 🖬 My Two Dada Paul Reiser, Greg Evigan

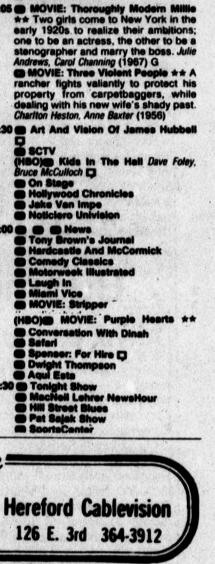
Anything But Love Jamie Lee Curtis, Richard Lewis
 G Car 54 Where Are You?

- while being interro
- World Of Sci ns Kirk Carr
- Noble C
- movie: The Furies *** A cattle baron remarries and must face the jealous fury of his tempestuous, range riding daughter. Barbara Stanwyck, Walter Huston (1950)
 Beauty And The Beast Ron Perlman, Jo Anderson C Simon & Simon Bewitched

7:00 MOVIE: National Velvet *** A little girl of remarkable determination wins a

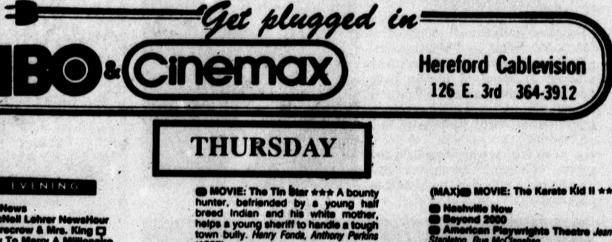
horse in a raffle and doggedly proceed to train him for the famed Gra National. Elizabeth Taylor, Mickey Roo

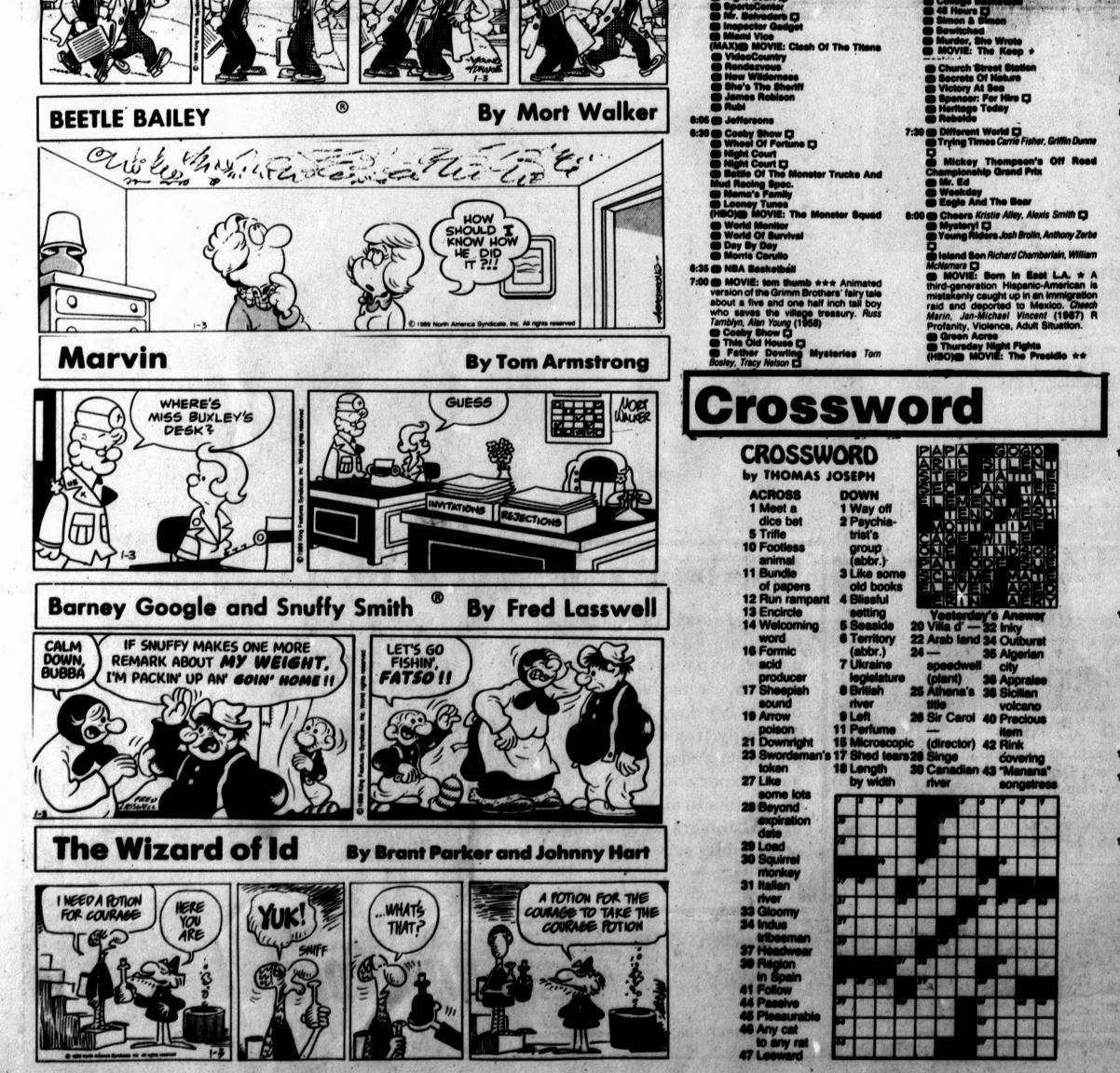
- Bowitched
 Murder, She Wrote
 A Dynamite Evening Wi
 Walker And Friends
 (HBO)© MOVIE: Twins ***



a drug mix-up. Kate Ly







8:30	Duice Desetto
	Deer John [] College Besketbell Car 54 Where Are You?
0:30	MOVIE: Heartbreak Hotel **
8:50	MOVIE: Which Way is Up? ** An orange picker becomes a union hero and heads to Los Angeles to find work,
	leaving his wife and children. Richard Pryor, Lonette McKee (1977) R
	Way Comes ** A mysterious carnival
CARE S	pitches its tent outside an idyilic
	fuililis the dreams of its citizens, for a heavy price. Jason Robards, Jonathan Pryce (1963) PG [2]
	L.A. Law Jimmy Smits, Blair Underwood
	Moyers: Joseph Campbell & The
	Power Of Myth (Pt 4) [] Primetime Live [] 700 Club With Pat Robertson
	Knots Landing Michele Lee, Joan Van
	Ark C Seturday Night Live Profiles Of Nature
	The Phoenix Dance Company Richard Roberts
	© Fama Y Fortuna © SCTV
	On Stage Orphans Of The Wild What Catholics Believe Noticiero Univision
	What Catholics Believe Noticiero Univision
10:00	Computer Chronicles
11	Computer Chronicles Hardcastle And McCormick Comedy Classics Newhert [] Laugh In Micro Vice
	Claugh In
	Milemi Vice (HDC)@ Inside The NFL (MAX)@ MOVIE: Moving *
	Church Street Station Wildlife Chronicles Improv Tonight Sponser: For Hire []
	© Spenser: For Hire [] © Jowish Voice © Acut Esta
10:30	Tenight Show Machail Lahrer Newsilour
	C Hill Street Bluce C Pat Dajak Show
	C SporteCenter After Hours
	MOVIE: Positive I.D. *
	Weekday Predators And Proy
	Alkinson Cholone We Force
10:35	Beaul '88: 16 Days Of Glory C
10:00	MOVIE: Peradles Alley + A story of
	Hell's Kitchen as they try to get rich and move out of the slums through profes-
	elonal wreatling. Sylvester Stallone, Lee Canalite (1978) PG
11:00	MOVIE: The Tin Star *** A bounty hunter, befriended by a young half
3140	breed Indian and his white mother, helps a young shertiff to handle a tough
-	(1967) College Baskethall
. etch	O MOVIE: The Brinks Job +++ This
al and	femous Brink's robbery in Boston in 1960, when an unlikely going of criminals
	Made off with \$2.7 million. Poter Fall, Poter Bayle (1978) PG Protenity, Violence,
	O Danne Read
and the state	ANONO MOVIE: Ried Hout
	Vistam: The Ten Thousand D
	A Manager At Sea





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LEGAL NOTICES

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF ROBERT L. THOMPSON, DECEASED

Notice is hereby given that Original Letters Testamentary upon the Eslate of ROBERT L. THOMPSON were ssued to Elaine Thompson Trew and Lynn Thompson Smithson, as Co-Independent Executrices, on the 29th day of December, 1989, In Cause No. 3743, Estate of ROBERT L. THOMPSON, deceased, pending in the County Court of Deaf Smith County, Texas. All persons having claims against said estate, which is currently being administered in Deaf Smith County, Texas, are hereby required to present the same to said Co-Independent Executrices, at the address given below, before suit upon same is barred, by the Statute of Limitations, before such estate is closed, and within the time and in the manner prescribed by law.

The residence of the Independent Executrix, Elaine Thompson Trew, is Randall County, Texas, and the residence of the Independent Executrix, Lynn Thompson Smithson, is Fannin County, Texas. The post office address is: c/o R.C. Hoelscher Attorney at Law P.O. Box 1775 (138B. West Third) Hereford, Texas 79045 SIGNED this 29th day of December. 1989.

> By: R.C. Hoelscher Attorney for the Estate

LEGAL NOTICE NOTICE" One black gelding & one sorrell, unbroke, mare will be sold at public auction Jan. 4th at 9 a.m. (Actual ages unknown). Location of sale will be the 1st house south of Archer St. on South H.Way 385.

THURSDAY

Women's Division quarterly meeting and dinner, Community Center, 7:30 p.m.

Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.

Immunizations against childhood diseases, Texas Department of Health office, 914 E. Park, 9-11:30 a.m. and 1-4 p.m.

San Jose prayer group, 735 Brevard, 8 p.m.

Weight Watchers, Community Church, 6:30 p.m.

Kids Day Out, First United Methodist Church, 9 a.m. until 4

Ladies exercise class, Church of the Nazarene, 5:30 p.m.

Kiwanis Club, Community Center, noon.

TOPS Club No. 941, Community Center, 9 a.m.

Story hour at library, 10 a.m. Hereford Toastmasters Club,

Ranch House, 6:30 a.m. Hereford Child Care Providers,

7:30 p.m. Camp Fire Leaders Association, Camp Fire Lodge, 7:30 p.m.

Bud to Blossom Garden Club, 9:30 a.m.

Elketts, 8 p.m.

L'Allegra Study Club, 10 a.m. Alpha Iota Mu Chapter of Beta

Sigma Phi Sorority, 8 p.m.

North Hereford Extension Homemakers Club, 2:30 p.m.

Wyche Extension Homemakers Club, 2:30 p.m.

Bay View Study Club, 2 p.m.

STATEMENT OF NON-DISCRIMINATION **JANUARY 3, 1990**

West Texas Rural Telephone Cooperative, Inc., has filed with the Federal Government a Compliance Assurance in which it assures the Rural Electrification Administration that it will comply fully with all requirements of Title VI of the Civil Rights Act of 1964 and the Rules and Regulations of the Department of Agriculture issued thereunder, to the end that no person in the United States shall, on the ground of race, color, or national origin, be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination in the conduct of its program and the operation of its facilities.

Under the Assurance, this organization is committed not to discriminate against any person on the ground of race, color, or national origin in its policies and practices relating to applications for service or any other policies and practices relating to treatment of beneficiaries and participants including rates, conditions and extension of service, use of any of its facilities, attendance at and participation in any meeting of beneficiaries and participants, and the exercise of any ghts of such beneficiaries and participants in the conduct of the operations of this organization. Any person who believes himself, or any specific class of individuals to be subjected by the organization to discrimination prohibited by Title VI of the Act and Rules and Regulations issued thereunder may, by himself or a representative file with the Secretary of Agriculture, Washington, D.C. 20250, or the Rural Electrification Administration, Washington, D.C. 20250, or this organization, or all, a written complaint. Such complaint must be filed not later than 90 days after the alleged discrimination, or by such later date to which the Secretary of Agriculture or the Rural Electrification Administration extends the time for filing. Identity of complaints will be kept confidential except to the extent necessary to carry out the purposes of the Rules and Regulations. WEST TEXAS RURAL TELEPHONE **Cooperative Incorporated** P.O. Box 1737 South Hwy. 385 Area Code 806-364-3331 Hereford, TExas, 79045

Merry Mixers Square Dance Church, 7:30 p.m. Club, Community Center, 8 p.m. Free blood pressure screening, VFW, VFW clubhouse, 8 p.m. Tuesday through Friday, South BPOE Lodge at Elks Hall, 8:30 Plains Health Providers Clinic, 603 Park Ave., 8:30 a.m. to 5 p.m.

National Association of Retired Federal Employees, Hereford Senior Citizens Center, 1 p.m.

FRIDAY

D.m.

Calendar of Events

Kiwanis Whiteface Club, Caison House, 6:30 a.m.

Community Duplicate Bridge Club, Community Center, 7:30 p.m. Ladies exercise class, Nazarene

Church, 5:30 p.m. Garden Beautiful Club, 9:30 a.m.

Hereford Senior Citizens governing board, 2 p.m. and business meeting 3 p.m. at Senior Citizens Center.

Patriarchs Militant and Ladies Auxiliary, IOOF Hall, 8 p.m.

SATURDAY

Open gym for all teens, noon to 6 p.m. on Saturdays and 2-5 p.m. Sundays at First Church of the

on Saturdays and II a.m. on Sundays.

MONDAY

AA meets Monday through Friday, 406 W. Fourth St., noon, 5:30 p.m. and 8 p.m. For more information call 364-9620.

Spanish speaking AA meetings each Monday, 406 W. Fourth St., 8 p.m.

Ladies exercise class, First Baptist church Family Life Center, 7:30 p.m.

Odd Fellows Lodge, IOOF Hall, 7:30 p.m.

TOPS Chapter No. 1011, Community Center, 5:30-6:30 p.m.

Rotary Club, Community Center, noon.

Planned Parenthood Clinic, open Monday through Friday, 711 25 Mile Ave., 8:30 a.m. to 4:30 p.m. Ladies exercise class, Nazarene

Church, 5:30 p.m. Civil Air Patrol-U.S. Air Force

Auxiliary, Community Center, 7 p.m.

Masonic Lodge, Masonic Tem-

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Overcome overeating

Are you the boss of your eating or does food rule you?

According to psychotherapists Jane R. Hirschmann and Carol H. Munter, there are millions of people who refuse to keep a box of cookies in the house for fear of eating the whole thing in one sitting." Or who can't stop until they have finished the entire pint of Haagen Dazs. Ironically, these are the people trying hardest to keep themselves slim-chronic diets for when even a bite of cake can be the beginning of a vicious cycle of guilt, self-contempt, and more food.

In a new book that views food as the solution, not the enemy, to compulsive cating problems, Hirschmann and Munter show how to escape the futile diet/binge trap and lose weight naturally without ever dieting again.

Overcoming Overeating teaches people to "eat their way out of their eating problems," instead of trying to control their cravings through constant dicting.

Noon Lions Club, Community Alateens and Al-Anon, 406 W. Center, noon. Young at heart program, YMCA, Hereford Rebekah Lodge No. a.m. until noon.

luncheon.

Play school day nursery, 201 Country Club Drive, 9 a.m. until 4 Problem Pregnancy Center, 505 p.m. Call 364-0040 for reservations. E. Park Ave., open Tuesday through **Bippus Extension Homemakers** Free and confidential Club, 2 p.m. pregnancy testing. Call 364-4047

Homemakers Club, 7 p.m.

Community Center, 7:30 p.m.

Pioneer Study Club, 10:30 a.m.

Pilot Club, Community Center, 7

Parents Against Chemical Abuse,

WEDNESDAY

for business meeting followed by a

United Methodist Women of First United Methodist Church in Ward Parlor, 9:30 a.m.

Credit Women International, Ranch House, noon.

Cultural Extension Homemakers Westway Extension Club, 2 p.m.

Culinary legacy in Italian pasta dishes presented

No matter how much you love 1 1/2 pounds fresh ripe tomatoes Italian found, the immense diversity of the cuisme never ceases to amaze and please. Regional variations, plus the age-old inventiveness of Italian cooks, have resulted in a culinary legacy which is as broad as it is fascinating.

Hereford AMBUCS Club, Ranch

Social Security representative at

Kiwanis Club of Hereford-

Golden K, Senior Citizens Center,

courthouse, 9:15 a.m. to ll:30 a.m.

House, noon.

Fourth St., 8 p.m.

Temple, 7:30 p.m.

Friday.

228, IOOF Hall 7:30 p.m.

A marked awareness of the way the flavors of different foods marry characterizes dishes from all over Italy, providing a thread of continuity between the culinary achievements of even the most disparate regions.

One of the most sensitive chroniclers of Italian cuisine is Giuliano Bugialli and, in his most recent volume, Bugialli on Pasta (Simon and Schuster), he takes on the task of codifying authentic versions of pasta dishes from the Trentino to Apulia.

A cook of great distinction in his own right, Bugialli is also extremely

Coarse-grained salt

2 medium-sized cloves garlic, peeled

1/2 teaspoon hot red pepper flakes, to be added to marinade (optional)

- Juice of a medium-sized lemon 4 medium-sized inner white
- celery stalks, well scraped 1/2 cup olive oil
- Salt and freshly ground black pepper

1 pound dried sedanini pasta preferably imported Italian

To Cook the Pasta Coarse-grained salt

To Serve 20 large sprigs Italian parsley, leaves only

15 large fresh basil leaves, left whole

Blanch the tomatoes in salted boiling water, then remove the skins and seeds, leaving the tomato fillets garlic, parsley, carrots and 5 of the basil leaves all together on a board. whole. Place tomatoes in a crockery or glass bowl along with the Put chopped ingredients in a medium-size saucepan. If using fresh garlic and hot red pepper flakes if tomatoes, cut them into pieces. used and pour the lemon juice over.

20 large basil leaves, fresh or preserved in salt

2 pounds ripe, fresh tomatoes; or 2 pounds canned tomatoes, prefera bly imported Italian, drained Salt and freshly ground black pepper

3 tablespoons olive oil 1 pound dried penne, preferably

imported Italian To Cook the Pasta

Coarse-grained salt To Bake

1 tablespoon olive oil

8 ounces mozzarella cheese, cut

into about 1/4-inch thick slices

1 teaspoon dried oregano

30 black Greek olives in oil, drained and pitted

Salt and freshly ground black pepper

2 tablespoons (1 ounce) sweet butter, cut into small pieces

Coarsely chop the celery, onion,

est holes, into a second saucepan.

Add salt and pepper to taste and the

cold water to a boil and preheat the

oven to 375 degrees. When the

water reaches a boil, add coarse salt

to taste, then add the pasta and cook

it for 8 to 11 minutes depending on

the brand: that is, 1 minute less than

Use the tablespoon of oil to

heavily coat a 13 1/2 x 8 3/4 inch

glass baking dish. Drain the pasta

normal for al dente.

Meanwhile, bring a large pot of

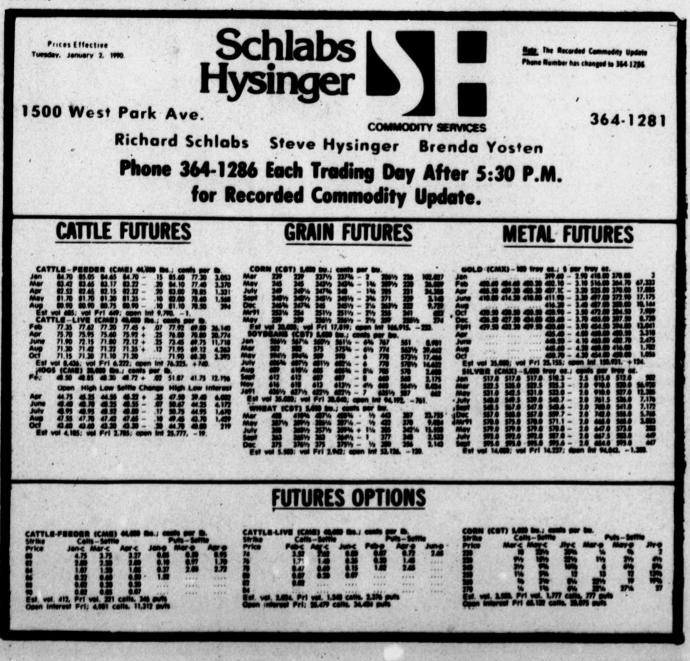
Nazarene.

AA, 406 W. Fourth St., 8 p.m.

or 364-7626 for appointment. Hereford Fine Arts Association, Community Center, 7 p.m. Lone Star Study Club, 2:30 p.m. Order of Eastern Star, Masonic

One out of three Americans lives in an apartment or rented house

The world's longest golf hole is 7th (par 7) of 909 yards at the Sano Course, Satsuki Golf Club, Japan.



ple, 7:30 p.m. Easter Lions Club, Easter clubhouse, 8 p.m.

Deaf Smith County Republican Women's Organization, Hereford State Bank Community Room, noon.

Hereford Music Study Club, 1:30 p.m.

Beta Sigma Phi City Council, Reddy Room of Southwestern Public Service building, 8 p.m.

Sweet 'n' Fancy Cake Decorating Club, Community Center, 7 p.m.

Veleda Study Club, 8 p.m. Deaf Smith County Historical Museum: Regular museum hours Monday through Saturday 10 a.m. to 5 p.m. and Sunday by appointment

TUESDAY

only.

TOPS Chapter No. 576, Community Center, 9 a.m.

Ladies exercise class, Church of the Nazarene, 5:30 p.m.

Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.

Free women's exercise class, acrobics and floorwork, Community

knowledgeable about the history and lore of Italian cuisine, and writes with a distinct voice of authority. This makes his most recent cookbook an excellent resource for cooks who are serious about learning about and preparing Italian food as it is prepared in Italy by that country's fine cooks, who are as likely to be found in the home kitchen as behind the scenes in a restaurant.

In fact, while numerous relatively familiar pasta preparations are included by Bugialli in his book, the majority are less common, and some are so rare as to be unfamiliar even in Italy. These at times require equipment difficult to obtain, making the recipes more of historic rather than current interest. However, they are the exception;

most recipes in Bugialli on Pasta can be prepared by the home chef, many with extreme ease, though some of the recipes calling for homemade pasta dough required a degree of expertise on the part of the cook. This degree of expertise can be attained even by novices, by following Bugialli's extremely clear and accurate instructions, which are accompanied by detailed step-bystep drawings that leave little in the preparation procedure to casual interpretation.

The culinary appeal of the recipes themselves is outstanding. From a myriad of pasta and bean recipes, such as Pasta with Chick-Peas, Roman Style, and Pasta with Black-Eyed Peas, to recipes for Gnocchi Baked with Melting Cheese and Naked Ravioli with Gorgonzola, the volume is a gourmand's delight.

Among the outstanding recipes are the diversity of Fresh Regional Pastas from throughout Italy - a handful of Agnelotti recipes from Piedmont in the north, unusual Buckwheat Pasta recipes from Lombardy, stuffed "Three-Cornered Hats" from Tuscany, and Crepes in Broth from Abruzzi in the south.

Below are two recipe selections from Bugialli on Pasta. The first, Sedanini alla Crudaiola (Pasta with Uncooked Vegetable Sauce), is a refreshing preparation which hails from Apulia. If the Sedanini shaped pasta is unavailable, Bugialli suggests substituting any short tubular pasta two to three inches long and 1/2 to one inch in diame-

The second, from Campania, is Penne alla Pizza (Pasta in the Style of Pizza).

SEDANINI ALLA CRUDAIOLA (Pasta with Uncooked Vegetable Sauce)

Serves 4 to 6

Cut the celery into pieces the same size as the pasta and put them, along with the oil, in the bowl. Season with salt to taste and abundant black pepper, but do not mix. Cover the bowl and refrigerate for at least 1 hour or until needed.

Bring a large pot of cold water to oil: cook for 10 minutes longer. a boil over medium heat, add coarse salt to taste, then add the pasta and cook it for 9 to 12 minutes depending on the brand. Meanwhile, mix the tomatoes with the other ingredients and coarsely chop the parsley. When the pasta is ready, drain and transfer it to a large serving platter, then pour the sauce over. Mix the pasta and sauce together very well, then sprinkle the parsley and basil all over, mix again and serve.

PENNE ALLA PIZZA (Pasta in the Style of Pizza)

Serves 6 to 8 1 medium-sized stalk celery 1/2 medium-sized red onion, peeled 1 large clove garlic, peeled 10 large sprigs Italian parsley, leaves only

2 medium-size carrots, scraped

Senior Citizens

LUNCH MENU

chops, parslied potato, vegetables, coleslaw, poundcake with sauce.

FRIDAY-Catfish fillet, baked p.m. potato, spinach, Waldorf salad, custard pie. MONDAY-Beef stew, vegetables, cheese sticks, fruit cup

TUESDAY-Smothered steak, creamed potatoes, fried okra and squash, coleslaw, chocolate cake,

WEDNESDAY-Oven fried chicken, scalloped potatoes, seasoned peas, beets, frosted lime nut salad, pudding with topping.

ACTIVITIES

THURSDAY-Knitting 9:30 a.m., oil painting 9:30-II:30 a.m., invest-ment seminar 10:30 a.m., choir 1 p.m., NARFE 1 p.m.

FRIDAY-Board meeting noon, dvanced line dance 10 a.m., beginners line dance 1:15 p.m.

MONDAY-Business meeting 10 a.m., advanced line dance 10 a.m., devotional 12:45 p.m., beginners

t

and place it in a large bowl. Add the still-hot tomato sauce, the mozzarella, oregano, olives, remaining basil leaves torn into thirds, and salt and pepper to taste. Gently but . thoroughly mix all the ingredients, then place in the oiled dish. Spread the butter pieces over the pasta, cover the dish with aluminum foil and bake 15 minutes. Serve hot directly from the dish.

line dance 1:15 p.m. TUESDAY-Stretch and flexibili-THURSDAY-Smothered pork ty 10-10:45 a.m., Travel Club I p.m.,

blood pressure 1:30-3 p.m., liquid embroidery 1:30 p.m., bowling 1:30

WEDNESDAY-Stretch and flexibility 10-10:45 a.m., ceramics 1:30 pm.

CORPUS CHRISTI, Texas (AP) -President Bush and Soviet leader Mikhail S. Gorbachev would prefer to be left out in the cold when it comes to advertisements for a decongestant.

"Heads of state don't endorse cold medicine," Bush spokesman Marlin Fitzwater said Friday.

Fitzwater objected to ads for Drixoral, an over-the-counter head cold remedy manufactured by Schering-Plough Corp. The ads show Gorbachev and Bush shaking hands at the superpower summit in Malta carlier this month.

"In the New Year, may the only cold war in the world be the one we're fighting," assert the advertisements.

But the ads clearly are giving the White House a headache.

and cookie.

homemade bread.

Add fresh or canned tomatoes to pan, cover and cook, over low heat for 1 hour, stirring every so often with a wooden spoon. Pass the contents of the pan through a food mill, using the disc with the small-



Page 12--The Hereford Brand, Wednesday, January 3, 1990

Feed your baby right

concerned that the foods available to feed their children may contain harmful traces of pesticides and chemicals.

These concerns have been highlighted by recent publicity about the safety of chemicals used on fruits and vegetables. Obviously, these questions are particularly important when it comes to babies.

The chemical mentioned most often is "ALAR," which has been used on apples-specifically red apples-to make them sipen uniformly so they don't fall off the tree before harvest.

ALAR is allowed to be used on other fruits-cherrics, peaches, pears, prunes, grapes, cantaloupes and brussel sprouts. In sufficient amounts, it is suspected of causing cancer.

Even though there is disagreement about just how much of a risk ALAR is, to be safe, avoid it." There's no reason to take a risk, especially when it comes to feeding

How to survive loss, crises

From her extensive work counseling people who have suffered shattering losses, bereavement expert and best-selling author Dr. Ann Kaiser Stearns believes there are valuable lessons to be learned from studying the lives of those who have not merely survived produce. but triumphed over adversity.

more psychology professor and lecturer interviewed scores of "triumphant survivors"- the term she uses to describe individuals who emerge from a tragic loss or event "stronger and wiser than they were before the crisis event, who, as a result of great personal growth, have surpassed their former selves."

The inspiring stories of nearly 40 triumphant survivors-representing general population. every kind of loss situation-eloquently unfold in Dr. Stearns' about babies and young children? Reduce new book Coming Back: There are four reasons: Rebuilding Lives After Crisis and 1. Small children cat more, teen stress

Many parents today are your baby or your young child. Avoiding ALAR is exactly what

baby food manufacturers did several years ago when the first concern surfaced.

Beech-Nut, for example, signs contracts with all its apple growers, forbidding them to use ALAR. Beech-Nut agriculturists visit the orchard and check the farmer's records to make sure that ALAR is not used. As a third and most critical check, each and every lot of apples is tested for ALAR by the official government method before it can be accepted.

If ALAR is detected, the apples are rejected. Other baby food manufacturers take similar precautions.

What about toddlers and older children who want to eat fresh fruit? When it comes to apples, Golden Delicious apples, yellow apples like Golden Delicious and Granny Smith apples, are much less likely to be sprayed with ALAR.

An apple exposed to ALAR has ALAR all through it, from peel to core. You can't wash ALAR off or remove it by peeling the apple. And cooking the apple does not make ALAR go away.

Luckily most pesticides can be washed off with soap and water and thorough scrubbing.

Peeling fruits, tomatoes and root vegetables helps, and so does discarding - the outer leaves of lettuce and celery, for instance, and the washing well.

Cooking fruits and vegetables reduced pesticide residues. Proper preparation can reduce the level of many pesticides, by 99 percent of the original level in the fresh

Washing, peeling and cooking For three years, the noted Balti- also are good safeguards against other, "natural" hazards of fresh produce-bacteria, toxins and parasites.

Baby food manufacturers take special care to minimize both the amounts and the types of pesticides used on produce used to make baby food. The residue levels are very low and the standards are much stricter than those for foods for the

Ann Landers

years ago I found out that my husband had been molesting our 15year-old daughter. He had 19 years in the military and was getting ready to retire. When I turned him in, his retirement money went out the window. He was prosecuted, found guilty and received a dishonorable discharge. He was sentenced

to 15 years in Fort Leavenworth. Now I must make good on all our debts because my husband no longer receives any pay. I am working two jobs in order to make ends meet. I also must pay a \$3,000 hospital bill and a \$1,200 doctor bill. (I had to put my daughter in the hospital for psychiatric help because she couldn't handle what had happened to her.) She must continue to get therapy, and this doesn't come cheap.

I'm working seven days a week and rarely get more than four hours' sleep a night. I am exhausted and barely hanging on. I hate to admit it, Ann, but sometimes I think we would have been better off if I had 'kept my mouth shut and not turned my husband in. For sure, our lives would've been a lot less complicat-Any comment? -- "MRS. ed. JONES"

DEAR MRS. JONES: Drive those doubts out of your mind. You did the right thing. No mother with a shred of decency would keep quiet and permit her child to be sexually abused, no matter what the cost.

Our office spoke with Dan Trew, public affairs officer at Fort Sheridan, Ill. Your case was handled fairly, in accordance with military law. He explained that family members are entitled to full privileges until the sentence and discharge have been approved by the secretary of the Army. The review process can take as long as two years, during which you receive all the entitlements and benefits.

I suggest that you contact a bankruptcy expert and consider filing. There is no disgrace in going this route when a person is left with

DEAR ANN LANDERS: Two crushing debt through no fault of his or her own. I realize this was a severe blow,

especially so close to your husband's retirement. Please consider counseling. You need a professional on whom you can unload your anger and frustration. Good luck, dear.

DEAR ANN LANDERS: Since everyone reads your column, I'm sure if you print this the people who need to see it will.

Dear Friends and Neighbors: You are all aware that my husband is terminally ill. We do not ask that you run errands or bring food or send flowers. What we do find surprising is that you haven't phoned to see how we are getting along, much less dropped by for a brief visit.

Perhaps you don't know what to say because you find dying hard to deal with. That's OK. I can understand that, so here's a little advice: Be natural. Treat us the way you would if my husband wasn't dying. Tell us what you've been doing. We'd love to hear about your trip or the kids or your in-laws. Tell a few jokes or let's talk politics. Believe me, anything you care to talk about will be wonderful to a couple of people who haven't seen a visitor in months.

Just give us a call and let us know when you'll be over. I'll put the coffee pot on and I might even bake some cookies. -- No City, Just New York

DEAR NEW YORK: You hit it when you said maybe folks stay away because they don't know what to say. You told them. And very nicely, too. Thanks for performing a valuable service for a lot of people today. And God bless you, dear.

Is alcohol ruining your life or the life of a loved one? "Alcoholism: How to Recognize It, How to Deal With It, How to Conquer It" can turn things around. Send a selfaddressed, long business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Alcohol, c/o Ann Landers, P.O. Box 11562,

Cancer facts given

about cancer? questions and answers are based on cured after one year, others after the latest findings from the Ameri- three years, whereas some have to can Cancer Society.

What is cancer?

Cancer is a large group of diseases characterized by unconbe cured if detected and treated promptly.

Who gets cancer?

Cancer strikes at any age. It kills more children three to 14 than any other disease. And cancer strikes more frequently with advancing In the 1980s, there were age. estimated over 4.5 million cancer deaths, almost nine million new cancer cases, and some 15 million people under medical care for cancer.

How many people alive today will get cancer?

About 76 million Americans now living will eventually have cancer; about 30 percent, according to present rates. Over the years, cancer will strike in approximately three out of four families.

How many people alive today have ever had cancer?

There are over five million Americans alive today who have a history of cancer, three million of them with diagnosis five or more years ago. Most of these three million can be considered cured, while others still have evidence of cancer. By "cured" is meant that a patient has no evidence of disease and has the same life expectancy as a person who never had cancer.

may be considered cured is one that must be made by the physician after right and wrong. examining the individual patient. For most forms of cancer, five years without symptoms following treat- by telegraph wires in 1847.

How much do you really know ment is the accepted time. Howev-The following er, some patients can be considered be followed much longer than five years.

How many people will die?

This year about 502,000 will die trolled growth and spread of abnor- of the disease-1,375 people a day, mal cells. If the spread is not about one every 63 seconds. Of controlled or checked, it results in every five deaths from all causes in death. However, many cancers can the U.S., one is from cancer. In 1988, an estimated 494,000 Americans died of cancer. In 1987, it was 483,000; in 1986, the figure was 469,376.

Can cancer be cured?

Some cancers, not all. Most lung cancers are caused by cigarette smoking, and most skin cancers by frequent over-exposure to direct sunlight. These cancers can be prevented by avoiding their causes. Certain cancers caused by occupational-environmental factors can be prevented by eliminating or reducing contact with carcinogenic agents.

TODDLER TIFFS

ROCHESTER, N.Y. (AP) - When toddlers play together, disagreements crop up about every 10 minutes, says University of Rochester psychologist Judith Smetana.

Usually, says Smctana, the conflict is over an object, such as a toy, or over aggression, such as hitting, pulling hair or biting.

Instead of restoring the peace by ordering the kids to stop fighting, parents should take the opportunity to talk to youngsters about rights and fairness.

By so doing, Smctana says, parents The decision as to when a patient lay the groundwork for children learning to reason independently about

New York and Boston were linked



Loss.

Dr. Stearns met many of the triumphant survivors while writing 1984 bestsellers, Living Through self-help book I have seen in years," it has sold almost one million copies and has been translated into several languages.

The sequel, which greatly amplifies some of the themes developed in the first book, tells the harrowing stories of men and women devastated by alcoholism, murder of a child, divorce, adultery, abortion obesity, cancer or other debilitating illness, loss of a life, sudden death of a loved one, and prisoner-of-war internment.

All subjects had to be at least chemicals from the body. four years from their loss. "It takes at least that amount of time to see if a person is going to rebuild successfully, because everybody struggles the first few years," Dr. Stearns says. Having rebuilt her life after her husband suddenly left her at age 27, Dr. Stearns is herself a triumphant survivor and includes on foods. her own story in the text.

BUCKLE UP FOR SAFETY

heavy weights, be sure to put on a weight belt.

The Reebok Aerobic Information Bureau says that while weight belts have been around for years, a recent study suggests they may be helpful in preventing back injuries.

According to Everett Harman of the U.S. Army Research Institute, weight belts increase pressure on the abdominal muscles, which, in turn, relieve pressure on the spinal disks. to grow, store or transport. They Harman does not advise wearing the belt all the time because it can prevent buy fresh fruit and fresh vegetables the abdominal muscles from developing on their own.



pound for pound, than adults do. If you weight 120 pounds, you need about 1800 or 1900 calories a day .. and touring the country with her A 12-pound four-month-old, in There are a lot of things to think contrast, needs about 600 calories. Personal Crisis. Described by Ann Pound for pound, a baby needs Landers as "The best all-purpose three times as much food as an adult.

> 2. Certain foods make up a large part of a child's diet. A single 41/2 ounce jar of baby applesauce provides 60 calories, or about 10 percent of baby's diet. Four ounces of apple juice provides about 50 calories, almost 10 percent of the daily energy need. And young children love apple juice; they may drink 18 times as much as adults. 3. A baby has immature body

systems. He or she has a more day. difficult time eliminating foreign

4. A baby has a whole lifetime ahead of him or her, so the effect of any exposure has more chance to to face a stressful situation. You'll

babies are more sensitive and more vulnerable, you are probably wondering why pesticides are used

Pesticides work to protect our health and the health of our children. Some pesticides prevent insect infestation.

Fruit damaged by insects is more NEW YORK (AP) - Before lifting susceptible to mold and fungus, as well as spoilage. Mold, fungus and other organisms can produce toxic substances that can cause cancer and other diseases.

Other pesticides control molds and fungus directly on fruit and vegetables. Herbicides control weeds so that the harvested food is not contaminated with weed seeds.

Other agents, like ALAR, are used primarily because they make fruit and vegetables less expensive are one reason why today we can "out of season," which was once not possible.

THE

All Fall & Winter Merchandise

33⁻¹/_{3 to} 50% OFF



It isn't easy being a teenager. about-friends, school, job, family. Life can be pretty stressful.

Exercise is one way to relieve some of the tension. You'll not only feel better, you'll look better When you're physically fit, too. you have more energy and are better able to deal with everyday stress.

To decrease stress and improve your fitness:

-Find an activity you enjoy, such as jogging, dancing, swimming or walking and do it at least three times each week, preferably every

-Do stretching exercises regularly to increase your flexibility and relax your muscles.

-Try to exercise before you have show up because there is more time. think more clearly and will be better If there are all these reasons why able to cope with the problem.

-Exercise with a friend. You can talk about what's bugging you while you help each other get through your workout.

On June 27, 1950, President Harry S. Truman ordered the Air Force and the Navy into the Korean conflict following a call from the U.N. Security Council for member nations to help South Korea repel the invasion from the North.



GET A FREE TIRE GAUGE JUST BY FILLING UP AT FINA.

It's amazing what a little inflation can do to the economy. Your economy. Properly inflated tires get you better gas mileage, plus they have a wonderful habit of lasting longer, too. That's why Fina wants to make you an expert on inflation with our Tire Pressure Gauge. It's yours free at participating stations when you make two eight-gallon-minimum

purchases of Fina high-quality Super Unleaded gasoline or three eightgallon-minimum purchases of Unleaded. But hurry. There's a limited supply, and the offer ends January 16, 1990. So start your economic recovery with a Fina tire Gauge. While it got a friend! may not make you an advisor to the White House, it will make you pretty smart...in your house.

