Hustlin' Hereford, home of Abby Watts

89th Year, No. 155, Deaf Smith County, Hereford, Tx.

10 Pages

25 Cents

Food manufacturers form coalition

A new group was formed in development of more local industry and passage of a freeport exemption for eligible inventories.

The Hereford Area Food Council is a coalition of food manufacturers in the Hereford area including Ramirez and Sons, MW Carrot, Holly Sugar, Panhandle Milling, Frito-Lay, Arrowhead Mills, Caviness Packing, Hereford Bi-Products, all of Hereford, and Maxwell Orchards, which is located between Hereford and Dimmitt. The group held its initial meeting today.

within our companies and to work together with our chamber of commerce and other groups to encourage new industry in Hereford," said Frank Ford of Arrowhead Mills, a spokesman for the group.

WASHINGTON (AP) - Rural

communities across Texas are fertile

territory for small and large businesses

looking for a place to grow, according

to a study that also finds troubling

signs of poverty and lower wages in

Enterprise Development indicates rural

Texas is holding its own against the

state's metropolitan areas in new

business growth, and is actually doing

better when it comes to growth among

rate for businesses in rural Texas.

whether small or large, suggests there

may be some "very dynamic, big

structural changes in rural Texas" that

are creating opportunities for new

business start-ups, said corporation

Texas lies in the large number of new

businesses being born in rural Texas,'

Ross said. "That is a hopeful sign for

cast across that future by the low

educational attainment of rural Texans.

Rural Texans not only compare poorly

with other rural Americans when it

comes to high school graduation and

college attainment, but they also

compare very poorly to urban

The study released Wednesday by

the private, non-profit research and

policy consulting firm found only 50

percent of rural Texans had finished

high school in 1980, for a 42nd place

ranking, while only 10 percent of them

had finished four years of college,

Texas, Ross said, is that despite new

job growth, rural workers' earnings lag

behind urban workers' pay, and many

The study said 22.6 percent of rural

Texas were living in poverty between 1984 and 1986, while those who had

jobs in rural Texas were earning onethird less than their urban counterparts. Earnings for rural workers also

grew 30 percent slower than for urban

The good news, Ross said, was the

study's finding that Texas ranked

seventh nationally with a new

enterprise job growth rate of 46.4

percent between 1980 and 1986, while

the rate for urban areas was just

Texas, with more rural residents

than any other state, ranked sixth

nationally with a 24.4 percent new

enterprise job growth rate among small

firms, which exceeds the urban new

slightly higher at 50.88 percent.

20.93 percent.

workers, the study found.

rural Texans are living in poverty.

Another troubling sign for rural

putting the state in 36th place.

"However, there is a shadow being

rural Texas' economic future.

"The best piece of good news for

The healthy enterprise job growth

The study by the Corporation for

Rural

areas

fertile

rural parts of the state.

small businesses.

president Doug Ross.

Texans," Ross said.

termed

manufactured and kept in the state for three years." less than 176 days.

"City and county support for the said. "The total impact on the tax base percent, and this amount would likely of this community." be offset very quickly by new growth and new jobs. That is why freeport passed overwhelmingly in this area.

"Cattlemen were granted a similar exemption on all cattle in our feedlots several years ago, and that competitive "(We want) to increase employment edge has helped to build our most powerful and successful industry. The statewide and local votes in both cases were pro-growth and pro-jobs."

would give "relatively minor Hereford Area Food Council, with the be co-generation of trash into electric

Hereford today to help the push for for passage of the freeport exemption a background of \$210,000-plus paid for goods that are acquired or in local ad valorem taxes over the past business for our community from make landfill operations very

> "Amarillo is our competition, and freeport exemption is important," Ford they are supporting freeport," Ford said. "Why disadvantage ourselves? would probably be less than two New industry is looking at the attitude

> > Ford said forming the food council was not a new idea, but sprang into being after he drove by the Texas **Employment Commission office two** weeks ago.

"I went inside. Nearly 100 people were looking for a job, and many were young men accompanied by their wives and small children," Ford said. "Greatly moved, I with others set about Ford said the freeport exemption to form what we are going to call the

within the food sector.

"Of the nine or so companies, Holly Sugar is the largest. After the excellent generation of power a profit-making, by the fine Kempner family, Holly offsetting new jobs and growth in mind, as we all do.

"We are setting a goal of several hundred new jobs in the next few years. We are blessed by our Creator in having many natural resources with which to accomplish some exciting breakthroughs."

Ford said another opportunity may

Ford said the group would also push help...perhaps \$5,000 per year against mission of creating new growth, new power. "Pending Environmental jobs, new homes and new retail Protection Agency regulations could expensive," Ford explained. "We should explore making trash comerger with Imperial Sugar, headed job-creating enterprise and draw materials from other towns to make it might constitute one-third of our total economically feasible. This could turn freeport opportunity, but they have a liability into a growth opportunity, and put us in a position of environmental leadership.

> "The Hereford Area Food Council is fully committed to seeing that the impact through their support for freeport as we go into the decade of

county, city, school, hospital and water district will all receive a positive total the 1990s...We as volunteers need to do our job so that our community can

By BRENDA BROCK MORTON (Note: Brenda is Gene Brock's daughter. This is a letter she submitted.)

Dear Dad:

I'd like to share a few special thoughts with you. I've always known you to be there for me and the . knowledge has given me strength in stopping out on my own, because I knew you were there in my corner.

As your daughter I don't always take time to say "thank you" for all the very special, very necessary things you have done for me in my life. You brought your warmth for the handicapped into my life and showed me how much they needed to be loved and needed and how much to reach out and befriend them and accept their friendship and love that they have an abundance of to give to others.

You have instilled leadership and organizational qualities into me by ving me the ropes, following your lead, and watching from the background the ways you handle people and situations.

The manner in which you treat everyone that you meet as your fried, the time you take to listen to their problems, even though at the time your problems may outweigh theirs, you always listen and try to help others figure out solutions to their problems.

As my brother and I grew up you showed us how to help others and how to be productive in our lives. Your interest in our achievements have been shared in others. Your interest in your grandchildren and their achievements comes from the teaching that you and Mom instilled in us as children. We believe in ourselves because you believed in us and in others, and we could achieve whatever we set out to achieve.

You were there showing us the way and helping us when we needed you the most. You gave us your all even when you were busy with Camp Wigwam, Key Club and Kiwanis. You made us a part of your activities.

Because of your guidance and LOVE we have achieved in our lives. I applaud you for all of your outstanding achievements. I'm proud to be your daughter and to call you "Daddy."

I love you, Dad! You will always be one of the most special men in my

Love, Brenda

(Do you have someone you would like to share about? A parent, spouse, teacher, neighbor or friend? Let us know about your hero. Your story should be from 200 to 600 words long. Please give us your name, address and phone number--in case we need to contact you--and mail it to the Brand, PO Box 673, 79045, or bring it by 313 N. Lee.)

Senior citizens to hold ceremony

Groundbreaking for the new addition of the Hereford Senior Center will be part of the 15th birthday celebration of the Hereford Senior Citizens Association on Saturday.

Events will begin at 5 p.m. at the Center, 426 Ranger, with speakers and entertainment, a supper, and recognition of past board members and charter members of the organization.

Ground will be broken for the first phase of the planned expansion for the center, which will double the size of the facility.

Cattlemen hear saving

Representatives of feedlots from across the Panhandle and South Plains heard about ways to save energy and cut costs during an Energy Efficiency Seminar on Wednesday at the Hereford Community Center.

Representatives of Southwestern Public Service Company, Atmos Energy Corporation and Texas A&M University explained simple ways feed yards could decrease their energy demands, conserve fuels, and make their overall operations less expensive and more competitive.

Dave Krupnick, manager of ag marketing for SPS, explained that most feedyards are "industrial customers" because of their demand for electricity at any one time.

Krupnick said monthly bills include rates for demand, actual energy used, the power factor, fuel cost adjustments and taxes.

Most feed yards have two meters: one to measure demand, and another to measure actual electricity used. The demand meter is a special device that measures the highest one-time demand for electricity during any 30-minute period through the billing month.

The demand charge could be lessened significantly through something as simple as "turning off a motor when the mill is running," Krupnick said.

Facilities could also explore using automatic controls that shut down non-essential motors or other high-use items like air conditioners or well motors to cut back on demand.

"You would use just as many kilowatt hours, you just take some of the demand off," Krupnick said. "Demand control is important. Look at your electrical load and see what you could cut off. Determine if there are some loads you can move off, or move to some other time." Krupnick said SPS has industrial power engineers that can help feedlots determine ways to shave the demand.

Robert Smith of Atmos, the parent company of energas, looked at ways feedlots could save gas



Cattlemen attend energy seminar

Bert Parker, second from left, of Hereford was one of many area cattle feeders who attended an Energy Efficiency Seminar held Wednesday in Hereford. With Parker are, from left, Dave Krupnick of Southwestern Public Service, John Steve Cochran of Texas A&M University, and Robert Allen of Atmos Energy Corporation.

costs through more efficient boiler control.

Most yards use boiler-generated steam for flaking in feed mills, and many have boilers that were built in less energy-conscious times 20 to 30 years ago.

"Most facilities need to take some interest in upgrading the boiler room," Smith said. "You could really reduce your gas costs. Do more than just the annual inspections.

"There are a lot of things that need to be upgraded...if you look at the total picture, you can have tremendous savings.

Smith said some simple things could lead to big savings, like getting scale off the boiler, or a

simple boiler tune-up. "See what the efficiency is when the boiler is running," Smith said. "Upgrading the efficiency could be a significant saving per month.

"Some very simple things can save you 15 percent to 20 percent per month without getting into new technology." John Steve Cochran of Texas

A&M University said preventive maintenance and training could give operations more profit.

Cochran said he had visited several feedlots and was disappointed in things like dust, residue, inefficient lighting and other things that lead to higher energy costs.

"If nothing else, get an air hose and clean everything off," Cochran

said while discussing a slide that showed a dust-covered engine. He said at one feedyard he

observed a mill operator turn on the entire system, then take about 30minutes per roller to properly adjust the system, then shut down part of the rollers because he didn't need them.

"We need somehow to train our operators," Cochran said. "He didn't need to turn the whole thing on, take his time to adjust everything, then discover he didn't need half of what he turned on."

Cochran also said labeling lights, instruments and switches is very important, especially in emergen-

Demo hopefuls debate issue HOUSTON (AP) - The major

Democratic contenders for governor squared off on education, crime and abortion in a statewide televised debate, but the issue they battled over most was one they all claimed to support - a state lottery.

Attorney General Jim Mattox, who has made the lottery a cornerstone of his campaign, said both his opponents at different times have not backed the close race with Mattox trailing far idea and they only are supporting it behind. But she added she believes a now because it's gained popularity.

"What's happened is you feel the political winds blowing in your faces enterprise job growth rate in Texas of and you've decided to get on with it,"

repeatedly said they supported a state

"I'm for a lottery, and I think you are too, Mark," said Ms. Richards, who in a recent poll led White in a lottery is an "unstable source of

revenue." At one point, rather than reply to another question about education, she

two opponents don't support a lottery is "a lie, and I think you need to pull it down.

"I'm not about to change my TV commercials," Mattox said after the

White said he, too, is for a lottery and against raising taxes.

"Well I think we did well," White said after the debate. "I think maybe I said was 'why women."

cleared up on the lottery. Early in the debate, Ms. Richards

age or younger. "I cannot arrive at any conclusion but that no legislator, no judge and no bureaucrat has any business in

determining whether a white woman has an abortion or not," she said. After the debate, Ms. Richards said she did not recall exactly what was said, but added that "white women ...

is not a phrase that I use. I think what

Mattox said during the 90-minute said, "Let's talk about the lottery so for the first time, we got it kind of we can finish this sucker." debate Wednesday night. But former Gov. Mark White and Ms. Richards also said she thinks State Treasurer Ann Richards Mattox's television campaign said she would veto a bill that would advertisement in which he indicates his forbid abortions for girls 16 years of

Page Two

Local Roundup

Police arrest three

Hereford police arrested three on Wednesday, including two men, ages 18 and 28, for possession of marijuana under two ounces and possession of drug paraphernalia. A man, 17, was arrested for second offense no liability insurance.

Deputy sheriffs arrested a man, 19, for no liability insurance commitment. Wednesday, a high school student who became drunk after school drove his pickup across a practice field while players were on the field. The student then went over to the field house, where he crashed into a bench and backed into the weight room at the field house before fleeing. About an hour later, the same student was located at the Town and Country Store, causing problems. A school counselor asked officers if the student could be released into her custody. School officials said they would deal with the student about his driving, so the student was issued a citation for public intoxication and released into the counselor's care.

Other reports included a woman who hit her head on the corner of a stove after her brother shoved her; another woman who filed assault charges against a local mechanic who tried unsuccessfully to confiscate her car for past due repair bills; a man died in his sleep on Catalpa; and a prowler was reported in the 500 block of Ave. H.

Fire fighters put out a grass fire between Black and Summerfield yesterday morning. A Santa Fe work crew accidentally set the fire.

Police issued eight citations and responded to one minor injury on Wednesday. Very slight rain chance

Tonight will be partly cloudy with a less than 20 percent chance of isolated showers. The low will be near 30, with west winds 10-20 mph becoming northwest before midnight.

Friday will be partly sunny and cooler with a high of 52. West-northwest winds will be 10-20 mph and gusty.

This morning's low at KPAN was 38 after a high Wednesday of 68.

News Digest

World/National

HUNTINGTON BEACH, Calif. - A special Coast Guard strike force worked to contain a major offshore oil spill two miles from a popular Southern California beach after a tanker laden with Alaskan crude struck an underwater pipeline.

MOSCOW - Praising this "time of great change" in the Soviet Union, Secretary of State James A. Baker III is seeking completion of an arms control agreement while gauging Mikhail S. Gorbachev's standing amid major changes in the Communist Party.

MOSCOW - The Communist Party leadership has blazed the way to a brave new world of Soviet politics, where it will be forced to compete with other parties and people will directly choose the nation's leader for the first time.

WASHINGTON - The Army, in an embarrassing admission, is taking back Combat Infantryman Badges from 14 wounded soldiers who were mistakenly granted the coveted awards within days of their involvement in the Panama invasion.

WASHINGTON - Bobbi Blok's voice is barely above a whisper as she tries to explain why she hasn't eaten any food in more than five weeks. She appears somewhat disoriented and apologizes for allowing her thoughts to wander and being unable to express herself clearly. Blok, 36, views her fast - from Jan. 1 to Feb. 14 - as her share of the war against drugs.

WASHINGTON - Laundering money from cocaine sales and a host of other criminal activities represents a \$300 billion business each year but could prove the drug cartel's key area of vulnerability, a Senate report

WASHINGTON - Question: If you call a person who speaks two languages bilingual, what do you call a person who speaks one language?

An American, says Rep. George Sangmeister, D-III. SALT LAKE CITY - A 16-year-old girl died of pulmonary failure four days after becoming the world's first recipient of an experimental lungassist device, leaving behind a grieving hometown and pioneering medical data that will be scrutinized for months.

Texas

HOUSTON - The major Democratic contenders for governor squared off on education, crime and abortion in a statewide televised debate, but the issue they battled over most was one they all claimed to support - a

BAYVIEW - The nation's top immigration official has a message for the increasing number of Central Americans trying to enter this country illegally. "Don't come up here. You'll be detained."

HOUSTON - A SWAT team officer who picked up a hitchhiker south of Houston gave the man a ride to jail after realizing he was the subject of a manhunt in the area.

ALICE - Alice police investigator Adan Campos said he certainly wouldn't compare the unknown drug smugglers to Santa Claus or any other kindhearted soul, but the poor in this South Texas town are getting an unexpected gift because of them.

AUSTIN - With the major Republican candidates for governor headed to tonight's debate in Houston, Tom Luce already has begun the attack on front-runner Clayton Williams.

AUSTIN - If the Bush administration's plan to close several Texas military bases wins approval, it will have an adverse "but not devastating" effect on the Texas economy, according to a preliminary analysis by the state comptroller's office.

WASHINGTON - Rural communities across Texas are fertile territory for small and large businesses looking for a place to grow, according to a study that also finds troubling signs of poverty and lower wages in rural parts of the state.

Today in History

By The Associated Press

Today is Thursday, Feb. 8, the 39th day of 1990. There are 326 days

left in the year.

Today's highlight in history: On Feb. 8, 1587, Mary, Queen of Scots was beheaded at Fotheringhay Castle in England after she was implicated in a plot to murder her cousin, Queen Elizabeth I.

On this date: In 1693, a charter was granted for the College of William and Mary in

In 1837, for the only time in history, the U.S. Senate chose the vice president of the United States, selecting Richard Mentor Johnson after no candidate

received a majority of electoral votes. In 1904, the Russo-Japanese War began as Japan besieged Port Arthur

In 1978, the deliberations of the U.S. Senate were broadcast on radio for the first time as members opened debate on the Panama Canal treaties. Ten years ago: Citing a need to "deter Soviet aggression." President Jimmy Carter unveiled a plan to re-introduce draft registration, a proposal

that would include women as well as men. Five years ago: South Korean opposition leader Kim Dae-jung was roughed up by authorities upon his return to his homeland after more than

two years' exile in the United States. One year ago: 144 people were killed when an American-chartered Boeing 707 filled with Italian tourists slammed into a fog-covered mountain

in the Azores. Today's birthdays: Actress Lana Turner is 69. Actor Jack Lemmon is 65. Composer-conductor John Williams is 58. ABC News anchor Ted Koppel is 50. Comedian Robert Klein is 48. Actress Brooke Adams is 41.



Winners at speech tournament

Members of the Hereford High School speech team have had a successful season, placing fifth at the Tascosa High School tournament, first at Friona and third at Dumas. Winning honors at Tascosa were Zach Walker, first in foreign extemperaneous speaking and qualifying the the Texas Forensic Association state tournament, Jeri Ann Parker; third in Lioncoln-Douglas Debate, who has also qualified for the TFA state meet in original oratory; and Jason Barrett, who won first in prose interpretation. The team will be busy this weekend helping with the HHS Invitational Tournament, with over 20 area schools competing in a broad range of events.

Armey rips farm program

WASHINGTON (AP) - Rep. Dick food costs. Armey is promising to "blow the esoteric cover" on the nation's farm program and says he will expose staggering waste and inefficiency of "almost Soviet proportions."

Armey, who is known for challenging Pentagon waste through a plan now under way to close 86 obsolete military bases, began stirring up the farm community recently by attacking price supports, import barriers and federal farm regulations in an article called "Moscow on the Mississippi.

Published in the conservative Heritage Foundation's quarterly

journal Policy Review, Armey claimed current farm law costs taxpayers \$20 billion a year and has forced consumers to pay \$10 billion a year in higher

Phone rates will be lower Valentine's

AUSTIN (AP) - The Public Utility Commission has approved a request by AT&T for lower long-distance phone rates on Valentine's Day to make up for problems customers experienced during a widespread outage Jan. 15.

AT&T won approval Jan. 28 from the Federal Communications Commission to offer the discounted Valentine's Day rates on interstate and international calls as well.

"We are making this gesture to underscore how much we value our relationship with our customers, knowing there is no way to make up for the inconvenience they may have experienced," AT&T Vice President Pres Sheppard said in a news release Wednesday.

Long distance service to several cities in the nation was disrupted because of a computer problem at AT&T's national control center in New Jersey.

Regular weekday daytime rates will be discounted 25 percent on Valentine's Day and will apply on all instate direct-dialed long distance calls

on AT&T's network. The PUC approved the Valentine's Day discount 3-0. Commissioner Marta Greytok called it "a sweetheart

AT&T said that an under the special rates, a 10-minute call from Dallas to Houston between 8 a.m. and 5 p.m. will cost \$2.78 instead of \$3.71.

Hospital Notes

Anna Bustamante, Dolores Christie, Francis Cuellar, Infant Boy Cuellar, Nadiya Dominguez, Roxanne Dominguez, Jacinto Esqueda, Ashley Renee Everett, Infant Girl Gomez, Priscilla Gomez:

Doris Hargrove, Nora Harrison, Anna Huckert, America Longoria, Frances Lopez, Joe Martinez, Merlee McWethy, Ghent Muncy, Robert W. Russell, Elvise Stambaugh, Roman Trevizo.

On Wednesday, Armey fired the first volley in his fight to reform the nation's farm programs by introducing the "Fair Farm Subsidy Act of 1990," which would bar farmers with annual adjusted gross incomes of at least \$100,000 from receiving federal farm subsidies. Farmers with gross receipts of \$500,000 would be similarly banned from receiving subsidies.

"There is no reason we should be subsidizing individuals who earn more than three times the average annual income of an American family of four," said Armey, a former economics professor.

Armey promised to challenge the clubby congressional agriculture committees that draft farm legislation and expose the esoteric language that cloaks farm programs.

"I'm trying to open the debate with this bill," Armey said. "It's a wedge

issue." A Lewisville Republican whose district includes 15 percent farmers, Armey's plans hit at the work of a fellow Texan, Rep. Kika de la Garza, the chairman of the House Agriculture Committee. De la Garza is a defender of some of the very farm programs sugar and citrus - that Armey suggests

should be challenged. As debate begins on the 1990 farm

bill, Armey said he would be organizing a coalition of outside groups who oppose farm programs to provide a counterbalance to the well-

organized and sharply focused farm lobby, and working with other congressmen who are willing to fight the special interest politics of the agriculture committees.

De la Garza, a Mission Democrat, said the federal government spends less than 1 percent of its budget on agricultural support programs. Yet Americans are the best-fed people who spend less as a percentage of their income on food of anywhere in the

De la Garza defended allowing subsidies to farmers with more than \$500,000 in gross income, saying farming is the "classic high-gross, low-net income business" and some producers may end up with "only a few thousand dollars in profits, or maybe even a loss."

In his article, Armey claims that even as perestroika comes to the Communist world, federal farm programs remain as "American monuments to the folly of central planning.

"Through subsidies, price supports, import barriers and countless regulations, the Department of Agriculture continues to try to manage half of U.S. farming, with the predictable result of staggering waste and inefficiency of almost Soviet proportions."

Armey said his axiom on the USDA's farm program is, "Every bad policy precipitates another bad policy.'

Laundering money: \$300 **business**

WASHINGTON (AP) - Laundering money from cocaine sales and a host of other criminal activities represents a \$300 billion worldwide business each year but could prove the drug trade's key area of vulnerability, a Senate

report said today.
"Because money laundering is principally accomplished through the use of legitimate financial institutions, money laundering is the potential Achilles heel of the illegal drug business," said the report from two Senate panels.

The report released by Sen. John F. Kerry, D-Mass., was based on testimony before the Senate Foreign Relations and Banking Committees last

It attributed to Assistant Treasury Secretary Salvatore Martoche the estimate that worldwide drug revenues total \$300 billion annually, including \$110 billion generated in the United States. It said laundering all of this cash presents tough problems for criminals.

For example, \$100 billion in \$20 bills, a denomination often used in drug transactions, would weigh 26 million pounds, the report said. "A money laundering operation in New York shut down earlier this year required a tractor-trailer to haul away

\$19 million in small bills," it said. It said the 1970 Bank Secrecy Act is working as a deterrent to money laundering through American financial institutions. The measure requires the institutions to report cash deposits of \$10,000 or more.

The report said, however, that drug traffickers "continue to use foreign banks and foreign branches of U.S.

It said Switzerland, Canada, the Bahamas, Luxembourg, Panama and Hong Kong are among the main countries where money is laundered. It also said criminals are pushing to develop money laundering centers in a number of tiny countries, ranging from Andorra to Vanuatu.

The report said illicit funds are sometimes accepted in large cash deposits by corrupt bank employees. It said funds sometimes are laundered through seemingly legitimate businesses that appear to generate substantial amounts of cash. And often they are transferred to foreign banks that are not overly curious about the source, it said.

After the money has gone through one or more "wash cycles," it can be

transferred into a legitimate American

business, the report said.

The report said part of the scandals that have shaken the savings and loan industry in the United States involved thefts by organized crime organiza-

"Significant funds generated from S&L theft have been laundered beyond U.S. borders through offshore bank secrecy havens," the report declared. "These funds now represent an enormous endowment devoted to the support of organized crime."

It said the success of efforts to stem money laundering through American banks has turned launderers toward unregulated financial institutions, such as money transmitters, check-cashing

stores and currency exchanges.

The report said the government currently has no policy on control of international electronic transfers of U.S. funds.

"As a consequence, money launderers retain a choice of methods to conceal their laundered funds to conceal their laundered funds through international wire transfers, including informal channels involving fax machines, telex, personal computer networks and ordinary telephone instructions which do not leave the paper trail which would allow investigators to follow the flow of funds," it said.

THE HEREFORD BRAND

Obituaries

VICTOR LOPEZ MARTINEZ SR. Feb. 7, 1990

Victor Lopez Martinez Sr., 66, of Hereford died in his home Wednesday, Feb. 7, 1990.

Rosary will be today at 7 p.m. in Rose Chapel at Gililland-Watson Funeral Home. Services will be at 10 a.m.

Friday, Feb. 9, at San Jose Catholic Church with Father Joe Bixenman, pastor, officiating. Burial will be in West Park Cemetery under the direction of Gililland-Watson Funeral Home.

Mr. Martinez was born Dec. 10, 1923, in Schulenburg. He married Maria Salazar Aug. 2, 1956, in Hereford. He came to Hereford in 1940 from Schulenburg. He was a contractor and a farmer.

Survivors include his wife, Maria of the home; four sons, Willie Martinez of McCamey, Greg Martinez, and Robert Martinez, both of Hereford, and Victor Martinez Jr. of Brownfield; six daughters, Dorothy Barriga, Juanita Franco, and Lupe Garcia, all of McCamey and Mary Lou Garcia, Margaret Aguilar, and Irene Aguilar, all of Hereford; five brothers ilar, all of Hereford; five brothers, Miguel Martinez of Fort Worth, Marcos Martinez and Thomas Martinez, both of Del Rio, Juan Martinez of Chicago, Ill., and Roman Martinez of Kansas; two sisters, Elodia Martinez of Port Stockton and Rosa Martinez of Del Rio; and 15 grandchildren.



TOM MANNING Jr. Feb. 6, 1990
Tom Manning Jr., brother of Doug
Manning, died Tuesday, Feb. 6, 1990,
in Banning, Calif.

Services will be held in the chapel at March Air Force Base in Riverside, Calif at 1 p.m. Saturday, Feb. 10.

Survivors include his mother; Btoile Manning of King's Manor Methodist Home in Hereford; two brothers, Doug Manning of Hereford and Allen Manning of Waynesville, N.C.; three children; and six grandchildren.

Lifestyles

Now You're Cooking

BY KAY CRISMON Staff Writer

As the curtain fell on another performance of the Hereford Chamber Singers, a smile of satisfaction came across her face as she listened to the applause of the audience.

Linda Gilbert has sung with the Chamber Singers since October 1974 and this year she will be providing piano accompaniment for the group's performances. Her love of music can be seen

and heard throughout Hereford. She has performed for the Hereford Music Study Club; presented Broadway selections for La Madre Mia Study Club; assisted Kathlee Palmer's students at recitals; and has played the organ and piano at St. Thomas Episcopal Church for 21

She began lessons at an early age along with her two brothers (one twin brother, Steve Gilbert) and two sisters. "It seems to have been a family tradition that at the age of six piano lessons began. It was kind of like starting school. I really don't recall having a choice in the matter.

I'm happy I had the opportunity to learn," she said.

Her love of both classical and popular music inspired Gilbert to become a member of the Hereford 1 cup chopped pecans Community Concert Association and Hereford Music Club. She is also a member of Hereford Cattle-Women, Calliopian Study Club and St. Thomas Episcopal Church.

Gilbert came to Hereford from the small town of Rock Port, Mo., population 1,600, when her father was transferred with Missouri Beef Packers. She received her degree as an executive secretary from Draughon Business College in Amarillo. She then began working with Cowsert and Bybee Law Firm and served as secretary for 13 1/2 years.

She is now employed with Aztx

Cattle Co. as an executive secretary to Bob Josserand, president, and Milton Rudder, vice president. As the cattle business began to grow so did her duties. "I guess I'm classified as a cattle receiving clerk. I process cattle on paper and it isn't as easy as it sounds, especially since we are now on computer. I know my work will be made easier and faster with the computer but right now I'm not too secure with something that knows more than I do." she said.

Last year she was Sr. Warden at St. Thomas Episcopal Church. She explained that her position as Sr. Warden was comparable to being vice president to the president. She was allowed to assume Father Charles Threewit's duties while he was in the hospital recovering from open heart surgery. Only two women in the history of St. Thomas Episcopal Church have filled this position. She is also involved with

the St. Thomas Recovery Group.

When talking of her culinary skills she said, "I'm not fond of cooking meals, but I love to bake cakes, cookies, candy, and goodies. I guess Christmas and Easter are my favorite times of year to bake because of all the desserts.

"Being a single woman and enjoying preparing desserts can sometimes result in a "no-no" when sampling. I love it when I can cook for other people," she added. She is sharing with the public some of her favorite dessert recipes.

Red Velvet Cake 1/2 cup Crisco 1 1/2 cup sugar

Cream well together

Add 1 oz. bottle red food color plus 1 bottle water; beat in 2 eggs and 1 teaspoon vanilla

Sift together: 2 cups flour, 1 tablespoon cocoa, 1/2 teaspoon salt

Add to creamed mixture along with 1 cup buttermilk; in separate cup, mix 1 tablespoon vinegar and 1 teaspoon soda; fold quickly into batter and pour batter into greased and floured 13"x9" pan or two 8" or 9" layer pans. Bake at 350 degrees for 30-35 minutes.

Icing

Mix together in small saucepan: 1/4 cup flour, 1/4 teaspoon salt and 1 cup milk; cook, stirring constantly until thickened. Cool thoroughly (cover with plastic wrap or lid to prevent "skin" forming on top). Cream well 1 cup Crisco and 1 cup granulated sugar; add cooled sauce and 1 tablespoon vanilla. Mix well and spread on cake.

Peanut Butter Marshmallow Fudge

5 cups sugar tall can evaporated milk stick margarine

1 1/2 cups peanut butter 1 -- 13 oz. jar marshmallow cream

Mix first three ingredients together and cook over medium heat in heavy saucepan; stir occasionally (may scorch a little but doesn't hurt taste). When it starts to boil, cook for 9 minutes only (do not need to stir while boiling). Take off heat and add marshmallow cream, peanut butter and nuts. (Can be beaten with mixer for a few minutes to make creamier). Pour into

Butter Cookies

13"x9" buttered pan and cool.

sticks butter or margarine 1/2 cup sugar 2 1/2 cups flour 1/2 teaspoon almond extract

Makes 5 pounds.

Cream butter or margarine and sugar together until light and fluffy. Add eggs, almond extract and flour. Chill for several hours or overnight. Roll out on a floured board and cut in desired shapes. Bake 8-12 minutes at 350 degree.

Frosting

1/2 cup butter or margarine 1 1/2 cups powdered sugar 1 beaten egg 1 teaspoon vanilla pinch of salt

Peanut Brittle

2 cups raw peanuts 1 cup sugar 1 cup white corn syrup 1 Tablespoon soda

Butter large baking sheet before you to elementary age children.

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begin and keep it handy. Mix (300 degrees). Remove from heat peanuts, sugar and syrup together in immediately and quickly stir in stirring constantly. Wipe down cook without stirring to hard-crack Break into pieces.

heavy saucepan. Bring to boil, soda. Pour onto buttered pan. When cooled enough to touch, sides with a damp pastry brush and stretch to make as thin as possible.

Newton recognized as member

Pat Newton was inducted into the Kiwanis Whiteface Breakfast Club recently. She was sponsored by Jim McMorries Jr. and is the first woman to become a member. Willis Dufur, sponsored by David Clyde, was also inducted as a new member.

Youth guests were Jamie Moore and Brenda Reinhart of the Keywanettes and Matt Smith and Russell Backus with the Key Club. The youths gave reports on the activities of their respective clubs and Jerry Warren was presented the Kiwanian of the month award.

Clyde recently presented an educational program regarding the Shriners Crippled Childrens Hospital. Roy Don Rector, officer with the Hereford Police Department, reported on the progress and success of the DARE project. The club will be sponsoring a program "Know to Say No" to be presented

SOUTH BEND, Ind. (AP) - Former sive drug use. heavyweight champion Muhammad Ali was on his way home from a visit with a teen-ager suffering from cancer when he found himself in the middle of a disturbance. At least that's what police thought. Officers responding to a report of a street disturbance found Ali

> surrounded by a crowd, police said Wednesday. "They found it was just a group of juveniles talking to a celebrity," Capt. Eugene Kyle said. Floyd Bass, groundskeeper of Ali's

> estate near Berrien Springs, Mich., said after Ali visited the girl's home on Tuesday night he decided to mingle with youngsters in the neighborhood.

Elderly threatened by overmedication

While many prescription and non-prescription drugs provide strongly urges elderly patients to special instructions for children, communicate fully with their pregnant women and nursing mothers, few contain special instructions for the elderly. Not surprisingly, of the \$3 billion worth of medications prescribed for senior citizens each year, half are not taken properly.

"Improper use of medication by older adults can have dangerous know or asking questions about the implications," according to Dr. Stephen Fox, D.O., an osteopathic adds. physician who specializes in working with older adults. In fact, a report by U.S. Inspector General Richard Kusserow found that the elderly account for 51 percent of all deaths from drug reactions.

However, these deaths may not be the sole result of misuse on the part of the elderly patients. Dosing errors frequently are a source of overmedication in the elderly. "Most drugs give a minimum dose," says Dr. Fox, "but there's no assurance that it's really the minimum effective dose for the elderly." Once a minimum dose is established, further testing is not required to determine whether the dose can be reduced even more.

Currently no mandate exists for testing drugs on the elderly in this country. No studies have included people over age 70 even for drugs that are primarily used by older adults. Women are often underrepresented as well.

Older persons are at a higher risk for drug reactions because their bodies react in different ways to certain medications, creating possible dangerous combinations. use is unsupervised. The fact that patients also contributes to exten- contractor's license. He now

For these reasons, Dr. Fox physicians. He suggests that they put all their medication, including non-prescription drugs, in a bag and bring it to their next regular appointment with their personal "Don't let fear or physician. embarrassment stop you from telling the doctor what he needs to medications prescribed," Dr. Fox

By the year 2,000, physicians in primary care will be devoting 75 percent of their time to the care of the elderly. As the elderly population continues to grow, and more older adults live on their own, without the supervision of nursing homes, it is increasingly important for them to talk with their physicians about the medicine they take.

MONTEBELLO, Calif. (AP) - First lady Barbara Bush heard accolades for California's adult literacy campaign by a father who now reads to his children and a man who's reading his Bible for the first time.

"I think it's wonderful what you've done," Mrs. Bush told organizers and tutors. She spent an hour Wednesday at the Los Angeles County Library in suburban Montebello, 10 miles east of downtown Los Angeles.

"Now I can write a letter to my wife," said Chris Norton, 26, of Downey. "I've come a long way in this program. ... Now, I can read the newspaper."
"I'm not sure reading the

More elderly adults are living in newspaper is so great," Mrs. Bush unstructured home care, where drug quipped.

A young father of two, Gary Coyne, the elderly suffer from more multi- said a tutor taught him to read, ple chronic diseases than younger enabling hm to get his general his children.



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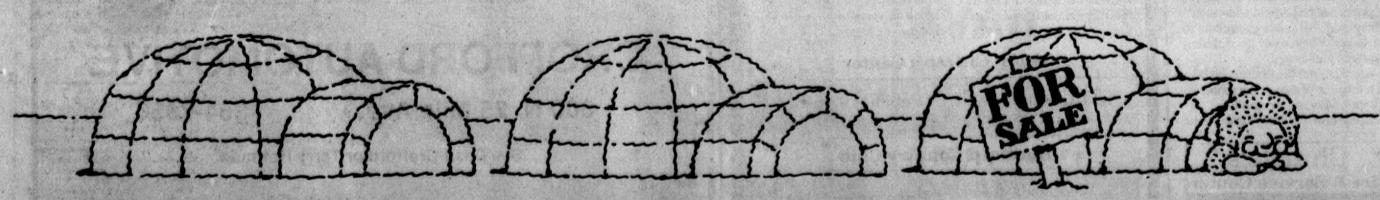
"I enjoy working with people. I am sure that is why so much of my life has revolved around opportunties to work, serve and provide assistance to a wide variety of citizens is Deaf Smith County." "I believe my 25 years of busi-

ness and civic experience are valuable assets, and would allow me to serve well In the office of Tax Assessor-Collector." "I would appreciate your con-

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Gonzales makes commitment to **Eastern New Mexico**

Offensive lineman Benny Gonzales of the Hereford Whitefaces has announced that he will sign a letter of intent with Eastern New Mexico University.

While verbal commitments are nonbinding, Gonzales is expected to ink with the Greyhounds when national signing day arrives Wednesday.

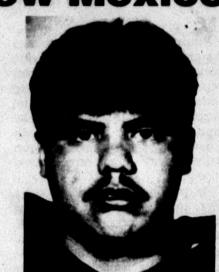
Gonzales, who garnered first-team all-state and all-district mention in his senior season, said he made the decision to commit to the Greyhounds after visiting the Portales, N.M. campus over the weekend.

I sat down and talked it over with my parents after I got back Sunday night and we decided that this is what's best for me," he said.

Gonzales said he expects to be used mainly at offensive guard, his high school position, but added that he and Greyhounds coach Don Carthel had also discussed playing other spots in the offensive line and defense.

The 6-0, 240-pounder said the chance to play weighed heavily in his decision. "But," he added, "they've got eight starters returning on defense and nine on offense, so I'm going to have to prove that I deserve to play."

During his final season with the



BENNY GONZALES

offensive line that paved the way to a school-record 4.031 total yards gained.

Gonzales recorded 52 "pancakes" (blocking opposing linemen to the ground) while allowing only two quarterback sacks and being assessed two penalties.

The senior has carried his level of performance into the classroom as well, holding a B-plus average to go along with a score of 27 on his ACT exam. The NCAA requires a minimum Herd, Gonzales was a mainstay on the ACT score of 15 under Proposition 48.



New black belts

Students of Crox Tae Kwon Do Studio of Hereford were recently presented with black belts. Shown are (from left) George Zepeda, third degree; Sammy Ruiz, second degree; Marie Crox, second degree; James Payne, first degree, and Brian Torres, second degree. Not pictured is Joe Mack Zamora, second degree. As black belts in Tae Kwon Do, the students are eligible to compete in all international competition.

nters baseball talks

NEW YORK (AP) - Even though there was no progress again in the baseball negotiations, there was a new twist: Commissioner Fay Vincent got involved.

After the regular bargaining session ended on Wednesday, Vincent met secretly with management negotiator Chuck O'Connor, deputy commissioner Stephen Greenberg and three representatives of the union: executive director Donald Fehr, associate general counsel Eugene Orza and Mark Belanger, Fehr's special assistant.

of anonymity described the meeting as "uneventful."

Vincent said he wouldn't order that Steinbrenner said. camps be opened, as Commissioner Bowie Kuhn did in 1976. But Vincent also repeated that he does not rule out

any hypothetical situations.

Owners, who meet Friday in Chicago, have said they will not start spring training as scheduled next Thursday unless players agree to an outline for revenue sharing.

New York Yankees owner George Steinbrenner seemed to break ranks on Wednesday, criticizing management's position that there was a growing divergence in income between teams from large and small markets. In an interview published in today's editions of the New York Daily News, he said A source who spoke on condition the argument by small-city owners was "a copout" and "crying wolf."

"It's phony as a three-dollar bill,"

Talks recessed until next week after Wednesday's two-hour session, the 19th since negotiations began on Nov. said.

resigned to the notion that they're going to shut the camps because that's what they said they're going to do," Fehr said. "If they do shut the camps down, it won't have a positive effect on anything."

O'Connor said he believed owners would support the lockout position, which they agreed to last July and affirmed in December. Milwaukee owner Bud Selig, chairman of the Player Relations Committee, sent a letter to clubs on Jan. 9 telling them

not to open camps until further notice.

"As far as I know, nothing has changed that would alter the instruction of that memorandum," O'Connor

Asked if he saw any scenario in "It's fair to say players have been which owners might allow camps to open without an agreement, O'Connor said, "I do not. No."

> Steinbrenner, who said he supported the owners' negotiators, attacked the California Angels, the Kansas City Royals and the San Francisco Giants for escalating salaries.

"When they point at the Yankees, it's pure bull," Steinbrenner was quoted as saying. "You look at the top 10 salaries in baseball and not one of them are the Yankees.

looking for a copout, looking for an guys are crazy."

excuse. They're crying wolf. It's phony as a three-dollar bill. They all like to point to New York, Chicago and California but I'm tired of it. It's guys like (Royals owner) Ewing Kauffman who are blowing it out of proportion. ...

"They point to us because we're an easy target," Steinbrenner was quoted as saying. "We have the big TV contract and that takes the heat off the culprits. They've been blaming the Yankees since 1920. But KC, San Francisco, Oakland and (Angels owner "I think the other owners are Gene) Autry are the big culprits. These

Frosh boys, **HJH** teams hit district tourneys

The Hereford freshman and junior high basketball teams will take the floor for the final time this weekend when five squads compete in district tournaments.

The two freshman boys teams will meet their district rivals at Canyon while the eighth grade boys travel to Borger and the eighth grade girls go to Valleyview.

Both freshman teams received byes the semifinals of their respective brackets. The Maroon draws the winner of Randall-Dumas for a 10:30 a.m. Saturday start in the A Bracket while the White will face the winner of Dumas-Borger at the same time in the B Bracket. The tourney will conclude Saturday with the B Bracket third-place game scheduled for 1:30 p.m. followed by the A Bracket thirdplace game at 3 p.m., the B Bracket championship at 4:30 p.m. and the A Bracket championship at 6 p.m.

In the eighth grade boys tournament at Borger, the Maroon faces Dumas in the A Bracket opener at 5:30 p.m. Friday with the White facing Borger at the same time in the B Bracket. Second- and third-round games will be played Saturday with semifinals for both brackets slated for 10 and 11:30 a.m. followed by the consolation games at 3 p.m., third-place games at

4:30 p.m. and championships at 6 p.m. The last Hereford girls teams still playing will hit the floor at least two more times with the White playing Valleyview at 4:30 p.m. Friday in the B Bracket opener and the Maroon meeting Pampa at 6 p.m. in A Bracket play. Saturday's schedule will be the same as the eighth grade boys tournament.

In other Hereford basketball action, the Herd sophomores will have Whiteface Gymnasium all to themselves when they host Palo Duro at 5:30 p.m.

Akeem may look elsewhere

HOUSTON (AP) - Houston center Akeem Olajuwon says he may decide to ask for a trade if the Rockets don't

Coach Don Chaney says that's when he'll worry -- when Olajuwon does ask.

"I have too many other problems," Chancy said Wednesday. "That's down the line, at the bottom of the list at this point. My main concern is to concentrate on winning games.'

Olajuwon told The Houston Post Wednesday he may never reach his full potential with the Rockets and could decide to seek a trade if Rockets management doesn't move to upgrade his supporting cast.

Olajuwon earlier this season was quoted as saying the Rockets didn't have the personnel to win a championship and Wednesday raised the possibility of seeking a trade.

"After this season, I have to concentrate on which direction I want to go," Olajuwon told The Post. "I love Houston, I'd like to play here. But the only way is to win."

Olajuwon said the team needed to be upgraded to have a chance to win a championship.

"The thing that really gets me down is that I know my full potential, but I might not reach it," Olajuwon said. "You have to be in the right place at the right time in the right environment.

Chancy said he had no problem with Olajuwon's comments if they did not disrupt the team.

'If it bothers the team in practice and performance I would address it," Chaney said. "But our guys came to play today. They were no different from three games ago."
Olajuwon said the Rockets need to

hire a director of player personnel to work on trades and the draft.

"Look how Phoenix turned their

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program around in such a short time," Olajuwon said. "It can be done but you've got to make the proper

Rockets President Ray Patterson has turned the job of general manager over to his son Steve, whose work centers around the club's business and marketing operations.

Both Pattersons declined comment on Olajuwon's latest statements.

Guard Sleepy Floyd declined to comment and forward Otis Thorpe said he wasn't bothered by Olajuwon's

"I try to take it day by day and worry about myself," Thorpe said. "Akeem has his opinions and you've got to respect those opinions. You can't come in and start hating someone for expressing himself."

Olajuwon said he preferred a team title to individual awards.

"All the individual accomplishments, they are an honor," Olajuwon said. "But I'd rather have a championship-contending team than be an All-Star individual."

Olajuwon, a five-time NBA All-Star, said he was not condemning his

"The players are trying their best; we're all trying to work hard and win as many games as possible," Olajuwon said. "This is about the future and where the team is headed with me as the center."

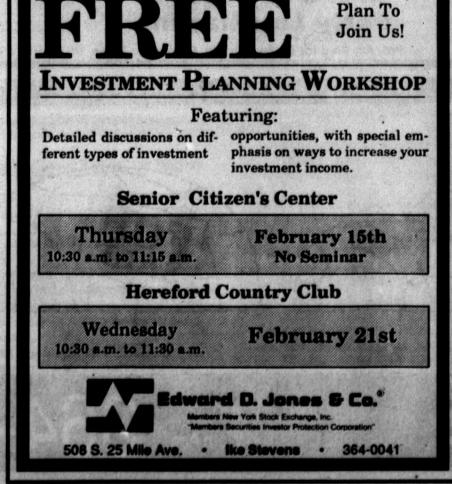
Olajuwon earns more than \$3 million per season and is signed through the 1994-95 season. He said he has discussed his concerns with Rockets owner Charlie Thomas.

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Notre Dame TV He keeps polling pact causing problems for CFA

NEW YORK (AP) - The College Football Association may have to settle for a little less now that Notre Dame is getting a lot more.

"The CFA is re-negotiating with ABC and ESPN," Arkansas athletic director Frank Broyles said Wednesday. "We'll see what the money is without Notre Dame.

The CFA and ABC currently have a five-year, \$210 million deal, and ESPN has a five-year, \$110 million contract with the CFA that begins in

On Monday, however, Notre Dame announced it was pulling out of the CFA's TV deal for a five-year, \$30 million NBC contract to televise six home games a year starting in 1991.

And that definitely "reduces the value of the CFA package," Broyles

The CFA, formed in 1977 to take sole TV rights away from the NCAA, already had messaged its members, urging them to ignore Notre Dame's lead, when CFA executive director Chuck Neinas set up a conference call Wednesday afternoon, presumably for the same purpose.

Both ABC and ESPN have said legal action was possible. In the meantime, CBS acknowledged that it had gotten calls from other schools with ideas similar to Notre Dame's.

Steve Bornstein, the No. 2 man at ESPN, said he still was hopeful Notre Dame would be included in the CFA

"Hopeful, but I'm not sure it's reasonable to expect," Bornstein said. "We're talking to everybody right now, but our primary conversations have been with the CFA. ... We negotiated a deal last fall that included all 64 members of the CFA and, frankly, we think we have a deal with

Notre Damie or NBC. "We're not NBC, and that doesn't count what they giving up any of our options," he said,

"and that's one of the ones we're exploring."

Neinas was in New York on Tuesday to meet with ABC officials, who said earlier in the week that they won't pay the full amount of the contract without Notre Dame involved.

The bottom line is money, and it boils down to one word: greed," Colorado State athletic director Oval Jaynes said. "Notre Dame wants all the exposure and all the money."

While Broyles said Arkansas would stick with the CFA, reports began surfacing that other schools, including Miami, Pittsburgh and Syracuse, are

interested in working out their own TV

CBS spokesman Tony Fox acknowledged that "schools have contacted us in the last couple of days. Obviously, we're taking the calls." He would not name them.

Miami athletic director Sam Jankovich has said his school, which won the national championship last season, would not rule out its own TV package and that the Hurricanes were reassessing their position.

"Nobody's offering us a million dollars a game," Pittsburgh athletic director Ed Bozik said. "I still don't know what's in the CFA's contracts (with ABC and ESPN). Let's wait and see what's going to happen and what the CFA is going to come up with."

Bozik questioned whether any other school, even Miami, has the clout to challenge Notre Dame's coast-tocoast recognition.

"Notre Dame is Notre Dame," he said. "Whoever competes against Notre Dame is going to lose rating points. ... Even a Pitt-Penn State game would lose rating points to Notre

Eleven of Notre Dame's 12 regularseason games were televised nationally Bornstein said the network had not last season for an estimated \$4 million. They'll make \$6 million a year from could make from road games.

WACO (AP) - Texas high school hoop fanatics are probably familiar with the poll that runs weekly.

But what they probably don't know is that the Texas High School Basketball Poll, presumably the work of the Texas Association of Basketball Coaches (TABC), is actually the work of a Waco-area man, his niece and his

80-year-old, gray-haired mother. It's a tough job, but somebody's got to do it, again and again and again and

On any given Saturday during January and February, at home or from the TABC office near his home in Hewitt, a suburb of Waco, Alton Ballard can be found with a phone glued to his ear. It's a pose he strikes early in the morning and one he must hold until he reaches every high school basketball coach in the state.

Yes, every high school basketball coach in the state. Or at least someone who knows the latest score.

Since its inception 16 years ago, Ballard has served as executive director of the TABC. His normal duties include: production of a monthly newsletter; organizing annual basketball clinics, job placement seminars and summer basketball camps; and mandatory attendance at TABC board meetings, held three times a year.

This year member hip is at an alltime high of 2,400. When TABC was first formed it had 100 members.

Six years ago, Ballard compiled the first-ever Texas High School Basketball Poll with the hopes of one day getting it published. The hardest part, he said, was establishing credibility.

"Most of it is my own opinion," he said, although his "opinion" is

Served with beans, slaw

364-7202

and Texas toast.

evening during "crunch season" -January and February - he reads 50

Basically, the poll works like this: Ballard does all the work, and the Lubbock Avalanche-Journal gets all the credit.

"Boy, that hacks me," he said, laughing. But at the same time he is thankful. Six years ago, the Avalanche-Journal was the only Texas paper that would publish the poll. Then the paper began sending it to The Associated

The result six years later is a ranking that runs in most daily papers in Texas. Ballard said he sees no reason to change.

Ballard himself is a high school basketball fan of epic proportions, but just why he cannot explain.

"I just don't understand that," he said, but he added a fascination with

geography fuels it.
"I am a geography nut," he said.
"I know where every little town in Texas is. I studied maps as a hobby when I was a little kid."

The statuesque Ballard never played the sport himself, although in junior high school he was issued a uniform that he wore while keeping the bench warm, he said.

But when he began teaching 24 ears ago in the Midway Independent School District near Waco, he said a strange thing happened; he started attending Panther games "religiously." Eventually, he was asked to keep the official Panther scorebook. He's done it now for 22 years.

"I'm pretty much a fixture and I love it," he said. "I just love watching other teams play."

And he loves reading about them, too. Every morning some 50-odd based on mountains of research; every newspapers are delivered in his name

to the post office near his home. But since he is busy at that time with his primary job - that of personnel director for Midway - his mother picks them

His niece used to, he said, but she

complained they were too heavy.
"My mother is my mail clerk. She's only 80," he said jokingly. "Now that's what's called heavy

Ballard will not accept TABC phone calls at his MISD office, so he has three answering machines that act as back-ups. One is at home, one is at the TABC office and one is at his secretary's house.

"It's a monstrous thing, quite a communications network." Some coaches begin calling with scores immediately after the game on Friday night, he said.

But most do not, and that's when the real fun begins.

"If they don't call us we have to call them," Ballard said. On Saturday mornings he "crawls out of bed" and begins a routine that will last most of the day and into the night.

"I must hear from the coaches every week or else the list doesn't get updated," he said. "It's hectic."

A friend in Brownfield helps by giving Ballard the scores from that area, but the majority of the 12 lists, each with 10 teams, must be updated by Ballard and his secretary.

By 3 p.m. on Saturday 95 percent of the work is complete. But there are he said.

always those coaches who are not dependable, he said.

One in particular was angered years ago when an incorrect score was reported to Ballard. He vowed never to call TABC

But an ever-diligent Ballard persisted, and now he avoids the situation altogether by calling a different coach at the same high school.

But sometimes even the wellmeaning coaches forget. That's when Ballard resorts to "Plan B" - calling where the kids hang out.

"I know all the local DQ numbers,"

Once when he called the local Dairy Queen the clerk did not know the previous night's basketball score. But she did know where the team's star player worked.

Ballard called the player at his supermarket job. "I track 'em down,"

There are times, though, when even Ballard must put the basketball aside, if even for a minute, and concentrate on another hobby - playing the piano at church.

Last week he was in a quandary, though, when a church revival conflicted with the boys and girls Panther games. Ballard had to sneak off to the pastor's study during breaks to tune in on his portable radio.

"I grieve with them when they lose and I rejoice with them when they win,"

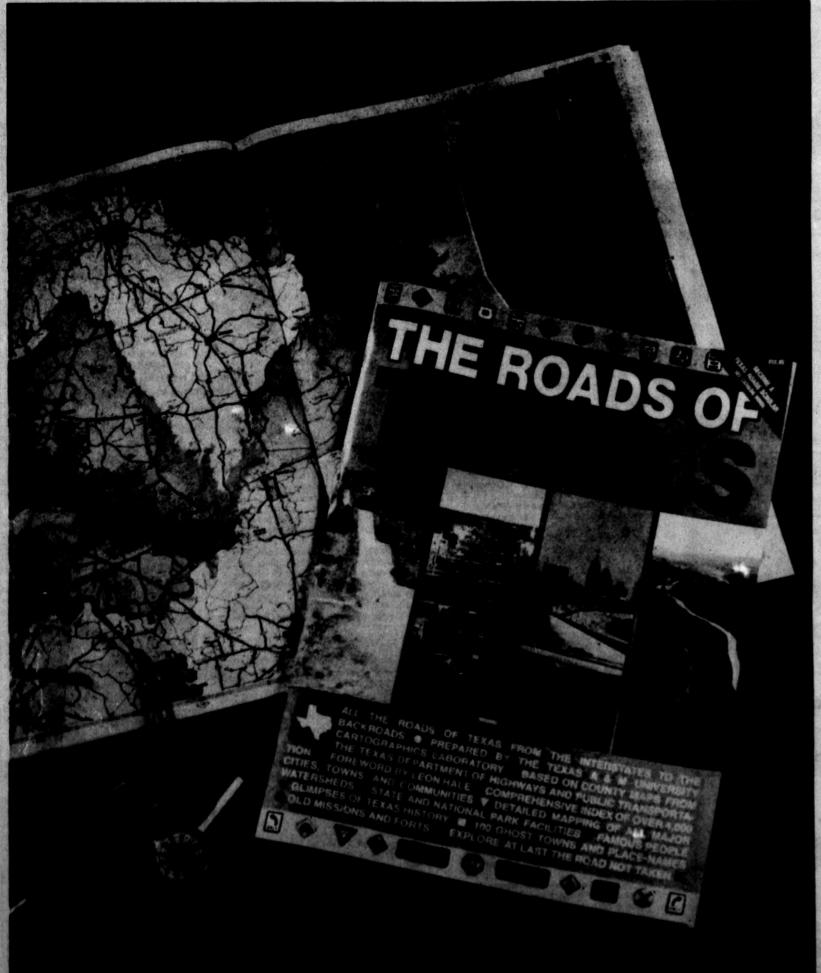


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Accent on Health

once their wife became pregnant, that she is still attractive and desirthey could do little else until it was time to bring her and the baby home Many men wrongly assume that from the hospital.

Today, nothing could be more wrong. Modern fathers are more safe. likely to be thoroughly informed about the pregnancy, be supportive and caring, and take an active role in the labor and delivery process.

attend childbirth classes, which explain pregnancy and birth, teach the woman exercises and breathing techniques to use during labor, and tell the father how he can help. It is now common for the father to be present in the delivery room when the mother gives birth.

Here is some information to share with your partner to help him understand your pregnancy and how he can play an active role.

From the moment the expectant father first learns that his partner is pregnant, he becomes an important part of the expecting team. There are many ways that he can become involved in the pregnancy and provide support for the mother over the next nine months.

During the first three months, he can help the new mother-to-be adjust to the changes in her physical condition and lifestyle. She may experience morning sickness, need more rest, and have mood swings. He can help her by being sympathetic and patient. This is a good time also to get to know the obstetrician and learn about the pregnancy process.

At one time, most men felt that change, she may need reassurance able. Intimacy is also important. their partner will not be interested in sexual relations, or that it is not Unless the doctor advises limiting or avoiding sex, expecting couples can continue to have sex

until close to birth. As the delivery date nears, the Expectant fathers today often expectant mother's apprehension may increase, and she may become impatient with the pregnancy and with her awkwardness and size.

The partner can support her at this time by being understanding and helping her get through these tough

Some men, for whatever reason, are not comfortable being present in the labor and delivery rooms. If that is the case, the partner can show his support and concern in other ways. What's important is that both partners feel that they are contributing to the pregnancy and both can look toward the birth of their child with anticipation and

Hints from Heloise

DEAR HELOISE:

Our entire family is planning a vacation to Europe and I'd like to know if there is any way to keep jet lag to a minimum. — Janice D., Dallas, Texas

Here are a few tips from me and our friends at the Mayo Clinic.

When traveling by car, train or ship. your body has time to adjust to changing patterns of sunlight and darkness

Jet flights going east or west, however, take you across multiple time zones in just a few hours. Because it can take several days to adjust, you may feel somewhat out of sorts after a long plane trip. I know I

Here are a few tips to help make your trip more pleasant. Drink plenty of water, at least one glass or more per hour. The extremely dry atmosphere in an aircraft cabin can cause When a woman's figure starts to dehydration. I always mist my face

and put hand lotion on my hands. Most airlines offer special menus, but you must call ahead. When making my reservation, I always ask

for a fruit or veggie plate. Wear comfortable shoes and clothes, nothing tight. Stretch while sitting and put your feet on a tote bag so your knees are higher than your hips. Get up once in a while, find an out-of-the way place to stretch and keep your circulation moving.

Common sense, good nutrition and stress management (remember, no one is responsible for weather delays) can help turn your trip into a first-class experience. Bon voyage! -Heloise

Send a money or time-saving hint to Heloise, P.O. Box 795000, San Antonio, TX 78279, I can't answer your letter personally but will use the best hints received in my column.

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Television

- Scarecrow & Mrs. King D Abbot And Costello
- Night Court
 College College Basketball Missouri vs Kansas State (L)

- Inspector Gadget
 Miami Vice
 My Heroes Have Always Been Cowboys Waylon Jennings takes an inside look at the modern day
- Rendezvous

 New Wilderness The people of a
 Hungarian village join together to save
- the local stork population
- Day By Day
 James Robison
 Rubi Novela de Venezuela 6:05 @ Jeffersons The Arrival (Pt 2 Of 2)
- 6:15 (HBO) @ MOVIE: Protocol
- 6:30 A Special Valentine With The Family Circus The children of Bill Keane's Family Circus present their parents with personal valentines. (Animated)

 Cosby Show
 Wheel Of Fortune
 - Wheel Of Fortune
 Mr. Belvedere
- Looney Tunes
 MOVIE: Throw Momma From The Train ** One man hates his mother, the
- other hates his ex-wife. One guy will do in the wife if the other guy gets rid of mother. Danny DeVito. Billy Crystal (1987) PG13 Profanity.
 World Menitor
 World Of Survival Filmmakers Des and Jan Bartlett track the survivors of the American West: the buffalo herds.
- 6:35 A Sanford And Son Chinese Torture/
- 7:00 MOVIE: Six Pack ** An itinerant

THURSDAY

stock car driver finds himself hooked up with several mischievous orphans.

Kenny Rogers. Diane Lane (1982) PG

Profanity, Violence.

Cosby Show When Cliff and Clair

- refuse to give Rudy an advance on her allowance, she borrows the laundry
- money to buy the newest fashion rave
 Keshia Knight Pulliam. Bill Cosby
 This Old House Tiling continues in the guest bathroom, while lighting fixtures are installed along the beams in
- the great space.
 Father Dowling Mysteries Father Dowling and Sister Steve come to the aid of a young woman who believes that her family mansion is haunted by the ghost of her late father. Tom Bosley, Tracy
- MOVIE: Jesse Owens Story (Pt 1 Of 2) True story of the man who won four gold medals at the 1936 Berlin Olympics from his college days to post-Olympic period when shamelessly exploited. Dorian Harewood. Georg Stanford Brown
- Movie
 Make Hours
 Movie: Something Wild ** An impromptu meeting of a conservative
- tax consultant and a vivacious woman takes on a significance that turns both their worlds upside down. Jeff Daniels. Melanie Griffith (1986) R Profanity, Nudity. Adult Themes.
- Bewitched
 Murder, She Wrote
 (MAX) MOVIE: The Ultimate Warrior ** A baron holds the key to save
- mankind from extinction after a plague wipes out all plant life, leaving man to die by the 21st century. Yul Brynner. Max von Sydow (1975) Church Street Station
- Secrets Of Nature The Dragon Heroes This American Brigadier General braved the combat zones of
- Vietnam to save countless young

RO&(Cinemax)

-Get plugged in

- 7:05 @ Jeffersons Florence's Cousin 7:30 Different World Clair Huxtable returns to campus for a career counseling seminar and captures the students goals and dreams on videotapes for prospective employers. Phylicia Rashad
 - McNally a troubled man by Terrence McNally, a troubled man decides to assert his independence by resuming his smoking habit. Robert Klein
 - My Three Sons
 Crook & Chase
 Eagle And The Bear The struggle for
 Berlin becomes one of the first confrontations of the Cold War.

 Simplemente Maria Novela de
- 7:35 NBA Basketball Atlanta Hawks vs Houston Rockets (L)
- 8:00 Cheers Woody turns to Sam for help when they attend a wedding at the home of Woody's girlfriend, and her mother begins making passes at Woody. Woody Harrelson, Ted Danson
 - Texas Debates (1988)

 Young Riders In order to fulfill a dying man's request, Cody finds himself caring for a bear; an infant is found, abandoned at the riders' bunkhouse Stephen Baldwin, Doug Sues
 - (i) Island Son (ii) College Basketball Duke vs Virginia
- @ Green Acres Budweiser Presents: Thursday
 Night Fights 12 Round USBA Junior Lightweight: Calvin Grove vs Bernard Taylor AND Tracy Harris Patterson vs George Garcia for the 12 Round NABF Super Bantamweight Championship
- MOVIE: Ground Zero *** An Australian cameraman learns that his father may have died because he saw too much during the British atomic tests of the 1950s. Colin Friels. Jack Thompson
- (HBO) @ MOVIE: Physical Evidence

Hereford Cablevision 126 E: 3rd 364-3912

Comics

BLONDIE

by Dean Young and Stan Drake







Marvin

By Tom Armstrong





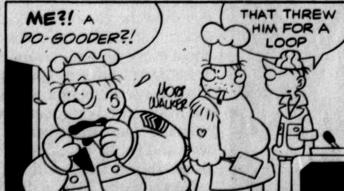
(8)



BEETLE BAILEY

By Mort Walker





Barney Google and Snuffy Smith

By Fred Lasswell





The Wizard of Id

By Brant Parker and Johnny Hart



EVENING

- 6:00 MOVIE: Purple People Eater * When a young boy discovers a shaggy haired purple alien he does the only thing he can he forms a band that plays popular 50's music gith the alien. Ned Beatty.
 - Shelley Winters (1988) News
 MacNeil Lehrer NewsHo Scarecrow & Mrs. King D

 Abbott And Costello
 - Night Court D
 SportsCenter
 Webster
 - Inspector Gadget
 Miami Vice
 VideoCountry
 - New Wilderness The bad-tempered Northern elephant seal roars back from
 - Day By Day
 James Robison
 Rubi Novela de Venezuela.
- 6:05 @ Jeffersons The Shower
- 6:30 © Cosby Show D

 Wheel Of Fortune D

 D Night Court
 Subaru Ski World
 Mr. Belvedere D

 Looney Tunes
 World Monitor
 World Of Survival John looks the
- kestrel, a small European falcon.

 She's The Sheriff

 Morris Cerullo 6:35 Sanford And Son A Matter Of
- 7:00 Baywatch Eddie gets hooked on gambling after a lucky night on a floating casino. Hobie thinks his grades are in the bag when Mitch dates his teacher. Billy Warlock. David Hasselhoff Washington Week in Review Full House Preparing to celebrate her 13th birthday, D.J. must deal with her family's horrified reaction to the fact that she just might receive her first kiss. Candace Cameron. Bob Saget MOVIE: Jesse Owens Story (Pt 2 Of 2) ** True story of the man who won
 - 2) *** True story of the man who won four gold medals at the 1936 Berlin Olympics from college days to his post-Olympic period when shamelessly exploited. Darian Harewood. Georg Stanford
 - post-Orympic period when snamelessing exploited. Dorian Harewood. Georg Stanford Brown (1984)

 MOVIE: American Ninja * When an American Gi stumbles upon his corrupt commanding officer's plan to steal army supplies, he must battle an army of Ninjas to stop the theft. Michael Dudikoff. Steve James (1986) R Violence.

 MOVIE: CBS Movie Special The Bradys Bradys all over the nation stop what they are doing to watch Bobby, now a professional race car driver, take to the tracks of the Nashville 500. Florence Henderson, Robert Reed
 World Cup Skiling Men's Downhill from Chamonix, France

 MOVIE: The Cowboys ** When gold fever strikes a ranch and leaves the owner without workers, he gives a group of school boys the chance to become men on a cattle drive. John Wayne. Roscoe Lee Browne (1972) PG

 Bewitched

 Murder. She Wrote
- Bewitched

 Murder, She Wrote

 Movie: Maid To Order ** ★ A bratty
 young heiress is robbed of her identity
 and is forced to work as a maid for a
 wealthy, self-centered couple. Ally
 Sheedy. Tom Skerritt (1987) PG

 (HBO) Movie: The Dead Pool **
 Dirty Harry finds himself targeted as a
 victim in a perverse game of murder that
 seems to originate from the set of a low
 budget horror film. Clint Eastwood, Patricia
 Clarkson (1988) R Profanity, Violence,
 Adult Situation. □

 (MAX) Movie: Rain Man ** When
 a car salesman learns that his institutionalized autistic savant brother inherits a family fortune, he kidnaps him in
 hopes of staking a claim. Dustin Hoffman,
 Tom Cruise (1988) R Profanity, Adult
 Situation. □
- Church Street Station

 Bill Burnud's Animal Odyssey Bill follows Zorro the raccoon.

 Footsteps: Masks Of Arcadia The tides of change sweep through rural Japan, threatening to destroy age-old traditions in the small village of Kurokawa.
- MOVIE: For Love And Honor The sembers of a batallion in the U.S. rmy's 88th Airborne Division experience difficulties and pleasures, loves and hatreds. Cliff Potts, Shelley Smith

FRIDAY

- An exiled British soldier of fortune stranded on the Robinsons' island, puts all of their lives in jeopardy during his search for buried treasure. Martin Milner. Pat Delaney (1975)
- 7:30 Puff the Magic Dragon The magical dragon Puff tries to cure young mute Jackie by taking him on an adventurous journey to the land of Hanalee. (Animated) Burgess Meredith

 Well Street Week
 Family Matters Laura helps Eddie run a flashy insubstative campaign for
 - run a flashy, insubstantive campaign for class president, but a debate refocuses
- attention on integrity. Jo Marie Payton-France. Reggie Veljohnson

 My Three Sons
 Crook & Chase
 Simplemente Maria Novela de
- 8:00 MOVIE: 9 To 5 ** A group of female office workers band together to seek revenge on their boss, who is making life miserable." Jane Fonda, Lily Tomlin (1980) PG Profanity.
- True Blue The Emergency Service Unit employs the truck to free several
- Unit employs the truck to free several victims trapped beneath a pile of toxic debris. Grant Show

 Great Performances Terrence Rattigan's play is set in England just before World War I. A young cadet is expelled when he is accused of petty theft.

 Perfect Strangers After an argument with Jennifer, Mary Anne moves in with Larry and Balki. Bronson Pinchot, Mark Linn-Baker

 Vitalis/ Meadowlands Invitational From East Rutherford, NJ (L)

 Green Acres

- Nashville Now
 American Album Frank Capra's The War Years: Germany

 MOVIE: The Emigrants *** Swedes
 emigrate to the U.S. during the 19thcentury, in this epic adventure. Max von
 Sydow. Liv Ullmann (1971) PG
- Cornerstone 8:30 D Just The Ten Of Us While the Virgin Islands offer fun and frolic, especially for Marie and Doosler, the girls' bold cover story begins to unravel. (Pt 2 Of 2)
 - Heather Langenkamp. Brooke Theiss Denns Reed
 Donns Reed
 Ray Bradbury Theatre
 (HBO) MOVIE: Dirty Harry *** A
 San Francisco cop, long criticized for his brutal handling of criminals, is assigned to track down a sniper who is terrorizing the city. Wie Eastwood, Harry Guardino (1971) R Profanity, Violence, Adult Themes.
- 8:35 © Comedy Club Network This unique, short form showcase spotlights upand-coming stand-up comics performing in clubs around the nation.
- 9:00 Mancuso, FBI Mancuso risks the wrath of his niece when he tries to prove that her fiance is a murderous enforcer for a neighborhood protection league. Robert Loggia, Laura Leigh Hughes 20/20 Weekly News Magazine 20/20 Club With Pat Robertson
- 700 Club With Pat Robertson
 News
 Dallas Bobby finds himself becoming obsessed with Pam's look-alike; J.R. and Blackie receive the shock of their lives. Larry Hagman, Patrick Duffy
 Saturday Night Live
 Hitchhiker
 Super Dave Super Dave Osborne goes on his own to continue his hilarious quest for truth, justice and the American way.
- way. C)

 Women Of The World The fashion business is discussed.

 Days And Nights Of Molly Dodd C)

 Richard Roberts

 America La Gente y Los Lugares De Los EEUU
- 9:05 NWA Wrestling Power Hour 9:20 (MAX) MOVIE: The Fly ** A brilliant scientist experimenting with matter transference grows impatient and tests the process on himself, with horrifying results. Jeff Goldblum, Geena Davis (1986) R Profanity, Nudity, Violence, Adult Situation.
- 9:30 Brande
- te, Troubadour, Thanks Take lionate look at the long and career of one of country-

- Days And Nights Of Molly Dodd 📮 Richard Lee Noticiero Univision Edicion
- 10:00 € MOVIE: The Time Machine *** Inventor of the time machine under-takes a journey into the infinity of the fourth dimension, based on H.G. Wells' fantasy fiction. Rod Taylor. Yvette Mirnieux
- O O News
- © Comedy Tonight

 ESPN's Speedweek

 John Chandler Ford

 Laugh In

 Miami Vice

 MOVIE: Death Wish ** When a man's wife and daughter are brutally attacked by three muggers in their New
- attacked by three muggers in their New York apartment, he sets out as a vigilante to find the attackers. Charles Bronson. Hope Lange (1974) R Profanity, Violence, Adult Situation.

 Discovery Showcase From The Pacific Rim To Serengeti
 Spenser: For Hire D
 Voice Of Salvation
 Aqui Esta Cada semana un artista invitado es entrevistado por Veronica
- 10:05

 MOVIE: This House Possessed ★★
 A nervous collapse forces a rock star to
 seek solitude at a secluded mountain
 estate. Parker Stevenson. Lisa Eilbacher
- 10:15 (HBO) MOVIE: Naked Vengeance
 Moving back to her small town to
 escape big-city crime, a young widow
 becomes the victim of a sleazy local
 gang -- and sets out to get revenge, R
 Violence, Adult Situation.
- 10:30 Tonight Show Guest: Comedian Dan

 - Tonight Show Guest: Comedian Dan Aykroyd
 McLaughlin Group
 Bordertown
 Hill Street Blues
 Pat Sajak Show
 SportsCenter
 MOVIE: The Wild Life * Two high school friends, a quiet good student and a maniacal party animal, take an apartment together in a singles complex. Christopher Penn. Eric Stolz (1984) R Profanity, Nudity, Adult Situation.
- Situation.

 © Car 54 Where Are You?

 © Crook & Chase

 © Changed Lives
- 10:35 @ Cheers []
- 10:35 Cheers

 11:00 MacNeil Lehrer NewsHour

 MOVIE: Jesse Owens Story (Pt 2 Of 2) *** True story of the man who won four gold medals at the 1936 Berlin Olympics from college days to his post-Olympic period when shamelessly exploited. Darian Harewood, Georg Stanford Brown (1984)

 Championship Karate World Light Welterweight Championship from San Jose, CA (R)

 Mr. Ed

 MOVIE: Satan's Cheerleaders **
 The head janitor at a high school is initiated at a satanic altar ritual into a cult led by a high priest, high priestess, and a monk. John Ireland, Yvonne DeCarlo (1977)
- (MAX) MOVIE: New York's Finest Fed up with being hookers, these three learn to act like ladies, set themselves up in a fancy apartment and try to catch millionaires. Jenniter DeLora, Ruth Collins (1961) R Nudity, Adult Situation.

 Nashville New
 Beyond 2000 New laser treatment for birthmarks.
- Footsteps: Masks Of Arcadia The tides of change sweep through rural Japan, threatening to destroy age-old traditions in the small village of Kurokawa.
- Kurokawa.

 Whet's Up, Dr. Ruth?

 Larry Lee Delly

 Aqui Esta Cada semana un artista
 invitado es entrevistado por Veronica

Author tells how to lower property taxes

Are your property taxes too high? How would you know?

Property taxes are probably the most likely public tax to be reduced for the average homeowner and businessman, explains the author of a new book, Cashing In On Prop-erty Taxes, which explains to you in easy detail how to obtain property tax reductions on your property. The book also shows you how to establish a very lucrative consulting business reducing taxes for friends

and business people.

Brian M. Walter is a highly paid specialist in challenging property taxes for clients all over the country. He has been successful in reducing taxes for home owners, condominium associations, and large commercial clients.

Water has been involved in designing training programs for national schools teaching property tax reduction. He teaches students how to "qualify" properties for tax reduction.

Accepting only cases that are "qualified" has enabled Walter to report a success rate of over 92 percent on all properties submitted for tax reduction.

The book is a step-by-step treatise on how to reduce taxes, but it also explains how to get into the money-making consulting business. The demand for this service is illustrated in one county in a western state where last year there were 300 tax challenges, with total tax reductions of over \$5 million. These challenges only represented two percent of all property owners in the area.

Walter's vast experience and success is now put to use in his step-by-step book on how to reduce property taxes.

Some of the information in Cashing In On Property Taxes concerns how to submit a property tax appeal, how to set up your own consulting business, a guide for setting fees and services, and how to qualify for a reduction. Actual case examples in the book can be used broadly.

Also included is a specially designed IBM compatible software package. This software is designed to ease you through the reduction process and is said to be an excellent tool for home or commercial applications.

America's first vegetable oil was cottonseed oil

Many people may not realize that Very few foods can be as highly cottonseed oil was the original vegetable oil produced in America; and until the late 1940s, it

dominated the vegetable oil market. Due to the limited production of cotton, cottonseed oil was overtaken by other cooking oils such as corn oil and soybean oil. Its mild flavor and nutritional features, including no cholesterol, have continued to ful in a balanced diet. The keep cottonseed oil popular among dieticians said that besides being dieticians.

The light, non-oily consistency and high smoke point make it ideal for all quick frying dishes, particu-larly oriental stir-fry dishes and fish. It does not deteriorate in flavor cooking. As America's original

cottonseed oil production is regulated by the federal government to meet strict standards for purity.

refined as vegetable oils and still maintain their nutritional quality.

In a survey at the American Dietetic Association's annual meeting, over 85 percent of the dieticians and nutritionists questioned said that they considered cottonseed, corn, safflower, soybean and sunflower oils safe and healthcholesterol-free and low in saturated fat, cottonseed oil "tastes good" and "enhances flavor."

Dr. Lynn Jones of the National Cottonseed Products Association, said the current positive response to when used in high temperature cottonseed oil is in line with scientific evidence. "It's significant that vegetable oil, cottonseed oil became this influential group of food the standard to which more recent professionals recommend it for the important contributions it can make to healthy diets," Jones said.

There are about 100 species of

Dr. Lamb

DEAR DR. LAMB: I am on a daily dose of Coumadin, which I understand is a very dangerous medication and I treat it with great respect. I had two heart valves replaced 14 months ago and have been told I should take anticoagulants for the rest of my life. Please send me your letter on blood clots. I am interested in learning all I can about my condition and my

DEAR READER: Anticoagulants prevent blood clots. Some people call them blood thinners, but they don't thin the blood, just prevent clotting.

They are important for people who have any of the medical problems associated with blood clots, including clots in the leg veins, a clot in a coronary artery to cause a heart attack or a clot in an artery to the brain that results in a stroke.

Blood clots tend to form on artificial heart valves. That poses the danger of the clot breaking loose and lodging somewhere in the body, including in the brain to cause a stroke. The clot can also affect the way the artificial heart valve functions. So patients who have had a heart valve replaced require anticoa-

There are several phases to the clot process that I have discussed in About Blood Clots, which I'm sending you as requested. Others who want this information can send \$2 with a long, stamped, self-addressed envelope for it to THE HEALTH LETTER/30-10, P.O. Box 19622, Irvine, CA 92713.

Aspirin is an anticoagulant. It prevents the clumping of platelets, the small cells in the blood that start clot formation. Coumadin acts further along in the clot process. It prevents the action of prothrombin to form strands of fibers called fibrin, which is the mesh for the clot formation. The blood test used to see if you are getting enough Coumadin is a "prothrombin time." It is important for people taking Coumadin to have this test at frequent intervals to be sure they are getting the right amount.

The main danger of Coumadin is that it may cause some people to bleed, if they get too much. That includes bleeding from the digestive tract. Interestingly, Coumadin is the same substance used in some rat poisons. They get too much Coumadin and bleed to death.

DEAR DR. LAMB: I'm a 36-year-old After a recent blood test m white blood count was 3.9, my red blood cell count, 4.27, and they were reported as low. My hemoglobin was 13.0 and hematocrit 39.3, which were

My doctor said this is often seen as sign of malnourishment and even asked if I was anorexic. I'm 5 feet 9 inches and weigh 146 pounds. I take vitamins and don't smoke, drink moderately and try to eat balanced meals. Is there another explanation?

DEAR READER: Your values are on the low side of normal or a little below normal, but not alarming. The first thing to do is have the tests repeated to see if they are accurate. That is a good thing to do with any abnormal laboratory test.

Athletes often have such results because they accumulate a larger blood volume by retaining more water in the blood itself. Perhaps you are just in good shape

If the findings persist, one needs to look at why your bone marrow may not be producing enough cells which can be nutritional -- or if you have an excessively rapid destruction of blood cells. Such a minor change in blood cells can occur from low thyroid function or from an inadequate iron intake. The latter is uncommon in males.

DEAR DR. LAMB: I had a partial hysterectomy 16 years ago. I still have both of my ovaries. I haven't had a Pap smear since the operation. My doctor said it wasn't necessary and if anything was wrong with my ovaries he could tell by examining them. What is your opinion on this? I worry about cancer of the ovaries.

DEAR READER: Your letter suggests you had all of your uterus removed — a complete hysterectomy. Removal of the ovaries is not a hysterectomy but an oophorectomy. How often you need a Pap test after having had the uterus removed depends on why the hysterectomy was done. If there was no malignancy, every two or three years is satisfactory for the detection of the rare case of vaginal cancer. But a Pap test will not help detect cancer of the ovaries. There is no way abnormal cells from the ovaries can be shed into the vagina.

It is difficult to detect early cancer of the ovaries. They are so small that early changes usually cannot be felt by physical examination. Ultrasound has helped some. That is a major reason why the outlook for cancer of the ovaries is not as good as for many other cancers - such as cancer of the



Mayo Clinic offers proven diet plan

Mayo Clinic physicians and registered dietitians believe no one should lose weight just for the sake of being fashion-thin. Despite what height and weight charts say, you may not have to lose weight if you are in generally good health and

-a sense of energy and wellbeing

-normal blood sugar

-normal blood pressure -normal triglyceride and choles-

If all the above are true for you, but you still want to drop a few pounds, here's how-the Mayo way.

Step 1: Estimate your calorie level using the 10-calorie rule. Your goal is to lose fat, not just weight. To do that, the clinic recommends that you try to lose one pound a week. That means you could lose 25 pounds by the end of the next six months.

To figure how many calories you one pound a week, multiply your fat. current weight by 10.

Use this calorie level as your daily target. However, the basic menu for Mayo Clinic Diet Plan is set at 1,400 calories a day. If you've figured a daily target less than 1,400 calories, increase your activity to burn more calories. Eating fewer calories boosts your chances for running short of certain nutrients.

Step 2: Use plenty of herbs and spices. Creative seasoning is the best way to leave in taste while getting out the fat.

Step. 3: Drink eight 8-ounce glasses of water a day. Water is calorie-free, convenient and inexpensive. It can help fill you up and slow down your eating. If you normally drink a lot of diet pop, limit yourself to two cans a day and drink water instead. Because it's tasteless, water can help you break a preference for sweet-tasting foods and drinks. There's really nothing magical about drinking eight glasses of water very day. Just remember that whenever you feel hungry or thirsty, drink water first.

Step 4: Weigh yourself only once a week. As you lose fat, daily shifts in body water can show up as pounds on the scale. Too frequent weigh-ins won't give you an accurate picture of your weight loss, and may leave you feeling frustrated.

Mayo Clinic Diet Plan encourages you to start or continue a walking program because it's an aerobic activity that's easy and can eat and still lose an average of effective for burning calories from

${m Bake\ Sale}$

by Sylvia Wallace & Laura Walker

* Cakes * Cookies * and other baked goods.

Taylor & Sons Saturday, Feb 10th Starting 9:00 am

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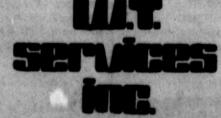
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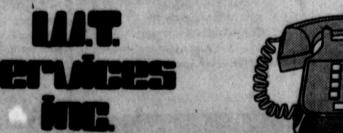
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1-Articles For Sale

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Phone 364-4908 ******* SHOP & SAVE

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Ben's Appliance 212 N. Main 364-4041 **

LIONS' **Pancake** Supper and Auction

Bull Barn, Thursday Serving 5--7 p.m., \$3 plate Auction starts 6:30 p.m.

Wooden, woven blind for 71 inch wide by 35 inch deep window. White with orange stripe. In perfect condition. Make me an offer. 364-6957.

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates Over 20 yrs. experience. 364-6617.

Repossessed Kirby. Other name brands used and rebuilt \$39.00 and up. Sales and service on all makes. 364-4288.

Save 50%-100% insurance deductibles. Most claims. Windshields installed, repaired. Autos, trucks, tractors, farm machinery. Steve's Paint-Body Shop. 258-7744.

1983 Chev. Truck, complete with BJM Model 4416 Mixer Bed. Very good condition. Call David Hutcherson, Friona Feedyard, 806-265-3575. 12213

Give your Valentine an AKC Registered Cocker Spaniel Puppy. Red & Blonde, 3 males, 2 females, shots started. Will be ready in February. 1-647-3123-days; 1-945-2632 after 6. 12223

For sale: Tandy 1,000 SX IBM Compatible. 364-4117. 12275

CHILDREN'S **EXCHANGE**

Final Winter Close-Out \$1 Each Sale (All merchandise)

1005 W. Park Ave.

Nice tan couch. King size water bed with nice headboard & no-wave mattress. Lawn mower, G.E. washer & dryer, Sears upright freezer, Montgomery Ward sewing machine. Call after 6 p.m. 364-8695.

L-shape bed, twin beds, shelves, dressers, bassinetts, car seats, toys, clothing & lots more. Maldonados, 1001 W. Park, 364-5829. 12311

Must sell, Amana Refef. \$75.00. Kitchen Aid Dishwasher, \$150.00; See to appreciate, 364-7551.

Free 1/2 Doberman & 1/2 German Sherpherd to give away. Call 289-5942.

1A-Garage Sales

Moving sale. Everything must go. Furniture, appliances, clothes, plants and knick-knacks. 340 W. 4th Thursday & Friday. 12314

Back yard sale Friday & Saturday 322 Star, 9-? Too Much to mention!

2-Farm Equipment

Haygrazer, round baled, sweet sucrouse, from George Warner. 276-5291-days; 364-4113, nights.

1983 Chev. Truck, complete with BJM Model 4416 Mixer Bed. Real good condition. Call David Hutcherson, Friona Feedyard, 1-806-265-3575.

For sale: '79 KW 19 footer manure spreader. Call after 7 p.m. 249-2363. 12246

Have antique "M" Farmall and shredder. Will swap for pickup. 359-9988.

For sale: One Heath, 430 Beet Digger. Call 945-2603 or 945-2277

3-Cars For Sale

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8 Official 19 Freeway in anc. divider 21 - the Rome gauntlet 22 Unusual 10 Take quarters 23 Whack 14 Huey 24 Loafer

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34 Kept secret 35 Criticize 37 Shakespeare's theater 39 Japanese 41 Baseball's

is one

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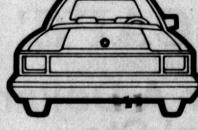
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LEGAL NOTICES

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF J.H. WALKER, DECEASED

Notice is hereby given that Original Letters Testamentary upon the Es-tate of J.H. WALKER, (being one and the same as Howard Walker and also own as James Howard Walker were issued to Jerry Walker, as indendent Executor, on the 30th day of January, 1990, in Cause No. 3754, January, 1990, in Cause No. 3754, Estate of J.H. WALKER, deceased, pending in the County Court of Deaf Smith County, Texas. All persons traving claims against said estate, which is currently being administered in Deaf Smith County, Texas, are hereby required to present the same to said independent Executor, at the address given below, before sult upon same is barred by the Stat-ute of Limitations, before such es-tate is closed, and within the time end in the manner prescribed by law.
The residence of the independent
Executor, Jerry Walker, is Deaf
Smith County, Texas. The post office eddress is: c/o R.C. Hoelscher

torney at Law P.O. Box 1775 138B. West Third) ereford, Texas 79045 SIGNED this 2nd day of February,

By R.C. Hoelscher Attorney for the Estate

CHICAGO (AP) - Lawyers for actor Lloyd Bridges say celebrities may not pitch products so easily after his settlement of a lawsuit alleging he misrepresented an investment in television ads.

A judge's ruling on a pretrial motion and a similar ruling by a judge in a related case indicated celebrities could be held liable for misrepresentations when endorsing a product or

"The fact that a celebrity is merely reading a script may no longer be an excuse," said Dan Formeller, an attorney for Bridges.

Wednesday's settlement concluded a lawsuit that also pitted actor George Hamilton and a Detroit advertising agency against investors allegedly bilked by two Michigan-based mortgage companies, A.J. Obie & Associates and its parent, Diamond Mortgage Inc.

Bridges was a television spokesman for Obie, and Hamilton represented Diamond in the early 1980s.

VYFAOYX

Lt. Col. George A. Custer and his

Seventh Cavalry were wiped out June 25, 1876, by Sioux and Cheyenne Indians in the Battle of Little Big Horn

in Montana.

Future workplace to focus on wellness

at home where you work? You've seen his comic-strip office. Dagwood's boss is a cigarchomping Type A, who "communicates" in a shout. Dagwood reels from one crisis to another. His way to cope: munching down enormous sandwiches.

Dagwood has brought a smile to millions of people over the decades by poking fun at America's lifestyle. But that picture is changing. The workplace of the future will focus on wellness. Already, twothirds of the nation's companies with 50 employees or more offer some type of wellness activity.

There is no standard definition of worksite wellness, and services vary among companies. Most programs have operated less than a decade. But the response among health professionals, business leaders and employees is increasingly positive. For employees and employers, a carefully chosen wellness program can be an excellent investment.

The worksite is an ideal location for health programs. An estimated 112 million Americans are currently employed, spending one-third of their waking hours on the job. Corporations have a strong incentive to promote health. Business and industry pay an estimated 30 percent of America's medical bill. Industry's cost has jumped from roughly \$70 billion in 1980 to \$128 billion in 1986.

And the irony is that much of that cost, in both human suffering and corporate expense, is avoidable. The U.S. Centers for Disease Control estimate that 50 percent of all deaths are premature, due to unhealthy lifestyle behaviors.

Companies from Mom-and-Pop organizations to Fortune 500 giants have responded. They're offering varied programs in education, screening and behavior modifica-

The most popular programs are: smoking cessation, blood pressure

AXYDLBAAXR

is LONGFELLOW

One letter stands for another. In this sample A is used

for the three L's, X for the two O's, etc. Single letters,

apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

CRYPTOQUOTE

TFD'A YKEYTA AB GLHY SLAO-

Yesterday's Cryptoquote: THE SECRET OF SUCCESS IN CONVERSATION IS TO BE ABLE TO

DISAGREE WITHOUT BEING DISAGREEABLE. — AUTHOR UNKNOWN

NBW TFD'A ZFN DB, NBW

NBWX LDTBCY. - SLGGLFC

Would Dagwood Bumstead feel monitoring, weight control, care of the back, nutrition education, assessment of an individual's health risks, exercise and fitness, stress management and safety techniques for on and off the job.

Employers use many formats to

provide these services. Some companies open the equivalent of an in-house health club. Other firms subsidize the cost of joining a local facility such as the YM/YWCA. Family members and dependents-who account for a large share of an employee's health care

costs-may share this benefit. Companies sponsor brown-bag seminars over the lunch hour, and the much-maligned company cafeteria gets a nutritional tune-up. Employees form a buddy system and exercise together before or after work. There may be an incentive program for people who attain goals such as reduce absenteeism.

What can a worksite wellness program offer? Consider:

Cost containment-Decreased health care costs is a desirable goal. but it can be difficult to measure. Employers must compare the cost of mass screening to the expense of treating an individual's illness. It may be years before a worker's commitment to better nutrition and regular exercise shows up in reduced health care claims-and this assumes that workers have a long tenure with the company.

Encouraging data, however, come from the Johnson & Johnson Co. This program, Live for Life, is one of the oldest and most extensive in the country.

The company compared workers at facilities with Live for Life to your health. employees whose site did not offer the program. Over a five-year period, the wellness group had fewer hospital admissions, although little change in outpatient care. During that time, the annual cost of a worker's inpatient care rose about \$42 at the wellness site and \$76 at the site without Live for Life. Estimated total savings at the

wellness sites: \$980,316. Boost to morale-Worksite wellness programs offer an encouraging message: The decisions you make can affect your health. Learning how to make positive decisions can help give you a welcome sense of control over your

Working out with your colleagues can enhance a spirit of camaraderie. The corporate pecking orders tends to blur where everyone wears a sweatsuit. Is the result an increase in productivity? wellness program can be one of a company's most visible and popular benefits, sending a message that the employer cares about workers.

Critics say health promotions only preach to the converted. That need not be the case.

Studies at the University of

Oregon compared people who intended to join a wellness program and those who did not. Both groups had similar health status as well as lifestyle habits and preventive practices. Significant differences: wellness participants tended to be younger, female, working a fixed schedule. Dissatisfaction with health, work or home life prompted some to seek a change, such as what the wellness program offered.

A study at AT&T Communications noted that support from supervisors encouraged participation. So did an understanding of the health risks associated with lifestyle habits.

Do the results last? Rewards and social support can encourage shortterm change, but lasting alterations require personal commitment. You have to believe that the change (such as smoking cessation) is good for you and what you want.

Worksite programs can help you make both short- and long-term changes. A two-year study compared companies that offered extensive programs to those that offered an annual health screen. Employees who joined the boardbased programs more than doubled their level of activity. Individuals who had an annual screening increased their energy expenditure by about 30 percent. Improvement in exercise was associated with reduced risk of coronary heart disease.

A worksite wellness program won't solve all your health problems, but it can offer a focal point for making the changes that are within your power to enhance

ALLENTOWN, Pa. (AP) - A ninth grader is preparing for her role in the latest episode of Sylvester Stallone's "Rocky V," which is being filmed in Rocky Balboa's hometown of Philadelphia. Elisebeth Fenstermaker, 12, who

changes her last name to Peters when she's acting, will play a friend of Rocky's son, Rocky Jr.

Elisebeth, a freshman at William Allen High School, was on the West Coast on Tuesday preparing for the

She has appeared in "She-Devil" with Roseanne Barr and Meryl Streep and has had parts in television commercials.

Assistant principal Dennis Springer said Tuesday the school was helping Elisebeth with tutoring while she's away. "We'll supply her books and materials and her grades will be Solid evidence is scarce. But a incorporated into her grades here," he

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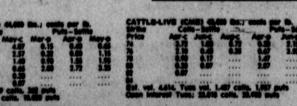
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Horns beat Bears, Hogs rip Raiders

By The Associated Press

The Texas Longhorns had a tough time while the Arkansas Razorbacks had fun as both were victorious against Southwest Conference foes.

Texas edged Baylor, 96-91, Arkansas whipped Texas Tech, 100-77, Arkansas defeated Rice, 84-67, and Texas Christian slipped past Texas A&M, 72-67.

Lance Blanks scored 36 points to lead the Texas Longhorns to a 96-91

The victory allowed the Longhorns to end a skid where they lost three of four games and it ended a five-game winning streak for Baylor.

Texas is now 8-3 in SWC play and 15-6 overall. Baylor dropped to 4-6 in conference play and 12-9 overall.

The game was close throughout, with 12 ties and 11 lead changes. The game was tied at 85-85 with 3:17 left before Blanks and forward Benford

Travis Mays answered with another Mays four points shy of the 2,000-three-point shot. Mays four points shy of the 2,000-point mark for his career.

Baylor pulled within one with 45 seconds left when forward Julius points. Denton scored a three-pointer over a leaping Travis Mays to pull the Bears within one. Then Blanks and Mays hit four consecutive free throws to ice the

Mays and Williams helped the Williams drove for consecutive Longhorn win with 19 points apiece,

put in a three-pointer and Texas guard down-nine rebounds. The score leaves a hard time until they tightened up with a press.

Wesley led the Bears with 23 Texas coach Tom Penders praised

Myers' defensive effort. "Panama Myers played a great game tonight," he said. "He was the

difference in the game, in my opinion." 'Baylor is playing really well, and

they made some amazing shots. They

played a real physical game, and we had to play hard for the entire 40 minutes to get the win," Penders said. Todd Day, whose 22 points helped lead the third-ranked Arkansas Razorbacks to a 100-77 victory over

Texas Tech, says he and his teammates

enjoyed themselves.
"We had fun tonight," he said. "I think we played harder than we've ever played."

But Arkansas coach Nólan Richardson said the spread offense that Gerald Myers' Red Raiders used early in the game gave the Razorbacks

Arkansas is now 11-0 in SWC play and 20-2 overall. The Red Raiders dropped to 0-10 in conference play and 5-15 overall.

"Gerald had a good game plan," Richardson said. "He spread us out and made us chase the ball. We got hungry and they made some easy baskets."

Texas Tech took a 19-18 lead midway through the first half. But the Razorbacks' press forced six consecutive Tech turnovers midway through the first half, allowing Arkansas to get ahead 30-19 before ending the first half on top 49-41. Two driving layups by Lee Mayberry fueled the Arkansas surge.

The Razorbacks had four others in double figures, with Mayberry and Ron Huery contributing 15 each, Mario Credit, 12, and Larry Marks, 10.

Marks started in place of Lenzie Howell, at the bedside of his ailing father in Dallas. Marks said Richardson had the right words for his team

Craig Sibley scored 20 points to lead Texas Christian to a 72-67 victory over Texas A&M.

It was the fifth victory for TCU in its last six outings. The Horned Frogs are 12-9 for the season and 5-5 in SWC play.

Texas A&M's season record dropped to 11-13. The Aggies are 4-6 in conference play.

Tony Milton had a game-high 24 points for Texas A&M.

Carl Herrera and Craig Upchurch scored 16 points each to power the Houston Cougars past the Rice Owls

The Cougars' offense revolved around point guard Derrick Daniels, who had a career-high 16 assists and 12 points.

Houston stands 16-6 for the season and is 7-3 in Southwest Conference play. Rice, which lost its fourth consecutive SWC game, is 4-5 in conference action and 10-10 for the

Rice freshman Brent Scott had a game-high 26 points.

victory Baylor. buckets. Bear guard Dennis Lindsey and center Guillermo Myers pulled Gimmicks fail Auburn, **Wake Forest in losses**

Wake Forest and Auburn devised special gimmicks for Georgia Tech's Dennis Scott and LSU's Chris Jackson. As a result, they won the battles but lost the wars.

Wake Forest threw a triangle-andtwo at Scott, who was nursing a bruised right shoulder, so Brian Oliver stepped in and scored 31 points, including seven of 10 3-pointers, to lead No. 16 Georgia Tech to a 79-70 victory Wednesday night.

"I thought it was a smart gamble because at times Oliver doesn't shoot very well," Georgia Tech coach Bobby Cremins said. "But the kid just showed some guts tonight. He stepped forward and made the shots (12for-16). If he doesn't make those, we

Oliver also had five rebounds and six assists.

Auburn slowed the pace against No. 11 LSU and held Jackson to a careerlow nine points on 3-for-11 shooting. But 7-footers Shaquille O'Neal and Stanley Roberts took over and and led LSU to an 82-71 victory.

"I think Chris Jackson showed a great deal of restraint tonight," Auburn coach Tommy Joe Eagles said. "It was not one of his better scoring nights, but he saw where the opportunities were and got the ball to the big

In other Top 25 games, it was No. 2 Kansas 83, Oklahoma State 76; No. 3 Arkansas 100, Texas Tech 77; No. 5 Georgetown 97, Pitt 81 and No. 13 Oklahoma 86, Iowa State 81.

While Georgia Tech's Oliver was hitting from long-range, Scott, who played most of the game and scored 17 points, failed to hit a 3-pointer, ending a string of 69 games in which

he had at least one. It was the third straight victory for Georgia Tech (15-4, 5-4 Atlantic Coast Conference) and the 10th consecutive regular-season conference loss over two seasons for Wake Forest, which

got 25 points from Chris King.
"We took a calculated risk," Wake
Forest coach Dave Odom said. "We knew what we were doing. They have three great players (freshman point guard Kenny Anderson was held to 11 points and five assists). I respect all three of them equally. Dennis Scott is a proven quantity at any level."

No. 11 LSU 82, Auburn 71

O'Neal had 19 points, 10 rebounds and three blocked shots and Roberts had 15 points, 10 rebounds and four blocks. Ronnie Battle had 29 points for

Auburn milked the shot clock until the final 4:30 of the game when the Tigers had to foul to get the ball. But LSU hit the foul shots, widening a

Kevin Pritchard and Mark Randall keyed a second-half run that gave Kansas a lead sufficient to survive an Oklahoma State rally. Pritchard made two 3-pointers and Randall added three field goals in a 16-8 run in the first four minutes of the second half as Kansas built a 52-32 lead.

Mattias Sahlstrom scored 10 points and Byron Houston seven as Oklahoma State rallied to within 75-69 with 2:16 remaining. Four free throws by Pritchard and two by Jeff Gueldner gave the Jayhawks an 81-70 lead.

No. 5 Georgetown 97, Pittsburgh 81 Dikembe Mutombo had 17 points, 15 rebounds and eight blocked shots and Sam Jefferson scored a careerhigh 16 points as Georgetown moved into first place in the Big East.

Alonzo Mourning scored 20 points and Mark Tillmon 17 for the Hoyas, who led by 18 at halftime and never let the margin shrink below 12. Bobby Martin scored 27 points for Pitt. No. 13 Oklahoma 86, Iowa St. 81

Skeeter Henry scored 25 points, including the go-ahead basket with 2:14 left. Iowa State had a chance to tie the game when Doug Collins went to the line for a 1-and-1 with 5.1 seconds left and the Cyclones trailing 82-80. But he missed the second and Oklahoma sank four free throws in the remaining seconds.

Victor Alexander led Iowa State

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Tonight at the dinner table, read something out loud to your family. Tomorrow night, let another member read something. A news story. A Bible verse. A Robert Frost poem. A cereal box panel. History. Humor. Anything. Each night a different family member can read a selection. Imagine the wide range of subjects your family will read in 365 days. What a stimulating way to have your children develop good reading habits. We have 23 million illiterate adults in America. We wouldn't have one, if each of them had been served reading as part of their nightly diet. It's non-fattening, but enriching. And it doesn't cost a dime.

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Warriors snap Phil

By DICK BRINSTER **AP Sports Writer**

Given an opportunity to choose their next victim, the Philadelphia 76ers couldn't have been blamed for thinking of the Golden State Warriors

as the perfect prey.

After all, the 76ers hadn't lost to the Warriors in Philadelphia since Jimmy Carter occupied the White House. So, extending the NBA's longest winning streak of the season figured to be no big deal.

But Golden State made it a little deal, little as in using no players taller than 6-foot-7 for most of the game. It gave the Warriors quickness that led to 20 Philadelphia turnovers in a 113-112 victory that ended the 76ers' 12-game winning streak.

"A very small team played very big tonight, and that was a gutsy win,' Golden State coach Don Nelson said. "Sometimes David does slay

Goliath." Mitch Richmond scored the winning basket on a last-second rebound as the Warriors beat the 76ers at the Spectrum for the first time since Jan. 1, 1979.

"It was definitely the biggest shot I've made this year," Richmond said. "It was just a case of being in the right

Richmond, who had 11 of his 32 points in the final period, scored with three-tenths of a second remaining 68. Calvin Murphy set the record of after rebounding a miss by Winston 78 straight free throws in the 1980-81

Garland. Charles Barkley had made one of two free throws with 19 seconds left to put Philadelphia ahead.

Elsewhere, it was Boston 146, Charlotte 125; Utah 108, New Jersey 101; the Los Angeles Lakers 121, Chicago 103 and Phoenix 128, Seattle

Richmond said the Warriors hustled on defense all night, leading to 13

"The steals helped a lot," he said. 'I think we kind of fouled up their offense. They wanted to get it to Barkley, but a lot of times they ended up taking quick shots."

Barkley, who led the 76ers with 30 points, took the loss in stride.

"We knew we weren't going to stay undefeated for the rest of the season," he said. "One game doesn't put a damper on the 12 we just won."

The Warriors got 35 points from Chris Mullin. Tim Hardaway added 21 points, Terry Teagle 15 and Rod Higgins 10. No other Warrior scored. Celtics 146, Hornets 125

Kevin McHale scored 31 points and Reggie Lewis added 26 as Boston enjoyed its best offensive output this

Charlotte was led by Armon Gilliam with 26 points. Larry Bird made two free throws,

extending the second-longest consecutive streak in league history to

Jazz 108, Nets 101 Karl Malone scored 26 points and

Thurl Bailey added 23. New Jersey rallied from an 86-71 fourth-quarter deficit as Purvis Short scored 12 of his 14 points. The Nets, who came as close as 102-98 with 19 seconds remaining, got 23 points and 16 rebounds from Sam Bowie. The Jazz made nine of 10 free throws in the final minute, including four by Blue Edwards.

Chris Morris and Dennis Hopson scored 17 points apiece for the Nets. Lakers 121, Bulls 103

James Worthy had 30 points and Magic Johnson 22 points and 17

Michael Jordan led Chicago with 32 points.

Byron Scott added 15 points, Orlando Woolridge 14 and Mychal Thompson 12 for the Lakers. Scottie Pippen had 14 points, Craig Hodges 13 and Horace Grant 12 for the Bulls. Suns 128, SuperSonics 124 Kevin Johnson made 17 of 18 free

throws, including four in the final 40 seconds, and scored 33 points.

After Johnson, who also had 11 assists, made his last two free throws with 32 seconds left to give Phoenix its final margin, Seattle's Dana Barros missed two shots and Derrick McKey one in the closing seconds.

McKey led the Seattle with 26

Tarpley gets more legal help

Dallas lawyer Jay Ethington has announced that he plans to enlist the help of Bill Alexander in defending Tarpley who is accused of driving while intoxicated.

Alexander gained fame as a prosecutor in the Jack Ruby trial following the assassination of President John F. Kennedy and the death of Lee Harvey Oswald.

Alexander said the public is going to be surprised at evidence that will be presented in the trial, but he would not

Tarpley's hearing is set for June 25,

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DALLAS (AP) - The attorney for after Ethington was granted a request Dallas Mavericks forward Roy Tarpley to have it delayed again.
is going to his bench for support. The Mavericks standout was

arrested in mid-November on a north Dallas freeway. He was charged with DWI and resisting arrest. Ethington said he argued for the

delay so the star forward could complete the NBA season and possible playoff games before going to court. a delay until Jan. 31, and then had it Tarpley was suspended without pay pushed back until Wednesday.

following his arrest, but has since been reinstated by the league's after-care

Driving while intoxicated and resisting arrest are Class B misde-meanors punishable by up to six months in jail and a \$1,000 fine.

Tarpley was originally scheduled in court on Dec. 11, but attorneys won

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