

Spurs turnaround saves Texas' face in '90 NBA --Page 6A

Prepare for shaft on schools--Page 4A

Is Sandy Stagner laughing or crying? We don't know! Find out--Branded, Page 3B

Roundup...2A  
New Quiz...2A  
Viewpoint...4A  
Sports...6A  
Lifestyles...1B

Comics...TV...6B  
Real Estate...5B  
Classifieds...10B  
Crossword...10B  
Farm and Ranch...12B

Have a great weekend!

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We gratefully acknowledge the memories of those who fought so we may be free

The

# Hereford Brand

SUNDAY, May 27, 1990

Hustlin' Hereford, home of Shelly Moss

89th Year, No. 232, Deaf Smith County, Hereford, Tx.

32 Pages

35 Cents

## Hightower's mad Ag commissioner's feud with USDA leads to new, less expensive, vegetable inspection

By JOHN BROOKS  
Managing Editor

A bitter feud between Texas Commissioner of Agriculture Jim Hightower and the U.S. Department of Agriculture has led to the Texas Department of Agriculture terminating the federal-state cooperative agreement for inspection of fruits and vegetables.

Those inspections, through an agreement reached on May 8, will be conducted by the USDA in cooperation with the Texas Citrus and Vegetable Association. The operation began May 10 after Hightower gave notice of termination on May 9.

The new agreement ends 20 years of cooperation between the TDA and the USDA. Through the Texas Federal Inspection Service, TDA and USDA agreed jointly to administer their respective grading and certification standards.

The Federal State Inspection Service of Texas, established on May 10, is now the only

agency authorized by law to inspect and issue federal inspection certificates to shippers of fresh produce and nuts.

The termination by Hightower is the latest step in a battle between him and his agency and the federal government. The feud apparently stems from an audit of federal funds spent by TDA.

USDA officials, who have turned their findings over to Texas state auditors, said money had been used by TDA to pay for consultants, studies, meals and hotels under questionable circumstances that had little bearing on the inspection program. The USDA did not, however, say outright that funds had been misused.

A proposed budget for the new inspection service is 40 percent less than the budget under the old USDA-TDA cooperative set-up. Most of the savings came in travel expenses and funds paid to consultants.

The funds for the program come from payments made by growers, shippers and agents who use the program to market their goods. No state or federal tax monies are used in the inspection program.

According to the May 19 issue of *The Packer*, a fruit and vegetable industry newspaper, Dan Haley, a USDA official, said in an April 27 letter to Hightower that "Personnel who played little or no role in the inspection program were placed on the payroll as consultants. Contracts were let to perform rudimentary and useless research. Charges, apparently unrelated to inspection activities, began to appear on Texas Federal Inspection Service credit cards used by Texas Department of Agriculture officials."

According to *The Packer*, Hightower told the USDA Fruit and Vegetable Division that Texas was not getting enough federal funds and he was terminating the agreement.

On May 4, *The Packer* said, Hightower asked the USDA to negotiate with his office, but on May 8 Haley informed Hightower a new agreement already had been reached with the Texas Citrus and Vegetable Association and "further debate is unlikely to prove helpful."

In a strongly worded news release on May 18, Hightower said, "USDA has taken a political potshot at me...for more than a year, we have been trying to get USDA to come to the table to renegotiate the cooperative agreement that governs this program."

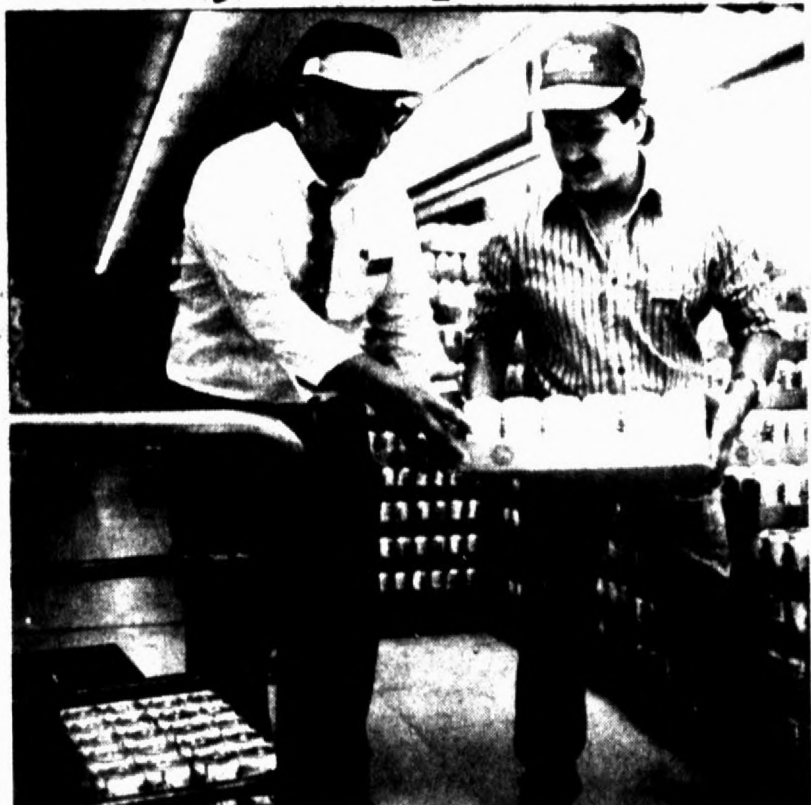
"What we were seeking was a fairer deal for the State of Texas than the old agreement allowed. Clayton Yeutter's gang in Washington refused even to discuss the terms of the agreement, instead drawing the matter out for months and leaking rumors and lies to the press in the hope of causing me political embarrassment."

(See HIGHTOWER, Page 2A)



HIGHTOWER

### A very hot promotion



Chris Castillo, left, and Joel Martinez unload another case of Coca-Cola products at Gibson's Discount Center in Hereford. The store had sold 11,000 cases of soft drinks through Friday afternoon in a special Memorial Day weekend promotion.

## WATER

By CINDY POTTORFF  
Staff Writer

The bumper sticker on Hereford City Well Superintendent Ted Coleman's pickup says, "Water is life." He calls water our "most precious" resource.

Everything and everyone that lives needs water to survive. So far, Hereford has had enough water to meet its needs, but trouble could be on the horizon.

Hereford could use a little rain. Dry weather, combined with high temperatures, is beginning to put a strain on the city's water wells.

Hereford isn't running out of water. The city pumps 28 water wells and leases four more wells from Holly Sugar from the first of May to the first of September, according to City Manager Darwin McGill.

The water from the wells is pumped into three separate pump stations. It goes into holding tanks at each pump station, then is pumped to the tap.

The Holly Sugar wells are leased to help meet increased water demand during the hottest time of the year.

Between the city's wells and the Holly Sugar wells, Hereford has enough water, according to McGill. But when it stops raining, things start to dry out.

The last time it rained in Hereford was May 3. So far this month, less than half an inch of rain has fallen in Hereford. Average May rainfall from 1985 through 1989 was over three inches.

Over five days of temperatures at or above 90 degrees in May and hot spring winds have dried things out even more.

Consequently, demand for water in Hereford has risen sharply over the past month.

Demand usually runs from 3.5 million gallons to 4.5 million gallons per day this time of the year,

according to Niles Culp, assistant to the city well superintendent. Water demand is now running from 4.5 million gallons to 6 million gallons a day.

According to Culp, when the city's wells are pumped at the 6 million gallon level for several days in a row, production begins to drop.

The city has been pumping the Holly Sugar wells for over two weeks. Most years, the city begins pumping the Holly Sugar wells around the first of June.



**"If we run at 8.5 million gallons consumption for an extended period of time, production in the existing wells will start to drop off and will drop off worse the longer it stays at that level."**  
-City Manager Darwin McGill

Water demand tends to be heaviest on weekdays from 5 p.m. to 11 p.m., and on weekends when people are home. Watering yards and gardens, washing cars, and household use accounts for most of the increase.

Monday water use tends to be fairly low, with the 4.5 million gallon mark reached on a Tuesday in a dry week, Culp said. Wednesday runs about the same as Tuesday, but consumption rises more on Thursday and Friday. By Saturday, consumption tends to reach 6 million gallons for the day.

Last week, the city accepted bids to drill three test holes for wells it hopes to develop over the next five years. The city hopes to develop one

of those test holes, located at 13th and Whittier, into a deep well later this year.

McGill said he thinks that drilling the deep well will help meet water demand because the last deep well the city dug produces about 625 gallons per minute. He said that such deep wells produce two to three times more water than shallow wells.

Most of the city's older wells are shallow wells.

"Our water table is dropping and we are digging wells to continue to be assured of wells in the future," McGill said.

According to Coleman, if Hereford received a one or two inch rain, the water problem would improve for one to two weeks. When rain falls, most people stop watering their lawns for a few days, lowering consumption.

The improvement would only be temporary, however. Water demand rises again as soon as it dries out.

McGill is concerned about Hereford's water situation if hot, dry weather continues for an extended period of time.

Six and a half million gallons of water a day is a lot of water, but Hereford has not yet reached peak demand of eight and a half million gallons of water per day. Usually, water demand peaks in July and August.

"It's just that if we run at 8.5 million (gallons) consumption for an extended period of time, production in the existing wells will start to drop off and will drop off worse the longer it stays at that level," McGill said.

One way the city is trying to respond to the tight water situation is by reducing city watering, such as watering the golf course. The golf course, city parks, and the school district are the largest consumers of water in Hereford. The water situation is not drastic enough to warrant limiting citizen consumption, McGill said.

"You'll try to conserve water and it backfires," McGill said.

For example, some cities limit watering so that people can only water every other day. McGill said such rationing produces a hoard mentality and people tend to water on their assigned day, whether they need to or not.

"Their consumption actually increases," he said.

Limiting consumption still could be an option if it stays hot and dry, however.

"You couldn't forecast that (whether to limit consumption, issue guidelines) without knowing the weather."

### How about a big Amen?

#### Entertainer to perform at upcoming Rhinestone Roundup

Nashville singer, songwriter and guitarist Luce Amen will perform June 29 at the National Cowgirl Hall of Fame and Western Heritage Center in Hereford, providing a rich musical program as a part of the CHOF's annual Rhinestone Roundup Weekend.

Amen will perform standard country favorites and some exciting original material. She will be backed by the Tall Grass Band of Dalhart. Amen, a San Antonio native, has been the opening act for Alabama, The Judds, George Strait, Randy Travis, Tanya Tucker and Charlie Daniels. Her hot guitar playing and earthy voice earned her a \$7,500 prize in the Marlboro Country Music Talent Roundup.

Amen is listed in *Who's Who in Country Music 1990* and has recorded three successful country albums, including *Never Did You Wrong* and *Reckless Texas Woman*.

Tickets are on sale, for \$50 per person, for the 1990 Rhinestone Roundup Weekend at the CHOF. The events will include special meals, with menus by Sherry Delamarter of the Cowgirl Hall of Fame Cafe in New York City, and concerts by Amen and Patsy Montana (a 1987 CHOF Western Heritage nominee) on Friday and Saturday nights. Events will also include the first-ever Feedyard Challenge, with participants sponsored by area feedlots competing in several events, special events at the parties on Friday and Saturday nights, and the annual CHOF induction luncheon on June 30.

This year's inductees will include Cowgirl honoree Betty Sims Solt of Roswell, N.M., and Shelly Burmeister of Edmond, Okla., and Western Heritage honoree Elsa Spear Byron of Sheridan, Wyo., and Ruth Thompson of Naper, Neb.

In a change from past years, invitations will not be mailed locally. Persons wishing to buy tickets to the Friday-Saturday night events and the induction luncheon should contact the CHOF.



LUCE AMEN

## Programs aim to stop abuse

There have been 14 substantiated sexual assaults in Hereford and Deaf Smith county since January.

Professional workers and volunteers say that number won't drop until the whole community becomes involved in stopping the problem.

How the community can become involved, and how sexual assault can be something that happens very, very infrequently, has been the focus of Sexual Assault Awareness Week in Hereford.

Thanks to the efforts of the Hereford Outreach Office of the Rape Crisis/Domestic Violence Center and the office's volunteers, community education efforts are reaching more persons.

"This is not an individual's problem, it's the whole community's problem, the taxpayers' problem," said Shelly Moss, director of the Hereford Outreach Office. "It's also the whole family's problem, because a sexual assault can come between a relationship. It can affect spouses, parents and other persons. Sometimes we must assist the whole family."

In 1989, the Hereford center helped 62 persons whose lives were marred by sexual assault, including 36 persons who were primary victims of sexual assault--an act of violence, not of passion.

Some of those are persons, especially adult women, who were assaulted when they were children or teenagers.

"If it is not dealt with, it comes back at some later point," Moss said. "The more we are able to support them the better they are able to heal, but it's best to get support immediately."

Moss wants women to feel more free to report acquaintance rape and date rape. Studies show most sexual assault victims are attacked by someone they know.

"Many times people that are victims of date rape just feel that they used poor judgment," Moss said. "They feel guilty, and ask themselves, 'If, if, if.' They don't have to feel guilty at all. Through community education we are letting young persons, girls and boys, know that if the girl says no, she means no. They

have a right to say no, and if they say no, if there is no consent, it is sexual assault."

Moss said one problem, especially with date rape, is that what a girl does through her actions may be different than their intentions. The easy way to avoid situations they don't want to be involved in is to simply say, "No."

"Persons who are victimized, and people around them, ask 'Why did you let that happen?'" Moss said. "We need to take the responsibility off of the victim. It is not her fault. Of course, men and boys can be victims, too. They need to know it is not their fault, and we are here to do what we need to do to help."

(See ABUSE, Page 2A)

MAY 27 1990

# Page Two

## News Digest World/National

**MOSCOW** - Boris Yeltsin, who wants more radical reform than Mikhail Gorbachev to rescue the flagging economy, gets a boost in his quest to become president of the Russian republic when the Gorbachev-backed candidate bows out.

**MOSCOW** - Mikhail S. Gorbachev says hundreds of thousands of Soviet troops in Germany won't go home and he will review his policies on European arms control and security negotiations if a reunited Germany joins NATO.

**KENNEBUNKPORT, Maine** - President Bush says he will use next week's summit with Soviet President Mikhail Gorbachev to make the case for keeping Germany in NATO.

**GENEVA** - PLO's Yasser Arafat asks the Security Council to send emergency force to Israeli-occupied lands and take other measures against Israel to halt a "war of extermination" against Arabs in the West Bank and Gaza Strip.

**BOGOTA** - In the final days of a long election campaign marred by bloody attacks by drug traffickers and guerrillas, a new wave of bombings and other attacks leave about 50 people dead or wounded.

**LOS ANGELES** - The government offered a reward to the people who brought a Mexican doctor to the United States to face charges in the slaying of an American drug agent, a prosecutor acknowledged. A witness in the trial said the government has paid out \$62,000 so far.

**OAKLAND, Calif.** - Federal agents are investigating a possible link between the bombing that injured two Earth First! organizers and recent explosions at a lumber mill and the sabotage of power lines near Santa Cruz.

**WASHINGTON** - The Navy and independent analysts will conduct new tests over the next two weeks in the hopes of determining exactly what caused the explosion aboard the USS Iowa that claimed 47 lives.

**NEW YORK** - Reform Judaism, one of the three major Jewish branches in the United States, is considering lifting age-old barriers against ordaining homosexuals as rabbis.

## Texas

**LIVINGSTON** - Sen. Lloyd Bentsen was scheduled to visit flood-ravaged Liberty County today as waters from the worst Texas flooding in decades began to recede.

**WASHINGTON** - Many of Texas' congressmen returned to the state for a week-long recess, but Rep. Martin Frost is leading a delegation to the capitals of three Eastern European countries.

**WACO** - Animal rights activists are disappointed only 12 people showed up to protest the planned poisoning of several hundred pigeons who have been bombarding aircraft hangars at Fort Hood with odoriferous ammunition.

**DENTON** - A United Methodist minister says she was disciplined for blessing the union of a lesbian couple and removed from her campus ministry at Texas Woman's University.

**FORT WORTH** - A Fort Worth teen-ager has been charged with beating and raping a 78-year-old woman less than two weeks after he was freed on bond in connection with the fondling of a 7-year-old girl.

## Bush wants new Germany in NATO

**KENNEBUNKPORT, Maine (AP)** - President Bush says he will use next week's summit with Soviet President Mikhail Gorbachev to make the case for keeping Germany in NATO.

The president, vacationing at his family compound at this oceanfront resort, late Friday night signed a \$4 billion spending package that includes \$720 million in emergency aid for Panama and Nicaragua.

The measure finally passed Congress in the wee hours Friday morning.

Bush signed it at 10:19 p.m. after an Air Force jet rushed it to Pease Air Force Base in New Hampshire and it was driven to his home here.

The president did so despite misgivings about what the White House regards as pork-barrel add-ons by Congress and concerns about restrictions on his ability to enter into international agreements affecting NATO.

In a statement, Bush said the \$720 million will help "restore peace and support the emerging democracies in Panama and Nicaragua." But he expressed "regret that the Congress has used this important legislation to enact many special interest provisions that are not in response to dire emergencies."

He also criticized Congress for cutting \$2 billion from defense programs to offset about half of the \$4 billion-plus cost of the spending bill.

"I gather he's in pretty strong control now, but facing enormous problems," Bush said in the interview Thursday. The White House released a transcript Friday.

"But it's not my role to figure out whether Gorbachev is having a problem with his right or his left. It's mine to deal with what's on the table. And what's on the table is a strong Soviet leader, clearly in charge, with whom we have a lot of business items," he said.

## Local Roundup

### Police arrest four

Four persons were arrested Friday by Hereford police, including a woman, 37, and a man, 59, for DWI; a man, 21, on warrants for failure to pay fines; and a man, 31, for disorderly conduct.

Offenses included a youngster stealing \$2 worth of candy; a domestic disturbance at Blue Water Gardens; a home was entered, but nothing taken, in the 200 block of Higgins; a woman in the 500 block of Mable reported that two solid wood doors and some picture frames were taken from her residence; an argument over a washing machine; harassing phone calls; two juveniles were trying to damage a boy's bike; violation of a restraining order in the 800 block of Blevins; three young girls knocked items from the shelves of a local convenience store while racing through the store; a family disturbance in the 300 block of West Second; a windshield shot with a BB gun, causing \$150 damage; and a portable generator, worth \$750, taken from a local store.

Police issued 11 citations on Friday. Volunteer firefighters responded to an accident six miles west and four miles north of Hereford, where a man was taken to Deaf Smith General Hospital for treatment of facial cuts and other injuries, a clothes dryer fire at 13th and Ave. B, and a gas meter knocked over by a car at Park Ave. and East U.S. Highway 60.

### Crimestoppers offers reward

Deaf Smith County Crimestoppers is offering a reward of up to \$300 for information about a burglary that occurred on May 7.

Suspects entered into a business by breaking out a large glass window. Several items and 16 new video movie tapes were stolen. Other items taken included a Skil jigsaw, a Skil drill, a Skil sander, an Emerson VCR, and Emerson television, a sharp stereo receiver and a sharp stereo cassette deck.

If you have information about this or any other crime, call the CLUE LINE at 364-2583. If your information leads to an arrest and indictment of suspects in the case, you could receive a reward of up to \$300.

All callers may remain anonymous by using a code name or number.

### Blood drive is Thursday

The Women's Division of the Deaf Smith County Chamber of Commerce will host a blood drive on Thursday from 4 to 8:30 p.m. at the Hereford Community Center.

According to Mildred Fuhrmann, local blood drive chairman, donors will be needed because of heavy use of blood supplies over the Memorial Day weekend.

### County to meet Tuesday

Deaf Smith County commissioners will meet at 9 a.m. Tuesday at the courthouse in Hereford.

The agenda includes the 1990-91 budget, advertising for bids to paint the courthouse, a board member for the San Jose Water District, and permission to cross a county road in Precinct 2 with a water line.

### Brand closed on Monday

The Hereford Brand offices will be closed Monday for the Memorial Day holiday, as will many other businesses.

Because the Brand will be closed Monday, deadlines will be adjusted for general news, classified and display advertising for this week.

Classified and display advertising for Tuesday's Brand and Wednesday's edition of the Reach 4 More will be 9 a.m. Tuesday. General news that normally has a Monday deadline should be brought to the brand by noon Tuesday.

The Brand wishes each of you a safe Memorial Day holiday.

## ABUSE

Date rape is one of many topics covered in community education, especially through the We Help Ourselves (WHO) program.

"We present school children this anti-victimization program that deals with primary prevention of all areas in which children of all ages are being hurt," Moss said. "It is concerned with things like child abuse, sexual assault and peer pressure." The WHO program is presented by trained, concerned volunteers.

More programs are planned to cover date rape. Persons interested in learning to present those programs can contact Moss at 364-7822.

Among children, 49 percent of the victims are boys. Studies show that girls are more apt to report sexual assault, whether it is an act of violence or touching.

Most teachers have learned to look for certain signs in children. Parents can look for those same signs, Moss said.

"They might see a sudden behavioral change, or the child becomes real 'clingy' to a friend or a teacher," Moss said. "There might be a change in attitude, or they might act in a way that is inappropriate for their age. They might have difficulty in sitting still, or complain of headaches or illness or a change in appetite. Any of these could be signs."

If there are signs, if there are problems, help is immediately

available. Most law enforcement officers have undergone the same training as volunteers for the Rape Crisis program. There are those volunteers, and the Child Protective Services division of the Texas Department of Human Services.

"One of the most important things to say, if it's a child or an adult, is that we're sorry that they are hurting," Moss said. "They need to know that they did not cause, did not provoke what happened. We often don't say often enough that we are sorry that they hurt."

## THE QUIZ

THE QUIZ IS PART OF THIS NEWSPAPER'S NEWSPIRE IN EDUCATION PROGRAM

### WORLDSCOPE

(10 points for each question, answered correctly)



1) President Ion Iliescu is seen here voting in the first democratic election in the nation of ? In 53 years, Iliescu's National Salvation Front won the elections in spite of the ties of many of its members to the nation's discredited communist regime.

2) After four days of negotiations, U.S. Secretary of State James Baker and his Soviet counterpart, ? announced progress in resolving all major obstacles to a strategic arms treaty.

3) Experts say the government of the African nation of ? may fall in the wake of three failed attempts to recapture the strategic port city of Massawa from the rebels who hold it.

4) Joseph Fama was recently found guilty of second degree murder in the killing of Yusuf Hawkins in the mostly white New York City neighborhood of ?

5) Recently announced research suggests that nonsmokers who live with smokers have a 20 percent greater chance or more of dying of (CHOOSE ONE) heart disease, stomach cancer) than do other nonsmokers.

### MATCHWORDS

(2 points for each correct match)

- |              |                |
|--------------|----------------|
| 1. salvation | a. hurdle      |
| 2. discredit | b. deliverance |
| 3. resolve   | c. censure     |
| 4. obstacle  | d. settle      |
| 5. curtail   | e. cut short   |

### PEOPLE/SPORTS

(5 points for each correct answer)

1) The record for highest amount paid to purchase a single painting was shattered when (CHOOSE ONE: Vincent van Gogh's, Pierre Renoir's) "Portrait of Dr. Gache" sold for \$82.5 million recently.

2) Defending champion (CHOOSE ONE: Emerson Fittipaldi, A.J. Foyt) won the pole position at this year's Indianapolis 500 race.

3) Monica Seles stunned Steffi Graf 6-4, 6-3 to win the German Open and end Graf's 66-match winning streak. TRUE OR FALSE: It was Seles' first win ever over Graf.

4) Summer Squall outraced Kentucky Derby winner ? to capture the Preakness by 2-1/4 lengths. a. Mister Frisky b. Unbridled c. Land Rush

5) Justice was served as the team with the worst record — the (CHOOSE ONE: Los Angeles Clippers, New Jersey Nets) — ended up with the first pick in the NBA draft lottery.



YOUR SCORE: 91 to 100 points — TOP SCORE!  
81 to 90 points — Excellent / 71 to 80 points — Good / 61 to 70 points — Fair  
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## ANSWERS TO THE QUIZ

Week of 5-28-90

WORLDSCOPE: 1-Romania; 2-Edward the vedardoz; 3-Ethiopia; 4-Romania; 5-head disease  
NEWSNAME: William Reinhardt  
SUPREME COURT CHIEF JUSTICE: Justice William Rehnquist  
MATCHWORDS: 1-b; 2-c; 3-d; 4-a; 5-e  
PEOPLE & SPORTS: 1-Vincent van Gogh's; 2-Emerson Fittipaldi; 3-TRUE; 4-b; 5-New Jersey Nets

## Obituaries

**M.J. SHELL**  
MAY 24, 1990

M.J. Shell, 70, of Salem, Ore. died Thursday, May 24, 1990.

Gravestone services were held Saturday at Bethany Cemetery in Silverton, Ore.

He was born Nov. 5, 1919. He served in the U.S. Army as a military policeman during World War II. He had worked for Frito Lay Company as a security guard and retired in June 1985. In 1987, he moved from Mahomet, Texas to Oregon.

Survivors include a daughter, Margaret Shell of Salem, Ore.; two sons, David Shell of Silverton, Ore., and James Shell; four brothers, Joe Shell and Pete Shell, both of Burnet, Fred Shell of Bertrum, and Shorty Shell of Florida; three sisters, Laura Greenfield of Snyder, Mattie Roe of Burnet, and Judy Ruid of Temple; and five grandchildren.

## HIGHTOWER

When we finally called their hand on it, they picked up their marbles and took a hike.

Hightower said the new agreement would cause added expense for shippers and consumers and create unneeded delays.

"And why? Because USDA is playing election-year politics," Hightower said. "They're obviously more interested in trying to make the Texas Department of Agriculture look bad in the eyes of the producers and shippers who rely upon the inspection service than they are in helping those individuals market their commodities. There is no other good explanation."

Hightower said allowing the Texas Citrus and Vegetable Association to be the federal designee to grade and certify citrus, fresh produce and peanuts is "about like EPA contracting with the Texas Chemical Council to assure consumers that pesticides are being safely used."

The Texas Chemical Council is just one of many groups that have been angry with Hightower over several decisions by him and his office in the past year.

The employees and functions of the inspection service, according to the Texas Citrus and Vegetable Association, will be virtually the same. There will be 48 full-time employees, with up to 200 inspectors during peak harvesting periods.

A new oversight council will be established to monitor the inspection service's activities. Hereford Mayor Wes Fisher, a partner in Barrett-Fisher Produce in Hereford, is one of vegetable industry representatives on the council. One citrus industry representative and two others from the vegetable industry were also appointed, as was the federal supervisor for the fruit and vegetable inspection program. Four persons from the peanut industry will be appointed.

"This council answers the industry's criticism that those who use the service never have had the opportunity to

monitor the internal operations of the program or guard against misappropriation of operating funds," said Jerry Walzel, newly-appointed state administrator of the inspection program.

"I am very confident that this new inspection service operating under a cooperative agreement with the federal government and the Texas Citrus and Vegetable Association will be run more professionally than it's ever been before," said State Sen. Bill Simms of San Angelo, chairman of the Senate Subcommittee on Agriculture.

"Our membership is now extremely confident in the inspection service," said Dwayne Bair, president of the Texas Citrus and Vegetable Association. "Now, with the new cooperative agreement creating an oversight council, it will be truly a non-political and a non-profit program. This is going to benefit not only the producers who pay for the service, but also the consumer by assuring them of a consistent flow of quality products at no additional inspection costs."

# Calendar of Events

## MONDAY

Memorial Day!

## TUESDAY

TOPS Chapter No. 576, Community Center, 9 a.m.  
Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.  
St. Thomas 12-step recovery program, open to the public, 7:30-8:30 p.m. For more information call the church office at 364-0146.  
Ladies Golf Association, City Golf Course, 5:45 p.m.  
Hereford Rebekah Lodge No. 228, IOOF Hall, 8 p.m.

Problem Pregnancy Center, 505 E. Park Ave., open Tuesday through Friday. Free and confidential pregnancy testing. Call 364-2027 or 364-7626 for appointment.  
Free women's exercise class, aerobics and floorwork, Community Church, 7:30 p.m.  
Hereford AMBUCS Club, Ranch House, noon.  
Social Security representative at

courthouse, 9:15 a.m. to 11:30 a.m.  
Kiwanis Club of Hereford-Golden K, Senior Citizens Center, noon.

## WEDNESDAY

Noon Lions Club, Community Center, noon.  
Young at heart program, YMCA, 9 a.m. until noon.  
Play school day nursery, 201 Country Club Drive, 9 a.m. until 4 p.m. Call 364-0040 for reservations.  
Al-Anon, 406 W. Fourth St., 5 p.m.

## THURSDAY

Ladies Golf Association, City Golf Course, 10 a.m.  
Blood Drive, Hereford Community Center, 4-8:30 p.m.

Ladies exercise class, First Baptist Church Family Life Center, 7:30 p.m.  
Immunizations against childhood diseases, Texas Department of Health office, 914 E. Park, 9-11:30 a.m. and 1-4 p.m.

Al-Anon, 406 W. Fourth St., 8 p.m.  
San Jose prayer group, 735 Brevard, 8 p.m.

Weight Watchers, Community Church, 6:30 p.m.  
Kids Day Out, First United Methodist Church, 9 a.m. until 4 p.m.  
Kiwanis Club, Community Center, noon.

TOPS Club No. 941, Community Center, 9 a.m.  
Amateur Radio Operators, north biology building of high school, 7:30 p.m.

Story hour at the library, 7:30 p.m.  
Hereford Toastmasters Club, Ranch House, 6:30 a.m.  
Merry Mixers Square Dance Club, Community Center, 8:30 p.m.

## FRIDAY

Kiwanis Whiteface Breakfast Club, Caisson House, 6:30 a.m.  
Community Duplicate Bridge Club, Community Center, 7:30 p.m.  
Hereford Senior Citizens governing board 2 p.m. and business

meeting 3 p.m. at Senior Citizens Center.

Patriarchs Militant and Ladies Auxiliary, IOOF Hall, 8 p.m.

## SATURDAY

AA, 406 W. Fourth St., 8 p.m. on Saturdays and 11 a.m. on Sundays.

## SUNDAY

Hereford High School graduation ceremony, Whiteface Stadium, 2 p.m.

## THE HEREFORD BRAND

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**Bride-elect honored**

A bridal shower was held for Tena Ann Butler, June 16 bride-elect of John Stoy, May 19 in the home of Mrs. G.D. Caison. Greeting guests with the honoree were, from left, Mrs. Caison; Mary Stoy, mother of the prospective bridegroom; and Mrs. Carl Butler, the bride-elect's mother.

**Bridal shower held for Tena Ann Butler**

Tena Ann Butler, June 16 bride-elect of John Stoy, was honored with a morning bridal shower May 19 in the home of Mrs. G.D. Caison.

Welcoming guests with Miss Butler were Mrs. Caison; the prospective bridegroom's mother, Mrs. Art Stoy; and the honoree's mother, Mrs. Carl Butler.

The honoree's niece, Cortney Butler, invited guests to register.

Cathy Guseman and Mary Stoy Johnson, the prospective bridegroom's sister, served refreshments of fruit, sausage balls,

cinnamon rolls and coffee from a table centered with a coral, pink and white rosebud floral arrangement.

Hostesses presented Miss Butler with a Deluxe Sunbeam Mixer. They included Jeannie Caison, Ruth Newsom, Joan Yarbrow, Cathy Guseman, Sandy Walden, Dee Anne Trotter, Leona Kimball, Karen Payne, Margaret Bell, Rosalce McGowen, Virginia Winget, Jean Ballard, Jerry Jackson, Margaret Godwin, Elizabeth Cesar, Mary Panciera, Carmen Angel, Mildred Garrison, Nadine Hill and Helen Higgins.

**May council meeting held**

The Deaf Smith County Extension Homemakers Council met in regular session with Chairman Maudette Smith presiding.

The opening exercises were presented by the Ford E.H. Club and a poem entitled "Someone Did A Number On Us" was read by Dolores Brorman.

Seven clubs were represented and four with 100 percent representation. The minutes were read by Sherrie Blackwell, secretary. Byrdie Fellers, council chairman, gave the treasurer report. Fellers, finance chairman, reported on what council had done at the '89 Jubilee booth and the quilt sales. Kate Bradley, yearbook chairman, asked for suggestions for the '91 yearbook. Brorman, recreation chairman, reported that Westway Club will host August council. Mariellen Homefeld, education chairman, asked members to start on 91s cultural arts entries. Semiannual reports were given by each club's president. Some of the educational programs presented throughout the year were Who's Minding Your World by Beverly Harder, 4-H method demonstrations, shear and snip, communications, and dyslexia.

Harder reported numerous reports of appreciation from the district in regards to the Deaf Smith County District meeting held in Hereford. Harder reported that entries for the Tri State Fair are due Sept. 13-15, and that 14 4-H'ers and eight sponsors will be going to the State Round Up at College Station. Anyone needing

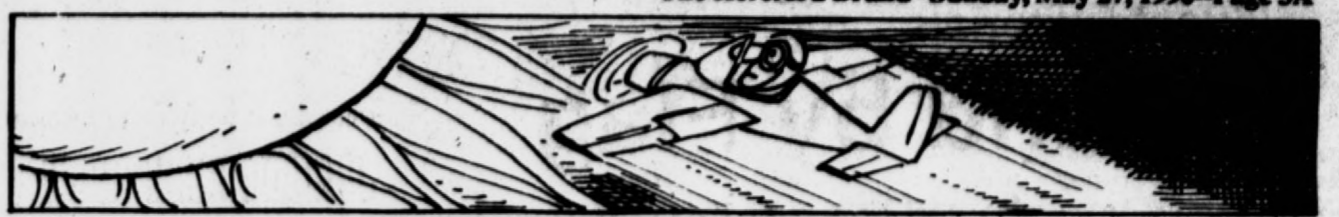
a program for the summer may contact 4-H for the method demonstrations.

Arrangements are being made for a paper twist doll workshop to be held in the coming weeks. The workshop is the same offered at the homemaker's college. Council voted to have a float in the Jubilee parade this year instead of a booth. Johnnie Messer will chair the committee. Virgie Duncan quilted a king size quilt for council and Erlene West from Dimmitt was the winner of the quilt.

Johnnie Messer reported on the TEHA stating that different tours will be offered at the state meeting in Amarillo in October. The tours will consist of the Panhandle Plains Museum, Palo Duro Canyon, XIT winery, Old San Jacinto, Ronald McDonald House, and the Discovery Center. Registration should be sent to the chairman before Sept. 3. More information on the state meeting will be sent to the clubs as it is received.

A TEHA meeting followed with Messer elected as TEHA chairman for 1991. Page volunteers for the state meeting were informed aprons would cost \$11 and would be kept by the purchaser. Delegates representing Deaf Smith at the state meeting will be Messer, Smith, and Marcie Ginn. Alternates are Edith Higgins, Wilma Gotch, and Kate Bradley.

Tabasco Sauce is named for the state of Tabasco in southeastern Mexico.



A person traveling the 93 million miles to the sun would take 21 years if flying at 500 miles per hour.



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*Memorial Day*

Monday, May 28, 1990

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The simplest multi-use eyeglass is the bifocal which allows you to see at both distance and near. With or without a dividing line in the lens, the viewer must make an abrupt change to shift focus. The same abrupt change is necessitated by the trifocal, which also has a segment for intermediate viewing. The newer progressive lenses, however, allow a person to shift focus from near to intermediate to distant ranges in a gradual way without abrupt focusing changes or the need to ignore line segments.

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# Stand by Flag

BY MILES S. EPLING

National Commander, The American Legion

Whenever I am in Washington, D.C., I go to the Vietnam Veterans Memorial to spend a few moments with my buddies. During that quiet time near dawn, I remember each of them as they were. As I touch each name on the Wall, I can still see their faces and hear their voices. We were so young, so full of life. Death had not touched us, and we bore no scars of battle.

Dying was a concept as abstract as patriotism, yet each of us--as had the generation before us--soon came to understand the meaning of both. Those of us who eventually made it home had left our youth in Vietnam, but we returned with a commitment to our friends who will be forever young.

Our commitment is not to memory alone, but also to the ideals and values they died believing in. I'm not ashamed to admit it: Our flag, to me, is the living symbol of all those things, good and true, that my buddies laid down their lives for. In life, they respected and loved what it stands for.

And in death, it draped their caskets in honored glory, and in memory of who they were, what they did, and why they did it.

When someone burns that flag, or spits on it, or tramples it, then he is desecrating not just the flag, but also the memory of those brave men and women. To accord such repugnant acts of disrespect and defiance constitutional protection based on some legal interpretation of "free speech" defies logic and must not be permitted to continue.

"We, the people" have the right and the obligation to protect our flag by adopting a narrowly drawn constitutional amendment which will settle this issue once and for all. Statutes which existed prior to Texas vs. Johnson have been overturned. Congress' attempt to draft new flag-protection legislation now faces the constitutional challenge we predicted it would.

The only sure course is the one that made the most sense from the beginning: Amend the Constitution.

Our flag deserves this protection. It is the torch the poet spoke of that we the living must hold high and pass on to future generations. We have a commitment to those who are no longer with us, as well to those who will follow us, to Stand By Our Flag.

## Ready for shaft?

BY JAMES ROBERTS  
Andrews County News

Perhaps we're getting cynical in our old age but we've got a sneaking hunch that under the guise of "school reform", the taxpayers of this state are fixing to get shafted.

With our legislators passing the same school reform bill and Gov. Clements prepared to veto it again, the fate of school districts in Texas very well may wind up in the hands of the special master appointed by the district court judge in Austin.

And putting the fate of school reform in the hands of former Supreme Court Justice William Kilgarlin is like putting a coyote in charge of the chicken coop. Kilgarlin is a bosom buddy to Justice Oscar Mauzy and Lloyd Doggett, two liberal Democrats who have openly called for new state taxes. All three men are two miles further left, politically, than Ted Kennedy.

And Kilgarlin has already been quoted in an Austin newspaper as claiming that he has the authority to take property tax money from school districts like Andrews and give it to poorer school districts.

He also claims that as special master, he has the authority to combine counties into regional tax bases to pay for schools. On record as favoring a state income tax, Kilgarlin, if he truly has such powers, could wind up making that federal judge over at Tyler seem like a minor penny-ante poker player playing for kitchen matches.

With Lt. Gov. Hobby, Mauzy, Doggett and Kilgarlin calling the shots, we could wind up with new property taxes, an income tax, new sin taxes--all under the guise of school reform--that in essence could boost state spending not only for education equalization but hefty budget increases in a wide range of social services.

And the Houston delegation in the Senate and House have enough votes to make sure Houston schools are untouched by the resulting upheaval.

We've often thought that secession of West Texas into a separate state might be necessary to protect us from the heavy hand of Washington. Now, it may become necessary to shield us from the fist from Austin.

## Letters to the Editor

Dear editor,

I would like to recognize and thank the churches who participated in the Mother's Day Rose Benefit for the Hereford Problem Pregnancy Center. Due to their overwhelming generosity and commitment over \$1,400 was raised to assist the center in its programs.

It makes me extremely proud to live in a community that so readily supports the high ideals that serve as the center's directive, the right to life for each of us. We thank the church of the Nazarene, St. Anthony's Church, Community Church, First Christian Church, St. Teresa's Church of Friona and Palo Duro Baptist Church.

God bless you for your kindness and your fortitude.

Michelle Brisendine

Dear editor,

We just want to say thanks to Hereford State Bank, First National Bank, the Hereford Texas Federal Credit Union and Ike Stevens for purchasing enough of the books, Casey Wayne, to give one to each graduating senior. As usual, the proceeds will go into the Casey Smith Memorial Scholarship Fund, which continues to grow each year.

This year we gave a \$1,000 scholarship each to Jim Eric Andrews and Cande Robbins. It is our intention to give two, \$1,000, scholarships each year; one to a football player, the other to a female athlete. We will

increase the number of scholarships as the funds continue to grow.

It is only due to the love of God and the support of this community that this can be accomplished.

Thanks once again and may God bless this community.

Dorman, Eloise  
and Shanda Smith  
Casey Smith Memorial  
Scholarship Fund Committee

(EDITOR'S NOTE: Following is a copy of a letter from Hereford Mayor Wes Fisher to the Mayor of Clovis, James Moss):

Dear Mayor Moss:

The people of Hereford have been shocked and saddened to hear of the recent death of young Matthew Roberts. We share in the grief of both the Roberts family and the people of Clovis, as Matthew's untimely death has touched the lives of us all.

When the young man was still missing, we shared in your hopes and prayers that he would be found and that it would all culminate in a happy resolution. We were disappointed and saddened that this was not the case.

Please convey our deepest sympathy to both the Roberts family and the people of Clovis and I want you to know that they are in our thoughts and prayers.

Sincerely,  
Wesley S. Fisher  
Mayor

# Viewpoint

## On your payroll

Lloyd Bentsen, U.S. Senate, Washington, DC 20510. (202) 224-5922. Dallas office: (214) 767-0577.

Phil Gramm, U.S. Senate, Washington, DC 20510. (202) 224-2934. Lubbock office: (806) 743-7533.

Larry Combest, U.S. House of Representatives, Washington, DC 20515. (202) 225-4005. Lubbock office: (806) 763-1611.

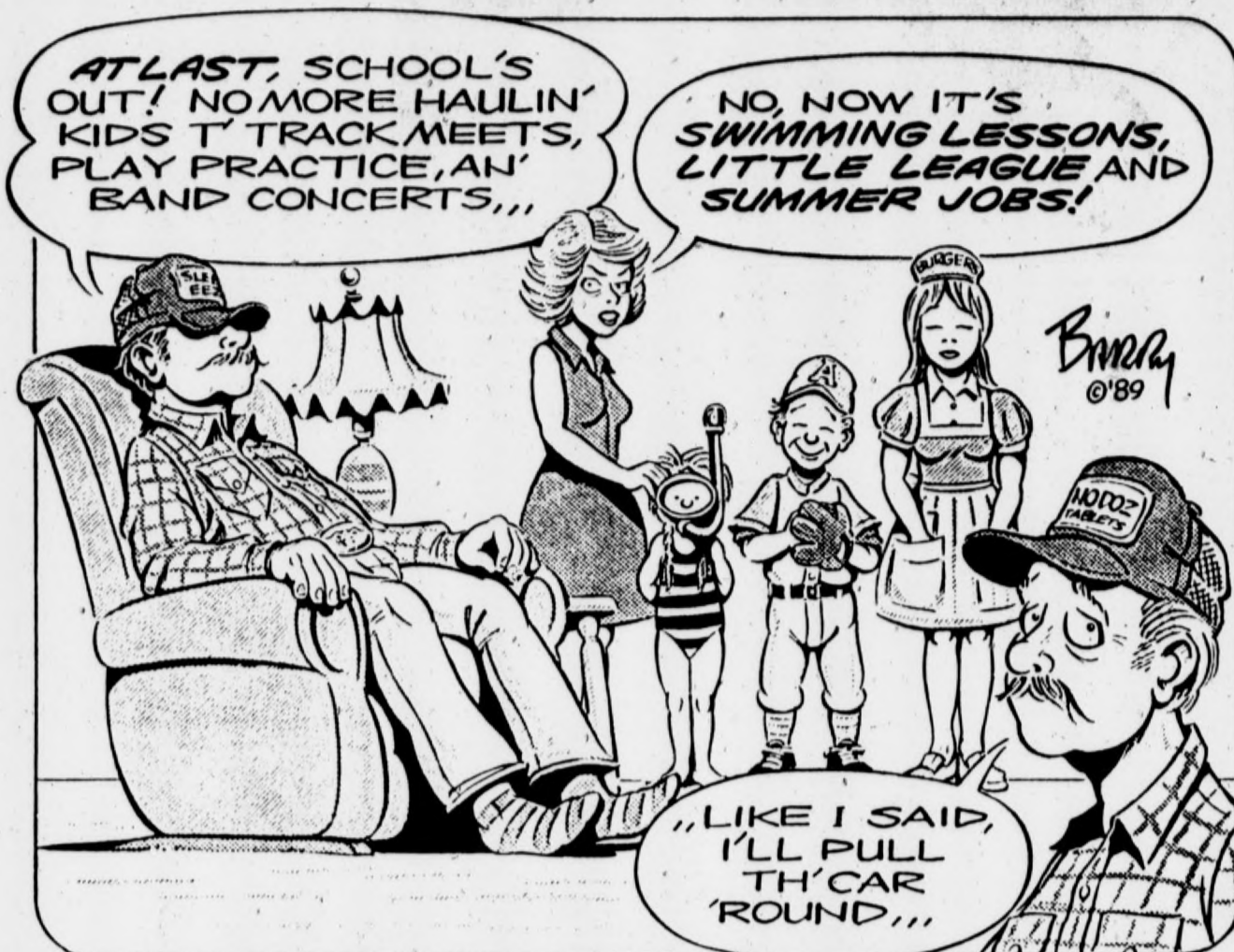
Bill Sarplius, U.S. Rep. Dist. 13, (202) 225-3706.

State Sen. Teel Bivins State Capitol, Austin, TX 78769. (512) 463-0131.

State Rep. John Smither, State Capitol, Box 2910, Austin, TX 78769. (512) 463-0702. Amarillo office: PO Box 12036, Amarillo, 79101. 372-3327.



1989



## Editorials from around the State

Here is a sampling of editorial opinion from Texas newspapers:

### System Abuse: Limit to Death-Sentence Appeals Needed

Chief Justice William Rehnquist has renewed his appeal for changes in the way death sentences are reviewed in the federal courts. Rehnquist is not passing judgment on the death penalty itself, but rather on the way that the system is misused in dragging out executions with serial appeals.

As if to demonstrate his point, within days Texas, Missouri and Louisiana have carried out executions for crimes that dated back as far as 1977. Johnny Ray Anderson died in Texas for a murder committed in 1981. Leonard Laws died in Missouri for a 1980 murder. And Dalton Prejean was executed in Louisiana for killing a state trooper in 1977.

All had their days - and years - in court. Rehnquist is right. If we are to have a death penalty - something upheld by the Supreme Court if it meets Eighth Amendment dictates about cruel and unusual punishment - it should not mean execution after eight or 10 years of imprisonment.

His remedy is embodied in a bill that ... would limit Death Row inmates to one habeas corpus petition in the federal courts, after full review in the state courts. The limitation on federal appeals would apply only in states that provide free legal counsel to inmates.

The issue, again, is not whether or not to have a death penalty. The issue is establishment of an orderly process that might either uphold or deny the inmate's appeal on constitutional grounds, but in any event will not leave the inmate and the state dangling for years and years.

- Fort Worth Star-Telegram, May 21

### Save Wetlands, But Be Realistic

Preserving wetlands is crucial to the health of the environment, and President Bush was right to endorse a policy of "no net loss of wetlands" as a federal goal. But like so many absolutist pronouncements, this policy must be enforced with care.

At the moment, there's some evidence it hasn't been. The Justice Department has stepped up enforcement of the wetlands provision of the Clean Water Act.

In one case a Hungarian immigrant and mechanic, John Poszgai, was sentenced to three years in jail for cleaning up a 14-acre dump site he owned near his home. ...

Other cases abound. A family in Colorado is now facing EPA-imposed fines of \$25,000 a day for building a levee on their property to protect it from flooding caused by another levee built upstream.

Such cases trigger the Constitution's "takings" provisions, which prohibit the taking of private property without just compensation.

"Property rights" has an archaic - some would say reactionary - ring to it. But such rights are the cornerstone of our traditions of common law and individual liberty. They deserve protection, even in the face of so commendable a policy as "no net loss of wetlands."

- San Antonio Express-News, May 21

### A Mars Mission

The timetable is long and the cost is vast, and so there are those who question the wisdom of President Bush's newly set goal of sending a manned expedition to Mars by the year 2019.

At a time when the executive and legislative branches are engaged in negotiations aimed at getting a measure of control over the runaway

increases in the national debt, it seems the height of folly to these critics of committing the nation to a monumental interplanetary journey with a price tag of \$500 billion. ...

The challenges that must be met in mounting such a mission, then, are truly formidable. But time and again, scientists have overcome obstacles to the expansion of knowledge and technology that were deemed equally formidable - and in doing so produced countless benefits to society. Meeting the scientific challenges that stand in the way of a Mars mission are sure to do the same.

- The Victoria Advocate, May 18

### Nicaragua Needs Help

While Nicaragua "burns," Congress and the administration haggle over aid desperately needed to stave off an unraveling of the U.S.-backed Violeta Chomorro government.

Organization of American States efforts at peaceful resettlement of 14,000 contras are stalled for lack of fuel, communications and a dwindling food supply. This is blamed on a general strike, now winding down after Chomorro promised massive pay increases.

Bush asked Congress for \$300 million for Nicaragua, but Democrats and conservative Republicans attached so many domestic spending amendments to the bill that Bush threatens a veto. He also denied a Chomorro request for a \$40 million loan because Nicaragua has no visible way of paying it back.

Bush now has ordered that \$1 million to \$1.5 million be taken from aid programs for other countries and sent immediately to provide food for the contra camps.

This type of "fulfilling" is not satisfactory. Bush appears to understand the critical situation in Nicaragua better than the Congress.

- El Paso Times, May 18

### School Bill Veto No Good for Texas

The school children and people of Texas will be best served if legislative leaders and Gov. Bill Clements can reach a compromise on a school-finance bill. The veto that Clements has been threatening most likely will result in a court-appointed master making decisions that should be made by elected representatives of the people.

If the governor goes ahead with his veto, the Legislature should override it in quick order so Texas can get on with straightening out its school-finance dilemma.

The governor's heart may be in the right place in opposing the amount of new taxes contained in the school-finance bill, but he is being unrealistic. The poor school districts of Texas have sued the state for more money, and they have won their lawsuit - in the Texas Supreme Court.

The money to assure every child in Texas public schools equal educational opportunities is going to have to come from somewhere. The Legislature's decision to add a half-cent to the state sales tax is not the best of ideas, but the governor has not come up with anything better. ...

If the people of Texas disagree with the funding solution the Legislature intends to enact, they have the privilege of expressing themselves at the ballot box at the next election. ...

- Waco Tribune Herald, May 21

## An AP News Analysis

# It used to be lonelier at the top

By WALTER R. MEARS  
AP Special Correspondent

WASHINGTON (AP) - It used to be lonelier at the top. The summit is so heavily booked for meetings these days that even President Bush has had trouble keeping the schedule straight.

There are four summit meetings, one domestic, three international, on the Bush agenda for the next six weeks. Sometimes they blur a bit. But if this is London, it must be NATO. Houston means it's economic. Washington has the budget summit, which will drag for weeks.

And the big one: Bush and Soviet President Mikhail S. Gorbachev, whose four-day summit conference begins in a week.

In advance of the Gorbachev long before the Berlin Wall came summit, Bush has met individually with the leaders of western allies. Ronald Reagan met Gorbachev in Conferring with Chancellor Helmut Reykjavik, Iceland, in 1986, for what Kohl of West Germany at the White was to have been a warmup for an House last week, Bush was reminded arms control summit, they wound up that the Gorbachev meetings end June 3.

"We go off to NATO the next day, over the U.S. strategic space defense don't we?" the president said.

"Nein, nein, nein," corrected Kohl, who also will be at the NATO diplomats wary of unstructured

meetings between their bosses. Bush and Gorbachev held one at Malta, in the Mediterranean, last December. Bush proposed it as an informal, feet-up session at which they could get acquainted and make sure no messages were missed amid the changes sweeping eastern Europe. But he took along a detailed agenda of arms control items he wanted negotiated in preparation for the real summit, now coming up.

"Summits take on a definition, an expectation of grand design and grand agreements," Bush said before the Malta meeting. This time there are agreements ready to meet that expectation, one to ban most chemical weapons, two treaties strengthening limits on nuclear tests.

The biggest deal, cutting strategic nuclear weapons, isn't finished, although an administration official said Bush and Gorbachev should be able to announce "substantive agreement on major START issues."

A strategic arms reduction treaty will take more negotiation; final terms could be signed at another summit meeting in Moscow late in the year.

Nor has there been the pace and progress Bush sought in negotiations for the reduction of conventional Soviet and U.S. forces in Europe. Bush said he still hopes an agreement to cut troops and conventional weapons can be signed before the end of the year. That would be a 35-nation agreement, and some summit.

Overall, Bush said Tuesday, preparatory talks on arms accords went well, "clearing the way for what I hope will be the highly successful meeting with Mr. Gorbachev."

Successful outcomes are more elusive for the summit meetings Bush has been calling to deal with problems at home. His education summit with the governors, and the drug summit in Colombia produced promises and plans for action, but real results will be a long time coming. The current budget summit can succeed only with a clear and workable agreement to cut the federal deficit.

When world leaders meet at the summit, they usually part with mutual congratulations on the success of their talks. The perception of success equals success. And the scoring system assures the outcome.

# Coronado, Mendiola united in marriage



MRS. RAFAEL MENDIOLA  
...Melanie Yvonne Coronado

Wedding vows were exchanged by Melanie Yvonne Coronado and Rafael Mendiola, both of Hereford, Saturday afternoon in St. Anthony's Catholic Church in Hereford.

The marriage ceremony was officiated by Father Dick Scully of the church.

The bride is the daughter of Mr. and Mrs. Noe Coronado and the bridegroom is the son of Mr. and Mrs. Manuel Mendiola Sr., all of Hereford.

The church altar was decorated with two spiral candelabra containing 30 white paradise candles with two bouquets at each side of the altar. Peach and teal bows adorned the pews.

Criselda Frausto served as matron of honor and Ruben Coronado was best man. Groomsmen were Augustine Coronado and Bobby Moreno.

Bridesmaids were Lisa Gutierrez and Teresa Castillo.

Guests were escorted by Fred Melendrez and Sam Lopez Jr.

Scripture readers were the bride's sister, Cathy Coronado, and Eneledia Rodriguez.

The groom's nieces, Mirium Bedolla, daughter of Mr. and Mrs. Bedolla, and Aecila Soto, daughter of Mr. and Mrs. Camilo Soto, served as flower girls. Joshua Coronado, the bride's nephew, son of Sandra Coronado, served as ring bearer. Candle lighters were Fred Melendrez and Sam Lopez Jr.

Vocalists, Mr. and Mrs. Rudy Ramirez and Raul Guerrero, sang to taped background music.

During the ceremony, the bride wore the traditional white satin gown encrusted with miniature pearls and beads and adorned with floral lace appliques. It was fashioned with a lace wedding ring collar, fitted bodice, natural waistline and a

straight formal-length skirt. The long, fitted satin and lace sleeves were designed with puffs at the shoulders, formed by layers of organza ruffles, and then extended gently over the wrists.

The chapel-length train, consisting of seven tiers of organza flounces, was attached to the back of the gown by a large satin bow.

The bride wore a silk hat trimmed with lily shaped ruffles outlined with pearls and beads. She carried a bouquet trimmed with peach and teal ribbons, pearls, heart-shaped beads, white roses mixed with small peach roses, lace and baby's breath.

The bride's jewelry consisted of diamond earrings.

The bridesmaids wore silky peach tea-length mermaid fitted dresses trimmed with bouffant sleeves. They carried a bouquet of grouped carnations embedded with small peach roses and baby's breath trimmed with peach and teal ribbons. The maid of honor wore silky teal

tea-length dress with pouffant sleeves and a bow in the back. She carried a bouquet of grouped white carnations embedded with small peach roses, baby's breath, and trimmed with peach and teal ribbons.

The groom's brother, Pedro Mendiola, and Elizabeth Martinez invited guests to register at the reception held at the Knights of Columbus Hall.

Cake, tea and coffee were served by Tonya Barnett.

The bride's three-tiered wedding cake, with staircase tiers from each side, was decorated with peach roses and teal leaves.

The bride, a 1988 graduate of Hereford High School, is attending West Texas State University and is employed by Long John Silvers.

The groom is a 1988 HHS graduate and is currently employed by Coast to Coast.

Out of town guests included Mr. and Mrs. Jessie Romo of Houston, Sylvia Barnett of Lubbock, and others from Amarillo.

## Military Muster

Navy Seaman Recruit Jayson A. Parks, a 1988 graduate of Hereford High School of Hereford, has completed recruit training at Recruit Training Command, Orlando, Fla.

During Park's eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

His studies included seamanship, close order drill, Naval history and first aid. Personnel who complete this course of instruction are eligible for three hours of college credit in Physical Education and Hygiene.

Sir Isaac Newton, one of the most important figures in the history of science, was born in 1642 in England.

## PRE-NEED FUNERAL COUNSELING

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## Running for fitness

It began as a craze in the 1970s, and continues today as one of the most popular ways to get in shape—running for fitness.

According to the National Sporting Goods Association, 25 million men and women were running or jogging for fitness in 1987, the latest sports participation statistics. They run for health, tension release, improved performance in sports and other activities, and enjoyment.

To get the most fitness benefits from running (or jogging, which is basically running at a slower speed), it is wise to follow some basic guidelines. This will help prevent injury and keep you on the road longer.

If you are new to running, check with your physician first. You may want to get a fitness evaluation to assess your starting level. While no one can tell you exactly how far to go at the beginning, a rule of thumb is to begin with a warmup and then walk briskly until you are moving easily and comfortably.

Then, run at a comfortable pace until you feel a little fatigued. Switch to walking and then run when you feel ready again. Repeat this cycle for 20 minutes. Try this every other day until you are running continuously for 20 minutes.

The intensity should remain fairly constant over the 20 minutes, as your heart and breathing rates increase. After four to six weeks, if you practice three to four times per week, you should be running consistently for 20 minutes. (Older people may take longer to reach that point.)

Then you can start adding on time to a total of 40 minutes. For aerobic benefits to take place, a 20-40 minute workout is recommended.

As mentioned before, a warmup should always be included. A proper warmup includes low level movements (i.e., knee lifts, walking in place, arm circles) combined with stretching for three to five minutes before starting on your run. This helps get your body ready for more

intense activity.

It's also important to gradually cool down when you are done. Finish your run by easing into a

slow walk and then continue walking until you feel that your heart and breathing rates are approaching your resting level. Then finish with some stretching exercises.

Running is a fairly inexpensive way to get in shape. About all that is necessary is a good, well-constructed and comfortable pair of running shoes and comfortable clothing. Training shoes with heavy, cushioned soles and arch supports are preferable to flimsy sneakers.

As for running style, run in an upright position, keeping your head up and your back straight. Carry your arms slightly away from your body with your elbows slightly bent. Occasionally shake and relax your arms to prevent tightness in the shoulders.

Land on your heel and rock forward to drive off the ball of your foot. Keep your stride relatively short and breathe with your mouth open.

Listen to your body when you run. If you develop pain, or any other unusual symptom, slow down or gradually stop. If the problem persists, see your physician before running again.

Running is a great endurance exercise but it is not a total conditioning program. Include flexibility and muscular strength and endurance exercise on a regular basis to give your fitness regimen proper balance and make you better prepared for running.

In the year 1880 the population of the United States was 50,155,783.

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# Sports

## LPGA finally gets its own Skins Game

FRISCO, Texas (AP) - It took seven years, but the ladies finally got their own Skins Game.

"I don't know why it took so long," Jan Stephenson said before teeing off today in the two-day, 18-hole, made-for-television event. "I've been talking about it and asking about it for years," she said, and gave a shrug. "I guess they just now got around to it."

Nancy Lopez offered a different reason.

"We always seem to follow the men," said Lopez, a Hall of Fame member and the female Player of the Decade.

And following the men, she suggested, is one of the problems facing the LPGA.

Over the last few years, the LPGA has lost sponsors - some to the growing popularity of the PGA Senior Tour - had some tournament purses slashed at the last moment and seen others quietly canceled.

"Part of it is the media's fault," Lopez said. "They're always comparing us to the men. We aren't men. We aren't as strong as men."

"We're women. God made me a woman. That is my role in life. You can't compare us with men."

And the role as a woman athlete is not easy.

"We have to play two roles," she said. "On the course, we're mean and hard."

"We put that aside when we leave the course. Then we become feminine. We're wives and mothers."

"A man is always a man. He plays one role, on the course or off. We have to go from one to the other."

"I don't want the man's role. He is strong, the protector. I want my husband's strength, I want to be protected."

"I don't want to compete with him. And I don't think it's fair for us to be compared with men."

Another problem, she said, is in the area of marketing.

"We don't need the bathing-suit thing, the sex," Lopez said of proposals that LPGA stars pose for pin-up type photographs.

"We can be athletes and be ladies, too," she said.

"I think more of our marketing should be directed toward women, towards getting more women interested in golf and in our tour."

"The game is growing enormously. More and more women are becoming interested in golf. More and more women are playing golf."

"I don't mean this in a women's-lib, or in a confrontational sort of way. But there's a growing female audience out there."

"That's the audience we should be trying to attract," said Lopez, generally regarded as one of the LPGA's most influential players as well as its best attraction.

She will join Stephenson, JoAnne Carner and Betsy King in the initial LPGA Skins Game. And, in line with her "attract the women" approach, she found it appropriate the event is sponsored by JC Penney.

"Do you know how much time women spend in JC Penney's?" she asked.

The format will be the same one that proved so popular when Arnold Palmer, Gary Player, Jack Nicklaus and Tom Watson first introduced it on television in 1983.

Each hole is a competition in itself, with a set prize: \$15,000 for each of the first six holes, \$25,000 for the next six and \$35,000 for the final six. If two or more players tie for the low score on a hole, the prize money is carried forward until there is a clear-cut winner.

Nine holes will be played Saturday and another nine Sunday at the Stonebriar Country Club in the northern suburbs of Dallas.

The event will be televised nationally by NBC.



### Taking a rip

A batter for the Yankees lets fly during Friday's Kid's Inc. majors baseball action. No games are scheduled for Monday in observance of Memorial Day.

## Ranger farmhand tears it up in Texas League

MIDLAND (AP) - While the Texas Rangers flounder, near the cellar in the American League West, the shortstop for their Class AA minor league farm club is tearing up the Texas League.

Monty Fariss feasted all week on the pitching of the Midland Angels. Going into Saturday's final day of the 5-game series in Midland, the former Oklahoma State University star had left a trail of devastation.

Fariss has been tattooing Angel pitching all week, and Friday was just another day at the plate for the former Oklahoma State University star. His solo home run in the eighth inning provided the go-ahead blow in an 11-9 Driller win.

## YMCA schedules TAC track and field meet

The Hereford YMCA has scheduled a TAC Junior Olympic track and field meet for June 16 at Whiteface stadium.

The meet, which will be sanctioned by the West Texas Association of The Athletics Congress, is open to anyone registered for the 1990 season.

The meet is scheduled to begin with field events at 9 a.m. with running preliminaries set to start at 10 a.m. Running finals will begin at 2 p.m.

Fariss had 10 hits in 18 trips to the plate, a batting average of .556 for the week. Fariss had two triples and two home runs against the Angels while raising his batting average 32 points to .346.

He is sixth in the Texas League batting race and is pushing Midland's Steve DeAngelis for the fifth spot, though DeAngelis stayed ahead of Fariss with a 2-for-4 night.

Fariss said he is a little surprised at his batting success in Midland, after the two teams played a succession of one-run games in Tulsa. "A week ago, they came to Tulsa and played a bunch of 2-1, 2-0 games," Fariss said. "But I'm just seeing the ball good."

Entry fees are \$3 per person for the first event and \$2 for each additional event. Athletes participating in the Bantam (10 years old and under) and Midget (11-12 years old) are limited to three events. Participants in other divisions are limited to four events. The YMCA is also seeking volunteers to help conduct the meet. Workers will be needed to help with field events, timing, clerking, starting and other activities. For more information about the meet, contact the YMCA at 364-6990.

## YMCA offers swim class

The Hereford YMCA will conduct beginning swim lessons for ages two and up beginning June 4.

Two class periods will be conducted with the first session starting at 7 p.m. and the second at 7:30 p.m. The classes will meet on Monday, Tuesday, Thursday and Friday evenings and run for two weeks.

Classes must have at least four participants. Registration will be limited to six students per class.

Fees for the lessons are \$20 for YMCA members and \$30 for non-members. The classes will be taught by Regina Kester.

For more information, contact the YMCA at 364-6990.

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## Openings remain for Hereford Partnership golf

About 20 openings are still available for the Hereford Partnership scheduled for Saturday and Sunday at Pitman Municipal Golf Course, according to Pitman Head Pro Brent Warner.

Entry fee for the tournament is \$90 per team plus cart and green fees. Deadline for entries is noon Friday.

The entry fee includes dinner at 7 p.m. Saturday at Hereford Country Club. Additional tickets for the dinner may be purchased for \$10 each.

The tournament will be played under a two-man lowball format and consist of eight flights of 10 teams each. Play will get underway with

shotgun starts at 9 a.m. and 2 p.m. both days.

Payoff for the tournament will be \$800 per flight, based on all flights being filled. First place in each flight will be worth \$400 with second place earning \$240 and third \$160.

For more information or to enter, contact Warner at 364-2782.

### PITMAN GC SCHEDULE

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Wednesday--Pizza Hut Scramble, 5:30 p.m.  
Saturday--Two-Man Lowball, first round.  
Sunday--Two-Man Lowball, second round.

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# Twins darn Red Sox; O's fly past Rangers

**By The Associated Press**  
You win some big and you lose some big.  
The Minnesota Twins are making a habit of playing rouls. They lost 13-1, 10-2 and 12-0 in the last week. Tired of being the patsies, the Twins tied season highs for runs and hits Friday night in a 16-0 romp past the Boston Red Sox.

Kirby Puckett had two of the team's 19 hits, knocking in three runs and scoring three. Shane Mack came on in the sixth inning - when Puckett left - and added two triples to the all-out assault on five pitchers, including Red Sox outfielder Danny Heep.  
"It's just one game," said Puckett,

who had a double and a triple. "I'm sure Boston isn't losing any sleep over it. We didn't. Nothing is planned. Every team does it and every team has it happen to them."  
The Twins had it happen to them when Boston won 13-1, Baltimore beat them 10-2 and New York was a 12-0 winner.

This time, it was Minnesota's turn. Also having a great night Friday were Oakland, Toronto, California, Baltimore, New York and Detroit.  
The Athletics took Cleveland 5-2; the Blue Jays downed Seattle 3-1 in 11 innings; the Angels nipped Milwaukee 5-4 in 13; the Orioles routed Texas 12-2; the Yankees beat Kansas City 6-3; and the Tigers edged Chicago 2-1.

**Athletics 5, Indians 2**  
At Oakland, the main Bash Brothers were at their best. Mark McGwire had a solo home run and an RBI single and Jose Canseco hit his major-league leading 18th homer.

Rickey Henderson moved within one steal of Ty Cobb's 62-year-old American League career stolen base record of 892 with his 20th of the season in the fifth inning. He was thrown out at second in the third inning by Sandy Alomar, then stole third after doubling in the fifth.

**Blue Jays 3, Mariners 1, 11 innings**  
At Seattle, Fred McGriff's two-run homer in the 11th inning snapped a four-game losing streak. George Bell led off with an infield single off Bill

Swift (2-2). McGriff followed with his seventh home run of the season.  
Jim Aker (1-1) pitched 1 1-3 innings for the victory and Tom Henke got the final two outs for his fifth save.

**Angels 5, Brewers 4, 13 innings**  
The host Angels won for the third straight time in their final at-bat. They got lots of help.

Devon White doubled with one out in the 13th and scored on a botched pickoff attempt by Tony Fossas. After White's third hit of the game, Fossas intentionally walked Dante Bichette. Then, with Wally Joyner up, Fossas tried to catch White off second, but his throw went into center field.

Dave Winfield hit his 361st homer, tying him with Joe DiMaggio at 35th

on the all-time list. Atlanta's Dale Murphy also tied DiMaggio Friday night.

**Yankees 6, Royals 3**  
At Kansas City, the Royals self-destructed once again, dropping their record to 15-25, worst in the AL. Jesse Barfield's check-swing double drove in three runs in the first inning and shoddy fielding by the Royals also helped New York.

In the first, Steve Sax had a one-out single, Roberto Kelly followed with a single and Don Mattingly singled in Sax. Mel Hall's single loaded the bases and Barfield cleared them with a check-swing hit that weakly rolled over the first base bag.

A throwing error by second baseman Terry Shumpert helped the Yankees to two more runs in the fifth.

**Tigers 2, White Sox 1**  
At Detroit, Kenny Williams' seventh-inning double broke a 1-1 tie. Tracy Jones got to second on third baseman Robin Ventura's throwing error, Ed Romero sacrificed and Williams doubled.

Paul Gibson (1-1) got the victory in relief of Dan Petry and Mike

Henneman got his 11th save as Detroit beat Chicago for the fourth straight time. The White Sox had only three hits; Detroit had five.

**Orioles 12, Rangers 2**  
Pete Harnisch beat Texas for the second time in six days and Joe Orsulak went 4-for-5 with four RBIs. Harnisch (5-1) allowed a run in the first on Harold Baines' sacrifice fly, then retired 14 of the next 16 batters. Harnisch, who combined with Gregg Olson on a three-hitter in last Sunday's 4-0 defeat of Texas, went seven innings, allowing seven hits. Brian Holton pitched the last two innings.

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# Mitchell explodes in Giants win

**By The Associated Press**  
After working on his swing, Kevin Mitchell worked over the Pittsburgh Pirates.

Mitchell hit three home runs in a game for the first time in his career and drove in five runs as the visiting San Francisco Giants beat Pittsburgh 9-8 Friday night to knock the Pirates out of first place.

"The one thing I'm trying to do is level out my swing," Mitchell said. "That's what I'm working on. I was swinging up on the ball too much."

Mitchell, who led the majors with 47 homers last season, raised his season total to 11 homers and 20 RBIs. His second home run came off Bob Kipper with two men on in the fifth and gave the Giants a 7-1 lead.

After the Pirates scored four runs in the sixth to get within two, Mitchell hit a solo home run off Bob Patterson in the seventh.

The last Giants player to hit three

home runs in a game was Darrell Evans, against Houston on June 15, 1983.

Mitchell, Clark and Jose Uribe all hit home runs in the first four innings off starter Walt Terrell (1-4).

Elsewhere in the NL, it was Philadelphia 5, Atlanta 3; Cincinnati 5, Montreal 0; San Diego 5, New York 4; and Los Angeles 4, St. Louis 1. Houston at Chicago was postponed by rain.

Steve Bedrosian came on in the ninth and gave up a long home run to Pittsburgh's Bobby Bonilla. The Pirates then put runners on first and third with one out, but Jeff Brantley relieved and retired the last two batters for his fourth save.

The Pirates have lost eight of their last 10 games to fall one-half game behind Philadelphia in the National League East.

**Phillies 5, Braves 4**  
Charlie Hayes hit a three-run

homer in the eighth inning to rally Philadelphia past Atlanta at Veterans Stadium for the Phillies' fourth straight victory. It's the first time the Phils have been first this late in a season since June 29, 1984.

The Phillies trailed 3-2 starting the eighth, when Von Hayes was hit by a pitch. After Ricky Jordan flied out, John Kruk's routine fly ball was dropped for an error by left fielder Lonnie Smith. Hayes, who earlier had extended his hitting streak to nine games, hit reliever Joe Hesketh's first pitch over the left-center field fence.

The Braves led 3-2 lead on solo home runs by Jim Presley, Dale Murphy and Greg Olson.

**Reds 5, Expos 0**  
Jack Armstrong allowed three hits in eight innings to become the NL's first eight-game winner as Cincinnati beat Montreal at Olympic Stadium.

Armstrong dropped his league-leading ERA to 1.61, struck

out seven and walked none. Randy Myers got the last three outs, allowing one hit, for the Reds' sixth shutout of the season.

Armstrong (8-1) beat St. Louis 4-0 on May 19 and has pitched 22 consecutive scoreless innings.

**Padres 5, Mets 4**

Benito Santiago hit a three-run homer in the first inning off struggling David Cone and San Diego held on to beat New York at Shea Stadium.

Bip Roberts led off the game against Cone (1-3) with a walk and stole second. Tony Gwynn walked one out later and Santiago followed with his sixth homer, a drive into the left-field bleachers. Cone has allowed 11 first-inning runs in seven starts.

The Mets came right back against Dennis Rasmussen (4-2) when Gregg Jefferies led off the bottom of the first with his sixth homer.

Utilityman Phil Stephenson, batting .200, and Joe Carter added homers for the Padres.

**Dodgers 4, Cardinals 1**

Ramon Martinez pitched a five-hitter and Juan Samuel homered for the second straight game as visiting Los Angeles beat St. Louis for its third consecutive victory.

Martinez (5-2) outpitched Joe Magrane (2-7), who allowed only five hits in eight innings. The Dodgers won for the eighth time in 11 games, improving their record to 3-0 on their current road trip.

# Chips down for Russell

ARLINGTON (AP) - Texas Rangers All-Star reliever Jeff Russell avoided the disabled list, but its threat will hang over him all season.

An examination Friday found bone chips and a spur in Russell's right elbow. He underwent surgery for chips in 1987, and missed six weeks.

But this time, he's hoping to handle the discomfort and delay surgery until the off-season.

"I can handle it," said Russell, who has 46 saves in his last 53 opportunities dating to last season. "If there's any way I can pitch, I want to do it. There's nothing I can really do about it now. I just have to hang with it."

Russell, whose 38 saves led the American League last year, has been

bothered by discomfort in the elbow throughout the season. The condition flared after he threw 43 pitches in a three-inning appearance against the Chicago White Sox on April 30.

It will force Rangers manager Bobby Valentine to be more judicious in his use of Russell. The Rangers will try to keep from using him for more than one inning and only with the lead, the Dallas Morning News reported Saturday.

The Rangers already made one accommodation to Russell's condition. Russell does not throw in the bullpen unless he is going to enter the game.

"He's had this before, and there have been precautionary steps taken," Valentine said. "We'll use

him when we definitely need him to win a game. The idea is to use him and not abuse him.

"We'll ride him as long as we can stay in the saddle."

The Rangers were encouraged that Russell was able to get the final two outs in Thursday's 3-2 victory at Detroit.

Russell leads the team with eight saves, although he has a 1-3 record with a 5.00 ERA, and has been largely ineffective since the three-inning stint against Chicago.

Last year, Russell's 38 saves was a club record and were the second-most in the majors to San Diego's Mark Davis, who had 44. He also had a 1.98 ERA.

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# Masters bicyclist enjoys returning to life in the fast lane

By MARK KAZLOWSKI  
The Dallas Morning News  
DALLAS (AP) - Brant Wymond can look at the Senior PGA Tour and the Senior Professional Baseball League and see his future passing before his eyes.

The man involved in the formative stages of competitive cycling in the Dallas area 20 years ago likes the prospects for thirtysomething riders like himself.

"Masters is going to be the big thing in sports," Wymond said. "This is my big chance. Athletes are getting older and older every year. I feel like a little kid. I was getting gray hair and fat and all that because I told myself that's what I was supposed to be."

Wymond, 38, doesn't act his age. In the past month, he has won masters (30 and over) state titles in criterium and track racing. No one had ever won more than one of the state masters titles in a year.

Since he sold the last of his cycling shops in September, Wymond has been living a somewhat spartan lifestyle. He supports himself with money he wins from races and from freelance work for bike shops in a tidy shop he has set up in the garage of his apartment overlooking a White Rock Lake bike trail.

The schedule allows him more time to train and race. The lack of a steady income, he said, has "kind of made me hungrier."

"I chose to race bicycles," he said. "It's not like somebody forces me to. I want to. When I go to races, I have to do good."

Masters competition is growing along with a significant segment of the aging cycling population. These aren't Baby Boomers out for leisurely Sunday rides. Many times, the masters races are faster than those involving the senior riders, those under 30.

"If you had asked me a number of years ago, I would have said I would ride until I was 30," Wymond said. "Now I say two or three more years. If I keep doing good, I might be around until I'm 50."

Wymond has been riding competitively since 1973 and is no stranger to success. Cycling jerseys, some he wore and some competitors gave him, are tacked to the workshop walls. One is the yellow jersey of the Tour de France leader autographed by Greg Lemond. Racing trophies and medals are neatly arranged on one of the two work benches.

He prefers criterium races, which are held on closed courses such as downtown streets, and track competitions in the steep-walled velodromes. Those races accent his tactical and sprinting abilities. He has helped develop many of the area's top riders, and their success has increased his desire.

"I see these guys I've coached making Team USA, making the national team ... I've seen them doing it," he said. "I've always believed I could do it through them. Now I need to do it because I see it's working."

Leaving the cycling business allowed him to train so he could see if he can compete on the national level. And it made him healthier. Running three cycling shops "got stressful," he said. "I decided I wanted to make a comeback in cycling. The store was just making me unhealthy and unhappy."

"I'm happy. I'm not as stressed out. I can always do something else. I felt like I can take a year off and see what I can do. I was feeling 40ish, but now I feel 20 again."

He had a taste of top-flight national competition when he won the state match sprint championship in mid-May at the Alkek Velodrome in Houston. He defeated the defending national masters champion and previous year's champion in separate finals.

Wymond will try to parlay his state achievements into success in the national championships in July in San Diego. He has made that his reason for riding.

"It's kind of like my Olympics," he said. "I'm not greedy, but everybody likes to do well in what they're doing. I feel my life isn't complete until I meet some of those goals."

A national championship or a high finish would put Wymond among the elite. Along with the status comes probable endorsement money, sponsorships and a likely berth on the national team that has been invited to compete in the Soviet Union. It would allow him to concentrate on riding for two or three more years.

"Right after he won, I told him he was close but real far from his goal," said Steve Porter, president of the Dallas Bicycle Racing Club, for which Wymond rode for 17 years. "You have to be the best in the state to be the best in the nation."

That is Wymond's next step.

# Spurs' remarkable turnaround source of envy to Mavs, Rockets

An AP Sports Analysis  
By DENNE H. FREEMAN  
AP Sports Writer  
SAN ANTONIO (AP) - At least professional basketball is healthy somewhere in Texas.

In a short time, the San Antonio Spurs have turned around their franchise to the point it's a source of envy for the Houston Rockets and the Dallas Mavericks, who were bounced out of the first round of the playoffs.

But for a scoring drought here and a mental lapse there, the Spurs could be playing in the Western Conference championship series this week.

Center David Robinson is the obvious reason for the Spurs setting an NBA regular season record with an improvement of 35 victories - three more than those amazing Boston Celtics of 1980.

"We thought he would make an impact on defense with blocked shots and rebounding, but we had no idea he'd be this good this quick on offense," said general manager Bob Bass of the Spurs. "He's been an offensive force."

Indeed, a year earlier the Spurs lost 61 games.

The crowds at HemisFair Arena were deafening during the three playoff games against Portland. The crowds got inside the Trail Blazers'

cerebral processes. The Blazers were a jittery, jumpy, out-of-tempo team.

It wasn't just the Baseline Bums, the Spurs' famed loudmouths, who did all the screaming, either. There were ladies who could pass as fashion models who did a good job of razzin' the Portland players. My favorite was one well-dressed fan who wore sneakers with real, live rodeo spurs jingling from the back.

These fans gave the Spurs a final send-off after their overtime loss in game 7 to the Blazers by showing up 4,000 strong at the airport. The roadways were so jammed that thousands of others couldn't get there.

The Spurs had 23 sellout crowds this year, 19 more than the previous franchise record.

It wasn't long ago that talk of a possible franchise move was buzzing around the NBA.

Now the Spurs are being talked about as the model franchise and the most promising team in the league.

"We'd like to turn things around like the Spurs did," Elgin Baylor, general manager of the Los Angeles Clippers, said before last Sunday's lottery. "They proved it can be done quickly."

Spurs merchandise sales in San Antonio are a barometer of the team's success.

Sales were five times higher in April than any other month in club history.

Owner Red McCombs has a big winner on his hands if he can keep the club together and keep the gypsy traveler, coach Larry Brown, happy.

Brown is excellent with young teams and proved it after a lost season last year - his only losing season on any level of basketball.

Robinson, the rookie of the year, is a still developing talent. Many

thought he would be slow to develop because he played at the Naval Academy and spent as much time studying as he did playing basketball. But he came out of his military obligations much more polished than predicted.

Once he becomes a better free throw shooter and passer he will be in Akeem Olajuwon's league.

As it turns out, there are at least two other Texas franchises who wish they were in San Antonio's rarefied atmosphere.

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## Summer sports camps scheduled

Summer camps for boys' and girls' basketball, volleyball and golf will be offered through the Continuing Education Program of the Hereford Independent School District.

The Lady Whiteface volleyball camp will be held June 25-29 with the Whiteface basketball camp set for July 9-13 and the Lady Whiteface basketball and the Whiteface golf camps July 16-20.

The basketball and volleyball camps will be held at Hereford Junior High and will have daily sessions from 9 a.m. to 4 p.m. Registration forms for these camps are available at each elementary school and HJH.

The golf camp will be held from 9 a.m. to 3 p.m. daily at Pitman Municipal Golf Course. Registration forms are available at Hereford High School, HJH, elementary schools and Pitman GC.

The volleyball camp will be instructed by coaches from HHS and HJH as well as former Lady Whiteface players.

The camp is open to all incoming fourth-graders through ninth graders. Cost for the camp is \$40, including a \$10 deposit due by June 18. All campers will receive a T-shirt.

For more information, contact Coach Brenda Reeh at 364-7433 or 364-4648.

The boys' basketball camp is open to all boys who will be in third through ninth grades for the 1990-91 school year.

Instructors for the camp will be members of the Hereford basketball coaching staff.

Cost for the camp will be \$65,

which includes tuition, insurance, a T-shirt, awards, certificate and a basketball.

For more information, contact Coach Jimmy Thomas at 364-8229 or 364-7425.

The girls' basketball camp is open to all incoming fourth graders through ninth graders.

Cost for the camp is \$40 with a \$10 deposit. Each camper will receive a T-shirt, certificate of participation and a Basketball Skills Award.

Camp instructors will be members of the Hereford girls' basketball staff. For more information, contact Coach Dickie Faught at 364-8229 or 364-6810.

The golf camp is open to all incoming fourth graders through ninth graders, boys and girls.

Cost for the camp is \$60 which includes insurance, T-shirts, three golf balls, certificates and special awards.

Instructors for the camp will be HHS golf coaches and the Pitman GC head and assistant professionals.

Registration deadline for the camp is June 22.

For more information, call the Pitman GC pro shop at 364-2782.

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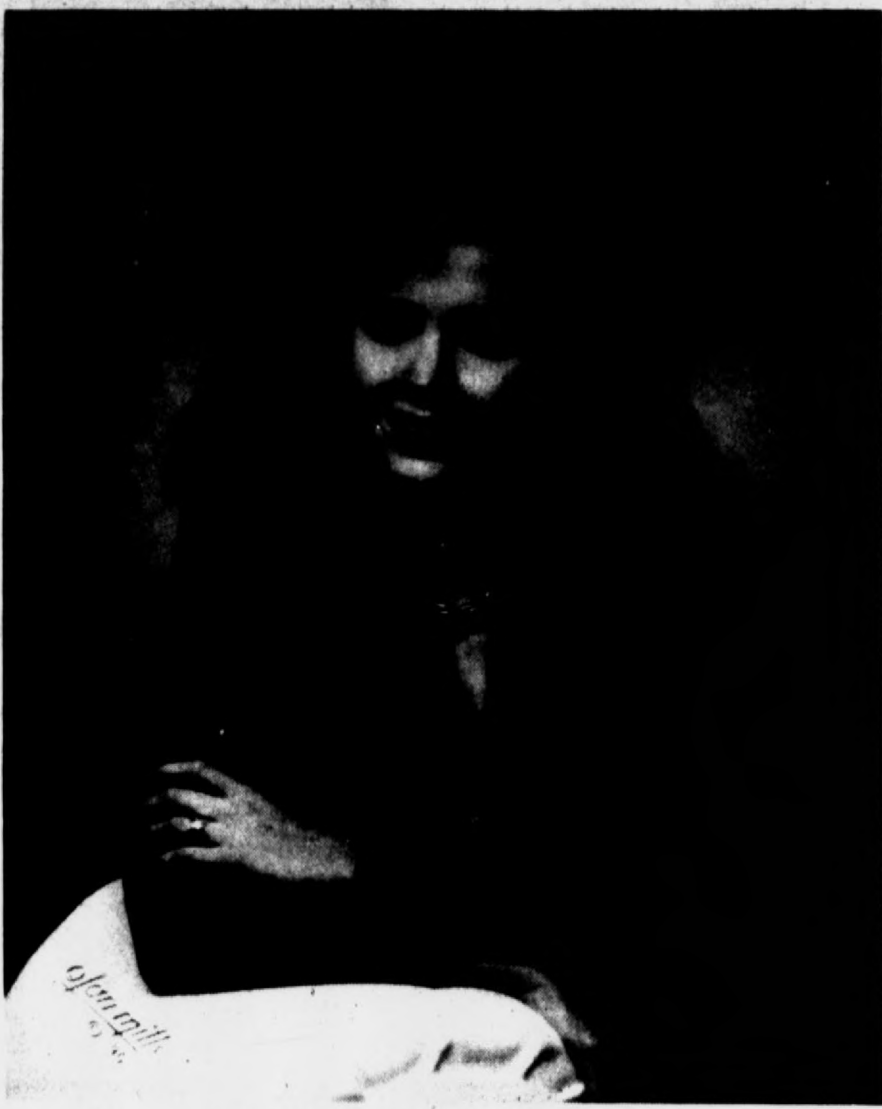
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# Lifestyles



MARSHA ANNETTE WARD

## Wedding date set

Former Hereford resident, Marsha Annette Ward of Lubbock, and Christopher Odell Hooper, also of Lubbock, plan to exchange wedding vows Aug. 18 in Parkway Drive Church of Christ of Lubbock.

The bride-elect is the daughter of Jim and Joyce Ward of Hereford and the prospective bridegroom is the son of Samuel and Christine Hooper of

El Paso.

Miss Ward is a 1987 Hereford High School graduate and is currently a student at Texas Tech University.

Hooper graduated from high school in 1984 and is presently a graduate student at Texas Tech University. He is employed at the Lubbock City Manager's Office.

## Think safety first during holiday, summer vacations

Major V.J. Cawthon, Regional Commander of the Texas Department of Public Safety reminds us that Memorial Day signals the beginning of summer vacation. He states, "During this holiday period there will be more vehicles on the roadways of Texas, because of school being out and many families are starting their summer vacations. With the increase of traffic, the danger of more accidents, more injuries, and more deaths naturally increase."

"This holiday period, all available Department of Public Safety Troopers will be on the road and will be especially watchful for individuals committing hazardous violations, especially those speeding, passing in no passing zones, and the people who have been drinking and refuse to stop

driving", stated Major Cawthon.

Recreational areas are always flooded with traffic and other activities and he urged the Texas motorist to be especially careful and to exercise caution around these areas during this holiday and throughout the summer.

"Remember to take that two seconds that it takes to reach for that seat belt and to buckle up and to use that same two seconds to think about what you have in this life, and how easily it can end," Cawthon concluded.



The penguin, a bird that can swim but can't fly, can go as fast as 25 miles per hour underwater.

## "Celebrating Opera Amarillo" planned

Plans are being finalized for "Celebrating Opera Amarillo", a gala evening set for Saturday, June 9, in the Amarillo Civic Center, according to Hereford representative, Elizabeth Witherspoon.

The extraordinary occasion will bring some of the finest voices of the New York Metropolitan Opera to the stage. Among those already agreeing to participate are Giorgio Tozzi, bass-baritone, whose career spans opera, Broadway, films and television; Richard Cassilly, tenor, internationally recognized for his Wagnerian interpretations; Patricia Craig, soprano, the leading exponent of Madame Butterfly in the opera world today; Betsy Nordon, lyric coloratura soprano, a favorite of Metropolitan audiences for her Puccina and Donizetti roles.

"This remarkable event will feature world-class performers in concert together for the first time anywhere," revealed Jason Byce, a leading baritone soloist with several international and national opera companies. Byce, who was the featured guest at last year's Golden Nail Awards presentation, decided to

help put "Celebrating Opera Amarillo" together, drawing on his personal friends throughout the world of opera, in part because the arts in this area.

"While I was here last spring," Byce continued, "I attended a rehearsal for the Amarillo Opera production of 'Carmen,' directed by Mila Gibson-Burkhard. Not only was it apparent that the enthusiasm for opera was strong among the grassroots supporters, but I also discovered from the people I talked to, that there was fine support for the other art entities as well. Mila asked me then if perhaps I would return, when my schedule allowed, to participate in a benefit for Amarillo Opera. Such an evening has been on my mind ever since and I am thrilled to return to Amarillo for this occasion."

Co-chairing the event is Francie Whittenburg Klein, who, with her committee, is planning several outstanding opportunities for music-lovers to enjoy the concert and meet the celebrities in person. Patrons will

be treated to an exclusive brunch with the star, front orchestra tickets to the gala performance, and preferred seating at the dinner dance which will follow.

Regular tickets to this once-in-a-lifetime production of "Celebrating Opera Amarillo" will be priced at \$10

and \$20, with discounts available for groups, students and senior citizens. Tickets will go on sale beginning April 30 at the Amarillo Civic Center.

For more information, contact Jason Byce in Amarillo or Marion Stroup, area liaison, 1-655-5734 in Pampa.



## Happy 18th Birthday Angela!

The first 5 letters in your name Tell the story of your fame To us you are quite the Star Our world is brighter because you are.

All our love, the Banner Bunch: Mark, Janie, Renee, Melani, Marcus

## Hints from Heloise

Dear Heloise: I'd like to share a couple of hints for those who will be going outside to walk, run or jog now that the weather is getting nicer.

Since the mornings are still cool but will be warming up while you're out, it's best to dress in layers, wearing several lightweight shirts rather than a sweater or jacket. Put the lightest layers on top so you can adjust gradually by taking layers off one at a time as the temperature rises.

Wear a cap, hat or other head covering while the air is cool, since you lose 30 percent to 50 percent of your body heat through your head. When the sun comes out, you'll want the headgear for protection.

Be sure to drink plenty of water. When the weather is cool you might not feel as thirsty as when it's hot, but you're still working hard and it's easy to become dehydrated and not know it. A drink of water about every 20 minutes is a good rule of thumb.

The nicer spring weather is certainly welcome after doing our exercising indoors all winter. I hope these hints will help others enjoy it. — Walking in St. Louis, Mo.

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San Antonio, TX 78279



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Douglas Evans	Floyd Sloan	Ronnie Gilmore
Courtney Robbins	Ann Marie Kelley	Heidi Howell
Phillip Worsham	Tim Albracht	Ronnie Killough
Tena Butler	Holly Sanders	Jill Walterscheid
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## Aloha & Bon Voyage

Edward & Michelle Ellis!

Bobby Moore, left, presents the Ellises with their airline tickets to Hawaii! Edward's name was drawn as winner in our Hawaiian Holiday Sweepstakes. They will be flown to Honolulu, and spend seven nights in Waikiki!

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MRS. RONNIE KILLOUGH  
...nee Heidi Howell

## Howell, Killough vows spoken Saturday

Heidi Renee Howell of San Angelo became the bride of Ronnie Lynn Killough of College Station during an early afternoon wedding ceremony Saturday in Park Heights Baptist Church in San Angelo.

Officiating for the marriage was Dr. James Miller of the church.

The bride is the daughter of Mr. and Mrs. Woodrow Howell of San Angelo and the bridegroom is the son of Mr. and Mrs. Winthon Jones of 142 Ranger Drive.

The church altar was decorated by two spiral candelabra and a fan candelabrum and the pews were marked by bows.

Mrs. Tim Fox of San Angelo served her sister as matron of honor and best man was Perry Leonard of Bedford.

Bridesmaids included the groom's sister, Kelly Wells of Amarillo, and Sara Sudnick of Brandon, Fla. and Amy Dunn of San Angelo.

Serving as groomsmen were the bride's brother, Austin Howell of San Angelo, Scott King of Bryan and Brian Stanley of San Angelo.

Guests were escorted by the bride's brother, Rodney Howell of Richmond, Calif., and Tim Fox of San Angelo.

Alyssa Fox, daughter of Mr. and Mrs. Tim Fox, was flower girl and ring bearer was Chestley Howell, son of Mr. and Mrs. Rodney Howell.

Lighting candles were Brian Stanley and Scott King.

Andrew Taylor sang "Love's Grown Deep" and "You and I" and

also played the piano. Organist was Mrs. G.E. Taylor.

Given in marriage by her father, the bride wore a white satin gown heavily encrusted with delicate beads which created a floral design extending from the right shoulder to the waist. A large bow marked the back of the waistline and the skirt swept into a short train.

She also wore a floral beaded headpiece and carried a cascading bouquet of white roses accented with greenery.

Bridal attendants were attired in dresses which featured various shades of pink flowers on a black background.

Mrs. Wes Watson invited guests to register at the reception held in the church.

Cake was served by Robin Reneau and Mrs. James McWilliams, and punch and coffee were poured by Mrs. Russell Libby. Also, assisting was Mrs. Carroll Hill.

The couple will make their home in Bryan, Texas following a honeymoon to Orlando and Daytona Beach, Fla.

The bride is a 1983 graduate of Lake View High School and received a licensed vocational nursing degree in 1987 from Howard College.

The groom, a 1983 Hereford High School graduate, received a bachelor of science degree from Angelo State University in 1987. He is currently attending Texas A&M University.

## Between the Covers

BY JANA MORGAN

Dominick Dunne, best selling author of *People Like Us* and the *Two Mrs. Greenvilles*, has written a new bestseller entitled *An Inconvenient Woman*. Set in the high society of Los Angeles, it is a richly woven story of how the rich exert their power, no matter what the human price.

Jules Mendelson, billionaire financier and art collector, and his wife Pauline, have long been the leaders of west coast high society.

But on the night that Pauline's great friend, Hector Paradiso is inexplicably murdered, the Mendelsons' perfect lives begin to unravel. For reasons known only to himself, Jules manages to suppress the news of Hector's murder and changes the facts of his death to suicide.

Philip Quennell, a young writer new to Los Angeles, suspects something and tries to uncover the truth. But Flo March knows far too much about Hector's death and Jules' life. The Hollywood underworld of laundered money, drugs, and intrigue threaten Jules's business, career, marriage, and love affair. Events conspire to make Flo March an inconvenient woman.

Andrew Greeley has written a new book, *The Cardinal Virtues*. Father Lars McAuliffe, the pastor of St. Finian's parish in Forest Springs, is weary and worn out, his priesthood and faith in tatters. He is disillusioned with his suburban parish. He has grown old and cynical and, worse, he is smart enough to know what is happening to him and despises himself.

God or the cardinal, or some combinations of the two, play a dirty trick on him. Father James Stephen Michael Finbar Keenan, the "new priest", comes to the parish. Everyone is expecting a confrontation between young and old. The new priest does not fit the stereotype. Father Lar is tempted to try to create the classic rectorial conflict, but the new priest forestalls that by making friends with him. Together they face the conflicts and the joys, the hopes and pains, the tragedies and the comedies of the parish.

Alternately sad and funny, it is a book about the meaning of religion, the meaning of faith, and the meaning of life. It forcefully questions where the American Catholic Church is going and what may be destroying the vocations of hundreds of nuns and priests. It seeks to discover the keys to a revitalized church, a church that is a living body of faith and hope for our hurting world.

Also, on the best seller's list, is Sue Miller's *Family Pictures*.

An autistic child is born to David and Lainie Eberhardt. David regards his second son, Randall, as a disaster to the family who needs to be institutionalized. For Lainie, motherhood is a calling, and raising Randall is her passion and main task. The two children who precede Randall and the three who follow him grow up in the ongoing drama created by the strange being in their midst.

Sue Miller tells the story of the early years and those that follow in the 1960s and 1970s. The development of a large family's cohesiveness and rifts, network of communication, distinctive atmosphere of the neighborhood, the unpredictable turns and outcomes of various lives are some of the elements that makes it unforgettable, and touches the heart on virtually every page.

Catherine Cookson also has a new novel, *The Black Candle*, set in a 19th century village in Northern England.

Bridget Mordaunt oversees a candle and blacking factory she inherited as a young girl. Bridget is a woman of innate goodness and character who is the steadfast advocate of less fortunate people. Bridget unexpectedly becomes involved with the two brothers of a declining aristocratic family and their resounding legacies of good and evil, love and hate, privilege and deprivation that unfold over three generations. *The Black Candle* is a wonderfully entertaining and moving novel in the unquenchable tradition of Catherine Cookson, with its true-to-life characters, gripping drama and tender romance.

Other titles of interest:

Flashbacks: on returning to Vietnam by Morley Safer.  
Kareem by Kareem Abdul-Jabbar.

## George receives BBA degree

Christopher L. George, grandson of Arhart and Edna Reinart of Hereford, received a bachelor of business administration degree from Texas Tech on May 12.

Honors include the Deans List, Golden Key Honor Society, All-American Scholar Award, Beta Gamma Sigma Honor Fraternity, Professional Business Fraternity, Regional Conference Committee, and Financial Management Association.

He is the son of Lee and Janet Reinart George and the grandson of Jim and Dean George, all of Big Spring.



CHRISTOPHER L. GEORGE

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## Moore's Supermarket

## Draper club meets for luncheon

Draper Extension Homemakers Club met recently for a luncheon and meeting in the home of Sherrie Blackwell.

President Carmen Rickman presided over the meeting and roll call was answered by "What I do when I do as I please".

Tonie Vaughn received a door prize during the opening exercise. Johnnie Messer, council delegate, presented the financial report and a report on Blackwells garden was given.

Messer was nominated for TEHA chairman and delegate for the state meeting in October.

A program on dyslexia was presented by Messer.

The September meeting will be held in the home of Tonie Vaughn.

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# Abundant Life

BY BOB WEAR

Words of approval have been called "magic words", and I think that all of us can appreciate this condition. We should make these words honest and sincere and not use them for ulterior motives. They should be used for wholesome purposes; for encouragement, for the upbuilding and the strengthening of others.

In the work place, these words can make a difference a happy, effective and on-going human experience and one that brings unhappiness to all who are concerned. They may help make the difference in success and failure of the business. In the family, they become very important. They

help in the husband-wife relationship, and are very helpful in the parent-child relationship, and are very helpful in the parent-child relationship. These "magic words" have a very useful place in all human relationships.

"Honest praise is a tonic and a stimulant. It is both food and drink to the mind and to the spirit. Keeping silent when there are nice things that could be said, or holding back that word of encouragement, may be just as harmful as the unkind words spoken by others." - C. Holmes.

We must look for opportunities to speak approving words. Many people who are doing worthwhile and useful

things, but things that are not generally considered important (although they are essential to human well-being and the common good) need our encouragement. In our association with them, we can usually find some approving words that would encourage and strengthen them.

When we speak "approving words" to those we love, to our friends, and to the people who do the essential work of life, we are expressing one of our most helpful and personal and commendable qualities of our better self.



## Groundbreaking held

A groundbreaking ceremony was held May 20 at Avenue Baptist Church. Construction has begun for a new fellowship hall as well as five classrooms. Members of the congregation presented "Prayer of the Land" during the ceremony. Others who participated included the Rev. Larry Cothrin, members of the Greatness Through Faith steering committee and 16 deacons.

## BRANDED Women

By Sandy Stagner

For several months I have been experiencing mild bouts of depression and I would burst into silent tears for no apparent reason.

What really disturbed me was my reaction to entering my son's bedroom—I'd get really melancholy. I just assumed it was because his private domain reminded me of a demolition site and the smell of his tennis shoes made my eyes water.

My family wasn't oblivious to my behavioral change. Actually, they couldn't escape it. I didn't want to get out of bed. Instead of eating a meal, I'd munch down on one-half pound bags of Skittles. I was constantly cleaning out the closets (a sure-fire way to tell if I'm worried about something). After weeks of observing my weird conduct, my husband announced that he had diagnosed what was wrong with me—I had finally reached "that time of life". Come on, John, give me a break!

At long last, it dawned on me what my problem had been all along. I was suffering a very common malady among mothers called "my-baby-is-really-graduating-and-leaving-home" blues.

This revelation occurred to me during the recent Baccalaureate program. The band struck up "Pomp and Circumstance" (music that always makes me cry) as the seniors were marching into the gym donned in their caps and ropes. There he was—my little six-foot two-inch boy. When did he grow up?

As I observed Tim, I got a lump the size of a grapefruit in my throat. There was absolutely no way I was going to get through this ceremony unless I occupied my mind with something mundane. So, I tried to recall the instances in his life that I could have killed him (like the time he spray painted a white car black when he was five-years old).

Although I had been mentally preparing myself for this time in my son's life for nine months, I realized I wasn't quite ready to accept the fact that he was reaching adulthood. Wasn't it just yesterday that he got inebriated after drinking a small bottle of Scope mouthwash when he was two-years old?

It wouldn't be normal for Tim not to want to cut the apron strings but I wish he was tied to them just a little longer. Besides, what is he going to do without me when he goes off to college? He's never washed a load of laundry in his life. He still thinks the "laundry fairy" sneaks into the house at night and washes his duds. The only meal he has ever prepared was a disaster: the Jello had to be sucked through a straw and his famous Vienna sausages that he barbecued on the grill sure didn't taste like a rib-eye steak.

When he leaves home, who is going to wake him up for class when he sleeps through his alarm (the same fairy that does his laundry??) Who is going to care if he eats three nutritious meals a day, a dorm mother? How will I know that he gets back to the dorm room each night at a reasonable hour to ensure he gets eight hours of sleep? And, what do you want to make a bet that he only changes his bedding once a semester? (I guess I can buy him some black sheets so the dirt won't be so noticeable!)

Even if Tim adjusts easily to his college surroundings, what am I going to do with myself? I mean, is there really "life after graduation" for us mothers?

After giving this matter some thought, I have decided that this next year won't be so bad after all when Tim packs his bags. I should be saving about \$300 a month on my present grocery bill. I won't have to constantly tell Tim to turn down his stereo (maybe the neighbors won't have to move after all). I'll save about 260 hours a year from not having to iron his cotton shirts. And glory be, he won't be forever teasing his little sister about her new braces. (No, Candi, you do not look like a radio transmitter!)

Thank goodness I spaced my children's births six years apart. It will take me that long to recuperate before I have to go through this emotional experience again.

having difficulty keeping your tears at bay during graduation exercises next Sunday and need to keep your mind occupied, look for me. I'll be the lady carrying around a Backgammon board. Tim said he rather have me playing a game then seeing me cry uncontrollably.

## Protect your good name

When you purchase a stereo, furniture, a car or a home on credit, you are asking a business to take a risk.

To make a fair and accurate decision about taking the risk, businesses may need to know your credit history—the record of how you've repaid debts in the past. Some of that information comes from your credit report, issued by a credit reporting company such as Equifax.

Equifax, the first national credit reporting company in the country, develops your credit history from information obtained from the stores and banks with which you've done business. It receives, maintains, updates, verifies and stores the information and provides a quick response to valid business requests for copies of credit reports.

Credit reporting companies do not assess your credit rating or make any recommendations to businesses to accept or reject your credit or loan application. Each business uses its own criteria for deciding if an individual is creditworthy.

Equifax and other credit reporting companies play an important role in making the credit system more efficient. Credit bureaus help businesses make better risk assessments, and help you get timely fair decisions on your credit requests.

The sea cucumber, although it looks very much like a garden cucumber, is actually an aquatic animal.

TO WHOM IT MAY CONCERN: For you mothers of graduating seniors who may be



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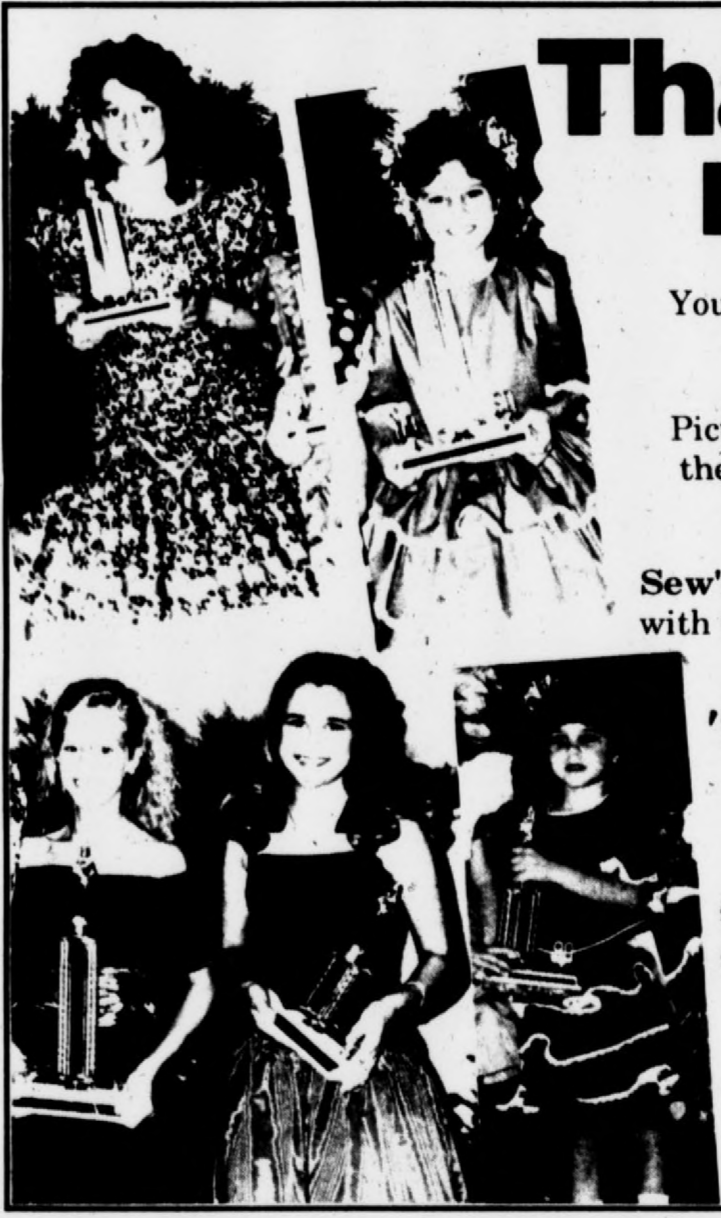
Nazarene Christian Academy is still registering for grades 1, 3, and 6. There are 1 or 2 spots still available for several other grades.

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## Thank You Hereford!

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**PLACEMENT TESTING**  
12:45 p.m., Wednesday, May 30, 1990  
Amarillo College Lynn Library  
(for students enrolling in English, math, reading or more than one course)

Registration 7 - 8 p.m. Wednesday, May 30, 1990  
Hereford High School Cafeteria  
Classes start June 5, 1990  
Contact John Matthews (806)364-4456

Course Title	Time	Day
Clinical Practicum	6:45 a.m. - 3:15 p.m.	MTWTF
Human Anatomy & Physiology II	7 - 9:45 p.m.	MTWT
Microcomputer Applications	7 - 9:45 p.m.	MW
Government of Texas & U.S.	7 - 9:45 p.m.	MW
History of U.S. II	7 - 9:45 p.m.	MW
Freshman Composition I	7 - 9:45 p.m.	TT
Freshman Composition II	7 - 9:45 p.m.	TT
Masterworks of English Literature	7 - 9:45 p.m.	TT
History of U.S. I	7 - 9:45 p.m.	TT
College Algebra	7 - 9:45 p.m.	TT

### CONTINUING EDUCATION COURSES

Beginning Tennis (ages 8-12)	9 - 11 a.m.	MTWTF
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## Bridal Registry

Michelle Mason  
Lee Brockman

Karin Hoynes  
Bob Foster

Jill Walterscheid  
William Jagers

Courtney Kay Robbins  
Phillip Worsham

Julia Chovanec  
Preston Worley

Beverly Nixon  
Douglas Lewis

Laura Thames  
Steve Knoll

Kristen Cassels  
Douglas Evans

Mona Shackelford  
Tony Floyd

Holly Sanders  
Mike Fields

Patrica Gauthreaux  
Scott Frank

Jill Mahaffey  
Lee Line

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Tim Albracht

Julie Simons  
Brett Clements

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# Ann Landers

**DEAR ANN LANDERS:** The letter you printed from a woman who had a five-year affair with her boss struck a nerve, because I'm a wife whose husband recently ended a long-term affair with a woman who worked for him.

The writer says her lover is a "wonderful" man. What is so wonderful about a man who would rather cheat on his wife than deal honestly with her and try to work out their problems? Perhaps his wife is trying very hard to do all the things for him that you are doing. You know he is lying to her. What makes you so sure that he isn't lying to you, too?

Affairs are never useful. They are by their very nature destructive. I know, because I raised our children alone. My husband had no emotional reserve to help me. Only now do I see the damage caused by his abuse. He didn't have to deal with me or our children as long as he was able to escape to a cozy place and be with his secret bed partner. She was enabling him in his illness, and I was an enabler, too, because I remained silent, hoping and praying he would come to his senses. I should have raised hell many years ago and forced his hand.

With professional help, we are building a new and better marriage--better than either of us dreamed possible. I am learning to cope with the terrible hurt and the deep sadness. I truly believe if people had any idea how much pain an affair can cause, they would stay in their own beds where they belong.

Thanks, Ann, God bless you and your work. -- Oregon

**DEAR OREGON:** I can add nothing to your letter. You said it all, and I thank you.

**DEAR ANN LANDERS:** I am troubled by a behavioral problem that I have never seen in your column. I hope you can help me.

I am 64 years old and no youngster. The problem is that when my friends or family tell me something sad, I start to laugh. I can't control it, no matter how hard I try. I become embarrassed and know that I embarrass others. I end up walking away, because I don't know what else to do. People must think I'm crazy.

My brother has been very ill with cancer, but I am afraid to telephone him, because I know I'll laugh when he tells me about himself. I send letters and flowers and get news of him from my sisters. They are aware of the reason I do not phone him.

This strange behavior started when I divorced my husband 10 years ago. I've been unable to establish another relationship, because I laugh at the most inappropriate times, which makes me seem peculiar.

I know something is wrong with me, but I can't afford expensive psychiatric visits. Please tell me what causes this odd behavior and what can be done about it. -- No Laughing Matter in Glendale, Calif.

It is possible that you have not worked through the grief over your divorce. Laughter may be your way of denying the pain. You really ought to see a professional, not necessarily a psychiatrist. A competent therapist who is not an M.D. can help you. Good luck.

Gem of the Day (sent in by Gerald Rogers, Sikeston, Mo.): If you fall on your face, don't despair. At least you are moving forward.

What's the truth about pot, cocaine, LSD, PCP, crack, speed and downers? "The Lowdown on Dope" has up-to-the-minute information on drugs. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Lowdown, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, send \$4.45.)

## Association memberships available

Stroke is the number one cause of adult disability and the third leading cause of death in the U.S. Currently, there are 2.5 million stroke survivors in this country. As many as 600,000 people are expected to suffer an initial stroke this year.

Despite this, a recent survey showed that most Americans don't know the risk factors or warning signs of stroke. It's important that they find out. In recognition of National Stroke Awareness Month, Syntex Laboratories, Inc., will support efforts by the National Stroke Association (NSA) to mobilize America to better understand stroke prevention.

Through a grant from Syntex Laboratories, every physician who joins NSA as a professional member will receive five complimentary memberships to give to his/her patients. Others are encouraged to join for a nominal donation (\$10). Membership entitles both physicians and their patients to receive the "Be Stroke Smart" quarterly newsletter which contains compelling stories about stroke survivors and their families, and the latest breakthroughs in stroke prevention, treatment and rehabilitation.

Members will also receive pamphlets on stroke prevention, free access to the NSA Stroke Information & Referral Center, and a personalized NSA membership card that features warning signs and risk factors of stroke.

For more information on becoming an NSA member, write to Syntex/NSA Membership Drive, National Stroke Association, 300 E. Hampden Ave., Suite 240, Englewood, Colo. 80110-2622.



The bright flowers of the prickly pear cactus bloom for only one day.



MR. AND MRS. TONY GENE FLOYD

## Shackelford, Floyd wedding vows spoken

Wedding vows were exchanged by Mona Gail Shackelford of Dimmitt and Tony Gene Floyd of Hereford in the chapel of Deaf Smith County Museum May 18. The evening ceremony was officiated by Justice of the Peace Johnnie Turrentine.

The bride is the daughter of R.E. (Dick) and Jo Beth Shackelford of 212 Cherokee and the bridegroom is the son of Gene Floyd of Panhandle and Shirley Shields Green of Clarendon.

Decorating the chapel was a basket of red and white roses accented with red and blue bandannas.

The bride's cousin, Ann Weaver, served as maid of honor and best man was the groom's brother, Dusty Allen.

Serving as junior groomsman was J. Crawford, the bride's cousin. Flower girl was Savannah Brannon, daughter of Mona Shackelford and Shea Brannon.

During the ceremony, the traditional "Wedding March" was played and Audra McCleskey sang "I Love You A Thousand Ways." Gary McCleskey played the violin and Dale Glover played the guitar.

Presented in marriage by her father, the bride was attired in a satin cream gown fashioned with a fitted bodice covered in delicate lace. Matching lace formed the long fitted sleeves and the full skirt featured lace gores. The gown, which was worn by her mother when she married, was made by her grandmother, Elizabeth Stubblefield. She also wore cream colored Ropers.

The fingertip-length bridal illusion veil with pencil edging was attached to a wedding hat which was accented with scalloped lace trim.

She carried a bouquet of cream roses and lace adorned with miniature pearls.

The bride's jewelry consisted of pearl earrings belonging to her mother and a cameo brooch belonging to her great-grandmother, Dora Stubblefield. She also carried a handkerchief belonging to her grandmother, Elizabeth Stubblefield, and in her shoe she placed coins that her mother used in her wedding 32 years ago.

The maid of honor wore a blue denim skirt and white peasant blouse with a red bandanna bow in her hair.

Wedding guests were registered by Jeannine Shackelford.

The reception and country western dance was held at the VFW hall.

Cake was served by Ann Weaver, a sister-in-law, Jeannine Shackelford, and an aunt, Sharon Crawford. Coffee was served from a silver urn and the punch was ladled from a silver fountain.

Others assisting were Darleen Carroll and Greta Short.

Tables were covered with white gathered skirts and red bows. The three-tiered cream colored cake was accented with red, white and blue fresh flowers. The groom's German chocolate cake was made into a horse shoe shape and was decorated by red, white and blue fresh flowers.

Leaving for a wedding trip to San Antonio, the bride wore a western styled turquoise sweater trimmed in leather, jeans and Ropers.

The couple resides in Dimmitt. The bride is a 1989 graduate of Hereford High School.

The groom, a 1983 graduate of Clarendon High School, is employed at Schumacher Feedyard at Frio.

Out of town wedding guests included Genevieve Shields of Goodnight and Jeannette Floyd of Hedley.



The Chicago River is used to flow into Lake Michigan. Through engineering ingenuity, the river is now formed by water flowing in from Lake Michigan.

## THANK YOU!!!

The Hereford Key Club would like to express its sincere thanks for all the support we received for the annual exhibition basketball game to benefit the Casey Smith Memorial and the Gene Y. Brock Scholarship funds.

### A Special Thanks To:

- The businesses that bought packages of tickets.
- The businesses that donated items for the halftime auction.
- The businesses that donated soft drinks for our concession stand.
- The Key Club Moms that furnished cakes for the halftime auction.
- The Coaches of the Hereford Schools that played in the game.
- The referees, John Fuston and John Brooks.
- Gayle Nielsen, who did telephone selling for advance tickets.
- All who came and all that bought auction items.

The support was great, and because of each of you that had a part, we raised \$1800.00 for the scholarship funds.

We appreciate each of you for your contribution in any and every way!!

*The Hereford Key Club*

The Casey Smith Memorial and the Gene Y. Brock Scholarship Funds Committees

## \$1,000 Cargill Scholarship awarded to local youth

Angela Brumley, a 1990 graduate of Hereford High School, has been awarded a \$1,000 college scholarship by the Cargill Foundation.

Brumley plans to enter McMurry College this fall to study music education.

The scholarship is one of the 200 awarded by the Cargill Foundation to 1990 high school graduates from U.S. farm families in 41 states. This year's scholarship program, in its

fifth year, attracted 2,697 applicants.

The \$200,000 Cargill Scholarship Program for Rural America is designed to recognize and encourage academic achievement, accomplishments and talents of young people from farm families throughout the United States.

The Cargill Foundation is the private charitable foundation of Cargill, a diversified agribusiness company based in Minneapolis.

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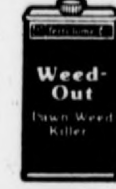
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### Retirement party held

A retirement party was held recently at the Fellowship Hall of the First Baptist Church honoring kindergarten teachers, Juanita Coker, Kee Ruland, and Georgia Sparks. Each honoree received a framed alphabet scissor cutting from members of the church in recognition of their 62 combined years of dedicated service.

## Teachers honored at retirement party

BY KAY CRISMON  
Staff Writer

The First Baptist Church Kindergarten began as a one-room school 31 years ago. Many changes have occurred the last three decades with the exception of the love and understanding that binds students and teachers.

Recently, a retirement party was held at the Fellowship Hall of the First Baptist Church honoring kindergarten teachers, Juanita Coker, Kee Ruland, and Georgia Sparks.

Hostesses for the party were Susan Sublett, Susan Robbins, Pat Manchec, and Margot Sims.

Paper, resembling a large black-board, was prepared for guests to register and make comments on during the party.

Coker has been a kindergarten teacher for 24 years. "Having the opportunity to touch the lives of so many children and having an everyday influence in what they learn is rewarding in so many ways," she said.

## How to grill your burgers

NEW YORK (AP) - The American Dairy Association has the following tips for grilling great cheeseburgers.

- Use your hands to gently shape ground beef into patties, but keep handling to a minimum. The more the beef is manipulated, the less juicy the burgers will be.

- Grill burgers over medium coals. The coals are considered medium when they appear to glow through the layer of gray ash that covers them. This usually takes 30 to 45 minutes. Or hold your hand, palm down, about 4 inches above the coals for 4 seconds before the heat becomes uncomfortable.

- Turn burgers just once during cooking. Use a long-handled spatula. A pronged utensil pierces the burgers, which causes them to lose natural juices.

- Wait to salt burgers until after they have been turned.

Memories brought back the story of a small child cutting out ducks to place around the black-board. After a hard time, the child gave the duck to Coker to be put with the other ducks on the wall. A boy presented his duck to her and said, "Please don't put my duck next to that dead one."

Having taught kindergarten for 19 years, Kee Ruland explained with tears in her eyes, "Being around children just gives me a natural high. Throughout the 19 years, children have given me a collection of frogs. It all began the first year of teaching when we sang a lot of frog songs."

"I remember a child who was misbehaving and I asked him, 'What am I going to do with you?' and he replied, 'I know what I am going to do about you,' and he gave me a great big hug," Ruland added.

Georgia Sparks has also taught for 19 years. "It is so easy to love the children," she said. "Of all my years of teaching only one year was uneasy for me and this was because of discipline problems. I guess I got the children that were hard to discipline all in one year. It was a learning experience for me as well as for the children. After that year everything fell into place."

Receiving a high school graduation invitation from one of her kindergarten students, Chad Muse, didn't bother Sparks at all. She said she didn't feel like teaching was a job because she enjoyed it so much. Sparks has been nominated Outstanding Teacher in "Who's Who of America" by Renee Sublett.

Each honoree received a framed alphabet scissor cutting, made by Kim Moore, from members of the First Baptist Church for the 62 combined years of dedicated service.

## Red Cross Update

BY BETTY HENSON

A garage sale will be held June 1-2, Friday and Saturday, at the Red Cross office. The proceeds from the sale will go for spring storms disaster relief. Thousands of people have been sheltered and fed and now basic needs will have to be met in order to help these victims begin to put their lives back together. Donations are being accepted at the Red Cross office or call 364-3761 and we will pick up those items.

I am asking volunteers to call the office and volunteers to help at the garage sale. Alice Gilleland is recovering from heart surgery and is doing better. I really miss Alice and many volunteers will not be called since she is not at the office to do this for us.

Herb DeLaRossa has returned from attending the National Red Cross Convention in Florida. He has lots of good ideas picked up at all of the workshops and sessions. Herb would be glad to talk to anyone about his experiences if asked.

The Deaf Smith County Chapter of the American Red Cross is a United Way Agency.

During the construction of the Hoover Dam, concrete had to be poured continually for two years.

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11	NICK
12	USA
13	SHOW
14	(HBO)
15	(MAX)
16	NASH
17	DISC
18	A&E
19	LIFE
20	PTL
21	UNI

## SUNDAY

### AFTERNOON

- 12:00 ● Born Free Gary Collins, Diana Muldaur
- Super Sports Follies
- Frontline
- Lone Ranger
- Sellsouth Atlantic Classic
- Movie: The World's Greatest Athlete \*\*\* A despondent coach finds the athlete of his dreams in a jungle boy. John Amos, Jan-Michael Vincent (1973) G
- Lassie
- Miami Vice Don Johnson, Philip Michael Thomas
- Baseball Arizona Bassmaster Invitational
- Challenge
- Internal Medicine Update
- Thomas Road
- 12:30 ● Duke of Hazard
- The Rifleman
- This Week in Baseball
- Heathcliff
- Hank Parker's Outdoor Magazine General Chuck Yeager
- Orthopaedic Surgery Update
- Futbol/ Soccer Madrid Real vs Mexico
- 12:50 ● Disney Salutes The American Teacher Barbara Bush
- 1:00 ● Movie: Flipper's New Adventure \*\* A boy learns his dolphin is to be sent to an aquarium. Brian Kelly, Luke Halpin (1984)
- Austin City Limits
- Wagon Train
- Lead-Off Man
- Kids Of Degraasi Street
- Movie: Rooster Cogburn \*\* Schoolmarm joins up with hard-drinking marshal to capture a gang. John Wayne, Katharine Hepburn (1975) PG Violence
- Movie: Big \*\*\* A carnival wish transforms a young boy into a grown man overnight. Tom Hanks, Elizabeth Perkins (1988) PG Profanity, Adult Themes
- Bill Dance Outdoors
- Beyond 2000
- Family Practice Update
- Cornerstone
- 1:20 ● Major League Baseball
- 1:30 ● InSport
- Kids Of Degraasi Street (HBO) ● Jeremiah Johnson \*\*\* (MAX) ● License To Drive \*\* ● Hidden Heroes A.J. Watson
- Cardiology Update
- 2:00 ● French Open Preview

- For Veterans Only
- Big Valley
- Bud Light Daredevil
- Movie: Like Father, Like Son \*\* A father and son switch bodies thanks to a Navajo medicine man. Dudley Moore, Kirk Cameron (1987) PG13 Profanity, Adult Situation
- It Isn't Easy Being A Teenage Millionaire
- American Sports Cavalcade Nat'l Auto Supply 358 Modified Champ
- Safari
- American Playwrights Theatre Jean Stapleton, Rue McClanahan
- Physicians' Journal Update
- Changed Lives
- 2:30 ● American Interests
- International Race Of Champions
- NBA Basketball
- College Bowling National Championship (T)
- Day Of Discovery
- Boxeo Budweiser
- 3:00 ● Movie: Flight Of The Navigator \*\* A 12-year-old vanishes from Earth and becomes a spacecraft pilot. Joey Cramer, Veronica Cartwright (1986) PG
- JC Penney/ LPGA Skins Game From Frisco, TX (T)
- Heritage
- Gunsmoke
- You Can't Do That On Television
- Double Trouble
- Movie: Racing With The Moon \*\*\* Four teenagers come of age and fall in love in the shadow of the war. Sean Penn, Elizabeth McGovern (1984) PG Profanity, Nudity
- (MAX) ● Young Sherlock Holmes \*\*
- Tribute To Valor
- Jacques Lousier: Bach To Bach
- Family Practice Update
- Bill Swad
- 3:30 ● Life Choices
- Grand Prix Of Monaco
- Bell Atlantic Senior Classic
- Out Of Control
- My Sister Sam (HBO) ● By Dawn's Early Light
- NHRA Today
- On/Off Update
- What Catholics Believe
- 4:00 ● America's Challenge
- Bonanza: The Last Episodes
- Friday The 13th: The Series
- Mr. Wizard's World
- Shadow Theater
- Inside Winston Cup Racing A fast

- paced look at the NASCAR Winston Cup racing
- Tribute To Valor
- Eagle And The Bear
- Cardiology Update
- Dr. D. James Kennedy
- Lo Mejor De La Semana Lo mejor de la semana en el beisbol.
- 4:30 ● Sidekicks Gil Gerard, Ernie Reyes, Jr.
- America's Defense Monitor
- Hogan's Heroes
- Dennis The Menace
- Hitchcock Presents
- World Of Speed And Beauty Desert Dune Buggy
- Heroes
- Orthopaedic Surgery Update
- Univision En El Deportes
- 4:35 ● Jeffersons
- 5:00 ● Danger Bay
- News
- ABC World News Sunday
- Sordatown
- Movie: The Brinks Job \*\*\* This offbeat comic adventure recreates the famous 1950 Brink's heist. Peter Falk, Peter Boyle (1978) PG Profanity, Violence, Adult Situation
- CBS News
- War Of The Worlds
- Hey Dude
- Murder, She Wrote
- Movie: Cocoon: The Return \*\* Those enterprising seniors return to Earth to help a friend. Steve Guttenberg, Dan Aykroyd (1988) PG Profanity, Nudity, Adult Themes
- (MAX) ● 9 To 5 \*\*
- Truckin' USA Nashville International Raceway
- Bill Burrud's Animal Odyssey
- Our Century: Return To Two Jims
- Test Of Time
- Jerry Falwell
- 5:05 ● NWA Main Event Wrestling
- 5:15 (HBO) ● Iron Eagle II \*
- 5:30 ● Animals Of Africa
- NBC News
- Bill Moyers' World Of Ideas
- News
- Zorro
- Missing: Reward
- SportsCenter
- Mr. Ed
- Road Test Magazine Toyota Supra And Nissan Hardbody
- Noticias Univision

- Movie: The Swan \*\*\* A Hungarian princess plans for her daughter to marry the crown prince. Grace Kelly, Alec Guinness (1956)
- Magical World Of Disney Hayley Mills, Barry Bostwick
- One On One
- Movie: Mustang Country \*\*\* Indian boy tracks a wild mustang in the wilderness the Rockies. Joel McCrea, Robert Fuller (1976) G
- Life Goes On Kellie Martin, Monique Lauer
- Rin Tin Tin K-9 Cop
- 60 Minutes
- Baseball Tonight
- The Outsiders Jay R Ferguson, Rodney Harvey
- Inspector Gadget
- The Equalizer
- American Sports Cavalcade Nat'l Auto Supply 358 Modified Champ
- Tribute To Valor
- What Catholics Believe
- Cita En Italia '80 Diego Maradona
- 6:30 ● In Living Color
- On The Television
- (MAX) ● Working Girl \*\*\*
- Bill Dance Outdoors
- Discovery Sunday
- Internal Medicine Update
- Phil Arms
- Movie: Almohada Para Tres Jactante Anders, Enrique Lizalde
- 8:45 (HBO) ● Str Crazy \*\*\*
- 9:00 ● Movie: Anna And The King Of Siam \*\*\* Widow and son arrive in Siam to tutor the King's wives and children. Irene Dunne, Rex Harrison (1946)
- Masterpiece Theatre Nigel Havers, Rosemary Leach
- World Of Audubon
- Changed Lives
- Booker Richard Greco, Lori Petty
- Saturday Night Live
- Crime Story
- Outdoor News Network
- Discovery Sunday
- All Creatures Great And Small
- On/Off Update
- Father McDough
- 9:05 ● Movie: Big \*\*\* A carnival wish transforms a young boy into a grown man overnight. Tom Hanks, Elizabeth Perkins (1988) PG Profanity, Adult Themes
- 9:30 ● John Ankerberg
- Laugh In
- Baseball Arizona Bassmaster Invitational
- Family Practice Update
- 7:00 ● Movie: ABC Sunday Night Movie Diamonds Are Forever \*\*\* Agent 007

- uncovers a plot to destroy the world. Sean Connery, Jill St. John (1971) PG
- American Soapbox
- The Simpsons
- My Three Sons
- NWRA Today
- 8:00 ● Best Of Spike Jones
- Saturday Night Live 18th Anniversary
- Lawrence Welk
- National Geographic Explorer
- In Touch
- Movie: Sundown Fury \*\* Young man fights organized banditry. Don 'Red' Barry (1942)
- CBS Sunday Movie At Mother's Request (Pt 2 Of 2) Stefanie Powers, E.G. Marshall (1986) G
- Married... With Children Ed O'Neill, Kelsey Sagal
- Green Acres
- Inside Winston Cup Racing A fast paced look at the NASCAR Winston Cup racing.
- Cardiology Update
- What Catholics Believe
- Cita En Italia '80 Diego Maradona
- 6:30 ● In Living Color
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- Laugh In
- Baseball Arizona Bassmaster Invitational
- Family Practice Update

- Benjamin
- 8:40 ● Instant Replay
- 10:00 ● Struggle For Democracy
- Futaba Watch
- News
- Varied
- Monsters
- SportsCenter
- Golf Challenge
- Newsweek
- Miami Vice Don Johnson, Isaac Hayes
- World Of Speed And Beauty Desert Dune Buggy
- Wings
- Carolina's Comedy Hour
- Orthopaedic Surgery Update
- Cornerstone
- 10:30 ● News
- Field Programming
- Winners Walk
- Public People, Private Lives
- Night Court
- Fishing Texas
- Puffy Dubs
- (MAX) ● See No Evil, Hear No Evil \*\*
- Internal Medicine Update
- Johnny Canales
- 10:40 (HBO) ● Seven Hours To Judgment
- 10:45 ● Texas Country Reporter
- 11:00 ● M\*A\*S\*H
- Paid Programming
- Larry Jones
- Movie: Peery Mason: The Case Of The Shooting Star \*\* Perry defends a director accused of murder on the air. Raymond Burr, Barbara Hale (1988)
- Quarter Horse Racing Kansas Futurity From Rudoso, NM (T)
- Hollywood Insider
- Movie: Lost Angels \*\* A psychiatrist struggles to reconcile a troubled teen and his parents. Donald Sutherland, Alan Horowitz (1989) R Profanity, Nudity, Violence
- Trucks And Tractor Power The Blaster Brothers
- Green Acres
- Movie: Tumbledown A paralyzed soldier copes with hostile Army bureaucracy. Colin Firth, David Calder (1988)
- It Is Written
- 11:05 ● Hubble Space Telescope
- 11:15 ● Arsenal Hall
- 11:30 ● Movie: Bloodhounds Of Broadway \*\* A bookie finds himself in hot water with his girlfriend. Mitch Gaynor, Scott Brady (1952)
- Star Trek
- Star Tomorrow
- John Canales
- Movie: Zeppelin \*\*\*

# Comics

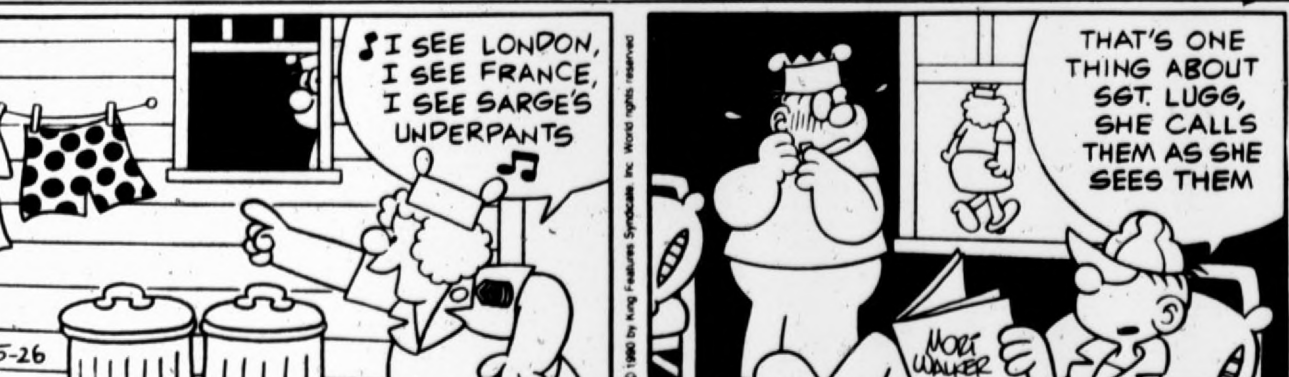
## BLONDIE by Dean Young and Stan Drake



## Marvin By Tom Armstrong



## BEETLE BAILEY By Mort Walker



## Barney Google and Snuffy Smith By Fred Lasswell



## The Wizard of Id By Brant Parker and Johnny Hart



## MONDAY

- MOVIE: Bigfoot \*\* While on a camping trip with their parents, two children encounter an eight-foot creature being pursued by a ruthless adventurer. Colleen Dewhurst, Adam Karl (1987)
- News
- MacNeil Lehrer NewsHour
- Scarecrow & Mrs. King
- Abbott And Costello
- Night Court
- SportsCenter
- Webster
- Dennis The Menace
- Miami Vice Prodigal Son (Pt 1 Of 2)
- Music Row Video
- Rendezvous
- New Wilderness A female baboon fights for her freedom in a society ruled by tyrannical males.
- Spenser: For Hire
- James Robinson
- Rubi Novela de Venezuela.
- 6:05 ● Jeffersons I Do, I Don't
- MOVIE: The Last Starfighter \*\* A video game whiz is persuaded to join the intergalactic starfighters by a smooth-talking alien recruiter. Lance Guest, Robert Preston (1984) Profanity, Violence
- 6:30 ● Cosby Show
- Wheel Of Fortune
- Night Court
- Major League Baseball New York Mets vs Cincinnati Reds (L)
- Mr. Belvedere
- Looney Tunes (HBO) ● Babar Babar, Zephir and Uncle Arthur search for treasure. (Animated)
- World Monitor
- World Of Survival John Forsythe teams up with the Oxford Scientific Unit to explore the Trinidad rainforests. John Forsythe
- Morris Cerullo
- 7:00 ● The Hogan Family
- Skyscraper (Pt 4 Of 5) Skyscraper journeys to Canada for a glimpse into the lives of some of Worldwide Plaza's ironworkers, Mohawk Indians that live on a reservation.
- MacGyver While trying to aid an elderly Concentration Camp survivor, Mac comes across a band of Neo-Nazi art thieves plotting to reprise the Holocaust. (R) Richard Dean Anderson, Nehemiah Persoff
- America Remembers JFK Through

- newsreels, TV archives, and interviews with old pals and colleagues, we are allowed a swift passage into a national legend. John F. Kennedy
- Major League Baseball New York Yankees vs Chicago White Sox (L)
- Major Dad Marine wives gather at Camp Singleton for Jane Wayne Day. Polly dodges bullets, swims streams and tries to survive. (May Be Preempted) Gerald McRaney, Sherry Red
- 21 Jump Street While undercover as a bouncer at a hot nightclub suspected of supplying teenagers with LSD, Hanson encounters a former girlfriend. (R) Johnny Depp
- Double Gills
- Murder, She Wrote Obituary For A Dead Anchor
- (HBO) ● MOVIE: Funny Farm \*\*
- (MAX) ● MOVIE: Tequila Sunrise \*\*
- Gospel Jubilee
- Arthur C. Clarke's World Of Strange Powers Element Of The Divine
- Kingdom Of The Sun Des and Jen Bartlett follow the encounters of a pride of lions in Namibia's Etosha National Park.
- Moonlighting
- Success-N-Life
- Amandote II
- 7:05 ● MOVIE: Superman III \*\* Superman defends truth, justice and the American way against a devious computer genius and a financial megalomaniac. Christopher Reeve, Annette O'Toole (1983) PG Profanity, Violence
- 7:30 ● Working Girl
- Sydney Fastidious Matt is roughed up by henchmen and moves into Sydney's unkempt apartment until the danger blows over. (R) Valerie Bertinelli, Rebecca Bush
- Bewitched
- On Stage
- Texas X Canyon Of Holy Volcanoes
- 8:00 ● MOVIE: King Kong \*\*\* While on a mysterious island, a group of adventurers find a gigantic ape and bring him back to New York where he breaks free and tears the town apart. Fay Wray, Bruce Cabot (1933)
- MOVIE: NBC Monday (Pt 4) At The Movies Pretty In Pink \*\* When a wealthy, popular boy falls in love with a poor girl, their relationship causes animosity among their respective high school friends. Molly Ringwald, Andrew McCarthy (1986) PG13 Profanity, Mature Themes
- Stalin Examine Stalin's early years,

- his personal goals, and how those goals related to his plans for his country.
- MOVIE: ABC Monday Night Movie Heaven Can Wait \*\* A good-natured football player is taken to Heaven ahead of schedule, and has to return to life in another man's body. Warren Beatty, Julie Christie (1978) PG
- Murphy Brown Murphy's nemesis, Jerry Gold, bets the F.Y.I. team that they can't be environmentally responsible for two weeks. Candice Bergen, Jay Thomas
- Allen Netton As Halloween approaches, a serial killer is stalking Newcomers with an MO which is eerily similar to one of their most grisly legends. (R)
- Green Acres
- Prime Time Wrestling
- MOVIE: Cyborg \*\* A female cyborg is captured by cannibalistic flesh-pirates, and it is up to the future's most fearsome warrior to save her. Jean-Claude Van Damme, Deborah Richter (1989) R Profanity, Nudity, Violence
- Another Evening With The Statler Brothers Statler Brothers and an all-star cast in comedic situations, including a western operetta with Reba McEntire and Mel Tillis.
- Safari Summer In India
- Miss Marple: Body In The Library (Pt 2 Of 3) Miss Marple wakes Gosington Hall when a strangled nightclub dancer is found in Colonel Bantry's library. Joan Hickson
- MOVIE: Unnatural Causes \*\*\* The story of a V.A. counselor and a Vietnam vet who wage a battle to force the V.A. to provide benefits for veterans ahead of Agent Orange. John Ritter, Alfre Woodward (1986)
- Richard Roberts
- Simplemente Maria Novela de Mexico.
- 8:30 ● Designing Women A peaceful canoe trip for the Sugarbaker ladies goes bad when they run into a trio of Georgia backwoods hillbillies. (May Be Preempted) Delta Burke, Hal Holbrook
- Donna Reed
- Voice Of Salvation
- 8:45 (HBO) ● Comic Relief '80: Highlights Some of America's top comics gathered once again to help call attention to the plight of the nation's homeless. Here are exciting excerpts. Billy Crystal, Whoopi Goldberg
- 9:00 ● Local Heroes, Global Change (Pt 4 Of 4)

## TUESDAY

- News
- MacNeil Lehrer NewsHour
- Scarecrow & Mrs. King
- Abbott And Costello
- Night Court
- SportsCenter
- Webster
- Dennis The Menace
- Miami Vice Prodigal Son (Pt 2 Of 2)
- Showtime Coast To Coast Jazzman Herbie Hancock hosts this acclaimed music series, with exciting performances from different venues around the nation. Carol King, Kenny Loggins
- Music Row Video
- Rendezvous
- New Wilderness Giant sea turtles battle the forces of nature and the even deadlier forces of man.
- Spenser: For Hire
- James Robinson
- Rubi Novela de Venezuela.
- 6:05 ● Jeffersons And The Winner Is
- 6:30 ● Railway Dragon An enchanting, animated special which tells the tale of a little girl who is a believer. Her faith enables her to share an adventure with a dragon. Leslie Nielsen, Barry Morse
- Cosby Show
- Wheel Of Fortune
- Night Court
- Major League Baseball
- Mr. Belvedere
- Looney Tunes
- World Monitor
- World Of Survival Take a stroll with host John Forsythe when he hangs around with the shy and retiring hedgehog.
- Morris Cerullo
- 6:35 ● Sanford And Son The Blind Mellow Jelly Collection
- 7:00 ● Great Moments In Disney Animation Carol Burnett hosts this special featuring clips from Snow White, Dumbo, Fantasia, Jungle Book, Cinderella, Song Of The South and 101 Dalmatians.

- Matlock Matlock must overcome his dislike of a young, brash client who bolts from the courtroom after being framed for murdering a rich uncle. (R) Andy Griffith, Julie Sommers
- Nova Nova reports on the 100-year-old legacy of mining pollutants that poison the once-pristine waters of the Rocky Mountain states.
- Who's The Boss? Sam's good grades make it possible for her to graduate early and go to college, but she doesn't want to leave Tony all alone a year ahead of time. (R) Alyssa Milano, Mike Tyson
- Bonanza
- Major League Baseball San Francisco Giants vs Chicago Cubs (L)
- Rescue: 911 A race driver is trapped in his car after it crashes; a police helicopter pursues a burglar through the night and an elderly couple is marooned. (R)
- MOVIE: Star Trek: The Motion Picture \*\*\* A newly designed Enterprise heads out into space on a mission to intercept a mysterious planetary intruder. William Shatner, Leonard Nimoy (1979) G
- Double Gills
- Murder, She Wrote Stage Struck
- MOVIE: Homeboy \*\* An aging boxer gets a chance to don his gloves again, but he has to go to college. Mickey Rourke, Christopher Walken (1986) (HBO) ● MOVIE: By Dawn's Early Light (MAX) ● MOVIE: Gleaming The Cube
- Church Street Station
- Discovery Showcase Arabia: Sand, Sea And Sky - Eye Of The Camel
- Biography: Yamamoto The story of Isoroku Yamamoto, the architect of the devastating attack on Pearl Harbor, is told.
- Moonlighting
- Success-N-Life
- Amandote II
- 7:05 ● MOVIE: The Guns Of Navarone \*\*\* Six Allied commandos are sent to a German-occupied island on a near-impossible mission: to destroy the guns of Navarone. Gregory Peck, David Niven

- (1981) Profanity, Violence.
- 7:30 ● The Wonder Years Kevin faces a dilemma between attending a dance with his crush, rice lab, partner, or holding out for a chance at his crush date. (R) Fred Savage, Linda Sloan
- Bewitched
- On Stage
- 7:50 ● Disney Salutes The American Teacher Top teachers across the country are recognized for their personal achievements and accomplishments. Barbara Bush
- 8:00 ● Adventures Of Sherlock Holmes A young governess seeks Holmes' aid after she receives a strange job offer; he probes the secret of a closed wing in the house of her employer. Jeremy Brett, David Burke
- In The Heat Of The Night Chief Gillespie and Virgil investigate what seems to be the accidental death of a beauty contestant, only to uncover an ugly plot of extortion. (R) Carroll O'Connor, Howard Rollins
- Frontline A neighborhood in Dallas, Texas struggles to combat the drugs and violence that threaten the lives of its citizens and the community at large.
- Roseanne Roseanne makes unruly cracks about Jackie's latest career goal; Darlene gets even with Becky by tattling on her. (R) Roseanne Barr
- NBA Basketball Western Conference Final, Game 5 (L) (If Necessary)
- Green Acres
- Movie: Carrie (Pt 1 Of 2) \*\* A Russian-born chemist becomes a spy for the Allies on the eve of World War II. Joan Collins, Robert Carradine (1986)
- Nashville Now
- Beyond 2000 Technozone
- MOVIE: Waltz Of The Toreadors \*\* A A nagging wife rallies to his English castle to contemplate past indiscretions and indulge in a few new ones. Peter Sellers, Margaret Leighton (1962)
- MOVIE: Child's Cry \*\*
- Richard Roberts

# Entertainment



Gail Reagan

## HAVE FUN at the Movies

EXCELLENT GOOD FAIR POOR DON'T WASTE MONEY

**IMPULSE:** Starring Theresa Russell is a thoroughly entertaining, action-packed thriller directed by Sondra Locke.

Sandra Locke, the ex-girl friend of Clint Eastwood, but not apparently an ex-student of his film genre, certainly proves that women can crash cars, blow people away and sex it up with the best of the male directors.

Theresa Russell plays an undercover vice cop who catches men that solicit prostitutes. Enter a handsome, government narcotics agent on a one-man crusade to rid Los Angeles of dope kingpins. Faster than you can say freeze, Russell and our handsome hero tumble into a steamy one-night stand. But Russell is wary of lasting relationships and this one quickly gets left behind in a bloody trail of shoot first and ask questions later. Then something happens. Russell is tempted. Or, is she? She gets trapped. Or, does she? She's on the take. Or, is she? She loves him. Or, does she? *Impulse* quite suddenly turns into a very good, good-cop/bad-cop movie with an unusual twist.

Sandra Locke proves to be a very competent director and manages to keep the events taut and

suspenseful. She has an interesting way of drawing the audience into the story, even though her touch is often heavy-handed.

You'll like Theresa Russell; she plays a sensual, supercharged bombshell set to explode at any minute. And she's the main element that keeps the film from sinking into shoot 'em up pulp.

Rated R for a very racy sex scene. **Three Boxes**

### VIDEO RENTAL MOVIES

Five terrific new films this month....

**CRIMES AND MISDEMEANORS:** (1989) Starring Woody Allen, Martin Landau, Angelica Huston, Alan Alda, Mia Farrow, and also written and directed by Woody Allen.

This film is one of Allen's most inspired movies. Allen plays a neurotic nebbish (what else?) in love, and unrequited, with Mia Farrow. Martin Landau plays a philanderer being black-mailed by his distraught and less than stable mistress, Angelica Huston. Both men experience their own personal dilemmas.

Allen loses Farrow to selfish, self-

centered Alan Alda and Martin Landau gets away with, well. This is very much an audience participation film and too many details will spoil the fun of the vintage Allen humor. As always, this Woody Allen film is only for his diehard fans.

Oscar-nominated for Best Director, Best Supporting Actor (Landau) and Original Screenplay. Rated PG-13. Release date: May 23. **Three Boxes**

**THE FABULOUS BAKER BOYS:** (1989) Starring Jeff and Beau Bridges and Michelle Pfeiffer. In the last fifteen years, Jack Baker (Jeff Bridges) and Frank Baker (Beau Bridges) have played every hotel and cocktail lounge they could book. But lately business has been off, so they hire Susie Diamond (Michelle Pfeiffer) to spice up the act. This hard-talking beauty with a terrific voice makes the sparks fly, on and off the stage.

Michelle Pfeiffer is fantastic in this movie - just fantastic. *The Fabulous Baker Boys* is a magnetic story of love, hope and dreams. Nominated for four Academy Awards: Best Actress (Pfeiffer), Original Score and Cinematography and Editing. Rated R. Release date: May 24. **Four Boxes**

**BACK TO THE FUTURE II:** (1989) Starring Michael J. Fox.

In this installment of the Fox future film, which begins in 1985, Michael J. Fox and Christopher Lloyd visit the year 2015 to resolve a few family dilemmas. They soon discover, though, that someone has tampered with time, and to save the future, they must return to 1955. There's even more eye-boggling

special effects and high-spirited humor that in the original. Rated PG. Release date: May 24. **Four Boxes**

**WORTH WINNING:** (1989) Starring Mark Harmon. A flop on the big screen, this little charmer will be fun at home with your own popcorn.

Mark Harmon plays Taylor Worth, an all-American heartthrob (type casting?). But, a little bet with a friend is about to get him into trouble with the ladies (Maria Holvoe, Madeline Stowe and Leslie Ann Warren, to be exact). The bet involves Taylor's ability to get three knockouts to say "yes" to marriage within three months. Little did he know that he's actually fall in love with one of them. (Oh, you figured that out - well, the script wasn't written by a rocket scientist.) This slightly madcap, sometimes funny and always predictable film does have its adventurous moments. Rated PG-13. Release date: May 24. **Two Boxes**

**THE BEAR:** (1989/French) One of the finest family films to be released last year (or ever). This live-action adventure fantasy tells the story of a wounded, male Kodiak bear, and an orphaned cub, fighting man and nature in order to survive. It's an emotional story with unforgettable images, told, uniquely from the bear's point of view. The scenery is breathtaking and the photography is unbelievable. Directed by Jean-Jacques Annaud, this French import (with English dialogue) is a must for the entire family. Rated PG. Release date: May 31. **Four Boxes**

## Danson stars in A&E series

LOS ANGELES (AP) - Ted Danson, like many people raised near inland deserts, finds himself irresistibly drawn to the oceans.

And his love affair with the sea, which began with boyhood visits from his home in Arizona, is reflected in a new cable TV series.

Danson, best known as the star of NBC's "Cheers," is host and narrator of "Challenge of the Seas," now appearing weekly on the Arts & Entertainment Channel.

He isn't abandoning "Cheers" yet - at least before another season - but he says the end is near.

The 26-week A&E series examines the role that the oceans and their inhabitants play in the balance of the earth's ecology.

"You can't separate the oceans from the rest of the world," Danson says. "Nor can you talk about the oceans without talking about the rain forests or any other part of the world. The oceans are a metaphor. Everything you put into the air or into the ground ends up in the ocean."

He was asked to host the series because of his work with the American Oceans Campaign, an environmentalist group he helped organize three years ago.

"Hardy Jones and his wife, Julia Whitney, came to see me," he says. "They're divers and documentary filmmakers. He produced it and wrote it and stars in the show with his wife. They have some absolutely amazing underwater footage."

"Down in Baja, in the Sea of Cortez, they dove with hundreds of hammerhead sharks. The bubbles from the air tanks drove off the sharks, so they did free diving to 100 feet to get their pictures."

"One of the reasons I wanted to do this is that Hardy filmed unbelievable pictures of fish and animals in their natural habitat. It's more than just a nature film. It shows that what we do on land impacts on the sea around us."

Danson's wife, Casey, and environmental attorney Robert Sulnick are co-founders of the American Oceans Campaign, which has offices in Santa Monica and Washington.

"Our purpose is to preserve and restore our oceans," Danson says. "That's a pretty broad statement, but we are working on three programs. They are curtailing offshore oil drilling, stopping coastal pollution and outlawing international drift nets."

"Some of those drift nets are 50 miles long and they can sweep an area the size of Ohio every night. The nets kill everything in their path, and if they float loose they float around forever killing fish."

Upcoming episodes of the series will deal with such subjects as dolphins, sea lions, gray whales, sea otters, hammerhead sharks, undersea volcanoes, the mile-deep canyon near the Bahamas, sea birds, marine sanctuaries and parks, and kelp beds.

Although Danson grew up in Arizona, where his father was an archaeologist, in the summer the family vacationed in California. "A visit to the ocean was like a pilgrimage," he says.

Danson, just recovered from a case of chickenpox picked up from his children, is back at work at Paramount Studios to complete a two-part episode wrapping up the eighth season of "Cheers."

"I'll be back for another season, but after that we'll have to see," he

says. "Kirstie Alley calls me 'waffle boy' because I change my mind daily about continuing the show. But it's getting close to the end."

Despite his success in such theatrical movies as "Dad," "Cousins" and "Three Men and a Baby," Danson has no plans to abandon television.

"In my mind, it makes sense to stay in television," he says. "If I weren't as successful in films I'd probably go into it more just to raise my batting average. It's hard to say goodbye to a group as good as ours at "Cheers." People are still watching."

Danson has also launched another new television series, NBC's "Down Home." He is one of the executive producers.

"Down Home" stars Judith Ivey as a woman who returns after several years in New York to her hometown in Texas to help her father save his small bait-and-tackle business.

## Safer reviews war experience

NEW YORK (AP) - For Morley Safer, it began in 1989 as one more trip to Vietnam, one made for "60 Minutes." No war this time, just the thoughts of the Vietnamese who fought it and America - and won.

Now the trip is a just-published book, "Flashbacks: On Returning to Vietnam," Safer's impressions of the war's legacy and those he interviewed for the top-rated CBS series that he has called home for 19 of his 58 years.

It's a bit eerie to return, said Safer, who did two CBS tours of Vietnam during the war, the first yielding his controversial 1965 report on the burning of Cam Ne village by Marines who said they'd taken fire from there.

A Vietnam at peace gave him mixed feelings, he said, "because you remember the place in one condition, and it's now totally

different to the extent that you don't feel any sense of menace. ... It's a very odd feeling."

Safer's trip began in Hanoi. He also hit Ho Chi Minh City, as they now call Saigon. And Da Nang, and Hue, and Quang Tri City, the last bitterly fought over in 1972 by North and South Vietnamese troops. It still is rubble, he said, "still smashed to hell after all these years."

He interviewed war-crippled North Vietnamese grunts, a Viet Cong nurse, and a former battalion surgeon who worked north of the Demilitarized Zone, among others. And also the North's legendary military genius, Vo Nguyen Giap.

Safer's book, published by Random House and based on extensive notes he took when he returned to Vietnam, originally was to be just a long letter to his daughter, perhaps 50 pages or so.

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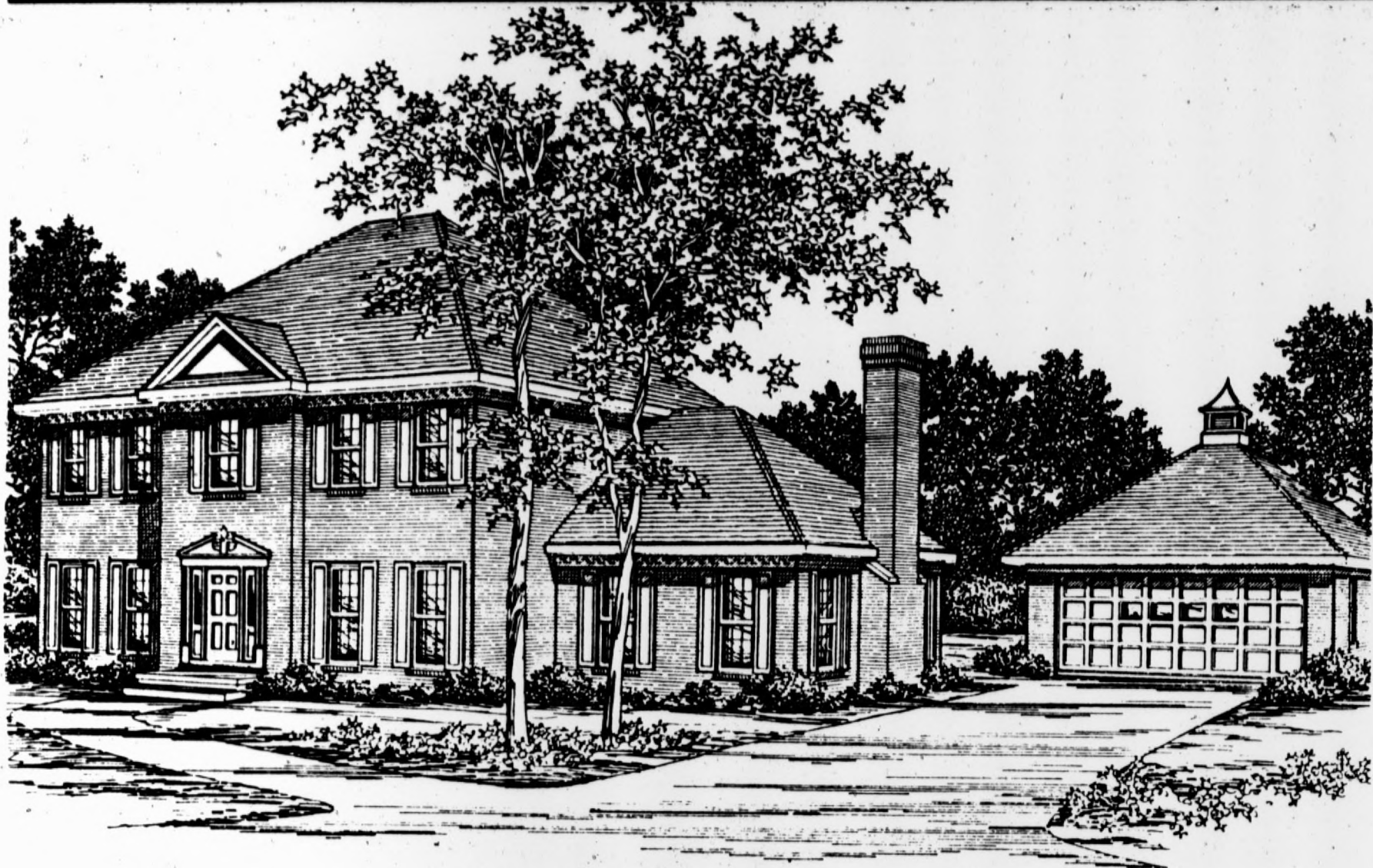
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# Real Estate



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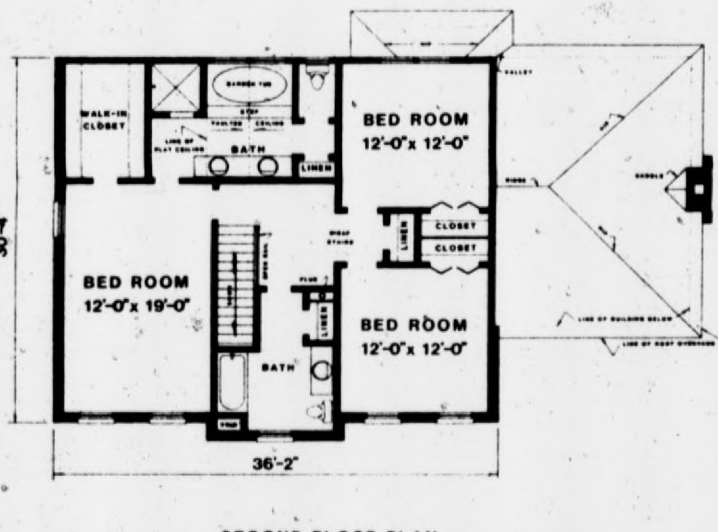
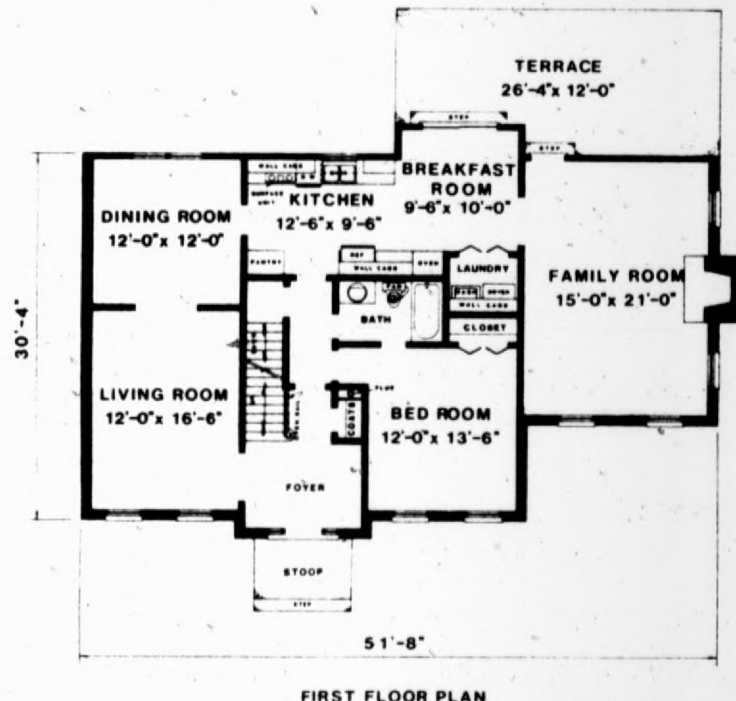
A traditional plan including formal living and dining room as well as a great room sized for comfort. A bedroom is shown for the first floor which alleviates those times when stair climbing is out of the question and this bedroom enjoys the convenience of a full tub bath. A well planned kitchen is shown and a bonus pantry is provided. Laundry

facilities are behind bi-fold doors adjacent to the breakfast room. There are three bedrooms and two full baths shown for the second floor. The master bedroom enjoys the convenience of a compartment bath and a huge walk-in closet.

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1601 BLEVINS	494-105269-203	3	2	\$34,500	•/•••
121 AVE E	494-131002-221	3	1	\$19,500	•
419 AVE E	494-132375-703	3	1	\$23,500	•
433 BARRETT	494-124854-221	2	1	\$11,550	•/CASH
706 BLEVINS	494-062425-235	3	1	\$23,250	•/•••/CASH
222 BRADLEY ST	494-163722-703	3	2	\$18,100	•/CASH
516 IRVING	494-149182-703	3	1	\$13,250	•/CASH
211 AVE K	494-124048-221	2	1	\$11,800	•/•••/CASH
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**EXTENSION OF SALES CLOSING DATE**

HUD requires that all sales be closed within 60 days of contract acceptance date. Title Closing agent has been instructed to cancel any outstanding contracts on the 61st day. If an extension is needed, prior to the 60th day, Brokers must request an extension on the form provided by HUD, together with certified funds for \$270.00, representing a 15-day extension, at \$18.00 per day. This must be received by the 60th day, or the sale will be canceled. Contact the closing agent designated on the contract.

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- The listing price is HUD's estimate of fair market value; HUD reserves the right in its sole discretion to accept offers less than the listing price, but only the highest acceptable offer will be considered.
- All properties listed are "eligible for an FHA insured mortgage," unless specified as "cash."
- Explanation of "Status Notes":
  1. \* Property may contain lead-based paint hazards.
  2. \*\* Flood insurance required.
  3. \*\*\* Property has defective paint which, if not yet treated as prescribed by HUD, will be treated prior to closing.
  4. \*\*\*\* Structural damage may exist.
- HUD reserves the right to waive any informality or irregularity in any bids.
- HUD reserves the right to reject any and all offers or to withdraw a property prior to bid opening.
- HUD properties are sold in "as is" condition.
- Some properties may not meet city codes. Purchasers will be solely responsible for code compliance.
- HUD will not pay for a title policy.
- Earnest money deposit is \$500.00.
- Bid openings are public.
- If bids are not accepted on listed properties, they will automatically go to Extended Listing status after the bid opening. All Extended Listing offers will be opened each workday after 2:30 p.m.
- HUD properties are offered for sale to qualified purchasers without regard to the prospective purchaser's race, color, religion, sex, or national origin. Interested persons should contact the broker of their choice to obtain further information, to see, or to bid on any of the properties listed.
- Brokers/Agents should call the HUD/FHA office in Lubbock, Texas, 806-732-7276, for information on becoming a HUD-certified broker.



**HUDHOMES**  
 Real Values In Real Estate  
 DEPARTMENT OF HOUSING  
 AND URBAN DEVELOPMENT  
 HUD FHA 1205 TEXAS AVENUE  
 LUBBOCK, TEXAS 79401-4093  
 806-743-7276





# Fans can help beat summer heat

**By READER'S DIGEST**  
For AP Newsfeatures  
Fans can do an excellent job of keeping your home comfortable during the heat and humidity of summer months.

They create an airflow that keeps you cool by evaporating perspiration. In addition, ventilating and attic fans reduce temperature and humidity by replacing hot indoor air with cooler night air drawn in from outdoors. By adjusting doors and windows, you can route fresh air through any part of the house. Best of all, fans operate at a fraction of the cost of air conditioners.

**Types of Fans**  
- A ventilating fan changes the air in a room, either by exhausting it outward or by drawing outside air in. It is the most effective fan for overall cooling of a home. The most popular type of ventilating fan is the box fan. Installed in an open window and set on Exhaust, it pulls air through the house from open windows in other rooms. Enclosing the fan with panels improves its efficiency.

When using a ventilating fan, open windows only in rooms you wish to cool. To ventilate a single room that has only a single double-hung window, install the fan on the window sill and press both sashes down on it. Air will be drawn in through the top opening.

- A circulating fan moves the air around within a room, and may be a ceiling fan, a fixed or oscillating fan, or a floor-level hassock-type fan.  
- A slow-turning ceiling fan used with an air conditioner increases the cooling power of the air conditioner by distributing the cool air evenly. (In winter, reversed to blow upward, a ceiling fan can reclaim heat by returning rising warm air to floor level.)

- There are two types of attic fans. One is installed in an opening cut in the gable just under the roof. The rest of the attic is then sealed except for a louver through the attic floor to the living area below. Indoor air moves into the attic as the fan moves the attic air out.

The other type of attic fan is placed in the ceiling beneath the attic and pulls air directly from the living area into the attic. The attic air then moves outdoors through ventilating louvers, usually in the gable ends.

Attic fans are rated according to how many cubic feet of air the fan can move per minute. To determine the fan size you need, multiply your home's length by its width by the ceiling height (in feet). Then multiply this figure by the number of floors of living space. The result is the number of cubic feet of air that the fan must move. In the southern United States, the fan should be able to handle this total volume once a minute; in the North, the fan should be able to handle two-thirds of the volume each minute.

**Maintenance**  
Always unplug the power cord before cleaning or repairing a fan, and use only factory-authorized parts when replacing

1. Every two weeks of use, vacuum a fan with a crevice-cleaning attachment.
2. At least twice during the summer, sponge dirt from the blades, grille and other external parts with a mild detergent solution. Be sure to keep the motor dry.
3. If the owner's manual advises it, put a few drops of light machine oil in the motor's oil hole. As a rule, oil a fan motor before each cooling season.

**Troubleshooting Tips**  
- Motor Does Not Run or Runs Sluggishly: If the fan does not run, make sure there's power at the outlet. If there is, the fan's power cord may be broken. If the motor hums but the fan does not turn, or runs sluggishly, try lubricating the bearings with a few drops of oil. If the fan operates in some speeds but not others, the switch may be broken.  
- Noisy or Unbalanced Operation: If a fan rattles, tighten the screws or nuts around the blade guard or, if it is a window fan, the screws holding the grilles. Also tighten the switch and motor mounting nuts and the blade

assembly set screw, if there is one. If a ceiling fan wobbles, try switching adjacent blades, or experiment by switching all of the blades to different positions.

- Check the blade alignment on box fans. Remove the blade assembly and lay it on a table. All tips should touch the surface. If the blades are metal and if any blade is out of line by more than 1/4 inch, carefully straighten it.  
- Fan Blows Fuses: Too many appliances on a circuit may be causing

an overload. Replace the power cord if it is frayed, or if it has bare wires or burn marks. Replace the plug if it has loose or distorted prongs.  
- Fan Shocks When Touched: Take the fan to an authorized repairman.

(Need help on a home repair or improvement project? Write Reader's Digest, P.O. Box 700, Pleasantville, NY 10570-7000. Suggestions and tips will be offered in future columns.)

# Study before buying carpet

**By READER'S DIGEST**  
For AP Newsfeatures  
Carpeting adds softness, luxury and comfort to a room, conserves heat and provides sound insulation.

However, the many carpeting fibers, textures and patterns available make selecting the right one confusing. Here are some basics for consideration.  
**Fibers**  
The five most common carpeting fibers are acrylic, nylon, olefin, polyester and wool. Of these, only wool is natural; all others are synthetic. No one fiber is completely perfect. When choosing, make your selection according to the intended use, appearance and your budget.

Acrylic is the most natural looking of the synthetics, with the appearance and feel of wool. It is moderately priced, durable and resistant to water soluble stains but not to oily stains. It is also not affected by moisture and mildew.  
Nylon is the strongest of rug fibers and is available in a wide range of colors and prices. This

durable fiber resists and conceals soil and water soluble stains. It is not affected by mildew, and resists shedding and pilling. It may generate annoying static unless it contains built-in static control.

Olefin is an inexpensive indoor-outdoor carpet with a limited range of colors but with excellent color fastness. The fibers are very durable and highly resistant to soil, stains, moisture, mildew and static.  
Polyester is an inexpensive fiber available in a wide range of colors. It is soft, lustrous and luxurious. Moderately durable, it resists water soluble but not oily stains. Because it stains easily, it requires frequent cleaning.

Wool is the most expensive carpeting. It is available in a wide range of colors and textures, is soft and luxurious, very durable, and crush resistant. It resists soiling, and to a lesser degree, staining.

**Density**  
Density is one of the keys to durability in a carpet. The closer the tufts, the better the wear. Use the "grin test" to determine closeness:

Bend a corner of the carpet over your finger and see how much of the backing shows. In a high-quality carpet the visible backing, or "grin", will be minimal.

**Colors and Patterns**  
When buying carpeting, consider the following factors:

- Medium colors look better longer.
- Dark colors won't show dirt but will show lint.
- Lighter shades show dirt sooner, but conceal lint.
- Patterned carpets don't show dirt as quickly as plain carpets.
- A carpet the same color as the walls or a lighter shade than the walls will make the room seem larger. A color that sharply contrasts with the walls will focus the attention on the furniture.
- To make a small room seem larger, try patterned wall-to-wall carpeting and a coordinated patterned paper on the walls and ceiling.
- For stairs, choose a high quality carpet with dense pile. Avoid shags or loose piles that could be dangerous.

- Do not use a strongly patterned carpet in a room with patterned wallpaper, lots of pictures on the walls, or busy shelves. Likewise, do not use carpeting with a large pattern in a small room. Instead, choose one with a small overall design.

**Tips for Preserving Carpets:**  
- Protect carpets with newspaper when polishing furniture - any spills can dissolve some carpet dyes.  
- To keep carpet seams and edges from fraying, brush them with a liquid resin, available at fabric and craft shops.  
- Quickly blot spills with paper towel or a clean white towel. Scrape away any sediment, then recover with a white towel. Place a sheet of plastic or aluminum foil on the towel, then lay some books on top. Let stand overnight.

Peace negotiations between the United States and North Vietnam opened in Paris in 1968.

# Lights make healthier home

**By READER'S DIGEST**  
For AP Newsfeatures  
Lighting can do more than keep darkness away.

Judiciously chosen and placed, it can enhance your home's appearance by altering shape and color, dramatizing its advantages and minimizing its disadvantages. Lighting can also increase working efficiency and create a healthier environment for you and your family. Here are some tips:  
**Lamps**

An average-size room usually needs four or five light sources. In a room where dark-colored walls and upholstery absorb light, you may need more lamps or higher wattage bulbs.

- Choose lampshades according to the effect you want to create. An opaque shade, which produces a strong pattern of up and down light, is more decorative than practical. If you want cheerful, soft even light that you can read by, select a shade made of light-diffusing fabric, plastic or paper.

- Avoid narrow-topped shades as the heat from the confined bulbs deteriorates the shades.

- To achieve harmony in a room, keep the tops of table and floor lamps at the same level and use shades that are similar in style and fabric.

**Ceiling Fixtures**  
- Worried about choosing the right size chandelier for your dining room? A good rule of thumb is that its diameter in inches should equal the diagonal of the room in feet. However, some decorators feel that when it

comes to chandeliers, it's better to overscale than to underscale. A large chandelier may give a small dining room or a narrow hall just the extra glamour it needs.

**Healthy Lighting**  
- To reduce eye strain:  
- If you use a floor lamp for reading, place it slightly behind you either to the left or the right of your shoulder. With a table lamp, line up the base with your shoulder about 20 inches to the left or right of the center of your reading matter. Make sure the bottom of the lampshade is above eye level; a lower one restricts the light that falls on your book or newspaper.  
- To make television viewing easier on the eyes, use a dimmed downlight, a recessed or a canister-type ceiling fixture that casts a pool of light. Or use a table lamp with a three-way bulb on its lowest setting. Place the lamps so that they aren't reflected in the TV screen.

**Mood Lighting**  
- Install dimmers for flexible mood lighting. Bright lights stimulate activity while dim lights are more conducive to relaxation. A dimmer is no more difficult to install than an ordinary light switch or lamp socket. Just follow the package instructions.

- To create a warm, intimate atmosphere, substitute small pools of light for general lighting.  
- Pink bulbs warm up a room, making its light much more flattering than white light. Blue and green bulbs

are cool, making a room seem more serene.

**Other Options**  
In addition to lamps and ceiling fixtures, consider:

- Accent lighting to emphasize specific details in a room such as paintings or decorative objects.
- Cornice lighting that casts light downward over a wall.
- Track lighting that provides flexibility in directing beams of light. The track can be mounted on a ceiling or a wall.
- Uplights that accent objects above them. The soft, diffuse light comes from canister-type lighting fixtures placed on the floor.

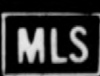


- Valance lighting to provide a wash of light downward over draperies and upward over a ceiling from a special window valance.

- Wall sconces to bounce light off the ceiling or walls or to light an object.

- Wall washers to direct beams of light at the wall, expanding the feeling of space in a room. They can be recessed, surface-mounted, or on a track.

(Need help on a home repair or improvement project? Write Reader's Digest, P.O. Box 700, Pleasantville, NY 10570-7000. Suggestions and tips will be offered in future columns.)

**128 N. TEXAS** - Large 4 bdrm., 2 3/4 bath, lots of storage, storm windows, above ground swimming pool and 2 car garage.  
**111 DOUGLAS** - 3 bdrm, 1 3/4 bath, large rooms, eating bar in kitchen, lots of storage, storm cellar & large trees.  
**429 CENTRE** - 3 bdrm, 2 bath, eating bar in kitchen, bay window, cathedral beam ceiling in den, covered patio.  
**100 RIO VISTA** - Completely remodeled, lots of extras, parkay floor, den, study, double fireplace, very nice location, just off the creek.  
**NICE 2 BEDROOM** - One car garage older home, very good condition. Cash or owner financing. All furniture can be bought too!

**MARN TYLER REALTORS**   
1100 W. HWY 60   
364-0159  
Res. 364 7129 




**PRICE REDUCED** - \$45,900! Management Co. lowered purchase price to sell now! Over 1525 sq. ft. New den carpet, counter top & linoleum in kitchen. 113 Fir.



**PRICE REDUCED!** Owner of this lovely home wants to move. Desirable floor plan, isolated master bdr. 3-1 3/4-2. Pretty backyard. 239 Douglas.

**TRADE-TRADE** - Pretty 3 bdr. in Yucca Hills for smaller house in Hereford. Includes an extra lot plus 7 1/2 acres.  
**MIGHTY TRADE UP** - For a larger home. If you can use a rental or just want less room, lets deal on this super neat 3 bedroom at 613 Stanton.  
**DO YOU LIKE QUIET NEIGHBORS?** - Older house with special features and lots of sq. ft. Priced in mid-40's. 3/4 bedrooms, basement, 1 3/4 bath. Very nice.  
**DO YOU NEED AN ASSUMABLE LOAN?** - 3 bdr/brick, new carpet, large backyard with patio. Located on Northwest Drive.  
**ASSUMABLE LOAN** - A cul-de-sac area, great starter house for couple or small family. Brick, 3 bedroom, 1 bath.  
**PLACE IN THE COUNTRY** - S. Hwy 385, 1 1/2 acres, nice 2/3 bdr. brick, over 1600 sq. ft., priced to sell by Relo Co.

Betty Gilbert 364-4950  
Glenda Keenan 364-3140  
Wayne Keeter 364-6216  
Marilyn Culpepper 364-4009  
Don C. Tardy 578-4408  
Mike Paschel 364-4327  
578-4616 (mobile)  
**Don C. Tardy Company**  
Insurance & Real Estate  
1-800-344-4561  
803 W. 1st, Hwy. 60  364-4561 

**R.J. Salazar Real Estate**  
**3 BEDROOM** - 2 bath, formal living room, den, 2 car garage. Owner says sell!!!  
**3 BEDROOM** - 1 1/2 bath, none qualifying assumable loan.  
**3 BEDROOM** - 1 1/2 bath, good location, under \$35,000. Owner will pay closing cost.  
**3 BEDROOM** - 1 3/4 bath, 1 car garage, corner lot.  
Call (Home) **364-4575**  
Pager 357-2861  
Llame para su compra o venta de casas. 

**NEW LISTING** - Mid 40's, good condition, like new carpet. 234 Greenwood, 3 bd., 2 bath.  
**4 BEDROOM** - Separate living areas, large rooms, well kept, owner would consider trade.  
**LEASE OR SALE** - 211 Ave H., owner will finance sales price \$15,000.  
**810 E. 3RD** - Neat home with finished basement, nice kitchen living and dining, low utilities, must see.  
**TWO STORY** - Low down payment with owner financing available 5 bedrooms.  
**Top Properties**  
240 Main 364-8500  
Temple Abney 364-4616  
Bill Davis 364-2334  
Joan McPherson 364-5157  
Irving Willoughby 364-3769  
Carol Sue LeGate 364-3527  
Clarence Betzen 364-0866  
Hortercia Estrada 364-7245

**HCR**  
**LARGE 3 BEDROOM** - 2 bath, brick, automatic sprinkler system front and back, with sundeck. Only \$54,000.  
**3 BEDROOM** - 2 bath, N.W. area, \$3,000 and assume \$504 payments per month.  
**HOUSE TO BE MOVED** - 3 bedroom, 2 bath, country kitchen with all appliances, real clean and ready to go. Make an offer.  
**4 BEDROOM** - 3 bath, 2 car garage. Must See!  
**5 BEDROOM** - 3 bath, exclusively shown, owner says make an offer.  
**BUILDER SAYS SELL!** - Brand new home on Quince, beautifully decorated, priced at \$85,900.  
**ESTATE** - Says sell, 3 bedroom, 2 bath, fireplace, and unique floor plan, \$75,000 on Quince.  
HENRY C. REID 364-4666 110 N. 25 Mile Ave. Suite C  
JUSTON McBRIDE 364-2798  
BRANT REID 364-7356 **364-4670**

**LONE STAR AGENCY, INC.**  
INSURANCE & REAL ESTATE SERVICE  
601 N. Main Street 364-0555  
Ken Rogers .....578-4350 Hilrey Aven .....364-1303  
John D. Bryant ....364-2900 **MLS** Jim McMorris ...364-8579

# CLASSIFIEDS

# 364-2030

**CLASSIFIED ADS**

Classified advertising rates are based on 14 cents a word for first insertion (\$2.80 minimum), and 10 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	.14	2.80
2 days per word	.24	4.80
3 days per word	.34	6.80
4 days per word	.44	8.80

**CLASSIFIED DISPLAY**

Classified display rates apply to all other ads not set in solid word lines those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$3.95 per column inch; \$3.25 an inch for additional insertions.

**LEGALS**

Ad rates for legal notices are 14 cents per word first insertion, 10 cents per word for additional insertions.

**ERRORS**

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

**1-Articles For Sale**

**SHOP AND SAVE**  
at the areas largest selection of used furniture and appliances. We buy used furniture and appliances (Working or not). Financing available and layaways.

**BEN'S APPLIANCE**  
212 N. Main 364-4041

**YOCUM UPHOLSTERY & DRAPERIES**  
20% discount on large selection of choice materials (Free estimates)  
603 So. 25 Mile Avenue  
Phone 364-4908

**ANDERSON'S ANTIQUES & MALL,**  
Everything from depression glass, comics, antique medical equipment, even a Murphy bed. Lots of unique crafts. Also check out our monthly antique & collectible fair. Inside & out. First week-end of every month starting April 7th & 8th For booth space Call 655-2146  
Come Join The Fun 1701 5th Ave. Canyon Tx.

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 yrs. experience. 364-6617. 40

Repossessed Kirby. Other name brands. Used-rebuilt-\$39-up. Sales-Service on all makes, 364-4288. 1200

Shaklee Products, see Clyde & Lee Cave 107 Ave. C. Ph. 364-1073. 2580

Two grave spaces in West Park Cemetery. Cost \$800. Sell both spaces for \$600. 1-915-893-4564. 13524

8 1/2 foot cab over camper. Kawasaki 100 motorcycle. See at 800 Union. 364-1854, 364-4288. 13312

Harvest Gold Whirlpool Washer & Dryer Set. \$280. Maytag washer, \$75. 2 evaporative air conditioners, \$150 each, 276-5291 days; 364-4113. 13385

Piano for Sale. Wanted: Responsible party to assume small monthly payments on piano. See locally. Call credit manager 1-800-447-4266. 13387

Sears Appliance Center in Hereford has 3 cycle large capacity washer for \$279 and a 2 temp. dryer for \$229 in stock. 421 N. Main, 364-3854. 13394

Sears Appliances Center in Hereford has over 200 appliances in stock & ready for immediate delivery. 13395

Sears Appliance Center in Hereford wants your business. We will meet or beat any appliance price at Sears in Amarillo. Guaranteed! 13396

Subscribe to the Amarillo Daily News for local and national news. Call 364-7736. 13483

For sale: Dinettes, full beds, living room sets, coffee tables, end tables, lamps, dressers, rocking chairs, toys & lots more. Maldonados 513 E. Park Ave. 364-5829. 13487

AKC Chihuahua's. Rare, 3 white longhair girls, short hair girl. Mens good shirts, pants, kids, womens, 30,000 BTU grill. 364-4537. 13494

Large Whirlpool Ice Maker Refrigerator. Good condition. Call 364-1521. 13516

**SEARS APPLIANCE CENTER Of Hereford**  
is having an appliance sale. One day only. The DAY after Memorial Day, May 29th. Same day delivery! We will meet or beat any appliance price from Sears in Amarillo.

Must move beautiful stereo console & tape deck \$300. Like new Beauty Pleat drapes, yellow or gold for long windows. Oak Aires sofa & chairs & more. Make offer. 364-1916 after 7:00. 13527

For sale: Baby mallard ducks, \$3.00 each. 364-5428. 13555

**1A-Garage Sales**  
Garage sale Friday 8:00-12:00, Saturday 8:00-3:00. 120 16th Street. Moving away, selling desk with chair, clothes, misc. 13533

Yard sale Friday & Saturday, 318 Ave. I. 8:00-? Refrigerator, butane tank, lots of baby stuff, Misc. items. 13544

Garage Sale 210 W. 8th Apt. B Saturday and Sunday 8-4. Toys, clothes & baby clothes, stereo for \$100. 13558

**2-Farm Equipment**  
1972 Chevy Titan 90 318 Detroit, Tempte Hopper Bottom with good roll tarp. Looks and runs good. 764-3328. 13264

Hay equipment for sale. Package deal. 364-3498. 13496

**3-Cars For Sale**  
Low prices on cars everyday. Milburn Motor Co., 364-0077, 136 Sampson. 3970

1985 Dodge B350 1 ton 15 passenger maxi van/wagon. Prospector pkg., AC, PS, AT, TS. Low mileage, excellent condition. \$8,650. 364-7526, 8-5 weekdays. 364-3118 evenings or weekends. 13296

1985 Pontiac Gran Prix. Super clean, good college car. Loaded with extras. 364-2120. 13375

Oldsmobile 98 Regency. Good solid older car. See at D&R Auto Parts after 6 p.m. Call 364-4173. 13428

"Attention: Government seized vehicles from \$100. Fords, Mercedes, Corvettes, Chevys. Surplus Buyers Guide. (1)602-838-8885, Ext. A-1488. 13492

1961 Ford Truck, V-8, runs good, new clutch, good rubber, 16' flat bed with no lift. Good working condition, \$1275. 289-5840. 13493

1986 4-door Chevette, automatic. 104 Douglas. 13540

1980 2-door Skylark, nice car with new tires & upholstery. Week-ends & after 6 call 364-4753 or 364-7862. 13545

350 Chevy completely rebuilt motor. \$750. 80 V-6 used engine, \$350. 364-0769 13572

**MILBURN MOTOR COMPANY**  
We pay cash for Used Cars  
136 Sampson  
Phone 364-0077

**NEW & USED**  
Now for sale at **STAGNER-ORSBORN**  
**BUICK-PONTIAC-GMC**  
1st & Miles

**3A-RVs For Sale**  
For sale 1983 14' Pro Craft Bass Boat and trailer, 50hp Johnson Outboard 5 speed Minn Kota Trolling Motor. LCR 4000 graph, super 60 Depth Finder, Timed Livewell, Ph. 364-6456 day or night. 13045

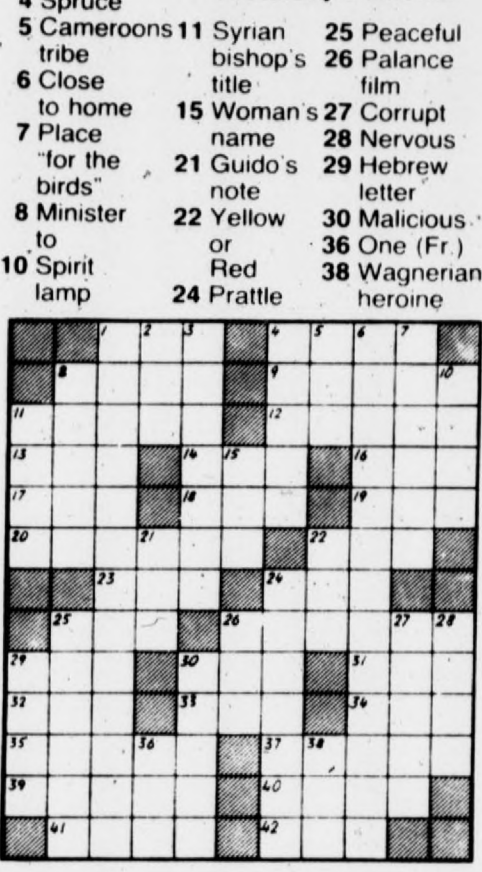
**CROSSWORD**

by THOMAS JOSEPH

- ACROSS**
- 1 Baby's plaything
  - 4 Nothing (Sp.)
  - 8 Revolve
  - 9 Overhead
  - 11 Court decree
  - 12 Namely
  - 13 Big
  - 14 Furrow
  - 16 "Brandy" mammal
  - 17 Flying
  - 18 -- Wednes-day
  - 19 Singing syllable
  - 20 Minerva's Greek counterpart
  - 22 Bashful
  - 23 Piglet
  - 24 Passing grade
  - 25 Peruvian city
  - 26 Pure
  - 29 Nigerian
  - 30 Shinto temple
  - 31 Youngster
  - 32 Celtic deity
  - 33 Crisscross
  - 34 Outfit
  - 35 Boredom
  - 37 Itsy-bitsy
  - 39 Demon
  - 40 Salamander
- DOWN**
- 1 Make progress
  - 2 Pay dirt
  - 3 Contest joner
  - 4 Spruce
  - 5 Camerons tribe
  - 6 Close to home
  - 7 Place "for the birds"
  - 8 Minister to
  - 10 Spirit lamp
  - 11 Syrian bishop's title
  - 15 Woman's name
  - 21 Guido's note
  - 22 Yellow or Red
  - 24 Prattle
  - 25 Peaceful film
  - 26 Palance
  - 27 Corrupt
  - 28 Nervous
  - 29 Hebrew letter
  - 30 Malicious
  - 36 One (Fr.)
  - 38 Wagnerian heroine

**SLOP ASEM**  
**LURE STRODE**  
**ORAN SEASON**  
**BIT MEA ENA**  
**DEPEND LET**  
**ARTY LIE**  
**GET TEN**  
**BAN CLUE**  
**END LARDER**  
**ADE ETE LAP**  
**REMOVE LUNE**  
**DRIVEN EDGE**  
**CART DEER**

Yesterday's Answer



One self-contained 1975 Travel Trailer, Twilight Bungalow. \$2500, firm. 705 Ave. H. 13497

**4-Real Estate**  
Money paid for houses, notes, mortgages. Call 364-2660. 790

Two houses and two separate corner lots near San Jose Church, one house at 237-Catalpa, 1/2 block, 140x300, that has been cleared on corner of Gracey & Sampson. Call 364-8842. 5470

Call us for FHA and VA repos that are available now. 364-4670. 11752

Why pay rent? 3 BR-1 3/4 bath, 2 car attached garage, fireplace, fenced back yard. 233 NW-Drive, 575/mo with 100/mo credited toward purchase. 364-7526 8-5 or 364-3118 evenings & weekends. 12600

For sale by owner: Less than \$30 per sq. ft. on Texas St. Large 4 bedroom, 3 bath, plus office plus formal. Recently redecorated. 364-8313. 12906

Owner finance, small down pmnt., low monthly pmnts., on 4 bedroom, 2 bath. Call HCR 364-4670. 12932

Assumable loan on last block of Hickory. 3 bedroom, 1 3/4 bath. Call for details. HCR 364-4670. 12934

\$14,000 2 bedroom Owner finance. Call HCR 364-4670. 13180

Need to sell fast, 2 bdrm home, garage, fenced backyard. 364-3540 after 5:00. 13270

For sale or trade, office building located 2nd & Miles, new roof, new steel mansard \$60,000. 806-895-4647, 2300 sq. ft. for lease. 13373

3-office suite, prime location, 800 sq. feet, just re-decorated for right business. 902 N. Lee. 364-0686. 13400

Assumable on Greenwood, payments \$507 per month, very small equity. Call HCR 364-4670. 13470

Mobile home for sale: To see 312 Ave. C. 364-8416. Call after 7 p.m. 13486

4 bedroom, 3 bath, living room, den, brick on North Texas. Large above ground swimming pool. Only \$54,900. Marn Tyler Realtors, 364-0153. 13513

Assume payments on 2 bedroom home. Fence, basement, fireplace. Work out details on deposit. 401 E. 4th. 364-0387. 13557

**FOR RENT**  
Countryside Village Apartments at 400 Jack Griffin Ave. 1&2 bedroom apartments, ideal for senior citizens, adjacent to Hereford Senior Citizens Center. Central Heat & Air, security system, yard maintenance. Assistance available on some units. Equal Housing Opportunity. 364-1255

**FOR SALE BY OWNER**  
222 JUNIPER  
3-2-2, low equity, ceiling fans, sprinkler system, satellite dish, garage door opener, built-in stove, lg. utility room, dishwasher, fireplace, drapes included, new wallpaper, assumable 10% loan.

1800 Square Feet  
CALL  
364-0443

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Leave the expenses of the taxes, insurance, repairs & maintenance and yard work to us!!

**MASTERS APARTMENTS**  
1,2,3 Bedrooms  
Carpet, Drapes, Disposal, Fireplace, Dishwasher, Carpet

**TOWN SQUARE APTS.**  
2 and 4 bedrooms  
Carpet, Drapes, Disposals, Jen-Aires, Dishwashers, Fireplaces in 4 bdrm. apts.  
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2 story house, with 1 bedroom, 1 bath downstairs, 2 bedroom and 1 bath upstairs, attic, much storage space. Fireplace is gas heater-log type. Extra lot included. Also 2 bedroom house as rent property, if desired. Rent house \$18,000, home place \$35,000. Get your own loan if needed.  
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1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Move-in special now. No deposit. One and two bedroom apartments. All bills paid, except electricity, Eldorado Arms, 364-4332. 820

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$275.00 month. 364-8421. 1320

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Saratoga Gardens, Friona low rent for needy families. Carpet, laundry facilities. Rent starts \$265, bills paid. Collect 247-3666. 11785

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Lots located Sloux, Cherokee Sts., Ave. G&H  
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Doug Bartlett, 415 N. Main 364-1483-Office 364-3937-Home

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\* Comfortable living Accommodations  
\* Separate Dining and Kitchen Areas  
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Call (806) 364-0661 for an appointment to see these residences. Calls can be received between the hours of 8:00 A.M. to 12:00 Noon and from 1:00 P.M. to 5:00 P.M., Monday through Friday.

**King's Manor Methodist Home, Inc.**  
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2 or 3 bedrooms  
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Fireplace  
364-1350

Mobile home, stove & refrigerator, fenced yard, water paid, \$199 monthly 364-4370. 12999

Office space available at 1500 West Park Avenue in building complex. Other tenants Crop Insurance, Commodity Brokerage, Seed Dealer, Real Estate, Ag Nutritionist, Cattle Feed & Bloat Dealer. \$150/mo. Utilities included. Call 364-1281. 13009

For lease: 3 bedroom, 1 1/2 bath with garage. Deposit required. 364-2926. 13018

For Rent: 3 bedroom, 2 bath a/c, Central gas heat, stove, refrigerator, washer/dryer hookup, carpeted. Great shape. We accept Community Action. Call for details. 364-3209. 13046

2 bedroom, stove, refrigerator, fenced. One bedroom, stove, refrigerator, water & electricity paid. 364-4370. 13122

Luxurious homes in Northwest area for rent. Call HCR, 364-4670. 13181

For rent: 2 bedroom trailer with stove & refrigerator. 304 Ave. H. 364-2131. 13194

Office space for rent. 122 W. 4th (Barber Shop). Call Bill Kester, 364-1811, 364-8494. 13198

For rent: One bedroom with stove & refrigerator, \$150 monthly, 4 bedroom house \$250 month. Call 364-4332. 13213

2 bedroom house for rent, 211 Ave. B. Accept Community Action. 364-0108. 13256

One bedroom apartment, clean, fully furnished. Single person. No pets. Deposit required. Call 364-1797 leave message. 13314

Beautiful spacious two bedroom, two bath apartment available immediately at Arbor Glen Apartment. Kitchen appliances furnished, covered parking and more. Also one bedroom apartment. First month rent free with a one year lease. 364-1255. 13369

Rent to own with no down payment. 3 bedroom, 2 bath mobile home with stove & fridg provided. In excellent condition. Short pay-out and low payment. 364-3209. 13434

One bedroom apartment with all bills paid. Stove, AC & fridge provided. Carpeted and covered parking. We accept Community Action. 364-3209. 13435

One bedroom apartment, 212 Ave. J. Refrigerator & stove, water furnished. \$175 monthly. \$100 deposit. 364-6489. 13454

Bachelor trailer, water electricity along with privacy for \$150.00. \$50.00 deposit. Please call 364-2020, or 364-0981. 13466

One 2 bedroom and one 3 bedroom house for rent. Fenced yard, nice area. Call 364-2660. 13475

For rent-310 16th-2BR, 2 bath, \$425 mo. \$150 deposit. Call Realtor, 364-7792. 13479

For rent- 212 Fir - \$425 mo. 3BR, 2 bath, 2 story, \$150 deposit. Call Realtor, 364-7792. 13480

1 bedroom furnished apartment for rent. All bills paid. \$225.00 a month or \$60.00 weekly. Call 364-3876. 13500

2 bedroom, 816 Knight, stove & refrigerator furnished, \$200 monthly, \$100 deposit. 364-6489. 13501

4 bedroom, 2 bath, 1 car garage, central heat/air. Call 364-1949 after 7 p.m. 13511

For rent Clean 2 bedroom house. Good carpet - large rooms. Community Action Accepted. Call 364-4280 after 5. 13515

# CLASSIFIEDS 364-2030

Three bedroom 2 bath, mobile home, fenced, landscaped, w/d hookups. Extra clean & nice. Deposit, \$100.00; rent \$350.00; 736 Ave. G. Ph. 364-4407. 13517

One bedroom, utilities paid, working gentleman, nice area, \$250, \$50 deposit, 364-1371. 13535

Bachelor apartment for rent, all bills paid. 136 Sampson. 364-0077 or 364-1364. 13536

4 bedroom, 1 bath, brick, two car garage, laundry room, 712 Blevins, \$350 plus \$250 deposit. 364-4908. 13543

For rent: 2 bedroom, 2 bath, mobile home-fenced yard. Bills paid. 75.00 deposit, 364-7603. See at 824 S. McKinley. 13552

Nice 2 bedroom duplex, garage, fenced, stove/refrigerator, w/d connections, dishwasher, disposal. 364-4370. 13553

### 7-Business Opportunities

Experienced person in caring for elderly or handicap. Will live in, or shift work. Phone, 364-5563. 13539

**CANDY & SNACK DISTRIBUTORSHIPS**  
No Selling—No Experience  
MARS BARS - FRITO LAY  
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### 8-Help Wanted

Strong mechanical ability. Will train right person. Apply in person, P&H Electric, 120 Schley. 13507

Help Wanted: Waitress and delivery drivers. Apply in person Pizza Hut, 1404 W. 1st. Paid vacation plan provided. 12467

RN & LVN needed for progressive nursing facility. Competitive wages, Golden Plains Care Center, Janice Kline Administrator, 420 Ronger, 364-3815. 13089

Town & Country Food Stores need achievers who possess personal integrity, a willingness to work, and desire to learn and succeed. Good starting wages, weekly pay, flexible hours, and excellent benefits. Apply at 100 South 25 Mile Ave. 13275

Apply now to operate firework stand in Hereford area June 24-July 4. Must be over 20. Make up to \$1500. Call 1-800-955-1023 or 512-429-3808 10 a.m. - 5 p.m. 13292

"Attention: Postal Jobs! Start \$11.41/hour! For application info call (1) 602-838-8885, Ext. M-1488, 6am-10pm, 7 days." 13391

Steere Tank Lines, Inc. now accepting applications for semi-truck drivers. One year experience in the last three years necessary. Must be at least 21 years of age. Please apply in person. We are Equal Opportunity Employer. 13463

"Postal Jobs" Start \$11.41/hr. + benefits. For exam & application information, call 7 days 8am to 10pm 1-216-324-4891 Ext. 101. 13490

Looking for retired couple to manage a 49-unit motel in Hereford. Please apply at Plains Motel.

RN needed, job consists of patient physical assessment, recruitment & supervision of in-home workers. Travel reimbursed, hours 8a.m.-5p.m. Monday-Friday, fringe benefits. EOE 1-800-869-9887. 13550

Wanted: Experienced electric motor winder. Top pay and benefits. Apply in person P&H Electric, 120 Schley. 13508

Taking applications Friday from 1-4 for truck drivers. Must be 25 years of age, drug test will be required, experience with produce. Come to office (Previously Bradford Trucking) 13529

Wanted: Light house cleaning job or to set with elderly people, or set with one or two children in their homes. 364-0344. 13537

### 9-Child Care

Experienced child care for children of all ages. Call Bonnie Cole, 364-6664. 6000

### 10-Announcements

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

Problem Pregnancy Center. 505 East Park Avenue, 364-2027. Free pregnancy tests. Confidential. After hours hot line 364-7626, ask for "Janie." 1290

### 11-Business Service

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Hearing aid batteries. Sold and tested at Thames Pharmacy, 110 South Centre. 364-2300 weekdays 8:30-6:30 Saturdays 8:30-2:00. 2650

Rowland Stables, 840 Avenue F. 364-1189. Stall rental and boarding. We cater to good families and good horses. 2660

Piano tuning and repair. Free estimates. References. E.E. Clark, Box 19202, Amarillo, Texas 79114-1202, Phone 354-8898. 2670

Harvey's Lawn Mower repair, tune-ups, overhaul, oil change, blade sharpening, etc. Lawn mowing, \$10.00 up. 364-8413, 705 South Main. 12842

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 1-679-5817; Nights call 289-5500. 13402

Choose a gift or gift certificate for the graduate at Merle Norman Cosmetics and the Gift Garden, 220 N. Main. 13495

Forrest Insulation & Construction. We insulate, remodel, fence, build storage buildings. Free estimates. 364-5477. 13526

Will rototill your yard or garden. 364-8541. 13561

**GINN PEST CONTROL**  
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RESIDENTIAL  
COMMERCIAL  
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Rodents, Insects & Termites

**AL CAMEZ**  
Concrete Work  
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All Types Concrete Work  
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Sales, Repair, Service,  
Gerald Parker,  
258-7722  
578-4646

**12-Livestock**  
Buy & sell all types of hay.  
364-2530 or 364-6736 for nights.  
13370

100 Big Round Bales, prime wheat hay, Miles Caudle 276-5322. 13462

Wanted to lease, grass. Phone 364-6880 or 357-9117. 13514

**13-Lost and Found**  
Lost Rottweiler. 17 months old female, black & tan wearing a red collar with tag No. 1752034. Reward. Call Ken at 374-1829. 13505

Found: Black Heifer—Approximately 550 pounds. No Brand—Swallow Fork in right ear. Contact Sheriff Joe C. Brown, Jr., 806-364-2311. 13520

**ARE YOU PUTTING ME ON?**  
MAKE THE CONNECTION FOR SAFETY!  
A MESSAGE FROM THIS NEWSPAPER AND THE DPS TROOPERS

**NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF ZELLA MAE CRUMP, DECEASED**  
Notice is hereby given that original Letters Testamentary upon the Estate of ZELLA MAE CRUMP were issued to us, the undersigned, on the 24th day of May, 1990, in the proceeding below our signatures hereto, which proceeding is still pending, and that we now hold such letters. All persons who may have claims against said estate which is being administered in the County below named, are hereby required to present same to us at the following address: c/o LEATRUS CLARK, 235 Avenue I, Hereford, Texas 79048, before suit upon same is barred by the Statutes of Limitation, and within the time prescribed by law.  
DATED this 24th day of May, 1990.  
/s/ J. EDWARD LINE, VANCE ROBINSON and LEATRUS CLARK  
Joint Independent Executors of the Estate of ZELLA MAE CRUMP, Deceased, No. 3790 in the County Court of Deaf Smith County, Texas

**KNOW YOUR LIMITS...**  
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Maximum legal speed for cars, motorcycles, commercial buses and light trucks in rural zones of Interstate designated highways.  
**SPEED LIMIT 55**  
Still the maximum legal speed, permitted in most highway zones.

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Get your copy at the newspaper office.  
Call the Hereford Brand 364-2030

**MEDICAL RN-LVN-Medical Assistant or Phlebotomist**  
Need examiner to do mobile insurance physical in Hereford and Dimmitt. Part-time, flex hours. Must be a proficient blood drawer. Call 1-800-548-3193, Ext. 265. Ad 787. May 22-26

**JOHN DEERE PARTS MANAGER**  
John Deere dealership in Northeast Colorado is searching for a parts department manager. Top wages and benefits for experienced individual. Call Jeff at Kay Jan Inc., Fort Morgan, Colo. (303) 867-9434

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State Licensed  
Excellent program by trained staff.  
Children 0-12 years  
215 Norton 364-3151  
248 E. 16th 364-5062

**KING'S MANOR METHODIST CHILD CARE**  
\*State Licensed  
\*Qualified Staff  
Monday-Friday 6:00 a.m. - 6: p.m.  
Drop-Ins Welcome with Two Hours Notice.  
**MARILYN BELL**  
Director  
364-0661  
400 Ronger

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Maybe I can save you some money on insurance.  
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Call me and compare.  
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141 NORTH 25 MILE AVE.  
364-8825 5-11-139c

**AXYDLBAAXR IS LONGFELLOW**  
One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.  
**CRYPTOQUOTE**  
5-26  
NO XSH QXS URRPU TJRXA.  
SRUU. ERA MNQ ODJTRA  
TJRXASRUU XSV URRP  
AJGAM. XSV MR UMKEE  
ONSV YDAM.—MDJXFR QXSS  
Yesterday's Cryptoquote: WE SHALL NOT, I BELIEVE, BE OBLIGATED TO ALTER OUR POLICY OF WATCHFUL WAITING.—WOODROW WILSON  
  
Feather YOUR nest with the CLASSIFIEDS!

**Classifieds.**  
They're just for you, everyday, in the Hereford Brand.  
Call Janey Allmon today at 364-2030 and get a classified to work for you.

**Schlabs Hysinger**  
1500 West Park Ave. COMMODITY SERVICES 364-1281  
Richard Schlabs Steve Hysinger Brenda Yosten  
Phone 364-1286 Each Trading Day After 5:30 P.M. for Recorded Commodity Update.

CATTLE FUTURES			GRAIN FUTURES			METAL FUTURES		
CATTLE FEEDER (CME) @100 lbs., cents per lb.			CORN (CBOT) @500 bu., cents per bu.			GOLD (COMEX) 100 Troy oz., \$ per Troy oz.		
May 82.50 82.50 82.50	82.50	82.50	July 37 37 1/2 37 1/2	37 1/2	37 1/2	July 367.50 367.50 367.50	367.50	367.50
Aug 82.80 84.07 82.80	82.80	82.80	Sept 37 1/2 37 1/2 37 1/2	37 1/2	37 1/2	Sept 367.50 367.50 367.50	367.50	367.50
Nov 82.50 82.50 82.50	82.50	82.50	Dec 37 1/2 37 1/2 37 1/2	37 1/2	37 1/2	Dec 367.50 367.50 367.50	367.50	367.50
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Apr 82.50 82.50 82.50	82.50	82.50	Apr 37 1/2 37 1/2 37 1/2	37 1/2	37 1/2	Apr 367.50 367.50 367.50	367.50	367.50

# Farm and Ranch

## U.S. cooler today than in 1920, study shows

WASHINGTON (AP) - An Agriculture Department scientist says a new study of nearly a thousand official weather station records show the nation has cooled a fraction of a degree since 1920.

But that doesn't prove the Earth is either cooling off or warming up, said Sherwood B. Idso, a physicist in the department's Agricultural Research Service.

The records showed the biggest change in average annual temperature was a drop of 3.78 degrees Fahrenheit

at Washington, Ga. And it has gotten 3.23 degrees warmer in Schenectady, N.Y.

"On average, though, the change at 961 official weather stations over the past 70 years was about one-third degree decrease," Idso said in a report released here Tuesday by the agency.

The study involved temperatures recorded from 1920 to 1984 at official weather stations located in small towns, cities and suburbs. Some towns had as few as 300 people,

while the average population was fewer than 6,000 in the 1980 census.

Idso works at the USDA agency's water conservation laboratory in Phoenix, Ariz., and collaborated in the research with climatologist Robert C. Balling Jr. of Arizona State University, Tempe.

The 961 stations reviewed were among 1,219 weather stations making up the U.S. Historical Climatology Network.

"Urban heat islands form when more people settle in an area," Idso

said. "Not only do they bring their own body heat, they burn fires, drive cars and pave over land that used to reflect more heat and evaporate more water."

He added: "Until all land-based data of the entire globe are examined and filtered to eliminate the effects of urban heat islands, we cannot say we know if the Earth has warmed or cooled in the past century."

But Idso said the Arizona study and others "indicate we have not yet begun to feel global warming due to

the greenhouse effect" from a buildup of carbon dioxide in the atmosphere.

Preliminary tests of crops grown under environmental conditions expected in the next century, including air with a doubled carbon dioxide level, show an average yield increase of 35 percent for most crops, he said.

Idso said claims by other scientists that the Earth has already warmed one degree in the past 100 years are contradicted by the new study. He

said "inaccurate assumptions" in computer models result in overestimating the potential damage from global warming.

"Some estimates have half of Florida and Louisiana under water, as well as more than one-tenth of Virginia, Delaware and New York," he said. "I do not agree with such catastrophic predictions."

For example, he said, summer temperature changes throughout the nation over the past 70 years were less than one one-hundredth of a degree. But that ranged from an increase of 4.7 degrees in Lodi, Calif., to a decrease of four degrees at Hazelton, Idaho.

## Wheat Day is Tuesday

By DENNIS W. NEWTON  
County Extension Agent

The annual Deaf Smith County Wheat tour has been scheduled on Tuesday, May 29. The tour sponsored by the Deaf Smith County Extension Crops Committee and the Texas Agriculture Extension Service will begin at 9:00 a.m. from the parking lot of the Hereford Community Center.

The first tour stop will be to observe a wheat variety demonstration on the Gerald Marnell farm located five miles west of Westway on FM 1058 and 10 miles north on the county road. At this location six popular wheat varieties are being compared under dryland conditions.

The second stop on the tour will be at the Raymond Schlabs farm located 7 miles north of Hereford on Highway 385 and 12 miles east on the county road. At this location, thirteen wheat varieties and three triticale blends are being grown under irrigation. Forage data has been taken on both the wheat and triticale this spring.

The final stop on the tour will be on the Frank Beznar, Jr. farm located three miles south of Hereford on highway 385. At this location, an irrigated wheat variety demonstration with five varieties is being conducted.

Dr. Carl Patrick, Area Extension Entomologist and Dr. Brent Bean, Area Extension Agronomist will be on available during the tour to answer questions concerning wheat production methods and practices.

## Japan wants way in talks

WASHINGTON (AP) - Japan can't have it both ways, defending a closed-door import policy while advocating liberalized global trade, says Agriculture Secretary Clayton Yeutter.

"Japan cannot insist upon one set of rules for goods and services where it is internationally competitive, and another set of rules where it is uncompetitive," Yeutter said in a letter to Tomio Yamamoto, Japanese minister of agriculture, forestry and fisheries.

Yeutter predicted April 9 that Japan would dismantle its rice import ban by the end of this year, when the Uruguay Round of trade talks is scheduled to conclude.

The talks are being held under the General Agreement on Tariffs and

Trade, with an objective of reducing or eliminating world trade barriers.

Yeutter's May 18 letter to Yamamoto, which was released on Monday, was directed at the minister's recent remarks in Tokyo accusing Yeutter of meddling in Japan's internal affairs.

Yamamoto was reported to have angrily reacted to Yeutter's flat-out prediction that Japan would open its door to rice imports.

"After working so hard over the past three years to manage this issue in a non-confrontational way, I am personally offended and deeply distressed to read that I am, nonetheless, accused of interfering in Japan's internal policy," Yeutter wrote.

Yeutter recalled that as U.S. trade representative in the Reagan

administration he twice rejected petitions from the U.S. rice industry for "Section 301" retaliation against Japan's restrictive import policies.

"Your comments seemingly indicate that Japan is not prepared to liberalize its rice market in the Uruguay Round," he told Yamamoto.

"If that is the position of your government, then I erred in rejecting those Section 301 petitions."

Further, he said, Japanese government officials "repeatedly assured me that Japan was prepared to negotiate on its agricultural import restrictions, including rice, if the United States and other nations were also prepared to negotiate on their

agricultural import restrictions and other distortive trade practices."

Yeutter said Japan "agreed conceptually" to do that when Yamamoto's government concurred in the launching of the Uruguay Round.

At a 1989 midterm review in Montreal, Japan agreed to negotiate "substantial progressive reductions in agricultural support and protection," he said.

"Recent comments by Japanese officials that Japan will never liberalize its rice market are contrary to all the commitments that have been made by your country during the Uruguay Round process," Yeutter said.

Yeutter expressed hope that he and Yamamoto could get together soon to talk more about the rice issue.

"Our study found pronounced geographical patterns associated with temperature changes," he said. "There has been slight but widespread cooling in the major south-central portion of the United States and slight warming in the northeast and west."

## Weather means little in global marketplace

WASHINGTON (AP) - Reports of drought in the Midwest or drought in California are important to commodity traders and many others. But an Agriculture Department analyst says it doesn't mean much globally down the line.

"To understand the future of world agriculture, we need to look at the long-term trends of production, use and trade instead of current supply and demand conditions," said Gary Vocke of the department's Economic Research Service.

Brief periods of commodity surpluses caused by good weather conditions - or scarcity as the result

of drought - provide scant information about long-term changes, he said.

That's because abundance or scarcity results from an "interaction of government policy with weather," Vocke said in a new National Food Review report.

Vocke said rising agricultural productivity and changing diets are transforming agriculture around the world. And one of the major changes is the emphasis on grain-fed livestock and the resulting increase in the production of feed grains.

But Vocke said the transformation is "sometimes masked or exaggerated" by large swings in

weather-related production and consumption.

For example, he said, current world grain stockpiles as a percentage of consumption are at a 20-year low because use has exceeded production for three years. It does not mean a fundamental reversal of a 40-year trend of rising per capita grain availability.

"Over the past 40 years, some agricultural experts and ordinary citizens have mistakenly used current circumstances as an indication of long-term conditions," Vocke said.


In the late 1940s following World War II, food supplies in Europe and Asia were dangerously low, and U.S. reserves also were down, he said.

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## Many imported vegetables have banned pesticides

WASHINGTON (AP) - Imported fruits and vegetables are likely to be contaminated by illegal pesticides, according to data from the Food and Drug Administration.

The information was released Wednesday by Sen. Patrick Leahy, D-Vt., chairman of the Senate Agriculture Committee, before the upcoming vote on his bill to ban U.S. companies from selling chemicals abroad are kept off the market here for health reasons.


Overall, 5 percent of the imported produce examined by FDA inspectors during the last two years was found to contain residue from pesticides that

are not allowed to be sold to farmers in the United States.

The contamination rate may be even higher, because the FDA does not screen for all the possible pesticides that are used in foreign countries, said Leahy.

"Although FDA is responsible for inspecting almost all imported food, it only samples a minuscule 1 percent to 2 percent of the food entering this country," said Leahy. "The rest is simply waived through at the wharf."

About 25 percent of the fruits and vegetables eaten by Americans come from other countries. Data on domestically grown produce showed little or no pesticide residues.



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1-1973 Case 1175 Diesel Tractor, Cab, A/C, Htr. P/S Trans., D.H., 18 4 x 38 Rubber  
1-1983 John Deere 3010 LPG Tractor, S.F., 3-Pt. S.H., 3300 Hours, 12 x 36 Rubber  
1-1982 John Deere 5500 LPG Tractor, W.F., 3-Pt. Fenders, 15 x 38 Rubber  
1-10 Hydraulic Dozer Blade, For Case 1175

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1-John Deere 71 Fax Planter Units, D.D.  
1-Stanhay Planter Units, D.D.  
1-Tye 8 Row, T.S.B. Disc Lister, L.T.M. D.G.W. Good  
1-Miner 20 Offset Disc, C.C.  
1-International 8 Row, Hyd. Folding Rotary Hoe, Good  
1-John Deere 400, 6 Row, 3-Pt. Rotary Hoe  
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1-SM 21, T.S.B. Chisel/Sweep Plov., 3-Pt., D.G.W.  
1-Big Ox 9 Shank, 3-Pt. V-Roller Plov.  
1-International 155, D.T., 36" Folding Spring Shank Sweep Plov.  
1-John Deere 1408, 4 Row, D.T. Shredder  
2-John Deere 727, 4 Row Shredders, C.C.  
1-Liriston 6 Row, 3-Pt. Rolling Cultivator, S.B., 5 Tires  
1-Tye 6 Row, 8", 3-Pt. Grain Drill, D.D.  
1-International 10, 16", 12" Grain Drill, C.C.  
1-AMCO 14" Tandem Disc, C.C.  
4-Case 8 Hole Deep Farrow Grain Drills  
1-Servis 7, 3-Pt. Blade  
1-Cadwell 7, 3-Pt. Blade  
1-Cadwell 2 Row Shredder, 3-Pt.  
1-SM 8 Row, 40", 3-Pt. Bed Shaper  
1-Case 3-16", 3-Pt. Spinner Moldboard Plov.  
1-Eversman 410 Land Leveler  
1-B Row, 30", D.T.B., 3-Pt. Cultivator  
1-John Deere 20, D.T., One-way, C.C.  
1-Curk 500 Gal. Poly T.T. Sprayer, w/Booms

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1-Chrysler 413 Irrigation Engine, Rebuildable  
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1-Ford 428 Irrigation Engine, Needs Repair  
1-Chevrolet 305 Irrigation Engine, Runs  
20-7 x 20 Gated Pipe, 40" Needs  
4-Joints 7 x 40 Gated Pipe, Double Gated, 28" & 40" Rows  
40" x 30" Gated Pipe  
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1-1986 Chevrolet 60 T.A. Gas Truck, 427 Engine, Htr., P/S Trans., 5 Sp., 2 Sp., A/B, 1000 x 20 Rubber  
1-1982 Chevrolet C-70 T.A. Truck, 368 Engine, 5 Sp., 2 Sp., P/S, Radio, Htr., w/Contractor 14" Dump Bed, H.D. Hoist, 9 00 x 20 Rubber, 19,000 Miles  
1-1981 Mack 300 Midliner S.A. Truck, 210hp Engine, 5 Sp., P/S, 24" Flatbed, 11 00 x 22.5 Rubber, 141,000 Miles, Clean  
1-1984 GMC 7000 S.A. Truck, 368 Engine, 5 Sp., 2 Sp., w/Midwest 16" Bed, T.T., Hoist  
1-1985 International 1700 Grain Truck, 345 Engine, 4 Sp., 2 Sp., w/Midwest 16" Bed, T.T., Hoist, 9 00 x 20 Rubber

1-1979 Chevrolet C-70 S.A. Cab & Chassis, 368 Engine, 5 Sp., 2 Sp., A/C, P/S, L.W.B., 10 00 x 20 Rubber, New Paint  
1-1981 Chevrolet 1 Ton Cab & Chassis, 350 Engine, 1 Sp., C/P/S, S.W.B., New Paint  
1-1981 Arrow 40" T.A. Hopper Bottom Grain Trailer, Metal Hoppers, Roll Tarps, 10 00 x 20 Rubber  
1-Big 12, 400 Bushel Grain Kart  
1-1987 Chevrolet w/ Ton Silverado Pickup, 350 Engine, A/T, P/S, P/B, w/Western Hauler Bed, 28,000 Miles, Nice  
1-1972 Ford F-100 Sport Custom Pickup, V/8 Engine, A/T, L.W.B., On LPG  
1-1985 Ford LTD Crown Victoria Car, 4 Door, Loaded, N.N. Michelin Tires, Nice

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HEREFORD'S

# SENIOR SCENE

Supplement to The Hereford Brand

JUNE 1990

## Margie's notes

BY MARGIE DANIELS  
HSCA Executive Director

It's exciting around here watching the building progress. It's almost like a dream to watch the accomplished work and daily I think of all who have helped to make this come about. I thank God daily for letting me be a part of the Senior Center in the Hereford community.

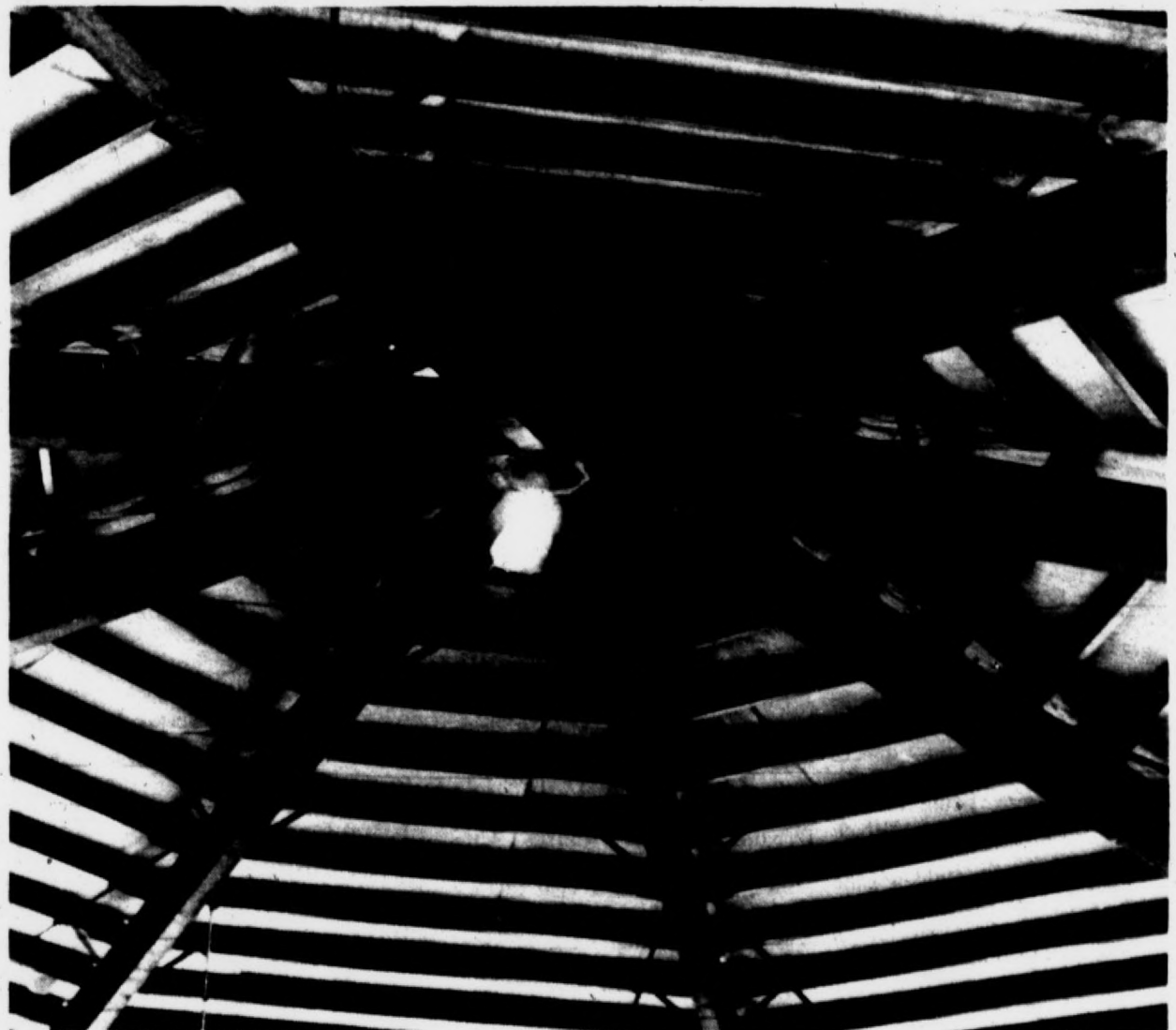
Saturday night, May 19, we had our very first "Senior Prom" and it was a great success. Our master of ceremonies was terrific! "The Long Tall Norwegian" was Dick Hoff from KPAN Radio and he added so much to the evening. We give to him a great big 'thank you!' We enjoyed meeting his wife and having her with us. The food, decorations and music were great.

Mary Ann Resch, our food supervisor, served us food fit for a king. Her husband, Harland, helped prepare and serve the food. He is really a great chef. Also, Rosalee McGowen made the delicious dinner rolls and her husband, Jelly, helped prepare salad plates and helped serve them. Others helping with the food were Rosemary Smithers, Minnie Cotton, Mildred Garrison, Lucy Martin, Helen Spinks, Nidia Rincon, Kenneth Duncan, Dena Resch and Shala Williams.

We also had a good crew decorating. Those who helped, with Barbara Wirt supervising, were Ben and Ruth Fought, Larry and Genevia Summers, Shirley and Mildred Garrison, Minnie Cotton, Roy and Lucy Martin, Mary Ann and Harlan Resch, Dodie Brookhart and her son and grandson--Brady and Brian Brookhart--Roy Rodriguez, Bill and Gene Patton, Lorene Grant, and Rosa Lee Thames. Floyd Coker took a video film of the evening. Kelly Ramirez took photos which will be available at the office.

This is Dodie's last week at the Center. She is such a vivacious, energetic and happy person and she will leave a void. She is so dependable and talented and caring that we will all really miss her. She will be going to work at Cedar Creek Hospital, Hereford Outreach Office. But, Dodie, please come by each morning and have coffee with us. . . we love you!

In the June 11th business meeting, we will be presenting changes in the by-laws, to be voted upon July 9th. Nomination of three new board members will be presented at the June 11th meeting. It's very important that you attend all such business meetings and I certainly urge you to do so. Each of us needs to exercise our right to vote on decisions made within our association.



### Weaving a giant web

Beams in the ceiling of the new auditorium under construction at the Hereford Senior Center create a spider web-like appearance.

## Meet the staff

Patient and kind, gentle-mannered, such a pleasant, loving personality and loyal and dependable . . . all fitting adjectives for Rosa Lee Thames.

Rosa Lee began working at Senior Citizens in July of 1980. She seldom misses a day and when she does, there is an empty spot which no one else can fill!

Rosa Lee's handwriting is meticulously done, as is her work in general. Any of her records are

considered by our accountant as perfect.

Rosa Lee and husband Truett have two daughters and one son, and three grandchildren. A favorite pass-time of her's is reading. She has a wonderful collection of Readers Digest Music/Song books.

Rosa Lee has been my very dedicated secretary for 10 years and her being here has made my job easier. She is well loved and appreciated for just being her dear self.



ROSA LEE THAMES

## President's corner

BY S.L. GARRISON  
HSCA President

You have all adjusted well to the new parking markings, which may have been confusing at first, but this does allow additional parking space to what we had before.

Daily we are able to watch the progress made in our building expansion. Now may be a good time to mention the good done by one of HSCA's unsung heroes (one of many, perhaps). This gentleman is working at the center every day; in fact, one would think he had an 8-to-5 (or 8-to-8) job here. We often don't hear of all the duties he performs because he has things fixed before we know they are broken—that's from doors to adding machines!

However, since the building started, he can be observed most of the time working as a part of the building crew—working in wet cement, hauling lumber and even digging ditches. Oh, in between building duties, he can be seen on the riding lawn mower, for he has always made it his responsibility to take care of the lawn. Our gratitude and thanks to Al Daniels for giving so much of himself to HSCA. Guess doing for others just naturally runs in the family!

How proud we can be of the new addition. It's looking great! Last week the heated therapy pool and the larger exercise pool arrived. Windows have been installed and, at this writing, the roof is about finished. Each day brings about some exciting changes!

## Golden Line Dancers

Olga Harris, Instructor

By JOLENE BLEDSOE

The Golden Line Dancers are happy to be home again at the Senior Center, following temporary location at Community Center. And, those who spend days at the Center are glad to have them back. The new Beginners' Class has now learned 12 dances; these dancers have progressed rapidly, with a lot of enthusiasm. Five new dances have been added to the Golden Line Dancers' repertoire, being Ace in the Hole, Gazpacho, Black Velvet, and Sway.

On May 17th, 18 Golden Line Dancers performed on the patio of Park Place Towers in Amarillo. As always, they were cheerfully made welcome by the residents, two of whom were from Hereford. Lucille Bookout and Walker Boston were delighted to see friends and familiar faces.

Jolene Bledsoe's four cousins, visiting from Dallas and Sherman, were introduced and duly impressed

The sea cucumber, although it looks very much like a garden cucumber, is actually an aquatic animal.

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## Eye Openers

EYE OPENERS

By Sue Elliot, M.Ed.  
Education Coordinator  
Currie Eye Institute  
Diabetic Retinopathy

Diabetic retinopathy is a complication of diabetes mellitus which occurs in the eye. This condition is basically a deterioration of the blood vessels which nourish the retina. The retina is the light sensitive part of the eye that lines the back of the eye. When diabetic retinopathy occurs, blood or fluid leaks from the blood vessels in the retina, resulting in damage to the retina and hemorrhages in the eye. These changes also lead to new blood vessel growth which is the most serious complication in diabetic retinopathy, because these blood vessels can rupture and fill the eye with blood.

This disease, if left untreated, can destroy a person's sight. Laser surgery can be used to treat the leaky blood vessels, but this condition must be diagnosed before it has progressed to the advanced stages. To protect yourself from the complications of diabetic retinopathy, you should control your diabetes to the best of your ability, and have annual eye exams by an ophthalmologist to make early diagnosis of retinopathy.

If you are a diabetic, protect your vision with regular eye examinations.



Ethel Rankin  
O.C. Cotton  
Minnie Cotton  
Payton Ramey  
Edgar Vinson  
Loleta Vinson  
Bud Cawthon  
Billee Johnson  
Mary Kocan  
Elizabeth Packard

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Ann Schneider  
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Nannie Mae Fortenberry  
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Mrs. T.D. Stambaugh  
Mr. & Mrs. Grant Hanna

Marie Cornelius  
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Mr. & Mrs. Mack Noland  
Eleanor Winkler  
Jim Curtsinger  
Mary Kocan  
Mr. & Mrs. Rex Lee  
Eleanor Winkler  
Roberta Blackburn  
Mildred Lewis  
Horace Hershey  
Jack Weaver  
Mr. & Mrs. J. Robert Bradley  
Mr. & Mrs. Cecil Lady  
Mr. & Mrs. Orland Newell  
Mr. & Mrs. J.C. McCracken  
Mr. & Mrs. Paddy McCullough  
Dorothy Noland  
Clarence Behrends  
Mr. & Mrs. Clinton Jackson  
Mr. & Mrs. Ocil Parsons  
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# Senior volunteers make HSCA work



**PAULINE HOUSE**

Pauline started volunteering at HSCA in the last part of 1979, after having sold all of her dairy cattle. At that time she started quilting and helping with the home-bound meals. She helped deliver meals for about three years and then began in the serving line.

Today Pauline is stationed at the food-serving line every noon and also is head of quilting, generally arriving at the quilting room every morning by 8 and usually working until 5. Pauline chalks up an average of 165 volunteer hours per month. As a volunteer, Pauline is more loyal and faithful than some paid staff people, taking her work extremely serious. This is one of the reasons the quilting department is so successful and brings in substantial money which is used for operating expenses of the center.

We salute Pauline as one of our faithful, dependable volunteers for this month!

Barbara started her volunteer work at HSCA when we had the antique show in Amarillo in the fall of 1988. She was a tireless worker and certainly knowledgeable on the subject of antiques. More recently, Barbara's talents have been displayed as she supervised decorations for the Senior Prom.

Barbara used to own a card/gift shop in Colorado and, due to ill health, was forced to close it. As a result, she and her family donated cards and gift items remaining in the shop to HSCA, which brought in additional funds for the Center.

In spite of having to be in Amarillo three times each week for dialysis, this gutsy lady participates in ceramic classes and can be observed twice weekly following Olga's commands in the line dancers.



**BARBARA WIRT**

For several years, HSCA searched for someone to teach line dancing. About five years ago, we were blessed when Olga, a very talented person, agreed to coordinate and teach our line dancing classes, and she has conducted classes since that time.



**OLGA HARRIS**

As result of this, her dancers entertain at retirement homes, nursing homes and other senior centers. However, no place do her dancers receive a warmer welcome than right here at home, for we are very proud of Olga and her dancers.

Olga shouts out her instructions like some drill sergeant but, at the same time, keeps her class members laughing with her sense of the ludicrous. She has taught us all that dancing is a part of fellowship, good exercise and just plain fun. These classes add enthusiasm to our entire

center. People come early to lunch so they can watch the line dancers. class members have to work hard to put something over on her, but they do try!

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### Ready for water

Spa equipment has already been placed in the expansion area at the Hereford Senior Center. A highlight of the expansion will include areas for water and physical therapy to meet the needs of more members, and to allow even more recreational activities.

## Ray of sunshine returns to Center

A ray of sunshine was missing here at the Senior Center last week. Perhaps our own Carolyn has to leave once in awhile for all of us to realize just how much we all depend on her, for miscellaneous daily functions as well as her pleasing, loving personality.

Carolyn spent last week in Ft. Worth with cousins, aunts, uncles and friends, having departed Amarillo on Friday, May 11th. Saturday was spent playing cards and Carolyn is not revealing who came out the winner. Sunday night she helped cheer the Texas Rangers, but lo' in

vain, for the Cleveland Indians ended the game 4 to 1. Mini-Putt Golf took up Monday evening. Wednesday through Friday was spent at Lake Mineral Wells State Park, fishing and camping out. We know Saturday evening was an exciting one for Carolyn, for the group attended the Ft. Worth Stockyards Rodeo.

Fortunately for us, Carolyn was only gone one week, returning home on Sunday, May 20th. We're happy she had a good, fun vacation, but happier yet that she's back among us!

### Senior Citizens Gift Shop

Our gift shop is open every day and we have lovely and unusual gifts for every occasion . . . . .

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**TNN**  
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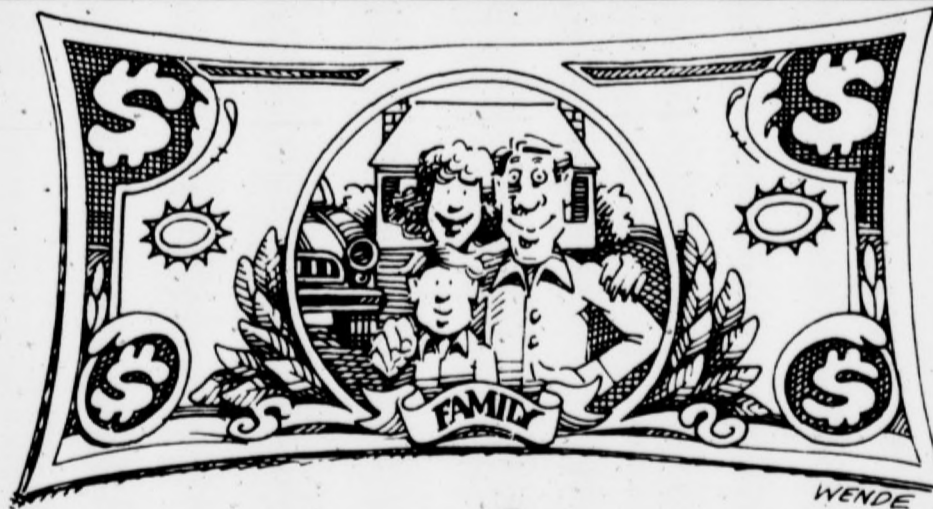
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# Comings, goings at Senior Center

Visitors at our Senior Center this past month got more than they bargained for--they perhaps came only for lunch, but in order to appease us they allowed us to include them in a tour of our new building addition, the multi-purpose theatre and exercise part. Being duly impressed, they were then permitted to continue with lunch.

The latter part of April brought Freeda Hardin, from Erick, Oklahoma, with Marie Stringer and Clovis Seago; Rena Hill, from Amarillo, with Ray Clay; and, Peggy Wade, from Ft. Worth, with Evelyn Crofford. Visitors from Roswell, New Mexico, were Ida Mae and Dale Martin; from Clovis, New Mexico, Edith and Bill Akers; and from Iowa, Clara Richardson and Ann Schneider.

Arriving from Northridge, California, were Olaf and Lanella Bohannon, visiting the Center with Richard Fortenberry. Attending with the Schneiders, Mosleys and Pattons were Hershall and Deline Yeiglar from Denver, Colorado. June Patterson brought Danon Smith and Phillip Fristoe, who live in Amarillo and Bob Joplin from Pampa.

Coming for lunch with Billie Cluck was Rita Cluck from Dimm-

itt; with Calvin Edwards, Mary Kisnor from Amarillo; with Thelma Hutson, Leland Hutson from Friona; and, with Homer Brumley, Mr. and Mrs. Scott from Logan, New Mexico. Chere Dunn from Amarillo came with Edith Frazier.

Hailing from some distance came Virginia and Glenn Cruse, from Carson City, Nevada, to visit Olivia and Al Smithers; Mr. and Mrs. Harold Shaw, from Iowa Park, Texas, to see Opal Shaw; Mary Leash from Houston to see Homer and Mary Garrison; June Miller from Hayward, California, to be with Jack Weaver; and Pete Kneuper from Austin to visit Edna LeClaire.

Travelling a great distance to be in Hereford were Paul and Anna Gyipmann and Paula Krueckel, hailing from West Germany; and, also from West Germany was Stephan Schmalstieg, visiting Clarence Betzen.

From Dallas was Louise Mitchell, here with Lester Wagner; Virginia Dickson of Odessa, with Ocil and Oma Lee Parsons; Jack and Mary Downing from neighboring Canyon with Jelly and Rosalee McGowan; Frankie Henry of Amarillo with Nell Culepper; and Jay Osborn and J.H. Austin from Littlefield.

Here from Tulia, representing Retired teachers Association, were Mary Oler, Lurline Belme, Lynna

Olsen, Helen Boatright, Betty Bryant, Edna Cox, Winnie Bartley, Barbar Edwards, E.N. and Rena Howell, and Sarah Burges.

Albert Harrison, from Amarillo, came with Dick Gholson; Allen Baum, from Norman, Oklahoma, with Bob Baum; David and Agnes Boyer, of Amarillo, and Bill and Marion Boyer, from Taylor, South Carolina, with Cecil and Eunice Boyer. Amarillo Golden K's visiting us were Carl Williams, Doris Blake, Tom Reid and Charlie Barron. Wilma Clark brought guests Charles and Dottie Broughton, from Morris, Pa., and Dewey Edwards, from Wellsboro, Pa. Ida Jesko had guests from Pryor, Oklahoma - Fritz and Margaret Hoffman and Denise and Joe Hoffman.

One of our youngest visitors this past month was Dallas Thomas, from Wink, Texas, with grandmother Marjorie Thomas. Travelling from Red River, New Mexico to visit Homer and Mary Garrison were Deke, Kristi and Marihelen Willis.

Mary Kocan had guests Elizabeth and John White, here from Dumas; Winnie Wiseman brought Juanita Roberts, from Amarillo; Gladys Mobley with Dorothy Reno from Midland; Donnie Owen with guest Anna Jo Wilson from Oklahoma; and, Bartlett Dowell brought James Bartlett from Alamagardo, New Mexico. Visiting Leona Sowell was son J.B. Sowell, from Houston.

**QUILTING CLASSES START MONDAY JUNE 1st**

**7 p.m. Senior Center**

**Instructor Jan Miller of Jan's Quilt Shop**

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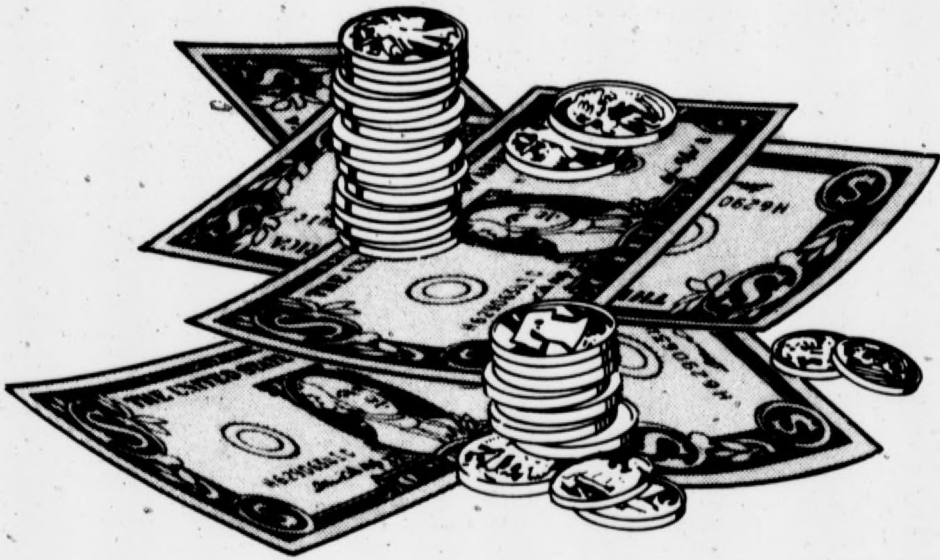
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Each country is different in history and culture and so rich in appealing things for a visitor to see and do. Much of the Scandinavian history has revolved around the seas, so it would be fitting and fun to make the waterways part of your exploration there.

You might want to arrive from England or Germany by overnight ship. It's high class comfort all the way at reasonable prices. Sleep in a roomy cabin, swim, relax in the sauna, or dance the night away. Day or overnight ships are readily available to transport you between countries for longterm stays or brief jaunts. Of course, there are other choices...

**Take a roundabout route to Finland.** Slip out through the archipelago's isles of Stockholm into

the Baltic Sea on a passenger ferry bound for Russia's most beautiful city, Leningrad. You'll see gold domes, priceless art collections, summer palaces with gilded statues in formal gardens, folkloric shows.

From Leningrad there's a lovely train ride around the scenic Gulf of Finland to Helsinki. A table at a small Finnish cafe would be the perfect spot for planning your forays into the lush countryside.

**Of special interest in Britain** are the tours that focus your eyes--and perhaps your camera--on a subject that particularly captures your attention. Try combining a special interest tour with your more general travels. Gardens, flower shows, sporting events, castles and country homes, history, literature, antiques--just to name a few. Day tours out of London also offer a terrific spectrum of choices to extend your horizons. Go by rail or road. For a classy approach, take a day's outing in the elegant style of the 1920's Orient Express.

**Culinary temptations:** Tours in Hong Kong, Bangkok and Singapore offer exquisite food and a chance to learn the secrets behind the success--the markets, techniques, spices!

**Mature singles,** age 45 or older, who enjoy traveling can see the world in the company of other singles. Programs are arranged through well-established deluxe tour operators.

**New Zealand** is celebrating its 150th anniversary! It's party time and everyone is invited to the many festivals, games and regattas throughout the country in 1990.

**Watercolors.** There is something about French cuisine that brings one

to cherish memories of mealtimes just as vividly as the scenery! The countryside, the croissants, the back roads, the breads! Add pleasant adventure to ensure a delicious trip from start to finish.

Many of the rivers of France now offer the chance to see their surroundings from the deck of a comfortable, leisurely barge. You can bicycle alongside the canal, linger in the tiny shops and meet the townspeople.

There's also a magical quality about German wines and the towns that produce them. Rhine or Moselle River cruises take your right to the

heart of the matter--and give you ample opportunity to sample. River cruising may turn out to be your idea of the perfect way to see, taste and delight in a small corner of Europe--whatever river or country you choose.

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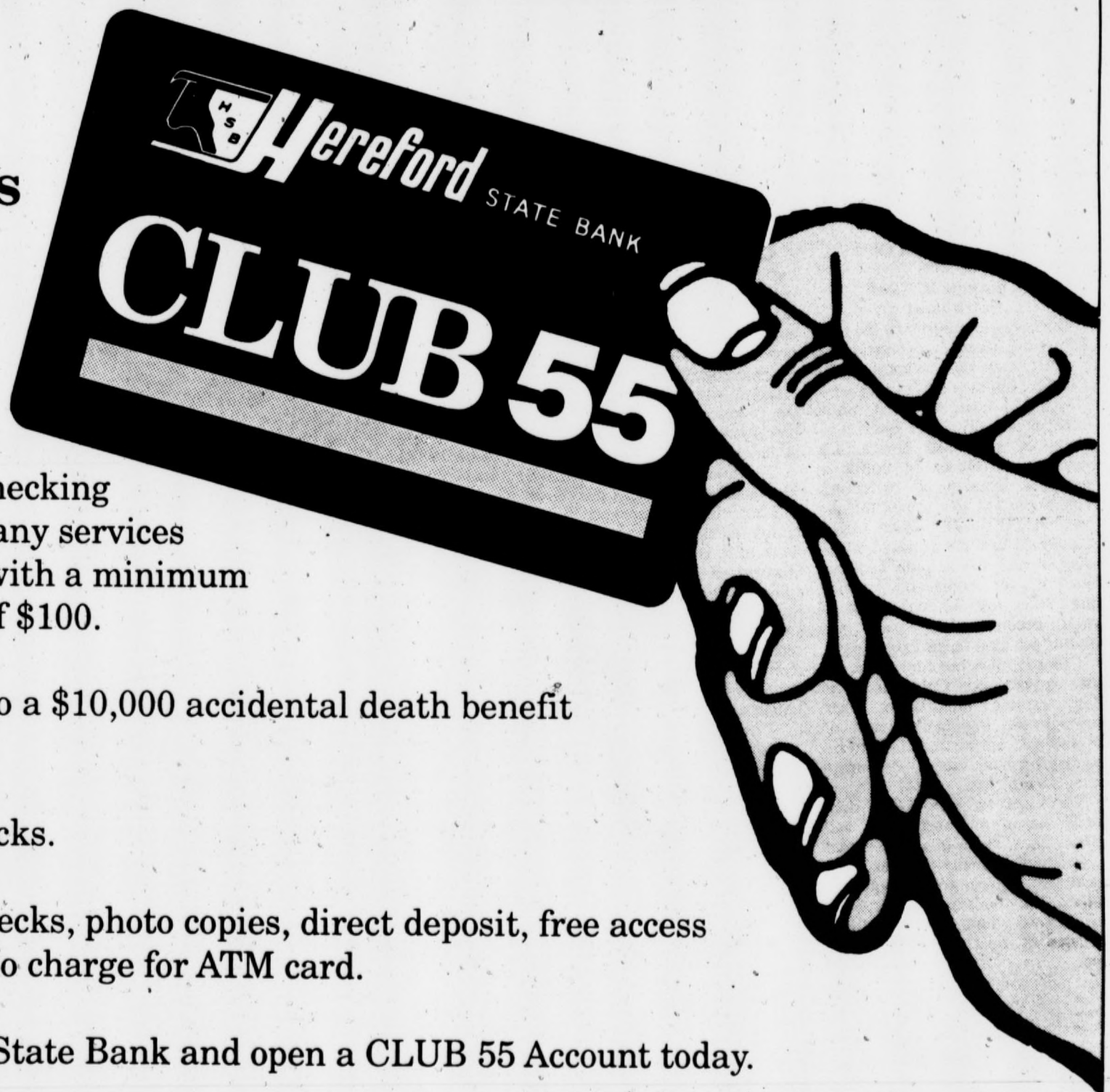
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## Dental Duties

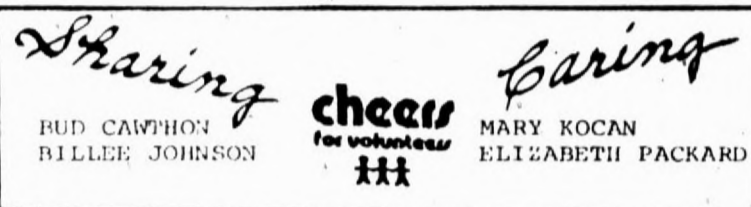
### TIME TO REPLACE THOSE SILVER FILLINGS?

By Stan Fry, Jr. D.D.S.

A laugh, a yawn, or the act of talking often reveals unsightly silver fillings in your back teeth. Some of these fillings may have stained your teeth, making them even darker.

Wouldn't it be nice to open your mouth and exhibit a uniform natural color? Well, that's not such a far-fetched idea. Thanks to advances in dentistry we can now replace the old silver fillings with newer tooth colored composite resins or porcelain inlays and onlays. These newer materials may be just the thing to

restore the desired color to your teeth. In conjunction with these new tooth colored fillings we also have methods of masking discolored areas. These methods cannot only be used on the back teeth, but resins or porcelain veneers can be used on the front teeth to change their shape, color, and appearance and give the patient a new smile. Using these materials the dentist can sometimes give one the appearance of straight teeth without the need for orthodontics. The results can often be rather dramatic. If you have the desire to change your smile contact your dentist to discuss the possibilities.



## Nutrition Notes

### Changing Tastes Of The 90'S

By Charlotte R. Clark, Nutritionist

Most people experience the taste of food the way they experience art or music; they know what they like or dislike, but they don't know why.

Much of what we think of as "taste" is actually flavor—the combination of taste and aroma. For example, the flavor of coffee is mostly a function of its aroma. Wine is sniffed and sipped to fully experience its flavor. With a cold, you say, "I lose my sense of taste," when in reality you taste buds are fine - it's the aroma you are missing. After age 30, our sense of smell becomes less acute and inhibits our total flavor experience.

Color is often our first signal for taste expectation. Color takes an even greater importance when flavor-profile ingredients, such as fat and salt, are restricted. Colorful vegetable-based sauces encourage acceptance of "lite" cuisine.

We learn to like and dislike foods based on experience and expectations, much of which is tied to tradition. In many families, food traditions have great symbolic values. The foods you prefer often reflect your ethnic background and the area of the country where you live.

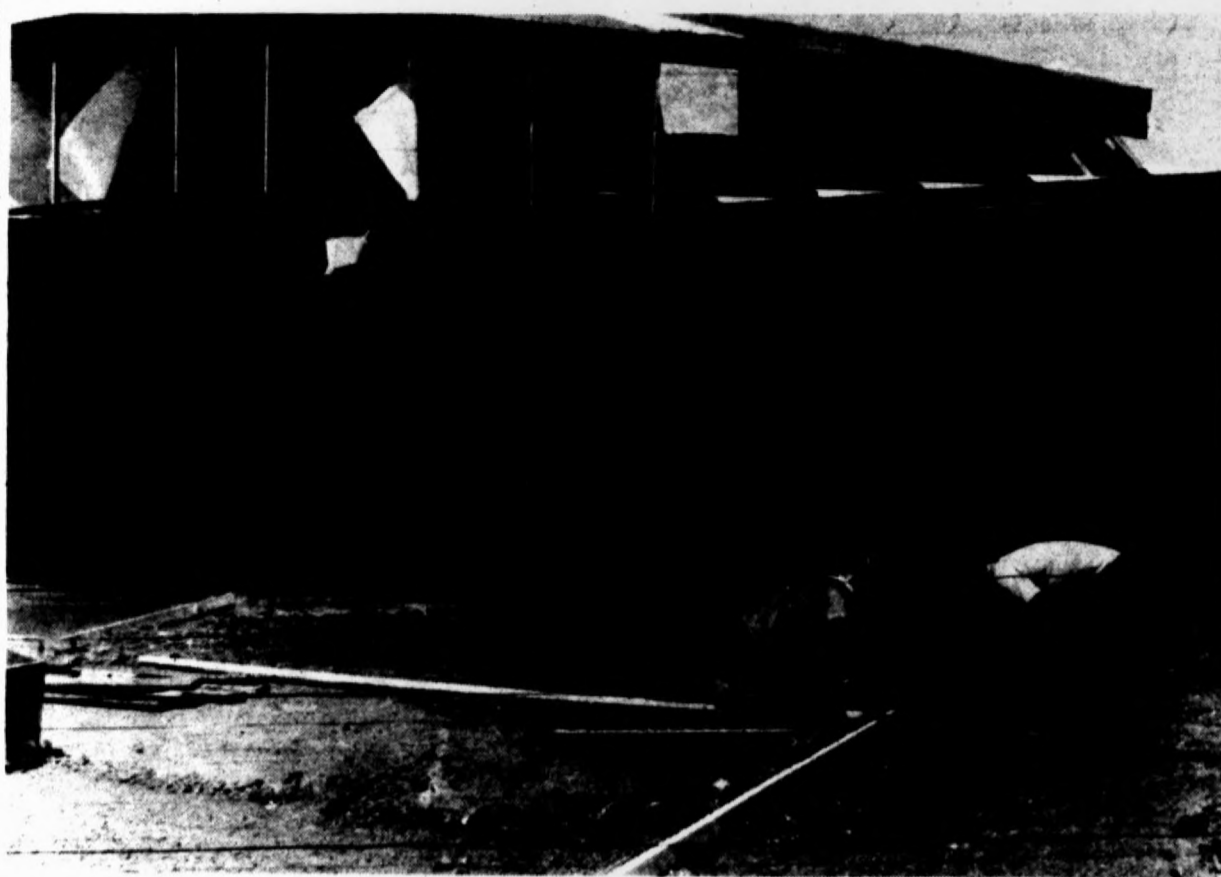
Changing lifestyles are making a big impact on traditional food patterns. We want the old familiar tastes, but with new ways to prepare and serve foods. The aging of the population focuses more attention on specific health concern. This, coupled with the changing face of the American household, will have a profound effect on eating patterns in the coming decade.

The microwave has been called "the hearth of American daily lives" and has changed our perception of family meals, cooking speed, and food itself. Has the microwave oven changed taste expectations? High sodium and fat levels in many designed-for-microwave foods suggest not. A new-age product has seemingly been assimilated from many ethnic flavor foods; this flavor is a combination of Mexican, Italian and Oriental seasonings.

Many of us are demanding consumers. (1) We want convenience without sacrificing nutritious foods; and (2) we want foods that are good for us, but we want foods that taste good. Food producers from the fast-food to four star are responding with healthier food choices that are quick and easy to prepare. In our "fast moving society, only the tasty foods survive. Some things never change!



**HAPPY BIRTHDAY**  
to everyone with a birthday in June  
**BIRTHDAY SOCIAL**  
Thursday, June 28, 1990



### Lining it up

Construction workers adjust forms before pouring a new sidewalk around the new construction at the Hereford Senior Center.

## Author's new study rankles seniors, health professionals

NEW YORK (AP) - Medical ethicist Daniel Callahan was criticized for picking on old people in his 1987 book about setting limits on medical treatment for the elderly.

This time, he may get criticism from more quarters.

In his new book, "What Kind of Life? The Limits of Medical Progress," Callahan deals on a broader scale with the same problem: How to rein in the demand for unending efforts to defeat illness and death, and the unending costs involved.

Callahan argues that Americans will have to accept limits on medical treatment if there is to be any hope of holding down costs. This could mean denying expensive, high-technology treatments to those beyond a certain age, as well as to other patients on the "ragged edge" of medical progress.

There should be "a great reluctance to use curative, life-extending technology in the care of the critically ill, likely terminal, or irreversibly declining patient" unless there is a strong probability of a good long-term outcome, Callahan writes.

"A society would ... be well justified in the future to set an age limit on the public provision of expensive, life-extending, curative healthcare," according to the book.

"We will probably have to set limits of one kind or another for all age groups," he said in a recent interview.

But the suggestion of an age cut-off is perhaps his most controversial.

"It'll never happen, it shouldn't happen, it's a mistaken idea," said one critic, Harry R. Moody of the Brookdale Center on Aging at Hunter College in New York.

Callahan, 59, is co-founder and director of the Hastings Center, a research and educational organization that studies ethics in medicine and biology.

Currently, he said, decisions on allocating health care resources are made "on a case-by-case basis, and I'm arguing that we'll probably have to do it by categorical standards - that is to say we might have to use age as a way of setting a limit."

One way to accomplish this would be to set age cut-offs for Medicare reimbursement: for example, deny payment for heart bypass surgery, chemotherapy or other expensive drug treatments to patients over a certain age, perhaps 80 or 85.

This, said Callahan, would not mean abandoning the sick. He advocates increased emphasis on "caring medicine" rather than "curative medicine," on good-quality long-term care at home and in institutions, on relieving pain and suffering rather than merely prolonging life.

Moody argues that an age cut-off is neither desirable nor politically possible.

"When (Callahan) gets into specifics like cutting off care for people beyond age 85 I say no, because it isn't going to happen and it's distracting from the real issues," Moody said in an interview.

Limits on treatment for terminal or critically ill patients already exist, in the regulations governing Medicare reimbursements and in the standards and protocols followed by doctors, and can be tightened, Moody said.

"It could very well be that the medical community would develop a practice, for example, of not giving

dialysis to people in the end stage of Alzheimer's disease. But that's different from saying it's against the law to do so," Moody said.

"With a standard practice, someone who wants to deviate from the practice can always do so," he said. "As the system gets squeezed for money, doctors will routinely try to discourage families from having so-called heroic treatments. But they might not succeed, and the family might say, 'No, give him one more year of life.'"

That tendency to cling to life, whatever the cost, is part of the problem, Callahan said. Advances in technology have made it harder for patients, families and doctors to accept death.

In looking at the problem of escalating health care costs in the United States, Callahan focused first on the elderly because "the future of health care in this country belongs to the elderly, in the sense that most people will die beyond the age of 65."

"We've done awfully well in eliminating the things that kill people earlier in life."

The government in March reported that life expectancy in the United States had reached a record 75 years, up from 62.9 years in 1940.

This has led to increased emphasis, in research and in treatment, on battling diseases of old age and extending lives still longer. And the costs keep growing.

Medicare alone is expected to cost \$104 billion this year - about one-twelfth of the federal budget - and grow to \$183 billion by 1995. The Medicare trust fund could be bankrupt by the turn of the century unless costs are curbed, its trustees reported last month.

## Prom was big success

Saturday, May 19th, marked the occasion of the "Senior Prom" and, judging by the attendance and interest, it may have been the first annual Prom!

The Senior Center dining room was completely transformed, decorated to give the illusion of clouds, glitter and stars. Approximately 150 attended the Prom banquet, followed by live music by "Two's Company," with a master of ceremonies by the name of "Long Tall Norwegian." Even a professional photographer was among us to take candid, as well as posed shots.

The word is now out that those who didn't attend missed a most gala event, so it is believed this will become an annual affair. The term "senior citizen" may be misleading, for Prom night indeed brought out a lot of swingers on the dance floor.

Winners of the waltz contest were Bob and Ruth Morris; the top jitterbug duo was Claude and Jane Garth, and the Charleston winner (and only contestant) was a good sport, Lucy Martin. Drawings for prizes were held throughout the evening.

Thanks to all of those who worked to make this such a special function for our seniors, who truly enjoyed and appreciated the event very much. Don't forget, picture proofs may be picked up at the office.

## Club plans Bible study

The Devotional Club coordinated by Stella Hershey will be starting a Bible study of The Revelations on Monday, June 18 from 12:30 to 1 p.m. Katherine Chapman will be teaching this class.

This is a series of lessons and we don't know how many weeks it will take to complete. It should be very interesting and everyone is welcome.

## Choir preparing for events

The "Young at Hearts Choir" of Hereford Senior Citizens has been rehearsing one of its older programs this month. In addition to regular rehearsals, 26 members performed at Westgate and Golden Plains Nursing Homes on May 17th. The program "Sugar Sticks" was presented in each performance, in honor of Nursing Home Week.

"Young at Heart" Mamie Lamb is leaving Hereford to make her home in Lamesa. Mamie has been the assistant pianist and a loyal choir member. She will be missed. Mamie was presented with a piano music box as a parting gift from fellow "Young at Hearts."

Everyone who enjoys singing and having a good time is encouraged to join the Senior Citizens "Young at Hearts" Choir.

# Study needed for the decision

As the population ages, more and more families are concerned about the quality of nursing home care available for loved ones.

The good news is that today there are good, quality nursing homes to choose among all over Texas. Over the last several years the quality of care has steadily improved and new, higher standards for nursing home care are coming into effect monthly.

Today's nursing home, also called a "long term care facility," is a place where the medically involved or very frail residents are encouraged to remain as active and independent as possible. Residents participate in a variety of activities, while the facility's team includes individuals trained in nursing, medicine, social work, dietetics, pharmaceuticals and other areas.

The first step is to be sure you choose among nursing homes that are licensed by the state. Because nursing home residents are among society's vulnerable, the federal government and the State of Texas have set up strong, comprehensive systems of monitoring licensed nursing homes and the quality of care delivered to the residents. The Texas Department of Health (one of many state agencies involved in monitoring nursing homes) makes up to 10,000 inspections a year of the state's 1,100 licensed facilities.

Still, nursing homes are not all the same and patients have different needs and circumstances, so it is important to shop around and choose what is most appropriate for your situation.

All licensed nursing homes provide personal care and residential services including room, meals and planned activities. All licensed facilities are required to meet extensive standards in staffing, cleanliness, fire safety and many other areas. The levels of medical and therapy services vary considerably, however, and these should be carefully matched to meet individual needs. It is not unusual to find facilities offering

special services in addition to the regular care offered most of their residents. Some nursing homes specialize in care of the Alzheimer's patient, rehabilitation of stroke victims or other specialties.

Compared to hospital care, nursing home care is priced quite economically, but it can still be a financial strain on many families. In general, Medicare will cover some of the cost of nursing home care for only the most ill patients, and for only a short time.

About 70 per cent of nursing home residents in Texas participate in Medicaid, a combined state and federal program to help low-income persons of all ages. The requirements for Medicare and Medicaid are complex, but every nursing home participating in the programs can help make those determinations.

Some people are under the misconception that the only good nursing homes have long waiting lists. That may be true in some states, but not in Texas. Almost all nursing homes have available rooms.

Here are some recommendations for choosing a nursing home:

--Talk to other people with experience with nursing homes, like doctors, neighbors or friends with loved ones in nursing homes, and hospital discharge workers. They can be helpful with helping you know what to expect and relating their experiences.

--Consider the location. Visits by family and friends are important so the facility should be as convenient as possible to promote these visits.

--Don't try to choose a facility without an on-site inspection. Ask for a tour. Is there a sociable feeling about the place? Do staff members know the residents' names and is there touching and warmth between staff and residence?

--How does the facility smell? Because of the prevalence of incontinence in nursing homes it is often impossible for it to smell like

a home, but there should not be a predominance of strong odor.

--How do the residents look? Don't expect them to look dressed for church, but they should not be wandering the halls without neat, clean clothes. It is important that staff is helping them retain their dignity and self-image by helping them with their personal care.

--Is there considerable hustle and bustle going on? Too much silence in the middle of the day can be a bad sign. Lots of visitors is a good sign of a place where family, friends and volunteers are active.

--Ask to see the activity calendar and menus for the month. See if there are particular activities that would appeal to your loved one, or inquire whether these activities could be added.

--Ask to eat a meal with the residents or at least observe mealtime to see if the food is appetizing. All nursing homes are required to offer alternatives if a resident does not like what is being served, or if the resident has special dietary needs.

--Meet the administrator of the facility and take as long as you want asking all of the question you can think of. Let the administrator know your worries and concerns.

## The Community: Part 2

### What is a community?

A community is a group of people who have something in common, shared by all. In our case, it's that we live in the same area. Our children go to school together. We attend the same churches, yell at the same ball games, play dominoes at the same senior center or domino hall.

Our taxes go into the same pot, to provide us with water systems, fire and police protection, roads, schools and hospitals. We share the same wide open spaces, the beautiful sunsets, the clear open skies at night. We cherish the small town atmosphere.

Most of us have chosen to live here even though we may have originally come from some distant place. Our community grows on you. The longer you stay, the harder it is to leave. Here we can raise our kids and know our neighbor, grow our gardens, or keep a horse.

The Hereford Brand is a vital part of this community. We read the local paper for news we can't get anywhere else, for ads we won't see anywhere else. The Brand feels the pulse of our community--city and county commissions, school board, hospital, senior citizens, school kids. It gives us honor rolls, lunch menus, birth announcements, weddings, ball games, chili suppers and church events. When we read the local newspaper, we see ourselves, our community, reflected.

If the local newspaper didn't tell us those things, nobody would. Not the Globe-News, not the Avalanche-Journal, not channels 4, 7 or 10. This isn't their community, it's ours. The local paper is not the center of the community. You are. But every community needs a good local newspaper.

## The Hereford Brand

## Joint Problems

### BURSITIS

Bursitis is a common problem and one which many have heard about, but its exact nature is hard to understand or remember. Some think it is merely another of those "aches and pains" we all get. Others consider it a nuisance, and not worth bothering about. What is Bursitis?

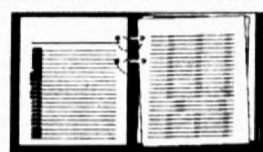
Bursitis is inflammation and irritation of a bursa. A bursa is a sac like structure which is situated at various parts of the body. It is placed near a point where two structures glide past each other. Ordinarily, when two structures rub each other, friction is produced and this produces heat irritation and pain. The bursa acts much like a cushion and lubricant between these two structures. Inside this bursal sac is synovial fluid, which acts as a lubricant and reduces this friction.

As example, there are over 100

of these unseen lubricators situated over the body, in the trunk and extremities, wherever there is friction or the potential for friction, a bursa will likely be located. The most common bursitis problems are in the shoulder, elbow, hip and knee. Others don't seem to present as many problems. Tennis elbow has been thought by some to be bursitis. Weaver's bottom has been related to the weaver sitting for long periods of time. Housemaid's knee is a prepatellar bursitis on the front of the knee. It comes from kneeling on the knee excessively.

Treatment is usually not difficult. It involves examination, sometimes x-rays and then non-surgical treatment mostly heat, ultrasound medications and injections may be helpful. Occasionally, surgery may be helpful. The prognosis is usually excellent.

Next month: Arthritis.



# June calendar, menus

Daily menus for June. Call before 9:30 for home delivered meals. Call before 10 for meal reservations, 364-5681.

### Week of June 1-8

FRIDAY--Baked fish, cheese grits, Brussel sprouts, tomato salad, peach cobbler, French bread.

MONDAY--Steak fingers & gravy, stuffed baked potatoes, green beans, fresh fruit cup, milk, roll.

TUESDAY--Pork chops, pan fired potatoes, Scand. vegetables, cranberry salad, chocolate cake, homemade bread.

WEDNESDAY--Oven fry chicken, garden rice, French style green beans,

fruit salad, tapioca pudding, roll.

THURSDAY--Roast beef & brown gravy, mashed potatoes, golden carrots, fresh veg. salad, ice cream with topping, roll.

FRIDAY--Catfish fillet, au gratin potatoes, turnip greens, coleslaw, fruit cobbler, homemade bread.

### Week of June 11-15

MONDAY--Beef stroganoff on rice, stewed tomatoes, green beans, baked custard, roll.

TUESDAY--Salisbury steak, baked potato, spinach au gratin, perfection salad, banana split cake, roll.

WEDNESDAY--Chicken strips & gravy, French fries, peas & carrots, tossed salad, cherry cobbler, roll.

THURSDAY--Mr. Ribb BBQ, pinto beans, potato salad, coleslaw, apricots or fresh fruit, Texas toast.

FRIDAY--Cod nuggets, parslid potatoes, Harvard beets, carrot & cabbage slaw, applesauce cake.

### Week of June 18-22

MONDAY--Baked ham, broccoli with cheese, corn on cob, Waldorf salad, angel food cake, French bread.

TUESDAY--Roast beef, steamed cabbage, pinto beans, veg. salad, fruited cheese cake, roll.

WEDNESDAY--Sliced turkey breast, mashed potatoes, giblet gravy, cauliflower au gratin, seasoned green peas, tomato salad, fruit cobbler a la mode.

THURSDAY--Swiss steak, green beans, cauliflower, coleslaw, bread pudding, roll.

FRIDAY--Catfish fillet, long grain rice, broccoli spears-cheese sauce, cucumber/tomato salad, cherry pie, French bread.

### Week of June 25-29

MONDAY--Pork roast, sweet potatoes and apples, spinach, cottage cheese-chop. veg., lemon dessert, roll.

TUESDAY--Chicken fry steak, country gravy, over fry potatoes, Italian green beans, tossed salad, meringue pie, bread.

WEDNESDAY--Oven fry chicken, peas & new potatoes, Harvard beets, frosted lime-nut cake, vanilla pudding with topping, roll.

THURSDAY--Enchiladas, pinto beans, Spanish rice, tossed salad, peaches, tostados.

FRIDAY--Catfish fillet, baked potato, au gratin spinach, grape juice salad, apricot cobbler, roll.

Thursday--Oil paint, 9:30-11:30; choir, 1; investment seminar, 10:30; NARFE meet, 1.

Friday--Board meet, 12; Adv. line dance, 10; Beg. line dance, 1:15. Sunday, June 10--50th Anniversary reception for Clint & Dorothy Lundry, 2-4.

Monday, June 11--Bus. meet, 10; Adv. line dance, 10; devotional 12:45; Beg. line dance, 1:15; quilting class, 7 p.m.

Tuesday--Stretch & Flex, 10-10:45; bowling, 1:30; blood pressure, 1:30-3; liquid embroid., 1:30.

Wednesday--Stretch & Flex, 10-10:45; ceramics, 1:30.

Thursday--Oil paint, 9:30-11:30; choir, 1.

Friday--Adv. line dance, 10; beg. line dance, 1:15.

Saturday--Games, 12-4.

Monday, June 18--Adv. line dance, 10; devotional 12:45; beg. line dance, 1:15; quilting class, 7 p.m.

Tuesday--Stretch & flex, 10-10:45; bowling, 1:30.

Wednesday--Stretch & flex, 10-10:45; ceramics, 1:30.

Thursday--Oil paint, 9:30-11:30; choir, 1; invest. seminar, 10:30.

Friday--Adv. line dance, 10; beg. line dance, 1:15.

Saturday, June 23--50th wedding anniversary reception for Cecil & Ella Oglesby, 2-4; games, 12-4. Sunday--80th birthday party, Leroy Williamson.

Monday, June 25--Adv. line dance, 10; devotional, 12:45; beg. line dance, 1:15; quilting class, 7.

Tuesday--Stretch & flex, 10-10:45; bowling, 1:30; Beltone hearing aid, 1-3; liquid embroid., 1:30.

Wednesday--Stretch & flex, 10-10:45; ceramics, 1:30.

Thursday--Oil paint, 9:30-11:30; choir, 1; Birthday Social, 6:30.

Friday--Adv. line dance, 10; beg. line dance, 1:15.

Saturday--Games, 12-4.

## Report: Retirees could lose benefits

WASHINGTON (AP) - Few retirees have access to company-sponsored health insurance and many of those who do are seeing their benefits shrink as businesses try to control skyrocketing costs, a government report says.

"Although seen as a low-cost employee benefit decades ago, retiree health coverage has now become a major concern for companies because retiree health costs have risen and are expected to continue to increase dramatically in the future," the General Accounting Office reported.

More than 5 million retired Americans are covered by such health plans, of whom 2 million are under 65, the GAO said. Private health coverage is particularly important for younger retirees because people do not become eligible for Medicare health benefits until age 65.

The GAO study was conducted at the request of Rep. Edward R.

Roybal, D-Calif., who chairs the House Select Committee on Aging.

The mission was to find out what was happening to health coverage for retirees, said Gary Christopherson, the committee's director of health legislation. Now that the study has been completed, it's "not as clear that we know what we want to do," he said.

"At this point, Congress is not clear it's going to move forward on this," he said. "They don't see a way to move without it costing a lot of money."

The GAO study said retiree health plans are provided by about 4 percent of companies in the United States. Twenty-nine percent of the 5,550 companies surveyed, when asked why they did not provide retiree health insurance, said there was little or no demand by employees.

The report said that while less than 1 percent of companies that offer

retiree health plans have terminated them since 1984, corporate officials are taking other measures to limit costs, including passing on more responsibility for paying premiums.

"Companies have changed health plan provisions to shift costs to retirees or reduced benefits, and appear to be doing so at an increasing rate," the GAO said.

The report said that in 1987, more than one-third of the companies who offered retiree health insurance charged their retirees for the coverage. A 1988 independent survey showed, however, that 62 percent required contributions from retirees under 65 and 53 percent passed on part of the cost to retirees 65 and over, the GAO added.

Christopherson said the few options Congress has available could have negative side effects.

## Senior driving program success

EDITOR'S NOTE - They're not teaching them how to drive. Most have been driving for 40 years or more. But they've slowed down a little, take too many habits of the road for granted. So here's a remedial driving program for the graying of America. It's called "55 Alive."

By KATHLEEN GRUBB  
Associated Press Writer

ROSEVILLE, Calif. (AP) - Gray-haired students who attend Mary and John Mouer's driving class can tally their combined experience behind the wheel in the centuries.

They enroll in the "55 Alive Mature Driver Improvement Program" to hear the Mouters tell them what many of them already know: Their driving skills aren't what they used to be.

"If you don't have to drive at night, don't drive at night," John Mouer told a recent class at the Roseville Community Center about 15 miles northeast of Sacramento.

The 55 Alive program was started nationwide a decade ago by the

volunteer American Association of Retired Persons to teach older drivers how to compensate on the road for their dimming eyesight, failing hearing and slower reaction time.

In California, enrollment has boomed and classes expanded to college campuses and private driving schools since the Legislature passed a law in 1986 establishing insurance discounts up to 20 percent for graduates of state-approved courses. About 40,000 Californians, ranging in age from 50 into the 80s, take the class annually.

Graduates are eligible for reductions in their liability insurance for up to three years, as long as the driver avoids traffic tickets and doesn't cause any accidents. Discounts can be renewed for another three years by taking another class.

A recent study compared driving records for 40,339 graduates of the program with 75,064 older drivers who didn't take the course. The graduates had 16 percent fewer accidents involving death or injury

and 15.7 percent fewer traffic convictions.

Len Yarbrough, 71, of the Sacramento suburb of Fair Oaks, said he decided he needed a refresher course in driving safety even though he's been driving since he was 14.

Yarbrough said that before the second session of the two-day course he had been stopped at a light waiting to turn left when a truck across the intersection got the green light to turn the other way. Yarbrough started to turn, too, even though his light was still red.

"It's just those sort of things that we're lax in," he said. "We know everything in this (driving course), had it given to us many times. I don't think there's anything new to us. We've been exposed to it over our many years of driving, but how many times have we thought about what we should do and shouldn't do in our driving."

Eighty-year-old Lora Hubbard of Rocklin, Calif., said her instructors,

"We just talk about the good, common-sense things that everyone should be aware of. But it's most important because older drivers have more accidents..."  
--Norma Moody, AARP

the Mouters, hit home with information about drivers' blind spot. "There's one thing that concerned me," she said. "I only have one side mirror and I'm going to get another one."

Curriculum at the 55 Alive program must be approved by the state Department of Motor Vehicles. Class size is limited to 30 for two four-hour sessions or 25 for a single, eight-hour seminar. Tuition is restricted to a maximum \$21 per student. AARP classes charge only a nominal fee to cover expenses.

Lessons include ways to compensate for poor vision, loss in depth perception and slowed reaction time. Tips include limiting night driving, taking less busy routes, planning trips in advance, posting a passenger as a scout while backing out of parking

spaces, and always wearing a safety belt.

"We just talk about the good common-sense things that everyone should be aware of," said AARP instructor Norma Moody. "But it's most important because older drivers have more accidents per mile than any other drivers..."

"The things the senior citizens are most guilty of are failure to yield right of way, making left turns (improperly) and not paying attention to what's going on around them," Moody said.

Most of the older drivers who enroll in the class are safety minded and enthusiastic learners, said Moody, a retired kindergarten teacher who took a 55 Alive class with her husband, Al, 3 years ago. The Moodys liked it so much they were teaching it within six months. She now coordinates AARP classes in northeastern California.

A few students enroll reluctantly at the urging of an insurance agent or a spouse, she said, but they often end up being the program's biggest promoters.