

The

Hereford Brand

THURSDAY, April 5, 1990

Hustlin' Hereford, home of Terri Souter

89th Year, No. 195, Deaf Smith County, Hereford, Tx.

10 Pages

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Woman injured in accident

Jovita Salazar, a special education aide at Shirley School in Hereford, suffered a broken leg in a car-pedestrian accident shortly before 8 a.m. today in front of the school. Mrs. Salazar was walking between two cars when she was struck.

Mattox says he can beat Williams head-up

DALLAS (AP) - If he can get by Ann Richards, Democratic gubernatorial hopeful Jim Mattox says he believes he can beat GOP nominee Clayton Williams in November.

"I think Clayton Williams will turn out to be a joke and an embarrassment to the Republican Party," Mattox said. "I don't fear Clayton Williams because he has millions, but he has no real knowledge of the issues."

Mattox also said Wednesday that he may release proof that Richards, his opponent in the April 10 runoff for the Democratic nomination, has used illegal drugs.

He said Tuesday in a televised appearance that he has "proof from the perspective of individuals that have said to me that Ann Richards has used certain drugs," but on Wednesday he said he was not ready to divulge his sources - yet.

"I didn't say I didn't have any intention of releasing their names," Mattox said. "You can never tell what's going to happen over the course of the next few days."

Ms. Richards, a recovering alcoholic, has refused to answer directly the question of whether she ever used illegal drugs. She maintains

she has not used any "mood-altering" drugs in 10 years.

"He doesn't deserve my attention or my response. Every day it's a new rumor, it's a new allegation, it's a new charge or it's a nasty television spot," Ms. Richards said Wednesday in Austin, where she voted absentee.

Mattox was in Dallas on Wednesday where he accepted an endorsement from the Interdenominational Ministers Association, which represents about 300 black ministers in the Dallas-Fort Worth area.

"He has a long history with the black community and we feel safe with him," said S.M. Wright, a Baptist preacher who heads the group.

When asked how his organization could support Mattox when statistics show that a disproportionate number of blacks are waiting to die on death row, Wright said: "I believe there are some unconverted areas we need to work out. But I don't have to agree with Jim Mattox on everything to be with him for governor."

Mattox, like Richards, has said that he would continue to carry out the death penalty.

Teachers warn schools may close without bill

AUSTIN (AP) - As teachers warned schools may close unless lawmakers meet a court deadline to reform the public education finance system, Speaker Gib Lewis tried to put the House on a "fast track" to approve a \$450 million finance bill.

"We are hoping to get everything solved as soon as we possibly can," Lewis, D-Fort Worth, said Wednesday, throwing his weight behind a measure by Rep. Ernestine Glossbrenner, D-Alice, head of the House Public Education Committee.

But some lawmakers questioned Lewis's prediction that the bill will pass when the House takes it up Monday. The House Public Education Committee substituted the bill for a Senate plan to pump \$1.2 billion more into schools in 1990-91.

"I think it's going to be tough to try to get a majority on this bill," said Rep. Hugo Berlanga, D-Corpus Christi, who is working with other lawmakers on an alternative plan he said would more fairly distribute money to school districts.

If the House approves a bill - which it failed to do in a previous 30-day special session - a conference committee could be appointed to work out differences between it and the Senate measure.

Lawmakers are in their second special session to address a Texas Supreme Court ruling that the school finance system is unconstitutional because of disparities in funding available to property-rich and -poor school districts.

If they don't meet the court's May 1 deadline to reform the \$13.5 billion-

a-year system - which relies on a combination of local property taxes, state aid and some federal funds - the court could freeze state funds and close most schools, said Ollie Besteiro, president of the Texas State Teachers Association.

Ms. Besteiro, whose group supports the Senate's \$1.2 billion plan, said Gov. Bill Clements will be to blame if the schools close. She said his \$300 million limit on new school funding for 1990-91, meant to avoid a tax increase this year, is "woefully inadequate."

"History has recorded Governor Clements as the first Republican governor in Texas since Reconstruction. If he shuts down our public schools ... I think it would be safe to predict that it may be many, many years before Texans will risk electing another Republican governor," she said.

Clements' press secretary, Rossanna Salazar, responded, "I don't think you can place the blame of the Legislature's being unable to reach a consensus on the governor."

If schools close, Ms. Besteiro said, TSTA would call on educators, parents and students to descend on Austin May 5 "in the largest demonstration of public outrage since the fall of the Alamo to Santa Anna."

Ms. Besteiro also criticized a proposal that would funnel up to \$172 million to schools by temporarily reducing the state's contribution to the Teacher Retirement System, while boosting benefits.

A variety of proposed taxes and funding shifts are being discussed in

the House, where any tax bill must originate.

But Lewis said lawmakers must get a "bottom line" on the cost of a school finance bill that emerges from a conference committee before voting on funding.

The \$450 million House measure is backed by several lawmakers who opposed Ms. Glossbrenner's bill in the last special session, including Reps. Jim Rudd, D-Brownfield, head of the budget-writing House Appropriations Committee, and Kent Grusendorf, R-Arlington.

Lewis said the bill addresses concerns of lawmakers who feared future costs of the reformed system, as previously proposed, were unpredictable and could be too high. State requirements that some opposed because they could require increased local spending also were trimmed from the bill, he said.

But the bill was decried by representatives including Eddie Cavazos, D-Corpus Christi, and Alan Schoolcraft, R-San Antonio.

Schoolcraft said he is working on a substitute finance measure that he hopes "people can understand, that is true equalization."

Cavazos, chairman of the House Mexican American Legislative Caucus, said the measure's funding system is not equitable, and its price tag is too far below the \$800 million he thinks is needed next school year.

"We're not here just to give a little bit more money to the problem, to put a Band-Aid on it. We're here to cure the illness," Cavazos said.

Census has special number

The 1990 Census is underway but only about half of the citizens in Hereford received a form in the mail on April 1, Census Day.

Don't give up--the form or an enumerator should be on the way.

Most persons who did receive a form should have completed and returned the information. However, some folks received a "D-13 form"

which gave instructions to hold the form until an enumerator came to pick it up.

The count is not over and it could be six to eight weeks before some people are contacted by an enumerator.

If a person has any doubts about not being counted, they can call the Census Bureau at a toll-free number--1-800-999-1990.



Hereford children visit prison

Hereford schoolchildren have a stoic expression on their faces Wednesday as they tour the new William P. Clements Jr. Prison of the Texas Department of Corrections near Amarillo. Students from Bluebonnet, Shirley and West Central intermediate schools in Hereford toured the new prison along with children from throughout the region.



Cast to perform 'The Rainmaker'

The cast of Hereford High School's contest one-act play, "The Rainmaker," will host a special performance at 7:30 p.m. Thursday at the HHS auditorium. The play was the first alternate at last week's District 1-4A One-Act Play contest at West Texas State University. The cast includes (front row, from left) Jeri Ann Parker, Sharma Williams, Sara Zinck and Brian Vogler; (middle row) Leroy Jackson, Jason Barrett, Jill West and Zach Walker; (top row) Reggie Salazar, Richard Perez, Danny Ruiz, Jonathan Haney and Steven Kuper. Not pictured is Jayme Moore. Admission will be by donation to provide award letters for cast and crew members, and the public is urged to attend.

10 file for hospital board

Ten persons have filed for four open positions on the Deaf Smith County Hospital District election on May 5.

Long-time incumbents Frank Zinser and Margie Ford did not file for reelection. Incumbent Craig Smith, who is wrapping up his first term on the board, is on the ballot.

He is joined by Dr. Stan Fry Jr., Nancy Hill, Jafie Granado and Bert Parker, who all filed Wednesday afternoon, and Valerie Fellhauer,

Donita Rule, John Perrin, Diane Hoelscher and Boyd Foster.

Voting locations for many voters in next Tuesday's Democratic primary runoff have been changed for the runoff election only.

County Clerk David Ruland said that party officials told him the moves were made to save some costs for the election, which will likely have a light turnout in Deaf Smith County with no local races on the ballot.

Voters in Precincts 1 and 7 (Dawn) will vote at the Bull Barn; Precinct 2 will vote at the courthouse; Precincts 3 and 8 (Walcott) will vote at Hereford Junior High; Precinct 4 will be at the Hereford Community Center; Precinct 5 will vote at the Palo Duro Baptist Church south of Wildorado; and Precincts 6 (Ford) and 9 (Simms) will vote at Ford.

GOP voters will cast ballots at the Bull Barn, courthouse, junior high and the community center as they did in the March primary.

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Local Roundup

Man arrested on Wednesday

Hereford police arrested a man, 34, out of his home in the 100 block of South Centre Wednesday night for committing family violence. Sixteen checks were stolen from the driver's license office sometime on Wednesday. Someone entered the office when it was unattended and stole the checks. Nine of the checks were already endorsed for deposit and seven were made out to local businesses but were typed with an erasable ribbon. The State of Texas stopped payment on a payroll check that was stolen and the First National Bank of Tulsa was advised to stop payment on the rest of the checks. A description of the missing checks has been submitted to police and businesses.

Other reports on Wednesday included \$200 worth of tools stolen out of a vehicle in the 100 block of East First; witnesses saw several persons break out a window, valued at \$150, out of a car in the 200 block of Ave. F; juvenile threw mud on rocks on a van in the 300 block of Douglas, causing \$100 damage to the paint; a house in the 500 block of Union was shot at when a car drove by and the occupants of the car are being questioned; several boys were fighting in the 600 block of Irving; a 14 year old boy reported that his younger brother and a friend had cursed at him; public intoxication; complaint about junk vehicles collecting in the 100 block of Ave. B; complaint about dogs running loose in the 600 block of Irving; and two reports of harassing telephone calls. Hereford police issued 12 citations and responded to two minor accidents on Wednesday.

Cold, clammy forecast

Tonight will be cloudy and colder with a 40 percent chance of rain, possibly changing to snow by daybreak. The low will be near 30 with northeast winds 10-20 mph.

Friday will be cloudy and cold with a 20 percent chance of light rain. The high will be near 50, with northeast winds 10-20 mph.

The extended forecast is calling for cold weather Saturday with a slow warming trend through Monday. There is a chance of thunderstorms Sunday and Monday. Highs will range from 55 on Saturday to 62 on Monday, with lows from 32 on Saturday to 42 on Monday.

This morning's low at KPAN was 48 after a high Wednesday of 77.

News Digest

World/National

WASHINGTON - Secretary of State James A. Baker III is concentrating in talks today with Soviet Foreign Minister Eduard A. Shevardnadze on limiting nuclear-tipped cruise missiles as part of a new superpower arms control treaty.

MOSCOW - Lithuanian legislators accuse Moscow of threatening to overthrow their independent government, dampening heartening talk of compromise, and Mikhail S. Gorbachev tells Estonia to back off from its secessionist drive.

WASHINGTON - A major Japanese effort to lower trade tension appears to be paying dividends, although doubters question how much effect the concessions actually will have on the huge U.S.-Japan trade imbalance.

WASHINGTON - States are inventing their own economic development policies in a "quiet revolution" that came because they couldn't wait for federal solutions to evolve, a private research group said today.

NEW YORK - Scientists have arranged 35 atoms to create what is probably the world's tiniest advertisement, attaining a precision that could one day lead to the development of new materials and numbingly faster computers.

WASHINGTON - "Putting out a newspaper without promotion is like winking at a girl in the dark - well-intentioned but ineffective," said press mogul William Randolph Hearst. His quotation adorns an exhibit, "The American Journalist: Paradox of the Press."

ALLENTOWN, Pa. - Boy meets girl; boy marries girl. Husband fools around; wife tries to kill him. Wife does time; husband takes her back. The twisted tale of this fun couple, Tony and Fran Toto, is now a movie, "I Love You to Death."

WASHINGTON - Modern dance pioneer Alwin Nikolais is accustomed to worldwide acclaim, but he confesses he was terrified by the squirming second-graders who attended the world premiere of his new "space fantasy" for children.

Texas

DALLAS - Greyhound Lines Inc. has called on its striking bus drivers' union to deny benefits to members who commit violent acts during the walkout. A union official said the company is allowing "crazies" and "terrorists" to control resumption of bargaining in the 34-day-old strike.

EDINBURG - Lawyers accused of illegally promoting lawsuits after the state's worst school bus accident will be indicted Friday, a Hidalgo County prosecutor said.

HOUSTON - The Dallas Times Herald lost thousands of readers and advertising strength when 26 columns and comics were canceled by a syndicate that entered a joint venture with its rival The Dallas Morning News, the Times Herald's publisher says.

BIG SPRING - A Howard County jury found a Big Spring woman guilty in the shooting death of her husband, but sentenced her to only five years probation.

DALLAS - A 61-year-old Dallas County sheriff's department clerk was fired after being accused of stealing more than \$1 million in drugs and guns from the department's vaults and selling them to drug dealers, officials said.

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AUSTIN - Texas Republicans have developed a "legislative action plan" that permits abortion before the fetus is 20 weeks old.

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AUSTIN - Common lawn care pesticides like Dursban and Diazinon are so harmful to human health, consumers' groups and environmentalists say, that they are asking for new laws requiring companies to post notices when they spray.

Hospital Notes

Elma Aguilar, infant boy Aguilar, Teresa Aguilar, infant girl Aguilar, Walter Beavers, Velma Carroll, Norma L. Cervantez, infant boy Cervantez, Gloria Cisneros, Marvin C. Coffey, Shannon Collins, Petra Garza, Maria Guerra, Crystal Gutierrez, infant boy Gutierrez, Charles Roy Hefley, Laurie High, Diane Mejia, infant girl Mejia, William E. Miller, Ethel Moore, Mack A. Noland, James (Jim) Preston, Benny D. Pryor, Nola S. Ralston, Melanie Ratliff, infant boy Ratliff, Aurora Ruiz, Joaquin Saenz, Imelda Salinas, infant boy Salinas, Irene Serna, and Flossie Stewart. Mr. and Mrs. Robert Ratliff are the parents of a son, Kyle Seth, born April 4, 1990.

Pro-choice Republicans?

AUSTIN (AP) - Texas Republicans have developed a "legislative action plan" that permits abortion before the fetus is 20 weeks old.

After 20 weeks, medical tests would be required to determine if the fetus could life outside a mother's womb, and if so, a woman would only be allowed an abortion if her life were in danger, GOP officials say.

State GOP chairman Fred Meyer said the relaxed anti-abortion stance would be followed by Republican candidates the next four years.

Some Democrats and pro-choice advocates called the stand announced Wednesday a political ploy. The critics



Where's the peanut butter and jelly

Young children, many of them in the day care program at King's Manor, were honored at a reception at King's Manor on Wednesday. The "Week of the Young Child" is being celebrated nationwide and was proclaimed this week by Mayor Wes Fisher.

States initiate new economic development

WASHINGTON (AP) - States are inventing their own economic development policies in a "quiet revolution" that came because they couldn't wait for federal solutions to evolve, a private research group said today.

"The story is that while Washington (the federal government) continues to be stalemated over what we ought to do over foreign competition, the states have gone ahead and invented their own strategies," said Doug Ross, president of the Corporation for Enterprise Development, a research and consulting organization.

"States now encourage and support indigenous development - modernizing in-state businesses, easing their expansion and product development, educating their workers and facilitating start-ups," he explained.

"It's a quiet revolution, one that may well have more lasting impact on the quality of our lives and the prospects for our children than any other domestic policy shift of the past decade," Ross added.

The findings are included in the fourth annual "Development Report Card for the States," financed by corporations, labor unions and private foundations.

For more than 40 years, the study said, states relied on "smokestack chasing," or luring out-of-state businesses with incentives and subsidies. That approach no longer was working by the late 1970s, the study found.

The study said some of the new strategies and the extent of their use include:

-Forty-four states are stimulating applied research through research centers and research grants.

-Forty-five states help businesses commercialize new technologies or apply state-of-the-art technologies.

-Thirty-five states offer non-traditional development finance instruments, like product development, seed capital and venture capital.

-Forty states employ new financial mechanisms that leverage private resources to help meet business capital needs.

-Forty-seven states have launched specific education reform measures.

-Forty-seven states devote state

resources to improving the quality and productivity of their existing work force.

As a result, the study said, Rust Belt states are resurgent less than 10 years after the 1981-82 recession nearly did them in.

"Recent investments in technology, infrastructure and skill improvements as well as policy innovations in development finance and industry modernization have paid off in new economic strength for these states," Ross said.

According to the study, the

Northeast and West Coast states continue to be the nation's strongest economically although some show troubling signs.

Southern states "continue to make remarkable progress toward economic health," the study said, but "there is a long uphill struggle still ahead."

With the exception of Utah, however, the Plains and Rocky Mountain states have not recovered from the recession. "These states need intensive care and are not getting it," the study said.



Lions provide children's gift

Lions Raymond White and Rocky Lee, right, accept a \$3,700 check from Boss Lion Mark Andrews at Wednesday's meeting of the Hereford Lions Club. The funds will be used to help refurbish a bunkhouse at the Lions' Crippled Children's Camp at Kerrville.

Notice of pesticide application desired

AUSTIN (AP) - Common lawn care pesticides like Dursban and Diazinon are so harmful to human health, consumers' groups and environmentalists say, that they are asking for new laws requiring companies to post notices when they spray.

"Eight states have recognized that lawn care pesticide use unwittingly exposes neighbors, children and pets to poisons and have recently passed laws requiring warning signs like these to be posted," said Tom Smith, director of the Texas office of Public Citizen.

"We urge the Sunset Commission to recommend to the Legislature that Texas become the ninth," he said at a news conference Wednesday.

Smith said activists will make their request to the Sunset Advisory Commission on Friday.

The commission periodically reviews all state agencies. Lawmakers on the commission now are considering new safety requirements for pesticide applicators licensed by the Structural Pest Control Board.

Research by Public Citizen, a

national group consumers' group founded by Ralph Nader, indicates that 12 of the 40 most commonly used pesticides are suspected to cause cancer in humans. Twenty-one can cause other long-term health effects, including birth defects and liver and kidney damage, and 20 can cause short-term nerve damage, Smith said.

The group's research shows Dursban, a flea killer, and Diazinon, which was banned by the EPA on golf courses and sod farms, both are neurotoxins and groundwater contaminants. The ban temporarily is suspended by court order, said Ken Kramer, director of the Lone Star Chapter of the Sierra Club.

Kramer said six million pounds of Diazinon are used annually on home lawns and commercial turfs. He said the insecticide can cause headaches, dizziness, vomiting, convulsions, eye damage and respiratory problems.

In a study released last week, the U.S. General Accounting Office concluded that 32 of the 40 most commonly used lawn pesticides have not been completely tested.

Forums on Hispanic education planned

WASHINGTON (AP) - The nation's top educator, in an attempt to reach out to the "real people who are really in the trenches," plans a series of hearings around the country to look for creative solutions to problems facing Hispanic youth.

Education Secretary Lauro Cavazos, the chairman of the president's Task Force on Hispanic Education, plans five forums beginning Tuesday in San Antonio.

Cavazos, the former president of Texas Tech University, is the first Hispanic member of a president's Cabinet.

Students, educators, parents and community leaders will be asked to participate at the sessions in San Antonio, Boston, Chicago, Miami and Los Angeles, the Education Department said.

"This is a concentrated effort to try to reach out to parents and teachers, real people who are really in the trenches out there," Under Secretary Ted Sanders said Wednesday.

"We're expecting them (the sessions) to be very helpful, to get beyond just a reshaping of the nature and the statistics of the problem," he said.

Hispanics are the fastest growing segment of the U.S. population, Sanders said, particularly among school-age children. Yet they have the highest dropout rates among major ethnic or racial groups, he said.

Hispanics are also the least likely to seek a diploma or equivalency diploma as adults, Sanders said.

Among adults over age 25, roughly one-fourth of non-Hispanics have not completed high school or received an equivalency diploma, while 52 percent of Hispanics still have not completed high school or received an equivalency diploma, Sanders said.

Hispanic children are also less likely to attend preschool than white or black children, Sanders said.

Obituaries

ANNIE MAE CLAY
April 5, 1990

Annie Mae Clay, 82, of Hereford died Thursday, April 5, 1990.

Services are pending at Rix Funeral Directors of Hereford.

She was born June 10, 1907, in Hamburg, Okla. She was a homemaker and a member of Central Church of Christ.

Survivors include her husband, Ray Clay; a son, Dewaine Clay of Midland; and two daughters, Annell Holland of Andrews and Reva Hill of Amarillo.

THE HEREFORD BRAND

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Now You're Cooking

KAY CRISMON
Staff Writer

Eating right requires self-discipline and knowing the correct foods to eat for a nutritious diet.

Charlotte Clark can certainly give the right answers to any questions concerning nutrition. She has been director of the dietary department at the Deaf Smith General Hospital for over 13 years. She has a B.S. degree in nutrition from Texas Tech University and a master's degree and dietetic internship from Ohio State University.

Because of her experience in the nutrition field, Clark serves as the nutrition advisor for the Deaf Smith County Unit of the American Cancer Society. She previously served five years on the ACS board. She and others were instrumental in compiling the Deaf Smith County Cancer Society cookbook, "Measure For Health."

The main goal of the cookbook is to heighten awareness of the relationship between diet and cancer, to inform the public about specific steps to reduce cancer risk, and provide practical ways of using the ACS nutrition guidelines. The cookbook lists ways of modifications in daily diet to reduce chances of getting cancer. There are many recipes which have been used at the hospital. The cookbooks tell what fiber is and gives a symbol for recipes that are high in fiber. The cookbooks sell for \$8 and anyone interested in purchasing a book may contact members of the ACS local unit.

This month is an important month in the fight against cancer. On April 19, D-Day, the American Cancer Society's Great American Food Fight Against Cancer will be spreading the message that eating the right foods helps lower the risk for certain cancer. The members of the local ACS unit and community volunteers will be working together to be ambassadors for better nutrition.

Clark has also been actively involved in Camp Fire for 20 years and is serving on the board of directors of the Hereford Satellite Work Training Center. She is a member of the Los Ciboleros of the Daughters of the American Revolution and is past matron of the Order of Eastern Star.

She and her husband, Arthur, moved to Frio where he is self-employed as a farmer and rancher. They moved to the vicinity because

of oral speech classes at Amarillo Speech Hearing Center.

Their daughter, Laura Leigh, is deaf and attended classes at A.S.H.C. She was able to attend junior high and high school in Hereford. While she was at Hereford High School, she became a member of the drill team. She attended Clarendon College and became a cheerleader. Laura Leigh is now Mrs. David Blackburn. She and her husband have three children: Michael, Daniel, and Tracy.

Clark's son, Brian, also graduated from HHS and went to college, but decided he liked the wide open spaces. He moved his wife, Lisa, and daughter, Nicole, to Frio so he could help his father on the ranch.

Their youngest daughter, Joanna Beth, lives at home and is a Down Syndrome adult. She is employed by the hospital, through the Hereford Satellite Work Training Center with the program Outreach, and is working in the laundry department.

Since April has been designated as Cancer Control Month, Clark has listed nutritious recipes to help reduce the risks of certain types of cancer.

Mistletoes' Salad

4 heads broccoli (4 lb.)
2 large firm ripe tomatoes, cut into 3/4 inch cubes
2 Tbsp. finely chopped red onion
1 1/4 c. mayonnaise
1 Tbsp. soy sauce
2 tsp. fresh lemon juice
2 tsp. seasoned salt
Salt and fresh ground pepper
2 hard cooked eggs, chopped
1/2 c. unsalted raw or roasted cashews
6-8 black olives

Trim broccoli; peel stems. Divide heads into flowerets; cut stems into 3/4 inch pieces. Steam broccoli over boiling water, covered, until crisp and tender (3 to 5 minutes). Drain well. Rinse under cold running water to cool. Drain well in colander. Remove to large bowl; add tomatoes and onion; toss lightly. Refrigerate, covered, until chilled (1-2 hours). Combine mayonnaise, soy sauce, lemon juice, and salt. Add to broccoli-tomato mixture and toss again. Sprinkle with chopped eggs and cashews. Garnish with black olives. Serves 6-8. This can be placed on lettuce leaf and served as individual salads.

Sweet Potato Casserole

3 c. mashed sweet potatoes
1 c. sugar
1/2 c. melted butter or margarine

2 eggs, beaten
1 tsp. vanilla
1/3 c. milk
Topping
1/2 c. firmly packed brown sugar
1/4 c. all-purpose flour
2 1/2 Tbsp. melted butter or margarine
1/2 c. chopped nuts

Combine all ingredients, except topping, in a mixing bowl and mix well. Pour into a 2 quart casserole dish. Sprinkle topping over potato mixture. Bake at 350 degrees for 30 to 40 minutes. Yield 8 to 10 servings.
Topping: Combine sugar, flour, butter, and nuts in a small mixing bowl and mix well. Yield: Approximately 1 1/2 cups.

Bran Muffins

1 (15 oz.) box raisin bran
3 c. sugar
5 c. flour
2 tsp. soda
2 tsp. salt
4 eggs
1 c. oil
1 qt. buttermilk

Mix all together and place in closed container. Never mix after first mixing. Keep in refrigerator up to 6 weeks. Bake at 400 degree for 15-20 minutes.

Biscuit Dumplings

2 c. sifted flour
2 tsp. baking powder
1 tsp. salt
1/4 c. shortening
3/4 c. milk

Sift flour, baking powder and salt together. Cut in shortening with pastry blender. Add milk using more if necessary to make a soft dough. Roll out 1/2 inch thick and cut into 1 inch squares, strips, or diamonds. Drop into boiling chicken stock and cut up cooked chicken. Cover and simmer 15 minutes. Serves 6.

Whole wheat-use 1 cup whole wheat for 1 cup white flour.

Strawberry Salad

2 small pkg. strawberry jello
2 (10 oz.) pkg. frozen strawberries
2-3 diced bananas
2 c. boiling water
1 large (13 1/2 oz.) can pineapple
1 c. sour cream
3 oz. cream cheese
1 c. pecans

Dissolve jello in boiling water. Add strawberries; stir until thawed. Add pineapple and bananas. Pour 1/2 jello mixture into shallow dish till firm. Spoon sour cream mixture with nuts over first layer. Stir remaining jello; gently spoon over sour cream mixture. Place in refrigerator until firm.

Marinated Carrots
5 c. sliced carrots
1 medium onion
1 medium green pepper
1 can tomato soup

1/2 c. salad oil
1 c. sugar
3/4 c. vinegar
1 tsp. prepared mustard
1 tsp. Worcestershire sauce
1 tsp. salt
1 tsp. black pepper

Cook carrots until tender; drain and cool. Slice onion and green pepper. Mix with cooled carrots. Mix other ingredients and pour over vegetables. Cover and marinate 12 hours in the refrigerator. Drain to serve. This will keep for weeks if refrigerated.

Orange Salad

1 can mandarin oranges, drained
1 can crushed pineapple, drained
1 can tangerine juice
2 boxes orange jello

Prepare jello; cool. Add fruits. Use tangerine juice as part of liquid when preparing jello.



CHARLOTTE CLARK
...stresses nutritious diet

The Hereford Brand would like to thank the 37 students from Bluebonnet Intermediate School who wrote thank you letters to us for sponsoring the NewsCurrents NIE Program. We appreciate you and Mrs. Virginia Jackson for letting us be part of your learning experience. We're glad you like the program.

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Sports

Herd JV tops Randall with 7th-inning run

Jerry Rincon blasted a triple over a drawn-in outfield with no outs in the bottom of the seventh to bring courtesy runner Nathan Henderson in with the winning run as the Hereford Whiteface junior varsity took a 6-5 victory over Randall at Whiteface Field.

The Herd JV overcame a three-run first inning by the Raiders and turned an inning-ending double play with the go-ahead run on second in the seventh to gain the win.

Randall took the 3-0 lead off Hereford starter Richard Rodriguez in its first at bat on three hits with the help of two Herd errors. Rodriguez tossed the first two innings for the Herd, allowing the three runs on four hits with three walks and two strikeouts. Todd Jerrell, who finished with four RBI for the Raiders, doubled in two during the inning.

Hereford got one of the runs back in their half of the first leadoff man Chris Brummett was hit by a pitch and Andy Kalka, Ralph Holguin and Michael Campos followed with three straight singles.

The Herd went ahead with a four-run third when Holguin reached second on an error and scored on Sammy Casarez' sacrifice fly to center. Fonzie Enriquez singled, Jason Tatarevich walked and Shama Hernandez was hit by a pitch to load the bases with two out and knock Randall starter Royce Beene out of the game. Beene was replaced by Jeff Beene, who walked Rene Cano to force in Enriquez with the tying run. Brummett singled to left for two more runs and the lead.

Casarez, who replaced Rodriguez on the mound in the third, completed his two scoreless innings of work in the fourth, allowing only two base runners on one hit with three strikeouts and no walks.

Rincon took the mound in the fifth and gave up a walk and a single to set up Jerrell's game-tying triple with one out. Rincon settled down to retire the side and finished the game with no more runs on two more hits. Rincon allowed two walks and recorded four strikeouts over the final three innings to take the win.



Bringin' it

Jerry Rincon of the Hereford Whiteface JV reaches back to put a little something extra on a pitch during Wednesday's 6-5 win over Randall at Whiteface Field. Rincon also tripled in Nathan Henderson with the winning run in the bottom of the seventh in addition to picking up the pitching decision.

Lady Whitefaces dominate 1-4A all-academic team

The Hereford Lady Whiteface basketball team led District 1-4A with five selections to the Academic All-District team, according to Coach Dickie Faught.

Starters Brienna Townsend, Cande Robbins, Stacy White, Jennifer Bullard and Shantel Cornelius were named to the 19-member squad announced this week by district coaches.

"I'm really proud of these girls," Faught said. "It shows me something that they're willing to work as hard in the classroom as they do on the basketball court."

"We were the only school to have all five starters on there," he added. "Three schools didn't even have one, and I think that says something about our girls' dedication."

Criteria for being named to the team, Faught said, was to have a grade average of 90 or above through the fourth six-week grading period and to have been a consistent starter during the basketball season.

Dumas, Frenship, Borger and Dunbar had three selections each to the team with Levelland adding two.

Valentine runs Palmeiro out of camp ... sort of

PORT CHARLOTTE, Fla. (AP) - Texas Rangers Manager Bobby Valentine ordered Rafael Palmeiro to get out of his ballpark and to stay away - for a day.

But it wasn't because Valentine was mad. Quite the contrary. "He has played all the innings," said Valentine. "This is a reward." Palmeiro had played in eight of his

team's 12 exhibition games prior to Wednesday.

But the vacation didn't last all day. Palmeiro spent the morning at the beach, but returned to training camp in the afternoon to lift weights and take a few cuts in the batting cage.

"It's getting too close to the season," Palmeiro explained. "I don't really feel comfortable yet, and I want to get there."

UIL disciplines five prep coaches

AUSTIN (AP) - Two high school basketball coaches who reportedly talked out of turn about officials have received University Interscholastic League reprimands, which is the UIL's mildest penalty.

Three other high school coaches, however, drew suspensions Wednesday from the UIL State Executive Committee, which voiced concern over the number of complaints reaching the UIL about abuse of game officials.

The committee suspended Georgetown girls' soccer coach David Winter for three games next season; Montgomery boys' basketball coach Ronnie James for one game and Shiner boys' basketball coach Billy Turek for one year in basketball.

Turek has switched jobs and will coach football next year, and he was suspended for one football game, UIL spokesman Peter Contreras said. The committee reprimanded El Paso

Austin boys' basketball coach Roshern Amie as a result of a published comment attributed to Amie that "monkeys in stripes" had cost Andress a playoff loss to Plainview. "I would never use the word 'monkeys,'" Amie said.

Also reprimanded was Plainview boys' basketball coach Carl Irlbeck, who was quoted following a 63-62 loss to Amarillo, as saying, "I believe those guys (officials) were honest when I took them. Now I feel they aren't."

The UIL committee was told that the Class 5A district that includes Plainview has adopted a "gag rule" against coaches questioning the ability or honesty of a game official.

Winter of Georgetown and Georgetown trainer Rich Frazee were accused by officials of cursing them and calling them "gutless" following a contest with Pflugerville. Official

Janusz Janas said Frazee grabbed another official.

Winter also was placed on probation for one year and will be publicly reprimanded through publication in the UIL newspaper. Frazee was assessed the same penalties, including a three-game suspension.

Georgetown's girls' soccer program was placed on probation for a year, and will be publicly reprimanded, Contreras said.

Turek, according to a complaint by officials, refused to leave a Dec. 19 Shiner-Hallettsville basketball game after he was instructed to do so following a third technical foul against the Shiner bench.

"If I leave, then the rest of the team is going to leave also," Turek allegedly told officials. Turek also received a public reprimand.

Assistant varsity basketball coach J. Britsch, who left the game in place of Turek, was placed on probation for one year and will be publicly reprimanded. Shiner's boys' basketball program also was put on probation for a year and will be publicly reprimanded.

In addition to the one-game suspension next season, James of Montgomery was placed on probation for a year and will be publicly

reprimanded for allegedly telling officials, following a Dec. 18 basketball game with Magnolia, that if he "didn't need my job," he would whip them. "I can, I've whipped larger men than you."

James testified Wednesday he made the statement about the officials to an assistant, and not directly to the officials.

The two officials also said Montgomery players cursed them as they were leaving the gym, and were not supervised by a coach at the time. James in a letter said he thought the officials "blew the incident way out of proportion."

Montgomery's boys' basketball program was placed on one-year probation, and it will be publicly reprimanded.

Also, on Wednesday, the UIL executive committee:

- Supported Amarillo Palo Duro's decision to reprimand junior varsity boys' basketball coach Gerald Tucker as a result of two JV players allegedly verbally abusing officials following a 75-74 loss to the Lubbock JV on Feb. 2. One official said he also was struck

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BASKETBALL

ACADEMIC ALL-DISTRICT 1-4A GIRLS' BASKETBALL TEAM
Hereford (Coach Dickie Faught): Brienna Townsend, Cande Robbins, Stacy White, Jennifer Bullard, Shantel Cornelius.
Dumas (Coach P.D. Fletcher): Amy Jowell, Jakayla Janow, Camille Morton.
Frenship (Coach Sam Tipton): Shelley Rich, Daiha Lewis, Jenny Coleman.
Borger (Coach Jill Schneider): Melinda White, Karen Gibson, Tonya Roden.
Dunbar (Coach Starla Ewan): Alicia Boswell, Lana Perkins, Marsha Johnson.
Levelland (Coach Dean Weese): Stacy Strasser, Michelle Echols.

TRACK & FIELD

Boys
PLAINVIEW JH INVITATIONAL
Freshman
High Jump: 5. Shawn Fogo, 4-10.
Long Jump: 2. Shawn Fogo, 17-9; 5. Noah Garcia, 16-11; 6. Michael Ramirez, 16-7.
Triple Jump: 4. Fred Gonzales, 35-1; 5. Quincy Curtis, 33-4.
100: 4. Shawn Fogo, 11.99; 6. Quincy Curtis, 12.20.
200: 2. Shawn Fogo, 24.84; 3. Quincy Curtis, 25.70; 6. Fred Gonzales, 27.41.
400: 2. Noah Garcia, 55.23; 4. Fred Gonzales, 60.07.
800: 2. Fred Gonzales, 2:25.29.
1,600: 2. Jack Borden, 5:36.63.
3,200: 2. Jack Borden, 11:38.
110 Hurdles: 2. Michael Ramirez, 18.61.
300 Hurdles: 1. Michael Ramirez, 44.24.
400 Relay: 2. Shawn Fogo, Noah Garcia, Michael Ramirez, Quincy Curtis, 47.33.
8th Grade
Shot Put: 6. Joey Rodriguez, 36-11.
Discus: 1. Gabriel Medrano, 133-5; 5. Jimmy Ruiz, 111-0; 6. Joey Rodriguez, 98-6.
High Jump: 1. Eddie Riddle, 5-1; 4. Omar Atchley, 5-0.
Long Jump: 2. David Jennings, 16-7.
Triple Jump: 5. David Jennings, 33-0.

100: 6. J.J. Aguilar, 12.8.
200: 3. Brandon Holcombe, 25.1; 6. Frank Sierra, 26.8.
400: 3. Chad Carlile, 58.7; 6. Frank Sierra, 61.3.
800: 2. Elias Reyna, 2:28.5; 4. Omar Atchley, 2:35.7.
1,600: 3. Omar Atchley, 6:00.0.
300 Hurdles: 1. Gabriel Medrano, 44.3; 3. Mikel Jarrett, 47.6.
400 Relay: 2. J.J. Aguilar, Gabriel Medrano, Chad Carlile, Brandon Holcombe, 48.7.
1,600 Relay: 4. Brandon Holcombe, Jimmy Ruiz, Michael Cano, Chad Carlile, 4:13.
7th Grade
Shot Put: 5. Chris Robbins, 34-1.
Pole Vault: 3. Jacob Lopez, 7-6.
High Jump: 2. Jeremy Scott, 4-10.
Long Jump: 4. Shannon Wells, 15-0; 5. Jacob Lopez, 14-6.
Triple Jump: 2. Michael Brown, 31-1.
100: 3. Shannon Wells, 13.21.
200: 3. Jeremy Richardson, 27.5.
400: 3. Juan Bocanegra, 62.5; 5. Jeremy Richardson, 65.2.
800: 2. Raymond Alaniz, 2:27.6; 6. O.J. Rodriguez, 2:33.5.
1,600: 4. O.J. Rodriguez, 6:05.1; 5. Raymond Alaniz, 6:05.2.
300 Hurdles: 1. Michael Brown, 49.7; 2. Shannon Wells, 50.8; 6. O.J. Rodriguez, 53.2.
400 Relay: 3. Michael Brown, Shannon Wells, Juan Bocanegra, Jacob Lopez, 52.48.
1,600 Relay: 1. Juan Bocanegra, Shannon Wells, Jeremy Richardson, Michael Brown, 4:11.5.

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Public Notice

Southwestern Bell Telephone Company intends to file an application with the Texas Public Utility Commission to introduce new optional services - Call Control Options. The initial service areas will be Laredo, McAllen and Austin. Expansion into other service areas will be based on availability. Customers in other areas will be notified when these services become available.

Call Control Options include six new services - Call Blocker, Call Cue, Call Return, Priority Call, Call Trace and Selective Call Forwarding. The features will be available to single-line residence and business customers.

Call Blocker - enables the customer to block incoming calls from a maximum of three specified telephone numbers and/or to block the last incoming call.

Call Cue - enables the customer to automatically redial the last outgoing telephone number dialed. If the recalled number is busy, equipment will monitor the line for a maximum of 30 minutes and will let the customer know when the call can go through.

Call Return - enables the customer to automatically redial the telephone number of the most recent incoming call. If the number is busy, Call Return will continue to dial the number for up to 30 minutes, or until it completes the call.

Priority Call - provides the customer with a distinctive alerting signal, ring or Call Waiting Tone (if the customer has subscribed to Call Waiting), when the customer is called from a maximum of three preselected telephone numbers.

Call Trace - enables the customer to initiate a trace of the last incoming call received. The number, date and time will be recorded by Southwestern Bell Telephone so that the call's origin can be identified.

Selective Call Forwarding - enables the customer to forward incoming calls from specified telephone numbers (maximum of three) to another telephone number.

Proposed Rates (monthly)

	Residence		Business	
	Individual	Packaged	Individual	Packaged
Call Blocker	\$3.00	3.00	\$3.00	2.00
Call Return	3.00	3.00	4.00	3.50
Priority Call	2.50	1.00	3.00	2.00
Call Cue	2.00	2.00	4.00	3.50
Selective Call Forwarding	2.00	1.00	2.65	1.00
Call Trace**	1.00	1.00	1.00	1.00

Installation charges for residence customers will be \$2.70 per feature, with a maximum installation charge of \$5.40 per request per line. Installation charges for business customers will be \$5.40 per feature, with a maximum installation charge of \$10.75 per request per line.

The proposed date for Call Control Options to be offered is May 1, 1990. These services, however, will not immediately be available to all customers in all areas of the state. Customers in other areas will be notified when these services become available.

Call Control Options are projected to generate first-year annual revenues of \$1,761,000.

Persons who wish to comment on this application should notify the commission by April 20, 1990. Requests for further information should be mailed to the Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 400N, Austin, Texas 78757, or you may call the Public Utility Commission Public Information Office at (512) 458-0223 or (512) 458-0227 or (512) 458-0221 teletypewriter for the deaf.

Southwestern Bell Telephone

*Some telephone equipment may not be compatible with Priority Call Service.
**In addition to the \$1.00 monthly rate, Call Trace will cost \$9.00 per use.

Golden Bear hits Augusta

Nicklaus thinks seventh Masters title within reach ...

AUGUSTA, Ga. (AP) - When Jack Nicklaus says he is playing "decent," it is prudent to send a "Golden Bear on the prowl!" warning to the rest of the 84-man field in the 54th Masters. "I think I can win and that's half the battle," said a confident, almost brash Nicklaus, going into today's first round at the Augusta National Golf Club. Nicklaus, 50, and a six-time Masters champion, is driving himself to become the first player to win a seniors and a regular PGA Tour event in the same year.

"It's my goal and it's making me work hard," he said. Nicklaus is halfway home with a victory in The Tradition last Sunday in his seniors' debut. In the Masters, Nicklaus is playing a course that suits his strong points and which doesn't offer the kind of trouble he might face elsewhere because of age. For instance, Nicklaus can't rip

the ball out of high grass like he did in his youth. Nicklaus thinks he has his best shot at winning on the regular tour at Augusta National where there is no rough. "I would say the Masters is a prime candidate for me to win," Nicklaus said. "It would be easier for me to win at Augusta than it would at the U.S. Open or the PGA."

Nicklaus, who was paired with Greg Norman in the first round, cited three reasons why Augusta would favor him over other courses. "There are fewer players, it's a place where I'm comfortable, and it doesn't accentuate what I've lost in my lack of ability to hit from the rough," Nicklaus said. "Augusta brings back good thoughts to me." Nicklaus is pumped up after winning in his senior debut. "I'm excited about my game," he said. "Winning breeds winning. I

hadn't led a tournament to win in 10 years. I think I handled it well." Nicklaus said on Wednesday that he is hitting the ball better than he has in over a decade. "I believe I'm playing the best golf I've played since the mid 70s," Nicklaus said. "I'm using the golf swing I used in the 60s and 70s. I'm getting under the ball like I used to. My game is decent." A slim-downed Golden Bear will stand on the first tee. "I've lost 15 pounds, down to about 183 pounds, and my back feels better than it has in years," Nicklaus said. "I've been able to practice more because my back is better and it's making me a better player." A "decent" Nicklaus is something to be feared, Norman said. "Nicklaus thinks he can win. Jack is Jack. He has such a competitive high. His pride is what it is. "All of a sudden, it's like he is 35 or 40 again, not 50."

... but tabs Norman as his favorite for Green Jacket

AUGUSTA, Ga. (AP) - Jack Nicklaus loves Greg Norman's golf game. "He's about the only person I play with that I'm in awe of what he does," Nicklaus said Wednesday in tabbing Norman as his favorite to win the 54th Masters, beginning today on the Augusta National course. "The Greg Norman of 1990 is not the Greg Norman of 1989," Nicklaus said. "He came in here tired last year, not playing well and not swinging well. He's hitting the ball well now." Norman appears ready to make another serious challenge at winning this major championship that so far has eluded him. "There's no question about it, I feel a lot stronger," Norman said Wednesday. "My start of the year schedule was a little bit lighter mainly because I got back from Australia earlier. "That enabled me to have a couple

of weeks extra to practice and play," he said. Norman has won two events this year - the Australian Masters, an event he's won three times in the last four years, and the Doral Open at Miami five weeks ago. He thought he had another victory sewed up two weeks ago in the Nestle Invitational at Bay Hill. But PGA Tour rookie Robert Gamez holed a fairway shot from 176 yards on the final hole, the eagle moving him from one shot behind to a one-shot victory over Norman. It revived memories of the 1987 Masters when Norman, surveying a birdie putt on the second playoff hole, saw Larry Mize convert a chip shot from deep rough into victory. Norman said the Gamez shot was harder on him "mainly because the shots are getting longer and longer." "That one might have been harder than any of them. I actually felt in total control of the tournament.

"At Bay Hill I was a little perplexed and frustrated at what happened because I thought I played extremely well," Norman said. Norman, winner of 60 tournaments around the world in a star-studded career that began in 1977, has fashioned a strong Masters record despite never winning it. He tied for third last year, for fifth the year before. He also has shared second place twice and finished fourth in 1981 - his first visit to Augusta. His only major title came in the British Open in 1986, the year he won 10 events around the world and earned \$1.1 million. His biggest problem in Augusta has been getting off to a decent start. In nine Masters, he's played only three opening rounds under par, and none better than the 3-under-par 69 in his first appearance. Most of his surges have come in the final two rounds. "I don't know why that is," he said. "It just seems like, as the week goes by, I don't know whether I lock in more later in the week and can't lock in earlier in the week. "I'd like to get off to a good start, no question about it. It gets you in a good state for the rest of the week." He said he has the same approach on Thursday as he does on Sunday. "I don't know why it happens," he said. "I wish I had the answer to that question." Norman had a first-round pairing with Nicklaus as the international field of 85 began the quest for the season's first major title.

Clemens rockets through spring

By The Associated Press The abbreviated spring training hasn't seemed to bother Boston's Roger Clemens and Seattle's Brian Holman. If they get any sharper for their opening-game assignments, the batters won't have a chance. Clemens pitched seven innings as the Red Sox beat Kansas City 8-0 in the second game of a split-squad doubleheader Wednesday. The two-time American League Cy Young Award winner allowed three singles and struck out five while walking none. In three exhibition starts, Clemens worked 16 innings, yielding one earned run and eight hits with one walk and nine strikeouts for an ERA of 0.56. Maintaining his policy of last year, Clemens doesn't talk to the media until the regular season, and then only after games. Manager Joe Morgan said, "It was no contest. After the third inning, Roger started hitting the corners and they had no chance. He's ready." The losing pitcher was Bret Saberhagen, the AL's Cy Young award winner in 1985 and 1989. Saberhagen, making his final spring appearance before his opening day start, surrendered six runs and 12 hits in five innings. Veteran first baseman Bill Buckner,

trying to make the Red Sox as a non-roster player, had a double and three singles, raising his spring average to .391. The Royals won the opener 7-5 as Thomas Dunbar ignited a two-run 11th inning with his fourth hit. Meanwhile, opposing batters wound up their silent spring against Holman when the right-hander pitched five innings in the Mariners' 4-0 victory over the Chicago Cubs. Holman didn't allow a run in three exhibition starts covering 12 innings and held the Cubs to one hit while walking two and striking out four. "I'm as ready as I'm going to be," said the 25-year-old Holman, acquired last season from Montreal along with two other pitchers in the Mark Langston deal. "It would be nice to have one more start against live hitting, but we're not going to get it so you've got to work with what you've got." Scoreless innings are nice, but I don't get paid for them in spring training. Monday is when it starts for keeps." Elsewhere, Pascual Perez made his spring debut for the New York Yankees and went three innings - 4-2 pitches - in a 10-5 loss to Atlanta. Perez walked two, struck out two and allowed one hit - a three-run homer by Jeff Treadway.

The Braves also got solo home runs from Dale Murphy and Oddibe McDowell off Lance McCullers and a grand slam by Jim Presley off Greg Cadaret during a five-run eighth. Steve Balboni homered for the Yankees. San Diego's Jack Clark snapped out of his spring slumber with two mammoth home runs in the Padres' 6-5 victory over the California Angels. It was the seventh straight victory for the Padres, whose 9-2 record is the best in baseball this spring. Entering the game with a .176 batting average, Clark drove in the Padres' first run with a third-inning double. In the fifth, he slammed a 420-foot home run off Kirk McCaskill and in the seventh walloped a pitch from Jim Abbott an estimated 475 feet. Cardinals 10, Reds 8 Terry Pendleton hit a three-run homer and Tom Brunansky drove in three runs, two with a home run. Expos 4, Dodgers 1 Tom Foley's two-run double off

Mike Maddux capped Montreal's three-run eighth inning. Astros 6, Blue Jays 3 Mike Scott and Dan Schatzeder combined on a two-hitter and Terry Puhl's two-run single in the seventh broke a 2-2 tie. Pirates 8, Phillies 5 Sid Bream homered twice and drove in four runs and Bobby Bonilla also homered for Pittsburgh. Orioles 4, Mets 1 Cal Ripken had three singles and Phil Bradley hit a two-run triple.

Twins 7, Tigers 4 Gary Gault, Gene Larkin and Kent Hrbek homered for Minnesota. Giants 13, Indians 6 San Francisco's Scott Garrelts allowed six hits over six innings and drove in six runs. Brewers 2, Athletics 1 Mike Felder singled home the winning run in the bottom of the 11th for the Brewers. White Sox 9, Rangers 1 Scott Fletcher drove in the first three runs and three Chicago pitchers combined on a four-hitter.

BOWLING RESULTS

MONDAY NIGHT TRIO LEAGUE

TEAM	SCRATCH				HANDICAP				
	Wins	Total Pins	Avg	Games	Total Pins	Avg	Games	Series	
Western Union	60.00	29,586	410	538	1,482	43,228	586	690	1,947
Champion Pooden	59.00	27,980	388	501	1,393	41,832	575	673	1,913
McOw's Oils	55.50	29,472	409	518	1,432	41,533	575	677	1,904
Mich. Tech.	52.00	28,618	397	516	1,381	40,972	569	682	1,882
Mon. Night Dolls	50.00	29,230	405	509	1,384	41,353	574	672	1,889
Pan Beach	49.00	23,603	327	430	1,249	40,559	563	645	1,810
Bob's Melts	46.50	25,944	360	485	1,265	40,740	565	687	1,822
Charmaine	46.00	23,529	326	409	1,119	40,995	569	633	1,785
Brown Plumbing	37.50	24,915	346	421	1,153	40,233	558	622	1,786
Highly's Lanes	29.50	25,998	361	483	1,257	40,320	560	673	1,848

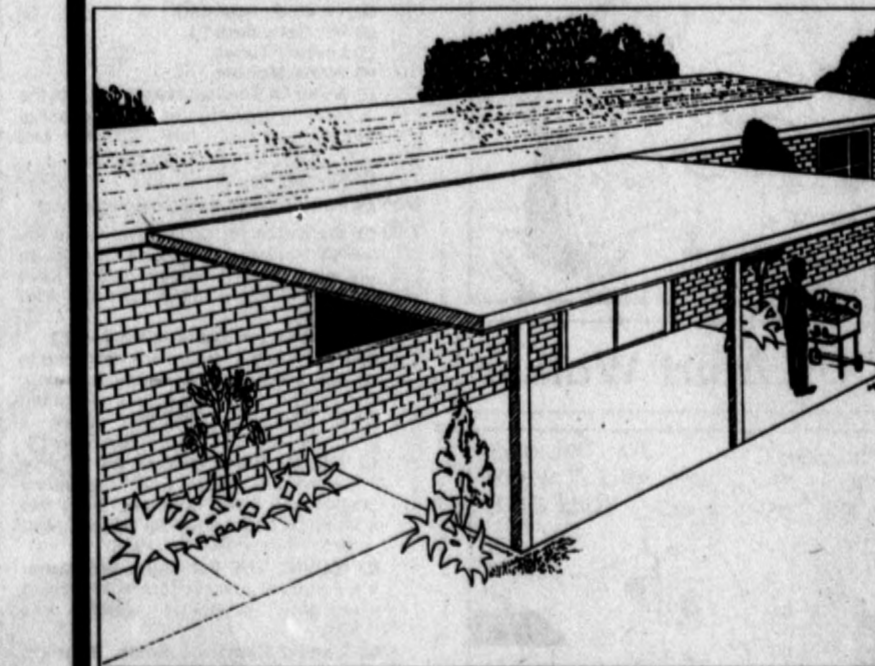
LAST WEEK'S HIGH SCORES (MAR. 12)

Team	High Scratch Game-Team	High Handicap Game-Team
Mechanical Techniq	516	677
McOw's Oils	489	659
Monday Night Dolls	454	631

YEAR TO DATE HIGH SCORES

Team	High Scratch Game-Team	High Handicap Game-Team
Western Union	538	690
McOw's Oils	518	682
Mechanical Techniq	516	677

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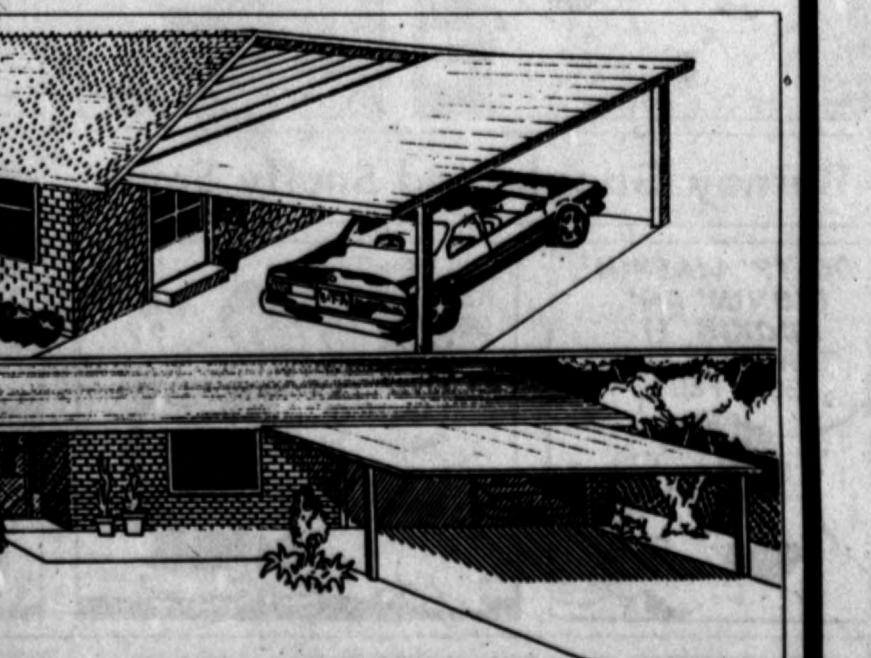
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Accent on Health

Each year about 1,200 bicyclists are killed nationwide and more than half a million bicycle-related injuries are treated in hospital emergency rooms. According to the Texas Department of Health (TDH), some of these deaths and injuries could have been prevented if the rider had been wearing a helmet.

David Zane, director of the TDH Injury Control Program, said about one-third of the deaths and two-thirds of the injuries involve children under the age of 15. Three-fourths of the deaths are because of head trauma and

about one-third of the injuries are to the head or face.

"Helmets are now worn by fewer than one-out-of-10 bicyclists," Zane said. "The purpose of a helmet is to absorb the energy of an impact to minimize or prevent head injury. Crushable foam generally is used for this purpose. Many helmets also have a hard outer shell that provides additional protection to the head in the event of a collision with a sharp object," he added.

Zane noted that about 90 percent of bicyclists' deaths result from collisions with motor vehicles, while most nonfatal injuries result from falls.

"Bicycle death rates rise rapidly from the age of four and peak for 13-year-old males. Bicycle deaths, like motorcycle fatalities, occur more frequently during the spring and summer months," Zane said.

In Texas, 82 bicycle riders were killed in accidents during 1988, the Texas Department of Public Safety reported. The same year, 3,739 bicyclists were injured.

Explaining that helmet use can play a critical role in reducing bicycle injuries, Zane said a Florida study showed that five out of six fatally injured bicyclists died as a result of head or neck injuries. "Frequently those bicyclists did not suffer other life-threatening or potentially disabling injuries. So, if they used helmets, many fatalities and serious head injuries would not occur," he added.

"Parents can help stop tragic bicycle mishaps by buying their child an approved bike helmet that meets the standards of the Snell Memorial Foundation and/or the American National Standards Institute," Zane said.

Other safety tips include:
--Let your child help pick out the helmet and insist that it must be worn

every time your child rides. Set a good example and wear one yourself.

--Make certain your child's bike is the correct size, safely maintained and has reflectors.

--Do not allow children under nine years to ride bikes in the street.

--Teach your child to always stop and look left-right-left before entering the road. Be sure your child understands that if a bicyclist rides in the roadway, the cyclist must obey traffic laws that apply to motor vehicle operators.

--Teach your child that bicyclists should ride single file on the right side of the road and should signal their intentions to other road users.

--Never allow your child to ride at night or with audio headphones.

BEVERLY HILLS, Calif. (AP) - Christian Slater, who appeared in "Heathers" and "The Wizard," pleaded no contest to his second drunken driving charge in a year and was sentenced to 10 days in jail.

The 20-year-old actor also was placed Monday on five years' probation, lost his driver's license for 18 months and was ordered to pay nearly \$1,400 in fines and penalties.

Prosecutors dropped charges of resisting arrest and battery on a police officer in exchange for his no contest pleas to drunken driving and evading arrest.

Slater was arrested Dec. 29 after he led deputies on a chase that began when they spotted his car going 50 mph in a 35 mph zone and ended with the car crashing into two telephone poles.

Slater jumped out, ran and was climbing a fence when a deputy dragged him down, getting kicked in the face by Slater's cowboy boots, authorities said.

The actor, who was convicted of drunken driving in 1989, has agreed to join Alcoholics Anonymous and to enter an alcohol treatment center, said Deputy District Attorney Randi Kaplan.

NEW YORK (AP) - Singer Gloria Estefan, whose back was broken when her tour bus was hit by a truck, is expected to be released from the hospital Wednesday.

Estefan has been at the Orthopedic Institute Hospital for Joint Diseases, where doctors on March 22 implanted two steel rods in her back.

She will continue her rehabilitation from two fractured vertebrae at home, hospital spokeswoman Mary Costello said Monday.

Doctors said it would take the Cuban-born performer up to six months to fully recover.

The operation came one day after she was injured when her bus was struck by a tractor-trailer in Pennsylvania.

Estefan, 32, was nominated for a Grammy Award this year for "Don't Wanna Lose You," a song from her solo album.

Comics

BLONDIE

by Dean Young and Stan Drake



Marvin

By Tom Armstrong



BEETLE BAILEY

By Mort Walker



Barney Google and Snuffy Smith

By Fred Lasswell



The Wizard of Id

By Brant Parker and Johnny Hart



Television

THURSDAY

- 6:00 News
MacNeil Lehrer NewsHour
Scarecrow & Mrs. King
Abbott & Costello
Night Court
SportsCenter
Webster
Dennis The Menace
Miami Vice
Music Row Video
Rendezvous
New Wilderness Examine the personal relationships that are established between friendly scientists and a family of gorillas in Central America.
Spenser: For Hire
James Robison
Rubi Novela de Venezuela.
- 6:05 Jeffersons I Spy
6:30 Wheel Of Fortune
Night Court
Ladies Pro Bowling Tour Chicago and Open From Hoffman Estates, IL
Mr. Belvedere
Looney Tunes
MOVIE: Crusoe *** (MAX) MOVIE: Ghoulies II
World Monitor
World Of Survival It's the echidna - one of nature's oddities - and host John Forsythe captures it at home.
Morris Cerullo
- 6:35 Magic Of Herself The Elf Herself the Elf is in charge of keeping nature in order and the Evil King Thorn is out to stop her. (Animated)
Sanford And Son A Visit From Lena Horne
- 7:00 MOVIE: Clarence, The Cross-Eyed Lion ** A cross-eyed lion who can't focus on his prey is brought to a study center of animal behavior, where researchers try to help him. Marshall Thompson. Betsy Drake (1965) G
Cosby Show Vanessa defends her parents and goes with her friends to see a concert in Baltimore, where they suffer many mishaps, including having their car stolen. Tempest Bledsoe
This Old House Marble countertops are installed in the kitchen and Thomas visits the marble finishing yard in

- Juarez, Mexico, where the tops were made.
Father Dowling Mysteries After witnessing a murder, Sister Steve's former fiancé seeks sanctuary while the crime is investigated. Sister Agnes makes her annual visit. Tom Bosley, Tracy Nelson
MOVIE: Miss Annie Rooney ** It's comic, mismatched romance when a poor girl who's a real swinger meets a rich boy who's a real square. Shirley Temple. William Gargan (1942)
MOVIE: Undercover Woman * A woman private eye tries to unravel a murder at a Western dude ranch. Stephanie Bachelor (1946)
48 Hours
MOVIE: Amazon Women On The Moon * A cadre of directors and stars pool their talents in a series of skits celebrating the absurdity of modern culture. Peter Horton. John Landis (1987) R
Profanity, Nudity, Adult Themes.
Dobie Gillis
Murder, She Wrote
Comedy Club All-Stars III Penn & Telle host this hilarious showcase of five outstanding young comic talents familiar to viewers of the Comedy Club Network. Kap Adotta. Bobby Collins
American Music Shop
Secrets Of Nature Inconspicuous Animals
Heroes Once a man of war, this Baptist minister now brings the gospel of peace to American troops.
Moonlighting
Success-N-Life
Rebelde Novela de Argentina.
- 7:05 National Geographic Explorer Earth Day's Twentieth Anniversary. Episodes include When The Earth Quakes; Suruga Bay; Japan: Animal Smugglers; Sumatran Tiger Hunt. Selva Verde and Grandmother Nature.
- 7:30 Different World Col. Taylor prepares to act like a good soldier during his roast at the campus military dinner, until a surprise visitor sends him running for cover. Glenn Tuman. Kadeem Hardison
Raising America's Children
Bewitched
On Stage Larry Boone performs selections from his current Polygram album. Down That River Road.

- The Eagle And The Bear After more than 40 years in power, the U.S.-backed Somoza regime is overthrown by Marxist Sandinista guerrillas.
Amandote II
Cheers Rebecca sends Sam undercover to check out her boyfriend's other woman and Woody adjusts to his new roommate. Kirstie Alley. Ted Danson
Mystery! The death of Sir Paul Berowne brings his family's problems into the open as detectives question whether it was murder or suicide. (Pt 3 Of 6)
Young Riders Teaspoon is alarmed to learn that Alamo survivors, of which he is one, are systematically being murdered and resolves to find the killer. Alamy Zerbe. Josh Brainin
MOVIE: Woman In The Dark * A young immigrant is the fall guy in a jewel theft. Penny Edwards (1951)
Max Monroe: Loose Cannon An amnesiac who thinks she's a psychic leads Max to a hit man wanted by the F.B.I. Shadze Stevens. Amy Steele
Top Rank Boxing 10th Anniversary Celebration (L)
Green Acres
The Masters 1st Round. From Augusta, GA (T)
MOVIE: Bulletproof * An ex-secret agent is recruited back into service in order to recapture an American super-tanker and his former girlfriend from communist rebels. Gary Busey. Darlanne Fluegel (1988) R Profanity, Nudity, Violence
MOVIE: The Evil That Men Do (MAX) MOVIE: Return Of The Swamp Thing
21st Annual Dove Awards Clifton Davis star of the hit TV series Amen and gospel music superstar Sandi Patti co-host the 21st Annual Dove Awards.
Beyond 2000 A Horizontally Launched Spacecraft
MOVIE: Master Builder A master builder's life is suddenly and dramatically changed by the appearance of a young woman in his life. Leo McKern. Miranda Richardson
MOVIE: When Michael Calls **
100 Huntley Street
Simplemente Maria Novela de

Get plugged in
HBO & Cinemax
Hereford Cablevision
126 E. 3rd 364-3912

FRIDAY

- 6:00 MOVIE: The Littlest Rebel *** A small Southern girl persuades President Lincoln to release her father. Shirley Temple. John Boles (1935)
News
MacNeil Lehrer NewsHour
Scarecrow & Mrs. King
Abbott & Costello
Night Court
SportsCenter
Webster
Dennis The Menace
Miami Vice
Music Row Video
Rendezvous
New Wilderness Upon close examination, a run of the mill pond is revealed as a fascinating secret world.
Spenser: For Hire
James Robison
Rubi Novela de Venezuela.
- 6:05 Jeffersons Man Of The Cloth
6:30 Wheel Of Fortune
Night Court
To Be Announced
Mr. Belvedere
Looney Tunes
World Monitor
World Of Survival Here's a trip to the land of the green turtles off the coast of Madagascar with John Forsythe and filmmakers Des and Jen Bartlett.
Morris Cerullo
- 6:35 Sanford And Son Committee Man
7:00 Baywatch An earthquake rocks the beach trapping Craig and Cort in an underwater cave. Hobie fights to save Gina's life. Parker Stevenson. John Allen
Washington Week In Review
Full House The girls are delighted to be adopted by a stray puppy; however, Jesse and Danny are less delighted when they learn that the pooch is pregnant. (R) John Stamos. Bob Saget
MOVIE: Black Beauty ** A girl's emotions are tested when the ebony stallion she loves becomes ill, in this adaptation of the juvenile classic. Mona Freeman. Richard Denning (1946)
MOVIE: The Vanishing Westerner ** A special agent is sent to Arizona to investigate robberies. Monte Hale (1950)
Candid Camera... Smile, You On Vacation Allen Funt hosts this look at America's favorite pastime - Vacation. Fred Willard. Charlie Brill
MOVIE: Return Of A Man Called Horse *** Horse, a British noble raised by the Sioux, must return from his native England to defend his people against the white man. Richard Harris. Gale Sondergaard (1976) PG
Dobie Gillis
Murder, She Wrote
MOVIE: Midnight Run *** A bounty hunter and a bail-jumping accountant are total opposites handcuffed together and running from a rival bounty hunter, the FBI and the mob. Robert DeNiro. Charles Grodin (1988) R Profanity, Adult Themes.
Encyclopedia Brown: The Amazing Race Car Case (MAX) MOVIE: Big ***
Holiday Gourmet
SN Surrud's Animal Odyssey A Tracking System For Sharks
Footsteps Of Man A look inside industrialized India to focus on one man's life in a changing society.
Moonlighting
Success-N-Life
Rebelde Novela de Argentina.
- 7:05 MOVIE: Windwalker ** An elderly Cheyenne patriarch finds his life has been mysteriously extended, and he sets out to find his infant son, kidnapped years ago. Trevor Howard. Nick Ramus (1980) PG Violence.
- 7:30 Danger Bay Doc Roberts, the troubleshooting veterinarian, and his family live an adventurous life in the beauty of Canada.
Wall Street Week With Louis Rubey One of the best-performing market newsletter writers in recent years tells us what he sees ahead for the market.
Family Matters The Winstons take the battle between the sexes to the bowling alley. J. Marie Payton-France. Robert Iler
Bewitched
MOVIE: Summer Job
Amandote II
MOVIE: Return To Snowy River Part

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Spring sing April 12-14

Donann Cummings, daughter of Mr. and Mrs. Joe Don Cummings, 219 Aspen, is among the 700 Harding University students who will perform in the five showings of the 17th annual Spring Sing during the weekend of April 12-14.

Presented at Benson Auditorium for approximately 12,000 guests, the show will include ten production numbers by the various social clubs at Harding, plus solo and ensemble numbers by the hosts and hostesses, Conrad Ekkens of Bay City, Mich.; Kendall Hewitt of Little Rock, Ark.; India Medders of Resaca, Ga.; and Julie Szymbersky of Derby, Kan. Harding's Jazz Band will provide both accompaniment and entertainment as well. Dr. John Ryan is the coordinator.

Cummings will be in the number entitled "Toys Will Be Toys" with performers portraying various children's toys.

On campus for the weekend will be approximately 3,500 teen-agers from throughout the United States for the annual Youth Forum. Jeff Walling of Vallejo, Calif., will speak four times

Cupells to be honored Saturday

Friends and relatives of former Hereford residents, Mr. and Mrs. JoEd Cupell of Amarillo, are invited to a reception for the couple from 3-5 p.m. Saturday, April 7, in the parlor of Coulter Road Baptist Church of Amarillo.

The couple, who were married April 7, 1940, at First Baptist Church in Clayton, N.M., will be celebrating their 50th wedding anniversary.

MEDICAL THEORIES

ROCHESTER, N.Y. (AP) - Some medical theories have short lives.

A notion that surfaced in the 1970s was that hard-driving "Type A" temperaments were prone to heart attacks.

"That theory has been pretty much abandoned," says cardiologist Arthur Moss of the University of Rochester. "No one has been able to duplicate the results of the original study."

Current thinking is that feelings of hostility and anger, rather than living in the fast lane, may predispose individuals to develop heart disease.

on the theme "Won by One."

Harding University has 3,148 students for the spring semester, with registrations from 47 states and 25 foreign countries. Dr. David B. Burks is president of the private, liberal arts university, which is accredited by the North Central Association of Colleges and Universities.

Grief topic of program

The La Afflatus Estudio Club met in the home of Lydia Hopson recently with Doug Manning presenting a program on grief.

Manning gave ways to approach friends in grief. The most important was to be there just to listen to the friend. He mentioned the Vietnam Veterans Memorial in Washington as being an impressive memorial to the Vietnam veterans.

President Mary Williamson conducted the business meeting and members answered roll call by a news story or comic quote.

The group voted to contribute \$50 to the memorial to Ethel Womble. The money was a contribution to the club from the Allyne Johnson family. Allyne was a past member of the club.

The next meeting will be April 17 in the home of Pet Ou with Aileen Montgomery presenting the program.

Others attending were Lola Jewell, Emily Suggs, Louise Kinsey, Bea Hutson, Alberta Higgins, Opal Elliston, Della Stagner, and Marie Harris.

Ann Landers

DEAR ANN LANDERS: I am a married woman with children. Six months ago, I became involved with my dentist. He is also married and has children. Although we are very fond of one another, neither wants to break up our homes.

We meet in "Denny's" office every Tuesday and Friday, after hours, and have a couple of vodkas. Then we inhale nitrous oxide (laughing gas) for as long as an hour at a time.

I realize this sounds stupid, but I wish you would find out for me just how dangerous it is to inhale this much nitrous oxide. Denny assures me that it is harmless. He says, "If it were dangerous, do you think I would be doing it?"

Please, Ann, check with your experts and publish a response as soon as possible. I haven't had any bad effects so far, but I'm getting a little uneasy.-- Anonymous in Denver

DEAR DENVER: We spoke with Dr. Clifford Whall of the American Dental Association, and he said it is not only highly unethical but downright dangerous to use nitrous oxide in this way. When used as a recreational drug, nitrous oxide can become extremely addictive.

The abuse of this substance for a year could produce permanent damage to the nervous system. This means you ability to see, hear, walk and talk could be impaired. To a pregnant woman, it could mean a spontaneous abortion or a malformed fetus.

After having read the above, you don't need me to tell you that laughing gas is no laughing matter. There is a good chance you and Denny are both addicted by this time, which means you may need professional help to get unhooked. And you, dear woman, should cancel those Tuesday and Friday appointments immediately and get another dentist.

DEAR ANN LANDERS: In a recent column, you said Sen. Wayne Morse of Oregon held the record for nonstop talking (22 hours and 26 minutes). Wrong. The champion talker of all time is Sen. Strom Thurmond of South Carolina. He held the floor in August 1957 for 24 hours and 18 minutes in an attempt to

quench the Civil Rights Act.

It should be noted, however, that neither Sens. Morse nor Thurmond spoke the entire time. Throughout their prodigious speeches, they permitted bills to be introduced and allowed unanimous consent agreements to be made.

Sen. Thurmond graciously permitted William Proxmire to be sworn in as a senator, but only after assurance from the leadership that he would not lose the floor.

Please correct this error and give Sen. Thurmond proper recognition for his extraordinary feat of endurance. - Richard A. Baker, historian, Office of the Secretary, United States Senate

DEAR HISTORIAN BAKER: You did-- and I thank you.

Gem of the Day: (Credit Adrian W. Fredericks, Hacktstown, N.J.): It was well known in town that a certain house painter made a practice of cheating his customers by thinning the

paint with turpentine.

His most recent project was a church steeple. Just as he finished the job, huge clouds gathered over the church, and a heavy downpour washed away the wet paint.

A great booming voice from above the clouds was heard to say, "Repaint and thin no more."

What can you give the person who has everything? Ann Landers' new booklet, "Gems," is ideal for a nightstand or coffee table. "Gems" is a collection of Ann Landers' most requested poems and essays. Send a self-addressed, long, business-size envelope and a check or money order for \$4.85 (this includes postage and handling) to: Gems, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, sent \$5.87.)

Anne Boleyn, the second wife of England's King Henry VIII, was beheaded in 1536 after being convicted of adultery.

New arrivals

Mark and Suzy Paetzold are the parents of a son, Zachary Don, born April 3, 1990. He weighed 6 lbs. 8 oz.

A Touch of Class

Would like to introduce you to






Kimmi Waters, "Massage Therapist"

Kimmi Waters attended the New Mexico Academy of Massage and Healing Arts in Santa Fe, and received certification in Swedish, Polarity, Deep Tissue, Sports and Shiatsu. Kimmi specializes in Swedish and Deep Tissue relaxation. She also enjoys Sports massage. The massage enhances runners' and children's energy level and prepares the muscles for activity. Promoting health, energy, relaxation, circulation and muscle tone are primary goals of massage.

Please feel free to call and ask about the wonderful benefits of MASSAGE.

364-5050

Appointments will be made on Tuesdays and every other Monday.



364-3187
1115 W. Park Ave.

Monday-Saturday: 9:00 am - 9:00 pm
Sunday: 12:00 - 6:00 pm




Shoppers Special

179


6 pack
12 oz. cans

Dr. Pepper and Diet Dr. Pepper
Prices good thru Saturday, April 7th.


An Easter special at Hallmark!



THE CRAYOLA® BUNNY

ONLY \$2.95 with any \$10 Hallmark purchase

The Crayola® Bunny Figurine with fillable Easter egg is approximately 2 7/8" tall x 4 1/2" wide. Retail value \$10. Come in soon to a participating retailer because supplies are limited.



ONLY AT THIS HALLMARK RETAILER

Hereford
Caryn's Hallmark Shop
236 North Main
364-6223

CLASSIFIEDS 364-2030

THE HEREFORD BRAND Since 1901
Want Ads Do It All!

YOU WANT IT, YOU GOT IT CLASSIFIED

364-2030
313 N. Lee

CLASSIFIED ADS

Classified advertising rates are based on 14 cents a word for first insertion (\$2.80 minimum), and 10 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	14	2.80
2 days per word	24	4.80
3 days per word	34	6.80
4 days per word	44	8.80

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid word lines--those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$3.95 per column inch; \$3.25 an inch for additional insertions.

LEGALS

Ad rates for legal notices are 14 cents per word first insertion, 10 cents per word for additional insertions.

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1-Articles For Sale

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 yrs. experience. 364-6617. 40

Reconditioned Rainbow \$269. The New Kirby Legend II \$569. Other name brands used-rebuilt-\$39-up. Sales-Service on all makes-364-4288. 1200

SHOP AND SAVE
at the areas largest selection of used furniture and appliances. We buy used furniture and appliances (Working or not). Financing available and layaways.

BEN'S APPLIANCE
212 N. Main 364-4041

YOCUM UPHOLSTERY & DRAPERIES
20% discount on large selection of choice materials (Free estimates)
603 So. 25 Mile Avenue
Phone 364-4908

Wooden, woven blind for 71 inch wide by 35 inch deep window. White with orange stripes. In perfect condition. Make me an offer. 364-6957.

For sale: To be moved or torn down for lumber. Old produce shed on New York Street. 276-5291-days; 364-4113 nights. 12702

Small dining table with 2-6 vinyl chairs. 364-8745. 12823

Free puppies. Pick up at 315 Ave. J. 12826

Cinnamon sofa. \$100. Like new blue love seat, \$275.00. 364-7690. 12831

Country decorations made to order: Quilt-rack shelves; wooden bows; shelf units; small furniture. Call 364-7506 after 6 p.m. 12833

To give away black puppies. For sale: pretty prom dresses size 8. 364-0136. 12840

For sale: Parakeets, 364-1017. 12846

Free: Adult, spayed Basset Hound; male terrier; 3 puppies (will be small dogs). 258-7330. 12849

Captains bed, full bed, roll-away bed, dressers, dinettes, shelves, lamps, some antiques, clothing, toys & lots more. Maldonados, 1001 W. Park, 364-5829. 12855

Beautiful 8-month-old 1/2 English Spaniel Dog. Has been spayed and has all shots. Wonderful with kids. \$40.00. 276-5620. 12865

Give away-3 female puppies-7 mos. old-part Beagle & part Schnauzer-small dogs-364-0740. Call after 5:00. 12897

1A-Garage Sales

Restored antique chairs, rockers, stools, milk glass, typewriters, pictures, toaster oven, good clothing. 204 Hickory, Friday and Saturday. 12829

3 Family Garage Sale, bedroom set, table & chairs, glass cabinet, camping gear, dishes, clothes & misc., cash register, bread rack, Thursday & Friday, 8:00 a.m. - 6:00 p.m. 609 Blevins. 12863

Big Garage Sale 105 Elm St. Thursday & Friday. 8:30 a.m. Lots of everything. Come see-- 12875

Garage Sale 402 Sycamore Friday only 1:00 ? Furniture, childrens clothes, knick-knacks, washer/dryer, misc. 12880

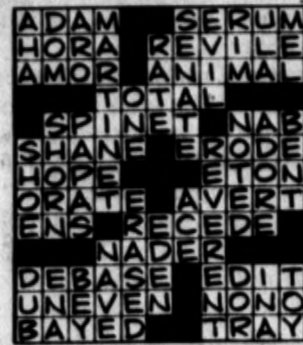
Garage Sale, 418 Ave. I Friday & Saturday 8-? Lots of everything. 12886

CROSSWORD

by THOMAS JOSEPH

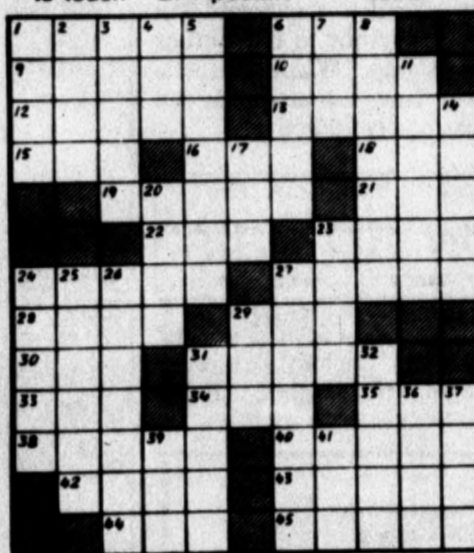
ACROSS **DOWN**

- 1 Distaff title
- 6 ammonic
- 9 Smell
- 10 Popular musical
- 12 Adversary
- 13 Bower
- 15 Dutch commune
- 16 Stripling
- 18 Summer (Fr.)
- 19 Prepare
- 21 Radiation unit
- 22 Memorable period
- 23 processing
- 24 Burn
- 27 Love of Paris
- 28 Actor
- 29 Colloidal substance
- 30 Angel
- 31 Discharged
- 33 Name (Fr.)
- 34 Ending for hero
- 35 Work unit
- 38 Maxim
- 40 Complete
- 42 Indigo plant
- 43 Byzantine empress
- 44 Purpose



Yesterday's Answer

- 23 Editor's term
- 24 "The —" (Newman-Redford film)
- 25 Cigar shape
- 26 Wind-flower
- 27 Apostate
- 29 Martini ingredient
- 31 Sally or Marshall
- 32 Inhibit
- 36 Declaim
- 37 Merri-ment
- 39 60 secs.
- 41 "— pro nobis"



3 Family Garage Sale, lots of clothes, nick nacks, skateboard, boys' bike, high chair, 414 Ave. C. Friday and Saturday 8:30 a.m. to ? 12892

Garage Sale Friday & Saturday 327 16th 8:30-6. Crafts and supplies, baby swing, car seat, Adult to baby clothing, humidifier & misc. 12895

2-Farm Equipment

Haygrazer, round baled, sweet sucrose, from George Warner. 276-5291-days; 364-4113, nights. 11574

1979 IHC 1460 Axial Flow Combine 1640 hours with 810 24 ft. platform header with Hume Reel, 364-8394 nights. 12853

413 Chrysler Irrigation Motor. Runs good. 364-8394 nights. 12854

3-Cars For Sale

Low prices on cars everyday. Milburn Motor Co., 364-0077, 136 Sampson. 3970

Honda GL 1,000, very low mileage, mint condition. 578-4459. 12759

MILBURN MOTOR COMPANY
We pay cash for Used Cars
136 Sampson
Phone 364-0077

NEW & USED
Now for sale at
STAGNER-ORSBORN
BUICK-PONTIAC-GMC
1st & Miles

'85 -Grey 1/2 ton Chevy Deluxe Pickup, 86,000 original miles, new tires, 112 Ave. D or call 364-6772. 12819

For sale: 1985 Cadillac sedan Deville. All power equipment, wire wheels, warranty. Call Jim, 364-2762. 12821

1977 Chevy, 4-door good work car. 1977 Oldsmobile, 2-door. Call 364-6686 after 4 p.m., or 364-5377 after 5:30 p.m. 12828

1976 Caprice Classic, 4-dr. power & air, 350 engine, 2 barrel carburetor, \$1,000.00. 364-5874. 12877

1950 Chev. pickup and 1981 Eldorado. 364-1504 12887

For Sale: 1980 Ford Ranger PU 3500.00. Also, electric cook stove, \$80.00; See 406 W. Gracey, 364-7224. 12894

4-Real Estate

Money paid for houses, notes, mortgages. Call 364-2660. 790

Two houses and two separate corner lots near San Jose Church, one house at 237 Catalpa, 1/2 block . 140x300, that has been cleared on corner of Gracey & Sampson. Call 364-8842. 5470

For sale by owner: Less than \$30 per sq. ft. on Texas St. Large 4 bedroom, 3 bath, plus office plus formal. Recently redecorated. 364-8313. 12101

FOR RENT
Countryside Village Apartments-400 Jack Griffin Avenue-1 & 2 Bedroom apartments for senior citizens, located adjacent to Hereford Senior Citizens Center-Central Heat & Air, security system, yard maintenance, assistance available on some units.
Equal Housing Opportunity
364-1255

HEREFORD'S FINEST MASTERS APTS

HOUSE FOR SALE BY OWNER
3 Bdrm + 1 room possible for 4th bed room. 2300 sq. ft. huge den, lots of closet space, sprinkler system extra building for storage in back.
CALL 361 6518
AFTER 5

RETIREMENT LIVING AVAILABLE FOR RENT NOW!

Remodeled Two bedroom, One Bath, Brick Home with Attached Garage.

- *Living Space of 1,100 Sq. Ft.
- *Separate Living, Dining and Kitchen Areas
- *Storage Room and/or Office
- *Large Utility Room
- *Open Concrete Patio
- *Detached Carport and Additional Storage Area
- *Utilities Paid
- *Yard Care Provided

Call 364-0861 For An Appointment To See This Residence. Calls can be received between the hours of 8:00 A.M. to 12:00 Noon and from 1:00 P.M. to 5:00 P.M., Monday through Friday.

King's Manor Methodist Home, Inc.

P.O. Box 1999, 400 Ranger Dr. Hereford, Texas 79045

FOR SALE BY OWNER
Very nice 3-2-2, new paint and paper, vert. blinds, fireplace, insulated storage bldg, large nice yard, quiet neighborhood. Low equity & assumable note. 711 Cherokee. Phone 364-6362 for ap.

3 Acres, 3 Bdrm., home, 2 mobile spaces, domestic well. S. Hwy. 385. Estate wants offer. 2 bdrm. brick home, ref. air, central heat, vacant, ready to occupy. Estate wants offer.

HAMBY REAL ESTATE
Gerald Hamby-Broker
364-3566
Equal Housing Opportunity

FOR SALE BY OWNER:
38 acres in grass with 4 bedroom 2 bath house on pavement. Rent house and a 40 by 100 ft. barn. Large storm cave, corrals, good water supply.

OWNER WILL FINANCE
Phone 364-7541

Why pay rent? 3 BR 1 3/4 bath, 2 car attached garage, fireplace, fenced back yard. 233 NW Drive, 625/mo with 125/mo credited toward purchase. 364-7526 8-5 or 364-3118 evenings & weekends. 12600

Two sections, ten miles NNW of Hereford, 858 acre grain base, 8 irrigation wells, underground lines, home, barn, corral, \$625 per acre. 409-543-5636. 12718

10 acres, 5 north, 2 east from Sirloin Stockade. Has water and small barn, \$2,500 down, assume loan, Gerald Hamby, Broker, 364-3566. 12830

Attention young couples, nice 2 bedroom, completely furnished, owner financing, \$29,000. 1/2 block with several houses, owner financing, \$15,000. Call Marn Tyler Realtors, 364-0153. 12832

For sale by owner: 4-2-1, brick home, new blinds, carpet, ceiling fans, heat pump, fenced back yard with gas grill. Low equity & assumable note. 327 16th. Phone 364-1949 for appointment. 12852

For rent or sale: Large 3 bd., 2 bath, country home, south of Vega. 806-358-3241 after 6 pm. 12856

For Sale By Owner: 3 bedroom, 1 1/2 bath, living area, den, ceiling fans, lots of cabinets in kitchen, garage and huge back yard. Assume VA loan. 100 block Ave. H. 364-8149. 12876

One section irrigated land 5 eight inch wells near Flag,North of Running Water Draw, Marn Tyler Realtors, 364-0153. 12882

4A-Mobile Homes

86 Solitaire mobile home, 16x80, 3 Br., 2B, to be moved. 89 Chev. Astro Van. Nights 289-5883. 12859

2 & 3 bedroom mobile home for sale. Low down payment, low monthly payments. Call 364-2660. 12695

5-Homes For Rent

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Move-in special now.No deposit. One and two bedroom apartments, All bills paid, except electricity, Eldorado Arms, 364-4332. 820

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$275.00 month. 364-8421. 1320

Self-lock storage. 364-8448. 1360

Paloma Lane Apts. 2 bedroom available, clean, well cared for, reasonably, \$170 deposit, no pets, EHO, 364-1255. 6060

Two bedroom, two bath with carpet, central gas heat, fridge & stove provided. \$255/mo, 364-3209. 11983

Arbor Glen Apartments, 1 & 2 bedrooms, kitchen appliances furnished, security system, covered parking, 364-1255. 12025

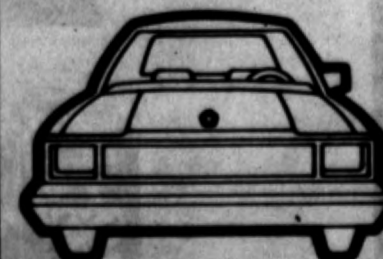
For rent: Executive Apartments, no pets. 3 bedroom, 2 full baths with fireplace. Call 364-4267. 12152

Large mobile home lot for rent on edge of city limits. 364-4431 before 6. After 6 call 258-7324 or 364-6410. 12478

One bedroom furnished apartment, \$190 monthly, deposit \$100; no pets, Call 372-9993. 12589

3 BR, 1 3/4 bath, 2 car garage, fireplace. \$550/mo plus \$200 deposit. 364-7526 8-5 or 364-3118 evenings & weekends. 12599

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Rent.

There's no reason for you to be "without a car." Not when renting a car from us in the first, easy and convenient. We'll give you quick, courteous service. And a highly competitive rate, by the hour, day, week or longer. Call us and reserve that car you need. Remember, we're a neighborhood business. We want and appreciate your business. Our service and rental rates will prove it.

Whiteface Dodge/Chrysler
N. Highway 385 364-2727

Happy hunting.

It's garage sale season, the time when everyone is offering bargains or looking for bargains. Turn your unwanted goods into treasure with a Hereford Brand Classified Ad. If your garage sale is on Friday and Saturday, bring in your classified before 3 p.m. Wednesday so it will be in the Thursday and Friday issues of the Brand. Give it to Janey Allmon at the front desk. For a two-day, 20-word ad it costs just \$4.80.

Don't forget: if you live in the city of Hereford you must have a garage sale permit. You can get your permit at City Hall, then drive a half-block to the Brand and put in your classified ad. If you don't know how to word your ad, Janey can help you. She can help you have a very successful garage sale!

CLASSIFIEDS

364-2030

DIAMOND VALLEY MOBILE HOME PARK
Lots located Sioux, Cherokee Sts., Ave. G&H
Doug Bartlett, 415 N. Main
364-1483-Office
364-3937-Home

2 BR 1 bath located at 125 Ave. B, 300/mo plus 150 deposit. Water paid. 364-7526 8-5 or 364-3118 evenings & weekends. 12601

2 Bedroom, 1 bath, 1 car garage brick home. Like new. Good neighborhood. \$325 mo. Close to 15th St. 364-3209. 12626

Two bedroom apartment, stove & refrigerator, fenced patio, laundry facilities, cable & water paid. 364-4370. 12681

2 bedroom apartment, stove & refrigerator, dishwasher, disposal & fireplace, fenced patio. Water & cable paid. 364-4370. 12682

Need extra space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available. 364-4370. 12685

Special move in rate, two bedroom apartment, washer/dryer hookup, stove and refrigerator, water paid. 364-4370. 12686

Tidy 3 bedroom, 2 bath home, 2 car garage, fenced yard. Call 364-2660. 12694

For rent: 3 bedroom, 1 1/2 bath. Must have references. Days-364-1274; nights, 364-3750. 12724

For rent: Efficiency apartment furnished, stove & ref. 100.00 deposit. \$140.00 a month. 276-5823. 12793

1 bedroom, \$100.00 deposit \$200.00 a month will accept low income housing. 276-5823. 12794

For rent: 30x50 metal building 14 ft. overhead door-concrete floor-near town-gas & electricity available. Excellent for storage or warehouse type operation-very reasonable rent-Call Hereford, Gene Brownlow, 276-5887. 12822

2 bedroom, 1 bath house with 1 acre. 1 1/2 mi. N. Progressive Rd. Washer & dryer hookup. Storm windows. Call 364-2613 after 5:30 p.m. 12836

3 bedroom, 2 bath unfurnished, 226 Ave. H. \$275 monthly, \$150 deposit. 364-6489. 12874

For rent: 2 bedroom unfurnished duplex, 414 Ave. D. 125.00 month, 364-4921, 364-5048. 12878

Lease or lease purchase, 3 bedroom, 2 bath, single car garage, 627 Ave. I. 364-5470 or 364-1508. 12885

7-Business Opportunities

Vending route: Local. Great extra income. High traffic locations. Hottest machines on market. Priced for quick sale. 1-800-955-8363. 12850

Caribbean Ice. Hawaiian Shave Ice. Great income potential. Own your own business. \$6,000-\$11,000 investment. 806-793-9679. 12884

8-Help Wanted

Make approximately \$200/day. No investment required. Need person 21 or older, club/civic group to operate a Family Fireworks Center June 24-July 4. Call: 1-800-442-7711. 12454

Help Wanted: Waitress and delivery drivers. Apply in person Pizza Hut, 1404 W. 1st. 12467

Wanted Farm Hand experience in irrigation, references required, Fred Brown, 806-248-7964, Groom, Texas. 12764

Assembly! Work at home. Computer parts, creative crafts, wooden novelties. Excellent income. 504-646-2335 AD#F1302 Open Sunday! 12790

ATTENTION-Hiring! Government jobs your area. \$17,840-\$69,485. Call 1-602-838-8885 Ext. R1488. 12802

Amateur Photographers wanted! No exp up to \$1800 daily. Call 900-847-8787 (\$99/min.) or Write: PASE-ABC, 161 S. Lincolnway, N. Aurora, Il. 60542. 12820

Help Wanted: Part time LVN Needed at Canterbury Villa Nursing Home. Competitive salary. Call Linda 1-647-3117. 12893

MEDICAL RN-LVN-Medical Assistant or Phlebotomist

Need examiner to do mobile insurance physical in Hereford and Dimmitt. Part-time, flex hours. Must be a proficient blood drawer. Call 1-800-548-3193, Ext. 265. Ad 654. April 3-7th

Penhandle Community Services is now accepting applications for a part-time driver in their Transportation Department. Applicants must have a good driving record and be insurable. Applications may be picked up at 603 East Park Ave., Hereford, Tx. Immediate employment potential. Equal Opportunity Employer.

The Deaf Smith Co. Library now has an opening for a Student Library Aide. Requirements: Must be at least 16 years of age; High School Sophomore or Junior. Must be able to work nights and Saturdays. Preference: Some library experience and typing skills. Applications may be picked up from Vesta Mae Nunley, County Treasurer, Room 206 County Courthouse, 8:30-4:30. File will be open April 9th & close after 4:30 April 16th, 1990. Deaf Smith County is an Equal Opportunity Employer.

Biblioteca de condado hoy una poscion para ayudante estudiante de la biblioteca. Requisitos: diez y seis (16) años de edad; estudiante al grado diez (10) y once (11); a poder de trabajar noches y sabados. Preferible: experimentada en trabajo de la biblioteca y poder de tular. Puede usted para Vesta Mae Nunley, County Treasurer, Room 206 County Courthouse, 8:30-4:30. No aplicaciones despues de 4:30, diez y seis de Abril. Deaf Smith County is an Equal Opportunity Employer. W,TH,Sun

Need full-time LVN Charge Nurse for 3-11 shift. Modern up-to-date facility with superior rating from Texas Department of Health. Group insurance, meals, life insurance and 2 weeks vacation after 12 months employment. EEOC employer. Contact Jo Blackwell or Joan Ahlhart-RN, DON at Prairie Acres Nursing Home 201 E. 15th, Friona, Tx., 79035

CALL 806-247-3922

9-Child Care

Experienced child care for children of all ages. Call Bonnie Cole, 364-6664. 6000

HEREFORD DAY CARE
State Licensed
Excellent program
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215 Norton 248 E. 16th
364-3151 364-5062

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Qualified Staff
Monday-Friday 6:00 a.m. - 6:00 p.m.
Drop-In Welcome with Two Hours Notice.

MARILYN BELL
Director
364-0661
400 Ranger

10-Announcements

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

Problem Pregnancy Center. 505 East Park Avenue. 364-2027. Free pregnancy tests. Confidential. After hours hot line 364-7626, ask for "Janie." 1290

Adoption: Love & hugs await the child we hope to adopt. Contact Paula & Phil, collect anytime. 215-277-1926. 12324

Adoption: A warm loving home awaits your newborn. Happily married, secure couple who loves children, eager to adopt. Legal, confidential. Expenses paid. Call collect Wendy & Daniel 212-912-1829. 12701

11-Business Service

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Garage doors & openers repaired. Call Robert Betzen, 1-679-5817. If no answer call 289-5500. 750

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

For shrub and tree trimming, assorted lawn work, mowing, edging, plowing gardens, and etc. Call Ryders Lawn & Garden, 364-3356. 12709

Forrest Insulation & Const. We insulate, remodel, fence, storage buildings, paint. Free estimates. 364-5477 day or night. 12809

Harvey's Lawn Mower repair, tune-ups, overhaul, oil change, blade sharpening, etc. Lawn mowing, \$10.00 up. 364-8413, 705 South Main. 12842

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MAJOR & MINOR

Get ready for the season with a Tune Up and Oil Change. We pick up and deliver.

276-5683-After 5 p.m.

13-Lost and Found

Found: Male Pekingese tan color. Found on N. Ave. K. 364-0058. 12860

LEGAL NOTICES

NOTICE OF RIGHT TO NOMINATE BY PETITION

The Farmers Home Administration (FmHA) is accepting nominations for County Committee elections for Deaf Smith and Oldham Counties. This notice is issued to inform eligible voters of the right to nominate candidates by petition. Copies of the petition and instructions on its completion can be obtained from your local FmHA office. Persons nominated should have an interest in a farm as an owner, sharecropper, or tenant within the county or area in which activities of the county or area committee are carried out. They must be citizens of the United States or aliens lawfully admitted to the United States for permanent residence, and be well qualified for committee work. Spouses of those persons who meet eligibility criteria are also eligible for nomination for election to the county committee. Nominations must be received in the Hereford FmHA county office no later than May 18, 1990. FmHA committee elections are open to all eligible voters without regard to race, color, religion, national origin, age, political affiliation, marital status, sex, and/or handicap.

April 5

Price assists Cavs in win over Hawks

By DICK BRINSTER
AP Sports Writer

When Mark Price realized his shooting was atrocious, he passed and passed and passed.

By the time he was finished, the Cleveland guard had a career-high 20 assists and the Cavaliers had a 101-95 victory over the Atlanta Hawks.

"When your shot's not falling, you get it to the other guys whenever you can," Price said.

The victory left the teams tied for the eighth and final playoff berth in the NBA's Eastern Conference. The Cavaliers' 3-2 edge in the season series gives them the tiebreaker advantage should the teams wind up with the same record.

Price, leading the Cavaliers with an average of 20 points, was 1-for-10 from the floor in the first half. So he began working the ball underneath to Brad Daugherty, John Williams and Larry Nance.

"Brad, Larry and Hot Rod (Williams) were able to go one-on-one most of the night," Price said. "My man wasn't backing off me to double-team inside, and there aren't many teams that can cover our big guys one-on-one."

Daugherty repeatedly hit short baseline jumpers over Moses Malone, finishing with 24 points and 13 rebounds. Williams scored 20 points and Nance had 18 before leaving with a sprained left ankle.

Price wound up three for 15 from the field for 14 points.

"We were starting plays with eight or nine seconds left on the 24-second clock," Atlanta coach Mike Fratello said. "Part of the credit should be given to them for picking up their defense and making things happen."

Dominique Wilkins led the Hawks with 33 points.

Elsewhere Wednesday night, it was

Boston 125, New Jersey 106; New York 118, Washington 107; Golden State 128, Miami 114; Milwaukee 121, Indiana 116 in overtime; Dallas 104, San Antonio 98 and Charlotte 116, Denver 112.

Malone had 17 for Atlanta. The Hawks led through most of the game, taking a 58-48 halftime advantage on a spectacular 22-point first half by Wilkins. Eighteen of those came on dunks, twisting layups and short bank shots.

Daugherty hit a short baseline jumper to start a 14-3 surge at the start of the third quarter. The Cavaliers finally got the lead with an eight-point flurry in the fourth quarter, spurred once again by a short Daugherty baseline shot.

Daugherty finished the run with a short hook that made it 88-84 with 6:40 to play. The Cavaliers sealed the victory Craig Ehlo's layup with 46 seconds left for a 98-90 lead.

Celtics 125, Nets 106

Larry Bird had 43 points and 15 rebounds as Boston handed New Jersey its 14th loss in 15 games.

Hitting 16 of 29 shots, Bird also had six assists and two steals.

Purvis Short and Chris Morris had 17 apiece for the Nets.

Knicks 118, Bulls 107

Patrick Ewing had 37 points and 17 rebounds, leading New York to its sixth straight victory at the Capital Centre.

Bernard King led the Bullets with 33 points.

Warriors 128, Heat 114

Chris Mullin scored 30 points on 10-of-13 shooting and rookie Tim Hardaway had 20 points and 16 assists for Golden State.

Billy Thompson led Miami with a season-high 29 points and 16 rebounds. Miami lost despite outbounding the Warriors 31-7 on the offensive boards.

Mavericks 104, Spurs 98

Rolando Blackman scored 28 points and Derek Harper 27 to lead Dallas to a club-record-equaling comeback victory.

San Antonio led 46-27 with 6:05 left in the second quarter before Dallas began its climb. The 19-point deficit matched the largest a Dallas club has overcome to win. The Mavericks also won from 19 down at Portland on Nov. 13, 1984.

David Robinson led San Antonio with 32 points and 12 rebounds.

Bucks 121, Pacers 116 OT

Back from a one-game suspension, Milwaukee's Alvin Robertson scored 10 of his 30 points in overtime and Jack Sikma made four free throws in the final 27 seconds. Robertson was suspended for a fight against the San Antonio Spurs on March 31.

Detlef Schrempf and Mike Sanders had 18 points each for the Pacers.

Hornets 116, Nuggets 112

Mugsy Bogues had 11 assists and scored the final four points as Charlotte won on the road for only the fifth time this season.

Dell Curry, who had 18 points for Charlotte, tied the game at 112-112 with baskets on the last two assists by Bogues. Kelly Tripucka led Charlotte with 23 points.

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Classifieds

They're just for you, everyday,
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Call Janey Allmon today at 364-2030 and get a classified to work for you.

Ask Dr. Lamb

DEAR DR. LAMB: I am confused about contact lenses. I understood that you could wear them for 30 days without taking them out. Now I read that you can only wear them for seven days. My daughter is 14 years old and wants contact lenses. Since these are soft contact lenses and will not cut into the eye, why are they dangerous? I have heard that they can cause ulcers of the eyes, but if they are soft lenses how do they cause them?

DEAR READER: The Food and Drug Administration (FDA) did approve soft extended-wear contact lenses for 30 days. That seemed great because it eliminated the daily ritual of removing them and cleaning them. As more has been learned about the use of these lenses, this seems unwise. To put it plainly, people who wear their contact lenses overnight are risking their eyesight.

The contact lens rests on the cornea, the clear part of the surface of the eye in front of your pupil. That area helps in providing proper vision. If it is scarred or damaged in some way, it can distort or block images. Damaged corneas are often replaced with a corneal transplant.

There are two major problems. One is that the cornea has no blood supply and needs access to the oxygen in the air. The soft extended-wear lenses did solve that problem for the most part. The other problem is infection. An infection can cause a corneal ulcer which can be painful and quite damaging.

A recent study by several eye clinics at university centers showed that one in every 300 to 450 people who used extended-wear lenses developed corneal ulcers each year. And the number is 10 times that great for each decade they are used. A young individual like your daughter who might wish to use contact lenses for decades could have a significant risk of seriously damaging her eyesight.

The FDA has revised the labeling to recommend leaving them in place no longer than seven days. A much better recommendation would be to take them out every night. Don't sleep in them. Do keep them very clean to avoid infection.

I have given more details on the change in thinking about extended-wear soft contact lenses in THE HEALTH LETTER 35-07, which I'm sending you. Others who want more information can send \$2 and a long, stamped, self-addressed envelope for it to THE HEALTH LETTER/35-07, P.O. Box 19622, Irvine, CA 92713.

INDIANAPOLIS (AP) - Willie Nelson hopes the fourth Farm Aid concert can elicit greater support for the family farmer.

The singer and fellow organizers, musicians John Mellencamp and Neil Young, had hoped they had performed their final Farm Aid concert when they left the stage in 1988 in Lincoln, Neb.

"We thought the problem might have gone away by now," Nelson, the president of Farm Aid, said last week in a telephone interview from Montreal, where he was on tour.

Farm Aid IV will be held Saturday in the Hoosier Dome before 45,000 people.

The tentative lineup of more than 60 acts includes Guns N' Roses, Bonnie Raitt, Don Henley, Bruce Hornsby, Richard Marx, John Denver, Lou Reed, Iggy Pop, Jackson Browne, Dwight Yoakum, K.T. Oslin and Crosby, Stills and Nash. The cable Nashville Network will carry the show from noon to midnight.

The concert sold out in less than 90 minutes, but Nelson said urban problems such as homelessness and unemployment dilute the concern city dwellers hold for the struggle of family farmers.

"There's a lot of apathy out there. It's a little difficult for someone living in a big city to get excited about what's happening on the farm," he said.

DEAR DR. LAMB: With all the recent news about how oat bran is nothing special, is there any reason at all to continue it? From the news stories I gather that what really happens is that people who eat oat bran consume fewer calories and less saturated fat. Since you can do that without eating oat bran, why not?

DEAR READER: Don't focus on just one thing. Fiber in oat bran, wheat bran and other cereals does improve colon function. The bulk in cereal is believed to decrease the risk of colon cancer and perhaps other diseases of the colon. This is independent of any of the effects of fiber on a person's cholesterol levels.

And the role of cereals in preventing cancer may be more important than generally appreciated. Recent studies show that oats, wheat, rice and corn contain a chemical, inositol hexaphosphate (InsP6), that inhibits cancer. These are animal studies but suggest one more way that whole-grain cereals may be important in preventing and fighting cancer.

DEAR DR. LAMB: My husband is a big baby. He does have heart disease and has chest pain when he walks too much or does too much exercise. He stops and rests and the pain goes away. He is under a doctor's care.

I am sympathetic with his problem and I do everything I can to help him live with his heart problem. But he does exaggerate. When we go for a drive, if the traffic is heavy he complains that he is getting chest pains and blames it on the pollution from the automobiles. I don't like the smell of it either, but since he is not walking or exerting himself, I can't see how riding in a car is going to cause him to have chest pain. It can't be stress from the traffic because I am driving.

Is there anything to his complaint or should I just ignore it? What would be in the air to cause him to have trouble with his heart?

DEAR READER: Carbon monoxide. One of the dangerous pollutants in our air is carbon monoxide and it reaches high levels in heavy traffic. Actually, your husband's complaint was documented as long ago as 1972 and many areas have much more pollution now. A cardiologist demonstrated that by driving heart patients along a Los Angeles freeway, they developed angina pain.

Carbon monoxide is an odorless gas. The odor from the vehicles is from other contaminants. It has a marked tendency to bind with the hemoglobin in your red blood cells. That makes it impossible for the red blood cells to carry oxygen.

Individuals with coronary heart disease already have difficulty delivering enough oxygen to their heart muscle. When many of those red blood cells are loaded with carbon monoxide, the heart gets less oxygen, even if a person is sitting still, and that can cause angina pain. Heart patients are particularly susceptible to the problems of air pollution.

When carbon monoxide combines with enough hemoglobin, that can cause headaches, breathlessness, confusion and, as the condition advances, convulsions and death.

Read about the effects of carbon monoxide in the Special Issue titled How Healthy Is Your Air? which I'm sending you. Others who want more information on air pollution can send \$2 with a long, stamped, self-addressed envelope for this issue to THE HEALTH LETTER/35-08, P.O. Box 19622, Irvine, CA 92713.

Incidentally, the most common source of a low level of poisoning with carbon monoxide is cigarette smoke.

The New York Stock Exchange was founded in 1792.



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Qix FUNERAL DIRECTORS

105 Greenwood Hereford 364-6533

Lodge plans bake sale

Hereford Rebekah Lodge #228 met recently in regular session with members planning the Easter bake sale.

The sale begins at 9 a.m. Friday, April 13, at the Odd Fellows Hall, 205 E. Sixth St. Stew will be served during the sale for \$3 a person.

Noble Grand Rosalie Northcutt presided over the meeting when Sadie Shaw was presented and her commission as lodge deputy was read by Genevieve Lynn, secretary.

Twenty-four visits to the sick and 32 cheer cards were reported.

An invitation was read to South Plains Association of Odd Fellows and Rebekahs to be held in Plainview Saturday, April 21, at 10 a.m.

Susie Curtsinger, district deputy president of District 5, made an official visit to Friona Rebekah Lodge #308

The Supreme Court issued its landmark Brown vs. the Board of Education of Topeka, Kan., ruling May 17, 1954. The court unanimously reversed its 1896 "separate but equal" Plessy vs. Ferguson decision and declared that racially segregated public schools were inherently unequal.

when an official welcome was given and her commission was read. The president's program for the coming year was reviewed.

Leona Sowell served as hostess to Shaw, Northcutt, Curtsinger, Ben Conklin, Dorothy Lundry, Verna Sowell, Jo Irbeck, Tony Irbeck, Irene Merritt, Peggy Lemons and Faye Brownlow.

Mulching keeps lawn healthy

Mulching mowers that cut grass and return clippings back to the earth are better for the lawn—and better for the community—because they solve the environmental problem of what to do with grass clippings.

Returning clippings to the soil with mulching results in a generally greener and healthier lawn since nutrients from the mulch particles are absorbed by the grass root system.

Senior Citizens

LUNCH MENU

FRIDAY-Fish nuggets, parsley potato, beets, cabbage-carrot slaw, applesauce cake.

MONDAY-Vegetable soup, cheeseburger, relish plate, chocolate pudding, crackers.

TUESDAY-Swiss steak, green beans, cauliflower, coleslaw, bread pudding, roll.

WEDNESDAY-Chicken fillet, mashed potatoes, baby lima beans, pear-cottage cheese, ice cream with topping.

ACTIVITIES

FRIDAY-Board meeting noon, line dance 10 a.m., video 1 p.m.

MONDAY-Business meeting 10 a.m., line dance 10 a.m., devotional 12:45 p.m., beginners line dance

1:15 p.m.

TUESDAY-Stretch and flex 10-10:45 a.m., bowling 1:30 p.m., blood pressure 1:30-3 p.m., liquid embroidery 1:30 p.m.

WEDNESDAY-Stretch and flex 10-10:45 a.m., ceramics 1:30 p.m.

INFECTION PROTECTION

ATLANTA (AP) - Women are able to make higher antibody levels than men and can better fight infection, yet they are also more susceptible to autoimmune diseases, such as rheumatoid arthritis and lupus, according to the Arthritis Foundation.

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