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Shop For Free Winners

Retail merchants in Hereford sponsored a Shop for Free Jubilee the month prior to the Town & Country Jubilee and two names were drawn to receive \$500 in Hereford Bucks. Jeanette Ramey (top photo) watches as Pat Lawson tossed the prize money in the air. Mrs. Ramey's name was drawn at ETCetera, where C of

C Manager Mike Carr and retail trade chairman Carol Gerck watched the presentation. The other \$500 winner, Rhonda Elliott, is shown below receiving her prize at Thames Pharmacy while holding son, D.J. Carol Gerck, Sheila and Joe Thames hold the prize bucks. A total of 37 local merchants participated in the promotion.



Gramm nominates Bush as president, slams Demos

NEW ORLEANS (AP) — Sen. Phil Gramm was all smiles after nominating fellow Texan George Bush for president.

"I was pleased with the speech. George Bush deserved a great speech. I hope I gave it," said Gramm, who had been chosen by Bush to deliver the prime-time address Wednesday to the Republican National Convention.

In it, Gramm called Democrats "amnesia merchants" who want Americans to forget the last time a Democrat was president.

Bush is "a man who has served America in war and in peace, who has the experience, the character and the strength to lead this great land we love," Gramm said.

But he ridiculed Michael Dukakis as a traditional tax-and-spend Democrat who would take the country backward.

"The amnesia merchants of the Atlanta convention want us to forget that when the Democrats left the White House, inflation and interest rates were at the highest levels in American history," Gramm said.

The choice of Texan Gramm was designed in part to help offset the prominent role given Texas Democrats at their convention last month, where several, including keynoter Ann Richards, joked pointedly about Bush.

Gramm said he wanted to talk about issues in the candidates' records, not make jokes.

"People laugh at those little barbs but I don't think they win any votes," Gramm said after rejoining the Texas delegation for Wednesday night's roll call vote that made Bush the GOP nominee.

Gramm recalled for a national television audience President Jimmy Carter's administration and what he described as "the real story" the Democratic convention didn't tell.

"Prices out-stripped wages, workers grew poorer and retirees' saw their savings destroyed. People couldn't build or buy their own homes or invest in their own businesses," Gramm said of the Carter years.

"The amnesia Democrats in Atlanta may have forgotten all that, we have not forgotten and, so help us God, we will not allow them to do that to America again."

The record of Massachusetts Gov. Dukakis should similarly alarm voters, Gramm said.

He said after promising no tax increase while campaigning for governor in 1974, Dukakis immediately broke the pledge after winning election.

PRAIRIE finish the burrows in one or two days or you'll never kill them out. You'll be fighting a losing battle.

Weather conditions for using the two pesticides are opposite: for zinc oats the ground must be dry and for phostoxin, the land should be soaked.

"It doesn't necessarily have to be so muddy your boots get stuck, but the ground does need to be totally saturated."

Gilliland stressed that neither his office nor landowners want to extinguish the prairie dogs completely.

"It's just common sense not to kill more than is necessary. The people in the cities see 'em as cute little animals that cuddle and rub their incisors together, but they're very prolific and they can put you out of business."

Corrections

In the cutline Aug. 17 in the Hereford Brand concerning the Southwest Voter Registration Project, it was stated that Irene Cantu and Silvana Juarez attended workshops concerning how to register voters. Cantu and Juarez were sponsored by citizens to attend a fundraiser for the project and Crisella Garza, coordinator for the Southwest Voter Registration Project, attended the workshops.

In a Hereford Brand article on Aug. 14, it was stated that three other people were arrested along with Raul Guajardo on charges of possession of a controlled substance. Ventura Sosa Ramirez, 39, no address given, was deleted from the list. The Brand regrets the error.

Quayle faces issues

NEW ORLEANS (AP) — Sen. Dan Quayle, who tonight becomes the Republican vice presidential nominee, is discovering that he has a tough task persuading his party of his worthiness for the job.

Praised by George Bush as one of the party's "rising young stars," the youthful Indiana senator exulted in the spotlight Wednesday but ran into some long shadows cast by questions about his experience, wealth, military record and a 1980 sex-and-influence scandal.

And while some delegates said they were thrilled with the choice of the conservative senator as Bush's running mate, others wondered what Quayle brings to the ticket and whether he had skeletons in his closet.

"We don't know much about Dan Quayle. ... He's a very attractive and up-and-coming young star. They just brought him along faster than people thought," said Rhode Island delegate William B. Anderson of Barrington.

At a joint news conference Wednesday with Bush and in media interviews later, Quayle got a sampling of what concerns he will have to address.

He denied suggestions he had a sexual relationship with Washington lobbyist Paula Parkinson in 1980: "There's nothing to it," he said. However, he declined to give a detailed accounting of the episode, in which Mrs. Parkinson said she shared a vacation home with several lawmakers, including Quayle. He did say he has not seen her since the golfing vacation.

Later Wednesday, during a combative interview on Cable News Network, Quayle said a questioner was "trying to create something that doesn't exist, as if something was

wrong." Asked to elaborate on his activities that weekend, Quayle replied, "I went down and I played golf and I came home and anybody that knows me, that's exactly what I did."

A "cheap shot" is how Quayle characterized questions about his decision to join the National Guard

after graduating from college, avoiding the possibility of being drafted and sent to Vietnam.

"I have a deep affection for those men and women that have sacrificed their lives in Vietnam. ... To imply anything differently is just simply wrong," he said.

Local Roundup

Bicyclist hit by car

An 11-year-old boy collided with a car at Avenue J and Grand Avenue Wednesday at 4:21 p.m. after he failed to stop.

Bennie Villareal of 233 Ave. J later complained of back pains and was taken to Deaf Smith General Hospital where he was released shortly after, according to police reports.

The car's driver, Elsa Vasquez, 19, of 315 E. 4th St., was issued citations for having no driver's license and having no liability insurance.

A 29-year-old man was arrested on charges of driving with a suspended license; a woman, 21, was charged with public intoxication at the Deaf Smith General Hospital emergency room; a 37-year-old man was arrested on a warrant for driving with a suspended license and a man, 60, was charged with driving while intoxicated.

A video cassette recorder worth \$500 was stolen from the 700 block of Avenue G; and a woman who lives on Lake Street filed for a protective order against her husband whom she said threatened her with a gun.

Ten citations were issued and firefighters were called to a trash fire at the San Jose Labor Camp.

Warm and humid

Tonight there will be a 20 percent chance of rain. Lows will be near 60 with winds light and variable.

Friday will be partly cloudy with isolated afternoon thunderstorms. Highs will be near 90 and winds will reach up to 15 mph.

This morning's low at KPAN was 65 after a high Wednesday of 92.

Boys Ranch cheerleaders have hairiest legs on field

PLAINVIEW, Texas (AP) — They're big, B-I-G; and they're bad, B-A-D; and to the girls attending a recent Wayland Baptist University cheerleading camp, they're boss, B-O-S-S, B-O-S-S, boss!

Boys Ranch is the only Texas high school with an all-male cheerleader squad, according to their adviser, Debbie Sarpaluis.

A Class AA school located approximately 40 miles north of Amarillo in the Texas Panhandle, Boys Ranch has had male cheerleaders for more than 20 years. The squad has been coming to the camp here for the past four years.

"Texas A&M has guys, but I think this is the only high school squad that is entirely made up of guys," the adviser said.

Being on an all-male squad can be difficult, but the guys said they get more harassment at their own school than they do elsewhere.

"In some respects we catch a lot of flack," said Jimmy Wood, a freshman who is making his debut on the squad this year. "All these guys on the varsity football team are always saying we're wimps because we don't go out for football, but a lot of us go out for junior varsity football. We play football on Thursday night and then come back and cheer for the varsity team on Friday night."

The squad doesn't have to take

"flack" from anyone, but they have learned to take it and prove themselves. The squad has no trouble defending their masculinity because they also have the distinction of being the only all-wrestler cheerleader squad in the state.

"All of us are wrestlers and several of us have been all-state wrestlers," said sophomore Andy Justus. Last year, about half the team competed in the state wrestling meet.

Harassment is almost non-existent away from school, the guys said.

"Other schools think it's neat," said Jimmy Lucido, a freshman. "They love us."

Lucido said pep squads from other schools often greet the arrival of the male cheerleaders with signs and posters.

"I think we are a hit with the girls, but with the guys it's kind of ugh," Lucido said.

Despite the jokes and comments, the cheerleaders are proud to represent their school.

"We're doing it for our team, for fun, to represent the ranch and to meet people," said sophomore Joshua Holder, one of two veteran members of the squad.

"It makes a lot of difference when you have people stand behind you from the ranch when you're playing. It makes you feel important," Holder said.

However, the guys also have a snappy answer for their male critics.

"All we do is say, 'Look who's going to a camp with 200 girls and six guys,'" Justus said.

Last week the six-man squad proudly joined 190 girls for an instructional camp conducted by the National Cheerleader Association.

During the intensive four-day camp, the boys worked with the female squads and competed against the girls.

"Basically the program is the same for the guys," said Texas Tech cheerleader Brandy Nobel, who directs the camp for NCA. "We adapt it so that it's more masculine, but it's the same program. Instead of pompon routines, we teach them kamikaze stunts and tumbling routines but that's about the only change."

"They adapt great," Miss Nobel continued. "I think the main thing is for them to be comfortable with what they are doing. The girls look forward to them being out here each year."

During one camp competition, the guys from Boys Ranch received a superior rating and won the coveted "spirit stick."

"They're very talented and add a bunch to the camp," Miss Nobel said.

BUSH

questions, praising Quayle as one of the GOP's "rising young stars" and saying they would work "like a couple of pit bulls" to whip the Democrats.

In nominating Bush on Wednesday night, Sen. Phil Gramm of Texas

said he has "the experience, the character and the strength to lead this great land." Gramm said Democratic presidential nominee Michael Dukakis would "wimp America and endanger the peace."

Describing Bush as an authentic hero committed to a strong defense, Gramm said, "He has always made us proud."

A child of the Eastern Establishment, Bush was raised in Greenwich, Conn., surrounded by a cook, servants and a chauffeur. His father was a wealthy New York financier who became a U.S. senator and instilled in his children the notion of civic responsibility, that with privilege comes obligations.

Now 64, Bush has a long resume of service: Navy combat pilot, congressman from Texas, ambassador to the United Nations, envoy to China, chief of the CIA and two-term vice president under Ronald Reagan.

Gramm called Bush simply "the greatest vice president this nation has ever had."

Delivering a second speech that drew roars of applause, Penn State football coach Joe Paterno shouted, "I'll be damned if I'll sit still while people who can't carry George Bush's shoes ridicule him."

Sen. Bob Dole also took a turn at the

podium, deriding Dukakis as one of those "liberal doom-sayers who believe that America cannot be trusted."

Dismissing any disappointment he might have felt when Bush chose someone else for the vice presidential nomination, Dole praised Quayle. "He is dynamic, he is articulate," Dole said.

Hospital Notes

PATIENTS IN THE HOSPITAL

R.C. (Carlos) Anderson, Shirley M. Brown, Anna Bustamante, Infant Boy Bustamante, Amelia Davalos, Infant Boy Davalos, Willie McIver Formby, Elva Garcia, Juanita-Janie Gomez, Shelby Roy Griffin; Victor L. Hill, John Kerr, Infant Boy Noriega, Rosa Noriega, Senaida Ornelas, Jonathan Lee Rios, Art Stoy, Kayli Wilson, and Mable Ernest Wiseman.

NEW ARRIVALS

Mr. and Mrs. Ramiro Davalos are the parents of a son, Manuel M. Davalos, born Aug. 15, 1988.

Mr. and Mrs. Jose Bustamante are the parents of a son, Jose Adolfo, born Aug. 16, 1988.

The Hereford Brand

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Lifestyles



Cool as a cucumber

Often thought of as a crisp addition to salads, cucumbers can be used in a wide variety of recipes. Cool cucumber soup is a refreshing summer treat; pickling and

marinating the vegetable is also popular. Many people find that cucumbers even enhance sandwiches.

Use cucumbers as cool summer fare

Cucumbers have long been enjoyed in salads, but there are numerous ways to prepare this crisp mild vegetable. Cold cucumber soup is a delicious, refreshing summer treat. Also Cucumber Dip is a new variation for special treats. In addition most cookbooks offer additional ways to marinate or pickle cucumbers into a variety of flavorful adaptations.

When selecting cucumbers, look for those that are fresh, firm, well shaped with a bright green color. Small amounts of white or greenish-white color does not effect the quality. The flesh should be crisp, firm and tender with small soft seeds. Avoid yellowing or withered cucumbers with hard seeds, as this indicates immaturity. Upon purchase, cucumbers can be stored in the refrigerator for about one week. Sliced pieces should be kept covered.

Cucumbers sometimes have a waxy coating. This is a harmless vegetable wax that has been added to the outside. This helps to retard evaporation and to increase storage life. To remove wax, simply wipe the cucumber with a dry cloth or paper

towel before using.

Cucumbers contain small amounts of vitamins and minerals, with calcium and vitamin C the most abundant. An un-pared cucumber will have higher levels of vitamin A, phosphorus, iron and calcium than will a pared cuke. The cucumber is especially great for those who want a lot of flavor without a lot of calories.

For additional information on cucumbers and free recipes, write the Texas Department of Agriculture, 855 Central, Suite 31B, Odessa, Texas 79761. Some recipes follow:

CREAMY CUCUMBER SOUP

- 1 C. chopped onion
 - 1 T. Butter
 - 1 cucumber, peeled
 - 3 C. chicken broth
 - Salt to taste
 - ¼ C. finely chopped green onion
 - ½ to 1 C. sour cream
- Saute onion in butter until tender. Remove seeds and coarsely chop cucumber. Add to onion. Cook about 3 minutes, stirring constantly. Add chicken broth. Simmer about 15

minutes. Puree cucumber mixture; chill. Just before serving, stir in sour cream. Pour into chilled cups and garnish with green onion. Serves 4-6.

CUCUMBER DIP

- 2 (8-oz.) pkg. cream cheese
 - 2 med. Cucumbers
 - 1 small onion
 - 2 T. Mayonnaise
- In a bowl, soften cream cheese. Peel and grate cucumbers and onion. Mix cream cheese with cucumbers and onions. Add mayonnaise. Garnish with paprika. Makes about 3 cups.

CUCUMBER DELIGHT

- 1 C. apple cider vinegar
 - 1 C. water
 - ½ C. sugar
 - 2 tsp. salt
 - 3-4 lg. cucumbers, peeled and sliced
 - 1 sm. onion sliced
 - 1 garlic clove, chopped
- Combine vinegar, water, sugar and salt; bring to a boil. Set aside to cool. Place cucumbers, onion and garlic in the bottom of a 1-quart container. Pour vinegar mixture over vegetables and seal. Keep in refrigerator for 3 days before serv-

Coffee drinkers prefer paper filter

(HOUSTON) If making a good cup of coffee is a challenge to you, you might try the old fashioned method of filtering it through broken egg shells. Or, if that's too difficult, you might return to the most recent standard method of brewing good coffee—the paper filter.

Since coffee was first consumed as a beverage almost 1,500 years ago, it has been brewed by a variety of methods. Many methods used some sort of filter, from pieces of felt to, that's right, broken eggshells. Today, more than 25 years after its introduction, the paper filter method of brewing is the most popular among coffee consumers. Research indicates paper filter coffee makers, including electric drip, pour-over-drip and cone filter, currently account for more than 67 percent of all coffee makers used brewed in American homes. By the year 1990, it is estimated that 80-85 percent of all coffee drinkers will be using a paper filter process.

While the quality of the beans is essential in preparing a perfectly brewed cup of coffee, more and more consumers are choosing the paper filter process over the percolator method because of better flavor results, according to Rod Rude,

senior product manager of the Coca-Cola Foods Coffee Unit, the company responsible for Maryland Club coffee.

As coffee brews in a percolator, the water flows through the coffee grounds over and over, causing the beans to lose much of their original flavor and sometimes resulting in a bitter taste. With paper filter coffee makers, the water passes through the coffee grounds just once. Even with this type of coffee maker, if the blend and grind are not right, the coffee brewed may be either bitter or without body and too mellow.

"Everywhere we do is geared toward giving consumers a pleasing cup of coffee, a cup so good that they'll want another," explains Rude. "More and more consumers are demanding premium, superior quality coffees, and they want it tailored to their specific coffee maker."

Rude offers some helpful tips to follow for best results when making coffee:

-Use fresh, cold water

-Use fresh coffee. After opening, store it in a tightly covered canister in the refrigerator.

-Assure the coffee pot and brewer are cleaned frequently. Oils or residue from previous brewing can detract from an otherwise good cup of coffee.

-Measure consistently. Use one slightly rounded tablespoon of coffee per cup. Depending on the desired strength, this may be varied to achieve the flavor you prefer.

-Drink the coffee within ½ hour after brewing. If you want to hold it longer, put it into a thermos-type container. Do not keep on a hot plate.

SUGAR BABIES

INDIANAPOLIS, Ind. (AP) — Gestational diabetes is the most common complication of pregnancy, according to Boehringer Mannheim Diagnostics.

The firm makes a blood sugar testing device for testing as many as 175,000 infants who are born each year to women with gestational diabetes.

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Sports

Scramble is washed out, but not hole-in-one!

The Wednesday Scramble at Pitman Municipal Golf Course was rained out yesterday, but Mike Gamble of Canyon still had a smile on his face.

Gamble recorded a hole-in-one and the rain can't wash that away! Gamble hit a 6-iron to the green on the par-3 sixth hole and the ball rolled into the cup for an ace.

Gamble did have mixed emotions about the rain. His team, captained

by Paul Lovan, was six-under par after five holes. Play was suspended due to the rain and the scramble will be played over next Wednesday. Other members of the team were R.L. Blakely and Milton Adams.

Golfers who participated Wednesday will be paid up for next week's scramble—the final one of the year. Golfers who are unable to return next week can get a refund on their entry fee.

Scrimmages set today

Hereford Whiteface football fans — remember that today is your first chance to see three Herd teams in preseason scrimmages, at Whiteface Stadium.

One hundred fifty-nine athletes are out for football this year, and they will be in action in three scrimmages

with Lubbock Monterey High School — sophomores at 3:30 p.m., junior varsity at 5:30 p.m. and varsity at 7:30 p.m.

Let your Whiteface football fever show today for these Hereford High School athletes, and for head Coach Don Cumpton and his coaching staff!



Senior runners

Benny Carrasco, left, and Jimmy Leinen, right, are senior members of the Hereford High School boys' cross country team, which opens the 1988 season at Levelland Sept. 3. Carrasco placed 11th in the state meet last year. (Brand photo by Gary Christensen)

On Hereford High School cross country teams

Seven varsity athletes return

Three boys and four girls with varsity experience return this year on the Hereford High School cross country teams.

The returning athletes include the No. 1 runner from last year's boys' varsity team who placed 11th in the state meet, and three of the top four members of last year's girls' varsity team which placed fourth at state.

The HHS teams open the 1988 season in the Levelland Meet on Sept. 3. Other meets in September include Borger on Sept. 10, Plainview on Sept. 17, and the Hereford meet on Sept. 24.

The rest of the season schedule includes meets at Amarillo Oct. 1, at Lubbock Oct. 8, at Dumas Oct. 15, at Dalhart Oct. 22, and the District 1-4A meet on Oct. 29. Regional qualifiers will run at Lubbock on Nov. 5, and the state meet is set Nov. 12 at

Georgetown. All meets this season begin at 10 a.m. on Saturdays.

Three of last year's seven varsity boys' runners are back this season, including the top runner on that team, senior Benny Carrasco. Seniors Ricky Montelongo and Jimmy Leinen are the other two.

Hereford Coach Martha Emerson said four runners with junior varsity experience and three newcomers have been practicing. Seniors Brooke Perkins and Adolfo Martinez and juniors Juan Martinez and Tim Stagner ran on the JV team last year.

Senior Cody Wilson, junior Scott Robinson and freshman Chris Hart are the other boys practicing in preseason.

"We have some JV experience, but not many boys are out for cross coun-

try. I have no sophomores and only one freshman," Emerson said.

The returning members of the 1987 girls' team that advanced to the state meet are seniors Alina Benitez and Maria Rodriguez and juniors Yvonne Padilla and Sally Garza.

"With a little experience there are some newcomers who can fill the spots left by those who graduated," Emerson said.

Runners aiming for those varsity spots include Aracely Nava, a junior varsity runner last year, and at least six others: junior Linda Cera, sophomores Teresa Castillo and Lisa Zepeda and freshmen Chelli Cum-

ings, Denise Davila and Vanessa Torres.

Coach Emerson said an eighth grader will also run with the girls, Veronica Hernandez.

Preseason practices are at 9:30 a.m. weekdays at Veterans Park, and 7:30 p.m. at the Hereford High School Fieldhouse and Whiteface Stadium.

"Several more runners have indicated they are interested in cross country, but so far they have not come to run," Emerson said. "We have the meet in Levelland Sept. 3, so we must be ready before school begins."

HHS cross country schedule

DATE	MEET	TIME
Saturday, Sept. 3	Levelland	10 a.m.
Saturday, Sept. 10	Borger	10 a.m.
Saturday, Sept. 17	Plainview	10 a.m.
Saturday, Sept. 24	Hereford	10 a.m.
Saturday, Oct. 1	Amarillo	10 a.m.
Saturday, Oct. 8	Lubbock	10 a.m.
Saturday, Oct. 15	Dumas	10 a.m.
Saturday, Oct. 22	Dalhart	10 a.m.
Saturday, Oct. 29	District 1-4A Meet	10 a.m.
Saturday, Nov. 5	Region 1-4A Meet, Lubbock	10 a.m.
Saturday, Nov. 12	State Class 4A Meet, Georgetown	10 a.m.

The 1988 Summer Olympics were held in Mexico City at an altitude of nearly 7,500 feet.

Judo was introduced as an official Olympic sport in the 1964 Games in Tokyo.

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Cross country girls

Pictured at cross country practice early Wednesday evening are two Hereford High School girls' cross country athletes — junior Aracely Nava, left, and senior Sally Garza, right.

(Brand photo by Gary Christensen)

Star golfer Ray Floyd is an "Army brat". He was born at Fort Bragg, N.C., the son of an Army man.

Notice of Meeting

The Veteran Memorial Park will have their annual meeting at 8:00 p.m.

Thurs, Aug. 18th at the V.F.W. house.

Presence is requested of members of the V.F.W. and the American Legion for the election of a new director.

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Researchers study new methods to reduce meat contamination

The presence of bacteria and other microorganisms on fresh, raw meats has, in recent years, raised questions regarding the healthfulness of fresh meats.

Some consumer activist groups have gone as far as to propose that fresh meats should be labeled as containing disease-causing agents, but such an extreme is highly unnecessary, scientists say. Meats, like any other fresh food, remain healthful with proper care and handling.

Most foods are derived from animals and plants and, thus, are closely associated with the soil, air, and water that surrounds them. Since soil, air, and water contain many types of microorganisms, some of which are pathogens.

With animal products, microorganisms are found in the gastrointestinal tract and the exterior surfaces, and great care is required during slaughter to avoid contamination of the edible products with these surfaces. The extent of contamination of the edible products with these surfaces. The extent of contamination will depend largely upon the sanitary control during slaughter and dressing, says Gary R. Acuff, food microbiologist with the Texas Agricultural Experiment Station. But even the most technologically advanced commercial production and processing practices available will not eliminate all the microorganisms from the surface of the carcass.

Some of the microorganisms that are significant from the public health standpoint include Salmonella, Staphylococcus, Clostridium, Yersinia, Campylobacter, and Listeria. Salmonella contamination of poultry, in particular, has received much media attention of late, though its presence in poultry has long been established. Contaminated feed is the major source of Salmonella in poultry.

While industry research focuses on ways to produce pathogen-free feed, consumers can practice good handling to avoid problems with Salmonella and other pathogens, Acuff says.

"If meat is handled and treated properly there is no need to fear food-borne illness," the researcher says. "In the first place, one should not consume foods of animal origin without cooking. The risk of contracting disease is greater in raw foods, he says."

Proper handling means that

hands, utensils, and surfaces that come into contact with raw products should be thoroughly washed with soap and water before they come into contact with other foods, particularly with those foods that will not receive any further heat treatment.

"It is disturbing that on television cooking shows, food preparers' hands that were in contact with raw animal foods are wiped off on cloths or towels that are subsequently used to dry and recontaminate clean hands after washing with soap and water," the scientist says. Unfortunately, cross-contamination in the kitchen is the norm on national television programs, he says.

Proper cooking will destroy most disease-causing microorganisms, but proper cooking is also important to suppress those microbes that may survive.

"Therefore, when cooling leftovers, it is recommended that a temperature of 60 degrees is reached within two hours, and that a temperature of 45 degrees is reached within an additional four hours," Acuff says. "Similarly, if foods are reheated, the food should not be held for excessive periods between 60 and 120 degrees, and the food should reach 160 degrees during reheating."

While consumers take care in food preparation, the meat industry can reexamine slaughtering and dressing practices to help reduce the spread of pathogens, Acuff says. Research projects underway include new methods of removing soil from animal surfaces, reducing the risk of carcass contamination during hide removal, showering carcasses with antibacterial rinses, and improving evisceration to eliminate contamination with intestinal microbes.

One method under study, the Nurmi concept, has reduced the occurrence of Salmonella in poultry. In this procedure, young chicks are fed pathogen-free fecal material from adult birds. Colonization of the chick's intestinal tract with microorganisms from the adult bird appears to exclude colonization by Salmonella. It is not known whether the method will be useful for other pathogens, according to Acuff.

Irradiation will remove most pathogens from fresh, raw meats, but for irradiation to be successful, a cut of meat would have to be packaged prior to the procedure to protect the food from recontamination. Since not all of the microorganisms would be killed by the irradiation, the product still would require refrigeration

or freezing. Consumer acceptance has been an obstacle for irradiation of food products, and the process is not legal for meat preservation in this country.

"Even if irradiation is eventually approved for meat, the logistics of applying this concept are extremely complex. Also, the levels of irradiation currently under consideration for approval may not destroy all the bacteria and parasites present in the meat," Acuff says.

Other treatments, such as antibacterial washes and acid treatment of carcasses and cut meats also are under study. But even if it becomes possible to control or eliminate one set of hazardous biological agents, the future may hold previously unknown foodborne pathogens, Acuff says. Such new pathogens will continue to challenge the imagination of scientists and will maintain the need for proper handling and storage of foods, the scientist says.

Director to be named tonight

A meeting of Veteran Memorial Park will be held beginning at 8 p.m. today in the VFW house.

Members of the VFW and the American Legion are invited to the annual event.

Primary business of the meeting will be the election of a new director.

Ann Landers

DEAR ANN LANDERS: I was upset when I read the strong stand you took against therapists touching patients sexually. In my opinion, you did a lot of harm by failing to acknowledge that there could be exceptions. Hear me out, please.

My husband ran around, refused to make love to me for three years and made me feel unattractive and undesirable. He destroyed every shred of my self-confidence. My psychiatrist brought me out of a depression and gave me a sense of personal worth by kissing, fondling and making love to me. He knew exactly what I needed and provided it.

So please, Ann, don't be so adamant and closed-minded. Bear in mind that an affair with one's psychiatrist can be extremely helpful. I am the perfect example. No name or city, please. Just—Renewed in Sunshine Valley

DEAR SUNSHINE: I asked a psychotherapist, who prefers to remain anonymous, to respond to your statement. This is what he said:

We know that some disturbed people have profited from the extraction of teeth, from shock therapy, from tonsillectomies, from brain concussions and from spankings. But to recommend any of the above as modalities for treating depressed individuals would be ridiculous.

For a therapist to engage in sexual activities with a patient could be so destructive and potentially damaging that it is best to rule it out altogether. Therapists should not be left to decide which patients would benefit and which would be harmed.

Even if the woman who wrote believes that she was made well by

sharing intimacies with her doctor, it would be foolhardy to use her experience as the basis for deciding this issue. Therapists often have a unique power by virtue of the fact that they represent the caretaker, the parent, the true authority. To abuse that power would be the ultimate travesty.—Fifty-Plus Years in Practice

DEAR ANN LANDERS: Will you please tell me why people think a black eye is funny? hat is there about this type of injury that makes people feel they have the right to make a joke of it?

I was in a minor car accident several days ago and was lucky to get off with nothing more than a shiner. You would not believe the "comical" comments that have come my way. For example, from a person to whom I barely say "Good morning" when I encounter him in the elevator: "That must have been some fight! I wonder what the other guy looks like!" Then, the first co-worker I saw in the office asked, "What happened? Did you fall off a bar stool?" Later that morning another nerd cracked, "Now don't tell me you ran into a door."

What is the appropriate response under these conditions, Ann? I hate to be defensive, but I'm going to have this discoloration for quite a while and I'd like to know what to say.—Golden State Gripe

DEAR GOLDIE: I don't know why people think a black eye is funny. Maybe it goes back to the comic strip when Maggie used to hit Jiggs with a rolling pin and he seemed to have a permanent black eye. Actually,

violence isn't funny and you owe no explanation to clods who comment. Buy a concealer stick at a cosmetic center. It will cover the bruise beautifully (also dark circles if you have them), and there will be no more smart-aleck comments.

Take charge of your life and turn it around! Write for Ann Landers' new booklet, "How to Make Friends and Stop Being Lonely." Send a check or money order for \$3.50 and a self-addressed, stamped, business-size envelope (45 cents postage) to Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

NUTRITION BENEFITS

NEW YORK (AP) — People who don't eat enough, or not enough of the right foods, suffer far more painful symptoms of arthritis than do well-nourished people with the same condition, according to Dr. Graciela S. Alarcon.

Alarcon, says AIMplus magazine, is an associate professor of medicine at the University of Alabama, Birmingham.

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Hints from Heloise

DEAR READERS:

Here are a few do's and don'ts for fur care. This information came from a professional furrier and I feel it's valuable.

Have your fur coat professionally cold stored during warm weather. It's important to do this or the skin will dry out. At home, hang your fur on a wide wooden, plastic or fabric-covered hanger to keep from straining the seams. Give it plenty of room in a closet and never cover it with plastic — the fur must breathe.

If you get rain or snow on the coat, just shake off the excess moisture and let it dry normally. Never leave it by a heat source such as a stove or radiator or in direct sunlight. If the fur dries bunched up or matted, just use a comb and gently comb the fur in the direction of the grain.

Never pin anything to your fur, and don't allow perfume to get on it because alcohol dries it out. Consider wearing a scarf to protect the fur from makeup and body oil around the collar. Also, never put a lot of items in the pockets.

My most important tip is to have a fur cleaned and glazed at least every two to three years. It will prolong its life and protect your investment. — Hugs, Heloise

SEND A GREAT HINT TO:
Heloise
P.O. Box 795000
San Antonio, Texas 78279

Dear Heloise: I recently was watching a program and they said they would be giving a recipe for a

cake. I wanted the recipe but wasn't prepared, so I quickly turned on my VCR and taped the show.

This way at a later date I conveniently copied down the recipe. Also if I missed an ingredient, I could simply reverse the tape and replay. So handy! — Dorothy Ann Beach, Santa Ana, Calif.

NEW PLANTER

Dear Heloise: My old round barbecue grill had seen better days, but instead of throwing it in the garbage heap I found a use for it.

I sanded and painted it, filled it with potting soil and planted some pretty little periwinkles. It really looks pretty and I am glad that I was able to save it. — Jeanette Bunker

Deadline for rodeo entry approaches

Tuesday, Aug. 23 is the deadline to enter all events of the upcoming Westway Junior Rodeo.

The rodeo is to be held at Circle A Arena located eight miles west of Hereford Aug. 26-27 at 7 p.m. nightly. Youth up to 19 years of age may enter the event, which is sponsored by the Hereford Future Farmers of America (FFA) and the Circle A Youth Association.

For more information, call Terri Johnson, 34-5896 or Vicki Wilson, 289-5892.

ANNOUNCEMENT

H&R BLOCK is offering a Basic Income Tax Course starting Sept. 7. There will be a choice of morning or evening classes held at the H&R BLOCK office at 127 W. 3rd.

The 12-week course is taught by experienced H&R BLOCK personnel and certificates are awarded to all graduates. While thousands of job opportunities are available, graduates are under no obligation to accept employment with H&R BLOCK. Registration forms and brochures may be obtained by contacting H&R BLOCK. PHONE NOW (806) 578-4382.

Stillwell gets his 10th game-winning RBI

Royals post 7-6 victory over Rangers

By DOUG TUCKER
AP Sports Writer

KANSAS CITY, Mo. (AP) — When he negotiates his next contract, Kurt Stillwell is going to hate himself for what he said after getting his team-leading 10th game-winning RBI.

"The game-winning RBI is a stat that is quite a bit overrated," said Kansas City's switch-hitting shortstop. "They should count it when it's in the clutch or from the seventh inning on."

Stillwell, who has hit safely in 20 of his last 24 starts, doubled in the fifth inning Wednesday to drive in Willie Wilson and snap a 3-3 tie with the Texas Rangers. The Royals went on to post a hard-fought 7-6 victory, with Steve Farr striking out Pete In-cavaglia and Pete O'Brien with runners on first and second.

Stillwell may well finish the year as the Royals' leader in game-winning RBI. Closest to him is Frank White with eight.

"Late in the game it's a big deal," Stillwell said. "But tonight, it wasn't that late in the game. I really don't look at that stat as a real big deal. Of course, at contract time I might."

At contract time, Danny Tartabull may point to the remarkable extra-base surge he's been on of late. The heavily muscled outfielder had a double and a triple Wednesday night to drive in three runs. His two previous hits were a grand slam and a two-run double, giving him nine RBI for his last four hits.

"I haven't been consistent the way I've wanted," said Tartabull, whose hot streak has raised his RBI total to

68, second on the team only to George Brett's 86. "But this is a good stretch for me. I'm making up some ground and driving in some runs. That's what I'm paid to do. As long as I can go out there and drive in runs, I'm very happy."

Four Royals' pitchers combined to tie a team record with 13 strikeouts. Incavaglia, who leads the Rangers with 21 home runs, took a called third strike for the second out in the ninth. Then O'Brien, who had clubbed a towering two-run shot in the seventh, did the same thing.

"The offense was okay. But that's a tough way to end the game," Valentine said. "Two big home run threats looking at third strikes. But six runs should be enough."

Bo Jackson got the eventful contest started by walking in the third inning, stealing second and scoring on Willie Wilson's single. Tartabull's double scored George Brett in the fourth, then Frank White hit a sacrifice fly for a 3-0 lead.

Jim Sundberg's double drove in Texas' first run in the fifth. Then Stillwell's fielding error allowed Sundberg to score and Ruben Sierra tied it at 3-3 with an RBI single.

Wilson singled with one out in the fifth and went to second on In-cavaglia's throwing error from left field. After Stillwell doubled, George Brett was walked intentionally and Pat Tabler hit an RBI single into left field on a hit-and-run play that may have kept the Royals out of a double play.

Craig McMurtry relieved Jose

Guzman, 10-10, and was greeted by Tartabull's opposite-field triple into right.

Steve Buechele's 13th homer leading off the sixth cut it to 7-4 before O'Brien's two-run homer sliced the margin to one run and set up Farr's ninth-inning heroics.

Jeff Montgomery, 6-2, got the victory with two and two-thirds innings of relief while Farr collected his 14th save.

"Our offense did a good job of battling back tonight," Royals Manager John Wathan said. "They would close it down and we would come back and add on to the score. Tartabull and Wilson swung the bats good."

"Tartabull sure is hot," Valentine said. "And that was a big hit-and-run by Tabler to set up a big inning for them."

Elsewhere in the American League, it was Chicago 5, Toronto 1; Oakland 10, Baltimore 4; Minnesota 2, Detroit 1; Boston 7, Seattle 2; New York 11, California 7; and Cleveland 11, Milwaukee 7.

White Sox 5, Blue Jays 1

Carlton Fisk tied the American League record for games caught. Or did he?

Fisk caught his 1,805th game Wednesday night. The Baseball Encyclopedia says that ties him with Rick Ferrell, who played in the 1930s and 1940s for the St. Louis Browns, Boston Red Sox and Washington Senators.

However, The Elias Sports Bureau and The Sporting News Record Books say Ferrell caught 1,806.

"If I go out and play every day, it will happen," said Fisk, who homered twice and walked with the

bases loaded to lead the Chicago White Sox past the Toronto Blue Jays 5-1.

"It turned out to be an occasion," Fisk said. "I'm glad we won. I go out and try to do good, but it's not easy to do good every day. It just worked out that way tonight."

"I told you he'd find a way to rise to the occasion," White Sox manager Jim Fregosi said.

Fisk homered in the second inning and in the sixth, giving him 13 this season. He walked off Duane Ward with the bases loaded in the eighth.

"I just wanted to get the run in from third base," Fisk said. "By then I was gassed and the bat was a little slow."

Chicago's Jerry Reuss, 9-7, allowed seven hits in seven innings. Steve Rosenberg got four outs in order for his first major-league save.

Jim Clancy, 6-13, who gave up both homers, allowed six hits and all three runs in six innings.

Athletics 10, Orioles 4

Jose Canseco and Mark McGwire homered in the same game for the seventh time this season as Oakland won for the eighth time in nine games.

The Athletics, unbeaten when both have homered, had 11 hits, eight for extra bases, and overcame a 3-2

deficit with a five-run fifth.

Curt Young, 7-7, won for the first time since July 1, allowing nine hits and three runs in five innings.

Twins 2, Tigers 1

Allan Anderson won his fifth consecutive decision and Dan Gladden hit a two-run homer as Minnesota completed a three-game sweep and beat Detroit for the seventh straight time this season.

Anderson, 11-7, allowed six hits in eight innings. Jeff Reardon finished for his 32nd save. Doyle Alexander, 11-8, gave up eight hits in 8 1-3 innings, striking out eight.

Red Sox 7, Mariners 2

Bruce Hurst won his fifth consecutive decision and Rich Gedman and Ellis Burks homered as Boston moved to within two games of first-place Detroit in the American League East.

Hurst, 14-4, allowed eight hits in 5 1-3 innings. Bob Stanley followed for 2 2-3 innings and Lee Smith struck out the side in the ninth. Bill Swift, 6-10, gave up six hits and four runs in 12-3 innings.

Yankees 11, Angels 7

Rickey Henderson and Dave Winfield had four hits apiece and drove three runs each in New York's 16-hit attack.

Henderson drove in two runs with a

seventh-inning single that gave the Yankees a 9-7 lead after the Angels had wiped out a 7-2 deficit.

Scott Nielsen, 1-0, pitched two innings of two-hit relief and Dave Righetti got his 19th save with 1 1-3 hitless innings.

Indians 11, Brewers 7

Joe Carter hit two solo home runs to break out of a 5-for-40 slump and Cory Snyder homered as Cleveland won its third straight.

John Farrell, 13-7, gave up five runs and eight hits in 7 1-3 innings, leaving after being hit with Mike Felder's liner. Mike Birkbeck, 8-6, gave up eight runs and eight hits in 4 1-3 innings, walking five.

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'Y' tennis tourney set August 26-28

A tennis tournament known as the Hereford YMCA Deaf Smith County, Dimmitt and Friona Tennis Tournament is scheduled Aug. 26-28 at the Hereford High School tennis courts.

Twenty-five divisions are planned for the tournament, including ones for elementary, junior high and high school students on Aug. 26-27, and adult divisions on Aug. 28.

Entry deadlines are 5:30 p.m. Aug. 23 for elementary, junior high and high school divisions, and 5:30 p.m. Aug. 25 for adult divisions. Entry fees are \$5 per event for YMCA members and \$7 per event for YMCA non-members.

Individuals in the first through sixth grades of the 1987-88 school year may enter the elementary divisions. Those who were in the seventh through ninth grades in the 1987-88 school year may sign up for the junior high divisions, and those in 10th through 12 grades last school year may participate in the high school divisions.

Entry limit will be three events.

High school students age 16 and older may enter adult "A" divisions. Matches will be best two out of three sets, using a four-point game, with a 12-point tiebreaker at six games all.

The tournament divisions are: men's "A" singles, men's "A" doubles, men's "B" singles, men's "B" doubles, women's "A" singles, women's "A" doubles, women's "B" singles, women's "B" doubles, mixed "A" doubles, mixed "B" doubles,

High school mixed doubles, high school boys' singles, high school boys' doubles, high school girls' singles, high school girls' doubles, junior high mixed doubles, junior high boys' singles, junior high boys' doubles, junior high girls' singles, junior high girls' doubles,

Elementary boys' singles, elementary boys' doubles, elementary girls' singles, elementary girls' doubles and elementary mixed doubles.

For more information, call the YMCA at 364-6990. Entry forms are available at the YMCA.

NFL exhibition standings

By The Associated Press				West		
AMERICAN CONFERENCE						
	W	L	T	Pct.	PF	PA
Indianapolis	2	0	0	1.000	45	28
Miami	1	2	0	.333	54	68
Buffalo	0	2	0	.000	22	37
New England	0	2	0	.000	44	61
N.Y. Jets	0	2	0	.000	33	47
Central						
Cleveland	2	0	0	1.000	36	13
Houston	2	0	0	1.000	40	23
Pittsburgh	2	0	0	1.000	65	47
Cincinnati	2	1	0	.667	59	54
West						
Denver	2	0	0	1.000	74	55
Kansas City	2	0	0	1.000	61	34
Seattle	2	0	0	1.000	37	20
San Diego	1	1	0	.500	30	48
L.A. Raiders	0	2	0	.000	27	51
NATIONAL CONFERENCE						
East						
N.Y. Giants	2	0	0	1.000	58	24
Dallas	1	1	0	.500	48	41
Philadelphia	1	1	0	.500	39	33
Washington	1	1	0	.500	58	54
Phoenix	0	2	0	.000	35	54
Central						
Chicago	1	1	0	.500	41	45
Minnesota	1	1	0	.500	48	44
Detroit	0	2	0	.000	23	29
Green Bay	0	2	0	.000	24	59
Tampa Bay	0	2	0	.000	10	43



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