

Inside today's Hereford Brand

**SPORTS** Herd ties one on No. 8 Estacado

**WEATHER**  
Fair, cooler  
for holiday

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TUESDAY, Nov. 20, 1990

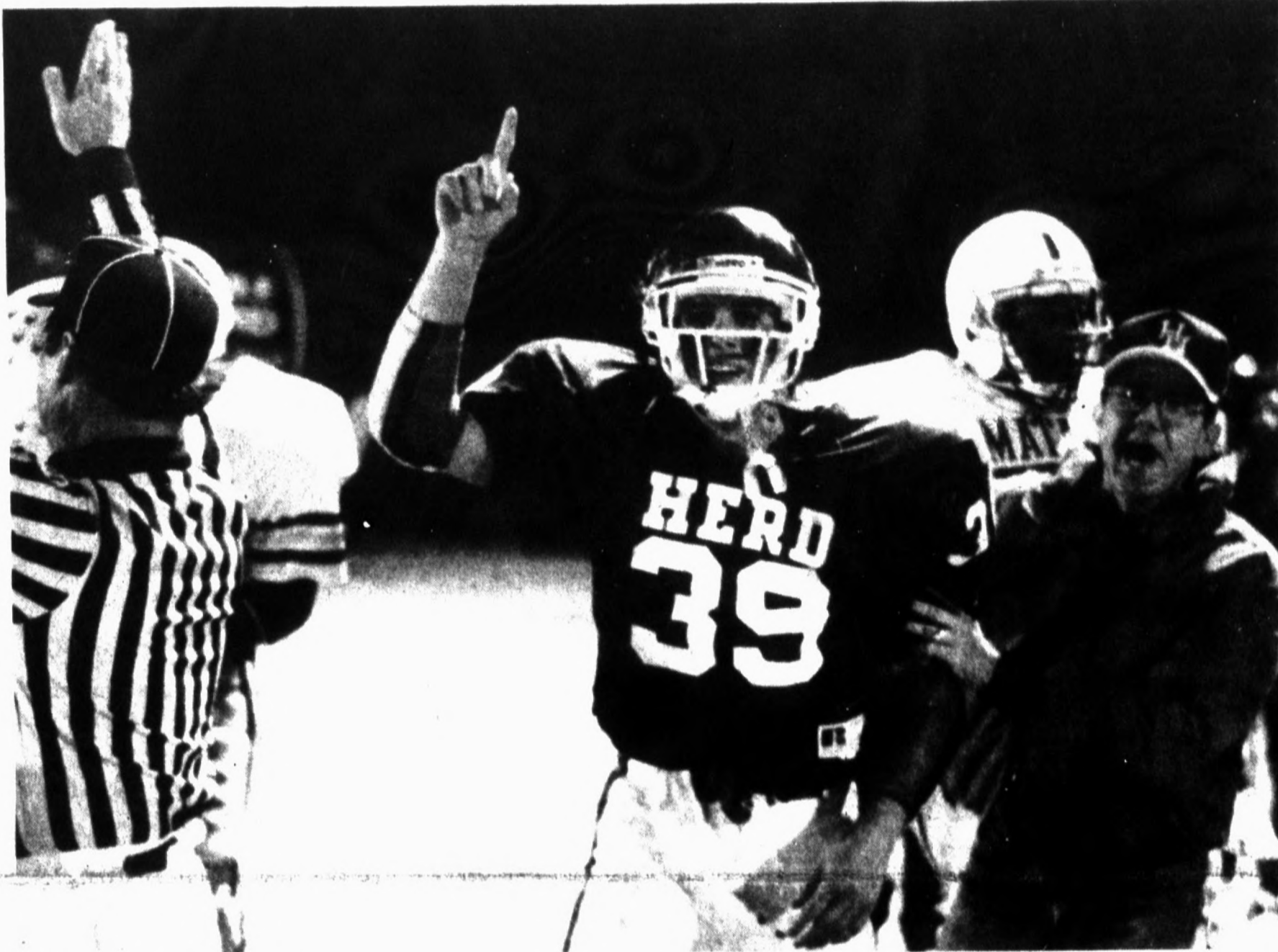
# The Hereford Brand

Hustlin' Hereford, home of Cody and Slade Hodges

90th Year, No. 101, Deaf Smith County, Hereford, Tx.

12 Pages

25 Cents



**Good work, son**

Terry Bromlow congratulates his son, Matt, after Matt intercepted a Lubbock Estacado pass with six second to play in the Herd's bi-district playoff game Saturday. Matt had downed the ball

and rolled out of bounds, ending up at his father's feet. The interception cemented a 14-14 tie, with the Herd advancing to the area round on the 20-yard-line penetration tiebreaker.

## City approves Amistad 'loan'

By DANEE' WILSON  
Staff Writer

The Hereford City Commissioners voted Monday to enter into a contract with the Amistad Housing Project Board for the paving of the east side of Texas Street.

Amistad budgeted approximately \$9,500 for the paving of the east side of the curb, gutter and paving will be about \$30,000, said Hereford City Manager Darwin McGill.

The board will pay the city the budgeted \$9,500 and enter into a contract to pay the remainder of the cost in four yearly payments. The contract will have a clause stating the full amount can be paid in full at any time. The Amistad board has made another loan application to Farmers Home Administration for the cost of paving and Amistad officials expect

the loan to be approved in the next six months, McGill said.

The item was added to the agenda at the last minute because the project is nearing completion and Amistad wants to start occupying the facility in December. A paving plan was needed before the city could issue a certificate of occupancy to the project.

In other business, the commissioners voted to participate in the solid waste management study by the Panhandle Regional Planning Commission (PRPC) for a cost of \$3,963.25. This cost will help the city develop a long range plan for solid waste management which is required by state law.

Commissioners also approved paying \$1,030.45 for Hereford's annual payment for membership to PRPC.

## Bush tries for support in Gulf action

PARIS (AP) - President Bush, attempting to overcome Soviet doubts, today renewed his behind-the-scenes search at the Paris summit for international agreement on use of military force against Iraq.

The 34 heads of state meeting here on the post-Cold War order scheduled a closed-door afternoon session to discuss the Persian Gulf crisis.

Meanwhile, the official Soviet news agency reported from Paris today that Bush and Soviet President Mikhail Gorbachev will hold a summit in Moscow early next year. Tass gave no details.

Bush asked Secretary of State James A. Baker to meet with Soviet Foreign Minister Eduard Shevardnadze later today, after his own session with Gorbachev the night before failed to produce a breakthrough.

The gulf crisis has overshadowed the unprecedented summit of the 34-member Conference on Cooperation and Security in Europe.

Hungarian Prime Minister Jozsef Antall told the summit today that members of the Warsaw Pact had agreed in principle on dissolving the Soviet-led alliance. He said he hoped this could be achieved by 1992.

"We are happy that the participating states of the (Warsaw Pact) have shown agreement over the dissolution of the military organization," he said.

Antall is the first Warsaw Pact country leader to talk about the complete demise of the pact and to offer a deadline. In the past, the leaders have spoken only of ending the Warsaw Pact's military function.

Against the backdrop of the conference, leaders held a flurry of meetings to discuss how best to get Iraq out of Kuwait. Gorbachev met with British Prime Minister Margaret Thatcher, who has advocated military action against Iraq. Thatcher also met with French President Francois Mitterrand, who like Gorbachev has counseled patience.

Bush was meeting with Turkish President Turgut Ozal. Turkey is letting American bombers use its airfields, but has expressed little enthusiasm about a military confrontation with its neighbor.

Bush is trying to rally support behind a new UN Security Council resolution that would authorize military action against Iraq, presumably if it does not end its occupation of Kuwait by a specified date.

Baker has been busy presenting the administration's case to the 15 members of the Security Council. Still, the administration has been having a hard time finding agreement on the language for such a resolution, especially given Gorbachev's reluctance to get on board.

During a picture-taking session with Bush Monday, Gorbachev was asked by reporters whether he favored force or patience toward Iraq.

"I think we all need patience," the Soviet leader replied, "but that does not mean that we are going to weaken or retreat" from earlier U.N. resolutions calling for an unconditional Iraqi withdrawal.

"We certainly will seek to resolve that situation and we must be firm in our position on that," he added.

Nonetheless, administration aides said today that the White House remains hopeful progress can be made toward the wording of a new resolution. But on the eve of Bush's visit to the Middle East agreement has yet to materialize.

After the 34-nation summit on European security wraps up on Wednesday, Bush will fly to Saudi Arabia for a Thanksgiving visit with troops deployed in the Persian Gulf region.

The gulf crisis was the chief topic in 2 1/2 hours of talks between Bush and Gorbachev during Monday's opening day of the summit called to discuss the future of Europe in the post-Cold War era.

## Home insurance rising

AUSTIN (AP) - Texans will face the largest increase in residential property insurance rates in at least 10 years under action taken by the State Board of Insurance.

The board on Monday approved increases that average 15.2 percent statewide. The new rates in Deaf Smith County will be 13.2 percent higher.

The new rates, which take effect April 1, mean property owners will pay about \$227.2 million more in premiums per year, officials said.

State Board of Insurance Chairman James Saxton said the increase was needed because of high claims from weather losses and declining property values.

During the early 1980s, homeowners' insurance rates decreased 13.8 percent because

premiums increased naturally along with rising property values, Saxton said.

But in the late 1980s, property values tumbled and rate increases are needed now to compensate for claims due to weather damage, he said.

"The average value of the home has actually declined so that necessitates an actual rate increase," Saxton said.

Under the 15.2 percent average increase for all residential lines, homeowners' insurance will jump an average of 15.8 percent.

A spokesman for the insurance industry, which wanted a 25 percent increase in homeowners' rates, said the increase approved by the board is not enough to stop the flood of insurers writing policies through unregulated companies.

"We've got to have an opportunity to earn a fair rate of return on our investment, and therefore we have got to have adequate rates," said Rick Gentry, regional vice president of the Insurance Information Institute.

Consumer representatives were unhappy with the new rates.

"We're basically disappointed. Homeowners across the state will have to pay more than they should have to pay," said Rod Bordelon, deputy public counsel for the state Office of Consumer Protection.

The consumer office had recommended an overall increase of 10.5 percent and 10.2 percent for homeowners.

State Rep. Betty Denton, D-Waco, said the board "has played a cruel April Fools' joke on the consumers of Texas."

## Insurance board staff is blasted

AUSTIN (AP) - State insurance officials are under fire from state legislators who fought for more than a year over reforming the workers' compensation system.

The workers' comp legislative oversight committee on Monday criticized the State Board of Insurance staff for recommending a 19.9 percent increase, or \$975 million in employer-paid workers' comp premiums.

The insurance industry wants an 18.8 percent increase, while the state Office of Consumer Protection has recommended a decrease of 0.6 percent.

## 'Keating 5' questioned again

WASHINGTON (AP) - The Senate Ethics Committee's attorney is ridiculing senators' claims that he invented ethical standards in suggesting they dealt improperly with savings and loan millionaire Charles H. Keating Jr.

"In this body, with all due respect, are your standards a double one?" special counsel Robert S. Bennett asked Monday. "Are you above everyone else?"

The ethics panel is holding its fourth day of hearings today into allegations that five senators improperly intervened with federal regulators on behalf of Keating, owner of the failed Lincoln Savings and Loan Association of Irvine, Calif.

Keating was a financial contributor to the senators' campaigns and favored causes. The collapse of his once-high-flying empire is estimated to cost taxpayers as much as \$2 billion to cover federally insured deposits.

Lawyers for the senators planned to resume questioning today of Gwendolyn van Paasschen, an aide

to Sen. John McCain, R-Ariz., who testified about her understanding of a critical April 2, 1987, meeting four of the senators held with top S&L regulator Edwin Gray.

She backed McCain's assertion that he refused to negotiate with Gray on behalf of Keating, a refusal that prompted Keating to call the senator a "wimp," according to testimony.

McCain is the lone Republican among the five senators. The others are Democrats Alan Cranston of California, Dennis DeConcini of Arizona, John Glenn of Ohio and Donald Riegle of Michigan.

Earlier Monday, DeConcini delivered a fiery, emotional defense of his own dealings, in the last of the five senators' opening statements.

Bennett followed with a rebuttal to the senators in which he directly challenged assertions by Cranston, DeConcini and Riegle that there were no ethical rules that prohibited their efforts on behalf of Keating, a constituent and contributor.

"The greatest deliberative body in the whole world - you can't hack

it under my standards?" Bennett said. "These are not my standards... These are your standards."

At issue is where the line falls separating appropriate help for a constituent from improper intervention with federal officials on behalf of a financial contributor.

DeConcini, angrily defending his honor and his political career, repeatedly referred to Bennett as "special prosecutor," not his correct title, and accused him of seizing on "rumors... lies... hearsay." Bennett was "tilting the facts," he said.

"I submit this is disgraceful. I submit there is a bias, and I think it is unconscionable," DeConcini said.

"To do other than dismiss the charges against me is unjust," DeConcini said. "I broke no law. I broke no rule. I broke no standard. I committed no improper conduct... There's been no unethical conduct by this senator."

DeConcini also complained that he had been treated more harshly by Bennett than McCain, his Arizona

colleague, and said the relationship between Bennett and McCain was "kind of cozy."

DeConcini also denounced the citizens' group Common Cause, whose original complaint against the senators sparked the ethics probe. He said fund-raising was the group's primary motive in bringing the complaint and suggested Bennett should have scrutinized its intentions.

"The issue in this case is not me," Bennett replied. "It is not Common Cause. The issue in this case is the conduct of the senators. That is what has brought them here."

At one point, DeConcini invoked the name of Mother Teresa, the nun who won the Nobel Peace Prize for her help with the poor. He said Keating once was a substantial donor to her, and that when DeConcini once met Mother Teresa she asked how Keating was.

Only Riegle and DeConcini attended Monday's session, and Riegle left after DeConcini finished speaking.

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# Page Two

## Local Roundup

### Police arrest eleven

Eight persons were arrested over the weekend by Hereford police, including two men, ages 21 and 36, for driving while intoxicated; a woman, 24, and two men, 33 and 43, for public intoxication; a woman, 28, and a man, 32, for second offense no liability insurance; and a man, 25, at U.S. Highways 60 and 385 for no driver's license, following another vehicle too closely and failure to restrain a child under two in a child safety seat in connection with an accident on Sunday evening.

Reports over the weekend included criminal mischief in the 100 and 200 blocks of Fir, 100 block of Ave. C, 200 block of Kibbe, and in the 200 block of Northwest Drive; theft in the 600 block of S. 25 Mile Ave., 700 block of 13th, 100 block of W. Park and S. Main and Austin Road; Class C assault and criminal trespass in the 600 block of Irving; harassment by phone; a prowler in the 300 block of Sunset; civil standby in the 900 block of S. McKinley; and aggravated assault in the 300 block of S. McKinley.

Police issued 36 citations and investigated two minor accidents over the weekend.

On Monday three persons were arrested, including a man, 22, for unregistered vehicle, no driver's license and no insurance; a man, 22, for allowing a child to ride in the open bed of a pickup and failure to appear, and a man, 50, for driving while intoxicated.

Reports included theft of tools in the 200 block of Douglas; assault charges are pending against several youths for an incident in the 700 block of La Plata; attempted burglary in the 300 block of N. 25 Mile Ave.; criminal mischief in the 400 block of Douglas; damage to a tire in the 400 block of Union; \$800 damage to a car from children throwing sugar beets at it; hubcaps taken from a vehicle in the 300 block of Miles; and injury to a child in the 200 block of Ave. H.

Police issued 13 citations Monday.

### DSGH board meets tonight

The Deaf Smith County Hospital District board of directors will meet at 7:30 p.m. today at Deaf Smith General Hospital.

The agenda includes medical staff, administrator's and operations reports; endowment fund; temporary physician; ambulance service; workers compensation; record management; and an executive session.

### Pep rally is Saturday

A send-off pep rally will be held for the Hereford Whitefaces at 1 p.m. Saturday at Whiteface Stadium.

All Herd boosters are urged to attend.

### Cooler weather for weekend

Tonight, mostly cloudy and mild. Low in the upper 40s. Southwest wind 10 to 20 mph.

Wednesday, decreasing cloudiness. High in the upper 70s. West wind 10 to 20 mph and gusty.

The Thanksgiving Day forecast, partly cloudy and cooler. High in the mid 50s, low in the mid 30s.

The extended forecast for the holiday weekend is for partly cloudy and cooler weather, with highs around 55 and lows in the low to mid 30s.

This morning's low at KPAN was 48 after a high Monday of 77.

### Brand to adjust schedules

The Hereford Brand will not publish a newspaper on Thursday, one of the Brand's declared holidays for the year. The Brand will combine its Wednesday and Thursday issues.

Persons who have reports for inclusion in the Friday or Sunday editions of the Brand should submit those as soon as possible. Deadline for classified advertising for Friday's Brand will be 9 a.m. Friday.

## News Digest

### World, National

PARIS - President Bush is seeking a tougher stand against Iraq in summit diplomacy, but Soviet leader Mikhail Gorbachev is counseling patience as Iraq announces a huge troop buildup.

LONDON - Prime Minister Margaret Thatcher faces the toughest challenge yet after 11 1/2 years in power as Conservative Party lawmakers vote on whether to replace her as party leader.

WASHINGTON - The Senate Ethics Committee's attorney is ridiculing senators' claims that he invented ethical standards in suggesting they dealt improperly with savings and loan millionaire Charles H. Keating Jr.

ATLANTA - Hoping to curb violence in the nation's crime capital, Atlanta imposed the strictest curfew on youngsters since the Atlanta child murders of the 1980s, threatening to jail parents if their children get caught.

NEW YORK - Can cobblestone survive in the asphalt jungle? That issue, and those surfaces, have divided a historic block and left the street a half-cobbled, half-paved patchwork of ruts and potholes.

### Texas

SPACE CENTER - Atlantis' astronauts, forced to stay aloft because of high winds at the Mojave Desert landing site, awaited better weather this afternoon.

AUSTIN - Texans will face the largest increase in residential property insurance rates in at least 10 years under action taken by the State Board of Insurance.

HOUSTON - A study has demonstrated that lean beef can be safely substituted for poultry or fish in a low-cholesterol diet, but the nutritionist who did the study cautioned that doesn't mean burgers and chicken-fried steak.

DALLAS - Greyhound Lines Inc. has tied its bankruptcy reorganization to a dispute with the National Labor Relations Board over treatment of its striking drivers.

HOUSTON - Former Gulf Oil of Pittsburgh employees who lost their jobs during a two-year merger with Chevron Corp. will receive pension benefits as terms of a partial settlement to a class-action lawsuit against the San Francisco-based petroleum company.

BROWNWOOD - John Harris, producer of the Harris Rating System for ranking high school football teams in Texas, is accused of trying to hire a hitman who allegedly reneged on a football bet.

CIUDAD JUAREZ, Mexico - The return of protesters angry over recent toll hikes brought riot police and soldiers carrying tear gas and weapons to the international Paso del Norte Bridge.

AUSTIN - Southwestern Bell Telephone Co. disputes consumer group charges that it's over-collecting more than \$1 million a day from ratepayers, saying that estimate leaves out legitimate expenses.

AUSTIN - State insurance officials are under fire from state legislators who fought for more than a year over reforming the workers' compensation system.

DALLAS - County Commissioner John Wiley Price and Dallas police officer Robert Bernal met face-to-face for the first time since their Nov. 5 altercation that heightened racial unrest in the city.

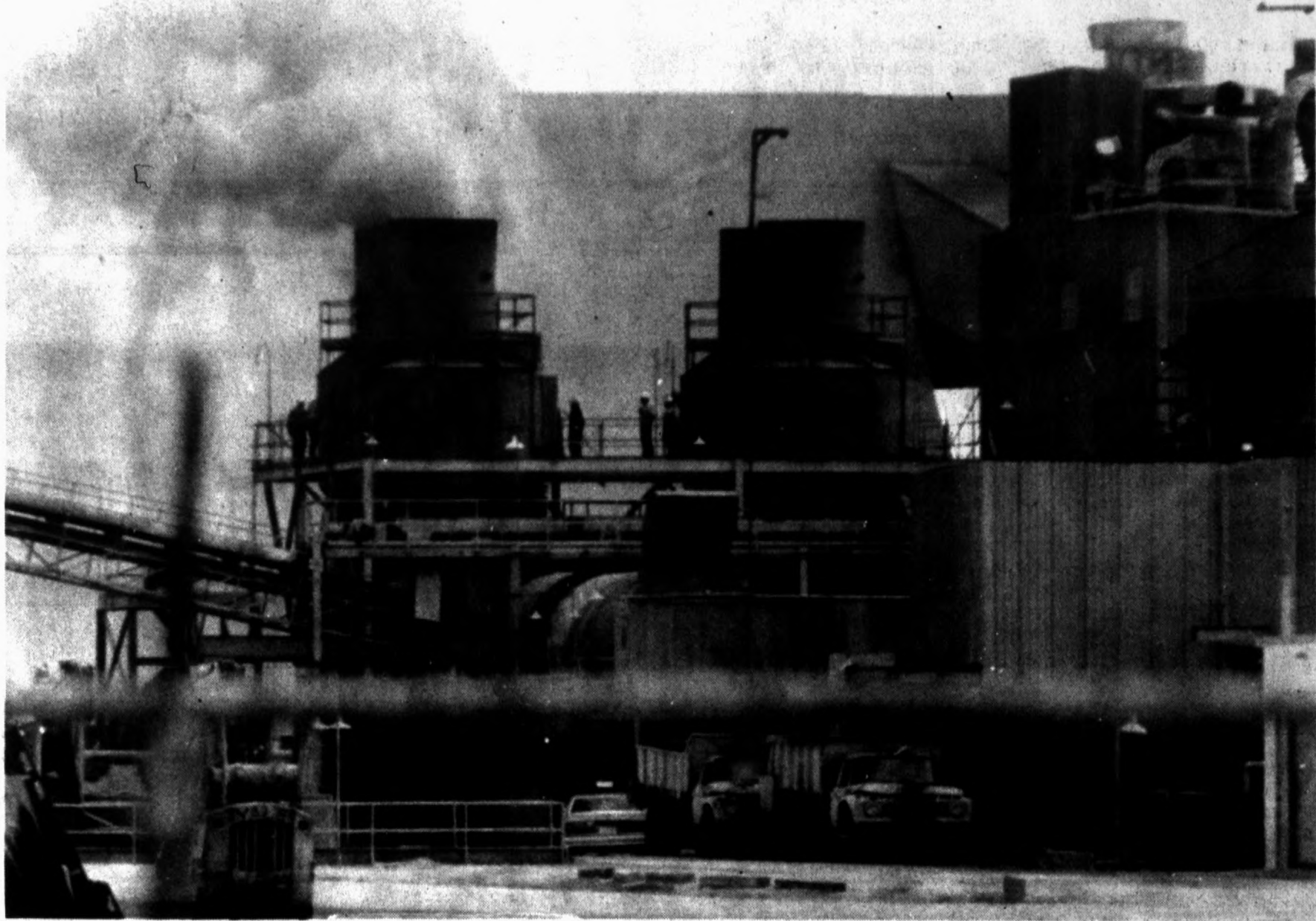
## New Arrivals

Mr. and Mrs. Miguel Hernandez are the parents of a son, Miguel Angel, born Nov. 14, 1990.

Mr. and Mrs. David Diaz are the parents of daughter, Britany Desiree, born Nov. 16, 1990.

Mr. and Mrs. Ben Ojeda are the parents of a son, Daniel Francisco, born Nov. 18, 1990.

Mr. and Mrs. Herman Lopez are the parents of a son, John Mark, born Nov. 18, 1990.



### Damage light in Holly fire

Smoke pours from a beet pulp dryer on Monday afternoon at Holly Sugar in Hereford. Damage was minimal and the plant, which has been operating a full steam, had no slowdown from

the fire, which was contained by plant and Hereford Volunteer Fire Department personnel. Firefighters can be seen on the catwalk around the tank.

## Study shows beef part of lean diet

HOUSTON (AP) - A study has demonstrated that lean beef can be safely substituted for poultry or fish in a low-cholesterol diet, but the nutritionist who did the study cautioned that doesn't mean burgers and chicken-fried steak.

Lynne Scott, assistant professor at the Baylor College of Medicine in Houston, said her study of 46 men

with borderline high cholesterol found that lean beef can be as effective as lean chicken or fish in a low-cholesterol diet.

"There's no reason that they couldn't eat beef as long as they stipulate it is a very lean beef in a low-fat diet," Ms. Scott said. "It must be with that stipulation, however. Otherwise, immediately

people start thinking of hamburgers, lasagna and chicken-fried steak and that's not what we're talking about."

The study findings will be published in the January edition of Nutrition, Metabolism and Cardiovascular Disease journal, Ms. Scott said. Last week, she presented her findings in an abstract at the American Heart Association's 63rd annual convention

in Dallas. Ms. Scott put the 46 men, whose cholesterol levels were between 200 and 250 milligrams per deciliter of blood, on the low-fat, low-cholesterol diet recommended by the American Heart Association. That diet has less than 30 percent of calories derived from fat and less than 10 percent from saturated fat.

## Obituaries

### BENNIE TUBBS JR. Nov. 16, 1990

Bennie Tubbs Jr., 68, of Littlefield died Friday, Nov. 16, 1990. Among his survivors is a sister, Ethel Frison of Hereford.

Services were held Monday at New Jerusalem Baptist Church with the Rev. Bob D. Baldwin officiating. Burial was in the Littlefield Cemetery under the direction McCarty Funeral Home.

He was born in Buffalo and was a longtime resident of Littlefield. He served in the Navy during World War II. He was preceded in death by his parents, three sisters and a brother.

Survivors include two sisters, Ethel Frison of Hereford and Beulah Lewis of Crosbyton.

### JULIA MAE HAWKINS Nov. 17, 1990

Julia Mae Hawkins, 87, of Muleshoe died Saturday, Nov. 17, 1990. Among her survivors is a daughter, Alene Tindal of Hereford.

Services were held today at 2 p.m. in the First Assembly of God Church with the Rev. Dean Reid, pastor, and the Rev. Mike Doyle, pastor of the Spanish Assembly of God Church, officiating. Burial was in Muleshoe Memorial Park by Ellis Funeral Home.

Mrs. Hawkins, born in Itasca, had lived in Muleshoe 61 years. She was a homemaker. She married Frank M. Hawkins in 1921 at Childress. He died in 1983. A daughter, Melva Raye Carmickle, died in April. Mrs.

Hawkins was a member of the First Assembly of God Church in Muleshoe.

Survivors include five sons, Delbert Hawkins of Dallas, Wesley Hawkins and Eugene Hawkins, both of Muleshoe, Laroy Hawkins of Lubbock and Richard Hawkins of St. Petersburg, Fla.; three daughters, Alta Gates of Phoenix, Ariz., Alma Crim of Muleshoe and Alene Tindal of Hereford; a sister, Bobbie Daughtry of Mesquite; three brothers, Glen Smith of Dallas, Durward Smith of Fresno, Calif., and Gordon Smith of Deming, N.M.; 24 grandchildren; 38 great-grandchildren; and five great-great-grandchildren.

### MAE MILLER Nov. 18, 1990

Mae Miller, 81, of Hereford died Sunday, Nov. 18, 1990, at Country Club Nursing Home in Amarillo.

Graveside services were held at 11 a.m. today at West Park Cemetery with the Rev. Harlan Resch of Country Road Church of God officiating. Arrangements were made by Rix Funeral Directors of Hereford.

Mrs. Miller had lived in Hereford 24 years, moving from Amarillo. She was a homemaker and a member of First United Methodist Church. She married Harvey "Buz" Miller on Sept. 10, 1967. He died June 12, 1986.

Survivors include two sons, Earl Dean Rackley of Parker, Ariz. and Jimmy Ray Rackley of Morton; a daughter, Dorothy Miller of Amarillo; two sisters, Leora Lewis of McFarland, Calif. and Ola Rae Butler of Nevada; and eight grandchildren.

## Hospital Notes

### HOSPITAL NOTES

Joe M. Contreras, Luis Fernandez, Gail George, Aurora Guerrero, Venancia Lopez, Infant Boy Lopez, Clara Neumayer, Cindy C. Pesina, Infant Girl Pesina, Katherine Leavina Polan, Eulalia Quiroz, Lorraine Stokesberry, Cynthia Ureste, James R. Varner and Ester Walker.

### THE HEREFORD BRAND

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John Brooks Managing Editor  
Muel Montgomery Assistant Editor  
Charles Brantley Circulation Mgr.

## Consumers call for lower telephone rates

AUSTIN (AP) - Southwestern Bell Telephone Co. disputes consumer group charges that it's over-collecting more than \$1 million a day from ratepayers, saying that estimate leaves out legitimate expenses.

"The groups that have been making these kind of million-dollar-a-day allegations would delete from our legitimate expenses such things as research and development ... We disagree completely with all of their figures," said company spokesman Bob Digneo.

The state-paid lawyer for residential and small commercial ratepayers accused Southwestern Bell Monday of overcharging customers by \$1 billion in the 22 months its rate case has been before the Public Utility Commission.

Backed by groups including Consumers Union and a coalition of 103 cities, C. Kingsley Ottmers stepped up the call for the PUC to reject a proposed settlement of the case.

The consumer groups say the PUC should reduce Southwestern Bell's rates by at least \$392 million a year right away, including a reduction in basic local service rates. The proposed settlement would freeze

those basic rates.

"What is the response of (PUC's) general counsel and Southwestern Bell to this situation? They've told ratepayers either take the crumbs we've offered you, or continue the over-collections while we hold new hearings," Ms. Ottmers said.

The PUC general counsel, Bob Rima, is among parties that support the proposed Southwestern Bell rate case settlement. Ms. Ottmers contended at a news conference that Rima instead should join the call for temporary rates.

Rima said if the settlement is rejected by the PUC, he would resume a plea that Southwestern Bell's current rates be made temporary. That could allow any overcharge to be refunded at the conclusion of a full-blown rate case.

Ms. Ottmers wants telephone rates to be reduced at least temporarily, until such a rate case is concluded. The telephone company says the law does not provide for interim rates in a case like this one, which was initiated by the PUC rather than the utility.

Southwestern Bell says the proposed settlement would be worth \$1.2 billion to customers over four years, but consumers say the annual

revenue reduction to Southwestern Bell is far less, at \$73 million a year.

Rima said the benefit to customers doesn't exactly match the cost to Southwestern Bell, noting that the company could stimulate business by lowering costs.

He said there were mistakes in the \$73 million figure. Without increased business, he said, the settlement cost to Southwestern Bell would be more than \$1.1 billion.

Two PUC administrative law judges have said that Southwestern Bell failed to show why its rates shouldn't be lowered further. They have advised the three commissioners to reject the settlement when they consider it on Nov. 28.

The proposal would lower access charges to long-distance companies and cut the cost for touch-tone service. It calls for service improvements and increased investment in the network.

There also would be \$87.5 million in immediate customer credits if the settlement is approved by the PUC.

Ms. Ottmers and the cities also charged that they weren't adequately represented in the negotiations process. Southwestern Bell and Rima disagreed.

# Life!

## "Festive Foods" topic at study club meeting

"Festive Foods" was the program topic when Bay View Study Club met in the home of Mrs. Don Graham Thursday afternoon. Assisted by her niece, Karen Britting of Friona, Mrs. Graham prepared and served samples of a wide variety of holiday recipes.

Included in the presentation were such foods as spiced apple juice, oyster cracker appetizers, Santa Fe soup, a hot Italian style sandwich, carrot nut bread, 6-in-1 cookies and upside down gingerbread. Commentary on cooking in general accompanied the demonstrations and serving.

The memorial committee announced that a set of Jane Austen books has been placed in the Bay View Room at the Deaf Smith County Library as memorials for Mary Morrow and Charlie Holt.

The club voted to donate to the

Empty Stocking Fund which is one of the club's traditional projects.

On Dec. 8, Bay View members and their guests will attend the Nutcracker Suite ballet in Amarillo as its holiday meeting. At present, 56 persons have tickets to attend the performance.

Mrs. Austin Rose received special commendation for preparing the club yearbooks, a task she has done for a number of years.

Welcomed as a new member of the club was Mrs. Darwin McGill.

Attending the meeting were Meses. Wesley Fisher, Dudley Bayne, Charles Bell, J.A. Burran, Alton Fraser, D.N. Garner, Graham, N.C. Hays, Robert Josseland, Earnest Langley, Juston McBride, McGill, Rose, Milton Rudder, Paul Scott, J.R. Allison, Howard Gault and W.J. Gililand.



### Candy sale continues

Camp Fire volunteer Tina Tijerina distributes Camp Fire candy to Kali Hall and Tallee McDowell to be sold during the annual candy sale which concludes Nov. 26. Proceeds will be used by the Camp Fire Council to help fund various Camp Fire programs.

## Ovarian cancer risk increases with age

Today American women are living longer than ever before. But as the average age of women increases, so do the risks of developing serious diseases, including cancer. This year in the United States, 520,000 women are expected to be diagnosed with cancer.

One of the most serious cancers affecting women is ovarian cancer. Cancer of the ovary accounts for only four percent of all cancers among women (approximately 20,500 new cases in 1990), but causes more deaths (12,400) than any other reproductive system cancer.

The risk for ovarian cancer increases with age. The disease most often occurs in women over 60. Women who have never had children are at higher risk, as are women who have had breast or endometrial cancer.

Oral contraceptives appear to offer protection against this reproductive system cancer. Studies have shown that the risk of ovarian cancer is reduced 10 to 50 percent among

women who use birth control pills, perhaps because they create a hormonal balance similar to that of pregnancy.

Early detection of ovarian cancer is difficult because the signs and symptoms of the disease usually don't occur until late in the disease. That is why it is important to have regular pelvic exams. When symptoms appear, they can include abdominal swelling, lower abdominal discomfort, a feeling of fullness, indigestion and nausea.

To diagnose ovarian cancer, doctors first perform a thorough physical examination and then use various tests depending upon the woman's symptoms and result of the physical exam. Some of the tests used include blood and urine tests, ultrasound, X-ray examination and laparotomy—an operation in which the doctor makes an incision in the abdomen and removes any abnormal-looking fluid or tissue for examination.

Ovarian cancer may be treated by surgery, radiation, or drugs, or a combination of these therapies. Patients usually have surgery to remove the ovaries and, in most cases, the fallopian tubes, and uterus. After surgery, drug treatment (chemotherapy) or radiation or both may be given to treat any remaining cancer.

Cancer researchers are continuing to search for better ways to prevent, detect, diagnose and treat this deadly disease. Hopefully, the studies underway now will bring us answers to the many questions about ovarian cancer and will help improve treatment of patients with the disease.

## Park board meeting Wednesday

Veterans Memorial Park board members will hold a meeting at the American Legion Hall Wednesday at 8 p.m.

The purpose of the meeting will be to elect a board member and other small business will be discussed.

All American Legion and Veterans of Foreign War members are welcomed to attend.



The young of an eel is called an elver.

The largest fish ever caught by rod and reel was a white shark that weighed over 2,500 pounds!

## Music Study Club discusses convention

The Music Study Club, a member of Texas Federation of Music Clubs, met recently in the home of Mrs. Thomas Betzen and discussed the District I Convention held at the Hereford Country Club.

All District I conventions will take place in Amarillo in the future. District I newly elected officers are Mrs. John Bayless, president; Mrs. Carl Wimberly, vice president; Mrs. Don Logsdon, recording secretary; Mrs. J.B. Caraway, treasurer; Mrs. John Yoes, corresponding secretary; and Mrs. Forrest Stockdale, historian.

Hereford Music Study Club provided a performing arts program which included Dr. Duffy McBrayer, tenor singing selections written by Carlie Burdett and accompanied by Linda Gilbert. Students performing were Candi Pankey, Vanessa Gonzalez, Jo Jo Lytal, Beth Weatherly and Greg Coplen.

Mrs. Sid Shaw served as co-hostess and read appreciation notes from Mrs. Joe Reinauer Sr. and Mrs. John Bayless. Mrs. A.J. Schroeter gave the treasurers report.

For the close of the meeting, Mrs. Duffy McBrayer led the members in a study of American Operetta featuring Oscar Hammerstein II and Richard Rogers.

A medley from "The King and I" was sung by Linda Gilbert, Mrs. Pat Woodard and Mrs. Sid Shaw as Mrs. Johnny Trotter accompanied on the piano. Woodard also sang a medley that concluded with "Something Wonderful" from "The King and I."

"I Could Have Danced All Night" and "On the Street Where You Live" from "My Fair Lady" was sung by Meses. J.B. Caraway, Wes Fisher, Doug Manning, Cliff Skiles, Frances Parker, and Bill Brady as Mrs. Thomas Betzen accompanied on the piano.

The next meeting will be held Dec. 10 at 1:30 p.m. in the Community Center.

Members present were Meses.

Donald J. Meyer, Shaw, Bradly, Fisher, Woodard, McBrayer, Trotter, Parker, Manning, Betzen, Skiles, Mary B. Carter, Schroeter, Carmichael, J.D. Neill, and Caraway.

## Higgins speaks to club women

Edith Higgins, president of the North Hereford Extension Homemakers Club, spoke on "America is Great Because America is Good" at the recent meeting held at Sirlain Stockade.

Martha Lueb gave a reading on "Simple Things" by Beverly J. Anderson and roll call was answered by stating a water conservation habit.

Members were reminded of the Southwestern Public Service candy making class on Nov. 27 at 7 p.m. and the council Christmas party and noon luncheon on Dec. 3 at the library.

The next meeting will be the Christmas party on Dec. 20 in the home of Edith Higgins.

Members present were Higgins, Lueb, Naomi Brisendine, Marcella Hoffman, and Evelyn Crofford.

### LOTS OF VISITORS

ORLANDO, Fla. (AP) - What's the second biggest tourist attraction in Orlando, Fla.?

According to the Belz Factory Outlet World, the shopping center drew more than 9 million people in 1989, second to Disney World.

The shopping center offers special events, including a carousel for children to ride while parents shop, along with discount prices on name-brand merchandise.

## Book drive concludes Thursday

A book drive to benefit the new library at Community Christian School is currently underway. It will conclude Thursday.

Anyone wishing to donate books appropriate for children in first through 12th grades is asked to call the school at 364-8866 or Gail Blain at 364-4513 to make arrangements for pickups. Books may also be brought to the school during the week.

Periodicals such as the National Geographic would also be appreciated.

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# SPORTS

## Herd penetrates deeper into playoffs

By SAM WALLER  
Sports Editor

Seventeen years later and they're still tied.

But it didn't really matter to the Hereford Whitefaces (5-4-2) Saturday as they advanced past Lubbock Estacado (8-1-2) in a Bi-District playoff at Whiteface Stadium.

The game was the first playoff at home for the Herd since 1973, when El Paso Coronado tied the Whitefaces 7-7 and advanced on penetrations. This time it was the Whitefaces with the tie-breaker edge as they advance to this week's Area playoff against Big Spring on penetrations, 5-2.

Hereford also held the advantage in the second tie-breaker, first downs (12-9), and also the third, total yards (241-161). And Herd coach Don Cumpton probably had a two-headed coin ready if things had gone that far.

In a game dominated by hard-hitting defenses and time-consuming rushing games, it was something of an anomaly that all four touchdowns came through the air.

Estacado quarterback Zebbie Lethridge came off the bench to direct the Matadors' first scoring drive late in the first half, hitting Robert M. Johnson from 16 yards out for a touchdown on his first pass. Lethridge added another scoring toss of 2 yards to Louis Kelley Jr. on a busted play to put the Mats back in the lead in the third quarter.

Hereford quarterback T.J. Head also had a good night passing, completing five of 10 for 98 yards and two scores. Head hit Art Allemand for a 37-yard TD on the Herd's first possession of the second half to tie the game and then found Chad Brummett all by himself in the endzone with 7:16 left in the game to tie the score again.

Cumpton said both teams may have left themselves open to the pass by concentrating on stopping each others' vaunted ground games.

"Both teams played awfully well defensively," he said. "We felt like we were pretty good on defense and we knew they were pretty good. It was pretty much a defense-oriented game. Both teams left themselves a little bit vulnerable to the pass.

"I thought we threw and caught the ball really well. We made some big plays passing.

"We talked a little bit about that at half that we needed to loosen them up and throw a little bit. Our kids executed what we asked them to do. I was awfully proud of them. They battled and fought for 48 minutes and that's all you can do. Most of the time when you do that, you're going to



### Stuffed Matador

Hereford whiteface defensive tackle Santos Liscano (77) and friends put the wraps on a Lubbock Estacado Matador during Saturday's Bi-District playoff at Whiteface Stadium. The Herd came out a winner.

The game started out as a punting duel with the Herd kicking the ball away four times and the Mats three. Estacado got the benefit of a strong breeze to set up the first touchdown when Albert McBride got off a 57-yarder to pin the Herd at its own 4. Hereford could not make a first down and Matt Bromlow's 29-yard boot coupled with Natrieon Johnson's 11-yard return gave the Mats the ball at the Herd 28.

Estacado needed five plays to reach the endzone on Lethridge's pass

and took a 7-0 lead with just 1:20 left in the half.

The Herd had a chance to score in the first half with an 11-play drive to the Matador 8, but the Mats stiffened and Jesus Gonzales was wide to the right on only his second field goal attempt of the season.

Hereford started getting the breaks it needed in the second half, holding the Mats inside the Estacado 20 and forcing a punt into the wind. The Herd gained a first down in two plays before Allemand broke away from two defenders for a 37-yard score on

advanced to this week's Area round with a 5-2 edge in penetrations after the game ended in a 14-14 tie.

the Herd's third play of the half.

The Mats came right back to regain the lead as Patrick Williams, who finished as the game's leading rusher with 86 yards, broke loose for gains of 21 and 53 yards to put the ball at the Herd 2. Hereford stopped two running plays and appeared to have a third snuffed when Lethridge and tailback Robert J. Johnson

collided on a handoff. Lethridge kept the ball and circled back to the left to find Kelley in the endzone. McBride missed the PAT kick, but an offside penalty on the Herd gave him a second chance, which he nailed.

The Mats got the ball back after Bromlow boomed a punt for 53 yards and converted on fourth-and-inches at their own 28 after a holding penalty

wiped out a 41-yard run to the Herd 37-yard line.

Three plays later brought up another fourth down at the 38 and the Mats lined up to punt. The snap went directly to Williams at upback, but he was stuffed for no gain by Monroe Timberlake and Mark Daniel.

Estacado coach Louis Kelley said the play was probably the turning point in the game.

"We made the decision to go for it on the punt and we shouldn't have," he said. "We've never done that before, but it's part of it, I guess.

"I really think when we didn't punt when we should have - and at least got the ball 30 more yards down the field and make them come on - we gave them a little life right there. I think that really hurt us."

Hereford took advantage of the opportunity and chewed up four minutes, 47 seconds of the fourth quarter before Head hit Brummett with the tying score. The Herd got another huge break in the drive when Taje Allen

(See HERD, Page 5)

### Game Summary Herd 14, Estacado 14

Estacado	0	7	7	0	-14
Herd	0	0	7	7	-14

E-Robert M. Johnson 16 pass from Zebbie Lethridge (Albert McBride kick)

H-Art Allemand 37 pass from T.J. Head (Jesus Gonzales kick)

E-Louis Kelley Jr. 2 pass from Lethridge (McBride kick)

H-Chad Brummett 20 pass from Head (Gonzales kick)

	Estacado	Herd
First Downs	9	12
Yards Rushing	126	143
Yards Passing	35	98
Total Yards	161	241
Comp-Att-Int	4-10-1	5-10-1
Punts-Avg	5-37.8	4-36
Fumbles-Lost	4-1	2-1
Penalties-Yards	6-35	5-40
Time of Possession	26:22	21:38

### INDIVIDUAL STATISTICS

**RUSHING**-Hereford: Matt Bromlow, 23-73; Leo Brown, 5-38; Greg Urbanczyk, 7-18; T.J. Head, 7-14. Estacado: Patrick Williams, 11-86; Robert J. Johnson, 22-65; Zebbie Lethridge, 2-5; Robert M. Johnson, 1-0; Natrieon Johnson, 1-(-3); Albert McBride 1-(-5); Jamie Johnson, 4-(-22).

**PASSING**-Hereford: Head, 5-10-1-98. Estacado: Lethridge, 3-5-0-27; Jamie Johnson, 1-3-0-8; McBride, 0-2-1-0.

**RECEIVING**-Hereford: Derek Mason, 2-29; Art Allemand, 1-37; Chad Brummett, 1-20; Leo Brown, 1-12.

## Area tickets go on sale today

Tickets for the Hereford vs. Big Spring area playoff game will be available today, Wednesday and Friday at Troy's Sweet Shop in

Hereford. Tickets are \$5 for adults and \$2 for students, if purchased in advance. All tickets sold at the gate Saturday night

will be \$6 per person. Hereford will be the visiting team and fans will sit on the east side (across from the press box).

## Game one of best ever

By JOHN BROOKS  
Managing Editor

In the list of "miracle" wins by the Hereford Whitefaces in recent years, Saturday's 14-14 tie with Lubbock Estacado may not be at the top of the list.

"But it doesn't take long to call the roll to get there," said Hereford coach Don Cumpton on Saturday night, asked how the game compared with the wins over Plainview, Cleburne, Sweetwater and others.

The Herd, now 5-4-2, earned the right to advance in the playoffs by virtue of a 5-2 edge in penetrations.

The Herd had rallied to 14-14 with a pass to Chad Brummett with 7:16 left in the fourth quarter. Cumpton knew a successful PAT kick by Jesus Gonzales would likely sew up a "win" for the Herd.

"We never really thought about going for two," Cumpton said. "We just wanted to check with the officials to see how we stood on penetrations and first downs." The Herd went ahead on penetrations, 3-2, on the drive, and had a sizable edge in first downs.

Gonzales kicked the PAT, and the Herd had the "win" over the No. 8 team in the state.

The Herd had to stymie a couple of Estacado possessions late in the game, and Matt Bromlow, who had been bottled up all night, cemented the win with an interception of an Estacado halfback pass. Bromlow ran all over the field before falling to the turf to maintain possession with six seconds left.

"I thought one of their players was beating on me," Bromlow said. Instead it was his dad, Terry, who

saw the game from the sideline who was congratulating his son. Matt just happened to roll out of bounds at his dad's feet.

None of that would have meant much without touchdown passes from T.J. Head to Art Allemand in the third quarter and to Chad Brummett in the fourth quarter.

Allemand, a lineman trapped in a wide receiver's body, is kidded about his lack of speed. In the first half Saturday night, he had just enough speed to get across the goal line on a 37-yard touchdown pass. Had Allemand needed 38 yards, he would likely be only a "score was set up by" instead of the scorer.

"I could feel them (Estacado defenders) back there behind me," Allemand said. "I'm not the fastest guy on the team and I'm just glad I got in the end zone. It was a great pass, right there where I wanted it, and I just turned on what little jets I have and scored."

"That was the option pass," said Head. "I went down the line and they bit real hard on the option, so I looked up and Artie was wide open. He did a great job."

How good did it feel for Allemand?

"It feels tremendous," Allemand said. "And we get another shot at Big Spring. I hope we go down there and have as good a game or better. That would be great."

Brummett's catch was his first for points this season on a pass route that Herd doesn't use that regularly. It's a stop-and-go route that Pat Mercer ran two seasons ago in the Herd's wild win over Lubbock Dunbar.

Brummett, from his wide-out position, went about five steps down the field, stopped like he was going to turn inside, then ran on down the field. The defensive backs bit hard on his fake. All Brummett had to do was catch the ball.

"The ball was perfect, but it seemed like it took as long as the season for it to get there. Everything was in slow motion," Brummett said. "I still feel great (almost an hour after the game), and I'd feel great even if I hadn't scored the winning touchdown. Just to be part of this, wow, I'm just glad we pulled it off."

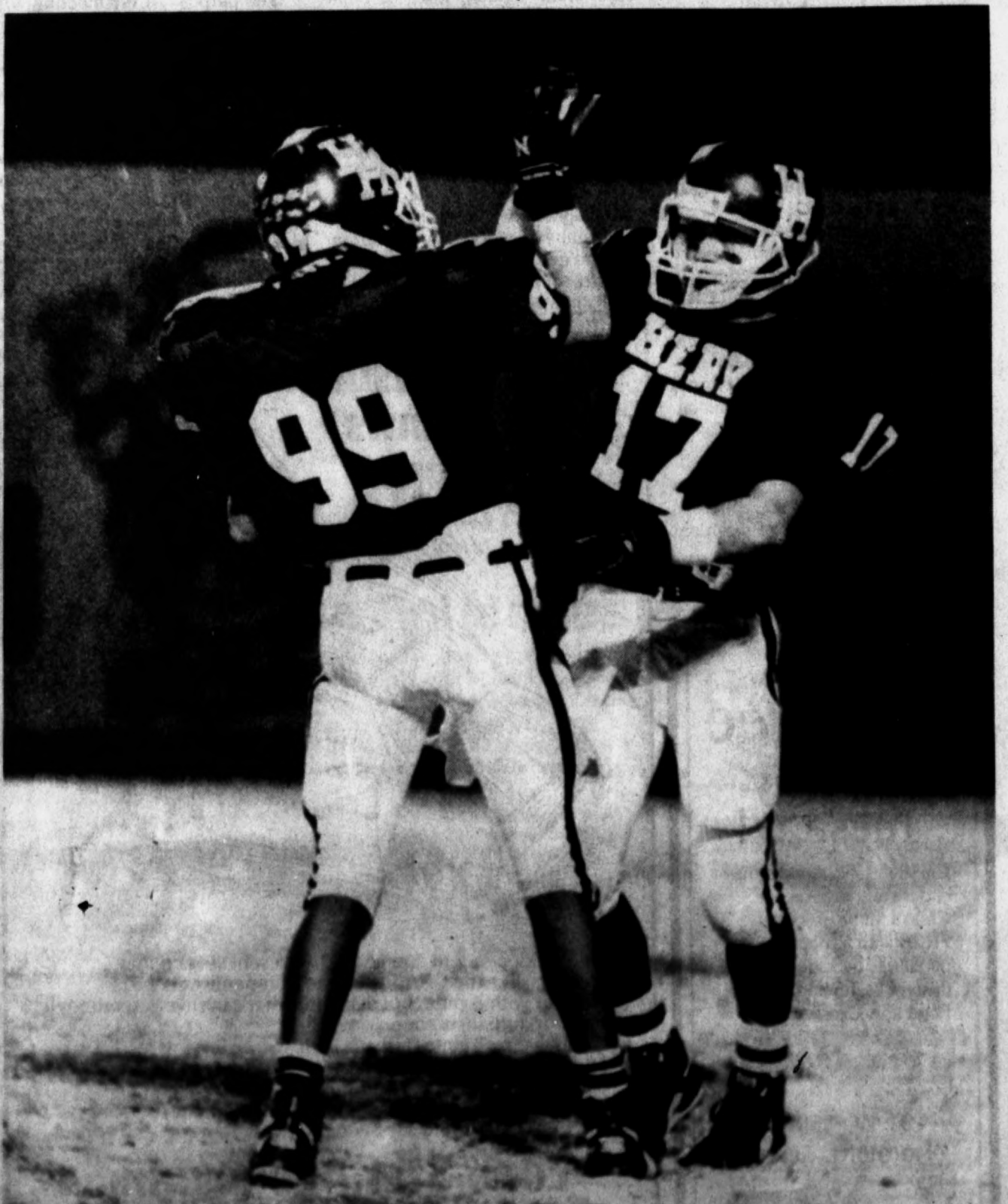
"Chad ran a great route, and all I had to do was lay it in there," Head said. "We haven't really worked on that play much, but it was great for the defense they were running because they bit so hard on everything."

Estacado had a great offensive team that led the Matadors to the eight-best ranking in the state. The Mats likely know they were in for a long night when Mike Daniel slammed a ball carrier for a three-yard loss on the game's first play.

"I had been sick all week and really felt terrible," Daniel said. "I really thought I might go in there and screw things up instead of help. Really, the running back ran into me, but I got him down and it was all downhill from there."

Daniel hopes he plays well this week. He wants revenge for last year's three-point loss to Big Spring in the area playoff.

"It has been a dream of mine to get to play Big Spring again," Daniel said. "I've really waited 52 weeks for the opportunity, and the time for paybacks is here."



### Touchdown twins

Hereford Whiteface wide receiver Chad Brummett (17) receives congratulations from fellow pass catcher Art Allemand (99) after scoring in Saturday's Bi-District playoff at Whiteface Stadium. Both Allemand and Brummett hauled in scoring passes from quarterback T.J. Head as the Herd advanced on penetrations after tying Lubbock Estacado 14-14.

# Lady Whitefaces top Palo Duro, 43-33

The Hereford high school and junior high basketball teams got their seasons into full swing with 15 games Saturday and Monday.

The Lady Whiteface varsity maintained its unbeaten record Saturday with a 43-33 win at Amarillo Palo Duro and the Lady Whiteface junior varsity opened the year with a 29-20 win over the Lady Don JV while the Herd sophomores lost at Amarillo Tascosa 59-38.

In Monday's junior high action, the girls teams hosted Pampa with the boys squads hitting the road. The freshman Maroon girls dropped a 51-39 decision while the eighth-grade and seventh-grade teams split. Things were a little tougher for the boys at Pampa as all six teams lost.

## Lady Whitefaces 43, PD 33

The Lady Whitefaces outscored Palo Duro in every quarter to take their second win in as many games. Shantel Cornelius, who finished with 13 points to lead Hereford, got off to a quick start with eight first-quarter points to help the Herd to an 11-8 lead.

The Lady Whitefaces upped the margin to 24-20 at the half with a five-of-seven free throw performance.

Both teams came out cold in the third period, but Hereford added two more points to its lead with a 6-4 advantage in the quarter.

Hereford then put the game away at the free-throw line in the fourth quarter, hitting seven of 10 attempts over the final eight minutes.

Donna Grotegut joined Cornelius in double figures with 10 points for the Herd while Jennifer Bullard finished with eight. Brenna Reinauer added four points, all in the second quarter, and Kyanne Lindley, Teresa Baker, D'Ann Hill and Brek Binder scored two points apiece.

Jennifer Martin led all scorers with 18 points for the Lady Dons with Becky Fraley adding 12.

## Lady Whiteface JV 29, PD 20

Hereford used a 14-2 edge in the fourth quarter to come back from nine points down.

Palo Duro led 8-4 after the first quarter and 12-7 at halftime before Hereford started to heat up in the second half.

The herd closed the gap to 18-15 in the third period and held Palo Duro to a single basket in the fourth.

Kara Sandoval led all scorers with 12 points for the Herd, including eight in the fourth quarter. Stephanie Wilcox, Amber Griffith and Misty Dudley each finished with four points while Lindsay Radford and Misty Peabody both had two and Kathy Hernandez added a free throw.

Palo Duro was led by Katina Hughes with eight points.

## Tascosa 59, Herd Sophs 38

The Rebels built a 20-point halftime lead to hand the Herd sophs their second loss of the season.



## On its way

Krista Beville of the Hereford seventh-grade Maroon team puts up a shot during Monday's game with Pampa.

Tascosa more than doubled Hereford's production in the first two periods, leading 14-7 after one quarter and 33-13 at the half.

The Rebels upped the margin to 49-23 at the end of the third quarter for their biggest lead before Hereford shaved five points off during the final quarter.

Chad Sandoval led all scorers with 20 points for the herd while Jason Tatarevich added five and Brad Lemons four. Reuben Gutierrez, Michael Kubacak, Cory Scott and Michael Melendrez all scored two points and Kirk Self had one.

Tascosa was led by Jason White with 14 points and Carlos Mendez with 12.

Pampa 90, Frosh boys Maroon 40  
Pampa had four players finish in double figures and was never threatened in the game.

The Harvesters opened a 14-6 lead in the first quarter before going up 42-19 at the half. Pampa closed by outscoring the Herd 48-21 over the final two periods.

Hereford was led by Robin Simons with 10 points with Wade Johnson adding nine. Andrew Tijerina had seven points with Chris Vallejo getting six while Justin Wright and Mark Kuper had four apiece.

## Pampa 73, Frosh boys White 43

Pampa exploded for 26 points in the second quarter to put the game away early.

The Harvesters took a 17-8 lead after the first quarter before going ahead 43-18 at the half.

Hereford cut four points off the margin to, pulling within 55-34 in the third before Pampa outscored the Herd 18-9 over the final eight minutes of the game.

Josh Tice led all scorers with 15 points for Hereford with Stacey Sanders reaching double figures with 10. Todd Alexander, Eddie Riddle, Eric Ross and Hayden Andrews added four points apiece with Jeremy Blair getting two.

Pampa was led by Greg McDaniel with 10 points.

Pampa 51, Frosh girls Maroon 39  
Hereford was held to single-digit scoring in each of the first three quarters as Pampa led by as much as 23 points.

Pampa went up 13-7 in the first period and upped the lead to 32-16 at halftime.

Hereford dropped behind another five points in the third quarter before chopping nine points off the lead with a 16-7 advantage in the fourth.

Hereford was led by Jaime Simpson and Jill Walser, both with seven points, with Chasity Rickman, Lori Coronado

and CeCe Combs adding five each. Michelle Brock finished with three points with Jenifer Holmes, Melissa Berend, Amanda McMeen and Rene Hernandez each getting two. Karen Allemand added a free throw.

Pampa was led by Dalawna Meloy with 17 points and Katina Thomas with 16.

Pampa 57, 8th boys Maroon 38  
Pampa broke open a tight game with a 34-13 edged over the middle two quarters that proved to be the difference in the game.

Hereford matched Pampa through most of the opening quarter, trailing 15-13, before Pampa went up 33-20 at halftime.

Pampa outscored the Herd 16-6 in the third quarter to seal the game while Hereford held a 12-10 advantage in the final period.

Coy Laing paced the Herd with 13 points with Michael Brown adding nine. Richard Hicks finished with six points with Cody Curtis, O.J. Rodriguez, Michael Marquez, Gregg Kalka and Ashley Noland getting two apiece. Joe De La Cruz and Raymond Alaniz each added a free throw.

Pampa 32, 8th boys White 26  
Pampa outscored the Herd 12-2 in the second quarter to take a 20-8 halftime lead and held off a second-half rally to win.

After taking an 8-6 lead at the end of the first quarter, Pampa limited the Herd to a single basket in the second to take control.

Hereford came back with a 12-8 advantage in the third quarter to trail 28-20 and closed to within four before the game ended.

Josh Gamboa led the Herd with nine points with Benton Buckley adding eight. Wade Backus scored three points while Marc Haney, Homer Hamilton and Gilbert Hernandez each had two and Louis Hernandez one.

Pampa 22, 8th girls Maroon 21  
Hereford took the early lead with a 6-5 edge in the first quarter and led 8-7 at the half as the teams traded single baskets in the second.

Pampa outscored the Herd 9-5 in the third period to take a 16-13 lead and held on over the final eight minutes.

Hereford was led by Beth Weatherly with 12 points with Kasi Reinart adding five and Leslie Tatarevich and Lori Hammock two each.

8th girls White 16, Pampa 10  
Hereford scored the lone basket in

the first quarter to lead 2-0 and took a 7-4 advantage into halftime.

The Herd added another point to its lead in the third period to go up 12-8 and outscored Pampa 4-2 in the final quarter.

Hereford was led by Megan Sanderson with four points and Becky Henderson with three. Jennifer Rampley, Sarah Perrin, Stephanie Wilson and Karen Manchec all had two points and Crystal Kelly added a free throw.

Pampa 45, 7th boys Maroon 18  
Pampa limited the Herd to four baskets in the first half to take a 26-8 lead.

Hereford fared a little better in the second half, adding a pair of free throws to four more baskets, while Pampa posted 19 points in the final two periods.

Hereford was led by Tanner Murphey with nine points with Michael High adding four. Stephen Wright and Brian Torres each scored two points and Brian Betzen added one.

Pampa 41, 7th boys White 38  
Pampa edged out to a 13-11 lead after one quarter and took a 24-16 advantage into halftime.

Hereford slipped one point further behind in the third quarter before coming back with a 13-8 edge in the fourth.

Ronald Torres led all scorers with 16 points for the Herd. Todd Radford

added six points with Wade McPheron and Martin Martinez scoring five each. Joe Ricenbaw finished with four and Dudley with two.

Pampa 25, 7th girls Maroon 23  
Pampa used a 10-2 edge in the second quarter and held off a Hereford rally in the fourth for the win.

After Hereford went up 6-3 at the end of the opening period, Pampa bounced back to lead 13-8 at the half.

Pampa upped the lead to 19-12 in the third quarter before Hereford closed to within a basket in the final minute.

Carlotta Ruiz led Hereford with 10 points with Aimee Alley adding six and Deanna McCracken four. Jill Laing had two points and Krista Beville one.

7th girls White 19, Pampa 15 OT  
Hereford scored all four points in the extra period to complete a comeback.

Pampa took a 6-5 lead after the first quarter and the teams traded single baskets in the second.

Pampa added another point to its lead with a 3-2 edge in the third before Hereford tied the game in the fourth.

Heather Hodges led all scorers with eight points for hereford with Shay Henderson and Mindy Davis adding four each. Melissa Davis finished with two points and Elizabeth Seacrest had one.

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Plymouth Grand Voyager	\$1000 OR 7.9% A.P.R.	---
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Cars 12<sup>50</sup> Suburbans & Vans 17<sup>50</sup>

**Scott** Oil Change & Wash

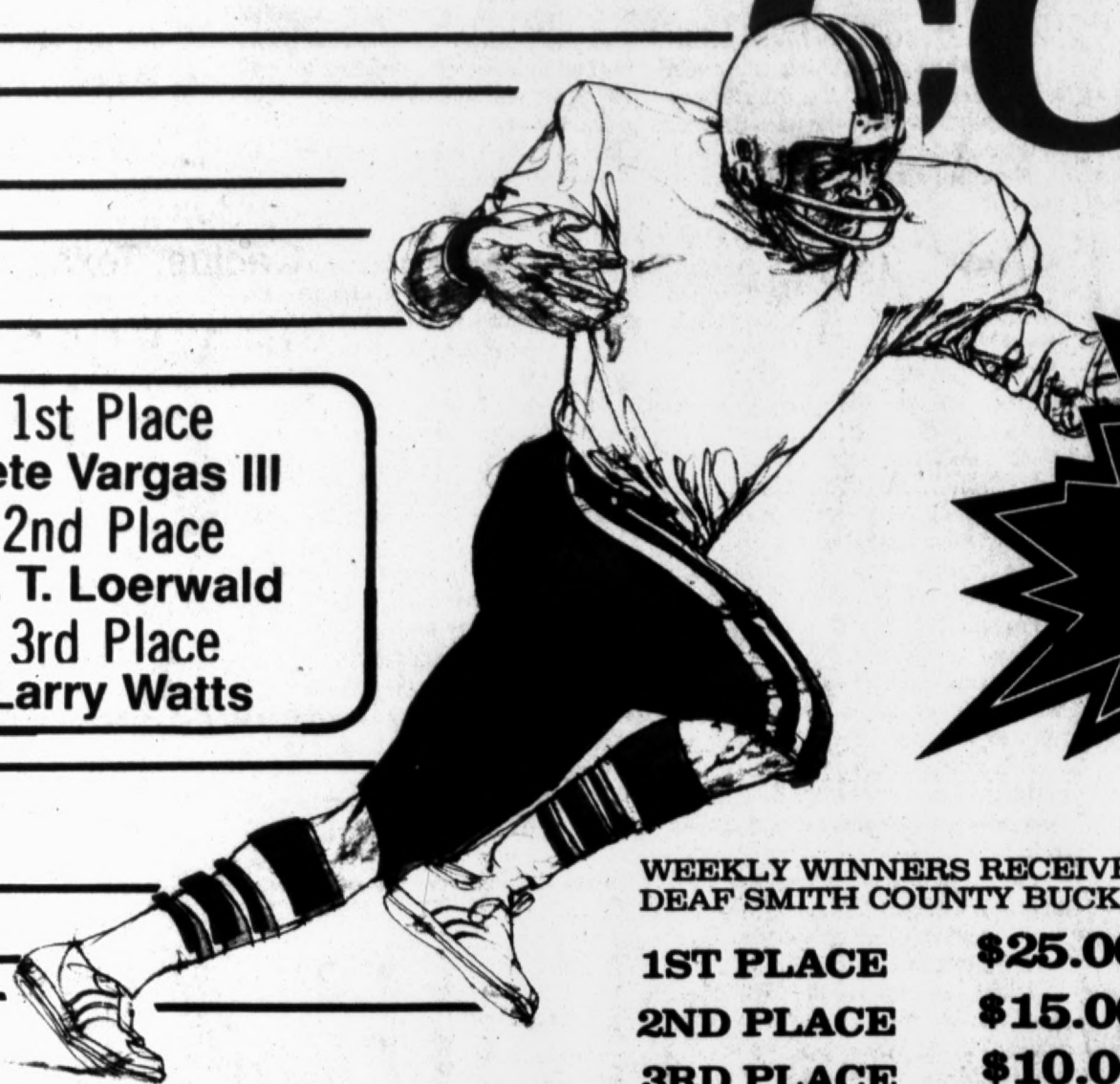
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# FOOTBALL CONTEST

1st Place  
Pete Vargas III  
2nd Place  
S. T. Loerwald  
3rd Place  
Larry Watts



A \$500 jackpot prize is offered any week to an entrant who turns in a perfect entry--guess all 26 games correct (including tie-breaker winner).

ENTER EACH WEEK AND TRY FOR THE SEASON PRIZE!

SEASON WINNERS  
1ST PLACE \$100<sup>00</sup> 2ND PLACE \$35<sup>00</sup> 3RD PLACE \$15<sup>00</sup>

WEEKLY WINNERS RECEIVE DEAF SMITH COUNTY BUCKS

1ST PLACE \$25.00  
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1. Enter every week, deadline Friday 5 p.m.
2. Simply look for games in sponsoring merchant ads.
3. Check the number in the official entry blank (no copies of the official entry blank will be accepted)!!
4. All weekly cash winners will compete for grand prizes on last contest.

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3. Palo Duro at 4. El Paso Coronado Sharp Electronics Corp. was recently awarded with a distinguished service plaque, and the coveted "Satisfaction of the Year" award, which were determined by consumer ratings.

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The member-owned rural electric cooperative urges you to follow the safety guidelines when dealing with electric power. If it's a grain auger, look up before you move on. Make electricity good for life.

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## Compliments of West Texas Rural Telephone Co-op, Inc.

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47. NY Giants at 48. Philadelphia

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## Team Whiteface is proud to back the Whitefaces.

11. Wellington vs. 12. Seagraves

Whiteface Of Hereford  
201 W. 1st 364-2727  
Parts Department

Teams are numbered in ads; check games and mark box number of team selected as winner. Use official entry blank (no copies of the official form will be accepted). Entries must be deposited at Brand office before 5 p.m. Friday. All mail entries must be post-marked no later than Thursday or received late will be disqualified. Only one entry is allowed per person. All entrants must be at least 8 years of age to be eligible. Prize winners residing in Deaf Smith County MUST appear IN PERSON prior to the next week's contest to claim award. Prizes not claimed within 5 working days become null and void. Entrants outside the county can appear in person or enclose a self-addressed envelope with entry. Be sure to guess total score in the tie-breaker game. Members of the Brand staff or their families are not eligible. Decision of the judges is final.

### OFFICIAL ENTRY BLANK

1 <input type="checkbox"/>	2 <input type="checkbox"/>	13 <input type="checkbox"/>	14 <input type="checkbox"/>	25 <input type="checkbox"/>	26 <input type="checkbox"/>	37 <input type="checkbox"/>	38 <input type="checkbox"/>	49 <input type="checkbox"/>	50 <input type="checkbox"/>
3 <input type="checkbox"/>	4 <input type="checkbox"/>	15 <input type="checkbox"/>	16 <input type="checkbox"/>	27 <input type="checkbox"/>	28 <input type="checkbox"/>	39 <input type="checkbox"/>	40 <input type="checkbox"/>	TIE-BREAKER	
5 <input type="checkbox"/>	6 <input type="checkbox"/>	17 <input type="checkbox"/>	18 <input type="checkbox"/>	29 <input type="checkbox"/>	30 <input type="checkbox"/>	41 <input type="checkbox"/>	42 <input type="checkbox"/>	Guess the score of this game. Ties will be determined by winner, total score and point margin.	
7 <input type="checkbox"/>	8 <input type="checkbox"/>	19 <input type="checkbox"/>	20 <input type="checkbox"/>	31 <input type="checkbox"/>	32 <input type="checkbox"/>	43 <input type="checkbox"/>	44 <input type="checkbox"/>	Big Spring vs. Hereford	
9 <input type="checkbox"/>	10 <input type="checkbox"/>	21 <input type="checkbox"/>	22 <input type="checkbox"/>	33 <input type="checkbox"/>	34 <input type="checkbox"/>	45 <input type="checkbox"/>	46 <input type="checkbox"/>	Mail to Box 673 or bring by office at 313 N. Lee	
11 <input type="checkbox"/>	12 <input type="checkbox"/>	23 <input type="checkbox"/>	24 <input type="checkbox"/>	35 <input type="checkbox"/>	36 <input type="checkbox"/>	47 <input type="checkbox"/>	48 <input type="checkbox"/>		


NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PHONE \_\_\_\_\_

## We Luv You Herd!

21. TCU at 22. Texas A&M

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We've Moved!



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1. El Paso Irvin at 2. Amarillo High

501 West 1st 364-5033



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25. Indiana at 26. Purdue

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27. Pittsburgh at 28. Penn State

**Go Herd!**



**AUTO PARTS STORES**

**How Sweet It Is!**

Watching Whiteface Football  
33. Notre Dame at 34. Southern Cal

**Holly Sugar**  
364-2593

**90 YEARS**  
41. LA Rams at 42. San Francisco  
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**WV**  
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120 S. Lawton 364-4470

13. Wheeler vs. 14. Munday

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**Qix**  
7. Sanford-Fritch at 8. Vernon

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**PLAINS**  
Insurance Agency

205 E. Park 364-2232

45. New England at 46. Phoenix

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or  
KICK...



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126 E. 3rd. 364-3912

29. Tulane at 30. LSU

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37. Chicago at 38. Minnesota

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19. Texas at 20. Baylor

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**Frito Lay, Inc.**  
49. Seattle at 50. San Diego

**Go Hostile Herd!**

Southwest Grain Handling Division


East Hwy. 60  
364-3811

15. Farwell vs. 16. Spur



**LUNYA HERD**

"The Bank That Banks With You"



Member FDIC 364-3456

**GO HERD!**

9. Panhandle vs. 10. Olton

**TACKLE 'EM HERD!**



**GARRISON SEED CO.**

E. Hwy. 60 364-0560

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**\* LEGEND \***  
 Channel Station  
 DISN DISN  
 KAMR KAMR  
 KACV KACV  
 TBS TBS

KVH FASH  
 WGM WGM  
 KFDA KFDA  
 ESPN ESPN  
 KCIT KCIT

NICK USA  
 SHOW SHOW  
 (HBO) (HBO)  
 (MAX) (MAX)  
 NASH NASH

DISC A&E  
 LIFE LIFE

HSE TNT  
 WSP WSP  
 UNI UNI

## TUESDAY

## NOVEMBER 20

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
(Cont) <b>ML's</b>	<b>Big Bird in Japan</b>	<b>Return of Sherlock</b>	<b>Movie: Big *** T. Hanks, E. Perkins 1988 (PG)</b>	<b>News</b>	<b>Tonight Show</b>	<b>News</b>	<b>Tonight Show</b>	<b>News</b>	<b>Tonight Show</b>	<b>News</b>
<b>News</b>	<b>Comedy Show</b>	<b>MacNeil Lehrer</b>	<b>Happy Days</b>	<b>Jefferson</b>	<b>Clash of the Champions XII</b>	<b>Who's the Man?</b>	<b>ABC Movie of the Week *** H. Anderson</b>	<b>News</b>	<b>Think Aloud</b>	<b>MacNeil Lehrer</b>
<b>News</b>	<b>Wheel of Fortune</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>ABC Movie of the Week *** H. Anderson</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>
<b>News</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>	<b>Who's the Man?</b>

## WEDNESDAY

## NOVEMBER 21

12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
(Cont) <b>Danger Bay</b>	<b>Dorothy, Oz</b>	<b>Recess</b>	<b>Care Bears</b>	<b>Donald Duck</b>	<b>Wile E. Coyote</b>	<b>Wile E. Coyote</b>	<b>Wile E. Coyote</b>	<b>Wile E. Coyote</b>	<b>Wile E. Coyote</b>	<b>Wile E. Coyote</b>
(Cont) <b>Another World</b>	<b>Santa Barbara</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>	<b>General Hospital</b>
<b>Body</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>	<b>News</b>

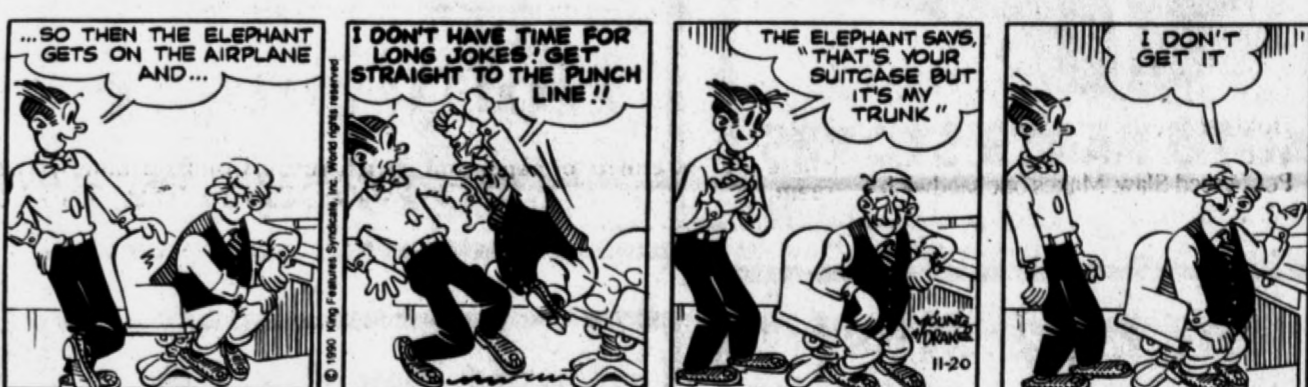
## WEDNESDAY

## NOVEMBER 21

7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
<b>Donald Duck</b>	<b>Pooh</b>	<b>Tree</b>	<b>Dumbo</b>	<b>Here's to M. Mouse</b>	<b>Hubbub Children</b>	<b>Lunch Box</b>	<b>Music Box</b>	<b>Avonlea</b>	<b>Days of Our</b>	<b>Days of Our</b>
<b>News</b>	<b>Comedy Show</b>	<b>MacNeil Lehrer</b>	<b>Happy Days</b>	<b>Jefferson</b>	<b>Clash of the Champions XII</b>	<b>Who's the Man?</b>	<b>ABC Movie of the Week *** H. Anderson</b>	<b>News</b>	<b>Think Aloud</b>	<b>MacNeil Lehrer</b>

6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
(Cont) <b>(35) Dange</b>	<b>Movie: Magnificent Seven *** Y. Bryner, S. McQueen</b>	<b>Walt Disney Company Present Teacher Awards</b>	<b>News</b>	<b>Comedy Show</b>	<b>MacNeil Lehrer</b>	<b>Happy Days</b>	<b>Jefferson</b>	<b>Clash of the Champions XII</b>	<b>Who's the Man?</b>	<b>ABC Movie of the Week *** H. Anderson</b>

### BLONDIE by Dean Young and Stan Drake



### Marvin By Tom Armstrong



### BEETLE BAILEY By Mort Walker



### Barney Google and Snuffy Smith By Fred Lasswell



### The Wizard of Id By Brant Parker and Johnny Hart





## Here's new ways to use leftover turkey

NEW YORK (AP) - It's never too early to think about new ways to use leftover Thanksgiving turkey. Hot Turkey Dijon Sandwiches and Turkey Club Sandwiches can be served for lunch or snack.

### HOT TURKEY

#### DIJON SANDWICHES

1 1/2 tablespoons Dijon-style mustard  
1 1/2 tablespoons low-calorie mayonnaise

1/4 to 1/2 teaspoon tarragon  
4 slices whole-wheat bread  
4 ounces sliced Swiss cheese  
4 ounces sliced turkey or chicken  
1 1/2 tablespoons butter

In small bowl mix mustard, mayonnaise and tarragon. Spread on bread slices, dividing equally. For each sandwich, top one of the bread slices with half the cheese and turkey. Cover with another bread slice. Melt butter in large non-stick skillet. Add sandwiches. Cook over medium heat until bread is toasted and cheese is melted, 3 to 4 minutes on each side. Serve hot. Makes 2 sandwiches.

(Recipe from: The Wisconsin Milk Marketing Board)

This twist on the traditional club sandwich can be served with Tidewater Poppy Seed Slaw, an old Virginia recipe for cole slaw that makes an ideal crunchy accompaniment to leftover turkey sandwiches.

#### TURKEY CLUB SANDWICH WITH POPPYSEED SLAW

2 slices rye bread  
1 slice pumpernickle bread  
3 tablespoons mayonnaise  
3 tablespoons cranberry relish  
2 slices bacon, cooked until crisp and drained  
2 ounces sliced, cooked turkey  
1/4 cup alfalfa sprouts  
1 large radicchio leaf  
1 1/2 ounces sliced sharp cheddar cheese

Tidewater Poppyseed Slaw (recipe follows)

Toast bread slices and spread lightly with mayonnaise. On 1 slice of the rye bread layer cranberry relish, bacon and sliced turkey; place the 1 slice of pumpernickle bread on top. Layer alfalfa sprouts, radicchio leaf and cheddar cheese; top with remaining 1 slice of rye bread. Cut triple-decker sandwich diagonally into triangles. Hold each section together with a long toothpick. Serve with Tidewater Poppyseed Slaw. Makes one sandwich.

#### POPPYSEED SLAW

1 medium head green cabbage, shredded, about 8 cups  
1 large red onion, peeled and sliced thin

1 red bell pepper, cut into thin strips  
1 yellow bell pepper, cut into thin strips  
1 green bell pepper, cut into thin strips

2-3rds cup sugar  
3/4 cup vegetable oil  
3/4 cup cider vinegar  
3 tablespoons poppyseeds  
1 tablespoon salt  
1 tablespoon dry mustard  
1-3rd cup heavy cream

In large bowl, toss together cabbage, onion, peppers and sugar.

In small saucepan, whisk together oil, vinegar, poppyseeds, salt, dry mustard and cream. Bring to boil over medium-high heat, stirring constantly. Simmer 2 minutes. Pour hot dressing over cabbage mixture, tossing well. Refrigerate salad for at least 12 hours to let flavors blend. Serve chilled on a bed of red cabbage leaves for contrast, if desired. Makes 12 servings.

(Recipe from: Butterball Turkey Talk-Line)

## Military Muster

Navy Seaman Recruit Stephen D. Steward, son of Bobby J. Steward of 438 Long, Hereford, has completed recruit training at Recruit Training Command, San Diego.

During the eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the 85 basic fields.

His studies included seamanship, close order drill, Naval history and first aid. Personnel who complete this course of instruction are eligible for three hours of college credit in Physical Education and Hygiene.



There are 500 sheets of paper in a room.



CRYSTAL FINLEY  
...honored at shower

## Black House site of shower

Crystal Finley, Nov. 24 bride-elect of Kevin Smith, was honored with a bridal shower Nov. 3 at the E.B. Black House.

Greeting guests with the honoree were her mother, Shirin Finley; her grandmother, Dee Wiseman; the prospective bridegroom's mother, Suezzy Smith; and his grandmother, Edna Estes.

The bride's sister, Sandra Finley, invited guests to sign the registry book.

Barbara Finley and Melissa Tarbet served refreshments of zucchini ring, almond punch, coffee, mixed nuts and mints. The refreshment table was covered with a delicate white cloth and was centered with a silk floral arrangement placed inside the shower cake. Silver appointments were used and the bride-elect's chosen colors of grape, turquoise, white and black were depicted in the shower decorations.

A vacuum cleaner was given to the shower honoree by hostesses: Elvis Shields, Mary Jane Burrus, Gail Richardson, Connie Brumley, Nicky Walser, Camelia Jones, Stacy Lea,

Nita Lea, Murlene Streun, Terri Johnson, Luanne Carter and Rochelle Hutcherson.

The bride-elect presented crochet kitchen towels to the hostesses.

LOS ANGELES (AP) - Stevie Wonder was honored by Recording Artists Against Drunk Driving for his song "Don't Drive Drunk."

Wonder received RADD's Honorary Global Founder's Award on Thursday for writing the song that inspired music marketing consultant Mort Weinstein and Ken Anthony to found the group.

"I never thought 'Don't Drive Drunk' would create all this," Wonder said at RADD's fourth anniversary celebration.

## Keep Thanksgiving safe from uninvited guests

A favorite Thanksgiving food also is an ideal breeding ground for bacteria that cause food-borne illness.

Stuffing cooked with turkey or chicken is a traditional dish for many families during the holidays. It's also a food more likely to cause food sickness if not prepared, cooked or stored properly, according to Dr. Al Wagner, food technologist with the Texas Agricultural Extension Service.

Food-borne illness may seem a mere annoyance to some, but it can cause serious problems. The Food and Drug Administration reports that food contamination can lead to arthritis, kidney damage, heart problems and in rare cases, death.

"This illness can cause the strongest athlete to double over in pain from stomach cramps, diarrhea, vomiting and dehydration," Wagner said. "An estimated 24 to 81 million cases of food illness occur each year in the United States, costing \$5 billion to \$17 billion in medical care and lost productivity."

Whether you plan to make stuffing from scratch or out of a box, cook it immediately after mixing it -- separately from the meat, advises Dr. Bethann Witcher, Extension nutritionist.

"If you cook the turkey in advance, remove the meat from the bones right after cooking and refrigerate or freeze it," she said. "If food is contaminated and held at room temperature too long, bacteria may produce a harmful toxin, Staphylococcus aureus, that cannot be destroyed by ordinary cooking."

Other holiday trimmings such as broth and gravy spoil easily and should be refrigerated quickly after cooking, she said. Always serve these foods hot and do not store them more than two days.

"Cream pies and cream puffs are often involved in food illness," Witcher said. "Since cream pies and cream-filled pastries get soggy if refrigerated too long, wait to fill them as close to serving time as possible."

but do not allow them to sit at room temperature too long."

Foods that require hand preparation such as ham sandwiches, potato salads and chicken salads also need special care, she said. Serve the type of sandwiches that can be frozen and thawed as needed. Try freezing cubes of chicken to use in salads. Cubes will thaw as the salad stands, keeping it as cold as possible.

"Don't let huge quantities of leftovers fill your refrigerator for days," Witcher said. "Plan in advance how to use remaining foods and freeze the rest."

A few simple precautions in food handling can prevent happy holidays from becoming miserable ones. Follow these tips, known as the "Four Cs," to prevent food illness:

\* Clean your hands, utensils, equipment, working surfaces and also foods that require washing.

\* Cook foods until their temperatures reach at least 140 degrees Fahrenheit and maintain foods above that temperature when serving.

\* Chill foods immediately after purchasing and after serving. Maintain at a temperature of less than 40 degrees F; keep refrigerators set between 32 and 40 degrees, freezers at 0 degrees.

\* Keep raw foods and any equipment used to prepare raw foods away from cooked and ready-to-eat foods to avoid cross-contamination from bacteria.

#### CALCIUM NECESSARY

CINCINNATI (AP) - Medical experts say a diet rich in calcium is important to build strong bones and prevent osteoporosis, a bone-weakening disease.

They also estimate that 80 percent of adult women get less than half their daily requirement of calcium. A proper diet should include dairy products, leafy green vegetables such as spinach and calcium-rich foods such as sardines, salmon and oysters.

## A.O. THOMPSON ABSTRACT COMPANY

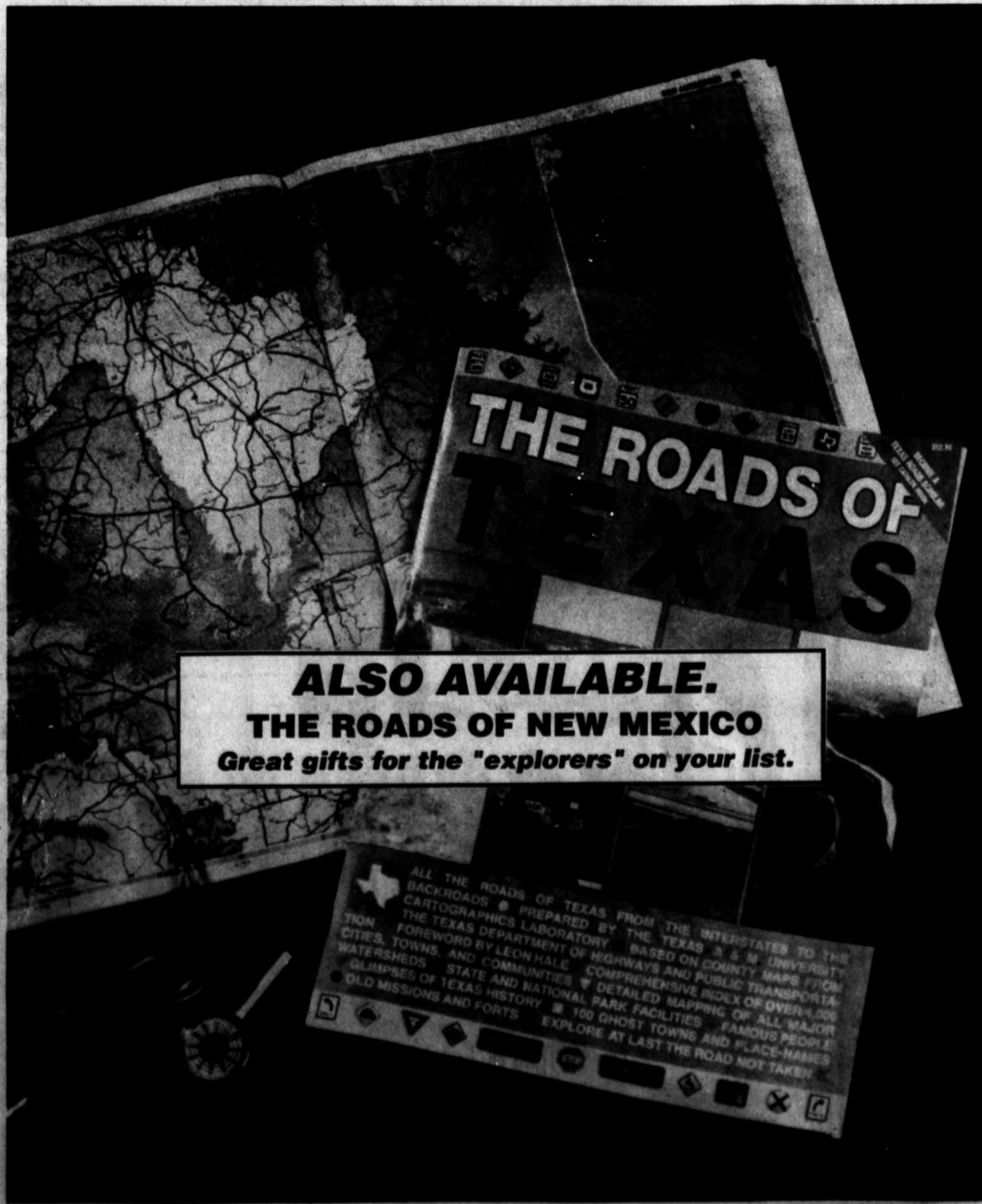
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# Let us show you a Texas you've never seen before.



- All 172 pages in full color
- Each page measures a large 15 x 11 inches
- Presents the entire state in stunning detail
- Appendices and specialty maps of many different features

THE ROADS OF TEXAS is the culmination of a mammoth project that has involved many individuals for over two years. When you get your copy of THE ROADS OF TEXAS you'll wonder how you ever traveled the state without it.

This 172 page atlas contains maps that show the complete Texas road system (all 284,000 miles) plus just about every city and community! Texas A&M University Cartographics Laboratory staff members produced the maps, based on county maps from the State Department of Highways and Public Transportation. The details shown are amazing—county and local roads, lakes, reservoirs, streams, dams, historic sites, pumping stations, golf courses, cemeteries, mines and many other features too numerous to list.

#### What they're saying about "The Roads of Texas"

"When you get your copy of THE ROADS OF TEXAS... you'll wonder how you ever travelled the state without it!"  
Texas Highways Magazine  
October, 1988

"For details of Texas terrain, oil company maps and the State's Official Highway Map can't match THE ROADS OF TEXAS."  
Kent Dille  
Dallas Morning News

**ALSO AVAILABLE.**  
**THE ROADS OF NEW MEXICO**  
Great gifts for the "explorers" on your list.

**AVAILABLE**  
**AT THE HEREFORD BRAND**

**PICK UP YOUR COPY TODAY!** (While supplies last)

**12.95**

Cash or Check Only Please.



# CLASSIFIEDS

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee to place your classified advertising. We reach thousands everyday!

**THE HEREFORD BRAND** Since 1901  
**Want Ads Do It All!**  
**YOU WANT IT, YOU GOT IT CLASSIFIED**  
**364-2030**  
**313 N. Lee**

**CLASSIFIED ADS**  
 Classified advertising rates are based on 14 cents a word for first insertion (\$2.80 minimum), and 10 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
5 days per word	.59	11.80

If you run ads in five consecutive issues with NO changes, you get the same ad in the Reach 4 More free. The regular charge for that ad would be \$4.00.

**CLASSIFIED DISPLAY**  
 Classified display rates apply to all other ads not set in solid word lines—those with captions, bold or larger type, special paragraphing, all capital letters. Rates are \$4.15 per column inch; \$3.45 an inch for consecutive additional insertions.

**LEGALIS**  
 Ad rates for legal notices are same as for classified display.

**ERRORS**  
 Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

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 Collier Tire Store  
**364-8411**

We repair all makes and models of sewing machines and vacuum cleaners. Hereford Home Center, 226 N. Main. 364-4051. 15170

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 yrs. experience. 364-6617. 40

Reprocessed Kirby. Other name brands. Used-rebuilt-\$39-up. Sales-Service on all makes, 364-4288. 1200

New and now in stock: The Roads of New Mexico, in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 15003

Professional VCR cleaning and repair. Hereford Home Center, 226 N. Main. 364-4051. 15169

Reduce burn off fat while you sleep. Take Opal. Available at Edwards Pharmacy. 15725

**2-Farm Equipment**

Trailer Chassis, Big 12, JD, Coby, 5th Wheel, Shallowater Equipment, 806-873-3313, 795-3309. 15754

**Beautiful**  
 1985 Fleetwood Cadillac  
 4 Door. Low mileage,  
 \$8,475.00.  
 PHONE 364-8841

Conversion van for sale, fully loaded, dual air conditioning, extremely nice, 364-6334. 15536

Having problems selling your car? We will sell it on consignment for you. Call Jerry-Stevens-Chev-Olds, 364-2160. 15763

'84 Mack Truck, 250/6 Twin Screw with '89 17 ft. Mohrlang spreader, \$48,500 OBO. 806-659-2634 after 7 p.m. 15881

**3A-RVs For Sale**

For sale 1983 14' Pro Craft Bass Boat and trailer, 50hp Johnson Outboard 5 speed Minn Kota Trolling Motor. LCR 4000 graph, super 60 Depth Finder, Timed Livewell, Ph. 364-6456 day or night. 13045

**4-Real Estate**

Money paid for houses, notes, mortgages. Call 364-2660. 790

Two houses and two separate corner lots near San Jose Church, one house at 237 Catalpa, 1/2 block, 140x300, that has been cleared on corner of Gracey & Sampson. Call 364-8842. 5470

By owner: 4 bedroom/3 bath home in N.W. Hereford. 3400 sq.ft. living area. Reasonably priced. Call 364-4590. 15771

Priced below appraisal at \$66,000, 2,000 sq.ft., 3 bdrm./2 bath. Bright & cheery. Clean as a whistle. 207 Elm. 364-7759. 15871

Nice 3 bedroom, 2 bath home with 10 city lots located in Vega, Texas. Call 267-2443 after 6:00 p.m. or 267-2345 during the day. Priced to sell. 15887

**FARMS FOR LEASE**  
 To grow Sugar Beets, Fully allotted corn, milo, cotton and wheat. Sprinklers, good water. Easter/TAM ANNE area  
 352-8248  
 372-1045

**5-Homes For Rent**

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Move-in special now. No deposit. One and two bedroom apartments. All bills paid, except electricity. "Reduced Rate-By Week or By Month" Eldorado Arms, 364-4332. 820

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric—we pay the rest. \$275.00 month. 364-8421. 1320

Self-lock storage. 364-8448. 1360

**CROSSWORD**  
 by THOMAS JOSEPH

**ACROSS**  
 1 Jose's home  
 5 Lucy's friend  
 10 Egg-shaped  
 12 Money (sl.)  
 13 1990 winner of tennis's U.S. Open  
 15 Go awry  
 16 Oolong, e.g.  
 17 "— folly to be wise"  
 18 Prison camp  
 20 Radius, for one  
 21 Rancor  
 22 Cash register section  
 23 Honey drinks  
 25 Chessman  
 28 Gallows feature  
 31 Singer Redding  
 32 Philadelphia cagers  
 34 Cargo weight  
 35 Farm layer  
 36 Siesta  
 37 Runner-up to 13  
 Across  
 40 Clean

**DOWN**  
 the tile  
 41 Glossy  
 42 Chopped down  
 43 Whirlpool  
 1 Gets by  
 2 Turns aside  
 3 Minor despot  
 4 Had lunch  
 5 Poet  
 6 Lazarus  
 7 Pinnacle  
 7 Dr. Seuss elephant  
 8 Director  
 9 Colleens  
 11 Country place  
 14 Greece-Turkey  
 separator  
 19 Describes  
 20 Fenway Park team, for short  
 24 Events  
 25 Soap-making stuff  
 26 Immediately  
 27 Hitch  
 cock's "Rear —"  
 29 Detected  
 30 Wiped clean  
 33 Like some punk hairdos  
 35 Bison bunch  
 38 Regret  
 39 Brit's quaff

**Saturday's Answer**

10	11	12	13	14	15	16	17	18	19
20	21	22	23	24	25	26	27	28	29
30	31	32	33	34	35	36	37	38	39
40	41	42	43	44	45	46	47	48	49

**7-Business Opportunities**

Palma Lane Apts. 2 bedroom available, clean, well cared for, reasonably, \$170 deposit, no pets, EHO, 364-1255. 6060

Need extra space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available, 364-4370. 14763

Two and three bedroom home for rent, nice area. Call 364-2660 or 364-7476. 15517

Two bedroom furnished or unfurnished, stove/refrigerator, fenced patio area, laundry facilities, water & cable paid. 364-4370. 15707

One bedroom furnished efficiency apartment for rent. \$165 mo.; \$50 deposit. 364-0999; after 5 call 364-7178. 15722

Available immediately at La Plata Manor Apts. 2 bedroom apartment for Senior Citizen Couple. Appliances furnished, great location, call 364-1255. 15872

For rent: One bedroom apartment downtown, furnished, all bills paid, \$235.00 monthly, \$50.00 deposit. One person only. 364-6691 or 364-0405. 15884

Two bedroom apartment NW area, stove/refrigerator, dishwasher, disposal & fireplace, fence patio & water/gas paid. 364-4370. 15892

**REGISTERED NURSE**  
 Challenging opportunity for a Registered Nurse to function as head nurse in a clinical setting atmosphere. South Plains Health Provider Organization, a private non-profit medical organization in West Texas is accepting applications for the Hereford site, HOURS 8:00 A.M. - 5:00 P.M.; MONDAY thru Friday; Competitive salary and benefits. Responsibilities include the supervision of nursing staff; triage, patient education, quality assurance, and general nursing care. Job qualifications: Registered Nurse, licensed to practice in the state of Texas Supervisory skills helpful. For more information call: (806)364-7688. Send resume or application to: SPNPO-603 Park Avenue Hereford, Texas 79045 AN EQUAL OPPORTUNITY EMPLOYER

**HEREFORD'S FINEST MASTERS APTS.**

1,2,3 Bedrooms  
 Carpet, drapes, disposal, fireplace, dishwasher, carport.

**TOWN SQUARE APTS.**

2 and 4 Bedrooms  
 Carpet, drapes, disposals, Jen Aires, dishwashers, fireplaces in 4 bdrm. apts. garages, pets welcome  
 Resident Manager-364-0739

**RETIREMENT LIVING AVAILABLE FOR RENT NOW!**

**ONE AND TWO BEDROOM BRICK HOMES WITH GARAGE AND/OR CARPORTS.**

- Comfortable living Accommodations
- Separate Dining and Kitchen Areas
- Additional Storage
- Utilities Paid
- Yard Care Provided

Call (806) 364-0661 for an appointment to see these residences. Calls can be received between the hours of 8:00 A.M. to 12:00 Noon and from 1:00 P.M. to 5:00 P.M., Monday through Friday.

**King's Manor Methodist Home, Inc.**  
 P.O. Box 1999, 400 Ranger Dr. Hereford, Texas 79045

**HOME TYPISTS, PC users**  
 needed. \$35,000 potential. Details. (1) 805 687-6000 Ext. B-10339

**8-Help Wanted**

Help Wanted: Waitress and delivery drivers. Apply in person Pizza Hut, 1404 W. 1st. Paid vacation plan provided. 12467

\$250-\$350 weekly, part-time & full time positions available. Taking incoming calls only. 713-863-7626. 15661

Texas Refinery Corp. needs mature person now in the Hereford area. Regardless of training, write C.N. Hopkins, Box 711, Fort Worth, Tx. 76101. 15804

Need part time delivery helper in afternoons. Apply in person at Barrick Furniture. 15912

Now have positions available for experience pen riders, night watchmen, 30,000 head feedyard. Near Bovina Texas. Excellent benefits & salary. For information contact: Steve at 806-225-4400. 15917

RN, LVN or EMT. Flexible hours, exceptional opportunity for independent professional to work in Friona area for a well known highly respected national para medical corporation. Must draw blood. 1-800-692-4485. 15919

**9-Child Care**

**HEREFORD DAY CARE**  
 State Licensed  
 Excellent program  
 by trained staff.  
 Children 0-12 years

215 Norton 248 E. 16th  
 364-3151 364-5062

**KING'S MANOR METHODIST CHILD CARE**  
 \*State Licensed  
 \*Qualified Staff  
 Monday-Friday 6:00 a.m. - 6:00 p.m.  
 Drop-Ins Welcome with Two Hours Notice.  
**MARILYN BELL**  
 Director  
 364-0661  
 400 Ranter

Openings for children in my home. Drop-ins welcome. Will sit Friday nights & week-ends. Ten years experience. Call Bonnie Cole, 364-6664. 15314

Illys Day Care, State Licensed, excellent program, breakfast, lunch, snacks, 20 years experience, 364-2303. 15777

Nazarene Kids Korner Open Mondays & Fridays 9:00 a.m. to 4 p.m. Available to children 4 months to K-5. (pickup available) Call Sherree Goforth at 364-0783. 15897

**10-Announcements**

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

Problem Pregnancy Center. 505 East Park Avenue, 364-2027. Free pregnancy tests. Confidential. After hours hot line 364-7626, ask for "Janie." 1290

**11-Business Service**

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 1-679-5817; Nights Call 289-5500. 14237

Haul trash, dirt, sand & gravel. Also yard levelling, tree trimming & planting. Will build and clean flower beds. Call 364-0553 or 364-1123. 15321

# Classifieds.

They're just for you, everyday, in the Hereford Brand.

Call Janey Allmon today at 364-2030 and get a classified to work for you.

# CLASSIFIEDS

# Accent on Health

**C & H Cleaning Service** specializes in office cleaning & rental homes. For more information call 364-6237. 15459

**Forrest Insulation & Construction.** We insulate attics, sidewalls, metal buildings. We build storage buildings, fencing, remodeling, free estimates. 364-5477. 15785

**Steve's Paint & Body Shop.** Quality work, reasonable estimates. All work guaranteed. Windshields installed at your home or business. Happy Holidays! 258-7744. 15920

Would you like a good Country Western band for your Holiday parties? The Blue Sage band is made up of six musicians from the Hereford area. For more information call 364-6237 after 5:30 p.m.

**WINDMILL & DOMESTIC Sales, Repair, Service, Gerald Parker, 258-7722 578-4646**

**PAINTING INSIDE & OUTSIDE** No Jobs too Big or Small Free Estimates Senior Citizens Discount 647-3208

Due to sickness we have not answered our phone. We are still in business. Complete Roofing Service. Build patio covers & protection covers for mobile homes & travel trailers. **WELDON'S ROOFING 276-5269**

**12-Livestock**

Wanted: Grass or stubble pasture for 75 cows through March. Call David Brumley, 289-5902. 15497

**13-Lost and Found**

Lost Golden Lab, red collar, Male, answers to name George. 364-2989 and 364-3384. 15911

Lost - 7 year male Rat Terrier, mixed, shorthair, medium size, white chest, white feet, tip of tail white. Reward, \$50.00. 364-6429 or 404 Barrett. 15918

## LEGAL NOTICES

The Commissioners Court of Deaf Smith County will open bids at 9 AM on November 28, 1990 for two (2) new automobiles for the Sheriff. Specifications may be obtained at Alex Schroeter's office at 242 E. 3rd., Hereford, Texas. The Commissioners reserve the right to reject any and all bids.

## REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION

Sealed proposals for constructing 165.643 miles of seal coat on various limits of Loop 79, FM 1526, FM 280, SH 305, FM 1267, SH 136, FM 687, FM 283, FM 748, FM 1454, FM 2375, SH 51, FM 2277, FM 2711, FM 3004, RM 3260 and FM 3303, in Hutchinson, Lipscomb, Hemphill, Ochiltree, Roberts, Gray and Hansford Counties covered by CPM 557-3-9, CPM 557-4-4, CPM 557-6-9, CPM 582-2-12, CPM 582-3-8, CPM 790-7-9, CPM 791-3-13, CPM 791-4-6, CPM 791-6-4, CPM 797-1-12, CPM 797-3-10, CPM 1339-2-14, CPM 1861-1-9, CPM 1885-1-12, CPM 2127-1-6, CPM 2726-1-10, CPM 3076-1-4, CPM 3460-3-5 and CPM 3495-1-2 will be received at the State Department of Highways and Public Transportation, Austin, until 1:00 P.M., December 11, 1990, and then publicly opened and read. Plans and specifications including minimum wage rates as provided by Law are available for inspection at the office of Henry L. Galleghy, Resident Engineer, Dalhart, Texas, and at the State Department of Highways and Public Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction Division, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder. Usual rights reserved.

**ADVERTISEMENT FOR BIDS** Notice is hereby given that the Hereford L.S.D. will be accepting sealed bids until December 3, 1990. Bids will be opened at 3:00 P.M., in the central administration office located at 136 Avenue F, Hereford, Texas, for the following:  
Canned Foods,  
Frozen Meats  
Fresh Meats  
Specifications and information may be obtained by contacting: Trudie Gray, Food Service Director, at 136 Avenue F, 364-0606. The District reserves the right to reject any and all bids.

You can't lose—or get lost—with **THE ROADS OF TEXAS!** Texas Highways Magazine  
Get your copy at the newspaper office.  
Call 364-2030

**YOU WANT IT YOU GOT IT CLASSIFIED 364-2030** ADDRESS: 313 N. LEE

**REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION**  
Sealed proposals for constructing 217.755 miles of seal coat on US 87, US 385, SH 86, FM 54, FM 399, FM 303, FM 179, FM 403, FM 302, FM 597, FM 400, FM 37, FM 303, FM 1424, FM 1831, FM 769, FM 2052 & FM 2881, covered by CPM 68-1-40, CPM 227-5-11, CPM 302-1-16, CPM 563-3-8, CPM 563-4-11, CPM 721-8-4, CPM 721-7-6, CPM 820-7-9, CPM 880-2-8, CPM 880-3-11, CPM 880-4-17, CPM 881-1-9, CPM 886-1-8, CPM 969-1-6, CPM 969-3-2, CPM 1041-3-4, CPM 1041-4-6, CPM 1128-1-16, CPM 1128-3-5, CPM 1342-1-6, CPM 1627-1-6, CPM 1635-1-14, CPM 1792-1-5, CPM 1892-3-5, CPM 1905-1-6, CPM 2046-2-7, CPM 2902-1-2, CPM 2902-2-2 and CPM 3242-1-3 in Lubbock, Hockley, Parmer, Lamb, Garza, Gaines, Hale, Terry, Cochran, Lynn, Floyd, Swisher, Crosby, Yoakum and Dawson Counties will be received at the State Department of Highways and Public Transportation, Austin, until 1:00 P.M., December 11, 1990, and then publicly opened and read. Plans and specifications including minimum wage rates as provided by Law are available for inspection at the office of William F. Phillips, Resident Engineer, Lubbock, Texas, and at the State Department of Highways and Public Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction Division, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder. Usual rights reserved.

## AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

## CRYPTOQUOTE

**11-20**  
UMA AM PZ YMNZAMKV EV  
OMUZF EU FMKL RKLZ;  
UMA AM PZ TNEG AM PKF  
EV EUYMOZ.—Y EYZLM  
Yesterday's Cryptoquote: A BEE IS NEVER AS BUSY AS IT SEEMS; IT'S JUST THAT IT CAN'T BUZZ ANY SLOWER. — KIN HUBBARD



Of every million codfish eggs laid, about five hatch.

An estimated 830,000 Texans—about one in 20—have diabetes mellitus. However, only about half even know they have the disease. All are at risk of developing serious health complications such as eye problems, nerve damage, heart disease and kidney disease.

To help prevent death and illness from diabetes, the Texas Department of Health has joined a national effort during November, Diabetes Month, to make the public more aware of the importance of proper health care for diabetics.

Diabetes is one of the top 10 leading causes of death in Texas. It is also the leading cause of new cases of blindness and the leading cause of lower extremity amputations not related to injury.

People at risk for diabetes include those who: have a family history of diabetes, are 40 or older and/or are overweight. Also, American Indians, Mexican-Americans and Blacks are more likely than others in the U.S. to develop diabetes.

Demographics in this state point to the probability of an even higher incidence of diabetes in the future. The largest age groups in the Texas population of some 17 million are the very young and the middle-aged. Adult on-set diabetes is most likely to develop during middle age, and as an already overweight population ages, an increase in the adult form of the disease is expected.

In addition, members of Texas' growing Black and Hispanic populations are more likely to get this disease. Diabetes is 33 percent more common among Blacks. Black women have 50 percent more diabetes than Anglo women and face an even greater risk if they are obese.

Hispanics have three to five times the risk of developing diabetes as Anglos. One study in San Antonio showed that women living in the barrios were four times more likely to have diabetes than Hispanic women living in the suburbs. For men living in the barrios, the diabetes rate was twice as high. The reasons are not clear, but obesity, more common in the barrios, and diet are thought to increase the risk of developing diabetes.

Diabetes is a group of disorders characterized by unusually high levels of sugar in the blood, caused by the body's inability to make or use the hormone insulin. All persons with Type I, or insulin dependent, diabetes require regular insulin injections to control their blood sugar levels. Type I usually occurs in young children. There is no known way to prevent this type of diabetes.

Adults, however, are more likely to contract non-insulin dependent, or Type II, diabetes which often can be controlled by a combination of dietary therapy and regular exercise. Type II patients may also take oral medications that help to control their blood sugar. Approximately 90 percent of all diabetes cases are Type II.

In either type of diabetes, dietary management is crucial to controlling blood sugar levels. Diabetes therapy is intended to strike a balance between the effects (on blood sugar levels) of food intake, physical activity and medication. Each person with diabetes should have a prescribed nutrition plan, designed to meet that individual's specific needs. In most cases, by following the doctor's treatment plan the patient can lead an otherwise active, "normal" life. Failure to do so can lead to kidney failure, strokes, blindness, heart disease, amputations—

even premature death. Risk for developing Type II diabetes can be reduced by keeping weight at a moderate level, getting regular exercise, abstaining from smoking, using alcohol in moderation, reducing stress and getting regular medical checkups.

Symptoms of Type II diabetes

include fatigue, excessive thirst, excessive urination, blurred vision, frequent skin infections and slow healing of cuts and bruises.

Symptoms of Type I diabetes include frequent urination, weakness, rapid weight loss, irritability, nausea, vomiting and extreme hunger.

## Cookbooks featured for Thanksgiving holiday

"Try to choose things that will complement one another in color and texture," they advise in their chapter on vegetables, where they suggest Beet and Pear Puree, Carrot Pudding, Corn Custard or Garlic, Spinach and Rice Casserole, among others.

If the Blues offer a blueprint for Thanksgiving dinner, Rodgers gives readers a chatty and informative year-round guide to turkey. Readers will begin to see the fowl in another light as they leaf through chapters on turkey cutlets, dubbed "the new scallopini," ground turkey, dark and white meat, cooking whole turkeys, leftovers and original party dishes. Weaved into the text is information about various types of turkeys, their cuts and their particular cooking requirements.

Rodgers suggest turning ho-hum leftovers into a snazzy Nutterd Turkey-Swiss Souffle, a Quick Turkey Curry with Fruits and Nuts, Turkey and Corn Croquettes with Fresh Tomato Salsa or using the cooked meat for stir-frys and turnovers.

He offers new approaches to the standby roasted turkey with recipes like Italian Lemon-Rosemary Turkey with Roasted Potatoes and Garlic, Sweet and Sour Glazed Turkey Chinoise, Moroccan Roast Turkey with Couscous and Vegetable Dressing, Roast Turkey with Greek Stuffing and Lemon Sauce.

Readers will salivate as they leaf through both books and consider new possibilities for old seasonal favorites like cranberries, yams, pumpkins, squash, wild rice and, of course, turkey. But, as Rodgers suggests, why restrict the pleasure of turkey to the holidays? Says the author, "Turkey is no longer a once-a-year bird."

The following recipe for Apricot-Cranberry Dessert from the Blues' "Thanksgiving Dinners" cookbook started out as a condiment

but turned into a dessert with a tangy flavor and bright color. **APRICOT-CRANBERRY DESSERT**  
1 1/4 cups superfine sugar  
1 and 1-3rd cups water  
1 cup cranberries  
12 ounces dried apricots  
2 navel oranges

In a small saucepan combine half the sugar with 2-3rds cup of the water. Stir to dissolve and bring to a boil. Add the cranberries. Simmer gently for 5 minutes, just until the berries start to pop.

Remove from the heat and pour into a small bowl. Allow the berries to come to room temperature before chilling. Cover and chill at least 4 hours; for best results, refrigerate overnight.

In another small saucepan, combine the remaining sugar and 2-3rds cup water; dissolve as before. Thus time, boil the syrup. Add the apricots and toss to coat in the sugar glaze, but do not stir. Let cook, carefully watching to avoid burning. (If cooked too long, apricots become tough. To avoid this, have a bowl of cold water large enough to hold the pan. When you reach the light caramel stage, submerge the pan in the water to stop the process.) When done, transfer the apricots to a bowl immediately.

Slice the zest off the oranges, removing all of the white pith. Cut out the segments by slicing down the center of the fruit next to each membrane separation. Leave the segments in the shape of wedges. Thinly slice the peel and add to the oranges.

Combine the cranberries, apricots and orange segments. Chill for at least 1 hour before serving. Makes 6 cups. Advance preparation: Can be made 2 or 3 days ahead. Cover and refrigerate.

(Recipe from: "Thanksgiving Dinners" by Anthony Dias Blue and Kathryn K. Blue. HarperCollins; Oct. 10, 1990. \$19.95 hardcover)

## Bleaches, detergents cause most poisonings

Bleaches and detergents poison more young children than any other common household cleaning product.

"This is true partly because most people are not aware of the danger," said Dr. Ann V. Beard, clothing and textile specialist with the Texas Agricultural Extension Service.

"These products are usually stored low or under the sink within the reach of children," she said. "Toddlers who consume these products rarely die, but they can get awfully sick."

A recent report from the American Association of Poison Control Centers indicates that nationally more than 1.6 million people were exposed to some type of poisoning substance in 1989. This information was gathered from 70 centers in portions of 42 states.

Cleaning substances were most frequently involved in human exposure with more than 160,600 cases. Running a close second were analgesic substances at 160,500, followed by cosmetics, 130,200; plants, 100,700; and cough and cold preparations, 90,700.

Bleaches and detergents accounted for the largest number of cleaning substance exposures. More than 33,000 people swallowed bleaches and 31,000 consumed some type of detergent, including fabric softeners. Other cleaning substance poisonings included disinfectants, 17,000 cases; tile cleaners, 10,600; toilet bowl and oven cleaners, 9,000.

No deaths were reported from detergent poisonings, but bleach caused one of 24 fatalities from cleaning substances. Drain and toilet bowl cleaners, at 11, accounted for nearly half the deaths.

"Detergents primarily cause vomiting and diarrhea," said Michael Ellis, director of the Poison Control Center in Galveston, which covers southeast Texas. "The amount of poison may not be a real threat. However, 80 percent of the center's victims are children. Anytime a child keeps vomiting and having diarrhea can be very serious and even deadly."

Detergents can contain toxic and caustic ingredients, Beard said. Their lemony scents and other fragrances encourage children to consume them. There is no quick antidote for these substances, Ellis said. Drinking

adequate amounts of such liquids as water or Gatorade-like drinks helps replace fluids, and medical attention should be sought in severe cases.

"Proper use, storage and disposal of household products are very important," Beard said. "Read labels carefully to learn the dangers involved in using them. Determine whether you can limit what you buy by choosing one multi-purpose cleaner and using the least hazardous product when possible."

Unfortunately, some manufacturers do not provide a list of ingredients on their products because they are not required to by law, Beard said. In addition, many people simply do not read or follow instructions.

Although poor storage practice is a big problem, roughly two-thirds of household products are ingested at about the time they are used, Ellis said. "About 95 percent of ingestion occur when children are under direct supervision."

"The adult may be interrupted by the telephone, the doorbell or whatever," Ellis said. "Kids are fast. It only takes a minute. That 'just a minute syndrome' is what gets us in trouble."

Ellis advises people to exercise special caution in any situation that disrupts normal routines. Holidays, vacations and moving situations are bad times, he said. Relatives who have medication visit on holidays, vacations provide unfamiliar surroundings and moving requires packing products in boxes that often are accessible to children.

## CAUSES OF HEARTBURN

**EL PASO, TEXAS (AP)**—Despite its name, heartburn does not affect the heart.

This common disorder, from which some 80 million Americans suffer each month, is caused when acids in the stomach flow backward into the esophagus. This tube between the stomach and the mouth passes close to the heart.

Items that can cause heartburn, according to the makers of Gaviscon Antacid, include fatty foods, onion, spinach, coffee, beer, milk, water, and whole grain foods.

**Schlabs Hysinger**  
1500 West Park Ave. 364-1281  
Richard Schlabs Steve Hysinger Brenda Yosten  
Phone 364-1286 Each Trading Day After 5:30 P.M.  
for Recorded Commodity Update.

CATTLE FUTURES				GRAIN FUTURES				METAL FUTURES			
Dec	51.40	51.50	51.60	Dec	227 1/2	228 1/2	229 1/2	Dec	230.00	230.50	231.00
Jan	51.50	51.60	51.70	Jan	228 1/2	229 1/2	230 1/2	Jan	230.50	231.00	231.50
Feb	51.60	51.70	51.80	Feb	229 1/2	230 1/2	231 1/2	Feb	231.00	231.50	232.00
Mar	51.70	51.80	51.90	Mar	230 1/2	231 1/2	232 1/2	Mar	231.50	232.00	232.50
Apr	51.80	51.90	52.00	Apr	231 1/2	232 1/2	233 1/2	Apr	232.00	232.50	233.00
May	51.90	52.00	52.10	May	232 1/2	233 1/2	234 1/2	May	232.50	233.00	233.50
Jun	52.00	52.10	52.20	Jun	233 1/2	234 1/2	235 1/2	Jun	233.00	233.50	234.00
Jul	52.10	52.20	52.30	Jul	234 1/2	235 1/2	236 1/2	Jul	233.50	234.00	234.50
Aug	52.20	52.30	52.40	Aug	235 1/2	236 1/2	237 1/2	Aug	234.00	234.50	235.00
Sep	52.30	52.40	52.50	Sep	236 1/2	237 1/2	238 1/2	Sep	234.50	235.00	235.50
Oct	52.40	52.50	52.60	Oct	237 1/2	238 1/2	239 1/2	Oct	235.00	235.50	236.00
Nov	52.50	52.60	52.70	Nov	238 1/2	239 1/2	240 1/2	Nov	235.50	236.00	236.50
Dec	52.60	52.70	52.80	Dec	239 1/2	240 1/2	241 1/2	Dec	236.00	236.50	237.00

**FUTURES OPTIONS**

CATTLE-PREMIER (CME) 4800 B/L				CATTLE-LIVE (CME) 4800 B/L				CORN (CBOT) 5000 B/L			
Price	Call	Put	Delta	Price	Call	Put	Delta	Price	Call	Put	Delta
51.40	1.00	1.00	0.40	51.40	1.00	1.00	0.40	227 1/2	1.00	1.00	0.40
51.50	1.00	1.00	0.40	51.50	1.00	1.00	0.40	228 1/2	1.00	1.00	0.40
51.60	1.00	1.00	0.40	51.60	1.00	1.00	0.40	229 1/2	1.00	1.00	0.40
51.70	1.00	1.00	0.40	51.70	1.00	1.00	0.40	230 1/2	1.00	1.00	0.40
51.80	1.00	1.00	0.40	51.80	1.00	1.00	0.40	231 1/2	1.00	1.00	0.40
51.90	1.00	1.00	0.40	51.90	1.00	1.00	0.40	232 1/2	1.00	1.00	0.40
52.00	1.00	1.00	0.40	52.00	1.00	1.00	0.40	233 1/2	1.00	1.00	0.40
52.10	1.00	1.00	0.40	52.10	1.00	1.00	0.40	234 1/2	1.00	1.00	0.40
52.20	1.00	1.00	0.40	52.20	1.00	1.00	0.40	235 1/2	1.00	1.00	0.40
52.30	1.00	1.00	0.40	52.30	1.00	1.00	0.40	236 1/2	1.00	1.00	0.40
52.40	1.00	1.00	0.40	52.40	1.00	1.00	0.40	237 1/2	1.00	1.00	0.40
52.50	1.00	1.00	0.40	52.50	1.00	1.00	0.40	238 1/2	1.00	1.00	0.40
52.60	1.00	1.00	0.40	52.60	1.00	1.00	0.40	239 1/2	1.00	1.00	0.40
52.70	1.00	1.00	0.40	52.70	1.00	1.00	0.40	240 1/2	1.00	1.00	0.40
52.80	1.00	1.00	0.40	52.80	1.00	1.00	0.40	241 1/2	1.00	1.00	0.40
52.90	1.00	1.00	0.40	52.90	1.00	1.00	0.40	242 1/2	1.00	1.00	0.40
53.00	1.00	1.00	0.40	53.00	1.00	1.00	0.40	243 1/2	1.00	1.00	0.40

# Ann Landers

**DEAR ANN LANDERS:** I hope you print my letter. If my story can help just one person avoid the mistakes I've made, it will be worth everything I've gone through.

I am 31 years old. Three and a half years ago I did something I will regret for the rest of my life. I was crashing from a cocaine and alcohol high, despondent because of my failing marriage, when I took a .45 caliber gun and tried to blow my brains out.

I had abused drugs since high school and my self-destructive

behavior ended in a suicide attempt. The bullet went through the right side of my head and created a hole the size of a silver dollar on the left side, just above the ear.

Miraculously, God not only spared my life but left my mental faculties intact. I am, however, a quadriplegic. My once strong, muscular body has atrophied. I was once a skilled mechanic. Today I can't even scratch my own nose. I am dictating this letter to a friend. Thank God I'm alive, but what a terrible price I had to pay.

I want to say to your readers, if you've never used drugs, don't experiment, thinking you'll quit after a time or two. That's the flawed reasoning that got me hooked. If you are abusing drugs now, don't be too proud to get help. Admitting that you can't do it alone is an act of courage, not weakness. You don't have to learn the hard way. I've already done it for you. -- Alive and Grateful, Campbell, Calif.

**DEAR GRATEFUL:** Thank you for telling us your story. You've paid a heavy price to learn a lesson you're offering free to anyone who reads this column. I hope somebody listens.

**DEAR ANN LANDERS:** Recently one of your readers asked about the origin of the phrase, "Pardon my French." I am a graduate student in French at Duke University. Perhaps I can help.

"Pardon my French" is part of a long tradition of international name-calling practiced by many European nations. There has long been a tendency to associate the French with anything sexual, wicked, "naughty," suggestive or decadent. By the same token the French have had a number of curious expressions that are insulting to the English.

"Pardon my French" dates back to the end of the late 18th to early 19th century when Anglo-French relations were particularly strained. While the fledgling United States got along fairly well with imperial France, England most certainly did not. That phrase has long been recognized as an ethnic slur, an unabashed ploy to downgrade the French. -- D.D.C., Durham, N.C.

**DEAR STUDENT AT DUKE:** I have been bombarded with all sorts of interpretations. Yours made as much sense as any of them. Here's another:

## Here's step-by-step approach to back care

Lifting a heavy load improperly puts added pressure-greater than the weight you're lifting-on your lower back.

Holding a load far out in front of you when you lift makes your back muscles work harder. This generates even more pressure on your lower back.

You can do a lot to reduce back strain by lifting properly.

Follow these six steps each time you lift a load:

1. **Position your feet firmly.** Keep one foot slightly ahead of the other for a stable base. Point your toes outward.

2. **Bend your knees.** Don't bend at your waist. Keep your back as vertical as possible. Whether you're lifting or putting down a load, bending your back adds the weight of your body to the load.

3. **Tighten your abdominal muscles.** These muscles support your spine when you lift. Tightening them reduces the effect of the load on your spine.

4. **Lift with your legs.** Let your powerful leg muscles, not your weaker back muscles, bear the weight of the load.

5. **Don't twist.** Twisting adds to your risk of injury.

6. **Hold the load close to your body.** It's tempting to hold a load away from your body, especially when lifting from locations such as the trunk of your car. To prevent undue strain, place on foot on the rear bumper (or even inside the trunk) and lift, holding the load close to your chest.

To help keep your back healthy and reduce your risk of back problems, follow these basic principles of body mechanics in your daily routine.

These illustrations and captions show improper and correct lifting techniques, and they explain why proper lifting shouldn't give you a backache.

## Funding begins for children

Golden Spread Foster Parents Association will solicit donations to fund a Christmas celebration for local foster children. While state funds are supplied to assist with foster children's daily needs there is no allocation for the added expense of Christmas.

The foster parents organization hopes to receive donations sufficient to allocate \$75 to \$100 per child for about 23 foster children in the four county area. The money will also be used to fund a Christmas party -- including Santa Clause for all foster children in the area.

Anyone interested in giving can make donations directly to a special account at Hereford State Bank or to any member of the association. For additional information call, Charlene Connally at 364-3936. Donations can also be mailed to P.O. Box 2062, Hereford, Texas 79045.

There is always a need for more foster homes. Anyone interested in becoming a foster parent or in providing support for existing homes is invited to attend any of the associations monthly meetings. The group meets at the Community Center on the third Tuesday of each month. One does not need to be a foster parent in order to be affiliated with the group.

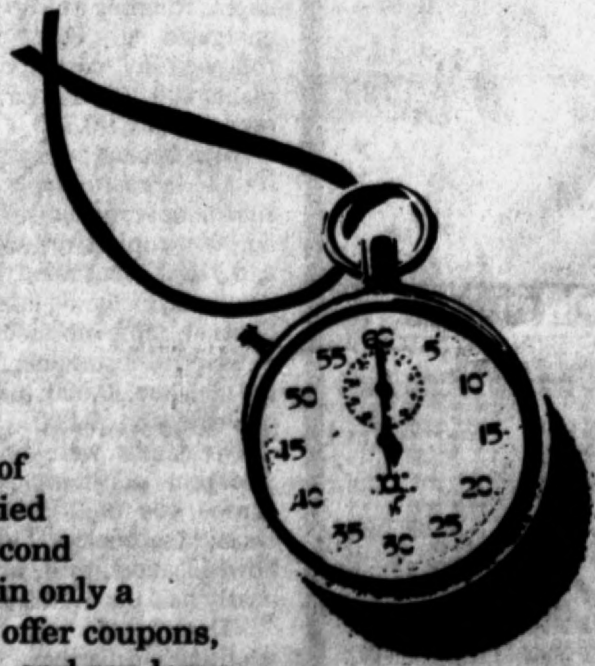
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*Getting Close to the Triple Thirty. Happy Birthday*

## If We Ran This Ad On Radio, You'd Only Have 30 Seconds To Hear It.

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### The Hereford Brand

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Come by and see us for your next advertisement at 313 N. Lee

**DEAR ANN LANDERS:** You told "Puzzled in California" that you didn't have a clue as to why the phrase "Pardon my French" came into use. You don't need a clue, Ann. Get a copy of David Feldman's book, "Who Put The Butter In Butterly?" Here's what he says:

French? It is simply another expression that equates anything French with sex and obscenity -- French postcards, French novels, French kissing, anything French except French salad dressing, which cannot be found anywhere in France. -- D.J.D., Berwyn, Ill.

Is life passing you by? Want to improve your social skills? Write for Ann Landers' new booklet, "How to Make Friends and Stop Being Lonely." Send a self-addressed, long, business-size envelope and a check or money order for \$4.15 (this includes postage and handling) to: Friends, c/o Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562. (In Canada, send \$5.05.)

"Why do people who swear apologize by saying, 'Pardon my

DEAR D.J.D.: As the French would say, "Touche!"

# Hereford MARKETPLACE

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