



Now You're Cookin'

BY LINDA CAUDLE
Behind every successful Chamber manager, there's a supportive and involved wife. Well, something like that...

Janice Carr, a vivacious young homemaker, often takes part in activities which her husband, Mike, is involved with as executive vice-president of the Deaf Smith County Chamber of Commerce.

Mike, who is beginning his fourth year as Chamber manager, is in charge of planning and coordinating a wide range of community activities, and works as a liaison between various

organizations and individuals.

As a "goodwill ambassador" he helps area merchants coordinate advertising, is involved in "Better Business Bureau" type of activities, and works with industrial and community projects.

"In a way he's like a salesman — promoting the community," notes Janice, who says that Mike travels some with his job and must keep up with legislation affecting Hereford and the vicinity.

"It's not a real defined job," she continues, "and

because he answers to the Chamber Board of Directors and Board president, there are changes fairly often and new people come in with fresh ideas. It keeps you on your toes and keeps you from getting set in your ways."

Janice supports Mike in his Chamber activities, sometimes entertaining new people and helping them get acquainted. "I've met a lot of the new Swift personnel and families and that's been enjoyable," states Janice.

The Carrs attend West Texas Chamber conventions and meetings of the Panhandle Chamber Executives, of which Mike has served as president.

"We just got back from a convention in Kerrville," says Janice. "They are always fun — everybody brings something from their town for door prizes. Mike has won things like a pecan tree and a handmade quilt."

As a member of the decorative committee of the Chamber Women's Division, Janice helps decorate for the big banquet each year and for the Women's Division quarterly meetings. "I also fill in on other committees sometimes when I'm needed," she says.

The couple has one son, Andrew, who is three years old. "Andrew went to the football games for the first time this year and he thought that was a lot of fun," says Janice. He also follows Mom around quite a bit as she is involved in a variety of community activities.

Janice is reporter for the Hereford Panhellenic Association, which helps acquaint senior girls with sororities and rush where they plan to attend college.

"I was a member of Zeta Tau Alpha at West Texas State University and really feel like it made a difference in college," notes Janice. "I still keep up with many of the friends I made when I was involved in that."

Janice is a member of Los Ciboleros chapter of Daughters of the American Revolution and is historian for L'Allegre Study Club.

She is also a member of the committee to nominate and research for the Cowgirl Hall of Fame. "We accept resumes on possible inductees and do research in order to select worthy candidates for the Hall of Fame," she comments.

Janice earned her degree in elementary education from West Texas State University and has received certification in learning and language disabilities. She has also done work on her master's degree. She taught language development classes two years at the old Central School and two years at West Central, and has been a homemaker since 1977.

Janice was born in Hawaii, but grew up in Hereford. "One summer while I was teaching school I went back and took summer school at the University of Hawaii, living in the dorm," says Janice. "I met some of my parents' friends and they showed me around. It was

really a lot of fun.

"Mike and I went to Hawaii on our honeymoon, also."

Mike was born in Crowell, near Wichita Falls, and grew up in Pampa. He graduated from McMurry College with a major in finance and management and came to Hereford as manager of Gibson's, where he was employed until he assumed the position of Chamber manager.

When Janice is not busy doing things outside her home, she enjoys crocheting, needlepoint, and reading. "Andrew and I go to the library every week and he was really excited last month to be named "Child of the Month" there, receiving a poster with his name on it," notes Janice.

"We had a garden this summer and the whole family enjoyed that," she adds.

When it comes to cooking, Janice says that she likes easy things. "Andrew is getting to the age where he likes to sit on the cabinet and help," she comments.

"One of my roommates in college gave me this recipe for pork chop casserole," says Janice. "It suited my budget and time schedule then, and it still does. It's also a good dish for the times Mike gets held up at work, because it's just as good later as it is right away."

"The macaroons are good for showers or club meetings. I've had several people call and ask for the recipe. You can use any kind of preserves, but I always use apricot because I think it is good with the almond flavoring."

PORK CHOP CASSEROLE

Layer thinly sliced potatoes in bottom of baking dish. Place pork chops on potatoes; season to taste. Pour one can of green beans, with juice, onto pork chops. Spread one can cream of mushroom soup on beans. Top with slivered almonds, if desired.

Bake at 350 degrees for about one hour. Serve with green salad.

Ingredients can be altered to suit each family's appetite or size.

MACARON CRESCENT JAM BARS

8 oz. can refrigerated crescent dinner rolls
1 c. apricot or other preserves
1 c. margarine or butter
1 c. powdered sugar
1/2 tsp. almond extract
1 egg, beaten
2 c. coconut

Preheat oven to 350 degrees. Separate crescent dough into two long rectangles. Place in ungreased 13X9 inch pan; press dough to cover bottom of pan, sealing perforations.

Spread preserves evenly over dough. Melt margarine in saucepan; remove from heat. Add powdered sugar, almond extract, and egg; blend until smooth. Stir in coconut. Spoon mixture evenly over preserves.

Bake at 350 degrees for 25-30 minutes until golden brown. (Filling will be soft). Cool; cut into bars. Makes 2-3 dozen bars.



Selling Their Wares

Members of the Hereford Garden Club will be selling their homemade goods during the bazaar scheduled from 9 a.m. until 6 p.m. Saturday at Sugarland Mall. Some of the items to be sold include hooked rugs, canned and baked goods, crochet items, pillows, stuff-

ed and wooden toys, hand-embroidered pillow cases and dish towels, and Christmas decorations and gifts. Displaying merchandise are from left, Mrs. R.L. Wilson and Mrs. Clinton Jackson.



Janice Carr and Andrew

Belford addresses Legion members

Members of American Legion Post 192 and the Ladies Auxiliary held their annual Thanksgiving dinner and joint meeting Tuesday evening at the Legion Hall.

Guest speaker for the evening was the Rev. George Belford, pastor of First Presbyterian Church. He gave an inspiring talk about remembering to be thankful, including references to various wars at which veterans fought for this country's freedom.

Bob Lohr, post commander, introduced the speaker, gave an introductory reading, and made several announcements.

Beverly Jesko, of the

Ladies Auxiliary, told those present about the gift shop in the Veteran's Administration Hospital in Amarillo and asked for donations to supply the gift shop.

She said that veterans who are patients there may do their Christmas shopping at the gift shop free of charge. Auxiliaries from all over the district contribute to this annual project. The shop will be set up Dec. 5.

Two new members were welcomed into the Legion, George and Lela Kemmer. They have recently moved to Hereford from Roswell, N.M., and reside and King's Manor.

Members to attend district convention

All members were urged to attend the District 13 VFW Convention scheduled in Wellington this weekend when the Ladies Auxiliary to VFW Post 4818 met Monday night.

Guests for the meeting were Mrs. Billie Rhoades, department chief of staff, and Opal Fleming, both of Amarillo.

During the business session, with Doris Wilson presiding, Helen Bishop, Buddy Poppy chairman, gave a report on the Buddy Poppy sales held Nov. 5 in Hereford and Nov. 11 at the Post Home. Marie Goheen gave a short informational talk on the benefits of the auxiliary cancer insurance.

Leona Buckley transferred her membership to the local auxiliary.

Following the business meeting, Mrs. Rhoades gave a school of instruction on officers' duties.

Others present were Dorris Coffin, Betty Boggs, Rose Goheen, Maysie Heath, Dora Lea Howell, Essie Martin, Erma Murphey, Eddith Richardson, Sadie Shaw, Ann Walker, and Marta Williams.

Lorenzo Vigil won a meat freezer pack just prior to the business session.

The next meeting will be at 7:30 p.m. Dec. 6, preceded by a covered dish supper at 7 p.m.

"Total abstinence is easier than perfect moderation." St. Augustine

Annual Pep Thanksgiving Day celebration open to public

Everyone is welcome at the 37th annual Thanksgiving celebration at the St. Philip Neri Parish Hall in Pep. Famous Pep sausage, turkey, dressing and all the trimmings will be served from 11 a.m. until 5 p.m. on Thanksgiving day, Nov. 25.

Adults plates are \$4 and children under 12 will be served for \$3 per plate. Carry-out plates are 25 cents extra per plate.

Country Store and carnival

Young Homemakers plan bazaar

Dimmitt Young Homemakers will sponsor their annual arts and crafts bazaar Saturday, Dec. 4, in the Castro County Exposition Building. The event will run from 9 a.m. to 6 p.m.

Booth spaces are available

attractions will be set up all day and an auction will be held at 4:30 p.m. in the Parish Hall. The day's activities will conclude with a dance, featuring a favorite Western band, set to begin at 9 p.m.

For more information, call 933-4355 or any member of the publicity committee, which includes Mrs. Frank Simnacher, Mrs. J.W. Walker, Alvin Walker, and Mr. and Mrs. Charles Burt.

and must be reserved by Nov. 27. Cost is \$20 per booth or \$35 for two or more combined.

For more information, contact Jennifer Miller at 647-4284 or Joyce Wright at 647-3425.



When carving meat, cut against the grain.

A&M

The Hereford Aggie Moms will hold their annual bake sale, one day only, Saturday, Nov. 20, at Sugarland Mall. All proceeds will apply to a scholarship to be presented in the spring to an aspiring Texas A&M University freshman.

GIG 'EM AGGIES!

Get \$5.00 back on the world's best-fitting jeans

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Why are we giving you the world's best offer on the world's best fitting jeans? Because we're sure that once you've worn a pair of Chic jeans by h.i.s. you'll never buy another brand. No matter what your shape or size, perfectly proportioned Chic Jeans can fit you—front to back, top to bottom.

It's an easy \$5, too. Come in for details and your \$5 rebate form and send it to h.i.s. along with the size ticket and sales slip from this store. h.i.s. will send you \$5. And that's a deal you can't afford to pass up.

Offer valid November 15, 1982 through December 31, 1982.

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It's ALL AT ONE PLACE!!

Peter Rabbit Furniture Chess Sets Seiko Watches and Clocks
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Bill Atkinson . . . Anne Crimmins
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Just East of Paramount on 26th in the Cedar Forum, Amarillo

VISA

Anthony's Pre-holiday Weekend Sale!

Friday and Saturday Only

<p style="text-align: center;">Men's Haggar Suits Values to \$100⁰⁰ Now \$74⁸⁸</p>	<p style="text-align: center;">Men's Wool Blazers Now \$68⁰⁰</p>	<p style="text-align: center;">Hanes Thermal Underwear Reg. \$5⁹⁹ Now 2 For \$9⁰⁰</p>	<p style="text-align: center;">Men's Insulated Coveralls Reg. \$42⁹⁹ Now \$34⁸⁸</p>
<p style="text-align: center;">Large Selection Mens Winter Coats Values to \$79⁰⁰ Now \$49⁸⁸</p>	<p style="text-align: center;">Junior "ATB" Ski Jackets Reg. \$35⁰⁰ Now \$24⁸⁸</p>	<p style="text-align: center;">Large Selection Men's Velour Shirts Values to \$18⁰⁰ Now \$12⁸⁸</p>	<p style="text-align: center;">Entire Stock Men's Dress Slacks by Haggar & Angel Flight Values to \$30⁰⁰ Now \$16⁸⁸</p>
<p style="text-align: center;">Entire Stock Ladies Winter Dress & Casual Shoes 20% Off</p>	<p style="text-align: center;">Entire Stock Men's "Wranglers" Now \$15⁸⁸</p>	<p style="text-align: center;">Boy's "Wrangler" Corduroy or Denim Jeans, Sizes 8-14 \$10⁰⁰ Students \$12⁰⁰</p>	<p style="text-align: center;">Boy's Levis Sizes 8-14 Reg. \$14⁰⁰ Now \$11⁸⁸ Students 25-30 Reg. \$18⁰⁰ Now \$14⁸⁸</p>
<p style="text-align: center;">Ladies Velour Tops Values to \$18⁰⁰ Now \$12⁸⁸</p>	<p style="text-align: center;">Junior Levi California Straight Corduroys Reg. \$28⁰⁰ Now \$16⁸⁸</p>	<p style="text-align: center;">Ladies "Levi Bendovers" Pants & Skirts Reg. \$23⁹⁵ Now \$16⁸⁸ Jackets - Reg. \$59⁰⁰ Now \$44⁸⁸</p>	

Now Open 9 to 9 Until Christmas Starting Friday Nov. 19th!!

Downtown & Sugarland Mall

<p style="text-align: center;">Large Selection Junior Tops Values to \$20⁰⁰ Now \$12⁸⁸</p>	<p style="text-align: center;">Entire Stock Men's, Ladies, Children's Winter Gloves Now 1/3 Off</p>	<p style="text-align: center;">Large Selection Men's Ties Values to \$11⁵⁰ Now \$5⁰⁰</p>	
<p style="text-align: center;">Large Group Men's Western Boots Now \$37⁸⁸</p>	<p style="text-align: center;">Ladies Softie Oxford Shoes Now \$4⁸⁸ 3 Pr. for \$12⁰⁰</p>	<p style="text-align: center;">Large Group Pillows Now 2 for \$10⁰⁰</p>	<p style="text-align: center;">Lot no. 8000 "Fastbak" Athletic Shoes Now \$5⁸⁸ All Sizes</p>
<p style="text-align: center;">'Lot no. 223 "Fastbak" Athletic Shoes Now \$9⁸⁸ All Sizes</p>	<p style="text-align: center;">Entire Stock Ladies & Girls Fashion Boots Now 20% Off</p>	<p style="text-align: center;">Entire Stock Ladies Coats Now 25% Off</p>	<p style="text-align: center;">"ATB" Athletic Bags Reg. \$12⁹⁹ Now \$6⁸⁸</p>
<p style="text-align: center;">"ATB" 3-Piece Luggage Set Reg. \$59⁰⁰ Now \$49⁸⁸</p>	<p style="text-align: center;">Entire Stock "Zirconia" Rings & Necklaces 25% Off</p>	<p style="text-align: center;">Entire Stock SleepShirts Now \$3⁸⁸</p>	<p style="text-align: center;">Girls 7-14 ATB Jeans Reg. \$15⁰⁰ Now \$12⁸⁸</p>

Ann Landers

Doctor's column reprinted



DEAR ANN LANDERS: I am enclosing a column written in 1959. The author is Dr. Walter C. Alvarez, for many years a noted physician with the Mayo Clinic. This column did more to educate me about homosexuality than anything I ever read. To have spoken out this way in 1959 took great courage. Time has proven Dr. Alvarez knew what he was talking about. I hope you will print what he had to say. — A Minnesota Reader

he was one of the first to offer encouragement. Here is an edited version of Dr. Alvarez' column.

"Many mothers write me pathetic letters expressing puzzlement and sorrow over a son who is not very masculine. Often he is too good-looking for a boy. His interests tend to be artistic and he never cared for athletics. When he turned 20 or so he became upset because he realized he was different. His love interests were directed toward men. He knew he would never marry and have a family.

"I don't know how anyone could fail to feel sympathy for

an unhappy lad who has inherited a tendency to be more like a woman than a man. Certainly he is not responsible for the genetic and glandular mix-up that went wrong. As I was writing this I stopped for two hours to talk with a young man who told me he takes out girls and hopes one day to marry. But he knows it is dangerous because he feels such a strong attraction for good-looking men. He realizes such friendships can be hazardous and is fighting hard to stay away from them.

"He had gone to several psychiatrists and found no help. Some of the wisest doctors told him they doubted that anyone could change his sexual preference, any more than they could change the psychic make-up of a heterosexual who adores his wife.

"I urged him to avoid doing anything that might cause him to be blackmailed or thrown in jail. I said I hoped he would never marry to put up a front. It is a miserable trick to play on a girl."

Dr. Alvarez died in 1978, too soon to enjoy the progress made by homosexuals in the area of civil rights and social acceptance that had been denied them too long. His "born wrong" theory certainly holds true for large numbers of homosexuals. But many authorities now have documented cases in which there is no genetic or hormonal problem. The deviation occurred at an early age because of environmental factors. It could be an absent or punitive father, an overly smothering mother, any number of situations that might affect the emotional development and send a person in an unusual direction. Nor did Dr. Alvarez acknowledge that many homosexuals are content with their lifestyles and would not choose to be straight.

I would like to pay tribute to a kind and gentle man who had the courage to speak out on this subject in a sympathetic way at a time when it was professionally dangerous to do so. He was a model of what every physician should strive to be.

DEAR READER: I knew Dr. Walter Alvarez. He was a splendid doctor — kind, compassionate and brilliant. When I started to write in 1955

At Wits End

BY ERMA BOMBECK

Have you noticed? There are no more Mr. Nice Guys in television commercials anymore. The hucksters who used to refer to their opposition as Brand X are gone. The housewives are diplomatically referred to the rival product as the "other leading toothpaste" are no more. The car salesman who used to slipcover his competitor's car in a sheet went out with ring around his collar.

I can't remember who put on the gloves first, but one day I was horrified to hear Hertz call Avis by name and Coke to acknowledge Pepsi existed. (Somehow I figured they had just heard rumors.)

From that day forward, there were no holds barred. The consumers watched the war on their television screens. We saw who had the catsup that was runny and which one took three years to get out of the neck of the bottle because of its thickness.

We saw the women who dedicated their lives to searching for a peanut butter that wasn't oily and when they found one dropped the other one like a bad habit.

We saw a stupid husband drag in big-name cold remedies that only made his wife sicker when indeed she had ordered the one with the shot glass on top.

They named names. Lately, one of the more interesting commercial battles taking place is on fast food commercials: It's called the Battle of the Burgers. I never knew you could say so much about a hamburger before.

One blasted its competition, saying they turned out burgers like a \$3,000 flat house and let them sit around and turn cold.

They countered with the speed factor, saying they could fill your order in less than a minute or they'd give you a free burger.

Another emporium said they customized their burgers and if you didn't want the pickle or the lettuce, you didn't have to have it.

One fast foods chain started out their exotic menu and said they'd love to compare it with their competition, but their competition didn't have anything to compare with it ... yet.

The latest drama is a three-way deal to determine if Burger King's \$20 million advertising campaign touting a bigger hamburger than McDonald's and Wendy's was true. It was.

The commercials are more fun these days than "The Dukes of Hazard" on a Saturday night. Tune in next week for the next episode.

Hollene reunion set

A reunion for the Hollene, N.M., community will be held Saturday, Nov. 27, at 6:30 p.m. at Kingswood Methodist Church in Clovis, N.M. Each family is asked to bring cake or cookies.

"Childhood is all mirth." — John Keble

Nearly half the world output of dry mustard never reaches the mustard pot, four tons in every 10 are marketed in bulk for use in other foods.

FURNITURE REPAIR & Refinishing
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Today In History

By The Associated Press

Today is Thursday, Nov. 18, the 322nd day of 1982. There are 43 days left in the year.

Today's highlight in history:

On Nov. 18, 1978, the Jonestown massacre occurred in Guyana as almost 900 members of the People's Temple sect committed suicide.

On this date: In 1626, St. Peter's Basilica in Rome was consecrated by Pope Urban VIII.

In 1903, the United States and Panama signed a treaty granting the United States rights to build the Panama Canal.

In 1936, Germany and Italy recognized General Francisco Franco's government in Spain.

And, in 1970, China named an ambassador to the Soviet Union, restoring top-level diplomatic relations for the first time in four years.

Ten years ago: The Soviet

Union reported it had provided more than \$1 billion in military aid to less-developed nations in 1971.

Five years ago: The Egyptian Embassy in Athens was stormed by Palestinian students, and the embassy in Beirut came under rocket attack as protests spread over Egyptian President Anwar Sadat's planned visit to Israel.

One year ago: In a speech on arms control, President Reagan offered to cancel plans to deploy American intermediate-range missiles in Europe if the Soviets dismantled comparable forces.

Thought for today: "Conscience is the inner voice that warns us somebody may be looking." — H.I. Mencken, American writer (1880-1956)

Today's birthdays: Sen. Ted Stevens, R-Alaska, is 60 years old.

lifelike trees · garland · tree lights
fireplace lighters · adoptable babies
christmas placemats · airplane swings
decanter coasters · toys · glasses
figurines · wreaths
country · games
santa c · candies
ornan · snoopy
angels · stuffed
ducks · baskets
pitcher · nativity
tree tops · hostess
stockings · chile wreaths
aprons · nutcracker · teachers' gifts
doormats · music boxes · boot scrapers
christmas gifts · rugs · garden faucets · e.t. · bells · wrap · dolls
crystal · and much, much, more

The Christmas Spot at **Palms Shop**
2225 S. GEORGIA AMARILLO, TEXAS 79109 355-0991

Sugarland Mall

Infants and Toddler Jogging Suits

20% Off Sale \$7.99 to \$14.40

Reg. \$10 to \$18. Velour and acrylic in a variety of colors. Infants 1/2 to 1 toddlers 1 to 4T.

35% to 60% Off Ladies Handbags Sale \$4.99

Orig. \$8 to \$12. Select group of handbags in vinyl and canvas and assorted styles and colors.

Bath Towels

1/2 Off Now 3.99 bath

Orig. \$8. Large 25x50" size towel of absorbent cotton/polyester. Decorator colors include blue, cinnamon, vanilla, coffee, dark toast and ginger. At these savings, you can brighten your own bath for the holidays and do some early Christmas shopping.

Hand towel	Orig. Now
Washcloth	\$6 2.99
	\$3 1.49

Special \$24.99 Mens Ski Jackets

On the slopes, or off, this super-warm ski jacket keeps you looking super, too. With zip-off sleeves in super colors. Nylon with polyester fill.

JCPenney PRE-HOLIDAY SALE

JOIN THE MOVE

Nielsen · Arbitron · all of the surveys spell it out loud and clear. More and more people in the Panhandle are switching their dials to Action News. And, for some very good reasons. Watch at 6 and 10 and you'll see what they are. You will join the move.

Total Households Viewing Action News
Arbitron Ratings, May 1981-February 1982, 6-6:30 p.m.

KAMR-TV

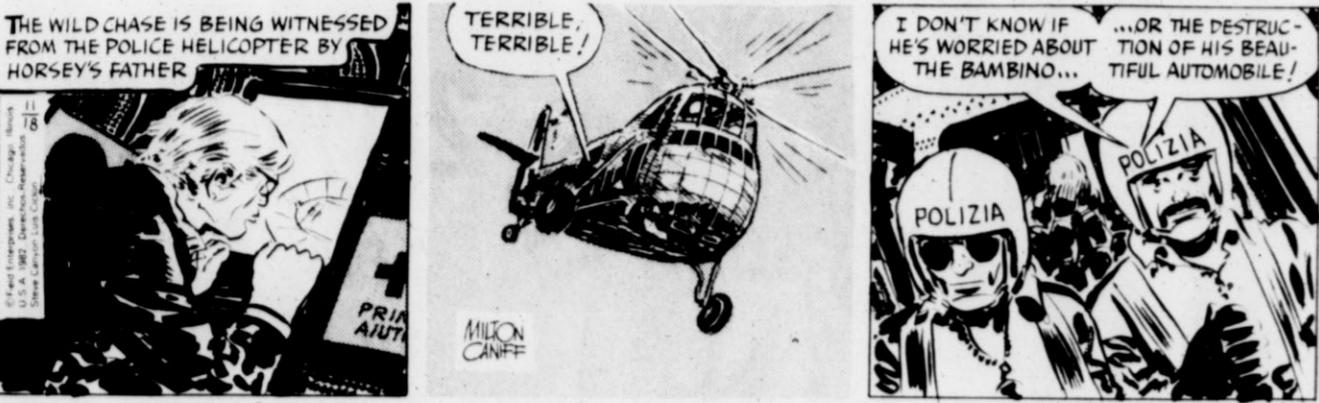
COMICS

PEANUTS® by Charles M. Schulz



STEVE CANYON

By Milton Caniff



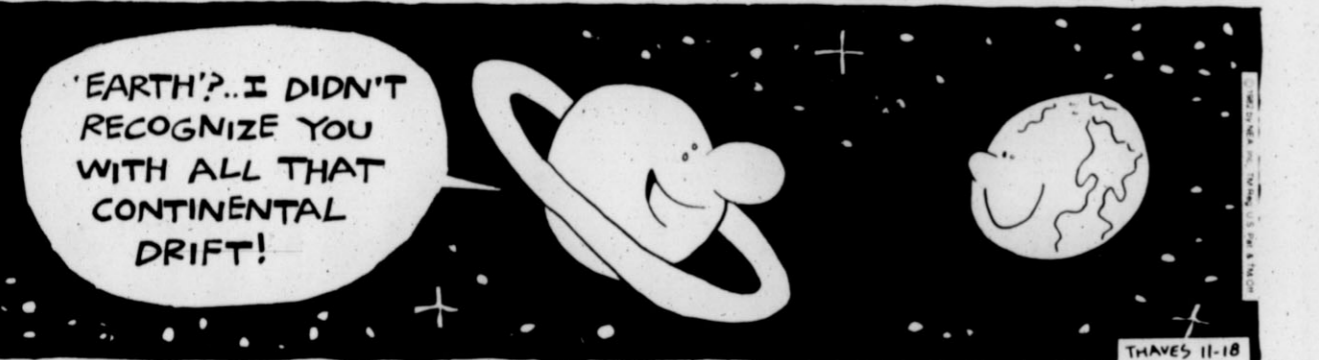
THE BORN LOSER by Art Sansom



EEK & MEEK by Howie Schneider



FRANK AND ERNEST by Bob Thaves



ALLEY OOP by Dave Grape



MARMADUKE®



"Marmaduke likes all kinds of puppies...even human!"

The Newspaper BIBLE



ARE YOU WISE, OR OTHERWISE?

All who listen to My instructions and follow them are wise, like a man who builds his house on solid rock. Though the rain comes in torrents, and the floods rise and the storm winds beat against his house, it won't collapse, for it is built on rock. But those who hear My instructions and ignore them are foolish, like a man who builds his house on sand. For when the rains and floods come, and the storm winds beat against his house, it will fall with a mighty crash. The crowds were amazed at Jesus' sermons, for He taught as one who had great authority, and now as their Jewish leaders. (Matthew 7:24-29)

For no one can ever lay any other real foundation than that one we already have--Jesus Christ. But there are various kinds of materials that can be used to build on that foundation. Some use gold and silver and jewels; and some build with sticks, and hay or even straw!

There is going to come a time of testing at Christ's Judgment Day to see what kind of material each builder used. Everyone's work will be put through the fire so that all can see whether or not it keeps its value, and what was really accomplished. Then every workman who has built on the foundation with the right materials, and whose work still stands, will get his pay. But if the house he has built burns up, he will have a great loss. He himself will be saved, but like a man escaping through a wall of flames. (1 Corinthians 3:11-15)



Television Schedules

THURSDAY

Television schedule grid for Thursday, Nov 18, 1982. Includes channels like HBO, ESPN, and various news and entertainment programs.

FRIDAY

Television schedule grid for Friday, Nov 19, 1982. Includes channels like HBO, ESPN, and various news and entertainment programs.

Crossword puzzle grid with 'ACROSS' and 'DOWN' clues on the left side.



Sorority Rituals

Several local women were given their pledge rituals Tuesday evening at the Community Center when Beta Sigma Phi held sorority rituals. From left, above, are new Alpha Iota Mu pledges,

Melinda White, Jean Hansen, Debby Cox, and Janis White. Xi Epsilon Alpha pledges, from left, below, include Suzanne Rose, Jimmie Middleton, and Debbie Walker.

La Afflatus Estudio Club plans Christmas luncheon

Members of LaAfflatus Estudio Club met Tuesday in the home of Allyne Johnson, with Lydia Hopson as co-hostess. After the meeting was called to order by President Pet Ott, the social committee reported that the next meeting will be a Christmas luncheon at 1 p.m. on Dec. 8.

Thanksgiving dinner held Tuesday evening

La Plata Study Club met Tuesday evening at the Hereford Country Club for a Thanksgiving dinner, to which husbands were invited as guests. Thirty-one were in attendance.

Hostesses for the party were Margaret Schroeter, Carla Patterson, and Ruby Boston.

Following the meal, served buffet style in the Halbert Room, the group played Bun-

co. Winners were Sarah Hazelrigg and Louis Woodford. The club's next meeting will be a Christmas party in the home of Donna VanderZee on Dec. 14.

Other members present were Tresa Hale, Alberta Higgins, Emily Suggs, Opal Elliston, Irene Markham, Della Stagner, Eva Gilliland, and Lucille Hughes.

Mary Williamson gave a program entitled "American Astros - Where are They Today?" She told about former astronauts who are now successful businessmen. One for example was John Glen, a U.S. Senator.

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Hospital Notes

PATIENTS IN HOSPITAL. Eula Ashbrook, Jay Boston, Denise Brinkman, Inf. Boy Brinkman, Tara Cash, Isabel Celaya, Ernestina Escobedo.

Margaret Galvan, Maria Garcia, Glenda Gonzales, Rae Gonzales, Lilah Grubb, Hope Herrera, Natividad Jalomo, Jacob King, Jessie Lambert, Bob Lasiter, Ray Lopez, Margaret Fortner.

New Arrivals

Mr. and Mrs. Doug Reinart are the parents of a daughter, Brittany Joyce, born Nov. 16 in Palo Duro Hospital, Canyon. She weighed 5 pounds, 7 ounces.

Ollie Burgess, Robert Abbott, Ryan Martinez, Elgin Moore, Melvin Muse, Ernesto Perez.

Maria Ramirez, Inf. Boy Ramirez, Lucille Richardson, Sulema Salazar, Inf. Boy Salazar.

Ruby Smith, James Southward, Linda Uvalle, Rose Ventruella, Gertrude Wade, Elroy Wilson, Lottie Wiltshire, Andy McAfee, Dee Ann Osborn.

Grandparents are Mr. and Mrs. Martin Cribbs of Wildorado and Mr. and Mrs. A.H. Reinart of Hereford. Great-grandparents are Mary Reinart of Hereford, Doris Rinnell of Adrian, and Mr. and Mrs. M.L. Cribbs of Wildorado.

The One to See

Jerry Shipman, 801 North Main 364-3161

STATE FARM INSURANCE COMPANIES Home Office in Bloomington, Illinois

Think of it like this: If everyone did it your way, whom would you be able to tag for the no-no's when things went wrong?

Bloodmobile to be here

The Coffee Memorial Bloodmobile will be in Hereford Wednesday, Nov. 24, from 4 to 6:30 p.m. Anyone who can is urged to come to the Community Center at that time and give blood.

The monthly blood drive is sponsored by the Women's Division of the Chamber of Commerce.

Between 1900 and 1940, only about 20 percent of new housing was built to contain three or more families. Today, apartment buildings account for one-third of all residences.

G.E.D. TESTING

GED Testing will resume at the Hereford Independent School District Administration Building, Dec. 13 & 14, 1982 at 8:30 A.M. on both days. Allow 1 1/2 days for testing.

For further information call: Robert L. Thompson 364-0843



Epileptic treatment improving

Epileptics for years faced an uphill battle against the stigma that society placed on them. But anti-convulsant drugs now available have helped change the picture.

Proper use of the right medication can help make an active and fulfilling life possible for most epileptics and limit the chances of an epileptic seizure, says the Texas Medical Association.

Epilepsy is a nervous-system disorder with symptoms that may include mus-

cle spasms, mental confusion and loss of consciousness. Seizures can range from mild to severe and usually last only a short time.

The drugs are designed to prevent these seizures, in which brain cells create abnormal electrical discharges that cause temporary loss of certain body functions.

Scientists still do not know why these cells, called neurons, do this.

But epilepsy has been related to birth defects,

prenatal damage or injury at birth to the central nervous system, poisons, head injuries, diseases such as measles, circulatory disorders, brain tumors and poor nutrition.

In some cases, the cause is impossible to identify.

The original plan of the U.S. Capitol was drawn by Dr. William Thornton of Tortola, West Indies, and accepted April 5, 1793.

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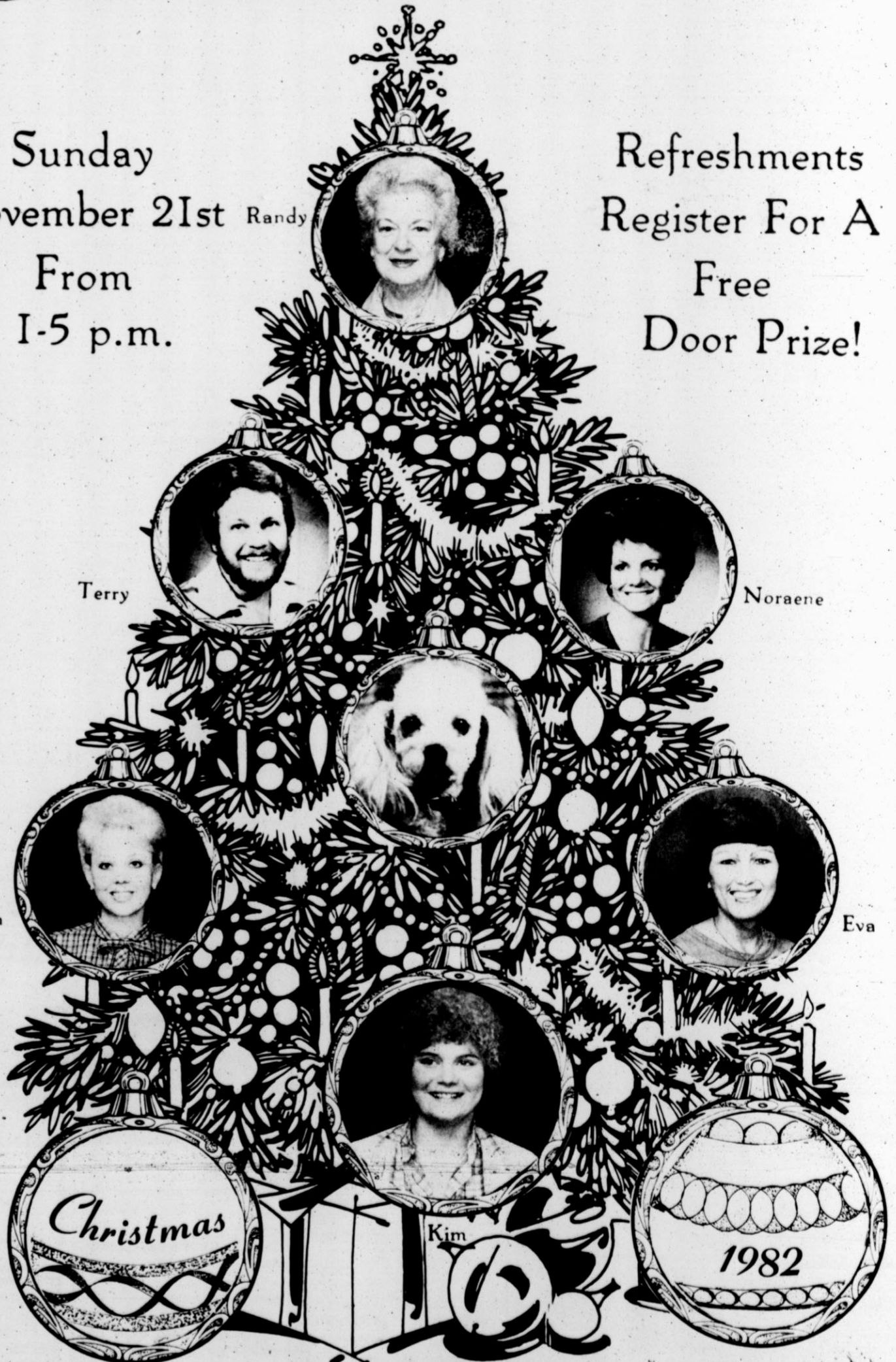
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Fireplaces not so hot after all

COLLEGE STATION -- While many Texans are looking forward to enjoying the warm glow of their fireplaces this winter, the glow may be by the warmest part of a standard masonry fireplace.

The average masonry fireplace delivers only 5 percent of the heat generated by the fire to the home, says Dr. Mike Walterscheid, forester with the Texas Agricultural Extension Service, Texas A&M University System. The other 95 percent goes up the chimney.

In addition, the fire, when burning properly, draws between 500 and 600 cubic feet of air per minute. That air, enough to empty a 1,400 square foot home in about 20 minutes, is drawn into the home under windows, around doors and through cracks in the floors of even the finest homes. The result is that fireplace can actually hinder, rather than help, your heating system, says Walterscheid.

Despite the efficiency of a fireplace most persons whose homes have one will want to use it. The forester offers several suggestions that can add to the enjoyment of a fireplace.

Before the cold season sets in, check the chimney for obstructions and creosote buildup. Creosote, a tarry substance, is found in all types of wood and, as a result, will be found in chimneys, not just the ones where creosote-treated wood has been burned.

A chimney rated as Class A by Underwriters

Laboratories, Inc., among the safest chimneys available, will withstand temperatures up to 1,700 degrees F. for 10 minutes. Temperatures in a creosote-caused chimney fire can reach 3,000 degrees F. So, check the chimney and clean it if necessary before starting a fire.

Since a cold chimney will not draw as well as a warm one, hold a lighted, rolled-up newspaper toward the top and rear of the fireplace to warm the chimney and help prevent smoke from backing up into the room when the fire is started.

Allow ashes to accumulate to at least an inch deep on the hearth since they act as insulation and will help the fire burn more efficiently.

Add new logs to the rear of the fire where they will reflect light and heat into the room.

Use screens or glass doors in front of the fire to prevent sparks from falling onto the carpet or floor. Glass doors can double the efficiency of a fireplace, which means going from a 5 percent efficiency to a 10 percent efficiency. Glass doors can also be closed when the fire is unattended or at bedtime and will help keep home heat from escaping up the chimney.

Installing and using an outside air source directly into the fireplace can also help its efficiency.

Finally, never leave children unattended in a room where there is or has recently been a fire.

Catholic bishops condemning war

WASHINGTON (AP) -- Roman Catholic bishops are pushing ahead with their projected sweeping condemnation of nuclear warfare despite objections conveyed directly from the White House.

In the unusual confrontation between the Reagan administration and leaders of the nation's largest Christian body, the bishops are saying the presidential criticism will get careful consideration.

But as the National Conference of Catholic Bishops today continued discussing their document challenging some U.S. nuclear strategy, indications were they'd stick to their positions.

The administration's intervention will be taken very seriously as a real contribution to our discussion," commented Archbishop John R. Roach of St. Paul, Minneapolis, president of the conference.

"But I don't see it as an occasion for any major turnabout on the positions of our document," Roach said.

The proposed pastoral letter calls for a nuclear freeze, and condemns as immoral any use of nuclear weapons, or any threat or intent to use them. It says even their possession as a deterrent is tolerable only so long as steps are being taken toward mutual disarmament.

Archbishop Joseph L. Bernardin of Chicago, head of the committee that drafted the bishops' planned teaching letter, said he didn't feel intimidated by the White House criticisms.

"From the beginning we invited and asked for comments," Bernardin said. He said most administration objections had been raised before, and indications were that most bishops still backed their document.

The administration complaints were delivered voluminously Wednesday -- a load of brown White House envelopes stacked on a meeting room table and addressed individually to the nearly 300 bishops.

Copies of the seven-page letter inside, signed by national security adviser William P. Clark but explicitly speaking for Reagan and top Cabinet officials, charged "fundamental misreadings of American policies."

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Rituals of Jewels

From left, Vickie LaFrance, Holly Bixler, Jill Gallagher, and Marge Bell received the Ritual of Jewels into Alpha Iota Mu Tuesday evening at Beta Sigma Phi sorority rituals. The ceremony was held at the Community Center.

Collector show is scheduled

A collector show and sale, featuring arts, crafts, and a flea market, will be held Nov. 26 and 27 at the Cummarron County Fair Building in Boise City, Okla.

The event is scheduled from 6 to 9 p.m. Friday, Nov. 26 and from 9 a.m. to 6 p.m. Saturday, Nov. 27, and is sponsored by the Keyes Collectors Club. There is not admission charge.

The Boise City Chamber of Commerce will sponsor an auction at 1 p.m. Nov. 27 in the sales arena.

Dealers may set up displays after 2 p.m. on Nov. 26, Contact Dick Clifford Box 45, Keyes, Okla. 73947 or call (405) 546-2941 or 546-4681 for reservations.

Stovall has new address

It is reported that Darlene Stovall has been released from the hospital and will be in and out for approximately the next six weeks.

Her new address is Continental Village Apts., 7675 Phoenix Dr., Apt. 1218; Houston, TX 77030 and her phone number is (713) 797-0925.

Reagan guarding against accidental war

WASHINGTON (AP) -- In a "confidence-building" message to the Soviet Union, President Reagan is planning to propose new measures to guard against accidental nuclear war, according to administration sources.

In a speech nearing completion and to be delivered within a week, Reagan will call for improving the hot line between Washington and Moscow and more notification before nuclear missile tests, the sources said.

The speech is designed to assure the late President Leonid I. Brezhnev's successors that the United States is committed to arms control. Reagan will draw attention to the massive sums the two superpowers spend on defense and urge a mutual effort to reverse the nuclear weapons race, said the sources, who asked not to be identified.

While Brezhnev's death last Wednesday is not viewed by U.S. officials as ushering in a new era of Soviet foreign policy, Reagan and his ad-

visers are taking the occasion to call for improved relations. In the speech, the sources said, Reagan intends to show how U.S. proposals for cutting back nuclear missiles can foster peace.

Now under negotiation in Geneva, the proposals would cut back by one-third U.S. and Soviet intercontinental nuclear warheads and reduce or eliminate nuclear missiles in Europe. Prospects for an early agreement are considered slim.

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