

Inside today's Hereford Brand

SPORTS All-Stars to shine tonight in Chicago

WEATHER Fair skies, slight rain chance--Page 2

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TUESDAY, July 10, 1990

The Hereford Brand

Hustlin' Hereford, home of Rene Zinser

90th Year, No. 6, Deaf Smith County, Hereford, Tx.

10 Pages

25 Cents



Stubble burnoff north of town

A huge cloud of smoke was noticed north of Hereford Monday by many residents. The smoke resulted from a controlled burnoff of wheat stubble approximately 10 miles north of town off US-385. (Photo by Orville Howard)

Judge will probably let Texas school funding law take effect

AUSTIN (AP) - A state judge said at a trial challenging the state's new education reform package today he probably will allow it to take effect for the coming school year. State District Judge Scott McCown said that even if he ultimately decides the new law is unconstitutional, it might be disruptive for school districts to immediately halt its implementation. "Courts just aren't designed to move that fast, and we don't want a school year in chaos," McCown said. McCown said he hoped to make a decision on whether the new law is constitutional by Sept. 1. He said the trial probably will take two weeks. Attorneys for poor school districts and the state gave opening statements

today in the battle over ways to divvy up tax money for public schools. The school districts are challenging the education reform package lawmakers approved last month in response to a unanimous Texas Supreme Court order for change. The package adds \$528 million to state school funding for the 1990-91 school year. The money is being raised through tax increases including a quarter-cent sales tax boost. The plan is meant to even out funding differences between rich and poor school districts over several years. Poor school districts say it doesn't go far enough in changing the \$13.5 billion-a-year finance system, which relies on state aid, local property

taxes and some federal money. The 68 poor schools contend the Legislature's new plan is unconstitutional, but only 13 of those schools want the court to throw it out immediately. The 55 other districts say the plan should be allowed to take effect temporarily to avoid disrupting the school year. "This is really only round two," in the financing battle, said Rick Gray, attorney for the 55 districts. "It's just taken a while to get here." The poor districts challenged the funding system in state court in 1984, saying their students were being cheated of educational opportunities provided in wealthier districts that raise more money through local property taxes. After several appeals, the Texas Supreme Court in October ruled the system unconstitutional and ordered an overhaul.

Hereford Bull

By Speedy Nieman



That feller on Tierra Blanca Creek says middle age is when you begin to make each day count, and old age is when you ask for a recount.

An old lady in the small town was very angry because she had not been invited to a picnic to which most of her friends were going. The day of the event, the hostess relented and asked her to come. "It's too late," snapped the lady, "I've already prayed for rain."

Friends of Alice Gilleland can make contributions to assist in her therapy at Bivens Rehabilitation Center. She had a stroke while undergoing heart surgery in May, and has been making progress since moving to Bivens in June. Her rehabilitation will soon end due to lack of funds. Friends have set up accounts in her name at First National and Hereford State Bank. All donations will go towards care and therapy.

"Alice has given so much to others through her church, her job at the Red Cross office, and many other community projects," explained a friend, "and we think her friends would like to help Alice continue to have therapy and the opportunity to regain as much mobility as she can."

Sen. Bivins to visit here

State Sen. Teel Bivins (R-Amarillo) will host a Town Hall meeting in Hereford at 7 a.m. Wednesday at the Caison House Restaurant.

Sen. Bivins will discuss the school reform bill recently passed by the Texas Legislature and seek input on other measures as Bivins prepares for the 72nd legislative session after a record-setting six special sessions of the 71st Legislature.

Bivins said the town hall meetings are essential to communicate with his constituents. He is scheduled for a 10 a.m. meeting in Dimmitt at City Hall. He will be accompanied by staff members from his Amarillo and Austin offices.

Pray for Rain

Members of the Dawn community will gather Thursday for a non-denominational prayer meeting at 8 p.m. in the Dawn Community Center. Purpose of the meeting is to pray for relief from the drought-like conditions which have gripped the area, according to Jim Hickman, pastor of Dawn Baptist Church. When he announced the meeting Sunday, Hickman explained that Christians of all denominations used to gather for such prayer meetings to demonstrate their faith and solidarity in times of crisis. The meeting is open to all interested persons. Casual or work clothes will be appropriate. For further information, call the Dawn Baptist Church, 258-7330.

'Big 7' summit leaders may find unity elusive

HOUSTON (AP) - Leaders of the big seven economies today were saluting the democratic reforms sweeping Eastern Europe and the Soviet Union, but summit unity proved elusive on issues like worldwide farm subsidies and aid to the Communist governments in Moscow and Beijing. Monday's initial meetings apparently left West Germany and France with a free hand to provide financial assistance for Mikhail Gorbachev's limping economy. A draft communique, being polished by the seven leaders today, gave summit nations a green light to promote democracy with "economic assistance as appropriate." While there was no specific reference to the Soviet Union, the message was clear. The summit got off to a mixed start for the host nation.

In the main event, the United States, Britain and Japan blunted a drive to extend massive western aid to Moscow, but apparently could not convince West Germany and France to await more reforms before contributing.

President Bush, pressing an issue that topped his agenda for these meetings, also failed to persuade his six partners to phase out agricultural subsidies. And he was isolated in opposing a vigorous campaign to reverse global warming trends.

Bush found himself being lectured by West German Chancellor Helmut Kohl not to delay for more study joint action to reduce emissions of carbon dioxide and other greenhouse gases.

While trying to paper over some of summit differences, White House spokesman Marlin Fitzwater warned that a prospective world trade treaty - in the works since 1986 - could "die" if the United States failed to achieve its lonely goal of agriculture reform.

During the second day of their two-day meeting, Bush and the leaders of West Germany, Japan, France, Canada, Italy and Britain were united today in cheering the rising tide of democracy in the Soviet Union, Eastern Europe and also, in Latin America and Africa.

But Bush would withhold direct financial assistance to the Soviets until they curtail Cuban subsidies, reduce spending on the military and adopt more free-market mechanisms. He sought to sell his approach to the other leaders at dinner in a mansion-museum on Lazy Lane, where estates are priced in the \$11 million range.

A parallel effort was undertaken in a downtown restaurant by Secretary of State James A. Baker III at a dinner with the six foreign ministers.

Bush already had the support of Japan and Britain.

Japanese Prime Minister Toshiki Kaifu said further market-oriented reforms were needed before aid to Moscow could be effective. British Prime Minister Margaret Thatcher said the Soviet Union may stall further reforms if they receive massive aid.

On the other side, French President

Francois Mitterrand said, "If we don't decide now to help the Soviet Union there is a risk that there will be no progress, no further reform" of the Soviet political system.

Sponsors of the drive to raise \$15 billion in western aid for Gorbachev pressed their case on Monday. A British official said, "The French and Germans keep trying, but they're not getting anywhere."

Louisiana abortion ban may be test

WASHINGTON (AP) - The Louisiana legislature's abortion ban, if signed into law, may provide the test that prompts the Supreme Court to reconsider its 17-year-old Roe vs. Wade decision, say advocates on both sides of the abortion debate.

Anti-abortion and abortion rights groups were waiting for word from Louisiana Gov. Buddy Roemer on whether he will sign or veto the bill passed overwhelmingly after a tumultuous weekend Statehouse battle.

If it becomes law, the measure would be the nation's strictest anti-abortion law and would represent a direct challenge to the 1973 Roe decision in which the court declared abortion to be a constitutional right.

"There's no question that this is a great bill for us," said John C. Wilke of Cincinnati, president of the National Right to Life Committee, the leading anti-abortion group.

"This will stop 99 percent of all

baby killing in the state of Louisiana," Wilke said. "It certainly is a signal to the rest of the nation."

The bill was passed overwhelmingly Sunday night after abortion foes failed to override Roemer's veto of an even stronger abortion ban. The new bill includes provisions, demanded by Roemer, to allow abortion in cases of reported rape and incest.

However, the governor said Monday he hadn't decided whether to sign or veto the latest version.

National abortion rights groups were stunned by the sudden emergence of the revised bill.

Kate Michelman, executive director of the National Abortion Rights Action League, called it "the most outrageous and dangerous anti-choice bill in the nation" and urged Roemer to veto it.

Roger Evans, director of litigation for Planned Parenthood, said his group will file suit to block the measure if Roemer signs it.

County tables bids, okays \$2,000 funding request

Deaf Smith County commissioners opened two bids for office space for the county surveyor during their regular meeting Monday.

The commissioners received bids A.O. Thompson Abstract and Diamond Valley Enterprises Inc. The bid from A.O. Thompson Abstract is for 600 square feet at 242 E. Third St. at \$350 per month including utilities. The Diamond Valley Enterprises bid is for 632 square feet located at 415 N. Main for \$291 per month including utilities.

Commissioners decided to table the bids pending inspection of the two sites.

The commissioners also approved a funding request from Panhandle Community Services for \$2,000 to be

paid out of the 1990 budget.

In other business, the commissioners agreed for the county to pay 10 percent of widening the right-of-way along U.S. Highway 385 north of the city as well as okaying a plan to provide street signs in the San Jose addition. Commissioner Austin Rose offered to provide materials if residents of the area would make the signs. Commissioner John Strubling offered use of stencils and the Precinct 1 barn.

In another road project, commissioners approved advertising for bids for roadwork near Dawn.

The commissioners also approved advertising for a full-time library clerk to replace a retiring staff member.



Preparing for Manor barbecue

The annual King's Manor Barbecue was held Saturday and these men are shown preparing the meat for the big event. Almost 800 people turned out for the dinner--one of the best events ever held, according to Manor leaders.

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Page Two

Local Roundup

School board meets Thursday

Trustees of the Hereford Independent School District will hold a regular meeting beginning at 6 p.m. Thursday in the Administration building. Topics on the agenda include discussion of taxation on tangible personal property, an appointment to the juvenile board, approval of bills, general reports and the regular presentation of reports from administrators and professional organizations. An executive session is scheduled to discuss board appointments for District IV and V, where two trustees resigned.

Police arrest six over weekend

A relatively quiet holiday weekend was recorded by the Hereford Police Department. There were no arrests Monday and only six traffic citations and one minor accident. Firemen answered two alarms on grass fires. Offense reports Monday included two on terroristic threats, assault and disorderly conduct.

Six arrests were reported by the police over the weekend, including two for public intoxication and two on traffic violations. A 37-year-old man was arrested on a warrant for theft by check, and a 26-year-old man was arrested on a domestic violence charge of injury to a child.

Police investigated 14 offense reports, including five Class C assault cases, and charges were filed in four of the cases. Other investigations included two domestic disturbance cases, a theft in the 800 block of Park Avenue, a theft in the 400 block of N. 25 Mile Avenue, a dog bite complaint in the 600 block of Ave. K, and the unauthorized use of a vehicle in the 400 block of Fir Street.

Twenty-four traffic citations were issued and one minor accident was reported, with no injuries. Firemen responded to a structure fire at Coronado Acres.

Only 20 percent chance of rain

Partly cloudy this evening with a 20 percent chance of thunderstorms, becoming mostly fair after midnight. Low near 70. South wind 10 to 20 mph. The high at KPAN Monday was 91 and the low this morning was 67 degrees. For Wednesday, sunny morning and partly cloudy in the afternoon with isolated thunderstorms. Wind southwest 10 to 20 mph. Rain chance less than 20 percent.

News Digest

World, National

HOUSTON - Leaders of the seven industrial democracies salute the political reforms sweeping the Soviet Union and Eastern Europe. But the harmony that is an economic summit hallmark is eluding President Bush in his adopted hometown.

HOUSTON - In Moscow, street vendors are lucky if they can offer puny plums and odd-looking strawberries. At this summit, mounds of luscious raspberries and fresh shrimp almost obscure the lines of summiters waiting to load the free food onto their plates.

HOUSTON - It seems only fitting: the headquarters for the economic summit host committee is a historic mansion now owned by the government as a result of the S&L debacle. Houston is the heart of the thrift crisis.

MANAGUA, Nicaragua - Striking pro-Sandinista workers and students erect roadblocks, clash with government supporters and seize a state broadcasting center, preventing President Violeta Barrios de Chamorro from addressing the nation. Water, electricity and phone service are nearly paralyzed in Managua.

SPACE CENTER, Houston - NASA has grounded two veteran shuttle commanders for risky jet flying after one pilot was involved in a weekend crash and another flew too close to an airliner.

NEW YORK - The United States has the largest number of billionaires, but Donald Trump is no longer among them.

AHRENSFELDE, East Germany - Three months ago, East Germany's new democratic government invited Jews worldwide to return to a land once equated with Nazi persecution. Now, the government says they may not qualify for refugee status because of the merger with West Germany.

WASHINGTON - The Louisiana Legislature's abortion ban, if signed into law, may provide the test that prompts the Supreme Court to reconsider its 17-year-old Roe vs. Wade decision.

ARLINGTON, Va. - A parents group is battling charges of censorship as its campaign for voluntary warning stickers on records promoting bigotry, rape and murder is winning allies in legislatures and within the music industry.

Texas

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HOUSTON - Environmentalists from Eastern Europe are seeking help from the world's richest nations any way they can get it.

HOUSTON - As summit leaders tried to shape the future, their spouses planned a peek into Texas' past with a whirlwind trip to San Antonio.

HUNTSVILLE - A mentally retarded man whose conviction and death sentence was overturned by the U.S. Supreme Court has been convicted a second time in the rape slaying of a Livingston housewife.

SAN ANTONIO - A Texas television reporter was expected to name today the confidential source he went to jail to protect.

SPACE CENTER, Houston - In an unprecedented move, NASA has grounded two veteran astronauts for risky off-duty jet flying after one pilot was involved in a weekend crash and another flew too close to an airliner.

EL PASO - Criminal trespass charges against at least 119 anti-abortion protestors will be dropped because of the way police arrested the demonstrators, County Attorney Joe Lucas said.

FORT WORTH - Voters will decide today whether to pass \$40 million in bond issues, half for renovations to the Cultural District that includes renovating the Will Rogers Auditorium.

AUSTIN - Texas education officials are again conducting textbook hearings, but this time they're also being asked to consider something more high-tech: videodiscs.

AUSTIN - Republican gubernatorial candidate Clayton Williams is back on the TV again. Williams, hoping to capitalize on an early lead in gubernatorial opinion polls, this week began airing commercials in several smaller television markets.

WASHINGTON - Mass transit operators in Dallas and Houston did not expect the House appropriations committee to restore some of the millions of dollars they want for next year.

Hospital Notes

PATIENTS IN HOSPITAL

Peggy Jean Allen, Erminio Frances Lopez, Jewel E. May, infant Arroyos, J.B. Buske, Lucia Celaya, girl Merritt, Linda C. Merritt, Annie Chavez, Ruthalee Ferguson, Reagan Peeler, and Maria Guadalupe Olga Gonzales, Margie Hartwig, Sanchez.



Check for Senior Citizens Center

Margie Daniels, center, executive director of Hereford Senior Citizens Center, accepts a \$500 check from the Golden K Kiwanis Club. The check was presented by Jack Kirksey, right, on behalf of the club. Grant Hanna, Golden K president, was present for the presentation.

Obituaries

MARY O. SMYTH JULY 8, 1990

Mary O. Smyth, 81, of Hereford died Sunday, July 8, 1990.

Services will be at 10 a.m. Wednesday in the Rix Funeral Chapel with Bob Ware, of Central Church of Christ, officiating. Burial will be in Restlawn Memorial Park Cemetery.

Mrs. Smyth was born in Dawson County. She had been a Hereford resident for 54 years. She moved to Hereford from Oklahoma. She was a housewife and had cooked in cafes in Hereford. She was a member of Central Church of Christ. She married Carl Smyth in 1947 in Clovis, N.M. He died in 1984.

Survivors include a daughter, Nadine Caster of Hereford; two sons, Leon Cole of Mooreland, Okla., and Kenneth Cole of Madisonville, Ky.; two sisters, Sarahbell Morton of Hereford and Thelma Smoot of Borger; a brother, Alvin Williams of Bentonville, Ark.; 11 grandchildren; 26 great-grandchildren; and four great-great-grandchildren.

In lieu of flowers, the family requests memorials be made to Hereford Senior Citizens Building Fund or the American Heart Association.

Panel probes S&L deal for favors

WASHINGTON (AP) - A Senate subcommittee chairman is asking whether a former aide to George Bush used political influence on behalf of a businessman who acquired 15 insolvent savings and loans with a \$1,000 investment.

James M. Fail, a Phoenix insurance executive, borrowed \$70 million while putting up the \$1,000 of his own in December 1988 to acquire the thrift institutions, which now operate as the Dallas-based Bluebonnet Savings Bank.

Fail was represented in the deal by Robert J. Thompson, once congressional liaison for President Bush when he was vice president.

In a Dec. 5, 1988, letter released Monday by the Senate Judiciary subcommittee on antitrust, monopolies and business rights, Thompson pressed M. Danny Wall, then chairman of the Federal Home Loan Bank Board, to make a decision on the deal.

"Time is of the essence and, therefore, we feel compelled to ask

for a decision immediately," Thompson wrote, addressing the letter to "Danny" and signing it "Bob."

Seventeen days later, the bank board, which has since been disbanded, voted to award the thrifths to Fail, with an estimated government subsidy of \$1.8 billion in 1988 dollars.

Subsequently, Fail, through Bluebonnet and his insurance companies, lent Thompson more than \$500,000 - \$356,250 in a mortgage for a home in Washington and a \$150,000 business loan, according to documents released by the subcommittee.

Lance Morgan, a spokesman for Thompson, said payments on both loans were current.

"To what extent did Robert Thompson's political connections and personal friendships influence the outcome of the bidding process?" asked the subcommittee chairman, Sen. Howard Metzenbaum, D-Ohio. Wall, in a telephone interview,

said Thompson's connections played no role in the decision. He said he knew Thompson as a lobbyist, not as a friend, and had not known him when he worked for Bush. In fact, he said he knew a competing bidder, Weston Edwards, better.

Metzenbaum, the only subcommittee member present during a four-hour session Monday, said he would push the panel to subpoena Fail, Thompson, Wall and others, within the week. All declined invitations to appear voluntarily.

"They have failed to show up until this point. We intend to get them here. They owe the public an explanation," Metzenbaum said.

Fail's attorney, Stanley M. Brand, in a statement released after the hearing, challenged the subcommittee's jurisdiction to look into S&L matters.

He said it was misleading to say Fail had bought Bluebonnet for only \$1,000 because he had pledged his holdings as collateral for the \$70 million in loans.

"It is not difficult to conclude that today's hearing was motivated by sheer political opportunism," Brand said, labeling Metzenbaum a "political vigilante."

Wall complained that Metzenbaum was presenting information "very selectively" and said he had declined to testify only because he wasn't given enough time to prepare. He said he was willing to present his case before the panel.

In the waning months of the Reagan administration, the bank board under Wall concluded scores of bailout deals - more than 200 in 1988, over 70 in December alone.

Wall said the deals are saving taxpayers money - outside analysts estimate \$1 billion a month, compared with the cost of liquidating the institutions. Liquidation was not a practical option in any case because regulators did not have the cash to do that until Congress enacted the S&L bailout in August 1989, he said.

Metzenbaum said he would continue to investigate the other transactions.

"I don't believe this is the only deal that was made that has questions surrounding it," he said.

Sea creatures living at depths below 3,000 feet have been found to be blind or to possess their own phosphorescent lighting system.

Letters to the Editor

Dear Editor:

The enthusiasm in support of the National Cowgirl Hall of Fame and Western Heritage Center during the 1990 Rhinestone Roundup weekend exhibited, for sure, a definite support for the Hall, its purpose, and its goals. It's shouting time, and that's what we're doing!

It's also a grateful time. The Rhinestone Roundup Weekend with all its activities could not have been such a first class act if volunteers from Hereford, the area, the state, and even from all over the nation had not stepped forward, helping in every which way.

The Board of Directors of the Hall of Fame joins me in thanking you for your support of the annual benefit of the Hall whether you loaned an

appliance, gave a price discount, were a part of the Feedyard Challenge, attended the events, were a cowboy or cowgirl host, helped in the kitchen, supplied one of the door prizes, sang a song, bought a feedyard team, sold tickets, helped spread the good news, contributed to Sidesaddle magazine, did the tedious office work, underwrote one of the many activities, made a speech, cleaned the floors, decorated, watered the dry grounds, or turned off the lights...you are held in high esteem, and you are genuinely appreciated!

I only wish the Hall could do a fund raiser once a month with the same results...it was great!

Cordially,
Margaret Formby,
National Cowgirl Hall of Fame

Courthouse Records

JUSTICE OF THE PEACE
Hereford ISD vs. Felipe Holguin, delinquent taxes, \$23.31, July 2.
Hereford ISD vs. Esther Flores, delinquent taxes, \$63.47, July 2.
Hereford ISD vs. Emilio Cantu Jr., delinquent taxes, \$33.67, July 3.
Hereford ISD vs. Leroy Lucero, delinquent taxes, \$49.36, July 3.

COUNTY COURT PROCEEDINGS
Deaf Smith County vs. Robert Enriquez, no liability insurance/second offense, dismissed, July 3.
Deaf Smith County vs. Anita Amaro, sale of alcohol to a minor, \$100 fine, July 3.
Deaf Smith County vs. Kaul N. Trevino Jr., driving while intoxicated, three days in jail plus 180 days probated for two years, \$700 fine

(suspend \$300), July 3.
Deaf Smith County vs. Valentin Guevara, theft, 30 days work release, July 3.
Deaf Smith County vs. Jesus Flores, driving with license suspended, three days in jail, \$500 fine, July 3.
Deaf Smith County vs. Mary Reyna Mondragon, no liability insurance/second offense, \$200 fine, July 3.
Deaf Smith County vs. Jesus Montemayor, criminal trespass, seven days in jail plus 180 days probated for one year, \$400 fine, July 3.
Deaf Smith County vs. Rodolfo Davila, driving while intoxicated, three days in jail plus 180 days probated for two years, \$700 fine (suspend \$300), July 3.
Deaf Smith County vs. Manuel Alonzo, driving while intoxicated/revocation of probation, seven months work release, July 3.

DISTRICT COURT PROCEEDINGS
State of Texas vs. Maria Uvalde, order appointing attorney, June 30.
State of Texas vs. Daniel Esparza, order to dismiss motion to revoke probation, July 3.
State of Texas vs. Alvin Green, order setting probation hearing date, July 3.
State of Texas vs. Tommy Gallagher, order of transfer, July 6.
State of Texas vs. Lyle Venbushkin, order of transfer, July 6.
State of Texas vs. Ralph Gallegos Jr., order of transfer, July 6.

MARRIAGE LICENSES
Stephen Rex Dawes and Becky Mae Parks, July 3.
Shawn Patrick Reece and Enedina Garza Ramirez, July 6.

DIVORCES
Helen Barbara Sanchez and Reynaldo Sanchez, July 9.

THE HEREFORD BRAND

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THE BRAND was established as a weekly in February, 1901, converted to a semi-weekly in 1948, to five times weekly on July 4, 1976.



King's Manor Barbecue held

Almost 800 people attended the annual King's Manor Barbecue Saturday, and the event grossed almost \$12,000. Officials termed it one of "most successful" events held and people came from a wider geographic area. The "Now & Then Bluegrass Band" provided entertainment.

Publisher: O.G. Thomas
Managing Editor: John Brundage
Assistant Editor: Michael Montgomery
Circulation Director: Chastain Revett

Life!

Here's some fruit facts

Q. How did kiwi fruit get its name?

A. It was originally called Chinese gooseberry, but in the McCarthy-mad atmosphere of the 1950s, when it was first exported here from New Zealand, Americans would have nothing to do with a Communist fruit. So--being market-minded--New Zealanders renamed it after their national bird.

Q. What is the true identity of Adam and Eve's forbidden fruit?

A. No one knows for sure. Generations of artists have pictured the apple, but Genesis refers only to "the fruit of the tree of knowledge." According to Bible scholars, the ancient Hebrews would more likely have chosen the pomegranate had someone asked them to be specific. And Hindu legend makes a good case for the banana, saying that the first man and woman covered their nakedness with banana leaves (which, one has to admit, would do a more comprehensive job than apple or fig leaves).

Q. What fruits were developed by accident?

A. The Bing cherry was born when a Chinese gardener named Bing found the seedling on a trash heap. And raisins came out of a devastating wave in 1873 that shriveled the grapes on the vine before they could be harvested.

Q. Is there a link between fruit and beauty?

A. Apparently so. Apricot and avocado pulp are prescribed for facial masques, and pears are said to contribute to a pure complexion and shiny hair. Perhaps the most outrageous use of fruits as cosmetics was the practice of a certain Madame Tallien, during the reign of Napoleon, who added strawberry juice to her bath as a skin softener. She used 22 pounds of the berries, crushed, every time she bathed.

Q. What fruit can make tough meat tender?

A. Papaya, which contains a remarkable enzyme called papain that is used in commercial tenderizers. (Skeptical? The next time you cook a tough pot roast, add a little papaya juice). Kiwis also contain some of this enzyme.

ATLANTA (AP) - Stan Cottrell, who once ran 3,000 miles through China, is off on a jog from Berlin's Brandenburg Gate to Moscow's Red Square.

"When you run, you promote friendship first, and peace is the result of that friendship," Cottrell, 47, said before leaving for Germany to start his run today.

The opening of the Berlin Wall and other changes in Eastern Europe made the run possible. Cottrell plans to complete the 1,300-mile run in 40 days. He will go through 40 cities, covering 26 to 44 miles a day.

Cottrell has run more than 140,000 miles to promote peace. In 1984, he ran miles through China. The idea for the Berlin-to-Moscow run came two years ago, when he ran across Vietnam.

"I can't forget what the Russian official who stayed with me for several days said: 'What you are doing with your run is one of the most powerful forms of diplomacy I have ever seen. Would you consider doing this in our country?'"

"Just ask me!" Cottrell said he replied.



The highest denomination coin is a \$2,500 Bahamian gold coin containing a pound of 22 carat gold.



Beauty spot of the month

The Jerry Hodges' residence at 915 E. Park Ave. has been chosen as one of the residential beauty spots of the month. The home was selected by members of the Women's Division beauty spot of the month committee.

Ann Landers

DEAR ANN LANDERS: We recently read about 18-year-old "Jeff," the lad with the cleft lip and cleft palate who asked for help because he didn't know where else to turn. Jeff's disfigurement seemed to be the basis for his poor self-esteem and hopelessness. You heard his plea and arranged for him to go to the New York Reconstructive Plastic Surgery Center.

Ann, please let the public know that there are 218 cleft palate and craniofacial teams in the United States. In California alone, there are 25 teams. They bring together physicians, dentists, reconstructive surgeons, nurses, speech therapists, social workers, prosthodontists and otolaryngologists (ear/nose/throat specialists) who specialize in coordinating individualized care.

Jeff's problem was that he had no money to finance this extensive surgery, but he might not have had to pay anything because he is under 21 and may have qualified for California Children's Services, which pays for the full cost of surgery depending on financial and medical eligibility. He also could have applied for Medi-Cal.

Those interested should contact their own state Department of Health, Director of Children's Services, for further information regarding medical facilities. The public also may call the Cleft Palate Foundation hot line number, 1-800-24-CLEFT, for referrals and additional help.

Thank you for helping that young man. You have undoubtedly changed his life for the better. -- Edward N. Elmendorf III, M.D., director, Craniofacial Clinic, Loma Linda University Medical Center, Loma Linda, Calif.

DEAR DR. ELMENDORF: You've written an informative letter that is sure to help many. Thank you kindly.

DEAR ANN LANDERS: I'm a registered nurse working in a retirement home. Our residents are in their 80s and 90s.

We all know that it is traumatic for the elderly when they must give up their homes because they also are giving up much of their independence and dignity. One of the most frequent complaints is, "My family got rid of all my things and I had nothing to say about it."

It would be a great help to the elderly and spare so many hurt feelings if they were given some say. The chipped dishes and tarnished

silver may not look like much, but if you remember all the Christmas, Easter, birthday and anniversary dinners that were lovingly served on those dishes, it makes a great deal of difference.

I respectfully suggest that you encourage the elderly to make these decisions while they are able. Urge them to decide who should have Grandam's rocking chair and who should have the picture albums. Letting them know that they have some control over their belongings will give them a feeling of dignity and they will settle into their new homes with peace of mind. Thank you for printing this. -- K.Z. Wethersfield, Conn.

DEAR K.Z.: I cannot tell you how many sad letters I have received from

family members who complain about siblings who help themselves to their parents' finest possessions before taking them to a nursing facility.

Much unhappiness and bitterness could be avoided if the elderly were encouraged to make the final decision as to what is done with specific items. This is their right and it should be respected. Thanks for saying so.

Is alcohol ruining your life or the life of a loved one? "Alcoholism: How to Recognize It, How to Deal With It, How to Conquer It" can turn things around. Send a self-addressed, long, business-size envelope and a check or money order for \$3.65 (this includes postage and handling) to: Alcohol, c/o Ann Landers, P.O. Box 11562-0562. (In Canada, send \$4.45.)

Hints from Heloise

MOVING TIP
Dear Heloise: Last year we moved to another city and my children were concerned that they wouldn't know what to do in the new area. So, a month before we moved I subscribed to the newspaper in that area and each night we read the paper together.

I also wrote to the Chamber of Commerce for information on special events in their city. This way felt more

like we belonged. -- Jennie R., Cleveland, Ohio

SOUND OFF
Dear Heloise: My pet peeve is care labels in clothing that fade so much they can no longer be read. I can't remember the special care procedures for each garment.

Clothing manufacturers need to come up with some type of permanent ink to solve this problem. -- Rita M., Dallas, Texas



Ray Coronado will be 40 tomorrow. Anybody wishing to express their sympathy should call 357-2222 or 364-6937.

ATTENTION: Transport Life Policy Holders

If you have a Transport Life Policy and need information - Please call Tom Hudson - Collect 505-763-7780 or write: Tom Hudson P.O. Box 1758 Clovis, NM 88101

Predatory bacteria combats salmonella

Scientists at the U.S. Department of Agriculture are studying some bacteria that, while harmless to humans, can be deadly to salmonella bacteria.

The scientists are testing ways to use these rod-shaped bacteria, known as bdellovibrio, in food processing and packaging.

Studies will determine if the parasitic bacteria can be commercially adapted as a spray to stop salmonella and other bacterial growth in meats, eggs and powdered milk during processing.

The bacteria might also be added to packaged meats sold at the grocery store. If salmonella start growing at either the store or in a consumer's refrigerator, bdellovibrio would eat the harmful bacteria.

"Although this is the first time anyone has tried to use a predatory bacteria to ensure food safety adding bacteria to food is not a new concept," said Dr. Richard Whiting, a research food technologist with the Agricultural Research Service's

(ARS) Microbial Food Safety Research Unit in Philadelphia.

Some bacteria are currently used to make yogurt, pepperoni, pickles and many other foods.

ARS scientists have also found bacteria that preserve fruit by competing with fungi that cause decay.

"It will take at least a year to grow the bacteria and test their performance as a natural control mechanism," said Dr. Whiting. The strains they'll be working with are Bdellovibrio bacteriovorus, B. starrii and B. stolpii. Common in soil and water, people often swallow these bacteria while swimming in river, lake or ocean waters.

Meanwhile, the risk of salmonella and other foodborne bacterial growth can be reduced by proper refrigeration and making sure meat is thoroughly cooked.

According to legend, Rome was founded in 753 B.C.

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Guess who reached the 1/2 Century mark today! Happy Birthday Love, Your Family

SPORTS

Cettie takes men's city championship

Grant Cettie captured the Hereford Men's Golf Championship on Sunday, shooting a final-round 69 at Pitman Municipal Golf Course to give him a two-day total of 139.

Cettie's win broke defending champion James Salinas' five-year hold on the local title. Salinas finished second in the Championship Flight at one over par 143 for the tourney. Salinas had won the event eight of the last 11 years.

Paul Lovan was awarded third place in the flight's gross standings as Terry Russell, Stacy Bixler and Bobby Valdez took the money in the net standings.

Tom Coneway claimed the First Flight crown with a 149 with Don Leverett placing second and Lewis McDaniel third.

The net winners in the flight were Fidencio Cantu, Bill Allen and Jerry Hodges.

John Stagner won the second flight gross standings at 163, edging Gary McCulloch and Carlos Mendez on a scorecard playoff. McCulloch took second in the gross standings with Mendez second in the net behind Mike Butler.

Third place in the flight's two division's belonged to the Kelso family with Keith placing in the gross and N.D. in the net.

The Third Flight went to Terry Hoffman with a 170 while Steve Stevens was second and Leland Shelton third.

Robert Kubacak claimed the net standings for the flight followed by Jimmy Thomas and Bob Hughes.

HEREFORD MEN'S GOLF CHAMPIONSHIP at Pitman GC	
GROSS STANDINGS CHAMPIONSHIP FLIGHT	
Grant Cettie	70-69-139
James Salinas	72-71-143
Terry Russell*	72-77-147
Stacy Bixler*	80-74-154
Bobby Valdez*	78-77-155
Paul Lovan	77-82-157
Paul Hubbard	79-81-160
Jesse Grijalva	84-77-161
Raymond Schroeder	80-81-161
John Sherrod	80-82-162
FIRST FLIGHT	
Tom Coneway	73-76-149
Fidencio Cantu*	73-85-158
Don Leverett	80-78-158
Bill Allen*	80-79-159
Lewis McDaniel	84-78-162
Jerry Hodges*	85-78-163
Mike Hatley	86-79-165
Jayson Mines	84-84-168
Rick Hopping	89-81-170
Robert Aguirre	81-90-171
T.R. Santor	89-84-173
Max Goforth	81-92-173
SECOND FLIGHT	
John Stagner	84-79-163
Gary McCulloch	80-83-163
Carlos Mendez*	80-83-163
Keith Kelso	83-81-164
Mike Butler*	82-81-164
N.D. Kelso*	84-82-166
David Workman	85-83-168
Joe Cabezuela	79-92-171
Danny Cantrell	86-96-182
Steve Sanders	96-92-188
THIRD FLIGHT	
Terry Hoffman	88-83-171
Steve Stevens	93-84-177
Jimmy Thomas*	90-90-180
Leland Shelton	98-91-187
Armando Torres	94-97-191
Denny Gibson	94-98-192
Robert Kubacak*	92-102-194
Bob Hughes*	98-101-199

NET STANDINGS CHAMPIONSHIP FLIGHT	
Grant Cettie*	64-63-127
Terry Russell	65-70-135
Stacy Bixler	71-65-136
James Salinas*	70-69-139
Bobby Valdez	71-70-141
Jesse Grijalva	75-68-143
Raymond Schroeder	71-72-143
Paul Hubbard	71-73-144
John Sherrod	72-74-146
Paul Lovan*	72-77-149
FIRST FLIGHT	
Tom Coneway*	63-66-129
Fidencio Cantu	60-72-132
Don Leverett*	68-66-134
Bill Allen	68-67-135
Lewis McDaniel*	74-68-142
Jerry Hodges	75-68-143
Mike Hatley	75-68-143
Robert Aguirre	68-77-145
Jayson Mines	73-73-146
Max Goforth	69-80-149
Rick Hopping	79-71-150
T.R. Santor	78-73-151
SECOND FLIGHT	
John Stagner*	69-64-133
Mike Butler	68-67-135
Carlos Mendez	66-69-135
Gary McCulloch*	66-69-135
N.D. Kelso	69-67-136
Keith Kelso*	69-67-136
David Workman	69-67-136
Joe Cabezuela	69-78-147
Danny Cantrell	70-80-150
Steve Sanders	80-76-156
THIRD FLIGHT	
Terry Hoffman*	65-60-125
Steve Stevens*	72-63-135
Robert Kubacak	64-74-138
Jimmy Thomas	70-70-140
Bob Hughes	70-73-143
Denny Gibson	70-74-144
Leland Shelton*	76-69-145
Armando Torres	72-75-147

*awarded place in net standings

*awarded place in gross standings

Garrett-Hagar claim Dimmitt partnership

Cal Garrett and Kenny Hagar of Hereford captured the championship of the Doc Renter Memorial partnership golf tournament at Dimmitt Country Club Sunday.

The Garrett-Hagar team carded a 135 score to finish a shot ahead of

Jeff Sanders and Jay Stonger of Lubbock. Two shots back in third place were Mickey Bishop and Kenneth Cleveland of Dimmitt.

Jim Bell and David McDonald of Hereford tied for third place in the third flight with a 156 score.

Johnson pleased with 'Pokes offseason effort

IRVING, Texas (AP) - Dallas Cowboys coach Jimmy Johnson hopes his team can improve from season to season as they have from off-season to off-season.

When Johnson first took over the team during the off-season before the 1-15 season of 1989, he wondered where the players were.

Only a handful of players, such as Herschel Walker, Jim Jeffcoat, Steve Folsom, Danny White, Tom Rafferty and occasionally Bill Bates would be working out. Vince Albritton came by to play racquetball, but most players stayed away.

Johnson admits he had hoped to see more off-season dedication from a team that had finished 3-13 the year before.

"I was about ready to climb the walls," he said as the final quarter-back school of the year opened Monday. "I had regular conversations with our people about why we didn't have more players working out."

The coach said he was told that the team didn't have an indoor weight room and they would rather work out

(See COWBOYS, Page 5)



Babe Ruth 13-year-old All-Stars

An even dozen 13-year-olds will represent Hereford at the regional tournament scheduled for later this month in Mineral Wells. Among those making the trip will be (kneeling, from left) Coy Laing, Ronald Torres, Gregg Kalka, Freddie Valdez, Raymond

Alaniz, (standing, from left) Coach Natividad Torres, Jacob Lopez, Joe De La Cruz, Michael Medina, Robert Holmes and Coach Joe Lopez. Not pictured are Marc Haney, Michael Marquez, Richard Hicks and Coach Joe Marquez.

Barrett, Tex-Mex win in ASA opening week

Barrett and Tex-Mex claimed wins in their respective divisions in the first week of play in the Agriculture Softball Association.

Barrett topped Holly Sugar 14-2 in the Agriculture Division finals after taking an 11-3 win over Imperial. Holly earned its berth in the finals with a 13-11 win over Excel.

In the Business Division, Tex-Mex downed Vallejo Trucking 11-3 in the opener while McCracken Trucking beat Hit-n-Run 12-2. Tex-Mex took a 18-6 win over Ramirez & Sons before knocking off McCracken in the finals 12-7.

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Kosub gets ace

Vernon Kosub scored a hole-in-one Monday at Pitman Municipal Golf Course.

Kosub aced the 133-yard, par-3 third hole using a 7-iron.

Witnessing the shot were Fletch Horton, Lynn Gowdy and Randy Kreighshauer.

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Historic Wrigley Field provides special setting for All-Star tilt

CHICAGO (AP) - Ivy. Wind. Sun-splashed bleachers. Frazzled pitchers watching baseballs plummet onto Waveland Avenue.

Wrigley Field. The site of the 61st All-Star game is something special. Ask any of those playing it.

"Basically, this is what baseball's all about," Cincinnati's Rob Dibble said. "It's a great feeling going out looking at the ivy on the walls, at the scoreboard. This is my favorite park."

"There's so much nostalgia," Atlanta's Greg Olson said. "The first time I was here, all I wanted to do was hear Harry Caray sing at the seventh-inning stretch."

This is the place where Babe Ruth supposedly called his shot and hit a home run in the third game of the 1932 World Series.

The place where Pete Rose singled in 1985 for hit No. 4,191, matching Ty Cobb's record.

The place that made Ernie Banks ever ready to "play two."

"Just the smell of this park is wonderful," Banks said Monday, before playing an old-timers' game. "I feel good. I feel like playing three."

It began in 1914 as Weeghan Park - a 14,000-seat stadium that cost \$250,000 to build. It became Cubs Park in 1920 and, finally, Wrigley Field in 1926.

The scoreboard was built in 1937 when bleachers were added. Bill Veeck gave the park its most famous touch when he planted ivy at the base of the brick wall in 1938.

Then there are the flags - on the scoreboard, above the upper deck. No other feature is studied more closely by the players, who take their cue from the flagpoles: Where is the wind blowing? What type of game is in store?

"We came to the park today and everybody was looking at the flags, whether the wind was blowing in or out," San Diego's Tony Gwynn said. "When the wind's blowing out, some guys will try to hit the ball in the air. If it's blowing in, they'll try to hit line drives."

"If the wind's blowing out, I don't care if it's 12-0, you're still in the game. Anything can happen."

Ask a pitcher what it means when the flags point out.

"This obviously is not a good place to pitch," said Oakland's Dennis Eckersley, who pitched for the Cubs from 1984-86.

There's another factor that leaves an impression - the fans.

They ride opponents constantly. They throw back enemy home run balls as a sign of contempt. They're always in the game.

"It's tradition," Gwynn said. "They ride you a little bit, try to take

your mind off what you're doing. So it's fun coming here."

Tuesday's All-Star game will be only the third played at Wrigley. The first game, in 1933, was put together by a former Chicago Tribune sports editor. A coin flip decided it would be played at Comiskey Park rather than Wrigley.

Wrigley was the host field for the 1947 and 1962 All-Star games. The game moved under the lights in 1967 - leaving Wrigley behind.

Despite an outcry from fans who prefer their baseball on grass under sunlight, night games became part of Wrigley history in 1988.

The lights will be on Tuesday, welcoming the game back. Banks, who played in the '62 game at Wrigley, is glad to see it return here - lights or no lights.

"This should be the permanent home of the All-Star game," he said.

Canseco enjoys star treatment at All-Star Game

By RONALD BLUM
AP Sports Writer

CHICAGO (AP) - OK, Jose, you're the highest-paid player in the game. You've got the bat, the speed, the flair.

You're the king. Your subjects quake in your wake.

"Hello, god," Milwaukee's Dave Parker said as he walked by in the American League clubhouse.

You're the center of attention and you like it that way. No matter where you go, no matter what you do, you're different. The big home runs? They're just part of the routine.

"I'm used to doing it," he said. "That's what my job is. People expect me to jump up and down. Hurray, hurrah, throw parties. That's my job. That's my living."

He was the center of attention at Monday morning's All-Star news conference. And he wasn't even there.

"If you blame Jose for not being here, blame me," AL manager Tony La Russa of Oakland said. "I said, 'See you at the news conference. You have to be there.' He always does the opposite of what I tell him to do."

La Russa was joking. After Sunday night's game in Cleveland, the A's charter flight stopped in Chicago and dropped the Oakland All-Stars off.

"I got to the hotel at 3:30 and went to sleep," Canseco said. "Nobody said anything about a news conference. All they said was bus to Wrigley at 11:30."

As other stars came and went in the clubhouse, he stood by his locker, basking in the attention. His locker was in the corner, with Kirby Puckett to the left and Chuck Finley to the

right. It takes someone special to take the attention away from Puckett. The Minnesota outfielder had to interrupt Canseco just to get his glove so he could run out to the field.

Canseco is the Reggie Jackson of the '90s. He's no longer shy, he likes to talk. He likes to kid. He likes to be bold. He knows that cheer or boo, the fans want Canseco.

"I'm not trying to be arrogant or nothing," he said, "but they want to see Jose Canseco whatever he does."

When Canseco went out on the field for the home-run-hitting contest during the All-Star workout, Oakland teammate Mark McGwire and Seattle's Ken Griffey Jr. bowed as if Canseco were a Turkish sultan.

It didn't matter that Canseco didn't hit a single home run in the competition. His foul balls were exciting.

"There was too much pressure," he joked. "The worst thing you can do is try to hit home runs."

His batting practice homer bounced off a two-story green house across Waveland, next to a 455-foot sign. The crowd buzzed.

Was he kidding? Sometimes it's hard to tell. Trouble is, when you're Jose Canseco, everyone takes everything you say seriously.

"Every word I say is analyzed, dissected, broken down. I just want people not to judge me by what they read because things are blown out of proportion."

With the \$23 million, five-year contract, Canseco has been subjected to a lot of scrutiny. That's OK, he said, it comes with the territory.

"The best days of Jose Canseco," he said, "are yet to come."

Ware named SWC's top athlete

DALLAS (AP) - Heisman Trophy winner Andre Ware has another award to go with his record-setting 1989 season in which he set 28 NCAA records and 15 more Southwest Conference marks.

Ware was named SWC male Athlete of the Year for the 1989-90 school year.

Delmonica DeHorney, who helped Arkansas crack Texas' dominance in SWC women's basketball, received the female award. Ware and DeHorney were chosen by a panel of media representatives who cover SWC teams.

Ware, a junior from Dickinson, Texas, who decided to forgo his

senior season at the University of Houston, was the seventh selection overall in the 1990 NFL draft.

The Heisman Trophy culminated a record-setting season in which Ware completed 356 of 578 passes for 4,699 yards and 48 touchdowns in leading the Cougars to their second straight 9-2 record.

Ware received college football's most coveted award, the Heisman, despite not gaining national television exposure. The Cougars were on NCAA probation last year and were forbidden from TV appearances and post-season bowl games.

He was the first SWC player to win the Heisman since Earl Campbell

of Texas received the award in 1977.

Ware also received the Davey O'Brien Award, which is given to the top quarterback in college football and the Washington Touchdown Club Offensive Player of the Year award, among others.

DeHorney, a 6-4 junior from Poteau, Okla., led the SWC in scoring (20) and led the Lady Razorbacks to the NCAA West Regional finals. She also led Arkansas in rebounds (7) and blocked shots (2.9).

She was chosen to the all-West Regional team after scoring a career-high 39 points against eventual national champion Stanford in the West final. She scored 32 points two

nights earlier to help knock off top-ranked Stephen F. Austin.

She blocked eight shots against UCLA in the first round of the NCAA tournament.

Her 62.8 percent field goal shooting topped the conference and was third best in the nation.

DeHorney helped break a winning streak that was second to none in the history of women's college basketball.

She led the Lady Razorbacks with 26 points, eight rebounds and four blocked shots as Arkansas upset Texas 82-77 on Feb. 23, ending the Lady Longhorns' 183-game winning streak against conference opponents.

Moore big supplemental catch

NEW YORK (AP) - Wide receiver Rob Moore hopes the NFL supplemental draft carries the kind of financial payoff for him that it did for a couple of his agent's other clients.

Moore's representative, Gary Wichard, secured big money deals for quarterback Timm Rosenbach - \$5.3 million for five years from Phoenix - and linebacker Brian Bosworth - \$11 million for 10 years from Seattle - in previous supplemental drafts. Moore has the record-breaking credentials in three years at Syracuse that could enable him to cash in as well.

A redshirt, Moore graduated in June after catching 106 passes in three years and setting school records with 2,122 yards and 22 touchdowns. Last season, he caught 53 passes for 1,064 yards and nine TDs.

Wichard thinks the supplemental draft - scheduled today - is nothing but positive for candidates who qualify.

"He's my third in four years," the

agent said. "My philosophy is I like my guys to get all the attention. Moore is virtually alone in this draft. It gives the guy the attention he deserves."

Actually, two other players are available, but neither carries Moore's credentials. The other eligible players are tight end Willie Williams of LSU, who caught 13 passes for 183 yards and one TD in three years, and Ricky Martin of Grambling, who filed as a defensive back but did not play college football.

Wichard feels his players have benefited greatly from the supplemental spotlight. "I don't believe it's right for everyone, but if it's available for premier players, it can only help," he said. "I believe my guys made more because of it."

Wichard said teams are unable to "slot" salaries in the supplemental draft, that is pay a 10th pick slightly more than an 11th pick and slightly less than a ninth. "Teams hide behind slotting," he said. "What it really

breaks down to is the bare essentials, what he means to his team."

The draft is conducted in three tiers, weighted to favor the teams with the poorest records. The first tier contains those teams with six or fewer victories last season - Dallas, Atlanta, the New York Jets, New England, Tampa Bay, Phoenix, San Diego and Chicago.

The second tier has the remaining non-playoff teams - Seattle, Detroit, the Los Angeles Raiders, Indianapolis, Miami, Cincinnati, Kansas City, New Orleans, Washington and Green Bay.

The third consists of the 10 playoff teams - Buffalo, Cleveland, Houston, Pittsburgh, Denver, the New York Giants, Philadelphia, Minnesota, San Francisco and the Los Angeles Rams.

Teams are arranged according to their records and assigned tokens, with the most tokens going to the teams with the worst record. Thus, Dallas with just one victory last season, gets 28 tokens followed by

Atlanta, which won three games and gets 27 tokens.

By drafting a player, a team forfeits a 1991 regular draft selection. That's what happened to Dallas last year. The Cowboys would have had the No. 1 choice in April's draft, but used the pick by choosing Miami quarterback Steve Walsh in the supplemental draft after Atlanta, armed with the first pick, passed.

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COWBOYS

at spas and had their own specialized programs.

"Everyone had excuses," Johnson said. "There were even comments from our people like, 'These guys are pros. They're not college players. You can't make them work out.'"

"I was catching enough flak about, 'Hey, we don't do it that way in professional football,'" Johnson said. "I said, 'Oh, OK.' Then we went 1-15. That's when I said, 'Hey, this is the way we're going to do it.'"

Johnson then enclosed the weight room and had it air conditioned. He hired a new strength and conditioning coach and started paying players to work out and dangled attendance bonuses.

It all made a dramatic difference.

Johnson said Monday that the average number of players from the team's 84-man roster jumped from about 6 to about 65 with more than

70 players attending some days.

"I emphasized time and time again that the guys who are going to make the club are going to be the ones who work," he said. "I think I got my point across."

"Buck Buchanan, who's been with the Cowboys a long time (16 years as equipment manager), says he's never seen a team work as hard as this group this off-season," Johnson said.

"A guy like Buck is not going to say something like that just because somebody wants to hear it."

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Try lighter side to tradition favorite

Pancakes stand high on most everyone's list of breakfast favorites. Oozing with melted butter and maple syrup, they are a breakfast classic.

With the trend toward lighter eating, though, we may think twice before indulging in such a caloric luxury. Sweeter and richer don't necessarily equate with better anymore.

The maple Ruby Puffed Pancake, made with Texas Ruby-Sweet grapefruit sections, show that you can still indulge in the breakfast favorite but with an eye on the lighter, less-filling side of things. Texas Ruby-Sweet grapefruit sections add a natural, low-calorie sweetness to this.

A puffed pancake is simpler to make than traditional pancakes. Mix the batter and pour into a pie plate and bake. Be sure to watch it as it bakes so you can witness what happens. That thin batter begins to puff and grow until it forms a bowl-shaped pancake with tall, curving sides.

Fill that pancake bowl with juicy Texas grapefruit sections and serve immediately drizzled lightly with maple syrup. It is an out-of-the-ordinary breakfast treat that can be on the table in about 20 minutes.

Texas Ruby-Sweet grapefruit are a nutritious addition to any meal. For only 55 calories per half, they add almost 80% of the Vitamin C and about 15% of the Vitamin A you'll need all day. They are also a good source of potassium, calcium and fiber, not to mention being low in sodium.

This puffed pancake can be enjoyed for only 255 calories. Compare that to 352 calories for two additional pancakes with butter and syrup, and you'll notice an obvious savings. You can decrease that total even more by omitting the sugar called for in the recipe and by using one of the new reduced-calorie syrups.

Keep a supply of sectioned Texas Ruby-Sweet grapefruit on hand in the refrigerator. They will keep a week in a covered container, making it extra easy to serve Maple Ruby Puffed Pancakes for your next breakfast.

MAPLE RUBY PUFFED PANCAKE

- 1 tablespoon butter or margarine
- 2 eggs
- 1/2 cup all-purpose flour

- 1/2 cup milk
- 1 tablespoon sugar
- 2 cups Texas Ruby-Sweet grapefruit sections, well drained
- Maple syrup

Coat a 9-inch pie plate with vegetable cooking spray. Add butter. Place in a 425 degree oven just until butter melts.

Combine eggs, flour, milk and sugar in a bowl; beat until smooth. Pour into prepared pie plate. Bake at 425 degrees for 12 to 15 minutes or until puffed and golden. Spoon grapefruit sections into center of pancake. Serve immediately with maple syrup. Yield: 4 servings. Approx. 255 calories per serving.



Puffed pancakes

Texas Ruby-Sweet grapefruit sections add a naturally sweet and lighter touch to this traditional favorite.



The world's longest railway tunnel is the Dai-Shimzu in Japan. It's over 13 miles long.



Non-residential beauty spot

Members of the Women's Division beauty spot of the month committee have selected McDonald's as the non-residential beauty spot of the month.

Free booklet tells how to raise home value

You can add thousands of dollars to the value of your home, bring songbirds to your neighborhood, and cut your energy cost up to 25 percent by planting and caring for trees.

A free booklet from The National Arbor Day Foundation, Conservation



The curlew can fly non-stop for more than 2,000 miles. Since most of the bird's flight is over water, he doesn't have much of a chance for a breather—especially since the curlew can't swim!

Trees, will show you how.

Conservation Trees is a colorful illustrated, easy-to-use guide. It will show you how to cut your fuel bills by properly locating shade trees so that they provide cooling summer shade, but don't block the warm winter sun. And it describes how to plan a windbreak for maximum winter protection and a minimum of upkeep.

You'll learn how to create a natural habitat to attract songbirds to your backyard -- how to provide cover, create needed habitat variety, and grow trees for food ... even tips on maintaining a year-round water supply.

The design of the booklet makes

it easy to browse through to pick up tips. You'll discover how to protect trees during construction projects ... correct three planting steps ... the importance of shading your air-conditioner ... how to prune shade trees ... and where to get local tree-care assistance.

The booklet even includes advice on managing tree plantations for Christmas trees, black walnuts, fuel wood or timber, and how shelterbelts can save topsoil and help farm profits.

To obtain your free copy of this valuable booklet, send your name and address to: Conservation Trees, The National Arbor Day Foundation, Nebraska City, Neb. 68410.

Comics

BLONDIE

by Dean Young and Stan Drake



Marvin

By Tom Armstrong



BEETLE BAILEY

By Mort Walker



Barney Google and Snuffy Smith

By Fred Lasswell



The Wizard of Id

By Brant Parker and Johnny Hart



Television

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2	KAMR
3	KACV
4	TBS

5	KVII
6	FAM
7	WGN
8	KAMR
9	ESPN
10	KCIT

11	NICK
12	USA
13	SHOW
14	(HBO)
15	(MAX)
16	NASH

17	DISC
18	A&E
19	LIFE
20	PTL
21	UNI

DAYTIME

MORNING

- 6:30 Dumbo's Circus
- NBC News At Sunrise
- (MO,FR) Welcome To My Studio
- (TU) Understanding Human Behavior
- (WE) Chasing Ideas
- (TH) Water Transfers: An Arizona Civil War
- News
- The Littles
- Nation's Business Today
- Comic Strip
- Don't Just Sit There
- Mr. Magoo & Friends
- (WE) Henry's Cat
- (HBO) (TH) The Wilder Summer
- (MAX) (TH) MOVIE: The First Time
- (FR) Dining In France
- (MO) At Sotheby's
- (TU) At The Met
- (WE) Profiles: Pope Pius XII
- (TH) Handmade In America: Dale Chihuly
- Everyday Workout
- Univision Y Los Ninos
- 7:00 Donald Duck Presents
- Today
- (FR) Calligraphy For Everyone
- (MO) Fun With Calligraphy
- (TU) Understanding Human Behavior
- (TH) Children Of The Wind River
- Good Morning America
- Wowsers
- Bozo
- C.O.P.S.
- Seaciff
- Jem

- (FR) Allan Quatermain And The Lost City Of Gold
- (MO) Fresh Horses
- (TU) Cherry 2000
- (WE) Short Circuit 2
- (TH) Three Men And A Baby
- (HBO) (FR) Wonderful Wizard Of Oz
- (HBO) (WE) To Climb A Mountain
- (MAX) (MO) MOVIE: Licence To Kill
- (FR) Footsteps Of Man
- (MO) French Revolution
- (TU) Brat Farrar (Pt 1 Of 3)
- (WE) Tintypes (Pt 2 Of 2)
- (TH) Hemingway (Pt 4 Of 4)
- (FR) Healthlink
- (MO, TU, WE, TH) Attitudes
- Fletcher Brothers
- Univision Y Los Ninos
- 7:05 Gilligan's Island
- 7:30 Under The Umbrella Tree
- (FR) Fishing With Kastaway Kulla
- (MO) Wood Carving With Rick Butz
- (TU) Living With Animals
- (WE) Rod And Reel
- (TH) NatureScene
- Mapletown
- SportsCenter
- Muppet Babies
- Pinwheel
- Cartoon Express
- (HBO) (FR) Adventures Of Tom Sawyer
- (MO) Tales Of Little Women
- (HBO) (TU) Wonderful Wizard Of Oz

- (HBO) (WE) Nature Watch
- (HBO) (TH) Babar
- (MAX) (WE) MOVIE: Cocoon
- (FR) Prophecy Marches On
- (MO) Dave Lombardi
- (TU) Spanish Christian Retreat
- (WE) Today! Bible Prophecy
- (TH) Jewish Voice
- Univision Y Los Ninos
- 7:35 Bewitched
- 8:00 (FR) Animals Are Beautiful People
- (MO) Johnny Tremain
- (TU) The Frog Prince
- (WE) Stone Fox
- (TH) Rodgers And Hammerstein's Cinderella
- Sesame Street
- Our House
- Bugs Bunny And Friends
- Joan Rivers
- (FR) Budweiser Thoroughbred Digest
- (TU) Senior PGA Tour
- (WE) APBA Offshore Powerboat Racing
- (TH) IHRA Spring National Drag Racing
- Alvin And The Chipmunks
- Today's Special
- (HBO) (FR) MOVIE: Mr. North
- (HBO) (MO) MOVIE: Gung Ho
- (HBO) (TU) MOVIE: The Big Red One
- (HBO) (WE) MOVIE: Framed
- (HBO) (TH) MOVIE: Lady In White
- (MAX) (FR) Fred Astaire: Change Partners And Dance
- (MAX) (TU) MOVIE: Gidget Goes

Hawaiian

- (MAX) (TH) Comedy Experiment
- VideoMorning
- Assignment: Discovery
- (FR) Jane Eyre (Pt 5 Of 5)
- (MO, TU, WE) Rainbow
- (TH) Noel Coward's What Mad Pursuit
- What Every Baby Knows
- Lester Sumrell
- (FR) Novie, Exposa Y Amante
- (MO) La Casta Susana
- (TU) Almohada Para Tres
- (WE) Bajo El Imperio Del Arpa
- (TH) Otra Primavera
- 8:05 Beverly Hills
- 8:30 Leave It To Beaver
- (FR) Surfer Magazine
- (MO) Pro Bowlers Association
- Larry Lea
- Maya The Bee
- (TU) Survival Guide
- James Robison
- 8:35 Andy Griffith
- 9:00 (FR) 227
- (MO, TU, WE, TH) Let's Make A Deal
- Mister Rogers' Neighborhood
- Donahue
- 700 Club With Pat Robertson
- Success-N-Life
- Family Feud
- (FR) Colloquio Chierlesing
- (WE) Tour De France
- (TH) 1989 Ford/Budweiser Truck And Tractor
- Eureka's Castle
- Lost In Space
- (TH, FR) Mississippi Gambler
- (MO) The Americanization Of Emily
- (TU) The Assassination Bureau
- (WE) The Flame Of New Orleans
- (MAX) (FR) MOVIE: Caprice
- (MAX) (TH) MOVIE: Batman
- (FR) Collector's Journal
- (MO) American Album
- (TU) Global Warning
- (WE) Women Of The World
- (TH) Discovery Showcase
- The Fugitive
- Day By Day
- Richard Roberts
- 9:05 (FR) Jeffersons: George And Louise In A Bind
- (MO) Footin' Around
- (TU) The Beak
- (WE) Cold Turkey
- (TH) The Comeback Kid
- 9:15 (MAX) (MO) MOVIE: The Odessa File
- 9:30 (FR) Animals Of Africa
- (MO) Turkey Caper
- (TU) Rob Roy, The Highland Rogue
- (TH) The Remarkable Rocket
- Classic Concentration
- Reading Rainbow
- Wheel Of Fortune
- (HBO) (FR) Behind The Screens: Tales From The Crypt
- (HBO) (WE) America Undercover
- (MAX) (WE) MOVIE: Beyond The Poseidon Adventure
- (FR) Texaco Star Challenge
- Jon Rivers
- E.R.
- (FR) Richard Lee
- (MO) Voice Of Salvation
- (TU) It Is Written
- (WE) Jack Van Impe
- (TH) What Catholics Believe
- 10:00 (FR) Best Of Walt Disney Presents
- (MO) Jack And The Beanstalk
- (WE) Home At Last
- (TH) Backstage At Disney: Main Street Electrical Parade
- Golden Girls
- 3-2-1 Contact
- Live With Regis & Kathie Lee
- Heart To Heart
- Joan Rivers
- Price Is Right
- Getting Fit
- Success-N-Life
- Elephant Show
- Land Of The Giants
- (HBO) (FR) MOVIE: Fast Food
- (HBO) (MO) MOVIE: Solarbabes
- (HBO) (TU) MOVIE: The Karate Kid III
- (HBO) (WE) MOVIE: Weekend At Bernie's
- (HBO) (TH) Wimbledon '90: A Look Back
- (MAX) (TU) MOVIE: Real Genius
- (FR) Great Chefs Of New Orleans
- (MO, TH) Great Chefs Of Chicago
- (TU) Great Chefs Of The West
- (WE) Great Chefs Of San Francisco
- (FR) Blunt - The Fourth Man
- (MO, TU, TH, FR) Bob Newhart
- (WE) Major League Baseball
- (TH) Russian Roulette
- Fragrant Gourmet
- Great Life Today
- El Extranero Retorno De Diana Salazar
- 10:30 Marsha Warfield Show
- (MO, FR) Art Of Buck Paulson
- (TU) Black Gold
- (WE) Fit Or Fat
- (TH) Live From Lincoln Center
- Scott Ross Straight Talk
- Basic Training Workout
- Fred Penner's Place
- (WE) Allan Quatermain And The Lost City Of Gold
- Pasquale's Kitchen Express
- Supermarket Sweep
- 10:35 (FR) All In The Family
- (TU) Andy Griffith
- 11:00 Lunch Box
- (FR) Wimbledon Tennis
- (MO, TU, WE, TH) Andy Griffith
- (MO, FR) Cookin' Cheap
- (TU) Focus On Society
- Home
- Paid Programming
- Gerardo
- Young And The Restless
- Bodies In Motion
- (FR) Police Story
- (MO, TU, WE, TH) Simon & Simon
- World Of David The Gnome
- Face The Music
- (FR) The Karate Kid III
- (MO) Listen To Me
- (TU) Firewalker
- (TH) Allen From L.A.
- (HBO) (TH) MOVIE: Fast Food
- (MAX) (FR) MOVIE: Terror Of The Tongs
- (MAX) (TH) MOVIE: The 5,000 Fingers Of Dr. T
- American Magazine
- Discovery On The Go
- Hotel
- Beverly Exercise
- La Indomable
- 11:05 CHIPS
- (MO, TU, TH, FR) Music Box
- (WE) Wonderful World Of The Brothers Grimm
- (MO, TU, WE, TH) News
- (FR) Wonderful World Of Acrylics
- (MO) Art Of Ashby Jackson
- (TU) American Government
- (MO, FR) American Baby
- (TU, TH) Healthy Kids
- (WE) American Snapshots
- BodyShaping
- Little Koala
- Name That Tune
- (HBO) (FR) MOVIE: Micki & Maude
- (HBO) (MO) Remember When
- (MAX) (MO) MOVIE: The First Time
- (MAX) (WE) Comedy Experiment
- (WE) Shortstories

Morris Carullo

- (FR) Inside The PGA Tour
- (TU) IHRA Modifieds Gateway National
- (WE) Harness Racing '90
- Mr. Wizard's World
- \$25,000 Pyramid
- (WE) Henry's Cat
- (MAX) (MO) MOVIE: The Titanic
- (MAX) (TH) MOVIE: Dream A Little Dream
- Discovery On The Go
- (MO) Dave Lombardi
- (WE) This Is The Life
- 3:35 Flintstones
- 3:00 DiskKids
- (MO, TU, WE, TH) Oprah Winfrey
- (MO) Joy Of Decorative Painting
- (TU) American Adventure
- (WE) Fun And Fancy Fabric Painting
- (TH) Joy Of Floral Painting
- Sally Jessy Raphael
- Funtown Funnies
- (MO, TU, TH, FR) Yogi Bear
- Highway To Heaven
- (FR) Senior PGA Tour
- (MO, TU, WE) U.S. Olympic Festival
- (TH) U.S. Women's Golf Open Championship
- Flintstones
- Heathcliff
- Press Your Luck
- (FR) Captain Simbad
- (MO) Starlight Hotel
- (TU) The Steadfast Tin Soldier
- (WE) Last Of The Mohicans
- (TH) The Emperor And The Nightingale
- (HBO) (FR) Babar
- (HBO) (MO) MOVIE: Oliver Twist
- (HBO) (TU) Never Say Goodbye
- (HBO) (WE) Wonderful Wizard Of Oz
- (HBO) (TH) The Wilder Summer
- VideoGold
- Your Health
- (FR) Moon Over Miami
- (MO) Black Narcissus
- (TU) Captain's Story
- (WE) A Farewell To Arms
- (TH) My Dear Secretary
- (FR) I Know Why The Caged Bird Sings
- (MO) I Want To Live
- (TU) Take My Daughters, Please
- (TU) Grandview, U.S.A.
- (TH) For Love And Honor
- Great Life Today
- Carusel
- 3:05 Flintstones
- 3:30 Mister Rogers' Neighborhood
- Discosaurus
- (MO, TU, TH, FR) DuckTales
- Super Mario Brothers
- Think Fast
- High Rollers
- (TU) Captain Simbad
- (FR) A Friend In Deed
- (HBO) (WE) Carmen On Ice
- (MAX) (WE) MOVIE: Licence To Kill
- Discovery Field Test
- 3:35 Brady Bunch
- 3:40 (TH) Dot And The Kangaroo
- 4:00 Kids, Incorporated
- Magnum, P.I.
- Reading Rainbow
- Family Feud
- Batman
- (MO, TU, TH, FR) Chip 'N' Dale's Rescue Rangers
- Apple's Carpool
- Don't Just Sit There
- Dance Party USA
- (WE) Pound Puppies And The Legend Of Big Paw
- (HBO) (FR) Wimbledon '90
- (HBO) (TU) Wimbledon '90: A Look Back
- (HBO) (TH) MOVIE: Moonstruck
- (MAX) (FR) MOVIE: When Time Ran Out
- (MAX) (TU) MOVIE: 1941
- On Stage
- Mother Nature
- 100 Huntley Street
- Cristina
- 4:05 Munsters
- 4:10 (MAX) (MO) MOVIE: Those Magnificent Men In Their Flying Machines
- 4:25 (FR) The Emperor And The Nightingale
- 4:30 Mickey Mouse Club
- Sesame Street
- Win, Lose Or Draw
- Batman
- Fun House
- Divorce Court
- (MO) Sports Reporters
- (TU, WE) Major League Baseball's Greatest Hits
- DuckTales
- Inspector Gadget
- (HBO) (MO) MOVIE: Gung Ho
- (HBO) (WE) MOVIE: Man And Boy
- (MAX) (TH) MOVIE: Paramedics
- American Magazine
- Mother Nature
- (WE) Shortstories
- 4:35 Good Times
- 5:00 (FR) Jack And The Beanstalk
- (MO) Challenge To Lessee
- (TU) Black Gold
- (WE) The Wild Pony
- (TH) That Dam Cat
- Current Affairs
- Jeopardy!
- (FR) Zorro
- (MO, TU, WE, TH) Hardcastle And McCormick
- I Dream Of Jeannie
- News
- (FR) Other Side Of Victory
- (MO) Motowood
- (TU) Running And Racing
- (WE) Inside The PGA Tour
- Digest
- (TH) Budweiser Thoroughbred Digest
- Facts Of Life
- You Can't Do That On Television
- He-Man
- (MO) Fresh Horses
- (TU) Rocket Gibraltar
- (TH) Three Men And A Baby
- (HBO) (TU) MOVIE: Going Bananas
- Profiles Of Nature
- Decades: '60s
- Supermarket Sweep
- (FR) Jack Van Impe
- (MO) Zola Levitt
- (TU) Spanish Christian Retreat
- (WE) John Gibson
- (TH) God's News
- (TH, FR) La Cocina De Juanita
- (MO, TU, WE) Univision Y Los Ninos
- 5:05 Beverly Hills
- 5:30 NBC Nightly News
- (FR) Focus On Europe
- (MO) Spotlight
- (TU) Make In Texas
- (WE) Make Peace With Nature
- (TH) Raising Kids
- ABC News
- (FR) Tin Tin X-9 Cop
- News
- CBS News
- SportsLook
- Family Ties
- Make The Grade
- (FR) Last Of The Mohicans
- (WE) The Witch Who Turned Pink
- Wildlife Chronicles
- Chronicle
- Rodeo Drive
- (FR) Paul Cho
- (MO) It Is Written
- (TU) Richard Lee
- (WE) Jack's Place
- (TH) Jewish Voice
- Noticiero Univision
- 5:35 Andy Griffith

AFTERNOON

- 12:00 (FR) Adventures Of Huckleberry Finn
- (MO) Goodbye, Miss 4th Of July
- (TU) Amazing Apes
- (TH) Bigfoot
- (MO, TU, WE, TH) Days Of Our Lives
- (FR) New York's Master Chefs
- (MO) Undercover Exercise
- (TU) American Government
- (WE) Many Roads To Fundamental Reform
- News
- (FR) Paid Programming
- (MO, WE) Varied
- (TU, TH) Let's Eat
- (FR) Keebler International Prep Track And Field
- (MO) NASCAR Winston Cup
- (TU) Rodeo Road To The NFR
- (WE) Top Rank Boxing
- (TH) U.S. Olympic Festival
- Noozles
- Chain Reaction
- (HBO) (TU) MOVIE: Goddess Of Love
- (HBO) (WE) Suzi's Story
- (MAX) (TU) MAX Movie Show
- (MAX) (WE) MOVIE: The Last Blitzkrieg
- (FR) Celebrity Outdoors
- (MO, TU, WE, TH) Decades: '60s
- Jane Wallace
- Larry Lea
- 12:05 (FR) Rescue From Gilligan's Island
- (MO) Empire Of The Ants
- (TU) Ghidrah, The Three Headed Monster
- (WE) Godzilla vs The Sea Monster
- (TH) At The Earth's Core
- 12:30 (MO, TU, TH, FR) Homestretch
- 3rd Degree
- Celebrity Chefs
- Bold And The Beautiful
- (FR) Pet Talk
- (MO, TU, WE, TH) Facts Of Life
- Pinwheel
- Bumper Stumpers
- 1988 The Karate Kid III
- (TH) The Glass Menagerie
- (HBO) (MO) Behind The Screens: Tales From The Crypt
- (HBO) (TH) Buy Me That! A Kid's Survival Guide To TV Ads
- (MAX) (FR) MOVIE: Hollywood Or Bust
- (MAX) (TU) MOVIE: All's Fair
- (MAX) (TH) MOVIE: Honeysuckle Rose
- Top Card
- Discovery Field Test
- Chronicle
- Fletcher Brothers
- Agua Viva
- 1:00 (MO, TU, WE, TH) Another World
- (FR) Mystery!
- (MO) Masterpiece Theatre
- (TU) Adventure
- (TH) Secrets Of The Selves
- One Life To Live
- The Campbells
- Abbott And Costello
- Anchorman
- (TU) World Turns
- (TU) NFL American Racing Series
- (FR) Search For The Gods
- (MO) Great Catherine
- (TU) The Devil's Disciple
- (WE) Iceman
- (TH) Hunters Are For Killing
- Today's Special
- Wipeout
- (FR) Allan Quatermain And The Lost City Of Gold
- (MO) Pascall's Island
- (TU) Tap
- (HBO) (MO) MOVIE: Memories Of Me
- (HBO) (WE) MOVIE: Nicki & Maude
- (HBO) (TH) MOVIE: Breakfast At Tiffany's
- (MAX) (MO) MOVIE: The Disorderly Orderly
- Crook & Chase
- (TU, TH, FR) Great Chefs Of The West
- (MO, WE) Great Chefs Of Chicago
- New Wilderness
- Cagney & Lacey
- Success-N-Life
- Cantare Para Ti
- 1:30 (MO) Ernest Goes To Splash Mountain
- (TU) Animals Of Africa
- The Campbells
- (MO, TU, TH, FR) Bob Newhart
- (WE) Major League Baseball
- (FR) Sports
- (TU) 1990 ARIA Supercores
- (TH) Pro Bowlers Association
- Lasie
- (TU, WE, TH, FR) Hollywood Squares
- (MO) New Hollywood Squares
- (HBO) (FR) MOVIE: Framed
- (HBO) (TU) MOVIE: Fast Food
- (MAX) (WE) MOVIE: Foreign Body
- (FR) American Music Shop
- (MO) Texas Connection
- (TU) Gospel Jubilee
- (WE) Church Street Station
- (TH) Conversation With Dinah
- Pasquale's Kitchen Express
- World Of Survival
- 1:35 (TH) Danger Bay
- 1:50 (MO, TU, WE) Tom And Jerry's Funhouse
- 2:00 Welcome To Pooh Corner
- (FR) Wimbledon Continues
- (MO, TU, WE, TH) Santa Barbara
- (FR) Justin Wilson's Louisiana Cookin'
- (MO) Ciao Italia
- (TU) Art Of William Alexander
- (WE) Gourmet Cooking
- (TH) Joy Of Painting
- General Hospital
- Father Knows Best
- (MO, TU, TH, FR) One Day At A Time
- Guiding Light
- (FR) Major League Baseball Magazine
- (MO) APBA Offshore Powerboat Racing
- Super Sloppy Double Dare
- Tic Tac Dough
- (MAX) (FR) MOVIE: Those Daring Young Men In Their Jeeps
- (MAX) (TU) MOVIE: Batman
- Country Standard Time
- Discovery On The Go
- The Fugitive
- Altitudes
- (FR) Fred K. Price
- (MO) Miracles Now With Oral Roberts
- (TU) In Touch Ministries
- (WE) God's News
- (TH) Cornerstone
- TV Mujer
- 2:05 (TH, FR) Tom And Jerry's Funhouse
- (WE, FR) Pound Puppies
- (MO) Superman Cartoons
- (TU) Mouse Factory
- (TH) Wuzzles
- (FR) Secret City
- (MO) Focus On Watercolor
- (WE) Gourmet Cooking
- (WE) Landscapes By Helma
- (TH) Inspiration Of Painting
- Father Knows Best
- (MO, TU, TH, FR) Welcome Back, Kotter

TUESDAY

EVENING

- 6:00 News
- MacNeil Lehrer NewsHour
- Scarecrow & Mrs. King
- Hogan's Heroes
- Night Court
- SportsCenter
- Webster
- Dennis The Menace
- Miami Vice
- (MAX) MOVIE: Tom Jones ****
- Music Row Video
- Rendezvous
- New Wilderness The great white shark turns out to be far less bloodthirsty than its legend.
- Moonlighting
- James Robison
- Amanda Sabater Novela de Venezuela. Mari Carmen Reguero, Flavio Caballero
- 6:05 Jeffersons A House Divided
- 6:30 Cozy Show
- Wheel Of Fortune
- Bewitched
- Night Court
- Major League Baseball Magazine
- Jungle Book Behind The Scenes
- Looney Tunes
- (HBO) Encyclopedia Brown, Boy Detective
- World Monitor
- World Of Survival Join John Forsythe for a look at exotic Sri Lanka wildlife which must battle the corruption of civilization.
- Morris Carullo
- 6:35 Nest Side Story Explores the multitude of ways birds have found to build their nests within the human environment.
- Sanford And Son Going Out Of Business

- 7:00 Cropp Family Nature Album Ben and Lynn's two son's Dean and Adam have accompanied their parents on many adventures while making their wildlife films. Peter Allen
- NBC Movie Of The Week Poor Little Rich Girl: Barbara Hutton Story, Pt. 2 Barbara marries Cary Grant, the only man who wasn't after her money, but leaves him to jet-set around the globe while the world watches in awe. Farrah Fawcett, James Read (1987)
- Nova Nature has had eons of experience with events such as the 1988 Yellowstone fire, scientists study the area's rapid recovery from the blaze.
- Who's The Boss?
- George Washington (Pt 2 Of 4) An all-star cast portrays the first president's role in the Revolutionary War, his personal relationships and his hidden love for a friend's wife. Barry Bostwick, Patty Duke Astin (1985)
- Movie
- Major League Baseball All-Star Game (L)
- Tour De France
- MOVIE: Close Encounters Of The Third Kind **** First encounter: sighting, Sacon encounter, physical evidence. Two men are determined to have a third encounter: actual contact with alien beings. Richard Dreyfuss, Francois Truffaut (1977) PG
- Doble Gillis
- Murder, She Wrote
- MOVIE: Firewalker * Two carefree soldiers of fortune help a young woman trying to find an ancient Central American Indian treasure. Chuck Norris, Louis Gossett, Jr. (1986) PG Violence.
- (HBO) MOVIE: The Karate Kid III *
- Church Street Station
- Prime Time Primates Nose Apes Of

- Borneo/Monkeys Of Corcovado
- Biography: Fergie, The Duchess Of York The fun-loving Duchess of York is profiled featuring interviews with her parents and the Duchess herself.
- Hotel
- Success-N-Life
- Amanote II
- 7:05 MOVIE: Murder By Reason Of Insanity **** A battered woman fears for her life when her mentally unstable husband walks out of the hospital where he is confined. Candice Bergen, Jurgen Prochnow (1985)
- 7:30 The Wonder Years
- Bewitched
- On Stage
- 7:50 Disney Salutes The American Teacher Top teachers across the country are recognized for their personal achievements and accomplishments. Barbara Bush
- 8:00 Adventures Of Sherlock Holmes Mr. Blessington is a generous benefactor to a young Dr. Percy Trevelyan. Jeremy Brett, David Burke
- American Experience Examine the rise and fall of the charismatic preacher and U.S. representative, Adam Clayton Powell, whose fast living led to political ruin. U.S.
- Roseanne
- U.S. Olympic Festival Swimming, Basketball, Ice Hockey, And Rhythmic Gymnastics From Minneapolis, MN (L)
- Green Acres
- Budweiser Presents: Tuesday Night Fights Featuring Mitch Green in his first appearance in over four years (L)
- MOVIE: The Adventures Of Baron Munchausen ***
- Nashville Now
- Beyond 2000 Harrier Jump Jet
- Church Street Station
- MOVIE: Heater Street ***

WEDNESDAY

EVENING

- 6:00 News
- MacNeil Lehrer NewsHour
- Scarecrow & Mrs. King
- Hogan's Heroes
- Night Court
- SportsCenter
- Webster
- Dennis The Menace
- Miami Vice
- MOVIE: Short Circuit 2 ** Number Five is still alive, this time in New York, helping his inventor assemble harmless toy robots while fending off underground diamond thieves. Fisher Stevens, Jack Weston (1988) PG
- Music Row Video
- Rendezvous
- New Wilderness Eagles, falcons and buzzards take the skies above the Australian outback.
- Moonlighting
- James Robison
- Amanda Sabater Novela de Venezuela. Mari Carmen Reguero, Flavio Caballero
- 6:05 Jeffersons Bobbles, Bangles And Boobies
- 6:15 (HBO) MOVIE: Cherry 2000
- 6:30 Danger Bay Doc Roberts, the troubleshooting veterinarian, and his family live an adventurous life in the beauty of Canada.
- Cozy Show
- Wheel Of Fortune
- Bewitched
- Night Court
- U.S. Olympic Festival Boxing Final From Minneapolis, MN (L)
- Mr. Belvedere
- Looney Tunes
- World Monitor
- World Of Survival John Forsythe looks at the rich underwater life in a sunken ship on a coral reef.
- Morris Carullo
- 6:35 Sanford And Son Of Brown Eyes
- 7:00 MOVIE: Back Home A family comes into conflict after being reunited at the end of WWII. Hayley Mills, Hayley Carr (1990)
- Unsolved Mysteries Examine the bizarre story of an Ohio woman who claims to be reincarnated: Police manhunt in the Northwest for Thumper, an alleged drug dealer. (R) C
- Live From Lincoln Center This concert features Gerard Schwarz conducting the Mostly Mozart Festival Orchestra in a concert version of Mozart's opera, The Impresario.
- Growing Pains
- George Washington (Pt 3 Of 4) An all-star cast portrays the first president's role in the Revolutionary War, his personal relationships and his hidden love for a friend's wife. Barry Bostwick, Patty Duke Astin (1985)
- MOVIE: Slick Ex-convict returns to his home in South Florida after seven years in a Michigan prison. Before he reaches Miami, he is involved in a web of intrigue. Burt Reynolds, George Segal (1985) R Profanity, Violence, Adult Situation.
- This Is America, Charlie Brown, Part 3 The Peanuts gang relive historic moments with such famous Americans as Alexander Graham Bell and Thomas Edison. (Animated) (1989) C
- MOVIE: Fort Apache *** A stubborn colonel, clashing with his second in command, is responsible for an Indian massacre that kills almost everyone at his military outpost. John Wayne, Henry Fonda (1948)
- Doble Gillis
- Murder, She Wrote
- Conversation With Dinah

- Prime Time Primates Monument For A Gorilla
- Winston Churchill: The Valiant Years Churchill assumes the duties of Prime Minister with the invasion of Norway. Gary Merrill narrates and Richard Burton is the voice of Churchill.
- Hotel
- Success-N-Life
- Homenaje A Lola Flores Juntos Por Primera Vez
- 7:05 MOVIE: Apache ** A peace-seeking Indian is driven to become a one-man fighting crusade for his tribe against the United States Cavalry. Burt Lancaster, Jean Peters (1954)
- 7:30 Head Of The Class
- Normal Life Anne gets nervous when she thinks her role as mother is coming to an end.
- Major League Baseball
- Bewitched
- On Stage
- Heroes The heroic seaman Donald Ross saved countless lives during the bombing of Pearl Harbor.
- 8:00 Night Court Mac's old singing group, the Starlights, reunites for a benefit to help save a grand old theater from demolition. (R)
- 8:40 (MAX) MOVIE: Graveyard Shift II: The Understudy
- 8:45 (HBO) Billy Crystal: Midnight Train To Moscow
- 10:00 News
- Tom Brown's Journal
- Batman
- Twilight Zone
- Mama's Family
- Laugh In
- Miami Vice
- MOVIE: And God Created Woman * A convict marries a lovestruck prison carpenter to gain her parole. But, she would rather be a rock star than a happy homemaker. Rebecca DeMornay, Vincent Spano (1987) Profanity, Nudity, Adult Situation.
- Conversation With Dinah
- Safari Wild Africa: Something New
- David Leisure At The Improv Guests include: Lou Diamond, John Wing, Rob Schneider and Doug Ferrar.
- Spenser: For Hire
- Dwight Thompson
- Noticiero Univision Edicion Nocturna
- 10:30 Tonight Show
- MacNeil Lehrer NewsHour
- George Washington (Pt 3 Of 4) An all-star cast portrays the first president's role in the Revolutionary War, his personal relationships and his hidden love for a friend's wife. Barry Bostwick, Patty Duke Astin (1985)
- Magnum, P.I.
- CBS Late Night Stingray
- SportsCenter
- MOVIE: Somewhere In Time * A playwright falls in love with the photograph of a 70 year old actress and visits himself back in time to meet her. Christopher Reeve, Jane Seymour (1980) PG Adult Situation, Adult Language.
- Patty Duke
- On Stage
- MOVIE: Bajo El Imperio Del Arpe Rogelio Guerra, R. Torre (1968)
- 10:35 Cheers
- 11:00 Adventures Of Ozzie And Harriet Ozzie and Harriet raise their two real sons, David and Ricky, in a house modeled on the Nelson's actual home in Hollywood.
- Baseball Tonight
- My Three Sons
- Crime Story
- (HBO) America Undercover
- Nashville Now
- Prime Time Primates Wanderoo: Monkey With A Lion's Mane
- Winston Churchill: The Valiant Years

- American institutions as shopping malls and trailer parks.
- MOVIE: Pat Garrett And Billy The Kid ** Garrett saves young Billy that he must do his duty and capture him in spite of their former friendship. Kris Kristofferson, James Coburn (1973) R Profanity, Nudity, Violence.
- China Beach McClurphy stages an eating and drinking contest with a marine. (R) C
- 700 Club With Pat Robertson
- News
- Rescue: 911 A high school teacher saves students from a lab explosion and an amazing new phone saves heart attack victims. (R) C
- Gunsmoke
- Saturday Night Live
- Survival The Illegals
- Living Dangerously A team of French adventures go on a whitewater trek down the dangerous Zaire River.
- Great Life Today
- 9:30 Fernwood 2-Night
- Crook & Chase
- Cannery Of The Motor Car Motorization Takes Off
- To Be Announced
- Cita Con El Amor
- 9:40 (MAX) MOVIE: Graveyard Shift II: The Understudy
- 9:45 (HBO) Billy Crystal: Midnight Train To Moscow
- 10:00 News
- Tom Brown's Journal
- Batman
- Twilight Zone
- Mama's Family
- Laugh In
- Miami Vice
- MOVIE: And God Created Woman * A convict marries a lovestruck prison carpenter to gain her parole. But, she would rather be a rock star than a happy homemaker. Rebecca DeMornay, Vincent Spano (1987) Profanity, Nudity, Adult Situation.
- Conversation With Dinah
- Safari Wild Africa: Something New
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- Patty Duke
- On Stage
- MOVIE: Bajo El Imperio Del Arpe Rogelio Guerra, R. Torre (1968)
- 10:35 Cheers

CLASSIFIEDS

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee to place your classified advertising. We reach thousands everyday!

CLASSIFIED ADS

Classified advertising rates are based on 14 cents a word for first insertion (\$2.80 minimum), and 10 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy charge, straight word ads.

TIMES	RATE	MIN
1 day per word	.14	2.80
2 days per word	.24	4.80
3 days per word	.34	6.80
4 days per word	.44	8.80

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid word lines—those with captions, bold or larger type, special paragraphing; all capital letters. Rates are \$3.95 per column inch; \$3.25 an inch for additional insertions.

LEGALS

Ad rates for legal notices are 14 cents per word first insertion, 10 cents per word for additional insertions.

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1-Articles For Sale

YOCUM UPHOLSTERY & DRAPERIES
20% discount on large selection of choice materials
(Free estimates)
603 So. 25 Mile Avenue
Phone 364-4908

Own A New Maytag, America's #1 Preferred Washer & Dryer On Sale \$799.00
Pair with trade Ben's Appliance
212 N. Main
364-4041

Concrete construction B.L. "Lynn" Jones, Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 yrs. experience. 364-6617.

Repossessed Kirby, Other name brands. Used-rebuilt—\$39-up. Sales-Service on all makes. 364-4288. 1200

Special July Sale Discount of 20% on all boots & belts through July at The Cobbler Shop! 337 N. Miles 13951

1971 Travel Trailer, small chest deep freeze, antique desk & chair, new wheelchair & hospital table. 364-2565. 14024

Donations needed for Deaf Smith Co. Volunteer Board & Dept. of Human Services Garage Sale scheduled July 14th. Fund raiser for DHS aged & disabled clients and foster kids. Will pick up donations. Call 364-1266 or 364-5929. 14111

Special: Subscribe to the Amarillo Daily News. Get 3 months for the price of 2. Call 364-7736. 14125

Capture that special occasion. Camcorder rental available. Inquire at 226 N. Main, McKnight Home Center. 14149

For sale: 1 king size waterbed, large bookcase head board, 1 Queen size waterbed, single book case headboard, 1 roll top desk, 6 months old, 9x7 wood garage door \$75.00, 10:50 15 radial tires 50%, \$15.00 each. 364-0244. 14162

German Shepherd puppies for sale, 6 weeks old, males \$25.0 each. Call 364-0677 or 364-1351 anytime. 14180

Don't guess at the value of your insurable possessions, get them on video tape. Inquire at McKnight Home Center, 226 N. Main. 14150

USED MOWERS
2 Honda
2 John Deere
WHEELS & THINGS
211 S. 25 Mile Ave.
364-5210

Complete kingsize waterbed with bookcase headboard, \$100. 364-5857. 14182

For sale: Sofas, dinettes, full & twin beds, coffee tables, end tables, lamps, dressers & lots more. Maldonados, 513 E. Park, 364-5829. 14187

New and now in stock: The Roads of New Mexico in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 14189

Two 4-panel 8x7 garage doors, \$35 & \$25. See at 700 Cherokee. 14194

For sale: 2 large pieces of used carpet, 1 small piece to fit bedroom. All sculptured shag, good condition. Gold earth tones & brown earthtones. Call 364-6375. 14197

Heavy wood posts, 5 1/2 ft. for property line or traffic control. Hole bored for cable. \$2.00. Don Fortenberry, 295-6373. 14200

COMPUTER
386-SX 16 MGz
ONE MEG OF RAM
125 MEG MICROPOLIS HARD DRIVE
5 DRIVE BAYS
8 EXPANSION SLOTS
MATH CO-PROCESSOR INSTALLED
5.25" HIGH DENSITY FLOPPY DRIVE 14" VGA COLOR MONITOR
VGA GRAPHICS CARD W/512K RAM
101 KEY ENHANCED KEYBOARD
MOUSE, PAD, AND POCKET PRINTER AND CABLE
SET UP AND CONFIGURED
(COMPLETE WITH PROGRAMS)
SERIOUS INQUIRIES ONLY
\$3650.00
364-1152

1A-Garage Sales
Garage Sale: 311 Ave. K, Friday, Saturday & Sunday. Refrigerator, queen sleeper, recliners, brass trim table & chairs, lots of things. 14122

2-Farm Equipment
3 grain & supplement tanks for sale. 276-5518. 13776

45 ft. Flex-King blade plow. With pickers. Call 289-5965. 13720

REPOSSSESSED
MUST SELL 4 QUONSET STEEL BUILDINGS BRAND NEW-NEVER ERECTED, 25X30, 30X40, 40X60, 50X100. WILL SELL FOR BALANCE OWED. CALL JIM 1-800-872-1007.

FOR SALE
1975 IHC Truck Tractor S/Axle Powered by GM 671 Diesel Engine. 10/ speed, new Michelin tires, excellent cond.
1972 Lufkin 27' Van Trailer S/Axle New Michelin tires, excellent cond.
120 Bales of Alfalfa Hay. Good \$4.50 Bale
806-276-5355 or 806-364-3208

HEREFORD'S FINEST MASTERS APTS.
1, 2, 3 Bedrooms
Carpet, drapes, disposal, fireplace, dishwasher, carpet
TOWN SQUARE APTS.
1, 2, 3 Bedrooms
Carpet, drapes, disposal, fireplace, dishwasher, carpet
Resident Manager-364-0739

CROSSWORD

by THOMAS JOSEPH

ACROSS
1 Organized
6 Pertinent facts
10 To err is
11 Choose
13 Modify
14 Long poem division
15 Baseball throw
16 Wedding words
18 Amount
19 Register in
21 Moccasin
22 Victory cry
23 Composer Nino
24 Ill will
27 Vocal composition
28 Morgan's hair
29 Ninny
30 Table scrap
31 Hard-hit baseball
33 Resident (suffix)
34 Skill
35 Tell
38 Pronged
40 Cry Me a

DOWN
42 Celerity
43 Watchful
44 Raw-boned (gangland)
45 Heston in "Will —"
1 Fellow
2 Vulgar
3 Picture
4 Mercator
5 Empower
6 Ornamentation
7 Wing (Lat.)
8 Sawbuck
9 Set in motion
12 "Garfield" is one
17 Billy Williams
20 Memo
23 Noose
24 Without bumps
25 Unfair
26 Vivid
27 David Janssen film (1961)
29 Falstaff's title
31 Burdened
32 Poe bird
36 Marine bird
37 Bohemian
39 Greek letter
41 Island (Fr.)

BELEM BALE
OLIVE MONEY
LINER AGATE
TAG GUT
VENTURE
TAPE DESIRE
AVAST RUNIN
BITTER REED
DEANERY
APE DAB
SEDAN ABELE
AGENT CEASE
PONY TENOR

Saturday's Answer

1	2	3	4	5	6	7	8	9	10
11									12
13									14
15									18
19									21
22									23
24	25	26							27
28									29
30									32
33									35
36									37
38									41
42									43
44									45

3-Cars For Sale

1986 Astro Van. Low mileage. Well kept. 364-0857. 14107

'83 Ford Bronco front wheel drive, 4x4, good tires, excellent condition, loaded, \$4800 or best offer. Can see at 323 Ave. N or call 364-6330. 14412

Must sell 1980 Buick Regal. Not real good shape. \$700.00 or best offer. 364-5610. 14141

For Sale: 1979 4-door Buick LeSabre. Good school or second car. Call evenings 364-4636. 14143

1981 Chevrolet Stationwagon. 267-2305. 14155

1984 S-10 4x4 2.8 Liter V6 Call between 10:00-6:00 for information. 364-0633. 14159

1986 Corvette, bright red with red leather, 2 tops, brand new Michelin's. Bose, Anti-lock brakes, 54,000 miles, extra nice 17,900\$. Call 364-2808 or leave message. 14160

'79 Ford Pickup, F350, Ranger, One-ton, Super cab, long bed, 460 engine, AC/Am radio, international wiring, international Towing, 5th wheel towing, bumper towing, outside mirrors, cargo lights, tool box, roof mounted, CB antenna. 364-5245. 14175

1977 Honda Accord, good mechanical condition, new tires, new brakes, new battery, new motor, 276-5616. 14193

1975 Chevrolet Pickup, 4x4, Call 364-2559 after 12 noon. 14196

MILBURN MOTOR COMPANY
We pay cash for Used Cars
136 Sampson
Phone 364-0077

3A-RVs For Sale

For sale 1983 14' Pro Craft Bass Boat and trailer, 50hp Johnson Outboard 5 speed Minn Kota Trolling Motor. LCR 4000 graph, super 60 Depth Finder, Timed Livewell, Ph. 364-6456 day or night. 13045

For Sale: 1983 Kawasaki, 550 Spectre. Only 3,700 miles. \$1,000. Call 364-8760 after 5 p.m. 14007

15' Outboard Motor Boat Invader Model, 80 horsepower mercury motor, very good condition, good ski or fishing boat. 364-6254. 14102

'82 Suzuki GS 850L Low mileage, good condition! Call 364-8397 after 4:00 p.m. week days. 14158

4-Real Estate

Money paid for houses, notes, mortgages. Call 364-2660. 790

Two houses and two separate corner lots near San Jose Church, one house at 237 Catalpa, 1/2 block, 140x300, that has been cleared on corner of Gracey & Sampson. Call 364-8842. 5470

Priced reduced, 3 acres, S. Hwy. 385, with 3 bedroom home for \$25,000. Gerald Hamby, Broker, 364-3566. 13639

Sharp 2 bedroom, 805 Brevard, central heat & refrigerated air. Owner might carry. Gerald Hamby, Broker, 364-3566. 13640

Due to health, Clinton Jackson-selling lot at Ute Lake. Has 14x75 mobile home, large dbl garage, nice trees. Call 364-1914. 13792

Taking cash bids to settle Estate. 2 Bedroom, 1 Bath, Utility room, 1 car garage on large corner lot with some furniture. 201 Union St. Highest bid will be considered. Appraised at \$30,650.00. Call 364-0257 days or 364-5163 nights, or check across the street for appointment. Also call 1-246-3483 nights.

201 UNION

38 Miles Northwest of Dalhart, Texas, 2500 acres of institutional owned farmland, 1440 acres of good flat dryland & 1120 acres of center pivot irrigated. Motivated seller with terms available to qualified buyer. Priced right. Call exclusive agents, Chester Latham, 808-249-6444 or Buddy Bennett at 808-782-3288.

For sale: Welding Shop has 7292 Sq. feet, has 2.48 acres. Located on Walnut Road. \$37,000.00. 364-7872 after 5:00 p.m. 13834

No Money Down, 3 bedroom, 1 bath with fenced yard on West side, central heat & A/C, ceiling fans, remodeled, low payments. 364-3209. 14002

For sale by owner: 3 bedroom, 2 bath home near Senior Citizens and schools. 364-8785. 14164

3 BR, 2 Bth, dbl. car garage, formal living room, den, fireplace, ref. air, 1900 sq. ft. huge yards, extra nice, 67,000.00 Call for appt. 364-8504 ask for Debbie. 14181

4A-Mobile Homes

1977 Titan motor home, sleeps 5, 25 feet long. 1974 V.W. station wagon. See at 801 Miles or call 364-0774. 14139

For sale: 1985 28x48 Oak Creek Mobile home. 3 bd, 2 bath, central heat & air. Assume loan, excellent condition. After 6:00. Call 357-2551. 14161

5-Homes For Rent

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Move-in special now. No deposit. One and two bedroom apartments. All bills paid, except electricity, "Reduced Rate-By Week or By month" Eldorado Arms, 364-4332. 820

Best deal in town, furnished 1 bedroom efficiency apartments. \$175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. \$275.00 month. 364-8421. 1320

Self-lock storage. 364-8448. 1360

Paloma Lane Apts. 2 bedroom available, clean, well cared for, reasonably, \$170 deposit, no pets, EHO, 364-1255. 6060

Need extra space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available. 364-4370. 12685

Special move in rate, two bedroom apartment, washer/dryer hookup, stove and refrigerator, water paid. 364-4370. 12686

RETIREMENT LIVING AVAILABLE FOR RENT NOW!

ONE AND TWO BEDROOM BRICK HOMES WITH GARAGE AND/OR CARPORTS.

- Comfortable living Accommodations
- Separate Dining and Kitchen Areas
- Additional Storage
- Utilities Paid
- Yard Care Provided

Call (806) 364-0661 for an appointment to see these residences. Calls can be received between the hours of 8:00 A.M. to 12:00 Noon and from 1:00 P.M. to 5:00 P.M., Monday through Friday.

King's Manor Method Home, Inc.

P.O. Box 1999, 400 Ranger Dr. Hereford, Texas 79045

For lease: 3 bedroom, 1 1/2 bath with garage. Deposit required. 364-2926. 13018

For Rent: 3 bedroom, 2 bath a/c, Central gas heat, stove, refrigerator, washer/dryer hookup, carpeted. Great shape. We accept Community Action. Call for details. 364-3209. 13046

For rent: 2 bedroom trailer with stove & refrigerator. 304 Ave. H. 364-2131. 13194

Office space for rent. 122 W. 4th (Barber Shop). Call Bill Kester, 364-1811, 364-8494. 13198

One 2 bedroom and one 3 bedroom house for rent. Fenced yard, nice area. Call 364-2660. 13475

For Rent: 30x50 metal bldg. 14 ft. door, concrete floor, excellent for storage or warehouse type operation. Call Hereford, 276-5887. 13703

Two bedroom home with A/C, Fridge & Stove provided. W/D hookups, carpeted, water bill paid. \$255/mo, 364-3209. 13761

406 Avenue B apartment for rent, \$190 per month, all utilities except electricity, \$100 deposit. 372-9993. 13764

106 W. 6th, 2 bedroom, 1 bath, basement, 2 car garage, \$350 month, \$150 deposit. For appointment, call 364-0655. 13825

For rent: 2 bedroom with all bills paid. A/C, fridge, stove provided. Carpeted, washer/dryer hookups. \$290.00/monthly, 364-3209. 13868

For rent: One or more offices located 1400 W. Hiway 60. Reasonable rent with utilities paid except telephone. Call 622-2411. 13938

Extra nice home 3 bedroom home for sale or rent, 232 Greenwood. 364-8001. 13946

FOR RENT
Countryside Village Apartments at 400 Jack Griffin Ave. 1 & 2 bedroom apartments, ideal for senior citizens, adjacent to Hereford Senior Citizens Center. Central Heat & Air, security system, yard maintenance. Assistance available on some units. Equal Housing Opportunity. 364-1255

PARK PLACE APARTMENTS
2 or 3 Bedrooms
Double car garage
Fireplace
364-1150

Never, never, never be without a car.



Rent.

There's no reason for you to be "wheel-less." Not when renting a car from us is so fast, easy and economical. We'll give you quick, courteous service. And a highly competitive rate, by the hour, day, week or longer. Call us and we'll be there for you. Remember, we're a neighborhood merchant. We want and appreciate your business. Our service and rental rates will prove it.

Whiteface Dodge/Chrysler N. Highway 385 364-2727

25# BAGS SUPER SWEET "1015" TEXAS ONIONS AVAILABLE NOW FOR A LIMITED TIME AT GRIFFIN & BRAND. \$5.00 PER BAG 1 MILE WEST ON HIWAY 60

CLASSIFIEDS

3-Office Suite for lease, prime location, newly decorated. 902 N. Lee. 364-0686. 13948

Small efficiency partially furnished, \$130 monthly, \$50 deposit, water paid, 1002 Russell, 364-8745 or 364-5326. 14012

For rent: Two bedroom house furnished, recently decorated, clean, call 364-2733. 14068

For rent: 2 bedroom apartment furnished, pay own bills. 364-8823. 14085

For rent: One small bedroom with stove and refrigerator, partially furnished. \$200 monthly, water paid. 364-8751. 14086

House for rent, 3 bedroom, 1 1/2 bath, \$325/monthly, \$150 deposit. 364-2413. 14087

House for rent, 4 bedroom, 3 bath, 2 living areas, \$550 monthly, \$250 deposit. 128 North Texas. 364-2329 from 1-6; after 6 p.m. 355-8624. 14116

Small two bedroom furnished, very private. Adults only, no pets. Call 364-2575. 14126

For Rent: Three bedroom, 1 1/2 baths, brick. 364-5287. 14138

One bedroom unit with all bills paid. AC, Fridge, Stove provided. \$260/mo, 364-3209. 14156

3 bedroom unfurnished house. 364-2131. 14166

7-Business Opportunities

New and now in stock: The Roads of New Mexico in book form. Also The Roads of Texas. \$12.95 each. Hereford Brand, 313 N. Lee. 14190

VISA/MSTERCARD
Easy, fast! No deposit. No credit check. Also \$5000 Gold Card Guaranteed! Cash advances! Free info! 1(800)234-6741, anytime.

VISA/MASTERCARD
Guaranteed Approval for complete information and pre-approved application call 1-900-446-0800 \$25.00 fee

GOLD CREDIT CARD
visa/mastercard guaranteed no security deposit 1-900-963-5100 tel. co. bills 49.50 fee

8-Help Wanted

Help Wanted: Waitress and delivery drivers. Apply in person Pizza Hut, 1404 W. 1st. Paid vacation plan provided. 12467

Now accepting applications for full and part-time help. Apply in person 6 a.m. to 2 p.m. E-Z Mart 817 W. Park. 13085

Government Jobs! Now hiring in your area, both skilled and unskilled. For a current list of jobs and application, call 1-615-383-2627 Ext. P 434. 13823

"Attention: Postal Jobs! Start \$11.41/hour! For application info call (1) 602-838-8885, Ext. M-1488, 6am-10pm, 7 days." 13986

HELP WANTED
Dealer-Manager
Major Corporation
Expanding in Hereford Area. Looking for person with Management Potential, \$50,000.00-\$100,000.00. First Year Possible Dealership Available. With Secured Territory Call for information Today. 806-355-6246 July 8 & 10

Position in Industrial Ammonia Refrigeration Maintenance. Requirements: Hands on experience in industrial ammonia refrigeration. Duties include: Responsible for maintenance of facility, machinery & equipment. Skills needed include: Understanding and operation of two-stage industrial system, able to work with single phase and 3-phase electrical system, able to diagnose & repair fork-lift, pallet jacks, welding, plumbing, purchasing, house-keeping, training new maintenance personnel. Salary negotiable based on experience. Send Replys to: Millard Refrigeration Service Attn: Tony Dikus 900 Millard Ave. Friona, Tx. 79035

Help Wanted, night watchman for Hereford area feedyard. Send letter of inquiry to Box 673 XYZ. Must have references. 14154

Person to work at feed yards doing millwright work. Need to be able to weld & fabricate. Contact Darrell, 647-2554 or 627-4241 or 258-7299. 14157

Need two hairdressers and manicurist for soon to open Janie's Hair Salon. Good set-up and working conditions. Call 364-7427 after 5:30 p.m. 14188

9-Child Care

Experienced child care for children of all ages. Call Bonnie Cole, 364-6664. 6000

KING'S MANOR METHODIST CHILD CARE
State Licensed
Qualified Staff
Monday-Friday 8:00 a.m. - 6:00 p.m.
Drop-ins Welcome with Two Hours Notice.
MARILYN BELL
Director
364-0661
400 Ranger

HEREFORD DAY CARE
State Licensed
Excellent program by trained staff.
Children 0-12 years
215 Norton 248 E. 16th
364-3151 364-5062

10-Announcements

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

Problem Pregnancy Center. 505 East Park Avenue, 364-2027. Free pregnancy tests. Confidential. After hours hot line 364-7626, ask for "Janie." 1290

11-Business Service

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

For shrub and tree trimming, assorted lawn work, mowing, edging, plowing gardens, and etc. Call Ryders Lawn & Garden, 364-3356. 13859

Haul trash, dirt, sand & gravel. Also yard leveling, tree trimming & planting. Will build and clean flower beds. Call 364-0553 or 364-8852. 13862

Windshields. Best service, best prices. Save 50-100% on insurance deductible. Steve's Paint & Body Shop. 258-7744. 13863

Would like to mow lawns for the summer. Call Chris after 5 p.m. 364-6880. References provided. 14006

Harvey's Lawn Mower repair, tune-ups, overhaul, oil change, blade sharpening, etc. Lawn mowing, \$10.00 up. 364-8413, 705 South Main. 14076

Would you like your house cleaned. Call between 5 p.m. & 10 p.m. 364-7073. 14186

New and now in stock: The Roads of New Mexico in book form. Also The Roads of Texas, \$12.95 each. Hereford Brand, 313 N. Lee. 14192

WINDMILL & DOMESTIC
Sales, Repair, Service,
Gerald Parker,
258-7722
578-4646

ROUND-UP APPLICATION
Pipe-Wick Applicator
Pipe-Wick Mounted On
Hi-Boy, Row-Crow, CRP
volunteer corn, 30" or 40" rows
Call Roy O'Brian
265-3247

12-Livestock

Mare Missing
Southwest of Adrian Tx 12 mi. Red Dun mare, with colt, branded with "T" on left hip.
Reward for mare or information
Butch Boydston
Box 165 Adrian Tx 79001
806-538-6369



A kangaroo cannot jump if its tail is lifted off the ground. It needs its tail for pushing off.

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

CRYPTOQUOTE

7-10
UVEP VG D EUDSP ZYDZ
VG DUADFG MIOXVXJ VZGPIE
TIZ. MIZ VZ QDZQYPG
EVOP DJDVX PCPOF ZVSP D
QYVUL VG MTOX.—J.M.GYDA
Yesterday's Cryptoquote: WHAT ONE KNOWS IS, IN YOUTH, OF LITTLE MOMENT; THEY KNOW ENOUGH WHO KNOW HOW TO LEARN.—HENRY ADAMS

LEGAL NOTICES

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF PAUL DOUGLAS POWELL DECEASED
Notice is hereby given that original Letters of Administration upon the Estate of PAUL DOUGLAS POWELL were issued to me, the undersigned, on the 3rd day of July, 1990, in the proceeding below my signature hereto, which proceeding is still pending, and that I now hold such letters. All persons who may have claims against said estate which is being administered in the County below named, are hereby required to present same to me at the following address: BETTYE J. POWELL, 426 Avenue C, Hereford, Texas 79045, before suit upon same is barred by the Statutes of Limitation, and within the time prescribed by law. DATED this 3rd day of July, 1990. /s/ BETTYE J. POWELL Independent Administratrix of the Estate of PAUL DOUGLAS POWELL, Deceased No. 3797 in the County Court of Deaf Smith County, Texas

TO ALL INTERESTED PERSONS AND PARTIES:

You are hereby notified of the opportunity for written public comment concerning the application for continuance of permit No. R-3410 by Moorman Manufacturing Company for a Livestock Feed Manufacturing Plant in Hereford, Deaf Smith County, Texas. The location is 401 Progressive Road. This facility is emitting the following air contaminants: grain dust.

A copy of all materials submitted by the applicant is available for public inspection at the Texas Air Control Board Lubbock Regional Office at Briercroft South #1, 5302 South Ave. Q, Lubbock, Texas 79412, telephone (806) 744-0090 - 744-6055, and at the Texas Air Control Board, 6330 Highway 290 East, Austin, Texas 78723. All interested persons may inspect these materials and submit written comments to the Executive Director of the Texas Air Control Board. Any person who may be affected by emissions of air contaminants from the proposed facility may request a contested case hearing from the Board on the application for continuance pursuant to Section 3.271(c) of the Texas Clean Air Act. All comments and hearing requests must be received in writing by July 26, 1990. All written comments submitted to the Executive Director shall be considered in determining whether to continue the permit. All comments will be made available for public inspection at the Texas Air Control Board office in Austin.

TO ALL INTERESTED PERSONS AND PARTIES:

THE MOORMAN MANUFACTURING COMPANY HAS MADE APPLICATION WITH THE TEXAS AIR CONTROL BOARD FOR CONTINUANCE OF PERMIT NO. R-3410 FOR A LIVESTOCK FEED MANUFACTURING PLANT IN HEREFORD, DEAF SMITH COUNTY, TEXAS. THE LOCATION IS 401 PROGRESSIVE ROAD. ADDITIONAL INFORMATION CONCERNING THIS APPLICATION IS CONTAINED IN THE PUBLIC NOTICE SECTION OF THIS NEWSPAPER.

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CATTLE FUTURES
CATTLE-FEEDER (CME) 4800 lbs., cont'd per lb.
Aug 82.00 82.50 84.00 85.50 +72 82.57 78.00 4.50
Sept 84.00 84.00 84.00 84.00 +70 84.95 78.00 1.16
Oct 82.00 82.00 82.25 82.75 +57 84.35 78.20 2.86
Nov 82.95 84.00 82.65 82.90 +55 84.60 79.00 1.62
Jan 82.65 82.85 82.85 82.85 +42 84.05 79.50 4.04
Mar 82.35 82.65 82.50 82.45 +37 82.00 80.90 1.93
Est vol 1,348; vol Fri 1,482; open int 9,964, -46
CATTLE-LIVE (CME) 4800 lbs., cont'd per lb.
Aug 72.75 74.37 72.67 74.15 +50 74.92 67.12 78.82
Oct 72.75 74.15 73.60 74.00 +37 74.85 68.20 79.15
Dec 72.22 72.67 72.50 72.50 +46 74.60 71.00 11.86
Jan 72.00 72.32 72.30 72.30 +35 72.00 72.67 1.30
Est vol 13,081; vol Fri 8,800; open int 48,470, +302
HOGS (CME) 26.00 lbs., cont'd per lb.
July 61.35 61.80 60.25 60.97 +42 65.32 64.95 5.05
Aug 57.75 58.15 56.50 57.00 +35 63.42 62.70 14.43
Oct 52.80 52.87 51.67 52.67 +1.00 53.70 49.80 9.12
Dec 51.90 51.90 50.70 51.10 +1.07 52.45 48.25 4.20
Jan 49.50 49.50 48.25 49.07 +42 52.95 48.20 1.49
Apr 46.50 46.50 45.25 46.00 +39 48.80 45.15 7.20
June 49.50 49.60 48.25 48.50 +38 51.85 48.65 2.97
Est vol 11,883; vol Fri 9,522; open int 23,456, +353

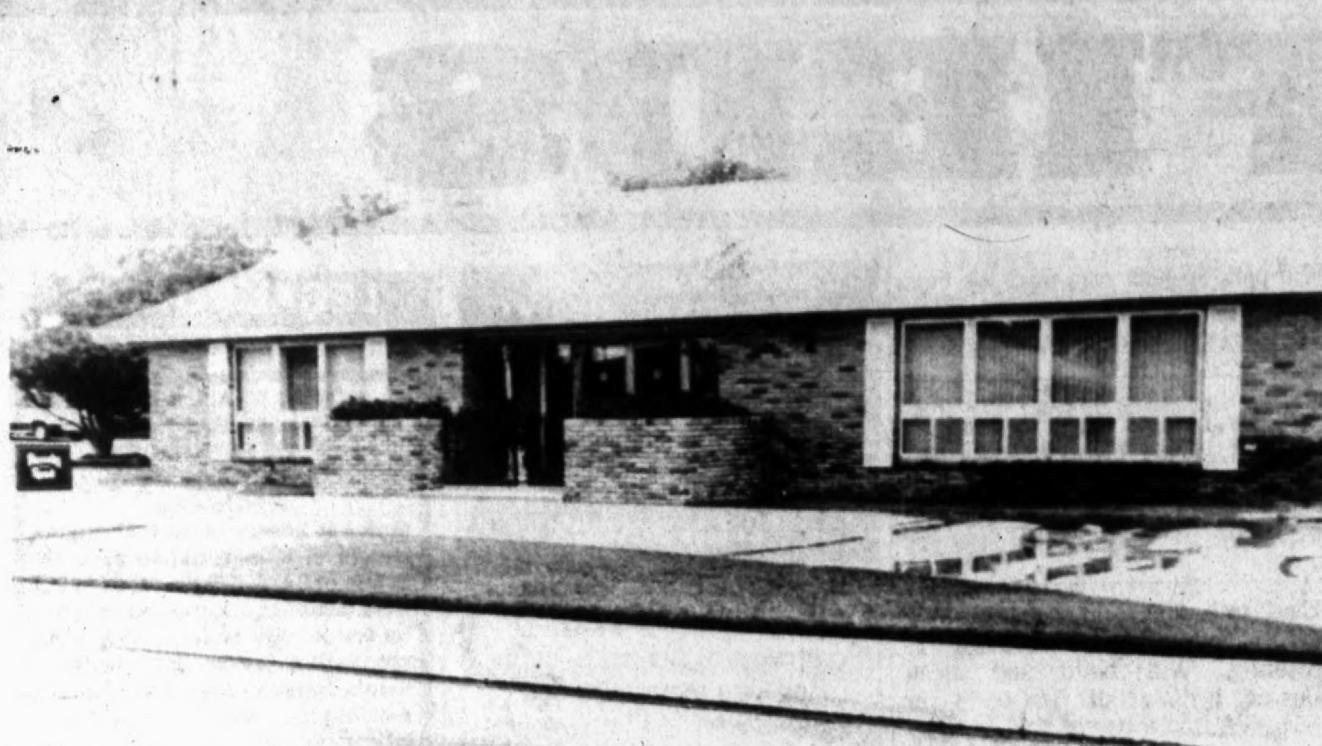
GRAIN FUTURES
CORN (CBT) 5600 lbs., cont'd per bu.
July 260 267 277 280 + 4 252 231 9.80
Aug 270 275 277 279 + 1 267 229 45.60
Sept 272 272 280 282 + 2 269 222 134.57
Oct 278 278 275 279 + 2 269 241 27.78
Nov 282 282 279 283 + 1 269 249 5.61
Jan 284 284 281 284 + 4 269 263 3.62
Mar 273 279 272 279 + 5 287 265 3.18
Dec 282 282 282 282 + 0 273 229 2.11
Est vol 60,000; vol Fri 97,414; open int 225,997, -4,867
SOYBEANS (CBT) 5600 lbs., cont'd per bu.
July 490 490 497 497 + 2 478 578 6.94
Aug 424 425 412 412 + 4 405 378 23.80
Sept 421 423 420 420 + 3 416 368 12.51
Nov 446 445 433 433 + 2 416 367 58.59
Jan 425 425 424 424 + 2 416 367 58.59
Mar 447 447 443 443 + 4 405 368 2.77
Dec 447 447 447 447 + 0 405 368 2.77
Est vol 45,000; vol Fri 49,544; open int 106,346, -1,301
WHEAT (CBT) 5600 lbs., cont'd per bu.
July 260 260 260 260 + 0 260 260 0.00
Aug 260 260 260 260 + 0 260 260 0.00
Sept 260 260 260 260 + 0 260 260 0.00
Oct 260 260 260 260 + 0 260 260 0.00
Nov 260 260 260 260 + 0 260 260 0.00
Jan 260 260 260 260 + 0 260 260 0.00
Mar 260 260 260 260 + 0 260 260 0.00
Dec 260 260 260 260 + 0 260 260 0.00
Est vol 14,500; vol Fri 22,507; open int 62,317, +1,672

METAL FUTURES
GOLD (COM) -100 Troy oz., 5 day 99.99
July 361.00 361.00 361.00 361.00 -2.90 376.50 354.00 2
Aug 362.70 363.00 363.00 363.00 -3.00 407.00 348.20 45.50
Oct 366.90 367.00 367.00 367.00 -3.00 472.00 323.50 4.45
Dec 371.10 372.00 367.50 368.00 -3.00 455.50 327.00 19.20
Jan 376.00 376.00 372.00 372.00 -3.00 457.50 342.00 11.31
Apr 379.10 379.10 379.10 379.10 -3.00 460.00 344.20 10.19
June 382.30 -3.00 464.00 372.00 5.20
Dec 384.00 -3.00 468.00 375.00 2.63
Est vol 33,200; vol Fri 15,200; open int 110,623, -2,194
SILVER (COM) -5000 Troy oz., cont'd per oz.
July 487.5 488.0 488.0 488.0 -4.4 501.4 423.3 1.992
Aug 487.5 488.0 488.0 488.0 -4.4 501.4 423.3 1.992
Oct 493.0 497.4 488.0 488.0 -4.8 505.0 421.0 54.728
Dec 504.5 507.9 497.1 497.1 -4.9 502.0 420.0 56.508
Jan 514.3 514.5 509.5 509.5 -4.8 508.0 420.5 9.197
July 528.0 528.0 525.0 525.0 -4.8 547.0 514.0 2.222
Nov 517.5 517.5 517.5 517.5 -4.8 547.0 517.0 1.792
Dec 548.0 548.0 548.0 548.0 -4.8 548.0 530.0 1.322
Est vol 12,000; vol Fri 8,645; open int 98,465, +486

FUTURES OPTIONS
CATTLE-FEEDER (CME) 4800 lbs., cont'd per lb.
Strike Price Aug-Sept Oct-Sept
70 4.17 4.17 4.20 4.20 0.30 0.40
75 4.20 4.20 4.20 4.20 0.30 0.40
80 4.25 4.25 4.25 4.25 0.30 0.40
85 4.30 4.30 4.30 4.30 0.30 0.40
90 4.35 4.35 4.35 4.35 0.30 0.40
95 4.40 4.40 4.40 4.40 0.30 0.40
100 4.45 4.45 4.45 4.45 0.30 0.40
Est vol 521; vol Fri 48 calls 223 puts
Open interest Fri: 5,200 calls 74,000 puts

CATTLE-LIVE (CME) 4800 lbs., cont'd per lb.
Strike Price Aug-Sept Oct-Sept
70 4.17 4.17 4.20 4.20 0.30 0.40
75 4.20 4.20 4.20 4.20 0.30 0.40
80 4.25 4.25 4.25 4.25 0.30 0.40
85 4.30 4.30 4.30 4.30 0.30 0.40
90 4.35 4.35 4.35 4.35 0.30 0.40
95 4.40 4.40 4.40 4.40 0.30 0.40
100 4.45 4.45 4.45 4.45 0.30 0.40
Est vol 2,807; vol Fri 487 calls 223 puts
Open interest Fri: 14,079 calls 23,129 puts

CORN (CBT) 5600 lbs., cont'd per bu.
Strike Price Aug-Sept Oct-Sept
260 3.80 3.80 3.80 3.80 0.10 0.10
265 3.85 3.85 3.85 3.85 0.10 0.10
270 3.90 3.90 3.90 3.90 0.10 0.10
275 3.95 3.95 3.95 3.95 0.10 0.10
280 4.00 4.00 4.00 4.00 0.10 0.10
285 4.05 4.05 4.05 4.05 0.10 0.10
290 4.10 4.10 4.10 4.10 0.10 0.10
295 4.15 4.15 4.15 4.15 0.10 0.10
300 4.20 4.20 4.20 4.20 0.10 0.10
Est vol 15,800; vol Fri 15,800 calls 72,579 puts



Residential beauty spot

One of the residential beauty spots of the month is the Bill Howard home at 302 Westhaven Drive. The home was chosen by the Women's Division beauty spot of the month committee.

Ask Dr. Lamb

DEAR DR. LAMB: Three years ago I had a "mild" heart attack (myocardial infarction) with a quick recovery and no problems since then. A year ago I received a "special issue" third-class medical certificate from the Federal Aviation Administration and it was renewed six months later.

At the next renewal date the FAA denied the renewal and has continued to deny it since. Their reason is "myocardial ischemia" at low levels of stress. That was found on a treadmill exercise test with thallium 200 which is required for pilots with my history.

I have been a pilot since 1940 and feel that I have never, nor will I ever, experience stress while flying an airplane as a private pilot such as I experienced while undergoing the above treadmill test.

Can you explain ischemia, why it occurs only under the stress of the test and why they feel I am "an unacceptable risk" to be licensed to fly an airplane?

DEAR READER: Ischemia means not getting enough blood — in your case to your heart muscle. As the exercise increases the work of the heart, the heart needs more blood. With an arterial obstruction, as from coronary artery disease, it is not possible to supply the increased

needs — hence ischemia. The ischemia may cause no pain, but may cause characteristic changes in the electrocardiogram. The thallium 200 test also enables one to assess the blood flow to the heart muscle during exercise.

When your heart is resting and doesn't need that much blood, there may be enough flow through the obstructed coronary arteries and there will be no ischemia.

I have discussed ischemia in some detail in Special Issue 31-12, Heart Ischemia, which I am sending you. Others who want this issue can send \$1 with a long, stamped, self-addressed envelope for it to THE HEALTH LETTER/31-12, P.O. Box 19622, Irvine, CA 92713.

Exercise tests are commonly used to detect underlying coronary artery disease that can cause ischemia when the needs for increased blood flow occur. Coronary artery disease is an unpredictable disease. I suspect your tests showed sufficient limitation to increase your coronary blood flow to cause the air surgeon to be concerned about the increased likelihood that you could have a heart problem while flying. Naturally, he would want to protect you and anyone who might be flying with you.

DEAR DR. LAMB: Can you explain why so many people die unexpectedly

in hospitals? Do they die of fright or from blood clots?

DEAR READER: Because a large number of people who are in hospitals have serious illnesses. Often these are unpredictable diseases, such as coronary artery disease. There is a tendency to be optimistic, but you can never know when a heart patient might have a turn for the worse or a new attack. Sudden fatal heart irregularities used to be a common unpredictable complication in heart patients. Today's monitoring methods alert help at once and have reduced unexpected deaths.

When a person has a serious illness, it is unpredictable when a complication might occur. A blood clot is one such complication, and while it is not the most common cause of hospital deaths, a clot can form in the leg in a young, relatively healthy patient — say one who just had an appendectomy — and a sudden death will occur.

Dr. Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 19622, Irvine, CA 92713. Although Dr. Lamb cannot reply to all letters personally, he will respond to selected questions in future columns.

You should question water quality

Drink plenty of water. That's what health experts recommend. But what if you doubt the quality of your drinking water?

According to the U.S. Centers for Disease Control (CDC), an average of almost 7,400 cases of drinking water-related illness was reported in the United States each year from 1971 to 1985. The CDC believes this number represents only a fraction of the total number that actually occur.

The Safe Drinking Water Act directs the Environmental Protection Agency (EPA) to set limits on the amounts of various substances sometimes found in drinking water. More than 80 percent of the U.S. population's drinking water supply is protected by the Safe Drinking Water Act. Yet contamination can occur. To feel confident about the quality of your water, know what can make your water unsafe to drink and what you should do about it.

More than half the American people using public water systems are served by surface water from rivers, lakes and open reservoirs. The remaining population uses groundwater sources—underground saturated beds of sand and gravel that feed wells and springs.

During the last 10 to 20 years, new chemicals and microbiological contaminants have begun to degrade the quality of both surface and ground water. Pesticide and fertilizer runoff from farmland, industrial wastes, leaking underground storage tanks, septic tank discharges and accidental spills are some of the causes of unsafe water.

In 1986, Congress addressed the problem by passing a set of amendments that expanded the protection provided by the Safe Drinking Water Act of 1974. These amendments banned all future use of lead pipe and lead solder in public drinking water systems, mandated greater protection of ground-water sources of drinking water, and streamlined enforcement of procedures to ensure that suppliers comply with the act.

HEALTH RISKS

The EPA has set drinking water standards for 30 contaminants that pose a threat to your health. Legislation also requires that the agency regulate at least 25 more contaminants by 1991 and an additional 25 every three years thereafter.

Some regulated contaminants include:

-Microorganisms-Bacteria or parasites from animal or man wastes, or viruses may be found in drinking water if the water is not properly treated.

Of the almost 1,600 cases of waterborne diseases reported to the CDC in 1985, most were traced to Giardia lamblia. You might contract this parasite, responsible for a variety of symptoms including diarrhea, weight loss and malabsorption, by drinking water directly from streams and ponds near campsites and hiking trails.

-Nitrate-Fertilizers and sewage, as well as rocks and soil, add nitrate to water. Excessive concentrations of nitrate can react with hemoglobin in the blood to cause an anemia called methemoglobinemia. The condition can occur in adults, but it occurs more frequently in infants three to 12 months old.

-Lead-Corrosion of lead solder once used to join copper pipes can leach lead into drink water. Excessive exposure to lead can damage the brain, kidneys, nervous system and red blood cells, particularly in growing infants and children.

Homes that were built or remodeled before 1985, prior to the ban on use of lead pipe or lead solder, may harbor levels of lead in excess of allowable standards. The EPA is currently considering a substantial drop in its limit for lead.

-Organic chemicals-These include dry-cleaning compounds, gasoline, fuel oil, solvents, degreasers, pesticides and extracts from decaying vegetation. Shallow ground water is especially vulnerable to these sources of contamination, primarily because of poor storage and disposal practices on or under the ground.

Most organic contaminants such as benzene, vinyl chloride and carbon tetrachloride are suspected of causing cancer.

In addition to contaminants that

threaten your health, drinking water can contain substances that affect the aesthetic quality. Too much copper and zinc can give water an off-taste. Iron and manganese also can produce an unpleasant taste, as well as discolor plumbing fixtures and stain laundry.

If you're served by a large public water system, be confident that your water is safe. Regulations require that your water go through several steps of purification before it ever reaches your faucet.

Unfortunately, some smaller water systems with more limited resources may find compliance with the new regulations difficult and expensive. Private wells aren't protected by the Safe Drinking Water Act. And no system, public or private, can protect your water from lead that may leech from your own pipes. To be sure that your water is safe, here are some precautionary steps:

-If you depend on a private well for your water, have your water tested annually or whenever you notice a change in odor, color or taste. Routine testing for bacteria and nitrate (well water's most common contaminants) is simple and relatively inexpensive. Contact your county health department to find out how and where to have your water tested, as well as for help in interpreting the results.

If testing reveals unacceptable levels of pollutants, your state or county health officials should be able to tell you which approach to follow.

-If you suspect lead contamination, ask your county health department about facilities available for testing your water or pipes directly.

To reduce your exposure to lead, let the water run for a couple of minutes before using it for the first time in the morning. Use only cold water for drinking and cooking.

-Be informed about water filters. Before you invest in a home water purifier, have your water tested and interpreted by a reputable water-treatment professional.

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