

Equipment rolls on new gym addition for SHC School

By Janet Felderhoff
Sacred Heart Catholic School broke ground and work officially began on a new addition to the high school gymnasium. This field house complex replaces the field house destroyed in the June 18, 2011 microburst and offers improvements needed to some of the School's other athletic facilities.

The addition will include a boys' locker room, girls' locker room, weight training area, coaches' offices, football equipment storage, concession area, and men's and women's restrooms. Concessions and restrooms will serve those attending either football or basketball games.

Hired as contractor for the project is Piazza Construction out of Sherman. Several of the subcontractors are local. "We are utilizing local subcontractors wherever possible," said Dr. Rondon.

Principal Dr. Rafael Rondon opened the ground breaking ceremony on Fri-

day, July 13. He remarked, "This is truly a great day for Sacred Heart Catholic School and Sacred Heart Parish because we haven't built anything this size in quite a while. These are much needed facilities."

"In sort of a profound way, it's a response of thanksgiving to God for something that most of us consider to be a natural disaster, which was the blowing away of our old field house. It shows that wherever there is a perceived disaster can really be an opportunity to make something better and to produce something greater."

According to Dr. Rondon, the School's Facilities Development Committee recognized a need for the new facility and brought forward the request to build it. Members of that committee include Debbie Hess, Lydia Springer, Donna Biffle, Darell Walterscheid, Coach Jon LeBrasseur, Coach Dale Schilling, Milton Knauf, Mark Hesse, John Bartush,

and ex officio member Ernie Martin.

Dr. Rondon credited Donna and Jim Biffle and Debbie and Doyle Hess with spearheading the fundraising of the approximately \$850,000 required in addition to insurance money. He noted that the donors wished to remain anonymous. Sacred Heart Alumni Association and Supporters helped with the remaining funds needed. "Other than the insurance money, all the money for the addition has come from private donations. None of the money has come from the Parish, which includes the school," stated Dr. Rondon.

Pastor Fr. Ken Robinson blessed the construction site, recognizing that all building comes from the Lord. He asked that the Lord bring the construction to a successful completion and bless all who work on it and keep them safe from all injuries.

Following the blessing, all present posed for a photo to

See ADDITION, pg. 3

Accepting Muenster's GCAA check



Muenster once again received the Governor's Community Achievement Award (GCAA) and \$90,000 to spend on a beautification project. The award was presented at the 2012 Keep Texas Beautiful Convention in San Antonio. Attending the GCAA dinner and accepting the award were Muenster Mayor Joey Anderson, his wife Crystal, and Keep Muenster Beautiful member Gary Fisher and wife Marlene. Pictured with a symbolic check and the award plaque are, from left, Crystal Anderson, Joey Anderson, unidentified KTB official, Gary Fisher, Marlene Fisher, and unidentified KTB official. Courtesy photo

Run-off to determine winners

By Janet Felderhoff

With all primary election dates running considerably behind schedule this year, a run-off election on July 31 will determine the final nominees on the Democratic and Republican tickets for

this November's election. Early voting begins July 23 and ends July 27.

Cooke County voters wishing to take part in the early voting may do so at the Courthouse Annex, 112 S. Dixon in Gainesville, from 8 a.m. to 5 p.m.

There is one run-off on the Democratic ballot. Grady Yarbrough and Paul Sadler seek that Party's nomination for United States Senator.

There were six Republican contests in which no one candidate received at least 51% of the votes.

On the federal level, David Dewhurst and Ted Cruz are contending for the Republican nomination for United States Senator.

State run-offs are Christi Craddick and Warren Chisum for Railroad Commissioner, and Barry Smittherman and Greg Parker for Railroad Commissioner, Unexpired Term. Also, David Medina and John Devine seek nomination to Justice, Supreme Court, Place 4, and Drew Springer and Trent McKnight are contenders for State Representative, District 68.

On the County level, Cooke County Sheriff has Jim Carter and Terry Gilbert hoping to earn their Party's nomination. With no Democratic opponent, the winner will serve as the next sheriff of Cooke County, taking the place of retiring Sheriff Mike Compton.

Town tidings

Orr moves

Muenster's Main Street has one less business as Orr Construction moved its equipment to a location several miles north of town. Their needs exceeded the space available and they are now storing the vehicles and equipment at 4280 N. FM 373. That is where Superior Machining was located until moving to its new facility.

Mass

Mass for Sacred Heart Parish will be held in the Community Center for the next two weekends. This is due to work being done on the terrazzo floors in the Church.



Sacred Heart Catholic School ceremoniously turned the first shovels of dirt last Friday for its new gym addition. A number of people attended the groundbreaking and blessing. At right, Fr. Ken Robinson blesses the construction site and project. Those pictured include students, Alumni members, Facilities Committee members, SHCS staff, and contractor Chip Piazza. Janet Felderhoff photo

Legal process inches forward in EOG sand mine case

By Janet Felderhoff

Residents and property owners from northwest Cooke and northeast Montague counties took a stance against a sand mine being constructed by EOG on a 111,400 acre tract about 10 miles from Saint Jo. Their efforts to either stop the mine or have strict regulations on air quality and water restrictions began about a year ago. A public meeting, conducted by Texas Commission on Environmental Quality (TCEQ), took place last August and was attended by several hundred people. A second TCEQ public meeting on the permit took place Wednesday, July 11 due to changes in the permit and more people wanting to make comments.

On Thursday, July 12, a contested case hearing was held in the courtroom of the Cooke County Annex. About 60 people attended.

Administrative Law Judges Travis Vickery and Penny Wilkov with the State Office of Administrative Hearings (SOAH) were there to organize and conduct the hearing. They conduct the hearing in conjunction with TCEQ.

Judge Wilkov said that the first step was to establish jurisdiction. No objections were lodged against the two SOAH judges hearing the case, so they assumed jurisdiction of it.

The second step involved determining who would be a party in the hearing. Those who are parties, explained Judge Wilkov, will be able to bring in witnesses, to cross examine witnesses, and introduce documents.

When the case comes before TCEQ, people can be a party, but be represented by someone else. Judge Wilkov

noted, "The representative will be the person who will speak at the hearing and represent your interest in this case." She suggested that the smallest number of groups would be ideal since it would allow for a more organized, less unruly hearing, and fewer people being served documents, etc.

Judge Vickery informed those present that at the end of the hearing, the

SOAH judges do not have the final say. They submit a proposal for decision which goes to the Texas Commission on Air Quality for a short hearing. After that, the commissioners issue a decision. He explained the steps and length of time involved.

"There is a lot of process built into this," remarked Judge Vickery. "Now, I realize that many of you here to-

day just want this project to go away. I understand that because based on your interest, you want it go away. But, this process is here to protect everyone and make sure that everyone gets a fair, full hearing."

EOG agreed not to contest anyone who wished to become a party if they aligned with representatives to limit the number of representatives to a few

people. A break was held to allow those seeking party status to pick representatives.

When the hearing reconvened, the representatives were announced as Mary Del Olmo, Penny Jordan, Judge John Roane representing Cooke County, and Kathy Nielson.

The parties are County Commissioners; Red River Agriculture and Wildlife

Tourism Party (Mary Del Olmo, John Fredrick, Mike Bartush, J Lynn Hare, Bartush Land & Cattle Co., Blue Ostrich Winery and Vineyard, and Arché Winery) represented by Del Olmo; Save the Trinity Aquifer (Penny Jordan, Jenny and John Shiffer, Donald and Barbara Rohmer, Joan and David Brockett, Roger Reiter, Susan Nelson, Nancy Turlington, Rita Blakely, Bob Wharton, Rowena Graham, A.J. Knabe, Robert Fazen, Wylie Harris, R Harris, Terry Fender, Oslum Antiok, Janis Sneed, Ibaris Lulis, Patty Fleitman, Judith Colt, and Joy Philpot); Red River Motorcycle Trails (Rebecca Harris, Holly Harris Bayer, and Red River Motorcycle Trails, Inc. and patrons) represented by attorney Charles Ervin; and Kathy Nielson.

The hearing date is set for April 15-19, 2013. A location was not selected. Most present wanted it to be in Cooke County. EOG and TCEQ preferred Austin because that is where their experts and attorneys are located. It was suggested that part of the hearing be held in Austin and another part held locally.

The final part of the hearing was listening to comments from those who were not claiming party status, but wished to make their feelings known.

Jim Mann of Palestine vacations at Red River Motorcycle. He feels that he and his family will be directly affected. He said that samples of the dirt are not being taken from the actual location of the sand mine. Dirt is different at various locations. He asked that approval be withheld until

See SOAH, pg. 3

Painting the town water tower



Workers with Utility Services Company applied a fresh coat of paint to Muenster's water tower last week. The City contracted with the manufacturer for a sum of \$4,800 a year to have the tank inspected yearly, cleaned every two or three years, and painted every 10 years. The manufacturer sold its contract for the Muenster tower's upkeep to Utility Services Company of Warthen, Georgia. Janie Hartman photo

Obituaries

Linda Dill 1945 - 2012

Mass of Christian Burial for Linda Flusche Dill, age 67 of Paradise, was held at 10 a.m., Wednesday, July 18 at St. John's Catholic Church in Bridgeport. Services were officiated by Rev. Jacob Alvarez and directed by McCoy Funeral Home of Saint Jo. Burial was in Mountain Park Cemetery, Wednesday at 2 p.m. in Saint Jo. Visitation was held Tuesday evening at the funeral home.

Mrs. Dill died at 1:14 a.m., Sunday, July 15 in Decatur.

Linda was born April 29, 1945 in Fresno, California, one of the four children of Norbert and Wilma Swindle Flusche. She was raised and attended school in Saint Jo. She earned the Betty Crocker Award her senior year. She graduated from North Texas State University with a Business Education degree.

Linda married Ed Dill on Aug. 27, 1967 in Saint Jo. They had one son, Duane Dill. She was a member of Saint John's Catholic Church in Bridgeport. There, she was president of The Ladies' Group, was one of the money counters who counted money every Monday morning, and participated in the Movers and Shakers. She was very devoted to her church.

Linda worked at Meadowgold Dairy in Fort Worth as a phone operator for eight years, Eclipse Supply Company in Fort Worth as an accountant for 10 years, and Photo Etch in Fort Worth as an accountant for 24 years. Linda, Ed, and Duane lived many years in Fort Worth before building their home in the country in Wise County. Linda loved their home in the country, the animals

they raised there including Maggie their 10 year old Labrador Retriever, and the gardens where they raised fruits and vegetables that she canned. Linda had a ceramic shop where she made treasured gifts that she shared with family and friends. While in the country Linda loved having her nieces stay with her during the summer. She sent Heather home one time with a duck egg that later hatched into a pet duck named Daffy. Both MaLynn and Debbie received busted lips during one of their stays. She also taught her nieces how to make ceramic pieces which they still treasure today.

Linda loved life and she lived it to the fullest. She dearly loved her grandchildren, great-grandchildren, and her nieces and nephews. Linda made many many trips with her sister LouAnn to visit her nephew Rickie Gaston. Linda knew where every Cracker Barrel and Sonic were along the way. "Go" was her favorite word - she loved to travel. She visited Duane in Germany three times and traveled the United States extensively. She never went anywhere without her camera.

Linda loved to play games - card games and Bingo - and was in a Bingo group in Saint Jo and Cottdale for many years. She played Keno as well. She was also very interested in Family Genealogy and did extensive



Linda Dill

research in the Flusche family history. She was a very loving sister, wife, mother, grandmother, and friend.

Linda always said when she would leave, "Kiss me quick. I'm off. Good bye!"

Survivors are her son Duane and wife Kathie Dill of West; one grandchild and his wife; two great-grandchildren; sisters Mary Wisdom and husband Johnnie of Saint Jo, LouAnn Poyner and husband Billy of Saint Jo; and brother Norbert Jr. "Sonny" Flusche and wife Lina Jo of Saint Jo; several nieces and nephews; and several great-nieces and great-nephews.

Linda was preceded in death by her husband and her parents.

Pallbearers were James Lucas, Chris Burns, Chan Horne, Rodney Swirczynski, Heath Wisdom, and Vincent Bell.

Cheryl Barker 1960 - 2012

Memorial services for Cheryl Ann Barker, age 51 of Callisburg, were held Thursday, July 19, at the Callisburg United Methodist Church with Dr. Tom Peel and Rev. Kathy Brown officiating. Cremation was directed by Geo. J. Carroll & Son Funeral Home.

Cheryl died Sunday, July 15, 2012 at North Texas Medical Center in Gainesville.

She was born Nov. 29, 1960 in Duncan, Oklahoma to Hubby E. and Elizabeth Boley Barker. She attended school in Duncan and Mustang, Oklahoma and graduated from Putnam City West High School in Oklahoma City, Oklahoma in 1979, and attended Oklahoma State University. She was active

in twirling, cheerleading, basketball, and track. She was a member of Callisburg United Methodist Church.

Survivors are her mother and step-father Elizabeth and Dean Mendenhall of Callisburg; sons John C. Papaioannou and Nick Papaioannou, both of Callisburg; sister Janet Barker of Oklahoma City; and father of her children John Papaioannou of Callisburg.

She was preceded in death by her father; brother Carlton Barker; grandparents Weldon and Ruby Boley, Edith Turner, and H.E. Barker.

Memorials may be made to the American Diabetes Association, or a local charity of your choice.

Poetry contest open to all

A \$1,000 grand prize is being offered to the last poet standing in a free contest sponsored by the Celestial Arts Society. There are 50 prizes totaling \$5,000.

Poems of 21 lines or fewer on any subject and in any style will be judged by the contest director Dr. James Cameron.

Entries must be received

by Aug. 20, and may be submitted by mail to: Free Poetry Contest, PO Box 3336, Central Point, Oregon 97502. Or enter online at www.freecontest.com.

Those sending entries should include their name and address on the same page as the poem. A winners' list will be sent to all entrants.

UH Law Center health law experts weigh in on Affordable Care Act

What did the Supreme Court rule and how will it affect Texans?

June 29, 2012 - The U.S. Supreme Court Thursday left standing most of President Barack Obama's health care overhaul, including the most controversial provision requiring virtually all Americans to have health insurance or pay a tax. In a 5-4 decision written by Chief Justice John G. Roberts, the court ruled the insurance provision of the Patient Protection and Affordable Care Act, or ACA, is a legitimate use of the government's power of taxation and not an unconstitutional mandate. The landmark legislation was signed into law more than two years ago.

University of Houston Law Center health law experts, Professor Patricia Gray, director of research in the Health Law & Policy Institute, Assistant Professor Jessica Lind Mantel, co-director of the Institute, and Professor Seth J. Chandler, analyze the ruling, its impact, and the outlook for the Affordable Care Act.

Q.) Specifically, what did the court rule?

A.) The Affordable Care Act emerged largely unscathed with the court finding that the individual mandate is constitutional. The court also upheld the ACA's expansion of the Medicaid program, but did so only because the court prohibited the federal government from taking all Medicaid funding away from states that decline to participate in the

expansion.

Roberts was joined in the majority opinion by Ruth Bader Ginsburg, Stephen G. Breyer, Sonia Sotomayor, and Elena Kagan. Although the majority upheld the individual mandate, they disagreed among themselves as to whether the Commerce Clause or the Necessary and Proper Clause would support the mandate, but agreed that the individual mandate is a tax on people who do not get health insurance, and thus is a valid exercise of Congress' power under the Constitution's Taxing Clause. The majority also ruled that, because Congress termed the payment to enforce the mandate a "shared responsibility payment" to the federal government -- in effect a choice by those who decided not to purchase health insurance -- the Anti-Injunction Act, which would have barred the Court from deciding the case at all, did not apply.

The court's ruling on the Medicaid expansion is of particular interest in Texas because state officials have voiced concerns about the cost of this expansion, even though the ACA provides that the federal government will cover 90 to 100% of the cost. The ruling offers states the ability to decide whether to "opt in" or "opt out" of the Medicaid expansion free from fear that the federal government will take away all their Medicaid funding if they opt out. States that choose to accept the federal funds covering the cost of the expansion of their Medicaid

program will need to comply with conditions set forth in the ACA, but states may elect not to participate in the expansion without forfeiting their current levels of Medicaid funding from the federal government. Seven justices agreed that the Constitution prohibits Congress from depriving a state of all of its current Medicaid funding if the state refuses to expand its Medicaid program.

Q.) What does this decision mean for people already insured?

People who already have health insurance can keep their coverage. However, the ACA sets forth a range of new consumer protections that apply to existing plans. For example, individuals no longer have a co-payment for certain preventive services, such as vaccinations and screening tests, although their premiums have likely increased to pay for this "free" care. Similarly, individuals no longer can be required to obtain prior authorization before going to the emergency room. Children under the age of 26 can continue to receive coverage under their parents' health plan, whether in school or not. Similarly, the lifetime caps on coverage are gone, ensuring that people who need extensive medical care have full coverage. Beginning in 2014, plans also can no longer impose annual limits on coverage, and must cap an individual or family's out-of-pocket costs at amounts specified in the statute. Plans currently are prohibited from excluding coverage of children's pre-existing conditions, with this prohibition extending to adults beginning in 2014. Women in the individual health insurance market will no longer be charged more for their health insurance. Individuals who purchase their insurance in the individual market also will be able to claim a tax credit similar to that claimed by businesses, and beginning in 2014 may be eligible for subsidy assistance to help them pay for their insurance. The ACA also addresses "post-claims" underwriting practices by prohibiting insurers from rescinding coverage for those who get very sick if the insurer discovers that the individual's application included an unintentional and immaterial mistake. Contributions to flexible savings

See HEALTH, pg. 3

Timothy Threadgill 1954 - 2012

Memorial services for Timothy David Threadgill, age 57 of Callisburg, were held Tuesday, July 17 at Vilott Baptist Church with Pastor David Woolsey officiating. The cremation was directed by Geo. J. Carroll & Son Funeral Home.

Mr. Threadgill died Thursday, July 12, 2012 at his home in Callisburg.

He was born Aug. 4, 1954 in Gainesville to Darwin "Bud" Threadgill and Janelle Dillard. Growing up, he was active in 4-H and had show steers. He also enjoyed riding his horse. Timothy married Vickie Woolsey Nov. 4, 1971 and they had a son Jeff in 1974. They later divorced but remained friends. He worked in the oilfield through the 70s and 80s and had many stories from that time. He had a soft spot in his heart for animals and a giving heart for those he loved. He enjoyed sitting on his porch drinking iced tea. Timothy had a good sense of humor and enjoyed spending time with his son.

Survivors include his mother Janelle Dillard of Moss Lake; son and daughter-in-law Jeff and Anita Threadgill of Callisburg;

sisters and brother-in-law Vickie and Steve Kiester of Fort Worth, and Karen Hott of Gainesville; a nephew and two nieces.

He was preceded in death by his grandfather John "Blue" Threadgill; his dad Darwin "Bud" Threadgill; and stepfather Dutch Dillard.

Helping care for Tim and being his friend was Barbara Cox.

If you would like to share a story or memory of Tim, go to www.geojcarroll.com

Memorials may be made to the American Heart Association at www.americanheart.org or to the Humane Society for Animals at www.aspc.org

See HEALTH, pg. 3

DMAX
SIX SCREEN ALL-DIGITAL CINEMA

4319 N. I-35
Gainesville, Texas 76240
940-665-9999
www.Dmaxcinema.net

The Dark Knight Rises PG-13
Special showing 7/20
12:01am!!!
Fri-Thurs
12:00,3:25,6:50,10:15pm
Savages (R)
Fri-Thurs 1:00,4:00,7:15,10:10
Ice Age in 2D (PG)
Fri-Thurs 12:15
Ice Age in 3-D (PG)
Fri-Thurs 2:30,4:45,7:00,9:15
The Amazing Spiderman in 3-D (PG-13)
Fri-Thurs 12:30,3:30,6:30,9:30
Brave in 3-D (PG)
Fri-Thurs
12:00,2:15,4:30,6:45,9:00
Ted (R)
Fri- 12:00,2:25,4:50,7:30,10:00
Sat thru Thurs
12:15,2:45,5:15,7:45,10:15

7/20-7/26

MUENSTER ENTERPRISE

SUBSCRIPTION RATES:
In Cooke County -
1 year-\$37; 2 years-\$69
Outside of Cooke County -
1 year-\$42; 2 years-\$79

Phone (940) 759-4311
THE MUENSTER ENTERPRISE
(USPS 367660) is published weekly by The Muenster Enterprise, Inc.
Post Office Box 190,
Muenster, Texas 76252-0190
Periodicals postage paid at Muenster, Texas 76252 and additional offices.
POSTMASTER: Send address changes to:
THE MUENSTER ENTERPRISE,
P.O. Box 190, Muenster, Texas 76252
ISSN:0883-2544

ENTERPRISE

Serving Muenster and Cooke County since 1936

(940)759-4311
PO Box 190
Muenster, Texas 76252

Publisher Scott Wood
Janet Felderhoff
jfelderhoff@ntin.net
Linda Flusche
muensterenterprise@ntin.net
Janie Hartman
jfhartman@ntin.net
Alvin Hartman

Ads, classifieds, and printing
advertising@ntin.net

TEXAS PRESS ASSOCIATION
BETTER NEWSPAPER AWARD WINNER
2010

Find your way to savings.

Jim Goldsworthy, Agent
113 E California Street
Gainesville, TX 76240
Bus: 940-665-7777
jim.goldsworthy.csl@statefarm.com

Save an average of \$489*
Stop here for great rates with America's #1 car insurance company**. Give me a call today.

Like a good neighbor, State Farm is there.®

statefarm.com

*Average annual per household savings based on a national 2009 survey of new policyholders who reported savings by switching to State Farm.
**Based on A.M. Best written premium.
©2010 State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company - Bloomington, IL 61800

2-WEEK EVENTS CALENDAR To list your event, call 759-4311 BEFORE NOON WEDNESDAY!

Sunday, July 22, 2012	Monday, July 23, 2012	Tuesday, July 24, 2012	Wednesday, July 25, 2012	Thursday, July 26, 2012	Friday, July 27, 2012	Saturday, July 28, 2012
Muenster Museum Open 1-4 pm		Library open 10am-6:30 pm	Library open 1:30-5:30 Kiwanis mtg. noon Center	Library open 10 am - 6:30 pm Muenster Museum open 1-4pm	Muenster Museum open 1-4 pm	Library open 10:30 - 2:30
Sunday, July 29, 2012	Monday, July 30, 2012	Tuesday, July 31, 2012	Wednesday, August 1, 2012	Thursday, August 2, 2012	Friday, August 3, 2012	Saturday, August 4, 2012
Muenster Museum Open 1-4 pm		Library open 10am-6:30 pm Summer reading program concludes	Library open 1:30 -5:30 pm Kiwanis mtg. noon, Center Pick up summer reading awards	Muenster Museum open 1-4 pm Library open 10am-6:30 pm Kiwanis Swim Night 7-9pm City Pool	Muenster Museum open -1-4 Hunter Safety Class	Library open 10:30-2:30 Hunter Safety Class Old Settlers Reunion @ Saint Jo Stonewall Saloon
	 First Baptist Church Muenster Muenster Vacation Bible Camp Bible School G'vill Bass Tourn. - Little Elm, Lewisville Lake

Sponsored by **MMH** MUENSTER MEMORIAL HOSPITAL

605 N. Maple, P.O. Box 370,
Muenster, TX 76252
(940)759-2271 FAX (940)759-5080

ADDITIONcontinued from pg. 1

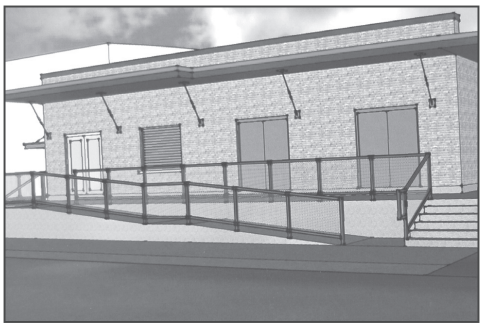
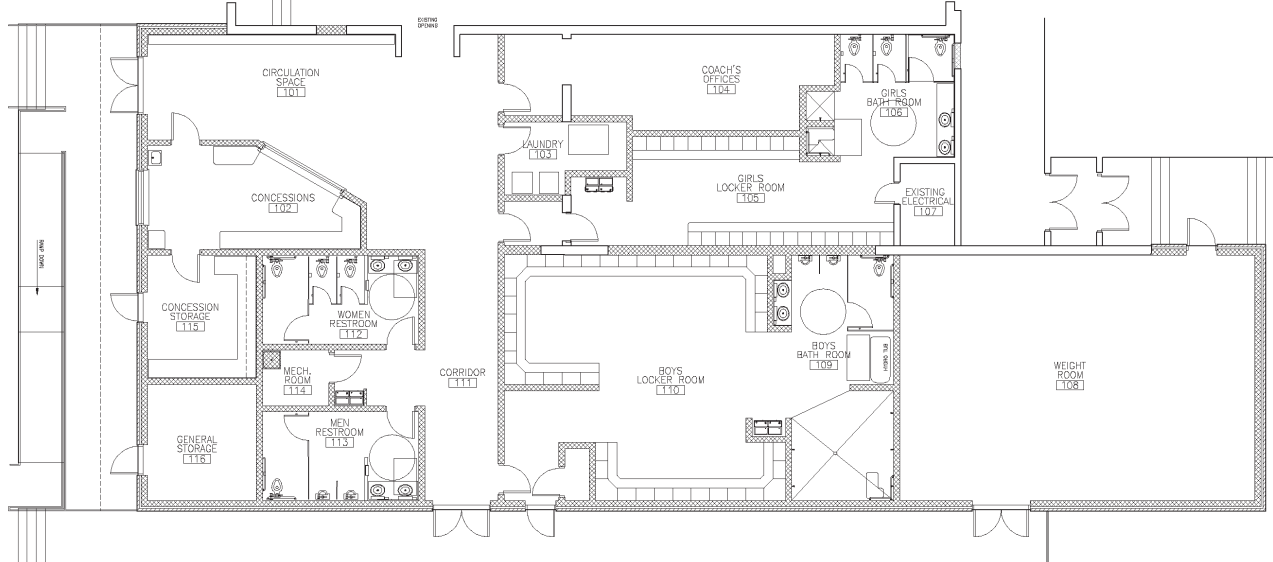
commemorate the occasion. Asked what the plans are for the old restrooms and concession stand, SHCS Advisory Board member Lydia Springer said, "They will likely have to be used this season, or at least, part of it. But after the project is complete, the restrooms will be torn down, thankfully, and the old concession building may be moved elsewhere for storage. It will not remain

on the field." Springer noted that until the new complex is ready for use, there will be at least limited concessions for gym activities, likely in the school hallway as they actually had it many years ago. The high school restrooms will have to be used as well since the old ones in the concession area have been removed already, she added.

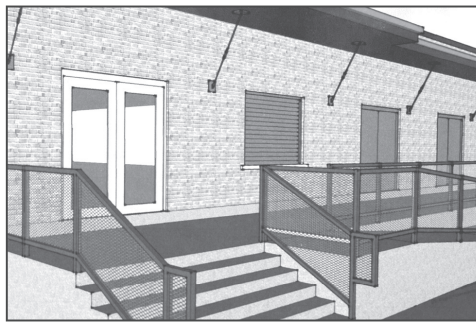
SOAHcontinued from pg. 1

proper soil testing takes place. Two other patrons of Red River Motorcycle Trails voiced concerns over the air quality and health issues should the same mine be allowed to open. One said he traveled 200 miles to attend the hearing because he was concerned about the air quality and ground water. Bill Pando remarked, "No matter how many jobs get created and how many

pockets get filled with money, if our health and clean environment are knowingly destroyed, what does it matter?" He noted that at times there are 2,000 to 3,000 people present at the motorcycle ranch. TCEQ representatives at the case hearing were Betty Peticolas, staff attorney, and Amy Swanholm with the office of Public Interest Council.



East Axonometric



Entrance Detail

PRELIMINARY FLOOR PLAN • SHCS CONCESSIONS AND LOCKER ROOM ADDITION

DAYS GONE BY.....

65 YEARS AGO
July 18, 1947

Parked truck wanders into ditch: Al Schmitt forgot to set the brake when he parked at Hennigan's Garage; while inside, he and Pat Hennigan noticed the truck in a ditch across the highway. George Gehrig opens Maytag Appliance Agency in south wing of his store. Work begins on \$20,000 Catholic church in Nocona. Obituary: Jacob Pagel, Sr., 79. New Arrival: Karla to First Lieut. and Mrs. Pat Stelzer; Johnny to the Ernest Millers. Charles Neu suffers painful facial burns when he removed the radiator cap from a hot tractor and boiling water spewed out. Wedding: Alleen Mosman and Donald Anderson.

50 YEARS AGO
July 20, 1962

City Council decides to open dumping grounds two

times a week instead of once. Obituary: Annie (Mrs. Wm.) Pels, 81. New Arrivals: Denise to Dan and Patsy Haverkamp; a son to Mr. and Mrs. Hugh "Cotton" Endres; Dayna to the Walter Ackers; Brenda to Vincent and Trudy Felderhoff. Silver Jubilee of Sr. Emma Marie Herr observed at family gatherings. Leonard Grewing, Jim Myrick, Earl Hess, Billy Frank Richter, and Ted Henschel go to Washington state to work through the harvest season. Showing at the Hi Ho Drive-In is *Ben Hur*; adults 90¢, children 50¢.

25 YEARS AGO
July 17, 1987

Muenster Kiwanis Club sees demonstration by students of Choi's Tae Kwon Do Academy, including Alton and Andy Ladd, Helmuth Koelzer, and Michael and

Mark Flusche. Weddings: Toni Johnson and Barry Christian; Lou Dyer and Ted Heers, Jr.; Charlene Schmidkofer and Jeffrey Donnelly. James and Nita Fleitman awarded Yard of the Month. New Arrivals: Katherine to Bob and Krisan Buckel; Joseph to Jimmy and Joanie Cowden; Rachelle to Joseph and Roberta Walterscheid; Mindy to Ricky and Diane Walterscheid; Dustin to Ronnie and Sharon Felderhoff. Obituaries: Mrs. Georgia Greenwood, 83; Elizabeth Conway, 45.

There is no gardening without humility. Nature is constantly sending even its oldest scholars to the bottom of the class for some egregious blunder.
~ Alfred Austin



Citizens from Cooke and Montague counties concerned about a sand mine being constructed in northwestern Cooke County by EOG discuss strategy at a recess during a joint hearing by the State Office of Administrative Hearings (SOAH) and Texas Commission on Environmental Quality (TCEQ).

Janet Felderhoff photo

HEALTHcontinued from pg. 2

accounts and similar private savings accounts will be limited and the amount of medical expenses needed before one can take a tax deduction will increase.

Q.) What does this decision mean for Texans who don't have health insurance?

The landscape will be very different for individuals lacking health insurance come 2014, particularly for those who desire health insurance but can't afford it. Beginning in 2014, people without health insurance will have the option of purchasing insurance through health insurance exchanges, basically Internet-based markets for insurance. Plans participating in these exchanges must provide comprehensive coverage and cannot exclude pre-existing conditions. They also must offer their plans to all seekers, that is, they cannot reject an individual simply because they are high-risk. Plans participating in the exchanges generally cannot charge high-risk individuals a higher premium than healthier individuals, but may adjust premiums only for age, location, and smoking status. People with household incomes between 100% and 400% of the federal poverty limit also will be eligible for subsidies that help them pay for their health insurance premiums and cost-sharing. The ACA provides that each state should establish a health insurance exchange, with federal funds available to assist states in doing so. However, Texas elected not to accept the federal funds, and has taken no steps toward establishing a state-sponsored health insurance exchange. Should

Texas fail to do so by November of this year, the federal government will step in and establish a federally-run health insurance exchange for Texas residents.

Q.) Are employers required to offer health insurance coverage to their employees? Beginning in 2014, employers with more than 50 employees who work full time (more than 30 hours a week), must offer health in-

urance coverage that meets certain minimum benefit requirements as well as other health insurance reform requirements. If an employer chooses not to comply, the Act requires a penalty of between \$2,000 and \$3,000 per employee, depending on various details. Employers with fewer than 50 employees are not required to offer coverage, but are eligible for certain financial assistance in the form of tax credits if they do offer coverage.

Q.) When does this law take effect?

Some provisions are already in effect—prohibiting insurance denial for children with pre-existing conditions, authorizing coverage for children up to age 26 on their parents' insurance, removal of the lifetime caps on coverage—but most of the important and expensive provisions will be phased in starting in 2014.

Best times for lawn watering

Water during the cool part of the day to minimize water lost to evaporation. Early morning hours (4 to 8 a.m.) are the best, and the peak water consumption hours (4 to 9 p.m.) should be avoided.

Avoid watering during midday hours when it is hot and sunny to prevent scalding the turf.

Watering at night is not recommended because the lawn stays wet for a long period of time which can promote diseases and affect the health of your lawn.

Avoid watering during rainy or windy weather conditions.

Mortgage Loans

Come by and meet your local lenders or visit our Mortgage Center at www.F-S-B.com to apply online.

First Time Buyer? Refinancing? Low Down Payment?

We will customize a loan to fit your needs!

Mortgage Loans

Conventional | FHA | ARM

5 to 30 Year Terms

Home Equity Loans

Construction & Home Improvement Loans



801 E. California St. Gainesville, TX
(940) 665-1711 • www.F-S-B.com



First in Texas. First in Service.

Gainesville | Lake Kiowa | Valley View | Muenster | Saint Jo | Denton

Member FDIC EQUAL HOUSING LENDER



The Gilbert Family: Stephen, Taylor, Marci, Terry and Chris.

Elect

Dedicated to:

Quality of life improvements.
Domestic violence concerns.
Responsive, effective law enforcement.

Terry Gilbert
FOR SHERIFF

*940 *736 4684 www.vote gilbert.com vote gilbert@ntin.net

Pd. Pol. Adv. by Marci A. Gilbert, Treasurer, P.O. Box 198, Gainesville, Texas 76241

LIFESTYLE

NCTC'S Flusche receives statewide award

North Central Texas College science grants coordinator Sara Flusche was recently honored at the 18th annual meeting of the Texas Regional Collaboratives (TRC) in Austin.

Flusche, who heads up the NCTC Science and Math Collaborative along with Dr. Lisa Bellows, was presented the Nita Beth Camp Award for Science. The award was presented at the annual meeting held June 27-29 at the Renaissance Hotel in Austin.

The TRC is an award-winning network of P-16 partnerships that provide sustained, high intensity, professional development to P-12 teachers of science and mathematics. Through this partnership, North Central Texas College provides training to North Texas schools through hands-on and interactive training.

The award is named for Camp, who was the founder and former project director

of the Region 7 Collaborative for Excellence in Science Teaching in Kilgore. She was diagnosed with breast cancer in 1985. For 21 years after her diagnosis until her passing, Camp continued to be an inspiration for thousands of Texas educators and teachers.

The Nita Beth Camp Legacy Award is presented to one project director each year for embodying the positive attitude and optimism that characterized Camp, who was an inspiration to thousands of Texas educators and teachers for many years.

During the past year, Flusche has trained hundreds of teachers in the North Texas region. She and Bellows traveled to 30 training facilities, covering over 22,000 miles on weekends and during the summer months, teaching hundreds of teachers about biology and earth science through their "Road Show" program.

Puerto Rico's educational department has also benefited from Flusche's expertise as she worked with them in developing their science curriculum.

In addition to Flusche's award, the NCTC Science and Math Collaborative received the Outstanding Combined Exhibit award at the Austin conference.



Henry and Betty Felderhoff of Muenster celebrated their 60th anniversary on Friday, June 15. Family and friends gathered at the KC Hall to honor the couple and their 60 years of marriage. All six of their children, their spouses, and 13 of 14 grandchildren were in attendance at the festivities. Special guests were her sister Loraine Strassburg and family from Dayton, Ohio. Courtesy photo



NCTC science grants coordinator Sara Flusche, right, received the Nita Beth Camp Award for Science. Presenting the award was Dr. Mary Hobbs. NCTC photo



The NCTC Regional Math and Science Collaborative received the Outstanding Combined Exhibit Award at the recent annual meeting of the Texas Regional Collaboratives in Austin. On hand to accept the award were, from left, Julie Perez, Nicole Morrell, Janiece Maynard, Lorrie Kitchens, Pam Enderby, Sara Flusche, Danelle Wolf, Leann Spears, and Bernadette Otto. NCTC photo

New July items at Muenster Public Library

Fiction/Non-Fiction

Little Night by Luanne Kingsbury, *Longing* by Karen Dekker, *Porch Lights* by Dorothea Benton Frank, *Summer Breeze* by Nancy Thayer, *Wicked Business* by Janet Evanovich, *Existence* by David Brin, *In One Person* by John Irving, *Heartbroken* by Lisa Unger, *Accused* by John Grisham, *Objects of My Affection* by Jill Smolinski, *11th Hour* by James Patterson, *Lonestar Angel* by Colleen Coble, *Cottage at Glass Beach* by Heather Barbieri, *Spring Fever* by Mary Kay Andrews, *Home from the Sea* by Mercedes Lackey, *Third Gate* by Lincoln Child, *Heading Out to Wonderful* by Robert Goolrick, *Cowards* by Glenn Beck, *Cronkite* by Douglas Brinkley, *Rocket Boys* by Homer H. Hickam, *80 Dollar Champion* by Elizabeth Betts, *Implosion* by Joel C. Rosenberg, *Skinny Rules* by Bob Harper

Junior Fiction/Non-Fiction

Fire World by Christ D'Lacey, *Stunning* by Sara Shepard, *Invaders* by John Flanagan, *Middle School: Get Me Out of Here!* by James Patterson, *Hero* by Windla by Tony DiTerlizzi, *Game Changers* by Mike Lupica, *Fated* by Alyson Noel, *Insurgent* by Veronica Roth, *Wonderstruck* by Brian Selznick.

Easy Picture Books

Ivy and Bean: No News is Good News by Annie Barrows, *Pete the Cat and His Four Groovy Buttons* by Eric Litwin, *Dolphin Baby* by Nicola Davies, *My Snake Blake* by Randy Siegel, *Bink and Gollie: Two for One* by Kate DiCamillo.

CD Books

Porch Lights by Dorothea Benton Frank, *Summerland* by Elin Hilderbrand.

I have held many things in my hand, and have lost them all; but whatever I have placed in God's hands, that I still possess.

- Martin Luther

FARMERS INSURANCE GROUP
Symbol of Superior Service
Auto • Home • Life • Commercial

Gaylon Thompson

Insurance Agency
1-877-511-9611

HOMESTEAD METALS RECYCLING

Aluminum Cans • Tin & Iron • Radiators • Copper
Stainless Steel • Aluminum • Brass • Batteries • Wheels

235 FM 371 (Walnut Bend Rd.) Gainesville, TX
940-668-0391 • Fax 940-668-0392 • 866-302-0391
www.homesteadmetals.com

RED-HOT SUMMER SALE

Store-wide 25% off
Fri.-Sat. July 20-21

The BIRD NEST

223 N. Main, Muenster

A lifetime of experience in the car business

"Come see me for all your automotive needs,"
John Yosten

Ford

Klement Ford of Muenster

1005 E Division Muenster TX 76252 940-759-2244

NEW YORK LIFE
The Company You Keep®

Denise Bayer, LUTCF
Agent, New York Life Insurance Company
1002 Pecan
Lindsay, TX 76250
(940)665-5863

- ✓ Life Insurance
- ✓ Health Insurance *
- ✓ Disability Insurance *
- ✓ Retirement Planning
- ✓ Long Term Care Insurance
- ✓ College Funding

Weather Whys

Q: What are contrails, and do they affect weather?

A: Contrails are what appear to be long lines of clouds high in the sky and they are formed from jet aircraft exhaust, explains Brent McRoberts of Texas A&M University. "Contrails are created when very cold air freezes the warm and humid engine exhaust," he

says. "Air temperatures where contrails are formed are usually minus 40 degrees or colder. Contrails could be compared to exhaling in winter and seeing your breath because it's so cold. When water vapor from the exhaust hits the cold air, ice crystals develop and they produce a contrail."

A: This is a question that is beginning to be seriously debated worldwide. More and more scientists believe contrails act like natural cirrus

clouds and they block out solar energy from above and keep in the heat from below. A study shows that contrails cover about 1% of the Earth's surface, but in heavy air traffic areas, as much as 20%. Another shows that lower atmospheric temperatures across North America rose almost 0.5 degree per decade from 1975 to 1994, which is why some researchers believe contrails impact climate change over long periods of time.

Banking on books



A new, two-sided book display shelf is in use at the Muenster Public Library. A donation from Muenster State Bank made the purchase possible. New adult fiction and non-fiction books will be featured on the display. Pictured are Friends of the Library Board members and Bank representatives. From left, seated - JoAnn Pagel, Kay Hickey, Kenzie Herr, Madison Weed; standing - Clifford Sicking, Terri Barrett, Nancy Walter, Stephanie Wright, and John Bartush. Janie Hartman photo

MMH FAMILY HEALTH CLINIC

PROVIDING QUALITY HEALTH CARE TO PATIENTS OF ALL AGES



JAMES STEPHEN JONES, MD
GENERAL PRACTICE



DONALD SIMMONS, MD
BOARD CERTIFIED
FAMILY PRACTICE



MELISSA TRUBENBACH, FNP-C
BOARD CERTIFIED
FAMILY NURSE PRACTITIONER



YVONNE AMBROSE, FNP-C, ACNP-C
BOARD CERTIFIED
FAMILY NURSE PRACTITIONER

We Welcome New Patients

MEDICARE, MEDICAID, AND MOST INSURANCES ACCEPTED

Clinic Hours
MONDAY - FRIDAY,
8AM - 5PM

509 NORTH MAPLE • MUENSTER • (940) 759-2226

* Products available through one or more carriers not affiliated with New York Life, dependent on carrier authorization and product availability in your state or locality.

Reach Out and Read literacy program introduced

Getting books from the doctor is now a routine part of regular pediatric checkups at NTMC Pediatrics, as Marty Thomas, M.D., and her staff welcome the Reach Out and Read program to the practice. NTMC Pediatrics joins more than 4,779 programs nationwide that are preparing America's youngest children to succeed in school.

Doctors, nurse practitioners, and other medical professionals incorporate Reach Out and Read's evidence-based model into regular pediatric checkups, by advis-

ing parents about the importance of reading aloud and giving developmentally-appropriate books to children.

The program begins at the six month checkup and continues through age five, with a special emphasis on children growing up in low-income communities. Families served by Reach Out and Read read together more often, and their children enter kindergarten with larger vocabularies and stronger language skills, better prepared to achieve their potential.

Pediatric health care providers are trained in the

three-part Reach Out and Read model to promote early literacy and school readiness:

- In the exam room, doctors and nurses speak with parents about the importance of reading aloud to their young children every day, and offer age-appropriate tips and encouragement.

- The pediatric primary care provider gives every child six months through five years old a new, developmentally-appropriate children's book to take home and keep.

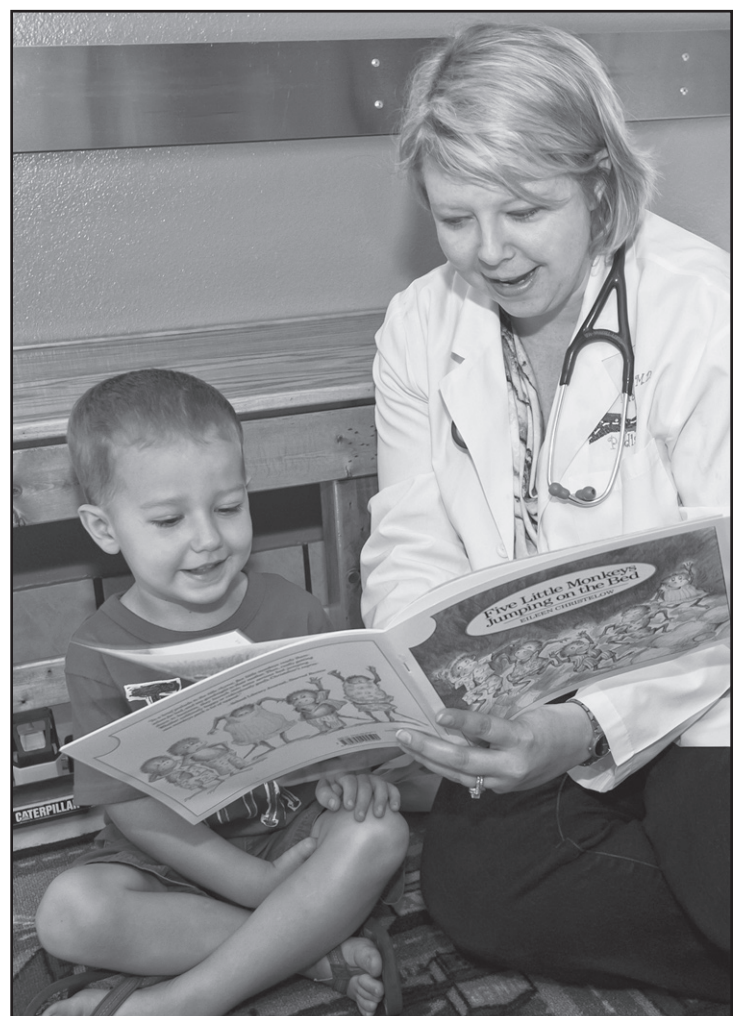
- In the waiting room, displays, information, and books create a literacy-rich environment. Volunteer readers entertain children, modeling for parents the pleasures and techniques of reading aloud.

"Reach Out and Read is such an efficient and effective concept," said Chief Executive Officer Earl Martin Phalen. "Childhood development experts tell us that the most important thing that parents can do to prepare their children to succeed in school is to read aloud to them every day. Promoting early literacy and school readiness through regular pediatric checkups is a simple model that has a lasting, invaluable impact on the life of a child."

Medical research shows that literacy-promoting interventions by the pediatrician have a significant effect on parental behaviors, beliefs, and attitudes toward reading aloud. Studies have indicated that parents who get books and literacy counseling from their doctors and nurses are more likely to read to their young children, read to them more often, and provide more books in the home. Children served by Reach Out and Read enter kindergarten with a six-month developmental edge, and have larger vocabularies and stronger language skills.

Dr. Thomas brought Reach Out and Read to Gainesville from her practice in Searcy, Arkansas, where she said the program was a huge hit. "There is great satisfaction to be gained from seeing a child with a book," said Thomas. "It allows us, as pediatric care providers, to impact the family on a very significant, and personal, level."

For more information about Reach Out and Read at NTMC Pediatrics or if you would like to donate funds or volunteer as a reader, please contact the Clinic at 940.6128-8770.



Gainesville pediatrician Marty Thomas, M.D., reads to a patient as part of the Reach Out and Read program at NTMC Pediatrics in Gainesville. NTMC Pediatrics joins over 4,700 practices nationwide in promoting early literacy and school readiness among their patients. NTMC photo

VFW Auxiliary meets

The Ladies Auxiliary VFW Post #6205 held their regular meeting July 16 in the old Post Home. President Frances Bayer presided, with the opening ritual given by Chaplain Hilda Sicking pro tem, Conductress Sandra Hennigan pro tem, and Patriotic Instructor Rose Marie Sicking pro tem.

Roll call and minutes of the previous meeting were read by Secretary Ida Mae Bindel. Agnes Hesse gave the treasurer's report for Lucille Hesse. She reported

that the books are in order after being audited.

Members heard reports on various upcoming meetings and a convention. Armella Cler, program participation chairman, encouraged members to attend a school of instruction or a training seminar.

Get well cards were signed by members.

Agnes Hesse served refreshments to those in attendance.

The next meeting will be held Aug. 20 at 7:30 p.m.

Beware because the snakes are about!

Coming to an area near you: snakes, and plenty of them. With unusually warm temperatures and plenty of rainfall this spring, experts say this could be a bumper crop year for snakes. While Texas has never been short on the snake commodities list, people and pets should be aware that they are out and about, said a Texas A&M University expert.

Jill Heatley, associate professor of veterinary medicine, notes she and other veterinarians have already seen several snake-bitten pets brought into the Small Animal Hospital at Texas A&M University's College of Veterinary Medicine & Biomedical Sciences.

She said a snakebite on a human can be painful – and very expensive.

It is not uncommon for a person bitten by a venomous snake to have medical bills

of \$50,000 or more because of hospitalization, which can run from one day to several weeks, treatments on damaged tissues, plus antivenin treatments that can run into the thousands of dollars, she adds.

Although snakes are found in most of the world – Ireland, Iceland, and New Zealand are some of the few snake-free countries – only four types found in Texas are venomous: the coral snake, copperhead, rattlesnake, and cottonmouth (also called water moccasin), and the state is a ground zero, slithering paradise for all of them.

"The thing to remember about snakes is that generally, they want to be left alone. They are probably more afraid of you," Heatley explains.

"Of the four types of venomous snakes in Texas, the coral, copperhead, and rat-

tlesnake are almost never aggressive unless they are provoked. The cottonmouth has been known to be a little on the aggressive side, so you should be a little more wary of it, especially if you are near a creek or lake where they have been frequently seen."

Heatley says an inquisitive pet can be a snakebite victim.

If bitten, a dog usually suffers the bite on its face or nose, while cats tend to be nicked on their paws, she explains.

"The area that has been bitten will usually begin to swell almost immediately, and that's a tell-tale sign to look for," she notes. Venom can spread quickly inside the animal, and kidney failure can result within 12 to 24 hours, which is why a bitten animal needs immediate treatment.

She says it's important to know that all snakebites are not the same.

"Sometimes an animal or person will get just a small amount of venom from a bite, and sometimes it's much more," she adds.

"There is also such a thing as a 'dry bite' in which no venom is injected at all. And also, larger snakes tend to have lesser amounts of venom than smaller ones.

"One of the questions we often get is, how can you tell a venomous snake from a harmless one? The answer is that's difficult because there are numerous types of snakes that are not venomous that look very similar to a venomous one. Look for the triangular-shaped head," Heatley notes, while adding that coral snakes are brightly colored with rows of yellow, red, and black markings. But a coral snake is part of the cobra family, so its venom can be very potent.

For more information about snakes, she recommends such websites as Herps of Texas, Austin Herpetological Society, and Texas Parks and Wildlife.

Diet, regular exercise are paramount in cancer prevention

While screenings to promote early cancer diagnosis are significant, experts at UT Southwestern Medical Center suggest that healthy nutrition and exercise have just as much, if not more, impact on lowering cancer risks and mortality rates.

"Whether one wants to prevent cancer or prevent its return, it is wise to move toward a healthy weight. Do so by combining a plant-based diet rich in fruits, vegetables, and whole grains with regular physical activity," says Dr. Jo Ann Carson, a clinical nutritionist at UT Southwestern.

Maintaining an energy-balanced diet is not only a good preventive measure, but also benefits patients after cancer treatment, especially in breast- and colon-cancer cases.

At UT Southwestern, groundbreaking work is being spearheaded by the Taskforce for Obesity Research, a collaborative effort of various medical disciplines including genetics, endocrinology, nutrition, and metabolism. The National Institutes of

Health (NIH) awarded investigators at the medical center a \$22 million grant in 2007 to enhance efforts to attack obesity from every angle, from studying fat cells to developing medicines.

Previous studies have linked obesity to higher rates of breast, colon, lung, and prostate cancers. Obesity also is associated with increased risks of kidney, gallbladder, thyroid, and pancreatic cancers, among others. The NIH recently predicted that trends in obesity, if left unchecked, will lead to about 500,000 additional cancer cases in the U.S. by 2030.

The relationship to one's fellow man is the relationship of prayer, the relationship to oneself is the relationship of striving; it is from prayer that one draws the strength for one's striving.

Franz Kafka

DISCOUNT TIRES

(For all Ford, GM, Chrysler and Import Cars and Light Duty Trucks.)

Ford Motor Company has teamed with major brand tire manufacturers to sell top-of-the-line tires for all makes and models at deeply discounted prices.

Major Brands include:

- Michelin
- Goodyear
- Dunlop
- Continental
- B. F. Goodrich
- Yokohama
- Uniroyal
- Kelly
- Pirelli
- General
- Hankook

Shop and compare!

Then come to Klement Ford of Muenster for the best price.

WE JUST MAKE LOANS THAT MAKE SENSE

We never got involved in the sub prime mortgage lending you've heard about in the news. We just make loans that make sense. We make loans to people we know. People we're sure will pay them back. Some may call us conservative. That's OK.

We are conservative. After all, it's your money we're lending.

Common sense, simple but effective.

We're an equal housing lender.

Muenster State Bank

201 N. Main, Muenster
940-759-2257

1601 W. Hwy. 82, Gainesville
940-665-7900

KLEMENT

FORD of Muenster

1005 East Division • Muenster, Texas
940-759-2244 www.muensterford.com

SCHOOL

Teachers learn at NCTC workshops



A group of area elementary, junior high, and high school science teachers learned more about physics at a North Central Texas College collaborative workshop recently on the Gainesville campus. Teachers from Gainesville, Callisburg, St. Mary's, Lindsay, Muenster, Era, Saint Jo, Collinsville, Paradise, and Denton Immaculate Conception received instruction and teaching ideas from NCTC faculty. One of their projects involved turning simple mousetraps into cars. Pictured in the top photo are from left, front - Nicole Morrell (Callisburg), Carol Cook (Lindsay), and Alexis Gravols (Gainesville); back - Danelle Wolf (St. Mary's), Janiece Maynard (St. Mary's), Jenna Twiner (Gainesville), Anna Mauk (Paradise), Laura Wood (Saint Jo), Bernadette Otto (Muenster), Cristy Dillard (Gainesville), and Kristy West (Saint Jo).

NCTC photo

College and Career Corner - Stay sharp summer skills and strategies

By Rose Rennekamp

Of course summer is a time to relax and have fun. But did you know that you can lose much of what you've learned during the previous school year? This can have a negative effect on your performance in high school and college.

There are plenty of ways — no matter what your age — to keep your brain active during the break from school.

Consider the following suggestions as just jumping off points. Think of your own creative solutions.

Summer book clubs — Look no further than your local library, bookstore, local sports team, or retail outlet. It seems everyone is interested in encouraging young adults to read. Not only will you build reading and comprehension skills and escape to imaginary worlds, there's often a prize at the end of the program. Brain power plus rewards? What could be better? If you can't locate a book club, visit the American Library Association (www.ala.org) and type "best books young adult" in the search menu. There you'll find 86 top picks for ages 12 - 18 for 2009.

Career exploration — Start researching careers. One great place to start is ACT's World-of-Work Map at www.act.org/www. Click on "student version" to learn about 12 distinct areas. Once you take EXPLORE, PLAN, and the ACT, you can learn even more based on the results of your interest inventory.

College research — What do you want to do when you grow up? If college is on the radar, begin thinking about potential majors and areas of study. ACT's Map of College Majors (www.actstudent.org/majorsmap) details topics, work tasks, available degrees, related occupations

and majors, along with salary, size, and occupational growth.

Camp — Consider attending a summer camp in the area or far away. Choose what your family can afford and don't forget to ask about scholarships or financial help. Ignite or renew your passion in art, music, sports, debate, or any other area. The favorite camp for both of my kids was "murder mystery," sponsored by the local science station and held in an old mansion. It combined their love of drama and science — and they talked about it for years. Traditional camps — think campfires, horseback riding, and archery — are wonderful places to make friends, stay active, and learn independent living skills before college.

Travel — Sure, Paris would be great, but expensive and not very practical. Why not go with your family on some day trips? Or visit a nearby city and stay for just one night? To save even more money, camp or arrange to stay with relatives near a place you'd like to visit. Presidential libraries and national parks were two of our family favorites. Where possible, try to take a college campus tour or two. The more college trips you can make, the better informed you'll be when it comes time for the actual college application process.

Get outside — Set up daily routines that keep both you and your family busy and provide quality together time. Walk the dog every night. Join a team together — sand volleyball anyone? Hike a nature trail. Sign up for a bike race. What do you love to do?

Community college — Enroll in a summer class or check out your local college's continuing education courses. Use the summer to learn

sign language or French. Or perhaps you'd enjoy Chinese cooking? Yoga? The sky's the limit, but prices are usually very down-to-earth.

Real-world experience — Look for an internship or a job shadowing experience. The daughter of a co-worker has a young daughter who wants to be a veterinarian. A quick word with their doggie doc led to a job shadowing experience. It never hurts to ask.

In addition to keeping your mind sharp this summer, begin planning and selecting school classes that will promote success in college and the workplace. Sit down together with your parents and look at a school curriculum guide; determine which classes are most rigorous.

During high school, ACT recommends a strong core curriculum of at least four years of English, at least three years of math (including Algebra I, Geometry, and Algebra II), three years of science (including Biology, Chemistry, and Physics) and three years of social studies.

Sun and fun are certainly part of the summer equation. But to prevent seasonal brain drain, make learning enjoyable. Challenge yourself to find new opportunities and enrichment programs during the summer. Come fall, you'll be ready for school and on target for whatever comes next.

Rose Rennekamp is the vice president of communications for ACT. She is a mom and has a master's of education in guidance and counseling.

Joy is a net of love by which you can catch souls.

Let us always meet each other with a smile, for the smile is the beginning of love.

Mother Teresa

Go green, save money on school supplies

Students and parents on the hunt for school supplies might consider less-expensive, greener alternatives this year. UT Dallas sustainability manager Thea Junt offers tips for going green when going back to school:

- Scope out school supplies you already have at home. Round up notebooks, pens, markers, staples, tissue, paper, and other things you

might need during the year. Reusing what you have is the greenest and least-expensive way to gather items.

- Make one stop for most of your errands, rather than driving around to different stores. You'll minimize emissions from your vehicle and save money on gas.

- Look for computers, electronics, and appliances carrying the Energy Star rating. These items save 20 to 50% more electricity than standard models

- Take your lunch in a reusable lunch box. Use reusable dishes instead of single-serve, disposable packaged products, such as a 12-pack of chips. Vending machines mean more packaging and more waste — not to mention more money out of your pocketbook.

And finally, recycle at school, too. Paper, plastic, and aluminum recycling are available almost everywhere; if they aren't, ask your school to provide recycling services. Students generate around 240 pounds of school waste each year, most of it recyclable material.

Combat the first-time college blues

The first few weeks away from home can be tough for new college students, but experts at UT Dallas say there are ways to alleviate homesickness and enjoy life on campus.

"We encourage students to take some simple steps to bridge life away from home," says Dr. Jim Cannici, a psychologist with the Student Counseling Center. "They should learn their way around campus and get to know their roommates. The people they live with are going through similar experiences and can be a good support network."

Cannici said he and his team also suggest getting involved on campus.

"It's a great way to make new friends and feel more connected," he says. "It's only natural that there will be times when students miss family and friends at home, but students should find a balance between social and academic activities."

Finally, if students start to feel overwhelmed, Cannici suggests they seek professional help, either through a campus health or counseling center.

A mother who is really a mother is never free.

Honore de Balzac

Each day of our lives we make deposits in the memory banks of our children.

Charles R. Swindoll

For Good, Low Cost
FIRE and STORM INSURANCE
Contact

Muenster Farm Mutual
Fire Insurance Association

212 N. Walnut
P.O. Box 612

Muenster, Texas
940-759-4770



Miguelito's

Authentic Mexican Cuisine

Lunch Specials

Tues. - Beef & Chicken Fajitas - \$7.75
Wed. - Combination Dinners 1-14 - \$5.25

2 Locations to Serve You

1412 N. Stemmons - Sanger
940-458-0073

241 W. McCart St. - Krum
940-482-7007

Wednesday Night Special

2 for 1 Steak Night **\$14.99**

10 oz. Ribeye, Baked Potato
Vegetable, Served Salad & Homemade Rolls

Friday Night Special

All You Can Eat **\$12.95 ea.**

Peel & Eat Shrimp, Fried Catfish
or Fried Shrimp, Baked Potato or French Fries
Soup & Salad Bar and Homemade Rolls



The Center

E. Hwy 82
Muenster, TX
940.759.2910



Home Care

MUENSTER MEMORIAL HOSPITAL

Services Available:

- Skilled Nurses
- Health Aides
- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Medical Social Worker
- IV Therapy
- Phillips Lifeline Personal
- Emergency Response System

Registered Nurse
on Call 24 Hours

Muensterhospital.com



202 E. Division,
Muenster, TX 76252
940-759-2262

Thank you to all Cooke County voters who supported me in the Sheriff's race in the Cooke County Republican Primary in May. Your vote in the run-off election July 31st is needed and appreciated.

To those for whom I've yet to gain your votes, please join my supporters and vote for a new direction with a dedication to a responsive, effective sheriff's department. It's time for a new vision.

Early Voting - July 23-27
Cooke County Courthouse Annex

Election Day - July 31
(please see this newspaper for your individual polling place)

Because Cooke County needs MORE than STATUS QUO.

Elect

Terry
Gilbert
FOR SHERIFF

Pd. Pol. Adv. by Marci A. Gilbert, Treasurer, P.O. Box 198, Gainesville, Texas 76241

Help promote the Muenster Volunteer Fire Department Annual BBQ Fundraiser



with a \$20 sponsorship ad in the Muenster Enterprise annual tribute to the Muenster VFD

Let that special fireman, or the whole department, know you support them.

Call 759-4311 to place your ad.

A special supplement published by



ENTERPRISE

Thanks to the MVFD for your dedication and commitment!

Actual Size of \$20 ad

SPORTS

Tactics for locating the biggest bass in any lake

Rick Clunn, winner of four Bassmaster Classics and one Angler-of-the-Year title, has developed a sixth sense for finding bass that, combined with his years of fishing experience, makes him an expert in the ways of bass. "I've found that on any lake, there are pressure zones, which are created by boat traffic and fishing pressure," Clunn explains. "Big bass avoid these zones just like trophy deer keep away from areas where the hunting pressure is the heaviest. The fish that will react quickest to fishing pressure or boat traffic are the larger or fish, particularly bass weighing eight pounds or more, because they've learned to survive by dodging human pressure."

"An angler must study the lake, the fishermen, and the baits most often used to pinpoint the high pressure fishing regions. Then you'll know the target sites where many sportsmen are fishing and the depths of water that most of their baits are covering. For instance, visible targets like points that look as though they will hold bass, trees and bushes close to shore are places any bass fisherman will point out and say, 'I bet bass are there.' However, I search for areas to locate big bass - like an isolated stump well off the bank that you only can find by crashing a crankbait into it. I'll also look for a segment of water where baits are not being run through. If most anglers are fishing deep diving crankbaits or plastic worms, which

cover the bottom story of water, and buzzbaits and top water lures, which run along the surface, I'll fish a medium diving crankbait that passes through the middle story of water. This region is obviously not getting any pressure, so it should be where the big bass are holding.

"One of the reasons why the flipping technique produces so many big bass is that even though a zone receives a lot of fishing pressure, a big bass can find sanctuary in that same area in the thick cover," Clunn reports. "A bass may be holding so tight in the cover that the only way to catch the fish is to flip a bait through the densest part of the cover where the bass hasn't seen any lures."

Using Clunn's information, we can mark a lake map and eliminate the pressure zones where large bass are not likely to be, just as a detective searching for a missing person discards places where he knows the person who is missing won't show up.

No hunting places cause troubled faces

For a significant percentage of hunters, the biggest concern they're facing today is a lack of hunting lands. We've all heard horror stories of land being withdrawn from hunting leases. There are a variety of reasons, from deciding to open private hunting destinations to liability issues, but there's very little debating the fact that hunting lands are shrinking.

"Finding a place to hunt remains one of the biggest challenges to hunters and hunter recruitment," says Rob Southwick, president of Southwick Associates, which designs and conducts surveys at HunterSurvey.com. "As available lands for hunting diminish or change ownership, some hunters will inevitably grow frustrated and pursue other activities."

Southwick has the research to back his position. According to the latest HunterSurvey.com material, more than half of the 23% of hunters responding to surveys say they've cut back on hunting. Eleven percent of them said they'd quit hunting altogether.

A 2008 Farm Bill program, the Voluntary Public Access and Habitat Incentive Program (VPA-HIP), was supposed to help keep lands open, but it ended prematurely in federal budget cuts. Ordinarily, a story like this would offer an answer to the challenge.

This time, however, there's no easy answer in sight. State and federal budget fights make predictions as to the long-term support of hunting and fishing by elected officials tough, especially when anti-hunting groups are mounting increasingly effective anti-hunting initiatives nationwide.

Another anti-hunting move is afoot in (surprise) California. On June 26 there was an Assembly Water, Parks and Wildlife Committee hearing on Senate Bill 1221 "Mammals: The Use of Dogs to Pursue Bears and Bobcats." The bill's sponsored by the Humane Society of the United States (HSUS) and would expressly prohibit dogs being used in hunting bears or bobcats. The HSUS has pushed the bill through the state

Senate using the position that hounding is "inhumane, unsporting, and unfair."

Ammo's in the bullseye in Pennsylvania. A measure to make firearms laws uniform throughout that state has been stalled by a wealth of amendments that have been tacked onto it. The primary goal of those amendments is, you guessed it, killing the bill. Barring an outcry from Pennsylvanians, it looks like S.B. 273 isn't going to get considered.

And just in case you hadn't heard enough good news, a note from our friend Forrest L. Wood asks that anglers and outdoorsmen be encouraged to step up and oppose an amendment to the Defense Appropriations bill currently before Congress.

The McCollum/Kingston amendment, if approved, would prohibit the National Guard and other branches sponsoring sporting events, including motorsports (NASCAR), fishing (FLW Outdoors), mixed martial arts, and wrestling organizations or events.

Seems amendment spon-

sors Rep. Jack Kingston (R-GA), and Rep. Betty McCollum (D-MN) didn't bother to check and see if these sports were actually helping with National Guard recruitment. If they had, they would have seen that since the initial sponsorship in 2006, troop strength in the guard has grown to record levels.

It would be a bad deal for all branches of the service (imagine sporting events without service branch messages), but would be especially tough on the National Guard. According to information from Wood, the Guard's participation with FLW generated more than 75,000 leads in 2009-11. Additionally, the FLW provided the Guard with retention and soldier recognition programs like Soldier Appreciation Tournaments and the Wounded Hero Fishing project.

Madam McCollum unsuccessfully tried a similar amendment last year. It failed, but not until public support made it obvious that her sentiments weren't shared by the majority of the rest of us. You can follow this link to connect with your elected officials <https://action.raiseyourvoice.us/#1/demo>.
--Jim Shepherd- The Outdoor Wire

Forgotten items for summer fishing

When we go fishing, we always try real hard to remember to take all the things we need for a successful fishing trip. It's easy to remember rods and reels and tackle boxes and sandwiches, but there are some other things that are often forgotten that should be part of the fishing trip. These items don't help us catch more fish, but they sure can make the fishing experience more pleasant. Following are some of those items.

Take sunscreen. Better yet, get a bottle of sunscreen that you can just leave in the boat or in your tackle box. Everyone that I've spoke with that knows about such stuff says to get a sunscreen that's a minimum 30 SPF (sun protection factor). Some folks might go fishing to get a tan, but sunburns are no good. They're uncomfortable right away, and the long-term affects of the sun can be very unpleasant. Be sure to apply sunscreen to your ears, nose, and neck, and also heavily along the areas where clothing meets bare skin. Re-apply the sunscreen frequently.

Another item that should be dedicated to your boat or

tackle box is bug-repellant. Bugs can ruin a day or evening on the water. There's a band that you can wear around your wrist or ankle or belt, there are towelettes that are very convenient, and there's spray. Most repellent products work on mosquitoes, gnats, flies, and other insects that can make our fishing and outdoor activities unpleasant.

I was recently reminded by firsthand experience that you need a hook-removal kit in the boat, or at least you need to know the fishing line trick for removing hooks. I caught a three pound catfish on a crankbait that was intended for a walleye. The catfish decided that if he had to have a hook in his mouth, I needed one in the knuckle of my middle finger. After getting the catfish unhooked and all the hooks removed from the crankbait, my fishing partner was going to just grab onto the hook in my finger with his needle-nose and give it a jerk.

Since this was my finger and my blood and my discomfort, I suggested the fishing line removal method. I had done that before with good

results. Then my partner remembered he had "one of those hook-removal kits" in his tackle box. We read the directions; then applied them. The hook came out easily and with absolutely no pain. We put some of the liquid that came with the kit on the hook hole and went on fishing. Get either a hook-removal kit or learn the line trick.

Last thing: You need foul weather gear. You may not like fishing in the rain, but sometimes, if you want to go fishing, you've gotta go in the rain. Rain gear stays in the boat. It's perfect for rain, but also for boat rides early in the morning, and the insulated version is great for ice-fishing. I like the parka length coats. You'll enjoy your fishing and outdoors more with good foul-weather gear.

Have the right stuff and use it when you're outside and you'll enjoy your time fishing or outdoors even more.

Ben Jensen, The Fishing Wire

Tears shed for self are tears of weakness, but tears shed for others are a sign of strength.

Billy Graham

PRIME CUT STEAK HOUSE

HWY. 59, MONTAGUE, TEXAS

Lunch: Mon-Fri 11:30-1:30
Dinner: Wed-Sat 5:30-9 p.m.



Closed Sunday
Reservations Recommended
1-940-894-2039
1-940-894-2122

JUST A SHORT DRIVE AWAY

Hunter safety class offered

A Texas Parks and Wildlife Department Hunter Safety Class is scheduled for Aug. 3 and 4. It will be held in the Muenster Jaycees building on Ninth Street. To sign up, call 903-267-1867 (days) and 940-665-2828 (evenings).

It's Hometown Radio at its Best!

KNTX

AM1410

Trade Fair 9-10 am Mon-Fri

Listen at work, in your car, at home, or online at www.kntxradio.com

940-872-2288

KEEPING IT

CALL BEN BINDEL
940-665-5591
Luttrull-McNatt
1608 W. Hwy. 82 Gainesville, Tx

Phil Adams & Lisa Bennett of
ADAMS, BENNETT & DUNCAN
Attorneys at Law
A Professional Corporation

are pleased to announce
Jon Henley has joined the firm as an associate.

Jon is a 1994 graduate of Gainesville High School, 2002 graduate of the University of North Texas, and a 2006 graduate of the Oklahoma City School of Law. Jon is a United States Marine Corp veteran.

Jon's areas of practice are Wills, Probate, Family Law, Business Law, and Condemnation.

PHIL LOUIS ADAMS*
philadamsatty@yahoo.com

LISA C. BENNETT
lisabennettatty@yahoo.com

RUSSELL DUNCAN
(1940-2011)

JON W. HENLEY
jonhenleyatty@yahoo.com

100 East Broadway, Gainesville, Texas 76240
Phone (940) 668-2600 Fax (940) 668-6880
<http://www.adamsbennett.lawoffice.com>

*Licensed in Texas & Oklahoma

Vacation Bible School!

Encounter God's awesome power as we fly to some of the world's greatest natural wonders. In this one-week adventure, kids encounter God's awesome power through Bible stories, crafts, motivating music, and games.

July 30-August 3, 2012 from 9-11:30 am
First Baptist Church, Muenster,
PO Box 581 • 121 N. Pecan St. • 759-2772

VBS Registration Form (For those entering grades K - 6th) Date: _____

Child's name: _____ Date of birth: _____ Age: _____

Address: _____ Phone #: _____ Grade entering: _____

Medical or other information we need to know: _____

Does child attend Sunday School? _____ If yes, where? _____

Emergency contact (name/phone#): _____ T-shirt size: _____
youth or adult

Parent's/Guardian's name(s): _____

E-Mail address: _____ Work/cell phone #: _____

(Please complete separate form for each child attending and return to First Baptist Church)

GEAR UP FOR THE LONDON GAMES

JUL 27—AUG 12

17 DAYS. OVER 1,750 HOURS. 302 EVENTS. 204 NATIONS. 10,000 ATHLETES. EXTENSIVE LIVE COVERAGE. SOCCER & BASKETBALL SPECIALTY CHANNELS.

WATCH NBCUNIVERSAL'S HD COVERAGE OF THE LONDON OLYMPICS THROUGH WATCHTVEVERYWHERE (WTVE) WITH NORTEX CABLE TV!

WTVE is FREE to HD Basic subscribers! Activate yours today!

WTVE lets you watch the London Olympics anytime from any Internet connected device — PC, tablet, smartphone!

LONDON 2012

THE GAMES OF THE XXX OLYMPIAD

Nortex Communications 940-759-2251
www.nortex.com

WHEN YOU NEED TO BUY, SELL, HIRE ...

Muenster ENTERPRISE CLASSIFIEDS

759-4311
 FAX 759-4110
 EMAIL: ADVERTISING@NTIN.NET
DEADLINE
TUESDAY 5PM

CLASSIFIED RATES
 First 20 words \$7.00
 25¢ per word after that

HELP WANTED

Muenster Memorial Hospital

Now seeking Dietary help.
 Flexible hours required

You may complete an application online at muensterhospital.com or pick up an application at the business office

5:30 am - 1 pm and/or weekend help needed. Apply in person at Bayer's Kolonialwaren, 824 E. Division, Muenster 7.6-x

Dedicated Drivers-Multiple openings! Immediate Need. Dedicated glass hauling position available in your area. Home weekends. 100% preloaded freight. \$.40/mile & \$40 load pay (\$750/wk guarantee). Class A CDL, 21 yrs old & OTR exp req. Drive the Best. Drive Maverick. Maverick Transportation LLC. 1-800-289-1100 or visit www.drivemaverick.com 7.13-2pd



Gainesville
 location is currently taking applications for a:

Service Consultant (part time)

Duties include:

- Customer Service
- Sales
- Clerical support

Exciting opportunities at our Technology Store

Apply in person at:

- 406 E. California St. in Gainesville
- or
- 205 N. Walnut St. in Muenster

By: **August 1, 2012**

EEO Employer

REAL ESTATE

House for sale - 3 BR, 2 bath, CHA, 2 room basement, Garage, large corner lot. Close to schools and church. 247 W. Seventh, Muenster 940-736-5497, 940-736-4525 7.6-x

BELOW APPRAISED VALUE! .65 acre, \$20,000, OBO, Lot 4, Lakeside Meadow Subdivision, 140 Northside Dr. Muenster. Call- 214-906-9113 5.11-x

LEGAL NOTICES

Bid Invitation for Grain Feed

North Central Texas College (NCTC) is soliciting bids for Cattle Grain Feed. Purchased grain feed will be delivered to the NCTC Experimental Farm/Beef Cattle Center. For copies of grain feed specifications, contact Robbie Baugh, at (940) 668-3338 or rbaugh@nctc.edu For clarification of bid specifications or delivery instructions, contact Steve Keith at (940) 668-4217 or skeith@nctc.edu. Bids must be submitted in sealed envelope marked "BID - FEED FOR EXPERIMENTAL FARM/BEEF CENTER". Bids must be received in North Central Texas College 1525 West California Street, Room 101B, Gainesville TX. 76240 by 10:00 a.m. on Friday, August 3, 2012. Late bids, emailed bids, and faxed bids will not be accepted. NCTC reserves right to reject any or all proposals and to waive any or all formalities. NCTC does not discriminate on the basis of race, color, national origin, gender, religion, age, disability in employment, or the provision of services.

REQUEST FOR PROPOSALS

The Muenster Independent School District, Muenster, Texas will receive sealed proposals for the Facility Improvements for 2011 Bond Program. Proposers are invited to submit individual proposals and shall identify their proposal on the outside of the sealed envelope in the following manner:

**Facility Improvements for 2011 Bond Program
 Muenster Independent School District
 Muenster, Texas 76252**

The following proposal packages will be received:
 CBI-01 Site Utilities, CBI-02 Site Excavation, CBI-03 Termite Protection, CBI-04 Pavement Markings, CBI-05 Concrete, Paving & Walks, CBI-06 Pre-cast, Pre-stressed Hollow Core Slab, CBI-07 Chain Link Fence & Gates, CBI-08 Seeding, CBI-09 Masonry, CBI-10 Structural Steel & Miscellaneous Metal, CBI-11 Millwork, CBI-12 Drywall/Acoustical, CBI-13 Caulking/Sealants, CBI-14 PVC Membrane Roofing, CBI-15 Pre-Engineered Metal Building, CBI-16 Doors/Frames/Hardware, CBI-17 Doors/Hardware-Labor Only, CBI-18 Rolling & Sectional Doors, CBI-19 Aluminum Storefront/Glass/Glazing, CBI-20 Ceramic Tile, CBI-21 Floor Covering, CBI-22 Wood Flooring, CBI-23 Painting, CBI-24 Marker & Tack Boards, CBI-25 Toilet Partitions/Accessories, CBI-26 Signage (Room/Plaque/Building), CBI-27 Metal Lockers, CBI-28 Fire Extinguishers/Cabinets, CBI-29 Sports Athletic Equipment, CBI-30 Louvers/Vents, CBI-31 Flag Poles, CBI-32 Fire Sprinkler System, CBI-33 Plumbing, CBI-34 HVAC, CBI-35 Electrical, CBI-36 Laboratory Casework, CBI-37 Library Furniture

Proposals will be received at the office of the Superintendent, Muenster I.S.D., 135 E. 7th Street, Muenster, Texas 76252 on:

Wednesday, August 8, 2012, 2:00 p.m. CDT

Proposed forms of contract documents, including plans and specifications are on file and available for inspection at the following locations:

Construction Manager: Compass Builders, Inc. 536 South Coppel Road Coppel, TX 75019 Phone: 972-471-0222 Fax: 972-462-9016. Owner: Muenster I.S.D. 135 E. 7th Street Muenster, TX 76252 Phone: 940-759-2281 Fax: 940-759-2500. Architect: W.C. Ferrell, Jr. Architect P.O. Box 738 Commerce, TX 75429 Phone: 903-886-4945 Fax: 903-886-8641.

McGraw-Hill Plan Room: Dallas AGC/TEXO & iSqFt Plan Room Partnership

One copy of the documents may be obtained by depositing \$200.00 with the Construction Manager, Compass Builders, Inc. Such deposits shall be made payable to Muenster I.S.D. and will be refunded to Proposer who submit a bona fide proposal or return the plans and contract documents in good condition within ten (10) days of the proposal opening, otherwise no refund will be made. Partial sets will not be issued. Proposers and suppliers at cost may purchase additional single complete sets from Compass Builders, Inc.

The successful proposer (if over \$ 25,000.00) will be required to furnish and pay for satisfactory payment and performance bonds within five (5) days of presentation of the contract.
Per Section 9. Subsection (b), Section 44.031, Texas Education Code. (b) Except as provided by this subchapter, in determining to whom to award a contract, the district will consider the following: 1. The purchase price - 40%. 2. The reputation of the vendor and of the vendor's goods and services - 25%. 3. The quality of the vendor's goods or services - 10%. 4. The extent to which the goods or services meets the district's needs - 5%. 5. The vendor's past relationship with the district - 10%. 6. The total long term cost to the district to acquire the vendor's goods or services - 10%.

The Owner/Compass Builders, Inc. reserves the right to reject any or all proposals and waive any formalities in the proposal. No proposal shall not be withdrawn for a period of sixty (60) days subsequent to the opening of the proposals without written consent of the Muenster I.S.D.

Note: There will be a Pre-Bid Meeting held at 2:00 p.m. C.D.T., Wednesday, July 25, 2012, at the Muenster I.S.D. Administration Building, 135 East 7th Street, Muenster, Texas 76252. Attendance is Very Highly Encouraged.

SPECIAL NOTICE:

This project consists of a New Elementary School on a new site to be completed prior to August 1, 2013, in sufficient time for the District to relocate the students from existing site to the New Elementary Building. Starting on or about June 30, 2013, the JUNIOR HIGH students will be located in the old existing ELEMENTARY BUILDING, until the existing JUNIOR HIGH is demolished and the NEW JUNIOR HIGH built and completed by MAY, 2014. The Agriculture Shop will be built along with the New Elementary School building. Demolition of the existing Elementary School accomplished as soon as students are relocated in the New Junior High. You are instructed to bid all Buildings in your category. There will be one (1) base bid for your category under one (1) contract. We are requesting a breakdown of your proposal by Building for accounting purposes only.

SERVICES

Painting

Inside & Outside
 Light Carpentry Work
 Dependable. Danny Silmon
 759-2759 or
 634-2771 9.26-x

FEDERALLY INSPECTED
 Meat processing plant. Bring in your animal Tues. or Thurs. Fischer's Meat Market, 759-4211 9.9-X



For Septic Systems
ROEBIC K-37 Septic Tank Liquefier
 A single treatment of this product prevents clogging of a septic tank and is guaranteed effective for one whole year. X-96701

Community Lumber Co.
 200 E. Division - Muenster-759-2248



Media Sales/ Marketing

Local media company looking for outside sales representative to maintain established accounts and prospect new leads. We are looking for an outgoing personality who cares about local businesses and is driven to succeed. Email resume and inquiries to news@lindsayletter.net



Family owned & operated
 In business for over 65 years

Seeking sales person

- Great earning potential
- 5 day work week
- Experience a plus though not a must
- Apply in person • See Kirk or Brice 940.759.2244 • EOE

FOR SALE

AVON: To buy or sell Avon, call Jerry Sicking, 759-4388. 3.16-X

PAUL J. HESS - NO. 1 Kansas Alfalfa hay for sale. Any amount. 665-7601 or 665-9228. 11.7-X

Muenster Business Review

Complete Family Care For All Ages

- ◆ Friendly, Professional Staff
- ◆ In-House Labs
- ◆ Same-Day Appointments
- ◆ Minimal Wait

Need to Lose a Few Pounds?

Let us Help With Our Comprehensive Weight Loss Program
 Our Program Includes: Dietary Counseling, Monthly Visits, Weekly Weigh-Ins, an Appetite Suppressant and Optional Injections



Polly Klement, FNP-C



Amy Dangelmayr, FNP-C

134 S Mesquite
 (one block south of Sonic)
 940.759.2502

Complete Family Care

We also provide care for Minor Emergencies, Lacerations, Lesion Removal, Weight Management, Bio-Identical Hormone Replacement

Amy Dangelmayr-FNP-C Polly Klement, FNP-C



Mon-Fri 8:00 - 5:00
 1 Block South of Sonic
 940.759.2502



Hwy. 82 • Gainesville • 940-665-3457
 N. 377 • Whitesboro • 903-564-3649
 E. Hwy. 82 • Sherman • 903-892-8933

For all your printing needs



Quality Printing & Publishing Since 1936

940-759-4311

Your ad should be here, give us a call and let's make it happen!

(940) 759-4311

Need your printing done?

We can do it!!

- Business Cards
- Letterhead
- Forms
- Checks
- Brochures
- Programs
- Flyers
- Folding
- Invitations

Commercial Printing is our Specialty

MUENSTER ENTERPRISE
 759-4311

FARM & RANCH

Tolars excel in competition



Pictured with Owen's Red Baron, the NAJRAE Grand Champion Bull, are, from left, Chloe Tolar, Scott Schaake, judge, Tony Tolar, and Owen Tolar. Owen and Chloe each exhibited heifers in the Best State Group competition. They both garnered awards for their heifers, knowledge, and talents. Courtesy photo

The 2012 North American Junior Red Angus Event (NAJRAE) was held at the Kansas State Fairgrounds in Hutchinson, June 20-23. The North American Junior Red Angus Association is the 'fastest growing junior breed event in North America and the only place for Red Angus youth to show their cattle on a national level during the summertime.'

The summer event consists of satellite event contests such as public speaking, sales talk, photography, herdsman quiz, quiz bowl and team fitting. These contests are followed by the junior livestock Bred and

Owned Female/Bull show and Futurity shows on Friday and Owned Female show on Saturday.

This is the second year for Owen and Chloe Tolar to attend and compete at the NAJRAE. They each competed in all of the listed satellite contests as well as exhibited animals. Chloe was awarded Reserve Champion Female in the junior heifer division (Bred and Owned Female show). In her age division, she also placed first in public speaking, first place in photography, and third place in sales talk. Her winnings earned her 2nd place High Point Individual overall.

Owen was awarded Grand Champion Bull (Bred and Owned Bull show) for his bull, Owen's Red Baron. In his age division, he placed first in public speaking. He was on the reserve champion team fitting team with Wesley Walker (Texas) and Tim Johnson (Iowa), as well as on the reserve champion quiz bowl team comprised of Texas juniors. They each exhibited heifers in the Best State Group competition representing Texas in which Texas won the Best State Group award.

Owen and Chloe are the children of Tony and Edie Tolar of Muenster.



AG TALK

By Gene Hall
Public relations director

The Enemy Above: The sun's toll on farmers and ranchers

Farmers and ranchers could not operate without the life-giving rays of the sun. Photosynthesis, the chemical process by which plants nourish themselves, could not take place without it. However, the sun can also bring misery, disease, and even death, though all of this is ultimately preventable. Heat and ultraviolet solar rays can take a devastating toll on crops and livestock. The farm or ranch family can also be afflicted with serious problems, too.

My colleague Nathan Smith, himself battling heat right now on an overseas mission trip, has written a fine blog over on Texas Table Top on how to manage the effects of the heat. While Nathan provides tips on how to avoid the worst ravages of the sun, it falls to me to explain the consequences.

Heat Illness: When working in the heat, not paying attention to hydration is a recipe for disaster. Forget caffeinated drinks, beer, or other alcoholic beverages. They just make the problem worse. Sports drinks like Gatorade can be okay, but what you really need is water—and lots of it.

It would be best to avoid

the worst of the day's heat. Do your most strenuous tasks in the morning before, let's say 10 a.m., or after the sun goes down. Save paperwork in the air conditioning for the heat of the day.

The average age of farmers and ranchers is now 58, which happens to be my age. Heat illness affects we older folks much faster and perhaps even more severely. Extra care is required. But it can happen to young people, too. A heat stroke can kill and quickly. Other kinds of heat illness can make you very sick.

Skin Cancer: Not as quick as a heat stroke, but potentially just as dangerous, is the sun's ability to produce melanoma, a deadly cancer of the skin. Over years of exposure to sun, tumors can form.

With melanoma, pieces of cancer cells can break off and grow in other parts of the body, including our organs. It is among the most deadly of cancers.

Here again, farmers suffer from this disease at higher rates. Given their constant exposure to the sun, that's not surprising. Some of the preventive measures are the same as those used to avoid heat illness. Check Nathan's blog again for those tips.

If I could persuade my many friends who work the

land to do one thing, it would be to abandon the baseball-style "gimmie" caps that so many of them wear. A cap's protection from the rays of the sun is minimal at best. When working in the heat of the day, how about a cowboy hat, a golf hat, or one of those wide brim, sombrero-style gardening hats? Made of straw, with a sweat band, they block the sun from the back of the neck, the ears and the cheeks. These are places a baseball cap leaves bare and unprotected. And listen up...real men use sunscreen. They do so in order to be around to play with their grandchildren.

My grandfather, "Paw" Hall as we called him, baled his last crop of hay when he was 90. Every day in the field he wore the same outfit — a long-sleeved blue shirt, jeans, high-top work shoes for snakes, and a very wide brim, floppy, straw work hat. He had three of those shirts and three pairs of work jeans. At least one would be washed and ready every day.

We didn't have the knowledge about sun damage to the body in those days, but he knew that it couldn't be good for him.

He died at 101 — and not from skin cancer or heat stroke.

THE NEW GAINESVILLE LIVESTOCK AUCTION, LLC.

www.gainesvillelivestock.info

Sold at Friday's sale July 13 there were 2145 cattle sold, compared to 1740 the previous sale. Sold at Tuesday's sale July 17 were 529 Goats, 233 Sheep, and 295 Hogs, compared to last week - 326 goats, 99 sheep, and 329 hogs.

Calf and feeder market 8 to 12 lower due to the uncertainty due to the falling corn crops which is putting pressure on the feeder and fats market which is driving the corn market through the roof. Be prepared to see cheaper cattle prices in the upcoming weeks until the corn market cheapens up. • Feeder cows are steady.

• Stock cows: Good demand for young cows

Feeder Steers (per lb.) 200-300 lbs.: No. 1, 1.90-2.10; Nos. 2 & 3, 1.80-1.90; 300-400 lbs.: No. 1, 1.70-1.95; Nos. 2 & 3, 1.60-1.70; 400-500 lbs.: No. 1, 1.50-1.70; Nos. 2 & 3, 1.40-1.50; 500-600 lbs.: No. 1, 1.35-1.50; Nos. 2 & 3, 1.20-1.30; 600-700 lbs.: No. 1, 1.30-1.40; Nos. 2 & 3, 1.10-1.20; 700-800 lbs.: No. 1, 1.25-1.35; Nos. 2 & 3, 0.95-1.15; 800-900 lbs.: No. 1, 1.15-1.25; Nos. 2 & 3, 0.95-1.15	Stocker Cows (per head) Pregnancy-tested, 3 to 9-year-olds - Large Frame: \$1150-\$1400; Medium Frame: \$1000-\$1150. Cow/Calf Pairs - w/calfes under 250 lbs. - Large Frame: \$1400-\$1600; Medium Frame: \$1200-\$1400. Baby Calves: Holstein: NT Cross Breds: \$200-\$300. Barrows & Gilts (per lb.) US #1, 220-270: .65-.80; US #2, 220-280: .55-.65	Bucks (per lb.) All: - NT Barbardo (per head) Lambs: \$20-\$65 Ewes: \$35-\$85 Bucks: \$100-\$240 Goats (per head) Kids: 20-35 lbs. \$20-\$45 35-55 lbs. \$30-\$65 55-75 lbs. \$50-\$85 Yearlings (per head) 75-120 lbs.: \$75-\$150 Nannies (per head) Stocker: \$75-\$135; Milk Type: \$65-\$110 Slaughter: \$85-\$145 Thin: \$30-\$65 Billies (per head) 120 lbs-up 75-120 lbs.: \$175-\$200 Slaughters: \$125-\$165 Boer Goats (per head) Full Nanny: NT. Full Billy: NT
Feeder Heifers (per lb.) 200-300 lbs.: No. 1, 1.60-2.00; Nos. 2 & 3, 1.70-1.80; 300-400 lbs.: No. 1, 1.50-1.75; Nos. 2 & 3, 1.40-1.50; 400-500 lbs.: No. 1, 1.35-1.55; Nos. 2 & 3, 1.15-1.35; Nos. 2 & 3, 1.15-1.25; 600-700 lbs.: No. 1, 1.20-1.25; Nos. 2 & 3, 1.00-1.20; 700-800 lbs.: No. 1, 0.95-1.15	Feeders (per head) 100-175 lbs.: .60-.80; 25-90 lbs.: .20-.65 Sows (per lb.) Feeder, 400 or less: .33-.45; Light wt. 400-500: .40-.42; Med. wt. 500-700: .40-.42 Boars (per lb.) 300 lb. up: .04-.07 200-300 lbs.: .07-.12 Light wt.: .15-.25 Sheep (per lb.) Feeder lambs: 1.20-1.50 Light lambs: 1.10-1.40 Fat lambs: .90-1.10 Ewes (per lb.) Stocker: .60-.70 Thin: .45-.55	See your at the sale! (940) 665-4367 1920 Refinery Road Gainesville, TX

International standard for feed additive approved

A United Nations (UN) commission has approved an international standard for the feed additive ractopamine, which is used to promote leanness in pork and cattle. The UN's Codex Alimentarius Commission adopted the standard for the feed additive, citing science-based information.

The National Pork Producers Council (NPPC) applauded the UN commission's decision, which aligns with existing approval by the Food and Drug Administration. Ractopamine has been approved for use in 26 countries.

"NPPC is pleased that the Codex Commission finally approved this scientifically-proven safe product," said NPPC President R.C. Hunt, a producer from Wilson, North Carolina "The commission, as it should, fulfilled its mandate to base standards and guidelines on science."

Republican Runoff Vote Early: July 23 - 27 Election Day: July 31

Drew Springer is the only candidate who:

- ★ Will fight for traditional marriage and is pro-life
- ★ Will fight to keep ObamaCare from implementing in Texas
- ★ Is committed to stopping ALL handouts to illegal immigrants
- ★ Believes we should balance the budget without raising taxes



Endorsed by:

- Former Candidate Paul Braswell
- Former Candidate David Isbell
- David Barton - Wall Builders
- Kelly Shackelford - Liberty Institute
- Cathie Adams - Eagle Forum, former Texas GOP Chair
- Carol Everett - Pro-Life leader
- Robert Pratt - Pratt on Texas
- Alan Underwood - President, Texas Cotton Association
- Texas Home School Coalition
- Texas for Fiscal Responsibility
- Texas Right to Life
- Young Conservatives of Texas
- Conservative Republicans of Texas
- Concerned Women for America



★ CONSERVATIVE REPUBLICAN ★

Drew Springer
FOR STATE REPRESENTATIVE

Volunteer Firefighter • Conservative
Small Business Owner
Christian • Family Man
"A Rated" by the National Rifle Association
WWW.VOTEDREWSPRINGER.COM

Dr. Bellows talks Texas grasslands



North Central Texas College science instructor Dr. Lisa Bellows (center) spoke to attendees at a workshop hosted by the Native Prairies Association of Texas. The workshop focused on tools and resources for managing and conserving Texas grasslands and included a trip to the Thomsen Nature Preserve near Forestburg where Bellows spoke on Range Management Without Livestock. NCTC photo

Muenster Memorial Hospital Swing Bed Program

The perfect place to recover from surgery, illness, or accident in a close-to-home facility.



We provide full service therapy for physical, occupational, or speech training with a highly skilled staff that will give you one-on-one service. We also provide skilled nursing care.

Contact Adelia Wilson at 940.759.6162

Fischer's Meat Market

Since 1927
We Wouldn't be 85
Without You!



304 North Main, Muenster, TX • 1 (800) 259-7248 or 759-4211

www.fischersmeatmarket.com

NOT RESPONSIBLE FOR PICTORIAL OR TYPOGRAPHICAL ERRORS

**DOUBLE
COUPONS
EVERY DAY**

THRIFTWAY

ALL ITEMS NOT
AVAILABLE AT ALL
AFFILIATED STORES

Senior Citizens:
No amount of Purchase Necessary
on Limited Sale Items!
QUANTITY RIGHTS RESERVED
PRICES EFFECTIVE
JULY 23 - JULY 29, 2012

Weekly Grocery Specials



SWEET, SPLENDA,
OR UNSWEET

**Red Diamond
Tea**
GALLON

2 for \$4

DEL MONTE

**Tomato
Ketchup**
24 OZ. BTL.

89¢

- THRIFTWAY
- Drinking Water**.....24 PACK **2 FOR \$4**
 - Betty Crocker Assorted Chicken, Tuna or Hamburger Helper**.....4.7-7.9 OZ. **4 FOR \$5**
 - Charmin Basic - Double Rolls Bathroom Tissue**.....12 ROLLS **\$5.99**
 - Kleenex Viva Big Roll Paper Towels**.....6 ROLL **2 FOR \$10**
 - 11-12 OZ. Bag Tortilla Chips Doritos®**.....REG. \$4.29 **2 FOR \$5**
 - 10-11.5 OZ. Bag - Potato Chips Ruffles®**.....REG. \$4.29 **2 FOR \$6**
 - Hunt's Assorted Pudding or Gel Cups Snack Pack**.....4 PACK **4 FOR \$5**
 - Assorted Varieties Ranch Style Beans**.....15 OZ. **3 FOR \$2**
 - Assorted Varieties Canned Pasta Chef Boyardee**.....14.75-15.5 OZ. **99¢**
 - Shurfine Original or Mesquite Charcoal Briquets**.....8.3 LB. **\$2.99**
 - Shurfine Charcoal Lighter Fluid**.....32 OZ. **2 FOR \$5**
 - Shurfine Select Variety Cooking Spray**.....6 OZ. **\$1.79**
 - Shurfine White Flake Coconut**.....14 OZ. **2 FOR \$5**
 - Shurfine Real Mayonnaise**.....30 OZ. **\$2.79**
 - Shurfine Assorted Varieties Salad Dressing**.....16 OZ. **\$1.79**
 - Select Variety General Mills Cereals**.....9-13 OZ. **2 FOR \$5**
 - Nabisco Select Variety Chips Ahoy! Cookies**.....9.5-14 OZ. **2 FOR \$5**

- Lipton Cold Brew Family Size Tea Bags**.....22 CT. **2 FOR \$5**
- Hunt's Select Variety Tomato Sauce**.....8 OZ. **39¢**
- Chicken of the Sea Boneless Skinless Pink Salmon**.....2.5 OZ. **5 FOR \$5**
- Chicken of the Sea Oil or Water Pack Chunk Light Tuna**.....5 OZ. **5 FOR \$5**
- Assorted Varieties 5.5 OZ. Cans 9-Lives Cat Food**.....4 PACK **\$1.99**
- Fabric Softener, Fresh or Tropical Scent Soft Breeze**.....64 OZ. **2 FOR \$4**
- Shurfine Fabric Softener, Fresh or Breeze Dryer Sheets**.....40 CT. **2 FOR \$3**
- Shurfine Lemon Ammonia**.....64 OZ. **2 FOR \$3**
- Western Family 2 Ct. Scouring Pad or Kitchen Scrubber**.....1 CT. **3 FOR \$2**
- Shurfine Assorted Flavors Cake Mix**.....18.25-18.5 OZ. **99¢**
- Original A.I. Steak Sauce**.....10 OZ. **\$3.99**
- Shurfine Assorted Varieties Creme Wafers**.....10 OZ. **2 FOR \$4**
- Shurfine Assorted Flavors Coolers Drink Mix**.....MAKES 8 QTS. **2 FOR \$4**
- Del Monte Select Variety Canned Fruit**.....15-15.25 OZ. **3 FOR \$5**
- Hormel Dinty Moore Beef Stew or Asstd. Compleats Dinners**.....10 OZ. **2 FOR \$5**
- Shurfine Corned Beef Hash**.....15 OZ. **2 FOR \$4**
- Western Family Fresh Scent or Lemon Scent Disinfecting Wipes**.....75 CT. **\$3.99**

**Natural Light
Beer** 24 PACK CANS

\$1.79

**Milwaukee's Best
Light Beer** 24 PACK CANS

\$1.69

BLUE BELL, BROWN OR GOLD RIM, 1/2 GAL TUB

Ice Cream ASSORTED FLAVORS

2 \$9 FOR

Coca Cola Products

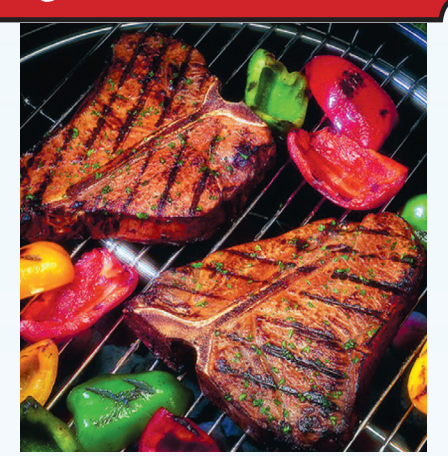
\$5.89

Fischer's Quality Meats

PREFERRED TRIM, SMALL PACK

**T-bone
Steak**

\$5.99 LB.



\$3.59 LB.

**BONELESS
Pork Chop**

FISCHER'S

**Ground
Chuck**

\$2.69 LB.



\$3.29 LB.

**FISCHER'S, TACO FLAVORED
Hot Links**

- Market Sliced Baby Swiss Cheese**.....LB. **\$3.59**
- Market Sliced Black Forest Ham**.....LB. **\$3.59**
- Oscar Mayer Regular or Bun-Length Meat Wieners**.....LB. **2 FOR \$4**
- Bar-S Franks**.....12 OZ. **79¢**
- Oscar Mayer Smoked Ham**.....12 OZ. **\$3.79**
- Oscar Mayer Boiled or Chopped Ham**.....6-8 OZ. **\$2.29**
- Jimmy Dean Sausage**.....LB. **\$3.09**

- Oscar Mayer Turkey Bacon**.....12 OZ. **\$2.69**
- Select Varieties, Armour Lunchmakers**.....2.6-3 OZ. **\$1.79**
- Sea Best Tilapia Fillets**.....LB. **\$2.99**
- Sea Best Breaded Jumbo, Coconut, or Popcorn Shrimp**.....9-13 OZ. **\$2.39**
- Sea Best Breaded Calamari or Clam Strips**.....9-10 OZ. **\$2.29**
- NEW ITEM**
- John Morrell Canadian Bacon**.....5 OZ. **\$2.19**

Fresh Produce



**OLATHE
Corn on
the Cob**

4 \$1 FOR

- Seedless Watermelons**.....EACH **\$3.99**
- Yellow Nectarines or Summeripe Yellow Peaches**.....LB. **99¢**
- Fresh Honeydew**.....LB. **79¢**
- Fresh Red Plums**.....2 LBS. **\$4**
- Red Ripe Tomatoes**.....LB. **99¢**
- Fresh Ripe Kiwifruit**.....4 FOR **\$1**

- Large Avocados**.....EACH **\$1.29**
- MPK Foods Spicy or Mild Guacamole Mix**.....1 OZ. **79¢**
- Western Family Garlic Minced or Chopped**.....4.5 OZ. **2 FOR \$3**
- Spicy Peppers Jalapeños**.....LB. **99¢**
- Jumbo Italian Sweet Red Onions**.....LB. **99¢**
- Northwest Cherries**.....2 LBS. **\$5**

Health & Beauty Care

WESTERN FAMILY

**Non-Coated
Aspirin**
100 CT. BTL.

\$1.29

**EXTRA STRENGTH SOFTGEL
Gas X**.....10 CT. **\$1.99**

- Select Variety Antiperspirant Deodorant Right Guard**.....2.6-3 OZ. **2 FOR \$4**
- Aqua, Fresh Aloe, or Ocean Breeze Zest Bath Bars**.....3 PACK **\$1.99**
- Western Family Original or with Aloe Hand Sanitizer**.....8 OZ. **2 FOR \$4**
- Western Family Men's or Women's Pivot Plus Twin Blade Razors**.....12 CT. **\$2.99**
- Select Variety Maxi Pads or Liners Kotex**.....14-64 CT. **\$3.29**

Dairy & Frozen Foods

- Shurfine Select Variety Whipped Topping**.....8 OZ. **4 FOR \$5**
- Taters, Reg. or Crinkle Cut French Fries Shurfine Potatoes**.....32 OZ. **2 FOR \$4**
- Birds Eye Corn on the Cob**.....4 CT. **\$1.99**
- Select Variety PictSweet Vegetables**.....12-16 OZ. **4 FOR \$5**
- Shurfine Sour Cream**.....8 OZ. **99¢**

- Lala Assorted Flavors Yogurt Smoothie**.....7 OZ. **99¢**
- Asstd Shredded Shurfine Cheese**.....8 OZ. **3 FOR \$5**
- Assorted Varieties Orange Juice Florida's Natural**.....59 OZ. **\$2.99**
- Shurfine Assorted Varieties Jumbos Biscuits**.....8 CT. **99¢**