

Muenster in the movies

Last week Friday, Doc's Bar and Grill on Main Street in Muenster was transformed into a movie set for the filming of *Seasons of Gray*. Producer-Director Paul Stehlik, Jr. (pictured center below) with a cast and crew of 45 people took over the "8 Ball Boogie" bar to film a scene for a modern day retelling of the story of Joseph from the Book of Genesis. More information to come.

Photos by Phil Keil and Scott Wood



T.J. Walterscheid joins Muenster Hospital Board of Directors

By Janet Felderhoff

As of its June 22 meeting, the Muenster Hospital District Board of Directors is back up to its full Board of nine members. There are nine members, each with three-year staggered terms. After the death of Angelo Nasche in April 2009, the position he held on the MMH Board remained open. His term expired in May 2010, and nobody filed to fill the position. The Board has been actively seeking a qualified individual to fill Nasche's vacancy. T.J. Walterscheid volunteered his service. The Board was unanimous in appointing him to fill the remainder of the three-year term.

Walterscheid was administered the oath of office at the June 22 meeting and took part in the Board meeting.

Also taking the oath of office was James Walterscheid. With no opponent, he will serve another three-year term. He was unable to attend the May meeting when he would have been sworn in.

MMH Administrator Lynn Heller reported net revenue of \$611,859 in May. Operating expenses for May were \$626,646, leaving a net operating revenue of negative \$14,787. Ad valorem taxes of \$1,688 were collected, bringing the excess revenue over expenses to a negative \$13,099 for May. He noted that included in other revenues was the book profit sale of St. Richard's Villa of about \$83,000. "If that weren't there, then this loss would be right at \$100,000," said Heller.

May statistics showed an average daily census of acute inpatients of 2.48 and of long-term care patients of 9.35, giving an average daily census of 11.84 for

both. Percent of occupancy for May was 65.77%. On the meeting day, the census was 16 patients for an 18 bed facility. Heller noted that the ER visits for May totaled 126, the highest he's seen since he's been at MMH.

The Phase III renovation project is on schedule. It anticipated that it will be completed by mid to late July.

Three change orders were approved for the project. Another change order request for an eyebrow of the windows was denied. It is suggested to add it to help diffuse the vertical lines in the brick laying. The brick layers didn't do a good job of keeping the gap between the bricks at the same size. At places, there is a 5/8 to 3/4 inch gap that should be a 3/8 inch gap. The additional cost for the eyebrow would be over \$7,000. The Board asked Heller to advise to the general contractor that they would not pay for the eyebrow. It should be at the expense of the brick laying company.

Renovation of the Family Health Clinic was discussed. This is in anticipation of another physician coming. Dr. Jones is the only physician there since the retirement of Dr. Edd Advincula on June 1. Heller wants to have all the doctors on one end of the building. He said that in the past, there has been a problem getting the nurses to work with more than one doctor and they work only one end of the building. His plan would put them in the same location, sharing exam rooms and nursing station.

The Board authorized the administrator to develop plans for renovation of the Clinic.

The Blue Cross Blue Shield employee health bid was approved. It was the

low bid and offered a better benefit plan. Renewal is for Aug. 1.

In other business conducted by the MMH Board:

- Approved Proposed Budget for FY July 1, 2010 to June 30, 2011. Board member Danny Walterscheid remarked that it is actually \$55,000 to \$60,000 barer than the year before.

- Approved agreement signed by the administrator for NCTC's LVN students to do clinical training at MMH.

- Approved Bad Debt write-offs totaling \$46,917.65.

- Approved policy that overtime for nurses cannot be mandated. This is to comply with a State mandate.

- Read thank-you notes from David M. Bright Scholarship recipients Noel Barnhill and Ginger Bar-tush.

- Heard that sale of St. Richard's Villa was completed as of June 1.

- Approved courtesy staff privileges for ER physicians James Donovanitz, M.D., David Bartos, M.D., and Jay Pearce, D.O.

- Reviewed and approved Nurse Staffing Committee meeting minutes and semi-annual report.

Neil's adds Pizza Inn to convenience store

By Janet Felderhoff

Muenster residents now have the option of getting a Pizza Inn pizza without leaving town. Neil's Valero on Division Street opened a Pizza Inn with an express menu last week.

"I thought we needed something else to go with the Subway sandwiches to give people another choice," commented owner Neil Huchton on his decision to add another facet to his business. "We had a small pizza at Subway, and we had a lot of people come in wanting to get a larger size pizza." Subway doesn't offer a larger size for franchise, so Huchton sought another source.

Neil's has a small area for customers to sit for a meal, but its geared toward "on-the-go" type service. There will be no buffet. Neil said that there will be call-in orders and a self-serve display counter. Over the lunch hours, he plans to make the small 8" individual pizzas available at the display counter unless someone requests a larger pizza.

Besides pizza, wings are offered in regular or spicy and bone-in or boneless along with bread sticks or cheese sticks.

Already Neil's has added one more employee to help with the pizza business. He hopes to generate enough business to add three or four more.

"This is something that I hope that the community will enjoy," Neil said. "I hope it benefits the community. That's kind of the main reason we that when we tore the old gas station down we decided to do this (convenience store). It's something that would fit the community and help. Subway was a good match. It pulls quite a few people off of the highway, so we're hoping that a Pizza Inn will do the same thing."

Neil and his wife Peachie operate the combination convenience store/Subway/Pizza Inn.

Celebrate a SAFE & HAPPY JULY 4TH!



Commissioners take no action on burn ban

By Janie Hartman

The Cooke County Commissioners had a quick monthly meeting Monday morning, June 28, before going into the County Departmental Budget hearings. Fifteen consent items were approved and five items were given no action, including no action taken on a County-wide burn ban. But residents are reminded to take caution when celebrating the 4th of July weekend with fireworks.

Michelle Sandmann and Kenneth Bierschenk were present to voice their concerns on the proposed construction of a rock crusher located approximately two miles south of FM 1630 on the east side of CR 343 in southwest Cooke County. They requested the commissioners' assistance in stopping the construction of the rock crushing plant.

Non-controversial and routine items the Court approved included monthly bills, payroll, and related expenses; the installation of gas lines and water lines across County roads in Precincts 3 and 2; the filing of internal audits from eight departments, and approval of the audit scope submitted.

A quote concerning the wiring of the Courthouse was also approved, along with the Commissioners'

annual Road and Bridge reports.

The Cooke County Library: was given the go-ahead to donate surplus books to the Friends of the Library; accepted a total of \$3,380 for the "1, 2, 3, the Story is coming to Me" program; and accepted donations totaling \$385 in memory of Virginia Henry.

Story time at the Library

Kids enjoy stories read by Martha Sicking at Tuesday's Story Hour at the Muenster Public Library. Janie Hartman photo



Enterprise places 1st in TPA contest

The Muenster Enterprise and Janie Hartman's News photos were awarded 1st place in the Texas Press Association's 2010 Better Newspaper Contest at the 131st Summer Convention June 19 in San Antonio.

Pictures submitted were the Sept. 25, 2009 photo of the Muenster Volunteer Fire Department battling the Carl Sicking house fire, and the Shattered Dreams mock accident program printed March 13, 2009.

Judges said of the Shattered Dreams picture, "Emotion trumps everything... well done," and of Fire Strikes, "Perfect fire picture! The composition of this is top notch. Digging the stair-step effect. Cutline is super informative. Hats off to you!"

Timeliness, composition, and quality of cutline were rated excellent, while reproduction was good and innovation average.

This year, 172 newspapers submitted 1,743 entries, broken into 10 divisions to allow papers of similar circulation to compete equally. Of these, there were five weekly divisions consisting of 116 weekly newspapers from throughout the state. The Muenster Enterprise competed with 23 other small medium weeklies in Division 9.



Janie Hartman shows the 1st place award the Muenster Enterprise received at the Texas Press Association's 2010 Better Newspaper Contest for News Photography. See page 2 to view the winning entries. Linda Flusche photo

Obituaries

Raymond J. Tempel 1922 - 2010

Funeral Mass for Raymond J. Tempel of Gainesville was held at 10 a.m. on Saturday, June 26 at Sacred Heart Catholic Church in Muenster with Fr. Ken Robinson officiating. Burial followed in Sacred Heart Cemetery. A Rosary was recited at 7 p.m. on Friday, June 25 at Geo. J. Carroll & Son Funeral Home.

Mr. Tempel died at the age of 87 on Tuesday, June 22, 2010 in Presbyterian Hospital of Denton.

Ray was born Oct. 27, 1922 in Muenster to Luke and Cecelia Markowitz Tempel. He was a Sergeant in the U.S. Army from 1942 to 1946. He retired from the United States Postal Service in 1987.

Mr. Tempel is survived by his daughter and son-in-law Cindy and Pat Walterscheid of Muenster; sons and daughters-in-law Stan and Cynthia Tempel of Gainesville, Jim and Benita Eberhart of Corinth, Red and Mary Eberhart of Mountain Springs, Stan Eberhart of Denton, Tom and Patty Eberhart of Lindsay, Robert and Starr Eberhart of Denton, and Steve and Susan Eberhart of Dallas; 20 grandchildren, 21 great-grandchildren, and numerous nieces and nephews.

Ray was preceded in death by his parents, wife Annie Ruth Tempel, sister Rose Mary Tempel, brother Joe Tempel, and sister-in-law Anna Margaret Tempel.

Pallbearers were Justin Tempel, Brent Gill, Bill Eberhart, Toby Eberhart, John Eberhart, and Jeff Tempel.

Julius Haverkamp 1930 - 2010

Mass of Christian Burial for Julius John Haverkamp of Gainesville was held at 10 a.m. on Monday, June 28 in St. Mary's Catholic Church of Gainesville with Fr. Jim Pemberton officiating. Burial was in Fairview Cemetery in Gainesville under the direction of Clement-Keel Funeral Home.

Mr. Haverkamp died at the age of 79 on Tuesday, June 22, 2010 at his residence.

Julius was born Sept. 17, 1930 in Muenster.

Survivors include his wife Eva Jane Haverkamp of Gainesville; daughters Vicky Hildebrand of Tulsa Oklahoma, Janna Vitiello of El Paso, and Judy Bengfort and Patti Haverkamp, both of Gainesville; sister Edna Klement of Muenster; and six grandchildren.

Rosary was recited on Sunday, June 27 at 4 p.m. followed by visitation at the funeral home.

Rev. Donald Brennan 1927 - 2010

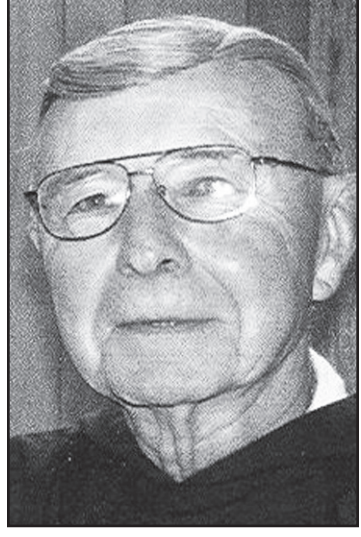
Mass of Christian Burial for Rev. Donald Brennan, O.S.A. was held Tuesday, June 29 at St. Rita Chapel at Cascia Hall in Tulsa, Oklahoma. Interment was at Calvary Cemetery in Tulsa.

Father Don was named Pastor of St. Thomas Aquinas Parish in Pilot Point in 1996. Following his retirement in 2002, he was named Prior at St. Mary's Parish in Gainesville, where he served until 2008. While at St. Mary's he taught some scripture courses and helped with Masses and the sacraments. He assisted in Sacred Heart Parish in Muenster on several occasions while serving at St. Mary's.

He died on Thursday, June 24, 2010 in Tulsa at the age of 82 after battling lung cancer.

Donald Eugene Brennan was born Dec. 20, 1927 in Chicago, Illinois. In the Fall of 1941, Donald entered the minor seminary program at Augustinian Academy, Staten Island, New York, where he earned his high school diploma in 1945.

He was received into the Augustinian Novitiate Sept. 8, 1945. He professed Simple Vows Sept. 10, 1945 and Solemn Vows Sept. 10, 1949. He was ordained a Priest Dec. 21, 1953.



Rev. Don Brennan, O.S.A.

He served as a teacher in several Augustinian secondary schools in Michigan, Illinois, and Missouri. In 1975 and 1976, Father Brennan served briefly in the Peruvian missions. He also participated in the Pastoral Institute at Notre Dame University.

He served as Pastor in parishes in Illinois and Wisconsin. In 2008, Father Brennan was assigned to Cascia Hall Monastery in Tulsa. He volunteered his assistance in Cascia Hall School as his health and strength permitted.

May permits to drill

The Texas Rail Road Commission issued a total of 1,485 original drilling permits in May 2010 compared to 771 in May 2009. The May total included 1,294 permits to drill new oil and gas wells, 26 to re-enter existing well bores, and 165 for re-completions. Permits issued in May 2010 included 360 oil, 284 gas, 782 oil and gas, 26 injection, zero service, and 33 other permits.

Enterprise winning photos



Janie Hartman photos

Traffic enforcement heats up Fourth of July

DPS urges Texans not to take a holiday from driving safety and avoid tragedy on Texas roadways the July Fourth weekend. All available DPS troopers will be out patrolling during the long holiday weekend to keep the travelling public safer.

"We want people to celebrate America's birthday, but we want them to do it responsibly," said Assistant Director David Baker, who oversees the Texas Highway Patrol. "People know when they are going to drink. Plan ahead, get a designated driver—or don't get behind the wheel if you have been drinking."

Troopers will focus on drunk drivers, seat belt violators, and speeders. Additional law enforcement presence on holiday weekends increases the likelihood motorists will get caught violating traffic laws.

A reminder: the new car seat law went into full effect June 1. Children younger than eight years old must

be in a child safety seat or booster seat unless they are taller than four feet, nine inches tall.

Last year during the extended holiday weekend, DPS troopers made 729 DWI arrests, issued 11,420 speeding citations, and ticketed more than 3,000 seat belt and child safety seat violators.

DPS offers these tips for safe travel over the Fourth of July holiday:

- Drive with courtesy - it's contagious;
- Slow down - especially in bad weather, construction areas, and heavy traffic;
- Don't drink and drive - get a designated driver;
- Buckle up everyone in the vehicle;
- Keep cell phone chatter to a minimum, and don't text while driving;
- Don't drive drowsy - pull over or switch drivers if you need to;
- Make sure your vehicle is properly maintained.

Holiday trash pickup

Trash pickup will be on regular schedule for Monday, July 5. No changes are planned due to the July 4 holiday.

DAYS GONE BY.....

65 YEARS AGO

June 29, 1945

Vincent Felderhoff injured in fall from derrick; sustains skull fracture. T-Sgt. Sidney Huchton awarded Bronze Star and citation for meritorious service. Obituary: Henry Gieb, Lindsay pioneer, 70. Most threshers of the community busy this week after recent rainy spells. New Arrival: Virgil to Albert and Agnes Hess. Marcus Fuhrmann is recovering from pneumonia.

50 YEARS AGO

July 1, 1960

Muenster's pool gets new diving board made by the Bavarian woodcarvers. Mrs. Arthur Hess quickly puts out grease fire in pan on electric stove; she had stepped outside and discovered the fire upon her return; some damage was sustained by the wall, ceiling, and stove. New Arrivals: Mary to Tony and Leona Luke; Samuel to Bruno and Dorothy Zimmerer. Wedding: Helen Hacker and Clyde Muller. The David Trachtas move into their new home. Mr. and Mrs. Emil Rohmer attend restaurant operators convention in Dallas.

25 YEARS AGO

June 28, 1985

Citizens are reminded that fireworks are not allowed within the city limits. Annual Cub Scout Camp attended by 56. New Arrivals: Anthony to Chuck and Doris Koesler; Katie to Kim and Brenda Nix. Wedding: Linda Fuhrmann and Timothy Schumacher. Brothers David Walter and Chris Walter take two 1st places and one 2nd place at Lake Arlington sailing regatta. Lee Haverkamp observes 80th birthday.

Dear Family, Friends,
and Community,

The passing of Vicky has been difficult; yet not impossible; because of the generosity and kindness we received and continue to receive during this sad time.

We are grateful to all the helping hands who immediately came, cleaned, and comforted us. To all who cooked and brought food, you nourished our body and souls. To all who helped with arranging the services, the shared memories and music were beautiful. To Father Ken, your time, commitment, and spiritual guidance meant more than words can express. To all who sent beautiful floral arrangements, kind cards of condolence, and gave money donations in Vicky's honor, your generosity meant much. To all the Catholic Daughters, the meal was wonderful! Lastly, to all of you who listen, hugged, cried, and continue to support us. God and your presence in our lives will sustain us and help us to keep the faith.

Your company, help, offerings, and prayers are incredibly consoling. We thank you all!

Sincerely,
Chuck, Sally, and Jessica

Muenster Memorial Hospital Rehabilitation Program



Karime Graves

Karime Graves serves as the Therapy office manager. She holds a Bachelor of Exercise Physiology from Texas Woman's University. Her experience includes working in a Wellness Center and Cardiac Rehab.

Our Swing Bed Program provides Skilled Nursing Care and Rehabilitation Therapy that may benefit patients in the following areas:

- Post - Acute IV Therapy
- Post - Surgery Therapy for patients with an orthopedic surgical procedure requiring physical or occupational therapy
- Post - Stroke Therapy
- Pneumonia Recuperation
- Heart Problems

Therapists provide Occupational Therapy, Physical Therapy, and Speech Therapy

Contact Adelia Wilson (940) 759-6162

2-WEEK EVENTS CALENDAR To list your event, call 759-4311 BEFORE NOON WEDNESDAY!

Sunday, July 4, 2010	Monday, July 5, 2010	Tuesday, July 6, 2010	Wednesday, July 7, 2010	Thursday, July 8, 2010	Friday, July 9, 2010	Saturday, July 10, 2010
Saint Jo 4th of July Celebration 		Library open 10am-6:30 pm Muenster Library story/craft hour 10:30 am	Library open 1:30 -5:30 pm Kiwanis mtg. noon, Center	Library open 10 am-6:30 pm Muenster Museum Open 1-4 p.m Chamber Luncheon, noon, Rohmer's	Muenster Museum Open 1-4 p.m AARP Membership Luncheon, 11:30 am, Stanford House	Library open 10:30 am-2:30 pm
----- Swim Lessons -----		----- City Pool -----				
Sunday, July 11, 2010	Monday, July 12, 2010	Tuesday, July 13, 2010	Wednesday, July 14, 2010	Thursday, July 15, 2010	Friday, July 16, 2010	Saturday, July 17, 2010
Muenster Museum open- 1-4 pm	City Council, 7:30pm VFW mtg., 8pm No MMH Aux. mtg. No KMB mtg.	Library open 10am-6:30 pm Muenster Library story/craft hour 10:30 am	Library open 1:30 -5:30 pm SH Alumni & Supporters mtg., 8pm, SNAP room MISD Board mtg., 7:30pm	Library open 10 am-6:30 pm Muenster Museum Open 1-4 p.m	Muenster Museum Open 1-4 p.m	Library open 10:30 am-2:30 pm
----- Swim Lessons -----		----- City Pool -----				

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LIFESTYLE



Chad Martin and Anita Martin of Gainesville announce the engagement and approaching marriage of their daughter Tiffany Martin of Muenster to Patrick Lutkenhaus of Muenster. He is the son of Leo and Peggy Lutkenhaus of Muenster. The couple plans to marry on Saturday, July 17, 2010 at 7 p.m. at the Martin Ranch. The bride-elect is a 2006 graduate of Lindsay High School and is currently attending Midwestern State University pursuing a degree in Nursing. Mr. Lutkenhaus is a 2006 graduate of Muenster High School and is currently employed at Superior Machining. After their marriage, the couple plans to reside in Muenster.

Baptism

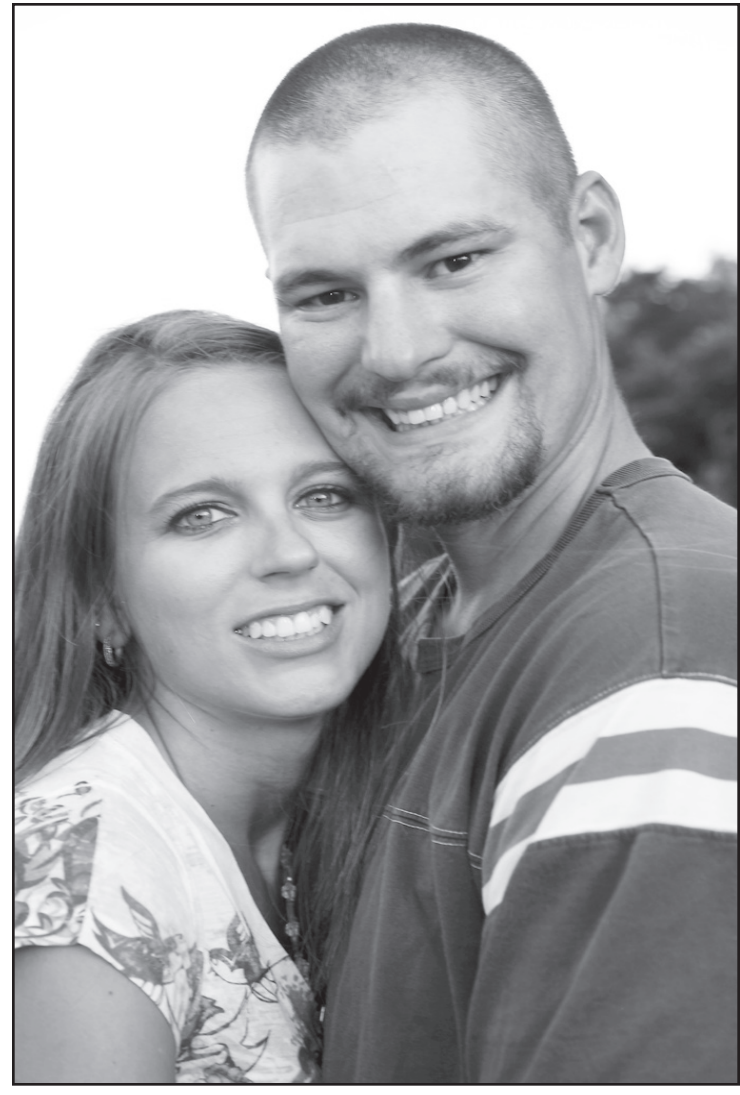
Torockov

Kathryn Laine Torockov, daughter of Emmy and Alex Torockov of Frisco, was baptized on Sunday, June 20 by Deacon Gregory Kahrs at St. Francis of Assisi Catholic Church in Frisco. Kathryn wore the white lace baptismal gown worn by her mother and Godmother when they were baptized as infants. The gown was given to Kathryn by her grandparents. Her Godparents are Tom Schad of Tucson, Arizona, and Angela Schad of South Bend, Indiana. Kathryn was

honored with a party at her home in Frisco following the baptism. Everyone enjoyed a meal made by her parents and special cupcakes made by her mother at the Torockov home. Katie's grandparents are E. J. and Elaine Schad of Valley View, and Sergey Torockov of Toronto, Canada and the late Tatiana Torockov. Great-grandparents are Nancy Krahl of Valley View and Louise Schad of Lindsay.



Kathryn Laine Torockov with parents Alex and Emmy Torockov.



Bill and Monica Laux of Lindsay are pleased to announce the engagement and approaching marriage of their daughter Chelsea Laux of Lindsay to Jeremy Yosten of Muenster. Jeremy is the son of Gene and Linda Yosten of Muenster. The couple plans to marry on Saturday, July 17, 2010 at 2 p.m. in Sacred Heart Catholic Church in Muenster with Fr. Ken Robinson officiating. The bride-to-be is a 2003 Lindsay High School graduate and a 2008 Texas Woman's University graduate. She is employed as a teacher at Lindsay ISD. The future groom graduated from Sacred Heart Catholic High School in 2003. Universal Machining employs him as a machinist. Attendees for the couple will be Kelly Laux, Christine Sandmann, Josh Yosten, and Jeff Yosten. The couple will reside in Muenster after their marriage.

New Arrivals

Rasy

Phil and Jennifer Rasy of Round Rock joyfully announce the birth of their first child, daughter Anna Rose Rasy on Friday, June 4, 2010 at 9:38 a.m. Anna was born in Scott & White Hospital of Round Rock weighing 7 lb. 3 oz. and measuring 18.5 inches in length. Her grandparents are Mike and Jane Otto of Lindsay, and Somdy and Bouavanh Rasy of Baton Rouge, Louisiana.

He joins Ava, age five, and Aaron, age three. Grandparents are Willie and Janet Fisher of Muenster, and Donald and Rhonda Cheshier of Nocona. Great-grandparents are Tony and Sis Klement and Dorothy Fisher, all of Muenster, Gerald and Ann Ogle of Montague, and Gary and Sharon Prater of Bowie.

Cheshier

Cecil and Melissa Cheshier of Plano are pleased to announce the birth of their third child, Andrew Cash Cheshier. Andrew was born at Centennial Medical Center in Frisco on Wednesday, June 9, 2010 at 7:47 a.m. weighing 7 lb. 10 oz. and measuring 20 inches long.



Andrew Cheshier

Family Fun & Fireworks in Saint Jo

The City of Saint Jo, the Saint Jo Chamber of Commerce, and the Saint Jo Volunteer Fire Department are sponsoring a celebration on Sunday, July 4. This year, the celebration is off to an early start with the Firecracker Fun Run beginning at 8 a.m. on the City square. At 9 a.m., the Saint Jo Youth League is sponsoring a 20 team Volleyball Tournament, as well as a Horseshoe Tournament, at Boggess Park. For more information or to sign up your team, call 940-995-2581.

The fireworks display will be in Boggess City Park beginning at full dark (around 9 p.m.). Come early and enjoy the fun and make it a day-long celebration.

There will be a Patriotic Children's Parade starting at 7 p.m. at the Saint Jo City square and marching

up Howell Street to the FNB pavilion in Boggess Park. All children under the age of 13 are welcome and no registration is required, just show up on the City square by 6:30 p.m. Prizes will be awarded for the best patriotic costume. Bicycles and small wagons are allowed and there will even be a stroller section. NO MOTORIZED VEHICLES OR PETS. If you have questions, call Marty or Brad Bugg at 995-7049 or 940-727-1454. The games for children will be held at Boggess Park after the parade.

The "I Scream" contest will sound the start of the Ninth Annual Chamber of Commerce July 4 Freeze-Off. The contest will be held in front of the pavilion at 8 p.m. before the tasting begins. Children Pre-Kindergarten-Kindergarten, Grades 1-3, and

Grades 4-6 may enter. Just listen for the announcement and come scream your head off.

Teams of two to four people are invited to prepare homemade ice cream. The three prize winners selected by popular vote after the tasting, will be announced at 9. The Freeze-Off grand prize of \$200, 2nd place award of \$100, 3rd place award of \$75, and an award of \$50 for the best decorated ice cream booth will be awarded to the non-profit youth group of the winning teams' choice. Interested teams should register by calling Randie and Geren Burton, 995-2964.

Stateline Country will perform starting at 6 p.m. The Community Choir will be performing just before the fireworks show.

The Chamber will continue its tradition of free watermelon all evening. Beginning at 6 p.m., hot dogs, hamburgers, chips, and other refreshments will be available for purchase at the concession stand. So be sure to bring your lawn chair to the park for a day of food, fun, games, music, and fireworks.

The Saint Jo community has an excellent history of providing financial support for the annual Fourth of July fireworks celebration, and they are asking for your help again this year. Businesses have donation buckets displayed or donations can be mailed or delivered to: Fireworks account, c/o First State Bank, P.O. Box B, Saint Jo, TX 76265. All collected deposited funds are used to buy fireworks.

VFW Ladies Auxiliary hears Memorial Day reports

The Ladies Auxiliary VFW Post #6205 held their regular meeting June 21 in the Post Home with President Frances Bayer presiding. Opening ritual was given by Conductress Linda Knabe, Chaplain Mary Lee Hennigan, and Patriotic Instructor Hilda Sicking pro tem. Ida Mae Bindel, secretary, read roll call and minutes of the previous meeting. Agnes Hesse gave the treasurer's report for Lucille Hesse.

Linda Knabe reported on the Memorial Day services at the cemetery. She expressed appreciation for the good attendance that morning. Frances Bayer commended those who helped set up tables and decorate for the steak dinner on the evening of Memorial Day. The meal was prepared by the VFW members.

Sandra Hennigan reported on the Buddy Poppy donations which help veterans' families.

The State Convention to be held at the end of June was discussed. Members signed birthday cards to be sent to

several 90-year young people.

Mary Lee Hennigan served refreshments to 11 members.

The next meeting is planned for July 19 in the Post Home at 7:30 p.m.

Second Saturday Nature Program

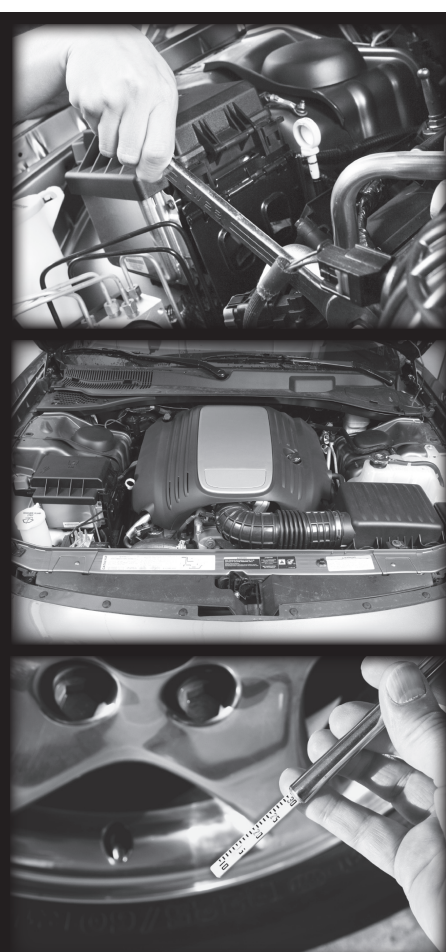
The public is invited to learn about North Texas trees at the Second Saturday Nature Program on Saturday, July 10. Courtney Blevins with the Texas Forest Service, 2009 Arborist of the Year, will present the program at 10 a.m. at Hagerman NWR, 6465 Refuge Road in Sherman. The program is free. For more information, call 903-786-2826 or go to www.friendsofhagerman.com

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JUST A SHORT DRIVE AWAY

INDEPENDENCE DAY
SUNDAY JULY 4

LIFESTYLE

NTMC acquires Dr. Anwar practice



Randy Bacus, left, NTMC Interim CEO presents a plaque of appreciation to Dr. Anwar.

Effective July 1, North Texas Medical Center in Gainesville acquired the practice of Gainesville cardiologist Khawaja Anwar, M.D. The practice will operate "business as usual" in the same location and with the same employees. Manisha Shah, M.D., Internal Medicine/Cardiology, will provide physician services.

"Obviously, we are saddened at Doctor Anwar's decision to leave Gainesville, but we are excited about

the opportunity to meet the needs of his patients," said Randy Bacus, Interim CEO for North Texas Medical Center. "It is important to be able to provide this type of specialized care to our community."

Doctor Anwar is leaving the community for a practice opportunity in Uvalde. "I am glad that the hospital is taking over my practice and providing my patients with continuing care," Anwar stated during a reception

held in his honor at the hospital Monday. "I think Doctor Shah will do a good job."

According to Bacus, there will be no immediate changes in office policy, hours, or other operating procedures, as the practice is assessed and recommendations for operational changes are reviewed. "We want the patients to be comfortable in the fact that their care will continue with minimal interruption."

The office will close the remainder of this week through Monday to allow for staff transition and the holiday weekend. The office will be open, taking appointments, on Tuesday, July 6, and Doctor Shah will assume her role Wednesday, July 7.

Doctor Shah has extensive experience through her affiliation with UT Southwestern Medical Center and the VA Medical Center in Dallas. She served as Medical Director of the VA's Cardiac Rehabilitation Center and Cardiology Fellows Clinic and was an assistant professor at UT Southwestern.

She received her Bachelor of Science degree in Biochemistry with University Honors from Texas A&M; her Doctor of Medicine from UT Southwestern Medical School; and is currently working on her

Masters of Public Health from the UT Houston School of Public Health, Dallas Campus. She did her residency in Internal Medicine and a Cardiology Fellowship at UT Southwestern. She possesses an impressive list of publications, presentations, lectures, and continuing education.

"We feel that we have made a good decision in keeping this practice viable and we hope current and prospective patients will utilize this resource," Bacus noted.

Four from County honored



Cooke County Republican Women (CCRW) honored four members at the biennial "Tribute to Women" in Dallas on June 11, prior to the opening of the Republican Party of Texas State Convention. CCRW nominated for recognition, from left - Nenia Kahl, Dianne Helms, Susan Hughes, and Janice Warder. Courtesy photo

New for June at Muenster Library

Fiction/Non-Fiction
Girl Who Kicked the Hornet's Nest by Stieg Larsson; *Girl Who Played with Fire* by Stieg Larsson; *Matterhorn* by Karl Marlantes; *Storm Prey* by John Sandford; *61 Hours* by Lee Child; *Family Ties* by Danielle Steel; *Frankenstein: Lost Souls* by Dean Koontz; *Spy* by Clive Cussler; *Overton Window* by Glenn Beck; *Blockade Billy* by Stephen King; *Savor the Moment* by Nora Roberts; *Bringing Up Girls* by Dr. James Dobson; *Master Your Metabolism Cookbook* by

Jillian Michaels; *War* by Sebastian Junger; *Christianity: the First 3000 Years* by Diarmaid Maculloch; *Venus on Fire, Mars on Ice* by John Gray.

Junior Fiction/Non-Fiction
Kings of Clonmel by John Flanagan; *Mysterious Benedict Society* by Trenton Lee Stewart; *Red Pyramid* by Rick Riordan; *Theodore Boone, Kid Lawyer* by John Grisham; *Lego Star Wars* by Simon Beechcroft; *Short 2nd Life of Bree Tanner* by Stephenie Meyer; *Crispin: the End of Time* by Avi; *Sports Camp* by Rich Wallace; *Poison Eaters* by Holly Black; *Toads and Diamonds* by Heather Tomlinson; *En-*

chanted Glass by Diana Wynne Jones.
Easy/Easy Non-Fiction
Bedtime for Mommy by Amy Krouse Rosenthal; *Marley and the Kittens* by John Grogan; *I Can Be Anything* by Jerry Spinelli; *Ladybug Girl* by David Soman; *Very Fairy Princess* by Julie Andrews; *Village Garage* by G. Brian Karas; *Balloon for Isabel* by Deborah Underwood; *How to Clean a Hippopotamus* by Steve Jenkins.

CD Books
Call for the Dead by John Le Carre; *Christy* by Catherine Marshall; *Debt-Free Living* by Larry Burkett; *Unfinished Gift* by Dan Walsh; *61 Hours* by Lee Child.

Klement honored with musical tribute



Eleonore Klement was surprised by a special serenade in honor of her 90th birthday. Musicians were Zac Moritz on accordion and John Nystrom on guitar. Valerie Nystrom provided vocal support. Courtesy photo

NCTC announces new assistance program to help non-graduates

North Central Texas College announced a new "dropout recovery" program to help non-graduates earn a GED and begin the process of obtaining employable skills.

The academy, funded by a Texas Education Agency grant, will be offered at NCTC's Corinth and Gainesville campuses, as well as at both Bowie and Aubrey high schools. Starting date at all locations is Aug. 24.

According to Djuna Forrester, NCTC dean of lifelong learning, the GED Academy is open to persons age 18-25 who either dropped out of a Texas public high school or were signed out to be home-schooled but never completed studies.

"And best of all, it's free to qualified participants," Forrester said.

To begin the application process, interested persons should contact the NCTC Lifelong Learning Division office at 940-668-4272.

Forrester said GED Academy participants also will receive a variety of support services, including GED preparation courses and tutoring, to assist them in reaching their educational and career goals.

Also included is a special course designed to help Academy participants build reading, writing, organizational, and study skills so they will be better prepared for college-level courses.

"Once they've successfully passed the GED exam, participants can earn scholarships covering tuition and fee costs for enrolling in college credit courses or one of five special occupational skill set course tracks," Forrester said.

The skill set course tracks to choose from include combination welding, accounting/bookkeeping, HVAC technician, certified nurse aide, and pharmacy technician.

Training classes will meet Tuesday and Thursday evenings from 6 to 9 p.m., with an online component included. Forrester stressed that the learning environment will be non-traditional in nature, with as much hands-on, real-life application of the skills being learned into all the courses as possible."

For information, contact Djuna Forrester at 940-668-4272 or by email: dforrester@nctc.edu.



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SCHOOL

Student internships available with MHMRST

Many college degrees require students to complete an internship program. Internships are available through social services agencies such as Mental Health Mental Retardation Services of Texoma (MHMRST). At MHMRST interns are accepted in these undergraduate or graduate degree fields: social work, psychology, sociology, early childhood, physical therapy, occupational therapy, speech therapy, substance abuse counseling, and licensed professional counseling. Students who are interested in internships in any of these areas may call 903-957-4865 for more information on how to proceed.

The most recent intern, Christina Hite, just completed her internship as a substance abuse counselor. Hite worked in the Mobile Crisis Outreach Team (MCOT). Several years ago, Hite had been in college pursuing a career in nursing. But due to some unfavorable circumstances, a family tragedy, and bad decisions, she left school. Now over 10 years later, she is pursuing a career in substance abuse counseling through Grayson County College.

"Since I have been involved with MHMRST, I find mental health a most fascinating field—a real eye opening experience. The way the human mind works and

how it can turn on itself is intriguing. Persons who suffer with schizophrenia are the most interesting to me. After working in my internship for 300 hours with the crisis team, I am now thinking about continuing my education and getting a Bachelor's degree in Psychology. A psychology degree could open many possibilities for my future. This internship has been a valuable experience," says Hite.

"I did not know about MHMRST until my college instructor suggested I inquire about an internship. MHMRST and MCOT are great resources in the community. I think MHMRST and MCOT help people the most by giving them a sense of security and assuring the client that there are people available, and he/she does not have to go through the problems alone," continued Hite.

"The MCOT is available to anyone who is in crisis. They try to see the person within one hour of the initial crisis phone call. Many times the person is in a local emergency room and the hospital calls the crisis line. Some who need the services can be dealt with on the telephone, but the team is available to see the person, if needed, and the environment is safe. Many of the people who need help have mental health issues and are self-medicating

with illegal substances," ended Hite.

A toll free crisis hotline is available 24 hours a day, seven days a week, 365 days a year. Crisis calls are answered by trained staff with Certification by the American Academy of Suicidology. The toll free number is 877-277-2226.

MHMRST has developed a plan to respond to individuals experiencing a mental health crisis in Cooke, Fannin, and Grayson counties. Services provided are: crisis screening, assessments, intervention, and relapse prevention services. Persons using these services do not have to be enrolled in MHMRST services; the services are for anyone experiencing a mental health crisis. The goals of the crisis response system are:

- Prompt assessment and evaluation of crises in an environment where they originate, or at alternate locations when deemed necessary for the safety of individuals and staff;
- Resolution of crises as quickly as possible;
- Stabilization of the person experiencing a crisis in the least restrictive environment possible

• Linkage of the person experiencing a crisis to appropriate services as needed:

- Reduction, where possible, of in-patient and criminal justice system interventions
- Engagement of support from family members and other relevant parties around the individual in crisis, taking into consideration legal requirements for maintaining confidentiality.

All crisis assessments are performed using the crisis elements of the Texas Recommended Assessment Guidelines for both adults and children or by use of another Department of State Human Services approved screening tool. Assessments include:

- Presence of risk or harm to self or others
- Presence of absence of cognitive signs suggesting delirium
- Presence of psychosis
- Presence of need for an immediate medical screening/assessment.

The MCOT will provide to individuals and families educational information on effective support relevant to the person's behavioral health disorder.



Recipients of the Patrick R. Harris Memorial Scholarships for the 2010 fall semester are: (clockwise) Leaha Smith, Kristin LeBrasseur, Camille Hale, and Josh Hale.

2010 Patrick R. Harris Memorial Scholarship recipients announced

Recipients of the Patrick R. Harris Memorial Scholarships for the 2010 fall semester are Leaha Smith, Kristin LeBrasseur, Camille Hale, and Josh Hale.

Leaha loves helping people and feels that a career as an occupational therapist would be fulfilling for her. The daughter of Tim and Denise Smith, she is a graduate of Muenster High School. She plans to attend Texas Tech to earn a degree in Occupational Therapy.

Kristin is a graduate of Sacred Heart High School. Her parents are Jon and Monica LeBrasseur. Kristin has enrolled in Southern Methodist University where she will

pursue a degree in Biology in preparation for further studies in the medical field.

Camille graduated from Lindsay High School. Her passion is writing. She will start her college education at North Texas Central College with plans to later enter the Creative Writing program at the University of North Texas. Her parents are Joel and Leigh Hale.

Josh, the son of Ronny and Patty Hale, is a graduate of Saint Jo High School. Josh plans to become a pharmacist. He will start his studies at Midwestern State University and then hopes to attend pharmacy school at Texas Tech.

Jordan Hess graduates from Richland High

Jordan Lee Hess was among 487 graduates of Richland High School honored during commencement exercises held at the Fort Worth Convention Center. The graduation took place May 30 at 7:30 p.m.

A graduation party honoring Jordan was held the day before. A barbecue dinner was served, along with a decorated cake, topped with a graduation cap and diploma and the inscription "Congratulations Jordan. Reach for the sky." Guests included Jordan's friends and family.

Jordan is the son of Darrell and Lisa Hess of North Richland Hills, and the grandson of Cathy Hess of Lewisville and the late Dale Hess, and Rachel Hennigan of Muenster and the late Arthur Hennigan.

Jordan plans to attend Tarrant County College in the Fall.



Jordan Hess



Five quick tips to increase your gas mileage on your road trip.

Regular engine tune-ups: Have your mechanic do a regular checkup two weeks before your trip. Annual, biannual, and mileage-based preventative maintenance is intended to give technicians the chance to uncover any problems in the early stages.

Monitor tire inflation and mileage: Regularly monitor your tire's air pressure. It's like pedaling your bike with a flat tire – you have to work harder and so does your car. Keeping your tires inflated to the proper pressure can increase your gas mileage up to three percent. Look on the driver's side door jamb or in your owner's manual for your vehicle's recommended tire pressure.

Save the limbo for the beach: Don't get below one-eighth of a tank of gas. Your fuel pump is located there and the bottom of the gas tank collects sediment from gasoline. When you run your car on low fuel, the pump can pick up the sediment and become damaged from it, which results in low fuel-efficiency.

Slow down: Speeding and rapid acceleration/deceleration can decrease your gas mileage – it's bad for your transmission too. Avoid driving while you're on the phone, not only is it unsafe, but it takes your attention away from how you are accelerating and decelerating.

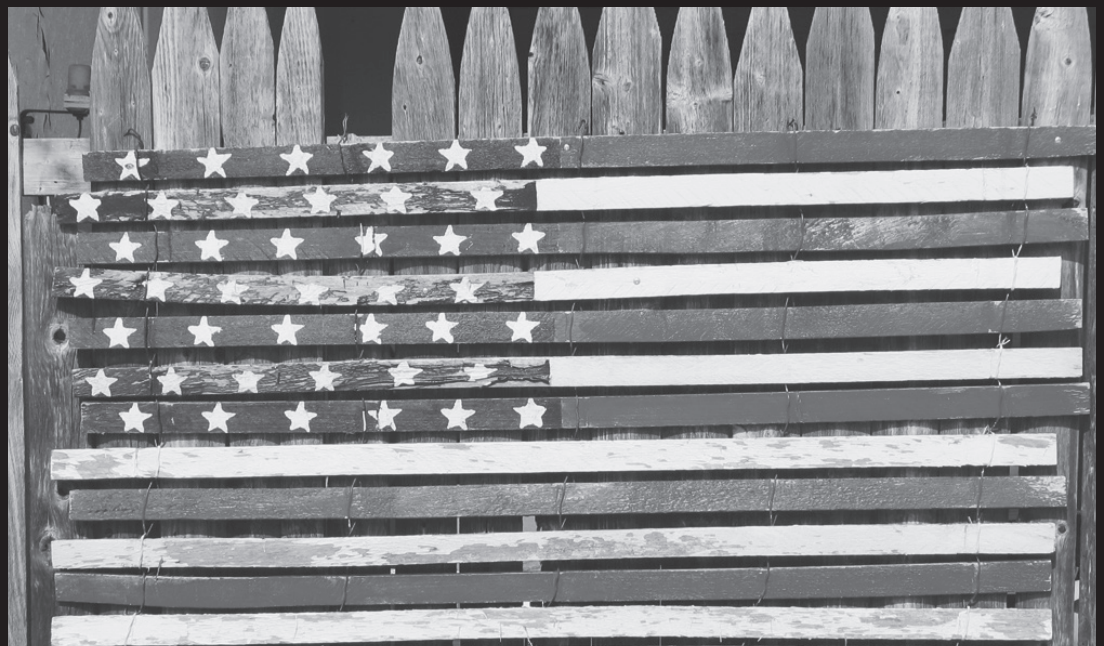
Sleep all day, drive all night: Consider driving to your destination during non-peak hours. Nearly half the energy needed to power your vehicle goes in acceleration. Unnecessary braking wastes that energy.

Even nutritionally 'mediocre' vegetables are important

Zucchini may not be a nutritional powerhouse, but that doesn't mean it shouldn't find its way onto your plate from time to time.

Lona Sandon, assistant professor of clinical nutrition at UT Southwestern Medical Center, said that while many popular summer vegetables such as summer squash, zucchini, and cucumbers seem nutritionally insignificant, they're actually quite important.

"These vegetables may not be packed with a lot of the major nutrients touted on charts and labels, but they're good sources of other nutrients, including zinc, potassium, and folic acid," she said. "They're also high in water and fiber and are low-fat, meaning they can help you lose weight."



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SPORTS

Campbell's magazine makes picks for upcoming season

The 2010 *Dave Campbell's Texas Football Magazine* hit the stores this month, naming their pick of football leaders in Texas high schools for the upcoming season.

The Sacred Heart Tigers of Division IV, District I are ranked 3rd behind Colleyville Covenant and Lubbock Christian. Fort Worth Lake Country and Amarillo Arbor Christian fill out the district.

Coach Dale Schilling returns seven offensive and six defensive starters from the Tigers' 2009, 10-4, Semi-Finalist team.

Player to watch will be quarterback Matt Hesse, "the leader on both sides of the ball... who rushed and passed for more than 1000 yards... Defensively he had 130 tackles, his second straight year to lead the team."

Top juniors named were Bob Bartush and Josh Biffle, with Clay Hogan named top sophomore.

Other prospects are Mark Bartush, Michael Davis, and Chad Walterscheid.

The Arbor Lions return from a Quarter-Final season, Covenant Cougars Semi-Finalist, and Lake Country Eagles and the Eagles from Lubbock, the Bi-District Finalists.

Muenster was placed in District 5-1A, Division I. Valley View and Chico join the district, both dropping down from 2A, along with Collinsville, Lindsay, and Petrolia.

Collinsville is picked as the district leader for the upcoming season, returning "nearly everyone from a team that went three rounds

deep in the playoffs." The Pirates will be led by quarterback Cory Ragsdale (730 yards rushing, 1,390 passing in 2009).

The Eagles of Valley View were named 2nd under "rookie coach" Kurtis Kloiber. Quarterback Scott Willis and back A.J. Kassen "should be an exciting combo."

The Lindsay Knights are Campbell's choice for 3rd place. Coach Cody Bounds lost Frankie Cornett, Ryan Haverkamp, Dax Fleitman, Greg Luttmmer, Austin Reiter, Ross Jones, and Josh Mueller.

"The Knights improved by four wins, but Coach Bounds knows it will be tougher." Robert Arend "is a burner who averaged 10.3 yards per carry"... Jordan Lane "is a deep threat."

The Muenster Hornets' losses included Jeremy Lutkenhaus, Levi Trubenbach, and Eric Hellman from a Regional Semi-Final year.

Players to watch named were Jason Luke, Dillon Bayer, and Garrett Walterscheid. "Luke (70-1106, 16 TDs) and Walterscheid (29-290, 3 TDs) return to give QB Anderle two solid weapons, and Hammer is a good option when the Hornets grind it out."

Top juniors listed are Tyler Anderle and Dalton Koelzer, with Andy Flusche as top sophomore. Other prospects are Scott Porter, Chase Hammer, and Luke Crabtree. "Porter (86 interceptions), Koelzer (86 tackles), Hammer (71 tackles), and Bayer (114 tackles) are back for a stingy defense."

The Petrolia Pirates will be led by Bryce Tucker "who does it all." Defensively, Jared Smith (90 tackles) and L.B. Sullivan (100 tackles) "combined for 18 stops behind the line."

The Chico Dragons join the district after a winless 2A season. "A drop in classification should help the Dragons, as will the return of Alex Delgado, the team's emotional leader."

The district lost the Era Hornets, who were placed in 11-1A, Div. II, along with small schools Cumby, Detroit, Gateway, and Savoy. "Expect the Hornets to be mad... after missing out on the playoffs the last two seasons."

Also locally, the 6-man Saint Jo Panthers and Forestburg Longhorns again are split into two different divisions in District 11-6M.

In Division I, the Panthers are listed as the team to beat, followed by Gold-Burg, Irving Universal, and Bloomburg. After a 2-0 District Championship last season, the Panthers "will again look to rise behind Luke Chaffin, who threw 1,538 yards and 20 TDs last fall."

Forestburg is also the District leader, coming off a 2-1 district season. The Longhorns "hope to build around Braydon Weaver, who was a 2nd Team All-Region performer as a sophomore." Forestburg's competition includes Bryson, Harrold, and Byers.

Argyle, Pilot Point, and Aubrey lead District 9-3A, rounded out by Sanger, Gainesville, and Whitesboro.

Muenster Kraut over Lindsay



In the 5th Annual Knights of Columbus Kraut Game, the Muenster KCs defeated the Lindsay KCs 13-12 on Saturday, June 26 in Lindsay. It is the first time the visiting team won, putting Muenster in a 3-2 lead in the series. Each Council donated \$500 to the winner's charity of choice. Muenster made the donation to Sacred Heart Parish. Muenster KC team members were, from left, front - Jeff Mass, Wes Wimmer, Billy Hogan, Curtis Pagel, Andy Davis, Tyler Pagel, Craig Hartman; back - Jordan Walterscheid, Matt Grewing, Lonnie Henscheid, Ben Bindel, Mitch Creed, Brandon Bindel, Stephen Hofbauer, Mike Gehrig, Craig Stoffels, and Andrew Stoffels.

Courtesy photo

2010 Hornet Basketball Camp

The 2010 Muenster Hornet Basketball Camp was held in the Muenster gym June 7 through 11. Participants learned new skills under the training of Coach Courtney Christenson and Coach Jason Atcheson. Also assisting were Coach Amy Binder, Laura Heers, and Eric Hellman.

During the camp, competition was held, and the winners are as follows:

4TH - 6TH GRADES

Most Valuable Player: Bailey Klement, Brennan Binder.

Hustle Award: Katie Bell, Carson Trubenbach.

First Team: Morgan Eldridge, Amy Luttmmer, Haiden Shook, Stetson McGrew, Brandon Sicking.

Second Team: Macie Pagel, Sterling Walterscheid, Alaina Kubis, Parker McGrew, Kody Walterscheid.

Most Improved: Sadie Sandmann, Hayden Otto.

Dribble Tag: Bailey Klement, Brennan Binder.

Hot Shot Champ: Brennan Binder, Bailey Klement.

Lay Up Competition: Brennan Binder, Bailey Klement.

Knock Out: Bailey Klement, Brennan Binder.

Money Basket Team Champs: Brennan Binder, Kody Walterscheid, Sidney Carnes, Alyssa Barnes.

Camper of the Day: Monday - Erin Schniederjan, Hayden Otto; Tuesday - Haley Sicking, Brandon Sicking; Wednesday - Amy Luttmmer, Jack Broyles; Thursday - Rylee Cain, Travis Dangelmayr.

Ball Handling: Lexie Blassingame.

Defense: Natalie Dangelmayr, Caden Christenson.

Free Throw Champion: Bailey Klement, Brennan Binder.

7TH - 9TH GRADES

Most Valuable Player: Hannah Bayer, Cole Walterscheid.

Hustle Award: Kendi Bayer, Trey Anderle.

Most Improved: Lexie Broyles, Justin Ashly.

First Team: Kristen Reiter, Kassie Dangelmayr, Clint Sidwell, Mason Binder, Chance Herr.

Second Team: Claire Schneider, Cassie Horsman, Abby Pagel, Dalton Blassingame, Jared Endres.

Dribble Tag: Abby Fleming, Mason Binder.

Knock Out: Natalie Fangman, Mason Binder.

Camper of the Day: Monday - Lora Walterscheid, Zach Trubenbach; Tuesday - Nicole Rains, Jared Endres; Wednesday - Alaina Reiter, Devon Hacker; Thursday - Rachel Hare, Trace Klement.

Money Basket Team Champs: (Tie) Team 4, Natalie Fangman, Zach Trubenbach, Abby Pagel, Austin Creswell; Team 6, Trey Anderle, Claire Schneider, Justin Ashly.

Ball Handling: Chance Herr, Katie Pagel.

Defense: Grant Simpson, Tressa Jones.

Free Throw Champion: Chance Herr, Hannah Bayer.

Lay Up Competition: Cassie Horsman, Mason Binder.

Hot Shot: Cole Walterscheid, Brianna Rohmer.

The younger participants received a glow-in-the-dark ball and a T-shirt. They were: Ethan Sicking, Matthew Klement, AJ Christopher, Gavin Pagel, Landri Richardson, Trent Anderle, Colt Barting, Jada Binder, Alex Broyles, Audrey Carnes, Jonathan Grime, Bryce Hacker, Chloe Hacker, Makayla Hacker, Paden Jarosz, Katherine Klement, Audrey Kubis, Martie McCoy, Bayley Otto, Jaxon Truebenbach, Wade Trubenbach, Savannah Bohl, Steven Dangelmayr, Major Eldridge, Roger Looye, and Connor Thompson.



Run, run, run to first base - Above - Kaci Ford takes off from home plate; below right - Emma Bayer watches her hit as she heads to first base; below left - softball player Catherine Fleitman hits in run #5. Janie Hartman photos



Abby Luttmmer at bat for the Muenster softball Yellow Team. Janie Hartman photo

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TPWD urges boater safety this Holiday weekend

This July 4 weekend, friends and family will haul their boats into the water and celebrate, but someone else might crash the party – Alex. Hurricane Alex is expected to make landfall on Thursday in northern Mexico or South Texas and bring with it rain that could lead to inland flooding during the weekend. With that in mind, in addition to the usual safety tips outlined below, it is important to watch the weather reports and plan holiday get-togethers on the boat accordingly.

Jeff Parrish, TPWD assistant chief boating law administrator, said that while lakes surrounded by urban development are usually unaffected by inclement weather along the coast, anyone who plans to celebrate near the Texas coast this weekend should monitor the forecast and prepare for the weather.

“Just like pilots develop a flight plan, you should develop a float plan,” Parrish said. “Let people know where you’re going and how long you plan to be out so if you don’t come back by a certain time, they know to start looking for you.”

In addition to monitoring the forecast, boaters are urged to take the usual precautions when spending time on the water this July 4 weekend, including wearing a personal flotation device and not operating a boat while drinking alcohol.

Boat operators must have at least one lifejacket per passenger on board, and children younger than 13 are required to wear lifejackets while on the water. TPWD reports that 90% of boating fatality victims who are recovered had not been wearing lifejackets and that wearing a lifejacket increases your chances tenfold of surviving in the water.

In 2009, TPWD reported 211 boating accidents and 35 boating-related fatalities as well as 219 incidents of BWI (boating while intoxicated). So far this year, 72 boating accidents and 15 boating-related fatalities have been reported as well as 75 incidents of BWI.

Parrish said alcohol consumption is a leading contributor to boating accidents and that not only boating operators but also passengers, skiers, tubers, and swimmers should drink responsibly. Someone in the group should also be selected as a designated boat operator.

“Falling or jumping overboard while vessels are underway or at anchor is a common occurrence in recreational boating,” Parrish said. “Consuming alcohol coupled with not wearing a lifejacket is a recipe for disaster.”

Parrish said in the event of an accident on the water, boaters should call 911 for help.

Additionally, anyone younger than 18 who was born after Aug. 31, 1984, is required by law to pass a boater education course before being allowed to operate a boat. Along with photo identification, boaters who are required to take the course must also carry their completion certificate on board their vessel.

People who are exempt from the boater education course

include anyone 18 and older, minors who are accompanied by an adult who is exempt from the course, and anyone who holds a master’s, mate’s, or operator’s license issued by the U.S. Coast Guard. Nonetheless, TPWD research indicates that those who have taken the course are far less likely to be in a boating accident.

The boater education course costs about \$13 and is about six hours long. Boaters can take the course in person or through online and at-home formats.

For boating safety tips or more information on the boater education course, visit the TPWD Boating Safety Web Page or call 800-792-1112, option 2.

Boaters are also asked to avoid unintentionally transporting invasive species, such as aquatic plants like giant salvinia or organisms like zebra mussels that can “hitch a ride” on boats or trailers moved from lake to lake. See the texasinvasives.org Web site for tips to identify, report, and avoid transporting invasive plants and animals.

Texas Game Warden reports

Young woman gets another chance at life: Around 11 p.m. on Feb. 21, Travis County Game Warden Braxton Harris was patrolling Austin’s Lady Bird Johnson Lake checking a few bank fishermen and late-night kayakers. Beneath the I-35 bridge the warden drove by the one car parked in the area and noticed a hose go-

ing from the exhaust pipe into the rear window. After turning the car off and finding its female occupant still breathing, he opened all the car doors and then called for an ambulance. The 25-year-old woman was expected to make a full recovery.

Nice bucks! Too bad they were taken illegally. Travis County Game Warden Brax-

ton Harris received a call at 4 a.m. Feb. 24 from dispatch to contact an Austin Police Department officer who was detaining two men who had just shot two deer. When the warden arrived, he found the two deer had been shot with a 12-gauge from the roadway. One buck scored 126 2/8 Boon and Crockett points and the other 109 1/8.

The deer meat was donated for use by the homeless and the men taken to jail. Cases pending.

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PUBLIC NOTICE

I, Khawaja N. Anwar, M.D., F.A.C.C. announce the closure of my cardiology and internal medicine practice in Gainesville, Texas effective June 30, 2010.

I would like to take this opportunity to thank all my patients over the last 27 years who trusted me with the most precious thing in life, their health. It was a pleasure and great honor to be your physician and I loved it.

I pray for God’s blessing upon all my patients and their families and citizens of Cooke County at large.


My practice is being acquired by North Texas Medical Center and I expect a seamless transition to a new physician in the next few days.
Goodbye and so long,
Khawaja N. Anwar, M.D., F.A.C.C.



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 Your cards, visits, phone calls, words of encouragement,
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NOTICE TO CREDITORS
 Notice is hereby given that original Letters Testamentary
 for the Estate of Mildred E. Hodge, aka Mildred Embry
 Precise Hodge, Deceased, were issued on June 29,
 2010, in Cause No. PR16651, pending in the County
 Court at Law of Cooke County, Texas, to: Mary Kay
 Precise Stein.
 All persons having claims against this Estate which is
 currently being administered are required to present
 them to the undersigned within the time and in the
 manner prescribed by law.
 c/o: Brad Wiewel, Attorney at Law, 1601 Rio
 Grande St., Ste. 550, Austin, TX 78701
 DATED the 29th day of June, 2010.
 /s/ Candice Bocock, Attorney
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FARM & RANCH

Heat stress can reduce pregnancy rates

USDA announces proposed rule to increase fairness in the marketing of livestock & poultry

Agriculture Secretary Tom Vilsack announced that on June 22, USDA's Grain Inspection, Packers and Stockyards Administration (GIPSA) published a proposed rule, as required by the 2008 farm bill and through existing authority under the Packers and Stockyards Act, that would provide significant new protections for producers against unfair, fraudulent, or retaliatory practices.

"Concerns about a lack of fairness and commonsense treatment for livestock and poultry producers have gone unaddressed far too long," said Vilsack. "This proposed rule will help ensure a level playing field for producers by providing additional protections against unfair practices and addressing new market conditions not covered by existing rules."

The proposed rules address concerns that have been discussed for many years and were developed at the direction of the 2008 Farm Bill, which requires USDA to carry out specific rulemaking to improve fairness in the marketing of livestock and poultry.

During farm bill discussions in 2007, more than 200 organizations across the country urged Congress to include a livestock title to improve market fairness and competition for produc-

ers. Additionally, USDA identified other areas where new rule making is needed to ensure the marketplace is fair and competitive for producers.

In the cattle industry, there were more than 1.6 million farms in 1980, but only roughly 950,000 today. In the hog industry, producers received 50% of the retail value of a hog in 1980, but only 24.5% in 2009. For cattle, producers received 62% of the retail value of a steer in 1980, but only 42.5% in 2009.

In the poultry industry, a grower makes 34 cents per bird, while the processing company makes \$3.23 a bird, on average.

The proposed rule would provide the following protections:

- Provide further definition to practices that are unfair, unjustly discriminatory, or deceptive, including outlining actions that are retaliatory in nature, efforts that would limit a producer's legal rights, or representations that would be fraudulent or misleading. Additionally, the proposed rule reiterates USDA's position that a producer need not overcome unnecessary obstacles and have to always prove a harm to competition when they have suffered a violation under the act;
- Define undue or unrea-

sonable preferences or advantages;

- Establish new protections for producers required to provide expensive capital upgrades to their growing facilities, including protections to ensure producers have the opportunity to recoup 80% of the cost of a required capital investment;
- Prohibit packers from purchasing, acquiring, or receiving livestock from other packers, and communicate prices to competitors;
- Enable a fair and equitable process for producers who choose to use arbitration to remedy a dispute. Additionally, clear and conspicuous print in the contract will be required to ensure producers are provided the option to decline the use of arbitration to settle a dispute.
- Require that companies paying growers under a tournament system provide the same base pay to growers who raise the same type and kind of poultry, including ensuring that the growers' pay cannot go below the base pay amount;
- Provide poultry growers with a written notice of a company's intent to suspend the delivery of birds under a poultry growing arrangement at least 90 days prior to the date it intends to suspend the delivery;
- Improve market transparency by making sample contracts (except for trade secrets or other confidential information) be made available on GIPSA's website for producers;
- Outline protections so that producers can remedy a breach of contract;
- Improve competition in markets by limiting exclusive arrangements between packers and dealers.

The proposed rule was published in the June 22, Federal Register. GIPSA will consider comments received by Aug. 23, 2010.

Comments may be sent via email to comments.gipsa@usda.gov or sent by mail to Tess Butler, GIPSA, USDA, 1400 Independence Avenue, SW, Room 1643-S, Washington, D.C. 20250-3604.

Copies of the proposed rule and additional information can be found at: <http://www.gipsa.usda.gov> by clicking on Federal Register.

The effects of heat stress on reproductive performance of beef cows has been discussed by many animal scientists in a variety of ways. After reviewing the scientific literature available up to 1979, one scientist wrote that the most serious seasonal variation in reproductive performance was associated with high ambient temperatures and humidity. He further pointed out that pregnancy rates and subsequent calving rates were reduced from 10% to 25% in cows bred in July through September.

Typical Oklahoma and North Texas summer weather can fit the description of potential heat stress, where many days in a row can exceed 95 degrees and night time lows are often close to 80 degrees. Many hours of the day can be quite hot and cause the slightest rise in body temperature of cattle. Research conducted several

years ago at OSU, illustrated the possible impact of heat stress of beef cows on their reproductive capability. They found that heat stress affected the weights of the conceptus (embryo, fluids, and membranes) and the increased body temperature may have formed an unfavorable environment for embryo survival. The percentage of pregnancies maintained throughout the week of severe heat stress was considerably reduced.

Make certain that cows are allowed access to shade and adequate air movement, at breeding, and immediately following breeding. Of course, adequate cool water is important anytime during the summer months. Avoid forcing cows to stand in treeless, dry lot situations where relief from the heat is impossible.

Fungal diseases are caused by over watering and over fertilization. If you have a lawn fungus, fungicides keep the disease from spreading but do not restore the infected area. To stop or prevent lawn diseases, increase the length of time between your water cycle (every 5 to 7 days) and do not apply fertilizer again until the fall.

Run a soil test. The problem may be too much phosphorus in the soil which ties up iron and zinc, and creates a yellow look to the entire lawn not just in small areas as with a disease.

Aerate if your soil is hard and compacted. Add a half-inch of compost in the spring and fall if diseases have plagued your lawn in the past.

If treating with fungicide, treat the area when the disease is active and spreading. Fungal spores and diseases spread by running water and on lawn mowers. Also, spray the under carriage of your mower with 10% bleach solution, 9 parts water to 1 part bleach.

TDA market recap

For the week ending June 26, feeder cattle prices at Texas auctions were mostly steady to \$6 higher per hundredweight, with a few locations to \$2 lower. Competition for a shrinking supply of feeders pushed prices higher in most locations, but dry pasture conditions reduced demand in a few areas, pulling some prices lower. Fed cattle prices were near unchanged from a week ago.

Grain prices were lower as ample world supplies and favorable growing conditions pressured markets.

As for futures markets, feeder cattle, fed cattle, and cotton were higher, while wheat, corn, and lumber were lower.

Statewide, topsoil moisture was reported in mostly short to adequate supply.

Wheat harvest was 58% complete, well behind the normal 73% for this date, as rainfall delayed harvest in some areas. Grain sorghum was 95% planted, 49% head-

ed and 9% mature. The corn crop was progressing with 51% of the acreage silked and 40% in dough-stage - both slightly behind normal. Crops and pastures were reported in mostly good to fair condition.

County Agent's Report

Lawn care

Fungal diseases are caused by over watering and over fertilization. If you have a lawn fungus, fungicides keep the disease from spreading but do not restore the infected area. To stop or prevent lawn diseases, increase the length of time between your water cycle (every 5 to 7 days) and do not apply fertilizer again until the fall.

Run a soil test. The problem may be too much phosphorus in the soil which ties up iron and zinc, and creates a yellow look to the entire lawn not just in small areas as with a disease.

Aerate if your soil is hard and compacted. Add a half-inch of compost in the spring and fall if diseases have plagued your lawn in the past.

If treating with fungicide, treat the area when the disease is active and spreading. Fungal spores and diseases spread by running water and on lawn mowers. Also, spray the under carriage of your mower with 10% bleach solution, 9 parts water to 1 part bleach.

Purchasing or baling hay?

Feeding supplemental hay is a common practice for Texas cow-calf operations. There are conflicting recommendations for cattle producers about the practice of baling or purchasing their hay. One thing is certain: feeding hay and/or protein supplementation such as range cubes will directly increase operating costs and impacts profitability and financial well being of a ranching business.

Financial And Risk Management (FARM) Assistance (a service provided by Texas AgriLife Extension Service) looked at a hypothetical scenario for a typical South Texas Cattle Ranch and implemented five different haying strategies: 1) buy all hay (250 cows and 10 bulls or one animal unit to 8-acre stocking rate); 2) grow and harvest hay using own baling equipment; 3) grow hay and have it custom cut; 4) buy all hay and reduce stocking rate; and 5) grow hay, custom cut, and reduce stocking rate.

This scenario was specific to South Texas, but they found that "buying hay may prove to be more beneficial to producers in an average year."

Producing hay and owning the baling equipment appears to be more profitable than custom cutting. However, if a producer who owns haying equipment custom cuts hay for others, net income could be supplemented and owning equipment could be a better alternative than buying hay. A judicious manager will evacuate and implement the best operational strategies that benefit the overall financial performance of the ranch and minimize overall risk. To sum it up, the answer is that profitability depends on many factors; only a very intensive planning process can help you know for certain if purchasing hay, baling your own hay, or having it custom cut is best for you.

FARM Assistance is available to agricultural producers through direct planning assistance or technical publications. You can learn more about the hay production study mentioned above, or more about their services at: <http://farmassistance.tamu.edu/index.php>

U.S. cheese prices up, butter down

Cheddar cheese prices received for U.S. 40 pound blocks averaged \$1.40 per pound for the week ending May 22.

The price per pound increased 0.9 cents from the previous week. The price for 500 pound barrels adjusted to 38% moisture averaged \$1.42 per pound, up 1.5 cents from the previous week.

Butter prices received for 68 pound boxes meeting USDA Grade AA standards averaged \$1.58 per pound. The price per pound decreased 0.6 cents from the previous week.

Nonfat dry milk prices received for bag, tote, and tanker sales meeting USDA extra grade or USPH Grade A standards averaged \$1.27 per pound for the week. The price per pound increased 1.9 cents from the previous week.

Dry whey prices and tanker sales meeting USDA extra grade standards averaged 36.5 cents per pound, decreasing 0.1 cent from the previous week.

US #1, 230-270: 60-65; US #2, 220-280: 55-60.

Feeders (per head): 100-175 lbs.: 45-100; 25-90 lbs.: 25-65.

Sows (per lb.): Feeder, 400 or less: 35-55; Light wt., 400-500: 45-50; Med. wt., 500-600: 45-46; Heavy wt., 600+: 45-46.

Boars (per lb.): 300 lb. up: .03; 200-300 lbs.: .10-.20; Light wt.: NT.

Sheep (per lb.): Feeder lambs: 40-60 lbs., 1.10-1.40; Light lambs: 60-90 lbs., .85-1.10; Fat lambs: 90-120 lbs., .65-1.00.

Yearlings (per head): 75-120 lbs., \$75-\$140.

Nannies (per head): Stocker: \$60-\$115; Milk Type: NT; Slaughter, \$75-\$100; Thin: \$30-\$50.

Billies (per head): 120 lbs. up: Breeders: \$120-\$235; Slaughter: \$90-\$120.

Boer Goats (per head): 1/2 Nanny: NT; 3/4 Nanny: NT; Full Nanny: NT; 1/2 Billy: NT; 3/4 Billy: NT; Full Billy: NT.

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Feeder Steers (per lb.): 200-300 lbs.: No. 1, 1.38-1.60; Nos. 2 & 3, 1.10-1.38; 300-400 lbs.: No. 1, 1.30-1.52; Nos. 2 & 3, .90-1.30; 400-500 lbs.: No. 1, 1.15-1.34; Nos. 2 & 3, .80-1.15; 500-600 lbs.: No. 1, 1.10-1.21; Nos. 2 & 3, .80-1.10; 600-700 lbs.: No. 1, 1.05-1.21; Nos. 2 & 3, .75-1.05; 700-800 lbs.: No. 1, 1.02-1.17; Nos. 2 & 3, .80-1.02.

Feeder Heifers (per lb.): 200-300 lbs.: No. 1, 1.18-1.40; Nos. 2 & 3, .90-1.18; 300-400 lbs.: No. 1, 1.15-1.40; Nos. 2 & 3, .80-1.15; 400-500 lbs.: No. 1, 1.07-1.25; Nos. 2 & 3, .75-1.07; 500-600 lbs.: No. 1, 1.04-1.16; Nos. 2 & 3, .75-1.04; 600-700 lbs.: No. 1, .99-1.13; Nos. 2 & 3, .70-.99; 700-800 lbs.: No. 1, .89-1.02; Nos. 2 & 3, .60-.89.

Slaughter Cattle (per lb.): Slaughter Bulls: Yield Grade #1-2, 1,200-2,050 lbs., .64-.82; Slaughter Cows: #1&3, .57-.66; Cutter: .32-.56.

Stocker Cows (per head): Pregnancy-tested, 3 to 9-year-olds - Large Frame: \$850-\$970; Medium Frame: \$550-\$850.

Cow/Calf Pairs w/calves under 250 lbs. - Large Frame: \$1000-\$1240; Medium Frame: \$650-\$1000.

Baby Calves: Holstein: NT Cross Breeds: \$70-\$290.

Barrows & Gilts (per lb.): US #1, 230-270: 60-65; US #2, 220-280: 55-60.

Feeders (per head): 100-175 lbs.: 45-100; 25-90 lbs.: 25-65.

Sows (per lb.): Feeder, 400 or less: 35-55; Light wt., 400-500: 45-50; Med. wt., 500-600: 45-46; Heavy wt., 600+: 45-46.

Boars (per lb.): 300 lb. up: .03; 200-300 lbs.: .10-.20; Light wt.: NT.

Sheep (per lb.): Feeder lambs: 40-60 lbs., 1.10-1.40; Light lambs: 60-90 lbs., .85-1.10; Fat lambs: 90-120 lbs., .65-1.00.

Ewes (per lb.): Stocker: .35-.55; Thin: NT; Fat: NT.

Bucks (per lb): Thin: NT; Fat: NT.

Barbardo (per head) Lambs: \$30-\$50; Ewes: \$30-\$70; Bucks: \$65-\$100.

Goats (per head) Kids: 20-35 lbs.: \$20-\$100; 35-55 lbs.: \$30-\$100; 55-75 lbs.: \$50-\$80.

Yearlings (per head) 75-120 lbs., \$75-\$140.

Nannies (per head): Stocker: \$60-\$115; Milk Type: NT; Slaughter, \$75-\$100; Thin: \$30-\$50.

Billies (per head) 120 lbs. up: Breeders: \$120-\$235; Slaughter: \$90-\$120.

Boer Goats (per head): 1/2 Nanny: NT; 3/4 Nanny: NT; Full Nanny: NT; 1/2 Billy: NT; 3/4 Billy: NT; Full Billy: NT.

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Blue Bell Ice Cream ASSORTED FLAVORS 32 OZ. JAR **2\$8 for**

Fritos® or Cheetos® REGULAR \$2.99 9.25 OZ. **2\$4 for**

Banquet Meals ASSORTED VARIETIES REGULAR 5.7 - 10.2 OZ. **5\$5 for**

Wesson Oil ASSORTED VARIETIES 48 OZ. BTL. **2\$5 for**

Kellogg's Cereal..... 17-25.5 OZ. **2\$5 for**

Shurfine Spread..... 45 OZ. **99¢**

Ragú Pasta Sauce..... 16-26 OZ. **2\$4 for**

Bathroom Tissue..... 12 ROLL **\$5.99**

Paper Towels..... 6 ROLL **\$3.99**

Canned Dips..... 9 OZ. **2\$5 for**

Soda or Mixers..... 2 LITER **3\$2 for**

Ramen Noodles..... 3 OZ. **5\$1 for**

Instant Lunch..... 2.25 OZ. **3\$1 for**

Green Chiles..... 4 OZ. **2\$1 for**

Pancake Syrup..... 24 OZ. **\$3.49**

Pancake Mix..... 32 OZ. **\$2.49**

Beanee Weenees..... 7.7-8 OZ. **5\$5 for**

Kid's Kitchen..... 7.5 OZ. **5\$5 for**

Vienna Sausage..... 5 OZ. **3\$2 for**

Chow Mein..... 42 OZ. **\$2.99**

Chow Mein Noodles..... 5 OZ. **\$1.39**

Alkaline Batteries..... 2-8 CT. **2\$5 for**

Miller Lite 12 OZ. CANS **\$20.99**

Dr. Pepper 24 PACK **\$5.99**

Children's Medicine..... 4 OZ. **2\$4 for**

Secret Anti-perspirant..... 2.6-2.7 OZ. **\$3.99**

Maxi Pads..... 14-40 CT. **\$2.99**

Toothpaste..... 6.4 OZ. **89¢**

Health & Beauty Care

Aspirin 500 CT. BTL. **\$2.99**

Western Family Select Group Cold, Cough, Allergy, or Expectorant..... 2.4 OZ. **\$4.99**

Assorted Expressions or Flawless..... 2.6-2.7 OZ. **\$3.99**

Always Assorted Pantliners or Maxi Pads..... 14-40 CT. **\$2.99**

Western Family Assorted Toothpaste..... 6.4 OZ. **89¢**

Fischer's Quality Meats

PREFERRED TRIM, BONELESS BEEF TENDERIZED
Top Round Steak **\$2.99 LB.**



ASSORTED VARIETIES OSCAR MAYER
Meat Weiners **99¢ LB.**



PILGRIM'S PRIDE, FROZEN
Chicken Leg Quarters **79¢ LB.**



Pork Sirloin Roast..... LB. **\$1.69**

Sirloin Cut Pork Chops..... LB. **\$1.79**

Whole Beef Strips..... LB. **\$3.99**

Bottom Round Roast..... LB. **\$2.59**

Ground Chuck..... LB. **\$2.39**

Boneless Ham..... LB. **\$4.59**

Peyton's Bologna..... LB. **\$1.49**

Pork Sausage..... 1 LB. **\$2.59**

Lunch Meat..... 1 LB. **\$3.49**

Burritos..... 32 OZ. **2\$6 for**

Colby Cheese..... LB. **\$2.39**

Jumbo Shrimp..... 9-10 OZ. **\$2.99**

Salmon Fillets..... 1 LB. **\$4.99**

Tilapia Fillets..... 1 LB. **\$3.49**

Fresh Produce

Jalapeño Peppers **79¢ LB.**

Honeydew..... LB. **69¢**

Kiwifruit..... 5 FOR **\$1**

Yellow Onions..... LB. **99¢**

Broccoli..... LB. **99¢**

Cauliflower..... EACH **\$1.99**

Carrots..... 1 LB. **69¢**

Mushrooms..... 8 OZ. **2\$3 for**

Dole Classic Salads..... 9-12 OZ. **2\$3 for**

Sweet Potatoes..... LB. **99¢**

Roma Tomatoes..... 10 FOR **\$1**

Red Plums..... 2 LBS. **\$3**

Peaches or Nectarines..... 2 LBS. **\$3**

Bing Cherries..... LB. **\$2.99**

Dairy & Frozen Foods

Ice Cream 56 OZ. SQUARE **2\$6 for**

Novelty Cups..... 12 CT. **\$3.99**

Blue Bunny Novelty Bars 20 CT. **\$3.99**

Breakfast Burritos..... 4 OZ. **5\$5 for**

Burritos or Chimichangas 5 OZ. **5\$5 for**

Vegetable Blends..... 16 OZ. **2\$3 for**

Cottage Cheese..... 24 OZ. **\$2.99**

Yoplait Kids..... 6 PACK **2\$4 for**

Orange Juice..... 64 OZ. **2\$4 for**

Jumbos Biscuits..... 8 CT. **3\$4 for**

Parkay Spread Quarters..... 1 LB. **2\$3 for**