

Dedicated to Missy Dangelmayr



NCTC President Dr. Eddie Hadlock presented Richard Dangelmayr and daughters Megan and Deann, and David and Wanda Flusche with framed photos of the Career & Technology Center and dedication plaque of Missy Dangelmayr at the official opening and dedication of the Center last Friday. HEP Oil Company, LTD dedicated the building in memory of Missy. The event kicked off NCTC's 85th anniversary. NCTC photo

Knabes sell tire business

By Janet Felderhoff
After 33 years of serving the local area's tire and battery needs, Herbie Knabe sold his business, Knabe Tire & Battery, to brothers Jon and Joel Schilling. Change in ownership took place on Monday, Sept. 24. The new name is Schilling Tire & Auto and reflects the new owners' intent to offer more auto services.

Herbie recalls that he opened the doors of his new endeavor on June 8, 1976 under the name Knabe Tire & Radiator with a very small inventory. Main Street was the home of the business at that time. Coincidentally, his first paying customer was Frank Schilling, Sr., who is

Jon and Joel's grandfather.

The radiator part of his business was fazed out at the end of December 1997. "We didn't do radiators any more because it was a dying market due to the discount stuff coming along," Herbie said. "It was cheaper to buy a new radiator than to get one worked on and that is still true today."

In 1998, they moved into a new building, the present location, at 116 W. Second Street and took a new name Knabe Tire & Battery. With the new location, the tire business expanded quite a bit and they added more mechanical work to what was offered. This included expanding the alignment ser-

vices offered.

Farm tires were a large part of the business at one time. As the number of dairies dwindled in the area, so did the calls for service on the big tractor tires. Also, Herbie said that eventually he and his brother Pat Knabe weren't physically able to handle them. The call for oil field truck tire repair also lessened as there was less of that in the area.

There have been so many changes in the tire business noted Herbie. When they first started, they kept around 20 tires in stock. At one time there was about 1800 in stock and recently not so many. The suppliers

See TIRE SHOP, pg. 13

Muenster ISD approves CCAD budget

By Janie Hartman
The Muenster ISD Board of Trustees approved the Cooke County Appraisal District's adopted budget for 2010. The Appraisal budget allocation rose \$1,968.39 from 2009 with the collection budget allocation up \$349.15. At the Sept. 16 meeting, the School Board also approved Bob Knauf to be Muenster ISD's representative for the Cooke County Appraisal District.

Teachers, counselor, nurse, and librarian were all give a \$960 pay raise. No action was taken on a one time stipend for School District personnel for receiving an "Exemplary" district and campus rating. Covered walkways were approved from the 4th and 5th grade building to the old cafeteria and a covered walkway from the junior high to the high school.

The maintenance truck will sell for \$400 to \$500 or

whatever Superintendent John Kaufman can negotiate for fair price.

The Cooke County 4-H will once again be sanctioned as an extracurricular activity.

The budget was amended, taking \$9,159 from the fund balance to cover the cost of football field drainage work and concrete.

Construction update discussion included the drainage on the north side of the

See MISD, pg. 13



Knabe Tire has changed ownership and is now Schilling Tire & Auto after Herbie and Edna Knabe, left, gave the keys to the shop to Joel (center) and Jon Schilling. Janie Hartman photo

Cooke County Courthouse ready to begin restoration



The stained glass dome of the Cooke County Courthouse lights up the center rotunda of the empty building. With all officials, files, and newer furniture moved out to temporary locations, the Courthouse is now ready for its interior restoration to begin. See page 3 for more pictures of the vacant historical structure. Janie Hartman photo

County Jail passes surprise inspection

By Janet Felderhoff
On Sept. 24, the Cooke County Jail received a surprise visit by Fred St. Amant, an inspector from the Texas Commission on Jail Standards. No deficiencies were discovered and the Cooke County Jail will be issued a certificate of compliance.

Cooke County Sheriff Mike Compton remarked, "Jail Administrator Larry Winter, assisted by Lt. Scott Otto, the assistant jail administrator, does an excellent job. There was never a doubt in my mind that we would not pass. As long as the Cooke County Sheriff's Office has men like Chief Winter and Lt. Otto, the jail will stay in tip top shape."

St. Amant conducted a walk through inspection of the facility in regard to areas such as personal hygiene, sanitation, and food ser-

See JAIL, pg. 3

Queen of Knight Castle



2009 Lindsay Homecoming Queen, senior Bailey Kuhn, was crowned during pre-game activities last Friday night. See Sports for a report on the Knights' big win over Archer City. Janie Hartman photo

Sealed with a kiss



Sacred Heart Catholic School senior Ginger Bartush receives a kiss from escort Tiger Chad Henscheid after being crowned the 2009 Homecoming Queen in pre-game activities last Friday evening. Janie Hartman photo

County applauds the value that 4-H Clubs give to local youth

By Janet Felderhoff
Cooke County Commissioners Court welcomed a group of Cooke County 4-H officers and 4-H Extension Agent Phyllis Griffin to the Sept. 28 meeting of Commissioners Court. A proclamation was adopted declaring Oct. 4-10 as National 4-H Week.

As read by County Judge John Roane, the proclamation said in part, "4-H is a community where young people learn leadership, citizenship, life skills.... Cooke County's 4-H program numbers over 300 members and over 85 volunteers.... 4-H has been helping youth and adults learn, grow, and work together for more than 100 years."

An additional payment to the Texas Department of Public Safety was approved for the purchase of right-

of-way for FM 922 highway widening project. The additional amount approved was \$33,474.74. "The original contract stated that if the payment we made was not sufficient, they could come back to us for additional money," commented County Auditor Shelly Atteberry.

Precinct #1 Commissioner Gary Hollowell observed, "In the past, we have received criticism for having money in FM Lateral because we were never spending it. We were anticipating some of these things happening and we were excellent stewards despite some people's opinion. We bring about \$8,000 or \$10,000 a year in revenues on FM Lateral. These last two Courts, we've spent \$100,000. Now we have it when we need it. You can deplete it much more rapidly than it's coming in because

now we are spending in \$100,000 chunks and getting it in \$10,000 chunks."

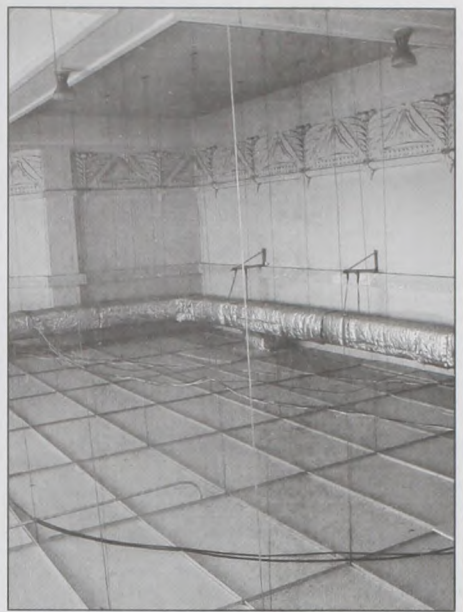
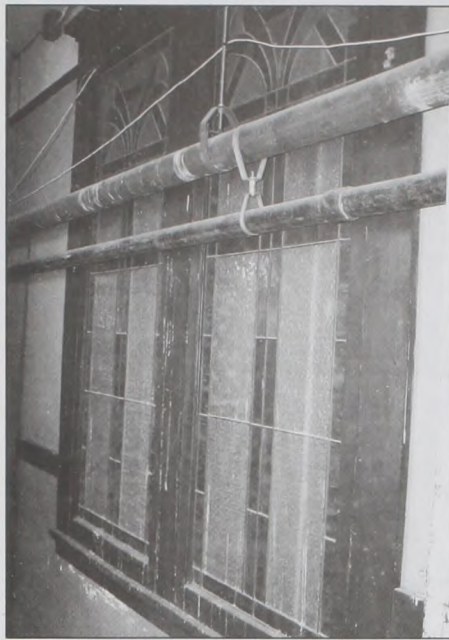
Precinct #2 Commissioner Steve Key asked for the Court's approval to purchase an Asphalt Zipper for \$132,365. The machine can be purchased on a five-year lease purchase plan at \$29,000 per year. The contract can be canceled at any time.

The machine mounts on the end of a front end loader. It mills up all the material on the road, recycles everything in place, a bag of sack crete is added, and it mixes the concrete into the mixture, puts it into the repair area and rolls it, said Commissioner Key.

He plans to use it to repair pot holes on the many asphalt roads in his precinct that require constant upkeep because of high traffic. This

See COUNTY, pg. 6

Hidden secrets in the Courthouse



Commissioner Leon Klement opened the empty Cooke County Courthouse to the press Tuesday morning to pictorially record the beginning of the historical restoration of the interior of the building. Several "secrets" were shared, including the carved art (at left) that decorates both court rooms; above, stained glass windows hidden behind a remodeled wall; and above right, the empty space above the Commissioners Court room. At right, Klement looks at blueprints in the basement room, and below, looking down at the unique marble stairway that goes to the lower floor of the courthouse.

Janie Hartman photos



JAIL

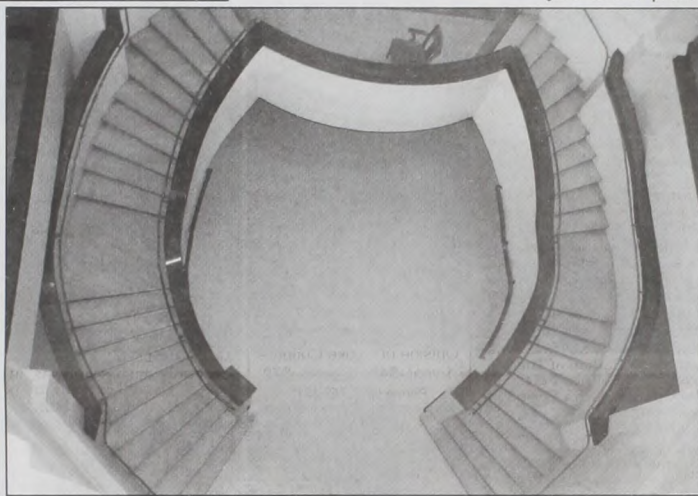
.....cont. from pg. 1

vice. He inspected life safety equipment and conducted and observed an emergency drill. He reviewed a random sample of inmate files, interviewed staff, and reviewed policy.

There was a total of 125 inmates on the day of the inspection. The average jail population is 145 and its maximum capacity is 212.

**I come to meet You,
God, and as I linger
here I seem to feel You
very near. A rustling
leaf, a rolling slope
speak to my heart of
endless hope.**

Helen Steiner Rice



**CITY COUNCIL AGENDA
MEETING DATE - OCTOBER 5, 2009**

The following is the Agenda for the regular meeting of the Muenster City Council to be held at 7:30 p.m. in the City Hall meeting room on Monday, October 5, 2009.

1. Call meeting to order at 7:30 p.m.
2. Opening prayer.
3. Approve minutes of the regular meeting on September 14, 2009.
4. Recognize visitors and invite them to attend the entire Council meeting and to discuss their business.
5. Consider any other business to come before the Council.

OLD BUSINESS:

1. Consider and take any needed action in regards to drilling City Water well #8.

NEW BUSINESS:

1. Review and possibly approve resolution for 2010 Census Process.
2. Consider nominee for Cooke County Appraisal District Board of Directors.
3. Consider and possibly approve repairs to City Street Sweeper.
4. Receive Quarterly Police Activities Report.
5. Receive status reports on City projects and activities, including current paving & curbing jobs, stop signs, and Water District agreement. Take action as necessary on items of discussion.
6. Review and act on monthly bills.
7. Adjourn.

Brenda Simpson, City Secretary



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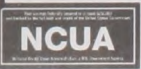
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LENDER

* Annual Percentage Yield



We want to express our sincere gratitude to our family, friends, and the entire community for all the help and support we have received during our recent tragedy. Thank you all for everything you have done. We are all truly grateful and thankful for the tremendous outpouring of generosity, kindness, and help during this time of need. We want to thank the Myra, Muenster, Lindsay, Moss Lake, and Gainesville Fire Departments for acting so promptly and working so hard getting the fire out on the house and saving as much of the contents as possible. And a special thanks goes to all the volunteers in the "Outreach Program". They are true angels.

We would not have the strength to go forward without so many wonderful friends and family.

We are so blessed to live in such a community where everyone helps and supports each other. Thank you all again.

God Bless you!

Carl, Diane, Delana, Michelle, & Brandon

LIFESTYLE

Lois Pinkston celebrates 95th birthday with family

Lois Mae Pinkston's actual 95th birthday was Sept. 23, but she was honored on Saturday, Sept. 19 at the pavilion in Muenster City Park. Relatives and friends came from Florida, Tennessee, Alabama, South and East Texas, and the Metroplex to help her commemorate this special occasion.

In attendance were six children, 12 grandchildren, 12 great-grandchildren, three great-great-grandchildren, and 12 close friends.

Those who couldn't attend showered her with cards and flowers.

Guests enjoyed hamburgers, hot dogs and all the trimmings along with birthday cakes, delicious pies, and other treats.

Lois' children are Herman and Gwen Carroll of Muenster, Jim and Carolyn Carroll of Tyler, and Vicki and Michael Gillett of Orlando, Florida.



Lois Pinkston with a quilt in her lap that was a joint family effort as all family members provided photos for her quilt and memory book.

Candlelight prayer service held by VFW Auxiliary

The Ladies Auxiliary VFW Post #6205 held their regular meeting on Monday, Sept. 21 in the Post Home. In honor of POW-MIA (Prisoner of War - Missing in Action) Day, a candlelight prayer service was held before the meeting began.

President Frances Bayer presided over the meeting. Conductress Linda Knabe, Chaplain Mary Lee Hennigan, and Patriotic Instructor Pro Tem Hilda Sicking did the opening ritual including the pledge to the flag. Roll call and minutes were read by Ida Mae Bindel, secretary. Lucille Hesse's treasurer's report was given by Agnes Hesse.

Members voted to do monthly projects, a donation to the hospital pledge, send a card to a Blue Star mother and father, and for Make a Difference Day to send a card to a special person. For Patriot's Day, a spot on TV Channel 2 remembered survivors, police, EMS, doctors, and all helpers of 911 - Sept. 11.

Members were asked to bake several items for the bake sale on Oct. 2 at Fischer's Market and to sign up to help.

Armella Cler served refreshments to nine members. The next meeting will be held Oct. 19 at 7:30 p.m.

Maverick celebrates first with a "safari"

Garrison Maverick Bayer, son of Brandon and Holly Harris-Bayer of Lindsay, celebrated his first birthday on Sunday, Sept. 13. His actual birthday is Sept. 6. Maverick's safari-themed party was held at his home and included lunch, cake, ice cream, and punch for close family and friends. A special treat for Maverick's birthday party guests was a safari maze complete with animal tracks, explorer hats, animal tattoos, and a dirt cake dessert with gummy worms.

Maverick also had the unique opportunity to be wished a Happy Birthday on Fox 4 News' Good Day show during his birthday weekend.



Maverick Bayer

North Central Texas Chorale to present "A Celebration of Music"

The North Central Texas Chorale will proudly present "A Celebration of Music" concert on Oct. 11 at 3 p.m. The concert will be at Westminster Presbyterian Church, 315 E. Scott at Denton Street, Gainesville. Tickets will be available at the door, adults \$7 and students and children \$5.

The concert will feature a variety of sources, including Spiritual, Patriotic, Americana, Modern, and Classical. It is the goal that the singers and those attending the concert will have some-

thing that they find extra special to them. The Chorale is directed this semester by Kevin Beall. He has been the choir director at Gainesville High School for 25 years. He sang with the Dallas Symphony Chorus for 15 years.

After this concert, rehearsals will start for Handel's "Messiah" to be performed on Dec. 6. New singers are encouraged to join them on Tuesday nights at 7 p.m. at the Gainesville High School Choir room. They will be singing the Watkins Shaw version.

New Arrivals



Jacob Becker

Becker

Joe and Kristie Becker of Muenster joyfully announce the birth of Jacob Paul Becker. Jake was born on Friday, Sept. 18, 2009 at 2:50 p.m. in North Texas Medical Center in Gainesville. He weighed 8 lb. 2 oz. and measured 21.5 inches in length. Welcoming Jake is sister Katie, age two and a half. Grandparents are Leo and Peggy Lutkenhaus and Paul and Brenda Becker, all of Muenster. Great-grandparents are Diamond and Evelyn Fuhrmann of Lindsay, Armella Lutkenhaus of Muenster and the late August Lutkenhaus, Gloria Becker of Muenster and the late Martin Becker, and Edward Sandmann of Lindsay and the late Aileen Sandmann.

of Forestburg. Great-grandparents are Jessie Coker of Como, Texas and Rosemary and Kenneth "Wassy" Reynolds of Forestburg.

Almejo

Brian and Jana Almejo proudly announce the birth of their son Brody Reed Almejo. Brody was born in Banner Gateway Hospital in Gilbert, Arizona on Aug. 18, 2009 at 12:20 a.m. weighing 8 lb. 11 oz. and measuring 21 inches in length. He is welcomed by a sister Alexa Lee Almejo, age five. Grandparents are J.D. and Gloria Coker of Muenster and Patty and Eric Almejo of Queen Creek, Arizona. Great-grandparents are Jessie Coker of Como, Sammy and Virgil Johnson of Casa Grande, Arizona, and Angel Almejo of Superior, Arizona.



Brady Almejo



Caden Coker

Coker

Casey and Christy Coker of Gainesville are proud to announce the birth of their son Caden Dean Coker. Caden was born on Thursday, Sept. 24, 2009 at Presbyterian of Denton. He weighed 5 lb. 14 oz. and measured 19 inches in length. Grandparents are J. D. and Gloria Coker of Muenster and Debbie and Jerry Reynolds

Life Chain calls community action to make a difference

Sunday, Oct. 4 from 1:45 to 3 p.m., members of the community are asked to come out and show their support by joining the National Life Chain. People will be lining Hwy. 82 in Muenster near the Muenster Park, and in Lindsay on Hwy. 82 between Ash and Pecan streets. There will also be a Life Chain in Gainesville on Grand Avenue at Belcher.

Signs will be provided for participants. They will proclaim "Abortion Kills Children," "Adoption the Loving Option," "Jesus Forgives & Heals," "Lord, Forgive Us and Our Nation," "Abortion Hurts Women," "El Aborto

Mata Ninos," "Life- the first Inalienable Right," and "Pray to End Abortion."

Donations are accepted to cover the cost of the signs. All proceeds after expenses are given to the area crisis pregnancy centers.

Life Chain is a peaceful and prayerful public witness of pro-life Americans standing for one hour praying for our nation and for an end to abortion. It is a visual statement of solidarity by Christians that abortion kills children and that the Church supports the sanctity of human life from the moment of conception.



Pictured are Charles Brown, owner Brown Motor Company, and Todd Engels, Schwan's Food of Sherman. Cooke County United Way is partnering with Schwan's Food for a first time special promotion. Schwan's Food Truck Load Sale will be held on Friday, Oct. 2 and Friday, Oct. 9 from 11 a.m. to 6 p.m. each day at two sale locations - Brown Motor Company on West Hwy. 82 and Bell Supply Company on East Hwy. 82. Schwan's Foods will present Cooke County United Way a 10% - 20% contribution based on sales from this special promotion. Cooke County United Way 2010 campaign is well under way raising funds to meet its \$355,000 goal. Courtesy photo

Vendors sought for Scarecrow Festival

The Century Club of Saint Jo is sponsoring their Scarecrow Festival on Saturday, Oct. 24 from 10 a.m. to 2 p.m. on the Town Square. Individuals, organizations, and school clubs are encouraged to open a booth for the event. Those interested in being a vendor should contact Marge Pullin at 759-4518.

The Children
and Grandchildren of

Antonia "Toni" Hundt Hess

invite you to join us for a
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Support the Sacred Heart School Trust Fund

A memorial gift will earn income for Catholic education in memory of the donor.

An annuity gift will earn interest for the donor or designate for the rest of their life after which the gift will be used for Catholic education.

A donation to the Sacred Heart School Trust Fund is an investment in Catholic education.

Sacred Heart Parish

714 North Main
Muenster, Texas 76252



Members of the Buffalo Sams RV Club pose for a photo during their recent tour of Muenster. Courtesy photo

RV group tours Muenster

The Buffalo Sams RV Club from Lawton, Oklahoma and surrounding Oklahoma areas visited Muenster on Friday, Oct. 25. The group of 24 enjoyed lunch at The Center Restaurant and raved about the delicious German cuisine and the interior design of the restaurant.

Shortly after lunch, the majority of the RV club vis-

ited Fischer's Meat Market. Many placed meat orders, while others shopped the grocery aisles. Stanley Hess, co-owner of Fischer's Market, met the group and operated the Glockenspiel for the group's entertainment.

Willkommen Goodie Bags full of items from local businesses were given to the

guests along with long stem fuchsia carnations from Lora's Flowers. "They were all very pleased with their experience in Muenster," commented Sherrie Nelson of the Muenster Chamber of Commerce. "Our town was very blessed to have such a wonderful group of people visit. I truly enjoyed the afternoon with them."

Keep Lindsay Beautiful sponsors fun run/walk

On Sunday, Oct. 4, the public is invited to participate in the 2nd Annual Keep Lindsay Beautiful 5K Fun Run/1 Mile Walk. Registration for the event is from 8:30 to 9:45 a.m., with the event beginning at 10 a.m. in the Lindsay City Park on the KLB Walking Path. If you have not pre-registered, the entry fee is \$20 on the day of the race. Proceeds will benefit

Keep Lindsay Beautiful.

The 5K is a scenic course that winds through the city, showcasing some of the town's prominent places. Those who take the 1 mile walk will enjoy a shady stroll on the KLB Walking Path in the City Park.

Awards will be given for 1st, 2nd, and 3rd place in the various age divisions for the 5K Fun Run.

The run/walk is being held in conjunction with the Knights of Columbus Oktoberfest which is being held at the Lindsay City Park that day. There will be children's games, hayrides, a variety of food, and lots of family fun. A barbecue lunch begins at 11 a.m., with a live auction at 5 p.m.

Mark your calendar for a day of fun and camaraderie.

Local KCs seek volunteers for Centennial Mass, celebration

The Muenster Knights of Columbus Council 1459 will celebrate 100 years of continuous service to the Catholic Church and the local community with receptions, Mass, and a banquet on Saturday, Jan. 16, 2010. These events recall the chartering of the local Knights of Columbus Council on Jan. 16, 1910.

Preparations for this momentous celebration are being guided by the Centennial Planning Committee. Events include a reception for Religious and a reception for Fourth degree Knights of Columbus on Saturday afternoon, Jan. 16, 2010.

It is estimated that approximately 85 KC member

volunteers will be needed to assist with preparations, the receptions, and the Mass. The KC Centennial Planning Committee will conduct a volunteer sign up at the regular Knights of Columbus Council meeting on Wednesday, Oct. 7 beginning at 8 p.m. in the KC Hall. All Knights of Columbus members are urged to attend this meeting and sign up to assist in this special celebration.

The Most Reverend Kevin W. Vann, Bishop of the Diocese of Fort Worth and Reverend Father Ken Robinson, pastor of Sacred Heart Parish in Muenster, will join with visiting clergy in concelebrating a Mass of Thanks-

giving at Sacred Heart Catholic Church at 5 p.m. on the same Saturday.

The liturgy for the day will be the Second Sunday in Ordinary Time. The Mass intention will be for the canonization of Father Michael J. McGivney, the founder of the Knights of Columbus. Members of the local KC Council will serve in various liturgical roles at the Mass, including cantor, altar servers, lectors, greeters, ushers, gift bearers, Honor Guard, and Extraordinary Ministers of Communion. A newly formed Knights of Columbus Choir will provide music.

The Muenster Knights of Columbus Council fully recognizes that the 5 p.m. Mass on Saturday is the regularly scheduled Saturday Vigil Mass for the Sacred Heart Parish Community.

Various special guests will be invited to attend the Mass and participate in the Centennial celebration of the Muenster Knights of Columbus Council 1459. There will be a limited amount of reserved group seating in Sacred Heart Church for invited guests and for KC members who assist with the Mass or one of the receptions and for their wives or guests.

A live telecast of the Mass and additional seating will be provided in Sacred Heart Community Center. All members of the parish are invited to the Mass, which is the regular Saturday Vigil Mass. But because of the special celebration of the Knights of Columbus, no one can guarantee that everyone who wants a seat in the church will have one.

Following the Mass, there will be a KC Centennial Banquet at Win Star Ballroom in Thackerville, Oklahoma.



Cooke County Republican Women attending the 35th biennial convention of the National Federation of Republican Women included from left, Pat Peale, SD 30 District director; Sharon McCormack, 1st VP; Sharron Acker, president; and District Attorney Janice Warde with Toni Anne Dashiell, TRW president. Courtesy photo

Cooke County takes part in NFRW convention

Local residents joined more than 1,300 other Republican women leaders from across the nation in Orlando, Florida on Sept. 10-13 for the 35th biennial convention of the National Federation of Republican Women.

Those attending representing Cooke County Republican Women were Pat Peale, SD 30 District director; Sharon McCormack, 1st VP; Sharron Acker, President; and District Attorney Janice Warde.

During the four-day event, which was one of the largest national gatherings of Republicans this year, attendees participated in leadership training seminars, campaign management schools, and political and

policy workshops taught by nationally-recognized political strategists. They heard from Republican leaders and elected officials, policy experts, authors, and other notable guests, including Republican National Committee Chairman Michael Steele, Minnesota Governor Tim Pawlenty and Florida Governor Charlie Crist.

Common themes and topics during the event included opposing President Barack Obama's health care reform plan, supporting the flourishing tea parties and other grassroots conservative movements, and helping the Republican Party build momentum for the 2010 elections.

New items at Muenster Public Library

Fiction/Non-Fiction titles

White Queen by Philippa Gregory, *Help* by Kathryn Stockett, *Last Song* by Nicolas Sparks, *Return to Sauyerton Springs* by Andy Andrews, *Spartan Gold* by Clive Cussler, *Green* by Ted Dekker, *Spir* by Richard Patterson, *Deep Blue Sea for Beginners* by Luanne Rice, *Ireland's Saint: the Essential Biography of St. Patrick* by J.B. Bury, *Fearless* by Max Lucado, *Love & Respect* by Emerson Eggerichs, *Prairie Tale* by Melissa Gilbert, *Excuses Begone!* by Wayne Dyer, *Mastering the Art of French Cooking* by Julia Child, *In the President's Secret Service* by Ronald Kessler.

Junior Fiction/ Non-Fiction

Dragon in the Sock Drawer by Kate Klimo, *Forest Born* by Shannon Hale, *Enna Burning* by Shannon Hale, *Dragons of Ordinary Farm* by Tad Williams, *Dragonfire* by Donita K. Paul, *Dragonlight* by Donita K. Paul.

Easy/Easy Non-Fiction

Honey, Honey, Lion! by Jan Brett, *Hedgie Blasts Off* by Jan Brett, *Dewey: There's a Cat at the Library* by Vicki Myron, *Who's That Knocking on Christmas Eve* by Jan Brett.

DVDs

James and the Giant Peach, *Inkheart*, *Race to Witch Mountain*, *Gran Torino*, *Quiet Man*, *Love Takes Wing*.

An old farmer's advice

Live a good, honorable life. Then when you get older and think back, you'll enjoy it a second time.



KEEP MUENSTER BEAUTIFUL YARD OF THE MONTH honors for August were awarded to Johnathon and Ashley Bayer who reside at 229 East Cross Street in Muenster. They manicured lawn is complemented with blooming roses bushes and colorful periwinkles. The home's front porch holds an assortment of items to add to the decor. The green trim on the home adds to the fresh look. To nominate someone for Yard of the Month, call the Muenster Enterprise at 759-4311 or contact any KMB member. Janie Hartman photo

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Nutrition myths debunked

Folklore and food lore often get mixed into a goulash of advice on nutrition. Well-meant advice covers when and what to eat, but it can be difficult to sort out the facts.

Just in time for March, which is National Nutrition Month, here are some food myths to chew on from TOPS Club, Inc. (Take Off Pounds Sensibly), provided by Joan Pleuss, R.D., C.D.E., M.S., C.D., senior research dietitian in the General Clinical Research Center at the Medical College of Wisconsin.

• Don't eat between meals. False - Eating four to five meals and snacks helps healthy eaters control their appetites, according to numerous studies. The total calories must stay within the range for the eating plan, however.

• Don't eat before bedtime. False - Again, it's the total number of calories that matter, not when those calories

are consumed.

• Breakfast should never be skipped.

True - Studies have shown that eating breakfast decreases the likelihood that you will overeat later in the day. Breakfast also increases overall energy and helps your brain concentrate, solve problems, and remember facts better.

• Protein should be a part of meals and snacks.

True - Lean meat, yogurt, cheese, nuts, and beans are all great proteins that will help keep healthy eaters feeling full longer.

• It's better to graze than eat three square meals a day.

True - Six mini-meals eaten throughout the day can effectively keep you satisfied. The foods selected should be healthy and the total amount of calories should not exceed the amount needed to maintain or lose weight.

Edd G. Advincola, M.D., F.A.C.P.
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Remember

- VFW Auxiliary Bake Sale this Friday at Fischer's.
- Life Chain Sunday along Hwy. 82.

Free Flu Shots!

For Ages 6 - 24 months

Saturday, Oct 10, 2009
at 9:00 am

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Wild game is flavorful, but requires safety steps

Wild game on the table is a longtime holiday tradition for some Texas families. For others, it's a novelty reflecting the tendency of crisp fall weather to rouse the inner Ted Nugent in guys who normally bag their meat with a credit card, not a 12 gauge shotgun.

Either way, there's a certain mystique — and a bold, distinctive flavor — to wild turkey, goose, feral hog, venison, or other game prepared according to centuries-old recipes. But while our frontier ancestors may have perfected the cooking of game animals, today's chefs know a lot more about safe preparation.

That's crucial when cooking animals that have been shot and field-dressed in the wild and aren't subject to official inspections. The two most common health concerns raised by game consumption are exposure to salmonella and E. coli bacteria. Bacterial disease threats include kidney failure among the very young, hemorrhagic colitis, and a blood-clotting disorder called thrombotic thrombocytopenic purpura. These dangers can be greatly reduced, however, by following some basic rules that protect your family's health while also improving the flavor and tenderness of wild game.

Field Dressing and Storage

The first steps in ensuring a safe wild game meal should be taken by the hunter.

When field dressing a deer or other large game mammal, always wear heavy latex or rubber gloves, and wash your hands when you're finished. Be careful not to let intestinal contents touch ed-

ible meat. If contact is made, discard any contaminated flesh. Trim as much exterior fat as possible; it's a major source of the "gamey" flavor disliked by many.

After field dressing the animal, hang the carcass to drain blood, and be sure to cool the meat as soon as possible after the kill. Venison can keep for a day or two at temperatures as high as 50 degrees, but the sooner it's refrigerated, the better.

Wild birds also should be cooled as soon as possible after they are killed. Remove the crop and entrails promptly to avoid fermentation, and don't store warm wild birds in a mass. If possible, put your birds in a cooler to prevent bacterial growth. When refrigeration isn't possible, hang the bird carcasses to allow air circulation.

Before You Cook

The meat of birds and mammals tends to be very lean, so many prep techniques you'd use for, say, beef tenderloin or farm-raised turkey also work well for game. For example, brining (pre-soaking in salty water for as long as four days) adds flavor and improves moisture by salinating muscle tissue and causing it to absorb water from the brine.

In addition, many cooks swear by the results of pre-marinating game in a mixture of olive oil, white wine, black pepper, salt, and herbs.

Other techniques that deliver juicier texture and richer taste include larding the meat with bacon, injecting seasoned broth with a special meat syringe, and quick-searing venison cutlets or the breast meat of turkeys and other game birds before roasting in the oven.

Getting Down to Business

When cooking wild birds and animals, use your imagination or any recipes you may have for rich-tasting lean cuts of meat. In general, venison goes well with flavors such as black pepper, red wine, rich fruits such as fig, or smoky sauces made from meat juice reductions. Wild hog should be treated as what it is: unusually lean and intense-flavored pork. Slow cooking in a smoker is one favored technique. For a truly old-school experience, baste the meat in oil, salt, pepper and herbs, then cook it in a pit full of coals, covered tightly in several layers of heavy foil.

Game birds can be used in most recipes for commercially raised chicken or turkey. Roasting, smoking, and quick-sauteeing tend to yield

better results than batter-frying or use in soups. Dove breast, however, can be excellent when stewed slowly in chicken stock, red wine, herbs, and vegetables.

Finally, if you're planning a non-traditional holiday menu, look to ethnic cookbooks that feature the meat you have at hand. Asian cookbooks, for example, have many recipes calling for duck or barbecued lean pork.

Cooking food from the wild lets you turn out holiday meals that combine the feel of ancient tradition with intriguing flavors your family may not have experienced before. If you're "game" to challenge your creativity, here are a few places to find tips on safe, delicious preparation:

Safe Game Preparation (E-How.com) — http://www.ehow.com/how_2096721_handle-wild-game-meat-safely.html

Wild Game Cooking (Epicurean.com) — <http://www.epicurean.com/articles/game-cooking.html>

Cooking Wild Turkeys (Wild Turkey Zone) — <http://www.wildturkeyzone.com/misc/recipes.htm>

COUNTYcont. from pg. 1

This machine would allow him to make repairs in the winter months whereas the hot mix repair is not done then.

Judge Roane asked if the machine was something that could be shared by the other precincts. Key said that he had a policy of helping the other precincts when needed and they all assisted each other when needed.

Precinct #4 Commissioner Leon Klement inquired as to whether it might be less expensive to rent a machine or hire it done.

Commissioner Hollowell voiced concern about purchasing equipment at that expense in addition to another piece of equipment that Key is paying out on a lease purchase plan. "My concern is having a yard full of equipment that is all in debt - all borrowed," noted Hollowell.

The request was approved 3-1 with Hollowell voting nay, pointing to concern about the finances. Commissioner Al Smith was absent due to illness, so there were only four present to vote.

Bids for contracts for vending services in the Cooke County Courthouse Annex

were opened at the Sept. 14 meeting and tabled for clarification. They were awarded in a split with Coca Cola of Sherman getting the drink contract and Eric's Snack Machines getting the contract to provide snack machines. This is the same as it is now.

In other business, Commissioners Court:

- Approved applying for the FY2010 Indigent Defense Grant in the amount of \$22,883.

- Approved annual Indigent Defense Grant resolution.

- Set Sheriff's and Constable fees for 2010 at same rate as 2009.

- Approved indigent burial of Salvador Garcia.

- Approved out-of-state travel for Jennifer Johnson-Spence to attend the Public Libraries Association National Conference to be held March 24-27 in Portland, Oregon.

- Tabled lease agreement between Cooke County and Prosperity Bank for office space located at 100 East California, Suite 212, 214, and 216. They are waiting on copy of a written contract.

DAYS GONE BY.....

65 YEARS AGO Sept. 29, 1944

Over 70 contestants compete at horse show held here. Building of whey drying plant and a frozen food locker gets started at FMA Cheese Plant. New Arrival: Agnes to James and Angelina Eckart. The C.J. Kaisers and son Melvin and Mrs. Frank Kaiser attend Ringling Brothers - Barnum Bailey Circus. Herbert Meurer retires from the Cooke County Tire Rationing Board.

50 YEARS AGO Oct. 2, 1959

Twenty-three year drought ends; local stores start selling beer. Hail damage leads to major repairs on roof of Sacred Heart Elementary. Rev. Alfred Hoening appointed prior at Corpus Christi Benedictine institution. Bill Pratt is new resident deputy sheriff in Muenster. Margie Hesse, age four, has tonsil-

lectomy; Gayle Miller, age two, is treated for pneumonia. New Arrivals: Mary Ellen to Joe and Jeanette Gallows; Susan to Vincent and Lu Ella Zimmerer; Vickie to the Charles Sherrills; Daniel to Harold and LaVern Nortman. Wedding: Elsie Popp and Julius Hesse.

25 YEARS AGO Sept. 28, 1984

Dan and Gregg Wilde officially take over management at Wilde Chevrolet. Bob Bruns heads Dallas accounting group. Kim Eldred is crowned Homecoming Queen at Muenster ISD. Weddings: Carla Walterscheid and Doyle Klement; Mary Eckart and Mike Davidson. Mike Walter and Drue Bynum earn Eagle awards. New Arrival: Michael to Danny and Jan Endres. Margie Walterscheid named Employee of the Week at Fischer's Market.

Correction

Donations for Linda Wilson Johnson can be at any First State Bank, but not at GNB as reported in the article in last week's paper on her MS Benefit.

**Happy Birthday,
Grandma Dolores!**

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NCTC CAREER & TECHNOLOGY CENTER

NCTC Career & Technology Center officially opened and dedicated on Friday, September 25, 2009.

North Central Texas College Career & Technology Center is now OFFICIALLY OPEN!

This facility is dedicated in memory of **Melissa "Missy" Flusche Dangelmayr** and her devoted service to HEP Oil Company, LTD.

NCTC President Dr. Eddie Hadlock presents Richard Dangelmayr and daughters Megan and Deann Dangelmayr, David Flusche and Wanda Flusche with photos of Career & Technology Center and dedication plaque of Missy.

Official ribbon cutting ceremony of NCTC Career & Technology Center.

NORTH CENTRAL TEXAS COLLEGE IS AN EQUAL OPPORTUNITY EMPLOYER



Lindsay ISD UIL Coordinator Craig Hertel shows off the Texas Lone Star Cup that was presented to the school at halftime of last week's football game. Lindsay has earned the Cup the past four years. Jay Anderle photo



Lorena Fisher Taylor received special recognition at last Friday's Sacred Heart Homecoming activities. She was a member of the graduating class of 1939, Sacred Heart's first. Classes of 1949, '59, '69, '79, '89, and '99 we also honored. She was escorted by her son Steve (left) and Roger. Janie Hartman photo



NCTC 85th Anniversary Coloring Contest winners, from left, first row - Emma Hiegel, Era, 2nd Place, First Grade; Brooke Jackson, Valley View, 3rd Place, First Grade; Ariana Hinshaw, Era, 2nd Place, Kindergarten; Lesly Lowry, Valley View, 3rd Place, Kindergarten; second row - Trevor Hall, St. Mary's, 3rd Place, Fifth Grade; Abby Fink, Home School, 2nd Place, Third Grade; Olivia Hertel, Lindsay, 3rd Place, Third Grade; Elizabeth Otto, Lindsay, Honorable Mention, Second Grade; Lauren Colwell, Lindsay, 1st Place, First Grade; third row - Elizabeth Hellman, Lindsay, Honorable Mention, Fifth Grade; Zach Hundt, Lindsay, 1st Place, Fifth Grade; Rylee Reiter, St. Mary's, Honorable Mention, Fifth Grade; Madeline Harris, Era, Honorable Mention, Fifth Grade. Winners who were not present include: Reagan Roane, Valley View, 1st Place, Kindergarten; Christina Flook, Era, 1st Place, Second Grade; Molly Yarbrough, Era, 2nd Place, Second Grade; Hannah Kyle, Chalmers, 3rd Place, Second Grade; Lizeth Vazquez, Chalmers, 1st Place, Third Grade; Ashya Litherland, Era, 1st Place, Fourth Grade; Morgan Yarbrough, 2nd Place, Fourth Grade; Jayme Lawson, Era, 3rd Place, Fourth Grade; Coy Thomas, Era, 2nd Place, Fifth Grade. NCTC photo



2008 Sacred Heart Homecoming Queen Lisa Miller waits on the side line with Tiger mascot Jordan Henscheid to crown the new Queen during pre-game activities last Friday evening. Janie Hartman photo

Learn how to improve your memory as you age

Many people believe that memory loss and aging go hand-in-hand; as a person gets older his or her memory begins to fail. Not true! Texas AgriLife Extension Service, the Area Agency on Aging of Texoma, and the Stanford House will be offering "Master of Memory," a class that will help you understand how your memory works and what may affect your memory. Medical conditions, medications, diet, and exercise, among other things, may all play a role in how your memory works. "Master of Memory" will also help to identify and use strategies to improve your memory function.

Andrew Crocker, Extension gerontology specialist, will be at the Stanford House on Friday, Oct. 16 to teach this fun and informative workshop. Lunch will be provided by Adela's Kitchen at Pecan Tree. The workshop will begin at 9:30 a.m. and will conclude at 3 p.m. There is no charge to attend, but registration will be limited to the first 50. Register by calling (940)668-5412 or by email at adneu@tamu.edu.

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The Lord is my strength and my song; He has become my salvation.

Exodus 15:2

Send your news items to the Muenster Enterprise by mail P.O. Box 190, Muenster TX 76252 or via e-mail - jfelderhoff@ntin.net or muenster-enterprise@ntin.net

Lunch Menus

WEEK OF OCT. 5 - 9 MUENSTER ISD

Mon. - Burritos, Spanish rice, pinto beans, peaches, cake.

Tues. - Baked ham, creamed potatoes and gravy, corn, pears, hot rolls.

Wed. - Pizza burger, chips carrots, apples, cookies.

Thurs. - Spaghetti w/meat sauce, lettuce salad w/dressing, green beans, pineapple, bread sticks.

Fri. - Chicken patty sandwich, lettuce, tomatoes, French fries, pork and beans, applesauce, ice cream.

SACRED HEART

Mon. - Corn dogs, pinto beans, cheese sticks, apples.

Tues. - Steak fingers, potatoes, gravy, mixed vegetables, cookies, bread.

Wed. - Baked chicken, rice pilaf, carrots, peaches, bread.

Thurs. - Pork chops, potatoes, gravy, mixed vegetables, hot apple slices.

Fri. - Turkey sandwich w/

trimmings, potato wedges, oranges.

LINDSAY ISD
(Lindsay is beginning to serve daily breakfast)

Mon. - Sausage, biscuits, gravy.

Tues. - Waffles, bacon.

Wed. - Breakfast burritos.

Thurs. - Pancakes, ham.

Fri. - French toast strip, scrambled eggs.

Lunch

Mon. - Cheese enchiladas w/chili, pinto beans, Spanish rice, peaches.

Tues. - Grilled chicken melt w/mozzarella on a bun, baked beans, fresh fruit, vanilla pudding, animal crackers.

Wed. - Steak fingers, mashed potatoes, gravy, peas, pineapple, bread.

Thurs. - Lasagna, green beans, lettuce salad, peaches, bread stick.

Fri. - Hamburgers w/trimmings, oven fries, ice cream.

ERA ISD

Mon. - Hamburgers, sliced

cheese, trimmings, tator tots, fruit mix.

Tues. - Chicken tenders, mashed potatoes, gravy, roll, strawberry applesauce.

Wed. - Frito chili pie, shredded cheese, corn, pears, wacky cake.

Thurs. - Chicken fajitas, bell pepper and onions, pinto beans, cornbread, pineapple.

Fri. - Spaghetti w/meat sauce, green beans, breadstick, peaches, ice cream.

An old farmer's advice

If you find yourself in a hole, the first thing to do is stop diggin'.

Sometimes you get, and sometimes you get got.

Always drink upstream from the herd.

Timing has a lot to do with the outcome of a rain dance.

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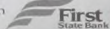


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SPORTS

Sacred Heart gets big 48-6 Homecoming win over Savoy

It wasn't pretty, to say the least, but a win's a win, and the Sacred Heart Tigers will take them any way they can, including Friday's 48-6 Homecoming victory over a scrappy Savoy ball club.

Coch Dale Schilling commented that the Tigers executed their game plan real well. "The offensive line played well and the defense stepped up and held Savoy scoreless for three quarters," Schilling added.

It was four downs and out for Savoy, punting to start the Tigers near midfield. A Matt Hesse to John Krawietz pass gained 11 yards to the Savoy 35. Hesse then set sail on his 35 yard touchdown run. Jae Kook Im added the extra kick for a 7-0 score with 9:29 on the clock.

Hesse wasted little time in ringing up the scoreboard again when he covered a fumble on the Cardinal 20. Clay Hogan picked up 19, with Hesse scoring from the 1. A fumbled snap on the extra kick was run in by Im to give the Tigers a 15-0 lead with 7:56 still remaining in the 1st period.

Savoy moved from their 25 yard line to the midfield stripe before a tackle by Chad Henschel and Hesse and two incomplete passes forced a punt. The 9 yard kick put the Tigers on their 40 yard line.

A screen from Hesse to Josh Biffle moved the ball into Cardinal territory. A personal foul and a good run by Hogan took the Tigers to the 9. Hesse scored the next play, with Im's kick giving Sacred Heart a 22 point lead with 4:43 on the clock.

Savoy was forced to punt again after they couldn't move against the Tiger defense led by Gene Yosten and Hesse.

Two plays later, Bob Bartush found the end zone, but a flag brought the ball back out. The Tiger offense was not finished plucking Cardi-

nal feathers, scoring on a 6 yard Hogan run with 18 seconds on the 1st period clock. A bad snap on the point after gave the Tigers a 28-0 lead.

Tackles by Hesse, Garrett Berend, and Henschel forced another short punt that gave Sacred Heart possession 25 yards from paydirt. The Tigers added another quick 7 points with a Hogan run and an Im kick to take a 35-0 lead with 10:19 remaining in the 2nd quarter.

The Tigers' next drive did not end with a touchdown. Getting to the 10 yard line, a bad snap lost 12 yards, and with two incomplete passes, Sacred Heart attempted a field goal, but it fell short of the post. The next play, Matt Hesse intercepted a pass, placing the Tigers 17 yards from paydirt.

Four Hogan runs found the end zone, but a penalty put the Tigers back on the field. Two plays later, Krawietz scored with 3:02 on the clock. The PAT failed for a 41-0 score.

A personal foul and a loss caused by Berend were followed by a Biffle interception that was returned for 6 points. Im added the extra point for a 48-0 halftime score.

The 2nd half saw mostly JV Tigers on the field. The first possession was fumbled, as was Savoy's, when Chad Walterscheid covered the ball, stopping a Cardinal scoring threat.

Time ticked by quickly as both teams mostly ran plays, with Savoy getting on the scoreboard the first play of the 4th with a 1 yard leap for a 48-6 score.

The teams exchanged possessions, with the Tigers advancing to the 5 yard line from runs by Phillip Vogel, but time ran out. When the final buzzer sounded, Sacred Heart improved their season to 3-2 at the Cardinals' expense.

SH	28	20	0	0	48
S	0	0	0	6	6

Team Stats

SH		S
19	1st downs	7
35/282	Rushes/yds	35/149
4/9/0	Comp/att/int	3/18/2
53	Passing yds	15
1/38	Punts/avg	6/24
2/1	Fumbles/lost	2/2
4/35	Penalties/yds	6/54

Individual Stats

RUSHERS: Clay Hogan, 16/136; Phillip Vogel, 10/78; John Krawietz, 2/33; Matt Hesse, 5/32; Chad Walterscheid, 2/3. RECEIVERS: Josh Biffle, 2/22; Bob Bartush, 1/20; John Krawietz, 1/11. TACKLES: Michael Davis, Bob Bartush, Chad Henschel, Matt Hesse. TURN-OVERS: Fumble Recovered - Matt Hesse, Chad Walterscheid; Interceptions - Matt Hesse, Josh Biffle for TD.

Next Action

The Tigers will host the Alford Bulldogs this week. "They're very dangerous. Their quarterback is very explosive. He can beat you with his legs and his arms," commented Coach Schilling. Alford, a Class 2A school, has 236 students compared to Sacred Heart's 82.

The Bulldogs are 2-2 in the season with wins over Petrovia and Electra and losses to Valley View and Windthorst. Kick-off is 7:30 p.m.

Cubs over Kittens

The Sacred Heart Cubs traveled to Callisburg last Thursday, bringing home a 12-0 win.

There was no scoring the 1st half, but defensively Brady Endres covered a fumble.

Sacred Heart took the 2nd half kick on their 31 yard line. Five consecutive runs by Isaac Walterscheid moved the ball to the Cat 38. A Kason Reeves to Walterscheid pass gained 35 yards. With 3:38 on the clock, Walterscheid completed the drive



The Muenster Hornets huddle in prayer after last week's game at Wolfe City.

Deanna Hellman photo

Hornet comeback cages Wolves

After allowing Wolfe City to score 17 points to Muenster's 7 during the 1st half, the Hornets came out the last two periods, scored 25 points, and took a 32-24 victory from the Wolves.

"It was kind of like two games," said Hornet Coach Allen Cross. "The 1st quarter we spotted them 17 points. We adjusted to their speed. They are by far the fastest team we've played this season. And the 2nd, 3rd, and 4th quarters were the best the Muenster Hornets have ever played since I've been here. The offense came out of their shell and kept building confidence. The boys are playing tough!"

Wolfe City took the opening kick, pounding away at the Hornet defense for 13 plays and scoring with 6 minutes on the clock. The PAT gave the home team a 7-0 lead.

The Hornets gained 6 yards and punted. The next play, it was 14-0 and the Muenster fans had a feeling it was going to be a long night.

Muenster got in two 6 yard runs and two 9 yard pass plays before running out of downs. Less than 2 minutes into the 2nd stanza, the Wolves were back on the board again, setting for a field goal for a 17-0 lead.

The Hornets' next drive began on the Wolf 14. A Levi Trubenbach to Jason Luke combination clicked for 24 yards, followed by a 20 yard run by Chris Valliere. Muenster was on the board when quarterback Trubenbach broke for a 41 yard touchdown run. A successful kick by Aaron Flusche made it 17-7 with 9 minutes remaining in the period.

Muenster's defense forced a Wolf punt, placing the Hornets on their 13. After Muenster failed to hit paydirt on their next series of plays, they punted. The teams exchanged another set of punts.

The Hornet defense wouldn't let Wolfe City do anything, in the air or on the ground. A Wolf field goal attempt failed, ending the 1st half of play.

To start the 3rd quarter, Valliere, Trubenbach, and Luke got in short runs, with Luke catching two passes to the 3 yard line. Valliere pushed into the end zone, Flusche's point after was true, and the Hornets closed the score to 17-14 with 7:46 remaining in the 3rd period.

Muenster scored again before the quarter ended. With 14 seconds on the clock, a Trubenbach to Tyler Anderle pass completion was good for a 29 yard touchdown play. The PAT failed and the Hornets entered the final period with a 20-17 lead.

The Hornet defense also got into scoring when an Anderle interception set up Muenster's next points. The Hornets showed Wolfe City how it was done by quickly scoring. A Trubenbach completion to Luke gained 37

yards for another touchdown and a 26-17 score.

Wolfe City answered back, taking only two plays to close the points to 26-24.

The Hornets went back down the field on a drive to ice the game. Valliere scored on a 24 yard run, finishing a 10 play, 65 yard drive with 4:20 remaining in the game. The PAT pass play failed for a 32-24 score.

The Hornet defense kept the Wolves out of the end zone for a Muenster victory.

WC	0	7	13	12	32
M	14	3	0	7	24

Team Stats

M		WC
20	1st downs	16
44/298	Rushes/yds	40/270
11/28/0	Comp/att/int	6/21/1
144	Passing yds	55
4/30	Punts/avg	4/28
1/0	Fumbles/lost	2/1
6/45	Penalties/yds	4/20

Individual Stats

RUSHERS: Chris Valliere, 23/149; Levi Trubenbach, 19/136; Jason Luke, 2/13; RECEIVERS: Jason Luke, 7/89; Scott Porter, 2/17; Tyler Anderle, 1/29; Eric Hellman, 1/9. TACKLES: Andy Flusche 11 (1 forced fumble), Jeremy Lutkenhaus 8, Eric Hellman 6, Aaron Flusche 5, Chris Valliere 5. TURN-OVERS: Fumble Recovery - Dalton Koelzer; Interception - Tyler Anderle; PLAYERS OF THE WEEK: Offense - Levi Trubenbach, Chris Valliere and the offensive line of Aaron Flusche, Luke Crabtree, Jeremy Lutkenhaus, Andrew Koesler, and Dillon Bayer; Defense - Andy Flusche; Special Teams - Andy Flusche and Jeremy Lutkenhaus.

Next Action

This Friday, the Hornets play host to the Santo Wildcats for the 2009 Homecoming game.

Santo was winless in District last season, with only one win for the entire season. This year, they hold a 0-4 record to date, losing to Frost (22-8), Era (41-14), Cross Plains (39-7), and Baird last Friday (28-22).

"They have a program that is getting better week to week," said Coach Cross. "They scare you. You want to play and keep the momentum going up. We are trying to get good at what we do."

The game begins at 7:30 p.m. Pre-game Homecoming activities start at 7 p.m.

Muenster JV takes win

The Muenster Hornet JV football team hosted the Wolfe City Wolves and improved their record to 3-2 with an impressive 14-6 win last Thursday night. The Hornets began the game with the ball and marched right down the field on a 12-play, 75 yard scoring drive led by Hornet quarterback Hunter Klement. Mark Jones scored the touchdown and Klement connected with Trevor Hess for the 2 point conversion.

Blake Voth "had a great game at wide receiver," according to Coach Trey Gray. He caught seven balls including a 25 yard touchdown thrown by quarterback Klement.

"The Muenster Hornet defense looked really good were dominant against the run all night," continued Coach Gray. Mark Jones, Paul Mouring, Darrin Springs, and Trevor Hess led the charge on defense.



Tiger teammates Gene Yosten (58) and Chad Henschel (71) congratulate Josh Biffle (10) on his touchdown interception against Savoy last Friday. Janie Hartman photo

Hamburger Benefit for Carl Sicking Family

\$5 Donation

Friday, October 9
5-7p.m.

Before the Muenster vs Lindsay football game
Muenster ISD Cafetorium

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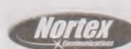
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Lindsay offensive linemen open a path for Ryan Haverkamp (5) to make a gain against Archer City. Jay Anderle photo

Knights take win over Wildcats

Ten extra 1st downs and over 100 more offensive yards helped the Lindsay Knights take a 17-7 Homecoming victory over the Wildcats of Archer City last Friday night.

"The boys played better and that is a good sign," said Lindsay Coach Cody Bounds. "Our goal is to keep working hard in practice and to continue to play better every week."

Bounds noted how the se-

niors lead the team in the right direction. "I expect a lot from this group and I am very hard on them."

Lindsay's defense did not back down against the speedy Wildcats, stopping their opening drive 19 yards from the end zone.

The Knight offense then took 10 plays to push 81 yards. Dax Fleitman tossed passes to Ross Jones and Ryan Haverkamp, while Frankie Cornett, Haverkamp, and

punt. The Knights got in seven plays, and then punted. The 'Cats went to the air, completing a few, but their drive ended when Ross Jones intercepted a pass inside the Knight 20 as the halftime break arrived.

Lindsay's offense took the field to begin the 3rd period. Three Fleitman passes to John Block gained 44 yards, but wasn't enough when a fumbled play and loss of yards put the team in a 4th and 15 situation on the 33. An attempted field goal was blocked by Archer City who got the ball on the 43.

The Knight defense forced an Archer City punt which they dropped Lindsay to deep on their 4 yard line. The teams exchanged a couple of punts, with Lindsay fighting to the 9 yard line. On 4th and 1, Jones booted a 26 yard field goal with 5:20 remaining in the game, to give the Knights a 17-7 lead.

Archer City got in 11 more plays and Lindsay 7 before the game ended.



A Wildcat brings Knight Frankie Cornett to the ground. Jay Anderle photo

L	7	7	0	3	17
AC	7	0	0	0	7

Team Stats		L	AC
21	1st downs	11	11
46/160	Rushes/yds	28/156	14/20/0
175	Comp/att/int	8/24/1	175
3/37	Passing yds	66	3/37
3/1	Punts/avg	4/32	3/1
8/59	Fumbles/lost	3/1	8/59
	Penalties/yds	4/20	

Individual Stats

RUSHERS: Frankie Cornett, 14/85; Ryan Haverkamp, 19/71; Josh Mueller, 5/5. **RECEIVERS:** Ross Jones, 7/93; John Block, 4/47; Madison Parkhill, 2/22; Ryan Haverkamp, 1/13. **TACKLERS:** Greg Luttmir 8, Will Taylor 7, Jordan Lane 6, Josh Mueller, Tyler Hundt, Ryan Haverkamp. **TURNOVERS:** Fumble Recovery - Tyler Hundt; Interception - Ross Jones.

Next Action

The Knights travel to Petrolia to pick on the Pirates before starting District competition next week.

"Petrolia has a good team. Things don't get any easier this week. We face another tough opponent," noted Coach Bounds. "I hope we continue to get better with everything going our way going into District."

Kick-off is at 7:30 p.m.

Lady Knights continue winning in District

The Lady Knights continue to control their District as they took a win over the Saint Jo Lady Panthers last Friday by scores of 25-22, 25-5, 25-14.

Kaylee Murphree led the team with 22 kills (K), 3 blocks (B), 2 digs (D), and 2 assists (A); Brenna Mlinar added 2K, 5D, and 36A; Kristin Martin got 11K, 2B, 14D; Taylor Atkins 3 aces (AC), 4K, 7D; Jordan Fleitman 3D, 2A; Alyx Ethington, 6D; and Allison Metzler 3K.

On Tuesday, Lindsay traveled to Blue Ridge and improved their overall record to 22-10, and their District record to 6-0 by defeating the Blue Ridge Lady Tigers 3-1. Scores were 25-18, 25-8, 26-28, 25-5.

Leading stats were Mlinar, 3AC, 9D, 36A; Atkins, 4AC, 2K, 6D; Martin, 5AC, 18K, 8D; Fleitman, 4K, 5B, 4D; Murphree, 3AC, 12K, 4B, 3D.



Kristin Martin (7) prepares to slam the ball back to the Lady Tigers. Jay Anderle photo

Sub-Varsity

Freshmen

Last Friday, the Lindsay freshman volleyball team defeated Prairie Valley 25-17, 25-13. "The girls played much better," noted Coach Don Neu. "The energy and execution was much better."

Junior Varsity

The JV Lady Knights took a 25-16, 26-24 win over Prairie Valley. "The girls played well at times," said Robin Hess.

Freshmen

The freshman team defeated Blue Ridge in a District volleyball game Tuesday in Blue Ridge. The scores were 25-9, 25-14.

Junior Varsity

In the JV game, the Lady Knights defeated the Blue Ridge Lady Tigers with a come-from-behind win in the second game to win the match. The scores were 25-20, 25-22. "We lost focus early in the second game, but regained it and managed to win the second game for the match," said Coach Hess.

Texas Game Warden Reports

"More than" wardens
On July 25, two Coke and Sterling county wardens were patrolling Oak Creek. Checking a boat for water safety, they began to leave and observed the boat capsizing. After a quick turn back to the capsized boat,

the wardens noticed the pair in the water. Life jackets were thrown to the two, but one was having difficulties and could not get into the life jacket and was going under water. One warden jumped into the water while the other placed the boat next to

them and led both men into the boat and to safety.

Thirsty as the fish
A warden found a group of underage drinkers and fishermen hiding on a canal leading off Balmorhea Lake. After some talking to, picking up litter, and a few cita-

tions for providing alcohol to minors and littering, the subjects went on their way a much wiser group of young men.

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Soft Drinks (Coke, Diet Coke, Sprite or Dr. Pepper)	\$1.65

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TIRE SHOPcont. from pg. 1

deliver two to five times a week, eliminating the need for a large inventory. "There are so many sizes now that it's impossible to keep all of them," he said.

Herbie shared his reasons for opening Knabe Tire. He was working in Gainesville and driving cars back and forth to work on them. "I wanted to be closer to my family, so that was another thing that made me want to come over here." And that goal was accomplished. His wife Edna came in and did the paperwork. Their children grew up in the "old shop."

"It was a neat thing to have the kids around," Herbie commented. "Our youngest one was born a couple of months after we opened that business, so she was in it from a baby on and grew up in it. My boys all helped in the shop and it got to where they would go out and work on tractor tires, too. When they left home, I really missed them."

It wasn't always easy going for the business. Herbie remembers, "There were some rough times, but thank goodness for the community. They helped us along, gave us their business, and helped make everything work."

Herbie said that without the support of people in the community and the area, they could not have made it in business for 33 years and he was very appreciative of that support.

The Knabe's daughter Dawn Knabe realized how much her father valued his customers. She recalled a sign that has hung in the office for many years. It reads, "There is only one boss: the customer. And he can fire everybody in the company from the chairman on down simply by sending his money somewhere else." She said it stood as a reminder to all at

Knabe Tire & Battery that the customer is how they stayed in business.

Dawn recalled, "While Herbie spent hours with the customers, Edna spent hours making sure the customers' statements were accurately posted with invoice charges and payments. With six children growing within this working family, Edna could not be down at Knabe Tire & Battery every day. Many times at the end of the month she would do her part at home. She would be up all hours of the night stuffing and sealing envelopes."

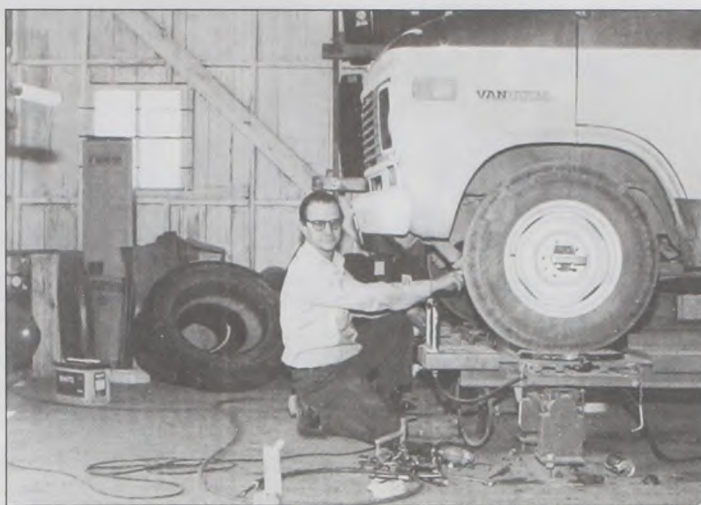
Asked his retirement plans, Herbie laughed and said, "To buy everybody in town." He serves as chief for the Muenster Volunteer Fire Department of which he's been a member for 43 years. He plans to continue his volunteer service there.

Edna worked in the business until last year in January when she decided it was time for her to retire. She said that she has been busier than ever since she retired. Dawn came in to take over her mother's work there. She will continue with the company as will Pat and most of the other employees.

Of her experience with the family business, Edna said, "Our customers are the best."

Edna said that all of the children worked in the business. They paid them like any other employee at the business. The children were expected to put half of their earnings in savings for college.

"It was a wonderful life as far as I'm concerned," Edna explained. "I'm the luckiest wife in the world. Herbie enjoyed his work. It wasn't always that way. He had a job or two he didn't like. He did what he always wanted - started a business he could make a go of and be with his



Herbie Knabe in his first year in the tire business.

Courtesy photo

family." Dawn worked in the business since she was old enough to work. Sometime she worked there part-time. She is now full-time.

One of Dawn's memories of the early days in the business was when she was in second grade. She said that in the evening she recalls sitting at the kitchen table with adding machines totaling the accounts.

Dawn said back then everything was handwritten and carbon copies were used. Back then when a customer ordered tires, it was a back and forth process between the customer and the tire companies to see what was available, the cost etc. Now, they check on line to see what is available and order right then.

By working together, Dawn feels that the family was closer. The children learned work ethics from their parents. She said they saw how the business provid-

ed the things they depended on such as their home, and learned how their father provided for them.

Joel Schilling mapped out some of their plans for Schilling Tire & Auto. He said that they plan to have two mechanics available full-time to work on anything. They are doing truck service for tire repair and some light truck repair. Also tractor and farm tires and all vehicles need such things as maintenance and major repairs. They will do inspection stickers, but will have to wait a couple of weeks for the State to remove Herbie's machine and replace it with one for their use. Batteries are still sold there.

Joel and Jon hope to add on to the facility in the future to give more work area.

The phone number remains the same as that of Knabe Tire & Battery, 759-4141. The business hours will be somewhat different. The fall and winter hours are 8 a.m. to 5 p.m. Monday through Friday and 7 a.m. to 6 p.m. in spring and summer. Saturday is 8 a.m. to noon.

Joel said they are looking forward to serving the customers and would love to have everyone's business.

Jon and his wife Michelle currently live in Saint Jo. They have three children Marcus, Jonna, and Jillian. Joel is married to Leslie. They have two children Landry and Avery. They live in Denton.

Both brothers hope to move back to Muenster and send their children to school here.

Clinic property sells back to Hospital District

After 46 years, the Medical Center in Muenster, the Muenster Family Health Clinic, Muenster Pharmacy, and North Texas Dental Specialists are now located has been sold. It was purchased by the Muenster Hospital District on Sept. 22.

It became the home of local medical facilities in 1963 when a group of four Muenster residents purchased the location of the Medical Center from the Hospital and built a home for the local doctors to practice. When Dr. Kralicke came to Muenster in 1963, one of his requirements was a clinic building and a new home. This was promised to get Dr. Kralicke to come to practice in Muenster, and it was vital to keep the Hospital open. One of the Board members agreed to move out of his new home to give the Kralicke family a place to live and this person also promised to build Dr. Kralicke a clinic building.

Thus the Medical Center as it stands today was built to house doctors, a pharmacy, and dentist office. The Medical Center building was an important factor in getting doctors to locate in Muenster.

There was no tax money to build this building and at the same time the Hospital was in financial straight. A group of four local people agreed to build the building. They were Dick Trachta, Rufus Henscheid, Clyde Fisher, and Dr. Martin Kralicke.

Since 1963, every doctor who practiced in the Clinic building was offered free rent for as long as it would take to get the doctor established. Some took the free rent and others did not. Most practiced in the Medical Center building.

MMH Administrator Lynn Heller stated that the leases with the Pharmacy and Dentist will continue and they have already been contacted to assure them of that intent.

MISDcont. from pg. 1

new cafeteria, and the bids to remove asbestos tile from the band hall and four classrooms. The Board also did a walk through of the high school and old cafeteria building. It was noted that the old cafeteria is in good shape and plans are taking shape to sell old equipment.

In reported items, the delinquent tax collection for August was \$3,137.80.

Coach Allen Cross reported that there are 50 students in high school boys athletics and 38 boys in junior high athletics. There are 47 girls in high school athletics and 31 girls in junior high athletics.

Jeff Presnall, technology director, reported the network infrastructure project is complete. Network drops in the new building were incorrectly wired by the original subcontractor and have been repaired. Also, since the first day of teacher in-service, 58 of 93 tech assistance requests have been completed.

High School Principal

Brandon Peavey noted that progress reports were mailed to parents and an update on FCCLA, FFA, and UIL activities was given.

Lou Heers, elementary principal, reported on past events and that UIL practices have begun. It was noted that this year's Elementary UIL District Meet will be at Era on Friday, Dec. 4.

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CACIQUE Beef or Pork Chorizo10 OZ.	5\$5	CHICKEN, HAM, OR SEAFOOD Reser's Salads12 OZ.	\$2.69
JOHNSONVILLE SELECTED VARIETIES Breakfast Sausage Links 12 OZ.	2\$19	ASIAN GOLD 41/50 CT. PEELED AND DEVEINED Cooked Shrimp2 LB.	\$11.99
SEASONED BEEF OR CHICKEN BREAST Eddy's Fajitas24 OZ.	5\$99		

TOWN TALK SANDWICH White Bread24 OZ.	99¢
CHARMIN ULTRA SOFT OR ULTRA STRONG Bathroom Tissue6 BIG ROLLS	\$3.99
ORIGINAL, COMPLETE, OR BUTTERMILK COMPLETE Aunt Jemima Pancake Mix 32 OZ.	2\$4
FOR ALL COFFEE MAKERS, SELECT GRINDS Folgers Coffee10.3-11.3 OZ.	2\$5
GRANULATED C&H Sugar4 LB.	2\$4
ASSORTED VARIETIES PASTA American Beauty12-16 OZ.	5\$5
24 OZ. UPRIGHT OR 20 OZ. UPSIDE-DOWN Hunt's KetchupYOUR CHOICE	\$1.29
QUAKER ASSORTED VARIETIES Instant Oatmeal11.8-15.1 OZ.	2\$6
PICANTE Clamato Cocktail Juice64 OZ.	\$3.99
ROSARITA ASSORTED VARIETIES Refried Beans16 OZ.	4\$5
NISSIN ASSORTED Cup Noodles2.25 OZ.	5\$2
ASSORTED VARIETIES Spam Luncheon Meat12 OZ.	2\$5
SELECTED VARIETIES 50 OZ. DETERGENT Gain 2X Liquid24-32 LOAD	\$4.99
SELECTED VARIETIES 61-63 OZ. POWDER Gain Laundry Detergent31-40 LOAD	\$4.99
ORIGINAL FRESH SCENT Gain Fabric Softener64 OZ.	2\$6
PRODUCTOS CALIENTES ASSORTED SCENTS Fabuloso Liquid Cleaner28 OZ.	2\$4
WESTERN FAMILY WHITE OR NATURAL BASKET STYLE Coffee Filters100 CT.	79¢
WESTERN FAMILY ASSORTED Household GlovesPAIR	\$1
WESTERN FAMILY 24 PACK, 12 OZ.	

**Discontinued Item
Closeout
WHILE SUPPLIES LAST
Buy One
Get One Free!**

**Coors or
Coors Light**
\$20.99



2 LITER
Dr. Pepper

**5\$5.00
FOR**

6 PACK, 16 OZ.
Dr. Pepper

\$2.99



Health & Beauty Care

8.3 OZ. DAYTIME/NIGHTTIME WARMING RLF, 12 CT. STRIPS, 24 CT. SEVERE COLD/COUGH DAYTIME OR NIGHTTIME CAPS, OR SELECT GROUP 6 CT. PACKETS TherafluYOUR CHOICE	\$4.99
WESTERN FAMILY ASSTD. MOUTHWASH & GARGLE OR Antiseptic Mouth Rinse 33.8 OZ.	2\$3
WESTERN FAMILY MEDIUM OR SOFT 1 CT. Super Angle Toothbrush2 FOR	\$1

SELECT GROUP MAX FRESH, TOTAL, OR 2-IN-1 Colgate Toothpaste4-6 OZ.	2\$6
SELECT GROUP 24/7 ANTIPERSPIRANT SPEED STICK OR Lady Speed Stick23-3 OZ.	2\$5
SELECTED VARIETIES Suave Body Wash12 OZ.	2\$4
WESTERN FAMILY SELECT VARIETIES Skin Care Lotion10 OZ.	2\$3

Dairy & Frozen Foods

ASSORTED CHAMPI CONES, OR SWEET FREEDOM SUNDAE CONES OR VANILLA SANDWICHES Blue Bunny Novelties 6 CT. PKG.	2\$9
ASSORTED VARIETIES Kid Cuisine7.2-10.6 OZ.	2\$4

ASSORTED VARIETIES CRISP CRUST Totino's Party Pizza 9-10.9 OZ.	4\$5
SELECT VARIETIES APPETIZERS T.G.I. Friday's7.6-12 OZ.	2\$5
KRAFT SELECTED VARIETIES Chunk Cheese8 OZ.	2\$4
PILLSBURY Cinnamon Rolls12.4-13.9 OZ.	\$1.79
SOFT SPREAD Blue Bonnet4.5 OZ.	\$2.99