

Six Muenster teens march for life in Washington, D.C.

Six Muenster youth were among the hundreds of thousands of people who participated in this year's 34th Annual March for Life in Washington, D.C. on Jan. 22. They traveled by bus with a group of 45 other youth and adults from Holy Spirit Parish in Duncanville, Sacred Heart Parish in Rowlett, and St. Mark the Evangelist Parish from Plano. The local youth attending the weekend

events were Nicole Bayer, Lisa and Kristen Miller, Natalie Endres, Charlotte Bartush, and Stephen Davis. The main event on Saturday night was the National Prayer Vigil for Life Mass. The Mass was concelebrated by five cardinals, about 50 bishops, and more than 200 priests in the Basilica of the Immaculate Conception. One of the special high-

lights of the trip for the youth was the Rally and Youth Mass at the Verizon Center on Monday morning which was attended by thousands of young people. This was followed by the March for Life. It was during the March that the youth met up with the group of 45 youth and adults from the Fort Worth Diocese led by Bishop Kevin Vann. Although Bishop Vann has participated many times in the March for Life during his priesthood, this was his second year to lead the Fort Worth Diocesan delegation, marching side by side with the young people through the cold snow and rain.

For the local youth, this was an unforgettable experience as they joined thousands of other young people from all parts of the United States in witnessing to the culture of life. They all look forward to the possibility of participating in the March for Life again.



Bishop Kevin Vann and Sacred Heart Catholic School students stand still for pictures in Washington, D.C. during the March for Life. SHCS photo

KMB elects a new president

At the monthly meeting for Keep Muenster Beautiful (KMB) held Feb. 8, members elected officers and were given a recap of the many activities now being undertaken for this spring.

Elaine Schilling was elected new president of KMB. She is bringing together member volunteers to participate in the Great Texas Trash Off which is scheduled statewide for April 14. The pavilion at Muenster City Park will be used for registration, which will begin at 8:30 a.m. Every city and town in Texas affiliated with Keep Texas Beautiful (KTB) participates in this massive anti-litter campaign on the same day.

On Feb. 17, members and community volunteers will help plant 200 trees purchased by funds raised by KMB at the Rain Dance last September. Volunteers are asked to come to the east dam-side gate before 9 a.m., bringing gloves, appropriate footwear, and personal water. It was decided to use the remainder of funds next year to help on a cost-share basis with the Muenster Water District. The District may need another 10,000 trees to fulfill requirements. Planting over several years decreases risk of a crop failure due to poor weather conditions. The major donor to the Rain Dance fundraiser was Atmos Energy, followed by three other individuals who together donated \$1,000 of the \$2,000 raised. A representative of Atmos Energy will be on hand to assist in tree planting.

KMB will also undertake a new cleanup campaign at the new lake on a date in March to be announced soon.

The Governor's Community Achievement Award (GCAA) is a contest Muenster has won four times in the last 20 years and is responsible for contributing over \$250,000 in improvements to the City. After winning funds, Muenster is not eligible to win funds again until the third year; however Muenster has won awards and recognition in many of the "off" years. KMB is again striving to win the "Excel-

lence" award for 2007. This year the deadline is April 30 for submitting the contest application. Members and organizations are asked to submit information to be included in the contest application for 2007. Copies of articles, before and after photos, hours spent, and a description of the project is most helpful. Contact Elaine Schilling, Kay Hickey, Kay Broyles, or Gary Fisher before April 15. On May 1, another contest year begins and Muenster can compete for the \$65,000 GCAA prize sponsored by KTB in 2008.

Members also got an update on when construction will begin on the new fence at the City Park. TxDOT representative Jorge Contreras indicated bidding is taking place now and the contract is expected to be let by March 8. Construction will not begin until after Germanfest and may take until July to complete. It is expected the fence will be about 650 feet long and contain about 26 rock columns with decorative iron fence spanning between columns. The rock will closely match that used on the front gate. Funds to purchase this new fencing came directly from the prize winnings of the GCAA contest won by KMB while Kay Broyles spearheaded activities in 2005.

KMB will participate with Texoma Council of Governments in a new Household Hazardous Waste Disposal program to be held May 5. Area citizens will be given an opportunity to dispose of household hazardous wastes at a central collection point. Muenster residents are asked to identify wastes they have on premises that need disposal such as batteries, bug sprays, aerosols, acids, automobile tires, oil based paints, pesticides, oil filters, old pool chemicals, paint thinners, and similar household chemicals. More information will be released next month.

Anyone interested in helping on projects undertaken by KMB can contact members mentioned above. Also watch for advertisements to be published by KMB in the Muenster Enterprise.



County gives North Texas Drug Task Force another 6 months

By Janet Felderhoff
Due to lack of state funding, the North Texas Drug Task Force is struggling to finance its operation and is seeking more financial support from the entities it serves.

At the Feb. 12 Commissioners Court meeting, Jim Whitehead with the North Texas Drug Task Force explained that effective March 2006, the state had eliminated funding for drug task forces. The North Texas Drug Task Force made a one year agreement with all entities in its area to fund the Task Force. That year ends on March 31.

Whitehead said that there is possible funding being considered by the Texas House of Representatives. In hopes of keeping the Task Force operating until that funding could be made available, the Task Force is asking each entity it serves to contribute \$11,000 for another six months. "At the end of that six months we

should know if there is going to be state funding," Whitehead noted. "If there's not, I really don't think it is going to continue because the majority of the entities can't afford it."

County Judge Bill Freeman said that they did not budget \$11,000 for the Drug Task Force. They had only budgeted \$9,000. Judge Freeman noted that from the Task Force's inception 17 years ago and up until two years ago, the County never had to pay its share. Two years ago, the County had to pay 100% of its share and last year it cost the County \$8,000.

Precinct #4 Commissioner Virgil Hess said that he has been a proponent of the Drug Task Force since it began, but wondered why it was asking for more funding after entities had drawn up the annual budgets. The previous amount requested was less.

Judge Freeman wondered if it wouldn't be more cost effective to hire a drug enforce-

ment officer to work with the City of Gainesville. Whitehead said that they have to be sent to California to be certified, there are expenses such as clean up, storage of drugs for evidence, and after the trial disposal of the drug.

If the County decided to go the six months with the Task Force, Judge Freeman said the Auditor said it could be taken from the Contingency Fund. Whitehead said that they were only looking for a commitment since they may not get enough entities to join for the six months to make it fundable.

Commissioner Gary Hollowell remarked, "Once upon a time they did an excellent job for us without a doubt. But, they were also self-sufficient. He felt that it would never be self sufficient again because the crooks are renting cars that can't be confiscated and sold. Whitehead replied it wasn't that, but that they had a 25% match grant which was easier to come up with than the full cost. The match was progressively getting higher for the Task Force.

Judge Freeman remarked, "I think your real gamble at this point is, do you want to go ahead and fund the \$11,000 and stay in this for six months and then if it is funded, we are automatically a member in the future. If they don't fund it, we are out the \$11,000." Commissioner Al Smith said that \$11,000 wouldn't get the County a drug enforcement officer, but would get them a six month membership.

Finally, Commissioners agreed to continue participation in the North Texas Drug Task Force for the next six months, not to exceed \$11,000 and to make the necessary budget amendments for the additional \$2,000 to fund it. They also said that they wouldn't sign a resolution until they know how many were joining and what the cost would be to join. Whitehead said that would be known within the week.

Amy Klein spoke of a meeting being held on March 1 at

the Capitol Extension Auditorium in Austin. It is in regard to the Trans Texas Corridor (TTC) and other transportation issues. She asked that Commissioners send a representative from the County and urged others to attend to voice their opinion. Klein opposes the TTC. Commissioners Court and several other entities in the County passed resolutions opposing its cutting across Cooke County.

Commissioner Hollowell agreed to attend as the County's representative and register the Court's opposition to the TTC as it is proposed today. Judge Freeman asked him to read the resolution if he gets the opportunity to speak.

The Texas Department of Agriculture has a Texas Yes Program. It offers a grant to promote rural events in Texas. According to Judge Freeman, any city or county can sign up for the program. He said that if the County signs up, then any entity in the County could sign up under the County. Any city in the County wanting to promote a festival or other event could apply for grants under the County. Commissioners Court unanimously approved joining the program.

In other business, Commissioners Court:
• Heard comments from Dick Sparkman, a resident in Precinct #4, on the increasing number of counties in Texas that have an election administrator. There are now 59 counties with an election administrator, of that number 22 have registered voters in numbers comparable to Cooke County. Judge Freeman and Commissioner Hollowell are on a committee looking at the feasibility of an election administrator for Cooke County.

Emergency Management Coordinator Ray Fletcher asked the Court to approve a grant match of \$1,500 for the Valley View Fire Department. They received a grant from the Department of Homeland Security to purchase air

See NTDTF, pg. 2

Red Bull Last Man Standing race on TV

Snow, sleet, and rain made its debut at the 2006 Red Bull Last Man Standing race held Dec. 1 and 2 at Red River Motorcycle Trails, Inc. in Bulcher. But not even the unpredictable Texas weather could put a damper on the treacherous terrain prepared for this event.

With a plentiful crowd of spectators on hand, David Knight (Isle of Man) rode to victory to capture back-to-back wins as Red Bull's Last Man Standing. Following behind Knight was Wayne Braybrook (U.K.) who took 2nd and rounded out the only two riders out of 128 who even finished the entire race.

With the race format, layout of the course, and unpredictable Texas weather that made this course extremely grueling, Red Bull North America, Inc. in coordination with the Red River Dirt Riders proved why Red Bull Last Man Standing is truly one of the toughest races in the world!

If you were one of the ones who didn't brave the wintry mix elements to attend the 2006 Red Bull Last Man Standing Race, the race was made into a TV special which will air Feb. 24 and Feb. 27 on Speed TV. Be sure to check listings for exact times, local channel, as well as obtain additional TV viewing information at <http://www.speedtv.com>.

BASKETBALL PLAYOFF ACTION
Come out and support your local teams as they vie for the title!!!

Thursday, February 15
(Practice Games)
Knights vs. Bellvue
at Lindsay - 6pm
Hornets vs. Trenton
at Muenster - 7pm

Friday, February 16
Area Playoff
Lady Knights vs. Hubbard
at Burleson - 7pm

Saturday, February 17
Area Playoff
Lady Hornets vs. Graford
at Springtown - 6pm
Bi-District Playoff
Tigers vs. Holy Cross
at Vernon - 2:30pm

Monday, February 19
Area Playoff
Tigerettes vs.
Longview Trinity or Rockwall Christian
at Sacred Heart - 6pm

Master Gardeners dig into Courthouse landscaping project

By Janet Felderhoff
Cooke County Master Gardeners attended Commissioners Court on Monday, Feb. 12 to present their plan for landscaping around the Cooke County Courthouse. Master Gardeners President Sylvia Bayer addressed the Court. Attending with her were Master Gardener members who are also members of the Keep Gainesville Beautiful Board. The two groups are working together on the landscaping project.

The plan Bayer presented was the final rendering of a

plan on display at the rededication ceremony for the newly renovated Courthouse. It was done by Ashley Hartman, horticulture instructor at NCTC, and Mark Krebs who is working on his horticulture degree. All plants in the plan are native or adapted and should take little maintenance and water.

Bayer said it was her opinion that it would take about three years to accomplish the whole project. She said that fund-raisers over the past two years were done mostly to fund the Courthouse project.

Phase One will be started soon. Bayer explained that it is to plant two Leyland trees and liriop around a memorial and another spot. The group allocated \$1,500 to pay for the two trees and the liriop and for the rendering of the landscape plan. They plan to use the three renderings to do presentation for organizations in the hope of raising more funds for the project.

During renovation of the Courthouse, some stones were unearthed on the west side of the Courthouse. The

stones are thought to be from a prior courthouse that burned. Some of those stones are planned for use in the Courthouse landscape.

"We have discussed selling those stones to folks for their gardens," Bayer noted. She said they have a list of 25 people already who would like to purchase the stones. Since they belong to the County they need permission to sell them. County Judge Bill Freeman said he thought it would be possible to surplus the stones and give them to

See LANDSCAPE, pg. 2

NTDTFcont from pg. 1

packs and a compressor and filling station to maintain the bottles. The grant is for \$64,000. VVVF had to match that with \$3,212. Cooke County had previously allocated \$1,500 per volunteer fire department to assist with such matching grant funding. The request for \$1,500 was approved.

- Approved Judge Freeman as pool coordinator, County Auditor Shelley Saunders as the primary contact, and First Assistant Auditor Alice Fleitman as the billing contact for the Texas Association of Counties Health and Employee Benefits Pool.
- Approved 2007 Cooke County Investment Policy with no changes from last year.
- Approved contracts with the following volunteer fire departments: Valley View, Callisburg, Lake Kiowa, Myra, Rosston, Era, Oak Ridge, and Moss Lake. Muenster has an interlocal agreement in place.
- Approved the re-subdivision of FRF Estates, Lot 60, Section 5, located off of Sunflower Drive in Precinct #2.
- Received and filed executed contract with Grayson County for jail services. Judge Freeman noted that this may fill the Cooke County Jail.

- Approved advertising for sealed bids for the sale of a 1990 Volvo 12 yard dump truck, a 1994 Freightliner tractor truck, and a 1000 gallon Rosco asphalt machine on tandem trailer from Precinct #2.
- Designated a 1991 F-150 pickup as surplus from Precinct #3 and approved advertising for sealed bids for its sale.
- Approved request by Cimmaron Gathering L.P. to install 88.40' of 6" poly pipe for a gas pipeline using a slick bore on CR 343, approximately two miles south of FM

- 1630 in Precinct #2.
- Approved rider to bond for Eric Trout, deputy sheriff and 235th District Court bailiff.
- Approved employee bond for Brenda Johnston, adult probation.
- Approved Sheriff's office bonds (deputy or jailer) for Jerry Crumley, Roy C. Idell III, William Linell, Robert L. St. John, Jerry Hudman, William Vestall Taylor, and Eric Trout.
- Approved indigent burial of Jessie Leroy Herron, Sr.
- Approved indigent burial of Marlene McCollum.

LANDSCAPE..... cont from pg. 1

the group for the purpose of raising funds for the Court-house landscaping. He will check to be sure it is done legally.

Commissioner Virgil Hess said that last week they heard from a man from the Harris County courthouse. They are trying to restore that building. It happens to be a "sister" courthouse to Cooke County's since they were designed by the same architect. Hess noted that the Harris County Courthouse looks a lot like ours, but is six stories instead of three.

A huge live oak tree graces the lawn of that courthouse. To raise restoration money, they are selling seedlings from that tree. They are offering one of the little saplings to Cooke County. Bayer said if it adapted to this area, there would be a place for it.

There was no money allocated for landscaping from restoration funds.

Bayer anticipates that landscaping work will begin soon since there is a small time frame in which to get the trees at just the right time.

Foundation provides low-interest loans for water wells

Certain low- to moderate-income individuals or families may be eligible for money to construct, repair or improve household water well systems through 1% interest loans from the Foundation for Affordable Drinking Water. The Foundation was established through the National Ground Water Association.

Qualified applicants can borrow up to \$8,000 at 1% interest for a term not to exceed 20 years. To qualify, households must:

- * Own the home and use it as the principal residence.
- * Have as the primary drinking water source an individual household well system located on the property of the home.
- * Must meet income eligi-

bility requirements.

- * Be located in a city, town, or unincorporated area with a population of less than 50,000.

Currently, the program is available in Alabama, Colorado, Idaho, Indiana, Iowa, Kansas, Maine, Massachusetts, Minnesota, Nebraska, New York, North Carolina, Ohio, Texas, Utah, Vermont, Washington, West Virginia, and Wisconsin.

The Foundation will not underwrite a loan once a project is underway or has been completed. Most new home construction projects are not eligible.

Another important aspect of the loan program is to educate loan recipients on the importance of regular well

maintenance and annual testing of their well system.

Complete information, including application forms and requirements and income eligibility limits, can be accessed by going to www.ngwa.org and clicking on the link for Foundation for Affordable Drinking Water. Applications and additional information can also be obtained by contacting the Foundation at 800-551-7379, or email Paul Humes at phumes@fadw.org.

The BEST of Ed Cler

Cooke County has always had quite a number of dairies in operation over the years. Most were small businesses, but they contributed greatly to the economy.

If you look back over the last 40 or more years, you can remember many farmers who hand-milked some of their better cows for a regular cash income, and let the rest of their cows raise calves for the beef market.

In earlier times, the milk was run through a cream separator, the cream put in five, eight, or 10-gallon cans, and either sold locally to Joe Trachta, who churned it into butter, or it was shipped by train to other markets.

Joe once told me how he often cheated some of his patrons by giving them lower butterfat tests than they should have gotten.

He recalled one man, whom he said he had done this for years, and one day, much later, he asked the man why he had let him get away with that for so long a time. The answer was, "Joe, I was satisfied with the test. You see, I knew what you were doing, so I just filled the can half full of cream. The rest was skim milk, and that's what you were buying all the time." They both had a good laugh.

For the benefit of those who don't remember the cream separator, there was always quite a lot of skim milk to dispose of after the separating was completed. A lot of it was fed to young calves that were already eating hay and grain, and no longer needed whole milk to thrive. The rest was

Dear Editor:

District Attorney Cindy Stormer has filed two frivolous mandamus lawsuits against District Judge Janelle Haverkamp. Both mandamus actions were denied by the Second Court of Appeals in Fort Worth, the latest within a few days of its filing. The Court of Criminal Appeals in Austin refused to even hear the nonsense contained in Stormer's first mandamus action. (...) Judge Haverkamp is unable to respond to the attacks of Stormer and her employees in the newspapers because of rules contained in the Code of Judicial Conduct. I will attempt to provide the other side of the story as I see it.

Stormer filed the first mandamus action complaining because she had to establish probable cause at habeas corpus hearings for defendants who had not been indicted. (Under Stormer's administration it normally takes longer than a year from the time of arrest to indictment.) Judge Haverkamp merely followed the law which had been in effect since at least 1940, and I can provide the citation for the case that was decided that year to anyone who wants to see it. The previous District Attorney had no problem establishing probable cause at these hearings, even when she was the only attorney in the office. In fact, it was not until the Assistant DAs who had served in the previous administration left that the problems started. When Stormer's assistant, Martin Peterson, started work most of the problems and all of the mandamus actions began. Peterson was obviously not aware of the probable cause requirement even though the taxpayers are paying him a salary of almost \$90,000 per year, (...)

In her recent letter to the editor of your paper, Stormer says it is rare for a judge to hire a private attorney when a writ of mandamus is filed against her. That is not true. In fact, private attorneys represent the judge in many of

the mandamus cases I have read. The real waste of taxpayer dollars comes from the DA's office wasting time filing these ridiculous mandamus actions instead of prosecuting criminal cases.

Stormer promised during the campaign, and now claims to have, an open file policy to provide discovery to defense counsel. I have transcripts of hearings in which Peterson has stated that I am not allowed to utilize the open file policy, even though he does not provide a valid reason for the prohibition. In other words, the open file policy applies to some attorneys and not to others. The attorneys who are allowed to review the file must do so while an attorney from the DA's office watches them. Also, the DA's office requires those defense attorneys to sign a Waiver of Formal Discovery giving up valuable rights. The Waiver says the DA's office is not required to notify the attorney if something new is added to the file, even if said attorney has already reviewed the file before the new item is added. (...)

Stormer says that Judge Haverkamp may be the only judge in the state requiring the DA's office to provide discovery where an open file policy is offered. That is not only untrue, it is ridiculous. In every jurisdiction where I have ever practiced that has an open file policy, the defense attorney has the option of utilizing the open file policy or filing formal discovery motions. The Texas Code of Criminal Procedure sets out the information that must be provided to the defendant, and it does not say that the DA's office can get around the law by merely claiming to have an open file policy.

Judge Woodlock made basically the same rulings on discovery requests that Judge Haverkamp makes. Judge Haverkamp normally allows the DA's office to have around two months to provide discovery to the defendant's attorney. Stormer has ignored these deadlines so many times that I have personally filed motions seeking to hold her in contempt of court and exclude the evidence that the DA's office unlawfully failed to pro-

vide. Judge Haverkamp has never excluded any evidence because of Stormer's failure to provide discovery in a timely manner. However, the Court must have some means to sanction Stormer for ignoring deadlines, rules, and laws. In a felony case where the DA alleged my client was intoxicated, Stormer even made the absurd argument in open court that she shouldn't have to provide discovery because my client was there when the offense occurred.

It seems that Stormer's answer to everything is a bigger budget and more employees, despite the fact that her budget has grown almost 50% in the past two years. (...) Sincerely,

Roger L. White
Gainesville, TX 76240

To the Editor,

Has anyone ever given any thought as to why we are driving on the exact same type of county roads that we were driving on over 50 years ago? That thought occurred to me one day when I was dodging the many rough spots on one of our graveled roads. A road that probably hasn't been improved much since about 1940 when gravel was put on top of the original dirt road.

Think of all the changes and improvements man has seen in transportation in the past 50 years! Go back 50 years and Highway 82 was a two lane road with gravel shoulders. Highway 77 (two lanes) was the only road to Dallas. There was no Interstate 35. Cars did not have power disc brakes, fuel injection, FM radios, CD players, seat belts, air bags, and very few had air conditioning or power windows and locks. Fifty years ago new tires lasted 10,000 miles.

All of the above represents quite a list of improvements that have been made in the way we travel. So I go back to my original question. Why, despite more traffic usage, have most of our county roads been frozen in time for over 50 years?

Can anyone answer that question?

Dennis Hess
Muenster, TX

DAYS GONE BY.....

65 YEARS AGO
Feb. 13, 1942

Pvts. Harry Fisher, Alois Rohmer, and Alphonse Schmitz win medals in rifle contests. New members of fire department are Dr. T.S. Myrick (first aid), Leo Sicking, Emmet Fette, Maurice Pagel, E.O. Teague, C.B. Fowler, Andy Stelzer, Gerald Stelzer, Joe Knabe, Leo Appel, Joe Luke, and Roy Schumacher. J.P. Flusche opens junk yard this week. Bernard Fleitman serves on grand jury in Gainesville. Joe Trachta and Ira Yeakley spend day in Fort Worth on business. Wedding: Cecile O'Connor and Noel

Jacobs. Francis Wiese is employed in Garland at an airplane factory. New Arrival: Celine to Andy and Margaret Trubenbach.

50 YEARS AGO
Feb. 15, 1957

Tom's Drive-Inn is victim of theft, losing an undetermined amount of money. Dickie Cain leads District in scoring during basketball games. Victor Hartman is back at work after eight-month absence due to on-the-job accident which broke his leg and caused serious burns. Mary Trubenbach and Ginger Wolf of Muenster and Marlene Bezner and Cecilia Fuhrmann of Lindsay receive their nursing caps. New Arrivals: Guy to Wilfred and Ida Mae Bindel; Samuel to Samuel and Sylvia Streng Wood. Obituaries: Mary Hartman Trabel, 74; Mrs. Ben Otto, 61. Wedding: Karen Osborne and Harold Morris. Mrs. Lee Toothaker is guest speaker at Saint Jo Garden Club meeting.

25 YEARS AGO
Feb. 12, 1982

Craig Rosenbaum is new county agent, replacing Neil Tibbet. Tigerettes head for TCIL State playoffs after 54-26 victory over St. John's of Ennis. Golden Wedding: Ewald and Dora Mages. H.S. Fuhrmanns to observe 60th anniversary. DAR Good Citizenship Award winners are Tim Voth and Peggy Winn.

fed to hogs that most farmers kept for a supply of meat. None was wasted.

But times change. Markets for whole milk were developed. Most locally-produced milk was delivered to the Farmers Marketing Association's cheese plant, here in Muenster, and producers received a monthly check.

Later, with new markets for whole milk opening up, a number of producers built new barns to meet more stringent rules for cleanliness and the handling of fresh milk.

Needless to say, the price of milk also rose, prompting more farmers to enter the market. Over the years, many of us retired, and many more of the smaller producers got out of the business for different reasons, while a number grew bigger and bigger, so now those that remain in the business have quite an investment. Some of the most modern automated barns and setups cost upwards of \$100,000.

The dairyman has to be a glutton for punishment. With constantly greater demands from the inspectors through the health department, new and harder-to-treat types of illnesses, such as mastitis and "foot rot," he must be part veterinarian, but mostly determined, to make a go of it, and come up with a profit. At the same time, he must contend with rising costs, as all of us do. All of this prompts me to think that all farmers and dairymen must be optimists.

Wallace English

1002 Pecan
Lindsay, Tx. 76250

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940-612-4894

Directions:
From Hwy. 82, take Frontage Rd. west of I-35, go north 1/2 mile.

2-WEEK EVENTS CALENDAR To list your event, call 759-4311 BEFORE NOON WEDNESDAY!

Sunday, February 18, 2007	Monday, February 19, 2007	Tuesday, February 20, 2007	Wednesday, February 21, 2007	Thursday, February 22, 2007	Friday, February 23, 2007	Saturday, February 24, 2007
Muenster Museum Open 1-4pm Enrollment for new students SHCS 9 am-noon Rain out day for KMB tree planting at Muenster Lake 8:45 am	Sacred Heart NO School VFW Aux. mtg. 7:30 pm	MMH Board mtg. 7pm, Diabetes Support grp. mtg. 7 pm NTMC Board rm.	Religious Ed Mass 6:30 pm classes follow till 8 pm	Muenster Museum Open 1-4pm	Muenster Museum Open 1-4pm	
	PRESIDENTS DAY FLY FLAGS		ASH WEDNESDAY			
Sunday, February 25, 2007	Monday, February 26, 2007	Tuesday, February 27, 2007	Wednesday, February 28, 2007	Thursday, March 1, 2007	Friday, March 2, 2007	Saturday, March 3, 2007
Muenster Museum Open 1-4pm			Religious Ed classes - 7 pm SH Advisory Council mtg. 7:30pm Cooke Co. Youth Fair begins	Muenster Museum Open 1-4pm	Muenster Museum Open 1-4pm	

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FDIC

LIFESTYLE

AREA EVENT Parker turns two!

Shrove Tuesday Pancake Supper
St. Paul's Episcopal Church in Gainesville is sponsoring their Annual Shrove Tuesday Pancake Supper on Feb. 20. The supper will be served from 5 to 7 p.m. at St. Paul's Parish Hall on Jefferson Street. Tickets are \$5 per person and are available from members of St. Paul's or at the door.

Parker Dylan Forshee, son of Jon and Stacie Forshee, celebrated his second birthday on Sunday, Feb. 4. Guests enjoyed a Spongebob cake with ice cream, and watching Parker open his gifts.

Those attending along with his parents were big sisters Morgan and Makenna; grandparents Glenn and

Glenda Cler and Debby Walker; great-grandparents Gladys Gieb, Armella Cler, Ursella Harrington, and Ray Harrington; aunt Kim Walterscheid, and uncles Clay and Travis Forshee. Others attending were Anne and Waylen Poole, James Walker, Cody Klement and Dana Dittlinger, and Tiffany, Chance, and Chanel.



Parker Forshee

Couple married in Dallas on Jan. 26



Sara and Eddie Yetter of Muenster are pleased to announce the marriage of their daughter Christina Bannon to Matthew Alexander McClure, son of Anthony McClure of Highland Park and the late Pamela McClure. Christina, a graduate of Sacred Heart High School and the University of North Texas, is the director of operations/Human Resources for Zaon Flight Systems in Frisco. Matthew is a graduate of the International School of Brussels, Belgium, received a Bachelor of Business Administration from Indiana University, achieved a Master of Business Administration in Entrepreneurship from Southern Methodist University, and is employed as an internal consultant, concentrating in Best Practices, for Measurement Specialties, of Hampton, Virginia. Christina is the granddaughter of Clyde Yetter, Jr. and the late Sue Yetter, and Claramae Schmitt and the late Dr. Allen Dean Schmitt, all of Saint Jo. Matthew is the grandson of Constance McClure of McKinney and the late Col. John McClure, Ralph and Marilyn Haffner of Elkart, Indiana and Palm Springs California, and the late Nancy Patchens. The wedding took place on Jan. 26, 2007, in Dallas, where the couple is residing.



KEEP MUENSTER BEAUTIFUL YARD OF THE MONTH honors went to the yard of Sonda Monday at 309 North Pecan Street. The front yard is well-kept and has inviting flower and shrub beds. Pansies and kale bring some colorful relief from the dreary days of winter. Sonda is pictured with her son Joseph. She credits her son John with doing most of the mowing. To nominate a residence for Yard of the Month, contact a Keep Muenster Beautiful member, the Chamber of Commerce, or the *Muenster Enterprise*. The Yard of the Month sign was stolen from the Pelzel yard around Feb. 5. Anyone with information as to its whereabouts is asked to report it to the *Muenster Enterprise*. Janie Hartman photo

Christian poetry contest seeks entrants

A \$1,000 grand prize is being offered in a special poetry contest sponsored by Christian Poets Guild, free to everyone. There are 50 prizes in all, totaling \$5,000.

To enter, send one poem of 21 lines or less to Free Poetry Contest, 1638 Dogwood Ln, Ackworth, GA, 30102-1820. Or enter online at www.freecontest.com. The deadline for entering is Feb. 14, 2007.

Poems may be written on any subject, using any style. Be sure your name and address appear on the page with your poem. If you want a winner's list, please enclose a return envelope.

Men need to be proactive about limiting loss of bone density

Osteoporosis is commonly thought of as a woman's health problem, but it is increasingly becoming a man's health issue, too.

Although it strikes more women than men — of the 10 million Americans estimated to have osteoporosis, 8 million of them are women — the disease is more likely to go undiagnosed in men.

Dr. Khashayar Sakhaee, chief of mineral metabolism at UT Southwestern Medical Center, said lifestyle modifications such as not smoking, consuming alcohol moder-

ately, and exercising regularly are important factors for the prevention of osteoporosis. "Adequate calcium intake also is essential," Dr. Sakhaee said.

In general, men aged 30 to 50 should take 1,000 milligrams of calcium daily, and 1,200 milligrams after age 50.

Vitamin D is also important. In men 50 to 70 years old, 400 to 800 IU of vitamin D may be sufficient, but the daily dose should increase to 1,000 IU after age 70.

BAPTISM

Becker

Heidi Genevieve Becker received the sacrament of Baptism on Saturday, Feb. 10, 2007 at Sacred Heart Church. The Reverend Ken Robinson baptized her, and Jennifer Fuhrmann sponsored her. She is the daughter of Michael and Billie Becker. Heidi wore her mother's baptismal dress, which was hand sewn by Billie's mother.

Heidi celebrated her special event with many family members and friends. Her big sisters, Amelia and Anna Marie, joined her. Grandparents in attendance were Connie White and Werner and Linda Becker. Aunts and uncles in attendance were

Werner and Victoria Becker, Wayne Becker, and Amber Becker. Cousins in attendance were Ryan, Avery, Seth, Kory, and Alison Becker. Also present were special friends, Beth, Paul, Paul T. Mark, Chris Bartush, Annette Bayer, and Anne Poole. Heidi's birth mother, father, and grandfather also joined the celebration.

After the Baptism, everyone ate a delicious meal of hamburgers, hot dogs, and all the trimmings at Heidi's house. Amelia and Anna Marie helped open up presents which included a pink rosary, prayer and saint books, two decorative crosses, and several pretty outfits.

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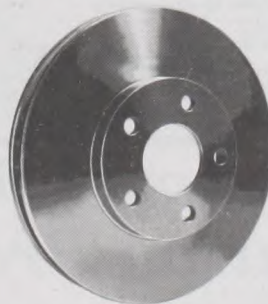
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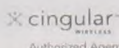
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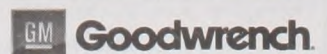


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Nancy and Tex Pangel of Muenster announce the engagement and approaching marriage of their daughter Kay Lee Price to David Steven Robison of Muenster. Kay Lee is also the daughter of the late Dale Price. Mr. Robison is the son of David and Peggy Robison of Lake City, Florida, and Eileen Robison of Tampa, Florida. The couple plans to wed on March 24, 2007 at 1 p.m. in Epiphany of Our Lord Catholic Church in Tampa with Fr. Toac officiating. Miss Price graduated from Muenster High School and is attending North Central Texas College where she is working on a certification in welding with a minor in Spanish. The future groom is employed as a car salesman at Brown Motor Company in Gainesville. Laura Fisher will be the maid of honor and Jimmy Fisher the best man. The couple will reside in Muenster after their marriage.

Entries needed for NCTC creative writing contest

It's time to submit entries in this year's annual Creative Writing Awards Contests at North Central Texas College, with judging to take place in short story, poetry, and essay categories.

The NCTC English, Speech and Foreign Languages Department sponsors the Creative Writing Contests, which are open to all amateur writers from Texas or Oklahoma who would like to submit entries for this year's contests. The competition comprises nine contests, with divisions for poetry, short stories, and essays. Middle-school students in grades six through eight may submit entries to the Jerry Simpson Memorial Poetry and Short Story Contests, while high-school freshmen through seniors may enter their work in the Brad Dill Memorial Poetry and Short Story Contests.

The Regional Creative Writing Contest for poetry and short fiction is open to all non-student amateur writers residing in Texas or Oklahoma.

Contests for NCTC students include the Jack Joyce Memorial Essay Contest, the Ila Joyce Memorial Poetry Contest, and the Gerald McDaniel Memorial Short Story Contest.

Hood stressed that the deadline for all contests is

noon on March 12. Writers may submit only one entry in each division of any contest for which they are eligible. Handouts detailing the guidelines and format requirements for each contest will be available in the libraries on all NCTC campuses.

These handouts, along with entry forms, format requirements, and other information can also be downloaded from the NCTC website at www.nctc.edu/Writingcontests.html.

Entries may be submitted by e-mail or sent by regular mail to Prof. Hood at 1525 W. California Street, Gainesville, TX, 76240-4699, or left at the English, Speech and Foreign Languages office in room 120 of the ASC (100) Building on the NCTC Gainesville Campus. All entries must be received by the stated deadline, along with the required entry form.

The competition will feature both expert judges and cash prizes for first, second and third place in each division. Winners will be honored during a special awards ceremony at 11 a.m. on April 27 in the NCTC Little Theater on the Gainesville Campus.

For more information, contact Professor Hood at 940-668-7731, or by e-mail at whood@nctc.edu.



Mr. and Mrs. Joe Stalling of Muenster announce the engagement and upcoming wedding of their daughter Rebecca Kim to Trajan Wilson, son of Leo and Terry Wilson of Fabens, Texas. Rebecca is a 2005 graduate of Sacred Heart Catholic School. She is attending this semester at El Paso Community College and plans to attend the University of Texas at El Paso in the fall. Trajan works for AmeriGas Company and is finishing his Bachelor's degree in Business Administration. The couple has planned a March wedding.

COUNTY AGENT REPORT

WAYNE BECKER CEA - AG/NR

Pruning roses

Rose plants need pruning to tidy up their appearance, control size, and improve their vigor, growing habits, and bloom. Pruning methods vary according to the type of rose plant. In South and Central Texas, roses usually are cut back more severely than in North Texas. This is due to the longer growing season, resulting in larger bushes. To keep them in bounds, spring pruning usually is more drastic. Prune about three to four weeks before the average date of the last killing frost. In Cooke County the last frost date generally occurs in mid-March.

Roses have a very low chilling requirement to break dormancy. A few weeks of cold weather in December fulfills this requirement and new growth begins the first warm spell in January or February. If pruning is done too early, the new growth begins at the base of the plant. A sudden cold spell in late February or early March can severely damage or kill the plant. If pruning is delayed, the new growth will still be in the top of the unpruned canes and only upper portions of the bush will be damaged in a late freeze. An exception to this rule involves climbing roses which need to be pruned after flowering in early spring.

Probably no other aspect of growing roses has aroused as many questions as has the subject of when and how to prune roses. By following a few simple rules you can improve their appearance and vigor and control the quality and quantity of the flowers. Pruning roses dates back to the nineteenth century when rose growers began to severely prune their plants to produce larger blooms for show. Unfortunately, plant longevity was of secondary importance to these exhibitors.

Some fundamental practices of pruning roses cor-

rectly in all gardens, regardless of type, are: 1) remove any canes that have been damaged by insects, diseases, or storms; 2) remove one of two canes which may be rubbing one another; and 3) remove canes that are spindly or smaller in diameter than the size of a pencil. After pruning, according to these general recommendations, cut hybrid teas, florabundas, grandifloras and polyanthas back to 12 inches for large flowers and 18 to 24 inches for many smaller sized flowers.

Climbing roses generally are pruned to renew plant vigor by removing the old canes since the most productive and finest blooms on climbers are produced on canes that arise from the bottom of the plant the previous

See ROSES, pg. 5

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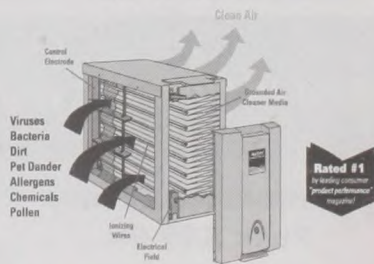
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ROSES

year. These newer canes produce more desirable growth and flowers. Since the canes may become quite long, it is necessary to prune them back so they are maintained in the desirable area.

Old fashion or antique roses require much less pruning than modern roses. Left unpruned, old fashion roses will naturally obtain a rounded shrub shape. Pruning of these roses should be confined to some shaping of the plant, removal of damaged branches, and judicious trimming back to encourage

growth.

On all roses, consider the cutting of the flowers as a form of pruning. When gathering roses, always leave at least two sets of leaves on the branch from which you cut the flower to insure plant vigor. When removing faded, spent flowers, cut only as far as the first five-leaflet leaf. When making cuts on the ends of branches, cut at 45 degree angles above an outside bud 1/2 inch above the bud with the lowest point on the side opposite the bud, but not below the bud itself. When removing branches,

Continued from pg. 4

never leave stubs since these die and can cause problems on the plant later. Always remove branches by cutting to a lateral branch or bud, or back to the base of the rose plant.

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Mitch Felderhoff featured as the speaker for Blue & Gold Banquet

Cub Scout Pack 664 held their annual Blue and Gold Banquet, Sunday, Feb. 4 at the Sacred Heart Community Center. The Cub Scout organization celebrated its 77th anniversary all over the nation with a theme of "Aloha." Kelly Bayer, Scout Cubmaster, presided as Master of Ceremonies, welcoming all to the special occasion.

The Webelos II Den presented the colors and led the Pledge of Allegiance, followed by the invocation given by Kelly Bayer. The Cub Scouts and their families were greeted by "leis" given by the Scouts, and sat down to a banquet of chicken fried chicken with all the trimmings catered by Rohmer's Restaurant.

Susan Hermes, membership chairperson, presented the current charter to Doug Martin, president of the VFW chartered organization. Also presented to the VFW in appreciation for being the pack's chartered organization, the Cub Scouts donated all the food they collected on Saturday, Feb. 3, from their annual food drive.

Bill Harris, BSA district representative, was present to give the Friends of Scouting presentation. Guest speaker at the banquet was Eagle Scout Mitch Felderhoff. Mitch was a graduate of Muenster ISD, and is currently attending the University of North Texas.



Cub Scout Pack 664 celebrated their Blue and Gold Banquet by donating canned goods to local food pantries on behalf of their chartered organization Muenster VFW Post 6205. Muenster VFW President Doug Martin is pictured with some of the Cub Scouts and their donated goods. Courtesy photo

Smith, Grant Springer, Isaac Walterscheid, and Jacob Wolzen, led by Cathy Dangelmayr; Bear Cubs Den - Dalton Bartel, Michael Fleitman, Devon Hacker, Mitchell Hendricks, Daniel Hesse, Zane Kemp, Justen Nasura, Jacob Neusch, and Dalton Williams, led by Gus Ashley; Wolf Cubs Den - Hudson Eddleman, Bennigan McCoy, Devin Sicking, Nicholas Turner, and Tyler Walterscheid, led by Allen Sicking; Tiger Cubs Den - Tanner Eddleman, led by Allen Sicking.

Following the presentation of awards and ranks, the Webelos II Den led by Susan Hermes including Scouts Dangelmayr, Eddleman, Green, and Hermes, bridged over into Boy Scout Troop 664. Scoutmaster Bert Hesse, Assistant Scoutmaster Curtis Pangel, Committee Chairman Tom Valliere, and 12 Boy Scouts were on hand to cordially welcome the new members. Troop 664 presented each new member with the official BSA handbook and bolo.

The banquet concluded with the benediction given by Cubmaster Kelly Bayer, and Webelos I Den retrieved the colors.

Other members of the pack receiving awards were: Webelos I Den - James Cochran, James Dangelmayr, Jared Dangelmayr, Jeremy Hess, Darian Peters, Jonathan

receiving awards were: Webelos I Den - James Cochran, James Dangelmayr, Jared Dangelmayr, Jeremy Hess, Darian Peters, Jonathan



Webelos II Cub Scouts were awarded the Arrow of Light during the Blue and Gold Banquet on Feb. 4. They also bridged over into Boy Scouts to join Troop 664. Pictured are members of the Okiciyapi Chapter in Denton, current Boy Scouts, and new Boy Scouts Eland Green, Garrett Dangelmayr, and Darrell Hermes. Not pictured is Cooper Eddleman. Courtesy photo

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SCHOOL



Mrs. Presnall's fourth grade class at Muenster ISD shows the top four Bluebonnet Books

Courtesy photo

Muenster Elementary students participated in the Texas Bluebonnet Reading Program

Muenster ISD Librarian Vicki Eldridge and Library Assistant Barbie Barnhill promote the Texas Bluebonnet Program in hopes of encouraging students to read voluntarily. The Texas Library Association sponsors the program in which a Bluebonnet committee selects a master list of 20 books intended to meet the various interests of students in the 3rd through 6th grade. Students can choose to participate by reading at least five of the Bluebonnet books. The participating students across the state of Texas become qualified voters in the state-wide Bluebonnet Award election held in January.

Books. "Reading is the basis of learning, it is great to have programs like this to promote to our students," stated Vicki Eldridge. "Our elementary students stay very busy with classroom assignments, homework, and extracurricular activities; therefore, it is

wonderful to see them find time to read and come back to the library excited about what they read. Reading is a pastime that can be enjoyed for the rest of their lives, and starting the habit at a young age sets the tone for their future."



Muenster ISD students Amber Walterscheid, left, and Lauren Rohmer display the 2006-07 Bluebonnet Award Winner, *Ghost Fever*.
Courtesy photo

LUNCH MENUS

Airborne® launches teacher trust fund in local schools

WEEK OF FEB. 19 - 23 SACRED HEART

Mon. - No school.
Tues. - Salisbury steak, brown gravy, potatoes, applesauce, bread.

Wed. - Tuna casserole, green peas, peaches, bread.
Thurs. - Sloppy Joe's, potato salad, pickles, onions, pears.

Fri. - Cheese pizza, mixed fruit, green salad, bread.

MUENSTER ISD
Mon. - Burritos, macaroni and cheese, beans, peaches, chocolate chip cookies.

Tues. - Salisbury steak, creamed potatoes w/gravy, corn, pineapple, hot rolls.

Wed. - Tuna sandwiches, lettuce, tomatoes, nachos, oranges, pudding w/vanilla wafers.

Thurs. - Chicken fried steak, creamed potatoes w/gravy, green beans, pears, hot rolls.

Fri. - Cheese pizza, lettuce salad w/dressing, carrots, teddy grahams, applesauce, ice cream.

LINDSAY ISD
Mon. - Nachos w/chili and

cheese, ranch style beans, fresh fruit, bread.

Tues. - Beef tips over rice, green beans, carrots, bread, apricot cobbler.

Wed. - Fish strips, macaroni and cheese, mixed vegetables, coleslaw, peaches, cornbread.

Thurs. - Chicken on a bun w/trimmings, tator tots, ice cream.

Fri. - Cheese pizza, corn, lettuce salad, pears, bread.

ERA ISD
Mon. - Chicken fried steak or chicken nuggets, mashed potatoes, gravy, tossed salad, sliced pears, hot roll.

Tues. - Chicken/chili crispiito, pinto beans, tossed salad, strawberry applesauce, sugar cookie.

Wed. - Lasagna or fish sticks, green beans, tossed salad, sliced peaches, breadstick.

Thurs. - Baked potato w/ground beef, shredded cheese, tossed salad, fruit mix, cinnamon roll.

Fri. - Sausage pizza or cheese pizza, corn, orange half, ice cream.



January "Teachers and Students of the Month" at Muenster ISD are from left, front - 3rd grader Zane Kemp and 5th grader Jace Fredrick; back - JH/HS Principal Curtis Eldridge, high school art teacher Gynell Oppermann, elementary computer teacher Kay Hickey, 9th grader Jackie Klement, and Elementary Principal Lou Heers.
Courtesy photo

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A Muenster Moment in history

from the Muenster Historical Commission

In Muenster's first 100 years, it had only four banks.

Muenster State Bank was established in 1923 with J.W. Meurer, the first president.

Muenster's first post office opened in February 1890.

The first rural mail route began in August 1904.

The first telephone company began in 1909 and started in the Jake Horn home. Mrs. Horn was the first switch board operator.

Oil was first discovered around Muenster in 1927.

Ten short rings on the Muenster telephone line was a general call to alert everyone to pick up and listen for special announcements.

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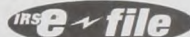
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Dear Friends and Neighbors:

It is Youth Fair time again and the Friends of Muenster are making their annual appeal to you, the citizens of our community, to help our youth as they prepare their projects for the Cooke County Youth Fair. This year the Youth Fair will be held in Muenster at the Circle A Arena, just north of town on Highway 373. The Home Economics division will be in the KC Hall in Muenster.

The Muenster Friends is a volunteer organization that helps collect money to be paid to the students as premiums on their projects. One hundred percent of what is donated goes directly to pay for premiums to the students who participate in the Youth Fair from our community. Last year a total of \$18,750.00 was paid as premiums to the students of the Muenster community, \$11,975.00 of which was paid by the Muenster Friends organization. This year the sale will be limited. We would like to compensate every youngster, even those who do not make the sale. This makes your donation even more important than ever.

The youth of our community put forth a great amount of effort and expense and also a great deal of pride in their projects. Please help them out with a donation of \$1000, \$500, \$250, or an amount of your choice. Your support does not go unnoticed.

Please take the time to visit the Cooke County Youth Fair in Muenster this year. You will truly appreciate where your money has gone in support of our youth. The Youth Fair will be held on February 28th through March 3rd.

Thank you, in advance, for taking this into consideration. We look forward to seeing you at the Youth Fair this year!

Respectfully:

Jack Flusche
Damian Hellman
Jeff McAden
Gus Ashley
Leah Dower, FFA
Donna Bayer, 4-H
Darren Bindel
Mary Dangelmayr
John Dangelmayr
Daniel Waneck, FFA
Lonnie Henscheid, 4-H
Bert Walterscheid
Ronnie Felderhoff
Richard Dangelmayr
Joni Sturm, FCCLA
Katherine Putnam, Home EC



You may send your contribution to the address below or pass it on to one of the names listed above

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Protecting Texas teens from violence and abuse

By Texas First Lady Anita Perry

As we embark on the month of February, many teens are busy preparing for Valentine's Day dances, making dinner reservations for special dates, or trying to find that perfect gift for a new boyfriend or girlfriend. As they anticipate this special day, there is a conversation that we as parents, educators, and friends should have with our teenagers addressing an issue that many children face

daily and one that affects Texans statewide: Teen Dating Violence.

A survey conducted by The Texas Council on Family Violence found that 75% of Texans age 16 to 24 have either personally experienced dating violence or know someone who has. Nationally, one out of three teens report experiencing some kind of abuse in their romantic relationships, including verbal and emotional abuse. As a mother and a former nurse, these statistics are startling and unacceptable.

Unfortunately, no teenager is immune to such violence; and children from all walks of life can become victims of dating violence. These violent behaviors and patterns, which take many forms including physical, emotional, verbal, and sexual abuse, cause serious ramifications for victims which often carry through into their adult relationships.

Through education and prevention, we protect Texas children from the devastation of abuse. That is why on Feb. 5-9, we again observe Teen Dating Violence Prevention and Awareness Week in Texas as declared by Governor Perry.

To increase awareness, many Texas students are receiving information through the use of teen dating violence awareness and prevention toolkits, developed by the American Bar Association in association with teen advocates. The Governor's Office has also granted funding to the American Bar Association

to help in the creation and distribution of these kits which include handouts, materials for parents and teachers, prevention information, and awareness resources.

As concerned and involved Texans, we can continue to do more. By becoming informed about the dangers and long term ramifications of teen dating violence, we can empower teens to make a change, protect themselves, or help a friend end the cycle of abuse.

I encourage parents and teachers to educate yourself on the risks of teen dating violence so that you can better educate your children, students, or friends. We must remember some teenagers may be afraid to reach out for help or some may not recognize the impending harm, and we must be able to lend a guiding hand or listening ear to those children in need.

Together we can promote healthy relationships and prevent dating abuse, helping Texas children grow into healthy adults.

I am also encouraged by the support from local community leaders, organizations, and advocates that are helping to facilitate this initiative and combat teen dating violence.

No teenager should have to know the heartache of abuse from a dating partner. I ask all Texans to have a serious conversation about healthy relationships and choices. With your support and the assistance of advocacy groups, we can put an end to teen dating violence in Texas.



Assisting with Christmas decorations at St. Richard's Villa are Muenster Student Council members Brittany Pagel, Brooke Walterscheid, Tori Dyess, Paige Herr, and Amber Walterscheid. Courtesy photo



Muenster ISD Student Council members delivering items to St. Richard's Villa residents included, from left, Lauren Rohmer, Paige Herr, Payton Sanders, Amber Walterscheid, Blayne Styles, Brittany Pagel, Tori Dyess, and Brooke Walterscheid. Courtesy photo

Lent begins this Wednesday, Feb. 21

Goods for St. Richard's collected by Muenster Elementary Student Council

During the week of Monday, Dec. 4 through Friday, Dec. 8, the Muenster Elementary Student Council held a St. Richard's Villa items drive to help provide personal items for the residents. Students in Pre-K through 6th grade brought items including finger nail polish, shampoo and condi-

tioner, house shoes, board games, puzzles, videos, music, and toothbrushes with toothpaste.

Mrs. Sicking's 5th grade class came in first place with over 300 points and received a pizza party for their hard work. Mrs. Endres's 3rd grade class came in 2nd place with a little more than 10

points below them, and received an ice cream party. Mrs. T's 1st grade class came in 3rd and her 1st graders enjoyed some delicious cookies.

The following week, the Student Council members took the items to the nursing home and helped the residents make Christmas deco-

ration. Student Council members enjoyed helping out and hope to hold another similar event soon. The chairperson for this event said, "I am proud of the students of Muenster Elementary for taking part in bringing items for the residents of St. Richard's Villa and for raising so many points."

College & Career Corner

By Rose Rennekamp
Let your mentor be your guide

"Mona Lisa Smile."
"Dead Poet's Society."
"The Ron Clark Story."

What do these movies have in common? Each features a teacher who inspires a group of students to strive for greatness.

None of the young people in these movies were looking for a mentor. In fact, in each film, the students were content with their role in life. The adults, however, challenged them to think harder, do more, and imagine bigger.

Teachers play a big part in your life, as do parents, siblings, and other family members. Yet one does not need to be a teacher or even a parent to have a positive influence on you. In today's global world, students have opportunities to find inspiration and guidance from anyone everywhere.

And it's important that you take advantage of that.

Mentoring is a partnership between a youth and an adult that provides support, guidance, and assistance. The roles a mentor can play in your life are many - friend, advisor, tutor, and conscience.

ACT research indicates that students of all ages rely on school relationships to help them develop educational goals. U.S. Department of Education research found that mentoring has a positive impact on grades, while also boosting the student's perception of his or her academic abilities. Other studies credit mentoring for a decline in student absences, more classroom participation, and even better parent-child relationships. A 2002 Child Trends report titled "Mentoring Programs and Youth Development: A Synthesis" best summarizes the benefits of

mentoring: Positive academic outcomes; Prevention of youth risk behaviors; Enhanced social and mental development.

Yet mentors aren't limited to students. Many businesses also have mentor programs, in which new employees are paired with a senior worker to help ease the newcomer status. Likewise, new teachers are often paired with an experienced educator to help work through problems the first year in the classroom. I've met several teachers who said they wouldn't have survived the first month without the support and knowledge of their mentor.

So how does one find a mentor? Look around. You may have one already. Mentors may come into a person's life naturally, perhaps as a teacher, coach, or family friend. Others occur through structured programs in which mentors and participants are selected and matched through a formal process, such as the Boys and Girls Clubs or Big Brothers Big Sisters.

If you don't have a mentor, get involved in extracurricular activities. Some of the strongest mentoring relationships develop when teens pursue outside interests. Find out if your school has a

mentoring program. If not, perhaps the time has come to start one.

The 6th Annual National Mentor Month is celebrated in January. Spearheaded by the Harvard Mentoring Project of the Harvard School of Public Health, MENTOR/National Mentoring Partnership, and the Corporation for National and Community Service, the month-long event recognizes the important role mentors play in people's lives. They listen, they care, and they have the ability to help you become the person you're capable of being.

Rose Rennekamp is the vice president of communications for

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Catching large snowflakes



Pre-K students at Muenster Elementary bundled up for some "fun in the snow!" recently, trying to catch snowflakes on their tongues. Pictured are, from left, front - Sam Bayer, Braden Harris, Benny Koesler, Jon Schinigo, and Hunter Haverkamp; back - Gaylon Tuggle, Dakota Dickerson, Eve Brogdon, Major Eldridge, Kenadie Hess, Stephen Dangelmayr, and Dayton Gressett. **MISD photo**

Diabetes linked to record increases in vision loss

Nearly 21 million Americans, both adults and children, have diabetes. In 2005, 1.5 million Americans aged 20 and older were diagnosed with the disease. And, the American Diabetes Association estimates that diabetes costs in 2002 totaled \$132 billion, including medical care, disability, and lost work costs. That translates to about one out of every \$10 spent on health care.

Alarming, there are 54 million who have pre-diabetes, meaning their blood glucose levels are higher than normal. Without effective treatment, those cases can eventually develop into diabetes. Besides high blood pressure, heart disease, and stroke, diabetes can also cause blindness. Diabetics are 60% more likely to develop cataracts and 40% more likely to develop glaucoma than those without diabetes. Diabetic retinopathy is the leading cause of new cases of blindness in adults.

"New treatments and medications are constantly being developed to try and battle the disease, but unfortunately, there is still no cure," said Daniel D. Garrett, senior vice president of Prevent Blindness America. "Saving sight must be made a national priority. Without dedication of resources and access to effective new treatments and therapies, diabetic eye disease will continue to

take a devastating economic and social toll."

Diabetic retinopathy weakens the small blood vessels in the retina. Retinal blood vessels can break down, leak, or become blocked, impairing vision over time. Without treatment, it can result in permanent vision loss and in some cases, blindness. Once vision is lost, it can never be restored.

There are two stages of diabetic retinopathy. The first stage, nonproliferative retinopathy, occurs when the blood vessels in the retina are damaged and begin to leak into the eye. Once these blood vessels become weak, they could collapse. Almost all Type 1 diabetes patients will develop this form of diabetic retinopathy.

Without treatment, nonproliferative retinopathy can develop into the second stage, proliferative retinopathy. To compensate for the damaged blood vessels, new blood vessels begin to grow in the retina. Unfortunately, the new vessels are weak and leak blood, which can block vision, or cause scar tissue to grow which can eventually lead to a detached retina.

"Diabetic retinopathy is a very frightening disease because many people may have it and not even know it," added Garrett. "The only way you can tell for certain is to visit your eye doctor and get

a complete exam."

Prevent Blindness America also recommends that everyone take the following steps to protect their eyesight:

- See an eye doctor at least once a year if you have diabetes or if you are at high risk.

- Maintain a healthy weight - if you are overweight, even a modest weight loss can help prevent Type 2 diabetes.

- Increase your physical activity - exercising 30 minutes a day, five times a week can cut your risk of Type 2 diabetes by more than half. It is important to check with your doctor before starting an exercise program.

- Watch and control your blood sugar levels and blood pressure.

- All women who are pregnant or who are planning to become pregnant and have been diagnosed with diabetes should get a full, dilated eye exam.

- Quit smoking, as that lifestyle change can help reduce your risk of developing diabetic retinopathy, age-related macular degeneration, glaucoma, and cataracts.

For more information on diabetic eye disease, please visit Prevent Blindness America's dedicated Web site at www.diabetes-sight.org or call 1-800-331-3020.

Evening Alzheimer's Support Group meets community need

The Alzheimer's Association in partnership with Pecan Tree Rehabilitation and Health Care Center is now offering a Caregiver Support Group which meets in the evening. The group is open to the public and meets at 6:30 p.m. the third Thursday of each month at Pecan Tree in Gainesville. Care is provided during the meeting for persons with dementia, provided the caregiver makes an advance reservation.

"The group is a direct result of requests by clients!" stated Dianna Niemann-Harris, Fannin-Cooke-Grayson County Family Services Coordinator for the Alzheimer's Association. "Many adult children who work during the day also deal with parents who have Alzheimer's and need support," Niemann-Harris continued, "Alzheimer Association Support Groups are a great way to learn more about the disease and connect with others who are coping with a loved one's Alzheimer's."

The support group is professionally facilitated by Bill Shepherd and Kristina Davis of Pecan Tree Rehabilitation and Health Care Center. In addition to their professional training in social work, Shepherd and Davis have received specific training through the Alzheimer's Association to guide the Support Group. The group will be conducted in a strictly confidential manner and is designed to meet the needs of those who love someone with Alzheimer's.

When people think of Alzheimer's disease, they often think of someone in their 60s, 70s, or 80s. What they fail to think about are the spouses, children, and adult grandchildren who are affected as well. While Alzheimer's disease is robbing a loved one of their memory and their ability to function at a normal level, there is a husband, wife, significant other, child, or grandchild who's watching their loved one go through what

the Association calls "The Long Good-bye."

Dealing with this can cause a lot of stress, guilt, and anger among those closest to the person with Alzheimer's disease. Support Groups provide emotional support and information sharing for family members and caregivers. In addition, the groups often become a time and place for caregivers to share care giving tips and ideas.

The Alzheimer's Association is a world leader in research and support with 80 chapters around the country. The Alzheimer's Association's mission is to eliminate the disease, promote brain health, and support those living

with Alzheimer's. In addition to being the largest funder of research nationally and offering support groups, the Alzheimer's Association also provides a 24/7 helpline (800-272-3900), patient and family services, educational opportunities, and the Safe Return Program. For more information about the Evening Support Group or other services related to Alzheimer's, contact Dianna Niemann-Harris at 903-416-1035 or 903-771-9471. She may also be reached via email to Dianna.Niemann-Harris@alz.org or you may call the helpline.

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Trying to lose holiday weight?

If your holiday diet consisted of feasts and sweets and now you're trying to shed a bit of weight to kick off the New Year, start by ridding your refrigerator and pantry of fattening candy, snacks and treats, said Lona Sandon, a registered dietician at UT Southwestern Medical Center. Then go shopping to stock your home with food selections that are good for you, she said.

Fresh fruits and vegetables, low-fat yogurt and milk, lean meats, whole-grain cereals and walnuts or almonds are healthy foods that

can be eaten as snacks.

"It's easier to stick to a healthy eating plan when you've got nutritious foods handy," Ms. Sandon says. "When it's easy to grab something nutritious and low-calorie, you're more likely to eat right."

Also, follow these other tips to lose holiday weight:

- Eat a well-balanced diet but eat in moderation, as eating large portions of even healthy foods can prompt weight gain or prevent weight loss.

- Exercise regularly so it becomes part of your normal

daily routine. At least 30 minutes of vigorous physical activity each day is a good rule of thumb. Also, exercising

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SPORTS

Muenster turns Celeste a cold blue

The Muenster Lady Hornets traveled to Howe Tuesday night to take on the Celeste Lady Blue Devils of District 16A in the Bi-District round of Conference 1A Girls Basketball Playoffs.

Nine 3-pointers in the game boosted Muenster's score to a 58-44 victory. The win improves Muenster's record for the season to 28-3 and advances the Lady Hornets to the Area round of the playoffs.

The Lady Hornets will travel to Springtown on Saturday to take on the District 14A Champions from Grafado. Action begins at 6 p.m.

The Lady Hornets had a 6:45 p.m. tip-off in Howe.

Celeste scored the first points, a 3, but Laura Heers and Alison Teafatiller outdid the Devils, hitting two 3s to take an early lead. Baskets by Megan Felderhoff, Lindsey Watson, and Sandy Endres gave Muenster a 4 point lead, but another 3 by Celeste closed the score to 12-11 with three minutes on the clock. A couple of stolen passes allowed Watson and Felderhoff to score. With 18 seconds ticking off the clock, Lana Heers hit a 3-pointer for a 19-13 1st quarter Lady Hornet lead.

Teafatiller, Heers, then Teafatiller again popped in 2 points, while Celeste hit 2s for a 28-19 score with 3:37 remaining in the 2nd quarter. Rebecca Grewing added 2 points, and Teafatiller another 3 at 12 seconds, to give Muenster a 33-19 halftime lead.

The Lady Hornets opened the 3rd quarter with a 3-pointer by Watson, a Felderhoff free throw, and 2 by Teafatiller for a 20 point lead with just a minute off the clock. The remainder of the period saw Celeste score 13 points, while Muenster added only four free throws for a 43-32 score going into the final quarter.

The Lady Devils got the first basket and a 3, while Muenster hit a basket and three free throws for an 11 point lead with three minutes remaining in the game. Celeste added 2, but the Lady Hornets came back with baskets by Sandy Endres and Teafatiller for a 52-39 score with two minutes on the

clock. Felderhoff hit a free throw, Celeste a 3-pointer, and Teafatiller two frees for a 55-42 score with 41 seconds on the clock. The Devils popped the ball through the basket at 23 seconds, but Laura Heers put the icing on the cake for the Lady Hornets with a 3-pointer with 1.5 seconds on the game clock for a 58-44 final.

Alison Teafatiller led the Lady Hornets on the score-

board with 18 points, which included four 3s and four of four from the free throw line. Megan Felderhoff added 14 points, eight from the line, with Laura Heers hitting three 3s for 9 points. Lindsey Watson dropped in 7 points, Sandy Endres 5, Lia Heers 3, and Rebecca Grewing 2. The Lady Hornets were 13 of 21 from the free throw line.

M	19	14	10	15	58
C	13	6	13	12	44



Lady Hornet Coach Jeff Presnall, Alison Teafatiller, and Laura Heers take time during a free throw to discuss Muenster's game plan against Celeste. The Muenster fans packed the Howe gym for Tuesday's Bi-District game. *Janie Hartman photo*

Hornets fall to Knights

The Muenster Hornets and fans invaded the Lindsay gym Tuesday night, Feb. 6, but went home after a 65-51 defeat.

Micah Flusche led Muenster on the scoreboard with 11 points, Brad Endres added 10, Zach Swirczynski 9, Colin Walterscheid 8, Matt Flusche and Tanner Herr 5 each, and Nick Flusche 3 points.

Levi Hermes scored 24 points in the first three quar-

ters to lead all scorers. Jeff Shannon and Josh Heilman put in 12 apiece, with Garrett Block getting 7, Travis Endres 5, Preston Mendez 3, and Brian Sandmann 2.

M	8	11	16	16	51
L	14	15	17	19	65

The Knights, as District Champions, get a bye in the first round of the playoffs. Muenster hosted Trenton in a practice game Thursday at 7 p.m.

1983 State Champions honored



The 1983 State Champion Sacred Heart Tigerettes were honored last week at Pack the Gym 80s Night at Sacred Heart. Team members attending were, from left, Lydia Walterscheid Springer, Sandra Walterscheid Reeves, Lisa Haverkamp Schilling, Laurie Endres Flusche, Susan Walterscheid Flusche, Rose Felderhoff Ganzon, Anne Felderhoff Hesse, Sondra Hess Zimmerman, and Karla Hartman Kintz applauding those unable to attend, Tammy Hess, Marilyn Hartman, and Paula Yosten. *Janie Hartman photo*

Sacred Heart readies for playoffs

The Tiger gym was packed last Thursday as Sacred Heart hosted 80s Night and honored the 1983 Tigerette State Championship team. The final regular District games against Notre Dame showed the rivalry between the two schools. The Tigerettes won their match, while the Tigers came up short.

In the girls game, the Tigerettes took an early lead of 5 points before taking control in the 2nd quarter for a 14 point lead. The final score was a 48-33 victory for the Tigerettes. "This was our best defensive effort we have had all year," commented Sacred Heart Coach Jon LeBrasseur. "For the first time this season we were able to control the tempo of the game by what our defense dictated."

Lauren Creed was high scorer with 12 points and 11 rebounds. Samantha Wimmer added 11 points, eight steals, and six assists. Stephanie Krawietz put in 9 points, Jessica Schilling 6, Kristin LeBrasseur 5, Kara Felderhoff 3, and Taylor Torcellini 2.

The Tigerettes closed out their regular season as District Champs and a 28-3 overall record. The Tigerettes will get a bye the first playoff round and get a home court advantage in their first game.

The Tigers kept the scoring spread close for three quarters, then were held to only 4 points in the final period to give Notre Dame a 43-33 District win. The game tied the Tigers and the Knights for 2nd place, so a tie-breaker was played.

Nick Popovich and Kevin Kulle both scored 10 points. Colby Richey added 7, Nolan Hartman 4, and Patrick Mojica 2.

SH	11	10	8	4	33
ND	17	9	8	9	43

The Tigerettes had a playoff warm-up game Saturday against the Lady Panthers of Saint Jo, taking a 56-28 win.

LeBrasseur led all scorers with 18 points. Felderhoff

added 12, with Lauren Creed and Stephanie Krawietz each adding 10 points. Lisa Miller dropped in 3, Samantha Wimmer 2, and Taylor Torcellini 1. Creed and Krawietz also each pulled down seven rebounds. Wimmer took four steals.

SH	17	11	14	14	56
SJ	11	4	7	6	28

On Monday, the Tigers played a tie-breaker game with the Notre Dame Knights to determine the number two seed in the playoffs. When four quarters of play were complete, the Tigers brought home a 70-54 victory.

The Knights started cold, getting into the game the 2nd quarter, behind by 9 at half-time. The Tigers outscored Notre Dame 43-37 in the 2nd half to take the win.

Tiger Kevin Kulle dropped in 32 points to lead all scorers. Patrick Mojica added 11, Colby Richey 9, Nick Popovich 8, Sam Sparkman 6, and Nolan Hartman 4. The Tigers hit five 3s and 11 of 18 free throws.

SH	16	11	17	26	70
ND	2	16	19	17	54

Playoff games

The Tigers travel to Vernon Saturday afternoon to take on Holy Cross of Amarillo in round one of the TAPPS basketball playoffs. Tip-off is at 2:30.

The Tigerettes will host the winner of Longview Trinity/Rockwall Christian playoff game on Monday, Feb. 19 at 6 p.m. in the Tigers Den.



Colby Richey gets the shot against Notre Dame. *Janie Hartman photo*

Knights win final District game

The Lindsay Knights hosted the Pirates of Collinsville last Friday for their final District game. The 63-31 Lindsay victory kept the Knights as District leaders.

Preston Mendez led all scorers with 19 points. Levi Hermes added 14, Jeff Shannon 8, Brian Sandmann 6, Garrett Block and Nathan Martin 5 apiece, Clayton Starnes 4, and Travis Endres 2 points.

L	18	16	15	14	63
C	4	8	8	11	31

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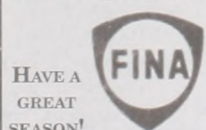
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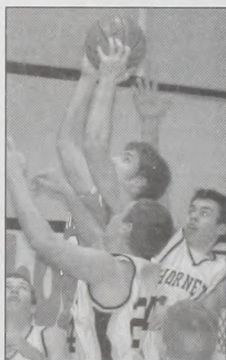
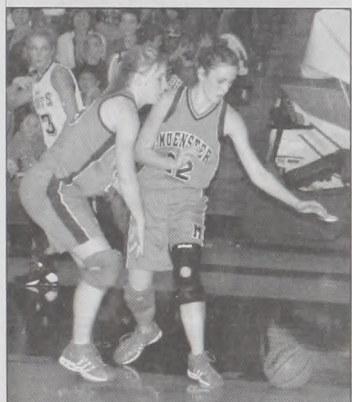
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Lady Knights take #1 playoff seed from Lady Hornets

District Co-Champions, the Muenster Lady Hornets and the Lindsay Lady Knights, met for the third time this season in Whitesboro last Friday night to determine which team would get the number one playoff seed. Lindsay won the first game by a point and Muenster the second by 2. Both teams won all other District games.

It was standing room only Friday night as Muenster and Lindsay fans filled the gym to watch the teams play a tough, action packed game that carried into overtime. When the 5th period ended, the Lady Knights pulled out a 52-48 win over the Lady Hornets. This was only Muenster's third loss of the season, an early December loss to then number three ranked Wellington, and two losses to Lindsay.

The Lady Knights took the jump ball to begin in the tie-breaking game. Both teams missed their first shots, with Chelsea Hermes making the first basket. Cold shooting continued, with Muenster taking a 4-3 lead with 50 seconds remaining in the 1st quarter.

The Lady Hornets stretched their lead to 5 points with 3:47 on the 2nd quarter clock, but Lindsay closed the spread to 1 point to end the 1st half.

The Lady Knights hit 6

points before Muenster got a free throw. Lindsay went on to hit 8 consecutive points to take a 12 point lead with three minutes remaining in the 3rd quarter. The period ended 32-22.

Free throw points began the 4th quarter, with Muenster having difficulty closing the gap. Five points by Megan Felderhoff, two free throws by Lindsey Watson and a basket by Sam Endres cut the point spread to 2 points with two minutes on the clock.

Brittany Anderle hit a basket, then Sam Endres hit four free throws and the game was tied 44-44 with 35.6 seconds on the clock. Lindsay missed a lay-up. Muenster rebounded and called a timeout with 23.6 seconds remaining.

The Lady Hornets inbounded at midcourt, but didn't get the shot and the game went into a four minute overtime.

Both teams missed their first shot, and had turnovers. Anderle hit a free throw at 2:47. At 1:29, Laura Heers connected 2 from the line for a Lady Hornet 46-45 lead. Thirteen seconds later, Anderle hit two free throws. A stolen ball set up an Anderle basket, giving Lindsay a 49-46 lead with 44.7 seconds on the clock.

Muenster missed their next basket and a fight for the

rebound took Hermes to the line to increase the Lady Knight lead to 50-46.

Felderhoff closed the score to 50-48 at 17.5 seconds, but another ball battle put Amanda Hess on the line. Two free throws extended the spread to 52-48 with 8.5 seconds on the clock, giving Lindsay the win.

Megan Felderhoff was high scorer for Muenster with 21 points. Sam Endres added 10, Laura Heers 8, Sandy Endres 5, and 2 apiece by Lindsey Watson and Alison Teafattler. The Lady Hornets hit 25 of 29 free throws.

Brittany Anderle was the game's high pointmaker with 23. Chelsea Hermes added 19, Amanda Hess 5, Christina Eckart 3, and Emily Fuhrmann 2. Lindsay was 16 of 24 from the line.

M 6 9 7 22 4 48
L 3 11 18 12 8 52

Earning the number one seed, the Lady Knights got a bye in Bi-District, advancing to Area competition. Muenster faced Celeste Tuesday night in Bi-District (see related story).



The Muenster 8th grade Hornets won the District basketball tournament. Team members are, from left, front - Tanner Silmon, Dillon Bayer, Garrett Walterscheid, Tyler Acuna, Jason Luke; back - Coach Brad Budish, Cole Erickson, Blake Grewing, Landon Presnall, Tyler Anderle, Shane Presnall, and Coach Michael Sissney. Courtesy photo

JUNIOR HIGH BASKETBALL

8TH GRADE DISTRICT TOURNAMENT

Muenster 52 Collinsville 24
In round one, the young Hornets began tournament action with a victory. Garrett Walterscheid was the game's

high pointmaker with 18. T.J. Acuna added 14, Shane Presnall 10, Tanner Silmon 4, Jason Luke 3, Dillon Bayer 2, and Cole Erickson 1.

M 12 17 6 17 52
C Not available 24

Lindsay 38 Valley View 32

The 8th grade Squires held on to an early lead to take a game one win. Madison Parkhill led all scorers with 19 points; Thomas Rohmer added 6, Robert Arend 5, Justin Anderle and Tyler Hundt 3 each, and Kyle Johnson 2.

L 14 9 9 6 38
VV 4 6 9 13 32

Muenster 41 Lindsay 38
The Muenster 8th graders took the District Tournament Championship Saturday at Lindsay.

Presnall was high scorer with 21 points. Walterscheid added 10, Luke 6, Blake Grewing 3, and Silmon 1.

Leading Lindsay's scoring was Austin Hermes, Rohmer, and Parkhill with 8 points each. Anderle added 7, Arend 5, and Johnson 2.

M 10 10 13 8 41
L 7 14 9 8 38

Muenster 44 Valley View 4

The 8th grade Lady Hornets took a dominating victory in the District Tournament last Saturday. Taylor Klement scored 20 of Muenster's points. Emily Hellman added 6, with Demi Koelzer, Lana Heers, and Allison Pagel each adding 4. Dropping in 2 points were Shelby Dangelmayr, Cathy Aston, and Taylor Reiter. Muenster hit 71% of their free throws.

M 9 6 12 17 44
VV 0 2 0 2 4

Muenster 37 Collinsville 31

The Muenster 8th grade girls took the District Tournament Championship. They had a 12-3 season record. Pagel and Heers were high scorers for the Lady Hornets with 14 and 10 points. Klement added 9, with Koelzer and Hellman each scoring 2.

M 9 14 9 5 37
C 10 7 8 6 31



The final District game between the Hornets last Friday got a little rough as Micah Flusche loses control of the ball. Janie Hartman photo



Winners of the Knights of Columbus District 16 Free Throw Competition were, from left, front - Lana Heers, Payton Sanders, and Blake Grewing; back - Eric Hellman, Taylor Klement, and Shaina Felderhoff. Courtesy photo

Six from Muenster advance in KC Free Throw contest

The District Knights of Columbus Free Throw contest was held Sunday, Feb. 11 at Pilot Point High School. Muenster will have four girls and two boys advancing to the Diocesan free throw competition.

Winning in the Girls Division were: 11 year olds, Payton Sanders, 16 out of 25; 12 year olds, Lana Heers, 19 out of 25; 13 year olds, Taylor Klement, 16 out of 25; 14 year olds, Shaina Felderhoff, 23 out of 25.

Winning in the Boys Division were: 13 year olds, Blake Grewing, 23 out of 25; 14 year olds, Eric Hellman, 25 out of 25.

Just a thought

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Also competing from Muenster were Karleigh Reeves, Jared Endres, Mason Binder, and Tyler Anderle.

Regional competition will be held Saturday, Feb. 17 at the University of North Texas in Denton.

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JUNIOR VARSITY ACTION

Muenster 31 Lindsay 37
The Lady Hornets finished the season Tuesday, Feb. 6 at Lindsay with a 20-6 year. Alison Miller led Muenster on the scoreboard with 8 points. Jenni Luke added 7, Jackie Klement and Shaina Felderhoff each scored 5, Hillary Swirczynski 4, and Leaha Smith 2.

Rose Hermes was high scorer for the Lady Knights

with 13 points. Beverly Knabe added 9, Kayla Hess 4, Liz Martin 3, 2 apiece by Katelyn Brewer and Hillary Hoelker, and 4 unreported points.

Muenster 41 Lindsay 52
The young Knights defeated the Hornets on Feb. 6. Brandon Bindel and Eric Hellman led Muenster with 12 and 11 points. Levi Trubenbach added 9, Tyler Acuna 4, Steven Valliere 3, and Chris Valliere 2.

Colton Hermes was high scorer of the game with 21 points. Ryan Haverkamp added 10, Dax Fleitman 8, Ross Jones 4, Derek Hundt, Austin Reiter, Joey Block, and Justin Turner 2 apiece, and James Kelley 1.

M	11	8	9	13	41
L	10	12	12	18	52

Just a thought

It does not require a lawyer to interpret the provisions of the Bill of Rights. They are as clear as the Ten Commandments.
-Herbert Hoover

GANDER MOUNTAIN OUTDOOR TIPS

Cold weather dog care

"He's tough; he can take it." Every time I hear this phrase, I want to take that fellow's four-in-one insulated Gore-Tex coat for the day and see if he can take it! Most hunting dogs are built to withstand cold weather much better than us humans. But after we put on three or four layers of high tech clothing and bring a warm thermos of coffee and some hand warmers, this dynamic changes.

Conditioning during the summer and early fall will go a long way in making your dog an efficient fuel burner for warmth during those winter hunts. Give your dog plenty of fuel to burn in the form of high fat, high protein premium dog food. Hunting dogs can burn one and a half to two times as many calories

working and keeping warm on winter hunts. Even in winter, your hunting partner needs plenty of water to aid in digestion, provide energy and help in adjusting his body temperature.

On the way to the hunt, make sure your dog has a dry, draft free kennel with clean warm bedding. Make sure exhaust fumes are vented properly, since you are more apt to leave your vehicle running when parked.

When in the field, monitor your dog as the day goes on. If something doesn't look right, get him warmed up quickly. Better to take action a half an hour before a problem arises than a minute too late. If cold conditions are extreme, a neoprene dog vest could be in order. Even in moderately cold conditions, if

your dog is going to get wet, a neoprene vest will make him more comfortable and could even save his life. If hunting partially iced up water, watch for currents that could take a dog under the ice. When hunting near iced-over waterways or sloughs, don't take chances. Most of us weigh two or three times as much as our dogs. If your canine friend falls through the ice, you might not be able to get to him.

That warm, dry, and draft free kennel is even more important after the hunt, when

your partner is cold, wet and tired. Make sure your next winter hunt is a comfortable and safe one. You'll both enjoy it more.

Fish later in the day

On a cold morning, steelhead won't necessarily be active right at first light. Give the sun some time to warm the water and air temperatures. If you fish a pool without any hook ups early, come back later in the day and work it over again thoroughly. You will be surprised.

Just a thought

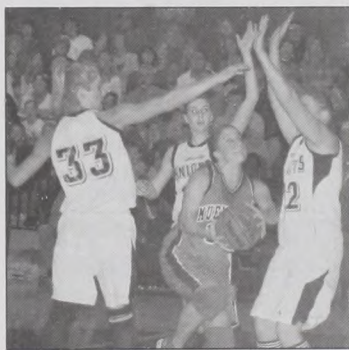
I like to see a man proud of the place in which he lives. I like to see a man who lives in it, so that his place will be proud of him.
- Abraham Lincoln



Action from Lady Knights vs Muenster

Watch for the Knights in action next week

Photos by Janie Cartman



Good luck to the Knights and Lady Knights in the playoffs.
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FARM & RANCH

Beef byproduct values improve in '06

Often times referred to as the drop value (hide and offal), the byproduct value represents the overall value of non-carcase items such as the hide, heart, and liver.

The byproduct value consists of 23 separate non-meat items, nine of which are considered major items i.e. heart, tongue, while the remaining 14 items are regarded as minor items and usually combined together into one value.

The byproduct value and values for the major non-meat items are reported on a daily and weekly basis by USDA's Agricultural Marketing Service. AMS also reports

an estimated byproduct value on a live animal per hundred-weight basis.

In calendar year 2006, the byproduct value averaged \$92.69 per 1,000 pounds of steer vs. \$89.61 per 1,000 pounds of steer in 2005, a yearly gain of \$3.08 per 1,000 pounds of steer in value and 2% above 2004's. Compared to the 2000-2004 average, the byproduct value was down about half a percent or \$0.42 per 1,000 pounds of steer.

In 2006, the only offal items that improved in value were the liver, which was up 11%, and the tongue with a 22% increase over 2005's. Among

the remaining items, the heart reported the largest loss in value, down 49% from last year.

For the calendar year of 2006, the hide averaged \$58.64 per hide, nearly 7% higher than the prior year and 5% above 2004's. In the first six months of 2006, the hide posted an average value of \$57.27 per hide, 4% higher than the same period in 2005.

During the last two quarters, the hide averaged \$60.02 per hide, \$5.10 per hide higher than the last six months of 2005. In December, the hide peaked at just over \$63 per hide.

COUNTY AGENT'S REPORT

WAYNE BECKER
CEA - AG/NR

Pre-emergent herbicides for lawns

Prior to weeds germinating in early spring is the time to apply pre-emergence herbicides for lawns that had a summer weed problem last year. These products kill germinating seed. The mild weather may already be triggering weed germination. A second application may be needed in late May or early June. Remember that the best defense against lawn weeds is a healthy, thick turf resulting from good management. Don't rely on chemicals alone!

There are many useful pre-emergent herbicides that can be used with good results. A quick trip to your favorite horticultural retailer should reveal a wide variety of products. There is even some evidence that corn gluten meal, which is labeled as an organic product, controls 50-60% of some weeds the first year it is used. It is however considerably more expensive to apply.

According to John C. Stier, a turfgrass specialist at the University of Illinois, using corn gluten meal for weed control began in the 1990's after Dr. Nick Christians at Iowa State discovered its herbicidal properties while he was testing it for suppression of turf diseases.

After several years of studies and product development, corn gluten meal has gained national attention as being the first effective "organic" herbicide. Corn gluten meal

is not a registered pesticide because the U.S. EPA has granted an exemption for corn gluten meal as a herbicide. It is currently labeled for control of crabgrass, barnyardgrass, foxtails, dandelion, lambquarters, pigweed, purslane, and smartweed.

Data suggest it will inhibit root formation when the seed is germinating and has at least some activity on an even wider variety of plants than mentioned earlier. It is safe to use on established turf. Do not use corn gluten meal in an area in which you are trying to establish turfgrass.

Research shows 50-60% control can be achieved in the first year when applied at 20 lbs./1000 ft. Studies suggest that control is improved in successive years and as use rates increase. Currently it is sold as a dry product under various trade names. Until recently it was only offered in powder form. Now a granular form is available which can be more easily applied. Application rates vary from 12 to 20 lbs. per 1000 feet, once in early to mid-spring and another in early to mid-August. Another added benefit is corn gluten meal is about 10% nitrogen. Two applications at 12 lbs/1000 ft. will provide nearly 2.5 lb. of slow release nitrogen per 1000 ft per year. Fifty pound bags run between \$25 and \$30.

Corn gluten meal is a byproduct of the wet milling

process. This is the same corn gluten meal sold at feed mills for animal feed; however, it is pelletized for easier and more uniform application.

There are at least two proteins in the corn gluten meal, called peptides, that cause the herbicidal properties. Laboratory studies show the peptides themselves to be significantly more effective at preventing weed germination than the corn gluten meal itself. Unfortunately the peptides do not persist in the soil when used as a spray long enough for effective control. Research is ongoing in an effort to isolate and package these peptides to produce a sprayable product.

Dates to remember:
Feb. 16 - Private Applicator Pesticide License Training and Testing, Courthouse 8 a.m. - 4 p.m.;

Feb. 21 - Tri County Farmer and Rancher Symposium, North Central Texas College Little Theatre, 8 a.m. - 3 p.m. (5 CEUs for TDA Pesticide Licenses; \$10 fee);

Feb. 24 - 4-H Livestock Show, Circle A Ranch arena, Muenster;

Feb. 27 - Marketing Club, 7 p.m., Farm Bureau Building;

Feb. 28-Mar. 2 - Cooke County Youth Fair, Livestock Show will be held at Circle A and the Home Economics Show will be held at the Knights of Columbus Hall, 403 N. Oak in Muenster.

Governor's budget proposes to move TAHC to Ag Department

Texas Gov. Rick Perry released a summary of his 2008-09 budget Feb. 6. Included in the budget is a proposal to move duties of the Texas Animal Health Commission (TAHC) to the Department of Agriculture (TDA). Other proposals of interest to ranchers and landowners are listed below. Complete text of the Governor's Budget Summary can be found at <http://www.governor.state.tx.us/divisions/bpp/budget/files/budgetsummary2008-09.pdf>

Transfer functions of Texas Animal Health Commission
The governor proposes the TDA take over the duties of Texas Animal Health Commission. This proposal reduces overhead, consolidates field offices, and creates operating efficiencies, producing savings of up to \$2 million during the 2008-09 biennium.

FutureGen
The governor's budget provides \$20 million to fund clean coal technology. Currently, the United States Department of Energy is considering two Texas sites (out of the final four nationwide) for the world's first near-zero-emission coal power plant (FutureGen). If Texas is chosen, the governor's proposed \$20 million contingent appropriation will allow the State Energy Conservation Office to fund pipeline easement and CO2 transportation costs.

Trinity River environmental restoration initiative
The governor's budget provides \$500,000 to improve Trinity River's water supply and quality, land resources, and wildlife habitats. The 500-mile Trinity River supplies water to Dallas, Fort Worth, and Houston residents, or about 40% of the state's population. The proposal directs \$300,000 from the Texas Commission on Environmental Quality and \$200,000 from the Texas Water Development Board to continue this September 2006 initiative. Also, continuing this initiative will allow the Texas Parks and Wildlife Department to evaluate oppor-

tunities for land-based recreational facilities in the Trinity River Basin.

Texas Parks and Wildlife Department (TPWD)

Revenue collected from sporting goods sales tax allocation will finance a larger portion of Texas' parks system. The current budget caps this allocation to TPWD at \$32 million. The governor's budget removes the cap, providing an estimated \$105 million for state and local park systems. An estimated 7.5% of this funding source would be sent by TPWD to Texas Historical Commission to support their operation of 22 historic parks.

Fuel ethanol and biodiesel incentives

The governor's budget recommends \$16 million to the Texas Department of Agriculture (TDA) to sustain the Fuel Ethanol and Biodiesel Incentive Program at current levels.

Soil and Water Conservation
The governor's budget adds \$400,000 per year to reduce contamination in the agricultural community, and \$300,000 per year to limit water pollution caused by the poultry industry.

Tax relief

The governor believes state tax dollars should return tax dollars to taxpayers when possible, after essential state services are funded. Under current law, the state may only indirectly do that through the inefficient process of adjusting tax rates or eliminating items from taxation. The governor proposes to amend the constitution to allow Texas to return tax dollars directly to taxpayers by a return, rebate, or simply writing them a check. The governor's budget proposes to return \$2.5 billion to taxpayers, over and above meeting the property tax commitments necessary to lower rates by 50 cents.

Use Fund 6 to enhance State Transportation System

Gasoline tax revenue not constitutionally dedicated to education should be spent on the construction and maintenance of the state's transportation system. The governor's budget uses general revenue to replace Fund 6 at the Department of Public Safety (DPS), and other agencies, returning \$1.2 billion of gas tax revenue to the Texas Department of Transportation (TxDOT).

Railroad relocation fund

The governor's budget provides \$100 million from Fund 6 to capitalize the Railroad Relocation Fund to support an estimated \$2 billion bond issue for rail line relocation. This fund will be administered by TxDOT to increase safety by relocating urban freight lines, constructing critical spurs, and making other improvements.

Disaster trust fund

The governor's budget proposes a \$50 million increase in disaster appropriations. Current biennial funding of \$14 million is insufficient to mobilize state assistance when necessary, or assist political subdivisions with localized problems. Assistance provided to local governments would be recouped, to the extent provided by federal reimbursements received by political subdivisions, thereby replenishing the fund.

Fund Texas Homeland Security Plan
The porous Texas and Mexico border allows

transnational organized crime, such as drug and human smugglers and terrorists, to threaten Texas security. The governor proposes adding \$100 million from general revenue to expand border security operations until the federal government protects the Texas border.

Funding the Texas Homeland Security Plan continues collaborative crime prevention and reduction operations with more boots on the ground using new technology. The recommended additional \$100 million adds 330 local commissioned officers, 55 state troopers, 30 game wardens, 195 equipped vehicles, and four helicopters to support border security operations. These funds will support the Border Security Operations Center and the Joint Operations and Intelligence Centers statewide.

Modernize the Department of Public Safety (DPS)

As Texas' principal patrol, counterterrorism, investigative, and criminal intelligence agency, DPS needs the ability to quickly respond to evolving criminal and terrorist threats to our state. The reorganization of DPS would increase the agency's patrol and investigative capability and effectiveness at no additional cost to better secure the safety of Texans.

The governor proposes the following changes:

Update DPS performance metrics to reflect the state's goal to prevent and reduce crime and terrorism;

Designate the Texas Rangers as the sole investigative entity within DPS responsible for both criminal and terrorism investigations. Qualified Criminal Law Enforcement investigators would become Texas Rangers;

Move 219 commissioned officers currently assigned to the Driver License Service to the Highway Patrol Service;

Add one hour of overtime to the workday of commissioned officers. Extending the workday of commissioned officers would be equivalent to 415 new positions, and the additional pay would amount to a savings of \$16.8 million the first year and a cost of \$1 million for every year after; transfer the Driver's License Service from DPS to TxDOT.

These changes would equal 634 additional bodies without additional cost. That means more Troopers and Texas Rangers working to conduct statewide patrol operations, and criminal and counterterrorism investigations on those organizations that constitute the greatest threat to Texans.

AG BRIEFS

Studies show probiotics such as fibres, inulin, and oligofructose help improve bone health.

An extract of rosemary added to the polypropylene film used to wrap packaged fresh-cut meats, keeps meat looking pink and fresh in supermarkets for up to 14 days.

To ensure a continuing water supply from your well, do the following: reduce water usage; install water-saving devices; reconfigure water well pumping systems; lower the well pump, drilling into a deeper water source.

CLASSIFIEDS.....continued from page 14

LIVESTOCK

Monday • February 26, 2007

10:30 A.M. (CST)

The Main Event

Herd Reduction Sale

The largest and deepest offering of females ever from Parker Ranch!



Selling Over 600 Head!

FEMALES SELLING:

- 180 Spring Calving Cows
- 140 Spring Calving Heifers
- 75 Fall Calving Cows
- 50 Fall Calving Heifers
- 40 Fall Calving Heifers

Parker Blackcap 5372

Sire: Wulfs Ext 6106
Dam: Davis Blackcap 0100

BULLS SELLING:

- 50 Two-Year-Old Bulls
- 50 Fall 2005 Yearling Bulls
- 20 Yearling Bulls

SELLING APPROXIMATELY 480 FEMALES 120 BULLS

PARKER RANCH

Eddie & Karen Parker
Rt. 2, Box 156A - Waurika, OK 73573
office/barn: 580-228-3251
Eddie's cell: 580-313-0248
Karen's cell: 580-313-0249
parkerangus.com
www.parkerangus.com

PUBLIC NOTICES

NOTICE TO MÜNSTER YOUTH ORGANIZATIONS

Youth organizations may now submit budgets for United Way Funds. Submit budgets to Muenster Park Board, c/o City Hall, PO Box 208, 400 N. Main St., Muenster, TX no later than February 21. - 3-16-07

BID INVITATION FOR KEYLESS ACCESS CONTROL SYSTEM

North Central Texas College (NCTC) is accepting informal bids for a Keyless Access Control System at the entry doors to the NCTC Residential Dormitory (Bonner Hall). Scope and specifications can be obtained by contacting Robbie Baugh, Sr. Director of Campus Operations, (940) 668-4245. Informal bids may be submitted via phone (940) 668-4245; fax 940-668-4244; e-mail at HYPERLINKmailto:robbie.baugh@nctc.edu; or mail to Robbie Baugh, 1525 West California Street, Gainesville TX 76240. Informal bids must be received by 10:00 a.m. on Monday, February 26, 2007. Bids should be valid for a 60-day period. NCTC reserves the right to reject all bids. NCTC does not discriminate on the basis of race, color, national origin, gender, religion, age, or disability in employment or the provision of services. - 3-16-11

NOTICE OF PUBLIC MEETING

The Texas Department of Transportation (TxDOT) will conduct public meetings to allow public input into the Unified Transportation Program (UTP) and the Statewide Transportation Improvement Program (STIP) preparation process. A list will be provided of upcoming state projects selected in the UTP and STIP. Maps and drawings will be on display. Meetings will be held at the following times and locations:

- Tuesday, March 13, 2007 at 1:30 p.m. at the Graham Area Office located on US 380, 1.2 miles north of SH 16 in Graham, Texas.
- Wednesday, March 14, 2007 at 1:30 p.m. at the Gainesville Area Office located at 2615 West Hwy 82 in Gainesville, Texas.
- Thursday, March 15, 2007 at 1:30 p.m. at the Vernon Area Office located at 4031 Main Street in Vernon, Texas.
- Tuesday, March 20, 2007 at 1:30 p.m. at the Wichita Falls Area Office located at 2844 E. Central Freeway in Wichita Falls, Texas.

The meeting will be informal, and all interested citizens are invited to attend and express their views on the programs.

Persons with disabilities who plan to attend this meeting and who may need auxiliary aids or services such as interpreters for persons who are deaf or hearing impaired, readers, large print or Braille are requested to contact Tammy Marlow at (940) 720-7741 two (2) weeks prior to the meeting so that appropriate arrangements can be made.

Written comments may be submitted to the Texas Department of Transportation, Attention: Danny Brown, P.E., 1601 Southwest Parkway, Wichita Falls, Texas 76302-4906, but must be received no later than 10 days after each of the public meetings. - 3-16-11

MÜNSTER LIVESTOCK COMMISSION

15560 Hwy 82, West
940-759-2201

Visit our website at:
www.muensterlivestock.com

CATTLE AUCTION MEDIA REPORT

Sale Date: Feb. 8, 2007
Market higher on most classes of cattle. Thank you for your business. Call us if we can help with your cattle needs.

STEERS

- 300-400 lb.: \$121 to \$141;
- 400-500 lb.: \$115 to \$129;
- 500-600 lb.: \$104 to \$114;
- 600-700 lb.: \$98 to \$107.50;
- 700-800 lb.: \$94 to \$100.

HEIFERS

- 300-400 lb.: \$115 to \$130;
- 400-500 lb.: \$104 to \$116;
- 500-600 lb.: \$98 to \$104;
- 600-700 lb.: \$94 to \$98;
- 700-800 lb.: \$88 to \$94.

PACKER COWS

Utility Boning: \$39 to \$45;
Canner/Cutter: \$45 to \$54.50;
Bulls: \$59 to \$70.

BRED COWS

- Choice: \$810 to \$945;
- Medium-Good: \$650 to \$760;
- Medium-Poor: \$450 to \$625.

COW-CALF PAIRS

- Choice: \$1000 to \$1100;
- Medium-Good: \$800 to \$905;
- Medium-Poor: \$625 to \$800.

Gainesville Live Stock Market, Inc.

Website: www.gainesvillelivestock.com

Light Weight Steers - STEADY Light Weight Heifers - HIGHER Feeder Steers - HIGHER Feeder Heifers - STEADY Packer Cows & Bulls - STEADY Pairs & Bred Cows - STEADY to 1.1 LOWER. Sold at Friday's sale February 9 were 146, compared to 438 the previous week. Sold at Tuesday's sale February 13 were 173 Goats, 42 Sheep, and 191 Hogs. Results follow:

<p>Feeder Steers (per lb.)</p> <ul style="list-style-type: none"> 200-300 lbs. No. 1, 1.09-1.30; No. 2 & 3, 85-109; 300-400 lbs. No. 1, 1.05-1.37; No. 2, 3, 88-1.05; 400-500 lbs. No. 1, 1.01-1.30; No. 2 & 3, 70-101; 500-600 lbs. No. 1, 1.03-1.17; No. 2 & 3, 65-1.03; 600-700 lbs. No. 1, 98-1.05; No. 2 & 3, 65-98; 700-800 lbs. No. 1, 93-109; No. 2 & 3, 80-93. <p>Feeder Heifers (per lb.)</p> <ul style="list-style-type: none"> 200-300 lbs. No. 1, 1.25-1.30; No. 2 & 3, 1.15-1.25; 300-400 lbs. No. 1, 1.03-1.22; No. 2 & 3, 70-103; 400-500 lbs. No. 1, 94-101; No. 2 & 3, 60-94; 500-600 lbs. No. 1, 98-107; No. 2 & 3, 75-98; 600-700 lbs. No. 1, 88-97; No. 2 & 3, 70-88; 700-800 lbs. No. 1, 83-92; No. 2 & 3, 30-83. <p>Slaughter Cattle (per lb.)</p> <ul style="list-style-type: none"> Slaughter Bull: Yield Grade #1, 2, 1290-2050 lbs. 49-68; Slaughter Cow: #1-3, 48-58; Cutter: 20-44. 	<p>Stocker Cows (per head)</p> <ul style="list-style-type: none"> Pregnancy-tested, 3 to 9 year-olds - Large Frame: \$550-\$750; Medium Frame: \$450-\$550; Small Frame: \$350-\$450. <p>Cow-Calf Pairs w/calves under 250 lbs. - Large Frame: \$780-\$890; Medium Frame: \$650-\$750.</p> <p>Baby Calves: Halstein: \$80-\$100; Cross Breeds: \$150-\$250.</p> <p>Barrows & Gilts (per lb.)</p> <ul style="list-style-type: none"> US #1, 230-270: 40-4250; US #2, 220-260: 35-40; US #3, 210-250: 30-35. <p>Feeders (per head):</p> <ul style="list-style-type: none"> 100-175 lbs.: \$35-\$65; 175-250 lbs.: \$12.50-\$30. <p>Sows (per lb.)</p> <ul style="list-style-type: none"> Feeder: 400 or less: 22-35; Light wt.: 200-500: 25-29; Med wt.: 500-600: 25-29; Heavy wt.: 600+: 25-29. <p>Boars (per lb.)</p> <ul style="list-style-type: none"> 300 lb. up: 10-155; 200-300 lbs.: 15-30; Light wt.: 20-25. <p>Sheep (per lb.)</p> <ul style="list-style-type: none"> Feeder/Lamb: 40-60 lbs.: 65-75; Light/Lamb: 60-90 lbs.: 68-75; Fat/Lamb: 90-120 lbs.: 70-75. 	<p>Ewes (per lb.)</p> <ul style="list-style-type: none"> Stocker: 30-55; Thin: NT; Fat: 50-55. <p>Bucks (per lb.)</p> <ul style="list-style-type: none"> Thin: 42-49; Fat: NT. <p>Barbados (per head)</p> <ul style="list-style-type: none"> Lamb: \$125-\$40; Ewes: \$25-\$40; Bucks: \$30-\$70. <p>Goats (per head)</p> <ul style="list-style-type: none"> Kids: 20-35 lbs.: \$15-\$40; 35-55 lbs.: \$30-\$55; 55-75 lbs.: \$50-\$70. <p>Yearlings (per head)</p> <ul style="list-style-type: none"> 75-120 lbs.: \$65-\$110; Nannies (per head): Stocker: \$55-\$80; Milk Type: \$50-\$75; Slaughter: \$40-\$65; Thin: \$20-\$50; Fat: \$45-\$65. <p>Billies (per head)</p> <ul style="list-style-type: none"> 120 lbs. up Breeders: \$95-\$115; Slaughter: \$55-\$90; Boer Goats (per head): 1/2 Nanny: NT; 3/4 Nanny: NT; Full Nanny: NT; 1/2 Billy: NT; 3/4 Billy: NT; Full Billy: NT.
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SAUER CATTLE
Young Heifer Type Cows: 55-75
Utility & Commercial Cows: 45-55
Canner & Cutter Cows: 30-40 • Ch. Bulls: 55-65 • Hd. Bulls: 55-65

STOCKER & FEEDER YARBINGS
Gd. Ch. Steers 90-105; Md. Gd. Heifers: 80-95; Md. Gd. Heifers: 75-85

PLUG STOCKERS \$100-\$250
Packer Frame \$750-\$850; Medium Frame \$700-\$850; Gov. Calf - 1/2 Frame: \$850-\$1100; Pair Calves Med. Frame: Under 250 \$650-\$800

STEER CALVES
200-300 lbs. Gd. Choice: 1.20-1.40; Med. Gd. Choice: 1.10-1.20; 300-400 lbs. Gd. Choice: 1.10-1.30; Med. Gd. Choice: 1.00-1.20; 400-500 lbs. Gd. Choice: 1.10-1.20; 500-600 lbs. Gd. Choice: 95-1.10; Med. Gd. Choice: 90-1.10

HEIFER CALVES
200-300 lbs. Gd. Choice: 1.20-1.40; Med. Gd. Choice: 1.10-1.20; 300-400 lbs. Gd. Choice: 1.10-1.20; Med. Gd. Choice: 95-1.10; 400-500 lbs. Gd. Choice: 95-1.10; 500-600 lbs. Gd. Choice: 95-1.10; Med. Gd. Choice: 85-95

HOLSTEIN STEER CALVES
200-400 lbs.: 85-95;
400-600 lbs.: 70-75

(940) 665-4367

RED RIVER ANGUS ASSOCIATION

2nd Annual "Buying the Brand" Performance Tested

Angus Bull Sale

1:00 PM - Saturday, Feb. 24, 2007
Wichita Falls Livestock Auction
Hwy. 281, Wichita Falls, Texas

Selling 80 performance-tested Black Angus bulls, bred and raised by your neighbors "up and down" the Red River.

MORE THAN 40 CALVING-EASE BULLS SELL!

In addition to a great selection of top quality bulls with proven genetics, you will be getting:

- Calves that will be eligible for special coop sales and marketing opportunities. Age and source verification ear tags for all calves sired by these bulls.
- Complete EPD's and carcass ultrasound information. First year breeding season guarantee. Health and semen testing info. Bulls that were born and raised in your climate.
- Delivery assistance.

For catalogs and other information, please call today:
Paul Carpenter (940) 736-4445
Jack Thayer (940) 902-0470
Lynn Williams (940) 665-0461
www.redriverangusassoc.com

Have a Great Week!



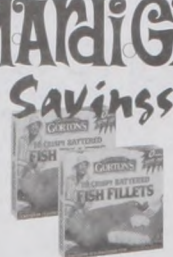
Wheat Bread
24 OZ. LOAF

79¢



Milk
SHURFINE WHOLE, SKIM, 1% OR 2% LOWFAT
GALLON

2 \$4
for



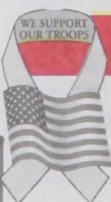
Gorton's Fish
SELECT GROUP FILLETS
18.2-19 OZ. PKG.

\$2.99



Pink Salmon
HONEY BOY
14.7 OZ. CAN

2 \$3
for



QUALITY FRESH MEATS



FRESH BONELESS Chuck Roast

\$2.09
LB.

PREFERRED TRIM BONELESS BEEF	\$5.99	LENTEN SPECIAL: APPROX. 5 LB. LOAF	\$2.19
New York Strip Steaks	LB.	Muenster Cheese	LB.
BONELESS SKINLESS - PREVIOUSLY FROZEN	\$1.79	LENTEN SPECIAL: MARKET CUT	\$2.39
Chicken Breast	LB.	Muenster Cheese	LB.
PILGRIM'S PRIDE GRADE "A" WHOLE		LENTEN SPECIAL: MARKET WRAPPED	\$2.19
Cut-Up Fryers	LB.	American Cheese	LB.
FISCHER'S	\$2.69	LENTEN SPECIAL: FISCHER'S CHEESE	\$3.79
Smoked Sausage	LB.	Smoked Pepper Jack	LB.
FISCHER'S	\$2.29	BAR S - WATER ADDED	\$2.19
Pork Hot Links	LB.	Cooked Ham	12 OZ.
FISCHER'S	\$3.98	BAR S	\$1.79
Hard Salami	LB.	Sliced Bacon	12 OZ.
FISCHER'S	\$1.79	PRICE'S REGULAR OR LIGHT	
Braunschweiger	LB.	Pimiento Cheese Spread	12 OZ. 2 FOR \$5
LENTEN SPECIAL: SKIN ON, WILD CAUGHT	\$3.49	ALL VARIETIES	\$1.89
Salmon Fillets	LB.	Owens Sausage	1 LB.
LENTEN SPECIAL	\$1.59	OWENS REG., HOT OR WITH EGG & CHEESE	\$2.49
Pollock Fillets	LB.	Sausage Biscuits	10-12 OZ.
LENTEN SPECIAL: FARM RAISED	\$3.29	SHURFINE	\$1.59
Catfish Fillets	LB.	Pimiento Cheese	17.5 OZ.
LENTEN SPECIAL: NORTHERN KING EZ PEEL	\$6.99		
Raw Shrimp	71/90 COUNT 2 LB.		

WEEKLY SPECIALS

WHITE OR WHITE ULTRA BATHROOM TISSUE	\$4.99	GRANULATED	2 \$4
Charmin	24 ROLL	Imperial Sugar	4 LB.
WHITE	\$4.99	DOROTHY LYNCH	\$2.29
Bounty Paper Towels	8 ROLL	Salad Dressing	16 OZ.
REGULAR \$3.49		KRUSTEAZ BUTTERMILK OR BLUEBERRY	
Doritos® Tortilla Chips	2 FOR \$4	Pancake Mix	28-32 OZ. 2 FOR \$4
SALSA OR SALSA CON QUESO		SHURFINE ASSORTED	\$1.79
Tostitos® Dips	15.5-16 OZ. 2 FOR \$5	Applesauce	6 PACK
CHUNK LIGHT TUNA- WATER OR OIL PACK, OR 50% LESS SODIUM		CRANBERRY JUICE COCKTAIL OR 100% GRAPE JUICE	
Chicken of the Sea	6 OZ. CAN 2 FOR \$1	Old Orchard	64 OZ. \$2.19
LA COSTEÑA		SELECT GROUP	2 \$4
Whole Jalapeños	26 OZ. 4 FOR \$5	Gatorade	64 OZ. 2 FOR \$4
TRAPPEY'S TORRIDO OR TEMPERO		CAMPBELL'S RAVIOLI OR SELECT GROUP	\$1.19
Hot Peppers	12 OZ. 3 FOR \$4	Spagettios WITH MEAT	14.7-15 OZ.
SELECT GROUP	\$3.99	ORIGINAL OR ANTIBACTERIAL	
All Ultra Liquid	100 OZ. 3 FOR \$3	Ajax Dish Liquid	18 OZ. 99¢
ORIGINAL FABRIC SOFTENER	\$2.99	HAND MASTER ASSORTED	
Snuggle	64 OZ. 2 FOR \$3	Work Gloves	PAIR 5 FOR \$3
ASSORTED SPICES AND SEASONINGS		SHURFINE	\$1.29
Spice Classics	5-7.5 OZ. 2 FOR \$1	Chili	19 OZ.
DUNCAN HINES ASSORTED		KEEBLER	\$1.39
Cake Mixes	15.7-18.25 OZ. 5 FOR \$5	Zesta Crackers	16 OZ.
DUNCAN HINES ASSORTED		BOUNTY BASIC	
Cake Frosting	15-18 OZ. 2 FOR \$3	Paper Towels	SINGLE ROLL 79¢
13 OZ. COCOA OR FRUITY PEBBLES, 17 OZ. GOLDEN CRISP OR 14.5 OZ. HONEY-COMB		ANGEL SOFT	
Post Cereal	MIX OR MATCH 2 FOR \$4	Bathroom Tissue	4 ROLL 99¢
ELBOW MACARONI, LONG OR THIN SPAGHETTI		SHURFINE ASSORTED	\$1.39
American Beauty	48 OZ. 2 FOR \$4	Chocolate Chips	12 OZ.
HUNT'S ASSORTED		SHURFINE	\$1.49
Spaghetti Sauce	26-26.5 OZ. 99¢	Foam Plates	50 CT.
POULTRY & SEAFOOD CAT FOOD		CAMPBELL'S CHICKEN OR MUSHROOM	
Alley Cat	3.5 LB. 2 FOR \$4	Cream of Soups	10.5 OZ. 69¢

ASSORTED VARIETIES

Dr. Pepper

12 PACK, 12 OZ. CANS

4 \$10
FOR



24 PACK, 12 OZ.

Milwaukee's Best REGULAR OR LIGHT **\$10.99**

HEALTH & BEAUTY CARE

EXTRA STRENGTH CAPLETS, GELTABS OR GELCAPS	\$5.99	SELECT GROUP	\$4.49
Tylenol PM	50 CT.	Afrin Nasal Spray	5 OZ.
ASSORTED 12 CT. LIQUIGELS OR 20 CT. TABLETS	\$3.99	SELECT GROUP TOOTH PASTE	
Alka-Seltzer Plus	YOUR CHOICE	Close-Up	6 OZ. 2 FOR \$3
5 CT. REG. TABLETS, CHILDREN'S 2 OZ. GRAPE SYRUP, 5 CT. REDITABS OR GRAPE CHEWABLES	\$4.99	BIC MENS OR WOMENS SENSITIVE	
Claritin	YOUR CHOICE	Comfort Twin Shavers	5 CT. 2 FOR \$5
ASSORTED SHAMPOO OR CONDITIONER		ALBERTO VOS SELECT GROUP	
Alberto VOS	15 OZ. BTL. 79¢	Hair Care Products	1.5-10 OZ. 2 FOR \$6

GARDEN FRESH PRODUCE



SALAD SIZE Avocados

3 \$1
FOR

MPK SPICY OR MILD		NORTHWEST	99¢
Guacamole Mix	1 OZ.	Pears	LB.
ROMAINE, RED OR GREEN		DOLE CLASSIC	
Leaf Lettuce	EACH 99¢	Iceberg Salad	2 LB. 2 FOR \$5
U.S. NO. 1		TROPICAL	
Russet Potatoes	10 LB. 2 FOR \$4	Coconuts	EACH 99¢
CELLO PACK		NEW CROP MEXICAN SWEET	
Tomatoes	4 CT. 2 FOR \$3	Yellow Onions	LB. 99¢
YUCATAN READY TO EAT	\$2.99	CLIP TOP	
Guacamole	12 OZ. 2 FOR \$2	Turnips	LB. 99¢
SPICY		YELLOW OR ZUCCHINI	
Jalapeño Peppers	LB. 99¢	Squash	2 LBS. \$3
FRESH BUNCH		COLORADO	
Green Onions	2 FOR \$1	Baking Potatoes	3 LBS. \$1
SUPER SELECT		GOLDEN	
Cucumbers	EACH 69¢	Pineapples	EACH \$1.99
CELLO PACK PEEL		MEDIUM RED SEEDLESS	
Baby Carrots	1 LB. 99¢	Grapes	2 LBS. \$3
FRESH JEWEL GREEN		CHILEAN	
Key Limes	2 LB. BAG \$1.79	Peaches	LB. \$1.49
EXTRA FANCY RED OR GOLDEN DELICIOUS, GRANNY SMITH OR BRAEBURN		TASTE SELECT GROUP	
Washington Apples	LB. 99¢	Apple Chips	3.2 OZ. 2 FOR \$3
NATURALLY FRESH			
Caramel Dip	16 OZ. 2 FOR \$2		

FROZEN & DAIRY

BLUE BUNNY		ASSORTED FROZEN POTATOES	\$1.79
ASSORTED		Inland Valley	24-32 OZ.
FROZEN YOGURT OR		STILLWELL	
Ice		Breaded Okra	24 OZ. 2 FOR \$4
Cream		SHURFINE	
56 OZ. OVAL	\$3.99	Cottage Cheese	24 OZ. \$1.99
		ASSORTED HALFMOON OR CHUNK	
		Shurfine Cheese	16 OZ. 2 FOR \$5
		ASSORTED FLAVORS	
DOUBLE FUDGE BAR, GOIN' BANANA FUDGE BARS OR SWEET FREEDOM ASSORTED POPS		SunnyD Drinks	64 OZ. 2 FOR \$3
Blue Bunny Novelties	12 CT. 2 FOR \$5	SOFT SPREAD	
MRS. SMITH'S SELECT GROUP	\$3.49	Parkay	48 OZ. 2 FOR \$4
Fruit Cobblers	32 OZ.	ASSORTED FLAVORED NON-DAIRY CREAMERS	\$2.99
PATIO ASSORTED		Coffee-mate	32 OZ.
Enchilada Dinners	11-12.25 OZ. 5 FOR \$5		

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