

# MUENSTER ENTERPRISE

75¢

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## Muenster Memorial Hospital shows a profit for February

**By Janet Felderhoff**  
Financials for the Muenster Hospital District during the month of February 2005 indicated operating revenue over expense of \$14,814 with the fiscal year-to-date total being \$136,643. Taxes collected amounted to \$84,965 in February with \$458,215 collected year-to-date. After deducting non-operating revenues (i.e. tax collection expense) of \$383 in February the month's revenue over expense totaled \$100,162 with the fiscal year net being \$589,737. It was noted that some expense figures were suspect and may show up in the coming months. This report was delivered to the Muenster Memorial Hospital Board of Directors at the regular meeting held March 15 by MMH Administrator Lynn Heller.

For the month of February, there were a total of 33 patients admitted to MMH. Of these, 24 were acute inpatients, three swing bed, and six observation. Average length of stay for acute inpatients was 3.75 and swing bed was 19.50. Home Health logged 369 visits and 296 visits were made by the Therapy Department. In the Radiology Department, 213 procedures were performed on 178 patients. The Laboratory did a total of 1,236 tests for 407 patients. There were 106 patients seen in the ER and 819 patients were seen in the Family Health Clinic, 76 of those

were new patients.

Heller updated the Board on several items including:

- \* The Texas Department of State Health Services notified them that providers may continue to give discounts to employees and people with no insurance. If an assignment of benefits is accepted from a patient, no discount may be given. Due to the seriousness of the possible penalties for cited violations of this, hospitals are encouraged to review their policies to be sure that no inappropriate waivers of co-payments or deductibles are being granted.

- \* Patients have reported having difficulty in finding the emergency room sign. A new sign is being prepared.

- \* Health Fair is planned for Saturday, April 30.

- \* Outside lighting around hospital area is being reviewed or improved.

- \* Medical Staff by-laws are being updated at a very reasonable cost.

After an executive session, the Board voted to authorize the administrator to work with counsel in preparation of agreement document seeking assignment to current St. Richard's Villa operations of the Medicaid settlement funds due St. Richard's Villa, LLC (Burgamy's past operation). The object is to attain the strongest position possible for the District should St. Richard's Villa, LLC be pushed into bankruptcy while money is still owed to the Hospital

District.

As recommended by the Medical Staff, the Board approved the re-appointment of Dr. Edgardo Advincula (internal medicine), Dr. Jeffrey Charney (surgery), Dr. Joseph Barnes (pathology), and Dr. Thomas Currier (OB/GYN) for staff privileges. Robert Neal, M.D. was approved for staff privileges. He now does the readings for the Radiology Department. It was noted that the doctors are very pleased with his services.

A resolution was approved establishing a working line of credit with Muenster State Bank. This is the same as was approved the previous year.

John Aytes attended a Texas Hospital Trustees (THT) Conference in Corpus Christi. "This is one of the better meetings that anybody can go to," Heller said. "It is usually very informative and very informational." He made copies of information brought back on hospital issues and gave one to each Board member.

Aytes reported that there are two main things that he got out of the meetings. One was that due to the repercussions of the Sarbanes-Oxley Act, institutions such as hospital boards would be impacted soon. "The old line thinking that was put out by essentially the THT group, was that you have responsibilities to guide and direct, but don't get into

See MMH pg. 2



Drew Springer, owner, shown shooting pool at "The Hangout".

Photo by Janie Hartman

## "The Hangout" opens its doors to Muenster's youth

**By Janet Felderhoff**  
For many years there has been a need in Muenster for a place where young people can gather to socialize. Drew Springer saw that need. His answer was to open a game room.

The Hangout is located at 522 Division Street in Muenster in the east end of the building that houses The Old Tower Pizzeria. There are a number of video games, a pool table, board games, music (bring your own CDs), and a seating arrangement for just hanging out and visiting. "They really don't have to spend any money if they don't want to spend any," remarked Springer. "They can just talk to their friends. No alcohol, and no smoking."

Being located next to the Pizzeria, pizza is sold by the slice or can be brought from next door. Also available are soft drinks with unlimited refills, nachos, chips, and candy. A pass-through window has been added between the Pizzeria kitchen and The Hangout's concession area.

Springer feels like the most likely patrons will be the seventh grade through 10<sup>th</sup> grade age group. He said those with cars may be less apt to hangout since they have wheels to get from place to place. "The younger crowd has a place to congregate now where they can see more of their friends at a time," he said. "Not serving alcohol will probably keep us in that under 20 age group. We've had a couple of older just graduated come in to play pool."

Pool tournaments are

planned for the future. He hopes to add a second pool table soon. Currently the youths wait patiently for their turn playing pool.

"I want to keep the kids in mind and keep the kids happy and I want it to be what they want it to be," said Springer of the new business. "At the same time I want the parents to like the idea that, 'Okay, my kid is going to be out, but I feel like they're in a good environment.' In the bars there's two things - there is smoking going on and drinking. So either somebody is buying them beer or they are around all the smoke, and a lot of parents want to keep their kids away from that as long as possible."

Springer has installed a bell with a loud ringer and uses it to get attention when it is time to quiet the crowd down some. He said the only problem so far has been with the pool sticks when the kids get hyper and get to dancing around with them. The bell also alerts the people in the business next door and they can poke their heads in to be sure that things stay calm.

Springer plans to go with a theme that keeps education to the forefront. To do this, he's decided to decorate with college themes. He said he might contact colleges for brochures and other college theme items to keep around for the kids to look at.

"Since I had kids, I could tell that they don't really have anything else to congregate with their friends other than to bounce back and forth between houses," Springer said of his reason for opening The Hangout. "There wasn't a large central location." He plans to add a few more games.

Because some of the local garage bands want to play, but they don't want them playing in bars, Springer said, "We may pick a night where we let some of the local bands play. Friday night at 10 o'clock we could push some of the games out of the way and let them set up in a corner and play in here."

Current hours for The Hangout are Thursday from 3:45-8 p.m., Friday 3:45-11 p.m., Saturday 11 a.m.-11 p.m., and Sunday noon to 7 p.m. The hours may adjust with summer as the needs change.

"We want them to have fun, but good fun," Springer noted. "We just want to make it a fun place for the kids to come and just enjoy being themselves without a lot of pressure of bad influences. Also to let them feel a little more free having a place to come without a lot of adults hanging around."

Drew is married to the former Lydia Walterscheid. They have three children, Grant, Austin, and Katherine.



Charlie Schilling, John Knabe, and Herbie Knabe. Janie Hartman photo

## Eldred awarded Bronze Star

Staff Sgt. E-7 John Eldred was awarded a Bronze Star for going out on 100 missions and bringing back his convoys with no injuries or fatalities. He has just returned to the U.S. after serving for a year in Iraq. For 10 days of duty at Fort Hood he will spend a month on leave.

According to Eldred's mother, Shirley Cooper of

Muenster, he is with the 1<sup>st</sup> Cavalry 215 Battalion Alpha Company. His job when accompanying a convoy on its mission was to stay in radio contact with helicopters that flew ahead to be sure that the roads were safe to travel. She said that he was in charge of 350 soldiers and that each convoy had 50 soldiers in it.

Eldred's sister Kim and her

husband Joe Hennigan also live in Muenster. John grew up in Muenster. He played football for Muenster ISD for six years and was quarterback while in high school. His mother expects him home around April 2.



Staff Sergeant John Eldred

## Rodeo events slated for ages two - adult

All cowboys and cowgirls are invited to participate in the 10th Annual Sacred Heart Alumni Ranch Rodeo, Sunday, April 3 at 2 p.m. at the Circle A Indoor Arena, FM 373 north of Muenster. Events will be double mugging, cow undercoating, team sorting, and team roping. Prizes are awarded to the top overall team, \$400 plus buckles; second place overall team, \$350 plus spur straps; third place overall team, \$300; and fourth place overall team, \$250. Also, prizes will be given to first place in each event, \$200. Entry fee is \$200 per team, with the first 20 teams being booked. Contact Charlotte Dangelmayr for more information at 940-759-2960.

Beginning at 8:30 a.m., there will be a Buckaroo Ranch Rodeo for children from age 2 through age 5. The 9 a.m., 10 a.m., and 11 a.m. performances are for any children up to grade 5. Each team will consist of two members and will be assisted by two adults. Cost will be \$20 per team. Events will include Chicken Sorting, Pony Express, Goat Milking, and Brandin'. Goodie Bags will be awarded to all participants, and in addition the top winners will receive handcrafted belt buckles, monogrammed t-shirts, cash prizes, and a goodie bag. Rules are similar to that of the ranch rodeo. Entry forms may be picked up and turned into the school office. Preferred deadline is April 1. For more information contact Stacie Miller at 940-759-4932, or Mary Bayer 940-759-2511, ext. 22.

New to the Ranch Rodeo will be two features. Trick and fancy roping by Dick West who will be performing at noon and the calf scramble during the 2 p.m. performance of the Cowboy Ranch Rodeo. Two separate scrambles will occur. Little calf scramble will be for children up to grade 2, and the older calf, 250 lb., scramble will be for children up to grade 8. Cash prizes will be awarded. Entry to scramble is free to all participants.

If you are not familiar with the term ranch rodeo, Webster's dictionary defines a cowboy as a ranch worker who rides horseback on his job of herding cattle, while a rodeo is defined as a public exhibition of the skills of cowboys, so ranch rodeo is the sport of the working cowboys. Today, in this technology world, ranch rodeo is a sport where team work is everything. Each team consists of eight members, four cowboys and four horses. There is no rough or bucking stock used in ranch rodeo, only pasture fresh cattle. You are invited to see the true working of the American Quarter Horse in his surroundings as the Sacred Heart Alumni & Supporters kicks off its 10th Annual Ranch Rodeo.

Tickets may be purchased from any of the elementary school children, the school office (call 940-759-2511 ext. 22), or at the gate. Tickets are \$6 for adults and \$3 for students. These tickets will allow entrance to any or all events of the day.

## Four Muenster firemen attend certification classes

**By Janet Felderhoff**  
Four members of the Muenster Volunteer Fire Department gave up time two nights a week and every other Saturday since January to take classes for beginning firefighters. The Gainesville Fire Department presented them. Three of Muenster's newest firemen, Charlie Schilling, John Knabe, and Jimmy Carnes took classes to earn hours towards their basic firefighters certifications. MVFD Chief Herbie Knabe took the classes because he needed a refresher course.

Schilling, who has been with the Department for less than six months, made all of the classes and earned the full 54 hours of credit. John Knabe and Carnes have been members for less than a year. Knabe earned 41 hours and Carnes 16. Knabe had been with the Department since 1965 and he earned 33 hours with the classes.

Schilling, Knabe, and Knabe earned certification by

TEEX as first responders in hazardous materials operation. This 16-hour course was presented by instructors from Texas A&M Fire School.

Some other categories studied were Firefighter Safety, Self Contained Breathing Apparatus (SCBA) Intro, SCBA Practical, Apparatus Placement on how to drive and where to place fire trucks, Apparatus Operation on how equipment works and what to expect, Fire Streams, Incident Command Support (ICS), Tactics Strategies, Building Construction, Ventilation, TXU Safety, and Fire Department Management.

Chief Knabe said that class attendance averaged about 28. Every volunteer fire department had someone in the classes. It wasn't possible for all the volunteers enrolled to make every class.

"Gainesville did a real good job of putting on the classes," Knabe remarked. "I can't say enough about them."

## Reminder!!

Just a reminder that it is illegal to pass a school bus when the bus is stopped and the flashing warning signal lights are operating. This is a problem here in Muenster. According to section 545.066 of the Texas Transportation Code:

When the bus is stopped on the road to pick up or drop off students, any other driver approaching on the road from either direction MUST STOP and MAY NOT PROCEED until one of these three things happen:

- 1) Bus resumes motion,
- 2) Driver signals the other driver to proceed,
- 3) Driver turns off visual signal.

Drivers who pass the bus when the loading/unloading lights are flashing, are subject to a fine of \$200 to \$1000. On the second offense, the driver can have his/her license suspended for up to six months.

Please remember that children are being carried in these buses, and can be unpredictable in their actions. A thoughtless moment passing a bus could have a lifetime of regret.

Submitted by Muenster ISD

# MMH

operations and so on," he explained. "Now they've changed, their tune is you better know what's going on because you're liable." In the corporate world when problems developed, it was questioned where the board members were who were supposed to be watching while all of this took place. This included cases such as the Enron scandal.

"There was no answer and the net result is those board members that were not fulfilling their obligation of overseeing what was going on, knowing what was going on, reach in their pocket and there's millions of dollars being paid out by board members that did exactly what they were told they

.....cont. from pg. 1

should do," Aytes explained.

The second thing was the doctors in small hospitals who still cover the ER are being run ragged and the doctors are expecting to be paid very well or to not have to cover the ER. "We've got a wakeup call coming on that," noted Aytes.

Board elections were canceled for May due to lack of opposition. The March 14 deadline for write in candidates had passed. This saves the hospital district the expense of holding an election in which there is no contest. Mary Dangelmayr will begin her term on the Board in May. She replaces Gary Links.

The next meeting is set for 8 p.m. April 19 in the MMH Administration building.

## The Rule of Law they cried...while Terri Died

© Third Millennium, LLC  
The eyes of the world watched, As one more judge ruled for death over life  
The Rule of Law they cried...while Terri Died  
Who is this one who cannot speak? She is a vegetable, of no use in this world of power and utility  
The Rule of Law they cried...while Terri Died  
Forget the smile; it has no productive value, disregard the mothers' plea, misguided sentiment  
The Rule of Law they cried...while Terri Died  
The one on the bench, the blind guide leading the blind, has the power now in this brave new world unanchored

By Deacon Keith Fournier  
from truth; his word is the sword  
The Rule of Law they cried...while Terri Died  
All this talk of religion and solidarity be damned, let the one who cast the bride aside decide  
The Rule of Law they cried...while Terri Died  
The triumph of the Will ascends, the meek and the weak shudder, the reign of lawlessness begins  
The Rule of Law they cried...while Terri Died  
+++++  
"For the mystery of lawlessness is already at work..." St Paul's second letter to the Thessalonians

**To the Editor,**  
Prayers are helping to stop abortion.  
People of all ages and faiths are coming together in peaceful protest to pray for an end to abortion in front of several abortion clinics in the Fort Worth area. Every Saturday morning over the last six months those from the Muenster, Lindsay, and Gainesville area have been especially responsive to this ministry of praying for mothers who are coming to have an abortion and for their pre born children. The presence of these people praying there during clinic hours has had a major impact on those who are coming for an abortion, the workers at these clinics, and especially on those who have taken the time to be a part of this ministry.

For the past 30 years, since the legalization of abortion, groups have been praying at the Trinity Mills Woman's Center, Planned Parenthood

in Fort Worth, Westside Woman's Clinic, and Southlake Woman's Clinic. Collectively, over a 100 abortions are performed at these clinics every week, but because of the presence of prayers and counseling offered to these mothers in front of these clinics, many have turned from their decision to have an abortion and even come back to thank the people for being there.

One such incident occurred when a young woman walked up carrying her baby saying, "My baby would not be here today if you had not been out here praying." At times people will drive up and hand someone a rosary and thank them for their prayers. The people who attend EVEN ONCE have expressed the serious impact the experience has had for them and realize the tremendous need for being there.

With abortion going on now over 30 years, many have become desensitized to the

horror of what is occurring in these abortion clinics. Father Frank Pavone of Priests for Life is quoted as saying, "When a house is on fire you don't just pray about it, you go to where the fire is and try to help put it out too." Prayer and sacrifice is most important to fight a culture of death, whether at home, in church, or at these clinics. But what the people realize by getting out in front of these clinics and praying is that they can minister to these people better, many of whom have never heard why abortion is wrong and think they have no alternative.

Most of the women that are seen going in are desperate, confused, and scared. A former worker at one of the clinics confidentially told protesters that when people are outside praying it causes great confusion inside the clinic. Many start discussing the reality of abortion and the choice they are making. "Many of the women end up leaving as soon as their name is called." On one occasion six women left in one day after speaking with sidewalk counselors. "Even if no one leaves, we are a voice of conscience," said one protester. "Our prayer is that they will then one day be healed of their decision."

One of the prayer witnesses, John Bezner, brings high school age students from his CCD class who have volunteered to come. He is encouraging youth from all the high schools to come out and pray

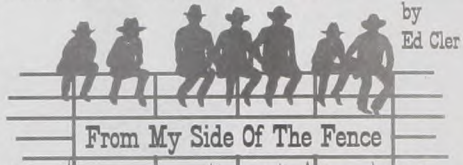
because he has seen the impact these experiences have had on the young people going. "Taking a stand against abortion will help shape the morality of these young people as they see the distress of those who have fallen into these difficult situations."

Chastity education is so important for our youth. But the best way to teach morality is to show them how to live it, and teach them by example how to combat the culture of death in our country.

In 2004 every parish was assigned an abortion clinic in our diocese to pray for an end to abortion there. What better way to fulfill this call than to go and minister directly with those in most need. Some come and just pray, while others feel called to counsel those coming to these clinics. Either way, every Christian is needed to participate in this ministry to end abortion. Please pray and sacrifice for this ministry. And if you would like to participate by your prayers at these abortion clinics, please contact John and Grace Bezner at 940-759-2466.

To hear more about what the pro-life movement is doing in your area, come to this meeting Tuesday, April 5 at 7 p.m. in the Grand Avenue Baptist Church in Gainesville. The meeting will be in the downstairs meeting room. The experience can be life changing, especially for the pre born and their mothers.

John and Grace Bezner  
Muenster, TX 76252



The story about the unfortunate Terri Schiavo, who is unable to talk or to take care of herself in any way, is sad. She sometimes appears to understand what is said, and seems to try to smile at times.

The lady, who was a beautiful girl when she married a good looking fellow who, since she was struck down some 15 years ago, has been her legal guardian.

It seems as if he has found another love, and has fathered two children without the benefit of marriage.

Now he wants his wife dead. He has sued for the removal of a feeding tube that was inserted into her stomach to give her food and water. The first judge who heard the case, ordered the removal of the tube. Many people, including the greater part of the United States Senate, and Congress appealed, asking that the feeding tube be re-inserted.

Doctors say the removal of

the tube will cause her death, but it will be slow and extremely painful. She would die from dehydration and starvation.

Well, the second judge upheld the ruling of the first, so about all that can be done is hope and pray the Lord will take her quickly.

I still think killing is killing, and I can only think of one more word for this - it's "euthanasia".

Euthanasia is supposed to cause a painless happy death, but what these two judges have ordered is a horrible thing. I thought we were supposed to protect life. They say she has a "right to die", but many, including myself, say she has a "right to live".

If one just thinks about this, there are numbers of unfortunates in the rest homes and around about us, who are also helpless. Should we euthanize them too?

The battle for Terri Schiavo is not yet ended.

Local youth praying outside the Trinity Mills Abortion Clinic in Fort Worth included, from left, Alison Miller, Cassie Hale, Nick Flusche, Garrett Hennigan, Ricky Grewing, Johnathan Cochran, and John Bezner holding son William.

Courtesy photo



## DAYS GONE BY...

**65 YEARS AGO**  
March 22, 1940  
Burglar alarm sounds off, but burglar scared off at Jimmy's Service Station Sunday night. New Arrivals: Brenda Kay to Mr. and Mrs. Frank Schmitz; David Earl to Mr. and Mrs. John Klement, Jr.; Patricia Mary to Mr. and Mrs. Theodore Vogel. Lawrence Wimmer and Anthony Klement take truckload of Muenster cheese to Houston. Aileen Hoehn of Fort Worth visits her parents here. Frank Trubenbach and Lawrence Zimmerer spent Monday in Wichita Falls on business. Joe Trachta goes to Fort Worth Stock Show. Home for Easter visits are Robert Weinzapfel, Albert Hoehn, Genevieve Wimmer, Angeline Wimmer, Dorothy Wimmer, Lorena Fisher, Ida Fisher, Rita Voth, and Ray Voth.

Ed Sickings and Joe Walters visit with the Barry Blevins in Denison, and with Rev. Henry Felderhoff. The Keith Tompkins of Denton visit with the Victor Hartmans. Mrs. R. B. Shelton of Denton is guest of her sister Mrs. Joe Felderhoff. Al Walterscheid joined personnel at Muenster Machine Shop, replacing Norbert Mages who now works at National Supply. The Vincent Trachtas of California visit his mother, Mrs. Anna Trachta. Mrs. Ted Gremminger and the Melvin Schumachers visit the Henry Martinis in Wichita Falls. Reynold Reiter of Texas Tech visits his parents the Clem Reiters. The J.M. Weinzapfels were in Austin Sunday.

**50 YEARS AGO**  
March 25, 1955  
Obituary: John Eberhart, 87. Jerome Pagel and Steve Moster to supervise construction of swimming pool. Men in Service: promotions for Gilbert Bindel and David Bright; discharges for Charles Otto, Melvin Herr, and Hugh Endres; returning to the states from Japan is J.P. Janicki and family; Willard Hartman takes special training; Larry Walterscheid and Roger Wolf spend weekend passes with homefolks; Jerry Hoenig and Alvin Noggler met in Korea for a visit; Dan Haverkamp and wife visit relatives. The

**25 YEARS AGO**  
March 21, 1980  
In the Irish Fun Run at Lake Bridgeport, Gary Henscheid is champion, with Rumpy Hess 3rd overall and 2nd in his age group. Bert Miller was 7th overall and 4th in his age group. Harry Scoggins received trophy for oldest participant and 1st in his age group. Muenster Hospital Auxiliary's "Clothes Closet Capers" was a huge success. Claire Klement honored with birthday dinner by her family. Birthday honorees at SNAP luncheon were Ike Fulton, Victoria Gremminger, Loretta Wilde, Pat Fisher, Lee Toothaker, and Herb McDaniel. New Arrival: Michael James to Diane Jim Grewing. Obituary: Margaret O. Fuhrmann, 82.

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## 2-WEEK EVENTS CALENDAR To list your event, call 759-4311 BEFORE NOON WEDNESDAY!

Sunday, March 27, 2005	Monday, March 28, 2005	Tuesday, March 29, 2005	Wednesday, March 30, 2005	Thursday, March 31, 2005	Friday, April 1, 2005	Saturday, April 2, 2005
Muenster Museum CLOSED  Happy Easter!		Exercise Class, 10:30-11:30, S.N.A.P. Center		Muenster Museum Open 1-4 PM  Exercise Class, 10:30-11:30, S.N.A.P. Center	Muenster Museum Open 1-4 PM AARP Board mtg. 10 AM Stanford House	"Don't Mess With Texas" Trash Off  Lindsay City Wide Garage Sale
Sunday, April 3, 2005 Muenster Museum Open 1-4 PM Daylight Saving Time Begins - SPRING FORWARD  SH Buckaroo Rodeo 8:30 AM SH Ranch Rodeo 2PM	Monday, April 4, 2005 City Council mtg., 7:30 PM	Tuesday, April 5, 2005 Exercise Class, 10:30-11:30, S.N.A.P. Center  Grief Support Seminar Home Hospice 6-8 PM	Wednesday, April 6, 2005 TDA Coyote Control training C.C.E.C. 1-5 PM  C of C Board mtg. 5:30 PM	Thursday, April 7, 2005 Muenster Museum Open 1-4 PM  Exercise Class, 10:30-11:30, S.N.A.P. Center	Friday, April 8, 2005 Grand Opening & Dedication of First State Bank Center for the Performing Arts 1 PM ribbon cutting  AARP luncheon mtg. 11:30 AM Stanford House	Saturday, April 9, 2005

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# LIFESTYLE

## Kay Broyles completes eight-day Maya Abdominal Massage training in Belize

Kay Broyles attended an eight-day workshop studying Maya Abdominal Massage with Dr. Rosita Arvigo, DN, in Belize. Kay is a registered massage therapist, and this continuing education course makes her an apprentice to Dr. Arvigo. She is one of three people in the state of Texas who have had this training. Kay's "Be Good to Yourself Therapeutic Massage" business is located in the Old Theater Mall in Muenster. She needs 50 case studies in order to become certified in this technique.

Maya Abdominal/Uterine Massage is an external, non-invasive manipulation that guides the internal abdominal and reproductive organs into their proper position for optimum health and well being. The gentle massage relieves congestion and blockages in order to help nourish and repair the circulatory, lymphatic, and nervous systems, and to

enhance energy. Many common complaints experienced by women, such as painful or irregular menses, headaches, back pain, PMS, difficult menopause, constipation, infertility, and difficult pregnancy are just a few of the symptoms that can be relieved by this massage technique.

The technique is an ancient treatment that has been practiced by healers for thousands of years; and has been passed down from generation to generation of midwives, healers, and shamans. Dr. Rosita Arvigo apprenticed with Don Eljio Panti, the last of the Traditional Maya Shaman in Central America. Don Eljio, died in 1996, at the age of 103. Dr. Arvigo studied with him and other traditional healers and midwives in Central America for 30 years. She is now passing her knowledge on to others.



Lauren Miller

## Lauren celebrates first

Lauren Elizabeth Miller celebrated her first birthday on Sunday, March 13 at the home of her parents, Glenn and Stacie Miller. A fried chicken meal was served at noon. A doll birthday cake, made by her mother, was decorated with a lavender frosting to match Lauren's birthday dress. Other special desserts included pineapple orange ice cream made by her grandmother Dolores Miller, strawberry pie and Belgian chocolate dessert cups by her aunt Beverly Fuhrmann, and blueberry cheesecake made by her mother. Lauren's cousins helped her open the birthday gifts, and treat bags were given to all.

Joining in the celebration were Lauren's parents; sisters Dana, Kristin, and Lisa; brother Austin; grandparents Herbie and Dolores Miller, and Julian and Carrie Walterscheid; great-grandmother Josephine Schilling; aunts, uncles, and cousins Dave, Kathy, Jessica, Morgan, and Mason Berres; Gayle, Amelia, and Julie Burke; Beverly and Leslie Fuhrmann; Darell, Sandra, and Kevin Walterscheid; Jesse, Francine, Jacob, and Jared Walterscheid; Wade, Rhonda, Bailey, and Tyler Walterscheid; and Dale and Elaine Schilling. Also Joel Schilling, Chris Fuhrmann, Austin Springer, Jessica Bartel, Stephanie Krawietz, and Kalyssa Pollard.

## Servicemen honored by Ladies Auxiliary VFW Post #6205

The Ladies Auxiliary VFW Post #6205 held their regular meeting on Monday, March 21 in the Post Home. At the meeting, it was reported that a Blue Star Service Banner had been given to the families of Michael Endres and Josh Walterscheid. The banner denotes their service for our country.

A thank you from the Bonham VA Hospital was read, thanking for valentines sent to the patients. Hilda and Rose Marie Sicking reported visiting three members who had recently had surgery, and presenting each of them

with a flower in a vase. A report on safety programs completed was given by Linda Knabe. Programs included boating, swimming, fire, pedestrian, and car safety. A fundraiser for PAC (Political Action Committee) was also completed.

President Frances Bayer reported on the homecoming she attended for the State President May Carpenter. It was held Feb. 25 - 26 in Irving.

Lunch was served to 10 members. The next meeting will be held April 18 at 7:30 p.m.



Alexander Nervo

## A magical birthday for Alexander!

Alexander Nicolas Nervo celebrated his seventh birthday with a party on Sunday, Feb. 19 at his parents' home in Arlington.

A magical theme was carried throughout the decorations. The main tablecloth was imprinted with a white rabbit being pulled out of a top hat. Table decor included magic wands, white gloves, top hat and black bow fountain, and a stuffed white rabbit peeking out of a black top hat. Gold, silver, and black star confetti was sprinkled on the table. Star-shaped balloons in gold, silver, and blue, and star cutouts were hanging throughout the room. A large banner stating "Happy Birthday, Alexander!" provided the backdrop for the main table.

A large pineapple-cherry upside down sheet cake, made by the honoree's mother, was the table centerpiece. A white whipped cream icing was embellished with "Abracadabra" signs and lettered "Happy Birthday." A baked chicken supper was served.

Special guests included maternal grandmother, Rachel Hennigan of Muenster, and parents Donna and Nicolas Nervo, and younger brother Dominic Xavier.

## Baby shower honors Donna Nervo, March 6

Donna Nervo was honored with a baby shower on Sunday, March 6 at the Center Restaurant in Muenster. Hostesses for the special event included sister Lisa Hess of North Richland Hills, sister-in-law Paige Hennigan of Arlington, and friend Linda Wimmer of Muenster.

The main table was covered with a cloth, lettering "Baby Shower", in bright pastel colors. The gift table had a baby, blue tablecloth. A large white sheet cake was the centerpiece of the main

table. It was iced in colors of yellow and blue, and had miniatures of rattles and babies. A tray of fruits, cheeses, crackers, and meat was served. Pineapple-lime punch was enjoyed by the guests.

Gifts were opened and videos were taken. Special guests included the honoree's mother Rachel Hennigan of Muenster, and the honoree's husband Nicolas Nervo, and sons Alexander Nicolas and Dominic Xavier of Arlington.

## Emily Zimmerer is Summa Cum Laude graduate

Emily Zimmerer, daughter of Rudy and Claudia Zimmerer of Lindsay, recently graduated Summa Cum Laude from Case Western Reserve University in Cleveland, Ohio. Diplomas were awarded on Jan. 17. A ceremony and dinner reception were held to honor the graduates.

In coordination with the graduate degree, Emily

completed an 11 month dietetic internship at the Cleveland Veterans Affairs Medical Center. She is now employed as a Clinical Dietitian/Diabetes Specialist at Harrison Hospital in Brementon, Washington.

Emily is a graduate of Lindsay High School and a 2003 Honors graduate of Texas A&M University in College Station.

## AREA EVENTS

**City-wide Garage Sale**  
The City of Lindsay will have their city-wide garage sale on Saturday, April 2.

**Brewer Benefit**  
The Brewer Benefit BBQ and Auction will be held Saturday, Apr. 2 at the KC Hall in Gainesville. Serving of the barbecue meal will begin at 5:30 p.m., along with the silent auction and raffle bucket. The live auction starts at 7:15. Cost is \$10 for adults, with children 10 and under admitted without charge.

All proceeds go towards Krista Brewer, age 7, who was diagnosed with brain cancer, for the second time in her life.

For auction/donations, or more information, contact Leslie at 668-8947 or Valarie at 612-2239.

### Red River Review

The Saint Jo Century Club's annual Red River Review variety show will be held Saturday, April 16, 7 p.m. in the Saint Jo High

School Auditorium. Showcasing homegrown Texas talent, the show will include all types of music from bluegrass to gospel with the phenomenal band, Crepe Soul, providing back-ups and several songs of their own; comedy skits from community groups; and individual songsters and instrumentalists.

Adult tickets cost \$5; students cost \$3. Proceeds go to the Saint Jo Century Club's scholarship to a college-bound Saint Jo senior and other community service projects supported by the Century Club.

**Cowboy Poetry Week observed April 17-23**

The Fourth Annual Cowboy Week takes place April 17-23. The celebration is held during the third week of April each year, in conjunction with National Poetry Month.

Starr Books will be hosting cowboy poet, storyteller, humorist Charles Williams.

## NEW ARRIVAL

### Grewing

Jon and Janette Grewing of Saint Jo are happy to announce the birth of their son Gabriel "Gabe" Zane Grewing on Tuesday, March 15, 2005. He was born at North Texas Medical Center weighing 7 lb. 7 oz. and measuring 19 1/2 inches in length. He is welcomed by his brother Gavin Grewing, age 3. Grandparents are Linda Luttmner of Muenster, Anthony Grewing of

Gainesville, and Gina Barret of Myra. Great-grandparents are Easter McKinney of Muenster, Otis Pierce Sr. of Walnut Bend and the late Stella Pierce, and the late Arthur and Emma Lou Hess.

## Reserve booth for Cooke County Senior Exposition

The Cooke County Senior Exposition will be held May 7 at Leonard Park in the pavilion area. Everyone is invited. There is no admission fee to attend.

Booth deadline target is April 15. For more information or to reserve your booth, contact Shirley Rector, chairperson, at 940-665-2826.

## Happy 90th Birthday

### Caroline Hess

Come celebrate with us on Sunday, April 3, 2005 From 2 to 5pm



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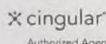
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## Why not rehabilitate near home? Muenster Memorial Hospital

### Swing Bed Program

Skilled Nursing Care and Rehabilitation Therapy may benefit patients in the following areas:

- Post - Acute IV Therapy
- Post - Surgery Therapy for patients with an orthopedic surgical procedure requiring physical or occupational therapy
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- Pneumonia Recuperation
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Contact Laura Stoffels (940) 759-2271



Kim McNeal, PT

# Hailelassie joins NTMC staff

A solid sense of community, an outgoing personality, a desire to positively influence young people at different stages in their lives - these are qualities that most parents would like to see in their child's physician.

Pair those with an outstanding academic background, superior medical training, and unbridled enthusiasm to provide top quality pediatric healthcare, and you have a snapshot of one of North Texas' newest additions to the medical community.

For Dr. Tsion Hailelassie, life has been a ladder of learning experiences, each rung forged by different figures over time - a father who died before her birth, an uncle with a contagious sense of humor, and her own pediatrician years ago.

Tsion Elaine Hailelassie, M.D., opened her practice in Gainesville in late January and since then, it has been full speed ahead for the gifted physician.

Tsion attended Harvard University, Harvard and Radcliffe Colleges, in Cambridge, Massachusetts, from 1987 to 1991. During her time at Harvard, she was very active in community, arts, and volunteer activities, and was awarded the John Harvard Scholarship and the Elizabeth Cary Agassiz Certificate of Merit.

With a bachelor's degree in biology in hand, she applied and was accepted to Columbia University, College of Physicians and Surgeons, in New York, earning her medical doctorate in October 1997.

After completing medical school, the newly anointed Doctor Hailelassie took time to do some coursework in public health, giving her valuable insight into the healthcare system and the importance of the social structure in medicine.

In 2000, she married Diby Male, a graphic artist, and in 2002, the couple was blessed with their first child, William. Having a child of her own allowed the new pediatrician to form some real life, firsthand opinions about caring for children.

"When I had my son, it added a whole new aspect to it (being a pediatrician)," the doctor says. "It adds a whole new spin. I can empathize as a mother."

After working with various physician recruiters and speaking to friends, an opportunity arose in Brownsville, Texas.

The family loved the warm climate and the relaxed lifestyle Texas offered, however the location in South Texas did not ultimately meet their

needs. Gainesville seemed to be the answer to their prayers, providing a setting that was only an hour away from a major city, and putting Dr. H's home state of Kansas within driving distance.

Doctor H liked the small town feel and friendly nature of the town and its people. She was also struck by the vision the community showed by supporting construction of a new hospital.

Doctor Hailelassie, Diby and William have started their own version of the perfect small-town life in Cooke County, complete with a lovely home, a big backyard and a dog, Rasta, which means "King" in Ethiopian. Dr. H says that her goal is an evolving one - to find out what the community needs and provide those needs.

"I wanted to come to a community where I could make a difference."

As a physician, she hopes to afford families access to information, including

preventive care, in addition to providing treatment of acute and chronic illnesses.

"I want to serve as a resource, to empower patients and their families with health information," says Doctor H. "I want to be their partner in caring for their children."

Doctor H is also excited about bringing her intensive pediatric skills to the area. "There are so many illnesses that are specific to children, and can be easily overlooked," she stated. "Early detection and diagnosis is important and I think I can bring skills that will be critical to that."

Doctor H is a member of the American Academy of Pediatrics and the Texas Pediatric Society.

Gainesville Pediatrics is located in the North Texas Medical Center Medical Office Building, 1902 Hospital Boulevard, Suite F. For more information on Doctor Hailelassie, call the office at 940-665-9915.

## Morton Museum hosts festivities for United Way's 50th Anniversary

Cooke County United Way will celebrate its 50th anniversary with a reception at the Morton Museum of Cooke County on Tuesday, March 29, from 5:30 to 7 p.m. Reservations are not necessary, but appreciated. Please call the Cooke County United Way office at 940-665-1793 for reception information.

Shana Powell, Morton Museum curator said, "The Cooke County Heritage Society is pleased to announce the opening of a new exhibit at the Morton Museum entitled 'Fifty Years Later: Cooke County United Way'. The new exhibit focuses on the early history of the organization and examines some of the service organizations receiving funds from United Way." The Museum is located at 210 South Dixon and is open Tuesday through Friday from 10 a.m. to 5 p.m. and on Saturdays from 2 to 5 p.m.

This year marks the 50th anniversary of the establishment of the United Way in Cooke County. In the mid 1940s United Way was known as the "Community Chest". Joe Leonard, Jr., Judge Carroll Sullivan, Whiddon and A. Morton Smith were charter members.

On March 24, 1955 the "Community Chest" became Cooke County United Fund. Charter members were Frank Morris, Jr. (First State Bank); Arley Daurity (Tyler & Simpson); J.M. Weinzapfel (Muenster State Bank); Mrs. Peter Hyde, and Leroy Robinson (GNB).

In October 1985, the agency became known as "Cooke County United Way, Inc."

Past executive director, Susan Metzler, presented a historic review at the 2005 Campaign Celebration luncheon. Metzler commented, "Cooke

County's giving spirit grew with the years. In 1976 the community goal was \$75,000, in 1987 the goal was \$147,500, and then in 1996 the goal climbed to \$260,000. This past year's goal was \$315,000 and is currently funding 16 vital organizations. In the past, Cooke County United Way has Painted a Brighter Tomorrow, Brought Out the Best in All of US, and Been a Hero by Giving To Help Our Neighbors In Need. "Cooke County United Way-Caring People, Touching Lives-You Do Make a Difference!"

Jim Goldsworthy, president, remarked, "Our community is truly a caring and giving community. We really come together in the spirit of neighbors helping neighbors. I am proud of the legacy of community giving, the legacy of partnership with area businesses, the legacy of countless hours given by volunteers, and the legacy of service by Cooke County United Way and its agencies."

"We welcome our neighbors to come celebrate the spirit of community by attending our 50th anniversary celebration," commented Executive Director Angie Hare. "It's an opportunity for us to say thank you to the community and honor our past."

Cooke County United Way is one of more than 1400 local independent United Way agencies. Twenty-seven local experienced volunteers represent the county in efforts to identify programs with proven methods that best match the community's needs. Out of every dollar contributed, 1% goes to United Way National and State for United Way dues affiliation and 99% remains in the county!

For more information, contact the local office at 940-665-1793 or cookeuw@ntin.net.

## "Proud as a Peacock" at Dallas Arboretum



Dallas Blooms 2005 Proud as a Peacock is underway at the Dallas Arboretum until April 10. The facility features waves of bright color as thousands of spring bulbs, pansies, azaleas, and trees burst into bloom. Numerous fun activities are scheduled for families. An agenda of activities can be found at [www.dallasarboretum.org](http://www.dallasarboretum.org) or by calling 214-515-6500. It is such a scenic area that many brides are seen having their wedding portraits taken there. A frog fountain provides an area to rest and cool off.

Janet Felderhoff photos



## Volunteering??? You should belong to R.S.V.P.

There are hundreds of volunteers in Cooke County. Many of these volunteers record their volunteer hours to Retired and Senior Volunteer Program (R.S.V.P.) and contribute to the information utilized by

foundations and government agencies in awarding grants to most of the non-profit agencies.

If you are currently volunteering and not enrolled in the R.S.V.P., you

are missing out on benefits that say "thank you" on a continuing basis. Call Shirley Rector at Gainesville Convalescent Center, 940-665-2826 about an application to join your regional R.S.V.P.

## Sale set

Mental Health Mental Retardation Services of Texoma has a huge sale planned for Saturday, April 9 at 510 South Mirick, Denison, from 8 a.m. to 5 p.m. Items may be donated by calling 903-957-4864 or 4865. Donations are tax deductible. Clothing and shoes will not be accepted.

In October 1985, the agency became known as "Cooke County United Way, Inc."

Past executive director, Susan Metzler, presented a historic review at the 2005 Campaign Celebration luncheon. Metzler commented, "Cooke



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## Divine Mercy Sunday Service

April 3 • 3 pm

### Sacred Heart Church

Muenster, Texas

## Father Pat Murphy officiating

Confessions 2-3pm

A Special Blessed Image and First Class relic of Saint Faustina will also be present for veneration along with Exposition of the Blessed Sacrament and Benediction

*To avail oneself of the graces on this day, Our Lord prescribes:*

1. The reception of Holy Communion on that Sunday.
2. The reception of the Sacrament of Penance [within several days before or after the Sunday].

Moreover, Our Lord recommends:

1. Novena and the recitation of the Chaplet of Divine Mercy for nine days preceding the Feast (beginning on Good Friday).
2. "On My Feast - on the Feast of Mercy - run through the whole world and lead souls that fainted away to the source of My Mercy. I will heal and strengthen them."
3. "I desire that adoration take place here [in Church] for the intention of imploring mercy for the world."

From 1931 to 1938, Our Lord revealed the secrets of His great mercy to Saint Faustina. He designated the first Sunday after Easter as the Feast of the Mercy of God. In preparation of this Feast, He asked that a Novena be started on Good Friday, which asks for prayers each of the nine days for a different group of souls in order to immerse them in the sea of God's Mercy! "I desire that the Feast be a refuge and a shelter for all souls," He told her, "especially for poor sinners. The very depth of My Mercy will be opened on that day. I will pour out a sea of graces upon those souls that will approach the font of My Mercy. Tell ailing mankind to draw close to My Merciful Heart and I will fill it with peace... mankind will not find peace until it turns with confidence to My Mercy."

Novenas may be obtained at Sacred Heart Church in Muenster and nearby churches in this area along with instructions on the Chaplet of Divine Mercy. For more info or ways to obtain novenas, call Linda at 940-759-2870.

# Home Hospice offers grief management programs

Home Hospice will be conducting a Grief Support & Guidance Seminar on April 5, 12, 19, and 26. The seminar will be held at the Home Hospice office at 1001 E. Broadway, Gainesville, from 6 p.m. to 8 p.m.

The sessions will address various topics involved in the grief process. The purpose of the seminar is to assist bereaved persons in getting through their grief and the process they must go through, and to hopefully find positive ways to cope with this painful experience. This is a safe place for someone to come and be with others who have been there also, and to express their feelings and themselves without being judged. Topics to be addressed in the seminar are: "How do I go on from here?", "Dealing with difficult emotions", "Surviving the holidays and other special days and memorializing", and "Bringing closure to your

loss and recovery." Home Hospice also offers support groups for ongoing bereavement care. Compassion & Support: General Grief Support Group meets the first Monday of the month at 6 p.m. at the Home Hospice office. The Caring Hearts Luncheon is held the last Wednesday of the month at noon at the Home Hospice office. The luncheon is for present caregivers and bereaved families. The Eating Meeting Support Group meets the first Thursday at 5:30 p.m. alternating between local restaurants in Muenster and Lindsay. Call the office for the location.

Anyone who needs assistance is welcome to attend the Grief Support & Guidance Seminar or any of the support groups. There is no charge for any of these services. Call Home Hospice to register for the seminar or if you have questions, 940-665-9891.

# "Arts & Crafts Movement" is subject of fourth program

The fourth program in the Morton Museum of Cooke County's Spring Series "Arts & Crafts Movement" will take place at noon on Monday, March 28 at the Museum in Gainesville.

The Arts & Crafts Movement originated in England and then made its way to the United States. It was a backlash against mass-produced consumer items and the Industrial Revolution. People still wanted original design and handcrafted quality in their furniture and architecture, and thus was born the Arts & Crafts Movement. It can be seen in the Mission Style architecture, and the Art

Nouveau style in different types of furnishings. It is a movement that is seeing a revival today. So, come and learn more about this popular Movement and see examples of it. Scott Robinson, professor at North Central Texas College, will be the presenter.

Seating is limited. A door prize will be given and refreshments served. For members of the Cooke County Heritage Society, the cost to attend is \$3 and for non-members the cost is \$4. To reserve a seat or for more information, call 940-668-8900.

# SACRED HEART HONOR ROLL

## Third Quarter PRINCIPAL'S HONOR ROLL

- Grade 12: Andy Davis.
- Grade 11: Joelle Fuhrmann, Shannon Hartman, David Walterscheid, Brittany White.
- Grade 10: Zachary Bartush, Stephanie Krawietz, Terapat Pulpanyawong, Paige White.
- Grade 9: Stephen Davis, Anna Nieto, Lauren Sepanski.
- Grade 8: Natalie Endres, Kalyssa Pollard, Samantha Wimmer.
- Grade 7: Ian Barnhill, Isaac Davis, John Krawietz, Kristin LeBrasseur.
- Grade 6: Rebekah Hesse, Zachary White.
- Grade 5: Mark Bartush, Robert Bartush, Michael Davis, Amanda Knabe.
- Grade 4: Isaac Barnhill, Michael Weinzapfel.
- "A" HONOR ROLL
- Grade 12: Rose Bartush, Andy Davis, Christine Fetsch, Jessica Knabe.

- Grade 11: Mark Gehrig, Hannah Hess, Diana Knabe, Whitney Wimmer, Debra Yosten.
- Grade 10: Kristen Miller, Karina Skotnik, Taylor Torcellini.
- Grade 9: Kara Felderhoff, Lauren Krahl, Colby Richey, Tyler Rohmer, Joshua Yosten.
- Grade 8: Kara Felderhoff, Joe Hesse, Lisa Miller, Richard Sweeney.
- Grade 6: Victoria Endres, Ryan Felderhoff, Jordan Henschel, Matt Hesse, Megan Hesse, Jessica Krahl, Alex Turner, Calvin Wimmer.
- Grade 5: Mark Bartush, Robert Bartush, Michael Davis, Amanda Knabe.
- Grade 4: Andy Flusche, Devan Henry, John Hesse, Elizabeth Turner.
- "B" HONOR ROLL
- Grade 12: Paul Bartush, Maggie Farrell, Stephanie Henschel, Travis Hess, Stephen LaChance, Caleb McLaughlin, Melissa Thomas, Clayton Truebenbach.

- Grade 11: Nicole Bayer, Angie Cox, Adam Dangelmayer, Aaron Krahl, Sarah Whitecotton.
- Grade 10: Charlotte Bartush, Mitchell Sellers.
- Grade 9: Sunni Bayer, Patricia Bujard.
- Grade 8: Nathan Berend, Ryan Firth, Matthew Flusche, Mitchell Hesse, Jessica Porter, Tom Torcellini.
- Grade 7: Samantha Barnette, Elizabeth Marshall, Zachary Moritz, John Nystrom, Katy Satee, Gene Yosten.
- Grade 6: Sydney Hoedebeck, Madison Hofbauer, Chad Walterscheid.
- Grade 5: Karli Anderle, Adria Flusche, Austin Miller, Kelsey Reeves, Austin Springer, Benjamin Yosten.
- Grade 4: Mikaela Bartush, Danielle Berend, Kaitlin Hesse.

# TLU prepares high school students for college with LSSA

For the eighth year, Texas Lutheran University is preparing high school students for college by offering the Lone Star Scholars Academy (LSSA) on the TLU campus in Seguin. The two-week LSSA is an opportunity for academically gifted high school students to experience college life and take university-level courses for transferable college credit.

To be eligible to attend, students must have completed at least their freshman year in high school and score in the 75th percentile or above on the PSAT or rank in the top 25 percent of their class. Students must also receive a strong recommendation from a teacher or guidance counselor.

This summer's LSSA will be held June 19-July 2 on the TLU campus in Seguin.

Each LSSA student takes two courses taught by select TLU faculty and area educators. Participants select from a schedule of classes from various disciplines that are designed specifically for the academy. A complete list of classes and more information about LSSA is available at the university's Web site at www.tlu.edu.

## Tips to lower high cholesterol

Start with what you eat. Eating the right foods can help. These quick tips are a good place to start.

**Less Saturated Fats.** Cut back on foods high in saturated (i.e. animal) fats. Substitute non-fat milks and low-fat dairy products for whole milk and cheese.

**More Healthy Oils.** Use canola or olive oil. These oils help you to control your total cholesterol much better than butter, shortening and stick margarine. Avoid coconut or palm oils. Instead of mayonnaise, use non-fat yogurt (1/2 cup), fresh herbs (teaspoon), and a dash of soy sauce.

**More Fiber.** Eat whole-grain breads and whole-grain cereals. Try to eat five servings of fruit and vegetables a day. Eat a variety of fruits. They are sources of important vitamins and minerals, like potassium, which may be good for you.

Eat a lot of vegetables, especially the brightly colored ones. Steam them, or eat them raw.

**Less meat.** Select lean cuts of red meat. Cut or drain fat from ground meat and remove skin from chicken. Substitute dishes such as brown rice and beans for meat. Eat lean sources of protein, such as skinless turkey breast, egg whites, and fish. Eat fish and skinless chicken instead of red meats like ground beef or steak.

**More Exercise.** Get in motion. Check with your doctor first. Find out what is right for you. Go for a walk. Take the stairs. Dance. Exercise a minimum of 30 minutes a day, most days of the week.

**Medication, if needed.** Medication can help you control your cholesterol. Ask your doctor if you need to take medication to help lower your numbers.

## Congratulations

The front page article, "Is it your garbage trashing Muenster?" in last week's *Muenster Enterprise*, was one of a series of public awareness articles being submitted by Keep Muenster Beautiful this Spring.

## NOTICE

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# CORRECTION

River Stewart, a member of the Muenster 4-H Club, was mistakenly left off the list of Cooke County Youth Fair winners in Home Economics. River was the

class champion in Junior Scenic Photography, and won a blue ribbon on another picture. His candy entry also earned a blue ribbon.

## Eating disorders increasing among children and teens

The American Academy of Child and Adolescent Psychiatry indicates that eating disorders like anorexia and bulimia nervosa are increasing among children and teens, especially among young women, which make up 90 percent of all diagnoses. "Parents need to watch for a preoccupation with food, calories and fat grams, and excessive concern about weight and exercise as these are common behaviors in a child with an eating disorder," said Stacey Spears, a registered dietitian at the eating disorder clinic at Children's Medical Center Dallas. "There is not one reason, but many different things that may trigger the onset of an eating disorder."


The average age of children diagnosed with eating disorders is about 14, but it may be diagnosed in children younger than 11. Spears cautions that eating disorders are particular to the individual and there is no clear solution. "If a child is just beginning to show symptoms, it may be as simple as talking to them about it," Spears said. "If a parent is not comfortable addressing this topic with their child, they need to seek the help of an eating disorder specialist." If properly treated, a person with an eating disorder has a 70 percent chance of full recovery. "It's never really about the food, but food becomes a way of coping with deeper issues," Spears said. "Dealing with these issues should be the focus of treatment."

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76252

# Fischer's Meat Market

## DOUBLE COUPONS EVERY DAY!



PRICES EFFECTIVE

WE HAVE A NEW WEBSITE - [www.fischersmeatmarket.com](http://www.fischersmeatmarket.com)

MARCH 28 - APRIL 3, 2005



SHUR SAVING  
Tomato  
Sauce  
8 OZ. CAN

**7\$1**  
FOR



SHUR SAVING  
Macaroni  
& Cheese  
7.25 OZ. BOX

**6\$1**  
FOR



SLICED CARROTS,  
SHORT CUT GREEN BEANS,  
WHOLE KERNEL OR  
CREAM STYLE CORN,  
OR MIXED VEGETABLES

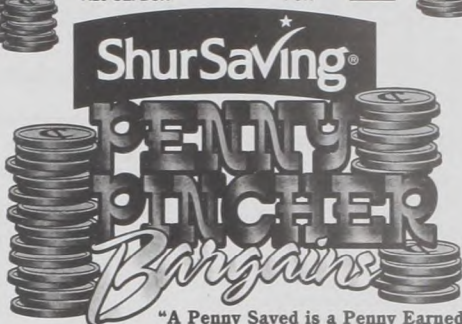
SHUR SAVING  
Vegetables  
14.5 - 15.2 OZ. CAN

**389¢**  
FOR



Blue Bell  
Ice Cream

1/2 GALLON  
**2\$7**  
FOR



"A Penny Saved is a Penny Earned." - Benjamin Franklin

PREFERRED TRIM  
BONELESS BEEF

Chuck  
Roast

**\$1.99**  
LB.



LARGE WHITE  
Seedless  
Grapes

**89¢**  
LB.



BUTTERMILK  
OR  
CHOCOLATE

Shurfine  
Milk  
1/2 GALLON

**2\$3**  
FOR



SHUR SAVING  
VEGETABLE OR CORN  
Cooking  
Oil  
48 OZ. BTL.

**2\$3**  
FOR



FOR ALL COFFEEMAKERS  
Shur Saving  
Coffee  
10.5 OZ. CAN

**\$1**



NEW CROP TEXAS 1015  
Sweet Yellow  
Onions

**2\$1**  
LBS.



ALL PURPOSE  
Shur Saving  
Flour  
25 LB. BAG

**\$2.99**



LONG GRAIN  
Shur Saving  
Rice  
4 LB. BAG

**\$1**



WESTERN FAMILY EXTRA STRENGTH  
TABLETS OR CAPLETS  
Aspirin-Free  
Acetaminophen  
50 CT. BTL.

**2\$4**  
FOR



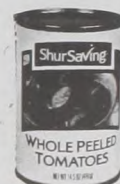
WESTERN FAMILY  
TABLETS OR CAPLETS  
Ibuprofen  
Pain Reliever  
50 CT. BTL.

**2\$4**  
FOR



GRANULATED  
Shur Saving  
Sugar  
4 LB. BAG

**\$1.39**



WHOLE PEELED  
Shur Saving  
Tomatoes  
14.5 OZ. CAN

**2\$1**  
FOR



ASSORTED FLAVORS  
Shur Saving  
Pizza  
5 - 6.5 OZ. PKG.

**3\$2**  
FOR



SHURFINE  
CheeseQuik  
Spread  
32 OZ. LOAF

**\$2.99**



SHUR SAVING 20 CT./30 GAL. TRASH BAGS  
OR 30 CT. TALL KITCHEN

Trash  
Bags  
YOUR CHOICE

**2\$3**  
FOR

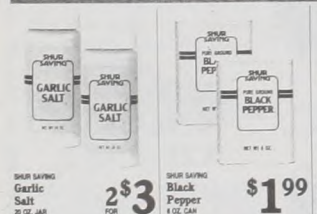


SHUR SAVING STANDARD

Aluminum  
Foil  
12" x 25' ROLL

**2\$1**  
FOR

### Cooking & Baking Essentials



SHUR SAVING  
Garlic  
Salt  
20 OZ. JAR

**2\$3**  
FOR

SHUR SAVING  
Black  
Pepper  
4 OZ. CAN

**\$1.99**



PLAIN OR KOZZED  
Shur Saving  
Salt  
28 OZ. CARTON

**3\$1**

SHUR SAVING  
Cooking  
Spray  
1 OZ. CAN

**\$1.29**



SHUR SAVING  
Hamburger Dill  
Pickle Slices  
12 OZ. JAR

**2\$3**

SHUR SAVING FRESH PICK  
Kosher  
Dill Pickles  
12 OZ. JAR

**2\$3**



SHUR SAVING  
Salad  
Mustard  
24 OZ. JAR

**89¢**

SHUR SAVING  
Salad  
Dressing  
12 OZ. JAR

**2\$3**



SHUR SAVING  
QUICK OR OLD FASHIONED  
Oats  
42 OZ. CTK.

**2\$3**

### Time to Stock Up



SHUR SAVING  
CRANBERRY OR  
Apple  
Cocktail  
48 OZ. BTL.

**2\$3**



SHUR SAVING  
Peach  
Slices  
28 OZ. CAN

**\$1**



SHUR SAVING  
Instant Mashed  
Potato Flakes  
11 OZ. BAG

**\$1**

SHUR SAVING  
White or Golden  
Hominy  
15 OZ. CAN

**\$1.29**



LONG SPAGHETTI OR  
ELBOW MACARONI  
Shur Saving  
Pasta  
22 OZ. Pkg.

**\$1**



SHUR SAVING FROZEN  
Snapsy  
Crispe  
11 OZ. BOX

**\$4.55**



SHUR SAVING DOG - REG. 15 LB.  
Dog  
Food  
26 LB. BAG

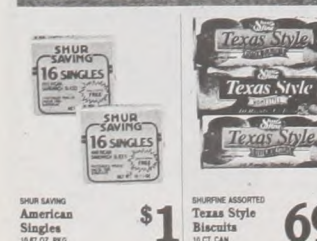
**\$2.99**

SHUR SAVING  
Cat  
Food  
3.5 LB. BAG

**2\$3**

### Something for Everyone!

### Dairy Specials - Frozen Foods



SHUR SAVING  
American  
Stages  
14.87 OZ. Pkg.

**\$1**

SHURFINE ASSORTED  
Texas Style  
Biscuits  
11 CT. CAN

**69¢**



SHUR SAVING REGULAR CUT  
French  
Fries  
5 LB. BAG

**2\$4**

SHURFINE MINI CARDS  
Corn on the  
Cob  
8 CT. Pkg.

**2\$3**



SHUR SAVING  
Bathroom  
Tissue

**2\$1**



SHUR SAVING FINE  
Fabric  
Softener  
128 OZ. JAG

**2\$3**



SHUR SAVING  
Liquid  
Bleach  
128 OZ. JAG

**\$1**



SHUR SAVING  
Paper  
Napkins  
200 CT. Pkg.

**\$1**

SHUR SAVING  
Fabric Softener  
Dryer  
Sheets  
40 CT. BOX

**89¢**

### Non-Food Savings

**AT AFFILIATED FOODS INC. MEMBER STORE**

# Fischer's Meat Market

1 (800) 259-7248 or 759-4211

ALL ITEMS NOT AVAILABLE AT ALL AFFILIATED STORES

SENIOR CITIZENS: No Amount of Purchase Necessary on Limited Sale Items!

Since 1927  
We Wouldn't be 78 Without You!

NOT RESPONSIBLE FOR PICTORIAL OR TYPOGRAPHICAL ERRORS



## Meat Department

PREFERRED TRIM BONELESS CENTER CUT  
**Pork Loin Roast**  
**\$1.99**  
LB.

PREFERRED TRIM BONELESS CENTER CUT  
**Pork Loin Chops**  
**\$2.29**  
LB.

FISCHER'S FULLY COOKED  
**Pork Hot Links**  
**\$2.29**  
LB.

FISCHER'S MARKET SLICED  
**Bacon**  
**\$2.39**  
LB.

BONELESS BEEF  
**Stew Meat** **\$2.39** LB.

FRESH  
**Ground Chuck** **\$2.09** LB.

FARM RAISED BREADED  
**Catfish Nuggets**  
**\$1.39** LB.

COOK'S BONE-IN  
**Ham Steak**  
**\$2.79** LB.

AQUASTAR MEDIUM  
**Shrimp**  
**\$4.99** 1 LB. PKG.

JENNIE-O  
**Ground Turkey**  
**99¢** 1 LB. PKG.

PRIDE OF THE FARM  
**Turkey Breast**  
**\$1.29** LB.

SHURFINE  
**Jumbo Meat Wieners**  
**79¢** 1 LB. PKG.

SHURFINE  
**Beef Wieners**  
**\$1.59** 12 OZ. PKG.

**Savings Add Up at Fischer's**

SHURFINE  
**Beef Bologna**  
**\$1.59** 12 OZ. PKG.

SHURFINE  
**Meat Bologna, PEP LOAF OR COOKED SALAMI Lunch Meat**  
**69¢** 8 OZ. PKG.

SHURFINE  
**Wafer Thin Lunch Meat**  
**39¢** 2-2.5 OZ. PKG.

SHURFINE  
**Corn Dogs**  
**\$1.69** 1 LB. PKG.

## DRINK SPECIALS

**Coca Cola**  
**\$3.29** 12 OZ. - 12 PACK

**99¢** 2 LITER

**Milwaukee Best and Milwaukee Best Light**  
**\$9.99** 24 PACK

**Natural Light**  
**\$6.49** 12 OZ. 12 PACK

SHUR SAVING  
**PAPER PLATES**  
**\$1** 100 CT. PKG.

SHUR SAVING  
**PAPER TOWELS**  
**2\$1** ROLL FOR

PRICES EFFECTIVE MARCH 28 - APRIL 3, 2005

## Produce Department

FRESH Golden Pineapple  
**\$2.99** EA.

**Penny Pincher Bargains**

BREAKFAST SIZE Fresh Grapefruit  
**3\$1** FOR

U.S. NO. 1 Russet Potatoes  
**99¢** 5 LB. BAG

FRESH Jumbo Garlic  
**5\$1** FOR

FRESH Stalk Celery  
**69¢** EA.

GREEN Leaf Lettuce  
**79¢** EA.

SNOW-WHITE Fresh Mushrooms  
**99¢** 8 OZ. CTN.

DOLE ITALIAN OR AMERICAN Salad Blends  
**\$1.99** 10 OZ. PKG.

NEW CROP Honeydew Melons  
**79¢** LB.

PEELED Mini Carrots  
**99¢** 1 LB. PKG.

FRESH Red D'Anjou or Bosc Pears  
**99¢** LB.

EXTRA FANCY FUJI, BRAEBURN OR GALA Washington Apples  
**99¢** LB.

CELLO PACK Red Ripe Tomatoes  
**2\$3** FOR 4 CT. PKG.

**ShurFine**  
**8 lb. Instant Lighting Charcoal Briquets**  
**50¢ OFF**

To The Consumer: This coupon good only on the product indicated. Only one coupon redeemed with purchase.  
To The Retailer: We will pay legitimate retailers the face value plus 8 cents handling for each original coupon received in connection with the retail sale of the product indicated. Coupon void if invoices show insufficient purchases for redemption level. Attempted redemption without compliance is a felony. Cash redemption value 1/20th of a cent. Redeem by mailing to CMS Dept. #15880, Royal Oak Sales, One Fawcett Drive, Del Rio, TX 78840.

530002

GOOD ONLY AT Affiliated Foods Stores  
Expiration Date 3/27/05-4/9/05

## Mmmm!

SHUR SAVING  
**SALTINE CRACKERS**  
**79¢** 14 OZ. BOX

SHURFINE CHICKEN NOODLE VEGETABLE OR CLAM CHOWDER  
**Homestyle Soup**  
**4\$5** 19 OZ. CAN

SHUR SAVING ASSORTED Sandwich Creme Cookies  
**2\$3** FOR

## Household Specials

WESTERN FAMILY SOFT WHITE  
**Light Bulbs**  
**2\$2** FOR 4 CT. PKG.

WESTERN FAMILY AS BATH BUCK  
**Flood Light**  
**2\$3** FOR 1 CT. PKG.

WESTERN FAMILY  
**Clear Light Bulbs**  
**3\$2** FOR 2 CT. PKG.

## ShurFine Instant Lighting Charcoal Briquets

SHURFINE INSTANT LIGHTING Charcoal Briquets  
**\$3.49** 8 LB. BAG

WITH IN AD COUPON  
-\$3.99 WITHOUT COUPON

## Breakfast, Lunch, Dessert!

ASSORTED Shur Saving Cereal  
**\$1** 4 OZ. BOX

SHUR SAVING SQUEEZE BOTTLE  
**Pancake Syrup**  
**\$1** 14 OZ. BTL.

SHUR SAVING STRAWBERRY PRESERVES  
**\$1.79** 12 OZ. JAR

SHUR SAVING CRUNCHY OR CREAMY Peanut Butter  
**\$1** 19 OZ. JAR

SHUR SAVING FLAVORED Chocolate Syrup  
**\$1.29** 14 OZ. BTL.

SHUR SAVING HOT COCOA MIX  
**\$1** 14 OZ. BOX

SHUR SAVING COFFEE Creamer  
**2\$3** FOR

SHUR SAVING 100 TEA BAGS  
**79¢** 18 OZ. BOX

PLAIN OR RIPPLED Shur Saving Potato Chips  
**3\$5** FOR

## A Hot Drink and a Snack

SHUR SAVING HOT COCOA MIX  
**\$1** 14 OZ. BOX

SHUR SAVING COFFEE Creamer  
**2\$3** FOR

SHUR SAVING 100 TEA BAGS  
**79¢** 18 OZ. BOX

PLAIN OR RIPPLED Shur Saving Potato Chips  
**3\$5** FOR

## Health & Beauty Care

WESTERN FAMILY MAXIMUM STRENGTH Stomach Relief  
**2\$4** FOR

WESTERN FAMILY REGULAR OR MINT Milk of Magnesia  
**2\$4** FOR

WESTERN FAMILY PASTE, OR WHITE Cotton Swabs  
**2\$2** FOR 300 CT. PKG.

WESTERN FAMILY REGULAR OR SENSITIVE SKIN Disposable Shavers  
**2\$3** FOR 12 CT. PKG.

WESTERN FAMILY ASSORTED Dandruff Shampoo  
**2\$3** FOR 13.3 OZ. BTL.

WESTERN FAMILY BATH LOTION OR SHAMPOO Baby Care  
**2\$3** FOR 15 OZ. BTL.

WESTERN FAMILY Petroleum Jelly  
**2\$2** FOR 3.7 OZ. JAR

SHURFINE SIZE 3 OR 4 Basic Diapers  
**\$2.99** 18-24 CT. PKG.

# SCHOOL

## Crystal and Amber Fuhrmann take honors in Dairy Judging Contest

Crystal and Amber Fuhrmann of Lindsay proved that they really know their dairy cattle during the Houston Livestock Show Dairy Judging Contest. Crystal and Amber, 4-H students at Muenster, were two of the top 20 high-scoring individuals in the contest, which challenges students to match their skills in selecting the best quality livestock against placings of an officially qualified dairy judge.

successful efforts, Crystal and Amber will each receive a \$1,000 calf purchase certificate to be used for the purchase of registered beef heifers.

This is the beginning of a yearlong project of grooming, feeding, and caring for the heifer. Supervised by their county extension agent, the girls must keep accurate and detailed records of the animal's progress, submitting records to both the Show and the donor to

chronicle the heifer's development.

In 2006, the Fuhrmanns will return with their animals to the Houston Livestock Show for a special competition and a \$250 bonus from their donor. Each year, approximately 360 calf purchase certificates are donated through the livestock and dairy judging, and calf scramble programs.

Amber and Crystal are the daughters of Arnold and Cecilia Fuhrmann.

## Arts & Crafts Show is big success at Public Schools Week

The Arts & Crafts Show was a big success this year with over 590 entries in grades Pre-K through 12. Best of Show, 1st, 2nd, and 3rd place ribbons were awarded in each grade level and category.

For the first time ever, an overall Grand Prize ribbon and certificate was awarded to the top art or craft in the entire show. This award was voted on by each of the 14 judges. The Grand Prize was awarded to Brianna Fleitman (11th grader) for her artwork of two cowboys drawn in pencil. Her artwork was showcased in the new gym on an easel.

Also, for the first time ever, a People's Choice certificate was awarded to the artwork that was the crowd's favorite. Guests were encouraged to vote on their favorite piece in the entire show. This year's People's Choice award went to Noah Barnhill for his deer blind entered in the metal works category.

Award winners are as follows:

### BEST OF SHOW

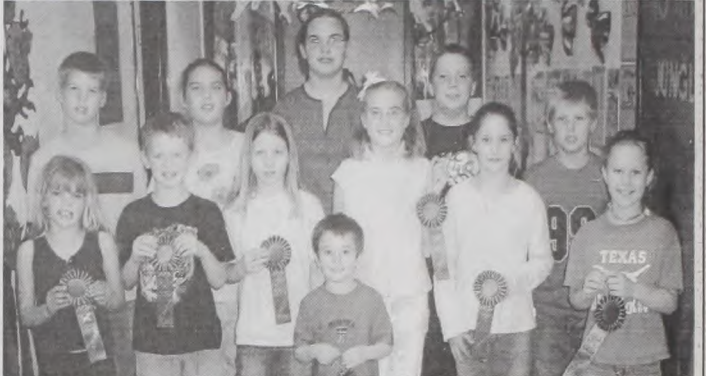
Flavor Food (4th-6th), Lacey Trubenbach; Flavor Food (PK-3rd), Hannah Bayer; Decorative Food (4th-6th), Alyssa Stewart; Decorative Food (PK-3rd), Destin Fleitman; Mosaic,

Mindy Walterscheid; Plaster Mask, Ryan Hennigan; Pencil, Brianna Fleitman; Pastels, Carrie Grewing; Colored Pencil, Keith Walterscheid; Pen & Ink, Nick Knabe; Watercolors, Shannon Grewing; Woodworking, Kendra Walterscheid; Photography, Lacey Trubenbach; Glass Etching, Danielle Bindel; Interior Design, Abby Endres; Scrapbooks, Kim Patel; Sewing (Clothing), Whitney Watson; Faculty, Mike Hellinger; 7th Grade, Camille Hale; 6th Grade, Zach Pierce; 5th Grade, Dalton Koelzer; 4th Grade, Christina Rohmer; 3rd Grade, Mason Binder; 2nd Grade, Kassie Dangelmayr; 1st Grade, Mitchell Hendricks; Kindergarten, Zina Haverkamp; Pre-K, Josh Brinkley.

## Muenster ISD's Best of Show



Above-Brianna Fleitman - Grand Prize Winner. At right- staff winner Mike Hellinger.



Elementary winners, from left, back- Dalton Koelzer, Christina Rohmer, Kendra Walterscheid, Zachary Pierce, Mason Binder. Middle - Zina Haverkamp, Mitchell Hendricks, Hannah Bayer, Alyssa Stewart, Destin Fleitman, Kassie Dangelmayr. Front - Josh Brinkley. Not pictured Lacey Trubenbach.



High School winners, from left, Carrie Grewing, Shannon Grewing, Keith Walterscheid, Mindy Walterscheid, Ryan Hennigan, Whitney Watson, Kim Patel, Nick Knabe, Camille Hale, and Brianna Fleitman. Inset: Danielle Bindel and Abby Endres. Photos courtesy of MISD

## LUNCHES

### WEEK OF MAR. 28 - APR. 1

#### SACRED HEART

Mon. - No school.  
Tues. - Fiesta salad w/corn chips, ranch style beans, peaches, crackers.  
Wed. - Pork chops, potatoes, gravy, corn, apricot cobbler, bread.  
Thurs. - Stew, cornbread, bananas/strawberries.  
Fri. - Hamburgers w/trimmings, French fries, ice cream.

#### MUENSTER ISD

Mon. - No school.  
Tues. - Hot dogs w/chili and cheese, macaroni and cheese, beans, peaches, pineapple cake.  
Wed. - Ham and cheese sandwich, lettuce, tomatoes, chips and salsa, fresh vegetables, apples, cookies.  
Thurs. - Chicken pot pie, lettuce salad w/dressing, pineapple, hot rolls.  
Fri. - Hamburger w/cheese, lettuce, tomatoes, pickles, onions, French fries, applesauce, ice cream.

#### LINDSAY ISD

Mon. - No school.  
Tues. - Chicken fajitas, pinto beans, Spanish rice, pears.  
Wed. - Submarine sandwich w/trimmings, potato chips, fresh fruit, jello.  
Thurs. - Beef tips and rice, green beans, peaches, batter bread.  
Fri. - Chicken on a bun w/trimmings, oven fries, ice cream.

#### ERA ISD

Mon. - Chicken spaghetti or mini corn dogs, green beans, strawberry applesauce, tossed salad, breadstick.  
Tues. - Frito chili pie, shredded cheese, corn, tossed salad, sliced pears, chocolate chip cookie.  
Wed. - Steak fingers or chicken nuggets, mashed potatoes, gravy, tossed salad, sliced peaches, hot roll.  
Thurs. - Soft tacos, trimmings, pinto beans, cornbread, pudding.  
Fri. - Barbecue sandwich, tator tots, pickle spears, ice cream.

## MuensterHigh's UIL One Act Play advances



Muenster's One Act Play, "Don't Dress For Dinner", advanced out of Zone into District Tuesday. Performers include, from left - Ryan Fuhrmann, Matthew Yosten, Michael Valliere, and Katie Endres, along with Tara Swirczynski and Abby Endres. Muenster and Lindsay both move out of Zone A defeating Era, Petrolia, and Archer City. District competition was Thursday in Graham.

## Thank You!

The Friends of Muenster FFA, FCCLA, and 4H would like to thank the patrons listed below for their generosity and support of our youth at the Cooke County Youth Fair. This year a total of \$20,450.00 was spent on the students of our community who participated in the Youth Fair. This money is spent completely on premiums for their projects.

We hope you had an opportunity to attend the Youth Fair this year and see the hard work and dedication these students have for their animals and their projects. You would know that the money you contributed went to a very great cause - the youth of our community.

Thank you, again, for your contributions. It is people like you who make this a success!

Respectfully:

- |   |                                 |
|---|---------------------------------|
| Jack Flusche                                  | Richard Dangelmayr              |
| Ronnie Felderhoff                             | John Dangelmayr                 |
| Ross Felderhoff                               | Bert Walterscheid               |
| Mary Dangelmayr                               | Gus Ashley                      |
| Lee Ratliff, FFA                              | Tommy Felderhoff, Jr., Woodshop |
| Joni Sturm, FCCLA                             | Donna Bayer, 4H                 |
| Katherine Putnam, Sacred Heart Home Economics |                                 |

- |                              |                             |
|------------------------------|-----------------------------|
| Triple G Well Service        | Tony's Seed & Feed          |
| Tony & Thelma Trubenbach     | M & W Oil Field Supply      |
| Jet-Star Co                  | VFW                         |
| Muenster State Bank          | Gary L. Droll               |
| Schilling Oil Co Inc         | Knabe Tire & Battery        |
| Muenster Garden Center       | Miller of Denton            |
| Glenn's Paint & Body         | Ponderosa Pools & Landscape |
| Rohmer's Inc                 | Muenster Jaycees            |
| FMW Insurance Agency Inc     | Jeff & Connie McAden        |
| Chuck Bartush Jr             | Jack Dangelmayr             |
| Community Lumber             | Bert & Delanne Walterscheid |
| Muenster Veterinary Hospital | Gerrie Walterscheid         |
| Fischer's Meat Market        | Clifford & Kathy Sicking    |
| Muenster Milling             | Leo & Peggy Lutkenhaus      |
| Bob's Auto Service           | RGK Farms                   |
| H&H Production               | C & W Cabinet Shop          |
| Muenster Farm Mutual         | Kent & Jan Stevenson        |
| Orcas                        | Mary Dangelmayr             |
| Hennigan Auto Parts          | Cooke County Electric       |
| Monday's Backhoe             | Hess Furniture              |
| Sticks Tree Care             | Bayer Roofing               |
| WFW Well Service             | Universal Machining         |
| Jerry Hess Operating Co      | D.J. & Della Hellman        |
| North Texas Machining        | Ron & Pat Fuhrmann          |
| GNB Financial                | Clyde & Julie Steelman      |
| Schumacher & Krahl           | Arnold & Cecilia Fuhrmann   |
| Muenster Building Center     | Neil's                      |
| G & H Backhoe                | HEP Oil                     |
| Mike Bartush                 | Flusche Enterprise          |
| Gilbert Wrecker Service      | Klement Ford                |
| Christi's Jewelry & Gifts    | D-Bar Ranch                 |
| Ed Klement & Sons            | Walterscheid Oil            |
| Jimmy Jack Biffle            | Muenster Enterprise         |
- Hesse-Schneiderjan Heating & Air  
RE/MAX First Realty-Christine Beaulieu Weinzapfel  
First National Bank Muenster Branch  
Bayer & Walterscheid Construction  
Red River Cut Rate Liquor & Beer  
Richard & Melissa Dangelmayr

## MMH FAMILY HEALTH CLINIC

509 NORTH MAPLE • MUENSTER • (940) 759-2226

COLDS OR FLU GETTING YOU DOWN. WE CAN HELP! CALL THE FAMILY HEALTH CLINIC TODAY FOR RELIEF. MEDICATIONS TAKEN EARLY CAN SHORTEN THE DISEASE.



Ed G. ADVINCULA, M.D., F.A.C.P. BOARD CERTIFIED INTERNAL MEDICINE



MELISSA TRUBENBACH, FNP-C BOARD CERTIFIED FAMILY NURSE PRACTITIONER



KARLA DAVIDSON-COX, M.D. BOARD CERTIFIED FAMILY PRACTICE



BONNIE C. CARTER, M.D. BOARD CERTIFIED FAMILY PRACTICE

PROVIDING QUALITY HEALTH CARE TO PATIENTS OF ALL AGES

Clinic Hours • MONDAY — FRIDAY • 9:00 AM TO 5:00 PM

MEDICARE, MEDICAID, AND MOST INSURANCES ACCEPTED



# SPORTS

## Sacred Heart Golf Tournament

Sacred Heart Invitational Golf Tournament was held earlier this week at Turtle Hill Golf Course. The boys competed on Monday and the girls on Tuesday.

In the boys division, Archer City took top honors with a team total of 337 strokes. The Sacred Heart "Red" team settled for 2<sup>nd</sup> place with 349. Team members and their individual scores were Mitch Sellers - 84, Colby Richey - 84, Chris Hoedebeck - 90, Nolan Hartman - 91, and Paul Bartush - 98.

The Bowie Jackrabbits took home 3<sup>rd</sup> place with a 357, Bellevue at 369, and Muenster 5<sup>th</sup> with 374. Jordan Walterscheid led the Hornets with an 84 score. Noah Barnhill shot 94, Zach Swirczynski - 97, Lee Walterscheid - 99, and Derek Endres - 103. Henrietta, Krum, Alvord, and Pilot Point all kept their scores below 400.

Sacred Heart also fielded a "White" team, which finished 14<sup>th</sup> with a score of 429. David Walterscheid was low scorer with 103.

Other team members were Tyler Rohmer - 105, Mark Fleitman - 107, Theo Otto - 114, and Arlie Bayer - 117.

Individual medallists included Neil Bayer - 107 of Sacred Heart, and Muenster Hornets Dustin Felderhoff - 88, Brad Endres - 103, and Collin Walterscheid - 113.

In day two girls competition Tuesday, a blue northern turned the day cold and windy.

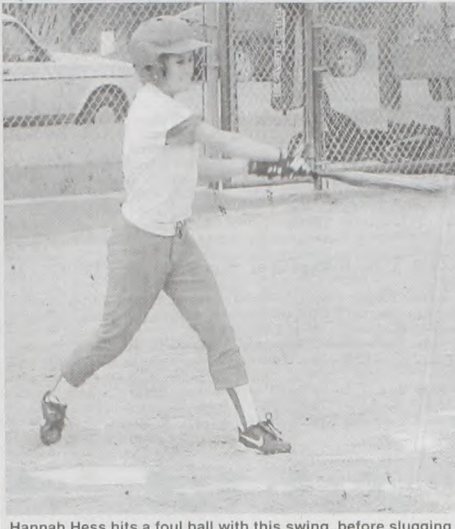
Nocona scored a 370 to take the championship. Henrietta followed with a 417, then Sacred Heart, at 427 team strokes. Other teams were S&S, Bowie, Archer City, and Saint Jo.

The Tigerettes were led by Jessica Bartel, who scored a 101. Diana Knabe hit 104. Shannon Hartman 110, Joelle Fuhrmann 112 and Hannah Hess 117.

Individuals competing for Sacred Heart were Jessica Schilling with 111 and Sunni Jo Bayer scoring 119.

Muenster Lady Hornets had two golfers in the tournament. Megan Dangelmayr shot a 116 and Stevie Klement a 120.

## Sacred Heart Tigerettes win over Liberty



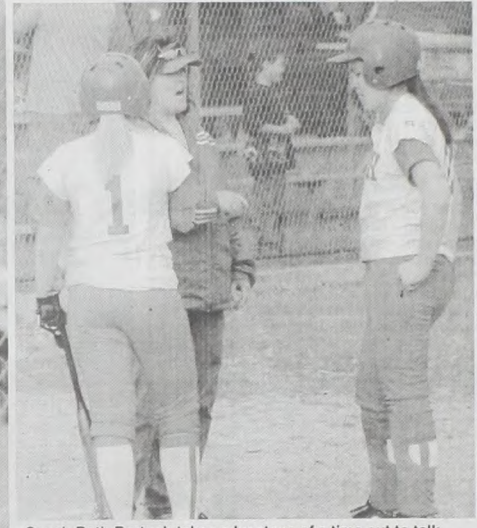
Hannah Hess hits a foul ball with this swing, before slugging a home run.



Nicole Bayer waits her turn to bat.



Debra Yosten watches for the pitch.



Coach Beth Bartush takes advantage of a time out to talk to Tigerettes Shannon Hartman (1) and Diana Knabe.

Janie Hartman photos

## Koelzer wins at PK Relays in Graham

A handful of Muenster track members participated in the Possum Kingdom Relays in Graham last week during Spring Break.

Lady Hornet Jacé Koelzer brought home three gold medals and a silver, while Justin Ferguson earned a bronze. Koelzer won the 100m hurdles with a time of 15.03. Her 46.41 finish in the 300m hurdles also

earned a 1<sup>st</sup> place, along with a 16' 6 1/2" long jump. Jacé settled for a 2<sup>nd</sup> place in the 100m dash, clocking in at 13 seconds.

Ferguson's time of 23.01 in the 200m run was good for 3<sup>rd</sup> place.

The Muenster teams competed at the Henrietta Relays on Thursday, March 24.

## WHAT HAVE YOU LEARNED?

*I've learned that we are responsible for what we do, unless we are celebrities.*

*I've learned that 99% of the time when something isn't working in your house, one of your kids did it.*

*I've learned that artificial intelligence is no match for natural stupidity.*

*I've learned that there is a fine line between genius and insanity.*

One must admit problems before they can correct them.

To succeed, do the best you can, where you are, with what you have.

Things do not change, we do.

Drive with care. Life has no spare.



Sacred Heart golf tournament

Tuesday, March 22



In girls competition, clockwise, Jessica Bartel, Stevie Klement, Megan Dangelmayr, and Jessica Schilling.

Janie Hartman photos




## Community Wide Easter Egg Hunt



*Come One Come All To Saint Richards Villa to hunt Easter Eggs & take pictures with the Easter Bunny!!! All Children ages toddler thru 7 years of age are welcome*

Many Thanks to

**GNB** Financial, n.a. Muenster Branches  **FIRST NATIONAL BANK** of Saint Jo

For Donating Money for Prizes

*When: March 25 - Good Friday*

*When: 2:00 P.M.*

*Where: Saint Richards Villa Parking Lot*

*Cost: Free to Public*

*For additional information please contact*

*Zula Lawyer, Administrator at the Facility at 940-759-2219*

15336 Hwy 82

Muenster, Texas





