VOLUME 65 NUMBER 6

JANUARY 5, 2001

Christmas ice damages area trees, power lines



of Grayson, Fannin, and Lamar where there was more accumulation of ice. He said some of those customers went without electrical service for three and four days.

CCEC crews found their task in Cooke County more difficult. Local crews were joined by five other electric company crews from other areas. According to Randall Reed, CCEC member relations/safety coordinator, dozers were brought in to pull the Co-op's trucks through the mud and ice at times so that lines and poles could be repaired.

Reed couldn't say how many customers were without service. "We were so lucky that it only hit this area and not the eastern part of Cooke County," remarked Reed. He said that some customers north of Callisburg were also impacted by the ice storm.

According to Reed homes reporting loss of electricity



New library presented to City of Muenster

"As of tonight and by resolution, the Friends of the Muenster Public Library Board, with heartfelt gratitude to all who have helped, convey, free of charge to the City of Muenster, the newly completed library building and all land improvements, three months ahead of schedule."

With these words, Board Chairman Tom Valliere presented the deed for the new Bettie M. Luke Muenster Public Library to the City. The City. Council voted unanimously to accept the gift and Mayor Henry Weinzapfel expressed his sincere appreciation on behalf of the community.

Valliere made note of the remarkable fact that the new library, valued at about \$500,000.00, has been provided without a single taxpayer dollar. ... "Which is a clear statement of the incredible philanthropic spirit of the Muenster Community and those associated with similar values and interests," he said.

Serious talk about building a new library began in 1991 and by 1993 the initial committee was formed. In 1996 a commitment was received from Norman J. Luke, son of the late Muenster librarian, Bettie M. Luke. Fundraising and planning continued and ground-breaking ceremonies were held in June, 2000.

The next phase for the 5,139 square foot facility involves shelving, furniture, computer systems, the donor wall and bricks, and actual moving. The final phase is to raise funds to provide an operating endowment that will provide for many years of library services and officially open the new library in April.

After the presentation, the City Council addressed regular agenda items.

Amendments to the sign ordinance regarding notification of neighbors, time frame for consideration by the Council and permit fees were adopted regulating billboards in the city limits.

A bid of \$22,500.00 was opened for the cost of removing the old Muenster water tower. The Council will seek a lower bid and a new location for the fire siren currently located on the tower.

Under new business, the Council discussed or acted on the following:

• The new sign for Turtle Hill Golf Course at Hwy. 82 and North Ash was approved.

• Relocation of Second Street in the Fleitman subdivision was approved.

• The Council discussed a municipal tax abatement plan for Universal Machining Services, Inc. which is moving into the previous Valentie location on East Highway 82 and Mesquite Street. Steve Trubenbach and Darren Voth stated that their business is valued at \$1.2 million with 12 employees. They plan to buy more machines and hire more in the near future. They asked the city to consider some level of tax abatement. The Council said they viewed the request until an equitable and enforceable plan can be drawn up. Mayor Weinzapfel and Councilmen John Pagel and

Sales tax vote approaches Jan. 20



ome of Cathy and Francis Fuhrmann on Oak Street in Muenster received minor damage when a poring tree fell during the holiday ice storm.

Janie Hartman photo

Henscheid retires from postmaster position

by Janet Felderhoff
After 38 plus years of ervice, Virgil Henscheid is string from his job with the S Postal Service. He began rorking part-time as a postal lerk in October of 1962. In pril of 1975 Henscheid was romoted to the position of ostmaster. Wednesday, Jan., 2001 was his last official day in the job.

"I'm going to miss the eople," Henscheid remarked. I enjoyed the people. I enjoyed and time all the people came in and gave me. The harder ime they gave me the more I njoyed it. I'll miss that, no oubt."



Panel discussion on tax rate rollback for Gainesville Hospital District scheduled

the discussion panel. This panel will answer questions from the League of Women voters and the audience.

Tom Carson of KGAF will moderate. The discussion will be video taped for later viewing on Cox Cable Channel 3.

The public is encouraged to

The public is encouraged to attend and participate.

FREEZING RAIN continued from pg. 1

tree limbs or accumulated ice.

Before a warming trend came on Thursday, Dec. 28, the ice storm became one of the worst this area has seen in a number of years. Some area residents reported as much as 3 and 1/2 inches of rain.

Those traveling Hwy. 82 on the 28th noticed a tremendous change as they passed near the Lindsay roadside park. Ice covered trees and fences west of the park and to the east there was not an ice covered tree or fence to be found.

A reprieve from the ice was short-lived. On New Year's



Last Thursday morning when the ice was heavy, the clouds dark and the sun started breaking through, the damage was momentarily forgotten as everything sparkled like crystal and the contrast betweet bright and dark suggested a fantasy.

Letter to the Editor

Letter to the Editor,

I want to express my gratitude for the dedication and hard work of the good folks at the Cooke County Electric Co-op. During the week following Christmas a massive ice storm brought down power poles and trees. We were out of power for four days, which was pretty uncomfortable. The Co-op crews were out in subfreezing temperature, freezing rain, ice, and high winds working in remote areas with dangerous power lines 24 hours a day until power was restored.

I have the highest regard for

those brave souls who worked so long and hard to get power restored to those of us who live in rural areas. In many areas hit by the ice storm, power was out for much longer periods of time. Only because of the dedication and hard work in the face of tremendous hardships by the Cooke County Electric Co-op crews were we in Cooke County able to have power restored with only a short 'down' period. To me, those folks who got our power restored are truly heroes.

Jack Murdock

XU Electric & Gas crews completing ice storm restoration

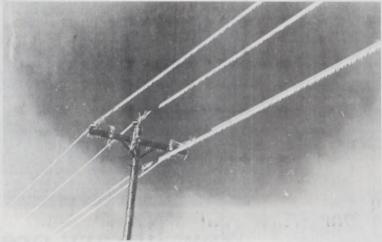
TXU Electric & Gas crews ou Sunday made it a Happy New Year by completing the power restoration for North Texas customers affected by a monsterice storm.

This was one of the worst ice storms to hit the region in years and we are proud to have our customers back on within a week," said Wade Freeman, TXU Electric & Gas vice president of operations. "More than 1,500 miles of circuitry were affected by the ice and falling trees. Our customers are our highest priority and our crews really came through to get their lights on again."

"We have received many heartwarming calls and emails from customers praising our crews," said Rob Trimble, TXU Electric & Gas senior vice president of distribution. "We appreciate their understanding and their sentiments recognizing the tremendous effort carried out on their behalf."

TXU Electric & Gas ice storm statistics:

Approximately 40,000



customers were affected, most in Grayson, Fannin and Lamar

customers were affected, most in Grayson, Fannin and Lamar counties.

• Within 24 hours, power was restored to more than one quarter of those affected by ice.

• More than 800 personnel worked to restore service, some from as far away as Kansas City. Many employees gave up holiday and vacation time to restore power to customers.

• TXU Electric & Gas operators made more than 17,000 calls to customers to make sure their power was restored.

"Our employees and contractors did a fantastic job under terrible conditions," added Trimble. "They overcame sleet, bitter cold, ice-covered trees and flooding."

We have restored power to all of our customers whose services could be safely connected. There are still some customers which require repairs to their home before they can be safely connected. Once repairs have been finished on these homes, customers, should call (toll free) 800-233-2133 to get service restored.

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den trees created tunnels along many county roads as icy tree branches bowed to the earth. While tiful to view, those who had to travel the roads found broken limbs, fallen trees and sometimes ar ssable path. Pictured here is County Road 351 northwest of Muenster. Janet Felderhoff photo

2-WEEK EVENTS CALENDAR

Z-VVLLI	CEVENIS	CALLIND	An and the second			March College
Sunday, January 7, 2001 Muenster Museum Open, 1 to 4PM	Monday, January 8, 2001 VFW meeting, 8⊧м	Tuesday, January 9, 2001 Exercise Class, 10:30-11:30, S.N.A.P. Centler Home Hospice Grief Support seminar, 6-8 _{PM} Sacred Heart Preschool Parents meeting, 7 _{PM}	Wednesday, January 10, 2001 Exercise Class, 10:30-11:30, S.N.A.P. Center Adult Co-ed Volleyball, 7 _{PM} Religious Ed Class, 7 _{PM} C of C Breakfast, 7:30 _{AM} , Center MISD Board meeting, 7:30 _{PM}	Thursday, <i>January 11</i> , 2001 Exercise Class, 10:30-11:30, S.N.A.P. Center Muenster Museum Open, 1 to 4PM DIALOGUE Support Group meeting, 7 PM, Lindsay Health Clinic	Friday, <i>January 12, 2001</i> Muenster Museum Open, 1 to 4 _{РМ}	Saturday, January 13, 2001 Muenster First Baptist Church movie 7-9 pm, Fellowship Hall
Sunday, <i>January 14, 2001</i> Muenster Museum Open, 1 to 4PM	Monday, January 15, 2001 VFW Auxiliary meeting, 8pm Sacred Heart - NO SCHOOL	Tuesday, January 16, 2001 Exercise Class, 10:30-11:30, S.N.A.P. Center Home Hospice Grief Support seminar, 6-8PM	Wednesday, <i>January</i> 17, 2001 Exercise Class, 10:30-11:30, S.N.A.P. Center Religious Ed Class, 7 <i>p</i> м	Thursday, <i>January 18, 2001</i> Exercise Class, 10:30-11:30, S.N.A.P. Center Muenster Museum Open, 1 10 4PM	Friday, <i>January 19, 2001</i> Muenster Museum Open, 1 to 4PM	Saturday, January 20, 2001
4			Charles and the contract of th			





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Obituaries

Eugene Frank Klement 1922 - 2000

by Elfreda Fette
Eugene Frank Klement died
uddenly at age 78 on Dec. 27,
2000 at 4:00 p.m. in Muenster
Memorial Hospital. Mass of
Christian Farewell was offered
in Sacred Heart Church on
Saturday, Dec. 30 at 2:00 p.m.
officiated by Father John
Christian Frank "Gene"

drew the highest bids at auctions.

Survivors are his wife, Clara Klement of Muenster; daughter and son-in-law Kaye and Ray Wimmer of Lindsay, daughter and son-in-law Lynda and Doug Yosten of Muenster, daughter Judy Klement of Hurst, son and daughter-in-law Charles and Terry Klement of Spokane, Washington, son and daughter-in-law Andrew and Emily Klement of Muenster.

There are eight grandchildren and four greatgrandchildren. Also a sister and brother and sister-in-law Anna Marie and Alfred Bayer and a brother and sister-in-law Tony and Sis Klement, all of Muenster; and many, many friends.

Preceding him in death were his parents.

Preceding him in death were

Preceding him in death were his parents.
Participating in the special liturgy of the Mass on the day of funeral with Father John Ohner OSA were altar servers Alvin Hartman, Joe Felderhoff, and Chuck Bartush, Jr.
Readings from the Old and New Testaments were given by Kristen Klement Ware, granddaughter; Offertory Petitions and Prayers of the Faithful by Laura Klement, granddaughter; the Eulogy and Remarks of Remembrance by Allison Rix, granddaughter; Gina Yosten read an original



poem "Greener Fields," which she wrote after being told of her grandfather's death.

Offertory gifts of bread and wine were presented at the altar by Tara Yosten, Kelly Wimmer, Jenny Corcoran, great-grandchildren.

Eucharistic Ministers were Roger and Janie Taylor, Roy and Irene Hartman, Janet Voth, and LB. Bruns assisted as ushers.

Sacred music was presented by Ruth Felderhoff, Doug Yosten, son-in-law, Emily Klement, daughter-in-law, Linda Flusche, and Pam and Dave Fette. Selections included "On Eagles Wings," "The Lord Is Kind And Merciful," "Stille Nacht" one verse in German, one in English, "Edelweiss Blessing," "Amazing Grace," "Press On," and "In The Day Of The Lord." In Remarks of Remembrance, Allison Rix stated, in part: "My grandpa was the second child of early German settlers in this town... He and his brother and sister spoke no English until they went to school... then they taught their parents to speak English....

"My grandma was born in Minnesota... As a young lady, she was on her first trip to Texas, and my grandpa proposed to her... They would have celebrated 54 years of marriage on Jan. 8, 2001.

"My grandpa and grandma wer truly partners in every sense of the word... Faith, family and neighbors.... It was his strong standing to ideals that made all of us respect him so much....

"My grandpa was an absolutely gifted craftsman and woodworker.... No visit to his farm was complete without a trip to his shop, to see his Victorian birdhouses.... baby victorian birthers.... He loved correlation... he and his Sockenbelveing..... He loved correlations..... he had his

victorian birdhouses... baby carriages... rockers, bookshelves... He loved carpentering... he and his brother Tony built many

Survivors are his wife, Sheila Fette of Gainesville; his parents James and Patricia Fette of Wylie, Texas; one son James C. Sasser of Gainesville; three daughters, Brandy Fette of Wylie, Texas, Brandi Sasser of Gainesville, and Christian Sasser of Gainesville, and Christian Sasser of Gainesville. Also two sisters, Deanna Elston of Waco and Brenda Martin of Wylie.

and Brenda Martin of Wylie.

A Rosary Service was held on Tuesday at 7:00 p.m. in Clement-Keel Funeral Chapel.

Mass of Christian Burial was offered in St. Mary's Catholic Church of Gainesville on Wednesday, Jan. 3, 2001 at 10:00 a.m., with Father Ed Andrews OSA officiating.

Burial in Fairview Cemetery of Gainesville was directed by Clement-Keel Funeral Home. Pallbearers were Darrell Bullard, Harlan Murphy, Darrell Green, Danny Green, Brad Mitchell, and Herby Lamar.

Brad Mitchell, and friends attending the funeral included Janie Weinzapfel, Carol Aytes, Della Campbell, Sug Bindel, Fran Voth, Joe Voth, Jerry and Delette Fette, Tim Hartman, Emily Hartman, Roy Reiter, Johnann Bezner, and Bill Otto. All of James "Joe" Fette's co-workers in the Emergency Medical Technicians Department attended the funeral in full uniform.

James "Joe" Fette 1960 - 2000

James "Joe" Fette, age 40, of Gainesville, died Friday, Dec. 29, 2000 in Gainesville Memorial Hospital. He was born in Dallas on Nov. 29, 1960 to James and Patricia Green Fette. He was the grandson of the late Edgar and Isabel Otto Fette and the great-grandson of the late Mr. and Mrs. Henry Fette and the late Mr. and Mrs. Joe Otto. On Mar. 4, 1994 he married Sheila Bullard in Gainesville. He was a member of the Catholic Faith and was an E.M.T. (Emergency Medical Technician) employed in Gainesville for more than eight years.

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houses in Muenster.... He was extremely proud of his farmland and of the agriculture nurtured there.

"He loved to play cards or dominoes. He and Clara and Anna Marie and Alfred usually played several times a week.... he was extremely competitive and loved to win... The only time any of us heard him raise his voice was when a partner threw away the wrong domino in 42.....
"On the last morning of his

We'll Be There Buick

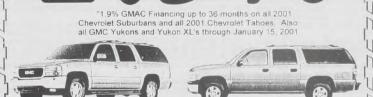
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Editor Letters to

Mr. Editor

With the Hospital Board so eager to merge with Gainesville and close down the Muenster Hospital why are they continuing to spend all that money on new equipment and property? They started merger talks with Gainesville in October 1995, and during the time since then they have spent approximately \$1.3-million for more equipment and St. Richard's Villa. Why? It doesn't make sense. But then the story about needing to close this hospital in Muenster because of all the money lost in operating it doesn't make sense either. Just think, we have been told that we have used all the \$1.6-million collected in taxes during those years just to make up the losses at the

I think it is high time the Board Members wake up to the facts. They should go over the auditor's reports for 1996,' 97, '98, '99 & 2000, and see where the tax money actually went. It certainly wasn't all going to pay off losses generated by the hospital, because not even half of the taxes collected were used for that. And they should wake up to the fact that when they bought St. Richard's it was making about \$105,000 annual profit. After just two years the labor expenses have about doubled, and St. Richard's lost \$138,000 last year. Now that has absolutely nothing to

Senate Committee issues report on nursing homes

The Senate Committee on Human Services recently submitted the Interim Report relating to the study of long-term care in Texas. The report is a result of the charge by Lt. Governor Perry to study long-term care in Texas. The report is a result of the charge by Lt. Governor Perry to study long-term care (nursing homes) as the number of older Texans age 60 or older is projected to swell to 7.5 million by 2030, which is an increase of 176% from the year 2000. This statistic highlights the critical importance of planning for the state's system of long-term services and supports. The recommendations of the report were based on testimony and suggestions from state agencies, organizations and other interested persons.

The Committee made several recommendations for legislation to be considered by the Legislature in 2001 regarding long-term care, including:

* Recommend that the Legislature increase funding for the full range of home and community-based services, including adult day care, home health services, respite services, attendant care and other services.

* Revamp the criminal history background check process for long-term care employees by expanding the number of employees covered under such requirements and expediting access to background information.

* Add direct care staff employed by home health agencies, MHMR, and other providers, as appropriate, to the list of employees covered by the Department of Human Services Employee Misconduct Registry.

* Allow for-profit nursing facilities to purchase liability insurance from the Joint Underwriting Association.

* Provide tuition assistance for licensed vocational nursing students who agree to practice in long-term care settings.

* Recommend that the Legislature increase funding for nursing home reimbursements.

* Provide a franchise tax credit for employers that contribute to long-term care insurance for their employees, employees' spouses or parents, equal to 20% of the costs incurred by the employer, with a maximum credit of \$5,000 or \$100 per each employer c

State Representative Ron Clark
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ron.clark@house.state.tx.us
http://www.grayson.edu/district62/RonClark.html

do with hospital losses, but it is costing the tax payers of this hospital district. That's where a lot of our tax money has been lost.

The Hospital Board of nine members includes a Certified Public Accountant. Why hasn't he spoken out about the deception regarding the hospital losses? I prefer to think that he just has not taken the time and effort to really study the reports, and instead accepts what he is being told. I challenge the Board to actually study and investigate their auditor's reports. I know their eyes will be opened. The rest of the story is opening quite a few eyes. Once the facts are known no one will continue to think we need to close the Muenster Hospital.

But all this talk from the Board and Administrator about closing the hospital must be making our Muenster doctors very nervous, and if we wind up losing one, or all, then it will be their fault. The truth is, some people are beginning to suspect that this may be part of their master plan. No doctors, no hospital.

Joe & Carolyn Hoyt 918 N. Elm St. Muenster, TX. 76252

Letter to the Editor,

Up to this point I have accepted at face value what has been reported. The supposition that Gainesville would go ahead with their plans of constructing a new hospital even without Muenster participation. I guess that it was assumed by the GMH Board that the Gainesville Hospital District voters would be willing to absorb the extra taxes they would have to pay as a result of our not joining them. Now it seems that the entire question regarding a final say about a new hospital is going to be decided by vote. There is in progress at this very moment an effort to roll back the tax rate already placed on those tax payers by the GMH Board.

So it seem that the tax payers in that district were slow to react and are just now getting organized to resist their Board's efforts. There have been presented almost twice the number of signatures on the rollback petition, as compared to the total number of voters casting ballots in their last election for Board Members. This places in doubt the supposed mandate given by the voters to build a new hospital. It has been pointed out by a Gainesville voter "That one can figure all of the votes cast for the pro-new hospital Board Members, back last May, are approximately equivalent to the number of votes cast by the doctors and medical staff, plus spouses. So now the rest of the voters in the district will have their say".

I can only guess at the response of those tax payers, now they realize that we over in this district are opting out of any merger. The effect will be to raise their taxes even more than they originally thought in order to build the new facility. It is regretable to think the new facility plans may be squelched, but we here in the Muenster District cannot afford to sacrifice our own hospital to the building of one in Gainesville.

I would guess from what little contact I have made on this subject in Lindsay, voters there are much more concerned with the school needs, and the increasing school taxes, and do not seem particularly enthusiastic about more taxes for the hospital district as well. One resident remarked that at the current rate of tax growth Lindsay will soon overtake Muenster, which has the highest total taxes in the county. So it will be very interesting to see what the Lindsay voters say about the hospital tax rollback via the ballot.

Now with the proposed new Gainesville Hospital very much in doubt, and the Board's drive to close MMH, we had better be praying that the doctors we have here in Muenster have not felt forced to seek positions elsewhere. We need to generate some stability for our doctors, and fast. It is time to hold the referendum here in this district, and vote to turn away from MERGER talk, once and for all. Even if Gainesville rollback referendum is successful, and stops construction of the new facility, our MMH Board will continue to push for MERGER. You can count on it! The Administrator here is committed to MERGER. That is why we in this district must hold the

John G. Aytes, Muenster

Dear Editor

Dear Editor,

Although I no longer live in Muenster, I have never lost my love for the community I will always call home. In fact, through my work at The University of Texas Health Science Center at San Antonio, I have come to care even more about the plight of Muenster regarding its hospital. I am a writer/public information officer for a department of the Health Science Center known as the Area Health Education Center of South Texas. Our office is one of many similar government-funded agencies throughout the country that work in conjunction with institutions of higher education to increase access to health care and health education in rural and medically underserved areas. We deal constantly with communities who are trying to build up their health care facilities and increase the number of health care professionals living and working in those communities. Hence, Muenster and its health care problems are frequently brought to mind.

It saddens me when I see other small towns willing to jump through hoops to improve access to health care in their communities, while Muenster seems so willing to let its hospital, its doctors, and for that matter many of its other businesses walk down the road to Gainesville or Denton. That is why I feel compelled to share with you some of my own personal thoughts about the situation with the hospital, as well as some information that could help you keep it.

First, when the community votes to keep or close its hospital and dissolve the hospital district, I believe it will be making a decision as to whether it wants to be a healthy, thriving community or one that eventually fades off the map. Traveling in South Texas, I see many communities that remind me of Muenster. There are small rural towns in which people have worked together creatively to develop and enhance the assets of their community or one that eventually fades off the map. Traveling in South Texas, are small rural towns in which people have worked together creatively to develop and enhance the assets of their communit

people to contact the Center for Rural Health Initiatives (CRHI), part of the Texas State Office of Rural Health, and find out about all the wonderful state-funded programs designed to help rural hospitals. Your hospital administrator should already have made you aware of these programs, but if he hasn't, make the effort to investigate them yourselves.

I understand that one of the biggest concerns of Muenster Hospital is the decrease or expected decrease in Medicare reimbursements. It just so happens that the State of Texas has a program whereby rural hospitals can obtain a "iCritical Access Hospital" (CAH) designation. Under the sponsorship of CRHI and the Office of Rural Health, the program allows certain rural hospitals to do some financially smart things such as having an ER doctor on call instead of paying him or her to stay on site 24 hours a day; the hospital is then able to obtain this particular CAH designation and, consequently, receive larger Medicare reimbursements. The program helps hospitals save money in expenses while it increases revenue from Medicare. Doesn't that sound perfect for Muenster? It did to the director of the Center for Rural Health. I gave information on this program to my brother-in-law, Bob Sepanski, who called and spoke with the CRHI director. He told Bob that Muenster sounds exactly like the type of community the government is trying to help with this program.

Another way to increase hospital revenue is to bring more

sound perfect for Muenster? It did to the director of the Center for Rural Health. I gave information on this program to my brother-in-law, Bob Sepanski, who called and spoke with the CRHI director. He told Bob that Muenster sounds exactly like the type of community the government is trying to help with this program.

Another way to increase hospital revenue is to bring more physicians into the community. I'm not talking about making visits to Harris Hospital in Fort Worth and trying to lure its doctors away, as members of the hospital board have done. I can tell you from my experience in dealings with medical students and health professionals that efforts to go to a big city and try to talk its doctors into moving to a small town are futile. The vast majority of those doctors are the type who are drawn to the attractions of a big city and a high-paying job at a large hospital. They serve as doctors there because the environment fits their personalities and life ambitions. There are other doctors who are more attracted to the slower pace and friendliness of a small town, who hate big-city traffic and like to hunt and fish, but you're not going to find them at Harris Hospital.

My advice is to look in other places, and once again, the Center for Rural Health is a great place to start. It has numerous state-supported programs to hook up small towns. One of its best- and most popular - is Texas Prairie Doc. It assists communities and health care professionals in obtaining information about job opportunities, educational debt repayment programs, and other resources. The greatest aspect of the program is its free Monthly Registries sent to communities looking for health professionals and to health professionals looking for rural practice opportunities. This helps the communities find interested doctors and the interested doctors find rural communities who want to help primary care physicians cover the costs of setting up a new practice in a rural or medically underserved Community. In addition, the Texas Health Serv

Shelton. Like the AHEC where I work, the Prairie AHEC partners with

educational institutions and rural or underserved communities to help these communities improve their access to quality health care. Its solutions are long term in nature and threefold.

First, it can help Muenster "grow its own" health professionals through health care opportunity programs that encourage and/or prepare local young people to pursue health professional careers, then stay in their home town to practice. Oftentimes, young people are intimidated by the thought of becoming a doctor or other health professional because they think it is too challenging or beyond their grasp. Many students change that mindset after hearing an encouraging talk from a current medical student or resident, or after they participate in a summer camp that exposes them to the excitement of medical careers. These are the types of opportunities AHEC can help provide.

Another important AHEC activity is the sponsorship of rural clinical rotations for medical, dental, nursing, allied health, and other health professions students. For instance, a medical student with The University of North Texas Health Science Center could do a six-week clinical rotation in Muenster under the direction of a local doctor and nurse practitioner. During his time there, the student might learn to like Muenster and develop a desire to return to the community following the completion of his training. Not only do statistics show that students tend to practice where they train, but I personally have spoken with students who had never spent time in a small town, loved their experience in one during an AHEC rotation, and decided to practice there or somewhere similar after they completed their training.

One final major task of AHEC is the sponsorship of continuing education (CE) programs for health professionals in rural areas, helping rural communities keep the doctors they already have. Such sponsorship is effective, because by bringing the CE programs to the practitioners, AHEC makes it easier for them to research and in remote areas and still meet the

Julie Rohmer Collins San Antonio, Texas

Opinion/Editorial

Medical privacy bill filed

Privacy of medical records has become a major concern of patients. Senate Bill 11 which was filel to address confidentiality would:

* prinibit using medical information for marketing purposes

* require that patients be informed as to how an entity is using their medical records, as well as having the means to correct incomplete medical records

* permit employers to have access to only non-individually identifiable, encrypted forms of medical information regarding their employees health care

* designate the Texas Attorney General's office to be responsible for identifying and setting forth-consistent and appropriate penalties for the unlawful release of information

* prohibit patient information other than data necessary for treatment or the payment of claims to be released by insurers unless patients "opt-in" with their consent

* allow non-identifiable personal medical information to be made available for public health and research efforts

* require the Legislature to establish a blue-ribbon privacy council to provide ongoing input on privacy matters.

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Supporters of the bill feel that having access to private medical information can be very profitable for some industries. Many have argued that there is the possibility of pharmaceutical companies creating relationships with doctors, nurses, pharmacists, or hospitals to use prescription records for marketing purposes. Another concern regards employers, especially those who provide their own health care plans, who currently have access to sensitive medical records.

Technology will soon give doctors the opportunity to completely computerize medical records. Many opponents of the privacy bill feel quick access to patient information by physicians can prove to be an invaluable time and life saving tool, especially in hospitals. If a patient is in a life threatening situation, a physician's ability to have access to medical information from any computer terminal could actually save lives.

This bill will most likely come befire the House of Representatives for debate and vote when the Session convenes in 2001. Iam interested in your opinion. Please write my Capitol office at P.O. Box 2910, Austin, TX 78768 with your comments on medical privacy as outlined in this bill.

State Representative Ron Clarks

State Representative Ron Clark
P.O. Box 2910
Austin, TX 78768-2910
(903) 893-9426 * (512) 463-0474
(512) 475-3767 (fax)
ron.clark@house.state.tx.us
http://www.grayson.edu/district62/RonClark.html

Dear Mr. Editor

I'm proud of our little towl of Muenster and I want to ask other Muensterites "Aren't you proud of Muenster too?" In our little corner of the world we have not one, but two award winning schools, some of the most talented and brilliant kids in America, a hard work ethic that speaks for iself, and an ingenious ability to survive against unspeakable odds. Just look at our fourding forefathers for example. Every bit of our 111 years of Muenster history reveals aspecial inherent trait of determination of character and strength of spirit. Maybet's spirituality that gives us our strengths, maybe it's just good genes, I don't know, butwhat I do know is that over time Muenster has always managed to pick itself back up from adversity, dust itself off, and jump back wholeheartedly into the fight to make itself he special place that it is – a great place to live and raise a family. What more could a mn ask for in a town?

But now Muensters faced with a new problem. We all know that the economy across America is showing igns of a slow down. Lay-offs are already taking place and I'm proud of our little town of Muenster and I want to ask other Muensterites "Aren't

What more could a mit ask for it a town:

But now Muensters faced with a new problem. We all know that the economy across America is showing igns of a slow down. Lay-offs are already taking place and Muenster is beginning to feel the effects. Yet our citizenry is increasingly becoming complacent in alloying our businesses and our town to fade away into oblivion! In the last 10 years Muester has lost 2 auto dealerships, 2 grocery stores, 4 clothing stores, 3 gas stations and he AMPI, to mention a few. Next is our wonderful Muenster Memorial Hospital. Althogh my hat is off to Mr. Jack Endres, his staff, and the MMH Board of Directors for minaging to keep the doors open this long, my German bull-headedness is going to enably me to stand firm against it's closure as long as I can. My father and all of your fathers, it the way, worked long and hard to afford this community with this wonderful wrking hospital. Not only does it represent our mortal survival here in Muenster it epresents to me Muenster's economic life-blood.

Here's th'trickle-down effect I foresee: Let's say hypothetically that our hospital district mees and we do close our hospital. The doctors leave Muenster taking their practices ith them. Why should they stay? They have no reason to do so. Now, the Hospital 175 employees leave Muenster to find employment elsewhere, lets say, in Gainesvie, taking their retail business from Muenster with them. They'll be buying their greeries in Gainesville (because it's more convenient), their gasoline, their hard goods ms, their meals, their daycare, possibly even housing, etc. The hospital and doctor will no longer be bringing in new out-of-town patients to Muenster, who used to

their greeries in Gainesville (because it's more convenient), their gasoline, their hard goods ems, their meals, their daycare, possibly even housing, etc. The hospital and doctor will no longer be bringing in new out-of-town patients to Muenster, who used to buy greeries, hard goods, gas, meals, etc. in Muenster. We've just taken two hits to our econony. Now the Muenster taxpayers are going to have to somehow make up this difference in tax loss—the 3rd hit to our economy, and so on and so on, not to mention the fact fat we'll no longer have any healthcare here in Muenster!

Her our Hospital Board of Directors failed to do an economic impact study on how the dising of our hospital will affect all of our city of Muenster? I'm not trying to incite angein anyone. I'm merely trying to foresee the true impact of such a closure. As a frienand a merchant, I am already dreading the loss of one of our valued physicians here Muenster. Dr. Margie York's eye clinic will be re-opening in Gainesville very show. Although happy for her success, I will miss our regularly shared visits, her

shoty. Although happy for her success, I will miss our regularly shared visits, her smi, and inspiration. But from a retailer's perspective, five of her employees go with hero Gainesville, along with their business, plus her patients' business also. Now miply that times Doctors' Advincula, Morrill, and Currier's offices, plus our satellite doors and their offices, which would also be leaving should the hospital close. Next ad all the hospital's employees, not to mention patients and visitors, and I'm losing a lot obusiness, and so is every other retailer in Muenster. And you, reader, as a taxpayer in Muenster, are going to have to somehow make up the loss to Muenster in sales taxes. I

on't relish this picture.

The question here is "What do we need to do?" Let's call for a vote on the merger

The question here is "What do we need to do?" Let's call for a vote on the merger sue. Let's keep our Hospital District!

It looks like the federal government has now recognized that they overshot and took too much money away from rural hospitals, and they are beginning to replace amounts needed to prevent more closures. Right now our hospital seems close to breaking even, before my tax money is needed. But we can't afford to lose any doctors. If we lose our hospita district, our town of Muenster takes a giant leap backwards for our future. Too much rd tape will in actuality keep us from ever having a viable hospital here again and what will that say for Muenster's future? What business would ever want to locate here then? Vhy are we so oblivious to what is taking place here? Where are the fighters, the moverand shakers of this community?! Did they ALL move away to find greener pasture? Well, I'm of the mind that things don't get any greener than right here in Muenser, TX. Let's keep it that way. We want a say in our future and the future of Muener Memorial Hospital. I propose a merger issue Vote! And my vote is AGAINST

the meger.

So it's take that "strength of character" that built Muenster and its people, pick ourseves up by the bootstraps, and jump back into the fight to save our hospital. At least keepur district so we have a fighting chance. I want to stay proud of Muenster so let's fightAS HARD to keep our hospital Open as they are fighting to Close it!

Peggy Grewing Crafty Olde German P.O. Box 41 Muenster, TX 76252



WATER TREATY SHOULD BE RECOGNIZED

SHOULD BE RECOGNIZED

I uch of Texas history, and much of our literature as well, can be summed up by the statement "Water is scarce." Countless stories outline the successes and frustrations of Texas' efforts to stake claim to an adequate supply of water to ensure a sustainable and prosperous future.

In few regions is his struggle more evident than in the Lower Rio Grande Valley, where a severe lack of water continues to threaten agriculture and the jobs it provides to valley residents. In addition to suffering from a protracted drought that has affected other areas of Texas as well, South Texas agricultural producers are not receiving their fair share of water from six Mexican tributaries of the Rio Grande, water to which they are entitled under the terms of a 1944 treaty with Mexico.

For nearly a half-century, the water treaty served Texas and Mexico well because both sides understood its importance. The treaty was intended to ensure water users on both sides of the river minimum amounts of water so they could manage their withdrawals and plan how it is to be used. The United States has scrupulously observed its treaty obligations for the Colorado River basin and provided Mexico with the amount of water to which it is entitled every year — an amount roughly equal to what Mexico owes us for the Lower Rio Grande.

As of the beginning of this year, Mexico owed Texas roughly 1.5 million acre-feet of water, a debt going back to

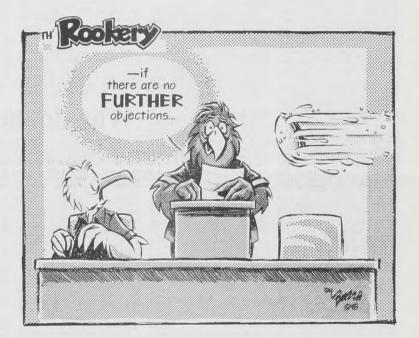
1992 (an acre-foot of water is the volume of water that covers one acre to a depth of one foot). For this reason South Texas: Falcon and Amistad reservoirs are at dangerously low levels. During the summer of 1998, water levels fell to 18 percent of capacity — the lowest in more than 40 years. The effects of the drought could be eased considerably if Mexico would make good on its treaty obligations. Recent studies by Texas A&M University and the Texas Water Development Board suggest the economic impact of Mexico's withholding of this water to be more than \$400 million annually. A continuing shortage could eventually jeopardize the health of local residents on top of crippling the valley's agriculture-based economy.

Last month I introduced a resolution in the Senate calling on the President to utilize the full powers of his soffice to require Mexico to comply with the terms of this treaty, and begin repaying the water it has impounded. It also calls on the U.S. Section of the International Boundary and Water Commission, which oversees the treaty's performance, not to accept anything less than full repayment of water in its attempt to negotiate a settlement of the dispute. A similar measure has been introduced in the U.S. House. I have met with the Mexican Ambassador to the United States to discuss this situation as well.

The U.S. government needs to make this a top priority. Not only has Mexico failed to present a plan to repay the water we're due for previous years, but so far, it has failed as well to present its plan to deliver us the water we are due in 2001 and 2002.

It is my hope that congressional passage of my resolution will impress officials on both sides that Mexico must structure a water repayment plan and do it quickly — before more farmers and ranchers in the valley lose their livelihoods. Consumers of our great South Texas citrus fruits will also be affected by a reduced supply.

Making certain we have an adequate water supply is critical to Texas and in particular to the Lower Rio Grande Valley



Clean the air, but don't clean out our wallets

Throughout America's history, the primary driving engine of ingenuity and resourcefulness in the face of seemingly insurmountable odds has been, not our government, but our small businesses. Yet, from time to time problems arise so profound and complex in their make-up that we turn to our elected officials and the bureaus and agencies cials, and the bureaus and agencie

up that we turn to our elected officials, and the bureaus and agencies they have established, for a common solution.

When this happens, the proper role of government is to ensure that all affected parties are consulted, and to be certain that a one-size-fits-all proposal that imposes unnecessary cost or hardship is not enacted. As the old saw goes, "first, do no harm."

As Texas tries to find ways to correct the problem of deteriorating air quality in this state, we are facing just such a decision point. The Texas Natural Resource Conservation Commission (TNRCC) is evaluating a proposal to require a special new coating to be applied to the coils of air conditioning units. It is not known whether the technology would actually help clean the air, and there would be no way for consumers to recoup the cost of the more expensive air conditioner.

Goodman Manufacturing - a Houston based manufacturing - a

Goodman Manufacturing - a douston based manufacturer of air onditioning units - has suggested



Texans be allowed to choose between the proposed coating technology and installing a higher efficiency air conditioning unit. This Consumer Choice proposal makes a great deal of sense because it addresses a known root cause of the air quality problem: energy consumption.

consumption.
Fossil fuel burning power plants are one of the major causes of air quality degradation in Texas. The more we can cut down on power consumption the less we pollute our air. Higher efficiency units use our air. Higher efficiency units use less electricity, so our air is cleaner. Moreover, this proposal allows consumers to recover the money they have invested in a solution. Because higher efficiency units mean lower electric bills for businesses and consumers, this idea will eventually pay for itself. People who opt to use the coating technology will pay an unrecoverable and in some cases enormous expense.

expense.
It is estimated the catalytic coil

coating technology will increase the cost of the average air conditioning unit by as much as \$1,000. While residential electricity consumers usually have only one unit, many businesses have multiple units — not to mention larger units that will require more of the catalytic coil coating. So it makes sense to give people an alternative. Doesn't it make more sense to give Texas citizens and businesses the choice of doing something that will actually reduce the energy their air conditioning units consume? Doesn't it make more sense to give people an option that allows them to eventually get the money back they put into it?

Small Businesses United of Texas endorses the Goodman Consumer Choice Proposal. It is clearly superior to the idea of a one-size-fits-all mandate. We urge the TNRCC to adopt the Choice Proposal. There is no reason not to allow us to pursue a reasonable and reliable solution to the problem air

allow us to pursue a reasonable and reliable solution to the problem air

David Pinkus is president of Small Business United of Texas, representing more than 8, 000 Texas small businesses. The non-profit business association is dedi-cated to involving small business owners in public policy decisions that affect small business.

Lifestyle

GMH offers January weight loss/exercise program

Gainesville Memorial Hospital (GMH) will be providing an opportunity to start the New Year off right with a January 2001 offering of its popular weight loss and exercise series.

Be Slender for Spring" is a four-week program, which features four workout sessions in GMH's first-class cardiac and pulmonary rehabilitation center, four healthy meals, four nutrition classes, four weeks of menus, 40 recipes and lots of great weight loss information and motivation.

Classes begin Wed., Jan. 10, and continue each Wednesday through Jan. 31. Participants arrive at the William F. Powell, M.D., Rehabilitation Center at Gainesville Memorial Hospital -dressed to work out -at 5:30 p.m. The 30 minute exercise session includes work on treadmills, stationary bicycles, and a variety of other exercise equipment.

Workouts are not supervised by medical staff and participation requires a physician waiver. All



Tommy Joe Dankesreiter is Texas Tech graduate

Tommy Joe Dankesreiter, son of Tom and Rosemary Dankesreiter, graduated from Texas Tech University on Dec. 16, 2000 with a Bachelor of Science degree in Chemical Engineering and double minor of Mathematics and Chemistry

Science degree in Chemical Engineering and double minor of Mathematics and Chemistry.

He was inducted by invitation into the "Order of the Engineer" which included commitment to the "Obligation" and receipt of an Engineer's Ring. The "Obligation" indicates acceptance of the Code of Ethics striving to contribute positively to humanity with one's whole being. It is voluntarily received for life.

Commencement activities were held at 9:00 a.m. on Dec. 16, 2000 presided over by Dr. David J. Schmidly, President of Texas Tech. Commencement speaker was The Honcrable Lyndon L. Olson Jr., U.S. Ambassador to Sweden.

Tommy Joe Dankesreiter served and 2000. Dankesreiter served and 2000. Dankesreiter served and 2000. Dankesreiter served and 2000. Dankesreiter served.

Dankesreiter is also a member of the MCHE National chapter ind a member of Gurus and Protegés in the Chemical Dept. al Texas Tech.

Attending commencement ceremonies were Rosenary and Tom Dankesreiter; Theresa M. Hermes of Lindsay; Dana and John Walterscheid and Anne, Sara, Abby, and Lora of Muerster; Eric and Cheramie Dankesreiter and Benjämin and Kathryn of Lewisville. Unable to attend were Amy and Zak Struxness and Erin of Aurora, Colorado and other local relatives.



NEW ARRIVALS

Koesler
Max and Cindy Koesler of Muenster announce with pride and joy the birth of a daughter, Stephanie Marie Koesler in Muenster Memorial Hospital on Dec. 30, 2000 at 8:08 a.m. weighing 6 lb. 7.9 oz. and measuring 20 inches in length. She joins a sister, Samantha Rose, age 17 months. Grandparents are Duwayne and Sharlene Schilling and Alfons and Mary Ann Koesler Great-grandparents are Charlie Wimmer, Caroline Schilling, and Ben and Gertie Voth. All are of Muenster.

Gonzales
Jesse Gonzales and Anita
Telles of Gainesville are
parents of a son, Brenden
Josef Gonzales born in
Muenster Memorial Hospital
on Dec. 19, 2000 at 2:10 a.m.
weighing 7 lb. 11.9 oz. and
measuring 21 inches long. He
joins a brother, Jesse Manuel
Gonzales age 3. Grandparents
are Jesse Gonzales and Jerri

GMH, Rotary to sponsor blood drive, Wed., Jan 10

The Texoma Regional Blood Center will be conducting a blood drive at Gainesville Memorial Hospital (GMH) on Wed., Jan. 10, from 7 a.m. to 5 p.m. The drive was rescheduled from its original date of Dec. 13 due to an ice storm that produced unsafed driving conditions.

The drive is sponsored by GMH and the Gainesville Rotary Club. The mobile unit team will be set up for blood donations in the Gerald Culwell Conference Center at GMH. The public is invited to participate.

For more information on the Lamkin L.S.W. at 665,981.

participate.

For more information on the

Gonzales and Nicholas Robledo and Debra Robledo all of Gainesville

Sainz
Victor Sainz and Maria
Menchaca of Gainesville
announce the birth of a son,
Juan Jose Sainz in Muenster
Memorial Hospital on Dec. 28,
2000 at 2:33 a.m. weighing 7
lb. 14 1/2 oz. and measuring 20
1/2 inches long. Grandparents
are Jose I. Menchaca and Dora
O. Menchaca and Juan Sainz
and Maria F. Verdin.

Christopher and Teresa Dooley of Gainesville announce the birth of a son, Logan Lane Dooley on Dec. 29, 2000 at 6:11 p.m. weighing 5 lb. 10 oz. and measuring 19 1/2 inches long in Muenster Memorial Hospital. He joins a sister, Savannah Dooley, age 17 months. Grandparents are Steve and Vee Dyke of Gainesville and Noel and Sherry Melton of Natchez, Mississippi.

DIALOGUE, an ongoing support group for cancer patients and their families and friends will meet Thursday, Jan. 11 at 7:00 p.m. at the Lindsay Health Clinic. For more information call Kelly Lamkin, L.S.W. at 665-9891.

Cooke County Republican Women hold meeting Jan. 4

The Cooke County
Republican Women held a
meeting at the Chamber of
Commerce Building in
Gainesville at 7 p.m.
Thursday, Jan. 4.
There were two guest
speakers. Brett Ringle of the
Hunt Corporation is an
attorney who was recently
involved in Palm Beach and
Broward County, Florida
during the vote recount for

President. He was also deposed for testifying before the Florida Supreme Court.

Why do they stay?

Slapping, hair-pulling, kicking, bitting...battered women relate a litany of abuse experienced at the hands of their intimate partners. The results are bruises, broken bones, black eyes, internal injuries, sometimes even death. Always there are broken hearts.

So why do women stay in an abusive relationship? Imagine, for a moment, your own family. Would you really want to walk out the door? Could you leave your family and friends? Where would you go? Could you, your children, stay at a friend's house for an indefinite time? What would the friends family have to say about that? Is there anywhere else that you could go?

When women are beaten by the person who promised to love and cherish them, what makes them stay for the second and third beating? Often the reasons are that they are afraid that no on will believe them, they will not have any where to go, no way to support themselves if they did leave, their partner keep all the money, the abuser

Preventing Unnecessary Use of Antibatics

Antibotics are strong medicines that can kill veteria.

They have saved many lives and prevented many from complications. However, antibiotics have no impact on viral inferions. Viruses caus most infections in children: all colds, all cass of croup, most fevers (95%), most sore throats (90%), and most cass of diarrhea an inferior (90%).

Bacterial infections are much less common that yiral infection Bacteria cause: most ear infections, most sinus infections, 10% of sor throats (strep throat), whooping cough (pertus s), and som

pneumonia.

Yellow nasal discharge is more likely to be a noral part of the recovery from a cold than a clue to a sinus infection. Now phlegm (sputum) is a normal part of a viral tracheitis or bronchitinot a sign of pneumonia. High fevers can be due to a virus or bacteria.

Another false belief is that children with colds need tibiotics to prevent ear or sinus infections. In most cases the antibioticus selects out a resistant germ to cause a secondary bacterial infectione's smarter to save the antibiotic for those children who go on to develop bacterial infection. After a cold, about 10% of children develop an eninfection and 1% develop a sinus infection. Why give antibiotics to the her 89% who don't need them?

509 NORTH MAPLE MUENSTER, TEXAS 759-2226

MMH FAMILY HEALTH CLINIC MMH LINDSAY HEALTH LINIC

EDD ADVINCULA, MD MARY K. ENDRES, FNP-C

Thank You John Meurer

Muenster State Bank thanks you for over 36 years of service to the bank, it's customers and the community.

Stop by Muenster State Bank on Friday, January 12th to wish John well and congratulate him on a well deserved retirement.



Your Locally Owned Bank that has continuously served and supported the individuals, organizations, schools and businesses of Muenster and the surrounding area since 1923.

"Where others have their branches, we have our roots."

Nortex



er Kiwanis recently presented \$1000 donations to Nancy (above), representing the Muenster Public Library, and Hesse, representing ABBA. The money was raised during ual Kiwanis pancake supper. Courtesy photo



Cub Scouts of Pack 664 welcomed Santa!

Dec. 11, the Cub Scouts joined together at the VFW for their Christmas party. They began with the flag salute, which was headed by Charla Taylor's den. Then Ben Bindel discussed the popcorn sales which was at its all time highest sales. The leaders congratulated the scouts on their hard work.

Next, they all sang a variety of Christmas songs. Santa arrived during the "Here Comes Santa Claus" song. Santa visited with each scout. The scouts received their Derby cars from Santa. The scouts also made a Christmas wreath ornament to take home for the tree.

Last, they finished off with awards passed out to each scout for their accomplishments and the Turkey Shoot. Then they all enjoyed cookies and cokes together as the party came to an end.





ACS launches smokers toll-free quitline

American Cancer Society (ACS), the leading authority on the dangers of smoking and the wisdom of quitting, has launched the Texas pilot of its Quitline service — a toll-free telephone support program offering state—of the—art smoking cessation counseling and self—help materials. The service, 1-877-YES-QUIT or 1—877-937-7848, is the latest in a statewide effort to eliminate tobacco—related illness, the single most preventable cause of disease and death.

Tobacco use is responsible for one—third of all new cancer cases and nearly 25,000
Texans will die from tobacco—related disease," said Larry Frankel, M.D., president of the ACS's Texas Division. "That is why it is critical that the ACS provide smokers a place to turn that has been scientifically proven to help them quit successfully."

With the Great American Smokeout on Nov. 16 and New Year's just around the corner, many smokers intend to quit smoking in the next few months, but very few have taken advantage of or are unwilling to undergo individual or group counseling. Recent research reveals that self—help messages do not have

much effect unless supplemented by professional support. In fact, studies show that smokers using telephone support and self-help advice are twice as likely to attain

are twice as likely to attain success.

To counter smokers' reluctance to engage in face-to-face individual or group counseling, the ACS's Quitline is easily accessible, offers confidentiality, and is free. If successful in Texas, the Quitlinewill be launched nationwide in 2001.

As part of the Texas pilot, the Quitline's clinically trained counselors will first assess each smoker's addiction level and determination to quit and

then provide self-help materials and/or techniques to best help the individual.

best help the individual.

All callers ready to make a serious quit attempt will be mailed a three-book packet that lends direct, real-life examples skill building exercises to help smokers progress through the three main steps in quitting; (1) Contemplation, (2) Preparation/Action and (3) Maintenance. Callers also may receive advice on a combination of cessation aids and self-help techniques, including medications, stress reduction techniques, and self-control skills.

Booklet offers list of most popular government giveaway programs

The Free Enterprise Institute in Washington, DC has just published a new booklet, "100 Most Popular Government Giveaway Programs". It includes information on how to take advantage of the most popular government giveaways. They have to know where to go and they have to know where to go and they have to ask for it. That is what this booklet is all about. It lists names and addresses and phone numbers of where consumers can take advantage of the top 100 government giveaway programs.

Popular listings in the booklet include: loans for entrepreneurs with no money; \$2,500 for college students for summer travel; free help on getting the best deal on a new

car; find a federal job with a phone call; \$20,000 to write a novel; get paid to travel and talk; free medications direct from drug companies; money for seniors to fix up their homes; seniors turn homes into cash machines; and students bet your congressman show you millions.

Consumers can receive an copy by sending \$5 to cover the cost of printing, postage and handling to: Free Enterprise Institute, 100 Most Popular Government Giveaways, Dept. 100GG1015, P. O. Box 96071, Washington, DC 20090-6071. Consumers can also get information by calling 202-595-1031 or the Free Enterprise Institute's web site: www.FreeEnterpriseInstitute.org.

Foster Grandparent training scheduled for Jan. 9-11

A Warm Thanks to

Our Customers

TXU Electric & Gas thanks our customers

We appreciate the heartwarming messages

and praise from customers when our crews arrived on the scene throughout the ice storm. TXU Electric & Gas is proud to be

your energy company and is committed to providing the most reliable electric service

possible. Our dedicated employees and contractors worked around the clock in

for their understanding and patience as we worked to restore electrical service

after the recent ice storm.

the cold and sleet for you.

Jan. 9 - 11 is the scheduled date for orientation and preservice training for new Foster Grandparents. The training will be held from 9 a m. to 3 p.m. at the Texoma Council of Government's office at 3201 Texoma Parkway, Sherman, Texas.

Foster Grandparents serve as mentors/tutors to "at-risk" children/youth in schools, day care centers and community

centers. They serve 20 hours per week and income qualified persons who are at least 60 years of age may receive a non-taxable stipend of \$2.55 per hour. This stipend does not affect any other benefits a person receives.

Anyone wishing to attend or need more information may call 903-813-3501 or 1-800-677-8264.

Spring Theatre classes offered

After an exciting trip to Hollywood and an opportunity to audit an incredible improvisational class with Bob Koherr (a director with the Drew Carrey Show), Butterfield Stage's Youth Theatre Director, Pat Adams, has new ideas and a new class for the 2001 Spring Semester Class Schedule. The classes designed for children and young adults will commence Jan. 8 and conclude with An Evening of Improv on Mar. 2. Slated for eight weeks, the classes seek to prepare today's youth for tomorrow's challenges by helping develop confidence, self-esteem, and communication skills through hands-on theatre experience.

Mrs. Adams, who joined Butterfield Stage as Youth Theatre Director in January of 1999 has a strong professional background in theatre and television and currently serves as the area auditioner for the

American Academy of Dramatic Arts in California and New York. Throughout the years, her students have been selected for principal roles in such television productions as The Day After, Dallas, As the World Turns, All My Children; CBS and ABC Afternoon Specials and Films Mack and Me and Love Hurts; and theatrical productions of South Pacific, The King and I, The Sound of Music, Annie, Peter Pan, and Oliver!.

Classes scheduled for the spring semester include: Creative Dramatics, for youth 6 - 8 years, to be held on Tuesdays from 4 - 5 p.m.; Young Performers, for youth 9 - 11 years, scheduled for Tuesdays from 5 - 6 p.m.; Teen Acting Class, for youth 12 years - young adult, to be conducted on Mondays from 4 - 5:30 p.m.; and Advanced Acting, based on instructor placement, to be conducted on Pacement, to be conducted on Instructor placement, to be conducted on placement, to be conducted on Instructor placement, to be conducted on Pacement, to be conducted on Pacement Pacement

Mondays from 5:30 - 7:00 p.m. Classes incorporate improvisation, seene work, and production skill enhancement. Class size is limited, so early registration is encouraged. Tuition is \$50 for BSP members and \$60 for nonmembers. A limited number of scholarships are available for those who might be restricted from participating due to monetary constraints. Registration for the spring semester began Jan. 2, and parents and guardians may register their child by mail (P.O. Box 251, Gainesville, TX 76241) or in person at the theatre (201 S. Denton) Monday - Friday from 10 a.m. - 1 p.m. and 2 - 4 p.m.

For more information concerning the spring theatre classes or to obtain a registration form, contact the theatre at 940/665-8152 or bsp@nortexinfo.net.

Health & Safety Tips Calcium supplements compared

Calcium is essential to help women prevent weak bones as they age, but most women don't get all the calcium they need from their diet. If you don't get the recommended daily intake of 1,000 to 1,500 milligrams of calcium daily from your diet, you should consider taking supplements to keep your bones strong,

of 1,000 to 1,500 milligrams of calcium daily from your diet, you should consider taking supplements to keep your bones strong.

There are many kinds of calcium supplements available. Doctors say you should consider your needs when choosing a supplement. The most common kind of calcium supplement is calcium carbonate. This kind of calcium can be highly concentrated, so you can get all you need in one dose. However, this kind of supplement may not be absorbed completely by some older people if they take it on an empty stomach. It's best to take this kind of supplement with a meal. Another is calcium citrate. This kind of calcium is absorbed more easily, and you don't have to take it with meals. It isn't very concentrated, so you have to take twice as many tablets every day to reach the recommended daily allowance of calcium. This can cause the supplement to be expensive.

Other supplements include calcium phosphate, lactate and gluconate, but these aren't very popular. They either aren't easily absorbed or they require multiple doses. Even if you're taking supplements, don't forget about calcium from your diet. Look for low-fat dairy products, like skim milk, fat-free cheeses and fat-free cyogurt.

Information supplied by UT Southwestern Medical Center at Dallas

GEORGE O'GRADY AGENCY Karol Thompson - Agent 1000 E. Division • 940-759-4571

Hillcrest Center Muenster, TX

Resolve to be realistic achieve their goals successfully. "Planning a process to achieve the resolution is critical," adds the TWU psychologist. Rosen suggests that resolution-makers follow these steps:

Promises, Promises:

After the holiday leftovers are gone, family members have returned to their homes and the beginning of a new year looms large, the rush to make resolutions begins. But making those New Year's resolutions should include realistic expectations and a plan that helps people reach their goals.

Most people make resolutions because they want to change something about themselves that they don't like, believes Dr. Don Rosen, director of the Counseling Center at Texas Woman's University.

"Any time is a good time for a person to make changes in his or her life. The new year often is convenient and makes a good starting point," says Rosen. "But making those resolutions and keeping them is one of the most difficult tasks for anyone to manage at the beginning of the new year. People also don't tend to think out their resolutions very well; instead, they tend to make impulsive decisions and rash goals. More than 60 percent of all resolutions are abandoned in the first quarter of the new year."

Resolutions also are difficult to keep if they are unrealistic.

in the first quarter of the new year."
Resolutions also are difficult to keep if they are unrealistic.
"People often expect instantaneous results. Change does not happen in a week, but in small increments over a period of time. Many folks don't realize this," explains Rosen. And keeping resolutions also is difficult because people fail to plan steps to help themselves

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psychologist.

Rosen suggests that resolution-makers follow these steps:

• Assess yourself. Look at your skills and use them to establish steps toward setting goals.

• Select resolutions based on small increments of achievement - have subgoals within goals.

• Keep a daily or weekly ledger or diary of your progress to help monitor behavior.

• Make a written contract with yourself, specifying the details of your steps.

• Reward yourself, but not excessively, with material items. Graciously accept and enjoy compliments and positive feedback from peers.

• Be patient with yourself. Often, people are their own worst critics.

If you revert to your old habits and don't reach your

goal:

• Admit and analyze your mistakes, and continue with the steps. Don't be overwhelmed by small setbacks.

• Seek help from others or those who are trying to accomplish the same thing.

• Join a support group or en

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	Chunk Light Tuna 2 FOR 89¢	Spam 120Z	1	10
		ASSORTED	51	79
	American Beauty . 2402. 99¢	Dinty Moore 14 0Z.	\$	99
	General Mills Cereal2 For	Spaghetti Sauce. 27,7-28 OZ.	\$	59
ı	15.25 OZ. HONEY NUT CHEX. 12 OZ. TOTAL, 15.25 OZ. BROWN	Franco American 147-15.2 oz.		7
	Tall Kitchen BagsIsct. 99¢	ASSORTED	5	Q¢
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ı		I LB. ZESTA	11	9
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Sports

Lady Eagles and Wildcats win Holiday Classic

chedule.
Nineteen teams participated, neluding Muenster, Sacred leart, Lindsay, Era, Valley fiew, Callisburg, Gainesville girls only), Nocona, Pilot oint, and Slidell.
On day four, Saturday, when ll 31 games were complete, he Valley View Lady Eagles nd the Calisburg Wildcats ook home the 2000 Holiday lassic championship trophies. The following is the game by ame coverage of the ournament compiled of what nformation made available.

DAY ONE
Callisburg 36 Lindsay 49
The Lady Knights of Lindsay pened the tournament around nid-day Wednesday, hallenged by the Callisburg ady Wildcats.
Led by Karah O'Dell's 25 yoints, the Lady Knights idvanced to the championship tracket. DeAnn Fuhrmann added 10, Amber Selby 5, Elaine Hess 4, Hannah Frammell 2, and a free throw each by Emmy Trammell, Alex Haayen, and Jacque Bezner.
Baily Brown was Callisburg's high scorer with 18 points.
C 2 12 14 8 36
L 13 16 7 13 49
Callisburg 34 Lindsay 31
The Wildcats squeezed a victory from the Knights in the tournament's second game.
Mitch Creed dropped in 8 points for Lindsay, Nicholas Fuhrmann added 6, with Brad Minnix and Chris Horner each scoring 4. Jonathan Bengfort put in 3, with Rhett Rimmer, Josh Goldsmith and another Knight each getting 2.
Brandon Smith led the Cats on the scoreboard with 14 points.

Alisha Walterscheld adding apiece.

Tasha Riffle led the Lady Leopards with 12 points.

M 8 7 7 14 36
G 15 11 10 11 47
Era 42 Pilot Point 62
The Lady Cats dominated the Lady Hornets of Era.
Mandy Darwin was high scorer for Pilot Point with 13 points.
Diana Howard led Era with 12.
E 11 9 2 20 42
PP 15 11 14 22 62

Diana Howard led Era with 12.

E 11 9 2 20 42

PP 15 11 14 22 62

Era 47 Pilot Point 73

The power shooting of the Bearcats was too strong for Era. Ricky Jackson scored 18 for Pilot Point and Josue Arizpe 14 for the Hornets to lead their teams in points.

E 9 10 12 16 47

PP 8 14 33 18 73

DAY TWO

Due to icy conditions, the

DP 8 14 33 18 73

DAY TWO

Due to icy conditions, the Valley View vs. Slidell contests scheduled for Wednesday night, were played early Thursday morning, changing the times of day two's games.

Valley View 60 Slidell 49

The Lady Eagles, led by McKenzi Meyer's 27 points, advanced into the championship round. Ashley Griffin scored 29 points to lead the Lady Greyhounds.

VY 15 16 14 15 60 S 15 15 10 9 49

Valley View 82 Slidell 105

The Greyhounds scored over the century mark after a high scoring first quarter. Josh Stubblefield put 42 points on the board for Slidell. Robert Dillin was high scorer for the Eagles with 16.

VY 20 24 16 22 82

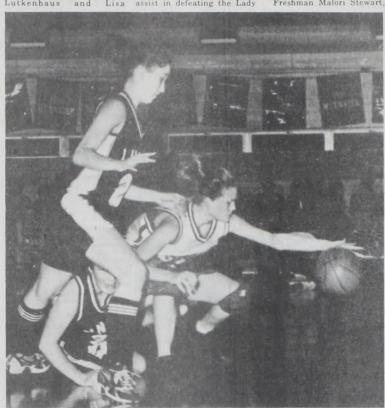
S 32 24 16 22 82

Felderhoff each getting 4.
Robyn Hermes and Brittany
Haverkamp each added 2.
Stephanie Shasteen led
Callisburg's scoring with 11
points.
M 4 0 12 15 31
C 9 10 10 10 39
Lindsay 60 Gainesville 40
Eight Lady Knights put
points on the score board to
assist in defeating the Lady

Freshman Malori Stewart,

tournament game. No other information was available.
Era 58 Slidell 44
The Era girls took a victory in round two action. Dianna Howard scored 18 points for the Lady Hornets while Ashley Griffin put in 28 for Slidell.
E 20 6 14 18 58
S 9 10 9 16 44
Era 67 Valley View 59
Hornet H.T. Crenshaw dropped in 23 points to lead Era in scoring. Chad Hardin put in 12 for the Eagles.
E 12 21 15 19 67
VV 17 16 14 12 59
Valley View 53
Pilot Point 47
Mandy Darwin scored 20
See CLASSIC, p.10

See CLASSIC, p.10



ey Bauer steals the ball from an unknown Lindsay player in the Classic's semi-final game, as Lady the DeeAnn Fuhrmann makes an attempt to get the ball back from the hustling Sacred Heart

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Villoughby put in 15 points in locona.

V 19 17 15 8 59

5 6 13 17 41

Muenster 34 Slidell 42

The Lady Hornets had a close battle with the Lady Hounds, but could not put in nough baskets to pull out a rictory in their third game of he tournament.

Melinda Walterscheid led all corers with 16 points. Ashley Glement added 6, with Ashley Hess and Lisa Felderhoff each coring 4. Brittany Haverkamp but in 3 and Kristie autkenhaus 1. tkenhaus 1.

Ashley Griffin scored 13 for idell.

11 6 5 12 34 9 11 12 10 42 Lindsay 42 Nocona 41



A missed 3 pointer at the nuzzer by Nocona gave the Knights a 1 point victory and dvanced Lindsay to the consolation game Saturday afternoon.

afternoon.
Rhett Rimmer was high scorer in the game with 12 points. Tommy Arendt and Brad Minnix each added 6. Jonathan Bengfort, Mitch Creed, Nicholas Fuhrmann, and Josh Goldsmith scored 4 apiece, and Chris Horner put in 2.

in 2.

Chico Cabrera led Nocona
with 11 points.

L 8 8 15 11 42
N 3 14 13 11 41
Pilot Point 54 Gainesville 39

Pilot Point 54 Gainesville 39
Mimi Bruce put in 20 points to
help the Lady Cats defeat the
Lady Leopards.
PP 9 17 8 20 54
G 17 6 10 6 39
Muenster 35 Pilot Point 80
The Hornets fell to the
Bearcats Friday evening in
their final tournament game.
Elliot Klement and Brett
Howell each scored 8 points for
Muenster. Chisam Cain added
5 with Colby Newton, Cody
Cory, and Mitch Endres each
getting 4 points. Greg Johnson
put in 2.

M 8 8 11 8 35
PP 20 21 22 17 80
Sacred Heart 50 Lindsay 37
In the Tigerettes second
game of the tournament, the
semi-finals, Sacred Heart was
able to out-score the Lady
Knights and advance to the
final championship game.
Nine Tigerettes contributed
points to the win, led by
Andrea Bauer with 11 points.
Jana Truebenbach added 6,

Audrey Barnhill 5, and Jayna Biffle 4. Jennifer Hoedebeck and Mary Jane Callahan each scored 2, while Courtney Hartman and Kristen Zimmerer put in a free throw

Hartman and Kristen Zimmerer put in a free throw apiece.

Karah O'Dell led Lindsay's scorers with 12 points. Elaine Hess scored 7, Jacque Bezner 5, and 4 each from DeAnn Fuhrmann and Maggie Luttmer. Emmy Trammell hit in 3 and Hannah Trammell 2.

This was a good win for us, said Coach Jon LeBrasseur. The girls did a great job in the execution of the game plan.

SH 15 9 16 10 50 L 9 8 14 6 37 Sacred Heart??

Callisburg??

In semi-final boys action, information was not available.

DAY FOUR

Saturday morning action began with the Lady Cats of Callisburg and the Lady Hounds of Slidell. No other information was available.

Valley View 57 Nocona 48

Jed Trice scored 13 points in the Eagles final game of the tournament.

the Eagles final game of the tournament
VV 11 16 13 17 57
N 14 8 10 16 48
Era 55 Nocona 50
The Lady Hornets led by Diana Howard and Kinsey Boyd baskets finished the Classic with a win.
E 19 16 8 12 50
N 18 4 16 12 50
Era 55 Lindsay 39





Brad Minnix knocks the ball away from a Nocona player in the Knights battle with the Indians. Photo by Janie Hartman

Greg Johnson pulls down a rebound during the Hornets' first tournament game. Also pictured are Muenster players Eliot Klement and Chisam Cain. Photo by Janie Hartman

ALL TOURNAMENT
BOYS: Josh Stubblefield,
Slidell; Josh Aljoe and Josue
Arizpe, Era; Daniel Ford,
Valley View; Rickey Jackson
and Brad Hale, Pilot Point.
GIRLS: MVP, Mandy
Darwin, Pilot Point; Karah
O'Dell, Lindsay; Andrea Bauer
and Raney Bauer, Sacred
Heart; Kinsey Boyd, Era.
OUTSTANDING
SOPHOMORES: Raney Bauer,
Sacred Heart and Brad Hall,
Pilot Point.
ACADEMIC ALL STAR:
Johnny Yosten, Sacred Heart.



Biffle, Marty Farrell, Jared Zimmerer Classic tournament.

The Hornets took the consolation prize led by Josue Arizpe's 13 points.

Tommy Arendt was high scorer for the Knights with 11 points, Josh Goldsmith added 8, Rhett Rimmer 6, with Mitch Creed and Jon Bengfort each scoring 4. Chuck Hinds, Chris Horner, and Nicholas Fuhrmann added 2 points apiece.

L 8 10 10 11 39

E 10 14 16 15 55

Lindsay 44 Pilot Point 59

The Lady 'Cats took third place in afternoon action.

Karah O'Dell led all scorers with 23 points. DeeAnn Fuhrmann added 13 and Elaine Hess, Maggie Luttmer, Jacque Bezner, and Emmy Trammell scored 2 apiece.

Mandy Darwin was the Cats high scorer with 20.

L 10 8 18 8 44

PP 17 20 11 11 59

L 10 8 18 8 44 PP 17 20 11 11 59

Pilot Point 91
Sacred Heart 58
The Tigers fell to the Bearcats in the third place contest.
Johnny Yosten put in 17 points for Sacred Heart, with Marty Farrell adding 13, Jeff Hartman 7, Jack Biffle 5, and 4 apiece from Daniel Bartush, Luke Endres, and Clint Fuhrmann. Jared Zimmerer and Keith Felderhoff scored 2 each.

SH 17 12 18 11 58 PP 25 17 19 30 91

Sacred Heart 54
Valley View 57
In the girls championship game, the Tigerettes fell to the Lady Eagles in a hard fought, overtime contest.
"I am very pleased with the girls, as we never gave up," commented Coach LeBrasseur.
Down by 10, the Tigerettes came back to tie the game, then had a 4 point lead in overtime, only to have Valley View hit two 3s and take the win.

View hit two 3s and take the win.

Raney and Andrea Bauer were high scorers in the game with 15 points each. Audrey Barnhill added 6, Courtney Hartman and Jana Truebenbach 5 each. Jennifer Hoedebeck put in 4, Jayna Biffle 2, and 1 apiece from Karen Gehrig and Mary Jane Callahan.

Nichole Mahan was high scorer for Valley View with 14 points.

SH 8 15 10 13 8 54 VV 13 15 13 5 11 57

Callisburg 64 Slidell 45

The Wildcats had a big win over the Greyhounds to take the Classic championship trophy. No other information was available.

JV Action



Sacred Heart defeated in two games, 62-61 and 55-44

Five free throws and three 3s by Slidell's Ashley Griffin in the final quarter sealed the Tigerette defeat at Slidell on Dec. 20. Griffin's 32 game points led the Lady Greyhounds to the 61-62 final. Sacred Heart led by 8 points with three minutes to play, but could not hold on to the lead.

We had too many mental errors down the stretch, noted Tigerette Coach Jonn LeBrasseur. "We're still looking for a defensive stopper."

Raney Bauer was high scorer for Sacred Heart with 16 points. Andrea Bauer followed with 15 and a season high 17 rebounds. Jayna Biffle dropped in 10 points, Jana Truebenbach 6, Jennifer Hoedebeck 4, and 3 each by Audrey Barnhill and

Hornets sting Cowboys

The Muenster Hornets traveled to Bryson Tuesdaynight and brought home a 5430 victory.

After a tied, low-scoring first period, Muenster took a 10 point lead into the locker at half-time. A commanding 22-5 fourth quarter clinched the win.

Chisam Cain was the game's high scorer with 18 points, 12 coming in the final period. Mitch Endres added 15, Greg Johnson 10, Elliot Klement 6, Brett Howell 3, and Chris Grewing 2.

Texas Game Warden Field Notes

If nothing else, poachers are persistent. But they aren't always the brightest bulbs on the tree, as the following excerpts from recent Texas game warden field reports confirm.

But I'm on Your Side

When two men were caught recently netting shrimp in a closed nursery area at night, one thought he had concocted the perfect story to get them out of trouble. He told the game warden that he was working undercover for Operation Game Thief to report the names of other violators. The warden explained to him that he was not authorized to violate the law in order to get information for Operation Game Thief. As the warden radioed to check for warrants, the man grabbed handfuls of the seized shrimp and scattered them into the high grass. Two men parked next to the warden's patrol truck witnessed the entire exchange. Cases against the poachers are pending.

A West Texas resident called the local game warden to report that his neighbor was trapping quail. The warden located the trap, and after a brief investigation the homeowner admitted to trapping 10 quail the previous day. The man also produced quail that were still frying in a skillet in his kitchen and one live quail that were still frying in a skillet in his kitchen and one live quail that was being kept as a pet.

The late night special came in the form of a 2 a.m. call to a Fort Bend County game warden reporting possible deer hunting. A sheriff's deputy had responded twice earlier in the evening to calls about teenagers hunting in a subdivision but was unable to locate a gun in the suspects' vehicle. The game warden received the names of the teenagers and investigated further. Two days later he spoke with one of the teenagers and received a full confession about the poaching and where to find the evidence. Upon arriving at the second teenager's house, the warden found processed deer meat wrapped in the freezer. He also noticed steaming hot ribs just out of the oven. The meat and the boys were loaded into the warden's truck and driven to the third teenager's house. The head of the buck was found there, along with the remaining pieces of deer meat marinating in preparation for cooking. Pending charges include hunting deer in closed

season and possession of deer in closed season.

The Eyes of Texas (Game Wardens) Are Upon You

Not realizing that hunters in their blinds were watching his every move, a man was caught shooting two turkeys from a county road in Wheeler County. Upon further investigation, the game warden found that the poacher had also exceeded the bag limit on white-tailed doe deer and was attempting to use someone else's deer tags.

A South Texas warden arrested two groups of hunters in one week during mid October. The first group involved two hunting-lease holders and their camp manager hunting mourning doves over a baited tank. The second group consisted of a landowner and four of his friends hunting mourning doves without licenses. The landowner had advised his friends that they did not have to have a license to hunt on his land because the game warden never came on his property. It both cases, the violator; thought they were far enough away from a public road that their shots would not be heard and they would not be checked. A new deer decoy nearly paid for itself on its second trip out. Brazoria County game wardens saw four men shoot at the decoy close to midnigh near the Fort Bend County line. Two were apprehended at the scene and two fled through the brush. The next day the wardens arrested the other two at their homes, sure that they had the right mer because of the many tell-tale scratches they received running through the brush.

on a public road.

The Old 'Wait Until the Game Warden's Out o, Town' Trick

In late October, the Dickens County game warden received information that a deer had been taken illegally while he was out of town. After ar investigation and interviews the warden filed on three people for taking white-tailed deer in closed season. All three pleaded guilty and were assessed fines of \$500 each.



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School News

Muenster ISD Band Director attends convention in Chicago

Band Director Jerry Everett
f Muenster ISD, recently
rent to Chicago for the
lidwest Band Director
onvention. During his stay,
e went to classes and
ttended performances of
everal of the nation's top
ands. The Eastman School of
Ausic Wind Ensemble, The
limited States Navy Band, and
the West Point Academy Band,
lave performances. The
kcademy Band is the oldest
ontinuing Military Band in
he United States; the band's
listory can be traced back to
778 during the Revolutionary
Var.

Mr. Everett also attended
eminars during the day; these
thesa music educators alive
today.

Texas was well represented
at the convention, with a
performance of the L.V.
Berkner Symphonic Band from
Richardson and guest clinician
Rodney Bennett from Munday.
Mr. Everett thought the worst
part of the trip was the
weather, since the wind chill
temperature dipped to 27
below zero. However, one thing
he recommends to put on your
'to do' list if you ever get to
Chicago is to eat some pizza.
He stated, 'The crust was five
inches thick and tasted better
than any I had ever had."

Grants available for Catholic Elementary Schools

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"Catholic Life Insurance understands the importance of Catholic education," said Barbara A. Cheaney, vice president of communications. "In the past six years we have awarded 41 schools a total of \$82,000, and we look forward to helping seven more schools in 2001."

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Health & Safety Tips

Health & Safety Tips

Kids love sweets

How can you limit the sweets your children eat without going to the extreme?

Pediatricians say it's natural for children to like sweets. Different taste buds develop at different times, and the taste buds that sense sweetness provide a very positive feeling for small children. Children need some sugar in their diets for energy, but that doesn't mean they should indulge in candy all the time. Kids who develop a taste for sweets instead of more nutritious food may develop weight problems if they don't burn up the extra calories through activity. Sugar can also lead to tooth decay and gum problems.

Candy isn't the only source of sugar in kids' diets. You'll find added sugar in snacks, soft drinks, juice drinks, and cereal. The new nutrition labels found on packaged foods make it easy to find the sugar content of foods, but the labels don't distinguish between sugar naturally found in foods and added sugar. As a result, wholesome foods like milk appear to be high in sugar, even though no sugar is added to milk. You don't have to eliminate sugar from children's diets, unless a child has a specific health condition that requires sugar restriction. Just limit sugary treats to one or two a week. Offer naturally sweet foods like fruits as an alternative dessert. Make sure kids brush their teeth soon after eating sweet snacks.

Information supplied by UT Southwestern Medical Center at Dallas

sweet snacks.

Information supplied by UT Southwestern Medical Center at Dalla

holiday spirit with community

Muenster FCCLA shares

The month of December was a very busy time for the Muenster High School FCCLA Chapter. Holiday activities began with a gathering at Saint Richard's Villa after Thanksgiving. Members visited with patients and decorated the door of each patient in a Christmas theme.

On Dec. 6 a meal was served to the Muenster High School faculty, staff, school board members, and all FCCLA members. The meal consisted of smoked beef and ham, cheesy potatoes, green beans, homemade bread, and four layer dessert. All of the food was prepared by Food Science students except for the beef and ham which was smoked by Mike Sturm, husband of FCCLA sponsor, Joni Sturm. Each member brought a canned food item as admission to the meal. The donated foods were then delivered to Muenster Baptist Church for their holiday food basket mission.

The organization also participated in the Cooke County Little Angel project by sponsoring a boy and girl for Christmas gifts of clothing and a toy. These items and the food for the meal were purchased with profit from their annual Christmas gifts fund-raiser.

The final holiday activity occurred Dec. 17, when some of the members met for the annual Christmas caroling party. Members went to Muenster Memorial Hospital to sing Christmas carols to the patients. They also brought Christmas treats to the patients and family members. After their visit, the members enjoyed refreshments and participated in a gift exchange in the home of Mrs. Sturm.

Muenster FCCLA appreciates all supporters of the annual fund-raiser, and also Terri Luke of Ace Hardware for the donation of items used to decorate at Saint Richard's Villa.

Green Tips

Fact: Fuel efficiency decreases the emissions causing global warming! Check the air in your tires! Under inflated tires can increase fuel consumption by up to 8%, costing you money on gas and increasing pollution and smog. Tip: Keep your tires balanced, rotated, well aligned and properly inflated and they will perform better on the road and increase fuel efficiency.

School Lunch Menus

WEEK OF JAN. 8 - 12 SACRED HEART

WEEK OF JAN. 8-12
SACRED HEART
S.NA.P. MENUS
Mon. Toasted cheese
sandwiches, tomato soup,
celery, apples.
Tues. - Crispitos, lettuce,
green beans, fruit.
Wed. - Chicken noodle
casserole, peas and carrots,
lettuce, fruit, garlic toast.
Thurs. - Salisbury steaks,
potatoes, corn, cinnamon
apples, bread.
Fri. - Pizza, black-eyed peas,
lettuce, fruit.
MUENSTER ISD
Mon. - Hot dogs w/chili and
cheese, pinto beans, potato

MUENSTER ISD Mon. - Hot dogs w/chili and cheese, pinto beans, potato wedges, pineapple tidbits, brownies.

wedges, pineapple tidbits, brownies.

Tues. - Chicken nuggets, creamed potatoes w/gravy, black-eyed peas, pears, hot rolls.

Wed. - Ham and cheese sandwiches, lettuce and tomatoes, carrot sticks, chips, oranges, cookies.

Thurs. - Spaghetti w/meat sauce, lettuce salad w/dressing, green beans, peaches, hot rolls.

Fri. - Barbecue sandwiches, French fries, pork and beans, pickles and onions, applesauce,

LINDSAY ISD

LINDSAY ISD

Mon. - Burritos, refried beans, bread, applesauce, pineapple.

Tues. - Lemon pepper chicken, potato salad, peaches, corn, bread.

Wed. - Turkey and noodles, salad, broccoli and cheese, bread, pears.

Thurs. - Meat loaf, new potatoes, green beans, bread, mixed fruit.

Fri. - Chicken sandwich, French fries, pickles, oranges.

French fries, pickles, oranges.

ERA ISD

Mon. - Fish sticks or mini corn dogs, sliced pears, tossed salad, macaroni and cheese.

Tues. - Soft tacos, trimmings, pinto beans, cornbread.

Wed. - Country fried pork steak or beef steak fingers, tossed salad, mashed potatoes, gravy, strawberry applesauce, hot roll.

Thurs. - Baked potato w/ground beef, shredded cheese, mixed fruit, tossed salad, breadstick.

Fri. - Hamburgers, sliced cheese, trimmings, French fries, ice cream.

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Cox asks county for legal help on zoning commission

by Janet Felderhoff
"We have got to have some legal help," pled Commissioner Bill Cox on behalf of the Lake Ray Roberts' Zoning Commission. "What's happening now, it seems like any subdivision or any changes that are going on it seems that the subdivider hires an attorney. They have an attorney on that side and we have no legal help what so ever." Cox noted that Denton County has an assistant district attorney at all meetings of subdivisions and their Lake Ray Roberts Zoning Board, plus they have two employees there at all times.

"We've got to do something

"We've got to do something in Cooke County or we're going to get ourselves in a big bind with a lawsuit," said Cox. He added that he'd gone to the county attorney's office seeking help and didn't get much assistance. "If we can't get the county attorney or the assistant DA, we're going to have to try to hire an attorney on an hourly basis type thing," Cox said.

Denton County had

Denton, Grayson, and Cooke counties joining in the effort. Grayson County declined because there is no great growth activity in that area at this time.

Cooke County Judge Bill Harris said he would like to see the zoning boards of Cooke and Denton counties joined. He agreed to talk to Denton County's judge about the possibility.

county s judge about the possibility.

Members of Commissioners Court were unanimous in their decision to authorize participation in County Choice Silver Insurance for retired county employees. It is a Medicare supplement from Blue Choice. There will be no expense to the county as the insured retiree will pay the premium directly to the insurance company. Only retired employees over 65 years of age are affected.

County Treasurer Judy Hunter was presented with a certificate of achievement for 40 hours of Investment Education. Judge Harris made the presentation at the Tuesday, Dec. 26 meeting of

commissioners Court to present you with this," he told Hunter.

Hunter had earned the designation of certified County Investment Officer (CIO) by attending formal instructions, successfully completing a comprehensive examination, and continuing to advance her professional competency through ongoing education. About 40 percent of Texas counties have certified investment officers.

Hunter said that the certification helps to enlighten her on new things in investment that the Commissioners Court might want to consider investing in. In other business conducted at the Dec. 26 meeting Commissioners Court:

Approved requested line item budget amendments.

Approved public official bonds for Anthony Ward, Terry Gilbert, and Taylor Vestal.

Approved and filed minutes of the Dec. 14, 2000 Lake Ray Roberts' Planning and Zoning minutes.



Soil and Water Conservation Districts support water rights granted under Texas Water Code

Directors representing Texas' 216 Soil and Water Conservation Districts (SWCDs) recently passed a resolution supporting protection of certain water rights within the Texas Water Code.

rights within the Texas Water Code.

Referred to as the "junior water rights" provision, Texas Water Code Section 11.085 (s) and (t) provides safeguards to protect permitted water users against inter-basin water transfers during times of water shortage.

"What this means is that inter-basin transfers of water cannot supersede the rights of water rights holders in the basin of origin," said James Moore, director of conservation programs, Texas State Soil and Water Conservation Board.

"As the damped for surface."

more, director of conservation programs, Texas State Soil and Water Conservation Board.

"As the demand for surface water is growing dramatically, there are more proposed sales of water rights permits to municipalities and industries that would transfer water outside the water basin," said W.S. Edwards, chairman of the Trinity Bay SWCD.

Current Texas law mandates that all water subject to inter-basin transfers would be junior in priority to all existing water rights within that originating basin. When water rights are sold to a new entity for inter-basin transfer, the new entity becomes junior to all older permit holders on that watercourse. During times of water shortage, all obligations to permit holders within the basin would be fulfilled before any water could be transferred out of the basin.

"This resolution is intended to ensure that agricultural interests are given fair consideration by future changes to the junior water rights provision," Edwards said.

Efforts in the Texas

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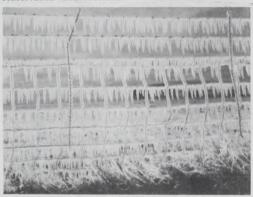
activity in the state. Currently, thousands of acre-feet of surface water are pumped each year from rivers, streams, and bayous for cropland irrigation and livestock

activity in the state. Currently, thousands of acre-feet of surface water are pumped each year from rivers, streams, and bayous for cropland irrigation and livestock purposes.

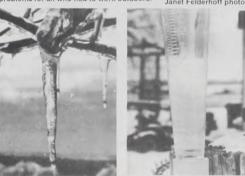
SWCDs are responsible for promoting and carrying out a conservation program by assisting landowners and operators plan, apply, and maintain appropriate conservation and resource

SWCDs have effectively administered conservation of conservation practices.

Approximately 1,000 SWCD directors and other conservation leaders attended the 66th Annual State Meeting of District Directors, held Oct. 2-4, in Fort Worth.



Janet Felderhoff photo



Combs: "Don't get burned when buying firewood."

A roaring fire in the fireplace may be just what's needed during this bitterly cold Texas weather. But in the rush to keep the home fires burning. Agriculture Commissioner Susan Combs says some consumers may be getting short-changed because they don't know how much firewood they are buying.

"By law, firewood can only be sold by the cord or by fractions of a cord," Combs said. "Anything else and consumers may be getting burned."

A standard cord of firewood is 128 cubic feet of wood, generally a pile measuring 8 feet long by 4 feet tall by 4 feet clong by 4 feet tall by 4 feet deep. The wood should be placed in a line or row with individual pieces of wood touching and parallel to each other. The cord of wood should be compact.

Other units, such as "rick," truckload," "face cord," "rack," or "pile," are not legitimate measurements, and people have no way of determining how much firewood they are actually receiving.

If you think you have been short-changed, contact your Texa's Department of Agriculture regional office or TDA's Weights and Measures Program at 512-463-7483 or 1-800-TELL-TDA (835-5832).

Duane Knabe. C.P.A.

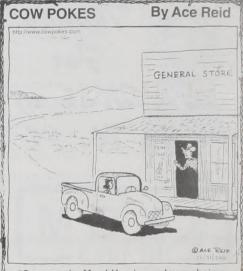
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Farm & Ranch

Texas poised to become hub for ag exports

"Texas is poised to become the hub of agricultural export trade because of its geographic location, but will only be successful if farmers and ranchers become 'export ready," State Agriculture Commissioner Susan Combs told participants at the International Agricultural Trade Summit, held Nov. 14-15 in Houston.

From improvements to

International Agricultural Trade Summit, held Nov. 14-15 in Houston.

From improvements to Texas highways to adding more value to agricultural goods produced in the state, producers and agri-business leaders came away from the summit armed with new strategies to strengthen Texas role in world export markets.

"We are next to Mexico, on an East Coast access and we are dead-smack in the middle of the country," Combs emphasized. "We are poised to be the center for transportation, transhipping and the first points of entry, but it's going to take a certain amount of intellectual maturing for us to realize how widely situated we are."

Texas has a powerful selling mystique, Combs said. Texas producers need to brand their products, so consumers will recognize them.

She noted that Texas is the sixth-leading state in total agricultural exports behind California, Iowa, Nebraska, Kansas and Illinois. Texas ranks No. 2 in total agricultural revenue and No. 3 in live animal and red meat exports behind Nebraska and Kansas.

"We can do better," Combs aid "We need to do better," Combs aid "We need to do better," Combs aid.

Ransas.

"We can do better," Combs said. "We need to do better not just in all commodities, but the whole process."

The keynote address of the summit was given by Dr. Norman Borlaug, the 1970 Nobel Peace Prize winner. He was recognized for developing broadly-adapted, high-yielding, rust-resistant wheat varieties and integrated improved crop management practices that helped feed the hungry in Third World countries.

Though biotechnology hasn't come without controversy, Borlaug said individuals "shouldn't be afraid of change. There is an anti-science movement, but this is mostly because of ignorance."

Borlaug said individuals "shouldn't be afraid of change. There is an anti-science movement, but this is mostly because of ignorance."

Borlaug said these views have been drawn mainly because of a lack of education, and he made a plea for increased educational efforts by both universities and the news media so a better understanding of biotechnology can take place.

New technology will help increase food production for the future, Borlaug said, expressing certainty that enough food will be available to feed the population in the next 25 years. But, he warned, that will come only "if we can continue to build technology and add to it."

Gus Schumacher, United States Department of Agriculture Under Secretary for Foreign Agriculture Service, highlighted several landmark events that have helped the United States

DIFFICULTY ON IMMUNITY

Dystocia (difficult birth) results in several adverse affects. Calves from difficult births tend to be weaker and death losses are higher. Also, cows experiencing dystocia tend to be slower in returning to heat, so calving intervals tend to be extended. Now some researchers in Poland report that calves from difficult births have lower levels of blood components involved in immunity, resulting in higher incidence of sickness.

export more agricultural goods, particularly the North Atlantic Free Trade Agreement.

"I think it's the unsung story," Schumacher said. There was a lot of grouchiness at first, but in fact, it's been one of the better success stories. We had \$14 billion in exports and it's created a lot of jobs. Here shortly, we will be an exporting force to Mexico, more so than we are to the European Union."

Summit participants spent part of the two-day process in a workshop setting, developing new ideas and strategies that could help Texas farmers and ranchers better market their products produced in the state. Of the several key issues identified at the summit, they included:

I dentify value-added, processing and marketing

opportunities.

• Enhance e-commerce and improve the connection to rural areas.

• Take advantage of Texas' image to better market

Take advantage of Texas image to better market products.

Increase the emphasis placed on the science and education of GMOs.

Form a better understanding of agricultural markets for each country.

Increase funding for marketing programs.

Develop joint global marketing programs.

Agriculture in the United States and Texas has become increasingly dependent on trade during the last decade. Total U.S. agricultural exports in 1999 reached \$49 billion, generating \$90 billion in economic activity and accounting for 750,000 jobs.

Emergency farm loans available to Texas farmers

U.S. Agriculture Secretary
Dan Glickman announced the
availability of U.S.D.A.
emergency farm loans to
farmers and producers all over
Texas, due to losses caused by
drought, excessive heat, and
other disasters occurring over
the past year. Glickman
formally declared the entire
state of Texas an agriculture
disaster area.
Since 1995, Texas farmers
and ranchers have lost more
than \$5.5 billion.
Between now and August
2001, qualified Texas farmers
and ranchers may apply for
low-interest emergency loans
to help cover part of their
actual losses through their
local Farm Service Agency
(F.S.A.) County Service
Center. Each loan application
will be considered on its own

merits, taking into consideration the extent of each loss, security availability, repayment ability, and other eligibility requirements.

This disaster designation also enables farmers and ranchers to apply for the federal livestock assistance program and the "linked-deposit" loans program offered by the Texas Department of Agriculture (T.D.A.). The federal livestock assistance program offers cost-sharing to cover feed expenses whereas the T.D.A. "linked-deposit" loan program allows commercial lenders to make low-interest loans.

Interested producers need to contact their local F.S.A. offices for further information on eligibility requirements and application procedures.

County Agent's Report by Craig Rosenbaum

4-H FITTING AND SHOWING WORKSHOP

4-H FITTING AND SHOWING
WORKSHOP
4-H members planning to exhibit beef, goat, sheep, swine, or rabbit projects at the upcoming livestock shows will want to attend a workshop on fitting and showing on Thursday, January 18, 2001 from 6:00-8:00 P.M. at the Cooke County Fairgrounds located on Hwy. 82 near Gainesville.
4-H leaders will work with the youth on fine tuning their showmanship techniques. Time will be allotted for questions and answers. A session on Character Building with Livestock Projects will also be held. If you plan to attend, call and pre-register at the Cooke County Extension Office, (940)668-5412.

AG MARKETING CLUB

AG MARKETING CLUB
The 2001 Agricultural Market-

AG MARKE ING CLUB
The 2001 Agricultural Marketing Club meetings will begin on Tuesday, January 9, 2001 at 7:00
P.M. at the Farm Bureau building located on Hwy. 82 in Gainesville. This meeting will feature Cindy Tilton, commodities specialist with Martindale Feed Mill. Cindy will cover current and future price trends in wheat, feed grains, and feeder cattle. The Ag Marketing Club meets on the second and fourth Tuesday nights from January through April. Topics covered are the marketing options available to cover price risks in agricultural commodities. Producers are invited to attend.

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IS BRUCELLOSIS REALLY ABOUT WHIPPED?
ACCORDING to information from Dr. Buddy Faries, Texas A&M Extension Veterinarian, there are only two herds in the United States, one in Texas and one in Florida, currently under quarantine for brucellosis. Forty six states are officially certified free, and Oklahoma and Missouri are close to achieving that status. Those of you who have been around for awhile know that control programs for brucellosis have been going on for well over 30 years. Can it really be that this disease is about to be a thing of the past? Not likely. No doubt there still are infected animals out there which have not been identified. But at least we're not experiencing the widespread incidence of the disease and the economic losses that once prevailed.

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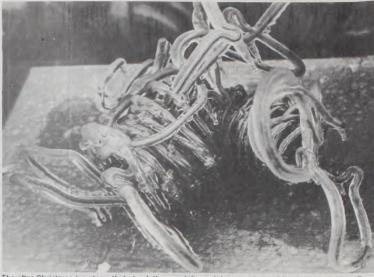
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John Bartush 759-4052



after Christmas ice storm that struck the area left much beauty, along with left outside during the freezing mist was structured with layers of ice, w es. The above item can usually be found on any farm or ranch. Can't figure o und in the box at the bottom of this page.

Chapter 12 extension left unfinished

Farmers facing hard times are left without the option of filing Chapter 12 bankruptcy, due to unfinished business by Congress. "Chapter 12 provisions guide bankruptcy procedures for farm and ranch estates," said Wes Sims, Texas Farmers Union President.

Chapter 12 authorization expired on July 1, 2000. The provision has had bipartisan support in the past, and was included in a larger bankruptcy bill passed by Congress last month. However, President Clinton has warned that he will veto the comprehensive bill, since sections of the bill, unrelated to Chapter 12, weaken consumer protection.

A number of farm and ranch groups wrote a letter Congress on Nov. 13 urging members to pass legislation to reauthorize Chapter 12 before adjourning. However, while the House passed a separate extension before adjourning, the Senate was unable to agree to the extension.

"Reauthorization of Chapter 12 must be a top priority for

members of Congress when they return," "We have heard from many producers who are in dire financial straits and who were counting on Congress to restore Chapter 12 this year," stated Sims
Chapter 12, the Family Farmer Bankruptcy Act of 1986, was originally enacted as a response to the farm crisis of the 1980s that caused a large number of farm failures. It allows farmers and ranchers to

Farmer responsible for contract

A Kansas farmer contracted to sell his corn to a local elevator. A freeze damaged the crop, so he couldn't ful-fill the contract with his own production. The elevator deducted the amount he still owed from the payment for the grain he did sell them.

The farmer then sued the elevator, claiming the freeze was an excuse for not having to fill the contract amount.

The Kansas Supreme Court disagreed, stating the freeze



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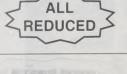
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