

Town troubled over loss of local hospital

by Janet Felderhoff

More than 120 people of varying ages and opinions filled the Muenster ISD auditorium Monday night. Their purpose was to discuss the proposed merger of the Muenster and Gainesville hospital districts. Conducting the event was the administration and board of the Muenster Memorial Hospital and Gainesville Memorial Hospital Public Relations person Gayla Blanton and Keith King of Marketing. Also attending was GMH Board President David Hutcherson.

Muenster Memorial Hospital Administrator Jack Endres delivered a slide presentation explaining why a new hospital was needed, where it would be built, how it would be paid for and what they felt the advantages would be to the residents of Cooke County.

"Certainly the presence in Muenster is not going to go away," stated Endres. "What we have in mind for Muenster is more of an urgent care center, a comprehensive care clinic that would retain the lab and x-ray services. Physician offices would stay here to operate their clinics. The only thing that you would go to Gainesville for is inpatient care or if you need more complex outpatient procedures. There's no reason for the Muenster Health Clinic to go away. This hospital acts

as a big draw for the eastern parts of Montague County and the southern parts of Love County. Certainly we want to maintain that presence here just like we want to maintain a presence in Lake Kiowa and Valley View."

Endres explained that by urgent care facility he meant a comprehensive clinic with lab and x-ray service. "If you come in with a cut or lacerations, we can fix you up, no problem," explained Endres. "If you come in with a car wreck, no. You're going to go to the new hospital." Patients with a heart attack could be stabilized as they are now in the clinic and transferred, but a full treatment facility would not be in place.

There would be no 24 hour emergency room any longer. In answer to Betty Miller's question on how the ER would be staffed, David Hutcherson of the GMH board replied, "Physicians to staff it would be contracted, but with a bigger volume they hope to contract with better ER physicians. Endres said that no large hospital staffs their ER like Muenster does because the doctors won't do it. The doctors on staff from the clinics will not be working the ER.

After the program which is presented at every townhall meeting, there was an opportunity for those attending to express their opinions and to ask questions.

Ed York wondered if this was a one time opportunity thing, if the people of Muenster decide that they want to retain their district and not combine do they lose the window of opportunity? Endres said that depended on if you want to take the optimistic or pessimistic view. "In the pessimistic view when we run into financial difficulties and we don't join now we're going to have about 120 employees looking for a job," he said. They are trying to be proactive by looking at what's coming down the road and right now things don't look good for small hospitals, he added.

A woman in the crowd challenged Endres and the Board, "In other words for five

years you've known and you've already decided In the five years you've known you've not informed the town but you've asked for donations to help support the hospital." Endres said, "We've made up our minds that this is the best

Because of Dr. Currier and because of Home Health operations and things like that and some of the other specialists we have coming to town, the hospital stayed open. Any one of these Board members will tell you that if

Asked about the fate of the local nursing home, Endres said that it would remain a part of the hospital and go into the new county district. He said that Wes Fuson, St. Richard's Villa administrator, is in favor of the merger because he feels it will give him a lot more stability at the nursing home.

Dr. Currier asked how they could justify saying that it was too expensive to run the hospital and still plan to keep the facility open after the merger. Would they take care of the asbestos problem and upgrade costs? Endres answered that the most expensive thing going now in the hospital was the See HOSPITAL, pg 2

"We've had our problems. ... Our emergency room is not very well organized ... We realize that we have not been real efficient there."

David Hutcherson

option for the hospital. If we had not had the OB project and we had not had Dr. Currier here this hospital would have closed in 1993. That's the bottom line.

Dr. Currier hadn't come in here and we had not built that OB unit for him so that he would stay here and do his deliveries here, there would not be a hospital here now."

Tigerettes win state 3-peat

The defending State Champion Sacred Heart Tigerettes had two state championships going into the 2000 TAPPS Conference 2A Girls State Final basketball game Friday afternoon. When all was said and done, Coach Jon LeBrasseur had his second 3-peat and 8th state championship trophy. The Waco Christian Lady Warriors, the Tigerettes latest victims, were defeated 68-48 at McLennan College in Waco.

This was a pressure-packed season with everyone expecting a state title and everyone to knock you off! This is a fantastic team! Just like the regular season, everyone contributed to the championship," said Coach Jon LeBrasseur. "What a season for our six seniors. They have raised the bar to a new standard for the future of Sacred Heart."

Sacred Heart started the contest with five senior players, Kayla Felderhoff, Anne Flusche, Joanna Gehrig, Jennifer Hess, and Sarah Hess, while Waco began with three seniors, a junior and a freshman.

After an hour delay, Sarah Hess tipped the opening jump start to Felderhoff, who took the ball to the hoop for a quick 2 points.

Felderhoff added another 2, then Waco closed it to 4-2. Free throws by Felderhoff, Waco, and S. Hess put the score to 6-3. A Gehrig rebound to Felderhoff set up a 3-pointer. The Lady Warriors came back with another basket, then Felderhoff laid in 2, was fouled, added another to give Sacred Heart a 12-5 lead.

Waco dropped in 2, then Felderhoff 2. Felderhoff then stole the ball, went to the glass and scored, 16-7. The Lady Warriors closed to 6 points, but a S. Hess basket gave Sacred Heart an 18-10 lead as the last seconds ticked off the clock.

The Tigerettes allowed 4 unanswered points to begin the 2nd quarter. Gehrig dropped in 2, then Waco 4 more for a 22-16 score. Felderhoff and Flusche spread the points to 11, as the teams took turns getting 2s.

Bauer and Barnhill added



The Sacred Heart Tigerettes - 2000 TAPPS 2A State Champions. From left, standing - Coach Beth Bartush, Sarah Hess, Jennifer Hess, Kayla Felderhoff, Andrea Bartush, Coach Jon LeBrasseur, Joanna Gehrig, Audrey Barnhill, Andrea Bauer, Anne Flusche; front - Raney Bauer and Jana Truhenbach. Please see page 8 for more state tournament coverage. Photo by Dave Fette

free throws and Felderhoff a 3 to end the first half of action 39-25. Felderhoff had 27 points the first half, leading the game by two points.

It took Sacred Heart over 2 1/2 minutes to get their first score in the 3rd quarter. A. Bauer won a foot race for 2 points, then nothing offensively fell for Sacred Heart, but they kept their lead as Waco closed to 9 points.

Gehrig and Felderhoff each scored a bucket, but the Lady Warriors were able to cut the margin to 8. Two 3-pointers by Felderhoff put the Tigerettes ahead 51-37 to end the 3rd period.

Eight minutes from another state championship, the Tigerettes got only 4 points with under four minutes to play with a 55-42 score. Bauer and Felderhoff added 4, so did Waco.

With a minute and half to play, the Lady Warriors began fouling, mostly Felderhoff, who went to the line eight times for 8 points. With 8 seconds on the clock, S. Hess hit the last point of the game. Coach Jon had his senior starters on the court for the final seconds of the 68-48 championship victory.

"I have never witnessed a performance like Kayla's in a championship game, 45 points, 9 rebounds, and 6 steals. Waco Christian cut the lead to 8 late in the third period, and Kayla steps up and knocks down two NBA range 3-pointers," bragged Coach Jon.

Andrea Bauer added 8 points and led the team with 10 rebounds, Sarah Hess 7 with 9 rebounds, and Gehrig 4. "Joanna is the unsung hero as she had a great tournament, and great defensive play. Gehrig also pulled down 8 rebounds, 5 assists, and 4 steals.

Audrey Barnhill scored 2 points, got 7 rebounds and 3 assists. Flusche and Jen Hess each scored 1. "Anne had a great floor game and Jennifer had 5 defensive rebounds in the 4th quarter." Sacred Heart had only 13 turnovers in the game.

The Tigerettes ended the season with a 32-3 record. Twenty-three of those games were against play-off squads.

SH 18 21 12 17 68
WC 10 15 12 11 48

ALL-TOURNAMENT

Three Sacred Heart Tigerettes were named to the State All-Tournament Team. Kayla Felderhoff was named Tournament MVP, Sarah Hess and Andrea Bauer also made the list.

Waco Christian also had three players honored, while Hilltop Baptist and Trinity Fellowship each had two.

Muenster ISD to celebrate Texas Public Schools Week

From the days of the Texas Republic, through the evolution of today's high tech society, public education has been the cornerstone of our state. As we near the 21st century, the education of all Texas children remains vital to our future. Texas Public Schools Week is the perfect opportunity to celebrate our past, our present, and our future.

Texas Public Schools Week 2000 will be celebrated the week of Mar. 6-10. This is the traditional week to celebrate and no TAAS testing has been scheduled during that week.

Muenster ISD has scheduled the following events in

celebration of Texas Public Schools Week:

Monday, Mar. 6 - Arts and Crafts entries due. Kindergarten lunch with parent or favorite adult, \$2.25 at 10:50 a.m.

Tuesday, Mar. 7 - Open House at 6:00 p.m. to 8:00 p.m. Arts & Crafts Show, Science Fair.

Wednesday, Mar. 8 - Grade 2 breakfast with parent or favorite adult, \$0.50 at 7:00 a.m. to 7:45 a.m. Classes dismiss at 2:00 p.m.

Thursday and Friday, Mar. 9-10 - No classes, staff development.



Republican candidate for Congress, Jon Newton, during a press conference last Friday at City Hall in Muenster announces the Foreign Aid Accountability Act he plans to introduce once elected to Congress. Photo by Janet Felderhoff

Newton to unveil gun ownership proposal ...

Republican challenger, Newton, to advocate second amendment

During a press conference on Friday, Mar. 3, in Muenster, Republican candidate Jon Newton unveiled a measure to guarantee that all citizens have the legal right to own a gun.

Newton unveiled the "Gun Ownership Resolution" at 12:30 p.m. at the Muenster City Hall.

"Liberals have been trying to abolish your right to own a gun; however, I am going to put a stop to it by introducing a measure once I'm in office to guarantee gun ownership," said Newton.

The last time the U.S.

Supreme Court heard a case on the Second Amendment to the Constitution was 1939 with *United States v. Miller*. The case established a precedent that a person has nothing more than a "right to keep and bear arms" within a government-regulated militia. The Supreme Court or Congress has never stated that an individual has the constitutional right to own a firearm. Newton's proposal will solidify the right of gun ownership under the Second Amendment.

At the press conference, Newton will sign the Gun Ownership Resolution.

by Janet Felderhoff

Tommie Kirksmith of the Red River SPCA or Cooke County Humane Society appealed to Commissioners Court Monday for assistance with the ever increasing pet problems in Cooke County. She submitted a letter asking for County assistance with some expenses such as the \$907.92 paid last year to euthanize unadoptable pets.

"I've been here before," said Kirksmith who has unsuccessfully appealed for assistance in the past 10 years. "It is really time to get together and face this responsibility." She said she was hearing about exciting things happening in Cooke County, but as the population increases so does the number of dogs and cats.

People all over the county, especially those coming in from other areas who are accustomed to having the dog problems taken care of, contact

Kirksmith. She said the average number of calls per day is 70. They take in many animals that others would consider unadoptable and work with them until they become pet quality. Some are in miserable condition or are too mean and what is to be done with these animals, she asked the Court. "I love animals dearly or I wouldn't be doing all this stuff for all these years for free," said Tommie. She stated that when necessary she can shoot an animal, but many people just can't do it.

"I ask you to reimburse the animals that I take to Refinery Road Vets to have them euthanized for \$4.50 per animal and burned at 20 cents a pound," Kirksmith told Commissioners Court. "It's just not right for the Humane Society who deal with strictly donated funds to spend that much money each year on killing dogs."

In about 1995 Kirksmith said that she offered to work with the city of Gainesville, but the offer was refused. Problems with locations for a designated place to build a shelter for the animals brought to the Humane Society led Tommie and her husband, Jack, to donate part of their property for use.

Commissioner Phil Young conceded that he had problems with dogs running loose on his place and destroying property. Discussion followed on how someone was needed who could be called to pick up dogs when needed.

Sheriff Mike Compton was asked for input on the situation. He said he didn't know what the solution would be. He said that as Sheriff local rabies control was his responsibility. That included properly collecting animals to be sent to Austin for testing when rabies is suspected. It is difficult to get the dead skunk

in a patrol car and his department sometimes relies on Kirksmith's help. "We can call Mrs. Kirksmith and she comes out and gets the skunk and takes it to the vet (to send to Austin for testing) for us and it solves our problems," explained the Sheriff. In a recent incident an expense of \$45 was incurred and Compton asked that the expense be credited to the Sheriff's Department.

"As far as animal control, it is very complex and not easy to solve," said Compton. "If there is some way to contract with someone or some entity to do this, I think it would be of benefit. I don't know if that's possible. The animal problem is an increasing problem and it is not going to get any better. We handle bite cases on a regular basis." In some instances the City of Gainesville sends someone from the city to assist the See PET PROBLEMS, pg 3

OBITUARIES

Jeanette Meurer Wiesman 1932 - 2000

by Elfreda Fette
Jeanette Frances (Meurer) Wiesman died on Feb. 23, 2000 at 12:04 a.m. at her residence in Muenster at age 67.

Mass of Christian Burial was held on Saturday, Feb. 26 in Sacred Heart Church at 10:00 a.m. officiated by Msgr. Thomas Weinzapfel, her pastor, and Father Tom Craig, pastor of Valley View.

Survivors are one daughter, Blair Cawthon of Gainesville; one son Kurt Wiesman of Lago Vista, Texas; and two grandchildren and one great-grandchild. Also one sister, Martha Sue Meurer of San Diego, California, and two brothers John Dave Meurer of Muenster and Robert Meurer of Ovington, Louisiana; and several nieces and nephews.

Preceding her in death were her parents Herbert and Evelyn (Fette) Meurer.

Funeral services included a Mass in McCoy Funeral Chapel on Friday at 4:00 p.m., led by a cousin, Sister Mary John Seyler OSB and a close friend Imelda Rohmer. Vigil at 10:00 p.m. was led by Father Tom Craig, pastor.

Participating in the special liturgy for the funeral Mass in addition to the officiating ministers were altar servers Kevin Hartman and Butch Fisher; and Christine Weinzapfel and Nancy Walter who gave Readings from the Old Testament and New Testament, respectively.

Music Ministers were Ruth Elderhoff, organist, Christy Esse, Emily Klement, Pamette, Phillip Flusche, and seven Bonin. Sacred music included "On Eagles Wings" for entrance, Psalm "Shepherd Me O God," "Softly and Tenderly Jesus is Calling" at offertory, "Precious Lord" at communion, "May The Angels Welcome You Into Paradise," at recessional, and "How Great Thou Art" for the recessional.

The gospel and homily were read by Father Tom Craig.



Jeanette Meurer Wiesman

Remarks of Remembrance were given by Msgr. Thomas Weinzapfel. He emphasized that "In this moment of sorrow for us, there is at the same time the moment of joy for Jeanette, who has begun her journey to the life of eternity and to the Beatific Vision.... she was so dear and so kind.... enduring her illness without complaint.... and never a moment of self-pity.... she was a lady of grace and dignity."

A summary of Jeanette's life was compiled by John Dave Meurer and Kurt Wiesman, intended for presentation at this time by her grandson, Kenneth Michael Wiesman, as follows:

Jeanette was born on March 23, 1932 to Herbert and Evelyn Meurer. She was a member of Sacred Heart Church. She graduated from Sacred Heart High School in Muenster in 1950 and then attended Loretta Heights in Denver, Colorado, East Texas State Teachers College, Texas Tech University, and the University of Houston. In 1953 she married Kenneth Wiesman; and graduated from the University of Houston in 1954 with a degree in Elementary Education. She taught in the Houston ISD until 1959 and

then moved to Washington, D.C. until 1963. Returning to Austin, she continued teaching. She was divorced in 1971 and began teaching again. After retiring in 1993, she moved back to her hometown and almost immediately became involved in the Muenster Public Library and the Muenster Museum. She was a member of the Muenster Library Board.

In her many activities, she was upbeat, enduring her illness of cancer with grace and dignity, without complaint.

Eucharistic Ministers for the funeral Mass were Janie Taylor, Viola Rohmer, Antonio Hess, and Imelda Rohmer.

Burial in Sacred Heart Cemetery was directed by McCoy Funeral Home of Muenster. Pallbearers were Frank Fangman, Steve Fette, Dick Pagel, John Pagel, Robert Weinzapfel, and Larry Wimmer. Honorary pallbearers were Dr. Monte Hellman and Henry Weinzapfel.

As the years go on, friends will reminisce and treasure their own memories of Jeanette. Other thoughts from a Fette cousin, John Ann Bezner have recalled: "Jeanette's love for her grandchildren.... her upbeat, whimsical attitude, always light-hearted, always unselfish.... how she loved to decorate her home for all holidays." Mary Adams, another Fette cousin, and Sister Mary John Seyler have recalled "Her visits with us to the old John Fette ranch".... they said that Jeanette learned to appreciate the finer things in life from her mother, Evelyn Meurer.... that she particularly loved classical music.... and "something Irish".... One of Jeanette's favorite stories (on herself), asked listeners "Have you ever traveled with two kids anywhere on an airplane?".... Jeanette leaves a legacy to hundreds of her friends, of great memories that glow brighter with passage of time.

Jimmie C. Steadham 1931 - 2000

Jimmie C. Steadham of Forestburg died at age 69 on Feb. 23, 2000, at Denton Community Hospital. He was born on Jan. 14, 1931; was a farmer and rancher, and a lifetime resident of Forestburg.

In his earlier life, Mr. Steadham attended Prairie Point Church of the Nazarene, and in later life faithfully attended the Forestburg United Methodist Church. For 20 years he was employed by General Motors of Arlington, Texas until his retirement in 1984. On Aug. 19, 1955 he married Helen Orvell in Gainesville.

Survivors are his wife, Mrs. Helen Steadham of Forestburg; three daughters, Mrs. Debora Dill and Mrs. Diane Scott both of Forestburg and Mrs. Donice Lanier of Decatur; one son David Steadham of Forestburg. There are seven grandchildren McKenzie Lanier of Decatur, Brandy Dill, Zachary Scott, Meagan Scott, Ridge Steadham, Chase Steadham and Madison Scott all of Forestburg; also several nieces and nephews.

Preceding him in death were his parents Eulen Steadham in 1956 and Emma Steadham in 1998; one sister Ila Dean Cunningham in 1975; one

brother Donal Steadham in 1996, and one granddaughter Britany Dill in 1985.

Funeral service was held Friday, Feb. 25, 2000 at 2:00 p.m. in Forestburg United Methodist Church, officiated by Rev. Me. Caraway, pastor of Forestburg United Methodist, and Rev. Marshall Stewart, pastor of Prairie Point Church of the Nazarene. Interment in Perryman Cemetery of Forestburg was directed by Burgess-Fry-Owens-Brumley Funeral Home of Bowie.

Memorials may be sent to the Britany Playground, Rt. 1 Box 63, Forestburg, TX 76239.

PET PROBLEMS

Sheriff's department with collecting and transporting a dog that has bitten a person to the vet clinic where it is kept or observation.

Commissioner Bill Cox reported that anyone can pay the Gainesville pound \$7 to take a dog off their hands. Carlos Vigil, Gainesville Community Development Director, agreed that animal control in the county was becoming an increasing problem. Gainesville is working on a public awareness program, Vigil said. Already this year there have been five reported cases of rabies in Cooke County. That is only one less than the seven reported for all of 1999.

Vigil suggested that he and Sheriff Compton work together to come up with a plan to address the problem of animal control. Commissioner Phil Young volunteered to work with them. The Court was unanimous in their vote to form a committee for the purpose of finding a solution to the county's animal control problems.

On behalf of the City of Gainesville, Vigil requested that the Court consider tax abatements for Alan Ritchey, Inc. and IFS Coatings, Inc. The companies plan to open new plants in the county opening more jobs.

According to Vigil, Alan Ritchey, Inc. of Valley View requested the tax abatement or construction and operation of a facility as a business venture with another company or re-furbish, re-manufacture, repair truck tractors to be located at 2300 N. I-35 in Gainesville.

"From what I understand of the semi trucktrailer, the engines are designed to go

much more than the cab or the interior of the units hold out. What they'll be doing is cleaning used semis and refurbishing the interior cab part, repainting and making them like new. This facility will be the first of its kind," he remarked.

Ritchey will invest an estimated \$4 million in the operation. It should create between 120 and 150 new jobs. The abatement approved by Gainesville and now Cooke County is for 90 percent for 10 years.

IFS Coating, Inc. will be located at 1501 Sivells Bend Road. Glen Mason, president of IFS, will be leasing the building. The lease is for three years so the abatement approved by Gainesville and the County was for 90 percent the first year and year two and three at 75 percent. It involves an investment of about \$1 million and will create 10 new jobs.

The five year old software used by Cooke County's 911 Rural Addressing is good only for addressing homes and printing county maps. "We can't transfer this data into any other formats for either federal, state or local government agencies to utilize," reported Bob Harbin, Cooke County EMS director. It has to go back to SDR to have the data transferred. It will be a one time cost after which the county will be able to transfer data into any longitude and latitude format needed. When SDR makes the transfer the company charges for the service.

Commissioners voted 5-0 to approve the purchase and to amend the budget from the Fund Balance to cover the purchase.

Rev. Brent Gentzel accepted on behalf of the Youth Missions Group of the First Baptist Church in Gainesville, a county flag and a state flag that had flown over the Cooke County Courthouse. The flags will be presented to officials in Jevo, Germany as tokens of good will from our city, county, state, and nation. While in Germany the youths will represent the City of Gainesville, Cooke county, and the United States as good will ambassadors. A resolution was passed by Commissioners Court to that effect.

Commissioners Court proclaimed the week of March 19-25 as Poison Prevention Week in Cooke County. It is the purpose of the week to call attention to the hazards of certain household chemicals and medicines and how proper handling and disposal of these substances and proper use of safety packaging can help eliminate them.

Another proclamation adopted by Commissioners was for the American Red Cross. It requested help and assistance in both man power and financial assistance for the American Red Cross in its time of need.

Hess reported that there has been a change in the time-line set up by the Texas Historical Commission to file for Historic Courthouse grants. There were 78 Masterplans submitted, he said. Of that number four were refused. They now have until March 15 to correct all deficiencies and resubmit. Hess said he and the appointed committee are working on that now. On March 25 they will learn if the Masterplan was accepted.

May 4 is when it will be learned who was awarded the

North Central Texas Dialysis Center to open soon at GMH

The North Central Texas Dialysis Center at Gainesville Memorial Hospital will open soon, housing new, technologically advanced equipment, and offering quality patient care by an experienced, knowledgeable staff.

Located at the northeast corner of the GMH campus, the North Central Texas Dialysis Center has the very latest in dialysis technology, according to Cindy DeLavern, director of the center.

The dialysis center machines are volumetric controlled. This type of equipment is optimal for the comfort of the patient, while providing proper filtration and cleansing. Volumetric machines allow the intracellular fluid to move outside the cell wall where it is readily available for removal. This fluid shift takes place over the entire time the patient is at the station.

This natural shift of fluid eases the process for the patient, reducing the cramping common to users of negative pressure machines. Negative pressure machines pull the fluid before allowing the body to perform the fluid shift needed.

The dialysis center's machines are also capable of being profiled for individual use, meaning the patient will have the machine individually set for his or her specific needs.

An added plus for GMH is the addition of the same type of equipment inside the hospital for acute care (in-hospital) patients. DeLavern and her staff will provide service for these patients as well, maintaining a continuum of care.

The center is an open physician facility, allowing any nephrologist to have patients served, if the physician has hospital privileges.

The leading cause of chronic renal failure is diabetes, according to DeLavern. The second leading cause is high blood pressure or hypertension.

These types of patients need education and help in their everyday lives, and the North Central Texas Dialysis Center will have such resources available. Providing assistance with dietary needs will be registered dietitian Lucy Krahl. Social services will be provided by Jane McLeroy. Both have master's degrees in their respective fields.

Education is a reoccurring theme for the center, as plans are being made to educate not only the patients already in dialysis, but patients who might be future candidates for the service.

"We want to do pre-dialysis

teaching," DeLavern said. "If we educate patients before they are on dialysis, get all of the facets in place before they become a patient, then they are not so frightened when they come in."

This commitment to education is just another example of Gainesville Memorial Hospitals' dedication to providing a quality service.

"Once again, Gainesville Memorial Hospital has come to the forefront to offer a new healthcare service to the area,"

received an Applied Science Degree from Control Data Institute of Dallas.

"I've got the kind of staff that is very patient oriented," DeLavern said. "We want to be here for the patient."

Hospital administrator Andrew Anderson summed up the hospital's decision to offer dialysis services by saying, "We want to be able to provide for the health care needs of our community. Professional dialysis services, close to home for those who need it - that's



DIALYSIS CENTER TO OPEN SOON - The North Central Texas Dialysis Center at Gainesville Memorial Hospital is slated to open soon. As the grand opening nears, the center's staff is ready for patients. The staff includes, from left, Cindy DeLavern, Trish White, and Don Sheffield. GMH photo

GMH Administrator Andrew E. Anderson, Jr. said. "The dialysis center is just another way we are responding to a need of the region. We will offer a quality service for the residents of North Texas and Southern Oklahoma who require dialysis treatment."

The dialysis center staff is in place. This staff includes DeLavern, Trish White and Don Sheffield. The medical director for the center is Abdul N. Khan, M.D., of the Southern Oklahoma Kidney Center in Ardmore. Dr. Khan is board certified in Nephrology and Internal Medicine.

White graduated as a RN from Gordon Keller School of Nursing with the University of Tampa. Having worked in dialysis since 1993, White was certified as a hemodialysis nurse in 1995, peritoneal dialysis nurse in 1996 and a nephrology nurse in 1996. She has experience in intensive care, cardiology, psychiatry and administration.

Sheffield became involved in patient care in 1992, after working for a major manufacturer of dialysis, blood component technologies and perfusion equipment. Sheffield's main interest is the technical side of dialysis. He

what this hospital is all about. We are here to serve our community."

Currently, a number of Cooke, Montague and western Grayson county patients drive three to five times a week for dialysis treatments. Most make a 65 to 75 mile round trip. Also, patients in Love County, Oklahoma, are driving 50 to 60 miles round trip to Ardmore for treatments and other services.

North Central Texas Dialysis Center will offer training and support for peritoneal dialysis patients. This is the type of dialysis patients may perform at home in certain situations.

The center will also be able to assist dialysis patients traveling away from home.

"We are available to run transients," DeLavern said. "That is a real plus for holidays and summer vacations." A transient patient is a patient from another area who already has service, but wishes to visit an area, and will utilize another service for a specific period of time.

For more information concerning the North Central Texas Dialysis Center at Gainesville Memorial Hospital, or to schedule a tour of the facility, contact DeLavern at 940-612-3928.

Meeting Notice

DIALOGUE, an ongoing support group for cancer patients and their families and friends will meet Thursday,

Mar. 9 at 7 p.m. at the Lindsay Health Clinic. For more information call Kelly Lamkin, L.S.W. at 665-9891.

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In other business conducted at the Feb. 28 meeting of Commissioners Court:

Approval was granted to Sprint/United Telephone Company of Texas, Inc. to install a buried communication cable along CR 435 in northwestern Cooke County.

Considered and approved some project agreements from September 2000 to August 2001 with the Texas Department of Transportation.

Letters to the Editor

Letter to the Editor:

Mr. Don Flusche invited me to attend your town meeting this past Monday night. While prior commitments prevented my attendance, I felt that a letter to the residents of Muenster might be of help in putting the issue of the delivery of healthcare in Cooke County in perspective. I thank your newspaper for this opportunity.

Certainly an argument for a new single hospital can be made. Before such a decision is finalized, however, and the residents assume payments on a twenty million dollar bond issue for the next thirty years, they should be allowed to vote on the proposal and consider the alternatives and their consequences.

There are advantages and disadvantages and pros and cons for building a new hospital, and for funding its construction through taxes or free enterprise. However, once all the rhetoric is over, the residents of both Cooke County Hospital Districts need to make three choices:

1. Do we need a single new hospital to serve this county? Those of us divided over the issue of how to fund its construction do agree that a new facility may be the best long-term possibility of keeping healthcare in this county.

If you disagree, then vote no for any changes in the present arrangement. If you agree, then to the second question.

2. Should the MMH and GMH Districts merge? Given the present scenario, there is little reason I can see why residents of the western part of the county would want to. It is a question of taxes. Under the present plan, the GMH district has bought land, intends to float the bonds and build the hospital. If MMH closes or reduces its services, the present tax load would almost disappear, and there would be a brand new hospital west of I-35 you could use but not have to pay for.

Again, if you think there should be no merger, then vote no for any change. If you think yes, however, then recognize you may still have a tax burden depending upon your answer to the third question.

3. Should the facility be built through a 30 year bond issue or as a private free enterprise by a hospital company? If you think it needs to be built with tax support, you support the present plans to fund construction.

If, on the other hand, you feel that hospitals such as Denton Regional, Denton Community, Bonham's Hospital and literally hundreds of other hospitals in this state are run well and provide quality services, then you should turn down this proposal.

Each choice has its positives and its negatives. Every hospital in this country,

regardless of ownership has its share of horror stories. For every hospital a hospital company has closed, there is at least one hospital a company has saved or built brand new.

In my opinion, the most important outcome of your meeting Monday night was to secure for the residents of the MMH District the right for a formal vote on the plans for healthcare in this county. Trent Lott, majority leader of the U.S. Senate, recently said, "If we are taking the American taxpayer's money, the American taxpayer should have a say in how we spend it." That statement is equally true here in Cooke County. Otherwise, what is the distinction between "local control" and "personal control" by a Board that is supposed to be "the voice of the community it has been elected to serve?"

Bill Abbott
913 Mesquite St.
Gainesville, TX 76240
(940) 668-2036

Dear Editors,

I'm sorry that I missed the town hall meeting on Feb. 28, 2000. I understand that Dr. Currier made several comments; I'd like to ask him a question about one. He states that he is completely against merging the two hospitals, so why is it that approximately 2 years ago he voted for sending a letter from the Cooke County Medical Society to the governing boards of both hospitals to encourage a merger to benefit the citizens of Cooke County? I think that since he made his statements in a public forum he needs to be questioned in a public forum and be responsible enough to answer in a public forum.

Sincerely,
Douglas Lewis, MD
PO Box 1239
Gainesville, TX 76241

From My Side of the Fence

by Ed Cier

The big question now-a-days is, are you for, or against merging Muenster Memorial Hospital District with Gainesville's district?

There are a number of considerations that come to mind as one ponders this question.

There are those that feel that the solution should not be left up to the Board of Trustees alone, that the taxpayers should have an opportunity to express their opinions by voting their convictions.

There again, are more considerations. Will the tax, which is the only way the costs can be met, go up or down? Twenty millions are a lot of dollars. What will become of our facilities? I understand our hospital could be used as a satellite facility to the main new hospital in Gainesville, but here Muenster had better tread very carefully as Gainesville trustees have been running their hospital for many years, and they will be sure to try to continue that way. Their prime consideration will still be Gainesville, and if Muenster goes for the merger, our trustees must be certain to be in a position to have a genuine input into any and all decisions.

I, for one would hate to lose our local hospital. It has always been a comfort and a source of pride, just to know it was available, if and when needed.

Need Workers

The Cooke County Democratic Party is currently seeking people to act as Election Judges for the March 14th Primary. Due to unavoidable circumstances we are in need of 4 or 5 persons to act as Judges, Alternate Judges and Clerks. There will be an election school for the Democrats on Tuesday, March 7 at 6:00 P.M. at the Cooke County Courthouse, 2nd floor, Old County Courthouse.

For anyone interested, the work will require your being present from about 6:30 a.m. until around 7:30 p.m. on election day. Workers will be paid for their time. Anyone interested in working in the Democratic Party Primary should call Larry Claxton at 665-8252 or 665-5947.

HOSPITAL MERGER continued from pg. 2

hospital's not broke. State and federal reimbursements are what's broke. They're not paying what it would cost to maintain a small hospital at a low volume. Regardless of what you want to say about your hospital, at the end of the day you have to have enough money to pay payroll."

Imelda Rohmer questioned the logic of getting more doctors at the hospital after the two merged because there would still be the same number of people in the county as before with the same amount of demand. Endres reasoned that now the hospitals are duplicating services such as two urologists. It there were only one that was used by all he would have a higher patient volume and be more likely to stay.

Dr. Currier disagreed on the ability of the county to support more physicians in some areas. There is a lack of use of the hospital by local residents, he noted. In his seven years of practice here, he's delivered only 43 Muenster babies. He said, "This town does not use this hospital. This town does not have the insurance. Their insurance is the cheapest insurance and that means they have to go to Gainesville, to Denton or Dallas."

"You guys are losing your heritage. You're losing Valentine. You've lost AMPI. You've lost Hamric's, lost Tops and Teams, lost the Charm Shop, and now you're going to lose your hospital. What else are you going to lose? I'm half German and my Mom taught me to fight. I'm stubborn as hell. My Mom told me to fight for what's right. Why won't you use this hospital? You bring your grandmother in, your bring your mother in, but I don't see any of you coming in. You're going out of town. Let's face it folks, you're losing your hospital. You're losing your German heritage. I'm only half German and I'm hot as hell. Think about it." He received a show of support through applause.

Dennis Hess said that he spent four years serving on the Muenster Hospital Board and he cringed every time they had to purchase expensive new

equipment. "The truth of the matter is we could not afford to buy new equipment, but in some cases we bought it," he revealed. "But there's no way in the world that our usage was going to pay for that equipment. We have an opportunity here to finally have a facility that can afford good equipment and I think that there will be sufficient usage if we merge." He also received applause.

Endres told the concerned crowd, "This is coming together, combining all of our resources so that we can try to provide the best health care we can. We can come up with a lot of pride, a lot of reasons why you want to keep the hospital. There's just a few facts that

up to Washington and screamed at them. We got four and a half percent relief. They're not going to pay attention. They didn't pay attention to us last year and in an election year they're not going to pay attention to us."

"The fact is that you've got Baby Boomers moving up towards Medicare age and that's not going to change either. That's going to put this government in crisis and they're going to be looking for every way to save a nickel. That's going to be at the expense of the rural hospitals."

"That's just it in a nutshell. I agree with Mr. Nasche, it's not broken. I think we have a damn good hospital. I'm very proud of the work we do here."

"You're going out of town. Let's face it folks, you're losing your hospital. You're losing your German heritage."
Dr. Tom Currier

are just facts. One, health care is getting more expensive. That's not going to change. It gets more complex, more reliant on technology. We're doing more and more outpatient, more outpatient laparoscopic surgeries is an example. That equipment costs a fortune. You get out of the hospital the same day, but the equipment that let you do that cost a \$100,000 and it goes in every area like that. So you've got mounting costs that are not going to stop.

I think we give excellent care. We have almost one on one nursing service. But it doesn't matter if we can't do payroll."

Betty Kralicke commended Endres for the diplomatic manner in which he conducted the meeting.

As the evening ended some went away with a new perspective, some were happy that there would be a large hospital nearby, others were still worried about giving up the local hospital or the local district. Everyone went home

"I think we have a damn good hospital. I'm very proud of the work we do here. I think we give excellent care ... But it doesn't matter if we can't do payroll."
Jack Endres

The second fact, the government is our major payer. Most of our money comes from either the state or federal government intent on paying us less each year to perform the same services. That is not going to change. You say we might have another Relief Act. ... Everybody you can image went

with plenty of facts and ideas to consider.

There will be another opportunity for further inquiries at the League of Women Voters' Forum dealing with the proposed merger. It is scheduled for Thursday, March 16 at 7 p.m. in the First Christian Church of Gainesville.

An error was made in the *Business Review* advertisement that published on February 11, 2000. We inadvertently stated that Cooke County Abstract & Title Co. offers settlement services, when, in fact, they do not. We are sorry for any inconvenience this may have caused.

BUSINESS REVIEW

Reader Ads In This Section
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Cooke County Abstract & Title Co. Carol Fleitman, Manager

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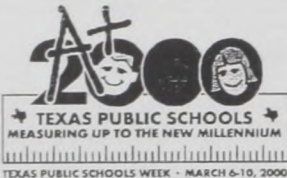
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A Proclamation

Whereas, Muenster ISD is an integral part of the quality of our community; and



Whereas, all children deserve a free public education with unlimited opportunities for learning; and

Whereas, Texas has historically been dedicated to a strong system of education and for almost 50 years has placed an emphasis on education with the observance of Texas Public Schools Week; and

Whereas, a joint effort must be made by parents, schools and the community working together toward a common commitment for preparing our children for the future; and

Whereas, Muenster ISD is preparing these students to become tomorrow's leaders;

I, Mayor of Muenster do hereby proclaim

March 6 through 10 March as Texas Public Schools Week and urge all citizens to make a commitment to public education and the future of Muenster by visiting their local public schools and by contributing their time and talents for the enhancement of our local public school system. Signed: Henry Weinzapfel



Mutual Success

by Raymond J. Wimmer

Resolved: New Year Brings Opportunity To Review Your Future
It's January and the new year is in full swing. You've made resolutions — maybe even broken one or two already. If reviewing your investment portfolio wasn't on your list of resolutions, now's a good time to do so. And this resolution is one worth keeping, because your future depends on it.

Examining your investments can be somewhat time consuming, but it's one of the most important things you can do as you plan for your future. Most people at age 65 can expect to live another 20 years — that's another third of a lifetime. The question you should ask yourself as you review your investments is: What do I want my life to be like?

Most people spend more time planning vacations than planning their retirement. They ignore their investments, hoping it will "all work out." Ignoring the performance of your portfolio, however, is a mistake that could cost you.

It could mean the difference between a meager and a comfortable lifestyle, and will affect all aspects of your life, from the types of food you eat, to the medical care you're able to procure, to the type of car you'll drive. It even makes a difference in where you live, and whether you'll be able to afford a few vacations each year, if that's what you envision for your retirement.

What can change in the space of one year? It's especially important to review your investment portfolio if last year brought a major life event, such as a marriage, a child, or a transition toward retirement. The average portfolio review takes about six hours total. That's less than one day of work annually — with a payoff that can last for years. The time you spend now could translate directly to the increased quality of the time you'll spend in your retirement years.

I'm too busy this year. Can't this wait another year? You should review your investment options at least annually. Because income typically increases as time passes, investments should increase accordingly. The cost of waiting to invest, or not regularly increasing investments as

your income rises, can be great over the long term. Hypothetically, if you save \$1,000 per year and earn 10 percent assumed interest on your account balance, here's the difference a year can make:
If you save for 30 years \$180,943
If you save for 29 years \$163,494
Your potential loss: \$17,449

Where to start
When you're analyzing your portfolio, there are four things you should consider for each investment:
1. Does it fit your asset allocation philosophy?
2. Does the management philosophy fit with your own? Is it consistent? Can it be replicated?
3. What are the fund's historical, long-term returns? At this point, look back five to 10 years or even longer if statistics are available.
4. Are the risks the fund managers have taken relative to the fund's return?

If the first question threw you for a loop, or you find the following questions a bit daunting, consider consulting a professional. Ninety-five percent of people don't know how to analyze investments — it's nothing to be ashamed about. Just as you wouldn't try to doctor yourself, you should consider a professional point of view when deciding how to invest your money.

A financial professional can help you with the following:
• Creating an inventory of your current savings and investments
• Writing up financial goals and other key factors
• Selecting a suitable portfolio
• Reviewing and updating your program annually

This information is provided to you courtesy of Ascend Financial Services, Inc., member NASD/SIPC
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Note: All of these articles have been filed with the Minnesota Life/Ascend Compliance department. If you make any content changes, you must refile the article for clearance, prior to use.

Lifestyle

Prophecy seminar will feature Mark Finley

What on earth will happen next? Revelation of Hope series, beginning Friday, Mar. 7, 7:15 p.m. at the Seventh Day Adventist Church, 2400 N. Weaver in Gainesville will be joining people across the nation to address this question, through a satellite downlink from Greater Los Angeles equoia Conference Center. Revelation of Hope is a reduction of *It is Written International Television*. Mark Finley, the speaker-director as inspired crowds around the world with the message of hope found in the powerful revelations of Bible prophecy. His dynamic message has touched huge audiences in Russia, Hungary, Poland, Yugoslavia, Ghana, Brazil, and the Philippines. Mark Finley

can be seen every Sunday on Station KDTX, Channel 58, at 12:30 p.m. You are invited to be the guest of *It is Written International Television* as Pastor Finley explores what the Bible has to say about the state of turmoil our world is in today. Revelation graphically describes the global instability, ethnic tensions, economic uncertainty, escalating natural disasters, decaying morality, and the rising crime and violence in our schools that we are witnessing around the world. There is no admission charge. Pre-registration is suggested. Call 940-665-4947 and leave your name and phone number. You will be glad you did.



Pat Henschel, employee of FMW Insurance Agency for 31 1/2 years, was honored at a retirement gathering Tuesday at the agency. Joining her as she opened a gift were Paula Kerr, a new FMW employee, Earl Fisher, Gary Fisher, and Margaret Kupper. Photo by Janie Hartman

NCTC inducts 39 into Psi Iota chapter of Phi Theta Kappa

Thirty-nine North Central Texas students were inducted Sunday into the Psi Iota chapter of Phi Theta Kappa. Membership in PTK, the international scholastic honor society for community college students, is reserved for those who exemplify scholarship by maintaining a grade point average of 3.5 or higher.

According to the international Phi Theta Kappa by-laws, members promise to uphold four hallmarks. Scholarship urges the pursuit of academic excellence; Leadership prompts members to not only learn, but practice leadership as part of their educational experience; Fellowship reminds members that friendship starts at the chapter level and extends beyond the campus; and Service states that a scholar should be responsive to the needs of the local and global communities.

Newly inducted members of Phi Theta Kappa included Cristy Drachenberg of

Muenster. During the ceremony, "Honorary Inductees" Joanne Sanford, John Marsh, and Kathy Bauer were also recognized.

As an additional portion of the ceremony, the chapter installed officers for the 2000-2001 year to spearhead group activities.

Shirley Hoofard of Gainesville was elected president; Alex Tishchenko of Gainesville will serve as vice-president for the Gainesville campus; Tanya Bise of Lewisville will serve as vice president for the Corinth campus, and Steve McKenzie of Bowie will serve as vice president for the Bowie Campus. Dusty Windom of Nocona was elected secretary; Jeanette Mosman of Gainesville accepted the role of treasurer; and Bill Friddell of Gainesville will handle duties as historian. Chapter sponsors for PTK are Kathy Bauer, John Marsh, and Dr. Gerald McDaniel.

Baptisms

Roller

Garrison Howard Roller, son of Greg and Cindy Roller, was baptized by Rev. Tom Craig, DSB, on Saturday, Feb. 19, 2000, in Sacred Heart Church. Garrison was born Saturday, October 23, 1999 at 5:15 a.m. in Denton Community Hospital and was welcomed by his older brother, Alexander Michael Roller.

During his christening, Garrison wore his mother's baptismal gown which was worn by his grandmother, Jeanette Reiter. He was also received in the chenille thrown to him at birth by his grandparents, Tony and Karyn Smith. In keeping with tradition Garrison wore the same booties and bonnet his older brother, Alex, wore four and a half years ago.

Garrison's godparents are an uncle John Roller and

grandmother Karyn Smith. Others present were: Garrison's parents, Greg and Cindy Roller; his brother, Alex Roller; grandparents Grady and Linda Roller, Johnny and Jeanette Reiter, and Tony and Karyn Smith; great-grandmothers Marie Reiter, Augusta Walterscheid, and Sally Hoedl; uncles Chad Roller, John Roller, and Aaryn Smith; aunt Leigh Ann Reiter; great-aunt Cindy Rankin; great-uncle and aunt Ken and Pam Gowens; and friends Matt Artho and Anne Flusche.

Unable to attend were uncle Steven Reiter; great-grandparents Lloyd and Juanita Roller, Dan and Wilma Richardson, and Allen and Faye Griffith.

A dinner and cake were served after the ceremony at Garrison's home.

Person directed planning offered as new service

March is recognized nationwide as Mental Retardation Month. Over the last decade, Mental Health Mental Retardation Services of Texoma (MHMRST) has worked to update and improve the delivery of services to people with mental retardation and other developmental disabilities. Person-directed planning is one of the new services being implemented for persons with mental retardation.

Person-directed planning empowers the individual with mental retardation and, when appropriate, his/her legally authorized representative to direct the development of a plan of supports and services that meet the individual's person outcomes. Person-directed planning recognizes that individuals have the right to make choices and define what is meaningful in their lives. Using this process, they can set personal outcomes to achieve what they want.

Mental retardation professionals now serve as supports as compared to their previously exclusive role as decision-makers. The person with mental retardation is the expert on his/her goals and preferences with the support of the family, whereas, professionals are the experts on tools and techniques of support.

For more information regarding person-directed planning, contact MR Services at 903-465-2353.

NCTC planning exciting youth summer program

The signs of spring are just arriving, yet the Continuing Education Division at North Central Texas College is already in high gear regarding their slate of summer courses for youth.

"College for Kids," scheduled for 12:30 p.m. to 3:50 p.m. on June 12-16, is a comprehensive, educational enrichment session for young people in grades three through six.

During "College for Kids," participants can elect to attend three classes from a slate of nine topics: "Multimedia Presentations," "Computer Image Editing," "Information Exploration," "Drawing or Pottery," "Sign Language," "High-Tech Cooking," "Rainforests: Why Does It Rain or Snow," "Physical Science Potpourri," or "Cartooning."

As always, sports camps for baseball and horseback riding will be offered by the NCTC Continuing Education Division. Dates for these sessions will be disclosed at a later time.

In the more specialized area, five workshops related to Advancing Careers in

Technology and Science will be featured for the first time.

These courses, sponsored by the National Science Foundation, are age appropriate for students aged 12 to 17. Classes are scheduled to be conducted at both the NCTC Gainesville and the Corinth Campuses.

Topics planned include an expanded version of NCTC's previous "Lego Dacta Intelligent House;" "Control Lab," "Robolab," "Innovative Web Site Creation;" and "Amateur Radio."

For information on these upcoming programs, call the NCTC continuing education division at 940-668-4272.

Just A Thought

If you stop being better, you stop being good.

Think before doing something just to impress others.

If there is anything better than being loved, it's loving someone else.

Love gives itself; it is not bought.



Friends made by correspondence during Centennial preparations are about to become friends in person. The FolkDance group from Muenster, Westfalia are planning a trip to see Texas and the little city of Muenster named after their famed and historic city in Germany. Plans are underway to greet this group on Oct. 1 with an abundance of warm and sincere hospitality. Anyone wishing to help organize and execute an interesting and enjoyable visit for our German friends is encouraged to call Juanita Bright at 759-4482. Courtesy photo

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Golden Wedding Celebrated by Bengforts in Lindsay

by Elfreda Fette

The golden anniversary celebrated in Lindsay on Sunday, Feb. 20, 2000 observed the double wedding held in Sacred Heart Church of Muenster on Feb. 20, 1950 when two daughters of John and Ursula Herr became brides.

The goldenweds are Leonard and Ann (Herr) Bengfort. He is the son of Mr. and Mrs. Joe Bengfort.

Ann's sister, Eugenia Her and Earl Sheppard (now deceased) were married that same day.

Attendants for Ann and Leonard were Betty (Bengfort) Stoffels, Joyce Sims, Melvin Herr, and Ed Bengfort.

Recalled frequently during the anniversary Open House in Conrad Hall in Lindsay on Sunday, by many guests, friends, relatives and classmates who had attended the original day, memories of Ann and Eugenia's lovely white satin bridal gowns, made by their mother, designed in princess line, with fitted bodice, high round neckline, slim petal-point sleeves, and full, floor-length skirts.

The finger-tip veils of illusion fell from satin calots. The bridal bouquets of white

carnations each held a silver rosary. Flowers were made by the brides' aunt, Bettye Luke.

Ann's attendants wore daffodil taffeta and emerald taffeta, respectively. Each carried a bouquet of sweet peas.

Wedding music was given by the brides' cousin Anthony Luke, organist and the church choir who sang "Missa Tertio," and the brides' cousin, Adeline Koelzer of Hereford, who sang "Ave Maria."

Following the Nuptial High Mass for the double wedding, officiated by Father Anthony Schroeder, a brunch was held in the home of the brides' uncle and aunt, Mr. and Mrs. Ben Luke. An informal reception was held from 2:00 to 4:00 p.m. in the parish hall, hosted by the brides' parents. A buffet supper at 6:00 p.m. in the parish hall was followed by a dance in the K.C. Hall.

The Open House on Sunday in Conrad Hall of Lindsay, celebrating Ann and Leonard's golden anniversary was hosted by their children, spouses and families: Susan Cason and sons Ted and Sidney; Lucille (LuLu); Mike and Joyce and children Jonathan and Jenny and Angie and Scott Flanagan; Connie West and children Ann

and Jacob; Julia and James Whitcraft and son Travis; and Joe and Gisela Bengfort and children Lindsey and Joseph Bengfort; and Patrick and Selina Straub. All were in attendance.

The day started with the family attending Mass in St. Peter's Church of Lindsay at 10:00 a.m. and renewal of marriage vows during Mass.

Lunch in Conrad Hall followed. Joe Bengfort, son of the couple, offered a toast to his parents, and asked his brother and sisters to add sentiments of their own.

Special keepsake treasures given to "our grandma and grandpa" were notes, crayon drawings and letters from the grandchildren.

At the Open House from 2:00 to 4:00 guests visited, reminisced, and were shown a video compiled by Julia Whitcraft of incidents in the lives of the family.

Joining many friends and relatives from Lindsay, Muenster, and the area were Sister Elise Bengfort of San Antonio, Ed and Ruth Bengfort of Farmington, New Mexico, Richard and Anna Herr of Muenster, and their daughter and son-in-law, Rose and

William Schmidkofer and family of North Richland Hills, Theresa Pettigrew and daughter Sherrie Slaton and children of Kaufman, Bob and Pauline Stoffels and daughters of Garland, Tim Stoffels of Haltom City, Carl and Eleanor Pelzel of Ennis and Kellye Johnson of Hurst.

Unable to attend were Ann's sisters Jean and Bill Brown of Maybank, Pat and Jimmy Brown of Chocota, Oklahoma, and Alma and Tony Marr of Westview, Kentucky. Melvin Herr of Denton was also unable to attend, because he was attending a step-son who was injured in an accident.

Ann Herr Bengfort, daughter of the late John and Ursula (Koelzer) Herr graduated from Sacred Heart High School in 1949. She was employed at Gainesville Memorial Hospital for eight years and at Joe Walter Lumber Co. for 18 years. She is now retired.

Leonard Bengfort, son of the late Joseph and Elizabeth (Hermes) Bengfort graduated from Lindsay High School in 1944. He is still active in his construction company along with his son Mike. The couple still live on the farm where they started their married life.



Ann and Leonard Bengfort ... on their wedding day, Feb. 20, 1950

Equine breeding management course offered by NCTC

A seminar pertaining to "Equine Breeding Management" will be offered from 8 a.m. to 5 p.m. on Mar. 4-5 at the NCTC Equine Center on the Gainesville Campus.

Dr. Anita L. Lang, coordinator of the NCTC Equine Program, said this comprehensive breeding management workshop encompasses two mornings of lecture; two afternoons of demonstration and a variety of hands-on activities.

Topics include: anatomy and

physiology of the mare and stallion; manipulation of the mare's estrous cycle; artificial insemination; parturition and care of the neonatal foal management and behavior of the stallion; collection and evaluation of stallion semen and processing semen for cooled shipment.

For information on this course, contact Dr. Lang at (940) 668-7731, ext. 416 or the continuing education department (940) 668-4272.

Auditions scheduled

Butterfield Stage will hold auditions for the comedy, *Moon Over Buffalo*, on Mar. 5 at 3 p.m. and Mar. 6 at 7:30 p.m. at the theatre, 201 S. Denton. The backstage farce by the author of *Lend Me a Tenor*, Ken Ludwig, exacts comedy from a series of riotous misunderstandings and hilarious misadventures. Needed for the production are four men and four women of various ages. The production will be directed by BSP guest directors Bill and Vicki Kirkley.

Production dates for *Moon Over Buffalo* are slated for May 4, 5, 6, 11, 12, 13, 18, 19, and 20 at 7:30 p.m. Previous stage experience is not required for acting or production roles. Anyone interested in participating as production personnel is also encouraged to attend auditions. For more information about the auditions or other theatre activities, call Butterfield Stage at 940/665-8152 or e-mail them a bsp@nortextinfo.net.

Kimber is two

Kimber Louise Walterscheid celebrated her second birthday on Saturday, Feb. 19, her actual birthday. The theme for her party was dollies, teddy bears, and hearts. Guests enjoyed a sub sandwich, dips, chips, a dolly cake, and ice cream.

Those helping Kimber celebrate included her parents Darren and Jennifer Walterscheid, grandparents Jim and Judy Verner of Arlington and Boobie and Pat Walterscheid of Muenster. Also aunts, uncles, and cousins; Jimmy, Jill, Jamie, and Jacqueline Verner of Arlington; Jeffrey, Christy, and Lilly Verner of San Antonio; Tim and Staci Bartel, and Stevie, Jackie, and Hunter Klement all of Muenster.

Friends from Muenster celebrating with Kimber were: Jason, Juline, and Emily Brogdon, Floyd, Tammy, Garrett, and Avery Truebenbach, and Kristi,

Chloe, and Claire Schneider. Kimber had lots of friends from Keller, Frisco, Mansfield, Bedford, and Arlington that attended her party. The "city" kids especially loved running around and enjoying the country life. Kimber received many special gifts and enjoyed her party.



Kimber Louise Walterscheid

New Arrivals

Hacker

Denise Hacker and Chris Jones of Myra are parents of a daughter, Bailey Marie Hacker, born in Gainesville Memorial Hospital on Feb. 9, 2000 at 5:49 p.m., weighing 6 lb. 10.5 oz. and measuring 20 inches in length. Grandparents are Mr. and Mrs. Walter Hacker of Myra, Barbara Jones of Gainesville and Evert Jones of Missouri. Great-

grandmother is Knola Dietz of Myra.

Polson

Roger and Vicki (Truebenbach) Polson of Mansfield, Texas announce with pride and joy the birth of a daughter on Jan. 10, 2000 at 1:08 p.m. They have named her Hope Abigail Polson. She weighed 6 lb. 11 oz. and measured 19 1/2 inches in length.

Thank You

I want to thank Earl and Gary for the retirement party at FMW Insurance.

Also, thanks to everyone who dropped by to wish me well and for the cards, flowers, gifts and telephone calls.

I will miss seeing all of the customers who have become friends over the years.

Pat Henscheid



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- Total Cholesterol
- HDL and LDL Cholesterol
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Best of all this screening is available for only \$10.00 with an appointment. Walk-ins will be charged \$20.00. Listen to your heart - join us.

Tuesday, March 7 (Results March 9)

Tuesday, March 21 (Results March 23)

7 a.m. - 12 noon

Gerald Culwell Conference Center

Gainesville Memorial Hospital

1016 Ritchey Street

HeartHealth screening program



GAINESVILLE MEMORIAL HOSPITAL

For more information, and to schedule an appointment, call (940) 665-1751

School News

Muenster ISD Honor Roll

Lindsay ISD kindergarten registration scheduled

Lindsay ISD kindergarten registration will be Tuesday, March 21 from 8:00-3:30 in the high school principal's office. Please bring a copy of your child's birth certificate, shot records and social security card. If you have any questions please call Brenda Fuhrmann - 668-8474.

Lunch Menu

WEEK OF MAR. 6 - 10 SACRED HEART S.N.A.P. MENUS

Mon. - Cook's choice, vegetables, salad, dessert.
Tues. - Stew w/vegetables, rice sticks, cole slaw, peaches, cornbread, syrup.
Ash Wed. - Macaroni and cheese, deviled eggs, green beans, fruit, bread.
Thurs. - Chicken spaghetti, corn, lettuce, applesauce, read.
Fri. - Tomato soup, toasted cheese sandwiches, celery, oatmeal.

MUENSTER ISD
Mon. - Tacos, shredded lettuce and cheese, diced tomatoes, beans, sunshine juice.
Tues. - Chicken nuggets, creamed potatoes and gravy, corn, fruit, hot rolls.
Wed. - Tuna sandwiches, peanut butter sandwiches, lettuce and tomatoes, chips, fruit, cookies.
Thurs. - No School.
Fri. - No School.

LINDSAY ISD

Mon. - Stew w/veggies, blueberry muffins, apple crisp, read.
Tues. - Tacos, Mexican rice, corn, applesauce, peaches, read.
Wed. - Fish, oven-fried potatoes, lettuce salad, ineapple, bread.
Thurs. - Barbecue sandwich, fried okra, potato salad, peaches.
Fri. - Fish, macaroni and cheese, beans, cole slaw, mixed fruit, bread.

ERA ISD
Mon. - Nachos w/gr. beef, Pinto beans, tossed salad, fruit salad, cornbread.
Tues. - Spaghetti w/meat sauce or chicken nuggets, tossed salad, green beans, applesauce, bread sticks.
Wed. - Vegetable beef soup, rilled cheese sandwich, diced ears, tossed salad, sugar cookie.
Thurs. - Hamburger, sliced cheese, trimmings, French fries, ice cream.
Fri. - Holiday.

Fourth Six Weeks "A" HONOR ROLL

1st Grade (Mrs. Fredrick) Tyler Acuna, Briana Bindel, Hayley Hess, Lindsay Kelley, Brianna Klement, Devon Kubis, Danielle Lewis, Tiffany Teafatiller, Diana Velasquez. (Mrs. Klement) Cathy Aston, Dillon Bayer, C.J. Harrison, Michelle Henscheid, Taylor Klement, Jason Luke, Spencer Nielsen, Taylor Reiter, Will Taylor, Ally Trubenbach, Lacey Trubenbach, Josh Voith, Garrett Walterscheid.

2nd Grade (Mrs. Heers) T.J. Acuna, Shaina Felderhoff, Allen Fette, Eric Hellman, Amanda Hundt, Jackie Klement, Jacob Klement, Andrew Koelsler, Abigail Loyd, Jeremy Lutkenhaus, Derek Schmidtkofer, Levi Trubenbach, Natali Yosten. (Mrs. Hess) Jodi Abner, Scott Endres, Christina Hale, Lia Heers, Tyler Pagel, Corey Sicking, Delana Sicking, Christopher Valliere, Natalie Valliere, Steven Valliere, Sara Walterscheid.

3rd Grade (Mrs. Endres) Shelby Anderson, Samantha Endres, Jordanne Hellman, Josh Sicking. (Mrs. Kemp & Mrs. Popp) Brandan Bindel, Brandy Dangelmayr.

4th Grade (Ms. Schneider) Christina Eckart, Ricky Grewing, Cassie Hale, Matthew Harrison, Alex McGehee, Kim Patel, Alison Teafatiller, Lee Walterscheid, Lindsey Watson. (Mrs. Walterscheid) Caitlyn Barrett, Cletus Fuhrmann, Rebecca Grewing, Laura Heers, Alison Miller.

5th Grade (Mrs. Hale) Matthew Abney, Brad Endres, Amber Fuhrmann, Evan Koelsler, Zach Swirczynski, Krystal Wolf. (Ms. Hettler) Melissa Cox, Megan Felderhoff, Jennifer Neel, Michael Valliere, Collin Walterscheid.

"B" HONOR ROLL

1st Grade (Mrs. Fredrick) Aaron Grewing, Derek Pagel, Kelsey Pagel, Zachary Pierce, Phillip Vogel. (Mrs. Klement) Zach Gunnels, Tanner Silmon.

2nd Grade (Mrs. Heers) Ashton Barrett, Jon Britain, Winter Dittfurth, Toby Dyess, Camille Hale. (Mrs. Hess) Pierce Morrill, Dustin Pumphrey.

3rd Grade (Mrs. Endres) Paul Crabtree, Stacie Knabe, Jenni Luke, John Monday, Holly Rohmer. (Mrs. Kemp & Mrs. Popp) Noel Barnhill, Brooklyn Caldwell, Gretchen Gregory, Shelby Hess, Elizabeth Martin, Madchen Moseley, John Rohmer, Derek Sicking.

4th Grade (Ms. Schneider) John Cowden, John Crabtree, Cameron Gilliland, Annie Hopper, Derek Pittelkow, Hillary Swirczynski, Anne Walterscheid. (Mrs. Walterscheid) Emily Endres, Adam Fredrick, Johnny Green, Craig Grewing, Dillena Hundt, William Vogel.

5th Grade (Mrs. Hale) Sylvia Booth, Bret Walterscheid. (Ms. Hettler) Chad Endres, Sandy Endres, Cole Harrison, Meredith Hennigan, Jayna Rohmer, Kalyn Rohmer, Roman Vogel.

"A" HONOR ROLL

6th Grade - Danielle Bindel, Jennifer Endres, Kelly Endres, Ryan Fuhrmann, Tiffanie Klement, Malcom Martin Leah Vinson, Keith Walterscheid.

7th Grade - Chase Cain, Derek Felderhoff, Sean Fuhrmann, Craig Hopper, Clint Miller, Stephen Vinson, Whitney Watson.

8th Grade - Kristi McAden, Melinda Walterscheid.

9th Grade - Kami Klement.

10th Grade - Laura Drachenberg, Grant Hartman, Ashley Hess, Chris Jackson, Pamela Lutkenhaus, Chris Johnson-Parkhill.

Lindsay ISD students compete in ALTA Spelling Bee

On Jan. 22, ten students from Lindsay ISD competed in the 14th Annual ALTA Phonetic Spelling Bee. ALTA the Academic Language Therapy Association, sponsors the bee each year for students who are in a phonetic dyslexia therapy program. The bee was held at Hillier School in Dallas. The ten students are in the Alphabetic Phonics Dyslexia Therapy program at Lindsay ISD. The students compete in different divisions according to their level in the Alphabetic Phonics curriculum, which is taught by therapist Monica L.

Johnson-Parkhill. At the spelling bee, the students were awarded medals; a gold for a perfect score, a silver for one missed word, and a bronze for two or more missed words. The students participating and their awards were: Emily Fuhrmann, 4th grade, bronze; Donald Grecu, 5th grade, gold; Matthew Guiling, 4th grade, silver; Marc Hacker, 5th grade, gold; Melissa Neu, 5th grade, bronze; Stephanie Neu, 4th grade, bronze; Joe Otto, 5th grade, silver; Randi Reed, 7th grade, silver; Ben Wyrick, 5th grade, bronze; and John Wyrick, 3rd grade, gold.

Parents Jill Fuhrmann, Cricket Guiling, and Jane Otto attended the bee along with Parkhill. The students are always so excited about the bee and put forth their best efforts every time. This year, the bee was formatted differently and I am proud of how well the students adapted and succeeded. There is a lot of pride in their achievement and perseverance," commented Parkhill.



Jeff McAden, Lattimore Materials production superintendent for the Denton and Lewisville plants, brought a brand new concrete truck to Muenster Elementary and showed the Kindergarten class how concrete is mixed. Students got to mix the cement, fill three pans and put their initials in the permanent blocks. Several other classes also got to watch. Photo by Janie Hartman

Muenster ISD participates in FHA Week

Muenster FHA Week began on Feb. 15 and lasted until Friday, Feb. 18. On Tuesday, students participated in a casual day. Most students wore windsuit pants or pajama pants and tee shirts. Also on Tuesday students took care of children ranging from infancy to age three for Community Child Care Day. Wednesday, students participated in Hat Day and the Quiet Contest. This was a contest where girls were given hearts and couldn't talk to a guy. If they did, they had to give the guy their heart. The person with her heart and the boy with the most hearts won. Wednesday was also Teacher Appreciation Day, where the teachers were given snacks.

Thursday was dress up day and the officer/senior luncheon. Spaghetti, garlic bread, salad, tea and brownie sundaes were enjoyed by the seniors and officers. Friday, students dressed up in their favorite sports team clothing. Secret pals, which had been a secret gift exchange throughout the week, were revealed Friday during activity period. Also on Friday, the FHA Sweetheart was chosen. Craig Hartman, Jeff Klement, John Flusche, and Justin Walterscheid were nominees, with Jeff Klement winning the election for MHS FHA Sweetheart.

Submitted by Megan Hennigan Muenster FHA Secretary



ALTA Spelling Bee 2000 participants from Lindsay School included, from left, Randi Reed, Emily Fuhrmann, Joe Otto, Ben Wyrick, Donald Grecu, Marc Hacker, Melissa Neu, John Wyrick, and Stephanie Neu. LISD photo

Muenster ISD senior FHA members attend field trip

Twenty-three Muenster High School senior FHA members recently attended their annual field trip with two points of interest. The group left the school grounds at 8 a.m. with their sponsor, Mrs. Joni Sturm and Muenster ISD employee, Mr. Rick Walterscheid. Their first stop was Denton, at the University of North Texas School of Merchandising and Hospitality Management.

The students learned that the School of Merchandising and Hospitality Management offers three degree programs in merchandising, home furnishings merchandising, and hotel and restaurant management. After an introduction about the programs, the students were treated to a tour of all the training facilities and classrooms. Two student

ambassadors provided the tours and were available for the seniors' questions about the program and college life in general. The next stop was Grapevine Mills Outlet Mall where students had the opportunity to dine in a very unique atmosphere at the Rain Forest Cafe. After lunch, students browsed the mall for outlet bargains before returning to school. FHA Senior members are:

Karen Cler, Toby Chapman, Kristen Creed, Danny Felderhoff, Kelly Felderhoff, Polly Fette, Kristen Fleitman, John Flusche, Kristen Grewing, Craig Hartman, Courtney Haverkamp, Jackie Henscheid, Angel Hernandez, Heather Hess, Brandon Klement, Jeff Klement, Raegan Koelsler, Bryan Miller, Nick Silmon, Krystal Sparkman, Jennifer Tompkins, Amy Trubenbach, and Justin Walterscheid.



Muenster FHA members at Grapevine Mills field trip. MISD photo

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Muenster F.F.A. & 4H Stock Show
Saturday - March 4
Cooke County Fair Grounds

Check-In/Weigh-In Schedule	Show Schedule
Rabbits 8:30 am	9:00 am
Goats 9:00 am	9:50 am
Sheep 9:30 am	10:00 am
Swine 10:00 am	10:30 am
Pets 10:30 am	11:00 am
Cattle 10:30 am	11:30 am

Livestock Entry Fee - \$5
Pet Show - No entry Fee

Sports

Tigerettes blast Blazers... Sacred Heart wins semi-final by 52 points

The Sacred Heart Tigerettes entered the Farrell Center on the Campus of Baylor University last Thursday morning to take on the Hilltop Baptist Lady Blazers from Cedar Park in the semi-final match of the TAPPS 2A State Tournament. What was at times a 2-point ball game, ended with the Tigerettes burning the Blazers with a 52 point victory and another shot for a state championship.

"This game was perhaps our best team performance of the season. We started out slow, but the experience of our seniors settled us down," noted Coach Jon LeBrasseur.

The Tigerettes made 24 of 39 shots from the field, 8 of 23 3-pointers and 14 of 21 free throws. Everyone scored!

Hilltop put in the first points, but baskets by Joanna Gehrig, Andrea Bauer, and Kayla Felderhoff quickly put Sacred Heart up by 8 and the Tigerettes never looked back. The Lady Blazers did not rebound the Tigerettes the first quarter, closing the score to 12-10 before Gehrig popped one in for a 4 point Sacred Heart lead with 11 seconds in the opening period.

As the second quarter began, every Tigerette player saw action, while Hilltop kept their starting 5 on the court.

Good defense by Gehrig got more points for Sacred Heart. Sarah Hess hit the first 3-pointer of the game and the Blazers leading scorer, Grimm, got her 3rd foul. Audrey Barnhill, Jennifer Hess, and Jana Truabenbach dropped in free throws and Sacred Heart had a 23-12 lead with 4:47 remaining in the first half. Two 3-pointers, by Felderhoff and Bauer, under a minute to play, gave the Tigerettes a 38-20 half-time lead.

Hilltop put in the first four points of the 3rd quarter. Grimm got her 4th foul as did J. Hess. S. Hess scored the first points on a rebound shot, then Felderhoff dropped in 10 straight points to give Sacred Heart a 49-26 lead. Bauer

added 2, Gehrig assisted to Flusche for another basket, then Gehrig stole the ball, dished it to Felderhoff for a 55-26 score with a minute on the clock. Felderhoff added one more from the charity strip for the Tigerettes to go into the final period with a 30 point lead.

Hilltop's Grimm got one basket before S. Hess drew a foul, taking Grimm out of the game.

The Tigerettes continued to drop the ball into the basket increasing their lead as time ticked off the clock. Andrea Bartush hit the last basket of

the game with 14 seconds on the clock and an 86-34 Sacred Heart victory.

In an after-the-game radio interview, Coach Jon commented that Hilltop was well prepared and ready to play. "We knew we had to shut down Grimm. We had a discussion at half-time and the girls responded. Our defense the second half kept them off the board."

LeBrasseur noted that Felderhoff can score from anywhere on the floor, played great defense, and knows the game. "Joanna gets down low and comes away with it (the ball)" and Sarah Hess controlled the boards and hit the 3s. "She's quick, has great hands."

Felderhoff had 33 points, 10 of 13 from the field, 3 of 6 from the 3, and 4 of 6 from the free throw line.

Bauer added 13, with a perfect shooting game, 6 for 6 from the field, 1 of 1 from the 3 point line, and 1 for 1 from the free throw.

Sarah Hess scored 13, including three 3s and 6 steals, while Jen Hess added 6. Anne Flusche put in 5, and Gehrig 4. "Joanna turned the game in our favor with 8 steals and defensive play that was all over the court," commented LeBrasseur. Raney Bauer and Andrea Bartush each added 3, Audrey Barnhill 2, and Jana Truabenbach 1.

SH	14	24	18	30	86
HB	10	10	6	8	34



Andrea Bauer, leading rebounder in the state championship contest, pulls down another from the boards against Waco Christian. Tigerettes Anne Flusche and Sarah Hess move in to assist. Photo by Dave Fette



Kayla Felderhoff, state all tournament MVP, gets ready to drop another two of her 78 tournament points. Also seen in action Audrey Barnhill. Photo by Dave Fette

Basketball shootout for college bound players coming soon

Blue Chip Girls Basketball Shoot-out is coming to Rice University on Mar. 11, and Southern Methodist University on Mar. 19. Registration is between 8:00 and 8:30 a.m., with games beginning at 9:00 a.m.

The one day shoot-out is a high exposure event designed for the student athlete who aspires to play at the college level. Games will be played for college recruiters.

For more information call Sports Camps, Inc. at 610-446-3636.

Basketball Action

Muenster I 20 Muenster IV 1

Muenster I took the lead and never looked back on Saturday morning. Kelly Brown scored 7 points, Danielle Bindel 6, Hayle Broyles 5, and Jacé Koelzer 2. Others playing for Muenster I were Crystal Wolf, Jenny Andres and Megan Felderhoff.

Muenster IV's lone point came from Diana Knabe.

VFW Post 1922 15 Muenster IV 7

The VFW Post 1922 got a victory Monday evening, Feb. 28. Karen Flusche connected for a 3 pointer for Muenster IV, with Diana Knabe and Jenna Felderhoff each scoring 2. Other Muenster IV members contributing to the game were Jordan Ledbetter, Jessica Schilling, Meredith Hennigan, and Stephanie Berman.

How to release bass

- Do release as soon as possible.
- Don't put them on a stringer.
- Do keep them in the water.
- Don't let them flop around on the ground, dock, or boat.
- Do remove hooks carefully.
- Don't rip hooks out of their mouth.
- Don't handle them with dry hands.
- Don't grab them around the middle or through the gills.
- Do immobilize the fish by holding them at the center of the lower jaw with thumb and forefinger.
- Don't throw them into the water.
- Do slide the fish gently into the water and if they are stressed, lead them head first through the water till they recover.



Area powerlifters compete at Collinsville meet

Powerlifters from Muenster and Lindsay participated in the Collinsville Powerlifting Meet on Saturday, Feb. 26. Although no one brought home the gold, there were several second places.

From Muenster, Hornet Justin Walterscheid finished in 2nd place in the 220 weight class, while Jeff Klement and Brad Felderhoff came in 6th in their classes.

Lindsay was well represented, earning two second place awards, Domin Fuhrmann in 114 class and Adrian Anderle in the 185 weight division. In the 240 weight class Cody Secrest finished 3rd and Blad Crutsinger 5th.

Two Lady Knights placed their classes, Alexandr Haayen 3rd and Magg Luttmr 6th.

Congratulations

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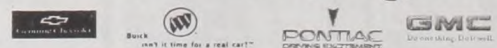
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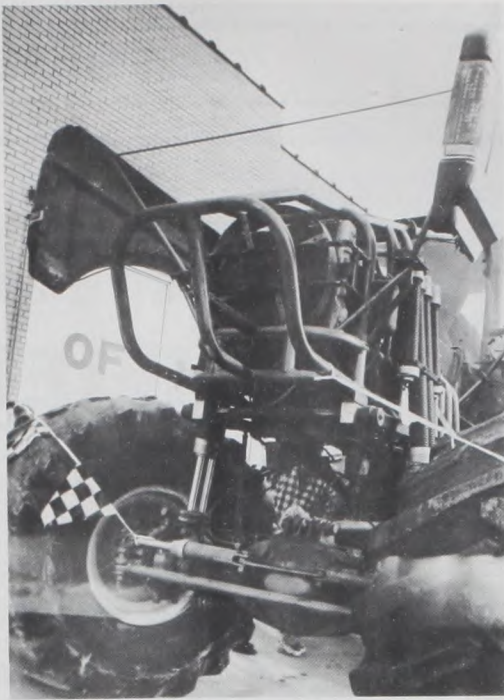
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2000 Muenster High Track Schedule

Saturday, March 4	Lindsay
Thursday, March 9	Chico
Saturday, March 25	Muenster
Friday, March 31	Sacred Heart
Thurs.-Fri. April 6-7	District @ Chico
Friday, April 21	Area @ Graham
Fri.-Sat., Ap. 28-29	Regional @ Abilene
Fri.-Sat., May 12-13	State @ Austin

Sacred Heart High Track Schedule

Saturday, Feb. 26	Bridgeport
Saturday, March 4	Lindsay
Saturday, March 11	Saint Mark's
Saturday, March 25	Muenster
Friday, March 31	Sacred Heart
Friday, April 7	Hebron, Lewisville
Saturday, April 15	Tom Landry Relays
Tuesday, April 25	District @ Abilene
Fri.-Sat., May 5-6	State @ Waco



"The Hammer" monster truck was on display at Klement Ford of Muenster Monday to the joy of many, old and young alike. At left, the back engine of the truck. At right, Christopher Valliere easily climbs into one of the monster tires.



Photos by Janie Hartman

Hours of training for game wardens

Before becoming a Texas Parks and Wildlife Game Warden cadets must attend a rigorous seven-month academy. His time is spent preparing for game warden life, including courses on boating safety, hunting and fishing regulations, gun safety, environmental regulations, as well as all aspects of the criminal penal code, and lots of physical training. Hours upon hours at the academy are dedicated to wildlife education such as how to identify different species, animal rehabilitation, and handling wild animals.

For runners, farther is not always better

Experts agree that when it comes to running, slowly increasing mileage is the best plan for beginners. Although it may seem like slow going, your body - and your mind - will thank you.

"Everybody can take up running to keep in shape. But in order to run a marathon, it may take months to years, depending on your baseline of fitness, to get your body ready for the stress," said Dr. Joe Chorley, a sports medicine specialist at Baylor College of Medicine in Houston. "The important thing is to listen to your body."

Most over-training injuries surface four to six weeks after a running program starts. At this point, beginning runners start feeling good and push themselves too hard. According to Chorley, that is when the body can start breaking down. The most common injuries occur in the knee and shin.

However, not all of the side effects of increasing mileage too quickly are physical. Fatigue, anxiety and loss of enthusiasm are also signs that your run is wearing you down.

Chorley suggests that runners, especially those just starting out, follow the 10 percent rule - don't increase your mileage more than 10 percent a week. And if increasing intensity and pace are also a goal, runners should not work on both at the same time.

"It is more of a process of getting to know what your body can tolerate and seeing if you can meet the goals you have set for yourself," Chorley said.

2000 Sacred Heart Tigerette Softball Schedule

Feb. 29	Savoy	H	5:00
March 2	Paradise	H	4:30
March 7	Sherman	T	6:00
March 11	Tom Bean Tourn.	T	***
March 27	*Bethesda	T	6:00
April 3	Tom Bean	T	4:30
April 10	*Harvest	H	6:00
April 25	*Bethesda	H	6:00
April 27	*Harvest	T	6:00
May 2	Bi-district	TBA	
May 11-13	Regional/State	TBA	

*** 9:45am us Farmer; 11:30am us Gunter; 4:45pm us Whitesboro; 6:45pm championship game
* district games

Sacred Heart Junior High Track - 2000

Thursday, March 2	Lindsay
Thursday, March 23	Muenster
Thursday, March 30	Sacred Heart
?? TBA ??	TBA

Muenster Junior High Track Schedule

Thursday, March 2	Lindsay
Thursday, March 9	Alvord
Thursday, March 23	Muenster
Thursday, March 30	Sacred Heart
TBA (April 3 or 4)	District @ Muenster

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Primary Election - Tuesday, March 14

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482 McCary Rd.
Gainesville, Texas 76240-6576

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Incumbent

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Lindsay, Texas 76240

Lanthon Odum

Republican
County Attorney
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Nice quiet neighborhood, 3/2 brick 2000 sq ft H/A W/WBFP 250' water well, 2 sprinkler systems, detached shop & office. Close to schools, church & hospital. Shown by appointment only. Call after 5 & weekends. 759-4113.

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Lunch Specials
Mon. - Stuffed Baked Potato Boats
Tue. - Mexican Chicken Manicotti
Wed. - Pocaoca Tama Melt (Fish Wednesday)
Thurs. - Tostada Granada
Fri. - Veggie Quesadillas (Lent)
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Reasonable rates
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Day Care Center. 759-4964.

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Mike Otto - Lindsay
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PAUL J. HESS NO. 1
Kansas Alfalfa hay for sale. Any amount. 665-7601 or 665-9228.

Help Wanted
Help Wanted
at Rohmer's Restaurant
Evening Shift
Apply in person

MUENSTER SWIMMING POOL LIFEGUARDS
The City of Muenster is now accepting applications for lifeguards at the swimming pool for the year 2000 season. Contact City Hall for questions/applications, 400 North Main Street, 759-2236.

Help Wanted
Adult Help Wanted
Afternoon to Evening Shift available.
Apply in person at Bayers Kolonialwaren

WANTED Carpenters for Germanfest
To set up stages, etc. \$15/hour
Contact Margie at the Chamber of Commerce 759-2227

Lodge at Lake Kiowa
is hiring for all positions including wait-staff and kitchen help. Call 665-3741.

Barr Training Center
Accepting Outside Horses specializing in colt starting, cutting, Western Pleasure, and reining. 940-727-3585, Gainesville

Saint Jo Nursing Center
has opening for double weekends and some evening shifts. Call Pam or Jill, 995-2302.

IMMEDIATE
kitchen help needed and Kitchen & Wait Staff
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Gehrig's Bridal Registry
Billie Sandoval and Michael Becker
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Residential - Commercial
Tape Bed - Acoustic Work
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SALLY FISHER & MAURUS HACKER, JR.
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Legal Notices
NOTICE TO CREDITORS
Notice is hereby given that original Letters Testamentary for the Estate of Arnold Rohmer, Deceased, were issued on February 25th, 2000, in Cause No. 15070, pending in the County Court of Cooke County, Texas, to: Donald J. Rohmer.
The residence of the Independent Executor is Muenster, Cooke County, Texas; the post office address is:
c/o: Chuck Bartush, Jr.
Attorney at Law
PO Box 68
Muenster, Texas 76252-0068
All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.
DATED the 25th day of February, 2000.
/s/Chuck Bartush, Jr.
Attorney for the Estate
State Bar No.: 01865000

THE STATE OF TEXAS
TO: STACY LYNN SCOTT, Respondent, and to all whom it may concern,
"You have been sued. You may employ an attorney. If you or your attorney do not file a written answer with the clerk who issued this citation by 10:00 a.m. on the Monday next following the expiration of twenty days after you were served this citation, a default judgment may be taken against you."
The petition to Modify Parent-Child Relationship was filed in the Court of Cooke County, Texas on the 22nd day of February, A.D. 2000, by BRENT ALLAN SCOTT, numbered 90-180, and entitled "In the Interest of LAUREN NICHOLE SCOTT, a child." The suit is a request for the Court to appoint petitioner as sole managing conservator of the child.
The following child is subject of the suit: LAUREN NICHOLE SCOTT, female, DOB: 06/01/1989, in Great Lakes Naval Hospital, Ill.
The Court has the authority in this suit to enter any judgment or decree in the child's interest which will be binding on you, including the termination of the parent-child relationship, the determination of paternity and the appointment of a conservator with authority to consent to the child's adoption.
Issued and given under my hand and Seal of said Court at Gainesville, Texas this 23rd day of February, 2000.
Attest:
Pat Payne, Clerk
235th District Court,
Cooke County, Texas
/s/ Joy Haddleston, Deputy

CLASSIFIED DEADLINE IS WEDNESDAY AT NOON

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1996 Sea Ark Sunstark 20 ft., 115 hp Johnson motor, trolling motor, live well. \$12,995. 940-612-2084.
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NOTICE TO LEADERS OF YOUTH ORGANIZATIONS
The Muenster Park Board is now reviewing allocations for United Way Funds. If you want your youth organization to be included in the review process, budgets must be submitted by April 1 to the Muenster Park Board, c/o City Hall, 400 North Main Street.

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Contractors • Homeowners
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Business Opportunities
GREETING CARD DISTRIBUTORSHIP
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\$3,000+ month P/T Potential
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Pets
For Sale
Blue Heeler Puppies
759-4884 or 736-4791
FREE to good home!
Two (2) - 4 1/2 year old female cats, declawed and spayed. Call 759-4281.
FREE PUPPIES
Half Dalmatian, half cow dog. About 7 weeks old. Call 759-4576 after 6 pm., or leave message.

Large Moving Sale 2nd Weekend
Sat & Sun, March 4 and 5th • 9 am - 6 pm
Cleaned out the shop and the back room. Lot's of new items that must sell!
House and lawn furniture, tools, crafts, antiques, TV, lawn mower, and more, LOTS MORE!
From Hwy 82 West, Muenster. Turn by Kountry Korner on CR 300, left at CR 341, right at CR 388 to #708

Residential Roofing and Metal Building Supplies
• Carports • Building • Insulation
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Farm & Ranch

JSDA releases study on country of origin labeling

Country of origin labeling is certain to impose costs and certain to produce benefits, says a report released in January by the U.S. Department of Agriculture's Food Safety and Inspection Service.

The Secretary of Agriculture as directed by the 1999 agricultural appropriations act to conduct a study on the potential effects of mandatory country of origin labeling of imported fresh muscle cuts of beef and lamb until such products reach the ultimate consumer.

"Country of origin labeling is certain to impose at least some costs on industry which will then be passed back to producers in the form of lower prices or forward to consumers as higher prices," the report said.

"Those favoring the concept of country of origin labeling have emphasized that consumers have a 'right to know' if the meat and meat products they may purchase contain imported meat and that such labeling would help consumers make informed choices when buying food," the report explained.

"Some limited survey data support this view. There are no data from the United States studies, however, on whether consumers are willing to pay higher prices in support of

country of origin labeling. To the contrary, if consumers do distinguish goods depending on their country of origin, strong incentive exists for industries to act without government intervention, i.e., on a voluntary basis. There is no evidence that the market for providing such information has failed."

The report also emphasized the international trade implications of adopting country of origin labeling. "Adopting such legislation could weaken the ability to effectively challenge similar regulations passed and enforced by countries that import United States beef."

However, the report also pointed out that "there are other legitimate policy reasons why Congress might choose to enact country of origin labeling requirements. Domestic producers, for example, are increasingly concerned that the market is not operating fairly and many doubt the benefits of increased international trade. Country of origin labeling could help restore producers' confidence in the market and promote support for international trade."

It would also enable those consumers who prefer to support domestic industry an opportunity to do so."

Texas Cattlemen's Association



Courtney Haverkamp, Muenster FFA member, prepares her show animal for this weekend's Muenster 4-H/FFA Livestock Show. Photo by Janie Hartman

Deepening price crisis to be focal point of upcoming rally

New forecasts showing no signs of a rebound in the nation's commodity prices are yet another indication of the need for a farm policy overhaul, according to Wes Sims, President of Texas Farmers Union.

The U.S. Department of Agriculture's (USDA) most recent forecasts predict that soybean prices this year will fall to their lowest point in nearly a quarter of a century, corn prices to their second lowest point since 1972, and that wheat prices will drop to 14-year lows.

"Low farm-gate prices across the board are the fundamental cause of the devastating economic conditions in our area," said Sims. "The price crisis has impacted farm and ranch families as well as the greater community. I urge farmers and ranchers here in Texas to go to Washington for

the Rally for Rural America to tell lawmakers firsthand how difficult it is to survive at these prices."

Farmers Union is working with other groups to organize participation in the Rally for Rural America, set for March 20-21, in Washington, D.C. The event will bring a cross section of rural America to the nation's capital to call for changes to federal farm policy, including the addition of an adequate farm safety net to provide protection in downturns.

Low prices have substantially reduced net farm income for U.S. producers. Excluding direct government payments, projections show 2000 net farm operating income declining 51 percent since 1996 when the farm program was enacted.

Rally for Rural America on the Internet: www.RallyforRuralAmerica.org

County Agent's Report by Craig Rosenbaum

GRASS TETANY

This week several of our area veterinarians have brought a problem to our attention. With the warm weather, the lush pasture growth and the calving going on now in the area, there has been an increase in the incidence of magnesium deficiency, or grass tetany.

Grass tetany is a nutritional disease or metabolic disorder characterized by a low level of magnesium in the blood serum.

Grass tetany is common during cool, cloudy, rainy weather and most often occurs when this weather is followed by a warm period, during which grasses grow very rapidly. The disease usually affects beef cows, but may also affect stocker cattle, ewes and dairy cattle. It is most common in older animals, particularly during early lactation of beef cows that have had at least two calves.

Because there is a daily requirement for magnesium, symptoms may appear suddenly, but the deficiency developed over a period of time.

Grass tetany is most likely to occur on pastures grown on soils which are low in available magnesium and high in available potassium. Heavy fertilization, particularly with nitrogen and potassium, enhances forage production; however, it also intensifies the incidence of grass tetany because high levels of potassium and nitrogen reduce magnesium absorption and utilization.

Magnesium deficient cattle have a reduced appetite and ability to digest dry matter. Initial symptoms of magnesium deficiency include undue nervousness, ears carried backward, excessive salivation, staring eyes and a stiff, irregular gait. As the disease advances, labored breathing, increased heart rate and tetanic muscular spasms can be observed. Affected animals sometime have the instinct to charge or fight people in the immediate area. In the most severe stage, the animal collapses to the ground with continued muscular spasms and their legs will thrash the ground around them. Convulsions, coma and death will occur rapidly if treatment is not administered. The only symptom that remains constant is a lowered blood serum magnesium.

Because the cow has limited capacity to store magnesium, a continuous dietary supply of magnesium is necessary, which can be supplied with a palatable mineral containing magnesium at higher levels during lush pasture growth.

In addition, low levels of magnesium, 3 to 4 percent, in the perennial grass mineral supplement will increase efficiency of production, help maintain body stores and aid in preventing the "downer-cow" syndrome.

The best treatment for grass tetany is prevention. Cattle afflicted with grass tetany need immediate treatment. Consult your veterinarian regarding recommended medical treatment, and remember, afflicted animals may show a surprisingly quick response to treatment, enough that they might get up and charge or fight those in the vicinity.

WHEAT TOUR

Tuesday, March 14, there will be a wheat tour of various wheat result demonstrations in the county to observe growth habits and disease resistance in varieties. The tour will begin at 8:30 a.m. at the state breeding trials, located on the Selby Farm. The plots are located approximately one mile south of FM 922 on County Road 321 southeast of Era. Other stops include plots on Schumacher Bros. at Era and J.H. Bayer and Sons at Muenster. Three CEU's toward recertification of TDA Pesticide License requirements will be offered those attending.

Toll-free number in place for rural economic development

The Texas Department of Agriculture and the Texas Department of Economic Development have teamed up to operate a toll-free telephone line for rural economic development.

The number - 1-877-428-7848 - makes it easier for communities, businesses and other entities to locate information for rural economic development opportunities in Texas.

Consumers up to speed on Agricultural issues

Consumers may know more about agricultural issues than farmers and ranchers sometimes believe, according to a Cooke County Farm Bureau.

Citing a recent survey by a non-profit group called "Communicating for Agriculture," Cooke County Farm Bureau President Ed Knight said, "Consumers are pretty knowledgeable on many agricultural issues. They seem to understand, for example, at recent grocery price increases have come at a time when agricultural prices are at very low levels."

The survey revealed, in fact, at 80 percent of respondents believe that farmers are the "least responsible" for grocery price increases. Even with this apparent od news, Cooke County Farm Bureau is concerned that

consumers don't have much awareness of the production practices on today's farms and ranches.

"Because of that, things like excessive regulation and inattention to export markets become problems for agriculture," Ed Knight said. "Our challenge is to translate the obvious concern and respect for agriculture into a national farm policy that addresses the obvious needs in our industry."

Mr. Knight said that consumers understand the issues, but they are not motivated to take action unless they understand how they are affected personally.

"Agriculture is in crisis because of low prices and string of natural disasters, like drought. Protecting our ability to produce our own food is a national security issue," he said.

It's A Stat! by the Texas Agricultural Statistics Service

CATTLE

The inventory of Texas cattle and calves totaled 13.90 million head on Jan. 1, 2000, down 1 percent from last year's revised inventory of 14.10 million head, and 4 percent below the 1998 inventory of 14.50 million head.

"Dry conditions the last half of the year and little or no small grains available for grazing caused liquidation of some herds," said Robin Roark, State Statistician.

Texas continued to rank first in the nation in total number of cattle and calves with 14.2 percent of the total United States inventory.

Beef cow inventory was at 5.43 million head, and milk cow inventory was at 350 thousand head. Total inventory of all cows that have calved was 5.78 million head.

Beef replacement heifers totaled 770 thousand head on Jan. 1, down 6 percent from the 1999 total of 820 thousand head. The milk replacement heifer inventory was down 27 percent at 80 thousand head.

Texas' inventory of steers 500 pounds and over totaled 2.58 million head, down slightly from the revised 1999

total of 2.59 million head. Total inventory of heifers, steers and bulls under 500 pounds was 2.68 million head, up slightly from the revised 1999 total of 2.67 million head.

The 1999 calf crop totaled 5.15 million head down 2 percent from the 1998 crop of 5.25 million.

SPRING ONION

Onion producers in South Texas expect to harvest 14,400 acres of spring onions this year. Planted acreage for the 2000 spring crop increased 10.0 percent from a year ago, to 15,200 acres. This is 26.7 percent more than the 1998 crop.



CATTLE ON FEED

Cattle and calves on feed for slaughter market in Texas feedlots with capacity of 1,000 head or more totaled 2.9 million head on Feb. 1, up 9 percent from a year ago. Producers placed 475 thousand head in commercial feedlots during January, up 12 percent from a year ago, and up 32 percent from the December 1999 total. Texas commercial feeders marketed 465 thousand head during January, down 2 percent from a year ago.

With the ponds cleaned out & dry & after our "big" rain, you may want to replenish your stock ponds. We have minnows, largemouth bass, crappie, catfish, bluegills & sunfish. Contact Danny at 759-2546.

COW POKES By Ace Reid


<http://www.cowpokes.com>

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"Thought I'd check out that low interest they been advertisin', but when I mentioned cows, they didn't have any interest at all!"

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Light Weight Steers \$2.054 Higher, Light Weight Heifers Steady, Feeder Steers Steady to Strong, Feeder Heifers Steady, Packer Cows \$3.655 Higher, Bulls Steady

Sold at Friday's sale were 844 head of cattle compared to 1,713 head of cattle the previous week. Tuesday, the market conducted the sale of 155 goats, 105 sheep and 55 hogs. The numbers for last week were 218, 95 and 127 respectively. Results follow:

Feeder Steers (per lb.) 200-300 lbs.: No. 1, 1.10-1.18; Nos. 2 & 3, 75-1.10; 300-400 lbs.: No. 1, 1.05-1.27; Nos. 2 & 3, 75-1.05; 400-500 lbs.: No. 1, 95-1.12; Nos. 2 & 3, 70-95; 500-600 lbs.: No. 1, 90-1.06; Nos. 2 & 3, 70-90; 600-700 lbs.: No. 1, 85-98; Nos. 2 & 3, 65-85; 700-800 lbs.: No. 1, 78-85; Nos. 2 & 3, 60-78	Feeder Heifers (per lb.) 200-300 lbs.: No. 1, 95-1.20; Nos. 2 & 3, 70-95; 300-400 lbs.: No. 1, 90-1.08; Nos. 2 & 3, 70-90; 400-500 lbs.: No. 1, 90-1.08; Nos. 2 & 3, 70-90; 500-600 lbs.: No. 1, 82-98; Nos. 2 & 3, 65-82; 600-700 lbs.: No. 1, 78-88; Nos. 2 & 3, 61-78; 700-800 lbs.: No. 1, 72-79; Nos. 2 & 3, 55-72	Utility 1-3, 28-35; cutter, 35-43	Stocker Cows (per head) Pregnancy-tested, 3- to 9-year-olds - large frame, \$600-\$720; medium frame, \$450-\$600. Cow-calf pairs w/calves under 250 lbs. - large frame, \$625-\$800; medium frame, \$500-\$625. Holstein baby calves, \$40-\$85; Crossbred, \$80-\$200. Barrows & Gilts: US #1 230-270, 38-40, US #2, 220-280, 35-38. Feeders (per head): 100-175 lbs., \$35-\$50; 25-90 lbs., \$30-\$35. Sows: Feeder, 400 or less, 25-28; Light wt., 400-500, 30-32; Med. wt., 500-600, 38-42; Heavy wt., 600-up, NT. Boars: 300 lb. up, 06-08; 200-300 lbs., 10-12; Light wt., NT. Sheep (per lb.) Feeder lambs 40-60 lbs., NT; Light lambs: 60-90 lbs., \$3.00.	70-80; Fat lambs: 90-120 lbs., 80-85. Ewes: Stocker, 38-40; Thin, 20-30; Fat, 40-45. Bucks: Thin, 35-38 Fat, 38-40. Barbados (per head) Lambs: \$35-\$50; Ewes: \$40-\$60; Bucks: \$50-\$75. Goats (per head) Kids: 20-35 lbs., \$20-\$35; 35-55 lbs., \$35-\$50; 55-75 lbs., \$60-\$70; Yearlings: 75-120 lbs., \$75-\$100. Nannies (per head) Stocker, \$50-\$60; Milk Type, \$60-\$80; Slaughter: Thin, \$25-\$35; Fat, \$35-\$45. Billies (per head) 120 lbs-up: Breeders, \$85-\$100; Slaughterers, \$80-\$90. Boer Goats (per head) 1/2 Nanny, \$85-\$90; 3/4 Nanny, \$100-\$125; Full Nanny, NT. Boer Goats (per head) 1/2 Billy, \$50-\$75; 3/4 Billy, \$100-\$150; Full Billy, \$200-\$300.
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HIT 106.5

Local News ★ Sports ★ Weather

6:20 & 7:20 A.M. ★

12:20 & 5:20 P.M.

WINTER WARMUP SALE

Quality Meats

FAMILY PACK Split Breasts PREVIOUSLY FROZEN 79¢ LB.	PREFERRED TRIM BONELESS BEEF Top Sirloin Steak \$2.69 LB	FISCHER'S REG & HOT Sack Sausage \$1.39 LB	PREFERRED TRIM BONELESS BEEF Chuck Tender Roast \$1.99 LB.
BONELESS BEEF Stew Meat \$2.19 LB.	FISCHER'S FULLY COOKED Smoked Whole Chicken \$1.69 LB	FISCHER'S Smoked Bratwurst \$2.39 LB	FISCHER'S Hot Links \$2.29 LB

Meat Franks..... 12 OZ. PKG. **69¢**
DECKER SLICED Bacon..... 12 OZ. PKG. **\$1.89**

Lenten Specials

TID BITS IN WINE SAUCE Herring 32 OZ \$3.98	COLBY - MARKET SLICED Longhorn Cheese LB. \$1.99
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Flounder Filets LB. \$1.99	ALASKAN Pollock Filets LB. \$1.69

ASSORTED Sunny Delight 64 OZ. **99¢**

92 OZ. POWDER OR 100 OZ. LIQUID ASSTD. Tide Ultra YOUR CHOICE **\$5.69**

ASSORTED Crisco Oil 48 OZ. BTL. **\$1.69**

CHICKEN OF THE SEA OIL/WATER PACKED Chunk Light Tuna 6 OZ. **2\$1 FOR 1**

HUNT'S 24 OZ. Tomato Ketchup **79¢**

BOUNTY WHITE OR DESIGNER Paper Towels SINGLE ROLL **79¢**

Ranch Style Beans 15 OZ. CANS **59¢**

ASSORTED Fritos® or Cheetos® MIX OR MATCH REG. \$2.19 **2\$3 FOR**

BURLESON'S Honey Bear 12 OZ. **\$1.69**

ASSTD. MOIST DELUXE DUNCAN HINES Cake Mix 15.7-18.25 OZ. **79¢**

ASST. DUNCAN HINES RTS Frosting 15-16.6 OZ. **\$1.39**

TOWN TALK White Bread 1 1/2 LB. LOAF **59¢**

BETTY CROCKER ASSTD. Tuna Helper 8-9.25 OZ. **2\$3 FOR**

ASST. MARUCHAN Lunch Cups 2.2 OZ. **3\$1 FOR**

HONEY BOY Pink Salmon 15 OZ. **2\$3 FOR**

NUTRASWEET Artificial Sweetener 100 CT. **\$1.99**

WHOLE SOUR OR DILL OR HAMBURGER DILL SLICES Best Maid Pickles 32 OZ. **\$2.19**

DR PEPPER
\$2.39
12 OZ. - 12 PACK

Post CEREALS 2/\$5.00

Banana Nut Crunch 15.5 oz,
Alpha Bits 15 oz,
Blueberry Morning 13.5 oz,
Marshmallow Alpha Bits 14 oz,
Great Grains 16 oz.

SHUR-SAVING - 4 PK Bathroom Tissue **59¢**

SHURSAVER - 64 OZ Apple Juice **99¢**

SHURFINE - 32 OZ Light Corn Syrup **\$1.39**

ONTADINA - 8 OZ Tomato Sauce 4/\$1.00

HEINZ - 18 OZ BBQ Sauce **89¢**

HEFTY - 10 1/4in - 24 CT Hefty Compartment Plates **\$1.39**

PEPSI COLA
\$2.79
12 OZ. - 12 PACK

Frozen & Dairy

ASST. VAN DE KAMP'S Fish Sticks or Fillets 19.1-26 OZ. **\$3.99**

ASSORTED PILLSBURY Grands! Biscuits 16.3-17.3 OZ. **99¢**

REG. OR LOWFAT QUARTERS 2-8 OZ SOFT TUBS OR Parkay Margarine **79¢**

CHOCOLATE OR STRAWBERRY SUNDAE CRUNCH BARS, OR ORANGE OR RAINBOW COOL TUBES Blue Bunny Novelties 6 PK. **\$1.89**

ASST. TATER TOTS OR CRISPERS Ore-Ida Potatoes 20-32 OZ. **\$1.99**

ITALIAN PASTRY Tony's Pizza 12 INCH **2\$5 FOR**

ASSORTED NIGHT HAWK Dinners 6-8 OZ. **\$1.99**

16 OZ. PARKAY Squeeze Margarine **99¢**

ASSORTED BLUE BUNNY Ice Cream HALF GALLON SQUARES **2\$5 FOR**

Farm Fresh Produce

CHILEAN SEEDLESS Red Grapes **99¢** LB.

SALAD SIZE Hass Avocados **3\$1 FOR**

YELLOW SQUASH LB. 99¢	GARDEN FRESH CILANTRO 3 FOR \$1.00
ZUCCHINI LB. 99¢	FRESH HOT JALAPEÑO PEPPERS LB. 69¢
CELLO PACK TOMATOES 4 CT. PKG. \$1.19	JUMBO WHITE ONIONS 3 LBS. \$1.00
FRESH TANGY LEMONS 5 FOR \$1.00	WASHINGTON EXTRA FANCY RED DELICIOUS APPLES 2 LBS. \$1.00

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