





CORN NEEDED IN THE DAILY MENU

Track gardens throughout the country daily producing more vegetables, tender and early summer sunshine in the markets are offering a variety of foods for your menu at prices noticeably lower than those of last summer. Corn brings in new garden and among the latest to fresh corn. The ears are fresh corn. The kernels are tender and taste is infinitely superior of the late season. If you are awake to the possibilities of a new vegetable, you've no need to serve corn on the cob from it and fried in butter. The southerners like it best. It is, however, many more important part of the diet these days when Indian chefs have turned it out to their Corn on the wing, as a fact, is an old dish which has been "remodeled" into a special dinner of today. It's easy to make, and so good, there is no wonder women who prize this recipe. If you follow these directions: 1-2 cups crumbled crackers, 2 cups corn cut from 1 cup milk, 1-2 cup grated butter. Add crumbled crackers, milk and cheese and mix. Heat butter in frying pan in mixture and cook slowly over a low flame. Then set. Six portions.

MAKING Smart CLOTHES

EVEN with the weather at its hottest our thoughts just naturally turn to Fall clothes at this time of year. And it's none too early if you're going off to college. Or if you're a business girl who likes to get into something dark the minute the weather permits. Your first Autumn dress, like



the first Autumn leaves, should this year be a red-brown or rust. Paris loves this new color and you're going to see a lot of it. The dress pictured here would be grand in a ribbed crepe of that shade. And because it's a coat dress it is just right for early wear. It will go anywhere without a coat and of course may be worn with one later. It's a particularly smart version of the coat dress—what with its very broad shoulders, its nests of pleats, and its back that matches the front. The hat shown with it is the new type beret, high in back and pulled well forward, and the pattern for it is included with the dress. This pattern may be purchased at your favorite pattern department.

Depression Recipes

**Brown Rice Pudding.** 1 lb. brown rice, 2 qts. water and boil until water is absorbed. Then add 3 qts. milk, 3-4 lb. brown sugar, pinch of salt. Put all in double boiler and let cook until well done. Then add 1-4 lb. seeded raisins and a little butter to flavor. A pinch of nutmeg may be added if this flavor is desired. Serve with cream or fruit juice, and it makes a delightful dish.

**Indian Meal Pudding.** 1 lb. of granulated corn meal, 2 qts. boiling water. Stir thoroughly to keep from lumping. Then add 3 qts. water, a pinch of salt, put all in double boiler and cook for about one hour. Then add 3-4 lb. brown sugar, 1-4 lb. raisins, 2 oz. butter, 1 tps. vanilla. Serve with cream or fruit juice.

**Bread Pudding.** Bread pudding is made from whole wheat bread, ends preferred. 1-2 lbs. bread ends, 1 qt. water, 1 qt. milk, 1-2 lb. brown sugar, 1-4 lb. raisins, 1-4 tps. nutmeg, 1-2 tps. vanilla, 1 oz. beef fat or butter, as desired. Turn in double boiler and cook for one hour. Serve with cream or fruit juice.

Beauty Brevities

Such fun as the little lovelies are having with eye shadows, playing with intriguing smears on the orb shutters that make the gals look subtle, mysterious and compelling. Compensates them for following the new makeup law which says that cheeks must no longer register a high fever, only the faint color sweetness of the wild, wild rose.

Shadows graduate from blue to green to bronze. If you want to trot in the front ranks of those who are in the beauty know, let the shadow include the lashes. Exotic. But only the dashing ones can get away with it.

Women are no longer rouge conscious, but they do feel funny—a lot of them—about eyelid paint, which is the last reckless step in facial decoration.

This world would be a happier place for a woman if fat didn't settle in spots. When it spreads evenly, it can be fought easily; cutting down on fats, starches and sweets will do it. Nothing but exercise will worry adipose tissues that are localized.

Fat arms will gradually wear down to normal dimensions, if they are swung through the air in wide, high circles. Muscles must be flexed. Close hands slightly, do the swing as if you were lifting a heavy weight.

If the bottle of cuticle remover has suddenly gone dry, mineral or olive oil will act as a substitute.

Rub it into the nail frame. Pick up the orange wood stick, lift cuticle gently. This treatment works best if hands are soaked for three or four minutes in a warm, sudsy bath. When the cuticle is stubborn, keep on soaking the nail, using more oil, working with the stick until the flesh is free from the nail base.

Cut only hangnails, and be careful about that. Any wound is subject to infection; flesh around the pink shells is particularly susceptible to invading germs and germ-esses, not to mention little germs.

Particles of food that adhere to the teeth start to ferment, certain chemicals are formed and the result is decay of dentine. So once a day—the best time is after dinner—brush teeth thoroughly, and pass dental floss between them.

Be careful not to saw into the gums. Rinse with a mouth wash. Daily attention acts as an insurance against aching teeth.

If the brush has grouped bristles, the scouring will be more thorough than if bristles are packed close. The brush will be cleaner.

Women with salt and pepper hair sometimes wish they were through the transition period, all snowy crowned. There is no safe way of whitening dark threads. Time will do the job eventually.

Foreigners are excluded from attendance at the U. S. Military Academy at West Point; a special act of Congress is needed to provide for their entrance.

There are 378 important waterfalls in Brazil; 164 of these have a potential power of at least 50,000,000 horsepower.

INEXPENSIVE FOODS CAN BE ATTRACTIVE WITH GARNISHES

A tempting appearance is especially important when you're serving low-cost meals and economy dishes. Inexpensive foods can be made to look exactly as tempting as more costly dishes, if a little care and thought is given to preparing and serving them. A bit of parsley or a leaf from the heart of lettuce does much to make a plain dish appetizing without increasing its cost.

There are so many little ways of dressing up foods, suggests the bureau of home economics of the United States department of agriculture. One might group garnishes entirely by color. For example, if you want a touch of green, you can find it in a bit of home-grown parsley, or cress, or mint, some rings of left-over green pepper, a few cooked peas, small lettuce leaves or wild salad greens, celery tops, or sliced pickles, or cucumber sticks, or olives.

Celery tops are yellow as well as green, and so are slices or sections of lemon. In the economy diet, the extra cost of lemons is not justified unless the lemon juice is also needed for flavor as when lemon is

squeezed over fish. Cooked sliced carrots or carrot sticks or raw grated carrot give a colorful orange garnish that also has food value at almost no cost. And, when they are plentiful, hard-cooked eggs, sliced or with the yolks iced, furnish a pleasing color note with extra food value added to the spinach or the hash thus decorated.

Sliced tomatoes or beets, radish roses, pimiento strips, red jellies and paprika pepper all contribute red color to meat or salad dishes, while cherries, watermelon blocks, Malaga grapes and red raspberries do the same for fruit mixtures or desserts. Tomato aspic jelly is another source of bright red color for salads or a plate of cold meat.

A white border of rice or mashed potato around a brown stew, or a potato salad on a plate with cold ham, are examples of the decorative possibilities of a very simple contrast. When stews or hashes or creamed foods are served on golden brown toast or rounds of pastry, the color as well as the flavor attracts. Mint jelly, balls or squares of white cream cheese, and in their season, glazed apple rings and red jellied apples, are still other suggestions of easy, homely ways of making everyday foods tempting without expense. A dark green grape leaf under half a cantaloupe or grapefruit, or a geranium or mint leaf in the lead tea,

may be had for the trouble of walking to the garden, in many cases.

To re-finish and re-furnish her bedroom cost Mrs. Ewald Graf, member of Hinds Home Demonstration Club in Wilbarber county \$10.71. To get the money she asked the county agent to help her cull her flock of hens. These culls brought \$13.42 and the remainder of the flock kept on laying the same number of eggs as before.

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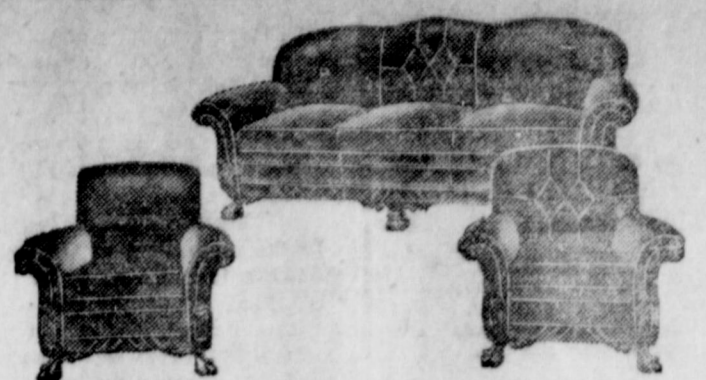
Mrs. Clara Ferris, known as "Mother of Texas Firemen," died at her home in Fort Worth at 10 o'clock, Thursday afternoon, August 23.

ed fireman's cap with the word "Mother" on it. At the state convention at San Angelo in 1930 she was presented with a gold badge.

Funeral services were held in Brownwood at 4:00 o'clock Saturday afternoon. The remains arrived here by train at 5:45 o'clock Saturday and were taken to White & London Funeral Home, which was in charge of the arrangements.

Interment was made in Comanche cemetery with White & London Funeral Home in charge of the arrangements.

Surviving are: his wife; the following children, Mrs. C. A. Cannon Rising Star; W. T. Vernon, Rising Star, Arthur Vernon, Brownwood; Mrs. J. B. Kirksey, Elgin, Mrs. E. Hill, Throckmorton, Conrad Vernon, Temple; twenty-four grandchildren, five great grandchildren and seven brothers and sisters.



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Home Economics Howard Payne College announces the appointment of Miss Eula McFarland, M. A., of Columbia University as head of the department of Home Economics.

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