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# **The Clarendon Press Dedicated To Fair And Impartial Representation**

**USPS 947040** 



HUNTER'S SAFETY COURSE, taught by Ronnie McAnear, was

We hope the New Year rings in the very best for you. Good luck, good health and good times to all!



taken by Boy Scout Den 3. They are: John Havens, Jeff Hatley, Jeff Hen-Marian Davis, leader, Tim Landon, son, Wes Smith, Steven Davis, Pictured] Chan Bilbrey.

# Lady Broncos take 2nd place in Samnorwood Tournament

The Lady Broncos opened the new season with a slow start, but have been improving and progressing ever since. Their current record is 4-6. This year's team may have only two seniors, but they are finding that the key to success lies in team work. The Lady Broncos are: Gayla Clifford, Muzzy Hayes, Shay Newland, Tammie Chambless, Janet

ceeded into the winners bracket, where they played their best game to date, against Shamrock. Clarendon played a control ballgame and led the entire game. Although the competition was tough, the final score was: Clarendon 40, Shamrock 37. Almost every member of the team scored with Tammie 10, Muzzy 8, Shay 6, Gayla 6; Kami 4, Janet 3, Kristen 2 Risley, Christi Page, Kristen Couch, and Christi 1. Muzzy also had 6 Amanda Page, Gwen Bohanon, Kami recoveries, and Shay had 4. "Play-Cole, and Stefani ers of the game" were Kami and Shay played a super game, while bringing down a total of 15 rebounds. Shay was also "player of the game" Lady Broncs brought home a second place trophy

In the final game before Christmas the Lady Broncs traveled to Valley where the Patriots skimmed over Clarendon with Valley 37, Clarendon 36. The Clarendon girls led throughout the game, but the Patriots came back late in the second half tootie up the score. Despite the efforts of the

PAULA BURROW, Patsy Fondren, Mary Jaramillo, Debble Leeper

graduated from Medical Center Certified Nurses Aid Course.

# Take precautions with alcohol, warn TCOM **Scientists**

Celebrating the holidays with an alcoholic beverage is a tradition in our culture, but society's attitude toward drinking has changed over the years. Today, according to Michael Emmett-Oglesby, Ph.D., of the pharmacology faculty at Texas College of Osteopathic Medicine, people are expected to act responsibility when they serve or con sume alcohol.

"Being publicly intoxicated is not acceptable today. Alcohol is the main drug of middle America, but the trend in this segment of society is towards responsible drinking," he said.

To aid responsible drinking, Dr.

#### \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Complied by Tommie Saye

Cooperative Observer for Nation Weather Service, Clarendon.

Day	Date	н	Low	Precip.
Monday	17	61	25	
Tuesday	18	45	26	.02
Wedneeds	y 19	55	39	.12
Thursday	20	52	40	.05
Friday	21	59	23	5 · 4 · 4
Saturday	22	47	23	
Sunday	27	6.3	34	2000
Total Prec	tp for	Mont	h	2.29
Total Prec				18.16

Emmett-Oglesby recommends that food be available with the first round of drinks served. "Food delays the absorption of alcohol into the system. A hostess should always have food available, and guests should eat when they drink.'

Another recommendation offered by Gary Wimbish, Ph.D., of TCOM's pathology faculty is to consume only one drink per hour. "One beer or one ounce of whiskey in a mixed drink per hour is usually a safe limit. Two drinks per hour can lead to intoxication," he said. "If you do overdrink -- say six drinks over a three-hour period -- you're coming close to being legally intoxicated."

"If you do exceed the limit, be sure to ask someone else to drive you home," added Dr. Emmett-Oglesby. "In Scandinavian countries it's a common practice to designate one member of a group of partygoers as a non-drinking driver.

But sticking with the one drink per hour can be difficult. "Alcohol impairs our ability to make sound decisions," Dr. Wimbish explained. "If a person commits to one drink per hour before the party, that commitment is weakened after the effects of the first drink. Sometimes people need loving support to honor their commitment.

Both men caution drinkers not to mix medication with alcohol, specifically sleeping pills, tranquilizers and antihistamines, which can cause a "quick drunk," or more serious complications.

Also, alcohol stronger than a light beer inhibits acid and gastrin production in the stomach. It can compound the effects of overeating by causing an upset stomach as well as adding 200-300 calories to a dieter's daily intake with just one mixed drink or full-bodied beer.

Both scientists confirm that only time can cure a hangover, although over-the-counter medication, such as an antacid to relieve gastric irritation or pain reliever, can help you feel better while you're waiting.

If you're going to drink through the holidays, Dr. Wimbish suggests providing yourself with a good nutritional (food supplement) support. "Any drug or chemical that produces stress in your system can reduce your resistance to illness. Alcohol is a stress factor."

The TCOM faculty members are not preaching "no drinking." explained Dr. Emmett-Oglesby. "It (drinking alcohol) is part of our tradition and culture and when done properly, it really does enhance holiday spirit."

Graham.

In the season opener against the Panhandle against the Panhandle Panthers, the Lady Broncos had a tough time as the game came to a close with a score of Panhandle 59. Clarendon 28. Tammie Chambless was high-scoring player with a total of 12 points. She was also "player of the game"

Next, the Lady Broncos stopped the Valley Patriots with a score of Broncos 34, Patriots 23, Janet Risley led in scoring with 8 points, and Muzzy Hayes had 6. They also had 9 and 7 recoveries, respectively. Janet was "player of the game"

On November 27, the Lady Broncs traveled to Claude where they were defeated. Muzzy was high-point player with 4 points and Tammie was "player of the game"

The Lady Broncs competed in the Spearman Tournament where they played Spearman and Perryton. In the first game, they played Spearman and were finally defeated 54-37. Janet scored 9 points for high-point player and Tammie scored 8. Muzzy led in recoveries with a total of 7. Tammie was also "player of the game.

In their next game of the tournament, the Lady Broncs played class 3-A Perryton. Clarendon played a tough game but were finally defeated by a 12 point margin of 50-38. Muzzy was high-pointer with 11 points and was also "player of the game". She also had 7 assists and 6 recoveries. Gayla Clifford led all recoveries with a total of 7. The Lady Broncs next played

Hedley at home. The Clarendon girls played very well as the game came to a close with Clarendon 42, Hedley 35. High-point girl was Janet with a total of 10, while Muzzy scored 8 points and Gayla scored 7. Janet was 'player of the game''.

Clarendon, then entered into the Samnorwood tournament where they played some excellent games to finish with second place.

In the first game, their opponent was McLean. The Lady Broncos led almost the entire game and defeated McLean 38-28. Kami May was high-point player with 8 total points. while Gwen Bohanon, Shay Newland and Janet Risley added to the win with 6 points each. Janet was "player of the game"

The Lady Broncos proceded pro-

Janet.

In the championship game, the Lady Broncs played Samnorwood. The score was close throughout the game, and the two teams battled to the end, but the Clarendon girls were finally defeated by a slim 3 point margin. The score was Clarendon 36, Samnorwood 39. Leading in scoring were Janet, Shay and Gayla with totals of 8, 6 and 5 respectively.

requirements

For 1985 and later years, taxpayers must keep adequate contemporaneous records, as required by section 274(d) of the Internal Revenue Code, to substantiate any investment tax credit or deduction with respect to the business use of certain listed property (including passenger cars and computers), and travel, entertainment, and gift expenses. If the taxpayer does not have adequate contemporaneous records, no credit or deduction is allowed for that item (unless the lack

of records is due to circumstances **Donley County Building Committee** 

meeting Dec. 28

You are invited to attend the annual meeting of the Donley County Program Building Committee on Friday, December 28, 1984, at 12 noon. The meeting will be held in the Extension Office in the old

courthouse in Clarendon.

The basic function of the committee is to provide program direction and support to Extension work in Donley County. The membership of County is invited to attend.

Farmers Tax Guide available at

### Extension office

Copies of the Farmers Tax Guide for use in preparing 1984 tax returns are available at the County Extension office. according to Ronald Gooch. County Extension Agent.

This booklet explains how the federal tax laws apply to farming and ranching. It gives examples of

Lady Broncos, they lost in overtime by 1 point. Janet had 11 points, and

Muzzy had 8. Shay led in rebounds with 10, and also led in assists with 4. Amanda and Janet were "players of the game"

The Lady Broncos next home game is against Panhandle on December 29. Come out and support these kids.

New record keeping

beyond the taxpayer's control, in which case the records can be reconstructed).

Tax return preparers must advise their clients of these recordkeeping requirements, obtain written certification from their clients that adequate records exist to support amounts claimed, and sign the return or claim. (Return preparers are not to sign the return or claim if the written certification has not been received.) Penalties are provided for failure to comply with these preparer requirements.

the committee is composed of the Executive Committee and the members of the 4-H and Youth, Family Living, Field Crops, and Beef Cattle and Range Committees. They need your help in planning programs that will benefit the people

of Donley County.

Anyone interested in planning future Extension programs that will benefit all of the people of Donley

typical farming situations and discusses the kinds of farm and ranch income you must report and the different deductions you can take.

For your copy of the Farmers Tax Guide, go by or call the County Extension Office at 874-2141. Gooch said.

# **Cannon-Refermat Wedding**

Miss Hulda Kathleen Cannon and Michael Stephen Refermat were united in marriage at 4 p.m. on Saturday, November 10, 1984, in the First Baptist Church of Navasota, Texas with Rev. Charles Boyd, pastor, and Father Patrick Dougherty officiating.

The bride is the daughter of Mr. and Mrs. Frank Edward Cannon of Navasota, Texas, and the granddaughter of Mr. and Mrs. Hawley A. Harrison, Sr. and Mrs. Richard Cannon of Clarendon, Texas, and Mr. J.F. Cannon of Crowell, Texas. The groom is the son of Mr. and Mrs. Michael Stanley Refermat of Phoenix. Arizona. and the grandson of Mrs. Rose Richards of Depew, New York, and Mrs. Anna Refermat of Phoenix, Arizona,

The church was decorated with candles. greenery, and flowers. The altar arrangement was done with pink roses, burgundy gerbera daisies, travelers pink gladiolas, pink carnations, gypsophelia and fern. Centered in front of the altar

arrangement was the unity candle in its candlestick which had belonged to the bride's great-grandmother Smilax entwined the three candelabra and the unity candle; pink satin ribbons trimmed the kneeling bench and marked the family pews.

Nuptial music was provided by Mrs. Paula Bingham of Bryan, and soloist was Blake Cannon, brother of the bride, who sang "The Wedding Song" and "The Lord's Prayer." Mrs. Tony Gonzales of Phoenix, sister of the groom, and Kerry Cannon of Oklahoma City, brother of the bride, read scriptures for the ceremony. Fathers of the bride and groom presented the family candles to Hulda and Mike from which they lighted the unity candle.

Given in marriage by her father, the bride wore a chapel-length Galina gown of French Alencon lace and satin. The sequined and pearled lace bodice featured a scalloped open neckline, a dropped waist with a sheer back, and bouquet sleeves with

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inserts of lace accented with motherof-pearl sequins and pearls. A border of scalloped lace enriched the graceful skirt at the hemline that swept to a back fullness to create a chapel-length train. The headpiece designed by Chloe' was a crown of Alencon lace trimmed with motherof-pearl sequins and pearls, and from it fell a chapel-length veil of illusion with fingertip blusher. Her cascade bouquet was of white roses, gypsophelia, freesia, ming fern and Comosum-vittatum trimmed with streamers of white satin picot ribbon.

Maid of Honor was Miss Lisa Cannon, sister of the bride; bridesmaids were Mrs. Aaron Morris of Austin, cousin of the bride, and Mrs. Ron Olderag of Austin, friend of the bride. Junior bridesmaid was Miss Kimberly Cannon of Oklahoma City, niece of the bride. The bridesmaids wore formal length burgundy gowns featuring velvet bodices with poet sleeves and full moire taffeta skirts. Kim's dress was of the same style in pink moire taffeta. The four carried silk arm bouquets of pink and burgundy roses and phlox trimmed with gypsophelia and eucalyptus.

Tom Refermat of Hartland, Wisconsin, brother of the groom, served as Mike's best man. Groomsmen were Jerry Kemp and Jack Moceri of San Diego, and Greg Schwartz of Mesa, Arizona. Joey Refermat, nephew of the groom, served as ringbearer. Mike chose grey Bill Blass tuxedos with black cummerbunds and bowties for the men in the wedding party. He wore a great cutaway with matching vest and bowtie; his boutonniere was a white rose trimmed to match the bride's bouquet.

For her daughter's wedding, Mrs. Cannon chose a floor-length plum taffeta dress featuring a bateau neck, modified dolman sleeves, belted waist, and full skirt. Mrs. Refermat, mother of the groom, wore a champagne pink silk floor-length gown featuring a high ruffled neck, full sleeves gathered into a cuff at the wrists, a blouson bodice, belted waist, and full skirt. Both mothers wore silk roses to match their dresses.

Wedding guests were registered

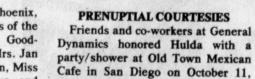


by Miss Lynn Refermat of Phoenix, sister of the groom. Members of the houseparty were Mrs. Dee Goodman, Mrs. Sheilah Prihoda, Mrs. Jan Murphy, Mrs. Randee Cannon, Miss Lisa Gibbs, Mrs. Marcia Lowe, and Mrs. Marcie Lenihan.

Following the ceremony, a reception was held at Washington-on-the-Brazos where the guests enjoyed barbecue and dancing. The bride's three-tiered white cake was accented with burgundy and pink roses and greenery and topped with a music box featuring a bride and groom dressed identical to Mike and Hulda. The groom's cake was chocolate decorated with frosted grapes and greenery. Decorations for the hall were baskets of silk English garden flowers designed and presented as a gift to the bride by Mrs. Susan Boudreaux, who also made the bridesmaids' bouquets, the mothers' corsages, and the groomsmen's boutonnieres. Burgundy candles and English Ivy completed the decor.

Out-of-town guests for the wedding were Mrs. Rose Richards of Depew, New York and Mrs. Anna Refermat of Phoenix, Arizona, gallons of grandmothers of the groom; Mrs. Marie Patrzyk of Lancaster, New York; Mr. David Richards of Rochester, New York; Mr. and Mrs. Thomas Refermat, Joey and Mark of Hartland, Wisconsin; Mr. and Mrs. Tony Gonzales of Glendale, Arizona; Miss Lynn Refermat and Mr. and Mrs. Mike Refermat of Phoenix, Arizona; Mrs. Marcia Lowe, Mr. Jack Moceri, and Mr. Jerry Kemp of San Diego; Ms. Alison Buffington and Mr. and Mrs. Robert Walters of Houston; Mr. and Mrs. J.F. Cannon of Crowell, grandfather of the bride; Mr. and Mrs. Kerry Cannon, Kimberly, Mike and Robbie of Oklahoma City; Lt. Col. and Mrs. John R. Oliver of Lampasas; Mr. and Mrs. David Chase of Odessa; Mr. and Mrs. Ron Olderag, Mr. and Mrs. Ross Oliver, Kyle and Carrie; Mr. and Mrs. Mark Swope and family, Mr. Paul Cobb, Mr. Chuck Johnstone, Ms. Thelma Crawford; Mr. and Mrs. Ron Dolman, Robbie and Corrie; Dr. and Mrs. W.E. Dolman and Rachel; Mr. and Mrs. Aaron Morris, Jacob and Joshua; Mr. and Mrs. Paul Guyton, Erica and Angela; and Mr. and Mrs. Robert Harrison of Austin; Mr. and Mrs. W. Dennis .... Harrison of Clarendon; Mrs. J.D. 3.0 Jones of Dalhart; Mr. and Mrs. Jerry Lane and Lauren of Brenham; Mr. and Mrs. Mike Murphy of San Antonio; Mrs. Marcia Lenihan of Dallas; Mr. and Mrs. B.H. Patterson and Mrs. Roy Turner of Lubbock; Miss Ginger Sisson and Mr. Blake Cannon of Oakland, California; Mrs. Peggy Crittenden, Mrs. Sue Ashburn, and Dr. and Mrs. John Mason of College Station; and Mr. and MRs. George Galloway and Mr. and Mrs. Don Becker of Bryan. The couple is at home at 300 South Ivy, Escondido, California; a honey-1 moon to Europe is planned for the spring. 'the Clarendon Press is published every Thursday at 106 S. Kearney and entered as Second Class Mail at the post office at Clarendon, Texas. J.C. and Helen Woody, pubshers and editors. Subscription rates: \$13.00 a year outside Donley County and \$10.00 a year in Donley County. Any erroneous reflection up the character of any person or firm

pearing in these columns will be adly and promptly corrected upon eing brought to the attention of the



1984. A miscellaneous shower was given by Susan Gauer, Marcia Lowe and Laurie Hamilton in Susan's home in San Diego on October 17.

Hulda was honored with a miscellaneous shower in the home of



ner" bore another name when it was first published

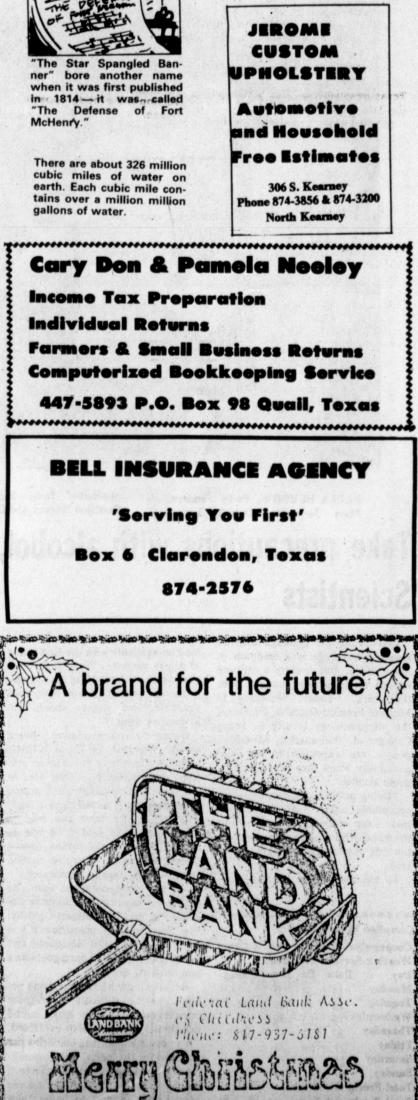
Mrs. Dee Goodman in Navasota on November 2; Dee, Darla Butler, and Susie Pool were hostesses.

Carol Jean Falco hosted a rice flower party in her home on the

evening of November 7.

On November 9, out-of-town friends and relatives joined the wedding party for a rehearsal dinner at Cafe Suse' following the rehearsal. Approximately fifty people attended.

"Boys will be boys, and so will a lot of middle-aged men." — Kin Hubbard





# **Senior Citizens**

#### MENU

December 27-January 2 Thursday-Baked Ham with cherry sauce, yam patties, fried okra, ambrosia salad, yellow cake with frosting, dinner rolls, milk, tea, coffee.

Friday-Fist sticks, tarter sauce, french fries, stewed tomatoes, coleslaw, pear halves, hushpuppies, milk, tea, coffee,

Monday-Pork cutlets, green beans, potato salad, fruit cocktail, hot rolls, milk, tea, coffee.

Tuesday-Beef tips on noodles, yellow squash, red Jello with fruit, plain cake with lemon sauce, bread, milk, tea, coffee.

Wednesday-Salisbury steak on rice, sweet peas, pineapple and cheese salad, cherry cobbler, dinner rolls, milk. tea. coffee.

Senior Citizens Menu December 27-January 2 Thursday-Roast beef, cream corn,

communication

Newspapers pack a solid wallop for

Texas business and residential com-

munities alike...far outdistancing all

**Results of Texas Consumer Survey** 

84, the largest and most com-

prehensive study ever conducted on

readership, listening, viewing and

shopping habits, heavily documents

\*86.3 percent of Texans read a

\*70.6 percent of Texas newspapers

\*87.6 percent of the readers say

These are just three of the dozens

of highlights revealed by the state-

wide study which was conducted by

Consumer Date Service (CDS), of

The massive survey was under the

(A) 69.6 percent read at least five

issueds of their local daily, and 84.3

that the ads in their local newspaper

are important to them personally.

readers usually read local merchant

newspaper every week, with 80

percent reading their local comminity

other forms of communication.

Texas newspaper superiority.

newspaper;

ads, and

Oklahoma City.

the date emphasized:

Practice 7-9 p.m. **Tuesday-CLOSED** Wednesday-Exercise 11 a.m.

English peas, carrot and raisin salad, cherry cobbler, hot rolls, milk, tea, coffee

Friday-Smothered pork chops, golden hominy, spinach, beet and onion salad, rice pudding with raisins, dinner rolls, milk, tea, coffee.

Monday-Spaghetti and meatballs in tomato sauce, stuffed celery, bean salad, peaches and cookies, dinner rolls, milk, tea, coffee. **Tuesday-CLOSED** 

Wednesday-Large lima beans with ham, spinach, pickled vegetables (carrots, onions, cauliflower and celery), apple cobbler, cornbread, milk, tea, coffee.

**Senior Citizens Calendar of Events** December 27-January 2

Thursday-Exercise 11 a.m., Game Night 6-10 p.m. Friday-Exercise 11 a.m., Birthday/ Anniversary Salad Supper 6 p.m. Monday-Exercise 11 a.m., Dance

A NUMBER OF LOCAL highway department employees were recog-nized in Childress recently at a service and safety ceremony held at the City Auditorium. Some 150 employees were present to receive

awards and hear an address by Henry A. Thomason, Jr., Deputy Director, Field Operations, State Local highway employees receiving

John Taylor, Director of the Texas

Newspaper Advertising Bureau

(TNAB), explained that an analysis

of the massive survey easily reveals

numerous additional newspaper

assets that may be overlooked at first

"Every Texas newspaper is a dues

payer to its community and state, as

well as a major contributor to a better

society. Texas newspapers, their

publishers and staffs have spent

lifetimes creating communities that

justify the investment of millions of

glance.

Taylor explained:

The Clarendon Press, Thurs., Dec. 27, 1984

awards are pictured above. Row [L-R]: Jack Leeper, Steve Smith, Lester Graham, Kirk Fields, James Department of Highways and Public Thomas. Front Row: Jack Eads, Transportation, Austin, Texas., C.E. Welch, Elvis White, Jack Weems

School Menu

January 2-4 Tuesday-New Years Wednesday-Beef pot pie with vege-

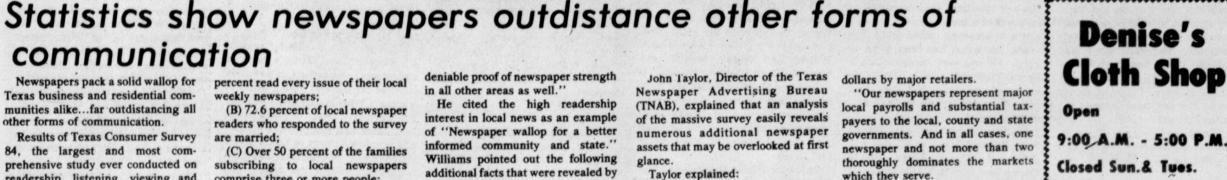
tables, cream potatoes, tossed salad, cheese wedge, pears, milk. Thursday-Chip O Pie with cheese, buttered corn, tossed salad, cookies, milk

Friday-Hamburger on bun, sliced cheese, onions and pickles, French fries, plum cobbler, milk.



In the 1400s, people began to mount their shoes on separate wooden blocks to protect their footwear from mud and water. These were the forerunners of heeled shoes

\*



mailers who often don't even pay state taxes, and the electronic media which must share its hour-by-hour audience with about 50 competi-

"Texas newspapers represent quite a choice from the major direct tors."

874-2846 418 S. Goodnight

\*

percent read every issue of their local weekly newspapers:

(B) 72.6 percent of local newspaper readers who responded to the survey are married;

(C) Over 50 percent of the families subscribing to local newspapers comprise three or more people;

(D) Husbands and wives in 43.3 percent of the Texas newspaper reading families both have jobs with combined incomes totaling more than \$20,000;

(E) 64.19 percent of Texans who voted in the 1982-83 elections are newspaper readers, and

(F) 79.4 percent of Texas newspaper readers own their own homes. Lyndell Williams, Executive Vice-President of the Texas Press Association (TPA) in Austin, after

receiving the huge study report said this week: "This survey not only confirms

what major advertising retailers already know, but also provides un-

rican social weaver birds may join to build a huge community nest - a nest version of the modern aparthouse.

deniable proof of newspaper strength in all other areas as well.'

He cited the high readership interest in local news as an example of "Newspaper wallop for a better informed community and state." Williams pointed out the following additional facts that were revealed by the survey date:

\*82.8 percent of Texans read all local news in their newspapers;

\*70.3 percent read the special sections:

\*58.4 percent read the editorials,

and

\*54.3 percent read the state news. Williams also cited local merchant ads as the most thoroughly read advertising matter. Those figures read:

\*89 percent of Texas newspaper readers usually or at least sometimes read all local merchant advertising;

\*85.4 percent usually or sometimes read all grocery ads;

\*85.8 percent usually or sometimes read all the inserts in newspapers, and

\*85.59 percent usually or sometimes read department store advertising.

The survey also outlines the strengths and weaknesses of direct mail along with radio and television.

Direct mail advertising in Texas, much of it conducted by out-of-state firms, is usually read by 43.7 percent of the addresses, with only 31 percent of that number reading all of

a single mailing.

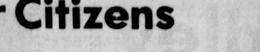
# WELCOME TO RJ'S

Come try our fine food and friendly atmosphere



#### supervision of Dr. Ernest Larkin, director of the Journalism Research As many as 90 couples of Af-Center, University of Oklahoma. The study also provides in depth detail of the vast audience appeal of Texas newspapers. This portion of

Page 3



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Radio and television while being listened to by as much as 73 percent of Texas consumers and seen by at least that many people, nevertheless, must divide those numbers by dozens of station and channels. And the most watched cable television channels of all don't even accept advertising.



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Page 4

Watt's Happening in Hedley

By PEGGY WATT Mrs. Ethyl Henry has returned from visiting her children. She spent three weeks in St. Louis, Missouri with her son and daughter-in-law, Bob and Barbara Henry and her daughter and son-in-law, Dianne and Bob Levergood. Then she journeyed to Los Angeles to the home of her other son and daughter-in-law. Eugene and JoAnn Henry where she spent a pleasant week. JoAnn is just completing her doctorate in nursing and had a few days off so they drove down the coast. The sun shone and the weather was lovely. She got home Wednesday. She said she could see snow covering the ground most of the way from California to Amarillo.

Mother and Nettie Alexander shopped in Clarendon last week. They told me what I could expect to happen to me if they didn't read about it in the PRESS. So here it is: Lola Brown and Nettie Alexander shopped in Clarendon last week!!!!

Shanna McCrary is on the sick list. It's bad anytime a child is sick, but it's especially bad when they're sick at Christmas. Hopefully she'll be feeling better before Santa gets here.

Paula Clendennen of McClean visited her parents. Tom and Opal last week. She and Opal shopped in Clarendon Thursday.

Nell Land and Mollie Dickson attended Memorial Services for Mrs. Pauline Bridges in Clarendon last week.

Dorothy Johnson is in California visiting her children. If she's smart, she'll stay until spring. The weather there can't possibly be as bad there as it is here. We've had about four inches of rain during the last week. I'm not complaining, mind you. I'd rather have mud anytime than snow. Most of the time, when it snows, it blows into the road and makes them impassable.

Virgil McPherson is still poorly. He's been to the doctor several times and has had several sets of x-rays made. I talked to Opal today, and she said he had to go back for more this week. Becky and Tom Edmond-

son of Springfield, Missouri have been here and Kathy Richardson of Lawton and Carolyn Kirkland of Amarillo have been giving Virgil and Opal moral support.

Fred, Su-San, and I went to Hartley Tuesday and spent the night with Hubert and Pauleen Green. We attended the Eastern Star Chapter in Channing Tuesday evening. During the meeting, Fred's cousin, Alleen McCants Ledbetter received her certificate for fifty years of membership in the Eastern Star. Fred also received a watch which belonged to his uncle. Houston Akers was a conductor on the Fort Worth-Denver Railroad. He was also a Mason and at the Grand Lodge Session in Galveston in 1903, he had his watch converted to contain the 12 Masonic Emblems instead of numbers. Shortly after the Session of Grand Lodge, the flood which almost destroyed Galveston occurred and also a train wreck near Channing took the life of Houston Akers. His will stipulated that the watch to be given to a male relative that was active in Masonry. After about fifty years, the watch has been given to Fred. He was very surprised when he was presented with it. I knew he was going to get it, but didn't tell him. So much for the theory that a woman can't keep a secret!

On Wednesday, December 19 the First Baptist Church in Hedley had its annual Christmas party. Charla Crump read the Christmas Story and the children of various Sunday school classes acted out the story wearing traditional costumes. Some of them were very original versions of the traditional ones. Santa made a visit and was ably assisted by Kay Skaggs. Everyone received a gift from him. The children voiced their wishes to Santa. One little girl who is fortunate enough to be bilingual used both her languages to talk to Santa. I understand he speaks all languages

R.H. and Tommie Alexander of Denton came Wednesday and took his mother, Mrs. Nettie Alexander

#### home with them. . They plan to spend Christmas in Waco with their daughter, Sharon. Before she comes home, Nettie intends to go to Houston and visit with her daughter. Pat Leslie. Mother will probably be too busy to miss her very much.

They visit regularly by phone across the street. A.E. Ranson escaped serous injury Thursday night when he was involved in an automobile accident. The fog was bad, and he was struck by another car near the Giles turn-

We enjoyed an early Christmas at Mother's house Sunday. You know how mothers are. She said she didn't intend to go to much trouble since only the family would be there. When we got there after church, she had enough cooked to feed an army or two. My brother, Leonard Mullins of Pampa was there along with T. and Nancy Mullins, Bill, Steve and Danny. My daddy, Curtis Mullins came. Fred and I had our kids, Leon, Su-San, Keith, and Guy. Thunder missed it. Leon brought Linda Ivy. We let mother open her gifts early, since she will be in Amarillo with William and Margie Mullins and Chris on Christmas Day.

Josh and Matthew Talley and their mother, Kay, sang at church again Sunday. They sang 'Away in a Manger'. Matthew is a little shy, but Josh sings right out. He has a clear, find voice.

I talked to Elloise Spalding and she sure she's better.

there that night, the house was full. the Rocky Mountains. A Grace Burkhalter and Ricky, Rhonda Burkhalter, Pat and Sherrie Gallant, Brian, John and Nita of Oklahoma City, R.L. and Marie Norton, Melvin and Joy Guinn. Billy and Regins and Shanna of Memphis, Helen Crump and Karen and Kim of Clarendon, Mike and Dee Nutt and Tosha of Borger, Doug and Debbie Stitzel and April of Amarillo, and Max Crump of Memphis were there. Roy and Juanita expect Roy Jr. and Les and Kay Miller and Sidney Ketchum, John and Sarah Chitwood and Nicole of Childress will be there later. I hope I get to visit with Grace before she goes home. We started to school together and have been friends since. Her kids are about the age of mine. I saw Randy and Debbie Woodard

here last week.

Robert Stafford was with Flossie Sunday

should be

Les Beaux Arts

Club met Dec. 7 On Friday, December 7, 1984, Les

The Clarendon Press, Thurs., Dec. 27, 1984

Beaux Arts Club members met at the Patching Club House for a Christmas tea and tree ornament exchange. A delicious variety of hors d'oeuvres, finger sandwiches, and desserts created by Hostess Pam Fletcher were served by Hostesses Betty Boston and Gladys Sawyer. Members attending were:

Baldwin, Marjorie Benson, Elmonette Bivens, Betty Boston, Kathryn Cain, Pam Fletcher, Theda, Hardin, Janice Knorpp, Cennet Rhode, Ruth Robinson, Gladys Sawyer, Lucy Saye, Anna Moores Simmons, Bobbie Thornberry, Mary Thornberry, Pat Thornberry, Dorothy White, Edythe Carter, Virginia Browder, and guest Tonya Moreland.

**PROFESSIONAL PLAY** 

For those looking for a new career, professional beach volleyball is now an option. In 1984, the Pro Beach Volleyball Tour said both she and Alfred were feeling includes 13 tournaments in six states with better. Since she's expecting all her total prize money approaching \$200,000. daughters home for Christmas, I'm The pro volleyball tournament series has picked up sponsorship by José Cuervo

Roy and Juanita Brown got an Tequila and other products, and is no early start on the Christmas cele- longer confined to the California beaches. bration. Their grandchildren started Tournaments are held in such unlikely arriving Sunday. By the time I was "beach" locations as the Arizona desert and

> **VOLUNTEERS GET GRANTS** One adult from each state, the District of

> Columbia and Puerto Rico has been named the outstanding 4-H volunteer in their state and has received a \$1,000 grant from R.J. Reynolds Industries, Inc. to help other volunteers in their state. Most of the grants will be used to upgrade training for adults who are volunteering time to the 4-H organization.

each of you God's richest blessings. As we begin a new year, I wish for HAPPY NEW YEAR!

# PASTOR PINION

#### **"MERRY CHRISTMAS, TO THE GLORY OF GOD"**

The Bible instructs us that whatever we do, "Whether, therefore, ye eat, or drink, or whatever ye do, do all to the glory of God." (I Corinthians 10:31)

Even though many of the things that we use to celebrate Christmas have a paganish background, I believe we can still celebrate Christmas "to the glory of God."

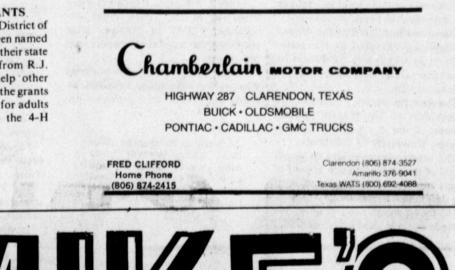
Christmas is a wonderful season. I like Christmas. It is a time of excitement, decorations, a generous spirit of buying and giving gifts, of singing Christmas carols, of family get-togethers. I like the joy it brings to children and the pleasant memories it leaves forever in their minds. I like the story of Christmas about the baby Jesus, about the angels and shepherds and stars and wise men.

I like the symbolism of Christmas. Everything about Christmas points us to Jesus Christ. The TREE speaks of the humanity of Christ and also points us to the cross. The decorations on the tree all have wonderful symbolism. The GOLD speaks of His diety, the BLUE His heavenly character, the PURPLE of His royalty, and the SILVER His redemptive work. The RED speaks of His blood and the WHITE at the bottom of the tree reminds us of His perfect righteousness. The STAR at the top speaks of the star of Bethlehem and the LIGHTS of the light of the world. The GIFTS around the tree remind us that every good and perfect gift comes from God, and that we should know how to give and especially to give the Gospel message to those in need of it.

This year may we truly celebrate Christmas, "To the glory of God!"



The world "jeopardy," meaning "hazard" or "danger, comes from two French words: jeu, game and parti, meaning divided. The English word originally meant "an even





From The **PEN of** 

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Jean is here with him. They live in Carlsbad, New Mexico.

I can't help wondering if Jane wrote LaRay Shaw's letter to Santa Claus!

By the time you read this, Christmas will be over. I hope everyone had a nice Christmas. All my children will be with me, so if there aren't any presents under that huge tree Guy put up, my Christmas will be merry.

How fortunate we are here in America. We have the privilege to worship the birth of our Savior in any church we want to. Most of us have more than plent of food and money to buy all the gifts we want to for our loved ones. We tend to take these privileges for granted. Most of the peoples of the world can neither worship in the church of their choice nor do they have food enough to feed their children. We can travel the length and the width of this great land to be with family and friends at Christmas. Most people in the worls must get permission from the of-



Back By Popular Domand

# **Johnny Woodard** & Country Plus

**Members and Guests Welcome** 

# The Nuggett Too

Private Club For Reservation New Years Night Call 874-9989 Live Band



#### 874-3554

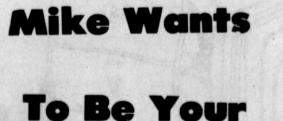
### Mail Orders Receive Prompt Service

### **Senior Citizens Receive 15% Discount on Prescriptions**

#### **ANTIBIOTICS WITHOUT PRESCRIPTION?**

Many persons think of the antibiotics as prescription medicines which can be obtained only after visiting a physician or dentist. Not so. Several antibiotics are available in nonprescription ointments and creams intended for application to the skin.

Combining two or more of certain antibiotics in one product tends to increase infectionfighting effectiveness. One of the most popular preparations contains three different antibiotics and is sold under several trade names (know by pharmacists as triple antibiotic ointment). Antibiotics often used in combination include gramicidin, neomycin, bacitracin, and polymyxin-B. If the type of bacteria that is producing an infection is known (Gram negative or positive), use of only one antibiotic may be effective. Furthermore, there is usually less chance of skin reaction if only one antibiotic is applied to the skin. Because tetracycline and chlortetracycline are effective against several different bacteria, these antibiotics are not usually used in combination with others.



**Pharmacist!** 





# **Recipe Roundup**

Recipes submitted by Mrs. Fuzz Fain FARMHOUSE GREEN SALAD

- 1/4 lb. bacon 1 head lettuce, broken into bite-size
- pieces
- 1 cup chopped celery 2 hard-cooked eggs, chopped

Page 6

Dressing of your choice

Fry bacon until crisp; drain and crumble into bits. Combine bacon, lettuce, celery and eggs in bowl; toss with dressing. Makes 6 servings.

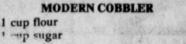
#### **OATMEAL SUGAR COOKIES** [Fred Molesworth]

1 cup sugar 1 cup shortening or butter 2 eggs, creamed Mix other ingredients, 1 teaspoon vanilla, 1 cup oats, 1/2 cup raisins, 1<sup>1</sup>/<sub>4</sub> cup flour. 1 teaspoon soda. <sup>1</sup>/<sub>2</sub>

teaspoon salt, 1/2 teaspoon cinnamon. Refrigerate overnight. Heat oven to 375. Shape dough in rounded teaspoon balls; place on ungreased cookies sheet. Flatten with greased bottom of glass dipped in sugar for each cookie. Bake 10 minutes. Makes 41/2 dozen. (Pecans may be added instead of raisins.)

#### MEXICAN CASSEROLE 1 can hominy, drained

1 layer of hot tamales, sliced 1 layer grated cheese 1 laver of onion 1 layer of chili con carne Begin with large casserole dish and line bottom of casserole with drained hominy. Repeat layers until filled and top with cheese and browned bread crumbs. Bake at 350



The Clarendon Press, Thurs., Dec. 27, 1984

1 cup milk 1 teaspoon baking powder

brown.

Pour into the bottom of a greased

### cup of sugar. Pour over batter and bake at 375 for about 1 hour.

pan and heat a quart of fruit with 1/2

#### BAKED BUTTERY POTATO SLICES

About 1 hour before serving: Preheat oven to 350 F. In 12" by 8" baking dish, melt 1/3 cup butter or margarine in oven. Slice 6 medium potatoes 1/8 inch thick and arrange in melted butter; sprinkle with 1 teaspoon salt and dash pepper. Bake 40 to 45 minutes until potatoes are fork-tender. Makes 6 servings.

degrees until heated through and **COWBOY POTATOES** 6 large potatoes 4 tablespoons bacon drippings 2 medium onions, chopped

Salt and pepper to taste Grated cheese Peel potatoes and split in half lengthwise. Cut into thin halfrounds. Melt drippings in heavy skillet with a cover. Add the potatoes and chopped onion, and season with salt and pepper. Cover and cook for 10 minutes. Turn potatoes with spatula, and cook an additional 10 minutes. Potatoes should be tender but not completely browned. Uncover and brown potatoes on each side. Sprinkle with cheese and serve

#### PATTY CAKE

hot. Yield: about 6-8 servings.

31/3 cups unsifted flour 3 tsp. baking powder 1/2 lb. margarine 1/2 cup granulated sugar

3 egg yolks, beaten 1/4 cup milk

can prepared fruit pie filling, any kind (2 cans even better)

Sift flour and baking powder together. Add sugar, cut in margarine as you would for pie crust.. Add egg yolks. Set aside 11/2 cups of this mixture for topping. To balance of mixture, add milk.

Pat dough into bottom of jelly roll pan (or cookie sheet with sides). Top with pie filling. Sprinkle with reserved crumb mixture.

Bake at 350 degrees for about 45 minutes, or until nicely browned on

This is very delicious and so easy to make.

**HOT POTATO SALAD** 6 or 8 medium potatoes (cooked in skins)

1 medium onion, chopped 6 slices bacon, diced

1/4 cup water

1/4 cup vinegar

salt, pepper, 1 leaf celery-chopped

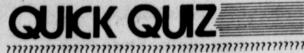
fine, 1 green pepper. Peel cooked potatoes; cut crosswise into thin slices. Add chopped onion, celery and peppers. Fry bacon until crisp; remove from fat. Add bacon to potatoes, mix well.

Combine bacon grease, water, vinegar and salt. Heat to boilding point. Pour over potato mixture, mix well. Place salad in oven for 12 minutes before serving.

ICING 1 cup brown sugar 5 tbsp. milk or cream 1 tsp vanilla 1/2 tsp. salt Powdered sugar

Let brown sugar and milk come to a boil, remove from stove. Add vanilla and salt. Thicken with powdered sugar and beat until right to spread.

HOT FUDGE SAUCE



What exactly are you pay ing for when you pay your monthly natural gas bill? This quick quiz may enlight-

en you. 1. The cost of the natural gas itself accounts for about 40 percent of your bill? (a)

True (b) False? 2. A natural gas well goes nearly three miles into the

ground. (a) True (b) False? 3. By the time the natural gas reaches you, it hasn't changed hands yet. (a) True (b) False?

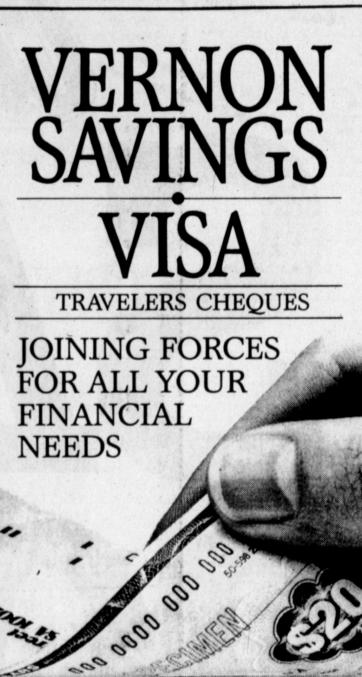
ANSWERS: 1. (a) True. Added to that is the cost of transporting the gas from the production field to the community; the cost of distributing the gas within the community; and state and local



taxes. 2. (a) True. According to Nicholas J. Bush, President of the Natural Gas Supply Association, oil producers sometimes produce gas from wells that go nearly three miles into the ground. 3. (b) False. By the time the natural gas reaches you, the ownership of it has changed hands at least twice. When gas is

produced it is sold to a pipeline that ships it to the community. When it arrives it is sold again to a distributor.



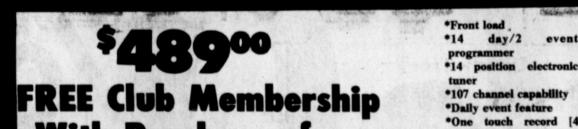


# **State Bank**

December 29, 1984 until 12 noon.

# We will be CLOSED Tuesday, **January 1, 1985**

### **Happy New Year**



**SB** The Donley County

will be OPEN

Saturday

### With Purchase of SYLVANIA VCR

hours \*Electronic fluorescent function display \*Search \*14 function infrared remote control Picture sharpness control Auto TV/VCR switching \*8 hours maximum recording [T-160 tape]

event

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\*3 speeds \*Automatic rewind \*Tracking control

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margarine and 2 squares (1 ounce each) unsweetened chocolate. Blend in 1 cup sugar, 1 cup heavy cream and 1/8 teaspoon salt. Stir over low heat until hot, about 5 minutes. Remove from heat; stir in 2 teaspoons vanilla. Makes about 2 cups. NOTE: Store any leftover sauce, covered, in refrigerator. Reheat over very low heat, adding a little hot water if necessary.

#### APPLE PIE

Instead top crust on apple pie, before cooked, add 1/2 cup butter, 1/2 cup brown sugar, 1 cup flour mixture.

HOMEMADE WINDOW CLEANER 1 cup rubbing alcohol 1 cup cold water

1 tablespoon white vinegar Use in spray bottle.



The first woman to win a U.S. Distinguished Service Medal was Evangeline Booth, Commander of the Salvation Army. The award

MARY

KAY

Loyette

Quesenberry 874-2495

JoDee Mincey 874-3864

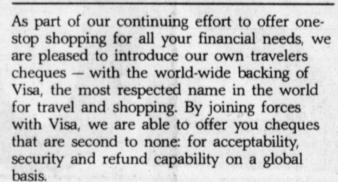
> Kay Mabry \$14-2659

Judy Cole

874-3470

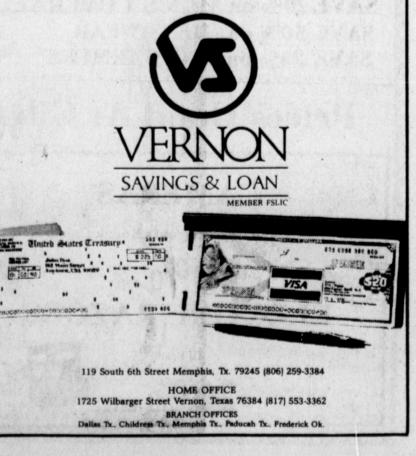
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COSMETICS



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Our Visa Travelers Cheques provide you with international currency absolutely everywhere travelers cheques are recognized. And 24-hour refund service, every day of the year, should you need it. There's around-the-clock, toll-free hotline for instant refund authorization. More than 55,000 locations in over 166 countries and territories where you'll get on-the-spot refunds. And emergency locations for non-business hours. Visa will even cancel lost credit cards and send a mailgram or cablegram absolutely free. So carry the travelers cheques which carry the three names that work best for you: your own, Vernon Savings and Visa's.



MEMBERS ARE ENTITLED TO:

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- **Wookday Rontal Specials**
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VIDEO MOVIE CLUB

**New Year's Special!** 

**3 FREE TAPE RENTALS** 

**Police Academy** Tootsie **Tender Mercies** The Never Ending Story **Robin Hood** The Hobbit The Black Stallion The Empire Strikes Back

NEW ARRIVALS:

# Holiday illness a special case

While the family is gathered around the table, enjoying a Christmas dinner, reminiscing about Christmases past and anticipating the joy of giving and receiving the gifts waiting under the tree, one family members is not able to participate to the fullest because of a chronic or serious illness. How do the family and the patient cope with this situation?

"Coping with a chronic illness places a tremendous strain on the family unit as a whole," explained James Hall, Ph. D., a psychologist at Texas College of Osteopathic Medicine. "Under this pressure, relationships disintegrate, and there is a high rate of divorce."

But some families do cope well, and Dr. Hall credits three characteristics that contribute to their success. "First. the individuals within the family have a high level of flexibility to adjust and adapt to the changes in the family structure. Second, the family develops a lifestyle that takes into account the illness but does not focus on it, so that the family can maximize its level of function. And third, the relationship is a longstanding one. People are more apt to bail out of a relationship that is not well established," Dr. Hall said.

He stressed the need for family members to find out what the patient is feeling. "Be aware of where that person is psychologically at that time. Let him express it in a socially acceptable way. We don't allow people to be themselves. People don't just go through stages of accepting a disease without developing coping mechanisms. If a coping mechanism is working, for example denial or anger, allow the person to use it to some extent," Dr. Hall suggested.

As for the holidays, Dr. Hall recommended keeping the celebration as close to normal as possible. "Don't over-dramatize and make it more than you usually make it. If the illness is very serious, the idea of our 'last Christmas' together can make the experience sad and disappointing. Put things into perspective. Everyone does not have to be distressed. Function in terms of what the holidays mean to the family and the patient today," Dr. Hall said.





Off-road driving and other safety tips from the experts at Isuzu, manufacturers of the Isuzu P'UP Pickup and Trooper II.

Off-roading with a fourwheel drive vehicle can be a great experience. It's a safe experience, however, only if you prepare for it properly. Go slow until you learn your vehicle, the terrain and your own abilities. Here are some sensible tips to follow:

•Plan. Leave your itinerary with a friend or neighbor. Familiarize yourself with the area you are going to travel and equip your vehicle accordingly. When possible, two or more vehicles should travel together. Make sure you have enough fuel and don't get careless.

•Buckle Up and Thumbs •Buckle Up and Thumbs Up! Always—that's always fasten seat belts. Learn to keep your thumbs and fingers on the outside of the steering wheel. Potholes or rocks can jerk the wheel from your grip; it really hurts if a spoke catches you on the way around.

•Anticipate. Look ahead, expect the unexpected. Watch for others and remember that off pavement roads are narrow and usually of limited visibility. Be careful creating hills. When in doubt check the area on foot.

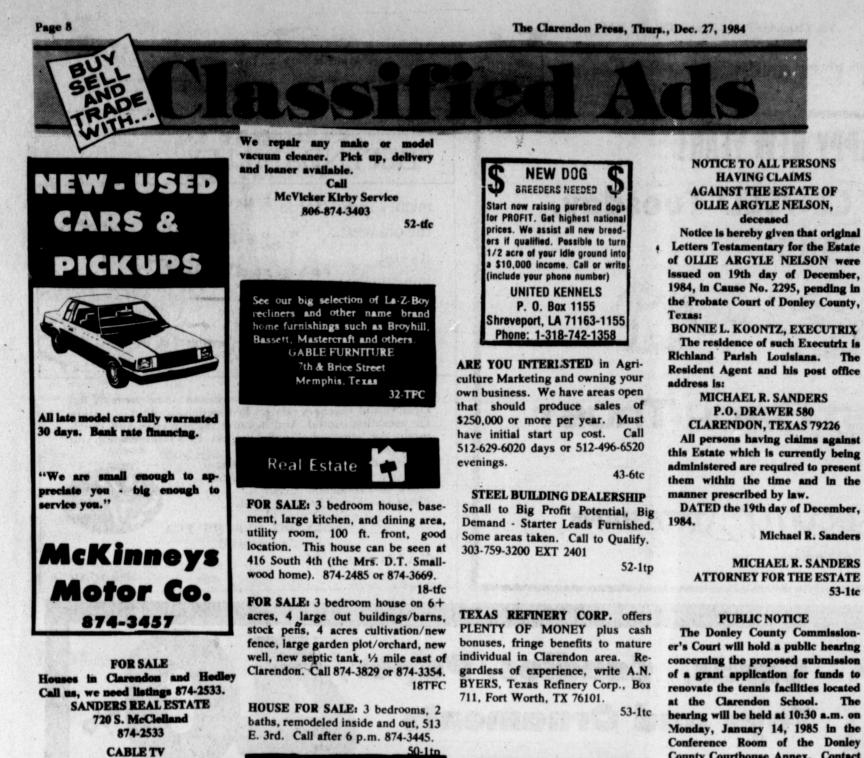
•Handling Hills. Plan. Use high range and low gears. Maintain momentum. Drive straight up and straight down; avoid turning on steep



When climbing hills, drive straight up and straight down. Always avoid turning on steep grades.

grades. Stay away from slopes greater than 30 degrees; they're not worth the adventure.

•Snow. Use four-wheel drive when necessary. Maintain momentum but reduce speed and take turns slowly and with caution. Tire chains might be needed in deep snow or extreme ice.



Employment

Cathy Rapp, 226-5441.

collect 665-8507.

available.

WANTED: Dependable part time

help on weekends to deliver news-

paper. Must have car and be able to

Sell Avon. Flexible hours, part time

or full time. More information call

Applications for training and em-

ployment of persons fifty-five and

older may be completed in Clarendon

each Tuesday from 9:00 a.m. until

10:30 a.m. Staff assistance will be

**Community Action** 

**Donley County Courthouse** 

There's more to see on Cable TV." We have 2, 3, 4, 5, 6, 7, 9, 10, 13. Call 874-2522.

**STEVE'S AUTOMOTIVE &** INDUSTRIAL ENGINES For tune-ups, muffler or a major overhaul, on the farm service calls. 874-3446

LOYD'S BACKHOE DITCHING SERVICE Install septic tanks and install and repair all kinds of water lines. Phone 874-2287

### 10-27tp **MEMPHIS SINGER**

#### SEWING MACHINE SALES SERVICE

For contacts call Stavenhagen Furniture I am in Clarendon every two weeks on Thursday

**DONNA'S ALL BREED** 

work early morning hours. Contact We would like to express our appreciation to all our friends who PART-TIME RN OR LVN needed to showed us so much love and kindness during our loved one's illness complete health histories for insurand death. May God bless each one ance companies. Call 806-747-3223. 23the of you. Pud Bain **NEED CHRISTMAS MONEY?** 

CARD

**OF THANKS** 

THANK YOU

Jim Bain and family Louise Sandlin & family

#### **PUBLIC NOTICE** ASCS OFFICE SPACE BID REQUEST

Specifications may be picked up at the Donley County ASCS Office [416 S Kearney, Clarendon, Texas] between 8:00 a.m. and 5:00 p.m. from Thursday, December 6, 1984

#### **TED FANCHER** JEWELER Formerly of Wagners. 15 years

experience. Custom orders. Special design. Repair of all types. 355-6472, Amarillo, Texas. 48-6tp

WE NOW HAVE insulating blowing maching at J&W Lumber 34-tfc

### PUBLIC NOTICE

Due to the resignation of Larry Taylor, the Donley County Commissioners Court will be accepting applications for a custodian to take care of the Courthouse, the Courthouse Annex, and the grounds. Applications and information will be available at the office of the County Judge. Applications will be considered by Commissioners Court, January 14, 1985.

FOR RENT: 2 bedroom, 2 bath trailer, Howardwick. See Bill Britten at Syd Blue's Liquor.

51-2tc 1-1tc

52-tfc FOR RENT: 2 bedroom furnished apartment, available December 22. \$155.00, \$50.00 deposit, water paid, no children, no pets. 874-3379. 52-1tc

FOR RENT: 2 bedroom house, furnished or unfurnished. Phone 874-3457. 51-tfc

The Donley County Commission er's Court will hold a public hearing concerning the proposed submission of a grant application for funds to renovate the tennis facilities located at the Clarendon School. The hearing will be held at 10:30 a.m. on Monday, January 14, 1985 in the Conference Room of the Donley County Courthouse Annex. Contact W.R. Christal, Donley County Judge for additional information.

53-2tc

53-1tc

PUBLIC NOTICE The Donley County Commission ers Court is now advertising for bids to trim the low hanging branches from the trees on the Courthouse Square, except the evergreens and the liberty tree, to a height of 10' from the ground. This bid also includes removal of dead limbs from the trees as well as hauling off all trimmings and limbs. Bids will be opened January 14, 1985. Bids will be received at the County Judges Office.

W.R. Christal **County Judge, Donley County** 53-2tc

HEDLEY COMMUNITY DEVELOP MENT CORP. 4-1 bedroom apartments for Senior Citizens. Rents based on 25% of adjusted incom minus a utility allowance of \$64.

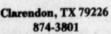
### FOR SALE **BY OWNER**

Newly remodeled home, 3 bedoms, 1¼ baths, living room and den. Central air and heat, dishwasher, free standing base oven, eye level oven and cook top. Finished basement could be 4th bedroom, partially covered patio, 2 car detached garage, and large playhouse/storage building. Two blocks from high school. Call 874-3554 or after 5 p.m. 874-3829.

### RAY'S APPLIANCE SERVICE

Franchise for Kitchenaid

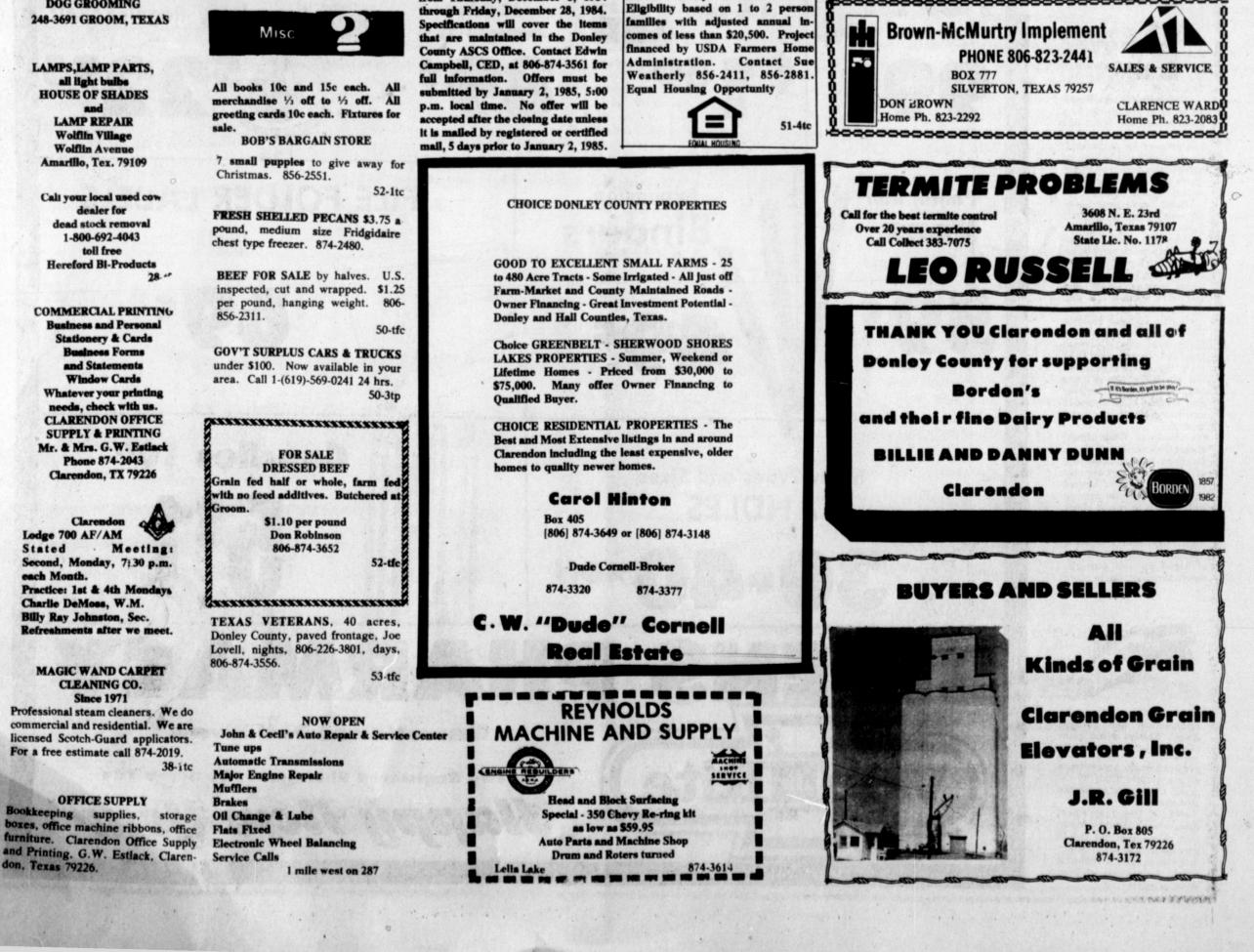
Dishwashers Sales and Service General Electric Franchise Dealer Heating and Air Conditioning We service all makes of air conditioners Freezer & Refrigeration Service & Repairs







EARL MORROW - OWNER 874-2571



## The Clarendon Press, Thurs., Dec. 27, 1984 **Recipes tailored to single lifestyle**

## by Donna Higgins Del Monte Test Kitchens

EDITOR'S NOTE: Higgins is director of consumer services for Del Monte Corp., and heads the corporation's test kitchens.

Despite the fact that single households increased 64 percent during the 1970s and are expected to grow an additional 33 percent in this decade, most cookbooks and recipes still do not provide single-serving instructions. However, since single households represent the fastest growing segment of the population according to the U.S. census, that situation is bound to change.



Interest in cooking is increasing among singles - partly in response to the high cost of eating out every night and the limited variety available in frozen meals. Many

singles are interested in a healthy lifestyle, and cook accordingly.

The following recipes have been adapted to feed either one or two - depending on your appetite. Although a loaf of raisinzucchini bread sounds like a lot, you'll be surprised how fast it goes when served toasted in the morning and spread with butter or crean cheese. And the chicken parmigiana and vegetable medley can be whipped up quickly - in time to impress a guest. A cool salad, fruit and cheese for dessert, and crisp white wine would round out the meal.

#### EASY CHICKEN PARMIGIANA 1/2 cup sliced onion I clove garlic, minced 1 tablespoon olive oil or sweet butter 1 can (141/2 ounces) Del Monte Stewed Tomatoes (No Salt Added) 1 tablespoon cornstarch

1 teaspoon basil 2 half chicken breasts, skinned and boned 1/3 cup shredded mozzarella cheese

2 teaspoons chopped parsley

Sauté onion and garlic in oil. Stir in tomatoes, cornstarch and basil. Cook, stirring constantly, until thickened. Slightly flatten chicken breasts; place in 9x9-inch baking dish. Cover loosely with foil; bake at 425 degrees 15 minutes. Remove foil and pour tomato mixture over chicken; top with cheese and heat through. Garnish with parsley. Serves one or two.



UNDERGROUND STOREHOUSE What's left after you excavate 17,000 tons of rock from 500 feet beneath the earth's surface? A great place to store gas. This underground cavern in Mentor, Minn., was created by Aminoil

Inc. to store liquid propane. The cavern is filled during the summer months and gradually emptied as demand for the propane increases during the winter. A

The ruins of the world's oldest known building were discovered in 1960 in Tanzania, Africa. The circular walls of lava blocks were constructed about 1,750,000 years ago.

5 28 E

SPT 45 P

MIXED VEGETABLE SAUTE 1 small clove garlic, minced 1/2 teaspoon crushed basil 2 teaspoons olive oil 1 small carrot, cut in strips 1/2 small red or green pepper, cut in strips 1 can (8 ounces) Del Monte French Sliced Green Beans (No Salt Added), drained

Sauté garlic and basil in oil until garlic is soft. Add carrots; sauté 5 minutes. Add pepper; sauté 2 to 3 minutes. Stir/in green beans; heat through. Serves one or two.

MARTIN BAPTIST	CHURCH	monor
John Truitt, P		
Sunday School	10:00 a.m.	Edd
Church Service	11:00 a.m.	
Evening Service	6:00 p.m.	
9 Wednesda	y	Osh
Night Service	7:00 p.m.	-
		. A
UNITED PENTECOST CHURCH		
Rev. Jerome A. C		-
Montgomery & F	aker St.	-
Sunday School	10:00 mm.	
Evening Worship	6:00 p.m.	
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Night Service	7:30 p.m.	FIRST
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Stan Quesenberry	, Minister	CALV
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Night Service	7:30 p.m.	Sunda

ST. MARY'S McClell Rev.

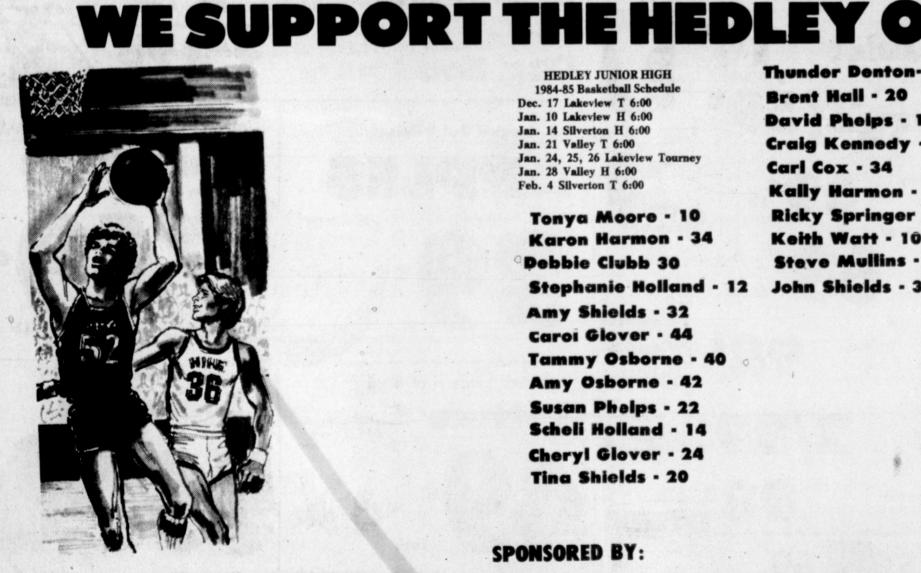
The wettest spot on record is Mt. Waialeale, Hawan, where it rains 460 inches per year. The driest spot is Arica, Chile, where it averages .03 inches of rain per year.

### THE DONLEY COUNTY ABSTRACT COMPANY Box 673 Clarendon, Texas 874-2324

Page 9

**Abstracts and Title Insurance** 

BAPTIST CHURCH				CHURCH OF THE NAZARENE		
n Truitt, Pastor		Eddie Floyd	Shop	3rd & Hawley 874-2321		
lo	10:00 a.m.					
ice	11:00 a.m.			Bill Hodges, P		
vice	6:00 p.m.			Sunday School	9145 a.	
Wednesday		Osburn Furni	TUPO &	Morning Worship	11:00 a.	
•	7:00 p.m.	Appliances	. Inc.	Evening Worship Wednesda	6:00 p.	
NTECOSTA	II.		i.	Night Service	7:30 p.	
rome A. Ca		Alderson		ST. MARK BAPTIST	HURCH	
omery & Fa	ker St.			Jefferson & Mar	tindale	
lool	10:00 mm.	Chevrole	t Inc.	Albert Yarboroug	h, Pastor	
rship	6:00 p.m.			<sup>1</sup> Sunday School	9:45 a.	
Wednesday	,			Preaching	11:00 a.	
	7:30 p.m.	FIRST CHRISTIAN CHU	RCH	Night Service	* 8[30 p.	
		Sunday School	9130	Prayer Service	7:30 p.	
<b>LIST CHUR</b>	СН	Worship	10:40	Woman's Mission	8:00 p.	
e & Third S	treets	Children's Worship	10:40	1		
874-3833		Evening Study	6:00	FIRST UNITED METH		
ul Hell, Pas	tor	Youth	6:00	CHURCE	Contract States of a Manufacture of the	
lool	9:45 a.m.	Correspondence course	e available	5th & Jeffer		
orship	11:00 a.m.	[No charge].			874-3667	
ion	6:00 p.m.	Minister: Bruce He	fmann	Wm. H. [Bill] V		
rship	7:00 p.m.	874-3218		Sunday School	9:45 a.	
5.61				Morning Worship	11:00 a	
TIST CHUR	CH			Evening Worship	6:00 p	
Howardwick	<b>k</b>			Youth Program	7:00 p	
SBC		PRESBYTERIAN CHUR	СН			
. O.C. Edw	ards	4th & Parks		-		
loo	10:00 a.m.	Dr. E.L. Manning, Pastor		ASSEMBLY OF	COD	
rvice	11:00 a.m.	Sunday School 10:00 a.m.		assembler of ood		
rvice	6:00 p.m.	Morning Worship	11:00 a.m.	Jude Strickland,		
Wednesday	7	Youth Program	6:00 p.m.		9:45 a.	
ting	6:00 p.m.	Evening Worship	7:00 p.m.	Sunday School	11:00 a.	
	-	Tuesday		Sunday Worship Evening Worship	6:30 p.	
RCH OF CH	rt	Bible Study	2:30 p.m.	Tuesday		
esenberry,		CALVARY BAPTIST CE	URCH	Women's Missionary	1:00 p.	
loo	9:30 a.m.	Hwy 287 & Jack		Wednesda		
orship		874-3479	and more thank	Night Service	7:30 p.	
orship	6:00 p.m.	Gary L. Pinion, P	astor	and the second		
Wednesday		Sunday School	10:a.m.			
ce	7:30 p.m.	Sunday Worship	11:00 a.m.			
		Bible Study			ST. JOHN THE BAPTIST	
	IC CHURCH	Evening Worship	7:00 p.m.	EPISCOPAL CE		
land & Mon		Wednesday		Sunday School	9:45 a.	
J. Arnold C		Night Service	7:30 p.m.	Holy Communion	11:00 a.	
rning Mass	9:30 a.m.				0	



Don & Patti Springer

T. & Nancy Mullins

Harold & Mary Ruth White

Bill & Bocky Hill

Ben & Paula Carson

Fred & Peggy Watt

**Carroll Kennedy** 

**HEDLEY JUNIOR HIGH** 1984-85 Basketball Schedule Dec. 17 Lakevlew T 6:00 Jan. 10 Lakeview H 6:00 Jan. 14 Silverton H 6:00 Jan. 21 Valley T 6:00 Jan. 24, 25, 26 Lakeview Tourney Jan. 28 Valley H 6:00 Feb. 4 Silverton T 6:00

Tonya Moore - 10 Karon Harmon - 34 **Debbie Clubb 30** Stephanie Holland - 12 Amy Shields - 32 Carol Glover - 44 Tammy Osborne - 40 Amy Osborne - 42 Susan Phelps - 22 Scheli Holland - 14 Cheryl Glover - 24 Tina Shields - 20

### SPONSORED BY:

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Bill & Mary Clubb

G'Neill & Sue Weatherly

Alvie Clay & Mrs. Mary Clay

CaryDon & Pam Neeley

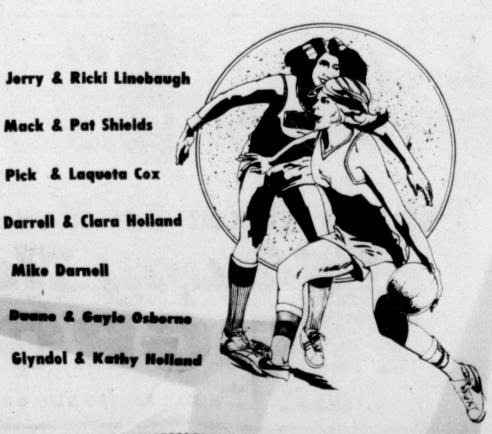
Bryan & Debbie Hill

**Buford & Gerrie Holland** 

Thunder Denton-14 Brent Hall - 20 David Phelps - 12 Craig Kennedy - 32 Carl Cox · 34 Kally Harmon - 22 **Ricky Springer - 24** Keith Watt - 10 Steve Mullins - 40 John Shields - 30



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The Clarendon Press, Thurs., Dec. 27, 1984

