

42 JUNE 30, 1999  
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# The VALLEY TRIBUNE

50¢

VOLUME 38 NUMBER 24 BRISCOE COUNTY 8 PAGES QUITAQUE, TEXAS 79255 THURSDAY NOV. 26, 1998

DATE	HI	LO	PREC
NOV 18	70	36	---
NOV 19	80	40	---
NOV 20	53	34	---
NOV 21	55	34	---
NOV 22	70	38	---
NOV 23	85	48	---
NOV 24	72	33	---

## Thanksgiving 1998

Recipes Needed  
 December 11, 1998  
 For Christmas Edition  
 Of Valley Tribune



**GO  
 VALLEY!  
 BEAT  
 LAKEVIEW  
 NOV 28  
 6:30  
 THERE**



Caprock Country  
 Christmas  
 December 5, 1998

**Calendar Of Events**  
**November 25-27**  
 School Thanksgiving Holiday  
**November 24**  
 JV & Varsity BB @ Floydada  
 5 p.m.  
**November 26**  
 Thanksgiving  
**November 29**  
 Attend Church of Choice  
**November 30**  
 Staff Development/Teacher  
 Work Day @ Valley  
 Valley Jr. Hi BB Claude H 4 p.m.  
**December 1**  
 Do Gooders  
 Quitaque Masonic Lodge  
 Briscoe Co. Historical So.  
 Quitaque Chamber of  
 Commerce  
 Turkey Fire Department  
 JV & Varsity BB Ralls H 4 p.m.  
**December 2**  
 AlAnon & AA @ Silverton  
**December 3-5**  
 Valley Tournament

### Reception To Honor Employees Of Briscoe County

With the year end fast approaching, there will be several Briscoe County employees retiring or leaving office. Citizens of Briscoe County are asked to attend a reception on December 4, 1998 at 3 p.m. in the County Courtroom to honor the following employees of Briscoe County.

Bess McWilliams, County and District Clerk, 34 years of service to Briscoe County.

John L. (Jack) Chandler, Commissioner, Precinct #2, 16 years of service to Briscoe County

Jimmy Burson, County Judge, 9 years of service to Briscoe County

Lynn Frizzell, Justice of the Peace, Precinct # 1, 8 years of service to Briscoe County.

Grover Thomas, Road Maintenance, Precinct #3, 42 years of service to Briscoe County.

### Dudley Twin Is In Hospital In Houston

Little Evan Dudley is in Houston at Texas Children's Hospital. He was in the Methodist Hospital at Plainview until Sunday afternoon when he was flown to Houston for further tests to try to determine the cause of his problem.

There has been a money tree set up at the First National Bank for the expenses of the young family. Eric, Winter and Evan's twin, Everett are in Houston with little Evan. The twins were born on September 9, 1998.



### Turkey Dinner May Cost More

WASHINGTON (AP) - Putting the turkey, stuffing and all the trimmings on the table Thursday is likely to cost a little more than last Thanksgiving.

The American Farm Bureau Federation estimates the average cost to cook a meal for 10 people will rise about 4 percent to \$33.09 for a traditional meal of turkey, cranberries, pumpkin pie and the rest.

The increase is due largely to low production in the face of holiday demand for meal components like turkeys and milk products, with a slight bump up from cost-of-living rises.

"As the cost of living increases, food prices tend to follow suit," said Farm Bureau economist Mark Jenner.

"This price is still a great deal," he said.

The cost of a 16-pound turkey increased 24 cents this year to \$13.71, or 86 cents a pound, the survey said. A 14-ounce package of cubed stuffing went up 19 cents to \$2.36, a three-pound bag of sweet potatoes 18 cents to \$2.10.

A 12-ounce package of brown-and-serve rolls? It's up 16 cents, to \$1.42. The same 12 ounces of fresh cranberries is up 5 cents to \$2.

A gallon of whole milk is going to cost holiday shoppers \$2.63, about 19 cents more than last year, and a half-pint of whipping cream is up 16 cents to \$1.10.

Fixing that pumpkin pie is also going to cost a little more. A 30-ounce can of mix is averaging about \$1.58, 8 cents more than last year, but the good news is that the crust costs roughly the same: \$1.37 for a package of two nine-inch pie shells.

The Farm Bureau surveyed 128 shoppers in 34 states and the District of Columbia. The study is unscientific but reflects actual price trends around the country, the bureau said.

While consumers are heading for stores to get good deals on Thanksgiving supplies, Agriculture Department officials are reminding that extra care in preparing the food is important.

Best Friends  
 Husbands  
 Wives  
 Warm Sunshine  
 Church  
 Soft Breezes  
 Peace  
 Children  
 Family  
 Freedom  
 Shade Trees  
 Teachers  
 Our Country  
 Food to Eat  
 Health  
 A Warm Blanket  
 Day & Night

# Count Your Many Blessings;

## Name Them One by One

Prosperity

## THEN & NOW!

by Eunice McFall

Thanksgiving is upon us once again. Have you given any thought to what you have to be thankful for? Perhaps you find yourself hard put to come up with much to be thankful for this year since the weather has not cooperated with us to make good crops and raise fat cattle. But I bet if you would put your thinking cap on, you could come up with at least a couple of heartfelt thank you's for something in your life.

When the Pilgrims celebrated the first Thanksgiving in America, they did not realize that they were starting a tradition, that so many years later we, their descendants, would still be celebrating on a day set aside to give thanks for all blessings. In thinking about what we have to be thankful for I began to think of what the Pilgrims were thankful for—first of all the fact that they were still surviving in the harsh land that they were trying to tame; that they had overcome so many difficulties, sorrows, and terrors of the unknown to be alive and able to appreciate living.

While we should always be thankful for life, liberty and the pursuit of happiness, we have so many more things to be thankful for when we really stop and think. While they were thankful for being on the shore of an unknown land, we have opportunities every day to make our life more comfortable while they were just grateful to survive. We think that we have difficulties and problems but have we ever really be on the verge of starvation, freezing,

or our lives threatened by people who we could not even communicate with?

The Puritans arrived on the shores of America with very little to make their life comfortable, barely enough to survive. We have the freedom to make choices each and every day that will add to our enjoyment of life as well as choices to eat well balanced diets—why one of the most prevalent health comment today is that the people in the good old USA are overweight. The Pilgrims were fortunate to have enough to eat to keep from starving. We have quality of life where they were just thankful for the quantity of life. We have children and have the expectation of seeing our great grandchildren and possibly great-great grandchildren arrive to greet us. The Pilgrims were fortunate to see their children live to be grown and have families of their own.

Some of the things that we need to be aware of as not our due but a blessing are hope, a good future, love, friends, family good homes, a great quality of life to spend the quantity of life that we are blessed with.

This Thanksgiving, let's try to search out something new to be thankful for. After all there are many wonderful things in our life that we take for granted and never ever say thank you for!

HAPPY THANKSGIVING

### Afghans Still Available

The Briscoe County 4-H still has some Briscoe County afghans available. These 50 inch by 65 inch afghans of 100 percent cotton are sure to become a treasured heirloom. They are jacquard woven in hunter green, cranberry red and natural.

Eight sites of interest in Briscoe County are pictured on the afghans, some of which are now just a memory. Why not revive old memories or make new memories for someone special and present them with a Briscoe County afghan.

If you are interested contact any 4-H member or call 806/823-2131, Ext: 12.

Deadline For  
 Santa Letters  
 In  
 Valley Tribune  
 December 11, 1998



Turkey city workers putting up Christmas decorations in Turkey Tuesday, Nov 24th. (photo Vince Taylor)

### Quitaque Quest

By Debbie Main  
Austin Tx  
I just got back from a great little race called the Quitaque Quest in Caprock Canyons State Park. It was part of the West Texas Championship Series. These folks put on a GREAT race.

There were free water bottles, bananas, and GU for all the racers before the start. They had a very informative "Racer Briefing" with the promoter and NORBA official before the race. They discussed how the course was marked, what to look out for on the course, where the water stop would be, and other info.

The course was a blast, 12 miles of fast down hills along the canyon walls, lots of smaller ups and downs through sand filled creek crossings, and a pretty tough climb out of the canyon. This race course takes you out in the boonies to where the only way back is the trail. At some places you are miles from a road in a undeveloped canyon and cutting over to a road is not an option. The canyon scenery is awesome.

The promoter, volunteers, and park people did a great job of accounting for every racer on the course. There were course marshals every couple of miles with radios and some were marking race numbers to keep track of who was out on the course. When almost everyone was finished they knew which three racers were still out and where they were. At the finish they had free food. The results were done manually and posted 15 minutes after the last racer of each category came in. I did not hear of a single protest.

There were about 75 racers for this event, a big turn out I was told. The First National Bank of Quitaque, a race sponsor, provided almost \$1,000 for cash payout to the winners in Expert and Sport. The beginner racers were given a table load of merchandise including tires, t-shirts, and other bike gear.

Thanks for a great time Quitaque!

### LOCKNEY HEALTH & REHAB NEWS

by Rebecca Rodriguez, A.D.  
The Christmas Auction held recently was great fun, and it seemed the residents really enjoyed listening to the auctioneers Mr. and Mrs. Billy Joe Turner and Mr. and Mrs. Matt Williams. They did a fantastic job.

They even made us laugh, and like the saying goes: "Laughter is the best medicine!"

We appreciated everyone who participated.

A good amount of money was raised to be used for the residents' Christmas gifts. It will also be used to purchase birthday gifts and any necessities that our residents need throughout the year.

The F/H/A group has come in and decorated the residents' doors for Thanksgiving, and will be back to decorate for Christmas.

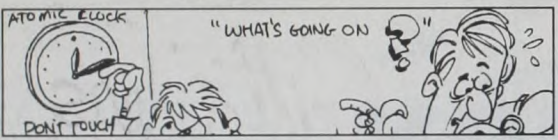
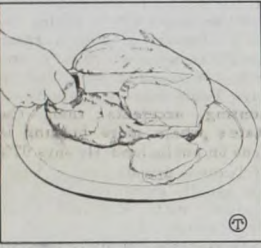
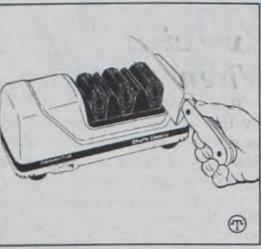
The Resident Christmas party will be celebrated on December 12, at 10 a.m. We hope to see all our family members for our party.

Well, this is all for now, until next time.

KNOW the facts  
TALK about tobacco and its negative effects  
KEEP the lines of communication open  
SET a good example for your kids  
REPORT any violations of law to our state comptroller at 1-800-345-8647.

## Talking Turkey

Carving Is As Easy As 1, 2, 3!



Although atomic clocks are the most accurate, they can be expected to gain or lose few seconds every 100,000 years.

### Great American Smoke-Out

by Rhonda Farner  
The American Cancer Society celebrated its 22nd annual Great American Smokeout Thursday, November 19. In order to educate the Valley students about harmful effects of tobacco, various activities were conducted in the classrooms. Lesson plans had anti-tobacco messages incorporated into the various subject areas. Some students adopted smokers/dippers in hopes of helping someone "kick the habit." Students were given the "facts" about the addictive effects of tobacco.



The Great American Smoke-out and New Year's are great opportunities for smokers to think about quitting for good.

As a parent, your child's health and well-being is of tremendous concern. You desire the best for your child and for him or her to grow up and become a healthy, happy, productive member of society. However, these dreams may be cut short if your youngster begins using tobacco. Tobacco use may leave your children battling a lifelong addiction that takes its toll on them, their families and friends. Here's how you can do your part to ensure a health future for your child:

**Lockney Care Center**  
401 North Main Street  
P.O. Box 1060 Lockney Tx. 79241

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is a Medicare approved facility providing skilled services

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### OBITUARY

#### H. G. Boyles

Graveside services for H. G. Boyles, 70, of Quitaque were at 10:30 a.m. Wednesday, November 25, 1998 in Resthaven Cemetery with Elgin Conner of Levelland officiating.

Burial was under direction of Myers-Long Funeral Directors.

He was born October 25, 1928 in Quitaque, Texas to Willie Lou (Kimbell) and Thomas Everett Boyles. He graduated from Quitaque High School. He and Joyce Duck were married on February 15, 1947 in Silverton. She preceded him in death on May 7, 1976. A daughter, Elaine, also preceded him in death on March 2, 1978. He owned Boyles Oil Company in Quitaque.

Survivors include a daughter, Jana of Quitaque and a son, Bob and his wife, Joleta of San Angelo; grandchildren, Brandon Boyles and Courtney Boyles of Canyon; Lyn Dunlap and Dawn Housley of San Angelo; one great-grandchild, Dillion Dunlap of San Angelo; a brother, J. W. of Buffalo, Wyoming; four sisters, Ethylene McCay and Willie Mae Bonner, both of Amarillo, Jewell Mayfield of Lubbock and Mary Lee Watters of Silverton.

Pallbearers were Dale Ramsey, Dwight Ramsey, Dennis Farley, Clyde Dudley, Billy Mack Farley and Larry Don Price.

Honorary pallbearers were Henry Jackson, Ozean Dowd, Weldon Purcell, Riley Ziegler, Buddy Price, Dwain Henderson and L. B. Monk.

#### YMCA Offers Exercise Class

You may come by to try out any or all of the Plainview YMCA exercise classes free during the week of November 30--December 5. Call the YMCA in Plainview at 806/293-8319 for a schedule of classes.

Then if you like any of the classes, take advantage of the membership sale that will run from November 30 to January 9. This will be a saving of 15 percent off the regular price.

**TEXAS PRESS ASSOCIATION**  
MEMBER 1998

**THE VALLEY TRIBUNE**  
Successor to The Quitaque Tribune, Established at Quitaque in 1960  
Published Every Thursday at Quitaque, Texas 79255  
Jimmye C. Taylor, Publisher  
Eunice McFall, Editor  
Vince F. Taylor, Advertising Manager  
Judy Hamilton, Advertising  
Earlyne Jameson, Joyce Guest, Reporters

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ELSEWHERE.....\$20.00

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POSTMASTER: SEND ADDRESS CHANGES TO  
THE VALLEY TRIBUNE, BOX 478, QUITAQUE, TEXAS 79255  
(806)-455-1101

#### TAFCE News

President Mabel Morse called the TAFCE club to order on Monday, November 16th with club members sharing their favorite holiday food.

Edna Earl Blakney gave a thought-provoking devotional and Wilda Fuston shared a neat reading with the club.

Joyce Guest gave the treasurer's report. After that suggestions were made regarding donations that could be made with the profits from the brisket dinner. \$100.00 had already been approved to buy trees for the town. Motions were made, seconded and carried to donate \$100.00 to the Firemen's Christmas Toy Fund. Another donation will be given to the Heritage Foundation in the amount of \$270.00. Any other decisions were tabled until later meetings.

Members were asked to express opinions on future programs. Most of the programs were decided during the meeting.

It was also decided by the Club to cancel meeting during the months of July and August because of the extreme heat and members taking vacations.

Delicious refreshments were served by Virginia Degnan and Maurice Fuston.

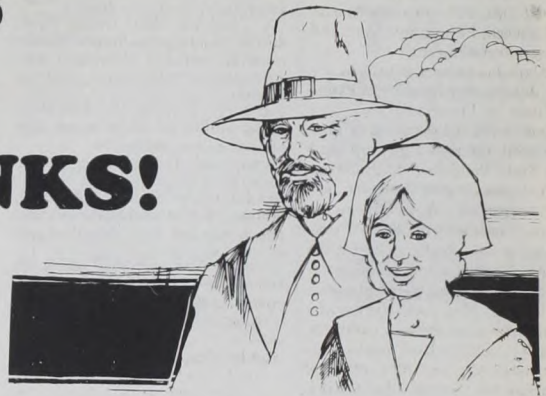
#### Nov. Non-Local Subscription Due \$20.00 per Year

Beryl Blackshear, Forestville, CA  
Ed Bowman, Fredricksburg  
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Dan & Barbara Duncan, Panhandle  
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Truman Merrell  
L. B. Monk  
Gene Payne  
John Pigg  
Anthony Sisemore  
Judy True

**LET'S GIVE THANKS!**



Enjoy this Thanksgiving holiday with friends and family. May all experience bountiful blessings, good feasting and the warmth and love that Thanksgiving inspires.

**Happy Thanksgiving!**

**WE WILL BE CLOSED THURSDAY, NOVEMBER 26**  
Our Doors Will Be Open At The Usual Hours On Friday, November 27

**FIRST NATIONAL BANK**  
QUITAQUE  
"Dependable Services Since 1920"  
Member FDIC

**~ FLOMOT NEWS ~**

BY EARLYNE JAMESON

**OVERHEARD**

Your blessings are so many, Lord,  
To count them one by one,  
Would take much longer than the  
day

That has just now begun!  
You fill each day with miracles  
From dawn to setting sun.  
Each night you hear a million  
prayers

When day's work is done,  
Your words still give us comfort  
For your promises are true.  
Your blessings are so many, Lord,  
In everything we do!

**Baptist Church to Present  
Christmas Cantata**

The First Baptist Church choir of Quitaque and Mrs. Kathy Shorter and Mrs. Waydette Clay of Flomot will present the cantata, *Celebrate The Seasons* at 7 p.m., Sunday, December 6 at the Baptist Church in Flomot. The cantata will be presented again at the Baptist Church in Quitaque at 7 p.m., Sunday, December 13.

The public is extended a cordial invitation to attend these spiritual performances.

**Announcement**

Members of the Do Gooders' Club are reminded of the annual Christmas party at 2 p.m., Tuesday, December 1. It will be held at the Community Center in Flomot and the 1998 Secret Pal names will be revealed. They are hoping for a 100 percent turn out, so come join the fun!

Mrs. Jancie Russell of Turkey and Mrs. Annie B. Cloyd met Mrs. Kim Cloyd of Memphis and Mrs. Joyce Reid of Amarillo in Clarendon, Saturday. They enjoyed the Open House of Country Bloomers Flower Shop and visited with owner, Mrs. Julie Mulanax, sister of Mrs. Russell.

Chris and Jeremy Wylie of Midland and Floyd T. Starkey of Ralls visited during the weekend with Mrs. Bessie Starkey.

Mr. and Mrs. J. C. Moss of Anson visited Mr. and Mrs. Lossie Gilbert and Mr. and Mrs. Wilburn Martin, Thursday. They also visited at the Floydada Nursing Home with D. M. "Ikie" Gilbert.

Arriving Saturday to visit the week with Mr. and Mrs. Joe Ike clay were Kevon Kliebrink, Kyler and Karlee of Clifton.

Kevin and Keri Sehon of Wolfforth, Mrs. Christi Calvert of Lubbock and Christi and Dwain Milam of Petersburg joined their parents, Mr. and Mrs. Clois Shorter in Lubbock, Saturday to visit and enjoy entertainment.

Alvia Joe Calvert of Dumas, his son, Justin, student at South Plains College in Levelland and Glen Calvert were in Austin from Thursday until Saturday night to attend the State Volleyball tournament. Ashley, daughter of Alvia Joe, and her teammates from Dumas returned home with the State Championship title. Justin visited in the Calvert home, Sunday before returning to Lubbock where he resides.

Mr. and Mrs. Jack Starkey visited in Amarillo, Saturday with Mr. and Mrs. Clifton Reid and in Canyon with Mr. and Mrs. Michael Starkey, Mr. and Mrs. Ted Staling, Robin and Taylor and Mr. and Mrs. John Halford, Joey and Dustin.

Mr. and Mrs. Wilburn Martin met Marilee and Fred Cooper and

children of Borger and Lindsay Martin of Panhandle in Amarillo, Saturday and celebrated the birthdays of Wilburn, Marilee and Lindsay. Mr. and Mrs. Martin visited overnight in Amarillo with Mrs. Leona Bell and returned home, Sunday.

Mr. and Mrs. Tom Ross visited in Castroville Friday and Saturday with son and family, Mr. and Mrs. Tommy Ross, Megan, Aleda Elaine and Cheyenne. Aleda Elaine returned home with them to visit during Thanksgiving holidays.

Mr. and Mrs. Lance Barclay, Colton and Kayla of Lubbock visited the weekend with his family, Mr. and Mrs. Jerry Barclay and Ty.

Visiting during the week with Mr. and Mrs. Billy Morris and Rebecca were Mr. and Mrs. Glenn Martin of Spur and Tommy Morris of Lockney. Tommy and family moved recently from Breckenridge to Lockney where he will be with the Lockney Police Department. Dodie Morris, student at American Business College in Lubbock, visited Sunday with her family.

Dustin and Shae Lynn Reed of Lubbock are visiting during the Thanksgiving holidays with grandparents, Mr. and Mrs. Doyle Calvert. Mr. and Mrs. Calvert observed their 50th wedding anniversary in Plainview, Thursday, November 19th.

Mr. and Mrs. Wayne Hunter visited in Floydada, Friday with Mr. and Mrs. John Speer and Mr. and Mrs. Randy Gafford.

Mrs. Kathryn Martin of Whiteflat and Art Green were in Plainview, Monday for Art a medical appointment. They visited his daughter, Mrs. Alta Mae Rice and family before returning home. Art visited in Matador, Sunday with Billy and Cindy Green and Jack and Decemi Green.

**Slow cookers  
extend limits  
of the  
kitchen**

The space needed for holiday food preparation is tremendous. There are never enough stovetop burners and ovens to boil, broil and bake all the food. But, with a Rival Crock-Pot® slow cooker on your counter, you have enough cookery to set out plenty of good eats for even the hungriest gathering of family and friends.

A Crock-Pot slow cooker makes holiday cooking so much easier because it saves time and frees up kitchen appliances for other dishes. Once the ingredients are ready, you just "fill it and forget it." The low-watt wrap-around heat cooks slowly, unsupervised for up to ten hours. The stress of stirring and critical timing is unnecessary because the food is evenly and thoroughly cooked, without fear of burning. Cleanup chores are made even easier with the removable stoneware. It's just as vital of an appliance as a stove or oven because it gives you more space to cook, which means more options in the kitchen.

These recipes make excellent holiday dishes:

- Baked Ham with Mustard Glaze**  
1 3-5 pound pre-cooked ham, drained  
10-12 cloves  
1/2 cup brown sugar  
1 tablespoon prepared mustard  
2 teaspoons lemon juice  
2 tablespoons cornstarch

**Texas Parks and Wildlife Provides Great Services On Limited Funds**

by Richard Heath in the Austin American Statesman

Texas' magnificent state park system stands at an important juncture as we near the end of our 75th anniversary. Texans certainly have a thing to celebrate. Our system of 123 state parks is the national park systems of many nations. However as a recent state auditor's report indicates, our park system faces challenges. Texas Parks Wildlife encouraged and welcomed this audit to provide an outside, objective analysis of the department's long-term needs.

Unfortunately, the report's main points have been misunderstood by some and must be clarified. There is no red ink at Texas Parks and Wildlife. The \$10.1 million "shortfall" identified in the audit represents unmet needs, not cost overruns. The report's first sentence reads: "Available revenues of \$41.4 million cover only 80 percent of approximately 50 million needed to run the state park system." We have kept all parks open and provided quality experiences with \$10.1 million less than the auditors think is needed to do so effectively. This is not a failure.

Thirteen state parks have opened since 1990. As parks increase funding obligations, overall resources for existing parks are stretched. Therefore, Gov. George W. Bush and the Texas Parks and Wildlife Commission have since set a policy to not develop new state parks until current limitations are overcome, a policy affirmed by the audit.

Few taxpayers may realize that TPW funds half, of its State Parks Division annual operating budget of \$12.5 million through park fees. The remainder comes from the state tax on

sporting goods and other dedicated user revenues, further underscoring our reliance on user-based income. In this environment, TPW has acted with creativity and vision to increase revenue and improve operations, as noted by the auditors.

The audit report says the department "...has increased park revenues by more than 25 percent since 1991" which is an extraordinary feat by any measure.

In 1997, we used volunteer and prison labor for more than \$4 million worth of repairs, improvements and services at state parks and other sites at no cost to TPW.

With the Parks and Wildlife Foundation of Texas, we launched the Lone Star Legacy campaign to accept private donations with a goal to establish an endowment for every Texas Parks and Wildlife facility.

With the support of the Texas Legislature, which authorized, \$80 million in revenue bonds, we have begun to address our most urgent problems—repairs to critical water/wastewater systems, accommodations for people with disabilities and improvements for visitor health and safety. More than 30 state parks were built 60 years ago and many are literally wearing out. We have a firm plan and project management system in place to assure that work is done in a timely and efficient manner, as recommended by the audit.

We continue to seek ways to cut expenses without sacrificing visitor benefits. On September 1, TPW took action to transfer 11 employee positions from its Austin headquarters to field operations. This reflects commission policy, echoed by the audit report.

The audit noted a need for better park visitation data. We do count every single paid state park visitor and are investigating ways to better determine total visitation. This is a significant cost/benefit problem for park systems nationwide, in that many parks in Texas and elsewhere charge no entrance fee and would have to add staff to count all non-paying visitors.

Is there more demand for what we do than we can currently satisfy? Yes. In the near future, working with state leaders and user groups, we must decide what is important for us to do and what may be more appropriately done by others.

State parks have long been recognized as fundamental to our quality of life. They also directly contribute to economic development, juvenile crime reduction, reduced health care costs and enhanced education. All of this has been achieved with limited resources in the face of rising demand.

The bottom line is that taxpayers are getting a tremendous bargain from Texas Parks and Wildlife and our employees do a great job at providing exceptional service with limited funds. Unfortunately, as the auditors concluded, there are not enough resources to provide all the opportunities that Texans need and want.

**Safe Deer Meat Handling**

By Pammy Millican, CEA-Ag

Once you've bagged that big buck, do you know what to do with it? Experts say the meat is lean and tasty if you properly care for the deer after you make the kill. Extension wildlife specialist Dr. Don Steinbach says hunters have both a legal and ethical responsibility to take care of the game that they harvest. They should immediately tag the animal and take care of the meat. Steinbach says after the animal is gutted, you can leave the carcass intact if the weather is below 40 degrees. That usually is not the case in Texas. So he recommends skinning and quartering the animal right away. Many hunters take the meat to a processor, but Steinbach says you can process the meat at home easily with normal kitchen tools. You take the muscles off the hams and use an electric knife to slice steaks from the backstrap. Deer meat has no marbling like beef, so it dries out quickly. Steinbach suggests slicing the meat to a half-inch thickness and cooking it quickly to lock in the juices. He says well-wrapped deer meat will keep up to a year in the freezer.

**Exercise Safety When Hunting**

By Pammy Millican, CEA-Ag

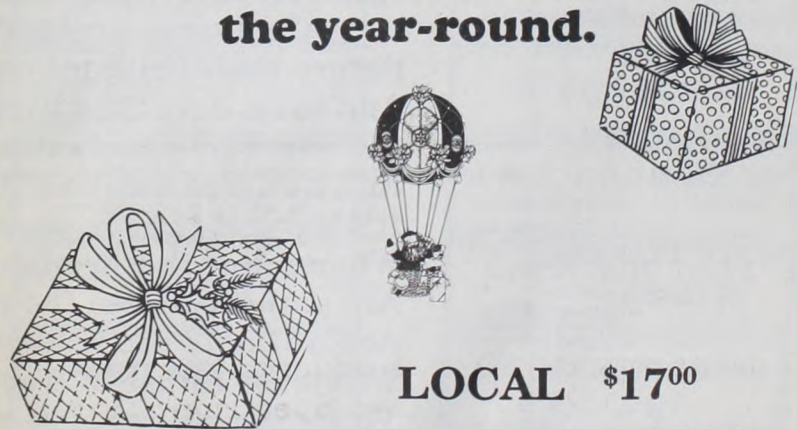
A hunter spots motion in the woods. He raises his rifle and fingers the trigger expecting a trophy buck to emerge. Instead, it is another hunter in camouflage clothing. It could be a situation that takes a life and haunts a hunter's memory forever. That's why wildlife experts like extension specialist Dr. Don Steinbach strongly stress hunter safety education. Children in Texas must take a course, but adults do not. Texas law requires hunters to wear orange caps or vests on public lands, but not on private property and many deer hunters resist the brilliant color because they think deer can detect it. Steinbach says that situation places more responsibility on the hunter to positively identify the target before taking the shot. Steinbach says orange should be worn as you go to and from the hunting area, but he says Texas tends to have fewer hunting accidents than the state's where more hunting is done on public land. He says 97% of Texas is private land so hunters usually know who is on the property with them and where those people are.



Happy Thanksgiving!



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the year-round.**



**LOCAL \$17<sup>00</sup>  
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In Turkey, Pat Carson

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# Turkey Happenings

by J. Guest

Visiting in Dumas last weekend were Janice and Billy Wheeler. They visited with Janice's sister and husband, Karen and Wes MacDougal.

Betty Jean and Harve Williams of Clarendon were in town last Monday. They enjoyed lunch with Harve's mother, Arlie Williams. Harve was here on business.

Celebrating their 25th anniversary recently were the Dale Wilkes. They drove to Ruidosa, New Mexico and said the trees were changing and were quite beautiful. They enjoyed the week-end and returned to work last Monday.

Margie Edwards was rushed to the Zale-Lipshy Hospital in Dallas for surgery on an aneurysm. Reports are good, but she will be hospitalized for several days.

David and Cyndy Reid (my daughter and family), Mathew and Katie arrived in town at 10 p.m. after a 16 hour drive from the Chicago area. Laura had her hands full with styling the hair of Lillian Mullin, Joyce Guest, Cyndy Reid, Katie and Matthew from 1 p.m. Monday until about 4 p.m. Cyndy and Dave will be here until Saturday after Thanksgiving.

John and Maebelle Francis, of Silverton visited with Louis and Oleta Randell Thursday night.

Lewis and Oleta Randell were in Plainview Friday.

## Turkey Senior Citizens News

The Turkey Senior Citizens had 26 members and two guests present at the last meeting. Some of the sick members were back. The two guests were Austen Purdy Clark and her daughter Charlie.

The group voted to skip the next "scheduled" meeting, so the next date to meet will be December 1, 1998 at 6 p.m. The group is hoping more of the members will be well by then. Everyone is encouraged to start attending the meetings.

The group has a lot of fun, good fellowship. Come on out and join in the fun!

### Tips For The College Search

1. Start early. List colleges. Don't wait until your senior year to take the SATs—you may want to take them again.
2. Use the Internet to find out about colleges, financial aid, even take virtual campus tours.
3. Evaluate your academic profile with GPA, class ranking, SAT scores, Advanced Placement classes.
4. Think about what you want in a college: majors, athletics, cultural activities, etc.
5. Do research. Check out the college's Web site, read its online newspaper.
6. Talk to people. Use Internet forums and e-mail to chat with other students, alumni, faculty, and college admissions officers.
7. Visit the campus. Take notes and prepare for the admission interview. Ask questions.
8. Organize applications. Note the deadline and start early on the essay.
9. Look into financial aid and scholarships. Get advice from your guidance counselor and use online tools.
10. Apply to five to eight colleges. Aim high, but include a school where you're confident you'll get in.

Source: CollegeQuest.com

## Cooking Corner

Tips To Help You

### Sweet Potatoes: Low-Cal Grilling Favorite

(NAPS)—Sweet potatoes, a traditional holiday dish and everyday cooking delight, have become a hot grilling item, too. Low in calories and high in nutrition, "yams" are easy to prepare for backyard or picnic barbecues. Simply wrap in foil, close cover and grill until tender. For variety, add sweet potatoes to shish kebabs, try as a steak topping, or prepare this delicious recipe.



Grilled Sweet Potatoes

- 3 tbsp orange juice
- 2 tbsp honey
- 1 tbsp margarine
- 2 sweet potatoes (unpeeled), cut lengthwise into 4 wedges per potato or into 1/2-inch rounds

Steam the sweet potatoes for 10 minutes in microwave. Mix the orange juice, honey and margarine together. Spray grill with non-stick cooking spray. Place potato wedges or rounds on grill for 5 to 10 minutes or until tender, basting with the mix. Makes 4 servings.

For a free Louisiana sweet potato "Trim & Terrific" recipe brochure by cookbook author Holly Clegg, call the Louisiana Sweet Potato Commission at 1-800-522-4742 or write to P.O. Box 2550, Baton Rouge, LA 70821-2550.

# Search For Schweitzer Saddles Is Mounted

by Marisue Potts

From what began as a quest for information about his own Schweitzer saddle, writer Bruce McGinnis of Amarillo has been drawn into documenting the life and times of a Matador saddle maker, H. H. Schweitzer.

An intensive search for information and whereabouts of all the saddles crafted by Houston Schweitzer from 1922 to 1956 is underway by the long-time Amarillo College professor. McGinnis, the author of *Fences, Sweet Cane, and Reflections in Dark Glass, The Life and Times of John Wesley Hardin*, is currently writing a book about the famed saddle maker and his accomplishments.

According to McGinnis, there is a certain mystique about the reputation of Schweitzer, that far surpasses even the fine workmanship of the self-taught craftsman who began by restringing and repairing saddles for Matador Ranch cowboys. "When people start talking about H. H. Schweitzer, there is an awe, a sense of reverence, that comes into their voices," he said.

Indeed, after Schweitzer was featured with a full page in a 1940 Life Magazine article about the Matador Ranch, he became something of a celebrity, as well as a lonely hearts go-between. Young women wrote scores of letters to the only name and place mentioned in the text, H. H. Schweitzer, Matador, Texas, in hopes that they might exchange letters and possible meet a real live cowboy. McGinnis is curious. Which cowboys on the Matador Ranch received such letters? And do any of the letters still exist? Did any of the letters lead to a

match?

Through material provided by the family and interviews with Bert Schweitzer, who worked with his father for several years under the stamp of H. H. Schweitzer & Son, McGinnis is well along in his research on the book. However, many concrete facts about Schweitzer's life remain elusive.

"Exactly when in 1924, did he open his shop in the tin building in Matador, and exactly when did he move into the brick building behind the Masonic Lodge?" he asks. "When was the Poinsettia tooling first used? Where are Catalogs 3, 4, 6, 8 and 9? And where is the final order book? How many cowboys from ranches in surrounding counties ordered Schweitzers? How widespread was his reputation?"

Perhaps one of the most challenging tasks McGinnis has set out for himself is trying to match as many of the existing saddles of the 1600 made with their original handwritten notation in the order book. To this end, he hopes to interview as many people as possible and get photographs of them with their saddles.

Since most of the Schweitzer saddles were made for working cowboys, of special interest are the rare, fancy saddles made for customers such as C. R. Wilson of Paducah. The Wilson saddle, completed in 1947, was hand-tooled with a floral design set off with silver and gold trimmings for the then fantastic sum of \$450. The owner's name, C. R. Wilson, was carved into the front of the cantle and on the back, his brand. After Wilson's death, the saddle was sold, but the family has no recollection to

whom.

In addition, rumors persist about a saddle sold at a Plainview auction for a wealthy gun collector several years ago which went for an exorbitant amount. Naturally, McGinnis would like very much to locate either or both of these unusual saddles to be showcased in his publication.

Meanwhile, on weekends and during college breaks, the college professor continues his search for any clues about Schweitzer and his artistry. People who have Schweitzer saddles or any information on the whereabouts of the saddles and other leather goods, or anecdotes about the saddle maker are urged to contact Bruce McGinnis, 3401 S. Lipscomb, Amarillo, TX 79109, (806) 359-1007 after 6 p.m. or Marisue Potts of the Motley County Museum, Rt. 4, Box 115, Floydada, TX 79235, (806) 983-1372.

## WTAMU Defensive Driving Class

The WTAMU Continuing Education Center will offer a six-hour course in defensive driving from 6-9 p.m. Monday, November 23 and Tuesday, November 24 on the WTAMU campus.

The course is approved by the Texas Department of Public Safety and may be used to reduce the premium for auto insurance liability. The course also may be used for dismissal of traffic citations if approved by the judge. Preregistration is required. For more information or cost of course call the Continuing Education Center at 806/651-2037.

## FREE THINGS TO SEND FOR

(NAPS)—Mothers Against Drunk Driving (MADD) is providing a new resource to help parents and teens talk about underage drinking and the serious responsibilities of becoming a driver. The Key, a free interactive CD-ROM includes a customized family covenant, regarding teenage drinking. Funded by Traveler's Bank and Roadside Rescue, the CD-ROM is available free, with a \$4.50 shipping and handling fee, by calling 1-877-KEY-TALK or by visiting the website at [www.madd.org](http://www.madd.org).

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By light of the departing sun we find  
 The heat of summer days is left behind,  
 And frosty nights allow us to behold  
 The leaves arrayed in flaming red and gold  
 Before their brilliant colors turn to brown,  
 And then, detached by wind come drifting down;  
 Till every branch is stripped completely bare,  
 And pungent smoke of bonfires fills the air.  
 It's harvest time in every farmer's field,  
 When crops that feed our nation with their yield  
 Are gathered from the ground and off the vine,  
 According to the heavenly design.  
 Whatever House of Worship you attend,  
 The lessons there will help you comprehend  
 The season that the love of God has planned,  
 When autumn's blazing colors paint this land  
 - Gloria Nowak

- UNITED METHODIST CHURCH  
 Quitaque, Texas  
 Pastor: Julius Early  
 Weekly Scheduled Meetings  
 SUNDAY  
 Church School.....9:45 a.m.  
 Morning Worship.....10:50 a.m.  
 Evening Worship.....6:00 p.m.  
 WEDNESDAY  
 Bible Study.....7:00 p.m.
- CHURCH OF CHRIST  
 Quitaque, Texas  
 Minister: Delos Johnson  
 Weekly Scheduled Meetings  
 SUNDAY  
 Morning Worship.....10:30 a.m.  
 Evening Worship.....5:00 p.m.  
 WEDNESDAY  
 Bible Study.....7:00 p.m.
- FIRST BAPTIST CHURCH  
 Flomot, Texas  
 Pastor: Nathan Mulden  
 Weekly Scheduled Meetings  
 SUNDAY  
 Sunday School.....10:00 a.m.  
 Worship Service.....11:00 a.m.  
 Discipleship Training.....5:00 p.m.  
 Worship.....6:30 p.m.  
 WEDNESDAY  
 Prayer Meeting.....7:30 p.m.
- FIRST BAPTIST CHURCH  
 Quitaque, Texas  
 Pastor:  
 Weekly Scheduled Meetings  
 SUNDAY  
 Sunday School.....9:30 a.m.  
 Morning Worship.....10:30 a.m.  
 Training Union.....5:00 p.m.  
 Evening Worship.....6:00 p.m.  
 WEDNESDAY  
 Missions Program.....5:00 p.m.  
 Prayer Meeting.....6:00 p.m.
- JEHOVAH'S WITNESSES  
 First & Jago  
 Quitaque, Texas  
 Weekly Scheduled Meetings  
 SUNDAY:  
 Public Meeting.....10:00 a.m.  
 Watchtower Society.....11:00 a.m.  
 FRIDAY  
 Congregation Study.....7:30 p.m.  
 Ministry School.....8:30 p.m.  
 Service Meeting.....9:15 p.m.
- CHURCH OF CHRIST  
 Flomot  
 SUNDAY  
 Worship.....10:30 a.m.

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QUITAQUE

# VALLEY PATRIOT BASKETBALL



1998-1999 VALLEY BASKETBALL SCHEDULE

DATE	OPPONENT	TIME	SITE	YG/RYG/JVB
Nov 17	Molloy Co	4:00	There	X X X X
Nov 19-21	Ralls Tourn	TBA	There	X X X X
Nov 24	Floydada	5:00	There	X X X X
Nov 28	Lakeview	6:30	There	X X X X
Dec 1	Ralls	4:00	Here	X X X X
Dec 5	Valley Tourn	TBA	Here	X X X X
Dec 8	Silverton	4:00	Here	X X X X
Dec 11	TBA	TBA	Here	X X X X
Dec 15	Molloy Co	4:00	Here	X X X X
Dec 18	Sammorwood	4:00	There	X X X X
Dec 19	Molloy Co 2nd Tourn	TBA	There	X X X X
Dec 21-25	Gym Closed Due To UIL Rules			
Dec 28-30	Silverton Tourn	TBA	There	X X X X
Jan 5	Sammorwood	4:00	Here	X X X X
Jan 8	Crosstyan	5:30	There	X X X X
Jan 9	Valley JV Tourn	TBA	Here	X X X X
Jan 12	Claude	4:00	Here	X X X X
Jan 15	Kress	4:00	There	X X X X
Jan 19	Memphis	4:00	Here	X X X X
Jan 22	Paducah	4:00	There	X X X X
Jan 26	Croom	4:00	Here	X X X X
Jan 29	Claude	4:00	There	X X X X
Feb 2	Kress	4:00	Here	X X X X
Feb 5	Memphis	4:00	There	X X X X
Feb 9	Paducah	4:00	Here	X X X X

\*Denotes District Game

1998-1999 Jr. High Basketball Schedule

DATE	OPPONENT	TIME	SITE	Girls	Boys
Nov 23	Molloy Co	5:00	There	X	X
Nov 30	Claude	4:00	Here	X	X
Dec 7	Kress	5:00	There	X	X
Dec 14	Memphis	5:00	Here	X	X
Jan 4	Paducah	5:00	There	X	X
Jan 11	Silverton	5:00	There	X	X
Jan 16	Molloy Co Tourn	TBA	There	X	X
Jan 18	Lakeview	5:00	There	X	X
Jan 25	Kress	5:00	Here	X	X
Jan 30	Valley Tourn	TBA	Here	X	X
Feb 1	Memphis	5:00	There	X	X
Feb 8	Paducah	5:00	Here	X	X



1998-99 VALLEY PATRIOTS & LADY PATRIOTS photo by Wilburn Leeper

**NOV. 28**  
VALLEY ~ VS ~ LAKEVIEW  
VB - VG  
THERE TIME: 6:30

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DEC. 1 4:00 VALLEY VS RALLS HERE VG-VB-JVG-JVB

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**JR. HIGH NOV. 30**  
VS.  
CLAUDE  
BOYS & GIRLS  
HERE TIME: 4:00

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\*A Newspaper about Happenings at the Valley School, by students, teachers, and advisors.\*



**School Menu**

- Monday**  
Out for Thanksgiving  
Have a wonderful holiday!  
Thanks,  
Kathy King
- Tuesday**  
Chicken Parmesean  
Fettuccine  
Salad  
Breadsticks  
Dessert
- Wednesday**  
Beef Stroganoff  
Sweet Peas  
Hot Rolls  
Dessert
- Thursday**  
Cheese Enchiladas  
Rice  
Beans  
Chips  
Dessert
- Friday**  
Hamburgers  
Lettuce, Tomatoes  
Cheese Slices, Pickles  
French Fries  
Dessert



For free vegetable recipes, write to Veg\*All Recipe Cards, P.O. Box 9608, Dept. B, Green Bay, WI 54308-9608.

**Patriots Win First Place In Ralls Tourney**

Valley won first place in the Jackrabbitt Classic at Ralls this past weekend, the tournament included the following teams, Ralls Three Way, Patton Springs, Spur, Anton, Lubbock Roosevelt, and Lorenzo J.V.

In the first round, Valley beat Patton Springs. Valley jumped out to a 42-9 halftime lead and then cruised to victory by the final margin of 77-31. As was the case throughout the tournament, the victory was a total team effort with 11 out of 12 Patriot players scoring points. Leading scorers were, Morgan Payne with 23, Cory Chandler with 13, and Nathan Wheeler with 9. Leading rebounders were, Morgan Payne with 14 and Nathan Wheeler with 9. Leading the team in steals was B.J. Price with 8.

In the semi-final game, Valley beat an experienced Three Way team by the score of 58-56 (Three Way won its district last year, and returned 4 starters.) Leading scorers were, Cory Chandler with 18 and B.J. Price with 14. Leading rebounders were, Morgan Payne with 6 and Cory Chandler with 5. B.J. Price led the team in steals with 4.

In the championship, Valley beat a very quick Anton team by the score of 48-44. Leading scorers were, Cory Chandler with 18 points and Morgan Payne with 16. Leading rebounders were, Cory Chandler and Morgan Payne with 6 each and B.J. Price with 5. Nick Ortiz and Cory Chandler lead the team in steals with 2 each.

**Valley Begins Basketball Season**

The Valley Patriots traveled to Matador last Tuesday to open the season against Motley County. Poor shooting hampered the Patriots, who fell to the Matadors by the score of 41-64. Despite shooting 23% from the field in the first half, Valley only trailed by six, 22-28 at halftime.

In the second half, however, Valley shot a meager 20% from the field. Leading scorers were, Morgan Payne with 14 and Cory Chandler with 11. Leading rebounders were, Morgan Payne with 13 and Cory Chandler with 11.

**Valley J.V. vs. Motley County**

By Coach Ramsey  
The Valley J.V. traveled to Matador last Tuesday to take on the Matadors. The Matadors opened up a big lead early taking a 12-0 first quarter lead.

The Patriots battled back in the second quarter cutting the lead to 18-10.

The third quarter saw the Patriots pull even closer with the score being 24-19 in favor of Motley County.

The fourth quarter was relatively even with the final score being Motley 32 - Valley 25.

Danny Hinojosa led the way for Valley with 8 points and Jess Yery and Brandon Stewart each had 4 points.



In 1799, Congress established the nation's highest military title, General of the Armies of the United States to honor George Washington, first commander of the Army, but he never received it. It was awarded posthumously by a special act of Congress in 1976.

**Amarillo Farm Artichokes for Holiday Entertaining And Ranch Show December 1 - 3**

With the return of the 14th annual Amarillo Farm and Ranch Show on December 1 - 3, comes the opportunity to view new products, attend educational seminars/association meetings and even enjoy music entertainment.

The annual farm show hosts all the major manufacturers including: AGCO, Buffalo, CASE, Caterpillar, DMI, John Deere, Massey Ferguson, New Holland, Orthman, Priefert, Sunflower and Wylie. There will be a special Western Canadian Pavilion featuring manufacturers from Alberta, Manitoba and Saskatchewan. The show offers attendees the opportunity to visit with numerous manufacturers and dealers in the same day.

Meetings by the Texas Wheat Producers, Texas Agricultural Extension Service and many other associations will take place during the three days of the event. Several will offer CEUs for pesticide applicator license holders.

New to the 1998 event is the musical group *The Great Pretenders*, presented by Douglass King Co. They will perform several times each day of the show in the auditorium area of the Civic Center, admission to this is free.

The 14th Amarillo Farm and Ranch Show, bringing ag technology solutions to the producer, is scheduled for December 1 - 3 in the Amarillo Civic Center. Show hours are 9 a.m. to 5 p.m. Sponsors include the *High Plains Journal*, KFDA-TX, KGNC Radio, Texas Agricultural Extension Service and Texas Wheat Producers. Admission to the show is free.

For more information call 800-827-8007.



Elegant holiday entertaining is easy with Shrimp Cocktail in Artichokes.

(DM)—Striking a balance between today's busy schedules and the desire to do something special for holiday meals can be a challenge. Fortunately, California artichokes are available throughout the year. They are wonderful as appetizers, salads and entrees.

*Shrimp Cocktail in Artichokes* fits the bill in all three categories. Served chilled, these beauties are perfect for a leisurely dinner prelude or for a gala weekend brunch. For a more informal gathering, team them with a sideboard of assorted cheeses and crusty baguettes.

When purchasing, select large firm buds with compact leaves. Store in a sealed plastic bag in the vegetable crisper until ready to cook. When properly stored, artichokes will maintain their freshness for several days.

For other recipe ideas, send a self-addressed stamped envelope to: California Artichoke Advisory Board, Dept. D, P.O. Box 747, Castroville, CA 95012.

**SHRIMP COCKTAIL IN ARTICHOKE**  
4 cooked medium California artichokes, chilled  
2 tablespoons lemon juice  
1 medium avocado, peeled and diced  
Cocktail Sauce (recipe follows)  
3/4 cup cooked, shelled small shrimp\*  
Parsley sprigs, optional

Toss avocado with lemon juice until well-coated; drain. Remove center petals and fuzzy center from chilled artichokes. Spoon 1 tablespoon Cocktail Sauce into center of each artichoke. Toss together avocado and shrimp; spoon into artichokes. Top each with 1 tablespoon Cocktail Sauce. Garnish with parsley. Pass remaining Cocktail Sauce as dip for leaves. Serve immediately. Makes 4 servings.

**Cocktail Sauce:** Combine 3/4 cup EACH chili sauce and ketchup, 4 teaspoons prepared horseradish and 1 tablespoon lemon juice; mix well. Chill. Makes 1 1/2 cups sauce.

**Basic Artichoke Cooking**  
**Directions:** Wash artichokes under cold, running water. Cut off stems at base and remove small bottom leaves. Cut off top 2 inches of artichokes and discard. Trim leaf tips, as desired. Stand artichokes upright in a deep stainless saucpan large enough to hold snugly. Add 1 teaspoon salt,

1 tablespoon lemon juice and enough boiling water to cover by 2 to 3 inches. Cover; boil gently 30 to 40 minutes or until just tender (base can be pierced easily with a fork). Plunge into cold water to stop cooking; remove and turn upside down to drain. Cool to room temperature. Cover and chill in the refrigerator until ready to assemble. (Cooked artichokes can be stored in the refrigerator up to a week.)

**CHURCH OF CHRIST**  
Turkey, Texas  
Minister: Stuart Smith  
**Weekly Schedule Meetings**  
**SUNDAY**  
Morning Service.....10:30 a.m.  
Evening Service.....5:30 p.m.

**WEDNESDAY**  
Evening Service.....8:00 p.m.

**FIRST BAPTIST CHURCH**  
Turkey, Texas  
Pastor: Melvin Clinton  
**Weekly Schedule Meetings**  
**SUNDAY:**  
Sunday School.....9:45 a.m.  
Morning Worship.....11:00 a.m.  
Singing.....5:00 p.m.  
Training Union.....6:00 p.m.  
Evening Worship.....6:00 p.m.

**MONDAY**  
Women's  
Misionary Society.....4:00 p.m.

**WEDNESDAY**  
Prayer Meeting.....8:00 p.m.

**MT. OLIVE BAPTIST CHURCH**  
Turkey, Texas  
Pastor: Samuel Holloway,  
Plainview, Texas  
**Weekly Schedule Meetings**  
Pastoral Days...1st & 3rd Sundays  
**MONDAY**  
Mission.....4:00 p.m.

**WEDNESDAY**  
Prayer Meeting.....8:00 p.m.

**UNITED METHODIST CHURCH**  
Turkey, Texas  
Pastor: Julius Early  
**Weekly Schedule Meetings**  
**SUNDAY**  
Morning Worship.....9:30 a.m.  
Church School.....10:30 a.m.  
Evening Worship  
1st & 3rd Sundays.....6:00 p.m.

**MONDAYS (1st & 3rd)**  
United  
Methodist Women.....4:00 p.m.

**ST. ELIZABETH ANN SEIION CATHOLIC CHURCH**  
Turkey, Texas  
Sister Joyce Blum, F.S.P.A.  
**SUNDAY**  
Sunday School.....11:00 a.m.  
Mass.....12:00 p.m.

**FAIRMONT MISSIONARY BAPTIST CHURCH**  
Fairmont  
Pastor, W. J. Richey  
**SUNDAY**  
Worship.....11:00 a.m.

THE PEOPLE WHOSE NAMES APPEAR BELOW SPONSOR THIS MESSAGE WITH THE HOPE OF PROMOTING A BETTER CHRISTIAN COMMUNITY

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THE VALLEY TRIBUNE



**We don't appreciate our health Until it's here no more, And anything we've known as wealth We manage to ignore. We take advantage of our friends With selfishness and greed, But then we try to make amends If ever we're in need. And when it comes to loved ones dear, Whom we've relied upon, We often hurt them while they're here. Then grieve when they are gone. So let's be thankful for the things The Lord saw fit to give: The blessings that His goodness brings.**

-Gloria Nowak

The Valley Holiday Pro To Go "Co...  
An ounce of preven...  
uninvited guest at yo...  
Think sink, stove...  
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tion Research Center...  
kitchen staples are eff...  
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At the Sink:  
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hours of cooking. Use...  
within 2 days.  
•Avoid overloading...  
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**Back**  
**Chiropractic**  
**Question**  
**Answer**  
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Before chiropractic bec...  
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accredited by an agen...  
the U.S. Department...  
Back Talk is copyrig...  
Texas Chiropractic...  
is edited by a panel...  
ed by Dr. Chris Dal...  
chief of the Texas J...  
Chiropractic. Send...  
Back Talk to 1601...  
420, Austin, Texas.

## Holiday Precautions Force Bacteria To Go "Cold Turkey"

An ounce of prevention can keep food-borne bacteria from becoming an uninvited guest at your holiday table.

"Think sink, stove, and refrigerator," says Becky Gorham a registered dietitian and research nutritionist with the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine in Houston. "These kitchen staples are effective tools in preventing the growth of illness-causing bacteria," she says.

### At the Sink:

• Wash hands before and after handling any food. Keep utensils, dishes, counters, cutting boards, sinks, sponges, and towels clean. Use two cutting boards, one for meat and one for other foods, to prevent cross-contamination.

### In the Stove:

• Roast the turkey at 325 degrees or higher to minimize the time bacteria have to grow. If you are using a meat thermometer, insert it into the thickest part of the thigh next to the body. Cook a whole turkey to an internal temperature of 180 degrees. As a rule of thumb, an unstuffed turkey weighing more than 10 pounds need to cook 15 minutes per pound. Allow 20 to 22 minutes per pound for smaller unstuffed birds.

• Use only pasteurized egg products and cooked ingredients such as sauteed vegetables, cooked meats and poached or sauteed oysters in stuffing.

• Bake stuffing separately, or stuff the turkey just before roasting. Use one-half to three-fourths cup loosely packed stuffing per pound of bird. Use a meat thermometer to make sure the stuffing is heated to at least 165 degrees before removing from oven. Immediately remove cooked stuffing from the bird.

### In the refrigerator:

• Keep thawing birds cold. Gorham recommends thawing the turkey in its original wrapper on a tray in the refrigerator. "Allow 24 hours for every 5 pounds of frozen bird," she says. As an alternative, thaw the bird in a sink of cold water, allowing 30 to 45 minutes per pound. Place bird in a sealed, heavy plastic bag and change the water every 30 minutes. Avoid thawing any frozen meat at room temperature.

• Store raw meats in sealed bags, on trays, on the lowest shelf of the refrigerator to prevent raw meat juices from contaminating other foods.

• Remove turkey meat from the bone to speed cooling of leftovers and store in a shallow container.

• Refrigerate turkey, stuffing, gravy, and egg-based pies within two hours of cooking. Use leftover turkey within 4 days; stuffing and gravy within 2 days.

• Avoid overloading the refrigerator. The main compartment should be a maximum of 40 degrees to inhibit bacterial growth.

If you follow these simple guidelines, harmful bacteria will have to go 'cold turkey' at your house this year.

## Thanksgiving Does Not Have To Be An Unhealthy Holiday

The traditional Thanksgiving feast doesn't have to be full of fat, cholesterol, and added calories to taste good.

"There are plenty of ways to make the dinner healthy," said Dr. Rebecca Reeves with the DeBakey Heart Center at Baylor College of Medicine and The Methodist Hospital in Houston. "Using margarine instead of butter, low-or-no fat mayonnaise, gravy from meat drippings, and a pie topping and a pie topping made out of low-fat ice milk instead of whipped cream will all cut down on the calories, fat, and cholesterol."

A meal of turkey, stuffing, candied yams, broccoli with cheese sauce, rolls and other goodies can total thousands of calories and hundreds of grams of fat. Meanwhile, a menu that consists of turkey, corn, pumpkin pie, and mashed potatoes without butter can result in a meal with as few as 1,100 calories and 33 grams of fat, well within the recommended guidelines.

## Thanksgiving Service Well Attended

The citizens of Quitaque gathered together Sunday to celebrate Thanksgiving with a worship service and evening meal. Delos Johnson of the Quitaque Church of Christ brought the evening message after men from the local churches accepted the donations of the citizens for the fund for those needing help in 1998.

Generous citizens put \$441.95 in the fund to be used by those in need in 1999. The fund is governed by the churches in town.

Over 100 citizens attended this evening of worship, help, fellowship and good food.



## Back Talk

### Chiropractic Care Questions & Answers

My friend says chiropractors have been arrested for practicing chiropractic. Is this true?

Before chiropractic became a licensed profession (1949 in Texas) many chiropractors were arrested and charged with practicing medicine without a license. Today chiropractors are licensed in all 50 states and many foreign countries as well. Chiropractic education includes two years of undergraduate college courses and four years of chiropractic college. Chiropractic colleges in the United States are accredited by an agency which is under the U.S. Department of Education.

Back Talk is copyrighted by the Texas Chiropractic Association and is edited by a panel of doctors headed by Dr. Chris Dalrymple, editor in chief of the Texas Journal of Chiropractic. Send questions for Back Talk to 1601 Rio Grande, Suite 420, Austin, Texas, 78701.



MISTY AND MIKE O'NEIL BESIDES THE PACIFIC OCEAN WITH THEIR BICYCLE BUILT FOR TWO.

## Couple Rides 4,402 Miles Across America On Bicycle Built For Two

Misty and Mike O'Neil rode their bicycle built for two 4,402 miles from Massachusetts to California in 102 days.

The couple recently were in Quitaque for a couple of days and spent some time in the Caprock Canyons State Park, enjoying the scenery as well as the bison.

They stated that they enjoyed staying in the beautiful park.

## Amanda J. Billegas Completes Naval Basic Training

October 19, 1998 (FHTNC) Navy Seaman Recruit Amanda J. Billegas, daughter of Yolanda Ortiz of Quitaque, recently completed U.S. Navy Basic training at Recruit Training Command, Great Lakes, Ill.

During the eight-week program, Billegas completed a variety of training which included classroom study and practical instruction on naval customs, first aid, fire fighting, water safety and survival, and shipboard and aircraft safety. An emphasis is also placed on physical fitness.

Billegas and other recruits also received instruction on the Navy's core values -- honor, courage and commitment -- and how to apply them in their military performance and personal conduct. Billegas joins 55,000 men and women who will enter the Navy this year from all over the country.

Men and women train together from their first day in the Navy just as they do aboard ships and at shore commands around the world. To reinforce the team concept, Billegas and other recruits also were trained in preventing sexual harassment and ensuring equal opportunity.

Even as the naval service gets smaller over the next few years, highly motivated young people like Billegas are still finding an opportunity to improve their knowledge and education as they become part of the most highly technical naval force in history. This year alone the Navy will have more than 57,000 job openings and opportunities which include guaranteed training.

She is a 1995 graduate of Valley High School.

## Title I, Migrant Meeting Held November 17

TITLE I and Migrant Programs fall meeting was held November 17, 1998, with Mr. Davidson presiding.

Davidson gave an overview of the Title I program, explaining the current budget. He said that 92% of the budget is set aside for special education teachers, while the rest goes for contract services, and supplies. The program is school-wide, and all children benefit from it.

A Basic Education Class may be scheduled, if enough community interest is shown, Davidson said. Pamphlets in Spanish and English were distributed to parents, stressing the importance of parent involvement with their child's education.

Guest speaker for the evening was Zeke Castro, a migrant counselor for Region 16. He presented helpful information, and suggested that parents help their children attain their objectives in instruction.

At the conclusion of the meeting, two gift certificates were drawn, with winners Lupe Mora and Antonia Celis. Certificates were presented to Sarah Hinojosa, Seferina Valdes, and Mrs. Celis for attending a parent meeting in Amarillo Region 16 in September.

Valley FHA served refreshments to the group.

## Community Thanksgiving Dinner At Turkey

by j. Guest

As usual, the Community Dinner was a great success. We know for sure that people came from Silverton, Flomot, Quitaque, and Turkey.

Meals were being served as quickly as possible by a friendly smiling group of workers. Turkey Proud did itself proud.

Wish everyone could have seen the decorations. Green plastic cloths were on the tables as well as green long-necked gourds fashioned into turkeys. The Lisa Campbell group of creative minds were definitely at work in this decorating project.

As usual, all the churches and individuals were very generous in donating the salads, vegetables and desserts. Turkey Proud furnished the dressing and turkey.



The Music Ministry of First Baptist Church, Quitaque

## Did You Know?

(NAPS)—Based on a recent study, USA Today reported a growing number of adults are willing to cash in their current lifestyle for a more stress-free and fulfilling one. One product that fits this escape concept is Stetson Country cologne, created for the man who finds personal freedom in the adventure of the great outdoors.



There are windshield washer fluids that work in very cold temperatures. One such product, easily identifiable by its bright yellow color, is Prestone Windshield De-Icer Washer Fluid. Users say it will remove light frost, prevent dangerous refreeze and won't freeze in the washer reservoir. This particular washer liquid will work in temperatures as low as minus 34 degrees F.

Did you know opened wine stays fresh for two to three days? Just re cork, then keep whites in the fridge and reds at room temperature.

A new home satellite dish is sold in the U.S. every 12 seconds. Dish owners are the first to receive the wide array of new programming offered by channels such as Showtime, The Movie Channel, The Sundance Channel and FLIX.

## Celebrate the Season

A Portrait of Christmas



Created by Don and Eric Marsh and Jeff Shugriner

December 6, 1998  
First Baptist Church,  
Flomot  
7:00 P.M.

December 13, 1998  
First Baptist Church,  
Quitaque  
7:00 P.M.

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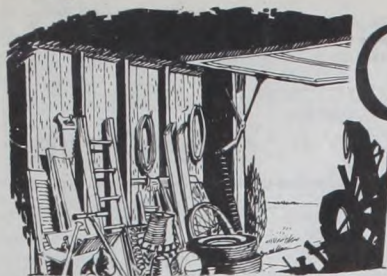
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General advertising rates for the VALLEY TRIBUNE are \$2.75 per column inch; National SAU per column inch are \$3.40. For Classified Advertising, a one time (30 word minimum) ad is \$4.50; Subsequent insertions are \$4.00. Charge for classified ads over the 30 word minimum are .15 per word. All advertising must be paid in advance, unless an account has been set up with the VALLEY TRIBUNE prior to advertising. Deadline for all display advertising is no later than noon on Tuesday. Classifieds not in by the deadline on TUESDAY will be accepted on space available only, and subject to non-classification. CALL (806) 455-1101 OR FAX (806) 455-1706

### Yesteryear

Taken From The Turkey Enterprise Thursday, November 25, 1945

#### SOROSIS STUDY CLUB MEETS WITH MRS. BILLIE FUSTON

The Sorosis Study Club met in the home of Mrs. Billie Fuston, Thursday, November 18. The program, "Religion on Thanksgiving", was led by Mrs. Euman Lyles.

Roll call was Thanksgiving Bible quotations. Taking part on the program were Mrs. Gus Eudy with "The First Thanksgiving in the New World", Mrs. W. F. Giesler, with "The Modern Woman's Part in Thanksgiving", and Mrs. Robert Young with "The Ten Commandments."

Refreshments of cheese and meat sandwiches, potato chips, pickles, fruit cake and coffee were served to the twelve members present.

The next meeting will be December 2 with Mrs. Randy Gafford as hostess. A program on "Patriotism" will be led by Mrs. Jack Barnhill.

#### NEWCOMER

A baby boy weighing 7 1/2 pounds was born to Mr. and Mrs. Hermon Smith at the Stanley Hospital in Matador, Friday, November 19th.

The new son has been named Hermon Lawrence and is to be called Larry. Both mother and son are doing fine and were brought home Sunday evening.

Mr. and Mrs. Claude Champion and Mr. and Mrs. Troy Logan and daughter visited Mr. and Mrs. John Young, Jr., and children in Tulia Sunday.

Mr. and Mrs. Jonn Lisenby of Matador were in Turkey Monday.

D. D. Mullin suffered a heart attack the latter part of last week while at work at his Wolf Flat gin. He was very sick for a time, though his condition was reported improved Tuesday afternoon, but he is still confined to bed.

Mr. and Mrs. Lawrence Hedrick and Gloria left Wednesday morning for Houston to spend the Thanksgiving season with his sister Mrs. H. R. Speir and family. Also with their parents Mr. and Mrs. W. F. Hedrick of Cleburne who will be visiting in the Speir home.

### Stress-Free Holiday Centerpieces

(NAPS)—Who says you need to be a professional crafter or millionaire to fill your home with beautiful decorations capturing the spirit of the holiday season? Certainly not Debbie Mumm, the nationally known designer whose complete line of Mummford holiday products can currently be found at all 268 Mervyn's California stores nationwide.

"We're all stressed during the holidays," says Mumm. "That's why I have come up with some simple and inexpensive holiday centerpieces that can make anyone look like a decorating expert. They don't cost a lot of money or take much time, and they really complete the holiday experience."

• **A Cedar Bouquet.** A bouquet of mixed fresh greenery is a great starting place for a particularly festive centerpiece. Look for these in the back yard or at a floral nursery. Discount or hardware stores often carry these during the holiday season as well. Mix in a few red carnations or fresh cut poinsettias in a vase with some water for a lovely warm holiday look. In addition, you can set your bouquet on a decorative holiday napkin or cloth. Set votive candles all around. Then spread a little more greenery and holiday pot-pourri around your candles.

• **A Holiday Table of Plenty.** Purchase several rolls and breads from your local grocery store or bakery. Dry the breads for approximately four days, then spray with a varnish finish. Line a large wooden bowl or basket with a cloth or napkins and fill with the bread. Then add apples, tangerines, gourds, nuts, cinnamon sticks and autumn leaves or whatever goodies you can find. For a more elegant look, spray the autumn leaves with gold metallic paint.

• **Candlelit Elegance.** Lay a linen cloth over your table (antique is lovely, if you have it). Select a variety of sizes and shapes of ivory colored candles. Put your candles in any kind of glass holders, such as saucers, relish dishes, fluted glasses, shot glasses and traditional candleholders. Spread starry sequins and confetti around your candles. No matter how your table is set, a beautiful ambience can be created with candles. Your lights should be set low—turn the dimmer switch down!

• **The Kids' Table.** Make sure the kids feel included at their holiday table this year. Create a perfect children's centerpiece by making a theme tree and table favors using their favorite collections. For the theme tree, adorn a small, artificial tree with some of your kids' favorite items—baseball cards, stuffed animals, etc. Add candy canes and tinsel to the tree. For the table favors, purchase a few more baseball cards, stuffed animals, etc., wrap them in cellophane or wrapping paper, tie them with a ribbon, slip a candy cane under the ribbon and attach a tag.

### Slow-cooked sweets make great desserts

It's no surprise that a good roast or stew comes from a slow cooker. But after dinner, when it's time to bring in the dessert, most people don't know that a savory selection of sweets can be made in a Rival Crock-Pot® slow cooker.

Imagine delving into five quarts of "Peanut Butter and Hot Fudge Pudding Cake." Top it off with ice cream and nuts and you have a first class dish of "delicious."

A Crock-Pot slow cooker is perfect for many types of meals, plus it's a time saver. You just "fill it and forget it." The low-watt wrap-around heat cooks unsupervised for up to ten hours, with no worries of burning.

As you prepare dinner, you can rest assured knowing that a delectable dessert is slow cooking away. So, for satisfying that after-dinner sweet tooth, fire up the slow cooker and remember to save room for dessert!

Try these scrumptious sweets:

#### Peanut Butter and Hot Fudge Pudding Cake

- 1/2 cup all-purpose flour
- 1/4 cup sugar
- 3/4 teaspoon baking powder
- 1/3 cup milk
- 1 tablespoon vegetable oil
- 1/2 teaspoon vanilla
- 1/4 cup peanut butter
- 1/2 cup sugar
- 3 tablespoons unsweetened cocoa powder
- 1 cup boiling water

In a bowl, combine flour, 1/4 cup sugar and baking powder. Add milk, oil and vanilla. Stir until smooth. Mix in peanut butter. Pour into Crock-Pot® slow cooker.

In the same mixing bowl, stir together the 1/2 cup sugar and cocoa powder. Gradually stir in boiling water. Pour mixture over batter in Crock-Pot. Do not stir.

Cover and cook on High 2 to 3 hours or until a toothpick inserted comes out clean. Serve warm with vanilla ice



cream, hot fudge sauce and top with nuts, if desired.

#### Sweet Potatoes and Pineapple Pudding

- 3 pounds sweet potatoes, peeled and shredded
- 2 cans (8 oz) crushed pineapple in unsweetened juice, undrained
- 1 can (12 oz) evaporated milk
- 1-1/4 cups brown sugar, firmly packed
- 6 tablespoons margarine or butter, cut in cubes
- 3 eggs, slightly beaten
- 1 teaspoon ground cinnamon
- 1/2 teaspoon nutmeg

Lightly grease Crock-Pot® slow cooker. In Crock-Pot, combine sweet potatoes, pineapple, evaporated milk, brown sugar, margarine, eggs, cinnamon and nutmeg. Cover and cook on Low 7 to 8 hours or on High 4 hours, stirring every 2 hours until the potatoes are tender. Serve hot or at room temperature.

Note: This dish may appear to be curdling, however it will come together toward the end of cooking. Serves 10 to 12.

### Happy Birthday

**November 26**  
Paige Mills, Kenneth Helms, Jason Browning

**November 27**  
Trent McKay, Brenda Seymour

**November 28**  
Tracy Guest, Walter Taylor, Ruth Hooks, Ronald Clay

**November 29**  
Melvin Justus, Allen Brummett, Mandy Pigg, Bob Ham, Johnney Turner, Tony Galvan Jr., Heather Hamner, Ronee Mullin, Jimmy Paul Robertson

**November 30**  
Farris Martin, Wade Cagle

**December 1**  
Wes Henson, Leticia Ortiz, Adam Ortiz, Dennis Irby, Johnny Williams

**December 2**  
Earl Patrick, Amy Alexander, Alana Powell, Bob McWilliams

**December 3**  
Jr. (Bubba) Cruz, Mary Woods, Ida Farley, Eddie House, Harold Thrasher

### Happy Anniversaries

**November 26**  
Mr. and Mrs. Lowell Proctor  
Mr. and Mrs. Oneal Davis  
Mr. and Mrs. Steve Farley  
Mr and Mrs. Bud Ham

**November 27**  
Mr. and Mrs. Travis Carnes

**December 2**  
Mr. and Mrs. Kelly Nelson  
Mr. and Mrs. Alberto Reyna

**December 3**  
Mr. and Mrs. Daniel Ortiz  
Mr. and Mrs. Bennie Reagan

**Heart Attack Warning Signals**

- Uncomfortable pressure, fullness, squeezing or pain in the center of chest lasting more than a few minutes
- Pain spreading to the shoulders, neck or arms
- Chest discomfort with lightheadedness, fainting, sweating, nausea or shortness of breath

(Not all of these signs occur in every attack. If some occur GET HELP FAST.)

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### THANK YOU

I would like to thank everyone who voted for me in the recent election. Your support is very much appreciated.

Sincerely,  
Ray Whitaker 24 1tc  
Dear Friends,

Thanks so much for all your prayers, calls, cards and visits during and after my surgery. We appreciate the love and support of this community.

Thank you,  
Melvin and Devorah Justus 24 1tp



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