## FmHA To Elect New Committee Members

| Farmers | including deciding whether |
| :---: | :---: |
| inistration began | an applicant is eligible for |
| ninations April 5 | $m$ loa |
| ection of county committee | One important change |
| members under new rules | broadens the definition of |
| that make it easier for | farmer to anyone who has |
| mers to qualify | rest in a farn |
| aid today | county as owner, tenant or sharecropper," Ms. Via said. |
| sid tod | "The new definition |
| A | includes the spouse of |
| form a variety of duties for | eligible farmer. An |
| U.S. Department |  |
| padit |  |
| Vallev 4-H'ers To Sell |  |
| Ice Cream Bob Wills Day |  |
| The Valley | just aren't enou |
| ling homemade ice cream | therefore, we plead |
| bob wills Day in Turkey on | nds of 4-H'ers to dor |
| ay April 30, ice cream. The Bob |  |
|  |  |
| ser-for this group, and | donate our space free |
| volunteers from Quitaque, |  |
| not, and Turkey |  |
| needed to make ice cream. |  |
| Thelma Gafford states | cal |
| "We never have enough ice cream, last year we had 24 |  |
|  |  |
| freezers of cream, it sold out 1271. The icein one hour. We can't depend made ahead |  |
|  |  |
| solely on 4-H mothers, there |  |
| Horse Club |  |
| The Briscoe County 4-H |  |
| Horse Club will begin its Saturday. <br> spring practice on Saturday, Ice Cream sales always |  |
|  |  |
| April 9 at 3:00 p.m. at the begin after the parade, so the |  |
| Wood Memorial Arena in kids can enjoy that importantSilverton. All interested 4- part of the activities. The 4-H |  |
|  |  |
| and parents are urged |  |
|  |  |

## "We The Women" Present

 Man, Woman Of Year AwardsBriscoe County Judge
Jimmy Ross and Mrs.
Barbara Mayfield of Quitaque
were honored as "Man and
Woman of the Year" by We
The Women at their annual
dinner March 31 at the
Community Center in
Quitaque.
Judge Ross, a Flomot
native, was honored for
outstanding community ser-
vice and for his efforts at
revitalizing the Quitaque-
Silverton area. Jake Mer-
rell, the 1987 award recipient,
presented a plaque to Ross as
a tribute to his contributions.
Ross and his wife, Velda,


Wayland award winners - Among the award winners at Wayland Baptist University's Recognition Chapel last Wednesday was Sarah Hewett (right) of Quitaque, who was one of 10 stud) l ts named to Spinning Wheels, a campus leadership award. Pictured with her are (from
left) Kim Sosebee, Panhandle; Kelley Parr, Memphis; Judy York, Odessa; and Paul Riggins, Rule.

Quitaque Student Among Wayland Award Winners
Quitaque native Sarah
Hewett was amon 41 1 tudents
Hewett was among a1 students
who received awards during
Who received Bawards durng
Waylyand
sitys
annual
Recongiveron sitys anuual Recognition
Day Chanephere Wednessay Miss Hewett was one of 10 persons named to Spinning
Wheels, recognizing WayWheels, recognizing Way-
land's top student leaders.
A 1985 graduate of Valley A 1985 graduate of Valley
High School, Miss Hewett is a junior at Wayland where she
is pursuing a bachelor's degree
stration.
She is the daughter of $\mathrm{Mr}_{\text {r }}$
and Mrs. Rayford Hewett of Quitaque.

## Panhandle <br> Compress Manager Named To C.W.A. <br> Wendell Tucker, general manager of Panhandle Com <br> press and Warehouse Company, has been elected to the board of directors of the Cotton Warehouse <br> iation of America. The Warehouse Association has 14 directors from the western part of the United the western part of the United States, covering Texas, New Mexico, and California. <br> and California In Addition <br> In Addition to being elected as a director in the association, Tucker also has been named as an alternate to represent the warehouse industry in the organization being implemented to aid the more efficient service to the merchants and mills. The company also has warehouses at Paducah, warehouses at $P a$ Childress and Quitaque

Passover Celebrated By United Methodists
$\qquad$ United was held by the First Tyler, hid Easter eggs in the Unita Methodist Church of park. The younger childre Spril2 198 Texas, Saturday, A group of 30 children and adults gathered at the
church, while the Sunday school Superintendent,
Weldon Griffin, the youth 4-H Training Scheduled Thursday
$\qquad$
Get Ready for Bob Wills Day April 30 In Turkey
park. The younger children
and their teachers, Jean Rice, McFall had a Rend Eunice Passover refreshments consisting of carrot sticks, raisins, fresh baked bread, fresh grapes, cheese sticks, hard boiled eggs and grape
drinks. Reb. Steve Ulrey explained why the Passover was observed to the childre
as they refreshed themselves. Prize eggs were awarded to those children in the two groups who found
eggs and the least eggs.
After the egg hunt, the younger children played
while Bro. Steve spoke to the youth. They also had their Passover refreshments at this time. Youth who hid eggs were Julie Ross, Amanda Fields,
Chasity Price, Allison Fields, Dan and John Ulrey, Cha and Bubba Powell and Shawn Barbour.
Children enjoying the egg hunt were Cliff and Jes Yeary, Sammie Dee and
Janet Ross, Christopher and Crystal Price, Chase and Tracy Ham, Sarah Ulrey,
Dustin and Derek Brunson, Dustin and Derek Brunson,
Cara Powell, Casey and Cara Powell, Casey and
Elliott Fields, and Tana Saul. Eliott Fields, and Tana Sau Barbour and Laura Barbour were guests of the Powell children. B.J. and Brandi Price were guests of the Price
children and Becky and Nesa children and Becky and Nes
McFall were guest of McFall were guest of their
grandmother,
Eunice McFall.
Adults not mentioned who
helped with the were Jean Rice, Denise Saul Twilla Clark,
Brunson, Nell Corneth,
Ross and Brenda


## Caprock Comments

Add a Special Touch with Dates
A date to most people is a movie,
dinner or a night on the town. To
cooks, however a date is also a lus.
cious, dark fruit that adds a special
touch to a wide range of recies.
-Dates give a natural sweetness "Dates give a natural sweetness
and rich flavor to cakes, sweet breads, muffins and other baked
goods," said Faye Egan of the Nabisco goods, said Faye Egan of the Nabisso
Brands' Consumer Food Center. They're also in line with todar's heath and nutrition conscious con-
sumers because dates are high in
fiber sumers because dates are high in
fiber and potassium, and are naturally sweet."
The following recipes showense The following recipes showcase
the versatility and favorof DROM.
EDARY dates, which are specially Che versatility and flavor of DROM-
EDARY dates, which are specially
imported by Nabisco to be used as imported by Na
an ingredient.

JEWELED CHEESECAKE
Makes 8 to 10 Sevine
JEWELED CHEESECAKE
Makes 8 to 10 Servings
$11 / 2$ cups $100 \%$ bran
cereal, finely rolled
$11 / 4$ cups sugar
$1 / 3$ cup margarine,
melted
1 ( 8 -ounces) 1 (8-ounces) package
DROMEDARY Pitted Dates, snipped 4 eggs
1 (24-ounces) containe creamed cottage cheese
$1 / 3$ cup all-purpose flour
2 tablespoons lemon
juice
1 teaspoon ground
cinnamon 1 (8-ounce) can crushed pineapple, undrained
teaspoon cornstarch Combine bran, $1 / 4$ cup sugar and margarine; press on bot.
tom of 9 -inch springform pan. a
Sp/4 David and Mrs. Patricia Trout are the proud parents of a
baby daughter, Nicole Lynne, born March 24 . She weighed 7 lbs. 9 oz and was $20-1 / 2$ inches long.
Grandparents are Mrs. Lind Grandparents are Mrs. Linda
Martin of Braidwood, In. and Neill and Sharon Trout of Childress. Great grandparents arese Buck
and Lois Trout of Hobs, New and Lois Trout of Hobbs, New
Mexico and Chlorene Melton of Turkey.
Nicole has a brother Christopher Lee of Crildress.
Patricia and Nicole will join
Sp/4 David in Germany when
Sp/4 David in Germany when
they are able to travel.
WE NOW HAVE
*Bedding Plants
*Tomatoes, *Peppers,
*Geraniums, *Petunias
*Dianthus, *Periwinkle \& More
FARLEY'S FLOWERS

One of the best things about getting old is that all those things you wanted when you were young,
you nol longer want!

Duck Family Has Annual Easter Picnic

## The Duck family held their annual Easter picnicat the Barrett annual Easter picnic at the Barrett farm.

 Eviryone gathered SundayEpril 3, at Una Lee, Danny and April 3, at Una Lee, Danny and
Judys for a picnic and a fun-day. Judys or a picnic and a fun-day.
The little children enjoyed the Easter egg hunt and everyone took part in games of voll eyball, horseshoes, washers, tether ball, and
croquet and picture- anding. Those present to enjoy the day were Owaynu and Joe King,
Jimmy, Helen, Kimmy, Helen, Misti and Meghan King of Dumas, Wanda, Johnny,
Shane and Bradley Chadwich Larry, Deb, April and Cory Farley of Amarillo, Dwight, Anita, Bryan, Amy, Kayla, and Dara Ramsey of Silverton, Glenna, Kevin and Michand Marie Ramsey, Dale, Carol, Russell and Kristin Ramsey, H.G. and Jana Boyles, Roberta and Wendell Farley, Jack, Debbie, Jamie, Richard, Rynn and Jessica
Wellman, Walt and Karen Rice Weliman, Walt and Karen Rice
and Una Lee, Danny and Judy Barrett, all of Quitaque.

* Rolling Plains

Production Credit Association

> 54th Annual

Stockholders Meeting

Friday, April 8
stockholders in the matador AND CHILDRESS OFFICES
City Auditorium Childress, Texas

Saturday, April 9
stockholders in the munday, SPUR AND STAMFORD OFFICES

VIP Center * Stamford, Texas
^ REGISTRATION - 9:30 A.M.
$\star$ BUSINESS SESSION - 10:00 A.M.

* DIRECTOR ELECTION
* ENTERTAINMENT BY HUMORIST
P. BRANTLY KNIGHT
^ CASH PRIZE DRAWING
* NOON barbecue


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ervice Irsquice it seasy And it stbelau
tpublic semice meruge of this publication and Selective Service Swuem

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AGENCY

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## Hutsell Jewelry <br> Silverton, $T x$.

## Spring Cleaning Event

## SATURDAY, APRIL 9th

Mark Hutsell of Hutsell Jewelry in Childress
on every item in the store

## -1day only-

Don't take a chance. Have your stones checked before you lose them. Junis Hutsell We offer
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I see providing farmers with quality planting seed at reasonable, competitive prices.

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I hope you'll see it
9
Grofari

Mind Games


Is this a goblet－or two faces？ Do you believe everything you
see？Or does perception depend upon how you view things？Look at the illustration here．You might see two people talking Experiments with optical illu－
sions are fun ways to exercise your orain．Draw something as you view
it from the side．Then draw it as if you were looking from above．Can friends identify the object from the
top view only？ top view only？
Make a jigsaw photo or a magazine picture by glu－
ing it to cardboard and，after it dries，cutting it into odd－shaped pieces．Or cut the picture into even squares and see how you migh
rearrange the scene differently Discover more intriguing ideas for fun and learning by calling the AFT雨冨匋家

## IN PICTURES

Everyday，all across America women office workers sit in chairs
that do onot fit＂and they pay the price through backache
eral physical discomfort． According to Steelcase Inc．，the
world＇s leading manufacturer of of world＇s leading manufacturer of of－
fice furniture，many office chairs fice furniture，many ofice chairs
are not designed to fit today＇s female office worker． Orthqpedists agree the sitting
position can put excessive pressure on the lower back For optimum back comfort，feet must be sup－ ported（i．e．on the floor，or on a chair
footrest）with the small of the back supported against the chair so the muscles can relax．When the chair
is too deep，the small of the back is too deep，the small of the back
can not be supported without lift ing the feet off the ground．This puts added pressure on the spine
and the back of the thighs which can cause back stres can cause back stress．
To help remedy this problem，the furriture company developed Sensor

- the first office chair sold in three different sizes to fits small，medium and large office workers．The chair scale combines with special er range of tension and height adjust－ ment to provide optimum suppor
and flexibility regardless of the and flexibility regardless of ter
cupant＇s height and weight．Studies show when workers are comfortable crease． To determine whet her your chair fits，conduct this simple test：Sit
back in your chair flat on the floor？Stretch in all di rections．Is your back still properly supported？Does your chair move
with you？If not，your back may not be properly supported by your chair be properly supporteul dyour cheer
The right chair could really cheer your work day．

Because women in exeartive post－ ons are often in chairs made for men，a new chair is availabie in
three sizes－to fitevery body type．

## Lines from Lynda

By Linda Fogerson Briscoe Co．CEA＿HE
Cholesterol has received a Cholesterol has received a great
deal of publicity and yet many are deal of publicity and yet many are
still confused about the sources of
cholesterol its cholesterol，its role in the body and
the best way to reduce it． the best way to reduce it．
Our own body produces abo
$80 \%$ of the total Our own body produces about
$80 \%$ of the total cholesterol found
in blood and tissues．Only about in blood and tissues．Only about
$20 \%$ comes from our diet． animal sources ．．meats，cheese， eggs，milk，butter（not in mar－ gagines．）．There is no cholesterol in
fruits and ver ganites．
fruit vegetables or grain pro－
ducts．However， ducts．However，once grains are
made into bread with the addition of eggs and fats，the bread will have some cholesterol．
have some cholesterol．
Saturated fat may also be
confused with cholesterol．Satu－ confused with cholesterol．Satu－
rated fats are found mostly in rated fats are found mostly in able sources－－coconut and palm
oil－also have significant amounts oil－also have si
of saturated fat．
Both cholesterol and saturated
fats are found to fats are found to increase the risk
of coronary heart disease．For this reason，most physicians recom－ mend that high risk patients
reduce the amount of cholesterol reduce the
in the diet．
In most people，the liver regula－
tes the amount of cholesterol it tes the amount of cholesterol it
 However，for some people increa－ ses in cholesterol from the diet
increases the level in the blood increases the level in the blood．
How do we reduce dietary How do we reduce dietary
cholesterol intake？The primary concern is moderation，NOT concern is moderation，NOT
elimination of all cholesterol foods．
Substitute margarine for butter． Substitute margarine for butter；
skim milk for whole milk；low fat skim milk for whole milk；low fat
cheese or that made with skim

more aware of the latest Call 823－2131，Extension 12，or come by my office in the Court－
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| :--- | :---: |
| Bloat Blocks | Stock Panels |
| GROWN \＆MADE IN THE U．S．A． |  |
| IT MATTERS！ |  |

## W

the distractions and busyness of fife，it＇s easy to forget the very Source of that life we have been gifted with．A＂quiet time＂set aside for listening to God can make a wonderful change in you and the way you relate to those around you．Why not give yourself an opportunity to＂refuel＂by taking time for prayer and meditation ．．．for just looking at God＇s glorious creation ．．．and for worship ping with others of your faith at the church of your choice this Sunday．

Be still，and know that I am God．I am exalted among the nations，I am exalted in the earth！


THE PEOPLE WHOSE NAMES APPEAR BELOW SPONSOR THIS MESSAGE WITH THE HOPE OF PROMOTING A BETTER CHRISTIAN COMMUNITY．

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（

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Women＇s Missionary Society s．．．．．．．．．．．．．．．．．．．．．．．．．．4：00 p．m．
WEDNESD．
Prayer Meeting ．．．．．．．．．．．．．．．8：00 p．m． Prayer Meeting．．．．．．．．．．．．．． $8: 00$ p．n Turkey，Texas Pastor：Samuel Holloway of Plainview Weekly Schedule of Meetings Pastpral Days．．．．．．．1st \＆3rd Sundays
MONDAY：
Mission．．．．．．．．．．．．．．．．．．．．．．．．．．4：00 p．m． WEDNESDAY：
Prayer Meeting．．．．．．．．．．．．．．．．．．．．．．．．．．7：00 p．m． UNITED METHODIST CHURCH

$$
\begin{aligned}
& \text { Turkey, Texas } \\
& \text { istor: Steve Ûrev }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Pastor: Steve Ulrey } \\
& \text { Weekly Schedule of Meet }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Weekly Schedule of Meetings } \\
& \text { SUNDAY: }
\end{aligned}
$$

$$
\begin{aligned}
& \text { SUNDAY: } \\
& \text { Morning Worship ...............:30 a.m. } \\
& \text { Church School............... } 10: 30 \mathrm{am} \text {. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { Evening Worship on } \\
& \text { First \& Third }
\end{aligned}
$$

$$
\begin{aligned}
& \text { First \& Third } \\
& \text { Sundays. }
\end{aligned}
$$

MONDAY（First \＆Third）： United Methodist ST．ELIZABETH AN．．．．．．．．．．．．．．．．．．．．．．．p．m CATHOLIC CHURCH Turkey，Texas Sister Joyce Blum，F．S．P．A UNDAY：
Sunday School． Sinday School．．．．．．．．．．．．．．．．．．11：00 a．m．
Mass．．．．．．．．．．．．．．．．．．．．．．．． 1200 p．m

FIRST ASSEMBLY
OF GOD Silverton，Texas
Pastor：M．G．Baumgartner （823－2045）

Weekly Schedule of Meetings SUNDAY： Sunday School．．． Evening．．．．
WEDNESDA WEDNESDAY
Bible Study．




## CLA Thanks goes to everyone who sent cards, plants, called and came by to visit me while I was in the Recovery sure is easier wher ye. know people care. Your prayer are greatly appreciated too!

Thanks Again,
Angie Smith
44-1te
I would like to thank each of
you friends for thinking of us int
the loss of Minnie Mae. For the
cards, flowers, memorials, and the
wonderful meal prepared for us at
the church, for Bro. Steve's
message, the beautiful music and
for your prayers.
The Loved Ones of
Minnie Mae Roberson
44-1tp
I would like to thank oliver
Clork and the E.M.T.'s and
everyone that came so quickly
when I I called about Minnie Mae
qnd for Annie Mae for staying
with meand helping mer
Yolan Roberson
44-1tp
WANTED
WANTED: Custom CRP work
shredding, grass sowing, call De
Whittington 455-1359.

## scooters, running or not. Call

 6.00- 

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pliance - Spray Static Guard on dra peries and upholstered furniture to hairs from sticking. hats to tame flyaway hair spray Static Groord ging your pet, tools to keep airborne hairs from carpeting.
Bring an extra can there fice where dry air, carpeting and to cause static shock when you shal
hands or touch a metal

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65

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an outage, here's what you should do CHECK WITH YOUR
 the only one affected. CHECK YOUR BREAKER BOX. II the trouble
is not on your side of the meter CALL YOUR LOCAL WTU OFFICE with the following information your name, address, the time of outage and the area alfected. if known. Your assistan
restore the electricity you depend upon.

