The Valley "Unice of the Caprock Canyons" Tribur

### VOLUME 34 NUMBER 22 PAGES 8

**Calendar Of Events** November 17 Triple L Club Jr. High BB Childress T 4 pm Robbie Hill @ Turkey Caprock Bicycle Club

November 18 Memphis BB 4 pm H

Storytime Caprock Library School Retirees Meeting JV Memphis H

November 19 Quitaque Sr. Citizens November 20 Attend Church of Choice Turkey Thanksgiving Dinner

12 noon Quitaque Thanksgiving Dinner 6 pm November 21

Turkey FCE Club Quitaque Lions Jr. Hi BB Spur H 4pm November 22 Kress BB 4 pm H November 23 School Holiday November 24 Thankseiving Day School Holiday

Turkey Quitaque City Hall Closed for Thanksgiving Thursday and Friday November 24 & 25, 1994

# **Holiday For** Valley School

Valley School will be closed for the Thanksgiving Holiday. Student and teachers days out will be November 23-24-25, Wednesday, Thursday, and Friday.

The business offices at the Valley School will also be closed for the three day holiday. Please attend to your tax business at these offices before November 23, 1994 so that you will not be inconvenienced by the closure of the offices.

# Local School **Retirees Meeting**

by Wilburn Leeper All retired teachers and other retired school employees from Turkey, Silverton and Quitaque are invited to attend a meeting on Friday, November 18, 1994. This important meeting will be held at the Community Room of the First National Bank of Quitaque at 10 a.m.

The purpose of the meeting will be to pass along available information to retirees relative to common concerns. Upcoming legislation will be critical to the security of the Teacher Retire ment System and teacher welfare. It is important that retired teachers be adequately informed.

EEEN by Eunice McFall

Do you consider yourself dependable? I think we would all like to think that we are the most dependable person in the world or at least as dependable as the next fellow! I believe that is really what we want to think about the men and women that we cast our votes for last Tuesday in the election that they are dependable and will keep their words when they get to Austin or Washington. All the campaign promises that were made may be hard to keep but if we are to continue to keep them in office they must try to do whatever it is that they have promised the American people.

Bits and Pieces had this to say about being dependable Being dependable is important -- not only to the people you work

for but also to the people who work for you. One of the best ways to win respect is to be known as a person whose word is good-ALWAYS!

Promises are easy to make, sometimes hard to keep. It's bad business to make them lightly. The manager to whom you've blithely promised improved results will not forget it quickly if you fail to produce. Neither will the employee whom you've led to expect a pay raise you couldn't deliver.

Why are we all so quick to make promises? Probably because it's so simple to do. Promises are a quick, easy, and painless way to motivate people, to get them to do what we want. Eventually, however, the time comes when we have to make good. That's when difficulties show up.

Actually, there's nothing wrong with making promises-pro vided you observe a few precautions:

How sure are you that you can deliver the goods? Overly optimistic executives sometimes get carried away and promise don't fully control. Ma

\_\_\_\_\_\_ News & advertising must bein the Valley Tribune Office by noon on Monday November 21, for the paper of Thanks-

BRISCOE COUNTY

QUITAQUE, TX 79255

**Quitaque Community** 

On Sunday, November 20,

1994 at 6 p.m. the Methodist

and Baptist Churches in Qui-

taque are hosting the annual

Community Thanksgiving Ban-

quet for everyone in the Qui-

Serving of the meal will begin at 6 p.m. Turkey, dressing and

all of the trimmings are on the

banquet menu for this Thanks-

giving gathering of the people

of Quitaque. There is no charge

for attending the Community

will follow the meal. The ban-

quet will be held at the Qui-

couraged to attend this time of

food, fellowship and Thanksgiv-

Weatherization

**For Residents** 

May Be Available

Texas Department of

Commuity Affairs announces

ter and cooler in the summer

through the Weatherization As-

sistance Program of Panhandle

amount of money that can be

spent on a house for weatheriza-

tion improvement. Costs and

the work done on a house will

The program limits the

Community Services.

funds.

2:00 p.m

taque Community Center.

A brief Thanksgiving service

Anyone and everyone is en-

Thanksgiving dinner.

Thanksgiving

taque area.

**Banquet Sunday** 

П giving week -----Turkey FCE Club

Meets Monday Night On Monday night, November 21, 1994, the Turkey FCE Club will meet at 6:30 in the Senior Citizens Room at the Bob Wills Center

The hostesses for this meeting will be Mary Nell Tripp, Iona Lane and Leatta Johnson. Wilma Eudy will bring the in-spirational talk. Roll call is to be answered by giving your favorite holiday beverage.

The Home Economist Extension Agent, Beverly Logsdan, will present a program entitled Taste Fare. It will cover the many different varieties of holiday beverages.

All members are encouraged to attend this most interesting program and guests are always welcome. Hope to see you all Monday at 6:30 p.m.

# Grand Opening **Friday In Turkey**

Margie's Discount Fabric that they provide services to make homes warmer in the win-Sewing & Varity Store will be having their grand opening on November 25, 1994 in Turkey. The store is located directly across south of the bank.

Available will be fabric and sewing needs, toys, clothes, quilts, etc. Come in and visit with us asbout your Christmas needs

Coffee and donuts will be served on opening day at the new store's opening.

> **Knock Out** The Flu

Get Your shot! **October and November** are the best months to get your annual Flu shot.

Flu vaccine is covered nb Medicare

Contact your physican or your local health

department.

# Turkey Community—Wide Thanksgiving Dinner

by Ann Coker

On Sunday, November 20, 1994 the Turkey Proud Committee will be hosting their annual Thanksgiving dinner. Serving will begin at 12 noon in the Bob Wills Cafeteria.

THURSDAY, NOVEMBER 17, 1994

Caprock Canyons -= State Park

# Opening on November 5, 1994, Deer Season is Now In Full Swing Here

The doors swung open on the Panhandle white-tailed deer eason on November 5, 1994. Hunters will be able to search for their limit of three deer from November 5 until January 1, 1994.

The Panhandle deer season will be similar to last year's season, according to Danny Swepston, Texas Parks and Wildlife Department biologist in Amarillo, who covers the top 56 counties of Texas.

'It's been pretty dry lately. We've had some moisture," he said. 'It's very similar to last year, which was an average year. The numbers haven't changed much the past few years. We do have deer showing up in areas we haven't had them in before. The animals are moving out as habitats change.

The deer seen during surveys appear to be in good shape, even in the dry areas, Swepston said. Hunters should expect to see good antler production in the counties north of Amarillo, which received more rain during the year. From Plainview south, it is very dry and these deer may have lighter body weights and antler. Some deer already are moving into the wheat fields to graz

The northeastern Panhandle counties are seeing a whitetail fawn crop of 40 percent to 50 percent, pretty good for the Panhandle, he said. The deer have done well despite the dry weather. A good year is expected in the northern part of the district, similar to last year.

"There will be better hunting later in the season, after it cools off some. We've had unusually hot weather. It may be the later part of the season," Swepston said. "I think you'll see some more movement. I think the deer will go into the fields pretty quickly.

Aoudad season begins November 5, 1994 and goes until January 15, 1995. Mule deer season will open on November 19 and close on December 4, 1994 in the Panhandle

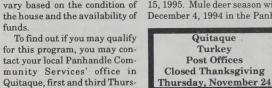
> Castillo Attends Fire Seminar

The Texas Parks and Wildlife Department held an Intermedi-ate Wildlife Fire Behavior Seminar, November 7-11, at the Davis Mountain State Park.

Arnold Castillo, Park Ranger III at Caprock Canyon State Park, Quitaque, attended the week long training.

TPWD Representatives ranging in various position levels from Park Rangers, Biologists, Resource Managers, Regional Directors, and Maintenence Specialists at-tended from the Panhandle, West Texas, East Texas and the Central Hill Country. The Ft. Davis local Fire Department and the McDonald Observatory also

participated.



Quitaque, first and third Thursday afternoons. The represen-tative will b e in the First Na-**Caprock** Public tional Bank from 12:30 until **Library News** by Arlene Hinkle

In Turkey, they will be in City Hall, first and third Thursdays Don't forget Storytime at after 2:30 p.m. Caprock Public Library this

Telephone number for information. (806) 874-2573

a person, for example, ought to first make certain they can obtain the required approvals. Their intentions may be the best, but what if higher-ups won't go along?

Do you honestly intend to keep your promise? Under everyday pressures, it's easy to promise people something, then forget all about it and assume they will too. Unfortunately, they won't. More than likely, they'll be thinking about it constantly. If you want to avoid repercussions, you had better not stop thinking about it either.

Are you particularly careful not to mislead people? Good managers aren't reluctant to talk to their people about their future prospects. But they're realistic when they do-they don't create false hopes by painting too rosy a view.

Do you make a practice of delivering all that's promised? Forcing people to settle for something less than they've been led to expect leaves a bad taste. If you want their continued cooperation, always settle in full, however inconvenient or painful you may find it.

Make promises to keep. If there's the slightest possibility you might not be able to, don't promise!

Deliver more than you promise, rather than promise more than you can deliver.

Keep this in mind: No horse gets anywhere till he is harnessed. No steam ever drives anything until it is confined. No Niagara is ever turned into light and power until it is tunneled. No life ever grows great until it is focused, dedicated, disciplined. So for ourselves and everyone else in our lives, let's try to keep those promises so that we can be known as DEPENDABLE.

Members of each local church will be responsible for providing a special dish. The Catholic Church members are each to bring their choice. Members of the Church of Christ are to bring either a fruit or vegetable salad. The vegetables are to be prepared by the members of the Baptist Church. Members of the Methodist Church will provide the desserts

The meal will consist of turkey, dressing and a huge assortment of salads, vegetables and desserts. Bread, cranberry sauce, coffee, tea and ice will all be furnished.

Take-out plates will be filled between 11 a.m. and 12 noon so please have your food there as early as you can. There will be a \$3.00 donation for each plate.

The entertainment this year will be provided by all local talent. Roger Denton, who has made quite a name for himself as an outstanding vocalist, will be on the program. Other great local talent will be Louis and Oleta Randell and Scott and Jane Johnson. Join your friends at Turkey at 12 noon, the 20th of November for a great meal, exceptional entertainment and lots of visiting. Members of the Turkey Proud Committee and their workers are Mariorie Bell, Curtis and Ruth Ann Scrivner, Maurice Fuston, Byron Young, Don Turner, Iona Lane, Leotta Johnson, Ying Lyles, Nadine Davis, Frankie Bell, Belle Davis, Mary Nell Tripp, Oleta Cunningham and others.

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There are people who are so much their own enemies that they prefer a misfortune they have foreseen because they have foreseen it, to good luck they did not expect. -Prince de Ligne

keting advice

Good Years For The Buzzards by John Duncklee. Set in Arizona on the OBar J Ranch in the Sierrita Mountains southwest of Tucson, this is a biography of "kid from New York" who learns about being a "cowman" during the drought in the '50's. For Juveniles: The Dare, The

week, November 18, 1994 at 9:30

a.m. Ronda will present a pro-

New books for adults: Maga

zine Writing That Sells by Don

McKinney. Ever dream of writ-ing? Mr. McKinney starts with

the idea, leads you through the

interview and research; dis-

cusses structure; adds a dash of

sparkle; and finishes with mar-

gram for Mommies.

Proposal, and The Journey, an Apple Valley Series, by Nancy Covert Smith. A story of a young girl who envies the freedom that boys have and enters into a contest that causes an uproar among the "proper" folk. The series follows her life in a small farming town to marriage and finally the journey to Ohio in a covered wagon.

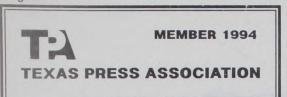
Pro Football 20th Anniversary Edition edited by Zander Hollander. Who are the greatest quarterbacks in history? Official stats-club records-college drafts.

Castillo stated that some of the informational areas covered included: The Fire Environment; Temperature/Humidity Relationships; Atmospheric Stability and Clouds, general and Local Winds, Topograpgic Influences of Fire behavior; Fuels, Fuel Moisture, Fire Behavior in the Third Dimension, Fire Environment Factors and Indicators and the Prescribed Burning Plan.

This Course is a "skill" course that was designed to instruct prospective fireline supervisors in wildfire behavior for effective and safe fire management operations

Foliage Tour Stamp Cancellation available in Quitaque until November 21, 1994

Page 2



THE VALLEY TRIBUNE sor to The Quitaque Tribune, Established at Quitaque in 1960 Published Every Thursday at Quitaque, Texas 79255 Jimmye C. Taylor, Publisher all, Editor Linda Purcell, Computer Typist

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\$14.00 \$17.00

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# Happy Birthdays Stroup Happy November 17 Mindy Proctor, Kim Eudy

November18 Brenda Cruse, Carmen Hinojosa, J J McCay, Justin Billegas, Danny November 20 Nada Starkey, Tony Hinojosa, Marjorie Baylen, John Whitener Mayone Bayen, John Martheller Maurice Fuston, Garrett Mills, Eugen Ferguson, Kathy Green, Vinnie Kimbell, Rene Martinez, Linda Morrison November 22 Glyn De Pigg, Denver Anderson, Michelle Wooten, Keith Lane November 23

Wilburn Martin, Mary Davis, Rene Dudley, Gaby Fierro Marjorie Bell November 24 Kirk Garner, Dakota Smith,

Michelle Ferguson, Therma Farley, Linda Ferguson, Brenda Coker Happy Anniversaries

November 19 Mr. and Mrs. Denver Anderson

November21 Mr. and Mrs. Shorty Woods

November 23 Mr. and Mrs. Howard Rogers Mr. and Mrs. LeRoy Hamilton Mr. and Mrs. Eric Scroggins November 24 Mr. and Mrs. David Wooten Mr. and Mrs. Wilburn Martin

The only way to entertain ome folks is to listen to them. -Kin Hubbard



In Pampa courtesy of the Pampa News Jim Stroup, formerly a Quitaque resident, is known as a classy

gentleman in the Schneider House at Pampa, where he now resides He takes kindly to teasing even when called "Jimmy". Jim is usually found in the center of a group, never on the outside or alone Residents of the Schneider House

had their third annual Arts and Crafts Festival on November 5 Among the crafts and goodies offered, chili, a specialty of Robert Grant, the maintenance man, was

vailable to eat there or take home. His wife Linda had made oodles of cute, even precious scarecrow dolls, which had been madefor centerpieces for a Schnieder House group

Handiwork included crochet work and beautifully dressed dolls. quilted pillows and Texas potholders. Homemade jalapeno jelly was a flavor enhancer for cream cheese and crackers. For good reminiscing, visit Jim

Stroup at the Schneider House in Pampa

# Small Business Workshop Set

There will be a morning work shop on "SBA Financing For Small Business," Wednesday, November 30 in the SBA Conference Room, 1611 10th Street, Suite 200, Lub-bock. The workshop is being sponsored by the U.S. Small Business Administration (SBA) Registration begins at 9 am and the program will conclude at 10 am.

Subjects for the morning work-shop include: "SBA Loan Applicaand "Other SBA Programs. There is no registration fee for

the workshop but pre-registration is encouraged due to limited space.

This workshop will provide financing information relative to starting a business. Women, this is an excellent opportunity to learn about finacing a business. Statis-tics of the U.S.Census Bureau and SBA show women are starting businesses at twice the rate of men.



# **OBITUARY** THINGS SEEN AND HEARD

Lillian Jennings

Lillian Glover Jennings, 99, died Thursday, November 10, 1994. Services were conducted at 2 pm

Saturday in First Baptist Church in Tulia. Burial was in Rose Hill Cemetery by Wallace Funeral Home

Mrs. Jennings was born and reared in Pinckneyville, Ill. She moved to Las Animas, Colorado, at the age of 15. She married William Carrol Jennings in 1915 at Opal, Colorado. She moved to Erick, Oklahomain 1921 and came to Tulia in 1924.

She was a homemaker and had een a member of First Baptist Church for 70 years. She was active in the Young Women's Auxiliary at the church and taught Sunday school for 43 years and also taught GA's

She was preceded in death by her husband in 1979 and by a son, Albert Jennings, in 1984.

Survivors include two daughters Elma Henson of Sweetwater, Oklahoma, and Willene Smith of Dumas; two sons, Ed Jennings of Whiteface and James Norris Jennings of Boise, Idaho; 13 grandchildren; 27 great grandchildren; and four great-great-grand-Mrs. Jennings was the grand-mother of Scott Johnson of Turkey.

# Vivian Coker

Vivian Bertha P. Coker died in Phoenix, Arizona, on September 29, 1994. Mrs. Coker was born in Ferron, Utah on January 10,1911. Services were held at Church of Jesus Christ of Latter Day Saints on Monday, October 3. Graveside services were held at the Ferron Cemetery in Ferron, Utah on Wednesday, October 5, 1994.

Mrs. Coker is survived by her husband, Eldon Coker; a former Turkey resident and six children.

# "Halfway " Basic-**Courses Scheduled**

Windows users can now become more comfortable and efficient in the use of Windows after taking the Introduction to Windows course offered at the Texas A&M Computer Training and Education Center here November 15 and 29.

The one-day course will be of-fered twice this month, and it will cover the basics of Windows as well the installation and running of Windows and non-Window applications. Setting up your system in Windows and other software that is included as part of the Windows package will also be explained.

No prior computer experience is necessary to take the course and both courses will run from 9 am to 4 pm. The is a registration fee, with lunch included. Space is limited to 14 participants to encourage on hand experience for everyone. Couples are encouraged to attend and pay only one registration fee if they share a computer.

Contact Linda England at the Texas A&M University Research and Extension Center in Lubbock (806)746-6101 or call your local county agent to register for the ocurse or to find out more informa-

# Kennel Club **Offers Gift**

The American Kennel Club recently published the perfect children's gift to add to every shopper's holiday list. Corey's Fun and Educational Activity Book provides hours of entertain ment for children, and this recession-buster is ideally priced at \$2.00, including shipping and

# The Valley Tribune, Quitaque, Texas, Thursday, November 17, 1994

# Turkey News Turkey News

by Ann Coker

the Larry Morris

taking him.^^

dent there.^

dal shower honoring Kyle and Ann

Williams. They were guests for

lunch at the home of Ann's parents,

Betty Houuse drove to Paducah for

third degree burns on his body re-cently when he spilled some hot

grease. He was treated at the burn

center in Lubbock. He is at home but has to return for further treat-

ment at the burn center. His daugh-

ter, Norma Young of Ralls has been

Loetta Ferguson was recently released from an Amarillo Hospital

and is at present a resident of Turner

Nursing Home in Childress. Loetta's mother, Alice Fuston is also a resi-

**Birthday Celebration** 

great grandchildren of Burl Pierce

came to his home on his birthday,

November 5th and surprised him

with a party. A beautiful birthday

cake and all the trimmings were

enjoyed. There was lots of picture

taking, visiting and thoroughly enjoying of each one who attended.

ing forward to the next 80 years!

Burl commented his is sure look-

The children, grandchildren and

For Burl Pierce

Arlie to do some visiting.^^

Last Monday Arlie Williams and

Nubin Yates received second and

Traveling to White Deer last Friday night were Rita Guest and Charlotte and Terry Doc Wil-liams of Abilene came to Turkey Marguret Lane. They attended the basketball scrimmage between last Friday night to visit with his mother, Arlie Williams. Valley and Booker. They enjoyed visiting with Barry Lane, son of On Saturday Charlotte and Arlie Williams and Willie Grace Majors Tink Lanes, who lives in Booker. Barry was there to watch his daughdrove to Dimmitt to attend the bri-

ter, Sasha, play ball.^^ While talking to Mozelle Eudy recently she said she had heard that Hugh Eudy was a patient in a Midland Hospital. He was under-going lots of tests, including an EKG and a balloon test. No results have been received at this time.^^

Traveling to Plainview last Monday were Clema Johnson, Foy Lane and Virginia Degan. Mrs. Degan had a doctor's appoint-ment.^^

Sporting a new four-door pick-up is Lacy Shannon. Recently while traveling down a farm to market road, a vehicle came off a side road and hit Lacy's suburban. The sub-urban rolled three times, but Lacy was not badly injured but her sub-urban was totaled.^^

Homer and Claudia Hawkins report that the peanut harvest is growing to a close. They reported the harvest began earlier this year, the crop was shorter than in past years, and the weather has really operated in enabling the farmers to finish in record time.^^ Terry Boedecker has been un

dergoing some tests recetntly. At this time no results are known.^^ After receiving a pacemaker recently was Thomas Tinney. At this time it isn't working properly.

The doctors are unsure if the pacemaker will have to be replaced or readjusted.^^ Visiting with Mary Loury re-

cently was her brother, Jerry Wil



Coming from Silverton was Jo Ann McFall; R. S. and Dorothy Pierce of Ennis, Texas and Kenneth and Ann Husband of Childress.

Other guests were Royce and McMurtry and Texie.

& DRINKS 18 lb. TURKEY TO BE GIVEN AWAY SAT., NOV. 19  $Ying \, Lyles, Lewis \, and \, Mozelle \, Eudy,$ DeLane and Katylin Brown of Turkey. Also visiting were Nadine Cargil and Tyler and Mary Chances for 50¢ will be sold Nov. 10-19 

WE WILL BE CLOSED **THURS., NOV., 24** 

Have a Wonderful and Happy Thanksgiving

liams. Jerry lives in Ft. Worth. While Jerry was here, he and Mary visited in Childress with their mother, Christine Williams.^^ Have heard that Gary Barnhill of Clarendon has suffered a heart attack. He is a patient in an Amarillo Hospital.^^

Update on Hugh Eudy. Mr. Eudy is now at his home in Midland. His tests all proved to be OK.^^

Ron Eudy was in town for the day, to help celebrate Burl Pierce's birthday. Burlis Ron's grandfather. Lewis and Ronnie then took him

to Lubbock to catch the plane back to his home in Austin.

### Volunteer Tax-Helpers Sought By AARP

This year, more than 1.5 million Americans—including nearly 40,000 Texans—received free tax-filing assistance from some 30,000 trained volunteers in the American Association of Retired Persons (AARP) Tax-Aide Program.

This successful program is seeking more volunteers to serve as Tax-Aide counselors, instructors and coordinators during the 1995 tax-filing season.

Volunteers will receive free training from the Internal Revenue Service. They will then be asked to serve just four hours per week from February through April 15, 1995. All program-related expenses will be reimbursed.

If you would like to be a Tax-Aide volunteer, write to Jack Botikin, 223 Keikbusch, Borger, TX 79007

9 A.M. - 5 P.M.

CRAFTS

NOVELTIES

Which teacher of kissing the pig question that the School answered their votes in the The lucky winner contest held by the

Who Got T

Pig At Vall

Jessica Car

The Valley ·A Newsp Happen

Valley S

students

and at

The Junior class efforts of all the co Setterwhite, Judy Leeper, Rick McKa Darin Martinez and Hall. The celebrity pig was loaned to the special appearance family.

To consider ent from ord wrong, but it is that one will n ordinary men.



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Cont

Th

**ROLLING PLAINS** COMMUNICATIONS 25% OFF

**CHRISTMAS SALE** 

ALL NEW CELLULAR EQUIPMENT AND INSTALLATIONS PLUS NO ACTIVATION CHARGES AND DIGITAL CELLULAR WILL GIVE YOU A \$50.00 CREDIT ON YOUR ACCOUNT.

GIVE A LOVED ONE THE SAFETY AND CONVENIENCE OF A CELLULAR TELEPHONE THIS CHRISTMAS \*THIS SALE BEGINS ON NOVEMBER 21 AND SUPPLIES ARE LIMITED. OFFER GOOD WITH NEW ACTIVATION ONLY. DEPOSIT MAY BE REQUIR RED

CALL 455-1298 OR COME BY 125 MAIN STREET QUITAQUE, TEXAS **ONLY SALE OF THE YEAR!!!!!!!** 

handling. Parents will also appreciate Corey's Fun and Educational Activity Book, because this 16page activity book incorporates educational messages into every game, puzzle and coloring page. Children are taught about the responsibilities that go handin hand with being a dog owner, as each page focuses on a particular aspect of dog care and training such as nutrition, veterinary care and exercise.

As a stocking stuffer or under the tree, children will be delighted with Corey's Fun and Educational Activity Book. To receive this gift in time for the holidays, orders should be placed by December 14. Write to AKC, 5580 Centerview Drive, Raleigh, NC 27606 or call (919) 233-9767



from the officers and employees of



 A Newspaper about Happenings at the Valley School, by students, teachers, and advisors.\*

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Deadline

High school students with a

righ school students with a grade point average of B' or better and who are U.S. citizens inter-ested in applying for \$1,000 college scholarships should request appli-cations by December 15, 1994 from

Educational Communications Scholarship Foundation, 721 N

McKinley Road, PO Box 5012, Lake Forest, Il 60045-5012. To receive an

application, students should send a

note stating their name, address, city, state, zip code, approximate

grade point average and year of graduation. All requests for appli-

cations will be fulfilled on or about January 13, 1995. One hundred

fifty winners will be selected on the

volvement in extracurricular ac-

tivities and sone consideration for

financial need. A total of \$150,000

will be awarded.

basis of academic performance, in

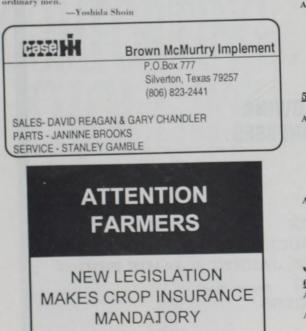
### Who Got To Kiss The Scholarship Pig AtValley School?

by Jessica Carter Which teacher got the priviledge of kissing the pig? This was the the question that the students at Valley School answered for everyone with their votes in the Junior's contest. The lucky winner in the Kiss the Pig contest held by the Juniors was Beth Hall

The Junior class appreciated the efforts of all the contestants, Brent Satterwhite, Judy Barret, Zelda Leeper, Rick McKay, Jerry Smith, Darin Martinez and of course, Beth Hall

The celebrity pig was "Dot" who was loaned to the Juniors for this special appearance by the Yeary family

### ... To consider oneself different from ordinary men is wrong, but it is right to hope that one will not remain like ordinary men.



Get ALL the Facts About "CATASTROPHIC" & "BUY-UP" INSURANCE Before You Make Your Insurance Decisions

# 5th Grade News

8th Grade

A HONOR ROLL

9th Grade

A HONOR ROLL

Walt Hens

A & B HONOR ROLL Rosalia Mendoza

**High School** 

ty Taylo

A & B HONOR ROLL

Melody Farley

P Jay Merrell

Jessica Ortiz

Mandy Pigg

Russell Ram Micah Stark

10th Grade

Cara Powell

Brandi Pric

**Crystal** Price

Shawn Stepl

A & B HONOR ROLL

**Ruby Barrera** 

Jessica Cartes

Jacob Justus

Steve Lopez

Levi Taylor

12th Grade

A HONOR ROLL

Alfredo Galvan

Rene Martinez

Robin Williams

A & B HONOR ROLL

Amanda Billegas

....

is not what he says, but what he

What I like in a good author

Chris Abram

Lee Farley

whispers

11th Grade

A HONOR ROLL

by Magan, Missy, & Emily Hi, it's us, again, the fifth grade reporters. We hoped you liked our first news thing this year. Last week there was a different group of reporters typing. We liked it and we pe you did too

In Reading we have just finished the "The Battle of Brandywine." It is about a boy who lived back in the 1700's. His family is British but his brother wanted to fight on the Patriots side. It is a great story and we

really enjoyed it. In Health we are learning about the body. About how you digest food and things like that. During English we have been doing the comput-ers, wrinkers, library, work journals and manual writing.

A HONOR ROLL In Science we are still studying on biomes. In History we have just A &B HONOR ROLL Jason Payne taken a test and our new chapter is George Pigg

on when the Europeans came to America. That is what is going on in the fith grade this week. Valley School Honor Roll

# Grade School

FIRST GRADE Teacher ALL A HONOR ROLL Cody Barrett Jennifer Carnes Michael Clark Larissa Payne

A & B HONOR ROLL Chance Maynard Erica Guijo Rhiane Gaddis Alicia Roys Jonathon Farley Rosalie Vil

# Second Grade

Mrs. Ham, Te ALL A HONOR ROLL Paige Hughes J. P. Myers Cody Payne Zack Rams Christine Walls Chelsea Wheeler

Matt Whittington A & B HONOR ROLL Cody Varnell Veronica Mendoza

Third Grade Mrs. Pigg, Teacher ALL A HONOR ROLL

Kenton Satterwhite Dakota Smith Katherine Pigg

# A&B HONOR ROLL

Jessica Wellman Colt Smith Douglas Payne Chase Maynard Olivia Greene Rodney Fuston Clif Yeary

# 4th Grade

Mrs. Proctor, Teacher A HONOR ROLL Sammie Dee Ross J. C. Pigg A & B Honor Roll Natalie Wheeler Galen Smith Ava Jo Sargent

### Randa McBee Sara Fierr 5th Grade

Mrs. Davidson A HONOR ROLL Tate Bennett Wes Henson Missy Jeffcoat Amber Stark Christopher Taylor Magan Whittington

A & B HONOR ROLL Rosalinda Lopez Lupe Mendoza

Jana Merrell Ana Mora Lydia Valdez

# Junior High 6th Grade

A HONOR ROLL A & B HONOR ROLL Candace Benenati Vance Chandler

# 4-Her's Qualify For District

by Ronda Alexander

Seven Briscoe County 4-H'ers salified to compete at the District 14-H Food Show which will be held in Amarillo on December 10. The

County 4-H Show was held on No-Tara Smith placed first in the Junior Fruits and Vegetables cat-egory with her Sliced Potatoes. She was also the recipiont of the 1st Year Award. Hannah Boedeker prepared Chicken Raviola to win the Junior Main Dish category. Pee

wee participant Will Boedeker pre-pared a Fruit Salad for his entry. In the Intermediate Fruits and Vegetables category, Katy Hester placed first with her Cauliflower

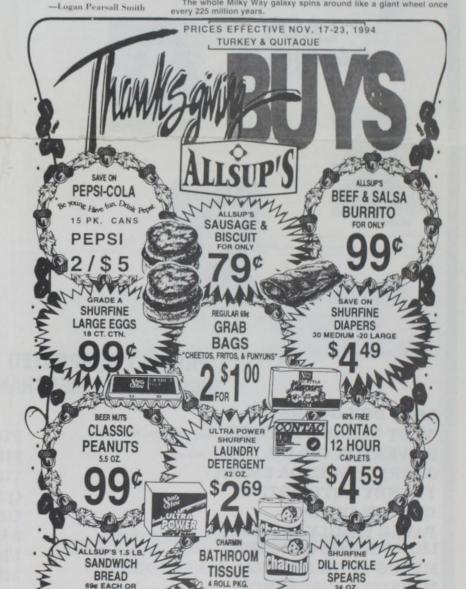
In the Senior division, Carr Baird placed first in the Main Dish category with her recipe for Chicken Enchiladas. She was also the recipient of the Senior Project Par-ticipation Award. Wynter smith exhibited her Layered Salad in the Fruits and Vegetable category. Molly Brooks placed first in the Breads and Cereals category with her Yellow Squash Gingerbread. Jeremiah Brooks placed first in the Snacks and Desserts category with his recipe for Chewy Oatmeal Fruit

All participants received participation awards which were potholders donated by Southwestern Public Service.

Conscience is the perfect interpreter of life.

-Karl Barth





## Page 3 FFA Convention Held In Kansas City

The world's largest annual youth gathering, the 67th National FFA Convention at Kansas City, Mo. was held last weekend. More than 32,000 FFA members guests and support ers attended

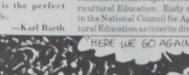
One of the official delegates at this meeting was Krisse Pigg, a student at Valley. Krisse Pigg is the daughter of the Clayton Piggs.

The American FFA Degrees , the organization's highest award was awarded to 21 young people throughout the area. One of those honored was Bradley Price, a graduate of Valley. Bradley is the son of Larry Don and Nancy Price.

Honorary American FFA Degree were presented to three outstand-ing teachers of Agriculture from this ing teachers of Agriculture from this area. One of them was Milton Mann who teaches in Higgins. Mr. Mann is married to the former Donna Maupin, and is the son-in-law of the Michie Maupins. Recently Mr. Mann received a gold watch for his outstanding leadership at a meet-

ing in Corpus Christie. Jay Eudy of Austin received the FFA VIP Citation for his exemplory service to the organization. Eudy, a Turkey native, is a retired director of Agricultural Science and Technology in is state where he headed a reorganization of agricultural curiculum that served as a model for

Eudy was a member of the Na-tional FFA Board of Directors and was president of the National As-sociation of State Supervisors of Agricultural Education. Eudy served in the National Council for Agriculural Education as interim directo



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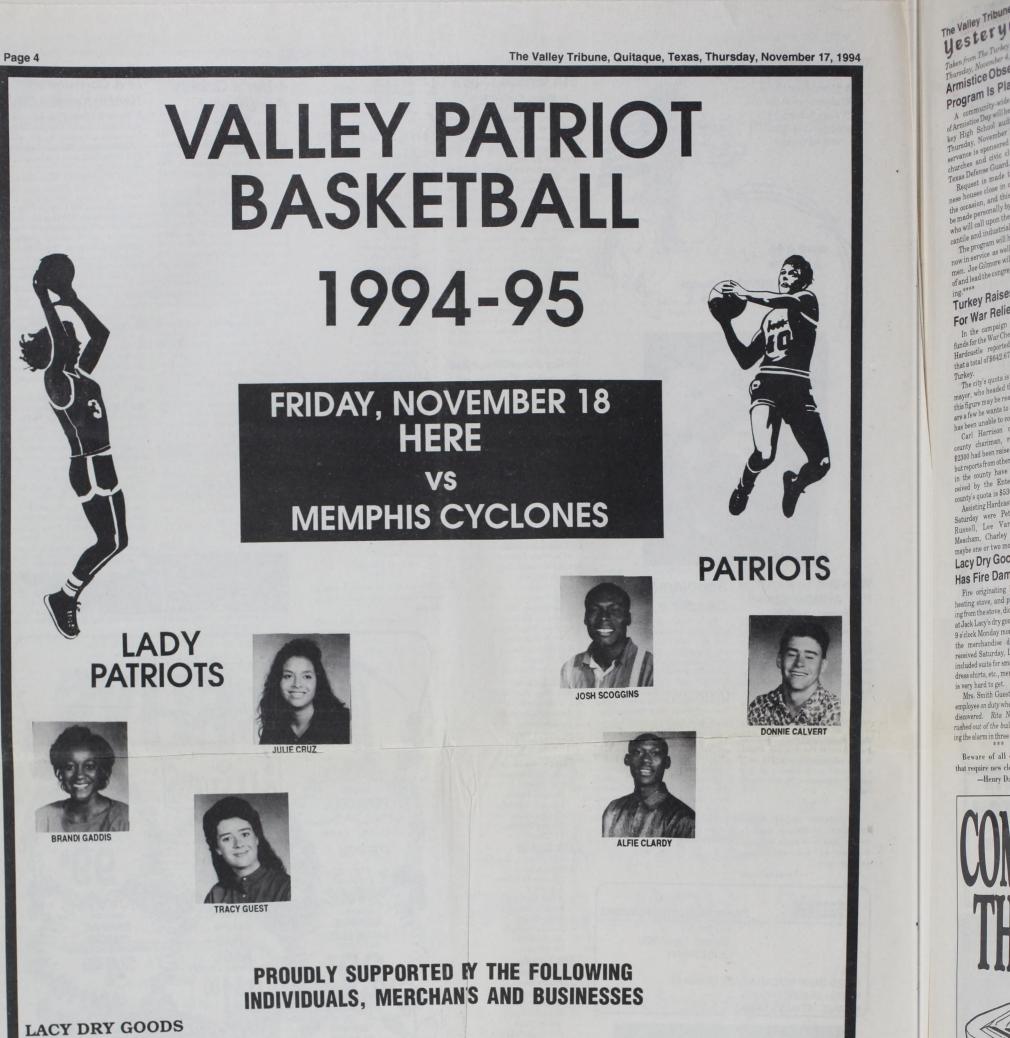
> J & K Insurance Agency Quitaque, TX 79255 806-455-1100



Vance Farley Gaby Fierro Rowdy Mullin Jamie Pigg Mary E. Pigg Brandon Stewar Cory Varnell Kim Woods 7th Grade A HONOR ROLL Morgan Brady Jamie Taylor Jess Yeary

> A & B HONOR ROLL Laurie Cruz Brody Davis Elena Fierro Edward Mendoza Stephen Oritz B. J. Price Mindy Proctor Kristin Ramsey Nathan Wheeler





WEST TEXAS UTILITIES Jerry Chambliss, Jan Ramsey SILVERTON OIL CO. Turkey - Silverton **JERRY & BRENDA SMITH** TURKEY AUTOMOTIVE **GRIFFIN OIL CO.** PAYNE FAMILY PHARMACY Floydada, Texas LIGHTHOUSE ELECTRIC MYERS-LONG FUNERAL DIRECTORS MAYFIELD INSURANCE Danny Mayfield & Pat Carson JON, LAURA, MOLLY, MACY & MARY KATE DAVIDSON FRED THAYER & DIANNE WASHINGTON, CPA LAURA'S SHOP Laura, Danny, Katrina, Brandon & Tessa CAPROCK HOME CENTER Randy, Alana, Bubba, Chad & Cara DE'S 66 Dale & Darlene **JERRY & DANA CHAMBLISS** CITY AUTO, INC. Floydada, Texas JACK, DEBBIE, JAMIE, RICHARD, RYAN & JESSICA WELLMAN CITY OF TURKEY **GUITAQUE FIRST NATIONAL BANK** MEMBER FDIC CHARLES, CAROL, SHAWN, BRITTANY, RHETT & APRIL PAYMASTER GIN ADM Ronnie & Jackie

**FLMOT GIN FIS WILSON TUKEY DRIVE-IN QUTAQUE PRODUCERS COOP CINTON, JOANIE, JARRET & JAMIE PIGG** SCIPT PRINTING Floydada, Texas MUPHIS COMPRESS MRRELL FOOD TE FRANK LANES HTEL TURKEY Scott & Jane VLEY FARM STORE Jim & Barbara Saul **WBURN & ZELDA LEEPER VLEY TRIBUNE** H6 COUNTRY- Ed Leary, Childress, Texas RKEY BRANCH-MEMPHIS STATE BANK WILDA, MARY, VICKIE, NANCY, BONNIE M BARBER SHOP RRY, NANCY, BRADLEY, BRANDI & B. J. PRICE TAQUE CATTLE CO. Bennie, JoAnn & Bryce LEY PEANUT GROWERS

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# Taken from The Turkey Enterprise, Thursday, November 4, 1943

Armistice Observance Program Is Planned

r 17, 1994

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VICKIE,

INTE

A community-wide observance of Armistice Day will be held at Tur-key High School auditorum next Thursday, November 11. The observance is sponsored by all of the churches and civic clubs and the Texas Defense Guard. Request is made that all busi-

ness houses close in observance of the occasion, and this request will be made personally by a committee who will call upon the various mercantile and industrial institutions.

The program will honor the men now in service as well as ex-service men. Joe Gilmore will have charge of and lead the congregational sing-

### Turkey Raises \$642 For War Relief Fund

In the campaign Saturday for funds for the War Chest, Mayor Bill Hardcastle reported Wednesday that a total of \$642.67 was raised in Turkey

The city's quota is \$750 and the mayor, who headed the drive, said this figure may be reached as there are a few he wants to see but as yet has been unable to contact

Carl Harrison of Memphis, county chariman, reported that \$2300 had been raised in that city, but reports from other communities in the county have not been re-ceived by the Enterprise. The county's quota is \$5300.

Assisting Hardcastle in the drive Saturday were Pete Rice, Roy Russell, Lee Vardy, Valmer Meacham, Charley Russell, and maybe one or two m

### Lacy Dry Goods Store Has Fire Damage

Fire originating behind a gas heating stove, and probably start-ing from the stove, did \$400 damage at Jack Lacy's dry goods store about 9 o'clock Monday morning. Most of the merchandise destroyed was received Saturday, Lacy said, and included suits for small boys, men's dress shirts, etc., merchandise that is very hard to get.

Mrs. Smith Guest was the only employee on duty when the fire was discovered. Rita Nell says she rushed out of the building, sound ing the alarm in three languages.\*\*

Beware of all enterprises that require new clothes. —Henry David Thoreau

### Alcoholic Parents Cause Confusion

by Ron Trusler

Those who have parents who are alcoholics have alot of confusion about many things. Often they feel: anger, and guilt, at the same time; love for them as parents but hate for what they've had to go through. Many feel robbed of their own childhood due to their parents al-coholism. They've been made responsible for themselves, for siblings and even for the welfare of the

Children of alcoholics need to know that they:
1) are not the cause of their

parent's problem. They did not do something to cause the parents to drink.

2)don't have control of their parent's behavior. You can't make them quit or "get help". 3)cannot care for them. This is

often done by making excuses for them. For example-saying they are sick when they are not.

It's important for you to know, if you are a child of an alcoholic that you are not alone. There is help for you. There are support groups and individual counseling that will give you some direction in your dilemma. Give a professional, a call. Dr. Trusler is located at 620 W

7th in Plainview, Texas. The 24-hour Crisis Line is 1-800-687-1300

# On the QT

Ruth Hooks had a visitor last week. Her daughter, Norma Tatum came from Walnut Creek, Califor-nia. They drove down to Palestine to visit Ruth's sister Aline Moore last Sunday and came back Wednesday

On Friday Norma caught a plane from Lubbock to go to her home. Norma and husband, Roger recently returned to their home after 3 years living in London, England where Roger was employed by British Telephone Company as Chief Engineer of Technology.

# FREE THINGS TO SEND FOR

T (NAPS)—The Human Growth Foundation provides free litera-ture and a life-size growth chart to those who call 1-800-451-6434. For answers to your wood-care, painting and finishing questions plus expert advice. on how much product to use and where to find it, that can help you do a better job on your do-it-yourself projects, call on your do-it-yourself projects, call the Flood Company, makers of a full line of wood-care products. The number is: 1-800-321-3444.

rillo were guests in the Hrncir home-Vinita and Guss Hrncir became

home on Tuesday of this week.

Chambliss recently were his brother and wife, Richard and Brenda Chambliss of Oak Creek Lake, Texas and Jerry's sister and husband Ceclia and Paul Heeter of Bronte prock Jamboree on Saturday night. Jerry and Richard were entertain-ers on the program. The Chambliss family and the Heeter family returned to their respective homes on

Sunday evening. Patsy and Ross Herrington visite

# Flomot News

pital in Lubbock. Both men are re-

ported to be doing fine. Mr. and Mrs. Morris Stephens

attended to business in Wildorado

Motley County Schools Wednesday

Mrs. A. D. Moseley visited from Tuesday until Friday in Dimitt with

sister and husband, Mr. and Mrs

Coy Dunn, who recently returned home from a visit in California. Mrs. Moseley visited from Friday until

Sunday inLamesa with daughter and family Wanda and James Davis

Jill Davis of Elpaso, and Jim Davis of Lubbock, a law student working

Mr. and Mrs. Tom Ross and Aleda

Elaine attended the funeral services

of his cousin, Rayburn Taylor of

Mrs. Clois Shorter and daughter

and Friday.

the Fall Bazaar.

don

OVERHEARD Holiday Happenings at the Civic

In the past, former president Ronald Reagan sought challenges. Center Max Washington of Anton visited his parents Mr. and Mrs. Gordie Now, one has sought him. The val-orous manner in which he has re-Washington Sunday. Massington Sunday. Johnney Turner visited Saturday with Furman Vinson, a patient in the Methodist Hospital in Plainview, and M.C. Jones, a, pa-tient in CCU at the Methodist Hos-sital in Lubback. Both may appear solved to meet Alzheimers disease

is to be admired WEATHER REPORT

The mercury briefly dipped to 31 degrees in northwest Motley county Thursday morning, Nov. 10, leavin a heavy coat of frost. It was the first freeze of the season giving early ris-ers a chill. The freeze did not last long enough to help farmers with their harvest of cotton that has a

regrowth of green leaves. Sunday morning, Nov. 13, Tommie Cruse, NWSV of Flomot, registered 0.06 of moisture and Whiteflat residents reported 0.10 to 0.20 of rain.

James Ross of Dallas visited the weekend with his brother and fam-ily, Mr. and Mrs. Tom Ross and Aleda Elaine

Alvin Gates and Meryle Barnes of Oklahoma City visited Mr. and Mrs. Clayton Bond Sunday.

Mr. and Mrs. Seab Washington visited in Childress Sunday with son and family Mr. and Mrs. Todd Washington, katie, Cam and Clay. They celebrated Cam's fifth birthday with all the trimmings

Mr. and Mrs. Wilburn Martin were in Floydada Wednesday to be with their aunt, Mrs. Bessie Mar-tin who suffered a cracked rib.

Mr. and Mrs. Wayne Hunter and son Dr. Randall Hunter of Quitaque visited in Floydada Saturday with John and Joyce Speer. They continued to Lubbock to visit Brad and Anita Carter. They enjoyed a fám-ily birthday dinner honoring Anita. Art Green visited in Plainview Tuesday with his daughter Mrs. Alta Mae Rice.

Monty George of Lubbock, and Mr. and Mrs. L. T. Starkey of Ralls visited during the weekend with Mrs. C. W. Starkey. Mrs. Anna Beth Clay visited in Dallas, held in Quanah, and graveside rites in Margaret Thurs-

Lubbock Thursday with her daugh-ters Mrs. Tina Carson, Julie Clay, and Mrs. Lori Kleibrink and son Kyler. They enjoyed attending the

# On the QT

Melma Chandler spent Tuesday through Friday of last week with Vinita and Guss Hrncir. On

Vinita and Guss Hrndr. On Thursday, relatives arrived for a wonderful family get together. Mary Ann and Ken Adams of Birmingham, Alabama, Edith Ramsey of Holdenville, Oklahoma, Joy and Bill Lacy of Amarillo and Charly and Justin Gibson of Ama-Charly and Justin Gibson of Ama-

new grandparents on November 8, 1994, with the arrival of Robert Forrest Gibson in Roatan, Hondu-ras, Central America. Proudparents are Rob and Sheri Gibson, (Sheri is the daughter of Guss and Vinita), big brother is Cameron Gibson and big sister is Ciara Gibson. Vinita says that grandmothering long distance is not easy!

J.J. McCay has been released from the hospital in Amarillo and is now at home in Quitaque doing much better. He returned to his

Guests of Jerry and Dana . The group enjoyed the Ca-

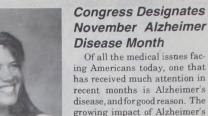
traveled to Austin this past week-end to visit daughter, Kim Eudy and family and to help Kim cel-ebrate her birthday. While in Aus-

# Monday, and visited Eugene Schenks and son Aaron. Mrs. Stephens did substitute teaching at Patterson Awarded "Student of Month"

Kim Patterson of Lubbock was awarded Student of the Month at South Plains College at Leveland. Kim is a nursing student in the ADN Program at South Plains and will graduate in May with an Asso-ciate Dregree as a Registered nurse.

Kim is the daughter of Alberta Patterson of Santa Cruz, Califoria. She is also the fiancee' of Chuck Martin of Quitaque.

registration is required. The course is approved by the Texas Department of Public Safety and the Texas Education Agency and may be used to void traffic citation fines or reduce automobile liability premimums. For more information, contact the Office of Continuing Education at 806/ 656-2037.



disease, and for good reason. The growing impact of Alzheimer's has made it part of the nation's health care agenda and has in-tensifed the efforts of the scientific community to develop methods of care and treatment, and most importantly to find a cure. Last year alone more than 250,000 Americans were diagnosed with the progressive and irreversible brain disorder known as Alzheimer's disease. In that same time period, more than 100,000 people lost their fight against this incurable, agerelated illness. And as Amer-

Congress has designated November as National Alz-heimer's Disease Month as a way to draw the country's attention to the plight of the millions of Americans who have become its victims.



(NAPS)—The National Cancer Institute (NCI) and the Produce for Better Health Foundation have a program, "5 A Day for Better Health," that encourages Americans to eat five or more servings of fruits and vegetables each day. Leading health author-ities agree that eating more fruits and vegetables can help Americans stay healthy and may reduce their cancer risk reduce their cancer risk





### Page 5

ica's population continues to age, these numbers will increase dramatically.





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For rebate and finance information on the electric heat pump, call the Good Cents people at West Texas Utilities Company.



WEST TEXAS UTILITIES COMPANY A Central and South West Company

Lisa Wellborn and family.

Thursday, Gwen, Eldon, Chuck and Lori Martin drove to El Paso for the Riverside High School ,5A school football game with El Paso Irving s in the Bi-District Play-off.

Riverside won the 32-32 game on penetrations. Kirk Martin, son of Eldon and Gwen Martin of Quitaque, is the defensive back coach for the Riverside team

Riverside High will play the Midland Lee's in El Paso at one o'clock, Saturday, November 19th.

Mary Jo Polk visited with her mother, Lockwood McCracken, on November 8 and left this past Saturday. During her stay, they went to Plainview on Wednesday for lunch, attended the Sr. Citizens on thursday, and Friday afternoon they with Maudeen Richmond from Turkey, Sunday, they visited with Maudeen's son, Ronnie Richmond of Anson.

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and part of West Texas. You can receive calls throughout the entire Digital Cellular Cover age Area, without having to activate or pay for any



special roaming services. No more roam ing charges, roaming access numbers or additional daytime tolls when receiving calls while traveling in the extended coverage area!



Page 6

The Valley Tribune, Quitaque, Texas, Thursday, November 17, 1994

# YOUR WORLD

NOTICE

### CITY OF QUITAQUE

**ORDINANCE # 94-068** AN ORDINANCE **REQUIRING ALL FOOD** SERVICE ESTABLISHMENTS TO INSTALL A GREASE TRAP

SECTION 1 WHEREAS: Grease traps are to be of a size designated according to the size and specifications of the food service establishment.

WHEREAS: Food service establishments are required to have at least a 50 lb. capacity grease trap, unless otherwise allowed by the City Council of the City of Outcome Towns Quitaque, Texas.

WHEREAS: Grease traps will be located where easily accessible for cleaning, and must be serviced effectively and frequently enough to maintain traps in satisfactory working order and to protect the taminants

WHEREAS: Materials removed by servicing from a grease trap must be disposed in a lawful and responsible manner by a licensed hauler at an approved disposal site.

### SECTION 2

That the food service establishment not adhering to this Ordinance is found negligent in not installing or maintaining a grease trap properly and that the food service establishment is found to have caused a problem with the sewer system of the City of Quitaque that food service establishment will be responsible for all cost incurred to the City of Quitaque for jet cleaning or any repairs that may have to be made to the City of Quitaque's sewer system due to the negligence of that food

PASSED ON THIS 10TH DAY OF OCTOBER, 1994 MAYOR JAMES M. DAVIDSON

ATTEST: CITY SECRETARY,

MARIA CRUZ \*\*\*

The line that is straightest offers most resistance. —Leonardo da Vinci

Domestics

Mon. - Fri. 8-6

Electronics

Sat. 8-12

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# REAL ESTATE

FARM LAND FOR LEASE: 200 acres with water, 6 miles east of Turkey. \$4,500 per year. If inter-ested call James or Sandy Elkins at 214/496-1124. If no answer leave a

HOME FOR SALE: 3 BEDROOM bath Brick home. Corner of 8th and Bell in Turkey. \$17,000. Call 423-1152. 22 2tc

## FOR SALE

FOR SALE: SATELITE AND 3 tires 15s, rims included. Call 455-1194. On Anderson Street in Qui-City of Quitaque sewer from FOR SALE: GREEN VELVET rocker. Call 455-1349. 22 2tp

# SERVICES

WILSON PEST CONTROL and TREE SERVICE,

Childress, TX. Termites, General Pests; Tree Trimming, removal and planting. TPCL#9782. Phone 1-800-769-6619 or 1-817-937-6619, Randy Wilson ALTERNATIONS: HEM LEVIS AD TERNATIONS: HER DEVIS for \$2.00 per pair. Hem dresses at \$2.50 each. Imagene Lefevre at 806-347-2306. Hours 8 a.m.—1 p.m. Monday—Friday. Matador, Texas.

### 4tp SKINNER TAXIDERMY

Do Quality Taxidermy Work. Pick up and delivery can be arranged Call 817/585-4416 between 6 p.m. and 6 a.m. 22 2tc



Fuel Injection

# CARD OF THANKS

To the Voters of Turkey and Hall I would like to express my sincere

appreciation for your vote of confi-dence in the General Election. Thank you

Raye Bailey County and District Clerk

22 1tc To the Voters of the Turkey area. Thank you so much for your support of me in the General Election. I truly appreciate your support Marion Bownds, 22 1tc Treasurer

A very special thank you for your love and concern at the loss of our loved one., We appreciate every prayer, visit, card, telephone call, beautiful flowers, the abundance of prepared food and the gifts of money during this time in our bines. during this time in our lives May God bless you. Jackie Lynn, Michael

NEED HELP DECORATING FOR THE HOLIDAYS? Indoors or outdoors! Call 455-1308 or 455-1189 after 4 p.m. to

make appointment. Specialize in tree trimming, light hanging, yard decorating, party preparation etc. 22.1t LET US PREPARE YOUR Thanksgiving dinner. Call the Pea-nut Patch 423-1051. 22 1tc

Quitaque, TX

Tessa Mullin

Local November Subscriptions Due

\$14.00 per year Lee Browning Jimmy Burson, Silverton City of Quitaque Homer Hawkins Orville Lee, Flomot Lighthouse Electric, Floydada A. W. Martin, Lockney H. A. Martin, Flomot L. B. Monk Gene Payne John Pigg

Izell Proctor Bly Shannon Aubrey Turner Seab Washington, Flomot

# Non-Local

**\$17.00 per year** Beryl Blackshear, Forestville, CA David Butler, Amarillo Jack Chandler, Santa Rosa, CA

Springs Faye Crosby, Lubbock Elizabeth Driver, Lubbock Helen Eddleman, Pampa Gus Gibson, Jr. Lucas, Texas Winnie Gonce, Hale Center Larry Hedrick, Canyon Robert Jones, Borger Mrs. James Kimbell, Tulia Alton Lane, Ruidoso, NM Birt Lane, Plainview Jimmie R. Matney, Glen Rose Allen Matthews, Plainview Kirk Proctor, Amarillo

Eric Scoggins, Amarillo Clyde Smith, Wichita Falls

Stylist - Maniaver

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423-1252

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Standing Strong

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455-1410

Protect Yourself It's a jungle out there. Bodies sweat, muscles glisten, hearts pound, adrenaline flows. And

November Subscriptions Due

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NOTICE - NEW PHONE NUMBER 423-1257

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The General Store

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**QUITAQUE PRODUCERS COOP** 

Joe Edd Smith, Manager

Fuel & Supplies

Turkey, Texas

WED: Mexican Food

Standing Together

gym, germs--not lions-- pounce on the unsuspecting. Or so it seems. "Arm yourself with a towel", says Tobias Samo, MD, and Infectious Disease Specialist at the Methodist Hopital in Houston. "Those gym germs can be as harmless as a jog around the block.

As in any place where people gather, the flu is hard to flee. Just one sneeze in your direction may doom you to fever and chills lasting three days. About all you can do is ret a vaccination or novid rush hour get a vaccination or avoid rush hour at the club, says Samo

To catch a cold, it takes just one exerciser who wiped his nose with his hand before gripping the weight machine bars.. But, says Samo, it's no different from touching anything else that has public access, be it an elevator button or a door knob. Touch the same spot within six hours and you, too, could catch a cold.

"Luckily, most cold viruses dissi-pate within minutes, though the rhinovirus sticks around for hours to days" says Samo. You can escape a cold by washing your hands often, especially before touching your face. Though athlete's foot fungus fes-

ters in moist places, it's easy to stomp out, Samo says. Dry your feet thoroughly and wear rubber flip-flops, using a sweaty towel, walking near a pool or sitting on the wooden slats in the sauna.

'Bacteria and fungus harbor in moist areas, so simply drying well is the most you can do," Samo says. "If you don't retain a moist environ ment, neither one will grow If you notice scaling, burning and itching, apply topical anti-fungal

CAPROCK Phone 455-1429

From Gym Germs ointments that are available over

the counter. The same fungus that irritates

around every bumbell, bench and Stairmaster lurks danger. At the your soles can create a rash in the groin area. To avoid it, dry off your feet after the rest of your body. If you do get infected, you can use the same creams and powders as for athlete's foot. If you notice a rash after toweling off, you may be sensitive to your laundry detergent. Simply change it, and you should be okay, Samo says. "If it's washed, you shouldn't get any infection from your towel"

your towel . Nastier germs--such as hepatitis B and HIV--don't hang around the gym. HIV, the virus that causes AIDS, cannot be transmitted through sweat, the pool, or the suana. The only way it is trans-mitted is through body fluids--from sex, blood transfusions, or sharing the needles. "Unless you have sex with someone at the gym, you can't catch them there," Samo adds.

You're also not likely to catch anything from hanging your sweaty towel where someone elso has hung theirs, as long as you dry thoroughly. Samo stresse

Soif you need and excuse to avoid the gym, don't count on germs; the gym is no more of a breeding ground than an elevator



Mon.-Sat.-11 a.m. - 10 p.m. Sun.- 11 a.m. - 2 p.m.

WE'RE STILL NUTS PEANUT PATCH H NEW CROP PEANUTS NOW AVAILABLE PIZZA - PASTA - VIDEOS

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Trans Sport Mini-Van\$16500	\$15500

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