## $\mathscr{T}_{\text {he }} \mathscr{V}_{\text {alley }} \mathscr{T}_{\text {ribune }}$

## First Homecoming Set For Valley High As Patriots Host Wheeler Mustangs

Players of the week
 ame oftensive Player of the Week teperes Jones, who plays end on
titces
Corec Chamers said that Peep




Launch Bicentennial Star Program In All States Of The Union



| City of Quitaque | Rice Dry Goods | Sportsman Restaurant |
| :---: | :---: | :---: |
| Farley's Flowers - Variety | Barrett's City Grocery | Wilma's Grocery |
| Quitaque Cleaners | Bill and Mable Griffin | Merrell Food Store |
| Stark Insurance Co. | Erwin and Dorthy Boyd | Herrington Equipt. Co. |
| First National Bank | Gulf Oil Products | Griffin Gulf Service |
| Johnson \& Sons Lumber | Ham Theatres | Hawkins Ins. and Furn. |
| Paymaster Gin | Bedwell Hdw. \& Motor | Morrison Drug \& Gifts |
| Farmers Co-op Gin | H \& H Gin, Flomot | Buck's Texaco Service |

## CANCER ANSWER

## Your skin is the largest orga

 of your body, and is the most tike-iy one to dexelop cancer. Fortun ly one to develop cancer. Fortun
ately, stin cancer is highy cur
able. Whille over H0,000 Ameri able. While over 110,000 Ameri
cans will develop stin cancer thit cans will develop stin caneer thi
year, over 90 per cent of then
will be cured. will be cured.
Skin caneer is readily visible so it is uscaily discovered in it
early stagex if not neslected, th
 is semeribitle in sddition, stine can
cer is highly curable because the cer is highly curable because the
most common forme does no ypreat to other parts of the body.
The sun's ultraviolet rays have been strongly linked with skin
cancer because the disease often cancer because the disease often
develops in persons who have had
prolonged or excerine empone to prologged or excessive exposure t
the sun. Farmers and sallors, wit their costinuous sun exposure a prone to develop skin cancer.
Americans from the souther Americans trom the southern
and suthesten states develo
whin cancer more often than thei Win caneer more often than thei
northern counterparts. Similarly elderly people have been exposed
to more sua in their lifetime, and to more sun in their lifetime, and
they are the most frequent akin cancer patients. Their atin is oftem delicate and weathered.
Fairskinned persons have les Fairskinned persons have less
restance to the sun'y rays than
dark-skinned persons, and must be darksiinned persons, and must b
more carcful about exposure to th Ean. EARLY SIGNS The firste evidence of a skin can
ere is a dry scaly patch or growt which persists. The lesion may also bo an inflamed area with a
crusting center or a pearly or wayy crusting center or a pearly or waxy
nodule. These sores grow slowly but gradually affeet deeper layer of skin.
In later stages, the surface forms
a crust or scab while the ares crust or scab while the area un-
denaeath is moist and raw, and will bleed when irritated.
Early skin canoer can be cured
by surgical removal or by radt
by surgical removal or by radiation. Some smail lesions can be
treated by electro?desication-the
sore is
needle.
While
While skin cancer can develop long exposure to soot.
Leng exposure to soot. normal skin. many arise pitch, parafin, certain lubricating where aboormal changes or con- olls and compounds containing ar-
ditions bave been apparent for a senic have produced precancerous dang time. These apparent for a a senic have produced precancerous are
long akin changes. Industries using
called "precancerous" because these chemicals will have tofind called "precancerous" because
they are not themelves memig.
nant, but posans of protecting the workers a tendency to
moom harmful exposure levels of

sentle (actinte) teratasts, the $\begin{aligned} & \text { these elements. } \\ & \text { skin eancer is easy to cure when } \\ & \text { discovered in time As with }\end{aligned}$ most common precancer, is a dry, discovered in time. As with most
sealy patch or clump of patches,

cancers. the key to cure is early | sealy patch or clump of patches, $\begin{array}{l}\text { cancers, the key to cure is eariy } \\ \text { waully darker than the surround. } \\ \text { detection and prompt treatment. }\end{array}$ |
| :--- | ing skin. I I appears on exposed detection and prompt treatment. surfaces such as the face, noek, the patient ignores a sore or treats pocially those constantly exposed "cures". Self-treatment may alter

to the sun. When the top tayer is the appearance of the lesion, mak" remered, the base is seen to be ing accurate diagnosis more diffl-
made up of red thickened "new cult. made up
skin",
Freek
Freokles stin-colored moles, and The PREVENTION American Cancer Society precancerous. But dark bot usuantly and says the way to provent skin con-
eor is simply take care of youf blueblack, fat or slichtily raised er is simply take care of your noles have the potential of de- outdoors should wear protective
 ona. These moles are most likely Nen with sealy patches or mole to become malignant it they are on their faces should shave care-
iritiated often by friction. For fully 50 they won't injure these irritated offen by friction. For fully
thes reason, moles that are rubbed are bos a melt, collar of shoe should be
The person who works with sub-
tal Whtobed carefully. Leukoplakia, the white sealy
cerproducing' should
chear clean
thicking of the lip or mouth
clothes and avold long use of thickening of the lip or mouth clothes and avold long use of
membrane, predisposes to cancer. sooty, tarry or greasy clothing. He Also, burn scears chesonle calineer ul- sooty, tarry or streasy clothing. He
uso soap and water fro cers, or other inflammatory skin quently to cleanse the skin of these
lesions which do not heal may be substances. Arecancerous of these lesions should be Considered a warning signal, to be amined by a doctor.

## other causes

 Over exposure of the skin tocrtain ehemicals favors the de velopment of skin cancer, but do ually only when the exposure ba ben excessive as in a factory, of
The connection extiveen tas it youstances. If you have akin blemishes
which are often Irritated by cloth ing. these blemishes should be seen by a doctor.
Heed your body's warning sisnals. If you have a change in a wart, mole or birthmark, or if you
have a sore that does not heal in ten days, now is the time to show
it to your doctor. Delay or selt It to your doctor. Delay or self-
treatment only gives the cancer a chance to grow.
For more information about skin cancer, $\begin{aligned} & \text { conta } \\ & \text { Cancer Society. }\end{aligned}$.

Nam

Fisher Bros. Circus Coming to Town
ing to the Quitaque-Turkey com- sented at 6 p.m. and $8 \mathrm{p} . \mathrm{m}$. munity next Thursday, october 1, , The Valley Booster Club is spo
and will present two performances. and will present two performances.
The circus will be the circus appearance anc
Thected on
will receive a percentage of the the south end of the Valley School receipts, but the club's greatest NEW!!!
VERNON WARE DISHES
Service for 8 with the accessory pieces in four
 Many Beautiful Pieces In Cutglass
 ORLEANS
50 pleces of stainless steel Flatware in three patterns.
 Coffee Mugs and Trees

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Drua and Gifts


FOR SALE: Beautiful Colonial Home: 3 Bedrooms; Modern Kit-

Would you answer an ad like that? Probably not, but
might have to live in such a house if you can't make you might have to live in such a house if you can't make
full recovery after a serious loss. A surprising number of full recovery after a serious loss. A surprising $n$
people run such a risk by being underinsured!

Naturally you hope you never have a fire or other catastrophe. But insurance, to be effective, must protect yon in the event you do. Building costs have risen so sub-
stantially that many people don't realize they are no stantially that many people don't realize they are no
longer fully covered.

Our job is to keep all of our policyholders as com-
pletely current as possible it's part of our service. If pletely current as possible-it's part of our service. If
you have any question about your present contract,
please feel free to call. We will be happy to give you a please feel free to call. We will be happy to
professional appraisal, without any obligation.

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News For Homemakers
mas. opororuy powsul
Briscoe County Extension Agent
Youthful
Trailblazers
Learning early to move farther
 dence heill use eto approach cilie. He knows what the limits are and
has no doubt he can get all the
These qualities take as long to
help he might need to face anv. These qualities take as long to help he might need to
learn as math, reading or writing
thing he can't handle.
learn as math, reading or writing
-in the short $\begin{aligned} & \text { thing he can't handle. } \\ & \text { childhood to adolescence. } \\ & \text { atio from }\end{aligned} \begin{aligned} & \text { Also, while he has many of the } \\ & \text { beliefs of his parents, he can de- }\end{aligned}$

 | $\begin{array}{l}\text { ing their youngsters learn to tack- } \\ \text { le new things and places. }\end{array} \begin{array}{l}\text { parents might disagree -without } \\ \text { losing their love. }\end{array}$ |
| :--- | le new things and places.

They do this by showing they're
clearly
cle
confident their step-by-step trailblazing, and

THE BANK WILL BE CLOSED MONDAY, OCT. 22

## IN ObSERVANCE OF veteran's day

We hope you can arrange your banking business in order that you will not be inconvenienced in any way.

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## Youcan't live on love forever.

The kind of retirement you're after isn't the typical rocking-away-on-the-front-porch variety. You probaby picture yourself taking extended vacations, pursuing hobbies, or buying that forty acres and living off the land. Pipe dreams? Not if you prepare now.
There's an easy, painless way to make your retirement dreams a reality. Join the Payroll Savings Plan you specify will be set aside from each paycheck and used to buy U.S. Savings Bonds. It's an easy way to save.

And now there's a bonus interest rate on all U.S. Savings Bonds-for Bity of 5 years, 10 months ( $4 \%$ matufirst year). That extran $1 / 2 \%$ peyable as a bonus at maturity, applies to all Bonds issued since June 1, 1970.. with a comparable improvement for all older Bonds.
Now is the time to start saving. Money's a nice thing to have while you're living on love forever.


## well

Things arent going 100

Adults see the intensity of a child's emotion-but seldom understand. Our natural tendency is to assume a child is small and his feelings are just "miniatures" of our own.
To the contrary, many childhood emotions are more intense than anything we feel . . . stronger because the child hasn't yet learned to understand and curb his feel-
ings.
This is the ideal time to begin
This is the ideal time to begin religious education. Then a child's understang with his perception of spiritual
values. Sunday morning in church is the high point in thousands of "ittle
lives." Things that aren't going too well have a way of straightening well have a way of straightening
out when you're grasping the central truth of Christianity: JESUS LOVES ME! This I know!


## Sunday Monday Revelation

NES ME!
Copright 1073 Edefter Adretididg Service, Inc, Straburus, Vrgit

## ASSEMBLY OF GOD CHURCH


 Evening
WEDNESDAY:
Bible Study
 Turkey, Texas Turkey, Texas
Minister: Kenneth Castello
Weekly Schedule of Me SUNDAY:
MNDAY:
Morning Service $\quad 10: 30$ a

Evening Service
WEDNESDAY:
Evening Servic
Evening Service $\quad 8: 30 \mathrm{pm}$


The people whose names appear below sponsor this message wilh the hope of promoting a befter Christian community

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H18X 15 J8X14 $900 \times 15$

# New School Classifications Coming In November  

| An announcement concerning he classification of Texas high schools into conferences and districts for the 197475 and 1975-76 schol years will be forthcoming from the University Interscholastic League office in November. Many coaches anticipate this biennal ancoaches anticht of the "new" arrangement of districts in hopes that per- haps their school will be assigned to a conference or district more favorable to their level of competition or geographical location. Contest Rules" of the Interscholas- tic states that Texas will be divided into districts for Conferences AAAA, AAA, AA, A, B, Six-man, and Eight-man football. On evennumbered years all participating schools are assigned or a confer ence for a period of two years. The only exceptions to the rule solidated schools, which can be assigned to a conference on a one- year basis during the odd-number ed years. <br> ADM SETS ASSIGNMENT Member schools are assigned to a conference on the basis of the grades in high school as determin- | daily membership of the Superintendents Annual Report. Without play in the conference for which their average daily membership In the spring of 1973 all member schools reported their average daily membership for the 1971-72 and 1972.73 school years. These figures will be used for assigning 75 and 1975-76 school years. <br> two-year average This information is reported to the University Interscholastic Lea- gue office, where it is compiled. The same information is also fi- gured at the Texas Education Agency from reports submitted by the superintendents and principals each year. The average for the two years is computed and punch- ed in data cards. The computer is used to rank order the schools from the largest average daily membership to the smallest. In Conferences AAAA, AA, and mittee that there will be 32 dis- tricts. This dictates that be no more than ten teams per district This also means that there can be no zoned districts where a | attempt is made to keep the districts to six or eight teams, or an average of 224 teams in each of these conferences. In some instan ces it is not feasible to maintain these figures. <br> COUNTDOWN SYSTEM <br> To determine the minimum en rollment figure in Conference AAAA, a countdown is made from the top of the list-the largest largest school Whatever the enrollment is at that school helps to determine the cutoff or minimum enrollment for Conference AAAA. This countdown procedure is also followed for determining the minimum and maximum enroll$\mathrm{AA}, \mathrm{A}$, and B . What the enrollment figures for each conference school years cannot be determined untir the above procedure is com- <br> AAAA VARIANCE GREATEST <br> The top two-year average figure This figure was based upon that school's average daily membership for the 196970 and $1970-71$ school years The minimum enrollment in Conference AAAA was 1,120, |  |
| :---: | :---: | :---: | :---: |



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| :--- | :--- |
| gess wishes to thank the dear |  | program. Contact Silverton Metal

Works.
19-fc gess wishes to thank the dear CARD OF THANKS
Thank you for the cards, visits,
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She forgot to read the label

$$
\begin{aligned}
& \text { - and automatic } \\
& \text { washers and dryers } \\
& \text { can't read }
\end{aligned}
$$

Your electric laundry pair has a cycle for every fabric, but YOU must push the right button. Wash and wear garments come from the electric
dryer wrinkle free and ready to wear, IF you read dryer wrinkle free and ready to wear, IF you read
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