

Nation's Cotton Supplies Expected to Be Tight



NEWS BRIEFS

The entire staff of the Texas Agricultural Extension Service will engage in a week of study at Texas A&M University July 14-19. The state conference will feature speakers on current topics, some 50 mini-courses on agriculture, home economics and family living, 4-H and youth work, and related areas plus award ceremonies and professional organization meetings.

More than 500 Texas 4-H youth will be taking a serious look at selecting and planning for careers during the second annual Texas 4-H Congress in Dallas July 23-26. In addition to hearing several keynote speakers, Congress participants will have an opportunity to join one of six mini-groups to tour various businesses and services in the Dallas-Fort Worth area.

Ronnie Fowlkes, head football coach at Lorenzo for the past two years, was employed as head football coach and athletic director by the Tahoka School Board June 20th. Fowlkes replaces A.J. Viertel who resigned recently.

Cindy Mitchell, daughter of Mr. and Mrs. Olen H. Mitchell of Seagraves, has been named "Miss Texas Teenager". Chosen from among 71 candidates, Cindy will represent Texas in the 1974 National Teenager contest at Atlanta, Georgia, August 27-Sept. 1st.

Plans for the "Last Frontier Days and Rodeo" set for August 1, 2, and 3 in Morton was the main subject during the monthly meeting of the Chamber of Commerce. A Caravan will visit area towns to advertise the Rodeo. The Caravan will be held on Saturday, July 27.

Lions Install New Officers

The Shallowater Lions Club met on Thursday, July 27 at Vardeman's Restaurant to install new officers.

After a delicious meal, Lion Milton Elliott installed the officers. The gavel was passed to the new Lion President Wayne Wages from the past President Floyd Epperson.

Special guests were the wives of the Lions, the Lion Queen and the Lion Princess and their parents.

Volunteer Firemen Honored at Party Tuesday Evening

The Firemen of Shallowater were honored with a supper and swimming party on Tuesday, June 25th.

The occasion was started off by each fireman and his family going to Hutton's Drive-In to order their choice of food. Then everyone met at the Shallowater Swimming Pool to enjoy a swim and to eat home made ice cream.

In addition to the firemen and their families, city officials, mayor and city councilmen and their families enjoyed the treat.

Hearings Scheduled For July 15th on Budget

Hearings for the 1974-75 city budget, for the city of Shallowater, are scheduled to be held Monday evening, July 15th, at 8:00 p.m. Interested citizens are invited to attend these hearings, which will be held at City Hall.

Bids Let for New City Water Line

On Monday, July 1st, the city of Shallowater let bids for a new water line from a recently developed well east of the city to the existing water system.

Awarded the contract for construction of said water line was Darrell C. Conklin of Plainview.



THE SHALLOWATER LIONS CLUB met on Thursday, June 27 at Vardeman's Restaurant to install new officers. After a delicious meal, Lions Milton Elliott installed the officers. They gavel was passed to the new Lion President Wayne Wages from the past President Floyd Epperson. Special guests were the wives of the Lions, the Lion Queen and Princess and their parents.

Shown left to right is Floyd Epperson, Jake Powell, Bill Burgett, Bryan Burgett, Cynthia Stewart, Clois Cobb, Glen Burgett, Wayne Wages Jimmy Foerster, Cary Gooch, Roger Pettiet and Bobby Styles.

Texas AFL-CIO to Ask State Legislature For Law Against Employing Aliens

The Texas AFL-CIO on June 18, 1974, called for state legislation to make employing of an illegal alien a crime.

The officers of the Texas AFL-CIO, Harry Hubbard and Sherman Fricks, said, "The only way to stop the flood of illegal aliens into Texas is to cut out the economic motive. If aliens suddenly could not find jobs in Texas, they'd stop coming across the border.

"We were not surprised to read that the Good Neighbor Commission reported that a million illegal aliens were entering the U.S. annually because workers along the border and all over Texas have been feeling the pressure of this low-wage reservoir for years.

"We'd have to have 50,000 immigration officers to stop the illegal aliens from getting in. But the fact is, that the flow of illegal aliens would stop tomorrow if there were no jobs for them in Texas.

"What's more, the legislature could guarantee there would be no jobs for them simply by making it against the law to hire illegal aliens and provide for substantial fines

and even prison terms for violations. Employers who hire illegal aliens are the real culprits.

"They are the real problem. They not only encourage and promote illegal smuggling activities by providing jobs, but many of them undoubtedly pay below the minimum wage, fail to deduct withholding taxes and do not collect Social Security payments.

"These people should be prosecuted, not the poor illegal alien who's trying to make his life just a little better by finding work in this country.

"American workers deserve a fair break in the labor market. They cannot get it as long as our state is being inundated with cheap labor in the form of illegal aliens.

"The tide of humanity sweeping across our borders can be stemmed only when the real villain in the human smuggling operation—the employer of illegal aliens—faces prison and fines.

"The Texas AFL-CIO will ask that legislation be introduced in the next session of the legislature to do just that."

Closed for the 4th

The Summer Recreation Programs will be closed for the holidays on July 4th and 5th. Classes will resume on Monday, July 8th.

Crop Conditions on High Plains

"High Plains crops have been well seasoned this year—peppered with hail, salted with isolated floods and baked to a crisp by the driest year in recent history. They lack the important topping of anhydrous ammonia," said Elbert Harp, executive director of Texas

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Most of the 1974 cotton crop has been planted, but it's far from being in the bale. In fact, most prognosticators now look for a much shorter crop than first predicted, leading to a generally tight supply situation through 1975.

"Early in the year many people had visions of a bumper cotton crop for 1974," notes Charles Baker, economist for the Texas Agricultural Extension Service. "This led to depressed prices and a scarcity of buyers for the remaining 1973 crop as well as little interest in forward contracting of this year's crop."

However, Baker sees an improvement in cotton prices as the 1974 crop progresses and supplies continue to diminish. Carryover by August 1 is expected to be down to 3.4 million bales, the second lowest level in the past 22 years. Cotton mills had only about an 11 week supply on May 4, with supplies of one inch and longer cotton especially short.

"Both foreign and domestic demands continue to keep pressure on cotton stocks," points out the Texas A&M University System economist. "About six million bales of the 1973 crop will be exported and some 5.5 million bales of the 1974 crop should move abroad. Although domestic consumption was down to 7.5 million bales during the past season, this should increase to about 7.9 million bales during the coming year."

Baker sees the U.S. cotton crop as not producing more than 14 million bales, compared to some early reports of a possible 16-million-bale crop.

So, it's with good reason that he envisions tight supplies of cotton through next year, along with improved prices to producers.

Free Swim Party Scheduled on 4th

A free party will be held on Thursday, July 4th at the Shallowater Swimming Pool. The fun will begin at 7:00 p.m. and last until 10:00 p.m.

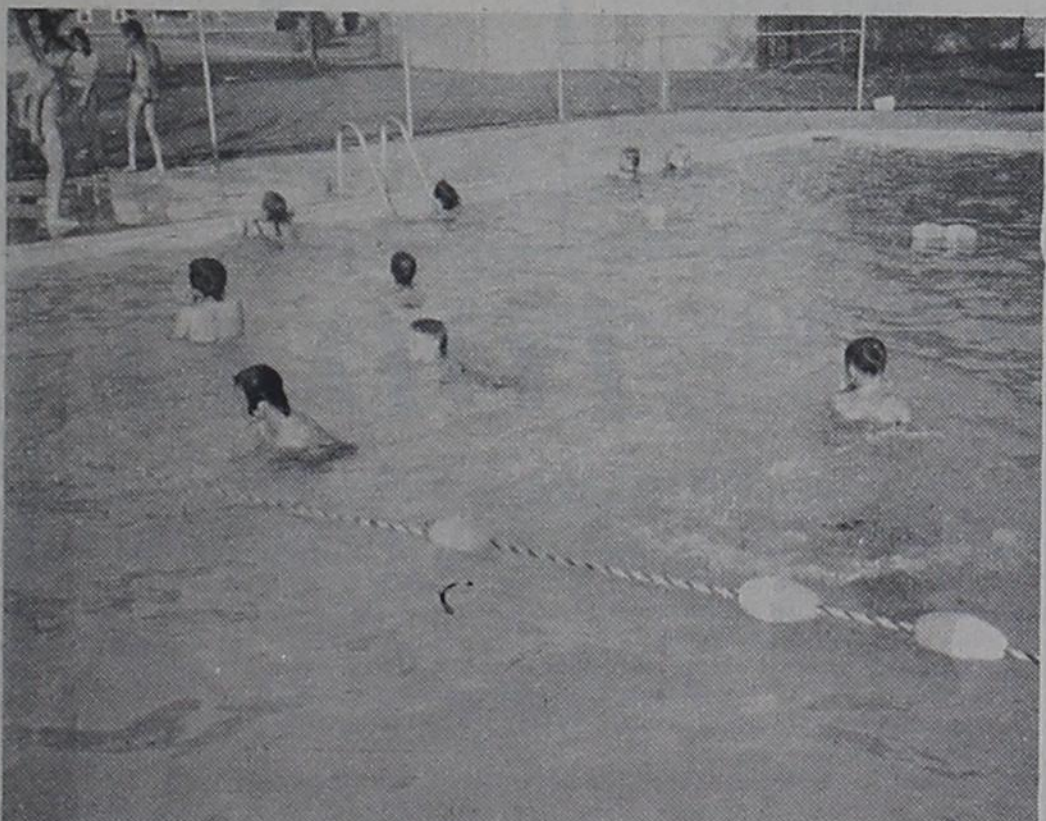
The pool will have pennies in the water, so come to hunt for them. The person finding the most pennies will win 7 free days of swimming.

In addition to regular rules the following will apply: No fins, goggles, or masks; ages 6 thru 12 must stay in the 5 foot water and ages 13 thru 18 in the 9 foot water.

No Outstanding Citizens for July And August Named

It has been announced this week that the Outstanding Citizens Award will not be given during July and August. So many people are away on vacation that it would be hard to honor anyone.

The Lions Club is asking for donations to help with this project. They are in need of your support in order to keep presenting the award. If you wish to make a donation see Milton Elliott at the Post Office.



THE COLTS Baseball Team enjoyed a swim party on Thursday, June 27. The party was held at the Shallowater Swimming Pool. Everyone enjoyed sandwiches, chips, punch and ice cream after their swim. Those attending were the team members and their families.

Sorghum—The Bargain Grain

The market price ratio between grain sorghum and corn has widened in recent weeks and corn is now \$1.00 cwt. higher than sorghum, according to Grain Sorghum Producers Ass'n. Executive Director Elbert Harp. GSPA is a national organization of grain farmers, with headquarters in Lubbock, Texas.

"Grain sorghum may be a buyer's dream right now," said Harp, "but the seller may find this

to be the worst possible time to market his grain." Harp quoted two main reasons for the variation of prices between corn and grain sorghum:

1. Cattle feedlots have cut back sharply on numbers of fed cattle throughout the sorghum production belt. Feedlots that bought ahead are finding themselves in a grain surplus situation and some are reselling a portion of their grain. Others are waiting to see if they are going to have any cattle to feed before purchasing grain.

2. Countries competing with the United States, such as Argentina, Australia and South Africa, have been capturing much of the foreign grain market sales during the past few months.

As the cattle situation improves, the GSPA executive feels that feedlots will resume a more normal operation, which should automatically help the grain export situation.

With the corn/sorghum price spread of \$1.00 cwt., Harp said it is likely that there soon will be a large shift of purchasing from corn

to grain sorghum to take advantage of the price break.

An example of price comparisons between corn and sorghum a year ago was the February 1973 Gulf Export Price for grain sorghum of \$3.73 cwt. compared to \$3.64 for corn. In June of 1973 the Gulf Export Price for grain sorghum was \$4.37 cwt., compared to \$3.85 for corn.

During other months a year ago, corn and sorghum alternated as to which grain was selling at highest

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Crop Conditions . . . *Continued From Page One*

Grain Sorghum Producers Board in Lubbock, Texas.

"To make matters worse," he continued, "area crops are being sampled by grub worms and spider mites, with midge and greenbugs standing by awaiting their turn."

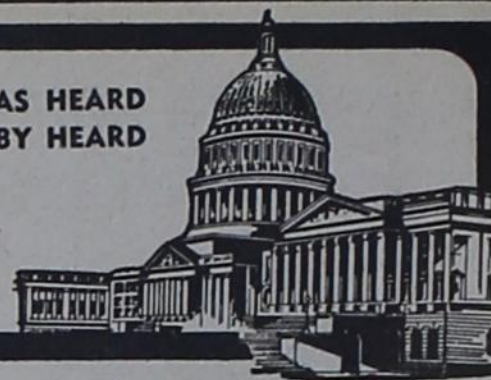
Harp painted a dismal picture of crop conditions in an area that normally produces 25 percent of the nation's grain sorghum. He said that much of the dryland area has not yet been planted and is now crowding the planting deadline.

The TGSPB executive stated that irrigated areas have been plagued with grub worms, hail and other problems, making it hard to find a really pretty field of sorghum in the High Plains area.

Harp said, "Unless crop conditions improve throughout the entire area, even irrigated crops will produce far below their normal averages."

WASHINGTON AND SMALL BUSINESS

AS HEARD BY HEARD



Congressional Can-Can

The Congress of the United States is taking up a lot of high priced time discussing whether or not the Federal government should outlaw the packing of beer and soft drinks in cans and non-returnable bottles.

There are undoubtedly valid arguments on both sides of the question. The problem seems to have been magnified when beverage cans were changed from the old-fashioned tin to aluminum. The old fashioned can, carelessly tossed away in the woods, the hills, or the trout streams, would eventually rust away, while aluminum lasts forever.

The State of Oregon passed a law outlawing beverages being sold in cans, or non-returnable bottles.

There are conflicting claims as to the results of this Oregon legislation, and it is not the purpose of this column to explore the various arguments.

But one thing does seem to stand out crystal clear.

What business does the Federal government have in getting into this question? Is it not a matter which is better handled by the individual states?

A major complaint of the independent business people in their comments to the National Federation of Independent Business is the intrusion of the

Federal government into all aspects of the society.

Obviously, there is nothing in the United States Constitution which says the people of a state cannot vote to outlaw this type of container. In Oregon, the people felt that way, and the law prevails.

If the people in other states have feelings one way or the other on this issue, should they not be the ones to determine what shall be permitted in their states, instead of the Federal government?

The merits, or lack of merits of the issue have no bearing on the matter. The question resolves down to just how far shall the Federal government be permitted to dictate to the sovereign states.

If the Congress does pass this infringement on states rights, what is to prevent the Federal government to pass laws specifying the colors that anyone can paint their house, or specify how many times a month a home owner must mow his lawn.

This current Congressional can-can dance is merely another example of an attempt to give complete control of all phases of life to the Federal government. Perhaps, instead of dancing this can-can, the Congress could better use the time finding out why there cannot be an efficient postal service that operates in the black.

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Rays of Hope

"Hast thou not known? Hast thou not heard, that the everlasting God, the Lord, the Creator of the ends of the earth, fainteth not, neither is weary? There is no searching of his understanding. He giveth power to the faint; and to them that have no might, He increaseth strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the Lord shall renew their

Wise individuals know how to save time by not being in a hurry.

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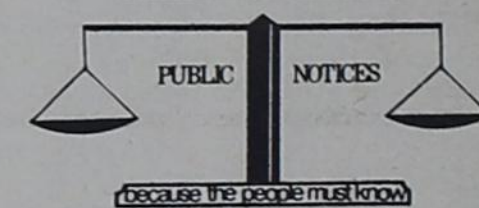
strength; they shall mount up with wings as eagles; they shall run and not be weary; and they shall walk, and not faint. (Isaiah 40:28-31).

God does give strength to his people. He gives physical, spiritual, and mental strength. Throughout the Bible, the Lord God specifically promises strength to all believers. If we belong to Christ, then we are heirs to all of God's blessings.

If you need extra strength for the day, just stop and ask God. Also, take your Bible, find a scripture that promises strength and then confess with your mouth that you are receiving what God Almighty has promised.

Every promise in the Bible is for you today if you have been cleansed in the heart by Jesus Christ. This is according to Romans 2:28-29 which shows who is the real Jew.

For more strength and help, read Psalms 46:1; 81:1; Ephesians 3:16; and Isaiah 41:10.



The City of Shallowater will conduct a Public Hearing on the budget of the City of Shallowater on July 15th, 1974, beginning at 8:00 P.M. at the City Hall.

SUBURBAN TODAY

(Formerly The Sunday Citizen)

Suburban Today is an independent, privately owned newspaper, published weekly, except first week in January, on Thursday afternoon by Publication Service Company of Lubbock, Texas.

Local office for Suburban Today is P.O. Box 339, Shallowater, Texas 79363. Telephone 832-4322

Lubbock address of the publisher is Publication Service Company, P.O. Box 225, Lubbock, Texas 79408. Telephone 806 745-3419

Subscription Rates: One year in Lubbock and adjoining counties; \$4.00, elsewhere; \$5.00.

Second Class Postage Paid at Shallowater, Texas 79363. Any erroneous reflection upon the character, standing or reputation of any person, firm or corporation, which may appear in the columns of this newspaper will be gladly corrected upon due notice of same being given to the managing editor personally at the publisher's offices.

Publication Service Company Publisher
Norman L. Williamson Managing Editor
Pat Cobb Shallowater News Editor

Wedding Vows Exchanged in Lubbock



Trinity Church in Lubbock provided the scene for the wedding of Miss Pamela Jean Hayes, daughter of Mr. and Mrs. Jesse Hayes of Shallowater, and Stephen Rieger Louder, son of Mrs. Joan Louder of Cooper at 7:30 p.m. Friday, June 28, 1974. The Rev. Jack Gray, Methodist Minister, performed the double ring ceremony.

Mrs. Jean Lanham of Lubbock, pianist, accompanied Miss Lauren Chilton of Albuquerque, New Mexico as she sang "Wedding

Prayer", "True Love Comes from God", and "The Lord's Prayer."

Misses Lisa and Lydia Louder, sisters of the groom served as candlelighters.

Miss Gail Alderson and Miss Cathy Moxley, both of Lubbock, distributed letters to the guests as they arrived that had been written by the bride and groom.

The bride's attendants wore floor length yellow peau de seau dresses accented with a cord of white pearls at the bodice. White, large brimmed hats accented with

yellow ribbons completed their attire. Miss Kathy Baer of Shallowater, served the bride as Maid of Honor. Mrs. Tom Benton of Kenton, Oklahoma was the bridematron. Bridesmaids were Miss Linda Louder, sister of the groom of Cooper, Miss Jan Andrews of Carlsbad, New Mexico, and Miss Sharon Wells of Lubbock.

The groom's best man was Mr. Jackie White of Lubbock, and the groomsmen were Chris Hayes, brother of the bride, Jay Stanton of Shallowater, Jack Webb of Abilene, and Nathan Griffin of Lubbock.

Miss Camie Stanton of Shallowater was the flower girl, and Mr. Shannon Fredenburg, cousin of the groom of Cooper, was the ring bearer.

Mr. Jack Wolf of Dallas, Mr. Kenney Peterson of Cooper, Mr. Dick Cade of Slaton, Jimmy Hardin of Lubbock, Mr. J.E. Newsom of Lubbock, and Mr. Woody Key of Lubbock served as ushers.

The bride, given in marriage by her father, wore a Renaissance gown of Devon-Creme silken peau-jolie accented in intricate beadwork. The lavishly beaded bodice featured a portrait neckline outlined in scrolls of beading. Long fitted sleeves repeated the intricate beadwork to form wide cuffs with button and loop closure. The full circular skirt fell in deep folds and was complimented by a matching chapel length veil which drifted beyond her train and was completely edged in tiny seed pearls. The bride's bouquet was made of white gardenias to match her head piece.

The bride is a 1973 graduate of Texas Tech University with a degree in secondary education. The groom is a 1974 graduate of Tech with a major in agricultural engineering.

Following their honeymoon to Ouray, Colorado, the couple will reside in Hereford where the groom is employed by Deaf-Smith Rural Electric Co-op as the personnel manager and the bride is employed by Hereford Public School Systems.

Rural Sociology Department Recently Established at Texas A & M University

Members of the Texas A&M University System Board of Directors June 18 approved the establishment of a nonacademic Department of Rural Sociology in the College of Agriculture, effective September 1.

Purpose of the board action is to strengthen and develop research and Extension education programs in rural sociology, and provide for more effective administration of these programs, said Dr. H.O. Kunkel, A&M dean of agriculture.

Kunkel explained that the new nonacademic department will be a component of the Texas Agricultural Experiment Station and the Texas Agricultural Extension Service to provide a departmental

identity "for what is becoming the largest and strongest group of rural sociologists in the south."

Dr. James H. Copp, who is also the head of the Department of Sociology and Anthropology at A&M, was designated as head of the nonacademic department to assure coordination of the various components of sociology.

"Rural sociology has for a long time been a distinct speciality devoted to the study and improvement of the quality of living in smaller towns and open country, and rural sociologists have a distinct professional identity. They have a tradition of problem oriented research, while

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EASY EXTRA \$\$ FOR FARMERS RENTING GARDEN PLOTS TO CITY FOLKS

You want to get paid extremely well for doing a little that helps people a lot? Rent garden plots to city folk!

If your farm is near a city or college town, people will say it's a good deal to pay you \$10 or more for the privilege of raising vegetables in a 25' x 30' plot. At 40 plots per acre, you get \$400 or more an acre IN ADVANCE and the renters do most of your work for you. And you still own the land! All you do is plow, stake out the plots, and cultivate two or three times. They plant, weed, and harvest. You or your kids can make extra money selling seeds, tools, plants, water, pop, gum, etc.

People like gardening. As food gets scarcer and prices higher, demand for family-size garden plots zooms.

A 1973 Gallup poll showed a record number of Americans planned to raise vegetables—some 40 million—the most ever. And that was BEFORE HIGH PRICES HIT.

The same poll showed ANOTHER 30 MILLION would raise vegetables if only they could find a wee patch to plant.

This revelation prompted Gardens For All, a non-profit, tax-exempt educational and counseling group, to help city people find land for a vegetable garden. GFA is helping land-owners, too, to bring their plots to the attention of would-be gardeners and to get those vegetables growing. GFA can help you rent your plots. See below.

Rented gardens are booming not only around big cities. College towns are another prime area. Married students welcome this relief to their food budget.

HOW TO DO IT

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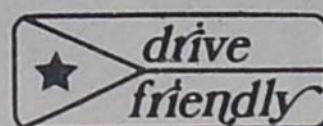
Italian Beef on Bun



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SHASTA POP
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Spicy Garden Bracer



Summertime is ice tea time and what a pleasant refresher in serving your guest a spicy garden tea bracer. Served with your favorite cookies, this will make your afternoon tea time a most enjoyable one for you and your guest.

Here is the recipe as developed in the Nestlé Test Kitchen:

- 1 cup water
- 1/2 cup Nestea
- 3/4 cup sugar
- 6 cups cold water
- 1 teaspoon whole allspice
- 3/4 cup orange juice
- 1 2" cinnamon stick
- 1/2 cup lemon juice

In small saucepan, combine 1 cup water, sugar, allspice and cinnamon; bring to boil. Continue boiling for 5 minutes. Stir in Nestea until dissolved; remove from heat. Cover and let stand 10 minutes; strain into 2 1/2-quart pitcher. Add 6 cups water, orange juice and lemon juice; mix well. Serve over ice. Garnish glasses with cinnamon sticks and orange twists, if desired. Makes approximately 16 4-oz. servings.

Bargain Grain

Continued From Page Two

prices in the export market. Harp said, "As buyers begin now to purchase more grain sorghum, we feel that it will not be long before sorghum prices start moving up in relation to corn. Therefore, we encourage those who have grain to sell to watch the markets very closely and not sell too cheap."

Harp stated that a producer who is concerned about the market dropping below its current level can protect himself by setting a "stop order" to hedge his grain in case the market does start dropping. He said this would give price protection and a seller also would get the advantage of future increases in market prices.

If the corn and sorghum crop continues to deteriorate, Harp said the prospects for a smaller than estimated grain crop becomes clear and some increase in the market price for corn and grain sorghum can be expected.

Department Established

Continued From Page Three

The Extension emphasis has brought the research knowledge to bear on the solution of rural social problems," explained Dean Kinkel.

As a matter of convenience, the rural sociology research and Extension enterprises at A&M have been coordinated through a combined department of Agricultural Economics and Rural Sociology, despite the distinctiveness of the two disciplines. "As the number of agricultural economists and rural sociologists increases, however, the sense of departmental mission and resource allocation between the disciplines become more difficult at the departmental level," said Kinkel.

Currently, the rural sociology research group includes five staff members at the professorial level and four research associates with training beyond the Master's degree. On the Extension side, there are at least nine specialists with advanced degrees, or at least 18 rural sociologists on the research and Extension staffs.

SPORTS

by Joe Kelly

It was a long weekend for me. First, I kept dousing the thermometer outside my window with cool water, trying to get it down to a point where it was reasonable.

And then, unable to do much about it, I took to my cubbyhole where I ponder great and little things, makes hen tracks on paper, file for my company reports that unquestionably are added to waste disposal machines and, occasionally, hit a typewriter key or two.

When I finally emerged, I was dripping moisture that I thought must certainly be perspiration. On second inspection, the moisture turned out to be tears. You see, someone had the audacity to slip me a story that pro footballers were going to strike.

To paraphrase the famed saying during the days of the Sox baseball scandals, "Say it ain't so, Donny." Football players going on strike? Oh, no, it can't be.

By reading the moisture-stained pages of the local daily advertising journal, I found it was a fact. The big, burly pros were oppressed, they lacked freedom, whatever that means.

No more Saturdays and Sundays of deciding which game probably would be the most interesting this fall. No more agonizing over Roger the Dodger and Craig Morton. No more distress about figuring how the Houston Oilers would lose their game.

No, sir, the pros were going out on strike, complete with picket lines and, presumably, placards on poles proclaiming that the owners were unfair.

No more "thrilling" College All-Star pro champions game from Chicago. Only the interesting Canadian Football League games and the neophyte World Football League battles are to be seen. It's enough to make a grown man cry.

So far I haven't seen a list of the demands that the pros have made. The only thing that has come out is that they are kept in slavery. They just can't go to the team that they want to play for and their benefits are pretty bad.

Oh, shed a tear for the poor old pros, those grand old men who managed to pass basket weaving and phiz ed, helped along by some civic minded professors.

Where the former old football players had to man the pumps for dear old Enzon after completing their college careers, now they are being starved on salaries of which even bank presidents wouldn't be ashamed.

And, once signed to a contract, poor Bubba Blowout is forced to remain with that team until eternity—or until he plays out his option one year, or is traded to another club he doesn't like. Meanwhile, smart lawyers help negotiate the best deals and advise the players where to buy the best investments with his rewards for size, speed and shark like skin.

Those mean old club owners, the ones who pay the bonuses, who foot the bills, who stick their necks out, who have fickle fans with whom to contend. Why, they're little better than Simon Legree. Pull that barge! Lift that bale! Get a little drunk and—you get invaluable publicity.

Frankly, pro football has become about as exciting as, if Nick Roberts will forgive me, figuring out who is going to win this week's wrestling matches. Maybe the strike is good, if it costs us one season; the pros might have to go to work and see how the rest of us live.

Here it is July and I haven't had my boat in the water yet, for one reason or another. But a recent Parks & Wildlife article has my appetite whet.

The release said that kamloops trout and coho salmon had been switched from Heart of the Hills Research Station to Inks Lake. The fish were to have been stocked in Lake Meredith, but that Northern Panhandle lake isn't full enough yet by P&W standards.

Anyway, a good friend of mine lives at Inks Lake and he says that the latch is on the outside. It would be a good place to headquarter. He could play golf and I could fish.

John Priddy, one of the original Red Raider Club officers, has lived at Inks Lake for seven years and hasn't even been on the body of water once. His hangup is golf, which seems a shame in these days of high meat prices. He could have a well stocked deep freeze, instead of a trophy case.

Anyway, Inks Lake was chosen because it has year-round cool water, abundant forage and public access. It's within easy range of Lubbockites and rates at nearby hostleries are reasonable.

The fish are running about half a pound to a pound in size and, while you probably won't have one mounted, the limit of 10 in possession should mean good pan fries. P&W put antibiotics in the water to hold down disease and mortality and it seems to be working.

Do you have any idea of how much wild game meat was harvested in Texas last year? P&W conservatively estimates that the list was headed by 13 million pounds of white-tailed deer. Another 9 million pounds of freshwater fish were taken by sportsmen, with commercial fishermen hauling in 570,000 pounds.

Friends, that's a lot of meat anyway you look at it. Add to it commercial saltwater fishermen, who reaped almost 100 million pounds of fin and shell fish and it staggers the imagination.

If and when there ever is a history of minor league baseball written, I hope there will be a chapter on Roy Parker. For those of you who never heard of him, Roy unquestionably the most versatile athlete ever to play in the old WT-NM League.

Roy was the type who could win 27 games with his lefthanded slants, play the outfield when not pitching, take a turn at first base, relieve six nights out of seven, hit close to .400 and make it all look easy.

And, with the Texas League using the designated hitter, he's the old player who probably could step right in today and hit consistently—and with power. He was something else.

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Remember: Red Cross is more than blood drives. It's more than helping the thousands of victims of disasters. In fact, American Red Cross tackles over 100 different kinds of "Helping People" jobs—in the city, the suburbs, wherever you are.

We need money, it's true, so we can go on offering all our free services. But we also need hearts. And hands. And conviction.

Call your local chapter. Join us.



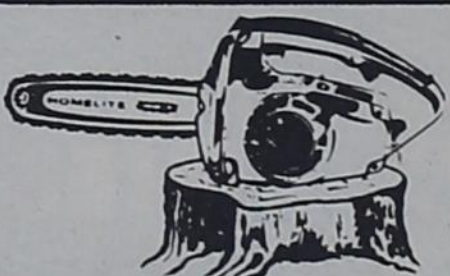
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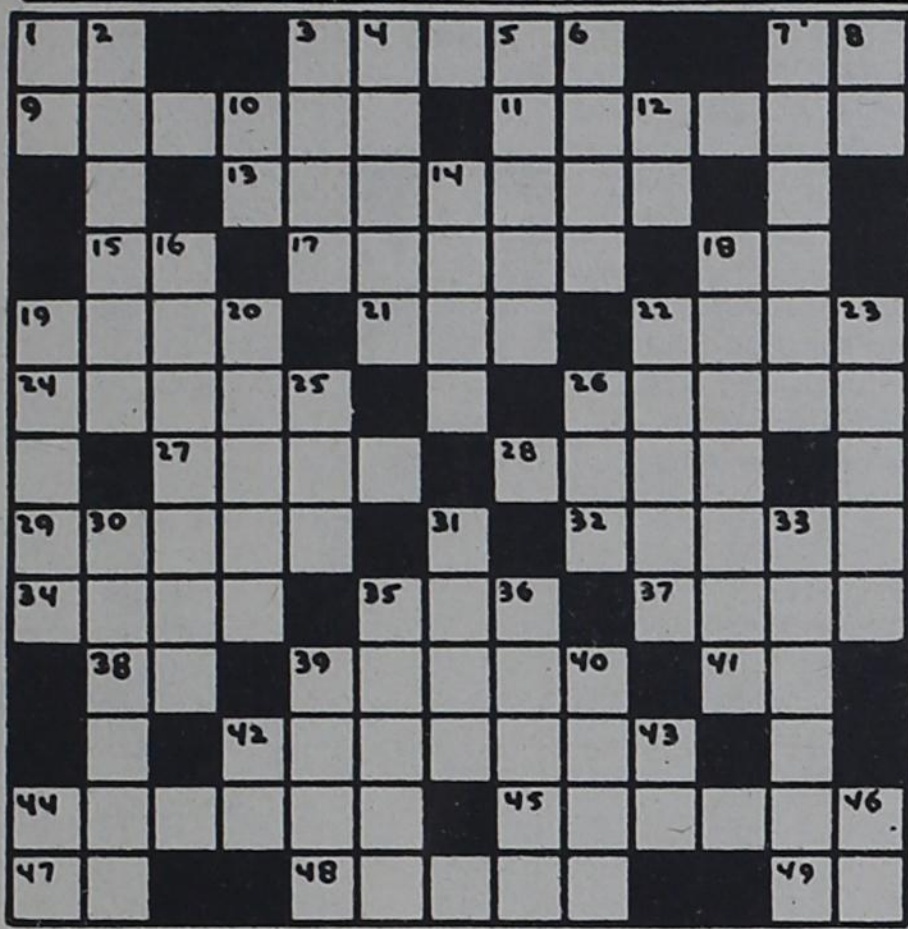
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CROSSWORD ~ ~ ~ By A. C. Gordon



- ACROSS**
- 1 - Abraham's birthplace
 - 3 - Finger
 - 7 - Exist
 - 9 - Extent of time
 - 11 - Color shade
 - 13 - Made resolute
 - 15 - Printer's measure
 - 17 - Assuaged
 - 18 - Greek letter
 - 19 - Matures
 - 21 - ... Vegas
 - 22 - Sensed
 - 24 - Fish
 - 26 - Taut
 - 27 - Annul
 - 28 - Type of rubber
 - 29 - Concerning
 - 32 - Was in a fury
 - 34 - A bumpkin
 - 35 - Article of feminine apparel
 - 37 - Permits
 - 38 - Pronoun

- 39 - Years of adolescence
- 41 - Be quiet!
- 42 - Denies
- 44 - Carriage
- 45 - Unimpaired
- 47 - That thing!
- 48 - Of a geological thrust
- 49 - Thus

- DOWN**
- 1 - Aloft
 - 2 - To revoke
 - 3 - Love to excess



The reason some people talk so much about themselves is that they know so little about anything else.

It would be nice if every citizen would do as Boy Scouts try to do—help someone, or do someone a favor, every day. Do You?

GARAGE SALE

Shallowater Garage Sale — To settle estate. Like new mower, edger; clay pots, hose carrier, books, dishes, pans, jars, miscellaneous treasures. Make offer. Starts Wednesday (4th) until all sold. 1004 14th St., Shallowater.

WANT WHATEVER YOU NEED ADS

Classified Ads may be placed in this newspaper at the rate of \$.05 per word—minimum charge \$1.00—by contacting your local news editor or by calling 745-3419 in Lubbock.

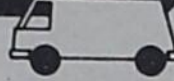
MISCELLANEOUS FOR SALE

For Sale—30 sq. yds. pale green nylon carpet. See Leon Young or call 562-3861, Ropesville.

LOST & FOUND

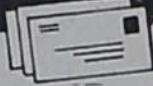
Lost, Friday — White Female Poodle puppy with apricot ears. Red collar. Call Shallowater, 832-4420.

HOME SERVICES



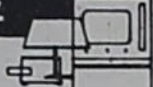
Wiring Specialists—Commercial and Residential Electric Maintenance and Repair. Day and Night. Crownover Electric Co., 2110 Avenue J, Lubbock, 763-2041, Night 873-2453. Danny Lesley.

PERSONALS



Card of Thanks
I would like to say "Thank You" for the flowers, cards, prayers, food brought in, and other acts of kindness during my stay at the hospital.
Mary Lou Martin

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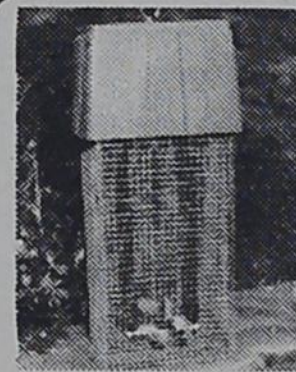
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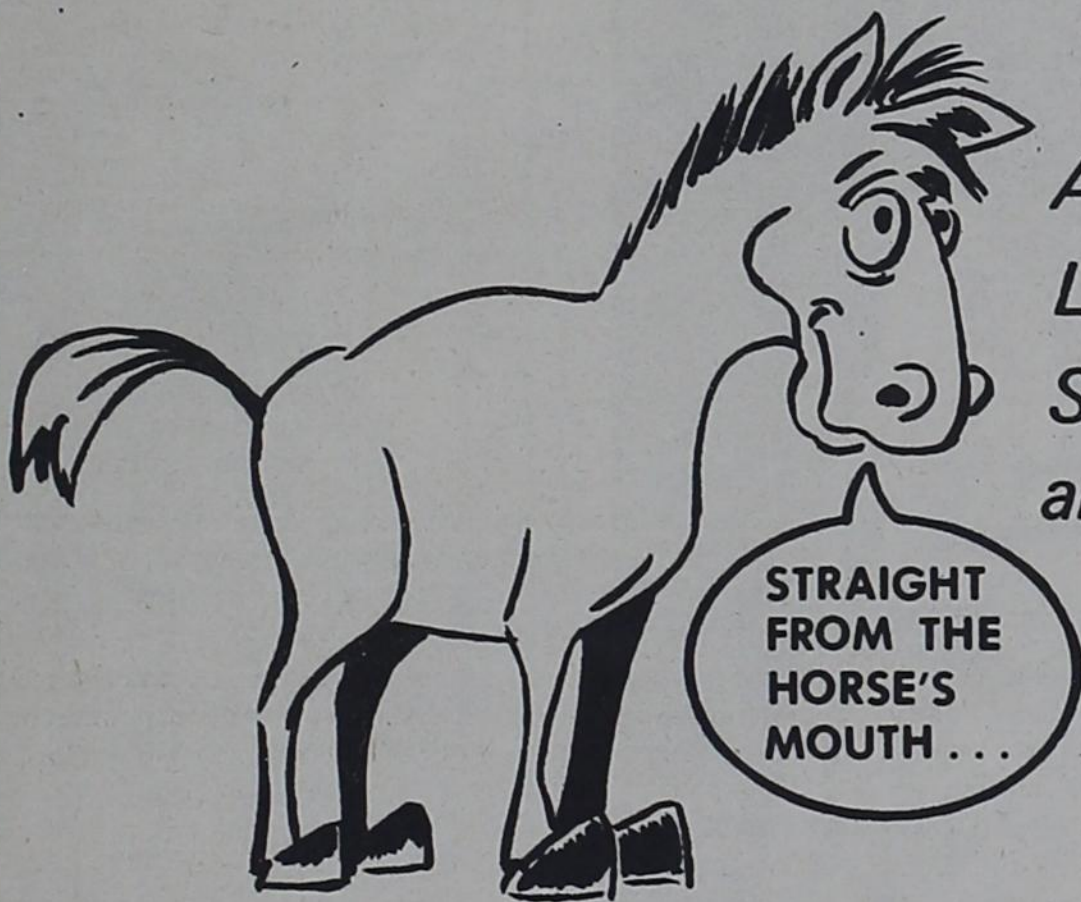
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Home Highlights

by Jewel Robinson
County Extension Agent
Hockley County
HAMBURGER

QUESTIONS & ANSWERS

Q. Depending on where I shop, I see ground beef labeled differently. Sometimes the words "lean" and "extra lean" are used and other times it's "ground church", "ground round", and "ground sirloin." Why?

A. The reason is that there are no standardized names for different qualities of ground beef. Therefore, supermarkets label their packages according to their own preferences. As a practical

matter, most ground beef is made from trimmings and the less tender, less popular cuts of meat. So, if you want real ground sirloin, buy a sirloin steak or roast and have the butcher grind it for you. Or, grind it yourself at home.

Q. Many people call ground beef "hamburger". Yet I don't often see it labeled that way in the store. Is there a difference?

A. The U.S. Department of Agriculture does distinguish between these two products ground and packaged in a Federal-inspected or State-inspected plant. No distinction is applied to beef ground in a local market. According to USDA, "hamburger" is ground beef to which seasonings and pieces of beef fat may be added while the meat is being ground. No added water, extenders or binders are permitted, though. "Ground beef" is just what the name implies. No extra fat, water, extenders or binders are permitted. Seasonings, however, may be added as long as they are identified on the label.

Q. Does USDA set a limit for fat in ground beef?

A. Yes, but only for products ground in Federal-inspected or State-inspected packing plants. The limit for fat is 30 percent. Most ground beef, though, is ground in local supermarkets to maintain freshness. This grinding is not subject to Federal inspection regulations on fat content. Some states and cities, however, do set standards for store-packed ground beef.

Q. What kind of meat is ground beef made from?

A. Generally, ground beef is made from the less tender and less popular cuts of beef. Trimmings from higher-priced cuts also may be used. These cuts contain varying amounts of fat and lean. Because ground beef is so popular, many supermarkets and grocery stores cannot get enough meat from a carcass of beef after they have removed the steaks, roasts, and other cuts to fill the demand. Consequently, they may buy less tender meats or less popular wholesale cuts specifically for grinding into ground beef. Some stores may buy imported frozen boneless beef and grind it after adding trimmed off fat from their meat cutting operations. Whiel most steaks and roasts come from younger steers or heifers, most ground beef is prepared from the meat of older animals, which is tougher. Grinding tenderizes it and the addition of fat alleviates its dryness.

Q. Why is pre-packaged ground beef often red on the outside and dull, greyish brown on the inside?

A. The red color is due to exposure to air. When exposed to air, a natural pigment in meat combines with oxygen to produce the red color, which is referred to as its "bloom". The interior of the meat does not have the red color due to lack of enough oxygen to cause the "bloom" to appear.

continued next week

A pretty girl makes a lot of men feel younger.

Travel West Texas This Summer

The West lives on in the rolling plains of Texas, maintaining a broad-brimmed profile in the land of the Four Comanches, Cavalrymen and Cowboys.

The first three are gone Cowboys, in a region that low Abilene to the Okla- in the Panhandle.

Western hats and boots wear, particularly in the smaller towns. Not far from main highways are the old, established ranches: the Spur, Pitchfork and Matador, below the Caprock in the Dickens area; farther east, near Vernon, the W. T. Waggoner spread; and near Dalhart, what remains of the XIT, once the world's largest.

Rodeos abound. Some are stop-offs on the professional cowboy circuit; others such as the Texas Cowboy Reunion at Stamford, are fro amateurs.

Texans who decide to vacation on the Plains will find that there is one scenic point which surpasses all others: the 122-mile Palo Duro Canyon, 22 miles southeast of Amarillo.

The 1,000-foot deep canyon is the scene each summer of the Panhandle heritage drama, "Texas," in an outdoor amphitheater.

Palo Duro is recommended by the West Texas Chamber of Commerce in its new spring publication, "Wonderful West Texas Fun and Adventure Map," said J. Fike Godfrey of Abilene, WTCC executive vice president.

"An in-Texas vacation, at today's lower speed limits, offers a fine opportunity to enjoy the majestic expanse of the Plains and Panhandle," said Godfrey.

Below Palo Duro Canyon, State Highway 207 between Claude and Silvertown, also passes across Tule Canyon. The Croton Breaks south of Dickens is a colorful region of canyons, buttes and creeks, while the new Copper Breaks State Park north of Crowell was dedicated in April Abilene, the southernmost of the three largest Plains cities, offers an excellent zoo whose reputation is growing, and Old Abilene Town, a western amusement park on Interstate 20.

Southwest of Abilene, near Buffalo Gap, is Abilene State Park, shaded by oaks and mesquites. It is one of seven state parks on the Plains: Copper Breaks, near Crowell; Lake Arrowhead, Wichita Falls; Lake Brownwood, north of Brownwood, Mackenzie at Lubbock; Palo Duro Canyon; and Fort Griffin, north of Albany.

Lake Brownwood and Hubbard Creek Reservoir near Breckenridge give fishermen and water sport fans plenty of elbow room, as do lakes near Abilene and Coleman and Lake Kemp at Seymour.

In the Panhandle, Lake Meredith, west of Borger, reigns over the fishin' holes as Palo Duro dominates the scenery. Spreading among the cliffs of the Canadian River Valley, it covers 21,600 acres and also is accessible from Amarillo, Stinnett, Sanford, Fritch, Dumas and Pampa. Detailed brochures about West Texas number more than 200 and

are available free from the literature library of the West Texas Chamber of Commerce, Box 1561, Abilene, Texas 79604.

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But then, another 55,600 Americans were killed in motor-vehicle accidents. And 17,600 died from falling. Fire claimed another 6,300 lives.

The figures go on and on. But maybe you get the point.

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National Safety Council

If you don't like thinking about safety, think where you'd be without it.

USG
A reminder from the National Safety Council. A non-profit, non-governmental public service organization. Our only goal is a safer America.

