## Lady Greyhounds make all-district

Four Lady Greyhounds made all
district Class this year. They are;
Joby White, Anne Pots, Sharon
Reynolds, and Dala Shapley. The
Ledy Greyhounds will move to
district $1-\mathrm{AA}$ next year!
THIE GRUVIER STATESTMAN

## March <br> Revival

Plans are being finalized for a
March 9th through 12 th commuMarch 9th through 12th commu-
nity-wide Revival at the Gruver United Methodist Church with noted Evangelist J eck Gray of
Dallas conducting the services. The Dallas conducting the servicos. The meetings will be highlighted by an
emphasis on youth with a Bible emphasis on youth, with Te Bible
Bowl for childeren, 2nd Teen-time for I unior and Senior High School an integral part of the plans. Aocording to the Reverend J im Terry, minister of the Gruver as General Crusade chairmen. Others named as committee chairmen include: Mrs. J.C. Harris, Prayer Cairman; Mrs. Clifton Bill Maupin, Publicity Chairman; George Odom and Mark Irwin Co-Chairmen of Greeters, Ushers, and Finanoo Committee. Mr. and Mrs. Archie Nelson are Co-Chairing the Arrangements Committee; Mr. And Mrs. Deve
Barkley, the Nursery, Children and Youth activities with J.C. Harris and Mary Rae Lamb in charge of Extra Hour Events.
Mrs. Kenneth lrwin and Danny Mr. and Mrs. Rick Barkley as Bible Boys coaches and Mr. and Mrs. J im Davis as Gospel Girls coaches. Servioes will be held at 11:00 a.m. March 9 th to be followed by a ing worship will be at 6:00 p.m. with the first Bible Bowl contest to be conducted at the beginning of the service.
Services for the remainder of the night Monday through Wednesday with Aftergolw being held nightly in Fellowship Hell following the Services.
Include this important event on March schedule and plan to attend all of the meetings - find Today."
Defensive Driving
A DEFENSIVE DRIVING course will be held in Spearman Tuesday and Wednesday, March 4th and
5th. The course will be held above the Hansford County Libary from 6 to 10 p.m. John R. Colland, Jr. will teach the course.

```
Gruver High School All School Play Cast Members of "Magic Touch" directed by Russ Chisum and pre-
sented February 15 th, 1988 . sented February 15th, 1986.
```



Cub Scout Pinewood Derby Race 2nd Kyle Deeds, 3rd place - T. F.


Cub Scouts- Pinewood Derby Judged Best Appearance 1-r 1 st Kevin Spivey


## Commissioners

The Commissioners Court met were read and approved and bills were paid. In other action the Commissioner approved a road cross ing for General Telephone Company 5. The Court approved a bond
County Clerk Deputy Kim Vera.

A bridge report from the state f Texas was given to the bridges in Hansford County Judge McCllean stated that all county bridges were inspected and were all in good shape. The minutes of the last approved bills were paid.
 February 16th sponsored by the


Bob Burgoon and Betty Chisum presented several songs as entertainment for the "Over 60's party
Volleyball

## The Lise Crane Memorial Volley-

 bell Tournament will be held Texas Texas.The
The entry fee is $\$ 30,00$. For more information please contact Mary
Shelton at $733-2769$, no later than 8 p.m., March 2nd. There will be five divisions: Recreational Men, Women. All Recreational games will be played on Thursday, March 6 th efter 5 p.m. with finals being played Saturday, March 8 after 5 p.m.

Gruver Church of Christ. A delicious stuffed potatoe and toppings" meal was served and later on the Teen-

Trustee Election Deadline

The deadline for filing for Gruver School Trustee is Wedneeday. March 5. Three positions will be filled for 3 -year torms, and one
position will be filled for a 2 -yeer osition. As of Tuesdey, Peb. 24, the thme incumbents, Dennis Stedje, Bob Gilliaple, and Rick Barkley, hed filed for the 3 -year terme. No

## Rainbows \& Ranglers Host Visitors

The Rainbows \& Ranglers Squre Danos Club of Spearman held their rexular 4th Saturdav danos
last Saturday at the County Bamm Cots of " fun and laughter" wea had of the calling of Ronnie Woods of Amarillo. Almost seven squares danced. Visitors from out of town were: Md Millie Luis Merydith, Oe Ed Thelma Rush, Curtis and Linda Herris, Alvin and Willene Lee, Frank and Barbara Bran, Gary and Thonda Garton, Imogene Frank, ack Clark, Clyde and JoAnn Sochtold, and "Calvin and Dovie Sooker, Dud and Melba Shipman, Leola and Shorty Albert, Doug and anet Nize, and A. G. and Chartone herwood from "Boots and Calico"

## Engagement

Mr. and Mrs. Fredrick $A$. r., of Rt. 3. Gruver, Texas, have daughter, Frances Louann, to Scoott Ross Atwood, son of Mr. and Mrs. Harvey Atwood, 808 Richardson, Gruver, Texas.
Miss Camp will be a May and is amployed at El Vaquero Restaurant, Gruver. Mr. Atwood is a 1981 graduate of Gruver High School and is employed at PanSouth Hardesty, Texas A J une wedding is planned
and Bill and Marilyn Been from 'Boots and Slippers" in Gruver, and from a brand new club in Perryton-the "Perryton Promena-
ders" - Tom and Leone MoGee, caller and wife, Jerry and Judy Whitehead, Nancy Leatherman, Loren and Maylene Harder, Nick and Rendy Pilcher, Cliff and Lo ta Vick, and Evelyn Cated The next scheduled dance for the Rainbows \& Ranglers will be
Saturday, March 8, at 8:00 p.m. at the county barn. A "Plus" work-
shop will begin at $7: 00$. Richard shop will begin at 7:00. Richard Olsen, club caller from Canadian,
will be conducting the workshop and calling the dance. If you like to square dance or like to watch people having a lot of fun square dancing, come visit with the Rainbows and Ranglers. They'll


Bofore You Know It
The worst trouble with
future is that it seems to get here quicker than it used to.

## If anyone wonders what beshe's of the old-fashioned girl,

 first husband.
## Artist of the Month

Mary Alice Gibner is the Hansford County Library' Artist of the Month for March.
Mary
Alice's paintings demand a reaction from he viewer. Color, form, novement the paintings on display of all paintings are done in oils, acrylics, combinations of those two nedia. There are abstracts, landxamples of poits, hard-edge, and ontrolled-poured painting and also a triptych pancon. Mere anal painting consistion of three separate panels.
Mary Alice has studied art under
and taught art gallery in Amarillo and surrounding PPenhandle towns for many years. She has also taken workshops with Bob Dash, Larry
Calcagno, Louise Nevelson, Lee Mullican, Elaine DeK ooning, Hedda Sterne, Kestutis Zapkus, Tom napp, and Nicholas Krushenick. Mary Alice teaches Title I Reading at Spearman Junior High and has travelled extensively to many Australia, Chine, Europe, Egypt, Peru, and the Gelapagos Islands. She is a Director of the Area Arts Amarillo Art Center.

## Spring Wheats

## тАММҮ*-

High Protein - Hard Red Spring Excellent Baking and Milling Properties (Protein Premiums from Millers) PURPLEFEED WHEAT - WS-3* High Protein-13-19\% High Lysine-Excellent for Hog and Cattle Producers

Dry or Irrigated

## M WARMH

## outer Milke Skinner <br> 806-659-2129 Smammer, Tran now

## Gruver Music Club

The Gruver Musie Club met on
Tuesday, February 11th at the
Methodist Church. The Regular order Mehooist Church. The Regular order Jack Glllisple. The current musical note was given by Mrs. James Stedje, and Mrs Tim Terry conducted the Hymn of the month. The menbers
then enjoyed on inspiring program by the Baptist Men's Quartet consisting of: Kerrit McKee, Roy Kauffiman, Les Barkley, and James Walker. Mrs
Buddy Murrell presented the mede tation. The members were then served refreshments. Hostesses were: Mrs. Roy Etter and Mrs. Aubrey Rasor.

Alpha Mu Psi Met
The members of Alpha Mu Psi met February 18th in the beautiful The business meeting was conduo. ted by Glenna Hunt, president. Plans were made to help with a fund raising dance to be held
March 15th to benefit CAPP. The March 15th to benefit CAPP. The Barbara Stavlo and Lynn Stedje, CAPP committee members. We need to all work together to fight he proposed PCB dump.
After the meeting, members
njoyed touring Melanie's home looking at pictures from the Valentine Dance, and eating delicious refreshments which were prepared
by the hostess. Nancy Koons was by the hostess. Nancy Koons was the winner of the hostess gift. Those present included Debbie
Breland and Zachary, Phyllis Hoel, Geil Etheredge, Jody Irwin, CynGaia Hensonge, Glonna Hunt, Pam
this Harris, Amy TeBeest, Teresa Weldon, Melanie Zimmer, Tonni Yanke, Tracy Bevill, Marsha Lowe,
Nancy Koons, and Kelly Hart. The Nancy Koons, and Kelly Hert. The
next meeting is schoduled for March 4th at Kelly Arme's home.

iㅜmionest rta Divia 8 ncotolol TWJRENESS WEEK Did you know..

- Nearly two-thirds (62\%) of high school seniors ry an illicit drug before they finish high school.
- One in twenty high alcohol DAILY; at least $39 \%$ participate in heavy or "party" drink-ing-consuming five or more drinks in a row.
- More than $24 \%$ of teens age $13-18$ car after using driving a car after using drugs or reported they had rid den with a drunk driver.
- One-third of surveyed fourth grade students think drinking beer or liquor is a "big problem" among their peers

PARENTS CAN..

- help their children avoid drug and alcohol abuse. Get the facts and share them with your kids Today.
- Make sure you children have a healthy tomorrow by taking a positive approach today.
National PTA
Drug and Alcohol Awareness Week March 2-8, 1986


## Markets

| MARKETS-Feb. 26. 1986 |
| :--- |
| Wheat.......... 2.69 |
| Milo......... |



## WANT ADS

$\left\{\begin{array}{c}\text { NOTICE } \\ \text { Wallace Monument Co. } \\ \text { Monuments, Curbing, } \\ \text { Grave Covers } \\ \text { Local Representative } \\ \text { LEONARD JAMES } \\ \text { Spearman, Texas } \\ \text { 40-rtn }\end{array}\right\}$



## OSGOOD

MONUMENT CO
Amarillo, Texas Dealers of Rock of Ages
Granite, as well as all Granite, as well as all
colored granites, marble colored granites, marble
and bronze memorials. represented by
BOWEL BROS
FUNERAL HOME
519 S. EVANS
659-3802
The effect of the indul-
gence of human af-
fection is a certain
exhilaration.

- R.W. Emerson.

Sewing wanted, alterations etc. Baking and decorating cakes. I now
have the He -Man Pan for birthday have the He-Man Pan for bi
cakes. Call I oo at $733-2517$. cakes. Cal
52 -rtn-nc

For information and supplies for Ti
Chem Liquid Embroidery, Contact Joy Henderson at 733-2517 in Graver 8 -rn-nc
Hay Swathing \& Baling dons - Call
$733-2517$ or Dennis at $733-5214$. $31-\mathrm{rtn} \mathrm{nc}$
Custom Fertilizer Listing 30, 40, or 60 . $\$ 4.25$

$733-2016$ | 21-4tp |
| :--- |

REAL ESTATE



FOR SALE
TO BUY OR SELL AVON - Judy
Irlbeck phone 435-2575 Irlbeck phone 435-2575
21-2tc
FOR SALE: 1972 Peterbilt and 1977 Double decker cattle trailer. Sell together or separate. $659-3368$. 14 -rn

FOR SALE: Repossessed Piano -- Will show locally - Call Brier \& Hale Music at 318-624-8422 for complete details. 21-3tc
Save $\$ 157$ on 1985 edition and get Childcraft for only $\$ 100$. $\$ 10.00$ down, $\$ 30.00$ monthly. call 733 -
2695 ${ }_{21-1 \mathrm{tc}}^{2695}$

OR RENT
FOR RENT- remodeled 3 bedroom mobile home call 733-5130
$18-4 t c$
HOUSE FOR RENT: 2 bedroom $374-3024$ Gruver at 802 Womble Call 18-2tc

FOR RENT: small furnished apart$\underset{17 \mathrm{~s}-6 \text { tc }}{\text { mont. Call } 659-2764}$
$17 \mathrm{~s}-6 \mathrm{tc}$
AUTOS FOR SALE

83 SUBURBAN low mileage call Schneider Welding 659-3811 excel-
lent condition. lent condition.
16 -tn

MISCELLANEOUS FOR SALE

FOR, SALE: Shale Nutritional Products, household cleaners or
skin care products, call Boris Boo skin care
$659-2323$ $659-2323$
$20-4 \mathrm{Tp}$
$20-4 \mathrm{Tp}$
HELP WANTED We need a hard- working person to
sell our Goodyear roof products. Write Ed Macon, Consolidated Companies, 1801 East eth Street.
Cleveland, Ohio 44114 Cleveland, Ohio 44114
$20-3$ tc

## SERVICES

BE SLIM FORE VER:New weightloss program develops the whole person. Sound nutrition and positjive mental attitude. Groups forming now. Call Doris 659-2323
$20-3 \mathrm{Tp}$
 Hunters


CALL TODAY
THE GROVER STATESMAN,


Thank you for your prayers and
beautiful flowers, cards, candy and all the goodies you sears, candy and
while I was in Hospital and after I came home it meant so much to me. Political Announcements
This newspaper is authorized to
announce the candidacy of the announce the candidacy of the
following candidates for public office subject to the action of the voters in subject the action of the voters in
MAY PRIMARY ELECTIONS: DEMOCRAT
FOR COUNTY TREASURER HARRIETT HUTCHISON

## JEAN PERCY

NORMA JEAN MACKLE
PEARL PIERCE
FOR COUNTY AND DISTRICT

## AMEHAC.JOHNSON

 republican FOR COUNTY TREASURER ESCHOLBLANKENSHIPBoth 3 \& 4 Bedroom Homes. Other selections in Dwellings.

Extra well improved $1 / 2$
section good land in Graver section good
priced to sell.

Nice 3 bedroom brick venner house with 2 car garage on pavement.

Extra nice- 3 bedroom home
on 9 or 20 acres - $40 \times 80 \mathrm{ft}$. on 9 or 20 acres - $40 \times 80 \mathrm{ft}$
Behan building - extra Belan building - extra good
water system- all steel cattle working pens - 4 miles N.W. of Graver on good roads.

DELANO REALTY
$733-5000$ 733-5000


Thomas O'Neill, House Speaker, on budget cuts: "The mood of the Congress is to pay their share like everybody to pay
else."
Ronald Reagan, President, in State of Union address: "...We cannot win that race held back by horse-an-buggy programs that waste tax dollars and squander human potential. We cannot win the race if we are swamped in a sea of red ink."


A diet without exercise is like a car without an engine - it wont go anywhere.
Aerobic
Aerobic exercise drives up your metabolic rate. Have you ever been on a diet and found that your rate of weitht loss slows down the longer
you diet? That's because the metabolic rate decreases with a diet by $10-152$.
Combining exercise with diet counter-balances the problem by burn more calories.
Many people believe that exercise increases the desire to eat, but the researchers don't agree. Studies show a decrease in appetite
follows strenuous exercise in most follows strenuous exercise in most
people, expecially those who are normally inactive.
Exercise also releases fat into the bloodstream which maintains blood sugar levels. Since a drop in blood
sugar stimulates hunger, exercise
reduces hunger pangs. When you exercise, food passes
through your intestinal tract faster. This means a smaller percentare of the day's calories are absorbed. Exercise also has psychological benefits. It can give you a sense of accomplishment, self-esteem, well-
being and self-control. With these positive feelings, the committment necessary to stay on your diet will
be easier to find. be easier to find.
So if you're on a diet or thinking
of starting one, put on your walking of starting one, put on your walking
shoes - you'll get to your weight loss goal a lot faster than you will in a car with no engine. Educational programs conducted
by the Texas Agricultural by the Texas Agricultural
Extension Service serve Extension Service serve pe o
all ages regardless of socioEconomic level, Race, Color, Sex,
Religion, Handicap or National Religion,
Origin.

## SBT news



## School Students Take Spring Break



Southwestern Bell

> Southwestern Bell Telephone cus
tomers say the company met its goal tomers say the company met its goa
of providing quality service during of providing quality service during
1985, a according to Public Utility 1985, according to Public Utility
Commission standards and the compant's sown internas measurements. "Throughout the meas service results consistently exceeded the objective on all reasurements set by objective on all rueasurements set by
the PUC." said James R. Adams, president of Southwestern Bell Telephone in Texas. "These results are particularly noteworthy considering we spent less money in 1985 and ran
the business with fewer than in previous years," he said. The PUC, which regulates the telephone companies in the state, sets standards for service quality. The
puC measures 19 service categories
> including installation, repair, switch ing office performance, transmissio performance, and operator services.
Of the commission's 228 cumula tive measurements in 1985, South western Bell Telephone's overal service results met or exceeded the PUC standards 226 times. "The two missed objectives were due to in-
clement weather in November and December," Adams said. Despite ongoing force reductions
and other cutbacks and other cutbacks, Adams stid Texas managers achieved a 50
percent reduction over 1984 in customer complaints to the PUC Complaints are at their lowest levels since 1979, said.
> 'In 1985 we reduced customer

Knights of Columbus

The Pampa Knights of Columbus are having their 34th Annual Polish Sausage Dinner, Sunday, March 2nd
Serving will be from 11:a.m. to 2:00 Serving will be from 11:a.m. to $2: 00$
P.M. and from 4:00 p.m. to 6:00 P.M. at the K of C Hall, on the corner of Ward and Buckler Streets in Pampa. The proceeds from the dinner are
used for the charitable works of used for the charitable works of
knights of Columbus, particularly lnights of Columbus, particularly
their work with the deaf and the their work with the deat and the
youth.
Tekets for all you can eat are $\$ 5.00$ for adults; $\$ 2.50$ for children under 12; and children under 6 are free. Take out plates as well as sausage to
go will be available. Tickets may be go will be available. Tickets may be
purches at the door or from any purches
member.
increased the 'overall percent satisfied' rating in every category for both residence and business customers. In fact, the percentage was 100 percent
in some categories'", Adams said. "And Texas directory assistance operators were tops in the five states served by Southwestern Bell seven out of 12 months last year in
percentage of customers satisfied percentage of customers satisfied
with our DA service and courtesty. with our DA service and courtesty.
About 85 percent of the calls to directory assistance were answered within 10 seconds, "he said. Adams attributes the company's overall high service marks to the
employee body. "Our employees are employee body. "Our employees are
talented individuals with a commitment to first-rate service at all times. Their dedication, hard work and enthusiasm are reflected in the company's 1985 service accom.
ments in Texas," Adams said.

All requests should include the All requests should include the
number of copies and size video-
cassette required. Tapes are available cassette required. Tapes are available
on $1 / 2$ inch VHS, $1 /$-inch VHS U-matic, ${ }^{\text {on }} 1 / 2$-inch VHS, $1 /$-inch VHS U-matic, on $1 / 2$-inch VHS, $1 /$-inch
Beta I and Beta II/II.

## Program

An accident prevention program, and aviation safety - education seminar will be held at the First State Bank Community Room, Spearman, Texas, March 4, at 7 p.m. The Seminar is sponsored by
the First 'State Bank, Spearman in co - operation with the Lubbock Flight Standards District Office Aocident Prevention Program.
All pilots and those interested in safe aviation are invited to attend this seminar.
Join us for an evening of "On Landings' part one of the program is introduction, undershooting in the cross - country stall hard loss of directional control.
Part two, the eight factors of landing long: How to Fly a properly executed go around. gear emergencies inctudes landing icy, or snow - covered runway; landing at night; and the human element in flying.
According to Mike Schnell, First required for reservations are not required for the Sem
ments will be served.

March 2-8, 1986

You CAN help your children say no to drugs. Get the
facts - and talk with your kids.

## Aluman

Hansford county 4-H Burt Williams, teacher

EXHIBITOR:
Darla Black
Will Black Kim Boone Shawn Bratton Chris Brooks LaNeida Burnam Brandon Close Paul Groce Stephen Groce Tasha L. Haight Shane Harnish Lee Bob Harper Jeryme Hunter Rod Karlin Julie Latta Leslie Latta Tommi Latta Traci Martin Heather McRee Heidl McRee

Kyla Nelson Tammy Nollner Randie Renner Rhonda Renner Brooke Roberts Marci Roberts Clint Sasser Ginger Sasser Lance Sparks Chris Strawn Dallas Trosper Deana Turner Holly Venneman Clint Venneman Brandon White Kevin Williams Lynette Williams Trevor Williams Jay York Club total, 18 steers, 12 market lambs. 27 barrows

## We believe in the

 Future of FARMING!Spearman FFA
Gary York, teacher:
EXHIBITOR:
Keith Clark
Jan Crawford
Larry Dunn
Steve Hamilton Lance Harnish
Pat Hunter
Thomas Kevin Nelson
Tony Pacheo
Lance Swan
Kris York:
CLUB TOTAL:
1 Beef Heifer, 3 market
lambs. 8 market barrows,
1 beef scramble.
HoUns: Monday thru Friday 7:30 A.M. $-3: 00 \mathrm{P}$ M.
Alto; 4:00 to $6: 00 \mathrm{P} . \mathrm{M}$. on Thursaday

## Gruver FFA

Craig Solomon, teacher:
EXHIBITOR:
Michael Booth Loyd Cator Gregg Haight Clay Hobbs Joe Lopez Wayne Morgan Chris Morris Charlie Parrish Dale Red Gregg Reeves Trey Roberts Amy Sparks Slavin Sparks Jason Turner Brent Wagner CLUB TOTAL: Market steers 3, Beef heifers 1 , market lambs 5, market barrows 11 , beef scramble 1.

# 5 



roveHERE


HESE PRICES ARE GOOD FEB, 26 THRU - FEB. 27 THRU MAR. 2 (

UNITED TRU TENDR $\$$ Bone
RUMP
UNITED TRU TENDR RIMP some






## MYTHS ABOUT BEEF

In recent years America's "King of Meats" has been taking a beating. For reasons not understood by cattlemen, beef has become the whipping boy for food faddists, diet book authors - and even some scientists and nutritionists.

Is there a reason to be alarmed about beef?

Are we putting our lives at stake when we sit dowh to a succulent T-bone? Do we risk cancer . or heart attack when we sink our teeth into a juicy hamburger? Can a food taste that good and still be bad for you?

It seems that the MYTHS about beef have no trouble at all being picked up in print, or in
being aired on TV or radio. But what are the FACTS about beef?

To show that FACTS often are as interesting as MYTHS, the following present documented truths about beef - how it reaches your table and what it does and doesn't do to your body.

## $\square$

$\mathrm{Myth}_{\text {: }}$
Beef is high in cholesterol.
$\mathrm{F}_{\mathrm{ACT}}$ :
Three ounces of cooked lean beef contain 73 millitramss of cholesterol. By comparison, the
same amount of roast chicken contains 76 mg;
 mg ; cheddar cheese, 90 mg . Of course, the human body NFEDS cholesterol - some 1.000
millifrans a day - and he body normally will milligramsa day - and the body normally will
inanufacture the difference bet ween the ammunt consumed and the ammunt tit require The tandard three-unce serving of beef provides only atout eighte percent of the cholesterol the body needs.

## Myth:

Beef is high in calories.
$\mathbf{F}_{\mathrm{ACT}}$ :
Three ounces of lean roast beef contain 169 calories; three ounces of top loin (strip) steak
contain 195 calories. Three ounces of baked chicken, without skin, contain 174 calories while three ounces of fried chicken, with skin, contain 209 calories. Actually, beef is ideal for leaner cattle provide beef that is, on the average, ten percent lower in calories than it
was in years past.

Myth:
Beef is hard to digest.

## $\mathrm{F}_{\mathrm{ACT}}$ :

Beef is highly digestible - more digestible, in
fact, than vegetables. Beefs ingredients are 96 fact, than vegetables. Beefs singredients are 96
percent digested, and its abundant nutrients arealmost completely absorbed and used by the body


Мутн:
Fact:
To date, reported links between diet and cancer scientists convened by the American Cancer including fat or meat, could possibly account fur more than a small fraction of cancer in the U.S. In any event, the issue is fat, of all types, and not meeat per se. If a person accepts the theory that a low-fat diet will help prevent
cancer, beef should probably be in that person's diet, because modern beef is lower in fat and calories and high in protein, vitamins and minerals.

## 6

Myth:
Beef is frequently processed under unsanitary
conditions.
Fact:
The meat industry is the most regulated of all
food industries. It has been described food industries. It has been described as the
most regulated industry in the nation, withthe most regulated industry in the nation, with the
exception of the nuclear energy industry Physical inspections of meat are made in packing plants by certified inspectors from the state or the U.S. Department of Agriculture. When a violation is uncovered, it results in
substantial news coverage-because it is a rare and truly unusual event.

## 

## Myth:

Beef provides iron with the same nutritional Fact:
A three-ounce serving of beef supplies 26 persent of the recommended daily allowance of iron for an adult male. And the iron provided
by beef is "heme iron." atype by beef is "heme iron," a type that is three to than the iron found in other foods. It also ha a booster effect on iron in other foods consumed at the same time. Much of the iron in spinach, for instance, is not made available to the body fond. Beef provides iron - and also serves as a catalyst to help you get the most iron out of a cataiyst to
other foods.

## 10

Mуth
Beef cattle production uses grain that could be Fact:
The grain fed to livestock is mostly "feed" grain for which there is little or no demand as human food. Grain - either food grain or feed grain for it. The livestock industry provides that market. Actually, the grain fed to beef cattle represents only 15 percent of the total feed for
cattle represe
cattle.

## 3

Myth:
$F_{\text {act: }}$
Beef actually contains considerably less fat
than is generally assumed. Three ounces of than is generally assumed. Three ounces of
cooked lean beef contain about nine grams of cooked lean beef contain about nine grams of
fat - and less than half of that is saturated. fat - and less than half of that is saturated. comes from meat and fish. The increase in fat intake in this country has been caused primarily by an increase in use of vegetable fats. ats and oils now account for 43 percent of the fat in the food supply.


M $_{\text {Yth: }}$
should not include beef.

## $F_{\text {Act: }}$

heef and on amounts of rmitional composition of by Americans show that beef can be used regularly by almost any consumer who is concerned about diet and health. It is now known that red meat supplies calories, fat,
saturated fat and cholesterol below the limits recommended by many far scientific and health organizations. Consu who want to cut down on calories and fat and cholesterol can do so without cutting down on


MYTH:
$\mathrm{F}_{\text {Act: }}$
of cooked beef per day average of two ounces the recommended ber - considerably less than meat group. When you consider tha from the nutritional value of beef and its genuine good
taste is is taste, is it any wonder that it continues to bo
an American form an American favorite both at home and when
dining out?

This Message Brought To You By:

## PERRYTON FEEDERS, INC.

 Virl LaMunyon, Owner Lonnie Winterrowd, ManagerPerryton, Texas

## Library Board Honors Mrs. Stump



Marsha Murphy presents Frances Stump with e

The Hansford County Library Board honored Mrs. Frances stump and the Thriftshop Ladies Library Board Meeting on February 12. The supper was held upstairs at the library. Mrs. Stump is retiring as Direo-
tor of the Library's Thriftshop tor of the Library's Thriftshop
following eighteen years of velumfollowing eighteen years of volun-
tear service there. the Library Board presented Frances with a framed poem written by Mary Brock and penned by Sheryl Meek. The Board will also place a book The Book, entitled ADOBE WALLS
by Mary Brock and penned by Sheryl Meek. Congratulations Frances.

LOGY OF THE AND ARCHEDPOST* will be 1874 TRADING POST*
by Texas A\& by Texas A\&M Press. It is written by T. Lindsay Baker and Billy
Harrison. Mr. Harrison was the archeologist who directed the digs at Zulu and Adobe Wells. Mrs. Stump and her husband J. R. Stump farm in Wake, Tx. She
was the recent recipient of the was the recent recipient of the
Spearman Chamber of Commerce's Citizen Over the Years Award. The Thriftshop will continue operating under the leadership of
Mrs. Jo McLaughlin and the Mrs. Jo McLaughlin and the Thrift-
shop ladies.

## Among The Neighbors

Mr. and Mrs. Kenneth Evans
were attending the Texas Water
Conservation Convention at Gal-
vestion last week when they were
notified of the critical condition of
their son, Gary in Denver. He had
suffered an accident at his work the
previous week and was apparently
recovering when he developed a
blood clot in his lungs. Mrs. Evans
flew directly from. Galveston and
Kenneth followed in the car. The
Terrell Evans joined them and
when Gary began to recover, all
but Mrs. Evens returned home.
She is still with him.
******
Mr. and Mrs. Claude Sheets Jr.
Mr. and Mrs. Claude Sheets Jr.
timed their recent trip to California timed their recent trip to California
so they missed all the winter so they missed all the winter weather here. They took an exhibi-
dion of a farm implement to the Cion of a farm implement to the California which is in central California. They were in rain 36 hours but not in the floods farther north. En route in New Mexico they storm. They returned home by the southern route and had a most enjoyable trip. They were gone 12 days and found time to do some
sight-seeing. sightseeing.

## New Club

## for Graver

On February 18 th at $1: 30$ p.m., a a
group of women who are interested in organizing a Home Extension Club for the Gruver area, met in the La Casita
Room of Gruver State Bank. Room of Gruver State Bank.
Karen Babitzke, the Hanford Extension Agent, H.E. of Spearman presented the program and explained the structure of Home Extension Clubs. Topics discussed were about club names, meeting places, and
dates, types of programs etc. Mrs. dates, types of programs etc. Mrs
Babitzke handed out Hansford Co club books that have already been prepared for the current year and suggested that the Graver Club follow
this plan since programs have been this plan since programs have been
chosen. in being a part of this group bu were unable to attend, the election of officers was past-poned until the next
meeting. meeting.
Meeting days will be second and
fourth Mondays of fourth Mondays of each month and
the time chosen is at $1: 30 \mathrm{p} . \mathrm{m}$. with locations to be at individual homes or community meeting places. However March and a "fifth" Monday, the March and a "fifth" Monday, he
meetings in March will be on the 17th and 31st. Mary Tim Shook will serve as hostess and Gyene Spivey will give the devotional. The meeting is
scheduled to be in the La Casita scheduled
Room. express has also been some interest meet at night to accomodate the ladies who work during the day or for
mothers who have young children at mothers who have young children at
home and are "napping," making it home and are "napping," making it
inconvenient to attend meetings. It would also help solve a baby-sitting problem, for those who desire a night
time club, make your wishes dknown time club, make your wishes dknown and be prepared for
times, and locations
Refreshments were served by Gyene Spivey and Harletta Carthel to
Nancy Morris, Mary Tim Shook, Nancy Morris, Mary Tim S
Sand Foster, Rhonda Buries, Sandra Gumfory, Jo Alice Clawson,
Penny Ralston, Toni Atwook, Joy Penne Ralston, Toni Atwook, Joy
Henderson, and Karen Babitzke, Evelyn Thiele was a drop in guest Everyone is invited for the next meeting on March 17 th with the program scheduled to be given by
TEHA, the State organization, to TEHA, the State organization, to give new programs presented at
State Meeting last fall. The second March meeting on the 31st will be a program on Rag Jackets and Vests w be presented by Delinda Meloughli of Spearman.

## Deans List

SAN MARCOS -- Scott E.
Duncan of Gruver was among the SAN MARCOS -- Scott E.
Duncan of Gruver was among the
1,480 strdents whose 1985 fall 1,480 strdents whose 1985 fall
semester grades earned them pleacos on the Dean's List at Southwest Texas State University.
To qualify for the academic To qualify for the academic
honors listing honors listing, an undergraduate
student must have earned a grade student must have earned a grade
point average of at least 3.5 during point average of at ease ster while taking at least 12 semester hours of course work. Graver's address is listed as Box
635, Gruver.

```
If you get rid of envy
nice people there are
_ nice people there are
```

Mrs. Joyce Ray Hones of Carrollon visited her father, Raymond Sparks, from Saturday thru Tues-
day last week.

Mr. and Mrs. James Sparks attended the funeral of Mrs. Louis Buchner was the step-mother of Buchner was.
Mrs. Sparks.

The Holiday Ian at Clovis, New Mexico was the gathering place for
a family birthday observance for the Garland Heads over the week-
end. At Farwell, they were end. At Farwell, they were joined by Garland's mother. Their son,
Ronnie and family of Artesian Ronnie and family of Artesia
awaited them. Melinda McLaughlin and two sons together with Garland's sister and her husband who are from. Farwell completed the circle. The birthday honorees
were Ronnie and his daughter were Ronnie and his daughter
Kadi.

Adalyn Barnes entertained with a bridge-dinner Friday night to observe the birthdays of Maylynn Schubert and Elsie Mathews. Other guests were Rosalie Butt, Maudine Patterson, Darlene
Howell, Ruth Shaver and Ane Howell, Ruth Shaver and Ane
Meek.
 2829
Every day you delay your IRA costs you money!

## ARE YOUR RETIREMENT DOLLARS ENOUGH?




":":"mn

| Integrated |
| :---: |
| Resource |

## Mr. and Mrs. James Whitaker of Midland visited in the home of his mother, Helen and Rich Melton during the week-end. They had during the week-end. They had been in Amarillo to attend the 50th wedding parents.

Among those attending the Fox- Mires and Lane Looms attended,
Ferrol wedding in Memphis Friday
Ferrol wedding in Memphis Friday
night, other than the family were night, other than the family were
the Reggie Robertsons, Butch Schaeffer and Mr. and Mrs. Jet Mason.
Mr. and Mrs. John L. Brown
returned Saturday from a two
weeks fishing trip. They visited
relatives in Mount Pleasant and
of the Pines and other theake
lakes. They report excellent fishing
and suspect they have made on
addict of their granddaughter, 5
$\begin{aligned} & \text { year old Kola, who accompanied } \\ & \text { them and enjoyed exceptional }\end{aligned}$
$\begin{aligned} & \text { them and enjoyed exceptional cat- } \\ & \text { hes. }\end{aligned}$
Mr. and Mrs. Troy Sloan, Mrs.
Kif White and Mrs. Fannie Venue-
$\begin{aligned} & \text { man drove to Midland Friday to } \\ & \text { participate in the } 50 \text { th wedding }\end{aligned}$
$\begin{aligned} & \text { participate in the 50th wedding } \\ & \text { anniversary of the Willoughby }\end{aligned}$
$\begin{aligned} & \text { Sparks. Willoughby is a brother of } \\ & \text { Mrs. White }\end{aligned}$
Mrs. White and Mrs. Venneman. It
$\begin{aligned} & \text { was held in the home of their son, } \\ & \text { Don, on Saturday. Willoughby and }\end{aligned}$
the former Helen Brooder were
married at Sunday. They have two
sons, Bynum and Don who both
live at Midland. They have five
grandchildren. Mrs. Elizabeth Carr
$\begin{aligned} & \text { of Miami kept her father, Kef } \\ & \text { White, company during their }\end{aligned}$
$\begin{aligned} & \text { White, company during their ab } \\ & \text { since. }\end{aligned}$

Lee Ann Sparks, daughter of Anne and Larry Sparks of Canyon lake, Texas and a student at west
Texas University, spent the weekTexas University, spent hen weekand Mrs. James Sparks.

New residents of Pioneer Manor this week are Mrs. Blanche Stesfon
from Oklahoma and Mr. Harold Kelly of Morse, Texas.

Two young men represent the
United Methodist Church at a
Young Peoples Spiritual Retreat at
Ceto Canyon last week-end. Allen
Mires and Lane Looms attended,
honor. The meriumba is an instrumont still in use that is part of the
original Mayan culture original Mayan culture.
The children of the Sheets had arranged these surprises. The then to Mission. The Sheets agreed that it was a most memorable
observance, tho they did miss observance, tho they did miss
sharing their anniversary with retesharing their annie.
fives end friends.
I ives and friends.
I and Daniel were married on
and February 8,1936 in Amarillo. They have two sons-J erry of Texas City, Texas, is married to the former Carol Ann Lovett and have two children. Perry, whose wife is the
former Sharon Novalk, lives in Sen Antonio and has three children.

| Mr. and Mrs. Daniel sheets | BIBLE |
| :--- | :--- |
| VERSE |  |
| observed their 50 th wedding anni- |  |
| versary in a most unusual and |  |
| interestion manner. |  | They have been wintering in

Mission, Texas and took a bus tour to commemorate their fifty years together. The tour took them down the East coast of Mexico and lasted 13 days. The Yucatan Peninsula is
rich in interest, and among the rich in interest, and among the
places they visited was Merida, a center of archaeological ruins with pyramids and temples of the Mayart cultures. Out in the jungle near
Palenques, an inland town, the tour Palenques, an inland town, the tour
group was to have dinner in a group was to have dinner in a
bamboo restaurant. Jean and Daniel, much to their delight and surprise, found a card shower from relatives inside. To add to their surprise a band of meriumbba musicians arrived, and there fol-
lowed music and dancing in their

\section*{| BIBLE |
| :--- |
| VERSE |}

Except a man be born of water and of the Spirit, he cannot enter 1. Who made the above statemint?
2. To whom was it made? 3. What was this man's standing in the community?
4. Where may this found?


## Rifle is on display at Museum

The beautiful Sesquicentennial Commemorative Rifle/Carbine is still on display at the Museum, 30
South Townsend Street. If you have not seen it, stop by.
It is a $38-55$ caliber gun. the barrel is 24 inches round and tapered with a full length magazine. It is decorated with the ture that will never be repeated. You have a chance to win this unique Rifle/Carbine by purchas ing donation tickets selling for

## aCtIve warraints

ACTIVE WARRANTS
ANTALECK, TERRY LYNN \$214.92, \$127.34
BEARD, WANDA - \#2827 - Theft By Check - $\$ 130.92$

CRITES, IRENE - \#3029 - Theft By Check - \$146.64
obtain these tickets you may con tact any member of the Museum Board. By all means, stop by the Stationmaster's House Museun
and view the rifle and all the othe displays. It will be worth your time. Since it is a limited production, the gun will increase in value and wil
be treasured for years be treasured for years to come. The Museum still needs a Chuc Wagon Box--the kind used on
wagon trails. Look in your barn o some old building. Maybe there is one there that is just waiting to be used asain MEISINGER, LYNN EUGENE \#2442 - DWI- Probation Violation LONG, JON DARRYL - " 2373 DWI - Probation Violation
MILLS, CHARLES - \#2877 - De ceptive Trade

MILLOY, JOE MARK - \#2940 OCHOA, EDMUNDO, F. - \#11863 DWI - Bond J umping
PARKS, ROGER - \#11695 - Theft By Check - \$20.94
PRESLEY, PAT - \#3023 - Theft By
Check - $\$ 207.00$
WARREN, DAVID - \#2694 - Theft By Check - $\$ 85.33$

WINGFIRLD, LANA - \#2986, 2987 2983 - Theft By Check - $\$ 188.00$ $\$ 247.85$

WILLIAMSON, KIM - \#2881 Failure to Appear

## Two from Gruver Named

PLAINVIEW (special) -- Two Wayland Baptist University students from Gruver were named
recipients of major awards during the University's Annual Recognition Chapel here Wednesday (Feb. 12).
 Recipient of the Accounting
Award from the Division of Business was Cindy Ann Virden, while Werren dean MoClenagan was nemed to the Agribusiness Away and Sciences.

Division awards are presented each year during Recognition Day
and honor the university's mos outstanding student in each area of study.
Miss Virden is a 1983 graduate of Gruver High School and is a junior Gruver High in accoounting at Wavmajoring in acoouning a land . She is the daughter of Mr . and Mrs. Jerry Virden of Gruver.

MoClenagan is a 1982 Gruver High School graduate and is a senior majoring in composite scienc. He is the son of Mr. and Chase.

A total of 59 Wayland students were honored for outstanding academic achievement and campus leadership during Wednesday's ao tivities.

## We'll Give You a Financial Home of Your Own



Are You Ready To Own a New Home?
Whether you're buying your very first home - or trading up to a larger nicer home - you have lots of choices to make. Location is importan, so is the size of home, and of course, you have to consider the price. Right now, there are many homes to choose from, or you can build to your own specifications.

## How Will You Finance Your Home?

Choosing your financing is almost as important as picking the right house. First National Bank makes real estate mortgage loans, right along with personal loans and commercial loans. We make loans on new and older homes. You are Invited to talk with Roy Lynn Stollings, head of our Real Estate Department, before you decide to buy or to build.
We'll discuss important aspects of financing, like the application process, the size of loan, interest rates, and loan closing costs. It's all part of making the largest financial decision of your IIfe.
We're anxious to help with your financing. You'll feel you've got more than a home loan. First National Bank will be your Financial Home.



Cecyle Jo Marrow of Route 2 , Levelland, and Durward Cator of
Gruver have been nominated by Gruver have been nominated by
Collegiate 4 H as 1988 Homecoming King and Queen candidatess at
South Plaind College. The winners South Plains College. The winners were to be announced Monday
night (Feb. 17) at SPG's homecom-

## To God A Note of Thanks

## by Alma Greever

Friends in Ise. 61 and a portion of verse 2 we read a prophery
concorning I esus Christ who said he came not to destroy but to fulfill the things reoorded in the psalms
law and prophets concorning him. This we read, to prodlaim the acooptable year of the Lord and the day of vengeance of our God. Knowing the meaning of this
scripture surely brings grief and scripture surely brings grief and
sorrow but we must warn the lost lest their blood be required at our hand. Because of Adams trangressions all are made sinnerss, born in sin, lost and undone and without hope in God in this world and Jesus
Gods only begottin Son was given that the world be saved and made rightoous with a hope of eternal life, and everyday of every year
ifnoe it has been acoceptable with sinco it has been accoptable with
God that we acoept this wonderful offering so freely given: and how grievous it is sol lighty thought of. Now let us meditate for awhile on what would take placo in Spearman
today should we hear someone was today should we hear someone was
lost, the whole community would lost, the whole community would
be stirred eand doing something about it. By different means seeking until the lost one be found and friends seemingly when we speak
of one etemally lost so much less of one eternally lost so much less
conoemm. is the aocopted time behold now is the day of selvation. In Rev. 3:20 behold I stand at the door (heart
door) and knock if any man hear my door) and knock if any man hear my
voice and open the door I will come in to him and will weep with him and he with me. This speaking to the Laodicean church age and from the description given we are living at that time whre they feel thyy are making it seem more needful we make haste to acoept this great salvation in this mortal body we are
ing doubleheader against NMJC. Marrow, 19 , is the daughter of Mr agriculture mion Marrow and an son of Mr. and Mrs. D.A. Cator son of an agriculture economics
and
majer.
told we have no promise of a tomorrow. Our breath comes from
God and he alone knows the bounds of our habitation:so to be wise we should hear the words of aumber ourdoe:12. So teach us to aumber our days that we may apply 39:4 Lord make me to know mine and and the measure of my days whatit is that I may know how frail In I ames 4:14 we are asked a
question. What is your life? question. What is your life? Answer it is even a vapour that
appeareth for a little time then appeareth for a little time then
vanisheth away. Ever the word says " Come" and the Spirit and the Bride say Come. In Pro. 39:4 that says Lord make me to know mine end, in other words what will
be my end will it be life or death? It be my end will it be life or death? It death if we do not have life through Christ. Now let us meditake for awhile should there be a very Distructive firir here in Spearman
withlives lost or bumed to death to with lives it most or burned to death to tor make unity would be bereaved. We are warned and warred the wages of sin in death and this in a lake of fire and God is not willing anyone perish but have everlasting life.
How I rejoioe Gods dear children who have made the preparation to escape such will not have to look upon that soone. that will be the day of Gods vengeance with the
sentence of death there will be no way to escape so now is the time to enter mercys gate.
"Reapers are working the night is coming soon. My dear sinner friend how awful your doom if not
gathered in in from a world filled with gathered in inmem a world filled with
sin. The harvest soon ends your sins to him bring. Oh God how we thank you that you have made way for escape.'

## Flu victims in hospital here!

[^0]zar, and son, Allen Pierco, Mike Watts, Reul Cantu, Bernioe Goodrich, and Martha Sloan. Dismis sals: Ruth Garrard, Christina Babitske, Remon Mendoza, Allen Van
non, George Collard, Londee Brad ley, Manuela Nunez, and Kim Rex

## Library News

## MORNING STAR

 by Kerry Newcomb Set against the vastness ofMontan's Big Sky country in the years after the Civil War, against the epic tragedy of the Cheyenne (The People of the Morning Star), here is the story of J oel Ryan and two courageous, beautiful a
different women he loved. Desperate to put the ravages of
the Civil War behind him, Joel Ryan travels west. But he soon finds that the solitude he so desperately craves if not to be his.
Early in his journey he rescues a Early in his journey he rescues a
beautiful Cheyenne princess, Mourning Dove, from Henri Laroque, a renegade Canadian who had intended to sell her to an enemy tribe. Even as J oel frees her, she
frees his heart from the sorrow that frees his heart from the sorrow that
has darkened it - with a love so strong it will cause them to defy her strong it will cause them to defy her
people. Banished from the Chey-
enne tribe, they make their home enne tribe, they make their home on the vast plains and have a son.
But their happiness is shattered But their happiness is shattered
when Larooque comes again to
take his revenge on Joel, killing Mourning Dove. J oel's tragic loss nearly destroys him and fills him with a need for vengeance so great
it will shape his life forever. He it will shape his life forever. He
sends his on back to the Cheyenne sends his on back to the Cheyenne
until he can find his wife's murder er and, years, later, returns defeated. He reclaims his son, now a young brave, but feeling unequal to the task of raising him alone, sends he gets is Sarah Joy MoClinton and her two children, running from the man whose greed killed her husband. Each hopes that the match
will result in at least mutual nespect will rasult in at least mutual respect
and friendship. But Sarah does not know that Joel Ryan will conquer her heart so completely that she would give her life for him...or willingly lose it for him Pulsing with the power and is an enthralling love story filled with the history, lore and lengend of a vanished world.
"Check it outl"
GRUVER CITY LIBRARY GRUVR CITYLIBR
2:00-6:00 p.m
Monday through Friday会多

## WHO KNOWS

1. What are the first five
books of the Bible called? 2. What is another
name for these books?
2. No name for these books?
3. Name these five 3. Nam
books.
4. Nam books. Name the Pelican
5. Sate. 5. Salem is the capital of

## which state?

## Cowboy Chapter FCA <br> Spearman, Texas



March 1, 1986
Home
Demonstration
Building
7:30 p.m

Everyone Welcome

## Speaker Glen Smith

Special Music

Glen Smith, president of Interna- farming and livestock industry Cional Western World Outreach although occassionally in churches
Conter, Inc. (aka Rodeo Cowboy throught the country.

Ministries), is an ex-rodeo profers | Ministries), , (san an ex-rodeo profes- An international evangelistic mi- |
| :--- |
| Aistry. Western World Outreach | sional and rancher.

Ministering the Gospel with a nistry, Western World Cuiter has pionerred many cowboy
western flavor, Glonn was called of church services and campmeetGod and ordained to full time ings, including those at the Nationministry in the early nineteen al Finals Rodeo and the World Cup
Reventes. Preeching and teaching the un- many people have found Jesus compromised Word of God, Glemn Christ as their Lord and Savior and ministers primarily to those in the leamed to live by His Word.
propag anda that our corrupt Washington news services are feeding us is this: "In their opinion, a
balanced-budget constitutional convention offers the strong medicine our economy needs." Their opinion is ignorance. Eventhough our Nation is now $\$ 2$ trillion in the
red and we tried to pay off the $\$ 2$ red and we tried to pay off the $\$ 2$
trillon debt at that rate ( $\$ 100$ per second, 12 hours per day; 7 days per week equals $11 / 2$ billion dollars per yeerr), you couldn't even keep up the interest. I believe the
Gramn-Rudman bill was a farce for Gramn-Rudman bill was a farce for
balancing the budget and Ronald played our Texas Senator for a sucker. The best description for the national political news is the four
letter word "LIE". Although letter word "LIER". Although
defeat may be inevitable for our constitution, because the founding Director of that most powerful

Trilateral Commission, Zbigniew
Brezezinski, predicted in his book, Brezezinski, predicted in his book,
"Between Two Ages" that 1989 would be the year for the final and complete destruction of the U.S. Constitution. This Trilateral Commission will be assisted by Jimmy Carter's "Alien Amnesty Plan er Program", and the American Civil Liberties Union plans to give voting rights to Aliens. Therefore if the convention fails the voting
Aliens will defeat the true American voters. "AMERICANS" wake up! We are being led into a peaceful satanic delusion that is designed to pacify and disarm we citizen's into our own enslavement.

Paul T. Buchanan, Sr.

## Sesquicentennial


#### Abstract

March 5th-Hansford History Days' Spearman Reporters and other County news papers describing our anntes History will be on display Wednesday March 5th between 11 a.m. and 3 p.m.

Then on the Sesquicentennial Weekend: April 30th- A tour of Southern Hansford County will include Old Hansfor, Zulu, Joe Lee Lackeys' Grandfathers' original homestead, Adobe Walls ETC. Monday night April Monday night April 21st, 1986 7p.m. Spearman High School Aud- itorium, Jenie and Rubyio are


doing it again, they are going to have Act II.
Foiks, are you ready, Janie is trying to round up the band, dancers etc. looks like we will have to charge one doller for adults 12 and under fifty oents for all
children and babies. This will be like the program they had in Gruver only a little different here and there.And, Listen to This: Laura Mackie and her crew of supper in the High School Cafe teria, before the porgram. Golly! That chili, crackers, ice tea, and pecan pie sounds good.

## NATIONAL PTA DRLIG 8 ALCOHOL AWARENESS WEEK <br> Prevention: A Positive Approach <br> PARENTS...Your young children may be making tough decisions about whether or not to use drugs today. Right now. You CAN do something to help your children say no to drugs. Leam all you can about alcohol and drug use, then talk to your children.

Make sure your children have a healthy tomorrow by taking a positive approach today.

Participate in National PTA Drug and Alcohol Awareness Week,

March 2-8, 1986



[^0]:    Hospital officials stated that it
    was a case of flu for most of the was a case of flu for most of the pathe hoepital had one of its busiest weeks of the year. Patients in the hospital included; Pauline Johnson, Louene Hutchi-

