## 

# Founder's Day Ranch Rodeo Competition features local ranches, cowboys and cowgirls 

This year's Founder's Day Ranch Rodeo Competition Saurday, October 17 Che Posist Sampedie Rodeo Grounds.
Compering in the popular Founder's Day event will be Beggs Ranch Chapman Ranch, Chimney CreekkSanderson Ranch, Dalby Catule Co... Double
URanch, Humble Farms and Catle Co., Macy Ranch and the Stoker/ Kirkpatrick Ranch.
The top two Gara County ranch teams will then compete against six of the
most outstanding ranch teams from this area Sunday aftemnoon, October 18 most outstanding ranch teams from this area Sunday afternoon, October 18 ai2
p.m.
The area ranch teams invited to compete Sunday include the 6666 Ranch of Guthrie, Flowers Ranch of Aspermont, Guitar Ranch of Abilene, Moorhouse Ranch of Benjamin, Powell Ranch of Midland and the Tongue River/Spur Ranch Rodeo Comp events are more likeregular working ranch activities. Events in the Post Founder's Day Ranch Competition include team penning,
eam branding, pasture roping, double mugging and the ever-popular "Sugar Booger Back-Up."
Buckles, provided by Post Cereals, Kraft General Foods will be presented to
the overall winners and a new award will be presented this year to the "top he overall winners and a new award will be presented this year to the "to
horse." Dr Larry Mills and Mark Kirkpatrick are co-chairmen of this event and they
are available to answer questions about the ranch rodeo, "if you can catch
them," Main Street manager Barbara Hardine emphasizes. Includded in the Founder's Day Ranch Rodeo Competition will be a dance
Saturday night featuring Jody Nix and the Texas Cowboys, who will provid Saturday night featuring ody Nix and the Texas Cowboys, who will provide p.m. untill 1 a.m. Admission for the ranch rodeo each day is $\$ 3.50$ for adults and . 0 for children 10 years and younger. Danceter
"Black Tie \& Boots Dinner and Dance" "tickets, raffle tickets for the 12 gauge
shotgun and Founder's Day caps are available at the First National Bank, shotgun and Founder's Day caps are available at the First National Bank, Founder's Day caps are available in three colors this year: teal, pink and hunter green, and these may also be purchased at Danish Imports.
The Duward Campbell 1992 "Counting the Votes" commemorative prints, as well as prints from 1990 and 1991, if you missed them, are available at the
Frame Shoppe,Chamberof Commerce and Main Street offices.
Emergency farm loan applications being accepted by FmHA
 Tanoka, FmHA County Supervisor, Curtis Barlow said today
Lynn and Garra Counties are two of 24 in Texas recenily named by Secrelary of Agriculture Edward Madigan as eligible for loans to cover 3.
parat of atcual production losses resulting from the excessive rain and hail.
Marlow said farmers may be ligible for loans of up to 80 percent
 privale commercial lenders, the interess is is 4.5 percent.
As a a general rule, a farmer mest
and loss of prod
Barlow said.
Farmers
Farrens participating in the ASCS Disaster program or Federal Crop
Insurance program will have to figure in proceeds from those progan in Insurance program
determining their los
"Applications for loans under tuis emergency designation will be ac-
ceppec unil May 10,1993 , but farmers should apply as soon as possible.



FmHA is a credit agency of the U.S. Department of Agriculure. It is
athorized to provide disasiser emergency loans to recoggnized farmers who ork at and rely on farming for a subsstantial part of their living. Eligibibily is extended to individual farmers who are U.S. citizens and
to farming partuerships, copporations or cooperatives in which U.S. The FmH a majority interest. housf frialy.
Property owners urged to spruce up and clean up for Founder's Day
by Wes Burnett
Many visitiors as well as home folks will be in Post for our Founder's Day
elebration and woefully, the weeds have really multiplied, as well as trash along her eradsides.
Iffevers business. and propery owner on Hwy 380 and Hwy 84 as well as Eas
and West Main Sseet will mow, trim and groom heir grounds, hen my, wont Postcity huily sparkele? Let's be "Posi Proud



numarvanr cuhserintion

## News Briefs

Post 4-H Club meets Monday
Members of the Post $4-\mathrm{HClub}$ are reminded of the $6: 30$ p.m. meeting, 'Future-Rama' set for October 13 High school seniors enrolled in special education are invited to particitical in "Fuure-Rama: A Carecr Day for High School Seniors in
Special Education", The event will be held from 9 a.m. to $2: 45 \mathrm{p} . \mathrm{m}$. Spesday, Ocober 13 at the Region 17 Educational Service Center in
Then
 special education and their parents. For more information call $1993-4872$.
Parents are welcomed and appreciacd toatend the event.

American Legion meets Thursday The American Legion will meec Thursday, October 8 at the VFW Hall

CECD child care announces openings The South Plains Community Action Association has announced that there are a few openings available for hidren in he new Post CECD
child care center. The center located 212 S . Avenue E is por child care center. The center, IOCaled a 212 S . Avenue E , is parar of a new
child care program offered for children between the ages of thre and five years old. The center is open from 7 a.m. to 6 p.m. and applications may be obained from staft members. VFW set 'fish fry' Saturday The VFWPosit6797 will holda fish fry" Saturday from 5 p.m. 107 7:30 p.m. The event features "all you can eat" at $\$ 5$ for adults and $\$ 2.50$ for

Health Fair today at Community Center The Gara County Healh Fair will be held today (Wednesday) from
10 a.m. to 6 p.m. Citizens are encouraged to visit the fair to take advantage of health screenings and educational information. The fair is
sponsored by the Garra County Extension Home Economics Commitee. Community Center director sought
 for the parr-ume position of community center dircector.Applicaions for
the position may be obbained at city hall, he community center or a t the county reasurer's office in the courthouse. Deadline for applications is

Funds needed for drug awareness The Garza County Sheriff's Department will offer a drug and alcohol awareness program in cooperaiuon with the Post and Southand asd.
Sheriff Kenny Ralke announced that several hundred dollars has been donated to purchase educational materials but needs additional funding 10 implement the program. The lieratare is from the National Child Sately Council, anon-profitiorganization. Donations sor the program are
being accepped at the Sheriff's Deparmen. Checks should be made to the National Child Safery Council.
Adult GED classes begin Free classes for adult G.E.D. education begins October 26 at the Middle School learning centier. T. Those interested in in atending the G.E.D. classes should plan to arrive by 7 p.m.enter the east door at the Middle
School. There isnocharge forthe service

Computer assisted GED instruction A computer assisted GED and literacy instruction is being offered
Monday and Wednesday from $7: 30$ o $09: 30$ p.m. at Post tigh School. The compuier aided instruction is available

PHS Class of '67 seeks classmates The Post High School class of 1967 is seeking the location of
classmates in planning for the Oclober 30class reunion athehomecoming classmatl
football game. Anyone who can help locate the following people should call Sue C ash a t 495-3635: Carolyn Breedlove, George Villareal, Jane

Senior citizens offered free admissions The Post ISD is extending complimentary general admission passes
to all senior citizens of the school district. Those interested in akking advantage of the complimentary admissions to school functions should visit the superintendent's office. Seniors will be requested to present
itentifalithen

Xi Delta Rho offers caserole sale
Members of Xi Dela RaRh are laking orders for "King Ranch Caseroles"
" until November 10 . The caseroles will serve nine to 10 people and are
selling for $\$ 10$. For more information call Gina Palmer at $495-3742$ or Vickie Gray at 495 -3420.
Commodities distribution The commodities distribution will be held on Tuesday, September 15 at the Servicr Center $0: 30-12$ and from 1-3:30 m . The distribenion is held on the third Tuessday of each month.

4-H Achievement Banquet October 10 The Gara County 4-HAchievement Banquet will be held October 10
at 7 p.m. in the Post Community Center All 4 -H families are urged to

## Football Contest offers

 \$175 in total prizes
## The Post Dispactch popular Football Contest which features weekly prizes toally yas much assi75, kick of t today and continues through November 18

 totally as much as S175, kick soff today and continues shrough November 18 .First place prize for picking the mos winners will be 44 , followed by $\$ 25$ for second place andsiof or third dlace. "Post City Bucks" redeemable at any of the The prizes will be awarded in "Post City Bucks" redeemable ar any of the participating sponsors.
There will also be a
1100 "Post City Bucks" bonus for anyone correclly picking all games, fora total prize offering of S175.
The foobtall contest entry form will be printed in The Post Dispach on Wednesdays. Deadiline for submititing entry forms will be no later than S...m. o
 contestisopen to anyone 12 years oldo or older.
Completed entry forms, using only the official entry form published in The
 sponsors for that week. Individual games will be listed in each sponsor's ad on the contest page.
The names of
The names of winners will be announced in the next edition, where winners
villbe informed ast which sponsor vovisit to claim their"'Post City Bucks." The "Postcity Bucks" cenitificates, issued in Sssdenominations, are redecmable
at any of the football contests sponsors.
Boxes for entry forms will be moved osix differentsponsors every week. Businesses participating this year are Hudman
Chaparal Restaurant First National Bank s. Rafe Foreman McWhorner


Jane Redman takes first place in contest Jane Redman, missing four games, won first place in ihe Dispach Football
Contest this week by edging out the second and third place winners on the tiebreaker.
Redman picked Oregon to win $20-17$, all others missing four games chose
ASU o win



Ethel Francis Howard
Winfred Ray (Pete) Cristin
Funeral services were Funeral services were held Funeral services were held this
Thursday, Ocvober 1, 1992 for week in Kermit for Winfred Ray
Ethel Erancis Howard, who died Thursday, October 1, 1992 for week in Kermit for Winfred Ray
Ethel Francis Howard, who died (Pete) Crispin, formerly of Post,
Sunday, September 27, 1992 in Tri- who died October 1, 1992 in City Hospital, Vista, Calif.
following an illness. Services were held at the First
Baptist Church, with Rev. Kenneth Baptist Church, with Rev. Kenneth
Winchester, Pastor of the Pleasant Valley Baptist Church, officiating. Valley Baptist Church, officiating.
Burial was held $\begin{aligned} & \text { Kermit Cemetery, under the of Hubard-Kelly Funeral }\end{aligned}$ $\begin{array}{ll}\text { Berial was held at Terrace } & \begin{array}{c}\text { Home of Odessa. } \\ \text { He was born Jan. 15, } \\ \text { Cemetery under the direction of }\end{array} \text { Hutchinson, Kansas. He married }\end{array}$ Justice-Mason Funeral Home. Ellen Modena Bankston March 23,
Califormia arrangements were by California arrangements were by 1972 in Lovington, N.M.
Allen Brothers Mortuary.
Mrs Howard was bom May 12, Walter and Martha Cornelia Jarrell
She came to Garza County in
1925 with her family and attended 1shool at Graham and Post.
schended She married Albert F. Howard
March 28, 1940 in Post. They moved to California in 1975, where she worked as a seamstress. She
remained in Califormia and Albert
now resides in now resides in Brownwood.
She was a Baptist and a homemaker.
Survivors include daughters Francis Marie Taylor of San Dimas,
Calif:; Laura Lea Oechsle of Vista Calif., Joyce Elizabeth Schenk of
Altus, OK. Brothers of Post Cecil Lee, twin
brother Elton Lee, Charlie Lee and Lloyd Lee;
Sister Laura Mae Vaughn of Post; five grandchildren, Jimmy,
Rodney, Adrienne, Michael and Rodney, Adrienne, one great
Ashley; and
granddaughter

$4 \longdiv { \begin{array} { c } { \text { Church } } \\ { \text { Directory } } \end{array} }$

First Presbyterian Church
W. 10th St and Ave. S

Union Sunday Schoo
with First Christian
Church 10 a.m. Bible Study 10 a.m.
Moring Worship 11
First United Methodist Church Sunday School $9: 45$ a.m.
To add your church to thi............................. directory, call $495-2816$ before
Monday at 5 p.m.

Dr Lewis Moore OPTOMETRIST Announcing New Office Hours: 9:30 a.m. to 5 p.m.
206 West Main
$495-3687$
COMPLETE VISUAL
CARE
Entered at U.S. Post Offic
Post, Texas for transmissio Post, Texas for transmission
through the mails as Second Class matter, according to an Act of Congress, March 3, 1879


## Gentral

BAIL BONDS
We're Here Need Us!
 495-3830
101 W. Main TEXAS LOTTERY TICKETS!
Professional Bail Bondsmen Money Gram

- Money Orders Money Orders
Notary Service
G.E.D./Adult education classes
 General Educational Development)
diploma which marks its 50 th
anniversary this year, will start in
Post soon. Post soon.
Those who are eligible are high Those who are eligible are high
school drop outs (age 17 or older)
and older people who were forced
by circumstances to by circumstances to cut short their


The test is made up of five parts-
social studies, math, science
interpreting literature, social studies, math, science,
interpreting literature and the arts
and writing, which and writing, which can be taken one
at a time or all at once.

Health, Medicare, Life,
Mutual Funds Mutual Funds
Annuities. Call Harold Craig 495-2995

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\author{

* Anto * Fire * Farm Liability
} Travelers Health Insurance


If you're not happy with your current interest rate - call us for 7.25\%
Phone 998-4320 or 998-4591 TGREEN, LUTCF, Agency Manage
Danny Preston - G.G. Fillingim

THE SALE WITH THE RANCHER IN MIND double U hereford ranch Droduction Sale WEDNESDAY, ОСTOBER 14, 1992

Time: Lunch - 11:30 a.m. Sale-12:30 p.m. SALE AT THE POST RANCH HEST 13TH STREET


Selling $\quad 53$ Registered 2 Yr. Old Hereford Bulls 100 Pregnant Hereford 3 Yr. Old Heifers (Pens of 5)

## DOUBLE U HEREFORD RANCH

TOM COPELAND KENNETH MARTS
 puact

Did You Know You Are Paying 20\% Less For Electricity Than You Did Nine Years Ago?
(WHAT) siticis
(94\% of our customers didn't.)


How much more will you miss before you do somellining about leariing problem?



Senior CItizens Center
Wednesday, Oct. 14 from 10 a.m. to 12 noon Phone:
for information

Bellone of Lubbock 1 (800) 222-4410

## NATONAL $4 H$ WEEK

|  | Secret Bilbo |  |
| :---: | :---: | :---: |
| 1991-92 4-H Council Officers: Labeth Jones, president, | Richard Cade | Chris Dawson |
| Labelternate District Council | Abby Flanigan | Jamie Dawson |
| delegate | Doug Flanigan | Joshua Fumagalli |
| Amanda Richardson, 1st vise | Maggie Flanigan | Arimy Gradine |
| Willie Mesa, 2nd vice president | Nacholas Flanigan | Vondi Gradin |
| Stephanie Palmer, secretary | Tamra Gerner | Joshua Grisham |
| Sid Estep, reporter | Tasha Gillbert | Kasey Hardin |
| Doug Flanigan, District Council delegate | Troy Gilbert | ${ }_{\text {Kelci Hart }}^{\text {Kevin Hart }}$ |
| Michael McClellan, District | Lorrye Ledbetter | Lacey Hodges |
| Council delegate | Matthew Ledbetter | Monty Humble |
| Shawn Pennell, alternate | Marcus Lopez | Tandi Humble |
| District Council delegate | Michael McClellan | Clay Johnson |
| Seth Pennell, club representative | Pete McEIroy | Clint Johnson |
| Callie Johnson, club | Deepee Medilin | Jennifer Josey |
| Cepresentative | David Norman | Amy Mason |
| representative | Carly Rudd |  |
| Carly Rudd, club representative | Barrett Scrivne | Chase Miller |
| Salli Bush, club representative | De'Lynn Wood | Justin Norman |
| Danny Bilbo, club | Graham 4-H Adult Leaders | Nikki Norman |
| Nikki Pollard, club | Pat Cruse | Camie Payne |
| representative | Nancy Flanigan | Seth Pennell |
| eather Mason, club representative | $\xrightarrow{\text { Vee Gordon }}$ Diane Graves | Shanna Pennell |
| Monte Humble, club | Bruce and Debble Ledbetter | Natalie Pollard |
| representative | Robert and Janie Lopez | Nikki Pollard |
| John Barbosa, club | Sue Maxey | Amanda Richards |
| representative | Dennis and Nancy McDonald | Erica Schooler |
| representative | Nohn Ramsey l Orabeth White | Monica Schoole |
| Homer Gomez club | Lucky Clover 4-H Club Members | Emily Smith |
| representative Lorrye Ledbetter, club | K'Leigh Babb | Sterling Smith |
| representative | Ryan Babb | J.C. Stelzer |
| 1991-92 4-H Club Membership | Joel Clary Kelli Collier | Rebeccas Stelzer |
| Graham 4-H Members | Aaron Coope | Christopher Troxtell |
| Danny Bilibo | Amber Cooper | Shayla Wallace |


GRAHAM 4-H - (back row, left to right) Nicholas Flanigan, Carly Rudd, Lorrye Ledbetter, Doug Flanigan, Maggie
Flanigan, leader Debbie Leddetter, (ront row) LaRinda Ledbetter, Matthew Ledbetter, Matthew Ramsey and Abby


LOS AMIGOS 4-H - (back row, left tor right) Leader Mary Lynn Bell, Melisa Gutierrez, Rachel deLaRosa, Amber Garcla,
Erica Gomez, Flora Gomez, Andrea Rodriguez, (front row) Roland Castenada, Rocky Gomez, Olga Torres, Adrian Gonzales, Raymond Jefferson, Eugene Bell, Tyrone Jefferson and Mrs Nora Ratke.


 GRAND OPENING CEREMONIES were held Monday morning at Missy's Manufacturing, located at 125 W. 8th St.
Joining in the ribbon cutting event were (left to right) owner David Brown, foor supervisor Beverly Brazee, Martha
Brown's sister Sonya Sherrod of Lubbock, her parents Mary and James Burnett of Levelland, partner Steve Claus,

several popular books about Texa will be in Post October 17 from 10 a.m. to 5 p.m. at Handy Hardware and
Giftstoautograph copies of his books,
which will be on sale here.
A fifth generation Texan, Charito A fifth generation Texan, Chariton
was born in Forth Worth and moved was born in Forth Worth and moved
with his family to San Antonio when he was 10 years old.
Following graduation from
MacArthur High School, he attended MacArthur High School, he auende Texas Tech University, graduating in college he lived in Plano and worked
with The Southland Corporation and with The Southland Corporation and
DrPepper.
Fiercely proud his Fiercely proud of hisTexas heritage,
Chariton dreamed of one day pursing Chariton dreamed of one day pursing a carecer in wriung about his belove
state. The opportunity came in 1988 shen Wordware Publishing Inc. of
when
Plano purchased Plano purchased the rights to six of
his books and took options on all his books and took options on all
additional booksabout Texas hemight write.
Chariton's first book was an entertaining Texas Dictionary entitle instant success and has beecame a bes selling regional book ever since.
Other of his books include "Texa Wit and Wisdom," "Exploring the AlamoLegends, 100 Days in Texas," "Forget the Alamo," "That Cat Won'
Flush," "Unsolved Texas Mysteries," "The Great Texas Airship Mystery,"
"Rainy Days in Texas Funbook," and Texas Highway Humor,"
He and his wife, Judy, Iive in Plano


## The daughters of <br> The daughters of IVEZ RITCHIE request the pleasure of your company at Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afterno First National Bank Community Ro Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCHIE request the pleasure of your company at an Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afternoon First National Bank Community Room Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCHIE request the pleasure of your company at Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afterno First National Bank Community Ro Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCSHIE request the pleasure of your company at antion Birthday Reception Eigfieth Ber Saturday the Seventeenth of October two until four o'clock in the afternoon First National Bank Community Room Post, Texas Dour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCHHIE request the pleasure of your company at Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afternoon First National Bank Community Room Post, Texas Vour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of INEZ RITCSHIE request the pleasure of your company at a Eightieth Birtfday Reception Saturday the Seventeenth of October two until four o'clock in the afternoon First National Bank Community Room Post, Texas Vour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCHIE request the pleasure of your company at Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afterno First National Bank Community Ro Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of INEZ RITCHLIE Eequest the pleasure of your company at an Eightieth Birtfday Reception Saturday the Seventeenth of October two until four o'clock in the afternoon First National Bank Community Room Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCHIE request the pleasure of your company at Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afterno First National Bank Community Ro Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret <br> The daughters of IVEZ RITCHIE request the pleasure of your company at Eigfitieth Birthday Reception Saturday the Seventeenth of October two until four o'clock in the afterno First National Bank Community Ro Post, Texas Sour presence or a personal note is the only gift requested Doris, Lois, Norma, Margaret

 Kerry Thuett and Alan Finney
Kristi Gainer and Chuck Morris Rachel Wilson and Lex Durris
Handy Hardware or Handy Gifts

Amity Study Club held first meeting of 92-93 year 1竍 Miller helped ith the hostess duties.
President presented ex-President Ginger
Carlisle with a charm in appreciation for her outharm in
serving for the $91-92$ years. The program was for given by the
The The program was given by the
year book committee and new year books were handed out to the
following members: Sandre ollowing members: $\begin{gathered}\text { Sandra } \\ \text { Alexander, Barbara Babb, Louella }\end{gathered}$ Alexander, Barbara Babb, Louella
Bilberry, Margaret Bull, Ginger
Carlise, Jane Biberry, Margaret Bubl, Ginger
Carlisle, Jane Davis, Joy Dickson, Iva Hudman, Suzanne Husman,
Janey Middleton, Helen Miller, Boo Olson, Edna Owen, Joy Pool, Sue Shytuse, Joyce Strubbart, Thelma
Clark and Carolyn Sawyers. The Title of the new year book is
"Flash Back" to give briefly the happenings of the beginning of our
lives from the time of our birth and lives from the time of our birth and What better way of doing this than to bring to the club in program
form the way things were in reard form the way things were in regard
to adverrising, sports, politics, education, fashions, world politics, events ,
music, enter music, entertainment, medicine,
transportation and other changes. transportation and other changes.
We are looking forward to an interesting year wihw our next
meeting, October 13 in the home of meeting, Octobe
Joyce Strubhart


Happiness Is...
$\begin{array}{lll}128 \text { E. Main } & \text { 9:30-5:30 } & 9: 30-5: 00 \\ & \text { Mon-- Fri. } & \text { Saturday }\end{array}$
DAN SH
MPDRTS
GIIS $\&$ COUECTBIES
Goodies for
The Founder's Day Celebration!
For the Home -
Decorated Pumpkins and Fall Wreath Mums, Corn and Kale

For You -
Silver Western Jewelry, Button Covers, Vest,
Decorated Shirts, Jackets
Order your tuxedos for
the "Black Tie \& Boots" Dance
Vote for Pioneer Lady and Gent

## Alisur's



Seagraves survives Antelope upset bid 21-7
 Kuss Bird (21) Join in the action. (Photo by Jerry Taylor)

The Post Dispatch Wednesday, October 7, 1922 Page 5


 Seagraves sweeps middle school by Mike searns
 grade Antelopes their first loss of the year.
Post came out and 5 ook the early lead 8 .0 when Armando Ayala found an
opening and raced 58 yards to paydirt. Patrick Soto ran in the two point opening and raced 58 yards to paydirt. Patrick Soto ran in the two poin
conversion and Post held the early lead
They wuld They would hold that lead until the hir
two Post fumbles to establish a 20.8 lend
Two Post fumbles to estatish a $20-81$ ead. . . .
 quarterback Josh Grisham and ren 48 yards to the eseagraves 11 . Armondo Ayala
scored on the next play to draw Post within a touchdown 20-14. scorred on the next play to draw Post within a touch down 20-14.
The Bold Gold were not able to complete the comeback as Seagraves held on
for the win for the win.
The option
.
"The option was well executed by Josh Grisham and the defense played well.,"
Coach Darell Raddle commented after the game. "We were especially pleased Coach Darrell Raddie commented rafter the game. "We were especially pleased
with the play of our linecackers Ayala Perez, and Ismal Diaz We held
Seagraves to 68 yard and los We Seagraves to 68 yards and lost. We had at least nine fumbles in the game. We jus
kept ourselves from winning this kep The sevenesth grade winning fare one."
defeare no better as Seagraves handed the 'Lopes a $22-0$ $\stackrel{\text { defeat. }}{ }$ "We we size and speed that we a goodd nootball team,", said Coach Chilil Black. "They had
not play like we are capable of playing. Wheck commented further, "We did not play like we are copable of playing. We had too many mistakes on bout
offense and defense. We pell have to work harder and play harder in order to Both middecense. shool s squads are in action this Thursday night at Antelop
Stadium. Idalou invades Stadium. Idalou invades "Lope territory to take on the Bold Gold. Kick off for the
seventh grade convest is 5 PM


Post Bold Gold Antelopes
vs Idalou Wildcats - at Antelope Stadium - Friday, October 9, 1992-7:30 p.m.

Obie, Freda, Beth and Dru Kelly

| Kidstuf 213 E. Main - 495-3872 |  |  |
| :---: | :---: | :---: |
| Vance Rural Electric <br> 863-2032 |  |  |
| Terry Tire Co. 122 N. Broadway - $495-3671$ | Anthony Martin Junior | Radley Nichols Junior |
| Caprock Golf Course RFD 1-495-3029 |  |  |
| Dr Jeff and Syan Young 894-3141 |  |  |
| The Post Dispatch 123 E. Main - 495-2816 | Russell Baldree Junior | Brodie Moore Junior |
| Collier Drugs 203 E. Main - 495 -2856 |  |  |
| Handy Hardware \& Gifts <br> 231 E. Main - 495-3516 |  |  |
| Post Insurance Agency | Sophomore | Sophomore |
| Hoover Bookkeeping \& Tax Service 122 E. Main - 495-2894 | $\begin{gathered} \text { Junior Varsity } \\ \text { at } \end{gathered}$ | Middle School hosts |
| South Plains Answering Service 495-3069 | $\begin{gathered} \text { Idalou } \\ \text { Thursday, } 6 \text { p.m. } \end{gathered}$ | Seagraves Thursday, 5 p.m. |

Cotton Unlimited Old Mill Road

Holly's Texaco \& Muffler Shop 102 N. Broadway - $495-3180$

Palmer's Oil Field Hwy 207-495-2710

Meet the 1992 Post Antelopes


Anthony Martin


Junior Varsity
Idalou
Thursday, 6 p.m.

Dickens Electric Cooperative 271-3311

Higginbotham-Bartlett Lumber Co. 110 S. Broadway - 495-2080

Harold and Doris Lucas
Harold Lucas Motors
111 S. Broadway - 495-3001
Jack, Sandra and Sara Alexander

Steve Sawyers, P.C.
32 Briercroft Office Park, Lubbock - 744-3396 302 W. 8th St., Post $495-3396$

Triple M Pump \& Supply 330 E. Main - $495-3503$

tice-Mason Funeral Home | Dee, Janet. Bryan and Bren |
| :---: |
| 301 w. Main - $495-2833$ | 1. W. Main - 499-2833

## T\&G Welding

Tim Gaydos, Owner - 629.4472 Fully Insured - 24 hour service - GO LOPES!

The First National Bank 216 W. Main - Member F.D.I.C. - $495-2804$

Giles and Nelda Dalby
Post Health Care Clinic Division of Methodist Hospital
Physician Dr Shen Chen, M.D. Mike Cahill, P.A.


# Harvest Celebration! 

 7



## Classified Advertising



DEADLINE FOR COPY AND
PAMENT IS Mondays at 5 p.m. Commercial
Classified Rates Number
of Times
1 Bold faced copy
Card of Thanks
 hankstio a al and fanily
cecion Lee and
Elon Lee anily

## flowers and most of alll your praraers,


 appreciatat allo the visisis, cards. nowers,
food and prayers. They will never be
 Personals
 City County Drug
and Alcohol Abuse




## 



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## 霊 <br> 3 SCAL

 Reach 3 MILLION Texans. Call this newspaper for detalls.





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 PRIENOYYHOE PARTIES hesponingsticdom.


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Large living room and kitchen, slorage house, green house $421 / 2$ carpor, brick, fenced yard, central heat and
$3 / 1 \mathrm{w}$ /basement. Stecl siding, good roof, storage bldg., 2 lots, bath remodeled. Clean, spacious
$=$ Central heat and air, frepplace, above-ground pool, new roo
 and air. Ready to move in. Newly painted inside and outside. Cent
$\qquad$

## Mitchell Real Estate

 495-3987The Post Dispatch Wednesday, October 7, 1992 Page 9

This ANN That by Ann Nobles
Extension Agent Extension Agent
Home Economics I hope everyone will take time to
come to the Garza County Healt Fair today. Valuable $\left.\begin{array}{c}\text { screenings } \\ \text { educational information will }\end{array}\right]$ educational information will be
available. Health screening tests ava very. Healul screening tests
arey they are followed
by a visit to your regular doctor to by a visist to your regular doctor to
check out any potential problem. check out any potential problem.
It is important for you to realize that the test does you no good if
you do not follow it with a consultation with your own doctor
Those who are providing the Those who are providing the
screening test are not there to trea you, but to see in you need to see
your doctor. The county Extension your doctor. The county Extension

Home Economics Committee hopes that you will take advantage of this | opportunity. |
| :--- |
| One thing |
|  | One thing we can all do to

improve the state of our health is to improve the state of our health is to
inicrease the amount of exercise we
get each day Exercise benefits get each day. Exercise benefits the
cardiovascular
system cardiovascular system by
improving heart efficiency and
circulation, thus getting more oxygen to the brain, and improving
condition of the veins and arteries. Bondition of the veins and arteries.
Bones and joints are also helped by exercise through increased sirength and range of motion.
Degenerative effects of arthritio are Degenerative effectis of arthritis are (thinning of the bones). Muscle strength and flexibility same time tension and tightness in the muscles are decreased. The internal organs benefit from
exercise because digestion exercise because digestion,
elimination and hormonal functions are improved.
Exercise reduces stress, is
especially in the company friends, and can give renewed confidence and self-esteem.
How much Many muthorities recommend that we exercise at the exercise heart rate for at least 20 minutes 3 times exercise heart rate determine the from 220. Figure $60-80 \%$ of that number. of heart is beats you should achieve during exercise
As a general rule
70 or have not exercised before, you should limit your heart rate to Use your exercise heats minute. only as a guide.
When your personal feelings too. your exercise a conversation with rue and "feel" that the exercise is
just right. where can there is a large hartery near rate the surface of the body. One nood
place is the carotid artery neck. Or you could use the
temporal and and the radial artery at the wrist.
the or 1 prefer to count for six seconds
and multiply by 10 but you can and multiply by 10 , but you can
count for 30 seconds and multiply by 2 or count for 15 seconds and multiply by four.
You may want to begin by 4) $\begin{aligned} & \text { wal } \\ & \text { bac }\end{aligned}$ walking to the end of the block and
If. you would like information
about exercise and health, please
call my office and I will see that


Monday, October 12 Breakfast- Oatmeal, bacon, toast,
fruit, milk fruit, milk Lunch- Frito pie, pork ' $n$ beans, cabbage slaw, fie, pork in beans,
fruit cobbler Tuesday, October 13 Tuesday, October 13
Breakfast- Cereal, toast, pe butter, fruit, milk Lunch- Stew, homemade cheese
sandwich,fried okra, sliced peaches, milk Wednesday, October 14 Breakfast- Cinnamon toast, fruit,
milk milk Lunch- Chili dogs, mixed vegetables, pinto beans, cookies, homelabes, pinto beans,
made buns, milk Thursday, October 15 Breakrast-Malt-C-Meal, sausage loast, orange juice, milk
Lunch- Turkey \& dressing, whipped potatose, green beans, pud-
ding, homemade rolls, milk ing, homemade rolls, milk
Friday, October 16 Breakfast- Cowboy bread, fruit, milk
Lunch- Tacos, corn, lettuce, fruit,
cake, milk
 milk Lunch- Ham sandwich, french Wednesday, October 14 Breakfast-Cinnamon toast, applesauce, milk
Lunch-Lasagna, green beans, Italian bread, corn, jello, milk Thursday, October 15
Breakfast- Oatmeal Breakfast- Oatmeal, juice, sau-
sage, milk
Lunch- Enchiladas, ranch style Lunch- Enchiladas, ranct Friday, October 16
Breakfast- Cinnamon roll, ham, Brea
milk
Lun
french Lunch- Corn dogs, pork ' $n$ beans,
french fries, cookies, milk

| Trail Blazers <br> Lunch Menu |
| :---: | Thursday, October 8 Roast turkey, cornbread dressing,

cranberry sauce, tossed salad, mixed vegetables, wheat roll, margarine, fruit salad, milk/beverage Sloppy joes on bun, baked tater
rots, broccoli, pear halves, milk/bevtots, broccoil, pear halves, mil
erage
Monday, October 12 Beef stew, green pea salad,
cornbread, apple cobbler, milk/beverage Tuesday, October 13 Tuesday, October 13
Baked chicken w/mushroom sauce, blackeye peas, asparagus,
bran muffin, margarine, one-half grapefruit or juice - orange, grape-
fruit, milk/beverage fruit, milk/beverage Wednesday, October 14
Fried catfish, cocktail sauce, butterbeans, calrots, combruread, marga-
rine, coleslaw, fruited gelatin, milk/ rine, colesl
beverage

## Yesteryears

Library
by Barbe Bevers

## 10 Years Ago October 6, 1982

Top three winners at this years OS Ranch activities are Roy Cooper
alf roping, Delvie Edmondson - barrel racing, and Guy Allen - stee Mr. and Mrs. Otis Goode celebrated their 50th wedding anniversary, Mr. and Mrs. Robert Feagin announce the birth of a daughter, Brailey Mr. and Mrs. Preston Leake announce the birth of a son, Cody Don. Mr. and Mrs. Leslie Looney announce the birth of a daughter, Kenda.
The Womans Culture Club met at the clubhouse with Mrs. Tom Bouchier and Nita Burress serving as hostesses.
20 Years Ago
Stephen Myers, son of Mr. and Mrs. Fred Myers a local 4-H club member showed the first place junior yearling Hereford steer at the
Panhandle South Plains Fair Panhandle South Plains Fair.
Curtis Hudman is winner of two tickets to the Texas Tech game in

$$
\begin{aligned}
& \text { first bank lobby drawing. } \\
& \text { Mr. and Mrs. Weldon Horton were honored on their } 25 \text { th weddins }
\end{aligned}
$$ Mr. and Mrs. Weldon Horton were honored on their 25th wedding

anniversary with a surprise reception in the home of Mr. and Mrs. Earl Citizens of the week at Post High School this week are Jay Pollard and Sue Cowdrey.
Jeanne Pruett, Nashville country singing star is to appear in Post with Jeanne Pruett, Nashville
ocal band, Solid Country.

## 30 Years Ago October 4, 1962

Mrs. Marie Neff honored October "Artist of the Month"
PFcs. Connie Martin and Howard K. Bullard recently participated in the
rd Armored Division's field traing 3rd Armored Division's field training exercises in Grafenwohr, Germany.
The Thurman Francis home was the scene of a bridal shower honoring Dorris Dockery, daughter of Mr. and Mrc. J. E. Ramsey.
R. J. Blacklock has won a jet airline trip to Spain in a Norge appliance R. J. Blacklock has won a jet airline trip to Spain in a Norge appliance
sales contest. 40 Years Ago
October 2, 1952
Garza Memorial Hospital dedication is held Sunday
Garza Memorial Hospital dedication is held Sunday.
The City of Post was host for the annual barbeque for members of the Post Volunteer Fire Dept and families.
Claudia and Billie Ticer were auditioned recently for the Tech choir and Claudia and Billie Ticer were auditioned recently for the Tech choir and
both made the alto section. Jane Preston engagement to John Bennelt, Jr. announced. Mrs. H. M. Snowden was hostess for the Ne Needlecraft club where the
group enjoyed an art display, visiting and sewing. group enjoyed an art display, visiting and sewing.
Fifty Years Ago This Week
The Garza Theatre personnel invites everyone to play "Wahoo" at the
heatre each Tuesday night.
Robert H. Gibson, administrative officer of Garza ACA has volunteered
for service with the Air Corps. Mor service with the Air Corps.
Miss Yolanda Ramirez recently was selected to sing in the chapel choir Miss Yolanda Ramirez recently was selected to sing in the chapel choir
at Mary Hardin - Baylor college in Belton.
L. D. Stevens has been named president of the Texas Tech freshman

## Visitors..

 Visiting in the home of Virgiland Esker Sone last week Monday through Wednesday were thay
daughter and granddaughter, Anita Bilberry and Jari of San Angelo. Aneita
Also visiting was Also visiting was their
granddaughter Susan Johnston of
Weatherford Onder granddaughter Susa
Weatherford, Okla.
They all reported a very nice
time. They picked tomatoes and
$\qquad$


## ( 6

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## Fried Country

Chicken Tender Loins • Shrimp - Cold water cod fish • Curly fries • Fried Biscuits • Beans

- Potato Salad - Carry out - Plates or Platters 215 South Broadway

Atlanta at Miami


## Football Contest



OFFERED EACH WEEK PRIZES PRIZES
GIVEN IN GIVEN IN POST CIT
BUCKS Sponsored by Post Merchants All you do is PICK THE WINNERS Onegame will be found in each sponsor'sad

FIRST PLACE $\$ 40$
SECOND PLACE ............................. $\$ 25$
THIRD PLACE $\$ 10$

## Just circle your choices and guess tie-breaker" game <br> WATCH THIS SPACE EACH WEEK For instructions on where to submit your completed entry form. Boxes for entry forms will be moved every week to THIS WEEK...submit your entry form before 5 p.m., Fridayat one of the following sponsors: <br> > - EIMatamoros $\cdot$ B\&B Liquor Store <br> <br> - EIMatamoros <br> <br> - EIMatamoros - B\&B Liquor Store - B\&B Liquor Store Chaparral Restaurant -McWhorter's - Jan's

1. The contest will conns:

175 in prizes offered coach ande d hrough N November 18 , 1992 . Each week is s separatec contest with
2. There are 17




 the correct addres
will 6 e final.
6. Entry forms mus be signed by the person submiting the form, entries knownto be signedby





| Tie Breaker Game |
| :---: |
| Fill in yourguess of the score for each team... |
| Stanford at UCLA $\quad$In case of a tie, the contestant picking the winner and the score <br> nearest the actual score will win. |

## $\$ 100^{00}$

Bonus Each Week
The Post Dispatch
f you guess EVERY game correct
This $\$ 100$ bonus will be awarded in the form of "Post City Bucks," good at your choice of any of the 16 participating sponsors of this contest.
To win the $\$ 100$ bonus you must correctly pick all 16 winning teams plus To win the $\$ 100$ bonus you must correctly pick all 1.
the winner of the tie-breaker.

Last week's winners:


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Restaurant
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495-3205
Phoenixat NY Giants

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