The Post Dispatch

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Wednesday, April 1, 1992

Commissioners face tough decisions on solid waste and disabled access to facilities

Transition plan for ADA discussed

by Wes Burnett

The Garza County Commissioners' Court faces two major issues, both potentially expensive, which got attention at the regular meeting Monday morning on the third floor of the courthouse.

Access to county facilities for the physically handicapped was the first of the which have been developed. two to be considered. Commissioners heard a brief report from Judge Giles Americans with Disability Act.

The law, which became effective January 26, 1992, requires that governments begin self-evaluation study, prepare a transition plan indicating structural changes to make programs accessible, make all new constructions and alterations comply now with the law and date complaints or civil suits by individuals based decision was made pending personal contact with Dr Chen. on ADA discrimination.

Dalby said that the biggest physical problem at the courthouse is the lack of an elevator, "and we are trying to work around that, because of the estimated expense of more than \$300,000.'

Irene Ammons to chair a committee preparing the transition plan.

The plan must be completed by July 26, 1992 and the self-evaluation must be completed by January 26, 1993. All structural changes required to make the Alan Burke and Mark facilities and programs accessible must be completed by January 26, 1995.

problems related to solid waste management.

Dalby reported that the South Plains Association of Government's Solid also said that a public meeting will be held at the courthouse here Monday, April 27 at 10 a.m. to present ideas and strategies.

the commissioners that the task force was formed in October 1990 to begin work on the regional plan for the South Plains. The task force is composed of 30 local officials representing governmental entities throughout the area. Also building. serving on the task force are a number of private solid waste service providers and individuals who represent concerned citizen groups.

"During the past year, the task force has worked very hard to develop five Department of Justice has approved the plan as revised. strategies to deal with solid waste within the region," Raborn said. "The five strategies comprising the Interim Plan are being presented to the public for local Young, commissioners Sammy Ellis, Albert Stone, John Valdez and Herb

"Participation in this public review and comment period is encouraged for local governments and others interested in solid waste management in the South Plains," he added.

The April 27 meeting here will include presentations by SPAG on the current solid waste management practices within the region, activities of the South Plains Solid Waste Management Task Force and the five solid waste strategies

One of the problems associated with the new federally mandated solid waste Dalby concerning the impact of the newly enacted federal law known as the management rules is the impending closure of the city owned and operated landfill, which is expected to be closed in less than 18 months. The closure will require the county to provide collection points for disposal of solid wastes.

In other action, commissioners accepted the resignation of Dr W.C. Wilson as county health officer and recommended the appointment of Dr Shen Chen. No

Terms for the county zoning commission members were set by drawing of names. Serving one year terms will be John Boren and Ed Neff. V.O. Rasberry will serve a two year term and Clyde Cash was selected for a three year term. The committee is charged with preparing zoning ordinances for development Commissioners had earlier appointed Clerk Sonny Gossett and secretary in and around Lake Alan Henry near Justiceburg. Gossett informed commissioners that his office has already received numerous inquiries from

Alan Burke and Mark Duffy were authorized to contact county employees concerning cancer insurance coverage. The two were informed that payroll The second potentially expensive project for discussion is the impending deductions would only be approved if more than 50 percent of employees committed to the plan.

Commissioners approved the recommendation by District Judge George Waste Management Task Force is developing a regional solid waste plan. He Hansard to appoint Charles Hanshew as official court reporter, replacing the deceased Travis Graham, who died February 1, 1992.

A cleanup and painting of the old jail building was discussed, with SPAG's director of regional services Shawn Raborn explained in a letter to commissioners authorizing the repair of windows of the structure to begin immediately, but to withhold other repairs until a study could be made and a determination of what to do with the files of criminal cases being stored in the

The court approved amending the budget to provide additional legal fees related to the redistricting plan. Dalby informed the court that the U.S.

Attending the meeting were Judge Dalby, clerk Gossett, treasurer Ruth Ann

When we were let out of the training, we left with a new outlook on life and

Before this program could successfully begin, we had to have clients. So

stories were placed in the local newspaper in an effort to find senior citizens

interested in having a young companion visit with them at regular intervals and

The seniors were asked to contact the extension agent or home economics

participants and pairing them with Y.E.S. volunteers. The first and second steps

We volunteers were required to spend one hour a week with the clients to

At the beginning, my partner Sonja Benham and I would arrive at T.J. and

But, as the weeks passed, I looked forward more and more to the time I spent

Mrs Cook, 71, is a retired cotton mill employee and a skilled artist. She has

(Continued on Page 8)

shared with me some of her techniques and her beliefs about how art can enrich

with Mr and Mrs Cook and hated to see the hour end. I have been able to learn so

much about life during their childhood years, and to share with them how life is

Quinnie Cook's home, do the jobs that were needed and visit only briefly during

meet the Y.E.S. project requirements. During this time, we were able to help

were completed. Now the third step, which was course, was about to begin.

We were a little nervous, yet at the same time extremely excited.

with household duties and pass the day with our visits.

enthusiasm about beginning the Y.E.S. program in Garza County.

State-wide publication features Y.E.S. article by Labeth Jones

involved in the action.

help with daily chores.

the hour.

for today's youth.

our everyday lives.

Post High School sophomore Labeth Jones, a charter member of the PHS senior clients and how to properly do household chores. Even the boys got Y.E.S. chapter, has been recognized by the Texas Department on Aging's "Aging Digest" managing editor Russell Smith, following the February 29

publication of a feature article by Labeth. "On behalf of the whole A.D. staff, I want to thank you once more for an absolutely wonderful article," Smith said. "The newsletters arrived in our office from the printer on the day our state executive board was meeting, and the board members who saw it were highly impressed.

"Overall, I'd say the response to this issue of the Digest was as positive as I've seen in the seven years I've been associated with the newsletter. The reason, advisor. A volunteer task force then began interviewing the prospective very obviously, was your article," Smith added.

"You addressed two very timely issues in the field of aging - intergenerational programs and volunteerism - and brought them together in one story that gracefully combined human interest content with nuts-and-bolts information about the Y.E.S. program," Smith continued.

"My only regret is that we weren't able to run personal information and pictures of every single student and senior who participated in Y.E.S.

"It's clear that Post High School students are a rare group, not only among their generation, but among society at large. I think sometimes that we in human services unduly stress funding levels when we talk about solutions to social problems. Money is important, of course, but simple human concern and compassion like that shown by the students in Y.E.S. is irreplaceable. I hope you are all able to pass these same values along to your children," Smith said.

Y.E.S. - A Positive Statement

by Labeth Jones What is Y.E.S.?

It's Youth Exchanging with Seniors, a fabulous intergenerational program that has added greatly to my life and, I sincerely hope, enabled me to enrich others' lives in the process.

Let me give you a brief history of how Y.E.S. has changed my life. I am a sophomore at Post High School. My wonderful parents are Darrell and Ruby Jones and I have an older sister, Janell, who is a senior at Texas Tech University. I am involved in the Future Homemakers of America and 4-H organizations, and also my church.

Many of the projects I have taken on are a result of 4-H. These include learning about horses and sheep, food and nutrition, and making clothes.

I also play tennis and manage the girls' basketball teams. My introduction to the Youth Exchanging with Seniors came when my 4-H county extension agent said she needed a youth participate in a training institute. I hesitated about committing because I was very much involved in caring for my horses and I had no idea what Y.E.S. would do for the older

citizens and me. I wondered how beneficial it would be for me to get together for three days with strangers and receive information I probably wouldn't use, since I was frankly just doing this to help keep my agent in good standing with her

However, after much thought and hesitation, I said yes.

The Y.E.S. Institute Training was conducted at Texas Tech University Health Science Center in Lubbock during July of 1990. Twenty West Texas counties were invited to participate in this pilot program.

Our county was represented by me, classmate Stephanie Palmer and two adult advisors.

As part of a hands-on training, we were enlightened on the proper way to communicate and listen effectively to the senior clients.

We came to better understand the aging process by doing some simple exercises that inhibited everyday actions we take for granted.

For example, by taping Popsicle sticks to our hands and fingers we were able to comprehend the pain of the crippling disease, arthritis.

Also, covering eyeglasses with petroleum jelly proved to us how difficult it is to maneuver with failing eyesight.

As the four os us returned home from the Institute, full of excitement and enthusiasm, we began to coordinate and organize the Garza County Y.E.S. program. The Y.E.S. coordinators, Drs Sheryl Boyd and Betty Stout of Texas Tech and

District 2 Extension Service Director Dr Kathy Volanty, came to Post in the fall of 1990 to conduct a training "lock-in." Yes, high school students were actually locked into the Home Economics

Department for six hours!

B-O-R-I-N-G, you might say, but we actually had a blast. The coordinators Y.E.S. volunteers Sonja Benham (left) and Labeth Jones (right) visit with T.J. motivated all 36 teen volunteers and showed us how to communicate with the and Quinnie Cook. (Photo by Sharla Wells)

Y.E.S. activities are varied as Labeth Jones (left) and Sharla Wells prepare a

special poster depicting the volunteer efforts. (Photo by Ruby Jones)

BAZE BOOKBINDING 514 W. 7TH ST AMARILLO TX 79101

Texas Arts Council names Post ISD for pilot educational project

by JoAnn Mock

The Post Independent School District has been chosen as a model school for the Texas Arts Council's Think and Learn program.

The Post ISD was chosen as a result of the participation of 11 of its teachers who had previously received training in seminars sponsored by the Texas Arts Council and promoted by the Caprock Cultural

Because of the unique situation in Post ISD, all children of the community representing all races and economic backgrounds, documentation of the results, not only from the school but community input as well, will serve as a model for schools and communities throughout Texas.

This project is a culmination of several years efforts by the CCA, which is extremely proud that Post is included as one of the pilot schools.

Other area schools selected are Levelland, Ralls, Brownfield, Bean and Wolfforth Elementary in Lubbock.

The Think and Learn program was custom designed for Post ISD through in-depth meetings with superintendent William Shivers, Elementary principal Dan Rankin, the Post Campus Planning Committee and teachers with TAC President Peter Fox and TAC Education Director Cindy Herbert and CCA Executive Director JoAnn Mock.

The purpose was to identify specific needs or areas of emphasis and

how the Think and Learn program might address those needs.

This multi-year program will center on providing arts and humanities experiences designed to enrich the overall curriculum as well as addressing areas of special concerns.

After the program was set, Fox began working with JoAnn to establish a support system of businesses and individuals to assist with program funding as needed. The program is attractive to the business community because of the

long-lasting effect on the education of our youth, providing an educated workforce, decreasing the rate of school drop-outs, and provide incentive and excitement for higher education. Lesson plans include family responsibility, addressing the problem of

teen pregnancy; health, effecting the problems of aids and drug abuse and other social concerns. The goal of Think and Learn is to enrich and expand the learning

process in the elementary grades by integrating creative, collaborative arts and humanities experiences with the state mandated essential elements for each subject area.

The program emphasizes higher level thinking skills and fosters self-

TCA's teacher training seminars, "Applying the Fine Arts Across the Curriculum," is a vital component of the total program.

These one-week seminars give teachers a better understanding of the fine arts, teaching them to use the arts in teaching core subjects and enable them to work more effectively, not only with the students, but with artists, arts specialists and available community arts resources.

Student motivation is increased in the process, native creativity is stimulated and students become excited about learning, both in and out of

Educators in school districts across the state can testify that Think and Learn really works!!

The Hispanic Heritage Trunk was selected for this April along with special emphasizes for a Language Arts seminar for Post teachers in July and the Black Legacy Trunk is scheduled for next spring.

Funding is needed for this multi-year project. This program is designed for grades K-6 and we expect to introduce a similar program for middle

and junior high grades in 1994 as well as high school in 1996. The program has tremendous by-products and opportunities for future growth and community input.

Anyone interested in participating should contact JoAnn Mock, CCA Executive Director, P.O. Box 37, Post, Texas, 495-4148.

News Briefs

Church of God of Prophecy to hold crusade

The Church of God of Prophecy will be having a mission crusade April 2, 3 & 4, at 7 p.m. every night. The message willbe by Sister Felicia Payano on Thursday and Saturday. Sister Margie Cimental will be preaching Friday night. Everyone is welcome. Todos bien nenidos.

Maines Brothers to perform

The Maines Brothers Band will be performing at the UC Ballroom on the Texas Tech Campus on Friday, April 3, 1992. Doors will open at 7 p.m. Tickets are available at the door for \$6 single and \$10 for couple. This event is sponsored by the Texas Tech University Collegiate 4-H.

Annual Barn Dance at Gail

The Borden County Cancer Society will be having their Annual Barn Dance, Friday, April 3rd, at 8:30 p.m. in the County Show Barn in Gail, Texas. The music will be provided by Jody Nix and the Texas Cowboys. Admission is by donation to the Borden County Cancer Society.

Post Baseball Registration

Post Baseball registration for kids ages 6-13 years old will be held April 2, 3, 9 & 10 from 6 to 8 p.m. at the bank room. A\$20 registration fee for the first child and a \$15 thereafter will be charged to pay for group picture, umpire fees, insurance and etc.

ACS Golf Tournament

The American Cancer Society Two-Person Scramble will be held April 11 and 12 at the Caprock Golf Course. Shotgun shart both days at 7:30 a.m. and 1:30 p.m. Entry fee is \$120.00 per team. Meal and calcutta will be Saturday at 6:30 p.m. To enter the tournament contact Billy Shumard at 495-2259.

Programa para niños de tres años La escuela de primera enseñanza de Post va proporcionar un programa

de escuela para niños de tres años por midad de dia durante el año escolar 1992-93 si hay suficiente estudiantes registrados. Para atender el programa de tres años el niño/la niña debe de ser de una

familia con ingresos bajos y no poder hablar la idioma de ingles. Padres con el interés en este programa deben de registrar su niño/niña en la escuela de primera enseñanza antes de abril quince.

Little Mr and Miss Post Contest

Xi Delta Rho will be hosting the Annual Little Mr and Miss Post contest Saturday, April 25, at 7 p.m. in the Post Primary Auditorium. Rehearsal will be held Friday, April 24, at 6:30 p.m. Entry fee is \$5 and a small admission will be charged at the door. Proceeds go towards a scholarship given to a local student at the end of the school year. For futher information contact Melinda Mason (495-2285), Maggie Bohn (495-2124), Connie Jones (495-3628) or Angela Hammond (629-4482).

Annual Resurrection Pageant

The First Baptist Church will present the Fourth Annual Resurrection Pageant beginning Sunday, April 19 through Thursday, April 23, at 7:00 o'clock p.m. each evening. For seating arrangements please call the church office at 495-3554.

Commodities distribution

The commodities distribution will be held on Tuesday, April 21 at the Service Center on the Snyder Highway. The center will be open for the distribution from 9:30 - 12 and from 1-3:30 p.m. The distribution is held on the third Tuesday of each month.

4-H Family Night

4-H Family Night Pot Luck Supper is set for Thursday, April 2, at 6:30 p.m. at the show barn. All current members and families and anyone interested in joining 4-H is urged to attend.

Dorothy Thomas

Services for Dorothy Thomas, 72, of Grassland were held Wednesday, March 25, 1992 in the First United Methodist Church with the Revs Marvin Gregory, pastor, and Phil McClendon of Stamford, officiating.

Burial was in Grassland Cemetery under the direction of White Funeral Home of Tahoka.

Mrs Thomas died early Monday, March 23, 1992, at her residence after a brief illness.

She was born August 14, 1919 in Post and moved to Grassland in 1937. She married R.M. Thomas on June 18, 1937, in Amarillo. He died July 13, 1987. She graduated from Post High School and attended McMurry College in Abilene. She was a homemaker and a member of the First United

Methodist Church of Tahoka. Survivors include three daughters, Jan Wood of Slaton, Judy Hanes of Round Rock and Joy Schuster of Farmington, N.M.; two sons, John of Lamesa and Jim of Lubbock; her mother, Joy Parker of Lubbock; a sister, Iris Parker of Lubbock; 16 grandchildren and five great-grandchildren.

Grandsons serving as pallbearers were Trey Wood, Brad Hanes, James McVey, Jr., Austin Thomas, Mitchell Baker, Joe Thomas and Steve Braddock.

The family suggests memorials to the Grassland Cemetery Fund, Route 3, Post, 79356; or a favorite charity.

Margarita G. Copado

Rosary for Margarita G. Copado of Macdona was at 7:30 p.m. Friday, March 20, 1992 with Father Adolfo Valdvia officiating.

Requiem Mass was celebrated on Saturday, March 21, 1992 at 10 a.m. at Our Lady Queen of Heaven Catholic Church in Macdona. Father Xavier Ortiz-Dietz and Father Adolfo officiated the

Interment was at the San Isidro Cemetery in Macdona directed by Mission South Park of San Anto-

Mrs Copado died Wednesday, March 18, 1992 at Southwest Hospital in San Antonio after a sudden illness.

She was born November 26, 1939, in Marlin and moved to Slaton in 1947 and then to San Antonio in 1975. She married Jose Copado in April 1984.

Survivors include her husband of Macdona; two daughters, Sylvia Vergara of Slaton and Virginia Navarro of Post; one son, Steven Garcia of Houston; four

Hudman Funeral Home

495-2821

615 W. Main

brothers, Joe Garcia of San Antonio, Sam Garcia, Jesse Garcia and Raymond L. Garcia of Slaton; five sisters, Lupe Davila and Oliva Gonzales of Slaton, Maria Rodriquez of Southland, Pauline Martinez of Tahoka and Amalia Gonzales of Oklahoma City, Okla. and four grandchildren.

Pallbearers were Santos Gonzales, Mark Gonzales, Leondro Martinez, Jr., Michael Davila, Raymond Garcia, Jr., and Jacinto Garcia.

Elbert Bodine

Services for William Elbert Bodine, 86, were held Thursday, March 26, 1992 at 10 a.m. in the Hudman Funeral Home Chapel with Dr John Walker, pastor of the First Christian Church of Post, officiating.

Burial was held in Clyde at 4 p.m. on Thursday, March 26, 1992, under the direction of Hudman Funeral Home.

Bodine died Tuesday, March 24, 1992 at his residence in Post. J.P. Sheila Melton ruled the death due to natural causes.

He was born September 25, 1905 in Madison County, Texas and was the son of John Franklin Bodine and Mollie Jane Ellison.

He married Viola Calhoun in 1931 in Coleman. She died in 1957. He had worked for Postex. He had been a resident of Post since 1962.

Survivors include a daughter, Linda Oden of Post; two sons, Leonard Bodine of Clyde and J.B. Bodine of Granbury; a brother, Roy Bodine of Goldsboro; a sister, Estella Risinger of Madisonville; nine grandchildren and five greatgrandchildren.

Grandsons served as pallbearers. Lillian Blanche Benton Batton

Graveside services for Lillian Blanche Benton Batton, 88, will be held Wednesday, April 1, 1992 at Restlawn in El Paso.

Local arrangements were handled by Hudman Funeral Home of Post.

Mrs Batton died Saturday,

March 28, 1992 at Garza Memorial Hospital at 6:20 p.m.

She was born September 6, 1903 in Rainbow, Texas, and was daughter of George Washington Stewart and Myrtle Ann Culbreath. She was a house-

Survivors include two sons, Marlin D. Benton of Post and Milton L. Benton of Cimarron, Colorado; a daughter, Dorothy N. St Morris of Alpine, Arizona; six sisters, Ruby B. Shultz and Ann R. Cox, both of Houston, Mildred E. Weeks of El Paso, Helen E. Messier, Merle C. Britton and Mary J. Gomes of California; two brothers, Clifford G. Stewart of Nicolaus, Ca. and Howard L. Stewart of Yuba City, Ca.; seven grandchildren and 10 great-grandchildren.

LVN's to meet April 13, 1992

Licensed Vocational Nurses Association of Texas (L.V.N.A.T.) Lubbock Division 18 will meet April 13, 1992 from 7 to 9 p.m. The meeting will take place in the Arnette Room of St Mary's Hospital on the sixth floor.

Featured speaker for the month will be Margaret Pappas, R.N. of Methodist Hospital. Her subject will be "Care of Ostomies." Mrs Pappas has worked many years at Methodist Hospital as instructor on Ostomy Care.

A workshop on "Preventive Medicine" is upcoming April 10 & 11 in Austin. Ten (10) C.E.U.'s all classroom will be carned by those attending. Several Division 18 members plan to attend the workshop.

Division 18 is the L.V.N.A.T. professional organization for Lubbock and surrounding areas. We urge all nurses, R.N. and L.V.N., to attend our monthly meetings. We have outstanding speakers and one (1) CEU is earned by those attending.

For more information contact Wilma M. Coverdell, president, at 828-4565.

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Services held Tuesday for Garza **County Pioneer Lillian Nance**

day, March 31, 1992 at 2 p.m. at the school east of Justiceburg. It was Justiceburg Baptist Church for Garza there that she met Elton and following died Sunday, March 29 at the Garza Memorial Hospital after an illness.

Services were conducted by Rev. Abe Hester with burial in Terrace Cemetery in Post under the direction of Justice-Mason Funeral Home.

Mrs Nance was born September 15. 1895 in Kent County, the daughter of Sonphronia Greaves and Kindred Elkins.

She married Elton Nance on October 18, 1914 at the home of her parents in Polar. He preceded her in death on July 1, 1969. She is also preceded in death by a daughter, Mina Staniforth who died December 20, 1981.

Mrs Nance is survived by her son Lewis (Sonny) Nance of Haslet, daughter Bonnie Stewart of Post, seven grandchildren, 15 great grandchildren and 12 great-great grand children. Pallbearers were Hern Pettigrew.

Robert Hall Davis, Riley Miller, Weldon Reed, Billy Blacklock and Mason Justice.

Mrs Nance attended college in

Life Saver In combination with physical examination, mammography has been proven effective in saving lives from breast cancer. The American Cancer Society advises women 40 to 50 to have a breast X ray every one to two years, those over 50 to have yearly mammograms.

Funeral services were held Tues- Stamford and taught at the Leforest County pioneer Lillian Nance, who their marriage they lived on their

Garza County ranch. In 1921 the family moved to New Mexico for two years, then returned to Justiceburg until 1931, when they

returned to the ranch. A detailed story of the Nance family is included in the Garza County history, "Wagon Wheels."

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Our next Service Center will be: Wednesday, April 8, 1992 Senior Citizens Center 10:00-12:00 p.m.

Everyone is welcome! Beltone of Lubbock 1(800)222-4410

My sincerest thanks...

to the Post EMTs for their prompt and professional response ...

to Dr Larry Leininger for his careful and dedicated medical care...

to the nurses and staff at the Garza Memorial Hospital...

and to all of you who expressed your concern by phone calls, visits and prayers during my recent hospitalization...

thank you all,

Jack Alexander

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Ms Vickie Han and Mrs Larry C boro, Arkansas, nounce the engage Dee Hart of Sla Lynn Clowers of Grandparents of are Mr and Mrs Walnut Ridge, A late Mr and Mrs late Mr and Arki Hot Springs, Arki Hart is the grai Mae Wilks and Mae Ir of Post Wilks, Jr of Post J.D. Hart of Gail. Clowers is a 19 ate of Jonesboro I graduated magna Arkansas State Ut of 1991 where journalism and n agement, Germa business. She was Editor in the fall (initiated into the tions of Phi Ka Lambda Delta, al Phi. Clowers w

Hart-Clo

Mike Todd and I Andy Fulkerson Arkansas, in the s She was awarded sistantship to Text sity in Lubbock, of 1991 and is cu toward a master of nication studies.

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Grandparents of the bride-elect are Mr and Mrs Truman Moore of Walnut Ridge, Arkansas, and the late Mr and Mrs Don Clowers of Hot Springs, Arkansas.

Hart is the grandson of Mrs Ida Mae Wilks and the late Russell Wilks, Jr of Post and Mr and Mrs J.D. Hart of Gail.

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Clowers is a 1987 honor graduate of Jonesboro High School. She graduated magna cum laude from Arkansas State University in May of 1991 where she majored in journalism and minored in management, German, and general business. She was Campus Events Editor in the fall of 1990. She was initiated into the honor organizations of Phi Kappa Phi, Alpha Lambda Delta, and Gamma Beta Phi. Clowers worked for Sen. Mike Todd and Municipal Judge Andy Fulkerson of Paragould, Arkansas, in the summer of 1991. She was awarded a teaching assistantship to Texas Tech University in Lubbock, Texas in the fall of 1991 and is currently working toward a master of arts in communication studies.

Hart is a 1987 honor graduate of Slaton High School. He graduated cum laude from West Texas State University in May of 1991 where he majored in speech communication and minored in journalism, theater, and English. Hart was Student Body President in 1989-90, president of the Young Democrats, Campus Services President, Editor-in-Chief of the yearbook, and Communication Director for Mortar Board. Hart was a national qualifier in interpretive performances for American Forensics Association where he finished in the top twenty-five. He worked in the successful campaigns of 13th District Congressman Bill Sarpualis and Governor Ann Richards. Hart was awarded a teaching assistantship to Texas Tech University in Lubbock, Texas in the fall of 1991 and is currently working toward a master of arts in communication studies. He also participates in community theatre where he most recently played the lead in the musical "You're a Good Man, Charlie

The couple will exchange vows on August 15, 1992 at 7 p.m. at the First United Methodist Church in Post, Texas. The reception will follow in the church reception hall. All friends and relatives are invited to attend.

Russell Hart and Marsha Clowers

This ANN That

by Ann Nobles **Extension Agent** Home Economics

Recently two of my high school classmates suffered strokes. My first reaction is, "We're not old enough for that!" And although strokes are more common among the elderly, they can happen to

One friend who was stricken by stroke has very high hereditary risk factors for cardio-vascular problems on both sides of her family. Inherited tendencies, while impossible to change, can be managed by paying attention to the state of your health. Knowing your blood pressure reading and your blood cholesterol and lipid levels can help you know if you need to reduce your risk for cardio-vascular disease. One way to do so is to

For many years scientists thought that weight loss as simply a matter of mathematics. If a person ate fewer calories than he burned for energy, he would lose weight. Today, scientists are finding some interesting things containing more fat had more body-fat mass and a higher per-

At nine calories per gram, fat packs more than twice the calorie punch of carbohydrates and proteins, each with four calories per gram. Beyond that, researcher have learned that the body converts dietary fat to stored fat relatively easily. Fat eaten in the diet is converted into stored fat in the body at 97 percent efficiency compared to carbohydrate, which in converted into body fat with an

Simply put, dietary fat is much more likely to become body fat than dietary carbohydrate. Therefore, those who want to reduce the fat in their bodies should consume less fat and more carbohydrate.

A specific example explains that a moderately active woman getting about 2000 calories needs to cut about 15 grams of fat per day to bring her fat level down from 37% to 30% of calories. Here are some simple, small changes that can really add up:

* Save eight grams of fat per cup by drinking skim milk instead

* Eat baked chicken without the skin rather than fried chicken to save eight grams of fat per three-

* At the salad bar select oilhas nine grams fat per tablespoon.

stead of gourmet ice cream to save 20 grams of fat.

grams of fat. Go easy!



Michael Bartlett and Jae Jones

Bartlett-Jones to

marry August 8

Jan and Jimmie Bartlett of Post

and Carolyn and Rusty Jones of

Uvalde are proud to announce the

engagement and approaching mar-

riage of their children, Mike

The couple will graduate in

Mike is a 1988 graduate of Post

High School and Jae is a 1988

The couple plan to be married August 8, 1992 in Uvalde.

Mrs D.H. Bartlett and Mrs Ida

Mae Wilks and the late Russell

by Doll Haire

Wednesday, March 25, at 2 p.m.

The Womans Culture Club met

Donna Craig, president, called

Joyce Strubhart reported on the

Caprock District meeting on

March 20 & 21 at the hotel in

Culture

"Conservation Program" won first

In the arts, crafts and fashion

division, Donna won first place

with a coat she had designed,

made and painted. She also won first place overall in this division.

The club's yearbook was given

Those attending from Post were

Donna Craig, Joyce Strubhart,

Lois Cook reported on a meet-ing she attended in Slaton to help

the McDonald House in Lubbock.

Anyone wishing to get involved

Lillian Potts wrote letters to

several state officials urging that

more money be spent in research

on the deadly disease of cancer.

cial items that are needed at

Jan Crawford gave a most inter-

esting program on the "Many Forms of Art," using the "Show

and Tell" method, by having on

display unique paper weights, glassware and other unusual items

We congratulate Jan on her arti-

by W.H. Bossons and son Ray.

interesting characters.

Potts as hostesses.

Each member signed the letters. It was also discussed on the spe-

M.D.Anderson in Houston.

Lois Cook and Dorace Wilson.

100%. We are very proud of our

Clubs

the meeting to order and presided

Mike is the grandson of Mr and

graduate of Uvalde High School.

May, 1992 from Texas A&M

University in College Station.

Bartlett to Jae Jones.

Wilks, Jr all of Post.

March 25

in the clubhouse.

Lubbock.

study club.

need to call Lois.

for the business meeting.

Culture Club

holds meeting

Need a timely update on food preservation techniques and food safety practices? Let's Preserve, a preservation workshop scheduled for April 11, 9 a.m. to 3 p.m., Southwestern Public Service, Lubbock, will provide the newest information to update your food safety and preservation skills. Topics for the workshop include:

* Principles of Canning. * Freezing.

* Jams, Jellies, Preserves, Marmalades.

* Pickled Products.

* Drying. * Food Preservation Equipment (Maintenance and Repair).

* Food Preservation and Safety Exhibits.

Consumers are concerned about food safety and they become alarmed when reports of foodborne diseases, chemical used in food production and food additives receive media attention. Consumers are often confused by conflicting and erroneous information about safety issues and food preservation.

The purpose of Extension's programs in the food safety and preservation areas is to:

* increase knowledge and promote adoption of safe food handling practices by consumers;

promote safe food handling practices such as proper hygiene, recommended cooking times and temperatures, careful food selection, and proper cooling and storage methods that minimize risk.

The Post Dispatch Wednesday, April 1, 1992 Page 3

Each person paying the \$10 registration will receive a packet of the latest Ball Blue Book, Kerr Kitchen Cookbook, New Mexico Publication on Chiles, and California Drying Foods.

For more information and to register for this workshop call Ann Nobles, County Extension Agent-Home Economics, by Wednesday, April 8, at 806-495-2050.

Dancing is the poetry of the

—Dryden

BeautiControl Cosmetics Nancy Kemp - Dwainna Wulfjen Image Consultants Free Skin Care Analysis Free Color Analysis Free Makeover Large Inventory Call for appointment

495-4150 or 495-2129

Twelve Week Revival Church of God of Prophecy 602 W. 14th

Every Sunday Morning February 16 - May 3

Preaching! Praying! Singing!

Spring!

Fruits & Flowers **Easter Baskets** Ducks & Bunnies... and Surprises

Spring Open House

201 E. Main

Services begin at 10:30 a.m.

Come and Worship!

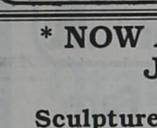
Children's Church each Sunday

DAN SH **MRORTS** GIFTS & COLLECTIBLES

Thursday, Friday and Saturday April 2nd, 3rd and 4th 9:00 - 6:00

Door Prizes ... Refreshments

Mon-Sat 9:00 to 6:00 495-2314



DOWE MAYFIELD, C.L.U. C.D. Maturing?

How about 7.75% tax deferred interest? 3305 81st, Suite F, Lubbock 1-800-658-6130 (toll free)

* NOW AT Sophisticutt's * Jackie White

Nail Technician Sculptured - Manicures - Fill-ins -Tips - Overlays 495-3892

Wednesdays & Thursdays First Visit Discount \$1 OFF manicures \$3 OFF other nail services



Dresses-infant thru Pre-Teen Colored hose - thru Pre-Teen Hats - Purses

Dress Pants - thru size 14 **Button Collar Shirts** Ties - Socks



Swimsuits are here -Lay Away Welcome

号片 ST. MARY MOBILE MEDICAL SERVICES



Mobile Mammography Unit

will be here

Tuesday, April 14, 1992 Garza Memorial Hospital PLEASE CALL 495-2828 (X-Ray Dept.) FOR AN APPOINTMENT

Don't miss this excellent, low-cost opportunity for a safe and reliable breast cancer screening

Cost - \$65.00

includes X-ray, radiologist's fee, and film storage

"Bringing Medicine To You"

4000 24th Street Lubbock, TX 79410 1-800-388-6266

is the surest. Deadline for all news and advertising... Mondays, 5 p.m.

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Phone 998-4320 or 998-4591 PAT GREEN, LUTCF, Agency Manager Danny Preston - G.G. Fillingim





reduce body fat.

about calories. Not only do they all count, but calories from fat seems to count more than others. Investigators found new reasons why fat, not carbohydrate, in the diet is a major villain in obesity. The researchers found that men who ate high-fat food in a sampling of their normal diets were fatter. When 244 healthy men ate whatever they liked and recorded their food consumption for three days, those who had eaten foods

centage of body fat.

efficiency of only 77 percent.

ounce serving.

based rather than mayonnaisebased dressings or use reduced calorie or "lite" varieties. Regular * Try a cup of frozen yogurt in-

Ten potato chips have seven



Private Label

MON WED

Good thru April 7 in Lubbock, Slaton, Post, Brownfield, Levelland, Littlefield, Lamesa & Plainview

Quantity Rights Reserved. No Sale to Dealers.

Coke or 7-Up



Assorted 6/12 oz. cans

Liter

Fine Fare Beans 4 lb.

Fine Fare Dry Pinto | Yellow Cling **Peaches**

Halves or Slices 29 oz.

Fine Fare Macaroni & Cheese



7.25 oz.



United **Potato Chips**

Regular or Dip Style

7.75 oz.

Fine Fare Cut Green Beans

FINE FARE Green Beans 16 oz.

Hormel Chili

No Beans

Fine Fare Vegetable Oil

Fine Fare Corn Flakes

Fine Fare Salad Dressing

United White Sandwich **Bread**

Thin or Round Top



1/4 m

Tur

Ora

Slice

Sup

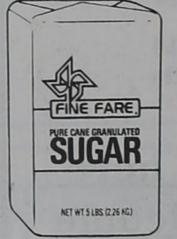
Extr

Fine Fare Apple Juice 64 oz.

Fine Fare Crackers

16 oz.

Fine Fare Sugar



4 lb. bag

MONFO **Fine Fare**

Bath Tissue



4 roll

Fine Fare Trash Bags



30 gallon 20 ct.

Fine Fare Bleach

64 oz.



Fine Fare Fabric Softener

20 ct. Sheets

Hytop Ultra Detergent \$799

109 oz.

United Cotton Balls



Regular 300 ct. Triple Size 100ct.

United **Pain Relief Tablets** Extra Strength \$739

100 ct. United **Cotton Swabs**

300 ct.

Health & United

Foam Bubble Bath **Assorted**



32 oz. United **Allergy Medication**



24 ct.

Red Ripe Watermelon



1/2 melon

1/4 melon .99 Wh. melon \$3.69

Purple Top **Turnips**

Sweet Juicy **Bosc Pears**

Garden Fresh

Super Select Cucumbers



Hayden Mangoes

Fresh #1

Garlic Extra \$1 lb.

U.S. #1 Russet **Potatoes**



15 lb. bag

Fresh Green **Onions**

Gro 2000 Fertilizer

All Purpose 16-8-4 with 1% iron

40 lb.

FROZEN

Fine Fare Orange Juice



Fine Fare Sliced Strawberries

Cut Corn or Mixed Vegetables

Fine Fare



Fine Fare Whipped Topping



United Cottage Cheese



69

Fine Fare Light Spread Margarine





1/2 gallon

Homo, 1 1/2% or 1/2%

Bell **Sour Cream**



8 oz. for

USDA Choice Super Valu Pak Boneless Shoulder Roast



0 0

b 10

Single Pak lb. \$1.88

Extra Lean **Cube Steak**

lb.

Beef

Super Valu Pak



89

USDA Choice Top Sirloin Steak lb. \$2.98 Farmland Extra Tender **Pork Spareribs**

United Extra Lean Boneless

Top Sirloin



Small 3 1/2 lb. & down

Super Valu Pak **Split Fryer Breast**



Fine Fare American Singles



12 oz. pkg.

Super Valu Pak United Extra Lean Boneless **Family Steak**



Single Pak lb. \$1.98

Regular Pak lb. \$1.98 **United Premium Quality** Bologna

Meat or Thick

1 lb. pkg. Beef Bologna 1 lb. pkg. \$1.48

DO DE D SLICED SMOKED BACON

United Premium Quality

Bacon

12 oz. pkg.



Classified Advertising

Miscellaneous for Sale

tacos de Cabeza, Friday (3rd) 11 a.m. - 7

p.m. and Saturday (4th) 6 a.m. - on.

La Hermosa Church will be selling

Melville Clark piano with storage

bench. Full size mattress and box springs

with frame. Long formal, size 3/5, red

with black trim, very pretty. Call 495-

Garage Sales

Christian Fellowship, 220 East Main,

April 3 & 4, 9-5.

and friends

Saturday.

Building.

Two bedroom, two bath with utility; excellent

Garage sale & craft sale at Caprock

Patio sale, Saturday, April 4, 8:30 til?

and Sunday, April 5, 10 a.m. til 2 p.m.

Something for everyone, clothes, shoes,

linen, doccorative item, Cub Scout shirts

and caps, furniture, football cards and

lemonade. At double-wide mobile home

behind Caprock Liquor - Dena Morgan

Garage sale, Saturday, 106 East 13th,

The Graham Methodist Church will

hold a bake sale and garage sale on Friday

and Saturday (April 10th & 11th) at the

Three Sisters Store in downtown Post.

Hours will be 9-5 on Friday and 9-3 on

Garage sale, 708 West 10th, 9 a.m. - 4

Carport sale, Saturday, 9-12, children,

Yard sale, 414 West 11th, 8 a.m. til 12

Garage sale, 609 North Avenue I,

Yard sale, Saturday, 9-??, ladies bike,

5 family garage sale, Saturday, 9 til?,

4 family yard sale, 115 West 4th,

Saturday, 8 a.m. - ?, baby to adult clothes,

Yard sale, Saturday, 8-??, lots of clothes, some furniture, toys and dishes,

baby furniture, dishes, misc, formals.

215 Ralls Road. No early callers.

on Main Street at The Three Sisters

707 West 15th, weather permitting.

Wednesday, starts at 1 p.m., tamales also

women and mens clothing, lots of misc,

weather permitting, 605 West 5th.

noon, Saturday, April 4th.

p.m., weather permitting, Saturday, April

Private Party Classified Rates

PAYABLE IN ADVANCE All private party classified ads must be paid in advance. Rate Per Word Minimum \$3 per ad

NO BUSINESSES AT THIS RATE. STRICTLY NON-COMMERCIAL, PRIVATE PARTY RATE.

Cards of Thanks Up to 50 words free. All words over 50 at 25¢ each.

DEADLINE FOR COPY AND PAYMENT IS Mondays at 5 p.m.

> Commercial Classified Rates

Rate Number of Times Per Word Per Time Bold faced copy

Card of Thanks

I would like to thank everyone for the flowers and cards while I was in the hospital and the cards, flowers and food since I've come home. A special thank you to Rev Bill Smith, Dr Wilson, Maxine Conoly and my sisters for all their help. Bonnie Taylor

We want to thank everyone for their prayers, cards, visits and the beautiful flowers while I was in the hospital. Also for the food that was brought to us after I returned home. The concern and love was appreciated and may God richly bless each of you.

Maurine & Gilbert Griffin

We would like to thank everyone for their prayers, cards, phone calls and visits while T.F. was in the hospital. Also for all the wonderful food brought to our home. A special thanks to Bro Bill Smith for his prayers and visits. To our family thank you for everything. May God bless you

T.F. & Ruby Nell Davis

We would like to thank each and everyone of you for the flowers, food, phone calls and especially all of the kind words during the loss of our precious father and grandfather. A very special thanks to all of his neighbors for looking out for him. Words cannot express how The family of W.E. Bodine

Alfred & Linda Oden J.B. & Trudy Bodine Lunard & Tiny Bodine All the grandchildren & greatgrandchildren

Personals

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday night of the month, which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-3667 or 629-4393.

> City County Drug and Alcohol Abuse

A non-profit service organization to assist with treatment placement, referrals, and confidential counseling for the substance abuser, alcoholic or family members concerned about their loved ones drinking or drug addiction. For information or appointment call office 495-3173 or 24 hour number 495-3788. All call strictly confidental. We Care. Director Glenda Baker CADAC, Assistant Director Lynette Massey

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 910 W. 10th at 8 p.m. Closed meetings are held except on the last Thursday night of the month,

CHEVROLET

CHEVROLET

which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-3667 or 629-4393.

Reduce safe and fast with GoBese capsules and E-Vap "water pills." Available at Bob Collier Drug.

Services and Repairs

Need a cake? Call Jarita at 495-3752.

Dog grooming, wash & dip - Lanora Eilenberger, 207 South Avenue I., 495-

Help Wanted

HELP WANTED

Missy's Manufacturing taking applications for experienced seamstresses on single needle and/or fivethread surges. Must have worked in a sewing factory before. Excellent pay for production. Please come by 125 West 8th, Post, Texas, 495-2839.

Help Wanted:

Office help needed . must have typing, bookkeeping and computer skills. Interviews by appointment only. Resumes may be mailed to P.O. Box 459, Post, Tx. 79356. Contact Weaver McKamie at 495-3563, **H&M Dirt Contractors**

Jobs Wanted

Need carpenter or lawn work? Call Steve Long at 495-3342.

Mobile Homes for Rent

Trailer house for rent, 495-3326.

Homes for Sale

3 bedroom, 2 bath, carport, covered patio, great location. Call Joe Neal Clary at 495-3752

3 bedroom, 1 bath, 3 room rent house, 2 car garage. 495-3031.

3 bedroom/ 2 bath, 402 Osage, 495-

Piano Tuning

Piano Lessons

David King

495-3341

Birthday · Anniversary · Wedding

Jimella Simpson

Post Oil &

Lubricant

Reshea Hair Perez, owner

Motor Oil, Anti-Freeze,

Hydrolic Fluids, Gear Oils &

All Lubricants

Quaker State Motor Oil

30 wt \$14.50 case

while supply lasts)

495-3480

301 E. 15th

(Old Southland Butane Bldg.)

Robert Hall

Chevrolet-Olds-GEO

Jayton, Texas

806-237-2182

495-3836

Ge

Special Occasion Cakes

495-3318

after 5 p.m.

OLDSMOBILE

MOTORCYLES!

Take Your Pick

Honda 550 - Kawasaki 550

Kawasaki 750

CARS, ETC.

See Mike for a deal you'll like!

104 N. Ave. I

location; well maintained.

FOR SALE:

Call 495-2188 after 5 p.m.

misc, 105 West 14th. Pets and Supplies

Yard sale: Thursday, men, women,

kids and infant clothes, 501 jeans, other

For Sale: 1/2 Chow, 1/2 Siberian Husky puppies, 2 males and 2 females, \$25 each. Loveable, cute and protective. Call 495-2214.

Feed & Seed & Livestock

HIGH PLS - will deliver quantities - 1-800-685-7592.

Wanted to Rent

Family oriented motorcycle club wishes to lease 10,000 acres (more or less). If too rough for cattle, hunters - just right for us. Rough land needed. Call George (793-2551) or Ralph (763-5449).

Germania

Farm Mutual Insurance Association Locally served by

Jerry **Taylor** 115 N. Ave. H Post, Texas 79356 495-3330 or

495-3875

In Maryland, there is a city

Call us for REPAIR on • Refrigerators • Washers • Dryers • Vacuum cleaners We now honor Discover Credit Cards!

495-3190 Seals Furniture ouc and Appliances

720 N. Broadway We pick up and deliver. All labor and parts guaranteed.

Post Insurance

All Your Insurance Needs

 Quotes available by phone 495-2894 122 E. Main

Wanted to Buy

Trade house in Slaton and cash for grassland. Must have livable house and domestic well, prefer North of Post. Call 806-828-4707.

> WANTED: lease w/ option to buy 100 plus acres. Post or surrounding area. Must have home, improvements, cultivated w/some grass. Leave message 214-306-3358

Business Opportunities

COOKWARE, 17 piece, 5 ply stainless steel, new, lifetime warranty. Home parties \$1100.00, take \$299.00, 293-

Legal Notices

THE STATE OF TEXAS To: L.H. BUTLER, HENRY Z BUTLER, W.L. BUTLER, JR., and ERIC DOVRE Defendants, Greeting:

You are hereby commanded to appear by filing a written answer to the Plaintiff's Petition at or before ten o'clock A.M. of the first Monday after the expiration of forty-two days from the date of the issuance of this citation, same being Monday the 4th day of May 1992, at or before ten o'clock A.M. before the Honorable George H. Hansard 106th District Court of Garza County, Texas, at the Court House of said County in Post,

Said Plaintiff's Petition was filed in said court, on the 17th day of February A.D. 1992, in this cause, numbered 4735 on the docket of said court, and styled, Brazos River Authority, acting for and on behalf of the City of Lubbock Plaintiff, vs L.H. Butler, Henry Z. Butler, W.L. Butler, Jr., Eric Dovre, Edmund Goolsbee, Paul Thomas Lawlis and Loubie Boyd Woods Trust Defendants.

The names of the parties to the cause BRAZOS RIVER AUTHORITY,

ACTING FOR AND ON BEHALF OF THE CITY OF LUBBOCK are Plaintiffs and L.H. BUTLER, HENRY Z. BUTLER, W.L. BUTLER, JR., ERIC DOVRE, EDMUND GOOLSBEE, PAUL THOMAS LAWLIS AND LOUBIE BOYD WOODS TRUST are A brief statement of the nature of this

suit is as follows, to wit: * in stirlw

This is a proceeding in eminent domain wherein the Plaintiff, Brazos River Authority, seeks condemnation of a property interest, involving subordination of/all right, title and interest which Defendants have or may have to explore, drill, develop or produce oil, gas or other minerals from a tract of land out of the West One-half (W/2) of Section 94, Block 5, H&GN RR Co. Survey in Garza County, Texas, in which the Defendants are alleged to own undivided mineral interests to the rights, needs and requirements of the Plaintiff and the City of Lubbock in connection with the construction, operation, maintenance and use of a water impoundment project in Garza and Kent Counties, Texas, for the purpose of providing fresh water for the needs of the City of Lubbock in the future. All rights of the Defendants to explore, drill, develop or produce oil, gas or other minerals from their mineral ownership interest in the property described above are to be declared inferior to the rights and interests of the Plaintiff and the City of Lubbock to construct, operate and utilize the project for its intended purpose, as is more fully shown by Plaintiff's Petition on file in this

If this citation is not served within ninty days after the date of its issuance, it shall be returned unserved.

The officer executing this process shall promptly execute the same according to law, and make due return as the law directs.

Issued and given under my hand and the Seal of said Court, at office in Post, Texas, this the 16th day of March A.D. 1992.

Sonny Gossett, Clerk, District Court, Garza County, Texas. by Joy Browning, Deputy.

called Accident.

Serving Post Since 1911

Auto - Home - Commercial - Bonds

NOTICE OF TRUSTEE ELECTION (AVISO DE ELECCION TRUSTEE)

To the Registered Voters of Southland, (A los votantes registrados del

Southland, Texas:) Notice is hereby given that the polling places listed below will be open from 7:00

a.m. to 7:00 p.m., on Saturday, May 2, 1992, for voting in a school trustee election, to elect three trustees. (Notifiquese, por las presente, que las casillas electorales sitados abajo se

abriran desde las 7:00 a.m. hasta las 7:00 p.m., el 2 de May de 1992 para votar en la Eleccion para three school trustees.) LOCATIONS OF POLLING

(DIRECCION(ES) DE LAS

CASILLAS ELECTORALES.) School Library Absentee voting by personal appearance will be conducted each weekday at the school administration building between the hours of 8:00 a.m.

and 3:40 p.m. beginning on April 13,

1992 and ending on April 28, 1992. (La volaccion en ausencia en persona se llevara a cabo de lunes a viernes en) the school administration building between the hours of 8:00 a.m. and 3:40 p.m. (entre las 13 de la manana y las April de la tarde empezando el 1992) (y terminando el April 28, 1992).

Applications for ballot by mail shall be mailed to:

(Las solicitudes para boletas que se votaran en ausencia por correo deberan enviarse a:)

Wynelle Craft Rt 2 Box 103

Southland, Texas 79364-9549 Applications for ballots by mail must be received no later than the close of business on April 24, 1992.

(Las solicitudes para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el) April 24, 1992.

Issued this the 13th day of January, (Emitada este dia 13th de January,

Dennis McGehee

Follis Heating & Air Conditioning Sales, Installation & Service

TRANE EQUIPMENT **FREE Estimates** Dial 628-6371 Insured and Licensed

YES! A New Way to Earn \$\$ at AVON Without Knocking on a Single Door. Start for as little as \$20.

Lubbock Office 741-7151 Area Rep. 495-2258 (Habla Español)

NOTICE OF HEARING FOR OIL AND GAS WELL PERMIT CITY OF POST, TEXAS

Notice is hereby given that THE GEORGE R. BROWN PARTNERSHIP, acting under and pursuant to ORDINANCE NO. 238, WHICH ORDINANCE **AMENDED** ORDINANCE NO. 89, PASSES ON FEBRUARY 14, 1950, AND RELATING TO THE DRILLING FOR MINING, OR IN ANY MANNER ENGAGING IN OPERATIONS FOR THE PURPOSE OF EXTRACTING OIL, GAS OR OTHER PETROLEUM PRODUCTS FROM THE CITY OF POST, AND CORRECTING EXHIBIT B IN ORDINANCE NO. 89, AND ALLOWING ADDITIONAL WITHIN DRILLING TERRITORIAL LIMITS OF THE CITY OF POST AS SAME EXISTED ON FEBRUARY 14, 1950; MADE, PASSED AND ENTERED ON THE 29th DAY OF MARCH, 1966, FILED WITH THE CITY SECRETARY OF THE CITY OF POST AN APPLICATION FOR A PERMIT TO DRILL A WELL FOR OIL and/or GAS IN SECTION NUMBER 1231, OF THE TOWN OF POST, GARZA COUNTY, TEXAS, ACCORING TO THE MAP OR PLAT OF SAID TOWN OF RECORD IN VOLUME 13, PAGE 1, OF THE DEED RECORDS OF GARZA COUNTY, TEXAS, REFERENCE TO WHICH IS HERE MADE: SUCH WELL TO BE IN DRILLING SECTION NUMBER 1231, AS SHOWN IN SAID ORDINANCE NO. 238.

A hearing upon said application will be held at the Cith Hall in the City of Post, Texas, on the 6th day of April, 1992, at 7:30 o'clock P.M., at which time and place all persons interested may appear and contest said application.

THE GEORGE R. BROWN

PARTNERSHIP

Clement Moore's poem was not entitled "'Twas the Night Before Christmas," but was instead called "A Visit From St. Nick."

Yard Work

will do all kinds of yard work... from trimming trees to trimming yards. Call Ken Bell

495-3997

Hoover

Bookkeeping and Tax Service Payroll, sales tax Quarterly reports, P&L · Income Tax Returns 495-2894 122 E. Main

D&B Construction, Inc.

Pre-Season Sale Don't Pay Too Much \$1,000 OFF Ultra Steel 2000 Siding or Overhang Cover Storm windows FREE with both up to 15 windows MARCH ONLY with this coupon from The Post Dispatch

100% financing - Free estimates - No obligation 1-800-333-2066 CALL NOW!

3/2 Large living room and kitchen, storage house, green house and wonderful back yard.

3/2/2 Brick. Luxury living. Large rooms, beautiful carpeting/paneling; den w/wet bar; covered patio. 115,000 3/2.5 2-story; double FP; huge living area with beam

ceilings; in Cedar Hills; approx. 2,000 sq. ft. REDUCED:65,000 2/2/1 Brick on 2.35 acres. Den, FP. Large rooms, storage 54,900 everywhere. Recently remodeled.

3/1 with central heat, bath redone, 2 lots, large bedrooms, NOW 37,000 storage everywhere. REDUCED \$6,000 3/1 w/basement. Steel siding, good roof, storage bldg., 34,000 2 lots, bath remodeled. Clean, spacious.

4/2/2 with two living areas, rock FP, library, office; 2,100 sq. ft. = \$14.00 per. GREAT BUY! 29,500 INCOME PROPERTY: two 2-BR homes on 2 1/2 fots; Both for 28,500 good condition, great location.

Comm. bldg. 40 X 75 on 40 X 150 downtown lot. 24,500 GOOD condition. Central H&A. Consider lease. 2/1/1 Frame. New windows, carpet, plbg. & wiring.

NOW 13,500 Large utility. Must see to appreciate. 2/1-separate DR. Carpeted except BRs. Plbg & wiring 4 years old. Price includes 2-BR mobile home for storage, 8,500

Make Offer! 4-BR 2-story "shell." Incl. 2 good corner lots. Mitchell Real Estate Travis

495-2480

495-3719

Mike and Wanda Barbara 495-3987 495-3104

The Post High act play, "It Pay won first plac won first plac Awards receive Awards (Best Awards
Ticer (Best
Jackson (All Stat
Davidson (All Stat
Davidson (Weaven Billy Weave farmer, receives Award." Sgt J Marine Sgt J been promoted t

while serving while serving while serving while serving while amphibian Batta une, N.C. He is a une, N Post High School
Mr and Mrs A Center, spent their daughter an Mrs Silas Short, I Durwood Bart place winner in Checker Tourn 20 Yea

March Jenny Wheele won the annua Spelling Bee her ternoon over a over contestants. Norman Tanno won first place the University-C

MAKE A FRIEND ...FO high school exchar August...host families r tural Student Exchan or 1-800-SIBLING. DEER HUNTERS SPE wooded, excellent huntin veteran or owner finar Realty, 500 Buchanan D

REPOSSESSED TEXA

Advert Reach 3 M

terest, 30 years, 0 down, time, hurry, call now! 1-8 SCHOLARSHIPS-GRA college students. Billio private sources. Apply earship Finders, P.O. E 75647, 903-845-4352 POETRY CONTEST: 5 publication. Send one or to: National Library of P Mills, MD 21117. **NEW TECHNOLOGY** needed, Unparalleled o Reduce operating costs viduals. Minimum Invest tory Rep. 806-675-2246

SUPERMARKET MANA assistant and co-manage and benefits. Market Bas Nederland, Texas 77627 BECOME A PARALEG. growing profession. Wo instructed home study. The available. Free catalogue 1 PROGRESSIVE COMP troit, Laredo, Nashville, N

You'll never h
The secret? Cle Slow drains. layer of GOOK waste stick to

Yesteryears

Gleaned from the files of The Post Dispatch. Microfilm copies are available at the Post Public Library.

by Pat Burnett
10 Years Ago
April 1, 1982
The Post High School UIL oneact play, "It Pays to Be Earnest"
won first place at Frenship.
Awards received were: Jimmy
Ticer (Best Actor), Cindee
Jackson (All Star Cast) and Penny
Davidson (All Star Cast).
Billy Weaver, a Southland
farmer, receives "Farmer of Year
Award."
Marine Sgt Joe Espinoza has
been promoted to his present rank
while serving with 2nd Assault
Amphibian Battalion, Camp Lejeune, N.C. He is a 1978 graduate of
Post High School.
Mr and Mrs A.S. Berry of Hale
Center, spent the weekend with
their daughter and family, Mr and
Mrs Silas Short, Mark and Bill.
Durwood Bartlett was seventh
place winner in the recent State
Checker Tournament held in
Temple.

Temple.

20 Years Ago
March 30, 1972

Jenny Wheeler, of Southland,
won the annual Garza County
Spelling Bee here Wednesday afternoon over approximately 25
over contestants.

Norman Tanner of Texas Tech
won first place in the shot put in

won first place in the shot put in the University-College division of

MAKE A FRIEND ...FOR LIFE! Scandinavian, Eu-ropean, Yugoslavian, South American, Japanese high school axchange students...arriving August...host families needed! American Intercul-tural Student Exchange. Cell Eleanor 817-4674619 or 1-900-SIBLNG.

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the Texas Tech Invitational Relays Saturday.

Beth Peel is a member of the Lubbock Christian College A Cappella Chorus which left on its spring tour Monday.

Mrs Jim Hays was honored with a surprise birthday dinner in her home Sunday.

Rites today for Maria Reyna, 70. She was born March 20, 1902 in Boerne, Texas, and had been a Post resident for 26 years.

30 Years Ago
March 29, 1962

Mr and Mrs Ed Ainsworth celebrated on their 50th wedding anniversary, March 18 with an open house.

house.

On April 14 the following Lincoln Elementary students are to compete in literary events in the district Interscholastic League contests in Crane: Patricia Ann Gilbert, Nathaniel Manuel, Kenneth Wayne Mitchell, Johnnie Lee Porter, Rubye Faye Manuel, Sandra Guichard, Clint L. Johnson, Floyd Gene Moreau, Evonne Wynn and Bobbie Johnson.

Johnson.

Mr and Mrs M.H. Hutto and family moved Monday to their newly purchased home here in Post.

Miss Jewel Parsons resumes her

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duties at the hospital after a three week vacation in the south.

40 Years Ago
March 27, 1952

Monta Moore, manager of the Double U Company, was elected

and Indianapois needs drivers to operate late model tractors for automotive freight/general commodities in good lance that will get you home. We offer excellent starting pay, full benefits, good miles and assigned dispatchers. Call in your application today and be on the road by Thursday. Celadon Trucking 1-800-729-9770.

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president of the Rotary Club here.
Two new arrivals are Wallace
Erwin born March 23 to Mr and
Mrs Erwin Ernest and Laura
Elizabeth born March 24 to Mr
and Mrs E.E. Peel.
Bohby Dean small son of Mr.

Elizabeth born March 24 to Mr and Mrs E.E. Peel.

Bobby Dean, small son of Mr and Mrs Ralph Dean, underwent a tonsillectomy Monday in Lubbock. He came home Tuesday.

Layne Gossett is honored on her third birthday with a party. Eleven children attend the celebration.

This weck's sale prices are: large box laundry detergent for 29 cents, T-bone steak at 99 cents a pound, carrots for 10 cents a bunch and peanut butter, a 12-oz jar, for 33 cents.

50 Years Ago

Fifty Years Ago This Week
Another 20-hour Red Cross first aid class was begun Monday night according to Roy Holland, chairman.

Mr. and Mrs. Will Weight, baye.

man.
Mr and Mrs Will Wright have returned home after spending a few days at the stock show in Fort

Worth.
Miss Dixie Nell Stevens was recently formally introduced with 15
other pledges of Las Vicrachas social club at Tech.
County retail food merchants
met Friday and heard representatives of Surplus Marketing Administration explain the federal
food stamp plan.
Cacil Colomba has taken over

Cecil Osborne has taken over management of the Star Service station, formerly operated by Bill Rackley.

Trail Blazers Lunch Menu

Thursday, April 2
Meatloaf, green beans, mashed potatoes, whole wheat roll, cherry cobbler, milk or beverage choice.

Friday, April 3
Roast, broc/cheese/rice/casserole, sliced tomatoes, roll, yellow cake with icing, milk or beverage choice.

Monday, April 6

Baked cod, tartar sauce, mixed vegetables, creamy coleslaw, combread, banana bread, milk or beverage choice.

Tuesday, April 7
Ham, potato salad, spinach, roll, apple cobbler, milk or beverage choice.

Wednesday, April 8

Pork chops, peas and carrots, white rice, combread, orange/pine-apple jello, milk or beverage choice.

Monday, April 6
Breakfast- Malt-o-meal, bacon, toas, fruit, milk.
Lunch- Taco with sauce, lettuce, pork & beans, fruit cobbler, milk.

pork & beans, fruit cobbler, milk.

Tuesday, April 7

Breakfast-Sweet rolls, fruit, milk.
Lunch- Bar-b-que on bun, pinto
beans, cabbage slaw, fruit, milk.

Wednesday, April 8

Breakfast- Scrambled eggs, sausage, toast, fruit, milk.
Lunch- Corn dogs, French fries,
carrot sticks, Birthday cake, milk.

Thursday, April 9

Breakfast- Cowboy bread, fruit,
milk.

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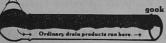


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Tou Il never have a slow running, or clogged drain again! The secret? Clean drains don't run slow.

Slow drains, or periodic clogs, are SIGNALS that a thick layer of GOOK is choking your pipes. Grease, hair, and other waste stick to your pipes, with every use. This gook deposits along the entire length of the pipe. It chokes your pipes gradually, as it gets thicker and thicker.

Conventional drain openers can't fix slow drains. They react chemically on the surface of the gook. To be effective,



they must remain in contact with the waste. Even a small tun-nel through the gook lets them flow out to the sewer, leaving the gook behind.

In the past, the only way to remove this build-up was to rooter your pipes. An expensive, temporary measure.

Now, with just a few minutes each month, you can easily clean out your pipes... and KEEP them clean with Plumb Clean. Its totally unique formula clings, and penetrates deep into the gook. That is what allows it to liquefy even years of build-up. Plumb Clean will clean the entire length of your pipes. It will make your drains run like new, when used as directed. This penetrating action is so revolutionary, we stand behind Plumb Clean with a money-back guarantee!

Saves Money. A 1 lb. container of Plumb Clean holds up to 41 drain treatments. Even if drain openers could fix slow drains, it would take over 10 quart bottles to get the same number of treatments. Plumb Clean costs about 35e per treatment. We don't know of anything that cleans drains for less.

Safe Too. Conventional drain openers are dangerous chemicals. They can injure eyes on contact. They can release deadly vapors, in some situations. Some may damage your fixtures. Plumb Clean will not burn skin, or eyes. It will not release harmful fumes. When used as directed, it is 100% safe for people, and of course, all plumbing.

So, if your drains are giving you a SIGNAL, act now. Get safe, guaranteed Plumb Clean today!

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Varsity girls place fifth at Lubbock Invitational

Competing in the Division I category at last Saturday's Lubbock Girls' Invitational at Coronado High School, the Post varsity girls' track team scored 66.5 points. Amarillo Tascosa took first, followed by Clovis, N.M., Midland Lee, Hereford, Post, Coronado, Dunbar and Lubbock

Heretord, Post, Coronado, Dunbar and Lubbock.

"We competed well against the big schools," coach Bill Gordon says, "after the 400 relay didn't fare too good, it sort of let the air out of our sails for awhile."

"Sara Alexander's good performance in the 200 seemed to bolster our spirits and then the 1600 meter relay team really ran well," the coach added.

"I can't say enough about the young girls, our freshmen and sophomores are doing a great job," Gordon said.

Meet Results
Second Place
Sara Alexander - 200 meter dash, 25.69.

Third Place

Third Place
Ranetta Cruse - long jump, 16' 1/2".
Jamie Hawkins - high jump, 5' 0".
Wendy Clay - 100 meter hurdles,

Wendy Clay
16.02.
Tiffany Steel, Wendy Clay, Lou Ann
Ammons and Sara Alexander - 1600
meter relay, 4:13.67.
Fourth Place
Sara Alexander - long jump, 16'0".
Lou Ann Ammons - triple jump, 31'81/

Ranetta Cruse, Wendy Clay, Tiffany Steel and Sara Alexander - 400 meter relay, 50.52.

Fifth Place Lou Ann Ammons 2:39.56.

2:39.56.
Cara Cash - 100 meter hurdles, 17.52.
Chelisa Williams, Kembra Kemp,
Amber Cooper and Melissa Williams 800 meter relay, 1:56.20.

Sixth Place
Tiffany Steel - long jump, 15' 3".
Amber Cooper - high jump, 4' 8".
Kembra Kemp - triple jump, 30' 1".
Tiffany Steel - 200 meter dash, 26.75.
Cara Cash - 300 meter hurdles, 53.71.
Others competing included Christie
Oden, shot put and discus; Astrid Valdez,
1600 meter run and Katina Davis, 100
meter hurdles.

Varsity boys compete at San Angelo

The PHS varsity boys' track team placed 14th out of 29 teams at last weekend's San Angelo Relays.

Meet Results
First Place
Henry Reed - 100 meter dash, 10.88.
Sixth Place
Ricky Jefferson, Brad Lawson, Stewart Childers and Henry Reed - 400 meter relay, 44.98.
Brad Lawson - 400 meter dash, 51.53.
Jamie Ayala qualified in the 800 meter dash, but did not place in top six.
Others competing were Tommy Ammons, Tim Bell, Randy Britton, Barrett Day, Ty Hill, Shane Horton, Anthony Martin, Javier Saldivar and Pete Torres.

"Typewriter" is the longest English word that can be spelled correctly using only the top row of the "QWERTY" keyboard.



LouAnn Ammons leaping for the Lady Lopes in the triple jump. (Photo by Kimberly Dolberry)



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Education plan should stress quality Y.E.S. article...

by Governor Ann W. Richards

The people of Texas demand just two basic fundamentals from our public education system -quality and fairness.

Texans want quality schools and they want a fair method of funding those schools.

Those are broad issues and they give us a lot of negotiating room as we try once more to develop a fair system of financing public education. Three times the courts have struck down attempts to devise a system that ensures quality in our schools and fairness for all children.

This time a spirit of compromise, negotiation and reasonableness must prevail. At stake is the future of our children and grandchildren.

My staff is developing a plan which I will announce shortly. Speaker Lewis has already proposed a plan and there will be others that merit serious consideration. I am willing to look at all of

We can, and should, be willing to negotiate about the definitions of quality and equity, about the amount of money that is required, about how best to return decisionmaking to parents and teachers at the campus level, and about how we can hold schools and school districts accountable for their progress.

The range of negotiables includes administrative costs, textbooks, organization of instruction, instructional time and state and local policies.

But I must emphasize that there are two non-negotiable items in the education debate: the needs of students, and student performance.

If we are going to convince the taxpayers of this state that all this talk about education and money is more than just a bait-and-switch public relations job, we must produce results. To give them those results, we've got to get out of the lawsuit business and back to the business of educating children.

That's the job I expect us to accomplish in a special session of the Legislature I will call this spring. If we are to address the bigger issue of quality education during the 1993 regular session of the Legislature, we must resolve the issue of finance now.

Admittedly, the odds are against us. This is an election year and there are no easy votes when it comes to education finance. But I don't believe that any legislator

man who can't read them.

our children.

wants to go home and say we failed our children.

With that in mind, here are the broad outlies that we must work with to successfully resolve this education finance issue:

1.) We must provide rewards for quality -- that is, provide incentives for improving each school.

2.) We should not cap local spending. If taxpayers choose to spend more money to enrich their schools, they should be able to do

3.) We must produce a system that is revenue neutral.

4.) We must develop a system that is statewide in nature.

5.) We must pass a constitutional amendment, or we will end up in court again.

This is not a long list. I'm not interested in drawing lines in the dirt, and choosing up sides. I have left as much room for negotiation as possible.

We cannot simply pass a constitutional amendment that says, in effect, equity is whatever the legislature says it is...because then we invite the federal courts into our schools. Since we are currently having a devil of a time dealing with federal court interference in our prison system and our mental health, mental retardation system, I don't want to even crack open the door on public education.

So what we need is a constitutional amendment that can go before the voters in November. That constitutional amendment should give us a clearer definition of equity, and some kind of guarantee to remove the courts from our schools long enough to give our teachers and parents some relief.

To secure a constitutional amendment, we've got to come up with 100 votes in the House of Representatives and 21 votes in the Texas Senate. As we consider the different recommendations, we must not only consider what is educationally and fiscally sound, but what is politically feasible to pass the legislature and the voters.

Otherwise, we're just whistling in the wind.

The people of Texas are ready to put this issue to rest. They are ready to do right by the children of

As long as we refuse to compromise our students, refuse to give in on student performance, we will be able to give the people of Texas a plan for education finance that the voters will approve

Dedicated to Youth and Education

in November. The man who does not read good books has no advantage over the

Elect...

S. RAFE

FOREMAN

Candidate for

PLACE 4

Post I.S.D. School Board

-Mark Twain

and wonderful experiences, I have

(Continued from Page 1)

Mr Cook, 75, has Alzheimer's disease, but is able to be humorous and entertaining during the time I have spent with the Cooks each week.

It is exciting to know that we have come so far in our relationship, and that we have more of a friendship now than a typical client/volunteer assignment.

Because of the enthusiasm of the youths already involved with the program, more classmates became interested and wanted to be a part of the Y.E.S. project. So, in the spring, another training lock-in was conducted for the new volunteers and it refreshed the memories of those already participating.

We also were instructed in lawn care since summer was just around the corner. The spring semester was very rewarding and even more successful than the fall.

Just because summer was here did not mean we could forget our responsibility to our clients. Throughout the summer we continued to help them overcome the loneliness of their days.

During the same summer, our Senior Citizens Center lost a majority of its state funding, so Y.E.S. came to the rescue. We decided to have fundraisers to ensure the continuation of the center, where a majority of our clients spend time and have fellowship with each other.

On the Fourth of July, we had a Car-Bash in the city park, in which people paid to take swings at an old car with a

Later that month, the Y.E.S. volunteers and seniors worked together on a fundraising project when we sponsored a Rock-a-Thon at a local furniture store. Pledges were collected from donors who promised money according to how long we p.m. rocked in the chairs.

Volunteers and clients kept the rockers continuously rocking for nine hours and played cards, dominoes and shared stories, during what the senior men call "bull sessions."

After all the paperwork was completed, the Y.E.S. volunteers proudly presented a \$1,300 check to the Garza County Senior Citizens' Center to help continue their programs.

The past year and a half has really changed my life. Before I got involved with Youth Exchanging with Seniors, I spent my free time working and riding my horse, but now I spend my spare time doing for others. I knew the training was worth it one day when Mrs Cook said, "I couldn't do without you girls who help me."

I still visit and help Mr and Mrs Cook whenever I can, and I also have become actively involved in promoting the Y.E.S. project on the

local and state levels. With these various opportunities

decided to pursue a possible career in volunteer community service coordination or social education/ management. I am truly grateful I decided to attend the first Y.E.S. Training Institute.

Last year, I worried mainly about my horse. But this year, I've turned him out to pasture and continued with my involvements with Youth Exchanging with Seniors, as well as pursuing more education and developing my communications skills to help special seniors I've come to

Post Elementary School to provide half-day program for three year olds

Post Elementary School principal Dan Rankin has announced that a half-day school program for three year old students will be provided in the 1992-93 school year if a sufficient number of students register.

"To attend the three year old program," Rankin says, "a child must be from a low income family or be unable to speak the English language." Parents interested in the program are urged to register their children at the Post Elementary School prior to

Mystery 'Deathtrap' continues this weekend at Garza

April 15.

Four more performances of the comedy thriller "Deathtrap" will be presented at the Garza Theatre this

Performances will be offered Thursday through Sunday, April 2-5. Evening shows begin at 7:45 p.m. promptly and Sunday matinces at 2

The play is directed by Rich Warren and stars Warren as 'Clifford Anderson', Eric Blair as 'Sidney Bruhl', Alison Hoefler as 'Myra Bruhl', Jane Prince-Jones as 'Helga Ten Dorp' and Peter Harris as 'Porter Milgrim'

"Deathtrap" is an action packed two act play leaving audiences on the edge of their seats and doubled over with laughter.

Reservations may be obtained by calling the Garza Theatre box office at 495-4005 Monday through Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 2 p.m. Tickets are \$7 for adults and \$4 for students ages six

Reservations may be obtained by calling the Garza Theatre box office at 495-4005 Monday through Friday from 10 a.m. to 5 p.m. and Saturday from 10 a.m. to 2 p.m. Tickets are \$7 for adults and \$4 for students ages six

Reservations now being accepted for the Class of 1992 Salute

Sponsor reservations for graduating seniors to be featured in the Class of 1992 Salute are now being accepted by The Post Dispatch.

Graduating seniors from Post and Southland high schools will be included in the special tabloid publication, which features photos and biographical sketches of the graduates.

"This popular publication always sparks a lot of interest," publisher Wes Burnett emphasizes, "and we take reservations on a first-come, first served basis. If you have a senior you are particularly interested in sponsoring, please call Becky Warren at 495-2816 soon."

The Class of 1992 Salute will be published May 27, 1992 as a supplement to The Post Dispatch.



Coffee was regarded as heretical until Pope Clement VIII "blessed" it in the 17th century.

Dispatch plans voters' guide for May elections

The Post Dispatch will publish a voters' guide in its April 22 edition to provide information concerning candidates in the May 2 Post ISD, Garza Memorial Hospital and City of Post elections.

All candidates for these offices are encouraged to pick up a copy of the candidate form at The Post Dispatch, 123 E. Main and return the completed form no later than Friday, April 17.

Information for the guide will be edited from those forms submitted by candidates and returned no later

Friday, April 17. Candidates may also submit a photo to accompany the article.

"We are attempting to provide an avenue so that voters may be adequately informed about each candidate," publisher Wes Burnett

Three charged with burglaries...

Garza County deputies arrested three men March 26, charged with burglaries here. A 20 year old man has been transferred to the Texas Department of Corrections and paid a \$1,000 fine for burglary of a building; a 19 year old man is serving 60 days in jail, a five year probation and 200 hours of community service on a charge of burglary of a habitation and a 19 year old is still being held in jail on charges of burglary of a building.

On March 24 deputies arrested a 48 year old man on a theft warrant. He was released on a \$750 bond.

A 43 year old man was arrested March 29 by Texas DPS officers, charged with DWI. He was released following the posting of a \$1,500 bond. On the same day an 18 year old woman was arrested for disorderly conduct and is serving his time in jail.

On March 30 a 22 year old man was arrested on Montgomery County charges of theft by check. He was released on a \$750 bond.



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