

Tips for Elementary students

Dan Rankin, principal of Post Elementary School, asks the elementary students please follow the following instructions;

Kindergarten and first grade students are to enter the far east doors of the Primary wing. Room assignments will be posted on the wall to the right just inside the building and beside each teacher's room.

Second and third grade students are asked to enter through the old middle doors of the Primary wing. Room assignments will be posted on the walls beside the auditorium doors and beside each teacher's room.

Fourth and fifth grade students will

enter through the main front doors of the Elementary wing. Room assignments will be posted on each side of the hall facing the front doors and beside each teacher's room.

Aides will be in the hall to help with lunch money on this day. Lunches will be \$1.15 for K through 5.

The building will be opened at 8 a.m. The first bell will ring at 8:05 a.m. and classes will start at 8:10 a.m.

Children will be tardy after 8:10 a.m. and must come to the office for a pass to enter class, after the first day.

All classes will dismiss at 3:10 p.m. with

the exceptions of half-day kindergarten. Morning kindergarten will dismiss at 11:10 a.m. Afternoon kindergarten will begin at 12:10 p.m. and dismiss at 3:10 p.m.

Please make sure your child knows what to do when school is out and who they are to go with. Please observe all traffic rules and encourage your child to cross at the crosswalk with the guard.

Buses will run at 3:20 p.m.

Students new to our school are asked to please pre-register before Monday.

Office hours are 7:30 a.m. to 4:30 p.m. The phone number is 495-3436.

Day, Deakins
514 W. 7th St.
Amarillo, Tex.

Garza County News Briefs

Ragtown Reunion

The Close City (Ragtown) Reunion will be held Saturday, August 27, in the Post Community Center with registration set for 10 a.m.

Lunch will be served at 12 noon with a short business meeting scheduled for 1:30 p.m. followed by music and visiting.

Anyone who has ever lived in Ragtown, those living there now and school exes are asked to bring a basket lunch and join in the reunion.

Early school year mementoes will be displayed throughout the day.

The reunion will continue throughout the day and through the night until the visiting is over.

Southland Trustees Meet

The Southland Independent School District Board of Trustees will hold a budget meeting September 6.

The meeting is slated for 8 p.m. in the Southland School Library.

Southland Booster Meeting

The Southland Booster Club has planned an organizational meeting Thursday, Aug. 25, at 8 p.m. in the school cafeteria.

Plans will be made for the annual "Eagles Night" and everyone is invited to attend and "get high on Eagle Power."

Nelda Cartwright's Address

Following several requests for Nelda Leake Cartwright's address, she may be contacted at 4317 South Cline, Amarillo, Tex., 79110.

Brotherhood Barbecue

The Junior and Senior Brotherhood are having a program at 8 p. m. Saturday, August 27 at the Pleasant Home Baptist Church.

Barbecue will also be on sale all day. The public is invited to attend.

Scrimmage at Cooper

The Post Antelopes varsity football team travels to Cooper High School in Woodrow Friday for a 7:30 p.m. scrimmage, following the freshmen contact which starts at 6 p.m.

The junior varsity team goes to Littlefield Thursday for a 6 p.m. scrimmage.

"We were pleased with our scrimmage last week with Frenship," coach David Thompson comments, "we think we got better the more we played."

The Antelopes collected 297 total yards in 54 plays with 192 on the ground and 105 in the air. The defense held Frenship to a total of 240 yards offense.

Ice Cream Supper

The Post High School Booster Club's annual "Meet the Antelopes" night and ice cream supper has been set for Tuesday, August 30 at 7:30 p.m.

Club President Jimmy Redman emphasizes, "These folks that participate don't have to have athletes on the field. They just have to be interested in Post High School sports."

Redman went on to request that anyone interested in taking part in the ice cream supper should meet at the football field at 7:15 p.m. with a freezer of ice cream and help the Booster Club serve.

The cost of the ice cream being served will be 50 cents for all-you-can-eat.

Membership in the Booster Club is available now at a cost of \$10 per family.

Bold Gold caps, jackets and tapes of Noel White singing "The Bold Gold Legend Lives On" may be ordered from club members at Tuesday's festivities.

Golf Course Tourney

There will be a Jack and Jill Best Ball Tournament Saturday and Sunday, September 3 and 4.

Teams will be flighted after the first round Saturday. Entry fee is \$80 per team. Cash prizes will be awarded in each flight. Discussion of teams Saturday night at 7 p.m. at the golf course club house. Call and enter at 495-3029. We are hoping for three flights, depending on the number of entries. Entry deadline is Friday, September 2nd.

Graham Homecoming

A Graham Community Homecoming will held Labor Day weekend, Sept. 3 and 4 at the Graham Community Center.

Activities will begin Saturday night, Sept. 3, with an ice cream supper and visiting and again on Sunday, Sept. 4, at 2 p.m. with a program and visiting.

All exes, residents and former residents are invited to attend the homecoming.

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The Post Dispatch

25¢

Serving the People of Garza County

Wednesday, Aug. 24, 1983

Fifty-Seventh Year Number 25

Parent group formulates phonics plan

By Phil Riddle

"If our football team has a losing year, there is always next season. If a bus breaks down, you can fix it, but we have only one chance to teach our children to read," Mike Flanagan told an assembly of Post parents Monday evening.

The parents met to discuss their concerns about the way kindergarten and first graders are being taught to read in the Post school system.

"All we're asking is a program with a combination of the two methods (phonics and look-say). We want an emphasis on the phonics aspect," Flanagan continued.

The phonics method is a way of teaching a child to read by association of sounds to letters as opposed to the look-say method which involves the memorization of words in association with objects.

Petitions trying to force the issue were circulated at the meeting, attended by about 30 parents.

The petitions had space for approximately 50 signatures and four copies were making the rounds.

Those in attendance suggested getting in touch with school board members.

"Some of the board members don't know the difference (between phonics and look-say)," a disgruntled parent said.

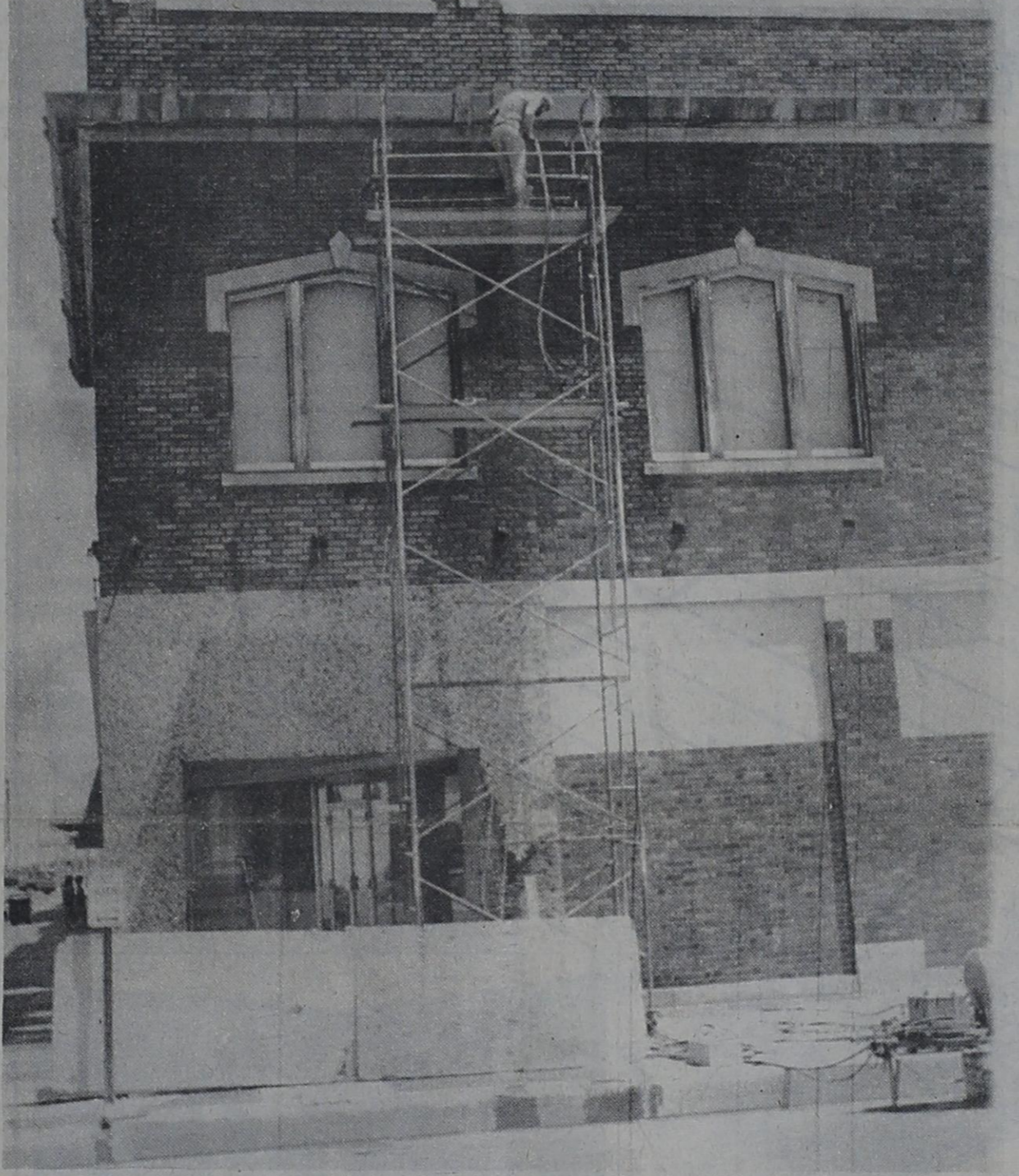
"And could care less," another chimed in.

"Remember the issues," warned Flanagan, "and handle yourselves accordingly at the next School Board meeting. They are supposed to represent us."

He went on to say that phone calls and letters to the members could possibly sway the board in favor of the phonics program.

"In the six years that I have been going to School Board meetings," Flanagan stated, "this is the most time spent on an issue that involved the education of our children."

In closing he added, "For our children to be able to learn in math and science, they must be able to read well."



RESTORATION WORK - Special treatment for restoring the old Double U building in downtown Post was applied early this week, partially shutting down city hall, which is temporarily located in the front of the building. The restoration work is beginning to show signs of what the finished product will look like. (Photo by Phil Riddle)

Basketball Camp Awards Named

Following the basketball camp held here last week, 72 girls scrimmaged before an audience Saturday morning followed by awards ceremonies.

Coaches Lu Allen and Billy Max Gordon handed out awards to:

Sixth graders, Kenda Williams for ball handling; Shal Sneed, set shot; Dusti Cash, defense and Dana Morris for offense.

In the seventh grade class, Traci Tannehill received the award for ball handling; Margaret Green for set shot; Amber Crenshaw, defense and Shelia Haire for offense.

Eighth graders included Keitha White, ball handling; Thresa Willborn, set shot; Jennifer Owen, jump shot; Tammi Brad-dock, defense and Christina Martinez, offense.

Alicia Pettyjohn won the ball handling award for the ninth graders with Laura Crenshaw receiving the set shot award, Angie Holleman the jump shot, Tyra Alexander, defense and Kim Smith for offense.

Laura Crenshaw won the free throw contest hitting eight out of 10.

Commissioners Hold Short Session

Commissioners Court, meeting in regular session Monday, Aug. 22, heard a request from Bob Macy and Mary Belle Macy establishing a cemetery, 150' x 340' in section 1236 of the county. The request was approved.

In other action, commissioners approved Mary Lou Duncan as a full time correctional officer for the sheriff's office, upon the request of Sheriff Jim Pippin.

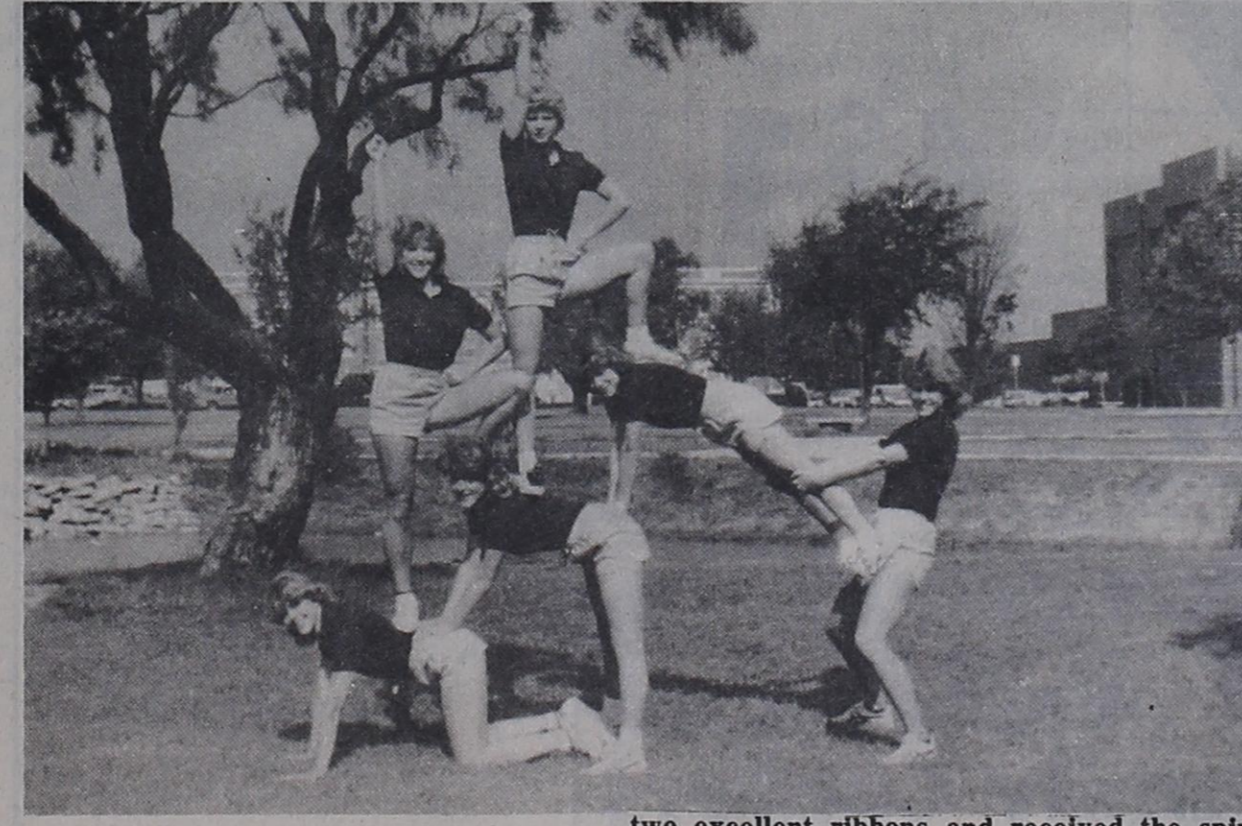
Discussed a county employee's insurance with the matter to be discussed again during a September meeting;

And approved the posting of signs for public employees rights against retaliation for reporting a violation of the law which is a new law and goes into effect Sept. 1 with five signs to be posted.

Rotary Outlines Teacher Banquet

The Post Rotary Club will honor Post ISD teachers, administrators and spouses at the annual Teachers' Appreciation Banquet, Tuesday, September 6 in the Post Community Center.

Door prizes will be given during the evening and Post merchants are encouraged to donate items for the door prizes. Merchants may contact Rotarian Wes Burnett, 495-2816, for information concerning the donations.



POST HIGH SCHOOL CHEERLEADERS-The varsity cheerleaders attended camp June 13-17 at Hardin Simmons University in Abilene and received three superior ribbons, two excellent ribbons and received the spirit stick twice. Shown left to right, bottom row, Mendy Tatum, Leigh McCook, Bunny Miller and Denise Smith. Top row, left to right, Rhonda Storie and Pam Ehret.

Kim Hester weds Scott Copeland in Quinlan

Kim Hester became the bride of Scott Copeland in a double ring ceremony at the Singing Oaks Church of Christ in Quinlan, Texas, Friday, August 12, at 7 p.m.

Buster Duncan, minister of the Church of Christ in Memphis, Tenn., united the couple.

The parents of the bride are Mr. and Mrs. George O. Hester, Sr., of Post. The groom's parents are Mr. and Mrs. Frank Copeland of Mesquite. The church was decorated with greenery on white lattice and red roses. The family pews were marked with red and white roses and red and white gingham checkered bows.

The bride, given in marriage by her father, wore a white formal length gown of satin and lace. The sweetheart neckline had an overlay of chantilly lace forming a wedding ring collar. The waist was gathered and fell to full length with an overlay of lace. The full bishop sleeves of lace formed a deep ruffle at the wrist. Her garden hat of lace was accented by white roses. Her bouquet consisted of a cascade of red and white sweetheart roses.

Mona McWilliams of Denton served as the bride's maid of honor. Brenda MaMahan and Rachel Duncan were bridesmaids. The bridesmaids wore floor length red satin skirts with large bows in back. The white bibbed blouses had full sleeves and high necklines accented by red bow ties and buttons. Each carried a bouquet of red and white silk roses.

Ronnie Copeland, brother of the groom, served as the best man, while Pat Musser and Robbie Flint were groomsmen. The men wore white jackets, black trousers, white shirts and red ties and cummerbunds. Serving as ushers were Ken Hockenbrough and George Hester, Jr., brother of the bride.

The wedding chorus sang "Evermore," "Evergreen," "Sometimes," "If," "One Love" and "Time In A Bottle." Mona McWilliams performed a solo on "If." The bride's mother wore peach evening pants with a peach shadow blouse and was escorted by the groom. The mother of the groom wore a peacock blue street length dress and was escorted by the best man. The mothers each had a white silk rose corsage. Guests were registered at a table featuring a red cloth, a daisy filled crock and a red feathered pen. Rice bags were dispensed by Julie Copeland, niece of the groom and Salli Bess Bush of Post. The reception serving table sported a red and white gingham checked cloth with white eyelet trim. The table centerpiece was a country crock with the couple's names, accented by daisies. The bride's cake was three tiers high featuring red rose trim and was topped with a ceramic bride and groom. The groom's cake was a chocolate sheet cake with red roses. Frozen punch, nuts and mints were served by Susan Darnell, Jo Beth Bacon and Judy Hockenbrough. Following a wedding trip to Dallas, the couple will be at home in Quinlan. The bride is a graduate of Post High School and will graduate from Texas Women's University in December with a degree in special education. The groom is a graduate of Mesquite High School and is self-employed. The couple was honored with a rehearsal dinner, given by the parents of the groom in the Church of Christ Fellowship hall, Thursday, August 11.

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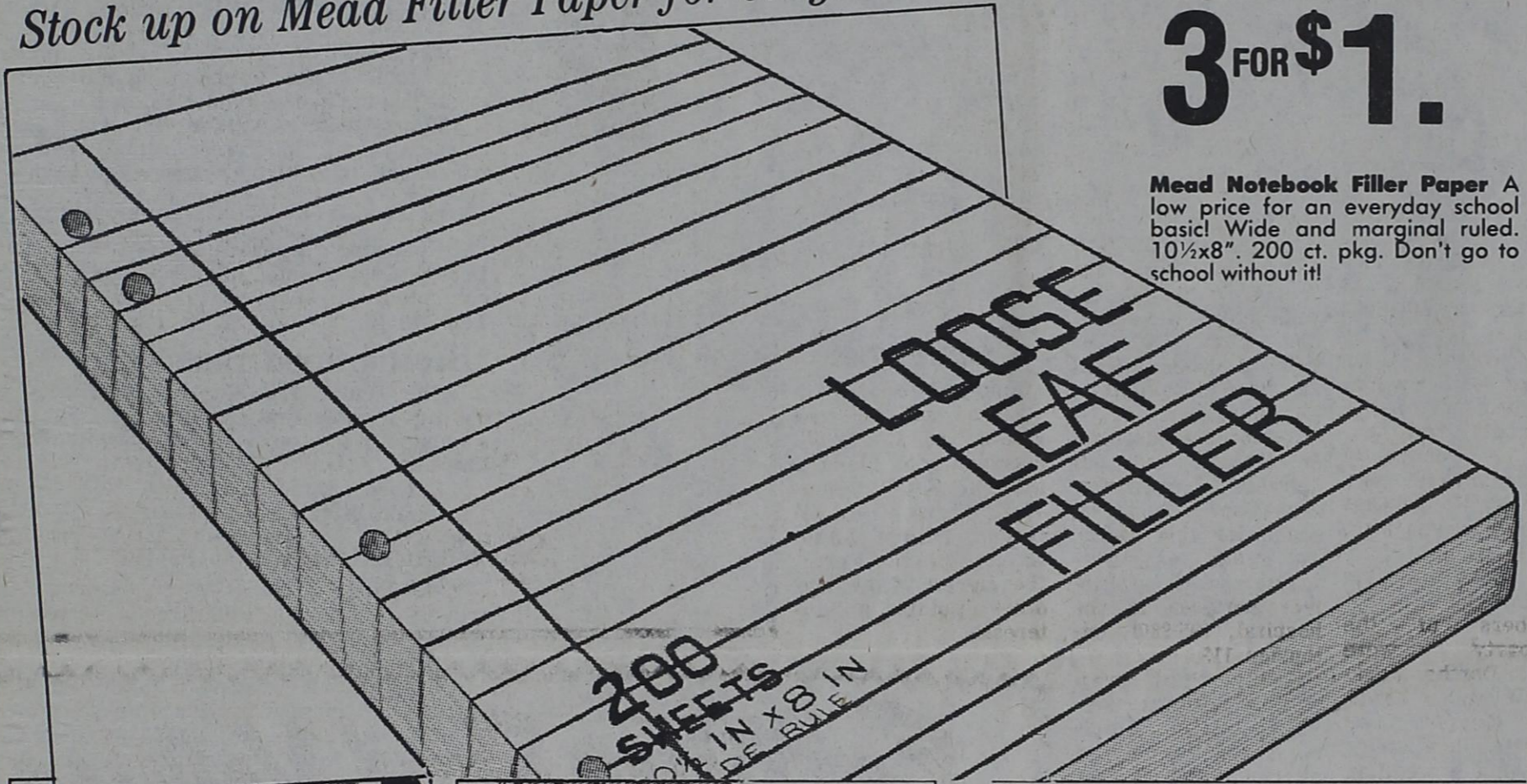
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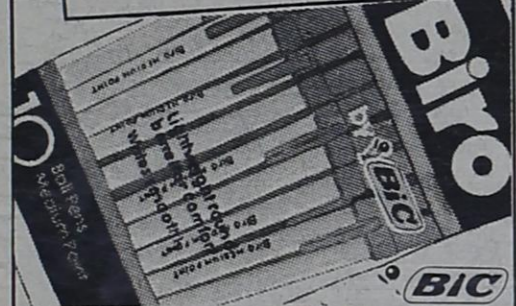
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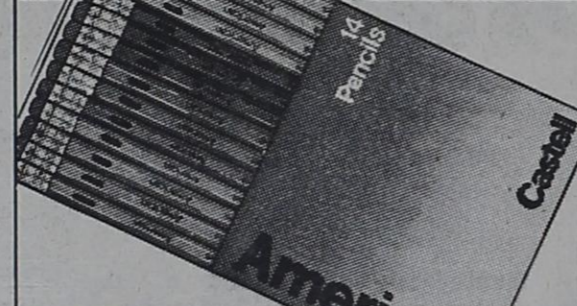
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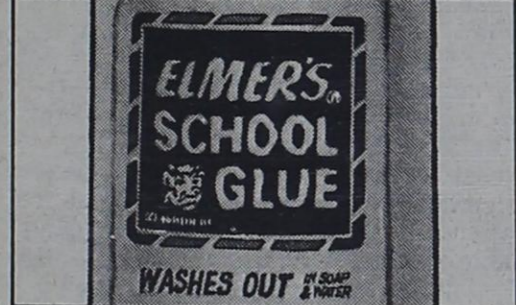
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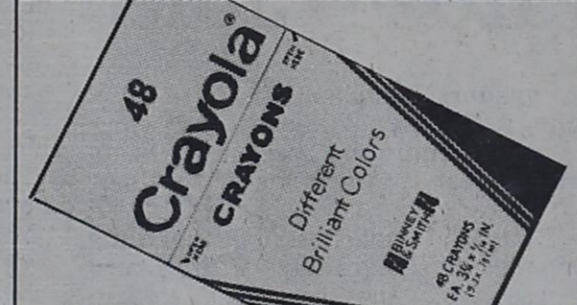
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Booth, Greene vows exchanged Saturday

Wedding vows were exchanged between Tina Greene and Butch Booth Saturday, Aug. 20, in a garden setting in the backyard of the home of Mr. and Mrs. Jim Jackson.

Rev. Charles Bowen, cousin of the bride of Grand Prairie and missionary to Ecuador, performed the double ring ceremony before hanging baskets of fern and other greenery.

The bride is the daughter of Mr. and Mrs. Billy Greene and the bridegroom is the son of Mr. and Mrs. Ronald E. Booth, Jr., of Charlotte, North Carolina. Presented in marriage by her father, the bride paused to present her mother with a rose.

Her wedding gown was an ivory formal length gown styled in silk organza and chantilly lace. The Queen Anne neckline was edged in a row of the lace which was adorned with seed pearls. The bodice of the dress was also in silk organza, overlaid with rows of chantilly lace and embroidered in seed pearls.

The leg of mutton sleeves were also of the silk organza and featured rows of lace running the entire length of the sleeve and richly embroidered in seed pearls. There was a ruffle of the chantilly lace at the wrists. Covered buttons completed the sleeves.

The back of the gown was also of silk organza overlaid with chantilly appliques and featured covered buttons which extended from the neckline to below the waist. The empire waistline was overlaid with chantilly lace and the full skirt featured rows of chantilly lace

which extended from the waistline to the bottom of the skirt, where two rows of lace and organza circled the skirt and flowed into a full chapel train.

Her hat was also styled in chantilly lace and featured a turned up side which was accented with silk flowers. The lace formed a scalloped effect at the edge of the hat and had appliques of the same lace on the crown. An overlay of imported illusion was caught at the front of the hat and draped over the crown, ending in elbow length streamers of illusion at the back.

The bridal bouquet was a cascade of silk flowers featuring shades of purple iris, baby's breath and greenery tied with purple streamers.

Carrying out the tradition of something new, her gown; something old, a handkerchief belonging to her great-grandmother which her mother also carried in her wedding; something blue, a garter made by her great aunt, Rena Ferguson and something borrowed, a Bible from Dortha Jackson. She also wore a penny in her shoe depicting her birth date.

Serving as maid of honor was Darla Jackson and bridesmaid was Angel Sheets of Iowa Park, cousin of the bride.

They were identically attired in long orchid skirts with ivory strapless tops covered with lace bodices. They wore orchid hats covered in purple illusion and carried lace fans.

Serving as flower girl was Heather Rogers of Eunice, N.M., and Mike Rogers, Jr., of Eunice acted as ringbearer.

Serving his brother as best man was William Booth of Lubbock and Mike Rogers of Eunice, N.M., was groomsman. They wore grey tuxedos with the groom wearing the all white tux.

Acting as ushers were Jeff and Benny Greene, brothers of the bride.

Benny Jackson, soloist, accompanied by Patty Kirkpatrick, organist, sang "Theme from Ice Castles," "Flesh of My Flesh" and "The Lord's Prayer."

Wedding guests were registered by Patti Parrish of Lubbock.

Upon leaving the ceremony, the bride paused to present her new mother-in-law with a rose.

A reception followed the ceremony, also in the backyard with the bride's table laid with a white cloth and featured a three tiered wedding cake adorned with orchid roses and topped with satin wedding bells. A silk flower arrangement in shades of purple and ivory was centered on the table carrying out the bride's chosen colors. Serving at the bridal table was Jarita Norman, sister-in-law of the bride and D'Linda Chapman.

The groom's table was laid with a white cloth with silver appointments and featured a chocolate cake decorated with an oil well. Serving at the table was Mrs. Jim Potts of Lubbock, aunt of the bridegroom.

Members of the houseparty were Mmes. Dortha Jackson, Wynelle Craft, Faye Maddox and Charlotte Scrivner.

Following a wedding trip, the couple are residing in Post where he is in the oilfield business.

The bride is a 1983 graduate of Post High School and the bridegroom is a 1978 graduate and attended Texas Tech.



MRS. BUTCH BOOTH (Tina Greene)

Hospital offers woman clinic

Community Hospital of Lubbock offers its Well Woman Clinic in the continuing HEALTHLINE series of free clinics.

The Well Woman Clinic offers a free Pap smear and breast examination. Dr. Maria Driscoll is the attending physician. The clinic will be held Monday, August 29, from 3 to 5 p.m. in the hospital.

Community Hospital is located at 5301 University Ave. Reservations must be made for this clinic. To make a reservation, call Volunteer Services at the hospital, 795-9301, extension 113.

Weekly blood pressure screenings continue at the hospital every Wednesday afternoon from 1 to 3 p.m. in the hospital lobby.

Dr. Michael Ball will conduct a Podiatry Clinic on Thursday, August 25, from 1 to 3 p.m. This clinic is helpful to any persons experiencing difficulty with their feet. Dr.

Ball will conduct a free foot examination as well as free consultation.

Please make a reservation for this clinic by calling Volunteer Services, 795-9301, extension 113.

Visit California

Ronnie, Voda Beth Gradine and children visited in California recently with his mother in Santa Anna. While there, they attended Disney Land, Knotts Berry Farm, the Queen Mary and other points of interest.

Photographs needed for preservation

Interest in preserving and restoring historic buildings has reached every corner of Texas.

However, it is still difficult for people who care about Texas' heritage to find photographic documentation on buildings because material is scattered over the state.

But now the largest collection of interior photographs of Texas homes and public buildings to date is being compiled.

Already more than 200 views have been located and more are being sought both in public and in private photographic collections.

Area residents have a chance to use their old photographs to help this effort. This project, 'Images of Victorian Te-

as: 1860-1920,' which has the support of many preservationist groups throughout the state, aims to local photographs of the interiors of Texas buildings, especially houses, taken before 1920.

These interior views show what kinds of furniture, draperies, carpets and accessories were in use at a point in time in a specific place.

They document characteristic room arrangements, seasonal changes, special efforts to accommodate the climate as well as ethnic and regional variations in interiors.

Such a comprehensive survey of photographs of Texas interiors will enrich preservation and restoration efforts.

As many people

know, interior photographs are rare when compared with the number of surviving portrait photographs and exterior building views.

Some interior photos survive in library and archival collections but many interior views are in individual collections and in family photograph albums.

Dr. Cynthia Brandimarte, director of the project, is eager to hear from individuals or institutions that have interior photographs taken between 1860 and 1920.

If you have, or know someone who has, such photographs, please write to Dr. Cynthia Brandimarte, Images of Victorian Texas: 1960-1920, 1010 Winsted Lane, Austin, Texas 78703 or phone (512) 472-1833.

Mitchell Williams
ATTORNEY AT LAW
227 West Main 495-2174

COW POKES By Ace Reid

"Wul, Mr. Poorman, if we're goin' to subdivide this 'un, we'd better move over a couple of counties...that's where this 'uns blowin'!"

Fall rush social held by sorority

Xi Delta Rho sorority met Thursday, August 18, in the home of vice-president Betty Dennis for a Fall Rush Social.

Guests who attended the social were Donna Stelzer, Nina Daniels, Colleen England and Diane Stelzer.

Members present were Peggy Ashley, Martha Hart, Cheryl Blair, Johnnie Francis, Lois Kennedy, Jenny Francis, Janice Smith, Bernice Eubanks, La Gayluah Feagin and Christy Morris.

Refreshments included a cold cut and cheese tray, vegeta-

ble relish tray, fresh strawberries and punch.

Entertainment consisted of pairing off and telling all you could about your partner's life.

Next sorority meeting will be Saturday, August 27, at 10 a.m. Members will be notified by a telephone committee of location.



The bagpipe, regarded as the national instrument of Scotland, was used by the ancient Romans.

THE POST DISPATCH
Published Sundays and Wednesdays
P. O. Box 10
Post, Texas 79356

Entered at U.S. Post Office, Post, Texas for transmission through the mails as second class matter, according to an Act of Congress, March 3, 1879.

Subscription Rates:
Garza and Adjacent Counties \$10 per year
Other Texas Counties \$15 per year
Outside of Texas \$20 per year

Wesley W. Burnett
Publisher
Norma Baumann
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Over 500 runners expected for Allsup's Marathon

The stage is set for the 9th Annual human drama that is: The Allsup's Marathon!

From all over the United States, runners will gather in the traditionally beautiful fall atmosphere of Clovis, N.M., for one of the biggest events for runners in the Southwest.

Over 500 runners are expected to compete in this year's road-races to be held Oct. 1. Again, this year there are three big events from which runners may choose:

the full marathon (26.2 miles), the half marathon (13.1 miles) and the 10 K (10,000 meters). All of the races begin and end at the same locations (an Olympic style finish in our stadium) and the running surface is flat asphalt throughout the courses. As in

the past, the courses are all certified to insure quality races and accurate times for all participants.

Quality trophies will go to: Men-first 5 overall and Women-first 3 overall, with awards in each class for men and women. Tee shirts will be

awarded to all finishers, plus commemorative patches for all marathon finishers.

All runners are invited to come and run in the 9th Annual Allsup's Marathon, Oct. 1 in one of the friendliest cities in the Southwest. You may register until

Sept. 30 at 8 p.m. by writing Allsup's Marathon, P.O. Box 1907, Clovis, N.M. 88101 or by calling (505) 769-2311, Ext. 224. Registration fees are \$7 prior to Sept. 24 and \$9 after Sept. 24. All proceeds go to the Clovis Roadrunners Club.

New York's first subway line was opened to the public on February 26, 1870. It was operated by a blower which propelled it like "a sailboat before the wind."



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FOR 1 LB.

Homegrown Cantaloupes

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FOR 1 LB.

MUSTARD, COLLARD & TURNIP GREENS

31¢

FOR 1 LB.

RED CASSELMAN PLUMS

49¢

FOR 1 LB.

Twin Cedar News

By Tina Rodriguez
It's been one great week, this past two weeks. We would like to welcome Mr. Illa Pennell. We are very pleased that he chose our nursing home. We will try our best to make him feel at home. We also had a nice little birthday party

for Mrs. Billie Caylor. It was planned by all the employees. We had finger sandwiches and punch. Then she received a few gifts. We thank the Assembly of God for last week's church service. It was really nice and everyone enjoyed it. This Sunday's church

service came from the Nazarene Church. Everyone said Mrs. Rogers played the organ real good during our church service and Mr. Rogers gave a very good service. We also had a visit from one of our first administrators whom was Mrs. Wheatley. All the residents were so pleased to have seen her again and I was very pleased to have met her. We thank all our

visitors, Debbie, Chanda and Meagan Moreman, Sara Whitley, Walter Ledbetter, Nora Jackson, Shirley Foster, Billie Idell, Susan Pennell all of Post. Wisty Mars and Tiana Derry of Lamesa and Chana Byrns of Dalhart. We also thank everyone else who has come to visit with us and we hope we have them come again and others too.

Truth in taxation procedures

During the next two months, local governments in Texas will be following "truth-in-taxation" procedures, giving taxpayers notice of tax increases and the opportunity to comment on the proposed increases. Truth-in-taxation laws require a taxing jurisdiction to publish a series of

other jurisdictions which levy property taxes are making preparations for a crucial step in truth in taxation - calculation of what is called the "effective tax rate."

DR. LEWIS MOORE
Soft Contact Lens Fitted
Mondays 9:30-5:30
DR. FRANK BUTTERFIELD
Thursdays Optometrist 9:30-5:30
206 W. Main Ph. 495-3687

STANT
PPERS
ANZA

SPECIALS GOOD 7 FULL DAYS GOOD THRU' AUG. 30TH

ODDS-TO-WIN ODDS IN EFFECT MAY 22

Prize Value	No of Prizes left	Odds for 1 Store Visit	Odds for 13 Store Visits	Odds for 26 Store Visits
\$2,000	15	1 in 219,200	1 in 16,462	1 in 6,431
\$1,000	29	1 in 113,379	1 in 8,721	1 in 4,361
\$500	58	1 in 56,690	1 in 4,361	1 in 2,180
\$100	281	1 in 11,701	1 in 900	1 in 450
\$50	747	1 in 4,402	1 in 339	1 in 169
\$10	1,218	1 in 2,700	1 in 208	1 in 104
\$5	3,423	1 in 961	1 in 74	1 in 37
3 Books	1,142	1 in 2,879	1 in 221	1 in 111
2 Books	2,373	1 in 1,386	1 in 107	1 in 53
1 Book	3,798	1 in 866	1 in 67	1 in 33
1 Book	9,017	1 in 355	1 in 28	1 in 14
Total	22,101	1 in 149	1 in 11	1 in 5.7

Odds to win each of the grocery product prizes based on probability are one-in-eight (every ticket can win). Odds to win Shopping Spree Sweepstakes prizes determined by the number of entries received. These odds are effective Aug 7, 1983 and for 30 days thereafter. See odds posters in participation stores and newspaper ads for updated odds. This game series is available at 39 United Supermarkets located in west Texas. Scheduled termination date is July 7, 1983, but game officially terminates upon distribution of all tickets. This game may be repeated.

UNITED PREMIUM QUALITY
BOLOGNA
MEAT OFF THICK
\$1.38
1 LB. PKG.

STATE FAIR
BURRITOS
ALL VARIETIES
3 FOR \$1
5 OZ. PKG.

HORMEL CUREMASTER
HALF
HAMS
BONELESS BUFFET STYLE
\$2.88
LB.

GARY'S
CORN DOGS
\$1.98
10 CT.

FINE FARE
HALF MOON
CHEESE
CHEDDAR OR COLBY
98c
8 OZ. PKG.

SWIFT Tendr Lean
PORK STEAK
Tendr Lean PORK
SEMI-BONELESS
\$1.48
LB.

DECKER CHICKEN FRANKS
58c
12 OZ. PKG.

SWIFT Tendr Lean
PORK STRIPS
Tendr Lean PORK
BONELESS
EXCELLENT FOR COOKOUT
\$1.58
LB.

UNITED TRU TENDER OR CHOICE BONELESS
RUMP ROAST
\$1.98
LB.

UNITED TRU TENDER OR CHOICE BONELESS
BOTTOM ROUND STEAK
\$1.78
LB.

FRESH LIAN
GROUND BEEF
\$1.68
LB.

FLEISCHMANN'S CORN OIL
OLEO
1 LB. QTRS.
88c

UNITED
COTTAGE CHEESE
24 OZ.
\$1.18

DR. PEPPER
REG. SUGAR FREE & PEPPER FREE
\$1.58
6 PK. 32 OZ. PLUS DEPOSIT

UNITED
BUTTERMILK 1/2 GAL.
98c

WHOLESON FROZEN
ORANGE JUICE
68c
12 OZ.

PET RITZ "DEEP DISH"
PIE SHELLS
2 CT. PKG.
78c

FINE FARE
HONEYBUNS
9 OZ.
68c

FINE FARE FROZEN
GRAPE JUICE
12 OZ.
68c

New agent offers fitness advice

WATCH
For The Opening Of
The Rig
Restaurant & Game Room
(Formerly Log Cabin)

By Colleen England
County
Extension Agent
Home Economics
With today's American "lifestyle" we can no longer automatically expect to be healthy and fit. We have to consciously choose the nutritious food and

exercise that will keep us fit. Since the beginning of this century America has changed from a physically active, rural-based society into a nation of sedentary people. Modern technology has made it possible for us to live comfortably without having to lift a finger. We ride instead of walk, we take elevators rather than climb stairs and we do mental rather than physical labor. Estimates are that 45 percent of the population gets no exercise at all! Despite the wonderful

advances of technology, it's becoming clear that a certain point, effortless living and good health are not compatible. We have to start making choices. To be healthy in the future we are going to have to imitate physically active lifestyles of the past. The exercise that our ancestors got on the job, we must get after hours.

Basic foods were all that our ancestors had to eat. Today we must consciously choose a variety of foods to meet our nutrient needs from among the thousands available 24 hours a day in supermarkets, fast food restaurants and vending machines.

To be healthy in a world of television, electric toothbrushes, doors that open automatically, all night supermarkets and spectator sports, we need to develop clever fitness game plans for getting enough exercise. If we want to feel good, we must fit fitness into our lives.

Over the next several months, I'll be offering information and ideas about nutrition and fitness in this column. In addition, watch for announcements of the many "Food and Fitness" activities that

will be held in Garza County. Join us this fall for three fun-filled days of recreation and education at one of the five camps designed for today's mature adults. Come to 'camp' in a resort atmosphere with all the modern conveniences on the shores of beautiful Lake Brownwood at the Texas 4-H Center. Programs will feature Extension Specialists in horticulture, family life, entomology and housing. At each session, participants can get "hands on" experience in oil painting and needlecraft. Nature hikes, boat rides, outdoor recreation and sports, as well as, dancing, bingo and social activities round out the program. Shuffleboard, dominoes, "42," bridge and other card games will also be offered.

Special entertainment will include "Dinner Around The World," so costumes from other countries would be appropriate. Some sessions will include centers on chime making, chair canning, needlepoint, basic drawing, cake decorating and antiques. And don't forget your fishing pole because there's plenty of good fishing on the shores of Lake Brownwood.

A dietitian, along with a professional staff, will provide dining at its best. We are happy to accommodate special dietary requirements with advance notification. Cost for the entire event is \$68.50. This includes room, board, all meals, refreshments, linens and accident insurance. The session dates are: 1-Oct. 4-7; 2-Oct. 11-14; 3-Oct. 18-21; 4-Oct. 25-28 and 5-Nov. 1-4. This is the best camping deal in Texas. For more information and registration forms please contact the County Extension Office at 495-2050 or come by the second floor of the courthouse.

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RRC regs
The Railroad Commission has approved for public comment a proposed rule that would deregulate the transportation of certain agricultural commodities. Comments should be addressed to Walter Wendlandt, Acting Director, Transportation Division, Railroad Commission of Texas, Capitol Station, P.O. Drawer 12967, Austin, Texas 78711.

Post Independent School District Student Rights and Responsibilities

RULES OF CONDUCT

The Superintendent shall cause to be published and distributed to all students and parents at the beginning of each school year policies and regulations on the rights and responsibilities of students and on student discipline.

STUDENT RESPONSIBILITIES

Student responsibilities for achieving a positive learning environment at school or school-sponsored activities shall include:

1. Attending all classes, daily and on time.
2. Being prepared for each class with appropriate materials and assignments.
3. Being properly attired.
4. Exhibiting an attitude of respect toward others.
5. Conducting themselves in a responsible manner.
6. Refraining from violations of the code of student conduct.
7. Obeying all school rules.
8. Seeking changes in school policies and regulations in an orderly and responsible manner, through appropriate channels.

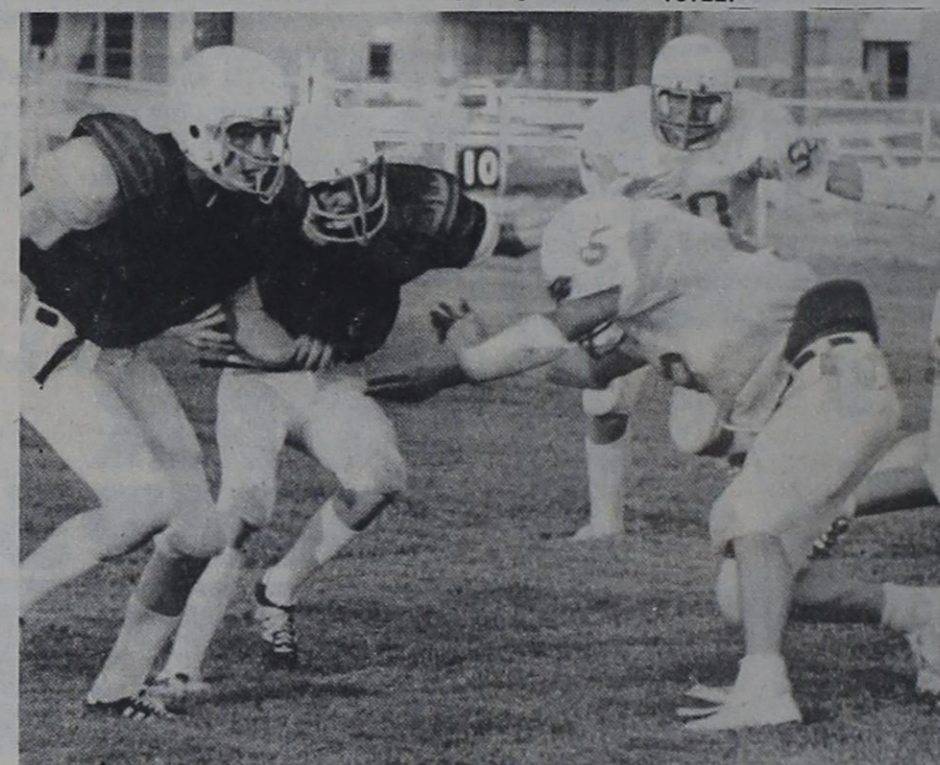
STUDENTS' RIGHTS AS CITIZENS

All students are entitled to enjoy the basic rights of citizenship which are recognized and protected by the laws of this country and state for persons of their age and maturity. Each student is obligated to respect the rights of classmates, teachers, and other school personnel. District schools shall foster a climate of mutual respect for the rights of others. Such environment will enhance both the educational purpose for which the District exists and the educational program designed to achieve that purpose.

RESPECT FOR RIGHTS OF OTHERS

All District personnel shall recognize and respect the rights of students, just as all students shall exercise their rights responsibly, with due regard for the equal rights of others and in compliance with the rules and regulations established for the orderly conduct of the educational mission of the District. Students who violate the rights of others or who violate rules and regulations of the District or of their school are subject to appropriate disciplinary measures designed to correct their own misconduct and to promote adherence by them and by other students to the responsibilities of citizens in the school community.

Tinker v. Des Moines ISD, 393 U.S. 503 (1969)



Junior Varsity Antelopes scrimmaged Friendship to a 0-0 deadlock last Friday evening. In this play Rodney Oden (second from left) carries the ball as Greg Adams (left) gets set to block.

Carriker attends conference

State Representative Steve Carriker took an active part in the National Conference of State Legislatures which met August 7-12 in San Antonio.

Among the highlights of the conference was a reception organized by Carriker and other representatives to benefit "Proposition Zero," the homeowner property tax relief plan authored by Representative Carriker. Legislators from several states attended and heard Representative Annette Morgan, Vice-Chairperson of the Missouri House of Representatives Education Committee, praise the proposition zero plan and tell of the very favorable results Missouri has had with their similar "Proposition C." "I commend you and hope you are successful with this effort," Morgan concluded.

Larry Holmes, Carriker's Administrative Assistant, was in San Antonio for the conference as well and attended a workshop on "State Aids to Local Governments."

The Post Independent School District serves nutritious meals every school day. Children from families whose income falls within the level shown below are eligible for either free or reduced-price meals. To apply for free or reduced-price meals, applications will be made available to each student enrolled in Post Schools. Applications will be distributed to each child by building principals during the first week of school.

Income Eligibility Guidelines 1983-84

Family Size	Annual		Monthly		Weekly	
	Free Meals	Reduced-Price Meals	Free Meals	Reduced-Price Meals	Free Meals	Reduced-Price Meals
1	\$0 - 6,318	\$ 6,318 - 8,991	\$0 - 527	\$ 527 - 750	\$0 - 122	\$ 122 - 173
2	0 - 8,502	8,502 - 12,099	0 - 709	709 - 1,009	0 - 164	164 - 233
3	0 - 10,686	10,686 - 15,207	0 - 891	891 - 1,268	0 - 206	206 - 293
4	0 - 12,870	12,870 - 18,315	0 - 1,073	1,073 - 1,527	0 - 248	248 - 353
5	0 - 15,054	15,054 - 21,423	0 - 1,255	1,255 - 1,786	0 - 290	290 - 412
6	0 - 17,238	17,238 - 24,531	0 - 1,437	1,437 - 2,045	0 - 332	332 - 472
7	0 - 19,422	19,422 - 27,639	0 - 1,619	1,619 - 2,304	0 - 374	374 - 532
8	0 - 21,606	21,606 - 30,747	0 - 1,801	1,801 - 2,563	0 - 416	416 - 592
Each Additional Family Member	\$ 2,184	\$ 3,108	\$ 182	\$ 259	\$ 42	\$ 60

Each school district may determine the price charged for reduced-price meals, but in no case may the charge for a reduced-price lunch exceed 40¢ or a reduced-price breakfast exceed 30¢.

Pleasant Home Baptist News

By Annie V. Gilbert
 General worship service at Pleasant Home with auxiliaries at their post of duty and Sunday School at its usual hour with Sister Berlinda Martin teaching the primary's and intermediate's combined. Also Sister Iona Smith Supt. teaching the adult's.
 The lesson subject: Jonathan and David: Loyal Friends. Print

I Samuel 18:1-4; 19:4-6; 23:15-18; II Samuel 1:26. They truly taught beautifully. Devotional service by Deacon Jim Osby, Brother Mack Porter and Sister Iona Smith. Bro. Porter read Ephesians Chapter 2 Verses 1 through 8.

Altar call was very spiritually prayed. Our pastor poured out his soul to the Loving Master. The choir sung praises out of their hearts and soul to the glory of the Master.

During 11 a.m. service, our pastor delivered a wonderful message from Titus Chapter 2 Verse 11. His theme was Living On God's Amazing Grace. Rev. Kelly poured out his soul and heart to the Father. He truly was here in the midst and really moving. We had two beautiful and loving visitors, Rev. and Sister Clark from Shiner, Texas.

Also Rev. Clark read before the message Psalms Number 133 entire book. To our visitors you are always welcome. We enjoyed having you present. Please feel free to attend at anytime.

Rev. Arthur Kelly, pastor, Rev. James, Associate Pastor.



Playing cards were used as money by early Canadian colonists. The back of each card was signed by the French colonial governor.



FARM BUREAU INSURANCE CO'S

- Home Owners --Automobile Insurance
- Farm Liability --Crop Hail
- Life Insurance --Estate Planning
- Hospitalization

We Now Have An Office At
 204 S. P & Tahoka Hwy.

SEE A

24 Hour Agent

FARM BUREAU INSURANCE

LEON GIBBS

PHONE 495-3266

In a sense we are all hungry, and in need, but most of us do not know it.

With plenty to eat in the freezer, a roof over our heads, and a car in the garage, we assume that the empty feeling inside must be a simple case of the blues that can be cured by a weekend in the country or an extra dessert, or a new color television.

The poor know better. When Jesus says, "Come unto me all ye who labor and are heavy laden, and I will give you rest," the poor will be the first to know that He is talking to them.

They may even accept His offer. No wonder Jesus calls them blessed.

The Presbyterians of Post gather every Lord's day to be reminded that God is the source of every good and perfect blessing; to put it another way, with confidence in God we can accept everything that life gives us as a gift from God.

We invite you to come, and worship God with us. Let Him help remove that hunger and emptiness from your life.

The First Presbyterian Church

10 a.m. Bible Study

11 a.m. Worship

'Please Don't Hurt My Kids'

Dear Driver,

TODAY, MY DAUGHTER, who is six years old, started to school for the first time. Her brother was with her, but he's only nine himself, and he still looks pretty little to me. Their cocker spaniel, whose name is "Scot", sat on the front porch as they waved "goodbye" and started off to the halls of learning.

LAST NIGHT WE TALKED ABOUT SCHOOL— my daughter and I. She wondered what the teacher would be like—she hoped she would sit beside Mary (the little girl next door). She said her "letters" for me—just to be sure she knew them. Oh, we talked about a lot of things—tremendously vital, unimportant things. Then she tried on her plaid pinafore to show me—and then to bed.

SHE LOOKED SO HELPLESS—sound asleep with "Princess Elizabeth" (that's her doll) cuddled in her right arm. You see, I'm her daddy. When her doll is broken or her finger is cut, or her hand gets banged, I can fix it—but when she and Brother start to school, when they walk across the street, they're in your hands.

THEY'RE NICE KIDS, both of them. They like to ride horses and swim and hike with me on Sunday afternoon. But I can't be with them all the time. I have to work to pay for their clothes and education. So please help me look out for them. Please drive carefully past the schools and intersections—and please remember that children do run from behind parked cars.

PLEASE DON'T HURT MY KIDS!

—A PROUD DADDY

...this message dedicated to your children and ours by...



THE FIRST NATIONAL BANK

P.O. BOX 430 POST, TEXAS 79356 • 806/495-2804

Godly Guidance

Pastor Steve Traw
 First Christian Church

Decisions await us every day. Assistance in making a choice may come from any of several places. For example, I may well get a second opinion on which tie to wear with a new sports coat. And my wife will show an expertise in that area which I know not.

If I'm ailing or our child is ill, the doctor and his skills are welcome. In turn, others will talk their problems over with the pastor when facing uncertainties.

Many may use a horoscope or fortune-teller when pressed for an answer to one of life's questions. But as Christians, we have a supreme

Counsellor. As the psalmist wrote, Thou shalt guide me with thy counsel, and afterward shall receive me to glory. The prophet Jeremiah warns, the way of man is not in himself: it is not in man that walketh to direct his steps.

The apostle Paul tells that as Christ's followers we are to be transformed by the renewing of your mind, that you may prove what the will of God is, that which is good and acceptable and perfect. But Paul gave such advice only after three chapters instructing on our sanctification. It is an on-going process to attain such wisdom and perception.

The Lord God is our mentor as we seek

his wise counsel. Approximately 40 authors over a period of some 1500 years have

given us God's inspired revelation. It is our Godly guidance for daily living.

- That the deal involves importing millions of tons of steel from Britain rather than modernizing steel facilities in this country as the company promised its workers it would do?

- That this could force other American steel companies to follow suit if they want to remain competitive?

- That this could mean a sharp drop in employment opportunities in the United States?

- That this could make America dependent for a good deal of our vital steel, as we are for oil?

- That many state legislators and city councils have passed resolutions condemning this deal?

- That many people concerned about our country and our economy are writing their legislators asking them to investigate the proposed arrangement?

VFW Fish Fry
 At VFW
 Saturday, August 27
 5:30-8:30
 \$5⁰⁰ Per Plate
 Child's Plate \$2⁵⁰

Liquidation Sale!!

American and North American

CEILING FANS

Variable speed fans, reversible

52" size

42" size

Polished brass and antique brass

CLOSE OUT!!

ONE TIME ONLY

STARTING WED. 1 P. M.

till Saturday all day

113 West Main

Next to KPOS

REG. \$469.00
 to \$489.00

NOW ONLY

\$100 to \$150

Liquidation Sale!!

Classified Advertising FREE

Classified listings for private parties only!

Deadline: For SUNDAY - Thursday at 5 p.m.
For WEDNESDAY - Monday at 5 p.m.

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Commercial Rates

NO. OF LINES	ONE TIME	TWO TIMES	THREE TIMES	FOURTH TIME	FIVE TIMES
3	2.70	3.56	4.54	FREE	7.02
4	3.60	4.75	6.05	FREE	9.36
5	4.50	5.94	7.56	FREE	11.70
6	5.40	7.13	9.07	FREE	14.04
7	6.30	8.32	10.58	FREE	16.38
8	7.20	9.50	12.10	FREE	18.72
9	8.10	10.69	13.61	FREE	21.06

A-1 Public Notices

NOTICE OF APPLICATION FOR OIL AND GAS WASTE DISPOSAL WELL PERMIT

Joiner Co. Box 1076 Snyder, Texas 79549 has applied to the Railroad Commission of Texas for a permit to dispose of produced salt water or other oil and gas waste by well injection into a porous formation not productive of oil or gas.

The applicant proposes to dispose of oil and gas waste into the Clearfork Guthrie, Well Number 1. The proposed disposal well is located 10 miles north of Post, Texas in the WTG (Glorieta) Field, in Garza County. The waste water will be injected into strata in the subsurface depth interval from 3350 to 3500 feet.

LEGAL AUTHORITY Chapter 27 of the Texas Water Code, as amended, Title 3 of the Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Underground Injection Control Section, Oil and Gas Division, Railroad Commission of Texas, Drawer 12967, Capitol Station, Austin, Texas 78711 (Telephone 512-445-1373).

BUDGET HEARING TO ALL INTERESTED PERSONS:

Notice is hereby given that the Garza Memorial Hospital District will hold a hearing on the annual budget. Said hearing is to be held in the Dining Room of Garza Memorial Hospital, 608 West 6th Street, Post, Texas at 12 noon on Thursday, September 8, 1983, at which time the budget will be considered and all objections and exceptions thereto will be heard by the Board of Directors.

Jack Alexander
President
Board of Directors

A-3 Card of Thanks

Mere words can never express the gratitude and appreciation we feel for all our dear friends in Post and the surrounding towns for their contributions to the Nelda Leake Cartwright Fund.

The financial support provided by the churches, businesses, clubs, organizations, individuals and just loving us will never be forgotten.

Thank you for the food, cards and letters and especially your prayers. Please continue to pray for recovery from this illness.

Sincerely
Nelda, Jeff and children
Anne
Faye & Preston
Robin, Preston and children

A-7 Lost & Found

LOST: 7 month old, male, Golden Labrador Retriever, weighing 60 to 70 lbs., 24 inches high at the shoulder with white strip on chest. Answers to Grady. Lost at Bob West Saddlery 8 p. m. Saturday, Aug. 20. If found call Bob, Bert or Misty at 495-2600, 495-3143 or 495-3979. Reward offered.

LOST: Red, male German Shepherd. Answers to Jackson. Call 495-3643 or 495-2050 and ask for Colleen.

A-9 Personals

AA & Alanon pot luck supper birthday night 7 p. m. Thursday, Aug. 25. Presbyterian Church, 10th St. and Ave. S.

Love - Care - Share

Is Alcohol affecting you or your family? We are as near as your phone. Alcohol Anonymous. 495-3788 or 495-3377 or 996-5370 in Southland. Alanon (family and friends of alcoholics) 495-2065 or 495-3377 weekly. Meetings are held Thursday at 8 p.m. in the First Presbyterian Church located at 10th and Ave. S.

Excellent income for part time home assembly work. For information call 504-641-8003 ext. 8362. Open Sundays.

A-15 Instructions

Adult oil painting classes to begin in Fall. Small group. Call Polly Cravy 629-4286.

A-17 Services & Repairs

G&J Book Store

Buy, Sell & Trade

Used Paperbacks
Handmade Crafts

429 E. Main Post, Texas

FOR MARY KAY COSMETICS Call IDA JONES 495-3359 808 West 10th

Follis Heating & Air. Cond.

Sales & Installation Service
PAYNE EQUIPMENT
FREE ESTIMATES
DIAE 628-3271

COOK BOOKKEEPING AND TAX SERVICE
Bookkeeping - Payroll
RRC Reports
Typing
Income Tax Preparation
Mrs. Lols Cook
Owner & Operator
218 West 8th 495-2392
Post, Texas

MaryKay Cosmetics
Call
VADA CLARY
in Post
495-2582

We have new and used furniture, air conditioners and lawnmowers. We buy, sell and trade. 508 S. Ave. N. 495-3190.

* Post Self-Storage omega *
* Summer Special properties *
* 6'x8'---\$20 *
* per month *
* Contact Sue Little 495-2589 *
* (Pest control used) *

Cabinets Additions
Concrete Accent Walls
Remodels Fireplaces
Local References
Lowell Bryan
610 W. 4th Post
495-2518

Remodeling
Install Ceiling Fans
Electrical Work
CLARK CONSTRUCTION
495-2605

All Types CEMENT WORK
N.H. Roberts
Cement - Contractor
Sidewalks, Driveways
Patios - Foundations
Stucco - Exposed
Aggregate - Slabs
Curbing
Slaton, Texas
828-6991

JACKSON PUMPING SERVICE
Cesspools & Mud Pits
Call 495-3245

IT'S TOY PARTY TIME!!
Demonstrate toys for the world's largest toy and gifts company. Free \$300 kit. Free hostess gift. Free training. No collecting. No delivery. Call Julie collect 806-287-1359 evenings and weekends.

Lawn Care
Have your grass mowed and graaft with vacuum catcher
Call Bodie Dykes
495-3832 after 12 noon
502 West 3rd

B-1 Male-Female Help Wanted

Will stay with senior lady citizen at night-time. If interested call Edna at 495-2036.

C-1 Homes for Rent
3 bedroom house for rent. 508 W. 13th and available in 2 weeks a 1 bedroom house. 495-3107.

C-3 Apartments
Bedroom with private bath, \$150 a month. 109 N. Ave. N in Post. Call nights 1-799-0505; days 1-792-1809.

President Harry Truman was distantly related to President John Tyler.

E-1 Homes for Sale

3 BR, 2 bath, 2 car garage, carpeted, central A-H, corner lot, 601 S. Ave. R. 495-3611 for appointment.

2,000 sq. ft. home on 2 1/2 business corner lots, central A-H, 3 BR, 2 bath, large living area, double garage, shown by appointment only. Call Jack Alexander at First National Bank.

3 BR, 2 bath, central A-H, above ground pool, close to schools. Call 495-3422.

3 BR, one bath, one car garage, 912 W. 7th. Call 495-3945, 495-2727 or 495-2976.

For sale: House in country. Contact Virgil Bilbo. 495-3613.

Two bedroom, one bath, den, utility room, living room, kitchen, fenced yard, workshop and lots of trees. 608 West 5th. Call home (915) 943-6918 or office (915) 943-5171.

Three bedroom, two bath, central air and heat, above ground pool, fully carpeted, refrigerated air, fenced back yard, basement, one car garage. Call 495-3057.

3300 sq. ft., 3 bedroom, brick, 2 bath, carpeted throughout, 3 fireplaces. 216 W. 15th. 2 car garage. 915-728-2368.

Get away from it all 16 acres with two bedroom home, barn, two good water wells, perfect distance from town.

Get a large family? How about four bedroom, two bath, four car garage, corner lot, brick and excellent condition.

CALL 828-5878
495-3719
495-3104

Good Neighborhood

Two bedroom, one bath, space heating, large living room-den combination, composition roof with asbestos siding. Good neighborhood, paved street, back yard fence.

Sacrifice Price

We are offering this dwelling, carport on those corner lots for a sacrifice price of \$13,750. Look at this and then decide.

Large Bedrooms

Large two bedroom, one bath, carpet, large room on back. May be used as den, shade trees and much more. Composition roof, close to grocery store, located on 1 1/2 lots, plenty of yard. Just right for retired couple or small family.

Priced to sell

Priced for quick sale, partially furnished. Why Rent? You can own this one for only \$11,750.

Insurer Dial 495-2895 Realtor

F-1 Miscellaneous for Sale

Spinet piano that would be good to practice on. Reasonable. 715 West 13th.

36 inch gold storm door with tinted glass. Call 495-3072.

Girls' 26" 10 speed bicycle, \$65. 495-2148 after 5:30 p.m. and all day Sat. and Sun.

Four piece velvet living room suite, chains and boomers, 6" vice, paint, 20 ton hydraulic jack, 12 gauge Mossburg shot gun, saddle, bridle, clothes, household items. Thursday 7 a. m. til ?. Storage building at corner of Broadway and 4th No. 18.

Brand new set of L7815 white wall tires, \$225. If interested call 495-3132 after 7 p.m.

Admiral refrigerator freezer with ice maker and a gas stove. Both like new. 495-3377.

F-3 Garage Sales

Friday starting at 9 a. m. 705 West 4th. Men, women, baby clothes, miscellaneous items.

Two families, Thursday and Friday, corner of West 4th and Ave. M. No early callers. Miscellaneous items.

Thursday and Friday morning starting at 9 a. m. 812 Pine St.

Friday and Saturday. Lots of mens, womens and childrens clothing. 117 N. Ave. R. 8:30 a. m.

By KPOS. Wednesday afternoon at 1 p. m. Thursday and Friday at 2 p. m. Doors, jams, big appliances, clothes, and lots of good junk.

Three family back yard sale. Thursday only. 103 East 12th. 8 til 5.

Saturday, five families. Loads of everything. Cheap. 307 S. Ave. S. 8 til ? No early callers.

909 West 7th. Infants, children and adult clothing. 8 til 1. Saturday.

1966 Mercury. Everyday, weather permitting. 4 for the price of 1. 201 West 14th.

Friday, 8 a. m. to 5 p. m., 1009 Sunset Dr., too many items to list them all: complete weight set, 20 inch girl's bike, bowling ball and bag, golf club set, electric train and board, floor lamps, toys, antique radio-record player, color TV console, children and adult clothes and miscellaneous.

210 East 10th. Friday evening and all day Saturday and Sunday.

GARAGE SALE

Clothes, shoes and miscellaneous. Friday afternoon and all day Saturday. 7 miles west of Post on 380. Turn left at grain elevator. Lynette Thuett.

F-7 Pets & Supplies

7 puppies to give away. Blood hound and walker. Call 996-5453 after 5 p.m.

One pair of cute, 3 month old Hampsters, Hartz starter cage and needed supplies. Priced to sell. Call 495-2467.

F-9 Livestock

Bantam chickens for sale. Eight different breeds including Golden and Silver Seprights. 110 East 3rd. 495-2655.

F-11 Feed & Seed

Square baled hay. Dynamite hay grazer, \$2.50 per bale and Lake Grass, \$3.00 per bale. 495-2354.

Oat hay for sale. Big round bales \$90 a ton. Gerald Gerner. 495-2485.

F-21 Wanted to Buy

I am looking for a mobile home lot to rent. Needs to accommodate a 14 x 80 home. Contact me at 495-3283 after 4 p.m.

G-1 Motorcycles

1974 Yamaha DT100. Good condition, just overhauled, runs excellent. \$200. Days-327-5385, nights-495-2485.

80CC Yamaha motorcycle, \$200. Firm! Can be seen at 429 East Main.

G-5 Campers

Camper for long wide bed pickup and electric sewing machine. Call 495-2719.

G-7 Trucks-Trailers

1981 self contained trailer, 21 foot long. Call 495-2200 or come by 411 W. Main.

G-9 Autos for Sale

1978 Mercury Monarch, 250 engine, 6 cylinder, low mileage, one owner, clean, good tires and battery, AM-FM radio and 8-track in dash. Call 495-3982.

Saturday beginning at 9 a. m. at 804 West 14th, Jamie Sims.

More Classified

'71 Classic Caprice as is for parts, good body and good transmission. \$200 cash. Seen after 6 p. m. at 208 S. Ave. R.

1973 Pontiac 4 door Catalina, power steering, power brakes, air conditioning, auto transmission. \$495. 495-2443.

For sale or trade: '79 Pontiac Phoenix, good condition. First trailer on left on Crosbyton Highway.

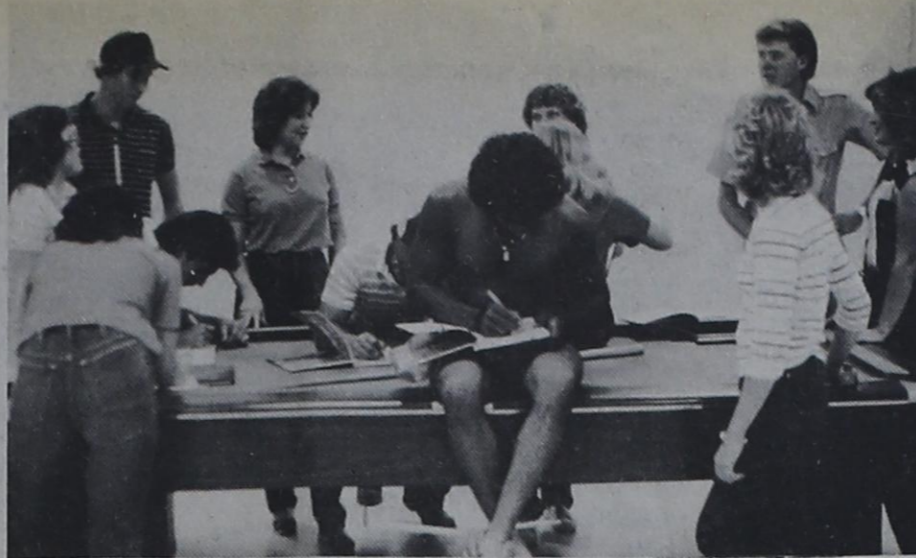
1979 Pontiac Phoenix. Good condition. First trailer on left on Crosbyton Hwy.

Moeller returns frustrated

Texas Farmers Union President Mike Moeller returned to Texas, Friday, August 15, frustrated with the United States Department of Agriculture and their "stonewalling" of drought aid for parched West Texas.

Accompanying Texas Agriculture Commissioner Jim Hightower to Washington, D.C., Moeller and two West Texas ranchers appeared in vain to Secretary of Agriculture John Block's department to institute an emergency feedgrain program, using government-owned corn that even now sets decomposing in Texas Panhandle grain elevators.

"Top USDA officials agree fully that a severe crisis exists here in Texas and Congress has given them the authority to respond to this type situation, but for reasons unclear to us, efforts to help solve the crisis are being stonewalled," said Moeller. "This drought will not go away. The ranchers in Texas need the stored grain to feed dying livestock. The government already owns it; the public is paying to store it and the grain is not suitable for use as human foodstuff," Moeller added. "What Texans want to know," continued Moeller, "is why won't John Block implement the emergency feedgrain program?"



ANNUAL SIGNING PARTY--Over 100 high school students joined in the fun at the Youth Center Friday night, following the scrimmage, to pick up the new school annuals and in the signing party. Shown left to right, Sherry Williams, Curtis Cline-Smith, Richard Cisneros, Cynthia Poole, Derek Walls, Marvin Wynne, Vicki Green, Jay Norman and Leslie Mannis. The Youth Center has just been redecorated with bright colored walls and featuring the Antelope and a sign with "Home of the Bold Gold."

Drive To Alaska Laurence and Thelma Epley, Mr. and Mrs. Thurman Francis and Mr. and Mrs. James Mitchell left Post July 18 for Seattle, Washington where they went by ferry 800 miles to Haynes, Alaska and then on to Fairbanks, where they visited a niece, visited the North Pole and in Val Dees, Alaska where the pipeline originates. The group then drove back down through Alaska, Canada and made their way back to Post, being gone 29 days.



A cup of mushrooms is rich in niacin and iron, and makes a low calorie treat for the diet-conscious.



There are over ten million recreational boats in America.

DAIRY PRODUCT EXPORT

USDA has announced the sale of 18,000 tons of butter and 6,000 tons of cheese to Egypt. This is the second of the subsidized transactions during 1983. The Egyptian government bought one million tons of American wheat flour earlier this year. The Common Mar-

ket has contested the U. S. claim with regard to the recent dairy product sales.

Mutual of Omaha
Hospital — Group
Disability — Life
DON RIEGEL
495-3069

School Menus

Monday, Aug. 29
Breakfast

Assorted cereal, fresh fruit, half pint milk.

Lunch

Cheeseburger, lettuce, tomato, onion, pickles, pork and beans, fruit cup, home made buns, half pint milk.

Tuesday, Aug. 30
Breakfast

Oatmeal, bacon, biscuits, orange juice, half pint milk.

Lunch

Ground beef with gravy, whipped potatoes, green beans, cherry jello with topping, hot rolls, half pint milk, honey.

Wednesday, Aug. 31
Breakfast

Muffins, fresh fruit, peanut butter and honey, half pint milk.

Lunch

Enchiladas, sauce, pinto beans, tossed salad, Spanish rice, banana pudding, half pint milk.

Thursday, Sept. 1
Breakfast

Assorted cereal, pears, half pint milk.

Lunch

Fried chicken and gravy, English peas, scalloped potatoes, sliced peaches, hot rolls, honey, half pint milk.

Friday, Sept. 2
Breakfast

Hot cakes, syrup, assorted fruit, peanut butter and honey, half pint milk.

Lunch

Fish, cole slaw, corn on cob, peanut butter cake with peanut butter icing, cornbread, half pint milk.

Sponsored by:

The Post Dispatch
495-2816

At the Lubbock Hilton, kids are priceless.

Only \$29 per night, single or multiple occupancy. Bring the kids for back-to-school shopping and a fun-filled mini-vacation near all of Lubbock's attractions: South Plains Fairgrounds, Ranching Heritage Center and Museum, South Plains Mall and downtown shopping, Texas Tech University. Minutes from MacKenzie State Park, featuring two 18-hole golf courses, driving range, picnic area. Prairie Dog Town and Joyland Amusement Park.

And look what else your family will enjoy: FREE breakfast for kids 10 and under. Family-style restaurant. Indoor tropical swimming pool. Free in-room movies. And more!

You don't have to bring the kids to take advantage of our special \$29 rate, but you'll all have a great time if you do.

Call 806/747-0171 for reservations or information. Offer good any day of the week. Subject to space availability.

LUBBOCK HILTON INN
505 Avenue Q
Lubbock, Texas 79401



La Posta BACK TO SCHOOL Shoes

Gloria Vanderbilt



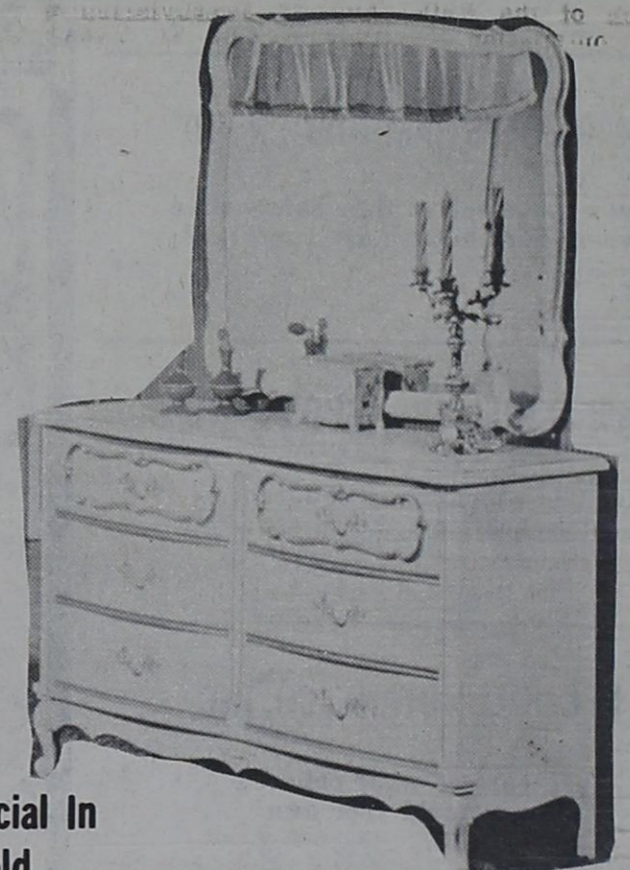
La Posta
412 N. Broadway 495-2648

9 West \$37

Save! Save! Save! Save!

We Are Cleaning Up Our Stock Of Discontinued Lines And Odd Items. You Save 1/3 On Any Of The Feature Groups.

Just Look At These Examples:



French Provincial In White And Gold

Features include Micarta plastic tops, easy open drawers, full dust proofing, plate glass mirror.

Full size chair back headboard Reg. \$129.95 NOW ONLY \$87.00
Night Stand Reg. \$98.50 NOW ONLY \$66.00

Double Dresser With Mirror Reg. 329.⁹⁵
Now \$221

Other pieces not listed are on sale also, limited to stock only.

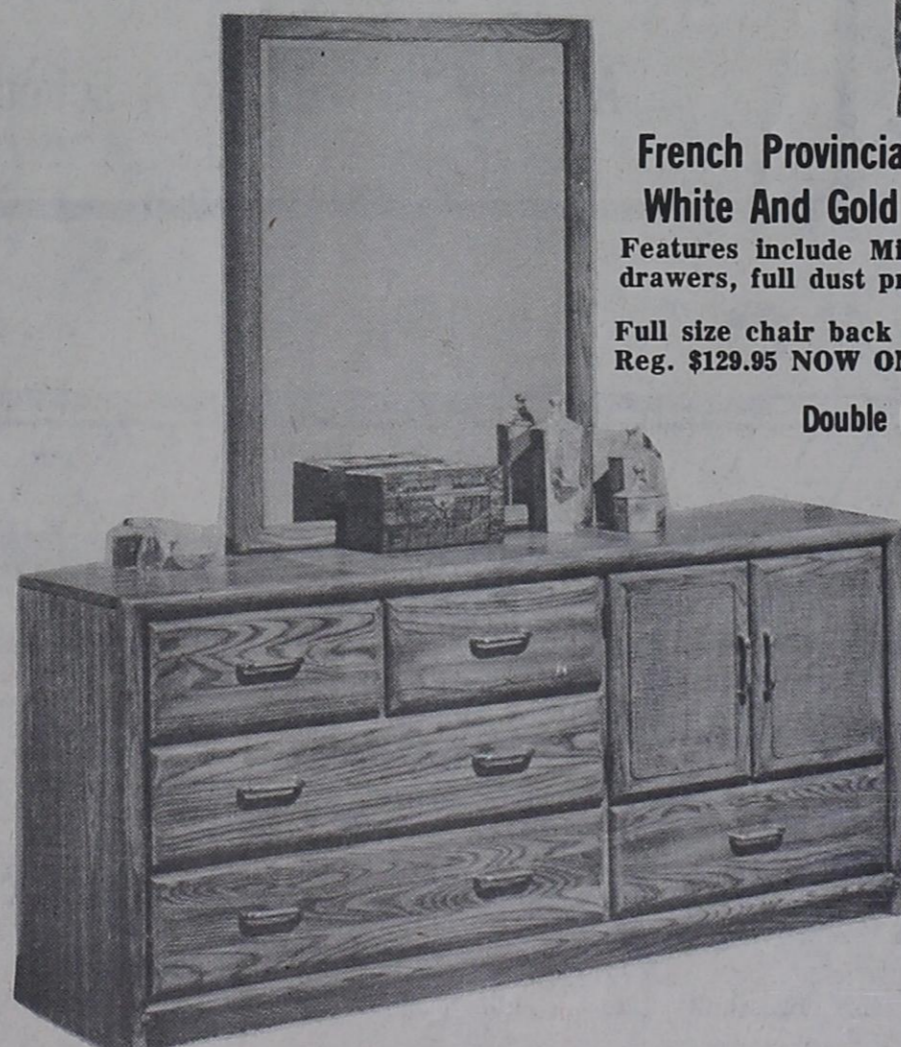
Harrison Rustic Oak

Features include oak solids, selected oak veneer, inlaid tops, fully dust proof.

Bachelor Chest Reg. \$198.50 NOW ONLY \$133.00

Double Dresser With Mirror Reg. 409.⁹⁵
Now \$274

Other pieces in stock are on sale also. Additional pieces available by order at regular price.



Hudman Furniture

301 East Main

Your Credit Is Good

495-2615

Letter to the Editor

Dear Editor;
This is addressed to the Post Independent School District School Board members.

There has been a controversy brewing over what teaching method should be used in regard to learning how to read. Sherry and myself would like the public, parents, and along with school board members, to answer

several questions concerning the problem at hand.

The questions are as follows:

1. What are the objectives of the kindergarten program in the Post Independent School District?
2. Why did the Texas Board of Education not accept the Lippincott method of teaching reading?
3. Why are we as

parents, teachers and most especially, school board members, putting so much pressure on five year old children, when, in fact, the kindergarten program is not required or even if it were required?

4. We understood, that, the program was set up to teach children the atmosphere of attending school on a regular

basis, coordination and being with other children. Is this true?

5. Since the kindergarten program, is not required; what is the purpose of the controversy?

6. Is the controversy trying to undermine other parents, teachers and especially the children? (My children-Let children be children?)

7. Since the kindergarten program started; we have had the impression that the children are taught reading in the first

grade and not in the kindergarten program. Has the program changed that much since it was introduced in the Post Independent School District eight years ago?

8. Why are some teachers, parents and school board members making such a fuss over something that will occur on a planned schedule in the first grade any way?

9. What about the other things the children are learning? Benny and Sherry Owen

Self defense course set

Bert Sinclair, with the Texas Department of Public Safety, will be teaching a self-defense course in the Post Community Center Monday, September 19, with no charge to those attending.

The course is being sponsored by the Women's Division of the Post Chamber of Commerce. It was decided to hold the self defense

course during a regular meeting of the ladies chamber Aug. 17 in the Reddy Room.

Members were advised that their float in the rodeo parade had tied for third place honors.

Clean Clothes

It doesn't take long for parents to discover no diaper is really leak-proof. Even if you use disposable diapers, a baby's outer clothes and bedding can get wet and soiled. Fortunately, there is a way you can be sure your little one's clothes are maximally clean.

Sharing The Road

The rules of the road were written with all types of motor vehicles in mind. Whether you're driving an 18-wheel truck or a two-wheeled motorcycle, it is important to respect the rules of the road. Here, from the Motorcycle Safety Foundation, are some tips for motorcyclists on how to share the road safely with others.

BJB CONSTRUCTION

Please protect my child and yours

COUNTY JUDGE GILES W. DALBY

Take care of our Junior citizens, they'll be Senior citizens before you know it

SOUTHLAND BUTANE

Keep your foot on your patience in a school zone

Tom Power Insurance

Safe driving habits pay off anywhere but nowhere as much as in school zones

GEORGE R. BROWN

Drive carefully

HIGGINBOTHAM-BARTLETT

Drive carefully — the child's life you save may be your own

THE SHOE BOX

School zones are meant for safe driving zones — let's observe them

Ammons Printing & Office Supplies

Drive carefully in school zones We love our children

damon's RESTAURANT

Cautious driving pays off nowhere as much as in a school zone

UNITED SUPER MARKET

Best way to protect our future — Drive carefully in school zones

DR. CHARLES MCCOOK, DDS

Think of any child in the street as your responsibility

Justice-Mason Funeral Home

What is a few seconds saved compared to a youngster's whole lifetime?

Caprock Veterinary Clinic

Children don't always think before darting into the street — watch for them

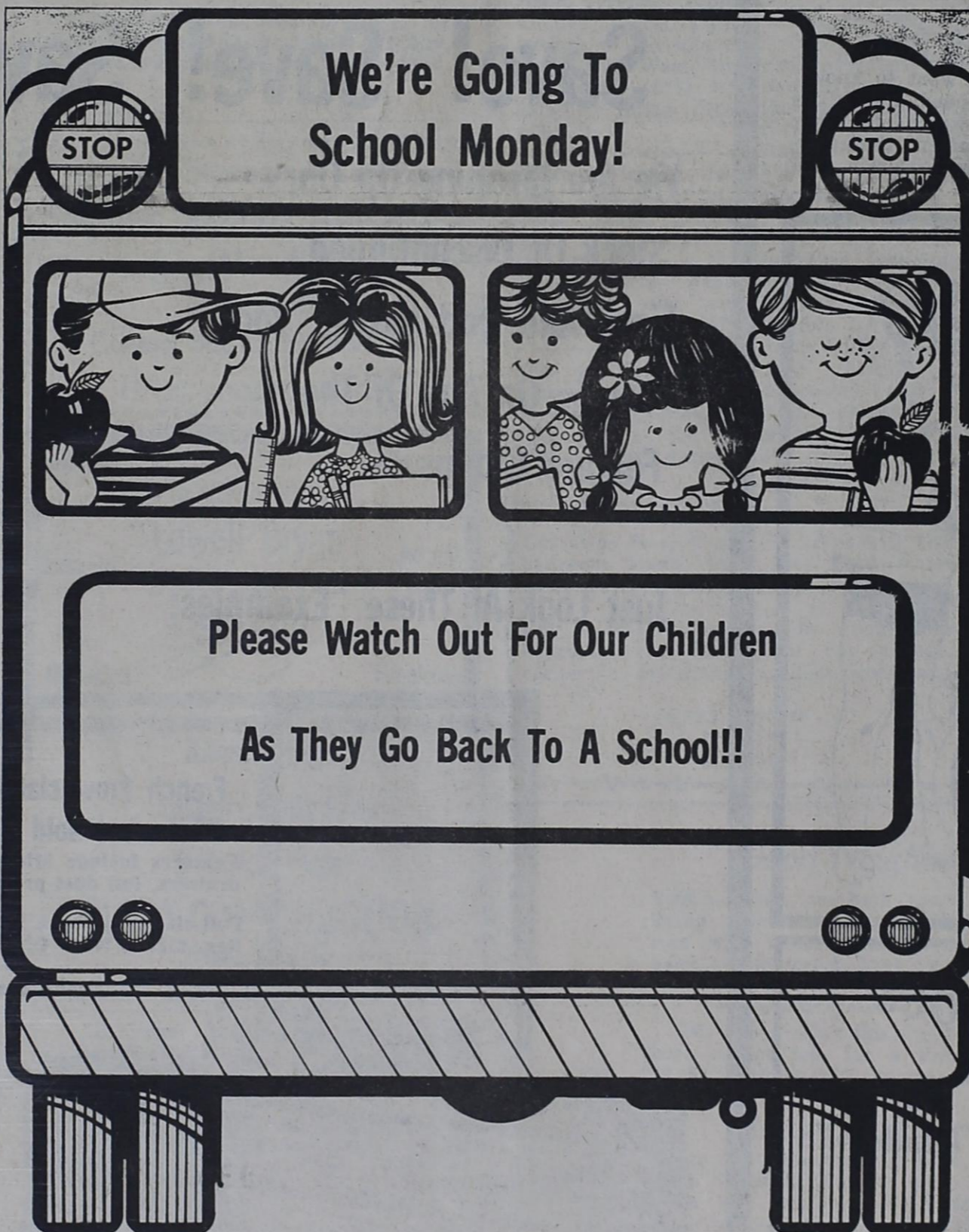
We Urge You To Drive Safely

Jackson Bros. Meat Packers

Slow down while passing waiting school buses

HANDY OIL FIELD SUPPLIES

Cross the street on the corner don't jay walk



Giles McCrary

Reading, writing, 'rithmetic let's make safe driving rules stick

HARMON'S HAMBURGER HUT

Let's make school time safety time where our children are concerned

Lott's White Auto

It's a wise motorist who drives safely in school zones

HILL & HILL TRANSPORT INC.

When picking up children approach from the safe side

Hudman Funeral Home

Slow down in school zones — you'll save the most precious energy of all

D. C. HILL BUTANE, CO. INC.

Take care of other children as you would your own

Prairie Flower Shop

Please protect my child and yours Drive carefully

WellTech

Drive carefully this community hasn't a child to spare

Caprock Muffler

Cautious driving pays off nowhere as much as in a school zone

VOR Transport

School zones must be safety zones so drive with caution

Quick Lay Pipeline

Children don't always think before darting into the street — watch for them

Palmer Construction Co.

A child has no chance against a reckless driver — so slow down

J. T.'s FEED & SUPPLY

Drive carefully this community hasn't a child to spare

ARROYO COUNTRY MOTORS

School zones must be safety zones so drive with caution

Wilson State Bank

Cross the street on the corner don't jay walk

B Bar T Farm Supply

Safe driving is the mark of a good American especially in school zones

Harold Lucas Insurance

Take care of other children as you would your own

Cox's Lumber Co.

When picking up children approach from the safe side

Palmer's Well Service

Let's make school time safety time where our children are concerned