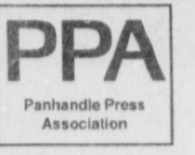


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BAILEY COUNTY JOURNAL



Volume 40, No. 23

50¢

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Sunday, June 17, 2001

PAGE ONE

A QUICK READ OF THE NEWS

How old is too old to fish?

According to the Minnesota Department of Natural Resources' computer, Ted Welander should hang up his fishing pole.

The 100-year-old angler was denied a license when he went to a St. Francis, Minn., hardware store to apply for one. But it's not a law — just a glitch.

The department computer system only recognizes the birthdays of people ages 16 to 99.

Welander, however, got a line in the water anyway. The department issued his license the old-fashioned way: manually.

Mining away for love

"Will you be mine in a mine?"

That's what Ted Jonas asked Pam Woodcock when he proposed getting hitched in Iron Mountain Iron Mine, a popular Michigan tourist attraction. She agreed.

So with 600 candles as a backdrop and several bats flying overhead, the couple exchanged wedding vows in front of about 10 witnesses.

The Bay City, Mich., couple chose the location in memory of the groom's parents, who took him to the mine when he was a kid.

"We used to go camping all over, but of all the places, that's the only one that stuck in my memory," he said.

The couple nixed the traditional garb of brides and grooms in favor of blue jeans and blazers for the trip 1,600 feet down.



Drawing date: Wednesday, June 13
Winning numbers: 7-30-36-41-42-50
Estimated jackpot: \$4 million
Winners: 0
Next drawing: Saturday, June 16
Estimated jackpot: \$6 million

On this date in history

June 24 — Lt. William H. Echols leaves San Antonio with 20 camels and 25 pack mules to reconnoiter the area from the San Antonio-to-El-Paso road south to the Rio Grande and west to the Pecos River (1860).

June 26 — The Fort of Velasco, commanded by Domingo Ugartechea, is taken by Texans under the command of John Austin (1832).

June 27 — The second Battle of Adobe Walls, in the far northern Panhandle, signals the end of Native American resistance to settlers in Texas (1874).

LOCAL WEATHER

The National Weather Service predicts continued warm, dry weather with highs in the low 90s except for Monday, when the forecast calls for about 94. Expect morning temperatures in the low 60s. No moisture is in the forecast, and the danger of sunburn is rated as extreme throughout the coming week.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier Bobby Flores at 272-6719 or the Journal during business hours, 8:30 a.m.-5 p.m.

Cox endorses higher pay for county officials

By RONN SMITH
Editor

Bailey County Judge Marilyn Cox says the county's elected officials should be paid more than its road-grader operators.

That's what she told commissioners during Monday's meeting of commissioners' court. While none of them rushed to agree with her, none expressed disagreement, either.

She was referring to the fact that sev-

eral elected officials — the county clerk, county treasurer, county tax assessor-collector and the district court clerk — make about \$8.62 per week (actually \$448.34 per year) more than machine operators.

However, the filing fee for most county officials to seek office is \$600, Treasurer Donna Kirk said Friday, leaving the officials with more than \$10 a month less than the grader drivers. Annual salary figures are \$21,889.20 for the elected

officials and \$21,440.64 for the machine operators. In the case of contested elections, where the candidate for office has to advertise, the salary disparity grows quickly.

The fly in the ointment in regard to pay raises this year is that the county's tax valuation dropped by \$7.4 million, although some of that decline is being contested by the Bailey Central Appraisal District, Cox said.

Sheets happy with drive for scholarships

JOURNAL STAFF REPORT

Muleshoe School Superintendent Gene Sheets, who first suggested the idea of a scholarship fund to provide financial aid for every Muleshoe High School graduate, said last week that he was more than pleased with the community's response.

He announced to the school board Monday night that the contributions had topped \$25,000 while the original goal for this year had been \$10,000.

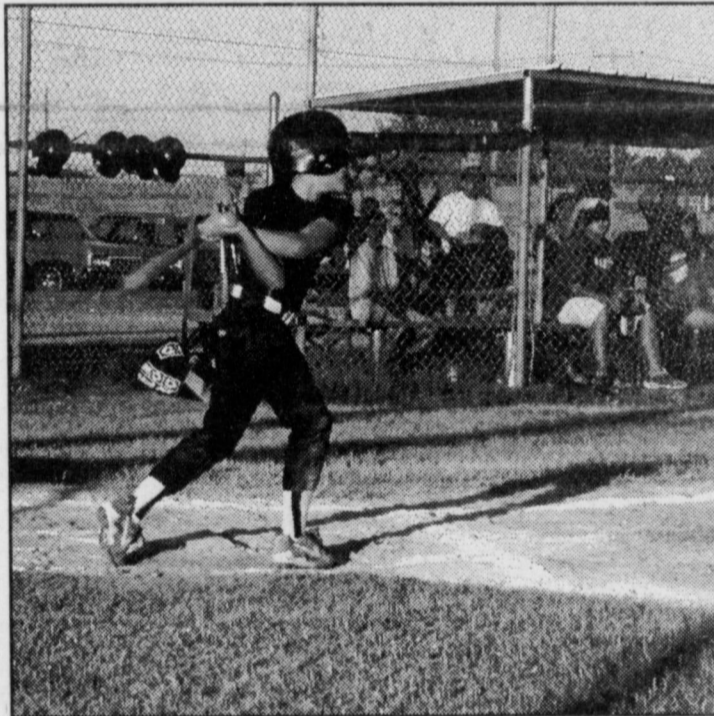
Just as important, he announced that every member of this year's graduating class had pledged to use some of the money to try some type of higher education.

This year's graduates were awarded \$15,000 in scholarships from the fund. The other \$10,000 will be invested to help with future scholarships.

The goal is to eventually accumulate an endowment sufficient to fund the scholarships from interest alone. The plan is administered by The Opportunity Plan of Canyon.



Journal photos: Beatrice Morin



Diamond action

Thursday-night sports action was hot this week. Above, T-baller Bert Torres approaches home plate in a cloud of dust as his Purple team heads for a 20-13 victory over Navy Blue. At left, John Michael Salinas of the Dollar Bills Minor League team takes a strike, but it didn't hurt the Bills as they downed the Sluggers 16-4. The Dollar Bills are in first place in the Minor League.

State changes its format for driver's licenses

SPECIAL TO THE JOURNAL

The DPS Public Safety Commission recently unveiled a new design for Texas driver's licenses and identification cards, which includes several added security features and a new vertical format for licensees under 21 years of age.

All driver licenses and ID cards now will have a picture of the state capitol in the background and several new security features to deter fraudulent activity.

"Several of the design changes we've made will make it more difficult to counterfeit these documents," said James B. Francis Jr., chairman of the commission.

Issuance of the new licenses and IDs began this month for walk-in customers, as well as customers who renew by Internet, telephone and mail. Current licenses are to be phased out over the next six years.

DPS also will send information regarding the new licenses and ID cards to law

enforcement officials and merchants.

"We're hopeful the new under-21 design will make it much easier for merchants who sell age-restrictive products — like alcohol and tobacco — to identify underage consumers," DPS Director Col. Thomas A. Davis Jr. said.

"Added security features will provide law enforcement with additional tools to more easily identify counterfeit and altered licenses."

Nursing home schedules program on Alzheimer's

JOURNAL STAFF REPORT

The Muleshoe Area Healthcare Center has scheduled an Alzheimer's community awareness program for 7 p.m. June 21 in the Bailey County Coliseum meeting room.

The program will be presented by Kena Dubberly of Lubbock, a volunteer with the Alzheimer's Association and director of community relations dementia care of the Mildred and Shirley Garrison Geriatric Education and Care Center.

Available at the meeting will be pamphlets on "Alzheimer's Disease and Related Dementia" and "Support for Care Givers" as well as other resource materials.

Refreshments will be served.

Alzheimer's disease was first described by German physicist Alois Alzheimer in 1907. At that time, it was considered rare but it now affects 10 percent of Americans age 65 and older — and 50 percent of those age 85 and older.



Journal photo: Beatrice Morin

Here's how it works

Karen Torres concentrates as Helen López pours mineral oil into a bottle to demonstrate how to make waves using water, mineral oil and blue food color. The lesson was part of Thursday's summer reading program at Muleshoe Area Public Library. The children also added glitter and two pastic fish to the bottle.

AROUND MULESHOE

4-H members to sell peaches

Bailey County 4-H members will again be taking orders for Fredericksburg freestone peaches through June 29.

A gift box containing 28 to 32 peaches sells for \$17, and a half-bushel box containing 70 to 90 peaches sells for \$25.

The anticipated arrival of the fruit will be sometime between July 12 and July 18. All profits go to local 4-H.

Anyone wanting to purchase fruit but who is not contacted by a 4-H member can order by calling 272-4583 before June 29.

More utility help available

South Plains Community Action Association of Muleshoe has received more funds to help eligible residents with utility bills.

Priority will be given to households that include a person age 60 or older and/or a handicapped person, and this priority does not exclude other income-eligible members of the household.

Applicants must go to the association office, 804 W. American Blvd., between 8 a.m. and noon or 1 p.m. to 5 p.m. weekdays. Necessary documents include a utility bill and proof of income for the past 30 days.

More information is available by calling Janie Posadas or Leonor Arrieta at 272-7537.

Meals on Wheels needs drivers

Muleshoe Meals on Wheels is recruiting volunteer drivers for one to two hours per week to deliver meals to senior citizens and people with disabilities.

Anyone interested in serving is asked to call Evelyn Ellington at 272-5402 or Andrea Kemp at 272-3647.

The main requirements for drivers are dependability, having a good driving record and "love helping people," Kemp said.

Methodists to host another choir

The Agape and Spirit Singers of Highland Park United Methodist from Dallas are scheduled to perform in concert at 7 p.m. June 18 at the First United Methodist Church of Muleshoe.

The two youth choirs have a membership of 120. The Agape Singers are students from grades six through eight, while the Spirit Singers are from grades nine through 12.

They travel on a chartered bus with eight adult sponsors. Their concert will be the musical "A Season To Celebrate," focusing on the six seasons of the Christian year — Advent, Christmas, Epiphany, Lent, Easter and Pentecost.

Highland Park's 13,000-plus members make it one of the largest Methodist churches in the United States; it is located across the street from Southern Methodist University.

Correction

Last month, a story that began on Page 1 of the *Journal* quoted a coach as saying this was the first year a Muleshoe pole vaulter had qualified for the state track meet.

Reader Jim Holt produced a copy of the newspaper from April 29, 1954, that states six Mules qualified for the state meet that year and Sammy Donaldson won the state pole vault competition.

The *Journal* regrets the error.

Public calendar

June 19 — 8:30 a.m. Muleshoe City Council, in the council chambers at city hall.

Also on June 19 — 7:30 p.m. Muleshoe Rebekah Lodge No. 114. Information, 272-3818.

Also on June 19 — 7:30 p.m. Muleshoe Athletic Boosters, in the science room at the high school.

June 21 — 4 p.m. Muleshoe Theta Rho Girls Club.

Also on June 21 — 8 p.m. Muleshoe Odd Fellows Lodge.

The deadline for items to appear in *Around Muleshoe* is 5 p.m. Monday for Thursday's editions and 5 p.m. Thursday for Sunday's editions.

Clovis college sets summer event for potential students

Applications are due by June 18 for high school sophomores who want to participate in a July 23-27 college orientation event at Clovis Community College.

The event, known as the Leadership Odyssey, is scheduled for noon to 3:30 p.m. (Mountain time) all three days.

A variety of programs and activities are planned.

Participants must have a grade-point average of at least 3.0.

More information and/or an application can be obtained by calling Monica Sánchez at (505) 769-4108.



Courtesy photo

Student congratulations

Lanelle Sraggs (center) is congratulated by Tommie Hernández (left) and Elizabeth Castorena on being selected as the Student-Community Action Club citizen of the month for April. Hernández was president of the club during the past school year.

Obesity upturn offsets improving kids' diets

SPECIAL TO THE JOURNAL
HOUSTON — Children are eating more "heart-healthy" these days, but that effort won't help without learning to balance food consumption and physical activity.

"Kids are eating better, but we're still losing ground in keeping extra pounds off," said Dr. Theresa Nicklas, a professor of pediatrics at Baylor College of Medicine in Houston. "Cardiovascular health requires attention to calories and exercise."

Nicklas and her colleagues at Tulane University have been monitoring the height, weight, eating habits and subsequent heart disease risk of 10-year-old children in Bogalusa, La., since 1973.

The findings are in the June issue of the *American Journal of Epidemiology*.

"Although the trends in fat consumption are promising, over 70 percent of children still consume more than the recommended amounts of total and saturated fat," said Nicklas, also a researcher at Baylor's Children's Nutrition Research Center. The current recommendations for all Americans over the age of 2 is no more than 30 percent of calories from fat, including no more than 10 percent of total calories from saturated fat.

Despite the rise in

children's body weight, Nicklas found that the number of calories 10-year-olds consume has held fairly steady over the past 20 years, ranging from about 2,000 to 2,200 calories each day. However, the source of those calories has changed significantly.

In the 1990s, children consumed more calories from carbohydrates like fruit, fruit juice, beverages and snacks, but fewer from animal fats, candy, eggs, and desserts.

"Physical inactivity could certainly contribute to the higher weight," Nicklas said. "But I don't want anyone to go away thinking that our findings suggest that diet plays no role in childhood obesity."

"All it takes is an extra 48 calories a day to gain five pounds a year," she said. Forty-eight calories is about half a cup of soda or juice or seven potato chips.

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bride elect of
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bride elect of
John Bonatakis

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Williams Athletics



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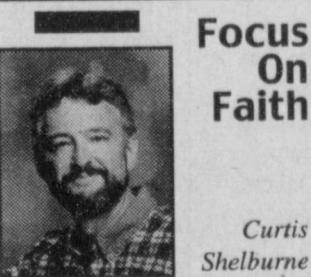
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HAPPY FATHER'S DAY!

It Is a Fine Epitaph: "Forgiven!"

In his fine new book *My Mother's Favorite Song*, John William Smith tells a story well worth hearing:

"I have never seen it, but I am told there is a grave in or near New York City with a marker that bears a singular inscription. It is one word—*Forgiven!*"



Focus On Faith

Curtis Shelburne

"I am intrigued by the story and my imagination is carried away with possible explanations for this mysterious reminder...."

"Who put it there, I ask? What was forgiven? Was it murder, adultery, betrayal? Surely it must have been some great wrong to warrant such a foreboding, yet victorious, farewell. What kept him unforgiven 'till death? Was it because there was no penitence: or perhaps the crime was so great the it separated the for-giver and the forgiven—either physically or emotionally—and no opportunity ever presented itself. The forgiver may have had such a hardened heart against the trespasser that only death brought softening. Perhaps forgiveness was tendered, but the offender felt such guilt that it could not be accepted. The possibilities add to the mystery.

"When my time comes, I would like all those who knew me and loved me—and maybe especially those I have offended and who perhaps didn't love me as much as either of us would have liked—to get together and put a marker over me that said—*Forgiven!* I'm sure we would all be better for it.

"Yes, it would be much better to do it while we are all alive, but I am not so naive as to hope that our *pride* will always allow for that. Sometimes the wrongs run too deep, and the pain and the betrayal cannot be forgotten. Our Father knows the limitations of human forgiveness, and it is by His grace that death brings release.

"And the burdens that are laid down in death are not only those of the deceased. No, at every funeral, all of us who pass by emit a sigh of relief and place gently in the coffin all the wrongs we have felt, and our tears wash forever away the burdens of the years as we write—*Forgiven!*—upon the memory in our heart.

"Of course it is our Father who erects the final marker—who sets in place the stone and writes His final epitaph over those who are called to Him. Does He not stamp *Forgiven* on the life of all that are His? Is that not His final assessment?"

"By the power of the blood of My Son, I declare this person—**FORGIVEN!**"

Curtis Shelburne is minister of the 16th & Avenue D Church of Christ in Muleshoe.

ALZHEIMER'S COMMUNITY AWARENESS PROGRAM

Please make plans to be our guest for a special evening sponsored by **Muleshoe Area Healthcare Center, Park View**, a service unit of the Muleshoe Area Hospital District.

PRESENTED BY: Kena Dubberly, Director of Community Relations Dementia Care of the Mildred & Shirley Garrison Geriatric Education and Care Center of Lubbock and an Active Volunteer with the Alzheimer's Association

MATERIALS: Pamphlets on Alzheimer's Disease and Related Dementia, Support of Care Givers; and other resource materials will be available.

LOCATION: Bailey County Coliseum (Kitchen Meeting Room) 2206 West American Blvd., Muleshoe, Texas

DATE & TIME: Thursday, June 21st at 7:00 P.M.

REFRESHMENTS WILL BE SERVED.

BRING A RELATIVE OR FRIEND!!

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Phi Theta Kappa initiates

Gregory Brown of Earth (left), Natalie Neala of Amherst and Sergio González of Muleshoe were among area residents recently inducted into the South Plains College Chapter of Phi Theta Kappa, international honor society for students in two-year colleges.

Marker helps sort out prostate cancers

SPECIAL TO THE JOURNAL
HCUSTON — Elevated levels of a growth factor indicate which men diagnosed with prostate cancer are likely to need more aggressive treatment, researchers at Baylor College of Medicine have discovered.

"This marker, measured through a simple blood test, indicates at a very early stage which patients may have prostate cancer that has already begun to spread to other areas of the body," said Dr. Kevin Slawin, associate professor of urology and director of the Baylor Prostate Center.

"It can give us an early warning for who will need more aggressive therapy," he added.

The findings, which describe the association of transforming growth factor

beta, or TGF-beta, in metastatic disease, were reported in the June 1 issue of the *Journal of Clinical Oncology*.

Screening for prostate cancer with a prostate-specific antigen blood test, or PSA test, has become widespread in the past decade.

"The PSA test has yielded tremendous results — it allows us to detect prostate cancer much earlier and has likely contributed to the dramatic decrease in mortality from the disease in this country," Slawin said.

"But the PSA test is not as effective at predicting the aggressive behavior of prostate cancer, especially when the PSA level is low," he added.

Prostate cancer is easily treated when it is confined to the prostate. The disease

State tuition fund expands

AUSTIN — Texas Comptroller Carole Keeton Rylander reported recently that 16,125 children were enrolled in the Texas Tomorrow Fund during its sixth enrollment period, which ended May 25.

This was the second straight increase in enrollments and reportedly was the biggest enrollment in four years.

Parents contribute to the fund to build a college-tuition nest egg for their

children. Enrollment is currently closed except for newborns, but will re-open later this year.

Online enrollment allows the use of a credit card to pay the \$50 application fee. This year, 39 percent of the applications were submitted online.

More information about the program is available by calling (800) 445-4723 or visiting the Internet at www.texas tomorrowfund.org.

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Thanks for making the Journal part of your day!

Take care of footprints left in others lives

As we walk through life, we all leave footprints in people's hearts.

Sometimes we forget this and leave smudgy tracks instead of beautifully detailed prints. Our actions, our words and our outlook on life are what determine the quality of our prints and how they affect those on whom we leave our imprint.

What I hate about this is that I don't always leave a good imprint on people. That's the worst part about this little system — we can't only leave the good memories, we have to leave the bad ones, too.

When I was in the seventh grade, I had a teacher

KATYE'S KALEIDOSCOPE

By Katy Cook

I just couldn't quite get along with. We battled it out all year, up until the last day of school, and she didn't come back the next year. So I never had a chance to apologize for being so immature and disrespectful or let her know that I knew that the way I had acted was wrong.

I've never had a chance to let her know that's not how I am all the time, and I just KNOW that the footprint I left her with was muddy and smudged. It

probably had little bits of rocks, some grass, maybe even some little twigs.

What I'm saying is that we can all be wonderful people, but we all have a not-so-wonderful side to us. I've let my not-so-wonderful side show more than I'd like.

If you get your feet muddy, try to clean them off before you walk into somebody's life.

(Katy Cook, a freshman at Three Way High School, writes this column for the Journal.)

Arts and crafts event coming to Lubbock

The third annual South Plains Summer Arts and Crafts Festival is scheduled for June 23-24 in the Lubbock Memorial Civic Center.

Exhibitors from throughout the Southwest will be on hand with original art, limited-edition prints and handcrafted items.

Hours for the show are 10 a.m. to 6 p.m. June 23 and noon to 5 p.m. June 24. There is no admission charge.

Mel Prather, organizer of the event, said the upcoming show would feature a number of newcomers as well as some returning exhibitors.

"First-time exhibitors will offer items such as Shaker furniture, coasters, fan pulls,

hand-painted tins, country crafts, seasonal wood decorations, outdoor wood art, decorated antiques and Southwest pottery," Prather said.

New exhibitors also will feature scroll-saw clocks and baskets, jewelry, candles, night lights, framed prints, hand-

poured candles, framed wallpaper, dress sets, handmade vests, tole painting, appliquéd jumpers and dresses, decorative ceramics, hand-beaded earrings and bracelets, beaded shirts, beverage holders, decorated hats and thermal wraps.

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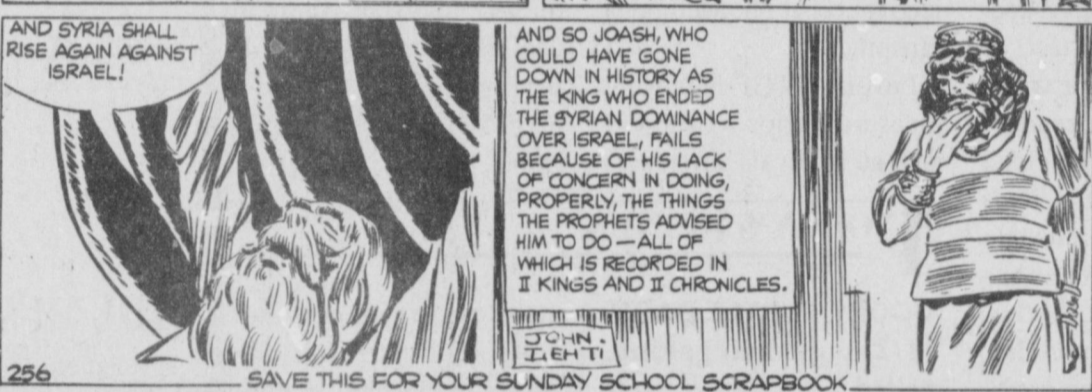
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 Sam Billingsley, Min.
 S.S. 10 a.m.; W.S. 11 a.m. &
 6 p.m., Wed. 7 p.m.
 LAZBUDDIE CHURCH OF CHRIST
 Nathan Crawford, Min.
 S.S. 9:30 am; W.S. 10:20 am & 5 pm;
 Wed. 7 pm
 MULESHOE CHURCH OF CHRIST
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 Harry Riggs, Min.
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 & 6 pm; Wed. 7:30 pm
 16th & AVE. D CHURCH OF CHRIST
 Curtis Shelburne, Min. • 272-4619
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 223 E. Ave. E., Rev. Greg Guzman
 PRIMITIVE BAPTIST
 621 South First,
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 PROGRESS BAPTIST
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 PROGRESS SECOND BAPTIST
 Arthur Hays, Min.
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 RICHLAND HILLS BAPTIST
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 314 E. Ave. B, Robert Brown, Min.</p> | <p>LUTHERAN
 ST. JOHN LUTHERAN
 Lariat, TX-David Symm, Min.
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 IMMACULATE CONCEPTION CATHOLIC CHURCH
 805 E. Hickory, Joseph Augustine, Min.</p> | <p>METHODIST
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It's good to understand real estate listing pact

SPECIAL TO THE JOURNAL

Say a homeowner is selling, and taking no prisoners. In such situations, there are two goals: selling for as much as possible and as soon as possible.

That's why a top broker has been selected. But the homeowner still should think about the agreement before signing on the dotted line.

"Most homeowners realize the importance of finding the right broker," said Richard Roll, president of American Homeowners Association. "But few fully

understand the listing agreement they sign with that broker."

Laws and real estate practices vary from place to place, but most homeowners enter into an exclusive right-to-sell agreement with their broker. This gives the broker the sole right to sell the property, to list the home, do all of the marketing and do their best to get the highest possible price.

If another broker was involved in bringing a buyer to the table, the listing broker will share the commission

unless the other broker is a buyer's broker paid by a flat fee or hourly rate.

No matter what, the broker gets paid. Even if the homeowner finds a buyer on their own, the broker still gets a commission.

Think that's not fair? Want to save big bucks on these commissions in the listing agreement? Not so fast.

The old saying is, "You get what you pay for." Why should a broker work hard and spend hundreds of dollars marketing a home, only to get a reduced commission?

For that matter, why should brokers from other agencies show the home to potential buyers if the listing agreement precludes them from sharing in the commission?


Of course, there's no reason to rule out any option when negotiating an agreement, as long as the seller and the broker are happy with the arrangement. Just be sure about the pros and cons.

More information on any aspect of buying or selling a home is available by going to www.ahahome.com or www.realhome.com.

Meals On Wheels

is recruiting volunteer drivers for one or two hours per week to deliver meals to senior citizens and persons with disabilities.

If you would like to be a volunteer driver, call Evelyn Ellington at 272-5402 or Andrea Kemp at 272-3647.



Must be dependable, have a good driving record and love helping people.

NURSING HOME NEWS

The guys from the center's maintenance department have gotten the patio in good shape. The residents have gone out to get a little fresh air and sunshine and enjoy listening to and watching the birds.

Susie Whatley went out to visit with her family Sunday.

Sophia Rice's daughter, Willie May Rice, comes every day to visit Rice and do her hair, makeup and other special things.

Monica Gonzales' family comes every day and help her with lunch.

Buster and Wanda Kittrell, Harold and Mary Jo Burge, Jim Claunch and Loyce Killingsworth directed the coffee and doughnut time and devotional time Wednesday morning.

Glenda Jennings and Jackie Scoggins directed the

Wednesday afternoon sing-along and puppet show.

Elsie Damron and Velta Fyie were among the center's visitors Tuesday.

Zona Gatewood and Janis Cowley directed a music and singing service Thursday morning.

Marquita Adamson, gourmet cook and lady of many talents, prepared a variety of "soul food" dishes for the residents to sample Friday afternoon. She also gave a program of the history of soul food and the way it was prepared in the past. The dishes included cracklin' cornbread, turnip greens and turnips, a black-eyed pea dish and peach cobbler.

The youth from the Church of God in Christ (Mennonite) at Farwell visited the residents and sang hymns Friday evening.

Sunday afternoon, members of Trinity Baptist Church came for services.

Monday, Aline Locke, Clara Coffman, Bootie Tiller, Annie Chávez, Juanita Teague, Elzie Darland, Johnnie Kimbrough, Alda Odom, Nettie Quesenberry, Mary Johnson and Rosie Martin painted ceramics in craft class.

The family of Ann Oylar gave fresh cut-flower bouquets to the center.

Melvin Griffin, Harold Burge and Edward Orozco prepared a Father's Day breakfast fit for a king for all the men Monday morning.

Josie Ovalle gave Aline Locke, Grace Plyler and Juanita O'Hair perms Monday morning. Ovalle comes every morning and fixes hair for her mother, Annie Chávez. Mary Johnson, Mary Holt

and Eroid Gross all celebrated their birthdays June 11. They received visits, cards, flowers and gifts.

Guy Kendall was visited by Kenneth Precure recently. Norma Eves and Janis Cowley directed the exercise class Tuesday morning.

Beverly Wagon, Mary Jo Burge, Pat Watson, Eva Nell Dale and Josie Ovalle volunteered their time and talent to shampoo and set the women's hair Tuesday afternoon.

K.B. Martin was visited Tuesday by his niece, Ruth Henson, from Lubbock.

Nettie Quesenberry was visited this week by her daughters, Anna B. Lane and Nadine Macha.

Juanita O'Hair was visited Sunday by her granddaughter, Elaine Stancell, and Tuesday by her daughter, Shirley Vaughn.

ANTI-AGING & HEALTH/WELLNESS SEMINAR

TUESDAY, JUNE 26

BAILEY COUNTY COLISEUM
2206 W. American Blvd., Muleshoe

5:30 P.M. **FREE INSTANT FACELIFT SEMINAR**
By National Director **Yvonne Irwin (TX)**
We need models for our nonsurgical facelift. (You can see WONDERFUL RESULTS in 10 mins!)
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6:30 P.M. **FREE BARBECUE DINNER**
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Rod and Millie Weed, SD 1-505-762-9464

7:30 P.M. **FREE HEALTH AND WELLNESS BRIEFING**
By National Directors
Kenny Jeanette (KY) and Jessie Moore (TN)

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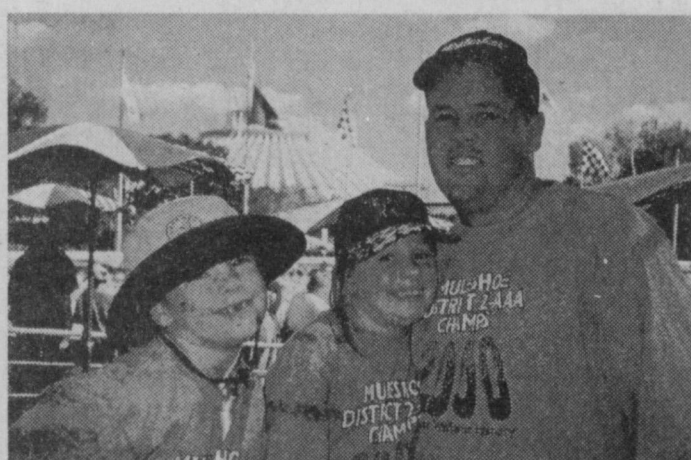
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EVERYONE IS INVITED!

HAVE A COMPLIMENT, COMPLAINT, OR SUGGESTION TO AIR?
LETTERS TO THE EDITOR MAKE A DIFFERENCE.
P.O. Box 449, Muleshoe, TX 79347 Attn: Ronn Smith

Take a look at these great photos and remember to thank your dad for all that he does for you!

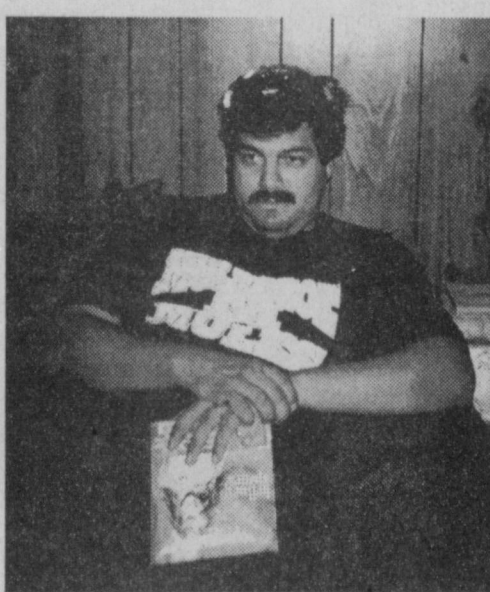
2001 Father of the Year Contestants



Father of the Year Contestant
Brad Stegall

"Our dad, Brad Stegall, is father of the year because he loves us so much that he even missed a Mules' football game to take us to Disney World!"

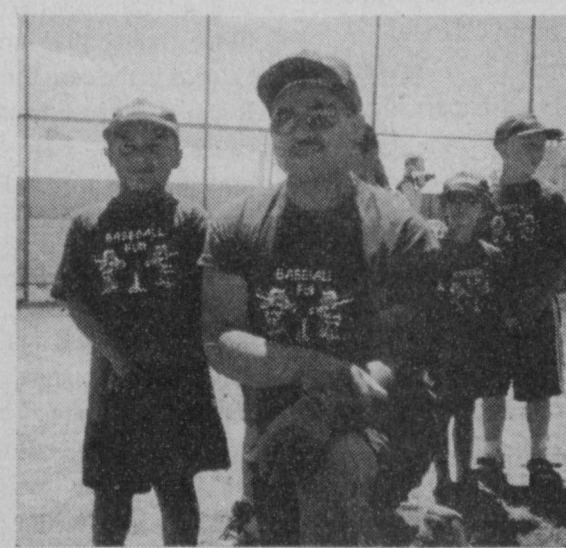
— Cassi & Colton



Father of the Year Contestant
Fabian Martinez

"My dad is the best dad in the world because he lets us play beauty salon (this is Britney Spears' look), and lets us take pictures of him."

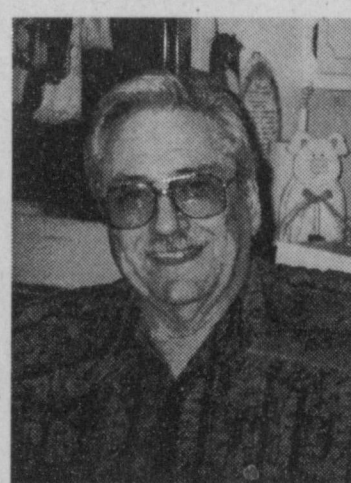
— Alyssa



Father of the Year Contestant
Freddy Santos

"I think my dad is great because he talks me in to doing great sports. Thanks dad!"

— Andrew

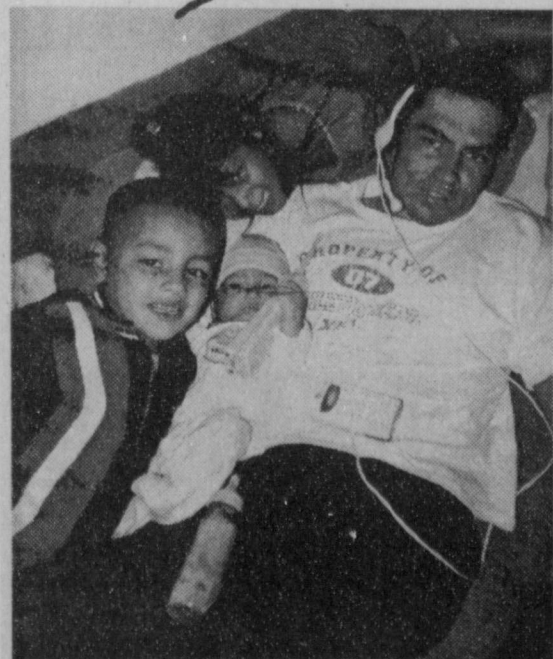


Father of the Year Contestant
Harold Harris

"He's the best Daddy in the world no matter how old both of us get!"

— Melissa

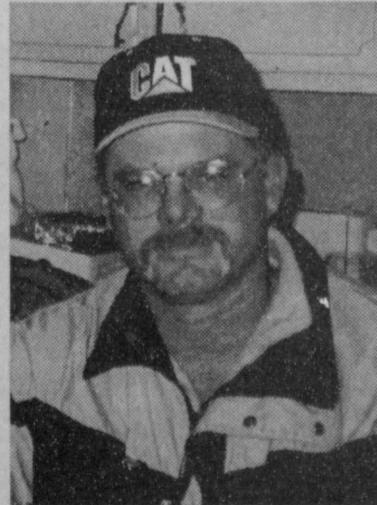
WE LOVE DADS!



Father of the Year Contestant
Joe Gutierrez

"Because he's funny. He takes care of us. He feeds us. He works real hard just for us & just because he really, truly loves us."

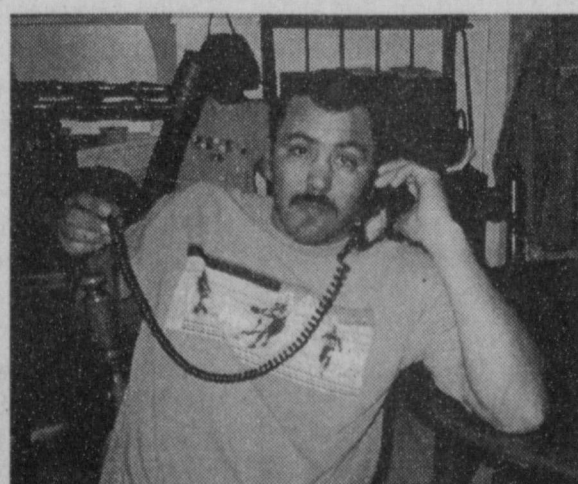
— Heather Elyse



Father of the Year Contestant
Keihm Smith

"He's the most awesome dad!"

— Madison & Morgan



Father of the Year Contestant
Martin Pacheco

"Because when we're sad, he makes us laugh all the time!"

— Belinda



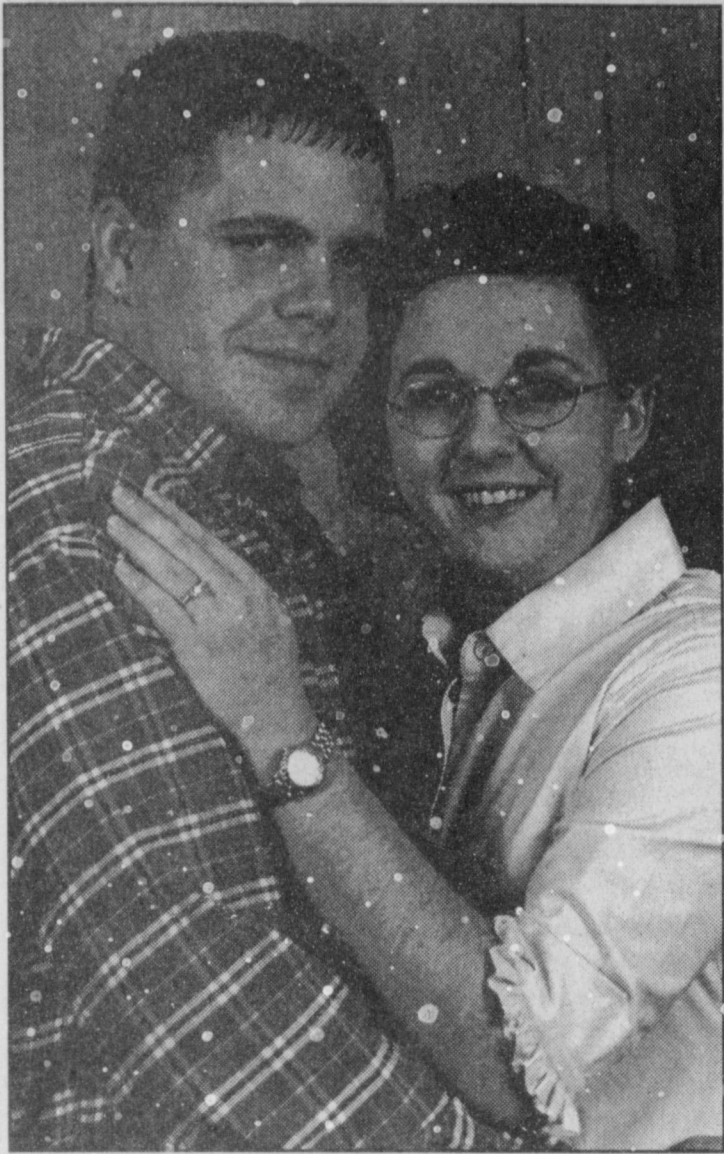
Father of the Year Contestant
Michael Precure

(left photo) "No TV, no video games, not even electricity, but I got my Dad and we are just hanging out!"
(right photo) "Dads make the best pillows, even on a 2 mile hike."

— Stuart, Madeleine & Rachael

Happy Father's Day!

ENGAGEMENT



COPLEY-LEE

Randol and Glenda Copley of Muleshoe announce the engagement of their daughter, La Rhonda Teree Copley, to Scott Brandor Lee, son of Randy and Rita Lee of Amarillo. The bride-elect attended West Texas A&M University and now attends South Plains College. She is employed by Brogan Heart Center. The prospective bridegroom is employed by Metro Lawn Care. The wedding is scheduled for Aug. 4 at the First Baptist Church of Muleshoe.

HOSPITAL NEWS

Muleshoe Area Medical Center reports the following patient load:

June 4 — Veronica Bennett, Cynthia Coberley and Pat Young.

June 5 — No patients reported.

June 6 — No patients reported.

June 7 — Elmer Anglin Jr., Cynthia Coberley, Ray Fulgham, Juana Galindo, Maire C González, Jeanette Hukill, Jearldean Lewis and Socorro Pérez.

June 8 — Cynthia Coberley, Ray Fulgham and Juan Leal.

June 9 — No patients reported.

June 10 — No patients reported.

June 11 — America Crook and Yasmin Flores.

June 12 — America Crook, Emiliana P. Martínez and Chintu C. Patel.

June 13 — America Crook, Emiliana P. Martínez, Chintu C. Patel and Betty Rejino.

OBITUARIES

POINTER

Services were held Thursday at 16th and D Church of Christ for Margaret Pointer, 95, of Levelland. Frank Duckworth and Elgin Conner officiated. Burial was in Muleshoe Memorial Park.

Ellis Funeral Home handled arrangements.

Mrs. Pointer was born Feb. 22, 1906, at Edina, Mo. She died Monday in The Covenant Medical Center, Levelland.

She married L.D. Throckmorton in Booker, Texas, on Sept. 2, 1922. He died in February 1961. Her second marriage was to W.B. Pointer in Dickens, Texas, and he died Oct. 31, 1971.

She was a member of 16th and D Church of Christ and attended 13th and Avenue K Church of Christ in Levelland while she lived there. She was a farmer and homemaker whose hobbies were sewing and quilting.

Mrs. Pointer is survived by three sons, Clifford Edmon Throckmorton of Levelland, Lloyd Dan Throckmorton of Muleshoe and Verlie D. Throckmorton of Richardson, Texas; two daughters, Clara Irene Harbin of Muleshoe and Tressie L. McKelroy of Fredericksburg, Texas; two stepchildren, J.C. Pointer and Leota Hatton, both of Levelland; three sisters, Elizabeth Gash of West Salem, Wis., Pauline Francoeur

of Apopka, Fla., and Lorene Houser of Centralia, Mo.; 12 grandchildren; 20 great-grandchildren; and nine great-great-grandchildren.

She also was preceded in death by seven brothers, three sisters, two grandchildren and a great-grandson.

DORRIS ASHFORD
Services were held Saturday at Ellis Funeral Home Chapel for Dorris Ashford, 74, of Muleshoe. The Rev. George Malis officiated. Burial was in Bailey County Cemetery.

Mrs. Ashford was born July 7, 1926, in Purcell, Okla. She died Sunday.

She had lived in the Muleshoe area since 1927, when her family moved here from Purcell. She was a 1943 graduate of Lazzbuddie High School.

She married Ancel Ashford on June 14, 1944, in Clovis, and she was a member of High Plains Baptist Church there.

She and her husband owned Muleshoe Electric for a number of years.

Mrs. Ashford is survived by her husband; two sons, Ronald Ashford of Muleshoe and Lynial Ashford of Phoenix; a daughter, Linda Bruton of Eastland, Texas; two brothers, Reaford Wenner



Ashford

Technique helps diabetic children stay out of ER

SPECIAL TO THE JOURNAL

HOUSTON—Teaching parents a fresh approach to an old medical problem is helping kids with diabetes stay out of the emergency room.

Developed by doctors at Baylor College of Medicine, the approach, called mini-dose glucagon rescue, puts control back into the hands of parents.

"Insulin and diet can keep the blood-sugar levels of kids with insulin-dependent diabetes under control most of the time," said Dr. Morey Haymond, a Baylor professor of pediatrics and director of the diabetes clinic at Texas Children's Hospital.

"But, when a child can't eat due to a common illness like the stomach flu, or won't eat as a form of rebellion, problems with hypoglycemia, or low blood sugar, can develop. Unfortunately, at that point, parents' options have been fairly limited and unattractive," said Haymond, also a researcher at the USDA/ARS Children's Nutrition Research Center at Baylor.

According to Haymond, when an insulin-dependent diabetic child refuses food or can't eat, parents naturally worry about hypoglycemia. As a result, they often believe they must force food on a sick or reluctant child, make a trip to the doctor or emergency room for assistance, or give their child a shot of a potent hormone called glucagon, which has the opposite effect of insulin.

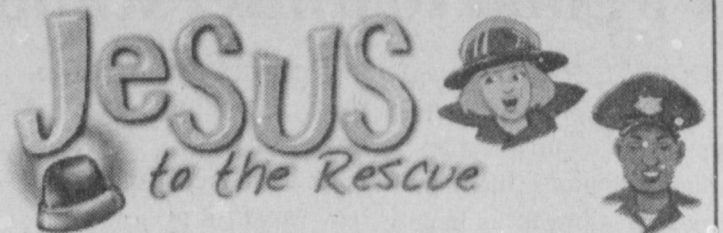
"Parents often think of glucagon as a last resort or emergency measure to prevent convulsions when blood sugar levels get dangerously low," he said.

"The amount normally given must be administered with a 'real' shot into muscle tissue, rather than under the skin, as is the case for insulin. It can also cause nausea. Because of this, many parents prefer a trip to the ER," he

added.

The mini-dose glucagon rescue technique sidesteps these problems by using a dilute solution of glucagon that can be administered just like insulin. Parents can also monitor the effect of the glucagon using the same sampling technique used to test for blood sugar when insulin is given.

"This type of shot is much more comfortable for parents and the child," he said. "The dilute solution does not cause nausea, so parents might use it early in the course of a child's illness, saving them and their diabetic children undue conflict and trips to the ER."



VACATION BIBLE SCHOOL

DATE: Tuesday, June 19-Friday, June 22
PLACE: Muleshoe Church of Christ
2201 W. American Blvd.
TIME: 9:00-11:30 a.m.
AGES: 3 yrs. thru 5th Grade (completed)
PHONE: 272-4256

Life Line:

"I will never leave thee,
nor forsake thee." Hebrews 13:5

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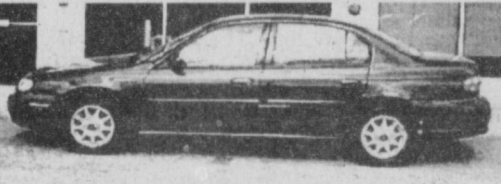
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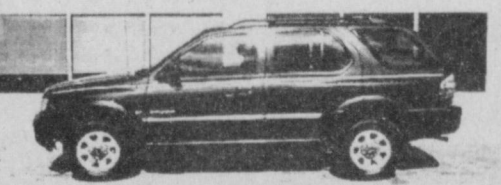
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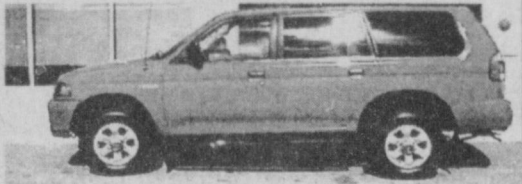
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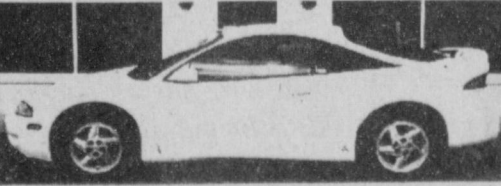
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Sarah Elliott pauses during her bridal shower.

Shower honors Sarah Elliott

A bridal shower for Sarah Elliott, bride-elect of Scotty Mills, was held June 9 in the home of Peggy Dent in Muleshoe.

Special guests were Jeane Mills, mother of the groom; Bobbie McClintick, cousin of the groom; Earline Elliott, grandmother of the bride; and Ruth Elliott, mother of the bride; Linda Tosher and Gayle Morris, aunts of the groom; and Sharon Langford, cousin of the groom.

Hostesses were Joyce

Albertson, Nancy Benham, Janice Bradshaw, Patsy Camp, Peggy Dent, Terri Hahn, Hollye Hooten, Donna Mason, Kerma McGuire, Jean Richardson, Dana Rasco, Juana Shelburne, Lela Ann Smith, Rhonda Smith, Becky Underwood, Christi Whitt and Nelda Wilhite.

The hostess gift was a bedding ensemble.

The wedding is scheduled for 3:30 p.m. July 14 in the Calvary Baptist Church in Childress.

Study: Pecan-rich diet equals low-fat heart diet

SPECIAL TO THE JOURNAL COLLEGE STATION — Consumers who find that a low-fat diet may not be for them might be interested in new research from Texas A&M University.

Researchers recently discovered a heart-healthy diet containing pecans can help control cholesterol levels and other biomarkers of heart disease risk as effectively as the American Heart Association's Step I diet.

Another benefit of the pecan-rich diet in the Texas A&M study was the increase of some key nutrients, something not found in similar heart-healthy diets that use liquid oils — such as olive oil — high in mono-unsaturated fats.

The findings were presented May 11 at the Heart Association's second annual Conference on Arteriosclerosis, Thrombosis and Vascular Biology, held in Arlington, Va.

"An important finding in the study was that increasing dietary fat intake to 40 percent of total calories (the pecan-rich diet) did not raise cholesterol levels," said Dr. Rosemary Walzem, a co-author of the study and associate professor of nutrition at Texas A&M.

Jessica Barloon, who earned a master's degree in nutrition from Texas A&M and is Walzem's co-author, presented the findings.

Walzem said, "Other factors that signal cardiovascular disease development, such as vascular inflammation, improved as much with the pecan-rich diet as they did with a lower fat AHA Step I diet."

The research was compelling in light of an ongoing controversy about using high carbohydrate diets to reduce risk of heart disease. Such diets raise triglycerides in some individuals, she said.

The researchers studied 40 hypercholesterolemic men and women between the ages of 22 and 71, all of whom had already been eating a fairly low-fat diet (32 percent daily energy intake).

For eight weeks, participants were placed on either:

- The Heart Association's Step I Diet, supplying 31 percent daily energy intake as fat (saturated fat providing 9.9 percent, mono-unsaturated 9.2 percent and polyunsaturated 5.5 percent of daily energy), or
- A pecan-rich diet containing

40 percent of daily energy as fat, (saturated fat providing 8.4 percent, mono-unsaturated 17.4 percent and polyunsaturated 9.9 percent of daily energy). This is about 1/3 cup (about 20 halves) daily for a person eating 2,000 calories per day, Walzem said.

The researchers found no significant differences in plasma cholesterol concentrations or lipoprotein size or density between the people who ate the pecan diet or the lower fat AHA diet. Also, both diets helped to lower levels of c-reactive protein, an indicator of vascular inflammation and independent indicator for heart disease risk, by about a third.

The researchers found the pecan-rich diet significantly

Check propane tanks before storms happen

SPECIAL TO THE JOURNAL

AUSTIN — Members of the Texas Railroad Commission recently reminded Texans that the time to prepare propane tanks for a severe weather emergency is before it occurs.

"Propane is an invaluable, reliable energy resource across Texas," commission Chairman Michael L. Williams said. "In the event of any weather emergency, it's important to ready your propane tanks ahead of time so they'll be dependable when you need them the most — after the storm."

"If your residence is likely to be affected by severe weather, precautions must be made to ensure that the fuel needed during time of emergencies is reliable and safe," Commissioner Charles R. Matthews said. "The importance of storm proofing your tank is key to ensuring your family's safety and securing your property."

"Texas has had its share of recent severe weather. In just the past eight years, there have been 3,476 reports of flooding, 1,460 tornado reports and seven hurricanes or tropical storms," Commissioner Tony

Garza said. "With figures like those, it's no wonder Texans come to rely on propane as their emergency fuel source."

At first notice of a severe weather warning, citizens should properly secure their propane tanks and turn off the gas supply valves.

It's also important to fasten the protective dome on the tank and turn off appliance pilot lights, control valves and manual shut-off valves.

In addition, be sure there is an adequate supply of fuel in the tank. After a storm, look for visible structural tank damage — including external venting and vent caps.

Call your propane dealer or a qualified technician immediately if you smell propane gas.

The Railroad Commission of Texas offers a free, easy-to-carry safety checklist to help Texans prepare their propane tanks for weather-related emergencies. The safety checklist is available in both English and Spanish.

More information is available by calling (800)642-5327 or visiting the Internet at www.rrc.state.tx.us.

in adverse effects on the reproductive system, Walzem said.

Barloon said altering the Heart Association's Step I diet to include 20 percent daily energy intake from pecans was a modification that would not result in increased cholesterol levels.

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Public Television

QUEEN VICTORIA'S EMPIRE

Queen Victoria's Empire is the story of the influential figures who would shape a distinctively British imperialism: Gladstone, Disraeli, Livingstone, Rhodes, and Prince Albert, Victoria's husband. Whether driven by profit, passion, or noble ideals, these figures fueled an expansion unequalled in history, forever changing Britain and the lands it controlled. Personal accounts, re-enactments, and cinematography from former outposts of the empire, including India and Africa, recount the dramatic clash of personalities and cultures that drove Victoria's remarkable 64-year reign. Actor Donald Sutherland narrates.

Beginning with the birth of Queen Victoria, "Engines of Change" explores the changes brought to Britain by the industrial revolution. By the 1840s, urban migration has created overcrowding and extremes in pollution and poverty. However, British subjects remain loyal to their queen. Prince Albert, Victoria's husband, becomes a guiding force in the monarchy. Benjamin Disraeli and William Gladstone, political stars with starkly contrasting visions of empire, turn the nation's attention abroad.

"Passage to India" is the second hour. In the 1850s, one half of the world's industrial goods are made in Britain, and steamships take British exports and families to far corners of the globe. In India, the clash of Victorian values and Indian culture explodes in the Great Mutiny and Cawnpore massacre of 1857. Appalled by the bloodshed, Victoria and Albert draft a proclamation to assume direct rule over India. This episode also reveals the devastating effects of the Crimean War, the first major war of Victoria's reign, and the death of Prince Albert.

Part three is "The Moral Crusade." By 1861, Britain is the wealthiest and most powerful nation on earth. However, the death of Prince Albert weakens Victoria, and many of his political ideals fade in importance. David Livingstone's explorations of the African interior fascinate the British public. Disraeli and Gladstone battle for control of the British government and debate the course of the empire. The purchase of the Suez Canal solidifies British presence in the Middle East, igniting a stampede for the colonization of Africa.

In "The Scramble for Africa," the final hour, the Suez Canal is threatened by a holy war in the Sudan, and General Charles Gordon, killed by the rebels, becomes an "imperial martyr." Cecil Rhodes prospects diamond deposits in southern Africa and asserts British control in the region. However, as Victoria celebrates her Diamond Jubilee, the empire is on the verge of its darkest hours. The Boer War leads to devastating losses and a reassessment of British purpose. Finally, in 1901, the death of Queen Victoria marks the end of an extraordinary era.

Queen Victoria's Empire airs Monday, June 18th at 8:00 p.m. (Pts. I and II) and Monday, June 25th at 9:00 p.m. (Pts. III and IV). It repeats on consecutive Sundays at 11:00 p.m. beginning June 24th.

Channel 3 Television from
Eastern New Mexico University, Portales, New Mexico

And the winner of the Muleshoe Journal's 2001 Father of the Year Contest is...

FABIAN MARTINEZ

"My dad is the best dad in the world because he lets us play beauty salon (this is Britney Spears' look), and lets us take pictures of him."

— Alyssa

Congratulations Fabian! Stop by the Journal office to pick up a signed notification.
Winner must present notification to each business before prize can be claimed.

Contest sponsored by and prizes donated by these generous businesses:

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Leal's

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Enjoy two Leal's Special plates on us!

Ed Asner's ad could start a trend toward other soft-sell ads

I immediately noticed the picture in the *Yakima Valley Press*. It was a small ad, a head-and-shoulder photo of a bald white-bearded man wearing glasses.

He didn't look familiar.

I put on my glasses to read his name: Edward Asner, actor. My gosh — I didn't recognize him. The funny, grumpy, good-hearted boss on *The Mary Tyler Moore Show* 25 years ago.

Above his photo, it said in pretty lettering "DO IT FOR SOMEONE YOU LOVE." Then, beneath the photo, "Tonight, make it vegetarian."

My reaction was to laugh out loud!

I was a little embarrassed by my response. I've got no ill will against vegetarians; I eat a turkey sandwich now and then. They comprise a small



percentage of our population, and it is a vow entailing some difficulty. It is not easy to be a vegetarian in a world of ribeye and brisket.

My old memories of Ed Asner are pleasant, but since his television heyday he has lent his name to a variety of causes and his persona has changed.

Now he always seems angry, aggressive and in-your-face. It's not the most flattering image. So this sudden change to a sort of "Hallmark card" concern,

even mushiness, caught me off guard.

I guess the intent was to make the reader clutch their bosom and swoon because of this presumed profound admonition he is "sharing" with us.

I would have been less surprised if he had read DO IT FOR SOMEONE YOU LOVE, "Tonight make it bowling" — or Baskin-Robbins, or Metamucil.

Then again, maybe it's a takeoff on "Beef — it's what's for dinner," except that direct

plagiarism doesn't have quite the same ring: "Lettuce — it's what's for dinner."

However, if this soft-sell ad campaign approach works, I expect we'll see others' causes using prominent figures like: DO IT FOR SOMEONE YOU LOVE:

(Charlton Heston) "Tonight, make it bow and arrow";

(Ted Turner) "Tonight make it buffalo";

(Bill Clinton) "Tonight make it bimbo";

(George W. Bush) "Tomorrow, sell us your mineral rights."

We'll see billboards and bumperstickers: "Tonight take your vegan Tony Roma's," "Tomorrow give your Democrat a photo of Monica Lewinsky," "Next week, give your cattle feeder a crochet wall hanging saying 'I Luv

IBP.'"

But back to Ed Asner. His message would have been more believable to me if he'd

been scowling, pointing a finger and saying "DO IT FOR SOMEONE YOU LOVE — make 'em eat their carrots."

Retirement options for small business owners

SPECIAL TO THE JOURNAL

AUSTIN — SEP (Simplified Employee Pension), SIMPLE (Savings Incentive Match Plan for Employees), and Keogh plans offer small-business owners and their employees a tax-favored way to save for their retirement.

But which plan is right for a particular business? The Texas Society of CPAs provides the following overview to help self-employed individuals and small-business owners understand the costs and benefits of the various plan.

According to Mike McDougal, CPA, president of the South Plains TSCPA Chapter, all of these plans offer two primary tax benefits: (1) contributions made to the plan (for both owner and employees) are tax deductible and (2) earnings on the contributions are generally tax-free until the worker receives distributions from the plan in later years.

Some plans, however, have more restrictions than others and it is important to be aware of these.

Simplified Employee Pensions make small work of big savings.

A SEP plan provides small-business owners and self-employed workers with a low-maintenance method for contributing to a retirement plan.

With a SEP, employers are not required to file annual tax forms or reports with the IRS.

Basically, a plan is set up in each eligible employee's name and then the same percentage of salary is deposited to each account, including the owner's.

SEPs are funded solely by employer contributions and are not reported on the employees' W2 Form. SEP plans feature flexible contribution levels that can be adjusted within plan limits from year to year — a plus for businesses with uneven sales.

Thanks to high contribution levels (the lesser of 15 percent of salary or \$25,500 for employees and the lesser of \$25,500 or 13.04 percent of net income for the self-employed), owners and executives can put away more in a SEP than in a 401(k).

However, because the cost of funding the plan — especially at higher levels — can add up, SEPs tend to be more attractive for business with few or no workers other than the owner.

The Savings Incentive Match Plan for Employees makes retirement savings easy.

Congress introduced SIMPLE plans in 1997 specifically for businesses with 100 or fewer employees. SIMPLEs allow eligible participants to make elective contributions of up to \$6,500 per year in 2001, compared with \$2,000 in traditional Individual Retirement Accounts (IRAs).

Employers must structure the plan to match (up to 3 percent of

pay) employee contributions or, alternatively, to contribute a flat 2 percent of pay for each employee, regardless of whether that employee elects to contribute to the plan.

Although contribution levels for SIMPLEs are significantly lower than some other plans, matching costs can drive up a business's costs. On the other hand, SIMPLE plans escape many of the regulations to which other plans are subject.

Keogh plans come in different packages.

Anyone with self-employment income can open a Keogh, even if covered by a corporate retirement plan. A plan that covers an owner also must cover all eligible employees.

A Keogh plan may be structured as either a "money purchase" plan or a "profit-sharing" plan.

The profit-sharing Keogh is more flexible in that it allows you to decide each year whether

or not to contribute and how much to contribute to the plan. The money-purchase Keogh provides the potential of a larger deduction than a profit-sharing Keogh, but the trade-off is that the business is locked into contributing to the money-purchase plan every year regardless of profits.

Keogh rules are more complex than those governing SEP and SIMPLE plans. There is both a dollar limit and a percentage of income limit on how much can be contributed to a Keogh plan each year.

The amount depends on whether the plan is a defined-benefit plan or defined-contribution plan and whether the contribution is for the benefit of an employee or a self-employed individual.

Because Keoghs allow larger annual contributions than other retirement plans for self-employed workers, they are popular with high-earning business owners.

HONORS

FOSTER

Brice Foster of Lazbuddie, a senior finance major at Angelo State University in San Angelo, served as one of the university's President's Ambassadors this past year.

Ambassadors assist at university functions ranging from meetings and conferences to orientation programs for prospective students.

Foster, a 1998 graduate of Lazbuddie High School, is the son of Steve and Paulette Foster.

He also served as treasurer and scholarship chairman of Pi Kappa Alpha fraternity, secretary of the College Republicans, a member of the Student Senate and member of Alpha Lambda Delta National Honor Society.

LUBBOCK CHRISTIAN

Amy Hooten and Holli Sheets of Muleshoe and Tiffany Weldon of Earth are among the students named to the dean's list for the spring semester at Lubbock Christian

UNIVERSITY

In order to make the dean's list, a student must have achieved at least a 3.5 grade-point average while taking at least 12 semester hours.

WEDEL

Jami Wedel of Muleshoe is among 1,000 high school students expected to participate in NexTech: The National Summit of Young Technology Leaders, scheduled for July 1-10 in Austin.

Designed to introduce "exceptional" students to careers in the technology industry, the summit also will initiate relationships between the participating students and industry leaders.

The event will include seminars on such topics as visual arts, semiconductors, software and gaming.



Wedel

KNOWLEDGE AND PREPARATION ARE THE KEYS TO SEVERE WEATHER SAFETY

Weather Advisory...

SEVERE THUNDERSTORM WATCH

Tells you when and where severe thunderstorms are more likely to occur. Watches are intended to heighten public awareness and should not be confused with warnings.

SEVERE THUNDERSTORM WARNING

Issued when severe weather has been reported by spotters or indicated by radar. Warnings indicate immediate danger to life and property to those in the path of a storm.

TORNADO WATCH

Tells you tornadoes are possible in your area. Remain alert for approaching storms. Watches are intended to heighten public awareness and should not be confused with warnings.

TORNADO WARNING

Issued when a tornado has been sighted or indicated by weather radar. Warnings indicate immediate danger to life and property to those in the path of a storm.

What You Should Do...

- ☛ Watch the sky and listen to radio and television for further information. Remain alert for rapidly changing conditions.
- ☛ Know the area in which you live. Use a road map of your area to track storm path.
- ☛ If you can hear thunder, you are close enough to be struck by lightning. Take shelter inside sturdy structure.
- ☛ Go to safe shelter in a sturdy building.
- ☛ Continue to listen to radio and television for further information. Postpone outdoor activities if thunderstorms are imminent.
- ☛ Unplug appliances not necessary for obtaining weather information. Unplug air conditioners. Power surges from lightning can overload compressors.
- ☛ Avoid using telephone or appliances. Do not take bath or shower. Use phone ONLY in an emergency.
- ☛ Watch the sky and listen to radio and television for further information. Remain alert for rapidly changing conditions.
- ☛ Know the area in which you live. Use a road map of your area to track storm path from weather bulletins. Remember: Tornadoes occasionally develop in areas in which a severe thunderstorm watch or warning is in effect.
- ☛ In a home or building, move to a pre-designated shelter, such as a basement.
- ☛ If an underground shelter is not available, move to an interior room or hallway on the lowest floor and get under a sturdy piece of furniture. Stay away from windows.
- ☛ Get out of automobiles. Do not try to outrun a tornado in your car. Instead, leave it immediately.
- ☛ Continue to listen to radio and television for information.

Local Shelter Locations

Primary Location:
FIRST UNITED METHODIST CHURCH
507 W. 2nd St.

Secondary Location:
MULESHOE PUBLIC LIBRARY
322 W. 2nd St.

A Public Service Message from Muleshoe & Bailey County Journals

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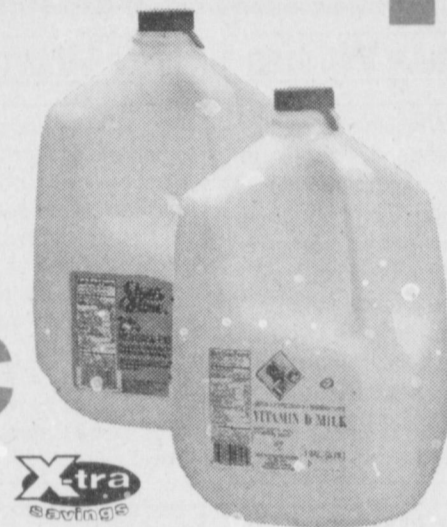
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COCA-COLA, SPRITE OR DR. PEPPER

(with 1 Reward Coupon)

1¢

WEEKLY PRICES EFFECTIVE JUNE 13-19, 2001

SPECIAL PRICING GOOD JUNE 6-26, 2001

MEAT

- CHICKEN **LEG QUARTERS** 5 LB. BAG **\$1⁸⁸**
- X-TRA SAVINGS PAK BBQ SEASONED **LEG QUARTERS** LB **69¢**
- X-TRA SAVINGS PAK BONE-IN BEEF **RIB EYE STEAKS** LB **\$3⁹⁹**
- TEXAS SMOKE HOUSE FULLY COOKED **BEEF BRISKET** LB **\$3⁸⁹**
- DECKER REG. OR THICK SLICED **MEAT BOLOGNA** 12 OZ. PKG **99¢**
- DECKER **MEAT FRANKS** 12 OZ. PKG **69¢**

PRODUCE

- NEW CROP SEEDLESS **WHITE GRAPES** LB **88¢**
- CALIFORNIA SWEET **CHERRIES** LB **\$1⁹⁹**
- TROPICAL **KIWI FRUIT** **6/\$1**
- FRESH **GOLDEN CORN** EARS **3/\$1**
- SNAPPING FRESH **GREEN BEANS** LB **99¢**
- EASY TO PEEL NEW **RED POTATOES** LBS **3/\$1**

FROZEN & DAIRY

- CREAMY LIGHT TASTE **IMPERIAL SPREAD** 48 OZ. **99¢**
- REFRESHING **COCA-COLA, SPRITE OR DR. PEPPER** 3 LITER BTL **4/\$5**
- SHURFINE **MACARONI & CHEESE** 7.25 OZ. BOXES **4/\$1**
- SPAM ORIGINAL ONLY **LUNCHEON MEAT** 12 OZ. CAN **3/\$5**
- BETTY CROCKER ASSTD. RTS **CAKE FROSTING** 12-16 OZ. CAN **2/\$3**
- BETTY CROCKER ASSTD. SUPER MOIST **CAKE MIX** 18-18.25 OZ. BOX **79¢**
- SHURFINE HAMBURGER SLICED **DILL PICKLES** 32 OZ. JAR **99¢**
- LOWE'S WHITE SANDWICH **BREAD** 24 OZ. LOAF **2/88¢**
- LIBBY'S ORIGINAL ONLY **VIENNA SAUSAGE** 5 OZ. CAN **3/99¢**
- CASA DE LOWE'S HOMESTYLE OR BURRITO SIZE **FLOUR TORTILLAS** 10 CT. PKG **89¢**
- NORTHERN WHITE ULTRA **BATH TISSUE** 12 ROLL **\$2⁹⁹**

SIZZLIN' SUMMER SAVINGS

GET 'EM WHILE THEY'RE HOT

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Here's How It Works!

Lowe's is giving you deep discounts on many of the items you purchase everyday! For each dollar you spend at Lowe's, we will give you a point. After 50 points (or \$50), you will receive a Lowe's X-tra Savings Reward Coupon. This coupon can then be redeemed for deep discounts on selected items. Each month, Lowe's will select from our most popular items in the store and deeply discount them for our X-tra Savings Reward Coupon holders. Present your coupon and receive incredible savings on selected items.

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- Each Dollar You Spend Is Worth ONE (1) Point.
- After you earn 50 points, you will receive a Lowe's X-tra Savings Reward Coupon.
- Use your Lowe's X-tra Savings Reward Coupon to get deep discounts on one of the selected items.
- Only ONE (1) item can be purchased with each Reward Coupon. • Items will be changed monthly.



- ASSTD. FOOD **STORAGE CONTAINERS** 6 PIECE SET (with 1 Reward Coupon) **1¢**
- 7 LB. **BAG OF ICE** BAG (with 1 Reward Coupon) **1¢**
- LAY'S® **POTATO CHIPS** PRE-PRICED \$2.99 .. (with 1 Reward Coupon) **1¢**
- AMERICAN BEAUTY **SPAGHETTI** 24 OZ. PKG (with 1 Reward Coupon) **1¢**
- RAGU ASSTD. **SPAGHETTI SAUCE** 17-26 OZ. JAR (with 1 Reward Coupon) **1¢**
- SHURFINE ASSTD. **ICE CREAM** 1/2 GAL SQUARE .. (with 1 Reward Coupon) **1¢**
- PEYTON'S **SLICED BACON** 12 OZ. PKG (with 1 Reward Coupon) **1¢**
- CELLO PACK **TOMATOES** 6 CT. PKG (with 1 Reward Coupon) **1¢**
- DOWNY **FABRIC SOFTENER** 64 OZ. BTL (with 1 Reward Coupon) **1¢**
- SHURFINE **PINTO BEANS** 4 LB. BAG (with 1 Reward Coupon) **1¢**
- ASSTD. **KOOL-AID** MAKES 8 QTS. (with 1 Reward Coupon) **1¢**
- MINUTE MAID **ORANGE JUICE** 64 OZ. CTN (with 1 Reward Coupon) **1¢**
- PILGRIM'S PRIDE EXTRA LARGE **EGGS** 18 CT. (with 1 Reward Coupon) **1¢**
- FRESH **CANTALOUPE OR HONEY DEW MELONS** EACH (with 1 Reward Coupon) **1¢**

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